

# 28th Dam to Dam 20 km (12.428 miles)

## Des Moines, Iowa

June 2, 2007

60s at Start & Sunny  
Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1 M25	Matthew Chesang, 25, Olathe, KS	1:04:15	5:10
2	2 M25	Zach Schendel, 29, Minneapolis, MN	1:06:07	5:19
3	1 M20	Jason Flogel, 24, West Des Moines, IA	1:06:24	5:20
4	1 M30	Rop Kipkoech, 30, West Des Moines, IA	1:07:28	5:26
5	2 M20	Tony Turgeon, 23, Sioux Falls, SD	1:07:30	5:26
6	3 M20	Tom Nichols, 24, Lincoln, NE	1:08:10	5:29
7	1 M45	John Mirth, 45, Platteville, WI	1:08:18	5:30
8	1 M17	Skyler Delmott, 18, Emporia, KS	1:08:43	5:32
9	2 M30	Julius Rotich, 32, West Des Moines, IA	1:08:57	5:33
10	3 M25	Chris Jensen, 25, Mason City, IA	1:09:33	5:36
11	4 M20	Adam Bohach, 22, Spillville, IA	1:09:57	5:38
12	1 M35	Andrew Rinn, 39, West Des Moines, IA	1:10:22	5:40
13	3 M30	Larry Mboga, 32, Eau Claire, WI	1:10:44	5:41
14	4 M30	Rob Semelroth, 32, Des Moines, IA	1:11:02	5:43
15	1 M40	Daniel Boyle, 44, Manhattan, KS	1:11:12	5:44
16	5 M30	Eric Hollander, 30, Des Moines, IA	1:12:02	5:48
17	6 M30	Marty Dalton, 31, Stuart, IA	1:12:03	5:48
1	1 W30	Robyn Friedman, 34*, Lambs Grove, IA	1:13:15	5:54
18	5 M20	Bryant England, 20, Elliott, IA	1:13:35	5:55
19	2 M35	Brad Wall, 39, Ankeny, IA	1:13:39	5:56
20	3 M35	Todd Christensen, 38, Altoona, IA	1:14:08	5:58
21	4 M25	Chris Stiffler, 28, Omaha, NE	1:14:09	5:58
22	7 M30	Jacob Kaemmer, 30, Des Moines, IA	1:14:11	5:58
23	5 M25	Chad Goldsmith, 29, North Liberty, IA	1:14:16	5:59
24	1 JrM	Andrew Barrett, 15, Des Moines, IA	1:14:25	5:59
25	6 M25	Jamie Stanford, 26, Creston, IA	1:14:28	5:59

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Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

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26	2 M45	Phil Kauder, 46, Cascade, IA	1:14:32	6:00
27	6 M20	Joel Rasmussen, 20, Goldfield, IA	1:15:01	6:02
2	1 W20	Casey Owens, 24*, Des Moines, IA	1:15:09	6:03
28	2 M17	John Venner, 18, Boone, IA	1:15:10	6:03
29	7 M20	Aaron Wells, 23, Runnells, IA	1:15:16	6:03
30	8 M20	Nathan White, 23, Des Moines, IA	1:15:31	6:05
3	1 W25	Bethany Lewis, 29*, Iowa City, IA	1:15:34	6:05
31	9 M20	Jonathan Woehl, 21, Ankeny, IA	1:15:47	6:06
32	4 M35	Ronald Cox, 37, Mooresville, IN	1:15:54	6:06
33	10 M20	Martin Popp, 24, Johnston, IA	1:16:09	6:08
34	11 M20	Justin Herrick, 20, Charles City, IA	1:16:14	6:08
35	8 M30	Ross Polking, 30, Waukee, IA	1:16:15	6:08
36	5 M35	Joe Marshall, 39, Granger, IA	1:16:24	6:09

37	7	M25	Darin Schuknecht, 25, Pella, IA	1:16:29	6:09
38	12	M20	Andrew Minear, 21, Des Moines, IA	1:16:35	6:10
39	6	M35	Kevin Kohler, 36, Clive, IA	1:16:40	6:10
4	2	W25	Gina Morgan, 25*, Omaha, NE	1:16:49	6:11
40	7	M35	Chris Bowers, 38, Ottumwa, IA	1:16:51	6:11
41	13	M20	Brandon Dart, 21, Maryville, MO	1:16:54	6:11
42	8	M35	Scott Patterson, 35, Ankeny, IA	1:16:59	6:12
43	3	M45	Keith Fevold, 49, Johnston, IA	1:17:04	6:12
44	2	M40	Vince Calvo, 40, Erie, CO	1:17:26	6:14
45	3	M40	Michael Kabela, 40, North Liberty, IA	1:17:38	6:15
46	4	M45	Steve Gorman, 45, Council Bluffs, IA	1:17:43	6:15
47	14	M20	Matt Berndt, 22, Newton, IA	1:17:51	6:16
48	4	M40	Rick Till, 44, Dubuque, IA	1:18:24	6:18
49	2	JrM	Asher Delmott, 16, Emporia, KS	1:18:36	6:19
50	1	M55	Paul Braunschweiler, 55, Omaha, NE	1:18:38	6:20
51	8	M25	Jason Probasco, 29, Papillion, NE	1:18:49	6:20
52	9	M25	Matt Hoyt, 29, Vermillion, SD	1:18:49	6:20
53	15	M20	Logan Weeks, 20, Des Moines, IA	1:18:51	6:21
54	9	M35	Ryan Elsbernd, 35, Des Moines, IA	1:19:00	6:21
55	5	M40	Marty Gingerich, 44, Parnell, IA	1:19:14	6:22
56	16	M20	Tony Fischels, 20, Webster City, IA	1:19:18	6:23
57	6	M40	Stephen Fyfe, 42, Pella, IA	1:19:20	6:23
58	10	M35	Myron Peto, 36, Ames, IA	1:19:22	6:23
5	1	JrW	Stephanie Mundt, 16*, Urbandale, IA	1:19:23	6:23
59	11	M35	Scott Jones, 36, Ankeny, IA	1:19:25	6:23
60	10	M25	Tony Ekman, 26, Des Moines, IA	1:19:32	6:24
61	1	M50	Paul Kmiecik, 53, Middleton, WI	1:19:35	6:24
62	12	M35	Bryan Friedman, 35, Lambs Grove, IA	1:19:37	6:24
63	11	M25	Ryan Kramer, 28, Carl Junction, MO	1:19:44	6:25
6	2	W20	Ashley Tousley, 23*, West Des Moines, IA	1:19:47	6:25
64	12	M25	Morgan Parker, 29, Pella, IA	1:19:54	6:26
65	13	M25	Jon Rathje, 28, Ankeny, IA	1:19:55	6:26
66	13	M35	John Anthofer, 35, Urbandale, IA	1:20:01	6:26
67	14	M35	Brett Christensen, 36, Clive, IA	1:20:18	6:28
68	15	M35	Tim Godfrey, 36, Cedar Falls, IA	1:20:25	6:28
69	16	M35	Tim Hart, 39, Johnston, IA	1:20:30	6:29
70	7	M40	Troy Zeleznik, 44, West Des Moines, IA	1:20:33	6:29
71	3	JrM	Jake Sutton, 16, West Des Moines, IA	1:20:37	6:29
72	4	JrM	Brett Rosauer, 16, Urbandale, IA	1:20:37	6:29
73	9	M30	Guy Willey, 33, Ames, IA	1:20:45	6:30
74	8	M40	Todd Haugen, 44, Story City, IA	1:20:53	6:30
75	3	M17	Robbie Teff, 18, Calmar, IA	1:20:55	6:31
76	2	M50	Bob Layton, 51, Urbandale, IA	1:21:20	6:33
77	10	M30	Brian Davenport, 32, Minneapolis, MN	1:21:22	6:33
78	9	M40	Doug Vander Weide, 40, Clive, IA	1:21:24	6:33
79	11	M30	Matt Thatcher, 31, Ames, IA	1:21:31	6:34
80	12	M30	Mark Solomon, 32, Pella, IA	1:21:34	6:34
81	17	M20	Michael Wilson, 24, Des Moines, IA	1:21:34	6:34
82	5	JrM	Cory Johnson, 16, Indianola, IA	1:21:38	6:34
83	13	M30	Brian Bickel, 31, Des Moines, IA	1:21:39	6:34
84	4	M17	Gideon Grenell, 19, Coralville, IA	1:21:41	6:34
7	1	W35	Christine Price, 38*, Des Moines, IA	1:21:48	6:35
85	5	M17	Tyler Smith, 18, Milo, IA	1:21:50	6:35
86	3	M50	Rick Ironside, 53, Marion, IA	1:21:55	6:35
87	10	M40	Michael Schulte, 42, Cedar Rapids, IA	1:21:58	6:36
88	4	M50	Joe Bolkcom, 50, Iowa City, IA	1:22:02	6:36
89	18	M20	Kevin Spellman, 23, Des Moines, IA	1:22:03	6:36
8	3	W20	Danielle Nagel, 23*, Holt, MO	1:22:04	6:36
90	2	M55	James Laplant, 56, Newton, IA	1:22:07	6:36
9	4	W20	Krysta Metz, 23*, Iowa City, IA	1:22:07	6:36
91	14	M25	Justin Droppert, 27, West Des Moines, IA	1:22:17	6:37
92	14	M30	Anthony Cendana, 31, West Des Moines, IA	1:22:20	6:37
93	6	M17	Brian Wall, 17, Des Moines, IA	1:22:30	6:38
94	11	M40	Ron Smith, 43, Dubuque, IA	1:22:37	6:39
95	15	M30	Colin Greenan, 30, Ames, IA	1:22:40	6:39

96	17	M35	Mike Rieks, 39, Urbandale, IA	1:22:42	6:39
10	1	W45	Carol Baker, 48*, Waterloo, IA	1:22:42	6:39
11	1	W40	Sharon Stubler, 42*, Minnetonka, MN	1:22:50	6:40
97	6	JrM	John Freude, 14, Des Moines, IA	1:22:54	6:40
98	7	JrM	Luke Finley, 16, Des Moines, IA	1:22:55	6:40
99	3	M55	Gary Holda, 55, Carbondale, IL	1:22:56	6:40
100	5	M45	Craig Edmondson, 47, Ames, IA	1:22:57	6:40
12	2	W35	Laura Max, 35*, Iowa City, IA	1:22:57	6:40
101	12	M40	Doug Hamerand, 42, Carlisle, IA	1:23:00	6:41
102	19	M20	Jason Ferguson, 23, Newton, IA	1:23:10	6:41
103	20	M20	Dan Saar, 24, Des Moines, IA	1:23:30	6:43
104	15	M25	Joseph Aulwes, 26, Bondurant, IA	1:23:33	6:43
13	5	W20	Mackenzie Madison, 20*, Ankeny, IA	1:23:34	6:43
105	7	M17	Cody Saville, 17, Oelwein, IA	1:23:35	6:44
106	8	JrM	Chris Miller, 16, Des Moines, IA	1:23:36	6:44
14	1	W17	Angie Berry, 19*, Indianola, IA	1:23:36	6:44
107	18	M35	Chad Krueger, 39, Cedar Rapids, IA	1:23:39	6:44
15	2	W30	Michelle McMurray, 31*, Rock Island, IL	1:23:43	6:44
108	6	M45	Rob Gillum, 46, Des Moines, IA	1:23:51	6:45
109	8	M17	Ryan Fliss, 18, Boone, IA	1:23:59	6:45
110	13	M40	Murry Mente, 40, Tipton, IA	1:24:00	6:46
111	7	M45	John Taylor III, 48, Des Moines, IA	1:24:10	6:46
112	9	M17	Ethan Warrior, 17, Greenfield, IA	1:24:10	6:46
113	10	M17	Nicholas Newbury, 18, Greenfield, IA	1:24:11	6:46
114	11	M17	Baron Davis, 18, Hamilton, IA	1:24:15	6:47
115	16	M30	Kirk Wepler, 34, Pella, IA	1:24:22	6:47
116	17	M30	Daniel Casbon, 33, Stratford, IA	1:24:22	6:47
117	21	M20	Cris Conner, 24, Chicago, IL	1:24:24	6:47
118	5	M50	Dave Fitz, 52, Ames, IA	1:24:27	6:48
119	22	M20	Brian Farrell, 24, Des Moines, IA	1:24:29	6:48
120	19	M35	Scott Sterrett, 38, Cedar Falls, IA	1:24:34	6:48
121	20	M35	Brian Jergens, 35, Humboldt, IA	1:24:38	6:49
122	16	M25	Todd Southwick, 28, Ankeny, IA	1:24:45	6:49
16	3	W30	Jenny Weber, 34*, Des Moines, IA	1:24:46	6:49
123	18	M30	Chris Doud, 32, Spencer, IA	1:24:51	6:50
17	4	W30	Rena Schendel, 33*, Minneapolis, MN	1:24:56	6:50
124	21	M35	Dale Tunender, 39, Norwalk, IA	1:24:58	6:50
125	19	M30	Chad Lee, 34, West Des Moines, IA	1:24:59	6:50
126	17	M25	Glen Fuhrmeister, 26, Iowa City, IA	1:25:05	6:51
127	8	M45	Scott Reed, 45, Cedar Rapids, IA	1:25:08	6:51
128	14	M40	David Reid, 40, Fairfax, IA	1:25:14	6:51
129	22	M35	Eric Suthers, 37, Cedar Rapids, IA	1:25:20	6:52
130	23	M20	Greg Bell, 20, Latimer, IA	1:25:20	6:52
131	23	M35	Matt Veldey, 37, Ankeny, IA	1:25:27	6:52
132	24	M35	Steven Ackley, 38, Indianapolis, IN	1:25:28	6:53
133	1	M60	Gary Julin, 60, Omaha, NE	1:25:39	6:53
134	25	M35	Alan Kohll, 39, Omaha, NE	1:25:43	6:54
135	15	M40	Jerry Beenken, 41, Dakota City, IA	1:25:47	6:54
136	12	M17	Justin Olk, 18, Polk City, IA	1:25:48	6:54
137	9	M45	Jeff Perry, 46, Bondurant, IA	1:25:49	6:54
138	24	M20	Nick Cooper, 23, Des Moines, IA	1:25:51	6:54
139	18	M25	Kurt Lowenberg, 29, Ottumwa, IA	1:25:52	6:54
140	25	M20	Kent Finley, 21, Des Moines, IA	1:25:52	6:55
141	16	M40	Donald Klein, 42, Nevada, IA	1:25:55	6:55
142	19	M25	Chris Nealy, 27, Des Moines, IA	1:25:57	6:55
143	20	M30	Denis Reich, 34, Ames, IA	1:26:01	6:55
144	26	M20	Will McBride, 22, Iowa City, IA	1:26:06	6:56
145	27	M20	Zac Bales-Henry, 20, Des Moines, IA	1:26:08	6:56
146	26	M35	Brad Rounds, 38, Ankeny, IA	1:26:10	6:56
147	10	M45	Kevin Dear, 47, Mason City, IA	1:26:14	6:56
18	5	W30	Mary Landhuis, 34*, Clarinda, IA	1:26:15	6:56
148	11	M45	Kip Headley, 45, Urbandale, IA	1:26:17	6:57
149	20	M25	Ben Garrett, 26, Des Moines, IA	1:26:18	6:57
150	9	JrM	Justin Arey, 15, Norwalk, IA	1:26:23	6:57
151	17	M40	Steve Willem, 41, Earlham, IA	1:26:29	6:57

152	21	M30	Gene Baloun, 31, Des Moines, IA	1:26:34	6:58
153	22	M30	Tim Roetman, 34, Johnston, IA	1:26:35	6:58
154	23	M30	Chris Waterbury, 30, Marengo, IA	1:26:37	6:58
155	6	M50	Terry Looby, 50, Calmar, IA	1:26:37	6:58
156	12	M45	Brian Willem, 45, Urbandale, IA	1:26:38	6:58
157	18	M40	Samuel Houston, 40, Cedar Rapids, IA	1:26:38	6:58
158	27	M35	Aaron Quinn, 35, Des Moines, IA	1:26:39	6:58
159	24	M30	Fred Moody, 33, Ames, IA	1:26:40	6:58
160	21	M25	Derek McChurch, 26, Des Moines, IA	1:26:43	6:59
19	3	W35	Susan Brown, 38*, Waukee, IA	1:26:45	6:59
161	13	M17	Kristopher Spoth, 19, Polk City, IA	1:26:45	6:59
162	22	M25	Jon Kalvig, 25, Des Moines, IA	1:26:45	6:59
163	13	M45	Dale Knoshaug, 45, Des Moines, IA	1:26:50	6:59
20	1	W50	Tricia McClain, 50*, Altoona, IA	1:26:53	6:59
164	28	M35	David Primeau, 39, Des Moines, IA	1:26:53	6:59

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Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

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165	29	M35	Mark Hargrove, 37, Ames, IA	1:26:54	7:00
166	23	M25	Scott Ingersoll, 29, Ankeny, IA	1:26:56	7:00
167	30	M35	Tony Hunt, 38, Waukee, IA	1:26:58	7:00
21	2	W50	Ann Ringlein, 50*, Lincoln, NE	1:26:59	7:00
168	24	M25	Aaron Sage, 27, Ankeny, IA	1:27:06	7:00
169	28	M20	Donald Bouillon, 21, Dows, IA	1:27:07	7:01
170	29	M20	Joe Andersen, 22, Ankeny, IA	1:27:12	7:01
171	25	M25	Mike Mullins, 29, Ames, IA	1:27:17	7:01
172	19	M40	John Bannantine, 41, Ames, IA	1:27:17	7:01
173	4	M55	Mark Cook, 55, Moline, IL	1:27:17	7:01
174	31	M35	Brian Krueger, 36, Urbandale, IA	1:27:20	7:02
175	14	M45	Jim Quigley, 49, Cedar Rapids, IA	1:27:26	7:02
22	3	W25	Kelly Yacevich, 25*, Lincoln, NE	1:27:28	7:02
176	32	M35	Bryan Schlotterback, 35, Johnston, IA	1:27:29	7:02
177	33	M35	Chris Burgess, 39, Urbandale, IA	1:27:30	7:02
178	30	M20	Jorge Bazan, 22, Clive, IA	1:27:31	7:02
179	31	M20	Corey Kientoff, 21, Indianola, IA	1:27:34	7:03
180	5	M55	Joe Robinson, 56, Bondurant, IA	1:27:36	7:03
23	2	W17	Cassi Sokol, 19*, Urbandale, IA	1:27:36	7:03
181	14	M17	Cory Sents, 19, Ames, IA	1:27:36	7:03
182	25	M30	Brad Brotherton, 34, Polk City, IA	1:27:38	7:03
183	26	M30	Doug Sturm-Smith, 33, Des Moines, IA	1:27:39	7:03
184	27	M30	Kevin Birusingh, 32, Cedar Rapids, IA	1:27:44	7:04
185	34	M35	Brent Lindberg, 36, Ottumwa, IA	1:27:50	7:04
186	32	M20	Steve Cox, 24, Kirksville, MO	1:27:52	7:04
187	26	M25	Joel Sage, 25, Ankeny, IA	1:27:55	7:04
188	15	M45	John Taylor, 46, Johnston, IA	1:27:57	7:05
189	7	M50	Dave Haugen, 53, Des Moines, IA	1:27:59	7:05
190	8	M50	Joe Winch, 51, Knoxville, IA	1:28:03	7:05
191	28	M30	Nathan Wenck, 30, Carroll, IA	1:28:06	7:05
192	20	M40	Joseph Short, 42, Johnston, IA	1:28:08	7:05
193	27	M25	Garrett Dancik, 27, Ames, IA	1:28:09	7:06
194	35	M35	Tom Scroggins, 35, Ankeny, IA	1:28:10	7:06
195	21	M40	Alan Alberto, 42, Clive, IA	1:28:11	7:06
196	15	M17	Sam Bird, 17, Gilbert, IA	1:28:14	7:06
197	29	M30	Troy Jepsen, 33, Johnston, IA	1:28:16	7:06
198	30	M30	Michael Carr, 34, Ames, IA	1:28:19	7:06
24	4	W25	Kristen Mitchell, 28*, Ottumwa, IA	1:28:20	7:06
199	33	M20	Bryan Becker, 24, Waukee, IA	1:28:22	7:07
200	28	M25	Matt Schmidt, 29, Orange City, IA	1:28:23	7:07
201	36	M35	Kip Lathrum, 35, Omaha, NE	1:28:25	7:07
202	37	M35	John Lajoie, 39, Ankeny, IA	1:28:25	7:07
203	22	M40	David Stout, 41, Des Moines, IA	1:28:25	7:07
204	29	M25	Scott Koch, 29, West Des Moines, IA	1:28:32	7:07
205	16	M17	Mike Cooper, 18, Dayton, IA	1:28:43	7:08
206	34	M20	Derek Mueller, 24, Urbandale, IA	1:28:47	7:09
207	23	M40	Mark Tabarella, 40, Windsor Heights, IA	1:28:50	7:09

