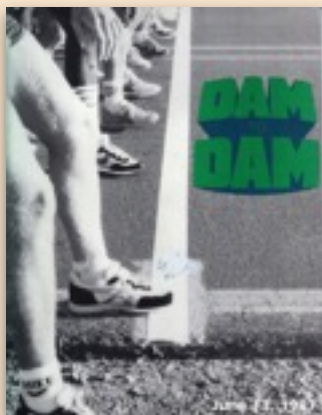
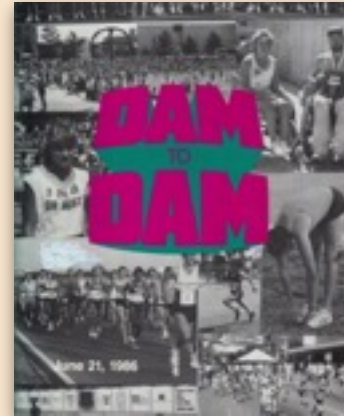
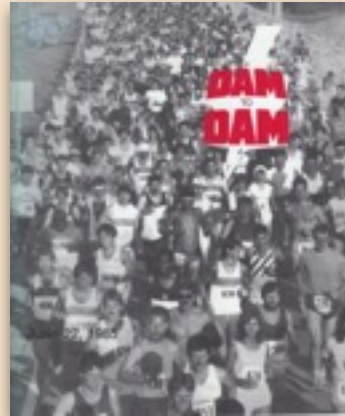


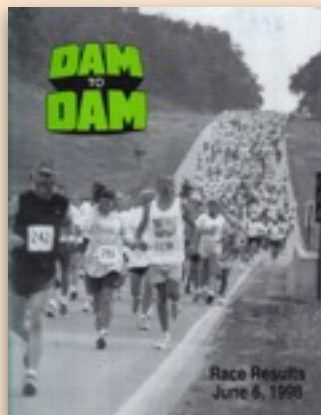
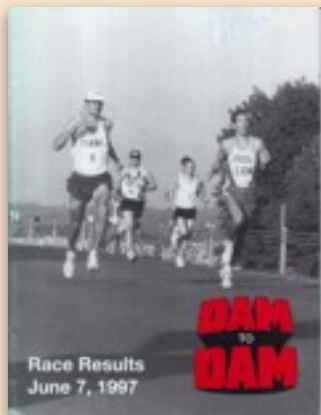
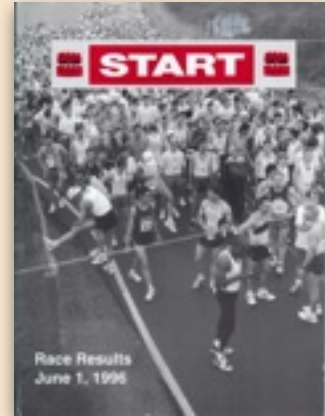
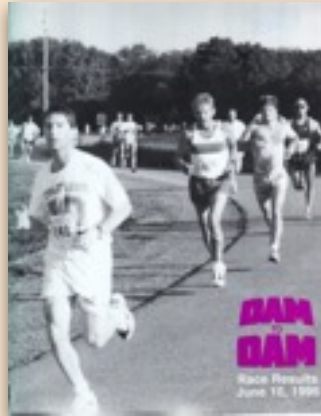
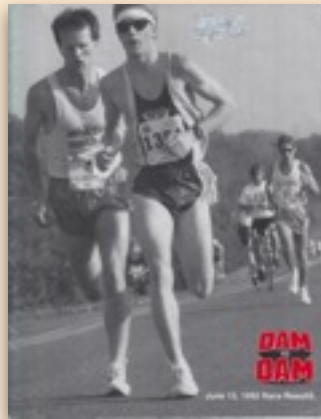
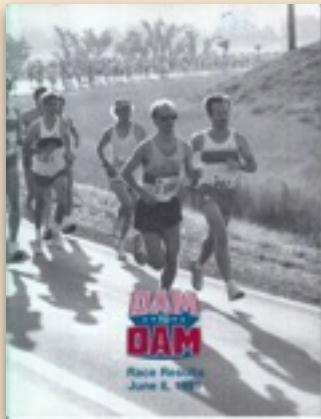
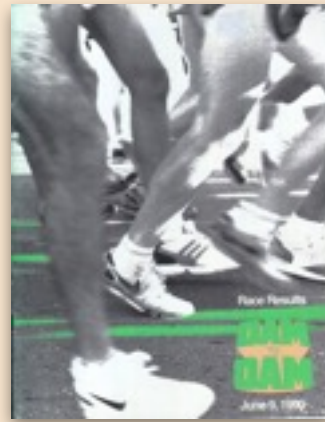
Dam to Dam 1980 to 1989

