

30th Dam to Dam 20 Kilometer (12.428 miles)

DES MOINES, IA

May 30, 2009

59 degrees at start & sunny

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	Chip/Net TIME	Gun TIME	PACE
1	1 M30	Sammy Malakwen, 31, Two Harbors, MN	1:01:52	1:01:52	4:59
<hr/>					
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
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2	1 M20	John Njoroge, 24, Coon Rapids, MN	1:02:10	1:02:10	5:00
3	1 M25	Kipruto Rotich, 28, Columbia, MO	1:02:24	1:02:25	5:01
4	2 M30	Moses Waweru, 31, Sun Prairie, WI	1:02:28	1:02:29	5:02
5	2 M25	Jeff Powers, 25, Bloomington, IL	1:02:47	1:02:47	5:03
6	3 M30	Geoffrey Kiprotich, 30, Coon Rapids, MN	1:03:12	1:03:12	5:05
7	3 M25	Mario Macias, 28, Alamosa, CO	1:03:32	1:03:32	5:07
8	1 M35	Bruce Kilulai, 37, Edina, MN	1:03:55	1:03:55	5:09
9	2 M20	Sisay Ezkyas, 20, Flagstaff, AZ	1:04:21	1:04:21	5:11
10	4 M30	Chris Lundstrom, 33, Minneapolis, MN	1:04:50	1:04:50	5:13
11	4 M25	Bret Fransen, 27, Sioux Falls, SD	1:05:09	1:05:10	5:15
12	2 M35	Silah Misoi, 35, Lincoln, NE	1:05:11	1:05:11	5:15
13	5 M25	Paul Barno, 28, Des Moines, IA	1:05:49	1:05:49	5:18
14	6 M25	Jacob Kendagor, 26, Coon Rapids, MN	1:06:15	1:06:15	5:20
15	3 M20	Ben Carlson, 24, Stanhope, IA	1:06:17	1:06:18	5:20
16	4 M20	Geoffrey Birgen, 24, Columbia, MO	1:06:40	1:06:40	5:22
17	7 M25	Dan Taylor, 25, Ames, IA	1:06:50	1:06:50	5:23
18	8 M25	Matt Dewald, 26, Yankton, SD	1:06:58	1:06:58	5:23
19	5 M20	Skyler Delmott, 20, Emporia, KS	1:07:34	1:07:35	5:26
20	9 M25	Jason Flogel, 26, West Des Moines, IA	1:08:04	1:08:05	5:29
21	1 M45	John Mirth, 47, Platteville, WI	1:08:45	1:08:45	5:32
1	1 W20	Belainesh Gebre, 21*, Flagstaff, AZ	1:09:00	1:09:00	5:33
22	5 M30	Matt Hoyt, 32, Vermillion, SD	1:09:14	1:09:14	5:34
23	10 M25	Matt Pohren, 25, Maryville, MO	1:09:39	1:09:39	5:36
24	6 M20	Aaron Zutz, 23, Ames, IA	1:09:51	1:09:52	5:37
25	3 M35	Chris Ronan, 35, Lenexa, KS	1:10:15	1:10:15	5:39
26	6 M30	Jacob Kaemmer, 32, Des Moines, IA	1:10:22	1:10:23	5:40
27	11 M25	Matthew Roling, 25, Ames, IA	1:10:23	1:10:24	5:40
28	7 M20	Joel Rassmussen, 22, Goldfield, IA	1:10:25	1:10:26	5:40
29	12 M25	Nate Canton, 29, Ely, IA	1:10:27	1:10:29	5:40
30	13 M25	Paul Wilson, 27, Omaha, NE	1:10:38	1:10:38	5:41
31	1 M17	Andrew Barrett, 17, Des Moines, IA	1:11:08	1:11:09	5:43
2	1 W35	Robyn Friedman, 36*, Lambs Grove, IA	1:11:10	1:11:12	5:44
32	7 M30	Trent Corey, 30, Dubuque, IA	1:11:20	1:11:22	5:44
3	1 W30	Frashiah Waithaka, 31*, Edina, MN	1:11:35	1:11:36	5:46
33	8 M30	Ryan Aschbrenner, 31, Waltham, MA	1:12:00	1:12:01	5:48
34	8 M20	Matt Schneder, 23, Nebraska City, NE	1:12:27	1:12:28	5:50
35	1 M40	Andrew Rinn, 41, West Des Moines, IA	1:12:48	1:12:48	5:51
36	14 M25	Nathan Hopp, 26, West Amana, IA	1:12:56	1:12:58	5:52
37	15 M25	Seth Comfort, 28, Des Moines, IA	1:13:04	1:13:07	5:53

38	2 M40	Brad Wall, 41, Ankeny, IA	1:13:09	1:13:10	5:53
39	3 M40	Todd Christensen, 40, Altoona, IA	1:13:35	1:13:39	5:55
40	9 M30	Eric Hollander, 32, Des Moines, IA	1:13:45	1:13:47	5:56
41	10 M30	Greg Bell, 30, Polk City, IA	1:13:52	1:13:55	5:57
42	16 M25	Chris Nealy, 29, Des Moines, Ia, Ia	1:14:20	1:14:21	5:59
43	11 M30	Ryan Kramer, 30, Des Moines, IA	1:14:20	1:14:26	5:59
44	12 M30	Benjamin Skelton, 30, Chicago, IL	1:14:23	1:14:23	5:59
45	2 M17	Luke Demmel, 19, Marshalltown, IA	1:14:24	1:14:27	5:59

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46	4 M35	Patrick Riley, 36, Des Moines, IA	1:14:43	1:14:45	6:01
47	1 JrM	Kevin Lewis, 15, Ottumwa, IA	1:14:44	1:14:48	6:01
48	17 M25	Lee Greenberg, 27, Chicago, IL	1:14:44	1:14:52	6:01
49	9 M20	Tyler Sullivan, 21, Coralville, IA	1:14:45	1:14:46	6:01
50	10 M20	Dylan Wilson, 23, Lincoln, NE	1:15:05	1:15:06	6:02
51	3 M17	Michael Streicher, 19, Cedar Falls, IA	1:15:12	1:15:15	6:03
52	18 M25	Tim Ives, 28, Pleasant Hill, IA	1:15:29	1:15:29	6:04
53	19 M25	Ryan Snell, 25, Ames, IA	1:15:42	1:15:46	6:05
54	2 M45	Robert Economy, 45, Victoria, MN	1:15:52	1:15:54	6:06
55	3 M45	Keith Abels, 47, Ogden, IA	1:15:54	1:16:00	6:06
56	13 M30	Jason Probasco, 31, Papillion, NE	1:16:04	1:16:04	6:07
57	11 M20	Ermin Sabljakovic, 23, Waterloo, IA	1:16:11	1:16:12	6:08
58	4 M45	Greg Skopec, 47, Coralville, IA	1:16:23	1:16:25	6:09
59	4 M40	Lee Hammerand, 41, Urbandale, IA	1:16:34	1:16:36	6:10
60	4 M17	Craig Nie, 19, Jesup, IA	1:16:54	1:17:00	6:11
61	14 M30	Chad Goldsmith, 31, North Liberty, IA	1:17:18	1:17:19	6:13
62	15 M30	Jon Rathje, 30, Ankeny, IA	1:17:20	1:17:22	6:13
63	16 M30	Kevin O'Hare, 31, West Des Moines, IA	1:17:22	1:17:22	6:13
64	12 M20	Matt Berndt, 24, Ankeny, IA	1:17:30	1:17:58	6:14
65	13 M20	John Venner, 20, Boone, IA	1:17:34	1:17:50	6:14
66	14 M20	Nick Newbury, 20, Greenfield, IA	1:17:36	1:17:49	6:15
67	20 M25	Scott Camiliere, 26, Roscoe, IL	1:17:39	1:17:40	6:15
68	21 M25	Joseph Aulwes, 28, Bondurant, IA	1:17:42	1:17:44	6:15
69	5 M45	Marty Gingerich, 46, Parnell, IA	1:17:43	1:17:54	6:15
70	17 M30	Brian Davenport, 34, Minneapolis, MN	1:17:45	1:17:46	6:15
71	5 M35	Robert Jiroutek, 38, Des Moines, IA	1:17:50	1:18:00	6:16
72	5 M40	Chris Bowers, 40, Ottumwa, IA	1:17:54	1:17:59	6:16
73	6 M35	John Anthofer, 37, Urbandale, IA	1:18:05	1:18:09	6:17
74	5 M17	Daniel Sevcik, 19, Cedar Falls, IA	1:18:12	1:18:15	6:18
75	6 M40	Michael Kabela, 42, North Liberty, IA	1:18:19	1:18:21	6:18
4	1 W40	Lisa Marshall, 41*, Granger, IA	1:18:21	1:18:23	6:18
76	6 M17	Ryan Kloberdanz, 17, Des Moines, IA	1:18:27	1:18:28	6:19
77	15 M20	Logan Gonzales, 20, Boone, IA	1:18:34	1:18:50	6:19
78	7 M40	Vince Calvo, 42, Erie, CO	1:18:45	1:18:47	6:20
79	16 M20	Andrew Minear, 23, Johnston, IA	1:18:49	1:18:51	6:20
80	8 M40	Steve Feltz, 44, West Des Moines, IA	1:19:00	1:19:03	6:21
81	18 M30	Mark Thompson, 31, Iowa City, IA	1:19:18	1:19:27	6:23
82	19 M30	John Hindley, 30, West Des Moines, IA	1:19:31	1:19:39	6:24
83	17 M20	Brooks McLaren, 24, North Liberty, IA	1:19:36	1:19:44	6:24
84	7 M17	Sevcik David, 19, Cedar Falls, IA	1:19:40	1:19:43	6:25
85	20 M30	Gene Baloun, 33, Des Moines, IA	1:19:53	1:19:55	6:26
86	1 M50	Dennis Wallach, 51, Chanhassen, MN	1:19:57	1:19:58	6:26
5	2 W20	Danna Kelly, 22*, Boone, IA	1:20:02	1:20:19	6:26
87	18 M20	Chris Harms, 21, Independence, IA	1:20:05	1:20:08	6:27
88	2 M50	James Quigley, 51, Cedar Rapids, IA	1:20:05	1:20:08	6:27
89	1 M55	Paul Kmiecik, 55, Mauston, WI	1:20:06	1:20:07	6:27
90	21 M30	Anthony Cendana, 33, West Des Moines, IA	1:20:13	1:20:17	6:27
91	19 M20	Kris Spoth, 21, Polk City, IA	1:20:17	1:20:35	6:28
92	22 M25	Kyle Keraus, 28, Johnston, IA	1:20:26	1:20:44	6:28
93	22 M30	Ryan Fye, 31, Clive, IA	1:20:32	1:20:41	6:29
94	23 M25	Jeff Gray, 28, West Des Moines, IA	1:20:34	1:20:39	6:29
95	20 M20	Justin Helbing, 23, Coralville, IA	1:20:52	1:20:56	6:30
96	23 M30	Jay Krueger, 31, Iowa City, IA	1:20:54	1:20:59	6:31
97	8 M17	Luke Sesker, 18, Norwalk, IA	1:20:57	1:21:02	6:31

98	24	M25	Jon White, 25, Arlington, VA	1:20:59	1:20:59	6:31
6	1	W25	Molly Christensen, 25*, Bellevue, NE	1:21:01	1:21:04	6:31
99	7	M35	Chad Lee, 36, West Des Moines, IA	1:21:03	1:21:06	6:31
100	24	M30	Chris Allen, 30, Ankeny, IA	1:21:04	1:21:39	6:31
101	25	M30	Nathan Wenck, 32, Carroll, IA	1:21:06	1:21:09	6:32
102	6	M45	John Mitoraj, 45, Mokena, IL	1:21:11	1:21:14	6:32
103	2	M55	Paul Braunschweiler, 57, Omaha, NE	1:21:12	1:21:13	6:32
104	9	M40	Don Wells, 41, Des Moines, IA	1:21:19	1:21:23	6:33
7	2	W40	Bonnie Sons, 43*, Shorewood, MN	1:21:20	1:21:22	6:33
105	8	M35	Scott Jones, 38, Ankeny, IA	1:21:22	1:21:28	6:33
106	26	M30	Dan Gilliatt, 30, Winterset, IA	1:21:22	1:21:28	6:33
107	25	M25	Seth Thorson, 28, Clive, IA	1:21:23	1:21:36	6:33
8	2	W30	Colleen Webb, 32*, Des Moines, IA	1:21:24	1:21:29	6:33
9	3	W30	Michelle Paxton, 32*, Lincoln, NE	1:21:26	1:21:29	6:33
108	26	M25	Andrew Drysdale, 26, Des Moines, IA	1:21:35	1:21:42	6:34
109	27	M25	Eric Mittman, 27, Coralville, IA	1:21:40	1:22:12	6:34
110	3	M50	Paul Cook, 51, Wheaton, IL	1:21:40	1:21:42	6:34
111	28	M25	Chris Schooley, 28, Urbandale, IA	1:21:47	1:21:59	6:35
10	3	W40	Christine Price, 40*, Des Moines, IA	1:21:55	1:21:57	6:35
112	2	JrM	Marshall Anderson, 15, Papillion, NE	1:21:57	1:22:02	6:36
113	7	M45	Todd Haugen, 46, Story City, IA	1:22:04	1:22:05	6:36
114	9	M35	Bryan Friedman, 37, Lambs Grove, IA	1:22:08	1:22:11	6:36
115	21	M20	Aj Kenny, 22, Fort Dodge, IA	1:22:14	1:26:15	6:37
116	29	M25	Lance Randolph, 29, Indianola, IA	1:22:15	1:22:20	6:37
117	27	M30	Mike Mullins, 31, Ames, IA	1:22:15	1:22:18	6:37
118	10	M40	Daren Nelson, 42, Ottumwa, IA	1:22:19	1:22:23	6:37
119	30	M25	Nathaniel Eagleson, 26, Des Moines, IA	1:22:22	1:22:53	6:38
120	28	M30	Morgan Parker, 31, Pella, IA	1:22:26	1:22:34	6:38
121	9	M17	Andrew Hamer, 19, Murray, IA	1:22:32	1:24:06	6:38
122	10	M35	Matthew Zepeda, 35, Waukee, IA	1:22:33	1:22:37	6:38
123	8	M45	Troy Zeleznik, 46, West Des Moines, IA	1:22:36	1:22:40	6:39
124	11	M35	Matthew Hemry, 39, Des Moines, IA	1:22:42	1:22:57	6:39
125	31	M25	Matt Johnson, 28, Des Moines, IA	1:22:45	1:23:38	6:39
126	29	M30	Inigo Montoya, 31, Ottumwa, IA	1:22:58	1:23:09	6:40
11	4	W30	Kristen Mitchell, 30*, Ottumwa, IA	1:23:06	1:23:16	6:41
127	4	M50	Joseph Henry, 52, Des Moines, IA	1:23:06	1:23:17	6:41
12	4	W40	Ellen Pollard, 41*, Ames, IA	1:23:09	1:23:10	6:41
128	11	M40	Cory Delong, 43, Rock Island, IL	1:23:23	1:23:31	6:42
129	10	M17	Cody Manchester, 17, Mason City, IA	1:23:26	1:23:27	6:43
130	32	M25	Scott Brown, 26, Des Moines, IA	1:23:30	1:24:04	6:43
131	30	M30	Lance Gunkel, 30, Clive, IA	1:23:30	1:24:01	6:43
13	2	W35	Jenny Weber, 36*, Des Moines, IA	1:23:31	1:23:33	6:43
132	33	M25	Justin Stanek, 27, Bloomington, IL	1:23:32	1:24:45	6:43
133	34	M25	Ty Burke, 25, Iowa City, IA	1:23:32	1:23:34	6:43
134	9	M45	John Pestotnik, 49, West Des Moines, IA	1:23:35	1:23:41	6:44
135	35	M25	Ben Janke, 28, St. Paul, MN	1:23:38	1:25:13	6:44
136	12	M35	Tom Scroggins, 37, Ankeny, IA	1:23:41	1:23:45	6:44
137	11	M17	Learie Jones, 17, Des Moines, IA	1:23:42	1:23:56	6:44
138	12	M17	Jake Venner, 18, Boone, IA	1:23:57	1:24:13	6:45
139	13	M17	Matthew Stone, 19, Boone, IA	1:23:57	1:24:13	6:45
140	22	M20	Brent Westphal, 20, Urbandale, IA	1:23:57	1:24:02	6:45
141	36	M25	Zach Johnson, 27, Grimes, IA	1:23:58	1:24:09	6:45
14	5	W40	Julie Fiepke, 41*, West Des Moines, IA	1:23:58	1:24:09	6:45
142	14	M17	Damon Trainor, 19, Freeport, IL	1:23:59	1:24:07	6:45
143	15	M17	Joey Sevcik, 17, Cedar Falls, IA	1:24:02	1:24:11	6:46
144	16	M17	Tim Scholle, 18, Cedar Falls, IA	1:24:03	1:24:12	6:46
145	17	M17	Sam Bird, 19, Gilbert, IA	1:24:05	1:24:14	6:46
146	23	M20	Scott Kretzmann, 22, Pella, IA	1:24:09	1:24:23	6:46
147	31	M30	Chris Lauman, 30, Pella, IA	1:24:09	1:24:20	6:46
148	13	M35	Mark Fahrenkrug, 38, Waukee, IA	1:24:17	1:24:26	6:47
149	14	M35	Ryan Elsbernd, 37, Des Moines, IA	1:24:19	1:24:28	6:47
150	37	M25	Darrick Proehl, 26, Des Moines, IA	1:24:24	1:24:46	6:47
151	24	M20	Patrick Mitoraj, 20, Mokena, IL	1:24:24	1:24:27	6:47
152	12	M40	Chris Burgess, 41, Urbandale, IA	1:24:25	1:24:32	6:47
153	15	M35	Farhad Zarif, 39, Olathe, KS	1:24:27	1:24:53	6:48

154	3 JrM	Pj Anderson, 15, Papillion, NE	1:24:27	1:24:31	6:48
155	38 M25	Christopher Holman, 25, West Des Moines, IA	1:24:29	1:24:56	6:48
156	5 M50	John Taylor III, 50, Des Moines, IA	1:24:34	1:24:36	6:48
157	13 M40	Michael Ross, 43, Clive, IA	1:24:43	1:25:01	6:49
158	39 M25	Josh Bard, 27, Cedar Falls, IA	1:24:46	1:24:58	6:49
15	3 W35	Jenny Schulze, 36*, Clive, IA	1:24:48	1:25:06	6:49
159	32 M30	Brock Noel, 33, North Liberty, IA	1:24:51	1:25:10	6:50
160	14 M40	Dave Mable, 44, Urbandale, IA	1:24:51	1:24:55	6:50
161	18 M17	Jake Groenendyk, 17, Sioux Center, IA	1:24:56	1:26:12	6:50
162	40 M25	Eric Lew, 28, Ankeny, IA	1:24:57	1:25:36	6:50
163	16 M35	Chris Brooks, 36, West Des Moines, IA	1:25:00	1:25:07	6:50
164	41 M25	Brody Benton, 26, Ames, IA	1:25:02	1:25:28	6:50
165	33 M30	Travis Ripperger, 31, Waukee, IA	1:25:04	1:25:09	6:51

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166	25 M20	Tony Beal, 20, Albia, IA	1:25:13	1:27:26	6:51
167	34 M30	Troy Shoen, 31, Huxley, IA	1:25:17	1:25:36	6:52
168	35 M30	Scott Heisler, 33, West Des Moines, IA	1:25:17	1:26:46	6:52
16	3 W20	Kaci Lickteig, 22*, Omaha, NE	1:25:18	1:25:21	6:52
169	36 M30	Eric Weiford, 31, Ankeny, IA	1:25:18	1:25:29	6:52
170	42 M25	Mike Castagnoli, 25, West Des Moines, IA	1:25:21	1:25:26	6:52
171	15 M40	Michael Schulte, 44, Cedar Rapids, IA	1:25:28	1:25:31	6:53
172	17 M35	Paul Mitoraj, 37, Frankfort, IL	1:25:31	1:25:34	6:53
17	1 W50	Ann Ringlein, 52*, Lincoln, NE	1:25:32	1:25:36	6:53
173	6 M50	Jim Koenigs, 50, McIntire, IA	1:25:35	1:26:17	6:53
174	16 M40	Tim Hart, 41, Johnston, IA	1:25:37	1:25:41	6:53
175	19 M17	Alex Libin, 18, Clive, IA	1:25:45	1:27:08	6:54
176	26 M20	Matthew Johnson, 24, Nevada, IA	1:25:49	1:25:56	6:54
177	37 M30	Nate Strickler, 34, Windsor Heights, IA	1:25:51	1:25:57	6:54
178	18 M35	Shawn Miller, 37, Des Moines, IA	1:25:52	1:26:08	6:55
18	2 W25	Yelena Nanaziashvili, 28*, Clive, IA	1:25:53	1:26:08	6:55
179	20 M17	Christopher Brady, 17, West Des Moines, IA	1:25:56	1:27:19	6:55
180	10 M45	John Feller, 45, Ames, IA	1:25:57	1:26:02	6:55
181	3 M55	Jim Laplant, 58, Newton, IA	1:25:58	1:26:00	6:55
19	5 W30	Courtney Mann, 30*, Omaha, NE	1:26:03	1:26:06	6:55
182	27 M20	John Collier, 20, West Des Moines, IA	1:26:08	1:26:31	6:56
183	28 M20	Evan Miller, 24, Des Moines, IA	1:26:10	1:26:20	6:56
184	43 M25	Bo Anderson, 29, Urbandale, IA	1:26:10	1:26:19	6:56
185	44 M25	Joe Koenigs, 27, West Des Moines, IA	1:26:11	1:26:30	6:56
186	38 M30	Gregg Hennigan, 31, Coralville, IA	1:26:16	1:26:19	6:56
187	17 M40	Todd Hubbard, 42, Iowa City, IA	1:26:19	1:26:29	6:57
188	11 M45	Pat McGowan, 45, Urbandale, IA	1:26:22	1:26:24	6:57
189	18 M40	Vincent Burgett, 44, Gretna, NE	1:26:22	1:26:27	6:57
190	29 M20	La Cucaracha, 23, West Des Moines, IA	1:26:27	1:26:30	6:57
191	30 M20	Drew Messerschmidt, 20, West Des Moines, IA	1:26:36	1:27:51	6:58
192	7 M50	Randy Wadle, 50, Newton, IA	1:26:37	1:26:49	6:58
193	19 M35	Vic Morales, 35, Des Moines, IA	1:26:37	1:29:45	6:58
194	20 M35	Eric Suthers, 39, Cedar Rapids, IA	1:26:38	1:26:48	6:58
195	45 M25	Tony Ekman, 28, Des Moines, IA	1:26:40	1:27:07	6:58
20	4 W35	Mary Landhuis, 36*, Clarinda, IA	1:26:42	1:28:01	6:59
196	21 M35	Aaron Quinn, 37, Des Moines, IA	1:26:42	1:26:58	6:59
197	39 M30	John Neer, 30, Des Moines, IA	1:26:43	1:26:46	6:59
198	19 M40	Matt Scotton, 40, Newton, IA	1:26:47	1:27:03	6:59
21	5 W35	Tina McDonald, 37*, Waukee, IA	1:26:49	1:27:14	6:59
199	8 M50	Tom Louden, 52, Fairfield, IA	1:26:50	1:26:55	6:59
200	40 M30	Konrad Christensen, 34, Ankeny, IA	1:26:51	1:26:57	6:59
201	4 JrM	Zeke Gunnink, 16, Clive, IA	1:26:55	1:28:11	7:00
202	46 M25	Jared Otte, 27, Waukee, IA	1:26:56	1:27:07	7:00
203	41 M30	John Christen, 30, Marshalltown, IA	1:27:01	1:27:05	7:00
204	22 M35	Troy Jepsen, 35, Ames, IA	1:27:05	1:27:47	7:00
205	20 M40	Samuel Houston, 42, Cedar Rapids, IA	1:27:06	1:27:17	7:00
22	3 W25	Jayne Anderson, 29*, Des Moines, IA	1:27:09	1:27:53	7:01

206	42	M30	Tim Vos, 30, Ankeny, IA	1:27:12	1:27:24	7:01
23	6	W30	Anna Bergman, 31*, Cumming, IA	1:27:13	1:27:17	7:01
207	43	M30	Scott Ingersoll, 31, Ankeny, IA	1:27:15	1:27:52	7:01
208	21	M17	Bryan Butel, 17, West Des Moines, IA	1:27:20	1:28:36	7:02
209	23	M35	James Janni, 38, Johnston, IA	1:27:20	1:27:31	7:02
210	21	M40	Kevin Goodwin, 44, Otley, IA	1:27:22	1:27:31	7:02
211	22	M40	Mike Rieks, 41, Urbandale, IA	1:27:24	1:27:29	7:02
212	9	M50	Dan Walter, 50, West Des Moines, IA	1:27:25	1:27:40	7:02
213	47	M25	Aaron Sage, 29, Ankeny, IA	1:27:27	1:27:38	7:02
24	4	W25	Sarah Hradek, 28*, Adel, IA	1:27:29	1:28:03	7:02
25	6	W40	Shelly Haller, 41*, Ceresco, NE	1:27:30	1:27:34	7:02
214	31	M20	Brandon Long, 21, Cedar Falls, IA	1:27:33	1:28:33	7:03
215	44	M30	Conrad Hanson, 33, Urbandale, IA	1:27:33	1:27:59	7:03
216	48	M25	Clete Younger, 27, Cedar Rapids, IA	1:27:34	1:27:45	7:03
217	49	M25	Cody Allison, 28, Des Moines, IA	1:27:35	1:28:27	7:03
218	5	JrM	Cameron Harmeyer, 15, Smithville, MO	1:27:37	1:28:16	7:03
219	50	M25	Phillip Keys, 29, Ankeny, IA	1:27:40	1:28:16	7:03
220	23	M40	Ken Wright, 40, Cedar Rapids, IA	1:27:42	1:28:23	7:03
221	45	M30	Matt Oleson, 33, West Des Moines, IA	1:27:42	1:27:52	7:03
222	22	M17	Daniel Jensen, 17, Urbandale, IA	1:27:42	1:27:43	7:03
223	46	M30	Daniel Mandernach, 31, Grimes, IA	1:27:44	1:27:55	7:03
224	47	M30	Todd Southwick, 30, Ankeny, IA	1:27:45	1:27:47	7:04
225	51	M25	Kaleb Pergande, 25, Marshalltown, IA	1:27:55	1:28:26	7:04
226	24	M40	David Moser, 41, Iowa City, IA	1:27:55	1:28:05	7:04
227	24	M35	Michael Carr, 36, Ames, IA	1:27:56	1:28:13	7:04
26	5	W25	Brooke Ferguson, 26*, Fort Dodge, IA	1:27:57	1:28:04	7:05
228	48	M30	Michael Hartman, 32, Clarinda, IA	1:27:57	1:28:15	7:05
229	6	JrM	Mason Walters, 16, Urbandale, IA	1:27:57	1:27:58	7:05
230	49	M30	James Clevenger, 30, West Des Moines, IA	1:27:59	1:28:17	7:05
231	25	M40	Brian Palmer, 40, Des Moines, IA	1:28:00	1:28:49	7:05
232	32	M20	Bart Zimmer, 21, Casey, IA	1:28:02	1:28:24	7:05
233	10	M50	Will Lindgren, 51, Omaha, NE	1:28:02	1:28:06	7:05
234	52	M25	Nathan Shortell, 25, Altoona, IA	1:28:06	1:28:46	7:05
235	4	M55	Bob Grote, 55, West Des Moines, ID	1:28:09	1:28:17	7:06
236	12	M45	Matt McCright, 49, Urbandale, IA	1:28:12	1:28:42	7:06
237	25	M35	Trevor Meers, 37, Mingo, IA	1:28:15	1:29:20	7:06
238	26	M35	Michael Robinson, 36, Ankeny, IA	1:28:15	1:28:30	7:06
239	53	M25	Clinton French, 26, West Des Moines, IA	1:28:17	1:28:28	7:06
240	33	M20	Andrew Hoch, 24, Ankeny, IA	1:28:19	1:29:16	7:06
241	27	M35	Brian Oetken, 37, Urbandale, IA	1:28:20	1:29:44	7:06
242	26	M40	Chad Forde, 41, Atlantic, IA	1:28:22	1:28:24	7:07
243	27	M40	Brent Cooper, 41, West Des Moines, IA	1:28:24	1:28:42	7:07
27	4	W20	Elaina Mertens, 23*, Mount Pleasant, IA	1:28:30	1:29:25	7:07
244	28	M40	Michael Zimmermann, 41, Marion, IA	1:28:30	1:28:34	7:07
245	29	M40	Matt Mixdorf, 44, Ankeny, IA	1:28:34	1:28:40	7:08
246	50	M30	Steve Houg, 34, West Des Moines, IA	1:28:34	1:28:46	7:08
247	51	M30	Josh Jones, 33, Ankeny, IA	1:28:37	1:28:43	7:08
248	30	M40	Jamie Aulwes, 41, Russell, IA	1:28:40	1:28:58	7:08
249	54	M25	Tameem Yehyawi, 28, Coralville, IA	1:28:43	1:28:50	7:08
250	31	M40	Curtis Downs, 40, Des Moines, IA	1:28:48	1:28:56	7:09
251	52	M30	Chad Till, 31, Johnston, IA	1:28:54	1:29:19	7:09
252	13	M45	Brett Bosworth, 46, West Des Moines, IA	1:28:55	1:29:54	7:09
253	14	M45	Andrew Smart, 46, Ankeny, IA	1:28:56	1:29:05	7:09
254	55	M25	Blake Utley, 26, Fort Dodge, IA	1:28:57	1:29:11	7:09
28	1	W17	Nicole Benzoni, 19*, Sioux City, IA	1:28:57	1:30:15	7:09
255	23	M17	Robert Nelson, 19, Brooklyn Park, MN	1:28:58	1:30:15	7:09
256	34	M20	Jacob Johnson, 24, West Des Moines, IA	1:28:58	1:30:54	7:09
257	28	M35	John Kvapil, 39, Davenport, IA	1:28:58	1:29:01	7:09
258	32	M40	Brett Shaffer, 42, West Des Moines, IA	1:29:00	1:29:36	7:10
259	33	M40	Kyle Weuve, 43, Urbandale, IA	1:29:00	1:29:21	7:10
29	5	W20	Sara Hendrickson, 22*, Altoona, IA	1:29:02	1:29:23	7:10
260	56	M25	Carl Wertzberger, 28, Des Moines, IA	1:29:03	1:30:06	7:10
261	57	M25	Caleb Bell, 26, Des Moines, IA	1:29:09	1:29:12	7:10
262	34	M40	Scott Sterrett, 40, Cedar Falls, IA	1:29:10	1:29:19	7:10
263	15	M45	Michael Long, 49, Ames, IA	1:29:10	1:30:10	7:10

30	1 JrW	Meredith Lockin, 16*, Clive, IA	1:29:11	1:29:21	7:10
264	16 M45	Jeff Farrell, 45, Urbandale, IA	1:29:11	1:29:31	7:11
265	35 M40	Jeff Anker, 44, Polk City, IA	1:29:12	1:29:47	7:11
266	24 M17	Dominic Vega, 17, Des Moines, IA	1:29:14	1:29:22	7:11
267	36 M40	Jason Zdunich, 40, Dallas Center, IA	1:29:18	1:29:38	7:11
268	53 M30	Caleb Hegna, 32, Des Moines, IA	1:29:20	1:29:51	7:11
269	29 M35	Jay Cox, 35, West Des Moines, IA	1:29:23	1:29:25	7:12
270	25 M17	Andrew Hyler, 17, Ankeny, IA	1:29:26	1:29:37	7:12
271	17 M45	K F Headley, 47, Urbandale, IA	1:29:28	1:29:44	7:12
272	37 M40	Joe Short, 44, Johnston, IA	1:29:29	1:29:35	7:12
273	38 M40	Dennis Haney, 41, Des Moines, IA	1:29:30	1:30:00	7:12
274	7 JrM	Chris Coble, 15, Johnston, IA	1:29:31	1:29:35	7:12
31	1 W45	Rhonda Brandt, 45*, Marion, IA	1:29:32	1:29:45	7:12
275	54 M30	Drake Clausen, 33, Ankeny, IA	1:29:32	1:29:37	7:12
276	35 M20	Ben Waynar, 23, Ames, IA	1:29:33	1:29:46	7:12
277	36 M20	Brady Boyle, 23, Ames, IA	1:29:34	1:29:48	7:12
32	2 W45	Dana Kramer, 46*, Urbandale, IA	1:29:35	1:29:47	7:12
278	39 M40	Brad Rounds, 40, Ankeny, IA	1:29:35	1:29:41	7:12
279	8 JrM	Zac Wiemers, 16, West Des Moines, IA	1:29:36	1:30:51	7:13
280	30 M35	William McAlpine, 35, Boone, IA	1:29:36	1:29:42	7:13
281	18 M45	Craig Edmondson, 49, Ames, IA	1:29:37	1:30:03	7:13
282	40 M40	Graig Cone, 43, Cedar Rapids, IA	1:29:38	1:29:49	7:13
283	55 M30	Robert Volp, 30, West Des Moines, IA	1:29:45	1:29:57	7:13
284	31 M35	Elmir Karajica, 35, Clive, IA	1:29:45	1:30:11	7:13
285	56 M30	Jeremy Mueller, 32, West Des Moines, IA	1:29:47	1:30:23	7:13
286	37 M20	Jd Cambron, 21, Indianola, IA	1:29:50	1:29:54	7:14
287	32 M35	Brian Stewart, 37, West Des Moines, IA	1:29:50	1:30:37	7:14
288	38 M20	Tyler McCubbin, 20, Decorah, IA	1:29:50	1:31:51	7:14
289	39 M20	Brian Bjurstrom, 24, West Des Moines, IA	1:29:52	1:30:02	7:14
290	41 M40	Larry Goodell, 44, Clive, IA	1:29:52	1:29:58	7:14
291	19 M45	Mickey Lundquist, 45, Ankeny, IA	1:29:54	1:31:59	7:14
33	7 W30	Jennifer Vande Vegte, 31*, Sioux Center, IA	1:29:54	1:31:54	7:14
292	20 M45	Don Cummings, 46, Pleasant Hill, IA	1:29:56	1:30:02	7:14
293	21 M45	Ernesto Venzor, 47, Conesville, IA	1:29:59	1:30:03	7:14
294	57 M30	Jason Frederick, 32, Waukee, IA	1:29:59	1:30:28	7:14
34	6 W35	Cindy Elsbernd, 38*, Des Moines, IA	1:30:01	1:30:19	7:15
295	33 M35	Shannon McLaughlin, 38, Norwalk, IA	1:30:01	1:32:07	7:15
296	34 M35	Chad Bartholomew, 37, Des Moines, IA	1:30:02	1:30:11	7:15
297	40 M20	Mitchell McMahon, 23, West Des Moines, IA	1:30:04	1:31:57	7:15
35	6 W20	Meredith Bell, 20*, Cedar Rapids, IA	1:30:05	1:30:52	7:15
298	22 M45	Mark Seaman, 49, West Des Moines, IA	1:30:06	1:30:13	7:15
36	6 W25	Brittany McConnell, 26*, Iowa City, IA	1:30:07	1:30:09	7:15
299	9 JrM	Joshua Lennon, 16, Clare, IA	1:30:08	1:30:59	7:15
300	58 M25	Nate Cloe, 29, Des Moines, IA	1:30:10	1:30:48	7:15
301	42 M40	Adrian Shamsudeen, 42, Dallas, TX	1:30:11	1:30:45	7:15
302	35 M35	Deon Wingent, 35, Carroll, IA	1:30:13	1:31:23	7:15
303	36 M35	Mark Carlson, 38, Hudson, WI	1:30:14	1:30:35	7:16
37	3 W45	Linda Barnhart, 46*, Omaha, NE	1:30:14	1:30:18	7:16
304	23 M45	Chad Wagener, 45, Ankeny, IA	1:30:15	1:30:20	7:16
38	7 W40	Sandy Sabelka, 41*, Denver, IA	1:30:18	1:30:37	7:16
305	59 M25	Scott Shumaker, 27, Waukee, IA	1:30:20	1:32:20	7:16
306	10 JrM	Peter Detar, 14, Kelley, IA	1:30:24	1:32:02	7:16
307	1 M60	David Schulte, 62, Granger, IA	1:30:25	1:30:44	7:16
308	58 M30	Matthew Struecker, 30, Knoxville, IA	1:30:25	1:31:29	7:16
309	26 M17	Charlie Patterson, 17, Ankeny, IA	1:30:30	1:30:42	7:17
310	37 M35	Eric Anderson, 36, Webster City, IA	1:30:33	1:31:19	7:17
311	43 M40	Curt Jahde, 42, Anita, IA	1:30:33	1:30:37	7:17
312	44 M40	Tim Lundberg, 40, Urbandale, IA	1:30:34	1:30:39	7:17
313	45 M40	Kris Klinger, 43, Des Moines, IA	1:30:34	1:30:36	7:17
314	24 M45	Steve Sikkink, 48, Des Moines, IA	1:30:35	1:31:05	7:17
315	60 M25	Zach Cloe, 26, Cedar Rapids, IA	1:30:35	1:31:14	7:17
316	11 M50	Chuck Korte, 54, West Des Moines, IA	1:30:37	1:30:50	7:17
317	41 M20	Todd Lantz, 24, Urbandale, IA	1:30:42	1:31:30	7:18
318	38 M35	Rich Bundy, 38, Ames, IA	1:30:43	1:31:31	7:18

319	46 M40	Tad Savage, 42, Fenton, MO	1:30:43	1:30:55	7:18
320	59 M30	Ryan Brown, 34, Ankeny, IA	1:30:49	1:31:26	7:18
321	61 M25	Cory Grant, 29, Ankeny, IA	1:30:50	1:31:02	7:18
322	39 M35	Jay Mathewson, 37, Sergeant Bluff, IA	1:30:52	1:33:29	7:19
323	60 M30	Clayton Stephens, 32, Swisher, IA	1:30:53	1:33:54	7:19
324	47 M40	Lee Hill, 40, Des Moines, IA	1:30:53	1:32:31	7:19
325	61 M30	Benjamin Van Zante, 32, Pella, IA	1:30:56	1:31:10	7:19
326	5 M55	Michael Tometich, 57, Mt Pleasant, IA	1:30:56	1:31:06	7:19
327	27 M17	Ben Jacobs, 19, Three Rivers, MI	1:30:57	1:33:23	7:19
328	62 M30	Jason Shallenberger, 31, Des Moines, IA	1:30:58	1:35:56	7:19
329	25 M45	Dale Knoshaug, 47, Des Moines, IA	1:31:02	1:31:09	7:19
330	63 M30	Adam Frederick, 30, Ankeny, IA	1:31:06	1:31:44	7:20
331	28 M17	Jake Lukenbill, 17, Polk City, IA	1:31:07	1:31:15	7:20
332	64 M30	Scott Koch, 31, West Des Moines, IA	1:31:12	1:31:35	7:20
333	62 M25	Matthew Niemann, 25, Elkhart, IA	1:31:14	1:34:35	7:20
334	63 M25	Michael Gentosi, 29, Earlham, IA	1:31:16	1:31:16	7:21
335	26 M45	Gary Boesenberg, 49, Cedar Rapids, IA	1:31:16	1:31:43	7:21
39	7 W35	Carrie Krohn, 36*, Orange City, IA	1:31:16	1:31:34	7:21
40	8 W30	Janelle Heusinger, 30*, West Des Moines, IA			
			1:31:16	1:31:27	7:21
336	64 M25	Matt Willis, 27, Waukee, IA	1:31:16	1:32:41	7:21
337	65 M25	Daniel Byrnes, 25, Dexter, IA	1:31:16	1:32:19	7:21
338	40 M35	Matthew Deweerdt, 37, West Des Moines, IA	1:31:17	1:31:25	7:21
41	8 W35	Kaiti Muelhaupt, 37*, Des Moines, IA	1:31:17	1:31:31	7:21
339	6 M55	Michael Hoffman, 55, West Des Moines, IA	1:31:20	1:31:26	7:21
340	48 M40	Russell Erwin, 44, Urbandale, IA	1:31:22	1:33:01	7:21
341	41 M35	Tim Roetman, 36, Johnston, IA	1:31:23	1:31:47	7:21
42	7 W25	Amanda Ives, 28*, Pleasant Hill, IA	1:31:23	1:31:36	7:21
342	42 M20	Dustin Essex, 21, Des Moines, IA	1:31:24	1:31:26	7:21
343	7 M55	Peter Percival, 55, Des Moines, IA	1:31:24	1:31:34	7:21
344	29 M17	Garrett Ehlke, 17, St Ansgar, IA	1:31:26	1:33:13	7:21
345	42 M35	Michael Tomek, 39, Iowa City, IA	1:31:27	1:32:42	7:21
43	8 W25	Valorie Nortrup, 29*, Clutier, IA	1:31:28	1:37:23	7:22
346	65 M30	Wesley Cottier, 32, Boone, IA	1:31:29	1:31:31	7:22
347	12 M50	Tom Heuer, 51, Des Moines, IA	1:31:29	1:31:44	7:22
44	7 W20	Jessica Novelli, 24*, West Des Moines, IA	1:31:31	1:31:53	7:22
348	2 M60	Larry Ruggles, 60, Tijeras, NM	1:31:32	1:32:03	7:22
349	27 M45	David Fee, 46, Granger, IA	1:31:32	1:31:32	7:22
45	8 W20	Megan Barnes, 23*, Ames, IA	1:31:33	1:32:25	7:22
350	43 M35	Brett Christensen, 38, Clive, IA	1:31:35	1:31:44	7:22
46	2 W50	Tricia McClain, 52*, Altoona, IA	1:31:37	1:35:58	7:22
351	30 M17	Erik Wolter, 19, Van Horne, IA	1:31:38	1:31:46	7:22
352	11 JrM	Zachary Ahrenholtz, 16, Slater, IA	1:31:39	1:31:46	7:22
353	44 M35	Paxton Bennett, 35, Des Moines,, Ia	1:31:44	1:31:53	7:23
47	9 W25	Katrina Fowler, 27*, Des Moines, IA	1:31:48	1:32:06	7:23
354	43 M20	Garret Reddish, 22, Iowa City, IA	1:31:49	1:32:43	7:23
355	8 M55	Gregory Chlebicki, 59, Des Moines, IA	1:31:51	1:32:16	7:23
356	13 M50	Allen Miller, 52, Ames, IA	1:31:51	1:32:10	7:23
357	49 M40	John Lajoie, 41, Ankeny, IA	1:31:51	1:32:17	7:23
358	12 JrM	Trevor Lund, 16, Johnston, IA	1:31:51	1:31:55	7:23
359	50 M40	David Reid, 42, Fairfax, IA	1:31:51	1:31:54	7:23
48	9 W35	Pam Carlson, 36*, Hudson, WI	1:31:52	1:32:13	7:23
360	51 M40	Steve Andreasen, 42, Sioux City, IA	1:31:55	1:32:08	7:24
361	31 M17	Andrew Bridgewater, 18, Van Horne, IA	1:31:56	1:32:05	7:24
49	10 W25	Rachel Parker, 25*, Indianola, IA	1:31:57	1:32:40	7:24
362	45 M35	Brian Krueger, 38, Urbandale, IA	1:31:57	1:32:21	7:24
363	28 M45	Jeff Perry, 48, Bondurant, IA	1:31:58	1:32:02	7:24
364	14 M50	Ron Hankins, 51, Polk City, IA	1:32:00	1:32:12	7:24
365	66 M30	David Hauck, 32, Carver, MN	1:32:02	1:32:32	7:24
366	46 M35	Doug McKinstry, 38, Polk City, IA	1:32:02	1:32:33	7:24
367	67 M30	Ryan Campbell, 34, Davenport, IA	1:32:06	1:33:24	7:25
368	32 M17	Leo Bird, 18, Gilbert, IA	1:32:07	1:33:27	7:25
369	13 JrM	Mason Powers, 14, Webster City, IA	1:32:08	1:32:08	7:25
50	10 W35	Stacy Darr, 37*, Indianola, IA	1:32:08	1:32:34	7:25
370	29 M45	Tracy Robertson, 48, Atlantic, IA	1:32:09	1:32:50	7:25

371	14	JrM	Cameron Pearson, 16, Johnston, IA	1:32:09	1:32:34	7:25
372	44	M20	Jonathan Erdahl, 20, Ankeny, IA	1:32:10	1:32:13	7:25
51	11	W25	Laurie Grieme, 26*, West Des Moines, IA	1:32:10	1:32:39	7:25
373	47	M35	Chad Besch, 35, Algona, IA	1:32:12	1:32:47	7:25
374	15	M50	Pete Sandler, 54, West Des Moines, IA	1:32:12	1:32:20	7:25
375	48	M35	Tom Moody, 39, Cedar Falls, IA	1:32:15	1:33:08	7:25
376	52	M40	Frank Zemanek, 44, Pella, IA	1:32:15	1:32:45	7:25
377	45	M20	Spencer Coulter, 20, Beaman, IA	1:32:15	1:33:03	7:25
378	66	M25	Matthew Skeens, 27, Des Moines, IA	1:32:17	1:32:27	7:25
379	49	M35	Michael Fraizer, 38, West Des Moines, IA	1:32:21	1:34:09	7:26
380	68	M30	Greg Herrold, 30, Urbandale, IA	1:32:23	1:32:47	7:26
381	53	M40	Patrick Dunn, 42, Norwalk, IA	1:32:24	1:32:35	7:26
382	50	M35	Russ Flug, 35, Waukee, IA	1:32:24	1:34:11	7:26
383	67	M25	Ryan Glick, 27, Clive, IA	1:32:24	1:32:35	7:26
52	11	W35	Lori Knights, 36*, Polk City, IA	1:32:25	1:32:37	7:26
384	30	M45	Calvin Wolter, 49, Van Horne, IA	1:32:27	1:32:35	7:26
385	31	M45	Michael Miller, 48, Norwalk, IA	1:32:29	1:33:04	7:26
386	32	M45	Chris Zinselmeier, 47, Grimes, IA	1:32:31	1:33:02	7:27
53	12	W25	Jennifer Samuels, 25*, West Des Moines, IA	1:32:32	1:32:55	7:27
387	69	M30	Ryan Nesbit, 34, Ankeny, IA	1:32:33	1:33:29	7:27
388	33	M17	Sam Goodman, 17, Whitten, IA	1:32:34	1:33:21	7:27
389	51	M35	Tom Hanley, 39, Ankeny, IA	1:32:36	1:32:48	7:27
390	9	M55	Mike Finkner, 59, Kearney, NE	1:32:36	1:34:00	7:27
391	52	M35	Brad Loftus, 37, Ankeny, IA	1:32:36	1:32:45	7:27
392	70	M30	James Sheldon, 31, Minnetonka, MN	1:32:37	1:33:13	7:27
393	34	M17	Shane Mitoraj, 18, Mokena, IL	1:32:39	1:32:42	7:27
394	71	M30	Jim Parker, 34, West Des Moines, IA	1:32:40	1:32:50	7:27
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405	73	M30	Matt Cobb, 32, Salina, KS	1:32:56	1:33:06	7:29
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570	50	M45	Dave Heintz, 46, Loveland, CO	1:36:49	1:38:01	7:47
571	96	M25	Evan Pike, 28, Omaha, NE	1:36:50	1:37:28	7:47
572	80	M35	Jeff Dirkx, 38, Le Mars, IA	1:36:51	1:37:46	7:48
101	28	W25	Erin Olson, 25*, Waukee, IA	1:36:51	1:38:16	7:48
573	97	M25	Patrick Cole, 27, West Des Moines, IA	1:36:51	1:37:24	7:48
574	97	M30	Robert Boyer, 32, Ames, IA	1:36:56	1:40:45	7:48
102	29	W25	Amber Bonnstetter, 29*, Fort Dodge, IA	1:36:56	1:38:33	7:48
575	98	M25	Michael Crouse, 29, Ankeny, IA	1:36:56	1:40:45	7:48

103	1	W55	Nancy Hoegh, 56*, Clive, IA	1:36:58	1:37:18	7:48
576	25	JrM	Mark Schneider, 16, West Des Moines, IA	1:36:59	1:38:15	7:48
577	45	M17	Mark Graeve, 19, Ankeny, IA	1:36:59	1:38:39	7:48
578	51	M45	Rob Hentzen, 48, West Des Moines, IA	1:36:59	1:37:38	7:48
579	76	M40	Jason Soliday, 41, West Des Moines, IA	1:37:00	1:37:21	7:48
580	81	M35	Dennis Lavrov, 39, Ames, IA	1:37:01	1:37:36	7:48
581	52	M45	John Ross, 47, Ottumwa, IA	1:37:01	1:38:15	7:48
582	98	M30	Ryan Johnson, 31, West Des Moines, IA	1:37:04	1:37:32	7:49
583	99	M30	Thomas McGinnis, 33, Shenandoah, IA	1:37:04	1:39:33	7:49
584	53	M45	Kirk Cox, 47, Des Moines, IA	1:37:05	1:37:44	7:49
104	19	W30	Rita Weaver, 32*, Ankeny, IA	1:37:06	1:41:48	7:49
585	77	M40	Greg Schenck, 43, Waukee, IA	1:37:07	1:37:22	7:49
586	82	M35	David Hardisty, 36, Panora, IA	1:37:07	1:37:26	7:49
587	78	M40	Rick Glowacki, 40, Des Moines, IA	1:37:08	1:40:12	7:49
588	83	M35	Bill Finnegan, 36, West Des Moines, IA	1:37:08	1:37:52	7:49
589	79	M40	Steven Johnson, 42, Waukee, IA	1:37:09	1:37:39	7:49
590	99	M25	Nathan Collett, 28, Ankeny, IA	1:37:09	1:39:27	7:49
591	54	M45	Jay Fisher, 45, Pleasant Hill, IA	1:37:09	1:37:31	7:49
592	18	M55	Jerry Murphy, 55, Ankeny, IA	1:37:10	1:37:19	7:49
593	100	M25	Jared Krutsinger, 25, Ames, IA	1:37:12	1:37:19	7:49
594	84	M35	Tim Bartleman, 36, Polk City, IA	1:37:14	1:38:41	7:49
595	55	M45	Brian Wegener, 48, Fort Dodge, IA	1:37:14	1:39:13	7:49
596	80	M40	Rick Dennis, 40, Des Moines, IA	1:37:17	1:38:34	7:50
597	61	M20	Sam Erdahl, 21, Ankeny, IA	1:37:17	1:37:20	7:50
598	28	M50	Mark Miller, 54, West Des Moines, IA	1:37:18	1:37:57	7:50
599	62	M20	Wade Haworth, 22, Duluth, MN	1:37:19	1:40:35	7:50
600	4	M60	Jim Buhman, 62, Bettendorf, IA	1:37:19	1:37:55	7:50
105	2	JrW	Allison Roth, 15*, Yutan, NE	1:37:19	1:39:23	7:50
601	100	M30	Matthew Wilson, 34, Clive, IA	1:37:20	1:37:36	7:50
602	101	M25	Jordan Rixen, 26, Iowa City, IA	1:37:20	1:38:10	7:50
106	20	W30	Kayla Block, 33*, Urbandale, IA	1:37:20	1:37:41	7:50
603	85	M35	Brent Monson, 39, Des Moines, IA	1:37:21	1:40:05	7:50
604	101	M30	Brian Peck, 32, Cedar Rapids, IA	1:37:21	1:38:05	7:50
605	102	M30	Chris Nims, 32, Robins, IA	1:37:23	1:39:13	7:50
606	63	M20	Tim Flattery, 23, Owatonna, MN	1:37:24	1:38:13	7:50
607	102	M25	Richard Schroeder, 28, Des Moines, IA	1:37:24	1:38:03	7:50
107	13	W20	Lizzy Walter, 23*, West Des Moines, IA	1:37:25	1:37:40	7:50
608	81	M40	Steve Harms, 43, West Des Moines, IA	1:37:26	1:37:50	7:50
609	103	M30	Nathaniel Gasperi, 31, Coralville, IA	1:37:26	1:38:18	7:50
610	82	M40	Michael Gaspari, 42, Clive, IA	1:37:27	1:38:19	7:50
611	83	M40	Don Robinson, 40, Ankeny, IA	1:37:27	1:37:45	7:50
612	103	M25	Glen Fuhrmeister, 28, Iowa City, IA	1:37:29	1:41:53	7:51
613	104	M25	Jack Johnson, 28, West Des Moines, IA	1:37:30	1:38:13	7:51
614	105	M25	Clint Stiles, 29, Grimes, IA	1:37:30	1:39:05	7:51
615	86	M35	Myron Peto, 38, Ames, IA	1:37:31	1:37:34	7:51
616	106	M25	Scott German, 25, West Des Moines, IA	1:37:32	1:38:50	7:51
617	84	M40	Leon Regehr, 42, Clarinda, IA	1:37:32	1:38:22	7:51
618	104	M30	Jake Reed, 31, West Des Moines, IA	1:37:33	1:37:50	7:51
108	13	W40	Ruth Regehr, 43*, Clarinda, IA	1:37:33	1:38:22	7:51
619	87	M35	Matt Clausen, 36, Urbandale, IA	1:37:33	1:38:10	7:51
620	105	M30	Jason Franzen, 31, Johnston, IA	1:37:35	1:38:06	7:51
621	107	M25	James Hall, 27, Lucas, IA	1:37:35	1:38:37	7:51
622	88	M35	Matthew Goodman, 36, Ames, IA	1:37:36	1:42:01	7:51
623	108	M25	Nathaniel Tagtow, 27, Des Moines, IA	1:37:37	1:38:50	7:51
624	106	M30	Rob Semelroth, 34, Des Moines, IA	1:37:37	1:39:55	7:51
109	30	W25	Sara Harris, 27*, Omaha, NE	1:37:38	1:38:24	7:51
110	4	W17	Katelyn Price, 17*, Iowa Falls, IA	1:37:39	1:38:12	7:51
625	89	M35	Cj Lage, 35, Des Moines, IA	1:37:39	1:37:53	7:51
626	85	M40	Perry Pastir, 43, Corcoran, MN	1:37:40	1:37:47	7:51
627	90	M35	Kevin Boyle, 39, Winterset, IA	1:37:41	1:38:31	7:52
628	109	M25	Adam Craig, 29, Lincoln, NE	1:37:41	1:38:25	7:52
111	31	W25	Lacey Corcoran, 28*, Des Moines, IA	1:37:42	1:38:34	7:52
629	56	M45	Troy Price, 46, Parkersburg, IA	1:37:42	1:38:16	7:52
630	86	M40	John Peters, 44, Cedar Rapids, IA	1:37:43	1:45:26	7:52
631	91	M35	Douglas Ripley, 37, Ankeny, IA	1:37:44	1:38:48	7:52

632	107	M30	Mike Larson, 31, Des Moines, IA	1:37:44	1:39:14	7:52
112	14	W40	Tami Prescott, 42*, Urbandale, IA	1:37:46	1:38:45	7:52
633	64	M20	Clarke Butler, 20, Manchester, IA	1:37:48	1:42:09	7:52
634	92	M35	Aaron Bewyer, 35, Urbandale, IA	1:37:48	1:39:23	7:52
635	110	M25	Alexander Barrans, 25, Des Moines, IA	1:37:49	1:41:03	7:52
113	14	W20	Tracy Hartwig, 24*, Storm Lake, IA	1:37:49	1:39:06	7:52
636	65	M20	Steve Canady, 24, West Des Moines, IA	1:37:50	1:39:31	7:52
637	57	M45	Rick John, 46, Ankeny, IA	1:37:50	1:38:33	7:52
638	46	M17	Ethan Hartman, 19, Ankeny, IA	1:37:50	1:38:41	7:52
639	19	M55	Fred Kreykes, 58, Pella, IA	1:37:50	1:41:23	7:52
114	32	W25	Lindsey Nye, 25*, West Des Moines, IA	1:37:50	1:39:16	7:52
640	87	M40	Barry Thomas, 40, Ames, IA	1:37:50	1:38:24	7:52
641	88	M40	Patrick Mattingly, 40, Johnston, IA	1:37:51	1:40:31	7:52
642	66	M20	Nicholas Bruns, 23, Bettendorf, IA	1:37:52	1:38:11	7:52
643	58	M45	Bob Kohls, 45, Des Moines, IA	1:37:53	1:44:08	7:52
644	93	M35	Rick Berg, 37, Ankeny, IA	1:37:54	1:40:55	7:53
645	59	M45	Jeff Feder, 48, Norwalk, IA	1:37:55	1:38:01	7:53
646	94	M35	Jon Dreibelbis, 39, Des Moines, IA	1:37:55	1:44:08	7:53
647	95	M35	David Leevers, 38, Ankeny, IA	1:37:55	1:38:09	7:53
648	60	M45	Joe Dupre, 45, Pella, IA	1:37:55	1:39:58	7:53
649	111	M25	Kelly Beattie, 25, Ames, IA	1:37:56	1:45:44	7:53
650	96	M35	Bill Janssen, 39, Johnston, IA	1:37:56	1:37:56	7:53
651	61	M45	Scott Boever, 48, Urbandale, IA	1:37:56	1:42:21	7:53
652	89	M40	Shane McMahon, 42, Ankeny, IA	1:37:57	1:38:26	7:53
653	108	M30	Nate Tierney, 31, Otley, IA	1:37:57	1:38:08	7:53
115	18	W35	Melissa Bruhl, 37*, Ankeny, IA	1:37:57	1:38:08	7:53
654	97	M35	Brad Bruhl, 39, Ankeny, IA	1:37:58	1:38:08	7:53
655	5	M60	Bob Reid, 61, Urbandale, IA	1:38:01	1:38:20	7:53
656	112	M25	Scott Michels, 27, Bondurant, IA	1:38:01	1:40:34	7:53
657	62	M45	Aric Birchmier, 45, Ankeny, IA	1:38:01	1:39:27	7:53
658	98	M35	Mike Gardner, 39, Ankeny, IA	1:38:01	1:38:08	7:53
659	113	M25	Michael Hotze, 28, Council Bluffs, IA	1:38:02	1:38:36	7:53
116	33	W25	Kimberly Tjeerdsma, 29*, Sioux Center, IA	1:38:03	1:40:03	7:53
660	63	M45	Marcus Dunn, 45, Clive, IA	1:38:03	1:39:44	7:53
117	15	W20	Kimberly Cunningham, 23*, Des Moines, IA	1:38:05	1:38:34	7:53
118	21	W30	Leah Schneider, 30*, Cedar Rapids, IA	1:38:05	1:39:10	7:53
119	19	W35	Michelle Reitz, 36*, Omaha, NE	1:38:05	1:38:16	7:54
661	90	M40	Jim O'Halloran, 40, West Des Moines, IA	1:38:06	1:40:42	7:54
662	64	M45	Jeff Beal, 48, Albia, IA	1:38:07	1:40:28	7:54
663	99	M35	Todd Ratliff, 36, Albia, IA	1:38:07	1:40:29	7:54
120	16	W20	Emily Donohue, 20*, Blakesburg, IA	1:38:07	1:40:36	7:54
664	109	M30	Matt McDermott, 31, Des Moines, IA	1:38:07	1:38:27	7:54
121	17	W20	Tanna Harshbarger, 24*, West Des Moines, IA	1:38:08	1:38:41	7:54
665	110	M30	Jon Beeman, 32, Johnston, IA	1:38:08	1:40:42	7:54
122	22	W30	Tiffany Thompson, 34*, Logan, IA	1:38:09	1:38:29	7:54
666	67	M20	Eric Gratz, 23, West Des Moines, IA	1:38:10	1:38:30	7:54
667	111	M30	Jeremy Dunlavey, 34, Ankeny, IA	1:38:12	1:38:34	7:54
668	68	M20	Tyler Romine, 24, Norwalk, IA	1:38:14	1:43:30	7:54
669	114	M25	Mathew Mann, 27, Des Moines, IA	1:38:14	1:38:55	7:54
123	15	W40	Beth Palmer, 40*, Des Moines, IA	1:38:15	1:38:36	7:54
124	7	W45	Christine Moen, 49*, West Des Moines, IA	1:38:15	1:38:36	7:54
670	112	M30	Levi Chodur, 34, Des Moines, IA	1:38:15	1:38:31	7:54
671	29	M50	Clyde Lawler, 53, Marshalltown, IA	1:38:15	1:38:22	7:54
672	26	JrM	Brady Lawler, 16, Marshalltown, IA	1:38:16	1:38:22	7:54
673	91	M40	Tony Stafford, 40, Prairie City, IA	1:38:18	1:43:26	7:55
674	30	M50	Keith Gutschenritter, 50, West Des Moines, IA	1:38:18	1:38:59	7:55
675	47	M17	Ben Lortz, 19, Grimes, IA	1:38:19	1:38:36	7:55
676	69	M20	Justin Olk, 20, Polk City, IA	1:38:19	1:38:22	7:55
677	6	M60	Mike May, 62, Indianola, IA	1:38:21	1:39:24	7:55
678	92	M40	Phil Weber, 42, Norwalk, IA	1:38:24	1:38:40	7:55
125	18	W20	Meredith Esbeck, 24*, Des Moines, IA	1:38:25	1:38:38	7:55
679	93	M40	Wade Steward, 43, LeGrand, IA	1:38:26	1:38:48	7:55
680	113	M30	Max Cardenas, 30, Des Moines, IA	1:38:26	1:39:08	7:55

681	94	M40	Tony Oberman, 42, Waukee, IA	1:38:28	1:41:31	7:55
682	65	M45	David Schnoes, 49, West Des Moines, IA	1:38:30	1:38:30	7:56
683	66	M45	Jesus San Elias, 47, Des Moines, IA	1:38:32	1:39:50	7:56
684	70	M20	Peter McDermott, 20, Des Moines, IA	1:38:32	1:39:07	7:56
685	95	M40	Kent Bain, 43, West Des Moines, IA	1:38:35	1:40:33	7:56
126	34	W25	Rachel Parks, 27*, Des Moines, IA	1:38:35	1:38:42	7:56
686	67	M45	Terry Franz, 47, West Des Moines, IA	1:38:35	1:39:12	7:56
687	68	M45	Gerry Bustos, 49, East Moline, IL	1:38:35	1:38:50	7:56
688	96	M40	Alan Alberto, 44, Clive, IA	1:38:35	1:39:58	7:56
689	100	M35	Chad Matthaideess, 38, Eldridge, IA	1:38:36	1:40:48	7:56
690	114	M30	Michael Morain, 30, Des Moines, IA	1:38:37	1:43:03	7:56
127	20	W35	Natalie Hempy, 38*, North Liberty, IA	1:38:37	1:39:42	7:56
691	71	M20	Chad Kelley, 23, Pleasant Hill, IA	1:38:38	1:38:59	7:56
692	115	M30	Mike Clark, 30, Cedar Rapids, IA	1:38:38	1:41:54	7:56
693	48	M17	Ryan Honnold, 19, Ankeny, IA	1:38:38	1:39:00	7:56
694	69	M45	Loyed Hedges, 49, Des Moines, IA	1:38:38	1:39:10	7:56
695	97	M40	Kevin Barkema, 40, Conrad, IA	1:38:38	1:39:01	7:56
696	70	M45	Geoff Matthews, 46, Des Moines, IA	1:38:38	1:38:43	7:56
697	116	M30	Matthew Fettkether, 31, Cedar Rapids, IA	1:38:39	1:43:13	7:56
698	117	M30	Dan Hardeman, 30, Runnells, IA	1:38:39	1:42:04	7:56
699	72	M20	Dan Kinker, 21, Ames, IA	1:38:39	1:39:40	7:56
700	118	M30	Aaron Toye, 31, Eden Prairie, MN	1:38:40	1:39:03	7:56
701	101	M35	Thor Berg, 36, Austin, MN	1:38:40	1:40:12	7:56
128	35	W25	Andy Sage, 27*, Ankeny, IA	1:38:41	1:42:30	7:56
129	19	W20	Lindsey Meyer, 24*, Des Moines, IA	1:38:42	1:39:58	7:56
702	73	M20	Sam Schmidt, 20, Delmar, IA	1:38:44	1:45:38	7:57
703	1	M65	John Schneller, 65, West Des Moines, IA	1:38:45	1:39:02	7:57
130	5	W17	Chelsea Anderson, 19*, Kalona, IA	1:38:45	1:45:38	7:57
704	102	M35	Hans Pollard, 36, Boone, IA	1:38:46	1:39:03	7:57
705	103	M35	Doug Johnson, 39, Grimes, IA	1:38:51	1:39:08	7:57
706	71	M45	Bruce Johnson, 45, Osage, IA	1:38:51	1:39:08	7:57
707	104	M35	Doug Sprecher, 35, Ankeny, IA	1:38:51	1:39:21	7:57
708	74	M20	Jared Carter, 24, Iowa City, IA	1:38:54	1:44:56	7:57
709	72	M45	Al Bangston, 49, Cedar Falls, IA	1:38:55	1:39:43	7:58
131	8	W45	Kathy Larson, 45*, West Des Moines, IA	1:38:55	1:39:18	7:58
710	73	M45	Dave Elsenbast, 47, Ames, IA	1:38:56	1:41:25	7:58
711	75	M20	Blake Barnes, 21, Onalaska, WI	1:38:56	1:40:38	7:58
712	98	M40	Greg Grandgeorge, 44, Polk City, IA	1:38:56	1:39:48	7:58
713	74	M45	Danny Randall, 46, Osage, IA	1:38:57	1:45:16	7:58
714	115	M25	Daniel Johnson, 27, Iowa City, IA	1:38:58	1:41:01	7:58
715	105	M35	Jeff Hartz, 38, Runnells, IA	1:38:58	1:41:39	7:58
716	119	M30	Josh Warkentin, 32, Sioux Rapids, IA	1:38:59	1:43:08	7:58
717	116	M25	John Hackbarth, 26, Cedar Rapids, IA	1:38:59	1:43:04	7:58
718	117	M25	Will Schupp, 25, Des Moines, IA	1:39:00	1:45:34	7:58
719	99	M40	Tim Wittman, 44, Cedar Rapids, IA	1:39:00	1:41:30	7:58
720	106	M35	Ronnie Wiedman, 38, Grimes, IA	1:39:00	1:39:36	7:58
721	120	M30	Dan Buettner, 34, Des Moines, IA	1:39:02	1:40:14	7:58
722	27	JrM	Sawyer Flynn, 16, Huxley, IA	1:39:02	1:39:09	7:58
132	36	W25	Abbie Seba, 25*, Eden Prairie, MN	1:39:03	1:40:24	7:58
723	49	M17	Matthew Coffey, 19, Urbandale, IA	1:39:04	1:39:17	7:58
133	23	W30	Missy McConville, 30*, Des Moines, IA	1:39:07	1:40:20	7:58
724	31	M50	Jon Jochims, 51, Marshalltown, IA	1:39:08	1:40:01	7:59
134	20	W20	Rachel Echelbarger, 20*, Musactine, IA	1:39:09	1:43:21	7:59
725	32	M50	Tomas Rodriguez, 54, Cedar Falls, IA	1:39:10	1:39:17	7:59
726	100	M40	Jim Tesdahl, 43, Webster City, IA	1:39:10	1:40:55	7:59
727	75	M45	Gary Freese, 49, Johnston, IA	1:39:13	1:39:44	7:59
728	1	M70	David Zimmer, 70, Long Grove, IA	1:39:14	1:39:37	7:59
135	21	W35	Joey Hullinger, 38*, Leon, IA	1:39:14	1:42:12	7:59
729	121	M30	Stew Bevis, 34, Des Moines, IA	1:39:14	1:40:37	7:59
730	107	M35	Ron Zimmer, 36, Dewitt, IA	1:39:14	1:39:38	7:59
731	101	M40	Mark Rocarek, 44, Vinton, IA	1:39:15	1:39:19	7:59
136	16	W40	Lisa Hughes, 44*, Muscatine, IA	1:39:15	1:40:15	7:59
732	102	M40	Andy Yeast, 40, Johnston, IA	1:39:16	1:40:00	7:59
137	22	W35	Nikki Roetman, 35*, Johnston, IA	1:39:16	1:39:40	7:59
733	76	M20	Lee Dixon, 24, Kansas City, MO	1:39:18	1:39:57	7:59

138	37	W25	Katy Kass, 28*, New Virginia, IA	1:39:19	1:45:03	7:59
734	108	M35	Brent Rickabaugh, 37, West Des Moines, IA	1:39:19	1:39:42	7:59
735	122	M30	Darin Hendrix, 34, Ankeny, IA	1:39:20	1:39:58	8:00
736	123	M30	Wade Eldridge, 33, Clive, IA	1:39:21	1:40:07	8:00
737	109	M35	Todd Noah, 39, Urbandale, IA	1:39:22	1:41:50	8:00
738	7	M60	Richard Martin, 60, Ames, IA	1:39:24	1:39:26	8:00
739	28	JrM	Robby Clark, 15, Desoto, IA	1:39:24	1:41:18	8:00
740	20	M55	Chuck Clark, 58, Carroll, IA	1:39:24	1:39:33	8:00
741	103	M40	John Priester, 44, Des Moines, IA	1:39:24	1:39:58	8:00
139	5	W50	Nancy Willert, 52*, Nevada, IA	1:39:25	1:40:21	8:00
140	38	W25	Katie Illian, 29*, Omaha, NE	1:39:25	1:39:55	8:00
742	8	M60	Larry Olofson, 62, Boone, IA	1:39:25	1:39:30	8:00
743	104	M40	Jim Cunningham, 42, Johnston, IA	1:39:25	1:41:55	8:00
141	23	W35	Wendy Hanson, 36*, Urbandale, IA	1:39:25	1:40:02	8:00
744	124	M30	Matt Ross, 34, Ankeny, IA	1:39:26	1:40:38	8:00
745	125	M30	Jeremy Schwertfeger, 34, Iowa City, IA	1:39:26	1:39:28	8:00
746	118	M25	Jonathan Wiese, 26, Iowa City, IA	1:39:27	1:42:07	8:00
747	105	M40	Kraig Kirkpatrick, 40, West Des Moines, IA	1:39:27	1:42:31	8:00
748	33	M50	Tony Allison, 53, The Woodlands, TX	1:39:28	1:42:20	8:00
142	24	W30	Darla Davis, 32*, Carroll, IA	1:39:28	1:39:37	8:00
749	106	M40	Marty Hogan, 44, Sioux City, IA	1:39:28	1:42:05	8:00
143	9	W45	Kris Saggau, 49*, West Des Moines, IA	1:39:30	1:39:47	8:00
750	126	M30	Dan Bruns, 34, Ankeny, IA	1:39:30	1:39:30	8:00
751	107	M40	Matt Wright, 41, Huxley, IA	1:39:31	1:41:02	8:00
752	119	M25	Daniel Kemp, 27, Nevada, IA	1:39:32	1:40:23	8:00
753	110	M35	Carl Rogers, 38, Johnston, IA	1:39:32	1:40:43	8:00
754	77	M20	Steven Kemp, 24, Eldridge,, Ia	1:39:32	1:40:23	8:00
755	111	M35	Jeff Dighton, 37, Boone, IA	1:39:32	1:44:15	8:01
144	39	W25	Michelle Silver, 25*, Cedar Rapids, IA	1:39:33	1:43:39	8:01
756	112	M35	Steve Henry, 36, Cedar Rapids, IA	1:39:33	1:44:29	8:01
757	76	M45	David Nelson, 47, North Liberty, IA	1:39:33	1:39:46	8:01
145	6	W17	Anet Gingerich, 19*, Parnell, IA	1:39:33	1:40:03	8:01
758	50	M17	Matthew Gorter, 17, Sioux Center, IA	1:39:34	1:41:48	8:01
759	120	M25	Matthew Smith, 28, Des Moines, IA	1:39:35	1:40:10	8:01
146	24	W35	Dawn Heimer, 39*, Ankeny, IA	1:39:37	1:40:05	8:01
760	108	M40	Mark Kuennen, 41, Ankeny, IA	1:39:38	1:40:21	8:01
147	40	W25	Jessica Enns, 27*, Iowa City, IA	1:39:39	1:42:19	8:01
761	78	M20	Tony Cyr, 24, Iowa City, IA	1:39:39	1:42:20	8:01
762	109	M40	Bryan Brownsberger, 40, Ankeny, IA	1:39:40	1:39:49	8:01
763	79	M20	Kristian Day, 23, Des Moines, IA	1:39:42	1:40:35	8:01
764	77	M45	Kent Kelderman, 49, Ankeny, IA	1:39:44	1:39:51	8:01
765	21	M55	Michael Anthony, 58, Carlisle, IA	1:39:46	1:40:14	8:02
766	113	M35	Chad Hisler, 35, Webster City, IA	1:39:46	1:40:19	8:02
148	17	W40	Pam Noonan, 40*, West Des Moines, IA	1:39:48	1:42:20	8:02
767	110	M40	Brad Lenz, 41, Ames, IA	1:39:48	1:41:32	8:02
768	121	M25	Nick Greb, 27, Windsor Heights, IA	1:39:48	1:40:03	8:02
769	111	M40	Ed Lackore, 42, Polk City, IA	1:39:49	1:40:59	8:02
149	10	W45	Theresa Walter, 46*, Bettendorf, IA	1:39:49	1:46:59	8:02
770	80	M20	Shane Robinett, 21, Maxwell, IA	1:39:51	1:40:06	8:02
771	112	M40	Eric Hippler, 44, Urbandale, IA	1:39:52	1:40:30	8:02
772	114	M35	Phil Jessen, 38, Webster City, IA	1:39:52	1:40:55	8:02
773	127	M30	Jeremy Dyvig, 33, Waukee, IA	1:39:52	1:40:14	8:02
774	22	M55	Rick Hall, 56, Urbandale, IA	1:39:52	1:40:12	8:02
150	21	W20	Nikki Newbrough, 21*, Montour, IA	1:39:53	1:44:30	8:02
775	122	M25	Stephen Barnes, 25, Altoona, IA	1:39:53	1:41:35	8:02
776	113	M40	Matt Smith, 42, Ankeny, IA	1:39:54	1:41:07	8:02
777	51	M17	Jonathan Findlay, 18, Collins, IA	1:39:56	1:43:20	8:02
778	34	M50	Dave Jessen, 51, Bettendorf, IA	1:39:56	1:40:29	8:02
779	9	M60	Ronald Charles, 60, Newton, IA	1:39:57	1:42:17	8:03
780	35	M50	James Usgaard, 51, Urbandale, IA	1:39:57	1:41:23	8:03
781	36	M50	John Loin, 52, Fairfield,, Ia	1:39:58	1:44:21	8:03
782	52	M17	Orion Deaton, 17, Des Moines, IA	1:39:58	1:40:08	8:03
151	25	W35	Diane Iversen, 38*, Ankeny, IA	1:39:58	1:41:56	8:03
783	128	M30	Matt Hillis, 32, Clive, IA	1:39:59	1:40:36	8:03
152	25	W30	Shelly Catlett, 34*, Johnston, IA	1:40:00	1:41:14	8:03

153	18	W40	Brenda O'Hare, 41*, Ankeny, IA	1:40:00	1:40:47	8:03
154	26	W35	Stephanie Longnecker, 37*, Clive, IA	1:40:02	1:41:14	8:03
784	78	M45	Dave Endres, 46, West Des Moines, IA	1:40:02	1:41:14	8:03
785	37	M50	Bill Cooper, 52, Marion, IA	1:40:02	1:40:49	8:03
155	41	W25	Carrie Tysdahl, 27*, Kansas City, MO	1:40:02	1:40:49	8:03
786	79	M45	James Demmel, 48, Marshalltown, IA	1:40:03	1:40:11	8:03
787	80	M45	Kevin Moreland, 47, West Des Moines, IA	1:40:03	1:40:51	8:03
788	81	M45	Gil Gullickson, 47, West Des Moines, IA	1:40:05	1:44:58	8:03
156	27	W35	Heather Douglas, 35*, Charles City, IA	1:40:05	1:41:01	8:03
157	28	W35	Allison Buell, 39*, Whiting, IN	1:40:05	1:41:29	8:03
789	10	M60	Marek Jarecki, 61, Ames, IA	1:40:05	1:42:11	8:03
790	81	M20	Darren Hasegawa, 24, Urbandale, IA	1:40:05	1:40:41	8:03
791	53	M17	Dan Barksdale, 18, Elkhart, IA	1:40:06	1:42:04	8:03
792	29	JrM	Ben Anderson, 14, Clive, IA	1:40:07	1:40:28	8:03
793	82	M45	James Debartolo, 46, Des Moines, IA	1:40:08	1:41:29	8:03
794	115	M35	Tim Somers, 39, Ankeny, IA	1:40:09	1:40:35	8:03
795	123	M25	John Haman, 25, Coralville, IA	1:40:09	1:46:12	8:03
796	83	M45	Brian Craig, 46, Armstrong, IA	1:40:09	1:45:45	8:03
797	116	M35	Todd Kibsgaard, 38, Marion, IA	1:40:10	1:41:48	8:04
158	29	W35	Pam Banyas, 36*, Ankeny, IA	1:40:10	1:40:30	8:04
798	129	M30	Mike Conner, 30, Grinnell, IA	1:40:11	1:40:28	8:04
799	117	M35	Craig Johnson, 39, Bondurant, IA	1:40:11	1:41:01	8:04
800	130	M30	Ryan Vickerman, 31, Pella, IA	1:40:12	1:40:18	8:04
159	26	W30	Mandy Russell, 33*, Johnston, IA	1:40:12	1:41:29	8:04
801	131	M30	Robert Harris, 30, Omaha, NE	1:40:12	1:40:22	8:04
160	27	W30	Angie Veenstra, 33*, Urbandale, IA	1:40:13	1:44:27	8:04
802	132	M30	Tyler Adams, 30, Ankeny, IA	1:40:13	1:41:05	8:04
803	118	M35	Jason Hennessey, 35, Des Moines, IA	1:40:13	1:40:17	8:04
161	19	W40	Beth Schweizer, 43*, Urbandale, IA	1:40:14	1:41:13	8:04
162	28	W30	Annette Schlee, 31*, Ankeny, IA	1:40:14	1:40:38	8:04
804	133	M30	Tom Duffy, 30, West Des Moines, IA	1:40:15	1:42:31	8:04
163	6	W50	Lisa Simonetta, 50*, Des Moines, IA	1:40:16	1:44:15	8:04
805	84	M45	Kurtis Jensen, 48, Marshalltown, IA	1:40:16	1:40:58	8:04
806	119	M35	Roger Selesky, 39, Ankeny, IA	1:40:17	1:40:34	8:04
807	134	M30	Joel Jackson, 30, West Des Moines, IA	1:40:20	1:42:02	8:04
164	42	W25	Julie Hardin, 27*, Windsor Heights, IA	1:40:20	1:42:32	8:04
808	54	M17	Aaron Schmidt, 19, Mt Vernon, IA	1:40:20	1:45:45	8:04
809	85	M45	Brian Culich, 46, Des Moines, IA	1:40:20	1:40:47	8:04
810	82	M20	Brian Riley, 24, West Des Moines, IA	1:40:21	1:42:02	8:04
811	135	M30	Clint Nelsen, 34, Grimes, IA	1:40:22	1:41:01	8:05
812	114	M40	Rod Hanus, 44, Webster City, IA	1:40:25	1:42:07	8:05
813	83	M20	Greg Bell, 22, Latimer, IA	1:40:25	1:45:49	8:05
814	136	M30	Benjamin Nunnikhoven, 30, Pella, IA	1:40:26	1:44:49	8:05
815	115	M40	Barney Olson, 42, Iowa City, IA	1:40:26	1:40:32	8:05
816	120	M35	Roshan Pradhan, 36, West Des Moines, IA	1:40:27	1:43:56	8:05
817	38	M50	Thomas Venner, 51, Boone, IA	1:40:27	1:42:13	8:05
165	43	W25	Michelle Stoffel, 27*, Johnston, IA	1:40:27	1:40:40	8:05
166	44	W25	Stephanie Gray, 26*, Ankeny, IA	1:40:28	1:41:00	8:05
818	116	M40	John Wahlert, 44, Urbandale, IA	1:40:28	1:40:41	8:05
819	124	M25	Zach Klaassen, 29, Harlan, IA	1:40:29	1:41:34	8:05
820	125	M25	Nathan Linderman, 29, Des Moines, IA	1:40:30	1:41:01	8:05
821	121	M35	Ron Bily, 37, Indianola, IA	1:40:31	1:41:33	8:05
822	122	M35	Perry Xu, 38, Clive, IA	1:40:32	1:40:50	8:05
823	86	M45	Christopher Delaney, 49, Ames, IA	1:40:32	1:42:13	8:05
167	29	W30	Lori Merritt, 32*, Grand Island, NE	1:40:32	1:41:03	8:05
168	22	W20	Michelle Nys, 21*, Iowa City, IA	1:40:33	1:42:37	8:05
824	84	M20	Robert Meade, 22, Council Bluffs, IA	1:40:34	1:48:04	8:05
169	30	W30	Kelsi Huseman, 33*, Clarinda, IA	1:40:35	1:41:23	8:06
825	123	M35	Tracy Draeger, 37, Johnston, IA	1:40:36	1:41:33	8:06
170	11	W45	Daphne Bix, 45*, Coin, IA	1:40:37	1:41:19	8:06
826	117	M40	Bryan Nepl, 43, West Des Moines, IA	1:40:38	1:41:47	8:06
827	118	M40	Alan Corey, 40, Ankeny, IA	1:40:39	1:41:16	8:06
828	87	M45	James Bice, 45, Norwalk, IA	1:40:40	1:41:53	8:06
829	39	M50	Greg Madison, 54, Ankeny, IA	1:40:41	1:41:02	8:06
830	119	M40	Burt Porter, 44, Ankeny, IA	1:40:41	1:41:32	8:06

