

31st Dam to Dam - Iowa's Distance Classic

Des Moines, Iowa

June 5, 2010

68 at start and south wind 10

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	Chip TIME	Gun TIME	PACE
1	1 M20	Ezkyas Sisay, 21, Flagstaff, AZ	1:01:16	1:01:16	4:56
2	1 M25	Alene Reta, 28, New York, NY	1:01:39	1:01:39	4:58
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Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
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3	1 M30	Sammy Malakwen, 32, Two Harbors, MN	1:02:30	1:02:30	5:02
4	2 M30	Fasil Bizuneh, 30, Flagstaff, AZ	1:02:34	1:02:34	5:02
5	2 M25	Fernando Cabada, 28, Gray, TN	1:02:36	1:02:36	5:02
6	1 M35	Joseph Mutinda, 35, Sante Fe, NM	1:02:41	1:02:41	5:03
7	3 M25	Jeffrey Eggleston, 25, Flagstaff, AZ	1:03:06	1:03:06	5:05
8	2 M20	Sammy Rotich, 23, West Des Moines, IA	1:03:32	1:03:32	5:07
9	4 M25	Guor Marial, 25, Ames, IA	1:04:03	1:04:04	5:09
10	5 M25	Mathew Chesang, 28, Olathe, KS	1:04:26	1:04:28	5:11
11	6 M25	Richard Kandie, 25, Coon Rapids, MN	1:05:06	1:05:07	5:14
12	3 M30	Moses Maweru, 32, Prairie City, WI	1:05:16	1:05:17	5:15
13	7 M25	Ben Carlson, 25, Stanhope, IA	1:06:32	1:06:32	5:21
14	8 M25	Skyler Nesheim, 25, Des Moines, IA	1:07:15	1:07:16	5:25
15	9 M25	Jason Fogel, 27, West Des Moines, IA	1:07:39	1:07:39	5:27
16	4 M30	Joseph Murugu, 31, Marshall, WI	1:08:13	1:08:13	5:29
17	3 M20	Brian Chenoweth, 23, Des Moines, IA	1:08:18	1:08:19	5:30
18	4 M20	Luke Demmel, 20, Ames, IA	1:08:51	1:08:52	5:32
19	10 M25	Joseph Aulwes, 29, Bondurant, IA	1:08:57	1:08:57	5:33
20	11 M25	Matt Dewald, 27, Iowa City, IA	1:09:32	1:09:32	5:36
21	5 M20	Dan Fadgen, 23, Ames, IA	1:09:55	1:09:56	5:38
22	12 M25	Chas Davis, 27, Omaha, NE	1:10:31	1:10:33	5:40
23	5 M30	Marty Dalton, 34, Earlham, IA	1:10:31	1:10:32	5:40
24	6 M20	Phil Young, 24, North Liberty, IA	1:11:05	1:11:05	5:43
25	13 M25	Nathan Hopp, 27, West Amana, IA	1:11:07	1:11:08	5:43
26	14 M25	Charles Kamindo, 27, Marshall, WI	1:11:14	1:11:14	5:44
27	1 M17	Josh Mellman, 19, Rockwell, IA	1:11:19	1:11:22	5:44
28	6 M30	Greg Bell, 31, Polk City, IA	1:12:01	1:12:02	5:48
29	7 M20	Tyler Sullivan, 22, Coralville, IA	1:12:35	1:12:37	5:50
30	1 M40	Andrew Rinn, 42, West Des Moines, IA	1:12:49	1:12:50	5:51
31	2 M17	Andrew Barrett, 18, Des Moines, IA	1:12:53	1:12:54	5:52
32	8 M20	Brandon Dart, 24, Omaha, NE	1:12:56	1:12:57	5:52
33	3 M17	Cody Manchester, 18, Mason City, IA	1:13:06	1:13:07	5:53
34	7 M30	Jacob Kaemmer, 33, Des Moines, IA	1:13:14	1:13:15	5:53
1	1 W30	Mary Akor, 33*, Hawthorne, CA	1:13:23	1:13:23	5:54
35	8 M30	Matt Hoyt, 33, Vermillion, SD	1:13:31	1:13:31	5:55
36	9 M30	Eric Hollander, 33, Des Moines, IA	1:13:36	1:13:38	5:55
37	9 M20	Sean Fitzsimmons, 22, Yankton, SD	1:13:39	1:13:40	5:56
2	2 W30	Erin Moeller, 32*, Mt Vernon, IA	1:13:48	1:13:48	5:56

38	1	M45	John Mirth, 48, Platteville, WI	1:14:38	1:14:38	6:00
39	1	JrM	Kevin Lewis, 16, Ottumwa, IA	1:14:40	1:14:42	6:00
40	15	M25	Andrew Drysdale, 27, Des Moines, IA	1:14:51	1:14:53	6:01
41	10	M20	Joel Rasmussen, 24, Waverly, IA	1:14:59	1:15:01	6:02
	3	W30	Jenna Boran, 33*, St Paul, MN	1:15:16	1:15:17	6:03
	4	W25	Atalelech Asfaw, 27*, Albuquerque, MN	1:15:23	1:15:23	6:04
	5	W20	Danna Kelly, 23*, Des Moines, IA	1:15:30	1:15:30	6:04
42	2	M35	Brian Davenport, 35, Minneapolis, MN	1:15:35	1:15:36	6:05
43	16	M25	Seth Comfort, 29, Des Moines, IA	1:15:55	1:15:57	6:06
44	11	M20	Benjamin Kopecky, 24, North Liberty, IA	1:16:00	1:16:07	6:07
45	2	JrM	Marshall Anderson, 16, Papillion, NE	1:16:30	1:16:32	6:09
46	4	M17	Taylor Huseman, 17, Manson, IA	1:16:32	1:16:53	6:09
47	5	M17	Ethan Mulford, 19, Hampton, IA	1:16:39	1:16:40	6:10
	6	W25	Ashley Tousley, 26*, Des Moines, IA	1:16:42	1:16:42	6:10
48	2	M40	Michael Kabela, 43, North Liberty, IA	1:16:55	1:16:57	6:11
	7	W20	Jen Van Otterloo, 24*, Sioux Center, IA	1:16:57	1:16:57	6:11
	8	W20	Traci Kresser, 24*, Clive, IA	1:17:15	1:17:16	6:13
49	10	M30	Ryan Kramer, 31, Des Moines, IA	1:17:19	1:17:21	6:13
50	12	M20	Craig Nie, 20, Jesup, IA	1:17:35	1:17:38	6:15
51	11	M30	Mark Thompson, 32, Iowa City, IA	1:17:40	1:17:46	6:15
52	2	M45	Greg Skopec, 48, Coralville, IA	1:17:56	1:17:58	6:16
53	13	M20	Matthew Treat, 22, Des Moines, IA	1:18:10	1:24:29	6:17
54	17	M25	Dan Saar, 27, Des Moines, IA	1:18:11	1:18:16	6:17
55	18	M25	Nathan Seier, 26, Sioux Falls, SD	1:18:23	1:18:27	6:18
56	3	M40	Marc Peterson, 40, Ames, IA	1:18:30	1:18:32	6:19
57	12	M30	Jeff Brennan, 32, Alta, IA	1:18:43	1:18:46	6:20
	9	W20	Mackenzie Madison, 23*, Eugene, OR	1:18:50	1:18:52	6:21
58	14	M20	Ryan McCurnin, 23, Ames, IA	1:19:00	1:19:00	6:21
59	15	M20	Andrew Hamer, 20, Murray, IA	1:19:04	1:19:09	6:22
10	3	W25	Grace Kimani, 29*, Coon Rapids, MN	1:19:13	1:19:14	6:22
60	19	M25	Mark Berggren, 29, Omaha, NE	1:19:17	1:19:18	6:23
61	13	M30	Kevin O'Hare, 32, West Des Moines, IA	1:19:19	1:19:20	6:23
62	16	M20	Thomas Murphy, 24, Des Moines, IA	1:19:29	1:19:33	6:24
63	3	M45	Marty Gingerich, 47, Parnell, IA	1:19:38	1:19:41	6:24
64	6	M17	Devin Becraft, 17, Ames, IA	1:19:42	1:19:50	6:25
65	7	M17	Chris Miller, 19, Des Moines, IA	1:19:49	1:19:57	6:25
66	14	M30	Anthony Cendana, 34, West Des Moines, IA	1:19:55	1:19:58	6:26
67	3	M35	Kevin Kohler, 39, Clive, IA	1:19:58	1:20:23	6:26
68	4	M40	Lee Hammerand, 42, Urbandale, IA	1:19:59	1:20:01	6:26
69	1	M50	Jim Quigley, 52, Johnston, IA	1:20:01	1:20:03	6:26
70	17	M20	Chase Thompson, 22, Manhattan, KS	1:20:08	1:20:19	6:27
11	4	W30	Kiersten Hathaway, 34*, Panora, IA	1:20:09	1:20:10	6:27
71	2	M50	Keith Fevold, 52, Johnston, IA	1:20:15	1:20:20	6:27
72	4	M35	Chris Brooks, 38, West Des Moines, IA	1:20:16	1:20:28	6:27
73	5	M40	Steve Younker, 44, Mason City, IA	1:20:19	1:20:22	6:28
74	15	M30	Ryan Fye, 32, Clive, IA	1:20:19	1:20:26	6:28
75	8	M17	Brandon Clough, 19, Marshalltown, IA	1:20:20	1:20:25	6:28
76	20	M25	Sean McVeigh, 28, Newton, IA	1:20:30	1:20:40	6:29
77	16	M30	Jon Rathje, 31, Ankeny, IA	1:20:56	1:20:59	6:31
78	21	M25	Ben Cohoon, 28, Lincoln, NE	1:20:59	1:21:07	6:31
79	9	M17	Jake Sutton, 19, West Des Moines, IA	1:21:14	1:21:27	6:32
80	17	M30	Ryan Mitchell, 32, Ottumwa, IA	1:21:17	1:21:20	6:32
81	22	M25	Darin Schuknecht, 28, Pella, IA	1:21:21	1:21:24	6:33
82	23	M25	Joseph Richey, 28, Marion, IA	1:21:23	1:21:27	6:33
83	18	M20	Drew Messerschmidt, 21, West Des Moines, IA	1:21:27	1:21:30	6:33
84	6	M40	Mike Ross, 44, Clive, IA	1:21:37	1:21:44	6:34
12	4	W25	Anne Dreyer, 26*, Mt. Pleasant, IA	1:21:38	1:21:40	6:34
85	3	JrM	Andrew Jackson, 16, Johnston, IA	1:21:39	1:21:55	6:34
86	10	M17	Joe Christensen, 18, Audubon, IA	1:21:46	1:22:08	6:35
87	4	M45	Andrew Smart, 47, Ankeny, IA	1:21:48	1:21:52	6:35
88	19	M20	Nick Newbury, 21, Urbandale, IA	1:21:58	1:22:03	6:36
89	20	M20	Jake Waddingham, 20, Urbandale, IA	1:22:09	1:22:13	6:37

13	1	W35	Jennifer Chaudoir, 35*, Green Bay, WI	1:22:13	1:22:13	6:37
90	18	M30	Jacob Thilges, 34, Kansas City, MO	1:22:18	1:22:29	6:37
14	5	W30	Kristen Mitchell, 31*, Ottumwa, IA	1:22:30	1:22:33	6:38
91	7	M40	Matt Scotton, 41, Newton, IA	1:22:32	1:22:33	6:38
92	24	M25	Jeff Zelenovich, 25, Pleasant Hill, IA	1:22:51	1:22:54	6:40
93	4	JrM	Cameron Harmeyer, 16, Smithville, MO	1:22:54	1:23:15	6:40
94	5	M35	Vic Morales, 36, Johnston, IA	1:22:57	1:23:01	6:40
95	5	M45	Troy Zeleznik, 47, West Des Moines, IA	1:23:03	1:23:07	6:41
96	25	M25	Seth Thorson, 29, Des Moines, IA	1:23:05	1:23:10	6:41
15	1	W40	Bonnie Sons, 44*, Shorewood, MN	1:23:06	1:23:06	6:41
97	26	M25	Joe Koenigs, 28, West Des Moines, IA	1:23:07	1:23:13	6:41
16	5	W20	Angela Berry, 22*, Indianola, IA	1:23:07	1:23:09	6:41
98	6	M35	Konrad Christensen, 35, Ankeny, IA	1:23:18	1:23:28	6:42
99	21	M20	Travis Smith, 20, Clive, IA	1:23:25	1:23:30	6:43
100	27	M25	Brody Benton, 27, Ames, IA	1:23:27	1:23:32	6:43
101	1	M55	Paul Braunschweiler, 58, Omaha, NE	1:23:32	1:23:32	6:43
102	28	M25	Jacob Rattray, 27, Ames, IA	1:23:33	1:23:33	6:43
103	7	M35	Scott Jones, 39, Ankeny, IA	1:23:36	1:23:46	6:44
104	22	M20	Andrew Steinmetz, 22, Ames, IA	1:23:43	1:24:56	6:44
17	2	W35	Jenny Schulze, 37*, Clive, IA	1:23:46	1:23:52	6:44
105	19	M30	Dan Mandernach, 32, Grimes, IA	1:23:52	1:24:00	6:45
106	20	M30	Gene Baloun, 34, Des Moines, IA	1:23:59	1:24:03	6:45
107	21	M30	Jay Krueger, 32, Des Moines, IA	1:24:18	1:24:22	6:47
108	8	M40	Matthew Hemry, 40, Des Moines, IA	1:24:19	1:24:23	6:47
109	2	M55	Paul Kmiecik, 56, Middleton, WI	1:24:20	1:24:22	6:47
110	23	M20	John Collier, 21, West Des Moines, IA	1:24:25	1:24:42	6:47
111	22	M30	Greg Castings, 32, West Des Moines, IA	1:24:28	1:24:35	6:48
112	29	M25	Justin Stanek, 28, Normal, IL	1:24:32	1:24:43	6:48
113	24	M20	Josh Pommer, 23, Pella, IA	1:24:34	1:24:41	6:48
114	9	M40	Stefan Schibrowski, 41, Clive, IA	1:24:43	1:24:56	6:49
115	8	M35	Luke Spencer, 38, Des Moines, IA	1:24:47	1:24:55	6:49
116	23	M30	Nathan Wenck, 33, Carroll, IA	1:24:50	1:24:55	6:49
117	30	M25	Matthew Niemann, 26, Elkhart, IA	1:24:50	1:25:21	6:50
118	24	M30	John Hindley, 31, West Des Moines, IA	1:24:52	1:25:13	6:50
119	25	M20	Matthew Cross, 21, Ames, IA	1:25:06	1:25:17	6:51

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [Top](#)

120	31	M25	Jon White, 26, Arlington, VA	1:25:11	1:33:45	6:51
121	9	M35	Mark Shields, 37, San Diego, CA	1:25:14	1:25:22	6:51
18	3	W35	Trisha Schlick, 36*, Ames, IA	1:25:20	1:25:30	6:52
122	6	M45	Jeff Anker, 46, Polk City, IA	1:25:20	1:25:28	6:52
123	32	M25	Garrett Rettig, 29, Coralville, IA	1:25:31	1:25:42	6:53
124	26	M20	Eric Peterson, 24, Des Moines, IA	1:25:33	1:25:36	6:53
125	25	M30	Lance Randolph, 30, Indianola, IA	1:25:33	1:25:40	6:53
126	27	M20	Derek Nelson, 21, Waukee, IA	1:25:33	1:25:39	6:53
127	7	M45	Patrick McGowan, 46, Urbandale, IA	1:25:36	1:25:50	6:53
128	5	JrM	Tyler Krpan, 16, Indianola, IA	1:25:39	1:26:00	6:53
129	11	M17	Drew Prescott, 17, Urbandale, IA	1:25:41	1:26:01	6:54
130	26	M30	Travis Ripperger, 32, Waukee, IA	1:25:44	1:25:50	6:54
131	33	M25	Nicolas Rogers, 27, Poik City, IA	1:25:52	1:28:05	6:55
132	28	M20	Andrew Townsend, 23, Ames, IA	1:25:56	1:25:57	6:55
133	27	M30	Jacob Jaerger, 34, Sioux City, IA	1:25:57	1:26:06	6:55
134	28	M30	Eric Jungbluth, 31, Lincoln, NE	1:25:58	1:26:08	6:55
135	34	M25	Ben Janke, 29, Saint Paul, MN	1:26:00	1:28:29	6:55
136	29	M30	Chris Lauman, 31, Pella, IA	1:26:00	1:26:10	6:55
137	12	M17	Eric Burns, 18, Clive, IA	1:26:01	1:26:31	6:55
138	35	M25	Kirk Davidson, 26, Omaha, NE	1:26:04	1:26:10	6:55
139	8	M45	Don Romig, 45, Boone, IA	1:26:05	1:26:20	6:56
140	10	M40	Ani Mal, 42, Des Moines, IA	1:26:08	1:26:12	6:56
141	30	M30	Eric Weiford, 32, Ankeny, IA	1:26:10	1:26:12	6:56
142	36	M25	Chad Rinehart, 27, Monroe, IA	1:26:11	1:26:50	6:56
143	29	M20	Dan Cychosz, 21, Ames, IA	1:26:11	1:26:20	6:56
144	31	M30	Charles Dusbabek, 31, Des Moines, IA	1:26:16	1:26:33	6:56
145	37	M25	Dan Schuknecht, 29, Ankeny, IA	1:26:17	1:26:28	6:57

146	38	M25	Dustin Mead, 26, Des Moines, IA	1:26:18	1:26:30	6:57
147	9	M45	Rob Beaver, 46, Johnston, IA	1:26:19	1:26:35	6:57
148	10	M35	Jay Cox, 36, West Des Moines, IA	1:26:25	1:26:29	6:57
149	32	M30	Gary Jensen, 31, Adel, IA	1:26:25	1:26:27	6:57
150	33	M30	Peter Carter, 30, Marshalltown, IA	1:26:29	1:27:51	6:57
151	6	JrM	Kyle McGlade, 16, Council Bluffs, IA	1:26:35	1:26:58	6:58
152	11	M35	Travis Clatt, 39, Indianola, IA	1:26:38	1:26:46	6:58
153	12	M35	Jarid Downey, 37, Indianola, IA	1:26:38	1:26:46	6:58
154	34	M30	Brad Millard, 31, Iowa City, IA	1:26:39	1:26:54	6:58
155	39	M25	Kaleb Pergande, 26, Marshalltown, IA	1:26:41	1:26:58	6:58
156	40	M25	Josh Bard, 28, Cedar Falls, IA	1:26:44	1:27:33	6:59
157	35	M30	Jason Frederick, 33, Waukee, IA	1:26:50	1:26:56	6:59
158	36	M30	Jon Holstrom, 33, Urbandale, IA	1:26:51	1:27:11	6:59
159	10	M45	Kevin Goodwin, 45, Otley, IA	1:26:53	1:27:05	6:59
160	37	M30	Tim Vos, 31, Ankeny, IA	1:26:54	1:27:01	7:00
161	38	M30	Matt Oleson, 34, West Des Moines, IA	1:26:55	1:27:13	7:00
162	30	M20	Torey Stallsmith, 20, Cedar Falls, IA	1:27:00	1:28:25	7:00
163	41	M25	Caleb Brown, 29, Des Moines, IA	1:27:03	1:27:11	7:00
164	42	M25	Chase Unga, 25, Des Moines, IA	1:27:06	1:27:24	7:00
165	13	M35	Tom Scroggins, 38, Ankeny, IA	1:27:10	1:27:14	7:01
166	3	M50	Dan Turner, 50, Colorado Springs, CO	1:27:11	1:27:28	7:01
167	43	M25	Zach Johnson, 28, Grimes, IA	1:27:13	1:27:25	7:01
168	44	M25	Zach Cloe, 28, Cedar Rapids, IA	1:27:17	1:27:28	7:01
169	39	M30	Nate Cloe, 30, Des Moines, IA	1:27:19	1:27:32	7:02
170	45	M25	Matt Johnson, 25, Nevada, IA	1:27:22	1:27:22	7:02
171	11	M40	Rick Trueman, 43, Plymouth, MN	1:27:22	1:27:54	7:02
172	12	M40	Richard Haines, 43, Des Moines, IA	1:27:23	1:27:28	7:02
173	46	M25	Dave Baitinger, 28, Ankeny, IA	1:27:24	1:27:41	7:02
174	13	M17	Chris Postma, 18, Orange City, IA	1:27:24	1:31:29	7:02
175	31	M20	Tyler Irving, 22, Des Moines, IA	1:27:24	1:27:27	7:02
176	47	M25	Jason Zakaras, 27, Omaha, NE	1:27:27	1:27:54	7:02
177	48	M25	Matthew Shields, 27, Omaha, NE	1:27:27	1:27:28	7:02
178	14	M35	Luigi Calviello, 39, West Des Moines, IA	1:27:36	1:27:40	7:03
179	40	M30	Kevin Brownell, 30, West Des Moines, IA	1:27:39	1:28:22	7:03
180	13	M40	Chad Forde, 42, Atlantic, IA	1:27:40	1:27:43	7:03
181	41	M30	Ezra Hallam, 31, North Liberty, IA	1:27:44	1:28:12	7:04
182	42	M30	Adam Frederick, 31, Ankeny, IA	1:27:44	1:28:02	7:04
183	14	M40	Samuel Houston, 43, Cedar Rapids, IA	1:27:45	1:27:51	7:04
184	11	M45	Stephen Fyfe, 45, Pella, IA	1:27:47	1:27:55	7:04
185	15	M40	David Reid, 43, Fairfax, IA	1:27:49	1:27:51	7:04
186	49	M25	Matthew Johnson, 29, Altoona, IA	1:27:49	1:28:25	7:04
187	50	M25	Damian Peasley, 28, Madrid, IA	1:27:54	1:28:10	7:04
189	5	W25	Rael Murey, 29*, Coon Rapids, MN	1:27:54	1:27:55	7:04
188	12	M45	Larry Goodell, 45, Clive, IA	1:27:55	1:28:04	7:04
190	6	W20	Kathryn Jenewein, 24*, West Des Moines, IA	1:27:58	1:28:43	7:05
189	15	M35	Steve Houg, 35, West Des Moines, IA	1:27:58	1:28:07	7:05
190	43	M30	Nick Elliott, 30, Des Moines, IA	1:28:03	1:28:29	7:05
191	7	JrM	Peter DeTar, 15, Kelley, IA	1:28:04	1:28:24	7:05
192	7	W20	Fionna Fallon, 22*, Des Moines, IA	1:28:04	1:29:27	7:05
192	51	M25	Jared Otte, 28, Waukee, IA	1:28:05	1:28:07	7:05
193	16	M40	Tim Lundberg, 41, Urbandale, IA	1:28:08	1:28:18	7:05
194	17	M40	Mark Hargrove, 40, Ames, IA	1:28:10	1:28:20	7:06
195	22	W50	Ann Ringlein, 53*, Lincoln, NE	1:28:11	1:28:14	7:06
195	52	M25	Adam Varo, 27, Cedar Rapids, IA	1:28:13	1:28:59	7:06
196	13	M45	Danny Randall, 47, Osage, IA	1:28:17	1:28:28	7:06
197	53	M25	Mike McGinn, 29, Des Moines, IA	1:28:18	1:28:25	7:06
198	18	M40	Ken Wright, 41, Cedar Rapids, IA	1:28:18	1:28:35	7:06
199	32	M20	Erik Wolter, 20, Van Horne, IA	1:28:18	1:28:36	7:06
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205	56	M25	Jeff Boggs, 29, Charition, IA	1:28:37	1:29:01	7:08
206	17	M35	Delsin Knowler, 39, Grimes, IA	1:28:38	1:29:03	7:08

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231	9 JrM	Nate Marti, 15, Mt. Vernon, IA	1:29:39	1:29:46	7:13
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399	20	JrM	Brian Warren, 16, Des Moines, IA	1:34:37	1:34:52	7:37
400	13	M50	Mike Christensen, 52, Fremont, NE	1:34:38	1:34:53	7:37
401	35	M17	Ryan Christensen, 18, Fremont, NE	1:34:38	1:34:53	7:37
402	14	M50	Brad Nielsen, 51, Des Moines, IA	1:34:40	1:34:49	7:37
403	43	M40	Michael Strief, 40, Urbandale, IA	1:34:44	1:35:16	7:37
404	29	M45	Brian Wegener, 49, Fort Dodge, IA	1:34:44	1:36:02	7:37
405	49	M35	C J. Lage, 36, Des Moines, IA	1:34:46	1:35:11	7:37
406	84	M25	Jeff McElvania, 28, West Des Moines, IA	1:34:48	1:35:17	7:38
407	81	M30	Scott Koch, 32, West Des Moines, IA	1:34:50	1:35:19	7:38
408	44	M40	John Mehalovich, 44, Shawnee, KS	1:34:50	1:35:53	7:38
409	50	M35	Michael Guge, 39, West Des Moines, IA	1:34:51	1:35:35	7:38
48	10	W35	Cindy Elsbernd, 39*, Des Moines, IA	1:34:55	1:34:58	7:38
410	51	M35	Chad Wisham, 37, Davenport, IA	1:34:58	1:35:09	7:38
411	45	M40	Tony Stafford, 41, Prairie City, IA	1:34:58	1:35:39	7:38
412	52	M35	Thor Berg, 37, Austin, MN	1:34:58	1:35:21	7:38
413	53	M35	Todd Fee, 35, Norwalk, IA	1:35:01	1:35:13	7:39
414	85	M25	Michael Ball, 29, Des Moines, IA	1:35:01	1:35:21	7:39
415	82	M30	Jeremy Dyvig, 34, Waukee, IA	1:35:04	1:35:36	7:39
416	83	M30	Scott Heisler, 34, West Des Moines, IA	1:35:06	1:35:46	7:39
417	84	M30	Buck Olsen, 32, Urbandale, IA	1:35:09	1:35:44	7:39
418	85	M30	Zachary Kraft, 30, Johnston, IA	1:35:10	1:35:40	7:39
419	86	M25	Brent Allen, 29, Johnston, IA	1:35:12	1:36:49	7:40
420	15	M50	Clyde Lawler, 54, Marshalltown, IA	1:35:13	1:35:22	7:40
421	45	M20	Scott Schuknecht, 23, West Des Moines, IA	1:35:13	1:35:59	7:40
49	11	W20	Amanda Chalik, 23*, West Des Moines, IA	1:35:14	1:35:59	7:40
422	16	M50	Marty Kenworthy, 51, West Des Moines, IA	1:35:14	1:35:47	7:40
423	30	M45	David Fox, 47, Waverly, IA	1:35:14	1:35:43	7:40
424	21	JrM	Robby Clark, 16, Desoto, IA	1:35:16	1:36:37	7:40
425	31	M45	Chris Kannapel, 47, Windsor Heights, IA	1:35:17	1:35:43	7:40
50	12	W20	Haley Madison, 21*, Ankeny, IA	1:35:17	1:35:18	7:40
426	46	M20	Ted Block, 24, Milwaukee, WI	1:35:18	1:35:44	7:40
427	86	M30	Michael Crouse, 30, Ankeny, IA	1:35:21	1:36:07	7:40
428	36	M17	Matthew Gorter, 18, Sioux Center, IA	1:35:21	1:39:26	7:40
429	87	M25	Scott Truka, 26, West Des Moines, IA	1:35:24	1:35:53	7:41
430	3	M60	Marek Jarecki, 62, Ames, IA	1:35:25	1:35:50	7:41
431	88	M25	Scott Michels, 28, Bondurant, IA	1:35:25	1:35:53	7:41
51	5	W40	Sandy Sabelka, 42*, Denver, IA	1:35:26	1:35:53	7:41
432	7	M55	Denny Cahill, 56, Marshalltown, IA	1:35:27	1:36:27	7:41
433	54	M35	Jamie Weydert, 36, Ames, IA	1:35:27	1:36:22	7:41
434	47	M20	David Murrin-Von Ebers, 24, Des Moines, IA	1:35:28	1:35:59	7:41

435	87	M30	Ryan Comer, 33, Carlisle, IA	1:35:28	1:36:05	7:41
52	13	W20	Torey Lasater, 23*, Cedar Falls, IA	1:35:28	1:36:08	7:41
436	8	M55	Pete Sandler, 55, West Des Moines, IA	1:35:31	1:35:55	7:41
437	89	M25	Brian Evans, 29, Falls City, NE	1:35:31	1:37:42	7:41
438	48	M20	Ryan Gach, 22, Falls City, NE	1:35:31	1:37:42	7:41
439	37	M17	Josh Horstman, 18, Sanborn, IA	1:35:31	1:39:36	7:41
440	32	M45	Arvin Pleima, 49, Pella, IA	1:35:33	1:36:02	7:41
53	13	W25	Cathy Hass, 25*, Iowa City, IA	1:35:34	1:37:33	7:41
54	14	W25	Shannon White, 29*, Johnston, IA	1:35:34	1:35:45	7:41
441	55	M35	Chad Wiese, 36, Coralville, IA	1:35:34	1:35:38	7:41
442	56	M35	Daniel Tucker, 39, Des Moines, IA	1:35:35	1:35:44	7:41
443	38	M17	Eric Queck, 19, Papillion, NE	1:35:35	1:35:48	7:41
444	90	M25	Joel Bailey, 29, Sioux Falls, SD	1:35:36	1:36:48	7:42
55	6	W40	Ruth Regehr, 44*, Clarinda, IA	1:35:37	1:35:49	7:42
445	91	M25	Zach Russo, 25, Urbandale, IA	1:35:37	1:36:13	7:42
446	88	M30	Chad Elkin, 34, Papillion, NE	1:35:37	1:40:41	7:42
447	89	M30	Ryan Molgaard, 34, Omaha, NE	1:35:37	1:44:44	7:42
56	3	W50	Tricia McClain, 53*, Altoona, IA	1:35:37	1:37:00	7:42
448	46	M40	Mark Timmerman, 40, Indianola, IA	1:35:38	1:36:37	7:42
57	8	W30	Emily Jaerger, 31*, Sioux City, IA	1:35:38	1:36:11	7:42
58	15	W25	Stephanie Mortenson, 28*, Urbandale, IA	1:35:38	1:36:31	7:42
449	92	M25	Heath Schechinger, 26, Ames, IA	1:35:38	1:36:52	7:42
450	33	M45	Tracy Robertson, 49, West Des Moines, IA	1:35:39	1:36:10	7:42
451	93	M25	Ryan Van Sloten, 28, West Des Moines, IA	1:35:39	1:36:08	7:42
59	9	W30	Courtney Fulton, 32*, Arlington, VA	1:35:41	1:36:01	7:42
452	34	M45	John Kromminga, 45, Johnston, IA	1:35:41	1:36:08	7:42
60	14	W20	Kelsey Davis, 20*, Ames, IA	1:35:41	1:36:40	7:42
453	57	M35	Doug Sprecher, 36, Ankeny, IA	1:35:42	1:35:49	7:42
454	17	M50	Paul Fyfe, 54, Albuquerque, NM	1:35:42	1:35:50	7:42
455	49	M20	Spencer Duncan, 23, Cedar Falls, IA	1:35:43	1:36:26	7:42
61	11	W35	Lisa Fraizer, 38*, West Des Moines, IA	1:35:44	1:38:17	7:42
456	9	M55	Steven Fulton, 59, Whitten, IA	1:35:48	1:36:08	7:42
457	94	M25	Eric Hauge, 28, Minneapolis, MN	1:35:48	1:37:02	7:42
62	12	W35	Misty Young, 35*, Ottumwa, IA	1:35:49	1:36:56	7:43
458	47	M40	Perry Pastir, 44, Corcoran, MN	1:35:50	1:36:06	7:43
63	13	W35	Traci Havlik, 35*, Madrid, IA	1:35:51	1:36:08	7:43
459	39	M17	Bobby Bonnett, 18, Indianola, IA	1:35:52	1:36:08	7:43
460	90	M30	Jeff Johnston, 33, Clive, IA	1:35:52	1:44:59	7:43
64	15	W20	Alicia Bockenstedt, 22*, New Vienna, IA	1:35:53	1:37:37	7:43
461	35	M45	Randy Naeve, 45, Cedar Rapids, IA	1:35:53	1:36:31	7:43
462	58	M35	Gregory Airhart, 39, West Des Moines, IA	1:35:53	1:38:09	7:43
463	50	M20	Matthew Porter, 21, Iowa City, IA	1:35:54	1:36:26	7:43
464	51	M20	Daniel Clark, 23, Ames, IA	1:35:55	1:43:59	7:43
465	18	M50	Duke Reichardt, 51, Clive, IA	1:35:55	1:36:19	7:43
466	91	M30	Chris Hutchinson, 30, Ankeny, IA	1:35:56	1:36:49	7:43
65	10	W30	Megan Taylor, 31*, Des Moines, IA	1:36:01	1:36:22	7:44
467	40	M17	John Veencamp, 19, Madrid, IA	1:36:01	1:36:18	7:44
468	59	M35	Jeff Dirkx, 39, West Des Moines, IA	1:36:01	1:36:31	7:44
469	60	M35	Dan Henderson, 39, Ankeny, IA	1:36:02	1:36:30	7:44
470	95	M25	Joseph Marks, 29, Des Moines, IA	1:36:04	1:37:03	7:44
471	36	M45	Mark Dekker, 47, Centerville, IA	1:36:05	1:36:24	7:44
472	92	M30	Jay Rewerts, 31, Urbandale, IA	1:36:05	1:36:22	7:44
473	96	M25	Joe McGargill, 29, West Des Moines, IA	1:36:08	1:36:30	7:44
474	61	M35	Gene Solis, 35, Prior Lake, MN	1:36:08	1:36:47	7:44
475	93	M30	Alex Juergens, 33, Norwalk, IA	1:36:09	1:36:48	7:44
476	48	M40	Mike Biegger, 40, Des Moines, IA	1:36:09	1:36:38	7:44
477	62	M35	Doug McKinstry, 39, Polk City, IA	1:36:10	1:36:17	7:44
478	94	M30	Jeremy Johnson, 33, West Des Moines, IA	1:36:11	1:37:14	7:44
479	49	M40	Kenny Wade, 42, Altoona, IA	1:36:11	1:36:27	7:44
66	16	W20	Ashley Tanney, 23*, Davenport, IA	1:36:11	1:36:25	7:44
480	97	M25	Mitch Tanney, 27, Davenport, IA	1:36:12	1:36:25	7:44
481	19	M50	Terry Eason, 53, Waukee, IA	1:36:14	1:36:49	7:45
67	11	W30	Memory Eltjes, 30*, Urbandale, IA	1:36:14	1:36:49	7:45
482	37	M45	Randy Brecht, 49, Middle Amana, IA	1:36:14	1:36:22	7:45
68	4	W50	Beth Henriksen, 54*, Ames, IA	1:36:16	1:36:34	7:45

483	52 M20	Justin Olk, 21, Polk City, IA	1:36:16	1:36:48	7:45
484	63 M35	Deon Wingert, 36, Carroll, IA	1:36:18	1:36:46	7:45
485	22 JrM	Tyler Sawyer, 16, Legrand, IA	1:36:18	1:37:05	7:45
486	20 M50	Jeff Weeks, 50, Des Moines, IA	1:36:18	1:37:09	7:45
487	98 M25	Jack Johnson, 29, West Des Moines, IA	1:36:18	1:36:41	7:45
488	95 M30	Nick Woolsey, 32, Knoxville, IA	1:36:20	1:37:27	7:45
489	64 M35	Peter Hill, 39, Ankeny, IA	1:36:23	1:36:51	7:45
490	53 M20	Tony Beal, 21, Albia, IA	1:36:24	1:46:33	7:45
491	96 M30	David Hostetter, 32, Colfax, IA	1:36:24	1:37:22	7:45
492	97 M30	William Fenske, 33, Des Moines, IA	1:36:25	1:37:12	7:45
69	16 W25	Darcy Ehrmann, 28*, Cedar Rapids, IA	1:36:27	1:37:09	7:46
70	17 W25	Erin Jansen, 29*, Ankeny, IA	1:36:29	1:36:56	7:46
493	21 M50	Randy Wadle, 51, Newton, IA	1:36:29	1:36:52	7:46
494	99 M25	Taylor Rettig, 27, West Des Moines, IA	1:36:30	1:37:17	7:46
495	100 M25	Malcolm Cortner, 27, Des Moines, IA	1:36:31	1:38:56	7:46
496	98 M30	Michael Roberts, 31, Ankeny, IA	1:36:32	1:36:57	7:46
497	38 M45	Brian Craig, 47, Armstrong, IA	1:36:33	1:39:46	7:46
498	10 M55	Peter Percival, 56, Des Moines, IA	1:36:34	1:36:54	7:46
499	39 M45	Roadog McKibben, 49, Clive, IA	1:36:34	1:37:10	7:46
71	17 W20	Kimberly Cunningham, 24*, Des Moines, IA	1:36:35	1:37:10	7:46
500	41 M17	Leif Jeppson, 18, Mount Vernon, IA	1:36:36	1:38:35	7:46
501	42 M17	Mark Lewis, 19, Norwalk, IA	1:36:36	1:43:35	7:46
502	50 M40	Ronald G. Crees, 40, Bondurant, IA	1:36:41	1:37:17	7:47
503	101 M25	Ryan McIntosh, 29, Urbandale, IA	1:36:42	1:40:10	7:47
504	65 M35	Jerry Meinerts, 37, Maxwell, IA	1:36:42	1:38:31	7:47
505	40 M45	Jeff Osmundson, 45, Pleasant Hill, IA	1:36:43	1:37:18	7:47
506	11 M55	Michael Tometich, 58, Mount Pleasant, IA	1:36:43	1:37:07	7:47
507	51 M40	Tom Klotzbach, 44, Decorah, IA	1:36:46	1:38:06	7:47
508	43 M17	Zach Wignall, 18, Creston, Ia, Ia	1:36:46	1:37:24	7:47
72	12 W30	Andrea Baldwin, 30*, Waukee, IA	1:36:46	1:38:28	7:47
509	66 M35	Daniel Blondowski, 35, Johnston, IA	1:36:46	1:37:17	7:47
73	14 W35	Beth McDonald, 37*, Prole, IA	1:36:46	1:38:13	7:47
510	102 M25	Nicholas Harrison, 25, Van Meter, IA	1:36:48	1:37:08	7:47
511	52 M40	Bennett Michael, 43, Ankeny, IA	1:36:49	1:37:01	7:47
512	67 M35	Carl Rogers, 39, Johnston, IA	1:36:49	1:37:15	7:47
513	22 M50	Murray Nelson, 51, Waukee, IA	1:36:51	1:37:17	7:48
74	7 W40	Melanie DouBrava, 41*, West Des Moines, IA	1:36:51	1:39:37	7:48
75	18 W20	Mila O'Rourke, 22*, Omaha, NE	1:36:51	1:37:00	7:48
514	103 M25	Josh Sprecher, 25, Chicago, IL	1:36:52	1:37:01	7:48
515	99 M30	Lee Simmons, 34, West Des Moines, IA	1:36:53	1:37:53	7:48
516	53 M40	Chris Burgess, 42, Urbandale, IA	1:36:55	1:38:11	7:48
517	44 M17	Taylor Hircock, 19, Adel, IA	1:37:02	1:37:02	7:48
518	54 M40	Jeff Blosser, 43, West Des Moines, IA	1:37:03	1:38:18	7:49
519	41 M45	Brett Bosworth, 47, West Des Moines, IA	1:37:03	1:38:08	7:49
76	13 W30	Audrey Bell, 30*, Polk City, IA	1:37:04	1:37:19	7:49
520	100 M30	Josh Jones, 34, Ankeny, IA	1:37:05	1:37:27	7:49
77	19 W20	Sara Eppley, 23*, Charles City, IA	1:37:07	1:45:47	7:49
521	68 M35	Tony Guerra, 38, Ankeny, IA	1:37:08	1:37:37	7:49
522	69 M35	David Ness, 39, Johnston, IA	1:37:11	1:38:01	7:49
78	18 W25	Kelly Parriott, 27*, West Des Moines, IA	1:37:12	1:37:39	7:49
523	55 M40	Mike Jones, 43, Knoxville, IA	1:37:16	1:38:26	7:50
524	56 M40	Alex Gonzalez, 41, Des Moines, IA	1:37:17	1:38:20	7:50
525	70 M35	Lance Dickson, 37, Lisbon, IA	1:37:17	1:37:43	7:50
79	15 W35	Jennifer Potratz, 37*, Clive, IA	1:37:20	1:37:58	7:50
526	57 M40	Bryan Nepl, 44, West Des Moines, IA	1:37:21	1:38:35	7:50
527	58 M40	Frank Robey, 44, Pleasant Hill, IA	1:37:24	1:38:00	7:50
528	42 M45	Mick Lundquist, 46, Ankeny, IA	1:37:24	1:38:13	7:50
529	45 M17	Gil Espinosa, 17, Legrand, IA	1:37:25	1:38:12	7:50
530	104 M25	Patrick McClain, 27, Pleasant Hill, IA	1:37:25	1:39:25	7:50
531	71 M35	Marcus Fricke, 36, Maxwell, IA	1:37:26	1:39:16	7:50
532	72 M35	Jeff Dyer, 38, Ankeny, IA	1:37:27	1:38:04	7:50
533	23 M50	Doug Philip, 50, Des Moines, IA	1:37:28	1:38:19	7:51
534	101 M30	Shawn Gilchrist, 33, Knoxville, IA	1:37:29	1:38:36	7:51
535	59 M40	Christopher Kyhl, 43, Johnston, IA	1:37:32	1:37:47	7:51
536	73 M35	Dean Gieseman, 35, Clive, IA	1:37:33	1:39:24	7:51

80	20	W20	Sofiya Hupalo, 20*, Ames, IA	1:37:35	1:38:08	7:51
537	105	M25	Matt Hawkins, 27, Ames, IA	1:37:35	1:38:24	7:51
538	46	M17	Chris McIntyre, 17, Indianola, IA	1:37:37	1:37:57	7:51
539	54	M20	Matt Yuska, 24, Van Meter, IA	1:37:37	1:38:02	7:51
540	60	M40	Phil Weber, 43, Norwalk, IA	1:37:38	1:38:26	7:51
541	24	M50	Tim Flowers, 52, Ankeny, IA	1:37:38	1:37:54	7:51
81	16	W35	Tasha Badding, 37*, Carroll, IA	1:37:39	1:38:15	7:51
82	21	W20	Amy Wetsch, 22*, Van Meter, IA	1:37:39	1:38:03	7:51
542	61	M40	Kevin Boyle, 40, Des Moines, IA	1:37:41	1:38:47	7:52
543	25	M50	Stephen Maze, 53, Cedar Rapids, IA	1:37:42	1:39:13	7:52
83	19	W25	Katie Wulkow, 28*, Grimes, IA	1:37:42	1:38:35	7:52
84	20	W25	Shannon Lee, 25*, Omaha, NE	1:37:43	1:39:23	7:52
544	62	M40	Bryan Brownsberger, 41, Ankeny, IA	1:37:46	1:37:50	7:52
545	47	M17	Matthew Skarshaug, 18, Ames, IA	1:37:46	1:41:53	7:52
546	106	M25	Kyle Vollstedt, 25, Des Moines, IA	1:37:47	1:38:17	7:52
85	8	W40	Shelley Goodell, 43*, Clive, IA	1:37:47	1:38:29	7:52
547	102	M30	Eric Wagner, 34, Urbandale, IA	1:37:47	1:38:43	7:52
548	63	M40	Scott Greenwood, 42, Des Moines, IA	1:37:47	1:38:16	7:52
549	103	M30	Jason Franzen, 32, Johnston, IA	1:37:48	1:37:56	7:52
550	26	M50	Greg Courtney, 50, Ames, IA	1:37:50	1:38:47	7:52
551	104	M30	Kyle Punt, 32, Pella, IA	1:37:50	1:38:31	7:52
86	2	W17	Katie Fritz, 19*, Ames, IA	1:37:51	1:38:55	7:52
87	14	W30	Sheila Punt, 32*, Pella, IA	1:37:51	1:38:31	7:52
552	55	M20	Zach Hodges, 22, Des Moines, IA	1:37:51	1:38:32	7:52
553	64	M40	Michael Gasperi, 43, Ankeny, IA	1:37:52	1:38:30	7:52
554	74	M35	Brian Stewart, 38, West Des Moines, IA	1:37:52	1:39:07	7:52
555	105	M30	Eric Esser, 32, Ames, IA	1:37:53	1:38:27	7:53
556	107	M25	Glen Miller, 28, Grimes, IA	1:37:53	1:38:27	7:53
557	43	M45	Bruce Johnson, 46, Osage, IA	1:37:54	1:38:24	7:53
88	21	W25	Michelle Isaacson, 26*, Des Moines, IA	1:37:54	1:39:49	7:53
558	108	M25	Tony Ekman, 29, Des Moines, IA	1:37:54	1:37:54	7:53
559	56	M20	James Nowasell, 23, Des Moines, IA	1:37:55	1:38:52	7:53
89	22	W25	Lindsey Meyer, 25*, Des Moines, IA	1:37:55	1:38:20	7:53
90	22	W20	Danielle Nowasell, 20*, Grinnell, IA	1:37:55	1:38:52	7:53
560	27	M50	Thomas Venner, 52, Boone, IA	1:37:57	1:38:29	7:53
561	109	M25	Eric Tange, 29, Urbandale, IA	1:37:57	1:39:09	7:53
562	106	M30	Matthew Fowler, 31, Des Moines, IA	1:37:59	1:39:15	7:53
91	23	W20	Kayleigh Borowski, 20*, Ames, IA	1:38:00	1:38:57	7:53
563	65	M40	Nicholas DiMarco, 44, Clear Lake, IA	1:38:01	1:39:02	7:53
564	57	M20	Jonas Bergen, 21, Ames, IA	1:38:02	1:38:41	7:53
565	44	M45	Dave Endres, 47, West Des Moines, IA	1:38:03	1:38:30	7:53
566	107	M30	Curt Long, 31, Des Moines, IA	1:38:03	1:38:49	7:53
567	45	M45	Michael Johnson, 46, Waverly, IA	1:38:04	1:38:46	7:53
568	46	M45	Joe Knight, 48, Spring Green, WI	1:38:09	1:40:57	7:54
92	23	W25	Stephanie Gray, 27*, Ankeny, IA	1:38:09	1:39:01	7:54
569	75	M35	Nate Ruffcorn, 39, Radcliffe, IA	1:38:11	1:39:49	7:54
570	108	M30	Brian Peck, 33, Cedar Rapids, IA	1:38:13	1:41:00	7:54
571	76	M35	Douglas Eichholz, 39, Cumming, IA	1:38:14	1:39:43	7:54
93	24	W25	Julie Long, 27*, Urbandale, IA	1:38:15	1:39:37	7:54
572	109	M30	Ryan Hennigan, 30, Urbandale, IA	1:38:15	1:39:08	7:54
94	2	W45	Charlene TenHulzen, 47*, Firth, NE	1:38:17	1:38:45	7:54
573	110	M25	Jimmy Vowell, 25, Des Moines, IA	1:38:19	1:39:20	7:55
574	47	M45	Chris Admussen, 46, Urbandale, IA	1:38:20	1:39:11	7:55
575	58	M20	Clinton Wellman, 22, Glendale, AZ	1:38:22	1:40:06	7:55
576	48	M45	James Demmel, 49, Marshalltown, IA	1:38:23	1:38:40	7:55
577	4	M60	Larry Best, 60, Davenport, IA	1:38:24	1:38:48	7:55
578	77	M35	Ben Weers, 35, Polk City, IA	1:38:25	1:39:17	7:55
579	78	M35	Elmir Karajica, 36, Clive, IA	1:38:26	1:40:40	7:55
580	5	M60	Rick Hagan, 60, Urbandale, IA	1:38:27	1:38:43	7:55
581	110	M30	Chris Ver Meer, 34, Pella, IA	1:38:28	1:39:39	7:55
582	12	M55	Mark Miller, 55, West Des Moines, IA	1:38:30	1:39:08	7:55
583	66	M40	Todd Wuestenberg, 41, Huxley, IA	1:38:31	1:39:13	7:56
95	9	W40	Marilyn Peters, 42*, Lake View, IA	1:38:31	1:40:32	7:56
96	24	W20	Cassi Sokol, 22*, Urbandale, IA	1:38:31	1:38:32	7:56
584	67	M40	Kevin Miller, 40, Ankeny, IA	1:38:32	1:39:00	7:56

585	59	M20	Mark Moore, 24, Des Moines, IA	1:38:33	1:39:03	7:56
586	48	M17	Zach Fiepke, 17, West Des Moines, IA	1:38:34	1:41:32	7:56
97	3	W45	Laurie Kuestner, 48*, West Des Moines, IA	1:38:34	1:39:14	7:56
587	6	M60	Richard Martin, 61, Ames, IA	1:38:34	1:38:50	7:56
588	60	M20	Jon Raftis, 22, West Des Moines, IA	1:38:34	1:39:54	7:56
589	111	M30	Steve Wheeler, 34, Pleasant Hill, IA	1:38:35	1:39:10	7:56
98	4	W45	Kathy Hale, 45*, Bondurant, IA	1:38:35	1:38:35	7:56
99	25	W25	Carissa Laack, 25*, Des Moines, IA	1:38:36	1:39:05	7:56
590	23	JrM	Zachary Qucik, 15, Bondurant, IA	1:38:36	1:40:36	7:56
591	13	M55	Brad Ewest, 56, Ankeny, IA	1:38:37	1:39:04	7:56
592	49	M45	Scott Boever, 49, Urbandale, IA	1:38:38	1:41:33	7:56
100	17	W35	Denise Carleton, 39*, Ankeny, IA	1:38:38	1:39:12	7:56
593	61	M20	Dan Kinker, 22, Ames, IA	1:38:39	1:39:13	7:56
594	68	M40	Rick Dennis, 41, Des Moines, IA	1:38:39	1:40:07	7:56
101	15	W30	Summer Morgan, 33*, Algona, IA	1:38:40	1:40:22	7:56
595	50	M45	David Peshel, 45, Adel, IA	1:38:40	1:41:46	7:56
596	112	M30	Chad Kokjohn, 30, San Diego, CA	1:38:41	1:39:10	7:56
597	111	M25	Marc Soltis, 26, Adel, IA	1:38:41	1:39:14	7:56
598	62	M20	Kristian Day, 24, Des Moines, IA	1:38:41	1:38:46	7:56
102	5	W45	Carla Stoner, 47*, West Des Moines, IA	1:38:42	1:38:52	7:56
599	69	M40	Ryan Reichenbacker, 41, Ankeny, IA	1:38:43	1:39:29	7:57
600	112	M25	Eustace Spaine, 29, West Des Moines, IA	1:38:45	1:39:15	7:57
601	51	M45	William Gresham, 49, Parkville, MO	1:38:46	1:41:33	7:57
602	52	M45	Jeff Feder, 49, Norwalk, IA	1:38:46	1:38:54	7:57
603	63	M20	Justin Vrba, 24, Ossian, IA	1:38:47	1:41:36	7:57
604	64	M20	Travis Hersom, 24, Des Moines, IA	1:38:47	1:45:17	7:57
605	70	M40	Michael Thilges, 40, West Des Moines, IA	1:38:47	1:41:38	7:57
103	26	W25	Michelle Silver, 26*, Cedar Rapids, IA	1:38:49	1:39:37	7:57
606	71	M40	Kelly Streigle, 41, Chariton, IA	1:38:51	1:39:57	7:57
104	27	W25	Jennifer Noel, 28*, Polk City, IA	1:38:52	1:39:36	7:57
607	113	M25	Drew Conley, 25, Ankeny, IA	1:38:53	1:39:57	7:57
105	18	W35	Molly Weber, 36*, Waukee, IA	1:38:53	1:39:20	7:57
608	113	M30	Phil Randall, 30, Urbandale, IA	1:38:53	1:41:20	7:57
609	72	M40	Jeff Lamoureux, 42, Jefferson, IA	1:38:54	1:40:06	7:57
610	114	M30	Tom Schultz, 34, Ames, IA	1:38:54	1:39:51	7:57
611	53	M45	Rich Wicks, 46, Waukon, IA	1:38:55	1:40:16	7:58
612	54	M45	Kim Wander, 49, West Union, IA	1:38:57	1:39:08	7:58
106	16	W30	Heather B. Garcia, 31*, Chicago, IL	1:38:58	1:39:35	7:58
613	55	M45	Rob Gillum, 49, Des Moines, IA	1:38:58	1:39:35	7:58
614	114	M25	Sean O'Hare, 28, West Des Moines, IA	1:38:58	1:40:37	7:58
615	49	M17	Cameron Pearson, 17, Johnston, IA	1:38:59	1:47:24	7:58
616	50	M17	Nick Lamkey, 19, Ames, IA	1:39:00	1:40:21	7:58
617	115	M25	Jeff Stewart, 27, Waterloo, IA	1:39:00	1:40:43	7:58
618	79	M35	Jon Murphy, 39, Des Moines, IA	1:39:00	1:40:26	7:58
619	56	M45	Kurtis Jensen, 49, Marshalltown, IA	1:39:01	1:39:59	7:58
107	19	W35	Regina Zlomke, 37*, West Des Moines, IA	1:39:02	1:40:10	7:58
620	65	M20	Kevin Nennig, 21, Ames, IA	1:39:02	1:40:28	7:58
108	17	W30	Kyla Kiester, 31*, Des Moines, IA	1:39:02	1:42:29	7:58
621	14	M55	Joe Blunk, 58, Ames, IA	1:39:03	1:39:15	7:58
622	73	M40	Brian Crile, 40, Oskaloosa, IA	1:39:04	1:39:48	7:58
623	80	M35	Dominick Villotti, 35, Urbandale, IA	1:39:05	1:40:05	7:58
624	74	M40	Mathew Brown, 40, West Des Moines, IA	1:39:07	1:40:02	7:58
109	25	W20	Nicole Wilson, 21*, Urbandale, IA	1:39:08	1:39:46	7:59
625	28	M50	Jim Pippert, 53, Dysart, IA	1:39:08	1:39:28	7:59
626	57	M45	Andrew Susanin, 48, Des Moines, IA	1:39:10	1:39:41	7:59
627	66	M20	Carson McIntosh, 24, Marion, IA	1:39:10	1:40:38	7:59
628	29	M50	Loyed Hedges, 50, Des Moines, IA	1:39:10	1:40:24	7:59
629	30	M50	James Usgaard, 52, Urbandale, IA	1:39:11	1:42:51	7:59
630	115	M30	Michael O'Donnell, 31, West Des Moines, IA	1:39:11	1:42:25	7:59
631	116	M25	Manny Garcia, 28, Carlisle, IA	1:39:11	1:41:27	7:59
632	116	M30	Jason Hamilton, 33, Fort Dodge, IA	1:39:12	1:40:45	7:59
633	67	M20	Benjamin Grannon, 22, Fort Dodge, IA	1:39:12	1:40:50	7:59
634	58	M45	Steven Hilt, 49, Orange City, IA	1:39:13	1:43:19	7:59
635	117	M30	Jason Rosenthal, 34, West Des Moines, IA	1:39:13	1:39:53	7:59
110	18	W30	Jacquelyn Selix, 32*, West Des Moines, IA	1:39:16	1:40:06	7:59

111	3	W17	Megan Nieland, 17*, Ankeny, IA	1:39:17	1:39:49	7:59
636	59	M45	Michael Cadden, 47, Eden Prairie, MN	1:39:17	1:39:57	7:59
112	6	W45	Rose Wignall, 49*, Creston, Ia, Ia	1:39:18	1:39:56	7:59
637	60	M45	James Loucks, 47, Sioux City, IA	1:39:18	1:39:51	7:59
113	26	W20	Jessa Schweitzer, 22*, West Des Moines, IA	1:39:19	1:40:37	7:59
638	31	M50	Steve Oglesby, 51, Cedar Rapids, IA	1:39:19	1:40:09	7:59
639	117	M25	Michael Kuehner, 26, Iowa City, IA	1:39:19	1:41:08	7:59
640	68	M20	Dallas Eddie, 21, Cedar Falls, IA	1:39:20	1:40:42	8:00
641	81	M35	Michael Olsen, 39, Minneapolis, MN	1:39:22	1:41:12	8:00
114	19	W30	Katy Essing, 30*, Urbandale, IA	1:39:25	1:40:29	8:00
642	118	M30	Nathaniel Hagberg, 30, Polk City, IA	1:39:25	1:40:31	8:00
643	32	M50	Craig Edmondson, 50, Boone, IA	1:39:25	1:40:12	8:00
115	28	W25	Jacqueline Nowack, 26*, Waterloo, IA	1:39:26	1:41:09	8:00
644	75	M40	Corey Carr, 40, Ankeny, IA	1:39:27	1:39:48	8:00
116	29	W25	Janae Brown, 29*, Iowa City, IA	1:39:27	1:40:00	8:00
645	119	M30	Brian Hatch, 31, Knoxville, IA	1:39:27	1:40:36	8:00
646	69	M20	Chris Elsenbast, 20, Ames, IA	1:39:29	1:40:03	8:00
647	76	M40	Mark Hanrahan, 41, Urbandale, IA	1:39:29	1:40:22	8:00
117	27	W20	Anet Gingerich, 20*, Parnell, IA	1:39:29	1:42:34	8:00

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648	77	M40	James Bryan, 44, Ankeny, IA	1:39:31	1:52:05	8:00
649	82	M35	Christopher James, 35, West Des Moines, IA	1:39:32	1:39:32	8:00
650	118	M25	Matthew Overton, 27, Ankeny, IA	1:39:32	1:40:38	8:00
118	4	W17	Dawn Gildersleeve, 18*, Bondurant, IA	1:39:33	1:40:33	8:01
119	30	W25	Kacie Purl, 26*, Ames, IA	1:39:34	1:40:43	8:01
120	10	W40	Dana Plew, 42*, Des Moines, IA	1:39:36	1:39:54	8:01
651	119	M25	Rhett Andelin, 29, Des Moines, IA	1:39:37	1:45:16	8:01
652	120	M30	Jeremy Mueller, 33, West Des Moines, IA	1:39:37	1:40:00	8:01
653	61	M45	Scott Freeman, 48, Urbandale, IA	1:39:38	1:41:09	8:01
654	83	M35	Brian Freeseaman, 37, Ankeny, IA	1:39:38	1:40:01	8:01
655	121	M30	Matthew Baltes, 30, West Des Moines, IA	1:39:41	1:40:34	8:01
656	122	M30	Eric Weichers, 33, Ankeny, IA	1:39:41	1:40:38	8:01
657	78	M40	Lee Hill, 41, Des Moines, IA	1:39:41	1:40:10	8:01
658	84	M35	Brian Olson, 36, Grinnell, IA	1:39:41	1:40:09	8:01
121	11	W40	Tami Prescott, 43*, Urbandale, IA	1:39:42	1:40:09	8:01
659	79	M40	Joe Keitges, 43, Ames, IA	1:39:43	1:40:04	8:01
660	123	M30	Matt Hillis, 33, Clive, IA	1:39:43	1:40:06	8:01
661	33	M50	Michael Miller, 50, Norwalk, IA	1:39:43	1:41:02	8:01
662	15	M55	Jon Jordan, 55, Atlantic, IA	1:39:44	1:39:59	8:01
663	120	M25	Jonathan Van Maanen, 29, Ames, IA	1:39:46	1:43:36	8:02
664	80	M40	Michael Gardner, 40, Ankeny, IA	1:39:46	1:40:12	8:02
122	20	W35	Jennifer Imig, 36*, West Des Moines, IA	1:39:47	1:41:05	8:02
665	62	M45	Stewart Baldner, 49, Dallas Center, IA	1:39:49	1:40:08	8:02
666	121	M25	Jeff Ludwig, 27, Waukee, IA	1:39:51	1:41:38	8:02
667	81	M40	Rodney De Ronde, 42, Oskaloosa, IA	1:39:52	1:42:51	8:02
123	31	W25	Andrea Jansa, 25*, Des Moines, IA	1:39:53	1:40:38	8:02
668	124	M30	Daniel Pinkerton, 34, Des Moines, IA	1:39:54	1:42:37	8:02
124	1	JrW	Samantha Garner, 14*, Peru, IA	1:39:54	1:40:22	8:02
125	7	W45	Lisa Hughes, 45*, Muscatine, IA	1:39:54	1:40:29	8:02
669	63	M45	Dave Elsenbast, 48, Ames, IA	1:39:55	1:40:28	8:02
670	51	M17	Adam Nelson, 18, Waukee, IA	1:39:56	1:40:22	8:02
671	122	M25	David Warner, 29, Eagan, MN	1:39:56	1:41:26	8:02
672	123	M25	Matt Berkland, 29, Des Moines, IA	1:39:57	1:40:23	8:02
673	125	M30	Jeff Cunningham, 32, Granger, IA	1:39:58	1:40:49	8:03
126	5	W50	Patty Croonquist, 52*, Fort Dodge, IA	1:39:58	1:40:46	8:03
674	82	M40	Steven Heimbaugh, 41, Gilbert, IA	1:39:58	1:47:02	8:03
675	83	M40	Craig McClenahan, 42, Keota, IA	1:39:59	1:41:41	8:03
127	32	W25	Dana Fogel, 28*, West Des Moines, IA	1:39:59	1:40:56	8:03
676	84	M40	Patrick Mattingly, 41, Johnston, IA	1:40:00	1:40:27	8:03
677	24	JrM	Ricardo San Elias, 15, Des Moines, IA	1:40:01	1:40:59	8:03
128	33	W25	Jessica Schaack, 29*, Urbandale, IA	1:40:02	1:42:53	8:03
678	64	M45	Doug Stone, 47, Des Moines, IA	1:40:02	1:40:23	8:03
679	65	M45	Jesus San Elias, 48, Des Moines, IA	1:40:02	1:41:01	8:03

680	124	M25	Erik Insko, 26, Iowa City, IA	1:40:03	1:41:46	8:03
681	85	M35	Mike Teske, 38, Eldora, IA	1:40:03	1:40:16	8:03
682	70	M20	Michael Chapman, 20, Adel, IA	1:40:03	1:42:33	8:03
683	85	M40	Shane Smith, 42, Urbandale, IA	1:40:04	1:40:26	8:03
684	66	M45	Brian Culich, 47, Des Moines, IA	1:40:04	1:40:42	8:03
685	86	M40	Graig Cone, 44, Cedar Rapids, IA	1:40:05	1:40:11	8:03
686	125	M25	Adam Mohling, 26, Cedar Rapids, IA	1:40:06	1:40:58	8:03
687	86	M35	Heath Bullock, 35, West Des Moines, IA	1:40:08	1:42:28	8:03
688	71	M20	Dan Oglesby, 20, Cedar Rapids, IA	1:40:09	1:40:58	8:03
129	12	W40	Brenda O'Hare, 42*, Ankeny, IA	1:40:10	1:40:48	8:04
689	126	M30	Joe Lynn, 30, West Des Moines, IA	1:40:10	1:40:50	8:04
690	52	M17	Zeke Gunnink, 17, Clive, IA	1:40:11	1:43:09	8:04
130	21	W35	Jennifer Caskey, 36*, Ia, IA	1:40:12	1:41:26	8:04
131	8	W45	Rachel Stauffer, 47*, Des Moines, IA	1:40:12	1:40:32	8:04
691	67	M45	Robert Larson, 47, Jefferson, IA	1:40:12	1:41:25	8:04
692	127	M30	Garret Kuchenbecker, 31, Coralville, IA	1:40:14	1:40:35	8:04
693	16	M55	Fred Kreykes, 59, Pella, IA	1:40:16	1:41:02	8:04
132	28	W20	Chelsie Baumgartner, 24*, Waukee, IA	1:40:17	1:40:46	8:04
694	87	M40	Bruce Merschbrock, 44, Des Moines, IA	1:40:17	1:40:55	8:04
695	53	M17	Michael Ellerman, 19, Dallas Center, IA	1:40:17	1:42:21	8:04
696	54	M17	Grant Johnson, 19, Grimes, IA	1:40:17	1:42:21	8:04
697	7	M60	Mike May, 63, Indianola, IA	1:40:19	1:40:53	8:04
698	87	M35	Roshan Pradhan, 37, West Des Moines, IA	1:40:19	1:41:36	8:04
699	126	M25	Nicholas Klocke, 25, St Joseph, MO	1:40:19	1:41:14	8:04
133	29	W20	Courtney Bruns, 20*, Estherville, IA	1:40:20	1:44:10	8:04
700	55	M17	Collin O'Leary, 17, Desoto, IA	1:40:21	1:41:40	8:04
701	128	M30	Kyle Flinn, 31, West Des Moines, IA	1:40:21	1:41:16	8:04
702	129	M30	Rob Wadle, 34, Clive, IA	1:40:22	1:40:47	8:04
134	13	W40	Joan Krull, 41*, Thompson, IA	1:40:23	1:41:03	8:05
703	72	M20	Andy Bernholtz, 21, Carroll, IA	1:40:23	1:41:19	8:05
704	88	M40	Scott Dahlstrom, 42, Ankeny, IA	1:40:23	1:41:39	8:05
135	34	W25	Vicky Hayes, 29*, Grimes, IA	1:40:24	1:41:50	8:05
705	89	M40	David Stout, 44, Des Moines, IA	1:40:27	1:41:09	8:05
706	68	M45	Joel Duncan, 45, Urbandale, IA	1:40:27	1:41:08	8:05
136	22	W35	Cari Rosno, 35*, Des Moines, IA	1:40:28	1:40:59	8:05
707	90	M40	Wade Steward, 44, Legrand, IA	1:40:28	1:40:51	8:05
137	5	W17	Lauren Maze, 18*, Cedar Rapids, IA	1:40:29	1:42:00	8:05
708	127	M25	Derek Conley, 29, Ankeny, IA	1:40:31	1:41:35	8:05
138	14	W40	Teri Collins, 41*, Waukee, IA	1:40:32	1:43:14	8:05
709	17	M55	Alan DiSpirito, 56, Ames, IA	1:40:33	1:40:43	8:05
710	91	M40	Norm Bach, 43, Marshalltown, IA	1:40:33	1:44:25	8:05
711	1	M65	John Schneller, 66, West Des Moines, IA	1:40:37	1:40:51	8:06
712	88	M35	Mark Folkers, 39, Urbandale, IA	1:40:38	1:41:48	8:06
713	73	M20	Alex Nykamp, 22, Des Moines, IA	1:40:38	1:44:02	8:06
714	92	M40	Seth Watkins, 41, Clarinda, IA	1:40:38	1:41:32	8:06
139	9	W45	Kathie Madron, 47*, Oakland, IA	1:40:39	1:41:22	8:06
715	89	M35	Keith Kroner, 39, Johnston, IA	1:40:39	1:41:03	8:06
140	35	W25	Bethany Cochran, 27*, Waukee, IA	1:40:40	1:41:27	8:06
716	90	M35	Jason Hahn, 39, Des Moines, IA	1:40:41	1:41:15	8:06
717	130	M30	Jeff Swanson, 32, Des Moines, IA	1:40:41	1:41:37	8:06
141	20	W30	Missy McConville, 31*, Norwalk, IA	1:40:41	1:41:42	8:06
718	74	M20	Samuel Einwalter, 23, Clive, IA	1:40:41	1:41:52	8:06
719	93	M40	Timothy Koberna, 42, Waverly, IA	1:40:41	1:41:31	8:06
142	36	W25	Jessica Savage, 28*, West Des Moines, IA	1:40:42	1:41:18	8:06
143	6	W17	Traci Speltz, 19*, Armstrong, IA	1:40:42	1:43:55	8:06
720	75	M20	Chad Kelley, 24, Pleasant Hill, IA	1:40:44	1:41:21	8:06
721	91	M35	Brian Brink, 35, Ames, IA	1:40:45	1:44:04	8:06
722	131	M30	Nicholas Probst, 31, Phoenix, AZ	1:40:47	1:53:06	8:06
723	56	M17	Jake Leih, 17, Indianola, IA	1:40:47	1:41:03	8:07
724	69	M45	John DeAngelis, 45, Keller, TX	1:40:47	1:42:16	8:07
725	92	M35	Scott Steensen, 35, Urbandale, IA	1:40:48	1:43:27	8:07
726	128	M25	Tyler Edwards, 25, North Liberty, IA	1:40:50	1:49:05	8:07
727	57	M17	Jake Agnitsch, 17, Ames, IA	1:40:51	1:41:07	8:07
144	30	W20	Sydney Burtness, 20*, Clear Lake, IA	1:40:52	1:43:47	8:07
145	23	W35	Jeennifer Kownacki, 37*, Norwalk, IA	1:40:52	1:41:07	8:07

728	132	M30	Corey Rekers, 32, Bloomington, IN	1:40:52	1:43:39	8:07
146	21	W30	Jen Zastrow, 31*, Minneapolis, MN	1:40:53	1:41:43	8:07
729	34	M50	Michael Wheelock, 54, Ames, IA	1:40:53	1:42:25	8:07
730	93	M35	Kalyan Venkatraman, 35, Johnston, IA	1:40:53	1:41:55	8:07
731	58	M17	Taylor Wilkerson, 19, Adel, IA	1:40:55	1:43:24	8:07
147	37	W25	Bridget Burns, 25*, Monroe, IA	1:40:56	1:42:02	8:07
732	70	M45	Steve Schmitz, 48, Audubon, IA	1:40:56	1:41:49	8:07
733	71	M45	Dale Knoshaug, 48, Des Moines, IA	1:40:57	1:41:01	8:07
148	38	W25	Carlie Fitzgerald, 28*, Ankeny, IA	1:40:57	1:43:20	8:07
149	24	W35	Shelly Catlett, 35*, Johnston, IA	1:40:58	1:42:13	8:07
150	25	W35	Kirstin Isenhardt, 36*, Urbandale, IA	1:40:59	1:43:20	8:07
734	94	M40	Thomas Wubben, 43, Ankeny, IA	1:40:59	1:41:42	8:07
735	59	M17	Jordan Queckboerner, 19, Riceville, IA	1:41:03	1:43:39	8:08
736	94	M35	Steve Billingsley, 37, Des Moines, IA	1:41:03	1:42:14	8:08
737	133	M30	Matt Jackson, 33, Des Moines, IA	1:41:04	1:41:40	8:08
151	31	W20	Lana Bauer, 22*, Cedar Falls, IA	1:41:05	1:42:01	8:08
738	76	M20	Patrick Porter, 20, Iowa City, IA	1:41:05	1:48:06	8:08
152	22	W30	Macenzie Rubin, 32*, Ankeny, IA	1:41:06	1:42:06	8:08
739	77	M20	Jesse Genrich, 20, Lincoln, NE	1:41:08	1:41:44	8:08
153	15	W40	Julie Feist, 42*, Beatrice, NE	1:41:08	1:41:44	8:08
740	72	M45	James DeBartolo, 47, Des Moines, IA	1:41:09	1:42:50	8:08
741	134	M30	Zachary Allen, 30, Ames, IA	1:41:09	1:41:48	8:08
742	78	M20	Jared Bogaards, 24, Grimes, IA	1:41:09	1:44:31	8:08
743	95	M35	Cory Abbas, 37, Windsor Heights, IA	1:41:09	1:43:42	8:08
744	135	M30	Doug Prange, 31, Pella, IA	1:41:10	1:42:35	8:08
154	26	W35	Sunny Cooper, 35*, St Louis, MO	1:41:11	1:42:20	8:08
745	136	M30	Ryan Howell, 30, Des Moines, IA	1:41:12	1:43:50	8:09
746	25	JrM	Adam Broxey, 16, Palo, IA	1:41:12	1:42:53	8:09
747	137	M30	Burton Joseph, 31, West Des Moines, IA	1:41:14	1:42:02	8:09
748	138	M30	Kevin Very, 31, Johnston, IA	1:41:15	1:41:49	8:09
749	96	M35	Dane Weiner, 37, Clinton, IA	1:41:16	1:41:27	8:09
750	129	M25	Aaron Eggert, 27, Colfax, IA	1:41:16	1:41:41	8:09
751	95	M40	Greg Ehm, 43, Johnston, IA	1:41:16	1:43:07	8:09
752	130	M25	Mark Simons, 26, Des Moines, IA	1:41:17	1:41:39	8:09
155	32	W20	Kelly Gaughen, 24*, Des Moines, IA	1:41:17	1:42:32	8:09
753	96	M40	John Kafer, 42, North Liberty, IA	1:41:17	1:42:03	8:09
754	8	M60	James Jacobsen, 60, Des Moines, IA	1:41:19	1:41:24	8:09
755	139	M30	Brody Harms, 34, Waukee, IA	1:41:19	1:42:09	8:09
756	97	M40	Steven Svendsen, 44, Clive, IA	1:41:19	1:42:16	8:09
757	140	M30	Matt Timmins, 32, Newton, IA	1:41:20	1:48:12	8:09
758	141	M30	Alex Niswander, 30, Altoona, IA	1:41:20	1:41:53	8:09
759	97	M35	Dan Buettner, 35, Des Moines, IA	1:41:21	1:42:06	8:09
760	73	M45	Kevin Allen, 49, Des Moines, IA	1:41:24	1:42:18	8:09
761	79	M20	Gregory Bell, 23, Latimer, IA	1:41:24	1:42:26	8:10
156	39	W25	Jessica Lawson, 29*, West Des Moines, IA	1:41:24	1:41:48	8:10
762	131	M25	Josh Mason, 29, Fort Dodge, IA	1:41:26	1:44:22	8:10
763	74	M45	David Thayer, 45, Urbandale, IA	1:41:28	1:42:02	8:10
764	142	M30	Andrew Moffitt, 32, Ankeny, IA	1:41:29	1:42:34	8:10
765	98	M35	Troy Thorson, 39, Pleasaant Hill, IA	1:41:30	1:42:11	8:10
157	27	W35	Alma Blagg, 39*, Sterling, CO	1:41:31	1:42:05	8:10
766	80	M20	Ned Skoglund, 24, Decatur, IL	1:41:31	1:42:53	8:10
767	143	M30	Clayton Scheve, 30, Pleasantville, IA	1:41:31	1:43:38	8:10
158	33	W20	Krista Betten, 22*, Ames, IA	1:41:32	1:43:14	8:10
768	144	M30	Cory Rezac, 32, Armstrong, IA	1:41:32	1:44:46	8:10
159	23	W30	Kari Krook, 32*, Savage, MN	1:41:32	1:42:35	8:10
160	40	W25	Stephanie Osby, 25*, Des Moines, IA	1:41:34	1:42:36	8:10
769	99	M35	Tim Collier, 38, Manchester, IA	1:41:35	1:42:27	8:10
770	35	M50	Tim Schleisman, 51, Burnsville, MN	1:41:36	1:43:53	8:10
771	60	M17	Ben Schornack, 19, Urbandale, IA	1:41:36	1:41:56	8:11
772	132	M25	Brian Kroska, 29, Ankeny, IA	1:41:37	1:43:22	8:11
773	100	M35	Bryan Aitchison, 35, Britt, IA	1:41:37	1:43:21	8:11
774	101	M35	Tony Brown, 35, West Des Moines, IA	1:41:38	1:41:56	8:11
775	133	M25	Adam Erdmann, 25, North Liberty, IA	1:41:39	1:45:58	8:11
776	134	M25	Kraig Dane, 25, Waukee, IA	1:41:41	1:44:27	8:11
777	135	M25	Ryan Pendarvis, 28, St Charles, MO	1:41:41	1:43:54	8:11

778	36	M50	Mike Palmer, 51, Jefferson, IA	1:41:42	1:42:55	8:11
779	61	M17	Matthew Winder, 18, Mount Vernon, IA	1:41:43	1:43:42	8:11
780	145	M30	Corey St. John, 30, Des Moines, IA	1:41:44	1:42:07	8:11
781	37	M50	John Lawler, 52, Dewitt, IA	1:41:44	1:43:05	8:11
782	136	M25	Chad Koch, 29, Bradley, IL	1:41:44	1:42:44	8:11
783	102	M35	Brendan McCallum, 35, Des Moines, IA	1:41:45	1:42:57	8:11
784	98	M40	Jim Ellerbroek, 40, Smithville, MO	1:41:45	1:42:50	8:11
785	99	M40	Shawn Howard, 41, Clarinda, IA	1:41:45	1:43:11	8:11
161	41	W25	Katrina Fowler, 28*, Des Moines, IA	1:41:45	1:43:02	8:11
786	38	M50	Gregory Moore, 50, Des Moines, IA	1:41:47	1:42:05	8:11
787	75	M45	Edward Short, 45, Des Moines, IA	1:41:47	1:43:13	8:11
162	28	W35	Amy Justiniano, 38*, Ankeny, IA	1:41:49	1:42:33	8:12
788	26	JrM	Chris Dutcher, 16, Geneva, IA	1:41:50	1:43:31	8:12
789	81	M20	Zachary Norgren, 23, Rippey, IA	1:41:52	1:46:55	8:12
163	42	W25	Penny Watgen, 28*, Ankeny, IA	1:41:52	1:43:24	8:12
790	146	M30	Cory Grant, 30, Ankeny, IA	1:41:52	1:42:12	8:12
164	16	W40	Andrea Corcoran, 41*, Des Moines, IA	1:41:52	1:42:38	8:12
165	43	W25	Jill Kain, 26*, Iowa City, IA	1:41:52	1:42:18	8:12
791	103	M35	Chris Spencer, 37, Moravia, IA	1:41:53	1:42:16	8:12
166	29	W35	Sharon Landwehr, 37*, Fort Dodge, IA	1:41:54	1:43:26	8:12
792	104	M35	Matt Clausen, 37, Urbandale, IA	1:41:54	1:43:11	8:12
793	137	M25	Dustin Bonnett, 25, Des Moines, IA	1:41:54	1:42:15	8:12
794	147	M30	Christopher Slania, 31, Eagan, MN	1:41:54	1:43:54	8:12
795	105	M35	John Holterhaus, 38, Pella, IA	1:41:55	1:42:25	8:12
167	44	W25	Christina Nash, 29*, Iowa City, IA	1:41:55	1:45:00	8:12
796	9	M60	Lynn Hawbaker, 61, Bettendorf, IA	1:41:56	1:43:41	8:12
797	62	M17	Bryan Butel, 18, West Des Moines, IA	1:41:56	1:44:54	8:12
168	34	W20	Elizabeth Reese, 24*, Laurens, IA	1:41:56	1:43:11	8:12
798	106	M35	Greg Steffen, 39, Panora, IA	1:41:58	1:42:50	8:12
169	35	W20	Sarah Culp, 21*, Newell, IA	1:41:58	1:44:46	8:12
170	30	W35	Barb Lynn, 35*, North Liberty, IA	1:41:59	1:42:38	8:12
799	107	M35	Dwight Rastetter, 38, Johnston, IA	1:41:59	1:43:12	8:12
171	2	JrW	Dana Johnson, 16*, Audubon, IA	1:42:02	1:43:36	8:13
172	36	W20	Katy Bailey, 20*, Omaha, NE	1:42:03	1:42:15	8:13
800	138	M25	Brad Carroll, 27, Iowa City, IA	1:42:03	1:43:38	8:13
801	108	M35	Jay Fogarty, 39, Clive, IA	1:42:03	1:42:53	8:13
173	2	W55	Jane Wickman, 56*, Kellogg, IA	1:42:04	1:42:21	8:13
802	18	M55	Steve Pederson, 55, Jesup, IA	1:42:04	1:42:27	8:13
174	37	W20	Lindsey Kuhlmann, 24*, Readlyn, IA	1:42:06	1:45:31	8:13
175	31	W35	Julie Perkins, 38*, Carroll, IA	1:42:06	1:52:50	8:13
803	139	M25	Jeremy Ascherl, 29, Sheldon, IA	1:42:06	1:54:23	8:13
804	140	M25	Joseph Cordaro, 26, Urbandale, IA	1:42:06	1:44:26	8:13
805	100	M40	Douglas Kendall, 42, Otley, IA	1:42:06	1:42:52	8:13
806	109	M35	Tracy Henke, 35, Treynor, IA	1:42:06	1:44:06	8:13
807	76	M45	Mark Overton, 45, Des Moines, IA	1:42:08	1:43:33	8:13
808	63	M17	Codi Mumaw, 17, Osceola, IA	1:42:08	1:47:35	8:13
809	148	M30	Adam Lucas, 34, Norwalk, IA	1:42:09	1:43:07	8:13
176	45	W25	Anne Yoder, 28*, Ames, IA	1:42:09	1:43:51	8:13
177	24	W30	Gail Vander Wilt, 30*, Ankeny, IA	1:42:09	1:42:54	8:13
178	38	W20	Sara Hendrickson, 23*, Altoona, IA	1:42:10	1:42:23	8:13
810	141	M25	Anthony Bloom, 28, Waukee, IA	1:42:10	1:42:46	8:13
811	77	M45	John Vieth, 49, Gladbrook, IA	1:42:10	1:44:58	8:13
812	82	M20	Almir Beganovic, 21, Urbandale, IA	1:42:11	1:43:17	8:13
813	39	M50	Dave Needham, 50, Austin, MN	1:42:11	1:45:46	8:13
814	64	M17	Dan Sales, 17, West Des Moines, IA	1:42:12	1:45:10	8:13
815	142	M25	Mike Brostad, 29, Storm Lake, IA	1:42:13	1:42:58	8:13
179	7	W17	Molly Rhodes, 19*, Des Moines, IA	1:42:14	1:42:29	8:14
816	83	M20	Joshua Bulman, 21, Cresco, IA	1:42:14	1:44:42	8:14
817	78	M45	Mike Quick, 48, Pleasant Hill, IA	1:42:14	1:44:01	8:14
818	101	M40	Kent Bain, 44, West Des Moines, IA	1:42:15	1:43:06	8:14
819	79	M45	Dennis Vaske, 49, Urbandale, IA	1:42:15	1:43:11	8:14
820	40	M50	Tony Hill, 53, Bloomfield, IA	1:42:15	1:42:59	8:14
821	143	M25	Christopher Cooper, 28, Richardson, TX	1:42:15	1:47:07	8:14
822	110	M35	Terry Hurlburt, 35, West Des Moines, IA	1:42:15	1:43:22	8:14
823	84	M20	Charlie Strutzenberg, 22, Urbandale, IA	1:42:15	1:42:35	8:14

