

# 34th Dam to Dam

## Des Moines, Iowa

June 1, 2013

60 - perfect DAM weather  
Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	NET TIME	CLOCK TIME	PACE
1	1 M25	Daniel Kipkoech, 26, Kennesaw, GA	1:00:56	1:00:56	4:54
2	1 M30	Shadrack Kiyai, 30, Hebron, KY	1:01:32	1:01:32	4:57
3	2 M25	Yonas Mebrahtu, 25, Flagstaff, AZ	1:01:41	1:01:41	4:58
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Pace: <a href="#">5:00</a>   <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">Top</a>					
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4	1 M20	Robert Wambua, 23, Hebron, KY	1:02:55	1:02:55	5:04
5	2 M20	Ben Sathre, 23, Chaska, MN	1:04:02	1:04:02	5:09
6	3 M25	Dan Greeno, 25, Minneapolis, MN	1:04:47	1:04:47	5:13
7	3 M20	Alex Ntagawa, 20, Des Moines, IA	1:05:16	1:05:16	5:15
8	2 M30	Jason Fogel, 30, West Des Moines, IA	1:05:46	1:05:46	5:17
9	3 M30	Edward Mbuni, 30, Sante Fe, NM	1:05:48	1:05:48	5:18
10	4 M25	Richard Kandie, 28, Coon Rapids, IA	1:05:58	1:05:58	5:18
11	1 M35	Jared Abuya, 36, Colorado Springs, CO	1:06:05	1:06:05	5:19
12	4 M20	Matt Lawder, 24, St Louis, MO	1:06:10	1:06:10	5:19
13	5 M20	Ben Jacobs, 23, St Louis Park, MN	1:06:33	1:06:33	5:21
14	5 M25	Tommy Ries, 25, Iowa City, IA	1:07:14	1:07:14	5:25
15	6 M20	Elly Sang, 22, Coon Rapids, IA	1:07:50	1:07:50	5:27
16	6 M25	Phil Young, 27, North Liberty, IA	1:08:12	1:08:12	5:29
17	7 M20	Zach Baker, 21, Iowa City, IA	1:08:15	1:08:15	5:29
18	8 M20	Jacob Sutton, 22, West Des Moines, IA	1:08:36	1:08:36	5:31
1	1 W25	Belainesh Gebre, 25*, Flagstaff, AZ	1:08:41	1:08:41	5:32
19	7 M25	Ben Carlson, 28, Waverly, IA	1:09:10	1:09:10	5:34
20	9 M20	Ben Jaskowiak, 24, Des Moines, IA	1:09:40	1:09:41	5:36
21	1 M17	Ben Anderson, 18, Clive, IA	1:09:53	1:09:53	5:37
22	4 M30	Chad Sellers, 34, Johnston, IA	1:09:54	1:09:55	5:37
23	10 M20	Andrew Papke-Larson, 23, Decorah, IA	1:09:59	1:10:00	5:38
2	1 W30	Kelly Brinkman, 32*, Bloomington, MN	1:10:02	1:10:02	5:38
24	2 M17	Drew Jackson, 19, Johnston, IA	1:10:22	1:10:24	5:40
25	8 M25	Tyler Sullivan, 25, Coralville, IA	1:10:31	1:10:31	5:40
3	2 W25	Pasca Cheruivot, 26*, Ft Dodge, IA	1:10:49	1:10:49	5:42
26	3 M17	Timothy Shepherd, 19, Knoxville, IA	1:10:55	1:10:57	5:42
27	11 M20	Cody Manchester, 21, Mason City, IA	1:11:07	1:11:07	5:43
28	5 M30	Chris Nealy, 33, Des Moines, IA	1:11:10	1:11:11	5:44
29	9 M25	Austin Tegels, 25, Brandon, IA	1:11:36	1:11:36	5:46
4	2 W30	Atalelech Asfaw, 30*, Albuquerque, NM	1:11:58	1:11:58	5:47
30	1 M50	John Mirth, 51, Platteville, WI	1:12:13	1:12:14	5:49
31	4 M17	Tyson Wieland, 18, Johnston, IA	1:12:25	1:12:25	5:50
32	5 M17	Josh Rowley, 17, Urbandale, IA	1:12:46	1:12:46	5:51
33	2 M35	Mark Thompson, 35, Iowa City, IA	1:13:16	1:13:17	5:54
34	10 M25	Kris Spoth, 25, Ames, IA	1:13:31	1:13:31	5:55
35	1 M40	Brad Bergman, 40, Des Moines, IA	1:13:40	1:13:41	5:56
36	6 M30	Eric Cogdill, 32, Ankeny, IA	1:13:46	1:13:48	5:56

37	7 M30	Scott Johnson, 30, Ames, IA	1:13:52	1:13:58	5:57
38	12 M20	Andrew Hamer, 23, Osceola, IA	1:13:59	1:14:01	5:57
39	1 JrM	Daniel Soto, 16, West Des Moines, IA	1:14:05	1:14:06	5:58
40	8 M30	Timothy Ives, 32, Pleasant Hill, IA	1:14:07	1:14:09	5:58
41	6 M17	Thad Subra, 19, Polk City, IA	1:14:16	1:14:16	5:59
5	3 W30	Shitaye Gemechu, 32*, Hebron, KY	1:14:22	1:14:22	5:59
42	11 M25	Andrew Christianson, 26, Omaha, NE	1:14:24	1:14:26	5:59

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43	9 M30	Robby Wilder, 30, Brooklyn, IA	1:14:26	1:14:28	5:59
44	10 M30	Ryan Kramer, 34, West Des Moines, IA	1:14:29	1:14:30	6:00
45	13 M20	Brett Rosauer, 22, Urbandale, IA	1:14:43	1:14:45	6:01
46	3 M35	Brian Davenport, 38, Minneapolis, MN	1:14:50	1:14:51	6:01
47	2 M40	Patrick Riley, 40, Des Moines, IA	1:15:21	1:15:22	6:04
48	11 M30	Martin Popp, 30, West Des Moines, IA	1:15:31	1:15:32	6:05
6	1 W20	Olivia Johnson, 24*, Iowa City, IA	1:15:48	1:15:49	6:06
49	12 M25	Kurt Rettig, 26, Medina, ND	1:16:04	1:16:04	6:07
7	2 W20	Casey McDermott, 24*, West Des Moines, IA	1:16:15	1:16:16	6:08
50	4 M35	Jacob Kaemmer, 36, Des Moines, IA	1:16:15	1:16:16	6:08
51	14 M20	Shane Steele, 23, Decorah, IA	1:16:21	1:16:22	6:09
52	7 M17	Andrew Mayes, 19, Ames, IA	1:16:34	1:16:38	6:10
53	12 M30	Daniel Saar, 30, Des Moines, IA	1:16:47	1:16:49	6:11
54	5 M35	Matthew McDermott, 35, West Des Moines, IA	1:17:05	1:17:07	6:12
55	15 M20	John Venner, 24, Kirksville, MO	1:17:10	1:17:17	6:13
56	13 M25	Jon White, 29, Seattle, WA	1:17:29	1:17:29	6:14
57	14 M25	John Verre, 25, West Des Moines, IA	1:17:45	1:17:49	6:15
58	13 M30	Joe Lahart, 34, Cedar Rapids, IA	1:17:48	1:17:51	6:16
59	14 M30	Jason Vogel, 34, Clive, IA	1:17:49	1:17:53	6:16
60	2 M50	Keith Abels, 51, Ogden, IA	1:17:53	1:18:01	6:16
61	15 M30	Jack Johnson, 32, West Des Moines, IA	1:17:55	1:17:58	6:16
62	6 M35	Anthony Cendana, 37, Cumming, IA	1:18:05	1:18:08	6:17
63	8 M17	Harry Freund, 17, West Des Moines, IA	1:18:06	1:18:07	6:17
8	1 W40	Liubov Denisova, 41*, New York, NY	1:18:13	1:18:13	6:18
64	3 M40	Mark Timmerman, 43, Indianola, IA	1:18:16	1:21:59	6:18
65	16 M20	Daniel Brown, 23, Coralville, IA	1:18:20	1:18:24	6:18
66	7 M35	Konrad Christensen, 38, Ankeny, IA	1:18:28	1:18:31	6:19
9	3 W25	Ellen Ries, 26*, Ankeny, IA	1:18:35	1:18:36	6:19
67	8 M35	Eric Weiford, 35, Ankeny, IA	1:18:42	1:18:47	6:20
68	1 M45	Dean Junk, 48, Ankeny, IA	1:18:51	1:18:53	6:21
69	2 M45	Patrick McGowan, 49, Urbandale, IA	1:18:55	1:18:56	6:21
70	3 M50	Todd Haugen, 50, Story City, IA	1:18:56	1:18:57	6:21
10	4 W30	Yelena Nanaziashvili, 32*, Clive, IA	1:18:59	1:19:03	6:21
71	4 M40	Scott Haugh, 44, Des Moines, IA	1:19:03	1:19:05	6:22
72	17 M20	Michael Ellerman, 22, Dallas Center, IA	1:19:11	1:19:32	6:22
73	9 M35	Nathan Wenck, 36, Carroll, IA	1:19:12	1:19:19	6:22
74	15 M25	Ross Kilgore, 28, Iowa City, IA	1:19:14	1:19:17	6:22
75	18 M20	Sam Burt, 21, Des Moines, IA	1:19:24	1:19:27	6:23
76	16 M25	Patrick O'Shea, 27, Marshalltown, IA	1:19:31	1:19:33	6:24
77	19 M20	Torey Stallsmith, 23, Charles City, IA	1:19:41	1:19:49	6:25
78	16 M30	Matt Hackman, 30, Lenexa, KS	1:19:51	1:19:53	6:26
79	17 M25	Ben Creswell, 27, Cedar Falls, IA	1:20:00	1:20:08	6:26
80	3 M45	Kent Meier, 48, Story City, IA	1:20:03	1:20:07	6:26
81	10 M35	Gregg Hennigan, 35, Coralville, IA	1:20:07	1:20:09	6:27
82	17 M30	Justin Droppert, 33, West Des Moines, IA	1:20:10	1:20:14	6:27
11	2 W40	Jenny Schulze, 40*, Clive, IA	1:20:12	1:20:16	6:27
83	4 M45	Greg Graham, 46, Montour, IA	1:20:17	1:20:24	6:28
84	20 M20	Grant Jacobson, 23, Iowa City, IA	1:20:21	1:20:27	6:28
85	21 M20	Ben Jacobson, 21, Le Mars, IA	1:20:21	1:20:27	6:28
86	18 M30	Eric Lambi, 33, Wellesley, MA	1:20:36	1:20:40	6:29
87	5 M40	Scott Jones, 42, Ankeny, IA	1:20:45	1:20:53	6:30
88	22 M20	Daniel Jensen, 21, Urbandale, IA	1:20:48	1:20:56	6:30
89	23 M20	Mark Lahart, 22, Newton, IA	1:20:52	1:20:55	6:30
90	24 M20	Ryan Marzen, 23, Denison, IA	1:20:55	1:20:57	6:31
12	5 W30	Ruby Bode, 32*, Estes Park, CO	1:21:01	1:21:06	6:31

91	6 M40	Doug Bickford, 40, Grimes, IA	1:21:03	1:21:07	6:31
92	2 JrM	Christian Laube, 16, Newton, IA	1:21:11	1:21:17	6:32
93	19 M30	Aaron Wheelock, 32, Des Moines, IA	1:21:12	1:21:19	6:32
13	1 W35	Trisha Schlick, 39*, Ames, IA	1:21:20	1:21:21	6:33
94	7 M40	Matt Anderson, 43, Des Moines, IA	1:21:22	1:21:26	6:33
95	11 M35	Jay Krueger, 35, Des Moines, IA	1:21:24	1:21:28	6:33
96	12 M35	Daniel Blondowski, 38, Johnston, IA	1:21:25	1:21:31	6:33
97	25 M20	Dan Cychosz, 24, Ames, IA	1:21:31	1:21:38	6:33
98	13 M35	Dan York, 37, Ankeny, IA	1:21:34	1:21:40	6:34
99	20 M30	Sean McVeigh, 31, Nevada, IA	1:21:47	1:21:49	6:35
100	1 M55	Keith Fevold, 55, Johnston, IA	1:21:56	1:22:01	6:35
101	9 M17	James Wenzel, 17, Springville, IA	1:21:57	1:22:04	6:36
14	4 W25	Flannery Cerbin, 26*, Des Moines, IA	1:21:58	1:22:02	6:36
102	21 M30	Aaron Sage, 33, Ankeny, IA	1:21:59	1:22:01	6:36
103	22 M30	Joe Koenigs, 31, West Des Moines, IA	1:22:01	1:22:05	6:36
15	5 W25	Angela Chaney, 25*, Ottumwa, IA	1:22:02	1:22:03	6:36
104	10 M17	Nic Ganzeveld, 17, Fort Dodge, IA	1:22:03	1:24:07	6:36
105	26 M20	Andy Marshall, 20, Iowa City, IA	1:22:05	1:22:23	6:36
106	2 M55	Tim Nagel, 55, Clarion, IA	1:22:12	1:22:17	6:37
107	18 M25	Adam Mayer, 27, St. Ansgar, IA	1:22:13	1:22:24	6:37
108	11 M17	Thomas Bernard, 18, Mount Vernon, IA	1:22:15	1:22:22	6:37
16	3 W20	Lauren Opp, 20*, Garner, IA	1:22:28	1:24:04	6:38
109	8 M40	Chad Roethler, 40, Urbandale, IA	1:22:29	1:22:36	6:38
110	5 M45	Tim Steenhoek, 45, Pleasant Hill, IA	1:22:37	1:22:40	6:39
111	14 M35	Ryan Fye, 35, Clive, IA	1:22:40	1:22:47	6:39
112	23 M30	Ryan Hennigan, 33, Urbandale, IA	1:22:41	1:22:43	6:39
113	27 M20	Kipp Schuler, 24, University Park, IA	1:22:43	1:25:05	6:39
114	24 M30	Jon Kalvig, 31, West Des Moines, IA	1:22:47	1:23:04	6:40
115	19 M25	Lance Harris, 29, Windsor Heights, IA	1:22:59	1:23:07	6:41
116	20 M25	Kevin Brown, 25, Exira, IA	1:23:00	1:25:21	6:41
117	12 M17	Trevor Schmitt, 17, West Des Moines, IA	1:23:07	1:23:26	6:41
118	9 M40	Scott Sterrett, 44, Cedar Falls, IA	1:23:07	1:23:14	6:41
119	28 M20	Michael Lahart, 24, Des Moines, IA	1:23:08	1:23:35	6:41
120	21 M25	Gabe Wilson, 27, Osceola, IA	1:23:08	1:23:08	6:41
121	10 M40	Bryan Runyan, 42, Indianola, IA	1:23:09	1:23:12	6:41
122	25 M30	Tyler Hostetler, 34, Jefferson, IA	1:23:10	1:23:24	6:41
123	13 M17	Nathaniel Marti, 18, Mt. Vernon, IA	1:23:12	1:23:19	6:42
124	22 M25	Jeremy Arickx, 28, Columbus, OH	1:23:15	1:23:37	6:42
125	14 M17	Tyler Krpan, 19, Indianola, IA	1:23:18	1:23:42	6:42
126	23 M25	Eric Monahan, 27, Iowa City, IA	1:23:18	1:23:29	6:42
127	11 M40	Chad Askelson, 42, Cedar Rapids, IA	1:23:23	1:23:50	6:43
128	26 M30	Zach Cloe, 30, Cedar Rapids, IA	1:23:25	1:23:36	6:43
129	24 M25	Trevor Muchow, 26, Ankeny, IA	1:23:31	1:23:39	6:43
130	15 M35	Jason Hamilton, 36, Fort Dodge, IA	1:23:32	1:23:38	6:43
131	25 M25	Cody Edwards, 27, West Des Moines, IA	1:23:37	1:25:17	6:44
132	16 M35	Randy Sturm, 35, Garner, IA	1:23:38	1:23:40	6:44
133	12 M40	Brett Christensen, 42, Clive, IA	1:23:42	1:23:52	6:44
134	26 M25	Colby Parks, 29, Madison, WI	1:23:46	1:24:08	6:44
135	13 M40	Michael Strief, 43, Urbandale, IA	1:23:48	1:23:53	6:45
136	29 M20	Derek Byrnes, 21, Cedar Falls, IA	1:23:50	1:24:01	6:45
137	27 M25	Tyler Irving, 25, Phoenix, AZ	1:23:51	1:23:56	6:45
17	6 W30	Stephanie Mortenson, 31*, Windsor Heights, IA	1:23:55	1:24:09	6:45
138	27 M30	Ryan Harms, 34, Ankeny, IA	1:24:01	1:24:08	6:46
139	17 M35	Stu Sorrel, 37, Clive, IA	1:24:01	1:24:07	6:46
140	14 M40	Tim Roetman, 40, Johnston, IA	1:24:03	1:24:09	6:46
141	28 M30	James Petersen, 31, Ottumwa, IA	1:24:09	1:24:13	6:46
142	30 M20	Joel Veencamp, 20, Madrid, IA	1:24:11	1:24:26	6:46
143	15 M40	Mark Fahenkrug, 42, Waukee, IA	1:24:13	1:24:18	6:47
18	1 W17	Lauren Benzing, 18*, Solon, IA	1:24:18	1:25:46	6:47
144	28 M25	Matt Kleckner, 26, Mason City, IA	1:24:20	1:24:29	6:47
145	6 M45	Jeff Anker, 49, Polk City, IA	1:24:24	1:24:29	6:47
146	29 M30	Dan Ross, 34, Clive, IA	1:24:24	1:24:33	6:47
19	1 W45	Bonnie Sons, 46*, Shorewood, MN	1:24:30	1:24:31	6:48
147	31 M20	Nathan Kleckner, 23, Mason City, IA	1:24:33	1:24:42	6:48

148	16 M40	Curtis Downs, 44, Des Moines, IA	1:24:37	1:24:52	6:48
149	7 M45	John Feller, 49, Ames, IA	1:24:50	1:24:59	6:49
150	29 M25	Nate White, 29, Des Moines, IA	1:24:53	1:26:51	6:50
151	30 M30	Bo Anderson, 33, Urbandale, IA	1:24:54	1:25:08	6:50
152	31 M30	Matthew Struecker, 34, Knoxville, IA	1:24:54	1:25:03	6:50
153	32 M20	Matthew Neisius, 21, Omaha, NE	1:24:55	1:25:04	6:50
154	32 M30	Jonathan DeJong, 33, Fort Dodge, IA	1:24:59	1:25:04	6:50
155	33 M20	Matthew Cross, 24, Des Moines, IA	1:25:00	1:25:12	6:50
20	3 W40	Carrie Van Quathem, 41*, Urbandale, IA	1:25:03	1:25:18	6:51
156	34 M20	Zac Wiemers, 20, West Des Moines, IA	1:25:06	1:25:25	6:51

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157	35 M20	Ethan Warrior, 23, Bridgewater, IA	1:25:07	1:38:02	6:51
158	33 M30	Mitch Kearney, 32, West Des Moines, IA	1:25:08	1:25:24	6:51
159	30 M25	Zak Sheeder, 28, Des Moines, IA	1:25:09	1:25:18	6:51
160	8 M45	Lon Anderson, 49, Rosemount, MN	1:25:09	1:25:09	6:51
161	34 M30	Quinn Stamp, 33, Iowa City, IA	1:25:15	1:25:18	6:52
162	18 M35	Steve Houg, 38, West Des Moines, IA	1:25:17	1:25:34	6:52
163	19 M35	Joe Adams, 37, Fort Dodge, IA	1:25:20	1:25:25	6:52
164	9 M45	Brad Ortmeier, 49, Johnston, IA	1:25:22	1:25:25	6:52
165	35 M30	Neil Young, 31, Des Moines, IA	1:25:23	1:25:35	6:52
166	31 M25	Jesse Puck, 26, Des Moines, IA	1:25:23	1:25:30	6:52
167	36 M30	Tim Vos, 34, Ankeny, IA	1:25:26	1:25:31	6:52
168	37 M30	Clint Stiles, 33, Grimes, IA	1:25:30	1:25:59	6:53
169	10 M45	Matt Tullis, 45, Marshalltown, IA	1:25:36	1:25:44	6:53
170	36 M20	Grant Johnson, 22, Ames, IA	1:25:42	1:26:03	6:54
171	38 M30	Clete Younger, 31, Cedar Rapids, IA	1:25:42	1:25:50	6:54
172	39 M30	Clinton Halverson, 31, Cumming, IA	1:25:45	1:26:01	6:54
173	20 M35	Terry Oliphant, 39, Forest City, IA	1:25:46	1:26:10	6:54
174	40 M30	Caleb Brown, 32, Des Moines, IA	1:25:46	1:25:52	6:54
175	21 M35	Tyrannosaurus Hollander, 38, West Des Moines, IA	1:25:52	1:25:56	6:55
176	41 M30	Courtney Potthoff, 30, Ankeny, IA	1:25:52	1:26:11	6:55
177	42 M30	Tait Smock, 33, Pella, IA	1:26:02	1:26:12	6:55
178	4 M50	Randy Brecht, 52, Middle Amana, IA	1:26:07	1:26:12	6:56
179	22 M35	Jonathan Holstrom, 36, Urbandale, IA	1:26:15	1:26:15	6:56
180	17 M40	Luke Spencer, 41, Des Moines, IA	1:26:16	1:26:22	6:56
181	37 M20	Tyler McCubbin, 24, Des Moines, IA	1:26:20	1:26:27	6:57
182	38 M20	Andy Happe, 24, Urbandale, IA	1:26:20	1:26:56	6:57
183	43 M30	Damian Peasley, 31, Madrid, IA	1:26:25	1:26:39	6:57
184	23 M35	Rob Semelroth, 38, Des Moines, IA	1:26:28	1:26:48	6:57
185	32 M25	Brandon Rook, 25, Coralville, IA	1:26:33	1:26:43	6:58
186	44 M30	Jasper Eckstein, 32, Milo, IA	1:26:36	1:26:36	6:58
187	3 JrM	Zachary Houglund, 15, Bloomfield, IA	1:26:37	1:26:47	6:58
188	33 M25	Brian Steffens, 27, Ankeny, IA	1:26:37	1:27:14	6:58
189	24 M35	Nate Strickler, 38, Grimes, IA	1:26:40	1:26:58	6:58
190	25 M35	John Linderman, 36, Kansas City, MO	1:26:43	1:27:25	6:59
191	26 M35	James Krzak, 38, West Des Moines, IA	1:26:47	1:27:00	6:59
192	45 M30	Nate Cloe, 33, Des Moines, IA	1:26:49	1:27:00	6:59
193	39 M20	John Sheldahl, 24, Coralville, IA	1:26:54	1:27:13	6:59
194	46 M30	David Wilson, 30, Bondurant, IA	1:26:54	1:27:05	6:59
195	15 M17	Jackson Griffith, 19, Ames, IA	1:26:55	1:27:32	7:00
196	27 M35	Craig Stoermer, 38, Des Moines, IA	1:26:57	1:27:29	7:00
197	34 M25	Joe Muldoon, 25, Des Moines, IA	1:27:00	1:27:13	7:00
198	16 M17	Jordan White, 18, Carroll, IA	1:27:00	1:27:13	7:00
199	18 M40	Ken Wright, 44, Cedar Rapids, IA	1:27:00	1:27:16	7:00
200	47 M30	Gary Jensen, 34, Cedar Rapids, IA	1:27:01	1:27:11	7:00
201	40 M20	Joshua Hill, 21, Ames, IA	1:27:05	1:27:32	7:00
202	48 M30	Michael Clark, 34, Cedar Rapids, IA	1:27:07	1:27:14	7:01
203	41 M20	Kyle Hoehns, 24, Bettendorf, IA	1:27:09	1:27:17	7:01
21	6 W25	Sara Cooper, 28*, Des Moines, IA	1:27:12	1:27:21	7:01
22	4 W40	Christine Price, 44*, Des Moines, IA	1:27:16	1:27:18	7:01
23	7 W30	Megan Miller, 34*, Iowa City, IA	1:27:21	1:27:32	7:02
204	42 M20	Adam Stueckrath, 21, Windsor Heights, IA	1:27:24	1:27:39	7:02

205	4 JrM	Jacob Hamilton, 16, Fort Dodge, IA	1:27:37	1:27:43	7:03
206	11 M45	Ed Tormey, 49, Indianola, IA	1:27:39	1:27:45	7:03
207	28 M35	Chad Wiese, 39, Coralville, IA	1:27:39	1:28:06	7:03
208	35 M25	Brian Petersen, 28, Ankeny, IA	1:27:42	1:27:46	7:03
209	17 M17	Aaron Havens, 18, Des Moines, IA	1:27:43	1:28:03	7:03
210	49 M30	Ryan Barton, 33, Ankeny, IA	1:27:46	1:28:29	7:04
211	50 M30	Tyson Ketelsen, 33, Iowa City, IA	1:27:47	1:32:28	7:04
212	29 M35	Daniel Mandernach, 35, Grimes, IA	1:27:47	1:27:59	7:04
213	43 M20	Caleb Rook, 20, Bloomfield, IA	1:27:48	1:27:58	7:04
214	30 M35	J Scott Ingersoll, 35, Ankeny, IA	1:27:55	1:28:39	7:04
215	51 M30	James Clevenger, 34, West Des Moines, IA	1:27:56	1:28:12	7:04
216	18 M17	Jacob Wiemers, 17, West Des Moines, IA	1:27:57	1:28:17	7:05
217	36 M25	R J. Tursi, 26, Des Moines, IA	1:27:58	1:28:31	7:05
218	12 M45	John Bunz, 47, Clive, IA	1:27:58	1:28:14	7:05
219	19 M17	Nathan Bradley, 18, State Center, IA	1:28:01	1:28:03	7:05
220	5 M50	John Taylor III, 54, Des Moines, IA	1:28:02	1:28:04	7:05
24	8 W30	Kristen Mitchell, 34*, Ottumwa, IA	1:28:13	1:28:15	7:06
221	52 M30	Jeff Boggs, 32, Chariton, IA	1:28:17	1:30:14	7:06
222	53 M30	Ryan Richey, 31, Des Moines, IA	1:28:23	1:28:26	7:07
223	19 M40	Peter Hill, 42, Ankeny, IA	1:28:28	1:28:37	7:07
224	20 M40	Dan Henderson, 42, Ankeny, IA	1:28:28	1:28:37	7:07
25	2 W35	Tiffany Thompson, 38*, Logan, IA	1:28:29	1:34:01	7:07
225	31 M35	Kalyan Venkatraman, 38, Johnston, IA	1:28:29	1:28:41	7:07
226	3 M55	Randy Raymond, 56, Blair, NE	1:28:30	1:28:55	7:07
227	54 M30	Robert Volp, 34, West Des Moines, IA	1:28:34	1:28:46	7:08
228	32 M35	Chris Chamberlin, 35, Le Claire, IA	1:28:35	1:28:44	7:08
26	3 W35	Summer Morgan, 36*, Algona, IA	1:28:35	1:28:52	7:08
229	37 M25	Bill Christensen, 25, Audubon, IA	1:28:35	1:28:35	7:08
27	9 W30	Dana Fogel, 31*, West Des Moines, IA	1:28:36	1:30:56	7:08
230	4 M55	Tom Loudon, 56, Fairfield, IA	1:28:41	1:28:56	7:08
231	21 M40	David Larson, 41, West Des Moines, IA	1:28:45	1:29:05	7:08
232	13 M45	Chad Wagener, 49, Ankeny, IA	1:28:46	1:28:54	7:09
233	14 M45	Monte Marti, 47, Mt. Vernon, IA	1:28:49	1:28:56	7:09
234	22 M40	Tim Lundberg, 44, Urbandale, IA	1:28:49	1:29:22	7:09
235	44 M20	Kristopher Lehman, 20, Adair, IA	1:28:49	1:29:48	7:09
236	23 M40	Christopher Birler, 44, Polk City, IA	1:28:53	1:29:38	7:09
237	5 JrM	Greg Rinn, 15, West Des Moines, IA	1:28:53	1:29:13	7:09
238	33 M35	Yuri Fedirko, 36, Des Moines, IA	1:28:55	1:29:22	7:09
239	20 M17	Jonah Tibbits, 17, Ames, IA	1:28:55	1:29:32	7:09
240	5 M55	Richard Kammerer, 56, Mason City, IA	1:28:56	1:29:07	7:09
241	6 M50	Perry Smith, 52, Solon, IA	1:28:57	1:29:12	7:09
242	38 M25	Eric Peterson, 27, Des Moines, IA	1:28:59	1:29:16	7:10
243	34 M35	Jim Turnbough, 39, Iowa City, IA	1:28:59	1:29:08	7:10
28	10 W30	Londa Liddle, 32*, Des Moines, IA	1:29:05	1:29:25	7:10
244	35 M35	Bill Wilson, 38, Norwalk, IA	1:29:06	1:29:43	7:10
29	7 W25	Sara Hendrickson, 26*, Des Moines, IA	1:29:07	1:29:10	7:10
245	55 M30	Nick Elliott, 33, Des Moines, IA	1:29:09	1:29:56	7:10
246	15 M45	Greg Shives, 49, Overland Park, KS	1:29:12	1:29:27	7:11
30	11 W30	Kirsten Goble, 30*, Ankeny, IA	1:29:13	1:29:27	7:11
247	39 M25	Mitchell Marovets, 28, West Des Moines, IA	1:29:14	1:29:40	7:11
248	40 M25	Kevin Freeman, 25, Omaha, NE	1:29:16	1:29:38	7:11
249	41 M25	Tyler Goode, 26, Urbandale, IA	1:29:16	1:29:42	7:11
250	6 M55	Bob Grote, 59, West Des Moines, IA	1:29:17	1:29:25	7:11
251	24 M40	Alan Corey, 44, Ankeny, IA	1:29:19	1:29:52	7:11
252	25 M40	Darvish Shadravan, 44, Ankeny, IA	1:29:28	1:29:34	7:12
253	42 M25	Brett Johnson, 29, Minneapolis, MN	1:29:28	1:29:54	7:12
254	21 M17	Nate Jones, 18, Indianola, IA	1:29:30	1:29:54	7:12
255	7 M50	Mark Cooper, 50, Johnston, IA	1:29:32	1:29:56	7:12
256	56 M30	Able Mahaffey, 34, Altoona, IA	1:29:36	1:38:18	7:13
257	45 M20	Louis Elbert, 24, Des Moines, IA	1:29:39	1:29:56	7:13
258	57 M30	Joe Purvis, 34, Newton, IA	1:29:40	1:30:17	7:13
259	26 M40	Phil Waltermire, 41, Garwin, IA	1:29:40	1:29:47	7:13
260	36 M35	Charles Graham, 35, West Des Moines, IA	1:29:42	1:29:54	7:13
261	27 M40	Eric Welch, 44, Woodward, IA	1:29:44	1:29:57	7:13
262	58 M30	Sam Behrens, 34, Granger, IA	1:29:44	1:30:26	7:13

263	59 M30	Zachary Kraft, 33, Norwalk, IA	1:29:51	1:30:10	7:14
264	60 M30	John Christen, 34, Marshalltown, IA	1:29:53	1:30:20	7:14
31	8 W25	Nicole Clausen, 25*, Polk City, IA	1:29:53	1:30:30	7:14
265	28 M40	Lee Hill, 44, Des Moines, IA	1:29:55	1:30:06	7:14
266	16 M45	John Saf, 48, Westfield, IN	1:29:57	1:30:08	7:14
267	61 M30	Michael Hotze, 32, Council Bluffs, IA	1:29:58	1:30:01	7:14
268	37 M35	Jason McElroy, 35, Perry, IA	1:29:58	1:29:58	7:14
32	12 W30	Tamara Nelson, 33*, Iowa City, IA	1:29:59	1:30:10	7:14
269	7 M55	Steve Falck, 55, Des Moines, IA	1:30:00	1:30:25	7:14
270	46 M20	Jake Venner, 22, Boone, IA	1:30:02	1:30:39	7:15

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272	47 M20	Scott Vicker, 24, Creston, IA	1:30:08	1:43:03	7:15
273	29 M40	Tony Morrison, 42, Newton,, Ia	1:30:08	1:30:30	7:15
274	43 M25	Jeff Steiff, 25, Des Moines, IA	1:30:11	1:30:24	7:15
275	62 M30	Nathaniel Welch, 33, Grimes, IA	1:30:13	1:30:33	7:15
276	63 M30	Michael Crouse, 33, Ankeny, IA	1:30:15	1:30:44	7:16
277	17 M45	Brian Enearl, 48, Mt Pleasant, IA	1:30:17	1:30:32	7:16
278	44 M25	Ross Megargel, 28, West Des Moines, IA	1:30:18	1:31:09	7:16
33	5 W40	Tiffany Mosher, 41*, Boone, IA	1:30:19	1:30:33	7:16
34	13 W30	Tracy Daugherty, 32*, Ankeny, IA	1:30:20	1:30:36	7:16
279	48 M20	Stuart Soorholtz, 23, Clive, IA	1:30:21	1:30:37	7:16
280	39 M35	Nathan Austin, 35, Blue Springs, MO	1:30:23	1:30:59	7:16
281	49 M20	Jacob Waddingham, 23, Macksburg, IA	1:30:23	1:43:18	7:16
35	1 W50	Dana Kramer, 50*, Urbandale, IA	1:30:28	1:31:02	7:17
282	30 M40	Tim Mills, 40, Altoona, IA	1:30:28	1:31:54	7:17
283	40 M35	Chris Doud, 38, Urbandale, IA	1:30:30	1:31:15	7:17
284	45 M25	David Djordjevic, 29, Clive, IA	1:30:31	1:32:15	7:17
285	41 M35	David Hostetter, 35, Colfax, IA	1:30:32	1:32:03	7:17
286	64 M30	Ian Asplund, 32, Clive, IA	1:30:32	1:30:48	7:17
287	31 M40	Brian Palmer, 44, Des Moines, IA	1:30:33	1:31:18	7:17
288	32 M40	Brian Tschetter, 42, Edgerton, MN	1:30:34	1:31:12	7:17
289	33 M40	Rich Bundy, 42, South Burlington, VT	1:30:34	1:31:18	7:17
290	46 M25	Jeff Zelenovich, 28, West Des Moines, IA	1:30:35	1:30:36	7:17
291	34 M40	Jesus Hernandez, 44, Nevada, IA	1:30:38	1:38:16	7:17
292	22 M17	Ryan Decker, 17, Johnston, IA	1:30:38	1:30:57	7:17
36	14 W30	Katy Essing, 33*, Urbandale, IA	1:30:38	1:30:57	7:18
293	23 M17	Nick Dolan, 19, West Des Moines, IA	1:30:40	1:30:54	7:18
294	65 M30	Russell Anthofer, 34, Altoona, IA	1:30:41	1:31:05	7:18
295	42 M35	C J. Lage, 39, Urbandale, IA	1:30:41	1:31:06	7:18
296	18 M45	Greg Hanna, 46, Clive, IA	1:30:42	1:31:05	7:18
297	19 M45	Pat Dunn, 47, Norwalk, IA	1:30:44	1:32:32	7:18
298	66 M30	Josh August, 30, West Des Moines, IA	1:30:45	1:30:53	7:18
299	67 M30	Nick Roerig, 34, Clive, IA	1:30:46	1:31:00	7:18
300	50 M20	Francis Lapointe, 23, Mason City, IA	1:30:47	1:30:59	7:18
301	68 M30	Dan Chapman, 34, Spencer, IA	1:30:49	1:31:29	7:18
302	20 M45	Tim Vipond, 47, Cedar Rapids, IA	1:30:49	1:31:03	7:18
303	69 M30	Jason Dreckman, 34, West Des Moines, IA	1:30:51	1:31:11	7:19
304	70 M30	Zachariah Pederson, 34, Des Moines, IA	1:30:53	1:31:13	7:19
305	47 M25	Joe Tucker, 27, Grain Valley, MO	1:30:54	1:31:09	7:19
306	35 M40	Troy Thompson, 43, West Des Moines, IA	1:30:55	1:32:54	7:19
307	43 M35	Trent Donnelly, 36, Adel, IA	1:30:57	1:31:13	7:19
308	24 M17	Riley McMorran, 17, Greenfield, IA	1:30:58	1:43:53	7:19
309	36 M40	Chris Blanchard, 40, Polk City, IA	1:30:58	1:31:04	7:19
310	25 M17	Tanner Smith, 17, Fort Dodge, IA	1:30:58	1:31:01	7:19
311	48 M25	Nathan Hansen, 28, Indianola, IA	1:31:00	1:32:52	7:19
37	4 W20	Chelsea Anderson, 23*, Kalona, IA	1:31:00	1:31:55	7:19
38	5 W20	Laura Sigmund, 23*, Stanhope, IA	1:31:00	1:31:55	7:19
312	49 M25	Jacob Johnson, 28, West Des Moines, IA	1:31:00	1:31:44	7:19
39	2 W45	Beth Schweizer, 47*, Urbandale, IA	1:31:01	1:31:55	7:19
313	51 M20	Aaron Schmidt, 23, Fort Dodge, IA	1:31:03	1:31:38	7:20
40	6 W20	Kalyn Kruckenberg, 22*, Mason City, IA	1:31:05	1:31:27	7:20
314	8 M50	Steve Mayberry, 51, Ames, IA	1:31:08	1:31:26	7:20

315	50	M25	Jason Van Pelt, 25, Waukee, IA	1:31:08	1:31:11	7:20
316	51	M25	Matthew Scott, 29, West Des Moines, IA	1:31:09	1:31:34	7:20
317	52	M25	Cory McElree, 25, Des Moines, IA	1:31:10	1:31:51	7:20
41	2	W17	Alyssa Arends, 19*, Ackley, IA	1:31:11	1:36:49	7:20
318	26	M17	Brad Wylam, 17, Waverly, IA	1:31:12	1:31:49	7:20
319	71	M30	Josh Vogler, 33, Ankeny, IA	1:31:13	1:41:21	7:20
42	9	W25	Tara Blutt, 26*, Des Moines, IA	1:31:14	1:37:59	7:20
320	52	M20	Alex Hartogh, 22, Ames, IA	1:31:18	1:32:59	7:21
321	44	M35	Jonathan Altes, 37, Norwalk, IA	1:31:19	1:31:32	7:21
322	53	M20	Bobby Bonnett, 21, Indianola, IA	1:31:23	1:31:47	7:21
323	54	M20	Tyler Walker, 24, Waukee, IA	1:31:23	1:32:00	7:21
324	53	M25	Jd Cambron, 25, Des Moines, IA	1:31:28	1:31:45	7:22
43	15	W30	Casey Graham, 31*, Saint Paul, MN	1:31:28	1:31:40	7:22
325	45	M35	Scott Heisler, 37, West Des Moines, IA	1:31:37	1:31:40	7:22
326	37	M40	Brian Oetken, 41, Urbandale, IA	1:31:40	1:31:53	7:22
327	54	M25	Sean Lunde, 26, Clive, IA	1:31:40	1:33:24	7:23
328	72	M30	Andrew Ott, 32, Cedar Falls, IA	1:31:41	1:32:04	7:23
329	73	M30	Ryan Sisson, 30, Bettendorf, IA	1:31:41	1:32:01	7:23
330	55	M25	Phil McCullough, 28, West Des Moines, IA	1:31:41	1:31:54	7:23
331	56	M25	Mark Gurwell, 25, Altoona, IA	1:31:46	1:32:27	7:23
332	74	M30	Michael Roberts, 34, West Des Moines, IA	1:31:46	1:31:59	7:23
44	6	W40	Carrie Krohn, 40*, Orange City, IA	1:31:47	1:32:00	7:23
333	57	M25	Jeremiah Feine, 25, Fort Dodge, IA	1:31:48	1:34:09	7:23
334	55	M20	Mason Lantz, 24, Lawrence, KS	1:31:48	1:34:09	7:23
45	16	W30	Amanda Ives, 32*, Pleasant Hill, IA	1:31:53	1:32:24	7:24
335	38	M40	Curt Brass, 40, Newton, IA	1:31:54	1:32:13	7:24
336	75	M30	Zachary Allen, 33, Ames, IA	1:31:57	1:32:27	7:24
337	39	M40	John Ramsey, 40, Johnston, IA	1:32:05	1:32:30	7:25
338	56	M20	Matthew Larson, 23, Spencer, IA	1:32:06	1:32:53	7:25
339	40	M40	Kurtis Webb, 43, Otley, IA	1:32:08	1:37:32	7:25
340	41	M40	Sean Soyer, 40, Bondurant, IA	1:32:09	1:33:11	7:25
341	46	M35	Ryan Comer, 36, Carlisle, IA	1:32:12	1:32:41	7:25
342	58	M25	Bobby Godbersen, 28, Clive, IA	1:32:16	1:33:48	7:25
343	1	M60	Mark Hayes, 63, Creston, IA	1:32:17	1:32:49	7:25
344	47	M35	Corey Anderson, 36, West Point, IA	1:32:17	1:37:40	7:25
345	76	M30	Andrew Sage, 31, Ankeny, IA	1:32:20	1:32:22	7:26
346	48	M35	Robert Shontz, 35, Urbandale, IA	1:32:22	1:34:26	7:26
347	49	M35	Jason Boeding, 38, Des Moines, IA	1:32:22	1:32:52	7:26
348	42	M40	Brian Pattinson, 40, Des Moines, IA	1:32:22	1:32:52	7:26
349	77	M30	Chad Marchant, 34, Ankeny, IA	1:32:24	1:34:41	7:26
350	27	M17	Seth Dolan, 18, Fort Dodge, IA	1:32:25	1:34:29	7:26
351	59	M25	Jason Stocker, 27, Johnston, IA	1:32:25	1:35:55	7:26
352	60	M25	Jeritt Tucker, 26, Ames, IA	1:32:26	1:33:14	7:26
46	4	W35	Lynne DeSotel, 35*, Marshalltown, IA	1:32:27	1:32:44	7:26
353	57	M20	David Bouska, 22, Altoona, IA	1:32:27	1:32:59	7:26
354	50	M35	Michael Howland, 38, Des Moines, IA	1:32:27	1:33:04	7:26
355	58	M20	Austin Ward, 22, West Point, IA	1:32:29	1:41:16	7:26
47	7	W20	Samantha Bass, 22*, Iowa City, IA	1:32:35	1:33:25	7:27
48	10	W25	Bridget Conlon, 25*, Des Moines, IA	1:32:35	1:34:07	7:27
356	21	M45	Kyle Weuve, 47, Urbandale, IA	1:32:35	1:33:10	7:27
357	43	M40	Steve Billingsley, 40, Des Moines, IA	1:32:37	1:33:25	7:27
358	51	M35	Matthew Wiley, 38, Cedar Rapids, IA	1:32:38	1:33:35	7:27
359	52	M35	Gene Baloun, 37, Des Moines, IA	1:32:38	1:33:23	7:27
360	53	M35	Michael Rhead, 36, Fort Dodge, IA	1:32:38	1:33:12	7:27
361	44	M40	Tony Stafford, 44, Prairie City, IA	1:32:39	1:33:18	7:27
49	1	JrW	Grace Coen, 15*, Newton, IA	1:32:39	1:33:00	7:27
50	11	W25	Erin Denny, 29*, Urbandale, IA	1:32:40	1:36:40	7:27
362	59	M20	Austin Bell, 23, Iowa City, IA	1:32:40	1:36:02	7:27
363	61	M25	Jeremy Nelson, 28, Des Moines, IA	1:32:40	1:33:13	7:27
364	22	M45	Adrian Shamsudeen, 46, Atlanta, GA	1:32:41	1:33:17	7:27
365	78	M30	Kyle Prendergast, 33, Des Moines, IA	1:32:42	1:32:59	7:27
366	62	M25	Aaron Wells, 29, Pleasant Hill, IA	1:32:42	1:33:02	7:28
367	63	M25	Levi Nichols, 29, Des Moines, IA	1:32:43	1:35:39	7:28
368	64	M25	Lincoln Nichols, 29, Topeka, KS	1:32:43	1:35:39	7:28
51	3	W17	Brittany Sawyers, 17*, Winterset, IA	1:32:44	1:33:49	7:28

52	5	W35	Jodi Hanson, 38*, Urbandale, IA	1:32:46	1:34:50	7:28
369	79	M30	Derek Conley, 32, Ankeny, IA	1:32:48	1:33:21	7:28
370	65	M25	Darren Montufar, 28, West Des Moines, IA	1:32:49	1:33:22	7:28
53	17	W30	Darcy Ehrmann, 31*, Cedar Rapids, IA	1:32:51	1:33:38	7:28
54	6	W35	Erin Sandvig, 39*, West Des Moines, IA	1:32:52	1:33:18	7:28
371	60	M20	Luke Gordon, 21, West Des Moines, IA	1:32:52	1:33:06	7:28
372	54	M35	Jeremy Mueller, 36, Waukee, IA	1:32:53	1:33:28	7:28
55	2	W50	Wendy Mirth, 53*, Platteville, WI	1:32:56	1:33:22	7:29
56	7	W35	Cari Rosno, 38*, Des Moines, IA	1:32:57	1:35:46	7:29
373	80	M30	Luke Northway, 31, Polk City, IA	1:32:58	1:41:36	7:29
374	55	M35	Dean Gieseeman, 38, Clive, IA	1:32:59	1:33:34	7:29
375	81	M30	Nate Boulton, 33, Des Moines, IA	1:33:00	1:33:28	7:29
376	82	M30	David Suggett, 33, Minneapolis, MN	1:33:00	1:33:26	7:29
377	56	M35	Nathan Stieler, 37, Des Moines, IA	1:33:01	1:33:45	7:29
378	61	M20	Jordon Pace, 24, Ames, IA	1:33:02	1:35:17	7:29
379	23	M45	Jeff Farrell, 49, Urbandale, IA	1:33:03	1:33:46	7:29
380	45	M40	Juan Madrigal, 41, Cedar Falls, IA	1:33:05	1:33:33	7:29
381	66	M25	Neil Heithoff, 27, Ankeny, IA	1:33:05	1:33:21	7:29
382	83	M30	Thomas Zimpleman, 32, Washington, DC	1:33:05	1:34:49	7:29
383	57	M35	Aaron Bencoter, 36, Marshalltown, IA	1:33:06	1:33:24	7:29
384	58	M35	Todd Fee, 38, Norwalk, IA	1:33:06	1:33:42	7:29
57	12	W25	Margaret Dunn, 25*, Ames, IA	1:33:08	1:34:36	7:30
385	46	M40	David Hayes, 42, Cedar Rapids, IA	1:33:11	1:35:42	7:30
58	7	W40	Theresa Mackey, 41*, Mankato, MN	1:33:13	1:33:53	7:30
386	9	M50	Roadog McKibben, 52, Clive, IA	1:33:13	1:33:25	7:30
387	84	M30	Erich Lemke, 31, West Des Moines, IA	1:33:13	1:33:37	7:30
388	85	M30	Jason Thrap, 32, Waukee, IA	1:33:13	1:45:24	7:30
389	10	M50	K F. Headley, 51, Urbandale, IA	1:33:14	1:33:24	7:30
59	13	W25	Kelly Teeselink, 26*, Iowa City, IA	1:33:16	1:34:07	7:30
60	3	W45	Sandy Sabelka, 45*, Denver, IA	1:33:16	1:33:55	7:30
390	11	M50	Daniel Bergman, 51, Ankeny, IA	1:33:19	1:33:45	7:30
391	86	M30	Pedro Infante-Posada, 33, Ames, IA	1:33:22	1:34:43	7:31
392	87	M30	Jeff McElvania, 31, Clive, IA	1:33:23	1:33:54	7:31
393	88	M30	Patrick Cavanaugh, 30, Des Moines, IA	1:33:24	1:33:55	7:31
394	67	M25	Jared Ponsor, 29, Des Moines, IA	1:33:28	1:33:52	7:31
61	8	W20	Haddie Vawter, 21*, Union, IA	1:33:29	1:34:36	7:31
395	47	M40	Kham Sisamouth, 43, Des Moines, IA	1:33:29	1:33:39	7:31
62	14	W25	Susan B Zhang, 28*, Rochester, MN	1:33:30	1:41:44	7:31
396	59	M35	Ryan Brown, 38, Ankeny, IA	1:33:37	1:34:28	7:32
397	60	M35	Conrad Hanson, 37, Urbandale, IA	1:33:37	1:34:26	7:32
398	8	M55	Thomas Venner, 55, Boone, IA	1:33:38	1:34:15	7:32
399	89	M30	John Tiedt, 33, Norwalk, IA	1:33:40	1:34:32	7:32
400	62	M20	Nicholas Newbury, 24, Waukee, IA	1:33:41	1:46:36	7:32
401	48	M40	Bryan Friedman, 41, Newton, IA	1:33:46	1:33:58	7:33
402	61	M35	Eric Weichers, 36, Ankeny, IA	1:33:46	1:35:10	7:33
403	63	M20	Aaron Calhoun, 21, Ames, IA	1:33:46	1:34:11	7:33
63	18	W30	Stephanie Gray, 30*, Ankeny, IA	1:33:46	1:35:10	7:33
404	62	M35	Christian Baughman, 38, Clive, IA	1:33:46	1:34:29	7:33
405	90	M30	Scott Brown, 30, Urbandale, IA	1:33:47	1:34:27	7:33
64	9	W20	Megan Boeher, 23*, Davenport, IA	1:33:50	1:35:03	7:33
65	10	W20	Tess Weaver, 23*, Ames, IA	1:33:50	1:35:03	7:33
406	64	M20	Andy Allen, 23, Des Moines, IA	1:33:53	1:34:06	7:33
407	49	M40	Jason Hahn, 42, Des Moines, IA	1:33:55	1:34:08	7:33
408	24	M45	Randy Striegel, 47, Marion, IA	1:33:57	1:34:05	7:33
409	12	M50	Randy Wadle, 54, Newton, IA	1:33:57	1:35:20	7:34
410	91	M30	Justin Holdgrafer, 34, Alden, IA	1:33:57	1:38:31	7:34
411	50	M40	Grant Schultz, 40, Fairfax, IA	1:33:59	1:34:14	7:34
412	25	M45	Geoff Graham, 45, Waukee, IA	1:34:00	1:34:24	7:34
66	8	W35	Sydney Leach, 38*, Johnston, MI	1:34:00	1:36:14	7:34
413	68	M25	Benjamin Keenan, 27, Urbandale, IA	1:34:00	1:34:40	7:34
414	13	M50	Scott Boever, 52, Urbandale, IA	1:34:01	1:38:15	7:34
415	69	M25	Michael Nedved, 26, West Des Moines, IA	1:34:01	1:35:21	7:34
416	92	M30	Brian Powers, 33, St Louis Park, MN	1:34:01	1:35:14	7:34
67	11	W20	Lauren Mapes, 21*, Earlham, IA	1:34:01	1:35:08	7:34
417	6	JrM	Zac Dietrich, 16, West Des Moines, IA	1:34:01	1:34:58	7:34



418	93 M30	John Lewachowicz, 33, Douglasville, GA	1:34:02	1:35:03	7:34
419	63 M35	Caleb Hegna, 36, Des Moines, IA	1:34:02	1:34:24	7:34
420	94 M30	Timothy Noonan, 31, Des Moines, IA	1:34:03	1:37:24	7:34
421	7 JrM	Nate Schmitt, 15, West Des Moines, IA	1:34:04	1:34:24	7:34
422	64 M35	Zach Nielsen, 37, Madison, WI	1:34:06	1:34:29	7:34
423	14 M50	Don Cumings, 50, Ankeny, IA	1:34:09	1:34:34	7:34
424	95 M30	David Warner, 32, Council Bluffs, IA	1:34:09	1:34:40	7:34
68	15 W25	Sara Hayes, 28*, Lexington, MO	1:34:09	1:34:27	7:35
425	70 M25	Joel Stam, 25, Pleasant Hill, IA	1:34:10	1:34:29	7:35
426	65 M20	Nathan Warner, 23, Iowa City, IA	1:34:10	1:35:18	7:35
427	66 M20	Jared Dolch, 22, Elliott, IA	1:34:10	1:41:11	7:35
69	1 W55	Patty Croonquist, 55*, Fort Dodge, IA	1:34:11	1:34:19	7:35
428	67 M20	Josh Otten, 22, Waukee, IA	1:34:12	1:37:58	7:35
429	65 M35	Blake Mertz, 37, Morgantown, WV	1:34:13	1:37:14	7:35
430	26 M45	Tim Hart, 45, Johnston, IA	1:34:16	1:34:41	7:35
431	96 M30	Jacob Adams, 34, Ames, IA	1:34:18	1:35:26	7:35
432	27 M45	Scott Greenwood, 45, Des Moines, IA	1:34:18	1:34:43	7:35
70	19 W30	Andrea Slonecker, 32*, Forest City, IA	1:34:19	1:37:13	7:35
433	28 M17	Daniel Talbert, 18, Marshalltown, IA	1:34:19	1:34:43	7:35
434	28 M45	Lance Eaton, 48, Grimes, IA	1:34:20	1:34:51	7:35
71	20 W30	Anne Rierson, 30*, North Liberty, IA	1:34:21	1:35:29	7:35
435	97 M30	Craig Crossland, 31, Urbandale, IA	1:34:23	1:34:54	7:36
436	15 M50	Jeff Perry, 52, Bondurant, IA	1:34:24	1:35:08	7:36
72	16 W25	Mimi Reed, 29*, Urbandale, IA	1:34:25	1:35:16	7:36
437	98 M30	Matthew Becker, 31, Ramsey, MN	1:34:25	1:34:53	7:36
438	99 M30	Burton Joseph, 34, West Des Moines, IA	1:34:25	1:35:25	7:36
439	71 M25	Brandon Long, 25, Saint Paul, MN	1:34:26	1:35:44	7:36
73	9 W35	Rachel Hoger, 38*, Johnston, IA	1:34:26	1:34:53	7:36
440	100 M30	Ryan Foley, 34, Dubuque, IA	1:34:26	1:34:34	7:36
74	12 W20	Brittney Latare, 24*, North Liberty, IA	1:34:27	1:34:27	7:36
75	21 W30	Stephanie Myers, 31*, Ames, IA	1:34:29	1:35:23	7:36
441	29 M45	Mick Lundquist, 49, Ankeny, IA	1:34:29	1:37:54	7:36
442	68 M20	Spencer Elliott, 22, Dysart, IA	1:34:32	1:34:59	7:36
443	69 M20	Kyle McClain, 24, Altoona, IA	1:34:35	1:35:45	7:37
76	22 W30	Stacy Sanders, 30*, Minneapolis, MN	1:34:35	1:35:01	7:37
444	51 M40	Brian Kingery, 44, Indianola, IA	1:34:36	1:38:20	7:37
445	72 M25	Clinton Eshelman, 27, Clive, IA	1:34:36	1:36:20	7:37
77	17 W25	Kate Zimmerman, 27*, Iowa City, IA	1:34:39	1:36:47	7:37
446	73 M25	Shawn Finlen, 26, South Bend, IN	1:34:39	1:36:47	7:37
447	74 M25	Robert Main, 25, Ankeny, IA	1:34:39	1:35:26	7:37
448	8 JrM	Jacob Lensing, 16, Otley, IA	1:34:40	1:36:44	7:37
78	13 W20	Meredith Manning, 24*, Cedar Falls, IA	1:34:41	1:35:09	7:37
449	70 M20	Andrew Quam, 23, Platteville, WI	1:34:41	1:47:42	7:37
450	101 M30	Matt Roberts, 30, Des Moines, IA	1:34:41	1:35:01	7:37
451	102 M30	Tony Ekman, 32, Des Moines, IA	1:34:41	1:35:50	7:37
452	30 M45	Richard Mockobee, 45, Norwalk, IA	1:34:42	1:35:39	7:37
79	2 W55	Andriette Wickstrom, 58*, Storm Lake, IA	1:34:43	1:34:45	7:37
453	103 M30	Adam Casady, 31, West Des Moines, IA	1:34:44	1:34:56	7:37
454	75 M25	Dylan Wagener, 28, Ankeny, IA	1:34:45	1:35:05	7:37
80	3 W55	Tricia McClain, 56*, Altoona, IA	1:34:46	1:35:56	7:37
455	66 M35	Paul Forristall, 38, Altoona, IA	1:34:47	1:35:27	7:38
456	76 M25	Ryan Jaehrling, 26, Ames, IA	1:34:49	1:35:37	7:38
457	71 M20	Colin Judd, 23, Urbandale, IA	1:34:49	1:35:41	7:38
458	77 M25	John Lickteig, 27, Grimes, IA	1:34:49	1:36:09	7:38
459	52 M40	Kevin Sporer, 42, Ankeny, IA	1:34:50	1:35:17	7:38
460	78 M25	Todd Maurer, 26, Ames, IA	1:34:52	1:36:51	7:38
461	104 M30	Adam Frederick, 34, Ankeny, IA	1:34:52	1:35:09	7:38
462	79 M25	Tom Hosack, 28, West Des Moines, IA	1:34:53	1:39:07	7:38
463	80 M25	Jayson Ralston, 26, Cedar Falls, IA	1:34:53	1:35:16	7:38
464	16 M50	Dennis Judd, 52, Urbandale, IA	1:34:55	1:35:48	7:38
465	31 M45	Dan Lozano, 49, Des Moines, IA	1:34:55	1:34:55	7:38
81	14 W20	Ryan Paulaitis, 21*, Ames, IA	1:34:56	1:35:11	7:38
466	105 M30	Luke Steimel, 33, Des Moines, IA	1:34:56	1:35:19	7:38
467	81 M25	Devin Cory, 25, Scottsdale, AZ	1:34:56	1:35:10	7:38
468	67 M35	Chad Bosch, 37, Cedar Rapids, IA	1:35:00	1:35:34	7:39

469	82	M25	Jared Bogaards, 27, Grimes, IA	1:35:03	1:37:27	7:39
470	106	M30	Allen Rogers, 34, Melcher, IA	1:35:04	1:36:05	7:39
471	53	M40	Bikal Adhikari, 40, West Des Moines, IA	1:35:05	1:36:44	7:39
472	107	M30	Manny Garcia, 31, Union, IA	1:35:06	1:35:32	7:39
473	32	M45	Paul Trombino, 46, Johnston, IA	1:35:08	1:35:33	7:39
	82	8	W40 Lori Knights, 40*, Polk City, IA	1:35:09	1:42:13	7:39
474	54	M40	Jon Pena, 40, Grimes, IA	1:35:09	1:35:45	7:39
475	33	M45	Ron Engelhardt, 48, Ankeny, IA	1:35:09	1:35:53	7:39
476	9	M55	Dan Beck, 57, Iowa City, IA	1:35:12	1:35:53	7:40
477	17	M50	Brian Craig, 50, Armstrong, IA	1:35:12	1:36:27	7:40
478	83	M25	Neal Coleman, 28, West Des Moines, IA	1:35:12	1:35:42	7:40
479	68	M35	Jerad Lally, 35, Des Moines, IA	1:35:12	1:35:44	7:40
480	69	M35	Troy Shoen, 35, Huxley, IA	1:35:15	1:40:47	7:40
481	10	M55	Ron Hankins, 57, Polk City, IA	1:35:15	1:35:52	7:40
	83	18	W25 Megan Kelly, 27*, Ankeny, IA	1:35:16	1:41:11	7:40
482	72	M20	Jake Perington, 21, Johnston, IA	1:35:17	1:36:55	7:40
483	108	M30	Matt Renken, 34, Polk City, IA	1:35:17	1:35:38	7:40
484	109	M30	Dave Baitinger, 31, Ankeny, IA	1:35:18	1:36:07	7:40
	84	19	W25 Laura Saar, 27*, Des Moines, IA	1:35:19	1:36:11	7:40
485	55	M40	Greg Thompson, 40, West Des Moines, IA	1:35:21	1:35:42	7:40
	85	20	W25 Heidi Palmer, 28*, Ankeny, IA	1:35:21	1:36:21	7:40
486	70	M35	Deon Wingert, 39, Carroll, IA	1:35:23	1:36:09	7:40
487	56	M40	Dennis Henderson, 40, Pleasant Hill, IA	1:35:23	1:36:38	7:40
488	71	M35	John Jackovin, 39, Johnston, IA	1:35:24	1:35:41	7:41
	86	10	W35 Sandy Williams, 37*, Council Bluffs, IA	1:35:26	1:36:08	7:41
489	18	M50	Robert Larson, 50, Jefferson, IA	1:35:26	1:35:59	7:41
490	73	M20	Thomas Mayberry, 22, Des Moines, IA	1:35:28	1:37:25	7:41
491	57	M40	John Turpen, 44, Woodbury, MN	1:35:28	1:35:36	7:41
492	72	M35	Tom Handorf, 37, Gladbrook, IA	1:35:29	1:37:02	7:41
493	110	M30	Eric Rowley, 31, Des Moines, IA	1:35:29	1:36:14	7:41
494	29	M17	Jeff Hadden, 19, Altoona, IA	1:35:30	1:36:09	7:41
495	58	M40	Roshan Pradhan, 40, West Des Moines, IA	1:35:31	1:36:40	7:41
496	73	M35	Doug Grunst, 38, West Des Moines, IA	1:35:31	1:35:57	7:41
	87	9	W40 Kelly Sorensen, 43*, West Des Moines, IA	1:35:32	1:36:33	7:41
497	59	M40	Chad Borgestad, 41, Urbandale, IA	1:35:32	1:37:41	7:41
	88	10	W40 Deborah Haugh, 44*, Des Moines, IA	1:35:35	1:37:05	7:41
498	74	M35	Jeff Kernan, 35, Omaha, NE	1:35:36	1:48:42	7:41
499	111	M30	Ravi Kolakaluri, 30, Ames, IA	1:35:38	1:36:14	7:42
500	75	M35	Jamie Johll, 39, Fort Dodge, IA	1:35:40	1:36:19	7:42
501	60	M40	Brad Lane, 44, Marshalltown, IA	1:35:41	1:38:30	7:42
502	76	M35	Corey Schneider, 35, Adel, IA	1:35:41	1:35:59	7:42
	89	11	W40 Jill Majeres, 42*, West Des Moines, IA	1:35:44	1:36:11	7:42
503	74	M20	Evan Swanson, 24, Iowa City, IA	1:35:44	1:36:47	7:42
504	112	M30	Michael Morain, 34, Des Moines, IA	1:35:45	1:38:30	7:42
505	61	M40	Kip Heaberlin, 41, Johnston, IA	1:35:48	1:36:17	7:42
	90	11	W35 Carla Kuzynowski, 37*, Ankeny, IA	1:35:49	1:36:23	7:43
506	113	M30	Phillip Cox, 32, Ankeny, IA	1:35:49	1:36:26	7:43
507	34	M45	Bryan Schroeder, 45, Saint Charles, MO	1:35:51	1:36:35	7:43
508	62	M40	Matt Sunde, 40, West Des Moines, IA	1:35:51	1:36:24	7:43
509	84	M25	Matthew Lambert, 27, Ankeny, IA	1:35:52	1:47:46	7:43
510	77	M35	Adam Grier, 38, Williamsburg, IA	1:35:52	1:37:19	7:43
511	114	M30	Michael Reed, 32, Urbandale, IA	1:35:53	1:36:45	7:43
512	115	M30	Dan Engstler, 34, Slater, IA	1:35:53	1:36:40	7:43
	91	15	W20 Meredith Lockin, 20*, Clive, IA	1:35:54	1:36:23	7:43
	92	12	W35 Jacy Downey, 38*, Indianola, IA	1:35:55	1:36:10	7:43
513	116	M30	Phil Embree, 34, Anamosa, IA	1:35:55	1:37:03	7:43
	93	13	W35 Erin Bailey, 39*, Des Moines, IA	1:35:55	1:36:30	7:43
514	78	M35	Scott Hendrickson, 36, Coralville, IA	1:35:56	1:37:33	7:43
515	85	M25	Seth Crouch, 29, Des Moines, IA	1:35:59	1:36:08	7:43
516	79	M35	Gary Stout, 39, Des Moines, IA	1:36:00	1:37:27	7:43
517	80	M35	Michael Fox, 37, Cedar Falls, IA	1:36:00	1:36:34	7:43
518	81	M35	Alex Juergens, 36, Norwalk, IA	1:36:01	1:36:31	7:43
	94	21	W25 Kacie Purl, 29*, Ames, IA	1:36:02	1:37:29	7:44
519	75	M20	Nick Mackie, 21, Grundy Center, IA	1:36:02	1:36:55	7:44
	95	4	W45 Kary Kay Goff, 47*, Eagan, MN	1:36:02	1:37:26	7:44

520	117	M30	Joe Lynn, 33, West Des Moines, IA	1:36:02	1:36:40	7:44
521	118	M30	Michael McGinn, 32, Des Moines, IA	1:36:02	1:36:48	7:44
522	35	M45	Marcus Dunn, 49, Charlotte, NC	1:36:03	1:36:49	7:44
523	119	M30	Daniel Stieler, 31, Nevada, IA	1:36:03	1:37:35	7:44
524	36	M45	Perry Pastir, 47, Corcoran, MN	1:36:04	1:36:53	7:44
525	86	M25	Joseph Timmerman, 29, Oskaloosa, IA	1:36:04	1:39:03	7:44
526	120	M30	Brian Reser, 33, Urbandale, IA	1:36:05	1:38:12	7:44
96	14	W35	Maureen Swenson, 35*, Ankeny, IA	1:36:08	1:36:54	7:44
527	87	M25	Korey Roethler, 27, Overland Park, KS	1:36:08	1:37:46	7:44
528	19	M50	Bill Hansen, 52, Gilbert, IA	1:36:10	1:38:09	7:44
529	121	M30	Brett Myers, 32, Baltimore, MD	1:36:10	1:37:03	7:44
530	82	M35	Tim Micetich, 35, Knoxville, IA	1:36:13	1:37:12	7:44
531	76	M20	Cody Renwanz, 23, Jefferson, IA	1:36:13	1:37:26	7:44
532	37	M45	Mark Scherer, 48, Davenport, IA	1:36:16	1:36:39	7:45
533	63	M40	Mike Ham, 42, Winterset, IA	1:36:17	1:37:00	7:45
97	16	W20	Crystal Nye, 21*, Urbandale, ID	1:36:17	1:36:48	7:45
98	15	W35	Corinne Mattson, 35*, Ames, IA	1:36:18	1:42:20	7:45
99	22	W25	Emily Wilson, 26*, Ames, IA	1:36:19	1:42:21	7:45
100	17	W20	Mackenzie Cahill, 24*, Nevada, IA	1:36:19	1:42:21	7:45
101	16	W35	Justine Calderwood, 36*, Greene, IA	1:36:20	1:39:44	7:45
534	64	M40	Brad Wilkening, 43, Marshalltown, IA	1:36:20	1:38:50	7:45
102	18	W20	Kari Ussery, 23*, Lee's Summit, MO	1:36:24	1:36:51	7:45
535	77	M20	Tyler Olson, 23, Des Moines, IA	1:36:24	1:38:27	7:45
536	122	M30	Jp Hulgán, 32, Perry, IA	1:36:24	1:38:22	7:45
103	23	W25	Allie Lunde, 27*, Urbandale, IA	1:36:25	1:38:15	7:45
537	123	M30	Joe Money Brandstatter, 30, West Des Moines, IA	1:36:26	1:39:03	7:46
104	17	W35	Stephanie Cheney, 38*, Ankeny, IA	1:36:26	1:37:19	7:46
538	38	M45	Kenneth Overton, 45, Des Moines, IA	1:36:27	1:36:59	7:46
105	19	W20	Haley Lewis, 24*, Ankeny, IA	1:36:29	1:37:18	7:46
539	39	M45	Terry Kruse, 45, West Des Moines, IA	1:36:30	1:37:28	7:46
540	78	M20	Eric Queck, 22, Papillion, NE	1:36:30	1:37:44	7:46
541	124	M30	Greg Murphy, 33, Clive, IA	1:36:31	1:37:21	7:46
542	79	M20	John Veencamp, 22, Ames, IA	1:36:33	1:36:47	7:46
106	18	W35	Cary Birdsall, 37*, Huxley, IA	1:36:34	1:37:15	7:46
543	125	M30	Nick Gifford, 32, Pleasant Hill, IA	1:36:35	1:37:17	7:46
544	83	M35	Jason Pewe, 38, Johnston, IA	1:36:35	1:37:57	7:46
545	126	M30	Josh Manning, 33, Pella, IA	1:36:37	1:36:47	7:46
546	40	M45	Randy Siders, 48, Urbandale, IA	1:36:37	1:36:50	7:46
107	19	W35	Darla Davis, 36*, Carroll, IA	1:36:37	1:37:24	7:46
547	11	M55	Tom Heuer, 55, Des Moines, IA	1:36:40	1:37:28	7:47
548	127	M30	Michael O'Donnell, 34, Des Moines, IA	1:36:41	1:50:38	7:47
108	24	W25	Kristen Williams, 29*, Altoona, IA	1:36:41	1:36:59	7:47
109	5	W45	Tami Prescott, 46*, Urbandale, IA	1:36:42	1:37:00	7:47
549	65	M40	Brent Monson, 43, Des Moines, IA	1:36:43	1:37:22	7:47
110	25	W25	Lindsay Schaefer, 29*, Springfield, MO	1:36:45	1:38:02	7:47
550	84	M35	Aaron Radtke, 38, Clive, IA	1:36:45	1:37:57	7:47
111	20	W20	Ashley Hibbert, 23*, Des Moines, IA	1:36:45	1:38:03	7:47
112	4	W17	Alexa Vander Leest, 17*, Lynnville, IA	1:36:48	1:38:57	7:47
551	85	M35	Justin Hyde, 35, Des Moines, IA	1:36:50	1:37:16	7:47
113	12	W40	Janell Kallenbach, 40*, Norwalk, IA	1:36:50	1:38:43	7:47
552	88	M25	Paul O'Kane, 25, North Liberty, IA	1:36:50	1:37:50	7:47
114	5	W17	Cassidy Gornick, 17*, Norwalk, IA	1:36:52	1:37:12	7:48
553	128	M30	Jeffrey Hatlevig, 34, Urbandale, IA	1:36:52	1:38:23	7:48
115	13	W40	Amy Burgess, 42*, Urbandale, IA	1:36:54	1:37:39	7:48
554	30	M17	Zachary Cain, 19, Ankeny, IA	1:36:56	1:38:51	7:48
116	20	W35	Amy Miller, 37*, Grinnell, IA	1:36:57	1:38:22	7:48
555	89	M25	Derek Swanson, 26, West Des Moines, IA	1:36:58	1:37:33	7:48
556	20	M50	Kevin Allen, 52, Des Moines, IA	1:36:59	1:37:18	7:48
557	129	M30	Chris Hutchinson, 33, Ankeny, IA	1:37:00	1:39:07	7:48
117	21	W20	Allie McFayden, 22*, Omaha, NE	1:37:01	1:45:48	7:48
118	14	W40	Julie Schultz, 41*, Creston, IA	1:37:02	1:38:04	7:48
119	23	W30	Kathryn Wharton, 32*, Johnston, IA	1:37:02	1:40:45	7:48
558	130	M30	Greg Cregeen, 30, Ames, IA	1:37:03	1:38:17	7:48
559	86	M35	Matt Reiter, 35, West Des Moines, IA	1:37:04	1:37:47	7:49

560	131	M30	Eustace Spaine, 32, West Des Moines, IA	1:37:04	1:37:44	7:49
561	66	M40	Dan Brink, 42, Ankeny, IA	1:37:06	1:39:34	7:49
562	132	M30	Paul Fisher, 31, Hinsdale, IL	1:37:06	1:41:42	7:49
563	90	M25	Elijah Schwake, 29, Charles City, IA	1:37:07	1:38:30	7:49
564	91	M25	Peter Wolf, 28, Des Moines, IA	1:37:08	1:38:00	7:49
120	24	W30	Jodi Sunderman, 32*, Des Moines, IA	1:37:08	1:37:43	7:49
565	67	M40	Bryan Trout, 43, Ankeny, IA	1:37:08	1:37:30	7:49
121	26	W25	Patricia Keane, 29*, Sioux City, IA	1:37:08	1:38:02	7:49
566	133	M30	Jared Otte, 31, Waukee, IA	1:37:09	1:37:26	7:49
567	21	M50	Mark Iles, 50, Clive, IA	1:37:10	1:39:16	7:49
568	41	M45	Keith Laube, 46, Newton, IA	1:37:10	1:37:22	7:49
122	15	W40	Lori DeVries, 40*, Newton, IA	1:37:12	1:37:35	7:49
569	2	M60	Michael Tometich, 61, Mount Pleasant, IA	1:37:12	1:37:37	7:49
570	42	M45	Kevin Cline, 46, Grimes, IA	1:37:13	1:37:46	7:49
571	134	M30	Joe McAwsome, 31, Clive, IA	1:37:13	1:37:32	7:49
123	27	W25	Monica Capper, 29*, Altoona, IA	1:37:14	1:38:08	7:49
124	22	W20	Cayla Taylor, 22*, Fort Dodge, IA	1:37:15	1:38:11	7:49
572	80	M20	Matt Dalton, 21, Des Moines, IA	1:37:15	1:39:12	7:49
573	92	M25	Jordan Kappos, 28, Urbandale, IA	1:37:16	1:50:21	7:50
125	25	W30	Melissa Crossland, 32*, Urbandale, IA	1:37:16	1:38:20	7:50
126	21	W35	Julie Grove, 38*, Ellsworth, IA	1:37:17	1:38:51	7:50
574	87	M35	Matt Jackson, 36, Des Moines, IA	1:37:19	1:37:48	7:50
575	81	M20	Luke Johnson, 24, Marshalltown, IA	1:37:20	1:40:19	7:50
576	93	M25	Ryan Kenkel, 26, West Des Moines, IA	1:37:21	1:38:10	7:50
577	135	M30	Joel Otte, 33, West Des Moines, IA	1:37:22	1:38:45	7:50
578	88	M35	William Fenske, 36, Des Moines, IA	1:37:22	1:38:09	7:50
579	3	M60	Gregory Chlebicki, 63, Des Moines, IA	1:37:23	1:37:59	7:50
580	31	M17	Brett Merseal, 19, Ames, IA	1:37:25	1:38:47	7:50
581	9	JrM	Ross Miller, 16, Ia, IA	1:37:26	1:38:53	7:50
582	68	M40	Eric Jaskolka, 42, West Des Moines, IA	1:37:26	1:38:18	7:50
583	69	M40	Donovan Fuhs, 41, Urbandale, IA	1:37:27	1:38:23	7:50
127	6	W17	Kerigan Thompson, 19*, Johnston, IA	1:37:27	1:39:38	7:50
584	43	M45	Jerry Beenken, 47, Humboldt, IA	1:37:27	1:37:43	7:50
128	26	W30	Brynn Richardson, 33*, Ames, IA	1:37:28	1:37:48	7:51
585	136	M30	Kyle Johnson, 34, Altoona, IA	1:37:28	1:38:36	7:51
586	22	M50	Craig Edmondson, 53, Boone, IA	1:37:29	1:37:40	7:51
587	82	M20	Kyle Herink, 24, Des Moines, IA	1:37:30	1:39:31	7:51
129	27	W30	Darbie McMahon, 31*, West Des Moines, IA	1:37:30	1:39:53	7:51
588	44	M45	Michael Kato, 45, West Des Moines, IA	1:37:30	1:38:34	7:51
589	137	M30	Jess Dobbs, 34, Eagle Grove, IA	1:37:32	1:38:43	7:51
130	23	W20	Ali Meyer, 23*, West Des Moines, IA	1:37:32	1:37:54	7:51
590	138	M30	Jeff Mayrose, 32, Waterloo, IA	1:37:32	1:38:05	7:51
591	139	M30	Matthew Stock, 32, Ames, IA	1:37:33	1:39:36	7:51
592	70	M40	Brian Rumelhart, 40, Ankeny, IA	1:37:34	1:38:19	7:51
131	28	W30	Melissa Bishop, 32*, Cedar Rapids, IA	1:37:34	1:38:15	7:51
593	71	M40	Brian Peppenger, 43, Grimes, IA	1:37:34	1:38:35	7:51
594	4	M60	Mark Hanson, 60, Ankeny, IA	1:37:35	1:38:06	7:51
595	140	M30	Brady Hogan, 32, Des Moines, IA	1:37:35	1:39:42	7:51
596	12	M55	Pete Sandler, 58, West Des Moines, IA	1:37:36	1:37:52	7:51
597	83	M20	David Arends, 22, Ankeny, IA	1:37:37	1:39:05	7:51
132	28	W25	Michelle Moeller, 29*, Ankeny, IA	1:37:37	1:39:48	7:51
598	32	M17	Austin McCool, 18, State Center, IA	1:37:39	1:37:42	7:51
599	94	M25	Tyler Edwards, 28, Iowa City, IA	1:37:40	1:45:55	7:51
133	22	W35	Erin Kouri, 36*, Urbandale, IA	1:37:41	1:39:41	7:52
600	141	M30	Maurice Murenzi, 32, Des Moines, IA	1:37:41	1:37:58	7:52
601	45	M45	Brad Springer, 48, Cumming, IA	1:37:42	1:39:12	7:52
602	95	M25	Trevor Gehringer, 25, St Marys, IA	1:37:42	1:39:42	7:52
134	16	W40	Kaiti Muelhaupt, 41*, Des Moines, IA	1:37:43	1:43:19	7:52
603	96	M25	Jacob Gingerich, 25, Des Moines, IA	1:37:44	1:50:42	7:52
604	33	M17	Kyle Garretson, 17, Choctaw, OK	1:37:45	1:38:08	7:52
605	23	M50	Tom Mahoney, 54, West Des Moines, IA	1:37:46	1:39:35	7:52
606	46	M45	Dan Laird, 45, Clive, IA	1:37:47	1:38:25	7:52
607	89	M35	Aaron Fopma, 39, Webster City, IA	1:37:47	1:38:42	7:52
608	90	M35	Todd Givens, 37, Des Moines, IA	1:37:48	1:39:27	7:52
135	29	W30	Jill Malloy, 34*, Sioux Falls, SD	1:37:48	1:40:00	7:52

609	97	M25	Andy Ireland, 28, West Des Moines, IA	1:37:48	1:38:23	7:52
610	72	M40	Brian Kinman, 40, Grimes, IA	1:37:49	1:38:43	7:52
611	142	M30	Jeremy Schweitzer, 30, Ames, IA	1:37:49	1:39:49	7:52
612	10	JrM	Colby Judd, 16, Des Moines, IA	1:37:50	1:38:42	7:52
613	24	M50	James Shell, 53, Cedar Rapids, IA	1:37:51	1:39:00	7:52
614	73	M40	David Schuur, 41, Urbandale, IA	1:37:51	1:40:22	7:52
615	98	M25	Jon Olson, 25, Decorah, IA	1:37:51	1:50:53	7:52
136	24	W20	Mackenzie Gray, 21*, Blue Grass, IA	1:37:52	1:38:46	7:52
616	13	M55	Chuck Korte, 58, West Des Moines, IA	1:37:53	1:38:58	7:53
617	143	M30	Chad Steffen, 33, Des Moines, IA	1:37:53	1:38:22	7:53
618	34	M17	John Linde, 18, Waukee, IA	1:37:56	1:38:18	7:53
137	30	W30	Bethany Cochran, 30*, Waukee, IA	1:37:56	1:39:51	7:53
619	144	M30	Adam Foley, 33, Ames, IA	1:37:56	1:39:46	7:53
138	3	W50	Marna Miller, 54*, Urbandale, IA	1:37:58	1:41:01	7:53
139	29	W25	Abbie Vander Maten, 28*, Hull, IA	1:37:59	1:38:55	7:53
620	99	M25	Wade Vander Maten, 27, Hull, IA	1:38:00	1:38:56	7:53
621	145	M30	Drew Aspenson, 30, Urbandale, IA	1:38:02	1:39:03	7:53
622	25	M50	Jeff Peterson, 54, Iowa Falls, IA	1:38:02	1:38:15	7:53
140	31	W30	Lisa Pecina, 34*, Urbandale, IA	1:38:07	1:40:10	7:54
623	100	M25	Jerry Blahut, 29, Ankeny, IA	1:38:07	1:38:16	7:54
141	30	W25	Gwendolyn Kingsbury, 25*, Indianola, IA	1:38:08	1:38:44	7:54
624	91	M35	Chad Truemper, 38, Grimes, IA	1:38:09	1:39:13	7:54
625	92	M35	Jason Lamping, 36, Johnston, IA	1:38:11	1:38:58	7:54
626	84	M20	Ben Carlson, 20, Urbandale, IA	1:38:13	1:39:15	7:54
142	32	W30	Amy Studer, 33*, Waukee, IA	1:38:15	1:40:46	7:54
143	31	W25	Morgan Phipps, 25*, Des Moines, IA	1:38:15	1:39:34	7:54
144	33	W30	Lexi Isaacson, 34*, Des Moines, IA	1:38:15	1:44:21	7:54
627	74	M40	Dan Jansen, 43, Johnston, IA	1:38:16	1:39:20	7:54
628	93	M35	Trenton Powell, 39, Des Moines, IA	1:38:18	1:38:37	7:55
629	101	M25	James Von Gillern, 26, Des Moines, IA	1:38:18	1:38:51	7:55
630	146	M30	Luke Bishop, 33, Cedar Rapids, IA	1:38:18	1:38:59	7:55
145	34	W30	Valerie Smock, 33*, Pella, IA	1:38:19	1:38:29	7:55
631	94	M35	Nathan Hoffert, 38, Washington, IA	1:38:20	1:46:56	7:55
632	85	M20	Aaron Roberts, 20, Audubon, IA	1:38:21	1:38:35	7:55
633	14	M55	John Roberts, 56, Audubon, IA	1:38:21	1:38:35	7:55
634	95	M35	Elmir Karajica, 39, Clive, IA	1:38:23	1:39:08	7:55
635	147	M30	Troy Henrich, 34, Clive, IA	1:38:23	1:39:08	7:55
636	96	M35	Todd Yelland, 37, Williamsburg, IA	1:38:25	1:38:35	7:55
637	148	M30	Michael Wanzek, 34, Ankeny, IA	1:38:25	1:39:00	7:55
638	102	M25	Josh Purcell, 29, Omaha, NE	1:38:26	1:39:41	7:55
639	86	M20	Dilon Flanders, 24, Des Moines, IA	1:38:26	1:39:28	7:55
640	11	JrM	Tyler Bryant, 15, West Des Moines, IA	1:38:26	1:38:46	7:55
641	97	M35	Nathan Davis, 37, Ankeny, IA	1:38:26	1:39:56	7:55
642	98	M35	Jason Uecker, 38, Mingo, IA	1:38:27	1:38:58	7:55
643	99	M35	Chris Ver Meer, 37, Pella, IA	1:38:27	1:39:29	7:55
146	23	W35	Sarah Zinn-Burggraaf, 35*, Clive, IA	1:38:27	1:39:24	7:55
644	75	M40	John Vogelaar, 40, Clive, IA	1:38:27	1:39:24	7:55
645	87	M20	Andy Bernholtz, 24, Ankeny, IA	1:38:27	1:40:23	7:55
646	76	M40	Bill Finnegan, 40, West Des Moines, IA	1:38:28	1:39:27	7:55
147	35	W30	Lisa Ver Meer, 33*, Pella, IA	1:38:28	1:39:29	7:55
647	149	M30	Tim Fencl, 33, Ames, IA	1:38:29	1:40:20	7:55
148	24	W35	Nicole Gebhart, 38*, Ames, IA	1:38:29	1:40:20	7:55
149	36	W30	Emily Scanlon, 30*, Clive, IA	1:38:29	1:41:28	7:55
648	26	M50	Scott Kersten, 51, Wichita, KS	1:38:29	1:39:01	7:55
649	27	M50	Todd Kersten, 50, Davenport, IA	1:38:29	1:39:01	7:55
650	100	M35	Zachary Curry, 37, Altoona, IA	1:38:30	1:39:05	7:55
651	28	M50	Brian Wegener, 52, Urbandale, IA	1:38:30	1:51:10	7:56
150	25	W20	Chelsea Johnson, 23*, Norwalk, IA	1:38:31	1:38:31	7:56
652	150	M30	Mark Gelbman, 33, West Des Moines, IA	1:38:32	1:39:13	7:56
151	37	W30	Michelle Meinecke, 31*, Yale, IA	1:38:33	1:40:15	7:56
653	151	M30	Johnny Kurtz, 34, Pleasant Hill, IA	1:38:34	1:40:15	7:56
654	152	M30	Dean Mather, 30, Altoona, IA	1:38:34	1:41:56	7:56
655	77	M40	Chad Erickson, 40, West Des Moines, IA	1:38:34	1:39:23	7:56
656	153	M30	Luke Anderson, 32, West Des Moines, IA	1:38:35	1:41:57	7:56
657	15	M55	Kirk Tibbetts, 58, Urbandale, IA	1:38:36	1:38:53	7:56

152	38	W30	Laura Stock, 31*, Ames, IA	1:38:36	1:40:38	7:56
658	154	M30	Brent Allen, 32, Johnston, IA	1:38:37	1:40:17	7:56
659	78	M40	Michael Kock, 42, Clive, IA	1:38:38	1:39:23	7:56
660	79	M40	Brian Alexander, 40, Edina, MN	1:38:38	1:39:57	7:56
153	26	W20	Molly Rhodes, 22*, Des Moines, IA	1:38:38	1:39:01	7:56
661	80	M40	Todd Robran, 42, Ankeny, IA	1:38:40	1:41:50	7:56
662	101	M35	Kent Wood, 35, Johnston, IA	1:38:40	1:39:32	7:56
663	102	M35	Eugene Frimpong, 39, Norwalk, IA	1:38:41	1:39:41	7:56
664	103	M35	Aaron Siegfried, 39, Grimes, IA	1:38:41	1:39:41	7:56
665	155	M30	Matthew Hamand, 32, Cedar Rapids, IA	1:38:41	1:39:21	7:56
154	27	W20	Laura Hilby, 23*, Johnston, IA	1:38:42	1:39:07	7:56
666	29	M50	James Demmel, 52, Marshalltown, IA	1:38:42	1:40:11	7:56
667	156	M30	Daryl Miller, 33, Des Moines, IA	1:38:45	1:39:12	7:57
668	81	M40	Paul Schlueter, 40, Ankeny, IA	1:38:46	1:39:52	7:57
669	103	M25	Eric Williams, 29, Waukee, IA	1:38:46	1:39:00	7:57
670	104	M25	Ross Sickora, 26, West Des Moines, IA	1:38:46	1:41:32	7:57
155	28	W20	Susie Fiscus, 22*, Beaman, IA	1:38:47	1:43:32	7:57
671	104	M35	Clint Jones, 38, West Des Moines, IA	1:38:47	1:40:05	7:57
156	29	W20	Lauren Maze, 21*, Cedar Rapids, IA	1:38:47	1:39:40	7:57
672	105	M35	Eric Althaus, 36, Shawnee, KS	1:38:47	1:39:56	7:57
673	157	M30	Joshua Tew, 32, Cedar Rapids, IA	1:38:47	1:42:34	7:57
674	158	M30	Clint Cummings, 31, Carroll, IA	1:38:52	1:38:55	7:57
675	47	M45	Jerry Porter, 46, Des Moines, IA	1:38:53	1:40:25	7:57
157	30	W20	Heather Goff, 20*, Eagan, MN	1:38:54	1:40:16	7:57
676	88	M20	Jamin Hitchcock, 24, Kansas City, MO	1:38:56	1:40:36	7:58
677	82	M40	Jim Heidt, 41, West Des Moines, IA	1:38:57	1:40:29	7:58
678	83	M40	Eric Anderson, 40, Webster City, IA	1:38:57	1:39:51	7:58
679	89	M20	Erik Anderberg, 24, Ankeny, IA	1:38:59	1:46:36	7:58
680	105	M25	Vas Shebarshov, 26, Clive, IA	1:38:59	1:40:00	7:58
681	106	M25	Jackson Waechter, 26, Waukee, IA	1:38:59	1:39:49	7:58
158	31	W20	Sarah Dieken, 22*, Dike, IA	1:38:59	1:41:22	7:58
682	159	M30	Mike Ball, 32, Des Moines, IA	1:39:01	1:39:22	7:58
159	25	W35	Holly Wailes, 38*, Atlantic, IA	1:39:01	1:39:44	7:58
683	48	M45	Jeff Andersen, 45, Grimes, IA	1:39:02	1:39:22	7:58
684	84	M40	Christopher West, 41, Des Moines, IA	1:39:03	1:40:10	7:58
685	49	M45	Bruce Goff, 47, Eagan, MN	1:39:04	1:40:29	7:58
160	26	W35	Kelli Brockmann, 37*, Waukee, IA	1:39:05	1:40:06	7:58
161	6	W45	Leslie Schechtman, 49*, Clive, IA	1:39:06	1:41:58	7:58
686	160	M30	Clint Pudenz, 32, Urbandale, IA	1:39:06	1:40:04	7:58
687	107	M25	Jonathan Karch, 25, Coralville, IA	1:39:07	1:40:07	7:58
688	106	M35	Todd McGinnis, 37, Shenandoah, IA	1:39:09	1:40:26	7:59
689	85	M40	Shannon McLaughlin, 42, Norwalk, IA	1:39:09	1:39:27	7:59
690	16	M55	Tim Flowers, 55, Ankeny, IA	1:39:09	1:39:31	7:59
162	32	W25	Constance Eshelman, 27*, West Des Moines, IA	1:39:09	1:40:53	7:59
691	108	M25	Ryan Johnson, 27, Des Moines, IA	1:39:09	1:39:44	7:59
692	109	M25	Scott McNaughton, 27, Iowa City, IA	1:39:11	1:40:03	7:59
693	90	M20	Joseph Gallagher, 24, Ames, IA	1:39:12	1:41:27	7:59
163	32	W20	Jennifer Jorgensen, 23*, Bloomington, IL	1:39:13	1:40:58	7:59
164	33	W25	Allie Marr, 26*, Des Moines, IA	1:39:13	1:40:22	7:59
694	107	M35	Tim Symanietz, 35, Ames, IA	1:39:14	1:40:47	7:59
695	108	M35	Michael Fitch, 38, Des Moines, IA	1:39:14	1:40:47	7:59
696	161	M30	Ryan Jennings, 33, Clarinda, IA	1:39:15	1:39:31	7:59
165	17	W40	Beth Seuferer, 42*, West Des Moines, IA	1:39:15	1:40:05	7:59
166	7	W17	Mallory Carr, 18*, Solon, IA	1:39:15	1:43:39	7:59
697	162	M30	Brian Kroska, 32, Ankeny, IA	1:39:16	1:40:51	7:59
698	86	M40	Brian Stewart, 41, West Des Moines, IA	1:39:16	1:42:55	7:59
699	87	M40	Adam Conn, 41, Urbandale, IA	1:39:17	1:39:35	7:59
700	5	M60	James Mahoney, 63, Elkhorn, NE	1:39:17	1:39:57	7:59
167	39	W30	Missy Henry, 33*, Des Moines, IA	1:39:17	1:41:11	7:59
701	88	M40	Joel Watson, 42, Indianola, IA	1:39:17	1:40:53	7:59
702	109	M35	Antonio Lucero, 38, Denver, CO	1:39:20	1:40:06	7:59
703	163	M30	Josh Berka, 32, Iowa City, IA	1:39:20	1:40:41	8:00
704	110	M25	Doug Lane, 27, Des Moines, IA	1:39:21	1:41:17	8:00
705	50	M45	Andy Lumadue, 47, Clive, IA	1:39:22	1:39:52	8:00