171	30	W35	Dorothy Bantz, 35*, Winthrop, IA	1:40:42	1:47:17	8:06
831	30	JrM	Nathaniel Holte, 15, Kirksville, MO	1:40:42	1:43:59	8:06
832	124	M35	Kevin Waddle, 35, Kirksville, MO	1:40:42	1:43:59	8:06
172	20	W40	Nancy Van Hemert, 42*, Muscatine, IA	1:40:44	1:42:11	8:06
833	126	M25	Marcus Wilcke, 28, Ankeny, IA	1:40:44	1:42:09	8:06
173	23	W20	Mila Orourke, 21*, Fort Dodge, IA	1:40:44	1:42:22	8:06
834	127	M25	Trent Drake, 28, Urbandale, IA	1:40:44	1:41:18	8:06
174	31	W35	Melanie Larson, 35*, Gowrie, IA	1:40:45	1:40:49	8:06
175	31	W30	Shannon Renze, 33*, Grinnell, IA	1:40:46	1:44:01	8:06
835	40	M50	Mark Probst, 53, Urbandale, IA	1:40:47	1:40:55	8:07
176	32	W30	Amy McLaren, 34*, Griswold, IA	1:40:49	1:41:57	8:07
836	125	M35	David Ness, 38, Johnston, IA	1:40:49	1:41:23	8:07
837	41	M50	Hank Manning, 53, Des Moines, IA	1:40:50	1:41:19	8:07
838	120	M40	Chris Foster, 40, Cedar Rapids, IA	1:40:50	1:41:20	8:07
839	23	M55	James Wille, 58, Clive, IA	1:40:50	1:43:15	8:07
840	128	M25	Justin Drake, 28, Ames, IA	1:40:51	1:41:12	8:07
841	88	M45	Rob Niess, 45, Osage, IA	1:40:51	1:43:58	8:07
177	12	W45	Leah Tokheim, 45*, Johnston, IA	1:40:52	1:41:26	8:07
178	33	W30	Heather Garcia, 30*, Naperville, IL	1:40:52	1:42:56	8:07
179	34	W30	Lindsay Wade, 33*, Weldon, IA	1:40:52	1:40:59	8:07
842	126	M35	Robert Fenn, 39, High Point, NC	1:40:53	1:42:12	8:07
180	35	W30	Macenzie Rubin, 31*, Ankeny, IA	1:40:54	1:41:09	8:07
843	31	JrM	Christopher McIntyre, 16, Des Moines, IA	1:40:55	1:42:37	8:07
181	32	W35	Kori Cusick, 39*, North Liberty, IA	1:40:56	1:42:01	8:07
844	127	M35	Mark Staudt, 38, Grimes, IA	1:40:56	1:40:56	8:07
182	24	W20	Ashley Hamann, 20*, Ames, IA	1:40:57	1:42:11	8:07
845	85	M20	Robert Main, 21, Des Moines, IA	1:40:57	1:45:10	8:07
846	137	M30	Jason Willis, 30, Waukee, IA	1:40:57	1:42:22	8:07
183	13	W45	Amy Montgomery, 45*, Pleasant Hill, IA	1:40:58	1:42:30	8:07
847	129	M25	Caleb Brown, 28, Des Moines, IA	1:40:59	1:41:08	8:07
184	45	W25	Kathy McKay, 29*, Pleasant Hill, IA	1:40:59	1:47:58	8:07
848	128	M35	Jeremy Zmolek, 35, Urbandale, IA	1:40:59	1:45:35	8:07
849	86	M20	Drew Waggoner, 23, Coralville, IA	1:40:59	1:41:12	8:08
185	25	W20	Christy Roberts, 23*, Kansas City, MO	1:41:00	1:43:29	8:08
186	3	JrW	Katelyn Wojan, 16*, Parker, CO	1:41:00	1:41:15	8:08
850	138	M30	Derick Wilson, 32, Ankeny, IA	1:41:00	1:43:14	8:08
851	42	M50	Loras Kremer, 50, Cedar Rapids, IA	1:41:01	1:45:35	8:08
852	55	M17	Eric Stein, 17, Algona, IA	1:41:03	1:42:14	8:08
853	139	M30	Charlie Valentine, 30, Oskaloosa, IA	1:41:03	1:42:51	8:08
854	89	M45	Dennis Baldwin, 46, Waukee, IA	1:41:04	1:41:27	8:08
855	129	M35	Jay Fogarty, 38, Clive, IA	1:41:04	1:41:54	8:08
856	130	M35	Cory Shelton, 35, West Des Moines, IA	1:41:05	1:43:51	8:08
857	90	M45	Wesley Ellsworth, 49, Des Moines, IA	1:41:06	1:41:28	8:08
858	130	M25	Josh Burke, 29, Ankeny, IA	1:41:07	1:41:56	8:08
859	140	M30	Justin Schaack, 33, Urbandale, IA	1:41:07	1:45:24	8:08
860	131	M25	Vince Ries, 28, Urbandale, IA	1:41:07	1:41:07	8:08
861	121	M40	Bob Read, 44, Marion, IA	1:41:08	1:42:36	8:08
862	32	JrM	Sam Prentice, 16, Solon, IA	1:41:08	1:43:13	8:08
863	91	M45	Jim Polish, 49, Madrid, IA	1:41:09	1:42:35	8:08
864	132	M25	Zachary Marsh, 27, Inver Grove Hts, MN	1:41:10	1:45:24	8:08
865	122	M40	Jon Mireles, 42, West Des Moines, IA	1:41:15	1:41:46	8:09
866	133	M25	Jeff McElvania, 27, West Des Moines, IA	1:41:19	1:45:17	8:09
187	36	W30	Dawn Turner, 34*, West Des Moines, IA	1:41:19	1:42:00	8:09
188	46	W25	Jaime Maro, 25*, West Des Moines, IA	1:41:20	1:44:27	8:09
867	92	M45	Scott Thiel, 49, Boone, IA	1:41:20	1:41:45	8:09
868	134	M25	Adam Nusbaum, 25, State Center, IA	1:41:20	1:42:23	8:09
869	87	M20	Tom Davidson, 20, Clinton, IA	1:41:21	1:45:35	8:09
189	37	W30	Cynthia Moffitt, 33*, Indianola, IA	1:41:21	1:41:47	8:09
870	11	M60	Ed Schooley, 60, Waukee, IA	1:41:22	1:41:33	8:09
190	38	W30	Adri Huls, 32*, Urbandale, IA	1:41:23	1:43:51	8:09
191	26	W20	Rachel Smalley, 22*, Lacrosse, WI	1:41:23	1:45:33	8:09
871	123	M40	Jim Bryan, 43, Ankeny, IA	1:41:24	1:44:03	8:10
192	7	W17	Lauren Maze, 17*, Cedar Rapids, IA	1:41:25	1:45:19	8:10
872	135	M25	Matt Herring, 28, West Des Moines, IA	1:41:26	1:41:44	8:10
873	136	M25	Joseph Deluca, 26, Ankeny, IA	1:41:26	1:42:53	8:10

874	88	M20	Dan Berens, 23, Des Moines, IA	1:41:27	1:44:19	8:10
875	93	M45	Doug Fick, 47, Johnston, IA	1:41:27	1:42:18	8:10
876	137	M25	Brandon Morton, 27, Waukee, IA	1:41:28	1:41:41	8:10
193	47	W25	Tamara Loan, 28*, Cedar Rapids, IA	1:41:29	1:43:38	8:10
194	14	W45	Cheri Castor, 47*, Kansas City, MO	1:41:29	1:42:24	8:10
877	138	M25	Todd Pederson, 29, Ankeny, IA	1:41:30	1:41:56	8:10
878	131	M35	Jamie Weydert, 35, Iowa City, IA	1:41:34	1:46:40	8:10
879	139	M25	Stephen Poduska, 26, Naperville, IL	1:41:36	1:42:51	8:10
880	141	M30	Brody Harms, 33, Waukee, IA	1:41:37	1:45:58	8:11
881	132	M35	Donald Hurt, 35, West Des Moines, IA	1:41:38	1:47:42	8:11
195	39	W30	Laurel Darren, 32*, Moline, IL	1:41:38	1:41:45	8:11
196	15	W45	Brenda Tyler, 46*, Norwalk, IA	1:41:39	1:42:10	8:11
197	40	W30	Lisa Vetterlein, 34*, Des Moines, IA	1:41:39	1:45:00	8:11
882	142	M30	Brian Schutz, 31, Chicago, IL	1:41:40	1:42:32	8:11
883	94	M45	Jim Hagenbucher, 49, Clive, IA	1:41:40	1:42:39	8:11
884	95	M45	Allen Benson, 49, Ankeny, IA	1:41:41	1:42:10	8:11
885	140	M25	Field Mike, 25, Polk City, IA	1:41:42	1:47:58	8:11
198	33	W35	Theresa Nordstrom, 35*, Le Mars, IA	1:41:44	1:44:03	8:11
199	34	W35	Julie Dalbey, 36*, Urbandale, IA	1:41:44	1:42:07	8:11
200	41	W30	Stefanie Bovee, 30*, Ankeny, IA	1:41:46	1:44:22	8:11
886	143	M30	Laramie Sandquist, 30, Owatonna, MN	1:41:48	1:42:06	8:11
201	27	W20	Maria Johll, 23*, West Des Moines, IA	1:41:50	1:44:23	8:12
887	89	M20	Anders Dovre, 24, Polk City, IA	1:41:50	1:47:13	8:12
888	124	M40	Brian Benson, 41, West Des Moines, IA	1:41:51	1:42:29	8:12
889	141	M25	William Freese, 29, Ankeny, IA	1:41:52	1:42:22	8:12
890	96	M45	Doug Philip, 49, Des Moines, IA	1:41:53	1:42:10	8:12
891	12	M60	Roy Ney, 60, Des Moines, IA	1:41:53	1:42:14	8:12
202	35	W35	Michelle Madden, 35*, West Des Moines, IA	1:41:54	1:42:49	8:12
892	33	JrM	Aaron Tainter, 15, West Des Moines, IA	1:41:55	1:43:11	8:12
893	144	M30	Eli Beck, 31, Urbana, IA	1:41:56	1:43:02	8:12
894	90	M20	Tracy Nuss, 20, Ackley, IA	1:41:57	1:42:16	8:12
203	42	W30	Ana Nelson, 30*, Des Moines, IA	1:41:57	1:47:16	8:12
895	91	M20	Dane Whaley, 24, Chicago, IL	1:41:59	1:45:58	8:12
204	36	W35	Jennifer Caskey, 35*, Earlham, IA	1:41:59	1:43:24	8:12
205	48	W25	Dana Wallis, 27*, West Des Moines, IA	1:41:59	1:45:48	8:12
206	43	W30	Heidi Tesdahl, 33*, Webster City, IA	1:42:00	1:43:44	8:12
207	37	W35	Dawn Hayes, 37*, Waukee, IA	1:42:00	1:42:41	8:12
896	133	M35	David Basile, 37, West Des Moines, IA	1:42:01	1:42:46	8:12
208	49	W25	Megan Hauver, 25*, Des Moines, IA	1:42:02	1:43:22	8:13
209	28	W20	Joy Carroll, 21*, Carroll, IA	1:42:04	1:42:26	8:13
897	43	M50	Ted Sage, 53, Ames, IA	1:42:05	1:45:53	8:13
898	44	M50	Brian Lampe, 51, Johnston, IA	1:42:07	1:43:31	8:13
210	38	W35	Amy Justiniano, 37*, Ankeny, IA	1:42:07	1:43:25	8:13
899	13	M60	Art Barton, 60, Ames, IA	1:42:09	1:43:17	8:13
211	50	W25	Melissa Grandon, 28*, Waukee, IA	1:42:10	1:43:04	8:13
900	125	M40	Jeff Rodgers, 43, West Des Moines, IA	1:42:10	1:47:25	8:13
901	97	M45	Mark Brownell, 48, Ankeny, IA	1:42:10	1:43:21	8:13
902	142	M25	Jason Thrapp, 28, West Des Moines, IA	1:42:11	1:45:52	8:13
903	98	M45	Andy Roat, 47, Des Moines, IA	1:42:11	1:43:01	8:13
904	24	M55	Dennis Wheeler, 59, Urbandale, IA	1:42:11	1:42:30	8:13
905	14	M60	Dave Walker, 62, Kimberling City, MO	1:42:12	1:43:45	8:13
906	99	M45	Michael Cadden, 46, Eden Prairie, MN	1:42:12	1:43:15	8:13
212	7	W50	Vicki Bentley-Condit, 51*, Grinnell, IA	1:42:13	1:44:00	8:13
213	39	W35	Justin Hampton, 38*, Ames, IA	1:42:13	1:46:41	8:13
907	145	M30	Eric Wagner, 33, Urbandale, IA	1:42:13	1:43:42	8:13
908	146	M30	Anthony Gambaiana, 31, Mound, MN	1:42:13	1:45:23	8:13
909	92	M20	Brian Ruggle, 23, Iowa City, IA	1:42:14	1:44:34	8:14
910	134	M35	Justin Larson, 37, Minneapolis, MN	1:42:15	1:42:25	8:14
911	45	M50	Paul Ruggle, 54, Newton, IA	1:42:15	1:44:34	8:14
912	147	M30	Daniel Blondowski, 34, Johnston, IA	1:42:16	1:42:59	8:14
913	93	M20	Blake Wittrock, 24, Ankeny, IA	1:42:17	1:43:26	8:14
214	44	W30	Heather Every, 33*, Grimes, IA	1:42:17	1:44:18	8:14
215	40	W35	Laurie Baker, 36*, Waukee, IA	1:42:17	1:43:10	8:14
216	29	W20	Teresa Shiflett, 23*, Kansas City, MO	1:42:19	1:42:59	8:14
914	94	M20	Kyle Vollstedt, 24, Des Moines, IA	1:42:19	1:46:56	8:14

915	148	M30	Nick Varcoe, 30, Waukee, IA	1:42:19	1:42:57	8:14
916	46	M50	Jim Bell, 51, Cedar Rapids, IA	1:42:19	1:45:00	8:14
217	51	W25	Jacqueline Gunkel, 26*, Clive, IA	1:42:20	1:44:49	8:14
218	52	W25	Memory Eltjes, 29*, Urbandale, IA	1:42:22	1:46:17	8:14
917	100	M45	Larry Cole, 45, Grundy Center, IA	1:42:24	1:44:16	8:14
219	21	W40	Jana Trofimchuck, 40*, Coal City, IL	1:42:24	1:43:59	8:14
220	8	W50	Karen Thimmesch, 53*, Williamsburg, IA	1:42:24	1:43:49	8:14
221	22	W40	Heidi Kramer, 43*, Johnston, IA	1:42:25	1:44:02	8:14
918	95	M20	Mark Moore, 23, Des Moines, IA	1:42:25	1:47:03	8:14
919	34	JrM	Malachi Reed, 15, West Des Moines, IA	1:42:26	1:44:00	8:14
920	143	M25	Adam Montufar, 27, Chicago, IL	1:42:26	1:46:52	8:14
222	23	W40	Jean Johnson, 43*, Norwalk, IA	1:42:26	1:44:55	8:15
921	144	M25	Kevin Ablter, 29, Des Moines, IA	1:42:27	1:46:53	8:15
922	135	M35	David Jauron, 38, Grimes, IA	1:42:27	1:43:07	8:15
223	41	W35	Lori Foster, 39*, Webster City, IA	1:42:27	1:44:12	8:15
923	149	M30	Jon Olson, 31, Atlantic, IA	1:42:29	1:43:09	8:15
924	150	M30	Doug Prange, 30, Pella, IA	1:42:29	1:43:57	8:15
925	101	M45	Phuoc Le, 47, West Des Moines, IA	1:42:29	1:43:08	8:15
224	45	W30	Allison Rhymer, 34*, Des Moines, IA	1:42:30	1:44:05	8:15
225	46	W30	Betsy Adams, 30*, Ankeny, IA	1:42:31	1:43:21	8:15
226	30	W20	Sarah Van Winkle, 24*, Colorado Springs, CO	1:42:31	1:46:06	8:15
926	96	M20	Ryan Noe, 20, Ottumwa, IA	1:42:32	1:46:25	8:15
227	31	W20	Whitney Reno, 20*, Humeston, IA	1:42:32	1:46:25	8:15
927	136	M35	Greg Perkins, 38, Carroll, IA	1:42:32	1:48:24	8:15
928	145	M25	Brad Hopkins, 25, West Des Moines, IA	1:42:32	1:48:21	8:15
228	42	W35	Julie Perkins, 37*, Carroll, IA	1:42:33	1:48:24	8:15
229	16	W45	Rhonda Lockin, 46*, Clive, IA	1:42:33	1:42:43	8:15
929	25	M55	Rob Stetson, 55, Johnston, IA	1:42:34	1:43:16	8:15
930	151	M30	Daniel Heller, 32, Tama, IA	1:42:34	1:43:51	8:15
931	146	M25	Brent Allen, 28, Johnston, IA	1:42:36	1:43:05	8:15
932	126	M40	Adil Besic, 40, Urbandale, IA	1:42:36	1:45:33	8:15
933	147	M25	Luke Hannan, 29, Clive, IA	1:42:37	1:48:26	8:15
230	53	W25	Julie Long, 26*, West Des Moines, IA	1:42:38	1:44:09	8:15
934	152	M30	Corey Rekers, 31, Owatonna, MN	1:42:39	1:46:05	8:16
935	148	M25	Travis Dopheide, 27, Carroll, IA	1:42:39	1:47:07	8:16
936	127	M40	Timothy Bergan, 43, Atlantic, IA	1:42:39	1:43:48	8:16
231	32	W20	Taylor Kadlec, 23*, Omaha, NE	1:42:41	1:44:51	8:16
937	97	M20	Ben Schmidt, 21, Delmar, IA	1:42:41	1:49:34	8:16
938	47	M50	Michael Lee, 50, Ames, IA	1:42:42	1:43:10	8:16
939	128	M40	Charlie Neibergall, 44, Urbandale, IA	1:42:42	1:44:09	8:16
940	48	M50	Ron Byland, 51, Edina, MN	1:42:42	1:42:55	8:16
941	153	M30	Jason Lawry, 33, Waukee, IA	1:42:43	1:42:58	8:16
942	137	M35	Kevin Puk, 39, Johnston, IA	1:42:43	1:45:09	8:16
943	154	M30	Gabe Carlson, 31, Clive, IA	1:42:44	1:43:06	8:16
232	8	W17	Alexandra Schenck, 19*, Waukee, IA	1:42:45	1:42:59	8:16
233	33	W20	Rachel Mills, 24*, Pleasant Hill, IA	1:42:45	1:49:45	8:16
234	43	W35	Jennifer Imig, 35*, West Des Moines, IA	1:42:46	1:43:16	8:16
944	98	M20	Matt Yuska, 23, Van Meter, IA	1:42:46	1:45:29	8:16
945	155	M30	Tony Carroll, 30, Johnston, IA	1:42:46	1:46:55	8:16
235	34	W20	Amy Wetsch, 21*, Van Meter, IA	1:42:47	1:45:29	8:16
946	49	M50	Paul Brees, 51, Urbandale, IA	1:42:47	1:42:59	8:16
947	156	M30	Matthew Andres, 34, Ankeny, IA	1:42:48	1:49:33	8:16
236	24	W40	Beth Dessner, 44*, Wilton, IA	1:42:49	1:43:25	8:16
948	157	M30	Dan Noe, 32, Huxley, IA	1:42:50	1:43:44	8:16
949	50	M50	Paul Carlson, 52, Ankeny, IA	1:42:50	1:44:52	8:16
950	158	M30	John Walker, 31, West Des Moines, IA	1:42:50	1:44:04	8:16
951	138	M35	Troy Morris, 37, Altoona, IA	1:42:51	1:43:16	8:17
952	159	M30	Timothy Mulcahy, 33, Des Moines, IA	1:42:52	1:43:16	8:17
237	17	W45	Kathi Prien, 47*, West Des Moines, IA	1:42:52	1:43:15	8:17
238	35	W20	Lani Hefel, 24*, Des Moines, IA	1:42:53	1:44:16	8:17
239	54	W25	Allison Berns, 25*, Urbana, IA	1:42:54	1:45:11	8:17
953	35	JrM	Klay Rustad, 16, Grafton, IA	1:42:54	1:44:41	8:17
240	25	W40	Deedee Doherty, 41*, Johnston, IA	1:42:55	1:44:28	8:17
954	160	M30	Mark Holm, 33, Ankeny, IA	1:42:56	1:43:26	8:17

955	161	M30	Shawn Carlon, 33, Marshalltown, IA	1:42:57	1:46:28	8:17
241	55	W25	Jessica Lawson, 28*, West Des Moines, IA	1:42:57	1:44:00	8:17
956	51	M50	Brad Shipman, 54, Altoona, IA	1:42:58	1:44:49	8:17
242	18	W45	Laurie Galles, 45*, West Des Moines, IA	1:42:58	1:43:14	8:17
243	47	W30	Ana Santarriaga, 31*, West Des Moines, IA	1:42:59	1:44:33	8:17
244	26	W40	Jennifer Bernstein, 43*, Minneapolis, MN	1:42:59	1:48:02	8:17
957	162	M30	Dave Olson, 32, Humboldt, IA	1:42:59	1:44:28	8:17
958	102	M45	Michael Boyle, 48, Ankeny, IA	1:42:59	1:46:06	8:17
959	163	M30	Eric Jackson, 31, Des Moines, IA	1:43:00	1:43:15	8:17
960	149	M25	Danny Milligan, 27, Fort Dodge, IA	1:43:01	1:47:30	8:17
961	99	M20	Nathaniel Oster, 23, Ames, IA	1:43:03	1:47:29	8:17
245	48	W30	Brandy Hoffmeier, 31*, Cedar Rapids, IA	1:43:03	1:46:27	8:17
962	150	M25	Greg Murphy, 29, Clive, IA	1:43:04	1:43:35	8:18
963	129	M40	Stephen Garcia, 43, Ankeny, IA	1:43:05	1:48:05	8:18
964	103	M45	Steven Hilt, 48, Orange City, IA	1:43:05	1:46:56	8:18
246	19	W45	Connie Hoffman, 46*, Carroll, IA	1:43:05	1:44:07	8:18
965	104	M45	Kelly Simpson, 48, Jefferson, IA	1:43:05	1:44:45	8:18
966	52	M50	Kevin Moss, 52, Bondurant, IA	1:43:06	1:45:04	8:18
247	49	W30	Christi Wellman, 34*, West Burlington, IA	1:43:07	1:46:25	8:18
967	164	M30	David Hostetter, 31, Colfax, IA	1:43:07	1:46:53	8:18
968	165	M30	Mark Barglof, 30, Urbandale, IA	1:43:07	1:47:00	8:18
248	50	W30	Sarah Dvorak, 34*, Maxwell, IA	1:43:08	1:44:52	8:18
969	100	M20	Ryan Adam, 22, Iowa City, IA	1:43:09	1:45:01	8:18
970	166	M30	Jason Lauterbach, 33, Newton, IA	1:43:09	1:43:24	8:18
971	130	M40	Larry Sandhaas, 40, Milan, IL	1:43:11	1:47:29	8:18
972	151	M25	Kevin Walters, 28, Omaha, NE	1:43:11	1:48:35	8:18
973	105	M45	Randy Tabatt, 48, Little Falls, MN	1:43:11	1:44:34	8:18
974	15	M60	Richard Townsend, 60, Johnston, IA	1:43:11	1:47:28	8:18
249	36	W20	Heidi Palmer, 24*, Ankeny, IA	1:43:12	1:43:53	8:18
250	56	W25	Ashley Bogaards, 26*, Chicago, IL	1:43:12	1:43:46	8:18
251	57	W25	Andrea Meyer, 27*, West Des Moines, IA	1:43:13	1:47:41	8:18
975	152	M25	Cooper Hubbell, 25, Des Moines, IA	1:43:13	1:44:02	8:18
976	131	M40	Francisco Hernandez, 40, Ames, IA	1:43:13	1:47:05	8:18
977	153	M25	Paul Benjamin, 25, Cedar Rapids, IA	1:43:14	1:46:28	8:18
978	139	M35	James Pennington, 37, Des Moines, IA	1:43:14	1:47:26	8:18
252	44	W35	Tricia Steffen, 38*, Perry, IA	1:43:15	1:43:40	8:18
979	101	M20	Jesse Bro, 22, Waterloo, IA	1:43:16	1:47:42	8:18
980	140	M35	Greg Steffen, 38, Perry, IA	1:43:16	1:43:41	8:18
981	167	M30	Logan Forney, 31, Cedar Rapids, IA	1:43:17	1:44:53	8:19
253	51	W30	Ashley Schmiege, 34*, Muscatine, IA	1:43:18	1:43:54	8:19
254	58	W25	Candice Bark, 26*, Muscatine, IA	1:43:19	1:47:38	8:19
982	141	M35	Dave Hahn, 39, Iowa City, IA	1:43:19	1:44:54	8:19
983	102	M20	Jeff Craig, 23, Urbandale, IA	1:43:20	1:48:16	8:19
255	45	W35	Holly Skopec, 39*, West Okoboji, IA	1:43:20	1:45:07	8:19
256	37	W20	Megan Kelly, 23*, Ankeny, IA	1:43:20	1:45:45	8:19
257	38	W20	Molly Murphy, 20*, Dubuque, IA	1:43:20	1:43:51	8:19
984	154	M25	Aaron Herbst, 25, Dubuque, IA	1:43:21	1:43:51	8:19
985	155	M25	David Warner, 28, Eagan, MN	1:43:21	1:44:28	8:19
986	156	M25	Tyler Brady, 27, Johnston, IA	1:43:21	1:46:01	8:19
987	53	M50	John Meyer, 53, West Des Moines, IA	1:43:21	1:43:26	8:19
988	132	M40	Shawn Finney, 44, Waukee, IA	1:43:22	1:43:27	8:19
989	56	M17	Christian Albaugh, 17, Des Moines, IA	1:43:22	1:47:10	8:19
990	103	M20	Kale Halder, 24, West Des Moines, IA	1:43:23	1:43:34	8:19
991	157	M25	Shai Feingold, 25, Des Moines, IA	1:43:25	1:50:32	8:19
992	104	M20	Michael Huff, 20, Boone, IA	1:43:25	1:43:42	8:19
258	27	W40	Dawn Wynn, 40*, Urbandale, IA	1:43:26	1:46:34	8:19
993	158	M25	Chad Rinehart, 26, Monroe, IA	1:43:26	1:45:59	8:19
994	106	M45	Jeff Gust, 46, Clive, IA	1:43:27	1:46:00	8:19
995	133	M40	Jeff Lamoureux, 41, Jefferson, IA	1:43:27	1:47:31	8:19
996	107	M45	Kevin Dear, 49, Mason City, IA	1:43:28	1:44:43	8:19
997	134	M40	Dan Wignall, 44, Ankeny, IA	1:43:29	1:44:29	8:20
259	39	W20	Jenna Fischer, 22*, Cedar Rapids, IA	1:43:29	1:45:13	8:20
998	54	M50	Alan Farley, 50, Perry, IA	1:43:31	1:43:58	8:20
999	55	M50	Duane Rustad, 52, Grafton, IA	1:43:31	1:45:17	8:20
1000	142	M35	Laine Volden, 37, Cedar Rapids, IA	1:43:31	1:47:48	8:20

1001	143	M35	Adam Conn, 37, Urbandale, IA	1:43:34	1:45:48	8:20
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260	59	W25	Jesse Harper, 26*, Des Moines, IA	1:43:35	1:44:56	8:20
261	40	W20	Chelsea Burns, 23*, Belton, MO	1:43:36	1:46:39	8:20
1003	168	M30	Matt Lazear, 34, Ankeny, IA	1:43:36	1:43:49	8:20
1004	135	M40	Doug Kintzle, 44, Urbandale, IA	1:43:36	1:44:21	8:20
262	46	W35	Amy Kintzle, 38*, Urbandale, IA	1:43:36	1:44:21	8:20
263	52	W30	Jennie Shipley, 32*, Ankeny, IA	1:43:37	1:45:02	8:20
1005	57	M17	Barrett Fellows, 19, Urbandale, IA	1:43:37	1:43:50	8:20
1006	58	M17	Michael Hilt, 17, Orange City, IA	1:43:38	1:45:52	8:20
264	28	W40	Teri Collins, 40*, Waukee, IA	1:43:38	1:50:51	8:20
1007	105	M20	Jacob Moss, 20, Bondurant, IA	1:43:38	1:45:36	8:20
265	60	W25	Courtney Shelquist, 25*, Ankeny, IA	1:43:39	1:45:06	8:20
266	61	W25	Daira Hoegh, 26*, Windsor Heights, IA	1:43:39	1:44:19	8:20
1008	169	M30	Jamie Meis, 34, Windsor Heights, IA	1:43:40	1:44:23	8:20
1009	144	M35	David Van Blair, 36, Ankeny, IA	1:43:40	1:44:49	8:20
267	53	W30	Danielle Nelson, 31*, Spirit Lake, IA	1:43:41	1:47:07	8:21
1010	36	JrM	Codi Mumaw, 16, Osceola,, Ia	1:43:42	1:50:55	8:21
1011	109	M45	Gary Davis, 45, Des Moines, IA	1:43:43	1:45:21	8:21
268	20	W45	Donna Herring, 46*, Lisbon, IA	1:43:44	1:44:42	8:21
1012	136	M40	John Cahalan, 44, Mason City, IA	1:43:45	1:46:52	8:21
1013	159	M25	Ryan Hennigan, 29, Urbandale, IA	1:43:45	1:43:58	8:21
1014	145	M35	Tj Bangs, 37, Huxley, IA	1:43:46	1:45:04	8:21
269	54	W30	Lance Sivertsen, 34*, Indianola, IA	1:43:48	1:45:49	8:21
270	9	W50	Jan Atchison, 50*, Rhodes, IA	1:43:48	1:45:54	8:21
1015	146	M35	John Brehm, 38, West Des Moines, IA	1:43:48	1:45:07	8:21
1016	59	M17	Lukas Schrodtt, 18, Prole, IA	1:43:48	1:44:36	8:21
271	29	W40	Rebecca McIntosh, 44*, Des Moines, IA	1:43:49	1:45:00	8:21
1017	60	M17	Marcelinc Lopez, 18, Altoona, IA	1:43:49	1:45:21	8:21
1018	170	M30	Bobby Rehkemper, 31, Urbandale, IA	1:43:50	1:46:18	8:21
272	21	W45	Karla Richards, 49*, Urbandale, IA	1:43:51	1:44:14	8:21
1019	147	M35	Tim Wesselink, 35, Cedar Rapids, IA	1:43:53	1:45:10	8:22
273	55	W30	Christina Dart, 30*, Omaha, NE	1:43:54	1:48:00	8:22
1020	137	M40	Robert Cunningham, 41, Urbandale, IA	1:43:55	1:44:13	8:22
1021	171	M30	Kevin Thompson, 33, West Des Moines, IA	1:43:55	1:44:38	8:22
274	62	W25	Amanda Lowery, 28*, Lincoln, NE	1:43:55	1:47:55	8:22
275	56	W30	Keri McDermott, 33*, Des Moines, IA	1:43:55	1:47:55	8:22
276	47	W35	Rachel Bangs, 37*, Huxley, IA	1:43:56	1:45:14	8:22
1022	172	M30	Ryan Comer, 32, Carlisle, IA	1:43:56	1:47:17	8:22
1023	56	M50	Eugenio Rios, 50, Marion, IA	1:43:57	1:49:26	8:22
1024	110	M45	Paul Jacobson, 46, Johnston, IA	1:43:59	1:46:39	8:22
277	48	W35	Melinda Haase, 35*, Bellevue, NE	1:43:59	1:45:24	8:22
1025	148	M35	Jeff Russell, 37, Des Moines, IA	1:43:59	1:44:54	8:22
1026	111	M45	Dennis Vaske, 48, Urbandale, IA	1:44:00	1:45:29	8:22
1027	138	M40	Darrin Gillett, 40, Cedar Falls, IA	1:44:00	1:44:20	8:22
1028	37	JrM	Andy Feller, 11, Ames, IA	1:44:01	1:50:55	8:22
1029	160	M25	Jason Brehmer, 29, West Des Moines, IA	1:44:02	1:44:29	8:22
278	63	W25	Andrea Parmenter, 26*, West Des Moines, IA	1:44:02	1:49:36	8:22
279	64	W25	Emily Carlson, 26*, Des Moines, IA	1:44:02	1:47:56	8:22
280	30	W40	Mary Anderson, 44*, Papillion, NE	1:44:03	1:44:08	8:22
1030	61	M17	Tyler Kai, 19, Urbandale, IA	1:44:04	1:48:14	8:22
1031	106	M20	Charlie Strutzenberg, 21, Urbandale, IA	1:44:05	1:48:15	8:22
1032	62	M17	James Sannon, 19, Bondurant, IA	1:44:05	1:50:00	8:22
1033	112	M45	Gary Thompson, 45, Urbandale, IA	1:44:06	1:45:10	8:22
281	4	JrW	Dana Johnson, 15*, Audubon, IA	1:44:06	1:45:07	8:23
282	49	W35	Tiffany Kragnes, 36*, West Des Moines, IA	1:44:10	1:48:35	8:23
283	50	W35	Cynthia Marsh-Vervaecke, 38*, Maquoketa, IA	1:44:10	1:47:11	8:23
1034	139	M40	Clark Mitchell, 40, Clive, IA	1:44:11	1:46:03	8:23
1035	173	M30	Brian Brink, 34, Ames, IA	1:44:11	1:46:19	8:23
284	65	W25	Cassie Bacon, 27*, Lyons, NE	1:44:13	1:46:54	8:23
1036	140	M40	Richard Cohan, 43, Des Moines, IA	1:44:13	1:44:58	8:23
1037	38	JrM	Michael Berntson, 16, W. Des Moines, IA	1:44:14	1:48:34	8:23
1038	107	M20	Dominic Boomgarden, 23, Ankeny, IA	1:44:15	1:45:40	8:23

1039	174	M30	Adam Van Dike, 34, West Des Moines, IA	1:44:15	1:47:08	8:23
1040	141	M40	Roger Mullinnix, 44, Iowa City, IA	1:44:17	1:45:02	8:23

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1043	113	M45	Timothy Orr, 47, Johnston, IA	1:44:18	1:44:50	8:24
285	10	W50	Victoria Lacey, 53*, Johnston, IA	1:44:19	1:44:46	8:24
1044	39	JrM	Josh Sutton, 15, West Des Moines, IA	1:44:19	1:44:44	8:24
1045	142	M40	Mark Overton, 44, Des Moines, IA	1:44:22	1:46:25	8:24
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286	2	W55	Jane Wickman, 55*, Kellogg, IA	1:44:24	1:44:53	8:24
1048	27	M55	David Gee, 57, Cedar Rapids, IA	1:44:24	1:51:10	8:24
1049	150	M35	Bryan Trout, 39, Ankeny, IA	1:44:24	1:49:53	8:24
1050	151	M35	Kevin Sporer, 38, Carney, IA	1:44:25	1:46:29	8:24
1051	28	M55	Scott Combs, 55, Aurora, IL	1:44:25	1:48:44	8:24
1052	162	M25	Jonathon Reams, 26, Ankeny, IA	1:44:27	1:45:23	8:24
287	51	W35	Nadine Woods, 36*, Johnston, IA	1:44:28	1:45:03	8:24
288	66	W25	Laura Fliehler, 27*, Ankeny, IA	1:44:28	1:45:38	8:24
1053	152	M35	Chris Langenberg, 35, North Liberty, IA	1:44:28	1:45:24	8:24
1054	163	M25	Jonathan Pearson, 28, Clive, IA	1:44:28	1:51:35	8:24
289	31	W40	Julie Weiland, 42*, Adel, IA	1:44:28	1:44:58	8:24
1055	108	M20	Ben Ellefson, 21, Ames, IA	1:44:29	1:51:22	8:24
290	57	W30	Kendra Lerdal, 31*, Ankeny, IA	1:44:29	1:45:43	8:24
291	58	W30	Rachel Britten, 32*, Ames, IA	1:44:29	1:45:10	8:24
1056	143	M40	David Kirschbaum, 42, Omaha, NE	1:44:29	1:46:31	8:24
292	59	W30	Jessica Hanson, 34*, Radcliffe, IA	1:44:30	1:45:11	8:24
293	67	W25	Jenna Powers, 27*, Eagan, MN	1:44:30	1:46:09	8:25
1057	57	M50	Stephen Maze, 52, Cedar Rapids, IA	1:44:31	1:48:26	8:25
294	52	W35	Ami Bolles, 37*, Waukee, IA	1:44:31	1:51:21	8:25
1058	58	M50	Tim Schleisman, 50, Burnsville, MN	1:44:32	1:46:14	8:25
1059	176	M30	Daniel Adams, 33, Waukee, IA	1:44:32	1:45:24	8:25
1060	164	M25	Grant Waltz, 28, Urbandale, IA	1:44:32	1:48:25	8:25
1061	114	M45	Michael Johnson, 45, Waverly, IA	1:44:33	1:46:44	8:25
1062	144	M40	Douglas Kendall, 40, Otley, IA	1:44:33	1:46:38	8:25
295	60	W30	Shannon Strickler, 31*, Windsor Heights, IA	1:44:34	1:48:52	8:25
296	9	W17	Jennifer Rabedeaux, 19*, Newton, IA	1:44:34	1:45:59	8:25
297	68	W25	Robyn Eddy, 29*, Des Moines, IA	1:44:36	1:48:36	8:25
1063	63	M17	Derek Keast, 18, Altoona, IA	1:44:36	1:45:18	8:25
1064	109	M20	Corey Kientoff, 23, Ames, IA	1:44:36	1:45:27	8:25
298	69	W25	Cherie Alf, 25*, Ames, IA	1:44:37	1:45:27	8:25
1065	177	M30	Michael Ononnell, 30, West Des Moines, IA	1:44:37	1:52:54	8:25
1066	115	M45	Steve Schmitz, 47, Audubon, IA	1:44:37	1:46:26	8:25
1067	2	M65	Ron Bickel, 66, Pleasant Hill, IA	1:44:38	1:44:57	8:25
1068	110	M20	Andy Bernholtz, 20, Carroll, IA	1:44:38	1:46:23	8:25
299	70	W25	Jamie Nagel, 26*, Coralville, IA	1:44:38	1:48:30	8:25
300	41	W20	Stephanie Osby, 24*, Chicago, IL	1:44:38	1:45:29	8:25
301	61	W30	Heather Fleming, 32*, Robins, IA	1:44:40	1:47:42	8:25
1069	145	M40	Edward Short, 44, Des Moines, IA	1:44:40	1:47:53	8:25
1070	165	M25	Corey Jansen, 27, Ankeny, IA	1:44:41	1:45:17	8:25
1071	178	M30	Dan Thorpe, 30, Des Moines, IA	1:44:42	1:47:56	8:25
1072	166	M25	Ryan Howell, 29, Des Moines, IA	1:44:42	1:47:27	8:25
302	53	W35	Jennifer Kownacki, 36*, Norwalk, IA	1:44:42	1:48:45	8:25
303	71	W25	Meghan Kirkwood, 27*, Ames, IA	1:44:43	1:45:03	8:26
1073	167	M25	Tom Howe, 28, Ames, IA	1:44:44	1:45:51	8:26
1074	59	M50	Steve Gauldin, 50, Des Moines, IA	1:44:44	1:45:39	8:26
1075	116	M45	Matthew Miller, 45, Brookings, SD	1:44:45	1:45:21	8:26
304	72	W25	Megan Nielsen, 27*, Emporia, KS	1:44:45	1:52:05	8:26
1076	168	M25	Clayton Scheve, 29, Pleasantville, IA	1:44:46	1:46:10	8:26
1077	169	M25	Nathan Adams, 26, Davenport, IA	1:44:47	1:46:42	8:26
1078	153	M35	Dwight Rastetter, 37, Johnston, IA	1:44:47	1:47:31	8:26
1079	170	M25	Brad Carroll, 26, Iowa City, IA	1:44:49	1:48:58	8:26

1080	146	M40	John Skaar, 41, Sheldon, IA	1:44:50	1:46:12	8:26
305	42	W20	Beth Maguire, 22*, Nevada, IA	1:44:50	1:49:59	8:26
1081	171	M25	Grant Schulte, 26, Des Moines, IA	1:44:50	1:48:17	8:26
1082	179	M30	Kurt Sparks, 31, Des Moines, IA	1:44:51	1:47:59	8:26
1083	172	M25	James Morgan, 27, Stuart, IA	1:44:51	1:50:00	8:26
1084	173	M25	Ben Cox, 27, Altoona, IA	1:44:51	1:49:59	8:26
1085	60	M50	Patrick Edwards, 51, Lambs Grove, IA	1:44:52	1:47:12	8:26
306	54	W35	Karla Giuffre, 38*, Freeport, IL	1:44:52	1:48:05	8:26
1086	111	M20	Brett Niederhauser, 22, Waverly, IA	1:44:52	1:50:01	8:26
1087	112	M20	David Lanning, 24, West Des Moines, IA	1:44:53	1:50:01	8:26
1088	113	M20	Bryan Cruz, 21, Ottumwa, IA	1:44:53	1:46:12	8:26
1089	180	M30	Ryan Myers, 31, Des Moines, IA	1:44:53	1:47:47	8:26
307	32	W40	Tom Massie, 44*, Smithville, MO	1:44:54	1:46:54	8:26
1090	61	M50	Tom Tecklenburg, 54, Humboldt, IA	1:44:54	1:47:22	8:26
1091	114	M20	Grant Smith, 23, Beaman, IA	1:44:57	1:45:25	8:27
1092	115	M20	Andrew Arnold, 24, Waukee, IA	1:44:58	1:47:28	8:27
1093	147	M40	Duane Musser, 42, Williamsburg, IA	1:44:58	1:45:57	8:27
308	11	W50	Veronica Demmel, 53*, Marshalltown, IA	1:45:00	1:45:08	8:27
1094	64	M17	Seth Reeve, 18, Runnells, IA	1:45:00	1:45:42	8:27
1095	62	M50	Michael Colwell, 51, Iowa Falls, IA	1:45:01	1:51:44	8:27
1096	16	M60	Larry Walden, 62, Marshalltown, IA	1:45:01	1:45:08	8:27
1097	181	M30	Jesse Frederick, 34, Nevada, IA	1:45:01	1:46:40	8:27
1098	182	M30	Steve Olsen, 32, Altoona, IA	1:45:01	1:46:03	8:27
309	43	W20	Elizabeth Colwell, 20*, Iowa City, IA	1:45:01	1:51:44	8:27
1099	154	M35	Brian Lazear, 38, Johnston, IA	1:45:01	1:45:15	8:27
310	73	W25	Meghann Peterson, 26*, Queen Creek, AZ	1:45:02	1:46:51	8:27
1100	116	M20	Ben Whittlesey, 21, Ames, IA	1:45:03	1:50:45	8:27
311	12	W50	Kendra Thorgaard, 50*, Ottumwa, IA	1:45:03	1:46:43	8:27
1101	183	M30	Jake Hanson, 30, Ames, IA	1:45:03	1:46:20	8:27
312	62	W30	Katie Hanson, 30*, Ames, IA	1:45:03	1:46:20	8:27
1102	184	M30	Mike Davidson, 31, Sioux Falls, SD	1:45:04	1:46:28	8:27
1103	155	M35	Jeff Mertz, 39, Waukee, IA	1:45:04	1:47:43	8:27
1104	185	M30	Seth Cupp, 31, Joplin, MO	1:45:04	1:46:28	8:27
313	44	W20	Jessica Colwell, 23*, Iowa City, IA	1:45:05	1:51:48	8:27
1105	186	M30	Jim Swanson, 32, Omaha, NE	1:45:05	1:47:28	8:27
1106	187	M30	Jeff Jones, 34, West Des Moines, IA	1:45:07	1:48:23	8:27
1107	117	M45	Ken Boehmer, 47, Osage, IA	1:45:08	1:51:27	8:28
314	55	W35	Kelli Kerkhoff, 35*, Sioux City, IA	1:45:09	1:46:27	8:28
315	33	W40	Bonnie Braatz, 43*, West Des Moines, IA	1:45:09	1:45:39	8:28
1108	148	M40	David Thayer, 44, Urbandale, IA	1:45:10	1:46:24	8:28
1109	156	M35	Greg Thompson, 36, West Des Moines, IA	1:45:10	1:45:52	8:28
1110	174	M25	Joe Lynn, 29, West Des Moines, IA	1:45:10	1:46:12	8:28
1111	118	M45	Donald Thilges, 49, Algona, IA	1:45:10	1:46:30	8:28
316	45	W20	Kelsey Clemens, 23*, West Des Moines, IA	1:45:11	1:47:14	8:28
317	34	W40	Jana Edwards, 41*, West Des Moines, IA	1:45:11	1:45:21	8:28
318	10	W17	Megan Hensley, 19*, Des Moines, IA	1:45:11	1:45:21	8:28
319	63	W30	Leah Newman, 34*, Urbandale, IA	1:45:12	1:51:01	8:28
1112	149	M40	Michael Kapustka, 41, Johnston, IA	1:45:12	1:45:32	8:28
1113	188	M30	Tory Mears, 30, West Des Moines, IA	1:45:13	1:45:55	8:28
1114	175	M25	Jason Iwig, 27, Des Moines, IA	1:45:13	1:46:26	8:28
320	64	W30	Erin Pearce, 33*, Urbandale, IA	1:45:14	1:45:30	8:28
1115	157	M35	Chad Erickson, 36, West Des Moines, IA	1:45:15	1:45:30	8:28
321	46	W20	Heather Shives, 21*, Knoxville, IA	1:45:15	1:46:01	8:28
322	65	W30	Beth Pfohl, 33*, Iowa City, IA	1:45:16	1:52:00	8:28
323	47	W20	Meghann Burt, 20*, Slater, IA	1:45:16	1:46:02	8:28
1116	150	M40	Greg Nath, 40, Perry, IA	1:45:17	1:48:17	8:28
1117	29	M55	Warren Peterson, 55, Ackworth, IA	1:45:17	1:45:58	8:28
1118	158	M35	Kyle Ver Steeg, 35, Humboldt, IA	1:45:17	1:45:59	8:28
1119	151	M40	Scott Meyer, 44, Pella, IA	1:45:18	1:47:20	8:28
324	22	W45	Nancy Mc Donald, 47*, Coal Valley, IL	1:45:18	1:45:32	8:28
1120	189	M30	Justin Bott, 32, Madison, WI	1:45:18	1:47:33	8:28
325	23	W45	Becky Nichols, 49*, Des Moines, IA	1:45:19	1:46:51	8:28
326	66	W30	Gina Rickert, 30*, Ankeny, IA	1:45:19	1:45:53	8:28
327	35	W40	Kimberly Stewart, 41*, Des Moines, IA	1:45:19	1:46:07	8:28
1121	152	M40	Mike Dillon, 40, Des Moines, IA	1:45:20	1:47:53	8:29

1122	65	M17	Joshua Metz, 18, Newton, IA	1:45:21	1:48:02	8:29
328	56	W35	Jean Furler, 39*, Indianola, IA	1:45:21	1:45:48	8:29
1123	159	M35	Mike Biegger, 39, Des Moines, IA	1:45:22	1:46:42	8:29
1124	176	M25	John Mickey, 29, West Des Moines, IA	1:45:22	1:51:36	8:29
329	74	W25	Jennifer Evans, 28*, Pleasant Hill, IA	1:45:22	1:47:44	8:29
330	13	W50	Suzanne Trainor, 50*, Freeport, IL	1:45:23	1:48:36	8:29
331	67	W30	Lynne McKenna, 34*, Luverne, IA	1:45:24	1:46:07	8:29
1125	117	M20	Jeremiah Vincent, 24, Des Moines, IA	1:45:24	1:46:29	8:29
1126	153	M40	Casey Johnson, 44, Clive, IA	1:45:25	1:46:57	8:29
1127	160	M35	Brian Vance, 39, Ankeny, IA	1:45:25	1:47:01	8:29
1128			Paul Baiywo, Columbia, MO	1:45:26	1:45:26	8:29
1129	161	M35	Tony Guerra, 37, Iowa City, IA	1:45:26	1:46:18	8:29
1130	63	M50	Bob Jennings, 50, West Des Moines, IA	1:45:28	1:48:30	8:29
1131	154	M40	Fred Tague, 40, Sioux City, IA	1:45:28	1:45:41	8:29
332	57	W35	Sherry Greenwood, 36*, Des Moines, IA	1:45:28	1:45:46	8:29
1132	190	M30	Wade Long, 30, Coralville, IA	1:45:29	1:47:08	8:29
1133	40	JrM	Adam Broxey, 15, Palo, IA	1:45:29	1:49:50	8:29
1134	162	M35	Troy Thorson, 38, Pleasant Hill, IA	1:45:29	1:50:38	8:29
1135	191	M30	Michael Abbott, 31, Urbandale, IA	1:45:29	1:48:56	8:29
333	68	W30	Heather Flannagan, 31*, Walford, IA	1:45:29	1:51:27	8:29
334	11	W17	Traci Speltz, 18*, Armstrong, IA	1:45:30	1:51:06	8:29
335	69	W30	Shelley McIntyre, 34*, Des Moines, IA	1:45:31	1:46:33	8:29
1136	118	M20	Drew Allison, 20, Ames, IA	1:45:33	1:52:26	8:30
336	58	W35	Kelli Harms, 36*, Forest City, IA	1:45:34	1:45:39	8:30
1137	177	M25	Torre Hovick, 26, Ames, IA	1:45:35	1:45:35	8:30
337	70	W30	Sara Bucknam, 34*, Mason City, IA	1:45:37	1:47:41	8:30
338	24	W45	Bobbi Snodgrass, 47*, Indianola, IA	1:45:37	1:46:59	8:30
1138	155	M40	Dave Dirks, 42, Ames, IA	1:45:38	1:47:41	8:30
1139	64	M50	Gary Watts, 53, Iowa City, IA	1:45:38	1:46:37	8:30
339	71	W30	Becky Krieg, 31*, West Des Moines, IA	1:45:38	1:46:12	8:30
340	25	W45	Jean Dirks, 45*, Ames, IA	1:45:39	1:47:42	8:30
1140	192	M30	Thomas Horton, 34, Waukee, IA	1:45:40	1:48:29	8:30
341	48	W20	Candace Van Marel, 24*, Orange City, IA	1:45:41	1:48:09	8:30
342	36	W40	Jill Wanninger, 44*, Jefferson, IA	1:45:41	1:48:56	8:30
343	37	W40	Marzia Benson, 40*, Des Moines, IA	1:45:41	1:46:49	8:30
344	59	W35	Shelley Peed, 35*, Fort Dodge, IA	1:45:42	1:46:28	8:30
345	38	W40	Andrea Corcoran, 40*, Des Moines, IA	1:45:42	1:46:49	8:30
346	49	W20	Stephanie Miller, 23*, Winterset, IA	1:45:42	1:46:26	8:30
347	39	W40	Rachel Prohaska, 41*, West Des Moines, IA	1:45:43	1:47:02	8:30
1141	119	M45	Jerry Ruggle, 47, Perry, IA	1:45:43	1:48:43	8:30
1142	193	M30	Dan Nutini, 31, Ames, IA	1:45:45	1:50:52	8:30
1143	120	M45	Casey Showalter, 48, Altoona, IA	1:45:45	1:46:08	8:31
348	50	W20	Abby Showalter, 23*, Altoona, IA	1:45:46	1:46:08	8:31
1144	178	M25	James Schaack, 27, West Des Moines, IA	1:45:46	1:50:03	8:31
1145	163	M35	Jorge Lopez, 35, Pleasant Hill, IA	1:45:47	1:46:13	8:31
1146	65	M50	David Turpin, 52, Springfield, MO	1:45:47	1:48:06	8:31
1147	179	M25	Pooh Luck, 29, Des Moines, IA	1:45:47	1:46:14	8:31
349	75	W25	Gina Baier, 25*, Ankeny, IA	1:45:47	1:48:48	8:31
1148	194	M30	Michael Howland, 34, Des Moines, IA	1:45:48	1:50:05	8:31
1149	180	M25	Eric Riesberg, 29, West Des Moines, IA	1:45:48	1:50:05	8:31
350	51	W20	Sara Eppley, 22*, Charles City, IA	1:45:49	1:48:02	8:31
351	52	W20	Rachel Oconnor, 24*, Charlotte, IA	1:45:49	1:49:11	8:31
1150	164	M35	Steve Billingsley, 36, Des Moines, IA	1:45:49	1:46:47	8:31
352	72	W30	Jody Lennon, 31*, Fort Dodge, IA	1:45:50	1:48:46	8:31
353	53	W20	Samantha Shrayck, 22*, Davenport, IA	1:45:51	1:47:21	8:31
1151	165	M35	Lee Randall, 36, Durant, IA	1:45:53	1:47:13	8:31
354	76	W25	Tracy Hanson, 29*, Omaha, NE	1:45:53	1:47:14	8:31
355	73	W30	Sarah Andersson, 34*, West Des Moines, IA	1:45:53	1:48:14	8:31
1152	121	M45	Rich Pross, 45, Audubon, IA	1:45:53	1:47:33	8:31
356	74	W30	Michelle Lyons, 30*, Solon, IA	1:45:54	1:48:10	8:31
1153	122	M45	Michael Kelly, 46, Orange City, IA	1:45:54	1:49:39	8:31
1154	195	M30	Spencer Reed, 31, Cedar Rapids, IA	1:45:56	1:46:34	8:31
1155	181	M25	Dane Odden, 25, Saint Louis Park, MN	1:45:56	1:50:44	8:31
357	75	W30	Mollie Keitges, 30*, Prairie City, IA	1:45:57	1:48:57	8:31
1156	166	M35	Kevin Mosher, 39, Windsor Heights, IA	1:46:00	1:47:24	8:32

358	14	W50	Deborah Wallace, 50*, Fair Grove, MO	1:46:01	1:48:20	8:32
1157	123	M45	Kerry Anderson, 48, Clive, IA	1:46:01	1:46:44	8:32
359	76	W30	Aaron Schaefer, 32*, Clinton, IA	1:46:01	1:47:02	8:32
1158	182	M25	Clinton Nelsen, 26, Seattle, WA	1:46:01	1:50:15	8:32
360	26	W45	Marci Bengen, 47*, Reinbeck, IA	1:46:02	1:48:18	8:32
361	77	W30	Venus King, 34*, Grand Island, NE	1:46:02	1:46:50	8:32
362	15	W50	Denise Whiting, 50*, Iowa City, IA	1:46:03	1:47:55	8:32
1159	30	M55	Steve Minard, 57, Carlisle, IA	1:46:03	1:46:30	8:32
1160	156	M40	John Turpen, 40, Waukee, IA	1:46:04	1:46:26	8:32
1161	167	M35	Greg Eckhoff, 37, Johnston, IA	1:46:04	1:46:36	8:32
363	78	W30	Jacqueline Selix, 31*, West Des Moines, IA	1:46:05	1:47:26	8:32
1162	183	M25	Aaron Kent, 25, West Des Moines, IA	1:46:05	1:47:29	8:32
1163	66	M50	Scott Beckwith, 53, Ames, IA	1:46:05	1:47:01	8:32
364	77	W25	Sonja Brandt, 28*, Urbandale, IA	1:46:06	1:47:51	8:32
1164	184	M25	Allan Cooke, 27, Coralville, IA	1:46:07	1:49:21	8:32
1165	185	M25	Josh Hibben, 29, Chicago, IL	1:46:07	1:49:08	8:32
1166	31	M55	T A Meyer, 57, Johnston, IA	1:46:08	1:46:59	8:32
1167	124	M45	Duane Bruxvoort, 47, Pella, IA	1:46:09	1:47:17	8:32
1168	196	M30	Tim Symanietz, 31, Ames, IA	1:46:09	1:46:47	8:32
365	54	W20	Ali Kirsch, 24*, Iowa City, IA	1:46:09	1:47:59	8:32
1169	41	JrM	Lane Hovey, 15, Dallas Center, IA	1:46:10	1:47:41	8:32
1170	157	M40	Bruce Merschbrock, 43, Des Moines, IA	1:46:10	1:46:36	8:32
1171	168	M35	Ben Trannel, 36, West Des Moines, IA	1:46:10	1:51:56	8:33
1172	125	M45	Nile Ackerman, 46, Johnston, IA	1:46:10	1:47:30	8:33
1173	67	M50	Phillip Brown, 50, Clive, IA	1:46:10	1:49:25	8:33
1174	66	M17	Jordan Queckboerner, 18, Riceville, IA	1:46:11	1:48:01	8:33
1175	186	M25	Jon Barrett, 27, Winterset, IA	1:46:12	1:47:41	8:33
366	40	W40	Cindy Boss, 43*, Cedar Falls, IA	1:46:12	1:46:53	8:33
367	79	W30	Amy Dahlstrom Klainer, 33*, Seattle, WA	1:46:12	1:47:48	8:33
368	55	W20	Hillary Charmichael, 22*, Iowa City, IA	1:46:13	1:51:26	8:33
1176	158	M40	Scott Dahlstrom, 41, Ankeny, IA	1:46:13	1:47:48	8:33
1177	187	M25	Bret Wyant, 29, Omaha, NE	1:46:13	1:47:55	8:33
1178	169	M35	Dan Koestner, 39, Grimes, IA	1:46:15	1:47:36	8:33
1179	159	M40	Scott Newbury, 44, Waukee, IA	1:46:17	1:49:21	8:33
369	78	W25	Candace Wilson, 29*, Pella, IA	1:46:18	1:51:42	8:33
370	60	W35	Emily Hampton, 36*, Ames, IA	1:46:18	1:50:45	8:33
371	61	W35	Siri Long, 35*, West Des Moines, IA	1:46:19	1:48:51	8:33
1180	170	M35	Ben Loveridge, 39, Pella, IA	1:46:19	1:49:24	8:33
372	12	W17	Stacey Beeler, 19*, Kalona, IA	1:46:19	1:49:50	8:33
373	62	W35	Gale Christensen, 39*, Clive, IA	1:46:20	1:49:51	8:33
374	56	W20	Ariadne Vogel, 21*, Iowa City, IA	1:46:21	1:48:01	8:33
1181	42	JrM	Matthew Wittman, 15, Cedar Rapids, IA	1:46:22	1:48:51	8:33
1182	160	M40	Brent Pierson, 43, Pella, IA	1:46:22	1:51:19	8:33
1183	161	M40	William McGinn, 42, Johnston, IA	1:46:22	1:46:59	8:33
375	57	W20	Lacey Johnson, 21*, Ames, IA	1:46:22	1:49:37	8:33
376	79	W25	Kyndi Jensen, 29*, Urbandale, IA	1:46:23	1:49:28	8:34
1184	68	M50	Lou Scallon, 51, Ames, IA	1:46:23	1:47:41	8:34
1185	171	M35	Kenny Loder, 36, Johnston, IA	1:46:23	1:46:42	8:34
377	41	W40	Kimberly Hamann, 42*, Solon, IA	1:46:24	1:47:38	8:34
378	80	W25	Amy Drefke, 28*, Ankeny, IA	1:46:25	1:47:38	8:34
1186	188	M25	Matt Getz, 28, Iowa City, IA	1:46:26	1:49:53	8:34
1187	189	M25	Jeff Happe, 27, Des Moines, IA	1:46:27	1:46:57	8:34
379	63	W35	Carol Frike, 38*, Blue Springs, MO	1:46:28	1:51:07	8:34
1188	190	M25	Joseph Marks, 28, Des Moines, IA	1:46:28	1:48:30	8:34
380	80	W30	Jill Niklasen, 30*, Walnut, IA	1:46:30	1:47:10	8:34
1189	197	M30	Nathan Roberts, 30, Newton, IA	1:46:30	1:47:51	8:34
381	81	W25	Kelli Roenfanfz, 27*, West Des Moines, IA	1:46:30	1:48:48	8:34
1190	198	M30	Rob Robinson, 33, West Des Moines, IA	1:46:31	1:49:52	8:34
1191	172	M35	Anthony Kownacki, 36, Norwalk, IA	1:46:31	1:49:43	8:34
382	64	W35	Michelle Flattery, 38*, Ames, IA	1:46:33	1:51:13	8:34
1192	69	M50	Chris Hoegh, 52, Knoxville, IA	1:46:33	1:52:02	8:34
1193	32	M55	Glenn Michael, 59, Glendale, AZ	1:46:34	1:47:45	8:34
1194	33	M55	Jim Heying, 55, Coralville, IA	1:46:34	1:48:37	8:34
1195	199	M30	Mike Patrick, 32, Des Moines, IA	1:46:34	1:46:55	8:34
383	82	W25	Jamie Hindley, 29*, West Des Moines, IA	1:46:34	1:52:09	8:34

1196	200	M30	William Froehlich, 32, Des Moines, IA	1:46:35	1:47:46	8:35
1197	173	M35	Nathan Hays, 36, Ames, IA	1:46:36	1:50:01	8:35
1198	201	M30	Jay Rewerts, 30, Urbandale, IA	1:46:36	1:47:04	8:35
1199	174	M35	Brian Miller, 37, Solon, IA	1:46:38	1:48:40	8:35
1200	175	M35	Scott Thebeau, 39, Clive, IA	1:46:39	1:49:31	8:35
1201	202	M30	Josh Webster, 30, Boone, IA	1:46:39	1:49:39	8:35
1202	191	M25	Cliff Plymesser, 27, Ames, IA	1:46:39	1:49:46	8:35
1203	119	M20	Michael Busch, 23, Waukee, IA	1:46:40	1:50:36	8:35
1204	162	M40	Paul Wageman, 40, Cedar Falls, IA	1:46:41	1:49:40	8:35
1205	203	M30	Ryan Grandgenett, 34, Ames, IA	1:46:41	1:52:22	8:35
384	42	W40	Kim Nees, 42*, Carroll, IA	1:46:42	1:47:45	8:35
385	58	W20	Lisa Langenfeld, 21*, Kirksville, MO	1:46:42	1:51:25	8:35
386	83	W25	Sarah Britton, 29*, Huxley, IA	1:46:42	1:49:01	8:35
387	65	W35	Sara Biris, 36*, Des Moines, IA	1:46:42	1:52:57	8:35
388	66	W35	Sarah Cooper, 37*, Urbandale, IA	1:46:43	1:48:03	8:35
389	67	W35	Jenni Dillavou, 36*, Clear Lake, IA	1:46:43	1:49:44	8:35
1206	176	M35	Heath Rhinehart, 36, Conrad, IA	1:46:44	1:50:15	8:35
1207	70	M50	Marvin Van Wyk, 50, Pella, IA	1:46:45	1:48:22	8:35
1208	43	JrM	Bryce Tiffany, 14, Perry, IA	1:46:45	1:47:03	8:35
390	59	W20	Brooke Boley, 23*, Maxwell, IA	1:46:46	1:49:57	8:35
1209	177	M35	David Reis, 36, Carroll, IA	1:46:46	1:47:52	8:35
391	68	W35	Mindi M Vervaecke, 37*, St. Ansgar, IA	1:46:47	1:49:48	8:35
1210	163	M40	Tom Youngwirth, 42, Windsor Heights, IA	1:46:47	1:49:27	8:36
1211	126	M45	Alan Brommel, 48, Norwalk, IA	1:46:48	1:50:43	8:36
392	27	W45	Heather Stilborn, 46*, Des Moines, IA	1:46:49	1:46:55	8:36
1212	164	M40	Brenton Graham, 44, Clive, IA	1:46:49	1:48:20	8:36
1213	34	M55	Greg Wool, 56, Ames, IA	1:46:50	1:48:04	8:36
393	28	W45	Teresa Newman, 47*, Fort Dodge, IA	1:46:50	1:51:30	8:36
1214	127	M45	Mark Kline, 46, Cedar Rapids, IA	1:46:50	1:49:59	8:36
1215	120	M20	Gregory Bockenstedt, 24, Rochester, MN	1:46:50	1:53:58	8:36
394	16	W50	Rhonda Thomasson, 50*, Newton, IA	1:46:50	1:47:20	8:36
1216	192	M25	Garry Waldon, 28, Des Moines, IA	1:46:51	1:48:14	8:36
1217	17	M60	Joel Beane, 61, Marshalltown, IA	1:46:51	1:47:08	8:36
395	84	W25	Jaime Longenecker, 26*, Johnston, IA	1:46:52	1:52:41	8:36
396	81	W30	Mary Nelson, 30*, Grimes, IA	1:46:52	1:47:55	8:36
397	43	W40	Shari Osier, 43*, Bondurant, IA	1:46:52	1:46:52	8:36
1218	128	M45	John Justice, 49, Fort Dodge, IA	1:46:52	1:49:03	8:36
1219	204	M30	Jack Bradshaw, 32, Adel, IA	1:46:53	1:49:43	8:36
398	82	W30	Kecia Goodman, 32*, Ames, IA	1:46:54	1:48:04	8:36
1220	205	M30	Eric Grubb, 33, West Des Moines, IA	1:46:55	1:51:08	8:36
1221	206	M30	Patrick Schaapveld, 32, Ankeny, IA	1:46:55	1:48:32	8:36
1222	193	M25	Jeff Gordon, 28, North Liberty, IA	1:46:56	1:49:54	8:36
399	3	W55	Carol Kirsch, 57*, Iowa City, IA	1:46:56	1:48:45	8:36
400	69	W35	Christine Vortherms, 36*, Ankeny, IA	1:46:57	1:49:24	8:36
1223	194	M25	Joe Schupp, 27, Des Moines, IA	1:46:57	1:53:31	8:36
401	13	W17	Ann Schnoebelen, 19*, Cedar Rapids, IA	1:46:57	1:52:27	8:36
1224	195	M25	Tyler Kaye, 25, Cedar Rapids, IA	1:46:57	1:50:12	8:36
1225	207	M30	Brian McGarry, 34, Omaha, NE	1:46:58	1:48:21	8:36
402	85	W25	Heather Farnum, 26*, Ankeny, IA	1:46:58	1:50:09	8:36
403	60	W20	Katie Cain, 21*, East Dubuque, IL	1:46:58	1:50:09	8:36
1226	129	M45	Steve Keay, 48, West Des Moines, IA	1:46:58	1:51:37	8:36
1227	208	M30	Scott Lacey, 30, Ankeny, IA	1:46:59	1:47:19	8:36
404	70	W35	Mandy McGuire, 35*, Ames, IA	1:46:59	1:51:11	8:36
405	86	W25	Niki Strotman, 29*, Bennington, NE	1:46:59	1:47:47	8:36
406	44	W40	Marilyn Wendell, 44*, Ankeny, IA	1:47:00	1:48:53	8:37
1228	196	M25	Eric Hauge, 27, Minneapolis, MN	1:47:00	1:52:18	8:37
1229	178	M35	Scott Reed, 38, Altoona, IA	1:47:00	1:50:13	8:37
1230	121	M20	Mitch McDermott, 20, Ames, IA	1:47:01	1:53:54	8:37
407	83	W30	Cortney Koffarnus, 34*, Bettendorf, IA	1:47:01	1:48:58	8:37
1231	71	M50	Tim Koffarnus, 50, Bettendorf, IA	1:47:01	1:48:59	8:37
1232	209	M30	Matt Deegan, 31, Naperville, IL	1:47:02	1:47:13	8:37
408	45	W40	Patti Platt, 44*, West Des Moines, IA	1:47:03	1:47:25	8:37
409	87	W25	Jamile Shirley, 27*, Ames, IA	1:47:03	1:48:13	8:37
1233	197	M25	Nicholas Blyth, 25, West Des Moines, IA	1:47:03	1:53:52	8:37
410	46	W40	Kathy Nettleton, 40*, Des Moines, IA	1:47:04	1:52:09	8:37

411	84	W30	Carrie Hiner, 30*, Des Moines, IA	1:47:04	1:49:14	8:37
412	61	W20	Bailey Martin, 20*, Ankeny, IA	1:47:04	1:51:46	8:37
1234	179	M35	Ronald Wheeler, 38, Johnston, IA	1:47:04	1:49:41	8:37
1235	180	M35	Elias Moreno, 36, Des Moines, IA	1:47:05	1:47:30	8:37
413	62	W20	Tara Larson, 20*, Ankeny, IA	1:47:05	1:51:46	8:37
1236	72	M50	Calvin Niess, 53, Little Cedar, IA	1:47:05	1:50:12	8:37
414	85	W30	Shelly Braunschweig, 32*, Des Moines, IA	1:47:07	1:49:33	8:37
1237	210	M30	Jeremy Huisman, 31, Des Moines, IA	1:47:07	1:50:05	8:37
1238	211	M30	Eric Svalstad, 30, Cedar Rapids, IA	1:47:07	1:47:45	8:37
1239	67	M17	Will Ostransky, 17, Perry, IA	1:47:07	1:54:01	8:37
415	71	W35	Kimberly Hurley, 36*, Marshalltown, IA	1:47:08	1:47:36	8:37
416	4	W55	Nancy Harvey, 55*, Ankeny, IA	1:47:09	1:47:37	8:37
1240	181	M35	Matt Moritz, 35, Fort Dodge, IA	1:47:10	1:47:44	8:37
1241	198	M25	Ashly Mentzer, 27, Ankeny, IA	1:47:10	1:48:34	8:37
1242	130	M45	Paul Skjordal, 45, Gilbert, IA	1:47:11	1:54:58	8:37
417	72	W35	Holly Glaubitz, 38*, Mankato, MN	1:47:12	1:49:34	8:37
1243	165	M40	Jonathan Garbison, 41, Firth, NE	1:47:12	1:49:01	8:37
418	88	W25	Staci Springer, 28*, Story City, IA	1:47:12	1:47:44	8:37
1244	182	M35	Brian Moorlach, 39, Farmington, MN	1:47:12	1:48:10	8:37
419	14	W17	Hayley Vance, 19*, Ankeny, IA	1:47:13	1:51:55	8:38
1245	212	M30	Jason Dreckman, 30, West Des Moines, IA	1:47:13	1:48:17	8:38
420	86	W30	Sherrie Kautman, 33*, Cedar Rapids, IA	1:47:14	1:49:31	8:38
1246	213	M30	Andy Eagan, 30, Norwalk, IA	1:47:16	1:48:06	8:38
421	63	W20	Erin Bone, 24*, West Des Moines, IA	1:47:16	1:47:50	8:38
422	89	W25	Katie Meyer, 29*, Asbury, IA	1:47:17	1:51:12	8:38
423	90	W25	Katharine Reifenrath, 26*, Iowa City, IA	1:47:17	1:54:11	8:38
1247	183	M35	Guadalupe San Elias, 37, Des Moines, IA	1:47:18	1:47:18	8:38
1248	131	M45	Tom Hagemann, 49, Des Moines, IA	1:47:18	1:51:17	8:38
1249	184	M35	Ryan Person, 37, Altoona, IA	1:47:18	1:50:11	8:38
1250	35	M55	Alan Gross, 55, Des Moines, IA	1:47:18	1:49:07	8:38
1251	166	M40	Brad Thomason, 44, Marion, IA	1:47:19	1:49:57	8:38
1252	199	M25	Brian Schenkelberg, 25, West Des Moines, IA	1:47:19	1:49:31	8:38
424	47	W40	Janelle Greiner, 43*, Urbandale, IA	1:47:20	1:50:33	8:38
425	91	W25	Cassandra Cook, 26*, Des Moines, IA	1:47:20	1:48:21	8:38
1253	36	M55	Jonathan Buss, 56, Ames, IA	1:47:21	1:49:08	8:38
1254	214	M30	Nick Woolsey, 31, Knoxville, IA	1:47:21	1:50:18	8:38
1255	200	M25	David Stanfield, 28, Marshalltown, IA	1:47:22	1:47:31	8:38
1256	167	M40	Tom Wieck, 42, Des Moines, IA	1:47:22	1:47:35	8:38
1257	215	M30	Craig O'Connor, 32, Clive, IA	1:47:23	1:50:37	8:38
1258	168	M40	Shawn Howard, 40, Clarinda, IA	1:47:24	1:48:35	8:38
426	87	W30	Jacy Downey, 34*, Indianols, IA	1:47:25	1:48:54	8:39
427	88	W30	Emy Williams, 31*, Ely, IA	1:47:26	1:49:42	8:39
1259	185	M35	Tom Trygstad, 37, Clive, IA	1:47:26	1:49:53	8:39
428	15	W17	Torin Mallonee, 18*, Cedar Rapids, IA	1:47:26	1:49:10	8:39
1260	122	M20	Jerit Tripp, 24, West Des Moines, IA	1:47:26	1:52:42	8:39
1261	169	M40	Todd Keech, 43, Johnston, IA	1:47:27	1:49:51	8:39
1262	132	M45	Steve Rossler, 49, Newton, IA	1:47:28	1:47:46	8:39
1263	216	M30	James Tolan, 30, Ankeny, IA	1:47:28	1:48:51	8:39
1264	133	M45	Daniel Mallonee, 48, Cedar Rapids, IA	1:47:29	1:49:13	8:39
1265	201	M25	Khye Kading, 29, Ankeny, IA	1:47:29	1:50:58	8:39
429	64	W20	Maggie Meyer, 24*, Des Moines, IA	1:47:30	1:52:02	8:39
1266	170	M40	Randy Kallem, 43, Des Moines, IA	1:47:30	1:48:37	8:39
1267	68	M17	Joshua Kreinbring, 17, Des Moines, IA	1:47:31	1:48:53	8:39
1268	134	M45	Terry Scheu, 48, Sioux Falls Sd, SD	1:47:32	1:49:13	8:39
430	89	W30	Betsy Luck, 31*, Oskaloosa, IA	1:47:32	1:52:13	8:39
1269	202	M25	Jeff Judisch, 27, Cedar Falls, IA	1:47:32	1:49:57	8:39
1270	171	M40	James O'Hara, 41, Ankeny, IA	1:47:34	1:50:07	8:39
431	73	W35	Avril Larson, 36*, Boone, IA	1:47:36	1:49:06	8:39
1271	217	M30	Jeremy White, 32, Mason City, IA	1:47:36	1:52:18	8:39
1272	186	M35	Dane Weiner, 36, Clinton, IA	1:47:39	1:48:11	8:40
432	92	W25	Kimberly Patton, 26*, North Liberty, IA	1:47:40	1:48:46	8:40
1273	203	M25	Kevin Crawford, 27, Peoria, IL	1:47:41	1:49:16	8:40
1274	172	M40	Thomas Wolle, 43, Cedar Rapids, IA	1:47:42	1:48:38	8:40
1275	44	JrM	Stephen Bergeson, 16, Ames, IA	1:47:42	1:51:35	8:40