824	144	M25	Travis Bennett, 28, Des Moines, IA	1:42:17	1:43:45	8:14
180	10	W45	Michelle Vieth, 49*, Gladbrook, IA	1:42:18	1:45:06	8:14
181	8	W17	Talitha Witt, 17*, Orange City, IA	1:42:19	1:46:24	8:14
825	85	M20	Mitch Smith, 21, Naperville, IL	1:42:19	1:44:23	8:14
182	32	W35	Jacy Downey, 35*, Indianola, IA	1:42:20	1:44:31	8:14
826	102	M40	Craig Hinderks, 44, Wayzata, MN	1:42:21	1:44:05	8:14
827	149	M30	Jesus Gonzalez, 31, Charles City, IA	1:42:22	1:42:31	8:14
828	103	M40	Clark Mitchell, 41, Clive, IA	1:42:22	1:44:25	8:14
829	104	M40	Dan Crew, 42, West Des Moines, IA	1:42:24	1:43:48	8:14
830	145	M25	Ryan Meier, 29, Iowa City, IA	1:42:24	1:44:05	8:14
831	65	M17	Caleb Bakker, 17, Sanborn, IA	1:42:24	1:46:29	8:14
832	111	M35	Perry Xu, 39, Clive, IA	1:42:25	1:43:04	8:14
833	112	M35	Dan Bruns, 35, Ankeny, IA	1:42:25	1:46:06	8:14
183	46	W25	Tanna Harshbarger, 25*, West Des Moines, IA	1:42:27	1:43:15	8:15
834	150	M30	Jeff Kernen, 32, Omaha, NE	1:42:27	1:44:35	8:15
184	47	W25	Vanessa Vega, 27*, Cedar Rapids, IA	1:42:28	1:44:15	8:15
835	105	M40	Robert Doheny, 44, Clive, IA	1:42:29	1:44:32	8:15
185	25	W30	Kelli Kilgore, 31*, Des Moines, IA	1:42:29	1:49:53	8:15
836	113	M35	Bill Finnegan, 37, West Des Moines, IA	1:42:30	1:43:46	8:15
837	151	M30	Adam Jones, 30, Grimes, IA	1:42:30	1:43:17	8:15
186	17	W40	Nancy Van Hemert, 43*, Muscatine, IA	1:42:31	1:43:11	8:15
838	86	M20	Andy Conyers, 23, Des Moines, IA	1:42:31	1:43:55	8:15
839	152	M30	Mark Hirst, 33, Des Moines, IA	1:42:31	1:44:49	8:15
840	27	JrM	Aaron Tainter, 16, West Des Moines, IA	1:42:31	1:45:29	8:15
841	41	M50	Kent Kelderman, 50, Ankeny, IA	1:42:32	1:43:06	8:15
842	87	M20	Brian Smith, 21, Johnston, IA	1:42:33	1:43:13	8:15
187	26	W30	Kelli Brockmann, 34*, Waukee, IA	1:42:34	1:44:30	8:15
843	80	M45	Mark Seaton, 47, Urbandale, IA	1:42:36	1:44:29	8:15
844	114	M35	Kirk Wischmeyer, 36, Mount Vernon, IA	1:42:37	1:44:24	8:15
845	106	M40	Doug Richard, 41, West Des Moines, IA	1:42:37	1:44:44	8:15
846	146	M25	Kyle Shepherd, 25, Fond Du Lac, WI	1:42:37	1:48:15	8:15
188	48	W25	Michelle Behrens, 28*, Coralville, IA	1:42:37	1:46:38	8:15
847	107	M40	Rich Overholt, 43, Urbandale, IA	1:42:38	1:43:52	8:15
189	49	W25	Katie Harris, 26*, Ankeny, IA	1:42:39	1:45:22	8:15
848	153	M30	Thomas Novotney, 34, Rockwell, IA	1:42:40	1:43:42	8:16
849	28	JrM	Jesse Lang, 16, Grinnell, IA	1:42:40	1:45:53	8:16
850	29	JrM	Tyler Fugate, 12, Des Moines, IA	1:42:40	1:45:54	8:16
190	50	W25	Abby McMaster, 28*, Omaha, NE	1:42:41	1:44:04	8:16
191	27	W30	Olivia Hocker, 31*, Williamsburg, IA	1:42:42	1:43:36	8:16
851	147	M25	Eric Gotschall, 26, Pella, IA	1:42:43	1:51:28	8:16
192	11	W45	Daphne Bix, 46*, Coin, IA	1:42:43	1:44:48	8:16
193	51	W25	Stacey Johnson, 25*, Eagan, MN	1:42:44	1:43:36	8:16
852	148	M25	Logan Vaughn, 25, Dundas, MN	1:42:44	1:45:01	8:16
853	149	M25	Ben Frotscher, 26, Newton, IA	1:42:45	1:44:02	8:16
854	66	M17	Aaron Roberts, 17, Audubon, IA	1:42:47	1:44:08	8:16
855	108	M40	Stephen Garcia, 44, Ankeny, IA	1:42:47	1:46:10	8:16
856	150	M25	Ben Crawford, 27, Ankeny, IA	1:42:48	1:43:19	8:16
857	154	M30	William Freese, 30, Ankeny, IA	1:42:48	1:44:00	8:16
194	28	W30	Aryn Flood, 30*, West Des Moines, IA	1:42:48	1:44:33	8:16
195	33	W35	Diane Henry, 39*, Cresco, IA	1:42:49	1:44:10	8:16
858	155	M30	Kevin Ablter, 30, Des Moines, IA	1:42:50	1:45:23	8:16
859	19	M55	Andrzej Nosek, 58, Des Moines, IA	1:42:51	1:43:08	8:16
196	39	W20	Kelsey Clemens, 24*, Iowa City, IA	1:42:52	1:45:00	8:17
197	52	W25	Amber McLeod, 26*, Victor, IA	1:42:53	1:43:58	8:17
860	30	JrM	Tom Lensing, 16, Clive, IA	1:42:53	1:43:02	8:17
861	88	M20	Mark Graeve, 20, Ankeny, IA	1:42:54	1:43:33	8:17
862	89	M20	Kyle McClain, 21, Altoona, IA	1:42:54	1:45:52	8:17
863	115	M35	Keith Lyles, 35, Ankeny, IA	1:42:54	1:43:43	8:17
864	109	M40	Gilbert Garcia, 42, Topeka, KS	1:42:55	1:44:17	8:17
865	156	M30	Joshua Voth, 30, Ankeny, IA	1:42:55	1:44:06	8:17
866	157	M30	Brandon Thomas, 30, Ames, IA	1:42:56	1:49:42	8:17
867	158	M30	Doug Enabnit, 31, Altoona, IA	1:42:56	1:47:11	8:17
868	159	M30	Brett Pettigrew, 34, Huron, SD	1:42:56	1:43:42	8:17
198	29	W30	Jodi Bullock, 30*, West Des Moines, IA	1:42:57	1:45:18	8:17

869	116	M35	Michael Touney, 39, Runnells, IA	1:42:58	1:43:50	8:17
870	117	M35	Kyle Cook, 37, Clive, IA	1:42:58	1:45:32	8:17
871	160	M30	Levi Chodur, 32, Urbandale, IA	1:42:58	1:43:29	8:17
872	67	M17	James Thomsen, 18, Mount Vernon, IA	1:43:00	1:44:58	8:17
873	110	M40	Chris Butler, 41, Urbandale, IA	1:43:01	1:44:34	8:17
874	118	M35	Benjamin Lacey, 35, Ankeny, IA	1:43:01	1:44:14	8:17
875	119	M35	Jason Klein, 36, Des Moines, IA	1:43:02	1:44:38	8:17
876	151	M25	Nicholas Gifford, 29, Pleasant Hill, IA	1:43:03	1:44:18	8:17
877	152	M25	Tyler Romine, 25, Waukee, IA	1:43:03	1:46:24	8:17
878	68	M17	Marcus Clark, 18, Fairfield, IA	1:43:04	1:44:24	8:18
199	30	W30	Kimberly Dea, 30*, West Des Moines, IA	1:43:04	1:43:28	8:18
879	161	M30	Craig Nemechek, 31, Altoona, IA	1:43:05	1:45:15	8:18
200	34	W35	Nadine Woods, 37*, Johnston, IA	1:43:05	1:43:41	8:18
201	53	W25	Megan Recker, 27*, West Des Moines, IA	1:43:06	1:45:24	8:18
880	81	M45	Marty Hogan, 45, Sioux City, IA	1:43:06	1:43:40	8:18
881	42	M50	Shawn Meighan, 50, Ankeny, IA	1:43:08	1:43:51	8:18
202	35	W35	Jenni Barp, 36*, Johnston, IA	1:43:09	1:45:21	8:18
882	153	M25	Nathan Adams, 27, Davenport, IA	1:43:09	1:45:44	8:18
883	90	M20	Andy Allen, 20, Des Moines, IA	1:43:10	1:43:27	8:18
884	120	M35	Alan Ruden, 38, Urbandale, IA	1:43:11	1:45:27	8:18
203	12	W45	Mary Anderson, 45*, Papillion, NE	1:43:11	1:44:03	8:18
885	91	M20	Chris Dirks, 24, Urbandale, IA	1:43:11	1:44:12	8:18
886	162	M30	Jon Olson, 32, Atlantic, IA	1:43:12	1:44:36	8:18
887	163	M30	Benjamin Nichols, 30, Des Moines, IA	1:43:12	1:45:46	8:18
888	164	M30	Michael Wanzek, 31, Ankeny, IA	1:43:13	1:44:16	8:18
889	154	M25	Chad Fridley, 26, Ames, IA	1:43:13	1:45:14	8:18
204	31	W30	Krista Cooley, 33*, West Des Moines, IA	1:43:14	1:45:23	8:18
890	155	M25	Roy Swinger, 28, Waukee, IA	1:43:14	1:44:22	8:18
205	54	W25	Kelly Cavanaugh, 27*, Ames, IA	1:43:14	1:44:24	8:18
891	92	M20	Aneesh Sohoni, 21, Plymouth, MN	1:43:15	1:51:41	8:18
892	156	M25	Kiel Giese, 27, Platte City, MO	1:43:16	1:50:24	8:19
893	82	M45	Scott Meyer, 45, Pella, IA	1:43:16	1:43:44	8:19
206	36	W35	Brooke Barber, 39*, Fort Dodge, IA	1:43:16	1:44:48	8:19
894	157	M25	Jason Thrap, 29, Ankeny, IA	1:43:17	1:45:22	8:19
895	20	M55	Michael Anthony, 59, Carlisle, IA	1:43:17	1:43:24	8:19
207	55	W25	Diana Prill, 28*, Ankeny, IA	1:43:18	1:52:18	8:19
208	37	W35	Michelle Lachner, 39*, Spencer, IA	1:43:19	1:45:08	8:19
896	93	M20	John Graeve, 21, Ames, IA	1:43:19	1:45:14	8:19
209	56	W25	Julie Graeve, 25*, Coralville, IA	1:43:19	1:45:15	8:19
897	158	M25	John Becvar, 26, Grimes, IA	1:43:20	1:45:28	8:19
898	121	M35	Scott Mills, 39, Des Moines, IA	1:43:21	1:46:15	8:19
899	111	M40	Mike Eilers, 41, Indianola, IA	1:43:21	1:45:15	8:19
210	32	W30	Leah Vos, 31*, Altoona, IA	1:43:21	1:43:52	8:19
900	159	M25	Blake Wittrock, 25, Ankeny, IA	1:43:21	1:44:33	8:19
901	165	M30	Shaun Glick, 30, Ankeny, IA	1:43:22	1:44:36	8:19
902	83	M45	Dan Kayser, 45, Des Moines, IA	1:43:22	1:45:53	8:19
903	166	M30	Jeremy Bartlett, 34, Alburnett, IA	1:43:23	1:45:29	8:19
904	122	M35	Brent Rickabaugh, 38, West Des Moines, IA	1:43:23	1:44:11	8:19
905	112	M40	Timothy Gootee, 40, Urbandale, IA	1:43:24	1:44:21	8:19
906	69	M17	Samuel Susani, 19, Des Moines, IA	1:43:24	1:43:55	8:19
907	21	M55	Ron Grode, 59, Ankeny, IA	1:43:24	1:45:13	8:19
908	123	M35	Kevin Wittrock, 38, Carroll, IA	1:43:25	1:51:10	8:19
909	167	M30	Matthew Corbett, 33, Grimes, IA	1:43:25	1:46:08	8:19
910	168	M30	Joel Hoger, 34, Indianola, IA	1:43:26	1:44:37	8:19
911	160	M25	Penn Nobis, 25, West Des Moines, IA	1:43:27	1:48:19	8:19
912	10	M60	Larry Olofson, 63, Boone, IA	1:43:27	1:43:49	8:19
211	33	W30	Michelle Streck, 30*, Sergeant Bluff, IA	1:43:28	1:45:44	8:19
913	161	M25	Jesse Hammes, 29, Coralville, IA	1:43:28	1:45:23	8:19
914	162	M25	Andrew Salgado, 27, Des Moines, IA	1:43:28	1:44:07	8:19
915	113	M40	Brent Pierson, 44, Pella, IA	1:43:29	1:44:37	8:20
916	84	M45	Andy Smith, 49, Colfax, IA	1:43:29	1:44:49	8:20
212	18	W40	Dawn Cooksley, 41*, North Liberty, IA	1:43:29	1:44:09	8:20
917	169	M30	Matthew Otis, 31, Johnston, IA	1:43:30	1:46:26	8:20
213	34	W30	Becky Krieg, 32*, West Des Moines, IA	1:43:31	1:45:40	8:20
918	114	M40	Jon Mireles, 43, West Des Moines, IA	1:43:31	1:45:11	8:20

919	163	M25	Chris Sime, 28, Johnston, IA	1:43:31	1:45:25	8:20
920	124	M35	Jeff Jansen, 36, Ankeny, IA	1:43:32	1:45:06	8:20
921	125	M35	Chris Langenberg, 36, North Liberty, IA	1:43:32	1:44:21	8:20
922	43	M50	David Schnoes, 50, West Des Moines, IA	1:43:32	1:45:54	8:20
923	164	M25	Nate Otis, 29, Iowa City, IA	1:43:32	1:46:26	8:20
924	165	M25	Curt Kokjohn, 28, Mount Pleasant, IA	1:43:35	1:44:04	8:20
214	57	W25	Erica Tollefson, 28*, Minneapolis, MN	1:43:35	1:44:32	8:20
925	94	M20	Danny Stark, 23, Nevada, IA	1:43:35	1:49:48	8:20
215	38	W35	Wendy Hanson, 37*, Urbandale, IA	1:43:37	1:44:14	8:20
926	31	JrM	Jeff Hadden, 16, Altoona, IA	1:43:37	1:45:27	8:20
216	35	W30	Jill Scheckel, 31*, Palo, IA	1:43:38	1:45:45	8:20
217	3	W55	Judy Burrows, 56*, Upper Kedron, Qld	1:43:38	1:44:22	8:20
927	170	M30	Todd Means, 34, Iowa City, IA	1:43:38	1:44:34	8:20
928	171	M30	Mike Hatch, 34, Knoxville, IA	1:43:39	1:44:47	8:20
218	40	W20	Emily Conrad, 21*, Ames, IA	1:43:40	1:46:33	8:20
219	41	W20	Alex Mundy, 21*, Edina, MN	1:43:40	1:50:41	8:20
929	166	M25	Thaddeus Brandt, 28, Urbandale, IA	1:43:43	1:44:51	8:21
930	115	M40	Barry Fox, 40, West Des Moines, IA	1:43:44	1:44:38	8:21
931	44	M50	Steve Siglin, 51, Iowa City, IA	1:43:44	1:44:51	8:21
932	85	M45	Terry Lingner, 47, Grimes, IA	1:43:45	1:44:21	8:21
933	95	M20	Jeff Craig, 24, Urbandale, IA	1:43:45	1:45:55	8:21
934	45	M50	Jim Hagenbucher, 50, Clive, IA	1:43:46	1:44:51	8:21
220	36	W30	Amy Alesch, 34*, Des Moines, IA	1:43:47	1:46:30	8:21
935	126	M35	Ron Bily, 38, Indianola, IA	1:43:47	1:44:09	8:21
936	167	M25	Mathew Mann, 28, Johnston, IA	1:43:47	1:43:58	8:21
937	168	M25	Craig Crossland, 28, Urbandale, IA	1:43:47	1:45:42	8:21
221	42	W20	Brittany Riley, 22*, Des Moines, IA	1:43:48	1:46:12	8:21
222	58	W25	Kimberly Stanton, 28*, Ankeny, IA	1:43:48	1:44:46	8:21
938	22	M55	John Brostad, 58, Storm Lake, IA	1:43:49	1:44:34	8:21
939	127	M35	Dan Schriever, 35, Grimes, IA	1:43:49	1:45:37	8:21
223	19	W40	Margaret Shugrue, 42*, Arvada, CO	1:43:50	1:45:44	8:21
224	39	W35	Nikki Roetman, 36*, Johnston, IA	1:43:51	1:44:27	8:21
940	172	M30	Mark Holm, 34, Ankeny, IA	1:43:52	1:44:59	8:21
941	173	M30	Kelly Crow, 32, Ankeny, IA	1:43:52	1:45:34	8:21
942	174	M30	Todd Pederson, 30, Ankeny, IA	1:43:52	1:45:26	8:21
225	37	W30	Melissa Richardson, 34*, Cedar Falls, IA	1:43:53	1:45:15	8:21
226	38	W30	Karen Berggren, 33*, Bondurant, IA	1:43:55	1:46:28	8:22
943	116	M40	Daniel Pfeffer, 43, W Des Moines, IA	1:43:55	1:44:33	8:22
227	20	W40	Dawn Heimer, 40*, Ankeny, IA	1:43:56	1:44:32	8:22
944	169	M25	Derrick Livingston, 29, Ankeny, IA	1:43:56	1:44:27	8:22
228	39	W30	Amy Hanrahan, 31*, West Des Moines, IA	1:43:57	1:44:50	8:22
945	86	M45	John Wahlert, 45, Urbandale, IA	1:43:57	1:44:42	8:22
229	40	W35	Stacie Hatch, 38*, Urbandale, IA	1:43:58	1:44:23	8:22
946	175	M30	Brett Lewis, 32, Polk City, IA	1:43:58	1:45:55	8:22
947	128	M35	Casey Niemann, 36, Waukee, IA	1:43:58	1:44:59	8:22
230	43	W20	Alex Schenck, 20*, Ames, IA	1:43:59	1:45:05	8:22
948	46	M50	Kevin Moss, 53, Bondurant, IA	1:43:59	1:45:33	8:22
949	96	M20	James Lancaster, 24, Hampton, IA	1:44:00	1:45:12	8:22
950	87	M45	Burt Porter, 45, Ankeny, IA	1:44:01	1:45:20	8:22
951	11	M60	Carlos Loffler, 60, Johnston, IA	1:44:01	1:44:28	8:22
231	21	W40	Kim Stewart, 42*, Des Moines, IA	1:44:02	1:45:17	8:22
232	59	W25	Maggie Erdmann, 25*, North Liberty, IA	1:44:02	1:48:20	8:22
233	60	W25	Karen Mathes, 27*, Polk City, IA	1:44:02	1:45:48	8:22
952	176	M30	John Walker, 32, West Des Moines, IA	1:44:02	1:45:27	8:22
953	117	M40	Greg Schenck, 44, Waukee, IA	1:44:02	1:45:11	8:22
234	22	W40	Beth Palmer, 41*, Des Moines, IA	1:44:03	1:46:03	8:22
235	44	W20	Kandy Beemer, 23*, Bedford, IA	1:44:03	1:46:57	8:22
236	61	W25	Jill Biltoft, 27*, Sioux Falls, SD	1:44:03	1:44:42	8:22
954	88	M45	Mark Rocarek, 45, Vinton, IA	1:44:03	1:44:12	8:22
955	32	JrM	Zach Bellingtier, 16, Fort Dodge, IA	1:44:04	1:45:21	8:22
956	129	M35	Johnnie Anderson, 38, Bellevue, NE	1:44:04	1:45:58	8:22
237	45	W20	Erin Conrad, 23*, Des Moines, IA	1:44:05	1:46:58	8:22
957	89	M45	John Cahalan, 45, Mason City, IA	1:44:05	1:44:42	8:22
958	130	M35	Jason Lauterbach, 35, Newton, IA	1:44:06	1:46:14	8:23
238	40	W30	Ann Schwartz, 34*, Independence, IA	1:44:06	1:47:45	8:23

959	97 M20	Jeremy Hilt, 24, Sioux Center, IA	1:44:06	1:48:13	8:23
960	177 M30	Ryan Broich, 31, Ankeny, IA	1:44:06	1:46:06	8:23
961	178 M30	Scott Hunt, 34, Payson, UT	1:44:07	1:46:51	8:23
239	41 W30	Lily Phonphiboun, 33*, Iowa City, IA	1:44:07	1:44:17	8:23
240	23 W40	Jennifer Bernstein, 44*, Minneapolis, MN	1:44:07	1:50:00	8:23
962	118 M40	Scott Marsh, 41, Austin, MS	1:44:08	1:46:13	8:23
963	179 M30	Nick Roerig, 31, West Des Moines, IA	1:44:09	1:45:08	8:23
241	41 W35	Cynthia Marsh-Vervaecke, 39*, Maquoketa, IA	1:44:09	1:46:13	8:23
964	90 M45	Mike Conlon, 48, Urbandale, IA	1:44:09	1:45:05	8:23
242	42 W35	Sarah Dvorak, 35*, Maxwell, IA	1:44:10	1:44:59	8:23
965	131 M35	Brian Reinhard, 39, Batavia, IL	1:44:10	1:44:10	8:23
966	119 M40	Jon Pugh, 42, Des Moines, IA	1:44:11	1:47:02	8:23
967	132 M35	Mike Hershberger, 38, Ankeny, IA	1:44:11	1:45:12	8:23
968	47 M50	Hal Nation, 52, Fort Dodge, IA	1:44:11	1:45:35	8:23
243	24 W40	Angie Rice, 42*, Urbandale, IA	1:44:12	1:45:11	8:23
969	170 M25	Jonathan Foss, 25, West Des Moines, IA	1:44:12	1:45:42	8:23
244	43 W35	Beth Seuferer, 39*, West Des Moines, IA	1:44:12	1:45:18	8:23
245	13 W45	Nancy Mc Donald, 48*, Coal Valley, IL	1:44:12	1:44:38	8:23
970	133 M35	Jim Bacon, 39, Knoxville, IA	1:44:13	1:47:51	8:23
246	44 W35	Michelle Madden, 36*, West Des Moines, IA	1:44:13	1:46:24	8:23
971	120 M40	Justin Kelderman, 40, Urbandale, IA	1:44:16	1:45:53	8:23
972	180 M30	James Clevenger, 31, West Des Moines, IA	1:44:17	1:46:04	8:23
973	134 M35	Jason Hershberger, 36, Centennial, CO	1:44:17	1:45:18	8:23
974	121 M40	Shane McMahon, 43, Ankeny, IA	1:44:17	1:45:21	8:23
247	62 W25	Jenna Powers, 28*, Eagan, MN	1:44:18	1:48:07	8:23
975	171 M25	Matthew Skeens, 28, Des Moines, IA	1:44:18	1:52:43	8:23
976	172 M25	Matt Kernan, 29, West Des Moines, IA	1:44:18	1:46:25	8:23
977	70 M17	Wyatt Lee, 18, Elma, IA	1:44:19	1:46:56	8:24
978	91 M45	Matthew Daniels, 45, Des Moines, IA	1:44:19	1:44:37	8:24
248	14 W45	Wendy Foote, 45*, Waterloo, IA	1:44:21	1:46:49	8:24
979	122 M40	Kevin Mosher, 40, Windsor Heights, IA	1:44:21	1:45:05	8:24
980	181 M30	Jason Willis, 31, Urbandale, IA	1:44:21	1:47:58	8:24
249	63 W25	Sarah Barthole, 25*, Pleasant Hill, IA	1:44:22	1:46:14	8:24
981	92 M45	Roger Mullinnix, 45, Iowa City, IA	1:44:22	1:45:19	8:24
250	6 W50	Patty Failla, 53*, Omaha, NE	1:44:23	1:46:03	8:24
982	182 M30	Choua Sayaxang, 30, Pleasant Hill, IA	1:44:23	1:46:32	8:24
983	123 M40	Douglas Moore, 41, Iowa City, IA	1:44:24	1:48:33	8:24
251	42 W30	Heidi Tesdahl, 34*, Webster City, IA	1:44:25	1:46:08	8:24
984	173 M25	Joe Brandstatter, 27, Urbandale, IA	1:44:25	1:47:06	8:24
985	183 M30	Michael Hausafus, 32, West Des Moines, IA	1:44:29	1:44:36	8:24
986	33 JrM	Jordan Petersen, 15, Dubuque, IA	1:44:31	1:47:18	8:25
252	45 W35	Sherry Greenwood, 37*, Des Moines, IA	1:44:32	1:44:55	8:25
987	124 M40	Brian Appleby, 40, Ankeny, IA	1:44:32	1:47:31	8:25
988	184 M30	Chris Chamberlin, 32, Le Claire, IA	1:44:33	1:45:43	8:25
989	174 M25	Zachary Herrin, 25, West Des Moines, IA	1:44:33	1:46:15	8:25
990	135 M35	Matt Pullin, 37, Ankeny, IA	1:44:34	1:46:33	8:25
991	125 M40	Brian Church, 41, Atlantic, IA	1:44:35	1:45:59	8:25
253	43 W30	Nancy Reynolds, 34*, Atlantic, IA	1:44:35	1:47:05	8:25
992	48 M50	Randall Kramer, 52, Hartley, IA	1:44:35	1:46:28	8:25
254	64 W25	Lisa Diers, 29*, Manchester, IA	1:44:36	1:46:59	8:25
993	71 M17	Joe Brown, 18, Fort Dodge, IA	1:44:37	1:48:38	8:25
255	46 W35	Lori DeVries, 37*, Newton, IA	1:44:37	1:45:18	8:25
256	44 W30	Jennessa Luzum, 33*, Decorah, IA	1:44:37	1:46:58	8:25
257	45 W30	Stefanie Bovee, 31*, Ankeny, IA	1:44:38	1:45:29	8:25
258	65 W25	Megan Koontz, 25*, Des Moines, IA	1:44:39	1:50:23	8:25
994	98 M20	Ryan Honnold, 20, Ankeny, IA	1:44:40	1:45:34	8:25
259	46 W30	Carol Tesch, 33*, St Ansgar, IA	1:44:40	1:45:50	8:25
260	66 W25	Shannon Brown, 26*, Norwalk, IA	1:44:41	1:47:13	8:25
261	47 W35	Tricia Steffen, 39*, Panora, IA	1:44:42	1:45:34	8:25
995	93 M45	Rob Niess, 46, Osage, IA	1:44:43	1:45:52	8:25
262	67 W25	Dena Sample, 27*, West Des Moines, IA	1:44:43	1:45:39	8:26
263	48 W35	Julie Jones, 38*, Sully, IA	1:44:44	1:46:10	8:26
264	9 W17	Kristi Palsma, 18*, Orange City, IA	1:44:46	1:48:50	8:26
265	49 W35	Kaiti Muelhaupt, 38*, Des Moines, IA	1:44:46	1:45:46	8:26

996	126	M40	Martin Augustine, 43, Kansas City, MO	1:44:46	1:45:35	8:26
997	185	M30	Gregg Tuyls, 31, Clive, IA	1:44:49	1:47:38	8:26
998	49	M50	Christopher Delaney, 50, Ames, IA	1:44:49	1:47:06	8:26
266	46	W20	Kate Schmerbach, 20*, Dubuque, IA	1:44:51	1:47:43	8:26
999	127	M40	Christopher Cleveland, 42, Fort Dodge, IA	1:44:52	1:46:10	8:26
1000	23	M55	Ernie Parr, 57, Princeton, IL	1:44:52	1:45:13	8:26
1001	175	M25	Nate Meier, 28, Ankeny, IA	1:44:53	1:46:27	8:26
1002	186	M30	Michael McClain, 31, Larwill, IN	1:44:53	1:47:20	8:26
1003	24	M55	T A. Meyer, 58, Johnston, IA	1:44:53	1:45:48	8:26
1004	176	M25	Justin Frerichs, 29, Johnston, IA	1:44:53	1:45:02	8:26
267	47	W20	Emily Sullivan, 20*, Clive, IA	1:44:53	1:47:59	8:26
1005	128	M40	Jason Soliday, 42, West Des Moines, IA	1:44:54	1:45:39	8:26
1006	129	M40	Rick Amos, 42, Indianola, IA	1:44:54	1:46:04	8:26
1007	187	M30	Jon Bergman, 32, Urbandale, IA	1:44:55	1:47:29	8:26
1008	136	M35	Brian Pattinson, 37, Des Moines, IA	1:44:55	1:45:59	8:26
1009	137	M35	Jason Boeding, 35, Des Moines, IA	1:44:55	1:45:58	8:26
1010	177	M25	Seth Crouch, 26, Urbandale, IA	1:44:57	1:48:58	8:27
268	47	W30	Nicole Wood, 30*, West Des Moines, IA	1:44:57	1:48:58	8:27
1011	94	M45	Mark Iles, 47, Clive, IA	1:44:58	1:45:21	8:27
1012	130	M40	Erik Swee, 44, Urbandale, IA	1:44:59	1:45:59	8:27
269	68	W25	Amberly Bult, 26*, Iowa City, IA	1:44:59	1:49:55	8:27
1013	138	M35	Jesse Gomez, 36, West Des Moines, IA	1:44:59	1:47:54	8:27
1014	50	M50	Dan Hackman, 50, Eagan, MN	1:44:59	1:45:46	8:27
1015	131	M40	Derek Wachter, 41, Clive, IA	1:45:00	1:46:02	8:27
270	48	W20	Andrea Scheuerman, 21*, Manhattan, KS	1:45:00	1:46:15	8:27
271	69	W25	Olivia Christensen, 29*, Lime Springs, IA	1:45:02	1:46:23	8:27
272	49	W20	Brooke Boley, 24*, Maxwell, IA	1:45:02	1:50:30	8:27
273	48	W30	Kyndi Jensen, 30*, Urbandale, IA	1:45:02	1:46:40	8:27
274	49	W30	Erin Lewis, 31*, Polk City, IA	1:45:03	1:47:00	8:27
275	70	W25	Kelsea Stephenson, 25*, Des Moines, IA	1:45:03	1:47:14	8:27
1016	51	M50	Todd Carter, 50, San Antonio, TX	1:45:04	1:47:49	8:27
1017	188	M30	Nick Buller, 30, Slater, IA	1:45:05	1:47:11	8:27
276	50	W30	Cynthia Moffitt, 34*, Indianola, IA	1:45:05	1:46:16	8:27
1018	189	M30	Jake Reed, 33, West Des Moines, IA	1:45:06	1:46:16	8:27
1019	95	M45	Charlie Neibergall, 45, Urbandale, IA	1:45:06	1:46:17	8:27
1020	139	M35	Scott Carpenter, 37, West Des Moines, IA	1:45:06	1:46:16	8:27
277	50	W35	Tammy Mickey, 37*, Melcher, IA	1:45:08	1:46:36	8:28
278	71	W25	Sarah Lohmeier, 29*, Des Moines, IA	1:45:09	1:47:05	8:28
279	51	W30	Annie-Lori Walton, 30*, Council Bluffs, IA	1:45:09	1:46:46	8:28
1021	190	M30	Thomas Duffy, 31, West Des Moines, IA	1:45:10	1:47:30	8:28
1022	140	M35	Jason Uecker, 35, Mingo, IA	1:45:11	1:47:18	8:28
1023	191	M30	Steve Allen, 31, Lincoln, NE	1:45:11	1:46:46	8:28
280	25	W40	Lori Foster, 40*, Webster City, IA	1:45:11	1:46:54	8:28
281	50	W20	Jenna Meier, 23*, Davenport, IA	1:45:12	1:46:46	8:28
1024	12	M60	Al Hildestad, 60, Des Moines, IA	1:45:12	1:45:58	8:28
282	52	W30	Angela Oakie, 31*, Ankeny, IA	1:45:13	1:47:45	8:28
283	72	W25	Brooke Nelsen, 26*, Ringsted, IA	1:45:13	1:48:27	8:28
1025	72	M17	Cal Huber, 17, Mason City, IA	1:45:14	1:50:38	8:28
284	51	W20	Kristen Culp, 23*, Ankeny, IA	1:45:15	1:48:02	8:28
1026	192	M30	Nick Varcoe, 31, Waukee, IA	1:45:15	1:45:57	8:28
1027	178	M25	Jeremy Arickx, 25, Ankeny, IA	1:45:15	1:46:06	8:28
1028	13	M60	Dale Andres, 62, West Des Moines, IA	1:45:16	1:45:19	8:28
285	73	W25	Melissa Soda, 26*, Urbandale, IA	1:45:18	1:47:38	8:28
1029	193	M30	Eric Krull, 34, Urbandale, IA	1:45:19	1:52:04	8:28
1030	141	M35	Craig Moeckly, 38, Lawrence, KS	1:45:20	1:47:19	8:28
1031	194	M30	Brad Seaton, 34, Iowa City, IA	1:45:21	1:46:16	8:29
1032	132	M40	Scott Mortimer, 44, Cumming, IA	1:45:21	1:45:41	8:29
1033	52	M50	Joseph Gobeli, 51, Altoona, IA	1:45:22	1:48:12	8:29
286	51	W35	Dawn Turner, 35*, West Des Moines, IA	1:45:22	1:49:18	8:29
1034	53	M50	Paul Brees, 52, Urbandale, IA	1:45:22	1:45:33	8:29
1035	179	M25	Justin Barrett, 29, Des Moines, IA	1:45:22	1:48:35	8:29
287	52	W35	Ginger Miller, 39*, Ankeny, IA	1:45:23	1:48:05	8:29
1036	133	M40	Trevor Myers, 42, Des Moines, IA	1:45:24	1:45:38	8:29
1037	180	M25	Alan Jenkins, 25, Council Bluffs, IA	1:45:24	1:47:02	8:29
288	52	W20	Emily Highland, 20*, Cedar Falls, IA	1:45:24	1:51:52	8:29

1038	195	M30	Matt Fandel, 34, Cedar Rapids, IA	1:45:25	1:47:12	8:29
1039	134	M40	Michael Sturtz, 42, Indianola, IA	1:45:26	1:46:17	8:29
1040	54	M50	Lou Scallon, 52, Ames, IA	1:45:26	1:45:41	8:29
289	26	W40	Karen Fulton, 44*, Omaha, NE	1:45:27	1:46:07	8:29
1041	25	M55	Scott Combs, 56, Aurora, IL	1:45:27	1:46:58	8:29
1042	181	M25	Andy Lester, 26, Waukee, IA	1:45:27	1:52:16	8:29
1043	135	M40	Michael Kapustka, 42, Johnston, IA	1:45:27	1:46:54	8:29
290	53	W30	Mollie Keitges, 31*, Prairie City, IA	1:45:28	1:47:24	8:29
1044	196	M30	Nathan Unger, 34, Ames, IA	1:45:28	1:47:14	8:29
291	54	W30	Aleisha Nove, 31*, Ankeny, IA	1:45:29	1:47:06	8:29
1045	99	M20	Andrew Behan, 24, West Des Moines, IA	1:45:29	1:47:01	8:29
292	27	W40	Kathy Nettleton, 41*, Des Moines, IA	1:45:29	1:46:17	8:29
1046	96	M45	Joel Grabinoski, 45, Armstrong, IA	1:45:30	1:48:42	8:29
1047	100	M20	Andrew Carson, 24, Muscatine, IA	1:45:30	1:47:27	8:29
1048	197	M30	Ryan Pavlovec, 32, Arvada, CO	1:45:30	1:55:01	8:29
1049	182	M25	Jason Specht, 26, Huxley, IA	1:45:31	1:55:20	8:29
1050	183	M25	Andy Kucksdorf, 27, Altoona, IA	1:45:32	1:46:48	8:29
1051	198	M30	Shawn Carlon, 34, Marshalltown, IA	1:45:33	1:46:23	8:30
293	55	W30	Steph Whitmore, 31*, Marshalltown, IA	1:45:33	1:46:23	8:30
1052	142	M35	Scott Knaack, 39, Correctionville, IA	1:45:33	1:45:47	8:30
1053	143	M35	Ryan Attleson, 36, Waukee, IA	1:45:34	1:47:24	8:30
1054	55	M50	John Wieland, 52, Des Moines, IA	1:45:34	1:47:35	8:30
294	56	W30	Kristie Drake, 31*, Johnston, IA	1:45:36	1:47:41	8:30
1055	101	M20	Alex Young, 23, Bondurant, IA	1:45:37	1:47:17	8:30
295	53	W35	Heidi Hill, 37*, West Des Moines, IA	1:45:37	1:46:37	8:30
296	53	W20	Megan Roth, 23*, West Des Moines, IA	1:45:38	1:51:10	8:30
297	54	W20	Megan Stanton, 21*, Marshalltown, IA	1:45:39	1:46:35	8:30
1056	184	M25	Michael Kreshel, 25, Lincoln, NE	1:45:39	1:50:31	8:30
298	28	W40	Stacey Eberhard, 42*, Muscatine, IA	1:45:40	1:47:36	8:30
299	29	W40	Diane Nelson, 44*, Ankeny, IA	1:45:40	1:47:09	8:30
1057	144	M35	Jeff Jones, 35, West Des Moines, IA	1:45:40	1:47:03	8:30
300	10	W17	Alivia Tison, 19*, Desmoines, IA	1:45:41	1:47:16	8:30
1058	145	M35	Scott Augustus, 35, Savage, MN	1:45:42	1:47:13	8:30
1059	97	M45	David Teachout, 49, Des Moines, IA	1:45:43	1:52:31	8:30
1060	199	M30	Patrick Schaapveld, 33, Ankeny, IA	1:45:44	1:48:18	8:30
301	57	W30	Leah Taylor, 31*, West Des Moines, IA	1:45:44	1:46:38	8:30
302	30	W40	Lynette Buesing, 44*, Stockton, IA	1:45:44	1:47:23	8:30
1061	102	M20	Jay Seymour, 22, Prole, IA	1:45:45	1:47:00	8:31
1062	200	M30	Josh Harris, 32, West Des Moines, IA	1:45:46	1:52:10	8:31
303	74	W25	Gina Baier, 26*, Ankeny, IA	1:45:47	1:47:42	8:31
1063	185	M25	Michael Holdren, 28, Ankeny, IA	1:45:47	1:47:12	8:31
304	75	W25	Tracy Hartwig, 25*, Waterloo, IA	1:45:47	1:46:57	8:31
1064	136	M40	Jason Yandell, 41, South Sioux City, NE	1:45:47	1:47:23	8:31
1065	146	M35	Kevin Smith, 39, Ames, IA	1:45:47	1:47:13	8:31
1066	186	M25	Lance Andersen, 25, Des Moines, IA	1:45:48	1:46:11	8:31
1067	147	M35	Dennis Henderson, 37, Pleasant Hill, IA	1:45:48	1:47:19	8:31
1068	103	M20	Andrew Ehrsam, 23, Hampton, IA	1:45:49	1:47:01	8:31
305	58	W30	Randi Peterson, 31*, Cedar Rapids, IA	1:45:49	1:51:27	8:31
306	7	W50	Wilma Osmun, 50*, Creston, IA	1:45:50	1:47:17	8:31
307	59	W30	Karen Kazmerzak, 34*, Washington, DC	1:45:51	1:47:54	8:31
1069	187	M25	Matthew Hoffman, 25, Ankeny, IA	1:45:52	1:46:30	8:31
308	60	W30	Danielle Nelson, 32*, Spirit Lake, IA	1:45:52	1:47:07	8:31
309	76	W25	Tami Bingham, 27*, Pleasantville, IA	1:45:53	1:47:03	8:31
1070	137	M40	Brad Lenz, 42, Ames, IA	1:45:54	1:47:57	8:31
310	15	W45	Daphne Donald, 46*, Muscatine, IA	1:45:55	1:48:09	8:31
1071	104	M20	Steve Berkley, 23, Grimes, IA	1:45:55	1:48:45	8:31
1072	201	M30	David Senchina, 32, Ankeny, IA	1:45:56	1:48:58	8:31
1073	148	M35	Jacob Naumann, 36, Des Moines, IA	1:45:56	1:46:59	8:31
1074	98	M45	Phuoc Le, 48, West Des Moines, IA	1:45:57	1:46:28	8:31
311	77	W25	Mindy Schmidt, 29*, Iowa City, IA	1:45:58	1:47:52	8:32
1075	202	M30	Michael Bahnsen, 34, Dike, IA	1:45:58	1:48:48	8:32
1076	99	M45	Daniel Bergman, 48, Ankeny, IA	1:45:59	1:48:14	8:32
1077	203	M30	Mark Gelbman, 30, West Des Moines, IA	1:45:59	1:47:28	8:32
312	54	W35	Colette Winget, 35*, Des Moines, IA	1:46:00	1:46:31	8:32
313	55	W20	Mollie Hamblin, 24*, Ankeny, IA	1:46:00	1:48:21	8:32

314	16	W45	Julie Marks, 45*, Des Moines, IA	1:46:01	1:46:32	8:32
315	61	W30	Rachel Judisch, 32*, Lake View, IA	1:46:01	1:48:46	8:32
316	8	W50	Kristy Cain, 50*, Urbandale, IA	1:46:01	1:46:44	8:32
317	78	W25	Jane Viner, 27*, Iowa City, IA	1:46:01	1:52:50	8:32
318	31	W40	Wendy Macke, 41*, Ankeny, IA	1:46:03	1:47:17	8:32
1078	204	M30	Scott Peterson, 32, Ames, IA	1:46:03	1:49:27	8:32
1079	56	M50	John Roberts, 53, Audubon, IA	1:46:04	1:47:26	8:32
1080	57	M50	Randy Mundt, 54, Urbandale, IA	1:46:04	1:46:57	8:32
1081	188	M25	Aaron Stock, 25, Des Moines, IA	1:46:04	1:48:11	8:32
319	79	W25	Laura Jontz, 27*, Des Moines, IA	1:46:04	1:54:29	8:32
320	80	W25	Claire Weidman, 26*, Clive, IA	1:46:05	1:48:23	8:32
1082	100	M45	Doug Fick, 48, Johnston, IA	1:46:06	1:46:56	8:32
321	81	W25	Jamile Shirley, 28*, Ames, IA	1:46:07	1:47:36	8:32
1083	189	M25	Scott Krava, 25, Urbandale, IA	1:46:07	1:53:22	8:32
1084	138	M40	James O'Hara, 42, Ankeny, IA	1:46:07	1:48:18	8:32
322	9	W50	Veronica Demmel, 54*, Marshalltown, IA	1:46:08	1:46:22	8:32
1085	58	M50	Gerry Bustos, 50, East Moline, IL	1:46:09	1:46:44	8:32
323	32	W40	Peg McMahon, 44*, Des Moines, IA	1:46:10	1:47:37	8:32
1086	149	M35	Jeremy Zmolek, 36, Urbandale, IA	1:46:10	1:53:55	8:32
324	17	W45	Brenda Bright, 49*, Ames, IA	1:46:12	1:47:45	8:33
325	33	W40	Susan Harr, 41*, Waukee, IA	1:46:13	1:47:04	8:33
326	62	W30	Holly Grimm-See, 33*, Cedar Falls, IA	1:46:13	1:49:41	8:33
1087	105	M20	Phillip Mykleby, 23, Lincoln, NE	1:46:14	1:47:25	8:33
1088	205	M30	Chaz Williamson, 31, West Des Moines, IA	1:46:14	1:53:04	8:33
1089	206	M30	Jason Lamping, 33, Johnston, IA	1:46:14	1:47:37	8:33
1090	207	M30	Mitchell Kunert, 31, Ankeny, IA	1:46:15	1:47:50	8:33
1091	190	M25	Joseph Buckley, 25, Johnston, IA	1:46:16	1:47:53	8:33
1092	191	M25	Rich Elings, 25, West Des Moines, IA	1:46:16	1:47:53	8:33
1093	101	M45	Sanjaya Amaratunga, 45, Clive, IA	1:46:16	1:51:26	8:33
327	82	W25	Eliza Nosek, 27*, Ankeny, IA	1:46:16	1:46:34	8:33
1094	150	M35	Ross Jensen, 35, Johnston, IA	1:46:17	1:49:08	8:33
328	56	W20	Emily Petrzelka, 23*, Mt. Pleasant, IA	1:46:18	1:51:08	8:33
329	57	W20	Traci Moklestad, 21*, Omaha, NE	1:46:18	1:48:13	8:33
1095	208	M30	Brian Kuehler, 34, West Des Moines, IA	1:46:18	1:54:07	8:33
330	83	W25	Laura Weiglein, 25*, Edwardsville, IL	1:46:20	1:47:33	8:33
1096	192	M25	Taylor Webb, 28, West Des Moines, IA	1:46:22	1:46:47	8:33
1097	151	M35	Mike Richardson, 35, Adel, IA	1:46:22	1:52:44	8:33
331	63	W30	Megan O'Conner, 30*, West Des Moines, IA	1:46:23	1:46:55	8:34
1098	152	M35	Philip Gates, 38, Ankeny, IA	1:46:23	1:48:34	8:34
332	58	W20	Morgan Trowbridge, 22*, Marshalltown, IA	1:46:23	1:48:13	8:34
1099	106	M20	Bart Trowbridge, 24, Marshalltown, IA	1:46:23	1:48:14	8:34
1100	153	M35	Greg Thompson, 37, West Des Moines, IA	1:46:23	1:48:36	8:34
333	64	W30	Stacy Berenguel, 31*, Des Moines, IA	1:46:23	1:48:26	8:34
1101	193	M25	Travis Perkins, 29, Granger, IA	1:46:24	1:48:44	8:34
1102	154	M35	Marty Mitchell, 35, Carlisle, IA	1:46:24	1:47:08	8:34
1103	107	M20	Cortlan Martin, 23, Clive, IA	1:46:26	1:47:01	8:34
1104	102	M45	Gary Thompson, 46, Urbandale, IA	1:46:26	1:48:23	8:34
1105	155	M35	Brian Hoover, 38, Pleasant Hill, IA	1:46:26	1:46:35	8:34
1106	2	M65	Clay Whiteis, 67, Des Moines, IA	1:46:27	1:47:08	8:34
1107	59	M50	Allen Benson, 50, Ankeny, IA	1:46:27	1:46:45	8:34
334	55	W35	Jenny Slack, 38*, Ankeny, IA	1:46:27	1:47:41	8:34
335	65	W30	Heather Fleming, 33*, Robins, IA	1:46:27	1:47:42	8:34
336	84	W25	Kari Heitzman, 26*, West Des Moines, IA	1:46:28	1:48:40	8:34
337	85	W25	Molly Henry, 27*, Johnston, IA	1:46:28	1:48:41	8:34
1108	156	M35	Ben Trannel, 37, West Des Moines, IA	1:46:30	1:48:22	8:34
1109	194	M25	Josh Burkhart, 29, West Des Moines, IA	1:46:30	1:49:09	8:34
1110	157	M35	Stew Bevis, 35, Des Moines, IA	1:46:31	1:48:03	8:34
1111	195	M25	Randy Elliott, 27, Des Moines, IA	1:46:32	1:48:08	8:34
1112	196	M25	John Tiernan, 29, West Des Moines, IA	1:46:32	1:47:34	8:34
1113	108	M20	Ted Rogers, 22, West Des Moines, IA	1:46:32	1:48:41	8:34
1114	197	M25	Jon Soole, 25, Davenport, IA	1:46:32	1:48:07	8:34
1115	103	M45	Karl Kruse, 45, Johnston, IA	1:46:33	1:46:59	8:34
1116	104	M45	James Arthur, 46, Des Moines, IA	1:46:33	1:48:12	8:34
1117	60	M50	Kevin Dear, 50, West Des Moines, IA	1:46:33	1:47:35	8:34
1118	139	M40	Michael Bird, 43, Newton, IA	1:46:33	1:48:41	8:34

338	86	W25	Erin Curnyn, 28*, Ankeny, IA	1:46:34	1:47:14	8:34
339	66	W30	Heather Droppert, 30*, Urbandale, IA	1:46:34	1:46:34	8:34
340	87	W25	Kristin Hecht, 28*, Des Moines, IA	1:46:35	1:47:54	8:34
1119	140	M40	Brian Vance, 40, Des Moines, IA	1:46:35	1:47:54	8:35
1120	209	M30	Kenneth Beck, 33, Solon, IA	1:46:35	1:48:20	8:35
1121	210	M30	Gabe Carlson, 32, Clive, IA	1:46:36	1:48:47	8:35
1122	211	M30	Aaron Meyer, 31, Marion, IA	1:46:37	1:48:17	8:35
1123	34	JrM	Josh Meyer, 16, Otley, IA	1:46:38	1:48:47	8:35
341	59	W20	Hallie Bushaw, 22*, West Des Moines, IA	1:46:38	1:48:55	8:35
1124	212	M30	Sage Arbor, 32, Clive, IA	1:46:38	1:48:32	8:35
1125	198	M25	Robert Wilkens, 29, Grimes, IA	1:46:39	1:47:42	8:35
1126	158	M35	Jake Ten Haken, 38, Hull, IA	1:46:40	1:49:47	8:35
342	18	W45	Connie Hoffman, 47*, Carroll, IA	1:46:42	1:47:20	8:35
1127	26	M55	Rich Wright, 58, Sioux City, IA	1:46:43	1:50:58	8:35
1128	199	M25	Jeff Sizemore, 25, Robins, IA	1:46:43	1:50:01	8:35
1129	141	M40	David Vieth, 44, Hiawatha, IA	1:46:43	1:48:13	8:35
343	11	W17	Kirstin Angus, 17*, West Des Moines, IA	1:46:43	1:48:46	8:35
1130	213	M30	Scott Hendrickson, 33, Coralville, IA	1:46:45	1:48:35	8:35
344	88	W25	Andrea Parmenter, 27*, West Des Moines, IA	1:46:45	1:48:43	8:35
1131	214	M30	Brent Kelley, 32, Cedar Rapids, IA	1:46:48	1:48:30	8:36
345	67	W30	Amy Klainer, 34*, Seattle, WA	1:46:48	1:48:04	8:36
1132	109	M20	Bryan Leitzinger, 24, Norwalk, IA	1:46:49	1:53:57	8:36
1133	215	M30	Josh Clark, 32, Des Moines, IA	1:46:50	1:47:54	8:36
1134	200	M25	Benjamin Parrott, 29, West Des Moines, IA	1:46:51	1:48:41	8:36
1135	142	M40	David Chicken, 42, Waukee, IA	1:46:51	1:48:26	8:36
346	68	W30	Kristin Dyer, 31*, Indianola, IA	1:46:51	1:53:49	8:36
347	34	W40	Jana Edwards, 42*, West Des Moines, IA	1:46:53	1:47:21	8:36
348	35	W40	Lisa Klein, 41*, Des Moines, IA	1:46:53	1:47:21	8:36
349	10	W50	Nancy Willert, 53*, Nevada, IA	1:46:53	1:48:24	8:36
1136	159	M35	Paul Folkers, 36, Ankeny, IA	1:46:54	1:48:04	8:36
1137	61	M50	Craig Calhoun, 52, Windsor Heights, IA	1:46:55	1:48:27	8:36
350	89	W25	Maggie Meyer, 25*, Overland Park, KS	1:46:56	1:49:03	8:36
1138	105	M45	Dennis Baldwin, 47, Waukee, IA	1:46:57	1:49:06	8:36
1139	143	M40	Craig Bontty, 40, Walford, IA	1:46:57	1:56:53	8:36
351	56	W35	Lisa Jenison, 39*, Ankeny, IA	1:46:57	1:52:41	8:36
352	60	W20	Molly Mueller, 24*, Des Moines, IA	1:46:59	1:48:54	8:36
1140	160	M35	Eric Jaskolka, 39, West Des Moines, IA	1:46:59	1:49:07	8:36
1141	110	M20	Christian Vandelaar, 23, Altoona, IA	1:47:00	1:48:44	8:37
1142	27	M55	Kevin Prendergast, 55, Des Moines, IA	1:47:00	1:48:08	8:37
353	69	W30	Mary Nelson, 31*, Grimes, IA	1:47:01	1:47:56	8:37
1143	28	M55	James Cassidy, 56, Dubuque, IA	1:47:01	1:47:51	8:37
1144	62	M50	Tom Huisman, 54, Ames, IA	1:47:02	1:49:10	8:37
1145	216	M30	Jonathan Muller, 34, Pella, IA	1:47:02	1:52:38	8:37
1146	217	M30	Shane Gray, 30, Urbandale, IA	1:47:03	1:49:55	8:37
354	36	W40	Heidi Kramer, 44*, Johnston, IA	1:47:04	1:47:50	8:37
1147	161	M35	Joel Crawford, 35, Ankeny, IA	1:47:05	1:48:35	8:37
1148	144	M40	Dennis Lavrov, 40, Ames, IA	1:47:05	1:47:29	8:37
1149	29	M55	Timothy Olson, 59, West Des Moines, IA	1:47:06	1:48:22	8:37
1150	30	M55	David Gee, 58, Cedar Rapids, IA	1:47:06	1:49:37	8:37
1151	162	M35	Nate Heinrich, 35, Waukee, IA	1:47:07	1:50:32	8:37
1152	201	M25	Kevin Crawford, 28, Peoria, IL	1:47:09	1:47:40	8:37
1153	218	M30	Robert J Schneider, 31, Urbandale, IA	1:47:09	1:51:02	8:37
1154	219	M30	Jason Dreckman, 31, West Des Moines, IA	1:47:09	1:48:29	8:37
355	70	W30	Jen Childress, 30*, West Des Moines, IA	1:47:11	1:49:06	8:37
356	57	W35	Amy Kintzle, 39*, Urbandale, IA	1:47:11	1:48:29	8:37
1155	145	M40	Scott Thebeau, 40, Clive, IA	1:47:11	1:51:42	8:37
1156	106	M45	Doug Kintzle, 45, Urbandale, IA	1:47:12	1:48:29	8:37
1157	163	M35	David Bass, 35, Urbandale, IA	1:47:12	1:49:00	8:37
357	61	W20	Katie Wehmeyer, 23*, Sibley, IA	1:47:13	1:48:49	8:38
1158	31	M55	Mark Powers, 55, Cedar Rapids, IA	1:47:13	1:49:58	8:38
358	62	W20	Shauna Olson, 24*, Ames, IA	1:47:13	1:48:49	8:38
1159	202	M25	Mike Martens, 25, West Des Moines, IA	1:47:13	1:48:52	8:38
359	71	W30	Jennifer Downe, 34*, Des Moines, IA	1:47:14	1:50:04	8:38
1160	220	M30	Ryan Zarling, 33, West Des Moines, IA	1:47:15	1:49:37	8:38
1161	107	M45	Daniel Mallonee, 49, Cedar Rapids, IA	1:47:15	1:47:56	8:38

1162	14	M60	Marc Albertsen, 61, Grimes, IA	1:47:15	1:48:58	8:38
1163	146	M40	Rod Haws, 43, Ankeny, IA	1:47:15	1:48:44	8:38
360	19	W45	Julie Thomas, 46*, Bedford, IA	1:47:16	1:50:10	8:38
1164	63	M50	Bill Krier, 52, Urbandale, IA	1:47:17	1:49:56	8:38
361	4	W55	Mary Bergman, 55*, Iowa City, IA	1:47:18	1:49:16	8:38
1165	203	M25	Thang Chau, 27, Windsor Heights, IA	1:47:18	1:50:33	8:38
1166	147	M40	Jason Belding, 40, Ankeny, IA	1:47:20	1:47:39	8:38
362	37	W40	Stacy Gehling, 40*, Carroll, IA	1:47:20	1:48:10	8:38
1167	164	M35	Tj Bangs, 38, Huxley, IA	1:47:21	1:48:32	8:38
363	90	W25	Gina Jones, 25*, Pella, IA	1:47:22	1:48:07	8:38
364	58	W35	Meghan Schumacker, 35*, Bondurant, IA	1:47:22	1:48:18	8:38
365	72	W30	Lori Henning, 33*, West Des Moines, IA	1:47:22	1:48:38	8:38
1168	148	M40	Dan Hunt, 43, West Des Moines, IA	1:47:23	1:49:18	8:38
1169	221	M30	Christopher Coleman, 33, Urbandale, IA	1:47:23	1:48:45	8:38
366	59	W35	Jennifer Webster, 39*, Urbandale, IA	1:47:23	1:50:39	8:38
367	60	W35	Jessie Schrock, 39*, Altoona, IA	1:47:24	1:50:21	8:38
1170	222	M30	Jake Hanson, 31, Ames, IA	1:47:24	1:54:01	8:38
1171	223	M30	Bryan Friedrichs, 31, Fort Dodge, IA	1:47:26	1:49:17	8:39
368	20	W45	Julie Hale, 47*, Des Moines, IA	1:47:26	1:49:42	8:39
369	63	W20	Carly Thompson, 24*, West Des Moines, IA	1:47:26	1:50:08	8:39
370	3	JrW	Gayana Wanniarachchi, 16*, Waukesha, WI	1:47:26	1:54:59	8:39
1172	149	M40	Sean Schaben, 44, Johnston, IA	1:47:27	1:47:40	8:39
1173	15	M60	Larry Walden, 63, Marshalltown, IA	1:47:28	1:47:42	8:39
1174	165	M35	Chad Devries, 39, Waukee, IA	1:47:28	1:49:29	8:39
1175	150	M40	Trent Leopold, 40, Waukee, IA	1:47:28	1:50:22	8:39
371	91	W25	Lisa Iler, 25*, Ames, IA	1:47:29	1:48:41	8:39
1176	151	M40	Ken Buchheit, 44, Ossian, IA	1:47:30	1:47:59	8:39
372	61	W35	Rachel Person, 35*, Sioux Falls, SD	1:47:30	1:50:27	8:39
373	62	W35	Tonia Johnson, 36*, Altoona, IA	1:47:30	1:50:27	8:39
1177	64	M50	Paul Barrows, 54, Urbandale, IA	1:47:30	1:49:06	8:39
1178	204	M25	Joshua Aaron, 29, Des Moines, IA	1:47:30	1:52:50	8:39
1179	205	M25	Noah Carspecken, 27, Fort Dodge, IA	1:47:30	1:47:30	8:39
1180	152	M40	Aloysius Kling, 40, Des Moines, IA	1:47:32	1:50:25	8:39
1181	206	M25	Joe Feldmann, 29, Des Moines, IA	1:47:33	1:52:02	8:39
1182	224	M30	Bill Fischer, 33, Ankeny, IA	1:47:33	1:59:59	8:39
374	73	W30	Kathi Beach, 33*, Humboldt, IA	1:47:33	1:50:37	8:39
1183	166	M35	Curt Watson, 38, Minnetonka, MN	1:47:34	1:48:21	8:39
1184	153	M40	John Frohlich, 42, Panorama, IA	1:47:34	1:49:35	8:39
1185	111	M20	Tyler Mitchell, 24, Des Moines, IA	1:47:35	1:48:40	8:39
375	92	W25	Amy Oliver, 27*, Milo, IA	1:47:35	1:50:22	8:39
376	93	W25	Kelly Kalvig, 28*, West Des Moines, IA	1:47:35	1:49:56	8:39
1186	65	M50	Jeffrey Crane, 54, West Des Moines, IA	1:47:36	1:48:35	8:39
1187	112	M20	Dan Stroupe, 24, Elkhart, IA	1:47:36	1:56:20	8:39
1188	113	M20	Donald Bouillon, 24, Dows, IA	1:47:36	1:48:38	8:39
1189	154	M40	Chad Kirby, 44, Ankeny, IA	1:47:36	1:47:57	8:39
1190	225	M30	Chad Bormann, 31, Urbandale, IA	1:47:37	1:50:14	8:39
1191	155	M40	Aaron Kennedy, 41, Des Moines, IA	1:47:37	1:47:47	8:39
1192	207	M25	Benjamin Raveling, 28, Ankeny, IA	1:47:37	1:50:59	8:40
1193	208	M25	Travis-Big Sl Hilsabeck, 29, Prairie City, IA	1:47:38	1:49:04	8:40
1194	226	M30	Troy Reinhart, 33, Panorama, IA	1:47:38	1:49:40	8:40
377	38	W40	Andrea Schaffer, 40*, West Des Moines, IA	1:47:39	1:48:53	8:40
378	74	W30	Sara Dykstra, 33*, Iowa City, IA	1:47:39	1:49:38	8:40
1195	32	M55	David Cunningham, 55, Forest City, IA	1:47:40	1:49:04	8:40
1196	66	M50	Philip Brown, 51, Clive, IA	1:47:40	1:50:28	8:40
1197	167	M35	Aaron Guitter, 38, Clive, IA	1:47:40	1:50:20	8:40
1198	227	M30	Eric Jackson, 32, Urbandale, IA	1:47:41	1:48:20	8:40
1199	156	M40	Dwight Berns, 43, Altoona, IA	1:47:42	1:57:08	8:40
379	63	W35	Angie Hansen, 35*, Mason City, IA	1:47:42	1:49:51	8:40
380	94	W25	Carissa Oltmann, 28*, Cedar Rapids, IA	1:47:42	1:50:14	8:40
1200	168	M35	Chad Ervin, 35, Des Moines, IA	1:47:43	1:53:33	8:40
1201	35	JrM	Jordan Lutjen, 15, Jewell, IA	1:47:43	1:53:36	8:40
1202	36	JrM	Arlen Burroughs, 16, Webster City, IA	1:47:43	1:53:36	8:40
381	75	W30	Julie Binneboese, 30*, Dubuque, IA	1:47:43	1:49:06	8:40
382	95	W25	Abby Rector, 27*, Johnston, IA	1:47:43	1:49:06	8:40

383	39	W40	Holli Thomas, 40*, Mason City, IA	1:47:43	1:49:52	8:40
1203	209	M25	Brad Carlson, 28, West Des Moines, IA	1:47:44	1:49:32	8:40
1204	210	M25	Brent Rauch, 28, West Des Moines, IA	1:47:44	1:49:32	8:40
1205	114	M20	Jim Heldt, 24, Des Moines, IA	1:47:44	1:48:50	8:40
1206	157	M40	Jim Latta, 43, Madrid, IA	1:47:44	1:50:34	8:40
1207	33	M55	Chuck Clark, 59, Carroll, IA	1:47:45	1:48:22	8:40
1208	211	M25	Scott Belloma, 28, Urbandale, IA	1:47:45	1:49:15	8:40
1209	37	JrM	Adam Dirks, 16, Urbandale, IA	1:47:45	1:51:14	8:40
1210	108	M45	Larry Cole, 46, Grundy Center, IA	1:47:46	1:49:08	8:40
384	40	W40	Regina Otten, 41*, Waukee, IA	1:47:46	1:50:04	8:40
385	96	W25	Jessica Pilling, 27*, Clive, IA	1:47:47	1:48:46	8:40
386	41	W40	Lonni Waltermire, 43*, Garwin, IA	1:47:47	1:49:32	8:40
1211	169	M35	Scott England, 38, Cedar Rapids, IA	1:47:47	1:49:38	8:40
387	64	W35	Jodi England, 38*, Cedar Rapids, IA	1:47:47	1:49:38	8:40
1212	34	M55	Kirk Dau, 58, Ames, IA	1:47:47	1:48:02	8:40
1213	158	M40	Matthew Gardner, 40, Urbandale, IA	1:47:47	1:52:49	8:40
1214	228	M30	Pooh Luck, 30, Des Moines, IA	1:47:48	1:48:58	8:40
388	97	W25	Kathryn Sandie, 28*, Waukee, IA	1:47:49	1:49:24	8:41
1215	229	M30	Manni Balignasay, 30, Urbandalle, IA	1:47:51	1:50:09	8:41
1216	159	M40	Nate Marfal, 40, Des Moines, IA	1:47:51	1:49:15	8:41
1217	230	M30	Caleb Schmitz, 31, Des Moines, IA	1:47:51	1:48:17	8:41
1218	170	M35	Clint Jones, 35, West Des Moines, IA	1:47:51	1:49:31	8:41
389	65	W35	Erin Netteland-Sandvig, 36*, West Des Moines, IA	1:47:52	1:51:12	8:41
1219	109	M45	Rich Werner, 47, New Hampton, IA	1:47:53	1:50:19	8:41
1220	16	M60	Ronald Charles, 61, Newton, IA	1:47:54	1:50:35	8:41
390	66	W35	Mendy Sebolt, 36*, Centerville, NE	1:47:56	1:50:37	8:41
391	11	W50	Deb Sharp, 51*, Ankeny, IA	1:47:57	1:50:17	8:41
1221	171	M35	Rick Lozier, 39, Des Moines, IA	1:47:58	1:50:16	8:41
392	21	W45	Donna Herring, 47*, Lisbon, IA	1:47:58	1:48:23	8:41
1222	35	M55	Tom Farr, 57, Des Moines, IA	1:47:59	1:50:48	8:41
393	76	W30	Cindy Van Regenmorter, 30*, Sioux Center, IA	1:47:59	1:51:06	8:41
394	67	W35	Stephanie Byland, 37*, Edina, MN	1:47:59	1:49:21	8:41
395	98	W25	Angela Mataloni, 25*, Des Moines, IA	1:48:00	1:50:24	8:41
1223	160	M40	Jeff Marks, 44, Des Moines, IA	1:48:00	1:49:10	8:41
1224	115	M20	Mitch McDermott, 21, Ames, IA	1:48:00	1:52:12	8:41
396	64	W20	Lacey Beenken, 23*, Bancroft, IA	1:48:01	1:48:56	8:41
1225	212	M25	Lucas Queck, 26, Fontanelle, IA	1:48:01	1:52:39	8:41
397	77	W30	Laura Woelber, 32*, Hull, IA	1:48:01	1:51:08	8:41
1226	67	M50	Rustin Davenport, 50, Mason City, IA	1:48:01	1:53:23	8:41
1227	116	M20	Colin Judd, 20, Urbandale, IA	1:48:03	1:52:15	8:42
1228	73	M17	Drew Brown, 19, Urbandale, IA	1:48:04	1:52:16	8:42
1229	213	M25	Ryan Mott, 29, Clive, IA	1:48:04	1:48:21	8:42
1230	214	M25	Chris Andersen, 28, West Des Moines, IA	1:48:05	1:50:50	8:42
398	68	W35	Amanda Mathews, 37*, Centerville, IA	1:48:06	1:50:47	8:42
399	78	W30	Tanya Poshusta, 30*, Rochester, MN	1:48:07	1:56:53	8:42
1231	110	M45	Mark Sexton, 49, Johnston, IA	1:48:08	1:51:08	8:42
1232	172	M35	Greg Schmidt, 37, Cedar Rapids, IA	1:48:09	1:50:09	8:42
400	99	W25	Emily Feekes, 28*, Des Moines, IA	1:48:10	1:50:20	8:42
1233	173	M35	Blake Meisenheimer, 37, Minnetonka, MN	1:48:11	1:50:32	8:42
1234	111	M45	Jeff Sullivan, 45, West Des Moines, IA	1:48:12	1:49:40	8:42
1235	215	M25	Curt Hobson, 29, Minneapolis, MN	1:48:12	1:51:45	8:42
401	42	W40	Theresa McClure, 42*, Johnston, IA	1:48:13	1:50:19	8:42
1236	174	M35	Scott Tenbrink, 36, Eldridge, IA	1:48:13	1:56:44	8:42
1237	36	M55	Terry Lint, 55, Clive, IA	1:48:13	1:48:52	8:42
1238	117	M20	Ian O'Connor, 23, Urbandale, IA	1:48:14	1:49:33	8:42
402	65	W20	Beth Maguire, 23*, Nevada, IA	1:48:15	1:51:01	8:43
1239	216	M25	Jason Wells, 28, West Des Moines, IA	1:48:15	1:49:45	8:43
403	43	W40	Stacy Woodward, 40*, Ames, IA	1:48:15	1:49:25	8:43
1240	217	M25	Aaron Rector, 26, Johnston, IA	1:48:15	1:49:38	8:43
1241	37	M55	Rob Stetson, 56, Johnston, IA	1:48:16	1:49:19	8:43
1242	231	M30	Nathan Davis, 31, Des Moines, IA	1:48:17	1:53:07	8:43
1243	175	M35	Steve Medina, 38, West Des Moines, IA	1:48:18	1:50:25	8:43
1244	17	M60	Ernest Vortherms, 61, Urbandale, IA	1:48:18	1:49:13	8:43

1245	176	M35	Alberto Perales, 39, Ankeny, IA	1:48:19	1:48:58	8:43
404	69	W35	Rachel Bangs, 38*, Huxley, IA	1:48:19	1:49:30	8:43
405	70	W35	Peggy Hentges, 39*, Urbandale, IA	1:48:20	1:51:24	8:43
1246	218	M25	Josh Jacobs, 26, Johnston, IA	1:48:20	1:55:35	8:43
406	44	W40	Jennifer Thompson, 40*, Olathe, KS	1:48:24	1:49:23	8:43
1247	232	M30	Ryan Guard, 30, Radcliffe, IA	1:48:24	1:52:39	8:43
1248	161	M40	Tom Youngwirth, 43, Windsor Heights, IA	1:48:25	1:49:48	8:43
407	100	W25	Heidi Alexander, 28*, Belleville, IL	1:48:26	1:51:25	8:43
408	71	W35	Tracy Leshner, 38*, Cambridge, IA	1:48:26	1:52:16	8:43
1249	162	M40	Davood Kolbehdari, 44, Ankeny, IA	1:48:26	1:50:15	8:43
409	79	W30	Sara Lynott, 31*, Clive, IA	1:48:26	1:49:25	8:43
410	66	W20	Laura Rudolphi, 24*, Cedar Rapids, IA	1:48:27	1:51:23	8:44
1250	163	M40	Gerald Smith, 44, Belmont, IA	1:48:28	1:55:13	8:44
1251	219	M25	Anthony Nation, 25, Iowa City, IA	1:48:29	1:49:52	8:44
1252	220	M25	Shawn Harrington, 28, Des Moines, IA	1:48:29	1:52:09	8:44
411	72	W35	Tonja Goodwin, 37*, Ames, IA	1:48:30	1:52:18	8:44
1253	118	M20	Kyle Hoehns, 21, Iowa City, IA	1:48:31	1:50:37	8:44
1254	177	M35	Rusty Williamson, 38, Anita, IA	1:48:32	1:50:19	8:44
1255	178	M35	Brad Steffen, 39, Johnston, IA	1:48:32	1:50:02	8:44
412	80	W30	James Bucher, 32*, West Des Moines, IA	1:48:32	1:54:16	8:44
1256	221	M25	Tommy Williams, 29, Knoxville, IA	1:48:32	1:49:58	8:44
1257	222	M25	Justin Bloomberg, 27, Waukee, IA	1:48:34	1:53:00	8:44
1258	68	M50	Bob McPheron, 52, New London, IA	1:48:34	1:51:21	8:44
1259	164	M40	Robert Cunningham, 42, Urbandale, IA	1:48:34	1:50:12	8:44
413	101	W25	Sheena Banks, 28*, Des Moines, IA	1:48:35	1:49:07	8:44
414	102	W25	Tara Hofbauer, 28*, Grimes, IA	1:48:36	1:51:00	8:44
415	81	W30	Susan Batschelet, 31*, Clive, IA	1:48:36	1:55:27	8:44
416	67	W20	Allie Marr, 23*, Des Moines, IA	1:48:37	1:52:15	8:44
417	68	W20	Maria Wolfe, 24*, West Des Moines, IA	1:48:38	1:50:25	8:44
1260	165	M40	Dan Van Weelden, 43, Ames, IA	1:48:38	1:52:33	8:44
1261	223	M25	Miguel Badillo, 29, Fort Dodge, IA	1:48:39	1:50:10	8:44
1262	233	M30	Heath Smith, 34, Des Moines, IA	1:48:41	1:51:46	8:45
1263	234	M30	Jeremy Marshall, 33, Ankeny, IA	1:48:41	1:56:48	8:45
418	69	W20	Kristen Whipps, 21*, Ames, IA	1:48:41	1:50:37	8:45
1264	69	M50	Calvin Niess, 54, Little Cedar, IA	1:48:41	1:49:51	8:45
419	82	W30	Brooke Foxworthy, 32*, Westlake Village, CA	1:48:41	1:50:48	8:45
420	73	W35	Jacqui Douglas, 39*, Aurora, CO	1:48:43	1:50:38	8:45
1265	179	M35	Jeff Hartz, 39, Runnells, IA	1:48:43	1:50:02	8:45
1266	38	M55	Robert Mc Donald, 59, Coal Valley, IL	1:48:43	1:49:09	8:45
1267	224	M25	Tom Hosack, 25, Omaha, NE	1:48:44	1:52:01	8:45
421	103	W25	Adrienne Isaacson, 25*, Des Moines, IA	1:48:46	1:50:32	8:45
422	83	W30	Deidre Nims, 34*, Robins, IA	1:48:47	1:50:58	8:45
423	84	W30	Lexi Isaacson, 31*, Des Moines, IA	1:48:47	1:50:33	8:45
424	70	W20	Tara Brown, 24*, Altoona, IA	1:48:47	1:49:29	8:45
425	74	W35	Danika Vilmont, 37*, Waukee, IA	1:48:47	1:50:40	8:45
426	71	W20	Brittany Anderson, 23*, Maxwell, IA	1:48:48	1:54:58	8:45
1268	225	M25	Andy Campbell, 29, Pella, IA	1:48:49	1:51:58	8:45
427	85	W30	Heather Olsen, 33*, Voorhies, IA	1:48:50	1:49:47	8:45
428	75	W35	Cathleen Borst, 37*, Carroll, IA	1:48:50	1:50:25	8:45
1269	39	M55	Jerry Paisley, 56, Clinton, IA	1:48:50	1:49:57	8:45
429	45	W40	Melissa Perrill, 40*, Iowa City, IA	1:48:52	1:49:41	8:46
1270	235	M30	Jeff Green, 33, Des Moines, IA	1:48:52	1:55:56	8:46
430	76	W35	Jenni Pfantz, 37*, Mingo, IA	1:48:52	1:49:44	8:46
1271	112	M45	Jon Greising, 46, Johnston, IA	1:48:53	1:52:26	8:46
431	86	W30	Jennifer Williams, 30*, Chariton, IA	1:48:53	1:50:36	8:46
432	46	W40	Linda Kuhl, 44*, Beaman, IA	1:48:53	1:50:38	8:46
433	104	W25	Shawna Johnson, 27*, Des Moines, IA	1:48:54	1:53:54	8:46
1272	236	M30	Jeff Austin, 31, Ankeny, IA	1:48:54	1:50:52	8:46
434	77	W35	Summer Lisk, 35*, Fairfield, IA	1:48:55	1:51:23	8:46
1273	40	M55	Craig Shutt, 56, Des Moines, IA	1:48:55	1:51:30	8:46
435	78	W35	Kerry Newland, 36*, Dubuque, IA	1:48:56	1:52:21	8:46
1274	237	M30	Jason Connor, 30, Ankeny, IA	1:48:57	1:52:20	8:46
436	47	W40	Michelle Lamers, 40*, Mason City, IA	1:48:57	1:52:01	8:46
437	87	W30	Kendra Lerdal, 32*, Ankeny, IA	1:48:58	1:51:36	8:46

1275	119	M20	Josh Shell, 24, Milwaukee, WI	1:48:58	1:54:36	8:46
1276	226	M25	Cliff Plymesser, 28, Ames, IA	1:48:58	1:52:31	8:46
438	22	W45	Diane Kelsay, 46*, Monument, CO	1:48:58	1:51:41	8:46
1277	113	M45	Kevin Van Veen, 45, Des Moines, IA	1:48:58	1:51:50	8:46
1278	227	M25	Matt Goaley, 27, Des Moines, IA	1:48:58	1:51:01	8:46
439	72	W20	Miah Watson, 23*, Waukee, IA	1:48:58	1:51:37	8:46
440	5	W55	Nancy Harvey, 56*, Ankeny, IA	1:48:59	1:49:48	8:46
1279	238	M30	Damion Spilman, 33, Ames, IA	1:48:59	1:51:38	8:46
441	23	W45	Teresa Lyon, 48*, Muscatine, IA	1:49:00	1:50:56	8:46
442	88	W30	Vanessa Whiting, 31*, Cedar Falls, IA	1:49:00	1:49:50	8:46
443	73	W20	Mackenzie Erwin, 23*, Des Moines, IA	1:49:00	1:50:15	8:46
1280	70	M50	Chuck Shives, 51, West Des Moines, IA	1:49:00	1:50:01	8:46
1281	166	M40	Eric Christensen, 40, Indianola, IA	1:49:00	1:50:14	8:46
1282	120	M20	Ben Keenan, 24, Des Moines, IA	1:49:01	1:50:16	8:46
444	24	W45	Chris Gorman, 45*, Council Bluffs, IA	1:49:04	1:50:16	8:47
1283	71	M50	Jeff Hileman, 51, Knoxville, IA	1:49:04	1:50:15	8:47
445	25	W45	Julie Olmstead, 47*, Webster City, IA	1:49:04	1:50:49	8:47
446	89	W30	Heather Brown, 32*, St. Louis Park, MN	1:49:06	1:53:04	8:47
1284	228	M25	Kyle Poppens, 27, Ames, IA	1:49:07	1:51:42	8:47
1285	167	M40	Brad Plummer, 41, Dubuque, IA	1:49:07	1:55:09	8:47
447	26	W45	Holli Hillmer, 45*, Eldora, IA	1:49:08	1:49:21	8:47
1286	229	M25	John W Iv Meyer, 27, West Des Moines, IA	1:49:08	1:49:13	8:47
448	105	W25	Vanessa Grier, 27*, Iowa City, IA	1:49:09	1:51:15	8:47
1287	168	M40	Peter Lynch, 44, West Des Moines, IA	1:49:11	1:52:18	8:47
1288	230	M25	Robert Coulson, 29, Eagan, MN	1:49:11	1:50:42	8:47
1289	72	M50	Joe Henry, 53, Des Moines, IA	1:49:11	1:50:32	8:47
449	90	W30	Megan Abbott, 30*, Marion, IA	1:49:11	1:52:21	8:47
1290	231	M25	Thomas Meierotto, 26, West Des Moines, IA	1:49:12	1:50:52	8:47
1291	169	M40	William McGinn, 43, Johnston, IA	1:49:13	1:49:59	8:47
1292	38	JrM	McKendre Veenstra, 16, Cedar Rapids, IA	1:49:13	1:50:55	8:47
450	106	W25	Ellen Huppenbauer, 25*, Ankeny, IA	1:49:13	1:50:45	8:47
1293	180	M35	Todd Anthony, 37, Johnston, IA	1:49:14	1:49:59	8:47
1294	232	M25	Jeff Judisch, 29, Cedar Falls, IA	1:49:15	1:52:00	8:47
451	27	W45	Mauree Bamrick-Burtness, 46*, Clear Lake, IA	1:49:17	1:52:12	8:48
1295	239	M30	Scott Hansen, 32, Charles City, IA	1:49:18	1:51:27	8:48
1296	181	M35	Pat Ryan, 39, Urbandale, IA	1:49:18	1:51:41	8:48
452	107	W25	Lauren Haakinson, 28*, Chicago, IL	1:49:19	1:51:09	8:48
453	74	W20	Lisa Schreck, 24*, Carroll, IA	1:49:19	1:50:09	8:48
1297	233	M25	Brian Riley, 25, Waukee, IA	1:49:20	1:53:46	8:48
454	91	W30	Christina Djerf, 31*, Cedar Rapids, IA	1:49:20	1:55:23	8:48
455	75	W20	Jessica Allard, 23*, Cedar Rapids, IA	1:49:20	1:54:35	8:48
1298	121	M20	Dustin Shannon, 24, West Des Moines, IA	1:49:20	1:50:44	8:48
1299	240	M30	Josh Rank, 32, Ankeny, IA	1:49:20	1:49:41	8:48
456	108	W25	Laura Fliehler, 28*, Ankeny, IA	1:49:21	1:49:41	8:48
1300	170	M40	Nick Tornabane, 41, Waukee, IA	1:49:21	1:52:35	8:48
1301	234	M25	Joel Elscott, 28, Altoona, IA	1:49:21	1:51:18	8:48
457	79	W35	Dawn Anderson, 39*, Iowa City, IA	1:49:21	1:52:09	8:48
1302	74	M17	Jacob Wonderlich, 18, Ollie, IA	1:49:22	1:54:37	8:48
1303	73	M50	Michael Lee, 51, Ames, IA	1:49:22	1:49:54	8:48
1304	122	M20	Phil Odonnell, 23, West Des Moines, IA	1:49:22	1:58:39	8:48
1305	182	M35	Clint Thomas, 36, Mason City, IA	1:49:22	1:52:17	8:48
458	109	W25	Emily Mueller, 28*, Ankeny, IA	1:49:24	1:50:00	8:48
1306	41	M55	David Steffens, 59, St Cloud, MN	1:49:25	1:54:00	8:48
1307	235	M25	Todd Slaymaker, 27, Des Moines, IA	1:49:25	1:50:56	8:48
459	6	W55	Elaine Van Dyck, 56*, Des Moines, IA	1:49:26	1:51:39	8:48
1308	74	M50	Kevin Emge, 51, Grinnell, IA	1:49:26	1:51:23	8:48
460	76	W20	Lyndsey Mueller, 22*, Urbandale, IA	1:49:26	1:52:26	8:48
1309	241	M30	Peter Frett, 32, Des Moines, IA	1:49:27	1:52:25	8:48
461	12	W50	Cathy Callan, 50*, Hastings, NE	1:49:27	1:52:07	8:48
462	80	W35	Jenn Sands, 35*, Clarinda, IA	1:49:27	1:52:53	8:48
1310	123	M20	Eric Kellogg, 22, Grimes, IA	1:49:27	1:52:18	8:48
463	13	W50	Ramona Lucas, 50*, Bellevue, NE	1:49:27	1:50:56	8:48
464	48	W40	Jenny Storts, 41*, Clive, IA	1:49:29	1:49:48	8:49
465	81	W35	Teresa Brooks, 38*, West Des Moines, IA	1:49:29	1:50:21	8:49