168	27	W35	Kendra Lerdal, 35*, Ankeny, IA	1:39:22	1:41:08	8:00
706	111	M25	Dana Eimers, 26, Windsor Heights, IA	1:39:24	1:41:06	8:00
707	12	JrM	Colton Pickering, 15, Eagle Grove, IA	1:39:25	1:40:00	8:00
708	17	M55	Brad Ewest, 59, Ankeny, IA	1:39:25	1:40:10	8:00
169	34	W25	Danielle Leo, 27*, Ankeny, IA	1:39:25	1:39:25	8:00
709	164	M30	Craig Montgomery, 30, West Des Moines, IA	1:39:27	1:40:56	8:00
710	112	M25	Thomas Jones, 28, Elkridge, MD	1:39:27	1:49:05	8:00
170	40	W30	Vicky Hayes, 32*, Grimes, IA	1:39:27	1:42:14	8:00
711	51	M45	Alan Alberto, 48, Urbandale, IA	1:39:28	1:41:36	8:00
712	52	M45	David Jordan, 46, Indianola, IA	1:39:29	1:40:13	8:00
713	1	M65	John Schneller, 69, West Des Moines, IA	1:39:30	1:40:02	8:00
714	53	M45	Scott Meyer, 48, Pella, IA	1:39:31	1:39:42	8:00
715	165	M30	Garry Waldon, 32, Des Moines, IA	1:39:31	1:39:39	8:00
716	54	M45	Jeff Osmundson, 48, Ankeny, IA	1:39:31	1:40:03	8:00
171	41	W30	Kiley Mars, 34*, West Des Moines, IA	1:39:32	1:40:35	8:01
717	30	M50	David Kizzier, 51, Urbandale, IA	1:39:33	1:41:11	8:01
172	35	W25	Krista Albright, 25*, Lytton, IA	1:39:34	1:39:56	8:01
718	13	JrM	Bryce Rogers, 15, Fort Dodge, IA	1:39:34	1:40:42	8:01
173	28	W35	Molly Halverson, 35*, Des Moines, IA	1:39:34	1:41:06	8:01
719	31	M50	Dan Dall, 51, Solon, IA	1:39:34	1:43:03	8:01
174	42	W30	Jessica Humphrey, 31*, Kansas City, KS	1:39:35	1:44:58	8:01
175	29	W35	Missy Reynolds, 37*, Forest City, IA	1:39:35	1:42:29	8:01
176	36	W25	Denise Eslinger, 27*, Johnston, IA	1:39:35	1:41:46	8:01
177	37	W25	Tara King, 29*, Overland Park, KS	1:39:36	1:41:47	8:01
720	110	M35	Tom Hendricks, 36, Des Moines, IA	1:39:38	1:40:51	8:01
178	30	W35	Amy Piercy, 38*, North Liberty, IA	1:39:39	1:43:46	8:01
179	31	W35	Lisa Benton, 36*, North Liberty, IA	1:39:40	1:43:46	8:01
721	55	M45	Don Arends, 49, Newton, IA	1:39:42	1:40:12	8:01
722	113	M25	Paul Levy, 28, Grinnell, IA	1:39:42	1:43:49	8:01
180	38	W25	Kim Pfannebecker, 26*, Des Moines, IA	1:39:43	1:40:57	8:01
723	111	M35	Riley Butler, 35, Bondurant, IA	1:39:43	1:40:11	8:01
724	89	M40	David Basile, 41, West Des Moines, IA	1:39:44	1:41:09	8:01
725	114	M25	Chester Aliga, 27, Iowa City, IA	1:39:46	1:45:10	8:02
726	18	M55	Daniel Foley, 56, Belle Plaine, IA	1:39:46	1:40:44	8:02
181	8	W17	Emily Wignall, 18*, Creston, IA	1:39:47	1:49:09	8:02
727	166	M30	Jon Titus, 34, Omaha, NE	1:39:48	1:40:31	8:02
728	90	M40	Philip Behrends, 40, Des Moines, IA	1:39:48	1:41:27	8:02
729	91	M40	Mike Gardner, 43, Ankeny, IA	1:39:48	1:40:18	8:02
730	91	M20	Ajdin Hedzic, 24, Ankeny, IA	1:39:49	1:41:14	8:02
731	92	M20	Matthew Lee, 22, Ames, IA	1:39:50	1:41:56	8:02
182	43	W30	Missy McConville, 34*, Norwalk, IA	1:39:51	1:41:44	8:02
732	92	M40	Jeff Wamser, 41, Pleasant Hill, IA	1:39:51	1:46:52	8:02
733	112	M35	Lee Simmons, 37, Urbandale, IA	1:39:52	1:41:17	8:02
183	39	W25	Michelle Sexton, 28*, West Branch, IA	1:39:53	1:40:56	8:02
734	19	M55	Jon Jordan, 58, Atlantic, IA	1:39:53	1:40:22	8:02
735	113	M35	Matthew Pross, 35, Johnston, IA	1:39:55	1:40:24	8:02
736	93	M40	Troy Rutz, 40, Johnston, IA	1:39:55	1:41:49	8:02
737	114	M35	Josh Jones, 37, Ankeny, IA	1:39:56	1:40:09	8:02
184	7	W45	Brenda O'Hare, 45*, Ankeny, IA	1:39:57	1:40:34	8:03
738	32	M50	Jeff Short, 50, Garner, IA	1:39:58	1:42:14	8:03
739	94	M40	Roger Selesky, 43, Ankeny, IA	1:39:59	1:40:28	8:03
740	167	M30	Jamin Morgan, 33, Des Moines, IA	1:39:59	1:40:46	8:03
741	115	M35	Nate Geurkink, 35, Urbandale, IA	1:40:04	1:40:49	8:03
742	56	M45	Tom Klotzbach, 47, Decorah, IA	1:40:04	1:40:39	8:03
743	168	M30	Choua Sayaxang, 33, Oskaloosa, IA	1:40:04	1:41:22	8:03
744	116	M35	John Walker, 35, West Des Moines, IA	1:40:04	1:41:02	8:03
745	117	M35	Tim Scheib, 35, Ankeny, IA	1:40:05	1:45:05	8:03
185	40	W25	Tasha Nagel, 26*, Ankeny, IA	1:40:06	1:41:03	8:03
746	115	M25	Jimmy Vowell, 28, West Des Moines, IA	1:40:06	1:41:51	8:03
747	169	M30	Brian Neumayer, 32, Des Moines, IA	1:40:06	1:41:13	8:03
748	118	M35	Jeff Ditsworth, 35, West Des Moines, IA	1:40:09	1:40:54	8:03
749	6	M60	Andrzej Nosek, 61, Des Moines, IA	1:40:11	1:41:56	8:04
750	116	M25	Francisco Ibarra, 27, Lisle, IL	1:40:11	1:43:47	8:04
751	35	M17	Brian Warren, 19, Des Moines, IA	1:40:12	1:41:15	8:04
752	117	M25	Nick McFall, 29, Ankeny, IA	1:40:12	1:43:12	8:04

186	32	W35	Allison Johnson, 38*, Des Moines, IA	1:40:13	1:41:28	8:04
753	170	M30	Joel Anderson, 31, Johnston, IA	1:40:13	1:42:24	8:04
754	93	M20	Thomas Castle, 24, Cedar Rapids, IA	1:40:14	1:42:12	8:04
755	57	M45	Erik Swee, 47, Urbandale, IA	1:40:14	1:41:20	8:04
756	171	M30	Mathew Mann, 31, West Des Moines, IA	1:40:14	1:41:01	8:04
187	2	JrW	Caroline Marnin, 16*, Ames, IA	1:40:14	1:43:19	8:04
188	3	JrW	Zoe Pritchard, 16*, Ames, IA	1:40:15	1:43:20	8:04
189	4	JrW	Claire Dupuis, 15*, Ames, IA	1:40:15	1:43:20	8:04
190	33	W35	Carrie Grant, 35*, Lincoln, NE	1:40:15	1:42:35	8:04
757	172	M30	Derrick Livingston, 32, Adel, IA	1:40:16	1:41:04	8:04
758	118	M25	Elliot Hoff, 25, Ames, IA	1:40:16	1:40:43	8:04
191	34	W35	Julie Spieker, 36*, Urbandale, IA	1:40:17	1:40:51	8:04
192	44	W30	Tara Notz, 33*, Ankeny, IA	1:40:17	1:42:36	8:04
759	94	M20	Dakota Snyder, 20, Charlotte, IA	1:40:17	1:42:36	8:04
760	173	M30	Kevin Crawford, 31, Metamora, IL	1:40:19	1:41:03	8:04
761	174	M30	Eric Riesberg, 33, West Des Moines, IA	1:40:20	1:42:17	8:04
762	119	M25	Samuel Knoblauch, 25, Des Moines, IA	1:40:20	1:42:49	8:04
193	35	W35	Jacqueline Selix, 35*, West Des Moines, IA	1:40:20	1:41:06	8:04
194	41	W25	Nettie Bartel, 28*, Des Moines, IA	1:40:20	1:42:51	8:04
195	42	W25	Alicia Fisher, 28*, Des Moines, IA	1:40:23	1:47:13	8:05
763	95	M20	Christopher Lee, 20, Urbandale, IA	1:40:24	1:41:11	8:05
764	33	M50	Galyn Wiemers, 53, West Des Moines, IA	1:40:25	1:41:19	8:05
196	43	W25	Courtney Huston, 29*, Ankeny, IA	1:40:27	1:41:40	8:05
765	7	M60	Brad Scott, 60, Marion, IA	1:40:28	1:40:34	8:05
766	119	M35	Tom Boettcher, 38, Des Moines, IA	1:40:29	1:41:11	8:05
767	120	M25	Craig Menke, 26, Coralville, IA	1:40:29	1:41:20	8:05
768	175	M30	Travis Bergeson, 31, Waukee, IA	1:40:30	1:42:05	8:05
197	45	W30	Amber Barwin, 33*, Fort Dodge, IA	1:40:32	1:42:03	8:05
769	120	M35	Dan Marshall, 35, Des Moines, IA	1:40:32	1:42:30	8:05
198	46	W30	Memory Eltjes, 33*, Urbandale, IA	1:40:32	1:41:27	8:05
199	47	W30	Kim Hoover, 34*, Urbandale, IA	1:40:32	1:41:27	8:05
200	48	W30	Dani Weisskopf, 32*, Victor, IA	1:40:33	1:42:45	8:05
770	176	M30	Doug Prange, 34, Pella, IA	1:40:33	1:41:02	8:05
771	177	M30	Jake Bates, 33, Earlham, IA	1:40:37	1:41:49	8:06
772	58	M45	Justin Nostrala, 49, Indianola, IA	1:40:37	1:41:45	8:06
773	96	M20	Nicholas McGrath, 24, Cedar Falls, IA	1:40:37	1:42:38	8:06
201	36	W35	Nikki Roetman, 39*, Johnston, IA	1:40:38	1:42:00	8:06
202	33	W20	Jamie Elbert, 22*, Indianola, IA	1:40:39	1:41:15	8:06
203	18	W40	Christine Slania, 40*, Polk City, IA	1:40:41	1:41:36	8:06
774	36	M17	Ben Morrett, 17, Chariton, IA	1:40:41	1:42:55	8:06
775	121	M25	Collin Connett, 27, Des Moines, IA	1:40:42	1:41:20	8:06
204	4	W55	Beth Henriksen, 57*, Ames, IA	1:40:43	1:41:20	8:06
205	44	W25	Katie Larson, 28*, Ottumwa, IA	1:40:43	1:42:11	8:06
776	178	M30	Thomas Kruchten, 33, Johnston, IA	1:40:43	1:51:07	8:06
777	122	M25	Tony Pollastrini, 28, Cedar Falls, IA	1:40:45	1:43:52	8:06
778	179	M30	James Erickson, 33, Marion, IA	1:40:45	1:43:52	8:06
206	37	W35	Stacy Goddard, 38*, Springfield, MO	1:40:45	1:43:24	8:06
207	19	W40	Tricia Vermeer, 41*, Pella, IA	1:40:46	1:42:48	8:06
779	59	M45	John Mehalovich, 47, Shawnee, KS	1:40:46	1:42:34	8:06
208	38	W35	Gabriela Garza, 36*, Brownsville, TX	1:40:47	1:41:24	8:07
780	60	M45	Rob Reicks, 49, Van Meter, IA	1:40:47	1:41:30	8:07
781	34	M50	Andy Smith, 52, Colfax, IA	1:40:48	1:46:15	8:07
782	123	M25	Andrew Springer, 28, Norwalk, IA	1:40:48	1:42:19	8:07
783	124	M25	Mario DeAngelo, 28, Des Moines, IA	1:40:49	1:49:58	8:07
209	34	W20	Cassie Jones, 24*, Omaha, NE	1:40:50	1:42:26	8:07
210	49	W30	Lindy Gasperi, 32*, Grimes, IA	1:40:50	1:42:17	8:07
211	20	W40	Jody Angus, 40*, Johnston, IA	1:40:50	1:41:16	8:07
784	20	M55	Jeffrey Crane, 57, West Des Moines, IA	1:40:51	1:41:32	8:07
212	50	W30	Teri Root, 33*, Phoenix, AZ	1:40:51	1:42:55	8:07
785	35	M50	Jeff Beal, 52, Albia, IA	1:40:52	1:42:49	8:07
786	125	M25	Thomas Meierotto, 29, West Des Moines, IA	1:40:53	1:42:12	8:07
213	9	W17	Whitney Carlson, 19*, Grimes, IA	1:40:53	1:41:12	8:07
787	21	M55	Rick Gubbels, 55, Des Moines, IA	1:40:55	1:41:34	8:07
788	97	M20	Thomas Santacroce, 24, Iowa City, IA	1:40:57	1:41:20	8:07
789	61	M45	Dave Hamilton, 47, Glidden, IA	1:40:57	1:41:58	8:07



214	4	W50	Linda Adams, 53*, Oskaloosa, IA	1:40:58	1:45:17	8:07
215	51	W30	Stephanie Healey, 32*, Norwalk, IA	1:40:58	1:41:39	8:07
790	22	M55	Scott Combs, 59, Aurora, IL	1:41:00	1:42:17	8:08
216	39	W35	Sarah Andersson, 38*, West Des Moines, IA	1:41:02	1:42:29	8:08
791	14	JrM	Mitchell Wiese, 16, 50309, IA	1:41:02	1:48:43	8:08
217	45	W25	Jamilee Noble, 29*, Johnston, IA	1:41:02	1:42:10	8:08
792	126	M25	Samuel Early, 28, Des Moines, IA	1:41:03	1:45:50	8:08
793	180	M30	Jonathan Schoeberl, 31, West Des Moines, IA	1:41:03	1:43:21	8:08
218	40	W35	Heather Yost, 35*, Urbandale, IA	1:41:05	1:42:30	8:08
219	5	JrW	Emma Thayer, 16*, Urbandale, IA	1:41:06	1:42:32	8:08

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794	181	M30	Clint (Ginger) Jessen, 30, Greenfield, IA	1:41:07	1:54:00	8:08
795	182	M30	Matthew Skeens, 31, Des Moines, IA	1:41:09	1:42:14	8:08
796	183	M30	Andy Eagan, 34, Norwalk, IA	1:41:09	1:41:09	8:08
220	10	W17	Dillan Glock, 19*, Ankeny, IA	1:41:10	1:44:21	8:08
797	127	M25	Jeremy Sprecher, 29, Boone, IA	1:41:10	1:42:08	8:08
798	184	M30	Jared VerDught, 30, Ankeny, IA	1:41:10	1:44:36	8:08
221	8	W45	Tammy Greiner, 46*, Rein Beck, IA	1:41:12	1:41:35	8:09
799	36	M50	Dale Knoshaug, 51, Des Moines, IA	1:41:15	1:41:21	8:09
800	121	M35	Ryan Roe, 36, Clive, IA	1:41:16	1:41:48	8:09
801	95	M40	Michael Turck, 42, West Des Moines, IA	1:41:17	1:42:33	8:09
222	41	W35	Monica Radtke, 37*, Clive, IA	1:41:17	1:42:29	8:09
223	35	W20	Ciera Soukup, 24*, Omaha, NE	1:41:17	1:43:14	8:09
224	42	W35	Jennifer Krzak, 35*, West Des Moines, IA	1:41:17	1:42:33	8:09
802	98	M20	Will Meighan, 20, Ankeny, IA	1:41:17	1:43:31	8:09
225	52	W30	Andrea Rothrock, 31*, Ankeny, IA	1:41:18	1:44:06	8:09
803	122	M35	Rob Wadle, 37, Clive, IA	1:41:19	1:42:02	8:09
226	46	W25	Lauren Whitney, 29*, West Des Moines, IA	1:41:20	1:42:48	8:09
804	37	M50	Stewart Baldner, 52, Dallas Center, IA	1:41:20	1:41:52	8:09
805	185	M30	Jeff Stewart, 30, Cedar Falls, IA	1:41:20	1:42:47	8:09
227	9	W45	Sheri Sprung, 49*, Mason City, IA	1:41:21	1:41:42	8:09
228	43	W35	Miriam Hager, 35*, Urbandale, IA	1:41:21	1:42:30	8:09
229	36	W20	Courtney Bruns, 23*, Coralville, IA	1:41:22	1:42:23	8:09
806	38	M50	Michael Cadden, 50, Eden Prairie, MN	1:41:23	1:41:48	8:09
230	44	W35	Jess Heying, 37*, Waverly, IA	1:41:23	1:43:30	8:09
807	96	M40	Donny Suh, 44, West Des Moines, IA	1:41:24	1:41:40	8:09
808	186	M30	Thaddeus Brandt, 31, Urbandale, IA	1:41:24	1:43:08	8:10
809	128	M25	Steven Berkley, 26, Ankeny, IA	1:41:25	1:41:53	8:10
231	53	W30	Liz Mead, 30*, West Des Moines, IA	1:41:28	1:44:30	8:10
810	123	M35	Matt Lazear, 38, Ankeny, IA	1:41:29	1:46:15	8:10
232	45	W35	Macenzie Rubin, 35*, Ankeny, IA	1:41:30	1:43:56	8:10
233	46	W35	Jennifer Machan, 37*, Ankeny, IA	1:41:31	1:42:55	8:10
811	97	M40	Matthew Riggs, 41, Phoenix, AZ	1:41:32	1:42:10	8:10
812	129	M25	Matt Sales, 29, Des Moines, IA	1:41:33	1:44:36	8:10
234	10	W45	Joan Christie, 46*, Lombard, IL	1:41:33	1:41:58	8:10
813	62	M45	Ken Christie, 48, Lombard, IL	1:41:34	1:41:58	8:10
814	63	M45	Eric M. Peterson, 45, Boone, IA	1:41:35	1:42:34	8:10
815	99	M20	Nick Shell, 22, Ames, IA	1:41:36	1:42:13	8:10
816	98	M40	Grant Thies, 43, Johnston, IA	1:41:36	1:43:30	8:10
817	187	M30	Cliff Plymesser, 31, Ames, IA	1:41:37	1:43:59	8:11
818	188	M30	Eric Ransom, 33, North Liberty, IA	1:41:38	1:45:43	8:11
819	189	M30	Michael McGuire, 34, Windsor Heights, IA	1:41:38	1:42:27	8:11
820	130	M25	Scott Truka, 29, Urbandale, IA	1:41:39	1:42:40	8:11
235	47	W35	Heather Beam, 36*, Denver, IA	1:41:39	1:43:34	8:11
236	47	W25	Andrea Basche, 29*, Ames, IA	1:41:40	1:43:01	8:11
821	190	M30	Chris Davies, 32, Boone, IA	1:41:40	1:42:04	8:11
237	5	W50	Rose Wignall, 52*, Creston, IA	1:41:40	1:51:01	8:11
822	100	M20	Taylor Wilkerson, 22, Adel, IA	1:41:43	1:43:24	8:11
823	64	M45	David Orth, 48, Ames, IA	1:41:44	1:43:55	8:11
824	101	M20	Robert Seubert, 21, Washington, IA	1:41:45	1:42:13	8:11
238	48	W25	Stephanie Reynolds, 28*, Norwalk, IA	1:41:45	1:42:51	8:11
825	131	M25	William Hegwein, 28, Des Moines, IA	1:41:45	1:42:27	8:11

826	124	M35	Cory Sinclair, 38, Indianola, IA	1:41:46	1:42:57	8:11
239	49	W25	Shelby Howell, 28*, Clive, IA	1:41:46	1:42:51	8:11
827	125	M35	Marty Mitchell, 38, Carlisle, IA	1:41:46	1:42:44	8:11
828	132	M25	Bryan Leitzinger, 27, Norwalk, IA	1:41:46	1:43:25	8:11
829	102	M20	Drew Brown, 22, Urbandale, IA	1:41:47	1:42:39	8:11
240	37	W20	Merideth McFarland, 23*, Iowa City, IA	1:41:47	1:42:57	8:11
241	5	W55	Jane Wickman, 59*, Kellogg, IA	1:41:48	1:41:55	8:11
830	65	M45	Bob Luckereth, 47, Jesup, IA	1:41:50	1:42:56	8:12
831	133	M25	Mark Parrish, 26, West Des Moines, IA	1:41:50	1:44:51	8:12
832	99	M40	Mike Hershberger, 41, Ankeny, IA	1:41:50	1:42:15	8:12
242	48	W35	Kelly Ricketts, 37*, Muscatine, IA	1:41:51	1:43:40	8:12
833	103	M20	Kyle Lear, 24, Omaha, NE	1:41:51	1:42:14	8:12
834	134	M25	Brandon McNace, 26, Adel, IA	1:41:51	1:42:17	8:12
835	104	M20	Jeremy Reinert, 22, Indianola, IA	1:41:52	1:42:28	8:12
836	8	M60	Sam Fisher, 64, Boone, IA	1:41:52	1:43:35	8:12
837	66	M45	Daniel Patino, 47, Creston, IA	1:41:52	1:42:43	8:12
838	191	M30	Thang Chau, 30, Des Moines, IA	1:41:53	1:44:55	8:12
839	105	M20	Kyle Davy, 24, Des Moines, IA	1:41:53	1:43:41	8:12
840	100	M40	Torrey Martin, 40, Fairbank, IA	1:41:54	1:42:57	8:12
841	192	M30	Cory Reiersen, 32, Ames, IA	1:41:56	1:44:06	8:12
243	38	W20	Elizabeth Buckles, 24*, Des Moines, IA	1:41:57	1:42:50	8:12
842	106	M20	Kevin Nennig, 24, San Francisco, CA	1:41:58	1:42:11	8:12
843	23	M55	Michael Wheelock, 57, Ames, IA	1:41:58	1:43:51	8:12
844	37	M17	Sean Cook, 17, Newton, IA	1:41:58	1:44:45	8:12
845	193	M30	Matthew Bockes, 32, Clive, IA	1:41:59	1:42:47	8:12
244	49	W35	Heidi Wauters, 38*, Belle Plaine, IA	1:42:00	1:42:00	8:12
245	21	W40	Stacy Woodward, 43*, Ames, IA	1:42:00	1:43:27	8:12
846	101	M40	Tom Trygstad, 41, Clive, IA	1:42:01	1:45:14	8:13
847	39	M50	Steve Rossler, 53, Newton, IA	1:42:03	1:42:26	8:13
848	40	M50	Jeffery Feder, 52, Norwalk, IA	1:42:04	1:42:16	8:13
849	102	M40	Eric Kallem, 42, Dallas Center, IA	1:42:04	1:43:25	8:13
246	54	W30	Laurie McNeley, 33*, West Des Moines, IA	1:42:05	1:43:48	8:13
247	55	W30	Jess Manning, 33*, Pella, IA	1:42:05	1:42:15	8:13
248	50	W25	Jenna Muller, 26*, Dubuque, IA	1:42:05	1:43:39	8:13
850	15	JrM	Grant Osborn, 16, Newton, IA	1:42:06	1:44:55	8:13
249	22	W40	Heidi Brown, 43*, Sheldon, IA	1:42:06	1:44:44	8:13
851	41	M50	Darren Knopic, 50, Des Moines, IA	1:42:06	1:43:19	8:13
852	103	M40	William Frost, 41, Lakeville, MN	1:42:07	1:42:33	8:13
853	126	M35	Chad Sparks, 38, Mingo, IA	1:42:07	1:43:02	8:13
854	135	M25	Sony Sithonnorath, 26, Des Moines, IA	1:42:07	1:51:46	8:13
855	107	M20	Nathan Donahue, 21, Des Moines, IA	1:42:07	1:43:57	8:13
250	50	W35	Lindzy Bjork, 36*, Clive, IA	1:42:07	1:44:20	8:13
251	56	W30	Ashley Maher, 31*, Des Moines, IA	1:42:08	1:45:11	8:13
252	23	W40	Lisa Hovey, 41*, Urbandale, IA	1:42:08	1:43:30	8:13
253	39	W20	Sarah Carstens, 24*, Johnston, IA	1:42:10	1:44:16	8:13
856	136	M25	John Wilson, 28, Nevada, IA	1:42:11	1:44:55	8:13
857	137	M25	Brent Behrens, 26, Des Moines, IA	1:42:11	1:42:46	8:13
254	57	W30	Jessica Rezac, 34*, Ia, IA	1:42:11	1:43:27	8:13
858	194	M30	Quincy Beck, 33, Urbandale, IA	1:42:12	1:42:45	8:13
859	127	M35	Brendan McCallum, 38, Des Moines, IA	1:42:13	1:44:38	8:13
255	58	W30	Jessica Lawson, 32*, West Des Moines, IA	1:42:13	1:46:16	8:13
256	59	W30	Trisha Joseph, 33*, West Des Moines, IA	1:42:16	1:42:52	8:14
257	40	W20	Jess Lamb, 23*, Creston, IA	1:42:17	1:44:23	8:14
258	51	W35	Sara Schwendinger, 36*, Des Moines, IA	1:42:18	1:43:38	8:14
259	60	W30	Tiffany Ingersoll, 33*, Ankeny, IA	1:42:19	1:43:03	8:14
860	138	M25	Cole Kent, 27, Cedar Falls, IA	1:42:20	1:48:59	8:14
260	11	W45	Robin Riggins, 46*, Urbandale, IA	1:42:21	1:42:46	8:14
861	67	M45	Michael McCulloch, 46, Sioux Falls, SD	1:42:21	1:43:10	8:14
862	24	M55	Paul Barrows, 57, Urbandale, IA	1:42:21	1:43:04	8:14
261	61	W30	Sonya Miller, 32*, Ankeny, IA	1:42:22	1:43:48	8:14
863	128	M35	Jason Pentico, 39, Pella, IA	1:42:23	1:44:27	8:14
864	129	M35	Scott Hansen, 35, Charles City, IA	1:42:23	1:44:19	8:14
262	51	W25	Kimberly Humpal, 26*, Iowa City, IA	1:42:23	1:51:58	8:14
263	12	W45	Cindy Gress, 49*, Bellevue, NE	1:42:26	1:42:45	8:15
865	195	M30	Mathew Pinckney, 34, Urbandale, IA	1:42:27	1:44:00	8:15

866	139	M25	Steven Dillavou, 27, Waterloo, IA	1:42:29	1:42:45	8:15
264	11	W17	Abby Braida, 19*, Chariton, IA	1:42:29	1:44:01	8:15
265	52	W25	Tara Wachendorf, 25*, North Liberty, IA	1:42:30	1:43:15	8:15
867	140	M25	Kaleb Pergande, 29, Marshalltown, IA	1:42:30	1:50:47	8:15
868	104	M40	Heath Rhinehart, 40, Conrad, IA	1:42:30	1:50:47	8:15
869	196	M30	Armondo Bohn, 34, Carroll, IA	1:42:30	1:47:22	8:15
870	105	M40	Jeff Jamison, 41, Emmetsburg, IA	1:42:31	1:43:38	8:15
871	68	M45	Michael Sturtz, 45, Indianola, IA	1:42:31	1:42:56	8:15
872	108	M20	Bryce Sprosty, 22, Des Moines, IA	1:42:32	1:48:24	8:15
266	52	W35	Shannon Strickler, 35*, Grimes, IA	1:42:33	1:43:50	8:15
873	9	M60	Al Hildestad, 63, Des Moines, IA	1:42:33	1:43:26	8:15
267	62	W30	Melissa Grandon, 32*, Waukee, IA	1:42:34	1:43:46	8:15
874	69	M45	Mark Cutler, 46, Cedar Rapids, IA	1:42:35	1:43:26	8:15
875	106	M40	Josh Stoffel, 42, Norwalk, IA	1:42:38	1:43:44	8:15
268	53	W25	Michelle Duncalf, 27*, Ankeny, IA	1:42:38	1:47:59	8:15
876	130	M35	John Huttemier, 39, Waseca, MN	1:42:41	1:45:21	8:16
877	131	M35	Scott Weldon, 37, Johnston, IA	1:42:41	1:45:10	8:16
878	38	M17	Jacob Freitag, 17, Little Falls, MN	1:42:41	1:44:28	8:16
269	53	W35	Jody Lennon, 35*, Ft. Dodge, IA	1:42:41	1:43:19	8:16
270	54	W25	Summer Ney, 27*, Rosemount, MN	1:42:42	1:43:46	8:16
879	70	M45	Mike Loss, 47, Omaha, NE	1:42:42	1:45:40	8:16
880	42	M50	Dan Adamson, 52, Creston, IA	1:42:42	1:47:02	8:16
271	54	W35	Stephanie Hoepfer, 38*, North Liberty, IA	1:42:42	1:47:09	8:16
272	24	W40	Pam Pitz, 44*, Clive, IA	1:42:45	1:44:54	8:16
273	55	W35	Jenni Barp, 39*, Johnston, IA	1:42:45	1:44:38	8:16
881	39	M17	Edward Halbur, 18, Guthrie Center, IA	1:42:46	1:43:34	8:16
274	12	W17	Therese Frels, 18*, Guthrie Center, IA	1:42:47	1:43:35	8:16
882	107	M40	Chris Butler, 44, Urbandale, IA	1:42:47	1:44:00	8:16
275	13	W45	Leah Tokheim, 49*, Johnston, IA	1:42:48	1:44:11	8:16
276	56	W35	Kelly Hancock, 36*, Ankeny, IA	1:42:48	1:43:22	8:16
883	132	M35	Jeff Jones, 38, West Des Moines, IA	1:42:50	1:44:22	8:16
884	133	M35	Jason Lauterbach, 37, Newton, IA	1:42:51	1:44:00	8:17
885	43	M50	Mark R Blake, 53, Polk City, IA	1:42:51	1:44:46	8:17
886	197	M30	Jason Dabroski, 34, Marion, IA	1:42:51	1:44:52	8:17
277	55	W25	Stephanie Majeran, 29*, Urbandale, IA	1:42:52	1:44:12	8:17
887	134	M35	Ethan Huisman, 38, West Des Moines, IA	1:42:52	1:43:48	8:17
888	44	M50	Mark Brownell, 52, Ankeny, IA	1:42:53	1:49:52	8:17
889	135	M35	Matt Hillis, 36, Clive, IA	1:42:53	1:43:28	8:17
890	109	M20	Patrick Lahart, 20, Cedar Falls, IA	1:42:54	1:45:08	8:17
278	63	W30	McKinsey Gonder, 31*, Humboldt, IA	1:42:55	1:43:51	8:17
279	57	W35	Krista Cooley, 36*, West Des Moines, IA	1:42:57	1:44:59	8:17
280	14	W45	Diane Nelson, 47*, Ankeny, IA	1:42:58	1:44:04	8:17
281	58	W35	Becky Krieg, 35*, West Des Moines, IA	1:42:58	1:45:00	8:17
891	141	M25	Mitch Zmolek, 29, Cedar Rapids, IA	1:43:00	1:45:40	8:17
282	64	W30	Stacie Merta, 34*, Marion, IA	1:43:00	1:43:04	8:17
892	71	M45	James Fredregill, 49, Cumming, IA	1:43:01	1:43:22	8:17
283	25	W40	Jenny Sinclair, 41*, Carlisle, IA	1:43:02	1:44:01	8:17
284	65	W30	Crystal Hoffman, 31*, West Des Moines, IA	1:43:04	1:44:57	8:18
893	136	M35	Ryan Loftin, 36, Omaha, NE	1:43:04	1:44:20	8:18
894	108	M40	Jeff Sandvig, 40, West Des Moines, IA	1:43:04	1:44:29	8:18
285	66	W30	Kristie Drake, 34*, Johnston, IA	1:43:04	1:55:17	8:18
895	109	M40	Troy Thorson, 42, Pleasant Hill, IA	1:43:05	1:43:44	8:18
286	41	W20	Shellina Herink, 24*, Des Moines, IA	1:43:06	1:45:07	8:18
287	67	W30	Carissa Oltman, 31*, Cedar Rapids, IA	1:43:06	1:44:34	8:18
896	110	M40	Troy Strong, 43, Indianola, IA	1:43:07	1:45:21	8:18
897	198	M30	Jeremy Munter, 33, Ankeny, IA	1:43:07	1:44:30	8:18
288	42	W20	Lindsey Swanson, 24*, West Des Moines, IA	1:43:08	1:44:28	8:18
898	142	M25	Drew Crawford, 28, Norwalk, IA	1:43:08	1:47:57	8:18
899	199	M30	Chad Severin, 33, West Des Moines, IA	1:43:08	1:44:28	8:18
289	68	W30	Cristi Trow Dykstra, 33*, Riverside, IA	1:43:08	1:44:51	8:18
900	200	M30	Casey White, 31, Des Moines, IA	1:43:09	1:43:42	8:18
901	143	M25	Bart Trowbridge, 27, Marshalltown, IA	1:43:11	1:44:30	8:18
290	26	W40	Mary Ducar, 43*, Ankeny, IA	1:43:11	1:44:44	8:18
902	137	M35	Brent Brungardt, 39, Ames, IA	1:43:13	1:45:05	8:18
903	138	M35	Tom Hisler, 39, Ankeny, IA	1:43:13	1:44:13	8:18

904	111	M40	Mike Penningroth, 41, Urbandale, IA	1:43:14	1:44:31	8:18
905	72	M45	Mark Pottebaum, 47, West Des Moines, IA	1:43:14	1:44:48	8:18
291	13	W17	Erin Herink, 19*, Clutier, IA	1:43:15	1:45:16	8:18
906	112	M40	Kyle Cook, 40, Clive, IA	1:43:17	1:46:00	8:19
907	113	M40	Brent Rickabaugh, 41, West Des Moines, IA	1:43:17	1:44:58	8:19
908	144	M25	Brandon Converse, 28, Des Moines, IA	1:43:18	1:49:47	8:19
292	15	W45	Rebecca McIntosh, 48*, Des Moines, IA	1:43:19	1:45:28	8:19
293	59	W35	Meghan Enright, 39*, Davenport, IA	1:43:21	1:45:02	8:19
909	139	M35	Jonathan Scroggs, 36, Ankeny, IA	1:43:21	1:46:31	8:19
910	114	M40	Todd Eschweiler, 42, Johnston, IA	1:43:21	1:44:35	8:19
294	27	W40	Jo Lyn Becton, 40*, Bettendorf, IA	1:43:21	1:45:02	8:19
911	73	M45	Gary Davis, 49, Des Moines, IA	1:43:21	1:47:01	8:19
912	16	JrM	Benjamin Lanham, 15, Urbandale, IA	1:43:22	1:45:20	8:19
913	140	M35	Jeremy Rubin, 36, Ankeny, IA	1:43:22	1:45:49	8:19
295	60	W35	Angie Klobnak, 38*, Des Moines, IA	1:43:23	1:46:46	8:19
914	74	M45	Tosuke Nakamura, 49, West Des Moines, IA	1:43:23	1:45:25	8:19
915	201	M30	Josh Daggett, 31, Des Moines, IA	1:43:23	1:45:06	8:19
916	141	M35	Darin Dowling, 39, Des Moines, IA	1:43:23	1:45:06	8:19
917	202	M30	Justin Daggett, 34, Eagle Grove, IA	1:43:24	1:45:06	8:19
918	145	M25	Jeremiah Daggett, 28, White Bear Lake, MN	1:43:24	1:45:06	8:19
296	69	W30	Heather Anderson, 33*, Ankeny, IA	1:43:25	1:46:37	8:19
919	110	M20	Keaton Hake, 20, Ames, IA	1:43:26	1:45:56	8:19
920	142	M35	Rob Peterson, 35, Urbandale, IA	1:43:28	1:44:48	8:20
297	70	W30	Kimberly Dea, 33*, West Des Moines, IA	1:43:30	1:44:22	8:20
298	71	W30	Kate Berg, 34*, Fontanelle, IA	1:43:30	1:44:48	8:20
921	203	M30	Scott Schroeder, 31, Simi Valley, CA	1:43:30	1:49:30	8:20
299	28	W40	Cathleen Borst, 40*, Carroll, IA	1:43:30	1:44:31	8:20
922	146	M25	Andrew Rosenberger, 27, West Des Moines, IA	1:43:32	1:46:21	8:20
923	143	M35	Bill Ford, 39, Grinnell, IA	1:43:34	1:44:42	8:20
924	111	M20	Mark Graeve, 23, Ankeny, IA	1:43:35	1:44:37	8:20
925	115	M40	Tad McDowell, 42, Ames, IA	1:43:36	1:44:03	8:20
926			28940e9	1:43:37	1:49:49	8:20
300	29	W40	Kim Kent, 43*, Panora, IA	1:43:38	1:45:07	8:20
301	16	W45	Bonnie Orth, 47*, Ames, IA	1:43:40	1:45:51	8:20
302	72	W30	Kristi York, 33*, West Des Moines, IA	1:43:42	1:48:48	8:21
927	147	M25	Jacob Ritter, 26, Urbandale, IA	1:43:42	1:44:42	8:21
928	75	M45	Jon Kuyers, 45, Pella, IA	1:43:43	1:49:09	8:21
303	30	W40	Holli Thomas, 43*, Mason City, IA	1:43:44	1:46:16	8:21
929	204	M30	Chris Wiltermood, 30, Creston, IA	1:43:44	1:44:16	8:21
304	56	W25	Brittany Maxwell, 26*, Maxwell, IA	1:43:44	1:45:22	8:21
930	205	M30	Jono Lander, 30, Waukee, IA	1:43:44	1:45:02	8:21
931	206	M30	Blair Dickinson, 30, Waukee, IA	1:43:45	1:45:04	8:21
932	2	M65	Dale Andres, 65, West Des Moines, IA	1:43:45	1:43:49	8:21
933	144	M35	Troy King, 38, Ankeny, IA	1:43:45	1:45:05	8:21
305	43	W20	Emily Pudenz, 23*, Iowa City, IA	1:43:45	1:44:43	8:21
934	145	M35	Izaah Knox, 36, Des Moines, IA	1:43:45	1:48:44	8:21
935	146	M35	Ryan Attleson, 39, Waukee, IA	1:43:45	1:45:22	8:21
936	45	M50	James Fuller, 54, Marshalltown, IA	1:43:46	1:44:16	8:21
937	148	M25	Matthew Ganske, 28, Anamosa, IA	1:43:46	1:46:25	8:21
938	149	M25	Samuel Paulson, 25, Des Moines, IA	1:43:46	1:45:20	8:21
306	61	W35	Amy Donner, 37*, Des Moines, IA	1:43:47	1:45:31	8:21
307	57	W25	Erica Reams, 29*, Des Moines, IA	1:43:47	1:49:28	8:21
308	14	W17	Rae Heim, 19*, Des Moines, IA	1:43:48	1:44:41	8:21
309	17	W45	Karen Boettcher, 46*, West Des Moines, IA	1:43:48	1:46:13	8:21
939	46	M50	Lynn Trask, 52, Cedar Falls, IA	1:43:49	1:47:01	8:21
940	40	M17	Tanner Stine, 18, West Des Moines, IA	1:43:49	1:50:18	8:21
941	207	M30	Justin Barrett, 32, Des Moines, IA	1:43:49	1:45:05	8:21
942	147	M35	Ryan Myers, 35, West Des Moines, IA	1:43:49	1:45:45	8:21
310	18	W45	Marilyn Wendell, 48*, Ankeny, IA	1:43:49	1:43:49	8:21
943	25	M55	Mark Miller, 58, West Des Moines, IA	1:43:51	1:44:56	8:21
311	62	W35	Tonia Johnson, 39*, Altoona, IA	1:43:51	1:45:07	8:21
944	116	M40	Jerry Rexroat, 42, Ankeny, IA	1:43:52	1:48:17	8:21
945	208	M30	Thomas Duffy, 34, West Des Moines, IA	1:43:52	1:46:32	8:21
946	150	M25	Joshua Hansen, 27, Sioux Falls, SD	1:43:52	1:45:49	8:21

312	6	W50	Marci Bengen, 51*, Reinbeck, IA	1:43:53	1:45:03	8:22
947	117	M40	Patrick Mattingly, 44, Johnston, IA	1:43:53	1:45:21	8:22
948	47	M50	Scott Thiel, 53, Boone, IA	1:43:54	1:44:53	8:22
313	73	W30	Sarah Paoli, 34*, Des Moines, IA	1:43:56	1:45:38	8:22
314	44	W20	Jessica Ueland, 24*, Fargo, ND	1:43:58	1:56:26	8:22
315	45	W20	Brittany Angell, 23*, West Des Moines, IA	1:43:58	1:52:16	8:22
949	118	M40	Jay Parnau, 41, West Des Moines, IA	1:43:58	1:45:57	8:22
950	112	M20	Brian Smith, 24, Grimes, IA	1:43:58	1:52:16	8:22
316	58	W25	Rikki Southard, 26*, West Des Moines, IA	1:43:59	1:47:00	8:22
951	17	JrM	Cj Schrock, 12, Altoona, IA	1:44:00	1:45:16	8:22
317	31	W40	Jessie Schrock, 42*, Altoona, IA	1:44:00	1:45:16	8:22
318	46	W20	Ashley Peck, 20*, Oswego, IL	1:44:00	1:48:08	8:22
319	47	W20	Emily Linscheid, 20*, Johnston, IA	1:44:01	1:52:11	8:22
952	148	M35	John Barlow, 37, Altoona, IA	1:44:01	1:56:54	8:22
320	74	W30	Jennifer Nading, 34*, Ankeny, IA	1:44:02	1:48:31	8:22
953	149	M35	Jamie Staley, 39, Webster City, IA	1:44:02	1:44:56	8:22
321	32	W40	Sherilyn Rittgers, 40*, Ankeny, IA	1:44:03	1:44:03	8:22
954	48	M50	Thomas Sauer, 53, Ames, IA	1:44:04	1:46:11	8:22
322	7	W50	Melanie Bruck, 50*, Clive, IA	1:44:04	1:44:26	8:22
323	59	W25	Lisa Butler, 29*, Bondurant, IA	1:44:04	1:44:32	8:22
955	151	M25	Jeff Shinrock, 28, Ames, IA	1:44:04	1:57:02	8:22
956	209	M30	Jeffrey Judisch, 32, Clear Lake, IA	1:44:05	1:46:17	8:22
324	33	W40	Mary Jackovin-Bates, 40*, Urbandale, IA	1:44:05	1:45:07	8:22
957	210	M30	Matthew Stodden, 34, Urbandale, IA	1:44:06	1:44:15	8:23
958	211	M30	Chad Hamilton, 32, Fairfield, IA	1:44:07	1:45:58	8:23
959	150	M35	Michael Spieker, 37, Urbandale, IA	1:44:08	1:55:25	8:23
960	212	M30	Garret Kuchenbecker, 34, Black Hawk, SD	1:44:10	1:56:28	8:23
325	48	W20	Alicia Orndorff, 23*, Muscatine, IA	1:44:11	1:47:37	8:23
961	119	M40	Matt Arndt, 42, Clive, IA	1:44:12	1:48:37	8:23
962	213	M30	Justin McDonald, 30, Dubuque, IA	1:44:13	1:47:05	8:23
963	10	M60	Glenn Michael, 63, Glendale, AZ	1:44:14	1:45:12	8:23
326	49	W20	Becky Schulke, 22*, Spener, IA	1:44:14	1:45:01	8:23
964	214	M30	Ben Cox, 31, Altoona, IA	1:44:14	1:45:03	8:23
327	8	W50	Wilma Osmun, 53*, Creston, IA	1:44:14	1:45:32	8:23
965	215	M30	Adam Pirkel, 30, Ia, IA	1:44:15	1:48:33	8:23
328	50	W20	Kristin Riley, 22*, West Des Moines, IA	1:44:17	1:48:36	8:23
329	63	W35	Lilly Le, 37*, Urbandale, IA	1:44:18	1:49:10	8:23
966	216	M30	Wade Long, 34, Coralville, IA	1:44:18	1:49:42	8:23
330	64	W35	Heather Reed, 38*, Carlisle, IA	1:44:18	1:45:38	8:24
331	19	W45	Chris Gorman, 48*, Council Bluffs, IA	1:44:19	1:45:02	8:24
967	217	M30	Mark Moeller, 32, Ankeny, IA	1:44:20	1:46:31	8:24
968	218	M30	Christopher Yarkosky, 30, Albia, IA	1:44:21	1:45:42	8:24
969	152	M25	Brandon MacDougall, 27, Iowa City, IA	1:44:21	1:50:27	8:24
970	153	M25	Wesley Holtkamp, 25, Cedar Rapids, IA	1:44:22	1:47:24	8:24
971	154	M25	Jonathan Bunjer, 27, Marion, IA	1:44:23	1:47:08	8:24
332	65	W35	Jessica Bush, 37*, Norwalk, IA	1:44:23	1:46:17	8:24
333	60	W25	Torey Smith, 26*, Grundy Center, IA	1:44:24	1:45:50	8:24
334	34	W40	Wendy Hanson, 40*, Urbandale, IA	1:44:24	1:46:57	8:24
335	61	W25	Brooke Nelsen, 29*, Ringsted, IA	1:44:25	1:45:40	8:24
336	66	W35	Cynthia Moffitt, 37*, Indianola, IA	1:44:25	1:44:49	8:24
337	62	W25	Holly Barrett, 29*, Des Moines, IA	1:44:26	1:48:30	8:24
972	120	M40	Erik Askelsen, 42, Indianola, IA	1:44:27	1:45:47	8:24
973	121	M40	Tj Bangs, 41, Huxley, IA	1:44:27	1:46:00	8:24
974	122	M40	David Rietz, 40, Huxley, IA	1:44:27	1:46:00	8:24
975	219	M30	Jacob Brower, 30, Johnston, IA	1:44:27	1:47:01	8:24
976	11	M60	Richard Martin, 64, Ames, IA	1:44:29	1:44:57	8:24
338	35	W40	Ami Bolles, 40*, Waukee, IA	1:44:29	1:56:46	8:24
977	76	M45	Gary Thompson, 49, Urbandale, IA	1:44:30	1:46:58	8:24
339	36	W40	Nadine Woods, 40*, Johnston, IA	1:44:30	1:45:51	8:24
978	151	M35	Ben Demuth, 38, Eagle Grove, IA	1:44:32	1:46:38	8:25
979	77	M45	Greg Johnson, 48, Waterloo, IA	1:44:32	1:47:02	8:25
980	41	M17	Justin Borkowski, 17, Iowa Falls, IA	1:44:33	1:46:47	8:25
981	152	M35	Jamie Meis, 38, Des Moines, IA	1:44:35	1:47:29	8:25
340	37	W40	Marcia Corson, 41*, Cedar Falls, IA	1:44:35	1:45:46	8:25
982	220	M30	Darren Thoman, 31, Johnston, IA	1:44:36	1:47:00	8:25

983	113	M20	Nathaniel Kavan, 21, Lincoln, NE	1:44:36	1:46:54	8:25
341	67	W35	Linda McNiell, 38*, Homestead, IA	1:44:37	1:45:55	8:25
984	155	M25	Scott Macvilay, 28, Des Moines, IA	1:44:37	1:57:40	8:25
342	75	W30	Jill LaBounty, 30*, Ankeny, IA	1:44:37	1:45:50	8:25
985	221	M30	Chris Glynn, 32, West Des Moines, IA	1:44:38	1:47:59	8:25
986	222	M30	Adam Hertzke, 30, Des Moines, IA	1:44:38	1:52:14	8:25
343	63	W25	Adrienne Hamilton, 27*, Fort Dodge, IA	1:44:38	1:46:23	8:25
987	223	M30	Tj McGee, 32, Urbandale, IA	1:44:39	1:46:05	8:25
988	49	M50	Jim Hagenbucher, 53, Clive, IA	1:44:39	1:44:55	8:25
344	38	W40	Angela Palen, 42*, Norwalk, IA	1:44:39	1:45:07	8:25
989	78	M45	Matt Palen, 45, Norwalk, IA	1:44:39	1:45:07	8:25
990	156	M25	Sean Freitag, 26, Ames, IA	1:44:40	1:46:27	8:25
991	224	M30	Chris Penney, 30, West Des Moines, IA	1:44:40	1:46:11	8:25
345	68	W35	Lacey Paine, 35*, Urbandale, IA	1:44:42	1:47:31	8:25
992	225	M30	Adam Jones, 33, Grimes, IA	1:44:42	1:46:13	8:25
993	114	M20	David Hosack, 24, Iowa City, IA	1:44:42	1:50:48	8:25
346	76	W30	Robyn Clevenger, 34*, West Des Moines, IA	1:44:43	1:46:45	8:26
994	157	M25	Brett Kluever, 27, Gibbon, NE	1:44:43	1:47:45	8:26
347	77	W30	Jessica McLeran, 32*, Clive, IA	1:44:44	1:46:37	8:26
348	78	W30	Linsey Eiben, 30*, Central City, IA	1:44:45	1:45:46	8:26
349	69	W35	Kim Wilken, 35*, Elkhorn, Ne, Ne	1:44:46	1:52:05	8:26
995	158	M25	John Olson, 29, Des Moines, IA	1:44:48	1:45:18	8:26
996	50	M50	Brian Culich, 50, Des Moines, IA	1:44:50	1:45:47	8:26
997	51	M50	Patrick Walter, 52, Urbandale, IA	1:44:50	1:46:57	8:26
998	123	M40	Blair Smith, 42, Des Moines, IA	1:44:50	1:46:59	8:26
350	51	W20	Abby Johnson, 23*, Gladbrook, IA	1:44:51	1:54:33	8:26
999	124	M40	Joe Meyers, 43, Des Moines, IA	1:44:51	1:47:47	8:26
1000	159	M25	Tony Flatness, 27, West Des Moines, IA	1:44:51	1:45:48	8:26
1001	153	M35	Lyle Erickson, 39, Des Moines, IA	1:44:52	1:47:03	8:26
351	39	W40	Karey Sharar, 40*, Ankeny, IA	1:44:52	1:46:17	8:26
1002	125	M40	Michael Alleman, 41, Ankeny, IA	1:44:53	1:46:54	8:26
1003	126	M40	Perry Xu, 42, Clive, IA	1:44:53	1:46:28	8:26
352	20	W45	Marcey Norland, 45*, Algona, IA	1:44:55	1:47:10	8:26
353	79	W30	Karen Mathes, 30*, Polk City, IA	1:44:55	1:49:55	8:27
1004	115	M20	Derek Snakenberg, 24, Waukee, IA	1:44:56	1:56:51	8:27
354	40	W40	Jon Ferchen, 43*, West Des Moines, IA	1:44:56	1:49:21	8:27
1005	127	M40	James Olson, 40, Dakota Dunes, SD	1:44:56	1:45:25	8:27
1006	226	M30	Jason Trost, 32, Urbandale, IA	1:44:56	1:46:53	8:27
1007	227	M30	Dan Powers, 33, Polk City, IA	1:44:57	1:45:25	8:27
1008	42	M17	Jon Fangman, 17, Carroll, IA	1:44:58	1:51:41	8:27
1009	52	M50	Duke Reichardt, 54, Clive, IA	1:44:58	1:46:43	8:27
355	64	W25	Miranda Boyd, 28*, Marion, IA	1:44:59	1:52:54	8:27
356	65	W25	Elizabeth Vermeer, 29*, Pella, IA	1:45:00	1:48:03	8:27
357	80	W30	Erin Kean, 30*, Ankeny, IA	1:45:00	1:46:56	8:27
1010	79	M45	Dean Hoffman, 47, Ankeny, IA	1:45:01	1:57:09	8:27
1011	154	M35	Andy Schirman, 35, Granger, IA	1:45:02	1:47:01	8:27
1012	26	M55	Greg Madison, 58, Ankeny, IA	1:45:03	1:45:53	8:27
1013	128	M40	Brad Scandrett, 43, Ames, IA	1:45:03	1:47:15	8:27
358	52	W20	Mackenzie Schmitt, 22*, Des Moines, IA	1:45:03	1:48:52	8:27
1014	80	M45	Joel Grabinoski, 48, Armstrong, IA	1:45:04	1:46:19	8:27
359	53	W20	Samantha Ford, 24*, Iowa City, IA	1:45:04	1:48:29	8:27
1015	155	M35	Brian Steward, 35, Urbandale, IA	1:45:04	1:47:01	8:27
1016	27	M55	Calvin Niess, 57, Little Cedar, IA	1:45:05	1:46:17	8:27
1017	160	M25	Michael Peters, 29, West Des Moines, IA	1:45:05	1:47:16	8:27
360	9	W50	Martha Freeman, 50*, Urbandale, IA	1:45:07	1:46:56	8:27
361	66	W25	Sue Bunnell, 27*, Panorama, IA	1:45:07	1:46:38	8:27
362	21	W45	Theresa McClure, 45*, Johnston, IA	1:45:07	1:46:09	8:27
363	67	W25	Jessica Nail, 25*, Panorama, IA	1:45:07	1:46:38	8:27
1018	129	M40	Dave York, 40, Minneapolis, MN	1:45:09	1:45:43	8:28
364	70	W35	Natalie Karpan, 39*, Milwaukee, WI	1:45:10	1:49:16	8:28
365	41	W40	Tonja Goodwin, 40*, Ames, IA	1:45:10	1:47:43	8:28
366	10	W50	Cathy Callan, 53*, Hastings, NE	1:45:10	1:48:32	8:28
367	71	W35	Maggie Nugent, 36*, Adel, IA	1:45:11	1:46:42	8:28
368	81	W30	Sarah Lohmeier, 32*, Des Moines, IA	1:45:12	1:47:06	8:28
1019	228	M30	Asween Mallick, 34, Des Moines, IA	1:45:12	1:46:46	8:28

369	72	W35	Tawnia Martin, 39*, West Des Moines, IA	1:45:12	1:50:41	8:28
1020	229	M30	Tony Vellema, 34, Iowa City, IA	1:45:13	1:58:19	8:28
1021	161	M25	Andy Lloyd, 25, Mason City, IA	1:45:13	1:46:06	8:28
1022	230	M30	Rhino Cox, 30, Anamosa, IA	1:45:13	1:47:26	8:28
1023	231	M30	Jason Steenblock, 31, Ankeny, IA	1:45:14	1:45:34	8:28
370	11	W50	Keri Lewis, 50*, West Des Moines, IA	1:45:15	1:47:44	8:28
371	68	W25	Danielle Campbell, 27*, Waukee, IA	1:45:16	1:48:01	8:28
1024	162	M25	Andy Campbell, 27, Waukee, IA	1:45:16	1:48:01	8:28
372	82	W30	Hayley Nixon, 30*, Urbandale, IA	1:45:17	1:50:42	8:28
1025	232	M30	Grant Crow, 32, Prole, IA	1:45:18	1:47:18	8:28
373	73	W35	Janet Tan, 36*, West Des Moines, IA	1:45:19	1:48:29	8:28
1026	130	M40	Brian Wubben, 42, Clive, IA	1:45:19	1:47:14	8:28
1027	131	M40	Cris Swaim, 40, West Des Moines, IA	1:45:20	1:47:29	8:28
374	83	W30	Sarah Dudley, 30*, Des Moines, IA	1:45:20	1:46:41	8:28
1028	116	M20	Benjamin Dorin, 22, Pleasant Hill, IA	1:45:20	1:45:31	8:29
1029	163	M25	Timothy Glaza, 28, Bloomington, IL	1:45:21	1:56:53	8:29
375	74	W35	Jessica George, 37*, Johnston, IA	1:45:21	1:47:24	8:29
1030	117	M20	Brett Castek, 22, Mason City, IA	1:45:25	1:47:05	8:29
376	84	W30	Beth Davis, 31*, Moulton, IA	1:45:27	1:50:42	8:29
1031	233	M30	Eric Jacobson, 32, Ankeny, IA	1:45:29	1:48:12	8:29
1032	234	M30	Lucas Deardorff, 33, Ames, IA	1:45:30	1:48:13	8:29
1033	235	M30	Jay Tolan, 34, Ankeny, IA	1:45:30	1:46:37	8:29
377	85	W30	Amber Deardorff, 33*, Ames, IA	1:45:31	1:48:13	8:29
1034	236	M30	John Textor, 31, Des Moines, IA	1:45:31	1:50:06	8:29
1035	237	M30	Aaron Blass, 34, Ankeny, IA	1:45:31	1:58:34	8:29
1036	132	M40	Chris Siberz, 42, W. Des Moines, IA	1:45:31	1:50:06	8:29
1037	238	M30	Benjamin Jung, 30, Wausau, WI	1:45:31	1:48:00	8:29
378	86	W30	Kim Long Jungers, 31*, Des Moines, IA	1:45:31	1:57:42	8:29
1038	118	M20	Jarret Sheets, 23, Woodward, IA	1:45:31	1:47:40	8:29
1039	81	M45	Dennis Haney, 45, West Des Moines, IA	1:45:32	1:47:41	8:29
379	54	W20	Shelby Lee, 21*, Pleasant Hill, IA	1:45:32	1:47:41	8:29
1040	119	M20	Bret Carlson, 22, West Des Moines, IA	1:45:32	1:47:09	8:29
1041	82	M45	Greg Schenck, 47, Waukee, IA	1:45:33	1:47:17	8:30
380	42	W40	Shannon Stuart, 41*, Polk City, IA	1:45:34	1:46:01	8:30
1042	83	M45	Rich Pross, 49, Audubon, IA	1:45:35	1:46:06	8:30
1043	239	M30	Luke Weekly, 33, Urbandale, IA	1:45:35	1:46:26	8:30
1044	164	M25	Neil Erickson, 28, Grimes, IA	1:45:35	1:50:29	8:30
1045	133	M40	Ryan Person, 41, Altoona, IA	1:45:36	1:46:50	8:30
381	43	W40	Angela Ihry, 44*, Naperville, IL	1:45:36	1:47:22	8:30
1046	240	M30	Joshua Plank, 31, Des Moines, IA	1:45:36	1:51:33	8:30
382	87	W30	Erin Plank, 30*, Des Moines, IA	1:45:37	1:51:34	8:30
1047	156	M35	Chad Rankin, 38, Des Moines, IA	1:45:37	1:46:01	8:30
383	44	W40	Mickie Rupiper, 43*, Carroll, IA	1:45:37	1:51:35	8:30
1048	241	M30	Mitch Frazier, 30, Urbandale, IA	1:45:38	1:47:57	8:30
1049	242	M30	Evan Noble, 31, Johnston, IA	1:45:38	1:48:25	8:30
1050	43	M17	Sam McGinn, 18, Johnston, IA	1:45:39	1:46:22	8:30
1051	157	M35	Jon Beeman, 36, Johnston, IA	1:45:40	1:46:57	8:30
384	75	W35	Julie Pietig, 35*, Carroll, IA	1:45:40	1:45:58	8:30
385	88	W30	Krista Jepson, 33*, Clive, IA	1:45:41	1:46:56	8:30
1052	84	M45	Brent Pierson, 47, Pella, IA	1:45:41	1:48:01	8:30
1053	12	M60	Roger Heinle, 63, Whiting, IA	1:45:41	1:47:06	8:30
1054	158	M35	Matthew Andres, 38, Ankeny, IA	1:45:42	1:47:08	8:30
386	76	W35	Amy McAllister, 37*, Altoona, IA	1:45:43	1:47:32	8:30
1055	85	M45	Zhanshan Dong, 47, Johnston, IA	1:45:43	1:46:30	8:30
1056	159	M35	Mark Seehase, 36, Sumner, IA	1:45:43	1:58:37	8:30
1057	28	M55	Michael Colwell, 55, Iowa Falls, IA	1:45:43	1:47:02	8:30
387	15	W17	Mary Colwell, 19*, Iowa Falls, IA	1:45:44	1:47:03	8:30
1058	243	M30	Jeremy Ingram, 32, Ankeny, IA	1:45:44	1:47:14	8:30
388	89	W30	Bridget Proctor, 30*, Des Moines, IA	1:45:44	1:47:05	8:30
389	69	W25	Rachel Klobassa, 26*, Waukee, IA	1:45:44	1:47:34	8:30
1059	86	M45	Mark Overton, 48, Des Moines, IA	1:45:46	1:45:46	8:31
390	90	W30	Melissa O'Neil, 33*, Des Moines, IA	1:45:48	1:47:24	8:31
391	91	W30	Katie Goodwin, 32*, Des Moines, IA	1:45:49	1:49:19	8:31
1060	87	M45	Kent Bain, 47, West Des Moines, IA	1:45:49	1:46:44	8:31
1061	160	M35	Jeff Jansen, 39, Ankeny, IA	1:45:49	1:46:14	8:31

392	22	W45	Erin Downs, 45*, Urbandale, IA	1:45:50	1:46:58	8:31
393	77	W35	Nancy Reynolds, 37*, Atlantic, IA	1:45:51	1:47:20	8:31
1062	88	M45	Matt Paglia, 47, Marshalltown, IA	1:45:51	1:46:45	8:31
1063	44	M17	Brandon Aldred, 17, Indianola, IA	1:45:52	1:50:17	8:31
1064	165	M25	Michael Meyer, 27, Norwalk, IA	1:45:52	1:49:29	8:31
394	55	W20	Kendra Kline, 23*, West Des Moines, IA	1:45:53	1:47:06	8:31
1065	166	M25	Rickie Kellar, 29, Council Bluffs, IA	1:45:53	1:49:06	8:31
1066	161	M35	John Buzzoni, 39, Polk City, IA	1:45:54	1:47:03	8:31
395	45	W40	Lisa Krugler, 40*, Des Moines, IA	1:45:54	1:47:41	8:31
1067	120	M20	Drew Stonewall, 24, Van Meter, IA	1:45:54	1:46:36	8:31
396	92	W30	Jill Austin, 34*, Ankeny, IA	1:45:55	1:48:53	8:31
397	78	W35	Kelley Baumhover, 35*, Clive, IA	1:45:57	1:47:12	8:31
398	79	W35	Susanne Kennedy, 36*, Des Moines, IA	1:45:57	1:48:05	8:31
399	93	W30	Kari Bricker, 34*, Ankeny, IA	1:45:57	1:47:47	8:31
1068	244	M30	Jason Oskvig, 30, Ankeny, IA	1:45:57	1:47:50	8:32
400	94	W30	Casy Heggen, 32*, Cumming, IA	1:45:58	1:48:01	8:32
1069	167	M25	Derek Ziesmer, 28, Garner, IA	1:45:58	1:48:27	8:32
401	12	W50	Toni Wiemers, 53*, West Des Moines, IA	1:45:58	1:46:52	8:32
402	70	W25	Katherin Christoffersen, 26*, Forest City, IA	1:45:58	1:48:27	8:32
1070	162	M35	John Fiedler, 36, Altoona, IA	1:45:58	1:50:14	8:32
1071	168	M25	Dave Hodgson, 29, Golden Valley, MN	1:45:58	1:48:32	8:32
1072	169	M25	Brian Laskowski, 29, Des Moines, IA	1:45:58	1:54:56	8:32
1073	170	M25	Stephen Crann, 26, Polk City, IA	1:45:59	1:49:51	8:32
403	71	W25	Maria Lovin, 26*, Marshalltown, IA	1:45:59	1:58:41	8:32
404	72	W25	Jenni Hufford, 25*, Marshalltown, IA	1:46:00	1:58:42	8:32
1074	171	M25	Kelly Wilson, 29, Urbandale, IA	1:46:00	1:47:34	8:32
405	23	W45	Karen Hogan, 45*, Waterloo, IA	1:46:01	1:47:53	8:32
406	46	W40	Danika Vilmont, 40*, Waukee, IA	1:46:02	1:48:33	8:32
407	47	W40	Lori Foster, 43*, Webster City, IA	1:46:03	1:50:27	8:32
408	13	W50	Nadine Sechovec, 50*, Wes Des Moines, IA	1:46:03	1:48:46	8:32
409	73	W25	Lindsey Donahue, 26*, Norwalk, IA	1:46:03	1:47:20	8:32
1075	245	M30	Brad Dains, 33, De Soto, IA	1:46:04	1:53:04	8:32
410	74	W25	Allie Osmundson, 26*, Marshalltown, IA	1:46:04	1:50:06	8:32
1076	13	M60	Galen Wilke, 62, Ames, IA	1:46:04	1:47:41	8:32
1077	134	M40	Brad Blackman, 42, Urbandale, IA	1:46:05	1:48:33	8:32
1078	121	M20	Logan Perleth, 22, Dubuque, IA	1:46:07	1:48:05	8:32
1079	163	M35	Edward Johnson, 36, Cedar Falls, IA	1:46:07	1:48:05	8:32
411	80	W35	Kathy Davis, 35*, Collins, IA	1:46:07	1:48:08	8:32
412	6	W55	Jan Nierling, 55*, Mason City, IA	1:46:07	1:48:21	8:32
413	81	W35	Katie Olson, 36*, Ankeny, IA	1:46:07	1:48:12	8:32
414	95	W30	Shawnae Raymond, 31*, West Des Moines, IA	1:46:08	1:50:08	8:32
1080	246	M30	Cris Hansen, 32, Des Moines, IA	1:46:09	1:46:40	8:32
415	24	W45	Lonni Waltermire, 46*, Garwin, IA	1:46:09	1:47:19	8:32
1081	164	M35	Aaron Korsching, 38, Grimes, IA	1:46:10	1:47:49	8:33
1082	135	M40	Tom Reece, 41, Des Moines, IA	1:46:10	1:47:08	8:33
1083	247	M30	Nathan Beck, 30, West Des Moines, IA	1:46:11	1:47:19	8:33
1084	122	M20	Alex Green, 24, Kansas City, MO	1:46:12	1:47:37	8:33
416	75	W25	Jacquelyn Stewart, 26*, West Des Moines, IA	1:46:12	1:52:00	8:33
417	7	W55	Veronica Demmel, 57*, Marshalltown, IA	1:46:13	1:46:30	8:33
418	82	W35	Adri Huls, 37*, Urbandale, IA	1:46:14	1:49:33	8:33
1085	248	M30	Bart Smith, 33, Clear Lake, IA	1:46:15	1:47:47	8:33
1086	165	M35	Matt Patterson, 36, Ankeny, IA	1:46:16	1:49:12	8:33
1087	172	M25	Lance Johnston, 29, Cambridge, IA	1:46:16	1:47:03	8:33
1088	123	M20	Zach Jipp, 22, Decorah, IA	1:46:17	1:52:04	8:33
1089	89	M45	Jeff Johnson, 48, St. Cloud, MN	1:46:17	1:48:39	8:33
1090	124	M20	Bryce Sampson, 23, Nevada, IA	1:46:17	1:52:04	8:33
1091	249	M30	Benjamin Piepho, 30, Ankeny, IA	1:46:18	1:47:23	8:33
1092	166	M35	Tony Burrell, 39, Urbandale, IA	1:46:18	1:51:44	8:33
1093	173	M25	Brent Queck, 28, Omaha, NE	1:46:19	1:47:33	8:33
1094	250	M30	Jason Wells, 31, West Des Moines, IA	1:46:19	1:47:00	8:33
1095	136	M40	Jody Anderson, 42, Conrad, IA	1:46:19	1:46:36	8:33
1096	174	M25	Brock Boehm, 26, Johnston, IA	1:46:20	1:51:57	8:33
1097	167	M35	Pat Vilmont, 39, Waukee, IA	1:46:20	1:48:52	8:33
419	16	W17	Megan Deist, 17*, Audubon, IA	1:46:21	1:46:34	8:33



1098	175	M25	Andy Lester, 29, Waukee, IA	1:46:21	1:50:21	8:33
1099	176	M25	Christopher Marzen, 26, West Des Moines, IA			
				1:46:21	1:47:31	8:33
420	48	W40	Jeanna English, 41*, West Des Moines, IA	1:46:22	1:51:44	8:33
1100	53	M50	Jim Shemanski, 51, Pella, IA	1:46:22	1:46:22	8:33
1101	137	M40	Mark Flammang, 43, Albia, IA	1:46:23	1:48:27	8:34
421	76	W25	Gianna Kiebel, 29*, Coralville, IA	1:46:24	1:49:37	8:34
422	56	W20	Christine Buske, 21*, Pocahontas, IA	1:46:25	1:52:11	8:34
1102	168	M35	Scott Ford, 36, Clive, IA	1:46:26	1:46:54	8:34
1103	90	M45	Vince Bollhoefer, 47, Haverhill, IA	1:46:27	1:49:29	8:34
423	49	W40	Jennifer Coe, 40*, Altoona, IA	1:46:27	1:48:31	8:34
1104	251	M30	Ryan Murphy, 32, West Des Moines, IA	1:46:27	1:48:14	8:34
424	57	W20	Madeline Quick, 21*, Des Moines, IA	1:46:29	1:53:41	8:34
1105	177	M25	Kyle Guyer, 26, Sleepy Eye, MN	1:46:29	1:48:59	8:34
1106	54	M50	Jeff Bollard, 51, Pella, IA	1:46:30	1:50:34	8:34
1107	252	M30	Nick Vellema, 33, Ankeny, IA	1:46:30	1:59:36	8:34
425	77	W25	Amy Rossman, 29*, Cedar Falls, IA	1:46:30	1:49:29	8:34
426	50	W40	Dawn Heimer, 43*, Ankeny, IA	1:46:30	1:50:44	8:34
427	78	W25	Megan McIntyre, 28*, Boone, IA	1:46:31	1:56:38	8:34
428	83	W35	Heather Kauffman, 37*, Adair, IA	1:46:31	1:47:35	8:34
1108	169	M35	Michael Parsch, 36, Clive, IA	1:46:32	1:48:34	8:34
1109	55	M50	Tracy Robertson, 52, Independence, IA	1:46:32	1:47:20	8:34
1110	170	M35	Robert Green, 37, West Des Moines, IA	1:46:32	1:53:28	8:34
1111	45	M17	Jordan Borkowski, 19, Iowa Falls, IA	1:46:32	1:48:46	8:34
1112	91	M45	Tracy Borkowski, 48, Iowa Falls, IA	1:46:33	1:48:47	8:34
1113	14	M60	Rick Long, 61, Freeport, IL	1:46:33	1:58:44	8:34
429	96	W30	Melisa Wardlow, 32*, Norwalk, IA	1:46:34	1:48:28	8:34
1114	18	JrM	Daxon Phippen, 12, Clive, IA	1:46:34	1:47:37	8:34
1115	171	M35	Chris Kruse, 35, Bondurant, IA	1:46:35	1:49:08	8:35
1116	138	M40	Brad Rounds, 44, Ankeny, IA	1:46:36	1:48:20	8:35
430	51	W40	Megan Foley Nicpon, 40*, Iowa City, IA	1:46:39	1:51:33	8:35
431	79	W25	Tara Olaby, 28*, Norwalk, IA	1:46:41	1:49:01	8:35
1117	253	M30	Grant Waltz, 32, Des Moines, IA	1:46:42	1:56:15	8:35
1118	139	M40	James Lunders, 44, Johnston, IA	1:46:42	1:49:11	8:35
1119	92	M45	Trevor Schmidt, 45, Prairie City, IA	1:46:43	1:50:29	8:35
1120	125	M20	Simon Burke, 23, Urbandale, IA	1:46:44	1:47:07	8:35
432	52	W40	Saundra Weston, 43*, Ankeny, IA	1:46:44	1:49:23	8:35
1121	93	M45	Bryan Nepple, 47, West Des Moines, IA	1:46:44	1:48:03	8:35
1122	254	M30	Byron Hoogland, 31, Omaha, NE	1:46:44	1:53:44	8:35
1123	29	M55	Dana Mambrino, 57, Pella, IA	1:46:44	1:47:43	8:35
433	97	W30	Kelly Kalvelage, 30*, Des Moines, IA	1:46:44	1:47:36	8:35
1124	94	M45	Craig Hinderks, 47, Minnetonka, MN	1:46:44	1:58:54	8:35
1125	30	M55	Thomas Dirks, 57, Mingo, IA	1:46:45	1:48:17	8:35
434	84	W35	Jennifer Toliver, 39*, Waukee, IA	1:46:46	1:54:05	8:35
1126	255	M30	Benjamin Parrott, 32, West Des Moines, IA	1:46:46	1:49:18	8:35
1127	19	JrM	Brad Warren, 15, Des Moines, IA	1:46:46	1:47:49	8:35
1128	256	M30	Brad Bussewitz, 32, Swisher, IA	1:46:47	1:49:54	8:35
435	85	W35	Sarah Maxwell, 36*, Des Moines, IA	1:46:47	1:48:54	8:36
436	80	W25	Alicia Rasmussen, 27*, Des Moines, IA	1:46:47	1:50:40	8:36
1129	257	M30	Patrick McClain, 30, Pleasant Hill, IA	1:46:48	1:49:49	8:36
1130	258	M30	John Ellis, 31, Waukee, IA	1:46:49	1:49:55	8:36
437	98	W30	Nicole Winebrenner, 30*, Des Moines, IA	1:46:50	1:48:34	8:36
438	86	W35	Carrie Bergman, 35*, Northville, MI	1:46:50	1:49:56	8:36
1131	126	M20	Ross Nelson, 23, Indianola, IA	1:46:51	1:50:57	8:36
1132	259	M30	Joshua Schut, 33, Clive, IA	1:46:52	1:51:27	8:36
1133	260	M30	Donovan Moser, 34, Enterprise, AL	1:46:52	1:50:49	8:36
439	53	W40	Renee Kaufman, 44*, Duncombe, IA	1:46:53	1:48:52	8:36
440	99	W30	Missy Gripp, 33*, Indianola, IA	1:46:53	1:49:09	8:36
1134	140	M40	Scott Steveson, 40, Johnston, IA	1:46:54	1:48:07	8:36
1135	172	M35	Chad Elkin, 37, Papillion, NE	1:46:54	1:51:19	8:36
1136	46	M17	Patrick Hogan, 18, Fort Dodge, IA	1:46:55	1:50:07	8:36
1137	141	M40	Bart Caldwell, 42, Ankeny, IA	1:46:55	1:48:07	8:36
441	81	W25	Dianna Eklund, 26*, Grinnell, IA	1:46:56	1:54:32	8:36
442	100	W30	Angela Oakie, 33*, Ankeny, IA	1:46:56	1:54:03	8:36
443	82	W25	Katie Benson, 27*, Iowa City, IA	1:46:56	1:47:47	8:36

1138	261	M30	Tyler Patterson, 30, Lisbon, IA	1:46:56	1:49:08	8:36
444	14	W50	Marlene Ney, 51*, Granville, IA	1:46:57	1:48:01	8:36
445	58	W20	Marlena Terrell, 23*, Centerville, IA	1:46:58	1:56:15	8:36
446	83	W25	Lacey Mitchell, 25*, Indianola, IA	1:46:58	1:49:16	8:36
447	1	W60	Marilyn Ver Meer, 64*, Pella, IA	1:46:58	1:48:01	8:36
1139	1	M70	Clay Whiteis, 70, Des Moines, IA	1:46:58	1:47:14	8:36
1140	178	M25	Benjamin Quanbeck, 29, Ankeny, IA	1:46:58	1:51:07	8:36
1141	47	M17	Blair Beck, 17, Bondurant, IA	1:46:59	1:48:43	8:36
448	2	W60	Maggie Haaland, 61*, Ames, IA	1:46:59	1:49:07	8:36
1142	127	M20	Kody Waldstein, 23, Ankeny, IA	1:47:00	1:48:22	8:37
1143	56	M50	James Dy, 50, Clive, IA	1:47:01	1:49:18	8:37
449	59	W20	Athena Waldstein, 23*, Ankeny, IA	1:47:01	1:48:22	8:37
1144	173	M35	Justin Smith, 37, Ankeny, IA	1:47:02	1:49:04	8:37
450	84	W25	Bridget Burns, 28*, Monroe, IA	1:47:03	1:49:58	8:37
1145	262	M30	Ryan Keehn, 30, West Des Moines, IA	1:47:06	1:49:55	8:37
451	87	W35	Allison Vaughn, 35*, Marshalltown, IA	1:47:07	1:51:01	8:37
452	60	W20	Emily Meyer, 23*, West Des Moines, IA	1:47:07	1:57:12	8:37
1146	179	M25	Jon Johnson, 28, Ankeny, IA	1:47:07	1:57:12	8:37
453	54	W40	Kristie Harrold, 44*, Waukee, IA	1:47:07	1:49:22	8:37
1147	142	M40	Matthew Gardner, 43, Urbandale, IA	1:47:08	1:51:41	8:37
454	88	W35	Laura Reynolds, 37*, West Des Moines, IA	1:47:09	1:51:42	8:37
1148	15	M60	Richard Newkirk, 64, Ankeny, IA	1:47:09	1:47:09	8:37
455	85	W25	Tierney Hein, 26*, Dubuque, IA	1:47:10	1:52:14	8:37
456	86	W25	Kara Palczewski, 28*, Des Moines, IA	1:47:10	1:49:06	8:37
1149	263	M30	Jason Brehmer, 33, West Des Moines, IA	1:47:10	1:48:44	8:37
1150	57	M50	Atma Upreti, 52, West Des Moines, IA	1:47:11	1:49:32	8:37
1151	95	M45	Joe Hrdlicka, 47, West Des Moines, IA	1:47:12	1:51:25	8:38
1152	264	M30	Louis Hanson, 34, Sparta, WI	1:47:13	1:49:48	8:38
1153	96	M45	Brad Willie, 46, Urbandale, IA	1:47:14	1:49:42	8:38
457	61	W20	Hilary Sadler, 23*, Hubbard, IA	1:47:17	1:50:29	8:38
1154	128	M20	Johnathan Hill, 22, Webster City, IA	1:47:18	1:51:36	8:38
458	101	W30	Carrie Rausch, 34*, Des Moines, IA	1:47:19	1:50:19	8:38
459	102	W30	Molly Struve, 30*, Estherville, IA	1:47:20	1:52:34	8:38
1155	174	M35	Matthew Arenholz, 37, Mation, IA	1:47:20	1:47:41	8:38
1156	143	M40	Chance Jones, 40, Mation, IA	1:47:22	1:50:12	8:38
1157	58	M50	Mike Purcell, 50, Ames, IA	1:47:22	1:48:37	8:38
1158	97	M45	Randy Harris, 46, Cedar Rapids, IA	1:47:23	1:49:15	8:38
460	89	W35	Sheri Bosch, 36*, Cedar Rapids, IA	1:47:24	1:49:02	8:38
461	25	W45	Michelle Rusch, 45*, Peosta, IA	1:47:24	1:50:23	8:38
462	55	W40	Melanie DouBrava, 44*, West Des Moines, IA	1:47:24	1:49:11	8:38
1159	98	M45	Dan Gornick, 48, Norwalk, IA	1:47:25	1:48:39	8:39
1160	59	M50	John Doocy, 53, Ledyard, IA	1:47:25	1:48:44	8:39
1161	175	M35	Matthew Parmenter, 35, Des Moines, IA	1:47:25	1:50:29	8:39
463	87	W25	Danette Hansen, 29*, Des Moines, IA	1:47:25	1:54:18	8:39
464	88	W25	Sarah Monner, 28*, West Des Moines, IA	1:47:25	1:52:48	8:39
1162	176	M35	Heath Smith, 37, Des Moines, IA	1:47:27	1:50:12	8:39
465	103	W30	Heather Schulz, 32*, Ankeny, IA	1:47:27	1:49:18	8:39
1163	99	M45	Daniel Bachman, 49, Waukee, IA	1:47:27	1:49:41	8:39
1164	129	M20	Will Drake, 22, Creston, IA	1:47:28	1:49:12	8:39
1165	265	M30	Nick Varcoe, 34, Waukee, IA	1:47:28	1:48:51	8:39
466	90	W35	Sarah Dvorak, 38*, Maxwell, IA	1:47:28	1:48:13	8:39
467	89	W25	Jacqueline Glascock, 27*, Columbia, MO	1:47:29	1:50:24	8:39
468	90	W25	Kelly Johnston, 29*, West Des Moines, IA	1:47:30	1:48:10	8:39
469	91	W25	Tara Northrop, 29*, Jewell, IA	1:47:31	1:53:39	8:39
470	91	W35	Whitney Duske, 38*, Leawood, KS	1:47:31	1:52:04	8:39
471	104	W30	Kara Brunner, 33*, Dayton, IA	1:47:31	1:52:23	8:39
472	105	W30	Nicole Quade, 33*, Norwalk, IA	1:47:32	1:49:55	8:39
1166	266	M30	Firoz Khan, 34, Urbandale, IA	1:47:32	1:49:54	8:39
473	62	W20	Kristin Gronbach, 23*, Iowa, IA	1:47:32	1:49:03	8:39
474	63	W20	Melanie Hopkins, 22*, Earlham, IA	1:47:32	1:49:42	8:39
1167	267	M30	Christopher Jacobi, 31, Tiffin, IA	1:47:33	1:47:57	8:39
1168	268	M30	Eric Boos, 30, Omaha, NE	1:47:33	1:47:57	8:39
1169	180	M25	Leon Sardi, 25, Ames, IA	1:47:34	2:00:08	8:39
1170	177	M35	Mark Alberico, 36, West Des Moines, IA	1:47:34	1:51:54	8:39
1171	31	M55	Phelan Thomas, 55, West Des Moines, IA	1:47:34	1:50:16	8:39

475	56	W40	Denay Gray, 40*, Ankeny, IA	1:47:35	1:49:18	8:39
1172	178	M35	Chris Coleman, 36, Urbandale, IA	1:47:35	1:49:32	8:39
1173	179	M35	Justin Sample, 39, Huxley, IA	1:47:35	1:47:35	8:39
476	106	W30	Ashley Eidbo, 30*, Coralville, IA	1:47:36	1:50:30	8:39
477	57	W40	Colette Bowen, 41*, Council Bluffs, IA	1:47:36	1:49:28	8:39
478	92	W35	Raneen Schulte, 36*, Waukee, IA	1:47:37	1:49:50	8:39
479	26	W45	Margaret Fisher, 48*, Ames, IA	1:47:37	1:49:14	8:40
1174	60	M50	Christopher Delaney, 53, Ames, IA	1:47:37	1:51:08	8:40
1175	61	M50	Tim Schleisman, 54, Burnsville, MN	1:47:37	1:51:08	8:40
480	92	W25	Angela Underberg, 28*, Alleman, IA	1:47:38	1:54:09	8:40
481	93	W35	Jennifer Borst, 36*, Ankeny, IA	1:47:38	1:53:26	8:40
482	94	W35	Tonya Oolman, 39*, Paullina, IA	1:47:38	1:55:28	8:40
483	27	W45	Peg McMahon, 47*, Des Moines, IA	1:47:38	1:50:05	8:40
484	58	W40	Michelle Thornton, 43*, West Des Moines, IA	1:47:39	1:49:41	8:40
1176	269	M30	Todd Slaymaker, 30, Des Moines, IA	1:47:40	1:49:44	8:40
1177	270	M30	John Ridgeway, 33, Ankeny, IA	1:47:41	1:50:33	8:40
1178	100	M45	Brian Benjamin, 48, Perry, IA	1:47:41	1:51:13	8:40
1179	271	M30	Jeremy Stephenson, 31, Des Moines, IA	1:47:42	1:50:46	8:40
1180	20	JrM	Evan O'Leary, 15, De Soto, IA	1:47:42	1:48:57	8:40
1181	144	M40	Michael Mock, 43, West Des Moines, IA	1:47:42	1:52:43	8:40
1182	180	M35	Thom Thielman, 37, Urbandale, IA	1:47:43	1:51:46	8:40
485	93	W25	Elizabeth Lund, 26*, Urbandale, IA	1:47:44	1:50:12	8:40
486	94	W25	Haily Larson, 26*, Jefferson, IA	1:47:44	1:53:23	8:40
487	95	W35	Lucy Schachtner, 39*, Clive, IA	1:47:44	1:53:10	8:40
1183	181	M25	Todd Attig, 28, Urbandale, IA	1:47:44	1:49:52	8:40
1184	16	M60	David Gee, 61, Cedar Rapids, IA	1:47:44	1:49:12	8:40
1185	32	M55	Stephen Maze, 56, Cedar Rapids, IA	1:47:45	1:48:38	8:40
1186	145	M40	Scott Johnston, 43, Indianola, IA	1:47:46	1:48:09	8:40
1187	146	M40	Jeff Barr, 40, Des Moines, IA	1:47:46	1:48:43	8:40
1188	182	M25	Tom Salter, 25, Iowa City, IA	1:47:48	1:50:02	8:40
1189	130	M20	Austin Quinn, 24, Adel, IA	1:47:49	1:49:02	8:40
1190	147	M40	Daniel Harkness, 43, Waukee, Ia	1:47:49	1:49:27	8:40
488	107	W30	Jamie Hurley, 31*, Indianola, IA	1:47:49	1:49:43	8:41
1191	148	M40	Dana Cox, 43, Earlham, IA	1:47:50	1:51:13	8:41
489	108	W30	Leah Moyer, 33*, Ankeny, IA	1:47:50	1:52:47	8:41
490	109	W30	Kelly Brown, 32*, Ackworth, IA	1:47:50	1:49:43	8:41
491	64	W20	Meghan Turner, 24*, Columbia, MO	1:47:50	1:49:06	8:41
1192	181	M35	Shaun Miller, 37, Ankeny, IA	1:47:51	1:49:17	8:41
492	65	W20	Bryanna Behning, 20*, Ames, IA	1:47:52	1:50:18	8:41
1193	101	M45	Jeff Marks, 47, Des Moines, IA	1:47:52	1:49:50	8:41
1194	33	M55	Gary Fotiu, 56, Earlham, IA	1:47:53	1:57:23	8:41
493	15	W50	Rhonda Lockin, 50*, Clive, IA	1:47:53	1:48:25	8:41
1195	102	M45	Montey Halls, 49, Des Moines, IA	1:47:53	1:50:23	8:41
1196	182	M35	Jamie Sullivan, 37, Johnston, IA	1:47:54	1:50:54	8:41
1197	183	M25	Timothy Sullivan, 27, Des Moines, IA	1:47:55	1:53:01	8:41
1198	103	M45	Kevin Roe, 48, Ames, IA	1:47:55	1:54:51	8:41
494	95	W25	Jennifer Sykes, 26*, Urbandale, IA	1:47:57	1:52:08	8:41
495	96	W35	Jane Jensen, 35*, Norwalk, IA	1:47:57	1:50:20	8:41
1199	17	M60	Timothy Olson, 62, West Des Moines, IA	1:47:59	1:49:20	8:41
1200	183	M35	Mathew Christensen, 39, Ankeny, IA	1:47:59	2:01:03	8:41
1201	184	M35	David DuShane II, 38, Hartford, IA	1:48:00	1:48:48	8:41
1202	272	M30	Phil McCracken, 33, Des Moines, IA	1:48:00	1:50:07	8:41
496	97	W35	Brenda Colvin, 36*, Pella, IA	1:48:02	1:51:16	8:42
497	66	W20	Lauren Fangman, 23*, Iowa City, IA	1:48:02	1:54:45	8:42
498	110	W30	Noemi Pugsley De Souza, 30*, Ames, IA	1:48:03	1:55:15	8:42
1203	273	M30	Jason Ammons, 34, Grimes, IA	1:48:03	1:50:33	8:42
1204	185	M35	Jeremy Baysinger, 35, Pleasant Hill, IA	1:48:04	1:49:13	8:42
499	98	W35	Becky Wignall, 39*, Altoona, IA	1:48:05	1:51:34	8:42
500	28	W45	Sherrri Johnson, 48*, Luana, IA	1:48:06	1:50:34	8:42
501	6	JrW	Sarah Kromminga, 16*, Johnston, IA	1:48:06	1:49:32	8:42
1205	186	M35	Kirk(Ie) Kleist, 36, Richmond, MN	1:48:07	1:48:45	8:42
1206	274	M30	Brad Jackson, 33, Urbandale, IA	1:48:07	2:00:28	8:42
502	96	W25	Meaghan Johnson, 25*, Osage, IA	1:48:07	1:49:47	8:42
503	29	W45	Ruby Freeman, 45*, Osceola, IA	1:48:07	1:48:55	8:42