1276	73	M50	Bruce Jolivette, 52, Garner, IA	1:47:42	1:49:27	8:40
433	93	W25	Sarah Michaelson, 28*, Jefferson, IA	1:47:43	1:53:36	8:40
434	29	W45	Kristy Cain, 49*, Urbandale, IA	1:47:43	1:49:30	8:40
435	48	W40	Tave Porto, 42*, West Des Moines, IA	1:47:44	1:53:16	8:40
1277	218	M30	Buck Olsen, 31, Urbandale, IA	1:47:44	1:49:05	8:40
1278	173	M40	Brad Willie, 42, Urbandale, IA	1:47:45	1:48:22	8:40
436	74	W35	Amy Jones, 35*, West Des Moines, IA	1:47:46	1:51:02	8:40
437	94	W25	Kelly Parriott, 26*, West Des Moines, IA	1:47:47	1:49:00	8:40
1279	123	M20	John Patton, 24, North Liberty, IA	1:47:49	1:48:55	8:40
1280	124	M20	Andrew Zellweger, 22, Prescott, IA	1:47:50	1:48:46	8:41
1281	69	M17	Justin Pierce, 19, Ames, IA	1:47:51	1:54:44	8:41
1282	187	M35	Chad Strauss, 36, Johnston, IA	1:47:51	1:51:19	8:41
1283	174	M40	Javier Garcia, 40, Omaha, NE	1:47:51	1:48:37	8:41
1284	74	M50	Craig Calhoun, 51, Windsor Heights, IA	1:47:51	1:48:58	8:41
438	90	W30	Deidre Nims, 33*, Robins, IA	1:47:52	1:49:24	8:41
1285	204	M25	Andy Kucksdorf, 26, Pleasant Hill, IA	1:47:53	1:48:47	8:41
439	49	W40	Theresa McClure, 41*, Johnston, IA	1:47:54	1:50:41	8:41
1286	188	M35	Steve Fishman, 35, North Liberty, IA	1:47:54	1:48:09	8:41
1287	205	M25	Tom Mathisen, 26, Urbandale, IA	1:47:55	1:50:49	8:41
440	50	W40	Kris Robson, 43*, Urbandale, IA	1:47:55	1:48:18	8:41
441	91	W30	Amy Klein, 32*, Forest City, IA	1:47:57	1:48:02	8:41
1288	206	M25	Jeff Ludwig, 26, West Des Moines, IA	1:47:57	1:50:12	8:41
1289	125	M20	Tim Hackbarth, 24, Chicago, IL	1:47:58	1:52:03	8:41
1290	175	M40	Brian Church, 40, Atlantic, IA	1:47:58	1:48:38	8:41
442	95	W25	Kimberly Dea, 29*, Ankeny, IA	1:47:58	1:48:55	8:41
443	65	W20	Brett Mortvedt, 22*, Nevada, IA	1:47:58	1:53:06	8:41
444	51	W40	April Matthis, 43*, Bloomington, IL	1:47:58	1:49:49	8:41
445	96	W25	Lauren Haakinson, 27*, Chicago, IL	1:47:59	1:51:38	8:41
1291	37	M55	Ernie Parr, 55, Princeton, IL	1:47:59	1:49:50	8:41
1292	207	M25	Nathan Stanton, 29, Des Moines, IA	1:47:59	1:49:04	8:41
1293	208	M25	Ryan Penning, 26, Ankeny, Ia, Ia	1:48:00	1:49:26	8:41
1294	219	M30	Todd Redenius, 33, Ankeny, IA	1:48:00	1:49:26	8:41
1295	126	M20	Jeff Garretto, 23, Des Moines, IA	1:48:00	1:48:01	8:41
446	66	W20	Dana Bruxvoort, 20*, Pella, IA	1:48:01	1:49:09	8:41
447	92	W30	Krista Cooley, 32*, West Des Moines, IA	1:48:01	1:48:35	8:41
1296	189	M35	Kyle Cook, 36, Clive, IA	1:48:01	1:52:26	8:41
1297	220	M30	Terry Schmitt, 34, Dubuque, IA	1:48:02	1:54:46	8:41
448	52	W40	Angie Rice, 41*, Urbandale, IA	1:48:04	1:50:17	8:42
1298	75	M50	Phil Becraft, 51, Ames, IA	1:48:04	1:50:49	8:42
449	67	W20	Elizabeth White, 24*, Cedar Rapids, IA	1:48:04	1:54:12	8:42
450	75	W35	Jill Hermansen, 37*, Audubon, IA	1:48:05	1:55:06	8:42
451	53	W40	Chris Gorman, 44*, Council Bluffs, IA	1:48:06	1:50:08	8:42
1299	176	M40	Scott Morimer, 43, Cumming, IA	1:48:06	1:48:32	8:42
452	97	W25	Suzanne Crumley, 25*, Iowa City, IA	1:48:06	1:50:47	8:42
1300	177	M40	Michael Nickolaus, 40, Urbandale, IA	1:48:07	1:52:09	8:42
1301	178	M40	Duane Staskal, 40, Iowa City, IA	1:48:07	1:51:09	8:42
1302	221	M30	Dan Messerich, 32, Glidden, IA	1:48:08	1:49:46	8:42
453	17	W50	Mary Razor, 54*, Omaha, NE	1:48:09	1:49:05	8:42
454	68	W20	Sarah Stephas, 22*, Urbandale, IA	1:48:10	1:52:20	8:42
1303	222	M30	Tim Maiers, 34, Dubuque, IA	1:48:11	1:54:56	8:42
1304	223	M30	Brady Fleming, 32, Clive, IA	1:48:11	1:48:32	8:42
1305	179	M40	Brad McAvoy, 40, West Des Moines, IA	1:48:12	1:49:18	8:42
1306	209	M25	Brian Kroska, 28, Ankeny, IA	1:48:12	1:48:42	8:42
455	98	W25	Hillary Olson, 28*, Colo, IA	1:48:13	1:52:24	8:42
1307	135	M45	Scott Meyer, 49, West Des Moines, IA	1:48:14	1:50:44	8:43
1308	190	M35	James Heidt, 37, West Des Moines, IA	1:48:14	1:49:34	8:43
1309	224	M30	Joshua Bradley, 31, Waukee, IA	1:48:15	1:49:44	8:43
1310	38	M55	Richard Anfinson, 57, Cedar Falls, IA	1:48:15	1:48:27	8:43
456	16	W17	Sadie Fisher, 19*, Lehigh, IA	1:48:16	1:50:14	8:43
1311	191	M35	Chad Waseskuk, 39, West Des Moines, IA	1:48:16	1:52:46	8:43
1312	210	M25	Jonathan Dejong, 29, Minneapolis, MN	1:48:16	1:49:25	8:43
1313	211	M25	Eric Tange, 28, Urbandale, IA	1:48:17	1:50:24	8:43
1314	225	M30	Joel Hoger, 33, Indianola, IA	1:48:17	1:49:42	8:43
457	54	W40	Diane Speedy Nelson, 43*, Ankeny, IA	1:48:18	1:50:15	8:43
458	76	W35	Monica Becker, 37*, Des Moines, IA	1:48:18	1:49:50	8:43

1315	212	M25	Eric Nielsen, 28, Emporia, KS	1:48:18	1:55:38	8:43
1316	213	M25	Russell Ray, 28, Des Moines, IA	1:48:18	1:55:38	8:43
1317	180	M40	Steve Rothmeyer, 43, Johnston, IA	1:48:18	1:49:17	8:43
459	99	W25	Alison Blyth, 27*, Chicago, IL	1:48:18	1:52:14	8:43
1318	226	M30	Cory Rezac, 31, Armstrong, IA	1:48:20	1:53:56	8:43
1319	39	M55	Mark Stelmacher, 55, West Des Moines, IA	1:48:21	1:50:29	8:43
1320	76	M50	Chuck Shives, 50, West Des Moines, IA	1:48:22	1:51:24	8:43
1321	181	M40	Rod Haws, 42, Ankeny, IA	1:48:22	1:50:20	8:43
460	55	W40	Joelle White, 42*, Carroll, IA	1:48:22	1:49:26	8:43
1322	182	M40	Shawn Nelson, 43, Ankeny, IA	1:48:22	1:50:20	8:43
1323	214	M25	Thomas Menke, 28, North Liberty, IA	1:48:22	1:56:13	8:43
1324	183	M40	Brad Loney, 41, Marion, IA	1:48:23	1:56:13	8:43
1325	184	M40	Frank Nanne, 43, Clive, IA	1:48:23	1:50:58	8:43
1326	127	M20	Daniel Heun, 23, Ames, IA	1:48:23	1:50:50	8:43
1327	227	M30	Daren Munroe, 34, Des Moines, IA	1:48:25	1:49:01	8:43
1328	228	M30	Doug Enabnit, 30, Altoona, IA	1:48:26	1:50:40	8:43
461	18	W50	Rhonda Callison, 51*, Oskaloosa, IA	1:48:26	1:50:25	8:43
462	30	W45	Linda Adams, 49*, Oskaloosa, IA	1:48:26	1:50:25	8:43
1329	40	M55	Al Hildestad, 59, Des Moines, IA	1:48:28	1:50:06	8:44
1330	229	M30	Ryan Malloy, 31, Williamsburg, IA	1:48:28	1:50:43	8:44
1331	230	M30	Brian Ramsey, 32, Urbandale, IA	1:48:29	1:50:18	8:44
463	17	W17	Macala Mennen, 19*, Cedar Falls, IA	1:48:30	1:51:54	8:44
1332	185	M40	John Frohlich, 41, Panora, IA	1:48:30	1:50:46	8:44
464	69	W20	Cassie Hanson, 22*, Ames, IA	1:48:30	1:53:38	8:44
465	70	W20	Jenna Meier, 22*, Laporte City, IA	1:48:30	1:51:33	8:44
1333	136	M45	Jeff Rader, 46, Clive, IA	1:48:30	1:51:42	8:44
466	71	W20	Chelsy Kemmet, 22*, Adel, IA	1:48:31	1:51:33	8:44
1334	192	M35	Trent Groetken, 36, Urbandale, IA	1:48:32	1:50:08	8:44
1335	193	M35	Paul Sams, 36, Urbandale, IA	1:48:32	1:50:54	8:44
1336	137	M45	Michael O'Brien, 45, Waukee, IA	1:48:32	1:54:37	8:44
467	100	W25	Victoria Craig, 29*, Lincoln, NE	1:48:32	1:49:16	8:44
1337	138	M45	Scott Millikin, 46, Center Point, IA	1:48:33	1:49:13	8:44
1338	194	M35	Jeremy Lynch, 37, Indianola, IA	1:48:33	1:51:44	8:44
1339	195	M35	Joel Millikin, 38, Hedrick, IA	1:48:33	1:49:12	8:44
1340	186	M40	Kelly Streigle, 40, Chariton, IA	1:48:33	1:51:21	8:44
1341	215	M25	Ryan Fritz, 26, Marshalltown, IA	1:48:34	1:53:51	8:44
468	5	JrW	Sarah Lindemulder, 16*, Bloomfield, IA	1:48:34	1:50:57	8:44
1342	77	M50	Hal Nation, 51, Fort Dodge, IA	1:48:34	1:50:06	8:44
469	6	JrW	Nicole McLain, 16*, Albia, IA	1:48:34	1:50:57	8:44
1343	187	M40	Gregg Hochderffer, 43, Ames, IA	1:48:34	1:51:05	8:44
1344	196	M35	Christian Martin, 37, West Des Moines, IA	1:48:35	1:48:41	8:44
1345	216	M25	Nathan Fritz, 28, Kansas City, MO	1:48:35	1:53:52	8:44
1346	197	M35	Sean McGuire, 38, Davenport, IA	1:48:35	1:54:34	8:44
470	101	W25	Carrie Arp, 27*, Panora, IA	1:48:35	1:49:21	8:44
471	102	W25	Laura Schaefer, 29*, Carroll, IA	1:48:35	1:50:12	8:44
472	103	W25	Kelly Payne, 29*, Manchester, IA	1:48:36	1:50:00	8:44
473	104	W25	Jessica Pilling, 26*, Clive, IA	1:48:36	1:49:43	8:44
1347	188	M40	Scott Ites, 43, Johnston, IA	1:48:37	1:50:14	8:44
1348	78	M50	Brian Scott, 53, Johnston, IA	1:48:37	1:50:14	8:44
474	93	W30	Heidi Anhalt, 31*, Cedar Rapids, IA	1:48:37	1:49:34	8:44
1349	189	M40	Greg Cushing, 44, West Des Moines, IA	1:48:37	1:51:32	8:44
1350	79	M50	Randy Mundt, 53, Urbandale, IA	1:48:38	1:52:33	8:44
1351	139	M45	Patrick Rounds, 45, Clive, IA	1:48:39	1:57:05	8:45
1352	217	M25	Andrew Zurmuehlen, 26, Carman, IL	1:48:40	1:50:25	8:45
475	56	W40	Barb Mendoza, 43*, Grimes, IA	1:48:40	1:56:20	8:45
1353	18	M60	Fred Koontz, 60, Cedar Rapids, IA	1:48:40	1:50:15	8:45
476	105	W25	Julie Sander, 27*, Ames, IA	1:48:41	1:54:15	8:45
477	77	W35	Jenny Slack, 37*, Ankeny, IA	1:48:43	1:50:50	8:45
1354	41	M55	Dan Whetstone, 57, Ankeny, IA	1:48:43	1:50:22	8:45
1355	42	M55	Andrzej Nosek, 57, Des Moines, IA	1:48:43	1:53:11	8:45
478	94	W30	Nancy Reynolds, 33*, Atlantic, IA	1:48:43	1:53:25	8:45
479	106	W25	Carolyn Schoen, 26*, Chicago, IL	1:48:44	1:51:32	8:45
480	107	W25	Stacey Roberts, 27*, Ames, IA	1:48:44	1:49:52	8:45
481	57	W40	Kristy Butterfield, 43*, Cedar Rapids, IA	1:48:44	1:49:17	8:45
482	58	W40	Rebecca Brannan, 44*, Urbandale, IA	1:48:46	1:50:22	8:45

1356	140	M45	William Henrich, 46, Clive, IA	1:48:46	1:51:23	8:45
1357	128	M20	Bob Kuennen, 24, Pella, IA	1:48:47	1:55:33	8:45
1358	218	M25	Nick Kuennen, 28, Pella, IA	1:48:47	1:55:34	8:45
1359	190	M40	Nicholas Woolley, 43, Webster City, IA	1:48:47	1:50:37	8:45
483	108	W25	Laura Jontz, 26*, Des Moines, IA	1:48:47	1:53:20	8:45
484	78	W35	Beth Venteicher, 36*, Omaha, NE	1:48:48	1:51:24	8:45
1360	191	M40	Michael Sturtz, 41, Indianola, IA	1:48:48	1:50:44	8:45
1361	192	M40	John Kenworthy, 43, Des Moines, IA	1:48:49	1:54:08	8:45
485	79	W35	Stephanie Neighbor, 39*, Cedar Rapids, IA	1:48:50	1:52:04	8:45
1362	193	M40	Joel Drake, 40, Des Moines, IA	1:48:50	1:54:09	8:45
1363	231	M30	Bryan Kubik, 33, Cedar Rapids, IA	1:48:50	1:52:04	8:45
486	72	W20	Abigail Reicks, 24*, West Des Moines, IA	1:48:50	1:50:39	8:45
487	73	W20	Allie Heid, 24*, West Des Moines, IA	1:48:50	1:50:40	8:45
488	109	W25	Nellie Simon, 25*, Laramie, WY	1:48:51	1:49:41	8:45
489	80	W35	Charissa Konz, 37*, Omaha, NE	1:48:51	1:49:07	8:45
1364	219	M25	Bryan Lawson, 29, West Des Moines, IA	1:48:51	1:49:55	8:45
1365	220	M25	Thaddeus Brandt, 27, Urbandale, IA	1:48:52	1:50:37	8:46
1366	221	M25	Jesse Hammes, 28, Cedar Rapids, IA	1:48:52	1:56:29	8:46
490	81	W35	Sally McAleer, 39*, Ankeny, IA	1:48:52	1:49:52	8:46
1367	198	M35	Wade Den Hartog, 35, Johnston, IA	1:48:52	1:53:46	8:46
1368	43	M55	Timothy Olson, 58, West Des Moines, IA	1:48:53	1:49:28	8:46
1369	45	JrM	Stetson Hendrix, 15, Fort Dodge, IA	1:48:53	1:49:44	8:46
491	110	W25	Jen Childress, 29*, West Des Moines, IA	1:48:53	1:56:30	8:46
1370	232	M30	Matthew Piepel, 31, Polk City, IA	1:48:53	1:49:43	8:46
492	74	W20	Kristen Whipps, 20*, Ames, IA	1:48:54	1:51:01	8:46
493	111	W25	Monica Capper, 25*, Altoona, IA	1:48:55	1:49:30	8:46
494	112	W25	Jessica Lorenz, 25*, West Des Moines, IA	1:48:55	1:52:16	8:46
1371	222	M25	Ryan Van Sloten, 27, West Des Moines, IA	1:48:55	1:52:16	8:46
1372	44	M55	John Brostad, 57, Storm Lake, IA	1:48:55	1:51:22	8:46
495	113	W25	Michelle Sage, 27*, Ankeny, IA	1:48:56	1:54:54	8:46
1373	233	M30	Chris Chamberlin, 31, Davenport, IA	1:48:56	1:49:20	8:46
1374	223	M25	Jeff Goetz, 26, Ankeny, IA	1:48:56	1:56:41	8:46
1375	234	M30	Brett Lewis, 31, Polk City, IA	1:48:57	1:50:15	8:46
1376	199	M35	Dan Brink, 38, Ankeny, IA	1:48:57	1:51:32	8:46
1377	141	M45	Tom Mitchell, 46, Ankeny, IA	1:48:57	1:52:21	8:46
496	114	W25	Ashley Winter, 25*, Lake City, IA	1:48:58	1:52:45	8:46
497	95	W30	Tina Kenney, 33*, Perry, IA	1:48:58	1:52:40	8:46
498	115	W25	Amber Stearns, 25*, Newhall, IA	1:48:58	1:50:25	8:46
499	116	W25	Sarah Kautzky-Iben, 29*, Perry, IA	1:48:58	1:52:40	8:46
1378	194	M40	Moris Bries, 40, Nevada, IA	1:48:59	1:50:59	8:46
1379	80	M50	Paul Kruse, 51, Granger, IA	1:48:59	1:50:51	8:46
1380	235	M30	Ryan Frerichs, 32, Waverly, IA	1:49:00	1:51:13	8:46
1381	195	M40	Jay Marshall, 42, Urbandale, IA	1:49:02	1:51:44	8:46
1382	224	M25	Travis Wiederien, 28, Grimes, IA	1:49:02	1:53:30	8:46
500	117	W25	Melissa Ditch, 25*, Center Point, IA	1:49:04	1:50:46	8:46
1383	142	M45	Gorden Barker, 49, Osage, IA	1:49:04	1:52:57	8:47
501	31	W45	Julie Olmstead, 46*, Webster City, IA	1:49:05	1:50:51	8:47
1384	196	M40	Dave Peshel, 44, Adel, IA	1:49:05	1:52:41	8:47
1385	129	M20	Randall Meyer, 24, Norwalk, IA	1:49:06	1:53:25	8:47
1386	143	M45	Wayne Lacher, 47, Stuart, IA	1:49:06	1:52:31	8:47
1387	130	M20	Zachary Bales-Henry, 22, Des Moines, IA	1:49:07	1:49:18	8:47
502	96	W30	Sara Lynott, 30*, Clive, IA	1:49:07	1:53:17	8:47
1388	81	M50	Stanley Browne, 50, Urbandale, IA	1:49:07	1:51:58	8:47
1389	236	M30	Eric Krull, 33, Urbandale, IA	1:49:07	1:51:02	8:47
1390	197	M40	Jeff Blosser, 42, West Des Moines, IA	1:49:08	1:53:33	8:47
1391	198	M40	Michael Bird, 42, Newton, IA	1:49:08	1:51:20	8:47
503	75	W20	Jessica Johnson, 21*, Fort Dodge, IA	1:49:09	1:53:42	8:47
1392	237	M30	Jeff Green, 32, Des Moines, IA	1:49:10	1:54:13	8:47
1393	238	M30	Brad Matt, 30, Prairie Village, KS	1:49:10	1:54:13	8:47
1394	200	M35	Scott Dykstra, 36, Urbandale, IA	1:49:10	1:49:49	8:47
1395	19	M60	Ed Dieleman, 64, Oskaloosa, IA	1:49:12	1:53:53	8:47
504	82	W35	Beverly Williams, 37*, Prairie City, IA	1:49:12	1:49:40	8:47
1396	225	M25	James Holmes, 25, Norwalk, IA	1:49:12	1:53:34	8:47
505	83	W35	Dorothy Jacobi, 36*, Ely, IA	1:49:13	1:51:41	8:47
1397	201	M35	Jeff Dorn, 35, Polk City, IA	1:49:14	1:51:25	8:47

1398	20	M60	Ernie Vortherms, 60, Urbandale, IA	1:49:15	1:51:42	8:47
1399	199	M40	Andy Hunsinger, 40, Pella, IA	1:49:16	1:55:37	8:47
1400	45	M55	Ronald Grode, 58, Ankeny, IA	1:49:16	1:50:45	8:47
1401	144	M45	Thomas Duff, 46, Des Moines, IA	1:49:18	1:51:00	8:48
506	97	W30	Kristin Dyer, 30*, Indianola, IA	1:49:18	1:56:05	8:48
1402	200	M40	Brian Joens, 41, Des Moines, IA	1:49:18	1:51:29	8:48
1403	145	M45	Todd Carter, 49, San Antonio, TX	1:49:18	1:50:43	8:48
1404	239	M30	Jonathan Altes, 33, Norwalk, IA	1:49:19	1:50:46	8:48
507	59	W40	Julie Marks, 44*, Des Moines, IA	1:49:19	1:51:58	8:48
1405	240	M30	Brian Vaughan, 31, Johnston, IA	1:49:19	1:50:16	8:48
508	98	W30	Carol Tesch, 32*, St Ansgar, IA	1:49:19	1:55:03	8:48
1406	82	M50	Curtis Perry, 50, Des Moines, IA	1:49:19	1:57:25	8:48
1407	201	M40	Brad Plummer, 40, Dubuque, IA	1:49:20	1:51:34	8:48
1408	83	M50	Lance Barnes, 52, Onalaska, WI	1:49:21	1:51:04	8:48
509	60	W40	Kristene Dunn, 42*, Windsor Heights, IA	1:49:21	1:51:17	8:48
510	118	W25	Alison Owens, 26*, West Des Moines, IA	1:49:22	1:50:34	8:48
511	119	W25	Wendy Bloomhuff, 27*, Ankeny, IA	1:49:22	1:52:37	8:48
1409	202	M40	David Chicken, 41, Waukee, IA	1:49:22	1:52:00	8:48
512	120	W25	Emily Bergfeld, 26*, Clive, IA	1:49:22	1:50:34	8:48
513	99	W30	Erin Moon, 33*, Ankeny, IA	1:49:22	1:50:40	8:48
1410	202	M35	Dan Petrak, 37, Grimes, IA	1:49:22	2:00:31	8:48
1411	70	M17	Brad Hovey, 18, Dallas Center, IA	1:49:22	1:50:55	8:48
1412	203	M35	Chris Johnson, 35, Ames, IA	1:49:23	1:55:04	8:48
1413	146	M45	Tom Rankin, 47, Ankeny, IA	1:49:23	1:50:19	8:48
514	84	W35	Molly Sivertsen, 35*, Indianola, IA	1:49:23	1:50:04	8:48
515	18	W17	Ali Meyer, 19*, West Des Moines, IA	1:49:23	1:50:24	8:48
516	32	W45	Rose Wignall, 48*, Creston, IA	1:49:23	1:51:46	8:48
1414	71	M17	Colin Harrington, 18, Adel, IA	1:49:23	1:50:54	8:48
517	85	W35	Katie Thilges, 35*, Ankeny, IA	1:49:25	1:51:35	8:48
1415	226	M25	Joseph Webb, 29, Eden Prairie, MN	1:49:26	1:54:35	8:48
1416	203	M40	Rodney Deronde, 41, Oskaloosa, IA	1:49:27	1:53:21	8:48
518	86	W35	Jennifer Barp, 35*, Johnston, IA	1:49:27	1:51:57	8:48
1417	204	M35	Brian Pattinson, 36, Des Moines, IA	1:49:27	1:51:21	8:48
519	100	W30	Lael Bagnall, 34*, Tama, IA	1:49:28	1:52:47	8:48
1418	147	M45	John Butel, 49, West Des Moines, IA	1:49:30	1:50:50	8:49
1419	21	M60	Lee Bendull, 60, Vinon, IA	1:49:30	1:50:32	8:49
1420	227	M25	Benjamin Parrott, 28, West Des Moines, IA	1:49:30	1:50:43	8:49
520	121	W25	Nicole Parrott, 28*, West Des Moines, IA	1:49:30	1:50:43	8:49
1421	84	M50	Mark Richards, 50, Clive, IA	1:49:30	1:51:35	8:49
1422	148	M45	Price Flanagan, 47, Des Moines, IA	1:49:31	1:51:02	8:49
1423	46	M55	Doug Hoffman, 57, West Des Moines, IA	1:49:31	1:51:02	8:49
1424	85	M50	Warren Chizek, 52, Marshalltown, IA	1:49:31	1:50:43	8:49
1425	228	M25	Matt Hawkins, 26, Ames, IA	1:49:32	1:51:40	8:49
521	101	W30	Joy Maifeld, 33*, Pella, IA	1:49:32	1:51:54	8:49
522	19	W50	Lisa Vaughn, 50*, Davenport, IA	1:49:32	1:56:43	8:49
523	102	W30	Erica Upmeyer, 32*, West Des Moines, IA	1:49:33	1:51:57	8:49
524	61	W40	Julie Bundy, 40*, Ames, IA	1:49:34	1:54:43	8:49
1426	241	M30	Tim McCloud, 31, Ankeny, IA	1:49:35	1:52:26	8:49
525	87	W35	Rtia Bunting, 38*, Indianola, IA	1:49:35	1:50:42	8:49
1427	242	M30	Sysouk Vongphasouk, 32, Des Moines, IA	1:49:35	1:54:05	8:49
526	122	W25	Donna Maher, 27*, Saint Louis Park, MN	1:49:36	1:50:13	8:49
527	7	JrW	Samantha Lennon, 15*, Clare, IA	1:49:36	1:50:28	8:49
528	62	W40	Terrie Price, 41*, Johnston, IA	1:49:36	1:54:06	8:49
1428	86	M50	Curtis Husske, 53, Maxwell, IA	1:49:37	1:50:00	8:49
529	63	W40	Ellen Middleswart, 43*, Urbandale, IA	1:49:37	1:49:43	8:49
1429	205	M35	Chris Nelson, 37, Ames, IA	1:49:37	1:53:02	8:49
530	123	W25	Andrea Brunk, 27*, Des Moines, IA	1:49:37	1:56:33	8:49
531	19	W17	Kate Schmerbach, 19*, Dubuque, IA	1:49:37	1:54:16	8:49
1430	149	M45	Brian Showen, 45, Desota, KS	1:49:38	1:51:17	8:49
1431	131	M20	Mark Fox, 23, Iowa City, IA	1:49:38	1:51:41	8:49
1432	46	JrM	Aaron Roberts, 16, Audubon, IA	1:49:38	1:51:45	8:49
532	76	W20	Sarah Buchanan, 23*, West Des Moines, IA	1:49:39	1:53:57	8:49
533	103	W30	Katie Olson, 32*, Ankeny, IA	1:49:39	1:56:34	8:49
534	104	W30	Amy Miller, 33*, Grinnell, IA	1:49:40	1:55:07	8:49
1433	87	M50	Jeff Hostetter, 50, West Des Moines, IA	1:49:41	1:50:18	8:49

1434	243	M30	Mike Richardson, 34, Adel, IA	1:49:41	1:52:48	8:49
535	77	W20	Bayle Larpenteur, 21*, Ankeny, IA	1:49:41	1:51:14	8:50
536	20	W50	Gail Bormann, 51*, Waukee, IA	1:49:41	1:51:17	8:50
1435	206	M35	Tim Carver, 35, Urbandale, IA	1:49:42	1:54:15	8:50
1436	204	M40	Joel Grabinoski, 44, Armstrong, IA	1:49:42	1:55:18	8:50
537	64	W40	Laurie Peterson, 40*, West Des Moines, IA	1:49:42	1:52:23	8:50
1437	207	M35	Matt Kristufek, 39, Marietta, GA	1:49:42	1:52:37	8:50
1438	208	M35	Christopher Smith, 35, Clive, IA	1:49:42	1:54:40	8:50
1439	205	M40	Karl Kruse, 44, Johnston, IA	1:49:42	1:52:22	8:50
1440	209	M35	Aaron Fopma, 35, Blairsburg, IA	1:49:43	1:55:43	8:50
538	105	W30	Jennifer Frimml, 30*, Marion, IA	1:49:43	1:51:20	8:50
539	124	W25	Eliza Nosek, 26*, Des Moines, IA	1:49:44	1:54:03	8:50
540	125	W25	Gina Brown, 27*, Ankeny, IA	1:49:44	1:52:44	8:50
1441	206	M40	Rod Schuler, 43, Andover, MN	1:49:44	1:54:49	8:50
1442	229	M25	Justin Barrett, 28, Des Moines, IA	1:49:44	1:55:20	8:50
1443	244	M30	Shaun Cassells, 30, Cedar Rapids, IA	1:49:44	1:50:41	8:50
1444	88	M50	Bob Brooks, 50, West Des Moines, IA	1:49:45	1:52:16	8:50
1445	89	M50	Stephen Mulert, 52, Grimes, IA	1:49:45	1:51:36	8:50
1446	47	M55	David Acker, 56, Ames, IA	1:49:46	1:50:55	8:50
1447	210	M35	Chad Jurgenson, 38, Cedar Rapids, IA	1:49:46	1:55:43	8:50
541	33	W45	Teri Feldmann, 48*, Des Moines, IA	1:49:46	1:54:08	8:50
542	106	W30	Martha Rockwell, 33*, Des Moines, IA	1:49:49	1:51:23	8:50
543	107	W30	Megan Schiebel, 32*, Washington, IA	1:49:49	1:52:12	8:50
1448	211	M35	Troy Wright, 39, Des Moines, IA	1:49:49	1:50:10	8:50
1449	90	M50	John Roberts, 52, Audubon, IA	1:49:50	1:51:57	8:50
544	78	W20	Jenn Burke, 24*, Iowa City, IA	1:49:51	1:54:28	8:50
1450	245	M30	Tracy Henke, 34, Treynor, IA	1:49:51	1:52:10	8:50
1451	246	M30	Able Mahaffey, 30, Altoona, IA	1:49:52	1:54:48	8:50
1452	247	M30	Hector Bombiella Medina, 30, Ames, IA	1:49:52	1:55:44	8:50
1453	212	M35	Joshua Wing, 35, Maquoketa, IA	1:49:53	1:53:11	8:50
545	108	W30	Michelle Wing, 33*, Maquoketa, IA	1:49:53	1:53:11	8:50
546	126	W25	Jessica Savage, 27*, West Des Moines, IA	1:49:54	1:53:07	8:51
1454	207	M40	Tim Weber, 40, Waukee, IA	1:49:54	1:52:30	8:51
547	109	W30	Kim Seitz, 31*, La Crscent, MN	1:49:54	1:55:28	8:51
1455	248	M30	Mike Wanzek, 30, Ankeny, IA	1:49:55	1:50:44	8:51
1456	91	M50	Carl Shawer, 50, Clive, IA	1:49:55	1:50:16	8:51
548	88	W35	Stephanie Byland, 36*, Edina, MN	1:49:55	1:52:21	8:51
1457	213	M35	Kevin Stittsworth, 35, Knoxville, IA	1:49:56	1:50:41	8:51
1458	214	M35	Brennan Buckley, 36, Norwalk, IA	1:49:56	1:51:15	8:51
1459	132	M20	Greg Altmaier, 22, Des Moines, IA	1:49:56	1:54:21	8:51
549	127	W25	Angie Bacon, 29*, Boone, IA	1:49:56	1:52:56	8:51
550	128	W25	Cassandra Navarro, 26*, Whitefish Bay, WI	1:49:57	1:55:19	8:51
551	65	W40	Carrie Crawford, 44*, Des Moines, IA	1:49:57	1:51:16	8:51
552	20	W17	Kayleigh Wren, 17*, Des Moines, IA	1:49:57	1:50:42	8:51
553	89	W35	Sara Lehman, 37*, Ames, IA	1:49:58	1:51:18	8:51
554	79	W20	Juliana Cordova, 24*, Clive, IA	1:49:58	1:52:11	8:51
1460	249	M30	Matthew Johnson, 30, Centerville, IA	1:49:58	1:51:03	8:51
1461	72	M17	Andy Allen, 19, Des Moines, IA	1:49:58	1:50:43	8:51
1462	215	M35	Brad Jones, 37, Grantsburg, WI	1:49:58	1:52:14	8:51
555	21	W17	Jamie Elbert, 18*, Indianola, IA	1:50:00	1:54:54	8:51
1463	208	M40	Nick Dimarco, 43, Clear Lake, IA	1:50:00	1:52:12	8:51
556	129	W25	Kerri Degraff, 25*, Sioux Falls, SD	1:50:01	1:51:12	8:51
1464	230	M25	Matt Thompson, 28, Creston, IA	1:50:01	1:51:12	8:51
557	90	W35	Michelle Lachner, 38*, Spencer, IA	1:50:01	1:56:03	8:51
558	80	W20	Stephanie Robison, 23*, Marion, IA	1:50:01	1:51:03	8:51
1465	250	M30	Brent Osborne, 34, Des Moines, IA	1:50:02	1:51:19	8:51
1466	251	M30	Justin Wilkening, 30, West Des Moines, IA	1:50:02	1:52:48	8:51
559	110	W30	Xin Meng, 33*, Johnston, IA	1:50:03	1:50:38	8:51
560	91	W35	Marcia Corson, 37*, Cedra Falls, IA	1:50:04	1:56:54	8:51
1467	209	M40	Gilbert Garcia, 41, Topeka, KS	1:50:04	1:55:47	8:51
1468	231	M25	Seth Hagarty, 26, Ankeny,, Ia	1:50:04	1:51:00	8:51
561	66	W40	Dori Groenendyk, 41*, Sioux Center, IA	1:50:04	1:56:00	8:51
562	130	W25	Sarah Danik, 26*, Des Moines, IA	1:50:05	1:51:03	8:51
563	131	W25	Rachel Pierce, 27*, Urbandale, IA	1:50:05	1:51:04	8:51
1469	150	M45	Tom Hauser, 48, Chanhassen, MN	1:50:06	1:54:00	8:51

564	111	W30	Rachel Person, 34*, Des Moines, IA	1:50:07	1:54:41	8:52
1470	216	M35	Chris Ash, 35, Ames, IA	1:50:08	1:52:42	8:52
1471	48	M55	C Peter Crawford, 59, Red Oak, IA	1:50:08	1:51:18	8:52
1472	232	M25	Jonathan Marvin, 26, Minnetonka, MN	1:50:08	1:52:41	8:52
1473	210	M40	Gerrad Clausen, 40, Granger, IA	1:50:08	1:52:37	8:52
1474	211	M40	Mario Mautino, 42, Ankeny, IA	1:50:08	1:51:22	8:52
1475	151	M45	Rick Gronemeyer, 45, Wilton, IA	1:50:09	1:51:53	8:52
1476	233	M25	Jeff Mayrose, 28, Des Moines, IA	1:50:09	1:50:48	8:52
1477	47	JrM	Charles Godwin, 16, Exira, IA	1:50:09	1:50:09	8:52
1478	133	M20	Kyle Kramer, 21, Urbandale, IA	1:50:10	1:52:12	8:52
565	81	W20	Tera Petersen, 24*, Slater, IA	1:50:10	1:53:57	8:52
566	22	W17	Michelle Rabedeaux, 17*, Newton, IA	1:50:10	1:51:35	8:52
1479	212	M40	James Lunders, 40, Johnston, IA	1:50:11	1:50:49	8:52
567	67	W40	Jody Kimrey, 40*, Johnston, IA	1:50:11	1:52:09	8:52
1480	217	M35	Kerry Wegman, 36, Iowa City, IA	1:50:11	1:54:40	8:52
1481	218	M35	Dennis Nevills, 36, Bettendorf, IA	1:50:11	1:56:12	8:52
1482	252	M30	Bryan Bacehowski, 30, Madison, WI	1:50:11	1:57:26	8:52
1483	49	M55	Randy Myers, 57, Woodward, IA	1:50:11	1:54:14	8:52
1484	253	M30	Rami Hanania, 31, Des Moines, IA	1:50:12	1:52:31	8:52
1485	92	M50	Agustin San Elias, 51, Des Moines, IA	1:50:13	1:51:32	8:52
1486	134	M20	Samuel Johnson, 22, Creston, IA	1:50:14	1:56:11	8:52
568	132	W25	Meghan Middendorf, 25*, West Des Moines, IA	1:50:14	1:54:02	8:52
1487	213	M40	Rick Schmidt, 41, Des Moines, IA	1:50:16	1:50:46	8:52
569	92	W35	Peggy Hentges, 38*, Urbandale, IA	1:50:16	1:57:50	8:52
570	21	W50	Debi Bull, 51*, Des Moines, IA	1:50:16	1:51:52	8:52
571	68	W40	Jackie Ackerman, 43*, Johnston, IA	1:50:17	1:51:36	8:52
572	133	W25	Jessica Schaack, 28*, Urbandale, IA	1:50:17	1:55:39	8:52
573	93	W35	Amy Hanna, 36*, Apple Valley, MN	1:50:18	1:52:19	8:52
1488	73	M17	Jack Zehr, 17, Ankeny, IA	1:50:19	1:51:14	8:53
574	134	W25	Trisha Mentzer, 25*, Ankeny, IA	1:50:19	1:51:42	8:53
1489	254	M30	McIhael Armstrong, 30, Central City, IA	1:50:20	1:53:28	8:53
575	69	W40	Jacqueline Harms, 40*, West Des Moines, IA	1:50:20	1:50:44	8:53
1490	152	M45	Marty Richardson, 48, Ankeny, IA	1:50:20	1:50:59	8:53
576	8	JrW	Megan Nieland, 16*, Ankeny, IA	1:50:20	1:52:06	8:53
577	135	W25	Cassy Townsley, 27*, Cedar Rapids, IA	1:50:20	1:51:18	8:53
1491	234	M25	Matt Townsley, 27, Cedar Rapids, IA	1:50:20	1:51:18	8:53
578	82	W20	Christen Hillmer, 21*, Ames, IA	1:50:21	1:56:12	8:53
1492	235	M25	Luke Anderson, 28, West Des Moines, IA	1:50:21	1:57:16	8:53
579	83	W20	Nettie McGuire, 23*, Ames, IA	1:50:21	1:56:12	8:53
580	136	W25	Ashley Mahannah, 27*, Ames, IA	1:50:21	1:52:42	8:53
581	94	W35	Diana Van Ravenswaay, 39*, Orange City, IA	1:50:21	1:54:05	8:53
1493	219	M35	Justin Sample, 35, Huxley, IA	1:50:21	1:52:15	8:53
1494	236	M25	Aaron Eggert, 26, Colfax, IA	1:50:22	1:51:03	8:53
1495	255	M30	Mitchell Kunert, 30, Ankeny, IA	1:50:23	1:52:00	8:53
582	84	W20	Hailey Schacht, 20*, Waukee, IA	1:50:25	1:56:29	8:53
1496	214	M40	Kyle Weuve, 43, Urbandale, IA	1:50:25	1:51:45	8:53
583	22	W50	Susan Ridenour, 51*, Des Moines, IA	1:50:25	1:51:50	8:53
1497	256	M30	Cj Schrunk, 31, West Des Moines, IA	1:50:26	1:50:44	8:53
1498	135	M20	Nathan Robertson, 23, West Des Moines, IA	1:50:26	1:53:09	8:53
1499	215	M40	Delane Wolter, 42, Palo, IA	1:50:26	1:51:27	8:53
584	112	W30	Julie Grove, 34*, Ellsworth, IA	1:50:27	1:52:05	8:53
1500	237	M25	Shane Gray, 29, Urbandale, IA	1:50:27	1:51:32	8:53
585	95	W35	Jodi England, 37*, Cedar Rapids, IA	1:50:27	1:51:27	8:53
586	113	W30	Tina Stuart, 31*, Indianola, IA	1:50:28	1:52:59	8:53
1501	257	M30	Justin Stuart, 32, Indianola, IA	1:50:28	1:52:59	8:53
587	34	W45	Lisa Lensing, 46*, Pella, IA	1:50:29	1:56:40	8:53
588	85	W20	Kerrie Thompson, 22*, Huxley, IA	1:50:29	1:54:39	8:53
1502	48	JrM	Dakota Glenn, 14, Adel, IA	1:50:30	1:50:48	8:53
589	96	W35	Tricia Vermeer, 37*, Pella, IA	1:50:30	1:56:41	8:53
590	35	W45	Cindy Gress, 45*, Bellevue, NE	1:50:30	1:51:45	8:53
1503	216	M40	Steve Maruth, 44, Ankeny, IA	1:50:31	1:52:15	8:53
1504	220	M35	Matt Chappell, 38, Van Meter, IA	1:50:31	1:53:20	8:53
591	23	W50	Dee Henderson, 51*, Clive, IA	1:50:31	1:52:25	8:54
1505	153	M45	Craig Allison, 49, Urbandale, IA	1:50:32	1:52:37	8:54

1506	93	M50	Daniel Todd, 54, West Des Moines, IA	1:50:33	1:51:49	8:54
1507	221	M35	Tom Pesek, 37, Ankeny, IA	1:50:33	1:56:15	8:54
1508	238	M25	Braxton Canfield, 29, Alexandria, VA	1:50:33	1:54:11	8:54
592	114	W30	Billi Williams, 30*, Cedar Rapids, IA	1:50:33	1:54:25	8:54
1509	217	M40	Jim Nahas, 40, West Des Moines, IA	1:50:33	1:54:33	8:54
1510	222	M35	Scott England, 37, Cedar Rapids, IA	1:50:33	1:51:34	8:54
1511	258	M30	Clint Jones, 34, West Des Moines, IA	1:50:34	1:53:10	8:54
1512	74	M17	Jake Meyer, 18, Van Meter, IA	1:50:34	1:51:47	8:54
1513	50	M55	Dick Mullen, 56, Urbandale, IA	1:50:34	1:53:26	8:54
1514	51	M55	Bob Overstreet, 58, Des Moines, IA	1:50:35	1:51:52	8:54
1515	239	M25	Mark Gelbman, 29, West Des Moines, IA	1:50:35	1:51:02	8:54
593	97	W35	Kristen Lehman, 35*, Lakeville, MN	1:50:36	1:51:05	8:54
1516	94	M50	Mark Berry, 50, Omaha, NE	1:50:36	1:51:50	8:54
1517	259	M30	Darin Frerichs, 34, Clive, IA	1:50:37	1:52:50	8:54
594	86	W20	Kari Till, 22*, Davenport, IA	1:50:37	1:52:48	8:54
595	137	W25	Emily Fuerstenau, 25*, Davenport, IA	1:50:37	1:51:04	8:54
1518	136	M20	Dane Seaberg, 20, Des Moines, IA	1:50:38	1:53:15	8:54
1519	22	M60	Carl Voss, 60, Des Moines, IA	1:50:38	1:51:51	8:54
1520	260	M30	Sean Richter, 33, West Des Moines, IA	1:50:38	1:51:06	8:54
1521	137	M20	Tony Pollastrini, 24, Cedar Falls, IA	1:50:41	1:54:19	8:54
596	70	W40	Elisabeth Reynoldson, 41*, Osceola, IA	1:50:41	1:53:43	8:54
597	115	W30	Tiffany Kleckner, 30*, Hiawatha, IA	1:50:41	1:56:06	8:54
598	116	W30	Kelly Lloyd, 30*, Des Moines, IA	1:50:41	1:57:27	8:54
1522	218	M40	Sean Taylor, 42, Ames, IA	1:50:42	1:53:47	8:54
599	117	W30	Jessica Rezac, 30*, Armstrong, IA	1:50:43	1:56:18	8:54
600	118	W30	Stacy Berenguel, 30*, Des Moines, IA	1:50:45	1:54:20	8:55
601	23	W17	Kathy Fatland, 19*, West Des Moines, IA	1:50:45	1:55:08	8:55
602	119	W30	Carly Millsap, 31*, Des Moines, IA	1:50:45	1:54:12	8:55
1523	223	M35	Dale Grieder, 39, Ankeny, IA	1:50:46	1:57:52	8:55
1524	224	M35	Pat Vilmont, 35, Waukee, IA	1:50:46	1:56:35	8:55
1525	225	M35	William Hummel, 38, Panora, IA	1:50:46	1:55:02	8:55
603	98	W35	Jana Rieker, 37*, Clive, IA	1:50:46	1:55:06	8:55
604	120	W30	Melissa Billings, 34*, Ankeny, IA	1:50:48	1:51:17	8:55
1526	261	M30	Jason Stadler, 34, Des Moines, IA	1:50:49	1:56:45	8:55
1527	240	M25	Richard Faris, 27, Ames, IA	1:50:49	1:52:21	8:55
605	87	W20	Rachel Vomacka, 24*, Newton, IA	1:50:50	1:55:26	8:55
606	88	W20	Ali Lohmeier, 24*, Davenport, IA	1:50:50	1:57:31	8:55
607	24	W17	Jessica Lahrs, 17*, Papillion, NE	1:50:50	1:52:05	8:55
1528	241	M25	Mark Love, 29, Owatonna, MN	1:50:51	1:54:19	8:55
1529	242	M25	Randy Keys, 27, Urbandale, IA	1:50:52	1:51:26	8:55
608	89	W20	Vanessa Rosburg, 24*, Des Moines, IA	1:50:52	1:57:59	8:55
609	90	W20	Krista Betten, 21*, Ames, IA	1:50:53	1:52:27	8:55
610	36	W45	Kriss Uehling, 46*, Ottumwa, IA	1:50:53	1:55:02	8:55
1530	226	M35	Jerrett Ferguson, 35, Solon, IA	1:50:54	1:54:35	8:55
1531	243	M25	Zach Hall, 26, Clear Lake, IA	1:50:56	1:52:36	8:56
611	99	W35	Holli Miller, 39*, Ankeny, IA	1:50:57	1:57:52	8:56
1532	52	M55	Neil Swanson, 58, Palo, IA	1:50:57	1:53:33	8:56
612	100	W35	Danika Vilmont, 36*, Waukee, IA	1:50:58	1:56:47	8:56
613	121	W30	Krista Banyas, 34*, Altoona, IA	1:50:59	1:53:16	8:56
1533	244	M25	Matt Goaley, 26, Des Moines, IA	1:50:59	1:51:41	8:56
614	138	W25	Tonya Cook, 29*, Pleasantville, IA	1:50:59	1:52:18	8:56
1534	245	M25	Jeff Stewart, 26, Waterloo, IA	1:50:59	1:54:54	8:56
615	101	W35	Krista Walker, 38*, Johnston, IA	1:51:00	1:51:46	8:56
616	122	W30	Robyn Clevenger, 30*, West Des Moines, IA	1:51:00	1:53:36	8:56
617	139	W25	Aimee Reichel, 28*, West Des Moines, IA	1:51:01	1:54:57	8:56
1535	219	M40	Nick Tornabane, 40, Waukee, IA	1:51:01	1:51:54	8:56
1536	246	M25	Joseph Poschner, 28, Urbandale, IA	1:51:02	1:51:50	8:56
1537	262	M30	Brian Kuehler, 33, West Des Moines, IA	1:51:03	1:58:49	8:56
1538	263	M30	Russell Nolan, 34, W. Des Moines, IA	1:51:03	1:52:33	8:56
1539	264	M30	Kevin Cline, 33, Des Moines, IA	1:51:03	1:52:33	8:56
1540	265	M30	Carl Berg, 31, Mason City, IA	1:51:04	1:55:24	8:56
618	102	W35	Renee Fickbohm, 35*, Johnston, IA	1:51:04	1:53:58	8:56
619	103	W35	Sarah Johnson, 37*, Coralville, IA	1:51:04	1:54:21	8:56
1541	266	M30	Ryan Carstensen, 32, Ankeny, IA	1:51:06	1:53:56	8:56
1542	247	M25	Aaron Kleckner, 29, Hiawatha, IA	1:51:06	1:56:31	8:56

1543	53	M55	Charles Smith, 58, Urbandale, IA	1:51:06	1:53:58	8:56
1544	23	M60	Bob Clark, 60, Cedar Rapids, IA	1:51:09	1:53:34	8:57
1545	248	M25	Clint Cummings, 27, Des Moines, IA	1:51:09	1:54:03	8:57
620	91	W20	Elizabeth Rottenberg, 23*, Des Moines, IA	1:51:09	1:55:01	8:57
621	123	W30	Julie Pecinovsky, 31*, West Des Moines, IA	1:51:10	1:51:24	8:57
1546	138	M20	Andy Conyers, 22, Des Moines, IA	1:51:11	1:55:49	8:57
1547	249	M25	Justin Carley, 28, West Des Moines, IA	1:51:11	1:58:09	8:57
1548	139	M20	Jason Baum, 24, Clive, IA	1:51:11	1:55:44	8:57
1549	220	M40	Mark Meyer, 44, Waukee, IA	1:51:11	1:58:28	8:57
1550	227	M35	Scott Johnston, 39, Indianola, IA	1:51:12	1:52:54	8:57
1551	95	M50	James Fuller, 50, Marshalltown, IA	1:51:12	1:51:57	8:57
1552	154	M45	Chris Jeffrey, 45, Iowa City, IA	1:51:13	1:55:03	8:57
1553	250	M25	Adam Jones, 29, Grimes, IA	1:51:13	1:55:33	8:57
1554	221	M40	Rob Doheny, 43, Clive, IA	1:51:13	1:56:46	8:57
1555	140	M20	William Woods, 23, Ames, IA	1:51:14	1:53:27	8:57
1556	49	JrM	Chris Lee, 16, Urbandale, IA	1:51:14	1:51:57	8:57
622	124	W30	Olivia Hocker, 30*, Williamsburg, IA	1:51:16	1:53:39	8:57
623	71	W40	Michelle Mullin, 44*, Clive, IA	1:51:16	1:55:27	8:57
1557	228	M35	Christopher Roling, 37, Des Moines, IA	1:51:16	1:52:08	8:57
624	125	W30	Latris Overspade, 34*, Ankeny, IA	1:51:17	1:51:38	8:57
1558	251	M25	Joshua Tew, 28, Cedar Rapids, IA	1:51:17	1:53:08	8:57
1559	267	M30	Tim Heinemann, 31, Oskaloosa, IA	1:51:17	1:56:18	8:57
1560	252	M25	Mitch Ridnour, 26, Chicago, IL	1:51:18	1:54:36	8:57
625	37	W45	Cynthia Lentz, 45*, Polk City, IA	1:51:21	1:57:17	8:58
626	72	W40	Robin Prier-Ross, 43*, Clive, IA	1:51:21	1:55:32	8:58
1561	155	M45	Eric Larson, 47, Adel, IA	1:51:21	1:56:45	8:58
627	73	W40	Jo Ann Green, 41*, Urbandale, IA	1:51:22	1:57:30	8:58
1562	268	M30	Matthew Corbett, 32, Grimes, IA	1:51:23	1:56:36	8:58
1563	229	M35	Andrew Wilkey, 39, Minnetonka, MN	1:51:25	1:53:18	8:58
628	74	W40	Paula Allison, 43*, Boone, IA	1:51:25	1:52:54	8:58
1564	253	M25	Lance Johnston, 25, Ankeny, IA	1:51:25	1:52:12	8:58
629	75	W40	Julie Petersen, 40*, Huxley, IA	1:51:25	1:55:29	8:58
630	104	W35	Dona Cretors, 39*, Grimes, IA	1:51:25	1:53:46	8:58
631	105	W35	Angela Forret, 36*, Waukee, IA	1:51:26	1:57:13	8:58
632	92	W20	Molly Mueller, 23*, Des Moines, IA	1:51:26	1:56:34	8:58
1565	269	M30	Todd Smithson, 32, Granger, IA	1:51:28	1:54:48	8:58
1566	54	M55	Ted La Buff, 55, Winterset, IA	1:51:29	1:52:11	8:58
1567	270	M30	Colin Witt, 34, Des Moines, IA	1:51:29	1:54:24	8:58
1568	222	M40	Chris Delury, 40, Pleasant Hill, IA	1:51:29	1:53:25	8:58
633	106	W35	Lori Kiene, 36*, Ankeny, IA	1:51:29	1:55:26	8:58
634	126	W30	Lacosta Potter, 33*, Dallas Center, IA	1:51:29	1:57:02	8:58
1569	223	M40	Jon Thompson, 42, Urbandale, IA	1:51:29	1:58:41	8:58
635	93	W20	Katie O'Keefe, 20*, Urbandale, IA	1:51:29	1:52:13	8:58
636	76	W40	Holli Hillmer, 44*, Eldora, IA	1:51:30	1:51:47	8:58
637	25	W17	Christa Rieks, 18*, Alden, IA	1:51:30	1:52:10	8:58
1570	3	M65	Herman Merten, 66, Charles City, IA	1:51:30	1:51:30	8:58
1571	254	M25	Quentin Huisman, 25, Windsor Heights, IA	1:51:31	1:53:43	8:58
1572	156	M45	Dan Varnum, 47, Ankeny, IA	1:51:32	1:51:36	8:58
1573	157	M45	Kirk Reeder, 49, Ankeny, IA	1:51:32	1:54:08	8:58
1574	255	M25	Tim Moran, 26, Story City, IA	1:51:33	1:53:30	8:58
1575	256	M25	Brennan Dolan, 29, Cedar Rapids, IA	1:51:33	1:53:05	8:58
1576	158	M45	Bob Burgess, 47, Donnellson, Ia, Ia	1:51:33	1:53:19	8:59
638	38	W45	Gwen Prentice, 46*, Solon, IA	1:51:33	1:53:38	8:59
1577	159	M45	John Mc Donald, 47, Norwalk, IA	1:51:33	1:56:17	8:59
1578	160	M45	Jon Greising, 45, Johnston, IA	1:51:34	1:57:23	8:59
1579	161	M45	Chris Admussen, 45, Urbandale, IA	1:51:34	1:55:43	8:59
1580	96	M50	Phil Brade, 52, West Liberty, IA	1:51:34	1:54:36	8:59
639	107	W35	Julie Peterson, 38*, Ames, IA	1:51:35	1:53:05	8:59
1581	257	M25	Rob Walker, 29, Des Moines, IA	1:51:35	1:53:32	8:59
1582	224	M40	Eric Gannon, 42, Colfax, IA	1:51:36	1:53:38	8:59
640	108	W35	Amy Ridout, 38*, Tama, IA	1:51:36	1:54:55	8:59
1583	162	M45	Daniel Bergman, 47, Ankeny, IA	1:51:36	1:52:46	8:59
641	39	W45	Carol Tierney, 47*, Ames, IA	1:51:38	1:55:05	8:59
1584	258	M25	Corey St. John, 29, Des Moines, IA	1:51:38	1:55:40	8:59
642	127	W30	Kelly Hemmer, 31*, West Des Moines, IA	1:51:39	1:54:27	8:59

643	94	W20	Shauna Olson, 23*, Ames, IA	1:51:40	1:57:54	8:59
1585	225	M40	Jim Nemitz, 43, Toddville, IA	1:51:40	1:57:29	8:59
1586	259	M25	Ryan Murphy, 28, West Des Moines, IA	1:51:40	1:52:52	8:59
1587	4	M65	Clay Whiteis, 66, Dea Moines, IA	1:51:40	1:52:08	8:59
1588	260	M25	Jeremy Wells, 27, Oak Forest, IL	1:51:40	1:53:40	8:59
644	26	W17	Rachel Cramer, 19*, Guthrie Center, IA	1:51:41	1:52:58	8:59
645	109	W35	Stacy Anderson, 39*, Forest City, IA	1:51:41	1:51:46	8:59
646	110	W35	Wendy Postel, 37*, Urbandale, IA	1:51:41	1:53:32	8:59
1589	271	M30	Randy Sturm, 31, Belmond, IA	1:51:42	1:56:13	8:59
1590	230	M35	Steve Postel, 35, Urbandale, IA	1:51:42	1:53:32	8:59
1591	163	M45	Bill Burma, 45, Ankeny, IA	1:51:44	1:52:15	8:59
647	95	W20	Amanda Ita, 20*, Danville, IA	1:51:44	1:53:28	8:59
1592	261	M25	Adam Woodle, 26, Ames, IA	1:51:45	1:55:22	8:59
648	27	W17	Georgia Wright-Simmons, 18*, Grinnell, IA	1:51:45	1:59:13	9:00
649	77	W40	Mindee Jensen, 42*, Ankeny, IA	1:51:46	1:56:55	9:00
1593	262	M25	Michael Billings, 25, West Des Moines, IA	1:51:47	1:52:35	9:00
1594	24	M60	Del Lark, 60, Des Moines, IA	1:51:47	1:52:12	9:00
650	78	W40	Stephanie Aveni, 42*, West Des Moines, IA	1:51:48	1:53:04	9:00
1595	141	M20	Ross Lippincott, 23, Slater, IA	1:51:48	1:53:37	9:00
651	111	W35	Mendy Sebolt, 35*, Centerville, IA	1:51:49	1:52:54	9:00
1596	263	M25	Christopher Fitzgerald, 25, Des Moines, IA	1:51:49	1:55:42	9:00
1597	272	M30	Jonathan Williams, 34, Waukee, IA	1:51:49	1:55:22	9:00
652	112	W35	Kristina Schmidt, 38*, West Des Moines, IA	1:51:49	1:55:26	9:00
653	79	W40	Lonni Waltermire, 41*, Garwin, IA	1:51:50	1:56:00	9:00
1598	164	M45	Thomas Benton, 46, Exira, IA	1:51:50	1:58:51	9:00
654	28	W17	Brittany Petersen, 19*, Slater, IA	1:51:50	1:55:37	9:00
1599	231	M35	Jason Haes, 35, Altoona, IA	1:51:50	1:54:33	9:00
1600	232	M35	Chris Eggert, 37, Ames, IA	1:51:51	1:52:00	9:00
1601	226	M40	Erik Swee, 43, Urbandale, IA	1:51:51	1:52:23	9:00
1602	227	M40	Troy Weiland, 44, Adel, IA	1:51:53	1:52:23	9:00
1603	228	M40	Jeff Sullivan, 44, West Des Moines, IA	1:51:54	1:53:31	9:00
1604	233	M35	Blair Smith, 38, Des Moines, IA	1:51:54	1:54:38	9:00
655	140	W25	Julia Potter, 25*, Bellevue, NE	1:51:54	1:57:26	9:00
656	128	W30	Lisa Hardersen, 30*, Urbandale, IA	1:51:55	1:54:11	9:00
1605	97	M50	John Sorenson, 54, Des Moines, IA	1:51:55	1:53:38	9:00
1606	273	M30	Ben Palmer, 34, West Branch, IA	1:51:55	1:54:57	9:00
1607	142	M20	Almir Beganovic, 20, Urbandale, IA	1:51:56	1:52:20	9:00
1608	274	M30	Matthew Trosper, 32, Ankeny, IA	1:51:57	1:52:38	9:00
657	129	W30	Maria Trosper, 32*, Ankeny, IA	1:51:58	1:52:38	9:00
1609	165	M45	Kevin Gordon, 45, Johnston, IA	1:51:59	1:53:32	9:01
1610	264	M25	Todd Manary, 26, Ottumwa, IA	1:51:59	1:55:30	9:01
658	113	W35	Tonya Oolman, 35*, Paullina, IA	1:51:59	1:56:39	9:01
659	114	W35	Kim Pope, 36*, Urbandale, IA	1:52:00	1:53:21	9:01
660	130	W30	Amanda Oleson, 33*, West Des Moines, IA	1:52:00	1:53:22	9:01
1611	166	M45	Jeffrey Bakeris, 45, Runnells, IA	1:52:01	1:54:44	9:01
1612	229	M40	Jerry Zenk, 44, Urbandale, IA	1:52:01	1:53:34	9:01
1613	275	M30	Troy Ohnemus, 30, Carlisle, IA	1:52:03	1:57:33	9:01
661	141	W25	Kate Gregory, 27*, Grimes, IA	1:52:04	1:52:38	9:01
1614	230	M40	Jim Bird, 41, Des Moines, IA	1:52:04	1:53:37	9:01
662	142	W25	Kate Crawford, 25*, Adair, IA	1:52:05	1:56:14	9:01
1615	234	M35	Casey Niemann, 35, Waukee, IA	1:52:06	1:53:21	9:01
663	131	W30	Kathy Davis, 31*, Collins, IA	1:52:06	1:54:12	9:01
1616	231	M40	Blair Beck, 43, Bondurant, IA	1:52:07	1:54:32	9:01
1617	50	JrM	Collin O'Leary, 16, Desota, IA	1:52:07	1:54:01	9:01
1618	98	M50	Blake Barnes, 54, Mason City, IA	1:52:07	1:53:50	9:01
1619	25	M60	Jim Thompson, 60, Cedar Falls, IA	1:52:08	1:53:05	9:01
1620	143	M20	Jp Webb, 24, Iowa City, IA	1:52:09	1:56:29	9:01
1621	167	M45	Chris Kannapel, 46, Windsor Heights, IA	1:52:11	1:53:35	9:02
1622	75	M17	Andrew Klein, 18, Clear Lake, IA	1:52:11	1:54:50	9:02
664	115	W35	Jennifer Joyce, 35*, Hiawatha, IA	1:52:11	1:55:13	9:02
1623	99	M50	Steve Vance, 51, Sheldahl, IA	1:52:11	1:57:23	9:02
1624	168	M45	Daniel Reed, 48, Edina, MN	1:52:13	1:52:46	9:02
1625	235	M35	Eric Holm, 38, Waukee, IA	1:52:14	1:53:06	9:02
665	29	W17	Mallory Klocke, 18*, Dedham, IA	1:52:14	1:53:14	9:02
1626	55	M55	Jerry Paisley, 55, Clinton, IA	1:52:14	1:57:39	9:02

666	143	W25	Amy Branderhorst, 26*, Pella, IA	1:52:15	1:57:12	9:02
667	116	W35	Lorna Gioffredi, 37*, Indainola, IA	1:52:15	1:52:56	9:02
1627	169	M45	Matt Parman, 48, Colfax, IA	1:52:15	1:54:13	9:02
1628	100	M50	Jon Williams, 50, Urbandale, IA	1:52:15	1:53:31	9:02
668	144	W25	Kristen Hansen, 25*, Dallas Center, IA	1:52:15	1:52:51	9:02
669	132	W30	Alecia Moritz, 30*, Fort Dodge, IA	1:52:16	1:52:50	9:02
670	96	W20	Ashley Charmichael, 24*, Iowa City, IA	1:52:17	1:57:29	9:02
1629	265	M25	Nicholas Kane, 28, Iowa City, IA	1:52:17	1:57:29	9:02
1630	266	M25	Reanen Michael, 27, Omaha, NE	1:52:18	1:56:10	9:02
671	97	W20	Sheila Parrish, 24*, Des Moines, IA	1:52:18	1:56:09	9:02
1631	144	M20	Ted Schreur, 22, Ankeny, IA	1:52:18	1:58:36	9:02
672	145	W25	Lacey Woolf, 27*, San Diego, CA	1:52:18	1:56:25	9:02
1632	267	M25	Matt Berkland, 28, Des Moines, IA	1:52:18	1:53:36	9:02
673	146	W25	Stephanie Olson, 25*, Des Moines, IA	1:52:19	1:56:11	9:02
1633	232	M40	Todd Carver, 41, Otho, IA	1:52:19	1:55:16	9:02
1634	268	M25	Jimmy Oltmann, 26, West Des Moines, IA	1:52:20	1:54:59	9:02
674	133	W30	Maisie Bovy, 31*, Waterloo, IA	1:52:20	1:58:25	9:02
675	147	W25	Alisa Drapeaux, 29*, Ankeny, IA	1:52:20	1:59:59	9:02
676	98	W20	Christa Backus, 23*, Mason City, IA	1:52:21	1:56:50	9:02
677	40	W45	Julie Bishop, 47*, Urbandale, IA	1:52:21	1:54:45	9:02
1635	276	M30	Dave Mason, 30, Bloomfield, IA	1:52:21	1:57:20	9:02
1636	51	JrM	Jesse McAtee, 15, Runnells, IA	1:52:21	1:53:38	9:02
678	117	W35	Cheryl Smith, 37*, Urbandale, IA	1:52:21	1:56:39	9:02
1637	236	M35	Jaye Heater, 36, Marion, IA	1:52:21	1:55:34	9:02
1638	277	M30	Sylvain Marseille, 33, Des Moines, IA	1:52:21	1:55:44	9:02
679	24	W50	Paula Dierenfeld, 54*, Johnston, IA	1:52:21	1:54:04	9:02
680	80	W40	Joni Lawson, 41*, Ottumwa, IA	1:52:22	1:54:04	9:02
1639	278	M30	David Muenchrath, 31, Clarinda, IA	1:52:22	1:54:11	9:02
1640	145	M20	Scott Krava, 24, Johnston, IA	1:52:23	1:55:09	9:02
681	134	W30	Mindy Franzeen, 33*, Johnston, IA	1:52:23	1:55:41	9:02
1641	101	M50	Randy Sly, 51, Grimes, IA	1:52:24	1:55:09	9:03
682	135	W30	Randi Peterson, 30*, Cedar Rapids, IA	1:52:24	1:58:56	9:03
1642	146	M20	Marcus Thompson, 23, Des Moines, IA	1:52:25	1:57:45	9:03
1643	102	M50	Don Parry, 51, Johnston, IA	1:52:25	1:54:03	9:03
683	99	W20	Tara Brown, 23*, Indianola, IA	1:52:25	1:57:46	9:03
1644	233	M40	David Daniel, 43, Johnston, IA	1:52:25	1:55:03	9:03
684	136	W30	Gretchen Hageman, 34*, Marshalltown, IA	1:52:26	1:56:54	9:03
1645	279	M30	Bradley Sams, 34, Ankeny, IA	1:52:26	1:54:48	9:03
1646	269	M25	Tyler Staker, 25, Marion, IA	1:52:27	1:59:01	9:03
1647	234	M40	Albert Marasco, 43, Clive, IA	1:52:27	1:58:14	9:03
685	118	W35	Jennifer Popp, 35*, Adel, IA	1:52:28	1:56:07	9:03
1648	237	M35	Mike Nigro, 35, Waukee, IA	1:52:28	1:54:32	9:03
1649	235	M40	Matt Walljasper, 40, Urbandale, IA	1:52:29	1:55:07	9:03
1650	280	M30	Heath Smith, 33, Des Moines, IA	1:52:29	1:56:55	9:03
1651	236	M40	Scott Curtis, 42, Algona, IA	1:52:31	1:57:56	9:03
1652	52	JrM	David Brandau, 16, Osage, IA	1:52:32	1:55:41	9:03
686	100	W20	Corinn Rathbun, 22*, Ames, IA	1:52:32	1:57:32	9:03
687	137	W30	Kristi Haase, 33*, Shawnee, KS	1:52:33	1:54:16	9:03
688	119	W35	Esther Vander Waal, 35*, Urbandale, IA	1:52:33	1:58:43	9:03
689	120	W35	Kelly Lentsch, 38*, West Des Moines, IA	1:52:34	1:57:03	9:03
1653	238	M35	Mark Jaeger, 39, Shellsburg, IA	1:52:34	1:56:09	9:03
1654	239	M35	Stephan Thomasee, 38, Johnston, IA	1:52:34	1:57:35	9:03
1655	56	M55	Rick Hillman, 56, Dana, IA	1:52:35	1:57:37	9:03
1656	237	M40	Dan Hunt, 42, West Des Moines, IA	1:52:35	1:57:45	9:04
690	101	W20	Amanda Miller, 23*, Coralville, IA	1:52:35	1:59:18	9:04
1657	240	M35	Stephen Szewc, 36, Marion, IA	1:52:36	1:53:44	9:04
1658	147	M20	John Conner, 23, West Desmoines, IA	1:52:37	1:54:40	9:04
691	148	W25	Sarah Engelbert, 26*, West Des Moines, IA	1:52:38	1:56:14	9:04
1659	241	M35	Chris Swailes, 37, Ames, IA	1:52:40	1:54:40	9:04
692	121	W35	Amy Probasco, 38*, Centerville, IA	1:52:41	1:53:47	9:04
693	149	W25	Carissa Oltmann, 27*, Cedar Rapids, IA	1:52:41	1:59:27	9:04
694	150	W25	Gina David, 29*, West Des Moines, IA	1:52:41	1:56:38	9:04
695	81	W40	A Holden, 44*, Des Moines, IA	1:52:41	1:53:15	9:04
1660	238	M40	David Stout, 43, Des Moines, IA	1:52:42	1:57:26	9:04
696	82	W40	Trish Lemke, 41*, Osceola, IA	1:52:42	1:57:26	9:04

1661	239	M40	Todd Carlson, 40, Clive, IA	1:52:42	1:53:35	9:04
697	102	W20	Aimee Abben, 24*, West Des Moines, IA	1:52:43	1:55:02	9:04
1662	148	M20	Jonathan Bishop, 21, Van Meter, IA	1:52:43	1:58:31	9:04
1663	103	M50	Dennis Scheuermann, 50, Jamaica, IA	1:52:43	1:53:09	9:04
1664	240	M40	Stephen Price, 40, Johnston, IA	1:52:43	1:54:27	9:04
698	138	W30	Kristie Drake, 30*, West Des Moines, IA	1:52:43	1:57:22	9:04
699	103	W20	Laina Anderson, 22*, Van Meter, IA	1:52:44	1:58:31	9:04
1665	104	M50	Dick Wollman, 51, Omaha, NE	1:52:44	1:54:38	9:04
700	83	W40	Kelli Slocum, 42*, North Liberty, IA	1:52:44	1:58:07	9:04
1666	170	M45	Lane Vellinga, 47, Waukee, IA	1:52:45	1:53:59	9:04
1667	53	JrM	Zach Henaman, 15, West Des Moines, IA	1:52:45	1:54:31	9:04
701	84	W40	Karmel Sueppel, 40*, West Des Moines, IA	1:52:45	1:57:54	9:04
702	122	W35	Jennifer Thompson, 39*, Olathe, KS	1:52:45	1:54:59	9:04
703	123	W35	Kelly Sorensen, 39*, West Des Moines, IA	1:52:46	2:00:04	9:04
704	85	W40	Laura Phelps, 41*, Kingsley, IA	1:52:46	1:58:42	9:04
1668	270	M25	Justin Jacobe, 27, Des Moines, IA	1:52:46	1:54:12	9:04
705	151	W25	Janelle Schmidt, 25*, West Des Moines, IA	1:52:47	1:56:44	9:04
1669	149	M20	Brent Wells, 23, Ames, IA	1:52:47	1:56:44	9:04
1670	271	M25	Ryan Thompson, 28, Norwalk, IA	1:52:47	1:54:13	9:04
1671	272	M25	Brian McIllece, 29, Des Moines, IA	1:52:48	1:56:42	9:05
706	104	W20	Jessica Yackel, 21*, Roseville, MN	1:52:48	1:58:02	9:05
1672	105	M50	William Johnson, 53, Iowa City, IA	1:52:48	1:53:02	9:05
707	124	W35	Jennifer Galluzzo, 39*, West Des Moines, IA	1:52:48	1:57:21	9:05
708	152	W25	Emilie Newbury, 25*, Des Moines, IA	1:52:49	1:54:11	9:05
1673	76	M17	Nathan Troll, 19, Grimes, IA	1:52:49	1:56:10	9:05
709	153	W25	Michelle Schlicher, 25*, Ankeny, IA	1:52:49	1:55:54	9:05
1674	77	M17	David Schnathorst, 19, Ankeny, IA	1:52:49	1:53:11	9:05
710	139	W30	Kelli Brockmann, 33*, Waukee, IA	1:52:49	1:57:58	9:05
711	105	W20	Kristy Upah, 23*, Toledo, IA	1:52:49	1:59:22	9:05
712	25	W50	Mary Ann Wagner, 51*, West Des Moines, IA	1:52:50	1:54:27	9:05
1675	281	M30	Matt Reekers, 30, Clive, IA	1:52:50	1:54:01	9:05
1676	242	M35	Trent Leopold, 39, Waukee, IA	1:52:51	1:54:29	9:05
1677	243	M35	Chad Willis, 35, Ottumwa, IA	1:52:52	1:56:23	9:05
713	154	W25	Natalie Davis, 28*, Urbandale, IA	1:52:53	1:59:41	9:05
1678	244	M35	Mark Thomsen, 39, Carroll, IA	1:52:54	1:54:20	9:05
714	86	W40	Karen Chicken, 41*, Waukee, IA	1:52:54	1:55:33	9:05
715	106	W20	Jamie Olson, 23*, Ames, IA	1:52:54	1:57:54	9:05
716	125	W35	Tara Thomsen, 39*, Carroll, IA	1:52:55	1:54:20	9:05
1679	282	M30	Chad Ervin, 34, Des Moines, IA	1:52:55	1:57:28	9:05
1680	150	M20	Ted Rogers, 21, Waterloo, IA	1:52:55	1:55:28	9:05
1681	57	M55	Greg Hauser, 55, Minnetrista, MN	1:52:55	1:59:48	9:05
717	140	W30	Rhonda Muller, 31*, Osage, IA	1:52:56	1:56:48	9:05
718	126	W35	Deb Reitsma, 39*, West Des Moines, IA	1:52:57	1:55:51	9:05
1682	273	M25	Robert Coombes, 26, Wahiawa, HI	1:52:59	1:57:01	9:05
719	155	W25	Ellen Brockmann, 28*, Des Moines, IA	1:52:59	1:58:33	9:05
1683	283	M30	Zachary Moore, 32, Ankeny, IA	1:52:59	1:53:49	9:05
1684	245	M35	Matt Fisher, 39, Smithville, MO	1:53:00	1:54:59	9:05
1685	246	M35	Jeffrey Steenhoek, 38, Des Moines, IA	1:53:00	1:56:55	9:05
720	156	W25	Stacie Knipper, 26*, Des Moines, IA	1:53:00	1:59:56	9:05
1686	284	M30	Eric Taylor, 33, Creston, IA	1:53:00	1:53:55	9:06
1687	274	M25	Nick Talone, 25, Kansas City, MO	1:53:01	1:58:19	9:06
721	107	W20	Lacey Mitchell, 21*, Indianola, IA	1:53:01	1:54:22	9:06
1688	5	M65	William Johnson, 69, Plano, TX	1:53:01	1:55:32	9:06
1689	285	M30	Matt Carpenter, 31, Urbandale, IA	1:53:03	1:58:35	9:06
722	127	W35	Juli Cambron, 37*, Indianola, IA	1:53:03	1:54:31	9:06
1690	275	M25	Luke Vander Sanden, 27, Pleasant Hill, IA	1:53:03	1:57:10	9:06
723	41	W45	Barb Gebers, 47*, Holstein, IA	1:53:04	1:55:35	9:06
1691	171	M45	Jeff Smith, 48, Indianola, IA	1:53:04	1:54:05	9:06
1692	151	M20	Steven Berkley, 22, Grimes, IA	1:53:04	1:53:28	9:06
724	157	W25	Angie Oakie, 29*, Ankeny, IA	1:53:04	1:59:24	9:06
1693	286	M30	Bradley Dunsbergen, 32, Colfax, IA	1:53:05	1:59:21	9:06
1694	152	M20	Billy Marshall, 24, Hastings, NE	1:53:05	1:59:10	9:06
725	158	W25	Jackie Nowack, 25*, Waterloo, IA	1:53:06	1:57:00	9:06
1695	153	M20	Adam Rasmussen, 21, Goldfield, IA	1:53:06	1:57:35	9:06

726	108	W20	Jillian Faaborg, 20*, Cedar Rapids, IA	1:53:06	1:59:48	9:06
727	87	W40	Jody Cosimano, 41*, Lincoln, NE	1:53:06	1:55:16	9:06
728	88	W40	Tonja Furrow, 41*, Urbandale, IA	1:53:06	1:54:37	9:06
1696	287	M30	Nathan Luther, 34, Chicago, IL	1:53:07	1:56:46	9:06
1697	54	JrM	Clark Baldus, 15, West Des Moines, IA	1:53:08	1:53:33	9:06
1698	276	M25	Eric Hink, 28, Grimes, IA	1:53:09	1:55:49	9:06
729	42	W45	Nola Seaberg, 47*, Des Moines, IA	1:53:09	1:55:49	9:06
730	109	W20	Amber Karkosh, 23*, Toledo, IA	1:53:09	1:59:42	9:06
731	159	W25	Anna Vold, 25*, Bloomington, MN	1:53:11	1:54:16	9:06
732	160	W25	Jill Putz, 28*, Waterloo, IA	1:53:12	1:57:22	9:06
733	128	W35	Debra Feller, 38*, Des Moines, IA	1:53:13	1:56:33	9:07
734	161	W25	Lindsey Frank, 25*, Urbandale, IA	1:53:13	1:55:33	9:07
735	89	W40	Regina Otten, 40*, Waukee, IA	1:53:13	1:53:58	9:07
1699	106	M50	Michael Palmer, 50, Jefferson, IA	1:53:14	1:57:18	9:07
736	162	W25	Michelle Streck, 29*, Sgt. Bluff, IA	1:53:15	1:57:23	9:07
737	163	W25	Elizabeth Burt, 27*, Des Moines, IA	1:53:15	1:54:09	9:07
738	5	W55	Trish Prokop, 55*, Cedar Rapids, IA	1:53:15	1:54:31	9:07
739	141	W30	Jenny Dowil, 34*, West Des Moines, IA	1:53:16	1:56:24	9:07
1700	241	M40	Brett Faulkner, 43, Dayton, IA	1:53:16	1:56:47	9:07
740	142	W30	Krista Bartholomew, 34*, Des Moines, IA	1:53:16	1:56:52	9:07
741	110	W20	Jessica Dephillips, 23*, Clive, IA	1:53:16	2:00:19	9:07
1701	78	M17	Tim Albright, 19, Urbandale, IA	1:53:17	1:58:10	9:07
1702	242	M40	Marinus Van Kuilenburg, 40, Des Moines, IA	1:53:17	1:55:00	9:07
742	43	W45	Julie Hale, 46*, Des Moines, IA	1:53:18	1:54:53	9:07
1703	277	M25	Steve Schmitt, 29, Urbandale, IA	1:53:18	1:57:19	9:07
1704	172	M45	Robert Lee, 47, Urbandale, IA	1:53:18	1:54:02	9:07
743	164	W25	Shea Newmeister, 27*, Kansas City, MO	1:53:18	1:56:21	9:07
1705	243	M40	Jeff Marks, 43, Des Moines, IA	1:53:19	1:55:42	9:07
1706	107	M50	Bill Wedeking, 54, Des Moines, IA	1:53:19	1:54:30	9:07
1707	173	M45	Mark Weinhardt, 48, Des Moines, IA	1:53:20	1:57:44	9:07
744	129	W35	Becky Wignall, 35*, Altoona, IA	1:53:20	1:58:58	9:07
745	9	JrW	Maddison Tyreel, 14*, Albia, IA	1:53:20	1:55:25	9:07
746	143	W30	Kristyn Rose, 33*, Iowa City, IA	1:53:24	1:55:47	9:07
747	144	W30	Caryn Helgeson, 34*, Urbandale, IA	1:53:25	1:56:17	9:07
748	145	W30	Britt German, 33*, Cumming, IA	1:53:25	1:56:17	9:07
749	146	W30	Shashawna Beneke, 30*, Ankeny, IA	1:53:25	2:01:28	9:08
1708	174	M45	Graham Feingold, 49, Boulder, CO	1:53:26	2:00:33	9:08
1709	154	M20	Tim Dodd, 24, Cedar Falls, IA	1:53:26	1:56:50	9:08
1710	288	M30	Jason Carmichael, 32, Des Moines, IA	1:53:26	1:55:12	9:08
750	147	W30	Darcie Schmiedel, 33*, Charles City, IA	1:53:26	1:56:28	9:08
751	30	W17	Paige Hook, 19*, West Des Moines, IA	1:53:26	1:54:25	9:08
1711	244	M40	Joe Akeres, 44, Grimes, IA	1:53:27	1:54:32	9:08
752	165	W25	Molly McWilliam, 28*, Grimes, IA	1:53:27	1:56:51	9:08
753	166	W25	Kimberly Kenne, 25*, Iowa City, IA	1:53:27	1:56:08	9:08
754	167	W25	Faith Dunn, 29*, Johnston, IA	1:53:27	1:54:16	9:08
1712	26	M60	Michael Thompson, 64, Urbandale, IA	1:53:28	1:56:08	9:08
1713	108	M50	Scott Johnson, 51, Clear Lake, IA	1:53:28	1:57:16	9:08
1714	155	M20	Chris Sumner, 21, West Des Moines, IA	1:53:29	2:00:09	9:08
1715	245	M40	Todd McCombs, 40, Johnston, IA	1:53:31	1:58:09	9:08
755	168	W25	Melissa Gourley, 28*, Urbandale, IA	1:53:31	1:56:01	9:08
756	169	W25	Michelle Svoboda, 28*, Grand Island, NE	1:53:31	1:55:53	9:08
757	170	W25	Megan Recker, 28*, Coralville, IA	1:53:32	1:55:18	9:08
1716	289	M30	James Hooton, 33, Highland, IL	1:53:32	1:56:00	9:08
758	171	W25	Trisha Grandon, 28*, Des Moines, IA	1:53:32	1:54:25	9:08
1717	246	M40	Dan Dirks, 43, Coralville, IA	1:53:32	1:55:09	9:08
1718	247	M40	Derek Wachter, 40, Clive, IA	1:53:32	2:00:25	9:08
759	172	W25	Nicole Herrold, 27*, Urbandale, IA	1:53:33	1:56:48	9:08
1719	278	M25	Chad Koch, 28, Bradley, IL	1:53:33	1:58:39	9:08
760	130	W35	Heather Brunk, 37*, Johnston, IA	1:53:33	1:58:43	9:08
761	148	W30	Anne Musgrave, 30*, Des Moines, IA	1:53:34	1:59:28	9:08
1720	175	M45	Todd Troll, 48, Grimes, IA	1:53:35	1:56:56	9:08
762	44	W45	Teresa Harp, 48*, Polk City, IA	1:53:36	1:58:31	9:08
1721	279	M25	Patrick McClain, 26, Pleasant Hill, IA	1:53:36	2:00:39	9:08
1722	247	M35	Todd Linbo, 39, Clive, IA	1:53:38	1:59:34	9:09
763	131	W35	Kim Kent, 39*, Panora, IA	1:53:38	1:54:43	9:09