466	49	W40	Kara Rayner, 42*, North Liberty, IA	1:49:30	1:51:01	8:49
1311	242	M30	Robert Mourlam, 32, Cedar Rapids, IA	1:49:30	1:52:12	8:49
467	14	W50	Denise Whiting, 51*, Iowa City, IA	1:49:30	1:52:47	8:49
1312	114	M45	Jeff Schachtner, 45, Clive, IA	1:49:31	1:52:10	8:49
1313	171	M40	James Stegeman, 40, Des Moines, IA	1:49:31	1:52:47	8:49
468	82	W35	Amy Jones, 36*, West Des Moines, IA	1:49:33	1:50:55	8:49
1314	124	M20	Tyler Bartels, 24, Urbandale, IA	1:49:33	1:58:35	8:49
1315	183	M35	Kevin Sporer, 39, Carney, IA	1:49:33	1:50:57	8:49
1316	172	M40	Andrew Lindstrom, 40, Clive, IA	1:49:34	1:51:35	8:49
1317	173	M40	Kendell Swanson, 43, Pella, IA	1:49:35	1:51:50	8:49
1318	184	M35	David Dueker, 36, Ankeny, IA	1:49:35	1:52:28	8:49
469	83	W35	Kristen Lehman, 36*, Lakeville, MN	1:49:35	1:51:20	8:49
470	50	W40	Valerie Schultz, 43*, Grinnell, IA	1:49:36	1:52:44	8:49
1319	185	M35	Steven Chasse, 39, Des Moines, IA	1:49:36	1:51:24	8:49
1320	174	M40	Kevin Barkema, 41, Conrad, IA	1:49:36	1:49:50	8:49
1321	236	M25	Brett Delaney, 26, Ankeny, IA	1:49:37	1:50:02	8:49
471	28	W45	Michelle Mullin, 45*, Clive, IA	1:49:37	1:52:08	8:49
472	15	W50	Linda Gobberdiel, 53*, West Des Moines, IA	1:49:37	1:51:30	8:49
1322	175	M40	Erik Haugen, 41, St. Charles, IL	1:49:39	1:52:01	8:49
1323	125	M20	Vance Rudolph, 23, Cedar Rapids, IA	1:49:40	1:54:23	8:49
1324	42	M55	Warrren Peterson, 56, Ackworth, IA	1:49:40	1:50:40	8:49
1325	243	M30	Jonathan Altes, 34, Norwalk, IA	1:49:40	1:51:07	8:49
1326	18	M60	Sam Fisher, 61, Boone, IA	1:49:41	1:52:19	8:49
1327	244	M30	Trevor McGinnis, 30, Johnston, IA	1:49:43	1:50:25	8:50
473	51	W40	Cindy Boss, 44*, Clive, IA	1:49:43	1:51:36	8:50
1328	237	M25	Grant Schulte, 27, Des Moines, IA	1:49:44	1:52:54	8:50
474	84	W35	Christine Vortherms, 37*, Polk City, IA	1:49:44	1:50:13	8:50
1329	245	M30	Thomas McGinnis, 34, Shenandoah, IA	1:49:44	1:50:26	8:50
475	110	W25	Tara Stemsrud, 27*, Council Bluffs, IA	1:49:44	1:52:02	8:50
1330	115	M45	Mike Heinrichs, 49, Webster City, IA	1:49:44	1:53:33	8:50
1331	246	M30	Aaron Stoltz, 31, Huxley, IA	1:49:45	1:51:37	8:50
1332	247	M30	Russell Zimmerman, 30, Huxley, IA	1:49:45	1:51:37	8:50
1333	248	M30	Dan Noe, 33, Huxley, IA	1:49:45	1:51:37	8:50
1334	75	M17	Brad Hovey, 19, Dallas Center, IA	1:49:45	1:51:47	8:50
476	16	W50	Barb Garrett, 50*, Clarinda, IA	1:49:46	1:52:23	8:50
1335	186	M35	Brad Myers, 38, Knoxville, IA	1:49:46	1:51:24	8:50
477	85	W35	Beth Stamper, 36*, Pella, IA	1:49:48	1:52:44	8:50
1336	176	M40	Vil Miller, 40, Ankeny, IA	1:49:48	1:51:57	8:50
1337	126	M20	Mike Plantz, 22, West Des Moines, IA	1:49:49	1:53:48	8:50
1338	238	M25	Justin Schlicher, 28, Ankeny, IA	1:49:49	1:55:25	8:50
478	111	W25	Shannon Mathes, 28*, Knoxville, IA	1:49:49	1:51:27	8:50
1339	76	M17	Joseph Christensen, 18, Chariton, IA	1:49:49	1:52:13	8:50
1340	127	M20	Jacob Lindsey, 24, Robins, IA	1:49:50	1:53:07	8:50
1341	249	M30	Robert Mallinger, 32, Ankeny, IA	1:49:50	1:52:35	8:50
479	112	W25	Nicole Parrott, 29*, West Des Moines, IA	1:49:50	1:51:40	8:50
1342	75	M50	Warren Chizek, 53, Marshalltown, IA	1:49:50	1:51:40	8:50
1343	43	M55	Greg Wool, 57, Ames, IA	1:49:50	1:52:05	8:50
1344	116	M45	Chris Jeffrey, 46, Iowa City, IA	1:49:50	1:53:14	8:50
480	77	W20	Katie Shindelar, 24*, Waucoma, IA	1:49:50	1:51:44	8:50
1345	77	M17	Will Folkerts, 18, Chariton, IA	1:49:51	1:52:15	8:50
1346	128	M20	Will Hall, 20, Clive, IA	1:49:52	1:52:00	8:50
1347	76	M50	John Meyer, 54, West Des Moines, IA	1:49:54	1:49:59	8:51
1348	187	M35	Timothy Barker, 39, Coralville, IA	1:49:54	1:53:05	8:51
481	92	W30	Jennifer O'Donnell, 31*, Ames, IA	1:49:54	1:53:42	8:51
1349	239	M25	Brian Kelley, 26, Peosta, IA	1:49:55	1:50:33	8:51
1350	177	M40	Dale Grieder, 40, Ankeny, IA	1:49:55	1:56:45	8:51
1351	178	M40	Mike Dillon, 41, Des Moines, IA	1:49:56	1:52:07	8:51
1352	240	M25	Kris Krebs, 26, Maxwell, IA	1:49:56	1:50:26	8:51
1353	179	M40	James Lunders, 41, Johnston, IA	1:49:58	1:50:13	8:51
1354	117	M45	Dan Staples, 49, Winterset, IA	1:49:58	1:59:47	8:51
1355	180	M40	JoAnn Green, 42, Urbandale, IA	1:49:59	1:52:21	8:51
1356	77	M50	Thomas McGrath, 54, Elk River, MN	1:49:59	1:50:58	8:51
1357	241	M25	Tom Edgington, 27, Waukee, IA	1:49:59	1:52:13	8:51
1358	242	M25	Ryan Mortier, 26, West Des Moines, IA	1:50:00	1:50:30	8:51
1359	188	M35	Travis Rosenmeyer, 35, Urbandale, IA	1:50:01	1:51:06	8:51

1360	129	M20	Matthew Nilan, 24, Des Moines, IA	1:50:01	1:50:01	8:51
482	86	W35	Sara Lehman, 38*, Ames, IA	1:50:02	1:51:31	8:51
483	113	W25	Erica Diehl, 27*, Cedar Rapids, IA	1:50:02	1:52:24	8:51
484	93	W30	Amanda Oleson, 34*, West Des Moines, IA	1:50:03	1:51:03	8:51
485	114	W25	Lynette Woodrow, 26*, Glenwood, IA	1:50:04	1:54:22	8:51
486	87	W35	Kristina Schmidt, 39*, West Des Moines, IA	1:50:04	1:53:18	8:51
487	88	W35	Melissa Billings, 35*, Ankeny, IA	1:50:04	1:51:49	8:51
1361	250	M30	David Muenchrath, 32, Windsor Heights, IA	1:50:04	1:55:36	8:51
488	52	W40	Shelley Birmingham, 43*, Johnston, IA	1:50:04	1:51:37	8:51
1362	251	M30	Jason Dabroski, 31, Marion, IA	1:50:05	1:53:15	8:51
1363	243	M25	Sam Early, 25, Des Moines, IA	1:50:05	1:51:55	8:51
1364	252	M30	Courtney Behrens, 30, West Des Moines, IA	1:50:06	1:53:19	8:52
1365	181	M40	Terry Jessen, 42, Marion, IA	1:50:07	1:53:21	8:52
489	89	W35	Jennifer Rose, 35*, West Des Moines, IA	1:50:09	1:56:50	8:52
1366	189	M35	Jerrod Lynott, 36, Hawarden, IA	1:50:09	1:53:38	8:52
1367	253	M30	Matt Reiter, 32, West Des Moines, IA	1:50:10	1:53:13	8:52
1368	190	M35	Matt Moritz, 36, Fort Dodge, IA	1:50:10	1:53:38	8:52
1369	254	M30	Andy Richardson, 33, Huxley, IA	1:50:10	1:52:36	8:52
1370	191	M35	Angel Hernandez, 37, Des Moines, IA	1:50:10	1:59:22	8:52
1371	255	M30	Mark Miller, 31, Grimes, IA	1:50:11	1:58:12	8:52
1372	256	M30	Scott Mikkelsen, 33, Grimes, IA	1:50:11	1:56:47	8:52
1373	44	M55	Jonathan Buss, 57, Ames, IA	1:50:12	1:52:57	8:52
490	78	W20	Valerie Steinmetz, 20*, Ames, IA	1:50:12	1:51:26	8:52
1374	244	M25	Josh Welter, 28, St. Paul, MN	1:50:13	1:51:42	8:52
1375	182	M40	David Decker, 40, Clive, IA	1:50:13	1:50:47	8:52
491	115	W25	Stacie Knipper, 27*, Des Moines, IA	1:50:15	1:53:25	8:52
1376	245	M25	Jonathan Wang, 28, Urbandale, IA	1:50:15	1:56:34	8:52
492	116	W25	Darci Pratt, 27*, West Des Moines, IA	1:50:16	1:52:45	8:52
493	90	W35	Sandi Deery, 37*, Des Moines, IA	1:50:17	1:59:10	8:52
494	12	W17	Kristin Riley, 19*, Wdm, IA	1:50:17	1:51:52	8:52
1377	246	M25	Brian Gunsolley, 28, Ankeny, IA	1:50:18	1:52:18	8:52
495	117	W25	Jessica Gunsolley, 27*, Ankeny, IA	1:50:18	1:52:19	8:52
496	118	W25	Sarah Michaelson, 29*, Jefferson, IA	1:50:19	1:51:21	8:53
1378	247	M25	Jason Oskvig, 27, West Des Moines, IA	1:50:19	1:52:57	8:53
1379	45	M55	Will Walling, 55, Polk City, IA	1:50:19	1:51:56	8:53
497	79	W20	Darci Folkerts, 24*, Des Moines, IA	1:50:20	1:51:16	8:53
1380	248	M25	Jeff Goetz, 27, Ankeny, IA	1:50:20	2:01:03	8:53
1381	249	M25	Jason Trost, 29, West Des Moines, IA	1:50:21	1:53:36	8:53
1382	257	M30	Brian Steward, 32, Urbandale, IA	1:50:21	1:53:36	8:53
1383	192	M35	Samuel Macke, 39, Ankeny, IA	1:50:21	1:51:36	8:53
1384	78	M50	Thomas Dirks, 54, Mingo, IA	1:50:22	1:52:01	8:53
1385	250	M25	Matthew Roberts, 27, Des Moines, IA	1:50:22	1:51:51	8:53
1386	79	M50	Thomas Hoehamer, 52, Des Moines, IA	1:50:22	1:52:29	8:53
1387	251	M25	John Maly, 28, Des Moines, IA	1:50:23	1:52:52	8:53
1388	80	M50	Hank Manning, 54, Des Moines, IA	1:50:26	1:52:27	8:53
1389	258	M30	Jason Badtram, 33, Johnston, IA	1:50:27	1:53:18	8:53
1390	19	M60	Richard Blanshan, 62, Jefferson, IA	1:50:27	1:53:54	8:53
1391	252	M25	Paul Fisher, 28, Lombard, IL	1:50:27	1:53:08	8:53
1392	253	M25	James McConkey, 26, Des Moines, IA	1:50:27	1:51:12	8:53
1393	193	M35	Kevin Waddle, 36, Kirksville, MO	1:50:27	1:52:55	8:53
1394	46	M55	Tom Wieseler, 57, Mt. Vernon, IA	1:50:27	1:59:00	8:53
1395	39	JrM	Ty Keith, 16, Fort Dodge, IA	1:50:28	1:51:44	8:53
498	29	W45	Molly Whaley, 49*, Iowa City, IA	1:50:28	1:52:27	8:53
1396	81	M50	Tom Hagemann, 50, Des Moines, IA	1:50:30	1:51:13	8:53
499	94	W30	Trisha Hall, 34*, West Liberty, IA	1:50:30	1:52:08	8:53
1397	183	M40	Delane Wolter, 43, Palo, IA	1:50:30	1:51:27	8:53
1398	82	M50	Kary Miller, 52, Cedar Rapids, IA	1:50:31	1:53:13	8:53
1399	130	M20	Christoper Glover, 21, Ames, IA	1:50:31	1:57:17	8:54
1400	118	M45	Steven Keay, 49, West Des Moines, IA	1:50:31	1:51:36	8:54
1401	184	M40	Goodluck Mukome, 40, West Des Moines, IA	1:50:33	1:53:07	8:54
1402	194	M35	Justin Sample, 36, Huxley, IA	1:50:33	1:52:52	8:54
1403	47	M55	David Acker, 57, Ames, IA	1:50:33	1:53:40	8:54
1404	185	M40	Jon Thompson, 43, Urbandale, IA	1:50:33	1:51:21	8:54
1405	186	M40	Kevin Fynaardt, 41, West Des Moines, IA	1:50:33	1:53:18	8:54
1406	187	M40	Kenneth Bernstein, 42, Des Moines, IA	1:50:33	1:52:43	8:54

500	53	W40	Tammy Amundson, 44*, Beaman, IA	1:50:34	1:52:19	8:54
1407	48	M55	Dale Bunting, 57, West Des Moines, IA	1:50:34	1:52:56	8:54
501	119	W25	Ellen Brockmann, 29*, Des Moines, IA	1:50:35	1:53:48	8:54
502	91	W35	Erin Olson-Douglas, 36*, Des Moines, IA	1:50:35	1:51:34	8:54
1408	254	M25	Patrick McKenna, 27, West Des Moines, IA	1:50:35	1:55:28	8:54
1409	259	M30	Mark McKenna, 31, Ankeny, IA	1:50:35	1:55:28	8:54
1410	255	M25	Paul Beeston, 27, Des Moines, IA	1:50:35	1:56:14	8:54
1411	119	M45	Humberto Gutierrez, 45, Ames, IA	1:50:35	1:52:24	8:54
503	95	W30	Carrie Olson, 33*, West Des Moines, IA	1:50:35	1:51:34	8:54
1412	188	M40	Chris Burch, 40, Des Moines, IA	1:50:36	1:51:17	8:54
504	92	W35	Heidi Wauters, 35*, Belle Plaine, IA	1:50:37	1:51:43	8:54
1413	189	M40	Gordy Dye, 43, Sheffield, IA	1:50:38	1:53:35	8:54
505	96	W30	Michelle Hall, 31*, Minneaplis, MN	1:50:40	1:52:25	8:54
506	54	W40	Laurie Peterson, 41*, West Des Moines, IA	1:50:40	2:01:00	8:54
507	97	W30	Karen Davison, 33*, North Liberty, IA	1:50:40	1:52:25	8:54
508	93	W35	Jennifer Joyce, 36*, Hiawatha, IA	1:50:42	2:02:12	8:54
1414	260	M30	Jesper Andersson, 34, West Des Moines, IA	1:50:42	1:51:33	8:54
1415	190	M40	Matt Tullis, 42, Marshalltown, IA	1:50:43	1:51:05	8:54
1416	120	M45	Brad Crossett, 48, Knoxville, IA	1:50:43	1:51:54	8:54
509	17	W50	Victoria Lacey, 54*, Johnston, IA	1:50:43	1:51:51	8:54
1417	261	M30	Matthew Hamand, 30, Cedar Rapids, IA	1:50:43	1:54:35	8:54
510	120	W25	Michelle Brock, 25*, Ogden, IA	1:50:43	1:54:10	8:55
511	13	W17	Jaisa Miller, 18*, Solon, IA	1:50:44	1:50:56	8:55
512	121	W25	Whitney Mitvalsky, 25*, Waverly, IA	1:50:44	1:53:14	8:55
513	14	W17	Madeline Walkner, 18*, Solon, IA	1:50:44	1:50:56	8:55
514	94	W35	Julie Peterson, 39*, Ames, IA	1:50:44	1:52:18	8:55
515	122	W25	Mandy Rogers, 28*, West Des Moines, IA	1:50:44	1:53:18	8:55
1418	131	M20	Craig Neiderheiser, 24, Prole, IA	1:50:45	1:51:30	8:55
516	55	W40	Dona Cretors, 40*, Grimes, IA	1:50:46	1:52:04	8:55
1419	121	M45	Ken Fangman, 47, Farley, IA	1:50:47	1:53:35	8:55
1420	195	M35	Ahmed Choudhury, 38, Ankeny, IA	1:50:48	1:55:47	8:55
517	98	W30	Misty Reid, 32*, Kelley, IA	1:50:48	1:56:06	8:55
518	123	W25	Lani Hefel, 25*, Clive, IA	1:50:49	1:51:13	8:55
1421	256	M25	Ryan Richard, 26, West Des Moines, IA	1:50:50	1:52:52	8:55
1422	132	M20	Stasos Clark, 24, Des Moines, IA	1:50:50	1:52:52	8:55
1423	191	M40	Jeff Kimrey, 40, Johnston, IA	1:50:50	1:51:32	8:55
519	56	W40	Jody Kimrey, 41*, Johnston, IA	1:50:51	1:51:32	8:55
520	95	W35	Jennifer Perkins, 37*, Waukee, IA	1:50:51	1:51:25	8:55
521	99	W30	Heather Miller, 34*, Urbandale, IA	1:50:52	1:51:25	8:55
1424	196	M35	Matthew Ferring, 37, Des Moines, IA	1:50:52	1:53:45	8:55
1425	122	M45	Dale Stephens, 48, Johnston, IA	1:50:52	1:54:27	8:55
1426	192	M40	Gerard Amadeo, 44, Des Moines, IA	1:50:52	1:52:04	8:55
522	96	W35	Jill Anonson, 39*, West Des Moines, IA	1:50:52	1:51:25	8:55
1427	197	M35	Steven McIntosh, 39, Des Moines, IA	1:50:53	1:54:05	8:55
523	124	W25	Cathy Struecker, 28*, Knoxville, IA	1:50:54	1:51:16	8:55
524	57	W40	Andria Nelson, 40*, Ankeny, IA	1:50:54	1:54:12	8:55
525	97	W35	Ellen Farseth, 36*, Minneapolis, MN	1:50:54	1:52:30	8:55
1428	193	M40	Michael Herrig, 40, Dubuque, IA	1:50:54	1:52:31	8:55
1429	257	M25	James Hill, 28, Polk City, IA	1:50:54	1:54:13	8:55
526	125	W25	Jane Cline, 29*, Waverly, IA	1:50:55	1:53:47	8:55
1430	198	M35	Chad Strauss, 37, Johnston, IA	1:50:56	1:52:47	8:56
1431	49	M55	Dewayne Bonnett, 58, Strawberry Point, IA	1:50:56	1:52:12	8:56
1432	194	M40	David Wonnell, 41, Cambridge, IA	1:50:57	1:53:49	8:56
1433	262	M30	Andrew Evers, 32, Ames, IA	1:50:58	1:55:22	8:56
527	126	W25	Kelly Kalvelage, 27*, Des Moines, IA	1:50:58	1:51:21	8:56
1434	199	M35	John Oneil, 36, Des Moines, IA	1:50:58	1:52:15	8:56
1435	83	M50	Ryan Warner, 52, Clayton, MO	1:50:58	1:53:28	8:56
1436	84	M50	Rick Gubbels, 52, Des Moines, IA	1:50:59	1:53:31	8:56
528	98	W35	Deann Thoreson, 36*, Knoxville, IA	1:50:59	1:52:08	8:56
529	99	W35	Pamela Banyas, 37*, Ankeny, IA	1:50:59	1:53:31	8:56
1437	20	M60	Gordy Strickland, 63, Rochester, MN	1:51:00	1:51:36	8:56
530	127	W25	Kathryn Atkinson, 26*, Des Moines, IA	1:51:00	1:54:37	8:56
1438	195	M40	Scott Johnston, 40, Indianola, IA	1:51:00	1:51:58	8:56
1439	263	M30	Jeremy Baysinger, 32, Pleasant Hill, IA	1:51:01	1:52:21	8:56
531	80	W20	Callie Adreon, 23*, Eddyville, IA	1:51:02	1:54:19	8:56

1440	123	M45	Sean Lawyer, 45, Des Moines, IA	1:51:02	1:53:42	8:56
1441	85	M50	Vincent Carbino, 50, Ankeny, IA	1:51:03	1:54:28	8:56
532	128	W25	Lindsay Prendergast, 26*, Des Moines, IA	1:51:03	1:52:11	8:56
1442	258	M25	Joey Poschner, 29, Urbandale, IA	1:51:05	1:52:25	8:56
1443	40	JrM	Trevor Schmitt, 14, West Des Moines, IA	1:51:06	1:52:20	8:56
533	15	W17	Emily Gowing, 19*, Clarinda, IA	1:51:06	1:53:44	8:56
1444	200	M35	Blair Smith, 39, Des Moines, IA	1:51:07	1:52:21	8:56
1445	50	M55	Lee Tesdell, 59, Slater, IA	1:51:07	1:52:06	8:56
1446	264	M30	Ryan Malloy, 32, Williamsburg, IA	1:51:07	1:57:43	8:56
1447	201	M35	Phil Stover, 38, Des Moines, IA	1:51:07	1:54:29	8:56
1448	259	M25	Seth Church, 27, Cresco, IA	1:51:08	1:53:06	8:56
1449	260	M25	Michael Caley, 26, West Des Moines, IA	1:51:08	1:57:54	8:56
1450	124	M45	Tom Hauser, 49, Chanhassen, MN	1:51:08	1:52:18	8:57
1451	51	M55	Mike Gardner, 56, Solon, IA	1:51:09	1:52:37	8:57
1452	261	M25	Chris Langpaul, 28, West Des Moines, IA	1:51:09	1:59:03	8:57
1453	133	M20	Nate Looker, 20, Des Moines, IA	1:51:09	1:57:58	8:57
534	100	W30	Casey Fonley, 30*, Cedar Falls, IA	1:51:10	1:58:25	8:57
1454	125	M45	Daniel Reed, 49, Edina, MN	1:51:10	1:52:03	8:57
1455	265	M30	Key Kain, 31, Iowa City, IA	1:51:10	1:51:37	8:57
1456	202	M35	Eric Camper, 38, Des Moines, IA	1:51:10	1:54:28	8:57
535	58	W40	Ranea Rehse, 41*, Ida Grove, IA	1:51:11	1:53:23	8:57
536	30	W45	Annette Krause, 48*, West Des Moines, IA	1:51:11	1:52:42	8:57
1457	134	M20	David Williams, 24, Indianola, IA	1:51:11	1:54:29	8:57
1458	262	M25	Jeremy Schweitzer, 27, Ames, IA	1:51:11	1:52:02	8:57
1459	203	M35	Chad Willis, 36, Ottumwa, IA	1:51:11	1:59:24	8:57
537	81	W20	Allie Mackey, 24*, West Des Moines, IA	1:51:12	1:51:12	8:57
538	101	W30	Tara Notz, 30*, Ankeny, IA	1:51:12	1:55:50	8:57
1460	52	M55	Kelly Ross, 55, Osage, IA	1:51:12	2:00:11	8:57
539	82	W20	Elizabeth Rottenberg, 24*, Des Moines, IA	1:51:12	1:55:18	8:57
540	129	W25	Kirstina Gratz, 26*, Iowa City, IA	1:51:12	1:55:14	8:57
541	102	W30	Jennifer Hains, 31*, Lakewood, CO	1:51:12	1:55:48	8:57
542	103	W30	Dawn Boldt, 33*, Waukee, IA	1:51:12	1:54:29	8:57
1461	263	M25	Tyler Kaye, 26, Cedar Rapids, IA	1:51:13	1:52:14	8:57
1462	196	M40	Robert Stomp, 40, Clive, IA	1:51:13	1:54:04	8:57
1463	126	M45	Kevin Moreland, 49, West Des Moines, IA	1:51:13	1:52:23	8:57
1464	264	M25	Jarrod Sheets, 29, Winterset, IA	1:51:13	1:54:48	8:57
1465	265	M25	David Djordjevic, 26, Clive, IA	1:51:14	1:54:17	8:57
1466	78	M17	Sam Brown, 19, Wilton, IA	1:51:15	1:53:51	8:57
1467	21	M60	Glenn Michael, 60, Glendale, AZ	1:51:15	1:52:16	8:57
543	100	W35	Tricia Crain, 36*, Nevada, IA	1:51:16	1:52:15	8:57
1468	53	M55	Dennis Linn, 58, Pella, IA	1:51:16	1:53:07	8:57
1469	266	M30	Brandon Brown, 30, Ankeny, IA	1:51:16	1:53:18	8:57
1470	204	M35	Tom Trygstad, 38, Clive, IA	1:51:17	1:54:00	8:57
544	31	W45	Martha Freeman, 47*, Urbandale, IA	1:51:17	1:52:50	8:57
1471	267	M30	Scott Ford, 33, Clive, IA	1:51:17	1:54:59	8:57
1472	86	M50	Randy Sly, 52, Grimes, IA	1:51:18	1:53:48	8:57
545	104	W30	Jennifer York, 30*, West Des Moines, IA	1:51:18	1:54:34	8:57
546	101	W35	Jody Angus, 37*, Johnston, IA	1:51:18	1:59:44	8:57
1473	268	M30	Derick Wilson, 33, Ankeny, IA	1:51:18	1:53:59	8:57
547	32	W45	Angela Doran, 45*, Boone, IA	1:51:19	1:55:05	8:57
548	102	W35	Amy Belloma, 39*, Centerville, IA	1:51:21	1:54:02	8:58
549	16	W17	Nicole Meyer, 19*, Johnston, IA	1:51:21	1:56:05	8:58
1474	127	M45	Matthew Miller, 47, Brookings, SD	1:51:22	1:52:41	8:58
1475	128	M45	Gordon Kratz, 47, Urbandale, IA	1:51:22	1:57:42	8:58
1476	197	M40	Donnie Kamp, 42, Chula, MO	1:51:23	1:54:26	8:58
550	105	W30	Kristy Miller, 32*, Milford, IA	1:51:24	1:52:22	8:58
551	33	W45	Carol Stephens, 49*, Westminster, CO	1:51:24	1:54:55	8:58
1477	135	M20	Carl Bakker, 22, Dike, IA	1:51:25	1:52:51	8:58
1478	205	M35	Jeff Russell, 38, Des Moines, IA	1:51:26	1:53:41	8:58
552	130	W25	Kimberly Pieper, 29*, Kansas City, MO	1:51:27	1:53:43	8:58
1479	206	M35	Steven Kroeger, 35, Ames, IA	1:51:27	1:53:43	8:58
553	59	W40	Shari Osier, 44*, Bondurant, IA	1:51:27	1:54:08	8:58
554	60	W40	Jill Sager, 42*, Pleasantville, IA	1:51:27	1:55:04	8:58
555	34	W45	Mitzi Nelson, 49*, Urbandale, IA	1:51:28	1:52:16	8:58
556	18	W50	Becky Nichols, 50*, Des Moines, IA	1:51:28	1:53:51	8:58

557	103	W35	Lisa Krugler, 37*, Des Moines, IA	1:51:29	1:55:38	8:58
558	104	W35	Barbara Bacon, 36*, Knoxville, IA	1:51:29	1:55:05	8:58
1480	269	M30	Zac Zwickel, 34, Shenandoah, IA	1:51:30	1:52:12	8:58
559	106	W30	Michelle Leichtman, 32*, Coralville, IA	1:51:30	1:54:06	8:58
1481	266	M25	Paul Schechinger, 25, Council Bluffs, IA	1:51:30	1:54:47	8:58
1482	87	M50	Steven Wood, 52, West Des Moines, IA	1:51:30	1:55:29	8:58
560	107	W30	Denae Rinderknecht, 33*, Des Moines, IA	1:51:31	1:52:56	8:58
1483	207	M35	Brian Schurz, 36, Carlisle, IA	1:51:31	1:54:37	8:58
1484	208	M35	Dave Orr, 36, Humboldt, IA	1:51:31	1:51:45	8:58
561	61	W40	Julie Bradley, 43*, Palo, IA	1:51:32	1:54:34	8:58
562	62	W40	Barb Mendoza, 44*, Grimes, IA	1:51:32	1:52:37	8:58
1485	198	M40	Brad Willie, 43, Urbandale, IA	1:51:32	1:51:47	8:58
1486	270	M30	Matthew Trosper, 33, Ankeny, IA	1:51:32	1:51:53	8:58
1487	136	M20	Brett Swim, 24, West Des Moines, IA	1:51:33	1:55:50	8:58
563	35	W45	Teresa Newman, 48*, Fort Dodge, IA	1:51:33	1:53:51	8:58
564	108	W30	Maria Trosper, 33*, Ankeny, IA	1:51:33	1:51:53	8:59
1488	209	M35	Tom Boettcher, 35, Des Moines, IA	1:51:34	1:58:42	8:59
565	105	W35	Stacie O'Connor, 38*, Indianola, IA	1:51:34	1:55:02	8:59
1489	54	M55	Galen Wilke, 59, Ames, IA	1:51:35	1:53:09	8:59
1490	267	M25	Jack Davenport, 27, Iowa City, IA	1:51:35	1:56:07	8:59
1491	210	M35	Brent Ouellette, 38, Ankeny, IA	1:51:35	1:52:02	8:59
566	83	W20	Heather Hanson, 24*, Iowa City, IA	1:51:35	1:53:53	8:59
1492	268	M25	Tyson Finck, 28, West Des Moines, IA	1:51:36	1:56:08	8:59
567	84	W20	Kelsey Meighan, 21*, Ankeny, IA	1:51:37	1:52:20	8:59
1493	211	M35	Mike Penningroth, 38, Urbandale, IA	1:51:37	1:56:04	8:59
1494	55	M55	Tom Tecklenburg, 55, Humboldt, IA	1:51:37	1:55:42	8:59
1495	129	M45	Thomas Duff, 47, Des Moines, IA	1:51:37	1:53:35	8:59
568	109	W30	Tracy Wolfe, 31*, Macksburg, IA	1:51:38	1:53:35	8:59
1496	271	M30	Ron Oveson, 31, Wilton, IA	1:51:38	1:53:43	8:59
1497	22	M60	Carl Voss, 61, Des Moines, IA	1:51:38	1:53:39	8:59
569	131	W25	Angela Haverly, 25*, Coralville, IA	1:51:39	1:53:02	8:59
570	63	W40	Kris Robson, 44*, Urbandale, IA	1:51:39	1:51:58	8:59
571	132	W25	Janelle Schmidt, 26*, Clive, IA	1:51:40	1:53:52	8:59
1498	199	M40	Dan Dirks, 44, Coralville, IA	1:51:41	1:53:20	8:59
1499	56	M55	Randy Renze, 55, Ankeny, IA	1:51:41	1:55:00	8:59
1500	269	M25	George Wescott, 27, Kirksville, MO	1:51:41	1:54:09	8:59
1501	200	M40	Scott Hock, 41, Ames, IA	1:51:41	1:57:49	8:59
1502	137	M20	Thomas McCormick, 21, Des Moines, IA	1:51:41	1:57:00	8:59
572	133	W25	Kimberly Kult, 27*, Polk City, IA	1:51:41	1:53:44	8:59
573	36	W45	Jill Wanninger, 45*, Jefferson, IA	1:51:41	1:52:55	8:59
1503	88	M50	Jon D Williams, 51, Urbandale, IA	1:51:42	1:53:01	8:59
1504	23	M60	David Friedgood, 61, W. Des Moines, IA	1:51:42	1:52:31	8:59
1505	272	M30	Nathan Linderman, 30, Des Moines, IA	1:51:42	1:53:22	8:59
1506	212	M35	Brian Steburg, 38, Algona, IA	1:51:43	1:57:38	8:59
1507	57	M55	Jim Beranek, 57, Pella, IA	1:51:44	1:54:21	8:59
574	110	W30	Holly McHone, 32*, Spencer, IA	1:51:44	1:56:23	8:59
575	64	W40	Jacque Harms, 41*, West Des Moines, IA	1:51:44	1:52:03	8:59
576	85	W20	Sarah Tighe, 22*, Jamaica, IA	1:51:45	1:55:43	8:59
1508	201	M40	Michael Zeller, 42, Des Moines, IA	1:51:45	1:54:08	8:59
577	86	W20	Jenalee Williams, 21*, Urbandale, IA	1:51:45	1:53:04	8:59
578	106	W35	Melissa DeLay, 35*, Shoreview, MN	1:51:45	1:54:18	8:59
1509	213	M35	Chad Rhoads, 35, Des Moines, IA	1:51:46	1:55:50	9:00
579	134	W25	Kim Korleski, 28*, Rockwell City, IA	1:51:47	1:56:11	9:00
1510	202	M40	Jim Suedmeier, 42, Ankeny, IA	1:51:47	1:55:54	9:00
580	135	W25	Erica Clark, 26*, Mason City, IA	1:51:47	1:59:08	9:00
581	136	W25	Emily Frana, 28*, Clive, IA	1:51:47	1:56:48	9:00
582	137	W25	Libby Ibeling, 28*, Grimes, IA	1:51:48	1:53:00	9:00
1511	138	M20	Mike Snowden, 23, Mitchville, IA	1:51:48	1:53:08	9:00
1512	89	M50	Bob Bisenius, 54, Johnston, IA	1:51:48	1:52:46	9:00
1513	130	M45	David Peterson, 45, Sac City, IA	1:51:50	1:55:15	9:00
583	138	W25	Kelsey Williamson, 25*, Iowa City, IA	1:51:51	1:54:59	9:00
1514	273	M30	Dan Vallejo, 33, Ankeny, IA	1:51:51	1:53:36	9:00
584	87	W20	Kristen Vaughn, 24*, Overland Park, KS	1:51:51	1:55:24	9:00
585	111	W30	Xin Meng, 34*, Johnston, IA	1:51:51	1:55:20	9:00
586	88	W20	Marie Boisen, 24*, West Des Moines, IA	1:51:52	1:53:07	9:00

587	89	W20	Erin Hagelberg, 21*, Minburn, IA	1:51:53	1:55:25	9:00
1515	90	M50	James Fuller, 51, Marshalltown, IA	1:51:53	1:52:47	9:00
588	112	W30	Gentry Smith, 33*, Des Moines, IA	1:51:53	2:01:25	9:00
1516	274	M30	Allen Rogers, 31, Melcher, IA	1:51:53	2:00:45	9:00
1517	275	M30	Brandon Rohlfesen, 31, Ankeny, IA	1:51:54	1:53:51	9:00
1518	276	M30	Jake Huyser, 33, Oskaloosa, IA	1:51:55	1:58:58	9:00
1519	79	M17	Mark Cooley, 17, Orient, IA	1:51:55	1:56:50	9:00
589	90	W20	Lacey Mitchell, 22*, Indianola, IA	1:51:56	1:54:00	9:00
590	65	W40	Allison Buell, 40*, Whiting, IN	1:51:56	1:53:23	9:00
591	66	W40	Kim Nees, 43*, Carroll, IA	1:51:56	1:52:58	9:00
1520	131	M45	Peter Stevenson, 46, Des Moines, IA	1:51:57	1:57:57	9:00
592	67	W40	Joelle White, 43*, Carroll, IA	1:51:57	1:52:58	9:00
1521	80	M17	Tyler Finders, 17, St. Charles, MO	1:51:57	1:58:27	9:00
1522	270	M25	Brandon Haines, 29, Des Moines, IA	1:51:57	1:58:53	9:00
1523	271	M25	Patrick Conway, 25, Granger, IA	1:51:57	1:53:20	9:00
1524	277	M30	Joel Jernstad, 30, Ankeny, IA	1:51:58	1:55:57	9:00
1525	272	M25	Christopher Moorhead, 26, Grimes, IA	1:51:58	1:56:52	9:00
593	113	W30	Lisa Hardersen, 31*, Urbandale, IA	1:51:59	1:54:34	9:01
1526	139	M20	John Guzman III, 21, Ankeny, IA	1:51:59	1:52:53	9:01
594	91	W20	Marissa Hare, 20*, Ida Grove, IA	1:51:59	1:53:18	9:01
1527	91	M50	Dave Versteeg, 51, Montezuma, IA	1:51:59	1:55:07	9:01
1528	273	M25	Brandon Donoho, 28, Ankeny, IA	1:52:00	1:52:58	9:01
595	37	W45	Karol Krumm, 45*, Boone, IA	1:52:00	1:53:34	9:01
1529	132	M45	Foster Hawkins, 48, Marshalltown, IA	1:52:00	1:53:35	9:01
596	38	W45	Nola Seaberg, 48*, Des Moines, IA	1:52:01	1:55:18	9:01
1530	203	M40	Larry Smith, 42, Ankeny, IA	1:52:02	1:53:38	9:01
597	39	W45	Margaret Fisher, 46*, Ames, IA	1:52:02	1:53:34	9:01
1531	274	M25	Matt Getz, 29, Iowa City, IA	1:52:03	1:54:49	9:01
598	68	W40	Melissa McCain, 41*, Papillion, NE	1:52:04	1:53:57	9:01
599	107	W35	Anne Condon, 38*, Barnum, IA	1:52:06	1:53:53	9:01
600	114	W30	Jess Heying, 34*, Waverly, IA	1:52:06	1:56:07	9:01
601	17	W17	Elana Gingerich, 17*, Parnell, IA	1:52:07	1:55:11	9:01
1532	81	M17	Dylan Essing, 18, Fort Dodge, IA	1:52:08	1:55:54	9:01
1533	214	M35	Chris Nelson, 38, Ames, IA	1:52:08	1:53:02	9:01
1534	58	M55	Tom Finnegan, 56, O Fallon, IL	1:52:08	1:57:00	9:01
1535	133	M45	Jerry Zenk, 45, Urbandale, IA	1:52:09	1:53:35	9:01
602	19	W50	Janet Donnelly, 50*, W Des Moines, IA	1:52:09	1:54:48	9:01
1536	204	M40	Brian Joens, 42, Des Moines, IA	1:52:09	1:55:10	9:01
1537	215	M35	Cris Swaim, 37, West Des Moines, IA	1:52:09	1:53:58	9:01
1538	275	M25	Zosh Zeutenhorst, 29, West Des Moines, IA	1:52:09	1:53:58	9:01
1539	216	M35	Heath Rhinehart, 37, Conrad, IA	1:52:10	1:53:01	9:02
603	139	W25	Shawna Ellis, 29*, New Virginia, IA	1:52:13	1:53:56	9:02
1540	205	M40	Scott Kephart, 41, Pella, IA	1:52:13	1:56:49	9:02
1541	217	M35	Jamie Meis, 35, Windsor Heights, IA	1:52:14	1:56:07	9:02
604	7	W55	Mary Razor, 55*, Omaha, NE	1:52:14	1:53:12	9:02
605	108	W35	Jill Smith, 39*, Clive, IA	1:52:15	1:54:46	9:02
606	140	W25	Jennifer Prendergast, 28*, Des Moines, IA	1:52:15	1:57:05	9:02
607	40	W45	Mary Gresham, 49*, Parkville, MO	1:52:16	1:55:02	9:02
608	115	W30	Robin Greenlee, 30*, Ames, IA	1:52:16	1:55:39	9:02
609	116	W30	Amanda Peterson, 32*, Johnston, IA	1:52:17	2:01:29	9:02
610	18	W17	Hannah Bartel, 19*, Iowa City, IA	1:52:17	1:55:22	9:02
1542	278	M30	Robert Cook, 30, West Des Moines, IA	1:52:17	1:55:39	9:02
611	141	W25	Leah Carter, 27*, West Des Moines, IA	1:52:17	1:55:39	9:02
612	142	W25	Rachel Tomas, 25*, Newton, IA	1:52:17	1:54:47	9:02
1543	218	M35	Paul Stover, 35, Ankeny, IA	1:52:18	1:53:43	9:02
1544	219	M35	Shane Thompson, 38, Logan, IA	1:52:18	1:52:35	9:02
1545	276	M25	Adam Behrends, 29, Clive, IA	1:52:19	1:57:35	9:02
613	143	W25	Liz Mead, 27*, West Des Moines, IA	1:52:19	1:55:52	9:02
614	109	W35	Jill Hill, 36*, West Des Moines, IA	1:52:19	1:53:52	9:02
615	19	W17	Carlie McMullen, 17*, Ankeny, IA	1:52:20	1:53:15	9:02
1546	277	M25	Samuel Lee, 27, Cedar Rapids, IA	1:52:20	1:55:03	9:02
1547	278	M25	Steve Good, 28, Cincinnati, OH	1:52:21	1:54:09	9:02
1548	279	M30	Peter Walsworth, 33, Ankeny, IA	1:52:21	1:56:13	9:02
616	20	W50	Lori Woodrow, 50*, Glenwood, IA	1:52:21	1:56:40	9:02
617	144	W25	Katie Mason, 25*, Des Moines, IA	1:52:21	1:53:02	9:02

1549	206	M40	Tim Stanfield, 42, Cedar Falls, IA	1:52:22	1:57:13	9:02
1550	279	M25	Brian Schenkelberg, 26, West Des Moines, IA	1:52:22	1:55:20	9:02
618	110	W35	Katie Thilges, 36*, Ankeny, IA	1:52:22	1:54:35	9:02
619	111	W35	Ashlee Fandel, 35*, Cedar Rapids, IA	1:52:23	1:54:10	9:03
1551	134	M45	Thomas Hunter, 45, West Des Moines, IA	1:52:25	1:55:58	9:03
620	117	W30	Cary Birdsall, 34*, Huxley, IA	1:52:26	1:54:59	9:03
621	21	W50	Jeannie Tison, 51*, Des Moines, IA	1:52:26	1:54:02	9:03
622	112	W35	Julie Grove, 35*, Ellsworth, IA	1:52:26	2:01:54	9:03
1552	207	M40	Kevin Wilhelm, 44, West Des Moines, IA	1:52:26	1:56:19	9:03
1553	220	M35	Peter Bowden, 36, Fort Dodge, IA	1:52:27	1:54:21	9:03
623	22	W50	D. Peterson, 52*, Grimes, IA	1:52:28	1:55:20	9:03
1554	59	M55	Bob Overstreet, 59, Des Moines, IA	1:52:28	1:53:01	9:03
1555	92	M50	Stephen Mulert, 53, Grimes, IA	1:52:28	1:55:50	9:03
624	41	W45	Darla McCall, 46*, Clarinda, IA	1:52:29	1:55:06	9:03
625	42	W45	Cindy Schecher, 45*, Waukee, IA	1:52:31	1:56:26	9:03
626	118	W30	Wendy Barlow, 34*, Altoona, IA	1:52:32	1:55:21	9:03
1556	41	JrM	Jack Kapustka, 14, Johnston, IA	1:52:32	1:53:59	9:03
627	145	W25	Cheyenne Steward, 26*, Ames, IA	1:52:33	1:57:56	9:03
628	146	W25	Laura Barnaby, 25*, Fort Dodge, IA	1:52:34	1:54:54	9:03
629	147	W25	Sarah Eichorn, 29*, Ames, IA	1:52:34	1:57:39	9:03
630	113	W35	Lyddia Asman, 36*, Grimes, IA	1:52:34	1:54:11	9:03
631	92	W20	Anne Moorhead, 24*, Iowa City, IA	1:52:34	1:57:29	9:03
632	8	W55	Lee Anna Clark, 58*, Iowa City, IA	1:52:34	1:59:55	9:03
1557	93	M50	Raymond Layton, 51, Ankeny, IA	1:52:35	1:54:14	9:03
1558	60	M55	Daniel Todd, 55, West Des Moines, IA	1:52:35	1:54:03	9:03
1559	280	M30	Aj Weieneth, 30, Waukee, IA	1:52:35	1:57:35	9:04
1560	281	M30	Nathan Stanton, 30, Des Moines, IA	1:52:36	1:54:54	9:04
633	114	W35	Melissa Strunk, 37*, North Liberty, IA	1:52:36	1:54:19	9:04
634	148	W25	Kate Brandstatter, 25*, Urbandale, IA	1:52:36	1:55:17	9:04
1561	61	M55	Rohan Fernando, 58, Ames, IA	1:52:36	1:56:26	9:04
1562	140	M20	Josh Howell, 24, Clive, IA	1:52:36	2:00:00	9:04
1563	221	M35	Jean Brisance, 39, Maple Grove, MN	1:52:37	1:53:54	9:04
635	119	W30	Carrie Bergman, 32*, Berkley, MI	1:52:37	1:58:05	9:04
636	149	W25	Lisa Kirkpatrick, 27*, Des Moines, IA	1:52:38	1:57:28	9:04
637	23	W50	Dee Henderson, 52*, Clive, IA	1:52:38	1:55:49	9:04
1564	94	M50	David Wilkerson, 50, Adel, IA	1:52:38	1:55:07	9:04
1565	141	M20	Sean Lunde, 23, West Des Moines, IA	1:52:39	1:54:49	9:04
1566	282	M30	Jonathan Scroggs, 33, Ankeny, IA	1:52:39	1:55:43	9:04
638	120	W30	Angie Hyer, 30*, Van Meter, IA	1:52:39	1:55:20	9:04
1567	280	M25	Matt Mobily, 25, Iowa City, IA	1:52:40	1:57:05	9:04
639	43	W45	Susan Knight, 46*, Spring Green, WI	1:52:40	1:55:07	9:04
640	150	W25	Shelley Heckert, 29*, Indianola, IA	1:52:41	1:53:53	9:04
1568	3	M65	Dean Rowe, 67, Princeton, IL	1:52:42	1:59:05	9:04
1569	283	M30	Joshua Hill, 32, Bloomfield, IA	1:52:42	1:55:10	9:04
1570	281	M25	Jonathan Schoeberl, 28, West Des Moines, IA	1:52:42	1:56:09	9:04
1571	95	M50	Dave Benz, 53, Marshalltown, IA	1:52:43	1:54:21	9:04
641	115	W35	Mindla White, 37*, Altoona, IA	1:52:43	1:56:33	9:04
642	69	W40	Jill Nelson, 43*, Bloomfield, IA	1:52:43	1:59:00	9:04
1572	222	M35	Travis Schwartz, 36, Independence, IA	1:52:44	1:56:23	9:04
643	151	W25	Lindsay Mann, 29*, West Des Moines, IA	1:52:45	1:55:53	9:04
644	121	W30	Madelain Jerousek-Smith, 31*, Des Moines, IA	1:52:45	1:55:54	9:04
1573	223	M35	Scott Dykstra, 37, Urbandale, IA	1:52:46	1:53:27	9:04
1574	96	M50	Scott Beckwith, 54, Ames, IA	1:52:48	1:53:41	9:05
1575	135	M45	Vince Vanderneck, 45, W. Des Moines, IA	1:52:48	1:54:47	9:05
1576	282	M25	Zachary Hall, 27, Clear Lake, IA	1:52:49	1:58:20	9:05
645	152	W25	Audrey Hinote, 25*, Jefferson, IA	1:52:49	1:55:14	9:05
646	116	W35	Jessica Block, 35*, Jefferson, IA	1:52:49	1:55:14	9:05
647	153	W25	Lisa Slater, 26*, Urbandale, IA	1:52:50	1:57:37	9:05
648	70	W40	Paula Allison, 44*, Boone, IA	1:52:51	1:54:24	9:05
1577	283	M25	Chad Hepperly, 26, West Des Moines, IA	1:52:51	1:57:03	9:05
1578	82	M17	Scott Hunefeld, 18, Urbandale, IA	1:52:51	1:58:26	9:05
1579	208	M40	Jim Persell, 40, Lee's Summit, MO	1:52:52	2:00:44	9:05

1580	142	M20	Brad McKee, 22, Kings Mountain, NC	1:52:52	1:54:06	9:05
649	122	W30	Angie Hunt, 34*, Ames, IA	1:52:53	1:55:18	9:05
650	93	W20	Jamie Olson, 24*, Ames, IA	1:52:53	1:55:18	9:05
1581	62	M55	Jim Dornfeld, 56, West Des Moines, IA	1:52:53	1:55:25	9:05
1582	209	M40	Nicholas Petersen, 43, Dubuque, IA	1:52:55	1:55:16	9:05
1583	136	M45	Will Hildreth, 49, Des Moines, IA	1:52:55	1:56:12	9:05
1584	210	M40	Shawn Adams, 40, Urbandale, IA	1:52:56	1:53:56	9:05
651	123	W30	Emily Kimes, 34*, Des Moines, IA	1:52:56	1:59:37	9:05
1585	211	M40	Tim Wells, 40, Altoona, IA	1:52:56	1:53:56	9:05
1586	284	M25	Andrew Holland, 27, Grimes, IA	1:52:56	1:55:44	9:05
1587	285	M25	Matthew Mandel, 29, West Des Moines, IA	1:52:56	2:01:20	9:05
1588	286	M25	Josh Briggs, 25, Clive, IA	1:52:58	1:55:12	9:05
1589	284	M30	Tim Heinemann, 32, Oskaloosa, IA	1:52:58	2:01:07	9:05
1590	212	M40	Jon Dreibelbis, 40, Des Moines, IA	1:52:58	1:59:47	9:05
1591	287	M25	Nathan Meier, 25, Ames, IA	1:52:59	1:56:37	9:05
1592	288	M25	Craig Padleckas, 25, Ankeny, IA	1:53:00	1:56:37	9:05
1593	63	M55	Kirk Tibbetts, 55, Urbandale, IA	1:53:01	1:54:19	9:06
1594	97	M50	Jack Dekkers, 50, Ames, IA	1:53:02	1:56:51	9:06
1595	285	M30	Philip West, 33, Urbandale, IA	1:53:03	1:59:42	9:06
1596	4	M65	Michael Thompson, 65, Urbandale, IA	1:53:03	1:56:46	9:06
1597	289	M25	Dmitriy Nanaziashvili, 28, Waukee, IA	1:53:03	1:59:21	9:06
1598	98	M50	Kevin Techau, 51, Des Moines, IA	1:53:04	1:53:27	9:06
652	154	W25	Jessica Flanigan, 25*, Iowa City, IA	1:53:05	2:00:19	9:06
653	155	W25	Lindsey Cospers, 25*, Iowa City, IA	1:53:05	2:00:19	9:06
654	117	W35	Mary Beatty, 36*, Earlham, IA	1:53:06	1:53:39	9:06
1599	286	M30	Tony Gabriel, 30, Grimes, IA	1:53:06	1:53:21	9:06
655	44	W45	Patti Plath, 45*, West Des Moines, IA	1:53:07	1:56:28	9:06
1600	224	M35	Kris Paulson, 35, Mason City, IA	1:53:07	1:57:11	9:06
656	71	W40	Tania Rosener, 43*, Johnston, IA	1:53:08	1:54:39	9:06
1601	225	M35	Chris Jones, 39, Dunkerton, IA	1:53:10	1:56:16	9:06
657	118	W35	Mary Brown, 39*, Gretna, NE	1:53:11	1:58:20	9:06
658	124	W30	Di O'Connor Dlr-Roberts, 31*, Ames, IA	1:53:11	1:53:16	9:06
1602	290	M25	Gareth Roberts, 29, Ames, IA	1:53:11	1:53:16	9:06
1603	137	M45	Scott Bandy, 45, Indianola, IA	1:53:11	2:01:03	9:06
659	94	W20	Ashley Hollingshead, 24*, Iowa City, IA	1:53:12	1:56:55	9:06
1604	64	M55	Brian Shriver, 58, Fort Dodge, IA	1:53:12	1:54:30	9:06
1605	226	M35	Shane Carman, 38, Nevada, IA	1:53:12	1:55:31	9:06
660	125	W30	Erin Frerichs, 34*, Milford, IA	1:53:12	1:54:10	9:06
1606	227	M35	Jon Hartgers, 37, Maxwell, IA	1:53:12	1:55:02	9:06
661	95	W20	Rena DeVolder, 24*, Huxley, IA	1:53:12	1:56:56	9:06
662	24	W50	Carol Brockway, 50*, Bettendorf, IA	1:53:12	1:54:21	9:06
663	126	W30	Tiffani Conlon, 30*, Sioux City, IA	1:53:13	1:57:29	9:07
1607	143	M20	Tim Wieland, 23, Des Moines, IA	1:53:13	1:53:41	9:07
1608	144	M20	Regan Oakley, 24, Huxley, IA	1:53:13	1:56:52	9:07
1609	145	M20	Devin Neuman, 21, Ellsworth, IA	1:53:13	1:57:37	9:07
664	156	W25	Jenna Neuman, 25*, Ankeny, IA	1:53:14	1:57:37	9:07
665	157	W25	Natalie White, 27*, Urbandale, IA	1:53:14	1:55:54	9:07
666	9	W55	Theresa Finnegan, 55*, Des Moines, IA	1:53:14	1:54:20	9:07
667	119	W35	Lucy Schachtner, 36*, Clive, IA	1:53:14	1:55:53	9:07
668	45	W45	Kathi Prien, 48*, West Des Moines, IA	1:53:15	1:56:36	9:07
1610	287	M30	Able Mahaffey, 31, Altoona, IA	1:53:15	2:01:46	9:07
1611	228	M35	Matt Smith, 37, Johnston, IA	1:53:15	1:55:07	9:07
1612	291	M25	Clark Johnson, 26, Des Moines, IA	1:53:15	1:57:28	9:07
1613	138	M45	Neal Halder, 46, Ankeny, IA	1:53:16	1:53:59	9:07
1614	139	M45	Marty Richardson, 49, Ankeny, IA	1:53:16	1:53:59	9:07
669	96	W20	Lauren Link, 22*, Des Moines, IA	1:53:17	1:58:13	9:07
1615	288	M30	Luke Steimel, 30, Cedar Rapids, IA	1:53:17	2:00:14	9:07
670	120	W35	Trisca Smetzer, 38*, Palo,, Ia	1:53:18	1:55:31	9:07
671	158	W25	Kelly Lewis, 28*, Indianola, IA	1:53:20	1:56:46	9:07
1616	229	M35	Jonathan Williams, 35, Waukee, IA	1:53:21	1:56:30	9:07
1617	213	M40	Todd Koenig, 44, Oskaloosa, IA	1:53:21	1:53:44	9:07
1618	146	M20	Enrique Ramirez, 21, Ottumwa, IA	1:53:21	1:55:26	9:07
1619	289	M30	Travis Kasch, 34, Urbandale, IA	1:53:22	1:54:28	9:07
672	121	W35	Angie Cook, 39*, Clive, IA	1:53:22	1:55:57	9:07
1620	83	M17	Scott Morrett, 18, Chariton, IA	1:53:22	1:55:47	9:07

673	122	W35	Aaron Baird, 35*, Monroe, IA	1:53:22	1:54:26	9:07
1621	290	M30	Justin Cremer, 32, Des Moines, IA	1:53:25	1:57:14	9:07
1622	291	M30	Robert Wegmann, 30, Cedar Rapids, IA	1:53:25	1:53:51	9:08
1623	84	M17	Patrick Lahart, 17, Chariton, IA	1:53:25	1:55:49	9:08
1624	230	M35	Tony Hiatt, 35, LeClaire, IA	1:53:26	1:55:16	9:08
674	159	W25	Staci McGonigal, 29*, Ames, IA	1:53:26	1:55:25	9:08
1625	214	M40	Michael Rhode, 41, Urbandale, IA	1:53:27	1:56:38	9:08
675	123	W35	Leandra Walker, 36*, Iowa City, IA	1:53:27	2:03:59	9:08
1626	231	M35	Brad Sams, 35, Ankeny, IA	1:53:27	1:54:57	9:08
676	160	W25	Courtney Kelley, 29*, West Liberty, IA	1:53:27	1:58:27	9:08
1627	292	M30	Jared Carlson, 33, Norwalk, IA	1:53:27	2:03:18	9:08
1628	292	M25	Matt Yetmar, 27, Des Moines, IA	1:53:28	2:03:48	9:08
1629	147	M20	Michael Smith, 24, Boone, IA	1:53:29	1:57:46	9:08
1630	293	M25	Jerimie Rushing, 28, Ankeny, IA	1:53:29	2:03:48	9:08
1631	99	M50	Rob Mauritz, 51, Adel, IA	1:53:29	1:57:36	9:08
1632	140	M45	Jerry McHenry, 45, Marshalltown, IA	1:53:31	1:57:20	9:08

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1633	232	M35	Keith Briggs, 37, Algona, IA	1:53:31	2:06:06	9:08
1634	215	M40	Joel Schmidt, 40, Clive, IA	1:53:32	1:55:01	9:08
677	127	W30	Michelle Sidwell, 31*, West Des Moines, IA	1:53:32	1:55:58	9:08
678	161	W25	Jessica Kelley, 28*, West Branch, IA	1:53:33	1:58:33	9:08
1635	216	M40	Steve Rothmeyer, 44, Johnston, IA	1:53:34	1:55:48	9:08
679	128	W30	Katie White, 34*, Ames, IA	1:53:34	1:55:48	9:08
1636	294	M25	Eric Boos, 27, Omaha, NE	1:53:34	2:01:39	9:08
680	162	W25	Lindsay Ohmart, 25*, Minneapolis, MN	1:53:34	1:57:07	9:08
681	163	W25	Ashley Johnson, 25*, Shakopee, MN	1:53:35	1:57:07	9:08
682	164	W25	Kayla Boyd, 25*, Pleasant Hill, IA	1:53:36	1:56:03	9:08
1637	293	M30	Anthony Louck, 33, Davenport, IA	1:53:37	1:56:05	9:08
1638	141	M45	Scott Vermillion, 47, Ankeny, IA	1:53:37	1:53:53	9:08
683	165	W25	Kristol Andelin, 28*, Des Moines, IA	1:53:37	2:03:30	9:09
1639	294	M30	Ethan Wiechmann, 30, Cedar Falls, IA	1:53:38	1:57:10	9:09
684	124	W35	Laura Bridgeman, 36*, Des Moines, IA	1:53:39	1:55:41	9:09
685	166	W25	Danielle Farrell, 25*, Des Moines, IA	1:53:40	1:57:12	9:09
1640	233	M35	Ignatius Wibowo, 38, Urbandale, IA	1:53:40	1:55:32	9:09
1641	295	M30	James Wolfe, 34, New Hampton, IA	1:53:41	1:58:52	9:09
1642	295	M25	Jonathon Meyer, 27, Des Moines, IA	1:53:42	1:57:25	9:09
686	97	W20	Sara Vanderpool, 24*, Des Moines, IA	1:53:42	1:58:31	9:09
687	98	W20	Stephanie Bollard, 24*, Pella, IA	1:53:44	1:59:48	9:09
1643	234	M35	Jeremy Lynch, 38, Indianola, IA	1:53:44	1:58:42	9:09
688	99	W20	Sarah Abele, 23*, Pella, IA	1:53:44	1:59:48	9:09
689	72	W40	Jen Fejfar, 40*, Clive, IA	1:53:44	1:54:41	9:09
1644	100	M50	Curtis Husske, 54, Maxwell, IA	1:53:44	1:54:31	9:09
1645	296	M30	Kyle Egemo, 31, Fort Dodge, IA	1:53:45	1:58:49	9:09
1646	296	M25	Phillip Ramsey, 28, Ankeny, IA	1:53:45	1:54:41	9:09
690	46	W45	Barb Reutter, 47*, Urbandale, IA	1:53:46	2:01:16	9:09
1647	235	M35	Jim Turnbough, 36, Iowa City, IA	1:53:46	1:55:49	9:09
1648	101	M50	Brad Brunia, 54, Huxley, IA	1:53:47	2:01:19	9:09
1649	297	M30	Reagan Elsbury, 30, Ventura, IA	1:53:48	1:54:51	9:09
691	167	W25	Kimberly Danielsen, 29*, Ankeny, IA	1:53:48	1:56:47	9:09
1650	297	M25	Matt Crawford, 26, Ankeny, IA	1:53:48	1:57:01	9:09
1651	236	M35	Ted Bolles, 39, Waukee, IA	1:53:48	1:56:35	9:09
1652	42	JrM	Clark Baldus, 16, West Des Moines, IA	1:53:48	1:56:31	9:09
692	73	W40	Carolyn McCarthy, 40*, West Des Moines, IA	1:53:49	1:58:32	9:09
693	125	W35	Cortney Koffarnus, 35*, Bettendorf, IA	1:53:49	1:56:38	9:09
694	168	W25	Kristin Stiles, 26*, Johnston, IA	1:53:50	1:54:44	9:09
1653	102	M50	Timothy Koffarnus, 51, Bettendorf, IA	1:53:50	1:56:39	9:10
695	129	W30	Tara Pope, 31*, Mount Pleasant, IA	1:53:50	2:02:17	9:10
1654	85	M17	Gabriel Kinser, 19, Des Moines, IA	1:53:50	1:55:08	9:10
1655	142	M45	Gary Davis, 46, Des Moines, IA	1:53:50	1:58:55	9:10
696	20	W17	Lillian Chesser, 18*, Des Moines, IA	1:53:51	1:55:08	9:10
1656	143	M45	Steve Maruth, 45, Ankeny, IA	1:53:51	1:56:28	9:10
1657	298	M25	Matt Dohlman, 28, Waukee, IA	1:53:51	1:54:23	9:10
697	126	W35	Gretta Albrecht, 35*, Ames, IA	1:53:52	1:55:32	9:10

1658	144	M45	John Breitsprecker, 48, Altoona, IA	1:53:52	2:00:02	9:10
1659	145	M45	Scott Dean, 46, Des Moines, IA	1:53:53	1:57:40	9:10
1660	148	M20	Ernest Rose, 23, Iowa City, IA	1:53:53	1:57:27	9:10
698	169	W25	Miranda Theis, 25*, Marion, IA	1:53:53	1:56:46	9:10
1661	5	M65	Herman Merten, 67, Charles City, IA	1:53:54	1:56:06	9:10
699	130	W30	Heather Swarthout, 34*, Chariton, IA	1:53:54	1:55:37	9:10
1662	299	M25	Brad Axdahl, 26, Cedar Rapids, IA	1:53:55	1:54:41	9:10
700	131	W30	Brenda Colvin, 33*, Pella, IA	1:53:55	1:57:29	9:10
701	74	W40	Amy Kolacia, 41*, Fort Dodge, IA	1:53:55	1:58:03	9:10
1663	146	M45	Steven Schmidt, 49, Granger, IA	1:53:55	1:57:06	9:10
702	127	W35	Renae Martin, 36*, Altoona, IA	1:53:56	1:55:43	9:10
1664	237	M35	Chad Sailsbury, 35, West Des Moines, IA	1:53:56	1:55:55	9:10
703	128	W35	Tina Nourse, 35*, Menlo, IA	1:53:56	1:56:31	9:10
1665	298	M30	Boe Stoebner, 33, Des Moines, IA	1:53:57	1:57:20	9:10
1666	43	JrM	Cody Bredman, 15, Cedar Falls, IA	1:53:57	1:56:27	9:10
1667	300	M25	Emiliano Lerda, 29, Urbandale, IA	1:53:57	1:55:51	9:10
704	170	W25	Amanda Ellson, 25*, Waverly, IA	1:53:58	1:54:48	9:10
1668	217	M40	Dana Cox, 40, Earlham, IA	1:53:58	1:57:27	9:10
705	129	W35	Stacy Walker, 35*, Savannah, MO	1:53:58	1:59:56	9:10
706	75	W40	Holli Miller, 40*, Bondurant, IA	1:53:59	2:01:18	9:10
707	171	W25	Becca Alleman, 26*, Coralville, IA	1:53:59	1:57:18	9:10
1669	149	M20	Robert Strutt, 23, W. Des Moines, IA	1:53:59	1:57:18	9:10
1670	103	M50	Scott Rosheim, 51, Bondurant, IA	1:54:00	1:57:56	9:10
708	76	W40	Cindy Lee Squires, 43*, Cedar Rapids, IA	1:54:00	1:55:31	9:10
709	172	W25	Krysta Rees, 26*, Des Moines, IA	1:54:01	1:57:39	9:10
1671	218	M40	Jeffrey Schoondyke, 40, West Des Moines, IA	1:54:02	1:56:20	9:10
710	132	W30	Sarah Woerdeman, 32*, Ankeny, IA	1:54:02	1:59:35	9:11
1672	299	M30	Eric Wieland, 34, Des Moines, IA	1:54:03	1:55:09	9:11
1673	44	JrM	Tysen VanDraska, 12, Swisher, IA	1:54:03	1:55:07	9:11
1674	238	M35	John Brehm, 39, West Des Moines, IA	1:54:03	1:55:09	9:11
711	77	W40	Elisabeth Reynoldson, 42*, Osceola, IA	1:54:04	2:00:04	9:11
1675	239	M35	Ryan Thoreson, 38, Knoxville, IA	1:54:04	1:55:13	9:11
712	100	W20	Korie Lown, 20*, Ames, IA	1:54:04	1:55:59	9:11
713	101	W20	Katherine Benson, 24*, Iowa City, IA	1:54:05	2:01:30	9:11
714	173	W25	Meghan Foster, 28*, Des Moines, IA	1:54:05	1:55:50	9:11
1676	301	M25	Sean Simonis, 25, West Des Moines, IA	1:54:05	1:57:41	9:11
715	78	W40	Jean Johnson, 44*, Norwalk, IA	1:54:06	1:54:55	9:11
716	79	W40	Jody Vandever, 40*, Earlham, IA	1:54:06	1:57:36	9:11
1677	240	M35	David Kurth, 38, Grimes, IA	1:54:06	1:58:12	9:11
717	80	W40	Debbie Lenth, 42*, Cedar Rapids, IA	1:54:09	1:56:49	9:11
1678	300	M30	Jason Brehmer, 30, West Des Moines, IA	1:54:09	1:56:33	9:11
1679	301	M30	Mike Davidson, 32, Urbandale, IA	1:54:09	2:02:27	9:11
1680	302	M30	Kayren Davidson, 32, Urbandale, IA	1:54:09	2:02:27	9:11
1681	219	M40	Jeff Logan, 44, Urbandale, IA	1:54:09	1:58:36	9:11
1682	303	M30	Toby Schuh, 33, Des Moines, IA	1:54:09	1:56:48	9:11
1683	241	M35	Randal Foster, 38, Ames, IA	1:54:10	1:54:56	9:11
718	102	W20	Kaitlin Courtney, 21*, Ottumwa, IA	1:54:10	1:56:15	9:11
1684	304	M30	Ryan Loftin, 33, Omaha, NE	1:54:13	1:57:56	9:11
719	174	W25	Megan Rempe, 25*, Cedar Rapids, IA	1:54:13	1:55:56	9:11
720	175	W25	Tiffany Thomas, 26*, Des Moines, IA	1:54:13	2:03:39	9:11
721	130	W35	Denay Gray, 37*, Ankeny, IA	1:54:14	1:56:49	9:11
1685	302	M25	Blair Dickinson, 27, Waukee, IA	1:54:15	2:00:09	9:12
722	131	W35	Tiffany Kragnes, 37*, West Des Moines, IA	1:54:15	1:58:20	9:12
1686	242	M35	Mike Lewis, 39, Cedar Falls, IA	1:54:15	1:56:45	9:12
723	103	W20	Ashley Nemitz, 24*, West Des Moines, IA	1:54:15	2:02:08	9:12
1687	305	M30	Ned Szumski, 32, Iowa City, IA	1:54:15	1:55:03	9:12
1688	104	M50	Cal Woods, 53, Des Moines, IA	1:54:15	1:57:10	9:12
724	132	W35	Annette Lorenz, 39*, Cedar Rapids, IA	1:54:16	2:02:33	9:12
1689	220	M40	Nathan Schmidt, 41, Altoona, IA	1:54:16	1:57:55	9:12
725	25	W50	Debi Bull, 52*, Des Moines, IA	1:54:16	1:56:18	9:12
726	104	W20	Kailey Silliman, 21*, Sioux Falls, SD	1:54:16	1:58:04	9:12
1690	306	M30	Brandon Mitchell, 33, Ankeny, IA	1:54:17	2:03:55	9:12
727	133	W35	Julie Sokolowski, 37*, Johnston, IA	1:54:17	1:56:22	9:12
728	133	W30	Cindy Goodner, 31*, Iowa Falls, IA	1:54:18	2:01:16	9:12

1691	303	M25	Ryan Janke, 29, Prole, IA	1:54:18	1:58:27	9:12
1692	304	M25	Jesse Rittenhouse, 29, West Des Moines, IA	1:54:18	2:02:30	9:12
729	134	W35	Josh Stoffel, 39*, Norwalk, IA	1:54:18	1:57:19	9:12
1693	307	M30	Brock Anderson, 32, Waukee, IA	1:54:18	1:57:01	9:12
1694	243	M35	Tracy Draeger, 38, Johnston, IA	1:54:19	1:59:02	9:12
1695	305	M25	Jon Denney, 26, West Des Moines, IA	1:54:20	1:57:09	9:12
1696	150	M20	David Schnathorst, 20, Ankeny, IA	1:54:20	1:55:15	9:12
1697	308	M30	Armando Alaniz, 30, Chicago, IL	1:54:20	1:56:37	9:12
1698	306	M25	David Martin, 28, Des Moines, IA	1:54:21	1:56:36	9:12
1699	151	M20	Cory Fritz, 24, Ames, IA	1:54:21	2:00:34	9:12
730	135	W35	Linda McNiell, 35*, Homestead, IA	1:54:21	1:57:15	9:12
731	176	W25	Rebecca Wright, 25*, Edina, MN	1:54:22	1:57:57	9:12
732	105	W20	Michelle Duncalf, 24*, Ankeny, IA	1:54:22	2:02:15	9:12
733	106	W20	Melissa Bock, 23*, St Paul, MN	1:54:22	1:55:53	9:12
734	134	W30	Carrie Powicki Kaufman, 33*, Hiawatha, IA	1:54:22	1:56:50	9:12
735	135	W30	Heidi Anhalt, 32*, Cedar Rapids, IA	1:54:23	1:57:04	9:12
736	177	W25	Kara Dierikx, 25*, Riverside, IA	1:54:23	1:56:51	9:12
737	136	W30	Emily Hill, 32*, Bloomfield, IA	1:54:24	1:56:52	9:12
1700	307	M25	Matt Sass, 28, Perry, IA	1:54:25	1:58:01	9:12
738	47	W45	Kriss Uehling, 47*, Ottumwa, IA	1:54:26	1:56:50	9:12
739	178	W25	Jennifer Voss, 25*, Minneapolis, MN	1:54:26	1:58:01	9:12
1701	65	M55	Doug Hoffman, 58, West Des Moines, IA	1:54:27	2:03:13	9:12
740	137	W30	Amy Hutchins, 33*, Des Moines, IA	1:54:27	2:02:38	9:13
1702	105	M50	Robert Dart, 50, Fremont, NE	1:54:28	1:54:42	9:13
1703	309	M30	Matt Robie, 33, Ankeny, IA	1:54:28	1:59:21	9:13
741	138	W30	Kim Lacey, 34*, Ankeny, IA	1:54:28	1:57:43	9:13
1704	308	M25	Tim Conrad, 28, Clive, IA	1:54:28	1:58:04	9:13
742	139	W30	Tiffany Spick, 32*, Des Moines, IA	1:54:28	1:57:31	9:13
1705	309	M25	David Roper, 29, St Paul, MN	1:54:28	1:58:12	9:13
1706	244	M35	Chad Barr, 37, West Des Moines, IA	1:54:29	1:57:37	9:13
1707	147	M45	Montey Halls, 46, Des Moines, IA	1:54:29	1:58:03	9:13
1708	310	M25	Josh Brungardt, 28, Ankeny, IA	1:54:30	1:55:18	9:13
1709	148	M45	Dave Sharp, 48, Ankeny, IA	1:54:31	1:55:19	9:13
743	48	W45	Carol Olson, 45*, Des Moines, IA	1:54:31	1:57:43	9:13
1710	311	M25	Philip Parker, 27, Indianola, IA	1:54:32	1:58:06	9:13
1711	221	M40	Travis Sonsalla, 40, Rollingstone, MN	1:54:32	1:58:01	9:13
1712	222	M40	Brian Dennis, 40, Iowa City, IA	1:54:32	1:57:47	9:13
1713	310	M30	William Wright, 30, Urbandale, IA	1:54:33	2:03:10	9:13
1714	311	M30	Andy Plathe, 33, Milford, IA	1:54:34	1:55:06	9:13
1715	312	M30	Chet Galetich, 32, Urbandale, IA	1:54:34	2:00:51	9:13
744	136	W35	Staci Mason, 35*, Ankeny, IA	1:54:34	2:04:35	9:13
1716	66	M55	Michael Bauer, 55, West Des Moines, IA	1:54:35	1:57:19	9:13
745	179	W25	Julie Patterson, 29*, Chariton, IA	1:54:35	1:57:06	9:13
746	81	W40	Jackie Henderson, 41*, West Liberty, IA	1:54:35	1:56:31	9:13
1717	149	M45	Lane Vellinga, 48, Waukee, IA	1:54:35	1:57:09	9:13
1718	150	M45	Bobby Gadams, 49, Ankeny, IA	1:54:37	2:02:03	9:13
1719	313	M30	Jared Patterson, 30, Chariton, IA	1:54:37	1:57:08	9:13
1720	106	M50	Randy Reynolds, 54, Windsor Heights, IA	1:54:38	1:57:24	9:13
747	180	W25	Katie Ong, 29*, Ankeny, IA	1:54:38	1:56:24	9:13
1721	223	M40	Mark McDermott, 44, West Des Moines, IA	1:54:38	2:00:44	9:13
748	21	W17	Rebekah Reynolds, 18*, Windsor Heights, IA	1:54:38	1:57:24	9:13
749	107	W20	Anna Twito, 24*, West Des Moines, IA	1:54:39	2:02:00	9:13
1722	314	M30	Jeff McDermott, 30, Des Moines, IA	1:54:39	2:02:46	9:13
750	181	W25	Rebecca Ryan, 26*, West Des Moines, IA	1:54:39	1:58:52	9:13
1723	245	M35	Noland Gurwell, 35, Cedar Rapids, IA	1:54:39	1:56:57	9:13
1724	315	M30	Kevin Cline, 34, Des Moines, IA	1:54:40	1:56:36	9:14
751	108	W20	Ashley Jorgensen, 24*, West Des Moines, IA	1:54:40	1:58:18	9:14
1725	151	M45	Jeff Beal, 49, Albia, IA	1:54:40	1:58:04	9:14
1726	246	M35	Todd Ratliff, 37, Albia, IA	1:54:40	1:58:04	9:14
752	109	W20	Allison Osmundson, 23*, Marshalltown, IA	1:54:41	1:59:35	9:14
753	110	W20	Becca Nelson, 23*, Ankey, IA	1:54:41	1:59:35	9:14
754	137	W35	Diane Schultes, 39*, West Branch, IA	1:54:41	2:01:17	9:14
755	138	W35	Kristin Reese, 35*, Des Moines, IA	1:54:42	1:57:53	9:14
1727	107	M50	Phil Brade, 53, West Liberty, IA	1:54:43	1:57:22	9:14
756	82	W40	Penny Luthens, 44*, Urbandale, IA	1:54:43	1:56:50	9:14

757	49	W45	Jan Ferris, 45*, Urbandale, IA	1:54:44	1:56:50	9:14
758	182	W25	Natalie Wieskamp, 26*, Johnston, IA	1:54:44	1:58:44	9:14
1728	247	M35	Edwin Rosado, 35, Ankeny, IA	1:54:44	2:00:31	9:14
1729	152	M20	Mitch Schultes, 20, Dedham, IA	1:54:44	1:58:28	9:14
1730	24	M60	Richard Newkirk, 61, Ankeny, IA	1:54:44	1:54:44	9:14
1731	316	M30	Andy Fogle, 31, Des Moines, IA	1:54:44	1:58:46	9:14
1732	248	M35	Andrew Wuebker, 36, Lee's Summit, MO	1:54:45	2:04:26	9:14
1733	152	M45	Joe Akers, 45, Grimes, IA	1:54:45	1:58:38	9:14
759	139	W35	Melanie Steffen, 37*, Johnston, IA	1:54:45	2:00:26	9:14
760	140	W35	Jennifer Popp, 36*, Adel, IA	1:54:45	2:00:23	9:14
761	83	W40	Angie Ellerbroek, 40*, Smithville, MO	1:54:45	1:58:32	9:14
1734	317	M30	Cameron Fifer, 34, Newton, IA	1:54:46	2:01:37	9:14
762	50	W45	Jennifer Harmeyer, 45*, Smithville, MO	1:54:46	1:58:33	9:14
763	183	W25	Sarah Ressler, 27*, Mason City, IA	1:54:46	1:58:46	9:14
764	22	W17	Jenna Boyle, 18*, Ackley, IA	1:54:46	1:57:53	9:14
1735	249	M35	Jeremy Renger, 38, Johnston, IA	1:54:47	1:55:36	9:14
1736	224	M40	John Turpen, 41, Woodbury, MN	1:54:47	1:55:36	9:14
1737	108	M50	Hiram Philo, 54, Boone, IA	1:54:47	2:05:22	9:14
765	26	W50	Cindy De Prenger, 50*, Otley, IA	1:54:47	1:57:53	9:14
766	184	W25	Whitney Judkins, 25*, Clive, IA	1:54:47	2:03:14	9:14
1738	318	M30	Jake Adams, 31, Ames, IA	1:54:48	2:05:22	9:14
1739	319	M30	Brennan Dolan, 30, West Des Moines, IA	1:54:48	1:56:55	9:14
1740	109	M50	Kevin Huerkamp, 51, Clive, IA	1:54:48	1:56:51	9:14
1741	250	M35	Jason Freres, 36, Kenosha, WI	1:54:49	2:00:57	9:14
1742	67	M55	Marlow Gray, 59, Waterloo, IA	1:54:49	1:55:57	9:14
1743	68	M55	James Elliott, 56, Des Moines, IA	1:54:50	2:02:44	9:14
767	27	W50	Diane Kruckenberg, 51*, Mason City, IA	1:54:50	1:57:03	9:14
1744	225	M40	Joseph Meyers, 40, Des Moines, IA	1:54:51	1:59:51	9:14
1745	251	M35	Rodolpo Pena, 37, Grimes, IA	1:54:52	1:58:44	9:15
1746	153	M20	Brian Berg, 23, Johnston, IA	1:54:52	1:58:59	9:15
768	10	W55	Paula Dierenfeld, 55*, Johnston, IA	1:54:52	1:57:08	9:15
1747	312	M25	Dylan Lampe, 25, West Des Moines, IA	1:54:52	2:00:26	9:15
1748	110	M50	Brad Smith, 52, Beaman, IA	1:54:53	1:58:15	9:15
1749	320	M30	Eric Boyle, 34, West Des Moines, IA	1:54:53	1:57:02	9:15
1750	321	M30	Andrew McNeely, 32, Coralville, IA	1:54:53	1:58:09	9:15
769	141	W35	Cindy Evans, 37*, Peosta, IA	1:54:53	1:56:32	9:15
770	84	W40	Rebecca Timmerman, 41*, Peosta, IA	1:54:53	1:56:33	9:15
771	23	W17	Nicole McLain, 17*, Albia, IA	1:54:56	1:58:19	9:15
772	142	W35	Cheri Herman, 35*, Ankeny, IA	1:54:56	1:57:40	9:15
773	24	W17	Sarah Lindemulder, 18*, Ottumwa, IA	1:54:57	1:58:20	9:15
774	111	W20	Brooke Beneke, 24*, Kansas City, MO	1:54:57	1:57:41	9:15
1751	252	M35	Jamie Spores, 37, West Des Moines, IA	1:54:57	1:58:52	9:15
775	112	W20	Jennifer Lathrum, 21*, Saint Charles, IA	1:54:57	1:57:41	9:15
776	113	W20	Alyson Beneke, 21*, Palmer, IA	1:54:57	1:57:41	9:15
777	85	W40	Jody Haws, 43*, Ankeny, IA	1:54:57	1:55:22	9:15
1752	153	M45	Michael Boyle, 49, Ankeny, IA	1:54:57	1:55:23	9:15
1753	322	M30	Alano De La Rosa, 31, Des Moines, IA	1:54:58	2:03:54	9:15
778	86	W40	Laura Young, 44*, Des Moines, IA	1:54:59	1:57:28	9:15
779	140	W30	Heather Anderson, 30*, Ankeny, IA	1:54:59	1:59:07	9:15
780	185	W25	Ashley Olson, 25*, Urbandale, IA	1:55:00	2:00:34	9:15
1754	154	M45	Evan Sunde, 48, Ankeny, IA	1:55:00	1:59:28	9:15
1755	253	M35	Ronald Wheeler, 39, Johnston, IA	1:55:00	2:01:48	9:15
1756	254	M35	Brett Hodges, 36, Urbandale, IA	1:55:00	2:03:33	9:15
1757	255	M35	Ryan York, 37, West Des Moines, IA	1:55:02	1:57:58	9:15
781	141	W30	Heather Martin, 31*, Cedar Falls, IA	1:55:04	1:56:31	9:15
782	186	W25	Theresa Wells, 28*, Urbandale, IA	1:55:04	1:58:24	9:15
783	143	W35	Wendy Postel, 38*, Urbandale, IA	1:55:04	1:55:59	9:16
1758	226	M40	Scott Neumayer, 43, Johnston, IA	1:55:04	2:00:40	9:16
1759	227	M40	John Goedken, 41, Des Moines, IA	1:55:05	1:59:22	9:16
784	144	W35	Melissa Schooley, 35*, North Liberty, IA	1:55:06	1:59:14	9:16
785	142	W30	Wendy Boeding, 33*, Fort Madison, IA	1:55:06	1:57:23	9:16
786	143	W30	Heather Every, 34*, Grimes, IA	1:55:06	1:58:28	9:16
787	145	W35	Shane Every, 35*, Grimes, IA	1:55:06	1:58:29	9:16
1760	313	M25	Travis Israels, 28, Des Moines, IA	1:55:06	1:59:47	9:16
1761	155	M45	Dave Salaba, 45, Cumming, IA	1:55:07	1:55:26	9:16