1207	275	M30	Kyle Flinn, 34, West Des Moines, IA	1:48:08	1:51:21	8:42
504	59	W40	Andria Nelson, 43*, Ankeny, IA	1:48:08	1:49:17	8:42
1208	48	M17	Jake DeHaai, 19, West Des Moines, IA	1:48:09	1:49:11	8:42
505	97	W25	Kelsy Sinnwell, 26*, Des Moines, IA	1:48:10	1:50:07	8:42
1209	276	M30	Mark Adams, 34, Ankeny, IA	1:48:10	1:48:54	8:42
1210	34	M55	James Pritchard, 59, Ames, IA	1:48:10	1:51:17	8:42
1211	277	M30	Matt Cato, 32, Ankeny, IA	1:48:12	1:50:25	8:42
1212	149	M40	Kristian Dugger, 44, Nevada, IA	1:48:12	1:49:40	8:42
1213	131	M20	Cody Millikin, 22, Cedar Falls, IA	1:48:13	1:50:48	8:42
1214	132	M20	Cory Cox, 21, Ottumwa, IA	1:48:13	1:50:48	8:42
506	111	W30	Stacia Weber, 33*, Ankeny, IA	1:48:14	1:48:36	8:42
1215	150	M40	Michael Gaunt, 44, West Des Moines, IA	1:48:14	1:50:28	8:42
1216	151	M40	Aaron Stevens, 42, Norwalk, IA	1:48:14	1:53:36	8:42
1217	62	M50	Rustin Davenport, 53, Mason City, IA	1:48:15	1:49:53	8:43
507	112	W30	Jennifer Turner, 32*, Mankato, MN	1:48:15	1:50:51	8:43
1218	187	M35	Michael McCoy, 35, Ames, IA	1:48:16	1:50:41	8:43
508	113	W30	Lauren August, 30*, West Des Moines, IA	1:48:16	1:50:01	8:43
1219	278	M30	Patrick McKenna, 30, West Des Moines, IA	1:48:17	1:50:33	8:43
1220	279	M30	Mark McKenna, 34, Ankeny, IA	1:48:17	1:50:33	8:43
509	7	JrW	Emma Bravard, 16*, Granger, IA	1:48:18	1:50:56	8:43
510	114	W30	Mandy Lepley, 31*, Norwalk, IA	1:48:18	1:50:11	8:43
511	17	W17	Celia Bravard, 19*, Granger, IA	1:48:18	1:50:56	8:43
1221	104	M45	Matt Bravard, 46, Granger, IA	1:48:18	1:50:56	8:43
1222	105	M45	Bill McGinn, 46, Johnston, IA	1:48:18	1:50:46	8:43
1223	152	M40	Cande Sanchez, 42, Des Moines, IA	1:48:19	1:51:06	8:43
1224	188	M35	Aaron Henrichs, 38, Urbandale, IA	1:48:19	1:50:53	8:43
1225	63	M50	Thomas Clancy, 53, Toledo, IA	1:48:19	2:00:22	8:43
1226	189	M35	Luke Sabers, 36, Des Moines, IA	1:48:19	1:58:45	8:43
512	115	W30	Amy Becker, 34*, Williamsburg, IA	1:48:19	1:51:37	8:43
1227	190	M35	John Weber, 35, Sac City, IA	1:48:20	1:54:48	8:43
513	116	W30	Brandy Nielson, 31*, Lincoln, NE	1:48:20	1:51:14	8:43
1228	191	M35	Ross Fey, 38, Edgerton, MN	1:48:20	1:51:51	8:43
514	60	W40	Michelle Lachner, 42*, Spencer, IA	1:48:20	1:52:08	8:43
1229	106	M45	Matt Meline, 45, West Des Moines, IA	1:48:20	1:49:26	8:43
1230	64	M50	Michael Boyle, 52, Ankeny, IA	1:48:21	1:49:22	8:43
1231	184	M25	Joshua Pryor, 28, Papillion, NE	1:48:21	1:49:58	8:43
515	61	W40	Stacie Hatch, 41*, Urbandale, IA	1:48:21	1:50:25	8:43
1232	153	M40	Scott Wendl, 41, Johnston, IA	1:48:21	1:50:25	8:43
1233	154	M40	Randal Foster, 41, Ames, IA	1:48:21	1:51:11	8:43
516	117	W30	Lindsay Plathe, 30*, Sioux Falls, SD	1:48:22	1:54:54	8:43
1234	185	M25	Thomas Jones, 28, Omaha, NE	1:48:22	1:49:58	8:43
1235	35	M55	Mark Young, 55, Mason City, IA	1:48:23	1:51:02	8:43
1236	133	M20	Jacob Ehrmann, 24, Amana, IA	1:48:24	1:56:56	8:43
1237	107	M45	John Frohlich, 45, Panora, IA	1:48:25	1:49:12	8:43
1238	155	M40	Matthew Morgan, 42, Ankeny, IA	1:48:25	1:48:46	8:43
1239	280	M30	Eric Schulz, 31, Ankeny, IA	1:48:25	1:50:17	8:43
517	8	JrW	Katie Folkerts, 15*, Solon, IA	1:48:27	1:52:27	8:44
518	9	JrW	Alexandra Smith, 16*, Solon, IA	1:48:28	1:52:29	8:44
1240	134	M20	Jacob Nowosatka, 22, Granger, IA	1:48:28	1:52:04	8:44
1241	135	M20	Brian Nowosatka, 24, West Des Moines, IA	1:48:28	1:52:04	8:44
1242	156	M40	Mike Safley, 43, Ankeny, IA	1:48:28	1:51:03	8:44
1243	192	M35	Jason Hammerly, 38, Ankeny, IA	1:48:29	1:50:34	8:44
519	98	W25	Mayra De Catalan, 29*, Des Moines, IA	1:48:29	1:50:35	8:44
520	118	W30	Elizabeth Tucker, 31*, Craig, CO	1:48:29	1:59:21	8:44
521	16	W50	Brenda Bright, 52*, Ames, IA	1:48:29	1:50:22	8:44
1244	193	M35	Shane Leaming, 37, Des Moines, IA	1:48:29	1:49:05	8:44
1245	281	M30	Cory Wellnitz, 31, Sioux Falls, SD	1:48:30	1:50:54	8:44
1246	282	M30	Ryan Fick, 33, West Des Moines, IA	1:48:30	1:50:54	8:44
1247	157	M40	Brad McAvoy, 44, West Des Moines, IA	1:48:31	1:50:03	8:44
522	99	W25	Janelle Schmidt, 29*, Waukee, IA	1:48:31	1:51:37	8:44
523	62	W40	Jennifer Cottier, 40*, Boone, IA	1:48:31	1:51:08	8:44
524	99	W35	Jodi Jenkins, 36*, Johnston, IA	1:48:34	1:50:19	8:44
1248	283	M30	Matthew Taylor, 31, Washington, IL	1:48:36	1:51:29	8:44
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529	119	W30	Deborah Webb, 33*, Ankeny, IA	1:48:40	1:51:22	8:45
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1283	110	M45	Steve Rothmeyer, 47, Johnston, IA	1:49:20	1:51:27	8:48
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1319	301	M30	Jeff McDermott, 33, Des Moines, IA	1:49:44	1:53:40	8:50
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1360	216	M35	Jason Badtram, 36, Johnston, IA	1:50:17	1:51:34	8:52
630	138	W30	Jennifer Jones, 33*, Urbandale, IA	1:50:18	1:55:23	8:52
631	121	W25	Ashley McGuire, 25*, Des Moines, IA	1:50:19	1:54:18	8:53
632	75	W40	Mary Smith, 42*, Des Moines, IA	1:50:19	1:52:26	8:53
1361	309	M30	Jamie Christenson, 34, Des Moines, IA	1:50:21	1:52:59	8:53
633	123	W35	Stephanie Jones, 36*, Grimes, IA	1:50:21	1:52:26	8:53
634	124	W35	Sue Honkamp, 38*, Des Moines, IA	1:50:21	1:52:28	8:53
635	125	W35	Peggy Busch, 36*, Lincoln, NE	1:50:22	1:54:47	8:53
636	139	W30	Abbie Wood, 30*, Clive, IA	1:50:22	1:51:29	8:53
637	140	W30	Tracy Freeburg, 34*, West Des Moines, IA	1:50:23	1:54:47	8:53
638	126	W35	Michelle Vincent, 39*, Slater, IA	1:50:23	1:51:37	8:53
639	141	W30	Jesse Harper, 30*, Des Moines, IA	1:50:23	1:53:25	8:53
640	122	W25	Alyssa Sackett, 28*, Pierson, IA	1:50:24	1:52:43	8:53
1362	42	M55	Doug Lockwood, 57, Storm Lake, IA	1:50:25	1:52:44	8:53
641	123	W25	Jessa Kane, 26*, Urbandale, IA	1:50:25	1:51:51	8:53
1363	173	M40	Matt Van Heukelom, 42, Des Moines, IA	1:50:25	1:53:07	8:53
642	127	W35	Amanda Bjornson, 35*, West Des Moines, IA	1:50:25	1:52:48	8:53
643	142	W30	Meghan Murfee, 31*, Ankeny, IA	1:50:25	1:55:25	8:53
1364	217	M35	Ryan Kasperbauer, 35, Arnolds Park, IA	1:50:25	1:57:27	8:53
1365	117	M45	Brad Cooper, 47, Cumming, IA	1:50:27	1:52:00	8:53
644	124	W25	Jodie Hogue, 25*, Atlantic, IA	1:50:27	1:56:02	8:53
1366	118	M45	Dan Heintz, 47, Nevada, IA	1:50:28	1:52:39	8:53
1367	310	M30	Jon Heim, 32, Carroll, IA	1:50:28	1:51:56	8:53
1368	311	M30	Grant Menke, 33, Ankeny, IA	1:50:28	2:02:31	8:53
645	76	W40	Casrolyn McCarthy, 43*, West Des Moines, IA	1:50:29	1:52:39	8:53
1369	119	M45	Jeff Lamoureux, 45, Jefferson, IA	1:50:29	1:54:17	8:53
1370	174	M40	Frank Wennerholt, 41, Grimes, IA	1:50:30	1:51:47	8:53
646	128	W35	Angela Nieto, 36*, Cedar Falls, IA	1:50:31	1:54:40	8:54
1371	175	M40	Chad Starling, 41, Boone, IA	1:50:32	1:57:34	8:54
647	10	W55	Julie Rosenberg, 55*, Cedar Rapids, IA	1:50:32	1:53:29	8:54
1372	312	M30	Matt Logue, 33, Runnells, IA	1:50:34	1:53:44	8:54
648	23	W50	Nancy Hougland, 51*, Bloomfield, IA	1:50:35	1:52:48	8:54
649	77	W40	Angela Gruening, 40*, Norwalk, IA	1:50:35	1:56:01	8:54
650	143	W30	Trina Flack, 31*, Ankeny, IA	1:50:35	1:51:07	8:54
651	125	W25	Jessica Goecke, 29*, Ames, IA	1:50:35	1:54:52	8:54
1373	74	M50	Eric Wasson, 50, Cedar Rapids, IA	1:50:35	1:51:43	8:54
1374	201	M25	Andrew Wilkinson, 27, Lafayette, IN	1:50:36	1:54:07	8:54
652	126	W25	Rachel Morrison, 28*, West Liberty, IA	1:50:37	1:59:44	8:54
1375	176	M40	Todd Anthony, 40, Johnston, IA	1:50:38	1:53:28	8:54
1376	202	M25	Jordan Scupien, 26, Ottumwa, IA	1:50:38	1:52:50	8:54
1377	203	M25	Jeffrey Wilkins, 27, Des Moines, IA	1:50:38	1:52:17	8:54
1378	177	M40	Dave Biedenbach, 44, Ames, IA	1:50:39	1:53:59	8:54



1379	204	M25	Tom Cavanagh, 29, Des Moines, IA	1:50:39	2:01:13	8:54
653	144	W30	Kristin Vogel, 32*, Clive, IA	1:50:39	2:01:13	8:54
654	19	W17	Allie Seemuth, 18*, Clive, IA	1:50:39	1:53:20	8:54
1380	120	M45	Jeff Goeser, 45, Davenport, IA	1:50:40	1:55:00	8:54
1381	75	M50	Dan Seemuth, 50, Clive, IA	1:50:40	1:53:21	8:54
1382	205	M25	Robert Rypma, 28, Des Moines, IA	1:50:40	1:52:08	8:54
655	24	W50	Bobbi Snodgrass, 51*, Indianola, IA	1:50:41	1:52:59	8:54
1383	76	M50	David Wilkerson, 53, Adel, IA	1:50:42	1:52:23	8:54
1384	43	M55	Chuck Bishop, 55, Urbandale, IA	1:50:42	1:58:57	8:54
656	127	W25	Katie Martin, 25*, Des Moines, IA	1:50:43	1:54:21	8:54
657	145	W30	AnnMarie Gerke, 34*, Polk City, IA	1:50:45	1:52:50	8:55
1385	206	M25	Tyler Arickx, 25, Westfield, IA	1:50:45	1:52:12	8:55
1386	313	M30	Brian Brown, 33, Blair, NE	1:50:45	1:54:16	8:55
1387	218	M35	Eric Wagner, 37, Urbandale, IA	1:50:45	1:52:39	8:55
658	128	W25	Tanna Harshbarger, 28*, West Des Moines, IA	1:50:45	1:52:26	8:55
659	25	W50	Julie Bishop, 51*, Urbandale, IA	1:50:46	1:59:02	8:55
660	146	W30	Janelle Holmgren, 34*, Marshalltown, IA	1:50:46	1:54:16	8:55
661	147	W30	Nicole Johnson, 31*, Bondurant, IA	1:50:47	1:57:41	8:55
662	37	W45	Wendy Ambroson, 49*, Leland, IA	1:50:47	1:57:05	8:55
663	148	W30	Emily Hanson, 30*, West Des Moines, IA	1:50:48	1:58:37	8:55
664	129	W35	Tennille Harms, 36*, Waukee, IA	1:50:48	2:02:48	8:55
1388	314	M30	Andrew Hanson, 31, West Des Moines, IA	1:50:48	1:58:37	8:55
665	149	W30	Sarah Lerdal, 30*, North Liberty, IA	1:50:49	1:54:05	8:55
666	150	W30	Angelina Blass, 34*, Ankeny, IA	1:50:49	2:03:52	8:55
1389	51	M17	Luther Grulke, 18, Kelley, IA	1:50:49	2:02:32	8:55
667	130	W35	Kelly Hemmer, 35*, Waukee, IA	1:50:49	1:54:45	8:55
668	38	W45	Joelle White, 46*, Carroll, IA	1:50:50	1:52:19	8:55
1390	77	M50	Mark Kilian, 52, Clive, IA	1:50:50	1:54:19	8:55
1391	219	M35	Cory Schultes, 35, Johnston, IA	1:50:50	1:52:50	8:55
669	39	W45	Lorrie Lockin, 49*, Des Moines, IA	1:50:50	1:52:20	8:55
670	3	W60	Patricia Swanson, 61*, Emmetsburg, IA	1:50:50	1:54:41	8:55
671	151	W30	Heather Pleak, 31*, Waukee, IA	1:50:50	1:53:32	8:55
672	20	W17	Sydney Gress, 19*, Bellevue, NE	1:50:50	1:51:09	8:55
1392	78	M50	Marty Richardson, 52, Ankeny, IA	1:50:50	1:52:13	8:55
673	40	W45	Shari Osier, 47*, Bondurant, IA	1:50:51	1:52:50	8:55
1393	44	M55	Marc Ward, 55, Des Moines, IA	1:50:51	1:59:59	8:55
674	131	W35	Sara Bridie, 39*, Clarinda, IA	1:50:51	1:52:12	8:55
1394	207	M25	Christopher Carotta, 29, Des Moines, IA	1:50:52	2:03:17	8:55
675	77	W20	Lindsey Gettman, 21*, Cedar Falls, IA	1:50:52	1:53:47	8:55
676	132	W35	Kari DeJong, 35*, West Des Moines, IA	1:50:52	1:54:50	8:55
677	78	W20	Sarah Waskow, 23*, Iowa City, IA	1:50:53	1:54:15	8:55
1395	220	M35	Matthew Trosper, 36, Ankeny, IA	1:50:53	1:54:58	8:55
1396	121	M45	Brad Engbers, 46, Pella, IA	1:50:53	1:53:14	8:55
678	14	JrW	Molly Doruska, 16*, Ankeny, IA	1:50:54	1:51:33	8:55
679	133	W35	Maria Trosper, 36*, Ankeny, IA	1:50:54	1:54:58	8:55
680	152	W30	Laura Zinn, 33*, Ankeny, IA	1:50:54	1:54:58	8:55
1397	52	M17	Nicholas Sauer, 17, Ames, IA	1:50:55	1:52:17	8:55
681	15	JrW	Anne Rogers, 16*, Johnston, IA	1:50:55	1:57:09	8:55
1398	315	M30	Craig Mouchka, 30, West Des Moines, IA	1:50:55	1:54:23	8:55
1399	178	M40	Michael Swaim, 42, West Des Moines, IA	1:50:55	1:53:04	8:55
682	26	W50	Karla Richards, 53*, Urbandale, IA	1:50:56	1:52:18	8:55
1400	45	M55	William Copper, 56, Marion, IA	1:50:56	1:51:26	8:56
683	129	W25	Chelsea Parrott, 25*, Des Moines, IA	1:50:56	1:53:24	8:56
1401	208	M25	Jason VanGundy, 29, Johnston, IA	1:50:57	1:52:17	8:56
1402	46	M55	Frank Tallerico, 57, Waukee, IA	1:50:58	1:51:21	8:56
1403	179	M40	Gj Clothier, 42, Epworth, IA	1:51:00	1:56:37	8:56
684	134	W35	Erin Zea, 38*, Ankeny, IA	1:51:00	1:53:42	8:56
685	153	W30	Tanya Fish, 34*, West Des Moines, IA	1:51:00	1:54:29	8:56
686	27	W50	Cynthia Lehrkamp, 54*, Carroll, IA	1:51:00	1:51:18	8:56
687	130	W25	Ellen Wade, 29*, Pleasant Hill, IA	1:51:00	1:54:17	8:56
688	78	W40	Kathi Phillips, 43*, Pleasant Hill, IA	1:51:01	1:52:50	8:56
1404	122	M45	Cj Osborn, 48, Newton, IA	1:51:01	1:59:03	8:56
1405	180	M40	Marc Wallin, 42, West Des Moines, IA	1:51:01	1:52:06	8:56
689	135	W35	Betsy Luck, 35*, Oskaloosa, IA	1:51:02	1:54:35	8:56

1406	209	M25	Adam Bernard, 25, Ankeny, IA	1:51:03	1:52:20	8:56
690	41	W45	Linda Kuhl, 47*, Beaman, IA	1:51:03	2:00:13	8:56
691	79	W40	Gale Christensen, 43*, Clive, IA	1:51:04	2:02:52	8:56
1407	79	M50	Terry Lingner, 50, Grimes, IA	1:51:05	1:51:34	8:56
692	42	W45	Tammy Amundson, 47*, Beaman, IA	1:51:05	2:00:14	8:56
1408	140	M20	Collin O'Leary, 20, Desoto, IA	1:51:06	1:54:20	8:56
693	131	W25	Tyna Andorf, 25*, Oelwein, IA	1:51:06	1:53:33	8:56
694	132	W25	Lindy Tommasin, 29*, Maynard, IA	1:51:06	1:53:33	8:56
695	133	W25	Erin Conrad, 26*, Des Moines, IA	1:51:07	1:54:16	8:56
696	21	W17	Dana Junk, 17*, Ankeny, IA	1:51:07	1:51:45	8:56
1409	210	M25	Alex Nykamp, 25, Urbandale, IA	1:51:07	1:57:07	8:56
697	79	W20	Hannah Wirtz, 20*, Waukee, IA	1:51:07	1:55:19	8:56
698	80	W40	Jodi Powers, 42*, Indianola, IA	1:51:08	1:55:19	8:56
699	80	W20	Hannah Hutchison, 23*, Iowa City, IA	1:51:08	1:54:56	8:56
1410	211	M25	Sam Brownlee, 29, Emmetsburg, IA	1:51:08	1:54:56	8:56
1411	47	M55	Jimmer Pech, 57, Polk City, IA	1:51:08	1:51:47	8:57
1412	316	M30	Josh Burke, 33, Ankeny, IA	1:51:09	1:53:14	8:57
700	81	W40	Angie Cook, 42*, Clive, IA	1:51:10	1:53:54	8:57
1413	80	M50	Tim Rethmeier, 54, Winterset, IA	1:51:11	1:53:48	8:57
1414	181	M40	Jason Pool, 42, Des Moines, IA	1:51:12	2:00:51	8:57
1415	212	M25	Erich Ottervanger, 28, Des Moines, IA	1:51:12	2:00:51	8:57
1416	317	M30	Kent Mickelson, 31, Kelley, IA	1:51:12	1:56:21	8:57
701	81	W20	Alizabeth Gates, 23*, Creston, IA	1:51:12	1:54:51	8:57
1417	123	M45	Max Studer, 49, Norwalk, IA	1:51:12	1:52:23	8:57
702	82	W40	Kristin Teig Torres, 44*, Cedar Falls, IA	1:51:12	1:53:18	8:57
703	82	W20	Allison Gittins, 22*, Perry, IA	1:51:12	1:54:51	8:57
1418	124	M45	Rich McKusick, 49, Watertown, MN	1:51:12	1:56:50	8:57
1419	125	M45	Clark Johnson, 45, Altoona, IA	1:51:13	1:52:30	8:57
1420	81	M50	Shawn Meighan, 53, Ankeny, IA	1:51:13	1:53:28	8:57
1421	318	M30	Adam Granzow, 30, McCallsburg, IA	1:51:13	1:56:21	8:57
1422	182	M40	Doug Grice, 41, Polk City, IA	1:51:13	1:59:45	8:57
1423	183	M40	Lou Kelehan, 43, Des Moines, IA	1:51:14	1:55:41	8:57
704	154	W30	Heidi DuCharme, 30*, Dunkerton, IA	1:51:15	1:55:12	8:57
1424	213	M25	Darrin Hoover, 29, Richmond Heights, MO	1:51:15	1:53:54	8:57
1425	319	M30	Ryan Quinn, 34, Ankeny, IA	1:51:15	1:55:08	8:57
1426	126	M45	Kevin Kruse, 45, Johnston, IA	1:51:15	1:53:45	8:57
1427	320	M30	Michael Leeds, 34, Huxley, IA	1:51:15	1:53:03	8:57
1428	321	M30	Ryan Terwilliger, 30, Eagle Grove, IA	1:51:16	1:52:27	8:57
705	22	W17	Stefanie Jensen, 17*, Ankeny, IA	1:51:16	1:55:22	8:57
1429	184	M40	Jared Elder II, 43, Des Moines, IA	1:51:17	2:00:56	8:57
1430	221	M35	Joe DeJong, 35, West Des Moines, IA	1:51:18	1:55:16	8:57
706	83	W20	Hannah Simonson, 22*, Coralville, IA	1:51:19	1:53:20	8:57
1431	127	M45	Gerard Linskens, 47, Osceola, IA	1:51:19	1:51:19	8:57
707	136	W35	Tiffany Murphy, 35*, West Des Moines, IA	1:51:20	1:53:07	8:57
708	134	W25	Jamie Schnoes, 28*, Cedar Falls, IA	1:51:20	1:54:02	8:57
1432	128	M45	Roger Vincent, 45, Slater, IA	1:51:22	1:52:37	8:58
709	43	W45	Elisabeth Reynoldson, 45*, Osceola, IA	1:51:23	1:55:29	8:58
1433	48	M55	Steve Wood, 55, West Des Moines, IA	1:51:23	1:53:30	8:58
710	155	W30	Amanda Muhlbauer, 30*, McCallsburg, IA	1:51:23	1:53:36	8:58
711	137	W35	Melissa DeLay, 38*, Shoreview, MN	1:51:24	1:54:17	8:58
1434	214	M25	Jeffrey Smith, 26, Parkersburg, IA	1:51:25	1:55:13	8:58
1435	141	M20	Stephen Cherny, 21, Ames, IA	1:51:25	1:54:18	8:58
712	44	W45	Cindy Boss, 47*, Clive, IA	1:51:25	1:55:17	8:58
713	138	W35	Krystal Kron, 36*, West Des Moines, IA	1:51:25	1:54:54	8:58
714	135	W25	Erin Riley, 26*, West Des Moines, IA	1:51:25	1:55:44	8:58
1436	222	M35	Scott Peters, 39, Urbandale, IA	1:51:26	1:54:58	8:58
1437	223	M35	Brian Marsh, 38, Altoona, IA	1:51:26	1:54:44	8:58
1438	142	M20	Devin Neuman, 24, Ellsworth, IA	1:51:27	1:54:14	8:58
715	139	W35	Miki Miller, 38*, Johnston, IA	1:51:27	1:56:09	8:58
716	136	W25	Jenna Weiland, 28*, West Des Moines, IA	1:51:27	1:54:14	8:58
1439	143	M20	Thom Keenan, 23, Des Moines, IA	1:51:27	1:58:36	8:58
1440	215	M25	Kevin Huisman, 26, Ames, IA	1:51:27	1:53:03	8:58
1441	322	M30	Paul Ryan, 32, Grimes, IA	1:51:28	1:54:38	8:58
1442	129	M45	Mark McDermott, 47, West Des Moines, IA	1:51:28	1:58:29	8:58
717	84	W20	Meghan Wolett, 24*, Pleasant Hill, IA	1:51:29	2:02:20	8:58

1443	323	M30	Shawn Smothers, 31, Pella, IA	1:51:29	2:00:45	8:58
718	137	W25	Aimee Gissel, 26*, Pleasant Hill, IA	1:51:29	2:02:20	8:58
1444	224	M35	Dan Chopskie, 37, Ames, IA	1:51:30	1:53:29	8:58
719	140	W35	Rhonda Muller, 35*, Osage, IA	1:51:31	1:55:26	8:58
720	156	W30	Kim Meller, 30*, Wilton, IA	1:51:31	1:53:16	8:58
1445	53	M17	Lance Kopacek, 18, Urbandale, IA	1:51:33	1:55:35	8:58
721	83	W40	Keri Frommelt, 42*, Ankeny, IA	1:51:33	1:54:12	8:59
1446	324	M30	Andrew Funk, 32, West Des Moines, IA	1:51:34	1:55:56	8:59
1447	325	M30	Craig Mickley, 34, Ames, IA	1:51:34	1:55:51	8:59
722	138	W25	Kristen Obbink, 29*, Ames, IA	1:51:35	1:52:51	8:59
723	11	W55	Deanna Anderson, 55*, Boone, IA	1:51:35	1:55:06	8:59
1448	144	M20	Seth Negrete, 24, Altoona, IA	1:51:35	1:53:53	8:59
724	28	W50	Carol Brockway, 53*, Bettendorf, IA	1:51:36	1:52:31	8:59
1449	145	M20	Christopher Glover, 24, Chicago, IL	1:51:36	2:04:28	8:59
1450	326	M30	Erik Ullestad, 34, West Des Moines, IA	1:51:36	2:03:42	8:59
1451	225	M35	Dan Ashworth, 39, Ankeny, IA	1:51:38	1:53:36	8:59
725	157	W30	Stacy Blum, 34*, Sioux City, IA	1:51:38	1:52:32	8:59
1452	216	M25	Jeremy Edmondson, 26, Des Moines, IA	1:51:38	1:59:03	8:59
726	141	W35	Jill Montag, 35*, Waukee, IA	1:51:39	2:01:06	8:59
727	158	W30	Megan Landolt, 31*, Waukee, IA	1:51:39	1:56:39	8:59
728	23	W17	Patricia Vazquez, 19*, Ca, CA	1:51:39	1:52:23	8:59
1453	82	M50	Jon D. Williams, 54, Urbandale, IA	1:51:40	1:52:53	8:59
1454	185	M40	Troy T Weiland, 42, Des Moines, IA	1:51:40	1:53:39	8:59
1455	327	M30	Garner Boliver, 33, Ankeny, IA	1:51:40	1:57:04	8:59
729	85	W20	Jenalee Williams, 24*, West Des Moines, IA	1:51:41	1:52:54	8:59
1456	146	M20	Skyler Trunck, 24, Reinbeck, IA	1:51:41	1:57:45	8:59
1457	186	M40	Chris Burch, 43, Des Moines, IA	1:51:41	1:52:38	8:59
1458	217	M25	Joshua Rospond, 25, Des Moines, IA	1:51:41	1:54:38	8:59
730	139	W25	Nicole Lauzon, 26*, Le Mars, IA	1:51:42	1:56:33	8:59
731	12	W55	Gail Bormann, 55*, Waukee, IA	1:51:42	1:53:12	8:59
1459	328	M30	Brent Loss, 32, West Des Moines, IA	1:51:42	1:58:51	8:59
1460	147	M20	Scott Morrett, 21, Chariton, IA	1:51:43	1:53:58	8:59
732	142	W35	Stacy Johnson, 39*, Gilbert, IA	1:51:43	1:58:30	8:59
1461	226	M35	Gene Solis, 38, Lakeville, MN	1:51:43	2:03:53	8:59
1462	187	M40	Chris Morris, 41, Grapevine, TX	1:51:43	1:53:28	8:59
733	45	W45	Deb Safford, 47*, Indianola, IA	1:51:43	1:53:17	8:59
734	86	W20	Diana Pickard, 24*, Coralville, IA	1:51:44	1:55:33	8:59
1463	329	M30	Joe Poschner, 32, Urbandale, IA	1:51:44	1:53:54	8:59
735	140	W25	Dawn Stam, 25*, Pleasant Hill, IA	1:51:44	1:53:37	8:59
736	84	W40	Paula McMaster, 41*, Ballwin, MO	1:51:46	1:55:49	9:00
1464	227	M35	Tony Malloy, 39, Williamsburg, IA	1:51:46	1:56:42	9:00
737	159	W30	Dinah Bloom, 33*, Grimes, IA	1:51:46	1:55:35	9:00
1465	49	M55	David Neve, 58, Des Moines, IA	1:51:47	1:53:00	9:00
1466	228	M35	Chris George, 36, Des Moines, IA	1:51:47	1:52:57	9:00
1467	218	M25	John Wiedenheft, 29, Cedar Rapids, IA	1:51:47	1:55:19	9:00
738	141	W25	Emily Heetland, 26*, Des Moines, IA	1:51:48	2:03:45	9:00
739	46	W45	Jodi Runge, 48*, Des Moines, IA	1:51:49	2:00:08	9:00
740	143	W35	Jill Thompson, 37*, Urbandale, IA	1:51:49	1:52:46	9:00
741	142	W25	Amanda Foresman, 28*, Clive, IA	1:51:49	1:55:38	9:00
742	143	W25	Amber Rodgers, 28*, West Des Moines, IA	1:51:51	1:52:37	9:00
743	144	W35	Heather Kleis, 38*, Johnston, IA	1:51:51	1:58:16	9:00
1468	188	M40	Andy Klopstad, 41, Ames, IA	1:51:52	1:54:42	9:00
1469	219	M25	Jeremy Musil, 28, Ankeny, IA	1:51:52	1:52:39	9:00
1470	83	M50	John Sorensen, 54, West Des Moines, IA	1:51:52	1:55:38	9:00
744	160	W30	Jenelle Ausborn, 33*, Polk City, IA	1:51:53	1:55:17	9:00
745	145	W35	Alison Smith, 36*, Pella, IA	1:51:54	1:52:04	9:00
1471	229	M35	Monty Evans, 36, Ankeny, IA	1:51:56	1:55:56	9:00
1472	330	M30	Joe Adducci, 30, Tiffin, IA	1:51:56	1:51:56	9:00
1473	130	M45	Herman Riva, 48, Norwalk, IA	1:51:57	1:57:30	9:00
1474	230	M35	Jameson Hauser, 37, Le Mars, IA	1:51:57	2:04:55	9:00
1475	84	M50	Jack Thompson, 54, Norwalk, IA	1:51:59	1:55:35	9:01
1476	220	M25	Wade McAtee, 28, Urbandale, IA	1:51:59	1:52:58	9:01
1477	331	M30	Brian Becker, 33, Dubuque, IA	1:52:00	1:53:48	9:01
746	24	W17	Amberly Habhab, 18*, Fort Dodge, IA	1:52:00	1:55:12	9:01
1478	85	M50	William Henninger, 50, Newton, IA	1:52:00	1:52:18	9:01

747	85	W40	Carmen Jacobsen, 42*, Wet Des Moines, IA	1:52:00	1:52:33	9:01
1479	21	JrM	Seth Garland, 13, Des Moines, IA	1:52:00	1:52:21	9:01
1480	86	M50	Sam VanMaanen, 50, Pella, IA	1:52:01	1:54:22	9:01
1481	87	M50	Lane Vellinga, 51, Waukee, IA	1:52:01	1:53:35	9:01
748	86	W40	Karmel Sueppel, 44*, West Des Moines, IA	1:52:01	1:55:13	9:01
749	144	W25	Mary Mansheim, 26*, Clive, IA	1:52:01	2:05:10	9:01
1482	332	M30	Richard Beveridge, 33, West Des Moines, IA	1:52:02	1:59:02	9:01
1483	88	M50	Steve Ambrose, 53, Clive, IA	1:52:03	1:54:49	9:01
750	161	W30	Amanda Beveridge, 31*, West Des Moines, IA	1:52:03	1:59:02	9:01
1484	231	M35	Daniel Vallejo, 36, Ankeny, IA	1:52:04	1:54:52	9:01
751	145	W25	Tara Adducci, 25*, Tiffin, IA	1:52:04	1:52:04	9:01
1485	131	M45	Scott Curtis, 46, Algona, IA	1:52:05	1:56:55	9:01
1486	89	M50	Scott Day, 50, St. Charles, IA	1:52:05	1:55:36	9:01
1487	132	M45	Scott Bandy, 48, Indianola, IA	1:52:06	1:55:38	9:01
752	146	W25	Jessica Wiegert, 25*, West Des Moines, IA	1:52:06	1:52:06	9:01
1488	22	JrM	Johnathan Tank, 15, Clear Lake, IA	1:52:07	1:53:40	9:01
1489	133	M45	David Rodda, 46, Pleasantville, IA	1:52:08	1:57:27	9:01
753	146	W35	Amber Crews, 35*, Clive, IA	1:52:08	1:55:31	9:01
1490	4	M65	Larry Olofson, 66, Boone, IA	1:52:08	1:52:24	9:01
754	147	W35	Jenny Dowil, 38*, West Des Moines, IA	1:52:08	1:56:14	9:01
755	147	W25	Lacey Wilaby, 28*, Eldora, IA	1:52:08	1:55:54	9:01
1491	189	M40	Marty Wolske, 40, West Des Moines, IA	1:52:08	2:05:42	9:01
756	162	W30	Hope Meyer, 31*, Bondurant, IA	1:52:08	2:00:43	9:01
1492	232	M35	Billy Mottet, 38, Urbandale, IA	1:52:09	1:54:19	9:01
1493	233	M35	Brett Reed, 37, Carlisle, IA	1:52:09	1:53:30	9:01
1494	90	M50	Geoff Safford, 51, Indianola, IA	1:52:10	1:53:44	9:01
1495	333	M30	Joshua Arickx, 30, Waterloo, IA	1:52:10	1:53:18	9:01
757	163	W30	Leah Taylor, 34*, West Des Moines, IA	1:52:11	1:55:40	9:02
758	25	W17	Jaclyn Rittgers, 18*, Gowrie, IA	1:52:11	1:54:49	9:02
759	164	W30	Carey Knight, 33*, Des Moines, IA	1:52:12	2:04:47	9:02
1496	50	M55	David Cunningham, 58, Forest City, IA	1:52:12	1:52:23	9:02
760	47	W45	Mindee Jensen, 46*, Ankeny, IA	1:52:12	1:55:23	9:02
761	87	W20	Lindsay Nash, 22*, Keokuk, IA	1:52:13	1:59:15	9:02
762	48	W45	Kimberly Stewart, 45*, Des Moines, IA	1:52:14	1:55:54	9:02
1497	334	M30	Quentin Dietrich, 30, Des Moines, IA	1:52:14	1:52:50	9:02
763	148	W25	Mae Trullinger, 29*, Des Moines, IA	1:52:14	2:03:49	9:02
764	149	W25	Rachel Crane, 25*, Waterloo, IA	1:52:14	1:55:54	9:02
765	165	W30	Krista Eittreim, 33*, Des Moines, IA	1:52:15	1:55:33	9:02
766	87	W40	Michelle Blake, 43*, Maquoketa, IA	1:52:15	1:56:44	9:02
1498	335	M30	Brent Hulbert, 34, West Des Moines, IA	1:52:15	2:01:02	9:02
767	166	W30	Vanessa Smock, 30*, Gladbrook, IA	1:52:16	1:54:56	9:02
1499	51	M55	Patrick Edwards, 55, Lambs Grove, IA	1:52:18	2:03:41	9:02
1500	190	M40	Rob Shaw, 44, Des Moines, IA	1:52:19	2:00:52	9:02
1501	234	M35	Izaak Myers, 37, Johnston, IA	1:52:19	1:55:19	9:02
768	167	W30	Jill McIlhon, 33*, Ankeny, IA	1:52:20	1:56:33	9:02
1502	191	M40	Jeremy Betts, 42, Des Moines, IA	1:52:20	2:04:50	9:02
769	148	W35	Amy Ross, 39*, Carroll, IA	1:52:20	1:57:25	9:02
1503	192	M40	Jesse McFarland, 43, Winterset, IA	1:52:20	1:53:40	9:02
770	168	W30	Jennifer Dyche, 34*, Ames, IA	1:52:21	2:04:21	9:02
771	149	W35	Stacy Cornell, 37*, Indianola, IA	1:52:21	1:54:14	9:02
772	49	W45	Melissa Yolish, 45*, Urbandale, IA	1:52:21	1:58:55	9:02
1504	134	M45	Brandon Koch, 46, Lees Summit, MO	1:52:22	1:55:36	9:02
773	13	W55	D. Peterson, 55*, Grimes, IA	1:52:22	1:54:26	9:02
774	150	W35	Jamie Cody, 35*, Estherville, IA	1:52:22	1:55:31	9:02
1505	148	M20	Carl De Vries, 21, Ames, IA	1:52:22	1:56:41	9:02
775	169	W30	Allysa Spring, 32*, Des Moines, IA	1:52:23	1:59:14	9:02
1506	221	M25	Andrew Quint, 29, Des Moines, IA	1:52:24	1:55:33	9:03
1507	135	M45	Kevin Wilhelm, 47, West Des Moines, IA	1:52:24	1:57:51	9:03
1508	235	M35	John Hembry, 38, Urbandale, IA	1:52:24	1:55:40	9:03
1509	336	M30	Matt Henning, 34, Ankeny, IA	1:52:25	2:00:02	9:03
776	170	W30	Casey Wetjen, 33*, Williamsburg, IA	1:52:25	1:53:14	9:03
1510	337	M30	Scott Shumaker, 31, Waukee, IA	1:52:25	1:55:47	9:03
1511	236	M35	Ross Lincoln, 38, Clive, IA	1:52:26	1:55:31	9:03
777	151	W35	Mandy Wolvert, 35*, Sauk Rapids, MN	1:52:27	1:56:26	9:03
1512	193	M40	Phil Jessen, 42, Webster City, IA	1:52:27	1:54:26	9:03

1513	338	M30	Jonathan Hardy, 31, Springfield, MO	1:52:27	1:57:56	9:03
1514	52	M55	Dick Hardy, 59, Springfield, MO	1:52:27	1:57:56	9:03
778	50	W45	Tonja Furrow, 45*, Clive, IA	1:52:27	1:55:54	9:03
1515	194	M40	Bobby Opheim, 41, Oskaloosa, IA	1:52:28	1:56:57	9:03
779	14	W55	Karen Thimmesch, 57*, Tiffin, IA	1:52:28	1:54:16	9:03
780	88	W20	Kelly Noonan, 24*, Des Moines, IA	1:52:29	1:58:32	9:03
781	171	W30	Bianca Greazel, 34*, Marshalltown, IA	1:52:29	2:02:38	9:03
1516	339	M30	Brandon Rohlfesen, 34, Ankeny, IA	1:52:29	1:55:27	9:03
782	152	W35	Amy Powers, 35*, Polk City, IA	1:52:30	1:54:13	9:03
1517	237	M35	Kevin Ranslow, 35, Windsor Heights, IA	1:52:30	1:56:37	9:03
1518	238	M35	Travis Abrahamson, 38, Oskaloosa, IA	1:52:31	1:56:57	9:03
1519	136	M45	Mark Perington, 48, Johnston, IA	1:52:32	1:55:25	9:03
783	150	W25	Anne Paulson, 27*, Jonesboro, AR	1:52:33	1:54:07	9:03
784	151	W25	Suzanne Wedeking, 26*, Des Moines, Ia, Ia	1:52:33	1:58:00	9:03
785	89	W20	Calista Hahn, 23*, Solon, IA	1:52:33	2:01:30	9:03
1520	54	M17	Briar Shivers, 17, Indianola, IA	1:52:33	2:04:27	9:03
1521	222	M25	Keith Olson, 29, Ankeny, IA	1:52:34	1:54:52	9:03
1522	340	M30	Chad Follis, 31, Hartford, IA	1:52:34	1:55:55	9:03
1523	341	M30	John Finken, 31, Ankeny, IA	1:52:34	2:05:09	9:03
1524	137	M45	Steve Kipp, 49, Johnston, IA	1:52:34	1:52:44	9:03
1525	223	M25	Derick Tallman, 28, Ankeny, IA	1:52:35	1:55:58	9:03
786	152	W25	Daniela Haase, 26*, Iowa City, IA	1:52:35	1:54:56	9:03
1526	342	M30	Nick LaVelle, 32, Eldora, IA	1:52:36	1:56:21	9:04
1527	195	M40	Shawn Svoboda, 43, Ankeny, IA	1:52:36	1:55:27	9:04
1528	149	M20	Chris Dickinson, 23, Iowa City, IA	1:52:36	1:58:17	9:04
787	153	W35	Kori Heuss, 39*, Ames, IA	1:52:37	1:55:53	9:04
788	90	W20	Kirsten Goetz, 22*, West Des Moines, IA	1:52:37	1:58:17	9:04
1529	138	M45	Keith Light, 49, Perry, IA	1:52:38	1:58:28	9:04
789	16	JrW	Shivani Kumaresan, 14*, Urbandale, IA	1:52:38	1:55:45	9:04
1530	224	M25	Ben Vogel, 28, Des Moines, IA	1:52:38	1:54:31	9:04
790	172	W30	Jessica Gibbons, 33*, Winterset, IA	1:52:38	1:55:00	9:04
791	88	W40	Linda Miller, 42*, Ia, IA	1:52:39	1:54:06	9:04
1531	23	JrM	Peter Lyon, 15, Fort Dodge, IA	1:52:39	1:55:51	9:04
792	173	W30	Melissa Fiacco, 31*, Cedar Rapids, IA	1:52:39	1:54:42	9:04
1532	139	M45	Eric Funk, 48, Ankeny, IA	1:52:40	1:55:34	9:04
1533	225	M25	Justin Funk, 27, Ankeny, IA	1:52:40	1:55:34	9:04
793	154	W35	Julie Pewe, 35*, Johnston, IA	1:52:40	1:56:13	9:04
1534	150	M20	Mitchell Splinter, 23, Waterloo, IA	1:52:42	1:57:33	9:04
1535	140	M45	Scott Mortimer, 47, Cumming, IA	1:52:42	1:54:50	9:04
1536	239	M35	Chad Kinter, 38, Grimes, IA	1:52:43	1:54:20	9:04
1537	343	M30	Joshua Anderson, 30, Boone, IA	1:52:43	1:53:42	9:04
794	153	W25	Jenna Spiering, 27*, Des Moines, IA	1:52:45	1:58:12	9:04
1538	240	M35	Matt Janssen, 36, Grimes, IA	1:52:46	1:54:22	9:04
795	154	W25	Jessica Mendez, 25*, Iowa City, IA	1:52:46	2:05:24	9:04
1539	151	M20	Michael Dolch, 24, Villisca, IA	1:52:46	2:02:53	9:04
796	15	W55	Rose Oswald, 55*, Dubuque, IA	1:52:46	1:55:13	9:04
797	17	JrW	Carlee Cutler, 16*, Des Moines, IA	1:52:47	1:59:50	9:04
798	89	W40	Deb VanVelzen, 42*, Cumming, IA	1:52:47	1:53:41	9:04
1540	344	M30	Michael Peverill, 34, Ankeny, IA	1:52:47	1:55:30	9:04
799	174	W30	Sara Closson, 31*, Ankeny, IA	1:52:47	1:54:21	9:04
1541	53	M55	Alan DiSpirito, 59, Ames, IA	1:52:48	1:55:08	9:05
1542	91	M50	Joedy VanVelzen, 50, Cumming, IA	1:52:49	1:53:42	9:05
800	155	W35	Jennifer Rose, 38*, West Des Moines, IA	1:52:49	1:54:43	9:05
801	18	JrW	Sarah Voss, 16*, Des Moines, IA	1:52:49	1:56:52	9:05
802	91	W20	Kaytlin Moeller, 24*, Madison, WI	1:52:49	1:56:19	9:05
803	90	W40	Monica Frankl, 41*, Urbandale, IA	1:52:50	1:54:44	9:05
1543	92	M50	Douglas Philip, 53, Des Moines, IA	1:52:50	1:58:41	9:05
804	92	W20	Amanda Philip, 21*, Des Moines, IA	1:52:50	1:58:41	9:05
805	93	W20	Elizabeth Colwell, 24*, Iowa City, IA	1:52:50	1:56:20	9:05
1544	152	M20	Kyle McDowell, 24, West Des Moines, IA	1:52:51	1:55:10	9:05
806	94	W20	Rebecca Stoolman, 23*, West Branch, IA	1:52:51	2:01:58	9:05
1545	345	M30	Michael Hoff, 30, Johnston, IA	1:52:52	1:56:29	9:05
1546	141	M45	David Thayer, 48, Des Moines, IA	1:52:52	1:55:07	9:05
807	91	W40	Susan Potter, 42*, Ankeny, IA	1:52:53	1:55:22	9:05
808	156	W35	Shannon Bjorholm, 36*, Des Moines, IA	1:52:54	1:57:46	9:05

809	92	W40	Holly Highland, 40*, Webster City, IA	1:52:54	2:03:44	9:05
810	175	W30	Tawnya Hawkins, 32*, Indianola, IA	1:52:55	1:59:33	9:05
811	93	W40	Trisha Carpenter, 42*, Webster City, IA	1:52:55	2:03:45	9:05
1547	196	M40	Tim Schaffner, 40, Augusta, KS	1:52:56	1:55:41	9:05
812	157	W35	Dawnelle McClure, 37*, Cedar Rapids, IA	1:52:57	1:55:29	9:05
1548	241	M35	Travis Paulson, 36, Altoona, IA	1:52:57	2:05:32	9:05
813	158	W35	Jenna Porter, 39*, Des Moines, IA	1:52:57	1:54:27	9:05
814	176	W30	Celeste Paulson, 34*, Altoona, IA	1:52:59	2:05:34	9:05
815	95	W20	Jessica Johnson, 24*, Kirksville, MO	1:52:59	1:56:14	9:05
1549	54	M55	Alan Taylor, 59, Kirksville, MO	1:52:59	1:57:07	9:05
1550	226	M25	Zachary Luebbering, 25, Kirksville, MO	1:53:00	1:56:15	9:05
1551	197	M40	Doug Dollison, 41, Ankeny, IA	1:53:00	1:55:41	9:05
1552	346	M30	William Scales, 31, West Des Moines, IA	1:53:00	2:03:56	9:05
1553	242	M35	Gus Henrici, 38, Grimes, IA	1:53:00	1:55:35	9:06
1554	347	M30	Benjamin Cook, 30, North Liberty, IA	1:53:01	1:58:39	9:06
1555	348	M30	Justin Knudson, 31, Cedar Rapids, IA	1:53:01	2:03:58	9:06
1556	153	M20	Matt VanPatten, 22, Des Moines, IA	1:53:01	1:57:03	9:06
1557	154	M20	John Phelps, 20, Clive, IA	1:53:01	2:05:01	9:06
1558	349	M30	Shawn Studer, 33, Altoona, IA	1:53:02	1:54:58	9:06
816	159	W35	Julie Nahas Muller, 38*, Clive, IA	1:53:02	1:55:08	9:06
817	16	W55	Victoria Lacey, 57*, Johnston, IA	1:53:03	1:54:59	9:06
818	177	W30	Kate Thoma, 34*, Iowa City, IA	1:53:03	1:58:32	9:06
1559	198	M40	Tom Shrader, 44, West Des Moines, IA	1:53:03	1:55:19	9:06
1560	243	M35	Brent Marnin, 36, West Des Moines, IA	1:53:04	1:54:55	9:06
1561	350	M30	Adam Andersen, 32, Tama, IA	1:53:05	1:55:45	9:06
1562	199	M40	Rod Friedrich, 42, Sioux Falls, SD	1:53:06	2:05:02	9:06
819	155	W25	Rachel Coleman, 28*, Chanhassen, MN	1:53:06	1:57:29	9:06
1563	227	M25	Seth Drury, 26, Des Moines, IA	1:53:06	1:57:29	9:06
1564	2	M70	Herman Merten, 70, Charles City, IA	1:53:07	1:53:38	9:06
820	156	W25	Rachael Mueller, 27*, Ankeny, IA	1:53:07	2:00:24	9:06
1565	93	M50	John Moorlach, 50, Indianola, IA	1:53:09	2:01:00	9:06
821	178	W30	Vanessa Grier, 30*, Roeland Park, KS	1:53:09	1:55:57	9:06
1566	142	M45	Robert Cunngham, 45, Urbandale, IA	1:53:09	2:01:13	9:06
1567	228	M25	Jeremy Rasmussen, 29, Boone, IA	1:53:10	2:02:02	9:06
822	157	W25	Sarah Haley, 28*, West Des Moines, IA	1:53:11	1:57:12	9:06
1568	155	M20	Paul Beckman, 23, Ankeny, IA	1:53:11	1:54:45	9:06
1569	143	M45	Martin Foxen, 48, Cedar Rapids, IA	1:53:12	2:01:09	9:06
1570	144	M45	Tom Youngwirth, 46, Windsor Heights, IA	1:53:12	1:55:18	9:06
1571	200	M40	Jeff White, 44, Ankeny, IA	1:53:12	1:56:29	9:07
823	158	W25	Melissa Hoskins, 26*, Grandview Plaza, KS	1:53:13	1:58:24	9:07
824	160	W35	Lacey Howard, 35*, Des Moines, IA	1:53:13	1:58:35	9:07
825	159	W25	Caitlin Suginaka, 27*, Des Moines, IA	1:53:13	1:57:45	9:07
1572	229	M25	Alex Suginaka, 27, Des Moines, IA	1:53:13	1:57:45	9:07
1573	244	M35	Dan Wolfe, 35, Cedar Rapids, IA	1:53:14	1:54:02	9:07
1574	230	M25	Andy Hohman, 29, Brookings, SD	1:53:15	2:01:26	9:07
826	161	W35	Shannon Eldridge, 36*, State Center, IA	1:53:16	1:55:21	9:07
827	160	W25	Shireen Cave, 29*, Indianola, IA	1:53:16	2:00:29	9:07
1575	231	M25	Robert Peck, 26, Marion, IA	1:53:16	1:56:19	9:07
828	179	W30	Leslie Sager, 33*, Gladbrook, IA	1:53:16	1:55:57	9:07
1576	351	M30	Todd Matteson, 31, Des Moines, IA	1:53:16	1:57:53	9:07
1577	245	M35	David Dixon, 37, Altoona, IA	1:53:17	1:57:16	9:07
1578	232	M25	John Trickler, 26, Ames, IA	1:53:17	2:00:52	9:07
1579	246	M35	Adam Hanrahan, 39, Palo, IA	1:53:18	1:58:47	9:07
829	96	W20	Emily Pomasl, 24*, West Des Moines, IA	1:53:18	2:03:24	9:07
1580	156	M20	Alexander Thornton, 24, Ames, IA	1:53:19	2:02:25	9:07
1581	352	M30	Brad Ashton, 34, Des Moines, IA	1:53:19	2:02:02	9:07
830	180	W30	Ashley Coffman, 31*, Story City, IA	1:53:19	1:58:42	9:07
831	161	W25	Katie Brandstatter, 28*, West Des Moines, IA	1:53:20	1:55:57	9:07
1582	233	M25	Nick Hopp, 25, Ames, IA	1:53:20	1:55:22	9:07
1583	247	M35	Matthew Squires, 38, Grimes, IA	1:53:20	1:55:58	9:07
832	181	W30	Stacey Guertin, 32*, Cedar Rapids, IA	1:53:21	1:57:10	9:07
1584	234	M25	Joe McConkey, 29, West Des Moines, IA	1:53:22	1:53:22	9:07
833	51	W45	Leslie Podliska, 48*, Ottumwa, IA	1:53:22	1:57:18	9:07
1585	94	M50	Michael Lee, 54, Ames, IA	1:53:23	1:55:29	9:07

1586	235	M25	Nathan Rollenhagen, 27, Palmdale, CA	1:53:24	2:05:18	9:07
834	162	W25	Joelle Ubben, 28*, Ankeny, IA	1:53:24	1:59:02	9:07
835	162	W35	Karen Smith, 37*, Urbandale, IA	1:53:24	1:54:54	9:07
1587	353	M30	Ariel Ubben, 31, Ankeny, IA	1:53:24	1:59:02	9:07
1588	24	JrM	Brady Harper, 15, Johnston, IA	1:53:25	1:56:47	9:08
1589	354	M30	Jacob Auliff, 33, Des Moines, IA	1:53:26	1:56:08	9:08
836	97	W20	Rebecca Meade, 23*, Council Bluffs, IA	1:53:26	2:06:03	9:08
837	182	W30	Rhonda Rennenger, 32*, Des Moines, IA	1:53:26	1:55:39	9:08
838	183	W30	Melanie Hill, 32*, Ankeny, IA	1:53:27	2:05:07	9:08
1590	145	M45	James Arthur, 49, Des Moines, IA	1:53:28	1:55:20	9:08
839	163	W25	Wendy Olson, 27*, Ankeny, IA	1:53:28	2:03:54	9:08
840	164	W25	Katie Johnson, 26*, Johnston, IA	1:53:29	1:57:37	9:08
841	165	W25	Jessica Gorman, 28*, West Des Moines, IA	1:53:29	2:06:26	9:08
842	184	W30	Jen Andersen, 33*, West Des Moines, IA	1:53:30	2:03:35	9:08
843	94	W40	Melissa Strunk, 40*, North Liberty, IA	1:53:30	1:58:49	9:08
1591	355	M30	Chris Andersen, 31, West Des Moines, IA	1:53:30	2:03:35	9:08
1592	201	M40	Jeff Collum, 44, West Des Moines, IA	1:53:30	1:57:00	9:08
844	95	W40	Stephanie Fleckenstein, 40*, North Liberty, IA	1:53:30	1:58:49	9:08
1593	236	M25	Eric Zellner, 27, Ames, IA	1:53:31	2:00:43	9:08
845	163	W35	Kelly Rand, 36*, West Des Moines, IA	1:53:31	1:54:46	9:08
1594	55	M55	Brent Hintz, 57, Waterloo, IA	1:53:32	1:58:02	9:08
1595	146	M45	Bradd Brown, 48, Cedar Rapids, IA	1:53:32	1:55:57	9:08
1596	248	M35	Jeremy Jolly, 35, Pleasantville, IA	1:53:33	1:57:55	9:08
846	185	W30	Elisa Buck, 30*, Ankeny, IA	1:53:34	1:56:16	9:08
847	164	W35	Michele Hoogers, 38*, Austin, MN	1:53:38	1:59:29	9:09
848	186	W30	Mackenzie Pedersen, 33*, West Liberty, IA	1:53:38	2:05:44	9:09
1597	356	M30	Tom McDonald, 32, Shawnee, KS	1:53:38	2:02:26	9:09
1598	357	M30	Richard Patrick, 31, Ankeny, IA	1:53:38	2:05:50	9:09
1599	358	M30	Cody Belgarde, 32, Roseville, MN	1:53:39	1:57:20	9:09
849	187	W30	Nina Amato, 30*, Polk City, IA	1:53:39	2:05:51	9:09
850	98	W20	Abbey Harris, 23*, Omaha, NE	1:53:39	1:57:46	9:09
851	52	W45	Donna Carroll, 45*, Waukee, IA	1:53:40	1:59:01	9:09
1600	202	M40	Mark Benson, 43, Des Moines, IA	1:53:40	1:55:49	9:09
1601	157	M20	Brett Mathes, 21, Madrid, IA	1:53:40	1:55:10	9:09
1602	95	M50	Dennis Baldwin, 50, Waukee, IA	1:53:41	1:55:43	9:09
1603	147	M45	Jon Nost, 45, Grimes, IA	1:53:41	1:55:20	9:09
852	96	W40	Lisa Mondt, 44*, Ames, IA	1:53:41	1:57:23	9:09
853	99	W20	Nicole Baker, 20*, Grimes, IA	1:53:41	1:55:11	9:09
854	166	W25	Melissa Bro, 25*, Bedford, TX	1:53:41	1:56:53	9:09
855	167	W25	Stefanie Kirk, 27*, Waukee, IA	1:53:41	1:56:53	9:09
1604	56	M55	Brian Lampe, 55, Johnston, IA	1:53:42	1:55:22	9:09
1605	249	M35	Mark Holm, 37, Ankeny, IA	1:53:42	1:56:26	9:09
1606	57	M55	Tom Thompson, 58, Eagle Grove, IA	1:53:42	1:56:45	9:09
1607	158	M20	Ashor Chirackal, 24, West Des Moines, IA	1:53:42	1:59:58	9:09
1608	148	M45	Sam Shelley, 47, Clive, IA	1:53:42	2:00:45	9:09
1609	203	M40	Todd Louwagie, 43, Algona, IA	1:53:42	1:57:55	9:09
1610	159	M20	Adam Puls, 24, Des Moines, IA	1:53:43	1:59:59	9:09
856	165	W35	Gentry Smith, 36*, Des Moines, IA	1:53:43	2:00:17	9:09
857	97	W40	Tracy Everett, 43*, Pleasant Hill, IA	1:53:44	1:56:54	9:09
1611	58	M55	John Meyer, 57, West Des Moines, IA	1:53:44	1:54:06	9:09
858	166	W35	Danielle Pearson, 38*, Fort Dodge, IA	1:53:45	2:06:16	9:09
1612	237	M25	Drew Rasmusson, 27, Story City, IA	1:53:46	2:02:11	9:09
1613	359	M30	Brad Welcher, 30, Ankeny, IA	1:53:46	1:54:51	9:09
859	188	W30	Lisa Blunk, 33*, Ankeny, IA	1:53:46	1:56:57	9:09
860	168	W25	Melissa Summers, 26*, Waterloo, IA	1:53:47	2:07:11	9:09
861	100	W20	Katey Meyer, 21*, Cedar Falls, IA	1:53:47	1:55:17	9:09
1614	204	M40	Patrick Weldon, 41, Johnston, IA	1:53:47	1:58:15	9:09
862	169	W25	Patti Shonk, 26*, Ames, IA	1:53:47	1:56:40	9:09
1615	205	M40	Ed Jackson, 41, Ames, IA	1:53:47	2:03:19	9:09
863	170	W25	Katelyn Bignall, 28*, Moline, IL	1:53:47	2:03:19	9:09
1616	360	M30	Nathan Bignall, 30, Moline, IL	1:53:47	2:03:19	9:09
864	189	W30	Kedra Hamilton, 33*, Nevada, IA	1:53:48	1:59:58	9:09
865	101	W20	Nicole Boyle, 20*, Holstein, IA	1:53:49	1:57:49	9:09
866	171	W25	Dawn Kress, 27*, Independence, IA	1:53:49	2:02:35	9:09

867	102	W20	Lauren Bonett, 20*, Ames, IA	1:53:49	1:56:15	9:09
1617	250	M35	Brad Nelson, 36, West Des Moines, IA	1:53:49	2:01:57	9:09
1618	206	M40	David Hanson, 41, Urbandale, IA	1:53:50	1:55:55	9:09
1619	207	M40	Brent Ouellette, 41, Ankeny, IA	1:53:50	1:54:57	9:10
1620	59	M55	David Porepp, 57, Clive, IA	1:53:50	2:01:39	9:10
1621	160	M20	Brian Nordland, 24, Rochester, MN	1:53:51	1:59:38	9:10
1622	361	M30	Matt Geneser, 33, Iowa City, IA	1:53:52	1:57:23	9:10
868	98	W40	Cheryl Ouellette, 42*, Ankeny, IA	1:53:52	1:54:58	9:10
869	172	W25	Julie Bender, 28*, West Des Moines, IA	1:53:52	2:00:38	9:10
870	190	W30	Kim Gymer, 34*, Bondurant, IA	1:53:52	1:58:05	9:10
871	191	W30	Katie Streff, 32*, West Des Moines, IA	1:53:52	1:56:24	9:10
872	99	W40	Diane Schultes, 42*, West Branch, IA	1:53:53	2:05:59	9:10
873	100	W40	Sea Fey, 40*, Nevada, IA	1:53:55	1:56:30	9:10
1623	208	M40	Michael Devereux, 41, Ankeny, IA	1:53:55	1:59:33	9:10
874	192	W30	Amanda Ryan, 34*, Ankeny, IA	1:53:55	2:00:28	9:10
875	193	W30	Carroll Deets, 33*, Waukee, IA	1:53:55	1:58:25	9:10
876	194	W30	Kate Wulkow, 31*, Frankfort, IL	1:53:56	1:55:44	9:10
877	195	W30	Katie Wulkow, 31*, Grimes, IA	1:53:56	1:55:44	9:10
1624	209	M40	James McDonald, 42, Grimes, IA	1:53:56	1:57:20	9:10
1625	210	M40	Joel Fey, 41, Nevada, IA	1:53:57	1:56:31	9:10
878	103	W20	Priscilla Stepanian, 21*, Moscow, IA	1:53:57	1:56:08	9:10
1626	238	M25	James DeBerg, 28, Ottumwa, IA	1:53:57	1:55:27	9:10
1627	211	M40	Kurt Weieneth, 44, Adel, IA	1:53:58	1:56:58	9:10
879	167	W35	Wendy Barlow, 37*, Altoona, IA	1:53:59	2:06:52	9:10
880	173	W25	Jenny Springer, 29*, Newton, IA	1:54:00	1:56:23	9:10
881	53	W45	Diane Seymour, 45*, Urbandale, IA	1:54:01	2:00:20	9:10
1628	251	M35	Wayne Beam, 39, Ankeny, IA	1:54:01	1:59:24	9:10
882	168	W35	Tanya Matthews, 38*, Cedar Rapids, IA	1:54:01	1:57:26	9:10
883	169	W35	Mindy Moore, 37*, West Des Moines, IA	1:54:01	2:00:10	9:10
884	170	W35	Esther Vander Waal, 39*, Johnston, IA	1:54:02	1:57:20	9:10
885	174	W25	Amy Pellegrin, 29*, Clive, IA	1:54:03	1:57:07	9:11
1629	212	M40	Ronald Wheeler, 42, Johnston, IA	1:54:03	1:56:12	9:11
886	196	W30	Lisa Mollenhauer, 31*, Clive, IA	1:54:05	1:56:06	9:11
1630	252	M35	Bryant Arns, 35, Bondurant, IA	1:54:06	1:56:32	9:11
1631	239	M25	Ryan Sones, 26, Des Moines, IA	1:54:06	1:56:50	9:11
887	26	W17	Stacy Overman, 19*, Des Moines, IA	1:54:06	1:59:29	9:11
888	104	W20	Mary Begg, 23*, Huxley, IA	1:54:07	1:57:37	9:11
1632	240	M25	Zachary Norgren, 26, Rippey, IA	1:54:07	2:07:31	9:11
1633	213	M40	Dale Moyle, 40, Fairfax, IA	1:54:07	1:54:53	9:11
1634	214	M40	Nick Nolte, 41, Cedar Rapids, IA	1:54:07	1:54:53	9:11
889	101	W40	Barb Finney, 42*, Pella, IA	1:54:07	1:57:22	9:11
1635	215	M40	Shishir Khadka, 41, West Des Moines, IA	1:54:08	1:56:29	9:11
1636	96	M50	Jimmy Keller, 50, Cedar Rapids, IA	1:54:08	1:55:37	9:11
1637	97	M50	Bill Wellman, 50, West Point, IA	1:54:09	1:57:24	9:11
890	27	W17	Michaela Huey, 17*, Marshalltown, IA	1:54:09	2:01:52	9:11
891	197	W30	Heidi Alexander, 31*, Melrose, IA	1:54:10	1:56:11	9:11
892	198	W30	Sarah Biermann, 31*, Ia, IA	1:54:10	1:55:58	9:11
893	105	W20	Briana VerSteeg, 22*, Oskaloosa, IA	1:54:11	2:07:01	9:11
1638	5	M65	Richard Blanshan, 65, Polk City, IA	1:54:11	1:56:45	9:11
1639	253	M35	Robert Mallinger, 35, Jefferson, IA	1:54:12	2:04:17	9:11
894	175	W25	Danielle Johnson, 26*, Shawnee, KS	1:54:12	1:56:51	9:11
1640	98	M50	Craig Allison, 53, Urbandale, IA	1:54:15	1:58:20	9:12
1641	241	M25	Dane Nealson, 27, Ames, IA	1:54:16	1:56:28	9:12
1642	149	M45	Mark Arkema, 49, Ia, IA	1:54:16	1:56:37	9:12
895	176	W25	Claudia Ahrens, 28*, Saint Paul, MN	1:54:17	2:00:33	9:12
896	54	W45	Alyson Skahill, 46*, West Des Moines, IA	1:54:17	1:55:34	9:12
897	177	W25	Lindsay Hackman, 26*, Victoria, MN	1:54:18	2:03:39	9:12
1643	362	M30	Adam Russell, 34, Forest City, IA	1:54:18	1:55:47	9:12
898	106	W20	Kellie Freeman, 20*, Cedar Rapids, IA	1:54:18	1:57:50	9:12
1644	242	M25	Nick Hackman, 28, Victoria, MN	1:54:18	2:03:39	9:12
899	29	W50	Gina Iverson, 51*, Altoona, IA	1:54:18	2:01:25	9:12
1645	243	M25	Ross Weidner, 27, Bondurant, IA	1:54:18	1:57:07	9:12
900	178	W25	Rachel Scheib, 28*, Ankeny, IA	1:54:19	2:02:51	9:12
901	179	W25	Megan Modlin, 28*, Mitchellville, IA	1:54:19	1:59:39	9:12
902	107	W20	Carol Hopp, 23*, Ames, IA	1:54:19	1:56:21	9:12



903	1	W65	Marie H Quanbeck, 65*, Newton, IA	1:54:19	1:57:30	9:12
904	199	W30	Sarah Kautzky-Iben, 33*, Perry, IA	1:54:19	2:02:51	9:12
1646	161	M20	Chris Toporek, 20, Ames, IA	1:54:21	1:54:21	9:12
905	102	W40	Michelle Zeiser, 40*, Kirkland, WA	1:54:21	1:55:24	9:12
1647	216	M40	Carl Norman, 42, State Center, IA	1:54:21	1:55:56	9:12
906	103	W40	Susan Brown, 44*, Waukee, IA	1:54:21	1:54:54	9:12
1648	150	M45	Jeff Schachtner, 48, Clive, IA	1:54:23	1:59:49	9:12
1649	244	M25	Cody Smith, 28, Ankeny, IA	1:54:23	1:56:33	9:12
907	55	W45	Shelley Birmingham, 46*, Johnston, IA	1:54:23	1:56:05	9:12
1650	245	M25	Jeff Craig, 27, Urbandale, IA	1:54:23	2:03:03	9:12
1651	363	M30	Pooh Luck, 33, Dees Moines, IA	1:54:23	2:03:48	9:12
1652	151	M45	Colin Reese, 46, Windsor Heights, IA	1:54:24	2:05:14	9:12
1653	254	M35	Shawn Limback, 37, West Des Moines, IA	1:54:24	1:57:51	9:12
1654	246	M25	Blake Wittrock, 28, Waukee, IA	1:54:24	1:56:58	9:12
908	200	W30	Jennifer Dirkx, 32*, Carroll, IA	1:54:25	1:57:11	9:12
1655	364	M30	Andrew Michaelsen, 33, Jefferson, IA	1:54:25	1:55:38	9:12
909	108	W20	Mallory Klocke, 22*, Omaha, NE	1:54:25	2:03:18	9:12
910	201	W30	Sonja Brandt, 32*, Urbandale, IA	1:54:26	1:56:10	9:12
1656	217	M40	Chris Stimson, 42, Jefferson, IA	1:54:26	1:55:45	9:12
1657	60	M55	Jon Croft, 58, Des Moines, IA	1:54:26	1:59:25	9:12
1658	152	M45	Pete Bowen, 46, Bondurant, IA	1:54:27	1:55:41	9:13
1659	218	M40	Shane Thompson, 41, Logan, IA	1:54:28	1:59:55	9:13
1660	365	M30	Brent Willett, 30, Mason City, IA	1:54:28	1:58:38	9:13
1661	247	M25	Chris Fitzgerald, 29, Des Moines, IA	1:54:28	2:02:46	9:13
1662	366	M30	Ryan Janke, 32, Prole, IA	1:54:28	1:57:50	9:13
1663	99	M50	Jeff Cornwell, 54, Lakeville, MN	1:54:29	2:05:43	9:13
911	109	W20	Ashley McCoy, 24*, West Des Moines, IA	1:54:30	2:04:36	9:13
1664	248	M25	Cameron Barr, 25, Des Moines, IA	1:54:31	2:01:49	9:13
1665	219	M40	Martin Kemp, 44, Ames, IA	1:54:31	1:57:43	9:13
912	202	W30	Jamie L. Smith, 32*, Urbandale, IA	1:54:32	1:57:00	9:13
913	203	W30	Brandee Gatchel, 33*, Huxley, IA	1:54:32	1:59:49	9:13
914	171	W35	Nikki Thies, 37*, West Des Moines, IA	1:54:32	1:59:12	9:13
1666	249	M25	Andrew Graff, 27, West Des Moines, IA	1:54:33	2:00:10	9:13
915	204	W30	Michelle Washington, 31*, Mason City, IA	1:54:34	1:57:09	9:13
1667	255	M35	Darren Reid, 38, West Des Moines, IA	1:54:34	1:57:08	9:13
916	172	W35	Kayren Davidson, 35*, Urbandale, IA	1:54:35	2:00:00	9:13
1668	367	M30	Stephen Skram, 30, La Porte City, IA	1:54:35	2:00:20	9:13
917	30	W50	Jeannie Tison, 54*, Des Moines, IA	1:54:38	1:58:57	9:13
918	205	W30	Crystal Loving, 34*, Des Moines, IA	1:54:38	1:58:37	9:13
1669	162	M20	Alex From, 24, Iowa City, IA	1:54:39	2:00:04	9:13
919	206	W30	Jenn Kerschinske, 30*, Omaha, NE	1:54:39	2:03:58	9:13
1670	368	M30	Andrew Kerschinske, 30, Omaha, NE	1:54:39	2:03:58	9:13
1671	256	M35	Jon Kelly, 38, Ankeny, IA	1:54:40	1:56:07	9:14
920	173	W35	Gina Swanson, 35*, West Des Moines, IA	1:54:41	1:58:16	9:14
1672	369	M30	Chad Bormann, 34, Urbandale, IA	1:54:42	1:58:31	9:14
1673	370	M30	Jason Connor, 33, Erie, CO	1:54:42	1:57:38	9:14
1674	257	M35	Mike Davidson, 35, Urbandale, IA	1:54:42	2:00:07	9:14
1675	100	M50	Tom Mitchell, 50, Ankeny, IA	1:54:42	1:58:21	9:14
921	180	W25	Stephanie Elkin, 27*, Johnston, IA	1:54:42	1:58:51	9:14
1676	101	M50	Larry Shivers, 52, Indianola, IA	1:54:43	1:58:52	9:14
1677	220	M40	Donald Manderfield, 40, Waucoma, IA	1:54:43	2:02:51	9:14
922	110	W20	Malori Brause, 23*, Ames, IA	1:54:43	2:03:49	9:14
923	31	W50	Michele Nelson, 51*, Newton, IA	1:54:43	1:59:00	9:14
1678	258	M35	Brent Grooms, 37, Ankeny, IA	1:54:45	1:56:26	9:14
1679	221	M40	Jeremy Vaught, 40, Johnston, IA	1:54:45	1:54:55	9:14
1680	250	M25	Jeff Thibadeau, 28, West Des Moines, IA	1:54:45	1:58:44	9:14
924	32	W50	Kimberly Taylor, 52*, West Des Moines, IA	1:54:45	1:57:49	9:14
1681	259	M35	Carlos Cortez, 35, West Des Moines, IA	1:54:47	1:57:56	9:14
925	19	JrW	Hannah Snodgrass, 15*, Indianola, IA	1:54:47	1:57:05	9:14
926	207	W30	Erinn Anderson, 30*, West Des Moines, IA	1:54:47	1:55:28	9:14
927	104	W40	Amy Clark, 41*, Afton, IA	1:54:48	1:58:05	9:14
928	208	W30	Mary DeCarlo, 34*, Grimes, IA	1:54:48	1:56:15	9:14
929	17	W55	Annette Mahoney, 56*, Elkhorn, NE	1:54:49	1:55:32	9:14
1682	371	M30	Troy Matthaides, 33, Fairbank, IA	1:54:49	2:04:41	9:14
930	181	W25	Abby Emmert, 27*, Iowa City, IA	1:54:50	1:58:28	9:14

1683	153	M45	Steve Maruth, 48, Ankeny, IA	1:54:50	1:58:15	9:14
931	209	W30	Ellen Chaussee, 31*, West Des Moines, IA	1:54:50	2:03:36	9:14
1684	251	M25	Brian Callanan, 28, Urbandale, IA	1:54:50	2:03:36	9:14
1685	252	M25	Brad Hopkins, 29, Des Moines, IA	1:54:50	2:04:15	9:14
1686	154	M45	Gordy Dye, 46, Sheffield, IA	1:54:51	2:02:30	9:14
1687	21	M60	Rick Hillman, 60, Dana, IA	1:54:52	1:58:09	9:15
932	111	W20	Amanda Krook, 20*, Altoona, IA	1:54:52	2:04:45	9:15
1688	222	M40	Joe Garcia, 42, Urbandale, IA	1:54:53	2:00:58	9:15
933	20	JrW	Caroline Warmuth, 14*, Waukee, IA	1:54:53	2:01:48	9:15
934	210	W30	Leah Fuhrman, 31*, Cedar Rapids, IA	1:54:53	2:07:59	9:15
935	33	W50	Cheri Bosman, 54*, Sheldon, IA	1:54:54	2:00:45	9:15
1689	155	M45	Davood Kolbehdari, 47, Ankeny, IA	1:54:54	1:55:30	9:15
936	4	W60	Mary VanSteenis, 64*, Pella, IA	1:54:54	1:55:56	9:15
937	56	W45	Sara Curtis, 46*, Algona, IA	1:54:55	1:59:45	9:15
938	174	W35	Carrie Dieken, 36*, Cedar Falls, IA	1:54:55	1:57:45	9:15
1690	372	M30	Matthew Rowles, 33, Des Moines, IA	1:54:56	1:57:11	9:15
939	57	W45	Tammy Wheeler, 46*, Waverly, IA	1:54:58	1:59:02	9:15
1691	163	M20	Nicholas Kohlhof, 23, Dubuque, IA	1:54:58	1:59:47	9:15
940	105	W40	Suzy Marker, 41*, Norwalk, IA	1:54:59	2:08:30	9:15
1692	102	M50	Wes Boehm, 52, Elkhorn, NE	1:55:00	1:58:54	9:15
1693	103	M50	Gary A. Boesenberg, 53, Solon, IA	1:55:00	2:06:07	9:15
1694	164	M20	Brad Adams, 24, Iowa City, IA	1:55:00	1:59:31	9:15
1695	156	M45	Jeff Frost, 46, Gilbertville, IA	1:55:00	1:55:33	9:15
1696	223	M40	Scott Dykstra, 40, Urbandale, IA	1:55:00	1:56:53	9:15
1697	157	M45	Kevin Umphress, 46, Pleasant Hill, IA	1:55:03	1:57:18	9:15
1698	373	M30	Josh Ludwig, 30, Polk City, IA	1:55:05	1:57:12	9:16
941	211	W30	Bre Ludwig, 30*, Polk City, IA	1:55:05	1:57:12	9:16
942	175	W35	Alison Ruan, 37*, Des Moines, IA	1:55:05	2:07:21	9:16
943	212	W30	Betsy Boesen, 34*, Des Moines, IA	1:55:05	2:07:21	9:16
944	213	W30	Mary Cownie, 32*, West Des Moines, IA	1:55:05	2:07:21	9:16
945	176	W35	Katie Cox, 36*, Urbandale, IA	1:55:05	2:00:07	9:16
946	112	W20	Kailey Bueker, 20*, Ames, IA	1:55:06	2:01:31	9:16
1699	374	M30	Michael Armstrong, 34, Central City, IA	1:55:06	1:56:42	9:16
1700	375	M30	Evan Hopkins, 32, Overland Park, KS	1:55:07	1:57:27	9:16
947	214	W30	Marisa Tank, 30*, Waukee, IA	1:55:08	1:56:41	9:16
1701	376	M30	Luke Budke, 31, Cedar Falls, IA	1:55:08	1:59:12	9:16
1702	253	M25	Robert Nichols, 25, Waverly, IA	1:55:09	2:00:59	9:16
948	215	W30	Tara Nelson, 32*, Des Moines, IA	1:55:09	1:57:25	9:16
1703	6	M65	Arch Allison, 69, Marshalltown, IA	1:55:10	2:08:14	9:16
1704	260	M35	Andrew Layman, 38, Chicago, IL	1:55:10	1:58:28	9:16
949	106	W40	Jenny Storts, 44*, Clive, IA	1:55:11	2:00:05	9:16
1705	377	M30	Matt Bruner, 30, Huxley, IA	1:55:11	1:58:17	9:16
950	107	W40	Amy Price, 42*, Ankeny, IA	1:55:12	2:04:48	9:16
951	216	W30	Cindy Goodner, 34*, Iowa Falls, IA	1:55:12	1:59:44	9:16
952	177	W35	Jill Schwarz, 36*, Cumming, IA	1:55:14	1:58:27	9:16
953	108	W40	Joni Tonnemacher, 43*, Johnston, IA	1:55:14	1:58:27	9:16
954	182	W25	Martha Slocombe, 29*, Des Moines, IA	1:55:14	1:56:34	9:16
955	109	W40	Whitney Brink, 41*, Ankeny, IA	1:55:14	2:04:43	9:16
956	58	W45	Sandy Ball, 47*, Wilton, IA	1:55:16	1:57:01	9:16
1706	378	M30	Michael Nelson, 34, Wilton, IA	1:55:18	1:57:46	9:17
957	178	W35	Heather Swarthout, 37*, Chariton, IA	1:55:18	1:56:49	9:17
958	113	W20	Rebecca Rampton, 21*, Madrid, IA	1:55:19	1:59:25	9:17
959	18	W55	Mary Harris, 57*, Marshalltown, IA	1:55:19	1:57:51	9:17
1707	261	M35	David Loetz, 38, Packwood, IA	1:55:20	1:58:36	9:17
960	217	W30	Larissa Van Dyke, 30*, Orange City, IA	1:55:20	2:01:16	9:17
1708	379	M30	Andrew Barkley, 32, Urbandale, IA	1:55:20	1:59:04	9:17
961	59	W45	Penny Luthens, 47*, Urbandale, IA	1:55:20	1:59:12	9:17
962	218	W30	Brookann Redick, 33*, Des Moines, IA	1:55:20	1:59:04	9:17
963	183	W25	Lauren Nelson, 25*, Carlisle, IA	1:55:21	2:01:10	9:17
1709	380	M30	Josh Miller, 32, Ankeny, IA	1:55:21	1:57:31	9:17
964	110	W40	Jennifer Jacobs, 41*, West Des Moines, IA	1:55:22	2:01:54	9:17
1710	262	M35	Chris Schimming, 36, Waseca, MN	1:55:22	2:06:08	9:17
965	60	W45	Lisa Shaw, 47*, Ankeny, IA	1:55:23	1:59:43	9:17
1711	381	M30	Dan Mick, 33, Urbandale, IA	1:55:23	2:00:28	9:17
966	179	W35	Renae Martin, 39*, Altoona, IA	1:55:23	1:59:17	9:17

1712	254	M25	Joseph O'Connell, 26, Urbandale, IA	1:55:24	1:59:21	9:17
967	180	W35	Pam Henderson, 38*, Independence, IA	1:55:24	1:59:13	9:17
1713	224	M40	Rob Martin, 41, Altoona, IA	1:55:24	1:59:18	9:17
1714	158	M45	Bryan Pollpeter, 45, Runnells, IA	1:55:25	1:59:22	9:17
1715	225	M40	Nathan Trexel, 41, Altoona, IA	1:55:25	1:59:10	9:17
1716	255	M25	John Wells, 25, Des Moines, IA	1:55:26	1:58:49	9:17
1717	256	M25	William Harris, 28, Creston, IA	1:55:26	1:57:32	9:17
1718	226	M40	Todd Rinehart, 44, Ankeny, IA	1:55:27	2:06:45	9:17
968	19	W55	Karen Riley, 55*, West Des Moines, IA	1:55:27	1:59:40	9:17
1719	61	M55	Rick Riley, 56, West Des Moines, IA	1:55:27	1:59:40	9:17
1720	227	M40	Adam Jerdee, 40, West Des Moines, IA	1:55:29	2:00:39	9:17
969	61	W45	Jan Herke, 45*, Ankeny, IA	1:55:30	2:01:28	9:18
970	184	W25	Bryndee Boheman, 25*, Reinbeck, IA	1:55:30	2:01:20	9:18
971	181	W35	Sara Stieler, 36*, Des Moines, IA	1:55:30	1:58:07	9:18
1721	382	M30	Rick Charlton, 31, Ankeny, IA	1:55:30	1:57:48	9:18
1722	263	M35	Wyatt Myers, 35, Des Moines, IA	1:55:31	1:58:32	9:18
1723	104	M50	Jeff Hearn, 53, Ames, IA	1:55:31	1:58:48	9:18
972	219	W30	Deborah Rose, 33*, Ankeny, IA	1:55:31	2:08:36	9:18
1724	383	M30	Bryan Buss, 34, Ames, IA	1:55:31	1:57:14	9:18
973	21	JrW	Sandra Kromminga, 16*, Johnston, IA	1:55:31	1:56:57	9:18
1725	228	M40	Chris Gray, 42, Pella, IA	1:55:32	1:58:23	9:18
1726	257	M25	Cory McHale, 28, Des Moines, IA	1:55:32	2:03:31	9:18
974	185	W25	Tiffany Bowman, 29*, Glidden, IA	1:55:32	2:01:48	9:18
1727	258	M25	Larry McCormick, 26, Des Moines, IA	1:55:32	1:56:11	9:18
975	111	W40	Peggy Hentges, 42*, Urbandale, IA	1:55:33	2:02:44	9:18
1728	264	M35	Ben Buchan, 36, Ankeny, IA	1:55:36	1:55:43	9:18
976	182	W35	Julie Schamp, 39*, Jackson, NE	1:55:37	2:00:56	9:18
977	186	W25	Anna Eason, 29*, Des Moines, IA	1:55:38	2:02:29	9:18
978	62	W45	Robin Garretson, 45*, Oklahoma City, OK	1:55:38	2:07:12	9:18
979	183	W35	Sabrina Smit, 36*, Orange City, IA	1:55:38	2:01:34	9:18
980	34	W50	Cindy DePrenger, 53*, Otley, IA	1:55:38	1:56:56	9:18
981	220	W30	Sarah Lundt, 33*, West Des Moines, IA	1:55:38	1:59:24	9:18
1729	229	M40	Thomas Bean, 43, Indianola, IA	1:55:38	1:59:32	9:18
1730	259	M25	Joshua Sharp, 27, West Des Moines, IA	1:55:39	2:08:09	9:18
1731	384	M30	Mickey Lansink, 30, Slater, IA	1:55:39	1:57:19	9:18
982	35	W50	Virginia Jorgensen, 50*, Washington, IA	1:55:40	1:58:58	9:18
983	28	W17	Claire Westemeyer, 18*, Johnston, IA	1:55:40	2:01:25	9:18
984	221	W30	Lynn Demaray, 32*, Ankeny, IA	1:55:40	1:58:37	9:18
1732	265	M35	Jeremy Pins, 38, West Des Moines, IA	1:55:41	1:59:15	9:18
1733	62	M55	Paul Wiederholt, 57, Clinton, IA	1:55:41	2:06:06	9:18
985	187	W25	Valerie Steele, 27*, Des Moines, IA	1:55:41	2:01:03	9:18
1734	22	M60	Carl Voss, 64, Des Moines, IA	1:55:42	1:57:04	9:19
986	222	W30	Sarah Hinrichs, 33*, Grimes, IA	1:55:43	1:58:07	9:19
987	36	W50	Lori Gabel, 50*, Marion, IA	1:55:44	1:56:52	9:19
1735	385	M30	Jeff Coquyt, 31, Ankeny, IA	1:55:45	2:08:06	9:19
988	114	W20	Samantha Konz, 24*, West Des Moines, IA	1:55:46	2:08:46	9:19
989	223	W30	Shantell Harvey, 33*, Des Moines, IA	1:55:47	1:59:06	9:19
990	112	W40	Holly Hanson, 44*, Des Moines, IA	1:55:47	1:58:57	9:19
991	224	W30	Elizabeth Gillham, 34*, Wray, CO	1:55:47	2:01:14	9:19
1736	266	M35	Peter Frett, 35, Des Moines, IA	1:55:47	2:02:36	9:19
1737	165	M20	Daniel Meyer, 20, Urbandale, IA	1:55:48	1:58:42	9:19
1738	267	M35	Stewart Trenchard, 36, Dallas, TX	1:55:48	1:59:37	9:19
992	188	W25	Mickie Damstetter, 25*, Des Moines, IA	1:55:48	1:57:13	9:19
993	115	W20	Kelly Hingtgen, 23*, Urbandale, IA	1:55:49	1:59:40	9:19
994	63	W45	Nancy Van Hemert, 46*, Muscatine, IA	1:55:50	2:05:05	9:19
995	225	W30	Megan Stevens, 34*, Ankeny, IA	1:55:51	2:01:33	9:19
996	37	W50	Wendy Flander, 50*, Oskaloosa, IA	1:55:51	1:59:39	9:19
1739	260	M25	Benjamin Howard, 26, West Des Moines, IA	1:55:52	2:05:41	9:19
1740	268	M35	Mark Kenkel, 37, Waukee, IA	1:55:52	2:00:03	9:19
997	226	W30	Jennifer Evans, 32*, Pleasant Hill, IA	1:55:52	1:57:49	9:19
998	189	W25	Carie Austin, 25*, Creston, IA	1:55:53	2:00:56	9:19
999	190	W25	Meredith Williams, 26*, Ankeny, IA	1:55:53	2:01:00	9:19
1000	20	W55	Dawn Cochran, 55*, W. Des Moines, IA	1:55:54	1:58:37	9:19
1001	184	W35	Michelle Roozeboom, 35*, West Des Moines, IA	1:55:54	1:58:42	9:20