The race started by area runners to have a great race in Des Moines, it grew from a few hundred.



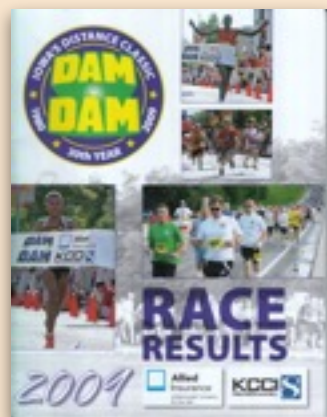
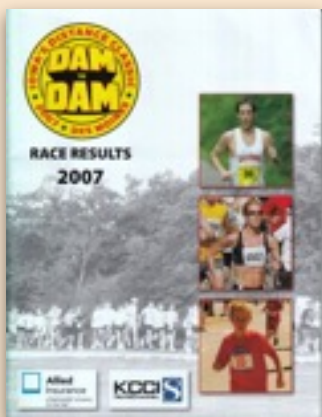
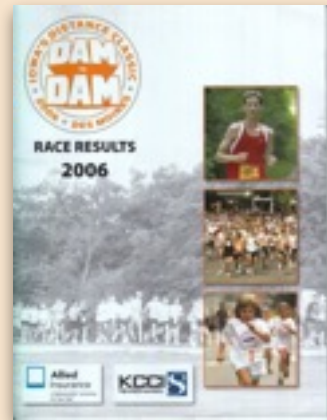
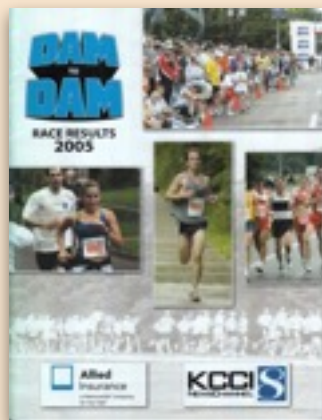
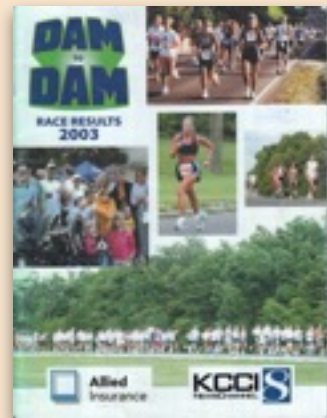
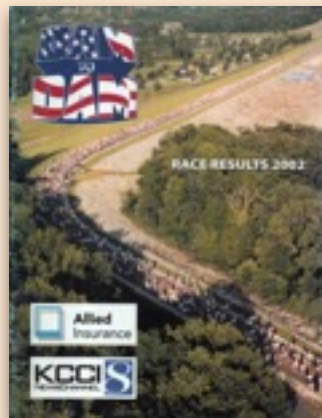
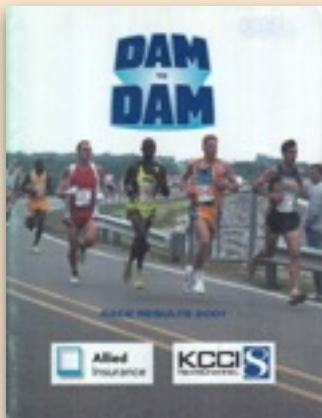
Dam to Dam 1990 to 1999

The race became "Iowa's Distance Classic" and added a 5 kilometer in 1995.



DAM to DAM 2000 to 2009

The race exploded from a few thousand runners to over 10,000 by the end of the decade.



DAM to DAM 2010 to today

The race became a Half-Marathon and the finish moved to the Western Gateway Park.