1762	228	M40	Bryan Trout, 40, Ankeny, IA	1:55:08	1:55:08	9:16
788	87	W40	Sue Shivers, 41*, Ankeny, IA	1:55:08	1:58:47	9:16
1763	111	M50	Peter Coaldrake, 52, Johnston, IA	1:55:08	1:58:07	9:16
1764	314	M25	Rick Ortiz, 25, West Des Moines, IA	1:55:08	1:56:37	9:16
1765	112	M50	Ron Niceswanger, 54, Urbandale, IA	1:55:09	1:56:48	9:16
789	114	W20	Nicole Ellingson, 21*, Pella, IA	1:55:09	2:01:27	9:16
1766	113	M50	John Butel, 50, West Des Moines, IA	1:55:10	1:57:29	9:16
1767	256	M35	Brian Subbert, 35, Ankeny, IA	1:55:10	1:57:33	9:16
1768	323	M30	Brad Burt, 34, Eldridge, IA	1:55:10	1:57:54	9:16
1769	324	M30	Tim Brickley, 34, Des Moines, IA	1:55:11	1:57:11	9:16
1770	156	M45	Cody Kilgore, 48, West Des Moines, IA	1:55:12	1:57:58	9:16
790	146	W35	Alma Brunson, 38*, Muscatine, IA	1:55:12	1:57:52	9:16
1771	229	M40	Ahmed Ibrahim, 42, Urbandale, IA	1:55:12	1:57:36	9:16
791	144	W30	Erin Rossmanith, 32*, Barnum, IA	1:55:12	1:57:01	9:16
1772	45	JrM	Ryan Burns, 16, Clive, IA	1:55:15	2:02:54	9:16
792	187	W25	Traci Hiemstra, 25*, Sioux Center, IA	1:55:15	1:56:53	9:16
1773	230	M40	Eric H Hanson, 43, Orange City, IA	1:55:16	1:58:43	9:16
1774	231	M40	Jeff Brock, 40, Pewaukee, WI	1:55:16	1:58:43	9:16
1775	69	M55	Denny Hoyt, 57, Ames, IA	1:55:16	1:56:09	9:16
793	188	W25	Emily Runde, 25*, Dubuque, IA	1:55:16	2:04:55	9:16
1776	325	M30	Zachary Bolin, 33, Des Moines, IA	1:55:16	1:59:03	9:16
1777	114	M50	Steven Wandro, 52, Des Moines, IA	1:55:17	1:56:35	9:16
794	147	W35	Rachelle Bowers, 37*, Altoona, IA	1:55:17	1:55:48	9:17
795	88	W40	Sue Strain, 44*, Urbandale, IA	1:55:17	2:00:06	9:17
1778	232	M40	Tim McCoy, 40, Hartford, IA	1:55:18	1:57:34	9:17
1779	115	M50	Mike Wright, 50, Gladbrook, IA	1:55:18	1:59:28	9:17
1780	257	M35	Tim Carver, 36, Urbandale, IA	1:55:19	1:57:58	9:17
796	148	W35	Darci Carver, 38*, Urbandale, IA	1:55:19	1:57:58	9:17
797	149	W35	Barb Finney, 39*, Pella, IA	1:55:19	1:58:53	9:17
1781	157	M45	Jeff Speicher, 46, Adel, IA	1:55:19	1:57:37	9:17
1782	258	M35	Jerry Rexroat, 39, Ankeny, IA	1:55:20	2:05:00	9:17
1783	46	JrM	Caleb Swehla, 15, Des Moines, IA	1:55:20	1:57:53	9:17
798	145	W30	Katie Kriener, 31*, Urbandale, IA	1:55:20	1:56:06	9:17
1784	326	M30	Mike Belden, 32, Chicago, IL	1:55:22	1:59:21	9:17
1785	1	M70	Paul K Larson, 70, Garner, IA	1:55:23	1:57:35	9:17
1786	315	M25	Matt Gibson, 27, Iowa City, IA	1:55:23	2:01:25	9:17
799	146	W30	Jill Montag, 32*, West Des Moines, IA	1:55:23	2:01:01	9:17
1787	259	M35	Phong Hong, 38, Urbandale, IA	1:55:24	1:55:42	9:17
1788	260	M35	Ed Dunham, 38, Waukee, IA	1:55:24	1:59:36	9:17
1789	233	M40	Matt Alleman, 41, Ankeny, IA	1:55:24	1:59:13	9:17
800	147	W30	Kristy Rosenthal, 32*, West Des Moines, IA	1:55:25	2:03:36	9:17
1790	116	M50	Greg Seymour, 51, Prole, IA	1:55:25	1:56:40	9:17
1791	316	M25	Alejandro Alaniz, 26, West Des Moines, IA	1:55:25	2:01:55	9:17
801	115	W20	Kelli Beyer, 22*, Ames, IA	1:55:25	2:05:58	9:17
802	148	W30	Melissa Lyon, 32*, Urbandale, IA	1:55:26	1:58:57	9:17
1792	261	M35	David Caropreso, 39, Madison, WI	1:55:27	2:03:00	9:17
1793	117	M50	Kim Wass, 54, Ames, IA	1:55:27	1:59:07	9:17
803	189	W25	Kristi Van Allen, 26*, Lawrence, KS	1:55:27	1:59:07	9:17
804	149	W30	Teresa Heden, 31*, Rockford, IL	1:55:28	1:58:13	9:17
805	89	W40	Stephanie Keller, 44*, West Point, IA	1:55:29	1:56:47	9:18
1794	158	M45	Mike Donald, 48, Muscatine, IA	1:55:30	1:57:45	9:18
806	190	W25	Laura Etnier, 26*, Des Moines, IA	1:55:30	1:59:41	9:18
807	191	W25	Jenny Overturf, 25*, Des Moines, IA	1:55:30	1:58:22	9:18
808	192	W25	Kerri Kramer, 28*, Dyersville, IA	1:55:30	2:01:03	9:18
1795	262	M35	Todd Erzen, 37, Des Moines, IA	1:55:30	1:59:04	9:18
1796	159	M45	Larry Spray II, 49, Dallas Center, IA	1:55:30	2:00:40	9:18
1797	160	M45	Laural Brown, 46, Des Moines, IA	1:55:31	1:58:39	9:18
1798	317	M25	Tyler McGinnis, 28, Omaha, NE	1:55:32	1:56:14	9:18
1799	234	M40	Louis Kelehan, 40, Des Moines, IA	1:55:32	1:59:02	9:18
1800	318	M25	Bryan Llewellyn, 26, Indianola, IA	1:55:33	1:57:14	9:18
1801	118	M50	Russell Laczniak, 53, Ames, IA	1:55:34	1:57:13	9:18
1802	25	M60	Ronald Mowers, 61, Ames, IA	1:55:34	1:57:13	9:18
809	150	W30	Amy Mitchell, 32*, Ankeny, IA	1:55:35	2:05:13	9:18
810	193	W25	Carrie Embree, 25*, Waukee, IA	1:55:35	1:57:51	9:18
811	194	W25	Allysa Spring, 29*, Des Moines, IA	1:55:35	2:03:06	9:18

812	195	W25	Emily Hubbard, 26*, West Des Moines, IA	1:55:35	1:58:09	9:18
1803	319	M25	Neil Erickson, 25, Grimes, IA	1:55:36	1:58:09	9:18
813	151	W30	Sarah Halverson, 31*, Ankeny, IA	1:55:36	2:05:14	9:18
1804	161	M45	Steve Davis, 47, Johnston, IA	1:55:36	1:57:53	9:18
1805	86	M17	Dylan Lang, 18, Johnston, IA	1:55:36	2:02:30	9:18
814	196	W25	Laura Folkerts, 27*, Cedar Falls, IA	1:55:36	2:02:51	9:18
815	152	W30	Deb Smith, 31*, Overland Park, KS	1:55:36	1:58:25	9:18
1806	154	M20	Matthew Twedt, 24, Albert Lea, MN	1:55:36	1:59:50	9:18
1807	327	M30	Kyle Troyer, 33, Independence, IA	1:55:36	1:57:57	9:18
1808	87	M17	Nicolas Cabeen, 18, Clarinda, IA	1:55:37	1:58:38	9:18
1809	263	M35	Jim Young, 39, Urbandale, IA	1:55:37	1:57:17	9:18
816	90	W40	Stephanie Aveni, 43*, West Des Moines, IA	1:55:37	1:57:02	9:18
1810	328	M30	Max Cardenas, 31, Des Moines, IA	1:55:38	1:56:38	9:18
1811	264	M35	Brandon Hoch, 35, Knoxville, IA	1:55:38	1:57:18	9:18
817	197	W25	Dee Hellman, 29*, Ankeny, IA	1:55:40	1:57:22	9:18
1812	162	M45	Greg Anderson, 48, West Des Moines, IA	1:55:40	2:00:00	9:18
1813	265	M35	Tim Brunsting, 37, Hull, IA	1:55:41	1:58:47	9:18
818	91	W40	Shannon Heffernan, 43*, Cleveland, OH	1:55:41	1:58:51	9:18
1814	329	M30	Chad Crabb, 31, West Des Moines, IA	1:55:44	1:59:35	9:19
819	153	W30	Amanda Sanders, 34*, Carroll, IA	1:55:44	2:00:40	9:19
820	25	W17	Erin Sullivan, 18*, West Des Moines, IA	1:55:45	1:59:12	9:19
1815	163	M45	Bill Wellman, 47, West Point, IA	1:55:45	1:59:19	9:19
1816	70	M55	Rich Rettig, 55, Tripoli, IA	1:55:45	1:59:36	9:19
821	198	W25	Melissa Fiacco, 28*, Cedar Rapids, IA	1:55:45	1:59:37	9:19
822	154	W30	Nicole Schultz, 31*, Des Moines, IA	1:55:46	1:58:48	9:19
1817	330	M30	Joe Bormann, 30, Denver, IA	1:55:47	1:58:00	9:19
1818	71	M55	Tim Andersen, 55, Polk City, IA	1:55:47	1:56:11	9:19
823	28	W50	Kathleen Magoon, 52*, Bettendorf, IA	1:55:47	1:59:24	9:19
1819	331	M30	Wyatt Myers, 32, Des Moines, IA	1:55:47	1:57:04	9:19
824	199	W25	Meghan Hansen, 25*, Ankeny, IA	1:55:47	2:00:40	9:19
825	116	W20	Liz Wilder, 20*, Waukee, IA	1:55:47	1:56:43	9:19
1820	164	M45	Brad Hodges, 47, Oskaloosa, IA	1:55:48	1:58:05	9:19
826	117	W20	Sarah Jost, 24*, West Des Moines, IA	1:55:48	1:56:48	9:19
1821	165	M45	Tim Gedler, 46, West Des Moines, IA	1:55:49	1:56:49	9:19
827	200	W25	Holly Brooks, 28*, Clive, IA	1:55:49	1:58:43	9:19
1822	235	M40	Kham Sisamouth, 40, Des Moines, IA	1:55:50	1:58:43	9:19
1823	332	M30	Andy Schirman, 32, Perry, IA	1:55:50	1:59:25	9:19
828	92	W40	Jeann Digman, 44*, Dubuque, IA	1:55:51	2:04:03	9:19
1824	155	M20	Justin Olmstead, 24, Mitchellville, IA	1:55:51	2:04:41	9:19
829	93	W40	Julie Price, 43*, Forest City, IA	1:55:52	1:59:00	9:19
1825	166	M45	Bryan Hazard, 45, Cambridge, IA	1:55:53	1:58:22	9:19
1826	266	M35	Jason Cooper, 39, Des Moines, IA	1:55:53	2:00:59	9:19
1827	167	M45	Robert Lee, 48, Urbandale, IA	1:55:53	1:59:15	9:19
830	118	W20	Jennifer Ober, 20*, Iowa City, IA	1:55:54	1:59:51	9:20
1828	26	M60	Gene Behrens, 61, Des Moines, IA	1:55:54	1:59:07	9:20
1829	333	M30	Ronald Kouski, 33, Des Moines, IA	1:55:55	2:04:36	9:20
831	155	W30	Megan Fersch, 30*, Mandeville, LA	1:55:57	2:02:12	9:20
1830	334	M30	Ron Scott, 30, West Des Moines, IA	1:55:57	1:59:51	9:20
1831	156	M20	Brent Wells, 24, Ames, IA	1:55:57	1:58:17	9:20
832	156	W30	Caprice DeJong, 30*, Montezuma, IA	1:55:57	2:00:22	9:20
1832	335	M30	Ryan Carstensen, 33, Ankeny, IA	1:55:57	1:58:30	9:20
1833	236	M40	Thane Peterson, 44, Waukee, IA	1:55:57	1:59:51	9:20
833	119	W20	Cara Chicoine, 22*, Ankeny, IA	1:55:57	1:58:17	9:20
834	157	W30	Aubrey Villotti, 30*, Urbandale, IA	1:55:58	2:00:28	9:20
1834	267	M35	Michael McCormick, 38, Ankeny, IA	1:55:58	1:58:13	9:20
835	201	W25	Bridge McIlhon Peterson, 26*, Des Moines, IA	1:55:59	2:00:02	9:20
1835	336	M30	Brian Beers, 33, Des Moines, IA	1:55:59	2:06:07	9:20
1836	337	M30	Eric Webster, 30, Chillicothe, IL	1:55:59	2:00:24	9:20
1837	237	M40	Bradley Amos, 44, Des Moines, IA	1:55:59	1:58:32	9:20
836	150	W35	Diana Kueter, 39*, Bettendorf, IA	1:56:00	1:58:00	9:20
837	158	W30	Noelle Bolibaugh, 34*, Oskaloosa, IA	1:56:00	1:57:03	9:20
838	151	W35	Robin Byrne, 38*, West Des Moines, IA	1:56:00	1:58:46	9:20
839	202	W25	Laura Kimm, 26*, Ankeny, IA	1:56:01	2:01:40	9:20
840	203	W25	Crystal Lee, 27*, Ankeny, IA	1:56:01	1:56:55	9:20

841	159	W30	Kristy Leen, 32*, Cedar Falls, IA	1:56:01	1:59:43	9:20
1838	238	M40	Brent Nicolet, 40, Johnston, IA	1:56:01	1:57:26	9:20
842	204	W25	Lisa Mollenhauer, 28*, Clive, IA	1:56:02	1:58:06	9:20
843	152	W35	Ana Allen, 37*, West Des Moines, IA	1:56:02	2:01:40	9:20
844	160	W30	Sandy Bowman, 33*, W. Des Moines, IA	1:56:03	2:06:30	9:20
845	161	W30	Stacie Webster, 32*, Elkhart, IA	1:56:04	2:00:28	9:20
1839	268	M35	Rick Muller, 37, Clive, IA	1:56:04	1:58:19	9:20
846	162	W30	Erin Gardner, 32*, Gilbertville, IA	1:56:04	2:05:21	9:20
1840	269	M35	Marc Wallin, 39, West Des Moines, IA	1:56:04	1:58:56	9:20
1841	270	M35	Gene Spalding, 35, West Des Moines, IA	1:56:04	1:58:56	9:20
1842	320	M25	Ashly Mentzer, 28, Ankeny, IA	1:56:05	1:56:29	9:20
847	163	W30	Jamie Seiler, 33*, West Des Moines, IA	1:56:05	1:59:37	9:20
1843	338	M30	Ben Olsen, 32, Voorhies, IA	1:56:06	1:57:03	9:20
848	51	W45	Debbie Avitt, 49*, Des Moines, IA	1:56:06	1:58:17	9:20
1844	72	M55	Scott Avitt, 57, Des Moines, IA	1:56:06	1:58:17	9:20
849	52	W45	Kelly Greene, 47*, Cumming, IA	1:56:06	2:00:27	9:20
850	164	W30	Mindi Decker, 30*, Des Moines, IA	1:56:06	1:58:17	9:20
851	205	M25	Alicia Clancy, 26*, Ames, IA	1:56:06	2:00:31	9:20
1845	321	M25	Eric Dyjak, 29, Ankeny, IA	1:56:07	2:01:59	9:21
852	206	W25	Emily Callahan, 28*, Waterloo, IA	1:56:07	1:59:50	9:21
853	165	W30	Amy Donner, 34*, Des Moines, IA	1:56:07	2:02:38	9:21
1846	157	M20	Ted Schreur, 23, Des Moines, IA	1:56:08	2:04:27	9:21
1847	47	JrM	Brady Wilson, 16, Badger, IA	1:56:09	1:59:55	9:21
854	120	W20	Abby Peterson, 24*, Oskaloosa, IA	1:56:10	1:57:13	9:21
1848	239	M40	Chad Grouwinkel, 41, Ames, IA	1:56:11	1:59:20	9:21
855	53	W45	Gina Iverson, 48*, Altoona, IA	1:56:12	2:05:55	9:21
856	54	W45	Roxane Franzen, 46*, Denver, IA	1:56:12	1:59:35	9:21
857	207	W25	Kristen Beyer, 27*, Holstein, IA	1:56:12	2:06:45	9:21
1849	158	M20	Jeff Wilkins, 24, Norwalk, IA	1:56:13	2:03:24	9:21
858	94	W40	Valerie Burns, 41*, Walford, IA	1:56:14	2:00:02	9:21
1850	168	M45	Dennis Judd, 49, Urbandale, IA	1:56:15	2:00:28	9:21
859	153	W35	Monica Vanderheiden, 37*, Carroll, IA	1:56:15	1:57:49	9:21
1851	322	M25	Joseph Johnston, 27, West Des Moines, IA	1:56:16	1:58:59	9:21
1852	169	M45	Steve Davis, 48, Harlan, IA	1:56:16	2:01:53	9:21
1853	323	M25	Dinu Mathai, 27, Des Moines, IA	1:56:18	1:59:13	9:21
860	55	W45	Nancy Hougland, 48*, Bloomfield, IA	1:56:18	1:58:55	9:21
861	208	W25	Mary Goben, 26*, Indianola, IA	1:56:18	1:57:29	9:21
862	4	JrW	Whitney Carlson, 16*, Grimes, IA	1:56:18	2:02:35	9:21
1854	159	M20	Colby Spann, 24, Des Moines, IA	1:56:18	1:57:03	9:21
1855	119	M50	Don Gale, 52, New Virginia, IA	1:56:18	1:58:57	9:21
863	209	W25	Emiyl Gale, 25*, Lincoln, NE	1:56:19	1:58:57	9:21
864	154	W35	Kim Doerscher-Deppe, 37*, Bellevue, IA	1:56:19	2:00:07	9:22
1856	271	M35	Ian Lawler, 38, Huxley, IA	1:56:20	1:59:51	9:22
865	11	W55	Susan Hollins, 55*, Omaha, NE	1:56:20	2:00:12	9:22
866	26	W17	Sarah Hollins, 19*, Omaha, NE	1:56:21	2:00:13	9:22
867	155	W35	Kelcy Lofgren, 39*, Ankeny, IA	1:56:21	2:00:09	9:22
1857	240	M40	Jeff Hodges, 44, Des Moines, IA	1:56:23	1:58:40	9:22
1858	160	M20	Derek Simpson, 20, Ankeny, IA	1:56:23	2:00:21	9:22
1859	339	M30	Nathan Roberts, 31, Newton, IA	1:56:24	1:57:25	9:22
1860	120	M50	Brad Doty, 52, Sidney, IA	1:56:24	1:59:56	9:22
1861	170	M45	Lance Eaton, 45, Grimes, IA	1:56:24	2:01:22	9:22
868	121	W20	Lauren Brandt, 21*, Bettendorf, IA	1:56:24	2:01:21	9:22
1862	161	M20	Alex Doty, 21, Sidney, IA	1:56:25	1:59:56	9:22
1863	324	M25	Adam Singer, 26, Des Moines, IA	1:56:25	2:02:56	9:22
869	29	W50	Darl George, 50*, Urbanidale, IA	1:56:25	1:58:10	9:22
1864	162	M20	Thomas Rentschler, 22, Minneapolis, MN	1:56:25	1:59:05	9:22
870	210	W25	Renee Flack, 27*, Ankeny, IA	1:56:25	1:58:24	9:22
1865	325	M25	Jeff Foster Jr, 29, Des Moines, IA	1:56:25	1:58:27	9:22
1866	121	M50	John Hoversten, 51, Blairsburg, IA	1:56:26	2:02:46	9:22
1867	171	M45	Joel Peterson, 46, Webster City, IA	1:56:26	2:02:46	9:22
871	166	W30	Julie Gould, 32*, Council Bluffs, IA	1:56:26	2:02:10	9:22
1868	88	M17	Lauren Glantz, 19, Cedar Rapids, IA	1:56:26	2:01:18	9:22
872	122	W20	Lisa Foster, 24*, West Des Moines, IA	1:56:26	1:59:07	9:22
873	156	W35	Bobbi Downing, 38*, West Des Moines, IA	1:56:26	2:04:26	9:22
1869	340	M30	David John, 34, Des Moines, IA	1:56:27	1:58:39	9:22

1870	326	M25	Nick Gomez, 28, Cedar Rapids, IA	1:56:27	2:00:03	9:22
874	12	W55	Rebecca Swinton, 55*, Cedar Falls, IA	1:56:28	1:58:57	9:22
1871	341	M30	Justin Holdgrafer, 31, Latimer, IA	1:56:28	2:03:27	9:22
1872	327	M25	Nick Nation, 26, Urbandale, IA	1:56:29	1:57:52	9:22
875	167	W30	Andrea Schuh, 30*, Des Moines, IA	1:56:29	1:59:07	9:22
1873	342	M30	Matt DeWall, 34, Indianola, IA	1:56:29	2:05:16	9:22
876	157	W35	Diane DeWall, 35*, Indianola, IA	1:56:29	2:05:16	9:22
877	95	W40	Sarah DeAngelis, 44*, Keller, TX	1:56:30	2:00:38	9:22
878	158	W35	Joanna Anselme, 36*, Ankeny, IA	1:56:31	2:01:46	9:22
879	123	W20	Jenni Sutton, 24*, St. Louis, MO	1:56:31	2:00:38	9:22
1874	343	M30	Justin Wyatt, 34, Glenwood, IA	1:56:31	2:00:22	9:22
1875	122	M50	Russ Canfield, 54, Austin, TX	1:56:31	2:00:02	9:22
1876	163	M20	Michael Sutton, 24, St. Louis, MO	1:56:31	2:00:39	9:23
1877	328	M25	Lucas Grundmeier, 26, Des Moines, IA	1:56:32	2:00:39	9:23
880	211	W25	Jill Oliver, 28*, Milo, IA	1:56:32	2:00:50	9:23
1878	329	M25	Nicolas Taulbee, 27, Kansas City, MO	1:56:32	2:03:40	9:23
1879	330	M25	Drew Crawford, 25, Norwalk, IA	1:56:33	2:01:20	9:23
1880	172	M45	Bill Sullivan, 49, Johnston, IA	1:56:33	2:07:16	9:23
881	124	W20	Megan Dietrich, 24*, West Des Moines, IA	1:56:34	2:01:20	9:23
882	212	W25	Amanda Aten, 28*, Des Moines, IA	1:56:34	1:59:55	9:23
883	159	W35	Tricia Van Wyk, 38*, Sibley, IA	1:56:34	1:59:15	9:23
1881	164	M20	Korey Roethler, 24, Overland Park, KS	1:56:34	2:03:45	9:23
884	213	W25	Kristin Hammen, 26*, Emmetsburg, IA	1:56:35	2:00:59	9:23
1882	331	M25	Edward Chu, 27, Cedar Rapids, IA	1:56:36	2:00:58	9:23
1883	173	M45	Mark Cowan, 46, Des Moines, IA	1:56:36	1:59:01	9:23
885	125	W20	Corinn Rathbun, 23*, Ames, IA	1:56:36	1:59:02	9:23
886	96	W40	Kara Sue Ranney, 44*, Ames, IA	1:56:36	2:02:44	9:23
887	160	W35	Jennifer Cottier, 37*, Boone, IA	1:56:37	1:59:14	9:23
888	214	W25	Jamie Newel, 25*, Des Moines, IA	1:56:37	1:57:20	9:23
1884	344	M30	Wesley Cottier, 33, Boone, IA	1:56:37	1:59:14	9:23
889	168	W30	Annie Russo, 30*, Huxley, IA	1:56:38	2:00:56	9:23
1885	123	M50	Jeffrey Duffy, 54, De Witt, IA	1:56:38	2:01:31	9:23
1886	345	M30	Will Myers, 30, Lincoln, NE	1:56:38	1:57:56	9:23
1887	174	M45	Chuck Spaur, 49, Grimes, IA	1:56:38	1:59:50	9:23
1888	346	M30	Izaak Myers, 34, Johnston, IA	1:56:39	1:57:56	9:23
1889	332	M25	Jesse Harlan, 29, Atlantic, IA	1:56:40	2:00:37	9:23
1890	241	M40	Andre Sampson, 42, Atlantic, IA	1:56:40	2:00:36	9:23
1891	242	M40	Brent Hoehns, 44, Atlantic, IA	1:56:40	2:00:36	9:23
1892	347	M30	Phil James, 32, Des Moines, IA	1:56:41	1:59:34	9:23
1893	243	M40	Robert Berntsen, 40, Des Moines, IA	1:56:41	2:01:47	9:23
1894	244	M40	James Kickland, 43, Atlantic, IA	1:56:41	2:00:38	9:23
1895	333	M25	Matthew Paulson, 27, Ham Lake, MN	1:56:41	2:07:06	9:23
890	27	W17	Megan Johnston, 17*, Marion, IA	1:56:41	2:01:07	9:23
891	5	JrW	Hannah Pauley, 15*, Columbus, NE	1:56:41	1:58:23	9:23
892	6	JrW	Olivia Miller, 15*, Marion, IA	1:56:41	2:01:07	9:23
893	97	W40	Lori Bates, 40*, Davenport, IA	1:56:42	1:58:46	9:23
1896	348	M30	Jesse Jeun, 30, Clive, IA	1:56:42	2:03:23	9:23
894	215	W25	Carrie Flatjord, 27*, Ankeny, IA	1:56:43	2:02:05	9:23
895	161	W35	Angela Risius, 39*, Ackley, IA	1:56:43	1:59:53	9:23
1897	124	M50	Mike McKim, 50, Boone, IA	1:56:44	2:00:14	9:24
1898	349	M30	Kirk Harrison, 34, Des Moines, IA	1:56:44	2:06:52	9:24
896	216	W25	Sarah Roney, 29*, Des Moines, IA	1:56:45	1:59:25	9:24
1899	350	M30	Jeremy Barkema, 34, Mason City, IA	1:56:45	2:02:08	9:24
897	126	W20	Nicole Riesselman, 23*, West Des Moines, IA	1:56:46	2:04:07	9:24
1900	73	M55	Greg Hauser, 56, Minnetrista, MN	1:56:46	2:01:15	9:24
898	169	W30	Sarah Barkema, 34*, Mason City, IA	1:56:46	2:02:08	9:24
1901	351	M30	Ryan Murphy, 30, West Des Moines, IA	1:56:46	1:59:49	9:24
1902	74	M55	Terence Woods, 55, Mt. Zion, IL	1:56:46	2:02:25	9:24
899	28	W17	Krista McCarty, 19*, Hartley, IA	1:56:46	2:03:55	9:24
900	98	W40	Brenda Bender, 40*, Kalona, IA	1:56:47	2:04:31	9:24
901	217	W25	Kristina Vitzthum, 27*, Slater, IA	1:56:47	1:59:09	9:24
902	218	W25	Michelle Menecke, 28*, Yale, IA	1:56:47	2:03:26	9:24
903	56	W45	Gail Turner, 47*, Polk City, IA	1:56:48	2:00:19	9:24
904	170	W30	Anne Kramer, 31*, Des Moines, IA	1:56:49	2:00:38	9:24

1903	245	M40	David Steim, 42, Ankeny, IA	1:56:49	2:02:43	9:24
1904	352	M30	David Wennerstrom, 30, Lees Summit, MO	1:56:49	1:57:31	9:24
1905	334	M25	Andy Grimes, 29, Bondurant, IA	1:56:50	2:00:17	9:24
905	57	W45	Marie Rainforth, 45*, West Des Moines, IA	1:56:50	2:01:17	9:24
1906	353	M30	Lance Kellow, 31, Ankeny, IA	1:56:50	2:03:40	9:24
1907	272	M35	Chad Armour, 35, Belmont, IA	1:56:50	1:57:20	9:24
906	162	W35	Jodi Buchan, 38*, Johnston, IA	1:56:50	1:59:49	9:24
907	99	W40	Darice Pamperin, 41*, Clive, IA	1:56:51	1:59:49	9:24
908	219	W25	Kylie Peterson, 28*, Grimes, IA	1:56:51	2:00:11	9:24
1908	165	M20	Bradley Smith, 21, Webster City, IA	1:56:52	2:01:13	9:24
909	127	W20	Anna Lammers, 21*, Quincy, IL	1:56:52	2:01:33	9:24
910	220	W25	Kristin Busse, 26*, Omaha, NE	1:56:53	2:03:20	9:24
1909	166	M20	Robert Meade, 23, Council Bluffs, IA	1:56:53	2:05:36	9:24
911	163	W35	Jessica Brunsen, 37*, Des Moines, IA	1:56:55	2:01:02	9:24
1910	335	M25	Edward Ericksen, 25, West Des Moines, IA	1:56:55	2:04:11	9:24
1911	273	M35	Jeff Meis, 38, Waukee, IA	1:56:55	2:00:49	9:24
1912	246	M40	Scott Curtis, 43, Algona, IA	1:56:55	2:02:16	9:24
912	221	W25	Hayley Ericksen, 26*, West Des Moines, IA	1:56:56	2:04:11	9:24
913	100	W40	Sara Curtis, 43*, Algona, IA	1:56:56	2:02:16	9:24
914	58	W45	Carol Eide, 46*, Fort Dodge, IA	1:56:56	1:59:23	9:24
915	128	W20	Tasha Nagel, 23*, Des Moines, IA	1:56:57	2:01:43	9:25
916	129	W20	Kristin Gronbach, 20*, Fort Dodge, IA	1:56:59	1:58:54	9:25
1913	175	M45	Chuck Weno, 46, North Libert, IA	1:57:00	1:57:57	9:25
1914	176	M45	Kevin Gordon, 46, Johnston, IA	1:57:00	1:59:51	9:25
1915	89	M17	Loren Nerhus, 19, Fort Dodge, IA	1:57:01	2:00:47	9:25
1916	336	M25	Eric Hand, 28, Des Moines, IA	1:57:01	2:03:27	9:25
1917	274	M35	Morgan Petty, 39, Ankeny, IA	1:57:02	2:02:07	9:25
917	59	W45	Bobbi Snodgrass, 48*, Indianola, IA	1:57:02	1:59:07	9:25
918	222	W25	Katie Evans, 25*, Ankeny, IA	1:57:02	2:01:51	9:25
1918	247	M40	Andy Lumadue, 44, Clive, IA	1:57:02	2:04:15	9:25
919	223	W25	Jennifer Meyers, 28*, St. Louis, MO	1:57:03	2:01:40	9:25
1919	337	M25	Jason Bell, 26, Des Moines, IA	1:57:03	2:03:09	9:25
1920	275	M35	Andrew Ryder, 38, Ames, IA	1:57:03	2:00:48	9:25
920	171	W30	Jenelle Sisneros, 34*, Cedar Rapids, IA	1:57:03	2:05:20	9:25
1921	276	M35	Tony Stelpflug, 38, Urbandale, IA	1:57:04	2:06:45	9:25
1922	277	M35	Chris Roling, 38, Des Moines, IA	1:57:04	2:01:19	9:25
1923	354	M30	Quanah Walker, 30, Saint Paul, MN	1:57:04	2:00:30	9:25
1924	248	M40	Lance Stedman, 41, West Des Moines, IA	1:57:05	1:57:05	9:25
1925	249	M40	Doug Nichol, 40, Des Moines, IA	1:57:07	1:57:42	9:25
1926	278	M35	Dan Brink, 39, Ankeny, IA	1:57:08	2:00:34	9:25
921	172	W30	Jamie Green, 32*, Des Moines, IA	1:57:08	1:59:47	9:25
922	130	W20	Brooke Malloy, 22*, Coralville, IA	1:57:09	1:59:02	9:26
923	131	W20	Hannah Collins, 22*, Central City, IA	1:57:09	1:59:02	9:26
924	132	W20	Cassandra Olk, 22*, Polk City, IA	1:57:09	1:57:31	9:26
1927	355	M30	Josh Schoeberl, 32, Windsor Heights, IA	1:57:09	2:00:36	9:26
925	164	W35	Rebecca Hannum, 37*, West Point, IA	1:57:10	2:00:21	9:26
926	224	W25	Tina Adrian, 29*, Des Moines, IA	1:57:10	1:57:31	9:26
1928	167	M20	Ryan Zieman, 24, West Des Moines, IA	1:57:10	2:01:42	9:26
927	173	W30	Angela Bishop, 33*, Des Moines, IA	1:57:11	2:00:15	9:26
1929	177	M45	Jon Espenscheid, 45, Marshalltown, IA	1:57:11	1:57:34	9:26
1930	250	M40	Rich Green, 43, Urbandale, IA	1:57:13	1:59:43	9:26
1931	338	M25	Rick Thompson, 27, Boone, IA	1:57:13	2:07:52	9:26
928	7	JrW	Rachel Needham, 16*, Austin, MN	1:57:13	2:05:24	9:26
1932	48	JrM	Jeritt Tucker, 13, Ames, IA	1:57:14	1:59:10	9:26
929	133	W20	Ruth Powell, 22*, Ames, IA	1:57:14	1:59:10	9:26
930	101	W40	Krisanne Colby, 41*, West Des Moines, IA	1:57:15	1:58:58	9:26
931	225	W25	Liesel Powicki, 29*, Mankato, MN	1:57:15	2:00:35	9:26
1933	356	M30	Justin Powell, 32, Waukee, IA	1:57:15	2:10:50	9:26
932	226	W25	Amanda Potter, 28*, Marion, IA	1:57:16	2:00:35	9:26
1934	125	M50	Micheal Gumina, 52, Johnston, IA	1:57:17	1:59:30	9:26
933	29	W17	Morgan Grabinoski, 18*, Armstrong, IA	1:57:17	2:00:30	9:26
934	174	W30	Sonee Stenberg, 34*, Chanhassen, MN	1:57:17	1:59:31	9:26
1935	279	M35	Dan McEntaffer, 35, Clive, IA	1:57:17	2:02:38	9:26
1936	357	M30	Randy Arnold, 30, Ankeny, IA	1:57:18	2:00:06	9:26
935	227	W25	Amber Ruden, 25*, Dubuque, IA	1:57:18	2:06:58	9:26

1937	90	M17	Zakeriah Ellingson, 18, Pleasantville, IA	1:57:19	1:59:28	9:26
936	165	W35	Jenny Nordstrom, 37*, Des Moines, IA	1:57:19	2:02:52	9:26
937	175	W30	Delinda Raleigh, 32*, Knoxville, IA	1:57:19	1:59:28	9:26
1938	339	M25	Andy Briggs, 29, West Des Moines, IA	1:57:20	2:01:33	9:26
1939	340	M25	Cory Briggs, 28, Ankeny, IA	1:57:20	2:01:33	9:26
938	166	W35	Greta Southall, 35*, Indianola, IA	1:57:20	2:00:29	9:26
1940	358	M30	Jeremy Klatt, 33, Mason City, IA	1:57:20	2:00:48	9:26
1941	75	M55	Kevin Keller, 55, Lincoln, NE	1:57:21	1:58:47	9:27
1942	280	M35	Jeff Simbric, 36, Waukee, IA	1:57:21	2:03:08	9:27
1943	178	M45	Scott Sump, 47, Clarinda, IA	1:57:22	1:59:49	9:27
939	176	W30	Megan Hoger, 32*, Indianola, IA	1:57:22	1:59:29	9:27
940	228	W25	Kendra Steuhm, 27*, Indianola, IA	1:57:22	1:59:29	9:27
941	177	W30	Denise Boozell, 34*, Milo, IA	1:57:22	2:00:31	9:27
1944	341	M25	Brent Mathisen, 29, Urbandale, IA	1:57:22	2:03:49	9:27
1945	251	M40	Michael McCrary, 44, Marshalltown, IA	1:57:23	2:01:12	9:27
1946	91	M17	Joshua Metz, 19, Newton, IA	1:57:23	1:58:43	9:27
1947	76	M55	David Gaulke, 58, Indianola, IA	1:57:24	1:58:57	9:27
942	178	W30	Andrea Irving, 30*, Chariton, IA	1:57:25	1:59:08	9:27
943	102	W40	Mary Ducar, 40*, Ankeny, IA	1:57:25	2:03:09	9:27
944	60	W45	Karen Uhrich, 45*, Bettendorf, IA	1:57:25	2:00:50	9:27
1948	252	M40	Lane Goos, 41, Johnston, IA	1:57:26	1:59:49	9:27
945	103	W40	Alyson Skahill, 43*, West Des Moines, IA	1:57:26	1:59:08	9:27
946	134	W20	Jill Lacey, 24*, Iowa City, IA	1:57:26	2:02:22	9:27
947	179	W30	Michelle Sprague, 30*, Audubon, IA	1:57:27	1:58:48	9:27
948	180	W30	Julie Yankey, 31*, Des Moines, IA	1:57:28	2:01:09	9:27
949	229	W25	Stephanie Shaw Ross, 27*, Des Moines, IA	1:57:28	2:01:09	9:27
1949	126	M50	Jeff Hostetter, 51, West Des Moines, IA	1:57:29	1:58:12	9:27
1950	342	M25	Amy Berggren, 28, Omaha, NE	1:57:29	2:01:02	9:27
950	181	W30	Jennifer Booth, 33*, West Des Moines, IA	1:57:29	2:05:15	9:27
1951	127	M50	Brian Walters, 53, Urbandale, IA	1:57:29	1:58:27	9:27
1952	281	M35	Russell Nolan, 35, W. Des Moines, IA	1:57:29	1:59:26	9:27
1953	359	M30	Justin Shaffer, 30, West Des Moines, IA	1:57:30	2:00:27	9:27
951	167	W35	Jenny Guenther, 35*, Marion, IA	1:57:30	2:01:18	9:27
1954	253	M40	Sam Graeve, 42, Audubon, IA	1:57:30	2:00:29	9:27
952	182	W30	Kate Steele, 31*, Des Moines, IA	1:57:31	2:05:18	9:27
953	183	W30	Mandy Van Maanen, 34*, Des Moines, IA	1:57:31	2:05:18	9:27
954	184	W30	Misty Williams, 32*, Chariton, IA	1:57:32	2:04:56	9:27
1955	179	M45	Geoffrey Safford, 48, Norwalk, IA	1:57:33	2:04:02	9:27
955	230	W25	Shelby King, 25*, Clive, IA	1:57:33	2:04:56	9:27
956	104	W40	Deb Safford, 44*, Norwalk, IA	1:57:33	2:04:02	9:27
1956	360	M30	Mitchell Lunn, 30, Fort Dodge, IA	1:57:33	1:57:42	9:27
1957	128	M50	Kevin Rice, 51, Atkins, IA	1:57:34	1:59:38	9:28
1958	77	M55	Daniel Kelley, 55, Battle Creek, MI	1:57:34	2:04:36	9:28
957	185	W30	Mikki Englund, 30*, Marshalltown, IA	1:57:34	2:01:23	9:28
958	186	W30	Jessica Lipkey, 32*, Marion, IA	1:57:34	2:05:38	9:28
1959	282	M35	Dan Huegerich, 35, Ankeny, IA	1:57:35	2:00:53	9:28
959	187	W30	Sara Huegerich, 34*, Ankeny, IA	1:57:35	2:00:53	9:28
1960	129	M50	Scott Tuttle, 52, Ogden, IA	1:57:36	2:01:09	9:28
1961	130	M50	William Johnson, 54, Iowa City, IA	1:57:37	1:57:59	9:28
960	61	W45	Tammy Newton, 47*, Norwalk, IA	1:57:38	1:59:49	9:28
961	231	W25	Maria Brownell, 25*, West Des Moines, IA	1:57:39	2:02:08	9:28
962	232	W25	Natalie Stevenson, 29*, Polk City, IA	1:57:39	2:04:40	9:28
963	188	W30	Jamie Stanton, 32*, Des Moines, IA	1:57:39	1:59:56	9:28
964	62	W45	Loree Horn, 45*, West Des Moines, IA	1:57:40	2:04:24	9:28
965	30	W50	Terri Bunting, 51*, West Des Moines, IA	1:57:40	2:00:03	9:28
1962	78	M55	Curt Hollebrands, 58, Clive, IA	1:57:40	1:58:34	9:28
1963	361	M30	Ryan Unruh, 30, Cedar Rapids, IA	1:57:42	2:05:59	9:28
966	168	W35	Sandra Clark, 35*, Ames, IA	1:57:42	2:01:08	9:28
1964	343	M25	Tyler Winegarden, 29, Windsor Heights, IA	1:57:42	2:00:19	9:28
967	169	W35	Krista Banyas, 35*, Altoona, IA	1:57:43	1:59:23	9:28
968	189	W30	Kelly Lloyd, 31*, Des Moines, IA	1:57:43	2:04:40	9:28
1965	283	M35	Ryan Malecek, 35, Waterloo, IA	1:57:43	2:00:12	9:28
969	170	W35	Anne Fogarty, 37*, Clive, IA	1:57:44	2:02:02	9:28
1966	254	M40	Liviu Totir, 41, Johnston, IA	1:57:44	2:03:36	9:28
970	190	W30	Karen Abbott, 31*, Des Moines, IA	1:57:44	2:01:14	9:28

971	191	W30	Farah Metheny, 31*, Des Moines, IA	1:57:44	2:00:51	9:28
972	233	W25	Lynn Klein, 26*, Owatonna, MN	1:57:44	2:00:42	9:28
1967	180	M45	Steve Klein, 46, Ankeny, IA	1:57:44	2:00:42	9:28
1968	362	M30	Christopher Anderson, 30, Austin, MN	1:57:46	2:01:58	9:29
973	171	W35	Jodee Tippet, 37*, Eldridge, IA	1:57:46	2:01:33	9:29
974	105	W40	Lisa Mondt, 41*, Ames, IA	1:57:46	2:01:31	9:29
1969	363	M30	Matthew Logue, 30, Runnells, IA	1:57:47	2:04:44	9:29
975	135	W20	Ashley Coats, 22*, Adel, IA	1:57:47	2:00:46	9:29
976	234	W25	Trina Flack, 28*, Ankeny, IA	1:57:48	1:59:46	9:29
977	235	W25	Kristin Leeder, 25*, Urbandale, IA	1:57:48	2:01:19	9:29
978	192	W30	Marla Daniels, 32*, Ankeny, IA	1:57:49	2:07:35	9:29
1970	168	M20	Mark Treska, 22, Kirksville, MO	1:57:49	2:02:01	9:29
1971	284	M35	Michael Aasheim, 39, West Des Moines, IA	1:57:49	2:05:50	9:29
979	172	W35	Rachel Lindsay, 36*, Waterloo, IA	1:57:49	2:03:54	9:29
1972	364	M30	Justin Ehm, 32, Cedar Rapids, IA	1:57:49	1:59:41	9:29
980	136	W20	Michelle Treska, 24*, Minneapolis, MN	1:57:49	2:02:02	9:29
1973	131	M50	Scott Meyer, 50, West Des Moines, IA	1:57:50	2:02:47	9:29
1974	365	M30	Troy Knudson, 33, Cedar Rapids, IA	1:57:50	2:04:09	9:29
1975	366	M30	Tom Penne, 33, Altoona, IA	1:57:51	2:02:00	9:29
1976	285	M35	Chad Chicoine, 36, Ankeny, IA	1:57:51	2:00:10	9:29
1977	132	M50	Denny Henrich, 53, Des Moines, IA	1:57:51	1:59:40	9:29
981	173	W35	Linda Stoffel, 38*, Norwalk, IA	1:57:52	2:00:53	9:29
1978	133	M50	Del Christensen, 50, Adel, IA	1:57:52	2:03:22	9:29
1979	181	M45	Tim Leimer, 49, Urbandale, IA	1:57:52	2:03:49	9:29
1980	169	M20	Matthew Moore, 23, Iowa City, IA	1:57:53	2:02:24	9:29
1981	367	M30	Andrew Schaapveld, 30, Waverly, IA	1:57:53	2:00:28	9:29
1982	344	M25	Chad Siedsma, 28, Urbandale, IA	1:57:54	2:01:23	9:29
1983	345	M25	Siaolong Southammavong, 29, Johnston, IA	1:57:55	2:02:54	9:29
982	193	W30	Sarah Hlad, 31*, Indianola, IA	1:57:55	2:00:04	9:29
1984	286	M35	Eric Lohmeier, 36, Des Moines, IA	1:57:55	1:59:52	9:29
1985	368	M30	Anthony Lucia, 34, Des Moines, IA	1:57:55	1:59:16	9:29
983	236	W25	Tawnya Hawkins, 29*, Indianola, IA	1:57:56	2:05:13	9:29
984	237	W25	Nicole Harms, 26*, West Des Moines, IA	1:57:56	2:05:57	9:29
1986	369	M30	Jake Welchans, 33, Des Moines, IA	1:57:56	2:05:57	9:29
985	31	W50	Maureen Hegedus, 51*, Clive, IA	1:57:57	2:01:37	9:29
1987	182	M45	Paul Skjoldal, 46, Gilbert, IA	1:57:57	2:08:32	9:29
1988	287	M35	Darren Herrold, 38, Cambridge, IA	1:57:58	1:59:33	9:29
1989	134	M50	David Body, 52, Polk City, IA	1:57:58	2:01:51	9:29
986	32	W50	Gina Flowers, 50*, Ankeny, IA	1:57:58	1:58:14	9:29
1990	183	M45	Karl Maasdam, 45, Pella, IA	1:57:58	2:01:56	9:30
987	174	W35	Laura Fefchak, 39*, Urbandale, IA	1:57:58	2:01:38	9:30
1991	288	M35	Brian Becker, 38, Des Moines, IA	1:57:59	2:04:10	9:30
988	238	W25	Lacey Woolf, 28*, West Des Moines, IA	1:57:59	2:02:45	9:30
989	175	W35	Debby Hudson, 39*, Van Meter, IA	1:57:59	2:02:46	9:30
1992	184	M45	Dan Carolin, 46, Cedar Rapids, IA	1:57:59	2:04:53	9:30
1993	370	M30	Eric Shaffer, 34, Prole, IA	1:58:00	2:01:29	9:30
990	33	W50	Paula Gillespie, 51*, Muscatine, IA	1:58:01	2:01:06	9:30
991	63	W45	Catherine Engblom, 47*, Grimes, IA	1:58:01	1:58:47	9:30
992	64	W45	Jane Hagen, 47*, Newhall, IA	1:58:01	2:01:59	9:30
993	194	W30	Lindsay Schmitt, 34*, Des Moines, IA	1:58:02	2:05:28	9:30
1994	346	M25	Jonathan Pearson, 29, Clive, IA	1:58:02	2:09:13	9:30
1995	255	M40	Chuck Cozad, 44, Grimes, IA	1:58:03	2:04:32	9:30
1996	185	M45	Tim Trevino, 46, Des Moines, IA	1:58:03	2:01:57	9:30
994	137	W20	Allison Cozad, 20*, Grimes, IA	1:58:03	2:04:32	9:30
995	195	W30	Jill Mollison, 30*, West Des Moines, IA	1:58:03	2:01:57	9:30
996	196	W30	Amanda Garcia, 34*, Grimes, IA	1:58:04	1:59:01	9:30
997	239	W25	Carrie Gosnell, 29*, Des Moines, IA	1:58:04	2:00:49	9:30
998	197	W30	Marcie Becker, 33*, Williamsburg, IA	1:58:04	2:03:03	9:30
1997	371	M30	Ken Gosnell, 34, Des Moines, IA	1:58:04	2:00:49	9:30
1998	372	M30	Shaun Cassells, 31, Cedar Rapids, IA	1:58:05	2:00:46	9:30
1999	135	M50	Paul Kruse, 52, Granger, IA	1:58:05	2:00:05	9:30
999	106	W40	Anne Hampton, 40*, Norwalk, IA	1:58:05	2:01:20	9:30
2000	79	M55	Rik Anderson, 58, Cedar Falls, IA	1:58:06	2:02:18	9:30
1000	138	W20	Trisha Peppers, 24*, Mesa, AZ	1:58:06	2:04:21	9:30
2001	347	M25	Trevor Holland, 26, Altoona, IA	1:58:07	1:59:48	9:30

1001	34	W50	Ronni Scott, 50*, Earlham, IA	1:58:07	2:01:35	9:30
2002	170	M20	Pat Findlay, 21, Collins, IA	1:58:07	2:00:10	9:30
1002	176	W35	Staci Lloyd, 37*, Cresco, IA	1:58:08	2:00:35	9:30
1003	198	W30	Jessica Pendleton, 32*, Johnston, IA	1:58:08	2:01:51	9:30
1004	177	W35	Leah Fry, 35*, Pleasant Hill, IA	1:58:08	2:02:25	9:30
2003	171	M20	Tj Masker, 21, Ames, IA	1:58:09	2:06:41	9:30
2004	49	JrM	Nathaniel Holte, 16, Kirksville, MO	1:58:09	2:00:37	9:30
1005	240	W25	Katrina Karasch, 25*, Chicago, IL	1:58:09	2:04:29	9:30
1006	241	W25	Shea Newmeister, 28*, Eldridge, IA	1:58:10	2:05:18	9:30
1007	178	W35	Jill Welsch, 36*, Ankeny, IA	1:58:10	2:05:13	9:30
2005	348	M25	James Hartkorn, 29, Omaha, NE	1:58:10	2:00:52	9:30
1008	179	W35	Melissa Hamsund, 37*, Winona, MN	1:58:11	2:04:46	9:31
1009	242	W25	Lisa Erickson, 29*, Boone, IA	1:58:11	2:07:23	9:31
2006	136	M50	Bruce Boertje, 53, Pella, IA	1:58:12	2:02:10	9:31
2007	373	M30	Wes Knott, 30, Des Moines, IA	1:58:12	1:59:32	9:31
1010	243	W25	Ann Leeder, 25*, Greenfield, WI	1:58:13	2:01:43	9:31
2008	186	M45	Patrick Baldus, 45, West Des Moines, IA	1:58:13	2:00:55	9:31
2009	374	M30	Brian Anderson, 30, Ames, IA	1:58:13	2:06:00	9:31
1011	107	W40	Stephanie McFarland, 40*, Urbandale, IA	1:58:13	2:01:53	9:31
2010	289	M35	Matt Brummond, 39, Dike, IA	1:58:14	2:00:57	9:31
2011	256	M40	Keith Snow, 43, Ankeny, IA	1:58:14	1:59:11	9:31
1012	139	W20	Emily Smith, 20*, Cedar Rapids, IA	1:58:15	2:08:44	9:31
1013	65	W45	Deborah Holte, 45*, Kirksville, MO	1:58:15	2:00:42	9:31
1014	244	W25	Sarah Ignash, 26*, Kirksville, MO	1:58:15	2:00:42	9:31
2012	187	M45	Jeff Harper, 46, Des Moines, IA	1:58:16	2:05:15	9:31
2013	50	JrM	Jordan Wheeler, 16, Fairbank, IA	1:58:16	2:01:53	9:31
2014	137	M50	Jeff Seals, 50, Newton, IA	1:58:16	2:05:21	9:31
1015	180	W35	Amy Doran, 38*, Jefferson, IA	1:58:17	2:01:37	9:31
1016	245	W25	Jana Hermanson, 27*, Ostego, MN	1:58:17	2:00:44	9:31
2015	290	M35	Josh Romick, 36, Johnston, IA	1:58:17	2:06:34	9:31
2016	188	M45	Kelly Simpson, 49, Jefferson, IA	1:58:17	2:01:37	9:31
1017	181	W35	Missy Jorgenson, 37*, Johnston, IA	1:58:18	2:06:34	9:31
2017	349	M25	Torre Hovick, 27, Ames, IA	1:58:18	2:00:44	9:31
2018	350	M25	Grant Waltz, 29, Urbandale, IA	1:58:19	2:02:41	9:31
2019	375	M30	Travis Burke, 32, Ankeny, IA	1:58:20	2:04:58	9:31
1018	199	W30	Liz Hiveley, 31*, Waukee, IA	1:58:21	2:01:03	9:31
1019	108	W40	Leah Churchman, 40*, Ankeny, IA	1:58:21	2:00:46	9:31
1020	182	W35	Amy Kalous, 35*, Cedar Rapids, IA	1:58:21	2:04:41	9:31
2020	80	M55	Bill Wedeking, 55, Des Moines, IA	1:58:22	2:05:54	9:31
2021	138	M50	Jack Thompson, 51, Norwalk, IA	1:58:22	2:01:27	9:31
1021	246	W25	Sarah Engelbert, 27*, West Des Moines, IA	1:58:22	2:04:25	9:31
2022	172	M20	Jon Steinkamp, 23, West Des Moines, IA	1:58:23	2:00:16	9:31
1022	183	W35	Jenny Peterson, 35*, Waukee, IA	1:58:23	2:02:09	9:32
2023	173	M20	Alex McClure, 22, Des Moines, IA	1:58:24	1:59:09	9:32
2024	291	M35	Eric Johnson, 36, West Des Moines, IA	1:58:24	2:01:36	9:32
2025	81	M55	Jim Pratt, 57, Boone, IA	1:58:24	2:01:22	9:32
1023	140	W20	Danielle Murphy, 22*, Perry, IA	1:58:25	2:02:22	9:32
1024	141	W20	Jamie Dietrich, 21*, West Des Moines, IA	1:58:25	2:03:05	9:32
2026	351	M25	Isaac Bowers, 27, Ames, IA	1:58:25	2:09:56	9:32
2027	257	M40	Matt Meline, 42, West Des Moines, IA	1:58:25	2:04:21	9:32
2028	292	M35	Drew Douglass, 36, Des Moines, IA	1:58:25	2:01:48	9:32
1025	109	W40	Ellen May, 40*, Chicago, IL	1:58:26	2:04:21	9:32
2029	352	M25	Scott Erickson, 28, Ankeny, IA	1:58:28	2:07:40	9:32
2030	258	M40	Brad Buck, 41, Urbandale, IA	1:58:29	2:07:33	9:32
2031	189	M45	Tracy Borkowski, 45, Iowa Falls, IA	1:58:29	2:02:33	9:32
2032	353	M25	Andy Paine, 28, West Des Moines, IA	1:58:30	2:00:12	9:32
1026	142	W20	Sarah Judisch, 24*, Waverly, IA	1:58:30	1:59:01	9:32
1027	200	W30	Mindy Moore, 34*, West Des Moines, IA	1:58:31	2:04:13	9:32
1028	110	W40	Neranjika Dissanayake, 40*, Clive, IA	1:58:31	2:06:04	9:32
1029	247	W25	Maria Drees, 28*, Cedar Falls, IA	1:58:31	2:02:12	9:32
2033	139	M50	Philip Becraft, 52, Ames, IA	1:58:31	2:07:49	9:32
1030	143	W20	Annette Beswick, 21*, Johnston, IA	1:58:32	2:01:02	9:32
2034	174	M20	Ryan Langtimm, 22, Bettendorf, IA	1:58:33	2:01:02	9:32
1031	248	W25	Robin McKinney, 26*, Des Moines, IA	1:58:33	2:00:06	9:32
1032	13	W55	Judy Beswick, 55*, Johnston, IA	1:58:33	2:01:02	9:32

1033	184	W35	Sea Fey, 37*, Nevada, IA	1:58:33	2:05:37	9:32
1034	201	W30	Coralynn Trewet, 31*, Ankeny, IA	1:58:33	2:01:04	9:32
2035	190	M45	Larry Brandt, 49, Bettendorf, IA	1:58:34	2:03:31	9:32
2036	293	M35	Joel Fey, 38, Nevada, IA	1:58:34	2:05:38	9:32
1035	202	W30	Michelle Baumgardner, 33*, Springfield, MO	1:58:34	2:01:49	9:32
2037	294	M35	Todd Siefkas, 39, Clive, IA	1:58:35	2:01:49	9:32
2038	191	M45	Jeff Damman, 48, Ankeny, IA	1:58:35	2:07:15	9:32
2039	140	M50	Stanley Browne, 51, Urbandale, IA	1:58:35	2:02:26	9:32
1036	249	W25	Shandie Tai, 29*, Urbandale, IA	1:58:36	2:03:27	9:33
1037	203	W30	Nicole Quade, 30*, Norwalk, IA	1:58:37	2:02:00	9:33
1038	66	W45	Karen Howell, 47*, Chariton, IA	1:58:37	2:06:00	9:33
1039	185	W35	Mary Jackovin, 37*, Urbandale, IA	1:58:37	2:05:06	9:33
1040	144	W20	Carolyn Grammens, 24*, Grimes, IA	1:58:38	2:02:13	9:33
2040	376	M30	Jason Hughes, 31, Grimes, IA	1:58:38	2:01:07	9:33
1041	250	W25	Elsa Miller, 25*, Bloomington, MN	1:58:38	2:02:13	9:33
1042	35	W50	Connie Dellaca-Hill, 53*, Altoona, IA	1:58:39	2:06:26	9:33
2041	377	M30	Jason Hack, 30, New London, IA	1:58:39	2:01:31	9:33
2042	259	M40	Peter Sand, 44, Urbandale, IA	1:58:39	2:00:56	9:33
1043	186	W35	Carrie Buzzoni, 36*, Polk City, IA	1:58:40	2:08:40	9:33
2043	82	M55	James Kuebler, 58, Des Moines, IA	1:58:41	2:01:12	9:33
2044	192	M45	Michael Joe Harper, 49, West Des Moines, IA	1:58:41	2:01:17	9:33
1044	204	W30	Rich Fetcho, 32*, Bloomfield, IA	1:58:41	2:03:54	9:33
1045	111	W40	Kelli Slocum, 43*, North Liberty, IA	1:58:42	1:59:09	9:33
2045	260	M40	Jon Anderson, 44, Clive, IA	1:58:43	2:02:25	9:33
2046	261	M40	Michael Urich, 43, Ankeny, IA	1:58:43	2:02:47	9:33
2047	175	M20	Brian Courtney, 24, Clive, IA	1:58:43	1:59:59	9:33
1046	251	W25	Kathryn Merrifield, 25*, West Des Moines, IA	1:58:43	2:04:14	9:33
1047	187	W35	Amy Wilkinson, 39*, Ankeny, IA	1:58:43	2:02:16	9:33
1048	205	W30	Susan Pyle, 32*, Ames, IA	1:58:44	2:01:53	9:33
1049	206	W30	Shannon Buttz, 34*, Waukee, IA	1:58:45	2:06:56	9:33
2048	193	M45	Eric Schenkelberg, 46, Houston, TX	1:58:45	2:01:43	9:33
1050	252	W25	Mariah Stauffer, 26*, Waverly, IA	1:58:46	2:02:46	9:33
2049	378	M30	Brian Vaughan, 32, Johnston, IA	1:58:46	2:03:31	9:33
2050	354	M25	Russell Ray, 29, Des Moines, IA	1:58:47	2:05:58	9:33
2051	379	M30	Ryan Blau, 32, Spencer, IA	1:58:47	2:02:43	9:33
2052	262	M40	Nathaniel Meyer, 41, Spencer, IA	1:58:47	2:02:43	9:33
1051	253	W25	Megan Nielsen, 28*, Fremont, NE	1:58:48	2:05:58	9:33
2053	380	M30	Joel Hergenreter, 34, Elkhart, IA	1:58:48	2:03:13	9:33
1052	188	W35	Alecia Rahn-Blakeslee, 37*, Ankeny, IA	1:58:48	2:03:03	9:33
2054	355	M25	Eric Nielsen, 29, Fremont, NE	1:58:48	2:05:59	9:34
1053	189	W35	Bess Wood, 39*, Des Moines, IA	1:58:48	2:03:04	9:34
2055	263	M40	Rick DeBruin, 41, W. Des Moines, IA	1:58:50	2:02:50	9:34
1054	190	W35	Shanda Noonan, 39*, Ankeny, IA	1:58:51	2:01:30	9:34
2056	141	M50	Kevin Crawford, 54, Knoxville, IA	1:58:51	2:02:04	9:34
2057	356	M25	Mark Dempsey, 27, Windsor Heights, IA	1:58:51	2:02:29	9:34
2058	381	M30	Michael Derkenne, 31, West Des Moines, IA	1:58:51	2:01:29	9:34
1055	112	W40	Kimberly Veldhuizen, 43*, Oskaloosa, IA	1:58:52	2:04:50	9:34
1056	14	W55	Trish Prokop, 56*, Cedar Rapids, IA	1:58:53	2:10:11	9:34
2059	194	M45	David Kochel, 45, Des Moines, IA	1:58:53	2:05:35	9:34
2060	382	M30	Scott Kauffman, 32, Grimes, IA	1:58:53	2:01:56	9:34
1057	36	W50	Carolyn Hill, 52*, W. Des Moines, IA	1:58:54	2:01:19	9:34
1058	145	W20	Kelsey Dicken, 22*, Johnston, IA	1:58:54	2:04:18	9:34
1059	146	W20	Jenna Hukee, 22*, Urbandale, IA	1:58:54	2:04:18	9:34
1060	254	W25	Angela Cyr, 28*, Ankeny, IA	1:58:54	2:02:30	9:34
2061	83	M55	Daniel Loomis, 59, Ottumwa, IA	1:58:54	2:07:02	9:34
2062	195	M45	Ed Acoymo, 45, Ankeny, IA	1:58:54	2:02:11	9:34
2063	295	M35	Robert Burnett, 39, Norwalk, IA	1:58:54	2:02:47	9:34
1061	207	W30	Heidi Garcia, 31*, Des Moines, IA	1:58:54	2:00:14	9:34
1062	255	W25	Allison Anderson, 29*, Ames, IA	1:58:55	2:06:41	9:34
1063	191	W35	Danie Andersen-Jeppesen, 35*, Boone, IA	1:58:55	2:05:27	9:34
1064	37	W50	Charlotte Schmidt, 51*, Clive, IA	1:58:55	2:03:16	9:34
2064	296	M35	Shawn Bailey, 36, Altoona, IA	1:58:55	2:01:45	9:34
1065	38	W50	Kim Abbey, 54*, Boone, IA	1:58:55	2:05:28	9:34

2065	264	M40	Jeff Collum, 41, West Des Moines, IA	1:58:57	2:09:06	9:34
2066	297	M35	Adam Jerdee, 37, West Des Moines, IA	1:58:57	2:02:34	9:34
2067	383	M30	Adam Foley, 30, Ames, IA	1:58:58	2:04:21	9:34
1066	192	W35	Amy Price, 39*, Ankeny, IA	1:58:58	2:02:35	9:34
2068	384	M30	Travis Brummond, 30, Ankeny, IA	1:58:59	2:01:42	9:34
1067	256	W25	Tina Miranda, 26*, Grimes, IA	1:58:59	2:03:04	9:34
1068	147	W20	Emily Muff, 24*, Iowa City, IA	1:58:59	2:01:17	9:34
2069	51	JrM	Stetson Hendrix, 16, Fort Dodge, IA	1:59:00	2:03:02	9:34
1069	193	W35	Carol Gschwendtner, 38*, Eden Prairie, MN	1:59:00	2:03:18	9:34
2070	196	M45	David Fulton, 47, Omaha, NE	1:59:00	1:59:41	9:34
1070	148	W20	Brittany DeJong, 20*, Ankeny, IA	1:59:01	2:01:21	9:35
1071	149	W20	Kasey Koehler, 24*, El Dorado Springs, MO	1:59:01	2:05:57	9:35
1072	194	W35	Amy Oehlert, 36*, Urbandale, IA	1:59:01	2:02:17	9:35
1073	208	W30	Amanda Carr, 32*, Fairfield, IA	1:59:02	2:05:44	9:35
1074	257	W25	Sara Boland, 28*, Dubuque, IA	1:59:02	2:00:22	9:35
2071	357	M25	Justin Pudenz, 28, Saint Louis Park, MN	1:59:03	2:01:55	9:35
2072	385	M30	Eric Olinger, 32, Ankeny, IA	1:59:03	2:01:10	9:35
1075	209	W30	April Reitz, 32*, Ida Grove, IA	1:59:04	2:04:35	9:35
2073	298	M35	Mike Austin, 36, Adel, IA	1:59:04	1:59:58	9:35
1076	195	W35	Amy Timmerman, 37*, Johnston, IA	1:59:04	1:59:04	9:35
1077	210	W30	Alecia Moritz, 31*, Fort Dodge, IA	1:59:05	2:02:32	9:35
2074	358	M25	Kevin Peters, 29, Des Moines, IA	1:59:05	2:01:24	9:35
2075	265	M40	John Smith, 42, Carlisle, IA	1:59:05	2:05:34	9:35
2076	299	M35	Todd Galetich, 37, Urbandale, IA	1:59:05	2:02:58	9:35
2077	92	M17	Jack Zehr, 18, Ankeny, IA	1:59:08	2:04:18	9:35
1078	196	W35	Jennifer Toliver, 36*, Waukee, IA	1:59:08	2:03:27	9:35
2078	386	M30	Steve Schmitt, 30, Urbandale, IA	1:59:08	2:03:30	9:35
1079	150	W20	Teresa Lee, 24*, Mason City, IA	1:59:09	2:06:38	9:35
1080	8	JrW	Lauren Engey, 16*, Ackworth, IA	1:59:09	2:06:54	9:35
1081	211	W30	Lisa Benton, 33*, North Liberty, IA	1:59:10	2:03:52	9:35
1082	197	W35	Amy Piercy, 35*, North Liberty, IA	1:59:10	2:03:52	9:35
2079	387	M30	Matthew Pross, 32, Johnston, IA	1:59:10	2:01:26	9:35
1083	198	W35	Laura VanDerGinst, 37*, Johnston, IA	1:59:11	2:05:22	9:35
2080	300	M35	Matthew Thompson, 37, Des Moines, IA	1:59:11	2:04:56	9:35
1084	258	W25	Megan McIntyre, 25*, Boone, IA	1:59:11	2:02:15	9:35
1085	199	W35	Robbi Knudsen, 39*, Valley, NE	1:59:12	2:00:09	9:35
2081	142	M50	Tai Wang, 51, Des Moines, IA	1:59:13	2:04:24	9:35
2082	359	M25	Cory Hanson, 26, Ames, IA	1:59:13	2:02:21	9:36
2083	197	M45	Anthony McBride, 48, Clive, IA	1:59:13	2:01:43	9:36
2084	198	M45	Del Metz, 45, Newton, IA	1:59:13	2:00:33	9:36
1086	151	W20	Jenny Baier, 24*, Urbandale, IA	1:59:13	2:04:54	9:36
2085	388	M30	Andrew Nutting, 30, Des Moines, IA	1:59:14	2:04:06	9:36
1087	113	W40	Angie Cline, 43*, Marion, IA	1:59:14	2:01:28	9:36
2086	389	M30	Ryan Steinfeldt, 33, Ankeny, IA	1:59:14	2:05:51	9:36
2087	266	M40	Willie Brazzle, 41, Des Moines, IA	1:59:14	2:02:28	9:36
2088	360	M25	Brenton Loss, 29, West Des Moines, IA	1:59:14	2:06:37	9:36
1088	212	W30	Nicole Kathman, 32*, Ankeny, IA	1:59:15	2:06:15	9:36
2089	390	M30	John Alessio, 33, West Des Moines, IA	1:59:15	2:03:14	9:36
1089	200	W35	Nicole Bunnell, 35*, Oskaloosa, IA	1:59:15	2:09:14	9:36
2090	84	M55	Gary Gould, 56, Milford, IA	1:59:16	2:01:54	9:36
1090	67	W45	Keri Lewis, 47*, West Des Moines, IA	1:59:17	2:03:24	9:36
2091	361	M25	Michael Pitlick, 28, Waukee, IA	1:59:18	2:02:45	9:36
2092	143	M50	Jerry Lawrence, 50, Des Moines, IA	1:59:18	2:03:54	9:36
2093	362	M25	Ben Carse, 28, Ankeny, IA	1:59:18	2:02:45	9:36
2094	27	M60	Rick Grant, 63, Waukee, IA	1:59:18	2:01:50	9:36
2095	363	M25	Troy Keuning, 28, Ankeny, IA	1:59:19	2:05:10	9:36
1091	259	W25	Abby Conrad, 26*, Clive, IA	1:59:19	2:04:42	9:36
2096	301	M35	Dave Price, 39, West Des Moines, IA	1:59:19	2:00:45	9:36
2097	364	M25	Benjamin Brady, 29, Des Moines, IA	1:59:20	2:04:47	9:36
1092	213	W30	Tiffany Wendling, 34*, Jefferson, SD	1:59:20	2:05:22	9:36
1093	260	W25	Amy Boblit, 29*, Clive, IA	1:59:20	1:59:57	9:36
1094	114	W40	Laurie Johnson, 44*, Osage, IA	1:59:21	2:04:33	9:36
2098	85	M55	Mark Hanson, 57, Ankeny, IA	1:59:21	2:02:17	9:36
2099	6	M65	Steve Schroeder, 67, River Falls, WI	1:59:21	2:09:40	9:36
1095	68	W45	Janine Seibert, 49*, Granger, IA	1:59:22	2:02:05	9:36

1096	69	W45	Deb Michaels, 47*, Pella, IA	1:59:23	2:03:05	9:36
1097	214	W30	Gina Swanson, 31*, West Des Moines, IA	1:59:23	2:03:08	9:36
1098	152	W20	Lynn Sandusky, 24*, Urbana, IL	1:59:23	2:07:23	9:36
1099	153	W20	Jenessa Sawin, 24*, Des Moines, IA	1:59:23	2:07:23	9:36
1100	154	W20	Jessica Stagg, 24*, West Des Moines, IA	1:59:23	2:07:24	9:36
2100	144	M50	Steve Garasky, 52, Ames, IA	1:59:23	2:06:33	9:36
2101	391	M30	Matt Tracy, 32, Waterloo, IA	1:59:23	1:59:23	9:36
1101	215	W30	Jenny Harrington, 34*, Bloomfield, IA	1:59:23	2:05:41	9:36
1102	155	W20	Emilee Rose, 22*, Ames, IA	1:59:24	2:08:50	9:36
1103	261	W25	Jenny Simonis, 26*, West Des Moines, IA	1:59:24	2:04:48	9:36
1104	216	W30	Cora Arnborg, 31*, Altoona, IA	1:59:25	2:05:54	9:36
1105	30	W17	Sami Steinmeyer, 19*, Urbandale, IA	1:59:25	2:07:47	9:36
1106	31	W17	Andrea Sturdevant, 19*, Urbandale, IA	1:59:25	2:07:48	9:36
2102	176	M20	Evan Huseman, 21, Des Moines, IA	1:59:25	2:02:01	9:36
1107	156	W20	Brittany Angell, 20*, West Des Moines, IA	1:59:26	2:07:48	9:37
1108	70	W45	Phyllis Eshelman, 48*, Bridgewater, IA	1:59:26	2:00:18	9:37
1109	71	W45	Jacqueline Cummings, 49*, Ames, IA	1:59:26	2:07:21	9:37
2103	392	M30	Ryan Schulte, 33, Waukee, IA	1:59:28	2:02:25	9:37
1110	217	W30	Jessica Carrasco, 32*, Clarksville, TN	1:59:29	2:05:31	9:37
2104	393	M30	Robert Martin, 31, Issaquah, WA	1:59:30	2:01:45	9:37
2105	28	M60	Dennis Lincicum, 60, Ankeny, IA	1:59:30	2:01:07	9:37
1111	262	W25	Katie Brown, 29*, Ofallon, MO	1:59:30	2:07:00	9:37
2106	199	M45	Dominic Giegerich, 45, Anita, IA	1:59:31	2:01:19	9:37
1112	218	W30	Cheri Brunsting, 33*, Hull, IA	1:59:31	2:02:38	9:37
1113	115	W40	Stephanie Tielbur, 43*, Urbandale, IA	1:59:32	2:00:47	9:37
2107	86	M55	Rick Nagel, 58, Eldridge, IA	1:59:32	2:04:06	9:37
2108	365	M25	Jason Topp, 27, Waukee, IA	1:59:32	2:00:48	9:37
1114	116	W40	Tracy Sabus, 42*, Urbandale, IA	1:59:32	2:00:47	9:37
1115	39	W50	Sandy Roan, 53*, W. Des Moines, IA	1:59:32	2:02:23	9:37
1116	219	W30	Kelly Brown, 31*, Des Moines, IA	1:59:33	2:05:16	9:37
2109	145	M50	John Nelson, 53, Des Moines, IA	1:59:34	2:02:40	9:37
1117	263	W25	Kelli Terrell, 25*, Mason City, IA	1:59:34	2:07:03	9:37
1118	220	W30	Kelly Derouin, 34*, Eden Prairie, MN	1:59:35	2:04:28	9:37
1119	264	W25	Liz Brower, 28*, Des Moines, IA	1:59:35	2:02:43	9:37
1120	201	W35	Brittn Behning-Hagmeier, 36*, Cedar Rapids, IA	1:59:37	2:05:22	9:37
1121	265	W25	Emily Schellhorn, 26*, Cedar Falls, IA	1:59:38	2:03:44	9:38
2110	87	M55	Forey Jacobson, 59, Des Moines, IA	1:59:38	2:02:05	9:38
2111	146	M50	R Michael Stanley, 53, Clive, IA	1:59:39	2:00:42	9:38
1122	157	W20	Katie O'Keefe, 21*, Urbandale, IA	1:59:39	2:00:17	9:38
1123	202	W35	Theresa Callanan, 39*, River Falls, WI	1:59:39	2:04:53	9:38
2112	267	M40	Don Harvey, 42, Newton, IA	1:59:40	2:05:53	9:38
1124	266	W25	Rebecca Fedders, 27*, Mason City, IA	1:59:40	2:03:40	9:38
1125	203	W35	Susan Foix, 36*, Omaha, NE	1:59:40	2:03:15	9:38
1126	117	W40	Lisa Bruner, 44*, Pleasant Hill, IA	1:59:40	2:07:49	9:38
1127	40	W50	Joan Bauer, 52*, Audubon, IA	1:59:40	2:02:31	9:38
2113	268	M40	Chris Foix, 40, Omaha, NE	1:59:41	2:03:16	9:38
1128	267	W25	Laura Lyons, 29*, Grimes, IA	1:59:43	2:07:12	9:38
1129	158	W20	Shannon Henson, 24*, Des Moines, IA	1:59:43	2:04:55	9:38
2114	366	M25	William Scales, 28, Des Moines, IA	1:59:43	2:04:55	9:38
1130	268	W25	Kristen Boyd, 29*, Waukesha, WI	1:59:43	2:02:10	9:38
2115	394	M30	Quincy Beck, 30, Urbandale, IA	1:59:43	2:00:45	9:38
2116	177	M20	Trevor Haden, 20, Johnston, IA	1:59:44	2:02:12	9:38
2117	395	M30	Jeffrey Kennedy, 30, Des Moines, IA	1:59:44	2:04:09	9:38
1131	269	W25	Ashley Mahannah, 28*, Story City, IA	1:59:45	2:06:08	9:38
1132	32	W17	Mallory Klocke, 19*, Dedham, IA	1:59:46	2:01:19	9:38
2118	147	M50	Tom Mahoney, 51, West Des Moines, IA	1:59:46	2:00:51	9:38
1133	33	W17	Kail Cruse, 17*, Mason City, IA	1:59:46	2:05:10	9:38
2119	178	M20	Joseph Sickora, 23, West Des Moines, IA	1:59:46	2:02:28	9:38
1134	204	W35	Sarah Petrak, 36*, Grimes, IA	1:59:47	2:09:46	9:38
2120	200	M45	Michael Gallion, 45, Manly, IA	1:59:48	2:06:14	9:38
2121	396	M30	Nick Brock, 30, Ames, IA	1:59:48	2:01:56	9:38
2122	179	M20	John Geisinger, 22, Ames, IA	1:59:48	2:03:56	9:38
1135	221	W30	Amy Gould, 32*, Pleasant Hill, IA	1:59:49	2:06:54	9:38
1136	159	W20	Kirsten Van Dusseldorp, 21*, Des Moines, IA			

			1:59:49	2:04:25	9:38	
2123	367	M25	Robert Kuennen, 25, Pleasant Hill, IA	1:59:49	2:09:33	9:38
1137	222	W30	Danette Stritt, 32*, Des Moines, IA	1:59:49	2:04:16	9:38
1138	160	W20	Becky Urlaub, 24*, Omaha, NE	1:59:49	2:09:33	9:38
1139	161	W20	Asheley Kephart, 21*, Pella, IA	1:59:49	2:04:25	9:38
2124	269	M40	Matt Speck, 40, Des Moines, IA	1:59:49	2:08:19	9:38
1140	223	W30	Paula Kremser, 31*, Pella, IA	1:59:50	2:07:09	9:38
2125	302	M35	Mike Currans, 37, Omaha, NE	1:59:50	2:04:11	9:39
1141	270	W25	Kristin Compton, 27*, Ankeny, IA	1:59:50	2:04:01	9:39
1142	72	W45	Dee Moline, 49*, Boone, IA	1:59:51	2:04:50	9:39
1143	224	W30	Heidi Hallam, 32*, North Liberty, IA	1:59:51	2:03:17	9:39
1144	118	W40	Julie Rudd, 40*, Bloomfield, IA	1:59:51	2:06:08	9:39
2126	368	M25	Paul Ryan, 29, Grimes, IA	1:59:51	2:02:49	9:39
1145	271	W25	Betsy Funk, 26*, Des Moines, IA	1:59:52	2:01:22	9:39
2127	303	M35	Joseph Hansen, 35, Des Moines, IA	1:59:53	2:02:05	9:39
2128	270	M40	Matthew Paul, 41, Des Moines, IA	1:59:53	2:03:46	9:39
2129	369	M25	Jonathan Plate, 27, Grinnell, IA	1:59:53	2:01:23	9:39
1146	272	W25	Nichelle Plate, 25*, Grinnell, IA	1:59:54	2:01:23	9:39
2130	304	M35	Shay Acheson, 35, Waukee, IA	1:59:54	2:02:56	9:39
1147	273	W25	Shantell Detweiler, 27*, Parnell, IA	1:59:55	2:03:53	9:39
2131	397	M30	Keopasith Kouang, 30, Des Moines, IA	1:59:55	2:06:35	9:39
1148	274	W25	Andrea Ridgeway, 26*, Altoona, IA	1:59:55	2:08:44	9:39
1149	162	W20	Laura Svoboda, 23*, Ankeny, IA	1:59:56	2:04:46	9:39
1150	119	W40	Julie Weiland, 43*, Adel, IA	1:59:57	2:08:25	9:39
1151	205	W35	Jill Schwarte, 38*, Albia, IA	1:59:58	2:02:49	9:39
1152	163	W20	Megan Heitman, 22*, Vinton, IA	1:59:58	2:05:59	9:39
2132	370	M25	Tony Kruse, 28, Ankeny, IA	1:59:58	2:05:30	9:39
2133	398	M30	Venkateshwara Narayanan, 34, West Des Moines, IA			
			1:59:58	2:03:07	9:39	
2134	201	M45	Troy Weiland, 45, Adel, IA	1:59:58	2:08:26	9:39
2135	399	M30	Joseph Smith, 32, Grimes, IA	1:59:58	2:02:40	9:39
1153	120	W40	Joni Tonnemacher, 40*, Johnston, IA	1:59:58	2:02:49	9:39
2136	148	M50	David Dahlquist, 52, Des Moines, IA	1:59:58	2:07:21	9:39
1154	225	W30	Laura Brayton, 30*, Des Moines, IA	1:59:58	2:08:08	9:39
2137	202	M45	Michael McCoy, 49, West Des Moines, IA	1:59:59	2:01:04	9:39
1155	275	W25	Amy Probst, 27*, Phoenix, AZ	1:59:59	2:12:18	9:39
2138	305	M35	John Buzzoni, 36, Polk City, IA	2:00:00	2:10:00	9:39
2139	88	M55	Paul Usztok, 58, Cedar Rapids, IA	2:00:00	2:03:26	9:39
2140	400	M30	Drew Raleigh, 34, Knoxville, IA	2:00:00	2:02:09	9:39
2141	401	M30	Randy Willey, 30, Newton, IA	2:00:00	2:05:11	9:39
1156	164	W20	Alexandra Zwiefel, 22*, Ankeny, IA	2:00:01	2:04:50	9:39
1157	276	W25	Amanda Brantley, 28*, Ankeny, IA	2:00:01	2:06:07	9:39
1158	277	W25	Nicole Daniel, 27*, West Des Moines, IA	2:00:01	2:09:26	9:39
1159	121	W40	Heidi Brown, 40*, Sheldon, IA	2:00:03	2:05:28	9:39
2142	271	M40	Kurt Veenstra, 40, Cedar Rapids, IA	2:00:03	2:05:45	9:40
1160	122	W40	Tracy Roar Vannausdle, 44*, Red Oak, IA	2:00:03	2:05:56	9:40
1161	206	W35	Stacy Farr, 39*, West Des Moines, IA	2:00:03	2:03:09	9:40
1162	226	W30	Donja Milligan, 34*, Palmer Lake, CO	2:00:04	2:03:53	9:40
2143	371	M25	Cory Reiersen, 29, Ames, IA	2:00:04	2:09:20	9:40
2144	402	M30	Matt Heinen, 31, Des Moines, IA	2:00:04	2:06:45	9:40
2145	89	M55	Mike Jackson, 59, Cedar Falls, IA	2:00:06	2:00:42	9:40
2146	90	M55	John Vujnovich, 55, Des Moines, IA	2:00:06	2:02:17	9:40
2147	403	M30	Jeff Foster, 32, Des Moines, IA	2:00:06	2:07:31	9:40
1163	227	W30	Erica Hunt, 31*, Bettendorf, IA	2:00:07	2:03:23	9:40
1164	73	W45	Cindy Lentz, 46*, Polk City, IA	2:00:07	2:06:22	9:40
2148	404	M30	Robert Volp, 31, West Des Moines, IA	2:00:07	2:03:19	9:40
2149	93	M17	Greg Hibbard, 19, Van Meter, IA	2:00:08	2:02:42	9:40
1165	278	W25	Megan Volp, 29*, West Des Moines, IA	2:00:08	2:03:20	9:40
1166	228	W30	Amy McAllister, 34*, Altoona, IA	2:00:10	2:01:50	9:40
1167	279	W25	Julie Davis - Kennedy, 29*, Des Moines, IA	2:00:10	2:04:35	9:40
2150	306	M35	James Smith, 36, Omaha, NE	2:00:10	2:04:31	9:40
1168	207	W35	Kim Luther, 38*, Urbandale, IA	2:00:11	2:05:53	9:40
1169	280	W25	Mae Trullinger, 26*, Waukee, IA	2:00:11	2:03:12	9:40
1170	123	W40	Rhonda Hiatt, 41*, Ankeny, IA	2:00:11	2:03:07	9:40
2151	149	M50	Guy Wernet, 54, Frankfort, IL	2:00:13	2:02:44	9:40