1002	227	W30	Candi Hatch, 33*, Knoxville, IA	1:55:55	2:05:03	9:20
1741	386	M30	Brian Hatch, 34, Knoxville, IA	1:55:55	2:05:03	9:20
1003	191	W25	Jenna Nielsen, 29*, North Liberty, IA	1:55:55	2:01:12	9:20
1742	230	M40	Rick Muller, 40, Clive, IA	1:55:55	1:57:21	9:20
1004	113	W40	Jenny Moats, 43*, Altoona, IA	1:55:55	1:57:11	9:20
1743	159	M45	Paul Skjordal, 49, Gilbert, IA	1:55:56	2:03:17	9:20
1005	116	W20	Alicia Goetz, 22*, Indianola, IA	1:55:56	1:56:48	9:20
1006	192	W25	Chelsea Liske, 28*, Davenport, IA	1:55:56	1:58:55	9:20
1744	269	M35	Tate Golightly, 36, Waukee, IA	1:55:56	2:01:17	9:20
1745	270	M35	Matt Lehman, 36, Des Moines, IA	1:55:56	1:57:58	9:20
1007	117	W20	Mara Ford, 23*, Des Moines, IA	1:55:56	1:56:47	9:20
1746	166	M20	Andrew Klein, 22, Ames, IA	1:55:57	1:56:51	9:20
1747	387	M30	Brian Selinger, 34, Springfield, IL	1:55:57	2:04:02	9:20
1008	29	W17	Alison Leonhart, 18*, Urbandale, IA	1:55:58	1:59:19	9:20
1748	105	M50	Dan Varnum, 51, Ankeny, IA	1:55:58	2:04:43	9:20
1009	30	W17	Haley Jacobs, 17*, Ankeny, IA	1:55:58	2:00:04	9:20
1010	118	W20	Maira Hernandez, 23*, Ames, IA	1:55:58	2:03:36	9:20
1011	31	W17	Carly Rusek, 19*, Windsor Heights, IA	1:55:59	1:59:45	9:20
1012	228	W30	Nicole Selinger, 33*, Springfield, IL	1:55:59	2:04:04	9:20
1013	229	W30	Rebecca Harsma, 32*, West Des Moines, IA	1:55:59	2:00:07	9:20
1749	388	M30	Dan Boyce, 32, Urbandale, IA	1:55:59	1:57:46	9:20
1750	261	M25	Aaron Rector, 29, Johnston, IA	1:56:01	1:58:56	9:20
1014	38	W50	Gail Turner, 50*, Polk City, IA	1:56:01	1:59:48	9:20
1015	114	W40	Jeanne Serb, 40*, Ames, IA	1:56:02	2:02:16	9:20
1016	230	W30	Heather Plucar, 34*, Huxley, IA	1:56:03	2:01:20	9:20
1017	193	W25	Bridget Schlievert, 28*, Clive, IA	1:56:04	2:02:41	9:20
1751	389	M30	Brian Giese, 33, Kasson, MN	1:56:05	1:58:54	9:20
1752	390	M30	Clinton Bruhn, 32, Lincoln, NE	1:56:05	1:59:11	9:20
1018	231	W30	Angela Giese, 33*, Kasson, MN	1:56:05	1:58:54	9:20
1753	271	M35	Josh Proudler, 35, Knoxville, IA	1:56:05	1:58:57	9:20
1754	262	M25	Josh Innis, 29, West Des Moines, IA	1:56:05	2:01:09	9:20
1755	263	M25	Jay Weisenborn, 25, Carroll, IA	1:56:06	2:08:21	9:20
1019	185	W35	Angela Lyons, 35*, Riverside, IA	1:56:06	2:01:09	9:20
1020	186	W35	Meg Kayko, 36*, Des Moines, IA	1:56:06	2:06:33	9:20
1021	119	W20	Michelle Varnum, 24*, Ankeny, IA	1:56:07	2:04:52	9:21
1756	272	M35	Jason Klunder, 37, Waukee, IA	1:56:07	2:07:54	9:21
1022	232	W30	Lisa Bunnell, 30*, Atkins, IA	1:56:07	2:03:12	9:21
1023	187	W35	Erin Pearce, 37*, Urbandale, IA	1:56:07	1:57:16	9:21
1024	233	W30	Cara Dykstra, 30*, Norwalk, IA	1:56:08	2:03:54	9:21
1757	273	M35	Kelly Wolfe, 35, West Des Moines, IA	1:56:08	2:03:40	9:21
1025	234	W30	Stephanie Moeller, 34*, Ramsey, MN	1:56:08	2:08:04	9:21
1758	391	M30	Justin Lata, 32, Geneva, IL	1:56:09	2:04:04	9:21
1759	392	M30	Scott Geistkemper, 34, Urbandale, IA	1:56:09	2:00:34	9:21
1760	264	M25	Kris Krebs, 29, Maxwell, IA	1:56:09	1:59:07	9:21
1761	274	M35	Steven Strang, 39, West Des Moines, IA	1:56:09	2:08:12	9:21
1762	393	M30	Josh Strable, 33, Ames, IA	1:56:09	2:05:57	9:21
1763	160	M45	Daniel Beenken, 49, Ames, IA	1:56:10	1:59:59	9:21
1764	275	M35	Brian Mills, 38, Urbandale, IA	1:56:10	1:59:47	9:21
1026	235	W30	Dainna Bartness, 32*, Stillwater, MN	1:56:12	2:03:47	9:21
1027	120	W20	Teresa Edwards, 24*, Des Moines, IA	1:56:13	1:59:28	9:21
1765	106	M50	Raymond Layton, 54, Ankeny, IA	1:56:13	1:59:08	9:21
1766	265	M25	Matt Diehl, 26, Minneapolis, MN	1:56:14	2:11:08	9:21
1028	236	W30	Kate Procyk, 31*, Grimes, IA	1:56:14	2:02:51	9:21
1029	115	W40	Ellen Schweppe, 41*, Reinbeck, IA	1:56:15	2:03:51	9:21
1767	276	M35	Trent Chambers, 35, Humboldt, IA	1:56:16	2:00:04	9:21
1768	63	M55	Brian Walters, 56, Urbandale, IA	1:56:17	1:58:22	9:21
1769	64	M55	Bob Bisenius, 57, Johnston, IA	1:56:17	2:05:19	9:21
1030	237	W30	Kelly Kleopfer, 31*, Cedar Rapids, IA	1:56:17	2:00:07	9:21
1770	231	M40	Dan Miller, 44, Urbandale, IA	1:56:18	2:01:35	9:21
1771	167	M20	Jamison Arends, 23, Minneapolis, MN	1:56:19	2:03:45	9:22
1031	121	W20	Jacque Alex, 20*, Carroll, IA	1:56:19	2:02:05	9:22
1032	188	W35	Jennifer Hinrichs, 39*, Clive, IA	1:56:19	1:59:13	9:22
1033	194	W25	Tara Dawson, 27*, Altoona, IA	1:56:20	2:00:38	9:22
1772	277	M35	David Dueker, 39, Ankeny, IA	1:56:20	1:58:55	9:22
1773	161	M45	John Dunn, 49, West Des Moines, IA	1:56:20	2:00:38	9:22

1034	195	W25	Alexandria Algreen, 26*, West Des Moines, IA	1:56:20	1:58:31	9:22	
1035	196	W25	Christina Swift, 27*, Boulder, CO		1:56:22	2:03:39	9:22
1036	197	W25	Elyse Brimeyer, 28*, Johnston, IA		1:56:23	2:04:28	9:22
1774	107	M50	Cody Kilgore, 51, West Des Moines, IA		1:56:23	1:58:42	9:22
1037	64	W45	Jean Dingeman, 49*, Pella, IA		1:56:23	1:57:42	9:22
1775	394	M30	Luke Fults, 32, West Des Moines, IA		1:56:24	1:56:43	9:22
1776	168	M20	Nathan King, 23, Manchester, IA		1:56:26	2:08:44	9:22
1777	266	M25	Dylan Neuweg, 29, Grimes, IA		1:56:26	2:00:16	9:22
1778	23	M60	David Gaulke, 61, Indianola, IA		1:56:26	2:00:51	9:22
1779	267	M25	Brian Larkin, 28, Des Moines, IA		1:56:27	1:58:30	9:22
1038	238	W30	Shea Newmeister, 31*, Eldridge, IA		1:56:27	1:59:26	9:22
1780	108	M50	Stephen Strawser, 52, Des Moines, IA		1:56:27	1:57:27	9:22
1039	116	W40	Michelle Strawser, 44*, Des Moines, IA		1:56:27	1:57:27	9:22
1040	117	W40	Kay Gustin, 42*, Altoona, IA		1:56:28	2:02:18	9:22
1781	232	M40	Matt Kubovich, 42, Johnston, IA		1:56:28	1:59:52	9:22
1782	278	M35	Greg Castings, 35, Norwalk, IA		1:56:28	1:56:47	9:22
1783	268	M25	Matt Rittman, 28, Des Moines, IA		1:56:29	2:01:04	9:22
1041	198	W25	Abby Madsen, 27*, Garner, IA		1:56:29	1:59:24	9:22
1042	239	W30	Kate Hanson, 33*, Ames, IA		1:56:30	1:59:28	9:22
1784	269	M25	Travis Dillinger, 29, Polk City, IA		1:56:30	2:00:21	9:22
1785	162	M45	Kevin Van Veen, 48, Des Moines, IA		1:56:31	2:00:47	9:22
1786	279	M35	Dan Caropreso, 37, West Des Moines, IA		1:56:31	1:59:24	9:22
1043	189	W35	Jaime Drewis, 35*, Bondurant, IA		1:56:31	2:09:17	9:22
1787	395	M30	Quentin Christensen, 30, Urbandale, IA		1:56:31	1:57:32	9:22
1788	270	M25	Jason Skaggs, 26, Bloomfield, IA		1:56:31	1:59:34	9:23
1789	55	M17	Cody Moeckly, 19, Polk City, IA		1:56:31	2:00:48	9:23
1790	163	M45	Mark Boland, 47, Marshalltown, IA		1:56:32	2:00:53	9:23
1044	240	W30	Jennifer Meyers, 31*, Saint Louis, MO		1:56:32	2:05:12	9:23
1791	271	M25	Pujan Lama, 28, Clive, IA		1:56:33	2:01:27	9:23
1045	190	W35	Tomorra Smith, 35*, Racine, WI		1:56:33	1:59:46	9:23
1792	164	M45	Ahmed Ibrahim, 45, Urbandale, IA		1:56:33	1:57:25	9:23
1046	122	W20	Jacque Tunis, 21*, Ames, IA		1:56:34	1:58:05	9:23
1047	191	W35	Mindy Ruhland, 35*, Lemars, IA		1:56:34	2:04:42	9:23
1793	396	M30	Nick Gomez, 32, Windsor Heights, IA		1:56:35	2:00:29	9:23
1048	199	W25	Chelsea Clark, 27*, Boone, IA		1:56:35	2:00:15	9:23
1049	123	W20	Nicole Beer, 23*, Mason City, IA		1:56:35	2:00:15	9:23
1794	233	M40	John Williams, 41, Johnston, IA		1:56:36	2:00:43	9:23
1050	118	W40	Kelly Lentsch, 42*, West Des Moines, IA		1:56:37	2:02:27	9:23
1795	280	M35	Brad Honnold, 36, Clarinda, IA		1:56:37	2:00:27	9:23
1051	241	W30	Andrea Reser, 34*, Urbandale, IA		1:56:38	2:00:16	9:23
1052	200	W25	Michelle O'Hollearn, 25*, Urbandale, IA		1:56:38	2:08:59	9:23
1796	272	M25	Jeff Tuttle, 26, Des Moines, IA		1:56:38	1:58:46	9:23
1053	242	W30	Tara Moro, 32*, Polk City, IA		1:56:38	1:58:04	9:23
1054	243	W30	Rebecca Turner, 30*, Marshalltown, IA		1:56:39	1:59:57	9:23
1055	244	W30	Erin Miles, 34*, Omaha, NE		1:56:39	2:08:39	9:23
1797	273	M25	Jonathan Bengtson, 29, Minneapolis, MN		1:56:39	1:58:34	9:23
1056	245	W30	Ashley Fandel, 31*, Urbandale, IA		1:56:40	2:08:40	9:23
1057	119	W40	Rena Cheers, 44*, Afton, IA		1:56:40	1:59:57	9:23
1058	246	W30	Angie Reschly, 32*, West Des Moines, IA		1:56:40	2:00:01	9:23
1059	247	W30	Elayna Hanson, 31*, Ames, IA		1:56:40	2:02:46	9:23
1798	169	M20	Scott Voigt, 24, Kansas City, MO		1:56:40	1:58:05	9:23
1799	234	M40	Monte Ayres, 42, Ankeny, IA		1:56:41	2:03:49	9:23
1060	201	W25	Tara Ray, 25*, Des Moines, IA		1:56:41	1:58:06	9:23
1061	192	W35	Heidi Markla, 38*, Urbandale, IA		1:56:42	2:01:27	9:23
1062	124	W20	Nicole Johnson, 24*, Omaha, NE		1:56:43	2:08:48	9:23
1063	202	W25	Jocelyn Seda, 29*, Ankeny, IA		1:56:44	1:59:43	9:23
1064	203	W25	Rebekah Clark-Bryner, 28*, Grinnell, IA		1:56:44	2:09:40	9:24
1065	204	W25	Chrissy Blake, 28*, Carlisle, IA		1:56:44	2:00:37	9:24
1800	65	M55	Randy Bishop, 57, Marshalltown, IA		1:56:44	1:59:33	9:24
1801	397	M30	Mubeen Khan, 32, Des Moines, IA		1:56:44	2:00:42	9:24
1066	125	W20	Ruth Lapointe, 21*, Mason City, IA		1:56:44	1:59:20	9:24
1067	248	W30	Melissa Lawson, 33*, Des Moines, IA		1:56:45	2:02:53	9:24
1802	281	M35	Kenneth Noisewater, 36, West Des Moines, IA	1:56:45	2:02:53	9:24	

1068	205	W25	Ashley Axdahl, 26*, Chicago, IL	1:56:45	1:59:45	9:24
1069	249	W30	Ashley Long, 34*, Coralville, IA	1:56:46	2:02:10	9:24
1070	250	W30	Emily Krall Feldman, 32*, Lisbon, IA	1:56:46	2:04:22	9:24
1803	274	M25	Andrew Arnold, 28, Waukee, IA	1:56:46	2:02:33	9:24
1804	56	M17	Sammy Meyer, 17, Urbandale, IA	1:56:47	1:59:42	9:24
1071	193	W35	Molly Sivertsen, 39*, Indianola, IA	1:56:47	2:00:40	9:24
1805	235	M40	Binod Pokharel, 40, West Des Moines, IA	1:56:47	2:01:27	9:24
1072	194	W35	Jessica Jo Smith, 35*, Dewey, AZ	1:56:48	1:58:58	9:24
1073	206	W25	Brittany Preston, 28*, Des Moines, IA	1:56:48	1:59:49	9:24
1074	195	W35	Jennifer Goodman, 37*, Johnston, IA	1:56:49	1:59:20	9:24
1075	207	W25	Stephanie Berry, 27*, Winterset, IA	1:56:49	2:00:36	9:24
1806	282	M35	Derek Meyer, 35, Waukee, IA	1:56:49	1:59:52	9:24
1076	120	W40	Regina Otten, 44*, Waukee, IA	1:56:50	2:00:37	9:24
1077	251	W30	Lindsey Finken, 30*, Ankeny, IA	1:56:50	2:09:25	9:24
1078	208	W25	Ashley Phelps, 27*, Clive, IA	1:56:51	2:08:51	9:24
1079	121	W40	Mary Scheibe, 42*, Ames, IA	1:56:52	2:05:05	9:24
1807	109	M50	Brad Crossett, 51, Knoxville, IA	1:56:53	2:06:00	9:24
1080	209	W25	Christine Sailer, 28*, Ankeny, IA	1:56:53	2:01:03	9:24
1081	210	W25	Jessica Hanson, 26*, Iowa City, IA	1:56:53	2:05:05	9:24
1082	196	W35	Bonnie Ribbens, 36*, Waukee, IA	1:56:53	1:59:29	9:24
1083	122	W40	Jenny Slack, 41*, Ankeny, IA	1:56:53	2:08:52	9:24
1084	252	W30	Jennifer DeBruin, 32*, Urbandale, IA	1:56:54	2:05:05	9:24
1808	170	M20	Garrett Hepker, 22, Tipton, IA	1:56:55	2:09:44	9:24
1809	110	M50	Ron Nykamp, 51, Edgerton, MN	1:56:55	2:02:55	9:24
1085	197	W35	Melissa Fitzgerald, 36*, Waukee, IA	1:56:55	1:59:43	9:24
1086	126	W20	Allison Bernard, 23*, Cedar Falls, IA	1:56:56	2:00:17	9:24
1087	253	W30	Megan Muller, 32*, Bondurant, IA	1:56:56	2:00:38	9:24
1810	165	M45	John Wahlert, 48, Urbandale, IA	1:56:56	1:58:42	9:25
1088	254	W30	Kelly Ondracek, 34*, Blairstown, IA	1:56:57	1:58:43	9:25
1089	39	W50	Donna Beste, 53*, Boone, IA	1:56:57	2:00:37	9:25
1811	166	M45	Jeff Logan, 47, Urbandale, IA	1:56:57	1:59:26	9:25
1812	236	M40	Brian Schulz, 41, Mallard, IA	1:56:58	1:58:02	9:25
1813	398	M30	Zach Evans, 32, Oxford, IA	1:56:59	1:58:37	9:25
1090	123	W40	Kristen Schweitzer, 42*, Ankeny, IA	1:56:59	2:01:03	9:25
1091	198	W35	Nicole Kelly, 38*, Ankeny, IA	1:56:59	2:01:03	9:25
1092	21	W55	Bonita Davis, 56*, Dike, IA	1:57:00	2:08:45	9:25
1093	211	W25	Melissa Gucafa, 27*, Swisher, IA	1:57:01	2:03:17	9:25
1094	255	W30	Mary Anderson, 33*, Council Bluffs, IA	1:57:01	2:04:23	9:25
1095	256	W30	Abby Hanson, 33*, West Des Moines, IA	1:57:01	2:04:02	9:25
1814	399	M30	Jason Less, 30, Saint Louis Park, MN	1:57:01	2:02:07	9:25
1815	283	M35	Larry Isom, 39, Panora, IA	1:57:02	2:00:50	9:25
1096	257	W30	Callie Heisler, 31*, West Des Moines, IA	1:57:03	2:07:30	9:25
1816	171	M20	Ian Zimmerman, 24, Des Moines, IA	1:57:03	1:58:49	9:25
1097	124	W40	Kelly Forret, 41*, Urbandale, IA	1:57:03	2:07:30	9:25
1098	65	W45	Tari Moody, 45*, Ames, IA	1:57:03	2:03:05	9:25
1817	237	M40	Mike Moody, 44, Ames, IA	1:57:03	2:03:05	9:25
1099	212	W25	Laura Kimm, 29*, Ankeny, IA	1:57:03	2:00:38	9:25
1100	125	W40	Wendi Hess, 41*, Lawton, IA	1:57:04	2:03:52	9:25
1101	258	W30	Farah Metheny, 34*, Des Moines, IA	1:57:04	2:00:58	9:25
1818	284	M35	Chris Bump, 37, Urbandale, IA	1:57:04	2:01:10	9:25
1819	172	M20	Jeffrey Short, 24, Urbandale, IA	1:57:05	2:00:00	9:25
1820	285	M35	Kevin Tiffany, 37, Des Moines, IA	1:57:05	1:58:10	9:25
1102	126	W40	Linda Stoffel, 41*, Norwalk, IA	1:57:05	1:58:12	9:25
1821	286	M35	Geoff Robinson, 36, Waukee, IA	1:57:06	2:09:26	9:25
1822	66	M55	Scott Beckwith, 57, Ames, IA	1:57:06	2:10:06	9:25
1823	111	M50	John Bonnstetter, 52, West Des Moines, IA	1:57:07	2:01:07	9:25
1824	400	M30	Chris Goodson, 30, Des Moines, IA	1:57:07	2:03:25	9:25
1103	213	W25	Abby Arneson, 29*, West Des Moines, IA	1:57:08	2:00:42	9:25
1104	214	W25	Katey Johnson, 27*, Omaha, NE	1:57:09	2:01:24	9:26
1825	401	M30	Matthew Griffin, 32, West Des Moines, IA	1:57:09	2:10:07	9:26
1105	259	W30	Jessica Rausch, 33*, Omaha, NE	1:57:09	2:01:24	9:26
1826	112	M50	Kevin Fifo, 50, Winterset, IA	1:57:10	2:01:57	9:26
1106	199	W35	Angel Martin, 37*, Fairbank, IA	1:57:11	2:00:33	9:26
1107	40	W50	Sue Olmstead, 54*, Pleasant Hill, IA	1:57:12	2:03:06	9:26
1827	287	M35	Cory Jensren, 36, Iowa City, IA	1:57:12	2:07:28	9:26

1108	215	W25	Randi Wolf Kaufman, 27*, Ankeny, IA	1:57:12	2:03:17	9:26
1109	216	W25	Leah Gerber, 25*, West Des Moines, IA	1:57:13	2:05:59	9:26
1110	217	W25	Jennifer Smith, 29*, Des Moines, IA	1:57:13	2:01:01	9:26
1828	167	M45	Michael Gasperi, 46, Ankeny, IA	1:57:13	1:58:27	9:26
1829	173	M20	Cody Lodermeier, 24, West Des Moines, IA	1:57:14	1:57:48	9:26
1111	218	W25	Melissa Reinhart, 27*, West Des Moines, IA	1:57:14	2:06:02	9:26
1112	260	W30	Julie Fahrni, 34*, Raymore, MO	1:57:14	2:08:29	9:26
1113	261	W30	Beth Sabers, 31*, Des Moines, IA	1:57:16	1:58:40	9:26
1830	113	M50	Jim Noonan, 50, Bondurant, IA	1:57:16	1:59:30	9:26
1831	275	M25	David Clark, 25, North Liberty, IA	1:57:16	2:08:25	9:26
1114	200	W35	Jenny Peterson, 38*, Waukee, IA	1:57:17	2:00:52	9:26
1115	201	W35	Tiffany Weieneth, 38*, Adel, IA	1:57:17	2:00:17	9:26
1116	127	W20	Sierra Waddell, 22*, Urbandale, IA	1:57:18	1:58:52	9:26
1117	262	W30	Jessica Bair, 34*, Polk City, IA	1:57:18	2:02:32	9:26
1118	263	W30	Autumn Klunder, 33*, Waukee, IA	1:57:20	2:09:20	9:26
1119	202	W35	Beth Stamper, 39*, Pella, IA	1:57:20	1:58:38	9:26
1120	128	W20	Kelsey Meighan, 24*, Coralville, IA	1:57:20	1:59:34	9:26
1121	219	W25	Lindsey Kuhlmann, 27*, Waverly, IA	1:57:20	2:10:26	9:26
1122	129	W20	Kelsey Jipp, 23*, Bettendorf, IA	1:57:21	2:03:07	9:26
1832	67	M55	Jim Dornfeld, 59, West Des Moines, IA	1:57:21	2:10:29	9:27
1123	41	W50	Karen Hutzell, 51*, Mason City, IA	1:57:22	1:59:58	9:27
1124	130	W20	Miranda Garland, 22*, Ankeny, IA	1:57:22	2:01:24	9:27
1833	114	M50	Kurtis Jensen, 52, Marshalltown, IA	1:57:22	1:57:52	9:27
1125	127	W40	Trina Johnson, 40*, Ankeny, IA	1:57:22	2:01:49	9:27
1126	264	W30	Alison Monsma, 33*, Ankeny, IA	1:57:23	2:09:15	9:27
1834	402	M30	Tony Gabriel, 33, Grimes, IA	1:57:23	1:59:18	9:27
1835	168	M45	David Bellis, 47, Ankeny, IA	1:57:24	2:01:41	9:27
1127	203	W35	Kelly Mahoney, 37*, Boone, IA	1:57:24	2:01:04	9:27
1836	403	M30	Benjamin Bormann, 32, Dewitt, IA	1:57:24	2:00:45	9:27
1128	66	W45	Sarah Williams, 46*, Marion, IA	1:57:24	2:02:45	9:27
1129	220	W25	Julie Johnston, 29*, Cedar Rapids, IA	1:57:24	2:02:45	9:27
1837	276	M25	Scott Walter, 27, Des Moines, IA	1:57:24	1:59:10	9:27
1838	115	M50	Wayne Ostergaard, 50, Des Moines, IA	1:57:25	2:04:10	9:27
1130	204	W35	Cindy Kovacs, 39*, Ankeny, IA	1:57:25	1:59:41	9:27
1839	169	M45	Timothy Carey, 47, Cedar Rapids, IA	1:57:26	2:01:41	9:27
1131	128	W40	Tammy Paris-Walker, 40*, Boone, IA	1:57:26	2:01:07	9:27
1132	131	W20	Alexandra Levy, 24*, Grinnell, IA	1:57:26	2:01:33	9:27
1840	116	M50	Mick Herke, 50, Ankeny, IA	1:57:26	2:03:24	9:27
1133	205	W35	Kelly Munter, 35*, Ankeny, IA	1:57:26	1:58:50	9:27
1134	265	W30	Missy Starr, 33*, Ankeny, IA	1:57:27	1:58:51	9:27
1841	174	M20	Jake Hoversten, 24, West Des Moines, IA	1:57:27	2:04:54	9:27
1842	25	JrM	Andrew Decker, 14, Johnston, IA	1:57:28	2:00:20	9:27
1843	170	M45	Bradley Gentz, 47, Osage, IA	1:57:29	2:01:25	9:27
1135	42	W50	Molly Whaley, 52*, Iowa City, IA	1:57:29	2:01:29	9:27
1136	67	W45	Teri Trask, 49*, Cedar Falls, IA	1:57:29	2:00:41	9:27
1137	132	W20	Kathrin DePue, 22*, Indianola, IA	1:57:30	2:00:56	9:27
1138	68	W45	Deanne Herr, 46*, Indianola, IA	1:57:30	2:00:56	9:27
1139	221	W25	Abby Martin, 25*, Lisbon, IA	1:57:30	2:04:30	9:27
1140	133	W20	Jenna Sedlacek, 23*, Iowa City, IA	1:57:31	2:00:52	9:27
1141	43	W50	Lisa Lensing, 50*, Otley, IA	1:57:32	2:02:53	9:27
1844	404	M30	Nick Rouse, 33, Des Moines, IA	1:57:32	2:10:09	9:27
1142	222	W25	Halcyon Younger, 29*, Cedar Rapids, IA	1:57:33	2:00:31	9:27
1143	266	W30	Janette Batts, 34*, Ankeny, IA	1:57:34	2:01:35	9:28
1144	267	W30	Mary-Beth Rouse, 33*, Des Moines, IA	1:57:35	2:10:11	9:28
1145	206	W35	Carol Kelderman, 39*, Oskaloosa, IA	1:57:35	2:04:29	9:28
1146	223	W25	Laura Dillavou, 29*, Grimes, IA	1:57:36	2:01:37	9:28
1845	405	M30	Jacob Downs, 31, Tipton, IA	1:57:36	2:10:08	9:28
1147	207	W35	Robin Clark, 36*, Normal, IL	1:57:36	2:02:49	9:28
1846	277	M25	Billy Blake, 27, Oskaloosa, IA	1:57:36	2:03:15	9:28
1847	238	M40	Aaron Kennedy, 44, Des Moines, IA	1:57:36	1:59:54	9:28
1848	406	M30	Bradley Hansen, 31, Polk City, IA	1:57:36	1:59:09	9:28
1849	24	M60	Ernest Vortherms, 64, Urbandale, IA	1:57:37	1:58:32	9:28
1850	239	M40	Jon Hider, 41, West Des Moines, IA	1:57:37	1:59:44	9:28
1148	22	JrW	Juliette Kennedy, 15*, Des Moines, IA	1:57:37	1:59:54	9:28
1149	224	W25	Caitlin MacDougall, 27*, Iowa City, IA	1:57:38	2:03:44	9:28

1150	225	W25	Alex Scandrett, 26*, Story City, IA	1:57:38	2:03:24	9:28
1851	407	M30	Steve Olney, 33, West Des Moines, IA	1:57:39	1:59:19	9:28
1852	171	M45	Ed Smith, 46, Urbandale, IA	1:57:40	2:10:03	9:28
1853	68	M55	Will Walling, 58, Urbandale, IA	1:57:41	2:01:07	9:28
1854	69	M55	David VanSickel, 59, West Des Moines, IA	1:57:41	2:00:38	9:28
1151	226	W25	Erin Hall, 27*, Des Moines, IA	1:57:41	2:00:48	9:28
1855	288	M35	Matt Young, 37, Winterset, IA	1:57:41	2:02:52	9:28
1152	69	W45	Phyllis Peter, 49*, Prairie City, IA	1:57:41	2:07:54	9:28
1153	268	W30	Jill Spies, 34*, Templeton, IA	1:57:42	2:09:22	9:28
1856	117	M50	Kevin Herink, 51, Clutier, IA	1:57:43	2:07:02	9:28
1857	57	M17	Spencer VanSickel, 18, West Des Moines, IA	1:57:43	1:59:19	9:28
1858	278	M25	Marcus Severson, 26, West Des Moines, IA	1:57:44	2:02:09	9:28
1154	227	W25	Nikki Landenberger, 29*, West Des Moines, IA	1:57:44	2:02:09	9:28
1155	134	W20	Megan Schmidt, 20*, Grinnell, IA	1:57:45	2:05:04	9:28
1156	208	W35	Christi Seehase, 37*, Sumner, IA	1:57:45	2:10:39	9:28
1157	269	W30	Sara Duhrkopf, 31*, Sumner, IA	1:57:45	2:10:39	9:28
1859	172	M45	Dan Holm, 48, Ankeny, IA	1:57:45	2:03:48	9:28
1158	70	W45	Kelly Shelley, 47*, Clive, IA	1:57:45	2:04:48	9:28
1159	270	W30	Laura Mastin, 33*, Des Moines, IA	1:57:47	2:09:28	9:29
1860	240	M40	Brandon Mastin, 40, Des Moines, IA	1:57:47	2:09:28	9:29
1160	228	W25	Jacquelyn Panos, 28*, West Des Moines, IA	1:57:47	2:05:55	9:29
1861	175	M20	Troy Nielsen, 24, Urbandale, IA	1:57:47	1:58:39	9:29
1862	173	M45	Craig Faber, 48, Johnston, IA	1:57:48	2:02:23	9:29
1161	229	W25	Elizabeth Victor, 26*, Des Moines, IA	1:57:48	2:04:36	9:29
1162	129	W40	Tina Cochran, 41*, Platte City, MO	1:57:49	2:01:04	9:29
1163	209	W35	Stephanie Harris, 36*, Dallas Center, IA	1:57:49	2:06:44	9:29
1164	135	W20	Kate Nielsen, 22*, Urbandale, IA	1:57:49	1:58:41	9:29
1165	130	W40	Val Hoefle, 42*, Ankeny, IA	1:57:50	2:02:06	9:29
1166	210	W35	Jill Hannam, 36*, Des Moines, IA	1:57:50	2:02:58	9:29
1167	230	W25	Debbie Dietrich, 27*, Ankeny, IA	1:57:50	2:02:06	9:29
1168	211	W35	Laura Lockard, 38*, Des Moines, IA	1:57:51	2:06:08	9:29
1169	231	W25	Milica Maric, 26*, West Des Moines, IA	1:57:51	1:59:22	9:29
1863	25	M60	Rich Wright, 61, Sioux City, IA	1:57:51	2:03:18	9:29
1864	174	M45	Keith Krentz, 49, Granger, IA	1:57:52	2:02:00	9:29
1170	271	W30	Angela Sinclair, 34*, Indianola, IA	1:57:52	1:59:04	9:29
1171	136	W20	Kara Engebretson, 22*, Indianola, IA	1:57:53	1:58:45	9:29
1172	272	W30	Meredith Nerem, 31*, Boone, IA	1:57:54	2:01:34	9:29
1173	212	W35	Juli Accola, 37*, Ankeny, IA	1:57:55	2:02:29	9:29
1865	279	M25	Ben Bjorholm, 28, Des Moines, IA	1:57:55	2:00:17	9:29
1866	176	M20	Adam Laborde, 24, Cedar Falls, IA	1:57:56	2:05:04	9:29
1867	408	M30	Charles Berrier, 32, Granger, IA	1:57:56	2:01:36	9:29
1868	241	M40	Chris Roling, 41, Des Moines, IA	1:57:58	2:00:35	9:29
1869	409	M30	Zach Pacha, 32, Clive, IA	1:57:58	2:01:10	9:29
1174	273	W30	Lindsey Hayes, 33*, Johnston, IA	1:57:59	2:01:51	9:30
1870	242	M40	Joel Jackman, 42, Des Moines, IA	1:57:59	2:03:02	9:30
1871	175	M45	Shawn Decker, 45, Johnston, IA	1:58:00	2:00:52	9:30
1872	176	M45	Craig Jackman, 46, Waukee, IA	1:58:00	2:03:03	9:30
1873	70	M55	Paul Kruse, 55, Granger, IA	1:58:00	2:03:02	9:30
1874	280	M25	Brandon Pohn, 29, Chicago, IL	1:58:01	2:10:01	9:30
1175	232	W25	Jessica Pohn, 27*, Chicago, IL	1:58:01	2:10:01	9:30
1176	274	W30	Madelain Jerousek-Smith, 34*, Des Moines, IA	1:58:01	2:10:27	9:30
1177	233	W25	Sara Nelson, 28*, Ankeny, IA	1:58:01	1:59:35	9:30
1875	289	M35	Eric Jackson, 35, Des Moines, IA	1:58:02	2:01:21	9:30
1876	118	M50	Patrick Weepie, 52, Altoona, IA	1:58:03	2:02:19	9:30
1178	234	W25	Mariel Croxson, 25*, Des Moines, IA	1:58:03	2:05:57	9:30
1179	44	W50	Sally FINDER Weepie, 50*, Altoona, IA	1:58:03	2:02:19	9:30
1180	22	W55	Pamela Wood, 58*, Janesville, IA	1:58:03	1:58:43	9:30
1181	235	W25	Kara Griggs, 26*, Grimes, IA	1:58:04	2:02:08	9:30
1182	275	W30	Casey Fonley, 33*, Cedar Falls, IA	1:58:05	2:02:02	9:30
1877	410	M30	Jon Barnhill, 31, Des Moines, IA	1:58:06	2:05:43	9:30
1183	137	W20	Madalyn Bendgen, 24*, West Des Moines, IA	1:58:06	2:01:22	9:30
1878	281	M25	Shane Bendgen, 26, West Des Moines, IA	1:58:06	2:01:22	9:30
1184	131	W40	Mysshell Straight, 42*, Red Oak, IA	1:58:06	2:06:45	9:30



1185	276	W30	Melanie Kraft, 30*, Norwalk, IA	1:58:07	1:58:49	9:30
1879	290	M35	Christopher Bilslend, 38, Ames, IA	1:58:07	2:01:53	9:30
1186	277	W30	Mindy Stalker, 34*, Creston, IA	1:58:07	2:05:53	9:30
1187	132	W40	Emily Hampton, 40*, Ames, IA	1:58:07	2:01:53	9:30
1188	71	W45	Melita Schuster, 46*, Des Moines, IA	1:58:08	2:10:25	9:30
1189	23	W55	Leann Treloar, 55*, Des Moines, IA	1:58:09	2:02:14	9:30
1880	243	M40	Matt Brummond, 42, Dike, IA	1:58:09	2:00:13	9:30
1190	278	W30	Allison Barclay, 32*, Urbandale, IA	1:58:09	2:02:50	9:30
1191	279	W30	Mala De Vore, 31*, Ankeny, IA	1:58:11	2:07:08	9:31
1192	236	W25	Jordan Lang, 28*, West Des Moines, IA	1:58:11	2:07:08	9:31
1193	138	W20	Melissa Gudmundson, 24*, La Crosse, WI	1:58:11	2:07:07	9:31
1194	24	W55	Mary Razor, 58*, Omaha, NE	1:58:11	2:01:14	9:31
1881	244	M40	James Wilson, 43, West Des Moines, IA	1:58:11	2:05:15	9:31
1882	245	M40	Michael Wall, 44, Altoona, IA	1:58:12	2:01:08	9:31
1883	291	M35	Grant Boliver, 37, Johnston, IA	1:58:13	2:03:37	9:31
1195	32	W17	Kelsey Puls, 19*, Broken Bow, NE	1:58:13	2:06:00	9:31
1884	119	M50	Keith Van Gent, 54, Sheldon, IA	1:58:13	2:01:43	9:31
1885	177	M20	Kris Van Gent, 20, Pella, IA	1:58:13	2:01:43	9:31
1886	282	M25	Andrew Oswald, 25, North Liberty, IA	1:58:13	2:01:18	9:31
1196	133	W40	Deanna Batchelder, 40*, Des Moines, IA	1:58:14	2:00:11	9:31
1887	71	M55	Russ Canfield, 57, Austin, TX	1:58:14	2:02:26	9:31
1888	72	M55	John Vujnovich, 58, Des Moines, IA	1:58:14	2:00:55	9:31
1889	283	M25	Ryan Caldbeck, 27, Norwalk, IA	1:58:15	2:04:44	9:31
1890	120	M50	Nile Ackerman, 50, Johnston, IA	1:58:16	2:01:12	9:31
1197	213	W35	Brittan Riesberg, 35*, Des Moines, IA	1:58:17	2:03:56	9:31
1198	237	W25	Mallory Shepard, 27*, Inver Grove, MN	1:58:17	2:03:43	9:31
1199	45	W50	Nancie Dorrell, 52*, Ankeny, IA	1:58:17	2:01:42	9:31
1200	139	W20	Becky Heffling, 24*, Johnston, IA	1:58:18	2:05:23	9:31
1201	72	W45	Nancy Linscheid, 46*, Johnston, IA	1:58:19	2:06:29	9:31
1891	178	M20	Klay Queck, 24, Johnston, IA	1:58:19	2:05:23	9:31
1892	411	M30	Josh Clanton, 32, Johnston, IA	1:58:19	2:00:20	9:31
1893	412	M30	Luke De Vries, 31, Des Moines, IA	1:58:20	2:03:41	9:31
1202	73	W45	Joleen Henning, 49*, Ankeny, IA	1:58:20	2:00:59	9:31
1203	134	W40	Michelle Palen, 44*, Des Moines, IA	1:58:20	2:06:02	9:31
1894	292	M35	Rodney Ruden, 37, Clinton, IA	1:58:20	2:01:52	9:31
1204	135	W40	Cindy Riesselman, 40*, Dallas Center, IA	1:58:21	1:59:47	9:31
1895	73	M55	R Michael Stanley, 56, Clive, IA	1:58:21	2:03:24	9:31
1896	284	M25	Arun Achuthan, 28, West Des Moines, IA	1:58:21	2:05:39	9:31
1897	121	M50	Kevin Nikkel, 51, Ankeny, IA	1:58:22	2:00:59	9:31
1205	140	W20	Kayla Nikkel, 21*, Ankeny, IA	1:58:22	2:00:59	9:31
1898	179	M20	Avery Gaston, 24, Clive, IA	1:58:23	2:01:24	9:31
1899	246	M40	Sean Frommelt, 43, Ankeny, IA	1:58:23	2:01:02	9:32
1206	280	W30	Glori Haidar, 32*, Middleton, WI	1:58:24	2:06:44	9:32
1900	293	M35	Brian Scott, 37, Urbandale, IA	1:58:25	2:01:37	9:32
1207	23	JrW	Kennedi Hostetter, 16*, Colfax, IA	1:58:26	1:59:57	9:32
1208	136	W40	Angie Neville, 43*, Bondurant, IA	1:58:26	2:02:41	9:32
1209	281	W30	Denese McGrew, 34*, Des Moines, IA	1:58:26	2:06:54	9:32
1901	285	M25	Brad Bukacek Jr, 29, Minneapolis, MN	1:58:27	2:01:44	9:32
1210	74	W45	Annie Creighton, 46*, Des Moines, IA	1:58:27	2:00:52	9:32
1211	137	W40	Jill Schwarte, 41*, Albia, IA	1:58:27	2:01:41	9:32
1212	138	W40	Jennie Svoboda, 43*, Ankeny, IA	1:58:27	2:05:28	9:32
1902	413	M30	Aaron Heuss, 30, Des Moines, IA	1:58:27	2:05:19	9:32
1903	414	M30	Brent Pearson, 34, Edina, MN	1:58:28	2:03:04	9:32
1904	74	M55	Paul Erickson, 57, Urbandale, IA	1:58:28	2:03:44	9:32
1905	415	M30	Jack Limbaugh, 33, Algona, IA	1:58:28	2:03:04	9:32
1906	247	M40	Chris Furne, 42, Clive, IA	1:58:29	2:07:03	9:32
1213	214	W35	Laura Phillips, 39*, West Des Moines, IA	1:58:29	2:04:54	9:32
1907	122	M50	Robert Lee, 51, Urbandale, IA	1:58:30	2:00:47	9:32
1214	238	W25	Kelly Johnson, 25*, Des Moines, IA	1:58:30	2:04:23	9:32
1215	282	W30	Sarah Zimmerman, 32*, Ankeny, IA	1:58:30	2:04:09	9:32
1216	239	W25	Megan Grout, 28*, Nevada, IA	1:58:30	2:01:28	9:32
1217	283	W30	Serena Edwards, 31*, Coralville, IA	1:58:30	2:04:23	9:32
1908	26	M60	Curtis Cokeley, 60, Des Moines, IA	1:58:30	2:05:36	9:32
1218	215	W35	Lindy Van Dike, 36*, West Des Moines, IA	1:58:30	2:04:54	9:32
1219	284	W30	Jenny Norgaard, 34*, Ankeny, IA	1:58:31	2:02:06	9:32

1909	294	M35	Richard Harrington, 35, Des Moines, IA	1:58:31	2:07:08	9:32
1220	285	W30	Shonelle Sutton, 32*, North Liberty, IA	1:58:31	2:08:00	9:32
1221	286	W30	Brie Roth, 34*, North Liberty, IA	1:58:31	2:08:00	9:32
1222	216	W35	Kate Bibbs, 37*, Urbandale, IA	1:58:32	2:00:10	9:32
1223	141	W20	Kelsey Caswell, 20*, Altoona, IA	1:58:32	2:05:55	9:32
1224	217	W35	Carrie Buzzoni, 39*, Polk City, IA	1:58:32	1:59:41	9:32
1225	287	W30	Erin Cottington, 30*, West Des Moines, IA	1:58:33	2:09:45	9:32
1910	248	M40	Brad Myers, 41, Knoxville, IA	1:58:33	2:01:38	9:32
1911	180	M20	Jacob Jackson, 22, Ankeny, IA	1:58:33	2:10:26	9:32
1912	286	M25	Justin Alt, 28, Woolstock, IA	1:58:34	1:59:45	9:32
1226	288	W30	Emily Enabnit, 34*, Altoona, IA	1:58:34	2:07:06	9:32
1913	416	M30	Doug Enabnit, 34, Altoona, IA	1:58:34	2:07:06	9:32
1227	289	W30	Jessica Smith, 33*, Fort Dodge, IA	1:58:34	2:01:28	9:32
1228	46	W50	Lori McQuiston, 50*, Maxwell, IA	1:58:34	1:59:18	9:32
1229	218	W35	Rebekah Johnson, 37*, Radcliffe, IA	1:58:34	2:05:02	9:32
1914	249	M40	Brent Rheingans, 41, Dewitt, IA	1:58:35	2:02:50	9:32
1230	240	W25	Holly Buckingham, 27*, Leon, IA	1:58:35	2:00:46	9:32
1231	142	W20	Jill Sitzmann, 23*, Sioux City, IA	1:58:35	2:02:45	9:32
1232	219	W35	Katie Seidler, 36*, Winterset, IA	1:58:36	2:02:47	9:33
1915	177	M45	Bill Szakacs, 48, Urbandale, IA	1:58:36	2:02:08	9:33
1916	287	M25	Brett Hamilton, 26, Nevada, IA	1:58:37	2:00:59	9:33
1233	143	W20	Kalais Kuhlmann, 22*, Tripoli, IA	1:58:37	2:08:31	9:33
1234	144	W20	Lexis Kuhlmann, 20*, Tripoli, IA	1:58:37	2:08:31	9:33
1235	241	W25	Lisa Foster, 27*, Des Moines, IA	1:58:37	2:02:08	9:33
1917	295	M35	Jd Phippen, 39, Clive, IA	1:58:38	1:59:41	9:33
1236	290	W30	Maria Maslonkowski, 30*, La Crescent, MN	1:58:40	2:06:09	9:33
1918	250	M40	Denny McDonnell, 44, West Des Moines, IA	1:58:40	2:10:15	9:33
1237	24	JrW	Emily Seibel, 16*, West Des Moines, IA	1:58:40	2:08:01	9:33
1238	291	W30	Hilary Bakker, 30*, Pleasantville, IA	1:58:41	2:07:16	9:33
1919	288	M25	Daniel Wunschel, 29, Des Moines, IA	1:58:41	2:02:05	9:33
1239	220	W35	Mickey McConeghey, 37*, Colfax, IA	1:58:42	2:07:37	9:33
1920	123	M50	Don Seibel, 50, West Des Moines, IA	1:58:42	2:08:03	9:33
1921	289	M25	Drew Conley, 28, Ankeny, IA	1:58:42	2:02:05	9:33
1240	75	W45	Michelle Silliman, 46*, Winterset, IA	1:58:43	2:02:06	9:33
1241	292	W30	Kristyn Schulte, 33*, Amana, IA	1:58:43	2:08:12	9:33
1242	145	W20	Bethany Sailer, 22*, Sioux City, IA	1:58:44	2:02:54	9:33
1243	76	W45	Connie Hildebrandt, 47*, Norwalk, IA	1:58:44	2:04:02	9:33
1244	77	W45	Michele Smith-Jones, 48*, Johnston, IA	1:58:44	2:10:11	9:33
1245	242	W25	Liza Evans, 25*, Cedar Falls, IA	1:58:44	2:00:57	9:33
1922	251	M40	Nick Bogue, 40, Johnston, IA	1:58:44	2:03:44	9:33
1246	221	W35	Sarah Miller, 36*, Des Moines, IA	1:58:45	2:08:05	9:33
1247	222	W35	Kristi Emick, 36*, Ankeny, IA	1:58:45	2:08:05	9:33
1923	296	M35	Kevin Otten, 37, West Des Moines, IA	1:58:45	2:02:33	9:33
1248	293	W30	Abby Beane, 31*, North Liberty, IA	1:58:45	2:06:40	9:33
1249	294	W30	Michelle` Rodemyer, 31*, Ankeny, IA	1:58:46	2:06:40	9:33
1924	75	M55	Chris Samson, 57, Des Moines, IA	1:58:46	2:02:50	9:33
1925	252	M40	Michael Rife, 42, Grimes, IA	1:58:47	2:10:52	9:33
1250	295	W30	Megan Volp, 32*, West Des Moines, IA	1:58:47	2:03:32	9:33
1926	58	M17	Paul Raner, 18, Clear Lake, IA	1:58:47	2:00:20	9:33
1927	417	M30	Mitch Hackbarth, 34, Pocahontas, IA	1:58:50	2:00:01	9:34
1251	223	W35	Jennifer Caskey, 39*, Earlham, IA	1:58:50	2:04:05	9:34
1252	296	W30	Darcey Bast, 33*, Kansas City, KS	1:58:50	2:02:44	9:34
1928	178	M45	Dave Duncan, 48, Clive, IA	1:58:51	2:03:03	9:34
1253	224	W35	Aimee Uhl, 36*, Sioux City, IA	1:58:51	2:05:39	9:34
1929	297	M35	James Bucher, 35, West Des Moines, IA	1:58:51	2:11:59	9:34
1930	179	M45	Pat Lloyd, 48, Des Moines, IA	1:58:52	2:01:43	9:34
1931	253	M40	Tony Guerra, 41, Ankeny, IA	1:58:52	2:02:19	9:34
1932	298	M35	John Fisk, 36, Cottage Grove, MN	1:58:53	2:00:24	9:34
1933	180	M45	Eric Pack, 46, Urbandale, IA	1:58:53	2:03:26	9:34
1254	243	W25	Ashley Stewart, 26*, Cedar Rapids, IA	1:58:54	2:00:24	9:34
1255	297	W30	Amy Braun, 32*, Topeka, KS	1:58:54	2:02:35	9:34
1256	146	W20	Michele Schoop, 23*, Johnston, IA	1:58:55	2:00:55	9:34
1934	181	M45	Scott Peters, 49, Swisher, IA	1:58:55	2:00:41	9:34
1935	76	M55	Tie Wang, 57, Des Moines, IA	1:58:55	2:12:05	9:34
1936	290	M25	Chad Conley, 29, Windsor Heights, IA	1:58:55	2:05:46	9:34

1257	147	W20	Nicole Wilson, 23*, Des Moines, IA	1:58:55	2:00:55	9:34
1258	148	W20	Katie King, 23*, Altoona, IA	1:58:55	2:00:55	9:34
1259	149	W20	Lauren Peters, 23*, Swisher, IA	1:58:55	2:00:40	9:34
1937	291	M25	John Schutt, 27, Des Moines, IA	1:58:55	2:03:01	9:34
1260	244	W25	Jenny Meyer, 29*, Des Moines, IA	1:58:56	2:00:23	9:34
1938	292	M25	Matthew Hickok, 25, West Des Moines, IA	1:58:56	2:00:27	9:34
1939	299	M35	Eric Bryan, 38, Ankeny, IA	1:58:57	2:02:05	9:34
1940			2869950	1:58:57	2:05:09	9:34
1261	298	W30	Kara Reiber, 31*, West Des Moines, IA	1:58:58	2:02:53	9:34
1262	245	W25	Maya Carter, 29*, Ackworth, IA	1:58:58	2:02:24	9:34
1941	293	M25	Adrian Eslinger, 28, Polk City, IA	1:58:58	2:00:48	9:34
1942	418	M30	Cain Brady, 32, Edgewood, IA	1:58:58	2:02:52	9:34
1263	246	W25	Aleta Hawkins, 25*, Palatine, IL	1:58:59	2:06:42	9:34
1264	150	W20	Emily Bruggeman, 23*, Ankeny, IA	1:59:00	2:05:16	9:34
1265	151	W20	Alexa Phipps, 23*, Dakota Dunes, SD	1:59:00	2:03:10	9:34
1943	419	M30	Erik Kyler, 32, West Des Moines, IA	1:59:00	2:03:05	9:34
1266	33	W17	Grace Grinstead, 17*, Des Moines, IA	1:59:00	2:01:53	9:35
1267	247	W25	Ashley Anderson, 28*, Johnston, IA	1:59:00	2:01:10	9:35
1944	182	M45	Frederick Koenig, 48, Ames, IA	1:59:01	2:02:13	9:35
1268	225	W35	Kelly Sullivan, 37*, Johnston, IA	1:59:01	2:02:01	9:35
1269	226	W35	Ana Hayes, 35*, 50265, IA	1:59:02	2:01:52	9:35
1270	139	W40	Amy Wagler, 41*, Clear Lake, IA	1:59:02	2:01:33	9:35
1945	420	M30	Adam Rogers, 34, West Des Moines, IA	1:59:02	2:01:52	9:35
1271	34	W17	Madeline Browning, 17*, Des Moines, IA	1:59:02	2:01:55	9:35
1946	254	M40	Wayne Pantini, 40, Creston, IA	1:59:02	2:01:08	9:35
1272	248	W25	Kim Philippson, 28*, Grimes, IA	1:59:03	2:04:47	9:35
1947			28f227a	1:59:04	1:59:04	9:35
1273	47	W50	Phyllis Eshelman, 51*, Bridgewater, IA	1:59:04	2:00:49	9:35
1274	152	W20	Kelli Beimal, 22*, Des Moines, IA	1:59:04	2:02:42	9:35
1275	299	W30	Joanie Buller, 33*, Slater, IA	1:59:04	2:02:10	9:35
1948	421	M30	Nick Buller, 33, Slater, IA	1:59:04	2:02:10	9:35
1276	153	W20	Stephanie Burns, 24*, Davenport, IA	1:59:05	2:02:17	9:35
1949	294	M25	Jeff Less, 28, Des Moines, IA	1:59:05	2:10:15	9:35
1277	140	W40	Carrie Spencer, 43*, Bedford, IA	1:59:06	2:13:05	9:35
1950	300	M35	Erik Riesselman, 39, Dallas Center, IA	1:59:06	2:00:32	9:35
1278	249	W25	Maria Nicpon, 26*, Ankeny, IA	1:59:06	2:04:13	9:35
1951	255	M40	Eric Camper, 41, Des Moines, IA	1:59:06	2:03:56	9:35
1279	300	W30	Sarah Hlad, 34*, Indianola, IA	1:59:06	2:02:11	9:35
1952	183	M45	Joseph Hlad, 45, Indianola, IA	1:59:06	2:02:11	9:35
1280	250	W25	Kathryn Merrifield, 28*, West Des Moines, IA	1:59:07	2:03:31	9:35
1953	181	M20	Grant Heddinger, 21, Fort Dodge, IA	1:59:08	2:09:05	9:35
1954	301	M35	Wade Den Hartog, 39, West Des Moines, IA	1:59:08	2:00:55	9:35
1281	301	W30	Brooke Den Hartog, 32*, West Des Moines, IA	1:59:08	2:00:55	9:35
1282	251	W25	Carly Thompson, 27*, Des Moines, IA	1:59:08	1:59:46	9:35
1283	302	W30	Chris Schmitz, 30*, Des Moines, IA	1:59:08	2:05:33	9:35
1284	227	W35	Beth Lemon, 35*, Johnston, IA	1:59:09	2:00:58	9:35
1285	25	W55	Catherine Burke, 55*, Forest City, IA	1:59:09	2:02:42	9:35
1286	154	W20	Kate Adams, 23*, Des Moines, IA	1:59:09	2:01:38	9:35
1287	303	W30	Jessica Shirk, 30*, Mallard, IA	1:59:10	2:04:30	9:35
1288	304	W30	Stephanie Seymour, 33*, Ankeny, IA	1:59:10	2:02:09	9:35
1289	141	W40	Alma Blagg, 42*, Sterling, CO	1:59:11	2:04:37	9:35
1955	256	M40	Shane Grego, 40, Altoona, IA	1:59:11	2:05:53	9:35
1290	252	W25	Ashley Randleman, 29*, Des Moines, IA	1:59:11	2:11:56	9:35
1291	305	W30	Erin Sharp, 30*, Indianola, IA	1:59:11	2:07:20	9:35
1292	228	W35	Corissa Arndt, 36*, Indianola, IA	1:59:11	2:07:20	9:35
1293	253	W25	Lindsay Wiese, 27*, Des Moines, IA	1:59:12	2:10:29	9:35
1294	142	W40	Michelle Willenborg, 43*, Urbandale, IA	1:59:12	2:06:14	9:35
1295	229	W35	Jessica Block, 38*, Jefferson, IA	1:59:12	2:11:56	9:35
1296	254	W25	Audrey Hinote, 28*, Jefferson, IA	1:59:12	2:11:56	9:35
1297	306	W30	Robin Greenlee, 33*, Ames, IA	1:59:14	2:04:44	9:36
1956	302	M35	Rick Rosno, 38, Des Moines, IA	1:59:14	2:03:40	9:36
1957	422	M30	Josh Greenlee, 33, Ames, IA	1:59:14	2:04:44	9:36
1298	255	W25	Karla Walsh, 26*, Des Moines, IA	1:59:14	2:12:28	9:36

1958	295	M25	Brian Appleton, 29, West Des Moines, IA	1:59:15	2:12:29	9:36
1959	182	M20	Scott Schipper, 23, Parkersburg, IA	1:59:15	2:11:01	9:36
1960	423	M30	Andy Heggenstaller, 34, Des Moines, IA	1:59:15	2:04:20	9:36
1299	155	W20	Alyson Beneke, 24*, West Des Moines, IA	1:59:16	2:12:29	9:36
1300	156	W20	Katlyn Heiserman, 24*, Omaha, NE	1:59:16	2:12:29	9:36
1961	124	M50	Joe Quinn, 51, Des Moines, IA	1:59:16	2:11:04	9:36
1301	307	W30	Aubrey Villotti, 33*, Urbandale, IA	1:59:16	2:04:09	9:36
1302	157	W20	Katie Murphy, 24*, West Des Moines, IA	1:59:16	2:12:29	9:36
1962	296	M25	Clint Schipper, 27, Ankeny, IA	1:59:16	2:11:02	9:36
1303	35	W17	Nichole Licht, 19*, Humboldt, IA	1:59:16	2:05:24	9:36
1963	184	M45	Wesley White, 49, Runnells, IA	1:59:17	2:06:06	9:36
1304	308	W30	Jenny Leonard, 32*, Norwalk, IA	1:59:17	2:06:06	9:36
1305	309	W30	Katie Rose, 33*, West Des Moines, IA	1:59:18	2:06:07	9:36
1964	297	M25	Ben Anderson, 28, Des Moines, IA	1:59:18	2:02:52	9:36
1306	230	W35	Colleen Webb, 36*, Des Moines, IA	1:59:19	2:07:07	9:36
1307	310	W30	Lisa Tekippe, 33*, Urbandale, IA	1:59:20	2:04:24	9:36
1308	256	W25	Abby Green, 26*, West Des Moines, IA	1:59:20	2:03:28	9:36
1965	298	M25	James Lensing, 28, Mesa, AZ	1:59:20	2:00:46	9:36
1966	59	M17	Jacob Geary, 17, Creston, IA	1:59:20	2:11:03	9:36
1309	257	W25	Jamie Gilleland, 27*, Des Moines, IA	1:59:20	2:02:47	9:36
1310	158	W20	Audrey Holmes, 21*, Omaha, NE	1:59:21	2:06:15	9:36
1967	257	M40	Brian Lazear, 42, Ankeny, IA	1:59:22	2:10:34	9:36
1311	231	W35	Nicole Kmett, 35*, Grimes, IA	1:59:23	2:00:31	9:36
1968	185	M45	Dan Dirks, 47, Coralville, IA	1:59:24	2:00:56	9:36
1969	258	M40	Robert Brown, 43, Ames, IA	1:59:24	2:02:13	9:36
1970	27	M60	Lawain Judisch, 63, Tripoli, IA	1:59:25	2:01:37	9:36
1312	159	W20	Brittney Fairholm, 22*, Winterset, IA	1:59:25	2:12:36	9:36
1313	311	W30	Amy Fahrman, 34*, Ankeny, IA	1:59:25	2:03:20	9:37
1971	186	M45	Mike Larsen, 47, Clear Lake, IA	1:59:26	2:01:29	9:37
1314	232	W35	Andrea Spurgeon, 35*, Polk City, IA	1:59:27	2:02:24	9:37
1972	303	M35	David Rees, 36, Bondurant, IA	1:59:28	2:04:48	9:37
1315	143	W40	Julie Miller, 40*, Pleasant Hill, IA	1:59:28	2:04:48	9:37
1973	259	M40	Ed Dunham, 41, Waukee, IA	1:59:28	2:05:49	9:37
1316	258	W25	Mary Nesbit, 27*, Des Moines, IA	1:59:29	2:08:15	9:37
1974	187	M45	Jeff Link, 46, Des Moines, IA	1:59:29	2:09:03	9:37
1317	144	W40	Heidi Palkovic, 42*, Ankeny, IA	1:59:30	2:04:18	9:37
1318	312	W30	Emily Kinzler, 33*, Des Moines, IA	1:59:30	2:12:04	9:37
1975	260	M40	Thomas McMahon, 44, Des Moines, IA	1:59:31	2:12:20	9:37
1976	304	M35	Chad Andersen, 35, Ankeny, IA	1:59:32	2:06:05	9:37
1319	233	W35	Sarah Mathis, 39*, Urbana, IA	1:59:32	2:03:28	9:37
1320	259	W25	Jenn Sealine, 29*, Des Moines, IA	1:59:32	2:03:47	9:37
1321	313	W30	Jessica Johnston, 31*, Urbandale, IA	1:59:32	2:03:24	9:37
1977	424	M30	Russell Ray, 32, Fremont, NE	1:59:32	2:12:41	9:37
1322	314	W30	Jennifer Hoffman, 30*, Ankeny, IA	1:59:33	2:03:25	9:37
1323	315	W30	Kirsten Garland, 32*, Waukee, IA	1:59:34	2:04:50	9:37
1978	77	M55	Craig Johnson, 57, Cedar Rapids, IA	1:59:34	2:04:07	9:37
1979	425	M30	Rakesh Gore, 34, West Des Moines, IA	1:59:34	2:04:29	9:37
1980	426	M30	Thomas Edgington, 30, Waukee, IA	1:59:34	2:02:33	9:37
1324	316	W30	Molly Olsasky, 31*, Urbandale, IA	1:59:35	2:04:39	9:37
1325	317	W30	Shannon Hedges, 31*, Des Moines, IA	1:59:35	2:04:39	9:37
1326	234	W35	Tiffany Laux, 36*, West Des Moines, IA	1:59:35	2:09:17	9:37
1327	36	W17	Brandy Millikin, 19*, Hedrick, IA	1:59:36	2:02:11	9:37
1328	145	W40	Amy Burk, 41*, Indianola, IA	1:59:36	2:02:44	9:37
1329	235	W35	Christy Joyce, 39*, Des Moines, IA	1:59:37	2:05:22	9:37
1981	125	M50	Brian Thompson, 50, Ames, IA	1:59:37	2:05:55	9:37
1982	126	M50	Steve Schmidt, 52, Granger, IA	1:59:38	2:00:54	9:38
1330	318	W30	Shanna Harrington, 33*, Des Moines, IA	1:59:39	2:08:15	9:38
1983	427	M30	Thomas Paulson, 31, Des Moines, IA	1:59:39	2:02:40	9:38
1331	48	W50	Mary Sue Crabtree, 53*, Des Moines, IA	1:59:39	2:05:23	9:38
1332	319	W30	Stacey Purvis, 33*, Newton, IA	1:59:40	2:04:08	9:38
1333	320	W30	Megan Nielsen, 31*, Fremont, NE	1:59:40	2:12:49	9:38
1984	28	M60	Jerry Brown, 60, Evansdale, IA	1:59:40	2:03:45	9:38
1985	261	M40	Brian Schafer, 40, North Liberty, IA	1:59:40	2:05:28	9:38
1334	236	W35	Mindy Dooley, 38*, Emmetsburg, IA	1:59:40	2:05:00	9:38
1986	305	M35	Joshua Duden, 37, Bondurant, IA	1:59:41	2:03:56	9:38

1335	146	W40	Mary Pink, 43*, Ames, IA	1:59:41	2:07:21	9:38
1336	160	W20	Shannon Powers, 22*, Ames, IA	1:59:41	2:12:31	9:38
1987	262	M40	Chris Eggert, 41, Ames, IA	1:59:41	2:07:21	9:38
1988	263	M40	Michael Aasheim, 42, West Des Moines, IA	1:59:42	2:04:42	9:38
1989	127	M50	Jeff Hostetter, 54, West Des Moines, IA	1:59:43	2:01:06	9:38
1337	161	W20	Emily Cashman, 21*, Des Moines, IA	1:59:44	2:06:31	9:38
1338	321	W30	Melissa Abel, 34*, Cedar Rapids, IA	1:59:44	2:01:22	9:38
1339	237	W35	Alyssa Subbert, 39*, Adel, IA	1:59:44	2:12:34	9:38
1990	188	M45	Jim Bird, 45, Des Moines, IA	1:59:45	2:02:31	9:38
1340	322	W30	Katrina Moreland, 31*, Urbandale, IA	1:59:45	2:05:44	9:38
1341	323	W30	Shelby Boyd, 32*, Des Moines, IA	1:59:45	2:05:28	9:38
1342	147	W40	Angela Wilson, 40*, Pella, IA	1:59:46	2:01:34	9:38
1991	428	M30	Eric Nielsen, 32, Fremont, NE	1:59:46	2:12:55	9:38
1992	189	M45	Neil Wilson, 49, Pella, IA	1:59:46	2:01:34	9:38
1343	324	W30	Melissa Beyer, 32*, Ankeny, IA	1:59:46	2:03:08	9:38
1344	325	W30	Elizabeth Wyatt, 30*, Des Moines, IA	1:59:46	2:03:28	9:38
1345	260	W25	Ashley Orvis, 25*, Indianola, IA	1:59:46	2:03:56	9:38
1993	264	M40	Michael Biegger, 43, Des Moines, IA	1:59:47	2:12:33	9:38
1346	148	W40	Tracy Nicholson, 41*, Ames, IA	1:59:47	2:03:22	9:38
1347	49	W50	Deb Hearn, 54*, Ames, IA	1:59:48	2:03:23	9:38
1348	326	W30	Amy Bahr, 31*, Urbandale, IA	1:59:48	2:04:50	9:38
1349	327	W30	Paige Miller, 33*, Cedar Falls, IA	1:59:48	2:05:52	9:38
1994	26	JrM	Jake Larson, 15, Clive, IA	1:59:48	2:07:20	9:38
1350	328	W30	Heidi Cordes, 31*, Marion, IA	1:59:49	2:12:23	9:38
1995	29	M60	William Chandler, 61, Frankfort, IL	1:59:49	2:05:27	9:38
1996	429	M30	Brian O'Leary, 32, Des Moines, IA	1:59:50	2:08:05	9:38
1997	60	M17	Micah Lavrenz, 19, Burt, IA	1:59:50	2:09:39	9:38
1998	306	M35	Brian Morgan, 39, Algona, IA	1:59:50	2:09:39	9:38
1999	430	M30	Jesse Godwin, 31, Norwalk, IA	1:59:50	2:14:03	9:39
2000	27	JrM	Luke Sinclair, 15, Carlisle, IA	1:59:50	2:01:19	9:39
2001	265	M40	Jeff Stark, 43, Des Moines, IA	1:59:51	2:01:04	9:39
2002	128	M50	Craig Allison, 50, Rock Island, IL	1:59:52	2:02:55	9:39
1351	50	W50	Kathi Allison, 51*, Rock Island, IL	1:59:52	2:02:55	9:39
1352	78	W45	Mary Greiner, 48*, Williamsburg, IA	1:59:53	2:02:16	9:39
1353	261	W25	Brittany Goemaat, 27*, Belmond, IA	1:59:53	2:07:58	9:39
2003	190	M45	Lyle Kenkel, 45, West Des Moines, IA	1:59:53	2:02:39	9:39
2004	183	M20	Steve Santacroce, 20, Cedar Rapids, IA	1:59:54	2:04:46	9:39
1354	79	W45	Kimberly Busse-Hatting, 46*, Grinnell, IA	1:59:54	2:03:08	9:39
1355	238	W35	Aileen Crawford, 38*, Ankeny, IA	1:59:54	2:07:17	9:39
1356	262	W25	Kayla Hanson, 25*, Ames, IA	1:59:54	2:07:07	9:39
2005	266	M40	Noel McMillin, 42, Waverly, IA	1:59:55	2:03:59	9:39
2006	299	M25	Caleb Carroll, 25, Ankeny, IA	1:59:55	2:11:04	9:39
1357	162	W20	Angela Johnson, 23*, Johnston, IA	1:59:55	2:07:26	9:39
1358	263	W25	Kristina Carroll, 27*, Ankeny, IA	1:59:55	2:11:04	9:39
2007	431	M30	Joshua Mandelbaum, 34, Des Moines, IA	1:59:55	2:04:03	9:39
1359	264	W25	Bridget Eich, 28*, Sheldon, IA	1:59:55	2:05:09	9:39
1360	329	W30	Katherine Meeker, 32*, Ames, IA	1:59:55	2:04:03	9:39
2008	432	M30	Matt Heinen, 34, Johnston, IA	1:59:55	2:03:28	9:39
2009	433	M30	Todd Pietig, 33, Ankeny, IA	1:59:56	2:04:02	9:39
2010	434	M30	Bryan Lawson, 33, West Des Moines, IA	1:59:56	2:05:12	9:39
1361	239	W35	Krista Cooper, 39*, Conrad, IA	1:59:57	2:02:38	9:39
1362	80	W45	Laurie Johns, 49*, West Des Moines, IA	1:59:57	2:09:36	9:39
2011	129	M50	Monty Beal, 50, Coralville, IA	1:59:58	2:01:06	9:39
1363	265	W25	Joany Yi, 27*, Des Moines, IA	1:59:58	2:07:50	9:39
1364	163	W20	Szuyin Leow, 22*, Ames, IA	1:59:58	2:07:24	9:39
1365	330	W30	Emilie Reha, 30*, Grimes, IA	1:59:58	2:02:29	9:39
1366	331	W30	Lacey Fulton, 32*, Des Moines, IA	1:59:58	2:03:41	9:39
1367	164	W20	Katie Laughlin, 22*, Des Moines, IA	1:59:59	2:08:19	9:39
2012	300	M25	Seth Fulton, 27, Des Moines, IA	1:59:59	2:03:42	9:39
2013	184	M20	Chris Juels, 23, Des Moines, IA	1:59:59	2:08:19	9:39
2014	130	M50	Dave Elsenbast, 51, Ames, IA	1:59:59	2:03:17	9:39
1368	240	W35	Jill Hultquist, 38*, Underwood, IA	1:59:59	2:03:56	9:39
1369	332	W30	Calista Oberhelman, 30*, West Des Moines, IA			
				2:00:00	2:02:25	9:39
1370	241	W35	Janine Choudhury, 38*, Urbandale, IA	2:00:00	2:02:46	9:39

2015	307	M35	Boe Stuebner, 36, Des Moines, IA	2:00:00	2:07:39	9:39
2016	78	M55	Johnny Ytzen, 59, Creston, IA	2:00:00	2:04:51	9:39
1371	165	W20	Kylie Wunschel, 23*, West Des Moines, IA	2:00:01	2:00:01	9:39
1372	242	W35	Kristine Stuebner, 36*, Des Moines, IA	2:00:01	2:07:40	9:39
2017	435	M30	Joe Boswell, 31, State, IA	2:00:01	2:11:43	9:39
2018	308	M35	Drew Douglass, 39, Des Moines, IA	2:00:01	2:07:39	9:39
2019	30	M60	Sam Gill, 61, Norwalk, IA	2:00:01	2:04:31	9:39
2020	191	M45	Dave Yuska, 47, Grimes, IA	2:00:01	2:04:12	9:39
2021	436	M30	Jeremy Koons, 33, Waukee, IA	2:00:02	2:02:38	9:39
1373	266	W25	Alison Matthes, 29*, West Des Moines, IA	2:00:02	2:07:06	9:39
1374	333	W30	Lindsey Koons, 33*, Waukee, IA	2:00:02	2:02:38	9:39
2022	79	M55	Brad Smith, 55, Beaman, IA	2:00:03	2:02:34	9:40
2023	131	M50	George Rotsart, 54, Ankeny, IA	2:00:03	2:04:06	9:40
2024	267	M40	Matt Nolan, 40, Johnston, IA	2:00:03	2:12:16	9:40
2025	309	M35	Joe Hansen, 38, Des Moines, IA	2:00:05	2:01:40	9:40
1375	149	W40	Heather Doe, 42*, West Des Moines, IA	2:00:05	2:06:04	9:40
2026	310	M35	Josh Kehoe, 35, Johnston, IA	2:00:05	2:03:55	9:40
2027	311	M35	David John, 37, Waukee, IA	2:00:05	2:01:40	9:40
1376	150	W40	Kim Stuart, 41*, Urbandale, IA	2:00:06	2:08:55	9:40
1377	267	W25	Jenna Knox, 28*, Des Moines, IA	2:00:06	2:05:05	9:40
2028	31	M60	David Friedgood, 64, W. Des Moines, IA	2:00:06	2:01:16	9:40
2029	192	M45	Joseph Barry, 45, Urbandale, IA	2:00:06	2:12:16	9:40
2030	268	M40	Nathan Rosengren, 42, Logan, IA	2:00:06	2:07:10	9:40
2031	80	M55	Dennis Cornelius, 59, Ankeny, IA	2:00:07	2:08:03	9:40
1378	268	W25	Julie Thomas, 25*, West Des Moines, IA	2:00:07	2:11:32	9:40
1379	334	W30	Stephanie Mahaffey, 33*, Altoona, IA	2:00:07	2:08:49	9:40
1380	166	W20	Brittney Sardi, 23*, Ames, IA	2:00:09	2:12:39	9:40
1381	269	W25	Sherrie Casady, 28*, West Des Moines, IA	2:00:10	2:01:17	9:40
1382	151	W40	Ann Wilde, 44*, Eagle Grove, IA	2:00:11	2:05:33	9:40
1383	152	W40	Mary Alert, 42*, Mason City, IA	2:00:11	2:03:58	9:40
1384	270	W25	Jessica Tuttle, 26*, Des Moines, IA	2:00:11	2:02:18	9:40
1385	271	W25	Sarah Hundt, 27*, Grimes, IA	2:00:12	2:12:18	9:40
1386	81	W45	Denise Helmick, 45*, Eagle Grove, IA	2:00:12	2:05:33	9:40
1387	335	W30	Julie Tuel, 30*, Otley, IA	2:00:13	2:06:00	9:40
2032	437	M30	Mathew Noble, 31, Des Moines, IA	2:00:13	2:06:16	9:40
1388	37	W17	Bo J Frangenberg, 19*, Huxley, IA	2:00:13	2:02:25	9:40
2033	185	M20	Trent Tucker, 23, West Des Moines, IA	2:00:14	2:04:30	9:40
2034	28	JrM	Josh Paulson, 15, Grimes, IA	2:00:14	2:03:52	9:40
1389	336	W30	Regan Wooldridge, 30*, West Des Moines, IA	2:00:14	2:05:36	9:40
1390	243	W35	Jennifer Nemmers, 36*, Clive, IA	2:00:15	2:04:26	9:40
2035	301	M25	Brad Campbell, 28, Cedar Rapids, IA	2:00:16	2:11:25	9:41
2036	438	M30	Benjamin Raveling, 31, Waukee, IA	2:00:16	2:02:44	9:41
2037	186	M20	Michael Irlbeck, 24, Ames, IA	2:00:16	2:09:10	9:41
1391	337	W30	Stacy Mitchell, 32*, Ankeny, IA	2:00:16	2:07:40	9:41
1392	272	W25	Stephanie Eifler, 25*, Johnston, IA	2:00:16	2:03:19	9:41
1393	167	W20	Sam Eifler, 23*, Coon Rapids, IA	2:00:16	2:03:19	9:41
2038	193	M45	Dennis Ferguson, 46, Ankeny, IA	2:00:16	2:08:16	9:41
1394	51	W50	Jo Schuman, 52*, Muscatine, IA	2:00:17	2:03:34	9:41
2039	132	M50	Danny Feye, 54, Sunset Hills, MO	2:00:17	2:12:57	9:41
1395	244	W35	Liz Nelson, 37*, Windsor Heights, IA	2:00:18	2:11:44	9:41
2040	269	M40	Kurt Huyser, 43, Des Moines, IA	2:00:18	2:04:47	9:41
2041	439	M30	Lucas Bonner, 30, Minenapolis, MN	2:00:18	2:13:25	9:41
2042	440	M30	Billy Strickler, 32, Libertyville, IA	2:00:18	2:06:36	9:41
1396	245	W35	Shelly Braunschweig, 36*, Grimes, IA	2:00:20	2:09:17	9:41
1397	82	W45	Tammi Moller, 46*, Ankeny, IA	2:00:20	2:06:39	9:41
2043	194	M45	Steven Brown, 48, Des Moines, IA	2:00:21	2:02:57	9:41
2044	441	M30	Drew Ahrold, 31, Des Moines, IA	2:00:21	2:05:14	9:41
2045	195	M45	Sam Graeve, 45, Audubon, IA	2:00:21	2:02:29	9:41
1398	25	JrW	Lauren Graeve, 15*, Audubon, IA	2:00:21	2:02:29	9:41
1399	338	W30	Sarah Steinkamp, 34*, Norwalk, IA	2:00:22	2:07:11	9:41
1400	246	W35	Jill Shawhan, 36*, Grimes, IA	2:00:22	2:12:46	9:41
2046	270	M40	Bradley Hiatt, 44, Ankeny, IA	2:00:23	2:01:37	9:41
2047	312	M35	Dennis Lyman, 38, Bondurant, IA	2:00:23	2:06:43	9:41
2048	196	M45	John Shrader, 45, Ankeny, IA	2:00:24	2:01:38	9:41
1401	247	W35	Angie McNurlen, 38*, Washington, IA	2:00:25	2:03:21	9:41

1402	273	W25	Jennifer Johnson, 28*, Sheldahl, IA	2:00:25	2:05:53	9:41
2049	302	M25	Jason Johnson, 27, Sheldahl, IA	2:00:25	2:05:53	9:41
1403	248	W35	Anne Whatley, 39*, Des Moines, IA	2:00:25	2:06:10	9:41
1404	339	W30	Nicole Combs, 34*, Ankeny, IA	2:00:26	2:07:31	9:41
1405	83	W45	Lisa Rasmussen, 49*, Goldfield, IA	2:00:26	2:05:24	9:41
2050	271	M40	Jeff Magner, 43, Ankeny, IA	2:00:27	2:00:51	9:41
1406	52	W50	Kimberly Cross, 50*, Des Moines, IA	2:00:27	2:07:19	9:41
1407	340	W30	Kasey Strosahl, 31*, Riverside, IA	2:00:27	2:05:44	9:42
1408	341	W30	Erin Sawhill, 31*, Des Moines, IA	2:00:27	2:03:51	9:42
1409	249	W35	Lisa Anderson, 38*, Des Moines, IA	2:00:28	2:01:48	9:42
2051	187	M20	Tito Alvarez, 24, West Des Moines, IA	2:00:28	2:08:21	9:42
2052	197	M45	Larry Mahlstedt, 48, Des Moines, IA	2:00:28	2:04:27	9:42
1410	274	W25	Kinsey Coppock, 28*, Clive, IA	2:00:29	2:02:57	9:42
1411	275	W25	Chandra Wheatley, 29*, West Des Moines, IA	2:00:29	2:06:53	9:42
2053	133	M50	Mike Moller, 54, Ankeny, IA	2:00:29	2:06:48	9:42
1412	153	W40	Maria Loder, 40*, Des Moines, IA	2:00:29	2:06:37	9:42
1413	250	W35	Amy Klein, 36*, Forest City, IA	2:00:29	2:11:39	9:42
2054	32	M60	Lee Tesdell, 62, Slater, IA	2:00:30	2:06:38	9:42
1414	342	W30	Alexis Young, 30*, Des Moines, IA	2:00:30	2:02:48	9:42
2055	303	M25	Jacob Beckwith, 29, West Des Moines, IA	2:00:30	2:13:51	9:42
1415	251	W35	Mollie Day, 36*, Parkville, MO	2:00:30	2:06:20	9:42
1416	276	W25	Ida Hadzisulejmanovic, 29*, West Des Moines, IA	2:00:31	2:05:59	9:42
2056	272	M40	Scott Hock, 44, Ames, IA	2:00:32	2:03:52	9:42
1417	343	W30	Brook Stein, 32*, Forest City, IA	2:00:32	2:11:41	9:42
1418	84	W45	JoAnn Cornelis, 45*, Boone, IA	2:00:32	2:04:12	9:42
1419	252	W35	Shannon Buttz, 37*, Waukee, IA	2:00:33	2:03:04	9:42
2057	304	M25	James Peters, 25, Indianola, IA	2:00:33	2:00:33	9:42
2058	188	M20	David Rodda, 22, Ankeny, IA	2:00:33	2:05:52	9:42
1420	277	W25	Nicole Lovik-Blaser, 29*, Forest City, IA	2:00:33	2:04:29	9:42
2059	442	M30	Scott Stevens, 34, Urbandale, IA	2:00:34	2:06:26	9:42
2060	313	M35	Nate Rollene, 37, Pella, IA	2:00:34	2:01:53	9:42
2061	273	M40	Chris Schmidt, 41, Ankeny, IA	2:00:34	2:05:27	9:42
1421	344	W30	Amanda Bainbridge, 34*, Kingsley, IA	2:00:34	2:10:08	9:42
1422	345	W30	Amanda Price, 33*, Elmwood, IL	2:00:35	2:04:38	9:42
2062	305	M25	Nick Lincoln, 27, Ames, IA	2:00:35	2:04:03	9:42
1423	278	W25	Whitney Holt, 25*, Ames, IA	2:00:35	2:04:03	9:42
2063	274	M40	Barry Fox, 43, West Des Moines, IA	2:00:35	2:05:03	9:42
1424	279	W25	McKenzie Sauser, 25*, Des Moines, IA	2:00:36	2:07:12	9:42
2064	189	M20	Dallas Boisen, 24, West Des Moines, IA	2:00:37	2:07:13	9:42
1425	280	W25	Tori Eastvold, 29*, Forest City, IA	2:00:38	2:04:34	9:42
1426	168	W20	Mattea Rainforth, 20*, West Des Moines, IA	2:00:39	2:03:48	9:42
1427	253	W35	Neko Kleckner, 37*, Grimes, IA	2:00:40	2:13:04	9:42
2065	314	M35	John Long, 39, West Des Moines, IA	2:00:40	2:01:59	9:43
1428	281	W25	Shannon Henson, 27*, West Des Moines, IA	2:00:41	2:10:11	9:43
2066	306	M25	Christian Grieser, 28, West Des Moines, IA	2:00:41	2:07:20	9:43
2067	198	M45	John Streff, 45, West Des Moines, IA	2:00:42	2:03:14	9:43
2068	443	M30	Grant Noah, 33, Woodward, IA	2:00:43	2:03:47	9:43
1429	254	W35	Erica Hackett, 35*, Phoenix, AZ	2:00:43	2:12:43	9:43
1430	169	W20	Mindy Wolfe, 24*, Stuart, IA	2:00:44	2:08:21	9:43
1431	282	W25	Dana Schrader, 26*, Bettendorf, IA	2:00:45	2:09:34	9:43
1432	255	W35	Kristi Fitzpatrick, 36*, Iowa City, IA	2:00:45	2:04:04	9:43
1433	283	W25	Danielle Neugent, 26*, Ankeny, IA	2:00:45	2:09:34	9:43
1434	170	W20	Elizabeth Bloyer, 24*, Chesterfield, MO	2:00:45	2:03:18	9:43
2069	315	M35	Mark Theis, 38, West Des Moines, IA	2:00:45	2:01:19	9:43
1435	284	W25	Mallory Spray, 27*, Dallas Center, IA	2:00:45	2:03:09	9:43
1436	346	W30	Amber McDonald, 30*, North Liberty, IA	2:00:46	2:09:03	9:43
1437	154	W40	Colleen Vukovich, 44*, Brookings, SD	2:00:46	2:03:18	9:43
1438	85	W45	Marie Vajgrt, 46*, Urbandale, IA	2:00:46	2:03:18	9:43
2070	190	M20	Jon Lundquist, 24, Coralville, IA	2:00:47	2:06:40	9:43
1439	171	W20	Katie Johnson, 24*, Coralville, IA	2:00:47	2:06:40	9:43
1440	285	W25	Rachel Davies, 28*, Clive, IA	2:00:48	2:04:24	9:43
1441	86	W45	Elaine Schope, 47*, Eagle Grove, IA	2:00:48	2:03:34	9:43
1442	347	W30	Jane Cline, 32*, Waverly, IA	2:00:48	2:11:09	9:43
2071	81	M55	Mark Beimal, 57, North Riverside, IL	2:00:48	2:04:25	9:43

1443	87	W45	Kathleen Jones, 46*, West Des Moines, IA	2:00:49	2:06:32	9:43
2072	316	M35	Eric Kisgen, 38, Des Moines, IA	2:00:49	2:06:44	9:43
1444	348	W30	Allison Harms, 34*, Ankeny, IA	2:00:49	2:07:50	9:43
2073	199	M45	Brad Edmister, 46, Des Moines, IA	2:00:49	2:03:41	9:43
1445	256	W35	Stephanie Spurling, 37*, Dexter, IA	2:00:49	2:06:04	9:43
1446	257	W35	Penny Woods, 38*, West Des Moines, IA	2:00:50	2:04:52	9:43
1447	349	W30	Roshael Arns, 34*, Bondurant, IA	2:00:50	2:05:03	9:43
1448	286	W25	Elise Thrapp, 29*, Waukee, IA	2:00:50	2:13:01	9:43
2074	444	M30	Nathan Lees, 31, Urbandale, IA	2:00:50	2:06:08	9:43
1449	258	W35	Shawna Mueller, 39*, West Liberty, IA	2:00:51	2:11:39	9:43
1450	287	W25	Amy Sherwood, 27*, Urbandale, IA	2:00:51	2:06:58	9:43
1451	259	W35	Ginnie Coleman, 39*, Waukee, IA	2:00:51	2:13:01	9:43
1452	155	W40	Tricia Meiners, 40*, Polk City, IA	2:00:52	2:03:08	9:43
2075	445	M30	Cory Briggs, 31, West Des Moines, IA	2:00:52	2:07:53	9:43
1453	26	W55	Mary Ann Koehler, 55*, Waukee, IA	2:00:52	2:07:53	9:44
1454	172	W20	Morgan Muller, 21*, Manchester, IA	2:00:53	2:02:47	9:44
2076	275	M40	David Hampe, 43, Iowa Falls, IA	2:00:53	2:10:19	9:44
2077	276	M40	Dave Smeltzer, 40, Woodward, IA	2:00:54	2:01:27	9:44
1455	88	W45	Donna Jo Davis-Day, 49*, Davenport, IA	2:00:54	2:04:12	9:44
1456	350	W30	Anne King, 33*, Washington, DC	2:00:54	2:05:03	9:44
1457	173	W20	Phouang Sihakhune, 24*, West Des Moines, IA	2:00:54	2:13:57	9:44
2078	191	M20	Dallas Lehman, 23, Clive, IA	2:00:55	2:04:45	9:44
1458	156	W40	Leah Churchman, 43*, Ankeny, IA	2:00:55	2:04:56	9:44
1459	38	W17	Malia Meyer, 19*, Urbandale, IA	2:00:57	2:03:51	9:44
2079	134	M50	Scott Franklin, 53, Urbandale, IA	2:00:57	2:06:38	9:44
2080	200	M45	Dave Peshel, 48, Adel, IA	2:00:57	2:10:24	9:44
2081	317	M35	Eben Baumhover, 35, Clive, IA	2:00:57	2:03:53	9:44
1460	260	W35	Maria Mattiace, 37*, Ankeny, IA	2:00:57	2:01:15	9:44
1461	174	W20	Alison Hinrichs, 23*, West Des Moines, IA	2:00:58	2:03:22	9:44
1462	351	W30	Melissa Dale, 31*, Des Moines, IA	2:00:59	2:10:29	9:44
1463	157	W40	Deanne Dunphy, 40*, Council Bluffs, IA	2:00:59	2:12:43	9:44
2082	318	M35	Matt Stock, 39, West Des Moines, IA	2:01:00	2:04:16	9:44
2083	277	M40	Dennis Markway, 40, Urbandale, IA	2:01:01	2:04:30	9:44
1464	352	W30	Natalie Caldwell, 30*, Des Moines, IA	2:01:01	2:08:42	9:44
1465	288	W25	Laurie Book, 29*, Waukee, IA	2:01:01	2:07:12	9:44
2084	446	M30	Randy Arnold, 33, Ankeny, IA	2:01:01	2:03:55	9:44
2085	135	M50	Mike Fugate, 51, Des Moines, IA	2:01:01	2:05:06	9:44
2086	307	M25	Kevin Kotek, 25, Cedar Rapids, IA	2:01:02	2:13:36	9:44
1466	353	W30	Jennifer Chittenden, 33*, Grimes, IA	2:01:02	2:06:27	9:44
1467	261	W35	Melissa White, 35*, Grimes, IA	2:01:02	2:06:27	9:44
1468	289	W25	Lyndsey Strait, 26*, Des Moines, IA	2:01:03	2:06:31	9:44
1469	262	W35	Jami Wheeler, 37*, Pleasant Hill, IA	2:01:03	2:04:39	9:44
1470	263	W35	Angela Chandler, 38*, Carroll, IA	2:01:03	2:04:39	9:44
1471	175	W20	Ashley Hood, 22*, Cedar Rapids, IA	2:01:03	2:13:21	9:44
1472	290	W25	Emily Petermann, 26*, Sioux Falls, SD	2:01:04	2:09:15	9:44
2087	319	M35	Steve Morrissey, 37, Ankeny, IA	2:01:04	2:07:33	9:44
1473	158	W40	Molly Kottmeyer, 40*, West Des Moines, IA	2:01:05	2:06:07	9:45
2088	320	M35	Zach Christensen, 35, Johnston, IA	2:01:05	2:03:02	9:45
1474	176	W20	Cecily Johnson, 22*, Minneapolis, MN	2:01:06	2:09:59	9:45
1475	177	W20	Paige Atwood, 23*, Batavia, IA	2:01:06	2:03:41	9:45
1476	26	JrW	Angie Healy, 15*, Jefferson, IA	2:01:06	2:06:46	9:45
1477	291	W25	Clara Bailey-Hugill, 25*, Belle Plaine, IA	2:01:08	2:10:12	9:45
1478	27	JrW	Aalyshah Zaragoza, 16*, Ankeny, IA	2:01:08	2:07:13	9:45
1479	354	W30	Brenda Van Berkum, 32*, Des Moines, IA	2:01:08	2:09:01	9:45
1480	292	W25	Amy Wadlington, 29*, Des Moines, IA	2:01:08	2:02:35	9:45
2089	447	M30	Brandon Kienitz, 34, Belle Plaine, IA	2:01:09	2:10:13	9:45
1481	178	W20	Mickenzie Block, 24*, Ankeny, IA	2:01:09	2:04:36	9:45
2090	308	M25	John Lande, 27, Urbandale, IA	2:01:09	2:07:00	9:45
1482	293	W25	Cynthia Lande, 27*, Urbandale, IA	2:01:09	2:07:00	9:45
1483	355	W30	Penny Watgen, 31*, Ankeny, IA	2:01:09	2:03:38	9:45
2091	192	M20	Jerry Harland, 24, Davenport, IA	2:01:11	2:03:48	9:45
1484	159	W40	Lisa Brokaw, 42*, Solon, IA	2:01:11	2:13:20	9:45
1485	160	W40	Ann Dall, 43*, Solon, IA	2:01:11	2:13:20	9:45
2092	193	M20	Chance Frerichs, 24, Alexander, IA	2:01:12	2:03:48	9:45