208	31	M30	Stu Sorrel, 31, Clive, IA	1:28:52	7:09
209	16	M45	Calvin Wolter, 47, Van Horne, IA	1:28:53	7:09
210	24	M40	Don Cuming, 44, Ankeny, IA	1:28:55	7:09
211	25	M40	Dave Juhl, 42, Des Moines, IA	1:28:57	7:09
212	38	M35	Joe Kowzan, 37, Pella, IA	1:29:02	7:10
213	39	M35	Shawn Corbin, 35, Clive, IA	1:29:03	7:10
214	40	M35	R John Milligan, 36, Pella, IA	1:29:04	7:10
215	26	M40	Mark Altfillisch, 41, Ottumwa, IA	1:29:05	7:10
216	30	M25	Daniel Mandernach, 29, Grimes, IA	1:29:07	7:10
217	31	M25	Kyle Rickels, 25, Cedar Rapids, IA	1:29:09	7:10
218	41	M35	Scott Claycomb, 36, Lincoln, NE	1:29:10	7:10
219	17	M17	Brent Westphal, 18, Urbandale, IA	1:29:10	7:10
220	32	M30	Easy Cummings, 30, Johnston, IA	1:29:13	7:11
221	35	M20	Brett Dietrich, 21, Williamsburg, IA	1:29:15	7:11
222	33	M30	Lew Vasey, 33, West Des Moines, IA	1:29:16	7:11
223	36	M20	Gabriel Geiger, 24, Des Moines, IA	1:29:16	7:11
224	10	JrM	Ben Morris, 16, Cedar Falls, IA	1:29:17	7:11
225	11	JrM	Blake Johannes, 16, Exira, IA	1:29:17	7:11
226	34	M30	Paxton Bennett, 33, West Des Moines, IA	1:29:18	7:11
227	27	M40	Mickey Lundquist, 43, Ankeny, IA	1:29:18	7:11
228	32	M25	Andrew Luymes, 28, Iowa City, IA	1:29:19	7:11
229	42	M35	Jimmy Navarro, 35, Des Moines, IA	1:29:19	7:11
230	28	M40	Brad Edmister, 40, Des Moines, IA	1:29:21	7:11
231	43	M35	Jeff Dighton, 35, Boone, IA	1:29:22	7:11
232	44	M35	Dan Henderson, 36, Ankeny, IA	1:29:23	7:12
233	45	M35	John Kvapil, 37, Davenport, IA	1:29:24	7:12
234	46	M35	Brent Smidt, 38, Clive, IA	1:29:28	7:12
235	17	M45	Randy Wadle, 48, Newton, IA	1:29:30	7:12
236	47	M35	Kham Sisamouth, 37, Des Moines, IA	1:29:31	7:12
237	29	M40	Richard Haines, 40, Des Moines, IA	1:29:33	7:12
238	48	M35	Eric Camper, 36, Des Moines, IA	1:29:34	7:12
239	33	M25	Erik Niggemeyer, 29, Dubuque, IA	1:29:38	7:13
240	49	M35	Mark Fahrenkrug, 36, Waukee, IA	1:29:39	7:13
241	9	M50	Walter Brandt, 51, Dysart, IA	1:29:40	7:13
242	25	6	W30 Lori Knights, 34*, Polk City, IA	1:29:45	7:13
242	18	M45	Loras Kremer, 48, Cedar Rapids, IA	1:29:45	7:13
243	12	JrM	Andrew Smith, 16, Brayton, IA	1:29:49	7:14
244	50	M35	Rick Giardino, 36, Ottumwa, IA	1:29:52	7:14
245	51	M35	Shannon McLaughlin, 36, Norwalk, IA	1:29:53	7:14
246	34	M25	Andrew Sage, 25, Ames, IA	1:29:55	7:14
246	26	5	W25 Tara Krueger, 26*, Des Moines, IA	1:29:56	7:14
246	27	2	W40 Kathy Hale, 42*, Bondurant, IA	1:29:56	7:14
246	28	4	W35 Cindy Elsbernd, 36*, Des Moines, IA	1:29:57	7:14
247	52	M35	Brent Cooper, 39, West Des Moines, IA	1:29:57	7:14
248	53	M35	Jason Zdunich, 38, Dallas Center, IA	1:29:58	7:14
249	35	M25	Patrick Cole, 25, Ames, IA	1:29:59	7:14
250	10	M50	Chuck Korte, 52, West Des Moines, IA	1:30:00	7:14
251	13	JrM	Thomas Godwin, 15, Exira, IA	1:30:04	7:15
251	29	6	W25 Shannon White, 26*, Aurora, NE	1:30:17	7:16
252	36	M25	Michael McGinn, 26, Johnston, IA	1:30:21	7:16
252	30	6	W20 Julia Hudson, 21*, Omaha, NE	1:30:21	7:16
253	35	M30	Eric Fee, 33, Indianola, IA	1:30:23	7:16
254	37	M25	Joseph McGargill, 25, Omaha, NE	1:30:24	7:16
255	6	M55	William Hidding, 58, Edina, MN	1:30:26	7:17
256	36	M30	Jarid Downey, 34, Indianola, IA	1:30:29	7:17
257	19	M45	Jeff Peterson, 48, Iowa Falls, IA	1:30:33	7:17
257	31	5	W35 Sandy Sabelka, 39*, Denver, IA	1:30:34	7:17
258	30	M40	Steve Blazek, 40, West Des Moines, IA	1:30:35	7:17
259	37	M30	Barrie Terrones, 30, Ames, IA	1:30:36	7:17
259	32	7	W30 Jennifer Bohr, 34*, Swisher, IA	1:30:40	7:18
259	33	7	W20 Laura Adams, 21*, Holt, MO	1:30:42	7:18
260	11	M50	Mark Bohach, 50, Spillville, IA	1:30:44	7:18
261	31	M40	John Priester, 42, Des Moines, IA	1:30:49	7:18
262	38	M25	Andrew Lemmenes, 26, Iowa City, IA	1:30:49	7:18
263	12	M50	Bob Nelson, 54, Davenport, IA	1:30:54	7:19

264	37	M20	Jason Mullen, 21, Iowa City, IA	1:30:55	7:19
34	8	W20	Emily Arguello, 23*, Davenport, IA	1:30:59	7:19
35	3	W50	Sheila Maddock, 51*, Johnston, IA	1:31:00	7:19
265	39	M25	Joe Borg, 29, Pleasant Hill, IA	1:31:03	7:20
36	8	W30	Misty Young, 31*, Ottumwa, IA	1:31:03	7:20
266	38	M30	Andy Long, 34, Altoona, IA	1:31:04	7:20
267	7	M55	Peter Crawford, 57, Red Oak, IA	1:31:04	7:20
268	32	M40	Andrew Smart, 44, Ankeny, IA	1:31:07	7:20
269	18	M17	Tanner Linden, 17, Polk City, IA	1:31:07	7:20
270	14	JrM	Leo Bird, 16, Iowa, IA	1:31:07	7:20
271	8	M55	James Jacobsen, 57, Des Moines, IA	1:31:08	7:20
272	15	JrM	Sam Kiekhaefer, 15, Jefferson City, MO	1:31:09	7:20
273	33	M40	Michael Gould, 44, West Des Moines, IA	1:31:13	7:20
37	3	W17	Danielle Nowasell, 17*, Grinnell, IA	1:31:16	7:21
274	38	M20	Dan Novelli, 22, Urbandale, IA	1:31:17	7:21
38	9	W20	Jessica Sorrentino, 22*, Urbandale, IA	1:31:17	7:21
275	20	M45	Michael Smith, 46, Quincy, IL	1:31:18	7:21
276	39	M20	Nick Swanson, 23, Iowa City, IA	1:31:20	7:21
277	9	M55	Rick Hagan, 57, Urbandale, IA	1:31:20	7:21
278	40	M25	Mark Lee, 27, Ames, IA	1:31:21	7:21
279	19	M17	Travis Heithoff, 18, Ames, IA	1:31:24	7:21
280	20	M17	Zach Brenner, 18, Ames, IA	1:31:25	7:21
39	7	W25	Abby Sweet, 25*, Knoxville, IA	1:31:29	7:22
281	54	M35	Michael Davis, 36, Des Moines, IA	1:31:31	7:22
282	41	M25	Matt Townsley, 25, Cedar Rapids, IA	1:31:33	7:22
283	42	M25	Jason O'Brien, 28, Ames, IA	1:31:34	7:22
284	55	M35	Damon Youmans, 36, Indianola, IA	1:31:36	7:22
285	21	M45	Matt McCright, 48, Urbandale, IA	1:31:41	7:23
286	43	M25	Tim Fencil, 27, Ames, IA	1:31:45	7:23
287	44	M25	Josh Cowman, 25, Pella, IA	1:31:47	7:23
288	34	M40	Norman Bach, 40, Marshalltown, IA	1:31:48	7:23
289	35	M40	Pat Baldus, 42, West Des Moines, IA	1:31:49	7:23
290	2	M60	Jerry Donegan, 60, Milan, IL	1:31:50	7:23
291	39	M30	Conrad Hanson, 31, Urbandale, IA	1:31:52	7:24
292	56	M35	Carlos Tud Juan, 37, Ankeny, IA	1:31:54	7:24
293	10	M55	Ronald Charles, 58, Grinnell, IA	1:31:55	7:24
294	57	M35	Brent Monson, 38, Des Moines, IA	1:31:56	7:24
295	58	M35	Todd Wuestenberg, 38, Huxley, IA	1:31:58	7:24
296	13	M50	Greg Madison, 52, Ankeny, IA	1:32:00	7:24
297	36	M40	Richard Moorlach, 41, Fishers, IN	1:32:06	7:25
298	37	M40	Ed Tormey, 43, Indianola, IA	1:32:06	7:25
299	40	M30	Joel Ryon, 34, Mason City, IA	1:32:07	7:25
40	10	W20	Molly Fisher, 21*, Ottumwa, IA	1:32:14	7:25
41	11	W20	Jill Wagaman, 22*, Dysart, IA	1:32:14	7:25
300	45	M25	Rich Miller, 29, West Des Moines, IA	1:32:15	7:25
301	22	M45	Michael Bird, 46, Gilbert, IA	1:32:16	7:25
302	23	M45	Brad Nielsen, 48, Des Moines, IA	1:32:17	7:25
303	11	M55	Patrick Decoster, 56, East Moline, IL	1:32:19	7:26
42	3	W40	Melanie Anderson, 44*, Clive, IA	1:32:20	7:26
304	46	M25	Jared Otte, 25, West Des Moines, IA	1:32:22	7:26
305	40	M20	Eric Hoff, 20, Ankeny, IA	1:32:23	7:26
306	41	M30	Lee Simmons, 31, West Des Moines, IA	1:32:24	7:26
307	12	M55	Ernie Vortherms, 58, Urbandale, IA	1:32:26	7:26
308	42	M30	Heath Bullock, 32, West Des Moines, IA	1:32:26	7:26
309	38	M40	Jeff Kelly, 40, Urbandale, IA	1:32:27	7:26
43	12	W20	Becky Eckerman, 20*, Fort Dodge, IA	1:32:27	7:26
310	59	M35	David Moser, 39, Iowa City, IA	1:32:32	7:27
311	47	M25	Ben Cadwell, 27, Dallas Center, IA	1:32:34	7:27
312	48	M25	Greg Castings, 29, West Des Moines, IA	1:32:37	7:27
313	60	M35	Rick Glowacki, 38, Des Moines, IA	1:32:38	7:27
314	41	M20	Thomas Bell, 24, Des Moines, IA	1:32:41	7:27
315	61	M35	Andrew Zeiner, 37, Ames, IA	1:32:41	7:27
44	9	W30	Carrie Krohn, 34*, Orange City, IA	1:32:42	7:27
316	24	M45	Joseph Creighton, 47, Granger, IA	1:32:44	7:28
317	42	M20	Joel Abbott, 20, Ames, IA	1:32:46	7:28

318	25	M45 David Teachout, 46, Des Moines, IA	1:32:48	7:28
319	16	JrM Kit Anderson, 15, Norwalk, IA	1:32:50	7:28
320	43	M30 Russell Binder, 30, Marion, IA	1:32:50	7:28
321	62	M35 Paul Lovell, 39, Cresco, IA	1:32:51	7:28
322	63	M35 Scott Gass, 37, West Des Moines, IA	1:32:52	7:28
323	49	M25 Tim Alt, 26, Waukee, IA	1:32:52	7:28
324	64	M35 Brad Smith, 35, Quincy, IL	1:32:53	7:28
325	44	M30 Michael Hartman, 30, Clarinda, IA	1:32:54	7:28
326	14	M50 Alan Dispirito, 53, Ames, IA	1:32:56	7:29
327	26	M45 Ron Hankins, 49, Polk City, IA	1:32:57	7:29
328	50	M25 Travis Ripperger, 29, Waukee, IA	1:33:00	7:29
329	65	M35 Timothy Gootee, 37, Urbandale, IA	1:33:01	7:29
330	45	M30 Stephen Houg, 32, West Des Moines, IA	1:33:01	7:29
331	51	M25 David Holst, 27, Kirksville, MO	1:33:01	7:29
332	52	M25 Jack Swarm, 26, Mt. Pleasant, IA	1:33:01	7:29
333	43	M20 Josh Pommer, 20, Pella, IA	1:33:03	7:29
334	46	M30 Tim Lowe, 34, Des Moines, IA	1:33:05	7:29
335	39	M40 Jim Latta, 40, Madrid, IA	1:33:06	7:29
336	53	M25 Troy Shoen, 29, Huxley, IA	1:33:07	7:30
337	15	M50 Philip Carroll, 51, Denver, IA	1:33:08	7:30
338	21	M17 Austin Mytty, 17, Fremont, NE	1:33:09	7:30
	45	10 W30 Kara Longfield, 30*, Des Moines, IA	1:33:09	7:30
339	40	M40 Chris Kannapel, 44, Windsor Heights, IA	1:33:10	7:30
340	54	M25 Chad Till, 29, Johnston, IA	1:33:12	7:30
341	27	M45 Rick Gubbels, 49, Des Moines, IA	1:33:13	7:30
342	66	M35 Rusty Ramseyer, 36, Des Moines, IA	1:33:14	7:30
343	13	M55 Randall C Wilson, 57, Des Moines, IA	1:33:14	7:30
344	16	M50 Peter Percival, 53, Des Moines, IA	1:33:15	7:30
345	44	M20 Brian Smith, 22, Ames, IA	1:33:16	7:30
346	41	M40 Jeff Osmundson, 42, Pleasant Hill, IA	1:33:17	7:30
347	3	M60 David Schulte, 60, Granger, IA	1:33:21	7:31
	46	11 W30 Tiffany Thompson, 32*, Norwalk, IA	1:33:23	7:31
348	14	M55 Frants Madsen, 56, Melbourne, IA	1:33:24	7:31
	47	4 W50 Nancy Hoegh, 54*, Clive, IA	1:33:25	7:31
349	22	M17 Tony Beal, 18, Albia, IA	1:33:25	7:31
350	47	M30 Chris Albright, 32, Norwalk, IA	1:33:26	7:31
351	67	M35 Curtis Downs, 38, Des Moines, IA	1:33:26	7:31
352	48	M30 Darin Dowling, 33, Des Moines, IA	1:33:27	7:31
353	17	M50 Charles Huygens, 51, Urbandale, IA	1:33:30	7:31
354	42	M40 Anthony Demarco, 43, Athens, GA	1:33:35	7:32
355	49	M30 Dan Bruns, 32, Ankeny, IA	1:33:37	7:32
	48	6 W35 Kathleen Schweizer, 37*, Urbandale, IA	1:33:37	7:32
356	18	M50 Tedd Sage, 51, Ames, IA	1:33:41	7:32
	49	12 W30 Shelly Law, 34*, Des Moines, IA	1:33:44	7:32
357	28	M45 Timothy Mooney, 45, Ames, IA	1:33:45	7:33
358	19	M50 Darrell Jebesen, 53, Marshalltown, IA	1:33:46	7:33
359	29	M45 Doug Adams, 45, Urbandale, IA	1:33:47	7:33
360	68	M35 John Urban, 39, Johnston, IA	1:33:48	7:33
	50	7 W35 Teresa Wells, 38*, Des Moines, IA	1:33:50	7:33
361	50	M30 Chad Meacham, 33, Iowa City, IA	1:33:52	7:33
362	51	M30 Marty Mitchell, 32, Des Moines, IA	1:33:53	7:33
363	30	M45 Timothy Kelly, 48, Iowa City, IA	1:33:57	7:33
364	20	M50 Jim Pippert, 50, Dysart, IA	1:33:58	7:34
365	55	M25 Travis Nuss, 28, Gowrie, IA	1:34:01	7:34
366	21	M50 Clyde Lawler, 51, Marshalltown, IA	1:34:01	7:34
367	43	M40 Dan Gustafson, 44, West Des Moines, IA	1:34:02	7:34
	51	8 W25 Amanda Ives, 26*, Des Moines, IA	1:34:02	7:34
368	56	M25 Tim Ives, 26, Des Moines, IA	1:34:02	7:34
369	23	M17 Craig Nie, 17, Jesup, IA	1:34:07	7:34
370	31	M45 Rob Hentzen, 46, West Des Moines, IA	1:34:07	7:34
371	57	M25 Tim Rypma, 27, Des Moines, IA	1:34:08	7:34
372	52	M30 Mike Rottink, 31, Iowa Falls, IA	1:34:08	7:34
373	53	M30 Eric Riensche, 32, Minneapolis, MN	1:34:09	7:34
374	54	M30 Dee Brown, 33, Webster City, IA	1:34:12	7:35
375	58	M25 Russell Anthofer, 28, Norwalk, IA	1:34:13	7:35