1171	74	W45	Rebecca Campbell, 48*, Grimes, IA	2:00:14	2:02:52	9:40
1172	208	W35	Angela Timp, 37*, Ankeny, IA	2:00:14	2:02:55	9:40
2152	203	M45	David Mens, 48, Nevada, IA	2:00:16	2:06:27	9:41
1173	229	W30	Miki Weber, 30*, Waukee, IA	2:00:16	2:04:37	9:41
1174	209	W35	Sheri Robinson, 36*, Des Moines, IA	2:00:17	2:03:16	9:41
1175	281	W25	Angelica Modtland, 26*, Des Moines, IA	2:00:17	2:04:39	9:41
2153	372	M25	Josh Strehle, 25, West Des Moines, IA	2:00:18	2:07:24	9:41
1176	124	W40	Sandra Stjernberg, 42*, Ankeny, IA	2:00:18	2:03:13	9:41
2154	373	M25	Matthew Smith, 29, Des Moines, IA	2:00:18	2:04:39	9:41
1177	165	W20	Valerie Pitts, 23*, West Des Moines, IA	2:00:18	2:07:25	9:41
1178	282	W25	Lindsay D. Johnson, 26*, Ankeny, IA	2:00:19	2:05:27	9:41
1179	283	W25	Sarah Haines, 29*, Des Moines, IA	2:00:19	2:07:15	9:41
1180	210	W35	Carri Stone, 38*, Tracy, IA	2:00:20	2:04:07	9:41
2155	307	M35	Patrick White, 36, Gladbrook, IA	2:00:21	2:04:29	9:41
2156	272	M40	Nick Miller, 41, Olathe, KS	2:00:21	2:08:20	9:41
1181	230	W30	Stephanie Davis, 31*, Urbandale, IA	2:00:22	2:05:20	9:41
2157	374	M25	Jon Taber, 27, Des Moines, IA	2:00:22	2:04:32	9:41
2158	375	M25	Gabriel Wells, 26, Windsor Heights, IA	2:00:23	2:06:49	9:41
2159	204	M45	Stephen McGinnis, 47, Indianola, IA	2:00:23	2:02:41	9:41
1182	211	W35	Cassandra Mitchell, 37*, Ottumwa, IA	2:00:23	2:02:54	9:41
2160	94	M17	Ryan Crowl, 18, Fort Dodge, IA	2:00:24	2:04:26	9:41
1183	166	W20	Kelsey Hastings, 22*, Cedar Falls, IA	2:00:24	2:04:48	9:41
1184	167	W20	Christy Martin, 23*, Cedar Falls, IA	2:00:24	2:04:48	9:41
1185	284	W25	Katie Gordon, 29*, Des Moines, IA	2:00:24	2:05:36	9:41
2161	405	M30	James Woerdeman, 32, Ankeny, IA	2:00:24	2:05:57	9:41
1186	231	W30	Shashawna Beneke, 31*, Ankeny, IA	2:00:25	2:04:06	9:41
1187	168	W20	Libby Cambron, 20*, Indianola, IA	2:00:26	2:10:00	9:41
1188	212	W35	Dana Kennedy, 37*, Clive, IA	2:00:26	2:08:56	9:41
1189	75	W45	Sarah Ryan, 48*, Ames, IA	2:00:26	2:05:06	9:41
1190	125	W40	Camielle Peterson, 41*, West Des Moines, IA	2:00:26	2:04:37	9:41
2162	150	M50	Steve Shifflett, 52, Ames, IA	2:00:27	2:04:00	9:41
2163	308	M35	David Basile, 38, West Des Moines, IA	2:00:27	2:02:37	9:41
2164	205	M45	Erik Luthens, 45, Urbandale, IA	2:00:27	2:02:34	9:41
1191	232	W30	Tara Hilton, 30*, Indianola, IA	2:00:27	2:10:03	9:41
1192	76	W45	Penny Frey, 47*, Earlham, IA	2:00:27	2:01:11	9:42
1193	77	W45	Teresa Algreen, 47*, Earlham, IA	2:00:28	2:01:12	9:42
2165	309	M35	Winston Jimenez, 38, Marion, IA	2:00:28	2:10:38	9:42
1194	233	W30	Rachel Andrews, 34*, Des Moines, IA	2:00:28	2:04:14	9:42
2166	376	M25	Trent Johnson, 29, Des Moines, IA	2:00:29	2:04:45	9:42
1195	285	W25	Jenna Croft, 25*, Des Moines, IA	2:00:29	2:03:20	9:42
2167	406	M30	Izaah Knox, 33, Des Moines, IA	2:00:29	2:03:20	9:42
2168	377	M25	Adam Flack, 29, Ankeny, IA	2:00:29	2:02:28	9:42
2169	273	M40	Peter Fix, 40, Indianola, IA	2:00:30	2:01:57	9:42
2170	310	M35	Aaron Korsching, 35, Grimes, IA	2:00:30	2:05:28	9:42
1196	169	W20	Megan Lemke, 24*, Polk City, IA	2:00:31	2:04:05	9:42
1197	170	W20	Abbey Infante, 23*, Waterloo, IA	2:00:32	2:10:23	9:42
2171	378	M25	Luke Anderson, 29, West Des Moines, IA	2:00:34	2:08:57	9:42
1198	34	W17	Kristina Pauley, 17*, Columbus, NE	2:00:34	2:04:51	9:42
2172	206	M45	Kevin Fifo, 47, Winterset, IA	2:00:35	2:01:42	9:42
2173	207	M45	Mike Fugate, 48, Des Moines, IA	2:00:36	2:03:49	9:42
1199	234	W30	Kathy Davis, 32*, Collins, IA	2:00:36	2:04:40	9:42
1200	286	W25	Tishauna Acklin, 25*, Waterloo, IA	2:00:36	2:04:25	9:42
1201	235	W30	Kate Bibbs, 34*, Urbandale, IA	2:00:38	2:03:41	9:42
1202	236	W30	Cindy Welch, 32*, Maxwell, IA	2:00:38	2:03:59	9:42
1203	237	W30	Rebecca Morris, 33*, Ankeny, IA	2:00:39	2:03:04	9:42
1204	287	W25	Stacey Guertin, 29*, Cedar Rapids, IA	2:00:39	2:05:22	9:42
1205	288	W25	Andrea Thompson, 28*, West Des Moines, IA	2:00:39	2:10:05	9:42
1206	78	W45	Rebecca Banzhaf, 47*, Marshalltown, IA	2:00:40	2:03:05	9:42
1207	238	W30	Missy Henry, 30*, Des Moines, IA	2:00:40	2:09:24	9:43
1208	213	W35	Cassie VanArkel, 36*, Urbandale, IA	2:00:40	2:03:32	9:43
1209	171	W20	Cherie Hauptmeier, 24*, Dsm, IA	2:00:40	2:10:05	9:43
1210	126	W40	Anne Nizzi, 41*, Wdm, IA	2:00:40	2:02:48	9:43
1211	172	W20	Taylor Smith, 24*, Cherokee, IA	2:00:40	2:07:44	9:43
1212	239	W30	Peggy Norton, 32*, Mason City, IA	2:00:42	2:03:38	9:43

1213	240	W30	Jill Miller, 32*, Urbandale, IA	2:00:42	2:04:33	9:43
1214	241	W30	Janan Felts, 34*, Des Moines, IA	2:00:43	2:03:43	9:43
2174	208	M45	Bill Olson, 45, Urbandale, IA	2:00:44	2:04:33	9:43
2175	379	M25	Gus Berrier, 29, West Des Moines, IA	2:00:44	2:03:22	9:43
2176	407	M30	Aaron Huey, 32, Altoona, IA	2:00:45	2:02:42	9:43
1215	127	W40	Denise King, 42*, Atlantic, IA	2:00:45	2:00:45	9:43
2177	180	M20	Glenn Martin, 21, Iowa City, IA	2:00:46	2:04:30	9:43
1216	35	W17	Kayla Becraft, 19*, Iowa City, IA	2:00:46	2:04:30	9:43
1217	242	W30	Cristan Hoag, 31*, Muscatine, IA	2:00:46	2:08:06	9:43
2178	95	M17	Garrett Ehlke, 18, St. Ansgar, IA	2:00:47	2:02:06	9:43
1218	243	W30	LeAnne Praska, 31*, Woodward, IA	2:00:47	2:08:09	9:43
2179	96	M17	Klay Rustad, 17, Grafton, IA	2:00:47	2:02:06	9:43
2180	97	M17	Cody Marsh, 18, Grafton, IA	2:00:48	2:02:07	9:43
2181	274	M40	Michael Zachmeyer, 44, Milan, IL	2:00:50	2:03:13	9:43
1219	173	W20	Eleanor Owens, 22*, West Des Moines, IA	2:00:50	2:08:10	9:43
1220	244	W30	Mary Meskimen, 33*, North Liberty, IA	2:00:50	2:03:13	9:43
1221	214	W35	Molly Pirtle, 38*, Norwalk, IA	2:00:50	2:03:13	9:43
1222	9	JrW	Sydney Johnston, 13*, Marion, IA	2:00:51	2:05:16	9:43
1223	10	JrW	Emma Miller, 12*, Marion, IA	2:00:51	2:05:16	9:43
1224	289	W25	Anna Olson-Mandel, 29*, West Des Moines, IA	2:00:52	2:09:15	9:44
1225	215	W35	Becky Mollenkamp, 35*, Clive, IA	2:00:53	2:05:25	9:44
2182	380	M25	Justin Rogers, 25, West Des Moines, IA	2:00:53	2:05:25	9:44
1226	41	W50	Jann Miller, 54*, Cedar Falls, IA	2:00:54	2:05:51	9:44
2183	408	M30	John Ridgeway, 30, Ankeny, IA	2:00:54	2:09:42	9:44
1227	290	W25	Lindsey Clausen, 26*, Grimes, IA	2:00:54	2:12:09	9:44
2184	209	M45	Dave Kapler, 46, Dubuque, IA	2:00:54	2:02:55	9:44
1228	174	W20	Lauren Ripley, 24*, Iowa City, IA	2:00:54	2:04:10	9:44
1229	79	W45	Angie Ertl, 47*, Waukee, IA	2:00:54	2:05:26	9:44
2185	52	JrM	Bryan Jordan, 14, Johnston, IA	2:00:55	2:08:50	9:44
1230	128	W40	Christine Franck, 42*, Altoona, IA	2:00:55	2:04:49	9:44
1231	245	W30	Deborah Humpal, 33*, Des Moines, IA	2:00:55	2:07:46	9:44
1232	129	W40	Lisa Rempe, 42*, Urbandale, IA	2:00:55	2:01:40	9:44
1233	291	W25	Janelle Buxton, 26*, Des Moines, IA	2:00:56	2:07:47	9:44
2186	151	M50	Kenneth Goddard, 54, Bondurant, IA	2:00:57	2:01:47	9:44
2187	98	M17	Isaac Bair, 17, Osceola, IA	2:00:57	2:06:24	9:44
2188	409	M30	Dave Dixon, 34, Altoona, IA	2:00:57	2:04:23	9:44
2189	275	M40	Bruce Koffron, 42, Solon, IA	2:00:58	2:06:34	9:44
1234	292	W25	Alison Owens, 27*, West Des Moines, IA	2:00:59	2:08:19	9:44
1235	293	W25	Jade Roper, 28*, Minneapolis, MN	2:00:59	2:04:44	9:44
1236	216	W35	Tracy Bedford, 36*, Des Moines, IA	2:01:00	2:05:03	9:44
1237	130	W40	Kelly Faga, 41*, Iowa Falls, IA	2:01:00	2:04:35	9:44
1238	294	W25	Christie Muenzenberger, 28*, West Des Moines, IA	2:01:01	2:04:09	9:44
1239	42	W50	Deb Fritz, 51*, Des Moines, IA	2:01:01	2:03:44	9:44
2190	381	M25	Christopher Fitzgerald, 26, Des Moines, IA	2:01:01	2:04:09	9:44
2191	181	M20	Ross Lippincott, 24, Slater, IA	2:01:02	2:08:22	9:44
2192	152	M50	Paul Carlson, 50, Clive, IA	2:01:02	2:01:05	9:44
1240	246	W30	Beth Jones, 33*, West Des Moines, IA	2:01:02	2:05:01	9:44
2193	276	M40	Jasom Marciano, 40, Whitewater, KS	2:01:02	2:04:57	9:44
1241	15	W55	Barb Wheelock, 58*, Ames, IA	2:01:03	2:05:17	9:44
1242	217	W35	Kari Anderson, 36*, West Des Moines, IA	2:01:03	2:01:59	9:44
1243	247	W30	Kristy Nelson, 31*, Ankeny, IA	2:01:04	2:04:40	9:44
2194	277	M40	Todd Loecke, 40, Urbandale, IA	2:01:04	2:10:31	9:44
1244	248	W30	Jaime Drewis, 32*, Altoona, IA	2:01:05	2:09:43	9:45
1245	175	W20	Jade Fox, 24*, West Des Moines, IA	2:01:06	2:06:47	9:45
2195	278	M40	Mitchell McCoy, 41, West Des Moines, IA	2:01:06	2:04:02	9:45
2196	311	M35	David Reis, 37, Carroll, IA	2:01:07	2:02:14	9:45
2197	279	M40	Brian Mathis, 40, West Des Moines, IA	2:01:07	2:05:01	9:45
2198	210	M45	Terry Mitchell, 48, West Des Moines, IA	2:01:08	2:05:02	9:45
1246	249	W30	Courtney Johnson, 33*, Stuart, IA	2:01:08	2:03:43	9:45
2199	280	M40	Chris Crockett, 40, Ottumwa, IA	2:01:09	2:03:42	9:45
2200	281	M40	Paul Sapp, 43, Des Moines, IA	2:01:10	2:06:27	9:45
2201	410	M30	Lee Harper, 33, Des Moines, IA	2:01:11	2:05:02	9:45
1247	295	W25	Christy Yuska, 26*, Austin, MN	2:01:12	2:04:20	9:45

2202	153	M50	Gregory Dockum, 50, Des Moines, IA	2:01:13	2:02:57	9:45
1248	218	W35	Sara Coen, 36*, Waukee, IA	2:01:15	2:07:44	9:45
2203	312	M35	Adam Cannon, 36, Iowa City, IA	2:01:17	2:05:26	9:45
2204	211	M45	David Plahn, 48, Manson, IA	2:01:18	2:09:26	9:46
2205	411	M30	Denny Tehan, 31, Ames, IA	2:01:18	2:07:04	9:46
2206	282	M40	Bill Ratzlaff, 43, Solon, IA	2:01:20	2:07:51	9:46
1249	219	W35	Deanna Batchelder, 37*, Des Moines, IA	2:01:20	2:09:05	9:46
1250	176	W20	Lindsay Wiese, 24*, Des Moines, IA	2:01:20	2:05:02	9:46
1251	250	W30	Jill Bock, 34*, Glidden, IA	2:01:21	2:02:56	9:46
2207	91	M55	Dennis Howard, 56, Des Moines, IA	2:01:22	2:04:24	9:46
1252	80	W45	Denise Gonzales, 49*, Des Moines, IA	2:01:22	2:04:39	9:46
1253	177	W20	Anna Rodewald, 24*, Newton, IA	2:01:22	2:01:59	9:46
2208	412	M30	Joshua Shupe, 32, Altoona, IA	2:01:23	2:04:48	9:46
1254	296	W25	Katie Sherzan, 28*, West Des Moines, IA	2:01:23	2:04:35	9:46
1255	297	W25	Bethany Schmidt, 29*, Des Moines, IA	2:01:25	2:05:24	9:46
2209	283	M40	Mark Rehberg, 41, Waukee, IA	2:01:25	2:11:20	9:46
2210	313	M35	Brian Franke, 38, Urbandale, IA	2:01:26	2:03:27	9:46
1256	298	W25	Kimberly Petersen, 27*, Arnolds Park, IA	2:01:27	2:02:17	9:46
2211	413	M30	Zachary Osborn, 33, Columbia, MO	2:01:27	2:06:31	9:46
1257	131	W40	Sarah Patterson, 43*, Newton, IA	2:01:27	2:07:06	9:46
1258	81	W45	Kris Nolte, 48*, Waucoma, IA	2:01:27	2:10:26	9:46
1259	251	W30	Dawn Humpal, 33*, Spillville, IA	2:01:27	2:03:48	9:46
2212	284	M40	Matthew Hurn, 40, Johnston, IA	2:01:28	2:06:44	9:46
1260	43	W50	Mary Harris, 54*, Marshalltown, IA	2:01:28	2:04:14	9:46
1261	252	W30	Donna Wineland, 34*, Knoxville, TN	2:01:28	2:06:14	9:46
2213	414	M30	Ben Miller, 31, Minneapolis, MN	2:01:29	2:05:49	9:46
2214	182	M20	Jake Haden, 23, Johnston, IA	2:01:30	2:03:56	9:47
1262	253	W30	Emily Pape, 33*, Binghamton, NY	2:01:31	2:06:52	9:47
1263	82	W45	Mary Schrunk, 49*, Ames, IA	2:01:31	2:06:54	9:47
2215	382	M25	Justin Campbell, 29, Cedar Rapids, IA	2:01:31	2:08:10	9:47
1264	44	W50	Cheryl Murad, 51*, Urbandale, IA	2:01:32	2:11:02	9:47
2216	415	M30	Corey Wilkerson, 34, Amana, IA	2:01:34	2:06:09	9:47
1265	299	W25	Tracy Cermak, 26*, Norwalk, IA	2:01:34	2:10:59	9:47
1266	300	W25	Angie Richter, 26*, Grimes, IA	2:01:35	2:10:59	9:47
2217	416	M30	John Petersen, 30, West Des Moines, IA	2:01:35	2:04:57	9:47
2218	99	M17	Jason Ryan, 17, Fairbank, IA	2:01:35	2:06:38	9:47
1267	220	W35	Dawn Goodwin, 36*, Ankeny, IA	2:01:35	2:07:46	9:47
1268	45	W50	Donna Carter, 50*, San Antonio, TX	2:01:36	2:04:21	9:47
1269	46	W50	Gwen McIlhon, 53*, Johnston, IA	2:01:36	2:04:08	9:47
2219	154	M50	Alan Algreen, 51, Earlham, IA	2:01:36	2:04:32	9:47
1270	254	W30	Carolyn Miner, 34*, Johnston, IA	2:01:37	2:03:43	9:47
1271	36	W17	Kristen Harrell, 18*, Fort Dodge, IA	2:01:38	2:06:55	9:47
1272	47	W50	Deb Cochran, 50*, Huxley, IA	2:01:39	2:04:15	9:47
2220	285	M40	William Bormann, 40, Urbandale, IA	2:01:39	2:03:06	9:47
1273	132	W40	Lisa Shaw, 44*, Ankeny, IA	2:01:41	2:05:00	9:47
2221	183	M20	Wes Hager, 22, Medford, MN	2:01:41	2:04:24	9:47
1274	83	W45	Nancy Williamson, 49*, Des Moines, IA	2:01:42	2:05:47	9:47
1275	255	W30	Michelle Puls, 34*, Sarasota, FL	2:01:42	2:09:46	9:48
1276	256	W30	Casey Wetjen, 30*, Williamsburg, IA	2:01:42	2:05:00	9:48
2222	155	M50	Karl Ehlers, 51, Urbandale, IA	2:01:42	2:04:22	9:48
2223	383	M25	Joshua Holmes, 25, Washington, IL	2:01:43	2:08:07	9:48
1277	178	W20	Kelsey Goodwin, 22*, Otley, IA	2:01:43	2:07:39	9:48
1278	301	W25	Dana Brenner, 27*, Waukee, IA	2:01:44	2:04:47	9:48
1279	257	W30	Kari Bricker, 31*, Ankeny, IA	2:01:45	2:10:33	9:48
2224	417	M30	Craig Mickley, 31, Ames, IA	2:01:46	2:05:31	9:48
1280	179	W20	Sarah Carlson, 23*, Stanhope, IA	2:01:47	2:05:21	9:48
1281	48	W50	Jan Mackey, 50*, Johnston, IA	2:01:47	2:04:52	9:48
1282	302	W25	Molly Nelson, 29*, West Des Moines, IA	2:01:47	2:07:23	9:48
1283	258	W30	Anne Lyle, 34*, Fairfield, IA	2:01:47	2:04:15	9:48
1284	303	W25	Michelle Swanson, 28*, Des Moines, IA	2:01:48	2:06:35	9:48
2225	384	M25	Steven White, 28, Aurelia, IA	2:01:49	2:04:33	9:48
1285	84	W45	Regina Randall, 46*, Solon, IA	2:01:49	2:03:46	9:48
2226	286	M40	Roger Johnson, 41, Winterset, IA	2:01:51	2:11:18	9:48
2227	418	M30	Joshua Rehmann, 32, Johnston, IA	2:01:51	2:04:15	9:48
1286	85	W45	Mary Clark, 47*, Ames, IA	2:01:51	2:06:28	9:48

2228	314	M35	Mark Henderson, 35, Ames, IA	2:01:51	2:03:06	9:48
2229	156	M50	Rick Davis, 51, Des Moines, IA	2:01:52	2:05:35	9:48
1287	304	W25	Karrie Drake, 27*, Des Moines, IA	2:01:52	2:03:57	9:48
1288	180	W20	Sally Locke-Ward, 24*, Ottumwa, IA	2:01:52	2:08:51	9:48
2230	157	M50	John Gaich, 54, Des Moines, IA	2:01:53	2:07:45	9:48
2231	419	M30	Chawn Honkomp, 32, Clive, IA	2:01:54	2:08:25	9:48
2232	53	JrM	Jon Lensing, 16, Pella, IA	2:01:54	2:05:56	9:48
2233	92	M55	Rick Hillman, 57, Dana, IA	2:01:55	2:09:54	9:49
2234	385	M25	Adam Woodle, 27, Ames, IA	2:01:55	2:05:05	9:49
2235	420	M30	Doug Corson, 34, Clive, IA	2:01:56	2:10:31	9:49
1289	181	W20	Molly Hircock, 24*, West Des Moines, IA	2:01:56	2:09:48	9:49
1290	182	W20	Taylor Vermie, 20*, Cedar Rapids, IA	2:01:56	2:12:26	9:49
1291	259	W30	Tonda Osberg, 31*, Urbandale, IA	2:01:57	2:08:00	9:49
1292	221	W35	Katrisha Heidemann, 39*, Granger, IA	2:01:57	2:07:15	9:49
1293	86	W45	Diane Kruse, 45*, Johnston, IA	2:01:58	2:03:56	9:49
2236	100	M17	Jake Smith, 19, Dubuque, IA	2:01:58	2:03:56	9:49
1294	183	W20	Stephanie Klein, 23*, Cedar Rapids, IA	2:01:58	2:10:25	9:49
1295	87	W45	Lisa Lensing, 47*, Pella, IA	2:02:00	2:06:02	9:49
1296	222	W35	Molly Sivertsen, 36*, Indianola, IA	2:02:00	2:02:00	9:49
1297	184	W20	Alison Charipar, 20*, Ames, IA	2:02:01	2:06:50	9:49
2237	386	M25	Stephen Neff, 27, Madrid, IA	2:02:01	2:12:37	9:49
1298	260	W30	Eva Perales, 31*, Ankeny, IA	2:02:01	2:04:55	9:49
1299	305	W25	Jessica Heyer, 29*, Ankeny, IA	2:02:01	2:11:13	9:49
1300	261	W30	Tracy Paulsen, 32*, Harvey, IA	2:02:01	2:06:25	9:49
2238	315	M35	Adam Conn, 38, Urbandale, IA	2:02:01	2:04:55	9:49
2239	421	M30	Bobby Shepherd, 30, Indianola, IA	2:02:02	2:06:33	9:49
1301	306	W25	Kimberly Meller, 27*, North Liberty, IA	2:02:02	2:04:13	9:49
1302	307	W25	Caryn Lee Meeks, 29*, Indianola, IA	2:02:02	2:04:14	9:49
1303	88	W45	Sherri Huff, 47*, Winterset, IA	2:02:03	2:06:31	9:49
2240	316	M35	Matt Garber, 39, Marshalltown, IA	2:02:03	2:09:18	9:49
1304	308	W25	Jennifer Smith, 26*, Des Moines, IA	2:02:04	2:04:24	9:49
2241	387	M25	Chris Deal, 25, Ames, IA	2:02:06	2:08:17	9:49
1305	309	W25	Tracy Paustian, 26*, Ames, IA	2:02:06	2:08:17	9:49
2242	184	M20	Aaron Abodeely, 23, Iowa City, IA	2:02:08	2:09:15	9:50
1306	262	W30	Meg Harris, 31*, Des Moines, IA	2:02:08	2:08:32	9:50
2243	422	M30	Jim Kremer, 31, Waterloo, IA	2:02:08	2:03:15	9:50
1307	263	W30	Dee Paulsen, 31*, Dike, IA	2:02:09	2:06:33	9:50
1308	310	W25	Jade Clark, 26*, Des Moines, IA	2:02:09	2:03:28	9:50
2244	317	M35	Brian Lazear, 39, Johnston, IA	2:02:09	2:02:28	9:50
2245	318	M35	Tyson Seehase, 35, Clive, IA	2:02:09	2:05:23	9:50
1309	311	W25	Ann Orsini, 28*, West Des Moines, IA	2:02:09	2:11:25	9:50
2246	185	M20	Jeffrey Swanson, 24, Ames, IA	2:02:10	2:03:55	9:50
2247	423	M30	Ryan Ellsworth, 33, Des Moines, IA	2:02:14	2:09:05	9:50
1310	185	W20	Chrissy Derouin, 24*, Saint Louis, MO	2:02:14	2:07:06	9:50
2248	93	M55	John Duffy, 55, West Des Moines, IA	2:02:15	2:03:12	9:50
1311	312	W25	Tasha Renaud, 29*, Grimes, IA	2:02:16	2:09:29	9:50
2249	424	M30	Dan Powers, 30, Polk City, IA	2:02:17	2:06:33	9:50
1312	133	W40	Susan Scalf, 41*, Shakopee, MN	2:02:18	2:08:11	9:50
1313	89	W45	Josena Wadle, 49*, Newton, IA	2:02:18	2:06:17	9:50
1314	313	W25	Emily Noland, 28*, Waterloo, IA	2:02:19	2:06:07	9:50
2250	319	M35	Brad Bruner, 35, Des Moines, IA	2:02:20	2:05:53	9:51
2251	388	M25	Ryan Bracelin, 26, Ankeny, IA	2:02:20	2:06:11	9:51
1315	186	W20	Beth Turner, 23*, Perry, IA	2:02:21	2:06:17	9:51
1316	223	W35	Alicia Jessen, 37*, Marion, IA	2:02:21	2:05:35	9:51
2252	158	M50	Dick Wollman, 52, Omaha, NE	2:02:21	2:07:03	9:51
1317	314	W25	Rachel Meade, 27*, Omaha, NE	2:02:22	2:11:05	9:51
1318	187	W20	Rebecca Meade, 20*, Council Bluffs, IA	2:02:22	2:11:05	9:51
2253	320	M35	Chris Gray, 39, Pella, IA	2:02:22	2:05:57	9:51
1319	315	W25	Jill Buchan, 29*, Ankeny, IA	2:02:22	2:05:11	9:51
2254	425	M30	Dave Thomas, 31, Norwalk, IA	2:02:22	2:07:50	9:51
2255	321	M35	Rob Pollitt, 38, Cedar Rapids, IA	2:02:23	2:12:29	9:51
1320	188	W20	Amanda Smith, 24*, Iowa City, IA	2:02:23	2:04:28	9:51
1321	134	W40	Amy Homan, 43*, Cedar Rapids, IA	2:02:23	2:12:29	9:51
2256	389	M25	Chad Follis, 28, Hartford, IA	2:02:23	2:13:27	9:51
2257	159	M50	Dan Doran, 53, Boone, IA	2:02:23	2:06:08	9:51

2258	186	M20	Jordan Metzger, 24, North Liberty, IA	2:02:23	2:09:51	9:51
1322	316	W25	Laura Osier, 25*, Chicago, IL	2:02:24	2:06:35	9:51
2259	390	M25	Thomas Osier, 29, Chicago, IL	2:02:24	2:06:35	9:51
2260	54	JrM	Tyler Knipp, 16, Readlyn, IA	2:02:24	2:07:28	9:51
1323	317	W25	Cara Moore, 28*, Adair, IA	2:02:24	2:08:38	9:51
2261	55	JrM	Joseph Kuhlmann, 16, Readlyn, IA	2:02:25	2:07:29	9:51
1324	264	W30	Beth Shank, 30*, Dubuque, IA	2:02:25	2:07:32	9:51
1325	189	W20	Stephanie Sessions, 23*, Ankeny, IA	2:02:26	2:05:26	9:51
2262	322	M35	Joseph Frentress, 37, Pleasant Hill, IA	2:02:27	2:03:59	9:51
2263	323	M35	Christopher Siberz, 39, W. Des Moines, IA	2:02:28	2:12:14	9:51
2264	391	M25	Travis Alitz, 25, Des Moines, IA	2:02:28	2:06:19	9:51
2265	212	M45	Curt Carlson, 46, Johnston, IA	2:02:28	2:03:58	9:51
2266	94	M55	Brent Cooper, 55, Urbandale, IA	2:02:29	2:04:03	9:51
1326	190	W20	Kendra Smith, 24*, Pleasant Hill, IA	2:02:29	2:04:58	9:51
1327	191	W20	Valarie Fyfe, 20*, Tinley Park, IL	2:02:30	2:06:51	9:51
1328	318	W25	Ellen Wade, 26*, Pleasant Hill, IA	2:02:30	2:05:53	9:51
1329	135	W40	Kimberly Busse-Hatting, 43*, Grinnell, IA	2:02:30	2:12:36	9:51
1330	265	W30	Carla Seat, 32*, Urbandale, IA	2:02:33	2:09:46	9:52
1331	319	W25	Lisa Bunnell, 27*, Cedar Rapids, IA	2:02:34	2:08:14	9:52
1332	192	W20	Lindsay Hackman, 23*, Atlantic, IA	2:02:35	2:03:48	9:52
1333	193	W20	Amber Meyer, 22*, Bettendorf, IA	2:02:35	2:10:19	9:52
2267	213	M45	Dan Varnum, 48, Ankeny, IA	2:02:35	2:03:36	9:52
2268	426	M30	Dave Mason, 31, Bloomfield, IA	2:02:35	2:11:11	9:52
1334	320	W25	Laura Dillavou, 26*, Ankeny, IA	2:02:35	2:09:58	9:52
1335	321	W25	Tammy Nagle, 29*, Davenport, IA	2:02:36	2:05:19	9:52
1336	322	W25	Katrina Schultz, 28*, West Des Moines, IA	2:02:36	2:04:54	9:52
2269	392	M25	Richard Collins, 27, Des Moines, IA	2:02:37	2:11:20	9:52
1337	323	W25	Molly McWilliam, 29*, Grimes, IA	2:02:38	2:06:37	9:52
1338	136	W40	Kim Schrock, 42*, Ely, IA	2:02:38	2:12:05	9:52
1339	137	W40	Tori Haverkamp, 42*, Ames, IA	2:02:39	2:06:51	9:52
1340	11	JrW	Tess Haverkamp, 16*, Ames, IA	2:02:39	2:06:52	9:52
1341	266	W30	Sara McVay, 33*, Bellevue, NE	2:02:40	2:05:15	9:52
2270	214	M45	Joseph Blank, 45, Vinton, IA	2:02:40	2:06:45	9:52
2271	95	M55	Anson Yeager, 56, Waukee, IA	2:02:41	2:08:23	9:52
2272	427	M30	Christopher Smith, 30, Urbandale, IA	2:02:41	2:06:25	9:52
2273	428	M30	Adam Franklin, 32, Englewood, CO	2:02:41	2:10:15	9:52
1342	267	W30	Alison Monsma, 30*, Des Moines, IA	2:02:41	2:10:57	9:52
2274	101	M17	Zach Cooper, 17, Des Moines, IA	2:02:41	2:12:37	9:52
2275	96	M55	Grald Hill, 57, Altoona, IA	2:02:43	2:10:42	9:52
1343	268	W30	Rachel Rozell, 32*, Marshalltown, IA	2:02:43	2:06:38	9:52
1344	224	W35	Kerry Kingery, 36*, Indianola, IA	2:02:43	2:05:45	9:52
1345	269	W30	Kelly Rooney-Kozak, 30*, Des Moines, IA	2:02:43	2:10:58	9:52
1346	194	W20	Shannon Prososki, 24*, Saint Peter, MN	2:02:44	2:07:12	9:52
1347	270	W30	Stacy Johnson, 32*, Manson, IA	2:02:45	2:08:50	9:53
1348	271	W30	Megan Moeller, 31*, Coralville, IA	2:02:45	2:04:40	9:53
2276	187	M20	Brent Nie, 24, Jesup, IA	2:02:45	2:04:26	9:53
2277	215	M45	Danny Pauley, 47, Coon Rapids, IA	2:02:45	2:04:26	9:53
1349	16	W55	Robin Hyland, 56*, Grimes, IA	2:02:46	2:02:59	9:53
1350	225	W35	Cheri Fegenbush, 38*, Urbandale, IA	2:02:47	2:05:29	9:53
1351	90	W45	Juanita Swoboda, 46*, Des Moines, IA	2:02:48	2:07:38	9:53
1352	324	W25	Erinn Anderson, 27*, Des Moines, IA	2:02:50	2:04:06	9:53
1353	91	W45	John Maggart, 48*, Urbandale, IA	2:02:50	2:09:56	9:53
2278	429	M30	Asween Mallick, 31, Des Moines, IA	2:02:52	2:06:58	9:53
2279	324	M35	Phoukham Baccam, 37, Urbandale, IA	2:02:55	2:08:27	9:53
2280	216	M45	David Steinkruger, 48, Omaha, NE	2:02:55	2:04:47	9:53
1354	138	W40	Elaine Rudolphi, 40*, Cedar Rapids, IA	2:02:55	2:07:38	9:53
1355	325	W25	Jenn Sealine, 26*, West Des Moines, IA	2:02:56	2:09:26	9:53
1356	326	W25	Brooke Jetmund, 25*, Des Moines, IA	2:02:56	2:09:26	9:53
1357	272	W30	Mistie Schau, 34*, Clive, IA	2:02:57	2:09:28	9:54
1358	327	W25	Tara Hageman, 29*, Polk City, IA	2:02:57	2:12:29	9:54
2281	393	M25	Andrew Carlson, 28, West Des Moines, IA	2:02:58	2:06:51	9:54
1359	328	W25	Angela Wolfe, 27*, West Des Moines, IA	2:02:58	2:07:11	9:54
2282	188	M20	Aaron Crittenden, 23, Johnston, IA	2:02:58	2:11:32	9:54
1360	49	W50	Denise Neumann, 54*, Ankeny, IA	2:02:59	2:04:59	9:54
1361	273	W30	Amy Studer, 30*, Waukee, IA	2:03:00	2:11:12	9:54

1362	329	W25	Tana McDermott, 29*, Urbandale, IA	2:03:00	2:09:52	9:54
2283	217	M45	Wade Busch, 46, Mason City, IA	2:03:01	2:08:23	9:54
2284	394	M25	Jonathan Shepherd, 27, Urbandale, IA	2:03:01	2:10:02	9:54
1363	195	W20	Merideth McFarland, 20*, Iowa City, IA	2:03:01	2:12:29	9:54
2285	189	M20	Steven Risewick, 23, Johnston, IA	2:03:01	2:11:35	9:54
1364	37	W17	Courtney Busch, 18*, Mason City, IA	2:03:02	2:08:24	9:54
1365	226	W35	Carmen Gardner, 39*, Marion, IA	2:03:03	2:06:09	9:54
1366	92	W45	Julie Harvey, 49*, Urbandale, IA	2:03:05	2:05:20	9:54
2286	395	M25	Aaron Anderson, 27, Bondurant, IA	2:03:05	2:10:11	9:54
2287	396	M25	Chris Gamble, 25, Des Moines, IA	2:03:06	2:10:12	9:54
2288	218	M45	Bruce Grotenhuis, 48, Urbandale, IA	2:03:06	2:04:52	9:54
2289	325	M35	Dan Ashworth, 36, Ankeny, IA	2:03:06	2:11:35	9:54
1367	139	W40	Holly Theobald, 43*, Clear Lake, IA	2:03:07	2:06:12	9:54
1368	227	W35	Penny Lenz, 37*, Alburnett, IA	2:03:07	2:06:14	9:54
2290	430	M30	Mike Rouse, 30, Norwalk, IA	2:03:08	2:03:55	9:54
1369	140	W40	Mickie Rupiper, 40*, Carroll, IA	2:03:08	2:07:52	9:54
2291	287	M40	Tim Rankin, 42, Knoxville, IA	2:03:09	2:07:32	9:54
1370	330	W25	Hollie Green, 28*, Windsor Heights, IA	2:03:09	2:12:57	9:55
2292	288	M40	Kyle Vondracek, 42, West Des Moines, IA	2:03:09	2:07:32	9:55
2293	289	M40	Joseph Thompson, 40, Ames, IA	2:03:10	2:09:55	9:55

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2294	397	M25	Kenneth McDonald, 26, Winterset, IA	2:03:10	2:06:00	9:55
2295	190	M20	Dylan Sires, 24, Waterloo, IA	2:03:10	2:09:57	9:55
1372	93	W45	Pam Osborn, 45*, Newton, IA	2:03:11	2:06:42	9:55
1373	141	W40	Kathy Strottmann, 40*, Des Moines, IA	2:03:11	2:07:39	9:55
2296	431	M30	Ben Hermanson, 30, Otsego, MN	2:03:12	2:05:38	9:55
2297	432	M30	Josh Beal, 31, Bettendorf, IA	2:03:12	2:07:26	9:55
2298	29	M60	Rich Beal, 61, Bloomington, IL	2:03:12	2:07:26	9:55
1374	228	W35	Kristen Severs, 35*, Pleasant Hill, IA	2:03:12	2:07:28	9:55
2299	433	M30	Chad Vande Lune, 33, Pella, IA	2:03:12	2:08:09	9:55
1375	274	W30	Shay Vande Lune, 32*, Pella, IA	2:03:12	2:08:09	9:55
1376	331	W25	Jacqueline Timmons, 28*, Ankeny, IA	2:03:12	2:08:18	9:55
1377	275	W30	Bonnie Ribbens, 33*, Waukee, IA	2:03:12	2:05:05	9:55
1378	332	W25	Melinda Penfold, 28*, Clear Lake, IA	2:03:13	2:08:26	9:55
1379	142	W40	Connie Byington, 44*, Grimes, IA	2:03:13	2:06:31	9:55
1380	94	W45	Phyllis Peter, 46*, Prairie City, IA	2:03:13	2:09:49	9:55
2300	219	M45	Tony Byington, 47, Grimes, IA	2:03:13	2:06:31	9:55
2301	160	M50	Mark Koskamp, 51, Des Moines, IA	2:03:14	2:10:02	9:55
2302	398	M25	Daniel White, 27, Grain Valley, MO	2:03:14	2:06:29	9:55
1381	196	W20	Sara Reichenauer, 24*, Decorah, IA	2:03:15	2:08:31	9:55
1382	39	W17	Kari Sylvester, 19*, Bondurant,, Ia	2:03:15	2:09:58	9:55
2303	399	M25	David Hruby, 28, Waukee, IA	2:03:15	2:12:12	9:55
2304	290	M40	Dennis McCarville, 44, Ames, IA	2:03:16	2:05:11	9:55
2305	400	M25	Jason Hosch, 28, Waterloo, IA	2:03:16	2:06:42	9:55
1383	229	W35	Whitney Brink, 38*, Ankeny, IA	2:03:17	2:06:43	9:55
1384	197	W20	Kari Till, 23*, Davenport, IA	2:03:17	2:05:10	9:55
1385	333	W25	Kimberly Tierney, 29*, Denver, IA	2:03:17	2:04:26	9:55
2306	401	M25	Andrew Barkley, 29, Desmoines, IA	2:03:17	2:05:55	9:55
2307	220	M45	Tony Vieth, 47, Reinbeck, IA	2:03:18	2:06:07	9:55
1386	95	W45	Joleen Vieth, 47*, Reinbeck, IA	2:03:18	2:06:08	9:55
2308	191	M20	David Warburton, 24, Milford, IA	2:03:19	2:05:51	9:55
1387	334	W25	Kelley Jesnig, 27*, Des Moines, IA	2:03:19	2:07:48	9:55
2309	402	M25	Zackary Richardson, 26, Winterset, IA	2:03:19	2:07:57	9:55
2310	291	M40	Joel Davis, 42, Algona, IA	2:03:19	2:04:52	9:55
2311	192	M20	Bryce Nelson, 24, Albert Lea, MN	2:03:19	2:05:51	9:55
1388	335	W25	Laura Stensland, 26*, Iowa, IA	2:03:20	2:08:36	9:55
1389	336	W25	Tracey Campbell, 28*, Pella, IA	2:03:20	2:09:33	9:55
1390	276	W30	Molly Moore, 31*, Shorewood, IL	2:03:20	2:11:13	9:55
1391	198	W20	Elizabeth Campbell, 24*, West Des Moines, IA	2:03:20	2:09:33	9:55
1392	230	W35	Jodi Bonnett, 35*, Fairfield, IA	2:03:21	2:10:04	9:55
1393	231	W35	Angela Wilson, 37*, Pella, IA	2:03:21	2:03:58	9:55

1394	232	W35	Robin Wastenev, 35*, Des Moines, IA	2:03:21	2:11:51	9:56
1395	277	W30	Andrea Quam, 34*, Urbandale, IA	2:03:22	2:11:51	9:56
2312	326	M35	Colby Weatherly, 35, Corning, IA	2:03:22	2:07:59	9:56
1396	337	W25	Jenna Kreikemeier, 25*, Omaha, NE	2:03:22	2:13:25	9:56
1397	278	W30	Kimberly Willems, 30*, West Des Moines, IA	2:03:23	2:14:55	9:56
1398	233	W35	Neisha Horn, 37*, Newton, IA	2:03:23	2:09:08	9:56
2313	221	M45	Pat Pauley, 46, Honey Creek, IA	2:03:24	2:07:40	9:56
1399	40	W17	Paige Pauley, 17*, Honey Creek, IA	2:03:24	2:07:40	9:56
2314	327	M35	James Horn, 38, Newton, IA	2:03:24	2:09:08	9:56
2315	222	M45	Monte Cochran, 49, Urbandale, IA	2:03:24	2:07:50	9:56
1400	12	JrW	Hannah Snodgrass, 12*, Indianola, IA	2:03:24	2:05:29	9:56
2316	328	M35	Joel Jackman, 39, Des Moines, IA	2:03:24	2:07:04	9:56
1401	234	W35	Tracey Jackman, 39*, Des Moines, IA	2:03:24	2:07:04	9:56
1402	279	W30	Jennifer Geringer, 32*, Johnston, IA	2:03:25	2:11:36	9:56
1403	235	W35	Kori Heuss, 36*, Ames, IA	2:03:25	2:08:48	9:56
1404	143	W40	Lisa Bierman, 42*, Polk City, IA	2:03:25	2:06:13	9:56
1405	280	W30	Shelby Cork, 34*, West Des Moines, IA	2:03:26	2:04:22	9:56
2317	403	M25	Daniel Fox, 28, Ames, IA	2:03:27	2:10:27	9:56
1406	96	W45	Jane Sandoz, 49*, Omaha, NE	2:03:27	2:06:03	9:56
1407	199	W20	Jamie Life, 20*, Oskaloosa, IA	2:03:27	2:08:16	9:56
2318	292	M40	Steve Rooney, 40, Ankeny, IA	2:03:28	2:07:10	9:56
1408	236	W35	Susan Harris, 35*, West Des Moines, IA	2:03:29	2:07:24	9:56
1409	200	W20	Nicole Wells, 24*, Denver, CO	2:03:29	2:12:24	9:56
1410	237	W35	Jennifer Van Houten, 37*, Ankeny, IA	2:03:29	2:07:24	9:56
1411	238	W35	Nancy Sutcliffe, 37*, Norwalk, IA	2:03:29	2:06:16	9:56
2319	97	M55	Terry Asher, 58, Norwalk, IA	2:03:31	2:04:04	9:56
2320	329	M35	Dev Puri, 37, Des Moines, IA	2:03:32	2:08:35	9:56
1412	97	W45	Karen Kordick, 46*, Norwalk, IA	2:03:32	2:08:34	9:56
1413	239	W35	Jill Bartachek, 38*, West Des Moines, IA	2:03:32	2:11:58	9:56
2321	330	M35	Ben Reyes, 36, St. Charles, IA	2:03:33	2:04:55	9:56
1414	240	W35	Laura Lanigan, 39*, Urbandale, IA	2:03:34	2:06:16	9:56
2322	293	M40	Craig Wiertsema, 41, Farragut, IA	2:03:35	2:06:25	9:57
1415	144	W40	Amy Wormsley, 40*, Urbandale, IA	2:03:35	2:12:04	9:57
2323	294	M40	Scott Wormsley, 40, Urbandale, IA	2:03:35	2:12:04	9:57
2324	434	M30	Phonethip Synarong, 33, Ames, IA	2:03:35	2:08:39	9:57
2325	161	M50	Theron Bobzin, 50, Clive, IA	2:03:36	2:08:01	9:57
1416	241	W35	Susan Straka, 39*, Urbandale, IA	2:03:36	2:11:12	9:57
2326	435	M30	Jeremy Seufert, 34, Atlantic, IA	2:03:36	2:07:33	9:57
1417	338	W25	Alisha Harper, 25*, Prole, IA	2:03:37	2:04:15	9:57
1418	242	W35	Kristyn Flake Manjoine, 39*, Muscatine, IA	2:03:37	2:06:04	9:57
2327	331	M35	Travis Kahrig, 35, Waukee, IA	2:03:37	2:05:55	9:57
1419	243	W35	Cindy Kovacs, 36*, Ankeny, IA	2:03:38	2:10:04	9:57
2328	295	M40	Patrick Rogers, 41, West Des Moines, IA	2:03:39	2:09:25	9:57
1420	201	W20	Myra Laird, 22*, Nevada, IA	2:03:39	2:08:54	9:57
1421	339	W25	Erin Heim, 25*, West Des Moines, IA	2:03:40	2:10:02	9:57
2329	223	M45	Michael O'Brien, 47, Waukee, IA	2:03:40	2:14:01	9:57
1422	145	W40	Penny Gerholdt, 40*, Cedar Falls, IA	2:03:41	2:06:10	9:57
2330	224	M45	Neil Wilson, 46, Pella, IA	2:03:41	2:04:19	9:57
2331	193	M20	Drew Craig, 23, Robins, IA	2:03:42	2:10:50	9:57
1423	281	W30	Lisa Rhodes, 32*, Des Moines, IA	2:03:42	2:08:21	9:57
1424	340	W25	Renee Rode, 25*, Waukee, IA	2:03:42	2:08:05	9:57
1425	341	W25	Laura Schoenrock, 28*, Omaha, NE	2:03:42	2:06:23	9:57
1426	282	W30	Lora DeLair, 30*, Omaha, NE	2:03:42	2:06:23	9:57
1427	146	W40	Ann Reinhart, 41*, Des Moines, IA	2:03:43	2:08:22	9:57
1428	283	W30	Shawna Boeding, 33*, Des Moines, IA	2:03:43	2:08:22	9:57
2332	296	M40	Kevin Umphress, 43, Pleasant Hill, IA	2:03:44	2:08:14	9:57
1429	342	W25	Katie Collmann, 25*, West Des Moines, IA	2:03:46	2:07:07	9:57
2333	297	M40	Steve Sartori, 40, Pella, IA	2:03:46	2:08:10	9:57
2334	225	M45	David Kroner, 45, Johnston, IA	2:03:46	2:05:22	9:57
1430	284	W30	Staci Scholten, 31*, Ankeny, IA	2:03:47	2:06:19	9:58
1431	244	W35	Kristin Busby, 35*, Grimes, IA	2:03:47	2:13:00	9:58
2335	332	M35	Brent Meisenheimer, 39, Clive, IA	2:03:48	2:06:20	9:58
2336	436	M30	Mike Naig, 32, Des Moines, IA	2:03:48	2:06:06	9:58
1432	285	W30	Melissa Perrin, 33*, Urbandale, IA	2:03:48	2:10:36	9:58
2337	437	M30	Nicholas Wendt, 32, Des Moines, IA	2:03:48	2:10:36	9:58

1433	245	W35	Julianne Derouin, 38*, Clive, IA	2:03:49	2:08:43	9:58
1434	246	W35	Melissa Michehl, 35*, Fort Dodge, IA	2:03:49	2:13:30	9:58
1435	286	W30	Jennifer Wuebker, 33*, Fort Dodge, IA	2:03:49	2:13:30	9:58
2338	438	M30	Conrad Schmidt, 32, Des Moines, IA	2:03:51	2:07:50	9:58
1436	202	W20	Paige Johnson, 23*, Ankeny, IA	2:03:52	2:04:44	9:58
1437	343	W25	Jamie Jones, 25*, Granger, IA	2:03:52	2:08:16	9:58
1438	98	W45	Lorrie Lockin, 46*, Des Moines, IA	2:03:53	2:12:15	9:58
1439	203	W20	Maggie Graham, 21*, Cedar Falls, IA	2:03:54	2:09:45	9:58
2339	162	M50	Bob Osgood, 53, Cedar Falls, IA	2:03:55	2:06:24	9:58
1440	287	W30	Kacey Parsons, 34*, Pleasant Hill, IA	2:03:55	2:11:24	9:58
2340	194	M20	Cody Huber, 20, Mason City, IA	2:03:55	2:09:19	9:58
1441	344	W25	Stephanie Cross, 27*, Urbandale, IA	2:03:55	2:09:49	9:58
2341	404	M25	Tony Senephansiri, 29, Des Moines, IA	2:03:55	2:10:38	9:58
1442	147	W40	Anna Meeves, 43*, Omaha, NE	2:03:56	2:06:31	9:58
1443	148	W40	Joan Gray, 41*, Clive, IA	2:03:56	2:06:43	9:58
1444	204	W20	Maddie Luedtke, 21*, Ames, IA	2:03:57	2:08:46	9:58
1445	17	W55	Janice Anderzhon, 56*, Farragut, IA	2:03:57	2:09:01	9:58
2342	98	M55	John Hughes, 56, Laguna Niguel, CA	2:03:59	2:11:24	9:59
2343	439	M30	Chad Holt, 33, Clive, IA	2:03:59	2:13:49	9:59
1446	149	W40	Patricia Downing, 42*, Eldridge, IA	2:03:59	2:06:17	9:59
1447	345	W25	Jennifer Groen, 29*, Mason City, IA	2:04:00	2:08:45	9:59
1448	346	W25	Renee Sorenson, 29*, Mason City, IA	2:04:00	2:10:07	9:59
1449	150	W40	Julie Schwalbe, 44*, Des Moines, IA	2:04:00	2:10:02	9:59
1450	151	W40	Ellen Toomsen, 43*, Ackley, IA	2:04:01	2:07:11	9:59
1451	205	W20	Jami Coates, 24*, Des Moines, IA	2:04:02	2:05:39	9:59
1452	152	W40	Valerie Boehlje, 41*, Altoona, IA	2:04:02	2:05:39	9:59
1453	288	W30	Tina Lancing, 34*, Ankeny, IA	2:04:02	2:07:18	9:59
2344	102	M17	John Zaimes, 19, Mokena, IL	2:04:03	2:09:32	9:59
1454	347	W25	Lindsey Kauffman, 26*, Des Moines, IA	2:04:04	2:09:33	9:59
2345	298	M40	Murray Smith, 44, Clive, IA	2:04:04	2:10:57	9:59
1455	247	W35	Patricia Westmoreland, 39*, Iowa City, IA	2:04:04	2:10:41	9:59
2346	103	M17	Jordan Costello, 19, Johnston, IA	2:04:04	2:10:58	9:59
2347	299	M40	James Varland, 40, Eagle Grove, IA	2:04:05	2:10:41	9:59
1456	348	W25	Allison Ambrose, 27*, Des Moines, IA	2:04:05	2:08:48	9:59
1457	99	W45	Lori Bosley, 47*, Slater, IA	2:04:06	2:10:39	9:59
2348	195	M20	Luke Swehla, 20, Des Moines, IA	2:04:06	2:06:39	9:59
1458	248	W35	Brandi Helmkamp, 35*, Ankeny, IA	2:04:07	2:06:27	9:59
1459	349	W25	Teresa Anderson, 29*, Rockwell City, IA	2:04:07	2:10:42	9:59
1460	289	W30	Sara Buettner, 31*, Webb, IA	2:04:08	2:12:40	9:59
2349	30	M60	Mark Petersen, 62, Panora, IA	2:04:09	2:08:21	9:59
2350	56	JrM	Treouis Sankey, 16, Fort Dodge, IA	2:04:09	2:07:56	9:59
1461	206	W20	Elizabeth Lund, 23*, Urbandale, IA	2:04:10	2:11:03	9:59
1462	153	W40	Jeanine Casey, 40*, Chanhassen, MN	2:04:11	2:12:37	10:00
1463	249	W35	Christy Rietz, 38*, Huxley, IA	2:04:12	2:12:38	10:00
2351	196	M20	Collin Grotenhuis, 23, Urbandale, IA	2:04:12	2:05:58	10:00
1464	290	W30	Laura Drees, 32*, Indianola, IA	2:04:13	2:11:31	10:00
1465	350	W25	Lyndsi Roenfeld, 28*, W. Des Moines, IA	2:04:13	2:07:21	10:00
1466	250	W35	Laurie Marriott, 36*, West Des Moines, IA	2:04:14	2:09:45	10:00
2352	163	M50	John Lukasko, 50, Solon, IA	2:04:14	2:07:12	10:00
1467	251	W35	Norita Breyfogle, 38*, Sioux City, IA	2:04:15	2:10:18	10:00
2353	333	M35	Matt Brennecke, 39, Polk City, IA	2:04:15	2:10:14	10:00
1468	207	W20	Amanda Gramlich, 23*, Kansas City, MO	2:04:15	2:09:46	10:00
1469	154	W40	Tina Brennecke, 41*, Polk City, IA	2:04:15	2:10:14	10:00
2354	164	M50	Praveen Prasad, 54, Clive, IA	2:04:15	2:05:33	10:00
1470	291	W30	Trisha Mangold, 31*, Princeton, IL	2:04:16	2:08:53	10:00
2355	405	M25	Chad Conley, 26, Des Moines, IA	2:04:16	2:08:12	10:00
1471	208	W20	Olga Beglet, 24*, Des Moines, IA	2:04:17	2:06:33	10:00
2356	334	M35	Timothy Derouin, 39, Clive, IA	2:04:17	2:09:11	10:00
2357	197	M20	Brian Reding, 24, Des Moines, IA	2:04:17	2:06:33	10:00
2358	300	M40	Nick Pross, 40, Atlantic, IA	2:04:17	2:08:15	10:00
2359	335	M35	John Hoekstra, 39, Johnston, IA	2:04:18	2:11:55	10:00
1472	351	W25	Erin Scapanski, 27*, Sartell, MN	2:04:18	2:08:53	10:00
1473	352	W25	Amy Hasenclever, 29*, Fort Madison, IA	2:04:18	2:10:21	10:00
1474	155	W40	Michele Winger, 41*, Waukee, IA	2:04:18	2:07:22	10:00
2360	336	M35	John Anglick, 37, Indianola, IA	2:04:18	2:11:27	10:00

1475	353	W25	Melissa Pieper, 27*, Fort Madison, IA	2:04:19	2:10:21	10:00
1476	252	W35	Emily Eisentrager, 35*, Altoona, IA	2:04:19	2:05:59	10:00
1477	253	W35	Jeni Sundermeyer, 35*, Pleasant Hill, IA	2:04:19	2:08:15	10:00
1478	292	W30	Anita Kremser, 33*, Pella, IA	2:04:19	2:11:39	10:00
2361	406	M25	Tim Maher, 29, Des Moines, IA	2:04:20	2:08:15	10:00
1479	293	W30	Brooke Achenbach, 34*, Clive, IA	2:04:20	2:09:34	10:00
1480	209	W20	Angela Johnston, 23*, Greenfield, IA	2:04:21	2:13:03	10:00
1481	254	W35	Lynn Stover, 36*, Wichita, KS	2:04:21	2:07:53	10:00
2362	165	M50	Linley Woelk, 53, Marion, IA	2:04:21	2:06:28	10:00
2363	440	M30	Nolan Stribe, 31, Ankeny, IA	2:04:21	2:07:23	10:00
2364	441	M30	Adam Doll, 33, Adel, IA	2:04:22	2:08:11	10:00
2365	407	M25	Brad Hingtgen, 26, West Des Moines, IA	2:04:22	2:08:04	10:00
2366	408	M25	Patrick Hall, 25, Ames, IA	2:04:23	2:05:22	10:00
2367	337	M35	David Chumbley, 39, Rosemount, MN	2:04:23	2:04:43	10:00
1482	255	W35	Keri Chumbley, 38*, Rosemount, MN	2:04:23	2:04:43	10:00
2368	442	M30	Brandon Kienitz, 31, Belle Plaine, IA	2:04:24	2:08:09	10:01
1483	100	W45	Carrie Moore, 49*, Gladstone, MO	2:04:24	2:06:08	10:01
1484	354	W25	Sara Schyvinck, 29*, Grimes, IA	2:04:24	2:08:39	10:01
1485	256	W35	Amber Cahill, 35*, Ankeny, IA	2:04:25	2:08:33	10:01
2369	31	M60	Patrick Kozitza, 61, Des Moines, IA	2:04:25	2:07:59	10:01
2370	301	M40	Tim Coltvvet, 42, Lenexa, KS	2:04:27	2:07:21	10:01
1486	355	W25	Jamilee Sierck, 26*, Johnston, IA	2:04:27	2:08:41	10:01
2371	409	M25	William Putz, 29, Des Moines, IA	2:04:27	2:12:43	10:01
2372	338	M35	Steve Miller, 37, Des Moines, IA	2:04:27	2:09:58	10:01
2373	410	M25	Evan Noble, 28, Johnston, IA	2:04:27	2:08:41	10:01
1487	257	W35	Shelby Larson, 35*, Dayton, IA	2:04:27	2:15:01	10:01
1488	210	W20	Stacie Nelson, 23*, Des Moines, IA	2:04:28	2:07:52	10:01
2374	411	M25	Ryan Stowe, 29, Urbandale, IA	2:04:28	2:12:51	10:01
1489	356	W25	Alison Miller, 25*, Ankeny, IA	2:04:30	2:08:30	10:01
1490	294	W30	Lisa Blunk, 30*, Ankeny, IA	2:04:30	2:11:18	10:01
1491	258	W35	Deborah Smith, 38*, Stanton, IA	2:04:31	2:06:12	10:01
2375	412	M25	Justin Oswald, 25, Urbandale, IA	2:04:31	2:05:14	10:01
1492	357	W25	Tara Case, 25*, Des Moines, IA	2:04:31	2:08:32	10:01
1493	50	W50	Laurie Saunders, 54*, East Moline, IL	2:04:32	2:08:54	10:01
1494	101	W45	Denna Mitchell, 45*, Greenfield, IA	2:04:32	2:13:14	10:01
2376	226	M45	Doug Righi, 49, West Des Moines, IA	2:04:32	2:14:01	10:01
2377	339	M35	Jeff Umstead, 36, Johnston, IA	2:04:33	2:06:43	10:01
1495	259	W35	Dee McDonald, 38*, Urbandale, IA	2:04:34	2:16:39	10:01
1496	156	W40	Michelle Willenborg, 40*, Urbandale, IA	2:04:34	2:16:39	10:01
2378	302	M40	Keith Lydon, 40, West Des Moines, IA	2:04:35	2:07:37	10:01
1497	260	W35	Chris Keenan, 36*, Ames, IA	2:04:35	2:14:41	10:01
1498	261	W35	Angela Tewfik, 35*, Grimes, IA	2:04:36	2:08:55	10:02
1499	295	W30	Sara Chicoine, 32*, Ankeny, IA	2:04:37	2:06:56	10:02
1500	358	W25	Michelle Isaac, 29*, Ankeny, IA	2:04:37	2:07:18	10:02
2379	413	M25	Lane Danielsen, 29, Ankeny, IA	2:04:37	2:15:51	10:02
1501	262	W35	Kristin Moeckly, 37*, Lawrence, KS	2:04:37	2:06:36	10:02
1502	359	W25	Britta Wey, 25*, Johnston, IA	2:04:38	2:09:21	10:02
1503	211	W20	Laura Pedersen, 20*, Ames, IA	2:04:38	2:07:46	10:02
2380	443	M30	Henry Wood, 33, Des Moines, IA	2:04:39	2:13:21	10:02
1504	157	W40	Kathy Skopec, 44*, Coralville, IA	2:04:41	2:06:44	10:02
1505	102	W45	Kay Veldkamp, 45*, Cumming, IA	2:04:41	2:08:41	10:02
1506	296	W30	Sarah Robertson, 32*, Des Moines, IA	2:04:41	2:14:18	10:02
1507	297	W30	Shawna Minard, 32*, Knoxville, IA	2:04:41	2:06:50	10:02
2381	227	M45	Brent Veldkamp, 48, Cumming, IA	2:04:41	2:08:42	10:02
1508	212	W20	Abbie Burkhart, 22*, St. Louis, MO	2:04:41	2:09:09	10:02
1509	360	W25	Kiley Stenberg, 26*, Des Moines, IA	2:04:42	2:08:29	10:02
2382	198	M20	Erik Nysten, 24, Iowa City, IA	2:04:42	2:08:29	10:02
1510	298	W30	Gina Rooney, 30*, Ankeny, IA	2:04:43	2:08:25	10:02
2383	228	M45	Rob Wonderlich, 47, Ollie, IA	2:04:43	2:09:57	10:02
2384	229	M45	Mike Gooding, 48, Urbandale, IA	2:04:43	2:08:49	10:02
2385	303	M40	Jeff Menke, 41, Indianola, IA	2:04:44	2:09:34	10:02
2386	340	M35	Bill Gossman, 39, Ankeny, IA	2:04:44	2:07:34	10:02
1511	299	W30	Michelle Broshar, 30*, Pleasant Hill, IA	2:04:44	2:09:13	10:02
1512	361	W25	Katrina Winsnes, 25*, Omaha, NE	2:04:44	2:09:17	10:02
2387	199	M20	Matt Busche, 24, Ames, IA	2:04:46	2:06:56	10:02

1513	300	W30	Amy Booth, 30*, Altoona, IA	2:04:46	2:10:55	10:02
2388	32	M60	Charles Potter, 61, Muscatine, IA	2:04:46	2:09:51	10:02
1514	362	W25	Tory Olson, 26*, Urbandale, IA	2:04:46	2:14:58	10:02
2389	414	M25	Rylan DeValois, 25, Iowa City, IA	2:04:47	2:09:18	10:02
1515	158	W40	Ann Wilde, 41*, Eagle Grove, IA	2:04:49	2:12:23	10:03
1516	159	W40	Denise Helmick, 43*, Eagle Grove, IA	2:04:49	2:12:23	10:03
1517	263	W35	Erin Nanke, 37*, Johnston, IA	2:04:49	2:09:01	10:03
1518	41	W17	Kelsey Brandt, 17*, Bettendorf, IA	2:04:51	2:11:44	10:03
2390	230	M45	Brian Yung, 46, Sioux City, IA	2:04:51	2:10:53	10:03
2391	99	M55	A Jeff Crawford, 55, West Des Moines, IA	2:04:51	2:08:46	10:03
1519	301	W30	Danielle Hermann, 32*, Waukee, IA	2:04:51	2:12:09	10:03
2392	304	M40	Mark Henderson, 44, Springfield, IL	2:04:51	2:10:53	10:03
1520	160	W40	Sue Frederick, 43*, Springfield, MO	2:04:52	2:11:02	10:03
1521	363	W25	Beverly Smith, 27*, Middleville, MI	2:04:52	2:11:55	10:03
1522	161	W40	Cindy Bennett, 41*, Springfield, MO	2:04:52	2:11:02	10:03
1523	162	W40	Sandra Stone, 43*, Des Moines, IA	2:04:52	2:13:18	10:03
2393	341	M35	Brian Schueller, 36, Waukee, IA	2:04:53	2:08:53	10:03
1524	364	W25	Marie Sturm, 27*, Lake View, IA	2:04:53	2:08:18	10:03
1525	264	W35	Becky Alexander, 38*, Mason City, IA	2:04:53	2:10:38	10:03
1526	213	W20	Maggie Perry, 21*, Bondurant, IA	2:04:54	2:05:31	10:03
2394	415	M25	Nate Adams, 27, West Des Moines, IA	2:04:58	2:08:08	10:03
2395	342	M35	McLean Jordan, 36, Ankeny, IA	2:04:58	2:11:49	10:03
2396	200	M20	Garrett Pieper, 23, Colfax, IA	2:04:58	2:14:58	10:03
1527	214	W20	Leah Riesselman, 24*, Carroll, IA	2:04:58	2:09:53	10:03
1528	302	W30	Sharon McMartin, 34*, Ankeny, IA	2:04:59	2:11:49	10:03
1529	18	W55	Debi Daters, 55*, Cedar Falls, IA	2:04:59	2:13:47	10:03
1530	163	W40	Amy Muhlenbruck, 44*, Ankeny, IA	2:05:00	2:07:41	10:03
1531	215	W20	Jessie Boll, 23*, Ames, IA	2:05:00	2:08:00	10:03
1532	164	W40	Kris Archer, 42*, Urbandale, IA	2:05:01	2:08:18	10:04
1533	265	W35	Kimberly Anderson, 37*, Clarion, IA	2:05:02	2:09:23	10:04
1534	303	W30	Jody Johnson, 31*, Clarion, IA	2:05:02	2:09:23	10:04
1535	365	W25	Lyndsey Specht, 26*, Huxley, IA	2:05:02	2:14:51	10:04
2397	416	M25	Jen Dovre, 25, Polk City, IA	2:05:02	2:14:51	10:04
1536	304	W30	Valerie Gingrich, 32*, Tacoma, WA	2:05:03	2:08:54	10:04
1537	305	W30	Aimee Wesley, 34*, Aurora, CO	2:05:04	2:10:22	10:04
1538	306	W30	Megan Simon, 30*, Cedar Rapids, IA	2:05:04	2:09:47	10:04
1539	307	W30	Amanda Jirak, 32*, Ames, IA	2:05:04	2:10:22	10:04
2398	201	M20	Kody McCauley, 23, Ankeny, IA	2:05:04	2:13:27	10:04
2399	33	M60	Phil McCune, 64, Grinnell, IA	2:05:04	2:06:11	10:04
2400	343	M35	Jeff Barr, 37, Des Moines, IA	2:05:05	2:11:14	10:04
2401	444	M30	Brian Sawhill, 33, Runnells, IA	2:05:06	2:12:47	10:04
2402	445	M30	Matt Dyer, 34, Glenwood, IA	2:05:06	2:08:12	10:04
1540	13	JrW	Emily Maruth, 15*, Ankeny, IA	2:05:06	2:07:43	10:04
1541	165	W40	Melita Schuster, 43*, Des Moines, IA	2:05:08	2:09:04	10:04
2403	344	M35	Lochlan McIntosh, 39, Mitchellville, IA	2:05:09	2:12:51	10:04
2404	305	M40	Chris Ward, 40, Ackworth, IA	2:05:09	2:09:12	10:04
2405	104	M17	C J Ward, 18, Ackworth, IA	2:05:10	2:09:12	10:04
2406	345	M35	Joseph McGaffey, 36, Ankeny, IA	2:05:10	2:09:11	10:04
2407	306	M40	Kevin Avey, 42, Frisco, TX	2:05:10	2:05:57	10:04
1542	103	W45	Patricia Carlson, 47*, Atlantic, IA	2:05:11	2:09:09	10:04
1543	266	W35	Leslie Dobbs, 36*, Urbandale, IA	2:05:11	2:11:52	10:04
2408	446	M30	Rob Walker, 30, Des Moines, IA	2:05:11	2:08:57	10:04
1544	267	W35	Threase Harms, 35*, Windsor Heights, IA	2:05:11	2:09:42	10:04
2409	447	M30	Steve Pope, 33, Des Moines, IA	2:05:12	2:09:18	10:04
1545	216	W20	Cherie Welch, 24*, Perry, IA	2:05:12	2:10:54	10:04
1546	217	W20	Sarah Lenz, 24*, Des Moines, IA	2:05:12	2:10:54	10:04
1547	268	W35	Amy Grevengoed, 38*, West Des Moines, IA	2:05:12	2:10:06	10:04
1548	366	W25	Krystle Campa, 27*, West Des Moines, IA	2:05:13	2:12:19	10:04
1549	308	W30	Stacy Kuehler, 33*, West Des Moines, IA	2:05:15	2:13:03	10:05
1550	269	W35	Dana King, 38*, Ankeny, IA	2:05:15	2:08:57	10:05
1551	218	W20	Jennifer Haines, 21*, Cedar Falls, IA	2:05:15	2:11:46	10:05
1552	270	W35	Brenda Jones Wiarda, 39*, West Des Moines, IA	2:05:15	2:15:15	10:05
1553	309	W30	Cynnamon Brown, 34*, West Des Moines, IA	2:05:16	2:15:15	10:05
1554	219	W20	Jennifer Nieman, 24*, Iowa City, IA	2:05:16	2:10:57	10:05

2410	417	M25	Ronald Strait, 25, Des Moines, IA	2:05:18	2:09:27	10:05
2411	202	M20	Benjamin Knefelkamp, 22, Columbia, MO	2:05:18	2:07:56	10:05
1555	271	W35	Kimberly Kochel, 38*, Des Moines, IA	2:05:19	2:12:00	10:05
2412	231	M45	Jim Popp, 46, Waukee, IA	2:05:19	2:13:07	10:05
2413	346	M35	Wayne Beam, 36, Ankeny, IA	2:05:19	2:08:22	10:05
2414	418	M25	Joel Zehr, 29, Minneapolis, MN	2:05:19	2:11:09	10:05
2415	203	M20	Blake Dursky, 23, Cedar Rapids, IA	2:05:20	2:10:58	10:05
1556	310	W30	Megan Flynn, 32*, Des Moines, IA	2:05:20	2:08:08	10:05
1557	367	W25	Nahed Zehr, 28*, Minneapolis, MN	2:05:21	2:11:09	10:05
1558	220	W20	Elizabeth Lloyd, 20*, Urbandale, IA	2:05:21	2:10:53	10:05
1559	221	W20	Anna Bernard, 20*, Urbandale, IA	2:05:22	2:10:53	10:05
2416	100	M55	Jack Sandmeier, 59, Knoxville, IA	2:05:22	2:06:03	10:05
1560	42	W17	Mary Rowley, 18*, Urbandale, IA	2:05:22	2:10:54	10:05
1561	222	W20	Kelsey Liska, 23*, Granger, IA	2:05:23	2:11:28	10:05
2417	105	M17	Garh Hellman, 19, Sheffield, IA	2:05:23	2:10:46	10:05
1562	166	W40	Deborah Dean, 42*, Johnston, IA	2:05:23	2:14:24	10:05
2418	448	M30	Dan Caropreso, 34, West Des Moines, IA	2:05:25	2:12:59	10:05
1563	311	W30	Keri Kain, 34*, Ames, IA	2:05:26	2:09:14	10:06
1564	368	W25	Amelia Ehler, 27*, Ames, IA	2:05:27	2:11:14	10:06
1565	369	W25	BreAnne Solem, 26*, Fredericksburg, IA	2:05:27	2:11:14	10:06
1566	370	W25	Amy Elsbernd, 26*, Cedar Rapids, IA	2:05:27	2:11:15	10:06
2419	307	M40	Boniface Karanja, 40, Plymouth, MN	2:05:28	2:14:11	10:06
1567	223	W20	Jessica Clark, 24*, Iowa City, IA	2:05:29	2:10:12	10:06
2420	204	M20	Eric Boucher, 23, Iowa City, IA	2:05:29	2:10:12	10:06
2421	419	M25	Thomas Drenthe, 28, Ames, IA	2:05:29	2:09:31	10:06
2422	205	M20	Daniel Murphy, 23, Des Moines, IA	2:05:29	2:10:49	10:06
2423	7	M65	Bill Lawless, 67, Des Moines, IA	2:05:30	2:07:51	10:06
1568	312	W30	Jill Kolars, 33*, Ankeny, IA	2:05:32	2:09:12	10:06
1569	224	W20	Annie Hagemann, 21*, Cedar Falls, IA	2:05:32	2:06:15	10:06
2424	420	M25	Andrew Scott, 25, Bloomfield, IA	2:05:32	2:14:08	10:06
1570	104	W45	Kelly Sharp, 47*, Pleasant Hill, IA	2:05:33	2:07:52	10:06
1571	371	W25	Angie Brown, 28*, Bloomfield, IA	2:05:33	2:14:09	10:06
1572	105	W45	Diane Julius, 47*, Mason City, IA	2:05:33	2:09:11	10:06
2425	347	M35	Brian Morgan, 36, Algona, IA	2:05:33	2:11:51	10:06
2426	106	M17	Ryan Quesnell, 18, Johnston, IA	2:05:34	2:12:28	10:06
1573	272	W35	Amy Wagler, 38*, Clear, IA	2:05:34	2:08:39	10:06
1574	313	W30	Dina Schaller, 32*, Carthage, IL	2:05:34	2:13:05	10:06
1575	167	W40	Rachelle Adams, 43*, Earlham, IA	2:05:35	2:11:12	10:06
1576	372	W25	Jennie Tischler, 27*, Wdm, IA	2:05:35	2:11:53	10:06
2427	348	M35	Nick Craig, 36, Chicago, IL	2:05:36	2:12:13	10:06
2428	449	M30	Jason Craig, 31, Waukee, IA	2:05:36	2:12:13	10:06
1577	373	W25	Kelsi Salter, 26*, North Liberty, IA	2:05:38	2:10:43	10:06
1578	374	W25	Ivy Boyd, 26*, Norwalk, IA	2:05:38	2:11:18	10:06
1579	375	W25	Dana Johnson, 27*, West Des Moines, IA	2:05:38	2:11:18	10:06
1580	314	W30	Sara Spain, 31*, Des Moines, IA	2:05:38	2:10:31	10:06
2429	308	M40	Mark Easler, 43, Clive, IA	2:05:40	2:07:41	10:07
1581	315	W30	Larua Larson, 30*, Des Moines, IA	2:05:41	2:10:41	10:07
2430	232	M45	Wayne Ostergaard, 47, Des Moines, IA	2:05:41	2:12:57	10:07
2431	206	M20	Jordan Scupien, 23, Ottumwa, IA	2:05:43	2:15:52	10:07
2432	207	M20	Dustin Leo, 23, Ankeny, IA	2:05:43	2:08:42	10:07
2433	101	M55	Ric Benzing, 57, Monona, IA	2:05:43	2:11:35	10:07
1582	225	W20	Stephanie Kristensen, 21*, Ankeny, IA	2:05:44	2:11:16	10:07
1583	226	W20	Christy Hillman, 20*, Ames, IA	2:05:44	2:12:15	10:07
1584	106	W45	Lori Rott, 46*, Cedar Rapids, IA	2:05:45	2:15:12	10:07
1585	316	W30	Corrine Jenkins, 30*, Red Oak, IA	2:05:46	2:11:56	10:07
2434	421	M25	Justin Kenny, 27, Urbandale, IA	2:05:46	2:16:16	10:07
1586	376	W25	Emily Nymeyer, 25*, Urbandale, IA	2:05:46	2:16:16	10:07
2435	208	M20	Matthew McDanel, 24, Ames, IA	2:05:46	2:13:00	10:07
1587	317	W30	Stephanie Spurling, 34*, Dexter, IA	2:05:48	2:08:22	10:07
1588	318	W30	Nikki Thies, 34*, West Des Moines, IA	2:05:49	2:10:45	10:07
1589	319	W30	Amanda Neppel, 34*, West Des Moines, IA	2:05:49	2:10:00	10:07
1590	51	W50	Julia Batten, 54*, Carlisle, IA	2:05:49	2:12:45	10:07
1591	168	W40	Aimee Benner, 42*, Knoxville, IA	2:05:49	2:11:15	10:07
1592	169	W40	Mike Benner, 42*, Knoxville, IA	2:05:49	2:11:15	10:07
1593	320	W30	Emily Blackford, 32*, Altoona, IA	2:05:50	2:12:06	10:07

2436	422	M25	Jacob Pesek, 27, Altoona, IA	2:05:50	2:12:06	10:07
2437	233	M45	Jim Noonan, 47, Bondurant, IA	2:05:50	2:10:41	10:07
1594	377	W25	Lindsey Brelsford, 29*, Waukee, IA	2:05:51	2:10:33	10:08
1595	321	W30	Leah Martin, 32*, West Des Moines, IA	2:05:51	2:10:33	10:08
2438	309	M40	Todd Carlson, 41, Clive, IA	2:05:52	2:09:03	10:08
1596	273	W35	Janel Anglick, 37*, Indianola, IA	2:05:52	2:11:01	10:08
1597	170	W40	Connie Ten Napel, 42*, Sibley, IA	2:05:53	2:08:34	10:08
2439	450	M30	Dan Messerschmidt, 31, West Des Moines, IA	2:05:53	2:07:37	10:08
1598	227	W20	Beth Mabary, 20*, Ames, IA	2:05:53	2:09:46	10:08
1599	378	W25	Ashley Bollman, 29*, West Des Moines, IA	2:05:54	2:17:26	10:08
2440	423	M25	Marek Sobieszkoda, 29, Des Moines, IA	2:05:55	2:17:28	10:08
1600	322	W30	Debora Belden, 32*, Des Moines, IA	2:05:56	2:08:17	10:08
1601	274	W35	Stacey Slifka, 35*, Pleasant Hill, IA	2:05:56	2:17:28	10:08
1602	171	W40	Tammy Even, 41*, Urbandale, IA	2:05:57	2:12:18	10:08
2441	166	M50	Tom Jordan, 53, Johnston, IA	2:05:59	2:13:54	10:08
1603	379	W25	Emily Kerns, 29*, Creston, IA	2:05:59	2:11:44	10:08
2442	451	M30	Jack Metheny, 32, Orlando, FL	2:05:59	2:08:43	10:08
2443	167	M50	Nathan Johnson, 50, Johnston, IA	2:05:59	2:10:15	10:08
2444	452	M30	Brian Bardunia, 33, Huxley, IA	2:06:00	2:08:32	10:08
1604	380	W25	Amanda Bean, 26*, Charles City, IA	2:06:00	2:15:39	10:08
1605	381	W25	Molly Cope, 28*, Pella, IA	2:06:00	2:14:05	10:08
1606	323	W30	Michelle McMurray, 34*, Rock Island, IL	2:06:01	2:12:01	10:08
2445	310	M40	Sean Lyons, 41, Bettendorf, IA	2:06:01	2:12:01	10:08
1607	382	W25	Laura Honts, 25*, Urbandale, IA	2:06:01	2:11:34	10:08
2446	57	JrM	Zach Orth, 16, Fort Dodge, IA	2:06:01	2:10:03	10:08
2447	107	M17	Rusty McEntire, 18, Fort Dodge, IA	2:06:02	2:10:03	10:08
1608	324	W30	Jamie Williams, 33*, Minneapolis, MN	2:06:02	2:15:19	10:08
2448	453	M30	Todd Westberg, 31, Ankeny, IA	2:06:02	2:14:24	10:08
2449	108	M17	Adam Brekke, 17, Boone, IA	2:06:02	2:14:23	10:08
1609	275	W35	Kelsey Aikin, 39*, Booneville, IA	2:06:03	2:12:43	10:08
1610	43	W17	Mahala McDanel, 18*, Ottumwa, IA	2:06:03	2:13:17	10:08
1611	325	W30	Paige Homan, 34*, West Des Moines, IA	2:06:03	2:12:43	10:08
1612	52	W50	Diane Clevenger, 53*, Indianola, IA	2:06:03	2:14:59	10:09
1613	383	W25	Katrina Johnson, 28*, Fairfield, IA	2:06:04	2:11:07	10:09
2450	349	M35	Vu Nguyen, 37, West Des Moines, IA	2:06:04	2:09:00	10:09
2451	168	M50	Martin Kalton, 52, Des Moines, IA	2:06:06	2:16:45	10:09
1614	172	W40	Susan Young, 40*, Kansas City, MO	2:06:06	2:11:20	10:09
1615	276	W35	Staci Kadolph, 36*, Ankeny, IA	2:06:06	2:12:32	10:09
1616	228	W20	Dene' Rasch, 22*, Iowa City, IA	2:06:06	2:11:26	10:09
1617	229	W20	Hailey Beneke, 22*, Humboldt, IA	2:06:06	2:11:27	10:09
1618	384	W25	Adrienne Voelker, 25*, Des Moines, IA	2:06:06	2:17:07	10:09
2452	454	M30	Ryan Peterson, 33, Iowa City, IA	2:06:07	2:11:11	10:09
1619	1	W60	Marilyn Wykoff, 60*, Montezuma, IA	2:06:07	2:09:58	10:09
2453	455	M30	Nathan Bailey, 34, Des Moines, IA	2:06:07	2:11:26	10:09
1620	173	W40	Deval Shah, 43*, Clive, IA	2:06:08	2:09:31	10:09
1621	385	W25	Kelly Johnston, 26*, West Des Moines, IA	2:06:08	2:08:52	10:09
2454	209	M20	Josh Whitney, 23, Iowa City, IA	2:06:08	2:15:54	10:09
1622	277	W35	Allyson Glaser, 38*, West Des Moines, IA	2:06:09	2:12:49	10:09
2455	424	M25	Mike Rose, 29, Des Moines, IA	2:06:09	2:12:49	10:09
1623	326	W30	Chandra Bartleman, 33*, Polk City, IA	2:06:09	2:11:28	10:09
2456	210	M20	Ryan Thompson, 24, Indianola, IA	2:06:10	2:15:54	10:09
2457	350	M35	Todd Voss, 39, Johnston, IA	2:06:10	2:11:23	10:09
2458	425	M25	Tom Lovan, 28, Waukee, IA	2:06:11	2:14:36	10:09
2459	456	M30	Eric Nuss, 32, Waukee, IA	2:06:12	2:09:36	10:09
1624	278	W35	Larry Hunt, 35*, Ankeny, IA	2:06:12	2:14:42	10:09
2460	311	M40	Victor Nsereko, 42, Johnston, IA	2:06:12	2:09:10	10:09
1625	386	W25	Abby Pudenz, 27*, West Des Moines, IA	2:06:13	2:11:52	10:09
1626	230	W20	Kyra Smith, 22*, Killduff, IA	2:06:13	2:12:37	10:09
1627	387	W25	Gwyn Ferguson, 26*, Norwalk, IA	2:06:13	2:12:37	10:09
1628	107	W45	Helen Cropp, 49*, Urbandale, IA	2:06:14	2:06:43	10:09
1629	174	W40	Denise Kuiper, 44*, Sibley, IA	2:06:14	2:08:56	10:09
2461	426	M25	Lance Routson, 29, Des Moines, IA	2:06:14	2:09:42	10:09
2462	427	M25	Drew Sponheim, 26, Urbandale, IA	2:06:15	2:15:32	10:09
2463	234	M45	Brad Sommers, 49, Dallas Center, IA	2:06:15	2:08:18	10:10
1630	175	W40	Kimberly Huegerich, 40*, Jewell, IA	2:06:15	2:15:44	10:10