1486	356	W30	Becky Swartz, 31*, Bondurant, IA	2:01:13	2:05:10	9:45
2093	309	M25	Brad Foresman, 25, Champaign, IL	2:01:13	2:06:37	9:45
1487	294	W25	Larissa Ranvek, 25*, Davenport, IA	2:01:15	2:09:26	9:45
1488	264	W35	Bridget Hrabe, 39*, St. Paul, MN	2:01:16	2:07:51	9:45
2094	194	M20	Jordan Mangold, 21, Manchester, IA	2:01:16	2:03:10	9:45
2095	321	M35	Aldrich Cabildo, 39, Urbandale, IA	2:01:17	2:09:03	9:45
1489	357	W30	Shanyn Tuftee, 32*, Eagan, MN	2:01:18	2:04:31	9:46
1490	358	W30	Alecia Moritz, 34*, Fort Dodge, IA	2:01:18	2:04:11	9:46
1491	359	W30	Melissa Pelham, 34*, Ankeny, IA	2:01:18	2:14:33	9:46
2096	448	M30	Joshua Huelsman, 32, Williston, ND	2:01:19	2:11:49	9:46
1492	360	W30	Sarah O'Neil, 33*, Urbandale, IA	2:01:19	2:05:32	9:46
1493	361	W30	Amy Groen, 34*, Ankeny, IA	2:01:20	2:05:23	9:46
1494	295	W25	Christina Tim, 26*, West Des Moines, IA	2:01:20	2:10:07	9:46
2097	29	JrM	David Hunn, 15, Saint Charles, MO	2:01:20	2:02:47	9:46
2098	82	M55	Michael Gumina, 55, Johnston, IA	2:01:20	2:03:03	9:46
1495	161	W40	Suzette Douglas Hill, 41*, Des Moines, IA	2:01:21	2:05:22	9:46
1496	89	W45	Cindi Warmuth, 47*, Waukee, IA	2:01:21	2:08:16	9:46
1497	362	W30	Cheryl Sonnek, 31*, Shakopee, MN	2:01:22	2:03:55	9:46
1498	265	W35	Deborah Lammers, 39*, Waukesha, WI	2:01:22	2:03:55	9:46
2099	449	M30	Steve Shaner, 31, Ames, IA	2:01:22	2:04:02	9:46
2100	195	M20	Jack Zehr, 21, Iowa City, IA	2:01:23	2:10:14	9:46
2101	196	M20	Jacob Vukovich, 20, Brookings, SD	2:01:25	2:03:32	9:46
1499	296	W25	Brianna Damstetter, 28*, Des Moines, IA	2:01:25	2:02:49	9:46
2102	310	M25	Matthew Fleshner, 25, Carroll, IA	2:01:25	2:13:40	9:46
1500	297	W25	Stephanie Palser, 28*, Plattsmouth, NE	2:01:26	2:06:18	9:46
1501	162	W40	Elaine Stewart, 41*, Smithville, MO	2:01:26	2:04:56	9:46
2103	201	M45	Jeff Sullivan, 48, West Des Moines, IA	2:01:27	2:04:10	9:46
1502	163	W40	Tiffany Kragnes, 40*, West Des Moines, IA	2:01:27	2:08:58	9:46
1503	164	W40	Melissa Gatzionis, 42*, Urbandale, IA	2:01:28	2:11:08	9:46
1504	266	W35	Jill Hill, 39*, West Des Moines, IA	2:01:28	2:05:52	9:46
2104	278	M40	Bill Bond, 40, Polk City, IA	2:01:29	2:03:19	9:46
1505	363	W30	Debra Williams, 33*, Kansas City, MO	2:01:29	2:03:25	9:46
1506	364	W30	Angela-Moon Lins-Eich, 31*, Marshalltown, IA	2:01:29	2:03:25	9:46
1507	179	W20	Krissy Frerk, 24*, Waukee, IA	2:01:30	2:07:14	9:47
1508	267	W35	Meghan Zaragoza, 37*, Ankeny, IA	2:01:30	2:07:35	9:47
2105	450	M30	Tommy Martin, 31, Maxwell, IA	2:01:30	2:07:00	9:47
1509	90	W45	Tracy Harms, 47*, Waukee, IA	2:01:30	2:07:09	9:47
1510	298	W25	Megan Brunk, 28*, West Des Moines, IA	2:01:31	2:02:55	9:47
2106	311	M25	Matt Radermacher, 28, Des Moines, IA	2:01:32	2:05:27	9:47
1511	299	W25	Katie Radermacher, 29*, Des Moines, IA	2:01:32	2:05:27	9:47
2107	279	M40	Aaron Gindt, 40, Ames, IA	2:01:33	2:06:41	9:47
1512	91	W45	Debbie Schroeder, 45*, Saint Charles, MO	2:01:34	2:07:14	9:47
1513	53	W50	Deb Fritz, 54*, Des Moines, IA	2:01:35	2:04:58	9:47
1514	365	W30	Lacey Cheeseman, 32*, Ankeny, IA	2:01:35	2:04:18	9:47
2108	451	M30	John Mickelson, 32, West Des Moines, IA	2:01:35	2:05:42	9:47
2109	322	M35	Siva Chudalayandi, 36, Ames, IA	2:01:36	2:09:14	9:47
2110	136	M50	Frank Jirsa, 52, Pleasant Hill, IA	2:01:36	2:08:08	9:47
2111	312	M25	Paul Hart, 25, Omaha, NE	2:01:36	2:04:59	9:47
1515	366	W30	Brooke Mickelson, 31*, West Des Moines, IA	2:01:36	2:05:42	9:47
1516	268	W35	Krista Pugh, 35*, Cedar Falls, IA	2:01:37	2:12:01	9:47
2112	137	M50	Andrew Stroud, 54, Des Moines, IA	2:01:37	2:15:00	9:47
2113	138	M50	Larry Spray II, 52, Dallas Center, IA	2:01:38	2:04:00	9:47
2114	452	M30	Benjamin Hall, 30, Waukee, IA	2:01:38	2:03:32	9:47
1517	180	W20	Myra Yelle, 21*, Ames, IA	2:01:39	2:05:35	9:47
1518	269	W35	Ramona VanDusseldorp, 39*, Pella, IA	2:01:40	2:04:28	9:47
2115	323	M35	Mike Danilson, 36, Gilbert, IA	2:01:40	2:08:17	9:47
1519	181	W20	Amber Van Soelen, 24*, Sully, IA	2:01:41	2:06:20	9:47
1520	270	W35	Kristy Danilson, 36*, Gilbert, IA	2:01:41	2:08:17	9:47
2116	83	M55	Doug Jacobson, 55, Ames, IA	2:01:41	2:04:58	9:47
1521	165	W40	Lara Olson, 41*, Urbandale, IA	2:01:41	2:05:46	9:47
1522	300	W25	Stephanie Muff, 29*, Sioux Center, IA	2:01:41	2:14:00	9:47
1523	271	W35	Shannon Letsche, 35*, Marcus, IA	2:01:42	2:13:22	9:48
1524	367	W30	Kacee Bell, 32*, West Liberty, IA	2:01:43	2:12:08	9:48
1525	272	W35	Rachel Andrews, 37*, West Des Moines, IA	2:01:43	2:05:18	9:48

1526	166	W40	Tiffany Rumelhart, 40*, Ankeny, IA	2:01:44	2:09:07	9:48
1527	167	W40	Selena Swanson, 40*, Des Moines, IA	2:01:44	2:13:35	9:48
2117	313	M25	Tyler Dorin, 25, Pleasant Hill, IA	2:01:44	2:03:24	9:48
2118	314	M25	Ryan Miller, 26, St. Paul, MN	2:01:44	2:08:57	9:48
2119	139	M50	Randy Buss, 50, Grimes, IA	2:01:45	2:07:19	9:48
2120	453	M30	Brian Feist, 31, Ankeny, IA	2:01:45	2:04:33	9:48
1528	301	W25	Megan Davis, 25*, Des Moines, IA	2:01:45	2:14:54	9:48
1529	27	W55	Joyce Vance, 55*, Des Moines, IA	2:01:45	2:07:26	9:48
2121	315	M25	Tom Kinsinger, 28, Des Moines, IA	2:01:46	2:07:40	9:48
1530	302	W25	Hillary Hansen, 26*, West Des Moines, IA	2:01:46	2:07:40	9:48
1531	273	W35	Amy Acheson, 37*, Waukee, IA	2:01:47	2:05:23	9:48
1532	303	W25	Bridget Warg, 26*, Ames, IA	2:01:48	2:06:01	9:48
1533	304	W25	Amy Warg, 26*, Ames, IA	2:01:48	2:06:01	9:48
1534	168	W40	Val Giegerich, 41*, Anita, IA	2:01:48	2:05:41	9:48
2122	202	M45	Dominic Giegerich, 48, Anita, IA	2:01:48	2:05:41	9:48
1535	368	W30	Gabrielle Roesch, 31*, Ames, IA	2:01:48	2:05:32	9:48
1536	54	W50	Jan Mackey, 53*, Johnston, IA	2:01:48	2:06:16	9:48
2123	454	M30	William Hodges, 33, Des Moines, IA	2:01:49	2:10:27	9:48
2124	455	M30	Ryan Pfantz, 31, State Center, IA	2:01:50	2:08:54	9:48
2125	203	M45	David Graves, 45, Clive, IA	2:01:50	2:06:43	9:48
2126	140	M50	Claude Frazier III, 53, Des Moines, IA	2:01:50	2:14:40	9:48
2127	456	M30	Peter Thayer, 30, Des Moines, IA	2:01:51	2:05:19	9:48
1537	274	W35	Rachael Crane, 35*, West Des Moines, IA	2:01:51	2:03:51	9:48
2128	324	M35	James Pilquist, 39, Clive, IA	2:01:51	2:09:45	9:48
1538	369	W30	Kelli Hruby, 31*, Waukee, IA	2:01:51	2:07:28	9:48
2129	457	M30	David Hruby, 31, Waukee, IA	2:01:52	2:07:29	9:48
2130	84	M55	Bruce Whittier, 56, Fort Dodge, IA	2:01:52	2:05:54	9:48
1539	370	W30	Iverson Jackie, 30*, West Des Moines, IA	2:01:52	2:05:54	9:48
2131	204	M45	Erik Luthens, 48, Urbandale, IA	2:01:52	2:05:45	9:48
2132	458	M30	Dean Schlader, 32, Waukee, IA	2:01:53	2:07:29	9:48
2133	280	M40	Jason Paulson, 42, Grimes, IA	2:01:54	2:05:31	9:48
1540	169	W40	Kelly Van Gelder, 40*, Le Mars, IA	2:01:54	2:10:35	9:48
2134	316	M25	Cullen Scafer, 27, Greenville, NC	2:01:54	2:11:07	9:48
2135	281	M40	Terry Merfeld, 42, Des Moines, IA	2:01:54	2:10:35	9:48
1541	305	W25	Kimber Barto, 29*, Ankeny, IA	2:01:54	2:05:10	9:48
2136	317	M25	Justin Stoffa, 26, Norwalk, IA	2:01:56	2:06:24	9:49
1542	182	W20	Lindsay Burke, 22*, Ames, IA	2:01:56	2:10:12	9:49
1543	306	W25	Brenna Stoffa, 26*, Norwalk, IA	2:01:57	2:06:24	9:49
2137	325	M35	Adam Manternach, 37, Nolensville, TN	2:01:58	2:06:08	9:49
1544	275	W35	Jennifer Manternach, 38*, Nolensville, TN	2:01:58	2:06:08	9:49
1545	307	W25	Allison Whitver, 27*, Ames, IA	2:01:58	2:14:48	9:49
1546	183	W20	Ericka Deneke, 22*, Brookings, SD	2:01:59	2:15:11	9:49
1547	371	W30	Julia Cliber, 32*, Urbandale, IA	2:01:59	2:10:18	9:49
1548	308	W25	Kelly Potthoff, 28*, Ankeny, IA	2:02:00	2:07:21	9:49
1549	39	W17	Jessie Laughridge, 17*, Iowa, IA	2:02:02	2:02:57	9:49
2138	7	M65	Duane Osmun, 65, Creston, IA	2:02:02	2:03:20	9:49
1550	92	W45	Laurin Canfield, 49*, Des Moines, IA	2:02:04	2:06:15	9:49
2139	33	M60	John Lang, 61, Waterloo, IA	2:02:04	2:07:50	9:49
2140	459	M30	Steven White, 31, Tiffin, IA	2:02:04	2:07:07	9:49
2141	141	M50	Randy Stonewall, 52, Waterloo, IA	2:02:04	2:04:34	9:49
1551	372	W30	Jill Hardy, 32*, Ames, IA	2:02:05	2:04:27	9:49
2142	282	M40	Kham Vang, 44, Des Moines, IA	2:02:05	2:08:50	9:49
2143	205	M45	Dave Shutt, 47, Urbandale, IA	2:02:05	2:04:22	9:49
1552	170	W40	Jenni Dillavou, 40*, Clear Lake, IA	2:02:08	2:04:43	9:50
1553	184	W20	Alyse Dreher, 24*, North Liberty, IA	2:02:09	2:09:58	9:50
2144	142	M50	Mike Parsons, 53, Ames, IA	2:02:09	2:05:26	9:50
1554	309	W25	Lacey Liska, 28*, Duncombe, IA	2:02:09	2:05:02	9:50
2145	283	M40	Emrah Simsek, 43, Ames, IA	2:02:09	2:04:07	9:50
1555	373	W30	Jennifer Cleveland, 30*, Fort Dodge, IA	2:02:09	2:05:02	9:50
1556	185	W20	Paige Abbas, 24*, Grimes, IA	2:02:09	2:11:09	9:50
1557	276	W35	Cindy Perry, 35*, Johnston, IA	2:02:10	2:03:30	9:50
1558	277	W35	Vicki Sass, 37*, Mt. Pleasant, WI	2:02:10	2:06:44	9:50
1559	374	W30	Laurie Hughell, 33*, Urbandale, IA	2:02:10	2:05:29	9:50
1560	375	W30	Kimberly Berger, 31*, Columbia, MO	2:02:11	2:05:30	9:50
2146	318	M25	Devin Hogue, 26, Atlantic, IA	2:02:11	2:07:47	9:50

2147	319	M25	Caleb Lyle, 26, Des Moines, IA	2:02:11	2:08:06	9:50
2148	460	M30	Andy Kohler, 31, Oskaloosa, IA	2:02:11	2:07:58	9:50
1561	310	W25	Kendra Henningsen, 27*, Atlantic, IA	2:02:12	2:07:47	9:50
2149	284	M40	Jonathan Hobbs, 44, Des Moines, IA	2:02:12	2:04:31	9:50
2150	320	M25	Brad Henningsen, 29, Atlantic, IA	2:02:12	2:07:47	9:50
2151	285	M40	James Stegeman, 43, Des Moines, IA	2:02:12	2:03:30	9:50
2152	461	M30	Gary Carter, 30, West Des Moines, IA	2:02:13	2:03:53	9:50
1562	278	W35	Karey Hawkins, 36*, West Liberty, IA	2:02:14	2:13:02	9:50
1563	376	W30	Angie Maske-Berka, 33*, Iowa City, IA	2:02:14	2:08:19	9:50
1564	171	W40	Erin Wormley, 43*, West Des Moines, IA	2:02:14	2:04:24	9:50
2153	326	M35	Josh Bradley, 35, Urbandale, IA	2:02:15	2:06:41	9:50
1565	311	W25	Ali Mackey, 25*, Polk City, IA	2:02:16	2:09:53	9:50
1566	312	W25	Emily Gibson, 25*, Ames, IA	2:02:16	2:09:53	9:50
1567	377	W30	Elizabeth Wise, 33*, Marshalltown, IA	2:02:17	2:06:16	9:50
1568	186	W20	Alyseia Sanchez, 24*, Montezuma, IA	2:02:17	2:09:05	9:50
2154	206	M45	Matt Hilsabeck, 46, Boone, IA	2:02:18	2:13:05	9:50
1569	172	W40	Marsha Smithey, 43*, Urbandale, IA	2:02:18	2:11:55	9:50
1570	93	W45	Nancy Hanstad, 49*, Johnston, IA	2:02:19	2:08:14	9:50
2155	85	M55	Leon Kuehner, 59, Hampton, IA	2:02:19	2:05:16	9:50
1571	313	W25	Lindy Shaw, 25*, Clive, IA	2:02:19	2:06:32	9:50
2156	327	M35	Matt Zmolek, 35, Tama, IA	2:02:19	2:02:19	9:51
2157	462	M30	Michael Zmolek, 31, Toledo, IA	2:02:20	2:02:20	9:51
1572	94	W45	Jeanine Brizzolara, 45*, Brandon, SD	2:02:21	2:06:09	9:51
1573	279	W35	Jennifer Gray, 39*, Ankeny, IA	2:02:21	2:08:24	9:51
1574	314	W25	Jill Hackman, 29*, West Des Moines, IA	2:02:24	2:05:58	9:51
2158	3	M70	Steve Schroeder, 70, River Falls, WI	2:02:25	2:04:57	9:51
2159	34	M60	Terry Asher, 61, Norwalk, IA	2:02:25	2:03:21	9:51
1575	315	W25	Marcia Kent, 26*, Ankeny, IA	2:02:26	2:09:57	9:51
2160	328	M35	Dave Kuhn, 36, Huxley, IA	2:02:26	2:07:15	9:51
1576	280	W35	Jennifer Bellinghausen, 39*, Carroll, IA	2:02:26	2:07:31	9:51
2161	35	M60	Scott Avitt, 60, Des Moines, IA	2:02:27	2:08:59	9:51
2162	207	M45	Keith Snow, 46, Ankeny, IA	2:02:27	2:11:56	9:51
1577	173	W40	Marcia Schlichte, 43*, Ralston, IA	2:02:28	2:09:04	9:51
1578	378	W30	Rena Badger, 31*, Des Moines, IA	2:02:28	2:11:14	9:51
1579	281	W35	Jill Miller, 35*, Urbandale, IA	2:02:28	2:07:46	9:51
1580	55	W50	Teresa Newman, 51*, Fort Dodge, IA	2:02:29	2:09:52	9:51
1581	187	W20	Jesa Wolthuizen, 22*, Ames, IA	2:02:29	2:04:44	9:51
1582	174	W40	Amy Wisniewski, 41*, Oklahoma City, OK	2:02:30	2:08:38	9:51
2163	321	M25	Ted Craig, 29, Des Moines, IA	2:02:30	2:09:56	9:51
2164	463	M30	Benjamin Hermanson, 33, Zimmerman, MN	2:02:30	2:04:44	9:51
1583	379	W30	Cory Obrecht, 33*, Bondurant, IA	2:02:30	2:06:43	9:51
1584	5	W60	Sue Baumhover, 60*, Ames, IA	2:02:31	2:08:23	9:51
2165	329	M35	Robert Sarchet, 35, Polk City, IA	2:02:31	2:12:56	9:51
1585	282	W35	Jami Beshear, 37*, Altoona, IA	2:02:31	2:08:21	9:51
2166	464	M30	Joseph Bormann, 33, Dewitt, IA	2:02:32	2:05:53	9:52
2167	322	M25	Tyler Hogrefe, 28, Ankeny, IA	2:02:33	2:10:28	9:52
1586	380	W30	Angel Crow, 31*, Prole, IA	2:02:33	2:04:34	9:52
1587	56	W50	Patricia Carlson, 50*, Atlantic, IA	2:02:34	2:04:03	9:52
1588	28	JrW	Amelia Leshar, 13*, Cambridge, IA	2:02:34	2:09:05	9:52
1589	175	W40	Tracy Leshar, 41*, Cambridge, IA	2:02:34	2:09:05	9:52
1590	316	W25	Sara Pfannes, 25*, Grimes, IA	2:02:35	2:11:36	9:52
2168	330	M35	Jason Arnold, 35, Urbandale, IA	2:02:36	2:03:06	9:52
2169	323	M25	Nick Kastler, 27, Webster City, IA	2:02:37	2:07:22	9:52
1591	317	W25	Amber Kastler, 26*, Webster City, IA	2:02:37	2:07:22	9:52
1592	283	W35	Jamie Hackett, 36*, Waukee, IA	2:02:37	2:06:31	9:52
2170	208	M45	Jos Kobussen, 49, Indianola, IA	2:02:37	2:09:33	9:52
1593	318	W25	Britta Wey, 28*, Johnston, IA	2:02:37	2:07:46	9:52
1594	176	W40	Anastasia Hurn, 44*, Johnston, IA	2:02:37	2:07:19	9:52
2171	465	M30	Chris Birkland, 32, Waukee, IA	2:02:39	2:06:50	9:52
1595	284	W35	Heather Schebel, 39*, West Des Moines, IA	2:02:40	2:07:06	9:52
2172	36	M60	Milt Aunan, 64, Marion, IA	2:02:40	2:07:52	9:52
2173	466	M30	Tyler Winegarden, 32, Des Moines, IA	2:02:40	2:06:48	9:52
2174	286	M40	Corey Carr, 43, Ankeny, IA	2:02:40	2:04:27	9:52
1596	285	W35	Mary Meskimen, 36*, Coralville, IA	2:02:41	2:08:01	9:52
1597	177	W40	Molly Pirtle, 41*, Norwalk, IA	2:02:42	2:08:02	9:52

1598	95	W45	Kim Jensen, 47*, Ankeny, IA	2:02:42	2:06:21	9:52
1599	381	W30	Jennifer Curran, 30*, West Des Moines, IA	2:02:44	2:07:08	9:52
2175	86	M55	Brent Cooper, 58, Urbandale, IA	2:02:45	2:05:13	9:53
1600	319	W25	Jenna Rosenberg, 28*, Clive, IA	2:02:46	2:14:52	9:53
2176	467	M30	Pradip Sthapit, 32, West Des Moines, IA	2:02:47	2:07:42	9:53
1601	320	W25	Sara Bonney, 28*, Des Moines, IA	2:02:47	2:09:45	9:53
2177	331	M35	Tom Miller, 38, Johnston, IA	2:02:47	2:07:28	9:53
1602	96	W45	Deval Shah, 46*, Clive, IA	2:02:47	2:08:24	9:53
1603	188	W20	Kylee Karlic, 23*, Tinley Park, IL	2:02:48	2:06:58	9:53
2178	324	M25	Aj Goldsmith, 25, Solon, IA	2:02:48	2:06:58	9:53
2179	61	M17	Dakota Sanchez, 17, Des Moines, IA	2:02:49	2:05:35	9:53
1604	178	W40	Kathy Strottmann, 43*, Des Moines, IA	2:02:50	2:07:24	9:53
1605	382	W30	Jacki Boldt, 32*, Des Moines, IA	2:02:51	2:09:56	9:53
2180	87	M55	Denny Henrich, 56, Des Moines, IA	2:02:52	2:15:38	9:53
2181	468	M30	Caleb Schmitz, 34, Des Moines, IA	2:02:52	2:13:52	9:53
2182	209	M45	Kevin Vander Ploeg, 48, Sioux Center, IA	2:02:52	2:12:04	9:53
1606	189	W20	Ana Ayala, 22*, Des Moines, IA	2:02:53	2:10:55	9:53
1607	383	W30	Erin Gumm, 34*, Toledo, IA	2:02:53	2:03:54	9:53
1608	179	W40	Jodi Schafer, 40*, North Liberty, IA	2:02:53	2:08:41	9:53
2183	325	M25	Nickolas Gudmundson, 26, Chatfield, MN	2:02:55	2:11:51	9:53
2184	287	M40	Robert Hoppe, 40, Chanhassen, MN	2:02:55	2:06:51	9:53
2185	326	M25	Jonathon Schroeder, 25, Des Moines, IA	2:02:55	2:08:35	9:53
2186	332	M35	Philip Grout, 35, Nevada, IA	2:02:55	2:05:52	9:53
1609	286	W35	Andrea Quam, 38*, Urbandale, IA	2:02:55	2:10:38	9:53
1610	287	W35	Robin Wasteney, 38*, Des Moines, IA	2:02:55	2:10:38	9:53
1611	288	W35	Scotta Roling, 37*, Marion, IA	2:02:56	2:15:30	9:53
2187	469	M30	Leslie Caldwell, 32, Fort Dodge, IA	2:02:56	2:03:34	9:53
1612	321	W25	Emily Hubbard, 29*, West Des Moines, IA	2:02:57	2:07:47	9:54
1613	384	W30	Jessica Fuchs, 33*, Arcadia, IA	2:02:57	2:08:11	9:54
1614	180	W40	Dana Rounds, 41*, Ankeny, IA	2:02:58	2:10:21	9:54
2188	288	M40	Mike Painovich, 43, West Des Moines, IA	2:02:58	2:07:26	9:54
1615	190	W20	Katie Freeborn, 24*, West Des Moines, IA	2:02:59	2:09:01	9:54
1616	385	W30	Kelli Egan Mennen, 30*, Des Moines, IA	2:03:00	2:07:50	9:54
2189	88	M55	Craig Orr, 57, Urbandale, IA	2:03:00	2:11:02	9:54
1617	322	W25	Shawna Hamilton, 26*, Nevada, IA	2:03:00	2:05:23	9:54
1618	181	W40	Kate Evans, 41*, Des Moines, IA	2:03:00	2:13:30	9:54
1619	323	W25	Britni Stevens, 28*, Fremont, NE	2:03:01	2:10:13	9:54
1620	324	W25	April Woosley, 26*, West Des Moines, IA	2:03:01	2:06:53	9:54
1621	386	W30	Rachel Keating, 34*, West Des Moines, IA	2:03:02	2:04:57	9:54
1622	289	W35	Michele Wiggins, 39*, Council Bluffs, IA	2:03:02	2:11:35	9:54
1623	191	W20	Shannon McCoy, 20*, Conrad, IA	2:03:04	2:10:36	9:54
1624	325	W25	Amanda Lundstedt, 25*, Urbandale, IA	2:03:05	2:08:51	9:54
2190	143	M50	Dan Schmitz, 50, Des Moines, IA	2:03:05	2:09:07	9:54
1625	387	W30	Erin Marcel, 33*, Urbandale, IA	2:03:06	2:06:19	9:54
1626	182	W40	Amy Peterson, 41*, Johnston, IA	2:03:06	2:07:33	9:54
2191	470	M30	Adam Christensen, 34, Urbandale, IA	2:03:06	2:10:04	9:54
1627	290	W35	Beth Jones, 36*, West Des Moines, IA	2:03:07	2:08:57	9:54
1628	291	W35	Danni Harris, 39*, Ankeny, IA	2:03:08	2:11:25	9:54
2192	289	M40	Cristian Rodriguez, 41, Des Moines, ID	2:03:09	2:06:15	9:54
1629	326	W25	Katie Elgin, 28*, Rudd, IA	2:03:09	2:12:18	9:54
2193	290	M40	Russ McCullough, 41, Ottawa, KS	2:03:09	2:16:11	9:55
1630	57	W50	Christine Bobst, 52*, Inorwalk, IA	2:03:10	2:11:12	9:55
2194	144	M50	Mark Taylor, 52, Norwalk, IA	2:03:10	2:08:32	9:55
1631	192	W20	Marie Carlson, 23*, Golden Valley, MN	2:03:10	2:07:02	9:55
1632	327	W25	Julie Graeve, 28*, Mount Vernon, IA	2:03:11	2:06:13	9:55
1633	292	W35	Amanda Barsness, 35*, Prole, IA	2:03:11	2:07:25	9:55
1634	58	W50	Betty Bollard, 51*, Pella, IA	2:03:12	2:08:34	9:55
2195	145	M50	Tom Murphy, 50, West Des Moines, IA	2:03:13	2:03:36	9:55
1635	6	W60	Julie Lepley, 62*, Des Moines, IA	2:03:14	2:09:19	9:55
1636	293	W35	Sarah Bird, 35*, West Des Moines, IA	2:03:15	2:08:27	9:55
1637	28	W55	Laura Damstetter, 58*, Ankeny, IA	2:03:16	2:04:40	9:55
1638	294	W35	Belle Kenoyer, 36*, Iowa City, IA	2:03:16	2:09:26	9:55
1639	328	W25	Kerrie Knudsen, 26*, Ankeny, IA	2:03:16	2:08:25	9:55
2196	333	M35	Brian Deets, 36, Waukee, IA	2:03:16	2:07:47	9:55
1640	329	W25	Jill Thomas, 26*, Johnston, IA	2:03:17	2:14:42	9:55

1641	330	W25	Sarah Assman, 26*, West Des Moines, IA	2:03:17	2:10:14	9:55
1642	193	W20	Brittany Trow, 20*, Urbandale, IA	2:03:18	2:16:20	9:55
1643	97	W45	Jill Roof, 48*, Ames, IA	2:03:18	2:13:58	9:55
2197	197	M20	Spencer Hyde, 20, Urbandale, IA	2:03:18	2:16:20	9:55
1644	98	W45	Rhonda Baker, 45*, Grimes, IA	2:03:18	2:04:46	9:55
1645	331	W25	Jessica Palo, 25*, Ames, IA	2:03:19	2:07:01	9:55
2198	210	M45	Doug Maharry, 46, Newton, IA	2:03:20	2:09:14	9:55
1646	388	W30	Brenna Finnerty, 31*, Waukee, IA	2:03:20	2:09:04	9:55
1647	332	W25	Karen Riggs, 25*, Newton, IA	2:03:21	2:10:26	9:56
2199	471	M30	Kenny Chapman, 31, West Des Moines, IA	2:03:21	2:07:01	9:56
1648	183	W40	Melissa Reents, 42*, Urbandale, IA	2:03:22	2:12:03	9:56
1649	184	W40	Heidi Elliott, 42*, Rochester, MN	2:03:22	2:12:03	9:56
2200	198	M20	Alex Greig, 21, Johnston, IA	2:03:22	2:08:52	9:56
2201	327	M25	Zane Taylor, 29, Ankeny, IA	2:03:23	2:06:30	9:56
2202	199	M20	Grant McCaulley, 21, Urbandale, IA	2:03:23	2:06:30	9:56
2203	89	M55	Steve Karsjen, 56, Nevada, IA	2:03:24	2:08:52	9:56
1650	185	W40	Deb Anderson, 43*, Des Moines, IA	2:03:25	2:11:13	9:56
2204	211	M45	Brett Altman, 48, Newton, IA	2:03:26	2:04:08	9:56
1651	295	W35	Blair Patterson, 35*, Ankeny, IA	2:03:27	2:11:33	9:56
1652	333	W25	Jessica Jansen, 26*, Des Moines, IA	2:03:27	2:07:28	9:56
1653	194	W20	Kathleen Davenport, 23*, Mason City, IA	2:03:28	2:10:19	9:56
1654	389	W30	Lisa Leighton, 33*, Granger, IA	2:03:28	2:08:54	9:56
2205	472	M30	Brian Bradour, 30, Des Moines, IA	2:03:29	2:10:38	9:56
1655	296	W35	Jen DeWall, 35*, Waukee, IA	2:03:29	2:13:04	9:56
2206	473	M30	Eric Ludwig, 33, Des Moines, IA	2:03:29	2:04:57	9:56
2207	474	M30	Zac Bitting, 33, Des Moines, IA	2:03:30	2:07:48	9:56
1656	297	W35	Angela Tewfik, 38*, Grimes, IA	2:03:30	2:10:48	9:56
1657	298	W35	Emily Wegner, 38*, Grimes, IA	2:03:30	2:13:05	9:56

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2208	146	M50	Tim Gehm, 52, Johnston, IA	2:03:31	2:08:47	9:56
2209	212	M45	Tim Coltvet, 45, Lenexa, KS	2:03:31	2:15:41	9:56
2210	213	M45	Terry Petersen, 46, Perry, IA	2:03:31	2:10:53	9:56
1659	299	W35	Lynette Morano, 37*, Des Moines, IA	2:03:31	2:08:50	9:56
2211	214	M45	Curt Carlson, 49, Johnston, IA	2:03:33	2:07:40	9:56
1660	186	W40	Kelly Roberson, 42*, Des Moines, IA	2:03:33	2:09:13	9:56
1661	300	W35	Carla Seat, 35*, Urbandale, IA	2:03:33	2:10:32	9:56
1662	301	W35	Ellen Jansen, 38*, Thomasville, GA	2:03:33	2:10:32	9:56
2212	147	M50	Jerry Futer, 54, Waukee, IA	2:03:34	2:08:56	9:57
1663	196	W20	Ailey Carroll, 22*, Des Moines, IA	2:03:34	2:05:47	9:57
2213	475	M30	Alan Johnson, 30, Rock Island, IL	2:03:34	2:06:47	9:57
1664	334	W25	Malori Konzett, 26*, Omaha, NE	2:03:35	2:09:08	9:57
2214	90	M55	Cal Woods, 56, Des Moines, IA	2:03:35	2:08:58	9:57
1665	390	W30	Amanda Carter, 32*, Des Moines, IA	2:03:36	2:08:05	9:57
2215	148	M50	Edward Tiernan, 50, Des Moines, IA	2:03:37	2:12:56	9:57
1666	187	W40	Beth Pottebaum, 42*, West Des Moines, IA	2:03:37	2:15:15	9:57
1667	391	W30	Meghan Sunga, 31*, Indianola, IA	2:03:37	2:10:51	9:57
2216	291	M40	Jeff Glass, 43, Waukee, IA	2:03:38	2:05:38	9:57
1668	302	W35	Melissa Perrin, 36*, Grimes, IA	2:03:38	2:12:35	9:57
2217	328	M25	Dan Harty, 26, Ankeny, IA	2:03:39	2:10:46	9:57
1669	392	W30	Kristin Barber, 30*, Ankeny, IA	2:03:39	2:07:09	9:57
2218	329	M25	Aaron Shindler, 26, West Des Moines, IA	2:03:39	2:10:46	9:57
2219	330	M25	Seth Johnson, 29, Mn, MN	2:03:39	2:08:38	9:57
2220	476	M30	Chett Ray, 32, Carlisle, IA	2:03:40	2:08:39	9:57
1670	393	W30	Kassie Knudson, 30*, Cedar Rapids, IA	2:03:41	2:13:12	9:57
1671	303	W35	Brandy Poli, 35*, Waukee, IA	2:03:43	2:08:51	9:57
1672	197	W20	Taylor Huinker, 22*, Des Moines, IA	2:03:45	2:07:40	9:57
1673	304	W35	Lori Reha, 36*, Ankeny, IA	2:03:45	2:06:15	9:57
2221	477	M30	Tanner Kinzler, 32, Des Moines, IA	2:03:46	2:16:20	9:57
2222	478	M30	Doug Walter, 30, Mascoutah, IL	2:03:47	2:12:39	9:58
1674	394	W30	Dawn Ortiguerra, 30*, Ankeny, IA	2:03:47	2:09:06	9:58
1675	335	W25	Whitney Sunner, 25*, Saint Louis, MO	2:03:47	2:12:39	9:58
2223	479	M30	Victor Svecs, 33, West Des Moines, IA	2:03:48	2:09:29	9:58

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1677	336	W25	Courtney Marks, 29*, Des Moines, IA	2:03:50	2:10:52	9:58
1678	395	W30	Jill Oliver, 31*, Milo, IA	2:03:50	2:11:57	9:58
1679	188	W40	Chris Berryhill, 42*, Ames, IA	2:03:50	2:16:52	9:58
1680	337	W25	Rhonda Boesenberg, 26*, Alta, IA	2:03:50	2:14:07	9:58
1681	338	W25	Caitie Mather, 26*, West Des Moines, IA	2:03:50	2:10:10	9:58
2224	215	M45	Thomas Tuttle, 46, West Des Moines, IA	2:03:50	2:09:48	9:58
2225	334	M35	Alex Venter, 36, Johnston, IA	2:03:50	2:10:52	9:58
2226	480	M30	Nicolas Taulbee, 30, Kansas City, MO	2:03:52	2:06:50	9:58
2227	216	M45	Kyle Vondracek, 45, West Des Moines, IA	2:03:52	2:16:10	9:58
1682	29	JrW	Katherine Thomas, 16*, Boone, IA	2:03:52	2:07:24	9:58
2228	292	M40	Ronald G. Crees, 43, Bondurant, IA	2:03:53	2:07:27	9:58
1683	198	W20	Karla Schechtman, 23*, West Des Moines, IA	2:03:53	2:11:28	9:58
1684	339	W25	Laura Pals, 29*, West Des Moines, IA	2:03:55	2:11:30	9:58
1685	340	W25	Brandie Overton, 29*, Des Moines, IA	2:03:55	2:16:41	9:58
1686	189	W40	Jennifer Treinen, 41*, Marcus, IA	2:03:56	2:15:36	9:58
1687	396	W30	Carrie Wray, 33*, Des Moines, IA	2:03:57	2:12:18	9:58
2229	481	M30	Nick Sklenar, 32, Glidden, IA	2:03:57	2:08:50	9:58
2230	91	M55	Donald Lampe, 55, Muscatine, IA	2:03:57	2:08:57	9:58
2231	335	M35	Tom Mueller, 35, Grimes, IA	2:03:57	2:07:35	9:58
2232	336	M35	Jonathan Holste, 35, Grimes, Ia, Ia	2:03:59	2:07:37	9:59
1688	199	W20	Emily Van Hal, 22*, Pella, IA	2:04:00	2:09:31	9:59
1689	59	W50	Brenda Van Hal, 50*, Pella, IA	2:04:00	2:09:31	9:59
1690	397	W30	Natalie Ferguson-Spray, 31*, Oskaloosa, IA	2:04:01	2:13:51	9:59
1691	305	W35	Nicole Bunnell, 38*, Oskaloosa, IA	2:04:02	2:17:00	9:59
2233	149	M50	John Sheahan, 52, Roland, IA	2:04:02	2:13:31	9:59
2234	293	M40	Rod Hidders, 41, Manning, IA	2:04:02	2:09:16	9:59
2235	337	M35	Zachary Moore, 36, Ankeny, IA	2:04:03	2:06:47	9:59
1692	100	W45	Sherri Smith, 49*, Ankeny, IA	2:04:03	2:11:36	9:59
1693	398	W30	Staci Scholten, 34*, Polk City, IA	2:04:04	2:05:55	9:59
1694	200	W20	Kathy Kuennen, 20*, Waverly, IA	2:04:04	2:08:58	9:59
2236	217	M45	Joel Johnson, 46, Clive, IA	2:04:05	2:09:50	9:59
2237	150	M50	David Dahlquist, 54, Des Moines, IA	2:04:05	2:11:11	9:59
2238	151	M50	Borden Plunkett, 51, Mason City, IA	2:04:06	2:11:12	9:59
2239	92	M55	Mark Roberts, 56, Omaha, NE	2:04:06	2:06:37	9:59
2240	482	M30	Michael Gaul, 34, Urbandale, IA	2:04:06	2:09:00	9:59
1695	399	W30	Carol Gaul, 34*, Urbandale, IA	2:04:06	2:09:00	9:59
1696	306	W35	Tracy Porter, 39*, Ames, IA	2:04:07	2:17:09	9:59
1697	201	W20	Michelle Dickinson, 24*, Pella, IA	2:04:07	2:14:28	9:59
2241	483	M30	Tyler Evans, 33, Urbandale, IA	2:04:07	2:08:38	9:59
2242	331	M25	Brian Berry, 28, Des Moines, IA	2:04:07	2:08:14	9:59
1698	400	W30	Alicia Evans, 34*, Urbandale, IA	2:04:08	2:08:38	9:59
1699	202	W20	Ash Bruxvoort, 23*, Des Moines, IA	2:04:09	2:09:15	9:59
1700	307	W35	Jeni Sundermeyer, 38*, Pleasant Hill, IA	2:04:09	2:11:41	9:59
1701	190	W40	Kelley Buchacker, 41*, Pleasant Hill, IA	2:04:10	2:11:13	9:59
1702	101	W45	Kristen Nanke, 49*, New Hampton, IA	2:04:11	2:15:01	9:59
1703	341	W25	Jessie Boll, 26*, West Des Moines, IA	2:04:12	2:11:10	10:00
2243	218	M45	Martin Gay, 47, Ankeny, IA	2:04:13	2:11:12	10:00
1704	401	W30	Allison Schiltz, 31*, Urbandale, IA	2:04:14	2:13:47	10:00
1705	402	W30	Amy Steenhoek, 32*, Grimes, IA	2:04:14	2:14:52	10:00
1706	342	W25	Courtney Eggers, 27*, Fort Dodge, IA	2:04:14	2:05:12	10:00
1707	403	W30	Audrey MacFerrin, 31*, West Des Moines, IA	2:04:14	2:13:46	10:00
1708	102	W45	Rachelle Adams, 46*, Earlham, IA	2:04:15	2:11:51	10:00
1709	203	W20	Bridget Smith, 23*, Des Moines, IA	2:04:15	2:07:46	10:00
1710	343	W25	Megan Frank, 28*, Des Moines, IA	2:04:15	2:10:52	10:00
1711	204	W20	Brittany Wellman, 22*, West Point, IA	2:04:16	2:04:26	10:00
2244	93	M55	Russell Cross, 57, Des Moines, IA	2:04:16	2:10:17	10:00
1712	404	W30	Megan Badding, 34*, Carroll, IA	2:04:18	2:14:39	10:00
2245	94	M55	Doran Pruisner, 58, Norwalk, IA	2:04:20	2:08:13	10:00
1713	308	W35	Heather Pack, 39*, Urbandale, IA	2:04:20	2:08:17	10:00
1714	29	W55	Ann Rowlands, 58*, Ruthven, IA	2:04:20	2:09:12	10:00
2246	294	M40	Spencer Pack, 43, Urbandale, IA	2:04:20	2:08:17	10:00
1715	205	W20	Danielle Dickinson, 22*, Coon Rapids, IA	2:04:20	2:14:41	10:00
2247	219	M45	Jeff Staton, 47, Story City, IA	2:04:21	2:13:50	10:00
2248	220	M45	Tim Rankin, 45, Knoxville, IA	2:04:21	2:07:03	10:00

1716	191	W40	Julie Andrews, 41*, Waukee, IA	2:04:21	2:06:31	10:00
2249	484	M30	Michael Letsch, 33, West Des Moines, IA	2:04:22	2:12:17	10:00
1717	309	W35	Melissa Janssen, 35*, Grimes, IA	2:04:22	2:05:59	10:00
1718	405	W30	Amy Robinson, 34*, Bondurant, IA	2:04:23	2:09:49	10:00
1719	206	W20	Amy Wickett, 21*, Indianola, IA	2:04:24	2:09:12	10:01
1720	207	W20	Katie Lonneman, 22*, Johnston, IA	2:04:24	2:09:12	10:01
2250	338	M35	Mark Mason, 39, North Liberty, IA	2:04:24	2:11:45	10:01
1721	344	W25	Laina Bishop, 26*, Waterloo, IA	2:04:24	2:07:58	10:01
1722	30	W55	Becky Faircloth, 57*, Toledo, IA	2:04:25	2:11:40	10:01
2251	339	M35	Mike Gerritson, 36, Bloomfield, IA	2:04:25	2:14:54	10:01
1723	103	W45	Tonya Heier, 47*, Humboldt, IA	2:04:25	2:04:47	10:01
1724	345	W25	Sarah Hosack, 28*, West Des Moines, IA	2:04:25	2:16:29	10:01
1725	208	W20	Jessica Muntz, 21*, Ames, IA	2:04:26	2:13:25	10:01
1726	104	W45	Kristin Archer, 46*, Urbandale, IA	2:04:26	2:11:27	10:01
1727	406	W30	Rachel Williams, 31*, Grimes, IA	2:04:27	2:11:28	10:01
1728	209	W20	Lauren Nitchals, 23*, Ames, IA	2:04:27	2:14:31	10:01
1729	310	W35	Lana Casey, 39*, Ponca, NE	2:04:27	2:13:29	10:01
2252	295	M40	Chris Helton, 40, Fort Dodge, IA	2:04:28	2:11:53	10:01
2253	485	M30	Justin Frerichs, 32, Johnston, IA	2:04:28	2:06:50	10:01
2254	296	M40	Bryan Thompson, 43, Grimes, IA	2:04:29	2:10:34	10:01
2255	486	M30	David Martin, 31, Sgt. Bluff, IA	2:04:29	2:08:22	10:01
1730	7	W60	Claudia Scott, 62*, Marion, IA	2:04:29	2:04:35	10:01
1731	346	W25	Lindsey Wagner, 29*, Ankeny, IA	2:04:31	2:12:04	10:01
2256	221	M45	Scott Dean, 49, Des Moines, IA	2:04:31	2:14:56	10:01
1732	210	W20	Ali Seymour, 22*, Prole, IA	2:04:32	2:08:50	10:01
2257	152	M50	Gregory Seymour, 54, Prole, IA	2:04:32	2:08:50	10:01
1733	407	W30	Katie Dieterich, 30*, Saint Ansgar, IA	2:04:32	2:07:04	10:01
1734	105	W45	Kelli Slocum, 46*, North Liberty, IA	2:04:32	2:10:58	10:01
2258	487	M30	Dan Winters, 32, Urbandale, IA	2:04:32	2:14:45	10:01
1735	347	W25	Abby Malinski, 29*, Urbandale, IA	2:04:33	2:15:47	10:01
1736	408	W30	Meredith Causton, 32*, Waukee, IA	2:04:33	2:17:23	10:01
1737	31	W55	Rhonda Callison, 55*, Oskaloosa, IA	2:04:33	2:07:43	10:01
1738	311	W35	Katie Wise, 36*, Oskaloosa, IA	2:04:33	2:07:43	10:01
2259	297	M40	William Bormann, 43, Urbandale, IA	2:04:34	2:09:27	10:01
1739	192	W40	Kristi Hyink-Huttemier, 40*, Waseca, MN	2:04:35	2:11:07	10:01
2260	153	M50	Alex Van Wyk, 51, Des Moines, IA	2:04:35	2:13:52	10:01
2261	222	M45	Shawn Bown, 46, Des Moines, IA	2:04:36	2:13:33	10:01
2262	332	M25	Lief Christensen, 27, Boone, IA	2:04:38	2:17:08	10:02
1740	348	W25	Crystal Montgomery, 27*, Pleasant Hill, IA	2:04:38	2:16:44	10:02
1741	60	W50	Janis Bartley, 52*, Eagle Grove, IA	2:04:39	2:11:43	10:02
1742	409	W30	Kristin Broers, 34*, West Des Moines, IA	2:04:39	2:08:50	10:02
1743	349	W25	Caitlyn Carlsen, 25*, Des Moines, IA	2:04:41	2:13:36	10:02
2263	340	M35	Nathan Pickrell, 36, Des Moines, IA	2:04:41	2:08:04	10:02
1744	410	W30	Michelle Bakker, 33*, Ankeny, IA	2:04:41	2:09:44	10:02
2264	333	M25	Ben Arends, 26, Ackley, IA	2:04:41	2:08:24	10:02
2265	334	M25	Logan Galloway, 27, West Des Moines, IA	2:04:41	2:14:05	10:02
2266	341	M35	Michael Current, 37, Bondurant, IA	2:04:41	2:16:44	10:02
2267	342	M35	David Bowen, 36, Grimes, IA	2:04:42	2:10:41	10:02
2268	335	M25	Bryan Lloyd, 27, Des Moines, IA	2:04:42	2:13:36	10:02
1745	40	W17	Taylor Martin, 17*, Elkhorn, NE	2:04:42	2:10:13	10:02
2269	336	M25	Joel North, 25, West Des Moines, IA	2:04:43	2:11:16	10:02
2270	95	M55	George Howe, 56, Johnston, IA	2:04:45	2:06:35	10:02
1746	193	W40	Cathy Fay, 43*, Oskaloosa, IA	2:04:45	2:11:39	10:02
1747	312	W35	Shelbie Long, 36*, Grimes, IA	2:04:46	2:17:10	10:02
1748	411	W30	Kjaristen Nolte, 34*, West Des Moines, IA	2:04:46	2:09:52	10:02
2271	488	M30	Robert Walker, 32, Des Moines, IA	2:04:47	2:11:16	10:02
1749	412	W30	Jill Hecker, 31*, Gretna, NE	2:04:47	2:10:36	10:02
1750	313	W35	Lani McKinney, 39*, Ames, IA	2:04:49	2:12:43	10:03
1751	413	W30	Shelby Herrick, 31*, Greenfield, IA	2:04:49	2:10:38	10:03
1752	314	W35	Tenille Hoffert, 36*, Washington, IA	2:04:49	2:16:53	10:03
2272	343	M35	Judd Nelson, 38, Knoxville, IA	2:04:49	2:13:57	10:03
2273	344	M35	Jock Naert, 37, Ankeny, IA	2:04:50	2:12:26	10:03
1753	350	W25	Ann Louvan, 25*, Ankeny, IA	2:04:50	2:10:05	10:03
1754	211	W20	Kristen O'Donnell, 22*, Ankeny, IA	2:04:50	2:10:05	10:03
1755	351	W25	Stephanie Sissel, 27*, West Des Moines, IA	2:04:50	2:15:45	10:03

2274	489	M30	Benjamin VanVleet, 31, Des Moines, IA	2:04:50	2:07:13	10:03
2275	298	M40	Corey Rhoads, 43, Grimes, IA	2:04:51	2:06:29	10:03
1756	352	W25	Ashley Ritter, 27*, Warrenville, IL	2:04:51	2:15:46	10:03
1757	194	W40	Michelle Flattery, 42*, Ames, IA	2:04:51	2:12:44	10:03
2276	299	M40	Dave Kolbe, 44, West Des Moines, IA	2:04:51	2:08:42	10:03
1758	414	W30	Shelby Dains, 32*, De Soto, IA	2:04:51	2:11:14	10:03
1759	415	W30	Dawn Gries, 32*, Des Moines, IA	2:04:52	2:10:27	10:03
1760	315	W35	Veronica Eberling, 37*, Vinton, IA	2:04:52	2:10:27	10:03
1761	195	W40	Deanna Rodenburg, 42*, Council Bluffs, IA	2:04:52	2:17:35	10:03
1762	353	W25	Holly White, 28*, Ankeny, IA	2:04:52	2:12:33	10:03
1763	196	W40	Holly McIlroy, 42*, Des Moines, IA	2:04:52	2:09:49	10:03
2277	300	M40	Scott McIlroy, 42, Iowa, IA	2:04:53	2:09:50	10:03
1764	61	W50	Raneta Todd, 51*, Carson, IA	2:04:53	2:17:36	10:03
1765	212	W20	Nicole Boesenberg, 22*, Stanwood, IA	2:04:54	2:15:11	10:03
2278	345	M35	Brad Sams, 38, Ankeny, IA	2:04:54	2:12:53	10:03
1766	416	W30	Kelly Brown, 34*, Des Moines, IA	2:04:56	2:06:04	10:03
1767	213	W20	Hilary Van Zante, 23*, Norwalk, IA	2:04:56	2:11:55	10:03
1768	316	W35	Ari Morrissey, 37*, Ankeny, IA	2:04:57	2:15:34	10:03
1769	417	W30	Mindy Powell, 30*, Ames, IA	2:04:57	2:12:53	10:03
2279	346	M35	Kevin Buckley, 36, Ankeny, IA	2:04:57	2:09:21	10:03
2280	337	M25	Justin Boswell, 28, Ankeny, IA	2:04:57	2:16:39	10:03
2281	8	M65	Tom Leffler, 67, Johnston, IA	2:04:58	2:10:37	10:03
1770	354	W25	Rhian Gronewold, 27*, Waterloo, IA	2:04:58	2:08:41	10:03
1771	355	W25	Heidi Johnson, 26*, Des Moines, IA	2:04:59	2:10:56	10:03
2282	347	M35	Brian McDowell, 37, Ankeny, IA	2:05:00	2:09:28	10:03
1772	418	W30	Andrea Steinkamp, 30*, Des Moines, IA	2:05:01	2:11:50	10:04
1773	106	W45	Juanita Swoboda, 49*, Des Moines, IA	2:05:02	2:08:43	10:04
1774	356	W25	Heather DeWaard, 26*, Coralville, IA	2:05:02	2:07:13	10:04
1775	357	W25	Lisa Stepanian, 26*, Moscow, IA	2:05:02	2:07:13	10:04
1776	197	W40	Julie Lenz, 44*, Gilbert, IA	2:05:02	2:12:48	10:04
2283	348	M35	Matthew Harrington, 35, Ankeny, IA	2:05:04	2:06:19	10:04
2284	338	M25	David Hughes, 26, Des Moines, IA	2:05:04	2:06:08	10:04
1777	419	W30	Breanna Van Dyke, 31*, Ames, IA	2:05:05	2:13:17	10:04
1778	420	W30	Sara Goldsberry, 33*, Pleasant Hill, IA	2:05:05	2:15:42	10:04
1779	421	W30	Shauna Vis, 33*, Johnston, IA	2:05:06	2:10:22	10:04
2285	490	M30	Andy Vis, 33, Johnston, IA	2:05:06	2:10:22	10:04
1780	422	W30	Meghan Shively, 34*, Bloomfield, IA	2:05:06	2:09:20	10:04
2286	339	M25	Harris Mertz, 27, West Des Moines, IA	2:05:07	2:07:04	10:04
2287	154	M50	Bill Fellows, 52, Urbandale, IA	2:05:07	2:08:03	10:04
1781	198	W40	Heidi Barz, 43*, La Porte City, IA	2:05:07	2:11:03	10:04
1782	358	W25	Annie Barbour, 25*, Ames, IA	2:05:07	2:11:03	10:04
2288	349	M35	Kyle King, 36, Ankeny, IA	2:05:08	2:09:22	10:04
2289	491	M30	Charles Taylor, 34, Carlisle, IA	2:05:08	2:13:46	10:04
2290	200	M20	Patrick Brugger, 20, Ames, IA	2:05:09	2:16:41	10:04
2291	350	M35	Shawn Craig, 35, Des Moines, IA	2:05:09	2:15:12	10:04
2292	37	M60	Kevin Cunningham, 61, Des Moines, IA	2:05:09	2:06:32	10:04
2293	155	M50	Jeff Watson, 51, Altoona, IA	2:05:09	2:10:07	10:04
2294	201	M20	Mitch Smith, 24, West Des Moines, IA	2:05:10	2:09:19	10:04
2295	202	M20	Derek Bitzer, 24, Omaha, NE	2:05:10	2:09:04	10:04
1783	214	W20	Kathleen Willem, 23*, West Des Moines, IA	2:05:11	2:09:20	10:04
1784	215	W20	Heidi Shivers, 21*, Indianola, IA	2:05:12	2:09:21	10:04
2296	156	M50	Daniel Henscheid, 54, Ankeny, IA	2:05:12	2:09:01	10:04
2297	351	M35	Chad Holt, 36, Clive, IA	2:05:12	2:17:07	10:04
1785	317	W35	Courtney Rogne, 36*, Rockwell, IA	2:05:12	2:18:12	10:04
2298	492	M30	Ryan Steensma, 30, Des Moines, IA	2:05:13	2:13:58	10:05
2299	340	M25	Clinton Ricker, 29, Des Moines, IA	2:05:14	2:07:06	10:05
1786	318	W35	Jamie Lane, 37*, Ankeny, IA	2:05:14	2:17:52	10:05
2300	203	M20	Max Newbury, 22, Waukee, IA	2:05:15	2:17:40	10:05
2301	352	M35	Chris Ulrich, 39, Ankeny, IA	2:05:15	2:07:59	10:05
1787	41	W17	Mackenzie Foxen, 19*, Cedar Rapids, IA	2:05:15	2:14:07	10:05
2302	30	JrM	Jacob Burton, 16, Clear Lake, IA	2:05:15	2:16:52	10:05
1788	423	W30	Eileen Kurth, 30*, Urbandale, IA	2:05:16	2:17:13	10:05
2303	493	M30	Tim Kurth, 31, Urbandale, IA	2:05:16	2:17:13	10:05
2304	353	M35	Christopher Staub, 37, Carroll, IA	2:05:17	2:10:07	10:05
2305	204	M20	Quint Hall, 23, Des Moines, IA	2:05:17	2:09:12	10:05



1789	359	W25	Andrea Breen, 28*, Des Moines, IA	2:05:17	2:09:12	10:05
2306	341	M25	David Miller, 29, West Des Moines, IA	2:05:18	2:09:12	10:05
2307	342	M25	Nicholas Burg, 25, Kirksville, MO	2:05:20	2:11:39	10:05
1790	62	W50	Madonna Putnam, 52*, Marion, IA	2:05:20	2:08:09	10:05
1791	424	W30	Martha Pope, 32*, Mason City, IA	2:05:21	2:11:30	10:05
1792	107	W45	Susan Porter, 45*, Des Moines, IA	2:05:21	2:07:12	10:05
2308	354	M35	Darin Goins, 37, Creston, IA	2:05:21	2:07:02	10:05
2309	205	M20	Eric Maassen, 20, Spencer, IA	2:05:22	2:08:09	10:05
2310	223	M45	Tim Titus, 45, Clive, IA	2:05:22	2:11:07	10:05
2311	494	M30	Tim Anderson, 31, Urbandale, IA	2:05:22	2:14:44	10:05
1793	319	W35	Monica McDowell, 37*, Ankeny, IA	2:05:22	2:09:48	10:05
1794	63	W50	Debbie Beimal, 54*, North Riverside, IL	2:05:22	2:09:00	10:05
2312	495	M30	Eric Kuhlman, 30, Johnston, IA	2:05:23	2:10:41	10:05
2313	496	M30	Adnan Junuzovic, 34, Urbandale, IA	2:05:24	2:07:19	10:05
2314	355	M35	Saravanan Krishnan, 38, Grimes, IA	2:05:24	2:07:52	10:05
2315	356	M35	Brant Sharp, 35, Des Moines, IA	2:05:25	2:14:47	10:05
1795	360	W25	Kelli Terrell, 28*, Mason City, IA	2:05:25	2:18:40	10:05
1796	199	W40	Kimberly Riley, 44*, West Des Moines, IA	2:05:26	2:14:59	10:06
2316	357	M35	John Heller, 35, Ames, IA	2:05:26	2:17:15	10:06
1797	361	W25	Ashley Sparks, 27*, Johnston, IA	2:05:27	2:13:14	10:06
1798	425	W30	Nikki Ehn, 31*, Webster City, IA	2:05:27	2:10:30	10:06
1799	108	W45	Robin Brekke, 46*, Ames, IA	2:05:28	2:11:31	10:06
2317	96	M55	Rick Ertz, 56, Ames, IA	2:05:28	2:11:31	10:06
2318	301	M40	Aaron Baack, 40, Altoona, IA	2:05:28	2:10:00	10:06
2319	302	M40	Ted Bolles, 42, Waukee, IA	2:05:28	2:17:45	10:06
1800	216	W20	Sydney Marsh, 22*, Algona, IA	2:05:28	2:07:32	10:06
1801	426	W30	Linnsey Huisman, 31*, Waterloo, IA	2:05:28	2:13:59	10:06
2320	97	M55	Jeff Marsh, 55, Algona, IA	2:05:29	2:07:32	10:06
1802	320	W35	Angi Baumeister, 36*, Carroll, IA	2:05:29	2:08:16	10:06
1803	427	W30	Melanie Johnson, 34*, Clarinda, IA	2:05:29	2:10:47	10:06
1804	200	W40	Beth Palmer, 44*, Des Moines, IA	2:05:30	2:12:55	10:06
1805	321	W35	Jennifer Bixel, 36*, Kanawha, IA	2:05:30	2:12:55	10:06
1806	201	W40	Dina Embree, 42*, Clive, IA	2:05:30	2:14:48	10:06
2321	343	M25	Joe Hugen, 29, West Des Moines, IA	2:05:30	2:12:21	10:06
1807	202	W40	Norita Breyfogle, 41*, Sioux City, IA	2:05:31	2:16:22	10:06
2322	206	M20	Benjamin Zelle, 22, Waverly, IA	2:05:32	2:15:41	10:06
2323	38	M60	Mike Carlson, 61, Winterset, IA	2:05:33	2:17:49	10:06
1808	428	W30	Jessica Durand, 31*, Des Moines, IA	2:05:33	2:10:14	10:06
1809	362	W25	Lindsay Vickroy, 29*, Des Moines, IA	2:05:34	2:12:23	10:06
2324	344	M25	Brett Wilson, 26, Williamsburg, IA	2:05:36	2:10:40	10:06
2325	224	M45	Dan Fortune, 48, Seymour, IA	2:05:36	2:15:16	10:06
2326	62	M17	Nathan Carr, 19, Greenfield, IA	2:05:37	2:07:50	10:06
2327	497	M30	Jerimie Rushing, 31, Ankeny, IA	2:05:38	2:13:13	10:07
1810	429	W30	Nicki Mills, 33*, Johnston, IA	2:05:40	2:10:08	10:07
2328	498	M30	Joe Burgett, 31, Des Moines, IA	2:05:41	2:09:26	10:07
1811	217	W20	Sydney Kronkow, 24*, Des Moines, IA	2:05:41	2:12:47	10:07
1812	363	W25	Molly Wright, 27*, Des Moines, IA	2:05:42	2:09:26	10:07
1813	203	W40	Tina Kueter, 40*, South Amana, IA	2:05:42	2:09:26	10:07
1814	32	W55	Susan Duoblys, 58*, Des Moines, IA	2:05:44	2:12:49	10:07
1815	218	W20	Signe Mayland, 23*, Des Moines, IA	2:05:45	2:15:51	10:07
2329	499	M30	David Meyer, 30, Rochester, MN	2:05:45	2:11:42	10:07
1816	364	W25	Julie Meyer, 27*, Rochester, MN	2:05:45	2:11:42	10:07
1817	322	W35	Susan Bishop, 39*, West Des Moines, IA	2:05:46	2:16:58	10:07
1818	365	W25	Brooke Jones, 29*, West Des Moines, IA	2:05:46	2:16:58	10:07
2330	9	M65	Larry Farrell, 66, Des Moines, IA	2:05:47	2:14:28	10:07
1819	204	W40	Laine Mendenhall-Buck, 42*, West Des Moines, IA	2:05:47	2:10:07	10:07
2331	345	M25	Steven Weeks, 27, Newton, IA	2:05:48	2:09:16	10:07
2332	500	M30	Graham Barnes, 31, West Des Moines, IA	2:05:48	2:09:16	10:07
1820	219	W20	Nicole Perrault, 22*, West Des Moines, IA	2:05:48	2:11:56	10:07
1821	33	W55	Michelle Witte, 59*, Lake View, IA	2:05:49	2:11:35	10:07
1822	323	W35	Ruth Lerg, 38*, West Des Moines, IA	2:05:49	2:15:16	10:07
2333	303	M40	Tom Buck, 43, West Des Moines, IA	2:05:49	2:10:08	10:07
1823	430	W30	April Kasperbauer, 34*, Arnolds Park, IA	2:05:49	2:18:02	10:07
2334	157	M50	Randy Westman, 53, Chariton, IA	2:05:49	2:10:10	10:07

1824	366	W25	Megan McCasland, 27*, Des Moines, IA	2:05:50	2:17:09	10:07
1825	431	W30	Melissa Chrystal, 31*, West Des Moines, IA	2:05:50	2:09:14	10:07
1826	64	W50	Kari Manning, 51*, Urbandale, IA	2:05:50	2:16:44	10:07
2335	158	M50	Jeff Whittlesey, 54, Iowa City, IA	2:05:51	2:16:19	10:08
1827	432	W30	Jill McAwsome, 32*, Clive, IA	2:05:52	2:10:38	10:08
1828	109	W45	Renee Reece, 48*, Norwalk, IA	2:05:53	2:18:42	10:08
1829	205	W40	Tracy Hansen, 43*, Story City, IA	2:05:53	2:14:22	10:08
2336	358	M35	Jeff Simbric, 39, Waukee, IA	2:05:54	2:13:44	10:08
2337	359	M35	Damon Jackson, 36, Des Moines, IA	2:05:54	2:16:40	10:08
2338	225	M45	Scott Parker, 49, Altoona, IA	2:05:54	2:11:44	10:08
1830	433	W30	Abby Harlacher, 30*, West Des Moines, IA	2:05:56	2:11:07	10:08
2339	360	M35	Brian Blomquist, 36, Polk City, IA	2:05:56	2:18:43	10:08
2340	501	M30	Caleb Hoakison, 31, Ankeny, IA	2:05:56	2:16:27	10:08
1831	367	W25	Alison Miller, 28*, West Des Moines, IA	2:05:57	2:12:05	10:08
2341	502	M30	Brandon Scheil, 31, Mount Vernon, IA	2:05:57	2:18:34	10:08
2342	159	M50	Martin Ikeda, 50, Urbandale, IA	2:05:57	2:12:41	10:08
1832	206	W40	Alecia Rahn-Blakeslee, 40*, Ankeny, IA	2:05:57	2:12:41	10:08
1833	207	W40	Raquel Davis, 42*, Tiffin, IA	2:05:57	2:11:58	10:08
1834	368	W25	Jennifer Jacobson, 29*, Waukee, IA	2:05:57	2:14:24	10:08
2343	503	M30	Jonathan Swanepoel, 32, Ankeny, IA	2:05:58	2:10:18	10:08
1835	324	W35	Stacie Madson-Whittaker, 35*, Urbandale, IA	2:05:58	2:12:53	10:08
1836	434	W30	Amy Bowen, 33*, Burlington, IA	2:06:00	2:12:20	10:08
1837	369	W25	Elizabeth Witt, 29*, Farmington, MN	2:06:00	2:17:10	10:08
2344	304	M40	Justin Deppe, 44, Jewell, IA	2:06:00	2:14:30	10:08
1838	208	W40	Kimberley Barnes, 40*, Gladbrook, IA	2:06:00	2:08:40	10:08
2345	504	M30	David Anderson, 33, Iowa City, IA	2:06:00	2:12:48	10:08
1839	370	W25	Brenna Schlader, 27*, St. Louis, MO	2:06:00	2:15:33	10:08
2346	98	M55	Mark Hacker, 59, Des Moines, IA	2:06:01	2:12:35	10:08
2347	160	M50	Robert Blayer, 53, Marshalltown, IA	2:06:01	2:17:53	10:08
2348	161	M50	Kent Roush, 53, Urbandale, IA	2:06:01	2:18:49	10:08
1840	371	W25	Colleen Reagan, 25*, West Des Moines, IA	2:06:02	2:09:48	10:08
1841	110	W45	Debbie Ditolla, 45*, Urbandale, IA	2:06:02	2:10:02	10:08
1842	372	W25	Kelsie Brandlee, 27*, Cedar Rapids, IA	2:06:02	2:16:56	10:08
1843	325	W35	Sarah Simons, 36*, Carroll, IA	2:06:03	2:16:25	10:08
1844	373	W25	Kim Baker, 26*, Creston, IA	2:06:03	2:16:23	10:09
1845	374	W25	Mindy Loll, 26*, Urbandale, IA	2:06:03	2:15:32	10:09
2349	305	M40	Brian Miller, 41, Des Moines, IA	2:06:04	2:18:51	10:09
2350	226	M45	Tim Goemaat, 48, Oskaloosa, IA	2:06:04	2:13:40	10:09
2351	162	M50	Steve Schaffer, 54, Ankeny, IA	2:06:05	2:17:58	10:09
1846	65	W50	Jill Oconnell, 50*, Urbandale, IA	2:06:06	2:10:04	10:09
1847	435	W30	Kristina Sligh, 30*, Urbandale, IA	2:06:07	2:07:14	10:09
1848	30	JrW	Sara Cook, 15*, Newton, IA	2:06:07	2:13:21	10:09
1849	375	W25	Emily Buckles, 29*, West Des Moines, IA	2:06:07	2:10:56	10:09
2352	361	M35	Ryan Nesbit, 38, Ankeny, IA	2:06:07	2:19:45	10:09
1850	436	W30	Traci Brewer, 31*, Indianola, IA	2:06:08	2:07:58	10:09
2353	362	M35	Brian Wierson, 38, Nevada, IA	2:06:08	2:11:31	10:09
2354	99	M55	Rich Lee, 59, Ames, IA	2:06:08	2:08:17	10:09
1851	437	W30	Kristi Jacobson, 33*, Carroll, IA	2:06:08	2:16:01	10:09
2355	227	M45	Daniel Berte, 47, Des Moines, IA	2:06:09	2:10:38	10:09
1852	376	W25	Brooke Zehr, 25*, West Des Moines, IA	2:06:10	2:15:02	10:09
2356	306	M40	Aaron Rusch, 42, Dallas Center, IA	2:06:11	2:16:06	10:09
2357	505	M30	Joseph Birkestrand, 32, Ames, IA	2:06:11	2:11:28	10:09
2358	228	M45	Tim Book, 45, Kansas City, MO	2:06:11	2:06:55	10:09
2359	506	M30	Matthew Baccam, 32, Des Moines, IA	2:06:12	2:09:45	10:09
1853	209	W40	Michelle Freidhoff, 42*, Johnston, IA	2:06:13	2:16:35	10:09
2360	163	M50	Jeff Hermiston, 53, Davenport, IA	2:06:14	2:13:20	10:09
1854	111	W45	Jennifer Sibbitt, 49*, Rinard, IA	2:06:14	2:10:48	10:09
1855	112	W45	Karen Luckerth, 46*, Jesup, IA	2:06:15	2:07:21	10:09
1856	220	W20	Erin Walker, 23*, Urbandale, IA	2:06:16	2:09:07	10:10
2361	346	M25	Zach Ray, 26, Oskaloosa, IA	2:06:16	2:19:14	10:10
1857	377	W25	Melanie Nederhoff, 25*, Des Moines, IA	2:06:17	2:15:12	10:10
2362	507	M30	Adam Price, 31, Elmwood, IL	2:06:17	2:10:20	10:10
2363	307	M40	James Klein, 43, Bellevue, IA	2:06:17	2:16:13	10:10
1858	221	W20	Anna Metcalf, 23*, Johnston, IA	2:06:17	2:07:52	10:10

2364	229	M45	John Lensing, 47, Clive, IA	2:06:17	2:08:06	10:10
2365	508	M30	Bryce Picard, 30, Ankeny, IA	2:06:17	2:16:47	10:10
1859	222	W20	Megan Jacobson, 23*, Iowa City, IA	2:06:19	2:14:46	10:10
2366	230	M45	Todd Carrick, 45, Stanton, IA	2:06:20	2:12:13	10:10
2367	308	M40	Chad Armstrong, 40, West Des Moines, IA	2:06:20	2:11:36	10:10
2368	100	M55	Arthur Barrows, 58, Farmington Hills, MI	2:06:21	2:14:35	10:10
1860	326	W35	Dorothy Young, 39*, Waterloo, IA	2:06:21	2:15:11	10:10
2369	231	M45	John Cahalan, 48, Mason City, IA	2:06:22	2:08:24	10:10
2370	309	M40	Jeff Davis, 44, West Des Moines, IA	2:06:24	2:18:50	10:10
1861	210	W40	Maria Davis, 44*, West Des Moines, IA	2:06:24	2:18:50	10:10
2371	101	M55	Thomas Huisman, 57, Ames, IA	2:06:24	2:08:00	10:10
1862	378	W25	Rachel Pirkkl, 26*, West Des Moines, IA	2:06:24	2:10:57	10:10
2372	509	M30	Jamie Wolf, 31, Algona, IA	2:06:25	2:10:15	10:10
1863	379	W25	Lauren Anderson, 25*, Indianola, IA	2:06:25	2:12:14	10:10
1864	327	W35	Shelley Slay, 38*, Iowa City, IA	2:06:26	2:10:08	10:10
1865	66	W50	Laura Maher, 50*, Waukee, IA	2:06:27	2:08:22	10:10
2373	207	M20	Luke Miller, 24, West Des Moines, IA	2:06:28	2:14:46	10:10
1866	380	W25	Andrea McShane, 28*, New Hampton, IA	2:06:28	2:18:28	10:11
1867	438	W30	Erin Bemis, 34*, Urbandale, IA	2:06:28	2:08:22	10:11
2374	310	M40	Steve Kenton, 44, Ames, IA	2:06:28	2:10:03	10:11
2375	311	M40	Steven Nelms, 40, Ankeny, IA	2:06:29	2:19:11	10:11
2376	102	M55	Ron Donohue, 55, Blakesburg, IA	2:06:29	2:18:57	10:11
1868	381	W25	Christy Roberts, 27*, Blakesburg, IA	2:06:29	2:18:57	10:11
1869	223	W20	Alyssa Boehm, 23*, Elkhorn, NE	2:06:30	2:10:23	10:11
1870	67	W50	Lori McKim, 51*, Boone, IA	2:06:30	2:10:33	10:11
1871	328	W35	Jenn Jackson, 35*, Ankeny, IA	2:06:30	2:19:34	10:11
1872	224	W20	Emily Nicol, 24*, Blakesburg, IA	2:06:31	2:18:58	10:11
1873	225	W20	Nicole McIntosh, 24*, West Des Moines, IA	2:06:32	2:12:29	10:11
2377	347	M25	Kris Wegner, 25, Waterloo, IA	2:06:32	2:08:35	10:11
1874	382	W25	Kimberly Hutchison, 26*, Urbandale, IA	2:06:32	2:13:44	10:11
1875	68	W50	Kriss Uehling, 50*, Ottumwa, IA	2:06:32	2:10:32	10:11
2378	348	M25	Tony Rabey, 27, Des Moines, IA	2:06:33	2:18:25	10:11
1876	383	W25	Jennifer Ludemann, 25*, Rochester, MN	2:06:34	2:15:30	10:11
1877	384	W25	Angela Padilla, 26*, Ankeny, IA	2:06:35	2:10:56	10:11
1878	385	W25	Kara Lovell, 25*, Iowa City, IA	2:06:35	2:11:27	10:11
1879	329	W35	Holly Grimm-See, 36*, Cedar Falls, IA	2:06:35	2:15:41	10:11
2379	232	M45	Del Metz, 48, Newton, IA	2:06:36	2:10:53	10:11
1880	330	W35	Kristy Conrad, 35*, Urbandale, IA	2:06:37	2:06:58	10:11
1881	331	W35	Laurie Marriott, 39*, West Des Moines, IA	2:06:37	2:09:53	10:11
1882	439	W30	Lindsay Garvin, 31*, Des Moines, IA	2:06:39	2:15:19	10:11
1883	386	W25	Jessica Lind, 27*, Waukee, IA	2:06:39	2:13:52	10:11
2380	164	M50	Craig Nida, 52, Ankeny, IA	2:06:39	2:19:48	10:11
1884	440	W30	JillAlice Hoakison, 31*, Ankeny, IA	2:06:40	2:17:11	10:11
1885	332	W35	Denise Chapman, 39*, Ankeny, IA	2:06:40	2:13:39	10:12
1886	387	W25	Cassie Freml, 25*, Des Moines, IA	2:06:40	2:12:28	10:12
2381	363	M35	Aaron Cousins, 36, Davenport, IA	2:06:40	2:13:20	10:12
1887	226	W20	Jenny Enriquez, 21*, Iowa City, IA	2:06:41	2:15:01	10:12
2382	364	M35	Paul Hart, 38, Carson, IA	2:06:42	2:19:26	10:12
1888	34	W55	Kathryn Rebec, 55*, Ofallon, MO	2:06:43	2:11:01	10:12
2383	510	M30	Luke Anderson, 30, Newton, IA	2:06:44	2:09:00	10:12
2384	233	M45	William Bishop, 49, Ottumwa, IA	2:06:44	2:12:27	10:12
1889	211	W40	Nancy Bishop, 44*, Ottumwa, IA	2:06:45	2:12:27	10:12
1890	227	W20	Theresa Agey, 23*, Ankeny, IA	2:06:46	2:15:17	10:12
1891	228	W20	Kali Gleason, 22*, North Liberty, IA	2:06:46	2:15:17	10:12
1892	35	W55	Sally Marzen, 56*, Dougherty, IA	2:06:48	2:07:57	10:12
1893	36	W55	Christine Maslonkowski, 57*, Chippewa Falls, WI	2:06:48	2:14:17	10:12
1894	42	W17	Katie Hokel, 19*, Slater, IA	2:06:48	2:09:00	10:12
2385	103	M55	John Moran, 55, Story City, IA	2:06:52	2:14:14	10:12
1895	388	W25	Heather Meinecke, 29*, Woodward, IA	2:06:53	2:13:57	10:13
2386	349	M25	Chris Johnston, 26, Iowa City, IA	2:06:53	2:09:23	10:13
1896	333	W35	Maggie Myers, 39*, Collierville, TN	2:06:55	2:13:16	10:13
2387	511	M30	Reagan Elsbury, 33, Ventura, IA	2:06:55	2:07:31	10:13
1897	441	W30	Krysty Huffman, 31*, Pella, IA	2:06:57	2:11:55	10:13
1898	113	W45	Lisa Hagen, 47*, Urbandale, IA	2:06:57	2:11:16	10:13

2388	365	M35	Jesper Andersson, 37, West Des Moines, IA	2:06:57	2:09:35	10:13
2389	234	M45	Stephen Osborn, 47, Johnston, IA	2:06:58	2:14:10	10:13
1899	334	W35	Beth Riesberg, 35*, Des Moines, IA	2:06:59	2:12:38	10:13
1900	212	W40	Teresa Waldron, 42*, Earlham, IA	2:06:59	2:12:14	10:13
1901	442	W30	Karie Livingston, 30*, Adel, IA	2:06:59	2:09:36	10:13
2390	350	M25	Jon Kasworm, 28, Oskaloosa, IA	2:06:59	2:16:24	10:13
1902	335	W35	Danielle Hermann, 35*, Waukee, IA	2:06:59	2:12:37	10:13
1903	443	W30	Amy Huston, 31*, Boone, IA	2:06:59	2:13:47	10:13
1904	213	W40	Sheryl Grone, 43*, Wayne, NE	2:07:00	2:16:02	10:13
1905	389	W25	Bailey Mader, 25*, Johnston, IA	2:07:00	2:13:01	10:13
2391	512	M30	Justin Gill, 30, West Des Moines, IA	2:07:00	2:15:35	10:13
2392	513	M30	Brad Youngblut, 34, Ankeny, IA	2:07:01	2:15:17	10:13
2393	208	M20	Steven Brockshus, 20, Sibley, IA	2:07:01	2:17:09	10:13
1906	229	W20	Lindsay Calvert, 22*, Ames, IA	2:07:01	2:17:09	10:13
1907	214	W40	Dawn Wynn, 44*, Ankeny, IA	2:07:02	2:09:30	10:13
2394	366	M35	Nathan Skeries, 36, Ankeny, IA	2:07:02	2:09:30	10:13
1908	336	W35	Tami Klimpel, 39*, Rosemount, MN	2:07:02	2:13:23	10:13
1909	215	W40	Lisa Van Maanen, 44*, Hull, IA	2:07:02	2:16:15	10:13
2395	514	M30	Stephen Brown, 33, Adel, IA	2:07:03	2:09:56	10:13
1910	444	W30	Dana Brown, 30*, Adel, IA	2:07:03	2:09:56	10:13
1911	216	W40	Wendy Postel, 41*, Polk City, IA	2:07:04	2:13:47	10:13
1912	337	W35	Jamie Williams, 36*, Minneapolis, MN	2:07:04	2:13:47	10:13
1913	217	W40	Wendy Bryant, 43*, Clive, IA	2:07:05	2:13:14	10:13
2396	235	M45	Patrick Nath, 46, Des Moines, IA	2:07:05	2:16:12	10:13
1914	114	W45	Tanya Hargrave-Klein, 45*, Ames, IA	2:07:06	2:17:46	10:14
1915	445	W30	Kelly Murley, 34*, Colfax, IA	2:07:07	2:10:26	10:14
1916	338	W35	Danna Pins, 37*, West Des Moines, IA	2:07:08	2:10:43	10:14
1917	218	W40	Sherri Murphy, 40*, Waukee, IA	2:07:09	2:12:46	10:14
1918	339	W35	Amy Short, 37*, Grimes, IA	2:07:10	2:19:59	10:14
2397	209	M20	Preston Roberts, 23, Bloomfield, IA	2:07:10	2:17:39	10:14
1919	340	W35	Trina Paine, 38*, Urbandale, IA	2:07:11	2:16:38	10:14
1920	219	W40	Deb Schneider, 43*, Des Moines, IA	2:07:11	2:15:08	10:14
2398	210	M20	Anthony Santacroce, 22, Cedar Rapids, IA	2:07:12	2:12:04	10:14
1921	341	W35	Jolene Johnson, 38*, Ankeny, IA	2:07:12	2:15:49	10:14
2399	351	M25	Ryan Burras, 25, Hiawatha, IA	2:07:12	2:20:13	10:14
2400	104	M55	John Duffy, 58, Des Moines, IA	2:07:13	2:07:20	10:14
1922	342	W35	Kim Forrester, 36*, Ankeny, IA	2:07:13	2:18:28	10:14
1923	220	W40	Annette Spielbauer, 41*, Johnston, IA	2:07:13	2:18:28	10:14
1924	343	W35	Lindsay Schmitt, 37*, Des Moines, IA	2:07:14	2:12:22	10:14
1925	390	W25	Taylor Shore, 29*, Des Moines, IA	2:07:15	2:13:04	10:14
2401	312	M40	Greg Gehrke, 41, Altoona, IA	2:07:16	2:12:22	10:14
1926	221	W40	Shelly Piner, 42*, Altoona, IA	2:07:16	2:12:22	10:14
1927	115	W45	Julie Weiland, 46*, Adel, IA	2:07:18	2:08:49	10:15
2402	165	M50	Jeff Pitts, 52, Polk City, IA	2:07:19	2:13:10	10:15
1928	446	W30	Jennifer Wiemers, 34*, Clive, IA	2:07:21	2:12:22	10:15
1929	222	W40	Colleen Krantz, 40*, Adel, IA	2:07:21	2:08:53	10:15
2403	515	M30	Jeffrey Thorston, 30, West Des Moines, IA	2:07:21	2:12:22	10:15
1930	344	W35	Sarah Davis, 35*, Norwalk, IA	2:07:21	2:18:35	10:15
1931	447	W30	Tara Peterson, 33*, Clive, IA	2:07:22	2:12:23	10:15
1932	448	W30	Haley Weinschenk, 33*, West Des Moines, IA	2:07:22	2:12:23	10:15
2404	367	M35	Craig Geppert, 36, Grimes, IA	2:07:22	2:13:09	10:15
2405	368	M35	Michael Chen, 35, West Des Moines, IA	2:07:22	2:13:09	10:15
2406	516	M30	Todd York, 30, Johnston, IA	2:07:23	2:09:20	10:15
1933	391	W25	Britni Munch, 27*, Audubon, IA	2:07:25	2:17:51	10:15
2407	105	M55	Dennis McNerny, 55, Pleasantville, IA	2:07:26	2:15:41	10:15
2408	369	M35	Brett Carley, 36, Polk City, IA	2:07:26	2:18:38	10:15
2409	236	M45	David Whisler, 45, Urbandale, IA	2:07:27	2:17:23	10:15
2410	517	M30	Lyle DeWild, 31, Ankeny, IA	2:07:27	2:16:39	10:15
1934	345	W35	Elizabeth Rogers, 37*, West Des Moines, IA	2:07:27	2:10:18	10:15
1935	346	W35	Kari Dogget - Camenisch, 39*, Ames, IA	2:07:27	2:14:25	10:15
2411	313	M40	Jason Quinn, 41, Ames, IA	2:07:27	2:14:25	10:15
2412	518	M30	Nick Leibold, 33, Strawberry Point, IA	2:07:28	2:12:24	10:15
1936	223	W40	Marsha Lechner, 43*, Conrad, IA	2:07:28	2:10:09	10:15
2413	519	M30	Curt Long, 34, Ankeny, IA	2:07:29	2:11:02	10:15
2414	520	M30	Michael Matzen, 34, Davenport, IA	2:07:29	2:11:02	10:15

1937	392	W25	Danielle Schoonhoven, 25*, Waterloo, IA	2:07:29	2:15:26	10:15
1938	347	W35	Tiffany Roberts, 37*, Winterset, IA	2:07:30	2:10:53	10:15
2415	106	M55	Terence Woods, 57, Mount Zion, IL	2:07:31	2:11:06	10:16
2416	39	M60	Craig Rohrer, 60, Ankeny, IA	2:07:32	2:17:26	10:16
2417	40	M60	Jim Kuebler, 61, Des Moines, IA	2:07:32	2:10:22	10:16
1939	449	W30	Jen Knupp, 32*, West Des Moines, IA	2:07:32	2:17:15	10:16
2418	521	M30	Nick Rohrer, 34, Cheyenne, WY	2:07:32	2:17:26	10:16
2419	522	M30	David Steen, 32, Hartford, IA	2:07:32	2:12:20	10:16
1940	450	W30	Mindy Cathcart, 33*, Ankeny, IA	2:07:33	2:17:19	10:16
1941	224	W40	Tammy Even, 44*, Urbandale, IA	2:07:33	2:10:52	10:16
1942	348	W35	Kelly Friesleben, 36*, Urbandale, IA	2:07:33	2:17:19	10:16
1943	451	W30	Kristen Jackson, 30*, Council Bluffs, IA	2:07:33	2:16:06	10:16
2420	370	M35	Bikram Shrestha, 36, Waukee, IA	2:07:34	2:15:30	10:16
2421	166	M50	Scott Nielsen, 50, Hiawatha, IA	2:07:37	2:12:35	10:16
2422	167	M50	Brad Riley, 50, Urbandale, IA	2:07:37	2:12:06	10:16
1944	230	W20	Alyssa Bittner, 20*, Chariton, IA	2:07:38	2:09:50	10:16
1945	231	W20	Jennifer Gustin, 20*, Ankeny, IA	2:07:39	2:13:05	10:16
1946	232	W20	Kathleen Gleason, 20*, Iowa City, IA	2:07:39	2:16:09	10:16
2423	371	M35	Kevin Cline, 37, Urbandale, IA	2:07:39	2:15:19	10:16
2424	237	M45	Kim Norby, 46, Des Moines, IA	2:07:39	2:20:51	10:16
2425	372	M35	Rich Staley, 36, Altoona, IA	2:07:40	2:09:30	10:16
2426	41	M60	Curt Hollebrands, 61, Clive, IA	2:07:41	2:08:45	10:16
2427	238	M45	Jerry Beebe, 45, Oskaloosa, IA	2:07:43	2:16:57	10:17
1947	225	W40	Kate Walton, 41*, Indianola, IA	2:07:43	2:15:52	10:17
1948	393	W25	Christina Steen, 29*, Hartford, IA	2:07:44	2:12:33	10:17
1949	226	W40	Lisa Beebe, 41*, Oskaloosa, IA	2:07:44	2:16:57	10:17
2428	168	M50	Mark Marzen, 51, Rockwell, IA	2:07:45	2:10:50	10:17
2429	169	M50	Bradley Berg, 52, Woolstock, IA	2:07:45	2:12:30	10:17
1950	233	W20	Andrea Sturdevant, 22*, Urbandale, IA	2:07:45	2:13:06	10:17
2430	352	M25	Brett Grieser, 25, Urbandale, IA	2:07:45	2:13:06	10:17
1951	349	W35	Mary Kay Daniel, 37*, Fort Dodge, IA	2:07:45	2:15:10	10:17
2431	239	M45	Mark Cowan, 49, Des Moines, IA	2:07:45	2:11:09	10:17
1952	394	W25	Jenna Marzen, 25*, Ankeny, IA	2:07:46	2:10:50	10:17
2432	314	M40	Doug Nichol, 43, Des Moines, IA	2:07:46	2:11:06	10:17
1953	395	W25	Jessica Foster, 27*, Greenfield, IA	2:07:46	2:15:13	10:17
1954	350	W35	Amy Cassidy, 38*, West Liberty, IA	2:07:46	2:18:35	10:17
1955	234	W20	Elena Davis, 21*, West Des Moines, IA	2:07:48	2:11:14	10:17
1956	351	W35	Shelly Fleischmann, 38*, Huxley, IA	2:07:48	2:13:26	10:17
1957	227	W40	Keri Farrell-Kolb, 42*, Des Moines, IA	2:07:50	2:16:31	10:17
1958	116	W45	Kristina Clausen, 45*, Waukee, IA	2:07:50	2:13:32	10:17
1959	43	W17	Sarah Rethwisch, 18*, Fort Dodge, IA	2:07:52	2:11:03	10:17
1960	352	W35	Britta Robran, 38*, Ankeny, IA	2:07:53	2:15:29	10:17
2433	373	M35	Tinh Huynh, 37, Des Moines, IA	2:07:53	2:11:34	10:17
2434	353	M25	Timothy Bolten, 26, Waukee, IA	2:07:53	2:13:28	10:17
1961	396	W25	Stephanie Peterson, 26*, Waukee, IA	2:07:53	2:13:28	10:17
2435	523	M30	Kevin Keller, 30, Grundy Center, IA	2:07:54	2:15:42	10:17
1962	235	W20	Dana Szymkowski, 21*, Ames, IA	2:07:55	2:11:22	10:18
2436	42	M60	Ken Birkenholtz, 62, Indianola, IA	2:07:55	2:16:07	10:18
1963	452	W30	Amanda Weber, 32*, Sac City, IA	2:07:56	2:14:23	10:18
1964	69	W50	Heather Stilborn, 50*, Clive, IA	2:07:58	2:09:08	10:18
2437	170	M50	Lambert Blank Jr, 54, Clive, IA	2:07:58	2:09:08	10:18
2438	31	JrM	Tyler Berg, 14, Woolstock, IA	2:07:59	2:12:45	10:18
1965	228	W40	Tammy Calhoun, 43*, West Des Moines, IA	2:07:59	2:19:20	10:18
1966	353	W35	Abbey Robertson, 39*, Des Moines, IA	2:07:59	2:15:34	10:18
2439	211	M20	Craig Hoyer, 24, Hillsboro, IA	2:07:59	2:14:19	10:18
1967	354	W35	Jessica Johnston, 37*, Clive, Iowa, Ia	2:08:00	2:13:48	10:18
1968	236	W20	Chelsy Manny, 24*, West Des Moines, IA	2:08:00	2:12:26	10:18
2440	32	JrM	Tristan Macy, 13, Altoona, IA	2:08:01	2:14:25	10:18
1969	31	JrW	Trinity Macy, 10*, Altoona, IA	2:08:02	2:14:25	10:18
2441	374	M35	Michael Macy, 38, Altoona, IA	2:08:02	2:14:25	10:18
1970	229	W40	Krista Morton, 43*, Indianola, IA	2:08:03	2:12:28	10:18
2442	524	M30	Jacob McAnally, 30, Bondurant, IA	2:08:03	2:17:02	10:18
1971	355	W35	Tricia Watts, 39*, Clive, IA	2:08:04	2:16:38	10:18
1972	397	W25	Elizabeth Schulz, 27*, Glen Ellyn, IL	2:08:05	2:20:02	10:18
1973	356	W35	Stacy Kuehler, 36*, West Des Moines, IA	2:08:05	2:17:27	10:18