52	9	W25	Audrey Schiltz, 25*, West Des Moines, IA	1:34:14	7:35
376	59	M25	Matthew Whitaker, 28, Leon, IA	1:34:14	7:35
377	22	M50	Mark Movic, 50, Des Moines, IA	1:34:15	7:35
378	32	M45	Jim Shemanski, 45, Knoxville, IA	1:34:15	7:35
53	10	W25	Amber Bonnstetter, 27*, Fort Dodge, IA	1:34:17	7:35
54	11	W25	Andrea Feltz, 27*, Omaha, NE	1:34:17	7:35
379	69	M35	Jeff Hartung, 37, Indianola, IA	1:34:17	7:35
380	60	M25	Waqar Shaikh, 26, Urbandale, IA	1:34:23	7:36
55	13	W30	Heidi Sutter, 34*, Dubuque, IA	1:34:23	7:36
381	33	M45	Kent Kelderman, 47, Ankeny, IA	1:34:24	7:36
56	2	W45	Julia Martinusen, 48*, Des Moines, IA	1:34:25	7:36
382	44	M40	Tim Leonard, 41, Coralville, IA	1:34:26	7:36
383	24	M17	Dane Seaberg, 18, Des Moines, IA	1:34:27	7:36
384	70	M35	Ross Abbott, 35, Urbandale, IA	1:34:28	7:36
385	25	M17	Benjamin Wiemers, 18, West Des Moines, IA	1:34:29	7:36
386	23	M50	Pete Sandler, 52, West Des Moines, IA	1:34:30	7:36
57	8	W35	Katy Baloun, 35*, Des Moines, IA	1:34:30	7:36
387	61	M25	Jason Shallenberger, 29, Des Moines, IA	1:34:32	7:36
388	71	M35	Ronald Crees, 37, Bondurant, IA	1:34:32	7:36
389	55	M30	Stew Bevis, 32, Altoona, IA	1:34:33	7:36
390	45	M40	Michael Ross, 41, Clive, IA	1:34:33	7:36
58	9	W35	Melanie Doubrava, 38*, West Des Moines, IA	1:34:34	7:37
391	46	M40	Todd Harper, 43, Norwalk, IA	1:34:35	7:37
392	24	M50	Nolan Morris, 51, Cedar Falls, IA	1:34:35	7:37
393	56	M30	Ryan Brown, 32, Ankeny, IA	1:34:40	7:37
394	45	M20	Mark Naylor, 23, Indianola, IA	1:34:41	7:37
395	62	M25	Anthony Gambaiana, 29, Mound, MN	1:34:41	7:37
59	13	W20	Jill Dorenkamp, 24*, Sioux Falls, SD	1:34:43	7:37
396	72	M35	Jim Ryken, 36, Ames, IA	1:34:48	7:38
397	34	M45	Bob England, 47, Elliott, IA	1:34:52	7:38
398	47	M40	Joe Hrdlicka, 41, West Des Moines, IA	1:34:53	7:38
399	73	M35	Mike Fraizer, 36, West Des Moines, IA	1:34:54	7:38
400	57	M30	Erich Baker, 30, Clive, IA	1:34:55	7:38
401	74	M35	Darwin Fish, 35, Ottumwa, IA	1:34:55	7:38
402	17	JrM	Stephen March, 16, Lubbock, TX	1:34:55	7:38
403	48	M40	Ed Mueller, 44, Atlantic, IA	1:34:56	7:38
60	12	W25	Tiffany Ingersoll, 27*, Ankeny, IA	1:34:56	7:38
404	25	M50	John Ball, 54, Grand Prairie, TX	1:34:56	7:38
405	35	M45	Tom Green, 47, Des Moines, IA	1:34:58	7:38
406	63	M25	Randy Sturm, 29, Belmont, IA	1:34:58	7:38
407	18	JrM	Cody Hoover, 16, Milo, IA	1:35:00	7:39
408	75	M35	Ryan Reichenbacker, 38, Ankeny, IA	1:35:00	7:39
409	49	M40	David Jass, 44, Ankeny, IA	1:35:04	7:39
61	13	W25	Jessica Petersen, 26*, Melcher, IA	1:35:04	7:39
410	26	M50	Bob Grote, 53, West Des Moines, IA	1:35:05	7:39
62	14	W25	Jessica Janssen, 25*, Pella, IA	1:35:05	7:39
63	10	W35	Lisa Klein, 38*, Des Moines, IA	1:35:06	7:39
411	76	M35	Tom Trygstad, 35, West Des Moines, IA	1:35:07	7:39
64	14	W30	Colleen Webb, 30*, Des Moines, IA	1:35:08	7:39
412	64	M25	Ryan Howell, 27, Des Moines, IA	1:35:09	7:39
413	58	M30	Christopher Hall, 30, Ankeny, IA	1:35:11	7:39
414	19	JrM	Derek Johnson, 16, Indianola, IA	1:35:12	7:40
415	50	M40	Daren Nelson, 40, Ottumwa, IA	1:35:13	7:40
416	65	M25	David Adickes, 27, Des Moines, IA	1:35:17	7:40
417	77	M35	Mark Kuennen, 39, Ankeny, IA	1:35:18	7:40
418	59	M30	Thomas McGinnis, 31, Shenandoah, IA	1:35:22	7:40
419	78	M35	Jason Potter, 37, West Des Moines, IA	1:35:24	7:41
420	60	M30	Matthew Andres, 32, Ankeny, IA	1:35:27	7:41
421	27	M50	Richard Kammerer, 50, Mason City, IA	1:35:30	7:41
65	14	W20	Erica Brenden, 24*, Cedar Falls, IA	1:35:32	7:41
422	79	M35	Jason Wentworth, 36, Urbandale, IA	1:35:32	7:41
66	15	W20	Sara Hendrickson, 20*, Altoona, IA	1:35:33	7:41
67	11	W35	Michelle Rusch, 39*, Dubuque, IA	1:35:34	7:41
423	61	M30	Eric Birkenholtz, 32, Marion, IA	1:35:35	7:41



424	80	M35	Jeff Hartz, 36, Runnells, IA	1:35:36	7:41
425	46	M20	Tyler Mitchell, 21, Des Moines, IA	1:35:38	7:42
426	51	M40	Grant Goodman, 40, Omaha, NE	1:35:39	7:42
427	81	M35	David Schwarz, 35, West Des Moines, IA	1:35:40	7:42
428	62	M30	M Decker, 32, Ankeny, IA	1:35:40	7:42
68	15	W25	Katy Essing, 27*, West Des Moines, IA	1:35:42	7:42
69	12	W35	Kristina Kercher, 38*, Waukee, IA	1:35:43	7:42
429	66	M25	Ken Keller, 29, Olathe, KS	1:35:44	7:42
430	63	M30	Ron Honeyman, 34, Lenexa, KS	1:35:44	7:42
431	67	M25	Nicholas Zika, 26, Des Moines, IA	1:35:46	7:42
432	36	M45	Dan Turner, 47, Colorado Springs, CO	1:35:47	7:42
433	52	M40	Jonathan Crossley, 41, Cedar Rapids, IA	1:35:47	7:42
434	28	M50	Orie Voight, 54, Urbandale, IA	1:35:49	7:43
435	82	M35	Brian Appleby, 37, West Des Moines, IA	1:35:49	7:43
436	83	M35	Mike Gardner, 37, Ankeny, IA	1:35:50	7:43
70	16	W20	Lizzy Walter, 21*, West Des Moines, IA	1:35:50	7:43
437	47	M20	Giles Looney, 24, Iowa City, IA	1:35:51	7:43
71	16	W25	Jodi Graber, 27*, West Des Moines, IA	1:35:51	7:43
438	64	M30	David Hauck, 30, Carver, MN	1:35:52	7:43
439	84	M35	Chris Siewert, 36, Urbandale, IA	1:35:53	7:43
440	65	M30	Eric Anderson, 34, Webster City, IA	1:35:53	7:43
441	37	M45	Keith Gutschenritter, 48, West Des Moines, IA	1:35:54	7:43
442	85	M35	Doug McKinstry, 36, Polk City, IA	1:35:55	7:43
72	13	W35	Sabra Rosener, 36*, Des Moines, IA	1:35:56	7:43
443	66	M30	Dustin Mars, 31, West Des Moines, IA	1:35:57	7:43
444	38	M45	Ernie Parra, 46, Omaha, NE	1:35:57	7:43
445	39	M45	Randy Brass, 45, Des Moines, IA	1:35:59	7:43
446	4	M60	Mike May, 60, Indianola, IA	1:35:59	7:43
73	17	W20	Julie Johnston, 23*, Salix, IA	1:36:00	7:43
447	53	M40	Mark Iles, 44, Clive, IA	1:36:04	7:44
448	86	M35	Chuck Hammer, 37, Ottumwa, IA	1:36:04	7:44
449	54	M40	Max Studer, 43, West Des Moines, IA	1:36:05	7:44
74	14	W35	Alesia Vanvelsor, 39*, Ottumwa, IA	1:36:07	7:44
450	15	M55	Art Barton, 58, Ames, IA	1:36:07	7:44
75	18	W20	Laura Preston, 22*, West Des Moines, IA	1:36:08	7:44
76	4	W17	Kelsey Mitchell, 17*, Des Moines, IA	1:36:10	7:44
451	26	M17	Tracy Nuss, 18, Ackley, IA	1:36:12	7:44
452	27	M17	Mark Gilarski, 17, Ames, IA	1:36:13	7:44
453	5	M60	Michael Pattaviha, 60, Clarinda, IA	1:36:13	7:45
454	87	M35	Geronimo Washington, 35, Iowa City, IA	1:36:15	7:45
455	68	M25	August Manz, 29, Council Bluffs, IA	1:36:16	7:45
456	48	M20	Michael Hall, 22, Newton, IA	1:36:17	7:45
457	69	M25	Casey Shelton, 26, West Des Moines, IA	1:36:19	7:45
77	4	W40	Rhonda Brandt, 43*, Marion, IA	1:36:20	7:45
458	67	M30	Lance Beving, 31, Urbandale, IA	1:36:21	7:45
459	68	M30	Dan Haske, 32, Omaha, NE	1:36:22	7:45
460	20	JrM	Shawn Plunkett, 16, Maxwell, IA	1:36:22	7:45
461	29	M50	Rick Snyder, 52, Winterset, IA	1:36:24	7:45
462	70	M25	Zach Klaassen, 27, Harlan, IA	1:36:24	7:45
463	69	M30	Jason Hennessey, 33, Des Moines, IA	1:36:25	7:45
464	71	M25	Zach Johnson, 25, Grimes, IA	1:36:26	7:46
78	15	W35	Sharon Johnson, 38*, Urbandale, IA	1:36:27	7:46
79	16	W35	Carrie Van Quathem, 35*, Urbandale, IA	1:36:28	7:46
80	2	JrW	London James, 16*, Adair, IA	1:36:29	7:46
465	21	JrM	Derek Keast, 16, Altoona, IA	1:36:30	7:46
466	55	M40	Larry Schneider, 40, Pella, IA	1:36:30	7:46
467	72	M25	Devan McGranahan, 25, Ames, IA	1:36:31	7:46
468	56	M40	Jeff Dunlap, 41, Des Moines, IA	1:36:34	7:46
469	1	M65	Guy Ealey, 67, Sarasota, FL	1:36:35	7:46
81	17	W35	Lisa Fraizer, 35*, West Des Moines, IA	1:36:37	7:46
82	5	W40	Rhonda Lockin, 44*, Clive, IA	1:36:38	7:46
470	16	M55	David Gee, 55, Cedar Rapids, IA	1:36:38	7:46
83	17	W25	Ashley Coopriider, 27*, West Des Moines, IA	1:36:38	7:46

471	70	M30	Ryan Brown, 33, Ames, IA	1:36:40	7:47
472	71	M30	Scott Heisler, 31, West Des Moines, IA	1:36:42	7:47
84	15	W30	Dawn Stallman, 33*, Des Moines, IA	1:36:43	7:47
473	49	M20	Steven Dekkers, 24, Ames, IA	1:36:44	7:47
474	73	M25	Jared Gerlock, 27, Spencer, IA	1:36:45	7:47
475	72	M30	Chad Besch, 33, Algona, IA	1:36:45	7:47
476	22	JrM	Devin Becraft, 14, Ames, IA	1:36:46	7:47
477	57	M40	Doug Kintzle, 42, Urbandale, IA	1:36:47	7:47
478	50	M20	Paul Speck, 23, Urbandale, IA	1:36:47	7:47
479	74	M25	Michael Morain, 28, Des Moines, IA	1:36:48	7:47
480	73	M30	Jeff Johnston, 30, Clive, IA	1:36:49	7:47
481	75	M25	Omar Tesdell, 25, St. Paul, MN	1:36:53	7:48
482	88	M35	Jonathan Kuyers, 39, Pella, IA	1:36:53	7:48
483	89	M35	Matthew Carney, 39, Ames, IA	1:36:55	7:48
484	51	M20	Ehler Orngard, 20, Pilot Mound, IA	1:36:57	7:48
485	40	M45	Wayne Lacher, 45, Stuart, IA	1:36:57	7:48
486	41	M45	Jim Hagenbucher, 47, Clive, IA	1:36:58	7:48
487	90	M35	Dennis Lavrov, 37, Ames, IA	1:36:59	7:48
488	52	M20	Jake Haden, 20, Johnston, IA	1:36:59	7:48
489	76	M25	Nick Varcoe, 28, Waukee, IA	1:37:04	7:49
490	42	M45	Jeff Feder, 46, Norwalk, IA	1:37:05	7:49
491	91	M35	Keith Kroner, 36, Des Moines, IA	1:37:06	7:49
492	77	M25	James Hall, 25, Lucas, IA	1:37:07	7:49
493	92	M35	Brian Reinhard, 36, Geneva, IL	1:37:07	7:49
494	78	M25	Dustin Huinker, 26, Iowa City, IA	1:37:08	7:49
495	43	M45	Eugenio Rios, 48, Marion, IA	1:37:12	7:49
496	44	M45	Mike Paxton, 45, Creston, IA	1:37:15	7:49
497	74	M30	Mike Mendelin, 32, Moline, IL	1:37:16	7:50
498	28	M17	Enrique Ramirez, 18, Ottumwa, IA	1:37:17	7:50
499	79	M25	Benjamin Nunnikhoven, 28, Pella, IA	1:37:17	7:50
85	3	W45	Rae Letourneau, 45*, West Des Moines, IA	1:37:18	7:50
500	53	M20	Alex Billings, 20, Dallas Center, IA	1:37:18	7:50
501	80	M25	Joey King, 28, Coralville, IA	1:37:18	7:50
502	75	M30	Jeremy Mueller, 30, West Des Moines, IA	1:37:19	7:50
503	81	M25	Gregory Slessor, 29, Cedar Rapids, IA	1:37:21	7:50
504	82	M25	John Hindley, 28, West Des Moines, IA	1:37:22	7:50
505	83	M25	James Clevenger, 28, Urbandale, IA	1:37:22	7:50
506	84	M25	Chris Hutchinson, 27, Ankeny, IA	1:37:25	7:50
86	5	W50	Andriette Wickstrom, 52*, Storm Lake, IA	1:37:25	7:50
507	17	M55	Michael Anthony, 56, Carlisle, IA	1:37:25	7:50
87	18	W25	Julie Pecinovsky, 29*, West Des Moines, IA	1:37:25	7:50
508	58	M40	Jeff Farrell, 43, Urbandale, IA	1:37:26	7:50
509	93	M35	Scott Mills, 36, Des Moines, IA	1:37:27	7:50
88	18	W35	Sheila Pidde, 37*, Stillwater, MN	1:37:27	7:50
89	5	W17	Tara Scieszinski, 19*, Albia, IA	1:37:29	7:51
90	6	W40	Ellen Middleswart, 41*, Urbandale, IA	1:37:30	7:51
510	29	M17	Alex Ryan, 18, Des Moines, IA	1:37:32	7:51
91	19	W25	Rebecca Cummings, 29*, Johnston, IA	1:37:33	7:51
511	76	M30	Thad Douglas, 34, Altoona, IA	1:37:33	7:51
512	94	M35	Douglas Kendall, 38, Otley, IA	1:37:35	7:51
513	59	M40	James Debartolo, 44, Des Moines, IA	1:37:37	7:51
92	20	W25	Audrey Bell, 27*, Ankeny, IA	1:37:39	7:51
93	19	W20	Jill Kain, 23*, Iowa City, IA	1:37:43	7:52
514	77	M30	Chris Blanchard, 34, Polk City, IA	1:37:46	7:52
94	16	W30	Lindsay Wade, 31*, Weldon, IA	1:37:47	7:52
515	85	M25	Tim Vos, 28, Ankeny, IA	1:37:47	7:52
516	45	M45	Michael Long, 47, Ames, IA	1:37:50	7:52
517	60	M40	Paul Kallio, 40, Huxley, IA	1:37:50	7:52
518	30	M17	Tom Strehlow, 19, Ames, IA	1:37:50	7:52
519	54	M20	Charlie Scott, 23, Ankeny, IA	1:37:53	7:53
520	95	M35	Corey Rhoads, 37, Grimes, IA	1:37:53	7:53
521	61	M40	Ed Stubb, 41, West Desmoines, IA	1:37:54	7:53
95	20	W20	Caitlin Wieseler, 21*, Mount Vernon, IA	1:37:55	7:53
522	86	M25	Nicolas Percheron, 26, West Des Moines, IA		

			1:37:56	7:53
96	17	W30 Kandace Bishop, 34*, West Des Moines, IA	1:37:57	7:53
523	46	M45 Thomas Jaros, 48, Des Moines, IA	1:37:57	7:53
97	19	W35 Sandy Leiferman, 37*, Panora, IA	1:37:57	7:53
98	18	W30 Regina Zlomke, 34*, West Des Moines, IA	1:37:58	7:53
524	78	M30 Darin Hendrix, 32, Ankeny, IA	1:37:59	7:53
525	79	M30 Tom Schultz, 31, Ames, IA	1:37:59	7:53
99	6	W17 Sofiya Hupaloo, 17*, Ames, IA	1:38:00	7:53
526	96	M35 Cory Koester, 35, West Des Moines, IA	1:38:00	7:53
527	18	M55 Gary Porter, 56, Hudson, WI	1:38:01	7:53
528	80	M30 Christopher Nims, 30, Cedar Rapids, IA	1:38:02	7:53
529	19	M55 Kirk Dau, 55, Ames, IA	1:38:02	7:53
530	31	M17 Tyler Irving, 19, Dallas Center, IA	1:38:03	7:53
531	81	M30 Paul Stover, 32, Ankeny, IA	1:38:03	7:53
100	21	W25 Audrey Emanuel, 25*, Johnston, IA	1:38:05	7:53
532	97	M35 Mark Vander Linden, 37, Des Moines, IA	1:38:06	7:54
533	55	M20 Derek Groenendyk, 20, Pella, IA	1:38:06	7:54
534	23	JrM Jacob Foutch, 13, Johnston, IA	1:38:07	7:54
535	98	M35 Devin Miller, 35, Ankeny, IA	1:38:07	7:54
536	99	M35 Jeff Brock, 36, Clive, IA	1:38:09	7:54
537	6	M60 Joe Keefer, 60, Des Moines, IA	1:38:10	7:54
538	87	M25 Matthew Struecker, 28, Knoxville, IA	1:38:10	7:54
539	82	M30 Chris Spencer, 34, Moraiva, IA	1:38:10	7:54
540	83	M30 Scott Long, 31, Altoona, IA	1:38:12	7:54
541	100	M35 Kris Vanderkamp, 35, Ankeny, IA	1:38:13	7:54
542	32	M17 Ryan Noe, 18, Ottumwa, IA	1:38:14	7:54
543	47	M45 Lou Scallon, 49, Ames, IA	1:38:16	7:54
544	62	M40 Steven Johnson, 40, Waukee, IA	1:38:17	7:54
101	20	W35 Joey Hullinger, 36*, Davis City, IA	1:38:17	7:54
545	101	M35 Dwight Rastetter, 35, Johnston, IA	1:38:19	7:55
546	63	M40 Shane McMahon, 40, Ankeny, IA	1:38:20	7:55
547	88	M25 Lance Christensen, 29, Iowa City, IA	1:38:21	7:55
102	21	W35 Carmen Jacobsen, 36*, West Des Moines, IA	1:38:22	7:55
548	84	M30 Chris Miron, 33, Dubuque, IA	1:38:23	7:55
103	21	W20 Tori Crum, 21*, Ames, IA	1:38:24	7:55
549	48	M45 Foster Furler, 45, Indianola, IA	1:38:25	7:55
550	89	M25 Neil Nelsen, 28, Indianola, IA	1:38:26	7:55
104	22	W20 Audrey Voorhees, 20*, West Des Moines, IA	1:38:26	7:55
551	56	M20 David Vos, 20, Ames, IA	1:38:26	7:55
552	30	M50 Hank Manning, 51, Des Moines, IA	1:38:28	7:55
553	102	M35 Howard Friedman, 38, Cedar Rapids, IA	1:38:29	7:55
554	103	M35 Jason Wester, 36, Muscatine, IA	1:38:29	7:55
555	90	M25 Nate Gasperi, 29, Omaha, NE	1:38:29	7:55
556	49	M45 Mark Weaver, 45, Urbandale, Ia	1:38:30	7:55
557	64	M40 Jim Jacobsen, 41, Winterset, IA	1:38:31	7:56
105	19	W30 Michaela Depenning, 31*, Cambridge, IA	1:38:31	7:56
558	24	JrM Gunnar Klyn, 16, Grimes, IA	1:38:31	7:56
106	23	W20 Karin Skelton, 23*, Cedar Rapids, IA	1:38:32	7:56
559	31	M50 Mark Miller, 52, West Des Moines, IA	1:38:32	7:56
560	32	M50 Chris Johnson, 50, Omaha, NE	1:38:33	7:56
107	4	W45 Lynda Murray, 46*, Burlingotn, IA	1:38:34	7:56
561	104	M35 Donny Suh, 38, West Des Moines, IA	1:38:36	7:56
108	24	W20 Kilah Bond, 21*, Manhattan, KS	1:38:37	7:56
109	25	W20 Michelle Orfield, 23*, Des Moines, IA	1:38:38	7:56
562	91	M25 Jeremy Engbrecht, 28, West Des Moines, IA	1:38:41	7:56
563	50	M45 Michael Carstens, 45, Ankeny, IA	1:38:42	7:56
564	57	M20 Adam Franzen, 20, Johnston, IA	1:38:42	7:56
565	51	M45 Bob Jennings, 48, West Des Moines, IA	1:38:46	7:57
566	7	M60 Richard Carspecken, 63, Atlantic, IA	1:38:46	7:57
567	92	M25 Brian Collier, 26, Oak Lawn, IL	1:38:47	7:57
568	105	M35 Patrick Mattingly, 38, Van Meter, IA	1:38:48	7:57
569	58	M20 Joshua Wandrey, 23, Ankeny, IA	1:38:51	7:57
570	93	M25 Matt Oliver, 26, Milo, IA	1:38:52	7:57
571	94	M25 Chad Marchant, 28, Ankeny, IA	1:38:53	7:57
572	106	M35 Richard Mockobee, 39, Norwalk, IA	1:38:54	7:57