1631	327	W30	Janet Potter, 34*, Jewell, IA	2:06:15	2:15:44	10:10
1632	388	W25	Brenna Larsen, 28*, Des Moines, IA	2:06:16	2:11:46	10:10
1633	389	W25	Kellie Hoover, 27*, Clive, IA	2:06:17	2:08:35	10:10
1634	328	W30	Nicole Ehler, 31*, Cedar Rapids, IA	2:06:18	2:13:08	10:10
1635	329	W30	Jaci Ketchum, 32*, Jewell, IA	2:06:18	2:15:47	10:10
2464	457	M30	Matt Ehler, 32, Cedar Rapids, IA	2:06:19	2:13:09	10:10
1636	390	W25	Jackie Surber, 28*, Des Moines, IA	2:06:19	2:08:55	10:10
2465	351	M35	Patrick Reeves, 37, Indianola, IA	2:06:20	2:10:22	10:10
2466	312	M40	Matt Hayes, 40, Savage, MN	2:06:20	2:12:13	10:10
2467	313	M40	Phillip Vaassen, 43, Indianola, IA	2:06:20	2:10:22	10:10
1637	330	W30	Molly Perkins, 33*, Sioux Falls, SD	2:06:21	2:17:05	10:10
1638	279	W35	Debbie Hunt, 36*, Ankeny, IA	2:06:21	2:14:45	10:10
2468	169	M50	Kevin Morris, 52, Des Moines, IA	2:06:21	2:11:49	10:10
1639	176	W40	Tammy Gaines, 41*, Waukee, IA	2:06:21	2:14:45	10:10
2469	211	M20	Bryan Cruz, 22, Ottumwa, IA	2:06:22	2:07:00	10:10
1640	231	W20	Sarah Ellefson, 21*, Waverly, IA	2:06:22	2:14:43	10:10
1641	232	W20	Courtney Cross, 23*, Johnston, IA	2:06:25	2:12:30	10:10
1642	233	W20	Stephanie Connell, 21*, Harlan, IA	2:06:25	2:12:27	10:10
1643	391	W25	Laura Wieck, 26*, Coralville, IA	2:06:26	2:15:53	10:10
1644	234	W20	Alex Sampson, 23*, Nevada, IA	2:06:27	2:11:33	10:10
2470	102	M55	Lew Schaefer, 58, Norwalk, IA	2:06:27	2:11:18	10:10
1645	235	W20	Erin Meyer, 21*, West Des Moines, IA	2:06:28	2:11:26	10:11
2471	314	M40	Greg Beckwith, 40, Des Moines, IA	2:06:29	2:11:27	10:11
1646	331	W30	Liz Timmerman, 30*, Nodaway, IA	2:06:30	2:09:55	10:11
1647	236	W20	Katherine Kuehner, 23*, Hampton, IA	2:06:30	2:13:49	10:11
1648	177	W40	LaRee Landt, 40*, Hiawatha, IA	2:06:30	2:13:03	10:11
1649	178	W40	Stacey Johnston, 43*, Hudson, WI	2:06:31	2:08:48	10:11
2472	428	M25	Joe Clanton, 26, Council Bluffs, IA	2:06:31	2:13:44	10:11
1650	237	W20	Amanda Clanton, 23*, Council Bluffs, IA	2:06:32	2:13:44	10:11
2473	103	M55	Isaac Oyibo, 59, Des Moines, IA	2:06:32	2:07:25	10:11
1651	332	W30	Erika Troyna, 34*, Charles City, IA	2:06:33	2:16:12	10:11
1652	392	W25	Stephanie Richardson, 25*, Ottumwa, IA	2:06:33	2:21:13	10:11
1653	393	W25	Shireen Cave, 26*, Indianola, IA	2:06:34	2:12:19	10:11
1654	179	W40	Julie Liebe, 40*, Prairie City, IA	2:06:34	2:14:06	10:11
1655	108	W45	Sheri Coder, 47*, East Moline, IL	2:06:35	2:10:13	10:11
2474	429	M25	Jason Terry, 28, Des Moines, IA	2:06:35	2:10:58	10:11
1656	280	W35	Jennifer Wilson, 36*, Waukee, IA	2:06:36	2:13:06	10:11
2475	352	M35	Steve Schelling, 37, Lincoln, NE	2:06:36	2:14:14	10:11
1657	333	W30	Tammy Rensch, 34*, Fremont, NE	2:06:36	2:14:13	10:11
1658	281	W35	Mary Hinderhofer, 37*, Grundy Center, IA	2:06:36	2:11:19	10:11
2476	109	M17	Christopher Lee, 17, Urbandale, IA	2:06:37	2:09:58	10:11
2477	430	M25	Steve Hinderhofer, 27, Grundy Center, IA	2:06:37	2:11:19	10:11
2478	235	M45	John McMahon, 48, Des Moines, IA	2:06:37	2:12:55	10:11
1659	180	W40	Tracy Harms, 44*, Waukee, IA	2:06:37	2:11:10	10:11
1660	282	W35	Christine Barker, 39*, Ankeny, IA	2:06:38	2:12:13	10:11
2479	315	M40	Timothy Carey, 44, Cedar Rapids, IA	2:06:38	2:15:24	10:11
2480	458	M30	Aaron Russell, 34, Johnston, IA	2:06:38	2:10:47	10:11
2481	459	M30	Jeremy Thede, 34, Johnston, IA	2:06:39	2:10:47	10:11
1661	394	W25	Jackie Manderfield, 25*, Waukee, IA	2:06:39	2:15:40	10:11
1662	395	W25	Megan M. Petersen, 25*, Cordova, TN	2:06:40	2:07:30	10:11
2482	460	M30	Todd Southwick, 31, Ankeny, IA	2:06:40	2:11:28	10:11
1663	334	W30	Julie Southwick, 30*, Ankeny, IA	2:06:40	2:11:28	10:11
2483	236	M45	Mike Scoblic, 46, Waukee, IA	2:06:41	2:11:32	10:12
1664	181	W40	Deb Pierce, 40*, Indianola, IA	2:06:41	2:10:42	10:12
1665	109	W45	Diane Manser, 46*, Des Moines, IA	2:06:41	2:10:42	10:12
2484	58	JrM	Ethen Mueggenberg, 13, Glidden, IA	2:06:42	2:13:43	10:12
2485	353	M35	Chad Johnson, 39, West Des Moines, IA	2:06:43	2:09:30	10:12
2486	212	M20	Mike Schneck, 24, Bettendorf, IA	2:06:44	2:15:26	10:12
1666	19	W55	Michelle Witte, 56*, Lake View, IA	2:06:44	2:12:35	10:12
2487	110	M17	Tim Strutzenberg, 17, Urbandale, IA	2:06:44	2:07:05	10:12
2488	431	M25	Nick Anderson, 26, Pleasant Hill, IA	2:06:46	2:11:07	10:12
1667	396	W25	Beth Hubinette, 28*, Des Moines, IA	2:06:46	2:11:19	10:12
1668	283	W35	Kristen Kaser, 36*, Des Moines, IA	2:06:46	2:11:08	10:12
2489	170	M50	Mike Slater, 53, Des Moines, IA	2:06:46	2:12:47	10:12
1669	284	W35	Jennifer Vogelaar, 36*, Clive, IA	2:06:47	2:12:08	10:12

1670	335	W30	Allison Antes, 33*, Center Point, IA	2:06:48	2:09:40	10:12
1671	285	W35	Nicole Beaman, 39*, Johnston, IA	2:06:48	2:09:40	10:12
1672	110	W45	Susan Bredman, 46*, Cedar Falls, IA	2:06:48	2:09:19	10:12
2490	171	M50	Ronald Schuck, 50, Ames, IA	2:06:48	2:15:30	10:12
1673	238	W20	Kim Wipf, 24*, Des Moines, IA	2:06:48	2:10:25	10:12
2491	432	M25	Michael Carroll, 25, Goodyear, AZ	2:06:49	2:11:58	10:12
1674	20	W55	Connie Robinson, 59*, Bondurant, IA	2:06:49	2:09:00	10:12
1675	336	W30	Katie Cox, 33*, Urbandale, IA	2:06:49	2:11:58	10:12
1676	397	W25	Cheri Carroll, 25*, Goodyear, AZ	2:06:49	2:11:58	10:12
2492	354	M35	Chris Rider, 39, Urbana, IA	2:06:50	2:16:59	10:12
2493	172	M50	David Peters, 50, Newton, IA	2:06:51	2:06:59	10:12
1677	398	W25	Nicole Woodroffe, 26*, Des Moines, IA	2:06:51	2:17:52	10:12
1678	399	W25	Randi Davis, 29*, Waukee, IA	2:06:51	2:12:18	10:12
2494	461	M30	Tennille Harms, 33, Waukee, IA	2:06:51	2:10:55	10:12
2495	173	M50	Russell Cross, 54, Ames, IA	2:06:51	2:11:16	10:12
1679	400	W25	Andrea Lang, 27*, Waukee, IA	2:06:52	2:10:56	10:12
2496	237	M45	Marty Marren, 46, Johnston, IA	2:06:52	2:11:11	10:12
1680	239	W20	Colleen Conway, 24*, Grimes, IA	2:06:52	2:08:16	10:12
2497	433	M25	Marty Hagewood, 27, West Des Moines, IA	2:06:52	2:09:54	10:12
1681	111	W45	Betty Bollard, 48*, Pella, IA	2:06:52	2:14:21	10:12
1682	182	W40	Janet Lower, 40*, Robins, IA	2:06:53	2:11:29	10:12
1683	286	W35	Dawn Dilla, 37*, W. Des Moines, IA	2:06:53	2:10:52	10:13
1684	2	W60	Arlene Dabill, 60*, Urbandale, IA	2:06:53	2:10:57	10:13
2498	238	M45	Jeff Bollard, 48, Pella, IA	2:06:53	2:14:22	10:13
1685	44	W17	Jayme Beedle, 19*, Oakland, IA	2:06:55	2:10:41	10:13
2499	355	M35	Jeffrey Olson, 38, Ankeny, IA	2:06:57	2:09:21	10:13
2500	462	M30	Corey Hite, 32, Cedar Rapids, IA	2:06:57	2:15:15	10:13
1686	401	W25	Melanie Hundling, 28*, Breda, IA	2:06:58	2:10:23	10:13
1687	287	W35	Val Giegerich, 38*, Anita, IA	2:06:59	2:10:03	10:13
2501	463	M30	B J. Briggs, 30, Algona, IA	2:07:00	2:19:34	10:13
1688	240	W20	Megan Sorg, 23*, West Des Moines, IA	2:07:00	2:13:21	10:13
1689	337	W30	Christie Coffin, 34*, Granger, IA	2:07:00	2:15:02	10:13
2502	464	M30	Nate Bartels, 30, Pleasant Hill, IA	2:07:00	2:13:17	10:13
2503	316	M40	Sean Sexton, 41, Des Moines, IA	2:07:01	2:11:34	10:13
1690	402	W25	Glori Haidar, 29*, Byron, MN	2:07:01	2:12:03	10:13
2504	434	M25	Vincent Stephans, 28, Ankeny, IA	2:07:02	2:14:26	10:13
2505	465	M30	Dan Nutini, 32, Ames, IA	2:07:02	2:15:42	10:13
1691	338	W30	Erin Hill, 33*, Ellsworth, IA	2:07:02	2:11:26	10:13
1692	403	W25	Katalin Kolodick, 28*, Marion, IA	2:07:04	2:11:27	10:13
2506	356	M35	Aaron Jones, 39, Ankeny, IA	2:07:05	2:11:56	10:13
1693	404	W25	Shannon Benson, 27*, De Soto, IA	2:07:05	2:12:34	10:13
1694	339	W30	Natalie Van Waning, 33*, Coralville, IA	2:07:06	2:12:30	10:14
2507	357	M35	Brian Mulcahy, 39, Ankeny, IA	2:07:07	2:10:58	10:14
2508	317	M40	Jeff Staton, 44, Story City, IA	2:07:07	2:14:44	10:14
1695	288	W35	Jami Maitre, 39*, Johnston, IA	2:07:07	2:14:17	10:14
2509	239	M45	Joel Jacobs, 45, Robins, IA	2:07:07	2:14:44	10:14
1696	340	W30	Beth Herman, 30*, Norwalk, IA	2:07:07	2:14:17	10:14
2510	213	M20	Andrew Van Gundy, 24, Des Moinea, IA	2:07:07	2:10:18	10:14
1697	405	W25	Jeana Baker, 27*, Indianola, IA	2:07:08	2:16:44	10:14
1698	289	W35	Lori Schonhorst, 35*, Huxley, IA	2:07:08	2:12:21	10:14
1699	341	W30	Amanda Whitmarsh, 32*, Des Moines, IA	2:07:08	2:14:10	10:14
1700	21	W55	Christine Lee, 55*, Ogden, IA	2:07:09	2:15:12	10:14
2511	104	M55	John Doherty, 56, Urbandale, IA	2:07:10	2:13:30	10:14
2512	358	M35	Brett Bunkers, 39, Des Moines, IA	2:07:10	2:16:29	10:14
1701	183	W40	Lisa Turk, 41*, Mitchellville, IA	2:07:11	2:09:09	10:14
1702	406	W25	Kristina Nieting, 26*, West Des Moines, IA	2:07:11	2:09:08	10:14
2513	318	M40	John Tesar, 42, Riverside, MO	2:07:11	2:14:27	10:14
2514	466	M30	Jacob Auliff, 30, Des Moines, IA	2:07:12	2:11:29	10:14
1703	184	W40	Krista Long, 40*, Des Moines, IA	2:07:12	2:11:25	10:14
1704	241	W20	Tylar Dayton, 22*, Grinnell, IA	2:07:13	2:14:53	10:14
1705	53	W50	Debra Larsen, 54*, Fort Dodge, IA	2:07:14	2:11:48	10:14
2515	467	M30	Stephen Brown, 30, Des Moines, IA	2:07:14	2:10:16	10:14
1706	290	W35	Angela Frohwein, 37*, Clive, IA	2:07:14	2:16:34	10:14
1707	185	W40	Deb Kleiman, 41*, Johnston, IA	2:07:14	2:12:02	10:14
1708	291	W35	Kate Walton, 38*, Indianola, IA	2:07:15	2:12:23	10:14

1709	292	W35	Mimi Hayden, 37*, St. Louis, MO	2:07:16	2:19:22	10:14
1710	45	W17	Emily Linscheid, 17*, Johnston, IA	2:07:17	2:11:34	10:14
1711	54	W50	Bob Pitsor, 51*, Minnetrista, MN	2:07:17	2:12:09	10:14
2516	359	M35	Larry Isom, 36, Panora, IA	2:07:17	2:13:39	10:14
1712	407	W25	Erin Oloff, 27*, Urbandale, IA	2:07:17	2:13:10	10:14
2517	214	M20	David Hagemann, 23, Des Moines, IA	2:07:17	2:08:01	10:14
2518	468	M30	Bryan Bakevich, 32, Ames, IA	2:07:18	2:14:49	10:15
1713	293	W35	Janet Lose, 36*, Des Moines, IA	2:07:19	2:15:01	10:15
1714	242	W20	Emily Hartwig, 24*, Iowa City, IA	2:07:21	2:12:27	10:15
1715	55	W50	Kerry Gilarski, 50*, Ames, IA	2:07:21	2:15:16	10:15
1716	342	W30	Andrea Spurgeon, 32*, Ankeny, IA	2:07:22	2:09:57	10:15
2519	319	M40	David Benson, 40, Waukee, IA	2:07:22	2:12:09	10:15
1717	186	W40	Arlin Ayala-Wurth, 44*, Tiffin, IA	2:07:23	2:14:34	10:15
1718	22	W55	Sally Joslin-Jansen, 55*, Cross Plains, WI	2:07:24	2:18:42	10:15
1719	243	W20	Ashley Smith, 24*, Des Moines, IA	2:07:24	2:16:13	10:15
1720	408	W25	Cadence Kuklinski, 27*, Des Moines, IA	2:07:24	2:16:13	10:15
1721	187	W40	Sara Neil, 40*, Norwalk, IA	2:07:24	2:12:53	10:15
1722	343	W30	Shelly Schreck, 30*, Carroll, IA	2:07:25	2:10:53	10:15
1723	344	W30	Megan Badding, 31*, Carroll, IA	2:07:25	2:10:53	10:15
2520	215	M20	Jared Kreher, 20, Bellevue, NE	2:07:26	2:09:07	10:15
1724	345	W30	Amy Ries, 30*, Cedar Rapids, IA	2:07:27	2:14:20	10:15
1725	346	W30	Sarah Simons, 33*, Carroll, IA	2:07:27	2:10:55	10:15
2521	469	M30	Nate Garvey, 30, Des Moines, IA	2:07:27	2:16:24	10:15
1726	56	W50	Faith Zellweger, 50*, Prescott, IA	2:07:28	2:08:55	10:15
1727	294	W35	Jodi Van Bell, 38*, Clive, IA	2:07:29	2:14:29	10:15
1728	295	W35	Mary Fratianni, 35*, West Des Moines, IA	2:07:30	2:10:59	10:16
2522	216	M20	Nate Nuzum, 21, Ames, IA	2:07:31	2:08:51	10:16
2523	360	M35	Steven Williams Sr, 39, Johnston, IA	2:07:31	2:11:28	10:16
2524	34	M60	Moe Russell, 61, Panora, IA	2:07:31	2:14:22	10:16
1729	296	W35	Sarah Justmann, 36*, Dubuque, IA	2:07:32	2:10:57	10:16
1730	188	W40	Kim Zimmerman, 44*, Dubuque, IA	2:07:32	2:10:57	10:16
2525	470	M30	Bill Ogier, 32, Kansas City, KS	2:07:33	2:18:37	10:16
1731	409	W25	Claudia Laskowski, 28*, Des Plaines, IL	2:07:33	2:16:09	10:16
1732	410	W25	Megan Corson, 28*, Clive, IA	2:07:34	2:16:09	10:16
2526	35	M60	Rusty Fithen, 63, Clarinda, IA	2:07:35	2:12:00	10:16
1733	297	W35	Sara Eisenberg, 39*, Iowa City, IA	2:07:35	2:14:04	10:16
1734	3	W60	Anne McIllece, 61*, Walcott, IA	2:07:35	2:08:26	10:16
2527	361	M35	Ben Eisenbach, 35, Coralville, IA	2:07:36	2:12:14	10:16
1735	4	W60	Carol Galbraith, 62*, Iowa City, IA	2:07:37	2:10:20	10:16
1736	189	W40	Mary Steim, 42*, Ankeny, IA	2:07:37	2:12:16	10:16
2528	174	M50	Richard Larson, 53, Atlantic, IA	2:07:37	2:11:34	10:16
1737	190	W40	Ann Hudson, 41*, West Des Moines, IA	2:07:38	2:12:29	10:16
1738	298	W35	Amy Burgess, 39*, Urbandale, IA	2:07:38	2:10:20	10:16
1739	244	W20	Taryn Randall, 21*, Ames, IA	2:07:39	2:14:52	10:16
1740	299	W35	Sheila Fehn, 39*, Johnston, IA	2:07:40	2:16:51	10:16
2529	320	M40	Kevin Rahner, 44, Slater, IA	2:07:40	2:17:28	10:16
1741	347	W30	Megan Kading, 33*, Casey, IA	2:07:40	2:13:53	10:16
1742	300	W35	Renee Jensen, 38*, Adair, IA	2:07:40	2:13:53	10:16
2530	321	M40	Steve Kenton, 41, Ames, IA	2:07:41	2:14:27	10:16
2531	471	M30	Tatum Moyer, 30, Ankeny, IA	2:07:41	2:09:48	10:16
2532	217	M20	Zach Grunder, 20, Ankeny, IA	2:07:41	2:12:52	10:16
2533	435	M25	Matt Bral, 28, West Des Moines, IA	2:07:41	2:15:52	10:16
2534	105	M55	Rodney Olson, 57, West Des Moines, IA	2:07:42	2:11:03	10:16
2535	111	M17	Michael Osborn, 18, Ankeny, IA	2:07:42	2:12:52	10:16
2536	436	M25	Nathan Handy, 27, Norwalk, IA	2:07:43	2:10:36	10:17
2537	472	M30	Kris Bro, 33, Des Moines, IA	2:07:44	2:11:53	10:17
1743	348	W30	Joanie Buller, 30*, Slater, IA	2:07:44	2:13:59	10:17
2538	473	M30	Scott Swalley, 30, Johnston, IA	2:07:44	2:11:53	10:17
2539	36	M60	Lawain Judisch, 60, Tripoli, IA	2:07:44	2:13:37	10:17
2540	437	M25	Levi Kannedy, 25, North Liberty, IA	2:07:45	2:10:55	10:17
1744	301	W35	Deanna Konkol, 35*, Des Moines, IA	2:07:45	2:13:15	10:17
2541	362	M35	Chris Harrison, 36, Iowa City, IA	2:07:45	2:17:53	10:17
1745	245	W20	Natalie Jenkins, 22*, Ames, IA	2:07:47	2:14:57	10:17
2542	363	M35	Dan Orth, 39, Urbandale, IA	2:07:47	2:14:14	10:17
1746	112	W45	Caroll Benson, 45*, Des Moines, IA	2:07:47	2:10:22	10:17

1747	302	W35	Cinda Berg, 36*, Muscatine, IA	2:07:49	2:11:37	10:17
1748	246	W20	Sydney Steil, 21*, Cedar Falls, IA	2:07:49	2:13:08	10:17
2543	218	M20	Matt Diehl, 23, Minneapolis, MN	2:07:50	2:10:47	10:17
1749	349	W30	Jennifer McBride, 30*, Waukee, IA	2:07:50	2:11:53	10:17
1750	350	W30	Natalie Gergler, 34*, East Hampton, CT	2:07:52	2:12:20	10:17
2544	240	M45	Steven Brown, 46, Des Moines, IA	2:07:53	2:17:11	10:17
2545	364	M35	Justin Allen, 35, Johnston, IA	2:07:53	2:13:19	10:17
1751	247	W20	Bridget Smith, 20*, Dubuque, IA	2:07:54	2:11:38	10:17
1752	351	W30	Nariza Nunez, 34*, Pella, IA	2:07:55	2:11:58	10:17
1753	411	W25	Heather Gardner, 25*, North Liberty, IA	2:07:56	2:09:54	10:18
2546	474	M30	Andrew Dobbins, 33, Urbandale, IA	2:07:56	2:12:48	10:18
1754	352	W30	Jessica Bair, 31*, Polk City, IA	2:07:56	2:17:28	10:18
1755	412	W25	Jocelyn Poli, 26*, West Des Moines, IA	2:07:56	2:11:21	10:18
2547	59	JrM	Dylan Dobbins, 13, Urbandale, IA	2:07:56	2:12:48	10:18
1756	14	JrW	Rae Heim, 16*, Carroll, IA	2:07:57	2:09:10	10:18
1757	353	W30	Rebecca Kirkpatrick, 31*, Ames, IA	2:07:57	2:16:57	10:18
1758	413	W25	Kai Ling Kong, 27*, West Des Moines, IA	2:07:58	2:12:37	10:18
1759	414	W25	Sonya Miller, 29*, Ankeny, IA	2:07:58	2:12:28	10:18
2548	219	M20	Kyle Selsor, 21, Winterset, IA	2:07:58	2:07:59	10:18
1760	57	W50	Natalie Welter, 52*, Story City, IA	2:07:58	2:12:13	10:18
1761	58	W50	Monica Weis, 50*, Creston, IA	2:07:59	2:11:46	10:18
1762	113	W45	Jill Jensen, 47*, Ames, IA	2:08:00	2:16:35	10:18
2549	438	M25	Dustin Skogerboe, 25, Nevada, IA	2:08:00	2:16:31	10:18
2550	175	M50	Dave Skogerboe, 53, Nevada, IA	2:08:00	2:16:31	10:18
1763	191	W40	Andrea Dryer, 43*, Cedar Falls, IA	2:08:00	2:12:16	10:18
1764	415	W25	Melissa Grinstead, 28*, Urbandale, IA	2:08:01	2:11:21	10:18
2551	365	M35	Jason Putz, 37, Epworth, IA	2:08:01	2:18:19	10:18
2552	439	M25	Jeff Grinstead, 28, Urbandale, IA	2:08:01	2:11:21	10:18
1765	416	W25	Brooke Keuning, 28*, Pleasant Hill, IA	2:08:01	2:13:53	10:18
1766	417	W25	Katie Robinson, 28*, Ankeny, IA	2:08:02	2:12:01	10:18
2553	475	M30	Jami Wheeler, 34, Pleasant Hill, IA	2:08:02	2:15:32	10:18
2554	106	M55	Walter Hunt, 59, Missouri Valley, IA	2:08:03	2:10:48	10:18
2555	37	M60	Howard Hunt, 61, Dixon, IA	2:08:03	2:10:48	10:18
1767	418	W25	Becky Bengard, 26*, Grimes, IA	2:08:05	2:13:13	10:18
1768	303	W35	Kendra Rockhold, 37*, Allerton, IA	2:08:05	2:12:39	10:18
1769	304	W35	Amy Jonas, 38*, Omaha, NE	2:08:05	2:11:37	10:18
1770	248	W20	Crystal Hoffman, 23*, Bettendorf, IA	2:08:06	2:16:48	10:18
1771	305	W35	Cherie Lovell, 39*, West Liberty, IA	2:08:07	2:17:26	10:18
1772	306	W35	Melissa Recker, 37*, Muscatine, IA	2:08:07	2:11:38	10:18
2556	476	M30	Travis Duke, 30, Des Moines, IA	2:08:11	2:11:31	10:19
1773	192	W40	Nancy Linscheid, 43*, Johnston, IA	2:08:11	2:12:28	10:19
1774	419	W25	Beth Fredrick, 25*, Norwalk, IA	2:08:11	2:11:31	10:19
1775	420	W25	Jennifer Curran, 27*, Urbandale, IA	2:08:13	2:13:22	10:19
1776	354	W30	Tricia Beasley, 30*, West Des Moines, IA	2:08:14	2:10:36	10:19
2557	220	M20	Shawn Schaper, 22, Cedar Rapids, IA	2:08:14	2:13:52	10:19
2558	107	M55	Bill Mahanna, 57, Grimes, IA	2:08:14	2:14:30	10:19
1777	355	W30	Angie Bacon, 30*, Boone, IA	2:08:14	2:11:45	10:19
2559	440	M25	Zachary Fuller, 28, Grimes, IA	2:08:15	2:09:14	10:19
1778	114	W45	Wendy Highsmith, 47*, Ankeny, IA	2:08:16	2:14:33	10:19
1779	421	W25	Aimee Kittell, 29*, West Des Moines, IA	2:08:16	2:14:19	10:19
1780	307	W35	Mary Brown, 36*, West Des Moines, IA	2:08:17	2:08:35	10:19
2560	241	M45	Rick Holmes, 47, Cresco, IA	2:08:17	2:10:42	10:19
1781	59	W50	Mary Emge, 51*, Grinnell, IA	2:08:18	2:10:15	10:19
2561	366	M35	Brian Heithoff, 39, Lenexa, KS	2:08:18	2:18:04	10:19
1782	356	W30	Jennifer Skelley, 32*, West Burlington, IA	2:08:18	2:10:37	10:19
1783	422	W25	Jessica Goecke, 26*, Ankeny, IA	2:08:19	2:08:50	10:19
2562	322	M40	Matthew Trexel, 40, Burlington, IA	2:08:19	2:12:22	10:19
1784	308	W35	Christy Gooding, 39*, Urbandale, IA	2:08:19	2:17:56	10:19
1785	249	W20	Erin Newbury, 23*, Urbandale, IA	2:08:20	2:14:47	10:20
1786	423	W25	Nikki Landenberger, 26*, West Des Moines, IA	2:08:20	2:13:47	10:20
2563	323	M40	Bill Weber, 41, Osage, IA	2:08:20	2:15:22	10:20
2564	242	M45	Brad Moore, 45, Altoona, IA	2:08:21	2:14:18	10:20
2565	243	M45	Brent Moore, 45, Jackson, MI	2:08:21	2:14:18	10:20
2566	38	M60	Larry Robinson, 61, Ankeny, IA	2:08:21	2:12:21	10:20

1787	424	W25	Rebecca Thompson, 29*, Eden Prairie, MN	2:08:22	2:12:38	10:20
2567	441	M25	Benjamin Anderson, 25, Des Moines, IA	2:08:22	2:15:18	10:20
1788	193	W40	Monica Van Wyk, 40*, Ankeny, IA	2:08:22	2:17:09	10:20
1789	425	W25	Abbey Henderson, 27*, Naperville, IL	2:08:22	2:12:09	10:20
2568	367	M35	Daniel LaGrange, 39, West Des Moines, IA	2:08:25	2:12:10	10:20
2569	442	M25	Jacob McAnally, 27, West Des Moines, IA	2:08:25	2:11:12	10:20
1790	46	W17	Lindsay Burke, 19*, Ames, IA	2:08:26	2:15:01	10:20
1791	60	W50	Mary Ann Wagner, 52*, West Des Moines, IA	2:08:26	2:11:01	10:20
1792	357	W30	Ryan Honkomp, 32*, Clive, IA	2:08:27	2:14:57	10:20
1793	426	W25	Tracy True, 28*, West Des Moines, IA	2:08:27	2:12:57	10:20
2570	477	M30	Ahren Wonderlich, 34, La Vista, NE	2:08:27	2:13:41	10:20
1794	250	W20	Sarah Nolte, 24*, Iowa City, IA	2:08:27	2:17:27	10:20
2571	443	M25	Adam Noelck, 25, Edmond, OK	2:08:27	2:14:02	10:20
1795	251	W20	Jess Noelck, 23*, Madison, WI	2:08:27	2:14:02	10:20
1796	358	W30	Jill Stouffer, 33*, Waukee, IA	2:08:29	2:13:42	10:20
1797	61	W50	Ann Oglesby, 52*, Cedar Rapids, IA	2:08:29	2:14:14	10:20
1798	115	W45	Kim Wiele, 45*, West Liberty, IA	2:08:30	2:12:57	10:20
2572	39	M60	Bruce Bernard, 60, Urbandale, IA	2:08:32	2:12:35	10:20
1799	252	W20	Anne Dutton, 21*, West Des Moines, IA	2:08:32	2:17:57	10:20
2573	444	M25	Landon King, 27, West Des Moines, IA	2:08:32	2:11:32	10:20
1800	253	W20	Megan Erickson, 21*, Ankeny, IA	2:08:33	2:16:17	10:21
1801	309	W35	Kim Eldridge, 38*, West Des Moines, IA	2:08:33	2:13:07	10:21
2574	445	M25	Adam Sparks, 29, Des Moines, IA	2:08:34	2:14:26	10:21
2575	324	M40	Mike Miller, 42, Marshalltown, IA	2:08:34	2:15:41	10:21
2576	446	M25	Brian Beavers, 27, Des Moines, IA	2:08:34	2:13:42	10:21
1802	359	W30	Richelle Runyon, 34*, Keosauqua, IA	2:08:35	2:15:13	10:21
1803	427	W25	Chandra Wheatley, 26*, West Des Moines, IA	2:08:35	2:15:19	10:21
1804	116	W45	Nancie Dorrell, 49*, Winterset, IA	2:08:35	2:17:00	10:21
1805	428	W25	Kate Laufer, 28*, West Des Moines, IA	2:08:36	2:18:48	10:21
2577	447	M25	Kristopher Laufer, 29, West Des Moines, IA	2:08:36	2:18:48	10:21
1806	254	W20	Megan Latta, 22*, Omaha, NE	2:08:37	2:13:05	10:21
1807	360	W30	Marnie Scott, 32*, Sioux Falls, SD	2:08:37	2:13:45	10:21
1808	194	W40	Annie Creighton, 43*, Johnston, IA	2:08:37	2:14:28	10:21
1809	361	W30	Cori Peterson, 33*, Ames, IA	2:08:38	2:16:33	10:21
1810	310	W35	Jen Brekke, 35*, Ames, IA	2:08:38	2:12:27	10:21
2578	478	M30	Rob Wilson, 30, Ankeny, IA	2:08:39	2:15:59	10:21
1811	429	W25	Abby Arneson, 26*, West Des Moines, IA	2:08:41	2:15:37	10:21
2579	368	M35	Tony Meade, 39, Urbandale, IA	2:08:42	2:13:30	10:21
1812	362	W30	Amy Follmann, 34*, Massena, IA	2:08:42	2:13:47	10:21
1813	255	W20	Ashley Axdahl, 23*, Cedar Rapids, IA	2:08:44	2:15:23	10:21
1814	117	W45	Elizabeth Baustian, 47*, West Des Moines, IA	2:08:44	2:13:17	10:21
1815	311	W35	Heidi Preul, 37*, Rhinelander, WI	2:08:44	2:13:01	10:21
1816	312	W35	Tami Israel, 36*, Ankeny, IA	2:08:45	2:11:15	10:22
1817	195	W40	Liz Sheka, 42*, Cedar Rapids, IA	2:08:45	2:14:45	10:22
1818	430	W25	Lisa Salemink, 26*, West Des Moines, IA	2:08:45	2:13:22	10:22
2580	244	M45	Scott Hockaday, 47, Cambridge, IA	2:08:45	2:16:06	10:22
2581	245	M45	John Degen, 49, Rockwell, IA	2:08:45	2:12:56	10:22
2582	40	M60	Phil Caropreso, 63, Keokui, IA	2:08:47	2:16:18	10:22
1819	363	W30	Kari Walker, 32*, Pleasant Hill, IA	2:08:47	2:12:27	10:22
2583	246	M45	Dan Schmitz, 47, Des Moines, IA	2:08:48	2:13:50	10:22
1820	118	W45	Sue Schmitz, 48*, Des Moines, IA	2:08:48	2:13:50	10:22
1821	364	W30	Michele Williams, 33*, Massena, IA	2:08:48	2:13:53	10:22
1822	256	W20	Ashley Katch, 24*, Urbandale, IA	2:08:48	2:12:29	10:22
1823	431	W25	Rachael Owens, 29*, Des Moines, IA	2:08:49	2:12:39	10:22
1824	432	W25	Kelly Kleopfer, 28*, Cedar Rapids, IA	2:08:49	2:13:33	10:22
2584	479	M30	Stephen Mosqueda, 34, Urbandale, IA	2:08:49	2:12:40	10:22
1825	257	W20	Paige Atwood, 20*, Batavia, IA	2:08:49	2:15:53	10:22
1826	119	W45	Melinda Life, 45*, Ankeny, IA	2:08:50	2:12:38	10:22
2585	369	M35	Lary Hostak, Jr, 38, Marion, IA	2:08:51	2:13:47	10:22
2586	221	M20	Jason Grabe, 20, Ames, IA	2:08:53	2:18:50	10:22
1827	433	W25	Becky Strother, 29*, Hampton, IA	2:08:53	2:18:19	10:22
1828	365	W30	Jessica Bormann, 31*, Denver, IA	2:08:53	2:11:08	10:22
1829	434	W25	Brandie Overton, 26*, Des Moines, IA	2:08:54	2:17:31	10:22
1830	258	W20	Priscila Torres, 21*, Ames, IA	2:08:55	2:13:56	10:22

2587	325	M40	Patrick Nath, 43, Des Moines, IA	2:08:57	2:17:20	10:22
1831	47	W17	Adriana Valeriano, 18*, Fort Dodge, IA	2:08:58	2:17:15	10:23
1832	366	W30	Jessi Riley, 33*, Rippey, IA	2:08:58	2:15:27	10:23
2588	448	M25	Jon True, 29, West Des Moines, IA	2:08:58	2:13:29	10:23
2589	108	M55	David McClung, 55, Des Moines, IA	2:08:59	2:16:01	10:23
1833	313	W35	Carrie Roar Shalters, 37*, Red Oak, IA	2:09:02	2:14:56	10:23
2590	176	M50	John Victor, 52, Urbandale, IA	2:09:02	2:15:36	10:23
1834	48	W17	Lydia Molnar, 17*, Ankeny, IA	2:09:03	2:14:54	10:23
1835	435	W25	Mindie Hoppenworth, 29*, Parkersburg, IA	2:09:03	2:12:48	10:23
1836	120	W45	Teri Lohr, 48*, Des Moines, IA	2:09:05	2:15:07	10:23
2591	326	M40	Matt Petersen, 40, Huxley, IA	2:09:06	2:11:27	10:23
1837	259	W20	Allyssa Stonewall, 24*, West Des Moines, IA	2:09:06	2:14:53	10:23
1838	314	W35	Kim Sapp, 39*, Des Moines, IA	2:09:06	2:14:22	10:23
1839	260	W20	Kayla Goodchild, 24*, Newton, IA	2:09:07	2:15:08	10:23
2592	370	M35	Robb Crosby, 39, West Des Moines, IA	2:09:07	2:18:48	10:23
2593	222	M20	Cass Long, 23, Des Moines, IA	2:09:07	2:15:09	10:23
1840	261	W20	Sarah Contreras, 24*, Cedar Rapids, IA	2:09:08	2:15:18	10:23
2594	223	M20	Ben Wedeking, 21, Des Moines, IA	2:09:09	2:16:42	10:23
1841	262	W20	Suzanne Wedeking, 23*, Des Moines, IA	2:09:09	2:16:42	10:23
1842	196	W40	Leigh VanderHolt, 41*, Norwalk, IA	2:09:09	2:12:54	10:23
1843	436	W25	Becky Davis, 29*, Clive, IA	2:09:11	2:17:44	10:24
1844	437	W25	Ashley Hageman, 26*, Cedar Rapids, IA	2:09:11	2:18:43	10:24
1845	367	W30	Whitney Smith, 32*, Altoona, IA	2:09:12	2:13:29	10:24
1846	197	W40	Kathi Phillips, 40*, Pleasant Hil;L, IA	2:09:12	2:15:50	10:24
1847	15	JrW	Taylor Johnson, 16*, Altoona, IA	2:09:12	2:15:50	10:24
1848	315	W35	Suzanne Loch, 36*, Ankeny, IA	2:09:13	2:16:03	10:24
1849	49	W17	Shelby Miller, 19*, Omaha, NE	2:09:13	2:13:58	10:24
1850	263	W20	Aryn Allison, 22*, Johnston, IA	2:09:13	2:13:31	10:24
2595	449	M25	Steven Schlautman, 26, West Des Moines, IA	2:09:13	2:18:12	10:24
1851	438	W25	Cortney Pous-Ojeda, 28*, Ankeny, IA	2:09:14	2:11:44	10:24
1852	121	W45	Lori McKim, 48*, Boone, IA	2:09:14	2:12:46	10:24
2596	371	M35	Joe Heimer, 39, Ankeny, IA	2:09:14	2:09:20	10:24
1853	264	W20	Katherine Elwood, 23*, Ames, IA	2:09:14	2:12:36	10:24
1854	316	W35	Rebecca Paulson, 37*, Marion, IA	2:09:14	2:19:07	10:24
2597	247	M45	Jon Hamann, 46, Solon, IA	2:09:15	2:16:40	10:24
2598	224	M20	Mark Van Thomme, 23, Ankeny, IA	2:09:15	2:12:36	10:24
2599	327	M40	Bryon Schaeffer, 42, Ankeny, IA	2:09:15	2:13:56	10:24
2600	450	M25	Kris Dane, 28, Waukee, IA	2:09:17	2:12:07	10:24
2601	177	M50	Anthony Nelson, 50, Ames, IA	2:09:18	2:17:01	10:24
1855	368	W30	Melissa Lawson, 30*, Des Moines, IA	2:09:19	2:17:31	10:24
1856	439	W25	Lesley Vanness, 29*, Ottumwa, IA	2:09:21	2:15:17	10:24
1857	317	W35	Katie Dickmeyer, 37*, Omaha, NE	2:09:21	2:13:40	10:24
2602	328	M40	Chuck Burkhart, 44, Urbandale, IA	2:09:22	2:11:45	10:25
1858	318	W35	Tracy Amos, 39*, Des Moines, IA	2:09:22	2:11:56	10:25
1859	369	W30	Colleen Kelly, 34*, Des Moines, IA	2:09:23	2:09:23	10:25
1860	122	W45	Laurin Canfield, 46*, Des Moines, IA	2:09:23	2:12:53	10:25
1861	319	W35	Claudia Schabel, 35*, Des Moines, IA	2:09:24	2:15:07	10:25
1862	370	W30	Karen Rodekamp, 33*, Ankeny, IA	2:09:24	2:17:47	10:25
2603	248	M45	Steve Allsup, 45, St. Charles, IA	2:09:24	2:16:44	10:25
1863	440	W25	Tamra Munguya, 28*, West Des Moines, IA	2:09:24	2:14:04	10:25
1864	371	W30	Danna Pins, 34*, West Des Moines, IA	2:09:24	2:12:56	10:25
1865	198	W40	Angelina Thomas, 40*, Ames, IA	2:09:25	2:15:32	10:25
2604	372	M35	David Deery, 36, Des Moines, IA	2:09:25	2:13:33	10:25
1866	372	W30	Kelly Postel, 33*, Monticello, IA	2:09:25	2:10:20	10:25
1867	199	W40	Mary Letsche, 44*, Cherokee, IA	2:09:25	2:12:45	10:25
1868	320	W35	Kimberly Erickson, 39*, West Des Moines, IA	2:09:26	2:12:57	10:25
1869	50	W17	Anna Arnold, 19*, Waukee, IA	2:09:26	2:10:11	10:25
1870	441	W25	Alissa Mangan, 26*, Ames, IA	2:09:27	2:17:37	10:25
1871	442	W25	Natalie Caldwell, 27*, Des Moines, IA	2:09:29	2:14:54	10:25
1872	265	W20	Felicia Hoover, 21*, LeClaire, IA	2:09:29	2:16:47	10:25
1873	123	W45	Lisa Lemon, 47*, Des Moines, IA	2:09:29	2:16:56	10:25
2605	178	M50	Randy Westman, 50, Russell, IA	2:09:29	2:18:28	10:25
2606	451	M25	Andy Heidloff, 26, West Des Moines, IA	2:09:30	2:15:28	10:25

1874	266	W20	Christina Schueth, 20*, Des Moines, IA	2:09:30	2:15:25	10:25
2607	225	M20	Nick Hanson, 23, Story City, IA	2:09:31	2:12:40	10:25
1875	62	W50	Jaci Thorson, 52*, Forest City, IA	2:09:32	2:12:50	10:25
2608	329	M40	Paul Huston, 42, Ames, IA	2:09:33	2:15:31	10:25
2609	480	M30	Michael Leith, 33, Des Moines, IA	2:09:34	2:17:14	10:26
1876	373	W30	Valerie Polniak, 31*, Marion, IA	2:09:34	2:15:00	10:26
1877	443	W25	Andrea Cardenas, 29*, Athens, GA	2:09:35	2:17:14	10:26
1878	267	W20	Jenna Cherry, 24*, Ames, IA	2:09:35	2:11:40	10:26
2610	481	M30	Nate Zehr, 34, Lees Summit, MO	2:09:36	2:15:25	10:26
2611	482	M30	Nick Drey, 30, Urbandale, IA	2:09:36	2:17:02	10:26
1879	374	W30	Lori Zehr, 34*, Lees Summit, MO	2:09:36	2:15:25	10:26
1880	375	W30	Molly Watson, 31*, Mason City, IA	2:09:37	2:17:29	10:26
2612	109	M55	John O'Brien, 57, Ft. Dodge, IA	2:09:37	2:15:14	10:26
1881	376	W30	Emily Fairchild, 32*, Sarasota, FL	2:09:38	2:17:41	10:26
1882	377	W30	Frankie Farquharson, 32*, Prairie City, IA	2:09:39	2:17:10	10:26
1883	268	W20	Krista Goodman, 20*, Colfax, IA	2:09:40	2:10:04	10:26
1884	269	W20	Amy Steger, 22*, Iowa City, IA	2:09:40	2:15:02	10:26
1885	444	W25	Kelsie Goodman, 25*, Colfax, IA	2:09:40	2:10:04	10:26
1886	23	W55	Tiare Mathison, 57*, Newton, IA	2:09:42	2:15:20	10:26
1887	445	W25	Trisha Miller, 28*, West Des Moines, IA	2:09:42	2:19:07	10:26
2613	110	M55	Richard Hellmich, 55, Ames, IA	2:09:42	2:17:46	10:26
1888	270	W20	Korrie Gould, 20*, Ankeny, IA	2:09:42	2:15:37	10:26
1889	321	W35	Heidi Havnen, 38*, Clive, IA	2:09:42	2:14:36	10:26
2614	483	M30	Andy Leuschen, 30, Ankeny, IA	2:09:42	2:16:44	10:26
1890	271	W20	Lara Leonard, 21*, Kirksville, MO	2:09:43	2:17:49	10:26
1891	200	W40	Tricia Garry, 41*, Algona, IA	2:09:43	2:15:23	10:26
2615	226	M20	Chris Schneider, 21, Urbandale, IA	2:09:43	2:17:49	10:26
1892	446	W25	Lindsey Peterson, 27*, Wichita, KS	2:09:43	2:17:10	10:26
1893	447	W25	Holly Sinkler, 28*, Dallas, TX	2:09:43	2:16:18	10:26
1894	124	W45	Mary Sheka, 45*, Des Moines, IA	2:09:44	2:15:44	10:26
1895	322	W35	Amy Lampman, 35*, Mason City, IA	2:09:44	2:17:06	10:26
1896	125	W45	Leah VanderHolt, 48*, Parkersburg, IA	2:09:45	2:13:30	10:26
1897	448	W25	Marie Shipley, 29*, Elkhart, IA	2:09:46	2:17:56	10:26
2616	452	M25	Paul Knosby, 25, Ames, IA	2:09:48	2:13:40	10:27
2617	41	M60	Dan Looker, 62, Des Moines, IA	2:09:48	2:16:37	10:27
1898	449	W25	Jenn Drey, 29*, Elkhart, IA	2:09:48	2:14:18	10:27
1899	272	W20	Shawna Diehl, 21*, Des Moines, IA	2:09:49	2:12:46	10:27
1900	378	W30	Lori Reha, 33*, Ankeny, IA	2:09:49	2:19:08	10:27
1901	379	W30	Jessica Bohn, 33*, Des Moines, IA	2:09:49	2:12:37	10:27
1902	201	W40	Jennifer Barry, 41*, Ames, IA	2:09:49	2:13:46	10:27
1903	51	W17	Hannah Fyfe, 18*, Tinley Park, IL	2:09:50	2:14:11	10:27
2618	453	M25	Brayton Weber, 28, Des Moines, IA	2:09:51	2:10:40	10:27
1904	380	W30	Christine Lozier, 31*, Des Moines, IA	2:09:51	2:18:48	10:27
2619	454	M25	Larry Spray III, 25, Dallas Center, IA	2:09:51	2:15:01	10:27
2620	484	M30	Jay Polson, 32, Des Moines, IA	2:09:52	2:18:48	10:27
2621	455	M25	Maurice Murenzi, 29, Waukee, IA	2:09:52	2:15:52	10:27
1905	202	W40	Lisa M. Hill, 41*, Ames, IA	2:09:54	2:16:24	10:27
1906	126	W45	Monica Jessen, 47*, W. Des Moines, IA	2:09:54	2:13:51	10:27
2622	456	M25	Nick Linder, 29, West Des Moines, IA	2:09:56	2:16:34	10:27
1907	381	W30	Tara Mott, 33*, Apo, NY	2:09:56	2:14:43	10:27
1908	450	W25	Christine Wholey, 25*, Iowa City, IA	2:09:56	2:14:45	10:27
1909	382	W30	Shana Platt, 32*, Massena, IA	2:09:56	2:15:01	10:27
1910	203	W40	Beth Dare, 40*, Fenton, MO	2:09:56	2:15:22	10:27
2623	373	M35	Jesse Frederick, 35, Nevada, IA	2:09:57	2:13:27	10:27
2624	374	M35	Christopher Norvell, 39, Sioux City, IA	2:09:57	2:16:21	10:27
1911	383	W30	Angie Shultz, 30*, Ottumwa, IA	2:09:58	2:24:41	10:27
1912	16	JrW	Breanna Williams, 14*, Johnston, IA	2:09:58	2:13:54	10:27
2625	485	M30	Joshua Duden, 34, Bondurant, IA	2:09:58	2:11:36	10:27
1913	204	W40	Maria Newton, 41*, West Liberty, IA	2:09:58	2:14:10	10:27
2626	486	M30	Matt Williams, 32, Waterloo, IA	2:09:58	2:20:15	10:27
1914	127	W45	Gayles Busch, 46*, Mason City, IA	2:10:00	2:15:21	10:28
2627	457	M25	Michael Tucker, 26, Des Moines, IA	2:10:02	2:13:38	10:28
1915	384	W30	Andrea Vitzthum, 33*, Des Moines, IA	2:10:02	2:15:28	10:28
2628	487	M30	Gerald Hiesterman, 34, Des Moines, IA	2:10:02	2:15:29	10:28
2629	458	M25	Aaron McCarty, 26, Madrid, IA	2:10:02	2:20:41	10:28

1916	323	W35	Paula McMaster, 38*, St. Louis, MO	2:10:03	2:16:28	10:28
1917	451	W25	April Wolter, 29*, Urbandale, IA	2:10:03	2:14:55	10:28
1918	205	W40	Carrie Berg, 43*, Mason City, IA	2:10:04	2:15:25	10:28
1919	206	W40	Lori Anderson, 43*, Bondurant, IA	2:10:04	2:16:46	10:28
2630	179	M50	Don Owens, 51, Des Moines, IA	2:10:05	2:20:34	10:28
2631	375	M35	B J. Kinard, 36, Cedar Falls, IA	2:10:05	2:17:33	10:28
2632	376	M35	Garin Buttermore, 38, Ames, IA	2:10:05	2:20:34	10:28
1920	207	W40	Denise Webber, 40*, West Des Moines, IA	2:10:05	2:14:51	10:28
2633	227	M20	Aaron Aiken, 20, Ames, IA	2:10:06	2:16:28	10:28
1921	385	W30	Dawn Geary, 30*, Waterloo, IA	2:10:07	2:21:14	10:28
2634	330	M40	Cory Harms, 44, Ames, IA	2:10:08	2:10:17	10:28
1922	52	W17	Pa Vang, 19*, Des Moines, IA	2:10:09	2:17:36	10:28
2635	8	M65	Arlo Van Diest, 69, Webster City, IA	2:10:10	2:11:19	10:28
2636	488	M30	Scott Olsen, 31, Madrid, IA	2:10:10	2:20:49	10:28
1923	386	W30	Nicole Arnold, 34*, Ames, IA	2:10:10	2:18:35	10:28
2637	331	M40	Matthew Scaparro, 42, Waukee, IA	2:10:10	2:17:10	10:28
1924	324	W35	Melissa Hansen, 36*, Waukee, IA	2:10:11	2:16:49	10:28
1925	273	W20	Meredith Buseman, 24*, Johnston, IA	2:10:11	2:11:57	10:28
2638	42	M60	Allan Goldberg, 60, Des Moines, IA	2:10:12	2:11:25	10:29
2639	377	M35	Brent Jackman, 36, Cedar Rapids, IA	2:10:12	2:16:52	10:29
1926	274	W20	Beth Scheckel, 24*, Louisville, KY	2:10:12	2:14:41	10:29
2640	111	M55	Leon Kuehner, 56, Hampton, IA	2:10:13	2:17:31	10:29
1927	452	W25	Emily Kleiss, 25*, Lawler, IA	2:10:13	2:14:41	10:29
2641	489	M30	Cameron Frett, 34, Cedar Rapids, IA	2:10:15	2:13:14	10:29
1928	453	W25	Jaqueline Scanes, 27*, West Des Moines, IA	2:10:15	2:12:01	10:29
1929	454	W25	Mary Pederson, 27*, Clear Lake, IA	2:10:16	2:19:23	10:29
2642	180	M50	Don Haden, 52, Johnston, IA	2:10:16	2:12:43	10:29
2643	378	M35	Eric Bookmeyer, 36, Mason City, IA	2:10:18	2:15:04	10:29
1930	325	W35	Jill Pecinovsky, 36*, West Des Moines, IA	2:10:18	2:14:56	10:29
1931	63	W50	Gale Tinglov, 53*, St Cloud, MN	2:10:18	2:14:54	10:29
2644	379	M35	Ron Conn, 35, Waukee, IA	2:10:18	2:16:37	10:29
1932	455	W25	Sarah Zimmerman, 29*, Ankeny, IA	2:10:21	2:16:47	10:29
1933	387	W30	Kellie Cooper, 32*, Clear Lake, IA	2:10:21	2:12:33	10:29
1934	53	W17	Ashley Aljets, 18*, Fort Dodge, IA	2:10:22	2:18:40	10:29
2645	490	M30	Michael McTaggart, 34, Des Moines, IA	2:10:23	2:12:35	10:29
1935	326	W35	Dede Jacoby, 35*, Jewell, IA	2:10:24	2:19:08	10:29
2646	332	M40	Kevin Cox, 40, Des Moines, IA	2:10:24	2:15:52	10:29
1936	327	W35	Julie Kramer, 36*, Cedar Rapids, IA	2:10:25	2:14:13	10:30
2647	249	M45	Edward Tiernan, 47, Des. Moines, IA	2:10:25	2:20:08	10:30
2648	380	M35	Timothy Young, 35, Des Moines, IA	2:10:26	2:17:13	10:30
1937	456	W25	Brenda Winship, 27*, Council Bluffs, IA	2:10:26	2:13:39	10:30
1938	24	W55	Patricia Swanson, 58*, Emmetsburg, IA	2:10:28	2:14:06	10:30
1939	457	W25	Jennifer Hummel, 26*, Waukee, IA	2:10:28	2:14:07	10:30
1940	458	W25	Christina Crawford, 26*, Springfield, MO	2:10:29	2:15:50	10:30
2649	333	M40	Mark Jacobs, 41, Ankeny, IA	2:10:29	2:18:45	10:30
2650	459	M25	Chris Metz, 27, Dallas, IA	2:10:30	2:19:22	10:30
1941	388	W30	Rachael Beck, 30*, Solon, IA	2:10:30	2:15:24	10:30
2651	112	M55	Tom Hostetter, 59, Ames, IA	2:10:31	2:12:57	10:30
2652	334	M40	Brett Trotter, 44, Indianola, IA	2:10:32	2:17:06	10:30
2653	181	M50	Marlin Weber, 51, Urbandale, IA	2:10:32	2:19:26	10:30
2654	228	M20	Brian Dreesman, 24, Waukee, IA	2:10:34	2:11:18	10:30
2655	335	M40	Gary Magneson, 41, Urbandale, IA	2:10:35	2:18:53	10:30
1942	54	W17	Alyssa Lundgren, 19*, Lehigh, IA	2:10:35	2:14:56	10:30
1943	1	W70	Rita Jackson Ashmead, 74*, Ottumwa, IA	2:10:35	2:11:25	10:30
1944	459	W25	Stephanie Gross, 25*, Urbandale, IA	2:10:36	2:19:07	10:30
2656	182	M50	Mark Swehla, 50, Des Moines, IA	2:10:37	2:15:00	10:31
1945	460	W25	Kelly Boesenberg, 28*, Ankeny, IA	2:10:38	2:17:31	10:31
1946	461	W25	Angela Henscheid, 26*, Des Moines, IA	2:10:40	2:11:25	10:31
2657	491	M30	Adam Holt, 30, Des Moines, IA	2:10:40	2:16:37	10:31
2658	250	M45	Douglas Hetherington, 49, Des Moines, IA	2:10:40	2:16:15	10:31
1947	462	W25	Megan Goaley, 28*, Des Moines, IA	2:10:41	2:12:44	10:31
1948	463	W25	Molly Scherrman, 29*, Des Moines, IA	2:10:41	2:16:37	10:31
1949	389	W30	Marji Oveson, 31*, Wilton, IA	2:10:41	2:12:45	10:31
1950	64	W50	Julie Venner, 52*, Boone, IA	2:10:41	2:15:17	10:31
1951	464	W25	Kasey Strosahl, 28*, Riverside, IA	2:10:41	2:18:15	10:31

1952	128	W45	Mary Jo Vogl, 45*, Urbandale, IA	2:10:42	2:15:32	10:31
1953	55	W17	Kellie Schaefer, 18*, Stacyville, IA	2:10:43	2:17:43	10:31
1954	465	W25	Kristen Gruntorad, 29*, West Des Moines, IA	2:10:43	2:20:09	10:31
2659	492	M30	Brett Honn, 32, Mason City, IA	2:10:43	2:15:29	10:31
2660	460	M25	Eric Mead, 28, West Des Moines, IA	2:10:43	2:14:17	10:31
1955	390	W30	Jenni Honn, 32*, Mason City, IA	2:10:43	2:15:29	10:31
2661	461	M25	Josh Clanton, 29, Des Moines, IA	2:10:46	2:18:00	10:31
2662	229	M20	Jordan Wengert, 22, Johnston, IA	2:10:46	2:14:53	10:31
1956	466	W25	Stephanie Rajchel, 26*, Des Moines, IA	2:10:47	2:14:53	10:31
1957	328	W35	Dawn Malloy, 36*, Williamsburg, IA	2:10:48	2:19:19	10:31
1958	65	W50	Joni Livermore, 50*, Bondurant, IA	2:10:49	2:16:24	10:31
1959	391	W30	Stephanie Schiltz, 33*, Algona, IA	2:10:49	2:16:28	10:32
2663	381	M35	John Hembry, 35, Urbandale, IA	2:10:50	2:17:42	10:32
1960	329	W35	Tracey Stelpflug, 39*, Urbandale, IA	2:10:51	2:20:28	10:32
1961	208	W40	Nancy Tunender, 43*, Norwalk, IA	2:10:52	2:14:48	10:32
2664	230	M20	Matt Finke, 24, West Des Moines, IA	2:10:52	2:14:51	10:32
1962	330	W35	Shawna Mueller, 36*, West Liberty, IA	2:10:52	2:15:52	10:32
2665	183	M50	Tim Waddilove, 53, Cedar Rapids, IA	2:10:52	2:16:27	10:32
1963	392	W30	Sara Hackbarth, 33*, Des Moines, IA	2:10:52	2:15:12	10:32
1964	467	W25	Keely Baade, 28*, Johnston, IA	2:10:52	2:15:47	10:32
2666	9	M65	Dean Lauterbach, 66, Newton, IA	2:10:53	2:13:02	10:32
2667	462	M25	Josh Baade, 29, Johnston, IA	2:10:53	2:15:48	10:32
1965	209	W40	Teresa Stevermer, 42*, Easton, MN	2:10:53	2:18:23	10:32
2668	231	M20	Jason Lee, 22, Coralville, IA	2:10:53	2:18:15	10:32
1966	210	W40	Marie Vajgrt, 43*, Urbandale, IA	2:10:53	2:18:24	10:32
1967	17	JrW	Katie Schwartz, 5*, Coralville, IA	2:10:54	2:18:15	10:32
1968	393	W30	Sarah Lundt, 30*, West Des Moines, IA	2:10:54	2:19:37	10:32
2669	463	M25	Adam Wuebker, 25, West Des Moines, IA	2:10:55	2:13:47	10:32
2670	336	M40	Deric Gales, 42, Des Moines, IA	2:10:56	2:19:38	10:32
2671	464	M25	Andrew Lang, 28, Waukee, IA	2:10:56	2:15:07	10:32
1969	66	W50	Nancy Hefner, 53*, Grimes, IA	2:10:57	2:16:51	10:32
1970	468	W25	Elisabeth Hunsberger, 25*, Colfax, IA	2:10:57	2:15:31	10:32
1971	331	W35	Shelby McCreedy, 37*, Atlantic, IA	2:10:57	2:15:35	10:32
1972	275	W20	Holly Winter, 23*, West Des Moines, IA	2:10:58	2:19:41	10:32
2672	251	M45	Scott Nelson, 45, Pleasant Hill, IA	2:10:59	2:12:23	10:32
1973	276	W20	Emmie Larson, 21*, Colfax, IA	2:10:59	2:15:33	10:32
1974	332	W35	Lacey Loewe, 35*, Cambridge, IA	2:11:00	2:13:20	10:32
2673	465	M25	Clint Olson, 29, Urbandale, IA	2:11:00	2:13:36	10:32
1975	333	W35	Bradi Johnson, 35*, Parkersburg, IA	2:11:02	2:14:47	10:33
2674	466	M25	Jay Larson, 28, Altoona, IA	2:11:02	2:13:12	10:33
2675	467	M25	Nick Wilkins, 27, West Des Moines, IA	2:11:02	2:19:39	10:33
2676	468	M25	Eric Bruhn, 26, West Des Moines, IA	2:11:02	2:18:27	10:33
2677	337	M40	Dave Burke, 40, West Des Moines, IA	2:11:05	2:15:40	10:33
2678	382	M35	Morgan Streeter, 39, Des Moines, IA	2:11:05	2:17:12	10:33
2679	252	M45	Fred Anderson, 48, Bondurant, IA	2:11:06	2:17:48	10:33
1976	334	W35	Maria Jebens, 37*, Wellman, IA	2:11:06	2:20:19	10:33
2680	253	M45	Larry Graeve, 49, Ankeny, IA	2:11:07	2:11:47	10:33
2681	493	M30	Brad Hollatz, 33, Grimes, IA	2:11:07	2:20:06	10:33
1977	469	W25	Sarah Hayek, 27*, West Des Moines, IA	2:11:07	2:18:33	10:33
1978	277	W20	Jessica Klinker, 23*, West Des Moines, IA	2:11:08	2:18:30	10:33
1979	470	W25	Hannah Spear, 25*, Iowa City, IA	2:11:09	2:21:16	10:33
1980	129	W45	Mary Draayer, 48*, Ankeny, IA	2:11:09	2:14:48	10:33
1981	471	W25	Katie Halstead, 27*, Huntersville, NC	2:11:12	2:15:37	10:33
2682	469	M25	Kyle Denny, 27, Thornton, CO	2:11:13	2:20:07	10:33
1982	278	W20	Desirae Albus, 24*, Clarinda, IA	2:11:15	2:19:39	10:34
1983	472	W25	Kenna Willey, 25*, Newton, IA	2:11:16	2:16:27	10:34
1984	335	W35	Meredith Burke, 37*, West Des Moines, IA	2:11:17	2:15:51	10:34
1985	130	W45	Kathy Molden, 45*, Spirit Lake, IA	2:11:18	2:15:23	10:34
1986	279	W20	Krysta Lilland, 24*, Iowa City, IA	2:11:18	2:16:50	10:34
1987	473	W25	Amanda Troup, 25*, Des Moines, IA	2:11:19	2:13:53	10:34
1988	131	W45	Sondra Jay-Grote, 49*, Filley, NE	2:11:19	2:16:52	10:34
1989	211	W40	Sherry Ellingson, 44*, Clive, IA	2:11:20	2:19:44	10:34
1990	336	W35	Kathy Stastney, 38*, Mequon, WI	2:11:20	2:19:44	10:34
2683	112	M17	Thomas Casady, 18, Indianola, IA	2:11:20	2:16:21	10:34

1991	132	W45	Lori Bauman, 46*, River Hills, WI	2:11:20	2:19:44	10:34
1992	212	W40	Gina Narey, 44*, Palatine, IL	2:11:20	2:19:45	10:34
1993	394	W30	M Sandra Cortez, 31*, Cicero, IL	2:11:20	2:16:18	10:34
2684	470	M25	Jesse Froning, 25, Waukee, IA	2:11:21	2:14:45	10:34
2685	471	M25	Travis Kline, 26, Waukee, IA	2:11:21	2:14:45	10:34
2686	43	M60	Tim Devick, 60, Urbandale, IA	2:11:21	2:13:49	10:34
2687	254	M45	Sam Rizzuti, 46, Urbandale, IA	2:11:22	2:15:38	10:34
1994	395	W30	Carlie Anderson, 30*, West Des Moines, IA	2:11:22	2:20:06	10:34
1995	396	W30	Piper Gloede, 31*, Cedar Rapids, IA	2:11:22	2:20:06	10:34
1996	280	W20	Mallory Sommers, 24*, Dallas Center, IA	2:11:22	2:17:40	10:34
1997	474	W25	Carolina Manjarrez, 25*, Des Moines, IA	2:11:23	2:16:00	10:34
2688	184	M50	Charles Halse, 51, Hastings, MN	2:11:23	2:16:54	10:34
2689	44	M60	Simon Casady, 61, Indianola, IA	2:11:24	2:16:26	10:34
1998	397	W30	Sarah Hinrichs, 30*, Grimes, IA	2:11:25	2:17:42	10:34
1999	398	W30	Allison Larson, 30*, Des Moines, IA	2:11:25	2:19:58	10:34
2000	399	W30	Angela Avery, 30*, West Des Moines, IA	2:11:25	2:21:12	10:34
2001	475	W25	LeeAnn Keppler, 28*, Manchester, IA	2:11:26	2:13:48	10:35
2002	281	W20	Brittany Millikin, 21*, Hedrick, IA	2:11:29	2:18:33	10:35
2003	476	W25	Adrienne Drescher, 26*, Ames, IA	2:11:29	2:19:42	10:35
2690	494	M30	Ryan Greening, 30, West Des Moines, IA	2:11:29	2:14:51	10:35
2004	400	W30	Monica Burchett, 34*, Bettendorf, IA	2:11:29	2:19:49	10:35
2005	337	W35	Kara Dunham, 38*, Waukee, IA	2:11:29	2:15:41	10:35
2006	477	W25	Ashleigh Dowell, 26*, West Des Moines, IA	2:11:30	2:14:51	10:35
2691	472	M25	Ben Diehl, 29, Cedar Rapids, IA	2:11:30	2:18:32	10:35
2007	401	W30	Ally Miller, 34*, Ashland, NE	2:11:31	2:15:22	10:35
2008	338	W35	Lisa Van Roekel, 35*, Johnston, IA	2:11:31	2:15:22	10:35
2009	478	W25	Allison Judge, 28*, Des Moines, IA	2:11:31	2:20:15	10:35
2010	402	W30	Alyssa Rasmussen, 31*, Waverly, IA	2:11:32	2:15:35	10:35
2011	339	W35	Keri Frommelt, 39*, Ankeny, IA	2:11:33	2:17:26	10:35
2692	338	M40	Tim Hanke, 42, Urbandale, IA	2:11:33	2:21:36	10:35
2693	339	M40	Sean Frommelt, 40, Ankeny, IA	2:11:33	2:17:26	10:35
2694	45	M60	Keith Hartje, 60, Ankeny, IA	2:11:35	2:17:11	10:35
2012	18	JrW	Makayla Tendall, 16*, Waukee, IA	2:11:36	2:16:12	10:35
2013	340	W35	Leona Tanner, 35*, Ottumwa, IA	2:11:36	2:14:29	10:35
2014	133	W45	Teresa Larson-White, 45*, Badger, IA	2:11:37	2:13:53	10:35
2015	341	W35	Dawn Schwarte, 36*, Carroll, IA	2:11:37	2:15:03	10:35
2016	342	W35	Paula Konrad, 37*, Indianola, IA	2:11:38	2:17:47	10:35
2017	343	W35	Heather Brunk, 38*, Johnston, IA	2:11:39	2:15:41	10:36
2018	25	W55	Catherine Kemper, 59*, Vienna, VA	2:11:39	2:15:42	10:36
2019	479	W25	Nicolle Peterson, 28*, West Des Moines, IA	2:11:39	2:20:36	10:36
2695	495	M30	Keo Synarong, 34, Ankeny, IA	2:11:41	2:16:44	10:36
2020	344	W35	Danene Suttten, 39*, Pleasant Hill, IA	2:11:42	2:17:58	10:36
2021	345	W35	Joy Carter, 38*, Pleasant Hill, IA	2:11:42	2:17:58	10:36
2022	403	W30	Dana Pardekooper, 34*, Des Moines, IA	2:11:43	2:18:25	10:36
2696	113	M55	Galen Peery, 59, Kiron, IA	2:11:44	2:17:19	10:36
2023	282	W20	Kylie Wunschel, 21*, Cedar Falls, IA	2:11:44	2:17:19	10:36
2697	255	M45	Jim Agne, 49, Solon, IA	2:11:44	2:17:20	10:36
2024	404	W30	Shabana Azeez, 33*, Urbandale, IA	2:11:44	2:17:59	10:36
2698	383	M35	Ahmad Azeez, 36, Urbandale, IA	2:11:44	2:17:59	10:36
2699	473	M25	Jason Textor, 27, Johnston, IA	2:11:44	2:18:37	10:36
2025	480	W25	Ashley Smith, 26*, Lake City, IA	2:11:46	2:19:47	10:36
2026	481	W25	Stacy Faerber, 26*, Johnston, IA	2:11:47	2:20:45	10:36
2027	19	JrW	Sarah Vining, 16*, Iowa City, IA	2:11:48	2:18:39	10:36
2028	213	W40	Kristin Farrell, 40*, Johnston, IA	2:11:48	2:14:44	10:36
2700	2	M70	Ron Scott, 73, Keokuk, IA	2:11:48	2:16:44	10:36
2701	232	M20	Mitchell Cline, 23, Ames, IA	2:11:48	2:16:44	10:36
2029	405	W30	Erin Marcel, 30*, Des Moines, IA	2:11:48	2:18:20	10:36
2702	340	M40	Dan Sanford, 41, Cedar Rapids, IA	2:11:48	2:15:48	10:36
2030	482	W25	Amber Wonder, 28*, Des Moines, IA	2:11:49	2:17:21	10:36
2031	134	W45	Jenny Jones, 47*, Ottumwa, IA	2:11:50	2:15:39	10:36
2032	346	W35	Robyn Griffiths, 38*, Ottumwa, IA	2:11:50	2:15:40	10:36
2033	406	W30	Sallisha Armour, 32*, Savage, MN	2:11:51	2:16:37	10:37
2703	185	M50	George Klotzbach, 51, Ames, IA	2:11:52	2:13:48	10:37
2034	214	W40	Kelly Richards, 40*, Ankeny, IA	2:11:52	2:20:38	10:37
2704	384	M35	Jeromy Warrick, 38, Johnston, IA	2:11:53	2:18:51	10:37

2705	46	M60	Tom Paulson, 62, Ham Lake, MN	2:11:55	2:19:47	10:37
2706	496	M30	Scott Flesher, 32, Des Moines, IA	2:11:55	2:19:46	10:37
2035	215	W40	Shelley VanDraska, 43*, Swisher, IA	2:11:57	2:13:01	10:37
2707	497	M30	Rory Wiebel, 32, Mount Vernon, IA	2:11:58	2:18:37	10:37
2036	483	W25	Joni Shepherd, 27*, Indianola, IA	2:11:58	2:16:30	10:37
2037	407	W30	Heather Kauffman, 34*, Adair, IA	2:11:59	2:22:09	10:37
2708	186	M50	Phil Johnson, 54, Belmond, IA	2:11:59	2:20:39	10:37
2038	283	W20	Bridget Slattery, 20*, Swisher, IA	2:11:59	2:20:26	10:37
2039	135	W45	Wendy Flander, 47*, Oskaloosa, IA	2:12:00	2:17:55	10:37
2040	347	W35	Kelly Stimson, 35*, Storm Lake, IA	2:12:01	2:17:42	10:37
2709	341	M40	Troy Taylor, 40, Waukee, IA	2:12:01	2:15:13	10:37
2710	342	M40	Carlos Herrera, 40, Knoxville, IA	2:12:02	2:16:25	10:37
2711	474	M25	Brad Hook, 26, Des Moines, IA	2:12:02	2:14:48	10:37
2712	498	M30	Jeff Halverson, 31, Granger, IA	2:12:03	2:19:50	10:37
2041	284	W20	Haley Janssen, 23*, Des Moines, IA	2:12:04	2:17:42	10:38
2042	408	W30	Bobbi Rohrberg, 34*, Glenwood, IA	2:12:06	2:16:54	10:38
2713	114	M55	Bruce Rehmke, 56, Peosta, IA	2:12:06	2:17:02	10:38
2714	499	M30	Erin Anderson, 31, Urbandale, IA	2:12:06	2:17:02	10:38
2715	500	M30	Megan Zuniga, 32, Waterloo, IA	2:12:06	2:13:29	10:38
2716	343	M40	Kumaresan Subramani, 42, Urbandale, IA	2:12:06	2:17:43	10:38
2717	385	M35	Jose Zuniga, 37, Waterloo, IA	2:12:06	2:13:29	10:38
2043	26	W55	Carleen Rehmke, 57*, Peosta, IA	2:12:07	2:17:02	10:38
2718	501	M30	Tony Carroll, 31, Grimes, IA	2:12:07	2:17:15	10:38
2044	484	W25	Heather Halverson, 29*, Granger, IA	2:12:08	2:19:55	10:38
2045	285	W20	Christine Slattery, 23*, Minneapolis, MN	2:12:08	2:20:34	10:38
2046	409	W30	Kim Harms, 34*, Huxley, IA	2:12:09	2:21:20	10:38
2047	348	W35	Jennifer Harper, 35*, West Des Moines, IA	2:12:10	2:15:30	10:38
2048	67	W50	Tina Hershberger, 53*, Kalona, IA	2:12:10	2:19:56	10:38
2049	485	W25	Kelly Kasparie, 26*, West Des Moines, IA	2:12:10	2:17:12	10:38
2719	386	M35	Chad Carter, 37, Cedar Rapids, IA	2:12:11	2:18:18	10:38
2050	27	W55	Karyl Ruhde, 59*, Chanhassen, MN	2:12:11	2:16:02	10:38
2051	486	W25	Jill Kasparie, 26*, Rochester, MN	2:12:11	2:17:12	10:38
2052	487	W25	Karen Schwartztrauber, 26*, Des Moines, IA	2:12:11	2:17:12	10:38
2720	113	M17	Douglas Baker, 17, Fort Dodge, IA	2:12:11	2:19:36	10:38
2721	502	M30	James Foley, 31, West Des Moines, IA	2:12:12	2:22:16	10:38
2053	349	W35	Brooke Lovelace, 39*, Newton, IA	2:12:13	2:20:24	10:38
2722	475	M25	Matt Pullen, 27, Urbandale, IA	2:12:15	2:17:07	10:38
2054	410	W30	Tracy Beck, 33*, Des Moines, IA	2:12:17	2:16:33	10:39
2055	350	W35	Julie Chasse, 39*, Des Moines, IA	2:12:17	2:14:05	10:39
2723	503	M30	Tyler Evans, 30, Urbandale, IA	2:12:17	2:19:14	10:39
2056	351	W35	Kymberly Lehenbauer, 36*, New Brighton, MN	2:12:18	2:19:23	10:39
2057	411	W30	Kari Holm, 31*, Ankeny, IA	2:12:18	2:19:23	10:39
2058	488	W25	Angela Schroeder, 27*, Clive, IA	2:12:20	2:19:11	10:39
2059	216	W40	Cheryl Halterman, 43*, Indianola, IA	2:12:21	2:18:54	10:39
2060	412	W30	Raquel Stout, 34*, Davenport, IA	2:12:22	2:20:53	10:39
2061	413	W30	Katie Lacey, 34*, Ankeny, IA	2:12:22	2:17:21	10:39
2062	286	W20	Elyse Collias, 21*, Waterford, MI	2:12:22	2:18:01	10:39
2063	287	W20	Jean Kaul, 22*, Kirksville, MO	2:12:24	2:18:35	10:39
2064	352	W35	Megan Brittain, 36*, Urbandale, IA	2:12:24	2:16:45	10:39
2065	414	W30	Amanda Krukow, 32*, Urbandale, IA	2:12:24	2:21:26	10:39
2066	489	W25	Jamie Rempe, 27*, West Des Moines, IA	2:12:25	2:16:45	10:39
2067	217	W40	Nichole Pals, 42*, Sheffield, IA	2:12:25	2:22:36	10:39
2724	504	M30	Nick Wallace, 31, West Des Moines, IA	2:12:25	2:20:36	10:39
2725	387	M35	Eric McGarrah, 38, Des Moines, IA	2:12:26	2:20:41	10:39
2068	218	W40	Beverly Saye, 41*, Shenandoah, IA	2:12:27	2:17:32	10:39
2069	219	W40	Laura Scharosch, 43*, Center Point, IA	2:12:28	2:18:57	10:39
2726	476	M25	Naveen Babu Maram, 28, Des Moines, IA	2:12:29	2:15:24	10:40
2070	220	W40	Kandace Drees-Dunn, 42*, Norwalk, IA	2:12:29	2:16:26	10:40
2071	415	W30	Susan Neff, 30*, Marion, IA	2:12:29	2:20:52	10:40
2072	136	W45	Doreen Steil, 48*, Cedar Falls, IA	2:12:30	2:17:49	10:40
2073	416	W30	Porshia Perkins, 32*, West Des Moines, IA	2:12:31	2:16:21	10:40
2074	221	W40	Kaylynn Christenson, 40*, Boone, IA	2:12:31	2:17:08	10:40
2727	477	M25	Edward Brafford, 29, Des Moines, IA	2:12:33	2:17:01	10:40
2075	417	W30	Liz Nelson, 34*, Windsor Heights, IA	2:12:33	2:17:04	10:40
2728	388	M35	Chris Nelson, 35, Windsor Heights, IA	2:12:33	2:17:04	10:40

2076	137	W45	Suzanne Pitsor, 47*, Minnetrista, MN	2:12:33	2:17:25	10:40
2077	353	W35	Krista Tanner, 36*, Clive, IA	2:12:34	2:16:53	10:40
2078	418	W30	Sarah Oneil, 30*, Urbandale, IA	2:12:34	2:18:05	10:40
2729	505	M30	Josh Nielsen, 32, Cambridge, IA	2:12:34	2:23:12	10:40
2730	478	M25	Jon Jewell, 25, Des Moines, IA	2:12:35	2:18:41	10:40
2079	222	W40	Tracey Boothe, 43*, Ames, IA	2:12:38	2:17:16	10:40
2731	47	M60	Robert F Schneider, 61, Urbandale, IA	2:12:38	2:20:46	10:40
2080	354	W35	Gina Gates, 38*, Ankeny, IA	2:12:38	2:19:38	10:40
2081	490	W25	Amanda Rutherford, 29*, Des Moines, IA	2:12:39	2:18:49	10:40
2082	419	W30	Meghan Gavin, 30*, Des Moines, IA	2:12:39	2:18:49	10:40
2732	479	M25	Christian Grandgenett, 28, Le Grand, IA	2:12:40	2:18:25	10:40
2733	344	M40	Todd Montgomery, 41, Cedar Rapids, IA	2:12:40	2:15:17	10:40
2734	389	M35	Michael Turpin, 35, Waukee, IA	2:12:41	2:19:50	10:40
2083	28	W55	Jeanice Lester, 55*, Red Oak, IA	2:12:41	2:19:29	10:41
2084	420	W30	Teyona Steenhoek, 32*, Pleasant Hill, IA	2:12:41	2:20:38	10:41
2735	390	M35	Mitch Brown, 37, Des Moines, IA	2:12:42	2:21:38	10:41
2085	355	W35	Brenda Jackson, 38*, Waukee, IA	2:12:43	2:17:33	10:41
2736	506	M30	Calvin Miller, 33, Des Moines, IA	2:12:43	2:20:57	10:41
2737	480	M25	Ben Henkels, 26, West Des Moines, IA	2:12:43	2:16:52	10:41
2086	491	W25	Rachel Buntenbach, 28*, Pleasant Hill, IA	2:12:43	2:20:40	10:41
2087	223	W40	Krista Morton, 40*, Indianola, IA	2:12:46	2:16:07	10:41
2088	288	W20	Ashley Lippincott, 22*, Pella, IA	2:12:47	2:20:08	10:41
2089	29	W55	Barbara Mitchell, 55*, West Des Moines, IA	2:12:47	2:19:41	10:41
2090	421	W30	Stacey Tenbrink, 33*, Eldridge, IA	2:12:48	2:21:18	10:41
2738	507	M30	Nick Robertson, 31, Des Moines, IA	2:12:48	2:17:55	10:41
2091	68	W50	Mary Davenport, 50*, Mason City, IA	2:12:52	2:18:14	10:41
2092	356	W35	Patresa Hartman, 36*, Des Moines, IA	2:12:52	2:20:06	10:41
2739	508	M30	Matthew Tonelli, 30, North Liberty, IA	2:12:53	2:21:53	10:41
2093	357	W35	Jean Mace, 35*, Papillion, NE	2:12:53	2:19:09	10:41
2740	391	M35	Curt Mace, 38, Papillion, NE	2:12:53	2:19:09	10:41
2094	422	W30	Rachel Van Den Broek, 30*, West Des Moines, IA	2:12:55	2:17:09	10:42
2095	492	W25	Lexi Kiel-Wornson, 29*, Des Moines, IA	2:12:55	2:19:44	10:42
2096	358	W35	Kerrie Hammelman, 35*, Clive, IA	2:12:57	2:20:56	10:42
2097	138	W45	Audrey Wheeler, 49*, Ames, IA	2:12:57	2:20:53	10:42
2098	493	W25	Aj Tilus, 26*, Johnston, IA	2:12:58	2:19:37	10:42
2099	139	W45	Lisa Scheppmann, 45*, West Des Moines, IA	2:12:58	2:20:56	10:42
2741	509	M30	Josh Colyer, 31, Des Moines, IA	2:12:59	2:21:11	10:42
2742	481	M25	Ryan McCoy, 29, Clive, IA	2:12:59	2:21:11	10:42
2100	140	W45	Sue Weiss, 47*, Ames, IA	2:13:01	2:21:36	10:42
2101	289	W20	Cassie Hudson, 24*, Creston, IA	2:13:02	2:19:05	10:42
2743	233	M20	Dave Rangel, 24, Tama, IA	2:13:02	2:17:11	10:42
2102	290	W20	Carmen Muhlenbruck, 24*, Iowa City, IA	2:13:02	2:21:12	10:42
2103	291	W20	Krystal Leif, 23*, Wilton, IA	2:13:03	2:21:12	10:42
2744	256	M45	Ravi Vemulapalli, 47, Clive, IA	2:13:03	2:21:19	10:42
2745	234	M20	Jason Johnson, 24, Ankeny, IA	2:13:03	2:14:27	10:42
2746	510	M30	Kent Hayes, 32, Ankeny, IA	2:13:03	2:23:18	10:42
2104	224	W40	Christine Mohrfeld, 43*, Urbandale, IA	2:13:03	2:20:35	10:42
2105	359	W35	Nicole Manzer, 35*, Story City, IA	2:13:04	2:20:15	10:42
2106	225	W40	Robin Steinkamp, 43*, Saylorville, IA	2:13:05	2:21:04	10:42
2107	69	W50	LuAnn Lang, 52*, Ankeny, IA	2:13:05	2:16:17	10:42
2108	70	W50	Denise Doyle, 53*, Ames, IA	2:13:06	2:22:39	10:43
2109	494	W25	Ida Hadzisulejmanovic, 26*, West Des Moines, IA	2:13:06	2:17:16	10:43
2747	115	M55	James Porter, 55, Iowa City, IA	2:13:07	2:20:55	10:43
2748	511	M30	Jess Vilsack, 32, Des Moines, IA	2:13:09	2:18:35	10:43
2110	226	W40	Wendy DeVries, 44*, Grimes, IA	2:13:09	2:15:58	10:43
2111	495	W25	Kate Vilsack, 28*, Des Moines, IA	2:13:09	2:18:35	10:43
2112	292	W20	Lana Krefting, 24*, Urbandale, IA	2:13:09	2:18:39	10:43
2749	482	M25	Joe Hugen, 26, West Des Moines, IA	2:13:10	2:16:24	10:43
2113	293	W20	Jordan Chandler, 24*, West Des Moines, IA	2:13:11	2:18:40	10:43
2750	235	M20	Grant Stokka, 23, Johnston, IA	2:13:13	2:22:14	10:43
2114	360	W35	Karen Gale, 38*, Marshalltown, IA	2:13:13	2:21:32	10:43
2115	141	W45	Lori Schwartz, 49*, Greenfield, IA	2:13:16	2:20:38	10:43
2116	294	W20	Erin Hall, 24*, Des Moines, IA	2:13:17	2:20:30	10:43