1723	248	M40	Brad Liggett, 44, Waukee, IA	1:53:40	1:57:05	9:09
1724	27	M60	Moe Russell, 60, Panora, IA	1:53:40	1:57:32	9:09
1725	28	M60	Mark McGrath, 60, Des Moines, IA	1:53:40	1:55:13	9:09
1726	249	M40	Todd Eipperle, 44, Marshalltown, IA	1:53:41	1:55:07	9:09
764	132	W35	Annika Cornelisse, 37*, Des Moines, IA	1:53:41	1:55:05	9:09
1727	250	M40	Aaron Kennedy, 40, Des Moines, IA	1:53:42	1:58:21	9:09
1728	156	M20	Mike Martens, 24, West Des Moines, IA	1:53:42	1:56:54	9:09
1729	157	M20	Alan Jenkins, 24, Council Bluffs, IA	1:53:42	1:56:54	9:09
765	133	W35	Robin Byrne, 37*, West Des Moines, IA	1:53:43	1:54:46	9:09
1730	290	M30	Scott Augustus, 34, Savage, MN	1:53:43	1:54:50	9:09
766	149	W30	Amy Dowden, 33*, Coralville, IA	1:53:43	1:57:00	9:09
1731	291	M30	Damon Zimmer, 31, Overland Park, KS	1:53:45	1:54:52	9:09
767	90	W40	Kristen Franken, 41*, Ames, IA	1:53:45	1:56:15	9:09
1732	176	M45	Vincent Carbino, 49, Ankeny, IA	1:53:46	1:55:16	9:09
768	173	W25	Angela Prevo, 29*, Bloomfield, IA	1:53:46	1:55:52	9:09
1733	29	M60	Ron Julius, 60, Humboldt, IA	1:53:46	1:58:38	9:09
1734	158	M20	Eric Saxton, 24, West Des Moines, IA	1:53:46	1:53:58	9:09
769	174	W25	Ashleigh Dowell, 25*, Des Moines, IA	1:53:47	1:54:40	9:09
770	175	W25	Emily Dreher, 26*, Adair, IA	1:53:48	1:57:56	9:09
771	150	W30	Marcy Nelson, 33*, Ames, IA	1:53:48	1:58:16	9:09
772	111	W20	Claudia Shebetka, 24*, Ames, IA	1:53:49	1:57:59	9:09
773	134	W35	Denise Carleton, 38*, Ankeny, IA	1:53:50	1:57:06	9:10
1735	292	M30	Justin Allen, 34, Johnston, IA	1:53:50	1:56:30	9:10
774	135	W35	Jessie Schrock, 38*, Altoona, IA	1:53:50	1:58:24	9:10
1736	58	M55	Dennis Lincicum, 59, Ankeny, IA	1:53:50	1:54:46	9:10
775	136	W35	Tonia Johnson, 35*, Altoona, IA	1:53:51	1:58:25	9:10
1737	251	M40	Pat Byrne, 40, West Des Moines, IA	1:53:51	1:54:37	9:10
776	176	W25	Andrea Baldwin, 29*, Waukee, IA	1:53:51	2:00:00	9:10
777	112	W20	Sarah Goodman, 24*, West Des Moines, IA	1:53:52	2:01:44	9:10
1738	159	M20	Dylan Lampe, 24, West Des Moines, IA	1:53:52	1:56:06	9:10
778	151	W30	Sarah Woerdeman, 31*, Ankeny, IA	1:53:52	1:58:16	9:10
1739	109	M50	Thomas Nelson, 51, Fort Dodge, IA	1:53:52	2:00:56	9:10
1740	280	M25	Ryan Hyde, 26, Chicago, IL	1:53:54	1:55:30	9:10
779	177	W25	Lezlie John, 29*, Ely, IA	1:53:56	1:57:12	9:10
1741	293	M30	David Abendschein, 31, Norwalk, IA	1:53:56	1:56:04	9:10
1742	252	M40	David Robbins, 40, West Des Moines, IA	1:53:57	1:54:56	9:10
1743	248	M35	Kevin Saunders, 37, Des Moines, IA	1:53:57	1:57:11	9:10
780	137	W35	Brenda Bohnenkamp, 37*, West Des Moines, IA	1:53:57	1:54:56	9:10
1744	249	M35	Nathan Seuntjens, 38, Denison, IA	1:53:57	1:54:33	9:10
1745	250	M35	Pat Ryan, 38, Urbandale, IA	1:53:57	1:54:53	9:10
1746	110	M50	Steve Wood, 51, West Des Moines, IA	1:53:58	1:56:16	9:10
1747	251	M35	Dirk Troutman, 39, Carroll, IA	1:53:58	1:54:33	9:10
1748	281	M25	Michael Bravo, 27, Ames, IA	1:53:58	1:57:05	9:10
781	91	W40	Lisa Rempe, 41*, Urbandale, IA	1:53:59	1:55:18	9:10
782	138	W35	Kari Draeger, 35*, Johnston, IA	1:53:59	1:55:37	9:10
783	178	W25	Carmen Pieper, 29*, Ankeny, IA	1:53:59	1:59:48	9:10
1749	294	M30	Adam Pieper, 30, Ankeny, IA	1:53:59	1:59:49	9:10
784	152	W30	Erica Stone, 30*, Des Moines, IA	1:53:59	1:56:57	9:10
785	139	W35	Christine Hoffman, 35*, West Des Moines, IA	1:54:00	1:56:10	9:10
1750	177	M45	Nick Adams, 46, Indianola, IA	1:54:01	1:58:21	9:10
786	45	W45	Theresa Greenfield, 45*, Des Moines, IA	1:54:01	1:58:22	9:10
787	113	W20	Natasha Boehmer, 23*, Osage, IA	1:54:01	2:00:20	9:10
1751	178	M45	Tom Clegg, 47, Urbandale, IA	1:54:01	1:58:05	9:10
1752	295	M30	Chris James, 34, West Des Moines, IA	1:54:02	1:59:55	9:11
788	31	W17	Kayla Brimeyer, 19*, Dubuque, IA	1:54:03	1:58:42	9:11
1753	282	M25	Brandon Haines, 28, Des Moines, IA	1:54:03	1:58:01	9:11
789	114	W20	Sarah Bieker, 23*, Des Moines, IA	1:54:03	1:54:36	9:11
1754	283	M25	Andrew Barkley, 28, Ankeny, IA	1:54:04	1:55:24	9:11
790	153	W30	Sarah Sabers, 30*, West Des Moines, IA	1:54:04	1:55:54	9:11
1755	253	M40	Steve Feldmann, 41, Iowa City, IA	1:54:04	1:56:31	9:11
1756	296	M30	Mike Leith, 32, Grimes, IA	1:54:04	1:55:06	9:11
791	179	W25	Angie Jones, 29*, West Des Moines, IA	1:54:05	1:55:07	9:11
1757	284	M25	Jonathan Schoeberl, 27, West Des Moines, IA			

			1:54:05	1:55:52	9:11	
1758	285	M25	Brian Kasemodel, 29, Urbandale, IA	1:54:05	1:54:31	9:11
1759	252	M35	Greg Mulder, 37, Huxley, IA	1:54:06	1:55:00	9:11
792	26	W50	Patti Sacknoff, 50*, Des Moines, IA	1:54:06	1:57:25	9:11
793	115	W20	Amanda Jorgensen, 20*, Gowrie, IA	1:54:06	1:58:57	9:11
794	180	W25	Stephani Manning, 27*, West Des Moines, IA	1:54:06	1:54:56	9:11
795	154	W30	Michele Loder, 34*, West Des Moines, IA	1:54:08	1:58:26	9:11
796	155	W30	Julie Nahas Muller, 34*, Clive, IA	1:54:08	2:00:07	9:11
797	181	W25	Amber Spratt, 26*, Williamsburg, IA	1:54:09	1:58:16	9:11
798	140	W35	Holly Miller, 35*, Mason City, IA	1:54:09	1:57:07	9:11
799	141	W35	Marcy Bitner, 35*, Clear Lake, IA	1:54:10	1:57:07	9:11
1760	179	M45	Jim Sanders, 49, Johnston, IA	1:54:11	2:01:24	9:11
1761	180	M45	David Crowe, 45, Des Moines, IA	1:54:11	1:56:08	9:11
1762	254	M40	Steve Allsup, 44, St Charles, IA	1:54:11	1:58:07	9:11
800	182	W25	Jill Foster, 27*, West Des Moines, IA	1:54:11	1:56:01	9:11
1763	286	M25	Nathan Handy, 26, Norwalk, IA	1:54:11	1:55:50	9:11
1764	297	M30	Bryan King, 31, Urbandale, IA	1:54:13	1:59:51	9:11
801	116	W20	Brooke Malloy, 21*, Williamsburg, IA	1:54:14	1:55:20	9:11
802	183	W25	Theresa Wells, 27*, Urbandale, IA	1:54:14	2:00:20	9:11
803	117	W20	Hannah Collins, 21*, Central City, IA	1:54:14	1:55:20	9:11
804	142	W35	Kris Fagen, 36*, Urbandale, IA	1:54:14	1:58:09	9:11
805	143	W35	Alison Jenkinson, 37*, Ames, IA	1:54:15	2:00:50	9:12
806	184	W25	Jenny Noonan, 26*, Dubuque, IA	1:54:15	1:55:18	9:12
807	92	W40	Rachele Kugel, 43*, Des Moines, IA	1:54:15	1:56:26	9:12
1765	253	M35	Eric Camper, 37, Des Moines, IA	1:54:15	1:55:11	9:12
1766	30	M60	Sam Fisher, 60, Boone, IA	1:54:15	1:55:49	9:12
1767	287	M25	Cory Kennedy, 27, Ankeny, IA	1:54:16	1:55:40	9:12
1768	298	M30	Dave Orr, 34, Humboldt, IA	1:54:16	1:54:53	9:12
1769	160	M20	Casey Malloy, 24, Ankeny, IA	1:54:16	1:59:12	9:12
1770	181	M45	Kevin Fifo, 46, Winterset, IA	1:54:17	1:55:08	9:12
808	27	W50	Jan Cooney, 50*, Marshalltown, IA	1:54:18	1:55:45	9:12
1771	111	M50	Russ Laczniak, 52, Ames, IA	1:54:18	1:56:16	9:12
809	185	W25	Jessi Strawn, 25*, Ames, IA	1:54:18	2:01:14	9:12
810	144	W35	Dana Rupe, 38*, Coralville, IA	1:54:18	1:57:40	9:12
1772	254	M35	Mike Hall, 39, Coralville, IA	1:54:19	1:57:41	9:12
1773	288	M25	John Strawn, 27, Ames, IA	1:54:19	2:01:14	9:12
1774	182	M45	Mike McKim, 49, Boone, IA	1:54:21	1:58:11	9:12
811	186	W25	Sarah Nelson, 29*, Germantown Hills, IL	1:54:21	2:01:26	9:12
812	187	W25	Crystal Vigon, 29*, Menlo, IA	1:54:21	1:59:23	9:12
1775	299	M30	Christopher Coleman, 32, Urbandale, IA	1:54:21	1:58:37	9:12
813	145	W35	Mary Beatty, 35*, Earlham, IA	1:54:21	1:55:41	9:12
814	156	W30	Caitlin Coyner, 30*, Des Moines, IA	1:54:21	2:01:24	9:12
1776	300	M30	Jason Lamping, 32, Johnston, IA	1:54:21	1:58:38	9:12
1777	255	M35	Tony Thomas, 38, Davenport, IA	1:54:22	2:00:21	9:12
815	188	W25	Crista Shawler, 29*, Bondurant, IA	1:54:23	1:56:16	9:12
816	189	W25	Kacie Purl, 25*, Ames, IA	1:54:23	1:59:58	9:12
817	190	W25	Jennifer Pederson, 29*, Bellevue, NE	1:54:23	1:56:03	9:12
818	157	W30	Megan Moeller, 30*, Coralville, IA	1:54:23	2:02:00	9:12
819	146	W35	Tammy Mickey, 36*, Melcher, IA	1:54:24	1:56:16	9:12
820	28	W50	Lorrie Cooper, 52*, Marion, IA	1:54:24	1:57:48	9:12
1778	161	M20	Dustin Welch, 23, St. Louis Park, MN	1:54:24	1:56:14	9:12
821	147	W35	Melissa Reents, 38*, Urbandale, IA	1:54:24	1:56:59	9:12
822	158	W30	Holly Grimm-See, 32*, Cedar Falls, IA	1:54:25	1:56:37	9:12
1779	6	M65	Paul Larson, 69, Garner, IA	1:54:25	1:57:06	9:12
1780	183	M45	Richard Dunn, 48, Eldora, IA	1:54:26	1:54:36	9:12
1781	301	M30	Ryan Burry, 32, Urbandale, IA	1:54:28	1:57:40	9:13
823	159	W30	Katie Knott, 30*, Cedar Rapids, IA	1:54:28	2:02:04	9:13
1782	302	M30	Bill Maurer, 30, Cedar Rapids, IA	1:54:29	2:02:04	9:13
824	118	W20	Alexa Mennen, 21*, Cedar Falls, IA	1:54:29	1:57:53	9:13
1783	256	M35	Bradley Smith, 38, Jackson, MO	1:54:29	1:58:34	9:13
825	148	W35	Rachel Schroeder, 39*, Grand Island, NE	1:54:29	1:56:50	9:13
1784	257	M35	Jeremy Bushlack, 37, Marion, IA	1:54:30	2:01:35	9:13
1785	289	M25	Nick Hamstra, 27, Sioux City, IA	1:54:30	1:58:39	9:13
1786	255	M40	Scott Neumayer, 42, Johnston, IA	1:54:30	1:59:15	9:13
1787	55	JrM	Jacob Bushlack, 12, Marion, IA	1:54:30	2:01:35	9:13

826	160	W30	Tracy Stoltz, 31*, Huxley, IA	1:54:30	1:57:15	9:13
1788	79	M17	Tannor Burke, 19, Cresco, IA	1:54:31	1:59:08	9:13
1789	184	M45	Dan Christensen, 48, Audubon, IA	1:54:31	1:55:02	9:13
1790	258	M35	Craig Grinley, 38, Ames, IA	1:54:31	1:57:04	9:13
1791	290	M25	Levi Franzen, 28, Clive, IA	1:54:32	1:55:04	9:13
827	161	W30	Sara Huegerich, 33*, Ankeny, IA	1:54:33	2:02:24	9:13
828	162	W30	Jodi Hanson, 34*, Urbandale, IA	1:54:33	2:02:24	9:13
1792	112	M50	Dave Benz, 52, Marshalltown, IA	1:54:34	1:55:15	9:13
1793	59	M55	Kevin Cooney, 57, Des Moines, IA	1:54:35	1:57:15	9:13
829	29	W50	Laurie Saunders, 53*, Davenport, IA	1:54:35	1:56:59	9:13
830	163	W30	Liz Nelson, 33*, Windsor Heights, IA	1:54:36	1:59:08	9:13
831	149	W35	Darci Carver, 37*, Urbandale, IA	1:54:36	1:59:09	9:13
1794	185	M45	Brett Barns, 49, Glenwood, IA	1:54:36	1:58:12	9:13
1795	256	M40	Jason Grinstead, 41, Des Moines, IA	1:54:36	1:57:14	9:13
832	46	W45	Tina Neustrom, 45*, West Des Moines, IA	1:54:36	1:54:52	9:13
1796	259	M35	Paul Caspersen, 35, Ankeny, IA	1:54:37	1:59:06	9:13
1797	260	M35	Robert Dix, 36, Palo, IA	1:54:37	1:56:56	9:13
1798	60	M55	Jim Dornfeld, 55, West Des Moines, IA	1:54:40	1:57:31	9:14
1799	291	M25	Tyler Rees, 29, Washington, IA	1:54:40	1:57:03	9:14
1800	261	M35	Todd Eschweiler, 38, Johnston, IA	1:54:41	1:55:19	9:14
833	93	W40	Lori Baldner, 42*, Dallas Center, IA	1:54:41	1:56:31	9:14
834	150	W35	Amy Price, 38*, Ankeny, IA	1:54:41	1:59:21	9:14
835	119	W20	Alison Miller, 24*, West Des Moines, IA	1:54:42	1:58:44	9:14
836	94	W40	Kimberly Roush, 42*, Urbandale, IA	1:54:43	2:00:44	9:14
837	191	W25	Jen Dirckx, 28*, Glidden, IA	1:54:43	1:58:56	9:14
838	95	W40	Connie Ten Napel, 41*, Jefferson, IA	1:54:44	1:58:44	9:14
839	192	W25	Amanda Betts, 25*, Waukee, IA	1:54:45	1:55:39	9:14
840	32	W17	Emma Rathe, 17*, Ames, IA	1:54:45	1:55:54	9:14
841	33	W17	Bekah Miller, 17*, Ames, IA	1:54:45	1:55:54	9:14
842	193	W25	Mindy Cathcart, 29*, Ankeny, IA	1:54:46	2:00:24	9:14
843	151	W35	Michelle Lamers, 39*, Mason City, IA	1:54:46	1:57:28	9:14
1801	292	M25	Jon Denney, 25, West Des Moines, IA	1:54:46	1:55:32	9:14
1802	186	M45	Joel Peterson, 45, Webster City, IA	1:54:47	1:57:35	9:14
1803	262	M35	Scott Knaack, 38, Correctionville, IA	1:54:47	1:55:15	9:14
844	194	W25	Stacey Faude, 25*, Des Moines, IA	1:54:47	2:01:46	9:14
845	195	W25	Betsey Bean, 25*, Des Moines, IA	1:54:47	2:01:46	9:14
846	120	W20	Meg Zimmer, 24*, Chicago, IL	1:54:48	1:58:57	9:14
1804	113	M50	Will Walling, 54, Polk City, IA	1:54:48	1:56:00	9:14
1805	61	M55	Dave Milburn, 56, Johnston, IA	1:54:48	1:56:00	9:14
847	96	W40	Wendy Maas, 41*, Ottumwa, IA	1:54:48	1:56:30	9:14
848	196	W25	Sarah Dudley, 26*, West Des Moines, IA	1:54:48	1:58:51	9:14
849	152	W35	Carol Kelderman, 35*, Oskaloosa, IA	1:54:49	1:57:57	9:14
1806	263	M35	Jeff Margrett, 38, Ames, IA	1:54:50	1:56:16	9:14
1807	187	M45	Bruce Terlouw, 47, Pella, IA	1:54:50	2:01:59	9:14
850	121	W20	Mickenzie Block, 20*, Ankeny, IA	1:54:50	1:55:42	9:14
1808	162	M20	Regan Oakley, 23, Polk City, IA	1:54:51	1:59:51	9:14
851	197	W25	Chelsey Pederson, 25*, Grimes, IA	1:54:51	1:59:19	9:14
852	97	W40	Debbie Lenth, 41*, Cedar Rapids, IA	1:54:51	1:55:40	9:14
853	164	W30	Nicole Bunnell, 34*, Oskaloosa, IA	1:54:52	1:58:00	9:15
854	98	W40	Penny Luthens, 43*, Urbandale, IA	1:54:53	1:55:16	9:15
1809	303	M30	Ryan Simmer, 34, West Des Moines, IA	1:54:53	1:55:38	9:15
1810	188	M45	Ken Blazek, 45, West Des Moines, IA	1:54:53	1:58:50	9:15
1811	304	M30	Brendan McCallum, 34, Des Moines, IA	1:54:53	1:57:45	9:15
855	99	W40	Jan Ferri, 44*, Urbandale, IA	1:54:53	1:55:17	9:15
1812	293	M25	Tyler McGinnis, 27, Omaha, NE	1:54:53	1:57:59	9:15
1813	294	M25	Trevor McGinnis, 29, Johnston, IA	1:54:53	1:57:59	9:15
856	47	W45	Janine Seibert, 48*, Granger, IA	1:54:54	1:55:48	9:15
1814	163	M20	Daniel Stroupe, 23, Elkhart, IA	1:54:54	1:58:33	9:15
1815	62	M55	Dale Bunting, 56, West Des Moines, IA	1:54:55	1:56:14	9:15
857	122	W20	Emily Stracke, 22*, Pella, IA	1:54:55	2:02:04	9:15
1816	295	M25	Matthew Roberts, 26, Des Moines, IA	1:54:55	2:02:29	9:15
858	198	W25	Carroll Nelson, 29*, Waukee, IA	1:54:56	1:57:01	9:15
859	100	W40	Laura Young, 43*, Des Moines, IA	1:54:56	2:01:11	9:15
1817	296	M25	Jeffrey Kennedy, 29, Des Moines, IA	1:54:56	1:56:44	9:15
1818	297	M25	Youssef Hanna, 26, Ames, IA	1:54:56	2:00:48	9:15

860	199	W25	Andrea Ridgeway, 25*, Altoona, IA	1:54:58	2:02:00	9:15
1819	257	M40	Michael Rhode, 40, Urbandale, IA	1:54:58	1:57:46	9:15
1820	298	M25	Cameron Burt, 28, West Des Moines, IA	1:55:00	1:55:38	9:15
861	123	W20	Ashley Starkweather, 24*, Norwalk, IA	1:55:00	2:02:07	9:15
862	153	W35	Carol Gschwendtner, 37*, Eden Prairie, MN	1:55:01	1:58:25	9:15
863	154	W35	Anne Fogarty, 36*, Clive, IA	1:55:01	1:58:25	9:15
1821	299	M25	Andy Miller, 27, Ankeny, IA	1:55:02	1:55:41	9:15
1822	114	M50	Dan Beck, 53, Hills, IA	1:55:03	1:56:39	9:15
1823	264	M35	Vil Miller, 39, Ankeny, IA	1:55:03	1:56:35	9:15
1824	305	M30	Mike Hatch, 33, Knoxville, IA	1:55:03	1:58:01	9:15
1825	115	M50	Kevin Techau, 50, Des Moines, IA	1:55:04	1:56:35	9:15
1826	265	M35	Eric Christensen, 39, Indianola, IA	1:55:04	1:57:56	9:15
1827	258	M40	Daniel Heintz, 43, Nevada, IA	1:55:06	1:57:44	9:16
1828	306	M30	Dan Caropreso, 33, West Des Moines, IA	1:55:06	1:58:52	9:16
1829	307	M30	Dominick Villotti, 34, Urbandale, IA	1:55:06	1:59:09	9:16
864	101	W40	Angela Doran, 44*, Boone, IA	1:55:07	2:01:50	9:16
865	34	W17	Sarah Burnell, 17*, Grinnell, IA	1:55:07	2:02:35	9:16
1830	116	M50	Ron Niceswanger, 53, Urbandale, IA	1:55:09	1:57:08	9:16
1831	266	M35	Mark Rixner, 36, Johnston, IA	1:55:09	1:58:43	9:16
866	155	W35	Andrea Hoekstra, 37*, Des Moines, IA	1:55:09	1:57:39	9:16
867	200	W25	Beth Doeden, 27*, Waukee, IA	1:55:10	1:57:35	9:16
868	201	W25	Nicole Doeden, 27*, Waukee, IA	1:55:10	1:57:35	9:16
1832	267	M35	Thomas Cunningham, 39, Algona, IA	1:55:10	1:56:30	9:16
869	202	W25	Kendra Steuhm, 26*, Indianola, IA	1:55:11	1:55:53	9:16
1833	259	M40	Todd Schweizer, 42, Urbandale, IA	1:55:11	1:57:13	9:16
1834	260	M40	Craig Backhaus, 40, Clear Lake, IA	1:55:11	1:57:02	9:16
870	156	W35	Lisa Backhaus, 37*, Clear Lake, IA	1:55:11	1:57:02	9:16
871	165	W30	Tricia Cobb, 32*, Salina, KS	1:55:12	2:00:31	9:16
1835	300	M25	Rick Ponstein, 28, Grimes, IA	1:55:12	1:57:16	9:16
1836	164	M20	Jess Borysiewicz, 24, West Des Moines, IA	1:55:13	1:58:40	9:16
872	166	W30	Kate Steele, 30*, Urbandale, IA	1:55:14	2:00:32	9:16
1837	56	JrM	Spencer Cunningham, 15, Fort Dodge, IA	1:55:15	1:56:29	9:16
1838	165	M20	Kevin Ruhs, 20, West Des Moines, IA	1:55:15	2:01:02	9:16
873	48	W45	Sara Todd, 46*, Cedar Rapids, IA	1:55:15	1:57:59	9:16
874	102	W40	Jill Sager, 41*, Pleasantville, IA	1:55:15	1:59:53	9:16
875	203	W25	Anna Mitton, 27*, Denver, CO	1:55:16	1:56:29	9:16
1839	308	M30	Hildebrand Jeff, 31, Chanhassen, MN	1:55:17	1:58:01	9:17
876	124	W20	Amy Wagenknecht, 23*, Kirksville, MO	1:55:19	2:00:02	9:17
1840	301	M25	Paul Ryan, 28, Grimes, IA	1:55:19	2:02:19	9:17
877	167	W30	Allison Vaughn, 31*, Marshalltown, IA	1:55:20	1:59:28	9:17
1841	302	M25	Brad Smith, 28, Des Moines, IA	1:55:20	2:01:04	9:17
1842	117	M50	Jeff Brenner, 51, Ames, IA	1:55:20	1:57:25	9:17
1843	309	M30	Kris Lien, 32, Fort Dodge, IA	1:55:20	1:56:54	9:17
878	157	W35	Lisa Jenison, 38*, Ankeny, IA	1:55:21	1:59:35	9:17
879	158	W35	Cathleen Borst, 36*, Carroll, IA	1:55:22	1:59:37	9:17
1844	261	M40	Matthew Paul, 40, Des Moines, IA	1:55:22	1:59:19	9:17
1845	189	M45	Jim Agne, 48, Solon, IA	1:55:23	1:55:38	9:17
880	159	W35	Amanda Mathews, 36*, Centerville, IA	1:55:23	1:56:28	9:17
1846	118	M50	Tai Wang, 50, Des Moines, IA	1:55:23	1:59:59	9:17
1847	119	M50	Ray Layton, 50, Ankeny, IA	1:55:24	1:56:02	9:17
1848	310	M30	Chad Rhoads, 34, Des Moines, IA	1:55:24	1:57:33	9:17
1849	268	M35	Corey Rhoads, 39, Grimes, IA	1:55:24	1:58:29	9:17
1850	269	M35	Matt Fitzgerald, 35, Chicago, IL	1:55:24	1:59:03	9:17
1851	303	M25	Ash Larsen, 27, Des Moines, IA	1:55:25	1:59:33	9:17
1852	304	M25	Keith Christianson, 27, State Center, IA	1:55:25	1:56:27	9:17
881	35	W17	Katie Piske, 18*, Eldora, IA	1:55:25	1:56:30	9:17
1853	190	M45	Patrick Hatting, 46, Grinnell, IA	1:55:26	1:57:11	9:17
882	125	W20	Rachel Kautzky, 24*, West Des Moines, IA	1:55:26	1:59:10	9:17
1854	270	M35	Ahmed Choudhury, 37, Ankeny, IA	1:55:27	1:58:00	9:17
1855	120	M50	Kelly Ross, 54, Osage, IA	1:55:27	2:01:59	9:17
883	103	W40	Sarah Day, 40*, Gilbert, IA	1:55:29	2:02:41	9:17
1856	271	M35	Jason Paulson, 38, Grimes, IA	1:55:29	1:58:45	9:17
884	160	W35	Stephanie Paulson, 37*, Grimes, IA	1:55:29	1:58:45	9:17
1857	272	M35	Doug May, 39, Woodburn, IA	1:55:29	2:00:20	9:17
1858	305	M25	Brett Coffman, 26, Ames, IA	1:55:29	1:57:50	9:18

1859	63	M55	William Funnemark, 59, Algona, IA	1:55:31	1:58:19	9:18
1860	262	M40	Bill Olson, 44, Urbandale, IA	1:55:31	1:58:22	9:18
1861	273	M35	Mark Timmerman, 39, Indianola, IA	1:55:31	1:59:54	9:18
885	49	W45	Gina Iverson, 47*, Altoona, IA	1:55:31	1:59:32	9:18
1862	306	M25	Joe Hildebrand, 25, Minneapolis, MN	1:55:32	1:58:17	9:18
1863	263	M40	Matt Stuva, 41, Colfax, IA	1:55:34	1:58:26	9:18
886	204	W25	Tracy Van Zante, 26*, Urbandale, IA	1:55:36	1:56:22	9:18
1864	191	M45	Randy Clark, 46, Marion, IA	1:55:37	1:56:12	9:18
1865	274	M35	Robert Burnett, 38, Norwalk, IA	1:55:38	1:59:35	9:18
887	168	W30	Michelle Campbell, 32*, West Des Moines, IA	1:55:39	1:58:07	9:18
1866	275	M35	Ryan Post, 36, Marion, IA	1:55:40	1:56:33	9:18
1867	307	M25	Jesse Jeun, 29, Clive, IA	1:55:40	2:02:30	9:18
888	169	W30	Laura Post, 33*, Marion, IA	1:55:40	1:56:33	9:18
1868	308	M25	Andrew Nutting, 29, Des Moines, IA	1:55:41	2:02:20	9:18
1869	311	M30	Bryan Friedrichs, 30, Fort Dodge, IA	1:55:42	1:57:14	9:19
1870	166	M20	Jason Johnson, 23, Ankeny, IA	1:55:43	1:56:35	9:19
889	170	W30	Kandi Lovin, 33*, Rosemount, MN	1:55:43	1:57:57	9:19
1871	312	M30	Ryan Donkersloot, 30, Washington, IA	1:55:43	2:00:40	9:19
1872	264	M40	Rodger Main, 40, Ames, IA	1:55:44	1:56:43	9:19
1873	276	M35	Eric Kinman, 38, Des Moines, IA	1:55:45	1:58:40	9:19
1874	313	M30	Kevin Otten, 33, Urbandale, IA	1:55:47	1:58:43	9:19
1875	192	M45	Scott Hinkle, 48, Fort Dodge, IA	1:55:47	2:01:38	9:19
1876	314	M30	Jason Laughlin, 34, Des Moines, IA	1:55:47	1:56:36	9:19
1877	193	M45	Jon Hamann, 45, Solon, IA	1:55:48	1:57:49	9:19
1878	265	M40	Kendell Swanson, 42, Pella, IA	1:55:48	1:56:57	9:19
890	30	W50	Debbie Jessen, 52*, Bettendorf, IA	1:55:49	1:57:27	9:19
1879	315	M30	Kurt Moyer, 33, Adel, IA	1:55:50	1:58:04	9:19
1880	316	M30	Ryan Tighe, 34, Oskaloosa, IA	1:55:50	1:59:11	9:19
891	171	W30	Heather Moyer, 33*, Adel, IA	1:55:50	1:58:04	9:19
892	205	W25	Ashley Mullen, 27*, Ankeny, IA	1:55:51	1:57:34	9:19
1881	266	M40	Sean Schaben, 43, Johnston, IA	1:55:53	2:03:25	9:19
893	36	W17	Brittany Angell, 19*, West Des Moines, IA	1:55:53	1:57:12	9:19
894	50	W45	Catherine Michl, 47*, Urbandale, IA	1:55:54	2:00:20	9:20
1882	277	M35	Jeremy Renger, 37, Johnston, IA	1:55:55	1:59:30	9:20
1883	121	M50	Tom Hoehamer, 51, Des Moines, IA	1:55:55	1:57:31	9:20
1884	267	M40	Ibrahim Ahmed, 41, Urbandale, IA	1:55:55	1:56:40	9:20
1885	167	M20	Marcus Hall, 23, Des Moines, IA	1:55:56	1:56:55	9:20
895	104	W40	Lynette Buesing, 43*, Stockton, IA	1:55:56	1:56:56	9:20
896	172	W30	Robyn Paulsen, 30*, Spirit Lake, IA	1:55:56	1:58:28	9:20
897	206	W25	Sandy Chiweshe, 29*, Decorah, IA	1:55:56	1:57:24	9:20
898	126	W20	Andi Weger, 21*, West Des Moines, IA	1:55:57	2:01:07	9:20
899	127	W20	Jessica Carlson, 24*, West Des Moines, IA	1:55:57	2:03:59	9:20
900	207	W25	Shawna Nepple, 26*, Carroll, IA	1:55:57	2:00:26	9:20
901	6	W55	Sue Baumhover, 56*, Ames, IA	1:55:57	1:58:52	9:20
902	173	W30	Shari Higgins, 34*, Vinton, IA	1:55:57	2:02:32	9:20
903	161	W35	Melissa Strunk, 36*, North Liberty, IA	1:55:58	1:58:34	9:20
904	105	W40	Amy Kolacia, 40*, Fort Dodge, IA	1:55:58	1:58:34	9:20
905	31	W50	Denise Neumann, 53*, Ankeny, IA	1:55:59	2:00:38	9:20
906	208	W25	Kylie Kuennen, 29*, Cedar Rapids, IA	1:55:59	2:01:23	9:20
907	174	W30	Emily Pape, 32*, Binghamton, NY	1:56:00	2:02:03	9:20
1886	309	M25	Josh Wilkening, 25, Grimes, IA	1:56:00	2:03:00	9:20
908	128	W20	Crista Wilkening, 24*, Grimes, IA	1:56:00	2:03:00	9:20
1887	317	M30	Lucas Bair, 34, Ankeny, IA	1:56:01	1:59:49	9:20
1888	168	M20	Jonathon Dieken, 22, Dike, IA	1:56:01	1:58:09	9:20
1889	194	M45	Tim Rolow, 47, Grimes, IA	1:56:01	2:02:40	9:20
909	129	W20	Liz Becker, 23*, Iowa City,, Ia	1:56:02	1:58:05	9:20
910	175	W30	Melissa Phillips, 33*, St. Charles, IA	1:56:02	1:58:02	9:20
1890	318	M30	Dan Carleton, 34, Polk City, IA	1:56:02	1:59:50	9:20
911	162	W35	Dawn Anderson, 38*, Iowa City, IA	1:56:02	2:03:21	9:20
1891	80	M17	Robert Helmick, 18, Adel, IA	1:56:02	1:57:14	9:20
912	106	W40	Shelley Birmingham, 42*, Johnston, IA	1:56:02	1:56:57	9:20
1892	122	M50	Steven Miller, 51, Des Moines, IA	1:56:02	2:00:24	9:20
1893	268	M40	Jim Moeller, 40, Waterloo, IA	1:56:03	2:02:32	9:20
913	209	W25	Natalie Heineman, 28*, Cedar Rapids, IA	1:56:03	1:58:20	9:20

914	176	W30	Michele Williams, 32*, Massena, IA	1:56:03	1:59:10	9:20
915	130	W20	Sabrina Blackledge, 23*, Urbandale, IA	1:56:03	1:59:57	9:20
916	131	W20	Rachael Mueller, 23*, Iowa City, IA	1:56:04	1:59:40	9:20
1894	169	M20	Alexander Hubbell, 23, Des Moines, IA	1:56:04	1:59:56	9:20
917	163	W35	Kelly Steer, 39*, Waukee, IA	1:56:04	1:58:22	9:20
1895	310	M25	Lucas Grundmeier, 25, Des Moines, IA	1:56:07	1:59:49	9:21
1896	319	M30	Jeff Crosley, 33, Denver, CO	1:56:07	2:00:43	9:21
1897	311	M25	Kristopher Krebs, 25, Maxwell, IA	1:56:07	1:57:43	9:21
1898	312	M25	John Maly, 27, Des Moines, IA	1:56:08	2:03:24	9:21
1899	195	M45	Jerry Lawrence, 49, Des Moines, IA	1:56:09	2:00:56	9:21
918	177	W30	Lynn Howe, 34*, Riceville, IA	1:56:10	1:57:17	9:21

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919	164	W35	Sarah Petrak, 35*, Grimes, IA	1:56:10	2:07:18	9:21
1900	278	M35	Sean Williams, 36, Cedar Rapids, IA	1:56:10	2:00:34	9:21
920	178	W30	Kari Schmalbeck, 32*, Sioux Center, IA	1:56:11	1:59:20	9:21
1901	313	M25	Jonathan Smith, 25, Waukee, IA	1:56:11	2:02:05	9:21
1902	269	M40	Brent Helmkamp, 41, Ankeny, IA	1:56:12	1:57:25	9:21
1903	64	M55	Jack Sandmeier, 58, Knoxville, IA	1:56:12	1:57:03	9:21
921	51	W45	Julie Wittman, 46*, Cedar Rapids, IA	1:56:13	1:59:21	9:21
922	165	W35	Dawn Downes, 36*, Overland Park, KS	1:56:13	1:59:32	9:21
1904	320	M30	Jeff Ryg, 32, Mason City, IA	1:56:13	1:59:13	9:21
1905	270	M40	Todd Shaw, 43, Ankeny, IA	1:56:13	2:01:19	9:21
923	179	W30	Kelly Aschbrenner, 34*, Waltham, MA	1:56:13	1:56:47	9:21
1906	170	M20	Alex McClure, 21, Des Moines, IA	1:56:13	1:56:26	9:21
1907	279	M35	Dana Kiene, 36, Ankeny, IA	1:56:14	2:00:11	9:21
924	210	W25	Erica Bohn, 28*, Pella, IA	1:56:15	2:02:19	9:21
925	52	W45	Nancy Guinane, 47*, Grinnell, IA	1:56:15	2:01:41	9:21
926	107	W40	Loree Horn, 44*, West Des Moines, IA	1:56:15	2:02:21	9:21
1908	271	M40	Jody Haws, 42, Ankeny, IA	1:56:16	1:57:01	9:21
1909	280	M35	Joe Cannon, 38, Ames, IA	1:56:16	1:57:34	9:21
1910	321	M30	Shannon Foster, 32, Kansas City, MO	1:56:16	2:03:32	9:21
1911	281	M35	Chad Robson, 39, Newton, IA	1:56:16	2:00:50	9:21
927	180	W30	Jessica Lipkey, 31*, Marion, IA	1:56:16	1:58:14	9:21
1912	196	M45	Jack Dekkers, 49, Ames, IA	1:56:17	2:03:06	9:21
928	166	W35	Mary Pink, 39*, Ames, IA	1:56:19	2:00:22	9:22
929	167	W35	Jennifer Streigle, 38*, Urbandale, IA	1:56:20	1:59:10	9:22
1913	282	M35	Brian Wubben, 38, Clive, IA	1:56:20	2:01:37	9:22
930	168	W35	Darci Hammer, 38*, Ottumwa, IA	1:56:20	1:58:01	9:22
1914	283	M35	Andy Fehn, 38, Johnston, IA	1:56:20	1:57:17	9:22
1915	314	M25	Nabeel Meghji, 25, West Des Moines, IA	1:56:20	1:58:14	9:22
1916	284	M35	Charles Bickel, 37, Des Moines, IA	1:56:21	2:03:36	9:22
931	211	W25	Renee Flack, 26*, Ankeny, IA	1:56:21	1:59:00	9:22
1917	123	M50	David McClung, 54, Des Moines, IA	1:56:21	1:59:02	9:22
932	132	W20	Jessica McKinney, 22*, Lincoln, NE	1:56:22	1:59:12	9:22
1918	272	M40	Cedric Siriwardena, 43, Indianola, IA	1:56:22	1:59:51	9:22
933	181	W30	Lisa Clark, 32*, Jefferson, IA	1:56:22	2:00:27	9:22
934	108	W40	Shelli Smoldt, 43*, Reinbeck, IA	1:56:22	1:56:39	9:22
935	182	W30	Jodi Loecke, 33*, Greeley, CO	1:56:23	1:59:26	9:22
1919	285	M35	Monte Lust, 38, Newton, IA	1:56:23	1:59:33	9:22
1920	273	M40	Kevin Van Veen, 44, Des Moines, IA	1:56:24	1:59:34	9:22
1921	274	M40	Job Cooper, 41, Des Moines, IA	1:56:24	2:00:59	9:22
936	183	W30	Stephie Clemens, 34*, Des Moines, IA	1:56:24	2:03:48	9:22
937	53	W45	Teri Trask, 45*, Cedar Falls, IA	1:56:24	1:57:54	9:22
938	32	W50	Joyce Wiederin, 50*, Lake City, IA	1:56:24	2:00:30	9:22
1922	197	M45	Curt Carlson, 45, Johnston, IA	1:56:25	2:01:04	9:22
1923	124	M50	Russ Canfield, 53, Austin, TX	1:56:25	2:00:03	9:22
1924	57	JrM	Zach Mueggenberg, 14, Glidden, IA	1:56:27	2:00:38	9:22
1925	286	M35	Carl Noftsgger, 35, Altoona, IA	1:56:27	1:56:52	9:22
1926	125	M50	Randy Kramer, 51, Hartley, IA	1:56:28	2:01:22	9:22
1927	315	M25	Brad Koehler, 27, Ankeny, IA	1:56:28	1:59:34	9:22
939	212	W25	Jennet Volden, 27*, Cedar Rapids, IA	1:56:29	2:02:52	9:22
1928	198	M45	Tony McBride, 47, Clive, IA	1:56:29	1:58:03	9:22
940	54	W45	Tracy Cheney, 46*, West Des Moines, IA	1:56:30	2:01:03	9:22

1929	287	M35	Daniel Lusche, 37, Iowa City, IA	1:56:30	2:01:12	9:22
941	133	W20	Alisha Harper, 24*, Prole, IA	1:56:30	2:03:24	9:22
1930	316	M25	Lucas Boddicker, 29, North Liberty, IA	1:56:30	1:58:42	9:22
942	184	W30	Sara Coleman, 31*, Urbandale, IA	1:56:30	2:02:54	9:22
1931	288	M35	James Horn, 37, Newton, IA	1:56:31	2:00:50	9:23
1932	275	M40	Monte Priske, 44, Eldora, IA	1:56:31	1:57:36	9:23
1933	289	M35	Wesley Hall, 36, West Des Moines, IA	1:56:31	1:59:59	9:23
943	169	W35	Neisha Horn, 36*, Newton, IA	1:56:32	2:00:50	9:23
1934	276	M40	Jeff Collum, 40, West Des Moines, IA	1:56:33	1:58:32	9:23
944	170	W35	Sandy Shonka, 38*, Nora Springs, IA	1:56:34	1:57:42	9:23
1935	81	M17	Corey Beckendorf, 18, Johnston, IA	1:56:34	2:00:04	9:23
1936	82	M17	Michael Ellerman, 18, Dallas Center, IA	1:56:34	2:00:03	9:23
1937	83	M17	Alex Sobotka, 17, Urbandale, IA	1:56:34	1:56:34	9:23
1938	277	M40	Bruce Koffron, 41, Solon, IA	1:56:35	1:56:50	9:23
945	171	W35	Rebecca Needles, 35*, Indianola, IA	1:56:36	2:01:14	9:23
946	109	W40	Laura Horstmann, 40*, Des Moines, IA	1:56:36	1:58:47	9:23
947	55	W45	Janean Speicher, 48*, Eldora, IA	1:56:37	2:02:21	9:23
1939	322	M30	Anthony Lucia, 33, Des Moines, IA	1:56:37	1:57:38	9:23
948	185	W30	Melissa Lyon, 31*, Urbandale, IA	1:56:38	2:00:00	9:23
1940	126	M50	Rollie Berg, 53, Madrid, IA	1:56:38	1:59:36	9:23
949	213	W25	Melissa McKeon, 27*, Cedar Rapids, IA	1:56:39	1:59:57	9:23
1941	127	M50	Robin Roberts, 52, Cedar Rapids, IA	1:56:39	1:58:47	9:23
950	172	W35	Kimberly Baeth, 38*, Urbandale, IA	1:56:39	1:59:05	9:23
1942	290	M35	David Zwank, 36, Adel, IA	1:56:39	1:58:11	9:23
951	214	W25	Megan Willits, 25*, Orange City, IA	1:56:41	1:59:10	9:23
952	186	W30	Laci Zimmer, 31*, Lincoln, NE	1:56:41	1:58:20	9:23
1943	128	M50	Guy Wernet, 53, Frankfort, IL	1:56:42	1:59:45	9:23
953	110	W40	Sara Curtis, 42*, Algona, IA	1:56:42	2:02:07	9:23
954	173	W35	Rene Rustvold, 35*, Audubon, IA	1:56:42	2:03:44	9:23
1944	278	M40	Brian Martin, 42, Ankeny, IA	1:56:43	1:59:19	9:23
955	215	W25	Marcy Schneider, 29*, Johnston, IA	1:56:43	1:57:26	9:23
956	216	W25	Jane Cline, 28*, Waverly, IA	1:56:43	1:57:26	9:23
957	174	W35	Jennifer Daniel, 38*, Johnston, IA	1:56:43	1:59:20	9:23
958	187	W30	Katie Thaut, 33*, Ankeny, IA	1:56:43	1:59:18	9:23
959	217	W25	Shelly Kopriva, 27*, Urbandale, IA	1:56:43	1:59:57	9:23
960	175	W35	Micholyn Fajen, 35*, West Des Moines, IA	1:56:43	2:01:07	9:23
961	176	W35	Shannon Lucas, 39*, Ankeny, IA	1:56:44	1:57:29	9:23
1945	199	M45	Jeffrey Jacobson, 49, Bellevue, NE	1:56:44	2:01:42	9:24
1946	200	M45	James Fredregill, 45, Cumming, IA	1:56:44	2:00:18	9:24
962	134	W20	Erika Ehlers, 22*, Urbandale, IA	1:56:45	1:58:07	9:24
963	56	W45	Jean Hathhorn, 46*, Omaha, NE	1:56:45	2:04:30	9:24
964	218	W25	Tonishia Pals, 29*, Belmond, IA	1:56:45	2:01:53	9:24
965	177	W35	Lisa Day, 36*, Saint Paul, MN	1:56:45	1:59:06	9:24
966	33	W50	Mary Harris, 53*, Marshalltown, IA	1:56:46	1:58:52	9:24
1947	279	M40	Michael Perry, 43, West Des Moines, IA	1:56:46	1:59:02	9:24
967	178	W35	Michelle Freidhoff, 38*, Columbia, MO	1:56:46	2:01:52	9:24
1948	280	M40	Marc Monthei, 43, Des Moines, IA	1:56:47	1:57:27	9:24
968	219	W25	Jodi Berman, 27*, Kirksville, MO	1:56:47	2:04:32	9:24
1949	323	M30	Brian Schmalbeck, 33, Sioux Center, IA	1:56:47	1:59:56	9:24
969	179	W35	Jodi Buchan, 37*, Johnston, IA	1:56:47	1:59:18	9:24
1950	129	M50	Brent Cooper, 54, Urbandale, Iowa, Ia	1:56:48	1:57:32	9:24
970	57	W45	Roxane Franzen, 45*, Denver, IA	1:56:49	1:59:05	9:24
1951	291	M35	Scot Surprenant, 39, Altoona, IA	1:56:50	2:02:31	9:24
971	188	W30	Becca Anderson, 32*, Boone, IA	1:56:50	1:59:50	9:24
1952	324	M30	Justin Wyatt, 33, Glenwood, IA	1:56:50	1:59:55	9:24
1953	281	M40	Berkenpas, 42, Lawton, IA	1:56:51	1:58:29	9:24
1954	130	M50	Tom Dirks, 53, Mingo, IA	1:56:51	1:58:28	9:24
972	111	W40	Michele Kueny, 40*, Lees Summit, MO	1:56:52	1:58:38	9:24
1955	325	M30	Matt Richter, 34, Adair, IA	1:56:53	2:02:30	9:24
1956	171	M20	Caleb Carroll, 21, Ames, IA	1:56:53	2:02:50	9:24
1957	201	M45	Ron Reichter, 48, Goldfield, IA	1:56:54	1:58:21	9:24
973	220	W25	Sarah Lerdal, 26*, North Liberty, IA	1:56:56	2:02:24	9:24
974	189	W30	Heather Maiers, 33*, Dubuque, IA	1:56:57	2:03:42	9:25
975	180	W35	Wendy Jenkins, 35*, Newton, IA	1:56:57	2:03:32	9:25
1958	326	M30	Mike Dunn, 30, Johnston, IA	1:56:58	1:57:47	9:25

1959	327	M30	Tim Dunn, 32, Clive, IA	1:56:58	1:57:47	9:25
976	221	W25	Courtney Behrens, 29*, West Des Moines, IA	1:56:58	1:58:25	9:25
1960	31	M60	Terry Hanneman, 62, Newton, IA	1:56:58	2:00:18	9:25
1961	317	M25	Mike Rouse, 29, Norwalk, IA	1:56:59	2:01:29	9:25
977	222	W25	Vanessa Grier, 26*, Coralville, IA	1:57:00	2:03:53	9:25
978	181	W35	April McAfee, 35*, Anita, IA	1:57:00	1:57:58	9:25
1962	202	M45	Doug Oldenkamp, 48, West Des Moines, IA	1:57:00	2:01:29	9:25
1963	328	M30	Nathan Bailey, 33, Des Moines, IA	1:57:01	1:59:06	9:25
1964	329	M30	Bryant Arns, 31, Bondurant, IA	1:57:01	2:01:06	9:25
979	135	W20	Elena Halbmaier, 23*, Indianola, IA	1:57:01	2:02:21	9:25
1965	65	M55	Robert Mc Donald, 58, Coal Valley, IL	1:57:02	2:00:17	9:25
1966	318	M25	Manni Balignasay, 29, Urbandale, IA	1:57:02	2:01:23	9:25
980	112	W40	Jennifer J Weir, 41*, Des Moines, IA	1:57:02	1:58:06	9:25
981	136	W20	Midori Beachy, 22*, Ames, IA	1:57:03	2:02:55	9:25
982	113	W40	Marie Vajgrt, 42*, Urbandale, IA	1:57:04	2:00:13	9:25
1967	292	M35	Josh Romick, 35, Johnston, IA	1:57:04	2:03:06	9:25
983	190	W30	Heather Ratcliff, 32*, Newton, IA	1:57:04	2:02:44	9:25
984	58	W45	Michele Nelson, 47*, Newton, IA	1:57:04	2:00:23	9:25
985	223	W25	Jennifer M York, 29*, West Des Moines, IA	1:57:05	1:58:53	9:25
986	191	W30	Tracy Wolfe, 30*, Macksburg, IA	1:57:05	1:59:49	9:25
987	182	W35	Brenda Deal, 38*, Algona, IA	1:57:05	1:58:16	9:25
1968	330	M30	Andrew McDowell, 33, West Des Moines, IA	1:57:05	1:57:53	9:25
988	183	W35	Missy Jorgenson, 36*, Johnston, IA	1:57:06	2:03:07	9:25
1969	172	M20	Jason Arment, 22, Ames, IA	1:57:06	1:58:41	9:25
989	59	W45	Darl George, 49*, Urbandale, IA	1:57:06	1:58:25	9:25
1970	66	M55	Sam Gill, 57, Norwalk, IA	1:57:07	2:04:18	9:25
1971	131	M50	Bob Glace, 52, Eldora, IA	1:57:07	2:02:51	9:25
990	192	W30	Lindsay Schmitt, 33*, Des Moines, IA	1:57:08	2:03:58	9:25
991	224	W25	Brooke Randleman, 26*, Carlisle, IA	1:57:08	2:02:39	9:25
1972	84	M17	Will Folkerts, 17, Chariton, IA	1:57:08	1:58:32	9:25
1973	173	M20	Jesse Probasco, 24, Johnston, IA	1:57:09	1:58:32	9:26
1974	331	M30	Jeremy Klatt, 32, Mason City, IA	1:57:10	2:00:10	9:26
992	184	W35	Candee Morrison, 36*, Ankeny, IA	1:57:12	1:59:04	9:26
1975	67	M55	Mark Boeding, 56, Fort Madison, IA	1:57:12	2:04:33	9:26
993	185	W35	Ann Evans, 39*, Carlisle, IA	1:57:12	2:02:43	9:26
1976	319	M25	Michael Riggs, 29, Des Moines, IA	1:57:12	2:02:26	9:26
1977	332	M30	Andrew Moffitt, 31, Ankeny, IA	1:57:12	2:03:17	9:26
1978	32	M60	Jim Pfeifer, 61, State Center, IA	1:57:13	1:58:03	9:26
994	193	W30	Jodi Ramsey, 33*, Manning, IA	1:57:13	2:02:34	9:26
995	186	W35	Bobbi Downing, 37*, West Des Moines, IA	1:57:13	1:58:15	9:26
1979	333	M30	Phillip Embree, 30, Estherville, IA	1:57:13	2:03:56	9:26
996	194	W30	Kari Kellen, 32*, Nevada, IA	1:57:13	1:59:20	9:26
1980	334	M30	Andy Richardson, 32, Huxley, IA	1:57:13	2:00:25	9:26
997	195	W30	Erin Larsen, 31*, Ankeny, IA	1:57:14	2:02:10	9:26
1981	320	M25	Adam Singer, 25, Des Moines, IA	1:57:14	1:59:25	9:26
998	196	W30	Jami Barrientos, 30*, Grand Island, NE	1:57:14	1:58:03	9:26
999	197	W30	Jessica Boelman, 33*, Polk City, IA	1:57:14	2:02:43	9:26
1982	282	M40	Sam Failla, 40, Madrid, IA	1:57:14	1:59:29	9:26
1000	225	W25	Susan Kuennen, 26*, Plymouth, MN	1:57:14	2:04:02	9:26
1001	198	W30	Emily Eisentrager, 34*, Altoona, IA	1:57:14	2:01:33	9:26
1983	33	M60	Richard Newkirk, 60, Ankeny, IA	1:57:14	1:57:14	9:26
1002	226	W25	Melisa Wardlow, 28*, Des Moines, IA	1:57:15	2:02:26	9:26
1003	187	W35	Angela Risius, 38*, Ackley, IA	1:57:15	1:59:22	9:26
1004	227	W25	Teri Stimmel, 28*, North Liberty, IA	1:57:16	2:04:55	9:26
1984	58	JrM	Jake Leih, 16, Indianola, IA	1:57:16	2:03:18	9:26
1005	188	W35	Michele Ramsey, 37*, Altoona, IA	1:57:17	1:57:42	9:26
1006	199	W30	Jenae Halstead, 31*, Des Moines, IA	1:57:18	1:58:41	9:26
1985	321	M25	Quincy Beck, 29, Urbandale, IA	1:57:19	1:58:53	9:26
1007	228	W25	Lindsay Wedemeier, 27*, West Des Moines, IA	1:57:19	1:57:58	9:26
1008	229	W25	Angela Reschly, 28*, West Des Moines, IA	1:57:19	1:57:58	9:26
1009	137	W20	Morgan Nelson, 21*, Exira, IA	1:57:20	2:01:53	9:26
1010	200	W30	Rebecca Morris, 32*, Ankeny, IA	1:57:20	2:01:45	9:26
1011	189	W35	Leah Churchman, 39*, Ankeny, IA	1:57:20	2:01:46	9:26
1012	201	W30	Cathy Pollock, 31*, Pella, IA	1:57:20	2:03:51	9:26

1986	322	M25	Jason Bell, 25, Ankeny, IA	1:57:21	2:00:25	9:26
1013	190	W35	Amy Williams, 37*, Johnston, IA	1:57:21	1:57:51	9:26
1014	138	W20	Amanda Maach, 23*, Indianola, IA	1:57:21	2:01:42	9:26
1987	293	M35	Matt Stevermer, 35, West Des Moines, IA	1:57:21	2:00:44	9:27
1015	114	W40	Deborah Holte, 44*, Kirksville, MO	1:57:22	2:05:07	9:27
1016	202	W30	Cara Massie, 30*, Smithville, MO	1:57:22	2:00:22	9:27
1988	294	M35	Erik Roys, 38, Jewell, IA	1:57:23	2:01:23	9:27
1017	203	W30	Kelly Langan, 34*, Waverly, IA	1:57:23	2:02:29	9:27
1989	335	M30	Matt Fall, 30, Ankeny, IA	1:57:23	2:02:19	9:27
1990	336	M30	Michael Fall, 34, Urbana, IA	1:57:23	2:02:19	9:27
1018	115	W40	Jennifer Harmeyer, 44*, Smithville, MO	1:57:24	2:00:23	9:27
1019	230	W25	Jessica Mathisen, 27*, Urbandale, IA	1:57:24	2:00:18	9:27
1020	204	W30	Annie Breeding, 32*, Urbandale, IA	1:57:24	1:57:55	9:27
1021	34	W50	Kelly Roberts, 52*, Brookfield, MO	1:57:24	2:05:06	9:27
1991	203	M45	Jeffrey Dimon, 47, Urbandale, IA	1:57:25	2:03:02	9:27
1022	231	W25	Molly Nelson, 29*, Waukee, IA	1:57:25	2:04:28	9:27
1023	205	W30	Janis Huff, 32*, Kansas City, MO	1:57:25	2:04:40	9:27
1992	283	M40	Del Metz, 44, Newton, IA	1:57:26	2:00:07	9:27
1024	232	W25	Laura Lyons, 28*, Grimes, IA	1:57:26	2:04:34	9:27
1993	132	M50	Jeff Bauer, 50, Exira, IA	1:57:26	1:59:52	9:27
1994	295	M35	Bj Spyksma, 36, Urbandale, IA	1:57:26	1:58:17	9:27
1025	139	W20	Natalie Horras, 21*, Fairfield, IA	1:57:27	2:01:48	9:27
1995	174	M20	Austin Vitzthum, 23, Iowa City, IA	1:57:27	2:01:16	9:27
1026	191	W35	Penny Gerholdt, 39*, Cedar Falls, IA	1:57:27	2:03:57	9:27
1996	323	M25	Adam Werley, 25, West Des Moines, IA	1:57:28	2:02:43	9:27
1027	233	W25	Leah Carter, 26*, Ankeny, IA	1:57:28	1:59:23	9:27
1028	116	W40	Darice Pamperin, 40*, Clive, IA	1:57:28	1:59:59	9:27
1029	140	W20	Erini Anthopoulos, 20*, Independence, IA	1:57:28	2:04:28	9:27
1997	337	M30	Alexander Saak, 34, Manhattan, KS	1:57:29	1:59:35	9:27
1030	60	W45	Kelly Greene, 46*, Cumming,, Ia	1:57:30	2:04:42	9:27
1998	338	M30	Doug Busta, 34, West Des Moines, IA	1:57:30	1:58:33	9:27
1031	206	W30	Leighann Cannon, 34*, Ames, IA	1:57:31	1:58:48	9:27
1032	207	W30	Debbie White, 30*, Olathe, KS	1:57:31	2:03:07	9:27
1033	234	W25	Dana Brenner, 26*, Waukee, IA	1:57:31	2:01:41	9:27
1034	117	W40	Angela Ihry, 40*, Naperville, IL	1:57:31	1:59:53	9:27
1035	192	W35	Lisa Krugler, 36*, Des Moines, IA	1:57:31	1:59:53	9:27
1999	68	M55	James Kuebler, 57, Des Moines, IA	1:57:31	1:58:46	9:27
1036	235	W25	Megan Omvig, 25*, Urbandale, IA	1:57:33	1:59:53	9:27
2000	339	M30	Matthew Getting, 31, Clive, IA	1:57:33	2:01:58	9:27
2001	296	M35	Jerry Warrick, 37, Johnston, IA	1:57:33	2:00:27	9:27
1037	236	W25	Jessa Mittman, 27*, Coralville, IA	1:57:36	2:00:12	9:28
2002	175	M20	Reed Agne, 20, Solon, IA	1:57:37	2:00:46	9:28
2003	297	M35	Ted Nahas, 37, West Des Moines, IA	1:57:38	2:03:36	9:28
2004	298	M35	Travis Hinrichs, 36, Clive, IA	1:57:38	1:59:58	9:28
1038	208	W30	Alicia Evans, 30*, Urbandale, IA	1:57:39	2:00:33	9:28
2005	59	JrM	Nathan Zbylicki, 15, West Des Moines, IA	1:57:39	1:58:55	9:28
2006	324	M25	Roy Gullickson, 27, North Liberty, IA	1:57:39	2:03:24	9:28
2007	299	M35	Michael Dawson, 39, Springfield, MO	1:57:40	2:01:31	9:28
1039	237	W25	Rachel Meade, 26*, Omaha, NE	1:57:41	2:05:11	9:28
2008	340	M30	Josh Rehmann, 31, Johnston, IA	1:57:41	1:59:59	9:28
2009	69	M55	Mike Jackson, 58, Cedar Falls, IA	1:57:41	1:58:17	9:28
1040	37	W17	Rebecca Meade, 19*, Council Bluffs, IA	1:57:41	2:05:11	9:28
1041	193	W35	Joni Tonnemacher, 39*, Johnston, IA	1:57:42	2:03:01	9:28
1042	209	W30	Amy McAllister, 33*, Altoona, IA	1:57:42	2:02:01	9:28
2010	341	M30	Joseph Smith, 31, Urbandale, IA	1:57:42	1:58:46	9:28
1043	194	W35	Kelcy Lofgren, 38*, Ankeny, IA	1:57:43	2:02:03	9:28
2011	133	M50	Steve Barnett, 54, Newton, IA	1:57:44	2:00:03	9:28
1044	210	W30	Lori White, 33*, Rochester, MN	1:57:44	2:04:14	9:28
2012	70	M55	Gerald Hill, 56, Altoona, IA	1:57:44	2:02:54	9:28
2013	325	M25	Nick Nation, 25, Clive, IA	1:57:44	1:59:15	9:28
1045	195	W35	Shay Grebin, 37*, Stanton, IA	1:57:44	2:04:14	9:28
1046	196	W35	Angela Frohwein, 36*, Clive, IA	1:57:45	2:03:37	9:28
1047	238	W25	Jill Buchan, 28*, Ankeny, IA	1:57:45	1:58:59	9:28
2014	342	M30	Joshua Hill, 31, Bloomfield, IA	1:57:45	2:04:03	9:28
1048	38	W17	Stacey Dietrich, 19*, Victor, IA	1:57:46	2:04:30	9:29

2015	71	M55	Jim Bergeson, 57, Urbandale, IA	1:57:46	1:59:39	9:29
2016	284	M40	Kevin Swensen, 41, Ankeny, IA	1:57:46	1:57:46	9:29
2017	285	M40	John Kromminga, 44, Johnston, IA	1:57:47	1:59:00	9:29
2018	343	M30	Clint Boeding, 32, North Liberty, IA	1:57:48	2:05:09	9:29
1049	239	W25	Kate Malo, 25*, Ankeny, IA	1:57:48	1:58:15	9:29
1050	211	W30	Carrie Wolford, 32*, West Des Moines, IA	1:57:48	1:58:15	9:29
1051	141	W20	Laura Henderson, 24*, West Des Moines, IA	1:57:49	2:00:02	9:29
1052	118	W40	Lisa Shaw, 43*, Ankeny, IA	1:57:49	2:02:54	9:29
1053	142	W20	Megan Cross, 24*, Des Moines, IA	1:57:49	2:01:31	9:29
1054	212	W30	Stephanie Davis, 30*, Urbandale, IA	1:57:49	2:02:09	9:29
2019	134	M50	Russ Cross, 53, Ames, IA	1:57:49	2:01:31	9:29
2020	204	M45	James McGraw, 47, Waukee, IA	1:57:50	2:00:24	9:29
1055	61	W45	Kelly Belin, 48*, Marion, IA	1:57:50	1:58:49	9:29
1056	197	W35	Beth Seuferer, 38*, West Des Moines, IA	1:57:50	1:59:00	9:29
2021	300	M35	Phoukham Baccam, 36, Urbandale, IA	1:57:51	2:01:43	9:29
1057	143	W20	Jenna Hetcko, 24*, Des Moines, IA	1:57:51	2:03:06	9:29
1058	213	W30	Peggy Greubel, 34*, Russell, IA	1:57:52	2:00:28	9:29
2022	344	M30	Brent Kelley, 31, Cedar Rapids, IA	1:57:52	2:02:31	9:29
1059	240	W25	Kathryn Sandie, 27*, Waukee, IA	1:57:53	2:01:51	9:29
2023	345	M30	Aaron Whitaker, 30, Bettendorf, IA	1:57:53	2:05:57	9:29
2024	135	M50	Chuck Bishop, 51, Urbandale, IA	1:57:53	2:00:17	9:29
2025	286	M40	Dan Dighton, 40, Boone, IA	1:57:53	2:02:36	9:29
2026	287	M40	Scott Wilkinson, 40, Urbandale, IA	1:57:54	2:00:40	9:29
1060	119	W40	Susan Staudt, 40*, Cedar Falls, IA	1:57:55	2:04:02	9:29
2027	72	M55	Jere Wood, 58, Clinton, IA	1:57:55	2:05:08	9:29
1061	198	W35	Linda Miller, 38*, Grimes, IA	1:57:55	2:03:50	9:29
1062	199	W35	Jillisa Welsch, 35*, Ankeny, IA	1:57:55	2:04:19	9:29
2028	205	M45	Darren Grote, 49, Clive, IA	1:57:55	2:00:14	9:29
1063	35	W50	Kathleen Magoon, 51*, Bettendorf, IA	1:57:56	1:59:34	9:29
2029	73	M55	Claude Houge, 59, Eagan, MN	1:57:56	2:00:44	9:29
1064	200	W35	Kari Anderson, 35*, West Des Moines, IA	1:57:57	2:00:17	9:29
2030	288	M40	Erik Luthens, 44, Urbandale, IA	1:57:57	1:58:22	9:29
1065	39	W17	Larissa Hadley, 17*, Urbandale, IA	1:57:57	1:58:58	9:29
1066	214	W30	Christine Bruin, 32*, Anoka, MN	1:57:57	2:04:17	9:29
1067	62	W45	Jan Wetrich, 48*, Ottumwa, IA	1:57:57	1:59:40	9:29
2031	74	M55	Thomas Phillips, 58, West Des Moines, IA	1:57:57	2:04:17	9:29
1068	201	W35	Ana Allen, 36*, West Des Moines, IA	1:57:58	2:02:59	9:29
2032	136	M50	Thomas Mahoney, 50, West Des Moines, IA	1:57:58	1:58:27	9:29
2033	34	M60	John Pleasants, 60, Ames, IA	1:57:59	2:00:03	9:30
2034	289	M40	Dave Briden, 43, Van Meter, IA	1:57:59	2:01:47	9:30
1069	36	W50	Laurie Briden, 51*, Van Meter, IA	1:58:00	2:01:47	9:30
2035	1	JrM	Liz Bryant, 50, West Des Moines, IA	1:58:00	2:05:05	9:30
2036	290	M40	Larry Smith, 41, Ankeny, IA	1:58:00	1:58:00	9:30
1070	37	W50	Joan Thompson, 51*, Cedar Falls, IA	1:58:01	2:01:02	9:30
2037	60	JrM	Lucas Millman, 14, Carlisle, IA	1:58:01	1:58:54	9:30
1071	40	W17	Hana Bowers, 18*, West Des Moines, IA	1:58:02	2:02:25	9:30
2038	346	M30	Justin Cremer, 31, Des Moines, IA	1:58:02	2:03:56	9:30
1072	120	W40	Dena Vincent, 41*, Elmhurst, IL	1:58:02	2:02:12	9:30
2039	291	M40	Mike Farrell, 42, Johnston, IA	1:58:03	2:03:34	9:30
1073	215	W30	Molly Dietrich, 32*, Sioux Falls, SD	1:58:03	2:03:55	9:30
1074	38	W50	D. Peterson, 51*, Grimes, IA	1:58:04	1:59:07	9:30
1075	202	W35	Meridith Dekruye, 37*, Des Moines, IA	1:58:04	2:00:34	9:30
1076	203	W35	Steve Loecke, 36*, Greeley, CO	1:58:04	2:01:07	9:30
2040	292	M40	Mark Easler, 42, Clive, IA	1:58:05	2:04:58	9:30
2041	293	M40	Pat Baldus, 44, West Des Moines, IA	1:58:06	1:58:30	9:30
1077	204	W35	Angie Ellerbroek, 39*, Smithville, MO	1:58:06	2:01:06	9:30
2042	294	M40	Kipp Lenth, 43, Waterloo, IA	1:58:06	2:02:00	9:30
2043	137	M50	Bob Osgood, 52, Cedar Falls, IA	1:58:06	2:04:36	9:30
2044	347	M30	Thomas Novotney, 33, Rockwell, IA	1:58:06	1:59:15	9:30
2045	138	M50	Brad Smith, 51, Beaman, IA	1:58:06	2:02:17	9:30
1078	216	W30	Sara Swyter, 31*, Waukee, IA	1:58:06	1:59:15	9:30
2046	295	M40	Rich Green, 42, Urbandale, IA	1:58:08	2:04:37	9:30
2047	348	M30	Steven Olsen, 32, West Des Moines, IA	1:58:08	2:00:02	9:30
2048	349	M30	Ken Olsen, 30, West Des Moines, IA	1:58:08	2:00:02	9:30
2049	176	M20	Jeff Travis, 24, Waukee, IA	1:58:08	2:02:29	9:30

1079	121	W40	Camilla Martin, 40*, Marion, IA	1:58:08	1:59:06	9:30
2050	326	M25	Kris Laufer, 28, West Des Moines, IA	1:58:08	2:07:01	9:30
1080	241	W25	Ashley Cox, 25*, West Des Moines, IA	1:58:09	1:59:08	9:30
1081	122	W40	Gina Garman, 43*, Iowa, IA	1:58:09	1:59:07	9:30
1082	205	W35	Staci Kadolph, 35*, Ankeny, IA	1:58:09	2:02:23	9:30
2051	35	M60	Frederick Lorenz, 60, Ames, IA	1:58:09	2:04:06	9:30
1083	242	W25	Erin Gittins, 26*, West Des Moines, IA	1:58:10	2:03:44	9:30
1084	217	W30	Amanda Peterson, 31*, Urbandale, IA	1:58:11	2:05:35	9:30
2052	327	M25	Christopher Anderson, 29, Austin, MN	1:58:12	2:03:33	9:31
2053	296	M40	Craig McClenahan, 41, Keota, IA	1:58:12	2:00:41	9:31
2054	75	M55	Jim Pratt, 56, Boone, IA	1:58:13	1:59:18	9:31
1085	243	W25	Sara Heitz, 25*, Huxley, IA	1:58:13	2:02:54	9:31
1086	218	W30	Melissa Michehl, 34*, Fort Dodge, IA	1:58:14	2:04:20	9:31
1087	206	W35	Tracy Bedford, 35*, Des Moines, IA	1:58:14	2:05:33	9:31
2055	206	M45	Michael Joe Harper, 48, West Des Moines, IA	1:58:14	2:01:43	9:31
2056	328	M25	Christopher Anderson, 29, Austin, MN	1:58:15	2:01:56	9:31
2057	61	JrM	William Admussen, 14, Urbandale, IA	1:58:16	2:02:25	9:31
1088	244	W25	Tamara Hancock, 28*, Ames, IA	1:58:16	2:00:26	9:31
1089	207	W35	Michelle Mitoraj, 35*, Chicago, IL	1:58:16	2:00:32	9:31
1090	245	W25	Angie Brown, 27*, Bloomfield, IA	1:58:16	2:03:16	9:31
2058	177	M20	Andrew Scott, 24, Bloomfield, IA	1:58:17	2:03:16	9:31
1091	246	W25	Jessica Aldridge, 28*, Winterset, IA	1:58:17	1:59:30	9:31
2059	139	M50	Jeff Crawford, 54, West Des Moines, IA	1:58:17	1:59:47	9:31
2060	329	M25	Robert Kistner, 26, Des Moines, IA	1:58:17	2:04:47	9:31
1092	123	W40	Jenn Rigby, 40*, Huxley, IA	1:58:17	2:02:57	9:31
1093	247	W25	Katrina Johnson, 27*, Brighton, IA	1:58:17	2:00:16	9:31
2061	350	M30	Greg Meinhardt, 31, Minneapolis, MN	1:58:18	2:01:56	9:31
1094	248	W25	Stefanie Meinhardt, 26*, Minneapolis, MN	1:58:18	2:01:55	9:31
2062	36	M60	Rolf Koford, 60, Ames, IA	1:58:19	2:00:15	9:31
2063	207	M45	Jeff Seals, 49, Newton, IA	1:58:19	2:02:50	9:31
2064	330	M25	Dan Evans, 28, Windsor Heights, IA	1:58:19	2:04:14	9:31
2065	297	M40	Erik Haugen, 40, St. Charles, IL	1:58:20	2:04:37	9:31
1095	41	W17	Stephanie Mundt, 18*, Urbandale, IA	1:58:20	2:02:41	9:31
1096	42	W17	Kelsey Mitchell, 19*, Des Moines, IA	1:58:20	2:02:41	9:31
1097	43	W17	Sami Steinmeyer, 18*, Urbandale, IA	1:58:20	2:02:41	9:31
1098	144	W20	Francis Mann, 24*, Ames, IA	1:58:20	2:00:00	9:31
1099	145	W20	Nicole Wilson, 20*, Urbandale, IA	1:58:20	2:02:41	9:31
1100	219	W30	Kristine Stoebner, 32*, Des Moines, IA	1:58:20	1:59:27	9:31
1101	63	W45	Brenda McGraw, 47*, Waukee, IA	1:58:21	2:00:54	9:31
1102	64	W45	Regina Randall, 45*, Solon, IA	1:58:22	2:00:29	9:31
1103	10	JrW	Angela Hudyma, 16*, West Des Moines, IA	1:58:22	2:03:20	9:31
2066	208	M45	Mark Newman, 47, West Des Moines, IA	1:58:22	1:58:45	9:31
1104	208	W35	Kamilla Shea, 39*, Des Moines, IA	1:58:23	2:05:35	9:31
2067	331	M25	Ryan Klobberdanz, 25, Denver, CO	1:58:24	2:05:11	9:32
1105	249	W25	Laura Zinn, 29*, Ankeny, IA	1:58:24	1:59:04	9:32
2068	298	M40	Mark Wiltse, 41, Urbandale, IA	1:58:25	2:04:24	9:32
1106	220	W30	Rosalyn Lehman, 31*, Pleasant Hill, IA	1:58:25	2:04:22	9:32
1107	146	W20	Whitney Lloyd, 21*, Fort Dodge, IA	1:58:26	1:58:59	9:32
1108	39	W50	Cynthia Korth, 53*, Forest City, IA	1:58:26	2:00:51	9:32
2069	301	M35	Brent Emerson, 38, Huxley, IA	1:58:26	2:01:10	9:32
1109	147	W20	Shannon Henson, 23*, West Des Moines, IA	1:58:27	2:00:33	9:32
1110	250	W25	Tara Dekkers, 26*, Ames, IA	1:58:27	2:03:34	9:32
1111	251	W25	Wendy Nutini, 28*, Ames, IA	1:58:27	2:03:34	9:32
2070	351	M30	Jeremy Thede, 33, Johnston, IA	1:58:27	2:01:49	9:32
2071	332	M25	Jr. William Scales, 27, Des Moines, IA	1:58:27	2:00:33	9:32
2072	302	M35	David Rietz, 36, Huxley, IA	1:58:27	2:05:08	9:32
2073	178	M20	Nathan Nelson, 20, White Bear Townsh, MN	1:58:27	2:01:30	9:32
2074	209	M45	Mark Kirkpatrick, 49, Humboldt, IA	1:58:29	1:59:41	9:32
1112	148	W20	Chad Hanson, 24*, Des Moines, IA	1:58:29	1:59:45	9:32
1113	252	W25	Shelly Olds, 25*, Des Moines, IA	1:58:29	1:59:45	9:32
2075	352	M30	Matthew Basart, 32, Clive, IA	1:58:29	2:03:11	9:32
2076	299	M40	Andre Sampson, 41, Atlantic, IA	1:58:29	2:06:22	9:32
1114	221	W30	Erin Rossmanith, 31*, Barnum, IA	1:58:30	1:59:18	9:32
1115	253	W25	Jaime Meyer, 29*, Pella, IA	1:58:30	1:59:58	9:32
1116	209	W35	Heidi Nissen, 39*, Sheldon, IA	1:58:30	2:02:54	9:32