573	65	M40	Curt Jahde, 40, Anita, IA	1:38:56	7:58
574	66	M40	Kent Bain, 41, West Des Moines, IA	1:38:57	7:58
575	85	M30	Jason Frederick, 30, Waukee, IA	1:38:57	7:58
576	25	JrM	Blake Renaud, 15, Huxley, IA	1:38:58	7:58
577	26	JrM	Kaleb Seaton, 15, Urbandale, IA	1:38:59	7:58
578	95	M25	Ryan Vickerman, 29, Nevada, IA	1:39:01	7:58
110	26	W20	Katherine Funk, 23*, West Des Moines, IA	1:39:01	7:58
579	67	M40	Tim Lefler, 41, West Des Moines, IA	1:39:02	7:58
580	68	M40	Tim Farquhar, 43, Des Moines, IA	1:39:02	7:58
581	52	M45	Kevin Johnson, 47, Adel, IA	1:39:03	7:58
582	86	M30	Paul Folkers, 33, Ankeny, IA	1:39:03	7:58
583	96	M25	Logan Jones, 27, Des Moines, IA	1:39:03	7:58
111	7	W17	Emily Funk, 19*, Iowa City, IA	1:39:04	7:58
584	97	M25	Mike O'Connor, 28, West Des Moines, IA	1:39:04	7:58
585	8	M60	Larry Olofson, 60, Boone, IA	1:39:04	7:58
112	22	W25	Jessica Deverell, 25*, West Des Moines, IA	1:39:04	7:58
113	20	W30	Sherry Greenwood, 34*, Des Moines, IA	1:39:05	7:58
586	87	M30	Shane Smith, 33, West Des Moines, IA	1:39:05	7:58
114	22	W35	Keri Frommelt, 36*, Ankeny, IA	1:39:05	7:58
115	21	W30	Meghan Schumacker, 32*, Altoona, IA	1:39:05	7:58
587	59	M20	Ross Kelderman, 22, Ankeny, IA	1:39:07	7:58
588	69	M40	Dan Kayser, 42, Des Moines, IA	1:39:09	7:59
589	98	M25	Burton Joseph, 28, West Des Moines, IA	1:39:12	7:59
590	70	M40	Kevin Ruzicka, 42, Swisher, IA	1:39:12	7:59
116	23	W35	Amy Burgess, 36*, Urbandale, IA	1:39:13	7:59
591	88	M30	Jon Beeman, 30, Johnston, IA	1:39:13	7:59
592	20	M55	Don Warren, 58, Ottumwa, IA	1:39:13	7:59
593	107	M35	Albert Veltri, 39, Ida Grove, IA	1:39:14	7:59
594	71	M40	Dave Lipinski, 40, Traer, IA	1:39:15	7:59
595	53	M45	David Schnoes, 47, West Des Moines, IA	1:39:16	7:59
596	54	M45	Joel Penticoff, 46, Cedar Rapids, IA	1:39:17	7:59
597	108	M35	David Larson, 35, West Des Moines, IA	1:39:18	7:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

598	33	M50	Charles Funk, 53, Iowa City, IA	1:39:22	8:00
599	72	M40	Dave Endres, 44, West Des Moines, IA	1:39:24	8:00
600	99	M25	Shaun Glick, 27, Ankeny, IA	1:39:25	8:00
601	73	M40	David Thayer, 42, Urbandale, IA	1:39:25	8:00
602	34	M50	Rick Hall, 54, Urbandale, IA	1:39:26	8:00
603	55	M45	Brendan Finn, 46, Ames, IA	1:39:26	8:00
604	35	M50	Bob Erler, 51, Chanhassen, MN	1:39:27	8:00
605	109	M35	Michael Biegger, 37, Des Moines, IA	1:39:27	8:00
606	60	M20	Phillip James, 24, Stuart, IA	1:39:28	8:00
607	100	M25	Michael Fuller, 25, Pella, IA	1:39:29	8:00
608	110	M35	Todd Steil, 39, West Des Moines, IA	1:39:31	8:00
609	89	M30	Chad Lueken, 33, Dubuque, IA	1:39:31	8:00
610	36	M50	Tom Techlenburg, 52, Humboldt, IA	1:39:33	8:01
611	74	M40	Brian Cassaidy, 40, Ames, IA	1:39:35	8:01
612	56	M45	Curt Shryack, 45, Moline, IL	1:39:36	8:01
613	33	M17	Samuel Roof, 19, Cedar Rapids, IA	1:39:38	8:01
614	90	M30	E Moreno, 33, Des Moines, IA	1:39:39	8:01
615	101	M25	Aj Bloom, 25, Waukee, IA	1:39:40	8:01
616	75	M40	David Meyne, 44, Cedar Falls, IA	1:39:42	8:01
617	91	M30	Terry Schmitt, 32, Dubuque, IA	1:39:44	8:01
618	102	M25	Jeff Shaffer, 28, Des Moines, IA	1:39:45	8:02
619	92	M30	Travis Busby, 33, Ankeny, IA	1:39:46	8:02
620	111	M35	Michael Dahlhauser, 35, Oskaloosa, IA	1:39:46	8:02
621	61	M20	Andrew Salgado, 24, Des Moines, IA	1:39:48	8:02
622	76	M40	Dennis Baldwin, 44, West Des Moines, IA	1:39:48	8:02
623	37	M50	Rob Stetson, 53, Johnston, IA	1:39:49	8:02
624	93	M30	Craig Heit, 34, Lakeville, MN	1:39:49	8:02
117	7	W40	Eva Vande Lune, 41*, Pella, IA	1:39:50	8:02
625	94	M30	Brian Huber, 31, Hiawatha, IA	1:39:52	8:02

626	27	JrM Jacob Venner, 16, Boone, IA	1:39:52	8:02
627	57	M45 Erik Fyrwald, 47, West Des Moines, IA	1:39:56	8:02
628	58	M45 Gil Gullickson, 45, West Des Moines, IA	1:39:56	8:02
118	24	W35 Janet Winter, 35*, Buffalo, MN	1:39:56	8:02
629	103	M25 Matt Pisney, 25, Marshalltown, IA	1:39:57	8:02
630	104	M25 Scott Kruthoff, 26, Ankeny, IA	1:40:00	8:03
119	8	W40 Becky Andersen, 40*, Atkins, IA	1:40:00	8:03
631	59	M45 Mark Brownell, 46, Ankeny, IA	1:40:00	8:03
632	95	M30 David Morgan, 32, Cedar Falls, IA	1:40:00	8:03
633	77	M40 Rick Rinehart, 42, Clive, IA	1:40:01	8:03
120	9	W40 Karen Hutchcroft, 44*, Cedar Rapids, IA	1:40:01	8:03
634	34	M17 Kory Heineman, 17, Readlyn, IA	1:40:02	8:03
635	96	M30 Tim Houlette, 34, Altoona, IA	1:40:02	8:03
636	35	M17 John Schmitz, 17, Fairbank, IA	1:40:05	8:03
637	112	M35 Kevin Wittrock, 35, Carroll, IA	1:40:06	8:03
638	21	M55 Chuck Clark, 56, Carroll, IA	1:40:06	8:03
639	62	M20 John Hackbarth, 24, Cedar Rapids, IA	1:40:07	8:03
121	23	W25 Caitlin Slessor, 26*, Cedar Rapids, IA	1:40:07	8:03
640	22	M55 Denny Wheeler, 57, Urbandale, IA	1:40:07	8:03
641	63	M20 Matt Dominguez, 20, Johnston, IA	1:40:09	8:03
122	25	W35 Dawn Heimer, 37*, Ankeny, IA	1:40:10	8:04
123	22	W30 Jennifer Caskey, 33*, Earlham, IA	1:40:14	8:04
642	23	M55 T A Meyer, 55, Johnston, IA	1:40:15	8:04
124	23	W30 Carla Kuzynowski, 31*, Ankeny, IA	1:40:16	8:04
125	5	W45 Cheri Castor, 45*, Kansas City, MO	1:40:16	8:04
643	113	M35 Guy Simons, 35, Fairfax, IA	1:40:19	8:04
644	36	M17 John Reding, 19, Algona, IA	1:40:19	8:04
645	97	M30 Michael Logsdon, 32, Des Moines, IA	1:40:20	8:04
126	8	W17 Lacey Johnson, 19*, Nevada, IA	1:40:20	8:04
127	24	W25 Donna Weeda, 28*, Cedar Rapids, IA	1:40:20	8:04
646	24	M55 Michael Riche, 58, Omaha, NE	1:40:21	8:04
128	26	W35 Beth Seuferer, 36*, West Des Moines, IA	1:40:22	8:04
647	60	M45 Robert Lee, 45, Johnston, IA	1:40:22	8:05
648	25	M55 Richard Guffy, 57, Des Moines, IA	1:40:22	8:05
129	25	W25 Paige Phillips, 26*, Kansas City, MO	1:40:23	8:05
649	78	M40 Scott Vermillion, 44, Cedar Falls, IA	1:40:25	8:05
650	114	M35 Stacy Hadaway, 39, Ankeny, IA	1:40:25	8:05
651	28	JrM Dominic Vega, 15, Des Moines, IA	1:40:26	8:05
652	98	M30 Ryan Carstensen, 30, Rockford, IA	1:40:27	8:05
653	79	M40 Edward Short, 42, Des Moines, IA	1:40:29	8:05
654	37	M17 Bryan Conner, 18, Cedar Rapids, IA	1:40:29	8:05
655	64	M20 Scott Brown, 24, West Des Moines, IA	1:40:30	8:05
130	3	JrW Molly Rhodes, 16*, Des Moines, IA	1:40:30	8:05
656	80	M40 Bob Levinstein, 41, Des Moines, IA	1:40:30	8:05
657	115	M35 Steve Hedding, 37, West Des Moines, IA	1:40:31	8:05
131	10	W40 Jean Dirks, 43*, Ames, IA	1:40:32	8:05
132	11	W40 Connie Hoffman, 44*, Carroll, IA	1:40:33	8:05
658	116	M35 Jim O'Halloran, 38, West Des Moines, IA	1:40:33	8:05
659	105	M25 Joe Purvis, 28, Newton, IA	1:40:34	8:05
660	99	M30 John Becker, 31, Madrid, IA	1:40:39	8:06
661	29	JrM Tyler O'Connor, 14, Altoona, IA	1:40:42	8:06
662	61	M45 Michael McCarty, 46, Auburn, IA	1:40:45	8:06
663	100	M30 Matthew Goodman, 34, Ames, IA	1:40:47	8:06
664	81	M40 Chris McCarthy, 44, Ankeny, IA	1:40:47	8:07
665	82	M40 Matt Mixdorf, 42, Ankeny, IA	1:40:47	8:07
666	26	M55 Rolf Koford, 58, Ames, IA	1:40:48	8:07
667	117	M35 Joel Davis, 39, Algona, IA	1:40:50	8:07
668	118	M35 Tim Somers, 37, Ankeny, IA	1:40:51	8:07
133	26	W25 Christina German, 26*, Urbandale, IA	1:40:52	8:07
669	119	M35 Aaron Jones, 36, West Des Moines, IA	1:40:53	8:07
670	27	M55 Richard Anfinson, 55, Cedar Falls, IA	1:40:54	8:07
671	120	M35 Anthony Coult, 39, Chanhassen, MN	1:40:57	8:07
134	27	W35 Dana Plew, 39*, Des Moines, IA	1:40:57	8:07
135	27	W20 Brittany Wertzberger, 20*, Omaha, NE	1:40:58	8:07
672	65	M20 Peter Bonstrom, 21, Adel, IA	1:40:59	8:07

673	121	M35	Adam Zimmermann, 38, Brimfield, IL	1:40:59	8:07
674	62	M45	William Smalley, 47, Waukee, IA	1:41:00	8:08
136	27	W25	Katherine Meeker, 26*, Washington, DC	1:41:00	8:08
137	28	W20	Kandy Beemer, 20*, Bedford, IA	1:41:01	8:08
675	106	M25	Mike Ostreko, 27, Lawrence, KS	1:41:02	8:08
676	101	M30	Russell Lytton, 30, West Des Moines, IA	1:41:03	8:08
677	38	M50	Warren Peterson, 53, Ackworth, IA	1:41:04	8:08
678	66	M20	Nate Simonson, 24, Des Moines, IA	1:41:06	8:08
679	63	M45	Paul Brees, 49, Urbandale, IA	1:41:08	8:08
680	83	M40	John Wahlert, 42, Urbandale, IA	1:41:08	8:08
681	9	M60	Larry Walden, 60, Marshalltown, IA	1:41:09	8:08
682	39	M50	Richard Deming, 53, Des Moines, IA	1:41:09	8:08
683	67	M20	Ryan McKim, 21, Creston, IA	1:41:10	8:08
684	68	M20	Stephen Poduska, 24, Lisbon, IA	1:41:12	8:09
685	2	M65	Wayne Taber, 67, Coal Valley, IL	1:41:12	8:09
686	64	M45	Scott Zarley, 47, Killeen, TX	1:41:14	8:09
687	10	M60	Tom Bachmann, 61, Grinnell, IA	1:41:15	8:09
138	28	W35	Cathy Salinas, 35*, Des Moines, IA	1:41:15	8:09
688	122	M35	Brian Stewart, 35, West Des Moines, IA	1:41:16	8:09
689	40	M50	Randy Bohl, 52, Ankeny, IA	1:41:16	8:09
690	123	M35	Sean Frommelt, 37, Ankeny, IA	1:41:17	8:09
691	84	M40	Brett Bosworth, 44, West Des Moines, IA	1:41:18	8:09
692	124	M35	Kenny Wade, 39, Altoona, IA	1:41:18	8:09
693	102	M30	Matt Robie, 30, Ankeny, IA	1:41:22	8:09
139	12	W40	Marta Verschoore, 42*, Rock Island, IL	1:41:22	8:09
694	65	M45	Ron Hundt, 47, West Point, IA	1:41:22	8:09
695	107	M25	David Warner, 26, Council Bluffs, IA	1:41:23	8:09
140	6	W45	Rose Wignall, 46*, Creston, IA	1:41:23	8:09
696	108	M25	Dan Nutini, 29, Ames, IA	1:41:24	8:10
697	28	M55	Timothy Olson, 56, West Des Moines, IA	1:41:25	8:10
698	30	JrM	Jake Perington, 15, Johnston, IA	1:41:27	8:10
699	31	JrM	Justin Coaldrake, 15, Johnston, IA	1:41:28	8:10
141	7	W45	Jan Atchison, 48*, Marshalltown, IA	1:41:30	8:10
142	28	W25	Devan Shinn, 27*, West Des Moines, IA	1:41:30	8:10
700	109	M25	Jake Nelson, 25, Des Moines, IA	1:41:30	8:10
701	38	M17	Zach Hodges, 18, Des Moines, IA	1:41:31	8:10
702	125	M35	Mike Quint, 37, Marion, IA	1:41:31	8:10
703	126	M35	Jeff Bevis, 38, Johnston, IA	1:41:32	8:10
704	103	M30	Tim Gatch, 30, Des Moines, IA	1:41:33	8:10
143	29	W35	Beth Palmer, 38*, Des Moines, IA	1:41:34	8:10
705	104	M30	Rick Urso, 31, West Des Moines, IA	1:41:34	8:10
706	105	M30	Dan Adams, 31, Des Moines, IA	1:41:35	8:10
707	127	M35	Steve Wiseman, 37, West Des Moines, IA	1:41:35	8:10
708	128	M35	Matt Walljasper, 38, Urbandale, IA	1:41:36	8:10
144	30	W35	Jennifer Smith, 38*, Clive, IA	1:41:36	8:10
709	85	M40	Mike Jacobi, 43, Shellsburg, IA	1:41:37	8:11
145	31	W35	Deb Vanvelzen, 36*, Des Moines, IA	1:41:37	8:11
710	110	M25	Michael Wieseler, 26, West Des Moines, IA	1:41:39	8:11
711	111	M25	Ryan Wieseler, 29, Marion, IA	1:41:39	8:11
146	29	W25	Rachel Moen, 27*, West Des Moines, IA	1:41:40	8:11
712	66	M45	Phil Becraft, 49, Ames, IA	1:41:40	8:11
713	86	M40	Michael Gasperi, 40, Johnston, IA	1:41:41	8:11
714	29	M55	Lee Tesdell, 56, Slater, IA	1:41:41	8:11
715	41	M50	Randy Mundt, 51, Urbandale, IA	1:41:42	8:11
716	129	M35	Scott Greenwood, 39, Des Moines, IA	1:41:42	8:11
717	69	M20	Shawn Alexander, 24, Naperville, IL	1:41:42	8:11
718	130	M35	Steven Burrell, 38, Cedar Falls, IA	1:41:43	8:11
719	67	M45	Duke Reichardt, 48, Clive, IA	1:41:44	8:11
720	32	JrM	Brad Kruse, 15, Johnston, IA	1:41:44	8:11
721	33	JrM	Preston Burns, 15, Owaronna, MN	1:41:45	8:11
722	112	M25	Ben Janke, 26, Minneapolis, MN	1:41:45	8:11
147	6	W50	Jane Wickman, 53*, Kellogg, IA	1:41:47	8:11
723	113	M25	Jason Thrap, 26, West Des Moines, IA	1:41:47	8:11
724	131	M35	Chris Roling, 35, Des Moines, IA	1:41:49	8:12
725	106	M30	Brody Harms, 31, Waukee, IA	1:41:50	8:12