2751	187	M50	Martin Robinson, 51, Cedar Rapids, IA	2:13:17	2:14:29	10:43
2117	295	W20	Michelle Howe, 24*, West Des Moines, IA	2:13:17	2:21:14	10:43
2118	423	W30	Connie Terry, 33*, Earlham, IA	2:13:17	2:21:42	10:43
2752	188	M50	Kevin Howe, 50, Adel, IA	2:13:17	2:21:14	10:43
2119	496	W25	Katie Douglas, 25*, Johnston, IA	2:13:17	2:18:24	10:43
2120	296	W20	Stephanie Jacobs, 24*, West Des Moines, IA	2:13:18	2:20:31	10:43
2753	345	M40	Tim Pegg, 40, Urbandale, IA	2:13:20	2:19:26	10:44
2121	424	W30	Clare Burke, 33*, Ankeny, IA	2:13:21	2:19:59	10:44
2122	425	W30	Jennie Davidson, 31*, Ankeny, IA	2:13:21	2:20:00	10:44
2123	30	W55	Nancy Shell, 56*, Muscatine, IA	2:13:21	2:15:40	10:44
2124	227	W40	Jodi Jamison, 43*, Woodward, IA	2:13:24	2:19:40	10:44
2125	497	W25	Sarah Holst, 28*, West Des Moines, IA	2:13:24	2:19:43	10:44
2126	426	W30	Jana Peterson, 31*, Johnston, IA	2:13:25	2:15:36	10:44
2754	189	M50	George Naset, 51, San Diego, CA	2:13:25	2:15:46	10:44
2127	361	W35	Shannon Petersen, 38*, Granger, IA	2:13:25	2:19:40	10:44
2128	228	W40	Kathleen Walsh, 42*, San Diego, CA	2:13:25	2:15:46	10:44
2129	229	W40	Bridget Hilby, 40*, Dubuque, IA	2:13:26	2:19:48	10:44
2755	392	M35	Chris Pearson, 35, Carroll, IA	2:13:27	2:18:31	10:44
2130	427	W30	Sara Mathiasen Kellogg, 33*, Iowa City, IA	2:13:28	2:18:36	10:44
2756	114	M17	Michael Hilt, 18, Orange City, IA	2:13:28	2:17:33	10:44
2131	428	W30	Yoshimi Christensen, 30*, West Des Moines, IA	2:13:28	2:22:27	10:44
2132	142	W45	Patricia Hilt, 48*, Orange City, IA	2:13:28	2:21:49	10:44
2133	5	W60	Catherine Smith, 62*, West Des Moines, IA	2:13:29	2:19:30	10:44
2134	429	W30	Malayphone Senephansiri, 30*, Des Moines, IA	2:13:29	2:20:11	10:44
2135	143	W45	Cindy Baddeloo, 48*, West Des Moines, IA	2:13:29	2:19:30	10:44
2136	297	W20	Stacia Kluever, 20*, Union, IA	2:13:29	2:14:34	10:44
2757	393	M35	Lancer Mott, 39, Apo, NY	2:13:29	2:24:05	10:44
2758	394	M35	Pete Slusinski, 39, West Des Moines, IA	2:13:31	2:22:29	10:45
2759	483	M25	Michael Pesek, 28, Cumming, IA	2:13:31	2:19:54	10:45
2760	346	M40	Jamie Lawler, 41, West Des Moines, IA	2:13:31	2:22:13	10:45
2761	347	M40	Matthew Brown, 41, Des Moines, IA	2:13:32	2:22:12	10:45
2137	362	W35	Jennifer Misbach, 35*, Omaha, NE	2:13:35	2:19:31	10:45
2762	348	M40	Stephen Osborn, 44, Johnston, IA	2:13:36	2:21:27	10:45
2138	230	W40	Kathleen Osborn, 41*, Johnston, IA	2:13:36	2:21:27	10:45
2763	257	M45	Tom White, 46, Urbandale, IA	2:13:37	2:16:46	10:45
2139	363	W35	Brenda Peshel, 39*, Adel, IA	2:13:37	2:16:43	10:45
2764	349	M40	Tom Morris, 44, Johnston, IA	2:13:37	2:16:38	10:45
2140	231	W40	Rhonda Nelson, 43*, Ames, IA	2:13:38	2:21:21	10:45
2141	144	W45	Laurie Anderson, 49*, Nevada, IA	2:13:38	2:19:49	10:45
2765	236	M20	Bradley Quam, 22, Clive, IA	2:13:38	2:21:32	10:45
2766	484	M25	Michael Christiansen, 25, Indianola, IA	2:13:39	2:15:18	10:45
2142	298	W20	Anna Fontanini, 24*, Des Moines, IA	2:13:41	2:19:51	10:45
2143	498	W25	Leslie Bauman, 25*, West Des Moines, IA	2:13:41	2:21:42	10:45
2767	395	M35	Nick Bogue, 37, Johnston, IA	2:13:42	2:21:43	10:45
2144	364	W35	Ellen Thurston, 38*, Aliso Viejo, CA	2:13:43	2:16:59	10:45
2145	145	W45	Julie Knipp, 46*, Altoona, IA	2:13:43	2:20:47	10:45
2146	430	W30	Kimberly Hembry, 33*, Urbandale, IA	2:13:43	2:20:35	10:46
2147	232	W40	Kristi Van Hauen, 40*, Knoxville, IA	2:13:44	2:18:08	10:46
2148	499	W25	Jessica Punelli, 25*, Des Moines, IA	2:13:44	2:19:55	10:46
2149	31	W55	Dorothy Dickens, 55*, Ankeny, IA	2:13:45	2:18:26	10:46
2150	299	W20	Jacque Seidl, 23*, Adel, IA	2:13:46	2:17:18	10:46
2151	500	W25	Sarah Davis, 26*, Waterloo, IA	2:13:47	2:17:45	10:46
2152	431	W30	Kelly Wihlm, 32*, New Hope, MN	2:13:47	2:20:00	10:46
2153	501	W25	Emily Kistner, 27*, Des Moines, IA	2:13:48	2:20:26	10:46
2154	32	W55	Charlotte Meade, 57*, Council Bluffs, IA	2:13:48	2:22:32	10:46
2768	485	M25	Robert Kistner, 27, Des Moines, IA	2:13:48	2:20:27	10:46
2769	486	M25	Joe Austin, 28, Des Moines, IA	2:13:49	2:17:23	10:46
2155	300	W20	Carissa Wollman, 20*, Omaha, NE	2:13:49	2:18:30	10:46
2770	116	M55	Stephen Meade, 59, Council Bluffs, IA	2:13:49	2:22:31	10:46
2156	365	W35	Jenna Porter, 36*, Des Moines, IA	2:13:49	2:23:16	10:46
2771	48	M60	Roger Billings, 62, Indianola, IA	2:13:50	2:20:02	10:46
2157	502	W25	Jill Hackman, 26*, West Des Moines, IA	2:13:52	2:20:50	10:46
2772	487	M25	Brian Bradour, 27, Des Moines, IA	2:13:52	2:22:07	10:46

2158	233	W40	Jean Amosson, 42*, Clive, IA	2:13:53	2:23:42	10:46
2773	396	M35	Jeff Sparks, 36, Glidden, IA	2:13:53	2:22:11	10:46
2159	146	W45	Lori Fosse, 46*, Bondurant, IA	2:13:55	2:17:15	10:46
2774	60	JrM	Jacob Strong, 16, Indianola, IA	2:13:56	2:23:35	10:47
2775	512	M30	Jesse Jordan, 34, Waukee, IA	2:14:00	2:21:02	10:47
2776	513	M30	Allen Bierbaum, 34, Ames, IA	2:14:01	2:17:46	10:47
2777	49	M60	David Dickens, 62, Ankeny, IA	2:14:01	2:18:42	10:47
2160	432	W30	Tami Manz, 32*, Council Bluffs, IA	2:14:01	2:21:22	10:47
2161	366	W35	Shari Roling, 38*, Clive, IA	2:14:02	2:20:31	10:47
2162	234	W40	Susan Healy, 44*, West Des Moines, IA	2:14:02	2:17:22	10:47
2163	433	W30	Suzanne Sosby, 32*, Madrid, IA	2:14:04	2:16:41	10:47
2778	514	M30	Jason Dammen, 31, Glenwood, IA	2:14:04	2:22:23	10:47
2779	190	M50	Tom Lang, 52, Ankeny, IA	2:14:05	2:17:17	10:47
2164	434	W30	Angie McCollough, 31*, Wall Lake, IA	2:14:05	2:17:29	10:47
2165	503	W25	Kim Mason, 29*, Fort Dodge, IA	2:14:05	2:18:27	10:47
2780	397	M35	Mark Ludwick, 36, Ankeny, IA	2:14:06	2:21:25	10:47
2781	350	M40	Steven Van Weelden, 44, Pella, IA	2:14:07	2:19:39	10:47
2166	504	W25	Emily Orna, 26*, Grimes, IA	2:14:07	2:23:04	10:47
2167	235	W40	Maggie McCay, 41*, Des Moines, IA	2:14:07	2:19:42	10:47
2168	367	W35	Rebecca Cates, 37*, Clive, IA	2:14:09	2:18:30	10:48
2169	236	W40	Ildiko Kadar, 41*, West Des Moines, IA	2:14:10	2:21:05	10:48
2170	237	W40	Susan Pegg, 42*, Urbandale, IA	2:14:10	2:20:16	10:48
2171	56	W17	Emese Haty, 17*, West Des Moines, IA	2:14:10	2:21:05	10:48
2782	191	M50	Monty Hahn, 52, Pleasant Hill, IA	2:14:10	2:16:49	10:48
2172	505	W25	Kellie Backes, 28*, Eldridge, IA	2:14:10	2:21:19	10:48
2173	506	W25	Melissa Keller, 29*, Des Moines, IA	2:14:11	2:18:58	10:48
2174	435	W30	Dena Steinbach, 33*, Des Moines, IA	2:14:11	2:18:58	10:48
2175	507	W25	Johanna Determann, 28*, Des Moines, IA	2:14:11	2:23:38	10:48
2176	436	W30	Katy Rankin, 31*, New Virginia, IA	2:14:12	2:22:50	10:48
2783	192	M50	Tim Brcka, 50, Ottumwa, IA	2:14:13	2:27:08	10:48
2784	117	M55	Donald Cox, 56, West Des Moines, IA	2:14:14	2:19:34	10:48
2785	193	M50	Tracy Schmidt, 50, Waukee, IA	2:14:15	2:16:39	10:48
2177	437	W30	Rachel Williams, 34*, Ankeny, IA	2:14:15	2:19:15	10:48
2786	488	M25	Nathan Ribbens, 29, West Des Moines, IA	2:14:16	2:23:41	10:48
2787	489	M25	Nathan Johnston, 29, West Des Moines, IA	2:14:16	2:17:53	10:48
2178	508	W25	Jennifer Bruner, 29*, Cedar Rapids, IA	2:14:16	2:22:50	10:48
2788	398	M35	Joe Beuter, 37, Des Moines, IA	2:14:16	2:24:29	10:48
2179	509	W25	Robyn Reierson, 28*, Ames, IA	2:14:17	2:23:33	10:48
2180	368	W35	Teresa Beuter, 39*, Des Moines, IA	2:14:17	2:24:30	10:48
2181	438	W30	Angela Steburg, 32*, Algona, IA	2:14:19	2:20:15	10:48
2182	369	W35	Tracy Whisler, 39*, Grimes, IA	2:14:20	2:20:16	10:48
2183	439	W30	Jenica Moffitt, 32*, Ankeny, IA	2:14:20	2:21:59	10:48
2184	301	W20	Kayla Lagergren, 20*, Monroe, IA	2:14:21	2:21:51	10:49
2185	510	W25	Kate Pergande, 27*, Marshalltown, IA	2:14:22	2:21:46	10:49
2186	370	W35	Brea McCullough, 35*, Ankeny, IA	2:14:22	2:19:37	10:49
2187	511	W25	Traci Bach, 25*, Lincoln, NE	2:14:23	2:20:51	10:49
2188	371	W35	Tracy Nicholson, 38*, Ames, IA	2:14:23	2:21:34	10:49
2189	238	W40	Maggie Thompson, 44*, Perry, IA	2:14:24	2:20:26	10:49
2190	512	W25	Katie Fetcho, 29*, Bloomfield, IA	2:14:26	2:19:39	10:49
2191	239	W40	Keri Alleman, 44*, Slater, IA	2:14:28	2:22:06	10:49
2192	147	W45	Julie Houge, 45*, Polk City, IA	2:14:28	2:22:06	10:49
2193	513	W25	Jennifer Freeman, 29*, West Des Moines, IA	2:14:28	2:22:22	10:49
2194	440	W30	Erica Duke, 30*, West Des Moines, IA	2:14:28	2:22:23	10:49
2789	515	M30	Stephen Duke, 31, West Des Moines, IA	2:14:29	2:22:23	10:49
2195	240	W40	Sarah Johnson, 44*, Marshalltown, IA	2:14:29	2:22:38	10:49
2196	241	W40	Michelle Weber, 42*, Waukee, IA	2:14:30	2:17:34	10:49
2197	242	W40	Dawn Madson, 43*, N. Mankato, MN	2:14:32	2:22:03	10:49
2198	243	W40	Kathi Johnson, 44*, North Mankato, MN	2:14:33	2:18:04	10:50
2790	516	M30	Ryan Brunner, 31, Des Moines, IA	2:14:33	2:20:44	10:50
2199	244	W40	Kelly Pearce, 40*, Ankeny, IA	2:14:34	2:19:45	10:50
2200	148	W45	Donna Meredith, 49*, Bloomfield, IA	2:14:34	2:20:11	10:50
2201	514	W25	Janie Paulson, 28*, Ham Lake, MN	2:14:34	2:19:30	10:50
2202	302	W20	Terri Heath, 23*, Cedar Rapids, IA	2:14:36	2:17:07	10:50
2203	441	W30	Renee Rhinehart, 30*, North Liberty, IA	2:14:36	2:24:50	10:50
2204	57	W17	Carlie Rhinehart, 18*, Center Point, IA	2:14:36	2:24:50	10:50

2205	303	W20	Michelle Varnum, 21*, Ankeny, IA	2:14:36	2:15:38	10:50
2206	442	W30	Sarah Rhinehart, 31*, Minnetonka, MN	2:14:36	2:24:50	10:50
2791	194	M50	Alan Anderson, 52, Van Meter, IA	2:14:37	2:21:32	10:50
2792	195	M50	Jeffrey Lancaster, 52, Altoona, IA	2:14:39	2:25:07	10:50
2207	443	W30	Jenna Rupprecht, 32*, Bixby, OK	2:14:39	2:23:41	10:50
2208	444	W30	Kari Heller, 30*, Ames, IA	2:14:40	2:22:19	10:50
2209	372	W35	Karla Schumacher, 39*, Adel, IA	2:14:41	2:17:47	10:50
2793	50	M60	Robert McFarland, 61, Cedar Rapids, IA	2:14:43	2:23:28	10:50
2794	196	M50	Ron Grubb, 51, Urbandale, IA	2:14:43	2:17:05	10:50
2210	20	JrW	Alexandra McFarland, 16*, Cedar Rapids, IA	2:14:43	2:23:28	10:50
2211	373	W35	Dina Embree, 39*, Des Moines, IA	2:14:44	2:22:34	10:50
2795	490	M25	Dane Lang, 25, Brooklyn, IA	2:14:44	2:19:11	10:50
2212	515	W25	Marcey Propp, 28*, Melbourne, IA	2:14:44	2:22:44	10:50
2213	304	W20	Jill Westrum, 23*, Stratford, IA	2:14:45	2:22:24	10:51
2796	118	M55	Larry Tuel, 58, Des Moines, IA	2:14:46	2:22:02	10:51
2214	445	W30	Bonita Bontrager, 31*, Des Moines, IA	2:14:46	2:22:25	10:51
2215	516	W25	Sarah Morton, 28*, Waukee, IA	2:14:48	2:24:14	10:51
2216	517	W25	Emily Whitmer, 29*, Des Moines, IA	2:14:48	2:20:22	10:51
2217	374	W35	Theresa McVey, 37*, Des Moines, IA	2:14:48	2:19:22	10:51
2218	446	W30	Allison Vaughn, 32*, Marshalltown, IA	2:14:49	2:18:11	10:51
2219	447	W30	Beth Riesberg, 32*, Des Moines, IA	2:14:49	2:22:08	10:51
2220	448	W30	Maria Mattiace, 34*, Ankeny, IA	2:14:49	2:23:11	10:51
2797	491	M25	Rob Greiner, 26, West Des Moines, IA	2:14:50	2:23:35	10:51
2798	258	M45	Jeff Hoskinson, 48, Anamosa, IA	2:14:51	2:20:48	10:51
2799	399	M35	Dax Abbas, 39, Windsor Heights, IA	2:14:51	2:17:24	10:51
2221	245	W40	Diane Wise, 42*, Red Oak, IA	2:14:52	2:22:07	10:51
2222	246	W40	Julie Mehls, 43*, Johnston, IA	2:14:52	2:15:09	10:51
2800	351	M40	Ken Mehls, 44, Johnston, IA	2:14:53	2:15:09	10:51
2801	517	M30	Don Foltz, 33, Center Point, IA	2:14:53	2:20:51	10:51
2802	237	M20	Timothy Knefelkamp, 23, Des Moines, IA	2:14:54	2:16:15	10:51
2223	305	W20	Ashley Stockdale, 23*, Ankeny, IA	2:14:54	2:22:32	10:51
2224	58	W17	Lauren Schaefer, 18*, Stacyville, IA	2:14:54	2:21:54	10:51
2803	10	M65	Verdean Wiertzema, 69, Boyden, IA	2:14:55	2:21:26	10:51
2225	247	W40	Melissa Denison, 42*, Des Moines, IA	2:14:55	2:18:52	10:51
2226	449	W30	Heidi Watkins, 34*, Grimes, IA	2:14:55	2:22:37	10:51
2804	518	M30	John Mills, 30, Des Moines, IA	2:14:55	2:25:25	10:51
2805	519	M30	Scott Jordan, 30, Urbandale, IA	2:14:56	2:21:58	10:51
2227	518	W25	Linda Garbisch, 27*, Ames, IA	2:14:56	2:24:40	10:51
2806	115	M17	Ryan Klumpers, 18, Waukee, IA	2:14:58	2:22:01	10:52
2228	59	W17	Kari Ross, 18*, Urbandale, IA	2:14:58	2:22:01	10:52
2229	519	W25	Cindy Meester, 29*, West Des Moines, IA	2:14:58	2:20:54	10:52
2230	520	W25	Katie Wulkow, 28*, Grimes, IA	2:14:58	2:15:34	10:52
2807	352	M40	Julie Holt, 42, Clive, IA	2:15:00	2:24:46	10:52
2231	306	W20	Jennifer Towers, 22*, Perry, IA	2:15:00	2:20:42	10:52
2232	307	W20	Eileen Splendore, 24*, Perry, IA	2:15:00	2:20:42	10:52
2233	450	W30	Martha Rockwell, 34*, Des Moines, IA	2:15:00	2:17:18	10:52
2234	451	W30	Karen Mifflin, 31*, Pella, IA	2:15:00	2:22:14	10:52
2235	149	W45	Sue Wengert, 47*, Johnston, IA	2:15:03	2:18:01	10:52
2808	400	M35	Brent Emerson, 39, Huxley, IA	2:15:04	2:24:52	10:52
2236	521	W25	Ashlea Lantz, 26*, Coralville, IA	2:15:04	2:22:39	10:52
2809	492	M25	Todd Lantz, 25, Coralville, IA	2:15:04	2:22:39	10:52
2237	375	W35	Amy Cassidy, 35*, West Liberty, IA	2:15:05	2:21:30	10:52
2810	259	M45	Richard Asbury, 45, Pleasant Hill, IA	2:15:05	2:18:30	10:52
2238	248	W40	Gretchen Brouch, 42*, Naperville, IL	2:15:05	2:20:07	10:52
2239	376	W35	Kari Livengood, 37*, Center Point, IA	2:15:07	2:19:32	10:52
2240	522	W25	Jenny Zebley, 27*, Omaha, NE	2:15:07	2:23:54	10:52
2241	452	W30	Mary Ho, 33*, Ankeny, IA	2:15:09	2:19:41	10:52
2242	308	W20	Brooke Zehr, 22*, Ankeny, IA	2:15:09	2:20:20	10:52
2243	309	W20	Heidi Hammen, 22*, Storm Lake, IA	2:15:10	2:20:20	10:53
2244	377	W35	Jennifer Oldfield, 37*, Clive, IA	2:15:13	2:22:50	10:53
2245	249	W40	Amy Bejarno, 41*, Clive, IA	2:15:13	2:22:50	10:53
2246	250	W40	Kristin Hunt, 42*, Ankeny, IA	2:15:13	2:19:49	10:53
2247	150	W45	Jane Galyon, 49*, Ames, IA	2:15:14	2:23:59	10:53
2811	401	M35	Shane Ver Steeg, 36, Johnston, IA	2:15:14	2:20:08	10:53
2248	251	W40	Mindy Vaughn, 42*, Des Moines, IA	2:15:14	2:20:25	10:53

2249	252	W40	Rebecca Kennedy, 40*, Des Moines, IA	2:15:15	2:20:25	10:53
2250	378	W35	Melissa Junkins, 39*, Clive, IA	2:15:15	2:23:05	10:53
2251	253	W40	Allison Eness, 44*, Ames, IA	2:15:17	2:23:13	10:53
2252	453	W30	Elizabeth Roar Dilley, 33*, Red Oak, IA	2:15:18	2:21:12	10:53
2812	493	M25	Seth Boos, 29, Omaha, NE	2:15:18	2:23:23	10:53
2253	454	W30	Kim Forrester, 33*, Ankeny, IA	2:15:20	2:20:22	10:53
2254	310	W20	Heather Taylor, 24*, Hiawatha, IA	2:15:20	2:24:20	10:53
2255	455	W30	Michelle Bakker, 30*, Ankeny, IA	2:15:21	2:22:37	10:53
2813	520	M30	Brad Gregory, 31, Minneapolis, MN	2:15:22	2:25:18	10:54
2814	353	M40	Kent Nanke, 42, Toddville, IA	2:15:24	2:23:58	10:54
2256	456	W30	Angie Stafford, 32*, Bentonville, AR	2:15:24	2:19:47	10:54
2257	457	W30	Lisa Stockdale, 30*, Bentonville, AR	2:15:24	2:19:47	10:54
2815	402	M35	Shawn Powell, 37, Crete, NE	2:15:27	2:23:29	10:54
2258	379	W35	Tanya Kroeger, 37*, Crete, NE	2:15:27	2:23:29	10:54
2259	151	W45	Sarah Christensen, 49*, Audubon, IA	2:15:28	2:21:07	10:54
2816	197	M50	Greg Brandt, 52, Ankeny, IA	2:15:31	2:16:23	10:54
2260	21	JrW	Lisa Brandt, 15*, Ankeny, IA	2:15:31	2:16:23	10:54
2261	254	W40	Michelle Scheid, 40*, Urbandale, IA	2:15:32	2:24:43	10:54
2817	238	M20	Barrett Boesen, 23, Urbandale, IA	2:15:33	2:20:10	10:54
2262	311	W20	Casey Rickels, 23*, Anamosa, IA	2:15:34	2:23:55	10:54
2818	354	M40	Chris Egger, 43, Dexter, IA	2:15:34	2:23:30	10:54
2263	458	W30	Suyau Tjandrasa, 31*, Urbandale, IA	2:15:34	2:22:48	10:54
2264	459	W30	Kristi Ouder Kirk-Bock, 30*, North Liberty, IA	2:15:34	2:21:54	10:54
2819	521	M30	Herbie Gordo, 33, Fort Collins, CO	2:15:36	2:16:10	10:55
2820	51	M60	Daniel Murphy, 63, Mason City, IA	2:15:36	2:20:50	10:55
2265	523	W25	Alisha Plueger, 27*, Spencer, Ia, Ia	2:15:37	2:17:30	10:55
2266	380	W35	Tarrel Storey, 38*, Spencer, IA	2:15:37	2:17:30	10:55
2267	460	W30	Michelle Kimm, 34*, Amana, IA	2:15:37	2:20:11	10:55
2821	494	M25	Aaron Johnson, 27, Grimes, IA	2:15:38	2:22:33	10:55
2268	312	W20	Julie Thomas, 22*, Cedar Falls, IA	2:15:40	2:22:35	10:55
2269	313	W20	Melissa Paulson, 22*, Ham Lake, MN	2:15:40	2:26:05	10:55
2270	255	W40	Lisa Martin, 40*, Johnston, IA	2:15:40	2:19:45	10:55
2822	355	M40	John Bush, 41, Des Moines, IA	2:15:40	2:21:33	10:55
2823	522	M30	Shane Leaming, 34, Des Moines, IA	2:15:40	2:21:32	10:55
2824	495	M25	Theodore Tegen, 28, Mankato, MN	2:15:40	2:26:05	10:55
2271	381	W35	Nicole Schultz, 38*, Fairfax, IA	2:15:41	2:20:57	10:55
2272	314	W20	Jill Thomas, 23*, Ames, IA	2:15:41	2:22:36	10:55
2273	315	W20	Sarah Wildgen, 23*, Des Moines, IA	2:15:41	2:20:16	10:55
2274	316	W20	Jenn DuCray, 24*, West Des Moines, IA	2:15:41	2:20:16	10:55
2825	260	M45	Austin Burkey, 49, Council Bluffs, IA	2:15:43	2:22:59	10:55
2275	152	W45	Dina McKenna, 45*, Ankeny, IA	2:15:43	2:20:13	10:55
2276	256	W40	Jackie Chow, 42*, Johnston, IA	2:15:44	2:20:31	10:55
2826	496	M25	Robert Rypma, 25, Clive, IA	2:15:46	2:20:07	10:55
2277	257	W40	Liz Breck, 44*, Apopka, FL	2:15:47	2:20:15	10:55
2278	524	W25	Brittany Jungck, 27*, Waterloo, IA	2:15:47	2:22:19	10:56
2827	403	M35	Matt Braafhart, 35, Des Moines, IA	2:15:49	2:18:42	10:56
2279	461	W30	Sarah Underhill, 30*, Clive, IA	2:15:49	2:19:59	10:56
2280	462	W30	Mandie Reed, 31*, Altoona, IA	2:15:49	2:24:13	10:56
2828	523	M30	Craig Geppert, 33, Grimes, IA	2:15:50	2:21:30	10:56
2281	258	W40	Barbara Roth, 44*, Yutan, NE	2:15:50	2:19:52	10:56
2829	239	M20	Adam Beaves, 20, Des Moines, IA	2:15:51	2:22:19	10:56
2282	153	W45	Karla Peiffer, 45*, West Des Moines, IA	2:15:51	2:20:54	10:56
2283	382	W35	Mary Koogler, 39*, Altoona, IA	2:15:51	2:19:31	10:56
2284	463	W30	Maria Ramirez, 34*, Clive, IA	2:15:51	2:20:23	10:56
2285	317	W20	Anna McDermott, 21*, Des Moines, IA	2:15:52	2:22:20	10:56
2286	259	W40	Terri McIlhon, 41*, Clive, IA	2:15:53	2:19:09	10:56
2287	383	W35	Shannon Fisher, 35*, Runnells, IA	2:15:53	2:23:23	10:56
2830	524	M30	Andy Kong, 30, Des Moines, IA	2:15:53	2:24:18	10:56
2831	119	M55	Steve O'Brien, 58, Waterloo, IA	2:15:53	2:24:41	10:56
2288	464	W30	Asia Strong, 33*, Indianola, IA	2:15:55	2:25:33	10:56
2289	318	W20	Victoria Life, 20*, Oskaloosa, IA	2:15:55	2:21:24	10:56
2832	497	M25	Michelle Sevier, 28, Waukee, IA	2:15:55	2:19:32	10:56
2833	261	M45	Patrick Hatting, 47, Grinnell, IA	2:15:56	2:26:11	10:56
2290	525	W25	Jordan Lang, 25*, Johnston, IA	2:15:56	2:19:33	10:56

2291	465	W30	Maggie Boege, 30*, Maxwell, IA	2:15:56	2:20:26	10:56
2292	154	W45	Teri Breck, 49*, Apopka, FL	2:15:58	2:20:27	10:56
2293	526	W25	Calli Landenberger, 29*, Denver, IA	2:15:59	2:17:08	10:56
2294	527	W25	Joelle Kirchhoff, 25*, Grimes, IA	2:16:01	2:23:42	10:57
2295	528	W25	Kristin Hjelmeland, 27*, Waukee, IA	2:16:02	2:19:59	10:57
2296	529	W25	Sarah Benz, 29*, Urbandale, IA	2:16:02	2:21:32	10:57
2297	384	W35	MaryAnn Eakins, 35*, Grinnell, IA	2:16:03	2:21:38	10:57
2298	530	W25	Elizabeth Mattson, 25*, Newton, IA	2:16:03	2:21:37	10:57
2299	531	W25	Kristina Hansell, 26*, San Bruno, CA	2:16:05	2:24:55	10:57
2834	498	M25	Jeff Gordon, 29, North Liberty, IA	2:16:05	2:24:55	10:57
2300	260	W40	Michelle Goodman, 43*, West Des Moines, IA	2:16:06	2:20:54	10:57
2301	532	W25	Taylor Coder, 28*, Urbandale, IA	2:16:06	2:22:06	10:57
2302	155	W45	Sarah Harmeyer, 46*, West Des Moines, IA	2:16:06	2:20:54	10:57
2303	533	W25	Rachael Bodkins, 26*, Nevada, IA	2:16:08	2:25:10	10:57
2304	466	W30	Erika Schaffer, 32*, Joplin, MO	2:16:09	2:19:55	10:57
2835	499	M25	Kevin MacFerrin, 28, West Des Moines, IA	2:16:09	2:24:18	10:57
2836	116	M17	Justin Becvar, 18, Waukee, IA	2:16:15	2:21:00	10:58
2305	534	W25	Jenna Lathrop, 25*, Gilbert, AZ	2:16:16	2:20:36	10:58
2306	535	W25	Lindsey Todd, 26*, Clive, IA	2:16:16	2:24:09	10:58
2307	536	W25	Jodi Prichard, 29*, Ankeny, IA	2:16:16	2:24:09	10:58
2308	537	W25	Jennifer Robertson, 29*, Des Moines, IA	2:16:17	2:21:23	10:58
2837	404	M35	Nathan Trexel, 38, Altoona, IA	2:16:17	2:20:21	10:58
2838	525	M30	Travis Stearns, 30, Marion, IA	2:16:17	2:21:17	10:58
2309	385	W35	Amanda Werts, 35*, Des Moines, IA	2:16:18	2:22:23	10:58
2839	198	M50	David Soorholtz, 50, Clive, IA	2:16:20	2:20:48	10:58
2840	120	M55	Terry Grapentine, 59, Ankeny, IA	2:16:20	2:20:48	10:58
2841	356	M40	John Eubank, 42, Waukee, IA	2:16:22	2:22:10	10:58
2310	386	W35	Thea Mink, 38*, Ankeny, IA	2:16:26	2:18:30	10:59
2842	52	M60	Gerald Dewald, 60, West Des Moines, IA	2:16:26	2:26:36	10:59
2311	319	W20	Shannon Sanders, 22*, Des Moines, IA	2:16:26	2:22:32	10:59
2843	121	M55	Ken Birkenholtz, 59, Iowa, IA	2:16:26	2:27:15	10:59
2312	467	W30	Krista Bergman, 30*, Dunkerton, IA	2:16:26	2:21:54	10:59
2313	261	W40	Jennie Svoboda, 40*, Ankeny, IA	2:16:27	2:23:01	10:59
2844	240	M20	Vincent Marty-Terrain, 22, Grinnell, IA	2:16:28	2:23:16	10:59
2845	357	M40	Shawn Svoboda, 40, Ankeny, IA	2:16:28	2:23:01	10:59
2314	538	W25	Martha Pope, 29*, Ames, IA	2:16:28	2:20:46	10:59
2315	320	W20	Abigail Lang, 20*, Grinnell, IA	2:16:29	2:23:16	10:59
2846	199	M50	Paul Lang, 50, Grinnell, IA	2:16:29	2:23:17	10:59
2847	53	M60	Neil Olson, 60, Boone, IA	2:16:29	2:25:29	10:59
2316	262	W40	Ann Gansemer-Topf, 42*, Ames, IA	2:16:30	2:25:18	10:59
2317	263	W40	Dixie Palm, 41*, Altoona, IA	2:16:30	2:18:24	10:59
2848	500	M25	Kyle Karsjen, 28, Urbandale, IA	2:16:33	2:25:09	10:59
2849	526	M30	Michael Chen, 32, West Des Moines, IA	2:16:33	2:22:13	10:59
2318	468	W30	Jackie Osam, 30*, Des Moines, IA	2:16:33	2:20:12	10:59
2319	469	W30	Jennifer Swihart, 34*, Newton, IA	2:16:34	2:24:38	10:59
2850	501	M25	Rick Charlton III, 28, Ankeny, IA	2:16:35	2:20:49	10:59
2851	241	M20	Matthew Willoughby, 21, Lacona, IA	2:16:36	2:26:39	10:59
2320	539	W25	Sara Snyder, 26*, Estherville, IA	2:16:36	2:23:10	10:59
2321	540	W25	Alicia Thorson, 28*, West Des Moines, IA	2:16:36	2:22:03	10:59
2322	541	W25	Kaitlyn Hartman, 27*, Lincoln, NE	2:16:37	2:22:40	10:59
2852	262	M45	Bill Messerschmidt, 47, West Des Moines, IA	2:16:37	2:18:21	11:00
2323	470	W30	Meg Mitchell, 33*, Dubuque, IA	2:16:39	2:23:57	11:00
2324	471	W30	Nicole Harmsen, 32*, Wellman, IA	2:16:39	2:20:35	11:00
2325	156	W45	Laurie Johnson, 48*, Belmond, IA	2:16:39	2:25:19	11:00
2853	502	M25	Tom Mathisen, 27, Urbandale, IA	2:16:39	2:23:07	11:00
2854	263	M45	Brad Randall, 49, Solon, IA	2:16:41	2:23:03	11:00
2855	405	M35	Noah Wolter, 38, Urbandale, IA	2:16:42	2:21:34	11:00
2326	71	W50	Patty Toal, 54*, Rhodes, IA	2:16:42	2:24:00	11:00
2327	472	W30	Kjersten Brimeyer, 34*, Pleasant Hill, IA	2:16:44	2:24:15	11:00
2328	542	W25	Sarah Thompson, 26*, West Des Moines, IA	2:16:45	2:22:01	11:00
2329	321	W20	Hannah Walter, 24*, Grimes, IA	2:16:45	2:18:10	11:00
2856	503	M25	John Chai, 26, Norwalk, IA	2:16:46	2:25:08	11:00
2857	406	M35	Ryan Rivera, 37, Johnston, IA	2:16:48	2:19:50	11:00
2858	54	M60	Norm Ostbloom, 62, Des Moines, IA	2:16:48	2:26:08	11:00

2330	157	W45	Colleen Churchman, 49*, Des Moines, IA	2:16:48	2:24:09	11:00
2331	473	W30	Stephanie Licht, 30*, West Des Moines, IA	2:16:48	2:24:42	11:00
2859	358	M40	Dave Hick, 44, Grimes, IA	2:16:48	2:24:05	11:00
2332	264	W40	Sue Olson, 41*, Ankeny, IA	2:16:49	2:24:43	11:00
2333	543	W25	Carmen Spenner, 29*, Des Moines, IA	2:16:49	2:24:42	11:00
2334	544	W25	Theresa McLaughlin, 28*, Boone, IA	2:16:49	2:26:46	11:01
2860	504	M25	John Blackford, 29, Des Moines, IA	2:16:49	2:21:38	11:01
2335	265	W40	Robin Hockaday, 43*, Cambridge, IA	2:16:50	2:24:10	11:01
2336	322	W20	Brandiss Blackford, 23*, Milwaukee, WI	2:16:50	2:21:38	11:01
2337	474	W30	Valarie Leonard, 30*, Des Moines, IA	2:16:50	2:21:11	11:01
2338	545	W25	Jess Wolfe, 28*, West Liberty, IA	2:16:50	2:26:13	11:01
2339	387	W35	Becky Bostwick, 39*, Marion, IA	2:16:51	2:20:30	11:01
2861	359	M40	John Bostwick, 40, Marion, IA	2:16:51	2:20:30	11:01
2340	388	W35	Heike Hofmann, 38*, Ames, IA	2:16:52	2:24:43	11:01
2341	546	W25	Erin Johnson, 26*, Des Moines, IA	2:16:52	2:24:09	11:01
2862	264	M45	Bruce Terlouw, 48, Pella, IA	2:16:53	2:22:40	11:01
2342	323	W20	Emily Stracke, 23*, Holstein, IA	2:16:53	2:22:41	11:01
2343	475	W30	Jenny Speck, 31*, Des Moines, IA	2:16:54	2:25:24	11:01
2344	72	W50	Jennifer Seales, 53*, Rhodes, IA	2:16:55	2:23:00	11:01
2345	73	W50	Nancy Betz, 51*, Grimes, IA	2:16:55	2:21:12	11:01
2346	389	W35	Christie Woodyard, 37*, Altoona, IA	2:16:55	2:23:46	11:01
2347	158	W45	Deb Baker, 49*, Urbandale, IA	2:16:55	2:21:12	11:01
2348	476	W30	Beth Peck, 31*, Indianola, IA	2:16:56	2:25:38	11:01
2349	477	W30	Jen Hemmingsen, 34*, Storm Lake, IA	2:16:56	2:22:38	11:01
2863	527	M30	Steve Olsen, 33, Altoona, IA	2:16:57	2:22:27	11:01
2350	478	W30	Libby Caplan, 31*, Latimer, IA	2:16:57	2:23:56	11:01
2864	505	M25	J Michael Chiston Jr, 26, Des Moines, IA	2:16:57	2:19:46	11:01
2351	479	W30	Stephanie Olsen, 32*, Altoona, IA	2:16:57	2:22:27	11:01
2352	480	W30	Jessica Keehn, 31*, Des Moines, IA	2:17:00	2:21:30	11:01
2865	407	M35	Mario Lainfiesta, 35, Lawrence, KS	2:17:00	2:22:37	11:01
2866	506	M25	Ryan Wahl, 28, Urbandale, IA	2:17:00	2:24:00	11:01
2867	242	M20	Dan Hocken, 24, Kelley, IA	2:17:01	2:20:18	11:01
2353	266	W40	Kathy Schramm, 41*, Clive, KS	2:17:02	2:23:51	11:02
2354	481	W30	Amber Mikkelsen, 31*, Grimes, IA	2:17:03	2:23:40	11:02
2355	547	W25	Autum Lopata, 29*, Center Point, IA	2:17:03	2:23:40	11:02
2356	482	W30	Jenny Hugunin, 33*, Norwalk, IA	2:17:03	2:25:26	11:02
2357	483	W30	Sarah Miller, 33*, Des Moines, IA	2:17:04	2:23:45	11:02
2358	548	W25	Katie Toms, 26*, Carroll, IA	2:17:05	2:18:40	11:02
2359	390	W35	Susan Kluever, 38*, Ia, IA	2:17:06	2:22:37	11:02
2360	74	W50	Kathy MacBeth, 51*, West Des Moines, IA	2:17:07	2:25:09	11:02
2868	507	M25	Graham Barnes, 28, West Des Moines, IA	2:17:07	2:23:09	11:02
2869	55	M60	Joe Crann, 63, Ankeny, IA	2:17:07	2:25:48	11:02
2361	33	W55	Cindy Manker, 55*, West Des Moines, IA	2:17:07	2:25:10	11:02
2362	267	W40	Brenda Boatman, 40*, Savage, MN	2:17:09	2:26:09	11:02
2363	22	JrW	Lydia Penningroth, 15*, Urbandale, IA	2:17:10	2:21:36	11:02
2870	360	M40	Tom Penningroth, 43, Urbandale, IA	2:17:10	2:21:37	11:02
2364	484	W30	Katie Ochanpaugh, 30*, Cumming, IA	2:17:12	2:23:49	11:02
2871	528	M30	Charlie Ochanpaugh, 31, Cumming, IA	2:17:12	2:23:49	11:02
2365	391	W35	Sheila Thompson, 37*, West Des Moines, IA	2:17:12	2:22:24	11:02
2872	508	M25	Matthew Lehman, 27, Grimes, IA	2:17:13	2:27:20	11:02
2366	324	W20	Christine Monson, 20*, Lehigh, IA	2:17:13	2:26:13	11:02
2873	122	M55	Randall Miller, 59, Clive, IA	2:17:15	2:25:50	11:03
2367	325	W20	Melissa Linde, 23*, Ankeny, IA	2:17:17	2:24:34	11:03
2368	392	W35	Missy Keenan, 39*, Fairfield, IA	2:17:17	2:24:24	11:03
2369	549	W25	Sarah Brethouwer, 29*, Pella, IA	2:17:19	2:22:34	11:03
2370	268	W40	Liesl Eathington, 43*, Ames, IA	2:17:20	2:24:12	11:03
2371	485	W30	Amy Rider, 33*, Urbana, IA	2:17:20	2:23:53	11:03
2372	486	W30	Erin Black, 34*, Grinnell, IA	2:17:20	2:25:47	11:03
2373	269	W40	Debbie Ditolla, 42*, Urbandale, IA	2:17:20	2:22:02	11:03
2874	123	M55	David Eastburn, 56, Fairfield, IA	2:17:21	2:22:00	11:03
2875	124	M55	David Swenson, 55, Ames, IA	2:17:21	2:24:13	11:03
2374	326	W20	Lakey Koepke, 22*, Lincoln, NE	2:17:22	2:23:49	11:03
2375	550	W25	Terase Van Rheenen, 28*, Ankeny, IA	2:17:22	2:22:51	11:03
2376	75	W50	LuAnn Ostergaard, 51*, Des Moines, IA	2:17:23	2:24:41	11:03
2377	270	W40	Mary Lafferty, 44*, Des Moines, IA	2:17:24	2:23:01	11:03

2378	393	W35	Jackie Safley, 39*, Ankeny, IA	2:17:25	2:23:42	11:03
2379	487	W30	Roxanne Riesberg, 33*, Grimes, IA	2:17:25	2:25:07	11:03
2380	394	W35	Jennifer Cunningham, 37*, Urbandale, IA	2:17:26	2:25:07	11:03
2876	265	M45	Mark Taylor, 49, Norwalk, IA	2:17:27	2:23:24	11:04
2381	488	W30	Michelle Thompson, 32*, West Des Moines, IA	2:17:27	2:22:39	11:04
2877	200	M50	Dave Balvin, 51, Cedar Rapids, IA	2:17:28	2:23:01	11:04
2382	395	W35	Kim Hagedorn, 38*, Ankeny, IA	2:17:28	2:24:28	11:04
2383	551	W25	Emily Bodling, 25*, West Des Moines, IA	2:17:30	2:24:46	11:04
2384	489	W30	Lisa Vanderpluym, 30*, Waukee, IA	2:17:30	2:27:16	11:04
2878	243	M20	Nicholas Fitch, 24, West Des Moines, IA	2:17:31	2:26:27	11:04
2879	529	M30	Eric James, 31, Lenexa, KS	2:17:32	2:25:38	11:04
2385	490	W30	Kristine Holladay, 31*, Lenexa, KS	2:17:32	2:25:38	11:04
2386	552	W25	Amy Carter, 29*, Urbandale, IA	2:17:32	2:17:32	11:04
2387	271	W40	Anne Blobaum, 43*, Des Moines, IA	2:17:32	2:22:25	11:04
2388	396	W35	Annerose Wilson, 37*, Des Moines, IA	2:17:32	2:20:13	11:04
2389	272	W40	Conni Crees, 43*, Winterset, IA	2:17:32	2:22:25	11:04
2390	491	W30	Maia Block, 30*, Waukee, IA	2:17:32	2:27:18	11:04
2880	530	M30	Rob Barron, 30, Des Moines, IA	2:17:33	2:20:07	11:04
2391	492	W30	Jenny Houlihan, 31*, Cedar Rapids, IA	2:17:33	2:20:08	11:04
2392	273	W40	Rita Nierling, 40*, Fairfax, IA	2:17:33	2:21:39	11:04
2881	531	M30	Josh Crosser, 30, Cedar Rapids, IA	2:17:35	2:22:45	11:04
2393	553	W25	Paula Hanson, 26*, Iowa City,, Ia	2:17:36	2:25:35	11:04
2394	493	W30	Jill Crosser, 31*, Ankeny, IA	2:17:36	2:22:45	11:04
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2396	274	W40	Stephanie Perington, 44*, Johnston, IA	2:17:37	2:20:35	11:04
2397	554	W25	Heather Heidloff, 26*, West Des Moines, IA	2:17:38	2:23:37	11:04
2398	76	W50	Sally Mihalakis, 51*, Dubuque, IA	2:17:38	2:19:42	11:04
2399	23	JrW	Emma Thayer, 13*, Urbandale, IA	2:17:40	2:21:51	11:05
2400	555	W25	Kelly Wilkins, 26*, West Des Moines, IA	2:17:40	2:26:16	11:05
2401	60	W17	Angela Bryan, 18*, Badger, IA	2:17:40	2:22:57	11:05
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2403	557	W25	Jana Houghkirk, 25*, Cedar Rapids, IA	2:17:40	2:23:19	11:05
2883	201	M50	Steve Karsjen, 53, Nevada, IA	2:17:40	2:26:16	11:05
2404	495	W30	Krystal Wyatt, 33*, Glenwood, IA	2:17:41	2:22:08	11:05
2884	125	M55	Rich Johnson, 57, Ankeny, IA	2:17:42	2:21:29	11:05
2885	266	M45	Paul Turner, 47, Des Moines, IA	2:17:43	2:23:36	11:05
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2405	327	W20	Lyndsey Strait, 24*, Des Moines, IA	2:17:44	2:21:54	11:05
2887	202	M50	Norman Page, 50, Ankeny, IA	2:17:44	2:23:53	11:05
2406	496	W30	Stacey Purvis, 30*, Newton, IA	2:17:44	2:23:53	11:05
2407	275	W40	Zoila Jimenez, 43*, Marion, IA	2:17:45	2:17:45	11:05
2888	533	M30	James Richards, 31, Ames, IA	2:17:45	2:24:04	11:05
2408	558	W25	Hitomi Abe, 26*, Urbandale, IA	2:17:47	2:21:41	11:05
2889	534	M30	Gabriel Casciato, 32, Huxley, IA	2:17:48	2:26:58	11:05
2409	559	W25	Katie Bormann, 27*, Bellevue, IA	2:17:48	2:18:55	11:05
2890	244	M20	Seth Fulton, 24, Des Moines, IA	2:17:48	2:27:07	11:05
2891	245	M20	Colin Niceswanger, 22, Urbandale, IA	2:17:48	2:19:27	11:05
2410	497	W30	Kelly Nelsen, 30*, Indianola, IA	2:17:48	2:27:07	11:05
2411	560	W25	Kathryn Wharton, 29*, Harlan, IA	2:17:49	2:27:07	11:05
2412	498	W30	Heather Johnson, 32*, Clear Lake, IA	2:17:49	2:27:07	11:05
2413	499	W30	Briana Kemna, 30*, St. Louis Park, MN	2:17:49	2:27:07	11:05
2414	561	W25	Lacey Corcoran, 29*, Des Moines, IA	2:17:49	2:27:07	11:05
2892	361	M40	Michael Fisher, 41, Adel, IA	2:17:50	2:20:56	11:05
2415	276	W40	Jane Timm, 43*, West Des Moines, IA	2:17:50	2:22:41	11:05
2893	510	M25	Daniel Stieler, 28, Johnston, IA	2:17:50	2:28:06	11:05
2416	397	W35	Tracey Cormeny, 38*, Ottumwa, IA	2:17:51	2:26:04	11:05

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2895	362	M40	Tony Galeazzi, 40, Des Moines, IA	2:17:52	2:30:46	11:06
2418	159	W45	Debra Lyons, 47*, West Des Moines, IA	2:17:53	2:23:08	11:06

2896	511	M25	Jeremy Simon, 27, Chicago, IL	2:17:53	2:24:13	11:06
2897	363	M40	Jeff Link, 43, Des Moines, IA	2:17:53	2:23:51	11:06
2898	246	M20	Jerrod Belzer, 24, Fairfield, IA	2:17:54	2:23:25	11:06
2899	512	M25	Victor Garcia, 27, Des Moines, IA	2:17:54	2:24:14	11:06
2419	562	W25	Jennifer Adrianse, 28*, Des Moines, IA	2:17:54	2:23:21	11:06
2420	160	W45	Louisa Perry, 49*, Bondurant, IA	2:17:56	2:18:34	11:06
2900	267	M45	Todd Sniegowski, 48, Swisher, IA	2:17:56	2:22:19	11:06
2421	277	W40	Cara Snuffin, 41*, Des Moines, IA	2:17:57	2:22:50	11:06
2422	563	W25	Jessica Adreon, 29*, Pleasantville, IA	2:17:57	2:27:59	11:06
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2424	500	W30	Michelle Drake, 30*, Riverside, IA	2:17:57	2:22:41	11:06
2425	564	W25	Maggie Siebel, 27*, West Des Moines, IA	2:17:58	2:27:00	11:06
2901	56	M60	Tom Leffler, 64, Johnston, IA	2:17:58	2:20:10	11:06
2426	501	W30	Laura Emerson, 31*, Urbandale, IA	2:17:58	2:22:29	11:06
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2427	502	W30	T J. Simington, 31*, Milford, IA	2:18:01	2:24:49	11:06
2428	503	W30	Jami Beranek, 34*, Waterloo, IA	2:18:01	2:24:49	11:06
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2432	566	W25	Ashley Kunz, 25*, West Des Moines, IA	2:18:03	2:25:29	11:06
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2440	505	W30	Amy Mathis, 33*, Elkhart, IA	2:18:10	2:22:40	11:07
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2907	409	M35	Matthew Leaf, 37, Falls City, NE	2:18:17	2:20:40	11:08
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2909	410	M35	Timothy Cart, 39, Lisbon, IA	2:18:18	2:24:29	11:08
2454	508	W30	Kelly Munter, 32*, Ankeny, IA	2:18:19	2:24:14	11:08
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2457	279	W40	Lindsay Jahde, 42*, Anita, IA	2:18:20	2:21:24	11:08
2910	536	M30	Daniel Russo, 30, Staten Island, NY	2:18:20	2:23:40	11:08
2458	572	W25	Joanne Albertsen, 25*, Brooklyn, NY	2:18:20	2:23:40	11:08
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2461	26	JrW	Hannah Thayer, 16*, Urbandale, IA	2:18:20	2:22:32	11:08
2911	514	M25	Subrahmanyam Balla, 28, Des Moines, IA	2:18:21	2:21:16	11:08
2912	127	M55	Steve Loney, 58, Ames, IA	2:18:22	2:24:58	11:08
2913	537	M30	Chad Smit, 34, Urbandale, IA	2:18:23	2:21:15	11:08
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2464	511	W30	Megan Petersen, 30*, West Des Moines, IA	2:18:27	2:27:14	11:08
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2467	512	W30	Karey Hawkins, 33*, West Liberty, IA	2:18:28	2:27:47	11:08
2914	128	M55	Roger Kremer, 58, Ottumwa, IA	2:18:30	2:26:21	11:09
2915	3	M70	Jerry Triplett, 76, Winterset, IA	2:18:31	2:22:47	11:09
2468	405	W35	Heather Pack, 36*, Urbandale, IA	2:18:32	2:28:51	11:09
2916	365	M40	Spencer Pack, 40, Urbandale, IA	2:18:32	2:28:52	11:09
2469	331	W20	Ashley Smith, 20*, Carlisle, IA	2:18:33	2:26:57	11:09
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2471	573	W25	Mandy Hoekstra, 25*, Hull, IA	2:18:33	2:21:41	11:09
2472	574	W25	Cara Morlan, 28*, Des Moines, IA	2:18:34	2:22:03	11:09
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2917	268	M45	Craig Jones, 46, Des Moines, IA	2:18:35	2:23:39	11:09
2918	204	M50	Wayne Kennard, 51, Ankeny, IA	2:18:35	2:26:25	11:09
2919	269	M45	Raymond Carrington, 46, Ankeny, IA	2:18:35	2:22:29	11:09
2474	406	W35	Heidi Heronimus, 37*, Ankeny, IA	2:18:36	2:26:31	11:09
2475	575	W25	Chelsea Walden, 27*, Pleasant Hill, IA	2:18:36	2:25:16	11:09
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2477	162	W45	Cindy Brun, 49*, Indianola, IA	2:18:39	2:24:08	11:09
2478	282	W40	Laura Suttles, 40*, Urbana, IA	2:18:40	2:28:08	11:09
2479	334	W20	Stacy Edwards, 24*, North Liberty, IA	2:18:40	2:26:55	11:09
2480	407	W35	Nina Ratzlaff, 35*, Des Moines, IA	2:18:40	2:22:49	11:09
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2920	366	M40	Lino Bernal, 42, Des Moines, IA	2:18:44	2:18:53	11:10
2921	411	M35	Brett Perry, 38, Marshalltown, IA	2:18:44	2:28:48	11:10
2922	367	M40	Monty Woodward, 44, Raymond, NE	2:18:45	2:26:34	11:10
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2489	412	W35	Renee Luinstra, 35*, West Des Moines, IA	2:18:46	2:23:31	11:10
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2927	538	M30	Lance Stierman, 31, Des Moines, IA	2:18:50	2:27:29	11:10
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2510	520	W30	Tifany Wright, 32*, Le Mars, IA	2:19:18	2:26:45	11:12

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2515	522	W30	Beth Akason, 34*, Marshalltown, IA	2:19:28	2:28:23	11:13
2516	417	W35	Ellen Burger, 36*, Des Moines, IA	2:19:28	2:23:08	11:13
2937	543	M30	Lester Brewer, 30, Norwalk, IA	2:19:29	2:23:09	11:13
2517	523	W30	Courtney Brewer, 31*, Norwalk, IA	2:19:29	2:23:09	11:13
2518	524	W30	Angie Follis, 31*, Hartford, IA	2:19:29	2:29:50	11:13
2938	251	M20	Ryan Helling, 20, Ames, IA	2:19:31	2:23:38	11:14
2519	418	W35	Lori Beireis, 35*, North Liberty, IA	2:19:32	2:25:03	11:14
2520	419	W35	Kristy Molyneaux, 38*, Sarasota, FL	2:19:32	2:28:51	11:14
2521	286	W40	Barbara Thayer, 44*, Urbandale, IA	2:19:34	2:23:45	11:14
2939	544	M30	Kyle Van Haaften, 31, Urbandale, IA	2:19:36	2:25:06	11:14
2522	525	W30	Tara McFarling, 34*, Urbandale, IA	2:19:37	2:23:55	11:14
2523	338	W20	Kelsi Schilling, 23*, Carroll, IA	2:19:39	2:26:41	11:14
2524	339	W20	Kelsie Wittrock, 24*, Independence, IA	2:19:39	2:28:07	11:14
2525	579	W25	Sarah Miller, 26*, Carroll, IA	2:19:39	2:26:41	11:14
2526	526	W30	Katherine Avenarius, 31*, Dubuque, IA	2:19:41	2:29:26	11:14
2527	527	W30	Heidi Bird, 30*, Clarinda, IA	2:19:42	2:24:16	11:14
2528	580	W25	Tiffany Wheeldon, 25*, Martensdale, IA	2:19:42	2:24:53	11:14
2940	518	M25	Ryan Schuler, 27, Des Moines, IA	2:19:43	2:26:27	11:14
2529	420	W35	Angela Lyon, 36*, Van Meter, IA	2:19:44	2:25:20	11:15
2941	57	M60	Earl Smith, 61, De Moines, IA	2:19:44	2:27:58	11:15
2942	519	M25	Jacoby Stieler, 26, Johnston, IA	2:19:45	2:30:01	11:15
2530	581	W25	Amy Boal, 28*, Cambridge, IA	2:19:45	2:25:10	11:15
2943	270	M45	Roger Borcharding, 49, Linden, IA	2:19:45	2:24:37	11:15
2531	528	W30	Penny Freeman, 31*, Carlisle, IA	2:19:49	2:27:54	11:15
2944	369	M40	David Doty, 41, Altoona, IA	2:19:49	2:26:24	11:15
2532	6	W60	Jean Kristensen, 61*, West Des Moines, IA	2:19:50	2:27:40	11:15
2945	205	M50	Ky Boyle, 51, Moline, IL	2:19:51	2:25:55	11:15
2533	529	W30	Amanda Jackson, 30*, Urbandale, IA	2:19:51	2:24:09	11:15
2534	287	W40	Janet Reese, 43*, Oskaloosa, IA	2:19:51	2:24:48	11:15
2535	421	W35	Juliet Metcalf, 39*, Marshalltown, ME	2:19:51	2:28:39	11:15
2536	422	W35	Jonna Williams-Bey, 39*, Johnston, IA	2:19:52	2:23:57	11:15
2946	370	M40	Ted Redenius, 41, Urbandale, IA	2:19:52	2:26:28	11:15
2537	288	W40	Kristin Nanke, 41*, Toddville, IA	2:19:53	2:28:27	11:15
2538	340	W20	Mindy Wolfe, 21*, Casey, IA	2:19:54	2:24:50	11:15
2539	423	W35	Kris Thomas, 39*, Altoona, IA	2:19:55	2:24:44	11:15
2540	582	W25	Sara Cline, 26*, Creston, IA	2:19:59	2:25:44	11:16
2541	424	W35	Sharon Smith, 37*, Johnston, IA	2:20:00	2:24:08	11:16
2542	530	W30	Melinda Kuennen, 33*, West Des Moines, IA	2:20:02	2:26:52	11:16
2543	341	W20	Annelise Plooster, 23*, Des Moines, IA	2:20:03	2:26:57	11:16
2544	425	W35	Megan Buske, 39*, Urbandale, IA	2:20:03	2:27:39	11:16
2545	167	W45	Cheri Patzner, 46*, Urbandale, IA	2:20:03	2:28:00	11:16
2546	583	W25	Gina Gear, 29*, Urbandale, IA	2:20:03	2:27:40	11:16
2547	342	W20	Lacie Greiner, 22*, Boone, IA	2:20:04	2:26:05	11:16
2548	426	W35	Marcia Lozada, 35*, Ankeny, IA	2:20:04	2:29:13	11:16
2549	427	W35	Jennifer Santiago, 38*, Ankeny, IA	2:20:04	2:30:08	11:16
2947	545	M30	Jason Wiedman, 34, Ankeny, IA	2:20:05	2:24:13	11:16
2550	343	W20	Jennifer Streff, 22*, Urbandale, IA	2:20:06	2:25:19	11:16
2948	371	M40	Mike St. Clair, 41, Ankeny, IA	2:20:06	2:29:23	11:16
2551	584	W25	Michelle Denny, 29*, West Des Moines, IA	2:20:06	2:22:28	11:16
2552	63	W17	Haley Streff, 19*, Urbandale, IA	2:20:06	2:25:20	11:16
2949	58	M60	B L Sheriff, 62, Greenfield, IA	2:20:06	2:22:42	11:16
2553	64	W17	Sara Rockow, 18*, Fort Dodge, IA	2:20:07	2:28:24	11:16
2554	428	W35	Janeen Van Etten, 35*, Iowa City, IA	2:20:09	2:29:18	11:17
2950	206	M50	Colin Reese, 53, Aliso Viejo, CA	2:20:09	2:23:26	11:17
2555	168	W45	Lisa Davis, 45*, Greenview, IL	2:20:09	2:28:26	11:17
2556	84	W50	Mary DeValois, 50*, Iowa City, IA	2:20:11	2:24:41	11:17
2557	344	W20	Ashley Miller, 21*, Des Moines, IA	2:20:12	2:24:10	11:17
2558	345	W20	Erica Baedke, 24*, Des Moines, IA	2:20:12	2:24:11	11:17

2559	289	W40	Joan Nagel, 41*, Ankeny, IA	2:20:13	2:30:17	11:17
2951	61	JrM	Elijah Swehla, 13, Des Moines, IA	2:20:14	2:24:37	11:17
2560	346	W20	Jorie Shields-Smith, 20*, Ankeny, IA	2:20:15	2:28:06	11:17
2561	429	W35	Romunda Tonsfeldt, 39*, Ogden, IA	2:20:16	2:25:15	11:17
2562	585	W25	Jenny Connett, 28*, Indianola, IA	2:20:17	2:28:54	11:17
2563	586	W25	Jennie Stevenson, 26*, Sioux City, IA	2:20:18	2:26:31	11:17
2564	430	W35	Kirsten Burton, 39*, Mason City, IA	2:20:19	2:30:30	11:17
2565	431	W35	Heidi Sokol, 38*, Mason City, IA	2:20:19	2:30:30	11:17
2566	432	W35	Amy Davison, 38*, Mason City, IA	2:20:20	2:30:30	11:17
2567	290	W40	Kristi Magneson, 40*, Urbandale, IA	2:20:20	2:28:39	11:17
2568	169	W45	Paula Correy, 46*, Johnston, IA	2:20:21	2:21:24	11:18
2569	531	W30	Angie Dow, 32*, Clarinda, IA	2:20:22	2:27:53	11:18
2952	59	M60	Michael Kent, 64, Des Moines, IA	2:20:23	2:23:41	11:18
2570	587	W25	Katie Katzer, 28*, Urbandale, IA	2:20:25	2:25:07	11:18
2571	532	W30	Erin Parmelee, 33*, Des Moines, IA	2:20:26	2:28:25	11:18
2572	291	W40	Annette Watson, 40*, Urbandale, IA	2:20:26	2:27:45	11:18
2953	520	M25	David Burgfechtel, 26, Sioux City, IA	2:20:27	2:26:00	11:18
2573	533	W30	Crystal Butler, 31*, Orlando, FL	2:20:30	2:23:13	11:18
2954	413	M35	Douglas Hall, 37, Chicago, IL	2:20:31	2:30:01	11:18
2574	292	W40	Nettie Fogel, 41*, Moline, IL	2:20:31	2:27:01	11:18
2575	293	W40	Julie Hammond, 41*, Marshalltown, IA	2:20:33	2:28:43	11:19
2955	372	M40	William Safris, 44, Johnston, IA	2:20:34	2:26:25	11:19
2576	534	W30	Kelly Johnston, 31*, Indianola, IA	2:20:34	2:29:12	11:19
2577	535	W30	Jessica Chesley, 30*, West Des Moines, IA	2:20:37	2:25:50	11:19
2578	588	W25	Kara Johnson, 26*, Springville, IA	2:20:38	2:27:15	11:19
2579	433	W35	Bridgette Fitzsimmons, 39*, Ankeny, IA	2:20:41	2:24:19	11:19
2956	373	M40	John Fitzsimmons, 41, Ankeny, IA	2:20:41	2:24:19	11:19
2580	294	W40	Dee Dee Ruba, 44*, Remsen, IA	2:20:42	2:27:08	11:19
2581	589	W25	Rachele James, 27*, Hawkeye, IA	2:20:42	2:25:47	11:19
2582	590	W25	Jamie Bradley, 29*, Sumner, IA	2:20:42	2:25:47	11:19
2583	536	W30	Lisa Schmidt, 33*, Clive, IA	2:20:42	2:26:04	11:19
2584	591	W25	Beth Mensing, 29*, Des Moines, IA	2:20:43	2:26:20	11:19
2585	170	W45	Jeannie Brown, 47*, Denver, IA	2:20:44	2:25:50	11:19
2586	592	W25	Kristi Peddycoart, 27*, Grimes, IA	2:20:44	2:25:31	11:19
2587	171	W45	Lori Baker, 46*, Ames, IA	2:20:44	2:28:17	11:19
2588	295	W40	Elizabeth Moore, 43*, Oskaloosa, IA	2:20:45	2:30:22	11:19
2957	252	M20	Austin Meeks, 23, Marion, IA	2:20:45	2:26:28	11:19
2589	434	W35	Dana Coppola, 35*, Urbandale, IA	2:20:45	2:25:57	11:19
2590	537	W30	Jennifer Young, 34*, Minneapolis, MN	2:20:47	2:25:52	11:20
2958	546	M30	Jamie Sullivan, 34, Johnston, IA	2:20:47	2:30:37	11:20
2591	538	W30	Kelly Sullivan, 34*, Johnston, IA	2:20:47	2:30:37	11:20
2959	130	M55	Greg Dirks, 56, Iowa City, IA	2:20:48	2:27:57	11:20
2592	593	W25	Lindsey Wilson, 26*, Jefferson, IA	2:20:50	2:23:55	11:20
2960	547	M30	Jason Prall, 31, Des Moines, IA	2:20:51	2:24:53	11:20
2961	548	M30	Rj Charlton, 30, Des Moines, IA	2:20:52	2:24:53	11:20
2593	594	W25	Amy Patnode, 29*, Albertville, MN	2:20:53	2:29:46	11:20
2594	539	W30	Charlee Eekhoff, 34*, Otley, IA	2:20:53	2:23:48	11:20
2595	595	W25	Ali Young, 26*, Waterloo, IA	2:20:53	2:24:34	11:20
2596	596	W25	Anna Miller, 28*, Chicago, IL	2:20:53	2:30:52	11:20
2962	549	M30	John Draughn, 30, Des Moines, IA	2:20:54	2:25:49	11:20
2597	435	W35	Kim Wittrock, 37*, Carroll, IA	2:20:54	2:29:01	11:20
2963	271	M45	Jeff Smetzer, 45, Palo,, Ia	2:20:56	2:23:09	11:20
2598	597	W25	Diane Tran, 28*, Pittsburgh, PA	2:20:56	2:28:47	11:20
2964	207	M50	Thomas Reis, 54, Ames, IA	2:20:57	2:28:04	11:20
2599	540	W30	Jackie Cannon, 30*, Urbandale, IA	2:20:58	2:27:48	11:21
2965	253	M20	Matthew Gilbert, 24, Des Moines, IA	2:21:00	2:29:51	11:21
2600	541	W30	Jill Zwagerman, 33*, Ankeny, IA	2:21:00	2:29:05	11:21
2601	598	W25	Traci Brayton, 26*, Rowley, IA	2:21:00	2:28:22	11:21
2602	296	W40	Kim Riley, 41*, West Des Moines, IA	2:21:00	2:21:00	11:21
2603	436	W35	Wendy Kirby, 38*, Pleasantville, IA	2:21:02	2:23:12	11:21
2604	85	W50	Sharon Hall, 52*, Ankeny, IA	2:21:02	2:27:16	11:21
2605	437	W35	Rachael Jaffe, 36*, Council Bluffs, IA	2:21:02	2:26:59	11:21
2606	347	W20	Maria Hackett, 24*, Ankeny, IA	2:21:03	2:26:59	11:21
2607	86	W50	Roma Snook, 51*, Chariton, IA	2:21:03	2:24:03	11:21
2966	550	M30	Chris Goodman, 34, Leighton, IA	2:21:04	2:27:15	11:21

2608	599	W25	Amanda Van Horn, 29*, Council Bluffs, IA	2:21:05	2:21:59	11:21
2609	600	W25	Wendi Lane, 28*, Ankeny, IA	2:21:07	2:31:13	11:21
2967	521	M25	Mark Renick, 29, West Peoria, IL	2:21:07	2:31:14	11:21
2610	542	W30	Lynnelle Bontty, 33*, Walford, IA	2:21:09	2:31:05	11:21
2611	601	W25	Melissa Carlson, 27*, Ankeny, IA	2:21:11	2:30:38	11:22
2612	348	W20	Sara Embrey, 23*, Johnston, IA	2:21:11	2:27:38	11:22
2613	349	W20	Leah Hardie, 20*, Ankeny, IA	2:21:12	2:26:41	11:22
2614	602	W25	Meagen Kinnevan, 26*, Urbandale, IA	2:21:12	2:28:11	11:22
2615	172	W45	Linda Hardie, 45*, Ankeny, IA	2:21:12	2:26:41	11:22
2616	603	W25	Melanie Kempf, 27*, Urbandale, IA	2:21:13	2:29:47	11:22
2968	522	M25	Chad Plathe, 29, Urbandale, IA	2:21:13	2:26:07	11:22
2969	117	M17	Caleb Rizzuti, 19, Urbandale, IA	2:21:13	2:25:29	11:22
2970	374	M40	Martin Gay, 44, Ankeny, IA	2:21:14	2:31:36	11:22
2617	438	W35	Heidi Gay, 39*, Ankeny, IA	2:21:14	2:31:37	11:22
2971	208	M50	Randy Norby, 54, Osage, IA	2:21:14	2:28:16	11:22
2972	375	M40	Matt Crile, 41, Ankeny, IA	2:21:15	2:25:22	11:22
2973	523	M25	Dustin Olsem, 28, Altoona, IA	2:21:17	2:27:26	11:22
2618	439	W35	Dahn Kennedy, 39*, Traer, IA	2:21:18	2:31:34	11:22
2619	297	W40	Tammy Fox, 42*, Cedar Rapids, IA	2:21:18	2:29:52	11:22
2974	524	M25	Michael Tiano, 26, Des Moines, IA	2:21:19	2:24:47	11:22
2620	543	W30	Kristi Jacobson, 30*, Carroll, IA	2:21:19	2:29:39	11:22
2975	551	M30	Ed Wallace, 33, Urbandale, IA	2:21:22	2:29:20	11:22
2621	604	W25	Megan Paulson, 25*, Fort Dodge, IA	2:21:25	2:25:36	11:23
2622	350	W20	Morgan Paulson, 23*, Fort Dodge, IA	2:21:25	2:25:36	11:23
2623	351	W20	Jaecy Lukehart, 23*, West Des Moines, IA	2:21:25	2:30:10	11:23
2976	414	M35	David Kruse, 39, Altoona, IA	2:21:26	2:26:25	11:23
2624	544	W30	Carrie Rhodes-Norris, 31*, Altoona, IA	2:21:27	2:26:25	11:23
2977	525	M25	Zachary Sammler, 27, Waukee, IA	2:21:28	2:27:34	11:23
2625	440	W35	Jenny Carter, 37*, Cedar Rapids, IA	2:21:29	2:27:37	11:23
2626	173	W45	Viengkeo Lai, 45*, Storm Lake, IA	2:21:31	2:25:30	11:23
2978	131	M55	Bill Burke, 55, Ames, IA	2:21:31	2:28:07	11:23
2627	545	W30	Carrie Bairde, 33*, Monroe, IA	2:21:35	2:30:49	11:23
2628	546	W30	Heather Fenton, 34*, Monroe, IA	2:21:35	2:30:49	11:23
2629	441	W35	Nicole Lester-Ekis, 37*, Waukee, IA	2:21:35	2:30:26	11:24
2979	552	M30	Pete Drury, 30, Gilman, IA	2:21:36	2:28:07	11:24
2980	272	M45	Tab Newbury, 47, Urbandale, IA	2:21:36	2:28:12	11:24
2630	352	W20	Theresa Engler, 24*, Bloomington, MN	2:21:37	2:27:41	11:24
2981	415	M35	Ryan Dixon, 36, Urbandale, IA	2:21:40	2:24:20	11:24
2982	416	M35	Mark Mazzie, 38, Des Moines, IA	2:21:40	2:21:40	11:24
2631	442	W35	Jennifer Riedemann, 38*, Ankeny, IA	2:21:41	2:26:17	11:24
2632	353	W20	Dayna Grabinoski, 21*, Armstrong, IA	2:21:42	2:24:55	11:24
2633	354	W20	Debbie Foss, 23*, Van Meter, IA	2:21:45	2:25:26	11:24
2634	605	W25	Molly Eastman, 29*, Urbandale, IA	2:21:46	2:25:26	11:24
2983	526	M25	Nathan Olson, 28, Brooklyn, NY	2:21:47	2:29:57	11:24
2984	417	M35	Jason Juran, 39, Clive, IA	2:21:47	2:30:33	11:24
2985	376	M40	David Phillips, 43, Des Moines, IA	2:21:49	2:29:58	11:25
2986	273	M45	Rich Holmes, 47, Grinnell, IA	2:21:49	2:27:28	11:25
2635	355	W20	Kristi Petersen, 24*, Davenport, IA	2:21:49	2:24:16	11:25
2636	547	W30	Kim Hoover, 31*, West Des Moines, IA	2:21:50	2:30:14	11:25
2637	548	W30	Erin Shinafelt-Spokas, 33*, Marshalltown, IA	2:21:53	2:31:54	11:25
2987	209	M50	Mark Schwalenberg, 54, Polk City, IA	2:21:54	2:30:32	11:25
2638	443	W35	Misty VanArkel, 35*, West Des Moines, IA	2:21:54	2:27:25	11:25
2988	254	M20	Kirk Elmquist, 22, Council Bluffs, IA	2:21:54	2:27:41	11:25
2639	298	W40	Tammy Hertzfel, 43*, Mason City, IA	2:21:54	2:27:17	11:25
2640	606	W25	Bridget Besch, 27*, West Des Moines, IA	2:21:55	2:26:50	11:25
2989	418	M35	Greg Wickett, 39, Humboldt, IA	2:21:55	2:28:03	11:25
2990	527	M25	Joseph Shearer, 28, Altoona, IA	2:21:56	2:27:13	11:25
2641	444	W35	Janis Wickett, 38*, Humboldt, IA	2:21:56	2:28:03	11:25
2991	132	M55	Kelly Krull, 55, Johnston, IA	2:21:58	2:26:56	11:25
2992	210	M50	David Hunt, 53, Ankeny, IA	2:22:00	2:30:02	11:25
2642	299	W40	Amy Sheraden, 42*, Des Moines, IA	2:22:00	2:30:22	11:25
2643	300	W40	Amee Rief, 44*, Leavenworth, WA	2:22:00	2:28:25	11:26
2993	528	M25	David Barnett, 29, Des Moines, IA	2:22:01	2:29:59	11:26
2994	255	M20	Daniel Barnett, 24, Ankeny, IA	2:22:01	2:29:59	11:26

2644	34	W55	Marcia O'Brien, 59*, Waterloo, IA	2:22:02	2:30:50	11:26
2645	445	W35	Jessica Omara, 37*, Windsor Heights, IA	2:22:03	2:30:31	11:26
2646	87	W50	Kristi Steil, 51*, Bondurant, IA	2:22:04	2:29:29	11:26
2647	174	W45	Jodi Schrage, 46*, Urbandale, IA	2:22:04	2:31:15	11:26
2648	549	W30	Lisa Swanepoel, 30*, Ankeny, IA	2:22:05	2:29:09	11:26
2995	529	M25	Jon Swanepoel, 29, Ankeny, IA	2:22:05	2:29:10	11:26
2649	175	W45	Carol Huber, 45*, Atkins, IA	2:22:06	2:30:48	11:26
2996	118	M17	Dean Barnett, 17, Orient, IA	2:22:09	2:30:00	11:26
2997	553	M30	Blane Martins, 32, Urbandale, IA	2:22:09	2:31:24	11:26
2650	446	W35	Kathy Agocs, 38*, Urbandale, IA	2:22:09	2:31:24	11:26
2651	550	W30	Corey Maw, 31*, Ottumwa, IA	2:22:11	2:27:38	11:26
2652	551	W30	Melissa Fuhrman, 32*, Holton, KS	2:22:11	2:32:02	11:26
2653	356	W20	Kindra Wisniewski, 23*, Des Moines, IA	2:22:12	2:27:58	11:26
2654	357	W20	Colleen Gootee, 24*, Peoria, IL	2:22:13	2:30:00	11:27
2998	554	M30	Zachary Lincicum, 32, Ankeny, IA	2:22:13	2:23:51	11:27
2999	530	M25	Adam Naset, 25, Des Moines, IA	2:22:14	2:26:15	11:27
3000	555	M30	Ryan Weese, 34, West Des Moines, IA	2:22:17	2:25:59	11:27
2655	447	W35	Miriam Rinehart, 37*, Waukee, IA	2:22:18	2:29:12	11:27
2656	448	W35	Gabrielle Carlson, 38*, West Des Moines, IA	2:22:18	2:28:49	11:27
3001	211	M50	Edward Bryja, 51, Pleasant Hill, IA	2:22:19	2:31:08	11:27
3002	556	M30	Jacob Beneke, 33, Ankeny, IA	2:22:19	2:23:09	11:27
2657	607	W25	Alicia Mahlstadt, 27*, Des Moines, IA	2:22:19	2:28:50	11:27
2658	176	W45	Michelle Shanahan, 46*, Dubuque, IA	2:22:20	2:28:42	11:27
3003	11	M65	Norman Hulscher, 66, West Des Moines, IA	2:22:20	2:26:31	11:27
2659	301	W40	Christine Schmid, 43*, Lavista, NE	2:22:20	2:28:52	11:27
2660	449	W35	Jennifer Daniels, 36*, Des Moines, IA	2:22:21	2:28:51	11:27
3004	274	M45	Michael Baker, 45, Ames, IA	2:22:25	2:29:57	11:28
2661	608	W25	Amber Upah, 25*, Tama, IA	2:22:25	2:30:39	11:28
2662	28	JrW	Mariana Vega, 15*, Pleasant Hill, IA	2:22:25	2:27:28	11:28
2663	552	W30	Nikki Rudd, 30*, Rochester, NY	2:22:26	2:31:25	11:28
2664	609	W25	Celleste Sires, 29*, Milwaukee, WI	2:22:28	2:29:14	11:28
3005	531	M25	Brian Nekola, 26, Tama, IA	2:22:29	2:30:42	11:28
2665	65	W17	Sammi Lura, 18*, Fort Dodge, IA	2:22:29	2:27:46	11:28
2666	553	W30	Jami Sievers, 31*, Storm Lake, IA	2:22:30	2:29:52	11:28
2667	610	W25	Sharon Blanchard, 25*, Swisher, IA	2:22:32	2:26:01	11:28
2668	611	W25	Annie Buchmiller, 29*, Ankeny, IA	2:22:33	2:24:07	11:28
2669	612	W25	Rebecca Kakac, 25*, Dysart, IA	2:22:35	2:30:47	11:28
2670	302	W40	Carol Ossian, 44*, Huxley, IA	2:22:37	2:28:14	11:28
3006	532	M25	Dustin Young, 25, Des Moines, IA	2:22:38	2:29:05	11:29
2671	358	W20	Abby Beaves, 23*, Des Moines, IA	2:22:38	2:29:05	11:29
2672	177	W45	Ellen Miller, 46*, Marion, IA	2:22:40	2:27:25	11:29
2673	613	W25	Sara Fisher, 27*, West Des Moines, IA	2:22:44	2:30:21	11:29
2674	614	W25	Marisol Trevino, 27*, Rock Island, IL	2:22:45	2:30:55	11:29
2675	450	W35	Jill Nepper, 39*, Urbandale, IA	2:22:48	2:27:51	11:29
2676	615	W25	Leann Oakland, 29*, Earlville, IA	2:22:48	2:24:21	11:29
2677	178	W45	Debra Johnston, 49*, Marion, IA	2:22:48	2:27:32	11:29
2678	554	W30	Tami Peterson, 33*, Alton, IA	2:22:51	2:26:44	11:30
3007	212	M50	Brad Brunk, 50, Spencer, IA	2:22:56	2:29:35	11:30
2679	616	W25	Lindsay Garvin, 29*, Des Moines, IA	2:22:56	2:28:51	11:30
2680	617	W25	Megan Brunk, 25*, Spencer, IA	2:22:56	2:29:35	11:30
2681	618	W25	Christina Schmitt, 29*, Waukee, IA	2:22:56	2:28:50	11:30
2682	303	W40	Anne Hess, 40*, Grimes, IA	2:22:56	2:29:12	11:30
2683	179	W45	Angie Elliott, 46*, Indianola, IA	2:22:56	2:26:58	11:30
2684	359	W20	Julie Phillips, 22*, Ames, IA	2:22:57	2:27:17	11:30
2685	451	W35	Jennifer Coe, 37*, Des Moines, IA	2:22:57	2:27:08	11:30
2686	360	W20	Karyn Jones, 23*, Des Moines, IA	2:22:57	2:32:50	11:30
2687	555	W30	Niki DePhillips, 31*, Clive, IA	2:22:57	2:32:50	11:30
2688	619	W25	Nikki Schneider, 25*, Stuart, IA	2:22:58	2:26:57	11:30
2689	452	W35	Christina Hayes, 35*, Iowa City, IA	2:22:59	2:27:55	11:30
2690	556	W30	Jennifer Litchfield, 31*, Ankeny, IA	2:23:00	2:35:24	11:30
2691	557	W30	Jayne Anderson, 30*, Des Moines, IA	2:23:00	2:26:19	11:30
2692	453	W35	Heidi Brock, 38*, Pewaukee, WI	2:23:03	2:30:19	11:31
2693	66	W17	Erin Jun, 19*, Ames, IA	2:23:03	2:24:05	11:31
2694	620	W25	Gabrielle Heins, 26*, Rhodes, IA	2:23:04	2:30:11	11:31