2077	140	M50	Rick Davis, 50, Des Moines, IA	1:58:31	2:04:22	9:32
1117	222	W30	Jenith Burry, 32*, Urbandale, IA	1:58:32	2:01:43	9:32
1118	210	W35	Michele Bliven, 35*, Lincoln, NE	1:58:32	2:01:43	9:32
1119	124	W40	Rachelle Adams, 42*, Earlham, IA	1:58:32	2:03:39	9:32
1120	223	W30	Kelly Maxnell, 33*, West Des Moines, IA	1:58:33	2:03:09	9:32
1121	254	W25	Angela Keller, 29*, Waverly, IA	1:58:33	2:03:59	9:32
1122	224	W30	Sarah Hill, 30*, Des Moines, IA	1:58:33	2:02:36	9:32
2078	303	M35	Matthew Weinecke, 39, Des Moines, IA	1:58:33	2:01:26	9:32
1123	255	W25	Bridget Merrill, 25*, St. Louis Park, MN	1:58:33	2:04:34	9:32
1124	211	W35	Mary Ducar, 39*, Ankeny, IA	1:58:33	2:02:48	9:32
1125	225	W30	Whitney Smith, 31*, Altoona, IA	1:58:34	1:59:04	9:32
1126	256	W25	Katie Katzer, 27*, Des Moines, IA	1:58:34	2:00:39	9:32
1127	257	W25	Kristin Horning, 28*, West Des Moines, IA	1:58:35	2:00:53	9:32
1128	226	W30	Nicole Kathman, 31*, Ankeny, IA	1:58:35	2:03:28	9:32
2079	353	M30	Nick Klinefeldt, 34, West Des Moines, IA	1:58:35	2:01:30	9:32
1129	65	W45	Dawn Wellman, 45*, Johnston, IA	1:58:35	1:59:10	9:32
1130	227	W30	Jennifer Van Auken, 33*, West Des Moines, IA	1:58:36	2:02:13	9:33
1131	228	W30	Jennifer Girdler, 34*, Granger, IA	1:58:36	2:03:33	9:33
1132	149	W20	Angela Johnston, 22*, Greenfield, IA	1:58:36	2:01:45	9:33
1133	258	W25	Linds Halderman-Johnson, 25*, Ankeny, IA	1:58:37	2:03:55	9:33
1134	66	W45	Gwen Johnston, 47*, Greenfield, IA	1:58:37	2:01:45	9:33
1135	229	W30	Brandy Scherr, 32*, Minneapolis, MN	1:58:38	2:02:03	9:33
1136	150	W20	Marie Wolfe, 23*, West Des Moines, IA	1:58:39	2:06:12	9:33
2080	304	M35	Joe Thompson, 39, Ames, IA	1:58:40	2:04:12	9:33
2081	76	M55	Michael Baumhover, 55, Ames, IA	1:58:40	2:01:35	9:33
2082	85	M17	Simas Petrauskas, 18, Urbandale, IA	1:58:41	2:02:04	9:33
1137	230	W30	April Reitz, 31*, Ida Grove, IA	1:58:41	2:01:05	9:33
1138	40	W50	Connie Dellaca-Hill, 52*, Altoona, IA	1:58:42	2:03:49	9:33
1139	151	W20	Kelsey Meighan, 20*, Ankeny, IA	1:58:42	2:02:42	9:33
2083	333	M25	Brad Axdahl, 25	1:58:43	2:06:09	9:33
1140	259	W25	Meghan Teigen, 27*, Des Moines, IA	1:58:44	2:03:20	9:33
2084	354	M30	Curtis Pote, 32, Ankeny, IA	1:58:44	2:01:22	9:33
2085	300	M40	Dave Salaba, 44, Cumming, IA	1:58:45	1:59:11	9:33
1141	152	W20	Hannah Rieman, 23*, Norwalk, IA	1:58:46	2:00:50	9:33
2086	305	M35	Joe Konrady, 39, Des Moines, IA	1:58:46	2:00:57	9:33
2087	301	M40	Craig Jackman, 42, Waukee, IA	1:58:46	2:05:39	9:33
2088	355	M30	Patrick Miller, 30, Des Moines, IA	1:58:47	2:06:25	9:33
2089	334	M25	Wesley Graham, 29, St. Paul, MN	1:58:47	2:06:26	9:33
2090	356	M30	Dan Freeman, 30, Ankeny, IA	1:58:47	2:00:42	9:33
1142	212	W35	Marnie Walker, 37*, Ankeny, IA	1:58:48	2:01:25	9:33
2091	306	M35	Philip Walker, 38, Ankeny, IA	1:58:48	2:01:25	9:33
1143	213	W35	Molly Buck, 39*, Ankeny, IA	1:58:48	2:00:42	9:33
2092	307	M35	Christopher Roberts, 38, Des Moines, IA	1:58:48	2:01:17	9:34
2093	210	M45	Martin Ikeda, 46, Urbandale, IA	1:58:49	2:02:12	9:34
2094	335	M25	Andrew Gress, 27, West Des Moines, IA	1:58:49	2:01:17	9:34
2095	211	M45	Brad Hodges, 46, Oskaloosa, IA	1:58:50	2:04:03	9:34
1144	231	W30	Michaela Coyle, 30*, Cedar Rapids, IA	1:58:50	2:00:37	9:34
2096	212	M45	Tom McCauley, 48, West Des Moines, IA	1:58:50	2:02:53	9:34
1145	260	W25	Emily Miler, 28*, Egan, MN	1:58:50	1:59:37	9:34
1146	11	JrW	Susan Herr, 15*, Fontanelle, IA	1:58:50	2:02:58	9:34
1147	261	W25	Anne Lash, 28*, Waukee, IA	1:58:51	1:59:25	9:34
1148	262	W25	Rachel Hurstmann, 28*, Eden Prairie, MN	1:58:51	1:59:37	9:34
1149	263	W25	Amy Brownlee, 28*, Clear Lake, IA	1:58:52	2:00:21	9:34
1150	214	W35	Danene Suttten, 38*, Des Moines, IA	1:58:52	2:04:49	9:34
2097	336	M25	Jeff Jones, 27, Des Moines, IA	1:58:53	2:04:54	9:34
2098	357	M30	Darren Stearns, 31, Newhall, IA	1:58:53	2:00:20	9:34
1151	153	W20	Emily Nymeyer, 24*, Urbandale, IA	1:58:53	2:07:21	9:34
1152	215	W35	Pamela Cox, 38*, Des Moines, IA	1:58:53	2:05:44	9:34
2099	337	M25	Justin Kenny, 26, Cedar Rapids, IA	1:58:53	2:07:21	9:34
1153	232	W30	Angie Reams, 34*, Charles City, IA	1:58:54	2:05:38	9:34
2100	338	M25	Brad Henningsen, 25, Atlantic, IA	1:58:55	2:02:09	9:34
1154	216	W35	Jill Schwarte, 37*, Albia, IA	1:58:56	2:04:15	9:34
2101	179	M20	Jeremy Edmondson, 22, Des Moines, IA	1:58:56	2:04:54	9:34
1155	154	W20	Emily Brown, 22*, Ankeny, IA	1:58:56	2:03:53	9:34

1156	67	W45	Jan Mackey, 49*, Johnston, IA	1:58:57	2:00:23	9:34
1157	233	W30	Anne Lyle, 33*, Fairfield,, Ia	1:58:57	2:04:07	9:34
1158	264	W25	Dena Sample, 26*, West Des Moines, IA	1:58:57	2:03:59	9:34
2102	358	M30	David John, 33, Des Moines, IA	1:58:58	2:04:08	9:34
2103	141	M50	Tim Reece, 50, Urbandale, IA	1:58:58	2:04:21	9:34
2104	302	M40	John Treangen, 42, Midland, MI	1:58:58	2:04:03	9:34
1159	234	W30	Aimee McDonald, 30*, Chicago, IL	1:58:59	1:59:49	9:34
1160	235	W30	Shelby Cork, 33*, West Des Moines, IA	1:58:59	2:04:00	9:34
1161	236	W30	Summer Lisk, 34*, Fairfield, IA	1:58:59	2:04:10	9:34
1162	265	W25	Abby Thibadeau, 29*, Dubuque, IA	1:58:59	2:02:56	9:34
1163	266	W25	Kristina Gambaiana, 26*, Des Moines, IA	1:59:00	2:00:55	9:34
2105	213	M45	Tracy Hurt, 46, Creston, IA	1:59:01	2:04:57	9:35
1164	217	W35	Jennifer Wyatt, 37*, North Liberty, IA	1:59:01	2:01:23	9:35
1165	237	W30	Michaela Depenning, 33*, Cambridge, IA	1:59:01	2:00:21	9:35
1166	238	W30	Kristina Storm, 33*, Des Moines, IA	1:59:02	2:01:55	9:35
1167	155	W20	Nicolette Thaden, 24*, Clive, IA	1:59:02	2:03:00	9:35
1168	218	W35	Jessica Brunsen, 36*, Des Moines, IA	1:59:02	2:01:31	9:35
1169	41	W50	Jeanice Lester, 54*, Red Oak, IA	1:59:02	2:01:36	9:35
1170	267	W25	Lisa Meerdink, 29*, West Des Moines, IA	1:59:03	2:01:53	9:35
2106	339	M25	Ryan Bendickson, 29, West Des Moines, IA	1:59:03	2:02:14	9:35
1171	125	W40	Melita Schuster, 42*, Waukee, IA	1:59:04	2:02:55	9:35
1172	42	W50	Nili Feingold, 52*, Boulder, CO	1:59:04	2:06:11	9:35
1173	68	W45	Becky Banzhaf, 46*, Marshalltown, IA	1:59:04	2:03:30	9:35
2107	340	M25	Kyle Poppens, 26, Ames, IA	1:59:05	2:01:01	9:35
1174	239	W30	Jodi Jenkins, 32*, Johnston, IA	1:59:06	2:03:26	9:35
2108	142	M50	Hiram Philo, 53, Boone, IA	1:59:06	2:06:53	9:35
1175	69	W45	Jean Dingeman, 45*, Pella, IA	1:59:07	2:01:31	9:35
2109	308	M35	Cary Peterson, 39, West Des Moines, IA	1:59:08	1:59:55	9:35
2110	77	M55	Paul Usztok, 57, Cedar Rapids, IA	1:59:08	2:01:41	9:35
1176	156	W20	Anne Dutton, 20*, West Des Moines, IA	1:59:09	2:02:50	9:35
2111	359	M30	Shay Acheson, 34, West Des Moines, IA	1:59:09	2:02:08	9:35
1177	157	W20	Emily Schellhorn, 24*, Cedar Falls, IA	1:59:10	2:04:45	9:35
1178	126	W40	Jennifer Eaton, 41*, Urbandale, IA	1:59:10	2:03:29	9:35
1179	268	W25	Trisha Dyvig, 28*, Waukee, IA	1:59:11	2:04:58	9:35
1180	219	W35	Heidi Buttolph, 36*, West Des Moines, IA	1:59:12	2:03:31	9:35
2112	180	M20	Jeff Thibadeau, 24, West Des Moines, IA	1:59:12	2:04:57	9:35
2113	181	M20	Matthew Doyle, 23, West Des Moines, IA	1:59:12	2:03:48	9:35
2114	303	M40	Mark Cutler, 42, Cedar Rapids, IA	1:59:12	1:59:58	9:35
1181	43	W50	Pamela Wood, 54*, Janesville, IA	1:59:13	2:01:33	9:35
2115	304	M40	David Kochel, 44, Des Moines, IA	1:59:13	2:03:20	9:36
1182	240	W30	Diane Dewall, 34*, Indianola, IA	1:59:14	2:04:54	9:36
2116	214	M45	Mitchell Spencer, 48, Bondurant, IA	1:59:14	1:59:43	9:36
1183	220	W35	Shanda Noonan, 38*, Ankeny, IA	1:59:14	2:01:08	9:36
1184	70	W45	Rebecca Campbell, 47*, Grimes, IA	1:59:15	2:01:08	9:36
2117	182	M20	David Poetting, 22, Des Moines, IA	1:59:15	2:05:13	9:36
1185	221	W35	Patrice Davis, 37*, Grimes, IA	1:59:15	2:03:27	9:36
2118	37	M60	Don Warren, 60, Ottumwa, IA	1:59:15	2:00:35	9:36
2119	305	M40	William Gustoff, 41, Des Moines, IA	1:59:17	2:00:53	9:36
1186	269	W25	Molly Gill, 27*, Des Moines, IA	1:59:17	2:06:28	9:36
1187	12	JrW	Lexi Seibel, 13*, Ankeny, IA	1:59:17	2:02:08	9:36
1188	127	W40	Annamaria Elsdon, 44*, Storm Lake, IA	1:59:17	2:07:27	9:36
2120	341	M25	Joshua Vot, 29, Ankeny, IA	1:59:17	2:02:08	9:36
2121	306	M40	Stephen Linsley, 43, Knoxville, IA	1:59:18	2:05:12	9:36
1189	13	JrW	Megan Johnston, 16*, Marion, IA	1:59:18	2:02:28	9:36
2122	215	M45	Scott Swartz, 45, Eldora, IA	1:59:18	2:05:32	9:36
2123	309	M35	John Oneil, 35, Des Moines, IA	1:59:18	2:01:43	9:36
2124	310	M35	Christian Engstrom, 37, West Des Moines, IA	1:59:19	2:00:10	9:36
1190	14	JrW	Mary Wisner, 16*, West Des Moines, IA	1:59:19	2:02:29	9:36
1191	158	W20	Katie Tushaus, 24*, West Des Moines, IA	1:59:19	2:02:39	9:36
1192	270	W25	Alyssa Barrows, 28*, Ankeny, IA	1:59:19	1:59:33	9:36
1193	271	W25	Mikelle Devillier, 28*, Fayetteville, AR	1:59:20	2:02:57	9:36
1194	222	W35	Amy Timmerman, 36*, Johnston, IA	1:59:20	2:05:19	9:36
2125	307	M40	Terry Hinman, 41, Iowa City, IA	1:59:22	2:01:20	9:36
2126	311	M35	Matt Graw, 35, Ankeny, IA	1:59:22	2:02:35	9:36

1195	159	W20	Heidi Meyer, 23*, West Des Moines, IA	1:59:22	2:05:09	9:36
1196	44	W17	Nicole Meyer, 18*, Johnston, IA	1:59:23	2:03:47	9:36
2127	183	M20	Tony Tursi, 24, Des Moines, IA	1:59:23	2:05:09	9:36
1197	45	W17	Clara Humke, 17*, Des Moines, IA	1:59:23	2:03:47	9:36
2128	38	M60	Patrick Kozitza, 60, Des Moines, IA	1:59:24	2:01:09	9:36
1198	160	W20	Katie Norris, 21*, Des Moines, IA	1:59:24	2:03:25	9:36
2129	360	M30	Chad Pfohl, 34, Iowa City, IA	1:59:24	2:06:09	9:36
1199	241	W30	Holly Anderson, 34*, Ankeny, IA	1:59:24	2:01:15	9:36
2130	342	M25	Joel Brett, 29, Altoona, IA	1:59:24	2:02:31	9:36
2131	361	M30	Josh Rank, 31, Ankeny, IA	1:59:25	2:00:35	9:36
2132	184	M20	Alexander Lynch, 23, Des Moines, IA	1:59:26	2:05:49	9:37
2133	308	M40	Randy Sutton, 43, Iowa, IA	1:59:26	2:06:04	9:37
2134	39	M60	Ralph Edwards, 61, Des Moines, IA	1:59:27	2:02:33	9:37
2135	216	M45	Dennis Judd, 48, Urbandale, IA	1:59:27	2:01:29	9:37
1200	242	W30	Lisa Lansing, 30*, Marion, IA	1:59:27	2:06:56	9:37
1201	272	W25	Maggie Roling, 27*, Marion, IA	1:59:27	2:06:56	9:37
2136	217	M45	Jeff Damman, 47, Ankeny, IA	1:59:27	2:04:23	9:37
1202	128	W40	Amy Muhlenbruck, 43*, Ankeny, IA	1:59:28	2:01:15	9:37
2137	362	M30	John Anderson, 34, Minburn, IA	1:59:29	2:01:45	9:37
2138	343	M25	Philip Morehead, 26, Hiawatha, IA	1:59:30	2:00:36	9:37
2139	62	JrM	Thomas Howell, 16, Baxter, IA	1:59:30	2:03:37	9:37
1203	243	W30	Amy Gould, 31*, Pleasant Hill, IA	1:59:30	2:03:26	9:37
1204	129	W40	Jodi Bacon, 40*, Urbandale, IA	1:59:30	2:02:09	9:37
1205	161	W20	Ashten De Goey, 21*, Pleasantville, IA	1:59:32	2:05:38	9:37
2140	218	M45	David Schmit, 49, Wyoming, MN	1:59:32	2:03:30	9:37
1206	130	W40	Audrey Elledge, 42*, Tulsa, OK	1:59:32	2:02:57	9:37
1207	131	W40	Anne Nizzi, 40*, West Des Moines, IA	1:59:33	2:02:43	9:37
1208	71	W45	Tamara Dark, 45*, Polk City, IA	1:59:34	2:06:58	9:37
2141	219	M45	David Desing, 46, Urbandale, IA	1:59:34	2:03:57	9:37
2142	344	M25	Reagan Elsbury, 29, Ventura, IA	1:59:35	2:00:26	9:37
1209	72	W45	Laura Reed, 48*, Solon, IA	1:59:35	2:02:44	9:37
1210	273	W25	Kristie Kunkle, 27*, Menlo, IA	1:59:35	2:00:21	9:37
1211	274	W25	Shanna Wunder, 29*, Slater, IA	1:59:35	2:03:42	9:37
1212	162	W20	Miranda Newman, 22*, Davenport, IA	1:59:35	2:05:10	9:37
1213	275	W25	Shawna Weis, 29*, West Des Moines, IA	1:59:36	2:03:41	9:37
2143	345	M25	Andy Paine, 27, West Des Moines, IA	1:59:36	2:04:08	9:37
2144	309	M40	David Kroner, 44, Johnston, IA	1:59:36	2:03:15	9:37
1214	163	W20	Gwendolyn Kingsbury, 21*, Indianola, IA	1:59:36	2:04:14	9:37
1215	223	W35	Kimberly Luther, 37*, Urbandale, IA	1:59:37	2:05:35	9:37
1216	244	W30	Tiffany Spick, 31*, Des Moines, IA	1:59:37	2:00:49	9:37
2145	312	M35	Timothy Yasunaga, 36, Urbana, IL	1:59:37	2:06:39	9:37
1217	245	W30	Jennifer Kraft, 33*, Olathe, KS	1:59:39	2:02:24	9:38
2146	363	M30	Izaah Knox, 32, Des Moines, IA	1:59:39	2:05:31	9:38
1218	246	W30	Lori Meyers, 31*, West Des Moines, IA	1:59:40	2:03:40	9:38
2147	310	M40	Michael Urich, 42, Ankeny, IA	1:59:40	2:01:44	9:38
1219	73	W45	Amy Allison, 45*, The Woodlands, TX	1:59:40	2:05:26	9:38
1220	224	W35	Jennifer Noonan, 38*, Solon, IA	1:59:41	2:01:58	9:38
1221	164	W20	Jodie Elwood, 21*, Villisca, IA	1:59:41	2:04:18	9:38
1222	247	W30	Liz Hiveley, 30*, Waukee, IA	1:59:41	2:03:56	9:38
2148	313	M35	James Nelson, 35, Clive, IA	1:59:44	2:05:20	9:38
2149	311	M40	Tab Mart, 42, Knoxville, IA	1:59:45	2:02:23	9:38
2150	346	M25	Eric Hyde, 28, Des Moines, IA	1:59:45	2:01:57	9:38
1223	225	W35	Lauren Prunty, 35*, West Des Moines, IA	1:59:46	2:04:14	9:38
1224	248	W30	Jennifer Bagnell, 31*, Ankeny, IA	1:59:46	2:05:17	9:38
1225	249	W30	Colette Winget, 34*, Des Moines, IA	1:59:46	2:04:14	9:38
1226	276	W25	Jenny Lucas, 28*, Marion, IA	1:59:46	2:03:04	9:38
1227	165	W20	Rachel Whartman, 21*, Dubuque, IA	1:59:47	2:00:49	9:38
1228	250	W30	Laura Schmidt, 31*, St Ansgar, IA	1:59:47	2:03:39	9:38
1229	226	W35	Samantha Jensen, 37*, Indianola, IA	1:59:48	2:03:13	9:38
1230	251	W30	Erin Hill, 31*, Ankeny, IA	1:59:49	2:05:17	9:38
1231	132	W40	Jane Engelen, 41*, Templeton, IA	1:59:49	2:07:40	9:38
1232	74	W45	Gina Flowers, 49*, Ankeny, IA	1:59:50	2:01:31	9:39
2151	185	M20	Dustin Young, 24, Des Moines, IA	1:59:51	2:01:48	9:39
1233	166	W20	Abby Beaves, 22*, Des Moines, IA	1:59:51	2:01:48	9:39
1234	133	W40	Kim Schrock, 41*, Ely, IA	1:59:52	2:05:52	9:39

2152	314	M35	Peter Molgaard, 35, Anita, IA	1:59:52	2:06:10	9:39
1235	252	W30	Dawn Frederickson, 33*, Lino Lakes, MN	1:59:52	2:01:37	9:39
2153	315	M35	Steve Van Dyke, 36, Ames, IA	1:59:53	2:05:44	9:39
1236	75	W45	Julie Fugenschuh, 46*, Urbandale, IA	1:59:54	2:02:18	9:39
1237	227	W35	Kelly Gipple, 35*, Olathe, KS	1:59:54	2:02:39	9:39
2154	220	M45	Scott Long, 46, Des Moines, IA	1:59:54	2:03:27	9:39
2155	221	M45	Ed Banfield, 45, Newton, IA	1:59:54	2:02:52	9:39
1238	1	W60	Marie Quanbeck, 61*, Newton, IA	1:59:54	2:04:49	9:39
2156	364	M30	Chad Moore, 32, Windsor Heights, IA	1:59:54	2:05:26	9:39
1239	228	W35	Denay Gray, 36*, Ankeny, IA	1:59:55	2:02:34	9:39
2157	312	M40	Brian Benjamin, 44, Perry, IA	1:59:55	2:06:14	9:39
1240	76	W45	Amy Sengbusch, 49*, Ames, IA	1:59:56	2:04:42	9:39
2158	313	M40	Bryan Reicks, 44, Newton, IA	1:59:57	2:04:28	9:39
2159	347	M25	Joseph Brandstatter, 26, Urbandale, IA	1:59:58	2:04:14	9:39
2160	143	M50	Lester Yen, 53, West Des Moines, IA	1:59:58	2:03:51	9:39
2161	365	M30	Josh Colyer, 30, Des Moines, IA	1:59:58	2:01:17	9:39
1241	167	W20	Katie Thompson, 24*, Urbandale, IA	1:59:58	2:04:14	9:39
1242	253	W30	Niki Friessen, 31*, Hinton, IA	1:59:59	2:06:19	9:39
2162	314	M40	Lea Ann Flanagan, 44, Des Moines, IA	2:00:00	2:02:54	9:39
2163	222	M45	Kimberly Barker, 48, Osage, IA	2:00:00	2:03:53	9:39
1243	229	W35	Dawn Goodwin, 35*, Ankeny, IA	2:00:01	2:06:36	9:39
1244	44	W50	Joan Bauer, 51*, Audubon, IA	2:00:02	2:04:02	9:39
1245	230	W35	Rochelle Douglass, 39*, Clive, IA	2:00:02	2:04:13	9:39
2164	348	M25	Randy Arnold, 29, Ankeny, IA	2:00:02	2:05:46	9:39
1246	277	W25	Sarah Ignash, 25*, Kirksville, MO	2:00:02	2:07:44	9:39
1247	134	W40	Lisa Bruner, 43*, Pleasant Hill, IA	2:00:03	2:07:05	9:40
1248	45	W50	Susanne Henson, 50*, Marion, IA	2:00:03	2:01:05	9:40
1249	135	W40	Sara Schaefer, 43*, Des Moines, IA	2:00:03	2:01:05	9:40
2165	315	M40	Mike Jones, 42, Knoxville, IA	2:00:04	2:03:01	9:40
1250	254	W30	Jill Vicker, 30*, Des Moines, IA	2:00:04	2:01:59	9:40
2166	316	M40	James Kramer, 41, Neehah, WI	2:00:04	2:01:21	9:40
1251	231	W35	Marcia Eckhoff, 36*, Urbandale, IA	2:00:04	2:07:03	9:40
2167	144	M50	John Hoversten, 50, Blairsburg, IA	2:00:04	2:02:52	9:40
1252	136	W40	Mark Bauermeister, 41*, Marion, IA	2:00:04	2:01:48	9:40
1253	168	W20	Whitney Ferin, 20*, Iowa City, IA	2:00:05	2:01:19	9:40
1254	255	W30	Jami Turner, 31*, Spirit Lake, IA	2:00:06	2:06:27	9:40
2168	223	M45	Jeff Speicher, 45, Adel, IA	2:00:07	2:04:26	9:40
1255	137	W40	Kalista Savage, 43*, Fenton, MO	2:00:07	2:01:44	9:40
1256	256	W30	Andrea Hansen, 33*, Johnston, IA	2:00:07	2:00:43	9:40
1257	257	W30	Mary Fratianni, 34*, West Des Moines, IA	2:00:07	2:04:25	9:40
2169	224	M45	Dale Stephens, 47, Johnston, IA	2:00:09	2:04:04	9:40
2170	78	M55	Bill Mahanna, 56, Grimes, IA	2:00:10	2:01:07	9:40
1258	232	W35	Monica Vanderheiden, 36*, Carroll, IA	2:00:10	2:04:22	9:40
1259	46	W50	Natalie Welter, 51*, Story City, IA	2:00:11	2:04:20	9:40
2171	186	M20	Sawyer Gould, 22, West Des Moines, IA	2:00:11	2:01:27	9:40
2172	187	M20	Rich Elings, 24, Johnston, IA	2:00:11	2:03:45	9:40
1260	278	W25	Heather Snowgren, 27*, Ankeny, IA	2:00:11	2:01:42	9:40
2173	188	M20	Brandon Russell, 23, Johnston, IA	2:00:11	2:03:45	9:40
1261	77	W45	Jenny Jones, 46*, Ottumwa, IA	2:00:11	2:04:20	9:40
2174	349	M25	Ben Humiston, 29, Des Moines, IN	2:00:11	2:00:48	9:40
2175	350	M25	Jarrod Sheets, 28, Winterset, IA	2:00:12	2:01:59	9:40
1262	258	W30	Deborah Humpal, 32*, Des Moines, IA	2:00:13	2:07:29	9:40
2176	366	M30	Chad Armour, 34, Belmond, IA	2:00:14	2:02:49	9:40
2177	79	M55	Don McCurley, 55, Ankeny, IA	2:00:14	2:03:45	9:40
2178	63	JrM	Wesley Lyons, 16, Vinton, IA	2:00:14	2:04:51	9:40
2179	351	M25	David Walker, 28, West Des Moines, IA	2:00:15	2:07:13	9:41
1263	279	W25	Sarah Naber, 28*, Des Moines, IA	2:00:17	2:04:15	9:41
1264	47	W50	Debi Daters, 54*, Cedar Falls, IA	2:00:18	2:06:58	9:41
1265	78	W45	Deb Michaels, 45*, Pella, IA	2:00:18	2:05:25	9:41
1266	280	W25	Diana Bell, 27*, Bondurant, IA	2:00:18	2:00:47	9:41
1267	48	W50	Mary Emge, 50*, Grinnell, IA	2:00:18	2:02:20	9:41
2180	40	M60	Mark Petersen, 61, Johnston, IA	2:00:19	2:02:35	9:41
1268	138	W40	Tonya Smith, 41*, West Des Moines, IA	2:00:20	2:05:23	9:41
2181	317	M40	Richard Inman, 40, Des Moines, IA	2:00:20	2:06:39	9:41
1269	233	W35	Laura Bridgeman, 35*, Des Moines, IA	2:00:21	2:06:51	9:41

2182	41 M60	Terry Digman, 63, Ankeny, IA	2:00:22	2:03:37	9:41
1270	234 W35	Christie Woodyard, 36*, Altoona, IA	2:00:22	2:00:51	9:41
2183	318 M40	Mark Wiskus, 41, Pella, IA	2:00:23	2:07:29	9:41
2184	316 M35	Jim Ellerbroek, 39, Smithville, MO	2:00:23	2:02:23	9:41
1271	169 W20	Ashley Large, 24*, Ankeny, IA	2:00:24	2:03:43	9:41
1272	259 W30	Christa Hoppman, 34*, Independence, MO	2:00:24	2:02:29	9:41
1273	170 W20	Shelby King, 24*, Clive, IA	2:00:25	2:07:31	9:41
2185	317 M35	Mike Pollmann, 35, Kansas City, MO	2:00:25	2:01:52	9:41
1274	281 W25	Jessica Schmitt, 28*, Urbandale, IA	2:00:25	2:04:25	9:41
1275	235 W35	Kirstin Isenhardt, 35*, Urbandale, IA	2:00:25	2:06:35	9:41
1276	282 W25	Alicia Clancy, 25*, Ames, IA	2:00:25	2:02:54	9:41
2186	189 M20	Josh Howell, 23, Clive, IA	2:00:26	2:07:32	9:41
2187	367 M30	Casey Harrison, 31, Des Moines, IA	2:00:26	2:03:51	9:41
2188	368 M30	Scott Stevens, 30, Urbandale, IA	2:00:26	2:04:33	9:41
2189	369 M30	Adam Rogers, 30, West Des Moines, IA	2:00:26	2:03:54	9:41
2190	352 M25	Dustin Olsem, 27, Altoona, IA	2:00:26	2:06:15	9:41
2191	190 M20	Matt Pfaltzgraf, 24, Ankeny, IA	2:00:26	2:01:50	9:41
2192	353 M25	Robert Simmons, 28, Rockford, IL	2:00:26	2:07:37	9:41
2193	318 M35	David Dvorak, 37, Polk City, IA	2:00:26	2:02:00	9:41
1277	283 W25	Abby Engelberth, 27*, Fayetteville, AR	2:00:28	2:04:04	9:42
1278	171 W20	Emily Vander Broek, 22*, Hartley, IA	2:00:28	2:06:07	9:42
2194	319 M40	Kevin Avey, 41, Frisco, TX	2:00:28	2:01:06	9:42
1279	15 JrW	Hannah Snodgrass, 11*, Indianola, IA	2:00:29	2:01:51	9:42
2195	86 M17	Alec Hirschauer, 19, West Des Moines, IA	2:00:30	2:05:52	9:42
1280	49 W50	Julia Batten, 53*, Carlisle, IA	2:00:30	2:03:00	9:42
1281	236 W35	Stacie O'Connor, 37*, Indianola, IA	2:00:31	2:04:22	9:42
2196	225 M45	Evan Sunde, 47, Ankeny, IA	2:00:31	2:04:31	9:42
1282	79 W45	Michele Fritz, 48*, Pleasant Hill, IA	2:00:31	2:02:38	9:42
2197	87 M17	Jordan Ganeff, 19, Lehigh, IA	2:00:31	2:02:29	9:42
1283	46 W17	Alyssa Lundgren, 18*, Lehigh, IA	2:00:31	2:02:29	9:42
2198	370 M30	Stephen McCarl, 32, Osceola, IA	2:00:32	2:02:35	9:42
2199	319 M35	Matt Sunde, 36, West Des Moines, IA	2:00:32	2:07:28	9:42
1284	260 W30	Misty Williams, 31*, Chariton, IA	2:00:33	2:07:39	9:42
2200	191 M20	Patrick Hall, 24, Ames, IA	2:00:33	2:05:20	9:42
2201	320 M35	Chris Sunde, 39, Omaha, NE	2:00:33	2:07:29	9:42
1285	139 W40	Susanne Hunkin, 41*, Indianola, IA	2:00:33	2:03:23	9:42
2202	321 M35	Michael Thilges, 39, West Des Moines, IA	2:00:34	2:04:08	9:42
1286	284 W25	Kelly Boesenberg, 27*, Ankeny, IA	2:00:34	2:03:56	9:42
2203	322 M35	Chris Inman, 35, Ankeny, IA	2:00:35	2:04:41	9:42
2204	371 M30	Matt Loecke, 32, Ames, IA	2:00:35	2:03:38	9:42
2205	372 M30	Josh Erni, 31, Saint Louis, MO	2:00:36	2:07:23	9:42
1287	80 W45	Catherine Engblom, 46*, Grimes, IA	2:00:36	2:00:59	9:42
2206	323 M35	Brian Bierstedt, 39, Norwalk, IA	2:00:36	2:02:45	9:42
2207	324 M35	Delsin Knowler, 38, Grimes, IA	2:00:37	2:07:24	9:42
1288	140 W40	Darci Duey, 40*, Johnston, IA	2:00:37	2:06:08	9:42
1289	285 W25	Alicia Prendergast, 25*, West Des Moines, IA	2:00:39	2:04:35	9:42
2208	373 M30	Nathan Ante, 32, Story City, IA	2:00:39	2:06:54	9:42
1290	237 W35	Susan Straka, 38*, Urbandale, IA	2:00:39	2:04:49	9:42
1291	172 W20	Jill Kassel, 20*, Ames, IA	2:00:39	2:07:33	9:42
1292	286 W25	Mary Goben, 25*, Indianola, IA	2:00:39	2:01:21	9:42
1293	238 W35	Carrie Buzzoni, 35*, Polk City, IA	2:00:40	2:04:39	9:43
2209	226 M45	Steve Shaffer, 47, Audubon, IA	2:00:41	2:04:29	9:43
2210	354 M25	Matthew Van Loon, 28, Ankeny, IA	2:00:42	2:03:05	9:43
1294	287 W25	Haley Van Loon, 28*, Ankeny, IA	2:00:42	2:03:05	9:43
1295	173 W20	Jennifer Lyon, 20*, Des Moines, IA	2:00:43	2:04:16	9:43
1296	261 W30	Jen Ferguson, 33*, Solon, IA	2:00:44	2:04:25	9:43
1297	50 W50	Jamey Cox, 51*, Cambridge, IA	2:00:44	2:03:21	9:43
1298	288 W25	Christine Korthals, 25*, Ames, IA	2:00:44	2:06:43	9:43
2211	192 M20	Ben Merryman, 21, Ames, IA	2:00:44	2:07:36	9:43
2212	42 M60	Rusty Fithen, 62, Clarinda, IA	2:00:44	2:02:11	9:43
1299	174 W20	Amber Appleton, 23*, Greeley, IA	2:00:45	2:04:30	9:43
2213	193 M20	Ryan Jaeger, 23, Dyersville, IA	2:00:45	2:04:30	9:43
1300	175 W20	Heidi Hough, 24*, St Paul, MN	2:00:46	2:02:29	9:43
1301	289 W25	Jamin Trautman, 29*, Spirit Lake, IA	2:00:46	2:07:45	9:43

2214	374	M30	Dan Messerschmidt, 30, Wdm, Ia, Ia	2:00:46	2:03:28	9:43
1302	290	W25	Andrea Irving, 29*, Chariton, IA	2:00:47	2:02:48	9:43
2215	325	M35	Kevin Hall, 38, Johnston, IA	2:00:47	2:02:03	9:43
1303	51	W50	Helen Walker, 52*, Kimberling City, MO	2:00:48	2:02:21	9:43
1304	141	W40	Dee Dee Janssen, 43*, Ankeny, IA	2:00:49	2:03:56	9:43
2216	320	M40	Tim Coltvvet, 41, Lenexa, KS	2:00:50	2:01:47	9:43
2217	355	M25	Mark Dempsey, 26, Windsor Heights, IA	2:00:50	2:04:53	9:43
2218	326	M35	Tim McCoy, 39, Hartford, IA	2:00:51	2:03:34	9:43
2219	80	M55	George Hafkey, 59, Grinnell, IA	2:00:51	2:07:43	9:43
1305	47	W17	Katie Burt, 17*, Slater, IA	2:00:51	2:01:39	9:43
1306	239	W35	Laura Vanderginst, 36*, Johnston, IA	2:00:52	2:07:27	9:43
1307	48	W17	Brooke Wilson, 17*, Polk City, IA	2:00:52	2:01:39	9:43
2220	81	M55	Tomm Pfitzenmaier, 57, Adel, IA	2:00:52	2:03:36	9:44
2221	321	M40	Corey Rumann, 40, Ames, IA	2:00:53	2:04:15	9:44
1308	176	W20	Sarah Carlson, 22*, Stanhope, IA	2:00:53	2:04:15	9:44
2222	145	M50	Bart Dobson, 50, Ames, IA	2:00:53	2:04:15	9:44
1309	240	W35	Kerry Kingery, 35*, Indianola, IA	2:00:53	2:02:51	9:44
2223	356	M25	John Carley, 28, Des Moines, IA	2:00:54	2:06:13	9:44
1310	262	W30	Cari Rosno, 34*, Des Moines, IA	2:00:57	2:03:37	9:44
2224	327	M35	Jason Pentico, 35, Pella, IA	2:00:58	2:02:38	9:44
1311	291	W25	Allison Larson, 29*, Des Moines, IA	2:00:58	2:06:11	9:44
2225	375	M30	Chad Crabb, 30, West Des Moines, IA	2:00:59	2:05:43	9:44
2226	146	M50	Patrick Moriarity, 53, Pella, IA	2:00:59	2:03:47	9:44
2227	147	M50	Rick Ertz, 53, Ames, IA	2:01:00	2:02:35	9:44
2228	227	M45	Will Hildreth, 48, Des Moines, IA	2:01:01	2:07:56	9:44
1312	2	W60	Carol Eggert, 60*, Wyoming, IA	2:01:01	2:01:11	9:44
1313	16	JrW	Emily Linscheid, 16*, Johnston, IA	2:01:01	2:03:08	9:44
1314	177	W20	Kayla Hanson, 21*, Ames, IA	2:01:02	2:04:18	9:44
1315	263	W30	Tanya Matthews, 34*, Cedar Rapids, IA	2:01:02	2:06:50	9:44
1316	142	W40	Kara Morales, 41*, Colona, IL	2:01:03	2:07:29	9:44
1317	292	W25	Carrief Flatjord, 26*, Ankeny, IA	2:01:03	2:04:53	9:44
2229	228	M45	Doug Righi, 48, West Des Moines, IA	2:01:04	2:09:06	9:44
2230	194	M20	Cody Sobotka, 21, Urbandale, IA	2:01:04	2:06:45	9:44
1318	178	W20	Stephanie Noble, 23*, Urbandale, IA	2:01:05	2:06:45	9:45
2231	148	M50	Doug Keast, 51, Altoona, IA	2:01:05	2:05:49	9:45
1319	179	W20	Jill Lacey, 23*, Iowa City, IA	2:01:05	2:07:21	9:45
1320	143	W40	Krisanne Colby, 40*, Clive, IA	2:01:06	2:07:43	9:45
1321	144	W40	Susan Eggert, 44*, Pella, IA	2:01:07	2:03:56	9:45
1322	145	W40	Nancy Linscheid, 42*, Johnston, IA	2:01:08	2:03:15	9:45
1323	241	W35	Stacy Farr, 38*, West Des Moines, IA	2:01:08	2:01:54	9:45
1324	81	W45	Nancy Cleveland, 49*, Templeton, IA	2:01:09	2:02:31	9:45
2232	82	M55	Mark Hanson, 56, Ankeny, IA	2:01:09	2:02:39	9:45
2233	328	M35	Ignatius Wibowo, 37, Urbandale, IA	2:01:11	2:02:40	9:45
1325	52	W50	Susan Cook, 50*, Des Moines, IA	2:01:11	2:03:20	9:45
1326	264	W30	Anne Pentico, 34*, Pella, IA	2:01:12	2:02:52	9:45
1327	82	W45	Debbie Avitt, 48*, Des Moines, IA	2:01:13	2:03:22	9:45
2234	329	M35	Garin Buttermore, 37, Ames, IA	2:01:13	2:03:32	9:45
2235	322	M40	Harry Groenendyk, 41, Sioux Center, IA	2:01:13	2:07:09	9:45
1328	265	W30	Emily Hill, 31*, Bloomfield, IA	2:01:13	2:07:31	9:45
1329	266	W30	Julie Vardaman, 33*, Ames, IA	2:01:14	2:05:44	9:45
2236	323	M40	Van Schroder, 44, Shellsburg, IA	2:01:15	2:04:40	9:45
1330	267	W30	Farah Metheny, 30*, Des Moines, IA	2:01:15	2:05:55	9:45
1331	293	W25	Julie Kistenmacher, 26*, Urbandale, IA	2:01:15	2:05:56	9:45
2237	376	M30	Shane Smith, 30, Grimes, IA	2:01:15	2:03:18	9:45
2238	357	M25	Daniel Craig, 27, Aventura, FL	2:01:15	2:08:30	9:45
1332	242	W35	Tami King, 35*, Ankeny, IA	2:01:16	2:03:51	9:45
1333	243	W35	Jody Vandever, 39*, Earlham, IA	2:01:16	2:07:57	9:45
2239	324	M40	Phil Forbes, 41, North Liberty, IA	2:01:16	2:04:11	9:45
1334	180	W20	Lauren Link, 21*, Des Moines, IA	2:01:17	2:04:16	9:46
1335	181	W20	Nicole Riesselman, 22*, Des Moines, IA	2:01:17	2:04:23	9:46
1336	146	W40	Ann Vlahakis, 40*, Ankeny, IA	2:01:17	2:02:49	9:46
2240	83	M55	John Walter, 59, Ankeny, IA	2:01:18	2:03:38	9:46
2241	64	JrM	Isaac Martin, 15, Ankeny, IA	2:01:18	2:03:53	9:46
2242	229	M45	John Cunningham, 46, Fort Dodge, IA	2:01:19	2:03:50	9:46
1337	268	W30	Dana Riley, 33*, Des Moines, IA	2:01:19	2:04:58	9:46

2243	84	M55	Wayne Cooper, 59, West Des Moines, IA	2:01:20	2:03:29	9:46
2244	330	M35	Brad Myers, 37, Knoxville, IA	2:01:20	2:01:52	9:46
2245	325	M40	Brian Cassaidy, 42, Ames, IA	2:01:20	2:08:16	9:46
1338	53	W50	Joan Blair-Dick, 51*, Bettendorf, IA	2:01:20	2:03:44	9:46
1339	294	W25	Crystal Lee, 25*, Ankeny, IA	2:01:21	2:04:37	9:46
2246	358	M25	Justin Pudenz, 27, St Louis Park, MN	2:01:22	2:07:00	9:46
1340	54	W50	Cheryl Murad, 50*, Urbandale, IA	2:01:22	2:05:41	9:46
2247	230	M45	Scott Sump, 46, Clarinda, IA	2:01:22	2:07:51	9:46
1341	182	W20	Amy Botnen, 24*, Minneapolis, MN	2:01:22	2:07:00	9:46
2248	359	M25	Erik Bonstrom, 28, Waukee, IA	2:01:24	2:06:42	9:46
2249	331	M35	Jay Fulton, 37, Des Moines, IA	2:01:24	2:04:33	9:46
1342	295	W25	Megan Fersch, 29*, Mandeville, LA	2:01:25	2:07:21	9:46
1343	147	W40	Holly Theobald, 42*, Clear Lake, IA	2:01:25	2:04:07	9:46
2250	43	M60	Rick Grant, 62, Waukee, IA	2:01:25	2:04:16	9:46
1344	148	W40	Ann Wilde, 40*, Eagle Grove, IA	2:01:25	2:04:20	9:46
1345	149	W40	Denise Helmick, 41*, Eagle Grove, IA	2:01:25	2:04:20	9:46
1346	296	W25	Amber Downs, 29*, Ankeny, IA	2:01:25	2:06:19	9:46
2251	377	M30	Dan Pottratz, 34, Ankeny, IA	2:01:26	2:01:43	9:46
1347	297	W25	Meghan Foster, 27*, Ankeny, IA	2:01:28	2:08:28	9:46
1348	244	W35	Laurie Marriott, 35*, West Des Moines, IA	2:01:28	2:06:10	9:46
1349	298	W25	Jenelle Graber, 26*, Hiawatha, IA	2:01:28	2:02:34	9:46
2252	195	M20	Nicholas Dohse, 20, Davenport, IA	2:01:28	2:02:09	9:46
2253	360	M25	Ken Kleemeier, 26, Des Moines, IA	2:01:28	2:07:12	9:46
1350	183	W20	Megan Klein, 21*, Manchester, IA	2:01:29	2:05:14	9:46
2254	231	M45	Mark Cowan, 45, Des Moines, IA	2:01:30	2:03:08	9:47
1351	184	W20	Amy Warg, 22*, Gilbert, IA	2:01:30	2:04:11	9:47
1352	269	W30	June Burns, 31*, Ames, IA	2:01:30	2:05:42	9:47
1353	185	W20	Bridget Warg, 22*, Gilbert, IA	2:01:30	2:04:11	9:47
2255	361	M25	Larry Mathiews, 29, Orient, IA	2:01:30	2:02:27	9:47
1354	270	W30	Amanda Neppl, 33*, West Des Moines, IA	2:01:31	2:03:59	9:47
2256	149	M50	Dave Balvin, 50, Cedar Rapids, IA	2:01:31	2:03:49	9:47
1355	83	W45	Terri Vosmek, 47*, Cedar Rapids, IA	2:01:32	2:03:49	9:47
1356	245	W35	Julie Dalecky, 39*, Kansas City, MO	2:01:32	2:02:19	9:47
1357	150	W40	Jane Foxen, 42*, West Des Moines, IA	2:01:33	2:04:59	9:47
1358	17	JrW	Ellyn Houdesnell, 16*, Stanhope, IA	2:01:33	2:08:48	9:47
2257	196	M20	Phillip Dickinson, 24, Des Moines, IA	2:01:33	2:08:16	9:47
2258	88	M17	Chad Howard, 19, Urbandale, IA	2:01:34	2:04:56	9:47
2259	326	M40	Mark Perington, 44, Johnston, IA	2:01:34	2:07:05	9:47
2260	378	M30	Nate Ogbourne, 30, Carlisle, IA	2:01:35	2:04:55	9:47
1359	299	W25	Amy Schlechte, 28*, Cedar Rapids, IA	2:01:35	2:06:57	9:47
1360	49	W17	Kayla Becraft, 18*, Ames, IA	2:01:37	2:04:09	9:47
2261	197	M20	Glenn Martin, 20, Iowa City, IA	2:01:37	2:04:09	9:47
2262	379	M30	Tom Penne, 32, Altoona, IA	2:01:37	2:07:28	9:47
2263	380	M30	Ryan Hervey, 31, West Des Moines, IA	2:01:39	2:03:45	9:47
2264	232	M45	Wade Busch, 45, Mason City, IA	2:01:41	2:08:09	9:47
1361	300	W25	Kayla Madson, 29*, Waverly, IA	2:01:41	2:07:06	9:47
1362	301	W25	Jenny Thrapp, 25*, Ankeny, IA	2:01:42	2:05:24	9:47
2265	362	M25	Brad Dains, 29, De Soto, IA	2:01:42	2:04:56	9:47
2266	332	M35	Mark Pattison, 36, Solon, IA	2:01:43	2:01:57	9:48
1363	151	W40	Christine Mohrfeld, 42*, Urbandale, IA	2:01:43	2:04:52	9:48
2267	327	M40	Bob Oakley, 44, West Des Moines, IA	2:01:43	2:07:45	9:48
2268	381	M30	Chris Larson, 33, West Des Moines, IA	2:01:44	2:09:00	9:48
2269	333	M35	Mark Woods, 39, West Des Moines, IA	2:01:44	2:03:46	9:48
1364	271	W30	Stephanie Harris, 32*, Dallas Center, IA	2:01:45	2:02:45	9:48
2270	328	M40	Chuck Fritz, 44, Clive, IA	2:01:45	2:03:49	9:48
1365	302	W25	Kris Samuel, 26*, Hinesville, GA	2:01:46	2:05:59	9:48
1366	303	W25	Aj Tilus, 25*, Des Moines, IA	2:01:48	2:08:14	9:48
2271	334	M35	Brent Ouellette, 37, Ankeny, IA	2:01:48	2:03:28	9:48
2272	335	M35	Doug Nichol, 39, Des Moines, IA	2:01:49	2:03:23	9:48
2273	336	M35	John Campbell, 35, West Des Moines, IA	2:01:50	2:05:02	9:48
2274	363	M25	Matt Bral, 27, West Des Moines, IA	2:01:51	2:09:06	9:48
2275	329	M40	Patrick Nath, 42, Des Moines, IA	2:01:52	2:05:48	9:48
2276	337	M35	Todd Voss, 38, Johnston, IA	2:01:52	2:07:38	9:48
2277	198	M20	Sam Ostransky, 20, Perry, IA	2:01:52	2:08:44	9:48
2278	150	M50	Andy Kraber, 53, Knoxville, IA	2:01:52	2:05:07	9:48

2279	151	M50	Bruce Hall, 51, Ankeny, IA	2:01:52	2:05:07	9:48
1367	246	W35	Erin O'Leary, 37*, Ankeny, IA	2:01:53	2:07:59	9:48
2280	382	M30	Taylor Anderson, 32, Ankeny, IA	2:01:53	2:03:44	9:48
2281	330	M40	Craig Medberry, 41, Marion, IA	2:01:53	2:04:08	9:48
1368	272	W30	Kim Beitz, 34*, Tiffin, IA	2:01:53	2:04:08	9:48
2282	199	M20	Brent Nie, 23, Jesup, IA	2:01:54	2:03:48	9:48
2283	233	M45	Pat Pauley, 45, Honey Creek, IA	2:01:55	2:03:48	9:49
1369	273	W30	Jennifer Christofferson, 32*, Marion, IA	2:01:55	2:05:38	9:49
2284	331	M40	Joe Kirby, 44, Cedar Rapids, IA	2:01:55	2:07:25	9:49
2285	332	M40	Jeff Davis, 40, West Des Moines, IA	2:01:56	2:09:49	9:49
1370	152	W40	Maria Davis, 40*, West Des Moines, IA	2:01:56	2:09:49	9:49
1371	304	W25	Jill McGargill, 28*, West Des Moines, IA	2:01:57	2:04:26	9:49
2286	338	M35	Robb Loftsgard, 39, Marion, IA	2:01:58	2:07:55	9:49
1372	84	W45	Kimberly Hall, 48*, Omaha, NE	2:01:58	2:04:44	9:49
2287	364	M25	Lester Brewer, 29, Norwalk, IA	2:01:59	2:09:12	9:49
2288	234	M45	Scott Day, 46, Cumming, IA	2:02:01	2:05:15	9:49
1373	247	W35	Debbie Hunt, 35*, Ankeny, IA	2:02:02	2:06:01	9:49
1374	153	W40	Tammy Gaines, 40*, Waukee, IA	2:02:03	2:06:02	9:49
2289	200	M20	Jared Tee, 22, Ankeny, IA	2:02:03	2:07:16	9:49
2290	201	M20	Destin Marcus, 23, Franksville, WI	2:02:04	2:07:14	9:49
2291	202	M20	Ryan Pritchard, 24, St. Paul, MN	2:02:04	2:06:03	9:49
2292	339	M35	Ian Lawler, 37, Huxley, IA	2:02:04	2:06:15	9:49
2293	365	M25	Jonathan Mueller, 26, Cedar Falls, IA	2:02:04	2:05:41	9:49
2294	366	M25	William Ware, 27, Ames, IA	2:02:06	2:02:55	9:49
2295	367	M25	David Schelling, 28, Ankeny, IA	2:02:06	2:04:35	9:49
1375	274	W30	Myriah Anderson, 32*, Dallas Center, IA	2:02:06	2:03:47	9:49
1376	275	W30	Kari Walker, 31*, Pleasant Hill, IA	2:02:06	2:07:32	9:49
2296	340	M35	Steve Schelling, 36, Lincoln, NE	2:02:06	2:04:35	9:49
1377	85	W45	Nadine Sechovec, 46*, West Des Moines, IA	2:02:08	2:05:11	9:50
1378	305	W25	Lora Hopp, 26*, Worthington, MN	2:02:08	2:08:21	9:50
1379	306	W25	Stephanie Fuller, 26*, Ankeny, IA	2:02:08	2:08:12	9:50
2297	203	M20	Tim Brannen, 23, Windsor Heights, IA	2:02:10	2:05:16	9:50
2298	85	M55	Terry Brannen, 57, Shenandoah, IA	2:02:10	2:05:15	9:50
1380	307	W25	Jill Nestor, 28*, West Des Moines, IA	2:02:10	2:03:58	9:50
2299	235	M45	Lonnie Ostransky, 49, Perry, IA	2:02:11	2:09:03	9:50
2300	236	M45	Dan Staples, 48, Winterset, IA	2:02:11	2:04:32	9:50
1381	276	W30	Beth Jones, 31*, West Des Moines, IA	2:02:12	2:06:41	9:50
2301	341	M35	Dennis Krieger Jr, 37, Carroll, IA	2:02:12	2:04:28	9:50
2302	342	M35	Matt Smith, 36, Johnston, IA	2:02:13	2:05:10	9:50
1382	186	W20	Maria Brownell, 24*, West Des Moines, IA	2:02:13	2:04:19	9:50
2303	368	M25	Kevin Brownell, 29, West Des Moines, IA	2:02:13	2:04:19	9:50
2304	152	M50	Chris Mitchell, 54, Clear Lake, IA	2:02:14	2:03:30	9:50
1383	86	W45	Christine Bobst, 48*, Norwalk, IA	2:02:15	2:04:29	9:50
1384	187	W20	Jamie Harden, 24*, Iowa, IA	2:02:15	2:06:27	9:50
2305	383	M30	Nick Larson, 30, Norwalk, IA	2:02:16	2:04:56	9:50
1385	248	W35	Gigi Filer, 35*, Des Moines, IA	2:02:16	2:04:51	9:50
1386	188	W20	Megan Jones, 24*, Ankeny, IA	2:02:17	2:04:57	9:50
1387	308	W25	Jennifer Murphy, 28*, Highland Falls, NY	2:02:17	2:03:45	9:50
1388	249	W35	Karen Gale, 37*, Marshalltown, IA	2:02:17	2:09:12	9:50
1389	189	W20	Melissa Woodward, 23*, West Des Moines, IA	2:02:17	2:07:46	9:50
2306	343	M35	Rusty Ringler, 35, Altoona, IA	2:02:18	2:07:13	9:50
1390	154	W40	Calleen Katzer, 41*, Ankeny, IA	2:02:19	2:04:06	9:50
2307	237	M45	Danny Pauley, 46, Coon Rapids, IA	2:02:20	2:04:13	9:51
1391	190	W20	Andrea Speer, 24*, New Glarus, WI	2:02:20	2:04:13	9:51
1392	309	W25	Robin Greenlee, 29*, Ames, IA	2:02:20	2:09:41	9:51
2308	333	M40	Jeff Curnes, 43, North Liberty, IA	2:02:21	2:07:52	9:51
1393	277	W30	Jenny Butler, 31*, Anamosa, IA	2:02:21	2:07:51	9:51
1394	278	W30	Sandy Bowman, 32*, West Des Moines, IA	2:02:23	2:05:20	9:51
1395	87	W45	Phyllis Peter, 45*, Prairie City, IA	2:02:24	2:07:58	9:51
2309	344	M35	Brian Arpy, 38, Altoona, IA	2:02:24	2:08:01	9:51
1396	279	W30	Tina Davidson, 33*, Pella, IA	2:02:24	2:09:02	9:51
1397	55	W50	Joy Martin, 51*, Pella, IA	2:02:24	2:09:02	9:51
1398	88	W45	Ronni Scott, 49*, Earlham, IA	2:02:25	2:07:50	9:51
1399	310	W25	Sarah Welch, 26*, Windsor Heights, IA	2:02:25	2:09:05	9:51
1400	250	W35	Neranjika Dissanayake, 39*, Clive, IA	2:02:25	2:10:11	9:51

1401	280	W30	Olivia Ahlrichs, 31*, West Des Moines, IA	2:02:26	2:05:42	9:51
2310	334	M40	James Kickland, 42, Atlantic, IA	2:02:26	2:10:19	9:51
1402	89	W45	Sherrri Huff, 46*, Winterset, IA	2:02:26	2:08:42	9:51
2311	204	M20	Mitchell Smith, 20, Naperville, IL	2:02:27	2:05:22	9:51
1403	191	W20	Jennifer Himmelsbach, 24*, Ames, IA	2:02:27	2:06:34	9:51
2312	384	M30	David Snider, 32, Minneapolis, MN	2:02:27	2:04:46	9:51
1404	50	W17	Kathleen Willem, 19*, Urbandale, IA	2:02:28	2:05:23	9:51
1405	281	W30	Ann Carlson, 34*, Lemars, IA	2:02:28	2:06:13	9:51
1406	3	W60	Judy Johnson, 62*, Des Moines, IA	2:02:28	2:03:54	9:51
1407	251	W35	Julia Gauthier, 36*, Urbandale, IA	2:02:29	2:08:56	9:51
1408	90	W45	Liz Cosner, 45*, Urbandale, IA	2:02:29	2:08:55	9:51
2313	385	M30	Nathan Guy, 30, Des Moines, IA	2:02:30	2:04:18	9:51
2314	335	M40	Trevor Myers, 41, Des Moines, IA	2:02:30	2:03:07	9:51
1409	282	W30	Melanie Malloy, 32*, Williamsburg, IA	2:02:30	2:05:46	9:51
1410	252	W35	Monica Holiday, 36*, Moline, IL	2:02:30	2:02:52	9:51
2315	369	M25	Jesse Harlan, 28, Atlantic, IA	2:02:31	2:10:19	9:51
2316	370	M25	Tyson Finck, 27, West Des Moines, IA	2:02:31	2:09:21	9:51
1411	192	W20	Jennifer Van Loon, 21*, Roland, IA	2:02:31	2:04:55	9:51
1412	283	W30	Katie Minor, 32*, Waukee, IA	2:02:31	2:09:05	9:51
2317	336	M40	Muhammad Abdullah, 41, Des Moines, IA	2:02:32	2:09:05	9:51
2318	205	M20	Chris Gamble, 24, Des Moines, IA	2:02:32	2:03:32	9:52
2319	153	M50	David Heyden, 52, Hampton, IA	2:02:32	2:04:07	9:52
2320	238	M45	Bernie Burke, 47, Des Moines, IA	2:02:33	2:03:22	9:52
1413	253	W35	Danelle Kvapil, 35*, Davenport, IA	2:02:33	2:04:10	9:52
1414	284	W30	Jamie Zobel, 30*, Marion, IA	2:02:33	2:07:57	9:52
2321	154	M50	Tom Jordan, 52, Johnston, IA	2:02:33	2:06:30	9:52
2322	86	M55	Greg Schwab, 58, Johnston, IA	2:02:34	2:06:07	9:52
1415	311	W25	Jennifer Noel, 27*, Iowa, IA	2:02:34	2:06:46	9:52
2323	239	M45	Larry Engebritson, 47, Cedar Rapids, IA	2:02:34	2:07:58	9:52
1416	285	W30	Corissa Arndt, 32*, Indianola, IA	2:02:34	2:05:05	9:52
2324	87	M55	Peter Gouge, 59, Garner, IA	2:02:34	2:04:50	9:52
1417	51	W17	Natasha Swansaon, 17*, Boone, IA	2:02:34	2:08:12	9:52
2325	240	M45	Drew Dehaes, 45, Des Moines, IA	2:02:35	2:06:07	9:52
1418	312	W25	Tana McDermott, 28*, Tampa, FL	2:02:35	2:06:27	9:52
1419	52	W17	Brianna Boehm, 17*, Boone, IA	2:02:35	2:08:12	9:52
2326	44	M60	Milt Aunan, 60, Marion, IA	2:02:35	2:05:38	9:52
2327	345	M35	Tim Plagge, 39, Cedar Falls, IA	2:02:35	2:05:34	9:52
1420	286	W30	Emily Robins, 30*, Cedar Rapids, IA	2:02:35	2:06:11	9:52
2328	206	M20	Tom Kinsinger, 24, West Des Moines, IA	2:02:36	2:06:11	9:52
2329	337	M40	Gerald Smith, 43, Belmond, IA	2:02:36	2:05:55	9:52
2330	241	M45	John Noll, 47, Clive, IA	2:02:36	2:08:13	9:52
2331	386	M30	Brandon Hoch, 34, Knoxville, IA	2:02:36	2:06:19	9:52
2332	155	M50	Tom Hirschauer, 50, West Des Moines, IA	2:02:37	2:08:00	9:52
1421	313	W25	Lindsey Held, 27*, West Des Moines, IA	2:02:37	2:05:51	9:52
1422	287	W30	Heather Hendrix, 33*, Ankeny, IA	2:02:38	2:03:53	9:52
2333	242	M45	Todd Hall, 48, Maple Grove, MN	2:02:38	2:09:03	9:52
2334	156	M50	Don Richardson, 50, Minburn, IA	2:02:38	2:06:27	9:52
1423	91	W45	Mary Schrunk, 48*, Ames, IA	2:02:38	2:06:48	9:52
2335	243	M45	Steve Klein, 45, Ankeny, IA	2:02:38	2:06:04	9:52
2336	387	M30	Ben Kuehner, 34, Des Moines, IA	2:02:39	2:04:23	9:52
1424	314	W25	Silje Lynne, 25*, Marion, IA	2:02:39	2:05:26	9:52
1425	193	W20	Kayla Boyd, 24*, Des Moines, IA	2:02:40	2:07:04	9:52
2337	371	M25	Nick Boyd, 27, Delafield, WI	2:02:40	2:07:04	9:52
1426	92	W45	Wilma Osmun, 49*, Creston, IA	2:02:40	2:05:37	9:52
1427	155	W40	Tracy Sabus, 43*, Urbandale, IA	2:02:40	2:08:13	9:52
1428	156	W40	Stephanie Tielbur, 42*, Urbandale, IA	2:02:40	2:08:14	9:52
1429	288	W30	Cori Peterson, 32*, Ames, IA	2:02:40	2:04:51	9:52
1430	315	W25	Adam Brommel, 27*, Des Moines, IA	2:02:41	2:08:42	9:52
2338	388	M30	Joe Hansen, 34, Des Moines, IA	2:02:42	2:07:52	9:52
2339	372	M25	Dave Parker, 29, Des Moines, IA	2:02:43	2:09:44	9:52
2340	389	M30	Robert Wright, 31, Urbandale, IA	2:02:43	2:09:29	9:52
2341	88	M55	Don Schoen, 57, West Des Moines, IA	2:02:45	2:05:33	9:53
1431	316	W25	Katie Burgess, 25*, Donnellson, IA	2:02:45	2:04:29	9:53
2342	390	M30	Matthew Arenholz, 33, Cedar Rapids, IA	2:02:46	2:08:17	9:53
2343	157	M50	John Eisenman, 50, Clinton, IA	2:02:47	2:04:48	9:53

1432	317	W25	Rebecca Holland, 28*, Pella, IA	2:02:47	2:04:15	9:53
2344	391	M30	Chad Sailsbury, 34, West Des Moines, IA	2:02:48	2:08:10	9:53
1433	318	W25	Beth Wall, 27*, Urbandale, IA	2:02:48	2:08:04	9:53
1434	319	W25	Hilary Nation, 27*, Ogden, IA	2:02:48	2:08:04	9:53
1435	320	W25	Katherine Sullivan, 26*, Iowa City, IA	2:02:49	2:07:48	9:53
1436	321	W25	Katie Runde, 26*, Iowa City, IA	2:02:49	2:07:48	9:53
1437	194	W20	Cassandra Olk, 21*, Polk City, IA	2:02:50	2:03:11	9:53
2345	338	M40	Jon Espenscheid, 44, Marshalltown, IA	2:02:50	2:04:52	9:53
1438	157	W40	Julia Tentinger, 44*, West Des Moines, IA	2:02:50	2:10:17	9:53
1439	322	W25	Genevieve Reinkoester, 27*, Des Moines, IA	2:02:52	2:09:21	9:53
2346	373	M25	Mike Perin, 28, West Des Moines, IA	2:02:52	2:10:34	9:53
1440	323	W25	Angie Criger, 26*, West Des Moines, IA	2:02:53	2:10:34	9:53
1441	53	W17	Kelsie Kelly, 17*, Ankeny, IA	2:02:53	2:05:23	9:53
1442	254	W35	Karen Ladd, 35*, Des Moines, IA	2:02:53	2:06:44	9:53
2347	339	M40	Joel Veenstra, 40, Des Moines, IA	2:02:53	2:08:45	9:53
1443	324	W25	Kristen Kennebeck, 25*, Ankeny, IA	2:02:55	2:05:34	9:53
1444	195	W20	Pavlina Sonkova, 24*, Coralville, IA	2:02:55	2:10:26	9:53
2348	374	M25	Matt Kemp, 26, Iowa City, IA	2:02:55	2:10:26	9:53
2349	340	M40	Kevin Rahner, 43, Slater, IA	2:02:56	2:05:40	9:53
2350	392	M30	Jason Bunnell, 31, Ottumwa, IA	2:02:58	2:06:06	9:54
1445	255	W35	Nicole Jessee, 36*, Ankeny, IA	2:02:58	2:06:40	9:54
1446	158	W40	Ann Hudson, 40*, West Des Moines, IA	2:02:58	2:07:48	9:54
1447	325	W25	Renee Rhinehart, 29*, North Liberty, IA	2:02:58	2:08:43	9:54
1448	256	W35	Deanna Batchelder, 36*, Des Moines, IA	2:02:59	2:07:35	9:54
1449	289	W30	Jennifer Geringer, 30*, West Des Moines, IA	2:03:00	2:08:54	9:54
2351	393	M30	David O'Leary, 31, Des Moines, IA	2:03:00	2:08:32	9:54
1450	159	W40	Debra Schroeder, 41*, Saint Charles, MO	2:03:00	2:05:06	9:54
1451	257	W35	Tarrel Storey, 37*, Spencer, IA	2:03:00	2:07:16	9:54
2352	244	M45	Steve Sodergren, 46, Topeka, KS	2:03:01	2:07:35	9:54
1452	326	W25	Joslyn Dollar, 27*, New York, NY	2:03:02	2:06:57	9:54
1453	258	W35	Karen Klinge, 37*, Waukee, IA	2:03:02	2:05:57	9:54
2353	375	M25	Brandon Brown, 27, Ankeny, IA	2:03:03	2:09:34	9:54
1454	93	W45	Diane Julius, 46*, Mason City, IA	2:03:03	2:05:54	9:54
1455	327	W25	Sheri Bernardy, 27*, Grimes, IA	2:03:03	2:09:48	9:54
1456	196	W20	Katie Thielen, 21*, Ames, IA	2:03:03	2:04:40	9:54
1457	160	W40	Jolene Carter, 40*, Merville, IA	2:03:03	2:09:15	9:54
1458	290	W30	Kim Christiansen, 34*, Merville, IA	2:03:04	2:09:16	9:54
2354	89	M17	Jake Sutton, 18, West Des Moines, IA	2:03:05	2:03:17	9:54
1459	291	W30	Kristy Nelson, 30*, Ankeny, IA	2:03:08	2:08:01	9:54
2355	394	M30	Ulrich Baenziger, 30, North Liberty, IA	2:03:08	2:08:05	9:54
2356	346	M35	Todd Kopelman, 35, Iowa City, IA	2:03:08	2:08:06	9:54
1460	259	W35	Robin Kopelman, 35*, Iowa City, IA	2:03:08	2:08:05	9:54
1461	328	W25	Nicole Woodroffe, 25*, Des Moines, IA	2:03:10	2:06:30	9:55
2357	158	M50	Steve Shifflett, 51, Ames, IA	2:03:10	2:04:16	9:55
1462	161	W40	Nettie Fogel, 40*, Moline, IL	2:03:10	2:09:37	9:55
1463	329	W25	Kary Sprague, 29*, Waukee, IA	2:03:10	2:07:53	9:55
2358	347	M35	Timothy Barker, 38, Coralville, IA	2:03:11	2:09:24	9:55
1464	330	W25	Nicole Aspenson, 25*, Des Moines, IA	2:03:11	2:06:49	9:55
1465	292	W30	Mindy Sauer, 30*, Urbandale, IA	2:03:11	2:08:02	9:55
2359	395	M30	Adam Gudenkauf, 30, Des Moines, IA	2:03:12	2:04:11	9:55
2360	376	M25	John Ridgeway, 29, Ankeny, IA	2:03:15	2:10:17	9:55
1466	56	W50	Terri Bunting, 50*, West Des Moines, IA	2:03:15	2:04:35	9:55
1467	162	W40	Connie Kirvin, 41*, Urbandale, IA	2:03:16	2:09:42	9:55
2361	396	M30	Jake Huyser, 32, Oskaloosa, IA	2:03:17	2:09:41	9:55
1468	94	W45	Mary Clark, 46*, Ames, IA	2:03:17	2:10:30	9:55
2362	245	M45	John Moorlach, 46, Indianola, IA	2:03:18	2:08:45	9:55
2363	397	M30	Todd Millang, 34, Urbandale, IA	2:03:18	2:04:08	9:55
2364	348	M35	Patrick Leer, 36, Waukee, IA	2:03:19	2:07:28	9:55
2365	349	M35	Shane Thompson, 37, Logan, IA	2:03:19	2:06:29	9:55
1469	331	W25	Aubrey Villotti, 29*, Urbandale, IA	2:03:19	2:07:21	9:55
1470	197	W20	Jenna Bormann, 24*, West Des Moines, IA	2:03:20	2:10:07	9:55
1471	95	W45	Cory Kelly, 45*, Ankeny, IA	2:03:21	2:05:50	9:55
2366	159	M50	Scott Froyen, 50, Ankeny, IA	2:03:22	2:06:18	9:56
1472	332	W25	Jennifer Anderson, 29*, Altoona, IA	2:03:23	2:08:33	9:56

2367	160	M50	Rich Larson, 52, Atlantic, IA	2:03:23	2:08:03	9:56
1473	293	W30	Angela Hinke, 31*, Waukee, IA	2:03:23	2:08:43	9:56
2368	398	M30	Tom Parsons, 31, Seattle, WA	2:03:23	2:08:43	9:56
2369	246	M45	Steve Schmitt, 46, Minneapolis, MN	2:03:24	2:07:38	9:56
1474	333	W25	Mandi Smith, 29*, Seattle, WA	2:03:24	2:08:42	9:56
1475	163	W40	Carol Martin, 44*, Ankeny, IA	2:03:25	2:05:57	9:56
1476	260	W35	Shelley Fitzgerald, 36*, Mason City, IA	2:03:26	2:08:43	9:56
1477	164	W40	Peg McMahon, 43*, Des Moines, IA	2:03:26	2:09:05	9:56
2370	247	M45	John McMahon, 47, Des Moines, IA	2:03:26	2:09:05	9:56
1478	96	W45	Lori Taha, 46*, Des Moines, IA	2:03:27	2:10:02	9:56
2371	341	M40	Tim Rankin, 41, Knoxville, IA	2:03:27	2:06:06	9:56
1479	294	W30	Marla Daniels, 31*, Ankeny, IA	2:03:27	2:06:17	9:56
1480	334	W25	Jasmine Gambrall, 26*, Windsor Heights, IA	2:03:29	2:05:20	9:56
2372	399	M30	Paul Varner, 34, Creston, IA	2:03:29	2:09:26	9:56
2373	207	M20	David Clark, 21, Ames, IA	2:03:30	2:09:26	9:56
1481	198	W20	Ashley Beeh, 21*, Lamont, IA	2:03:30	2:05:48	9:56
1482	165	W40	Kristi Walderbach, 43*, Mason City, IA	2:03:31	2:08:49	9:56
2374	248	M45	Russ Herold, 48, Urbandale, IA	2:03:33	2:04:32	9:56
1483	335	W25	Allison Leinen, 26*, Adel, IA	2:03:33	2:07:12	9:56
2375	161	M50	Denny Henrich, 52, Des Moines, IA	2:03:34	2:08:55	9:56
1484	295	W30	Kim Hoover, 30*, West Des Moines, IA	2:03:34	2:06:54	9:57
1485	296	W30	Chris Hauge, 33*, Ames, IA	2:03:35	2:10:06	9:57
2376	342	M40	Mike Benner, 41, Knoxville, IA	2:03:35	2:08:18	9:57
1486	166	W40	Aimee Benner, 41*, Knoxville, IA	2:03:35	2:08:18	9:57
2377	162	M50	William Niebur, 51, Des Moines, IA	2:03:35	2:04:56	9:57
2378	400	M30	Austin Gill, 30, Des Moines, IA	2:03:36	2:10:49	9:57
1487	261	W35	Tricia Crain, 35*, Nevada, IA	2:03:37	2:06:39	9:57
2379	163	M50	Kenneth Goddard, 53, Bondurant, IA	2:03:37	2:04:53	9:57
1488	199	W20	Sarah Judisch, 23*, Waverly, IA	2:03:39	2:10:25	9:57
2380	350	M35	Chris Harrison, 35, Iowa City, IA	2:03:39	2:07:05	9:57
1489	200	W20	Jade Clark, 24*, Des Moines, IA	2:03:41	2:05:23	9:57
1490	97	W45	Rosie Branaman, 46*, Boone, IA	2:03:41	2:06:21	9:57
1491	297	W30	Gentry Smith, 32*, Des Moines, IA	2:03:41	2:05:23	9:57
1492	167	W40	Clark Deborah, 41*, Des Moines, IA	2:03:41	2:08:38	9:57
1493	336	W25	Annamarie Fereday, 26*, Chicago, IL	2:03:43	2:09:08	9:57
2381	377	M25	Andrew Fereday, 27, Chicago, IL	2:03:43	2:09:08	9:57
2382	378	M25	Lance Routson, 28, Johnston, IA	2:03:43	2:04:20	9:57
1494	168	W40	Andrea Dryer, 42*, Cedar Falls, IA	2:03:44	2:06:21	9:57
1495	57	W50	Gaelynn Cain, 50*, East Dubuque, IL	2:03:46	2:06:57	9:57
1496	262	W35	Lindy Van Dike, 36*, West Des Moines, IA	2:03:47	2:09:40	9:58
1497	263	W35	Dawn Schwarte, 35*, Carroll, Iowa, Ia	2:03:47	2:10:20	9:58
1498	337	W25	Talia Koons, 28*, Des Moines, IA	2:03:47	2:09:40	9:58
1499	201	W20	Emily Conrad, 20*, Ottumwa, IA	2:03:48	2:08:39	9:58
1500	202	W20	Erin Conrad, 22*, Des Moines, IA	2:03:48	2:08:39	9:58
2383	208	M20	Adam Warnemunde, 23, Ames, IA	2:03:48	2:07:46	9:58
2384	379	M25	Ben Isaacson, 25, Ames, IA	2:03:49	2:07:46	9:58
1501	338	W25	Lindsey Brelsford, 28*, Waukee, IA	2:03:49	2:07:13	9:58
2385	380	M25	Tim Kurth, 27, Windsor Heights, IA	2:03:49	2:08:27	9:58
1502	298	W30	Kylee Thomas, 30*, Ottumwa, IA	2:03:50	2:08:40	9:58
1503	339	W25	Amanda Pexa, 26*, Cedar Rapids, IA	2:03:50	2:08:03	9:58
1504	203	W20	Emily Knickrehm, 24*, Waukee, IA	2:03:51	2:05:28	9:58
2386	401	M30	David Dixon, 33, Altoona, IA	2:03:52	2:07:33	9:58
1505	204	W20	Janice Deberg, 20*, Dike, IA	2:03:53	2:05:59	9:58
1506	264	W35	Theresa Gries, 38*, Marion, IA	2:03:53	2:09:04	9:58
1507	169	W40	Denna Mitchell, 44*, Greenfield, IA	2:03:54	2:05:16	9:58
1508	299	W30	Denise Kingery, 32*, Grand Island, NE	2:03:55	2:06:16	9:58
1509	170	W40	Deb Dean, 41*, Johnston, IA	2:03:56	2:09:58	9:58
1510	7	W55	Mary Hillman, 55*, Grand Junction, IA	2:03:56	2:07:00	9:58
1511	340	W25	Leann Oakland, 28*, Polk City, IA	2:03:57	2:09:50	9:58
2387	249	M45	Mike McCoy, 48, West Des Moines, IA	2:03:57	2:11:38	9:58
1512	300	W30	Anna Henry, 33*, Perry, IA	2:03:57	2:05:12	9:58
2388	351	M35	Mike Currans, 36, Omaha, NE	2:03:58	2:05:31	9:58
2389	250	M45	Chuck Spaur, 48, Grimes, IA	2:03:58	2:07:14	9:58
2390	381	M25	Chuck Tonelli, 29, North Liberty, IA	2:03:59	2:05:57	9:59
2391	352	M35	Matt Stock, 35, West Des Moines, IA	2:04:01	2:06:48	9:59

2392	353	M35	Robert Stomp, 39, Clive, IA	2:04:01	2:04:34	9:59
2393	382	M25	William Putz, 28, Des Moines, IA	2:04:02	2:10:20	9:59
2394	354	M35	Steve Miller, 36, Des Moines, IA	2:04:02	2:07:54	9:59
1513	205	W20	Aleisha Vetter, 20*, Denison, IA	2:04:02	2:05:48	9:59
1514	341	W25	Christine Crow, 29*, Des Moines, IA	2:04:03	2:10:35	9:59
2395	402	M30	Nick Wallace, 30, West Des Moines, IA	2:04:04	2:11:19	9:59
1515	265	W35	Michelle Bunkers, 39*, Des Moines, IA	2:04:05	2:08:09	9:59
1516	301	W30	Jessica Allen, 33*, Ames, IA	2:04:05	2:08:14	9:59
2396	343	M40	Neil Millam, 44, Coon Rapids, MN	2:04:06	2:07:55	9:59
1517	171	W40	Tori Haverkamp, 41*, Ames, IA	2:04:07	2:07:02	9:59
2397	355	M35	Paul Carlson, 37, Clive, IA	2:04:07	2:07:44	9:59
1518	98	W45	Carol Stephens, 48*, Westminster, CO	2:04:08	2:07:30	9:59
2398	383	M25	Kevin McCarthy, 25, Des Moines, IA	2:04:08	2:07:56	9:59
2399	384	M25	Scott Phillips, 29, Des Moines, IA	2:04:09	2:07:56	9:59
2400	164	M50	Dan Duwelius, 50, Des Moines, IA	2:04:09	2:06:10	9:59
2401	344	M40	Thomas Hunter, 44, West Des Moines, IA	2:04:09	2:08:07	9:59
2402	385	M25	Chris Langpaul, 27, West Des Moines, IA	2:04:10	2:05:58	9:59
2403	356	M35	Pete Busch, 35, Conrad, IA	2:04:11	2:07:43	9:59
2404	403	M30	Kyle Troyer, 32, Independence, IA	2:04:11	2:06:54	9:59
1519	206	W20	Whitney Jacobson, 23*, Story City, IA	2:04:12	2:10:27	10:00
1520	302	W30	Amy Coen, 32*, Fort Collins, CO	2:04:14	2:11:26	10:00
2405	251	M45	Andrew Smith, 48, Colfax, IA	2:04:15	2:06:50	10:00
2406	386	M25	Matthew Markert, 25, Coralville, IA	2:04:16	2:05:55	10:00
1521	58	W50	Kimberly Bach, 53*, Ankeny, IA	2:04:16	2:06:03	10:00
1522	342	W25	Brookann Redick, 29*, Des Moines, IA	2:04:17	2:06:33	10:00
1523	99	W45	Michelle Cavanaugh, 49*, Des Moines, IA	2:04:19	2:10:24	10:00
1524	266	W35	Michele Abbott, 38*, Urbandale, IA	2:04:19	2:08:35	10:00
1525	343	W25	Connie Hwang, 28*, Rowland Heights, CA	2:04:20	2:11:10	10:00
2407	90	M17	Cole Lemon, 17, Clive, IA	2:04:20	2:07:41	10:00
2408	209	M20	Nicholas Vanmeter, 21, Clive, IA	2:04:22	2:07:45	10:00
2409	404	M30	Brad Bruner, 34, Des Moines, IA	2:04:23	2:08:53	10:00
1526	267	W35	Tracy Hoffman, 37*, Pleasant Hill, IA	2:04:24	2:08:56	10:01
1527	344	W25	Nicole Winebrenner, 26*, Des Moines, IA	2:04:25	2:10:49	10:01
1528	172	W40	Linda Kuhl, 43*, Beaman, IA	2:04:25	2:08:36	10:01
2410	405	M30	Wyatt Myers, 31, Des Moines, IA	2:04:26	2:05:30	10:01
1529	345	W25	Nicole Oxenford, 27*, West Des Moines, IA	2:04:26	2:06:51	10:01
1530	346	W25	Kim Tierney, 27*, Denver, IA	2:04:28	2:05:36	10:01
1531	173	W40	Karrie Niedert, 40*, Independence, IA	2:04:28	2:06:11	10:01
1532	59	W50	Nancy McCunn, 51*, Massena, IA	2:04:28	2:07:34	10:01
2411	345	M40	Brian Kilmer, 44, Gilbert, IA	2:04:29	2:13:58	10:01
1533	100	W45	Gwen Kline, 46*, Cedar Rapids, IA	2:04:29	2:09:23	10:01
2412	357	M35	Matt Hayes, 39, Savage, MN	2:04:30	2:12:12	10:01
2413	89	M55	Rik Adnerson, 57, Cedar Falls, IA	2:04:31	2:09:51	10:01
2414	406	M30	Andy Lashier, 33, Johnston, IA	2:04:31	2:10:00	10:01
1534	207	W20	Lacey Beenken, 22*, Swea City, IA	2:04:31	2:10:23	10:01
1535	101	W45	Lana Degroot, 47*, Oskaloosa, IA	2:04:31	2:10:23	10:01
1536	347	W25	Joshua Miller, 28*, Ankeny, IA	2:04:31	2:11:48	10:01
1537	348	W25	Sarah Dekock, 26*, Grimes, IA	2:04:32	2:08:56	10:01
1538	174	W40	Deb Kleiman, 40*, Johnston, IA	2:04:33	2:09:46	10:01
2415	210	M20	Nic Scandrett, 24, Oskaloosa, IA	2:04:34	2:08:04	10:01
2416	211	M20	Cory Fritz, 23, Ames, IA	2:04:34	2:06:42	10:01
2417	346	M40	Tim Sieber, 40, Johnston, IA	2:04:35	2:08:39	10:01
1539	303	W30	Leslie Lyons, 31*, Denver, IA	2:04:35	2:08:04	10:01
2418	358	M35	Joel Jackman, 38, Des Moines, IA	2:04:35	2:08:58	10:01
2419	387	M25	Jonathan Wang, 27, Urbandale, IA	2:04:36	2:06:49	10:02
1540	304	W30	Stacy Kuehler, 32*, West Des Moines, IA	2:04:36	2:12:22	10:02
2420	388	M25	John Sparland, 25, Urbandale, IA	2:04:36	2:06:49	10:02
1541	208	W20	Katie Olson, 24*, West Des Moines, IA	2:04:37	2:06:46	10:02
1542	175	W40	Sandra Stone, 42*, Des Moines, IA	2:04:37	2:08:59	10:02
2421	389	M25	Chris Shafer, 28, Des Moines, IA	2:04:37	2:11:29	10:02
2422	90	M55	Rodney Olson, 56, West Des Moines, IA	2:04:38	2:06:46	10:02
1543	349	W25	Jessie Shafer, 28*, Des Moines, IA	2:04:38	2:11:28	10:02
1544	268	W35	Joy Carter, 37*, Pleasant Hill, IA	2:04:38	2:10:34	10:02
2423	252	M45	Jim Gerstner, 46, Ankeny, IA	2:04:39	2:07:16	10:02
1545	209	W20	Allie Haight, 20*, Ankeny, IA	2:04:39	2:05:53	10:02