726	68	M45	Tim Schleisman, 48, Burnsville, MN	1:41:51	8:12
727	69	M45	Christopher Delaney, 47, Ames, IA	1:41:52	8:12
148	32	W35	Jean Furler, 37*, Indianola, IA	1:41:53	8:12
149	30	W25	Stephani Manning, 25*, West Des Moines, IA	1:41:56	8:12
728	70	M45	Loyed Hedges, 47, Des Moines, IA	1:41:59	8:12
729	132	M35	Matt Kern, 39, Des Moines, IA	1:42:03	8:13
730	107	M30	Matt Bos, 34, Orange City, IA	1:42:06	8:13
731	71	M45	Tim Flowers, 49, Ankeny, IA	1:42:06	8:13
732	30	M55	Mark Lassise, 55, Mason City, IA	1:42:07	8:13
150	29	W20	Constance Eshelman, 21*, Bridgewater, IA	1:42:09	8:13
733	70	M20	Justus Hallam, 24, Ames, IA	1:42:12	8:13
151	8	W45	Becky Nichols, 47*, Des Moines, IA	1:42:12	8:13
734	72	M45	Jon Williams, 48, Urbandale, IA	1:42:13	8:13
735	114	M25	Justin Stanek, 25, Normal, IL	1:42:14	8:14
152	31	W25	Emily Schaapveld, 25*, West Des Moines, IA	1:42:15	8:14
736	87	M40	Sam Jacob, 40, Des Moines, IA	1:42:15	8:14
737	108	M30	Christopher Coleman, 30, Urbandale, IA	1:42:16	8:14
738	11	M60	Clay Whiteis, 64, Des Moines, IA	1:42:18	8:14
739	71	M20	Rodney Sheffield, 20, Des Moines, IA	1:42:20	8:14
740	115	M25	Scott Murphy, 28, West Des Moines, IA	1:42:20	8:14
741	73	M45	Brian Bachmann, 49, Iowa City, IA	1:42:20	8:14
742	109	M30	Kirk Rathjen, 33, Ankeny, IA	1:42:22	8:14
743	133	M35	Brad McAvoy, 38, West Des Moines, IA	1:42:23	8:14
153	24	W30	Melinda Haase, 33*, Bellevue, NE	1:42:23	8:14
744	134	M35	Curt Zepeda, 39, Andover, MN	1:42:24	8:14
745	116	M25	Nicholas Wendt, 29, Des Moines, IA	1:42:25	8:14
746	88	M40	Dan Baldi, 44, Des Moines, IA	1:42:25	8:14
747	110	M30	Jeremy Dunlavey, 32, Ankeny, IA	1:42:27	8:15
154	30	W20	Meighan Phillips, 23*, Waukee, IA	1:42:28	8:15
748	135	M35	Shawn Miller, 35, Des Moines, IA	1:42:28	8:15
749	89	M40	Dennis Lee, 41, Walford, IA	1:42:30	8:15
750	90	M40	Greg Gerloff, 44, New Hartford, IA	1:42:32	8:15
751	111	M30	Eric Taylor, 31, Orient, IA	1:42:32	8:15
155	13	W40	Sandra Witty, 40*, Clive, IA	1:42:33	8:15
752	31	M55	Neil Seales, 55, Rhodes, IA	1:42:34	8:15
753	112	M30	Casey Miller, 31, Urbandale, IA	1:42:34	8:15
754	39	M17	Adam Rasmussen, 19, Goldfield, IA	1:42:35	8:15
755	74	M45	Steve Iverson, 46, Altoona, IA	1:42:35	8:15
756	34	JrM	Kit Coppess, 16, West Des Moines, IA	1:42:36	8:15
757	35	JrM	Jeremy Franklin, 15, West Des Moines, IA	1:42:37	8:15
758	75	M45	Young Park, 49, Ames, IA	1:42:38	8:15
759	42	M50	Mark Kiekhaefer, 50, Jefferson City, MO	1:42:38	8:15
760	72	M20	Nick Wilkins, 24, West Des Moines, IA	1:42:39	8:16
156	25	W30	Heather Miller, 31*, Urbandale, IA	1:42:40	8:16
761	32	M55	Fred Kreykes, 56, Pella, IA	1:42:40	8:16
762	136	M35	Mike Kelly, 39, Ankeny, IA	1:42:41	8:16
157	26	W30	Britt German, 31*, West Des Moines, IA	1:42:41	8:16
763	117	M25	Randy Vyhnaelek, 27, Omaha, NE	1:42:42	8:16
764	118	M25	Robert Nelson, 29, Oskaloosa, IA	1:42:42	8:16
765	113	M30	Chris George, 30, West Des Moines, IA	1:42:44	8:16
158	32	W25	Amber Duncan, 28*, Bettendorf, IA	1:42:44	8:16
766	119	M25	Mark Gelbman, 27, West Des Moines, IA	1:42:45	8:16
159	9	W45	Brenda Feddersen, 47*, Bettendorf, IA	1:42:45	8:16
160	14	W40	Barb Reutter, 44*, Urbandale, IA	1:42:46	8:16
161	15	W40	Brenda Tyler, 44*, Norwalk, IA	1:42:48	8:16
162	33	W35	Lori Foster, 37*, Webster City, IA	1:42:48	8:16
767	76	M45	Jesus San Elias, 45, Des Moines, IA	1:42:50	8:16
768	43	M50	Greg Hauser, 53, Minnetrista, MN	1:42:52	8:17
769	91	M40	Dan Linke, 43, Grand Island, NE	1:42:52	8:17
770	120	M25	Stephen Brown, 27, West Des Moines, IA	1:42:54	8:17
163	10	W45	Karen Strehlow, 46*, Ames, IA	1:42:55	8:17
771	121	M25	Ryan Broshar, 29, Omaha, NE	1:42:56	8:17
772	40	M17	Michael Huff, 18, Boone, IA	1:42:57	8:17

773	137	M35 Ron Bily, 35, West Des Moines, IA	1:42:57	8:17
774	138	M35 Dave Freeseaman, 36, West Des Moines, IA	1:42:58	8:17
775	122	M25 Tyler Price, 26, West Des Moines, IA	1:42:59	8:17
776	123	M25 Daniel Sturm, 26, Ankeny, IA	1:43:00	8:17
777	92	M40 Timothy Gartin, 40, Ames, IA	1:43:00	8:17
778	41	M17 Timothy Arnold, 19, Waukee, IA	1:43:01	8:17
164	34	W35 Jake Vernon, 38*, Knoxville, IA	1:43:01	8:17
165	33	W25 Melissa Grandon, 26*, Waukee, IA	1:43:03	8:17
166	34	W25 Abby Ubben, 26*, Marshalltown, IA	1:43:04	8:18
167	35	W25 Senta Willenborg, 25*, West Des Moines, IA	1:43:04	8:18
779	139	M35 Dan Brink, 36, Ankeny, IA	1:43:04	8:18
168	31	W20 Sarah Nesheim, 21*, Eagan, MN	1:43:04	8:18
169	16	W40 Michelle Mullin, 42*, Clive, IA	1:43:06	8:18
780	114	M30 Joel Abrams, 32, Hiawatha, IA	1:43:07	8:18
781	44	M50 Mark Borseth, 52, Johnston, IA	1:43:07	8:18
170	32	W20 Michelle Jebesen, 22*, Ames, IA	1:43:13	8:18
782	93	M40 Matt Smith, 40, Ankeny, IA	1:43:14	8:18
783	94	M40 Michael O'Brien, 44, Waukee, IA	1:43:14	8:18
784	124	M25 Brad Bach, 26, Ankeny, IA	1:43:16	8:19
171	17	W40 Ruth Regehr, 41*, Clarinda, IA	1:43:16	8:19
172	35	W35 Michelle Boge, 39*, Lacrosse, WI	1:43:18	8:19
785	77	M45 Kevin O'Connor, 45, Des Moines, IA	1:43:19	8:19
173	36	W25 Leslie Steinkamp, 26*, Pella, IA	1:43:19	8:19
786	33	M55 Dennis Woline, 56, Des Moines, IA	1:43:19	8:19
787	34	M55 Fred Wolf, 55, Urbandale, IA	1:43:20	8:19
788	125	M25 Jonathan Schoeberl, 25, West Des Moines, IA	1:43:21	8:19
789	45	M50 David McClung, 52, Des Moines, IA	1:43:22	8:19
174	4	JrW Monica Miller, 16*, Montezuma, IA	1:43:22	8:19
175	37	W25 Erica Evans, 26*, Ankeny, IA	1:43:23	8:19
790	46	M50 Jim Kohout, 51, Omaha, NE	1:43:24	8:19
791	73	M20 Joshua Nebelsick, 22, Mt. Vernon, SD	1:43:24	8:19
792	74	M20 Todd Alberty, 21, Sioux Falls, SD	1:43:25	8:19
793	75	M20 Ben Nebelsick, 21, Mt. Vernon, SD	1:43:26	8:19
176	18	W40 Sue Holden, 42*, Des Moines, IA	1:43:26	8:19
794	78	M45 Steve Gauldin, 48, Des Moines, IA	1:43:27	8:19
795	79	M45 Steve Rossler, 47, Newton, IA	1:43:28	8:19
796	95	M40 Allan Urlis, 43, Norwalk, IA	1:43:32	8:20
797	80	M45 Benjamin Coult, 45, West Des Moines, IA	1:43:32	8:20
798	140	M35 Robert Cunningham, 39, Urbandale, IA	1:43:33	8:20
799	81	M45 Esteban Pena-Pitarch, 47, Iowa City, IA	1:43:35	8:20
800	126	M25 Adam Craven, 28, St. Louis Park, MN	1:43:36	8:20
177	19	W40 Erin Hurley, 40*, Kellogg, IA	1:43:36	8:20
801	141	M35 Trevor Myers, 39, Des Moines, IA	1:43:37	8:20
802	115	M30 Brenton Pushetonequa, 31, Tama, IA	1:43:40	8:20
803	116	M30 Matt Clausen, 34, Urbandale, IA	1:43:42	8:21
804	96	M40 Marcus Dunn, 43, Clive, IA	1:43:43	8:21
178	20	W40 Lisa Lensing, 44*, Pella, IA	1:43:44	8:21
805	142	M35 Dave Leever, 36, Newton, IA	1:43:46	8:21
806	47	M50 Michael Wheelock, 51, Ames, IA	1:43:46	8:21
807	97	M40 Jeff Gust, 44, Clive, IA	1:43:48	8:21
808	98	M40 Chris Pose, 44, Cumming, IA	1:43:49	8:21
179	36	W35 Brenda O'Hare, 39*, Ankeny, IA	1:43:49	8:21
809	117	M30 Hans Pollard, 34, Boone, IA	1:43:49	8:21
180	27	W30 Nikki Roetman, 33*, Johnston, IA	1:43:50	8:21
181	21	W40 Julie Goettl, 43*, Stillwater, MN	1:43:50	8:21
810	48	M50 Jerry Palsley, 53, Clinton, IA	1:43:50	8:21
182	22	W40 Lynn Olson, 43*, Owatonna, MN	1:43:52	8:21
183	28	W30 Krista Banyas, 32*, Altoona, IA	1:43:52	8:21
811	143	M35 David Lagrange, 37, Winterset, IA	1:43:53	8:22
184	29	W30 Christina Mueller, 31*, Urbandale, IA	1:43:55	8:22
812	127	M25 Thaddeus Brandt, 25, Urbandale, IA	1:43:55	8:22
813	118	M30 Brian Freeseaman, 33, Ankeny, IA	1:43:56	8:22
814	128	M25 Philip Randall, 27, West Des Moines, IA	1:43:57	8:22



815	119	M30	Deon Wingert, 33, Carroll, IA	1:43:58	8:22
816	129	M25	Jeffrey Judisch, 26, Tripoli, IA	1:44:00	8:22
817	36	JrM	Joe Christensen, 15, Audubon, IA	1:44:00	8:22
818	144	M35	Heath Moore, 38, West Des Moines, IA	1:44:01	8:22
185	33	W20	Katie Larsen, 21*, Cedar Rapids, IA	1:44:04	8:22
819	49	M50	David Stope, 52, Ankeny, IA	1:44:06	8:22
820	145	M35	Matt Paul, 38, Des Moines, IA	1:44:07	8:23
821	146	M35	Scott Johnston, 37, Indianola, IA	1:44:07	8:23
186	30	W30	Dawn Drotzmann, 32*, Waukee, IA	1:44:08	8:23
822	50	M50	Richard Herrick, 54, Charles City, IA	1:44:09	8:23
823	147	M35	Brad Bruhl, 37, Ankeny, IA	1:44:10	8:23
824	82	M45	Michael Lee, 48, Ames, IA	1:44:12	8:23
187	23	W40	Heidi Kramer, 41*, Johnston, IA	1:44:12	8:23
188	34	W20	Andrea Holtz, 22*, Ames, IA	1:44:13	8:23
189	24	W40	Julie Martin, 44*, Urbandale, IA	1:44:14	8:23
825	99	M40	Eric Hippler, 42, Urbandale, IA	1:44:14	8:23
826	120	M30	Jim Swanson, 30, Elkhorn, NE	1:44:15	8:23
190	11	W45	Susan Ridenour, 49*, Des Moines, IA	1:44:15	8:23
827	37	JrM	Alec Johnson, 16, Audubon, IA	1:44:16	8:23
828	83	M45	Thomas Johnson, 45, West Des Moines, IA	1:44:16	8:23
191	25	W40	Ann Merfeld, 43*, Hastings, MN	1:44:17	8:23
829	100	M40	Patrick Dunn, 41, Norwalk, IA	1:44:17	8:23
192	12	W45	D Peterson, 49*, Grimes, IA	1:44:19	8:24
830	121	M30	Ryan Thole, 30, Des Moines, IA	1:44:19	8:24
193	26	W40	Sara Todd, 44*, Cedar Rapids, IA	1:44:20	8:24
831	84	M45	Daniel Reed, 46, Edina, MN	1:44:20	8:24
194	38	W25	Heather Garcia, 28*, Des Moines, IA	1:44:22	8:24
832	51	M50	Jonathan Buss, 54, Ames, IA	1:44:22	8:24
195	9	W17	Megan Winkelmann, 19*, Greenfield, IA	1:44:23	8:24
833	130	M25	Joe Lynn, 27, West Des Moines, IA	1:44:23	8:24
834	76	M20	Adam Wilson, 24, St. Charles, IL	1:44:24	8:24
835	38	JrM	Blair Cooper, 15, Cumming, IA	1:44:24	8:24
196	13	W45	Rhonda Callison, 49*, Oskaloosa, IA	1:44:25	8:24
197	35	W20	Bethany Baker, 24*, Waukee, IA	1:44:25	8:24
836	85	M45	Karl Ehlers, 48, Urbandale, IA	1:44:25	8:24
837	131	M25	Scott Lacey, 28, Ankeny, IA	1:44:26	8:24
838	122	M30	Ben Lacey, 32, Ankeny, IA	1:44:27	8:24
839	77	M20	Colton Marshall, 20, Adel, IA	1:44:27	8:24
198	39	W25	Jessica Berberich, 28*, Ankeny, IA	1:44:28	8:24
840	86	M45	Todd Hensley, 45, Sioux City, IA	1:44:29	8:24
199	5	JrW	Lillian Chesser, 15*, Des Moines, IA	1:44:29	8:24
841	101	M40	Dan Wignall, 42, Ankeny, IA	1:44:29	8:24
842	102	M40	Tim Pepper, 40, Indianola, IA	1:44:30	8:24
200	36	W20	Meredith Esbeck, 22*, Des Moines, IA	1:44:30	8:24
843	148	M35	Jared Lyle, 35, Keota, IA	1:44:31	8:25
844	103	M40	Steve Cannon, 41, Des Moines, IA	1:44:32	8:25
201	27	W40	Jean Johnson, 41*, Des Moines, IA	1:44:32	8:25
202	31	W30	Deidre Nims, 31*, Cedar Rapids, IA	1:44:32	8:25
845	123	M30	Matthew Sloan, 31, West Des Moines, IA	1:44:34	8:25
846	132	M25	Eli Beck, 29, Urbana, IA	1:44:35	8:25
847	104	M40	Brian Culich, 44, Des Moines, IA	1:44:35	8:25
848	149	M35	Tim Doty, 38, Dallas, TX	1:44:36	8:25
849	133	M25	Eugene Slesicki, 26, Davenport, IA	1:44:37	8:25
850	42	M17	Tyler McCubbin, 18, Gowrie, IA	1:44:38	8:25
851	78	M20	Brent Nie, 21, Jesup, IA	1:44:39	8:25
852	150	M35	Dave Tometich, 36, Muscatine, IA	1:44:40	8:25
203	32	W30	Wendy Hanson, 34*, Urbandale, IA	1:44:40	8:25
853	52	M50	Bill Wedeking, 52, Des Moines, IA	1:44:40	8:25
854	35	M55	Jere Wood, 56, Clinton, IA	1:44:40	8:25
855	134	M25	Levi Franzen, 26, Clive, IA	1:44:41	8:25
856	135	M25	Jason Franzen, 29, Johnston, IA	1:44:42	8:25
857	136	M25	Joseph Poschner, 26, West Des Moines, IA	1:44:42	8:25
858	137	M25	Michael O'Donnell, 28, West Des Moines, IA	1:44:42	8:25
859	36	M55	Lee Bendull, 58, Vinton, IA	1:44:43	8:25

204	33	W30	Kimberly Pope, 34*, Urbandale, IA	1:44:43	8:26
860	124	M30	David Reis, 34, Carroll, IA	1:44:44	8:26
861	125	M30	Brian Town, 30, Des Moines, IA	1:44:44	8:26
862	79	M20	Simon Holoubek, 20, Adel, IA	1:44:48	8:26
863	151	M35	Jason Marciano, 37, Whitewater, KS	1:44:50	8:26
205	34	W30	Anne Hilleman, 32*, Huxley, IA	1:44:50	8:26
864	152	M35	Doug Staudt, 38, Cedar Falls, IA	1:44:51	8:26
865	37	M55	Bob Overstreet, 56, Des Moines, IA	1:44:51	8:26
866	38	M55	Kevin Cunningham, 55, Des Moines, IA	1:44:54	8:26
206	37	W35	Jill Berg, 38*, West Des Moines, IA	1:44:55	8:26
867	153	M35	Michael Kapustka, 39, Johnston, IA	1:44:56	8:27
868	80	M20	Tyler Romine, 22, West Des Moines, IA	1:44:57	8:27
207	14	W45	Nancy Kanne, 46*, Carroll, IA	1:44:58	8:27
869	87	M45	Michael Ahearn, 45, Arlington, TX	1:44:58	8:27
870	88	M45	Dan Hackman, 47, Eagan, MN	1:44:59	8:27
871	105	M40	Bill McGinn, 40, Urbandale, IA	1:45:00	8:27
208	40	W25	Gina David, 27*, West Des Moines, IA	1:45:01	8:27
209	7	W50	Mary Razor, 52*, Omaha, NE	1:45:02	8:27
210	37	W20	Jill Logsdon, 24*, Baxter, IA	1:45:02	8:27
872	154	M35	Tracey Draeger, 35, Johnston, IA	1:45:03	8:27
211	35	W30	Missy Jorgenson, 34*, West Des Moines, IA	1:45:03	8:27
873	126	M30	Chris Van Hofwegen, 30, Iowa City, IA	1:45:03	8:27
212	28	W40	Julie Olmstead, 44*, Webster City, IA	1:45:03	8:27
874	155	M35	Chris Nelson, 35, West Des Moines, IA	1:45:03	8:27
213	38	W35	Julie Perkins, 35*, Carroll, IA	1:45:04	8:27
214	38	W20	Courtney Myers, 24*, Fort Madison, IA	1:45:05	8:27
875	156	M35	Greg Perkins, 36, Carroll, IA	1:45:06	8:27
876	138	M25	Dave Myers, 27, Fort Madison, IA	1:45:07	8:27
215	39	W20	Ashley Randleman, 23*, Jefferson, IA	1:45:07	8:27
216	15	W45	Cynthia Lehrkamp, 48*, Carroll, IA	1:45:07	8:27
877	157	M35	Kenneth Overton, 39, Dexter, IA	1:45:08	8:28
878	39	JrM	Kyle Coates, 15, Norwalk, IA	1:45:09	8:28
879	158	M35	Mike Martinek, 38, Cresco, IA	1:45:10	8:28
880	139	M25	Jacob Adams, 25, North Liberty, IA	1:45:11	8:28
217	29	W40	Robin Prier-Ross, 41*, Clive, IA	1:45:11	8:28
881	140	M25	Carlos Bacon, 27, Ankeny, IA	1:45:12	8:28
882	159	M35	Scott Knaack, 36, Correctionville, IA	1:45:13	8:28
218	40	W20	Ashley Stevens, 20*, Braddyville, IA	1:45:14	8:28
219	41	W20	Kim Tupy, 22*, Cedar Falls, IA	1:45:14	8:28
883	106	M40	Daniel Van Weeldah, 40, Ames, IA	1:45:15	8:28
884	160	M35	John Fitzsimmons, 38, Ankeny, IA	1:45:15	8:28
220	16	W45	Lisa Vaughn, 48*, Davenport, IA	1:45:15	8:28
221	41	W25	Mindy Sauer, 28*, Urbandale, IA	1:45:16	8:28
885	39	M55	Charles Smith, 56, Urbandale, IA	1:45:17	8:28
886	107	M40	Sean Wolfe, 43, Urbandale, IA	1:45:18	8:28
887	89	M45	Ron Herrick, 46, Ankeny, IA	1:45:19	8:28
222	42	W25	Ashlee Holst, 27*, Kirksville, MO	1:45:20	8:28
888	161	M35	Sam Macke, 36, Ankeny, IA	1:45:20	8:29
223	8	W50	Claire Andreasen, 50*, Ames, IA	1:45:20	8:29
889	141	M25	T J Jacobs, 28, Des Moines, IA	1:45:21	8:29
224	17	W45	Kristy Cain, 47*, Urbandale, IA	1:45:22	8:29
890	90	M45	Steve Falck, 49, Des Moines, IA	1:45:22	8:29
891	142	M25	Key Kain, 28, Iowa City, IA	1:45:22	8:29
892	162	M35	John Turpen, 38, Hawthorn Woods, IL	1:45:24	8:29
225	39	W35	Kathleen Fear, 35*, Cedar Rapids, IA	1:45:25	8:29
226	30	W40	Bonnie Braatz, 41*, West Des Moines, IA	1:45:27	8:29
227	42	W20	Jessica Fink, 24*, Clive, IA	1:45:29	8:29
893	108	M40	James Sandor, 41, West Des Moines, IA	1:45:29	8:29
894	163	M35	George Stock, 37, Des Moines, IA	1:45:30	8:29
895	109	M40	Shawn Nelson, 41, Ankeny, IA	1:45:31	8:29
896	127	M30	Jason Blomgren, 33, Waukeg, IA	1:45:31	8:29
228	36	W30	Jenn Sands, 32*, Clarinda, IA	1:45:33	8:30
897	91	M45	Ted Olson, 47, Hiawatha, IA	1:45:34	8:30
898	143	M25	Ryan Clausen, 28, Des Moines, IA	1:45:34	8:30
229	43	W25	Dana Anglin, 26*, Cedar Falls, IA	1:45:35	8:30