2443	525	M30	Dan Pollock, 34, Linden, IA	2:08:05	2:14:22	10:18
1974	398	W25	Jennifer Hiatt, 27*, Johnston, IA	2:08:05	2:14:02	10:18
1975	230	W40	Shellie Mackel, 43*, Des Moines, IA	2:08:06	2:16:23	10:18
1976	237	W20	Kari Walinga, 24*, Alton, IA	2:08:06	2:14:04	10:18
1977	117	W45	Ann Flatley, 45*, Cumming, IA	2:08:06	2:15:08	10:18
2444	526	M30	Zach Wisner, 33, Ankeny, IA	2:08:06	2:14:00	10:18
1978	118	W45	Terry Flatley, 46*, Cumming, IA	2:08:06	2:15:08	10:18
1979	453	W30	Melissa Strong, 34*, Indianola, IA	2:08:06	2:14:13	10:18
2445	375	M35	Brian McCormac, 36, Des Moines, IA	2:08:07	2:15:58	10:18
1980	357	W35	Denae Rinderknecht, 36*, Des Moines, IA	2:08:07	2:08:28	10:19
2446	171	M50	Daniel Lodermeier, 51, West Des Moines, IA	2:08:08	2:11:32	10:19
2447	354	M25	Joseph Klauer, 26, Dubuque, IA	2:08:09	2:11:39	10:19
1981	238	W20	Alex Hudson, 23*, Urbandale, IA	2:08:09	2:11:38	10:19
1982	239	W20	Abby Long, 24*, Iowa City, IA	2:08:09	2:12:40	10:19
2448	240	M45	Gilberto Sosa, 49, Granger, IA	2:08:09	2:14:05	10:19
2449	355	M25	Ben Johnson, 28, West Des Moines, IA	2:08:09	2:09:44	10:19
2450	376	M35	Jason Schwenneker, 35, Ankeny, IA	2:08:10	2:13:33	10:19
1983	454	W30	Maura Miller, 34*, Ankeny, IA	2:08:11	2:16:50	10:19
2451	63	M17	Andy Smith, 19, Johnston, IA	2:08:11	2:16:30	10:19
1984	231	W40	Jenni Carlson, 42*, Olathe, KS	2:08:11	2:14:17	10:19
1985	358	W35	Kara Califf, 38*, Ankeny, IA	2:08:11	2:14:17	10:19
2452			284e4ea	2:08:12	2:08:12	10:19
2453	43	M60	Larry Zimpleman, 61, Cumming, IA	2:08:12	2:15:32	10:19
1986	455	W30	Lynnette Estrem, 31*, West Des Moines, IA	2:08:12	2:11:30	10:19
1987	240	W20	Aimee Soukup, 22*, Asbury, IA	2:08:12	2:14:19	10:19
1988	241	W20	Alice Guns, 22*, West Des Moines, IA	2:08:13	2:14:20	10:19
1989	242	W20	Amanda Stoner, 24*, Norwalk, IA	2:08:13	2:21:14	10:19
1990	243	W20	Betsy Knudsen, 24*, Indianola, IA	2:08:13	2:21:14	10:19
2454	172	M50	Michael O'Brien, 50, Clive, IA	2:08:14	2:15:52	10:19
1991	456	W30	Crystal G Butler, 34*, Clive, IA	2:08:15	2:19:29	10:19
1992	399	W25	Megan Pilcher, 28*, Indianola, IA	2:08:16	2:17:49	10:19
2455	107	M55	Rodney Sloan, 55, Des Moines, IA	2:08:16	2:15:21	10:19
1993	400	W25	Tera Barrett, 25*, Huxley, IA	2:08:17	2:15:12	10:19
1994	401	W25	Rachel Jones, 28*, Elkridge, MD	2:08:17	2:19:36	10:19
1995	402	W25	Elizabeth Matveia, 27*, Des Moines, IA	2:08:17	2:15:02	10:19
1996	403	W25	Shelby Johnson, 27*, Red Oak, IA	2:08:17	2:16:23	10:19
1997	119	W45	Michelle Shanahan, 49*, Dubuque, IA	2:08:18	2:12:28	10:19
1998	244	W20	Alayna Schutte, 23*, Des Moines, IA	2:08:18	2:15:42	10:19
2456	356	M25	Nick Allen, 28, Creston, IA	2:08:20	2:17:06	10:19
1999	245	W20	Lydia Dinsdale, 23*, Waukee, IA	2:08:20	2:18:02	10:20
2457	44	M60	Moe Russell, 64, Panora, IA	2:08:20	2:16:12	10:20
2458	315	M40	Jeffrey Neu, 43, Urbandale, IA	2:08:20	2:15:49	10:20
2000	457	W30	Tana McDermott, 32*, Urbandale, IA	2:08:20	2:16:12	10:20
2001	404	W25	BreAnne Solem, 29*, Des Moines, IA	2:08:22	2:17:29	10:20
2002	405	W25	Amy Norton, 29*, Cedar Rapids, IA	2:08:23	2:17:29	10:20
2459	357	M25	Cody Stoermer, 27, Coralville, IA	2:08:24	2:22:24	10:20
2003	359	W35	Lisa Tingwald, 36*, Lemars, IA	2:08:25	2:12:13	10:20
2004	120	W45	Connie Ten Napel, 45*, Sibley, IA	2:08:25	2:12:13	10:20
2460	527	M30	Brian Seidl, 31, West Des Moines, IA	2:08:25	2:11:00	10:20
2005	232	W40	Thadany Somsavath, 41*, Clive, IA	2:08:25	2:17:23	10:20
2461	528	M30	Zosh Zeutenhorst, 32, West Des Moines, IA	2:08:26	2:11:00	10:20
2462	529	M30	Jarrood Sheets, 32, Winterset, IA	2:08:28	2:18:47	10:20
2463	316	M40	Todd Galetich, 40, Grimes, IA	2:08:28	2:15:10	10:20
2464	358	M25	Cole Vautier, 26, West Des Moines, IA	2:08:28	2:11:29	10:20
2465	33	JrM	Graeham Schope, 16, Eagle Grove, IA	2:08:29	2:11:15	10:20
2006	233	W40	Jennifer York, 43*, Ames, IA	2:08:29	2:09:03	10:20
2007	246	W20	Nicole Wells, 23*, Des Moines, IA	2:08:29	2:12:22	10:20
2008	406	W25	Jessica Ekman, 28*, Des Moines, IA	2:08:30	2:11:08	10:20
2466	108	M55	John Victor, 55, Des Moines, IA	2:08:30	2:15:19	10:20
2467	64	M17	Eric Edwards, 19, Bettendorf, IA	2:08:30	2:14:56	10:20
2468	45	M60	Russell Schulz, 60, Glen Ellyn, IL	2:08:30	2:20:27	10:20
2469	359	M25	Collin Forst, 25, Cedar Rapids, IA	2:08:30	2:14:50	10:20
2009	121	W45	Mary Jo Vogl, 48*, Urbandale, IA	2:08:30	2:14:51	10:20
2010	360	W35	Erica Parkey, 36*, Des Moines, IA	2:08:31	2:19:01	10:20
2470	241	M45	Jamie Nelson, 45, Urbandale, IA	2:08:32	2:14:55	10:21

2011	361	W35	Maggie Chance, 37*, Chariton, IA	2:08:33	2:14:35	10:21
2471	360	M25	Marcus Davis, 28, Chariton, IA	2:08:33	2:14:42	10:21
2012	407	W25	Lisa Grote, 28*, Huxley, IA	2:08:34	2:11:24	10:21
2472	361	M25	Andrew Olson, 26, Mason City, IA	2:08:35	2:13:01	10:21
2473	530	M30	Steven Jacobs, 30, Ankeny, IA	2:08:35	2:17:12	10:21
2013	458	W30	Melanie Hundling, 31*, Breda, IA	2:08:36	2:11:25	10:21
2014	122	W45	Becky Weathers, 45*, Grimes, IA	2:08:36	2:21:11	10:21
2015	408	W25	Shannon Sole, 29*, Des Moines, IA	2:08:37	2:17:18	10:21
2016	409	W25	Lasara Boles, 26*, Clive, IA	2:08:38	2:20:13	10:21
2017	247	W20	Carie Marshall, 23*, Coralville, IA	2:08:38	2:18:09	10:21
2018	410	W25	Angela Mataloni, 28*, Des Moines, IA	2:08:38	2:15:25	10:21
2019	411	W25	Emily Brock, 28*, West Des Moines, IA	2:08:39	2:15:26	10:21
2020	362	W35	Amanda Mertz, 36*, Morgantown, WV	2:08:39	2:14:19	10:21
2021	459	W30	Kelsie Kirchner, 33*, Muscatine, IA	2:08:40	2:13:41	10:21
2474	531	M30	Joe Cason, 34, West Des Moines, IA	2:08:41	2:11:57	10:21
2022	123	W45	Michelle Hynick, 45*, Oskaloosa, IA	2:08:44	2:13:09	10:21
2023	412	W25	Kelsey Bova, 28*, West Des Moines, IA	2:08:45	2:16:25	10:22
2475	109	M55	Stewart Lewis, 57, Sioux Rapids, IA	2:08:46	2:11:01	10:22
2024	460	W30	Michelle Wilson, 32*, Ankeny, IA	2:08:46	2:15:48	10:22
2025	70	W50	Karla Bass, 50*, Osage, IA	2:08:46	2:10:25	10:22
2476	317	M40	David Johnston, 40, Grimes, IA	2:08:46	2:14:59	10:22
2477	212	M20	Andrew Krech, 24, Clive, IA	2:08:47	2:20:16	10:22
2478	173	M50	Tim Andersen, 53, Audubon, IA	2:08:47	2:11:20	10:22
2479	110	M55	Gregory Dirks, 59, Iowa City, IA	2:08:47	2:13:34	10:22
2480	65	M17	Lars Hjelle, 18, Audubon, IA	2:08:47	2:11:20	10:22
2026	413	W25	Michaela Crann, 29*, Polk City, IA	2:08:48	2:12:39	10:22
2027	414	W25	Tiffany Van Nimwegen, 26*, West Des Moines, IA	2:08:48	2:20:18	10:22
2481	242	M45	Daniel Aubuchon, 46, Des Moines, IA	2:08:49	2:15:16	10:22
2028	415	W25	Amy Pingel, 28*, Ames, IA	2:08:49	2:17:47	10:22
2029	124	W45	Vicki Born, 46*, Norwalk, IA	2:08:49	2:15:09	10:22
2030	71	W50	Gwen Johnston, 51*, Greenfield, IA	2:08:49	2:13:11	10:22
2482	362	M25	Bryan Cruz, 25, Ottumwa, IA	2:08:49	2:10:17	10:22
2031	125	W45	Denna Mitchell, 48*, Greenfield, IA	2:08:49	2:13:11	10:22
2483	363	M25	Joseph Bru, 27, Johnston, IA	2:08:50	2:15:41	10:22
2484	532	M30	Michael Leach, 33, Cherokee, IA	2:08:51	2:20:10	10:22
2032	234	W40	Raquel Eash, 42*, Carlisle, IA	2:08:51	2:13:19	10:22
2485	174	M50	Scott Nelson, 50, Andover, MN	2:08:52	2:19:02	10:22
2033	461	W30	Kristina Bugg, 32*, West Des Moines, IA	2:08:53	2:22:31	10:22
2034	72	W50	Sheryl Putz, 52*, Forest City, IA	2:08:54	2:17:09	10:22
2035	462	W30	Angie Elbert, 32*, Waukee, IA	2:08:54	2:14:06	10:22
2486	111	M55	Kevin Morris, 55, Clive, IA	2:08:54	2:14:41	10:22
2036	463	W30	Jamie Ehlert, 33*, Grimes, IA	2:08:55	2:15:48	10:22
2037	464	W30	Heidi Jensen, 33*, Grimes, IA	2:08:55	2:15:48	10:22
2038	73	W50	Linda A Frangenberg, 51*, Huxley, IA	2:08:55	2:10:36	10:22
2039	465	W30	Erin Gerloff, 33*, Chamois, MO	2:08:56	2:13:24	10:22
2487	364	M25	Derek Johnson, 27, Ankeny, IA	2:08:58	2:11:18	10:23
2488	533	M30	Thomas Petersen, 32, Bondurant, IA	2:08:58	2:10:38	10:23
2040	363	W35	Amy Wenthe, 38*, Carlisle, IA	2:08:58	2:17:06	10:23
2041	416	W25	Katie Abell, 25*, Rockwell, IA	2:08:58	2:15:55	10:23
2042	417	W25	Laura Hutzell, 28*, West Des Moines, IA	2:08:58	2:15:55	10:23
2043	418	W25	Ashley Adams, 29*, Des Moines, IA	2:08:59	2:10:24	10:23
2489	377	M35	Jared Heller, 37, Ankeny, IA	2:08:59	2:13:50	10:23
2490	534	M30	Brett Willer, 31, Norman, OK	2:08:59	2:18:51	10:23
2044	419	W25	Emily Burt, 29*, Des Moines, IA	2:08:59	2:10:24	10:23
2045	466	W30	Hillary Olson, 32*, Colo, IA	2:09:01	2:17:44	10:23
2046	467	W30	Amy Booth, 33*, Altoona, IA	2:09:02	2:18:22	10:23
2491	213	M20	Jordan Stoermer, 23, Coralville, IA	2:09:02	2:13:51	10:23
2047	248	W20	Cathy Kain, 22*, Des Moines, IA	2:09:02	2:13:51	10:23
2048	74	W50	Mary Hanna, 51*, Forest City, IA	2:09:02	2:12:35	10:23
2049	126	W45	Julie Price, 46*, Forest City, IA	2:09:03	2:12:36	10:23
2492	175	M50	Roger Borcharding, 52, Redfield, IA	2:09:03	2:14:54	10:23
2050	420	W25	Anna Nelson, 27*, Indianola, IA	2:09:04	2:11:34	10:23
2493	535	M30	Matt Durand, 34, Des Moines, IA	2:09:07	2:13:39	10:23
2494	243	M45	Wade Shriver, 48, Iowa City, IA	2:09:09	2:13:25	10:23

2051	468	W30	Nicole Vogler, 33*, Ankeny, IA	2:09:09	2:21:51	10:24
2495	318	M40	Kevin Fynaardt, 44, West Des Moines, IA	2:09:10	2:12:34	10:24
2052	127	W45	Christine Mohrfeld, 46*, Urbandale, IA	2:09:10	2:18:30	10:24
2053	37	W55	Julie Venner, 55*, Boone, IA	2:09:11	2:13:14	10:24
2054	421	W25	Katie Wolf, 27*, West Des Moines, IA	2:09:11	2:12:12	10:24
2496	244	M45	Barry Schaley, 48, Riverside, IA	2:09:12	2:13:27	10:24
2497	378	M35	Marc Beshear, 37, Altoona, IA	2:09:12	2:15:01	10:24
2055	469	W30	Christina Schmitt, 32*, Waukee, IA	2:09:12	2:15:34	10:24
2056	128	W45	Robin Steinkamp, 46*, Saylorville, IA	2:09:13	2:21:20	10:24
2057	249	W20	Jessica Campbell, 23*, North Liberty, IA	2:09:13	2:16:11	10:24
2058	422	W25	Nicole Weathers, 28*, Aurelia, IA	2:09:13	2:20:24	10:24
2498	319	M40	William Gossman, 42, Ankeny, IA	2:09:14	2:15:29	10:24
2059	364	W35	Mandy Franje, 37*, Clive, IA	2:09:14	2:22:20	10:24
2060	235	W40	Pam Whisenhunt, 41*, Lincoln, NE	2:09:14	2:21:02	10:24
2061	470	W30	Becky Sturtz, 34*, Vinton, IA	2:09:14	2:13:10	10:24
2062	471	W30	Julie Johnson, 32*, Windsor Heights, IA	2:09:15	2:22:20	10:24
2499	176	M50	Robert Morgan, 53, Lincoln, NE	2:09:15	2:21:02	10:24
2063	472	W30	Becky Davis, 32*, Clive, IA	2:09:16	2:18:42	10:24
2064	250	W20	Karin Broman, 22*, Johnston, IA	2:09:17	2:13:23	10:24
2065	236	W40	Heather Hayes, 43*, Cedar Rapids, IA	2:09:17	2:20:04	10:24
2066	365	W35	Raquel Stout, 37*, West Des Moines, IA	2:09:18	2:18:27	10:24
2500	365	M25	Austin Hoffman, 26, Des Moines, IA	2:09:18	2:21:32	10:24
2067	75	W50	Mary Clark, 50*, Ames, IA	2:09:19	2:18:47	10:24
2501	320	M40	Darrell Kirk, 42, West Des Moines, IA	2:09:19	2:15:11	10:24
2068	129	W45	Elizabeth Dawley, 48*, Des Moines, IA	2:09:19	2:15:12	10:24
2069	366	W35	Melissa Fluckey, 35*, Sioux Falls, SD	2:09:20	2:17:36	10:24
2502	321	M40	Darren Herrold, 41, Cambridge, IA	2:09:20	2:09:47	10:24
2070	473	W30	Trisha Lloyd, 32*, Ankeny, IA	2:09:21	2:17:18	10:24
2503	112	M55	Praveen Prasad, 57, Clive, IA	2:09:21	2:11:38	10:24
2071	474	W30	Sandy Purcell, 30*, Omaha, NE	2:09:23	2:17:10	10:25
2504	379	M35	Jim Steinberg, 36, Adel, IA	2:09:23	2:11:18	10:25
2505	245	M45	Tyler Dunker, 47, Clive, IA	2:09:24	2:17:03	10:25
2072	475	W30	Jennifer Johnson, 32*, West Des Moines, IA	2:09:24	2:15:31	10:25
2506	322	M40	Faysal Yousefi, 42, Humboldt, IA	2:09:26	2:10:23	10:25
2073	251	W20	Hannah Paul, 23*, North Liberty, IA	2:09:26	2:21:32	10:25
2074	130	W45	Angela Doran, 48*, Ames, IA	2:09:27	2:12:49	10:25
2075	476	W30	Meghan Tiernan, 31*, West Des Moines, IA	2:09:29	2:20:40	10:25
2076	367	W35	Lisa Chiodo, 38*, Des Moines, IA	2:09:29	2:13:11	10:25
2077	477	W30	Megan Boettcher, 32*, Ankeny, IA	2:09:29	2:15:54	10:25
2078	44	W17	Kristin Wasson, 19*, Cedar Rapids, IA	2:09:29	2:11:47	10:25
2079	423	W25	Tamera Brown, 29*, Ankeny, IA	2:09:29	2:13:58	10:25
2507	380	M35	Bj Kinard, 39, Cedar Falls, IA	2:09:30	2:12:45	10:25
2508	214	M20	Jay Galeazzi, 21, Ames, IA	2:09:31	2:17:11	10:25
2509	66	M17	Chris Haman, 19, Cedar Rapids, IA	2:09:31	2:11:47	10:25
2510	323	M40	Nate Marfal, 43, Des Moines, IA	2:09:32	2:09:32	10:25
2511	536	M30	Nick Wetzal, 30, Clarinda, IA	2:09:32	2:15:18	10:25
2080	424	W25	Allie Wetzal, 27*, Clarinda, IA	2:09:32	2:15:18	10:25
2512	537	M30	Josh Heimann, 31, Dike, IA	2:09:32	2:19:09	10:25
2513	538	M30	Eric Mead, 31, West Des Moines, IA	2:09:32	2:12:35	10:25
2081	252	W20	Sara Huedepohl, 23*, West Des Moines, IA	2:09:32	2:20:15	10:25
2514	34	JrM	Spencer Hoops, 15, Des Moines, IA	2:09:33	2:10:59	10:25
2515	215	M20	Jacob Thein, 24, Des Moines, IA	2:09:33	2:13:32	10:25
2516	35	JrM	Forrest LaPrade, 12, Des Moines, IA	2:09:33	2:21:50	10:25
2082	478	W30	Amy Hutchison, 33*, Ames, IA	2:09:33	2:12:30	10:25
2083	425	W25	Tiffany Rasmussen, 25*, Van Meter, IA	2:09:33	2:17:43	10:25
2517	539	M30	Rusty Hutchison, 34, Ames, IA	2:09:34	2:12:31	10:25
2084	479	W30	April Barnhill, 30*, Des Moines, IA	2:09:34	2:17:11	10:25
2518	177	M50	Mark Newman, 51, West Des Moines, IA	2:09:34	2:17:44	10:26
2519	540	M30	James Kramer, 31, Des Moines, IA	2:09:36	2:16:51	10:26
2085	253	W20	Emily Bosman, 22*, Urbandale, IA	2:09:36	2:15:59	10:26
2086	32	JrW	Ruby Johnson, 16*, Audubon, IA	2:09:37	2:10:10	10:26
2087	76	W50	Jill Deimerly, 50*, Jewell, IA	2:09:37	2:14:44	10:26
2520	246	M45	Steve Van Weelden, 47, Pella, IA	2:09:37	2:18:26	10:26
2088	368	W35	Lisa Baumhover, 38*, Woodward, IA	2:09:37	2:15:09	10:26
2521	541	M30	Tyler Johnston, 33, Ankeny, IA	2:09:38	2:21:18	10:26



2089	254	W20	Krista Schmidt, 20*, Hudson, Ia, Ia	2:09:38	2:15:55	10:26
2090	255	W20	Madelyne Rosenberg, 20*, Cedar Rapids, IA	2:09:38	2:15:55	10:26
2091	426	W25	Amanda Scott, 25*, West Des Moines, IA	2:09:39	2:16:38	10:26
2092	480	W30	Katherine Klein, 34*, West Des Moines, IA	2:09:39	2:18:24	10:26
2522	381	M35	Brian Galligan, 38, Waukee, IA	2:09:40	2:18:25	10:26
2093	427	W25	Alicia Jacobson, 27*, Marshalltown, IA	2:09:42	2:15:47	10:26
2523	178	M50	Edward Bryja, 54, Pleasant Hill, IA	2:09:42	2:15:36	10:26
2094	369	W35	Emily Allen, 35*, Newton, IA	2:09:42	2:18:39	10:26
2524	324	M40	Wade Helfer, 40, Ames, IA	2:09:43	2:13:16	10:26
2095	481	W30	Tiffany Ferneding, 32*, Ankeny, IA	2:09:43	2:17:21	10:26
2525	382	M35	Jeff Pfantz, 38, Marshalltown, IA	2:09:43	2:18:47	10:26
2526	113	M55	Mike Clayton, 57, Ames, IA	2:09:43	2:12:25	10:26
2527	36	JrM	Jim Springer, 16, Fort Dodge, IA	2:09:44	2:14:43	10:26
2528	37	JrM	Kaden Peterson, 16, Fort Dodge, IA	2:09:44	2:14:43	10:26
2096	131	W45	Sandra Norby, 49*, Lemars, IA	2:09:44	2:22:56	10:26
2097	482	W30	Michelle Lata, 32*, Geneva, IL	2:09:45	2:17:38	10:26
2529	383	M35	Joshua Schoeberl, 35, Windsor Heights, IA	2:09:46	2:12:06	10:26
2098	38	W55	Deb Miller, 56*, Perry, IA	2:09:47	2:17:39	10:26
2530	114	M55	Marty Kalton, 55, Urbandale, IA	2:09:47	2:21:14	10:27
2531	542	M30	Kyle Obrecht, 31, Carroll, IA	2:09:48	2:19:01	10:27
2532	216	M20	Shay Conover, 23, Council Bluffs, IA	2:09:48	2:16:49	10:27
2099	237	W40	Wendy Thiessen, 40*, Marshalltown, IA	2:09:49	2:18:39	10:27
2533	543	M30	Casey Coppock, 31, Clive, IA	2:09:49	2:15:05	10:27
2100	39	W55	Kim Abbey, 57*, Ames, IA	2:09:49	2:17:10	10:27
2101	428	W25	Melanie Weibel, 28*, Ankeny, IA	2:09:50	2:15:02	10:27
2102	429	W25	Alivia McDaniel, 25*, Grimes, IA	2:09:51	2:15:18	10:27
2534	325	M40	Tom Arneson, 43, Marshalltown, IA	2:09:51	2:18:41	10:27
2103	238	W40	Jen Arneson, 41*, Marshalltown, IA	2:09:51	2:18:41	10:27
2535	247	M45	Joe Akers, 48, Grimes, IA	2:09:51	2:14:49	10:27
2536	544	M30	Aaron Weibel, 32, Ankeny, IA	2:09:51	2:15:02	10:27
2104	430	W25	Leah Beckwith, 28*, West Des Moines, IA	2:09:52	2:23:13	10:27
2105	431	W25	Ashton Newman, 26*, Fort Dodge, IA	2:09:52	2:18:24	10:27
2537	366	M25	Brandt Hockman, 28, Fort Dodge, IA	2:09:52	2:18:24	10:27
2106	432	W25	Teresa Lee, 27*, Clear Lake, IA	2:09:52	2:23:07	10:27
2107	239	W40	Dania Nolan, 40*, Johnston, IA	2:09:53	2:22:06	10:27
2108	370	W35	Jenene Friedrichs, 36*, Fort Dodge, IA	2:09:54	2:17:19	10:27
2538	115	M55	Jeff Boyd, 55, Maxwell, IA	2:09:54	2:10:50	10:27
2109	40	W55	Kimberly Creech, 56*, Hastings, NE	2:09:55	2:16:37	10:27
2110	77	W50	Julie Thomsen, 51*, Hastings, NE	2:09:55	2:16:37	10:27
2539	545	M30	Jonathan Wang, 31, Urbandale, IA	2:09:56	2:19:16	10:27
2111	433	W25	Melissa Simmermaker, 27*, Des Moines, IA	2:09:56	2:17:52	10:27
2112	434	W25	Jayne Anderson, 25*, West Des Moines, IA	2:09:56	2:21:21	10:27
2540	248	M45	Brian Graeve, 48, Ankeny, IA	2:09:56	2:23:03	10:27
2113	483	W30	Jessica Barnett, 30*, Monroe, IA	2:09:56	2:23:10	10:27
2541	326	M40	Shawn Wadle, 40, Minneapolis, MN	2:09:57	2:14:02	10:27
2114	484	W30	Judie Alphonse, 33*, West Des Moines, IA	2:09:57	2:22:29	10:27
2542	546	M30	Michael Rose, 32, Des Moines, IA	2:09:58	2:14:19	10:27
2115	256	W20	Kayla Cooney, 21*, Pleasant Hill, IA	2:09:59	2:22:15	10:27
2543	547	M30	Jeff Rudisill, 30, West Des Moines, IA	2:09:59	2:16:28	10:28
2116	485	W30	Shawn Pierce, 34*, West Branch, IA	2:09:59	2:22:06	10:28
2544	367	M25	Aaron Spiess, 27, Cedar Falls, IA	2:10:00	2:16:51	10:28
2545	249	M45	Dwight Berns, 46, Altoona, IA	2:10:00	2:17:44	10:28
2546	384	M35	Ryan Veenstra, 35, Johnston, IA	2:10:01	2:16:12	10:28
2117	371	W35	Kori Teeter, 35*, Monroe, IA	2:10:02	2:23:16	10:28
2547	368	M25	Michael Anderson, 28, Urbandale, IA	2:10:02	2:16:33	10:28
2548	369	M25	Matt Hill, 29, Des Moines, IA	2:10:04	2:19:41	10:28
2118	372	W35	Jess Kinard, 36*, Cedar Falls, IA	2:10:05	2:17:06	10:28
2549	179	M50	Mick Hagens, 53, Kansas City, MO	2:10:05	2:21:11	10:28
2119	435	W25	Laura Miller, 25*, West Des Moines, IA	2:10:05	2:13:25	10:28
2550	180	M50	Joseph Barron, 50, Des Moines, IA	2:10:06	2:11:23	10:28
2120	373	W35	Darcy Ries, 35*, Ryan, IA	2:10:06	2:17:18	10:28
2121	374	W35	Sally Haack, 35*, Urbandale, IA	2:10:06	2:13:07	10:28
2122	240	W40	Kathleen Osborn, 44*, Johnston, IA	2:10:07	2:17:18	10:28
2551	10	M65	Merrill Knight, 68, Ankeny, IA	2:10:07	2:17:41	10:28
2123	78	W50	Cheryl Mendenhall, 51*, Des Moines, IA	2:10:08	2:13:31	10:28

2552	370	M25	Anthony Greiter, 26, Ames, IA	2:10:08	2:18:47	10:28
2124	132	W45	Christine Dunwell, 45*, Newton, IA	2:10:09	2:19:06	10:28
2553	181	M50	Steven Hinrichs, 50, Altoona, IA	2:10:09	2:13:17	10:28
2125	486	W30	Keyli Schultz, 33*, Bondurant, IA	2:10:10	2:16:09	10:28
2126	375	W35	Amanda Bengtson, 36*, Aurelia, IA	2:10:11	2:21:22	10:28
2127	487	W30	Christy Anthofer, 34*, Carroll, IA	2:10:11	2:18:31	10:28
2128	376	W35	Tonya Weber, 36*, Carroll, IA	2:10:11	2:18:31	10:28
2129	241	W40	Jill Bartachek, 41*, West Des Moines, IA	2:10:12	2:21:21	10:29
2554	327	M40	Darin Bartachek, 42, West Des Moines, IA	2:10:12	2:21:21	10:29
2130	488	W30	Karen Grote, 34*, Boone, IA	2:10:12	2:21:01	10:29
2555	46	M60	Bill Mahanna, 60, Grimes, IA	2:10:12	2:20:35	10:29
2131	436	W25	Kristen Krentz, 29*, Des Moines, IA	2:10:12	2:13:19	10:29
2132	489	W30	Sheil Oltmans-Deardorff, 33*, Ankeny, IA	2:10:12	2:21:01	10:29
2133	79	W50	Lori Schwartz, 52*, Greenfield, IA	2:10:13	2:17:55	10:29
2134	437	W25	Angela Foster, 29*, Ankeny, IA	2:10:17	2:14:44	10:29
2135	133	W45	Julie Schwalbe, 47*, Urbandale, IA	2:10:18	2:21:40	10:29
2556	328	M40	Bryan Bellaire, 40, Ankeny, IA	2:10:20	2:16:02	10:29
2557	38	JrM	Wes Leshner, 14, Cambridge, IA	2:10:21	2:16:52	10:29
2136	438	W25	Kendra Meyer, 25*, West Des Moines, IA	2:10:21	2:14:26	10:29
2137	8	W60	Ann Greubel, 62*, Des Moines, IA	2:10:21	2:12:54	10:29
2138	439	W25	Mollie Lundstrom, 28*, Ankeny, IA	2:10:23	2:14:50	10:29
2139	440	W25	Katie Patnode, 28*, Saint Louis Park, MN	2:10:23	2:19:00	10:29
2140	257	W20	Beth Christensen, 23*, Audubon, IA	2:10:24	2:19:17	10:29
2141	490	W30	Amy Patnode, 32*, Brooklyn Center, MN	2:10:24	2:19:01	10:30
2142	377	W35	Stephanie Braun, 35*, Ankeny, IA	2:10:24	2:14:05	10:30
2558	548	M30	Charles Goyer, 31, West Des Moines, IA	2:10:25	2:21:13	10:30
2143	134	W45	Lori Meeker, 48*, Des Moines, IA	2:10:25	2:18:14	10:30
2144	441	W25	Kelsey Jordan, 25*, West Des Moines, IA	2:10:25	2:16:26	10:30
2145	491	W30	Jodi Prichard, 32*, Ankeny, IA	2:10:26	2:14:09	10:30
2559	217	M20	Daniel Barksdale, 22, Elkhart, IA	2:10:26	2:18:42	10:30
2146	258	W20	Kaci McCleary, 22*, Ames, IA	2:10:26	2:18:42	10:30
2560	218	M20	Caleb Grulke, 20, Kelley, IA	2:10:27	2:22:10	10:30
2147	378	W35	Katharine Sweeney, 38*, Windsor Heights, IA	2:10:28	2:21:55	10:30
2148	379	W35	Jenny Roe, 39*, Boxhom, IA	2:10:28	2:15:04	10:30
2149	492	W30	Heidi Miller, 32*, Indianola, IA	2:10:29	2:17:44	10:30
2561	329	M40	Robert Stomp, 43, Clive, IA	2:10:29	2:11:47	10:30
2150	135	W45	Brenda Cloyd, 46*, Ames, IA	2:10:29	2:16:47	10:30
2562	47	M60	Gary L Coleman, 61, Cedar Rapids, IA	2:10:30	2:20:57	10:30
2151	442	W25	Amber Floren, 25*, Cedar Rapids, IA	2:10:30	2:18:21	10:30
2152	380	W35	Melissa Lugar, 37*, West Des Moines, IA	2:10:30	2:16:50	10:30
2563	385	M35	John Sweeney, 39, Windsor Heights, IA	2:10:31	2:22:01	10:30
2153	136	W45	Diane Kruse, 48*, Johnston, IA	2:10:32	2:19:47	10:30
2154	259	W20	Emily Olson, 21*, Vinton, IA	2:10:32	2:19:47	10:30
2155	493	W30	Sara Houlihan, 30*, Ankeny, IA	2:10:32	2:21:02	10:30
2156	260	W20	Sarah Nelson, 20*, Andover, MN	2:10:33	2:20:43	10:30
2564	386	M35	Stephen Mosqueda, 37, Urbandale, IA	2:10:33	2:16:14	10:30
2157	443	W25	Laura Roberts, 28*, Grimes, IA	2:10:34	2:17:32	10:30
2158	80	W50	Catherine Dreiss, 52*, Des Moines, IA	2:10:34	2:22:17	10:30
2565	330	M40	John Neldeberg, 42, Altoona, IA	2:10:34	2:14:01	10:30
2159	242	W40	Kim Williams, 41*, North Liberty, IA	2:10:34	2:15:53	10:30
2160	261	W20	Amanda Reynolds, 23*, Ankeny, IA	2:10:34	2:20:12	10:30
2161	243	W40	Jody Weissenburger, 41*, Clive, IA	2:10:35	2:16:04	10:30
2162	9	W60	Barb Wheelock, 61*, Ames, IA	2:10:35	2:13:55	10:30
2566	11	M65	Terry Hanneman, 66, Newton, IA	2:10:36	2:14:53	10:30
2567	250	M45	Keith Treu, 46, Grimes, IA	2:10:36	2:16:43	10:30
2163	41	W55	Connie Dellaca-Hill, 56*, Bondurant, IA	2:10:38	2:21:26	10:31
2568	251	M45	Patrick Baldus, 48, West Des Moines, IA	2:10:38	2:13:30	10:31
2569	39	JrM	Matthew Berns, 14, Altoona, IA	2:10:38	2:18:22	10:31
2164	137	W45	Laurie Behrends, 45*, Panora, IA	2:10:38	2:17:05	10:31
2165	244	W40	Heidi Gay, 42*, Ankeny, IA	2:10:38	2:17:37	10:31
2166	381	W35	Connie Terry, 36*, Earlham, IA	2:10:39	2:15:54	10:31
2167	382	W35	Amanda Hull, 38*, Altoona, IA	2:10:39	2:23:03	10:31
2168	444	W25	Samantha Ashland, 29*, West Bend, IA	2:10:40	2:16:00	10:31
2169	383	W35	Julia Richards Krapfl, 38*, Ankeny, IA	2:10:41	2:17:14	10:31

2170	245	W40	Sara Altemeier, 42*, Ankeny, IA	2:10:41	2:17:03	10:31
2570	331	M40	Mike Weigel, 41, Urbandale, IA	2:10:41	2:16:59	10:31
2571	549	M30	Jacob Sherwood, 32, Des Moines, IA	2:10:42	2:13:29	10:31
2171	262	W20	Caitlyn Abell, 24*, Ames, IA	2:10:43	2:14:15	10:31
2572	12	M65	Dean Lauterbach, 69, Newton, IA	2:10:43	2:11:53	10:31
2172	81	W50	Kim Smith, 50*, Urbandale, IA	2:10:43	2:20:48	10:31
2573	116	M55	Dan Sartin, 57, Austin, TX	2:10:44	2:14:56	10:31
2574	252	M45	Paul Tauke, 49, De Soto, IA	2:10:45	2:17:53	10:31
2173	263	W20	Kallen Shipley, 20*, Newton, IA	2:10:45	2:20:55	10:31
2575	550	M30	Shawn Ostlund, 30, West Des Moines, IA	2:10:45	2:20:12	10:31
2174	33	JrW	Mackenzie Laughlin, 13*, Johnston, IA	2:10:47	2:17:47	10:31
2576	182	M50	Brian Queck, 51, Johnston, IA	2:10:47	2:17:47	10:31
2577	371	M25	Nick Newport, 25, Liberty, MO	2:10:49	2:23:58	10:32
2578	117	M55	Michael Baumhover, 59, Ames, IA	2:10:50	2:16:42	10:32
2175	494	W30	Cindy Boyce, 33*, Panora, IA	2:10:50	2:21:38	10:32
2176	384	W35	Kathy Soseman, 38*, Nevada, IA	2:10:50	2:19:40	10:32
2177	495	W30	Jennifer Wright, 32*, Boone, IA	2:10:51	2:14:32	10:32
2579	219	M20	Walter Loaiza, 22, West Des Moines, IA	2:10:51	2:18:44	10:32
2178	445	W25	Robin Noelle Weiler, 29*, Ankeny, IA	2:10:51	2:21:16	10:32
2179	385	W35	Jill Kolars, 36*, Ankeny, IA	2:10:51	2:15:14	10:32
2180	138	W45	Calleen Katzer, 45*, Ankeny, IA	2:10:52	2:14:59	10:32
2580	220	M20	Zachary Lenger, 21, Ames, IA	2:10:52	2:18:31	10:32
2181	34	JrW	Feyza Olson, 16*, Johnston, IA	2:10:54	2:18:45	10:32
2182	496	W30	Steffani Weekly, 31*, Urbandale, IA	2:10:54	2:12:41	10:32
2581	253	M45	Paul Olson, 47, Johnston, IA	2:10:55	2:18:46	10:32
2183	497	W30	Jacque McMaster, 34*, Des Moines, IA	2:10:55	2:14:58	10:32
2184	498	W30	Michelle Capobianco, 32*, Clive, IA	2:10:55	2:19:26	10:32
2582	551	M30	Blake Wyckoff, 32, Carlisle, IA	2:10:55	2:25:09	10:32
2583	221	M20	Eric Cline, 20, Le Mars, IA	2:10:55	2:19:21	10:32
2185	446	W25	Katie Depena, 25*, Johnston, IA	2:10:56	2:20:33	10:32
2186	386	W35	Kerrie Hammelman, 38*, Clive, IA	2:10:56	2:20:31	10:32
2187	45	W17	Katriona Graefenhain, 18*, Naperville, IL	2:10:57	2:21:06	10:32
2188	499	W30	Lisa Cibula, 34*, Des Moines, IA	2:10:58	2:16:01	10:32
2584	372	M25	Richard Jackson, 29, Ankeny, IA	2:10:58	2:22:53	10:32
2585	373	M25	Corey Viet, 26, West Des Moines, IA	2:10:59	2:12:43	10:32
2189	447	W25	Bradleigh Zito, 25*, Greenville, NC	2:10:59	2:20:12	10:32
2190	264	W20	Alexandra Reddell, 24*, Fort Worth, TX	2:11:00	2:20:07	10:32
2586	222	M20	Marcus Graefenhain, 21, Naperville, IL	2:11:02	2:21:11	10:33
2191	387	W35	Katie Fisher, 36*, Kansas City, MO	2:11:03	2:24:12	10:33
2192	139	W45	Deb Mackie, 49*, Grundy Center, IA	2:11:03	2:20:28	10:33
2193	265	W20	Anna Lammers, 24*, Coralville, IA	2:11:03	2:25:03	10:33
2194	140	W45	Carmen Holtrop, 47*, Sheldon, IA	2:11:04	2:16:56	10:33
2587	552	M30	Jeff Happe, 31, Ankeny, IA	2:11:04	2:14:41	10:33
2195	266	W20	Mary Houangsavanh, 21*, Des Moines, IA	2:11:05	2:18:08	10:33
2588	48	M60	Greg Haack, 60, Spencer, IA	2:11:05	2:11:56	10:33
2196	388	W35	Melissa Rowan, 37*, Ames, IA	2:11:06	2:16:27	10:33
2197	246	W40	Monica Holliday, 40*, Moline, IL	2:11:06	2:16:27	10:33
2198	389	W35	Amy Ring-Rose, 36*, Estherville, IA	2:11:06	2:19:19	10:33
2589	118	M55	Randy Norby, 57, Osage, IA	2:11:06	2:17:33	10:33
2199	267	W20	Alyssa Morrow, 22*, Decorah, IA	2:11:08	2:23:32	10:33
2200	448	W25	Nicci Vath, 25*, Plymouth, MN	2:11:09	2:23:38	10:33
2590	332	M40	Robert Burnett, 42, Norwalk, IA	2:11:10	2:17:52	10:33
2201	500	W30	Stephanie Turcotte, 34*, West Des Moines, IA	2:11:10	2:16:39	10:33
2202	141	W45	Dawn DeJong, 45*, West Des Moines, IA	2:11:10	2:16:39	10:33
2203	390	W35	Kimberly Price, 38*, West Des Moines, IA	2:11:10	2:16:39	10:33
2204	449	W25	Amy Bastian, 25*, Winona, MN	2:11:10	2:18:53	10:33
2205	42	W55	Charlotte Jacobs, 55*, West Des Moines, IA	2:11:11	2:20:04	10:33
2206	501	W30	Carrie Helle, 33*, Des Moines, IA	2:11:11	2:16:16	10:33
2207	247	W40	Nikki Kline, 42*, Grimes, IA	2:11:11	2:24:46	10:33
2591	223	M20	Adam Foresman, 21, Clive, IA	2:11:12	2:16:36	10:33
2208	450	W25	Katie Pfadenhauer, 28*, Ankeny, IA	2:11:12	2:15:03	10:33
2592	254	M45	Todd Anderson, 48, Cedar Rapids, IA	2:11:15	2:18:52	10:34
2209	248	W40	Trisha Rea, 41*, Blakesburg, IA	2:11:16	2:18:29	10:34
2210	268	W20	Meredith Radig, 21*, Des Moines, IA	2:11:16	2:24:05	10:34

2211	249	W40	Anne Condon, 41*, Barnum, IA	2:11:16	2:24:12	10:34
2212	142	W45	Barb Niemeyer, 48*, West Des Moines, IA	2:11:18	2:23:16	10:34
2213	391	W35	Leslie Niemeyer, 37*, Frankford, MO	2:11:18	2:23:16	10:34
2593	255	M45	Gerard Amadeo, 47, Des Moines, IA	2:11:19	2:23:46	10:34
2214	250	W40	Lisa Langel, 44*, Ankeny, IA	2:11:19	2:18:50	10:34
2215	502	W30	Lindsay Thomas, 32*, Chicago, IL	2:11:19	2:17:29	10:34
2594	183	M50	Bill Courtney, 53, Des Moines, IA	2:11:20	2:23:46	10:34
2216	451	W25	Suzy Schnell, 26*, Ames, IA	2:11:21	2:17:49	10:34
2217	269	W20	Sarah Loll, 23*, Des Moines, IA	2:11:21	2:20:50	10:34
2595	49	M60	Bill Funnemark, 63, Algona, IA	2:11:23	2:23:13	10:34
2218	270	W20	Bethany Rospond, 20*, Des Moines, IA	2:11:23	2:14:20	10:34
2219	503	W30	Kendra Borcharding, 34*, Grimes, IA	2:11:23	2:15:18	10:34
2220	504	W30	Andrea Casky, 34*, Bondurant, IA	2:11:23	2:17:27	10:34
2596	387	M35	Mike Hatch, 37, Knoxville, IA	2:11:24	2:20:34	10:34
2597	374	M25	Jason Van Wyk, 28, Oskaloosa, IA	2:11:24	2:15:43	10:34
2221	392	W35	Esther Pihl, 35*, Tiffin, IA	2:11:25	2:23:58	10:34
2598	119	M55	Neil Foley, 55, Marion, IA	2:11:26	2:18:30	10:34
2222	143	W45	Vickie Manuel, 45*, Mason City, IA	2:11:26	2:15:50	10:34
2223	452	W25	Taylor Askelsen, 26*, Iowa Falls, IA	2:11:27	2:18:13	10:35
2224	453	W25	Ginny Davis, 28*, Sioux City, IA	2:11:27	2:21:43	10:35
2599	553	M30	Jeff Neighbors, 33, Eagle Grove, IA	2:11:28	2:12:39	10:35
2225	505	W30	Amber DeCesare, 30*, Chicago, IL	2:11:29	2:21:10	10:35
2600	554	M30	Nick Robertson, 34, Ankeny, IA	2:11:29	2:18:36	10:35
2601	40	JrM	Nathan Parker, 14, Alleman, IA	2:11:30	2:18:01	10:35
2226	393	W35	Karen M Smith, 35*, Knoxville, IA	2:11:30	2:24:27	10:35
2602	555	M30	Matt Bral, 31, Clive, IA	2:11:30	2:23:00	10:35
2227	144	W45	Lynn Gaumer, 45*, Ankeny, IA	2:11:31	2:19:28	10:35
2228	454	W25	Heather Day, 28*, Ankeny, IA	2:11:31	2:17:59	10:35
2229	506	W30	Ashley Lansman, 30*, Ankey, IA	2:11:31	2:18:34	10:35
2603	13	M65	Terry Digman, 67, Ankeny, IA	2:11:32	2:17:39	10:35
2230	455	W25	Tina Bruck, 26*, Cumberland, IA	2:11:32	2:18:15	10:35
2231	43	W55	Natalie Welter, 55*, Story City, IA	2:11:32	2:18:53	10:35
2232	507	W30	Jennifer Thorson, 32*, West Des Moines, IA	2:11:34	2:22:21	10:35
2233	456	W25	Beth Madison, 26*, Orient, IA	2:11:34	2:20:32	10:35
2234	251	W40	Tammy Moser, 43*, Dakota City, IA	2:11:34	2:22:10	10:35
2235	35	JrW	Sophie Blanchard, 13*, Polk City, IA	2:11:36	2:23:46	10:35
2236	44	W55	Cindy Manker, 58*, West Des Moines, IA	2:11:36	2:16:52	10:35
2604	41	JrM	Matthew Selof, 14, Polk City, IA	2:11:36	2:19:45	10:35
2237	508	W30	Patricia Manwarren, 30*, Spencer, IA	2:11:39	2:12:46	10:36
2605	556	M30	Brandon Kester, 31, Ames, IA	2:11:41	2:18:58	10:36
2238	509	W30	Nicole Young, 32*, Des Moines, IA	2:11:42	2:19:46	10:36
2606	388	M35	Preston Young, 35, Des Moines, IA	2:11:43	2:19:47	10:36
2239	46	W17	Macy Sturges, 18*, Rockwell, IA	2:11:43	2:15:56	10:36
2240	457	W25	Katie McKain, 28*, Indianola, IA	2:11:43	2:18:57	10:36
2607	557	M30	H Clay Dean, 30, Ankeny, IA	2:11:43	2:19:44	10:36
2241	510	W30	Cortney Dean, 30*, Ankeny, IA	2:11:43	2:19:44	10:36
2242	145	W45	Maggie Thompson, 47*, Perry, ID	2:11:44	2:24:34	10:36
2243	458	W25	Britni Bergren, 29*, Stanton, IA	2:11:44	2:20:52	10:36
2244	394	W35	Jill Evans, 35*, Ankeny, IA	2:11:45	2:18:56	10:36
2608	333	M40	Greg Wickett, 42, Humboldt, IA	2:11:45	2:19:23	10:36
2245	395	W35	Dena Morgan, 35*, Corning, IA	2:11:47	2:20:43	10:36
2246	252	W40	Camille Pankratz, 42*, Ames, IA	2:11:48	2:17:51	10:36
2609	256	M45	Brian Webster, 47, Ames, IA	2:11:48	2:17:51	10:36
2247	511	W30	Lindsey Hogan, 33*, Corning, IA	2:11:48	2:20:43	10:36
2610	389	M35	Bill Pollock, 37, Pella, IA	2:11:49	2:18:06	10:36
2611	558	M30	Joe Dunlay, 32, Maxwell, IA	2:11:49	2:23:44	10:36
2248	512	W30	Amanda Uthe, 32*, Urbandale, IA	2:11:49	2:23:44	10:36
2249	271	W20	Melissa Spain, 24*, Clinton, IA	2:11:51	2:19:39	10:36
2250	459	W25	Jacinda Schipper, 27*, Ankeny, IA	2:11:52	2:23:38	10:37
2251	513	W30	Tanna Bennum, 30*, Ottosen, IA	2:11:52	2:21:45	10:37
2612	375	M25	Larry Spray III, 28, Dallas Center, IA	2:11:52	2:15:12	10:37
2252	82	W50	Jenice Whisenand, 52*, Polk City, IA	2:11:53	2:23:57	10:37
2253	514	W30	Nicole May, 31*, Ankeny, IA	2:11:54	2:15:58	10:37
2254	460	W25	Heather Malo, 25*, Palatine, IL	2:11:54	2:20:40	10:37
2613	559	M30	Matthew Gilbertson, 33, Des Moines, IA	2:11:54	2:20:59	10:37

2255	47	W17	Presley Swan, 19*, Chariton, IA	2:11:55	2:13:27	10:37
2256	396	W35	Katie Scandrett, 35*, Cumming, IA	2:11:56	2:16:00	10:37
2257	461	W25	Kathryne Hillyer, 25*, Cedar Falls, IA	2:11:57	2:21:10	10:37
2614	376	M25	Jeffrey Seufert, 28, West Des Moines, IA	2:11:57	2:18:03	10:37
2615	560	M30	Mike Seufert, 32, Atlantic, IA	2:11:57	2:18:03	10:37
2258	462	W25	Rebecca Reuter, 28*, Des Moines, IA	2:11:58	2:25:01	10:37
2616	184	M50	Ravi Vemulapalli, 50, Clive, IA	2:11:59	2:19:37	10:37
2259	253	W40	Kim Eldridge, 41*, West Des Moines, IA	2:12:01	2:16:29	10:37
2617	561	M30	Bryan Humphrey, 30, Kansas City, KS	2:12:02	2:20:42	10:37
2618	120	M55	William Johnson, 57, Iowa City, IA	2:12:02	2:13:08	10:37
2260	397	W35	Dawn Atwood, 39*, Colfax, IA	2:12:02	2:20:58	10:37
2261	463	W25	Becky Bengard, 29*, Grimes, IA	2:12:03	2:16:27	10:38
2262	464	W25	Kylie Rees, 29*, Polk City, IA	2:12:04	2:19:20	10:38
2619	562	M30	Klint Peterson, 30, Villisca, IA	2:12:04	2:17:57	10:38
2263	254	W40	Kristin Moeckly, 40*, Lawrence, KS	2:12:04	2:19:54	10:38
2264	515	W30	Jodi Hagarty, 31*, Ankeny, IA	2:12:04	2:17:09	10:38
2265	516	W30	Megan Hassel, 32*, Ankeny, IA	2:12:05	2:19:21	10:38
2266	398	W35	Nichole Waltz, 38*, Park Ridge, IL	2:12:05	2:20:19	10:38
2620	390	M35	Lonnie Norgaard, 35, Ankeny, IA	2:12:07	2:15:43	10:38
2267	517	W30	Shawna Weis, 33*, West Des Moines, IA	2:12:07	2:15:53	10:38
2621	334	M40	Kevin Smith, 42, Ames, IA	2:12:10	2:13:52	10:38
2268	45	W55	Paula Dierenfeld, 58*, Johnston, IA	2:12:10	2:18:59	10:38
2269	255	W40	Angie Doyle Scar, 41*, Des Moines, IA	2:12:10	2:18:59	10:38
2622	391	M35	Nathan Eldredge, 38, Fort Dodge, IA	2:12:12	2:24:19	10:38
2270	465	W25	Jaimie Miller, 26*, Des Moines, IA	2:12:12	2:23:42	10:38
2623	392	M35	Thomas Bartlett, 35, Ankeny, IA	2:12:12	2:18:15	10:38
2271	146	W45	Lori Lipscomb, 49*, Johnston, IA	2:12:13	2:18:40	10:38
2272	83	W50	LuAnn Ostergaard, 54*, Des Moines, IA	2:12:14	2:18:59	10:38
2273	518	W30	Amanda Eastin, 32*, Bondurant, IA	2:12:14	2:17:05	10:38
2274	256	W40	Kristy Blanchard, 43*, Polk City, IA	2:12:15	2:24:24	10:38
2275	466	W25	Hillary Courtney, 25*, Des Moines, IA	2:12:16	2:15:57	10:39
2624	377	M25	Nicholas Gonwa, 28, West Des Moines, IA	2:12:16	2:15:57	10:39
2276	399	W35	Krista Overmohle, 38*, Carroll, IA	2:12:17	2:20:39	10:39
2277	467	W25	Allison Smith, 27*, Urbandale, IA	2:12:17	2:21:05	10:39
2625	563	M30	Andrew Judge, 31, Clive, IA	2:12:18	2:24:45	10:39
2626	335	M40	Kapil Limbu, 42, Clive, IA	2:12:18	2:20:14	10:39
2278	400	W35	Karen Guard, 35*, Carlisle, IA	2:12:18	2:15:47	10:39
2279	519	W30	Liberty Caplan, 34*, Alden, IA	2:12:19	2:24:16	10:39
2627	185	M50	Perry Geneser, 53, Grimes, IA	2:12:19	2:20:19	10:39
2280	401	W35	Chandra Fessler, 38*, Ballwin, MO	2:12:19	2:14:58	10:39
2281	520	W30	Jaime Bonner, 33*, Iowa Falls, IA	2:12:20	2:24:16	10:39
2282	84	W50	Berthe Palo - Ilboudo, 50*, Ames, IA	2:12:20	2:16:07	10:39
2283	85	W50	Mary Mosiman, 51*, Ames, IA	2:12:20	2:24:00	10:39
2284	521	W30	Anna Happ, 30*, Polk City, IA	2:12:21	2:20:30	10:39
2285	272	W20	Elyse Kramer, 21*, Epworth, IA	2:12:22	2:14:31	10:39
2628	564	M30	Brock Weliver, 33, Cedar Falls, IA	2:12:22	2:23:51	10:39
2286	522	W30	Lindsay Wilcox, 32*, Oskaloosa, IA	2:12:23	2:22:13	10:39
2287	402	W35	Debra Moore, 39*, Marshalltown, IA	2:12:24	2:14:43	10:39
2288	403	W35	Chantelle Smith, 39*, Johnston, IA	2:12:24	2:15:51	10:39
2629	50	M60	Bruce Bachmann, 63, Cedar Rapids, IA	2:12:27	2:13:34	10:39
2289	257	W40	Tracey Jackman, 42*, Des Moines, IA	2:12:27	2:20:26	10:39
2290	523	W30	Katie Ochanpaugh, 33*, Cumming, IA	2:12:28	2:20:26	10:39
2291	524	W30	Courtney Brewer, 34*, Norwalk, IA	2:12:28	2:20:26	10:40
2630	42	JrM	Tyler Hoy, 16, Dallas Center, IA	2:12:28	2:16:06	10:40
2631	14	M65	Philip Caropreso, 66, Keokuk, IA	2:12:29	2:17:54	10:40
2292	147	W45	Suzy Trotter, 46*, Newton, IA	2:12:30	2:18:24	10:40
2293	258	W40	Martina Hull, 44*, Grinnell, IA	2:12:30	2:14:31	10:40
2632	378	M25	Bryce Boehm, 26, Urbandale, IA	2:12:30	2:16:23	10:40
2294	48	W17	Kara Allen, 18*, Stanton, IA	2:12:30	2:16:04	10:40
2295	259	W40	Deb Howe, 41*, Stanton, IA	2:12:30	2:16:04	10:40
2633	379	M25	J R. Sopher, 27, Des Moines, IA	2:12:31	2:16:10	10:40
2296	468	W25	Alyssa Hedrick, 25*, Indianola, IA	2:12:31	2:20:08	10:40
2297	469	W25	Liz Cumpton, 29*, West Des Moines, IA	2:12:31	2:18:57	10:40
2298	260	W40	Anne O'Roake, 41*, Riverview, FL	2:12:31	2:24:18	10:40
2299	525	W30	Jackie Surber, 31*, Des Moines, IA	2:12:32	2:18:57	10:40

2634	393	M35	Zachary Lincicum, 35, Ankeny, IA	2:12:33	2:16:48	10:40
2635	43	JrM	Mason Wickett, 15, Humboldt, IA	2:12:34	2:15:47	10:40
2636			2812a81	2:12:34	2:12:55	10:40
2637	336	M40	Cory DeWitt, 41, Ankeny, IA	2:12:35	2:14:39	10:40
2300	470	W25	Jessica VanKamen, 25*, Johnston, IA	2:12:35	2:19:51	10:40
2638	67	M17	Dakota Dahlberg, 17, Fort Dodge, IA	2:12:35	2:19:12	10:40
2639	121	M55	Owen Shunkwiler, 57, Urbandale, IA	2:12:35	2:16:33	10:40
2640	224	M20	Steven Miller, 24, Altoona, IA	2:12:36	2:15:34	10:40
2301	261	W40	Trish Kallemeier, 40*, Urbandale, IA	2:12:36	2:17:29	10:40
2302	404	W35	Amy Pettit, 39*, West Des Moines, IA	2:12:36	2:20:21	10:40
2303	148	W45	Kelley Neumann, 45*, West Des Moines, IA	2:12:36	2:20:21	10:40
2641	51	M60	Doug Ryan, 60, Webster City, IA	2:12:37	2:22:34	10:40
2642	122	M55	Tim Gutshall, 56, Urbandale, IA	2:12:37	2:15:16	10:40
2643	337	M40	Duane Tobey, 44, Grimes, IA	2:12:37	2:19:48	10:40
2304	262	W40	Jen Dange, 42*, Windsor Heights, IA	2:12:39	2:19:03	10:40
2644	225	M20	Zach Zehr, 23, Des Moines, IA	2:12:41	2:22:17	10:41
2305	526	W30	Jennie Davidson, 34*, Ankeny, IA	2:12:42	2:22:17	10:41
2306	273	W20	Melissa Orf, 22*, Ames, IA	2:12:43	2:26:01	10:41
2645	380	M25	Jitendra Tripathi, 29, Des Moines, IA	2:12:43	2:18:28	10:41
2307	527	W30	April Hoogland, 31*, Omaha, NE	2:12:44	2:19:07	10:41
2308	405	W35	Emily Meinders, 38*, Urbandale, IA	2:12:45	2:24:29	10:41
2646	338	M40	Derek Meinders, 40, Urbandale, IA	2:12:45	2:24:29	10:41
2647	394	M35	Drew Raleigh, 37, Knoxville, IA	2:12:45	2:15:51	10:41
2648	226	M20	Justin Rumpza, 24, Ames, IA	2:12:45	2:24:51	10:41
2309	263	W40	Wendy Kirby, 41*, Pleasantville, IA	2:12:46	2:15:52	10:41
2649	227	M20	John Leister, 21, Des Moines, IA	2:12:47	2:20:05	10:41
2310	406	W35	Ann Davenport, 37*, Minneapolis, MN	2:12:49	2:20:04	10:41
2650	565	M30	Dinu Mathai, 30, Ames, IA	2:12:49	2:19:38	10:41
2651	395	M35	Matthew Hackett, 38, Waukee, IA	2:12:50	2:16:44	10:41
2652	396	M35	Jonathan Hull, 35, Pleasant Hill, IA	2:12:50	2:17:52	10:41
2653	186	M50	Paul Carlson, 53, Clive, IA	2:12:51	2:17:48	10:41
2654	228	M20	Alex Hoffman, 24, Clive, IA	2:12:52	2:25:07	10:41
2311	264	W40	Chris Mathews, 43*, Des Moines, IA	2:12:53	2:19:27	10:41
2655	381	M25	Scott Miller, 27, Des Moines, IA	2:12:54	2:22:18	10:42
2312	149	W45	Stephanie Lawrence, 45*, Grimes, IA	2:12:55	2:20:06	10:42
2313	407	W35	Daphne Roberts, 38*, Dodge Center, MN	2:12:56	2:18:31	10:42
2656	566	M30	Garrett Buffenbarger, 33, Des Moines, IA	2:12:57	2:20:54	10:42
2314	471	W25	Carrie Poethke, 28*, Des Moines, IA	2:12:57	2:20:17	10:42
2315	274	W20	Shawna Diehl, 24*, Johnston, IA	2:12:57	2:27:51	10:42
2316	528	W30	Heidi Grimm, 31*, Nevada, IA	2:12:58	2:21:41	10:42
2657	123	M55	Dennis Howard, 59, Des Moines, IA	2:12:58	2:14:55	10:42
2317	408	W35	Windy Ayres, 38*, Ankeny, IA	2:12:58	2:20:08	10:42
2318	472	W25	Emily Jaksich, 26*, Iowa City, IA	2:12:58	2:21:57	10:42
2319	275	W20	Alaina Severson, 20*, Marshalltown, IA	2:12:59	2:20:38	10:42
2320	409	W35	Stacie Feilmeier, 38*, Clive, IA	2:12:59	2:21:56	10:42
2658	257	M45	Ryan Moffitt, 45, Ames, IA	2:13:00	2:24:50	10:42
2659	382	M25	Mitchell Cline, 26, Ames, IA	2:13:01	2:18:13	10:42
2321	150	W45	Erin McCarty, 46*, Perry, IA	2:13:02	2:23:17	10:42
2322	529	W30	Angie Michel, 31*, Waukee, IA	2:13:02	2:25:50	10:42
2323	530	W30	Amy Walsh, 34*, Waukee, IA	2:13:02	2:25:50	10:42
2324	410	W35	Heather McLuen, 37*, Des Moines, IA	2:13:03	2:25:42	10:42
2325	49	W17	Sadie LeW-Man, 17*, Farnhamville, IA	2:13:03	2:25:26	10:42
2326	531	W30	Shauna Smith, 30*, Adel, IA	2:13:04	2:21:51	10:42
2327	276	W20	Kristina Dunker, 20*, Clive, IA	2:13:07	2:20:46	10:43
2660	339	M40	Matthew Paul, 44, Des Moines, IA	2:13:07	2:19:49	10:43
2328	532	W30	Meghan Gavin, 32*, Des Moines, IA	2:13:07	2:16:34	10:43
2661	567	M30	Emiliano Lerda, 32, Omaha, NE	2:13:07	2:16:42	10:43
2662	397	M35	Jeremy Haack, 36, Urbandale, IA	2:13:07	2:13:07	10:43
2663	568	M30	James Neal, 34, Urbandale, IA	2:13:08	2:16:43	10:43
2329	533	W30	Melanie Ernst, 32*, Pekin, IL	2:13:08	2:22:20	10:43
2664	569	M30	Anthony Salcedo, 32, Omaha, NE	2:13:09	2:18:05	10:43
2330	411	W35	Melissa Summerfield, 35*, Mason City, IA	2:13:09	2:18:21	10:43
2331	412	W35	Erin King, 35*, Ankeny, IA	2:13:10	2:17:24	10:43
2665	383	M25	Zach Hollingsworth, 26, Urbandale, IA	2:13:10	2:13:10	10:43
2332	265	W40	M Rena Ploog, 41*, Polk City, IA	2:13:11	2:25:20	10:43

2333	266	W40	Julie Watson, 42*, Indianola, IA	2:13:11	2:20:01	10:43
2334	413	W35	Amy Linney, 38*, Des Moines, IA	2:13:13	2:20:08	10:43
2666	229	M20	Keegan Miesner, 23, Ames, IA	2:13:13	2:15:01	10:43
2335	277	W20	Lindsey Niehm, 23*, Ames, IA	2:13:13	2:15:01	10:43
2336	414	W35	Jen McNeeley, 38*, Pleasant Hill, IA	2:13:14	2:24:59	10:43
2337	534	W30	Teri Lynn Daggett, 33*, Des Moines, IA	2:13:15	2:24:04	10:43
2338	46	W55	Diane Spiering, 55*, Des Moines, IA	2:13:16	2:18:42	10:43
2339	473	W25	Emily Hollingsworth, 27*, West Des Moines, IA	2:13:16	2:24:26	10:43
2667	570	M30	Kyle Karsjen, 31, Urbandale, IA	2:13:17	2:15:21	10:43
2340	151	W45	Kimberley Schmidt, 45*, Prairie City, IA	2:13:18	2:20:24	10:43
2341	415	W35	Joyana Pilquist, 37*, Clive, IA	2:13:18	2:19:00	10:44
2342	474	W25	Katie Dietz, 26*, Irving, TX	2:13:18	2:18:52	10:44
2343	278	W20	Jorie Smith, 23*, Grimes, IA	2:13:19	2:18:39	10:44
2344	475	W25	Whitney Turner, 27*, Windsor Heights, IA	2:13:21	2:17:12	10:44
2345	152	W45	Christine Brandenburg, 49*, Urbandale, IA	2:13:21	2:23:45	10:44
2346	279	W20	Molly Swenson, 23*, Britt, IA	2:13:21	2:16:16	10:44
2347	416	W35	Tera Oberbroeckling, 35*, Bondurant, IA	2:13:22	2:17:04	10:44
2348	417	W35	Tania Fried, 35*, Bondurant, IA	2:13:22	2:17:04	10:44
2349	476	W25	Christine Jacks, 27*, West Des Moines, IA	2:13:23	2:25:49	10:44
2668	571	M30	Josh Miller, 30, Norwalk, IA	2:13:25	2:20:37	10:44
2350	477	W25	Jessica Lambert, 27*, Des Moines, IA	2:13:25	2:20:13	10:44
2351	478	W25	Molly Grisham, 27*, Arnolds Park, IA	2:13:25	2:24:48	10:44
2669	572	M30	Brett Coffman, 30, Story City, IA	2:13:25	2:18:48	10:44
2352	479	W25	Monica Decker, 25*, Iowa City, IA	2:13:27	2:21:40	10:44
2353	535	W30	Chree Bernal, 33*, Waukee, IA	2:13:27	2:21:16	10:44
2670	398	M35	Michael Jorgensen, 35, Ames, IA	2:13:28	2:22:19	10:44
2354	536	W30	Kate Virgil, 34*, West Des Moines, IA	2:13:28	2:16:57	10:44
2355	153	W45	Lori Foxen, 48*, Cedar Rapids, IA	2:13:28	2:22:20	10:44
2671	340	M40	Erik Tetmeyer, 40, West Des Moines, IA	2:13:30	2:22:12	10:44
2356	418	W35	Sara Cutler, 37*, Carlisle, IA	2:13:30	2:21:41	10:44
2357	86	W50	Colleen DeBruin, 53*, Urbandale, IA	2:13:30	2:21:41	10:44
2358	280	W20	Amy Scallon, 23*, Iowa City, IA	2:13:30	2:20:29	10:44
2672	230	M20	James Nichols, 24, Ia, IA	2:13:31	2:26:05	10:45
2359	154	W45	Laura Urich, 45*, Ankeny, IA	2:13:31	2:17:08	10:45
2360	267	W40	Michelle Hagen, 43*, Minneapolis, MN	2:13:31	2:17:51	10:45
2361	480	W25	Carly Vinchattle, 25*, Ames, IA	2:13:31	2:26:05	10:45
2362	155	W45	Julie Stillman, 45*, West Des Moines, IA	2:13:32	2:17:52	10:45
2363	87	W50	Sarah Christensen, 52*, Audubon, IA	2:13:32	2:18:38	10:45
2364	537	W30	Julie Podey, 33*, Polk City, IA	2:13:32	2:21:10	10:45
2365	268	W40	Michele Winger, 44*, Waukee, IA	2:13:32	2:17:51	10:45
2673	187	M50	Brent Abel, 54, Ankeny, IA	2:13:32	2:20:14	10:45
2674	15	M65	Bill Lawless, 69, Des Moines, IA	2:13:32	2:15:21	10:45
2366	419	W35	Cindy Anderson, 35*, Kansas City, MO	2:13:34	2:25:34	10:45
2367	481	W25	Sarah Lindberg, 26*, Minneapolis, MN	2:13:34	2:20:48	10:45
2368	482	W25	Erin Teel, 27*, Blue Grass, IA	2:13:34	2:24:44	10:45
2369	483	W25	Amy Kolner, 25*, West Des Moines, IA	2:13:36	2:20:41	10:45
2370	420	W35	Asia Strong, 36*, Indianola, IA	2:13:36	2:19:05	10:45
2371	538	W30	Tammy Irelan, 33*, Des Moines, IA	2:13:37	2:21:38	10:45
2372	281	W20	Alex Meyer, 24*, Ames, IA	2:13:37	2:25:19	10:45
2373	88	W50	Mona Follmann, 51*, Stanhope, IA	2:13:37	2:22:14	10:45
2374	539	W30	Sarah Hulgán, 33*, Perry, IA	2:13:37	2:20:00	10:45
2675	399	M35	Ashish Dafria, 38, Waukee, IA	2:13:38	2:23:58	10:45
2375	282	W20	Olivia Craig, 23*, Armstrong, IA	2:13:38	2:14:53	10:45
2676	44	JrM	Rubin McLuen, 11, Des Moines, IA	2:13:39	2:26:18	10:45
2376	50	W17	Heidi Tuttle, 18*, Grimes, IA	2:13:39	2:19:26	10:45
2377	484	W25	Heather Scott, 28*, Johnston, IA	2:13:40	2:19:27	10:45
2378	269	W40	Susie Rosengren, 44*, Logan, IA	2:13:41	2:20:45	10:45
2379	485	W25	Rachel Lorenzen, 28*, Davenport, IA	2:13:41	2:20:47	10:45
2380	283	W20	Kaitlin Moulin, 24*, Grimes, IA	2:13:43	2:19:17	10:45
2381	486	W25	Kalliope McAllister, 26*, Independence, IA	2:13:43	2:19:59	10:46
2677	400	M35	Matt Ostanik, 35, Dallas Center, IA	2:13:43	2:19:20	10:46
2382	270	W40	Kelly Richards, 43*, Ankeny, IA	2:13:44	2:21:17	10:46
2383	487	W25	Chelsey Jenkins, 25*, Des Monies, IA	2:13:44	2:22:45	10:46
2384	271	W40	Kaylynn Christenson, 43*, Boone, IA	2:13:44	2:17:47	10:46

2385	156	W45	Debbie Miller, 45*, Clear Lake, IA	2:13:44	2:26:24	10:46
2678	401	M35	Chris Compton, 37, Ankeny, IA	2:13:44	2:25:26	10:46
2386	157	W45	Angie Quist, 48*, Red Oak, IA	2:13:44	2:25:54	10:46
2679	573	M30	Kevin Lone, 32, Des Moines, IA	2:13:45	2:19:26	10:46
2387	89	W50	Louisa Perry, 52*, Bondurant, IA	2:13:46	2:25:38	10:46
2680	341	M40	Willie Brazzle, 44, Des Moines, IA	2:13:46	2:14:17	10:46
2388	421	W35	Sarah Brown, 35*, Fort Dodge, IA	2:13:47	2:26:43	10:46
2389	47	W55	Jeanice Lester, 58*, Red Oak, IA	2:13:48	2:17:48	10:46
2390	422	W35	Abra Pulley, 36*, Des Moines, IA	2:13:48	2:20:03	10:46
2681	342	M40	Mike Chesmore, 44, Pleasant Hill, IA	2:13:48	2:20:03	10:46
2391	423	W35	Susan Ham, 38*, Reasnor, IA	2:13:49	2:21:04	10:46
2392	540	W30	Amy Frey, 34*, Carlisle, IA	2:13:49	2:17:17	10:46
2393	541	W30	Ashlee Duimstra, 30*, Monroe, IA	2:13:50	2:22:38	10:46
2394	90	W50	Josena Wadle, 52*, Newton, IA	2:13:50	2:21:04	10:46
2395	91	W50	Kris Wentzien, 50*, Solon, IA	2:13:51	2:26:00	10:46
2396	424	W35	Jennifer Daniels, 39*, Des Moines, IA	2:13:52	2:23:10	10:46
2397	158	W45	Stephanie Perington, 47*, Johnston, IA	2:13:53	2:19:48	10:46
2398	488	W25	Adrienne Voelker, 28*, Des Moines, IA	2:13:53	2:19:21	10:46
2399	272	W40	Emmi Miller, 44*, Ames, IA	2:13:53	2:26:22	10:46
2400	542	W30	Kari Murray, 32*, Norwalk, IA	2:13:53	2:21:20	10:46
2401	92	W50	Lynn Rittgers, 50*, Gowrie, IA	2:13:54	2:26:17	10:46
2682	188	M50	Joseph Vanik, 50, Corning, IA	2:13:55	2:24:59	10:46
2683	231	M20	Alex Heggen, 22, West Des Moines, IA	2:13:55	2:17:12	10:46
2402	10	W60	Anne McIllece, 64*, Walcott, IA	2:13:56	2:15:15	10:47
2403	489	W25	Breanne Vogel, 27*, Des Moines, IA	2:13:58	2:23:47	10:47
2404	93	W50	Pattie Frohlich, 51*, Harlan, IA	2:13:58	2:24:24	10:47
2684	574	M30	Garth Gillaspie, 33, Des Moines, IA	2:13:59	2:19:03	10:47
2685	124	M55	Terry Oconnor, 58, West Des Moines, IA	2:13:59	2:20:24	10:47
2405	159	W45	Kristin Borgie-Nalan, 45*, West Branch, IA	2:14:01	2:26:08	10:47
2406	425	W35	Jeanette Harvey, 37*, Pleasant Hill, IA	2:14:01	2:22:08	10:47
2407	273	W40	InSun Colerick, 41*, Boone, IA	2:14:02	2:22:24	10:47
2408	426	W35	Jess Santi, 37*, Boone, IA	2:14:02	2:22:24	10:47
2409	51	W17	Janessa Laupp, 18*, Fort Dodge, IA	2:14:02	2:23:46	10:47
2410	543	W30	Adrienne Schmitz, 31*, Des Moines, IA	2:14:03	2:25:06	10:47
2686	52	M60	Craig Ruhde, 63, Saint Joseph, MO	2:14:03	2:19:21	10:47
2687	575	M30	Jon Mahoney, 33, Des Moines, IA	2:14:03	2:20:17	10:47
2411	544	W30	Renee Sorenson, 32*, Mason City, IA	2:14:03	2:21:48	10:47
2412	427	W35	Dawn Smith, 38*, Ankeny, IA	2:14:05	2:19:10	10:47
2413	284	W20	Kourtny Wedeking, 23*, Saint Paul, MN	2:14:05	2:17:26	10:47
2688	53	M60	Larry Jenkins, 63, Ames, IA	2:14:06	2:21:37	10:47
2414	11	W60	Charlotte Meade, 60*, Council Bluffs, IA	2:14:06	2:26:44	10:47
2689	189	M50	Curt Crawford, 52, Adel, IA	2:14:07	2:23:39	10:47
2415	285	W20	Aubrey Gaul, 22*, Tipton, IA	2:14:08	2:26:58	10:48
2690	576	M30	Brian Steinfeldt, 32, Ankeny, IA	2:14:09	2:16:22	10:48
2691	54	M60	Stephen Meade, 62, Council Bluffs, IA	2:14:11	2:26:47	10:48
2416	160	W45	Julie Holt, 45*, Clive, IA	2:14:13	2:26:08	10:48
2417	545	W30	Melissa Boyd, 33*, Indianola, IA	2:14:13	2:21:28	10:48
2692	577	M30	Matthew Kressley, 31, Belle Plaine, IA	2:14:14	2:23:18	10:48
2418	286	W20	Allie Haight, 24*, Ankeny, IA	2:14:14	2:21:04	10:48
2419	546	W30	Kate Pergande, 30*, Marshalltown, IA	2:14:16	2:24:48	10:48
2693	402	M35	Jason Schaben, 37, Ames, IA	2:14:16	2:26:35	10:48
2420	287	W20	Kjirsten Gedwillo, 20*, Omaha, NE	2:14:17	2:21:11	10:48
2421	288	W20	Kaylee Freese, 21*, Phillips, NE	2:14:18	2:21:12	10:48
2422	48	W55	Julia Batten, 57*, Carlisle, IA	2:14:18	2:21:38	10:48
2423	547	W30	Lisa Brunner, 33*, Des Moines, IA	2:14:18	2:24:12	10:48
2424	490	W25	Meggie Tucker, 27*, Clive, IA	2:14:18	2:22:49	10:48
2425	548	W30	Renae Park, 33*, Indianola, IA	2:14:18	2:27:26	10:48
2426	491	W25	Ashley Kenkel, 28*, Des Moines, IA	2:14:19	2:27:29	10:48
2694	403	M35	Jeremy Valley, 37, Altoona, IA	2:14:19	2:17:07	10:48
2427	492	W25	Theresa Dillon, 28*, West Des Moines, IA	2:14:20	2:27:29	10:49
2695	404	M35	Kent Hayes, 35, Ankeny, IA	2:14:21	2:16:30	10:49
2428	161	W45	Josep Domingo-Diedrichs, 49*, Rosemount, MN	2:14:22	2:15:47	10:49
2429	49	W55	Liz Deatsch, 58*, Mystic, IA	2:14:22	2:22:36	10:49
2696	578	M30	Naveen Babu Maram, 31, West Des Moines, IA	2:14:22	2:21:11	10:49



2430	162	W45	Danielle Platt, 46*, Marshalltown, IA	2:14:23	2:27:07	10:49
2697	125	M55	Steve Shifflett, 55, Ames, IA	2:14:23	2:24:07	10:49
2698	55	M60	Joel Cooper, 61, Cedar Falls, IA	2:14:23	2:23:32	10:49
2431	428	W35	Beth Brungardt, 38*, Ames, IA	2:14:24	2:20:46	10:49
2432	163	W45	Bene' Zehr, 49*, Ankeny, IA	2:14:24	2:23:16	10:49
2433	274	W40	Heather Rinderknecht, 40*, Waukee, IA	2:14:25	2:26:09	10:49
2699	126	M55	Kenneth Locasha, 55, West Des Moines, IA	2:14:25	2:24:18	10:49
2700	405	M35	Brian Huber, 38, Marion, IA	2:14:26	2:23:06	10:49
2701	343	M40	Doris Ackerman, 40, Marion, IA	2:14:26	2:23:06	10:49
2434	429	W35	Courtney Wolterman, 36*, Ankeny, IA	2:14:26	2:22:25	10:49
2435	430	W35	Tina Kissell-Erickson, 37*, West Des Moines, IA	2:14:27	2:20:49	10:49
2436	275	W40	Jenni Pfantz, 40*, Mingo, IA	2:14:29	2:23:32	10:49
2437	94	W50	Linda Severino, 53*, Des Moines, IA	2:14:29	2:23:38	10:49
2438	164	W45	Ann Gansemer-Topf, 45*, Ames, IA	2:14:29	2:24:10	10:49
2702	127	M55	Chris Mitchell, 58, Clear Lake, IA	2:14:30	2:18:54	10:49
2439	276	W40	Kathy O'Neill, 43*, Boone, IA	2:14:30	2:18:33	10:49
2440	50	M55	Dorothy Dickens, 58*, Ankeny, IA	2:14:31	2:21:25	10:49
2703	384	M25	John Misra, 27, Ames, IA	2:14:32	2:26:26	10:49
2441	36	JrW	Katelyn Dyer, 15*, Gowrie, IA	2:14:32	2:25:26	10:49
2704	258	M45	Alan Talbert, 47, Marshalltown, IA	2:14:33	2:23:23	10:50
2705	406	M35	Alan Rahe, 37, Des Moines, IA	2:14:33	2:16:29	10:50
2706	259	M45	Kevin Kincaid, 49, Knoxville, IA	2:14:33	2:17:15	10:50
2707	385	M25	Matt Fitzpatrick, 26, St. Louis, MO	2:14:34	2:22:20	10:50
2708	68	M17	Robby Clark, 19, Desoto, IA	2:14:34	2:17:48	10:50
2442	493	W25	Jessie Norton, 29*, West Des Moines, IA	2:14:34	2:20:16	10:50
2443	52	W17	Mariah Mailander, 19*, Anita, IA	2:14:35	2:21:53	10:50
2444	549	W30	Megan Roettger, 33*, Clive, IA	2:14:35	2:24:02	10:50
2445	494	W25	Abby Mailander, 26*, Anita, IA	2:14:35	2:21:53	10:50
2709	232	M20	Seth Jacobs, 24, Iowa City, IA	2:14:36	2:22:57	10:50
2446	277	W40	Jeanny Alger, 41*, Ankeny, IA	2:14:36	2:27:18	10:50
2447	431	W35	Sarah Nelms, 36*, Ankeny, IA	2:14:37	2:27:19	10:50
2710	16	M65	David Dickens, 65, Ankeny, IA	2:14:37	2:21:30	10:50
2448	432	W35	Elizabeth Godwin, 39*, Slater, IA	2:14:37	2:26:25	10:50
2449	433	W35	Jennifer Van Auken, 37*, Urbandale, IA	2:14:38	2:22:00	10:50
2450	495	W25	Jenna Leaven Miller, 28*, Urbandale, IA	2:14:38	2:26:50	10:50
2451	496	W25	Jane Slusark, 26*, Des Moines, IA	2:14:38	2:22:14	10:50
2711	260	M45	Tod McComb, 48, Des Moines, IA	2:14:39	2:24:09	10:50
2452	278	W40	Jodi Van Bell, 41*, Clive, IA	2:14:40	2:22:58	10:50
2712	407	M35	Ryan Carstensen, 36, Ankeny, IA	2:14:40	2:23:01	10:50
2453	497	W25	Rachel Miller, 25*, Des Moines, IA	2:14:40	2:25:09	10:50
2454	434	W35	Melissa Nesbit, 36*, Ankeny, IA	2:14:40	2:19:45	10:50
2713	386	M25	Bryan Gilbert, 27, Ankeny, IA	2:14:40	2:17:26	10:50
2455	550	W30	Deanne Gibbs, 34*, Walford, IA	2:14:41	2:21:41	10:50
2456	165	W45	Kathi Schelker, 49*, Oskaloosa, IA	2:14:42	2:24:31	10:50
2457	435	W35	Tracie Adams, 37*, Boone, IA	2:14:42	2:26:20	10:50
2714	579	M30	William Berning, 32, Des Moines, IA	2:14:43	2:25:00	10:50
2458	95	W50	Kimberly Malloy, 51*, Des Moines, IA	2:14:44	2:22:19	10:50
2715	580	M30	Eric Link, 34, Des Moines, IA	2:14:44	2:25:00	10:50
2459	279	W40	Meta Forbes, 44*, Waterloo, IA	2:14:45	2:22:15	10:50
2460	498	W25	Dana White, 25*, Carlisle, IA	2:14:45	2:27:48	10:51
2461	551	W30	Katie Schnoor, 32*, Carlisle, IA	2:14:45	2:27:48	10:51
2716	261	M45	Travis Kneale, 49, Des Moines, IA	2:14:45	2:20:59	10:51
2717	17	M65	William Chaplin, 66, West Des Moines, IA	2:14:46	2:19:25	10:51
2462	552	W30	Allison Hoversten, 31*, Carlisle, IA	2:14:46	2:27:48	10:51
2718	581	M30	Michael Garvin, 33, Des Moines, IA	2:14:46	2:23:26	10:51
2463	289	W20	Allison Maze, 24*, Cedar Rapids, IA	2:14:47	2:16:45	10:51
2464	280	W40	Marylynn Henderson, 40*, Carson, IA	2:14:48	2:23:28	10:51
2719	18	M65	Thomas Shafer, 65, Ottumwa, IA	2:14:49	2:18:03	10:51
2720	387	M25	Cody Weller, 27, West Des Moines, IA	2:14:49	2:25:30	10:51
2721	388	M25	Carlos Ramirez, 26, Ankeny, IA	2:14:49	2:21:52	10:51
2465	553	W30	Heather Halverson, 32*, Granger, IA	2:14:50	2:22:35	10:51
2466	290	W20	Tessa Even, 23*, Jesup, IA	2:14:50	2:21:44	10:51
2467	281	W40	Carrie Denton, 40*, Raymond, IA	2:14:50	2:22:19	10:51
2468	282	W40	Jody Walsh, 41*, Barnum, IA	2:14:51	2:27:47	10:51

2469	436	W35	Holly Veeder, 36*, Johnston, IA	2:14:53	2:19:20	10:51
2470	291	W20	Keri Egan, 21*, Waukon, IA	2:14:53	2:20:58	10:51
2471	283	W40	Shay Grebin, 41*, Stanton, IA	2:14:53	2:22:59	10:51
2722	408	M35	Jeff Isley, 37, Cumming, IA	2:14:54	2:22:10	10:51
2723	19	M65	Steven Ovel, 65, Cedar Rapids, IA	2:14:54	2:17:57	10:51
2724	409	M35	Jeff Sparks, 39, Glidden, IA	2:14:55	2:19:36	10:51
2472	53	W17	Kylie Bradley, 18*, Urbandale, IA	2:14:55	2:23:26	10:51
2473	437	W35	Stephanie Tullis, 37*, Ankeny, IA	2:14:57	2:16:11	10:51
2474	554	W30	Jordan Hansen, 32*, Hudson, IA	2:14:58	2:22:27	10:52
2475	292	W20	Haley Madsen, 21*, Cedar Rapids, IA	2:14:58	2:24:52	10:52
2476	293	W20	Caitlin Schlader, 23*, Ames, IA	2:14:59	2:17:44	10:52
2477	166	W45	Andrea Dryer, 46*, Cedar Falls, IA	2:14:59	2:21:52	10:52
2478	499	W25	Bo Weber, 25*, Ames, IA	2:15:00	2:17:14	10:52
2725	45	JrM	Gavin Mason, 14, Ankeny, IA	2:15:00	2:24:50	10:52
2726	389	M25	Matthew Eggers, 26, Des Moines, IA	2:15:00	2:22:24	10:52
2479	294	W20	Sarah Smith, 22*, Victor, IA	2:15:00	2:17:14	10:52
2727	190	M50	Doug Righi, 52, West Des Moines, IA	2:15:00	2:27:47	10:52
2728	410	M35	Shay Acheson, 38, Des Moines, IA	2:15:01	2:18:36	10:52
2480	284	W40	Lisa Welshhons, 43*, Indianola, IA	2:15:01	2:22:11	10:52
2729	262	M45	John Lacy, 48, Sarasota, FL	2:15:01	2:22:11	10:52
2730	344	M40	Eric Larson, 44, Des Moines, IA	2:15:02	2:24:44	10:52
2481	438	W35	Renee Fickbohm, 39*, Urbandale, IA	2:15:02	2:25:09	10:52
2482	439	W35	Mandy Shepherd, 35*, Urbandale, IA	2:15:02	2:22:13	10:52
2483	285	W40	Rajeen Tonner, 44*, Conrad, IA	2:15:04	2:22:34	10:52
2484	286	W40	Tabitha Garrett, 40*, Gaithersburg, MD	2:15:04	2:28:15	10:52
2731	390	M25	William Engstrom, 26, Gretna, NE	2:15:05	2:27:10	10:52
2732	582	M30	Paul Haase, 34, Pella, IA	2:15:06	2:23:08	10:52
2733	69	M17	Jacob Bonnstetter, 19, Omaha, NE	2:15:06	2:19:05	10:52
2734	233	M20	Note Thanupakorn, 23, Urbandale, IA	2:15:07	2:18:15	10:52
2485	96	W50	Roma Snook, 54*, Chariton, IA	2:15:07	2:17:08	10:52
2486	440	W35	Stacey Slifka, 38*, Pleasant Hill, IA	2:15:08	2:18:53	10:52
2735	583	M30	Marek Sobieszkoda, 32, Des Moines, IA	2:15:08	2:18:53	10:52
2736	391	M25	Tyler Millard, 28, Waukee, IA	2:15:09	2:22:49	10:52
2487	287	W40	Karen Klinge, 41*, Waukee, IA	2:15:10	2:15:10	10:52
2488	555	W30	Brooke Guinn, 32*, Ames, IA	2:15:12	2:28:10	10:53
2489	500	W25	Natalie Wendler, 29*, Johnston, IA	2:15:13	2:19:46	10:53
2490	441	W35	Kris Evans, 37*, Ames, IA	2:15:13	2:21:31	10:53
2491	442	W35	Cynnamon Brown, 37*, Cabot, AR	2:15:13	2:26:18	10:53
2492	288	W40	Brenda Jones Wiarda, 42*, West Des Moines, IA	2:15:13	2:26:18	10:53
2737	411	M35	Chris Adams, 38, Eagle Grove, IA	2:15:13	2:21:42	10:53
2493	501	W25	Allison Glick, 29*, Hedrick, IA	2:15:14	2:23:27	10:53
2494	295	W20	Sarah Groth, 24*, Webster City, IA	2:15:14	2:17:46	10:53
2495	296	W20	Chelsea Ekeler, 20*, Creston, IA	2:15:14	2:24:21	10:53
2496	289	W40	Amy Lang, 41*, Cedar Falls, IA	2:15:16	2:24:24	10:53
2497	502	W25	Michelle Hertzke, 26*, Ames, IA	2:15:17	2:22:17	10:53
2738	128	M55	Lester Yen, 57, West Des Moines, IA	2:15:18	2:18:57	10:53
2739	584	M30	Micheal Irelan, 34, Des Moines, IA	2:15:18	2:23:19	10:53
2498	503	W25	Courtney Ha, 27*, West Des Moines, IA	2:15:18	2:22:16	10:53
2499	51	W55	Sue Wetsch, 58*, Van Meter, IA	2:15:19	2:27:24	10:53
2500	297	W20	Abigail Swartz, 21*, Eldora, IA	2:15:20	2:21:41	10:53
2501	167	W45	Mary Swartz, 49*, Eldora, IA	2:15:20	2:21:41	10:53
2740	191	M50	Owen Garretson, 51, Oklahoma City, OK	2:15:20	2:19:46	10:53
2502	443	W35	Jodi Bonnett, 38*, Fairfield, IA	2:15:21	2:24:50	10:53
2503	504	W25	Kathleen Johnson, 29*, Ankeny, IA	2:15:22	2:23:52	10:53
2504	290	W40	Jacqueline Reiter, 44*, Jewell, IA	2:15:23	2:21:58	10:54
2505	444	W35	Shelly Brokaw, 39*, Clearfield, IA	2:15:23	2:21:41	10:54
2506	505	W25	Johanna Turner, 27*, Ames, IA	2:15:23	2:21:50	10:54
2741	20	M65	Norman Hulscher, 69, West Des Moines, IA	2:15:23	2:22:26	10:54
2507	298	W20	Courtney Ekeler, 23*, Creston, IA	2:15:25	2:24:32	10:54
2742	129	M55	Josh Engman, 57, Clive, IA	2:15:25	2:16:37	10:54
2508	506	W25	Katie Nicholson, 28*, Ankeny, IA	2:15:27	2:23:06	10:54
2509	507	W25	Erika Ehlers, 26*, Champaign, IL	2:15:28	2:20:51	10:54
2510	556	W30	Angie Atwood, 33*, Fairfield, IA	2:15:30	2:25:16	10:54
2511	299	W20	Debra Hermanson, 20*, Ankeny, IA	2:15:32	2:22:29	10:54