2424	407	M30	Tory Hetland, 31, Polk City, IA	2:04:40	2:08:55	10:02
1546	210	W20	Amy Schoen, 24*, Hiawatha, IA	2:04:40	2:10:54	10:02
1547	211	W20	Michelle Varnum, 20*, Ankeny, IA	2:04:40	2:05:54	10:02
2425	253	M45	Ravi Vemulapalli, 46, Clive, IA	2:04:43	2:10:48	10:02
1548	102	W45	Laurin Norland, 45*, Des Moines, IA	2:04:45	2:08:22	10:02
2426	165	M50	Mike Clayton, 53, Ames, IA	2:04:46	2:07:10	10:02
1549	212	W20	Kathryn Merrifield, 24*, West Des Moines, IA	2:04:48	2:09:23	10:02
1550	176	W40	Kelley Frerichs, 42*, Pleasant Hill, IA	2:04:48	2:08:56	10:02
1551	269	W35	Kimberly Seyler, 36*, Des Moines, IA	2:04:49	2:08:56	10:03
1552	350	W25	Nicole Garner, 25*, Saint Joseph, MO	2:04:49	2:08:36	10:03
1553	103	W45	Karla Bass, 46*, Altoona, IA	2:04:49	2:07:54	10:03
1554	270	W35	Cheri Fegenbush, 37*, Urbandale, IA	2:04:50	2:09:05	10:03
2427	166	M50	Tom Guillaume, 50, Urbandale, IA	2:04:51	2:08:39	10:03
2428	91	M17	Dallas Lehman, 19, Van Meter, IA	2:04:51	2:11:21	10:03
1555	305	W30	Joy Jusayan, 30*, Milwaukee, WI	2:04:52	2:09:04	10:03
1556	306	W30	Ashley Long, 30*, Coralville, IA	2:04:52	2:06:49	10:03
1557	351	W25	Kerry Finegan, 29*, Chicago, IL	2:04:52	2:09:04	10:03
1558	307	W30	Amy O'Loughlin, 33*, Minneapolis, MN	2:04:52	2:08:41	10:03
1559	352	W25	Tara Hilton, 29*, Des Moines, IA	2:04:52	2:04:52	10:03
2429	91	M55	John Doherty, 55, Urbandale, IA	2:04:53	2:06:19	10:03
1560	353	W25	Gina Koehler, 26*, Ankeny, IA	2:04:53	2:08:43	10:03
2430	408	M30	Hans Habeger, 33, Evanston, IL	2:04:54	2:09:50	10:03
1561	213	W20	Alex Sampson, 22*, Nevada, IA	2:04:54	2:08:24	10:03
1562	354	W25	Kathy Patten, 26*, Des Moines, IA	2:04:54	2:08:01	10:03
2431	92	M55	Dennis Reynolds, 55, Davenport, IA	2:04:54	2:08:25	10:03
1563	271	W35	Whitney Brink, 37*, Ankeny, IA	2:04:55	2:08:52	10:03
2432	359	M35	Michael Rixner, 38, Clarion, PA	2:04:56	2:08:29	10:03
2433	167	M50	Carlos Rondon, 53, Muscatine, IA	2:04:56	2:09:05	10:03
1564	214	W20	Amanda Vanden Wynboom, 21*, Eldridge, IA	2:04:56	2:06:43	10:03
2434	212	M20	Jordan Navara, 23, Des Moines, IA	2:04:56	2:07:46	10:03
1565	308	W30	Trista Mefford, 31*, Ankeny, IA	2:04:57	2:08:13	10:03
1566	309	W30	Jaci Ketchum, 31*, Jewell, IA	2:04:57	2:06:35	10:03
1567	215	W20	Heather Mauer, 22*, Cedar Falls, IA	2:04:59	2:11:18	10:03
2435	409	M30	Chris Beach, 31, Grimes, IA	2:04:59	2:09:08	10:03
2436	168	M50	Greg Brandt, 51, Ankeny, IA	2:04:59	2:07:11	10:03
2437	213	M20	Donald Bouillon, 23, Dows, IA	2:05:00	2:09:29	10:03
1568	216	W20	Stephanie Gross, 24*, Des Moines, IA	2:05:00	2:08:25	10:03
1569	272	W35	Jenni Cooper, 37*, Reinbeck, IA	2:05:00	2:11:05	10:03
2438	410	M30	Jared Clark, 30, Des Moines, IA	2:05:00	2:05:42	10:03
2439	347	M40	Anthony Dilla, 44, West Des Moines, IA	2:05:00	2:07:29	10:03
2440	411	M30	Troy King, 34, Ankeny, IA	2:05:01	2:07:42	10:03
1570	355	W25	Maggie Burger, 27*, Urbandale, IA	2:05:01	2:10:31	10:04
1571	356	W25	Sarah Marsh, 26*, Inver Grove Hts, MN	2:05:01	2:10:31	10:04
2441	412	M30	Lonnie Norgaard, 31, Ankeny, IA	2:05:02	2:09:34	10:04
1572	177	W40	Jodi Jamison, 42*, Woodward, IA	2:05:03	2:11:00	10:04
2442	214	M20	Ryan Evans, 24, Des Moines, IA	2:05:04	2:06:25	10:04
1573	357	W25	Kristin Stiles, 25*, Johnston, IA	2:05:04	2:08:20	10:04
1574	104	W45	Barb Rentter, 46*, Urbandale, IA	2:05:06	2:14:22	10:04
2443	360	M35	Kevin Abbott, 38, Ur, IA	2:05:07	2:07:33	10:04
1575	358	W25	Lynn Klein, 25*, Owatonna, MN	2:05:07	2:08:33	10:04
2444	413	M30	Henry Wood, 32, Des Moines, IA	2:05:07	2:07:35	10:04
2445	93	M55	Timothy Prindle, 57, Urbandale, IA	2:05:08	2:11:27	10:04
1576	217	W20	Justine Nixon, 21*, Iowa City, IA	2:05:08	2:10:10	10:04
2446	254	M45	John Lukasko, 49, Solon, IA	2:05:08	2:06:47	10:04
1577	310	W30	Laura Cressy, 32*, Clive, IA	2:05:09	2:10:12	10:04
2447	348	M40	Dominic Giegerich, 44, Anita, IA	2:05:09	2:06:11	10:04
1578	359	W25	Bridget Larson, 25*, Urbandale, IA	2:05:10	2:11:55	10:04
2448	169	M50	Rick Whiteaker, 51, Cedar Rapids, IA	2:05:10	2:06:09	10:04
1579	178	W40	Brenda Cloyd, 42*, Ames, IA	2:05:11	2:09:15	10:04
1580	360	W25	Jenelle Ausborn, 29*, Polk City, IA	2:05:12	2:09:17	10:04
2449	414	M30	Bill Fischer, 32, Ankeny, IA	2:05:12	2:08:02	10:04
2450	255	M45	Keith Schilling, 46, Ely, IA	2:05:13	2:10:34	10:05
2451	256	M45	Mike Beumer, 48, Urbandale, IA	2:05:14	2:07:15	10:05
1581	311	W30	Jennifer Chamberlin, 32*, Oskaloosa, IA	2:05:14	2:08:30	10:05

2452	415	M30	Jeff Snider, 31, Cedar Rapids, IA	2:05:16	2:11:27	10:05
2453	257	M45	Pat Calvert, 47, Urbandale, IA	2:05:16	2:07:58	10:05
2454	258	M45	Larry Graeve, 48, Ankeny, IA	2:05:17	2:10:39	10:05
2455	416	M30	Adam Crile, 30, Bondurant, IA	2:05:18	2:07:06	10:05
1582	312	W30	Mary Crile, 30*, Bondurant, IA	2:05:18	2:07:06	10:05
2456	45	M60	Gene Behrens, 60, Des Moines, IA	2:05:18	2:06:45	10:05
2457	215	M20	Justin Hazen, 23, Albion, IA	2:05:18	2:06:21	10:05
1583	313	W30	Katie Abbott, 31*, Urbandale, IA	2:05:18	2:08:51	10:05
2458	259	M45	Daniel Beenken, 45, Jefferson, IA	2:05:20	2:10:48	10:05
2459	417	M30	Mark Kelly, 32, Ankeny, IA	2:05:20	2:05:42	10:05
2460	65	JrM	Brian Simons, 16, Cedar Rapids, IA	2:05:21	2:09:09	10:05
1584	179	W40	Marie Rainforth, 44*, West Des Moines, IA	2:05:21	2:11:12	10:05
2461	170	M50	Keith Kramer, 51, Hopkinton, IA	2:05:21	2:08:51	10:05
2462	390	M25	Jon Heim, 28, Des Moines, IA	2:05:21	2:08:14	10:05
2463	349	M40	Scott Kephart, 40, Pella, IA	2:05:21	2:08:22	10:05
2464	361	M35	Scott Johnson, 35, Ames, IA	2:05:21	2:12:33	10:05
2465	391	M25	Grant Hilton, 29, West Des Moines, IA	2:05:22	2:12:01	10:05
1585	361	M25	Jen Andersen, 29*, West Des Moines, IA	2:05:22	2:12:01	10:05
1586	105	W45	Sarah Selinger, 47*, Urbandale, IA	2:05:22	2:12:29	10:05
2466	46	M60	David Grieser, 61, West Des Moines, IA	2:05:23	2:10:21	10:05
1587	106	W45	Jane Brommel, 49*, Norwalk, IA	2:05:23	2:11:24	10:05
2467	362	M35	Marcus Harmeyer, 37, Jefferson, IA	2:05:24	2:12:31	10:05
1588	362	W25	Abby Reynolds, 26*, West Des Moines, IA	2:05:25	2:07:03	10:05
1589	218	W20	Katelyn Olds, 22*, Ames, IA	2:05:25	2:06:41	10:05
1590	314	W30	Angie Young, 32*, Winterset, IA	2:05:25	2:07:03	10:05
1591	273	W35	Deborah Meyer, 36*, Baxter, IA	2:05:26	2:12:33	10:05
1592	315	W30	Kim Staun, 34*, Urbandale, IA	2:05:26	2:08:51	10:06
2468	216	M20	Alex Hoffman, 24, Ankeny, IA	2:05:27	2:06:38	10:06
1593	363	W25	Darci Pratt, 26*, West Des Moines, IA	2:05:28	2:09:57	10:06
1594	364	W25	Elizabeth Bowen, 27*, Des Moines, IA	2:05:28	2:09:57	10:06
1595	365	W25	Dusty Embree, 28*, Estherville, IA	2:05:28	2:12:11	10:06
1596	366	W25	Stacey Wertzberger, 26*, Des Moines, IA	2:05:28	2:10:19	10:06
1597	219	W20	Colleen Conway, 23*, Grimes, IA	2:05:28	2:08:11	10:06
2469	392	M25	John Petersen, 29, West Des Moines, IA	2:05:29	2:07:37	10:06
2470	350	M40	Mark Goffinet, 43, Ankeny, IA	2:05:29	2:06:15	10:06
1598	180	W40	Suzanne Sernett, 41*, Kelley, IA	2:05:29	2:11:24	10:06
1599	316	W30	Jenny Norgaard, 30*, Ankeny, IA	2:05:29	2:10:20	10:06
1600	220	W20	Katee Van Arkel, 23*, Creston, IA	2:05:30	2:08:43	10:06
1601	367	W25	Jessica Rossmanith, 27*, Ankeny, IA	2:05:33	2:09:36	10:06
2471	171	M50	Brian Walters, 52, Urbandale, IA	2:05:33	2:12:09	10:06
2472	418	M30	Robert Mallinger, 31, Ankeny, IA	2:05:34	2:12:13	10:06
2473	393	M25	Chris Andersen, 27, West Des Moines, IA	2:05:34	2:12:13	10:06
2474	172	M50	Lynn Michl, 50, Urbandale, IA	2:05:34	2:10:00	10:06
1602	317	W30	Holly Shirbroun, 30*, Ames, IA	2:05:35	2:08:47	10:06
2475	419	M30	Kris McDonald, 31, Centerville, IA	2:05:35	2:06:41	10:06
1603	368	W25	Sara Vandersanden, 29*, Pleasant Hill, IA	2:05:35	2:09:43	10:06
1604	274	W35	Becky Thomas, 38*, Johnston, IA	2:05:35	2:10:34	10:06
1605	181	W40	Nicole Mills, 40*, Johnston, IA	2:05:36	2:10:34	10:06
2476	260	M45	Gregory Dockum, 49, Des Moines, IA	2:05:36	2:09:08	10:06
1606	369	W25	Michelle Meinecke, 27*, Yale, IA	2:05:37	2:12:39	10:06
2477	173	M50	Jim Pech, 53, Polk City, IA	2:05:37	2:05:51	10:06
1607	318	W30	Jenny Peterson, 34*, Waukee, IA	2:05:38	2:11:04	10:06
2478	174	M50	Jeff Lancaster, 51, Altoona, IA	2:05:40	2:11:12	10:07
1608	107	W45	Kelly Simons, 45*, Cedar Rapids, IA	2:05:41	2:09:29	10:07
1609	370	W25	Jessica Mennen, 27*, Waukee, IA	2:05:41	2:09:04	10:07
1610	275	W35	Joni Tessman, 37*, Urbandale, IA	2:05:41	2:07:11	10:07
2479	94	M55	Tom Hostetter, 58, Ames, IA	2:05:41	2:08:41	10:07
1611	108	W45	Ann Eisenman, 48*, Clinton, IA	2:05:41	2:09:02	10:07
2480	394	M25	Nicholas Einwalter, 27, Des Moines, IA	2:05:42	2:13:26	10:07
1612	276	W35	Shelby McCreedy, 36*, Atlantic, IA	2:05:42	2:10:25	10:07
1613	221	W20	Christina McLean, 24*, Des Moines, IA	2:05:43	2:10:06	10:07
1614	371	W25	Bridget Trainor, 28*, Freeport, IL	2:05:44	2:11:02	10:07
1615	319	W30	Emily Hajek, 30*, Des Moines, IA	2:05:45	2:11:12	10:07
2481	92	M17	Zach Johnson, 17, Clear Lake, IA	2:05:47	2:09:35	10:07
1616	372	W25	Shantell Detweiler, 26*, Pella, IA	2:05:48	2:12:26	10:07

1617	320	W30	Kate Bibbs, 33*, Urbandale, IA	2:05:48	2:08:43	10:07
1618	222	W20	Brook Lenze, 24*, Dexter, IA	2:05:49	2:06:33	10:07
1619	373	W25	Kara McClure, 29*, Dallas Center, IA	2:05:49	2:08:30	10:07
1620	374	W25	Liz Timmerman, 29*, Nodaway, IA	2:05:49	2:08:31	10:07
1621	321	W30	Jenn Sands, 34*, Clarinda, IA	2:05:49	2:08:31	10:07
1622	375	W25	Julie Johnson, 28*, Windsor Heights, IA	2:05:50	2:07:14	10:07
2482	395	M25	Greg Peiffer, 26, Ames, IA	2:05:50	2:07:18	10:07
1623	322	W30	Jenelle Meyer, 31*, Ames, IA	2:05:51	2:07:19	10:08
1624	376	W25	Jill Buckman, 27*, Ames, IA	2:05:51	2:09:11	10:08
2483	420	M30	Michael McTaggart, 33, Des Moines, IA	2:05:53	2:11:02	10:08
1625	277	W35	Amy Koestner, 39*, Grimes, IA	2:05:53	2:07:14	10:08
2484	363	M35	Shane Ver Steeg, 35, Johnston, IA	2:05:54	2:11:41	10:08
2485	421	M30	James Poe, 34, Fort Madison, IA	2:05:54	2:11:24	10:08
2486	261	M45	Russ Asman, 48, Earlham, IA	2:05:54	2:11:16	10:08
1626	377	W25	Rachel Rand, 28*, Des Moines, IA	2:05:54	2:07:46	10:08
1627	378	W25	Erica Ruffing, 26*, West Des Moines, IA	2:05:55	2:08:48	10:08
2487	422	M30	Aaron Russell, 33, Johnston, IA	2:05:55	2:09:18	10:08
1628	278	W35	Monica Van Wyk, 38*, Ankeny, IA	2:05:56	2:08:30	10:08
1629	379	W25	Monica Christensen, 28*, West Des Moines, IA	2:05:56	2:09:18	10:08
1630	323	W30	Jennifer Vande Noord, 34*, Pella, IA	2:05:56	2:13:02	10:08
2488	262	M45	Steve Schmidt, 48, Granger, IA	2:05:56	2:10:05	10:08
1631	109	W45	Mary Pink, 45*, West Des Moines, IA	2:05:56	2:06:56	10:08
1632	380	W25	Sarah Hayek, 26*, West Des Moines, IA	2:05:57	2:11:16	10:08
1633	182	W40	Lora Ault, 43*, Altoona, IA	2:05:57	2:12:59	10:08
1634	183	W40	Gabriela Rossi, 41*, Ankeny, IA	2:05:58	2:08:32	10:08
2489	351	M40	Andrew Bartek, 40, Johnston, IA	2:05:58	2:07:31	10:08
1635	223	W20	Adrienne Latoure, 20*, W Des Moines, IA	2:05:58	2:09:34	10:08
1636	224	W20	Alyse Herr, 20*, Iowa, IA	2:05:58	2:10:06	10:08
1637	184	W40	Kathy Skopec, 43*, Coralville, IA	2:05:58	2:09:52	10:08
2490	352	M40	Gary Magneson, 40, Urbandale, IA	2:05:58	2:13:24	10:08
1638	279	W35	Jennifer Drees, 35*, Sloan, IA	2:05:58	2:11:20	10:08
1639	225	W20	Tara Jass, 21*, Ankeny, IA	2:05:58	2:10:25	10:08
2491	423	M30	Scot Hansen, 31, Des Moines, IA	2:05:59	2:07:48	10:08
2492	364	M35	Ted Petersen, 38, Adel, IA	2:05:59	2:10:54	10:08
1640	381	W25	Annie Buchmiller, 28*, Urbandale, IA	2:05:59	2:11:52	10:08
2493	217	M20	Paul Friest, 23, Ankeny, IA	2:05:59	2:10:26	10:08
1641	60	W50	Julie Younger, 50*, Ankeny, IA	2:05:59	2:06:27	10:08
2494	175	M50	Greg Younger, 51, Ankeny, IA	2:06:00	2:06:28	10:08
1642	110	W45	Tonya Powell, 48*, Urbandale, IA	2:06:01	2:10:20	10:08
2495	365	M35	Steven Berdovich, 36, Des Moines, IA	2:06:02	2:12:08	10:08
1643	324	W30	Chantelle Sieren, 30*, Marion, IA	2:06:02	2:08:08	10:08
1644	382	W25	Michelle Isaac, 28*, Ankeny, IA	2:06:03	2:06:42	10:08
1645	383	W25	Macy Wernimont, 28*, Ankeny, IA	2:06:03	2:06:41	10:08
1646	185	W40	Emmi Christian, 40*, Ames, IA	2:06:03	2:09:31	10:09
1647	280	W35	Cindy Slingluff, 38*, Garwin, IA	2:06:03	2:09:14	10:09
1648	384	W25	Meagan Clark, 25*, Urbandale, IA	2:06:04	2:10:06	10:09
2496	366	M35	Mike Lewis, 38, Cedar Falls, IA	2:06:04	2:08:21	10:09
2497	66	JrM	Tyler Fugate, 11, Des Moines, IA	2:06:05	2:12:50	10:09
1649	325	W30	Shannon Glidden, 31*, Cedar Rapids, IA	2:06:05	2:07:32	10:09
2498	367	M35	Jon Borg, 35, Ames, IA	2:06:06	2:10:15	10:09
2499	424	M30	Robert Schneider, 30, Urbandale, IA	2:06:06	2:12:09	10:09
1650	385	W25	Sarah Ledvina, 27*, Ames, IA	2:06:07	2:09:57	10:09
1651	61	W50	Tami Kasper, 51*, Bettendorf, IA	2:06:07	2:12:06	10:09
1652	326	W30	Danie Andersen-Jeppesen, 34*, Boone, IA	2:06:08	2:11:08	10:09
1653	186	W40	Liz Miller, 41*, Waukee, IA	2:06:08	2:12:44	10:09
2500	353	M40	Mike Eilers, 40, Indianola, IA	2:06:08	2:08:57	10:09
1654	327	W30	Sandy Thompson, 33*, Beaumont, TX	2:06:08	2:12:10	10:09
1655	281	W35	Sandy Eaves, 39*, Beaumont, TX	2:06:08	2:12:10	10:09
2501	354	M40	Joel Jacobs, 44, Robins, IA	2:06:08	2:09:52	10:09
2502	355	M40	Jeff Staton, 43, Story City, IA	2:06:09	2:09:53	10:09
2503	47	M60	Al Kacere, 61, Marion, IA	2:06:09	2:08:04	10:09
2504	263	M45	George Wigen, 45, Spencer, IA	2:06:11	2:13:01	10:09
1656	282	W35	Erin Nanke, 36*, Johnston, IA	2:06:11	2:08:28	10:09
1657	328	W30	Theresa Newton, 34*, Des Moines, IA	2:06:12	2:10:25	10:09

2505	95	M55	David Gaulke, 57, Indianola, IA	2:06:14	2:10:17	10:09
2506	176	M50	Josh Engman, 53, Clive, IA	2:06:15	2:11:55	10:10
1658	283	W35	Brooke Lovelace, 38*, Newton, IA	2:06:16	2:12:51	10:10
1659	386	W25	Amy Booth, 29*, Altoona, IA	2:06:16	2:08:29	10:10
1660	387	W25	Jenny Dusanek, 27*, Windsor Heights, IA	2:06:16	2:08:29	10:10
1661	329	W30	Heather Bitting, 32*, Altoona, IA	2:06:16	2:12:33	10:10
2507	218	M20	Christopher Glover, 20, Ames, IA	2:06:17	2:12:54	10:10
2508	368	M35	Rick Coltvet, 39, Elkhorn, NE	2:06:17	2:07:13	10:10
1662	330	W30	Kirstin Peterson, 34*, Ames, IA	2:06:17	2:10:27	10:10
2509	264	M45	Alaor Andrade, 46, Ankeny, IA	2:06:17	2:12:46	10:10
1663	111	W45	Sarah Christensen, 48*, Audubon, IA	2:06:17	2:10:22	10:10
1664	388	W25	Devon Minard, 29*, Des Moines, IA	2:06:18	2:09:07	10:10
2510	67	JrM	Alex Jacobs, 16, West Des Moines, IA	2:06:18	2:11:47	10:10
1665	284	W35	Jennifer Jacobs, 37*, West Des Moines, IA	2:06:18	2:11:47	10:10
2511	396	M25	Aaron Williamson, 26, Cedar Rapids, IA	2:06:18	2:09:32	10:10
2512	425	M30	Chad Holt, 32, Clive, IA	2:06:21	2:12:51	10:10
2513	356	M40	Lane Goos, 40, Johnston, IA	2:06:21	2:12:23	10:10
2514	426	M30	Jared Maxwell, 31, Urbandale, IA	2:06:22	2:09:05	10:10
1666	331	W30	Alison Stockdale, 31*, Waverly, IA	2:06:23	2:11:29	10:10
2515	397	M25	Jeff Coquyt, 27, Ankeny, IA	2:06:24	2:13:42	10:10
1667	226	W20	Rebekah Huff, 23*, Des Moines, IA	2:06:24	2:07:57	10:10
2516	369	M35	Shawn Svoboda, 39, Ankeny, IA	2:06:25	2:14:11	10:10
1668	227	W20	Melissa Spain, 20*, Davenport, IA	2:06:26	2:07:19	10:10
1669	285	W35	Jennie Svoboda, 39*, Ankeny, IA	2:06:26	2:14:11	10:10
1670	332	W30	Elizabeth Wolfe, 30*, Altoona, IA	2:06:26	2:13:58	10:10
1671	187	W40	Lindsay Jahde, 41*, Anita, IA	2:06:26	2:07:27	10:10
2517	219	M20	Tyler Bartels, 23, Urbandale, IA	2:06:28	2:10:30	10:11
2518	220	M20	Grant Stokka, 22, Des Moines, IA	2:06:29	2:10:30	10:11
2519	96	M55	Ken Birkenholtz, 58, Indianola, IA	2:06:30	2:11:42	10:11
1672	228	W20	Asheley Kephart, 20*, Pella, IA	2:06:31	2:09:32	10:11
1673	112	W45	Josena Wadle, 48*, Newton, IA	2:06:31	2:09:51	10:11
1674	229	W20	Heidi Rathje, 24*, Cedar Rapids, IA	2:06:31	2:11:55	10:11
1675	286	W35	Cristina Sposato, 35*, Des Moines, IA	2:06:32	2:07:18	10:11
1676	389	W25	Holly Dorenkamp, 27*, Johnston, IA	2:06:32	2:12:06	10:11
2520	427	M30	Reid Hester, 34, Earlham, IA	2:06:34	2:13:19	10:11
1677	230	W20	Olga Nikolayenko, 20*, West Des Moines, IA	2:06:35	2:10:57	10:11
1678	390	W25	Nicole Whisler, 27*, Cedar Rapids, IA	2:06:35	2:12:08	10:11
1679	391	W25	Amber Wonder, 27*, Des Moines, IA	2:06:36	2:10:19	10:11
2521	370	M35	Kyle Rusk, 39, Altoona, IA	2:06:37	2:10:38	10:11
1680	287	W35	Dawn Dilla, 36*, W. Des Moines, IA	2:06:38	2:09:06	10:11
2522	48	M60	Philip Caropreso, 62, Keokuk, IA	2:06:39	2:10:24	10:11
1681	188	W40	Crystal Bruntz, 43*, Baxter, IA	2:06:39	2:12:45	10:11
1682	333	W30	Katie Lacey, 33*, Ankeny, IA	2:06:39	2:10:18	10:11
2523	357	M40	Jordan Bruntz, 43, Baxter, IA	2:06:40	2:12:45	10:11
2524	428	M30	Peter Frett, 31, Des Moines, IA	2:06:41	2:10:45	10:12
1683	392	W25	Ashley Maher-Widen, 27*, Windsor Heights, IA	2:06:41	2:10:42	10:12
1684	231	W20	Whitney Judkins, 24*, Clive, IA	2:06:42	2:13:33	10:12
1685	232	W20	Shelly Leonard, 24*, West Des Moines, IA	2:06:43	2:10:49	10:12
1686	334	W30	Traci Ludwig, 33*, Cedar Falls, IA	2:06:43	2:12:48	10:12
2525	265	M45	Jay Erickson, 48, Clive, IA	2:06:44	2:11:21	10:12
1687	288	W35	Erin Frederick, 35*, Ankeny, IA	2:06:45	2:07:31	10:12
2526	358	M40	Mitchell McCoy, 40, West Des Moines, IA	2:06:46	2:08:27	10:12
1688	393	W25	Eileen Kurth, 26*, Windsor Heights, IA	2:06:46	2:11:24	10:12
1689	189	W40	Barb Roth, 43*, Yutan, NE	2:06:47	2:08:52	10:12
1690	113	W45	Elizabeth Baustian, 46*, West Des Moines, IA	2:06:47	2:12:01	10:12
1691	289	W35	Kari Smith, 35*, Ankeny, IA	2:06:47	2:08:42	10:12
1692	394	W25	Amanda Van Horn, 28*, Council Bluffs, IA	2:06:47	2:11:25	10:12
1693	114	W45	Bene' Zehr, 45*, Ankeny, IA	2:06:48	2:10:29	10:12
2527	429	M30	Jeff Greiner, 31, Bloomfield, IA	2:06:51	2:13:18	10:12
2528	97	M55	Dennis Howard, 55, Des Moines, IA	2:06:52	2:10:04	10:12
1694	335	W30	Amy Mitchell, 31*, Ankeny, IA	2:06:52	2:12:31	10:12
1695	115	W45	Lori Bosley, 46*, Slater, IA	2:06:53	2:12:04	10:13
1696	336	W30	Kelly Brown, 30*, Des Moines, IA	2:06:55	2:11:46	10:13

1697	395	W25	Jenny Blythe, 27*, Johnston, IA	2:06:55	2:12:46	10:13
1698	8	W55	Virginia Nemmers, 59*, Des Moines, IA	2:06:56	2:10:11	10:13
1699	290	W35	Marcy Benson, 39*, Cave Creek, AZ	2:06:56	2:12:25	10:13
2529	430	M30	Brian Mertes, 33, Johnston, IA	2:06:57	2:12:47	10:13
1700	233	W20	Elliott Hofts, 21*, Ottumwa, IA	2:06:58	2:12:33	10:13
2530	266	M45	Mike Scoblic, 45, Waukee, IA	2:06:58	2:09:00	10:13
1701	190	W40	Jackie Chow, 41*, Johnston, IA	2:06:58	2:12:11	10:13
1702	337	W30	Londa Schnell, 33*, Sully, IA	2:06:58	2:14:23	10:13
1703	338	W30	Daphne Monson, 31*, Des Moines, IA	2:06:58	2:11:51	10:13
2531	359	M40	Chris Schild, 40, Coralville, IA	2:06:58	2:12:34	10:13
1704	339	W30	Holly Collins, 30*, Norwalk, IA	2:06:59	2:10:55	10:13
1705	291	W35	Kendra Rockhold, 36*, Allerton, IA	2:06:59	2:14:23	10:13
1706	396	W25	Brandy Hunold, 27*, Des Moines, IA	2:06:59	2:07:44	10:13
1707	191	W40	Tracy Nuese, 44*, Marshalltown, IA	2:07:00	2:08:47	10:13
2532	431	M30	Matt Reiter, 31, West Des Moines, IA	2:07:00	2:12:35	10:13
1708	192	W40	Maribeth Wright, 43*, Norwalk, IA	2:07:00	2:12:42	10:13
1709	340	W30	Megan Flynn, 31*, Des Moines, IA	2:07:01	2:10:08	10:13
1710	9	W55	Mary Gross, 56*, Des Moines, IA	2:07:02	2:09:41	10:13
2533	371	M35	David Foss, 36, Pleasant Hill, IA	2:07:03	2:11:18	10:13
2534	432	M30	James Woerdeman, 31, Ankeny, IA	2:07:03	2:11:27	10:13
2535	433	M30	Matt Rasmusson, 30, Urbandale, IA	2:07:03	2:09:00	10:13
1711	341	W30	Tennille Harms, 32*, Waukee, IA	2:07:04	2:13:50	10:13
1712	116	W45	Kim Chamberlain, 45*, Lone Tree, IA	2:07:05	2:10:56	10:14
2536	398	M25	Eric Dyjak, 28, Ankeny, IA	2:07:05	2:10:08	10:14
1713	342	W30	Rachel Andrews, 33*, West Des Moines, IA	2:07:05	2:12:31	10:14
2537	399	M25	Joseph Pederson, 28, West Des Moines, IA	2:07:06	2:10:08	10:14
2538	360	M40	Paul Stout, 43, Clive, IA	2:07:08	2:09:17	10:14
1714	343	W30	Libby Ehmke, 32*, Des Moines, IA	2:07:09	2:10:52	10:14
2539	177	M50	Thomas Jaros, 50, Des Moines, IA	2:07:09	2:09:14	10:14
1715	397	W25	Beth Herman, 29*, Norwalk, IA	2:07:10	2:13:51	10:14
2540	178	M50	John Adam, 52, Ames, IA	2:07:11	2:08:46	10:14
1716	344	W30	Nicole Arnold, 33*, Ames, IA	2:07:12	2:12:20	10:14
1717	345	W30	Jennifer Harper, 34*, West Des Moines, IA	2:07:13	2:09:22	10:14
1718	292	W35	Jennifer Van Nest, 38*, Ottumwa, IA	2:07:13	2:08:55	10:14
2541	372	M35	Darren Herrold, 37, Cambridge, IA	2:07:14	2:08:12	10:14
2542	373	M35	Ron Childerston, 37, Pella, IA	2:07:14	2:09:30	10:14
2543	400	M25	Joshua Miller, 28, Windsor Heights, IA	2:07:15	2:09:01	10:14
1719	398	W25	Kellie Hoover, 26*, Des Moines, IA	2:07:15	2:10:25	10:14
1720	117	W45	Sue Thompson, 46*, Evansdale, IA	2:07:16	2:10:33	10:14
1721	62	W50	Mona Bleeker, 54*, Steamboat Rock, IA	2:07:16	2:13:00	10:14
1722	399	W25	Megan Sankot, 27*, Cedar Rapids, IA	2:07:18	2:12:02	10:15
1723	193	W40	Paulette Gleason, 44*, Manson, IA	2:07:18	2:09:33	10:15
2544	401	M25	David Geier, 25, Des Moines, IA	2:07:18	2:13:10	10:15
1724	400	W25	Julie Lynch, 28*, Phoenix, AZ	2:07:18	2:09:27	10:15
1725	234	W20	Katie Schwartz, 22*, Coralville, IA	2:07:20	2:10:46	10:15
2545	179	M50	Kevin Huerkamp, 50, Clive, IA	2:07:21	2:12:54	10:15
1726	401	W25	Mandi White, 25*, Des Moines, IA	2:07:21	2:14:13	10:15
1727	63	W50	Kathleen Sterbick, 53*, Des Moines, IA	2:07:22	2:09:48	10:15
2546	68	JrM	Mark Cooley, 16, Orient, IA	2:07:22	2:10:40	10:15
1728	346	W30	Jana Peterson, 30*, Johnston, IA	2:07:23	2:14:31	10:15
2547	434	M30	Paxton Williams, 31, Joplin, MO	2:07:23	2:12:26	10:15
2548	374	M35	Ted Bolles, 39, Waukee, IA	2:07:23	2:14:13	10:15
1729	235	W20	Chelsea Wirtz, 22*, Waukee, IA	2:07:23	2:12:13	10:15
1730	236	W20	Laurie Kluver, 24*, Sac City, IA	2:07:24	2:11:39	10:15
2549	98	M55	Kim Smith, 58, Ames, IA	2:07:24	2:10:11	10:15
2550	402	M25	Charles Berrier, 28, West Des Moines, IA	2:07:24	2:10:08	10:15
1731	194	W40	Dxie Palm, 40*, Altoona, IA	2:07:24	2:10:07	10:15
2551	375	M35	Jeff Bratz, 37, West Des Moines, IA	2:07:25	2:08:34	10:15
2552	435	M30	Brock Anderson, 31, Waukee, IA	2:07:26	2:11:44	10:15
2553	376	M35	Mike Miller, 38, Grimes, IA	2:07:26	2:13:21	10:15
2554	436	M30	Zachary Goines, 32, Ames, IA	2:07:26	2:15:40	10:15
2555	403	M25	Ben Henkels, 25, West Des Moines, IA	2:07:26	2:10:14	10:15
1732	402	W25	Rachel Nelson, 29*, West Des Moines, IA	2:07:27	2:10:38	10:15
2556	221	M20	Alan Paton, 20, Des Moines, IA	2:07:28	2:08:43	10:15
2557	361	M40	Rich Reed, 42, Colfax, IA	2:07:29	2:12:25	10:15

1733	293	W35	Val Giegerich, 37*, Anita, IA	2:07:30	2:08:32	10:16
1734	294	W35	Stefani Goosic, 36*, Greensboro, NC	2:07:31	2:08:47	10:16
2558	404	M25	Nathan Johnston, 28, West Des Moines, IA	2:07:31	2:13:41	10:16
2559	405	M25	Andrew Cross, 26, Fort Myers, FL	2:07:33	2:11:14	10:16
1735	403	W25	Jill Cross, 27*, Fort Myers, FL	2:07:33	2:11:14	10:16
1736	54	W17	Emily Lane, 19*, Cedar Falls, IA	2:07:33	2:09:55	10:16
2560	406	M25	Steven White, 27, Aurelia, IA	2:07:34	2:10:44	10:16
1737	295	W35	Amy Wepler, 37*, Pella, IA	2:07:34	2:10:32	10:16
1738	347	W30	Suszi Munson, 34*, Omaha, NE	2:07:34	2:13:12	10:16
2561	437	M30	Rich Fetcho, 31, Bloomfield, IA	2:07:35	2:14:08	10:16
2562	362	M40	Sanjaya Amaratunga, 44, Clive, IA	2:07:35	2:15:22	10:16
1739	348	W30	Jill Bock, 33*, Glidden, IA	2:07:36	2:11:49	10:16
2563	438	M30	Mike Polich, 32, Urbandale, IA	2:07:36	2:12:21	10:16
2564	439	M30	Brock Smith, 30, Urbandale, IA	2:07:36	2:10:18	10:16
1740	349	W30	Karey Brower, 33*, Carlisle, IA	2:07:37	2:13:07	10:16
1741	237	W20	Kiley Lisk, 20*, Grinnell, IA	2:07:37	2:15:04	10:16
1742	404	W25	Leslie Benner, 27*, Montrose, IA	2:07:37	2:15:47	10:16
2565	99	M55	Mark Ohnemus, 56, Carlisle, IA	2:07:38	2:13:07	10:16
1743	238	W20	Sally Locke-Ward, 23*, Ottumwa, IA	2:07:38	2:14:49	10:16
1744	350	W30	Lisa Van Roekel, 34*, Johnston, IA	2:07:38	2:13:12	10:16
2566	363	M40	Almir Besic, 43, Grimes, IA	2:07:40	2:10:36	10:16
2567	222	M20	Patrick Conway, 24, West Des Moines, IA	2:07:40	2:10:23	10:16
2568	69	JrM	Mirza Besic, 14, Grimes, IA	2:07:40	2:10:37	10:16
1745	239	W20	Haley Janssen, 22*, Des Moines, IA	2:07:41	2:11:17	10:16
1746	195	W40	Sonya Nelson, 41*, Urbandale, IA	2:07:42	2:14:09	10:16
1747	196	W40	Margie Ward, 44*, Burlington, IA	2:07:42	2:14:04	10:16
1748	296	W35	Kori Heuss, 35*, Ames, IA	2:07:44	2:11:54	10:17
1749	405	W25	Cara Bockes, 28*, Fort Dodge, IA	2:07:44	2:12:44	10:17
1750	55	W17	Sarah Dieken, 18*, Dike, IA	2:07:45	2:09:53	10:17
1751	297	W35	Kim Eldridge, 37*, West Des Moines, IA	2:07:45	2:12:05	10:17
2569	364	M40	Kevin Fynaardt, 40, West Des Moines, IA	2:07:45	2:11:01	10:17
2570	223	M20	Dan Allred, 22, Urbandale, IA	2:07:45	2:11:53	10:17
2571	267	M45	Rodney Clausen, 46, Des Moines, IA	2:07:46	2:14:21	10:17
1752	406	W25	Janel McFarland, 29*, Ankeny, IA	2:07:47	2:11:32	10:17
2572	268	M45	Mike Fugate, 47, Des Moines, IA	2:07:47	2:14:32	10:17
1753	351	W30	Robyn Johnson, 30*, Ankeny, IA	2:07:47	2:14:10	10:17
1754	118	W45	Helen Cropp, 48*, Urbandale, IA	2:07:48	2:11:59	10:17
1755	240	W20	Jaime Miller, 22*, Marshalltown, IA	2:07:48	2:09:29	10:17
1756	10	W55	Deb Harvey, 55*, Knoxville, IA	2:07:48	2:12:56	10:17
1757	298	W35	Krista Long, 39*, Des Moines, IA	2:07:50	2:09:47	10:17
2573	100	M55	David Eastburn, 55, Fairfield, IA	2:07:51	2:11:36	10:17
2574	440	M30	Lee Harper, 32, Des Moines, IA	2:07:51	2:10:02	10:17
2575	49	M60	Robert Schneider, 60, Urbandale, IA	2:07:52	2:13:55	10:17
1758	407	W25	Stephanie Chrissotimos, 27*, Kirksville, MO	2:07:53	2:10:20	10:17
1759	408	W25	Megan Goaley, 27*, Des Moines, IA	2:07:53	2:09:41	10:17
1760	409	W25	Mary Tesdall, 29*, Urbandale, IA	2:07:53	2:14:50	10:17
1761	197	W40	Kimberly Richter, 44*, Cedar Rapids, IA	2:07:53	2:12:30	10:17
2576	441	M30	Steve Pope, 32, Des Moines, IA	2:07:54	2:09:18	10:17
1762	352	W30	Jessica Nielsen, 30*, Ames, IA	2:07:54	2:13:29	10:17
2577	407	M25	Jackie Surber, 27, Des Moines, IA	2:07:54	2:10:21	10:17
2578	442	M30	Jeremy Seufert, 33, Atlantic, IA	2:07:55	2:15:48	10:18
1763	410	W25	Nikki Hollopeter, 26*, Cedar Rapids, IA	2:07:55	2:12:21	10:18
1764	56	W17	Lauren Kirby, 17*, Cedar Rapids, IA	2:07:56	2:13:25	10:18
1765	299	W35	Karin Eshelman, 39*, Windsor Heights, IA	2:07:56	2:13:12	10:18
1766	353	W30	Elizabeth Blom, 34*, Maple Grove, MN	2:07:56	2:13:41	10:18
2579	224	M20	Joe Kolpin, 22, Ira, IA	2:07:56	2:11:39	10:18
1767	64	W50	Michele Soria, 51*, Clive, IA	2:07:57	2:12:42	10:18
1768	65	W50	Colleen Dooley, 52*, Urbandale, IA	2:07:57	2:12:42	10:18
1769	198	W40	Joan Gray, 40*, Clive, IA	2:07:57	2:13:42	10:18
2580	377	M35	Todd Galetich, 36, Johnston, IA	2:07:57	2:11:55	10:18
1770	300	W35	Joanna Weyer, 38*, Swisher, IA	2:07:59	2:14:36	10:18
2581	443	M30	Brent Mongar, 31, West Des Moines, IA	2:08:00	2:15:23	10:18
2582	408	M25	Jon Taber, 26, Des Moines, IA	2:08:00	2:14:29	10:18
2583	409	M25	Sudhanwa Kholgade, 26, Marion, IA	2:08:00	2:10:47	10:18

1771	301	W35	Anne Johnson, 39*, North Liberty, IA	2:08:00	2:10:36	10:18
1772	354	W30	Rhonda Glaspie, 32*, Ames, IA	2:08:01	2:11:07	10:18
2584	378	M35	Matt Reynolds, 36, Ankeny, IA	2:08:01	2:14:33	10:18
1773	241	W20	Chelsey Handley, 24*, Ankeny, IA	2:08:03	2:13:33	10:18
1774	119	W45	Jackie Peters, 48*, Cedar Rapids, IA	2:08:04	2:15:48	10:18
2585	444	M30	Kirk Harrison, 33, Des Moines, IA	2:08:05	2:11:32	10:18
1775	411	W25	Jessica Dicks, 26*, Urbandale, IA	2:08:06	2:15:04	10:18
1776	355	W30	Jill Miller, 31*, Urbandale, IA	2:08:07	2:13:41	10:18
2586	180	M50	Terry Lint, 54, Clive, IA	2:08:08	2:11:37	10:19
1777	57	W17	Alexa Dostart, 19*, Bettendorf, IA	2:08:08	2:11:08	10:19
1778	412	W25	Natalie Wieskamp, 25*, West Des Moines, IA	2:08:10	2:11:42	10:19
1779	242	W20	Megan Brunk, 24*, Carbondale, IL	2:08:10	2:12:23	10:19
1780	413	W25	Angela Gilligan, 27*, Ankeny, IA	2:08:10	2:11:04	10:19
1781	243	W20	Kelley Huber, 24*, Dubuque, IA	2:08:11	2:12:25	10:19
2587	445	M30	Nathan Yates, 33, Saint Paul, MN	2:08:13	2:15:01	10:19
1782	356	W30	Jenica Moffitt, 30*, Ankeny, IA	2:08:14	2:14:19	10:19
2588	365	M40	Bryan Grube, 41, West Des Moines, IA	2:08:14	2:10:46	10:19
2589	446	M30	Jason Walter, 34, Saint Louis, MO	2:08:14	2:15:02	10:19
1783	120	W45	Patricia Hilt, 47*, Orange City, IA	2:08:14	2:13:06	10:19
1784	244	W20	Amy Konz, 21*, Johnston, IA	2:08:15	2:08:15	10:19
1785	302	W35	Valerie Stuva, 38*, Urbandale, IA	2:08:17	2:14:23	10:19
1786	357	W30	Amy Roling, 33*, Waverly, IA	2:08:17	2:13:30	10:19
1787	358	W30	Ronda Humpal, 34*, Dubuque, IA	2:08:17	2:12:14	10:19
1788	359	W30	Diane Arends, 30*, Waterloo, IA	2:08:18	2:12:27	10:19
2590	181	M50	Don Peddy, 50, Ankeny, IA	2:08:19	2:14:58	10:19
2591	366	M40	Diane Kruse, 44, Johnston, IA	2:08:19	2:13:47	10:19
1789	360	W30	Elaine Menke, 31*, Norwalk, IA	2:08:19	2:14:26	10:19
1790	66	W50	Liz Deatsch, 54*, Mystic, IA	2:08:19	2:12:38	10:19
1791	303	W35	Suzy Loch, 35*, Ankeny, IA	2:08:20	2:15:29	10:20
1792	361	W30	Sharon McMartin, 33*, Ankeny, IA	2:08:20	2:15:29	10:20
1793	362	W30	Molly Titchenal, 34*, Owatonna, MN	2:08:20	2:13:18	10:20
2592	447	M30	Bren O'Connor, 31, North Liberty, IA	2:08:21	2:11:59	10:20
1794	199	W40	Kristi Hamaker, 43*, Urbandale, IA	2:08:21	2:08:21	10:20
1795	67	W50	Diane Larson, 50*, Atlantic, IA	2:08:21	2:13:01	10:20
1796	414	W25	Abby Barkeim, 26*, Denver, CO	2:08:22	2:15:15	10:20
1797	415	W25	Anne Cooke, 26*, Omaha, NE	2:08:23	2:11:47	10:20
1798	68	W50	Joyce Burch, 53*, Pella, IA	2:08:24	2:11:12	10:20
1799	245	W20	Mary Swanson, 22*, Windsor Heights, IA	2:08:24	2:12:46	10:20
1800	304	W35	Kris Thomas, 38*, Runnells, IA	2:08:24	2:11:28	10:20
1801	246	W20	Heather Sedrel, 24*, Waukee, IA	2:08:25	2:12:46	10:20
1802	363	W30	Lacey Galetich, 31*, Madrid, IA	2:08:25	2:14:58	10:20
1803	364	W30	Jessica Danilson, 30*, Cedar Rapids, IA	2:08:26	2:13:25	10:20
1804	365	W30	Andrea Quam, 33*, Urbandale, IA	2:08:26	2:14:32	10:20
2593	448	M30	Kelly Danilson, 32, Cedar Rapids, IA	2:08:26	2:13:25	10:20
1805	366	W30	Jeni Sundermeyer, 34*, Pleasant Hill, IA	2:08:26	2:15:27	10:20
1806	69	W50	Linda Koele, 50*, Des Moines, IA	2:08:26	2:12:17	10:20
1807	367	W30	Robin Wastenev, 34*, Des Moines, IA	2:08:27	2:14:32	10:20
1808	200	W40	Sharon Koele, 44*, Des Moines, IA	2:08:27	2:12:17	10:20
1809	368	W30	Stephanie Wright, 30*, Des Moines, IA	2:08:27	2:15:28	10:20
2594	410	M25	Tim Maher, 28, Des Moines, IA	2:08:27	2:15:28	10:20
1810	247	W20	Lindsey Schlegel, 20*, Ankeny, IA	2:08:28	2:13:10	10:20
2595	269	M45	Wayne Johnson, 46, Johnston, IA	2:08:29	2:13:45	10:20
1811	11	W55	Michelle Witte, 55*, Lake View, IA	2:08:29	2:12:21	10:20
1812	416	W25	Amanda Muhlbauer, 26*, Nevada, IA	2:08:30	2:11:07	10:20
2596	449	M30	Venkateshwara Narayanan, 33, West Des Moines, IA	2:08:30	2:14:46	10:20
1813	201	W40	Deval Shah, 42*, Clive, IA	2:08:30	2:09:52	10:20
1814	18	JrW	Lydia Molnar, 16*, Ankeny, IA	2:08:30	2:08:56	10:20
1815	305	W35	Sheila Rees, 36*, Ankeny, IA	2:08:31	2:11:06	10:20
2597	182	M50	Tom Lang, 51, Ankeny, IA	2:08:33	2:10:35	10:21
2598	225	M20	Curtis Maeder, 21, Ames, IA	2:08:33	2:09:30	10:21
2599	226	M20	Matthew Fox, 24, Iowa City, IA	2:08:35	2:10:49	10:21
1816	417	W25	Rebecca Walters, 28*, Omaha, NE	2:08:35	2:13:59	10:21
1817	418	W25	Nicole Tuve, 27*, Parkersburg, IA	2:08:36	2:12:34	10:21
2600	379	M35	Tony Meade, 38, Urbandale, IA	2:08:36	2:11:32	10:21

1818	306	W35	Anne Schlabaugh, 39*, Wellman, IA	2:08:36	2:11:57	10:21
1819	121	W45	Sherri Berg, 46*, Woolstock, IA	2:08:37	2:15:01	10:21
1820	70	W50	Jean Toillion, 52*, Eagle Grove, IA	2:08:37	2:15:01	10:21
1821	248	W20	Andrea Jansa, 24*, West Des Moines, IA	2:08:37	2:16:09	10:21
2601	411	M25	David Nelson, 27, Parkersburg, IA	2:08:37	2:12:34	10:21
2602	450	M30	Doug Gach, 33, Waukee, IA	2:08:37	2:13:40	10:21
1822	249	W20	Lacy Brunnette, 23*, Des Moines, IA	2:08:37	2:16:09	10:21
1823	419	W25	Kristine Chung, 28*, Des Moines, IA	2:08:38	2:09:10	10:21
1824	19	JrW	Lauren Engley, 15*, Ackworth, IA	2:08:38	2:09:07	10:21
2603	367	M40	Ryan Aarhus, 40, Des Moines, IA	2:08:39	2:09:37	10:21
1825	250	W20	Jennie McKee, 22*, Des Moines, IA	2:08:39	2:10:12	10:21
2604	183	M50	Karl Ehlers, 50, Urbandale, IA	2:08:39	2:10:02	10:21
1826	420	W25	Mikki Englund, 29*, Marshalltown, IA	2:08:42	2:09:09	10:21
1827	421	W25	Amber Harberts, 26*, Worthington, MN	2:08:42	2:15:37	10:21
1828	369	W30	Beth Goldberg, 31*, Cedar Rapids, IA	2:08:43	2:12:32	10:21
1829	370	W30	Emily Coghlan, 31*, West Des Moines, IA	2:08:43	2:12:32	10:21
2605	227	M20	Jordon McLaughlin, 23, Belmond, IA	2:08:43	2:13:51	10:21
2606	451	M30	Michael Chen, 31, West Des Moines, IA	2:08:44	2:10:43	10:21
2607	368	M40	Matt Crile, 40, Ankeny, IA	2:08:44	2:10:28	10:21
1830	422	W25	Marcey Propp, 27*, Melbourne, IA	2:08:44	2:11:21	10:21
2608	452	M30	Craig Geppert, 32, Grimes, IA	2:08:44	2:10:43	10:21
2609	50	M60	Tom Leffler, 63, Des Moines, IA	2:08:49	2:09:25	10:22
1831	4	W60	Catherine Smith, 60*, West Des Moines, IA	2:08:49	2:13:36	10:22
2610	228	M20	Andrew Rasmussen, 20, Ankeny, IA	2:08:50	2:10:33	10:22
1832	371	W30	Erin Jordan, 33*, Iowa City, IA	2:08:50	2:16:09	10:22
1833	423	W25	Molly Huber, 25*, Ames, IA	2:08:50	2:15:31	10:22
2611	380	M35	Brad Ellwanger, 39, Newton, IA	2:08:51	2:12:05	10:22
1834	424	W25	Kelly Wilkins, 25*, West Des Moines, IA	2:08:51	2:15:58	10:22
2612	412	M25	Nick Wilkins, 26, West Des Moines, IA	2:08:51	2:15:58	10:22
1835	372	W30	Tonda Osberg, 30*, Urbandale, IA	2:08:52	2:14:09	10:22
1836	373	W30	Jami Wheeler, 33*, Pleasant Hill, IA	2:08:52	2:14:29	10:22
1837	251	W20	Tabitha Biermann, 24*, Maryville, MO	2:08:52	2:14:02	10:22
2613	453	M30	Jason Badtram, 32, Johnston, IA	2:08:53	2:16:02	10:22
1838	425	W25	Tonya Newel, 26*, Grimes, IA	2:08:53	2:13:06	10:22
1839	202	W40	Kerry Riordan, 42*, Des Moines, IA	2:08:54	2:12:36	10:22
1840	203	W40	Annd Fleischman, 42*, Bettendorf, IA	2:08:56	2:15:29	10:22
2614	381	M35	Anthony Smith, 38, Cedar Rapids, IA	2:08:56	2:14:28	10:22
2615	101	M55	Larry Abbas, 59, Olive Branch, MS	2:08:57	2:15:51	10:22
2616	454	M30	Tony Crescenzo, 34, Los Angeles, CA	2:08:58	2:13:13	10:23
2617	455	M30	Erik Smith, 31, Des Moines, IA	2:08:58	2:13:14	10:23
1841	374	W30	Crystal Butler, 30*, West Des Moines, IA	2:08:59	2:12:37	10:23
1842	307	W35	Julie Davenport, 36*, Waukee, IA	2:09:00	2:09:45	10:23
2618	184	M50	Dan Doran, 52, Boone, IA	2:09:00	2:15:42	10:23
1843	426	W25	Stacey Palmer, 26*, Des Moines, IA	2:09:00	2:11:14	10:23
1844	375	W30	Kristin Busby, 34*, Grimes, IA	2:09:01	2:16:26	10:23
1845	71	W50	Christine Lee, 54*, Ogden, IA	2:09:02	2:15:58	10:23
1846	308	W35	Melissa Junkins, 38*, Clive, IA	2:09:03	2:15:05	10:23
2619	413	M25	Brian Borcharding, 29, Latimer, IA	2:09:03	2:10:32	10:23
1847	427	W25	Sarah Hefflefinger, 29*, Cedar Rapids, IA	2:09:04	2:14:35	10:23
1848	309	W35	Barb Conway, 36*, Homestead, IA	2:09:04	2:14:35	10:23
2620	382	M35	Michael Davenport, 37, Waukee, IA	2:09:05	2:09:50	10:23
2621	369	M40	Kevin Hushagen, 40, Johnston, IA	2:09:06	2:15:18	10:23
2622	383	M35	Aaron Baack, 36, Altoona, IA	2:09:06	2:15:18	10:23
1849	376	W30	Wendy Van Dyke, 33*, Ames, IA	2:09:07	2:14:58	10:23
1850	252	W20	Chelsie Larson, 24*, Atlantic, IA	2:09:08	2:13:48	10:23
2623	229	M20	Randy Bruck, 20, Ankeny, IA	2:09:09	2:10:52	10:23
1851	428	W25	Brandi Abel, 25*, Overland Park, KS	2:09:09	2:13:07	10:24
2624	384	M35	Troy Wessel, 35, Audubon, IA	2:09:10	2:16:11	10:24
1852	204	W40	Ann Petersen, 40*, Ankeny, IA	2:09:11	2:12:47	10:24
1853	377	W30	Wendy Barlow, 33*, Altoona, IA	2:09:12	2:14:53	10:24
1854	72	W50	Luann Lang, 51*, Ankeny, IA	2:09:12	2:11:14	10:24

1855	378	W30	Megan Abel, 32*, Marion, IA	2:09:12	2:17:42	10:24
1856	310	W35	Tammy Jones, 38*, Ankeny, IA	2:09:13	2:11:14	10:24
1857	429	W25	Tera Pickens, 28*, Walford, IA	2:09:13	2:16:14	10:24
1858	379	W30	Christi Seehase, 33*, Sumner, IA	2:09:14	2:14:55	10:24
2625	456	M30	Chris Villalobos, 32, Des Moines, IA	2:09:17	2:12:06	10:24
1859	205	W40	Lori Dahl, 40*, Urbandale, IA	2:09:18	2:15:57	10:24
1860	430	W25	Kelli Ruhn, 28*, Lincoln, NE	2:09:18	2:16:16	10:24
2626	185	M50	John Just, 53, Des Moines, IA	2:09:19	2:12:13	10:24
2627	93	M17	Jack Stickfort, 19, Windsor Heights, IA	2:09:21	2:14:15	10:24
1861	431	W25	Martha Pope, 28*, Ames, IA	2:09:21	2:12:46	10:24
2628	94	M17	Benjamin Schornack, 18, Urbandale, IA	2:09:21	2:14:15	10:24
2629	414	M25	Adam Foley, 29, Ames, IA	2:09:22	2:12:46	10:25
2630	457	M30	Robert Mourlam, 31, Cedar Rapids, IA	2:09:22	2:11:23	10:25
2631	385	M35	Coru Abbas, 36, Des Moines, IA	2:09:22	2:16:17	10:25
2632	415	M25	Shad Johnson, 28, Dubuque, IA	2:09:24	2:15:09	10:25
1862	311	W35	Julie Veasley, 37*, Des Moines, IA	2:09:24	2:15:35	10:25
1863	206	W40	Ellen Toomsen, 42*, Ackley, IA	2:09:24	2:11:30	10:25
2633	270	M45	Ed Tiernan, 46, Des Moines, IA	2:09:24	2:11:40	10:25
1864	253	W20	Stephanie Jacobs, 23*, Des Moines, IA	2:09:25	2:11:16	10:25
1865	312	W35	Shelly Power, 36*, Urbandale, IA	2:09:25	2:16:32	10:25
2634	416	M25	Nathan Lukkess, 28, Pierre, SD	2:09:25	2:16:25	10:25
2635	458	M30	Calvin Miller, 32, Colfax, IA	2:09:25	2:15:05	10:25
2636	459	M30	Ben Eisenbach, 34, Coralville, IA	2:09:25	2:16:47	10:25
1866	313	W35	Lisa Vanderlind, 36*, Marion, IA	2:09:26	2:14:56	10:25
1867	254	W20	Ashley Peters, 24*, Des Moines, IA	2:09:27	2:16:26	10:25
1868	73	W50	Cindy Campbell, 53*, Jesup, IA	2:09:27	2:11:51	10:25
1869	314	W35	Bridget Obermeier, 37*, Audubon, IA	2:09:27	2:16:29	10:25
1870	122	W45	Wendy Highsmith, 46*, Ankeny, IA	2:09:27	2:16:03	10:25
1871	12	W55	Nancy Shell, 55*, Muscatine, IA	2:09:29	2:13:38	10:25
2637	370	M40	Timothy Carey, 43, Cedar Rapids, IA	2:09:29	2:11:37	10:25
2638	417	M25	Richard Collins, 26, Des Moines, IA	2:09:30	2:15:10	10:25
1872	255	W20	Alexander Zwiefel, 21*, Ankeny, IA	2:09:30	2:15:45	10:25
1873	432	W25	Jessica Boarts, 28*, West Des Moines, IA	2:09:31	2:15:53	10:25
2639	102	M55	Isaac Oyibo, 58, Des Moines, IA	2:09:31	2:12:50	10:25
1874	380	W30	Buffi Honeck, 30*, Des Moines, IA	2:09:32	2:12:23	10:25
2640	186	M50	Ky Boyle, 50, Moline, IL	2:09:32	2:15:24	10:25
1875	433	W25	Nicole Quade, 29*, Norwalk, IA	2:09:32	2:14:10	10:25
1876	207	W40	Julie Lundy, 43*, Grimes, IA	2:09:33	2:14:11	10:25
1877	315	W35	Kim Hagedorn, 37*, Ankeny, IA	2:09:33	2:13:47	10:25
1878	208	W40	Barbara Niemeyer, 44*, West Des Moines, IA	2:09:33	2:12:59	10:25
1879	381	W30	Erin Osier, 30*, Johnston, IA	2:09:33	2:16:09	10:25
1880	209	W40	Annie Creighton, 42*, Johnston, IA	2:09:34	2:15:17	10:25
1881	74	W50	Rita Hoffman, 53*, Spencer, IA	2:09:34	2:14:37	10:25
2641	371	M40	Stuart Powell, 42, Des Moines, IA	2:09:34	2:17:20	10:26
1882	123	W45	Marla Haltom, 47*, Des Moines, IA	2:09:35	2:13:39	10:26
1883	434	W25	Sara Boland, 27*, Dubuque, IA	2:09:35	2:12:45	10:26
1884	435	W25	Lynn Poschner, 27*, Urbandale, IA	2:09:36	2:12:45	10:26
1885	436	W25	Jenn Sealine, 25*, West Des Moines, IA	2:09:37	2:16:14	10:26
1886	437	W25	Miranda White, 27*, Ankeny, IA	2:09:37	2:12:23	10:26
1887	124	W45	Diane White, 49*, Des Moines, IA	2:09:37	2:12:23	10:26
1888	438	W25	Jamie Klein, 26*, Coralville, IA	2:09:39	2:13:09	10:26
1889	382	W30	Melanie Buchanan, 33*, Tualatin, OR	2:09:40	2:12:35	10:26
1890	256	W20	Molly Dunks, 23*, West Des Moines, IA	2:09:42	2:12:07	10:26
1891	439	W25	Amy Schminke, 26*, Iowa City, IA	2:09:42	2:13:15	10:26
2642	418	M25	James Boyd, 29, Clive, IA	2:09:42	2:11:44	10:26
1892	13	W55	Debbie Earleywine, 56*, Des Moines, IA	2:09:43	2:15:59	10:26
1893	125	W45	Jeannie Brown, 46*, Denver, IA	2:09:43	2:12:04	10:26
1894	316	W35	Jen Wallace, 35*, Scranton, IA	2:09:43	2:14:50	10:26
1895	210	W40	Cheryl Read, 43*, Marion, IA	2:09:44	2:12:05	10:26
1896	317	W35	Sheila Thompson, 36*, West Des Moines, IA	2:09:44	2:11:18	10:26
1897	211	W40	Kristin Hunt, 41*, Ankeny, IA	2:09:44	2:10:19	10:26
1898	383	W30	Michelle Davis, 31*, West Des Moines, IA	2:09:45	2:11:18	10:26
1899	384	W30	Joanna Lochner, 34*, Davenport, IA	2:09:45	2:11:16	10:26
2643	419	M25	Tatum Moyer, 28, Ankeny, IA	2:09:45	2:11:10	10:26
1900	318	W35	Sara Neil, 39*, Norwalk, IA	2:09:45	2:15:53	10:26

1901	126	W45	Lynne Larose, 46*, Plymouth, MN	2:09:45	2:15:48	10:26
1902	127	W45	Julie Knipp, 45*, Altoona, IA	2:09:46	2:09:46	10:26
1903	440	W25	Erica Sullivan, 28*, Dunlap, IA	2:09:47	2:17:57	10:26
1904	212	W40	Barbara Thayer, 43*, Urbandale, IA	2:09:48	2:15:42	10:27
1905	385	W30	Elizabeth Stephanou, 32*, Chicago, IL	2:09:48	2:10:06	10:27
2644	460	M30	James Stephanou, 34, Chicago, IL	2:09:48	2:10:06	10:27
1906	386	W30	Michelle Lange, 33*, West Des Moines, IA	2:09:48	2:12:47	10:27
1907	75	W50	Rhonda Anderson, 50*, Clive, IA	2:09:50	2:14:52	10:27
2645	461	M30	Russell Drapeaux, 32, Ankeny, IA	2:09:50	2:17:28	10:27
1908	76	W50	Dorothy Dickens, 54*, Ankeny, IA	2:09:50	2:14:43	10:27
2646	51	M60	David Dickens, 61, Ankeny, IA	2:09:51	2:14:44	10:27
1909	257	W20	Betsy Nusbaum, 23*, State Center, IA	2:09:52	2:10:55	10:27
1910	441	W25	Erin Rollenhagen, 29*, Waukee, IA	2:09:54	2:16:35	10:27
1911	258	W20	Nicole Wells, 23*, Marshalltown, IA	2:09:55	2:15:29	10:27
1912	387	W30	Megan Heater, 33*, Marion, IA	2:09:55	2:16:03	10:27
2647	230	M20	Kienan Clute, 24, Ames, IA	2:09:56	2:14:02	10:27
1913	442	W25	Hayley Handley, 27*, Ankeny, IA	2:09:57	2:15:27	10:27
2648	103	M55	Walter Hunt, 58, Missouri Valley, IA	2:09:57	2:10:39	10:27
2649	104	M55	Howard Hunt, 59, Dixon, IA	2:09:57	2:10:39	10:27
2650	271	M45	Mark Seeman, 48, Bouton, IA	2:09:57	2:14:53	10:27
2651	231	M20	Ben Anderson, 24, Des Moines, IA	2:09:58	2:15:46	10:27
2652	386	M35	Matthew Leaf, 36, Falls City, NE	2:10:00	2:14:11	10:28
2653	187	M50	Jp Greer, 52, Spencer, IA	2:10:02	2:14:25	10:28
1914	319	W35	Martha Baudler, 37*, Indianola, IA	2:10:02	2:16:02	10:28
1915	388	W30	Greta Southall, 34*, Indianola, IA	2:10:02	2:16:02	10:28
1916	389	W30	Denise Boozell, 33*, Milo, IA	2:10:02	2:16:02	10:28
2654	420	M25	Jeff Wilson, 27, West Des Moines, IA	2:10:02	2:12:46	10:28
2655	462	M30	Todd Schemper, 34, Des Moines, IA	2:10:02	2:16:49	10:28
1917	390	W30	Valerie Scroggs, 30*, Malvern, IA	2:10:03	2:16:33	10:28
1918	391	W30	Suzanne Sosby, 31*, Madrid, IA	2:10:03	2:11:23	10:28
2656	421	M25	Ben Smith, 29, Des Moines, IA	2:10:03	2:16:49	10:28
1919	392	W30	Josie Lemke, 30*, Nevada, IA	2:10:05	2:15:51	10:28
1920	443	W25	Ellen Chesnut, 26*, Boone, IA	2:10:07	2:14:53	10:28
1921	128	W45	Kimberly Malloy, 47*, Des Moines, IA	2:10:07	2:14:19	10:28
1922	393	W30	Jenny Comstock, 31*, Ankeny, IA	2:10:07	2:17:12	10:28
1923	77	W50	Sue Olmstead, 50*, Pleasant Hill, IA	2:10:08	2:13:48	10:28
1924	394	W30	Emma Madsen, 30*, Bellevue, NE	2:10:09	2:11:48	10:28
2657	372	M40	Paul Sapp, 42, Des Moines, IA	2:10:12	2:14:14	10:29
1925	444	W25	Kindel Haverback, 29*, Cedar Rapids, IA	2:10:13	2:10:59	10:29
2658	105	M55	Doug Wicks, 59, Story City, IA	2:10:13	2:11:45	10:29
2659	387	M35	Dax Abbas, 38, Des Moines, IA	2:10:14	2:17:08	10:29
1926	259	W20	Megan Conner, 22*, Algona, IA	2:10:15	2:13:01	10:29
1927	260	W20	Jill Elbert, 23*, Algona, IA	2:10:15	2:13:02	10:29
1928	320	W35	Kristin Farrell, 39*, Johnston, IA	2:10:15	2:15:43	10:29
1929	261	W20	Katie Feekes, 22*, Ames, IA	2:10:15	2:13:52	10:29
2660	373	M40	Brad Cooper, 43, Norwalk, IA	2:10:16	2:11:24	10:29
1930	395	W30	Tami Romick, 34*, Urbandale, IA	2:10:16	2:11:24	10:29
2661	388	M35	Greg Bodensteiner, 39, Urbandale, IA	2:10:16	2:16:13	10:29
1931	321	W35	Angela Wardenburg, 37*, Iowa City, IA	2:10:17	2:14:07	10:29
1932	322	W35	Alicia Jessen, 36*, Marion, IA	2:10:18	2:16:00	10:29
1933	323	W35	Tanya Hadley, 35*, Kansas City, MO	2:10:21	2:18:05	10:29
1934	78	W50	Kim Abbey-Schrupp, 53*, Boone, IA	2:10:21	2:15:19	10:29
2662	463	M30	John Huschka, 34, Altoona, IA	2:10:21	2:14:23	10:29
2663	272	M45	Andrew Kahl, 45, Des Moines, IA	2:10:21	2:14:07	10:29
1935	262	W20	Ashley Nemitz, 23*, West Des Moines, IA	2:10:24	2:15:44	10:30
2664	464	M30	Matt Lundberg, 31, Johnston, IA	2:10:25	2:14:29	10:30
1936	213	W40	Kris Martins, 43*, Cedar Rapids, IA	2:10:26	2:11:23	10:30
1937	445	W25	Abbey Boeding, 27*, North Liberty, IA	2:10:26	2:17:48	10:30
1938	214	W40	Michelle Loefer, 43*, Quincy, IL	2:10:26	2:15:22	10:30
1939	215	W40	Katherine Halupnik, 40*, Marion, IA	2:10:27	2:11:24	10:30
1940	396	W30	Robyn Eisenbach, 30*, Coralville, IA	2:10:27	2:17:48	10:30
1941	446	W25	Kristen Pesek, 25*, Altoona, IA	2:10:27	2:15:59	10:30
1942	397	W30	Emily Blackford, 30*, Altoona, IA	2:10:27	2:15:59	10:30
1943	263	W20	Sasha Kemmet, 23*, Ames, IA	2:10:27	2:14:54	10:30
2665	465	M30	Adam Gardiner, 32, Dexter, IA	2:10:27	2:13:17	10:30

1944	324	W35	Colleen Nicholls, 38*, Waukee, IA	2:10:28	2:13:18	10:30
1945	447	W25	Lisa Trautwein, 26*, Des Moines, IA	2:10:28	2:17:32	10:30
2666	389	M35	Henry Barragan, 35, Mason City, IA	2:10:29	2:14:44	10:30
2667	374	M40	Kirk Swihart, 41, Johnston, IA	2:10:32	2:12:42	10:30
1946	216	W40	Kim Jensen, 43*, Ankeny, IA	2:10:33	2:11:08	10:30
1947	448	W25	Lisa Mollenhauer, 27*, Clive, IA	2:10:33	2:12:21	10:30
1948	398	W30	Renee Luinstra, 34*, West Des Moines, IA	2:10:33	2:13:44	10:30
1949	264	W20	Jenny Wilkening, 24*, Ankeny, IA	2:10:34	2:12:21	10:30
2668	375	M40	Terry Jessen, 41, Marion, IA	2:10:35	2:16:18	10:30
1950	5	W60	Jan Travis, 62*, Alta, IA	2:10:36	2:18:01	10:30
2669	422	M25	Taylor Gingrich, 26, Madrid, IA	2:10:36	2:15:25	10:30
1951	399	W30	Emily Maass, 32*, Ankeny, IA	2:10:37	2:15:26	10:31
1952	265	W20	Kaylee Busse, 21*, Barrington, IL	2:10:37	2:17:39	10:31
1953	449	W25	Angie Richter, 25*, Grimes, IA	2:10:38	2:16:33	10:31
1954	450	W25	Emily Coffin, 26*, Johnston, IA	2:10:39	2:14:27	10:31
2670	466	M30	Andrew Fecht, 30, Waukee, IA	2:10:39	2:17:47	10:31
2671	232	M20	Robert Salisbury, 22, Iowa City, IA	2:10:39	2:17:41	10:31
2672	390	M35	Matt Petersen, 39, Huxley, IA	2:10:39	2:16:42	10:31
1955	20	JrW	Kyra John, 16*, Ankeny, IA	2:10:41	2:12:26	10:31
2673	273	M45	Steve Dircks, 47, Hopkinton, IA	2:10:41	2:12:10	10:31
2674	106	M55	Allan Goldberg, 59, Des Moines, IA	2:10:41	2:11:45	10:31
2675	376	M40	Shawn Bown, 42, Des Moines, IA	2:10:41	2:14:00	10:31
1956	325	W35	Patresa Hartman, 35*, Des Moines, IA	2:10:42	2:18:26	10:31
1957	326	W35	Rose Swalla, 38*, Stuart, IA	2:10:43	2:16:07	10:31
1958	400	W30	Michele Lammers, 33*, Alton, IA	2:10:43	2:12:07	10:31
2676	107	M55	Dale Moore, 57, New Sharon, IA	2:10:44	2:12:40	10:31
1959	327	W35	Krista Tanner, 35*, Clive, IA	2:10:45	2:14:10	10:31
2677	467	M30	Adam Shockey, 32, Des Moines, IA	2:10:46	2:12:04	10:31
2678	391	M35	Christopher Shockey, 37, Freeport, IL	2:10:46	2:12:04	10:31
1960	451	W25	Emily Hubbard, 25*, West Des Moines, IA	2:10:46	2:16:36	10:31
2679	233	M20	Neil Erickson, 24, Grimes, IA	2:10:46	2:16:37	10:31
1961	328	W35	Kathy Stastney, 37*, Mequon, WI	2:10:48	2:13:01	10:31
1962	129	W45	Jane Collignon, 46*, West Des Moines, IA	2:10:48	2:13:01	10:31
2680	377	M40	Robey Orewiler, 41, Des Moines, IA	2:10:50	2:18:03	10:32
1963	329	W35	Jennifer Webster, 38*, Urbandale, IA	2:10:51	2:13:37	10:32
1964	330	W35	Jennifer Browne, 37*, Clive, IA	2:10:51	2:13:37	10:32
1965	217	W40	Leslie French, 43*, Cedar Rapids, IA	2:10:51	2:16:07	10:32
1966	331	W35	Connie Hamilton, 38*, Jefferson, IA	2:10:52	2:15:59	10:32
1967	332	W35	Dawn Taute, 36*, Paton, IA	2:10:52	2:15:58	10:32
2681	392	M35	Chris Galligan, 39, Clive, IA	2:10:53	2:11:26	10:32
1968	218	W40	Lisa M Hill, 40*, Ames, IA	2:10:53	2:14:48	10:32
1969	333	W35	Lisa Martin, 39*, Johnston, IA	2:10:53	2:13:50	10:32
2682	378	M40	David Hill, 40, Sioux Falls, SD	2:10:54	2:15:00	10:32
2683	468	M30	Nick Hillman, 32, Dana, IA	2:10:55	2:16:00	10:32
2684	188	M50	Alan Anderson, 51, Van Meter, IA	2:10:55	2:16:44	10:32
1970	266	W20	Brittany Klein, 21*, Ankeny, IA	2:10:56	2:14:22	10:32
1971	219	W40	Beth Adams, 43*, Indianola, IA	2:10:56	2:18:36	10:32
1972	220	W40	Julie Holt, 41*, Clive, IA	2:10:56	2:17:26	10:32
2685	469	M30	Stephen Mosqueda, 32, Urbandale, IA	2:10:56	2:18:15	10:32
1973	221	W40	Tammie Heilesen, 41*, Harlan, IA	2:10:56	2:18:40	10:32
1974	267	W20	Jennifer Hibben, 24*, Chicago, IL	2:10:56	2:16:58	10:32
1975	401	W30	Sheri Neeley, 30*, Omaha, NE	2:10:56	2:18:40	10:32
1976	402	W30	Melissa Delay, 34*, Shoreview, MN	2:10:58	2:16:07	10:32
1977	268	W20	Stephanie Russell, 22*, Ames, IA	2:11:00	2:17:15	10:32
1978	58	W17	Kylie Wunschel, 19*, Woodward, IA	2:11:01	2:13:27	10:32
2686	108	M55	Galen Peery, 58, Kiron, IA	2:11:01	2:13:27	10:32
1979	403	W30	Molly Moore, 30*, Shorewood, IL	2:11:01	2:13:51	10:33
2687	423	M25	Joseph Bormann, 29, Waterloo, IA	2:11:03	2:12:10	10:33
1980	452	W25	Ashley Randleman, 25*, Jefferson, IA	2:11:06	2:15:13	10:33
1981	404	W30	Erin Anderson, 30*, Urbandale, IA	2:11:08	2:14:07	10:33
2688	109	M55	Bruce Rehmkke, 55, Peosta, IA	2:11:08	2:14:08	10:33
2689	393	M35	Nick Pross, 39, Atlantic, IA	2:11:09	2:19:01	10:33
1982	334	W35	Tracy Amos, 38*, Des Moines, IA	2:11:09	2:18:04	10:33
1983	222	W40	Jane Stroud, 43*, Hendersonville, TN	2:11:09	2:15:40	10:33
2690	52	M60	James Garwood, 62, Urbandale, IA	2:11:10	2:16:24	10:33