899	144	M25	Lenny Boury, 26, Des Moines, IA	1:45:35	8:30
900	164	M35	Eric Moore, 36, Cumming, IA	1:45:36	8:30
230	31	W40	Shari Osier, 41*, Bondurant, IA	1:45:36	8:30
901	110	M40	Joe Akers, 42, Grimes, IA	1:45:36	8:30
902	53	M50	Chuck Gilarski, 51, Ames, IA	1:45:36	8:30
231	40	W35	Chris Parker, 38*, Urbandale, IA	1:45:36	8:30
903	165	M35	Derek Wachter, 38, Clive, IA	1:45:37	8:30
904	145	M25	Sam Root, 27, Ankeny, IA	1:45:37	8:30
232	37	W30	Lyddia Asman, 33*, Grimes, IA	1:45:40	8:30
905	54	M50	Curtis Husske, 51, Maxwell, IA	1:45:40	8:30
906	111	M40	Jay Hardeman, 43, Cedar Rapids, IA	1:45:41	8:30
907	146	M25	Adam Hoffman, 26, Des Moines, IA	1:45:43	8:30
908	166	M35	Dan Paca, 39, Muscatine, IA	1:45:43	8:30
233	38	W30	Brenda Green, 32*, West Des Moines, IA	1:45:44	8:30
909	55	M50	Jim Elliott, 53, Des Moines, IA	1:45:45	8:31
910	112	M40	David Crowe, 43, Des Moines, IA	1:45:47	8:31
234	41	W35	Michelle Carlisle, 39*, West Des Moines, IA	1:45:47	8:31
235	32	W40	Gena Haselhuhn, 40*, Dallas, IA	1:45:48	8:31
911	128	M30	Adam Wheelock, 30, Iowa City, IA	1:45:48	8:31
912	147	M25	Adam Nelson, 28, Des Moines, IA	1:45:48	8:31
913	81	M20	Andrew Arnold, 22, Waukee, IA	1:45:49	8:31
914	129	M30	Eric Wagner, 31, Urbandale, IA	1:45:49	8:31
915	40	JrM	Charles Cunningham, 16, West Des Moines, IA	1:45:50	8:31
236	33	W40	Rebecca Brannan, 42*, Urbandale, IA	1:45:50	8:31
916	167	M35	Aaron Nord, 36, Pleasant Hill, IA	1:45:51	8:31
917	43	M17	Brandon Willemsen, 18, Grimes, IA	1:45:51	8:31
237	43	W20	Ashley Scheidel, 24*, Des Moines, IA	1:45:52	8:31
918	44	M17	Adam Garnaas, 19, Clive, IA	1:45:52	8:31
919	148	M25	Dan Rinzeam, 25, Johnston, IA	1:45:53	8:31
238	44	W25	Jennifer Vande Vegte, 29*, Sioux Center, IA	1:45:54	8:31
920	92	M45	Wesley Ellsworth, 47, Des Moines, IA	1:45:56	8:31
239	39	W30	Stacy Huber, 30*, Hiawatha, IA	1:45:58	8:32
921	113	M40	Jon Thompson, 40, Urbandale, IA	1:46:00	8:32
922	93	M45	Scott Meyer, 47, West Des Moines, IA	1:46:00	8:32
923	130	M30	Todd Vandemark, 31, Centerville, IA	1:46:01	8:32
924	149	M25	Levi Lyle, 28, Indianola, IA	1:46:01	8:32
240	44	W20	Erica Reams, 23*, West Des Moines, IA	1:46:02	8:32
925	150	M25	Joshua Hill, 29, Reinbeck, IA	1:46:02	8:32
241	40	W30	M Ayers-Perlowski, 33*, Des Moines, IA	1:46:04	8:32
926	168	M35	Jeffrey Schoondyke, 37, Ankeny, IA	1:46:05	8:32
242	45	W25	Kimberly Tjeerdsma, 27*, Sioux Center, IA	1:46:06	8:32
927	82	M20	Tyler Patterson, 24, Marion, IA	1:46:06	8:32
243	45	W20	Kristen Hannel, 23*, Cedar Falls, IA	1:46:06	8:32
928	151	M25	Jeff Cunningham, 29, Urbandale, IA	1:46:07	8:32
244	18	W45	Teresa Newman, 45*, Fort Dodge, IA	1:46:07	8:32
929	131	M30	Mike Danilson, 30, Boone, IA	1:46:08	8:32
930	169	M35	Geoff Graham, 39, Waukee, IA	1:46:09	8:32
931	40	M55	Dale Andres, 59, West Des Moines, IA	1:46:09	8:32
932	56	M50	Gerald Hill, 54, Altoona, IA	1:46:09	8:32
933	132	M30	Nate Strickler, 32, Windsor Heights, IA	1:46:10	8:33
934	57	M50	Scott Combs, 53, Aurora, IL	1:46:10	8:33
245	41	W30	Nadine Woods, 34*, Urbandale, IA	1:46:12	8:33
935	152	M25	Josh Welter, 25, Des Moines, IA	1:46:12	8:33
936	114	M40	Doug Shelton, 41, Clive, IA	1:46:14	8:33
246	42	W30	Pam Banyas, 34*, Ankeny, IA	1:46:15	8:33
937	58	M50	Mike Clayton, 51, Ames, IA	1:46:16	8:33
938	94	M45	Mike Rathier, 49, Grimes, IA	1:46:17	8:33
939	45	M17	Grant Jacobson, 17, Johnston, IA	1:46:17	8:33
247	34	W40	Chris Gorman, 42*, Council Bluffs, IA	1:46:18	8:33
940	46	M17	Andy Strachan, 17, Ankeny, IA	1:46:18	8:33
248	46	W25	Angela Chipman, 29*, Iowa City, IA	1:46:18	8:33
941	133	M30	Brandon Sawhill, 31, Urbandale, IA	1:46:19	8:33

249	47	W25	Lacey Grimes, 26*, Des Moines, IA	1:46:19	8:33
942	59	M50	John Meyer, 51, West Des Moines, IA	1:46:20	8:33
250	42	W35	Jill Johnson, 35*, West Des Moines, IA	1:46:21	8:33
943	83	M20	Jacob Middleton, 24, Iowa City, IA	1:46:21	8:33
944	170	M35	Troy Frazier, 38, Lincoln, NE	1:46:21	8:33
945	84	M20	Aaron Eggert, 24, Colfax, IA	1:46:22	8:33
251	46	W20	Livia Berg, 23*, Ankeny, IA	1:46:22	8:33
252	48	W25	Casee Woodley, 25*, Iowa City, IA	1:46:23	8:34
946	171	M35	Jamie Bishop, 37, Indianola, IA	1:46:23	8:34
947	172	M35	Nick Tornabane, 38, Waukee, IA	1:46:23	8:34
948	134	M30	Kirk Ojendyk, 32, Urbandale, IA	1:46:24	8:34
253	35	W40	Amy Montgomery, 43*, Pleasant Hill, IA	1:46:25	8:34
254	49	W25	Becky Krieg, 29*, West Des Moines, IA	1:46:25	8:34
949	85	M20	Adam Werley, 23, West Des Moines, IA	1:46:25	8:34
255	50	W25	Gina Rickert, 28*, Ankeny, IA	1:46:25	8:34
950	60	M50	Tom Broadbooks, 51, Ankeny, IA	1:46:26	8:34
256	43	W30	Beth Stamper, 33*, Pella, IA	1:46:27	8:34
951	173	M35	Kenneth Bernstein, 39, Des Moines, IA	1:46:28	8:34
952	86	M20	John Simmons, 20, Ames, IA	1:46:30	8:34
953	87	M20	Luke Lowry, 21, Ames, IA	1:46:31	8:34
257	51	W25	Julie Geistkemper, 29*, Panora, IA	1:46:31	8:34
954	153	M25	Tony Ford, 29, Prairie City, IA	1:46:31	8:34
258	43	W35	Kathy Nettleton, 38*, Des Moines, IA	1:46:32	8:34
955	61	M50	Dave Milburn, 54, Johnston, IA	1:46:32	8:34
956	95	M45	Stewart Bjorgan, 49, St Paul, MN	1:46:32	8:34
957	115	M40	William Henninger III, 44, Newton, IA	1:46:32	8:34
259	44	W35	Jill Smith, 36*, Clive, IA	1:46:33	8:34
958	174	M35	James O'Hara, 39, Des Moines, IA	1:46:33	8:34
260	47	W20	Jennifer Beer, 24*, Cedar Rapids, IA	1:46:33	8:34
959	88	M20	James Kane, 24, Des Moines, IA	1:46:33	8:34
960	154	M25	Choua Sayaxang, 27, Pleasant Hill, IA	1:46:33	8:34
961	135	M30	Kevin Bui, 30, Des Moines, IA	1:46:34	8:34
962	175	M35	Dan Koestner, 37, Grimes, IA	1:46:34	8:34
963	62	M50	Scott Avitt, 54, Des Moines, IA	1:46:35	8:35
964	63	M50	Paul Wiederholt, 51, Clinton, IA	1:46:35	8:35
965	89	M20	Joseph Brandstatter, 24, West Des Moines, IA	1:46:36	8:35
966	116	M40	Brian Castile, 43, Des Moines, IA	1:46:37	8:35
261	19	W45	Brenda Bright, 46*, Ames, IA	1:46:37	8:35
967	117	M40	Jon Greising, 43, Johnston, IA	1:46:37	8:35
262	52	W25	Sonja Brandt, 26*, Urbandale, IA	1:46:37	8:35
968	136	M30	Jason Lauterbach, 32, Newton, IA	1:46:39	8:35
969	137	M30	David Van Blair, 34, Ankeny, IA	1:46:40	8:35
263	44	W30	Heather Fleming, 30*, Robins, IA	1:46:40	8:35
970	118	M40	Jerry Zenk, 42, Urbandale, IA	1:46:41	8:35
264	20	W45	Debi Bull, 49*, Des Moines, IA	1:46:41	8:35
971	64	M50	Tomas Rodriguez, 52, Cedar Falls, IA	1:46:42	8:35
972	65	M50	Alan Gross, 53, Des Moines, IA	1:46:43	8:35
973	41	JrM	Jake Thomas, 16, West Des Moines, IA	1:46:43	8:35
265	21	W45	Debbie Avitt, 46*, Des Moines, IA	1:46:44	8:35
974	96	M45	Jim Maaske, 47, Council Bluffs, IA	1:46:44	8:35
975	138	M30	Bill Finnegan, 34, West Des Moines, IA	1:46:45	8:35
266	45	W35	Patricia Schwickerath, 39*, Coralville, IA	1:46:50	8:36
267	48	W20	Jenna Carter, 21*, Ames, IA	1:46:51	8:36
976	119	M40	Jonathan Leisinger, 40, Council Bluffs, IA	1:46:51	8:36
268	53	W25	Wendy Bloomhuff, 25*, Ankeny, IA	1:46:51	8:36
977	120	M40	Steve Sodergren, 44, Topeka, KS	1:46:52	8:36
978	12	M60	Cal Jenkins, 62, Cedar Rapids, IA	1:46:53	8:36
979	139	M30	Lee Randall, 34, Durant, IA	1:46:54	8:36
980	176	M35	George Lawrence, 35, Des Moines, IA	1:46:54	8:36
981	97	M45	Mike Novelli, 49, Urbandale, IA	1:46:55	8:36
269	46	W35	Jana Edwards, 39*, West Des Moines, IA	1:46:55	8:36
270	9	W50	Mary Madsen, 54*, Melbourne, IA	1:46:55	8:36

271	54	W25	Stephanie Freund, 25*, Urbandale, IA	1:46:56	8:36
272	45	W30	Renee Prescott, 33*, Sioux City, IA	1:46:56	8:36
982	177	M35	Jon Kallen, 35, Johnston, IA	1:46:56	8:36
273	47	W35	Heather Bianchi, 36*, Des Moines, IA	1:46:56	8:36
983	66	M50	Dave Benz, 50, Marshalltown, IA	1:46:57	8:36
984	155	M25	Steven Perkins, 27, Des Moines, IA	1:46:57	8:36
985	140	M30	Todd James, 32, Wellsburg, IA	1:46:58	8:36
274	22	W45	Annette Krause, 45*, West Des Moines, IA	1:46:58	8:36
275	46	W30	Angela Forret, 34*, Waukee, IA	1:46:59	8:36
986	141	M30	Lance Sivertsen, 32, Indianola, IA	1:47:00	8:37
987	142	M30	Paul Ludacka, 31, Omaha, NE	1:47:01	8:37
276	55	W25	Kathryn Watkins, 29*, Nyc, NY	1:47:02	8:37
277	23	W45	Nola Seaberg, 45*, Des Moines, IA	1:47:03	8:37
278	10	W17	Sadie Fisher, 17*, Lehigh, IA	1:47:04	8:37
279	47	W30	Beth Huber, 33*, Iowa, IA	1:47:04	8:37
280	24	W45	Betsy Frederes, 49*, Clive, IA	1:47:06	8:37
281	48	W35	Angela Coburn, 38*, West Des Moines, IA	1:47:06	8:37
282	36	W40	Michelle Sloan, 42*, Altoona, IA	1:47:08	8:37
283	56	W25	Carrie Bergman, 29*, West Des Moines, IA	1:47:08	8:37
284	10	W50	Robin Hyland, 53*, Grimes, IA	1:47:09	8:37
285	37	W40	Katy Cohan, 40*, Des Moines, IA	1:47:10	8:37
988	178	M35	Alan Read, 38, Marion, IA	1:47:10	8:37
286	57	W25	Shanna Robinson, 26*, Norwalk, IA	1:47:11	8:37
287	49	W35	Julie Jones, 35*, Sully, IA	1:47:11	8:37
989	98	M45	Dave Vajgrt, 45, Marshalltown, IA	1:47:12	8:38
288	58	W25	Rebecca Spangler, 25*, Independence, MO	1:47:13	8:38
289	50	W35	Angie Neville, 37*, Bondurant, IA	1:47:13	8:38
990	179	M35	Mark Sickels, 37, Indianola, IA	1:47:13	8:38
991	99	M45	John Sorensen, 48, West Des Moines, IA	1:47:14	8:38
290	51	W35	Nicole Goodman, 35*, Omaha, NE	1:47:14	8:38
992	42	JrM	Joshua Metz, 16, Newton, IA	1:47:16	8:38
993	47	M17	Aaron Schut, 18, Solon, IA	1:47:16	8:38
994	156	M25	Jason Gruver, 29, Fort Dodge, IA	1:47:17	8:38
995	121	M40	Hobart Beeghly, 43, Ames, IA	1:47:20	8:38
291	59	W25	Molly Nelson, 27*, Waukee, IA	1:47:21	8:38
292	11	W17	Grace Kristy, 17*, Exira, IA	1:47:22	8:38
996	122	M40	Erik Swee, 41, Urbandale, IA	1:47:22	8:38
997	180	M35	Kevin Fynaardt, 38, Pleasant Hill, IA	1:47:23	8:38
998	157	M25	Eric Schulz, 25, Ankeny, IA	1:47:24	8:38
999	143	M30	Matthew Jackson, 30, Des Moines, IA	1:47:26	8:39
1000	123	M40	Scott Meyer, 42, Pella, IA	1:47:26	8:39
1001	124	M40	Michael Weno, 44, Cedar Falls, IA	1:47:27	8:39
1002	48	M17	Jeff Bast, 17, Urbandale, IA	1:47:28	8:39
1003	67	M50	Dick Mullen, 54, Urbandale, IA	1:47:29	8:39
1004	100	M45	Vincent Carbino, 47, Ankeny, IA	1:47:30	8:39
1005	125	M40	Scott Kristy, 43, Exira, IA	1:47:31	8:39
1006	68	M50	Will Walling, 52, Polk City, IA	1:47:31	8:39
1007	144	M30	Matt Stevermer, 33, West Des Moines, IA	1:47:32	8:39
1008	126	M40	Brad Willie, 40, Urbandale, IA	1:47:32	8:39
293	60	W25	Erica Hunt, 28*, Davenport, IA	1:47:33	8:39
1009	145	M30	Brendan McCallum, 32, Des Moines, IA	1:47:33	8:39
1010	69	M50	Rick Gustafson, 53, Ogden, IA	1:47:33	8:39
294	52	W35	Desiree Ingham, 39*, Norwalk, IA	1:47:34	8:39
1011	43	JrM	Zachary Wiemers, 14, West Des Moines, IA	1:47:34	8:39
295	61	W25	Meghan Kirkwood, 25*, Ames, IA	1:47:36	8:39
1012	181	M35	Vil Miller, 37, Ankeny, IA	1:47:36	8:39
296	38	W40	Darla Burch, 43*, Pella, IA	1:47:37	8:39
297	53	W35	Jen Brazelton, 37*, Ankeny, IA	1:47:37	8:40
1013	70	M50	Mark Hanson, 54, Ankeny, IA	1:47:40	8:40
298	39	W40	Lauri Jeter, 42*, Madrid, IA	1:47:41	8:40
299	62	W25	Kelli Brennan, 25*, Des Moines, IA	1:47:43	8:40
1014	101	M45	Paul Kruse, 49, Granger, IA	1:47:44	8:40
300	63	W25	Anne Kremer, 25*, Peoria, IL	1:47:44	8:40
1015	182	M35	Tim Young, 38, Winerset, IA	1:47:45	8:40
1016	146	M30	Casey Ballentine, 32, Omaha, NE	1:47:47	8:40

1017	102	M45 Douglas Johnston, 46, Des Moines, IA	1:47:49	8:40
301	49	W20 Sarah Bane, 21*, Apple Valley, MN	1:47:50	8:41
1018	127	M40 Brad Amos, 41, Des Moines, IA	1:47:50	8:41
1019	128	M40 Tracy Hurt, 44, Creston, IA	1:47:52	8:41
1020	71	M50 Chris Hoegh, 50, Knoxville, IA	1:47:52	8:41
1021	103	M45 Allen Benson, 47, Ankeny, IA	1:47:54	8:41
1022	104	M45 Rustin Davenport, 47, Mason City, IA	1:47:54	8:41
1023	105	M45 Greg Swanson, 49, Norwalk, IA	1:47:55	8:41
302	64	W25 Andrea Meyer, 25*, Omaha, NE	1:47:56	8:41
1024	183	M35 Dave Biedenbach, 38, Ames, IA	1:47:56	8:41
1025	158	M25 Carl Berg, 29, Mason City, IA	1:47:56	8:41
1026	129	M40 Kory Kistner, 41, Sioux City, IA	1:47:58	8:41
1027	106	M45 Tom Nelson, 49, Fort Dodge, IA	1:47:59	8:41
1028	159	M25 Joe Parrish, 25, Des Moines, IA	1:47:59	8:41
303	40	W40 Barbara Fassbinder, 40*, Marion, IA	1:47:59	8:41
1029	107	M45 Mike Casady, 46, Urbandale, IA	1:48:00	8:41
304	54	W35 Laura Phelps, 39*, Kingsley, IA	1:48:01	8:41
1030	72	M50 Thomas Wieselner, 54, Mount Vernon, IA	1:48:03	8:42
305	41	W40 Karen Kollmorgen, 42*, Clive, IA	1:48:05	8:42
1031	130	M40 Bradd Brown, 42, Cedar Rapids, IA	1:48:05	8:42
306	65	W25 Angie Tumey, 26*, Ankeny, IA	1:48:05	8:42
1032	147	M30 James Taylor, 30, Humble, TX	1:48:07	8:42
1033	160	M25 Ben Johns, 29, West Des Moines, IA	1:48:08	8:42
1034	184	M35 Andy Hunsinger, 38, Newton, IA	1:48:09	8:42
307	50	W20 Carin Steinkamp, 23*, Urbandale, IA	1:48:10	8:42
1035	108	M45 Jeff Weeks, 47, Des Moines, IA	1:48:14	8:42
1036	109	M45 Craig Weeks, 47, Peoria, AZ	1:48:14	8:42
1037	161	M25 Andrew Moffitt, 29, Ankeny, IA	1:48:14	8:43
1038	185	M35 Rodger Main, 38, Ames, IA	1:48:15	8:43
308	42	W40 Dee Dee Janssen, 41*, Ankeny, IA	1:48:17	8:43
1039	110	M45 Dave Elsenbast, 45, Ames, IA	1:48:18	8:43
1040	148	M30 Dan Messerich, 30, Glidden, IA	1:48:18	8:43
1041	111	M45 Patrick Edwards, 49, Lambs Grove, IA	1:48:20	8:43
309	55	W35 Carolyn McCarthy, 37*, West Des Moines, IA	1:48:20	8:43
1042	186	M35 Michael Spaur, 35, Pella, IA	1:48:21	8:43
1043	73	M50 Thomas McGrath, 51, Elk River, MN	1:48:23	8:43
310	66	W25 Coralynn Trewet, 28*, Ankeny, IA	1:48:25	8:43
1044	131	M40 Bob Read, 42, Marion, IA	1:48:25	8:43
311	67	W25 Megan Rehm, 26*, West Des Moines, IA	1:48:25	8:43
1045	132	M40 Dave Salaba, 42, Cumming, IA	1:48:25	8:43
1046	149	M30 Kyle Cook, 34, Ankeny, IA	1:48:26	8:43
1047	74	M50 Doug Van Hofwegen, 50, Spencer, IA	1:48:26	8:43
1048	187	M35 Jeff Wieland, 37, Johnston, IA	1:48:27	8:44
1049	133	M40 Jon Mireles, 40, West Des Moines, IA	1:48:28	8:44
1050	75	M50 Daniel Todd, 52, West Des Moines, IA	1:48:28	8:44
1051	162	M25 Jeff Austin, 28, Ankeny, IA	1:48:29	8:44
1052	188	M35 Kent Hinders, 35, Des Moines, IA	1:48:31	8:44
1053	189	M35 John Frohlich, 39, Panora, IA	1:48:32	8:44
1054	134	M40 Joel Peterson, 43, Webster City, IA	1:48:34	8:44
1055	76	M50 Bill Copper, 50, Marion, IA	1:48:34	8:44
1056	41	M55 Frederick Lorenz, 58, Ames, IA	1:48:35	8:44
1057	13	M60 Terry Hanneman, 60, Newton, IA	1:48:35	8:44
1058	150	M30 David Timmerman, 31, Adel, IA	1:48:35	8:44
1059	163	M25 Ryan Meier, 26, Des Moines, IA	1:48:37	8:44
312	68	W25 Kristyn Scott, 29*, Marshalltown, IA	1:48:37	8:44
1060	42	M55 Carl Voss, 58, Des Moines, IA	1:48:38	8:44
313	69	W25 Angie Neechek, 28*, Altoona, IA	1:48:40	8:45
1061	151	M30 Thomas Novotney, 31, Rockwell, IA	1:48:40	8:45
1062	135	M40 Tom Catus, 44, Johnston, IA	1:48:41	8:45
1063	90	M20 Andy Lester, 23, West Des Moines, IA	1:48:41	8:45
1064	77	M50 Gary Watts, 51, Iowa City, IA	1:48:42	8:45
1065	164	M25 Wesley Hepker, 27, Iowa City, IA	1:48:42	8:45
1066	112	M45 John Hoversten, 48, Blairsburg, IA	1:48:43	8:45
1067	113	M45 Steve Vance, 49, Sheldahl, IA	1:48:44	8:45