2743	585	M30	Ruth Kevin, 34, Des Moines, IA	2:15:33	2:24:10	10:54
2512	508	W25	Megan Lingenfelter, 29*, Clarion, IA	2:15:33	2:26:03	10:54
2513	300	W20	Alli Steffensmeier, 22*, Des Moines, IA	2:15:33	2:22:29	10:54
2514	509	W25	Alycen Lundberg, 27*, Ames, IA	2:15:34	2:22:47	10:54
2515	510	W25	Meghan Fick, 26*, Ames, IA	2:15:34	2:22:47	10:54
2744	586	M30	Chris Hemesath, 34, Des Moines, IA	2:15:35	2:26:05	10:55
2516	301	W20	Jodi Nordquist, 22*, Beresford, SD	2:15:37	2:24:02	10:55
2745	234	M20	Kevin Waldron, 23, West Des Moines, IA	2:15:38	2:20:05	10:55
2746	192	M50	Mark Fee, 50, Knoxville, IA	2:15:40	2:24:50	10:55
2747	412	M35	Justin DeMoss, 37, Cedar Rapids, IA	2:15:41	2:28:20	10:55
2517	445	W35	Stacy DeMoss, 38*, Cedar Rapids, IA	2:15:42	2:28:21	10:55
2518	291	W40	Kate Rodriguez, 40*, Des Moines, ID	2:15:42	2:22:16	10:55
2748	413	M35	Peter Torres, 37, Des Moines, IA	2:15:43	2:22:09	10:55
2519	446	W35	Kathryn Kinseth, 36*, Des Moines, IA	2:15:44	2:27:03	10:55
2520	168	W45	Judene Haak, 49*, Omaha, NE	2:15:44	2:27:57	10:55
2749	392	M25	Joe Dooley, 25, West Des Moines, IA	2:15:45	2:24:52	10:55
2521	511	W25	Abby McGill, 26*, Des Moines, IA	2:15:45	2:26:55	10:55
2522	97	W50	Laurie Johnson, 51*, Belmond, IA	2:15:46	2:27:11	10:55
2750	56	M60	Jim Mease, 61, Winterset, IA	2:15:46	2:22:02	10:55
2523	557	W30	Jeavenia Jones, 34*, Urbandale, IA	2:15:46	2:27:37	10:55
2524	52	W55	Mona Bleeker, 58*, Steamboat Rock, IA	2:15:48	2:20:36	10:56
2525	512	W25	Nichole Carr, 26*, Greenfield, IA	2:15:49	2:18:02	10:56
2751	393	M25	Brad Rodenburg, 27, Ames, IA	2:15:49	2:19:18	10:56
2752	345	M40	Bill Weber, 44, Osage, IA	2:15:50	2:22:17	10:56
2526	302	W20	Katie Thornberg, 24*, Des Moines, IA	2:15:50	2:23:15	10:56
2527	98	W50	Dawn Nordquist, 50*, Beresford, SD	2:15:51	2:24:16	10:56
2528	447	W35	Raquel Whitehill, 39*, Ankeny, IA	2:15:51	2:22:56	10:56
2529	558	W30	Carissa Letsch, 33*, West Des Moines, IA	2:15:51	2:23:45	10:56
2530	292	W40	Tracy Rafos, 41*, West Des Moines, IA	2:15:51	2:28:40	10:56
2753	46	JrM	Andrew Hancock, 15, Des Moines, IA	2:15:52	2:19:25	10:56
2531	303	W20	Katie Moulton, 22*, Ankeny, IA	2:15:52	2:21:14	10:56
2532	513	W25	Graham Sullivan, 28*, Newton, IA	2:15:53	2:18:18	10:56
2754	414	M35	Ronald Conn, 38, Waukee, IA	2:15:53	2:22:56	10:56
2533	304	W20	Jenna Darsee, 20*, Urbandale, IA	2:15:55	2:24:26	10:56
2534	559	W30	Selma Brkic, 31*, Des Moines, IA	2:15:55	2:21:50	10:56
2535	448	W35	Megan Hill, 36*, West Des Moines, IA	2:15:56	2:23:31	10:56
2536	305	W20	Hannah Lugar, 23*, Kalona, IA	2:15:57	2:24:27	10:56
2537	560	W30	Casey Holmes, 30*, Indianola, IA	2:15:58	2:23:13	10:56
2538	514	W25	Jenni Hossle, 29*, Monroe, IA	2:15:58	2:23:39	10:56
2755	263	M45	Craig Jones, 49, West Des Moines, IA	2:15:59	2:21:51	10:56
2539	449	W35	Shellie Quam, 37*, Johnston, IA	2:16:00	2:22:14	10:57
2756	394	M25	Matthew Bargstadt, 29, West Des Moines, IA	2:16:01	2:22:08	10:57
2757	57	M60	Bob Overstreet, 62, Des Moines, IA	2:16:01	2:18:04	10:57
2540	561	W30	Cindy Meester, 32*, West Des Moines, IA	2:16:01	2:23:48	10:57
2541	450	W35	Kim Higginbotham, 36*, Knoxville, IA	2:16:02	2:19:17	10:57
2758	346	M40	Greg Higginbotham, 41, Knoxville, IA	2:16:02	2:19:17	10:57
2759	264	M45	Gary Selof, 49, Polk City, IA	2:16:03	2:24:12	10:57
2760	415	M35	Mersud Dolic, 35, West Des Moines, IA	2:16:03	2:17:09	10:57
2761	235	M20	Easten Lovelace, 21, Ames, IA	2:16:04	2:26:12	10:57
2762	47	JrM	Max Schlageter, 16, Hastings, IA	2:16:04	2:18:07	10:57
2763	587	M30	Nathan Paul, 30, Altoona, IA	2:16:04	2:18:07	10:57
2542	562	W30	Angie Anderson, 34*, Ames, IA	2:16:04	2:23:50	10:57
2543	293	W40	Amy Wilkinson, 42*, Ankeny, IA	2:16:06	2:22:07	10:57
2544	515	W25	Stephanie Nederhoff, 27*, Windsor Heights, IA	2:16:08	2:19:51	10:57
2764	416	M35	Ryan Hassel, 35, Ankeny, IA	2:16:09	2:23:25	10:57
2545	306	W20	Victoria Chargo, 20*, Jefferson, IA	2:16:09	2:22:55	10:57
2546	516	W25	Catherine Chargo, 26*, Windsor Heights, IA	2:16:09	2:22:55	10:57
2547	563	W30	Jenny Chung, 33*, Johnston, IA	2:16:11	2:22:13	10:57
2548	517	W25	Katie Rock, 28*, Des Moines, IA	2:16:11	2:22:45	10:57
2549	518	W25	Megan Cousins, 27*, West Des Moines, IA	2:16:11	2:22:11	10:57
2550	12	W60	Jo Ferguson, 64*, Marshalltown, IA	2:16:11	2:28:15	10:57
2765	588	M30	Tyler Burkhead, 31, West Des Moines, IA	2:16:11	2:22:11	10:57
2766	417	M35	Cory Nydene, 38, Urbandale, IA	2:16:11	2:22:47	10:57
2551	564	W30	Jennifer Groen, 32*, Mason City, IA	2:16:12	2:23:09	10:58

2767	589	M30	Mike Rouse, 33, Norwalk, IA	2:16:13	2:28:18	10:58
2552	519	W25	Emily Burney, 26*, Des Moines, IA	2:16:13	2:22:09	10:58
2553	307	W20	Natalie Miller, 24*, Grimes, IA	2:16:15	2:21:04	10:58
2554	565	W30	Ashley Mobley, 32*, Urbandale, IA	2:16:15	2:24:49	10:58
2768	236	M20	Adam Schmidt, 24, West Des Moines, IA	2:16:16	2:23:35	10:58
2555	308	W20	Victoria Janson, 22*, Ames, IA	2:16:17	2:24:53	10:58
2556	169	W45	Jody Off, 45*, Des Moines, IA	2:16:17	2:23:36	10:58
2769	237	M20	Justin Becvar, 21, Waukee, IA	2:16:18	2:23:12	10:58
2557	451	W35	Nina Ratzlaff, 38*, Ankeny, IA	2:16:18	2:24:53	10:58
2770	193	M50	Brent Wilson, 52, Johnston, IA	2:16:20	2:21:56	10:58
2558	452	W35	Lyn Anderson, 39*, Marshall Town, IA	2:16:20	2:28:36	10:58
2559	520	W25	Katera O'Rourke, 27*, Clive, IA	2:16:20	2:20:55	10:58
2771	395	M25	James Nowasell, 26, Des Moines, IA	2:16:20	2:20:55	10:58
2772	58	M60	Walt Hunt, 62, Missouri Valley, IA	2:16:21	2:17:33	10:58
2773	59	M60	Howard Hunt Jr., 63, Dixon, IA	2:16:21	2:17:33	10:58
2774	418	M35	Matthew Becker, 35, Des Moines, IA	2:16:23	2:25:49	10:58
2560	453	W35	Terri Hogan, 37*, Ankeny, IA	2:16:24	2:25:03	10:58
2775	396	M25	Vu Vo, 29, Ankeny, IA	2:16:24	2:20:04	10:59
2776	419	M35	McLean Jordan, 39, Ankeny, IA	2:16:25	2:23:28	10:59
2561	309	W20	Claire Voss, 21*, Ames, IA	2:16:25	2:23:59	10:59
2562	310	W20	Lacey Miller, 21*, Riverside, IA	2:16:26	2:24:00	10:59
2777	347	M40	Michael Westlake, 42, Des Moines, IA	2:16:26	2:23:05	10:59
2563	99	W50	Kathleen Mullin, 52*, Ames, IA	2:16:27	2:26:48	10:59
2564	521	W25	Madison Messersmith, 25*, Ames, IA	2:16:27	2:22:51	10:59
2778	4	M70	Richard Nehring, 73, Alden, IA	2:16:28	2:26:35	10:59
2779	265	M45	Chuck Weno, 49, Iowa City, IA	2:16:29	2:19:30	10:59
2780	194	M50	Joe Murdock, 52, Johnston, IA	2:16:30	2:26:29	10:59
2565	566	W30	Whitney Vogt, 30*, Dexter, IA	2:16:31	2:25:33	10:59
2566	567	W30	Stacie Titterington, 34*, West Des Moines, IA	2:16:32	2:26:15	10:59
2567	454	W35	Tami Manz, 35*, Council Bluffs, IA	2:16:33	2:23:55	10:59
2568	455	W35	Heather Hunter, 37*, Ankeny, IA	2:16:33	2:20:52	10:59
2781	420	M35	Jeff Stephens, 37, Grimes, IA	2:16:34	2:25:50	10:59
2569	456	W35	Stacey Busch, 38*, Conrad, IA	2:16:35	2:24:05	10:59
2570	100	W50	Theresa Lynch, 50*, Pleasant Hill, IA	2:16:37	2:28:40	11:00
2571	54	W17	Stephanie Kibby, 19*, Polk City, IA	2:16:39	2:20:26	11:00
2572	55	W17	Taylor Burt, 18*, Slater, IA	2:16:39	2:20:26	11:00
2782	590	M30	Jacob Johnson, 30, Ankeny, IA	2:16:42	2:25:07	11:00
2783	591	M30	Christopher Anderson, 33, Austin, MN	2:16:42	2:26:53	11:00
2784	60	M60	Rik Anderson, 61, Cedar Falls, IA	2:16:42	2:26:53	11:00
2785	348	M40	Alan Backstrom, 43, Van Meter, IA	2:16:42	2:16:42	11:00

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2574	523	W25	Kelly Christensen, 28*, Des Moines, IA	2:16:45	2:27:15	11:00
2786	397	M25	Robert Madison, 28, Orient, IA	2:16:46	2:25:44	11:00
2787	195	M50	Robert Hansell, 54, Ankeny, IA	2:16:46	2:22:40	11:00
2575	101	W50	Joan Gordon, 50*, Creston, IA	2:16:47	2:24:18	11:00
2576	311	W20	Dana Gordon, 20*, Creston, IA	2:16:47	2:24:18	11:00
2577	312	W20	Ashley Flynn, 24*, Hillsboro, IA	2:16:47	2:23:07	11:00
2578	170	W45	Melanie Richardson, 49*, Ankeny, IA	2:16:48	2:18:12	11:00
2788	266	M45	Leo Reiter, 49, Jewell, IA	2:16:49	2:23:24	11:01
2579	457	W35	Amy Bickel, 38*, West Des Moines, IA	2:16:49	2:26:51	11:01
2580	313	W20	Megan Schwartz, 23*, Coralville, IA	2:16:51	2:24:32	11:01
2581	294	W40	Stacie Behrens, 40*, Johnston, IA	2:16:51	2:23:05	11:01
2582	524	W25	Jessica Goeser, 26*, Council Bluffs, IA	2:16:51	2:21:11	11:01
2583	568	W30	Lisa Nelsen, 32*, Mankato, MN	2:16:52	2:25:01	11:01
2584	569	W30	Robyn Reiersen, 31*, Ames, IA	2:16:52	2:26:56	11:01
2585	458	W35	Heather Curtis, 39*, Des Moines, IA	2:16:53	2:24:50	11:01
2586	570	W30	Teresa Kelley, 31*, Ames, IA	2:16:54	2:24:47	11:01
2587	571	W30	Kristina Hildebrand, 31*, Waukee, IA	2:16:56	2:17:32	11:01
2588	171	W45	Kelly Hayertz, 48*, Ankeny, IA	2:16:57	2:24:35	11:01
2789	398	M25	Chris Scheidler, 28, Des Moines, IA	2:16:59	2:23:49	11:01
2790	48	JrM	Beckett LaPrade, 14, Des Moines, IA	2:16:59	2:29:16	11:01

2589	572	W30	Ann Buchmiller Hoffmann, 32*, Johnston, IA	2:16:59	2:30:14	11:01
2791	349	M40	Burch LaPrade, 41, Des Moines, IA	2:16:59	2:29:16	11:01
2792	267	M45	Scott O'Conner, 49, Winterset, IA	2:17:00	2:19:37	11:01
2590	102	W50	Susan Brandt, 51*, Urbandale, IA	2:17:00	2:26:16	11:01
2591	295	W40	Miriam Rinehart, 40*, Waukee, IA	2:17:00	2:25:52	11:01
2592	525	W25	Ann Culver, 26*, Waukee, IA	2:17:00	2:25:06	11:01
2793	399	M25	Justin Hoffmann, 29, Johnston, IA	2:17:00	2:30:15	11:01
2593	573	W30	Lyndsi Roenfeld, 31*, West Des Moines, IA	2:17:01	2:24:35	11:01
2594	574	W30	Kristol Andelin, 31*, Des Moines, IA	2:17:02	2:20:32	11:02
2595	575	W30	Carmen Chipera, 31*, Johnston, IA	2:17:02	2:30:21	11:02
2794	61	M60	Daniel Evers, 61, Cedar Rapids, IA	2:17:03	2:24:48	11:02
2596	526	W25	Stacy Berry, 25*, Des Moines, IA	2:17:04	2:22:47	11:02
2795	350	M40	Michael Montgomery, 44, Ankeny, IA	2:17:04	2:23:57	11:02
2796	421	M35	Andrew Evers, 35, Ames, IA	2:17:04	2:24:48	11:02
2597	314	W20	Sara Galenbeck, 22*, Des Moines, IA	2:17:05	2:21:10	11:02
2598	459	W35	Wendy Van Dyke, 37*, Ames, IA	2:17:07	2:23:43	11:02
2599	576	W30	Sara Victor, 30*, Des Moines, IA	2:17:07	2:23:55	11:02
2600	56	W17	Shay Haverkamp, 17*, Ames, IA	2:17:08	2:25:21	11:02
2601	527	W25	Jenifer Smith, 29*, Des Moines, IA	2:17:08	2:22:51	11:02
2797	592	M30	Andrew Erdman, 34, Ames, IA	2:17:08	2:22:52	11:02
2602	315	W20	Lindsey Taylor, 21*, Kimballton, IA	2:17:10	2:23:54	11:02
2603	460	W35	Emily Sopko, 37*, Forest City, IA	2:17:11	2:25:26	11:02
2604	461	W35	Tracy Helgeson, 36*, Forest City, IA	2:17:11	2:25:26	11:02
2605	528	W25	Erin Christensen, 29*, Urbandale, IA	2:17:11	2:21:37	11:02
2606	577	W30	Angelic Kelly, 32*, Atlantic, IA	2:17:11	2:23:54	11:02
2607	578	W30	Andrea Bruns, 31*, Ankeny, IA	2:17:12	2:22:54	11:02
2608	462	W35	Lisa York, 35*, Ankeny, IA	2:17:13	2:29:46	11:02
2609	296	W40	Jacque Harms, 44*, West Des Moines, IA	2:17:16	2:23:17	11:03
2610	463	W35	Jenny Blackmore, 36*, Holstein, IA	2:17:16	2:28:25	11:03
2798	62	M60	Richard Jones, 60, Emmetsburg, IA	2:17:17	2:30:48	11:03
2611	529	W25	Chelsea Keenan, 25*, Des Moines, IA	2:17:18	2:28:05	11:03
2799	400	M25	Benjamin Hale, 26, Ames, MO	2:17:18	2:23:44	11:03
2612	172	W45	Sandy Vollstedt, 45*, Iowa City, IA	2:17:19	2:22:56	11:03
2800	422	M35	Calvin Miller, 36, Des Moines, IA	2:17:19	2:26:45	11:03
2613	316	W20	Rylie Van Marel, 20*, Ames, IA	2:17:19	2:27:01	11:03
2614	297	W40	Michelle Vander Leest, 42*, Lynnville, IA	2:17:19	2:21:58	11:03
2801	196	M50	Ross Van Marel, 51, Ames, IA	2:17:19	2:27:01	11:03
2802	130	M55	Steve Ryan, 59, Legrand, IA	2:17:21	2:21:20	11:03
2803	351	M40	Roger Main, 41, Maryville, MO	2:17:21	2:28:16	11:03
2804	70	M17	Devin Munyon, 18, Ankeny, IA	2:17:21	2:20:09	11:03
2615	579	W30	Tasha Main, 34*, Maryville, MO	2:17:22	2:28:16	11:03
2805	197	M50	Brent Cooper, 52, Napa, CA	2:17:22	2:24:31	11:03
2616	530	W25	Allison Huey, 28*, Des Moines, IA	2:17:22	2:27:38	11:03
2806	593	M30	Josh Crosser, 33, Cedar Rapids, IA	2:17:25	2:26:28	11:03
2807	401	M25	David Piper, 27, Pleasant Hill, IA	2:17:25	2:28:20	11:03
2617	580	W30	Jessica Eagan, 34*, Norwalk, IA	2:17:26	2:26:31	11:03
2618	464	W35	Jennifer Frakes, 39*, Creston, IA	2:17:26	2:23:50	11:03
2619	581	W30	Audrey Higgins, 34*, Bondurant, IA	2:17:26	2:29:05	11:03
2808	402	M25	Tyler Warner, 25, Peoria, IL	2:17:27	2:24:17	11:04
2620	298	W40	Cindy Rodda, 43*, Fort Lee, VA	2:17:27	2:22:46	11:04
2621	531	W25	Kara Leabhart, 25*, Des Moines, IA	2:17:28	2:28:14	11:04
2622	465	W35	Leslie Dobbs, 39*, Urbandale, IA	2:17:29	2:25:58	11:04
2623	466	W35	Jeriann Leary, 37*, Clive, IA	2:17:29	2:25:58	11:04
2624	467	W35	Beth Ziegmann, 36*, West Des Moines, IA	2:17:29	2:29:34	11:04
2625	468	W35	Julie Gardner, 39*, Ankeny, IA	2:17:30	2:25:59	11:04
2626	532	W25	Alisha Parmerlee, 27*, West Des Monies, IA	2:17:32	2:21:20	11:04
2627	317	W20	Morgan Diedrich, 20*, De Witt, IA	2:17:34	2:27:43	11:04
2809	423	M35	Brian Engstler, 37, Clarion, IA	2:17:35	2:21:53	11:04
2628	173	W45	April Cooper, 46*, Grinnell, IA	2:17:35	2:30:39	11:04
2629	469	W35	Cindy Abrahamson, 39*, Oskaloosa, IA	2:17:37	2:27:27	11:04
2630	103	W50	Anita Grgurich, 52*, Indianola, IA	2:17:37	2:24:23	11:04
2631	57	W17	Makayla Tendall, 19*, Waukee, IA	2:17:37	2:25:15	11:04
2810	198	M50	Curt Gause, 54, Pleasant Hill, IA	2:17:39	2:21:41	11:05
2811	594	M30	Stu Essex, 31, Urbandale, IA	2:17:41	2:25:17	11:05
2812	131	M55	James Porter, 58, Iowa City, IA	2:17:43	2:25:23	11:05

2813	132	M55	Ronald Dorin, 58, Pleasant Hill, IA	2:17:48	2:18:39	11:05
2632	470	W35	Tacy Hawk, 38*, Eddyville, IA	2:17:48	2:27:54	11:05
2633	582	W30	Ashley Maynard, 30*, Cedar Rapids, IA	2:17:49	2:24:53	11:05
2634	104	W50	Joyce Wiederin, 54*, Lake City, IA	2:17:50	2:25:25	11:05
2635	318	W20	Kendra Gliem, 20*, Desoto, IA	2:17:50	2:21:05	11:05
2636	471	W35	Maria Bouchard, 38*, Marcus, IA	2:17:50	2:29:30	11:05
2637	583	W30	Sarah Moulton, 32*, Ankeny, IA	2:17:51	2:23:13	11:05
2638	533	W25	Kristin Howell, 27*, Urbandale, IA	2:17:52	2:30:25	11:06
2814	352	M40	Jayme Lentz, 40, Algona, IA	2:17:53	2:22:07	11:06
2639	319	W20	Teagan Erikson-Willet, 22*, Ames, IA	2:17:54	2:28:43	11:06
2815	199	M50	Ken Henke, 51, Norwalk, IA	2:17:54	2:28:35	11:06
2640	174	W45	Mary Jo Smith, 49*, Runnells, IA	2:17:56	2:23:47	11:06
2641	584	W30	Sara Swihart, 32*, Altoona, IA	2:17:56	2:31:15	11:06
2816	353	M40	Jason Vargason, 41, Ankeny, IA	2:17:57	2:27:49	11:06
2817	403	M25	Bryan Whitman, 27, Grand Mound, IA	2:17:59	2:17:59	11:06
2642	585	W30	Laura Jennings, 33*, Ankeny, IA	2:18:00	2:29:39	11:06
2643	472	W35	Charlee Eekhoff, 37*, Otley, IA	2:18:01	2:24:23	11:06
2644	105	W50	Lori Bosley, 50*, Slater, IA	2:18:02	2:24:24	11:06
2818	354	M40	Brian Anderson, 41, Nevada, IA	2:18:05	2:25:55	11:07
2645	473	W35	Katie White, 37*, Ames, IA	2:18:05	2:25:54	11:07
2646	586	W30	Brianne Sears, 33*, South Greenfield, MO	2:18:06	2:24:04	11:07
2647	474	W35	Bethany Whitesell, 35*, South Greenfield, MO	2:18:07	2:24:04	11:07
2648	320	W20	Erin Sullivan, 21*, West Des Moines, IA	2:18:10	2:27:14	11:07
2819	200	M50	Pat Calvert, 51, Urbandale, IA	2:18:10	2:26:07	11:07
2649	321	W20	Hannah Bygd, 22*, Ames, IA	2:18:11	2:25:21	11:07
2820	404	M25	James Heggen, 26, Des Moines, IA	2:18:11	2:28:59	11:07
2821	201	M50	Sam Carrell, 52, Des Moines, IA	2:18:12	2:24:47	11:07
2650	322	W20	Caryn Keller, 21*, Dallas Center, IA	2:18:12	2:21:07	11:07
2822	424	M35	Ryan Brooker, 36, Runnells, IA	2:18:13	2:30:13	11:07
2651	299	W40	Kim Johnson, 41*, Des Moines, IA	2:18:13	2:24:47	11:07
2652	587	W30	Heather Sloma-Weber, 34*, Tipton, IA	2:18:13	2:28:06	11:07
2653	106	W50	Christie Pence, 53*, Eldora, IA	2:18:14	2:25:57	11:07
2654	588	W30	Sara J Brown, 31*, Des Moines, IA	2:18:14	2:18:55	11:07
2655	107	W50	Lori Rubie, 51*, Clive, IA	2:18:14	2:26:22	11:07
2823	355	M40	Aaron Louscher, 41, Algona, IA	2:18:14	2:22:27	11:07
2656	175	W45	Lisa Failla, 49*, Colby, KS	2:18:17	2:27:35	11:08
2657	176	W45	Sharon Jaeschke, 49*, Gowrie, IA	2:18:17	2:30:40	11:08
2824	238	M20	Brian Little, 22, Ames, IA	2:18:17	2:27:46	11:08
2825	405	M25	Nicholas Fitch, 27, Johnston, IA	2:18:19	2:24:49	11:08
2658	323	W20	Alexandra Madole, 22*, Granger, IA	2:18:19	2:25:25	11:08
2826	239	M20	Jason Mott, 24, New Hampton, IA	2:18:20	2:27:26	11:08
2827	356	M40	Tony Lovejoy, 40, Urbandale, IA	2:18:21	2:25:21	11:08
2659	108	W50	Sherry Cummings, 51*, Pleasantville, IA	2:18:22	2:26:38	11:08
2660	475	W35	Melissa Criswell, 35*, Saint Charles, IA	2:18:23	2:28:19	11:08
2661	300	W40	Sue Olson, 44*, Ankeny, IA	2:18:23	2:28:19	11:08
2662	589	W30	Amanda Nobles, 30*, Holstein, IA	2:18:24	2:29:33	11:08
2663	324	W20	Rachel Craig, 24*, Cedar Rapids, IA	2:18:25	2:25:34	11:08
2664	476	W35	Dana Riley, 37*, Des Moines, IA	2:18:26	2:20:04	11:08
2665	109	W50	Christine Hartman, 50*, Ankeny, IA	2:18:26	2:27:29	11:08
2666	590	W30	Jill Boor, 34*, Ankeny, IA	2:18:27	2:27:29	11:08
2667	477	W35	Jane Opheim, 37*, Oskaloosa, IA	2:18:28	2:28:17	11:08
2668	591	W30	Amy Miller, 34*, Madrid, IA	2:18:28	2:26:20	11:08
2828	406	M25	Matthew White, 28, Polk City, IA	2:18:30	2:30:56	11:09
2669	301	W40	Keri Meyer, 42*, Johnston, IA	2:18:30	2:27:47	11:09
2670	534	W25	Amanda Rubie, 25*, Ames, IA	2:18:30	2:26:38	11:09
2671	302	W40	Tracy Whisler, 42*, Grimes, IA	2:18:31	2:24:47	11:09
2672	177	W45	Sue Strain, 47*, Urbandale, IA	2:18:31	2:31:08	11:09
2673	478	W35	Laura Martin, 37*, West Des Moines, IA	2:18:32	2:20:10	11:09
2674	178	W45	Kristin Hunt, 45*, Ankeny, IA	2:18:33	2:26:13	11:09
2675	303	W40	Bobbi Kleinschmidt, 40*, Grimes, IA	2:18:34	2:29:59	11:09
2676	535	W25	Ashley Rolffs, 26*, Pella, IA	2:18:34	2:26:02	11:09
2677	536	W25	Ashley Johnson, 26*, Pella, IA	2:18:35	2:26:03	11:09
2829	357	M40	Carlos Herrera, 43, Knoxville, IA	2:18:36	2:30:23	11:09
2678	479	W35	Janet Lose, 39*, Des Moines, IA	2:18:36	2:28:27	11:09

2679	592	W30	Francine Brown, 33*, Ankeny, IA	2:18:37	2:22:54	11:09
2680	304	W40	Julie Herrera, 43*, Knoxville, IA	2:18:37	2:30:24	11:09
2681	593	W30	Jana Daisy, 31*, Ankeny, IA	2:18:38	2:26:23	11:09
2682	594	W30	Kristine Holladay, 34*, Lenexa, KS	2:18:38	2:28:16	11:09
2683	58	W17	Samantha Riordan, 18*, Norwalk, IA	2:18:39	2:28:17	11:09
2684	53	W55	Charlotte Meenan, 55*, Dexter, IA	2:18:41	2:27:43	11:10
2685	480	W35	Betsy Lambertsen, 35*, Waukee, IA	2:18:42	2:28:16	11:10
2686	481	W35	Leann Subbert, 35*, Ankeny, IA	2:18:42	2:26:22	11:10
2687	482	W35	Kathy Nauman, 39*, Peosta, IA	2:18:43	2:28:38	11:10
2830	63	M60	Scott Hinckley, 64, Omaha, NE	2:18:43	2:29:41	11:10
2688	595	W30	Andrea Wilson, 34*, Kirksville, MO	2:18:43	2:29:41	11:10
2689	596	W30	Joy Schneider, 33*, Ames, IA	2:18:43	2:29:11	11:10
2690	537	W25	Andi Kaufman, 25*, Colo, IA	2:18:44	2:22:09	11:10
2691	305	W40	Rebecca Madison, 44*, Ames, IA	2:18:44	2:25:43	11:10
2692	306	W40	Michelle Hoops, 44*, Des Moines, IA	2:18:45	2:20:43	11:10
2831	358	M40	Michael Jensen, 42, Clive, IA	2:18:47	2:26:42	11:10
2693	538	W25	Megan Williams, 28*, Norwalk, IA	2:18:48	2:30:18	11:10
2694	325	W20	Taylor Anliker, 20*, Ellsworth Afb, SD	2:18:48	2:25:20	11:10
2695	597	W30	Jennifer Gonnerman-Mumm, 33*, Waukee, IA	2:18:49	2:26:15	11:10
2832	595	M30	Jeremy Stegall, 30, West Des Moines, IA	2:18:49	2:22:14	11:10
2696	539	W25	Crystal Becker, 26*, Columbia, MO	2:18:49	2:25:21	11:10
2697	59	W17	Paige Framke, 19*, Onawa, IA	2:18:49	2:25:04	11:10
2698	598	W30	Felicia Collison, 33*, Bondurant, IA	2:18:49	2:25:04	11:10
2833	202	M50	Joe Anderson, 51, West Des Moines, IA	2:18:49	2:22:28	11:10
2834	407	M25	Caleb Anliker, 26, Granger, IA	2:18:50	2:25:21	11:10
2699	540	W25	Lara Van Wyk, 27*, Waukee, IA	2:18:52	2:26:23	11:10
2700	541	W25	Julie Holscher, 25*, Clear Lake, IA	2:18:55	2:18:55	11:11
2835	359	M40	Dan McElroy, 40, West Des Moines, IA	2:18:55	2:21:37	11:11
2701	542	W25	Allison Gill, 26*, Des Moines, IA	2:18:59	2:20:02	11:11
2836	596	M30	Adam Ryan, 31, Johnston, IA	2:18:59	2:21:24	11:11
2702	483	W35	Christie Anliker, 38*, Columbia, MO	2:18:59	2:25:31	11:11
2837	268	M45	Buddy Anliker, 45, Columbia, MO	2:19:00	2:25:31	11:11
2703	599	W30	Jennifer Blake, 34*, Shawano, WI	2:19:03	2:28:55	11:11
2704	484	W35	Paula Genkinger, 39*, Granger, IA	2:19:03	2:26:49	11:11
2838	133	M55	John Lott, 57, Ames, IA	2:19:04	2:24:08	11:11
2705	600	W30	Kate Sirridge, 30*, Ames, IA	2:19:04	2:31:48	11:11
2706	601	W30	Becca Mette, 32*, Ames, IA	2:19:04	2:31:48	11:11
2839	71	M17	Michael Hannon, 17, Saint Paul, MN	2:19:05	2:30:59	11:11
2707	54	W55	Rose Jennings, 58*, Donnellson, IA	2:19:05	2:26:34	11:11
2708	543	W25	Rachael. Baethke, 27*, Ankeny, IA	2:19:07	2:26:43	11:12
2709	602	W30	Mindy Pickerell, 33*, Cedar Rapids, IA	2:19:08	2:24:51	11:12
2710	603	W30	Jamie Pippert, 34*, Spencer, IA	2:19:09	2:31:29	11:12
2711	604	W30	Roxanne Heimann, 30*, Dike, IA	2:19:09	2:19:09	11:12
2712	307	W40	Libby Byers, 40*, Carlisle, IA	2:19:09	2:22:37	11:12
2840	597	M30	Justin Roth, 32, Des Moines, IA	2:19:10	2:25:03	11:12
2713	326	W20	Kelsey Reitmeier, 22*, Waukee, IA	2:19:10	2:26:29	11:12
2841	598	M30	Benjamin Ruther, 31, Ames, IA	2:19:11	2:29:40	11:12
2714	544	W25	Tiffany Beyer, 25*, Des Moines, IA	2:19:11	2:26:30	11:12
2715	327	W20	Kimberly Bertram, 23*, Davenport, IA	2:19:11	2:32:23	11:12
2716	328	W20	Amanda De Hoedt, 24*, Iowa City, IA	2:19:12	2:26:36	11:12
2842	408	M25	Michael Weslander, 26, Des Moines, IA	2:19:13	2:26:36	11:12
2717	110	W50	Angela Budnik, 52*, Donnellson, IA	2:19:13	2:26:42	11:12
2718	605	W30	Jennifer Higgins, 30*, Des Moines, IA	2:19:14	2:31:15	11:12
2719	55	W55	Karen Hoff, 55*, Urbandale, IA	2:19:14	2:20:26	11:12
2720	485	W35	Debbie Fiderlein, 38*, West Branch, IA	2:19:15	2:31:22	11:12
2721	60	W17	Tess Haverkamp, 19*, Ames, IA	2:19:15	2:27:28	11:12
2722	179	W45	Tori Haverkamp, 45*, Ames, IA	2:19:16	2:27:29	11:12
2723	329	W20	Sydney Boothe, 21*, Ames, IA	2:19:16	2:28:44	11:12
2843	134	M55	Alan Fukushima, 57, Ames, IA	2:19:17	2:29:39	11:12
2844	599	M30	Tim Rypma, 33, Des Moines, IA	2:19:18	2:20:23	11:12
2845	600	M30	Austin Gill, 34, Des Moines, IA	2:19:18	2:27:57	11:13
2724	308	W40	Jeanette Kratofil, 43*, Indianola, IA	2:19:19	2:27:15	11:13
2725	486	W35	Amy Thill, 37*, Pleasantville, IA	2:19:20	2:28:54	11:13
2846	601	M30	Sack Pephirom, 34, Des Moines, IA	2:19:20	2:27:50	11:13
2847	203	M50	Bernie Burke, 51, Des Moines, IA	2:19:20	2:27:50	11:13

2726	487	W35	Heather Mora, 39*, Norwalk, IA	2:19:21	2:28:55	11:13
2727	309	W40	Content Geary, 42*, Des Moines, IA	2:19:21	2:31:04	11:13
2848	602	M30	Scott Stegg, 33, Ankeny, IA	2:19:21	2:29:05	11:13
2728	488	W35	Yenny Cook, 35*, North Liberty, IA	2:19:23	2:28:58	11:13
2729	180	W45	Tracey Boothe, 46*, Ames, IA	2:19:23	2:28:51	11:13
2730	606	W30	Denise Burrow, 34*, Waukee, IA	2:19:23	2:26:29	11:13
2731	545	W25	Janell Bollard, 25*, Pella, IA	2:19:24	2:28:28	11:13
2732	181	W45	Susan Healy, 47*, West Des Moines, IA	2:19:26	2:25:53	11:13
2733	607	W30	Melissa Garrels, 33*, Clive, IA	2:19:26	2:28:54	11:13
2849	204	M50	Dennis O'Donnell, 52, Marengo, IA	2:19:27	2:30:43	11:13
2734	182	W45	Kristi Tetmeyer, 45*, West Des Moines, IA	2:19:28	2:28:10	11:13
2735	546	W25	Casey Huck, 28*, Des Moines, IA	2:19:31	2:32:23	11:13
2736	547	W25	Jessica Meyer, 29*, Ankeny, IA	2:19:31	2:27:17	11:14
2737	608	W30	Danita Janssen, 33*, Iowa Falls, IA	2:19:32	2:20:19	11:14
2738	548	W25	Haleigh Skaggs, 25*, Bloomfield, IA	2:19:33	2:29:49	11:14
2739	489	W35	Nicole Waskow, 35*, Decorah, IA	2:19:33	2:26:28	11:14
2740	490	W35	Jennifer Heller, 38*, Cedar Falls, IA	2:19:34	2:25:43	11:14
2741	549	W25	Rebecca Miller, 28*, Clive, IA	2:19:34	2:29:02	11:14
2850	360	M40	Andrew Ryder, 41, Ames, IA	2:19:36	2:27:27	11:14
2742	61	W17	Emily Maruth, 18*, Ankeny, IA	2:19:37	2:23:02	11:14
2743	609	W30	Amy Moser, 31*, Galesburg, IL	2:19:39	2:20:18	11:14
2744	330	W20	Brandi McCormick, 22*, Norwalk, IA	2:19:39	2:31:09	11:14
2851	361	M40	Christopher Parrish, 44, West Branch, IA	2:19:40	2:27:14	11:14
2745	310	W40	Andrea Hallman, 44*, Waukee, IA	2:19:46	2:26:21	11:15
2746	111	W50	Donna Dolezal, 50*, Iowa City, IA	2:19:46	2:25:23	11:15
2747	331	W20	Bethany Dorin, 24*, Pleasant Hill, IA	2:19:48	2:24:40	11:15
2852	240	M20	Colin Ryan, 20, Webster City, IA	2:19:50	2:29:46	11:15
2748	311	W40	Patricia Williams, 43*, Urbandale, IA	2:19:51	2:29:38	11:15
2749	332	W20	Katie Ricketts, 23*, Des Moines, IA	2:19:52	2:25:25	11:15
2750	610	W30	Heidi Floerchinger, 30*, Minneapolis, MN	2:19:52	2:25:49	11:15
2751	611	W30	Brenna Rueschhoff, 31*, Des Moines, IA	2:19:52	2:27:20	11:15
2752	312	W40	Jamie Tullis, 41*, Boone, IA	2:19:53	2:31:31	11:15
2853	425	M35	Matt Tracy, 35, Waterloo, IA	2:19:53	2:23:51	11:15
2753	491	W35	Stacy Askelsen, 38*, Boone, IA	2:19:53	2:31:31	11:15
2754	492	W35	Dawn Farrell, 39*, Clive, IA	2:19:56	2:26:08	11:16
2755	612	W30	Cat Blakesley, 34*, Des Moines, IA	2:19:58	2:30:18	11:16
2854	409	M25	Thomas Blakesley, 29, Des Moines, IA	2:19:59	2:30:18	11:16
2756	613	W30	Cara Weis, 31*, Des Moines, IA	2:20:01	2:32:35	11:16
2757	614	W30	Nicole Cummings, 31*, Carroll, IA	2:20:01	2:26:02	11:16
2758	550	W25	Alyssa Jones, 28*, Guthrie Center, IA	2:20:02	2:29:28	11:16
2855	410	M25	Curt Hunt, 29, Guthrie Center, IA	2:20:02	2:29:28	11:16
2856	426	M35	Aaron Sheeler, 37, West Des Moines, IA	2:20:04	2:23:51	11:16
2759	615	W30	Mychele Herring, 30*, Waukee, IA	2:20:04	2:27:01	11:16
2760	616	W30	Heidi Sharp, 34*, Des Moines, IA	2:20:05	2:29:57	11:16
2857	411	M25	Blake Bach, 26, Ames, IA	2:20:08	2:29:15	11:16
2858	427	M35	Jeramy Breese, 37, Des Moines, IA	2:20:08	2:29:15	11:17
2761	551	W25	Megan Kampen, 28*, Ottosen, IA	2:20:13	2:30:06	11:17
2762	617	W30	Anna Caswell, 31*, Minneapolis, MN	2:20:14	2:28:20	11:17
2763	618	W30	Brandy Horton, 32*, Altoona, IA	2:20:15	2:32:09	11:17
2859	412	M25	Adam Trowitch, 25, Urbandale, IA	2:20:17	2:28:51	11:17
2764	552	W25	Jonay Stockton, 26*, Ankeny, IA	2:20:17	2:27:07	11:17
2765	553	W25	Natalie Graefenhain, 25*, Naperville, IL	2:20:17	2:30:26	11:17
2860	135	M55	Russell Laczniak, 56, Ames, IA	2:20:18	2:29:37	11:17
2861	64	M60	Ronald Mowers, 64, Ames, IA	2:20:18	2:29:37	11:17
2766	333	W20	Cari Trowitch, 24*, Urbandale, IA	2:20:19	2:28:52	11:17
2767	493	W35	Cassandra Halls, 36*, Des Moines, IA	2:20:19	2:30:34	11:17
2862	362	M40	Todd Wirth, 42, Altoona, IA	2:20:23	2:27:35	11:18
2863	363	M40	Samuel Millen, 43, Ankeny, IA	2:20:23	2:33:28	11:18
2864	603	M30	Justin Schaben, 30, Omaha, NE	2:20:23	2:32:42	11:18
2768	334	W20	Annette Beswick, 24*, Johnston, IA	2:20:23	2:24:39	11:18
2769	313	W40	Karen Austin, 44*, Carlisle, IA	2:20:24	2:33:23	11:18
2770	554	W25	Kristina Beswick, 27*, West Des Moines, IA	2:20:26	2:24:42	11:18
2771	56	W55	Judy Beswick, 58*, Johnston, IA	2:20:26	2:24:42	11:18
2772	183	W45	Kandace Drees-Dunn, 45*, Norwalk, IA	2:20:27	2:26:28	11:18
2773	62	W17	Nicole Ackerman, 17*, Johnston, IA	2:20:27	2:25:57	11:18



2774	555	W25	Nicole Oneyear, 26*, Ames, IA	2:20:28	2:31:38	11:18
2775	335	W20	Linley Bruess, 23*, West Des Moines, IA	2:20:29	2:28:27	11:18
2776	112	W50	Penny Frey, 50*, Earlham, IA	2:20:29	2:28:17	11:18
2777	113	W50	Teresa Algreen, 50*, Earlham, IA	2:20:29	2:28:17	11:18
2865	269	M45	Michael Reese, 48, Wheaton, IL	2:20:32	2:27:13	11:18
2866	413	M25	Chris Proctor, 29, Des Moines, IA	2:20:34	2:33:09	11:19
2778	556	W25	Jenna Irving, 28*, Urbandale, IA	2:20:35	2:30:05	11:19
2867	241	M20	Justin Wyckoff, 23, Carlisle, IA	2:20:36	2:34:49	11:19
2779	336	W20	Kristin Wheeler, 23*, St. Paul, MN	2:20:38	2:30:26	11:19
2780	57	W55	Mary Johnson, 55*, Ankeny, IA	2:20:39	2:30:36	11:19
2781	494	W35	Amy Tracy, 38*, Waterloo, IA	2:20:40	2:24:38	11:19
2868	604	M30	Isaiah McGee, 33, Waukee, IA	2:20:46	2:25:01	11:20
2869	136	M55	Steve Myrtue, 59, Fort Madison, IA	2:20:48	2:21:56	11:20
2782	619	W30	Amelia Palmer, 31*, Des Moines, IA	2:20:49	2:31:47	11:20
2783	114	W50	Robin Clark, 51*, Eldora, IA	2:20:50	2:27:33	11:20
2870	205	M50	Bradley Cutler, 50, Des Moines, IA	2:20:50	2:27:54	11:20
2871	137	M55	Alan Anderson, 55, Urbandale, IA	2:20:52	2:24:26	11:20
2872	605	M30	Zach Erickson, 33, Indianola, IA	2:20:53	2:31:17	11:20
2784	620	W30	Mandy Stoner, 32*, Carlisle, IA	2:20:53	2:33:54	11:20
2785	58	W55	Rosalie Harden, 58*, Rockford, IA	2:20:55	2:28:13	11:20
2786	337	W20	Mary Bolling, 23*, Des Moines, IA	2:20:55	2:33:06	11:20
2787	557	W25	Jamie Newel, 28*, Grimes, IA	2:20:55	2:28:12	11:20
2873	364	M40	Aaron Putnam, 42, Des Moines, IA	2:20:57	2:33:21	11:20
2874	428	M35	E Dean Putnam, 36, Des Moines, Iowa, Ia	2:20:57	2:33:21	11:20
2875	138	M55	Roger Norgren, 57, Rippey, IA	2:20:58	2:34:22	11:20
2788	558	W25	Megan Moreland, 29*, West Des Moines, IA	2:20:58	2:30:09	11:21
2876	429	M35	Matt Weber, 36, Urbandale, IA	2:20:59	2:25:07	11:21
2877	49	JrM	Ethan Reames, 16, Grinnell, IA	2:21:01	2:24:02	11:21
2878	414	M25	Alexander Mortenson, 28, Bondurant, IA	2:21:04	2:27:16	11:21
2879	606	M30	Neil Schlader, 34, Dubuque, IA	2:21:04	2:26:40	11:21
2789	338	W20	Amara Schlader, 20*, Dubuque, IA	2:21:05	2:26:41	11:21
2880	415	M25	Keith Reisetter, 28, Oskaloosa, IA	2:21:05	2:30:07	11:21
2790	621	W30	Katie Carter, 30*, Jackson, MN	2:21:06	2:29:19	11:21
2791	63	W17	Kelly Carmichael, 19*, Marshalltown, IA	2:21:06	2:28:45	11:21
2792	339	W20	Autumn Reisetter, 24*, Oskaloosa, IA	2:21:06	2:30:08	11:21
2793	559	W25	Jessica Hein, 26*, Cedar Falls, IA	2:21:06	2:29:01	11:21
2794	340	W20	Erin Richardson, 20*, Ankeny, IA	2:21:07	2:22:31	11:21
2881	416	M25	Jordan Hein, 27, Cedar Falls, IA	2:21:07	2:29:02	11:21
2795	341	W20	Kelsey Wood, 24*, Ankeny, IA	2:21:07	2:28:04	11:21
2796	560	W25	Taryn Randall, 25*, Ames, IA	2:21:07	2:28:04	11:21
2797	115	W50	Laurie Donnenwerth, 53*, Sheffield, IA	2:21:08	2:22:03	11:21
2798	495	W35	Rachel Hoffman, 35*, Centerville, IA	2:21:08	2:27:27	11:21
2799	116	W50	Jane Galyon, 52*, Ames, IA	2:21:08	2:32:42	11:21
2800	496	W35	Kate Hash, 36*, Centerville, IA	2:21:08	2:27:27	11:21
2882	607	M30	Kevin Foust, 31, West Des Moines, IA	2:21:10	2:23:53	11:21
2801	561	W25	Maggie Booth, 25*, Cedar Rapids, IA	2:21:10	2:26:52	11:21
2802	314	W40	Allison Sindlinger, 42*, Clive, IA	2:21:10	2:33:27	11:21
2883	430	M35	Andy Jepson, 35, Clive, IA	2:21:10	2:24:06	11:22
2803	497	W35	Kavitha Kalyanaraman, 38*, Johnston, IA	2:21:12	2:27:33	11:22
2884	417	M25	Tim Jennings, 28, Ankeny, IA	2:21:12	2:22:57	11:22
2885	365	M40	Gary Magneson, 44, Urbandale, IA	2:21:15	2:34:01	11:22
2886	418	M25	Ryan King, 29, Ankeny, IA	2:21:16	2:27:46	11:22
2804	342	W20	Laura Rickey, 24*, Oak Creek, WI	2:21:18	2:26:51	11:22
2887	242	M20	Daniel Faas, 24, Ames, IA	2:21:18	2:31:53	11:22
2805	343	W20	Marissa Simplot, 23*, Indianola, IA	2:21:18	2:28:55	11:22
2806	498	W35	Stacey Baker, 39*, West Des Moines, IA	2:21:19	2:30:46	11:22
2807	117	W50	Jeananne Kleckner, 50*, Van Meter, IA	2:21:19	2:33:28	11:22
2808	562	W25	Megan Powers, 29*, Chicago, IL	2:21:22	2:27:56	11:22
2809	563	W25	Michelle Thompson, 25*, Elkhorn, NE	2:21:22	2:28:23	11:22
2810	564	W25	Michelle Butler, 27*, West Des Moines, IA	2:21:23	2:34:29	11:23
2811	499	W35	Suzet Nelson, 39*, Urbandale, IA	2:21:24	2:31:44	11:23
2888	431	M35	Matt Wilson, 36, Kirksville, MO	2:21:27	2:32:25	11:23
2889	243	M20	Matthew Hanselman, 22, Cedar Falls, IA	2:21:29	2:28:47	11:23
2812	622	W30	Ashley Dillinger, 30*, Polk City, IA	2:21:29	2:32:42	11:23
2890	608	M30	Shane Ort, 33, Prairie City, IA	2:21:30	2:29:12	11:23

2813	623	W30	Nichole Mason, 30*, Cedar Rapids, IA	2:21:30	2:30:06	11:23
2814	624	W30	Jennifer Rathje, 32*, Ankeny, IA	2:21:30	2:25:11	11:23
2815	565	W25	Laura Tronchetti, 25*, Clive, IA	2:21:31	2:26:47	11:23
2816	566	W25	Nicole Bentler, 26*, Urbandale, IA	2:21:32	2:26:48	11:23
2891	366	M40	Jim Crowley, 43, Urbandale, IA	2:21:32	2:30:21	11:23
2817	13	W60	Caryn Westman, 61*, Chariton, IA	2:21:32	2:25:18	11:23
2818	625	W30	Katie Warner, 32*, Council Bluffs, IA	2:21:33	2:28:13	11:23
2892	419	M25	Tanner Ludwig, 28, Bondurant, IA	2:21:33	2:25:21	11:23
2893	367	M40	David Rowe, 41, Des Moines, IA	2:21:34	2:27:13	11:23
2819	567	W25	Katie Schwartz, 26*, Coralville, IA	2:21:35	2:29:17	11:24
2820	315	W40	Kara Dunham, 41*, Waukee, IA	2:21:36	2:27:57	11:24
2894	50	JrM	Spencer Dunham, 12, Waukee, IA	2:21:36	2:27:57	11:24
2895	420	M25	Jay Devries, 29, Grimes, IA	2:21:37	2:33:25	11:24
2896	609	M30	Marvin Young, 30, Des Moines, IA	2:21:39	2:33:21	11:24
2821	316	W40	Linda Crowley, 43*, Urbandale, IA	2:21:39	2:30:20	11:24
2822	626	W30	Amber Frantum, 32*, Prole, IA	2:21:40	2:34:43	11:24
2823	317	W40	Amy Amua-Sekyi, 43*, Bellevue, NE	2:21:41	2:28:29	11:24
2824	627	W30	Erin Anderson, 34*, Urbandale, IA	2:21:41	2:27:32	11:24
2897	139	M55	Bruce Rehmke, 59, Peosta, IA	2:21:41	2:27:32	11:24
2825	500	W35	Tara McFarling, 37*, Clive, IA	2:21:42	2:31:00	11:24
2826	501	W35	Lynn Wattier, 36*, Urbandale, IA	2:21:42	2:31:00	11:24
2898	206	M50	Scott Clayberg, 52, Clive, IA	2:21:43	2:24:46	11:24
2827	318	W40	Denise Ferreira, 43*, Des Moines, IA	2:21:43	2:24:52	11:24
2899	140	M55	Jim McElroy, 59, Johnston, IA	2:21:44	2:24:25	11:24
2828	628	W30	Liz Jans, 31*, North Liberty, IA	2:21:44	2:29:18	11:24
2900	141	M55	Richard Deming, 59, Des Moines, IA	2:21:44	2:28:17	11:24
2829	502	W35	Melinda Kuennen, 36*, West Des Moines, IA	2:21:45	2:29:14	11:24
2830	319	W40	Kathy Schramm, 44*, Clive, IA	2:21:45	2:29:14	11:24
2831	568	W25	Pon Thipyothin, 29*, Ankeny, IA	2:21:47	2:34:53	11:24
2832	629	W30	Allison Yem, 31*, St. Louis Park, MN	2:21:48	2:27:25	11:25
2833	630	W30	Erin Litton, 31*, Iowa City, IA	2:21:48	2:27:25	11:25
2834	631	W30	Autumn Hoadley, 31*, Orient, IA	2:21:50	2:25:08	11:25
2835	118	W50	Rahn Johnson, 50*, Marshalltown, IA	2:21:54	2:29:38	11:25
2836	632	W30	Keeley Nyman, 33*, Omaha, NE	2:21:56	2:34:45	11:25
2901	610	M30	Matt Weis, 33, Elkhart, IA	2:21:56	2:28:08	11:25
2837	569	W25	Mackenzie Thomas, 26*, Grimes, IA	2:21:57	2:24:54	11:25
2838	344	W20	Kristen Richey, 22*, Ames, IA	2:21:57	2:30:55	11:25
2839	570	W25	Ashley Sabatka, 28*, Omaha, NE	2:21:57	2:34:46	11:25
2902	207	M50	John Esser, 51, Urbandale, IA	2:21:58	2:29:43	11:25
2840	320	W40	Jennifer Riedemann, 41*, Ankeny, IA	2:21:58	2:30:35	11:25
2903	432	M35	Chad Schmidt, 38, Omaha, NE	2:21:59	2:35:00	11:25
2841	503	W35	Sally Rindfuss, 36*, West Des Moines, IA	2:21:59	2:28:46	11:25
2842	633	W30	Jessica Bloomberg, 32*, West Des Moines, IA	2:21:59	2:34:04	11:25
2843	504	W35	Michelle Madden, 39*, West Des Moines, IA	2:21:59	2:28:46	11:25
2904	611	M30	Justin Bloomberg, 30, West Des Moines, IA	2:21:59	2:34:04	11:25
2844	345	W20	Adrienne LaToure, 24*, West Des Moines, IA	2:22:00	2:31:48	11:26
2905	368	M40	Joe Heimer, 42, Ankeny, IA	2:22:01	2:26:29	11:26
2845	505	W35	Millissa Parmentier, 39*, Ottumwa, IA	2:22:01	2:23:58	11:26
2846	571	W25	Megan Goergen, 29*, Waukee, IA	2:22:02	2:23:27	11:26
2847	572	W25	Ainslee Barnes, 26*, Ankeny, IA	2:22:02	2:29:32	11:26
2906	244	M20	Rob Galvan, 22, Des Moines, IA	2:22:03	2:29:00	11:26
2848	634	W30	Loriann Staples, 32*, Ankeny, IA	2:22:04	2:28:09	11:26
2849	346	W20	Sarah Andrews, 23*, Des Moines, IA	2:22:04	2:34:15	11:26
2907	421	M25	Brian Garcia, 29, San Francisco, CA	2:22:05	2:34:06	11:26
2850	635	W30	Angie Dern, 33*, Carroll, IA	2:22:08	2:24:55	11:26
2851	636	W30	Beth McLaren, 32*, Atlantic, IA	2:22:09	2:33:29	11:26
2908	21	M65	Roger Rybicka, 65, Fort Collins, CO	2:22:11	2:31:52	11:26
2852	637	W30	Laura Robie, 32*, Ankeny, IA	2:22:11	2:32:34	11:26
2909	433	M35	Matt Getting, 35, Clive, IA	2:22:12	2:32:37	11:26
2853	506	W35	Carmen Getting, 35*, Clive, IA	2:22:12	2:32:36	11:26
2854	638	W30	Kelley Myers, 34*, Des Moines, IA	2:22:14	2:31:30	11:27
2855	573	W25	Kate Lindsay, 26*, West Des Moines, IA	2:22:14	2:34:29	11:27
2910	612	M30	Benjamin Wogsland, 31, Jewell, IA	2:22:14	2:26:20	11:27
2856	321	W40	Rocio Collins, 40*, Wray, CO	2:22:14	2:27:41	11:27

2857	639	W30	Kari Holm, 34*, Ankeny, IA	2:22:17	2:29:09	11:27
2858	640	W30	Bo Schroeder, 30*, Clive, IA	2:22:17	2:35:16	11:27
2859	641	W30	Molly Gill, 31*, Des Moines, IA	2:22:17	2:30:56	11:27
2860	347	W20	Amy Stiehl, 20*, Marshalltown, IA	2:22:18	2:34:23	11:27
2911	245	M20	Austin Fischer, 20, Marshalltown, IA	2:22:18	2:34:23	11:27
2912	5	M70	Bruce Trimble, 73, Mason City, IA	2:22:18	2:32:30	11:27
2913	246	M20	Derek Shanahan, 22, Dubuque, IA	2:22:18	2:26:28	11:27
2861	642	W30	Beth Schoeppner, 32*, Ankeny, IA	2:22:19	2:29:56	11:27
2862	643	W30	Tara Mason, 34*, Ankeny, IA	2:22:20	2:32:11	11:27
2863	644	W30	Jillian Camwell, 34*, Indianola, IA	2:22:21	2:28:59	11:27
2914	369	M40	Tony Galeazzi, 43, Des Moines, IA	2:22:21	2:30:02	11:27
2864	645	W30	Jenni Pitlick, 30*, Waukee, IA	2:22:22	2:32:10	11:27
2865	119	W50	Beth Farley, 51*, Ida Grove, IA	2:22:23	2:32:27	11:27
2866	348	W20	Katy Draus, 23*, Iowa City, IA	2:22:24	2:30:05	11:27
2915	370	M40	Scott McCoy, 40, Williamsburg, IA	2:22:25	2:31:38	11:28
2867	646	W30	Alexa Woldruff, 30*, Des Moines, IA	2:22:29	2:29:34	11:28
2868	647	W30	Shea Siems, 33*, Sheffield, IA	2:22:37	2:23:32	11:28
2869	648	W30	Carolyn Gunkel, 33*, Clive, IA	2:22:38	2:29:23	11:29
2916	613	M30	Scott Nelsen, 32, Mankato, MN	2:22:38	2:30:47	11:29
2870	184	W45	Lori Fosse, 49*, Bondurant, IA	2:22:39	2:27:04	11:29
2871	649	W30	Lee Raskin, 32*, Delano, MN	2:22:40	2:31:16	11:29
2872	574	W25	Chelsey Handley, 28*, Ankeny, IA	2:22:41	2:34:23	11:29
2873	349	W20	Stacia Kluever, 23*, Union, IA	2:22:41	2:25:43	11:29
2874	322	W40	Rebecca Shumaker, 43*, Des Moines, IA	2:22:46	2:29:08	11:29
2875	650	W30	Jessica Kockler, 33*, Zearing, IA	2:22:46	2:35:23	11:29
2876	120	W50	Brenda Burns, 52*, Monroe, IA	2:22:47	2:34:21	11:29
2917	270	M45	Todd Whitehill, 46, Ankeny, IA	2:22:48	2:29:54	11:29
2918	208	M50	Robert Corrick, 51, Burlington, IA	2:22:49	2:29:06	11:29
2877	64	W17	Abby Corrick, 18*, Burlington, IA	2:22:50	2:29:07	11:29
2878	350	W20	Kelsey Pedersen, 23*, Fairway, KS	2:22:50	2:35:41	11:29
2919	614	M30	Aaron Eggert, 30, Des Moines, IA	2:22:50	2:33:42	11:30
2879	507	W35	Brenda Rhoad, 35*, Story City, IA	2:22:55	2:29:28	11:30
2880	651	W30	Kate Hanson, 33*, Ames, IA	2:22:57	2:32:38	11:30
2881	508	W35	Joy Fopma, 38*, Webster City, IA	2:22:58	2:31:14	11:30
2882	323	W40	Donna Neumann, 40*, Dubuque, IA	2:22:58	2:32:53	11:30
2883	509	W35	Amber Beerends, 35*, Newton, IA	2:22:59	2:33:23	11:30
2884	575	W25	Brittney Berget, 27*, Des Moines, IA	2:23:00	2:34:27	11:30
2885	351	W20	Hope Jenkins, 23*, Des Moines I, IA	2:23:01	2:34:27	11:30
2886	652	W30	Heather Klein, 32*, West Des Moines, IA	2:23:02	2:35:24	11:31
2887	576	W25	Stefanie Pirkel, 29*, Ia, IA	2:23:02	2:32:35	11:31
2888	577	W25	Desiree Nepple, 25*, Creston, IA	2:23:04	2:29:27	11:31
2889	352	W20	Susan Johnson, 22*, State Center, IA	2:23:07	2:33:19	11:31
2890	324	W40	Kristen Gray, 41*, Ankeny, IA	2:23:07	2:33:19	11:31
2891	578	W25	Jacque Seidl, 26*, Adel, IA	2:23:07	2:30:14	11:31
2892	653	W30	Erin Koester, 31*, Cedar Rapids, IA	2:23:07	2:26:59	11:31
2920	65	M60	Robert From, 64, Iowa City, IA	2:23:09	2:28:34	11:31
2893	579	W25	Danielle Kist, 27*, Johnston, IA	2:23:10	2:30:33	11:31
2894	353	W20	Jeanna Thimmesch, 22*, West Des Moines, IA	2:23:12	2:27:28	11:31
2895	510	W35	Brenda Weers, 37*, Polk City, IA	2:23:16	2:32:59	11:32
2896	511	W35	Amy Jaschke, 37*, Polk City, IA	2:23:16	2:32:59	11:32
2897	59	W55	Kathleen Sterbick, 57*, Des Moines, IA	2:23:17	2:36:17	11:32
2921	271	M45	Kumaresan Subramani, 45, Urbandale, IA	2:23:20	2:26:28	11:32
2898	185	W45	Kristine Maggard, 45*, Colfax, IA	2:23:21	2:33:15	11:32
2899	325	W40	Michelle Cabbage, 40*, Eagan, MN	2:23:21	2:32:42	11:32
2900	654	W30	Sarah McGee, 31*, Urbandale, IA	2:23:22	2:34:06	11:32
2922	615	M30	Jim Puls, 34, Des Moines, IA	2:23:22	2:29:52	11:32
2901	655	W30	Cari Cunningham, 33*, Urbandale, IA	2:23:23	2:31:11	11:32
2902	580	W25	Betsy Schroeder, 28*, Des Moines, IA	2:23:23	2:30:16	11:32
2903	512	W35	Kristen Henke, 39*, Treynor, IA	2:23:25	2:27:23	11:32
2904	354	W20	Megan Stratton, 23*, Collins, IA	2:23:27	2:35:21	11:32
2905	581	W25	Melinda Stone, 28*, Des Moines, IA	2:23:27	2:35:57	11:33
2906	355	W20	Haley Fernandez, 24*, Iowa City, IA	2:23:28	2:32:53	11:33
2907	326	W40	Erica Polson, 41*, Des Moines, IA	2:23:28	2:35:33	11:33
2923	371	M40	Dan Polson, 42, Des Moines, IA	2:23:28	2:35:33	11:33
2908	656	W30	Kari Smith, 32*, Ames, IA	2:23:33	2:31:45	11:33

2909	60	W55	Donna Carhill, 56*, Jefferson, IA	2:23:33	2:35:07	11:33
2924	66	M60	Joseph Munoz, 60, Windsor Heights, IA	2:23:33	2:26:41	11:33
2910	121	W50	Audrey Wheeler, 52*, Ames, IA	2:23:34	2:30:25	11:33
2911	186	W45	Ann Reicks, 45*, Lincoln, NE	2:23:35	2:35:48	11:33
2925	372	M40	Gregory Reicks, 44, Lincoln, NE	2:23:35	2:35:48	11:33
2912	513	W35	Cheryl Hawk, 39*, Des Moines, IA	2:23:36	2:35:12	11:33
2913	356	W20	Emily Bates, 22*, Des Moines, IA	2:23:42	2:25:37	11:34
2914	582	W25	Rebecca Reedy, 26*, Arlington Heights, IL	2:23:44	2:26:44	11:34
2915	514	W35	Billi Hughes, 37*, Urbandale, IA	2:23:44	2:30:22	11:34
2916	357	W20	Liz Anderson, 24*, Waukee, IA	2:23:46	2:28:17	11:34
2926	272	M45	Monty Woodward, 46, Raymond, NE	2:23:47	2:36:01	11:34
2917	515	W35	Jami Kline, 35*, Council Bluffs, IA	2:23:47	2:37:21	11:34
2918	657	W30	Marnae Wright, 34*, Ankeny, IA	2:23:48	2:33:20	11:34
2927	616	M30	Marty Salcedo, 34, Omaha, NE	2:23:49	2:28:45	11:34
2919	583	W25	Ashley Mau, 25*, Urbandale, IA	2:23:51	2:32:24	11:34
2920	658	W30	Judy Sofen, 31*, Des Moines, IA	2:23:51	2:33:24	11:34
2921	516	W35	Dawn Malloy, 39*, Williamsburg, IA	2:23:51	2:30:02	11:34
2922	659	W30	Kristan Lawless, 34*, Ames, IA	2:23:53	2:32:50	11:35
2923	660	W30	Wendy Yelland, 33*, Williamsburg, IA	2:23:53	2:30:04	11:35
2924	517	W35	Mollie Graves, 37*, Dike, IA	2:23:53	2:31:51	11:35
2925	187	W45	Karen Ostrem, 48*, Stratford, IA	2:23:53	2:29:00	11:35
2926	661	W30	Rebecca Peppmeier, 31*, Urbandale, IA	2:23:56	2:30:01	11:35
2928	617	M30	Todd Gentry, 33, Des Moines, IA	2:23:56	2:24:51	11:35
2927	662	W30	Heather Westfall, 32*, Council Bluffs, IA	2:23:58	2:31:32	11:35
2929	247	M20	Aleks Thomas, 24, Des Moines, IA	2:23:58	2:30:03	11:35
2928	584	W25	Emily Gilbert, 28*, Ankeny, IA	2:24:00	2:31:33	11:35
2929	585	W25	Kristen Rasplicka, 28*, West Des Moines, IA	2:24:01	2:32:08	11:35
2930	434	M35	Chip Albright, 37, Des Moines, IA	2:24:02	2:27:02	11:35
2930	358	W20	Alysse Anderegg, 23*, Ames, IA	2:24:03	2:33:55	11:35
2931	663	W30	Julie Kistenmacher, 30*, Urbandale, IA	2:24:04	2:34:50	11:36
2932	664	W30	Katie Davis, 33*, Norwalk, IA	2:24:05	2:29:31	11:36
2933	518	W35	Felicity Croat, 37*, Vanmeter, IA	2:24:05	2:33:45	11:36
2934	665	W30	Jodi Shirk, 30*, Emmetsburg, IA	2:24:06	2:35:44	11:36
2935	327	W40	Karla Kruger, 43*, West Des Moines, IA	2:24:06	2:27:34	11:36
2936	666	W30	Jennifer Thayer, 30*, West Des Moines, IA	2:24:06	2:30:00	11:36
2937	586	W25	Emily Waitek, 29*, Osage, IA	2:24:07	2:25:48	11:36
2938	328	W40	Jessica O'Mara, 40*, Des Moines, IA	2:24:08	2:31:50	11:36
2939	359	W20	Rachel Boylan, 20*, Ames, IA	2:24:09	2:33:51	11:36
2940	519	W35	Deborah Gannon, 38*, Des Moines, IA	2:24:12	2:33:59	11:36
2941	520	W35	Rebecca Blackwood, 36*, Des Moines, IA	2:24:12	2:34:14	11:36
2942	188	W45	Christine Shivers, 47*, Indianola, IA	2:24:13	2:28:23	11:36
2943	521	W35	Valerie Rasmussen, 38*, Des Moines, IA	2:24:16	2:30:25	11:36
2944	522	W35	Melissa Grell, 38*, Fort Dodge, IA	2:24:18	2:37:15	11:37
2945	587	W25	Caitlin Wiedenheft, 27*, Cedar Rapids, IA	2:24:19	2:31:36	11:37
2946	588	W25	Jenna Ekart, 27*, Des Moines, IA	2:24:19	2:35:38	11:37
2947	589	W25	Kindra Wisniewski, 26*, Des Moines, IA	2:24:20	2:35:39	11:37
2948	590	W25	Elizabeth Tesar, 28*, Des Moines, IA	2:24:20	2:31:56	11:37
2949	360	W20	Courtney Christianson, 22*, Baxter, IA	2:24:20	2:36:15	11:37
2950	523	W35	Cristabelle Budak, 35*, Newton, IA	2:24:20	2:36:18	11:37
2931	618	M30	Chad Fulton, 30, West Liberty, IA	2:24:20	2:34:57	11:37
2932	422	M25	Michael Nicholson, 29, Ankeny, IA	2:24:23	2:32:02	11:37
2951	524	W35	Lori Lincoln, 35*, Ankeny, IA	2:24:24	2:35:13	11:37
2952	361	W20	Courtney Nibbe, 24*, Howard Lake, MN	2:24:26	2:36:55	11:37
2933	423	M25	Michael Curry, 28, Des Moines, IA	2:24:26	2:37:33	11:37
2934	619	M30	Anthony Leto, 31, West Des Moines, IA	2:24:28	2:34:16	11:37
2953	591	W25	Darcy Lane, 27*, Des Moines, IA	2:24:29	2:31:46	11:37
2935	373	M40	Doug Stine, 43, West Des Moines, IA	2:24:30	2:30:59	11:38
2954	592	W25	Kylie Carkhuff, 27*, Newton, IA	2:24:30	2:26:55	11:38
2955	667	W30	Sarah Wyckoff, 32*, Carlisle, IA	2:24:31	2:38:45	11:38
2956	61	W55	Kim Evans, 55*, Iowa City, IA	2:24:31	2:32:06	11:38
2957	122	W50	Vivian Masters, 54*, Des Moines, IA	2:24:31	2:35:42	11:38
2958	593	W25	Kilee Evans, 25*, Johnston, IA	2:24:31	2:32:06	11:38
2959	65	W17	Bailey Price, 19*, Council Bluffs, IA	2:24:33	2:37:16	11:38
2960	189	W45	Teri Price, 49*, Council Bluffs, IA	2:24:34	2:37:17	11:38

2961	362	W20	Taylor Rasmussen, 20*, Iowa City, IA	2:24:38	2:31:43	11:38
2962	668	W30	Pamela Price, 31*, Des Moines, IA	2:24:39	2:35:27	11:38
2963	363	W20	Mallory Broderick, 23*, Rochester, MN	2:24:41	2:24:41	11:38
2936	424	M25	Justin Sofen, 25, West Des Moines, IA	2:24:42	2:32:16	11:39
2964	525	W35	Erika Eckley, 39*, Carlisle, IA	2:24:42	2:35:04	11:39
2965	669	W30	Lynn Olberding, 34*, Marshalltown, IA	2:24:45	2:30:18	11:39
2937	620	M30	Jason Olberding, 34, Marshalltown, IA	2:24:46	2:30:19	11:39
2966	364	W20	Sarah Keller, 24*, Des Moines, IA	2:24:46	2:31:28	11:39
2967	594	W25	Hilary Cuthbertson, 28*, Clive, IA	2:24:48	2:26:43	11:39
2968	526	W35	Jennifer Voss, 38*, Waukee, IA	2:24:48	2:28:43	11:39
2969	595	W25	Liesel Schroder, 25*, West Des Moines, IA	2:24:49	2:31:25	11:39
2970	596	W25	Jennifer Peters, 25*, Des Moines, IA	2:24:51	2:31:27	11:39
2938	425	M25	Matt Reiff, 26, Clive, IA	2:24:51	2:29:26	11:39
2939	209	M50	Larry Johnson, 52, Des Moines, IA	2:24:52	2:32:21	11:39
2940	426	M25	Mathew Johnson, 25, Des Moines, IA	2:24:52	2:32:20	11:39
2971	597	W25	Jana Davis, 29*, Des Moines, IA	2:24:53	2:29:10	11:39
2941	427	M25	John Bilyk, 27, West Des Moines, IA	2:24:53	2:29:01	11:39
2972	190	W45	Julie Mehls, 46*, Johnston, IA	2:24:54	2:26:22	11:40
2942	273	M45	Ken Mehls, 47, Johnston, IA	2:24:56	2:26:23	11:40
2973	670	W30	Sara McColloch, 34*, Council Bluffs, IA	2:24:56	2:35:29	11:40
2974	191	W45	Nancy Michael, 48*, Council Bluffs, IA	2:24:56	2:35:29	11:40
2975	598	W25	Katie Bryan, 27*, Urbandale, IA	2:24:57	2:28:05	11:40
2943	621	M30	Farris Murray II, 30, West Des Moines, IA	2:24:57	2:31:23	11:40
2976	599	W25	Kate West, 27*, West Des Moines, IA	2:24:57	2:30:41	11:40
2977	527	W35	Heidi Cline, 35*, Des Moines, IA	2:24:57	2:35:19	11:40
2978	528	W35	Kathryn Landin, 37*, Urbandale, IA	2:24:58	2:35:26	11:40
2979	329	W40	Melody Gibson, 44*, West Des Moines, IA	2:24:59	2:29:05	11:40
2980	192	W45	Nanette Cunningham, 49*, Oskaloosa, IA	2:24:59	2:28:41	11:40
2981	671	W30	Amanda Kuhn, 34*, Huxley, IA	2:25:00	2:34:05	11:40
2982	672	W30	Brooke McHose, 34*, Ankeny, IA	2:25:00	2:34:05	11:40
2983	193	W45	Lisa Scheppmann, 48*, West Des Moines, IA	2:25:01	2:34:36	11:40
2984	330	W40	Kirsten Burton, 42*, Clear Lake, IA	2:25:03	2:36:41	11:40
2944	435	M35	Matt Sepanic, 36, Johnston, IA	2:25:03	2:32:22	11:40
2985	529	W35	Rebecca Albert, 35*, Ankeny, IA	2:25:04	2:31:39	11:40
2986	673	W30	Danielle Pence, 31*, Des Moines, IA	2:25:05	2:31:40	11:40
2987	331	W40	Heidi Sokol, 41*, Garner, IA	2:25:05	2:36:43	11:40
2988	365	W20	Allison Butler, 23*, Des Moines, IA	2:25:06	2:38:23	11:40
2989	332	W40	Wendy Swanson, 40*, Boone, IA	2:25:06	2:29:08	11:41
2990	674	W30	Stephanie Lengtat, 33*, Windsor Heights, IA	2:25:08	2:38:25	11:41
2945	428	M25	Zack Bonner, 27, Ames, IA	2:25:10	2:30:52	11:41
2991	366	W20	Kathryn Mosiman, 23*, Lake View, IA	2:25:10	2:36:51	11:41
2946	374	M40	William Willers, 40, Saint Louis, MO	2:25:10	2:36:49	11:41
2992	600	W25	Heather Quandt, 26*, Clive, IA	2:25:13	2:37:58	11:41
2947	429	M25	John Quandt, 25, Clive, IA	2:25:14	2:37:59	11:41
2948	210	M50	Jim Chedester, 51, Grinnell, IA	2:25:14	2:27:12	11:41
2993	333	W40	Melissa Goulart, 44*, Saint Marys, KS	2:25:15	2:32:00	11:41
2994	530	W35	Rachel Bougher, 35*, West Des Moines, IA	2:25:17	2:35:45	11:41
2995	675	W30	Heidi Rushing, 31*, Ankeny, IA	2:25:17	2:32:52	11:41
2949	436	M35	Brian Craig, 38, Johnston, IA	2:25:18	2:34:34	11:41
2996	601	W25	Jennifer Meyer, 28*, Cumberland, IA	2:25:18	2:37:46	11:41
2997	676	W30	Candie Mumm, 31*, Longmont, CO	2:25:20	2:34:31	11:42
2998	367	W20	Jennifer Mallon, 21*, Minneapolis, MN	2:25:20	2:34:20	11:42
2950	248	M20	Andrew Coan, 24, Des Moines, IA	2:25:20	2:31:01	11:42
2951	622	M30	Tim Clem, 33, Des Moines, IA	2:25:20	2:34:20	11:42
2999	531	W35	Jennifer Sherwood, 35*, Newton, IA	2:25:26	2:27:52	11:42
2952	142	M55	Steve Hedding, 59, Fort Dodge, IA	2:25:26	2:34:54	11:42
2953	249	M20	Jake Strickler, 24, Libertyville, IA	2:25:26	2:30:42	11:42
3000	602	W25	Laura Hedding, 25*, West Des Moines, IA	2:25:26	2:34:54	11:42
3001	334	W40	Lisa Dwight, 43*, West Des Moines, IA	2:25:27	2:34:20	11:42
3002	194	W45	Constance Stearns, 46*, Ames, IA	2:25:28	2:32:21	11:42
3003	335	W40	Darci Fairchild, 42*, Runnells, IA	2:25:30	2:27:22	11:42
3004	603	W25	Annie Craig, 26*, Urbandale, IA	2:25:33	2:31:39	11:43
2954	274	M45	Tom Potts, 47, Waukee, IA	2:25:34	2:37:28	11:43
3005	368	W20	Paige Hansen, 23*, Ankeny, IA	2:25:34	2:30:22	11:43

3006	123	W50	Sue Hannon, 51*, Saint Paul, MN	2:25:35	2:37:28	11:43
3007	604	W25	Jodi Ahrendsen, 25*, Guthrie Center, IA	2:25:35	2:35:43	11:43
3008	336	W40	Sara Sauter, 44*, Edina, MN	2:25:35	2:37:28	11:43
2955	250	M20	Zachary Bonnstetter, 24, Omaha, NE	2:25:36	2:29:54	11:43
3009	677	W30	Kathy Van Houten, 31*, Ankeny, IA	2:25:36	2:31:58	11:43
2956	143	M55	David Willett, 56, Boone, IA	2:25:39	2:34:35	11:43
3010	195	W45	Jody Haws, 46*, Ankeny, IA	2:25:39	2:32:32	11:43
3011	369	W20	Anne Roush, 23*, Urbandale, IA	2:25:39	2:38:27	11:43
2957	67	M60	Michael Whitters, 60, Clarion, IA	2:25:40	2:33:25	11:43
3012	678	W30	Sara Morelli, 32*, Iowa City, IA	2:25:40	2:36:36	11:43
3013	532	W35	Amanda Tew, 35*, Clarion, IA	2:25:41	2:33:26	11:43
3014	337	W40	Shari Roling, 41*, Clive, IA	2:25:43	2:32:58	11:43
2958	623	M30	James Boyd, 33, Clive, IA	2:25:46	2:30:04	11:44
3015	679	W30	Kayal Manimaran, 33*, Ames, IA	2:25:48	2:33:26	11:44
3016	2	W65	Avis James, 66*, Urbandale, IA	2:25:48	2:33:48	11:44
3017	680	W30	Lea Kerns, 34*, State Center, IA	2:25:49	2:36:31	11:44
2959	624	M30	Sam Kerns, 34, State Center, IA	2:25:50	2:36:32	11:44
3018	533	W35	Gina Wiley, 38*, Cedar Rapids, IA	2:25:50	2:35:25	11:44
3019	681	W30	Joni Embree-Meinders, 34*, Des Moines, IA	2:25:52	2:31:38	11:44
2960	625	M30	Travis Jondal, 34, Des Moines, IA	2:25:53	2:37:52	11:44
2961	375	M40	Ford Singbush, 44, Johnston, IA	2:25:56	2:27:25	11:44
3020	66	W17	Katie Roling, 18*, Clive, IA	2:25:58	2:37:26	11:45
2962	376	M40	Lance Chase, 44, West Des Moines, IA	2:25:59	2:31:19	11:45
3021	682	W30	Eva Helps, 33*, Dallas Center, IA	2:26:02	2:38:51	11:45
3022	605	W25	Annie Salgado, 29*, Des Moines, IA	2:26:03	2:28:26	11:45
3023	606	W25	Melissa Spiegel, 26*, Urbandale, IA	2:26:04	2:35:44	11:45
2963	626	M30	Justin Adams, 31, Urbandale, IA	2:26:04	2:37:14	11:45
2964	144	M55	Doug Seeber, 57, Ursa, IL	2:26:05	2:37:15	11:45
3024	196	W45	Brenda Chenchar, 48*, Des Moines, IA	2:26:06	2:34:59	11:45
3025	370	W20	Laura Messerly, 24*, Des Moines, IA	2:26:06	2:38:35	11:45
3026	371	W20	Brittney Ledford, 24*, Des Moines, IA	2:26:07	2:36:28	11:45
3027	372	W20	Karla Quandt, 22*, Des Moines, IA	2:26:08	2:39:07	11:45
2965	627	M30	Shane Sievers, 33, Johnston, IA	2:26:08	2:32:18	11:45
3028	607	W25	Kaci Conetzkey, 26*, Des Moines, IA	2:26:08	2:36:56	11:45
3029	373	W20	Jennifer Schwartz, 22*, Dubuque, IA	2:26:09	2:31:01	11:46
3030	374	W20	Caitlin Schaeffer, 23*, Ankeny, IA	2:26:12	2:28:15	11:46
3031	683	W30	Amanda Carroll, 33*, Des Moines, IA	2:26:12	2:37:41	11:46
2966	275	M45	Tom Bell, 48, Clive, IA	2:26:16	2:27:56	11:46
2967	68	M60	Craig Nelson, 61, Carlisle, IA	2:26:18	2:38:24	11:46
3032	124	W50	Kristi Steil, 54*, Bondurant, IA	2:26:18	2:36:29	11:46
2968	437	M35	Sean Augspurgen, 35, Altoona, IA	2:26:18	2:36:55	11:46
2969	628	M30	Benjamin Terlisner, 32, Des Moines, IA	2:26:23	2:39:22	11:47
3033	534	W35	Beth Schwery, 38*, Prairie Village, KS	2:26:24	2:36:35	11:47
2970	377	M40	Jeffrey White, 44, West Des Moines, IA	2:26:25	2:37:01	11:47
2971			28f1dbb	2:26:25	2:26:25	11:47
2972	430	M25	Thomas Miller, 29, Ames, IA	2:26:27	2:32:51	11:47
3034	197	W45	Kimberly Bradley, 46*, Urbandale, IA	2:26:27	2:35:08	11:47
3035	535	W35	Kathy Reichert, 38*, Gilbert, IA	2:26:30	2:37:47	11:47
2973	629	M30	Danny Beyer, 31, West Des Moines, IA	2:26:33	2:28:00	11:47
3036	375	W20	Shanna Karls, 23*, Cedar Falls, IA	2:26:35	2:29:29	11:48
3037	376	W20	Stephanie Enriquez, 24*, Perry, IA	2:26:38	2:34:58	11:48
2974	378	M40	Dan Clayton, 44, Des Moines, IA	2:26:39	2:39:27	11:48
3038	125	W50	Ann West, 51*, West Des Moines, IA	2:26:39	2:34:51	11:48
3039	536	W35	Rebecca Schimming, 35*, Waseca, MN	2:26:42	2:37:27	11:48
3040	338	W40	Anne Hess, 43*, Grimes, IA	2:26:46	2:34:38	11:49
3041	339	W40	Amy Schroeder, 43*, Pardeeville, WI	2:26:47	2:34:38	11:49
3042	684	W30	Meghan Teigen, 31*, Des Moines, IA	2:26:48	2:37:25	11:49
2975	438	M35	Jay Willoughby, 35, Centennial, CO	2:26:51	2:36:42	11:49
3043	340	W40	Francesca Romeo, 42*, Cedar Rapids, IA	2:26:53	2:36:19	11:49
3044	685	W30	Emily Hill Engstler, 31*, Clarion, IA	2:26:54	2:36:27	11:49
3045	377	W20	Courtney Willits, 21*, Windsor Heights, IA	2:26:57	2:36:07	11:49
3046	378	W20	Lora Fessel, 21*, Ankeny, IA	2:26:57	2:37:07	11:49
2976	69	M60	Jim Willits, 61, Windsor Heights, IA	2:26:58	2:36:08	11:49
2977	630	M30	Christopher Francois, 33, Bondurant, IA	2:26:58	2:37:27	11:49
3047	608	W25	Katie Monter, 27*, State Center, IA	2:26:58	2:37:18	11:49

3048	14	W60	Jane Kerr, 60*, Iowa City, IA	2:26:59	2:32:35	11:50
3049	609	W25	Alissa Jarrett, 29*, Iowa City, IA	2:27:00	2:32:37	11:50
3050	686	W30	Heather Grunst, 30*, West Des Moines, IA	2:27:01	2:34:59	11:50
2978	431	M25	Thomas Gideon, 27, Ankeny, IA	2:27:02	2:34:37	11:50
3051	341	W40	Stephanie Nickles, 40*, Clinton, IA	2:27:02	2:31:53	11:50
3052	126	W50	Tina Newbury, 50*, Waukee, IA	2:27:02	2:34:22	11:50
2979	439	M35	Ashton Nickles, 38, Clinton, IA	2:27:03	2:31:53	11:50
2980	276	M45	Brian Roberts, 48, Bloomfield, IA	2:27:03	2:37:32	11:50
2981	440	M35	Christopher Huff, 36, West Des Moines, IA	2:27:05	2:39:22	11:50
2982	432	M25	Jared Bartel, 29, Des Moines, IA	2:27:08	2:36:16	11:50
2983	433	M25	Justin Meyer, 29, Ankeny, IA	2:27:08	2:34:54	11:50
3053	610	W25	Kalee Gerdes, 26*, Des Moines, IA	2:27:08	2:39:16	11:50
3054	687	W30	Lisa Swanepoel, 33*, Ankeny, IA	2:27:10	2:40:56	11:50
3055	379	W20	Sarah Corey, 24*, Des Moines, IA	2:27:10	2:32:54	11:50
3056	380	W20	Marcie Stevenson, 21*, Ames, IA	2:27:11	2:37:19	11:50
3057	611	W25	Stacie Nelson, 26*, Des Moines, IA	2:27:11	2:34:03	11:51
3058	381	W20	Lisa Nelson, 21*, Lake Mills, IA	2:27:11	2:37:18	11:51
3059	382	W20	Emma Shipley, 23*, Carlisle, IA	2:27:12	2:38:44	11:51
3060	612	W25	Laura Patino, 28*, Des Moines, IA	2:27:14	2:31:36	11:51
2984	251	M20	Nick Knute, 20, Scranton, IA	2:27:14	2:35:36	11:51
3061	537	W35	Jen Wallace, 39*, Scranton, IA	2:27:15	2:35:36	11:51
3062	383	W20	Sarah Hodges, 23*, West Des Moines, IA	2:27:16	2:33:53	11:51
3063	688	W30	Sunnie Mall, 31*, Belle Plaine, IA	2:27:18	2:36:31	11:51
3064	689	W30	Kristi O'Brien, 31*, Waterloo, IA	2:27:18	2:37:04	11:51
2985	70	M60	Thomas Mohr, 61, Pleasantville, IA	2:27:18	2:35:34	11:51
2986	211	M50	Lon Weber, 51, Belle Plaine, IA	2:27:18	2:36:31	11:51
2987	441	M35	Matt Edwards, 35, West Des Moines, IA	2:27:19	2:32:12	11:51
2988	442	M35	Scott Cordes, 37, Cedar Rapids, IA	2:27:20	2:38:12	11:51
3065	384	W20	Kim Strickland, 22*, Ottumwa, IA	2:27:21	2:34:09	11:51
3066	613	W25	Destiny Estes, 26*, Grimes, IA	2:27:21	2:39:29	11:51
3067	690	W30	Lisa DeGroot, 33*, Remsen, IA	2:27:22	2:33:20	11:51
2989	434	M25	Adam Drake, 26, Clive, IA	2:27:22	2:36:08	11:51
2990	435	M25	Matt Vaughn, 25, Nevada, IA	2:27:22	2:36:59	11:51
2991	436	M25	Ben Parlett, 29, Clive, IA	2:27:25	2:35:13	11:52
3068	538	W35	Mollie Carnine, 38*, Des Moines, IA	2:27:26	2:37:28	11:52
2992	379	M40	Dax Abbas, 42, Windsor Heights, IA	2:27:28	2:37:40	11:52
3069	614	W25	Jen Ransom, 29*, Des Moines, IA	2:27:28	2:34:45	11:52
2993	145	M55	Philip Orndorff, 56, Carlisle, IA	2:27:30	2:30:56	11:52
3070	615	W25	Noelle Howard, 28*, Urbandale, IA	2:27:35	2:36:55	11:52
2994	277	M45	Robert Green, 48, Broken Arrow, OK	2:27:37	2:36:35	11:53
3071	616	W25	Rachel Schmidt, 25*, West Des Moines, IA	2:27:37	2:34:13	11:53
3072	198	W45	Michelle Fortune, 46*, Sey0our, IA	2:27:39	2:37:19	11:53
3073	62	W55	Ann Hegstrom, 57*, De Soto, IA	2:27:39	2:37:16	11:53
2995	437	M25	Laury Aye, 27, Des Moines, IA	2:27:40	2:38:52	11:53
3074	617	W25	Elizabeth Hein, 26*, Clive, IA	2:27:40	2:39:55	11:53
2996	380	M40	Mark Facile, 43, Pella, IA	2:27:41	2:36:40	11:53
3075	385	W20	Carly Cummings, 22*, Pleasantville, IA	2:27:41	2:35:57	11:53
3076	618	W25	Leah Feltz, 27*, Waterloo, IA	2:27:41	2:33:59	11:53
3077	386	W20	Elizabet Burns-Thompson, 22*, Marion, IA	2:27:42	2:35:58	11:53
2997	278	M45	Brian Clark, 48, Eldora, IA	2:27:42	2:34:29	11:53
2998	438	M25	Adam Gebauer, 25, Ankeny, IA	2:27:43	2:37:20	11:53
3078	619	W25	Jennifer Hall, 28*, West Des Moines, IA	2:27:44	2:37:21	11:53
3079	199	W45	Christine Schmid, 46*, Lavista, NE	2:27:45	2:37:17	11:53
2999	279	M45	John Doerr, 48, Des Moines, IA	2:27:45	2:33:10	11:53
3080	539	W35	Sheila Brodersen, 35*, Papillion, NE	2:27:45	2:37:17	11:53
3000	631	M30	Nathan Johnston, 32, West Des Moines, IA	2:27:46	2:28:47	11:53
3081	691	W30	Melanie Frantz, 34*, Grand Junction, IA	2:27:51	2:38:10	11:54
3082	63	W55	Connie Haylett, 59*, Muscatine, IA	2:27:55	2:34:42	11:54
3083	342	W40	Tricia Thein, 43*, Marshalltown, IA	2:27:55	2:38:01	11:54
3084	620	W25	Michelle Howard, 25*, West Des Moines, IA	2:27:56	2:37:44	11:54
3085	387	W20	Margaret Konzett, 22*, Des Moines, IA	2:27:56	2:33:29	11:54