1984	405	W30	Heather Wilcox, 33*, Johnston, IA	2:11:10	2:17:14	10:33
1985	406	W30	Angi Brower, 32*, Carroll, IA	2:11:11	2:15:24	10:33
1986	453	W25	Danielle Snyder, 26*, Des Moines, IA	2:11:12	2:14:42	10:33
2691	470	M30	Mark Mueller, 31, Waukee, IA	2:11:12	2:22:22	10:33
1987	454	W25	Christy Delancey, 26*, Des Moines, IA	2:11:12	2:14:42	10:33
1988	335	W35	Kathy Leonard, 36*, Des Moines, IA	2:11:13	2:12:58	10:33
2692	234	M20	Jason Arenholz, 24, Des Moines, IA	2:11:13	2:16:45	10:33
1989	130	W45	Lisa Lemon, 46*, Des Moines, IA	2:11:14	2:14:49	10:34
2693	189	M50	John Vujnovich, 54, Des Moines, IA	2:11:14	2:12:13	10:34
1990	131	W45	Tracey Schilling, 45*, Ely, IA	2:11:15	2:16:35	10:34
1991	223	W40	Jane Timm, 42*, West Des Moines, IA	2:11:15	2:18:34	10:34
2694	110	M55	Don Dauterive, 57, Ames, IA	2:11:15	2:14:46	10:34
1992	224	W40	Sara Ghrist, 42*, Des Moines, IA	2:11:15	2:13:30	10:34
2695	379	M40	Nagendra Myneni, 40, Clive, IA	2:11:16	2:16:25	10:34
1993	407	W30	Jaime Oberender, 31*, Ankeny, IA	2:11:16	2:15:51	10:34
2696	380	M40	Cory McClure, 44, Ankeny, IA	2:11:16	2:15:51	10:34
2697	235	M20	Eligah Garey, 24, Ames, IA	2:11:16	2:18:54	10:34
1994	408	W30	Kathi Eggleston, 32*, Waterloo, IA	2:11:17	2:16:29	10:34
1995	336	W35	Cari Judge, 37*, Garwin, IA	2:11:17	2:16:29	10:34
1996	337	W35	Alison Hackbarth, 39*, Runnells, IA	2:11:18	2:17:25	10:34
2698	471	M30	Brad Seaton, 33, Iowa City, IA	2:11:18	2:17:12	10:34
2699	394	M35	Cory McGarvey, 39, Cedar Rapids, IA	2:11:19	2:15:46	10:34
2700	424	M25	Jake Auliff, 29, Des Moines, IA	2:11:20	2:17:24	10:34
1997	79	W50	Deb Huber, 52*, Des Moines, IA	2:11:20	2:12:48	10:34
2701	425	M25	Jesse Lark, 29, Ankeny, IA	2:11:21	2:11:45	10:34
1998	455	W25	Lee Narwid, 28*, Plymouth, MN	2:11:21	2:14:46	10:34
1999	132	W45	Lori McQuiston, 46*, Maxwell, IA	2:11:21	2:11:50	10:34
2702	472	M30	William Ogier, 31, Shawnee, KS	2:11:22	2:19:47	10:34
2000	80	W50	Trudy Mitchell, 53*, Iowa City, IA	2:11:22	2:17:39	10:34
2703	426	M25	Nathan Olson, 27, Des Moines, IA	2:11:22	2:18:37	10:34
2704	473	M30	Greg Tew, 30, Des Moines, IA	2:11:22	2:17:26	10:34
2705	381	M40	David Phillips, 42, Des Moines, IA	2:11:22	2:18:37	10:34
2001	225	W40	Janet Reese, 42*, Oskaloosa, IA	2:11:23	2:15:54	10:34
2002	226	W40	Melissa Nederhoff, 41*, Altoona, IA	2:11:23	2:16:20	10:34
2003	227	W40	Maggie McCay, 40*, Des Moines, IA	2:11:25	2:13:54	10:34
2004	269	W20	Hinote Audrey, 24*, Jefferson, IA	2:11:26	2:15:33	10:34
2005	409	W30	Jessica Block, 34*, Jefferson, IA	2:11:26	2:15:32	10:34
2006	133	W45	Patricia Carlson, 46*, Atlantic, IA	2:11:26	2:16:19	10:35
2706	2	M70	Jerry Triplett, 75, Winterset, IA	2:11:27	2:16:36	10:35
2007	81	W50	Susan Duoblys, 54*, Des Moines, IA	2:11:27	2:13:12	10:35
2008	82	W50	Nancy Ellis, 50*, Urbandale, IA	2:11:27	2:18:37	10:35
2009	270	W20	Alyssa Mahoney, 20*, West Des Moines, IA	2:11:27	2:15:02	10:35
2010	228	W40	Carol Hemphill, 44*, Urbandale, IA	2:11:28	2:18:39	10:35
2011	338	W35	Melissa Sturm-Smith, 35*, Des Moines, IA	2:11:29	2:14:03	10:35
2012	339	W35	Kathy Agocs, 37*, Urbandale, IA	2:11:29	2:14:03	10:35
2013	134	W45	April Marmon, 46*, Urbandale, IA	2:11:29	2:15:00	10:35
2014	229	W40	Linda Kromer, 44*, Indianola, IA	2:11:30	2:18:10	10:35
2015	135	W45	Kathleen Parker, 46*, Colfax, IA	2:11:31	2:16:38	10:35
2707	395	M35	Darin Mitchell, 39, West Des Moines, IA	2:11:31	2:13:05	10:35
2016	410	W30	Dawn Mather, 30*, Huxley, IA	2:11:31	2:14:14	10:35
2708	427	M25	Tommy Curtis, 25, Des Moines, IA	2:11:31	2:11:31	10:35
2017	271	W20	Fatema Cannon, 23*, West Des Moines, IA	2:11:32	2:17:41	10:35
2709	236	M20	James Cummins, 24, Ames, IA	2:11:32	2:15:40	10:35
2710	396	M35	Scott Weber, 36, Cedar Rapids, IA	2:11:33	2:14:00	10:35
2711	274	M45	David Allen, 45, Ankeny, IA	2:11:35	2:15:01	10:35
2018	59	W17	Kendra Allen, 19*, Ankeny, IA	2:11:35	2:15:00	10:35
2019	230	W40	Lori Keech, 42*, Johnston, IA	2:11:35	2:14:14	10:35
2020	340	W35	Ann Allen, 39*, Ankeny, IA	2:11:36	2:15:01	10:35
2712	382	M40	Mike Spear, 42, Johnston, IA	2:11:36	2:14:14	10:35
2713	111	M55	Don Jessen, 56, Colfax, IA	2:11:37	2:19:43	10:35
2021	231	W40	Mindi Sudman, 41*, Des Moines, IA	2:11:38	2:14:22	10:35
2022	232	W40	Carol Spear, 40*, Johnston, IA	2:11:38	2:14:13	10:35
2023	411	W30	Katie Hoffman, 30*, Minneapolis, MN	2:11:40	2:15:49	10:36
2024	456	W25	Heidi Warner, 29*, Ankeny, IA	2:11:40	2:15:11	10:36
2025	341	W35	Michelle Zeiser, 36*, Bellevue, WA	2:11:40	2:13:24	10:36

2714	397	M35	Joe Greve, 37, Omaha, NE	2:11:40	2:16:59	10:36
2026	412	W30	Kim Roberts, 34*, Red Oak, IA	2:11:41	2:17:23	10:36
2027	342	W35	Stacy Speck, 39*, Des Moines, IA	2:11:42	2:16:55	10:36
2028	21	JrW	Harmony Pace, 13*, Ames, IA	2:11:42	2:16:08	10:36
2715	474	M30	Corey Johnson, 31, Ankeny, IA	2:11:42	2:13:23	10:36
2716	475	M30	Jonathan Russell, 33, Urbandale, IA	2:11:43	2:17:39	10:36
2717	190	M50	Mark Woltz, 51, Waverly, IA	2:11:43	2:13:53	10:36
2029	272	W20	Amy Boesenberg, 22*, Cedar Falls, IA	2:11:44	2:18:12	10:36
2030	413	W30	Nicol Roethler, 34*, Johnston, IA	2:11:44	2:16:19	10:36
2718	476	M30	Robert Roethler, 32, Johnston, IA	2:11:45	2:16:19	10:36
2031	273	W20	Ginny Ray, 24*, Waukee, IA	2:11:45	2:18:36	10:36
2719	53	M60	Patrick O'Rourke, 60, Davenport, IA	2:11:46	2:15:30	10:36
2032	274	W20	Emily Spice, 22*, Decorah, IA	2:11:47	2:14:09	10:36
2720	398	M35	Jason Brodie, 35, North Liberty, IA	2:11:47	2:15:05	10:36
2033	457	W25	Heidi Dauffenbach, 26*, West Des Moines, IA	2:11:48	2:18:44	10:36
2721	399	M35	James Smith, 35, Omaha, NE	2:11:48	2:13:22	10:36
2034	136	W45	Gayles Busch, 45*, Mason City, IA	2:11:49	2:18:17	10:36
2035	83	W50	Nancy Vander Broek, 53*, Pella, IA	2:11:49	2:17:28	10:36
2036	22	JrW	Kelly McGowan, 15*, Urbandale, IA	2:11:49	2:16:14	10:36
2037	458	W25	Leah Reznikov, 29*, North Liberty, IA	2:11:50	2:15:37	10:36
2038	137	W45	Tammy Newton, 46*, Norwalk, IA	2:11:52	2:13:57	10:37
2039	459	W25	Brooke Jones, 25*, West Des Moines, IA	2:11:52	2:17:53	10:37
2040	460	W25	Bethany Jagels, 27*, Kansas City, MO	2:11:57	2:16:23	10:37
2722	400	M35	Srinivasa Mettu, 36, North Liberty, IA	2:11:57	2:17:55	10:37
2041	84	W50	Debra Lynn, 50*, Ankeny, IA	2:11:58	2:13:44	10:37
2723	383	M40	Jonathan Mlocek, 41, Madrid, IA	2:11:58	2:14:56	10:37
2724	384	M40	Craig Hinderks, 43, Wayzata, MN	2:11:58	2:13:51	10:37
2725	70	JrM	Phil Chia, 9, Des Moines, IA	2:11:59	2:13:56	10:37
2042	461	W25	Kelsey Parker, 28*, Des Moines, IA	2:11:59	2:19:00	10:37
2043	343	W35	Jackie Safley, 38*, Ankeny, IA	2:11:59	2:14:25	10:37
2044	233	W40	Linda Hardie, 44*, Ankeny, IA	2:12:00	2:14:26	10:37
2045	344	W35	Laura Suttles, 39*, Urbana, IA	2:12:00	2:18:00	10:37
2046	345	W35	Michele Schaeperkoetter, 38*, Minneapolis, MN	2:12:00	2:19:14	10:37
2047	138	W45	Christie Pence, 49*, Eldora, IA	2:12:02	2:17:46	10:37
2726	477	M30	Matt Braafhart, 34, Des Moines, IA	2:12:03	2:18:30	10:37
2727	428	M25	Justin Hoffmann, 25, Ankeny, IA	2:12:04	2:17:57	10:38
2728	401	M35	Chris Burch, 39, Des Moines, IA	2:12:04	2:18:41	10:38
2048	346	W35	Julie Liebe, 39*, Prairie City, IA	2:12:05	2:15:28	10:38
2049	234	W40	Jackie Nickolaus, 40*, Urbandale, IA	2:12:05	2:18:32	10:38
2050	139	W45	Lori Rott, 45*, Cedar Rapids, IA	2:12:05	2:18:05	10:38
2051	462	W25	Annette Ihrke, 27*, Fergus Falls, MN	2:12:06	2:15:37	10:38
2729	402	M35	Timothy Olson, 35, Woodside, NY	2:12:08	2:15:43	10:38
2730	191	M50	John McLaughlin, 53, Southlake, TX	2:12:09	2:16:20	10:38
2052	414	W30	Beth Riesberg, 31*, Des Moines, IA	2:12:09	2:17:53	10:38
2731	275	M45	Tom Smith, 48, Iowa Falls, IA	2:12:09	2:16:54	10:38
2053	235	W40	Kandace Drees-Dunn, 41*, Norwalk, IA	2:12:10	2:13:47	10:38
2054	415	W30	Meghan Lake, 32*, Davenport, IA	2:12:10	2:17:53	10:38
2055	347	W35	Brenda Peshel, 38*, Adel, IA	2:12:10	2:15:46	10:38
2732	429	M25	Andrew Shores, 26, Cedar Rapids, IA	2:12:11	2:14:10	10:38
2056	236	W40	Linda Walther, 40*, Cedar Falls, IA	2:12:12	2:18:53	10:38
2733	192	M50	Monty Hahn, 51, North Sioux City, SD	2:12:12	2:13:59	10:38
2057	463	W25	Jaycie Curry, 25*, Ankeny, IA	2:12:15	2:19:30	10:38
2058	464	W25	Jill Curry, 25*, Ankeny, IA	2:12:15	2:19:31	10:38
2734	112	M55	Curt Hollebrands, 57, Clive, IA	2:12:15	2:15:44	10:38
2735	385	M40	Ken Klug, 41, Ankeny, IA	2:12:16	2:18:33	10:38
2059	140	W45	Kelly Simons, 45*, Cedar Rapids, IA	2:12:16	2:14:44	10:39
2060	275	W20	Kelly Butler, 23*, Creston, IA	2:12:18	2:15:30	10:39
2061	6	W60	Mavis Butler, 60*, Ames, IA	2:12:18	2:15:30	10:39
2062	276	W20	Amber Patz, 23*, Ankeny, IA	2:12:18	2:17:52	10:39
2063	277	W20	Anna Lammers, 20*, Johnston, IA	2:12:19	2:14:55	10:39
2064	416	W30	Sarah Bidney, 30*, Des Moines, IA	2:12:20	2:15:18	10:39
2065	417	W30	Stephanie May, 31*, Des Moines, IA	2:12:21	2:15:18	10:39
2736	193	M50	Graeme Armstrong, 50, West Des Moines, IA	2:12:21	2:14:09	10:39

2066	237	W40	Carrie Berg, 42*, Mason City, IA	2:12:22	2:18:51	10:39
2737	430	M25	Ryan Bracelin, 25, Des Moines, IA	2:12:22	2:17:36	10:39
2067	278	W20	Brianne Sanchez, 23*, Des Moines, IA	2:12:23	2:16:41	10:39
2738	194	M50	Tim Waddilove, 52, Cedar Rapids, IA	2:12:23	2:14:49	10:39
2739	95	M17	Zach Zehr, 19, Ankeny, IA	2:12:23	2:15:40	10:39
2068	348	W35	Malissa Pauling, 38*, Lincoln, NE	2:12:24	2:20:01	10:39
2069	238	W40	Sherry Ellingson, 43*, Clive, IA	2:12:25	2:14:38	10:39
2070	239	W40	Jenny Topic, 43*, West Des Moines, IA	2:12:26	2:18:26	10:39
2740	478	M30	Dwayne Ballmer, 31, Des Moines, IA	2:12:27	2:18:52	10:39
2741	479	M30	Jeremy Harpold, 32, Des Moines, IA	2:12:27	2:18:52	10:39
2742	480	M30	Weston Wunder, 31, Slater, IA	2:12:28	2:16:34	10:39
2071	141	W45	Carol Swegle, 47*, West Des Moines, IA	2:12:28	2:14:41	10:39
2072	465	W25	Amanda Doran, 29*, Yale, IA	2:12:28	2:19:30	10:39
2073	60	W17	Jamie Life, 19*, Oskaloosa, IA	2:12:29	2:16:07	10:40
2074	466	W25	Laura Dillavou, 25*, Ames, IA	2:12:30	2:19:19	10:40
2743	7	M65	Kenneth Lathrum, 66, Omaha, NE	2:12:30	2:19:30	10:40
2075	142	W45	Wendy B-Henderson, 45*, Cedar Falls, IA	2:12:30	2:19:11	10:40
2076	279	W20	Carolyn Christotimos, 22*, Ames, IA	2:12:31	2:14:58	10:40
2744	386	M40	Wesley Breckenridge, 41, Newton, IA	2:12:31	2:15:51	10:40
2745	431	M25	Jacob McAnally, 26, West Des Moines, IA	2:12:31	2:17:40	10:40
2077	467	W25	Lisa Salemink, 25*, West Des Moines, IA	2:12:32	2:13:44	10:40
2746	276	M45	Bill Messerschmidt, 46, West Des Moines, IA	2:12:33	2:15:13	10:40
2078	468	W25	Rachel Meyer, 26*, Ankeny, IA	2:12:35	2:14:59	10:40
2747	403	M35	Brian Hoover, 37, Pleasant Hill, IA	2:12:37	2:13:19	10:40
2079	469	W25	Jenifer Vela, 26*, Runnells, IA	2:12:38	2:13:24	10:40
2080	143	W45	Lisa Rasmussen, 45*, Goldfield, IA	2:12:38	2:19:38	10:40
2748	195	M50	Lambert Blank, 50, Clive, IA	2:12:40	2:14:23	10:40
2749	71	JrM	Andrew Ragan, 11, Mitchellville, IA	2:12:40	2:15:52	10:40
2081	280	W20	Amanda Ragan, 23*, Mitchellville, IA	2:12:41	2:15:53	10:40
2082	349	W35	Kristine Kamminga, 39*, Ankeny, IA	2:12:43	2:17:18	10:41
2750	196	M50	Warren Rognes, 51, Ankeny, IA	2:12:44	2:16:12	10:41
2083	470	W25	Abbey Henderson, 26*, Naperville, IL	2:12:45	2:18:38	10:41
2751	237	M20	Erik Nysten, 23, Iowa City, IA	2:12:46	2:18:39	10:41
2752	113	M55	Scott Avitt, 56, Des Moines, IA	2:12:47	2:14:55	10:41
2084	240	W40	Lisa Bielecki, 42*, Ankeny, IA	2:12:48	2:19:21	10:41
2753	404	M35	Timothy Ray, 38, Burnsville, MN	2:12:48	2:19:39	10:41
2754	387	M40	Matt Paglia, 43, Union, IA	2:12:48	2:16:55	10:41
2755	54	M60	Steve Arends, 60, Cedar Falls, IA	2:12:49	2:16:56	10:41
2085	144	W45	Teresa Adams-Tomka, 47*, Des Moines, IA	2:12:49	2:14:57	10:41
2086	145	W45	Laurie Wirtz, 47*, Waukee, IA	2:12:49	2:17:39	10:41
2756	432	M25	Karri Wells, 26, Des Moines, IA	2:12:49	2:16:32	10:41
2757	238	M20	Keith Kistenmacher, 24, West Des Moines, IA	2:12:50	2:17:44	10:41
2087	418	W30	Noelle Bolibaugh, 33*, Oskaloosa, IA	2:12:51	2:16:06	10:41
2088	350	W35	Jane Kelderman, 38*, Oskaloosa, IA	2:12:51	2:16:06	10:41
2089	419	W30	Jill Blanco, 33*, Oskaloosa, IA	2:12:51	2:16:06	10:41
2090	351	W35	Stacey Sytsma, 37*, Oskaloosa, IA	2:12:51	2:16:06	10:41
2091	471	W25	Heather Kading, 25*, Urbandale, IA	2:12:52	2:12:52	10:41
2758	8	M65	Bill Lawless, 66, Des Moines, IA	2:12:52	2:14:46	10:41
2092	352	W35	Julie Goldner, 37*, Ankeny, IA	2:12:52	2:19:26	10:41
2759	405	M35	Patrick Bohnenkamp, 36, West Des Moines, IA	2:12:53	2:14:27	10:42
2093	472	W25	Emily Smalley, 26*, Independence, IA	2:12:55	2:18:42	10:42
2760	406	M35	Scott Barr, 37, Waukee, IA	2:12:56	2:19:06	10:42
2761	407	M35	Brian Rahe, 38, Marion, IA	2:12:58	2:14:57	10:42
2762	197	M50	John Tuve, 54, Parkersburg, IA	2:12:58	2:18:36	10:42
2763	198	M50	Rod Reinertson, 53, Waterloo, IA	2:13:00	2:18:44	10:42
2764	481	M30	Jonathan Blayer, 30, West Des Moines, IA	2:13:01	2:19:41	10:42
2094	353	W35	Dee McDonald, 37*, Urbandale, IA	2:13:01	2:17:16	10:42
2095	354	W35	Gabrielle Carlson, 36*, West Des Moines, IA	2:13:02	2:16:33	10:42
2096	355	W35	Jen Treinen, 37*, Marcus, IA	2:13:02	2:20:02	10:42
2765	433	M25	Clem Schweers, 27, Omaha, NE	2:13:03	2:19:19	10:42
2097	473	W25	Stacy Conrardt, 26*, Des Moines, IA	2:13:03	2:17:38	10:42

2766	408	M35	Jason Juran, 38, Clive, IA	2:13:05	2:14:39	10:42
2098	146	W45	Virginia Herr, 49*, Fontanelle, IA	2:13:05	2:17:13	10:42
2099	241	W40	Christine Franck, 41*, Altoona, IA	2:13:05	2:16:59	10:42
2767	9	M65	Arlo Vandiest, 68, Webster City, IA	2:13:05	2:15:55	10:43
2100	356	W35	Kelly Richards, 39*, Ankeny, IA	2:13:06	2:14:25	10:43
2101	357	W35	Stephanie McFarland, 39*, Urbandale, IA	2:13:08	2:18:33	10:43
2102	474	W25	Shanna Harrington, 29*, Ia, IA	2:13:09	2:16:33	10:43
2103	420	W30	Kristine Holladay, 30*, Lenexa, KS	2:13:11	2:17:38	10:43
2104	85	W50	Laura Preussel, 50*, West Des Moines, IA	2:13:11	2:15:10	10:43
2105	421	W30	Jami James, 32*, Waverly, IA	2:13:11	2:18:24	10:43
2106	475	W25	Mindy Dougherty, 29*, Des Moines, IA	2:13:11	2:16:05	10:43
2107	476	W25	Jami Brown, 25*, Urbandale, IA	2:13:12	2:18:16	10:43
2108	422	W30	Jen Tatroe, 32*, Waverly, IA	2:13:12	2:18:25	10:43
2768	239	M20	Brett McCarthy, 24, Peoria, IL	2:13:12	2:16:20	10:43
2109	242	W40	Tracey Wildermuth, 40*, Des Moines, IA	2:13:12	2:16:05	10:43
2110	147	W45	Sue Wengert, 46*, Johnston, IA	2:13:12	2:18:41	10:43
2111	423	W30	Jane Jensen, 31*, Norwalk, IA	2:13:14	2:16:40	10:43
2769	240	M20	Brian Dreesman, 23, Ames, IA	2:13:14	2:16:22	10:43
2770	241	M20	Colby Spann, 23, Ames, IA	2:13:14	2:16:22	10:43
2112	477	W25	Melissa Love, 28*, Owatonna, MN	2:13:14	2:18:11	10:43
2113	478	W25	Ashley Prine, 25*, Des Moines, IA	2:13:17	2:20:29	10:43
2114	479	W25	Lindsey Grife, 26*, Adel, IA	2:13:17	2:20:29	10:43
2115	86	W50	Carolyn Hill, 51*, W. Des Moines, IA	2:13:17	2:15:39	10:43
2116	281	W20	Megan Schneider, 24*, Des Moines, IA	2:13:17	2:15:39	10:43
2771	434	M25	Matt Sattersten, 28, Twin Lakes, WI	2:13:17	2:21:16	10:43
2117	480	W25	Mindy Sanders, 29*, Twin Lakes, WI	2:13:17	2:21:16	10:43
2118	282	W20	Allyson Chwee, 23*, Council Bluffs, IA	2:13:17	2:21:08	10:43
2119	481	W25	Juanita Simanek, 26*, Nashville, TN	2:13:17	2:18:59	10:43
2120	482	W25	Melanie Hundling, 27*, Breda, IA	2:13:19	2:17:47	10:44
2121	283	W20	Katera O'Rourke, 23*, Ames, IA	2:13:20	2:21:11	10:44
2772	435	M25	Cole Smith, 26, Sioux Falls, IA	2:13:20	2:16:13	10:44
2773	114	M55	Lonnie Gerber, 59, Pella, IA	2:13:20	2:18:03	10:44
2122	424	W30	Danette Stritt, 31*, Des Moines, IA	2:13:21	2:18:03	10:44
2774	409	M35	Chad Johnson, 38, West Des Moines, IA	2:13:22	2:18:03	10:44
2775	410	M35	Mark Wills, 39, Des Moines, IA	2:13:22	2:19:09	10:44
2123	483	W25	Aimee Kittell, 28*, West Des Moines, IA	2:13:23	2:16:58	10:44
2776	388	M40	Chris Egger, 42, Dexter, IA	2:13:23	2:20:17	10:44
2124	358	W35	Angie Vanderkamp, 37*, Ankeny, IA	2:13:24	2:16:40	10:44
2125	284	W20	Ashley Olson, 24*, Des Moines, IA	2:13:25	2:15:49	10:44
2777	411	M35	Larry Isom, 35, Panora, IA	2:13:25	2:16:33	10:44
2778	436	M25	Joseph Cordaro, 25, Urbandale, IA	2:13:26	2:15:27	10:44
2126	243	W40	Peg Ongna, 44*, Johnston, IA	2:13:26	2:16:05	10:44
2779	482	M30	Donnie Duntley, 30, Tulsa, OK	2:13:26	2:21:33	10:44
2127	484	W25	Melissa Soda, 25*, Urbandale, IA	2:13:26	2:15:27	10:44
2128	485	W25	Nicole Haberl, 26*, Des Moines, IA	2:13:27	2:20:58	10:44
2129	425	W30	Meredith Hancock, 31*, West Des Moines, IA	2:13:28	2:17:31	10:44
2130	285	W20	Haily Ruth, 22*, Jefferson, IA	2:13:28	2:17:27	10:44
2780	277	M45	Brian Quirk, 47, Waterloo, IA	2:13:28	2:16:46	10:44
2131	486	W25	Michelle Eischeid, 25*, Omaha, NE	2:13:28	2:17:16	10:44
2132	426	W30	Teresa Giles, 30*, West Des Moines, IA	2:13:28	2:17:32	10:44
2133	286	W20	Kristine Erickson, 22*, Des Moines, IA	2:13:29	2:20:59	10:44
2134	427	W30	Jessica Keehn, 30*, Des Moines, IA	2:13:29	2:15:15	10:44
2135	428	W30	Dede Jacoby, 34*, Jewell, IA	2:13:30	2:18:28	10:44
2136	359	W35	Julie Graeve, 35*, Denison, IA	2:13:30	2:18:28	10:44
2781	278	M45	Mike Mitchell, 45, Ankeny, IA	2:13:30	2:16:54	10:44
2782	483	M30	Dustin Prins, 30, Fort Dodge, IA	2:13:30	2:18:48	10:45
2783	389	M40	Paul Huston, 41, Ames, IA	2:13:31	2:17:04	10:45
2137	429	W30	Dacia Prins, 31*, Fort Dodge, IA	2:13:31	2:18:49	10:45
2784	390	M40	Steve Van Weelden, 43, Pella, IA	2:13:31	2:19:04	10:45
2785	199	M50	John Shumaker, 50, Desmoines, IA	2:13:32	2:17:25	10:45
2138	87	W50	Julie Venner, 51*, Boone, IA	2:13:33	2:18:23	10:45
2139	148	W45	Lori McKim, 47*, Boone, IA	2:13:33	2:18:24	10:45
2140	360	W35	Kelli Hill Hunt, 38*, Waukee, IA	2:13:34	2:20:20	10:45
2786	279	M45	Gary Harms, 49, West Des Moines, IA	2:13:34	2:18:32	10:45
2787	437	M25	Jack Davenport, 26, Indianola, IA	2:13:34	2:20:24	10:45

2141	14	W55	Charlotte Meade, 56*, Council Bluffs, IA	2:13:35	2:21:11	10:45
2788	115	M55	Stephen Meade, 58, Council Bluffs, IA	2:13:35	2:21:11	10:45
2142	361	W35	Donna Weiss, 39*, Cedar Rapids, IA	2:13:36	2:16:11	10:45
2789	391	M40	Brian Graeve, 44, Ankeny, IA	2:13:37	2:18:58	10:45
2790	280	M45	Paul Tauke, 45, Desoto, IA	2:13:41	2:18:35	10:45
2143	430	W30	Emily Zach, 30*, Des Moines, IA	2:13:42	2:20:26	10:45
2791	200	M50	Kirk Stone, 52, West Des Moines, IA	2:13:42	2:15:25	10:45
2144	149	W45	Cindy Heick, 45*, Urbandale, IA	2:13:42	2:16:17	10:45
2792	484	M30	Andrew Dobbins, 32, Urbandale, IA	2:13:43	2:17:53	10:46
2793	116	M55	Jim Mease, 57, Winterset, IA	2:13:45	2:16:13	10:46
2145	487	W25	Sherami Hinders, 26*, Iowa City, IA	2:13:45	2:15:38	10:46
2146	431	W30	Sara Hackbarth, 32*, Des Moines, WI	2:13:46	2:14:12	10:46
2794	485	M30	Divay Vats, 34, West Des Moines, IA	2:13:47	2:16:21	10:46
2147	432	W30	Julie Albright, 31*, Norwalk, IA	2:13:47	2:20:22	10:46
2795	392	M40	Tom Stevens, 42, Johnston, IA	2:13:48	2:17:52	10:46
2148	362	W35	Sheri Robinson, 35*, Des Moines, IA	2:13:48	2:16:38	10:46
2149	23	JrW	Taylor McBroom, 16*, Derby, IA	2:13:49	2:18:30	10:46
2150	150	W45	Louisa Perry, 48*, Bondurant, IA	2:13:49	2:15:34	10:46
2151	287	W20	Shannon Thomas, 24*, Iowa City, IA	2:13:50	2:15:42	10:46
2152	151	W45	Rebecca Mallonee, 47*, Cedar Rapids, IA	2:13:51	2:17:58	10:46
2153	363	W35	Marchele Cosenza, 35*, Indianola, IA	2:13:52	2:15:12	10:46
2154	364	W35	Carrie Belt, 35*, Indianola, IA	2:13:52	2:15:12	10:46
2155	365	W35	Tricia Drake, 39*, Des Moines, IA	2:13:53	2:19:13	10:46
2796	117	M55	Steve Sondall, 59, Norwalk, IA	2:13:54	2:16:01	10:46
2156	433	W30	Melissa McMullen, 32*, North Liberty, IA	2:13:54	2:15:50	10:46
2157	488	W25	Carey Fraise, 27*, West Des Moines, IA	2:13:54	2:17:26	10:46
2158	288	W20	Teresa Riesberg, 21*, Carroll, IA	2:13:55	2:19:38	10:47
2159	366	W35	Amy Shute, 37*, Kansas City, MO	2:13:56	2:14:31	10:47
2797	412	M35	Jeff Magner, 39, Ankeny, IA	2:13:56	2:19:56	10:47
2798	438	M25	Aaron Fichter, 27, Indianola, IA	2:13:56	2:21:00	10:47
2799	439	M25	Jeffrey Anderson, 29, West Des Moines, IA	2:13:57	2:19:34	10:47
2800	486	M30	Kurt Van Auken, 31, West Des Moines, IA	2:14:02	2:17:40	10:47
2801	393	M40	Victor Nsereko, 41, Johnston, IA	2:14:02	2:18:26	10:47
2802	281	M45	Gregg Erwood, 49, Clive, IA	2:14:03	2:19:20	10:47
2803	201	M50	Kevin Morris, 51, Des Moines, IA	2:14:04	2:15:18	10:47
2160	244	W40	Melissa Denison, 41*, Des Moines, IA	2:14:04	2:19:18	10:47
2804	487	M30	Eric Ramsey, 30, Manning, IA	2:14:05	2:19:27	10:47
2161	489	W25	Julie Hergenrader, 28*, Des Moines, IA	2:14:06	2:19:28	10:47
2162	434	W30	Rochelle Burnett, 33*, Des Moines, IA	2:14:06	2:16:21	10:47
2805	394	M40	Willie Brazzle, 40, Des Moines, IA	2:14:07	2:14:19	10:47
2163	490	W25	Jessica Madole, 25*, Des Moines, IA	2:14:07	2:20:24	10:47
2164	152	W45	Colleen Fritz, 46*, Cedar Rapids, IA	2:14:07	2:16:29	10:47
2165	289	W20	Rachel Hoksch, 22*, Waukee, IA	2:14:07	2:17:54	10:47
2806	440	M25	Justin Claycomb, 28, Des Moines, IA	2:14:08	2:17:54	10:48
2807	118	M55	Lawain Judisch, 59, Tripoli, IA	2:14:11	2:16:35	10:48
2808	282	M45	Frank Singleton, 48, Des Moines, IA	2:14:11	2:21:29	10:48
2166	245	W40	Christie Dunwell, 41*, Winter Garden, FL	2:14:12	2:14:28	10:48
2809	10	M65	Dean Lauterbach, 65, Newton, IA	2:14:13	2:14:28	10:48
2167	435	W30	Kate Kempers, 30*, Ankeny, IA	2:14:13	2:20:54	10:48
2810	441	M25	Neil Hillman, 27, Kansas City, MO	2:14:13	2:19:14	10:48
2168	153	W45	Angela Dieken, 47*, Dike, IA	2:14:16	2:16:24	10:48
2811	119	M55	Terry Asher, 57, Norwalk, IA	2:14:16	2:18:38	10:48
2812	413	M35	Matt Meter, 38, Fairfax, IA	2:14:18	2:17:36	10:48
2169	367	W35	Julie Meter, 37*, Fairfax, IA	2:14:18	2:17:36	10:48
2170	491	W25	Sarah Heisdorffer, 27*, West Des Moines, IA	2:14:18	2:18:24	10:48
2813	488	M30	Dustin Henry, 33, Des Moines, IA	2:14:19	2:21:18	10:48
2171	290	W20	Ashley Lippincott, 21*, Pella, IA	2:14:20	2:16:09	10:49
2172	154	W45	Colleen Erickson, 48*, Slater, IA	2:14:20	2:16:09	10:49
2814	442	M25	Mitch Curtis, 28, West Des Moines, IA	2:14:20	2:19:37	10:49
2173	492	W25	Lakisha Aller, 28*, Des Moines, IA	2:14:22	2:19:39	10:49
2174	493	W25	Andrea Roenfeld, 27*, Papillion, NE	2:14:24	2:19:04	10:49
2175	436	W30	Karissa Brincks, 32*, Center Point, IA	2:14:25	2:21:03	10:49
2815	489	M30	Travis Ludwig, 31, Des Moines, IA	2:14:25	2:16:28	10:49
2816	395	M40	Kevin Turner, 44, West Des Moines, IA	2:14:26	2:17:52	10:49

2176	494	W25	Angie Avery, 29*, West Des Moines, IA	2:14:27	2:21:48	10:49
2177	246	W40	Kris Tharp, 43*, Swisher, IA	2:14:28	2:17:00	10:49
2178	155	W45	Jan Olson, 46*, Johnston, IA	2:14:29	2:17:33	10:49
2179	495	W25	Jamie Thomann, 27*, Cedar Rapids, IA	2:14:31	2:21:43	10:49
2180	496	W25	Cat Schuh, 29*, Des Moines, IA	2:14:31	2:19:36	10:49
2181	497	W25	Ashley Avery, 25*, Burnsville, MN	2:14:31	2:21:52	10:49
2182	247	W40	Viengkeo Lai, 44*, Storm Lake, IA	2:14:31	2:16:54	10:49
2183	437	W30	Rachel Rozell, 31*, Marshalltown, IA	2:14:32	2:16:07	10:49
2184	498	W25	Virginia Tonelli, 28*, Clive, IA	2:14:32	2:15:19	10:49
2185	438	W30	Mickolyn Clapper, 34*, Baxter, IA	2:14:33	2:17:21	10:50
2186	439	W30	Amy Acheson, 33*, West Des Moines, IA	2:14:36	2:20:01	10:50
2187	499	W25	Megan Miller, 28*, West Des Moines, IA	2:14:36	2:20:32	10:50
2817	396	M40	Michael Jones, 41, New London, IA	2:14:36	2:20:58	10:50
2188	88	W50	Olya Arjmand, 50*, Ames, IA	2:14:37	2:19:28	10:50
2189	248	W40	Heather Nees, 40*, Cedar Rapids, IA	2:14:37	2:18:25	10:50
2818	397	M40	Keith Snow, 42, Ankeny, IA	2:14:38	2:17:50	10:50
2190	156	W45	Lisa Dillavou, 48*, Boone, IA	2:14:38	2:19:26	10:50
2819	202	M50	Jim Cooper, 50, Urbandale, IA	2:14:38	2:19:12	10:50
2191	368	W35	Anjela Shutts, 38*, Des Moines, IA	2:14:39	2:20:49	10:50
2192	291	W20	Lynn Swinger, 24*, Ames, IA	2:14:39	2:19:34	10:50
2820	443	M25	Roy Swinger, 27, Waukee, IA	2:14:40	2:19:34	10:50
2193	500	W25	Emily Swinger, 28*, Waukee, IA	2:14:40	2:19:34	10:50
2821	444	M25	Josh Chapman, 27, Desoto, IA	2:14:40	2:19:35	10:50
2194	501	W25	Michelle Jensen, 26*, Ankeny, IA	2:14:41	2:19:35	10:50
2195	157	W45	Angie Elliott, 45*, Indianola, IA	2:14:44	2:20:32	10:50
2196	440	W30	Kelli Reinhart, 31*, Alleman, IA	2:14:44	2:20:48	10:50
2197	502	W25	Deb Lampe, 26*, Ankeny, IA	2:14:45	2:19:05	10:50
2822	398	M40	Mark Haisch, 43, Waukee, IA	2:14:45	2:20:48	10:50
2823	96	M17	Zachary Grunder, 19, Ankeny, IA	2:14:45	2:15:40	10:51
2824	399	M40	Ed Acoymo, 44, Ankeny, IA	2:14:46	2:20:23	10:51
2825	400	M40	Lino Bernal, 41, Des Moines, IA	2:14:52	2:18:01	10:51
2826	490	M30	Cameron Frett, 33, Denver, CO	2:14:52	2:18:56	10:51
2198	369	W35	Tracy Fisher, 37*, Smithville, MO	2:14:53	2:17:54	10:51
2199	503	W25	Rhiannon Den Herder, 28*, Des Moines, IA	2:14:58	2:17:48	10:52
2200	370	W35	Jennifer Mlocek, 38*, Madrid, IA	2:14:58	2:17:58	10:52
2827	401	M40	Troy May, 41, Iowa, IA	2:14:58	2:18:09	10:52
2201	504	W25	Lyndsy Blair, 28*, Crystal, MN	2:14:58	2:17:51	10:52
2828	414	M35	Pete Fix, 39, Indianola, IA	2:15:04	2:17:51	10:52
2202	441	W30	Erin Black, 33*, Grinnell, IA	2:15:04	2:18:13	10:52
2203	292	W20	Stephanie Miner, 24*, Urbandale, IA	2:15:07	2:21:30	10:52
2829	445	M25	Eric Frahm, 27, North Liberty, IA	2:15:07	2:23:00	10:52
2830	446	M25	Dan Schellhase, 26, Ankeny, IA	2:15:07	2:17:04	10:52
2831	11	M65	Norman Hulscher, 65, West Des Moines, IA	2:15:08	2:18:43	10:52
2832	415	M35	Jay Van Wyk, 39, Ankeny, IA	2:15:09	2:16:49	10:52
2833	283	M45	Wayne Ostergaard, 46, Des Moines, IA	2:15:09	2:16:55	10:52
2834	242	M20	Richard Golfin, 24, Des Moines, IA	2:15:10	2:18:00	10:53
2835	203	M50	Dan Harcus, 54, Franksville, WI	2:15:11	2:20:20	10:53
2836	402	M40	Kirk Haefner, 43, Hiawatha, IA	2:15:11	2:21:05	10:53
2204	371	W35	Shannon Petersen, 37*, Granger, IA	2:15:13	2:21:10	10:53
2837	403	M40	Martin Gay, 43, Ankeny, IA	2:15:14	2:20:32	10:53
2205	372	W35	Dalena Elliott, 38*, West Des Moines, IA	2:15:15	2:17:27	10:53
2206	249	W40	Lisa McAllister, 40*, Topeka, KS	2:15:16	2:20:59	10:53
2838	72	JrM	Caanan Gassmann, 12, Winterset, IA	2:15:18	2:16:20	10:53
2207	505	W25	Gwyn Ferguson, 25*, Norwalk, IA	2:15:19	2:21:05	10:53
2208	293	W20	Kyra Vander Weerd, 21*, Sully, IA	2:15:19	2:21:06	10:53
2839	491	M30	Brian Galle, 33, Dubuque, IA	2:15:21	2:22:06	10:53
2840	416	M35	Jon Hider, 37, West Des Moines, IA	2:15:23	2:15:59	10:54
2841	204	M50	Dan Sartin, 53, Winston-Salem, NC	2:15:23	2:19:01	10:54
2209	506	W25	Katie Butler, 29*, Norwalk, IA	2:15:26	2:20:35	10:54
2210	294	W20	Beckie Lovell, 20*, Urbandale, IA	2:15:28	2:22:43	10:54
2842	492	M30	Joshua Duden, 33, Bondurant, IA	2:15:28	2:16:25	10:54
2843	404	M40	Lance Keith, 43, Solon, IA	2:15:29	2:17:31	10:54
2844	493	M30	Steve Hostetter, 32, Colfax, IA	2:15:29	2:19:15	10:54
2845	120	M55	Robert Aukes, 58, Windsor Heights, IA	2:15:29	2:17:03	10:54
2211	250	W40	Karla Pfeiffer, 41*, Des Moines, IA	2:15:30	2:18:40	10:54

2212	373	W35	Laurie Simington, 36*, Milford, IA	2:15:31	2:21:30	10:54
2213	442	W30	Krystal Wyatt, 32*, Glenwood, IA	2:15:33	2:18:38	10:54
2846	284	M45	David Soorholtz, 49, Clive, IA	2:15:34	2:17:58	10:54
2214	89	W50	Jane Wachutka, 51*, Chisago City, MN	2:15:34	2:21:26	10:54
2847	205	M50	Ed Wachutka, 53, Chisago City, MN	2:15:35	2:21:26	10:55
2215	251	W40	Michelle Rush, 44*, Mason City, IA	2:15:36	2:18:29	10:55
2216	295	W20	Jenna Sievers, 23*, Ankeny, IA	2:15:36	2:21:21	10:55
2848	417	M35	Bart Bentley, 35, Cedar Rapids, IA	2:15:37	2:20:16	10:55
2217	158	W45	Kary Austin, 47*, Grimes, IA	2:15:38	2:20:39	10:55
2849	206	M50	Mark Carper, 53, Des Moines, IA	2:15:38	2:17:55	10:55
2850	207	M50	Jeffrey Crane, 53, West Des Moines, IA	2:15:39	2:17:29	10:55
2218	507	W25	Kelly Johnston, 25*, West Des Moines, IA	2:15:39	2:17:29	10:55
2219	443	W30	Audra Rectenbaugh, 30*, Adel, IA	2:15:42	2:17:38	10:55
2220	444	W30	Fateem Al-Mabuk, 30*, Minneapolis, MN	2:15:42	2:17:38	10:55
2221	508	W25	Katrina Schultz, 27*, West Des Moines, IA	2:15:43	2:19:38	10:55
2222	296	W20	Allison Knox, 23*, Winterset, IA	2:15:45	2:17:30	10:55
2223	61	W17	Margaret Slechta, 19*, Fairfield, IA	2:15:45	2:19:09	10:55
2224	374	W35	Karen Junko, 36*, Ankeny, IA	2:15:46	2:20:10	10:55
2225	62	W17	Elizabeth Messerli, 19*, Fairfield, IA	2:15:46	2:19:10	10:55
2226	297	W20	Katharine Messerli, 21*, Fairfield, IA	2:15:47	2:19:10	10:55
2227	159	W45	Monica Weis, 49*, Creston, IA	2:15:48	2:20:42	10:56
2851	243	M20	Pat Andersen, 21, Council Bluffs, IA	2:15:48	2:19:12	10:56
2228	509	W25	Janet Wilwerding, 29*, Ankeny, IA	2:15:48	2:17:32	10:56
2229	375	W35	Suzanne Meyers, 36*, West Des Moines, IA	2:15:49	2:20:13	10:56
2852	494	M30	Nate Teut, 33, Waukee, IA	2:15:49	2:19:50	10:56
2230	376	W35	Tracy Leshner, 37*, Cambridge, IA	2:15:52	2:19:43	10:56
2853	495	M30	Jason Wiedman, 33, Ankeny, IA	2:15:54	2:17:01	10:56
2231	445	W30	Danielle Miller, 33*, Grundy Center, IA	2:15:56	2:21:10	10:56
2232	377	W35	Samantha O'Hara, 35*, Ankeny, IA	2:15:58	2:18:30	10:56
2854	496	M30	Matt Mohler, 31, West Des Moines, IA	2:16:00	2:23:12	10:57
2233	378	W35	Kristi Purdy, 35*, Cedar Falls, IA	2:16:01	2:18:20	10:57
2234	379	W35	Candice Fettkether, 35*, Cedar Falls, IA	2:16:01	2:18:20	10:57
2235	252	W40	Lori Dingeman, 42*, Pella, IA	2:16:01	2:18:24	10:57
2236	298	W20	Beth Lauters, 24*, Lincoln, NE	2:16:01	2:21:41	10:57
2237	380	W35	Sherry Christensen, 37*, Altoona, IA	2:16:01	2:21:41	10:57
2855	285	M45	David Thelen, 48, Des Moines, IA	2:16:01	2:23:35	10:57
2238	446	W30	Donna Avers, 34*, Lincoln, NE	2:16:03	2:23:41	10:57
2239	447	W30	Darci Fuller, 33*, Newton, IA	2:16:03	2:23:28	10:57
2856	447	M25	Anders Hagberg, 29, Des Moines, IA	2:16:04	2:23:20	10:57
2240	510	W25	Janelle Buxton, 25*, Des Moines, IA	2:16:04	2:23:20	10:57
2857	448	M25	Travis Dillinger, 25, Ankeny, IA	2:16:05	2:17:04	10:57
2858	208	M50	David Lane, 54, Cedar Falls, IA	2:16:05	2:18:54	10:57
2859	209	M50	Edward Bryja, 50, Pleasant Hill, IA	2:16:06	2:19:46	10:57
2860	449	M25	Evan Starcevic, 29, Des Moines, IA	2:16:07	2:19:40	10:57
2241	90	W50	Kristi Malone, 50*, Des Moines, IA	2:16:08	2:21:58	10:57
2861	450	M25	Jens Hansen, 29, Ankeny, IA	2:16:08	2:20:53	10:57
2242	253	W40	Kathi Johnson, 43*, North Mankato, MN	2:16:09	2:20:25	10:57
2243	160	W45	Stacey Brown, 45*, Pleasant Hill, IA	2:16:10	2:23:15	10:57
2244	448	W30	Roxanne Riesberg, 32*, Grimes, IA	2:16:11	2:22:33	10:57
2245	449	W30	Heidi Watkins, 33*, Grimes, IA	2:16:11	2:22:33	10:57
2246	511	W25	Colette Schweers, 26*, Omaha, NE	2:16:11	2:22:27	10:57
2862	497	M30	Matt Fisher, 30, Urbandale, IA	2:16:12	2:21:04	10:58
2247	254	W40	Susan Chambers, 44*, Clive, IA	2:16:13	2:22:59	10:58
2248	299	W20	Laura Wallace, 24*, West Des Moines, IA	2:16:14	2:21:01	10:58
2249	512	W25	Courtney Marks, 25*, Des Moines, IA	2:16:14	2:19:21	10:58
2250	161	W45	Jerri Presnell, 45*, Pleasant Hill, IA	2:16:14	2:21:56	10:58
2251	91	W50	Lisa Wells, 52*, Bettendorf, IA	2:16:15	2:19:47	10:58
2863	451	M25	Brian Bradour, 26, Des Moines, IA	2:16:15	2:21:55	10:58
2252	450	W30	Leah Vos, 30*, Altoona, IA	2:16:15	2:19:23	10:58
2253	381	W35	Rachelle Bowers, 36*, Altoona, IA	2:16:16	2:19:23	10:58
2864	286	M45	Ron Lower, 46, Johnston, IA	2:16:16	2:21:54	10:58
2865	498	M30	Casey Potter, 30, Ankeny, IA	2:16:16	2:23:22	10:58
2254	513	W25	Amy Bahr, 27*, Urbandale, IA	2:16:16	2:21:03	10:58
2255	300	W20	Amanda Lower, 20*, Johnston, IA	2:16:16	2:21:54	10:58
2866	418	M35	Doug Drees, 38, Waukee, IA	2:16:17	2:17:16	10:58

2256	382	W35	Jennifer Perkins, 36*, Waukee, IA	2:16:17	2:17:17	10:58
2257	255	W40	Lisa Hofmann, 42*, Adel, IA	2:16:19	2:23:29	10:58
2867	452	M25	Eric Caswell, 29, Des Moines, IA	2:16:19	2:20:49	10:58
2258	63	W17	Hannah O'Neal, 17*, Des Moines, IA	2:16:19	2:19:24	10:58
2259	514	W25	Emily Hora, 28*, Des Moines, IA	2:16:19	2:20:49	10:58
2868	405	M40	Kumaresan Subramani, 40, Urbandale, IA	2:16:23	2:21:16	10:58
2869	406	M40	Scott Idleman, 42, Granger, IA	2:16:24	2:17:04	10:59
2870	287	M45	Brent Niland, 47, West Des Moines, IA	2:16:25	2:20:10	10:59
2260	451	W30	Amber Baker, 31*, West Des Moines, IA	2:16:25	2:16:52	10:59
2871	499	M30	Jeremy Morse, 31, Ankeny, IA	2:16:25	2:21:05	10:59
2261	515	W25	Jenny Morse, 25*, Ankeny, IA	2:16:25	2:21:05	10:59
2872	244	M20	Jarod Creed, 23, Salina, KS	2:16:26	2:18:45	10:59
2262	162	W45	Deb Christensen, 47*, Adel, IA	2:16:28	2:19:58	10:59
2873	288	M45	Del Christensen, 49, Adel, IA	2:16:28	2:19:59	10:59
2263	383	W35	Tamera Smith, 39*, West Des Moines, IA	2:16:31	2:21:19	10:59
2264	384	W35	Jill Monson, 39*, Ankeny, IA	2:16:31	2:21:19	10:59
2874	419	M35	Philip Behrends, 36, Des Moines, IA	2:16:31	2:19:28	10:59
2265	256	W40	Tiffany Carlson, 42*, Fort Dodge, IA	2:16:36	2:17:25	10:59
2266	92	W50	Janet Reiter, 50*, Johnston, IA	2:16:37	2:22:08	11:00
2875	453	M25	Joshua Anderson, 26, Des Moines, IA	2:16:40	2:23:16	11:00
2876	454	M25	Nick Anderson, 25, Pleasant Hill, IA	2:16:40	2:23:16	11:00
2877	500	M30	Michael Gaul, 30, Urbandale, IA	2:16:41	2:23:29	11:00
2267	452	W30	Carol Gaul, 30*, Urbandale, IA	2:16:41	2:23:29	11:00
2878	97	M17	Arron Bodine, 18, Des Moines, IA	2:16:41	2:16:50	11:00
2879	455	M25	John Anderson, 27, Ottumwa, IA	2:16:43	2:23:55	11:00
2880	245	M20	Amanda Sage, 22, Ankeny, IA	2:16:46	2:22:45	11:00
2881	501	M30	Zach Lincicum, 31, Ankeny, IA	2:16:46	2:17:40	11:00
2882	502	M30	Heath Osberg, 31, Urbandale, IA	2:16:46	2:22:03	11:00
2883	420	M35	Wayne Beam, 35, Ankeny, IA	2:16:47	2:24:58	11:00
2268	516	W25	Lisa Nance, 26*, West Des Moines, IA	2:16:49	2:19:07	11:00
2269	517	W25	Katie Wheeler, 26*, Cheyenne, WY	2:16:49	2:21:49	11:00
2270	163	W45	Audrey Wheeler, 48*, Ames, IA	2:16:49	2:21:50	11:00
2271	518	W25	Jadie Johnston, 25*, Evanston, IL	2:16:49	2:21:46	11:01
2272	257	W40	Erin Bailey, 43*, Norwalk, IA	2:16:50	2:19:55	11:01
2884	246	M20	Chris Eick, 22, Pella, IA	2:16:51	2:20:04	11:01
2273	301	W20	Jamie Maxwell, 22*, Union, IA	2:16:51	2:20:03	11:01
2274	93	W50	Debby Weehler, 54*, Des Moines, IA	2:16:51	2:19:42	11:01
2275	519	W25	Maureen Cunningham, 28*, Chicago, IL	2:16:52	2:20:26	11:01
2276	520	W25	Erinn Anderson, 26*, West Des Moines, IA	2:16:54	2:19:06	11:01
2885	407	M40	Doug Reis, 44, Adel, IA	2:16:54	2:20:34	11:01
2277	258	W40	Ruth Mwangangi, 40*, Des Moines, IA	2:16:56	2:23:54	11:01
2278	259	W40	Jodi Isolini, 40*, Madrid, IA	2:16:56	2:22:49	11:01
2886	408	M40	Gary Houdeshell, 43, Stanhope, IA	2:16:58	2:24:13	11:01
2279	164	W45	Leslie Bramwell, 45*, Des Moines, IA	2:16:58	2:17:53	11:01
2280	15	W55	Pam German, 57*, Dallas Center, IA	2:16:59	2:19:35	11:01
2887	421	M35	Mitch Brown, 36, Des Moines, IA	2:16:59	2:24:13	11:01
2281	453	W30	Jessica Pendleton, 31*, Johnston, IA	2:17:00	2:21:27	11:01
2888	503	M30	Dan Mullins, 30, Des Moines, IA	2:17:00	2:19:15	11:01
2282	385	W35	Maria Jebens-Baker, 36*, Wellman, IA	2:17:00	2:24:20	11:01
2283	386	W35	Jill Lilienthal, 39*, Urbandale, IA	2:17:00	2:19:01	11:01
2284	387	W35	Beth Jebens, 35*, Des Moines, IA	2:17:00	2:24:20	11:01
2285	521	W25	Jill Hollander, 26*, Steamboat Rock, IA	2:17:02	2:22:46	11:02
2286	302	W20	Alison Bauer, 22*, Lacona, IA	2:17:02	2:21:47	11:02
2287	522	W25	Jamie Reid, 27*, Marshalltown, IA	2:17:02	2:22:27	11:02
2288	260	W40	Mary Greig, 43*, Urbandale, IA	2:17:05	2:23:28	11:02
2289	303	W20	Stephanie Burns, 20*, Cedar Falls, IA	2:17:05	2:18:35	11:02
2290	388	W35	Kathy Strottmann, 39*, Des Moines, IA	2:17:05	2:23:28	11:02
2889	409	M40	Jerry Cihota, 41, Urbandale, IA	2:17:06	2:23:06	11:02
2890	456	M25	Cory Reiersen, 28, Ames, IA	2:17:06	2:24:10	11:02
2291	523	W25	Robyn Reiersen, 27*, Ames, IA	2:17:06	2:24:10	11:02
2292	524	W25	Stephanie Hummel, 28*, Panora, IA	2:17:07	2:21:24	11:02
2891	457	M25	Brian Beavers, 26, West Des Moines, IA	2:17:08	2:22:56	11:02
2892	504	M30	Caleb Schmitz, 30, Des Moines, IA	2:17:09	2:20:52	11:02
2893	505	M30	Mike Healey, 33, Norwalk, IA	2:17:11	2:19:23	11:02
2894	289	M45	Gary Lamparek, 45, Fairfax, IA	2:17:11	2:19:26	11:02

2293	389	W35	Kara Stalzer, 35*, West Des Moines, IA	2:17:11	2:19:23	11:02
2294	261	W40	Anne Drannen, 42*, Johnston, IA	2:17:13	2:18:14	11:02
2295	262	W40	Rena Cheers, 40*, Afton, IA	2:17:14	2:22:46	11:02
2296	454	W30	Emily Kehoe, 34*, Des Moines, IA	2:17:14	2:21:28	11:03
2297	455	W30	Angie Stafford, 31*, Bentonville, AR	2:17:16	2:19:58	11:03
2298	525	W25	Kaarin Reese, 27*, Ankeny, IA	2:17:16	2:21:01	11:03
2895	410	M40	Christopher Vanderneck, 42, Henderson, NE	2:17:18	2:23:57	11:03
2299	165	W45	Wendy Chrisman, 49*, Des Moines, IA	2:17:18	2:19:13	11:03
2300	263	W40	Kelly Portz, 40*, Clive, IA	2:17:18	2:23:13	11:03
2896	411	M40	Vince Vanderneck, 44, West Des Moines, IA	2:17:18	2:23:57	11:03
2301	304	W20	Emily Chrisman, 21*, Des Moines, IA	2:17:19	2:19:14	11:03
2897	422	M35	John Sehnert, 37, Waukee, IA	2:17:20	2:23:55	11:03
2302	264	W40	Mindy Wiggins, 43*, Mitchellville, IA	2:17:22	2:21:15	11:03
2898	506	M30	John Schinckel III, 34, Houston, TX	2:17:23	2:19:28	11:03
2899	290	M45	Orville Bunker, 45, Newton, IA	2:17:23	2:23:58	11:03
2900	55	M60	Ken Miner, 62, Urbandale, IA	2:17:31	2:23:55	11:04
2303	305	W20	Ashley Katch, 23*, Urbandale, IA	2:17:31	2:22:50	11:04
2901	423	M35	Joe Heimer, 38, Ankeny, IA	2:17:31	2:18:00	11:04
2902	507	M30	Adam Doll, 32, Adel, IA	2:17:31	2:19:17	11:04
2304	166	W45	Faith Zellweger, 49*, Prescott, IA	2:17:33	2:20:30	11:04
2903	458	M25	Erik Fern, 27, Decorah, IA	2:17:34	2:19:02	11:04
2904	412	M40	Chris Williams, 41, Council Bluffs, IA	2:17:35	2:21:47	11:04
2905	413	M40	Bill Lighttell, 40, Des Moines, IA	2:17:35	2:18:57	11:04
2305	390	W35	Kate Walton, 37*, Indianola, IA	2:17:36	2:23:03	11:04
2306	265	W40	Jolene Welp, 42*, Ames, IA	2:17:39	2:19:00	11:04
2307	94	W50	Jennifer Seales, 52*, Rhodes, IA	2:17:39	2:22:04	11:04
2308	526	W25	Anne Jacobson, 25*, Ankeny, IA	2:17:40	2:21:22	11:05
2906	56	M60	Earl Smith, 60, Des Moines, IA	2:17:41	2:23:07	11:05
2907	459	M25	Ben Warren, 27, Des Moines, IA	2:17:43	2:20:50	11:05
2309	391	W35	Michele McAnally, 36*, Ankeny, IA	2:17:44	2:21:38	11:05
2908	12	M65	Verdean Wiertzema, 68, Boyden, IA	2:17:45	2:21:51	11:05
2310	16	W55	Tiare Mathison, 56*, Newton, IA	2:17:46	2:19:13	11:05
2311	7	W60	Karen Mattiussi, 61*, Adel, IA	2:17:46	2:24:13	11:05
2312	95	W50	Charlotte Jacobs, 51*, Urbandale, IA	2:17:47	2:25:26	11:05
2313	96	W50	Jann Miller, 53*, Cedar Falls, IA	2:17:47	2:22:58	11:05
2314	456	W30	Jessica Eilers, 34*, Reinbeck, IA	2:17:47	2:22:58	11:05
2909	121	M55	Tim Devick, 59, Urbandale, IA	2:17:49	2:18:08	11:05
2315	392	W35	Beth Dare, 39*, Fenton, MO	2:17:52	2:22:19	11:06
2316	266	W40	Liesl Eathington, 42*, Ames, IA	2:17:52	2:20:50	11:06
2910	210	M50	David Swenson, 54, Ames, IA	2:17:53	2:20:50	11:06
2911	414	M40	Steve Brenizer, 40, Pella, IA	2:17:53	2:20:54	11:06
2317	393	W35	Lori Matthaidess, 39*, Eldridge, IA	2:17:55	2:23:08	11:06
2318	394	W35	Theresa Mulligan, 37*, Eldridge, IA	2:17:55	2:23:08	11:06
2912	424	M35	Michael Jensen, 38, Clive, IA	2:17:55	2:23:30	11:06
2913	415	M40	Lauren Knous, 42, Urbandale, IA	2:17:56	2:23:51	11:06
2319	267	W40	Kristi Knous, 40*, Urbandale, IA	2:17:56	2:23:51	11:06
2320	167	W45	Brenda Flaming, 46*, Huxley, IA	2:17:58	2:20:00	11:06
2321	268	W40	Laura Gratias, 40*, Waukee, IA	2:17:58	2:24:35	11:06
2322	457	W30	Marcy Baker, 30*, Clive, IA	2:17:59	2:24:56	11:06
2323	458	W30	Kristy Conrad, 31*, Urbandale, IA	2:18:01	2:19:34	11:06
2324	97	W50	Jackie Kramer, 51*, Hartley, IA	2:18:04	2:22:59	11:06
2914	57	M60	John Kuster, 61, Fairfield, IA	2:18:05	2:21:09	11:07
2915	291	M45	Roger Borcharding, 48, Linden, IA	2:18:05	2:21:46	11:07
2916	292	M45	Mitch Johnk, 45, Panora, IA	2:18:05	2:25:13	11:07
2325	98	W50	Sharon Reeder, 51*, Ankeny, IA	2:18:06	2:20:48	11:07
2326	168	W45	Kelly Sharp, 46*, Pleasant Hill, IA	2:18:08	2:22:23	11:07
2917	416	M40	John Kliegl, 41, West Des Moines, IA	2:18:08	2:22:41	11:07
2918	425	M35	Tony Galeazzi, 39, Des Moines, IA	2:18:08	2:20:08	11:07
2919	98	M17	Trevor Haden, 19, Johnston, IA	2:18:08	2:19:02	11:07
2920	417	M40	Bret Molander, 41, Cedar Rapids, IA	2:18:10	2:21:54	11:07
2327	169	W45	Sue Cornick, 48*, Des Moines, IA	2:18:10	2:24:52	11:07
2328	395	W35	Mandy Yoder, 35*, Grundy Center, IA	2:18:11	2:24:44	11:07
2329	459	W30	Sara Wegmann, 33*, Grundy Center, IA	2:18:12	2:24:44	11:07
2921	508	M30	Nicholas Wigant, 30, Ankeny, IA	2:18:12	2:21:52	11:07
2922	211	M50	Mark Schwalenberg, 53, Polk City, IA	2:18:13	2:24:51	11:07

2330	396	W35	Katrisha Heidemann, 38*, Granger, IA	2:18:13	2:22:16	11:07
2331	397	W35	Kimberly Sapp, 38*, Des Moines, IA	2:18:14	2:22:16	11:07
2332	170	W45	Janet Malmberg, 49*, Des Moines, IA	2:18:16	2:23:09	11:07
2923	460	M25	Ray Sorensen, 29, Greenfield, IA	2:18:16	2:19:12	11:07
2924	461	M25	Joe Loonan, 25, Ames, IA	2:18:17	2:21:50	11:08
2333	306	W20	Amy Sturm, 23*, Ankeny, IA	2:18:18	2:23:19	11:08
2334	460	W30	Heather Schellhorn, 31*, Marion, IA	2:18:19	2:23:42	11:08
2335	461	W30	Megan Hollingsworth, 31*, Urbandale, IA	2:18:19	2:24:11	11:08
2336	527	W25	Tracie Torbert, 25*, West Des Moines, IA	2:18:20	2:23:42	11:08
2337	528	W25	Michelle Thomassen, 26*, Norwalk, IA	2:18:21	2:23:43	11:08
2925	462	M25	Blake Brown, 27, Urbandale, IA	2:18:22	2:23:26	11:08
2926	509	M30	Barry Bruner, 34, West Des Moines, IA	2:18:22	2:22:53	11:08
2338	398	W35	Angie Swackhamer, 38*, Des Moines, IA	2:18:23	2:24:02	11:08
2339	307	W20	Christine Dorenkamp, 23*, Urbandale, IA	2:18:25	2:26:16	11:08
2340	462	W30	Jecque Stotts, 33*, Urbandale, IA	2:18:25	2:21:51	11:08
2341	529	W25	Lisa Stockdale, 29*, Bentonville, AR	2:18:26	2:21:09	11:08
2927	463	M25	Blake McKibbin, 27, Des Moines, IA	2:18:28	2:22:20	11:08
2342	530	W25	Betsy Funk, 25*, Minneapolis, MN	2:18:28	2:22:20	11:08
2343	531	W25	Jessi Fahn, 25*, Ankeny, IA	2:18:31	2:21:59	11:09
2928	464	M25	Ton Senephansiri, 28, Johnston, IA	2:18:31	2:25:22	11:09
2344	532	W25	Malayphone Senephansiri, 29*, Johnston, IA	2:18:32	2:25:22	11:09
2345	533	W25	Kate Pergande, 26*, Marshalltown, IA	2:18:32	2:23:11	11:09
2346	269	W40	Jodi Keating, 41*, Iowa City, IA	2:18:34	2:25:24	11:09
2347	463	W30	Melisa Haes, 32*, Altoona, IA	2:18:34	2:22:35	11:09
2929	465	M25	Jonathan J Janssen, 28, West Des Moines, IA	2:18:35	2:22:03	11:09
2348	64	W17	Kelsey Gent, 19*, Wellman, IA	2:18:36	2:23:47	11:09
2349	399	W35	Jenny Miller, 37*, Sloan, IA	2:18:36	2:23:56	11:09
2350	464	W30	Erin Brekke, 34*, Sloan, IA	2:18:36	2:23:57	11:09
2930	293	M45	Cody Kilgore, 47, West Des Moines, IA	2:18:39	2:25:18	11:09
2351	65	W17	Stacy Klein, 17*, Ankeny, IA	2:18:39	2:22:05	11:09
2352	400	W35	Jessica O'Mara, 36*, Windsor Heights, IA	2:18:42	2:24:47	11:10
2353	308	W20	Katrina Karasch, 24*, Chicago, IL	2:18:42	2:26:28	11:10
2354	270	W40	Lynn Riesenber, 43*, Audubon, IA	2:18:44	2:25:42	11:10
2355	534	W25	Stephanie Healey, 28*, Norwalk, IA	2:18:45	2:19:23	11:10
2356	401	W35	Julie Gardner, 35*, Ankeny, IA	2:18:45	2:24:27	11:10
2931	418	M40	Dan Sanford, 40, Cedar Rapids, IA	2:18:45	2:23:22	11:10
2357	309	W20	Ashley Stockdale, 22*, Ankeny, IA	2:18:46	2:26:32	11:10
2358	402	W35	Jill Nepper, 38*, Urbandale, IA	2:18:46	2:20:47	11:10
2932	419	M40	Robert Hansen, 41, Adel, IA	2:18:47	2:23:30	11:10
2359	310	W20	Kelli Scheib, 24*, Des Moines, IA	2:18:47	2:26:34	11:10
2933	426	M35	Koen Luinstra, 36, West Des Moines, IA	2:18:48	2:20:41	11:10
2934	427	M35	Shane Brix, 36, Grimes, IA	2:18:54	2:21:41	11:11
2360	271	W40	Teresa Kolarik, 42*, Indianola, IA	2:18:56	2:23:15	11:11
2361	535	W25	Taya Parks, 25*, Ankeny, IA	2:18:56	2:24:52	11:11
2935	510	M30	Keith Lyles, 34, Ankeny, IA	2:18:56	2:24:52	11:11
2362	272	W40	Mary Socha, 42*, Omaha, NE	2:18:57	2:24:49	11:11
2936	294	M45	Stephen McGinnis, 46, Indianola, IA	2:18:57	2:23:16	11:11
2937	420	M40	Scott Nelson, 44, Pleasant Hill, IA	2:18:57	2:20:57	11:11
2363	24	JrW	Hannah Thayer, 15*, Urbandale, IA	2:19:00	2:24:53	11:11
2364	403	W35	Jamie Champion, 38*, Des Moines, IA	2:19:00	2:24:42	11:11
2938	428	M35	Chris Champion, 38, Des Moines, IA	2:19:01	2:22:16	11:11
2365	404	W35	Kristi Magneson, 39*, Urbandale, IA	2:19:02	2:26:28	11:11
2366	465	W30	Angie Thiher, 34*, Atkins, IA	2:19:04	2:23:41	11:11
2367	171	W45	Beth Farley, 47*, Ida Grove, IA	2:19:04	2:25:58	11:11
2368	405	W35	Sharon Smith, 36*, Johnston, IA	2:19:05	2:22:02	11:11
2939	421	M40	Steve Angersinger, 41, Pleasant Hill, IA	2:19:05	2:21:35	11:11
2369	99	W50	Sheila Lamm, 53*, New London, IA	2:19:06	2:25:18	11:11
2370	536	W25	Rebecca Turner, 26*, Marshalltown, IA	2:19:07	2:24:46	11:12
2371	537	W25	April Shriver, 27*, Chariton, IA	2:19:09	2:26:15	11:12
2940	511	M30	Bryce Lemke, 32, Nevada, IA	2:19:10	2:24:56	11:12
2372	406	W35	Enita Larson, 38*, Omaha, NE	2:19:10	2:25:11	11:12
2941	422	M40	Keith Henaman, 43, West Des Moines, IA	2:19:11	2:20:57	11:12
2373	538	W25	Kari Murray, 28*, Norwalk, IA	2:19:11	2:24:08	11:12
2942	466	M25	Mark Reeter, 27, West Des Moines, IA	2:19:13	2:26:36	11:12

2374	407	W35	Susan Mears, 37*, Urbandale, IA	2:19:15	2:24:54	11:12
2375	408	W35	Gina Boomershine, 37*, Urbandale, IA	2:19:16	2:24:55	11:12
2376	466	W30	Windy Ayres, 34*, Dallas Center, IA	2:19:17	2:20:19	11:12
2943	429	M35	Jeff Sparks, 35, Marshalltown, IA	2:19:18	2:26:13	11:12
2377	311	W20	Amber Ruden, 24*, Dubuque, IA	2:19:18	2:24:51	11:12
2378	539	W25	Rejeana Otte, 29*, Waukee, IA	2:19:18	2:24:33	11:12
2379	467	W30	Gretchen Wynia, 32*, Cottage Grove, MN	2:19:19	2:22:17	11:13
2944	512	M30	Brian Frost, 31, Woodward, IA	2:19:20	2:23:20	11:13
2945	430	M35	Jason Kinsella, 35, Creston, IA	2:19:24	2:23:43	11:13
2946	73	JrM	Caleb McClure, 15, Ankeny, IA	2:19:24	2:23:59	11:13
2947	431	M35	David North, 39, Oskaloosa, IA	2:19:24	2:21:24	11:13
2380	172	W45	Colleen Leinen, 48*, West Des Moines, IA	2:19:26	2:20:14	11:13
2948	432	M35	Noah Wolter, 37, Urbandale, IA	2:19:27	2:23:55	11:13
2381	312	W20	Alexis McGee, 20*, Indianola, IA	2:19:27	2:24:42	11:13
2382	173	W45	Elizabeth Bowen, 47*, Freeport, IL	2:19:29	2:24:48	11:13
2383	409	W35	Heather Lilienthal, 35*, Ankeny, IA	2:19:30	2:20:40	11:13
2384	540	W25	Katey Lukkess, 26*, Pierre, SD	2:19:33	2:26:32	11:14
2949	423	M40	Eric Sailsbury, 41, Ames, IA	2:19:34	2:23:42	11:14
2385	468	W30	Jodie Stapley, 34*, Marion, IA	2:19:34	2:21:40	11:14
2950	13	M65	Gary Bishop, 68, Ottumwa, IA	2:19:35	2:23:04	11:14
2386	313	W20	Jill Johnson, 24*, Saint Joseph, MO	2:19:36	2:23:23	11:14
2387	541	W25	Katie Husske, 26*, Ames, IA	2:19:37	2:22:11	11:14
2388	469	W30	Amanda Folks, 30*, Bellevue, NE	2:19:38	2:26:38	11:14
2389	314	W20	Rebecca Kakac, 24*, Garrison, IA	2:19:39	2:22:01	11:14
2390	315	W20	Rebecca Kakac, 24*, Garrison, IA	2:19:39	2:25:33	11:14
2391	174	W45	Lynnette Moore, 47*, Pleasant Hill, IA	2:19:40	2:26:45	11:14
2951	467	M25	Aaron Rosheim, 26, Ames, IA	2:19:40	2:26:12	11:14
2392	542	W25	Kerrie Ericson, 26*, Ames, IA	2:19:40	2:26:12	11:14
2393	543	W25	Katalin Kolodick, 27*, Marion, IA	2:19:41	2:25:04	11:14
2952	212	M50	Scott Rosheim, 50, Bondurant, IA	2:19:42	2:26:13	11:14
2394	544	W25	Nikkol Johnson, 27*, Des Moines, IA	2:19:43	2:26:15	11:14
2395	545	W25	Stephanie Mahaffey, 29*, Altoona, IA	2:19:44	2:24:41	11:15
2396	470	W30	Heather Brincks, 32*, Audubon, IA	2:19:45	2:26:26	11:15
2397	66	W17	Ashley Metzger, 19*, Nevada, IA	2:19:46	2:21:01	11:15
2953	468	M25	Tyler Johnston, 29, Ankeny, IA	2:19:46	2:23:58	11:15
2954	58	M60	John Cunnally, 61, Ames, IA	2:19:47	2:21:21	11:15
2955	433	M35	Michael Lipp, 38, West Des Moines, IA	2:19:48	2:26:06	11:15
2398	546	W25	Jennifer Tischler, 26*, West Des Moines, IA	2:19:48	2:21:52	11:15
2399	410	W35	Melissa Lipp, 37*, West Des Moines, IA	2:19:48	2:26:06	11:15
2400	316	W20	Mallory Sommers, 23*, Grimes, IA	2:19:49	2:23:21	11:15
2401	411	W35	Vicki Campos-Dimmer, 39*, Des Moines, IA	2:19:51	2:23:38	11:15
2956	424	M40	Craig Feller, 43, Norwalk, IA	2:19:51	2:23:12	11:15
2402	412	W35	Linda Freese, 39*, Hartford, IA	2:19:53	2:26:59	11:15
2403	547	W25	Katie Fetcho, 29*, Bloomfield, IA	2:19:54	2:26:26	11:15
2404	273	W40	Conni Crees, 42*, Winterset, IA	2:19:54	2:20:27	11:15
2405	471	W30	Amy Young, 30*, Bloomfield, IA	2:19:54	2:26:26	11:15
2406	274	W40	Marva Blue, 43*, Clive, IA	2:19:55	2:24:04	11:15
2957	247	M20	Larry Spray, 24, Grimes, IA	2:19:55	2:23:28	11:15
2407	100	W50	Julie Kent Larson, 54*, Ames, IA	2:19:56	2:24:36	11:15
2408	317	W20	Ashley Noah, 22*, Ames, IA	2:19:56	2:24:04	11:16
2409	472	W30	Courtney Donaldson, 33*, Clive, IA	2:19:56	2:23:53	11:16
2410	473	W30	Angela Arias Douds, 32*, Des Moines, IA	2:19:56	2:23:43	11:16
2958	513	M30	Brian Donaldson, 30, Clive, IA	2:19:56	2:23:53	11:16
2411	474	W30	Jennifer Fain, 31*, Ankeny, IA	2:19:57	2:26:34	11:16
2412	275	W40	Michelle Williams, 41*, Johnston, IA	2:19:58	2:21:54	11:16
2413	413	W35	Mary Nelson, 38*, Sioux Falls, SD	2:19:58	2:24:04	11:16
2959	434	M35	Joe Beuter, 36, Des Moines, IA	2:19:58	2:26:34	11:16
2414	414	W35	Teresa Beuter, 38*, Des Moines, IA	2:19:59	2:26:34	11:16
2415	475	W30	Shannon Letsche, 31*, Marcus, IA	2:20:00	2:20:00	11:16
2960	435	M35	Goodluck Mukome, 39, West Des Moines, IA	2:20:02	2:27:00	11:16
2961	425	M40	John Schley, 43, Des Moines, IA	2:20:02	2:27:00	11:16
2416	476	W30	Abbi Schutte, 30*, Des Moines, IA	2:20:03	2:24:41	11:16
2417	477	W30	Melinda Mullenix, 32*, Adel, IA	2:20:03	2:24:41	11:16
2962	213	M50	Marty Kalton, 51, Des Moines, IA	2:20:04	2:26:49	11:16

2418	318	W20	Kristi Marshall, 24*, Hastings, NE	2:20:05	2:26:10	11:16
2419	319	W20	Angela Carlson, 23*, Tiffin, IA	2:20:05	2:24:04	11:16
2420	276	W40	Kimberly Busse-Hatting, 42*, Grinnell, IA	2:20:07	2:21:52	11:16
2421	548	W25	Nicole Kruser, 27*, Dickeyville, WI	2:20:07	2:23:18	11:16
2422	478	W30	Maggie Lamm, 33*, Solon, IA	2:20:07	2:26:19	11:16
2963	426	M40	Robert Whitmer, 42, Omaha, NE	2:20:08	2:26:01	11:17
2964	514	M30	Steven Heller, 33, Ames, IA	2:20:09	2:24:25	11:17
2423	479	W30	Kelly Murley, 30*, Colfax, IA	2:20:10	2:27:20	11:17
2424	549	W25	Erin Tuel, 29*, Des Moines, IA	2:20:10	2:24:33	11:17
2965	469	M25	Shane Ort, 29, Pella, IA	2:20:10	2:24:33	11:17
2425	320	W20	Rebecca Lambdin-Abraham, 23*, Grundy Center, IA	2:20:11	2:26:54	11:17
2966	248	M20	Robert Knipe III, 24, Grundy Center, IA	2:20:11	2:26:54	11:17
2426	321	W20	Ashley Deeth, 23*, Coon Rapids, MN	2:20:12	2:25:37	11:17
2967	436	M35	Michael Lee, 39, Grimes, IA	2:20:13	2:22:49	11:17
2968	470	M25	Edward Chu, 26, Cedar Rapids, IA	2:20:13	2:25:37	11:17
2427	67	W17	Susan Law, 18*, Ames, IA	2:20:14	2:27:08	11:17
2428	277	W40	Sarah Johnson, 43*, Marshalltown, IA	2:20:15	2:27:08	11:17
2429	550	W25	Teresa Middents, 29*, Atlantic, IA	2:20:16	2:21:43	11:17
2430	322	W20	Tracy French, 22*, Waukee, IA	2:20:16	2:25:35	11:17
2969	427	M40	Tom Morris, 43, Johnston, IA	2:20:16	2:21:45	11:17
2431	175	W45	Karlen Howard, 48*, Urbandale, IA	2:20:18	2:23:41	11:17
2432	278	W40	Canice Treangen, 43*, Midland, MI	2:20:21	2:25:25	11:18
2433	279	W40	Angela Frank, 44*, Omaha, NE	2:20:21	2:25:25	11:18
2434	280	W40	Sherri Finney, 42*, Waukee, IA	2:20:22	2:23:42	11:18
2435	415	W35	Rae Edwards, 38*, Clive, IA	2:20:22	2:23:42	11:18
2436	416	W35	Polly Shives, 37*, Owatonna, MN	2:20:23	2:27:48	11:18
2437	551	W25	Amanda Bean, 25*, Charles City, IA	2:20:23	2:25:59	11:18
2438	281	W40	Mary Letsche, 43*, Cherokee, IA	2:20:24	2:25:31	11:18
2439	480	W30	Abby Dyar, 30*, Ankeny, IA	2:20:25	2:23:55	11:18
2440	552	W25	Calli Landenberger, 28*, Denver, IA	2:20:28	2:21:36	11:18
2441	282	W40	Christy Takes, 43*, Cedar Falls, IA	2:20:28	2:27:10	11:18
2442	553	W25	Amani Statton, 28*, Urbandale, IA	2:20:30	2:20:30	11:18
2970	471	M25	Kassem Hanson, 25, West Des Moines, IA	2:20:30	2:20:30	11:18
2971	428	M40	Justin Nepper, 40, Urbandale, IA	2:20:31	2:22:32	11:18
2443	554	W25	Crista Zinnel, 29*, Fonda, IA	2:20:33	2:25:33	11:19
2444	555	W25	Melanie Kempf, 26*, Urbandale, IA	2:20:35	2:25:09	11:19
2445	283	W40	Julie Hammond, 40*, Marshalltown, IA	2:20:36	2:25:09	11:19
2446	556	W25	Jillian Grund, 26*, West Des Moines, IA	2:20:36	2:28:19	11:19
2447	284	W40	Kaylene Bast, 42*, Urbandale, IA	2:20:37	2:24:35	11:19
2448	557	W25	Angela Allen, 29*, Ames, IA	2:20:38	2:27:09	11:19
2972	429	M40	Jim Bast, 43, Urbandale, IA	2:20:38	2:24:35	11:19
2449	558	W25	Laura Larson, 29*, Des Moines, IA	2:20:38	2:24:05	11:19
2450	559	W25	Sarah Bengtson, 29*, North Liberty, IA	2:20:39	2:27:48	11:19
2451	560	W25	Kelley Crosbie, 26*, Des Moines, IA	2:20:39	2:25:31	11:19
2973	515	M30	Tyler Peterson, 34, Des Moines, IA	2:20:40	2:23:39	11:19
2974	430	M40	Dennis Waggoner, 44, Omaha, NE	2:20:40	2:25:28	11:19
2452	101	W50	Terri Glass, 54*, Arcadia, IA	2:20:41	2:26:09	11:19
2453	102	W50	Debbie Nielsen, 50*, Des Moines, IA	2:20:42	2:23:33	11:19
2975	59	M60	Charles Potter, 60, Muscatine, IA	2:20:42	2:24:54	11:19
2454	481	W30	Carrie Lujan, 32*, Santa Fe, NM	2:20:44	2:23:03	11:19
2455	417	W35	Danielle Nigro, 38*, Waukee, IA	2:20:44	2:22:48	11:19
2456	561	W25	Eleanor Mills, 26*, Iowa City, IA	2:20:47	2:27:56	11:20
2457	103	W50	Patrice Teigland, 54*, Urbandale, IA	2:20:48	2:24:20	11:20
2976	214	M50	Mark Teigland, 53, Urbandale, IA	2:20:48	2:24:20	11:20
2458	418	W35	Jodi Clendenen, 37*, Indianola, IA	2:20:50	2:26:51	11:20
2977	437	M35	Tray Wade, 36, Waukee, IA	2:20:50	2:23:28	11:20
2459	482	W30	Kate Burrell, 33*, Indianola, IA	2:20:50	2:26:51	11:20
2460	562	W25	Lindsay Graham, 29*, Indianola, IA	2:20:51	2:23:24	11:20
2461	563	W25	Laramie Kelly, 27*, Indianola, IA	2:20:52	2:23:24	11:20
2462	419	W35	Marianne Janes, 38*, Story City, IA	2:20:52	2:24:36	11:20
2463	285	W40	Sue Trunck, 43*, Reinbeck, IA	2:20:52	2:26:57	11:20
2464	286	W40	Barbara Lacina, 40*, Des Moines, IA	2:20:53	2:28:10	11:20
2465	287	W40	Ann Gansemer-Topf, 41*, Ames, IA	2:20:57	2:25:18	11:20
2466	288	W40	Amee Rief, 43*, Leavenworth, WA	2:20:58	2:26:59	11:21