314	70	W25	Angela Oldenburg, 26*, Iowa City, IA	1:48:44	8:45
1068	190	M35	Brad Lane, 36, Gowrie, IA	1:48:44	8:45
1069	191	M35	Brian Joens, 39, Des Moines, IA	1:48:45	8:45
1070	49	M17	Reed Agne, 18, Solon, IA	1:48:46	8:45
1071	192	M35	Brian Miller, 35, Solon, IA	1:48:47	8:45
1072	43	M55	David Friedgood, 58, Clive, IA	1:48:48	8:45
1073	193	M35	James Lunders, 38, Johnston, IA	1:48:49	8:45
1074	165	M25	Jason Dopheide, 26, Des Moines, IA	1:48:49	8:45
315	56	W35	Lisa Yarrow, 39*, Mason City, IA	1:48:49	8:45
1075	114	M45	Scott Hinkle, 46, Clive, IA	1:48:51	8:45
316	51	W20	Ashley Cox, 24*, Des Moines, IA	1:48:53	8:46
317	52	W20	Lynn Swinger, 22*, Redfield, IA	1:48:53	8:46
318	57	W35	Joann Green, 39*, Urbandale, IA	1:48:54	8:46
1076	91	M20	Alex Grasso, 20, Johnston, IA	1:48:55	8:46
319	11	W50	Pamela Wood, 52*, Janesville, IA	1:48:55	8:46
1077	115	M45	Charles Link, 45, Clive, IA	1:48:56	8:46
1078	194	M35	Kevin Miller, 36, Solon, IA	1:48:57	8:46
320	25	W45	Kristina Glidden, 48*, Omaha, NE	1:48:57	8:46
1079	195	M35	John Hibbard, 39, Des Moines, IA	1:48:57	8:46
321	58	W35	Kim Kent, 37*, Panora, IA	1:48:57	8:46
1080	196	M35	Kirk Ridout, 38, Tama, IA	1:48:57	8:46
322	59	W35	Tara Thomsen, 37*, Carroll, IA	1:48:58	8:46
1081	197	M35	Adil Besic, 38, Urbandale, IA	1:48:58	8:46
323	26	W45	Teri Feldmann, 46*, Des Moines, IA	1:48:59	8:46
324	71	W25	Sara Swyter, 29*, Mason City, IA	1:49:00	8:46
1082	198	M35	David Ness, 36, Johnston, IA	1:49:01	8:46
1083	136	M40	Scott Mortimer, 41, Cumming, IA	1:49:01	8:46
325	72	W25	Kimberly Dea, 27*, West Des Moines, IA	1:49:01	8:46
1084	137	M40	Michael Turley, 43, University City, MO	1:49:02	8:46
1085	199	M35	Jeff Meis, 35, Des Moines, IA	1:49:02	8:46
1086	166	M25	Mark Reha, 27, Windsor Heights, IA	1:49:03	8:46
1087	152	M30	Scott Dykstra, 34, West Des Moines, IA	1:49:03	8:46
1088	138	M40	Tim Brock, 40, Cedar Rapids, IA	1:49:03	8:46
1089	78	M50	Tom Farr, 54, Des Moines, IA	1:49:04	8:47
326	48	W30	Sara Bucknam, 32*, Mason City, IA	1:49:04	8:47
1090	44	JrM	Michael Knoedel, 14, Urbandale, IA	1:49:04	8:47
1091	44	M55	Steven Sondall, 57, Marshalltown, IA	1:49:05	8:47
327	60	W35	Amy Ridout, 36*, Tama, IA	1:49:05	8:47
1092	167	M25	Robert Walker, 28, West Des Moines, IA	1:49:06	8:47
328	53	W20	Kristin Pavlovich, 23*, Iowa City, IA	1:49:06	8:47
1093	92	M20	Mark Dempsey, 24, Windsor Heights, IA	1:49:06	8:47
329	54	W20	Jessica Brown, 21*, Ames, IA	1:49:07	8:47
1094	153	M30	Matthew Berry, 30, Humboldt, IA	1:49:08	8:47
330	55	W20	Sarah Dudley, 24*, Des Moines, IA	1:49:08	8:47
1095	79	M50	David Acker, 54, Ames, IA	1:49:08	8:47
1096	139	M40	Joseph Keitges, 40, Ames, IA	1:49:10	8:47
1097	80	M50	Randy Sly, 50, Grimes, IA	1:49:11	8:47
1098	200	M35	Bill Higgins, 38, Marion, IA	1:49:11	8:47
331	43	W40	Kim Nees, 40*, Carroll, IA	1:49:12	8:47
1099	116	M45	Dave Sharp, 45, Ankeny, IA	1:49:12	8:47
332	61	W35	Lynn Robertson, 38*, Grimes, IA	1:49:12	8:47
1100	154	M30	Adam Van Dike, 32, West Des Moines, IA	1:49:15	8:47
333	73	W25	Heather Anderson, 27*, Ankeny, IA	1:49:16	8:47
1101	93	M20	Jon Davies, 20, Coon Rapids, IA	1:49:17	8:48
1102	155	M30	Thor Berg, 34, Austin, MN	1:49:18	8:48
334	27	W45	Patricia Kenel, 46*, Cedar Rapids, IA	1:49:18	8:48
1103	81	M50	Kevin Moss, 50, Bondurant, IA	1:49:18	8:48
1104	45	M55	Rik Anderson, 55, Plainfield, IL	1:49:18	8:48
1105	140	M40	Thomas Duff, 44, Des Moines, IA	1:49:19	8:48
1106	117	M45	Grant Johnson, 47, Indianola, IA	1:49:20	8:48
335	74	W25	Kristie Bugg, 26*, West Des Moines, IA	1:49:21	8:48
336	44	W40	Deb Conlon, 44*, Urbandale, IA	1:49:21	8:48
1107	168	M25	Quanah Walker, 27, Saint Paul, MN	1:49:21	8:48
337	62	W35	Tracy Sabus, 39*, Urbandale, IA	1:49:22	8:48
1108	169	M25	Chris Chamberlin, 29, Omaha, NE	1:49:22	8:48

1109	141	M40	David Fulton, 44, Omaha, NE	1:49:23	8:48
1110	118	M45	Foster Hawkins, 45, Marshalltown, IA	1:49:24	8:48
1111	142	M40	Chris Runde, 43, Clive, IA	1:49:26	8:48
1112	143	M40	Greg Scenck, 41, Winterset, IA	1:49:27	8:48
1113	170	M25	Robert Lancaster, 27, Coralville, IA	1:49:27	8:48
1114	94	M20	Jeff Thibadeau, 22, West Des Moines, IA	1:49:28	8:48
1115	171	M25	Jon Joynt, 29, Ankeny, IA	1:49:29	8:48
1116	201	M35	Christian Engstrom, 35, Waukee, IA	1:49:29	8:49
	338	63	W35 Leah Churchman, 37*, Ankeny, IA	1:49:30	8:49
1117	144	M40	Mark Easler, 40, Clive, IA	1:49:31	8:49
1118	46	M55	Stan Heidemann, 59, Kellogg, IA	1:49:32	8:49
1119	202	M35	Matthew Hemry, 37, Des Moines, IA	1:49:32	8:49
1120	156	M30	Eric Roeder, 30, Des Moines, IA	1:49:33	8:49
1121	203	M35	Jeff Brock, 37, Pewaukee, WI	1:49:35	8:49
1122	145	M40	Mark Overton, 42, Des Moines, IA	1:49:35	8:49
1123	95	M20	Jason Toenges, 22, Iowa City, IA	1:49:36	8:49
	339	75	W25 Laura Drees, 29*, Indianola, IA	1:49:36	8:49
1124	146	M40	Neal Halder, 43, Ankeny, IA	1:49:37	8:49
1125	96	M20	Michael Lovelace, 24, Urbandale, IA	1:49:38	8:49
	340	64	W35 Gale Christensen, 37*, Clive, IA	1:49:38	8:49
1126	82	M50	Ron Niceswanger, 51, Urbandale, IA	1:49:38	8:49
1127	83	M50	Russ Laczniak, 50, Ames, IA	1:49:38	8:49
	341	12	W17 Megan Hensley, 17*, Des Moines, IA	1:49:40	8:49
	342	65	W35 Mary Mouw, 38*, Des Moines, IA	1:49:41	8:49
1128	47	M55	Ronald Mowers, 58, Ames, IA	1:49:41	8:49
1129	48	M55	Greg Gruss, 56, Carlisle, IA	1:49:42	8:50
	343	66	W35 Annika Cornelisse, 35*, Des Moines, IA	1:49:42	8:50
1130	119	M45	Randall Webb, 45, Boone, IA	1:49:42	8:50
1131	147	M40	Dan Kollmorgen, 43, Clive, IA	1:49:43	8:50
	344	76	W25 Megan Farmer, 25*, Ames, IA	1:49:44	8:50
1132	204	M35	Jim Nahas, 38, West Des Moines, IA	1:49:45	8:50
1133	205	M35	David Biel, 39, Woodridge, IL	1:49:47	8:50
	345	12	W50 Elaine Van Dyck, 53*, Des Moines, IA	1:49:47	8:50
1134	172	M25	Kelly Crow, 29, Altoona, IA	1:49:48	8:50
1135	157	M30	Roshan Pradhan, 34, West Des Moines, IA	1:49:49	8:50
1136	148	M40	Bill Burma, 43, Ankeny, IA	1:49:50	8:50
1137	149	M40	Del Metz, 42, Newton, IA	1:49:53	8:50
1138	120	M45	Terry Franz, 45, West Des Moines, IA	1:49:53	8:50
1139	206	M35	Pareti, 38, Ankeny, IA	1:49:54	8:51
	346	49	W30 Amber Baybayan, 31*, Iowa City, IA	1:49:54	8:51
	347	77	W25 Lindsay Wedemeier, 25*, West Des Moines, IA	1:49:54	8:51
				1:49:54	8:51
1140	150	M40	Patrick Rounds, 43, Clive, IA	1:49:55	8:51
	348	78	W25 Carissa Gee, 25*, Cedar Rapids, IA	1:49:55	8:51
1141	173	M25	Brent Rauch, 25, West Des Moines, IA	1:49:56	8:51
1142	121	M45	Phuoc Le, 45, West Des Moines, IA	1:49:58	8:51
	349	50	W30 Nariza Nunez, 31*, Pella, IA	1:49:58	8:51
1143	151	M40	Greg Hanna, 40, Clive, IA	1:49:58	8:51
1144	122	M45	Rick Krause, 47, West Des Moines, IA	1:49:59	8:51
1145	207	M35	Darren Herrold, 35, Cambridge, IA	1:50:00	8:51
1146	123	M45	Jon Jochims, 49, Marshalltown, IA	1:50:00	8:51
	350	56	W20 Katie Shindelar, 21*, Ames, IA	1:50:02	8:51
1147	208	M35	Steve Mason, 38, Bloomington, IL	1:50:03	8:51
1148	84	M50	Kenneth Goddard, 51, Bondurant, IA	1:50:04	8:51
1149	209	M35	Jason Soliday, 39, West Des Moines, IA	1:50:04	8:51
1150	210	M35	Rob Shaw, 38, Des Moines, IA	1:50:05	8:51
1151	124	M45	Mike Christensen, 49, Washington, IA	1:50:06	8:52
1152	125	M45	Matthew Parman, 46, Colfax, IA	1:50:07	8:52
1153	126	M45	Clarence Lendt, 46, Des Moines, IA	1:50:07	8:52
	351	79	W25 Amy Powers, 29*, Polk City, IA	1:50:08	8:52
1154	127	M45	Will Hildreth, 46, Des Moines, IA	1:50:08	8:52
1155	211	M35	Mark Moss, 37, Newton, IA	1:50:09	8:52
1156	128	M45	Todd Carter, 47, San Antonio, TX	1:50:10	8:52
1157	212	M35	David Basile, 35, West Des Moines, IA	1:50:10	8:52
1158	152	M40	Scott Bock, 44, Ankeny, IA	1:50:11	8:52



1159	174	M25	Tyler Molstre, 28, Waukee, IA	1:50:11	8:52
1160	175	M25	Gabe Molstre, 26, Pleasant Hill, IA	1:50:12	8:52
352	1	W60	Sandy Rupnow, 63*, Ames, IA	1:50:12	8:52
1161	153	M40	Lance Keith, 41, Solon, IA	1:50:12	8:52
353	80	W25	Shannon Clark, 29*, Pleasantville, IA	1:50:14	8:52
354	45	W40	Debi Loffredo, 40*, West Des Moines, IA	1:50:15	8:52
355	81	W25	Teri Root, 27*, Ankeny, IA	1:50:18	8:52
356	57	W20	Jamie Siers, 21*, Iowa City, IA	1:50:19	8:53
1162	85	M50	Greg Youmans, 54, Johnston, IA	1:50:19	8:53
357	82	W25	Jennifer Rife, 26*, Cedar Rapids, IA	1:50:22	8:53
358	51	W30	Kecia Goodman, 30*, Ames, IA	1:50:22	8:53
1163	154	M40	Michael Plumer, 42, Des Moines, IA	1:50:22	8:53
359	83	W25	Cathy Chastain, 28*, Urbandale, IA	1:50:22	8:53
1164	176	M25	Ryan Janke, 26, West Des Moines, IA	1:50:22	8:53
1165	129	M45	Jeff Smith, 46, Indianola, IA	1:50:23	8:53
360	67	W35	Erin Biedenbach, 36*, Ames, IA	1:50:24	8:53
1166	158	M30	Ryan Werling, 33, Hudson, IA	1:50:24	8:53
1167	155	M40	Vincent Vanderneck, 42, West Des Moines, IA	1:50:24	8:53
				1:50:24	8:53
361	84	W25	Sara Lemker, 28*, Pleasant Hill, IA	1:50:24	8:53
1168	177	M25	Trent Lienau, 28, Urbandale, IA	1:50:25	8:53
1169	213	M35	Jim Persell, 37, Lee Summit, MO	1:50:25	8:53
362	46	W40	Linda Nowasell, 44*, Grinnell, IA	1:50:25	8:53
1170	97	M20	Tim Parrie, 24, Marshalltown, IA	1:50:26	8:53
363	85	W25	Jamie Carlton, 27*, Des Moines, IA	1:50:26	8:53
1171	178	M25	Nate Ogbourne, 28, Carilisle, IA	1:50:27	8:53
364	28	W45	Phyllis Eshelman, 45*, Bridgewater, IA	1:50:27	8:53
1172	159	M30	Cory Shelton, 33, West Des Moines, IA	1:50:27	8:53
1173	160	M30	Chris Eichhorn, 32, Council Bluffs, IA	1:50:27	8:53
365	58	W20	Lisa Foster, 21*, Iowa City, IA	1:50:28	8:53
1174	214	M35	Michael Newhall, 38, Norwalk, IA	1:50:28	8:53
1175	179	M25	Jacob Dekkenga, 28, Ames, IA	1:50:30	8:53
1176	130	M45	Jerry Lawrence, 47, Des Moines, IA	1:50:31	8:54
366	29	W45	Barb Rasmusson, 49*, Nevada, IA	1:50:31	8:54
1177	45	JrM	Taylor Dakin, 15, Perry, IA	1:50:33	8:54
367	47	W40	Teresa Larson, 42*, Badger, IA	1:50:33	8:54
1178	98	M20	Wolverine Nichols, 20, Lewis, IA	1:50:34	8:54
1179	156	M40	Gary Thompson, 43, Urbandale, IA	1:50:34	8:54
1180	161	M30	Luke Morlan, 32, Des Moines, IA	1:50:35	8:54
368	59	W20	Annette Poduska, 22*, Lisbon, IA	1:50:35	8:54
369	13	W17	Elena Leon, 19*, West Des Moines, IA	1:50:36	8:54
370	86	W25	Kristy O'Rourke, 26*, Omaha, NE	1:50:36	8:54
371	87	W25	Julie Larson, 25*, Omaha, NE	1:50:37	8:54
372	13	W50	Laura Damstetter, 52*, Ankeny, IA	1:50:38	8:54
1181	162	M30	Victor Young, 31, Des Moines, IA	1:50:38	8:54
1182	157	M40	Tim Bianco, 40, West Des Moines, IA	1:50:39	8:54
1183	163	M30	Stephen Mosqueda, 31, Urbandale, IA	1:50:40	8:54
1184	49	M55	Moe Russell, 58, Panora, IA	1:50:40	8:54
1185	131	M45	Kerry Anderson, 46, Clive, IA	1:50:41	8:54
1186	164	M30	Steve Postel, 33, Urbandale, IA	1:50:41	8:54
373	60	W20	Brittany Williamson, 20*, Des Moines, IA	1:50:41	8:54
1187	165	M30	Taylor Anderson, 30, Ankeny, IA	1:50:41	8:54
1188	180	M25	James Bucher, 29, West Des Moines, IA	1:50:41	8:54
1189	99	M20	Matt Davidson, 22, Norwalk, IA	1:50:42	8:54
1190	215	M35	Rick Schmidt, 39, Urbandale, IA	1:50:42	8:54
1191	216	M35	Keith Scholten, 39, Urbandale, IA	1:50:43	8:54
374	68	W35	Jenny Wood, 37*, Des Moines, IA	1:50:43	8:54
1192	132	M45	Galyn Wiemers, 47, West Des Moines, IA	1:50:43	8:54
1193	166	M30	Matthew Trosper, 30, Ankeny, IA	1:50:44	8:55
375	6	JrW	Hana Bowers, 16*, West Des Moines, IA	1:50:44	8:55
1194	217	M35	Greg Nath, 38, Perry, IA	1:50:44	8:55
1195	133	M45	Charles Anderson, 46, Urbandale, IA	1:50:45	8:55
376	52	W30	Shannon Eldridge, 30*, Rhodes, IA	1:50:45	8:55
377	69	W35	Tricia Hingst, 37*, West Des Moines, IA	1:50:46	8:55
378	70	W35	Dawn Wynn, 38*, Urbandale, IA	1:50:46	8:55