3001	439	M25	Fredy Marroquin, 26, Urbandale, IA	2:27:57	2:41:43	11:54
3002	440	M25	Joshua Bertocki, 29, Des Moines, IA	2:27:58	2:38:44	11:54
3003	443	M35	Geoffrey Heintz, 35, Woodbury, MN	2:27:59	2:35:32	11:54
3004	381	M40	Tom Scroggins, 41, Ankeny, IA	2:27:59	2:35:32	11:54
3086	388	W20	Maggie Thilges, 23*, Urbandale, IA	2:28:00	2:38:50	11:54
3005	212	M50	Ray Beltran, 50, Eagle Grove, IA	2:28:00	2:32:46	11:54
3087	389	W20	Rachel Lang, 23*, Johnston, IA	2:28:00	2:38:50	11:54
3006	382	M40	Matthew Olson, 43, Johnston, IA	2:28:01	2:35:19	11:55
3007	51	JrM	Gunner Balduchi, 8, Des Moines, IA	2:28:01	2:39:49	11:55
3008	383	M40	Bryce Amos, 40, Ankeny, IA	2:28:01	2:36:16	11:55
3009	444	M35	Ken Balduchi, 38, Des Moines, IA	2:28:02	2:39:50	11:55
3088	621	W25	Sara Cline, 29*, Creston, IA	2:28:04	2:35:56	11:55
3010	213	M50	Samuel Shaffer, 54, Cambridge, IA	2:28:04	2:39:02	11:55
3089	692	W30	Emily Kerns, 32*, Creston, IA	2:28:05	2:35:57	11:55
3090	127	W50	Andrea Shaffer, 53*, Cambridge, IA	2:28:05	2:39:02	11:55
3011	214	M50	Bob Watson, 53, Ames, IA	2:28:06	2:39:03	11:55
3091	622	W25	Ashley Poppe, 27*, Ames, IA	2:28:06	2:35:47	11:55
3092	540	W35	Jenni Thompson, 36*, Fayette, IA	2:28:06	2:41:22	11:55
3093	623	W25	Tiffany Phillips, 28*, Fayette, IA	2:28:07	2:41:23	11:55
3094	64	W55	Nancy Nagel, 55*, Boone, IA	2:28:07	2:31:32	11:55
3095	693	W30	Jennifer Robertson, 32*, Ankeny, IA	2:28:07	2:35:15	11:55
3012			27608da	2:28:09	2:28:09	11:55
3013			1c2585b	2:28:09	2:28:09	11:55
3096	694	W30	Angie Hyer, 33*, Van Meter, IA	2:28:09	2:35:51	11:55
3097	624	W25	Ashley Scolaro, 29*, Ankeny, IA	2:28:10	2:39:16	11:55
3098	541	W35	Heather Cousins, 36*, Davenport, IA	2:28:10	2:34:50	11:55
3099	625	W25	Rachelle Self, 26*, Des Moines, IA	2:28:10	2:40:43	11:55
3100	695	W30	Stacy Fjelland, 34*, Sheldahl, IA	2:28:11	2:35:53	11:55
3014	445	M35	Ben Fjelland, 35, Sheldahl, IA	2:28:11	2:35:53	11:55
3101	200	W45	Jennifer Wicks, 45*, Des Moines, IA	2:28:13	2:37:50	11:56
3102	542	W35	Lori Schieltz, 39*, North Liberty, IA	2:28:14	2:35:38	11:56
3103	343	W40	April Buchman, 42*, Ankeny, IA	2:28:15	2:30:33	11:56
3015	384	M40	Mark Jacobs, 40, Ankeny, IA	2:28:15	2:35:37	11:56
3104	390	W20	Callie Andrew, 24*, West Des Moines, IA	2:28:15	2:41:15	11:56
3105	128	W50	Rebecca Michaelsen, 53*, Ida Grove, IA	2:28:17	2:38:22	11:56
3106	67	W17	Emily West, 19*, Marshalltown, IA	2:28:19	2:35:58	11:56
3107	201	W45	Kim Huebner, 46*, Altoona, IA	2:28:19	2:35:37	11:56
3108	344	W40	Tonya Althaus, 40*, Polk City, IA	2:28:20	2:35:08	11:56
3109	696	W30	Renaev Evans, 34*, Oxford, IA	2:28:20	2:36:25	11:56
3110	129	W50	Nancy Betz, 54*, Grimes, IA	2:28:22	2:34:50	11:56
3111	130	W50	Deb Baker, 52*, Urbandale, IA	2:28:22	2:34:50	11:56
3112	543	W35	Bridgette Marchand, 37*, Windsor Heights, IA	2:28:22	2:34:50	11:56
3113	697	W30	Anne Enderlin, 32*, Waukee, IA	2:28:23	2:33:42	11:56
3114	391	W20	Christine Lundgren, 23*, Pella, IA	2:28:25	2:40:36	11:56
3115	544	W35	Kathi Thompson, 38*, Indianola, IA	2:28:25	2:41:33	11:56
3016	441	M25	Ben Koenig, 25, Clive, IA	2:28:25	2:37:12	11:56
3116	202	W45	Wendy DeVries, 47*, Grimes, IA	2:28:25	2:30:43	11:57
3117	626	W25	Jessica Spoden, 25*, Cedar Rapids, IA	2:28:27	2:41:03	11:57
3017	52	JrM	Isaac Roesler, 13, Albertville, MN	2:28:27	2:39:32	11:57
3118	392	W20	Margaret Barsetti, 20*, West Des Moines, IA	2:28:28	2:32:40	11:57
3119	698	W30	Carey Gau, 31*, West Des Moines, IA	2:28:29	2:30:39	11:57
3018	215	M50	Robert Rowe, 50, Appleton, WI	2:28:30	2:38:53	11:57
3120	545	W35	Tobi Roesler, 39*, Albertville, MN	2:28:30	2:39:35	11:57
3121	345	W40	Karen Dixon, 43*, Ankeny, IA	2:28:33	2:41:08	11:57
3122	203	W45	Julie Knipp, 49*, Altoona, IA	2:28:34	2:37:09	11:57
3019	446	M35	Jamie Baughman, 35, Des Moines, IA	2:28:34	2:43:05	11:57
3020	280	M45	Dave Palkovic, 45, Ankeny, IA	2:28:41	2:37:16	11:58
3123	627	W25	Kris Capps, 28*, Indianola, IA	2:28:41	2:30:32	11:58
3124	699	W30	Becky Hutchinson, 32*, Bondurant, IA	2:28:49	2:40:23	11:58
3125	546	W35	Dede Jacoby, 38*, Jewell, IA	2:28:50	2:35:19	11:58
3126	547	W35	Blanca Biede, 38*, West Des Moines, IA	2:28:50	2:31:42	11:59
3021	632	M30	Mitch Juelsgaard, 33, Des Moines, IA	2:28:53	2:33:34	11:59
3127	393	W20	Katey Johnson, 20*, Iowa City, IA	2:28:53	2:35:10	11:59



3128	700	W30	Misty Brager, 30*, Montour, IA	2:28:54	2:30:45	11:59
3129	628	W25	Anne Fattig, 29*, West Des Moines, IA	2:28:54	2:33:34	11:59
3022	385	M40	Vern Jefferson, 42, Montour, IA	2:28:55	2:30:46	11:59
3130	394	W20	Stephanie Thrall, 24*, Iowa City, IA	2:28:56	2:35:46	11:59
3131	395	W20	Stephanie Schulte, 20*, Cedar Falls, IA	2:28:59	2:35:55	11:59
3132	131	W50	Mary Schrunk, 52*, Ames,, Ia	2:29:00	2:36:21	11:59
3133	204	W45	Bonnie Skjordal, 46*, Gilbert, IA	2:29:00	2:36:21	11:59
3134	701	W30	Charity Miller, 34*, West Des Moines, IA	2:29:02	2:36:09	11:59
3135	702	W30	Kelley Crosbie, 30*, Des Moines, IA	2:29:08	2:35:59	12:00
3023	281	M45	Rick Parker, 45, Alleman, IA	2:29:11	2:35:47	12:00
3136	629	W25	Alisha Lyons, 29*, Omaha, NE	2:29:12	2:36:15	12:00
3137	630	W25	Kelly Weber, 25*, Palatine, IL	2:29:12	2:38:25	12:00
3024	282	M45	Ed Acoymo, 48, Ankeny, IA	2:29:14	2:36:48	12:00
3138	631	W25	Danielle Johnson, 26*, West Des Moines, IA	2:29:16	2:36:50	12:01
3139	346	W40	Jenna DeRoos, 43*, Urbandale, IA	2:29:16	2:36:24	12:01
3140	632	W25	Erin Tucker, 28*, Grain Valley, MO	2:29:18	2:39:44	12:01
3141	205	W45	Rachele Kugel, 47*, Des Moines, IA	2:29:18	2:39:59	12:01
3142	703	W30	Lisa Ryan, 32*, Des Moines, IA	2:29:18	2:42:49	12:01
3143	704	W30	Marla Jordan, 32*, Waukee, IA	2:29:19	2:41:36	12:01
3025	442	M25	Nick Rivas, 28, Des Moines, IA	2:29:22	2:37:57	12:01
3026	633	M30	Jay Larson, 31, Juniata, NE	2:29:24	2:42:00	12:01
3144	705	W30	Sarah Krumm, 31*, Des Moines, IA	2:29:26	2:39:20	12:01
3145	347	W40	Nicole Schultz, 41*, Fairfax, IA	2:29:27	2:32:38	12:01
3027	634	M30	Scott Jordan, 33, Urbandale, IA	2:29:28	2:41:35	12:02
3028	447	M35	Jesse Jordan, 37, Waukee, IA	2:29:29	2:41:36	12:02
3146	548	W35	Rhonda Moyle, 38*, Fairfax, IA	2:29:30	2:32:40	12:02
3147	396	W20	Taylor Foxen, 22*, Cedar Rapids, IA	2:29:33	2:37:30	12:02
3029	448	M35	Justin Kelso, 35, Des Moines, IA	2:29:33	2:36:23	12:02
3148	549	W35	Stacey Enloe, 37*, Waukee, IA	2:29:34	2:31:04	12:02
3149	550	W35	Jill Nolte, 36*, Cedar Rapids, IA	2:29:34	2:32:44	12:02
3150	348	W40	Jamie Wildeboer, 42*, Johnston, IA	2:29:34	2:39:19	12:02
3151	397	W20	Rebekah Keller, 22*, Cedar Falls, IA	2:29:36	2:40:02	12:02
3152	706	W30	Gail Rotich, 30*, West Des Moines, IA	2:29:36	2:42:26	12:02
3153	633	W25	Cara Graziano, 26*, Des Moines, IA	2:29:37	2:37:02	12:02
3154	551	W35	Sara Larson, 38*, Clive, IA	2:29:38	2:37:12	12:02
3155	206	W45	Cindy Curtis, 49*, West Des Moines, IA	2:29:39	2:33:18	12:02
3156	707	W30	Katie Brick, 30*, Rochester, MN	2:29:39	2:42:28	12:02
3030	635	M30	Andrew Miller, 31, Des Moines, IA	2:29:41	2:37:39	12:03
3157	349	W40	Janeen Micka, 43*, West Des Moines, IA	2:29:41	2:36:03	12:03
3158	634	W25	Laura Hofstrand, 28*, Ankeny, IA	2:29:42	2:36:55	12:03
3159	708	W30	Shawnda Behr, 31*, Adel, IA	2:29:46	2:37:06	12:03
3031	636	M30	Tom Hamilton, 33, Des Moines, IA	2:29:50	2:36:19	12:03
3160	132	W50	Sonya Crosby, 50*, Ottumwa, IA	2:29:51	2:36:12	12:03
3161	709	W30	Kelsey Knowles, 33*, Clive, IA	2:29:51	2:42:35	12:03
3162	710	W30	Jessica Cianciaruso, 33*, Des Moines, IA	2:29:51	2:36:34	12:03
3032	283	M45	Thomas Davis, 46, Ankeny, IA	2:29:54	2:39:46	12:04
3033	386	M40	Dan Kiernan, 43, Clive, IA	2:29:54	2:40:53	12:04
3163	350	W40	Nancy Sutcliffe, 40*, Norwalk, IA	2:29:54	2:38:24	12:04
3164	635	W25	Ashley Becker, 27*, Ida Grove, IA	2:29:55	2:41:03	12:04
3165	133	W50	Joleen Stephenson, 51*, Des Moines, IA	2:29:55	2:39:05	12:04
3166	398	W20	Megan Davis, 21*, Altoona, IA	2:29:55	2:42:21	12:04
3034	252	M20	Zach Liddle, 24, Altoona, IA	2:29:55	2:42:21	12:04
3035	449	M35	Heather Guck, 35, Pleasant Hill, IA	2:29:56	2:42:12	12:04
3036	443	M25	Seva Durshpek, 26, West Des Moines, IA	2:29:57	2:39:18	12:04
3167	552	W35	Megan Ferchen, 35*, Des Moines, IA	2:29:57	2:37:15	12:04
3037	444	M25	Jason Duke, 29, Ankeny, IA	2:29:58	2:40:54	12:04
3168	553	W35	Jamie Miller, 35*, Omaha, NE	2:29:58	2:40:10	12:04
3038	146	M55	Charles Hoops, 56, Des Moines, IA	2:29:58	2:31:56	12:04
3169	711	W30	Monica Silliman, 31*, Ankeny, IA	2:29:59	2:40:55	12:04
3039	637	M30	Trent Reicks, 34, Ankeny, IA	2:29:59	2:40:47	12:04
3170	636	W25	Maria Anderson, 28*, Urbandale, IA	2:29:59	2:37:34	12:04
3171	65	W55	Pam Hugen, 58*, West Des Moines, IA	2:30:00	2:36:52	12:04
3172	554	W35	Christa LePorte, 38*, West Des Moines, IA	2:30:01	2:38:30	12:04
3173	555	W35	Kelli Head, 38*, Waterloo, IA	2:30:01	2:40:47	12:04
3040	71	M60	Ric Benzing, 60, Monona, IA	2:30:02	2:44:20	12:04

3174	351	W40	Derrith Murphy, 40*, Urbandale, IA	2:30:02	2:38:31	12:04
3175	399	W20	Mollie Smith, 22*, Ames, IA	2:30:05	2:32:52	12:05
3176	556	W35	Alicia Epperly, 37*, West Des Moines, IA	2:30:06	2:38:44	12:05
3177	400	W20	Deanna Kephart, 22*, Pleasant Hill, IA	2:30:06	2:32:53	12:05
3178	712	W30	Gretchen McLain, 31*, Stockport, IA	2:30:06	2:39:51	12:05
3179	401	W20	Kaitlin Lundeen, 22*, West Des Moines, IA	2:30:07	2:36:30	12:05
3180	402	W20	Katie Cole, 22*, West Des Moines, IA	2:30:07	2:36:30	12:05
3041	387	M40	Sanjay Shrestha, 44, Urbandale, IA	2:30:09	2:34:49	12:05
3181	557	W35	Valerie Olheiser, 38*, Minneapolis, MN	2:30:10	2:37:26	12:05
3182	352	W40	Stephanie Byland, 40*, St. Louis Park, MN	2:30:11	2:37:27	12:05
3183	207	W45	Kimberly Erbes, 48*, Cedar Rapids, IA	2:30:11	2:41:11	12:05
3042	147	M55	Vaughn Burkholder, 57, Kansas City, MO	2:30:20	2:41:19	12:06
3184	134	W50	Allison Berryhill, 53*, Atlantic, IA	2:30:22	2:40:42	12:06
3043	638	M30	Kevin Luensmann, 30, Des Moines, IA	2:30:24	2:37:41	12:06
3185	68	W17	Rachel Hunn, 18*, Saint Charles, MO	2:30:26	2:36:06	12:06
3186	135	W50	Kelly Smith, 52*, Solon, IA	2:30:27	2:36:48	12:06
3187	136	W50	Rosana Melo, 50*, Johnston, IA	2:30:28	2:35:25	12:06
3044	639	M30	Michael Andresen, 32, Des Moines, IA	2:30:28	2:39:54	12:06
3188	558	W35	Sara Schmidt, 35*, Omaha, NE	2:30:29	2:43:30	12:06
3045	22	M65	Stephen Arnold, 66, McHenry, IL	2:30:29	2:40:41	12:06
3189	403	W20	Sarah Brant, 20*, West Des Moines, IA	2:30:32	2:35:35	12:07
3190	559	W35	Stephanie Smith, 36*, Ankeny, IA	2:30:32	2:39:48	12:07
3046	284	M45	John Brant, 48, West Des Moines, IA	2:30:33	2:35:36	12:07
3191	637	W25	Rachael Rail, 29*, Nevada, IA	2:30:33	2:39:40	12:07
3192	713	W30	Amelia Dohlman, 30*, Ames, IA	2:30:34	2:39:41	12:07
3047	285	M45	Ronald Dill, 46, Grimes, IA	2:30:35	2:42:20	12:07
3193	638	W25	Aryn Allison, 25*, Urbandale, IA	2:30:36	2:42:20	12:07
3194	353	W40	Misty Shaw, 44*, Macomb, IL	2:30:36	2:40:56	12:07
3048	445	M25	Phillip Hemesath, 28, Des Moines, IA	2:30:37	2:41:07	12:07
3195	639	W25	Katy DePena, 25*, West Des Moines, IA	2:30:38	2:40:14	12:07
3196	560	W35	Jill Eimermann, 35*, Des Moines, IA	2:30:39	2:43:32	12:07
3049	446	M25	Travis Downing, 28, Allison, IA	2:30:39	2:42:37	12:07
3197	404	W20	Kristi Fisher, 23*, Des Moines, IA	2:30:41	2:36:57	12:07
3050	148	M55	John Wetherell, 57, Des Moines, IA	2:30:41	2:42:09	12:07
3198	714	W30	Andi Thomsen, 34*, Dunlap, IA	2:30:41	2:43:33	12:07
3051	388	M40	Greg Jones, 43, Norwalk, IA	2:30:45	2:43:34	12:08
3199	66	W55	Deb Meissner, 59*, Colorado Springs, CO	2:30:51	2:40:19	12:08
3052	389	M40	Matt Crile, 44, Des Moines, IA	2:30:56	2:32:49	12:09
3200	715	W30	Katrina Langreck, 32*, Des Moines, IA	2:30:57	2:44:16	12:09
3201	561	W35	Jill Dolan, 35*, West Des Moines, IA	2:30:59	2:41:10	12:09
3202	137	W50	Joy Allen, 54*, Fort Worth, TX	2:31:00	2:42:07	12:09
3203	138	W50	Amy Kelly, 50*, Le Mars, IA	2:31:01	2:42:08	12:09
3204	139	W50	Sue Edwards, 54*, Iowa City, IA	2:31:04	2:39:53	12:09
3053	640	M30	Randy Holt, 32, Des Moines, IA	2:31:04	2:39:54	12:09
3205	716	W30	Amber Ammons, 33*, Grimes, IA	2:31:07	2:37:30	12:10
3206	405	W20	Mackenzie Hinrichs, 24*, Pleasant Hill, IA	2:31:08	2:34:16	12:10
3207	717	W30	Rachele Davis, 30*, Hawkeye, IA	2:31:09	2:38:11	12:10
3208	718	W30	Erin Nennig, 30*, Des Moines, IA	2:31:11	2:40:06	12:10
3209	640	W25	Danielle Miller, 29*, Knoxville, IA	2:31:13	2:40:53	12:10
3210	37	JrW	Taylor Brown, 15*, Ankeny, IA	2:31:17	2:41:51	12:10
3211	719	W30	Heather Seibel, 31*, Durant, IA	2:31:17	2:44:04	12:10
3212	354	W40	Brenda Brown, 44*, Ankeny, IA	2:31:18	2:41:52	12:10
3213	720	W30	Kerry Olson, 31*, Bondurant, IA	2:31:18	2:43:58	12:10
3054	286	M45	Art Dinkin, 47, Clive, IA	2:31:18	2:43:09	12:10
3214	641	W25	Meredith Buseman, 27*, Johnston, IA	2:31:18	2:39:06	12:10
3215	406	W20	Mallory Dobbs, 24*, West Des Moines, IA	2:31:19	2:42:41	12:10
3216	67	W55	Janelle McCrabb, 55*, Muscatine, IA	2:31:20	2:44:07	12:11
3217	355	W40	Melinda Grask, 43*, Clive, IA	2:31:20	2:42:50	12:11
3218	562	W35	Justean Allen, 38*, Waukee, IA	2:31:22	2:36:42	12:11
3055	447	M25	Grant Stokka, 26, Des Moines, IA	2:31:22	2:38:54	12:11
3056	253	M20	Eric Parrott, 23, Kalona, IA	2:31:22	2:38:54	12:11
3219	642	W25	Kellee Wilson, 28*, Johnston, IA	2:31:24	2:40:43	12:11
3220	563	W35	Tonia Rurup, 37*, Rockwell, IA	2:31:28	2:34:43	12:11
3221	721	W30	Jamie Rasmusson, 30*, Mason City, Ia, Ia	2:31:32	2:44:55	12:12
3222	722	W30	Amy Laumann, 34*, Glenwood, IA	2:31:33	2:45:11	12:12

3223	723	W30	Emily Woollums, 30*, Waukee, IA	2:31:34	2:43:54	12:12
3224	643	W25	Destiny Welsh, 28*, West Des Moines, IA	2:31:34	2:40:29	12:12
3225	644	W25	Angela Herman, 28*, Chicago, IL	2:31:35	2:40:29	12:12
3057	641	M30	Harjinder Singh Papial, 33, Urbandale, IA	2:31:37	2:39:39	12:12
3226	208	W45	Julie Fisher, 48*, Madrid, IA	2:31:41	2:39:33	12:12
3227	407	W20	Amanda Smith, 24*, Pleasant Hill, IA	2:31:42	2:35:42	12:12
3228	140	W50	Debra Wherry, 51*, Osage, IA	2:31:42	2:44:01	12:12
3229	68	W55	Sue Cowell, 58*, Kensett, IA	2:31:42	2:44:01	12:12
3058	254	M20	Daniel Raes, 21, Slater, IA	2:31:43	2:40:34	12:12
3230	356	W40	Anjela Shutts, 42*, Des Moines, IA	2:31:43	2:41:17	12:12
3231	141	W50	Yvonne Raes, 52*, Slater, IA	2:31:43	2:40:34	12:12
3232	142	W50	Beth Avery, 54*, Des Moines, IA	2:31:44	2:43:52	12:12
3233	209	W45	Shelly Knutson, 49*, Cambridge, IA	2:31:45	2:42:04	12:13
3234	210	W45	Vickie Doerr, 46*, Des Moines, IA	2:31:46	2:42:03	12:13
3235	143	W50	Johnna Karsjens, 50*, Norwalk, IA	2:31:46	2:42:04	12:13
3059	642	M30	Om Gurung, 32, West Des Moines, IA	2:31:47	2:39:43	12:13
3060	149	M55	Randy Anderson, 55, Urbandale, IA	2:31:48	2:38:37	12:13
3061	150	M55	Doug Oneal, 56, West Des Moines, IA	2:31:48	2:38:37	12:13
3236	564	W35	Karen Botting, 39*, Winterset, IA	2:31:49	2:36:36	12:13
3237	357	W40	A Marie Schwartz, 40*, Ames, IA	2:31:51	2:44:16	12:13
3062	643	M30	Douglas Stone, 30, Des Moines, IA	2:31:54	2:44:24	12:13
3238	211	W45	Christine Munson, 46*, Mitchellville, IA	2:31:54	2:43:41	12:13
3239	69	W17	Elisabeth Phillips, 19*, State Center, IA	2:31:54	2:39:14	12:13
3240	358	W40	Denise Coberley, 41*, Nevada, IA	2:31:55	2:39:15	12:13
3241	645	W25	Danie Coulter, 26*, West Des Moines, IA	2:31:55	2:44:10	12:13
3242	212	W45	Vicki Anderson, 47*, Conrad, IA	2:31:58	2:39:28	12:14
3063	450	M35	Brad Essick, 37, Carroll, IA	2:32:03	2:37:25	12:14
3243	359	W40	Joann Kottowski, 40*, Des Moines, IA	2:32:06	2:42:01	12:14
3244	724	W30	Molly Hayes, 34*, West Des Moines, IA	2:32:06	2:41:59	12:14
3245	565	W35	Julie Rouse, 36*, Cedar Falls, IA	2:32:07	2:36:04	12:14
3246	725	W30	Angie Miller, 34*, Ankeny, IA	2:32:07	2:40:03	12:14
3247	213	W45	Mary Vaassen, 46*, Indianola, IA	2:32:08	2:42:43	12:14
3064	287	M45	Phillip Vaassen, 46, Indianola, IA	2:32:09	2:42:44	12:15
3065	644	M30	Brent Helgren, 30, Rochester, MN	2:32:10	2:41:06	12:15
3248	566	W35	Jennifer Chamberlain, 37*, Indianola, IA	2:32:10	2:42:45	12:15
3249	646	W25	Beth Harris, 28*, Runnells, IA	2:32:10	2:38:40	12:15
3250	567	W35	Kelly Maher, 38*, Altoona, IA	2:32:10	2:38:40	12:15
3066	451	M35	Jim Chamberlain, 38, Indianola, IA	2:32:12	2:42:47	12:15
3251	726	W30	Kiki Scarberry, 34*, Creston, IA	2:32:13	2:38:59	12:15
3252	408	W20	Laura Coombs, 23*, Indianola, IA	2:32:18	2:38:22	12:15
3253	409	W20	Katie Blaskovich, 23*, West Des Moines, IA	2:32:19	2:40:21	12:15
3254	410	W20	Jenny Chen, 24*, Des Moines, IA	2:32:21	2:43:04	12:15
3255	647	W25	Angelica Smith, 29*, Urbandale, IA	2:32:23	2:39:45	12:16
3067	645	M30	Matthew Smith, 32, Urbandale, IA	2:32:23	2:39:44	12:16
3256	648	W25	Melissa Ausborn, 27*, Ames, IA	2:32:23	2:45:13	12:16
3257	568	W35	Jennifer Grove, 38*, Red Wing, MN	2:32:24	2:44:49	12:16
3258	360	W40	Jodi Stedman, 40*, West Des Moines, IA	2:32:31	2:36:30	12:16
3259	649	W25	Laura Norris, 25*, Osceola, IA	2:32:33	2:43:40	12:16
3260	214	W45	Lisa Shawler, 46*, Creston, IA	2:32:34	2:42:11	12:17
3261	569	W35	Katie Patel, 37*, Solon, IA	2:32:36	2:43:36	12:17
3262	144	W50	Heather Bacino, 50*, Waukee, IA	2:32:36	2:42:18	12:17
3263	650	W25	Jill Heddinger, 29*, West Des Moines, IA	2:32:36	2:43:16	12:17
3264	215	W45	Susan Pegg, 45*, Urbandale, IA	2:32:37	2:42:19	12:17
3068	390	M40	Tim Pegg, 43, Urbandale, IA	2:32:37	2:42:19	12:17
3265	216	W45	Paula Ervin, 46*, Jewell, IA	2:32:41	2:39:10	12:17
3266	411	W20	Lisa Kral, 23*, West Des Moines, IA	2:32:42	2:44:10	12:17
3267	145	W50	Diane Jenkins, 54*, Spencer, IA	2:32:43	2:42:24	12:17
3268	69	W55	Deb Droll, 56*, Iowa City, IA	2:32:44	2:42:25	12:17
3069	151	M55	Gary Hingtgen, 59, Kieler, WI	2:32:45	2:36:38	12:17
3269	361	W40	Rosario Manzano, 42*, West Des Moines, IA	2:32:48	2:42:23	12:18
3270	70	W55	Sara Dreyer, 56*, Altoona, IA	2:32:48	2:45:32	12:18
3070	23	M65	Steven Hamilton, 65, Storm Lake, IA	2:32:49	2:43:35	12:18
3071	53	JrM	Drew Irons, 16, Ankeny, IA	2:32:49	2:40:00	12:18
3072	452	M35	Micah Cope, 37, Newton, IA	2:32:51	2:44:58	12:18
3073	255	M20	Aaron Freeman, 24, Mount Pleasant, IA	2:32:54	2:39:14	12:18

3271	38 JrW	Courtney Clapper, 15*, Rhodes, IA	2:32:54	2:44:46	12:18
3074	391 M40	Roger Leshner, 41, Cambridge, IA	2:32:55	2:39:31	12:18
3272	570 W35	Mickolyn Clapper, 38*, Rhodes, IA	2:32:55	2:44:47	12:18
3273	412 W20	Samantha Freeman, 24*, Mount Pleasant, IA	2:32:55	2:39:14	12:18
3274	571 W35	Carrie Ratliff, 36*, Mingo, IA	2:32:56	2:44:48	12:18
3075	448 M25	Ryan McDonald, 29, Des Moines, IA	2:32:56	2:45:27	12:18
3275	362 W40	Andrea Martin, 44*, Iowa City, IA	2:32:56	2:41:45	12:18
3076	288 M45	Brad Sand, 49, Des Moines, IA	2:33:01	2:41:38	12:19
3276	727 W30	Danielle Kraehling, 34*, Gilbert, IA	2:33:02	2:43:15	12:19
3277	363 W40	Chris Rhinehart, 44*, Conrad, IA	2:33:02	2:45:00	12:19
3077	453 M35	Jake Kraehling, 35, Gilbert, IA	2:33:02	2:43:15	12:19
3078	72 M60	Tim Devick, 63, Urbandale, IA	2:33:05	2:33:37	12:19
3278	572 W35	Melisa Haes, 36*, West Des Moines, IA	2:33:08	2:44:53	12:19
3279	651 W25	Kathryn Manning, 25*, Cedar Rapids, IA	2:33:09	2:43:36	12:19
3280	728 W30	Dawn Roberts, 30*, Ankeny, IA	2:33:10	2:42:36	12:19
3281	652 W25	Addie McCreedy, 26*, Lost Nation, IA	2:33:10	2:43:37	12:19
3079	454 M35	Chris Hammond, 35, Jefferson, IA	2:33:13	2:41:53	12:20
3282	729 W30	Nicole Fox, 32*, Story City, IA	2:33:13	2:43:28	12:20
3080	455 M35	Matthew Braafhart, 38, Des Moines, IA	2:33:19	2:45:15	12:20
3283	364 W40	Dawn Andrus, 40*, W Des Moines, IA	2:33:20	2:40:35	12:20
3081	256 M20	Waylon Karp, 21, Ottumwa, IA	2:33:21	2:34:50	12:20
3082	456 M35	Kris Hutchinson, 37, Bondurant, IA	2:33:22	2:39:37	12:20
3284	653 W25	Emily Grow, 28*, Jefferson, IA	2:33:22	2:45:34	12:20
3083	392 M40	Craig Johnson, 43, Bondurant, IA	2:33:23	2:39:38	12:20
3084	72 M17	Grant Houser, 19, Des Moines, IA	2:33:24	2:43:37	12:21
3285	573 W35	Terry McQueen, 37*, Des Moines, IA	2:33:24	2:44:59	12:21
3085	393 M40	Jay Ginsberg, 43, Johnston, IA	2:33:26	2:42:25	12:21
3086	646 M30	Nathan Willey, 33, Oskaloosa, IA	2:33:28	2:42:31	12:21
3286	730 W30	Amber Saylor, 33*, Cambridge, IA	2:33:29	2:43:39	12:21
3287	365 W40	Roseanne Ricke, 40*, Lisbon, IA	2:33:29	2:40:29	12:21
3288	654 W25	Sarah Willey, 29*, Oskaloosa, IA	2:33:29	2:42:31	12:21
3289	655 W25	Molly Hopkins, 25*, West Des Moines, IA	2:33:29	2:35:40	12:21
3290	731 W30	Alma Henry, 31*, Johnston, IA	2:33:29	2:39:23	12:21
3291	732 W30	Kristin Shell, 34*, Urbandale, IA	2:33:33	2:35:20	12:21
3292	656 W25	Libby Liewer, 28*, Des Moines, IA	2:33:33	2:40:25	12:21
3293	15 W60	Coleen Waage, 62*, West Des Moines, IA	2:33:35	2:34:27	12:21
3087	449 M25	Robert Pinokwski, 25, Ankeny, IA	2:33:35	2:40:17	12:21
3294	657 W25	Marissa Marshall, 26*, Des Moines, IA	2:33:37	2:40:18	12:22
3295	16 W60	Rebecca Darnell, 62*, Des Moines, IA	2:33:39	2:43:50	12:22
3296	17 W60	Janet Knock, 61*, Creston, IA	2:33:39	2:46:47	12:22
3297	71 W55	Patty Sladky, 56*, Urbandale, IA	2:33:40	2:43:51	12:22
3298	658 W25	Erin Newbury, 26*, West Des Moines, IA	2:33:42	2:40:59	12:22
3299	659 W25	Sara Embrey, 26*, Des Moines, IA	2:33:44	2:41:01	12:22
3300	574 W35	Michelle Doland, 39*, Newton, IA	2:33:47	2:40:39	12:22
3301	217 W45	Bonnie Beyer, 46*, Vinton, IA	2:33:47	2:45:33	12:22
3302	660 W25	Meredith Wilson, 27*, Ankeny, IA	2:33:48	2:44:45	12:22
3088	257 M20	Douglas Gaule, 21, Des Moines, IA	2:33:55	2:37:23	12:23
3303	218 W45	Aimee Carlson, 47*, Bouton, IA	2:33:55	2:45:06	12:23
3304	733 W30	Joelle Rodriguez, 32*, West Des Moines, IA	2:33:57	2:41:12	12:23
3305	366 W40	Heide McDaniel, 41*, Altoona, IA	2:34:00	2:35:50	12:23
3306	575 W35	Alana Schares, 36*, Urbandale, IA	2:34:03	2:40:27	12:24
3089	457 M35	Jeff Umstead, 39, Waukee, IA	2:34:05	2:46:39	12:24
3090	258 M20	Andrew Schaefer, 20, Creston, IA	2:34:06	2:43:00	12:24
3091	647 M30	Matt Shackelford, 30, Creston, IA	2:34:06	2:43:00	12:24
3307	576 W35	Heather Erickson, 35*, Waukee, IA	2:34:07	2:47:19	12:24
3092	458 M35	Randy Butler, 35, Des Moines, IA	2:34:09	2:48:40	12:24
3308	734 W30	Sarah Chambers, 32*, Humboldt, IA	2:34:12	2:41:58	12:24
3093	394 M40	Scott Schumacher, 43, Johnston, IA	2:34:12	2:47:01	12:24
3309	577 W35	Melissa Waalk, 36*, Des Moines, IA	2:34:15	2:40:41	12:25
3310	578 W35	Deb Gilmore, 38*, Ankeny, IA	2:34:23	2:44:07	12:25
3311	661 W25	Jenna Hahn, 27*, West Des Moines, IA	2:34:24	2:44:08	12:25
3094	73 M60	Jeff Jungman, 62, West Des Moines, IA	2:34:24	2:43:40	12:25
3312	735 W30	Jennifer Schoeberl, 30*, West Des Moines, IA	2:34:27	2:36:46	12:26
3313	579 W35	Kirthi Srikanta, 39*, Ames, IA	2:34:29	2:44:35	12:26

3095	395	M40	Norman Wrigley, 40, Altoona, IA	2:34:30	2:45:36	12:26
3096	259	M20	Nicholas Lantz, 22, Ankeny, IA	2:34:31	2:44:38	12:26
3314	580	W35	Brandy Walker, 39*, Ames, IA	2:34:31	2:44:39	12:26
3315	581	W35	Keri Crowley, 37*, Indianola, IA	2:34:32	2:44:56	12:26
3316	582	W35	Erinn Sommars, 39*, Ankeny, IA	2:34:33	2:40:12	12:26
3097	459	M35	Jason Still, 37, Council Bluffs, IA	2:34:35	2:47:08	12:26
3098	450	M25	Patrick Mansheim, 29, Clive, IA	2:34:37	2:47:47	12:26
3099	216	M50	Kevin Mohler, 52, Marion, IA	2:34:41	2:43:14	12:27
3317	367	W40	Rachel Rees, 43*, Columbus Junction, IA	2:34:43	2:43:46	12:27
3318	662	W25	Sarah Thompson, 29*, Urbandale, IA	2:34:45	2:42:35	12:27
3100	217	M50	Tom Franklin, 53, Urbandale, IA	2:34:47	2:41:56	12:27
3319	736	W30	Lisa Walters, 33*, West Des Moines, IA	2:34:48	2:45:40	12:27
3320	583	W35	Jackie Nolte, 39*, Ankeny, IA	2:34:56	2:43:29	12:28
3321	663	W25	Jana Van Bruggen, 25*, Sioux Center, IA	2:35:01	2:36:23	12:28
3101	6	M70	Walter Aeckerle, 70, Lakewood, CO	2:35:09	2:41:50	12:29
3322	413	W20	Andrea Heying, 24*, West Des Moines, IA	2:35:11	2:43:50	12:29
3323	72	W55	Kathy Ford, 55*, Clive, IA	2:35:13	2:41:46	12:29
3102	396	M40	Rick Kingery, 43, Knoxville, IA	2:35:14	2:41:21	12:29
3103	460	M35	Bill Kuehler, 37, Des Moines, IA	2:35:19	2:45:26	12:30
3324	664	W25	Danyl Vonnahme, 26*, Altoona, IA	2:35:24	2:48:34	12:30
3325	665	W25	Kim Meyer, 26*, West Des Moines, IA	2:35:24	2:41:30	12:30
3326	584	W35	Joni Leinen, 37*, Urbandale, IA	2:35:25	2:45:57	12:30
3327	737	W30	Sara Meyer, 30*, West Des Moines, IA	2:35:25	2:41:31	12:30
3104	461	M35	Marty Ernzen, 35, Farley, IA	2:35:27	2:41:08	12:30
3105	462	M35	Eric Groen, 37, Ankeny, IA	2:35:30	2:39:34	12:31
3328	738	W30	Anna Smith, 33*, Des Moines, IA	2:35:31	2:45:36	12:31
3329	585	W35	Sarah Koth, 39*, Polk City, IA	2:35:33	2:47:11	12:31
3330	739	W30	Abby Martin, 31*, Altoona, IA	2:35:38	2:45:29	12:31
3331	666	W25	Jenna Grover, 29*, Ankeny, IA	2:35:39	2:47:25	12:31
3106	152	M55	Shan Davis, 56, Dike, IA	2:35:40	2:47:26	12:31
3332	414	W20	Katie Lindgren, 23*, Urbandale, IA	2:35:41	2:47:46	12:32
3333	415	W20	Lauren Ehlers, 23*, Urbandale, IA	2:35:41	2:47:46	12:32
3334	146	W50	Becky Krob, 53*, Solon, IA	2:35:44	2:44:30	12:32
3335	416	W20	Kristen Gehring, 21*, Ames, IA	2:35:44	2:47:16	12:32
3336	740	W30	Lia Brown, 31*, Des Moines, IA	2:35:45	2:45:54	12:32
3337	741	W30	Erica Johnson, 30*, Des Moines, IA	2:35:47	2:47:46	12:32
3338	368	W40	Stefanie Arnaman, 42*, West Liberty, IA	2:35:49	2:46:38	12:32
3339	369	W40	Tracey Zwiefel, 43*, Ventura, IA	2:35:51	2:46:17	12:32
3340	370	W40	Jennifer Westlake, 40*, Des Moines, IA	2:35:54	2:42:33	12:33
3341	371	W40	Kristina J Dawson, 40*, Des Moines, IA	2:35:55	2:43:28	12:33
3107	260	M20	Andrew Kok, 24, West Des Moines, IA	2:35:55	2:48:09	12:33
3108	261	M20	Jeffrey Simak, 23, Iowa City, IA	2:35:55	2:38:43	12:33
3342	417	W20	Emily Hartwig, 21*, Iowa City, IA	2:35:55	2:38:43	12:33
3343	418	W20	Abby Foster, 20*, Webster City, IA	2:35:59	2:47:18	12:33
3344	667	W25	Stephanie Krob, 26*, Des Moines, IA	2:36:00	2:44:46	12:33
3345	70	W17	Amanda Greene, 19*, Alleman, IA	2:36:00	2:39:48	12:33
3109	648	M30	Kris Laufer, 32, West Des Moines, IA	2:36:01	2:49:22	12:33
3346	742	W30	Kate Laufer, 31*, West Des Moines, IA	2:36:01	2:49:22	12:33
3110	397	M40	Carl Linder, 43, Ankeny, IA	2:36:05	2:46:19	12:34
3111	218	M50	Tim Cutler, 50, Carlisle, IA	2:36:07	2:47:50	12:34
3347	743	W30	Crystal Euchner, 33*, Ames, IA	2:36:08	2:46:30	12:34
3348	586	W35	Jamie Hamilton, 37*, Ames, IA	2:36:08	2:46:30	12:34
3349	587	W35	Dalene Craig, 39*, Johnston, IA	2:36:08	2:45:24	12:34
3350	744	W30	Cora Griffen, 34*, Ames, IA	2:36:09	2:47:00	12:34
3351	372	W40	Tanya Hardy, 41*, Osceola, IA	2:36:09	2:46:34	12:34
3352	419	W20	Steph Jones, 23*, West Des Moines, IA	2:36:10	2:43:56	12:34
3353	420	W20	Polly Carlson, 24*, Des Moines, IA	2:36:11	2:42:13	12:34
3354	373	W40	Amy Dittmar, 41*, Ankeny, IA	2:36:11	2:43:03	12:34
3112	219	M50	Joseph Foresman, 52, Clive, IA	2:36:13	2:46:51	12:34
3113	220	M50	Karl Ehlers, 54, Urbandale, IA	2:36:14	2:46:52	12:34
3114	221	M50	Mark Greenfield, 51, Jewell, IA	2:36:16	2:44:45	12:34
3355	588	W35	Lori Mattes, 37*, Newton, IA	2:36:18	2:36:18	12:35
3356	589	W35	Susanna Harding, 39*, Mitchellville, IA	2:36:18	2:40:23	12:35
3115	74	M60	Lonnie Gerber, 63, Pella, IA	2:36:21	2:48:36	12:35
3357	745	W30	Heather Foley, 31*, Norwalk, IA	2:36:22	2:47:35	12:35

3116	649	M30	Jeremy Johnson, 33, Johnston, IA	2:36:28	2:47:43	12:35
3358	668	W25	Valarie Tometich, 28*, Iowa City, IA	2:36:34	2:43:05	12:36
3359	746	W30	Mala Vilayvong, 30*, Des Moines, IA	2:36:37	2:46:01	12:36
3360	219	W45	Lisa Pierce, 48*, Ankeny, IA	2:36:39	2:48:58	12:36
3117	650	M30	Huy Huynh, 31, Urbandale, IA	2:36:41	2:40:21	12:36
3361	747	W30	Melissa Bauer, 31*, Polk City, IA	2:36:42	2:47:44	12:37
3362	669	W25	Kimberly Mueller-Malone, 29*, Lincoln, NE	2:36:45	2:49:23	12:37
3363	590	W35	Brandy Hataway, 36*, Avon, IN	2:36:45	2:49:23	12:37
3364	748	W30	Valerie Francois, 32*, Bondurant, IA	2:36:48	2:47:17	12:37
3118	398	M40	Joseph Hanson, 42, Des Moines, IA	2:36:54	2:48:32	12:37
3365	421	W20	Brittany Blunk, 21*, Ankeny, IA	2:36:56	2:47:03	12:38
3366	749	W30	Laure Fredenburg, 34*, Des Moines, IA	2:36:56	2:48:11	12:38
3367	422	W20	Yunnie Low, 23*, Ankeny, IA	2:36:57	2:49:11	12:38
3368	591	W35	Katie Turner, 35*, Creston, IA	2:36:58	2:43:43	12:38
3369	670	W25	Christine Tendrock, 25*, Panora, IA	2:37:00	2:47:32	12:38
3119	463	M35	David Hellstern, 35, Urbandale, IA	2:37:00	2:47:27	12:38
3120	464	M35	Pat Senkyr, 35, Urbandale, IA	2:37:01	2:38:29	12:38
3370	750	W30	Laura Petersen, 31*, Clear Lake, IA	2:37:04	2:47:30	12:38
3371	592	W35	Sarah Shore, 37*, Ames, IA	2:37:07	2:47:33	12:38
3372	374	W40	Kathy Healy, 44*, West Des Moines, IA	2:37:08	2:43:35	12:39
3373	423	W20	Rachel Wall, 24*, Iowa City, IA	2:37:08	2:46:13	12:39
3121	465	M35	Steve Smith, 38, Des Moines, IA	2:37:09	2:47:14	12:39
3374	593	W35	Lesley Ellis, 36*, Urbandale, IA	2:37:09	2:46:43	12:39
3122	651	M30	John Halbbrook, 34, Johnston, IA	2:37:10	2:43:24	12:39
3375	375	W40	Debra Prentice, 42*, Des Moines, IA	2:37:10	2:50:15	12:39
3376	376	W40	Heather Rutledge, 41*, Eagle Grove, IA	2:37:11	2:48:07	12:39
3377	751	W30	Tina Coquyt, 31*, Ankeny, IA	2:37:13	2:49:53	12:39
3378	594	W35	Toni Hamman, 37*, Madrid, IA	2:37:14	2:49:54	12:39
3123	262	M20	Rene Martinez, 24, Des Moines, IA	2:37:14	2:45:30	12:39
3379	752	W30	Courtney Bach, 30*, Clive, IA	2:37:16	2:44:15	12:39
3380	595	W35	Joanna Lowe, 35*, Clive, IA	2:37:18	2:39:29	12:39
3124	399	M40	Tim Lowe, 40, Clive, IA	2:37:20	2:39:31	12:40
3381	671	W25	Becca Alleman, 29*, Coralville, IA	2:37:21	2:43:25	12:40
3382	672	W25	Mandy Kistler, 29*, Chicago, IL	2:37:21	2:43:25	12:40
3383	753	W30	Alison Campbell, 33*, Iowa Falls, IA	2:37:24	2:49:21	12:40
3125	466	M35	Steve Campbell, 35, Iowa Falls, IA	2:37:26	2:49:22	12:40
3384	754	W30	Megan Flaws, 31*, Des Moines, IA	2:37:30	2:49:48	12:40
3385	220	W45	Janet Reese, 46*, Oskaloosa, IA	2:37:30	2:44:11	12:40
3386	377	W40	Jennifer Fejfar, 43*, Urbandale, IA	2:37:34	2:41:01	12:41
3387	596	W35	Stacey Lyman, 35*, Bondurant, IA	2:37:36	2:47:30	12:41
3388	597	W35	Beth Marchant, 35*, Ankeny, IA	2:37:36	2:48:37	12:41
3389	221	W45	Patty Link, 46*, Des Moines, IA	2:37:37	2:50:42	12:41
3390	673	W25	Marie Rice, 27*, Seattle, WA	2:37:38	2:50:29	12:41
3391	674	W25	Courtney Sipe, 27*, Fairway, KS	2:37:39	2:50:30	12:41
3392	675	W25	Jessica Craun, 27*, Brighton, IA	2:37:44	2:47:13	12:41
3393	598	W35	Tracy Rhoads, 38*, Cambridge, IA	2:37:45	2:39:02	12:42
3394	755	W30	Lindsey Stentz, 30*, Des Moines, IA	2:37:45	2:47:29	12:42
3395	756	W30	Cheri Bloyer, 32*, Des Moines, IA	2:37:46	2:49:35	12:42
3396	424	W20	Lauren Plummer, 20*, Urbandale, IA	2:37:46	2:49:52	12:42
3126	400	M40	Stephen Caropreso, 40, Chicago, IL	2:37:48	2:47:48	12:42
3397	757	W30	Jessica Little, 34*, Pleasant Hill, IA	2:37:49	2:49:23	12:42
3398	758	W30	Wendi Barnes, 33*, Corning, IA	2:37:51	2:51:02	12:42
3127	652	M30	Brian Blome, 33, Des Moines, IA	2:37:51	2:51:02	12:42
3399	759	W30	Jessica Keehn, 34*, Des Moines, IA	2:37:54	2:46:16	12:42
3400	676	W25	Nicole Mortenson, 28*, Bondurant, IA	2:37:57	2:44:09	12:42
3401	378	W40	Lisa Harms, 40*, Indianola, IA	2:37:57	2:44:09	12:42
3402	677	W25	Joa Rolffs, 25*, West Des Moines, IA	2:37:57	2:42:42	12:43
3128	451	M25	Stephen Postma, 25, Sioux Center, IA	2:37:58	2:40:37	12:43
3403	599	W35	Angel Carman, 38*, Pleasant Hill, IA	2:38:00	2:50:33	12:43
3404	678	W25	Julie Schrader, 25*, Marshalltown, IA	2:38:02	2:45:02	12:43
3405	760	W30	Erin Soderblom, 31*, Des Moines, IA	2:38:03	2:50:45	12:43
3406	679	W25	Amber Soderblom, 29*, Des Moines, IA	2:38:04	2:50:45	12:43
3129	452	M25	Joshua Challand, 27, Guthrie Center, IA	2:38:05	2:49:25	12:43
3130			#71	2:38:07	2:38:12	12:43
3407	600	W35	Angie Rathbun, 35*, Ankeny, IA	2:38:11	2:46:48	12:44

3131	653	M30	Chad Egan, 32, Des Moines, IA	2:38:14	2:44:19	12:44
3132	453	M25	Kevin Rodriguez, 28, Clive, IA	2:38:17	2:44:52	12:44
3133	401	M40	Travis Torres, 44, Cedar Falls, IA	2:38:21	2:40:27	12:44
3408	601	W35	Kari McLaren, 36*, Urbandale, IA	2:38:23	2:49:43	12:45
3134	467	M35	Brent McLaren, 35, Urbandale, IA	2:38:24	2:49:44	12:45
3409	680	W25	Casy Shatzer, 25*, Oskaloosa, IA	2:38:26	2:51:37	12:45
3410	222	W45	Iwalani Belisario, 45*, Ankeny, IA	2:38:26	2:47:54	12:45
3411	761	W30	Cathy Bormann, 34*, Urbandale, IA	2:38:28	2:40:46	12:45
3135	222	M50	Norman Page, 53, Ankeny, IA	2:38:31	2:45:31	12:45
3412	379	W40	Abby Crannell, 40*, Adel, IA	2:38:38	2:48:17	12:46
3413	380	W40	Christina Hlas, 42*, Adel, IA	2:38:40	2:48:19	12:46
3136	454	M25	Kevin Gehrke, 26, Ankeny, IA	2:38:42	2:50:15	12:46
3137	54	JrM	Hunter Kuhlmann, 16, Fort Dodge, IA	2:38:42	2:41:54	12:46
3138	654	M30	Tony Cupp, 30, Clive, IA	2:38:50	2:45:37	12:47
3139	468	M35	Ben Drost, 36, Oskaloosa, IA	2:38:51	2:50:07	12:47
3140	455	M25	Matt Jones, 25, Ames, IA	2:38:52	2:50:22	12:47
3414	18	W60	Jennifer Martin, 64*, Ames, IA	2:38:52	2:44:15	12:47
3415	602	W35	Jessica Cleereman, 36*, Des Moines, IA	2:38:55	2:50:26	12:47
3416	223	W45	Toni Braaksma, 46*, Packwood, IA	2:38:56	2:48:25	12:47
3417	603	W35	Michele Lammers, 37*, Alton, IA	2:39:03	2:40:25	12:48
3418	762	W30	Jennifer Baker, 31*, St Louis, MO	2:39:04	2:49:37	12:48
3419	763	W30	Amber Johnson, 31*, West Des Moines, IA	2:39:17	2:48:39	12:49
3420	381	W40	Nicole Galliard, 40*, Story City, IA	2:39:18	2:51:53	12:49
3421	382	W40	Lisa Wiley, 41*, Ankeny, IA	2:39:19	2:49:10	12:49
3422	764	W30	Lisa Hagelberg, 32*, Caledonia, MI	2:39:20	2:52:00	12:49
3423	425	W20	Asia Pruckler, 22*, Ames, IA	2:39:23	2:49:01	12:49
3141	655	M30	G W. Duff, 31, Des Moines, IA	2:39:25	2:46:05	12:50
3424	73	W55	Sheryl Richey, 57*, Urbandale, IA	2:39:28	2:40:39	12:50
3425	681	W25	Julie Hobbs, 25*, West Des Moines, IA	2:39:29	2:40:40	12:50
3426	765	W30	Sarah Heintz, 34*, Woodbury, MN	2:39:34	2:47:07	12:50
3427	604	W35	Jessica Jordan-Walker, 36*, Slater, IA	2:39:38	2:52:08	12:51
3142	75	M60	David Holt, 64, Urbandale, IA	2:39:43	2:51:45	12:51
3428	766	W30	Mandi McReynolds, 30*, West Des Moines, IA	2:39:45	2:45:40	12:51
3429	605	W35	Bonnie Kroneman, 35*, Osage, IA	2:39:50	2:51:39	12:52
3430	426	W20	Marjorie Tometich, 21*, Des Moines, IA	2:39:50	2:43:44	12:52
3431	71	W17	Kassidy Bast, 19*, Urbandale, IA	2:39:55	2:49:26	12:52
3432	224	W45	Kaylene Bast, 46*, Urbandale, IA	2:39:56	2:49:27	12:52
3433	682	W25	Breanne Kastler, 25*, Woolstock, IA	2:39:59	2:44:44	12:52
3434	427	W20	Tabitha Scott, 23*, Ankeny, IA	2:40:02	2:41:12	12:53
3435	683	W25	Betsy Clayton, 25*, Newton, IA	2:40:02	2:42:27	12:53
3436	606	W35	Lesley Beerends, 38*, Des Moines, IA	2:40:03	2:52:36	12:53
3437	225	W45	Tina Rogers, 45*, Johnston, IA	2:40:05	2:51:09	12:53
3143	402	M40	Jack Haynes, 42, Johnston, IA	2:40:06	2:51:10	12:53
3144	403	M40	Carl Rogers, 42, Johnston, IA	2:40:06	2:51:10	12:53
3145	289	M45	Ron Pins, 45, Cedar Rapids, IA	2:40:07	2:52:20	12:53
3146	404	M40	Jamie Lawler, 44, West Des Moines, IA	2:40:08	2:52:21	12:53
3438	684	W25	Jillian Bradour, 28*, Ia, IA	2:40:10	2:47:18	12:53
3439	607	W35	Kim Gray, 39*, Norwalk, IA	2:40:11	2:49:29	12:53
3440	39	JrW	Adela Myers, 16*, Fort Dodge, IA	2:40:12	2:46:49	12:53
3147	405	M40	Sean Noonan, 44, Algona, IA	2:40:14	2:44:28	12:54
3441	608	W35	Penny Rouse, 38*, Tiffin, IA	2:40:16	2:51:19	12:54
3442	609	W35	Paige Strawn, 35*, Pleasant Hill, IA	2:40:16	2:52:50	12:54
3148	456	M25	Russell Place, 26, West Des Moines, IA	2:40:21	2:46:49	12:54
3149	153	M55	Joe Henry, 56, Des Moines, IA	2:40:22	2:47:26	12:54
3443	685	W25	Holly Poort, 26*, Clive, IA	2:40:23	2:51:52	12:54
3444	383	W40	Denise Becker, 44*, Knoxville, IA	2:40:26	2:51:51	12:54
3445	19	W60	Helen Pearce, 62*, Cedar Falls, IA	2:40:27	2:49:35	12:55
3446	226	W45	Janine Wasson, 47*, Cedar Rapids, IA	2:40:27	2:46:57	12:55
3447	610	W35	Christina Anderson, 37*, Waukee, IA	2:40:28	2:49:55	12:55
3448	611	W35	Trishia Sinclair, 35*, Ankeny, IA	2:40:35	2:52:06	12:55
3449	767	W30	Natalie Fevold, 33*, Farnhamville, IA	2:40:39	2:53:11	12:56
3450	768	W30	Sarah Van Waardhuizen, 31*, Pella, IA	2:40:40	2:48:30	12:56
3451	428	W20	Meagan Challand, 24*, Guthrie Center, IA	2:40:41	2:52:01	12:56

3452	612	W35	Kristin Merfeld, 39*, Des Moines, IA	2:40:43	2:54:06	12:56
3453	147	W50	Paula Wall, 51*, Overland Park, KS	2:40:44	2:47:52	12:56
3150	263	M20	Ken Meyer, 21, Ames, IA	2:40:44	2:43:29	12:56
3454	429	W20	Shelby Marsden, 21*, Ames, IA	2:40:45	2:43:30	12:56
3151	469	M35	Brandon Sharp, 37, Dallas, IA	2:40:50	2:52:52	12:56
3455	686	W25	Jacqueline Herrig, 29*, Dubuque, IA	2:40:53	2:51:14	12:57
3152	457	M25	Jason Evans, 29, Dubuque, IA	2:40:54	2:51:15	12:57
3153	458	M25	Scott Herrig, 28, Dubuque, IA	2:40:54	2:51:15	12:57
3154	290	M45	Jonathan Lightner, 46, Johnston, IA	2:40:54	2:52:53	12:57
3155	291	M45	Mark Kubovich, 46, Johnston, IA	2:41:04	2:47:41	12:58
3156	76	M60	Chuck Ward, 60, Des Moines,, Ia	2:41:04	2:53:40	12:58
3456	687	W25	Sarah Stevens, 29*, Ankeny, IA	2:41:08	2:48:06	12:58
3457	688	W25	Jennie Andersen, 29*, Johnston, IA	2:41:08	2:48:06	12:58
3458	20	W60	Barbara Braafhart, 64*, Pella, IA	2:41:08	2:53:04	12:58
3459	430	W20	Stephanie Hutchins, 23*, Bondurant, IA	2:41:10	2:51:20	12:58
3157	264	M20	Tony Smith, 24, Dubuque, IA	2:41:11	2:50:25	12:58
3460	431	W20	Stephanie Tigges, 20*, Clive, IA	2:41:12	2:47:39	12:58
3461	227	W45	Barb Tigges, 45*, Clive, IA	2:41:13	2:47:40	12:58
3158	77	M60	Robb Olson, 63, Columbus Junction, IA	2:41:18	2:48:56	12:59
3462	148	W50	Kimberly Bougher, 52*, West Des Moines, IA	2:41:21	2:51:59	12:59
3463	432	W20	Sarah Duster, 23*, Cedar Falls, IA	2:41:24	2:54:08	12:59
3464	149	W50	Kim Hill, 53*, Des Moines, IA	2:41:28	2:53:47	12:59
3465	433	W20	Angela Andresen, 24*, Des Moines, IA	2:41:29	2:51:24	13:00
3466	434	W20	Megan Rottinghaus, 24*, Charles City, IA	2:41:33	2:53:31	13:00
3159	78	M60	Patrick Proudler, 62, Bradenton, FL	2:41:33	2:44:25	13:00
3467	689	W25	Erin Kriener, 27*, Ankeny, IA	2:41:34	2:51:01	13:00
3468	384	W40	Jennifer Eubanks, 41*, Des Moines, IA	2:41:37	2:52:37	13:00
3469	769	W30	Nicole Sartori, 33*, Des Moines, IA	2:41:37	2:42:48	13:00
3160	7	M70	Ronald Turner, 71, Glidden, IA	2:41:40	2:52:32	13:00
3470	435	W20	Hannah O'Neal, 21*, Winterset, IA	2:41:41	2:52:05	13:01
3471	436	W20	Christina Lemon, 20*, Greenfield, IA	2:41:41	2:54:35	13:01
3472	385	W40	Mindi Rexroat, 42*, Ankeny, IA	2:41:42	2:50:48	13:01
3161	470	M35	Frederick Beckman, 37, Ames, IA	2:41:42	2:54:36	13:01
3473	690	W25	Devon Uric, 27*, Ames, IA	2:41:43	2:50:04	13:01
3474	613	W35	Lori Straight, 39*, Des Moines, IA	2:41:43	2:53:17	13:01
3162	24	M65	John Kuster, 65, Fairfield, IA	2:41:43	2:52:07	13:01
3163	471	M35	Gaik-Loong Kang, 36, Urbandale, IA	2:41:43	2:48:35	13:01
3475	770	W30	Libby Beckman, 33*, Ames, IA	2:41:43	2:54:35	13:01
3476	771	W30	Jana Peterson, 34*, Johnston, IA	2:41:43	2:41:43	13:01
3164	292	M45	Bret Van De Pol, 47, Ankeny, IA	2:41:49	2:43:56	13:01
3477	386	W40	Michele Bischof, 41*, Altoona, IA	2:41:59	2:48:38	13:02
3478	387	W40	Brenda Peshel, 42*, Adel, IA	2:42:07	2:51:34	13:03
3479	772	W30	Autumn Davis, 32*, Waukee, IA	2:42:13	2:50:41	13:03
3480	614	W35	Kathryn Fehring, 37*, Des Moines, IA	2:42:14	2:53:16	13:03
3481	437	W20	Elizabeth Roling, 24*, Clive, IA	2:42:17	2:53:45	13:03
3165	223	M50	Ray Elsberry, 51, Marshalltown, IA	2:42:29	2:53:13	13:04
3482	773	W30	Jennifer Maach, 32*, Paton, IA	2:42:31	2:54:43	13:05
3166	472	M35	Ed Wallace, 36, Urbandale, IA	2:42:31	2:52:41	13:05
3167	656	M30	Aaron Omtvedt, 33, Waseca, MN	2:42:32	2:53:18	13:05
3483	774	W30	Carol Omtvedt, 33*, Waseca, MN	2:42:32	2:53:17	13:05
3168	459	M25	Scott Bell, 27, Des Moines, IA	2:42:35	2:52:59	13:05
3169	657	M30	Ryan Comer, 34, Newton, IA	2:42:39	2:55:02	13:05
3484	775	W30	Catrina McDaniel, 32*, Harlan, IA	2:42:46	2:53:20	13:06
3170	473	M35	Bill McDaniel, 37, Harlan, IA	2:42:47	2:53:21	13:06
3485	150	W50	Suzanne Thompson, 53*, Ames, IA	2:42:47	2:53:22	13:06
3171	154	M55	Mark Clark, 55, Pleasant Hill, IA	2:42:52	2:49:05	13:06
3486	691	W25	Rebecca Castro, 26*, Afton, IA	2:43:00	2:49:45	13:07
3172	224	M50	Jeff Damman, 51, Ankeny, IA	2:43:01	2:54:27	13:07
3487	615	W35	Jen Young, 35*, Cedar Rapids, IA	2:43:01	2:58:20	13:07
3173	658	M30	Terry Sindelar, 31, Waukee, IA	2:43:04	2:55:37	13:07
3488	74	W55	Barb Rippe, 57*, Auburn, NE	2:43:10	2:51:55	13:08
3489	692	W25	Erin Eide, 29*, Roland, IA	2:43:16	2:52:49	13:08
3174	460	M25	Kody McCauley, 26, Ankeny, IA	2:43:17	2:55:19	13:08
3490	388	W40	Leslie Dahly, 42*, Bedford, IA	2:43:17	2:56:16	13:08



3491	438	W20	Elizabeth Clancy, 24*, Toledo, IA	2:43:17	2:55:19	13:08
3492	389	W40	Kara Moulin, 43*, Grimes, IA	2:43:19	2:48:53	13:08
3493	72	W17	Kinlei Moulin, 18*, Grimes, IA	2:43:19	2:48:53	13:08
3494	390	W40	Anne Johnson, 43*, Coralville, IA	2:43:23	2:43:23	13:09
3495	776	W30	Peri Kaplan, 31*, West Des Moines, IA	2:43:26	2:55:59	13:09
3496	616	W35	Josie Johnson, 36*, Des Moines, IA	2:43:38	2:55:03	13:10
3497	693	W25	Denna Morgan, 28*, Des Moines, IA	2:43:41	2:45:00	13:10
3498	694	W25	Alex Christian, 26*, Des Moines, IA	2:43:43	2:45:02	13:10
3175	293	M45	Wayne Marek, 47, Ankeny, IA	2:43:44	2:50:51	13:10
3499	777	W30	Andrea Schuh, 33*, Des Moines, IA	2:43:47	2:45:20	13:11
3176	406	M40	Mark Hoven, 44, Ankeny, IA	2:43:50	2:55:57	13:11
3500	695	W25	Ashley McElderry, 28*, Des Moines, IA	2:43:50	2:55:29	13:11
3177	474	M35	Chris Nelson, 38, Windsor Heights, IA	2:43:52	2:55:23	13:11
3501	73	W17	Lexi Sabus, 17*, Naperville, IL	2:43:54	2:53:28	13:11
3178	475	M35	Paul Pedersen, 37, Ankeny, IA	2:43:59	2:55:07	13:12
3502	439	W20	Jayne Albright, 21*, Iowa City, IA	2:44:03	2:54:11	13:12
3503	696	W25	Megan Pick, 27*, Bellevue, NE	2:44:09	2:54:22	13:12
3504	440	W20	Rose Leaven, 22*, Iowa City, IA	2:44:09	2:56:21	13:12
3505	391	W40	Lynn Ross, 42*, Grimes, IA	2:44:10	2:55:12	13:13
3506	697	W25	Michelle Parlett, 28*, Clive, IA	2:44:15	2:52:03	13:13
3507	228	W45	Terri Scott, 47*, Omaha, NE	2:44:18	2:55:45	13:13
3508	778	W30	Jennifer Peterson, 32*, Fort Dodge, IA	2:44:19	2:56:51	13:13
3509	441	W20	Allie Lauritson, 23*, West Des Moines, IA	2:44:31	2:45:21	13:14
3510	75	W55	Valerie Merrill, 59*, Urbandale, IA	2:44:36	2:54:54	13:15
3511	442	W20	Michelle Burken, 21*, Iowa City, IA	2:44:46	2:50:59	13:15
3512	229	W45	Mary Loeffelholz, 46*, Waukee, IA	2:44:50	2:57:05	13:16
3179	407	M40	Chris Champion, 42, Des Moines, IA	2:44:56	2:56:14	13:16
3513	617	W35	Michelle Pignatelli, 35*, Des Moines, IA	2:44:56	2:56:55	13:16
3514	779	W30	Megan Matthaides, 33*, Fairbank, IA	2:44:57	2:56:12	13:16
3515	618	W35	Cathleen Lugar, 38*, Storm Lake, IA	2:44:57	2:56:44	13:16
3516	780	W30	Stephanie Hubers, 32*, Overland Park, KS	2:45:04	2:54:42	13:17
3180	461	M25	Josh Ames, 28, Ankeny, IA	2:45:05	2:57:46	13:17
3517	619	W35	Tacia Stockberger, 36*, Indianola, IA	2:45:05	2:57:48	13:17
3518	443	W20	Margaret Miller, 20*, Ames, IA	2:45:06	2:57:12	13:17
3519	698	W25	Emily Bollinger, 29*, Des Moines, IA	2:45:08	2:55:32	13:17
3520	699	W25	Ann Echelmeyer, 25*, Norwalk, IA	2:45:09	2:52:29	13:17
3521	444	W20	Amy Skjoldal, 23*, Gilbert, IA	2:45:09	2:52:29	13:17
3522	781	W30	Katie Williams, 34*, Des Moines, IA	2:45:09	2:55:32	13:17
3523	620	W35	Kim Mock, 35*, Mitchellville, IA	2:45:09	2:56:00	13:17
3524	782	W30	Carma Nicholson, 32*, Knoxville, IA	2:45:10	2:52:25	13:17
3525	700	W25	Kate White, 29*, Des Moines, IA	2:45:10	2:55:33	13:17
3526	783	W30	Lacey Roorda, 30*, Leighton, IA	2:45:11	2:52:26	13:17
3527	701	W25	Ashley Jo Powell, 27*, Norwalk, IA	2:45:11	2:56:41	13:17
3528	621	W35	Melissa Linder, 39*, Ankeny, IA	2:45:16	2:55:30	13:18
3529	151	W50	Karen Romano, 51*, Johnston, IA	2:45:18	2:55:09	13:18
3530	152	W50	Gail Cressley, 51*, Oskaloosa, IA	2:45:21	2:57:24	13:18
3531	445	W20	Amanda Jones, 21*, Adel, IA	2:45:22	2:52:27	13:18
3532	392	W40	Jill Timboe, 43*, West Des Moines, IA	2:45:27	2:56:24	13:19
3181	294	M45	Eric Shumate, 48, Des Moines, IA	2:45:28	2:56:25	13:19
3533	74	W17	Caitie Tauke, 18*, Desoto, IA	2:45:28	2:52:35	13:19
3534	622	W35	Emily Elkin, 36*, Papillion, NE	2:45:28	2:54:34	13:19
3182	476	M35	Jim Stockberger, 39, Indianola, IA	2:45:30	2:58:13	13:19
3535	702	W25	Claire Masker, 29*, Urbandale, IA	2:45:32	2:55:18	13:19
3536	703	W25	Becky Mills, 28*, Polk City, IA	2:45:36	2:56:26	13:19
3537	623	W35	April Cochran, 39*, West Des Moines, IA	2:45:37	2:52:35	13:19
3538	704	W25	Emilee Lakner, 25*, Ames, IA	2:45:42	2:52:34	13:20
3183	659	M30	Chris O'Hollearn, 30, Urbandale, IA	2:45:45	2:58:07	13:20
3539	705	W25	Lindsey Justesen, 29*, Bondurant, IA	2:45:45	2:55:55	13:20
3540	706	W25	Jill Wood, 27*, Johnston, IA	2:45:48	2:53:37	13:20
3541	446	W20	Gretchen Falk, 23*, Des Moines, IA	2:45:49	2:53:13	13:20
3184	462	M25	Daniel Pepin, 25, Stockton, IL	2:45:51	2:53:39	13:21
3542	624	W35	Melanie Rupp, 38*, Clive, IA	2:45:51	2:57:34	13:21
3185	477	M35	Jon Warren, 37, Waukee, IA	2:45:55	2:54:08	13:21
3543	707	W25	Andrea Tilus, 29*, Pleasant Hill, IA	2:45:59	2:58:07	13:21
3544	625	W35	Shannon Jones, 36*, Waukee, IA	2:46:00	2:58:08	13:21

3545	708	W25	Ashley Terwilliger, 25*, North Liberty, IA	2:46:04	2:52:13	13:22
3186	660	M30	Kevin Allen, 33, Winterset, IA	2:46:07	2:57:56	13:22
3546	784	W30	Julie Heuton, 34*, West Des Moines, IA	2:46:09	2:47:09	13:22
3547	785	W30	Sarah Person, 32*, Des Moines, IA	2:46:11	2:56:19	13:22
3548	626	W35	Ashley Jorgensen, 35*, Ames, IA	2:46:13	2:55:04	13:22
3549	786	W30	Karina Van Wyhe, 31*, Milford, IA	2:46:14	2:55:05	13:22
3187	225	M50	Paul Stoutenburg, 51, Des Moines, IA	2:46:14	2:57:57	13:22
3550	787	W30	Nichole Killam, 33*, Ia, IA	2:46:16	2:57:53	13:23
3188	408	M40	Brandon Killam, 43, Ia, IA	2:46:17	2:57:54	13:23
3189	478	M35	Nate Haggard, 35, Urbandale, IA	2:46:17	2:57:06	13:23
3190	479	M35	Colin Witt, 38, Des Moines, IA	2:46:18	2:57:07	13:23
3551	447	W20	Gerri Jaeschke, 21*, Gowrie, IA	2:46:21	2:58:44	13:23
3552	153	W50	Deb Schwalenberg, 54*, Polk City, IA	2:46:21	2:58:09	13:23
3553	709	W25	Jenna Lamparek, 25*, West Des Moines, IA	2:46:23	2:53:32	13:23
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3558	394	W40	Kristine Wirth, 43*, Altoona, IA	2:46:44	2:53:56	13:25
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3193	662	M30	Brandon Kohl, 32, Cedar Rapids, IA	2:46:49	2:52:58	13:25
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3562	76	W55	Jane Hein, 59*, Clive, IA	2:46:52	2:59:07	13:26
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3573	712	W25	Katie Johnson, 28*, West Des Moines, IA	2:47:41	2:58:55	13:29
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3613	157	W50	Jean Brackemyer, 50*, Bernard, IA	2:49:57	2:59:40	13:40
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3632	799	W30	Julie Faas, 32*, Atlantic, IA	2:51:24	3:01:59	13:47
3210	482	M35	Mike Martin, 38, West Des Moines, IA	2:51:37	2:53:16	13:48
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3635	727	W25	Jenna Richter, 25*, Arnolds Park, IA	2:51:47	2:58:57	13:49
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3640	458	W20	Kacey Fryslie, 24*, Omaha, NE	2:51:51	3:02:59	13:50
3641	238	W45	Marna Denny, 48*, Runnells, IA	2:51:52	3:00:57	13:50
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3213	411	M40	Joe Bosch, 42, Blairsburg, IA	2:52:15	3:00:59	13:52
3644	79	W17	Mandi Bosch, 17*, Blairsburg, IA	2:52:15	3:00:59	13:52
3214	465	M25	Steven Zastrow, 28, Grimes, IA	2:52:17	3:04:12	13:52
3645	404	W40	Kelly Pearce, 43*, Iowa Falls, IA	2:52:21	3:02:55	13:52

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3647	405	W40	Lisa Helland, 43*, Cedar Falls, IA	2:52:27	2:58:36	13:53
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3650	406	W40	Sandra Blom, 43*, Pella, IA	2:52:54	3:04:19	13:55
3651	802	W30	Diane Preston, 32*, Des Moines, IA	2:53:00	3:01:58	13:55
3216	80	M60	Gene Arnold, 61, Waukee, IA	2:53:11	2:54:52	13:56
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3664	639	W35	Anna Henry, 37*, Perry, IA	2:54:08	3:07:24	14:01
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3707	168	W50	Kathy Wennihan, 53*, Des Moines, IA	3:01:14	3:07:46	14:35
3708	248	W45	Carrie Crawford, 48*, Des Moines, IA	3:01:15	3:07:47	14:35
3709	411	W40	Mary Van Heukelom, 41*, Des Moines, IA	3:01:15	3:07:48	14:35
3249	418	M40	Phil Chia, 42, Des Moines, IA	3:01:18	3:08:59	14:35
3710	169	W50	Laurie Finn, 50*, Bettendorf, IA	3:01:22	3:11:12	14:36
3711	249	W45	Lisa Wilson, 45*, Capitol Heights, IA	3:01:24	3:12:50	14:36
3712	412	W40	Jill Adams, 44*, Osceola, IA	3:01:27	3:11:11	14:36
3713	807	W30	Kari Frenk, 30*, Waukee, IA	3:01:32	3:13:09	14:36
3714	250	W45	Sara Kizzier, 49*, Urbandale, IA	3:01:36	3:11:26	14:37
3250	419	M40	Jared Laermans, 41, Des Moines, IA	3:01:44	3:13:16	14:37
3251	469	M25	Jason Miller, 28, Des Moines, IA	3:01:56	3:11:45	14:38
3715	413	W40	Michelle Skogerson, 42*, West Des Moines, IA	3:01:58	3:12:45	14:38
3716	251	W45	Lisa Hensel, 49*, Creston, IA	3:01:58	3:05:15	14:38
3717	808	W30	Tammy Larson, 32*, Juniata, NE	3:01:58	3:14:34	14:38
3718	170	W50	Lisa Lingner, 50*, Grimes, IA	3:02:14	3:08:55	14:40
3719	171	W50	Valorie Hawthorne, 50*, Grimes, IA	3:02:14	3:08:55	14:40
3720	252	W45	Vickie Namanny, 46*, Grimes, IA	3:02:15	3:08:55	14:40
3721	172	W50	Joann De Haan, 50*, Urbandale, IA	3:02:22	3:12:58	14:40
3252	470	M25	Steven De Haan, 29, Urbandale, IA	3:02:23	3:12:59	14:40
3722	740	W25	Sarah De Haan, 26*, Urbandale, IA	3:02:24	3:13:00	14:41
3723	648	W35	Jodi Barr, 37*, Waukee, IA	3:02:24	3:09:57	14:41
3253	8	M70	Rollin Perry, 74, Cedar Falls, IA	3:02:29	3:03:22	14:41
3254	420	M40	Michael McCoy, 43, Clive, IA	3:02:30	3:16:01	14:41
3724	741	W25	Amy Fulton, 28*, Des Moines, IA	3:02:33	3:11:11	14:41
3725	253	W45	Marsha Aldridge, 47*, Grimes, IA	3:02:41	3:13:28	14:42
3726	809	W30	Rachel Aussenhus, 31*, Ankeny, IA	3:02:54	3:05:27	14:43
3255	471	M25	Josh McCann, 27, Waterloo, IA	3:03:01	3:11:53	14:44
3727	649	W35	Christine Maske, 35*, St Charles, IA	3:03:02	3:14:01	14:44
3728	1	W70	Molly Schott, 70*, Des Moines, IA	3:03:14	3:11:08	14:45
3729	810	W30	Kathryn Anderson, 33*, Webster City, IA	3:03:30	3:11:02	14:46
3730	414	W40	Jenny Roe, 42*, Webster City, IA	3:03:31	3:11:03	14:46

3731	81	W17	Jessica Heim, 19*, West Des Moines, IA	3:03:33	3:12:45	14:46
3732	415	W40	Kimberly Heim, 42*, West Des Moines, IA	3:03:34	3:12:46	14:46
3733	254	W45	Tracey Orman, 47*, Johnston, IA	3:03:41	3:15:05	14:47
3734	24	W60	Grace Turner, 62*, Urbandale, IA	3:03:41	3:10:14	14:47
3735	173	W50	Julie Walter, 50*, Johnston, IA	3:03:42	3:15:05	14:47
3736	811	W30	Stephanie Shearer, 32*, Des Moines, IA	3:04:00	3:15:07	14:48
3737	742	W25	Keshia Meissner, 27*, West Des Moines, IA	3:04:02	3:14:42	14:48
3738	82	W17	Serena Young, 17*, Fort Dodge, IA	3:04:04	3:13:46	14:49
3739	82	W55	Tomoko Yajima, 56*, Des Moines, IA	3:04:23	3:07:47	14:50
3740	743	W25	Elizabeth Bennisdorf, 26*, Altoona, IA	3:04:30	3:14:02	14:51
3256	84	M60	Tom Houlihan, 61, St Louis, MO	3:05:38	3:17:30	14:56
3741	744	W25	Tiffany Espelund, 26*, Des Moines, IA	3:06:10	3:12:51	14:59
3257	85	M60	Devin Howard, 61, East Moline, IL	3:06:19	3:08:19	14:59
3742	745	W25	Becky Cain, 28*, Des Moines, IA	3:06:19	3:13:01	14:59
3743	746	W25	Julie Johnson, 28*, Grundy Center, IA	3:06:39	3:17:22	15:01

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3744	83	W55	Joyce Johnson, 59*, Ankeny, IA	3:06:42	3:19:34	15:01
3745	812	W30	Ruth Appleton, 32*, Ames, IA	3:06:54	3:16:40	15:02
3746	813	W30	Tenielle Stanbrough, 33*, Dike, IA	3:06:54	3:17:22	15:02
3258	670	M30	David Newton, 34, Des Moines, IA	3:06:54	3:16:40	15:02
3259	472	M25	Justin Lobaito, 26, Altoona, IA	3:07:04	3:16:35	15:03
3747	747	W25	Stacy Roe, 29*, Des Moines, IA	3:07:07	3:14:10	15:03
3260	229	M50	Michael Weno, 50, Cedar Falls, IA	3:07:30	3:10:31	15:05
3748	416	W40	Holly Brown, 41*, Omaha, NE	3:07:37	3:19:53	15:06
3749	814	W30	Dezirae Russell, 31*, Oskaloosa, IA	3:07:41	3:17:34	15:06
3750	417	W40	Lisa Alderson, 44*, Oskaloosa, IA	3:07:42	3:17:34	15:06
3751	815	W30	Jessica Weaver, 31*, Cedar Rapids, IA	3:07:50	3:18:42	15:07
3261	9	M70	Fergus Taylor, 70, Clive, IA	3:08:27	3:21:04	15:10
3752	748	W25	Gabrielle Turner, 28*, West Des Moines, IA	3:09:05	3:15:38	15:13
3753	749	W25	Amanda Stecker, 29*, Des Moines, IA	3:09:14	3:19:08	15:14
3754	750	W25	Katie Terlisner, 29*, Des Moines, IA	3:09:44	3:22:44	15:16
3262	488	M35	Joseph Quandt, 35, Traer, IA	3:09:46	3:22:45	15:16
3755	84	W55	Kathy Leistikow, 57*, Decorah, IA	3:09:57	3:19:23	15:17
3756	85	W55	Donna Mracek, 59*, Protivin, IA	3:09:57	3:19:22	15:17
3757	255	W45	Sue Schnur, 49*, Ridgeway, IA	3:09:58	3:19:23	15:17
3758	751	W25	Rachel Salazar, 28*, Des Moines, IA	3:10:05	3:21:51	15:18
3263	671	M30	Josh Troster, 32, Windsor Heights, IA	3:10:05	3:21:51	15:18
3759	650	W35	Beth Andersen, 38*, Bennington, NE	3:10:11	3:22:27	15:18
3760	651	W35	Sara Abbas, 39*, Kanawha, IA	3:10:40	3:18:26	15:20
3761	752	W25	Victoria Aldridge, 25*, Grimes, IA	3:10:51	3:21:39	15:21
3762	256	W45	Milly Ortiz, 47*, Des Moines, IA	3:11:00	3:23:41	15:22
3763	753	W25	Kristi Mundy, 27*, Des Moines, IA	3:11:04	3:20:53	15:22
3264	230	M50	Mart McAreavy, 53, Iowa City, IA	3:11:13	3:21:09	15:23
3764	174	W50	Brenda McAreavy, 54*, Iowa City, IA	3:11:14	3:21:09	15:23
3765	257	W45	Lori Keech, 46*, Johnston, IA	3:11:16	3:22:19	15:23
3265	473	M25	Bryant Reynolds, 25, Des Moines, IA	3:11:21	3:21:28	15:24
3766	652	W35	Jennifer Hauser, 37*, Le Mars, IA	3:11:22	3:24:22	15:24
3767	463	W20	Amanda Duffield, 23*, Des Moines, IA	3:11:22	3:21:29	15:24
3768	653	W35	Cathy Copic, 36*, West Des Moines, IA	3:11:26	3:21:43	15:24
3266	474	M25	Nate Werden, 25, Newton, IA	3:12:31	3:21:30	15:29
3769	464	W20	Chrissa Auestad, 23*, Nevada, IA	3:13:53	3:24:36	15:36
3770	816	W30	Laura Dhyne, 33*, Marshalltown, IA	3:13:54	3:24:37	15:36
3267	421	M40	Daniel Brown, 44, West Des Moines, IA	3:13:55	3:18:32	15:36
3771	654	W35	Manon Bryant, 35*, Urbandale, IA	3:13:57	3:25:54	15:36
3772	258	W45	Tamara Billerbeck, 48*, Des Moines, IA	3:13:58	3:25:55	15:36
3773	418	W40	Lyn Von Sprecken, 44*, Des Moines, IA	3:13:59	3:25:56	15:36
3774	2	W70	Jan Gillum, 77*, Des Moines, IA	3:14:08	3:24:48	15:37
3775	754	W25	Brittany Cassidy, 28*, Des Moines, IA	3:14:35	3:26:22	15:39
3776	655	W35	Teresa Finken, 36*, Des Moines, IA	3:14:35	3:26:22	15:39
3268	231	M50	Dale Stephens, 51, Johnston, IA	3:14:48	3:20:07	15:40
3777	83	W17	Lauren Stephens, 18*, Johnston, IA	3:14:49	3:20:07	15:41
3269	10	M70	John Beamer, 73, Des Moines, IA	3:14:53	3:15:58	15:41
3778	755	W25	Danielle Hoefler, 28*, Clinton, IA	3:15:34	3:22:43	15:44

3270	489	M35	Isaac Boer, 37, Altoona, IA	3:15:41	3:27:50	15:45
3271	490	M35	David Fennemman, 39, Story City, IA	3:15:41	3:27:50	15:45
3272	86	M60	Mark Zirkelbach, 64, Johnston, IA	3:15:44	3:26:13	15:45
3779	25	W60	Mary Zirkelbach, 64*, Johnston, IA	3:15:44	3:26:13	15:45
3780	756	W25	Erin Zirkelbach, 29*, Des Moines, IA	3:15:46	3:26:14	15:45
3273	475	M25	Brett Jacobs, 29, Newton, IA	3:15:55	3:28:17	15:46
3781	757	W25	Kelly Dennis, 28*, Clive, IA	3:15:58	3:27:52	15:46
3782	817	W30	Angela Beckel, 31*, Clive, IA	3:16:00	3:27:55	15:46
3783	818	W30	Sara Drake, 34*, Johnston, IA	3:16:22	3:26:40	15:48
3784	819	W30	Emily Wuebker, 33*, Creston, IA	3:16:30	3:25:15	15:49
3785	820	W30	Jessica Allison, 32*, Waukee, IA	3:16:44	3:26:07	15:50
3274	672	M30	Ken Fritz, 32, Urbandale, IA	3:16:45	3:26:08	15:50
3786	84	W17	Elizabeth Paterson, 18*, Fort Dodge, IA	3:17:01	3:26:45	15:51
3787	821	W30	Rebecca Barrett, 30*, Waukee, IA	3:17:06	3:24:38	15:52
3788	419	W40	Tina Brennecke, 44*, Polk City, IA	3:18:26	3:25:12	15:58
3275	422	M40	Matt Brennecke, 42, Polk City, IA	3:18:26	3:25:12	15:58
3789	420	W40	Stefanie Abel, 42*, Ankeny, IA	3:18:27	3:25:13	15:58
3790	656	W35	Kelly O'Connor, 35*, Bettendorf, IA	3:18:27	3:25:57	15:58
3276	232	M50	Pat Schlapia, 54, Creston, IA	3:18:44	3:30:17	15:59
3791	175	W50	Amy Williams-McKern, 51*, Pleasant Hill, IA			
				3:18:45	3:21:13	15:59
3277	162	M55	Bob Lyons, 55, Irvine, CA	3:19:29	3:19:29	16:03

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3792	259	W45	Kris Runyan, 48*, Ankeny, IA	3:19:35	3:33:28	16:03
3793	758	W25	Allison Steensen, 26*, Des Moines, IA	3:19:39	3:26:56	16:04
3794	86	W55	Wendy Breaux, 58*, Des Moines, IA	3:20:08	3:30:19	16:06
3278	87	M60	Harry Breaux, 64, Des Moines, IA	3:20:10	3:30:21	16:06
3279	491	M35	John Horton, 35, Bondurant, IA	3:20:51	3:32:24	16:10
3795	759	W25	Kimberly Meyers, 29*, Des Moines, IA	3:20:52	3:29:49	16:10
3796	760	W25	Rebecca Rentchler, 29*, Columbia, MO	3:20:55	3:29:52	16:10
3797	260	W45	Brenda Young, 49*, Eldora, IA	3:22:28	3:30:12	16:17
3798	761	W25	Brooke Ibeling, 26*, Ackley, IA	3:22:29	3:30:12	16:17
3799	657	W35	Kristin Wagner, 38*, Howard, OH	3:22:59	3:34:51	16:20
3800	658	W35	Silvia Quezada, 39*, Iowa City, IA	3:23:42	3:34:44	16:23
3801	421	W40	Jennifer Wagner, 41*, Baxter, IA	3:25:31	3:37:23	16:32
3802	822	W30	Sara Sargent, 30*, Winthrop, IA	3:27:00	3:39:30	16:39
3803	762	W25	Kelsey Blessman, 27*, Des Moines, IA	3:29:30	3:42:00	16:51
3804	176	W50	Vicki Sovereign, 51*, Cresco, IA	3:30:24	3:39:45	16:56
3280	163	M55	Milton Lane, 59, Des Moines, IA	3:30:50	3:41:30	16:58
3805	26	W60	Elizabeth Lane, 63*, Des Moines, IA	3:30:50	3:41:30	16:58
3281			2866c41	3:38:57	3:38:57	17:37

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3282 673 M30 Robert Wilkens, 32, Grimes, IA 3:44:03 3:44:03 18:02

\* indicates females

11 finishers among Males (no age given)

56 finishers among Men Under 17

73 finishers among Men 17 - 19

266 finishers among Men 20 - 24

475 finishers among Men 25 - 29

673 finishers among Men 30 - 34

491 finishers among Men 35 - 39

422 finishers among Men 40 - 44

297 finishers among Men 45 - 49

232 finishers among Men 50 - 54

163 finishers among Men 55 - 59

87 finishers among Men 60 - 64

26 finishers among Men 65 - 69

10 finishers among Men 70 & Up

41 finishers among Women Under 17

84 finishers among Women 17 - 19

464 finishers among Women 20 - 24

762 finishers among Women 25 - 29  
822 finishers among Women 30 - 34  
658 finishers among Women 35 - 39  
421 finishers among Women 40 - 44  
260 finishers among Women 45 - 49  
176 finishers among Women 50 - 54  
86 finishers among Women 55 - 59  
26 finishers among Women 60 - 64  
3 finishers among Women 65 - 69  
2 finishers among Women 70 & Up  
3282 male finishers  
3805 female finishers  
7087 total finishers

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