2467	176	W45	Sue Dekkers, 45*, Ames, IA	2:20:58	2:27:48	11:21
2978	431	M40	Kim Mathison, 40, Des Moines, IA	2:20:58	2:27:01	11:21
2979	438	M35	Patrick White, 35, Gladbrook, IA	2:20:59	2:25:20	11:21
2468	483	W30	Lindsay Robertson, 30*, Chariton, IA	2:21:00	2:26:37	11:21
2469	564	W25	Molly Uhlenhake, 28*, Kansas City, MO	2:21:00	2:21:00	11:21
2470	565	W25	Kristen Carr, 29*, Chariton, IA	2:21:01	2:26:37	11:21
2471	177	W45	Lori Schwartz, 48*, Greenfield, IA	2:21:03	2:24:30	11:21
2472	289	W40	Carolyn Monahan, 43*, Johnston, IA	2:21:05	2:27:08	11:21
2980	516	M30	Todd Lincoln, 31, Ankeny, IA	2:21:05	2:25:41	11:21
2981	99	M17	Jason Grabe, 19, Walford, IA	2:21:06	2:28:23	11:21
2982	439	M35	Corey Nuehring, 36, Marion, IA	2:21:06	2:25:47	11:21
2473	420	W35	Michelle Nuehring, 36*, Marion, IA	2:21:07	2:25:47	11:21
2474	421	W35	Dawn Selesky, 39*, Ankeny, IA	2:21:09	2:21:55	11:21
2983	440	M35	Winston Jimenez, 39, Marion, IA	2:21:09	2:26:34	11:21
2984	441	M35	Boniface Karanja, 39, Plymouth, MN	2:21:14	2:27:23	11:22
2475	484	W30	Valarie Hinrickson, 30*, Spirit Lake, IA	2:21:17	2:28:17	11:22
2476	178	W45	Rebecca Van Baale, 48*, Newton, IA	2:21:18	2:25:56	11:22
2477	422	W35	Bobbi Young, 36*, Des Moines, IA	2:21:19	2:26:58	11:22
2478	566	W25	Lexi Kiel-Wornson, 28*, Des Moines, IA	2:21:21	2:27:12	11:22
2479	485	W30	Kate Virgil, 30*, West Des Moines, IA	2:21:21	2:24:50	11:22
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3068	526	M30	Dan Meinecke, 33, Ankeny, IA	2:25:09	2:28:14	11:41
3069	252	M20	Michael Cooley, 23, Orient, IA	2:25:10	2:28:29	11:41
3070	480	M25	Jason Bickford, 27, Des Moines, IA	2:25:10	2:32:45	11:41
2609	452	W35	Michele Hemann, 38*, Stacyville, IA	2:25:12	2:27:39	11:41
3071	222	M50	Michael Carlson, 54, Macksburg, IA	2:25:14	2:25:28	11:41
3072	444	M40	David Benson, 43, Kansas City, MO	2:25:18	2:30:24	11:41
2610	186	W45	Debra Lyons, 46*, West Des Moines, IA	2:25:21	2:29:57	11:42
2611	505	W30	Libby Samples, 34*, Danville, IA	2:25:26	2:31:39	11:42
2612	593	W25	Stacy Ackerman, 26*, Williamsburg, IA	2:25:29	2:28:56	11:42
2613	506	W30	Lori Vander Zyl, 34*, Waukee, IA	2:25:31	2:27:42	11:42
2614	453	W35	Judy Hillman, 36*, Dana, IA	2:25:31	2:30:34	11:42
2615	17	W55	Vickie Richter, 58*, Adair, IA	2:25:38	2:29:52	11:43
2616	507	W30	Beth Paulson, 31*, Cedar Falls, IA	2:25:39	2:29:01	11:43
3073	253	M20	Kerry Johnson, 23, Nevada, IA	2:25:40	2:28:46	11:43
2617	508	W30	Amanda Krukow, 31*, Urbandale, IA	2:25:40	2:29:00	11:43
2618	187	W45	Christine Hartman, 46*, Ankeny, IA	2:25:40	2:26:13	11:43
3074	128	M55	Harold Smith, 57, Berrien Springs, MI	2:25:40	2:32:50	11:43
2619	594	W25	Emily Burt, 25*, Des Moines, IA	2:25:40	2:30:26	11:43
2620	340	W20	Maria Schwamman, 23*, West Des Moines, IA	2:25:41	2:30:13	11:43
2621	310	W40	Anne Blobaum, 42*, Ankeny, IA	2:25:41	2:26:15	11:43
2622	509	W30	Sara Spain, 30*, Des Moines, IA	2:25:42	2:26:15	11:43
3075	223	M50	John Kim, 52, Urbandale, IA	2:25:44	2:27:50	11:44
3076	129	M55	Greg Dirks, 55, Iowa City, IA	2:25:48	2:31:23	11:44

2623	510	W30	Tara Mason, 30*, Ankeny, IA	2:25:49	2:33:54	11:44
3077	130	M55	Jim McElroy, 55, Johnston, IA	2:25:49	2:28:41	11:44
2624	511	W30	Jill Spies, 30*, Templeton, IA	2:25:51	2:32:33	11:44
3078	308	M45	Steve Cox, 49, Cambridge, IA	2:25:51	2:28:29	11:44
2625	311	W40	Laura Tobey, 41*, Clive, IA	2:25:53	2:32:38	11:44
2626	595	W25	Mary Sievers, 26*, Pleasant Hill, IA	2:25:53	2:31:38	11:44
3079	458	M35	Eric Dodd, 37, Grimes, IA	2:25:54	2:28:37	11:44
3080	481	M25	Tyler Smiarowski, 26, Cedar Rapids, IA	2:25:54	2:29:55	11:44
2627	312	W40	Andrea Tyler, 42*, Urbandale, IA	2:25:59	2:28:00	11:45
2628	596	W25	Lacey Theilen, 28*, Ames, IA	2:26:01	2:33:23	11:45
2629	512	W30	Ashley Rathjen, 33*, Ankeny, IA	2:26:01	2:28:36	11:45
2630	313	W40	Jennifer Moret, 41*, Brookings, SD	2:26:01	2:30:08	11:45
2631	513	W30	Billi Jones, 32*, Donnellson, IA	2:26:04	2:34:14	11:45
2632	314	W40	Chris Rhinehart, 40*, Conrad, IA	2:26:05	2:31:54	11:45
2633	188	W45	Tania Drinkwater, 45*, Marion, IA	2:26:06	2:34:36	11:45
2634	25	JrW	Emma Thayer, 12*, Urbandale, IA	2:26:07	2:32:00	11:45
3081	445	M40	Doug Rex, 44, Clive, IA	2:26:08	2:30:40	11:45
3082	459	M35	David Kurth, 37, Grimes, IA	2:26:09	2:31:11	11:46
2635	597	W25	Jessica Nelson, 27*, Clive, IA	2:26:10	2:31:55	11:46
3083	460	M35	Chuck Augustine, 37, Cedar Rapids, IA	2:26:10	2:31:11	11:46
2636	341	W20	Josey Strathe, 21*, Des Moines, IA	2:26:10	2:33:11	11:46
2637	514	W30	Jane Gressang, 34*, Iowa City, IA	2:26:10	2:33:35	11:46
2638	598	W25	Jessica Goetz, 28*, Iowa City, IA	2:26:11	2:33:35	11:46
2639	342	W20	Ann Luellen, 23*, Iowa City, IA	2:26:11	2:33:35	11:46
2640	515	W30	Stephanie Spurling, 33*, Dexter, IA	2:26:11	2:28:49	11:46
2641	189	W45	Julie Walter, 46*, Johnston, IA	2:26:15	2:31:44	11:46
3084	446	M40	Tony Mauro, 41, Des Moines, IA	2:26:16	2:31:53	11:46
2642	343	W20	Meghan Reicks, 24*, Iowa City, IA	2:26:20	2:33:14	11:46
3085	482	M25	Zachary Kraft, 29, Johnston, IA	2:26:21	2:29:36	11:46
2643	599	W25	Melanie Kraft, 26*, Johnston, IA	2:26:21	2:29:35	11:47
2644	454	W35	Kahlea Green, 39*, Liberty, MO	2:26:22	2:29:50	11:47
2645	516	W30	Erin Sherman, 31*, Olathe, KS	2:26:22	2:29:50	11:47
2646	600	W25	Alison Buck, 26*, Ames, IA	2:26:27	2:33:20	11:47
3086	483	M25	James Simeck, 29, Waukee, IA	2:26:27	2:32:15	11:47
2647	190	W45	Linda Severino, 49*, Des Moines, IA	2:26:28	2:30:48	11:47
2648	601	W25	Jill Lindsteadt, 26*, Hastings, NE	2:26:29	2:32:16	11:47
2649	111	W50	Sue Heckert, 52*, Waukee, IA	2:26:29	2:32:17	11:47
2650	602	W25	Andrea Simeck, 27*, Waukee, IA	2:26:29	2:32:16	11:47
2651	344	W20	Lauren Lemon, 20*, Clive, IA	2:26:30	2:31:32	11:47
3087	461	M35	Kurt Mumm, 39, Johnston, IA	2:26:31	2:30:36	11:47
2652	517	W30	Jennifer Anderson, 30*, Cumming, IA	2:26:32	2:34:15	11:47
3088	484	M25	Tyler Kruse, 25, Urbandale, IA	2:26:32	2:30:23	11:47
2653	603	W25	Carrie Brannen, 25*, Windsor Heights, IA	2:26:32	2:30:23	11:47
3089	309	M45	Burton R Exley, 45, Des Moines, IA	2:26:33	2:28:35	11:47
3090	462	M35	Matt Marckmann, 36, West Des Moines, IA	2:26:37	2:28:37	11:48
2654	518	W30	Megan Badding, 30*, Carroll, IA	2:26:37	2:31:50	11:48
2655	345	W20	Danielle Lemon, 22*, Clive, IA	2:26:38	2:31:40	11:48
3091			#9751	2:26:38	2:34:21	11:48
2656	604	W25	Jennie Heilesen, 27*, Johnston, IA	2:26:38	2:34:21	11:48
3092	463	M35	Todd Miler, 38, West Des Moines, IA	2:26:40	2:28:37	11:48
2657	519	W30	Melanie Henry, 33*, Des Moines, IA	2:26:41	2:33:40	11:48
2658	605	W25	Kimberly Hunter, 28*, Ankeny, IA	2:26:41	2:29:56	11:48
3093	17	M65	Jack Matthews, 65, Stuart, IA	2:26:41	2:30:09	11:48
3094	527	M30	Mark Hanrahan, 30, Des Moines, IA	2:26:44	2:34:02	11:48
2659	455	W35	Melisa Hinders, 39*, Urbandale, IA	2:26:45	2:30:14	11:48
3095	131	M55	Thomas Evans, 55, Urbandale, IA	2:26:47	2:29:19	11:49
3096	18	M65	John Beamer, 69, Des Moines, IA	2:26:48	2:30:27	11:49
2660	315	W40	Shelley Horak, 40*, Dallas Center, IA	2:26:48	2:29:37	11:49
3097	485	M25	Justin Bassett, 28, West Des Moines, IA	2:26:50	2:30:51	11:49
2661	316	W40	Anne Dirkx, 40*, Le Mars, IA	2:26:55	2:29:19	11:49
2662	520	W30	Ann Davenport, 33*, Minneapolis, MN	2:26:55	2:31:13	11:49
2663	606	W25	Jamie Ehlert, 29*, Grimes, IA	2:26:57	2:33:57	11:49
2664	18	W55	Sue Meyers, 55*, Colorado Springs, CO	2:26:58	2:30:09	11:49
2665	607	W25	Andrea Knoblauch, 29*, Overland Park, KS	2:26:59	2:31:26	11:50
2666	608	W25	Kristen Thompson, 26*, Loves Park, IL	2:27:00	2:34:09	11:50

3098	224	M50	Richard Johnson, 51, Johnston, IA	2:27:00	2:30:21	11:50
2667	521	W30	Malinda Hostetter, 30*, Colfax, IA	2:27:01	2:30:47	11:50
2668	346	W20	Andrea L Hardy, 21*, Ames, IA	2:27:02	2:32:20	11:50
3099	486	M25	John Ellis, 27, Clive, IA	2:27:05	2:31:35	11:50
2669	609	W25	Stephanie Riggins, 28*, Windor Heights, IA	2:27:05	2:33:36	11:50
2670	610	W25	Holly Wilmes, 26*, Des Moines, IA	2:27:05	2:34:51	11:50
2671	317	W40	Ann Guddall, 41*, Ankeny, IA	2:27:07	2:33:40	11:50
2672	318	W40	Amy Woolsey, 43*, Sauk Rapids, MN	2:27:07	2:33:41	11:50
2673	611	W25	Laura Bergman, 25*, Clive, IA	2:27:09	2:31:39	11:50
2674	522	W30	Michelle Kimm, 33*, Amana, IA	2:27:10	2:31:02	11:50
2675	319	W40	Karen Keenan, 41*, Storm Lake, IA	2:27:10	2:35:19	11:50
3100	132	M55	Tom Mohr, 57, Pleasantville, IA	2:27:12	2:31:50	11:51
3101	225	M50	Rod Horsman, 53, Pleasantville, IA	2:27:12	2:31:51	11:51
2676	523	W30	Kathi Thompson, 34*, Indianola, IA	2:27:15	2:32:42	11:51
2677	612	W25	Becky Jolly, 29*, Indianola, IA	2:27:15	2:32:42	11:51
2678	613	W25	Rena Park, 29*, Indianola, IA	2:27:15	2:32:42	11:51
3102	487	M25	Brett Jacobs, 25, Newton, IA	2:27:16	2:34:14	11:51
3103	310	M45	Paul Juffer, 49, West Des Moines, IA	2:27:16	2:31:08	11:51
2679	524	W30	Angela Wallace, 34*, Des Moines, IA	2:27:17	2:29:38	11:51
2680	525	W30	Leah Beeman, 30*, Johnston, IA	2:27:20	2:34:30	11:51
2681	526	W30	Monica Hardeman, 30*, Runnells, IA	2:27:20	2:32:48	11:51
2682	614	W25	Jen Fahn, 25*, Ankeny, IA	2:27:22	2:30:50	11:51
3104	464	M35	Dan Rivenburgh, 35, Waukee, IA	2:27:28	2:33:18	11:52
2683	347	W20	Hailey Beneke, 21*, Fort Dodge, IA	2:27:32	2:34:14	11:52
2684	348	W20	Dene' Rasch, 21*, Fort Dodge, IA	2:27:32	2:34:15	11:52
2685	320	W40	Mary Lafferty, 43*, Des Moines, IA	2:27:32	2:32:39	11:52
2686	191	W45	Tina Holzworth, 46*, Colfax, IA	2:27:32	2:32:39	11:52
2687	192	W45	Paula Correy, 45*, Johnston, IA	2:27:33	2:29:03	11:52
2688	349	W20	Samantha Kenyon, 24*, Waukee, IA	2:27:33	2:34:27	11:52
2689	193	W45	Cindy Adams, 47*, Clive, IA	2:27:44	2:34:19	11:53
2690	19	W55	Catherine Howe, 58*, Greenfield, IA	2:27:46	2:32:18	11:53
2691	456	W35	Jonna Williams-Bey, 38*, Johnston, IA	2:27:48	2:30:24	11:53
3105	528	M30	John Osier, 30, Johnston, IA	2:27:48	2:34:24	11:54
2692	527	W30	Ashley Utt, 31*, Bloomfield, IA	2:27:54	2:34:24	11:54
3106	447	M40	Mary Topf, 40, West Des Moines, IA	2:28:00	2:32:21	11:54
3107	465	M35	Greg Wickett, 38, Humboldt, IA	2:28:04	2:33:09	11:55
3108	488	M25	John Murphy, 27, Des Moines, IA	2:28:05	2:33:31	11:55
2693	20	W55	Jennifer Reicks, 56*, West Des Moines, IA	2:28:07	2:32:47	11:55
3109	311	M45	Bradley Berg, 48, Woolstock, IA	2:28:07	2:35:57	11:55
2694	350	W20	Amanda Say, 24*, Ankeny, IA	2:28:07	2:31:48	11:55
2695	528	W30	Kim Saak, 33*, Manhattan, KS	2:28:07	2:33:50	11:55
2696	529	W30	Maria Lutz, 31*, San Antonio, TX	2:28:07	2:33:50	11:55
2697	351	W20	Kristina Berns, 22*, Cedar Falls, IA	2:28:09	2:32:50	11:55
3110	133	M55	Kenny Grandstaff, 59, Des Moines, IA	2:28:12	2:30:27	11:55
3111	134	M55	Jack Ruesch, 57, Council Bluffs, IA	2:28:13	2:32:31	11:56
2698	352	W20	Madison Shank, 21*, Iowa City, IA	2:28:21	2:34:52	11:56
3112	254	M20	Kellen Yeager, 21, Grimes, IA	2:28:21	2:34:52	11:56
2699	321	W40	Wendy Herink-Schilling, 41*, Des Moines, IA	2:28:25	2:40:26	11:56
2700	530	W30	Tammy Thomann, 33*, Ainsworth, IA	2:28:26	2:35:39	11:57
2701	457	W35	Laura Havighurst, 35*, West Des Moines, IA	2:28:27	2:34:51	11:57
2702	531	W30	Kerry Feuling, 31*, Des Moines, IA	2:28:28	2:34:51	11:57
2703	322	W40	Joan Nagel, 40*, Ankeny, IA	2:28:28	2:35:17	11:57
2704	458	W35	Jill Sherwood, 36*, Ames, IA	2:28:31	2:33:38	11:57
2705	323	W40	Cynthia Fabian, 42*, Omaha, NE	2:28:31	2:37:02	11:57
2706	532	W30	Marci Clayberg, 31*, Ankeny, IA	2:28:31	2:33:44	11:57
2707	615	W25	Caiti Wright, 25*, Burke, VA	2:28:32	2:33:13	11:57
3113	226	M50	Jim Davis, 54, West Des Moines, IA	2:28:34	2:36:03	11:57
3114	3	M70	Donald Judisch, 72, Clive, IA	2:28:43	2:31:09	11:58
2708	112	W50	Nancy Betz, 50*, Grimes, IA	2:28:43	2:29:12	11:58
2709	194	W45	Debra Baker, 48*, Urbandale, IA	2:28:44	2:29:12	11:58
2710	113	W50	Kelli Palazzo, 52*, Pleasant Hill, IA	2:28:44	2:34:47	11:58
2711	459	W35	Julie Leonard, 38*, Des Moines, IA	2:28:47	2:34:08	11:58
3115	19	M65	Larry Detwiler, 65, Des Moines, IA	2:28:50	2:34:20	11:58
3116	227	M50	Charles Cisler, 50, Colfax, IA	2:28:52	2:31:55	11:59

2712	460	W35	Amy Heinz, 37*, Des Moines, IA	2:28:55	2:33:26	11:59
2713	324	W40	Kelly Miene, 40*, Toddville, IA	2:28:55	2:34:18	11:59
2714	461	W35	Lori Heinz, 38*, Cedar Rapids, IA	2:28:56	2:33:27	11:59
2715	533	W30	Jodi Hurn, 34*, Ames, IA	2:28:56	2:30:11	11:59
3117	466	M35	Kha Ngo, 39, Chicago, IL	2:28:57	2:35:59	11:59
2716	462	W35	Roberta Wonder, 37*, Ida Grove, IA	2:29:00	2:36:03	11:59
2717	534	W30	Erin Parmelee, 32*, Indianola, IA	2:29:00	2:30:46	11:59
3118	102	M17	John Bryja, 18, Pleasant Hill, IA	2:29:00	2:32:41	11:59
2718	325	W40	Sarah Biedenbach, 42*, Marion, IA	2:29:06	2:33:51	12:00
2719	195	W45	Robyn Vanberkum, 46*, Pella, IA	2:29:06	2:33:51	12:00
2720	353	W20	Brittany Stanley, 23*, Lacona, IA	2:29:06	2:32:08	12:00
2721	535	W30	Rikki Robinson, 32*, Des Moines, IA	2:29:08	2:34:23	12:00
2722	26	JrW	Taylor Hawkins, 13*, Runnells, IA	2:29:10	2:35:40	12:00
3119	312	M45	Devin Wren, 48, Des Moines, IA	2:29:12	2:31:28	12:00
3120	529	M30	Michael Bartak, 32, Grimes, IA	2:29:14	2:36:21	12:00
3121	64	M60	Dick Hogan, 62, Urbandale, IA	2:29:19	2:32:26	12:01
2723	463	W35	Shelly Fliehe, 35*, Lakeville, MN	2:29:25	2:35:10	12:01
2724	196	W45	Gretchen Young, 48*, Mesa, AZ	2:29:28	2:33:19	12:02
2725	72	W17	Kristin Kincaide, 17*, Greenfield, IA	2:29:29	2:34:41	12:02
2726	73	W17	Lauren Bricker, 17*, Greenfield, IA	2:29:29	2:34:41	12:02
2727	616	W25	Brenna Larsen, 27*, Des Moines, IA	2:29:31	2:34:58	12:02
2728	617	W25	Katie Piper, 27*, Clive, IA	2:29:31	2:34:58	12:02
2729	464	W35	Jennifer Santiago, 37*, Ankeny, IA	2:29:31	2:36:19	12:02
2730	197	W45	Cheryl Pleima, 47*, Pella, IA	2:29:33	2:33:16	12:02
2731	465	W35	Jennifer Vandivier, 35*, Des Moines, IA	2:29:35	2:36:49	12:02
3122	228	M50	Don Schable, 50, Eldora, IA	2:29:39	2:32:43	12:02
2732	618	W25	Cadence Kuklinski, 26*, Des Moines, IA	2:29:39	2:34:53	12:02
3123	255	M20	Spencer Shireman, 20, Clive, IA	2:29:41	2:35:45	12:03
2733	326	W40	Tina Brennecke, 40*, Polk City, IA	2:29:43	2:33:17	12:03
2734	114	W50	Sheryl Richey, 53*, Urbandale, IA	2:29:45	2:34:03	12:03
3124	229	M50	Mike Lauzon, 52, Boone, IA	2:29:46	2:34:32	12:03
2735	536	W30	Crystal St Clair, 31*, New Virginia, IA	2:29:47	2:34:49	12:03
2736	198	W45	Linda Rogers, 49*, Des Moines, IA	2:29:50	2:32:33	12:03
3125	467	M35	Chandra Devireddy, 35, North Liberty, IA	2:29:58	2:35:57	12:04
2737	466	W35	Amber Shroyer, 39*, Stratford, IA	2:29:59	2:35:00	12:04
2738	27	JrW	Maddie Swanson, 13*, Boone, IA	2:30:00	2:34:16	12:04
3126	468	M35	Matt Nickel, 39, Cedar Rapids, IA	2:30:00	2:34:28	12:04
2739	467	W35	Sarah Justmann, 35*, Dubuque, IA	2:30:01	2:36:11	12:04
2740	468	W35	Wendy Swanson, 36*, Boone, IA	2:30:01	2:34:18	12:04
3127	20	M65	Bruce Thompson, 67, Ames, IA	2:30:03	2:32:29	12:04
2741	115	W50	Cathy Brent, 54*, Ankeny, IA	2:30:04	2:36:27	12:04
2742	537	W30	Nikki Phillips, 34*, Altoona, IA	2:30:05	2:34:55	12:05
2743	619	W25	Mary Kate Kelley, 29*, Lombard, IL	2:30:20	2:34:38	12:06
3128	313	M45	Thomas Pickup, 49, Cedar Rapids, IA	2:30:20	2:35:25	12:06
3129	256	M20	Dustin Salmons, 21, Ames, IA	2:30:21	2:37:14	12:06
2744	199	W45	Jane Peterson, 49*, Urbandale, IA	2:30:22	2:36:53	12:06
3130	103	M17	Eric Parrott, 19, Ames, IA	2:30:22	2:37:15	12:06
2745	354	W20	Alyssa Elzen, 21*, Medford, MN	2:30:22	2:34:27	12:06
3131	4	M70	Wilbur Veenstra, 71, Pella, IA	2:30:26	2:36:18	12:06
2746	327	W40	Kimberly Hunter, 41*, Saint Paul, MN	2:30:27	2:35:45	12:06
3132	314	M45	Craig Jones, 45, Des Moines, IA	2:30:29	2:37:57	12:06
2747	116	W50	Jolene Stoulil, 53*, Spirit Lake, IA	2:30:30	2:34:51	12:07
3133	230	M50	Chuck Stoulil, 53, Spirit Lake, IA	2:30:30	2:34:51	12:07
3134	530	M30	Jason Arnold, 31, Des Moines, IA	2:30:30	2:33:43	12:07
2748	200	W45	Jody Nation, 47*, Ogden, IA	2:30:33	2:36:30	12:07
2749	469	W35	Lisa Wiese, 36*, Hinton, IA	2:30:33	2:32:11	12:07
2750	355	W20	Masse Carr, 23*, Des Moines, IA	2:30:34	2:36:31	12:07
2751	328	W40	Lori Thielen, 43*, Bellevue, IA	2:30:34	2:33:38	12:07
2752	74	W17	Kristina Dieken, 19*, Dike, IA	2:30:34	2:32:41	12:07
3135	257	M20	Jeremy Deberg, 21, Dike, IA	2:30:35	2:32:41	12:07
2753	620	W25	Molly O'Brien, 26*, West Des Moines, IA	2:30:37	2:34:09	12:07
2754	538	W30	Shannon Jones, 32*, Waukee, IA	2:30:39	2:37:06	12:07
3136	531	M30	Braden Boyd, 33, Webster City, IA	2:30:40	2:34:13	12:07
2755	356	W20	Rebecca Hinton, 23*, Urbandale, IA	2:30:40	2:33:58	12:07
3137	135	M55	Donald Brown, 55, Ankeny, IA	2:30:42	2:30:55	12:08

2756	201	W45	Susan Johnson, 48*, Mitchellville, IA	2:30:44	2:35:40	12:08
2757	329	W40	Debra Scorpiniti, 41*, Des Moines, IA	2:30:44	2:36:12	12:08
3138	136	M55	Mark Hacker, 55, Des Moines, IA	2:30:44	2:32:39	12:08
2758	539	W30	Angie Rathbun, 31*, Ankeny, IA	2:30:45	2:36:34	12:08
3139	231	M50	John Nation, 52, Ogden, IA	2:30:51	2:36:48	12:08
2759	470	W35	Jacqueline Kilburn, 36*, Muscatine, IA	2:30:53	2:34:26	12:08
2760	117	W50	Deb Wieskamp, 52*, Walcott, IA	2:30:53	2:34:26	12:08
2761	540	W30	Jodee Schaben, 33*, Ankeny, IA	2:31:00	2:34:10	12:09
2762	541	W30	Susan Coates, 32*, Ames, IA	2:31:01	2:34:10	12:09
3140	532	M30	Matt Frickenstein, 34, Johnston, IA	2:31:02	2:33:39	12:09
3141	137	M55	Phil Johnson, 55, Hampton, IA	2:31:03	2:34:38	12:09
2763	202	W45	Lori Bauman, 45*, River Hills, WI	2:31:08	2:33:20	12:10
2764	330	W40	Lisa Bourne, 44*, Urbandale, IA	2:31:09	2:38:27	12:10
2765	118	W50	June Vandezande, 50*, Desmoines, IA	2:31:11	2:37:46	12:10
2766	357	W20	Chelsee Shortt, 21*, West Liberty, IA	2:31:12	2:34:05	12:10
2767	21	W55	Coleen Waage, 58*, West Des Moines, IA	2:31:13	2:32:33	12:10
2768	621	W25	Kari Traver, 26*, Urbandale, IA	2:31:14	2:36:31	12:10
3142	138	M55	Gene Arnold, 57, Waukee, IA	2:31:14	2:32:34	12:10
3143	21	M65	Claude Hayes, 69, Corning, IA	2:31:14	2:36:11	12:10
3144	448	M40	Chad Christensen, 40, Des Moines, IA	2:31:14	2:36:23	12:10
2769	622	W25	Tiffany Brewer, 28*, Cumming, IA	2:31:22	2:36:41	12:11
2770	542	W30	Sara Throener, 33*, Des Moines, IA	2:31:24	2:35:15	12:11
2771	543	W30	Brandi Gilmore, 33*, Hutchinson, MN	2:31:25	2:39:14	12:11
3145	533	M30	Drew Gilmore, 32, Hutchinson, MN	2:31:25	2:39:14	12:11
3146	315	M45	Tom Franklin, 49, West Des Moines, IA	2:31:26	2:36:59	12:11
2772	623	W25	Megan Ward, 27*, Ames, IA	2:31:29	2:34:46	12:11
3147	65	M60	Stephen Arnold, 62, McHenry, IL	2:31:31	2:37:00	12:11
2773	544	W30	Michelle Pignatelli, 31*, Des Moines, IA	2:31:35	2:37:28	12:12
2774	624	W25	Tiffany Seibert, 27*, Omaha, NE	2:31:38	2:35:34	12:12
3148	316	M45	Michael Weno, 46, Cedar Falls, IA	2:31:38	2:33:48	12:12
2775	331	W40	Julie Kraft, 44*, Robins, IA	2:31:42	2:33:53	12:12
3149	66	M60	Richard Glasford, 63, Iowa, IA	2:31:44	2:38:23	12:12
2776	203	W45	Joyce Jessen, 48*, Colfax, IA	2:31:47	2:40:22	12:13
2777	625	W25	Heather Groves, 28*, Coralville, IA	2:31:52	2:37:51	12:13
2778	545	W30	Holly Bartak, 33*, Grimes, IA	2:31:58	2:39:05	12:14
3150	258	M20	Timothy Martinez, 21, Bondurant, IA	2:31:58	2:32:16	12:14
2779	546	W30	Leigh Peno, 31*, Carlisle, IA	2:31:59	2:40:03	12:14
2780	547	W30	Jacob Beneke, 32*, Ankeny, IA	2:31:59	2:40:03	12:14
2781	358	W20	Jamie Parish, 24*, Birmingham, AL	2:32:00	2:37:53	12:14
3151	139	M55	Dennis Kern, 56, Ankeny, IA	2:32:07	2:36:42	12:14
3152	317	M45	Gary Young, 49, Johnston, IA	2:32:07	2:36:12	12:14
2782	359	W20	Samantha Tasler, 21*, Ames, IA	2:32:09	2:39:46	12:14
2783	548	W30	Tiffanie Snyder, 33*, Des Moines, IA	2:32:11	2:40:23	12:15
3153	140	M55	Jeff Jungman, 58, West Des Moines, IA	2:32:13	2:36:56	12:15
3154	489	M25	Aaron Helling, 26, West Des Moines, IA	2:32:15	2:39:19	12:15
2784	119	W50	Maggie Hamilton, 52*, Urbandale, IA	2:32:16	2:36:29	12:15
2785	626	W25	Erin Koester, 27*, Cedar Rapids, IA	2:32:16	2:38:35	12:15
2786	1	W65	Breta Westlund, 69*, Urbandale, IA	2:32:16	2:35:23	12:15
2787	627	W25	Sarah Kagemann, 27*, Eldridge, IA	2:32:16	2:38:35	12:15
3155	318	M45	Joel Laird, 46, Des Moines, IA	2:32:17	2:38:36	12:15
2788	549	W30	Stacy Rowson, 31*, Knoxville, IA	2:32:17	2:34:41	12:15
2789	360	W20	Jessica Wenck, 20*, Ankeny, IA	2:32:18	2:34:55	12:15
3156	469	M35	Danny Headrick, 38, Ladson, SC	2:32:20	2:37:56	12:15
3157	232	M50	Jim Porter, 54, Iowa City, IA	2:32:21	2:39:10	12:15
2790	550	W30	Theresa Fettkether, 31*, Cedar Rapids, IA	2:32:27	2:38:29	12:16
2791	471	W35	Julia Schreckengast, 38*, Cedar Rapids, IA	2:32:28	2:38:30	12:16
2792	120	W50	Connie Wright, 54*, Ira, IA	2:32:30	2:37:12	12:16
2793	361	W20	Lisette Grulke, 22*, Kelley, IA	2:32:33	2:38:55	12:16
2794	362	W20	Stephanie Turner, 23*, Johnston, IA	2:32:42	2:38:06	12:17
3158	534	M30	Scott Sellner, 32, Cedar Rapids, IA	2:32:45	2:35:58	12:17
2795	472	W35	Jonna Johnson, 37*, Urbandale, IA	2:32:46	2:38:55	12:18
3159	490	M25	Bruce Kempf, 26, Urbandale, IA	2:32:56	2:37:30	12:18
2796	363	W20	Jessica Finley, 22*	2:32:59	2:40:46	12:19
2797	551	W30	Roshael Arns, 30*, Bondurant, IA	2:32:59	2:37:04	12:19
3160	449	M40	Scott Hammond, 42, Huron, SD	2:33:01	2:36:58	12:19

3161	535	M30	Gaik-Loong Kang, 32, Des Moines, IA	2:33:08	2:40:11	12:19
3162	259	M20	Jonathan Saw, 24, West Des Moines, IA	2:33:10	2:40:13	12:19
3163	233	M50	David Mitchell, 50, Des Moines, IA	2:33:13	2:37:38	12:20
3164	536	M30	Anson Williams, 32, Des Moines, IA	2:33:17	2:38:33	12:20
2798	364	W20	Lindsay Bormann, 24*, West Des Moines, IA	2:33:23	2:41:16	12:21
2799	552	W30	Alana Schares, 32*, Urbandale, IA	2:33:24	2:37:56	12:21
2800	553	W30	Larissa Flynn, 33*, Des Moines, IA	2:33:26	2:39:47	12:21
3165	141	M55	Mark Minear, 55, Marshalltown, IA	2:33:29	2:35:51	12:21
2801	628	W25	Emily Minear, 28*, Des Moines, IA	2:33:29	2:35:51	12:21
3166	234	M50	Charlie Negrete, 50, Des Moines, IA	2:33:29	2:37:28	12:21
3167	260	M20	Jordan Vernoy, 24, Cedar Falls, IA	2:33:30	2:38:51	12:21
2802	365	W20	Katie Vernoy, 24*, Cedar Falls, IA	2:33:31	2:38:51	12:21
2803	629	W25	Christa Phillips, 26*, Urbandale, IA	2:33:31	2:38:52	12:21
2804	332	W40	Tammy Stifel, 43*, Waukee, IA	2:33:34	2:40:56	12:21
3168	261	M20	Creighton Stifel, 20, Waukee, IA	2:33:34	2:40:56	12:21
2805	121	W50	Laura Merrick, 52*, Ames, IA	2:33:35	2:37:27	12:21
3169	537	M30	Cory Greiner, 30, Keota, IA	2:33:36	2:40:25	12:22
2806	630	W25	Melissa Hobbs, 25*, Des Moines, IA	2:33:41	2:39:50	12:22
3170	491	M25	John McDonald, 25, Des Moines, IA	2:33:41	2:39:50	12:22
2807	366	W20	Amanda Glade, 24*, Sigourney, IA	2:33:47	2:37:06	12:22
2808	554	W30	Wendy Chapman, 33*, Ankeny, IA	2:33:50	2:36:07	12:23
3171	470	M35	Aaron Jones, 38, Ankeny, IA	2:33:51	2:36:07	12:23
3172	67	M60	Thomas Haley Jr/, 61, Sauk Rapids, MN	2:33:52	2:40:01	12:23
2809	22	W55	Peggy Delzell, 55*, Indianola, IA	2:33:53	2:35:33	12:23

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2811	333	W40	Becky Carkhuff, 43*, Newton, IA	2:34:06	2:38:44	12:24
2812	473	W35	Kelli England, 35*, Boone, IA	2:34:08	2:40:08	12:24
3174	104	M17	Jason Lang, 18, Clive, IA	2:34:09	2:39:43	12:24
3175	235	M50	Steve Lang, 53, Clive, IA	2:34:09	2:39:43	12:24
2813	334	W40	Mary Brunkhorst, 41*, West Des Moines, IA	2:34:10	2:39:40	12:24
3176	451	M40	Kenneth Bratt, 44, Norwalk, IA	2:34:13	2:36:03	12:25
2814	631	W25	Katie Kitterman, 25*, New Hampton, IA	2:34:14	2:39:50	12:25
3177	22	M65	Bruce Trimble, 69, Mason City, IA	2:34:18	2:37:45	12:25
3178	471	M35	Joe Marchesano, 39, Huxley, IA	2:34:19	2:42:30	12:25
2815	632	W25	Annie Russo, 29*, Huxley, IA	2:34:19	2:42:31	12:25
2816	474	W35	Amy Hunold-Van Gundy, 38*, Carlisle, IA	2:34:24	2:39:54	12:25
2817	335	W40	Brenda Chenchar, 44*, West Des Moines, IA	2:34:24	2:42:04	12:25
3179	319	M45	Eric Stroud, 46, Urbandale, IA	2:34:28	2:36:07	12:26
2818	633	W25	Erin Wells, 25*, Newton, IA	2:34:29	2:40:43	12:26
2819	555	W30	Karmen Gardner, 30*, Pella, IA	2:34:35	2:41:31	12:26
2820	475	W35	Sandra Blom, 39*, Pella, IA	2:34:35	2:41:32	12:26
2821	122	W50	Deb Schwalenberg, 50*, Polk City, IA	2:34:36	2:41:14	12:26
2822	367	W20	Renee Cochenour, 21*, Dubuque, IA	2:34:39	2:38:36	12:27
2823	634	W25	Jenilee Holstein, 27*, West Des Moines, IA	2:34:43	2:41:31	12:27
2824	476	W35	Julie Nuehring, 36*, Clive, IA	2:34:49	2:42:35	12:27
3180	452	M40	Manuel Armeatta, 43, Des Moines, IA	2:34:50	2:35:17	12:27
2825	28	JrW	Jasmine Jaros, 14*, Des Moines, IA	2:34:52	2:36:57	12:28
3181	320	M45	Jeff Lundquist, 48, Atlantic, IA	2:35:01	2:38:35	12:28
3182	68	M60	Timothy Lutz, 62, Ames, IA	2:35:02	2:40:48	12:28
2826	204	W45	Huei-Jiuan Chen-Jaros, 49*, Des Moines, IA	2:35:03	2:37:08	12:28
2827	635	W25	Bridget Gallaher, 29*, Des Moines, IA	2:35:04	2:42:23	12:29
2828	556	W30	Lori Willis, 30*, Wellsburg, IA	2:35:09	2:39:45	12:29
3183	492	M25	Andy Brommel, 25, Ankeny, IA	2:35:10	2:41:12	12:29
2829	75	W17	Lindsey Hull, 19*, Morse Bluff, NE	2:35:12	2:38:49	12:29
2830	636	W25	Kate Loging, 29*, Mankato, MN	2:35:14	2:42:42	12:29
2831	637	W25	Jennifer Kunzweiler, 25*, Windsor Heights, IA	2:35:16	2:38:50	12:30
2832	477	W35	Jennifer Cole, 36*, Des Moines, IA	2:35:18	2:35:45	12:30
3184	493	M25	Joe Hugen, 25, Iowa City, IA	2:35:27	2:36:41	12:30
2833	557	W30	Christina Anderson, 33*, Waukee, IA	2:35:27	2:39:47	12:30
2834	558	W30	Amy Sleiter, 31*, Waukee, IA	2:35:28	2:41:36	12:31

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2836	560	W30	Betsy Anderson, 32*, Des Moines, IA	2:35:32	2:41:25	12:31
2837	638	W25	Tiffany Berkland, 28*, Grimes, IA	2:35:34	2:40:32	12:31
3185	538	M30	Scott Flatness, 31, West Des Moines, IA	2:35:35	2:41:53	12:31
3186	539	M30	Jason Simanek, 30, Nashville, TN	2:35:53	2:41:39	12:33
2838	478	W35	Jane Fahrenkrug, 37*, Waukee, IA	2:35:54	2:42:12	12:33
2839	205	W45	Karen Kisker, 45*, Ankeny, IA	2:35:54	2:40:58	12:33
2840	639	W25	Crystal Smith, 25*, Omaha, NE	2:35:54	2:37:54	12:33
3187	540	M30	Keith Smith, 30, Omaha, NE	2:35:55	2:37:54	12:33
2841	561	W30	Kendra Pinkerton, 31*, Des Moines, IA	2:35:58	2:40:57	12:33
2842	640	W25	Melissa Foley, 25*, Grimes, IA	2:36:01	2:39:54	12:33
3188	236	M50	Craig Hoch, 50, Dallas, IA	2:36:05	2:40:01	12:34
2843	479	W35	Hyemi Sevening, 39*, Ames, IA	2:36:09	2:43:00	12:34
2844	562	W30	Colleen Rogers, 32*, Ames, IA	2:36:09	2:43:00	12:34
3189	494	M25	Kok-Lim Lee, 29, West Des Moines, IA	2:36:10	2:43:14	12:34
3190	541	M30	Ryan Comer, 30, Newton, IA	2:36:13	2:43:11	12:34
3191	237	M50	Steve Hobbs, 51, Grayslake, IL	2:36:14	2:42:22	12:34
2845	563	W30	Stephanie Baldwin, 31*, Ankeny, IA	2:36:14	2:37:12	12:34
3192	238	M50	David Huey, 53, Des Moines, IA	2:36:15	2:39:33	12:34
2846	336	W40	Tracy Harms, 43*, Waukee, IA	2:36:18	2:39:38	12:35
3193	472	M35	Jeff Janssen, 39, Bloomington, IL	2:36:23	2:38:38	12:35
2847	480	W35	Ann Cosimano, 38*, Johnston, IA	2:36:23	2:38:38	12:35
2848	641	W25	Tanya Harmeyer, 26*, Altoona, IA	2:36:25	2:41:40	12:35
3194	453	M40	Hal Sailsbury, 44, Ames, IA	2:36:25	2:40:34	12:35
3195	473	M35	Daniel Sailsbury, 35, Woodbury, MN	2:36:25	2:40:34	12:35
2849	642	W25	Heather Skeens, 26*, Des Moines, IA	2:36:31	2:41:06	12:36
2850	564	W30	Charity Hayes, 34*, Webster City, IA	2:36:41	2:41:37	12:36
3196	542	M30	Mitchell Lake, 32, Waukee, IA	2:36:41	2:43:13	12:36
2851	643	W25	Danielle Hanrahan, 27*, Des Moines, IA	2:36:41	2:43:58	12:36
3197	454	M40	Ruben Avilez, 40, Urbandale, IA	2:36:46	2:38:35	12:37
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2853	565	W30	Michelle Brown, 32*, Grundy Center, IA	2:36:50	2:42:04	12:37
3198	543	M30	Scott Muller, 31, Grundy Center, IA	2:36:52	2:42:06	12:37
2854	644	W25	Mackinzie Rekers, 27*, Owatonna, MN	2:36:56	2:41:00	12:38
3199	239	M50	Rick Kading, 51, Polk City, IA	2:36:56	2:38:47	12:38
3200	495	M25	Ryan Opp, 26, Clive, IA	2:36:56	2:38:47	12:38
3201	142	M55	Stephen Lee, 58, Ogden, IA	2:36:59	2:37:36	12:38
3202	544	M30	Aaron Thompson, 33, Des Moines, IA	2:37:00	2:37:00	12:38
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2856	368	W20	Joa Hayes, 21*, Webster City, IA	2:37:06	2:44:56	12:38
3203	69	M60	David Holt, 60, Urbandale, IA	2:37:09	2:43:29	12:39
2857	29	JrW	Breanna Severin, 14*, Des Moines, IA	2:37:13	2:41:38	12:39
2858	337	W40	Deanna Breeding, 41*, Des Moines, IA	2:37:14	2:41:38	12:39
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2862	369	W20	Allison Shore, 22*, Marshalltown, IA	2:37:24	2:42:03	12:40
3204	143	M55	Craig Ruhde, 59, Chanhassen, MN	2:37:25	2:42:53	12:40
2863	207	W45	Julie Pace, 46*, Urbandale, IA	2:37:29	2:40:50	12:40
3205	321	M45	David Pace, 49, Urbandale, IA	2:37:30	2:40:50	12:40
2864	482	W35	Clay Lisa, 38*, Urbandale, IA	2:37:30	2:41:46	12:40
2865	483	W35	Kathy O'Neill, 39*, Boone, IA	2:37:33	2:42:24	12:41
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2867	24	W55	Donna Olson, 55*, Kimballton, IA	2:37:41	2:44:02	12:41
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2869	30	JrW	Amanda Bell, 16*, Polk City, IA	2:37:48	2:44:51	12:42
2870	31	JrW	Olivia Hill, 15*, Ankeny, IA	2:37:48	2:44:52	12:42
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2880	650	W25	Ellen Schoville, 26*, Johnston, IA	2:38:09	2:39:10	12:44
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2882	651	W25	Jennifer Logan, 29*, Pleasant Hill, IA	2:38:15	2:45:27	12:44
2883	486	W35	Sara Timmons, 37*, Des Moines, IA	2:38:17	2:43:48	12:44
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3209	545	M30	John Donahue, 33, Des Moines, IA	2:39:00	2:38:43	12:48
3210	546	M30	John Donahue, 33, Des Moines, IA	2:39:00	2:39:00	12:48
2899	575	W30	Jodi Rusch, 34*, Johnston, IA	2:39:05	2:46:10	12:48
2900	490	W35	Amy Swaim, 38*, Johnston, IA	2:39:06	2:46:10	12:48
3211	322	M45	Stan Zandarski, 45, Nevada, IA	2:39:08	2:43:49	12:48
2901	372	W20	Anja Dekkers, 20*, Ames, IA	2:39:10	2:45:59	12:48
3212	498	M25	Shane McGraw, 26, Urbandale, IA	2:39:10	2:41:07	12:48
2902	342	W40	Melanie Mason, 42*, Oskaloosa, IA	2:39:11	2:45:34	12:48
3213	262	M20	Kyle Barnes, 24, Iowa City, IA	2:39:16	2:43:43	12:49
2903	26	W55	Elizabeth Sutter, 59*, Des Moines, IA	2:39:20	2:44:07	12:49
2904	373	W20	Amy Turner, 24*, West Des Moines, IA	2:39:21	2:46:44	12:49
2905	343	W40	Kathleen Ayotte, 41*, Newton, IA	2:39:23	2:45:00	12:49
2906	654	W25	Megan Woolworth, 27*, West Des Moines, IA	2:39:28	2:41:08	12:50
3214	547	M30	Jesse Jordan, 33, Des Moines, IA	2:39:28	2:42:30	12:50
3215	499	M25	Scott Jordan, 29, Des Moines, IA	2:39:29	2:42:30	12:50
2907	576	W30	Erika Troyna, 33*, Charles City, IA	2:39:36	2:45:12	12:50
2908	655	W25	Mary Pederson, 26*, Oelwein, IA	2:39:46	2:45:04	12:51
3216	145	M55	Richard Hoffman, 57, Ankeny, IA	2:39:47	2:42:58	12:51
2909	656	W25	Anne O'Bryan, 29*, Ames, IA	2:39:50	2:45:02	12:52
2910	27	W55	Kathy Hoffman, 56*, Ankeny, IA	2:39:51	2:43:01	12:52
2911	124	W50	Julie Hoegh, 50*, Knoxville, IA	2:39:52	2:45:21	12:52
2912	657	W25	Kelli Klaassen, 29*, Harlan, IA	2:39:52	2:41:50	12:52
2913	577	W30	Pam Railsback, 32*, Tiffin, IA	2:39:54	2:45:06	12:52
2914	344	W40	Sherry Smiley, 43*, Cumming, IA	2:39:54	2:48:06	12:52
2915	345	W40	Katie Steenhoek, 41*, Norwalk, IA	2:39:56	2:46:38	12:52
3217	240	M50	Julian Belisle, 52, Tampa, FL	2:40:00	2:44:37	12:52
2916	374	W20	Lauren Belisle, 22*, Ames, IA	2:40:00	2:44:37	12:52
2917	658	W25	Erin Hannigan, 28*, Rockford, IL	2:40:03	2:47:16	12:53
2918	578	W30	Nicole Reynolds, 32*, Des Moines, IA	2:40:05	2:46:04	12:53
2919	208	W45	Sherrie Burt, 48*, Rockford, IA	2:40:11	2:43:40	12:53
2920	346	W40	Stacy Furness, 42*, Mason City, IA	2:40:11	2:43:40	12:53
2921	347	W40	Karla Dahl, 44*, Huxley, IA	2:40:19	2:44:13	12:54
2922	579	W30	Rebecca Knudson, 34*, Center Point, IA	2:40:22	2:47:01	12:54
2923	375	W20	Jessica Hull, 21*, Ames, IA	2:40:23	2:44:00	12:54
2924	659	W25	Hannah Haarhues, 29*, Oakland, IA	2:40:26	2:44:25	12:54
2925	28	W55	Barba Koebeler-Thornton, 59*, West Des Moines, IA	2:40:28	2:41:15	12:55
2926	376	W20	Iriana Arias, 23*, Des Moines, IA	2:40:28	2:44:15	12:55
2927	377	W20	Shaunelle Tomlinson, 22*, Waukee, IA	2:40:28	2:41:15	12:55
2928	660	W25	Nguyet-Thu Nguyen, 27*, Fort Dodge, IA	2:40:35	2:42:32	12:55

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2930	348	W40	Suzanne Ware, 41*, West Des Moines, IA	2:40:36	2:42:55	12:55
2931	491	W35	Ingrid Guttin, 37*, Ankeny, IA	2:40:47	2:47:44	12:56
2932	209	W45	Joleen Stephenson, 47*, Des Moines, IA	2:40:52	2:47:29	12:57
3218	474	M35	Michael Homan, 36, Des Moines, IA	2:40:59	2:48:22	12:57
3219	548	M30	Brad Fuller, 30, Norwalk, IA	2:41:04	2:48:56	12:58
3220	500	M25	Joseph Shearer, 27, Altoona, IA	2:41:05	2:44:48	12:58
2933	349	W40	Bonnie Skjordal, 42*, Gilbert, IA	2:41:08	2:48:54	12:58
2934	76	W17	Amantha May, 17*, Woodburn, IA	2:41:08	2:46:02	12:58
3221	105	M17	Taylor Fulton, 18, Lamoni, IA	2:41:12	2:46:06	12:58
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3222	549	M30	Jb Dixon, 32, Seward, NE	2:41:19	2:46:31	12:59
2936	492	W35	Teresa Ripp, 38*, Waukee, IA	2:41:20	2:47:23	12:59
2937	661	W25	Jennifer Henrickson, 29*, Des Moines, IA	2:41:21	2:45:03	12:59
2938	211	W45	Janelle Erwood, 48*, Clive, IA	2:41:22	2:47:26	12:59
2939	581	W30	Kelly Stimson, 34*, Storm Lake, IA	2:41:28	2:47:40	12:59
2940	582	W30	Heather Mueggenberg, 34*, Glidden, IA	2:41:30	2:45:41	13:00
3223	475	M35	Ronald Celsi, 39, West Des Moines, IA	2:41:32	2:45:32	13:00
2941	29	W55	Joyce Wray, 57*, Ames, IA	2:41:32	2:47:13	13:00
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3224	550	M30	Creighton Cox, 34, Urbandale, IA	2:42:00	2:46:32	13:02
2943	663	W25	Sarah O'Hara, 26*, West Des Moines, IA	2:42:13	2:48:19	13:03
3225	23	M65	Gary Sheldon, 65, West Des Moines, IA	2:42:17	2:47:36	13:03
3226	455	M40	Jeffrey Wiese, 41, Hinton, IA	2:42:21	2:43:59	13:04
3227	263	M20	E Henry, 23, Sioux City, IA	2:42:21	2:43:59	13:04
3228	323	M45	Edward Engle, 47, Ames, IA	2:42:23	2:47:15	13:04
2944	378	W20	Alicia Mireles, 24*, Urbandale, IA	2:42:26	2:48:50	13:04
2945	664	W25	Cindy Whitaker, 29*, Bettendorf, IA	2:42:29	2:50:35	13:04
2946	77	W17	Maryanna Rule, 19*, Ankeny, IA	2:42:35	2:44:40	13:05
2947	350	W40	Debra Van Scoy, 44*, Carroll, IA	2:42:39	2:46:51	13:05
2948	32	JrW	Malorie Sullivan, 16*, Van Meter, IA	2:42:42	2:49:32	13:05
2949	212	W45	Deeann McCauley, 49*, Adel, IA	2:42:44	2:49:04	13:06
3229	476	M35	Bob Carlson, 36, West Des Moines, IA	2:42:49	2:46:20	13:06
3230	501	M25	Ben Schuh, 26, Des Moines, IA	2:42:50	2:47:55	13:06
2950	78	W17	Kayla Olson, 19*, Iowa City, IA	2:42:57	2:48:09	13:07
2951	493	W35	Michelle Doland, 35*, Newton, IA	2:43:00	2:45:58	13:07
3231	477	M35	Brian Mathis, 39, West Des Moines, IA	2:43:00	2:50:12	13:07
2952	494	W35	Lori Mathis, 35*, West Des Moines, IA	2:43:01	2:50:12	13:07
3232	551	M30	Christopher Schinckel, 32, West Des Moines, IA	2:43:03	2:45:07	13:07
3233	264	M20	Dan Konen, 20, Maxwell, IA	2:43:09	2:48:48	13:08
2953	351	W40	Ann Thompson Reicks, 41*, Lincoln, NE	2:43:13	2:50:18	13:08
3234	456	M40	Gregory Reicks, 40, Lincoln, NE	2:43:14	2:50:19	13:08
2954	665	W25	Emily Malloy, 25*, Ankeny, IA	2:43:14	2:48:46	13:08
2955	495	W35	Carolyn Shaw, 36*, Council Bluffs, IA	2:43:15	2:44:04	13:08
2956	583	W30	Kellianne Wurzer, 30*, Waukee, IA	2:43:16	2:44:48	13:08
3235	502	M25	Matt Dirky, 29, Urbandale, IA	2:43:22	2:47:50	13:09
2957	213	W45	Karla Hoch, 48*, Dallas, IA	2:43:22	2:47:18	13:09
2958	379	W20	Jessica Clark, 22*, Iowa City, IA	2:43:28	2:45:10	13:09
2959	380	W20	Vanessa Veiock, 22*, West Des Moines, IA	2:43:28	2:45:39	13:09
3236	265	M20	Zach Piper, 22, Iowa City, IA	2:43:29	2:45:39	13:09
2960	666	W25	Maritza Devoto, 27*, Omaha, NE	2:43:35	2:51:39	13:10
2961	496	W35	Lisa Paulsen, 36*, Exira, IA	2:43:36	2:50:37	13:10
2962	584	W30	Molly Greiner, 31*, Bloomfield, IA	2:43:45	2:50:14	13:10
2963	497	W35	Christy Rietz, 37*, Huxley, IA	2:43:45	2:50:29	13:10
2964	381	W20	Lori Bish, 24*, Bloomfield, IA	2:43:45	2:50:16	13:11
2965	498	W35	Angela Bendler, 38*, Huxley, IA	2:43:46	2:50:30	13:11
2966	585	W30	Janai Johnson, 30*, Bloomfield, IA	2:43:46	2:50:15	13:11
2967	79	W17	Kelly Kordick, 19*, Tempe, AZ	2:43:46	2:49:01	13:11
2968	214	W45	Lisa Dircks, 48*, Hopkinton, IA	2:43:51	2:47:41	13:11
2969	352	W40	Wendy Peterson, 40*, Ankeny, IA	2:43:52	2:50:09	13:11
3237	503	M25	Mickey Pesek, 27, Cumming, IA	2:44:07	2:49:28	13:12
2970	499	W35	Jill Pecinovsky, 35*, West Des Moines, IA	2:44:08	2:49:28	13:12
2971	500	W35	Cindy Drummond, 39*, Huxley, IA	2:44:08	2:50:52	13:12
3238	504	M25	Andrew Eberline, 25, Earlham, IA	2:44:09	2:50:56	13:12

2972	353	W40	Jennifer Mosinski, 41*, Audubon, IA	2:44:09	2:51:08	13:12
3239	457	M40	Don Mosinski, 42, Audubon, IA	2:44:10	2:51:08	13:13
2973	215	W45	Julia Lehman, 49*, Kalona, IA	2:44:10	2:47:59	13:13
3240	241	M50	Lynn Lehman, 51, Kalona, IA	2:44:11	2:48:00	13:13
2974	216	W45	Lisa McGuire, 45*, Marietta, GA	2:44:11	2:48:00	13:13
2975	382	W20	Danielle Kisner, 23*, Altoona, IA	2:44:24	2:46:09	13:14
2976	667	W25	Brigitte Arnold, 28*, Ankeny, IA	2:44:29	2:50:13	13:14
2977	383	W20	Staci Wall, 24*, Robins, IA	2:44:32	2:51:23	13:14
2978	586	W30	Melissa Van Leeuwen, 30*, Ankeny, IA	2:44:38	2:48:20	13:15
3241	552	M30	Jason McIntire, 32, Winterset, IA	2:44:45	2:50:09	13:15
2979	668	W25	Alison Schminke, 26*, Des Moines, IA	2:44:49	2:48:21	13:16
3242	242	M50	Steve Johns, 54, Des Moines, IA	2:44:53	2:50:28	13:16
3243	146	M55	Barry Coates, 57, Council Bluffs, IA	2:44:53	2:48:27	13:16
2980	384	W20	Amanda Jenkins, 24*, Polk City, IA	2:44:53	2:51:09	13:16
2981	125	W50	Karen Coates, 54*, Council Bluffs, IA	2:44:54	2:48:28	13:16
2982	587	W30	Maria Witt, 31*, Iowa City, IA	2:44:55	2:51:07	13:16
2983	669	W25	Shawna Ellis, 28*, New Virginia, IA	2:45:05	2:46:14	13:17
2984	385	W20	Natalie Morfitt, 22*, Cedar Falls, IA	2:45:05	2:51:24	13:17
2985	386	W20	Mindy Jones, 22*, Des Moines, IA	2:45:06	2:46:16	13:17
2986	670	W25	Flora Aumann, 26*, Urbandale, IA	2:45:07	2:46:16	13:17
2987	671	W25	Rhiannon Foulk, 25*, Pleasant Hill, IA	2:45:12	2:49:32	13:17
2988	501	W35	Jenifer Sliefert, 35*, Storm Lake, IA	2:45:15	2:51:27	13:18
2989	354	W40	Helen Kresse, 42*, Des Moines, IA	2:45:16	2:52:14	13:18
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3244	24	M65	Lary Hostak, 65, Marion,, Ia	2:45:38	2:50:52	13:20
2991	355	W40	Kim Christofferson, 40*, Ankeny, IA	2:45:46	2:50:02	13:20
2992	502	W35	Sarah Aunspach, 39*, Ankeny, IA	2:45:46	2:50:03	13:20
2993	503	W35	Kori Kristufek, 35*, Marietta, GA	2:45:57	2:48:52	13:21
3245	478	M35	Matthew Olson, 39, Johnston, IA	2:46:00	2:50:59	13:21
2994	80	W17	Victoria Life, 19*, Oskaloosa, IA	2:46:02	2:49:40	13:22
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2998	30	W55	Laurie Occhino, 59*, Duluth, MN	2:46:30	2:51:39	13:24
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3053	599	W30	Jaclyn Smith, 31*, Pella, IA	2:52:12	3:00:13	13:51
3054	363	W40	Laurie Thompson, 40*, Urbandale, IA	2:52:16	2:57:16	13:52
3055	600	W30	Jessica Thompson, 33*, Dunlap, IL	2:52:23	2:57:23	13:52
3056	683	W25	Lindsay Kruse, 26*, Ankeny, IA	2:52:26	2:56:08	13:52
3057	364	W40	Carolyn Sherwood, 41*, Des Moines, IA	2:52:31	2:58:46	13:53
3268	507	M25	David Miller, 28, Urbandale, IA	2:52:36	2:56:38	13:53
3269	73	M60	Michael Moon, 63, Ames, IA	2:52:42	3:00:21	13:54
3058	684	W25	Amanda Smith, 27*, Sioux Falls, SD	2:52:50	2:55:42	13:54
3059	517	W35	Jodi Mooney, 35*, Ozark, MO	2:52:57	2:58:14	13:55
3270	482	M35	John Judge, 37, Garwin, IA	2:52:59	2:58:16	13:55
3271	483	M35	Matthew Ferring, 36, Des Moines, IA	2:53:01	2:57:08	13:55
3272	26	M65	Jim Toillion, 66, Eagle Grove, IA	2:53:19	2:55:37	13:57
3060	601	W30	Mitzi Smith, 30*, Clive, IA	2:53:28	2:58:26	13:57
3061	365	W40	Pam Egger, 40*, Adel, IA	2:53:34	2:59:44	13:58
3062	391	W20	Erin Gilmore, 22*, Lawrence, KS	2:53:36	3:01:25	13:58
3063	518	W35	Annette Defrancisco, 37*, Johnston, IA	2:53:47	2:59:47	13:59
3064	519	W35	Tracy Andreasen, 37*, Johnston, IA	2:53:48	2:59:48	13:59

3065	520	W35	Linda Naab, 38*, Sugar Grove, IL	2:53:48	2:59:06	13:59
3273	148	M55	Milton Lane, 55, Loma Linda, CA	2:54:02	2:58:50	14:00
3066	392	W20	Jennifer List, 23*, West Des Moines, IA	2:54:15	3:02:08	14:01
3067	81	W17	Laura Beckett, 18*, Ames, IA	2:54:37	3:02:05	14:03
3068	366	W40	Carol Beckett, 41*, Ames, IA	2:54:37	3:02:06	14:03
3069	521	W35	Heidi Heronimus, 36*, Ankeny, IA	2:54:49	3:01:23	14:04
3274	484	M35	Daniel Lagrange, 38, West Des Moines, IA	2:54:49	3:01:23	14:04
3070	367	W40	Jean Amosson, 41*, Clive, IA	2:55:01	2:59:20	14:05
3071	368	W40	Shelly Zinszer, 42*, Papillion, NE	2:55:02	2:59:21	14:05
3275	149	M55	Tim McKinney, 59, Webster City, IA	2:55:05	3:02:24	14:05
3276	324	M45	Dan Campidilli, 48, Webster City, IA	2:55:06	3:02:25	14:05
3277	150	M55	Steve Anderson, 57, Webster City, IA	2:55:06	3:02:25	14:05
3072	522	W35	Janice Mineart, 37*, Des Moines, IA	2:55:08	3:01:39	14:05
3278	74	M60	Jack Adams, 62, Webster City, IA	2:55:14	3:02:34	14:06
3073	685	W25	Lindsey Kading, 29*, Panora, IA	2:55:15	2:57:05	14:06
3074	602	W30	Natalie McNaught, 30*, Clive, IA	2:55:18	2:59:17	14:06
3279	106	M17	Daniel Vargason, 18, Bondurant, IA	2:55:28	2:58:33	14:07
3075	82	W17	Rebecca Michener, 18*, Bondurant, IA	2:55:28	2:58:33	14:07
3280	27	M65	Don Withers, 69, Ames, IA	2:55:29	3:03:19	14:07
3076	32	W55	Karyl Ruhde, 58*, Chanhassen, MN	2:55:36	3:01:05	14:08
3077	393	W20	Lauren Nelson, 24*, West Des Moines, IA	2:55:38	2:59:31	14:08
3281	267	M20	Matt Konen, 22, Ankeny, IA	2:55:45	3:01:24	14:08
3078	394	W20	Rianne Veenstra, 23*, West Des Moines, IA	2:55:57	2:59:50	14:09
3079	369	W40	Kristine Parlee, 44*, Des Moines, IA	2:56:00	3:01:02	14:10
3080	370	W40	Jodi Marti, 40*, Knoxville, IA	2:56:17	2:59:35	14:11
3081	523	W35	Kristin Lee, 38*, Grimes, IA	2:56:28	3:02:28	14:12
3282	508	M25	Isaac Bean, 25, Ames, IA	2:56:45	2:59:47	14:13
3082	33	W55	Susan Bonnicksen, 55*, Urbandale, IA	2:56:46	3:02:17	14:13
3083	686	W25	Ruth Ann Jackson, 28*, North Mankato, MN	2:56:51	3:04:20	14:14
3283	555	M30	Gregory Jackson, 30, North Mankato, MN	2:56:52	3:04:21	14:14
3084	524	W35	Marlie Atwood, 36*, Des Moines, IA	2:56:52	3:03:34	14:14
3284	463	M40	Chris Bott, 40, Osceola, IA	2:56:52	3:03:05	14:14
3085	371	W40	Chris Schoening, 40*, Pleasant Hill, IA	2:56:53	3:03:35	14:14
3086	525	W35	Paula Schnoor, 35*, Clive, IA	2:56:56	3:01:43	14:14
3087	221	W45	Teresa Maeder, 45*, Creston, IA	2:56:58	3:01:14	14:14
3088	687	W25	Nicole Essink, 29*, Altoona, IA	2:56:59	3:05:06	14:14
3089	222	W45	Fay Stephens, 45*, Stanton, IA	2:57:04	3:01:50	14:15
3090	34	W55	Mary Beth Topf, 57*, West Allis, WI	2:57:17	3:02:54	14:16
3091	35	W55	Marlene Edwards, 59*, Des Moines, IA	2:57:22	3:03:03	14:16
3285	74	JrM	Zach Cooper, 16, Des Moines, IA	2:57:42	3:02:18	14:18
3092	603	W30	Jeana Wescott, 33*, Clive, IA	2:57:45	3:05:08	14:18
3093	604	W30	Courtney Geurkink, 31*, Des Moines, IA	2:57:46	3:05:09	14:18
3286	556	M30	Karl Hehr, 30, Ames, IA	2:57:47	3:02:19	14:18
3094	526	W35	Dawn Kreutz, 39*, Des Moines, IA	2:58:03	3:02:36	14:20
3287	557	M30	Clint Timmerman, 31, Des Moines, IA	2:58:09	3:05:08	14:20
3095	605	W30	Amie Hoffman, 31*, Clive, IA	2:58:11	3:04:19	14:20
3096	132	W50	Theresa Menough, 54*, Urbandale, IA	2:58:12	3:03:40	14:20
3288	464	M40	Chris James, 43, West Des Moines, IA	2:58:37	3:03:30	14:22
3097	395	W20	Sarah Rasmussen, 23*, Ames, IA	2:58:48	3:02:43	14:23
3098	527	W35	Marci Rickords, 38*, Maquoketa, IA	2:59:12	3:05:50	14:25
3099	688	W25	Rebecca Dickinson, 27*, Oskaloosa, IA	2:59:17	3:03:17	14:25

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3100	689	W25	Tasha Millard, 25*, Des Moines, IA	2:59:24	3:07:11	14:26
3289	558	M30	Joel Konen, 30, Ankeny, IA	2:59:26	3:05:05	14:26
3290	465	M40	Jeff Winders, 43, Grimes, IA	2:59:30	3:02:07	14:27
3101	223	W45	Jody Leventhal, 48*, Waukee, IA	2:59:43	3:04:01	14:28
3102	133	W50	Sara Dreyer, 52*, Altoona, IA	2:59:46	3:06:15	14:28
3103	528	W35	Tammi McClain, 38*, Alleman, IA	2:59:54	3:02:53	14:28
3104	606	W30	Amy Anderson, 33*, Ankeny, IA	3:00:17	3:03:16	14:30
3105	372	W40	Tracy Griess, 40*, Ankeny, IA	3:00:26	3:04:03	14:31
3106	373	W40	Paula Harriman, 44*, Davenport, IA	3:00:32	3:03:04	14:32
3107	83	W17	Simone Shafer, 17*, Winterset, IA	3:00:38	3:00:38	14:32
3108	529	W35	Karla Hansen, 36*, Fort Dodge, IA	3:00:50	3:07:09	14:33

3109	690	W25	Randi Hagen, 29*, Fort Dodge, IA	3:00:50	3:07:09	14:33
3291	559	M30	Matt Boelman, 33, Polk City, IA	3:01:07	3:01:07	14:34
3292	75	JrM	Kevin Yetmar, 16, Fort Dodge, IA	3:01:12	3:01:12	14:35
3293	6	M70	Glen Zirbel, 78, Ankeny, IA	3:01:23	3:05:04	14:36
3110	84	W17	Erica Floyd, 19*, Dubuque, IA	3:01:30	3:07:30	14:36
3111	374	W40	Delanina Purcell, 41*, Bondurant, IA	3:01:42	3:07:52	14:37
3112	36	W55	Patty Bolinger, 55*, Creston, IA	3:02:03	3:10:13	14:39
3294	325	M45	Steve Walters, 46, Omaha, NE	3:02:05	3:10:15	14:39
3113	224	W45	Brenda Sowers, 47*, Nevada, IA	3:02:32	3:06:12	14:41
3295	28	M65	Fergus Taylor, 66, Clive, IA	3:02:49	3:08:47	14:43
3296	268	M20	Jordan Lampe, 22, Johnston, IA	3:03:14	3:03:14	14:45
3297	151	M55	Rudy Campero, 57, Des Moines, IA	3:03:16	3:10:13	14:45
3114	225	W45	Ruth Proctor, 46*, Wilton, IA	3:03:29	3:03:29	14:46
3115	134	W50	Deborah Ohrn, 50*, Des Moines, IA	3:03:51	3:06:39	14:48
3116	37	W55	Linda Weaver, 59*, Atlantic, IA	3:03:58	3:06:46	14:48
3298	75	M60	Ben Bishop, 62, Des Moines, IA	3:04:29	3:10:58	14:51
3117	135	W50	Suann Donovan, 51*, Des Moines, IA	3:04:29	3:10:58	14:51
3118	691	W25	Angela Cary, 25*, Waukee, IA	3:04:31	3:08:52	14:51
3119	530	W35	Trisha Wickland, 39*, Menlo, IA	3:04:53	3:04:53	14:53
3120	692	W25	Brecka Putnam, 26*, Des Moines, IA	3:04:54	3:11:13	14:53
3299	152	M55	Blair Reid, 55, Des Moines, IA	3:05:00	3:05:00	14:53
3121	136	W50	Patricia Quinlisk, 54*, Johnston, IA	3:05:02	3:11:21	14:53
3122	10	W60	Judy Goddard, 60*, Bondurant, IA	3:05:02	3:11:21	14:53
3123	693	W25	Jaime Blair, 25*, Newton, IA	3:05:05	3:12:23	14:53
3124	226	W45	Debra Blair, 48*, Newton, IA	3:05:05	3:12:23	14:54
3300	509	M25	Brandon Sanchez, 27, Loves Park, IL	3:05:25	3:13:07	14:55
3125	227	W45	Dawn Edeker, 45*, Waukee, IA	3:05:27	3:10:54	14:55
3126	531	W35	Rebecca Shumaker, 39*, Desmoines, IA	3:06:18	3:10:12	14:59
3127	607	W30	Sara Ervin, 30*, West Des Moines, IA	3:06:30	3:06:30	15:00
3301	560	M30	Kyle Ervin, 31, West Des Moines, IA	3:06:30	3:06:30	15:00
3128	396	W20	Breanna Young, 23*, Altoona, IA	3:06:45	3:08:30	15:02
3129	608	W30	Andrea Richey, 31*, Panora, IA	3:06:48	3:11:04	15:02
3302	485	M35	Gary Childress, 37, West Des Moines, IA	3:07:10	3:07:10	15:04
3303	246	M50	Derrick Williams, 54, Ames, IA	3:07:13	3:13:00	15:04
3130	228	W45	Diane Morris, 47*, Des Moines, IA	3:07:34	3:13:51	15:06
3131	85	W17	Julia Steggerda, 19*, Johnston, IA	3:07:37	3:07:37	15:06
3132	137	W50	Mary Kading, 51*, Polk City, IA	3:07:47	3:09:38	15:07
3133	609	W30	Cheri Herman, 34*, Ankeny, IA	3:07:58	3:14:10	15:07
3134	694	W25	Abbie Ray, 27*, Des Moines, IA	3:08:03	3:15:24	15:08
3135	86	W17	Ashley Rumelhart, 17*, Carlisle, IA	3:08:08	3:13:51	15:08
3136	610	W30	Laurie Thompson, 34*, Story City, IA	3:08:19	3:14:32	15:09
3137	532	W35	Stacie Christensen, 39*, Fontanelle, IA	3:08:52	3:14:35	15:12
3138	695	W25	Michelle Bialas, 28*, Des Moines, IA	3:08:56	3:08:56	15:12
3139	375	W40	Mary Iossi, 42*, Durant, IA	3:09:00	3:12:06	15:12
3140	533	W35	Kris Burt, 36*, Walcott, IA	3:09:02	3:12:08	15:13
3304	510	M25	Brad Axdahl, 25, Cedar Rapids, IA	3:09:08	3:09:08	15:13
3141	397	W20	Hilary Hilsabeck, 21*, Iowa City, IA	3:09:29	3:09:29	15:15
3305	466	M40	Brad Knudson, 40, Center Point, IA	3:09:58	3:16:48	15:17
3142	696	W25	Jillian Kern, 28*, Marshalltown, IA	3:10:40	3:10:40	15:20

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3306	511	M25	Justin Miller, 26, Carpentersville, IL	3:11:14	3:19:00	15:23
3143	138	W50	Tina Beert, 53*, Davenport, IA	3:11:26	3:13:58	15:24
3307	247	M50	Bernie Veenstra, 50, Pella, IA	3:11:43	3:17:25	15:26
3144	229	W45	Rosa Veenstra, 48*, Pella, IA	3:11:43	3:17:26	15:26
3145	534	W35	Joanna Carson, 35*, Indianola, IA	3:12:14	3:12:14	15:28
3146	398	W20	Jessica Hoover, 22*, Le Claire, IA	3:12:30	3:15:16	15:29
3147	399	W20	Felicia Hoover, 20*, Le Claire, IA	3:12:30	3:15:16	15:29
3308	467	M40	Ronald Tekippe, 42, Earlham, IA	3:13:55	3:18:27	15:36
3309	326	M45	Patrick Glasgow, 45, Woodward, IA	3:13:56	3:18:29	15:36
3148	376	W40	Staci Revees, 40*, Newton, IA	3:13:58	3:16:21	15:36
3149	697	W25	Holly Darr, 25*, West Des Moines, IA	3:15:08	3:20:19	15:42
3150	400	W20	Denise Nyffeler, 24*, New London, WI	3:15:09	3:20:20	15:42
3151	401	W20	Jessica Van Engen, 24*, Orange City, IA	3:15:11	3:20:22	15:42

3310	512	M25	Brian Criger, 28, Des Moines, IA	3:15:54	3:23:25	15:46
3152	535	W35	Anita Debo, 38*, Johnston, IA	3:16:15	3:22:19	15:47
3153	536	W35	Jan Syata, 38*, Coralville, IA	3:16:15	3:22:19	15:47
3154	139	W50	Marna Miller, 51*, Des Moines, IA	3:17:44	3:19:36	15:55
3155	230	W45	Mary Echterling, 45*, Dallas Center, IA	3:18:39	3:24:55	15:59
3156	377	W40	Dawn Fitzpatrick, 41*, Iowa City, IA	3:18:49	3:23:55	16:00
3157	611	W30	Karie Ramsey, 32*, Urbandale, IA	3:20:04	3:21:54	16:06
3158	378	W40	Kimberley Schmidt, 41*, Prairie City, IA	3:20:05	3:23:58	16:06
3159	379	W40	Dawn Rankin, 44*, Knoxville, IA	3:20:11	3:22:59	16:06
3160	140	W50	Sam Erwin, 52*, West Des Moines, IA	3:20:17	3:25:59	16:07
3161	33	JrW	Makenzie Skarphol, 15*, Johnston, IA	3:21:10	3:21:43	16:11
3311	513	M25	Tim Murphy, 27, Camanche, IA	3:21:11	3:27:51	16:11
3162	141	W50	Beth Henning, 51*, Chelsea, IA	3:21:13	3:26:41	16:11
3312	468	M40	Jeffery Robinson, 44, Ankeny, IA	3:22:00	3:24:48	16:15
3163	38	W55	Linda Losee, 56*, Ankeny, IA	3:22:13	3:27:53	16:16
3164	537	W35	Kathryn Andersen, 38*, Johnston, IA	3:22:50	3:23:23	16:19
3165	87	W17	Jordain Skarphol, 19*, Johnston, IA	3:22:53	3:23:25	16:19
3166	231	W45	Jane Ackerman, 48*, North English, IA	3:23:07	3:28:35	16:21
3167	142	W50	Jean Shugart, 53*, Johnston, IA	3:23:12	3:23:46	16:21
3168	232	W45	Tammy Menninga, 46*, Urbandale, IA	3:23:20	3:25:11	16:22
3313	469	M40	Ron Pins, 41, Cedar Rapids, IA	3:24:15	3:24:15	16:26
3314	327	M45	Craig Stewart, 47, Des Moines, IA	3:24:32	3:28:16	16:27
3169	538	W35	Dayna Chandler, 39*, Des Moines, IA	3:24:46	3:28:07	16:29

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3315	470	M40	Mike Kreutz, 42, Des Moines, IA	3:26:28	3:31:20	16:37
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* indicates females

2 finishers among Males (no age given)

75 finishers among Men Under 17

106 finishers among Men 17 - 19

268 finishers among Men 20 - 24

513 finishers among Men 25 - 29

560 finishers among Men 30 - 34

485 finishers among Men 35 - 39

470 finishers among Men 40 - 44

327 finishers among Men 45 - 49

247 finishers among Men 50 - 54

152 finishers among Men 55 - 59

75 finishers among Men 60 - 64

28 finishers among Men 65 - 69

6 finishers among Men 70 & Up

33 finishers among Women Under 17

87 finishers among Women 17 - 19

401 finishers among Women 20 - 24

697 finishers among Women 25 - 29

611 finishers among Women 30 - 34

538 finishers among Women 35 - 39

379 finishers among Women 40 - 44

232 finishers among Women 45 - 49

142 finishers among Women 50 - 54

38 finishers among Women 55 - 59

10 finishers among Women 60 - 64

1 finishers among Women 65 - 69

1 finishers among Handcycle

3315 male finishers

3169 female finishers

6484 total finishers

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