2695	454	W35	Heather Imoehl, 38*, Urbandale, IA	2:23:05	2:29:55	11:31
2696	180	W45	Stacey Twedt, 45*, Marion, IA	2:23:05	2:27:42	11:31
2697	558	W30	Jennifer Richey, 31*, Waukee, IA	2:23:05	2:28:01	11:31
2698	181	W45	Diane Bradford, 48*, Cedar Rapids, IA	2:23:06	2:31:39	11:31
3008	419	M35	Mana Thongvanh, 36, Urbandale, IA	2:23:06	2:29:11	11:31
2699	559	W30	Manilay Thongvanh, 31*, Urbandale, IA	2:23:06	2:29:11	11:31
3009	420	M35	Nicholas Ditolla, 38, Urbandale, IA	2:23:07	2:27:48	11:31
3010	256	M20	Cole Beardsley, 24, Estherville, IA	2:23:10	2:23:10	11:31
2700	621	W25	Christina Palladino, 28*, Des Moines, IA	2:23:11	2:30:09	11:31
2701	182	W45	Lisa Bourne, 45*, Urbandale, IA	2:23:12	2:32:06	11:31
2702	304	W40	Debbie Pierce, 42*, Carlisle, IA	2:23:12	2:28:48	11:31
2703	622	W25	Jennifer Schwartz, 28*, Des Moines, IA	2:23:12	2:32:06	11:31
2704	361	W20	Krista Garza, 22*, Des Moines, IA	2:23:14	2:27:37	11:31
2705	183	W45	Diane Gaulke, 47*, Des Moines, IA	2:23:15	2:28:50	11:32
2706	35	W55	Connie Haylett, 56*, Muscatine, IA	2:23:16	2:28:10	11:32
2707	623	W25	Jacqueline Haylett, 28*, Park Ridge, IL	2:23:16	2:28:10	11:32
2708	29	JrW	Meredith Larson, 16*, Omaha, NE	2:23:16	2:29:41	11:32
2709	184	W45	April Marmon, 47*, Urbandale, IA	2:23:19	2:28:49	11:32
3011	257	M20	Jon Lemons, 24, Waukee, IA	2:23:20	2:24:04	11:32
2710	624	W25	Kim Hanna, 28*, St. Paul, MN	2:23:21	2:30:32	11:32
2711	362	W20	April Peterson, 21*, Jewell, IA	2:23:21	2:27:45	11:32
3012	133	M55	Jeff Glantz, 55, Cedar Rapids, IA	2:23:21	2:29:50	11:32
2712	560	W30	Tara Goecke, 33*, State Center, IA	2:23:21	2:32:21	11:32
2713	561	W30	Shannon Wright, 33*, Gladbrook, IA	2:23:21	2:32:21	11:32
2714	625	W25	Kelly Gavin, 27*, St Paul, MN	2:23:23	2:30:10	11:32
2715	88	W50	Kay Sterbick, 54*, Des Moines, IA	2:23:24	2:28:20	11:32
2716	363	W20	Jeni Arbuckle, 21*, Decorah, IA	2:23:25	2:30:25	11:32
2717	364	W20	Courtney Greenley, 20*, Norwalk, IA	2:23:25	2:30:25	11:32
2718	562	W30	Amy Nielsen, 33*, North Liberty, IA	2:23:25	2:28:04	11:32
3013	557	M30	Nate Franken, 33, North Liberty, IA	2:23:28	2:26:58	11:33
2719	365	W20	Kristina Berns, 23*, Dubuque, IA	2:23:28	2:31:11	11:33
2720	626	W25	Tara White, 28*, Grain Valley, MO	2:23:28	2:28:28	11:33
2721	563	W30	Allison Knief, 34*, Grimes, IA	2:23:29	2:28:28	11:33
2722	627	W25	Andrea Battani, 28*, West Des Moines, IA	2:23:30	2:29:25	11:33
2723	455	W35	Erika Eckley, 36*, Carlisle, IA	2:23:31	2:33:03	11:33
3014	558	M30	Joel Wilkins, 34, Bedford, TX	2:23:32	2:33:04	11:33
2724	564	W30	Necole Loftis, 33*, Knoxville, IA	2:23:32	2:30:31	11:33
2725	456	W35	Tracy Cole, 35*, Manchester, IA	2:23:33	2:33:28	11:33
2726	565	W30	Erin Nelson, 31*, Sioux City, IA	2:23:33	2:29:48	11:33
2727	305	W40	Shannon Driscoll, 40*, West Des Moines, IA	2:23:34	2:37:02	11:33
2728	306	W40	Carrie Henderson, 41*, West Des Moines, IA	2:23:35	2:37:02	11:33
2729	628	W25	Alicia Embrey, 29*, Norwalk, IA	2:23:37	2:32:32	11:33
2730	366	W20	Lisette Metz Grulke, 23*, Kelley, IA	2:23:40	2:27:54	11:34
2731	629	W25	Kimberly Schmidt, 28*, Davenport, IA	2:23:40	2:33:04	11:34
2732	630	W25	Julie Hergenrader, 29*, Ankeny, IA	2:23:41	2:31:04	11:34
3015	134	M55	Mark Hacker, 56, Des Moines, IA	2:23:41	2:28:32	11:34
2733	457	W35	Stephanie Swanson, 38*, Urbandale, IA	2:23:41	2:33:37	11:34
2734	367	W20	Kadina Hodges, 22*, Ames, IA	2:23:43	2:33:07	11:34
3016	533	M25	Mark Klein, 27, Ames, IA	2:23:45	2:26:04	11:34
2735	631	W25	Jennifer Pockrandt, 28*, West Des Moines, IA	2:23:46	2:33:41	11:34
2736	185	W45	Kimberly Plambeck, 45*, Red Oak, IA	2:23:46	2:33:44	11:34
2737	632	W25	Jody Stumpf, 29*, Coralville, IA	2:23:47	2:28:31	11:34
2738	458	W35	Maggie Ferguson, 36*, Des Moines, IA	2:23:47	2:30:19	11:34
3017	60	M60	Buzz Hoffman, 62, West Des Moines, IA	2:23:48	2:33:16	11:34
2739	30	JrW	Meera Prasad, 13*, Clive, IA	2:23:50	2:25:07	11:34
2740	459	W35	Jen Dange, 39*, Des Moines, IA	2:23:52	2:29:34	11:35
2741	36	W55	Sheila Lamm, 56*, New London, IA	2:23:53	2:30:46	11:35
2742	633	W25	Carisa Wessels, 29*, Dyersville, IA	2:23:54	2:30:47	11:35
3018	213	M50	Yogesh Shah, 51, Clive, IA	2:23:54	2:25:13	11:35
2743	89	W50	Carole Duffy, 51*, West Des Moines, IA	2:23:55	2:28:48	11:35
2744	186	W45	Colette Lothe, 47*, Marshalltown, IA	2:23:56	2:32:05	11:35
2745	566	W30	Roshael Arns, 31*, Bondurant, IA	2:23:58	2:30:04	11:35
3019	421	M35	Travis Zweibohmer, 36, Hiawatha, IA	2:24:00	2:28:37	11:35
2746	567	W30	Darci Fuller, 34*, Newton, IA	2:24:02	2:28:35	11:35

2747	568	W30	Londa Schnell, 34*, Sully, IA	2:24:03	2:28:35	11:35
2748	460	W35	Candie Jacobs, 37*, Yutan, NE	2:24:04	2:28:05	11:35
3020	61	M60	Kent Lamm, 60, New London, IA	2:24:04	2:30:58	11:35
2749	368	W20	Katherine Zeman, 24*, Des Moines, IA	2:24:04	2:32:00	11:36
2750	307	W40	Teri Plants, 44*, Brooklyn Iowa, IA	2:24:04	2:30:09	11:36
3021	534	M25	Jered Allan, 28, Ames, IA	2:24:06	2:29:53	11:36
3022	535	M25	Brett Coffman, 27, Story City, IA	2:24:06	2:30:29	11:36
2751	187	W45	Barb Svoboda, 49*, Ankeny, IA	2:24:07	2:34:21	11:36
2752	369	W20	Katie Lindgren, 20*, Urbandale, IA	2:24:09	2:30:09	11:36
2753	188	W45	Cynthia Scheuerman, 48*, Scott City, KS	2:24:10	2:28:51	11:36
2754	308	W40	Melissa Bissell, 40*, Blue Springs, MO	2:24:11	2:28:37	11:36
3023	258	M20	Jeff Hart, 22, Mitchellville, IA	2:24:11	2:30:45	11:36
3024	214	M50	Brian Anstedt, 53, Norwalk, IA	2:24:12	2:32:26	11:36
2755	309	W40	Terri Wubben, 41*, Ankeny, IA	2:24:15	2:31:35	11:36
2756	634	W25	Amy Smith, 25*, Waterloo, IA	2:24:17	2:28:39	11:37
2757	635	W25	Kirsten Garland, 29*, Clive, IA	2:24:18	2:30:23	11:37
2758	90	W50	Kay Stubblefield, 50*, Des Moines, IA	2:24:21	2:28:55	11:37
2759	569	W30	Stacey Enloe, 34*, Waukee, IA	2:24:21	2:24:50	11:37
2760	570	W30	Lindsay Graham, 30*, Indianola, IA	2:24:22	2:31:02	11:37
2761	461	W35	Carol Cox, 38*, Carlisle, IA	2:24:23	2:30:44	11:37
2762	571	W30	Melanie Henry, 34*, Des Moines, IA	2:24:24	2:28:16	11:37
2763	572	W30	Jill Gifford, 30*, Pleasant Hill, IA	2:24:25	2:30:40	11:37
2764	636	W25	Tiffany Polich, 26*, Waukee, IA	2:24:25	2:30:44	11:37
3025	559	M30	Benjamin Cooper, 32, Des Moines, IA	2:24:26	2:30:55	11:37
2765	573	W30	Maria Witt, 32*, Iowa City, IA	2:24:27	2:30:09	11:37
2766	574	W30	Ann Davenport, 34*, Minneapolis, MN	2:24:28	2:31:09	11:37
2767	91	W50	Albers Jan, 53*, Cedar Rapids, IA	2:24:29	2:30:28	11:37
2768	462	W35	Kate McLenaghan, 37*, Chicago, IL	2:24:29	2:28:32	11:38
2769	310	W40	Cheryl Cochran, 43*, Urbandale, IA	2:24:31	2:30:30	11:38
2770	189	W45	Brenda Chenchar, 45*, West Des Moines, IA	2:24:31	2:30:43	11:38
2771	37	W55	Candy Fisher, 59*, Ottumwa, IA	2:24:31	2:32:44	11:38
2772	575	W30	Anne Downing, 30*, West Des Moines, IA	2:24:32	2:30:44	11:38
2773	637	W25	Erin Morain, 28*, Jefferson, IA	2:24:33	2:34:04	11:38
2774	190	W45	Beth Sipma, 47*, Sheldon, IA	2:24:34	2:30:48	11:38
2775	2	W70	Breta Westlund, 70*, Urbandale, IA	2:24:35	2:31:33	11:38
2776	463	W35	Jessica Brase, 36*, Des Moines, IA	2:24:37	2:28:40	11:38
3026	422	M35	Dave Wadle, 36, Marshalltown, IA	2:24:37	2:30:22	11:38
2777	638	W25	Cassidy Hall, 26*, Ames, IA	2:24:41	2:31:33	11:38
2778	464	W35	Samantha O'Hara, 36*, Ankeny, IA	2:24:42	2:30:18	11:39
3027	560	M30	Seth Hill, 31, Ames, IA	2:24:45	2:32:37	11:39
2779	576	W30	Tresa Stearns, 30*, Marion, IA	2:24:47	2:29:46	11:39
2780	639	W25	Katrina Langreck, 29*, West Des Moines, IA	2:24:48	2:33:35	11:39
2781	311	W40	Julie Denning-McKibben, 41*, Altoona, IA	2:24:49	2:31:21	11:39
2782	465	W35	Jackie Morse, 39*, Altoona, IA	2:24:49	2:31:22	11:39
2783	92	W50	Janet Reiter, 51*, Johnston, IA	2:24:50	2:27:49	11:39
2784	640	W25	Tocia Rosendahl, 28*, Des Moines, IA	2:24:51	2:32:04	11:39
2785	466	W35	Shawna Ringler, 36*, Altoona, IA	2:24:53	2:30:49	11:39
3028	423	M35	Rusty Ringler, 36, Altoona, KS	2:24:54	2:30:49	11:39
2786	577	W30	Ann Buenger, 33*, Des Moines, IA	2:24:55	2:35:09	11:40
2787	641	W25	Jamie Burks, 26*, Shawnee, KS	2:24:55	2:27:42	11:40
2788	578	W30	Amy Buenger, 33*, Des Moines, IA	2:24:55	2:35:09	11:40
2789	370	W20	Michelle Grau, 21*, Newell, IA	2:24:56	2:32:04	11:40
2790	371	W20	Danielle Dunnwald, 24*, Davenport, IA	2:24:59	2:28:52	11:40
3029	259	M20	Andy Campbell, 24, Davenport, IA	2:24:59	2:28:53	11:40
2791	191	W45	Stephanie Edwards, 47*, Ankeny, IA	2:25:00	2:29:50	11:40
2792	579	W30	Meredith Long, 33*, Ankeny, IA	2:25:01	2:29:46	11:40
2793	580	W30	Kristin Kunert, 34*, Ankeny, IA	2:25:01	2:33:07	11:40
2794	312	W40	Jill Urich, 42*, Ankeny, IA	2:25:02	2:29:10	11:40
3030	135	M55	Doug Ryan, 57, Webster City, IA	2:25:05	2:34:17	11:40
2795	642	W25	Micci Ryan, 25*, Webster City, IA	2:25:06	2:34:17	11:40
2796	581	W30	Sarah Shore, 34*, Ames, IA	2:25:07	2:32:03	11:41
2797	643	W25	Laura Leverenz, 29*, Iowa City, IA	2:25:07	2:31:19	11:41
2798	467	W35	Sarah Sullivan, 35*, Alexandria, VA	2:25:07	2:33:27	11:41
2799	468	W35	Tracy McMahon, 38*, New York, NY	2:25:07	2:33:27	11:41
2800	469	W35	Kathe Irvine, 37*, Des Moines, IA	2:25:08	2:33:49	11:41

3031	62	M60	Lonnie Gerber, 60, Pella, IA	2:25:09	2:33:42	11:41
2801	582	W30	Cindy Perry, 32*, Johnston, IA	2:25:09	2:29:02	11:41
3032	561	M30	Braden Boyd, 34, Webster City, IA	2:25:12	2:31:24	11:41
2802	31	JrW	Monica Lindsey, 15*, Urbandale, IA	2:25:12	2:28:29	11:41
2803	583	W30	Andrea Casky, 31*, Bondurant, IA	2:25:13	2:27:47	11:41
3033	377	M40	Art Dinkin, 44, Clive, IA	2:25:19	2:31:15	11:42
2804	313	W40	Holly Showalter, 40*, Waukee, IA	2:25:20	2:31:52	11:42
3034	378	M40	Anthony Farrell, 42, Ankeny, IA	2:25:22	2:31:58	11:42
2805	584	W30	Nikki Weifenbach, 31*, Des Moines, IA	2:25:22	2:30:03	11:42
2806	585	W30	Amy Frey, 31*, Carlisle, IA	2:25:23	2:30:03	11:42
2807	314	W40	Tammy Davis, 40*, Algona, IA	2:25:23	2:31:02	11:42
3035	536	M25	Joe Loonan Jr., 26, Ames, IA	2:25:23	2:31:21	11:42
2808	470	W35	Melissa Niesen, 35*, Ames, IA	2:25:24	2:34:09	11:42
3036	562	M30	Jason Pope, 30, Sacramento, CA	2:25:24	2:34:09	11:42
2809	586	W30	Amy Acheson, 34*, Des Moines, IA	2:25:27	2:32:50	11:42
2810	32	JrW	Katy Rees, 15*, Bolingbrook, IL	2:25:27	2:28:37	11:42
2811	33	JrW	Jamie Dodson, 16*, Bolingbrook, IL	2:25:27	2:28:36	11:42
3037	563	M30	Jeff Essink, 31, Altoona, IA	2:25:28	2:33:12	11:42
2812	372	W20	Astrid Cartagena, 22*, Ames, IA	2:25:30	2:28:41	11:42
3038	379	M40	Jeff Garrison, 42, West Des Moines, IA	2:25:31	2:30:40	11:42
2813	587	W30	Laura Miller, 34*, Maxwell, IA	2:25:34	2:32:20	11:43
2814	471	W35	Julie Veasley, 38*, Des Moines, IA	2:25:35	2:30:05	11:43
2815	644	W25	Elizabeth Olson, 27*, Omaha, NE	2:25:36	2:32:32	11:43
2816	472	W35	Jennifer Margrett, 39*, Ames, IA	2:25:36	2:30:27	11:43
3039	275	M45	Tim Askland, 47, Urbandale, IA	2:25:41	2:31:14	11:43
3040	537	M25	Andrew Long, 29, Waukee, IA	2:25:41	2:34:33	11:43
2817	7	W60	Barbara Braafhart, 61*, Pella, IA	2:25:45	2:33:36	11:44
3041	538	M25	Brett Jacobs, 26, Newton, IA	2:25:46	2:35:46	11:44
2818	192	W45	Sherry Poole, 45*, Grimes, IA	2:25:47	2:36:01	11:44
2819	473	W35	Jenifer Sliefert, 36*, Storm Lake, IA	2:25:48	2:31:30	11:44
2820	474	W35	Dawn Eimers, 35*, Webster City, IA	2:25:50	2:34:43	11:44
3042	260	M20	Timothy Brannen, 24, Windsor Heights, IA	2:25:50	2:30:35	11:44
2821	645	W25	Carrie Brannen, 26*, Windsor Heights, IA	2:25:53	2:30:38	11:44
3043	63	M60	Stephen Arnold, 63, McHenry, IL	2:25:53	2:32:07	11:44
2822	646	W25	Jessica Green, 28*, Des Moines, IA	2:25:55	2:33:21	11:44
2823	647	W25	Bethany Theis, 28*, Wes Des Moines, IA	2:25:59	2:30:39	11:45
2824	588	W30	Tanya Ross, 31*, Adel, IA	2:26:01	2:31:17	11:45
2825	373	W20	Chelsea Duncan, 21*, Iowa City, IA	2:26:01	2:29:52	11:45
2826	315	W40	Angie Vos, 43*, Granger, IA	2:26:02	2:31:52	11:45
2827	316	W40	Monica Blakley, 41*, Granger, IA	2:26:02	2:31:52	11:45
2828	317	W40	Anne Fleischman, 43*, Bettendorf, IA	2:26:04	2:34:26	11:45
2829	648	W25	Carolyn Taylor, 26*, Blue Grass, IA	2:26:04	2:32:10	11:45
3044	136	M55	Richard Lee, 56, Ames, IA	2:26:05	2:36:14	11:45
2830	93	W50	Cindy Taylor, 51*, Blue Grass, IA	2:26:05	2:32:10	11:45
3045	261	M20	Patrick Draughn, 24, Urbandale, IA	2:26:05	2:31:00	11:45
2831	649	W25	Julie Macdonald, 25*, Grundy Center, IA	2:26:05	2:32:42	11:45
2832	318	W40	Mary Swanson, 43*, Dewitt, IA	2:26:07	2:32:48	11:45
2833	650	W25	Katie Hagen, 28*, Chicago, IL	2:26:07	2:30:23	11:45
2834	475	W35	Christina Hlas, 39*, Adel, IA	2:26:13	2:34:59	11:46
2835	651	W25	Kimberly Meyers, 26*, Ankeny, IA	2:26:13	2:32:01	11:46
3046	62	JrM	John Casady, 15, Indianola, IA	2:26:13	2:31:15	11:46
2836	652	W25	Jen Easter, 27*, Clive, IA	2:26:14	2:37:47	11:46
2837	374	W20	Elisa Leichty, 23*, Victor, IA	2:26:14	2:30:11	11:46
2838	375	W20	Lara Van Wyk, 24*, Des Moines, IA	2:26:15	2:32:08	11:46
3047	539	M25	Keith Kistenmacher, 25, Des Moines, IA	2:26:15	2:32:08	11:46
2839	193	W45	Julie Walter, 47*, Johnston, IA	2:26:15	2:29:14	11:46
3048	564	M30	John Hawley, 34, Chanhassen, MN	2:26:17	2:33:49	11:46
2840	653	W25	Chelsy Dahms, 25*, West Des Moines, IA	2:26:18	2:31:30	11:46
2841	654	W25	Carrie Bristle, 27*, Boone, IA	2:26:18	2:34:39	11:46
3049	276	M45	Phillip Golden, 46, West Des Moines, IA	2:26:19	2:28:34	11:46
3050	380	M40	Scott Smith, 42, West Des Moines, IA	2:26:19	2:28:34	11:46
3051	540	M25	Phillip Bormann, 27, Bellevue, IA	2:26:25	2:27:32	11:47
2842	376	W20	Rachel Wall, 21*, Iowa City, IA	2:26:28	2:33:37	11:47
2843	589	W30	Kim Casey, 33*, Des Moines, IA	2:26:29	2:35:23	11:47
2844	377	W20	Sierra Maeschen, 24*, Knoxville, IA	2:26:33	2:34:31	11:48

2845	476	W35	Michelle Zeiser, 37*, Ankeny, IA	2:26:34	2:32:43	11:48
2846	378	W20	Stephanie Larson, 24*, Newton, IA	2:26:34	2:34:24	11:48
2847	655	W25	Nikkol Johnson, 28*, Des Moines, IA	2:26:34	2:31:06	11:48
2848	656	W25	Marieda Mergele, 27*, Cedar Rapids, IA	2:26:35	2:35:30	11:48
3052	137	M55	Tom Mohr, 58, Pleasantville, IA	2:26:37	2:30:15	11:48
2849	657	W25	Laci Dykstra, 27*, Pella, IA	2:26:38	2:31:51	11:48
3053	381	M40	Nick Ramaekers, 41, Des Moines, IA	2:26:38	2:33:41	11:48
3054	215	M50	Wayne Reisetter, 54, Adel, IA	2:26:39	2:32:15	11:48
2850	590	W30	Carynn Roehrick, 30*, Minneapolis, MN	2:26:39	2:35:34	11:48
2851	477	W35	Jennifer Lockett, 37*, Houston, TX	2:26:43	2:31:59	11:48
2852	478	W35	Liat Paul, 36*, Urbandale, IA	2:26:44	2:34:12	11:48
2853	658	W25	Boundi Lo Vanh, 29*, Des Moines, IA	2:26:44	2:29:49	11:48
3055	4	M70	John Beamer, 70, Des Moines, IA	2:26:45	2:31:07	11:48
2854	194	W45	Robyn VanBerkum, 47*, Pella, IA	2:26:46	2:30:21	11:49
2855	659	W25	Emily Hodge, 26*, North Liberty, IA	2:26:47	2:33:14	11:49
2856	660	W25	Sarah Wyckoff, 29*, Carlisle, IA	2:26:49	2:33:10	11:49
3056	424	M35	Matt Burch, 39, Des Moines, IA	2:26:53	2:33:33	11:49
2857	661	W25	Claire Muselman, 25*, West Des Moines, IA	2:26:53	2:32:53	11:49
2858	67	W17	Hannah O'Neal, 18*, Des Moines, IA	2:26:55	2:34:23	11:49
3057	565	M30	Michael Acevedo, 32, Des Moines, IA	2:26:57	2:35:13	11:49
2859	591	W30	Elizabeth Acevedo, 33*, Des Moines, IA	2:26:57	2:35:13	11:49
2860	592	W30	Maria Pina, 30*, Cedar Rapids, IA	2:26:58	2:32:49	11:49
2861	593	W30	Shannon Glidden, 32*, Cedar Rapids, IA	2:26:58	2:32:49	11:50
3058	64	M60	John Kuster, 62, Fairfield, IA	2:27:04	2:34:32	11:50
2862	662	W25	Amy Petersen, 29*, Van Meter, IA	2:27:05	2:33:33	11:50
3059	382	M40	Ronald Rees, 43, Bolingbrook, IL	2:27:06	2:34:34	11:50
2863	379	W20	Shannon Rees, 22*, Guthrie Center, IA	2:27:06	2:34:34	11:50
2864	663	W25	Kari Murray, 29*, Norwalk, IA	2:27:06	2:32:21	11:50
2865	594	W30	Ashley Utt, 32*, Bloomfield, IA	2:27:09	2:32:22	11:50
2866	595	W30	Lisa York, 32*, Ankeny, IA	2:27:10	2:36:07	11:50
2867	664	W25	Stephanie Hanson, 29*, Gruver, IA	2:27:14	2:36:40	11:51
2868	380	W20	Crystal Clabaugh, 24*, Estherville, IA	2:27:14	2:36:41	11:51
2869	381	W20	Emily Vinson, 22*, Boulder, CO	2:27:15	2:34:59	11:51
2870	596	W30	Lynn Melling, 31*, Des Moines, IA	2:27:15	2:30:42	11:51
2871	382	W20	Elicia Van Zelderen, 24*, Granger, IA	2:27:18	2:35:38	11:51
2872	665	W25	Jenny Morse, 26*, Pleasant Hill, IA	2:27:21	2:29:36	11:51
2873	666	W25	Marla Jordan, 29*, Waukee, IA	2:27:22	2:34:26	11:51
2874	319	W40	Kris Price, 42*, Ankeny, IA	2:27:22	2:34:26	11:51
3060	383	M40	Robert Shaw, 44, Des Moines, IA	2:27:25	2:31:29	11:52
3061	65	M60	Mark Phillips, 60, Ankeny, IA	2:27:29	2:36:09	11:52
3062	566	M30	Mark Hanrahan, 31, Des Moines, IA	2:27:29	2:35:29	11:52
3063	384	M40	Steven Michael, 43, Council Bluffs, IA	2:27:29	2:36:24	11:52
2875	667	W25	Ashlee Lepa, 26*, West Des Moines, IA	2:27:29	2:35:29	11:52
2876	668	W25	Lindsey Foreman, 27*, Chicago, IL	2:27:30	2:35:29	11:52
2877	479	W35	Maggie Davitt, 36*, Norwalk, IA	2:27:32	2:36:27	11:52
2878	383	W20	Valerie Blackford, 24*, Des Moines, IA	2:27:33	2:32:22	11:52
2879	34	JrW	Breanna Severin, 15*, Des Moines, IA	2:27:34	2:37:39	11:52
3064	63	JrM	Bret Miller, 15, Des Moines, IA	2:27:34	2:37:39	11:52
2880	669	W25	Ashley Vanderpool, 26*, Mitchellville, IA	2:27:35	2:32:25	11:52
2881	670	W25	Kate Houston, 29*, Windsor Heights, IA	2:27:36	2:33:17	11:53
3065	385	M40	Steve Novy, 40, Iowa Falls, IA	2:27:37	2:33:17	11:53
3066	567	M30	Lance Burke, 30, Madrid, IA	2:27:38	2:33:56	11:53
2882	597	W30	Beth Burke, 33*, Madrid, IA	2:27:38	2:33:56	11:53
3067	425	M35	Sandy Heidemann, 39, Granger, IA	2:27:39	2:37:12	11:53
3068	568	M30	Aaron Witt, 33, Johnston, IA	2:27:39	2:37:12	11:53
2883	480	W35	Carrie Hall, 36*, Norwalk, IA	2:27:40	2:36:35	11:53
3069	386	M40	Chad Christensen, 41, Des Moines, IA	2:27:40	2:37:19	11:53
2884	598	W30	Christina Merical, 31*, Clive, IA	2:27:41	2:32:13	11:53
2885	320	W40	Dendra Onken, 40*, Norwalk, IA	2:27:41	2:36:21	11:53
2886	195	W45	Marie Ruetters, 46*, Sioux City, IA	2:27:41	2:36:39	11:53
2887	671	W25	Melissa Chrystal, 28*, West Des Moines, IA	2:27:42	2:34:38	11:53
2888	196	W45	Nancy Michael, 45*, Council Bluffs, IA	2:27:44	2:36:39	11:53
2889	599	W30	Kelly Dahlke, 32*, Henderson, NC	2:27:51	2:31:05	11:54
3070	387	M40	Mark Wills, 40, Des, IA	2:27:52	2:35:51	11:54
2890	481	W35	Sara Timmons, 38*, Des Moines, IA	2:27:52	2:37:11	11:54

2891	321	W40	Mindi Sudman, 42*, Des Moines, IA	2:27:52	2:37:11	11:54
2892	672	W25	Katie Nelson, 27*, Jackson, MN	2:27:53	2:37:19	11:54
2893	482	W35	Kadee Miller, 35*, Olathe, KS	2:27:54	2:35:55	11:54
3071	426	M35	Erik Tetmeyer, 37, West Des Moines, IA	2:27:54	2:34:05	11:54
3072	262	M20	Ben Roby, 21, Adel, IA	2:27:56	2:33:59	11:54
2894	197	W45	Krys Sloan, 46*, Mason City, IA	2:27:58	2:33:20	11:54
2895	483	W35	Cynthia Lewerke, 36*, Mason City, IA	2:27:58	2:33:20	11:54
2896	384	W20	Annie Craig, 23*, Des Moines, IA	2:27:59	2:34:02	11:54
2897	94	W50	Deb Schwalenberg, 51*, Polk City, IA	2:28:00	2:36:39	11:54
2898	38	W55	Joyce Wray, 58*, Ames, IA	2:28:01	2:35:48	11:55
2899	385	W20	Janell Bollard, 22*, Pella, IA	2:28:01	2:34:01	11:55
2900	322	W40	Kim Pfiffner, 41*, Urbandale, IA	2:28:02	2:34:42	11:55
3073	569	M30	Brady Sheets, 34, Batavia, IA	2:28:03	2:32:16	11:55
2901	600	W30	Larae Edens, 34*, Gladbrook, IA	2:28:03	2:36:32	11:55
2902	323	W40	Sherrri Finney, 43*, Waukee, IA	2:28:03	2:32:36	11:55
2903	601	W30	Laura Jackson, 32*, Ames, IA	2:28:03	2:36:32	11:55
2904	198	W45	Kim Bougher, 49*, West Des Moines, IA	2:28:05	2:37:29	11:55
2905	673	W25	Jennifer Thorson, 29*, Urbandale, IA	2:28:06	2:34:55	11:55
3074	138	M55	Steve Diercks, 55, Davenport, IA	2:28:09	2:30:48	11:55
2906	602	W30	Bianca Paulsen, 30*, Rockford, IL	2:28:09	2:32:34	11:55
2907	484	W35	Rae Edwards, 39*, Clive, IA	2:28:09	2:32:42	11:55
2908	324	W40	Brenda Schwartztrauber, 41*, Des Moines, IA	2:28:10	2:32:08	11:55
2909	39	W55	Annette Mansheim, 55*, Norwalk, IA	2:28:11	2:37:36	11:55
3075	277	M45	Martin Ikeda, 47, Urbandale, IA	2:28:14	2:34:48	11:56
3076	388	M40	Eric Neessen, 42, Indianola, IA	2:28:15	2:34:49	11:56
2910	674	W25	Stephanie Drake, 29*, Halbur, IA	2:28:16	2:33:31	11:56
2911	325	W40	Rena Cheers, 41*, Afton, IA	2:28:20	2:38:17	11:56
2912	199	W45	Robin Clark, 48*, Eldoar, IA	2:28:21	2:35:22	11:56
2913	675	W25	Amanda Toale, 29*, Des Moines, IA	2:28:21	2:38:36	11:56
3077	278	M45	Brian Clark, 45, Eldora, IA	2:28:22	2:35:22	11:56
3078	541	M25	Derek Kent, 29, Columbia, MO	2:28:25	2:37:42	11:56
2914	676	W25	Kelli Kent, 27*, Columbia, MO	2:28:25	2:37:41	11:56
2915	677	W25	Frances Beavers, 26*, Des Moines, IA	2:28:25	2:33:32	11:57
2916	678	W25	Katie Kitterman, 26*, New Hampton, IA	2:28:26	2:33:33	11:57
2917	603	W30	Carrie Spencer, 30*, Des Moines, IA	2:28:26	2:29:13	11:57
2918	68	W17	Kirsten Rasch, 19*, Fort Dodge, IA	2:28:26	2:34:34	11:57
2919	604	W30	Hilary Deike, 33*, Ames, IA	2:28:28	2:34:53	11:57
2920	200	W45	Debora Christensen, 48*, Adel, IA	2:28:28	2:33:58	11:57
2921	485	W35	Lynn Carr, 37*, Boone, IA	2:28:28	2:34:53	11:57
2922	95	W50	Lois Biggs, 50*, Johnston, IA	2:28:29	2:34:15	11:57
2923	679	W25	Melissa Hobbs, 26*, Des Moines, IA	2:28:29	2:37:20	11:57
2924	680	W25	Emily Gilbert, 25*, Ankeny, IA	2:28:32	2:37:14	11:57
2925	681	W25	Stephanie Chickering, 29*, Indianola, IA	2:28:33	2:37:56	11:57
2926	326	W40	Anne Bronikowski, 44*, Ames, IA	2:28:35	2:35:22	11:57
2927	682	W25	Elizabeth Hoskins, 26*, Waverly, IA	2:28:36	2:34:02	11:57
2928	605	W30	Katie Fina, 33*, Des Moines, IA	2:28:36	2:32:02	11:57
2929	327	W40	Michelle Everitt, 42*, Urbandale, IA	2:28:36	2:36:13	11:57
2930	683	W25	Heather Skeens, 27*, Des Moines, IA	2:28:36	2:38:43	11:57
3079	542	M25	John McDonald, 26, Des Moines, IA	2:28:36	2:37:20	11:57
2931	606	W30	Amber Moyer, 31*, Ames, IA	2:28:37	2:34:27	11:57
3080	139	M55	Gary Turner, 55, West Des Moines, IA	2:28:37	2:31:56	11:57
2932	684	W25	Tara Bogner, 29*, West Des Moines, IA	2:28:38	2:38:01	11:58
2933	201	W45	Dawn Gee, 46*, Des Moines, IA	2:28:39	2:36:13	11:58
2934	685	W25	Kristen Rasplicka, 25*, Des Moines, IA	2:28:40	2:36:02	11:58
2935	386	W20	Samantha Tasler, 22*, Ames, IA	2:28:41	2:34:27	11:58
3081	427	M35	Cory Simpson, 39, Johnston, IA	2:28:43	2:32:19	11:58
3082	389	M40	Matthew Olson, 40, Johnston, IA	2:28:43	2:32:19	11:58
2936	486	W35	Shelly Miller, 39*, Rock Island, IL	2:28:43	2:35:25	11:58
2937	686	W25	Marissa Zavala, 25*, Ames, IA	2:28:44	2:29:06	11:58
2938	607	W30	Emily Maass, 33*, Ankeny, IA	2:28:44	2:38:23	11:58
2939	69	W17	Kristen Gehring, 18*, Mahtomedi, MN	2:28:44	2:31:51	11:58
3083	570	M30	Mario Zavala, 32, Chicago, IL	2:28:45	2:29:08	11:58
2940	608	W30	Jennifer Morris, 32*, Wright City, MO	2:28:46	2:36:17	11:58
2941	96	W50	Luana Nair, 50*, Spencer, IA	2:28:46	2:37:18	11:58

3084	216	M50	Rod Horsman, 54, Pleasantville, IA	2:28:47	2:32:25	11:58
2942	487	W35	Jennifer Thoma, 38*, Ankeny, IA	2:28:51	2:36:10	11:59
2943	609	W30	Jenny Bates, 31*, Glenwood, IA	2:28:52	2:34:08	11:59
3085	428	M35	Scott VanGilder, 35, Urbandale, IA	2:28:52	2:35:05	11:59
2944	687	W25	Shauna Grewe, 27*, Des Moines, IA	2:28:53	2:36:10	11:59
3086	390	M40	Ken Pearson, 40, Polk City, IA	2:28:54	2:37:32	11:59
2945	688	W25	Sarah Ingersoll, 29*, Urbandale, IA	2:28:55	2:33:28	11:59
2946	610	W30	Jennifer Henrickson, 30*, Des Moines, IA	2:28:55	2:34:13	11:59
2947	97	W50	Joan Collins, 53*, Clive, IA	2:28:56	2:36:36	11:59
2948	689	W25	Kadie Vogel, 29*, Waukee, IA	2:28:58	2:39:14	11:59
2949	328	W40	Mary Andersen, 40*, Fairfield, IA	2:28:58	2:35:01	11:59
2950	611	W30	Katie Piper, 30*, North Liberty, IA	2:29:00	2:33:39	11:59
2951	690	W25	Kara Norgren, 25*, Rippey, IA	2:29:02	2:34:05	11:59
2952	691	W25	Shana Olson, 29*, Grimes, IA	2:29:02	2:35:58	11:59
2953	612	W30	Vicki Turner, 31*, Norwalk, IA	2:29:02	2:37:56	11:59
2954	692	W25	Lori Meyer, 29*, Indianola, IA	2:29:06	2:37:59	12:00
2955	387	W20	Ashley Maguire, 24*, Bennington, NE	2:29:08	2:38:24	12:00
2956	693	W25	Cecilia Michalski, 25*, Bennington, NE	2:29:08	2:38:24	12:00
2957	694	W25	Alisha Lyons, 26*, Ankeny, IA	2:29:12	2:35:58	12:00
3087	263	M20	Nick Bernard, 24, Swan, IA	2:29:13	2:35:58	12:00
2958	613	W30	Erica Christian, 30*, Bondurant, IA	2:29:15	2:36:48	12:00
2959	488	W35	Laura Ryan, 39*, Urbandale, IA	2:29:15	2:34:03	12:00
2960	695	W25	Jodi Stachowicz, 28*, Hartford, WI	2:29:15	2:36:48	12:00
3088	64	JrM	Ryan Pauley, 12, Columbus, NE	2:29:16	2:30:57	12:01
2961	696	W25	Anjee Fraher, 28*, Fort Dodge, IA	2:29:17	2:35:52	12:01
2962	489	W35	Sandy Stevens, 35*, Waukee, IA	2:29:19	2:36:41	12:01
2963	697	W25	Christina Schave, 27*, West Des Moines, IA	2:29:19	2:35:11	12:01
3089	66	M60	Peter Crawford, 60, Red Oak, IA	2:29:19	2:30:11	12:01
2964	98	W50	Janet Malmberg, 50*, Windsor Heights, IA	2:29:20	2:39:08	12:01
2965	202	W45	Sharon Turner, 47*, Milo, IA	2:29:22	2:36:19	12:01
2966	614	W30	Alana Schares, 33*, Urbandale, IA	2:29:24	2:34:32	12:01
2967	388	W20	Laura Voshell, 24*, West Des Moines, IA	2:29:25	2:38:27	12:01
2968	698	W25	Erica Schanbacher, 26*, Atkins, IA	2:29:25	2:38:07	12:01
3090	543	M25	Kobi Voshell, 25, West Des Moines, IA	2:29:25	2:38:27	12:01
3091	264	M20	Tony Smith, 21, Dubuque, IA	2:29:28	2:31:26	12:02
2969	99	W50	Carol Hand, 54*, Iowa City, IA	2:29:32	2:34:16	12:02
3092	571	M30	Brian Jones, 33, West Des Moines, IA	2:29:33	2:33:42	12:02
3093	265	M20	Nathan Bethel, 24, Ankeny, IA	2:29:34	2:38:16	12:02
2970	70	W17	Courtney Seuferer, 19*, Ankeny, IA	2:29:36	2:35:39	12:02
2971	699	W25	Becky Poppe, 27*, Ankeny, IA	2:29:36	2:37:55	12:02
2972	615	W30	Heidi Gillespie, 31*, Waukee, IA	2:29:36	2:39:09	12:02
2973	616	W30	Jennifer Kikoler, 30*, Brooklyn, NY	2:29:36	2:38:47	12:02
3094	266	M20	Kyle Schafroth, 21, Des Moines, IA	2:29:36	2:35:01	12:02
2974	389	W20	Allyson Hileman, 23*, Des Moines, IA	2:29:37	2:35:01	12:02
2975	329	W40	Julie Cupp, 42*, Pleasant Hill, IA	2:29:37	2:34:40	12:02
2976	700	W25	Alyssa Heilman, 27*, West Des Moines, IA	2:29:39	2:37:29	12:02
2977	617	W30	Wendy Van Dyke, 34*, Ames, IA	2:29:47	2:38:33	12:03
2978	701	W25	Cortne Dahms, 26*, New Hope, MN	2:29:47	2:35:00	12:03
3095	572	M30	Derek Dahms, 31, New Hope, MN	2:29:48	2:35:00	12:03
2979	618	W30	Stephanie Mahaffey, 30*, Altoona, IA	2:29:48	2:38:19	12:03
3096	544	M25	Richard Jackson, 26, Ankeny, IA	2:29:49	2:39:35	12:03
2980	330	W40	Cindy Fabian, 43*, Omaha, NE	2:29:54	2:41:20	12:04
2981	331	W40	Karla Griggs, 40*, Pleasant Hill, IA	2:29:54	2:37:51	12:04
2982	100	W50	Christie Pence, 50*, Eldora, IA	2:29:55	2:34:18	12:04
2983	203	W45	Rahn Johnson, 47*, Marshalltown, IA	2:29:55	2:34:18	12:04
2984	619	W30	Deena Fries, 31*, Emmetsburg, IA	2:30:00	2:37:38	12:04
3097	573	M30	Travis Fries, 34, Emmetsburg, IA	2:30:01	2:37:39	12:04
2985	204	W45	Carla Karns, 45*, Huxley, IA	2:30:02	2:36:02	12:04
3098	429	M35	Brian Gall, 39, Conrad, IA	2:30:02	2:36:03	12:04
2986	702	W25	Stacia Koenen, 25*, West Des Moines, IA	2:30:02	2:35:09	12:04
2987	332	W40	Coreen Witke, 40*, Urbandale, IA	2:30:04	2:37:41	12:04
2988	71	W17	Paige Swift, 17*, Ames, IA	2:30:05	2:38:44	12:05
2989	703	W25	Rachel Rand, 29*, Des Moines, IA	2:30:05	2:37:54	12:05
2990	620	W30	Tammy Hrubetz, 32*, Rockwell, IA	2:30:06	2:39:51	12:05
2991	101	W50	Sallie Hedgepeth, 50*, Johnston, IA	2:30:08	2:35:27	12:05

2992	40	W55	Diane Luth, 55*, Ames, IA	2:30:08	2:39:26	12:05
3099	574	M30	Joseph Green, 33, Waukee, IA	2:30:09	2:37:12	12:05
2993	390	W20	Alyssa Elzen, 22*, Medford, MN	2:30:10	2:32:52	12:05
2994	704	W25	Bethany Neuendorf, 25*, West Des Moines, IA	2:30:10	2:39:27	12:05
2995	102	W50	Donna Gregory, 52*, West Des Moines, IA	2:30:11	2:37:32	12:05
2996	705	W25	Nina Johnston, 27*, Des Moines, IA	2:30:12	2:40:11	12:05
2997	333	W40	Melissa Poffenbarger, 42*, Knoxville, IA	2:30:12	2:37:10	12:05
2998	621	W30	Jenny Chung, 30*, Johnston, IA	2:30:15	2:38:01	12:05
2999	334	W40	Kim Edelman, 42*, Minneapolis, MN	2:30:15	2:40:01	12:05
3100	391	M40	Kevin Edelman, 43, Eagan, MN	2:30:16	2:40:00	12:05
3101	279	M45	Kent Edelman, 47, Clive, IA	2:30:16	2:40:00	12:05
3000	335	W40	Barbie Ahrens-Lowry, 40*, Montezuma, IA	2:30:16	2:34:42	12:05
3001	490	W35	Deb VanVelzen, 39*, Cumming, IA	2:30:17	2:35:20	12:06
3002	103	W50	Terri Frieberg, 52*, Norwalk, IA	2:30:18	2:40:59	12:06
3003	104	W50	Cindy Herman, 51*, Plymouth, MN	2:30:19	2:35:22	12:06
3004	491	W35	Mindi Rexroat, 39*, Ankeny, IA	2:30:19	2:39:59	12:06
3005	492	W35	Tabby Rabenberg, 37*, Urbandale, IA	2:30:20	2:35:22	12:06
3006	391	W20	Brittany Staroska, 22*, Johnston, IA	2:30:20	2:38:00	12:06
3007	105	W50	Cynthia Cook, 51*, Desmoines, IA	2:30:21	2:40:00	12:06
3102	267	M20	David Kuhlmann, 20, Readlyn, IA	2:30:21	2:39:41	12:06
3008	205	W45	Brenda Doucette, 48*, Schererville, IN	2:30:25	2:40:10	12:06
3009	35	JrW	Alexus Atzen, 14*, Mitchellville, IA	2:30:25	2:38:45	12:06
3010	493	W35	Kristi Atzen, 39*, Mitchellville, IA	2:30:26	2:38:46	12:06
3011	706	W25	Ruth Ann Jackson, 29*, Des Moines, IA	2:30:27	2:38:05	12:06
3012	36	JrW	Madison Atzen, 14*, Mitchellville, IA	2:30:27	2:38:46	12:06
3103	575	M30	Gregory Jackson, 31, Des Moines, IA	2:30:27	2:38:05	12:06
3104	217	M50	Tim Swift, 50, Des Moines, IA	2:30:28	2:39:08	12:06
3013	622	W30	Diana Pardock, 31*, Clive, IA	2:30:29	2:37:41	12:06
3014	494	W35	Jennifer Vandivier, 36*, Des Moines, IA	2:30:29	2:40:18	12:06
3015	206	W45	Susan Beedle, 47*, Oakland, IA	2:30:33	2:34:47	12:07
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3017	336	W40	Chris Flanery, 40*, Altoona, IA	2:30:37	2:37:43	12:07
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3105	430	M35	Brian Perkins, 36, Pleasantville, IA	2:30:39	2:38:02	12:07
3106	67	M60	Harlan Hackbarth, 61, Allenton, WI	2:30:43	2:35:03	12:08
3107	392	M40	Andy Claman, 42, Clive, IA	2:30:43	2:35:15	12:08
3019	624	W30	Joie Lukes, 33*, Lime Springs, IA	2:30:45	2:32:59	12:08
3020	625	W30	Emily Rosenberg, 30*, Wauconda, IL	2:30:47	2:39:37	12:08

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3023	106	W50	Sue Edwards, 51*, Iowa City, IA	2:30:51	2:39:05	12:08
3024	707	W25	Sara Francois, 27*, Ankeny, IA	2:30:52	2:36:51	12:08
3025	207	W45	Kristin Thornton, 46*, Atlantic, IA	2:30:52	2:34:50	12:08
3026	393	W20	Katie Hart, 24*, Urbandale, IA	2:30:53	2:30:53	12:08
3108	576	M30	Chris Francois, 30, Bondurant, IA	2:30:53	2:36:53	12:08
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3110	393	M40	Toby Hoy, 41, Van Meter, IA	2:31:04	2:39:27	12:09
3029	394	W20	Chelsey Wasson, 21*, Ankeny, IA	2:31:04	2:40:00	12:09
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3032	708	W25	Peggy Ploeger, 26*, Ottumwa, IA	2:31:13	2:37:52	12:10
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3046	497	W35	Kristin Heggen, 38*, Cedar Rapids, IA	2:31:31	2:37:25	12:11
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3062	631	W30	Tonia Schwartz, 34*, Ames, IA	2:32:08	2:38:05	12:14
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3081	214	W45	Rebecca Van Baale, 49*, Newton, IA	2:32:50	2:40:25	12:18
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3092	215	W45	Sarah Anderson, 49*, Dubuque, IA	2:33:07	2:39:50	12:19
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3158	734	W25	Tabitha Turner, 27*, Des Moines, IA	2:35:53	2:44:04	12:33
3159	77	W17	Tiffany Fink, 19*, Belmond, IA	2:35:54	2:41:38	12:33
3160	44	W55	LuJeanne Fink, 55*, Belmond, IA	2:35:54	2:41:38	12:33
3161	735	W25	Lindsey Yaeger, 28*, Minneapolis, MN	2:36:00	2:45:59	12:33
3155	13	M65	Pete Peterson, 69, Marshalltown, IA	2:36:01	2:44:15	12:33
3162	509	W35	Amy Hunold-Van Gundy, 39*, Carlisle, IA	2:36:02	2:41:59	12:33
3163	736	W25	Kari Dyjak, 28*, Ankeny, IA	2:36:07	2:43:23	12:34
3164	114	W50	Marcia Oltrogge, 54*, Decorah, IA	2:36:09	2:43:39	12:34
3156	271	M20	Jesse Truax, 24, Ankney, IA	2:36:12	2:39:43	12:34
3165	737	W25	Lindsay Thomas, 29*, Urbandale, IA	2:36:12	2:40:52	12:34
3166	222	W45	Tori Storm, 48*, Spencer, IA	2:36:13	2:44:45	12:34
3167	412	W20	Tori Nair, 21*, Spencer, IA	2:36:13	2:44:45	12:34
3168	738	W25	Linda Giang, 25*, Coralville, IA	2:36:15	2:40:59	12:34
3169	739	W25	Stephanie Riggins, 29*, Windsor Heights, IA	2:36:18	2:42:32	12:35
3157	272	M20	Terrance Park, 24, Fairmont, MN	2:36:19	2:44:21	12:35
3170	223	W45	Julie Cabeen, 47*, Clarinda, IA	2:36:20	2:43:36	12:35
3171	510	W35	Kelly Janzen, 37*, Pewaukee, WI	2:36:20	2:43:37	12:35
3158	69	M60	Gary Alvord, 62, Des Moines, IA	2:36:21	2:45:56	12:35
3172	355	W40	Holly Chidley, 44*, Des Moines, IA	2:36:22	2:45:57	12:35
3173	511	W35	Jen Corkrean, 38*, Des Moines, IA	2:36:22	2:45:57	12:35
3159	284	M45	Stan Zandarski, 46, Nevada, IA	2:36:25	2:44:49	12:35
3160	398	M40	Craig Feller, 44, Norwalk, IA	2:36:31	2:43:22	12:36
3174	740	W25	Sarah Stevens, 26*, Ankeny, IA	2:36:32	2:42:37	12:36
3175	224	W45	Judy Seals, 46*, Des Moines, IA	2:36:36	2:44:21	12:36
3176	512	W35	Lisa Clay, 39*, Urbandale, IA	2:36:36	2:46:31	12:36
3177	741	W25	Beth Hrastich, 29*, Altoona, IA	2:36:38	2:44:08	12:36
3161	273	M20	Jonathan Lukes, 24, Des Moines, IA	2:36:39	2:45:25	12:36
3162	433	M35	Mark Pollmann, 39, Des Moines, IA	2:36:42	2:39:52	12:36
3178	413	W20	Emily Gutz, 21*, Storm Lake, IA	2:36:44	2:46:04	12:37
3179	652	W30	Heather Spong, 33*, Pella, IA	2:36:44	2:44:46	12:37
3180	414	W20	Tami Osberg, 23*, Pleasant Hill, IA	2:36:45	2:42:49	12:37
3181	513	W35	Ronda Sadoris, 38*, Norwalk, IA	2:36:46	2:45:42	12:37
3163	145	M55	Jeff Jungman, 59, West Des Moines, IA	2:36:52	2:45:15	12:37

3182	225	W45	Judy Johnson, 46*, Ankeny, IA	2:36:52	2:43:22	12:37
3183	226	W45	Brenda Flaming, 47*, Huxley, IA	2:36:52	2:43:22	12:37
3184	742	W25	Sarah Hovey, 28*, Rutland, IA	2:36:52	2:46:13	12:37
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3186	515	W35	Angie Schmitt, 39*, West Des Moines, IA	2:36:54	2:43:26	12:37
3187	743	W25	Lisa Lansink, 26*, West Des Moines, IA	2:36:59	2:42:07	12:38
3188	744	W25	Megan Ulrich, 28*, Woodward, IA	2:37:00	2:45:48	12:38
3189	516	W35	Jennifer Buresh, 37*, Ely, IA	2:37:01	2:43:35	12:38
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3190	745	W25	Tekara Stewart, 26*, Des Moines, IA	2:37:02	2:44:47	12:38
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3166	558	M25	Nathan Krier, 27, Newton, IA	2:37:10	2:45:45	12:39
3167	434	M35	Michael Pollmann, 36, Kansas City, MO	2:37:11	2:40:22	12:39
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3168	146	M55	Stephen Lee, 59, Ogden, IA	2:37:13	2:45:16	12:39
3192	746	W25	Anna Link, 28*, Ames, IA	2:37:17	2:42:39	12:39
3169	274	M20	Andrew Coan, 21, Newton, IA	2:37:17	2:45:53	12:39
3193	356	W40	Gail Lage, 42*, Nashville, TN	2:37:17	2:44:39	12:39
3194	415	W20	Lindsay Kester, 22*, Denver, IA	2:37:22	2:38:30	12:40
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3196	653	W30	Janette Batts, 31*, Ankeny, IA	2:37:25	2:45:03	12:40
3170	435	M35	Stephen Caropreso, 37, Chicago, IL	2:37:27	2:44:59	12:40
3197	747	W25	Katie Warner, 29*, Eagan, MN	2:37:27	2:42:26	12:40
3171	14	M65	Walter Aeckerle, 67, Lakewood, CO	2:37:28	2:42:26	12:40
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3198	654	W30	Jessica Little, 31*, Pleasant Hill, IA	2:37:44	2:45:15	12:41
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3173	147	M55	Jim McElroy, 56, Johnston, IA	2:37:46	2:44:06	12:42
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3206	418	W20	Jessica Sarff, 21*, Ames, IA	2:37:55	2:47:10	12:42
3174	285	M45	Phil Sarff, 48, Apple Valley, MN	2:37:55	2:47:10	12:42
3207	419	W20	Rachel Grover, 24*, Ames, IA	2:37:55	2:47:11	12:42
3208	656	W30	Mindy Faas, 30*, Ames, IA	2:37:55	2:47:57	12:42
3209	748	W25	Margretta Hanson, 28*, Saint Paul, MN	2:37:57	2:47:56	12:42
3210	749	W25	Hillary Harms, 28*, Brooklyn Park, MN	2:37:59	2:47:56	12:43
3211	420	W20	Amanda Hackett, 21*, Cambridge, IA	2:38:00	2:42:18	12:43
3175	120	M17	Skyler Scott, 19, Dike, IA	2:38:03	2:45:08	12:43
3212	518	W35	Jeanne Saunders, 39*, Dike, IA	2:38:04	2:45:10	12:43
3213	359	W40	Jody Lenstra, 40*, Dike, IA	2:38:06	2:45:12	12:43
3214	519	W35	Heather Lilienthal, 36*, Ankeny, IA	2:38:07	2:45:23	12:43
3215	750	W25	Maria Zeutenhorst, 29*, West Des Moines, IA	2:38:07	2:45:19	12:43
3216	421	W20	Staci Klonglan, 24*, Grimes, IA	2:38:12	2:42:30	12:44
3217	38	JrW	Taylor Hawkins, 14*, Runnells, IA	2:38:25	2:48:21	12:45
3218	360	W40	Jodi Juskiewicz, 40*, Ankeny, IA	2:38:25	2:40:58	12:45
3219	422	W20	Jessica Finley, 23*, Ames, IA	2:38:33	2:46:10	12:45
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3221	751	W25	Lindsey Starrett, 27*, Newton, IA	2:38:41	2:46:03	12:46
3176	559	M25	Tim Davis, 27, Ames, IA	2:38:42	2:46:04	12:46
3177	560	M25	Chris Starrett, 27, Newton, IA	2:38:42	2:46:03	12:46
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3225	362	W40	Rebecca Ingham, 40*, Urbandale, IA	2:38:55	2:42:46	12:47
3226	229	W45	Sue Johnson, 49*, Mitchellville, IA	2:38:56	2:45:30	12:47
3227	363	W40	Denise Becker, 41*, Knoxville, IA	2:38:57	2:45:28	12:47
3228	753	W25	Crystal Richardson, 27*, Lenexa, KS	2:38:59	2:46:00	12:48
3229	658	W30	Jennifer Coleman, 30*, St Charles, MO	2:39:00	2:46:00	12:48
3230	78	W17	Jacquelyn Luedtke, 19*, Ames, IA	2:39:02	2:46:29	12:48
3231	79	W17	Zannie Thomas-Peckum, 18*, West Des Moines, IA			

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3232	230 W45	Kathy Sheets, 47*, Des Moines, IA		2:39:06	2:45:39	12:48
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3234	754 W25	Shana Godfred-Cato, 27*, West Des Moines, IA				
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3235	520 W35	Kathy Morgan, 39*, Ankeny, IA		2:39:14	2:44:22	12:49
3236	659 W30	Amy Blize, 32*, Ankeny, IA		2:39:15	2:44:22	12:49
3237	521 W35	Andrea Williams, 39*, Central City, IA		2:39:19	2:46:32	12:49
3238	755 W25	Lisa Fridley, 25*, Ames, IA		2:39:20	2:46:29	12:49
3239	364 W40	Kris Kingston, 40*, Des Moines, IA		2:39:25	2:48:23	12:50
3240	756 W25	Beth Cady, 26*, Des Moines, IA		2:39:28	2:43:31	12:50
3241	660 W30	Courtney Donaldson, 34*, Clive, IA		2:39:29	2:44:56	12:50
3242	365 W40	Amy Gates, 40*, Urbandale, IA		2:39:31	2:48:20	12:50
3243	366 W40	Melody Gibson, 41*, West Des Moines, IA		2:39:31	2:48:20	12:50
3178	121 M17	Trevor Sniegowski, 18, Swisher, IA		2:39:34	2:43:57	12:50
3244	425 W20	Katie McKinnon, 23*, Robins, IA		2:39:37	2:46:45	12:51
3245	522 W35	Kristen Gray, 38*, Ankeny, IA		2:39:38	2:48:37	12:51
3179	400 M40	Job Cooper, 42, Des Moines, IA		2:39:40	2:49:36	12:51
3246	426 W20	Abby Browning, 24*, Kansas City, MO		2:39:40	2:45:10	12:51
3180	122 M17	Jeff Turner, 19, Iowa City, IA		2:39:43	2:47:12	12:51
3247	427 W20	Stephanie Turner, 24*, Johnston, IA		2:39:43	2:47:12	12:51
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3249	367 W40	Michelle Palen, 41*, Des Moines, IA		2:40:01	2:45:12	12:53
3250	661 W30	Krista Ehm, 31*, Cedar Rapids, IA		2:40:03	2:44:59	12:53
3181	401 M40	Dan Kilkenny, 41, West Des Moines, IA		2:40:08	2:48:18	12:53
3182	580 M30	Nathan Sorensen, 30, Ankeny, IA		2:40:09	2:49:34	12:53
3251	757 W25	Julie Leigh, 28*, Ankeny, IA		2:40:11	2:45:39	12:53
3183	72 M60	John Castings, 64, West Des Moines, IA		2:40:13	2:47:12	12:53
3184	286 M45	Ken Henke, 48, Norwalk, IA		2:40:23	2:50:14	12:54
3252	758 W25	Lia Brown, 28*, West Des Moines, IA		2:40:26	2:50:35	12:54
3253	523 W35	Jennifer Armatis, 37*, Urbandale, IA		2:40:29	2:44:40	12:55
3254	662 W30	Dori Gaster, 33*, Des Moines, IA		2:40:42	2:44:32	12:56
3255	428 W20	Kylie McAnally, 21*, Newton, IA		2:40:43	2:43:29	12:56
3256	759 W25	Lisa Piotrowicz, 25*, Ames, IA		2:40:46	2:47:57	12:56
3185	561 M25	Camden Suggitt, 28, Seward, NE		2:40:49	2:45:40	12:56
3257	368 W40	Bridget Kearney, 40*, Sheldahl, IA		2:40:50	2:44:40	12:56
3186	148 M55	Gene Arnold, 58, Waukee, IA		2:40:52	2:41:36	12:57
3258	46 W55	Coleen Waage, 59*, West Des Moines, IA		2:40:52	2:41:36	12:57
3259	429 W20	Robin lAcquement, 20*, Norwalk, IA		2:40:54	2:48:14	12:57
3260	231 W45	Gayle lAcquement, 45*, Norwalk, IA		2:40:54	2:48:14	12:57
3187	223 M50	John Wetherell, 54, Des Moines, IA		2:40:56	2:43:26	12:57
3188	562 M25	David Lawrence, 29, Pleasant Hill, IA		2:41:00	2:43:48	12:57
3189	402 M40	Paul Dage, 42, Des Moines, IA		2:41:00	2:46:41	12:57
3261	524 W35	Billie Platner, 35*, Marion, IA		2:41:04	2:47:58	12:58
3262	760 W25	Kari Traver, 27*, West Des Moines, IA		2:41:07	2:41:07	12:58
3263	1 W65	Jane Carter, 66*, Marshalltown, IA		2:41:15	2:45:35	12:58
3264	369 W40	Susan J Smith, 44*, Dubuque, IA		2:41:16	2:43:16	12:59
3190	224 M50	Richard Johnson, 52, Johnston, IA		2:41:16	2:48:41	12:59
3265	9 W60	Pam Hildman, 61*, Des Moines, IA		2:41:17	2:47:16	12:59
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3267	430 W20	Katelyn Bice, 20*, Ames, IA		2:41:30	2:47:11	13:00
3268	761 W25	Amanda Knight, 29*, West Des Moines, IA		2:41:32	2:48:31	13:00
3192	563 M25	Nicholas Webb, 25, Des Moines, IA		2:41:33	2:51:23	13:00
3269	663 W30	Marla Westphalen, 30*, Council Bluffs, IA		2:41:38	2:47:53	13:00
3193	436 M35	Kaushal Kothari, 37, Waukee, IA		2:41:41	2:45:52	13:01
3270	370 W40	Stephanie Augustus, 42*, Savage, MN		2:41:49	2:48:30	13:01
3271	525 W35	Kathleen Sparks, 37*, Des Moines, IA		2:41:50	2:52:14	13:01
3272	526 W35	April Gross, 39*, Woodward, IA		2:41:50	2:50:22	13:01
3194	225 M50	Steve Gross, 50, Woodward, IA		2:41:51	2:50:23	13:01
3273	762 W25	Loriann Staples, 29*, Ankeny, Ia, Ia		2:41:53	2:49:10	13:02
3195	403 M40	Sanctus Hsu, 40, Ankeny, IA		2:41:55	2:42:57	13:02
3274	763 W25	Jenni Jacobson, 26*, West Des Moines, IA		2:41:57	2:48:55	13:02
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3198	581	M30	James Purcell, 31, Minneapolis, MN	2:42:05	2:48:57	13:02
3277	232	W45	Cindy Budler, 46*, Norwalk, IA	2:42:07	2:47:58	13:03
3278	664	W30	Nicole Fluharty, 30*, Martinsdale, IA	2:42:09	2:50:13	13:03
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3279	528	W35	Nova Janssen, 36*, Norwalk, IA	2:42:11	2:47:39	13:03
3280	371	W40	Janice Guessford, 40*, Norwalk, IA	2:42:13	2:47:48	13:03
3200	406	M40	Eddie Abbott, 40, Van Meter, IA	2:42:16	2:49:08	13:03
3281	431	W20	Emily Tisinger, 23*, Des Moines, IA	2:42:20	2:50:30	13:04
3282	529	W35	Lynnette Richey, 37*, Altoona, IA	2:42:23	2:50:47	13:04
3283	765	W25	Stephanie Atkin, 27*, Pleasant Hill, IA	2:42:23	2:49:14	13:04
3284	766	W25	Kelli Thorson, 26*, West Des Moines, IA	2:42:32	2:49:58	13:05
3285	767	W25	Shelly Krauth, 26*, Adair, IA	2:42:33	2:45:37	13:05
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3202	407	M40	Joseph Hlad, 42, Indianola, IA	2:42:35	2:52:10	13:05
3286	530	W35	Bonnie Christensen, 39*, Des Moines, IA	2:42:44	2:52:22	13:06
3287	665	W30	Tricia Martin, 34*, Indianola, IA	2:42:45	2:49:17	13:06
3203	565	M25	Jeremiah Sabourin, 29, West Branch, IA	2:42:48	2:47:26	13:06
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3290	666	W30	Cindy Peterson, 33*, Britt, IA	2:42:57	2:49:24	13:07
3205	66	JrM	Andrew Langel, 14, Cedar Falls, IA	2:43:05	2:49:24	13:07
3291	372	W40	Lisa Langel-Cordes, 41*, Cedar Falls, IA	2:43:05	2:49:24	13:07
3206	582	M30	Ryan Comer, 31, Newton, IA	2:43:12	2:49:21	13:08
3207	226	M50	Joel Rasch, 50, Fort Dodge, IA	2:43:14	2:49:23	13:08
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3293	768	W25	Jamie Osmundson, 27*, Ames, IA	2:43:17	2:51:10	13:08
3294	373	W40	Toni Braaksma, 43*, Packwood, IA	2:43:20	2:50:04	13:09
3208	567	M25	Robert Seaberg, 25, Des Moines, IA	2:43:24	2:53:48	13:09
3295	233	W45	Lois Zaimes, 45*, Mokena, IL	2:43:25	2:51:12	13:09
3296	39	JrW	Katrina Lange, 16*, Ames, IA	2:43:26	2:46:37	13:09
3209	568	M25	Travis Dillinger, 26, Ankeny, IA	2:43:28	2:47:56	13:09
3297	769	W25	Mychele Herring, 27*, Redfield, IA	2:43:31	2:51:59	13:09
3298	432	W20	Sarah Jobst, 23*, Urbandale, IA	2:43:31	2:51:59	13:09
3299	770	W25	Sandra Trevino, 25*, Des Moines, IA	2:43:34	2:51:44	13:10
3300	771	W25	Tiffany Butler, 26*, Ames, IA	2:43:37	2:50:49	13:10
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3303	48	W55	Hallie Maloney, 58*, Algona, IA	2:43:49	2:52:50	13:11
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3310	535	W35	Kerry Canady, 39*, Bellevue, NE	2:44:13	2:53:31	13:13
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3214	74	M60	Kenny Grandstaff, 60, Des Moines, IA	2:44:39	2:51:20	13:15
3215	437	M35	Danny Headrick, 39, Ladson, SC	2:44:39	2:51:21	13:15
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3318	376	W40	Jodi Seymour, 40*, Lamoni, IA	2:44:47	2:49:21	13:16
3319	773	W25	Natalie Ritchey, 25*, Cedar Rapids, IA	2:44:49	2:52:01	13:16
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3393	42	JrW	Emma Huston, 16*, Windsor Heights, IA	2:51:44	3:01:28	13:49
3394	385	W40	Chrtstal Stanley, 44*, Grimes, IA	2:51:45	3:01:15	13:49
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3398	387	W40	Debi Kemp, 44*, Des Moines, IA	2:52:49	3:02:42	13:54
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3401	786	W25	Kellie McFadden, 25*, Des Moines, IA	2:52:55	2:57:44	13:55
3251	574	M25	Kyle Barnes, 25, Iowa City, IA	2:52:59	3:01:35	13:55
3402	388	W40	Pam Egger, 41*, Adel, IA	2:53:01	3:00:57	13:55
3252	415	M40	Michael Landon, 44, Des Moines, IA	2:53:02	2:59:45	13:55
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3411	788 W25	Ashley Harvey, 26*, Des Moines, IA	2:54:21	3:00:45	14:02
3412	554 W35	Melanie Doser, 39*, Des Moines, IA	2:54:41	3:04:51	14:03
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3257	576 M25	Kyle Bangert, 26, Fort Dodge, IA	2:54:45	3:01:30	14:04
3414	790 W25	Brandy Lovan, 28*, Cedar Rapids, IA	2:54:45	3:00:50	14:04
3415	684 W30	Bethanie Wright, 30*, Urbandale, IA	2:54:48	3:04:39	14:04
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3467	690	W30	Jessica Kinard, 33*, Cedar Falls, IA	3:03:16	3:10:52	14:45
3468	803	W25	Christie Geiken, 27*, West Des Moines, IA	3:03:18	3:09:18	14:45
3273	589	M30	Andrea Conroy, 30, Grinnell, IA	3:03:29	3:09:41	14:46
3469	451	W20	Vicki Andersen, 24*, Council Bluffs, IA	3:03:33	3:12:00	14:46
3470	691	W30	Jen Andersen, 30*, West Des Moines, IA	3:03:33	3:12:00	14:46
3471	563	W35	Cinda Whitten, 35*, Winterset, IA	3:03:34	3:13:42	14:46
3472	132	W50	Colleen Larimer, 52*, Bedford, IA	3:03:36	3:13:44	14:46
3473	804	W25	Nicole Anderson, 25*, Des Moines, IA	3:03:48	3:08:48	14:47
3274	77	M60	Hugh Hammond, 64, Poplar Bluff, MO	3:04:05	3:14:34	14:49
3474	133	W50	Lisa Diercks, 50*, Davenport, IA	3:04:09	3:11:12	14:49
3275	590	M30	Joel Konen, 31, Ankeny, IA	3:04:20	3:14:47	14:50
3475	395	W40	Paula Yarrington, 41*, Chariton, IA	3:04:22	3:10:50	14:50
3476	805	W25	Krystal Boyd, 29*, Casper, WY	3:04:34	3:10:48	14:51
3276	582	M25	Ryan Roemerman, 27, Des Moines, IA	3:04:35	3:10:49	14:51
3477	806	W25	Jamie Jensen, 25*, Weldon, IA	3:04:54	3:13:16	14:53
3478	54	W55	Theresa Menough, 55*, Urbandale, IA	3:04:59	3:09:04	14:53
3479	396	W40	Susan Vaske, 40*, West Des Moines, IA	3:05:00	3:13:37	14:53
3480	692	W30	Danielle Rust, 34*, Clive, IA	3:05:01	3:13:38	14:53
3277	231	M50	Pat Schlapia, 51, Creston, IA	3:05:04	3:14:14	14:53
3278	419	M40	Tim Carrigan, 42, Urbandale, IA	3:05:05	3:11:44	14:54
3481	564	W35	Janet Carrigan, 37*, Urbandale, IA	3:05:06	3:11:43	14:54
3279	67	JrM	Carter Brandt, 13, Bondurant, IA	3:05:33	3:11:36	14:56
3482	397	W40	Heather Johnson, 42*, Bondurant, IA	3:05:33	3:11:36	14:56
3483	693	W30	Michele Robertson, 33*, North Liberty, IA	3:05:35	3:15:15	14:56
3484	807	W25	Sarah Bailey, 25*, Des Moines, IA	3:06:09	3:14:36	14:59
3485	398	W40	Karen Vandenburg, 42*, Chariton, IA	3:06:16	3:13:43	14:59
3486	694	W30	Dawn Landstrom, 33*, Park Rapids, MN	3:06:17	3:14:15	14:59
3487	808	W25	Lindsey Breeden, 29*, Fort Drum, NY	3:06:27	3:14:26	15:00
3488	565	W35	Julie Leonard, 39*, Clive, IA	3:06:28	3:14:26	15:00
3280	232	M50	Sam Crawford, 52, Marshall, MO	3:06:28	3:11:57	15:00
3489	695	W30	Beth Ziegmann, 33*, West Des Moines, IA	3:06:30	3:12:32	15:00
3490	809	W25	Elizabeth Whitver, 27*, Urbandale, IA	3:06:32	3:14:31	15:00
3491	245	W45	Kelley Brown, 47*, Grimes, IA	3:06:33	3:12:35	15:01
3492	246	W45	Lana Crawford, 47*, Marshall, MO	3:06:42	3:12:11	15:01
3493	399	W40	Paula Thompson, 40*, Newton, IA	3:06:44	3:12:03	15:01
3494	400	W40	Wendy Maas, 42*, Ottumwa, IA	3:06:47	3:06:47	15:02
3495	452	W20	Elizabeth Lidgett, 24*, Des Moines, CA	3:06:51	3:14:17	15:02
3496	55	W55	Cheryl Powell, 59*, Urbandale, IA	3:06:51	3:16:06	15:02
3497	247	W45	Debra Blair, 49*, Newton, IA	3:06:51	3:12:11	15:02
3498	401	W40	Kristi Walmsley, 41*, Bondurant, IA	3:06:56	3:14:05	15:02
3499	248	W45	Brenda Sowers, 48*, Nevada, IA	3:07:00	3:14:28	15:03
3500	810	W25	Meredith Jones, 28*, Orlando, FL	3:07:00	3:14:29	15:03
3281	123	M17	Austin Green, 18, Duncombe, IA	3:07:08	3:14:32	15:03
3501	249	W45	Tracy Snyder, 45*, Urbandale, IA	3:07:11	3:12:03	15:04
3502	402	W40	Tamara Loughren, 43*, Ames, IA	3:07:13	3:13:11	15:04
3503	566	W35	Toni Braunschweig, 35*, Madrid, IA	3:07:17	3:16:10	15:04

3504	403	W40	Jennifer Everson, 40*, Madison, WI	3:07:33	3:13:52	15:05
3505	696	W30	Jill Eimermann, 32*, Des Moines, IA	3:07:44	3:07:44	15:06
3506	811	W25	Carla Lundquist, 26*, Paton, IA	3:07:48	3:16:56	15:07
3282	420	M40	Daniel Jordan, 40, Ames, IA	3:07:51	3:14:56	15:07
3507	404	W40	Becky Jordan, 41*, Collins, IA	3:07:52	3:14:57	15:07
3508	56	W55	Ladonna Schaack, 58*, Grundy Center, IA	3:08:08	3:15:56	15:08
3283	591	M30	Robert Wright, 32, Urbandale, IA	3:08:16	3:08:16	15:09
3509	12	W60	Elizabeth Sutter, 60*, Des Moines, IA	3:08:16	3:16:47	15:09
3284	155	M55	Milton Lane, 56, Loma Linda, CA	3:08:17	3:16:47	15:09

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3510	250	W45	Anita Hoch, 46*, Dallas, IA	3:08:57	3:18:55	15:12
3511	453	W20	Kate Merchie, 24*, Omaha, NE	3:09:07	3:18:39	15:13
3512	405	W40	Mary Brunkhorst, 42*, West Des Moines, IA	3:09:07	3:15:37	15:13
3513	251	W45	Cheryl Stayner, 47*, Ankeny, IA	3:09:08	3:15:37	15:13
3514	134	W50	Jo Altheide, 50*, Pulaski, IA	3:09:41	3:18:40	15:16
3515	252	W45	Lynn Fellinger, 48*, Bloomfield, IA	3:09:41	3:18:40	15:16
3516	697	W30	Tara Sansenbach, 32*, Center Point, IA	3:10:06	3:13:21	15:18
3517	698	W30	Joy Schneider, 30*, Gilbertville, IA	3:10:31	3:17:09	15:20
3518	135	W50	Jane Dirks, 52*, Urbandale, IA	3:11:17	3:21:25	15:23
3519	454	W20	Kelsey Blessman, 24*, Polk City, IA	3:11:55	3:22:20	15:27
3520	136	W50	Betty Borzo, 52*, Des Moines, IA	3:12:07	3:18:55	15:27
3521	253	W45	Amy Williams-McKern, 48*, Pleasant Hill, IA	3:12:42	3:22:47	15:30
3522	699	W30	Kathy Steenblock, 32*, Mason City, IA	3:12:51	3:19:19	15:31
3523	700	W30	Lacey Galetich, 32*, Urbandale, IA	3:12:52	3:19:20	15:31
3285	281	M20	Matthew Konen, 23, Huxley, IA	3:13:16	3:22:26	15:33
3524	812	W25	Sarah Brockney, 26*, Mason City, IA	3:13:18	3:19:47	15:33
3286	292	M45	Craig Stewart, 48, Des Moines, IA	3:13:30	3:13:30	15:34
3525	406	W40	Annette Babcock, 40*, Ankeny, IA	3:14:09	3:23:17	15:37
3526	701	W30	Jaclyn Smith, 32*, Norfolk, NE	3:14:10	3:24:01	15:37
3527	407	W40	Julie Mulford, 41*, Iowa Falls, IA	3:14:12	3:23:18	15:37
3287	8	M70	Glen Zirbel, 79, Ankeny, IA	3:14:17	3:17:20	15:38
3528	567	W35	Karen Kyer, 37*, Altoona, IA	3:14:18	3:22:48	15:38
3529	254	W45	Lisa Shanks, 46*, Johnston, IA	3:14:19	3:14:59	15:38
3530	255	W45	Christine Butler, 48*, Des Moines, IA	3:14:30	3:24:50	15:39
3531	568	W35	Lisa Winn, 38*, Des Moines, IA	3:15:08	3:25:21	15:42
3532	702	W30	Heather Carman, 32*, Des Moines, IA	3:16:10	3:26:05	15:47
3533	569	W35	Amy Stevens, 37*, Urbandale, IA	3:16:10	3:26:05	15:47
3534	455	W20	Kari Ohnemus, 24*, Creston, IA	3:16:23	3:25:55	15:48
3535	703	W30	Kimberly Ellsworth, 33*, Des Moines, IA	3:17:10	3:17:10	15:52
3536	704	W30	Tenielle Stanbrough, 30*, Dike, IA	3:17:29	3:24:06	15:53
3537	570	W35	Melody Banger, 38*, Farmington, MO	3:18:58	3:27:07	16:01
3538	456	W20	Amber Scott, 24*, Des Moines, IA	3:21:08	3:28:25	16:11
3539	813	W25	Shelli Keller, 27*, Lincoln, NE	3:21:44	3:27:34	16:14
3540	57	W55	Beverlee Keller, 59*, Lincoln, NE	3:21:45	3:27:35	16:14
3541	408	W40	Peg Mattison, 43*, Pleasant Hill, IA	3:22:45	3:28:51	16:19
3542	137	W50	Diane White, 50*, Des Moines, IA	3:22:45	3:28:52	16:19

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3543	13	W60	Pamela Brennan, 62*, Des Moines, IA	3:23:19	3:33:04	16:22
3544	14	W60	Shirley Kunkle, 60*, Fulton, MO	3:23:19	3:33:04	16:22
3545	409	W40	Anne Marie Cox, 42*, Des Moines, IA	3:23:50	3:33:37	16:24
3288	156	M55	Sarah Binder, 55, Ames, IA	3:24:16	3:34:08	16:26
3289	157	M55	Bradley Binder, 55, Ames, IA	3:24:16	3:34:09	16:26
3546	457	W20	Gabriela Lozano, 22*, Altoona, IA	3:27:27	3:33:36	16:41
3547	410	W40	Zavetta Taylor, 42*, Des Moines, IA	3:27:37	3:35:21	16:42
3548	705	W30	Andrea Bailey, 34*, Wes Des Moines, IA	3:28:09	3:35:09	16:45
3549	411	W40	Kellie Dodge, 44*, Kellogg, IA	3:30:00	3:38:40	16:54
3550	571	W35	Jennifer Hart, 37*, Clive, IA	3:30:57	3:37:55	16:58
3551	256	W45	Cate Newberg, 46*, Urbandale, IA	3:30:57	3:37:55	16:58
3552	814	W25	Brecka Putnam, 27*, Des Moines, IA	3:31:07	3:35:22	16:59
3290	443	M35	Jeremy Weaver, 36, Des Moines, IA	3:31:25	3:40:19	17:01
3291	158	M55	Jim McNeill, 55, Newton, IA	3:41:25	3:42:57	17:49

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3553	572	W35	Traci Webb, 37*, Ankeny, IA	3:41:40	3:48:23	17:50
3554	412	W40	Tammy Roberts, 43*, Bloomfield, IA	3:41:46	3:48:29	17:51
3555	706	W30	Amber Eastridge, 31*, Altoona, IA	3:42:06	3:51:14	17:52
3556	15	W60	Barbara Greiner, 62*, Iowa Falls, IA	3:42:08	3:51:15	17:52
3557	815	W25	Brie Carl, 26*, Bondurant, IA	3:42:38	3:49:21	17:55
3558	816	W25	Hedda Hulsebus, 27*, Polk City, IA	3:43:25	3:53:29	17:59
3559	707	W30	Carrie Mastalir, 32*, Yankton, SD	3:43:25	3:53:30	17:59

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3560	817	W25	Sarah Sprague, 28*, Bondurant, IA	3:48:32	3:57:28	18:23
3561	818	W25	Stephanie Milner, 27*, Ames, IA	3:52:30	4:02:01	18:42
3562	708	W30	Ebony Williams, 33*, Ames, IA	3:52:31	4:02:01	18:42
3563	819	W25	Marie Goeser, 26*, Granger, IA	3:55:16	4:02:05	18:56
3564	820	W25	Dezaray Buchwald, 26*, Boone, IA	3:55:19	4:02:07	18:56

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3565	257	W45	Lisa Allen, 47*, Campbellsville, KY	4:03:28	4:12:52	19:35
3566	58	W55	Paula Long, 55*, Leesburg, VA	4:03:30	4:12:53	19:36

* indicates females

67 finishers among Men Under 17
123 finishers among Men 17 - 19
281 finishers among Men 20 - 24
582 finishers among Men 25 - 29
591 finishers among Men 30 - 34
443 finishers among Men 35 - 39
420 finishers among Men 40 - 44
292 finishers among Men 45 - 49
232 finishers among Men 50 - 54
158 finishers among Men 55 - 59
77 finishers among Men 60 - 64
17 finishers among Men 65 - 69
8 finishers among Men 70 & Up
42 finishers among Women Under 17
84 finishers among Women 17 - 19
457 finishers among Women 20 - 24
820 finishers among Women 25 - 29
708 finishers among Women 30 - 34
572 finishers among Women 35 - 39
412 finishers among Women 40 - 44
257 finishers among Women 45 - 49
137 finishers among Women 50 - 54
58 finishers among Women 55 - 59
15 finishers among Women 60 - 64
2 finishers among Women 65 - 69
2 finishers among Women 70 & Up
3291 male finishers
3566 female finishers
6857 total finishers

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