1196	218	M35	Chad Sharp, 36, North Liberty, IA	1:50:46	8:55
379	53	W30	Stephanie Clemens, 32*, Des Moines, IA	1:50:46	8:55
1197	219	M35	Eric Sorge Sorge, 39, Northliberty, IA	1:50:47	8:55
380	48	W40	Karol Krumm, 42*, Boone, IA	1:50:48	8:55
1198	50	M55	Galen Wilke, 56, Ames, IA	1:50:48	8:55
1199	220	M35	Will Gross, 39, Ames, IA	1:50:49	8:55
381	14	W50	Denise Neumann, 51*, Ankeny, IA	1:50:50	8:55
1200	134	M45	Jim Polich, 47, Madrid, IA	1:50:50	8:55
1201	135	M45	James Fuller, 48, Marshalltown, IA	1:50:50	8:55
1202	158	M40	Michael Pugh, 41, Iowa City, IA	1:50:52	8:55
1203	181	M25	Doug Enabnit, 28, Waukee, IA	1:50:53	8:55
1204	46	JrM	Ezekiel Gunnink, 14, Clive, IA	1:50:53	8:55
1205	182	M25	Justin Kirk, 29, Des Moines, IA	1:50:54	8:55
382	49	W40	Carrie Crawford, 42*, Des Moines, IA	1:50:56	8:56
1206	51	M55	Al Hildestad, 57, Des Moines, IA	1:50:56	8:56
1207	159	M40	Jim Jensen, 40, West Des Moines, IA	1:50:58	8:56
383	30	W45	Toni Wiemers, 47*, West Des Moines, IA	1:50:58	8:56
384	50	W40	Janet Gooch, 41*, Kirksville, MO	1:51:00	8:56
1208	221	M35	Jeff Sharpe, 38, West Des Moines, IA	1:51:00	8:56
385	71	W35	Danielle Sharpe, 38*, West Des Moines, IA	1:51:00	8:56
1209	167	M30	Paul Schlueter, 34, Ankeny, IA	1:51:00	8:56
1210	100	M20	Tyler Fick, 21, Mt. Vernon, IA	1:51:01	8:56
1211	183	M25	Ray Sorensen, 27, Ames, IA	1:51:03	8:56
1212	136	M45	Mark Zdzieblowski, 46, Menasha, WI	1:51:04	8:56
1213	184	M25	Bob Veierstahler, 25, Des Moines, IA	1:51:05	8:56
386	31	W45	Gail Bormann, 49*, Waukee, IA	1:51:05	8:56
1214	222	M35	Dennis Haney, 38, Des Moines, IA	1:51:06	8:56
1215	137	M45	Don Owens, 48, Des Moines, IA	1:51:06	8:56
1216	86	M50	Joseph Henry, 50, Des Moines, IA	1:51:07	8:56
387	72	W35	Theresa McClure, 39*, Johnston, IA	1:51:08	8:56
1217	138	M45	Mike Conlon, 45, Urbandale, IA	1:51:08	8:56
1218	160	M40	Allan Schreck, 42, Indianola, IA	1:51:08	8:56
1219	161	M40	Scott Curtis, 40, Algona, IA	1:51:08	8:57
1220	101	M20	Erik Gustafson, 20, Norwalk, IA	1:51:09	8:57
388	73	W35	Shanda Abbott, 37*, Van Meter, IA	1:51:10	8:57
389	54	W30	Shelly Catlett, 32*, Johnston, IA	1:51:10	8:57
390	61	W20	Gina Baier, 23*, West Des Moines, IA	1:51:11	8:57
391	51	W40	Holli Hillmer, 42*, Eldora, IA	1:51:11	8:57
1221	223	M35	Jon Pederson, 38, Fort Dodge, IA	1:51:11	8:57
392	62	W20	Hilary Schnirring, 23*, Grinnell, IA	1:51:12	8:57
1222	139	M45	Thomas Venner, 49, Boone, IA	1:51:13	8:57
1223	162	M40	Monte Priske, 42, Eldora, IA	1:51:14	8:57
1224	140	M45	Steven Wandro, 49, Des Moines, IA	1:51:16	8:57
393	15	W50	Nancy Harvey, 53*, Ankeny, IA	1:51:17	8:57
1225	141	M45	Anthony McBride, 45, Clive, IA	1:51:17	8:57
394	52	W40	Paula Allison, 41*, Boone, IA	1:51:18	8:57
395	74	W35	Kimberly Stewart, 39*, Des Moines, IA	1:51:19	8:57
1226	163	M40	Kurtis Meyer, 41, Cedar Rapids, IA	1:51:19	8:57
396	63	W20	Lyndsey Cozad, 22*, Des Moines, IA	1:51:19	8:57
397	88	W25	Ashley Mahannah, 25*, Ankeny, IA	1:51:20	8:57
1227	224	M35	Sean Lyons, 38, Bettendorf, IA	1:51:20	8:57
1228	225	M35	Brad Lenz, 39, Ames, IA	1:51:20	8:57
1229	164	M40	David Lemons, 42, Des Moines, IA	1:51:21	8:58
1230	185	M25	Eric Nielsen, 26, Ames, IA	1:51:22	8:58
1231	102	M20	Mike McCullough, 21, Des Moines, IA	1:51:22	8:58
1232	168	M30	Todd Razor, 31, Des Moines, IA	1:51:24	8:58
1233	186	M25	Josh Bradley, 29, Waukee, IA	1:51:24	8:58
1234	142	M45	Jeffrey Anderson, 46, Boone, IA	1:51:25	8:58
1235	226	M35	Tom Schrage, 39, Waterloo, IA	1:51:25	8:58
398	89	W25	Dani Hokinson, 25*, Ankeny, IA	1:51:25	8:58
1236	227	M35	Charles Bickel, 35, Des Moines, IA	1:51:26	8:58
399	64	W20	Darci Pratt, 24*, West Des Moines, IA	1:51:27	8:58
1237	143	M45	James Beatty, 45, Alta, IA	1:51:28	8:58
1238	165	M40	Danny Pauley, 44, Coon Rapids, IA	1:51:30	8:58
1239	47	JrM	Nathan Poage, 15, Johnston, IA	1:51:31	8:58

400	55	W30	Kelsi Huseman, 31*, Clarinda, IA	1:51:31	8:58
401	90	W25	Amber Blanchard, 25*, Des Moines, IA	1:51:32	8:58
1240	87	M50	Paul Johnson, 54, Des Moines, IA	1:51:32	8:58
1241	169	M30	Jason Lamping, 30, Johnston, IA	1:51:32	8:58
402	65	W20	Jennifer Lashier, 23*, West Des Moines, IA	1:51:33	8:58
1242	170	M30	Philip Behrends, 34, Des Moines, IA	1:51:33	8:59
403	91	W25	Michelle Behrens, 25*, Carroll, IA	1:51:34	8:59
404	75	W35	Julie Thomas, 36*, Pella, IA	1:51:37	8:59
405	16	W50	Connie Dellaca-Hill, 50*, Altoona, IA	1:51:37	8:59
406	56	W30	Renee Fickbohm, 33*, Johnston, IA	1:51:38	8:59
1243	166	M40	John Kenworthy, 41, Des Moines, IA	1:51:39	8:59
407	53	W40	Jill Wanninger, 42*, Jefferson, IA	1:51:39	8:59
1244	228	M35	Ben Loveridge, 37, New Sharon, IA	1:51:39	8:59
408	57	W30	Tiffany Koenig, 34*, West Des Moines, IA	1:51:40	8:59
409	54	W40	Denna Mitchell, 42*, Greenfield, IA	1:51:40	8:59
410	58	W30	Heather Maiers, 32*, Dubuque, IA	1:51:41	8:59
1245	229	M35	Rodney Shifflett, 38, Cedar Rapids, IA	1:51:41	8:59
411	55	W40	Molly Knock, 43*, Atkins, IA	1:51:42	8:59
412	32	W45	Nancy Whitcanack, 45*, Coal Valley, IL	1:51:43	8:59
1246	171	M30	Pat Vilmont, 33, Des Moines, IA	1:51:43	8:59
413	59	W30	Danika Vilmont, 34*, Des Moines, IA	1:51:44	8:59
1247	230	M35	Eric Buchanan, 36, Iowa City, IA	1:51:44	8:59
1248	167	M40	Steve Campidilli, 42, Johnston, IA	1:51:45	8:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

414	92	W25	Jacqueline Selix, 29*, West Des Moines, IA	1:51:45	9:00
415	66	W20	Leah Stetzel, 20*, Casey, IA	1:51:46	9:00
1249	187	M25	Thomas Duffy, 28, West Des Moines, IA	1:51:46	9:00
1250	172	M30	Randy Hommer, 33, Indianola, IA	1:51:47	9:00
1251	48	JrM	Dan Andersen, 14, Ankeny, IA	1:51:48	9:00
1252	168	M40	Bill Olson, 42, Urbandale, IA	1:51:50	9:00
1253	49	JrM	Tristan Coaldrake, 10, Johnston, IA	1:51:53	9:00
1254	188	M25	Robert Gainer, 28, Des Moines, IA	1:51:55	9:00
1255	189	M25	Brian Powers, 27, Eagan, MN	1:51:58	9:00
1256	52	M55	Donald Schoen, 55, West Des Moines, IA	1:51:59	9:01
416	56	W40	Penny Luthens, 41*, Urbandale, IA	1:51:59	9:01
1257	231	M35	Darin Mitchell, 37, Des Moines, IA	1:51:59	9:01
417	60	W30	Christine Bruin, 30*, Anoka, MN	1:51:59	9:01
1258	53	M55	Thomas Phillips, 56, West Des Moines, IA	1:52:00	9:01
418	67	W20	Lenamarie Heath, 23*, Grand Island, NE	1:52:01	9:01
1259	144	M45	Mike Heinrichs, 46, Webster City, IA	1:52:01	9:01
419	93	W25	Michelle Sage, 25*, Ankeny, IA	1:52:01	9:01
420	7	JrW	Lauren Mapes, 15*, Earlham, IA	1:52:01	9:01
421	8	JrW	Kaly Adkins, 15*, Earlham, IA	1:52:02	9:01
1260	103	M20	Cory Johnson, 21, Omaha, NE	1:52:02	9:01
1261	190	M25	Christopher Messer, 28, St. Paul, MN	1:52:03	9:01
1262	145	M45	James Sanders, 47, Johnston, IA	1:52:03	9:01
422	61	W30	Leah Heidemann, 31*, West Des Moines, IA	1:52:03	9:01
423	57	W40	Kathy Leggett, 41*, Johnston, IA	1:52:03	9:01
1263	146	M45	Doug Keast, 49, Altoona, IA	1:52:03	9:01
1264	147	M45	Mark Koskamp, 48, Des Moines, IA	1:52:03	9:01
1265	88	M50	Mark Ohnemus, 54, Carlisle, IA	1:52:04	9:01
424	9	JrW	Mallory Klocke, 16*, Dedham, IA	1:52:05	9:01
425	94	W25	Kelli Mente, 27*, West Des Moines, IA	1:52:05	9:01
1266	191	M25	Anthony Bigger, 28, West Des Moines, IA	1:52:06	9:01
426	14	W17	Mila O'Rourke, 19*, Fort Dodge, IA	1:52:07	9:01
1267	173	M30	Adam Doll, 30, Jefferson, IA	1:52:09	9:01
427	95	W25	Angie Jones, 27*, Indianola, IA	1:52:12	9:02
428	33	W45	Margie Jass, 45*, Ankeny, IA	1:52:13	9:02
1268	232	M35	Blair Johnston, 39, Waukee, IA	1:52:14	9:02
429	15	W17	Katie Burgett, 19*, Urbandale, IA	1:52:14	9:02
1269	50	JrM	Will Ostransky, 15, Perry, IA	1:52:15	9:02

1270	51	JrM Rick Eekoff, 16, Maxwell, IA	1:52:15	9:02
430	76	W35 Nancy Perdomo, 37*, Ames, IA	1:52:17	9:02
1271	174	M30 Cris Swaim, 34, West Des Moines, IA	1:52:20	9:02
431	58	W40 Joleen McGee, 43*, Waukee, IA	1:52:20	9:02
1272	148	M45 William Workman, Jr., 45, Johnston, IA	1:52:20	9:02
1273	149	M45 Steve Shifflett, 49, Ames, IA	1:52:22	9:02
432	96	W25 Ana Santarriaga, 29*, West Des Moines, IA	1:52:22	9:02
433	59	W40 Lori McQuiston, 44*, Maxwell, IA	1:52:25	9:03
434	77	W35 Julie Peterson, 36*, Kelly, IA	1:52:25	9:03
1274	169	M40 Mark Logsdon, 42, Urbandale, IA	1:52:25	9:03
435	62	W30 Emily Hampton, 34*, Ames, IA	1:52:27	9:03
1275	104	M20 Brent Town, 24, Orange City, IA	1:52:27	9:03
436	78	W35 Kelly Kegans, 37*, Des Moines, IA	1:52:28	9:03
437	97	W25 Kim Wilken, 29*, Omaha, NE	1:52:31	9:03
1276	192	M25 Cory Hughes, 25, Orange City, IA	1:52:32	9:03
438	98	W25 Molly Fritz, 27*, Ames, IA	1:52:32	9:03
1277	170	M40 Frank Nanne, 41, Clive, IA	1:52:33	9:03
439	99	W25 Sally Bennett, 28*, Davenport, IA	1:52:34	9:03
1278	193	M25 Ben Wacker, 25, Des Moines, IA	1:52:34	9:03
1279	194	M25 Lucas Bennett, 27, Davenport, IA	1:52:35	9:03
440	63	W30 Shelley Sessler, 32*, Urbandale, IA	1:52:35	9:03
1280	233	M35 Joel Feilmeier, 38, West Des Moines, IA	1:52:36	9:04
1281	171	M40 David Kroner, 42, Johnston, IA	1:52:37	9:04
441	64	W30 Kelley Harrison, 31*, Urbandale, IA	1:52:39	9:04
442	65	W30 Lisa Klinkefus, 34*, Ankeny, IA	1:52:44	9:04
443	60	W40 Julie Hale, 44*, Des Moines, IA	1:52:44	9:04
444	100	W25 Kathy Davis, 29*, Collins, IA	1:52:45	9:04
1282	150	M45 Lonnie Ostransky, 47, Perry, IA	1:52:45	9:04
445	101	W25 Bethany Madsen, 25*, Waukee, IA	1:52:45	9:04
446	102	W25 Meredith Reeves, 25*, West Des Moines, IA	1:52:45	9:04
1283	105	M20 Raymond Michels, 21, Iowa City, IA	1:52:45	9:04
1284	52	JrM Benjamin Reichenbacker, 15, Ankeny, IA	1:52:46	9:04
447	66	W30 Maria Troster, 30*, Ankeny, IA	1:52:46	9:04
1285	195	M25 Justin Peters, 25, Manson, IA	1:52:47	9:04
448	17	W50 Heyoung McBride, 50*, West Des Moines, IA	1:52:47	9:04
1286	234	M35 Steve Sartori, 37, Pella, IA	1:52:51	9:05
1287	196	M25 Nick Pitcher, 28, Des Moines, IA	1:52:52	9:05
1288	197	M25 Kirt Seiser, 26, St Paul, MN	1:52:53	9:05
449	16	W17 Lindsey Niffenegger, 18*, Urbandale, IA	1:52:53	9:05
1289	175	M30 Anthony Udrovich, 31, Des Moines, IA	1:52:55	9:05
450	79	W35 Melany Shaw, 38*, Altoona, IA	1:52:56	9:05
1290	151	M45 Tom Hoehamer, 49, Des Moines, IA	1:52:56	9:05
1291	54	M55 David Hope, 57, Davenport, IA	1:52:56	9:05
451	103	W25 Heather Schulz, 26*, Ankeny, IA	1:52:58	9:05
1292	198	M25 Nathan Hageberg, 27, Polk City, IA	1:52:59	9:05
1293	89	M50 John Hemminger, 53, Des Moines, IA	1:52:59	9:05
1294	50	M17 Ben Teusch, 17, Jefferson, IA	1:53:00	9:06
452	80	W35 Heather Anderson, 38*, Des Moines, IA	1:53:00	9:06
453	34	W45 Sara Albrecht, 45*, Carroll, IA	1:53:01	9:06
454	17	W17 Alexa Milkey, 18*, West Des Moines, IA	1:53:01	9:06
1295	172	M40 Jim Teusch, 40, Jefferson, IA	1:53:02	9:06
455	81	W35 Jana Arabas, 37*, Kirksville, MO	1:53:02	9:06
1296	199	M25 Corey Rekers, 29, Cedar Falls, IA	1:53:02	9:06
1297	235	M35 Brian Wubben, 36, Clive, IA	1:53:03	9:06
1298	152	M45 Dale Stephens, 45, Johnston, IA	1:53:04	9:06
1299	55	M55 Robert McDonald, 56, Coal Valley, IL	1:53:05	9:06
456	104	W25 Erin Gumm, 28*, Ankeny, IA	1:53:05	9:06
1300	236	M35 Mike Penningroth, 35, Urbandale, IA	1:53:06	9:06
457	105	W25 Celeste Adams, 26*, Johnston, IA	1:53:06	9:06
458	106	W25 Shauni Frost, 28*, Johnston, IA	1:53:08	9:06
1301	173	M40 Tom Penningroth, 40, Urbandale, IA	1:53:09	9:06
459	107	W25 Sarah Britton, 27*, Huxley, IA	1:53:09	9:06
1302	200	M25 A J. Montefusco, 27, Polk City, IA	1:53:11	9:06
460	108	W25 Ann Calleja, 25*, Tampa, FL	1:53:12	9:06
1303	201	M25 Tory Mears, 28, Waukee, IA	1:53:12	9:06

1304	174	M40	Gerald Smith, 41, Belmond, IA	1:53:13	9:07
1305	175	M40	Jeffrey Moe, 42, West Des Moines, IA	1:53:13	9:07
1306	53	JrM	Josh Flowers, 16, Exira, IA	1:53:14	9:07
1307	176	M30	Scott Ahrenholz, 30, Johnston, IA	1:53:15	9:07
1308	54	JrM	Cameron Gifford, 12, Ankeny, IA	1:53:15	9:07
	461	68	W20 Nicole Pritchard, 24*, Iowa City, IA	1:53:16	9:07
	462	82	W35 Andrea Hoekstra, 35*, Des Moines, IA	1:53:17	9:07
1309	176	M40	Mario Mautino, 40, Ankeny, IA	1:53:17	9:07
1310	106	M20	Jason Less, 24, Minnetonka, MN	1:53:19	9:07
1311	177	M40	James Bice, 43, Norwalk, IA	1:53:20	9:07
1312	153	M45	Dan March, 48, Atlantic, IA	1:53:21	9:07
	463	109	W25 Casey Fett, 27*, Ankeny, IA	1:53:21	9:07
1313	177	M30	Chad Rhoads, 32, Des Moines, IA	1:53:22	9:07
	464	61	W40 Lauren Bramble, 43*, Waukee, IA	1:53:22	9:07
1314	56	M55	Del Lark, 58, Des Moines, IA	1:53:23	9:07
1315	14	M60	Rusty Fithen, 60, Clarinda, IA	1:53:24	9:07
	465	69	W20 Nicole Wandrey, 23*, Ankeny, IA	1:53:24	9:07
	466	35	W45 Laura Reed, 46*, Solon, IA	1:53:29	9:08
	467	70	W20 Kasey Wells, 22*, Indianola, IA	1:53:30	9:08
1316	237	M35	Brian Whalen, 39, Urbandale, IA	1:53:30	9:08
1317	107	M20	David Edgeton, 21, Altoona, IA	1:53:32	9:08
1318	57	M55	Mike Jackson, 56, Cedar Falls, IA	1:53:32	9:08
	468	36	W45 Laurie Wahlig, 46*, West Des Moines, IA	1:53:32	9:08
1319	202	M25	Joey Jones, 25, Ankeny, IA	1:53:34	9:08
1320	51	M17	Dan Konen, 18, Maxwell, IA	1:53:34	9:08
	469	71	W20 Lani Hefel, 22*, Sherrill, IA	1:53:35	9:08
1321	55	JrM	Jesse Partlow, 13, Manson, IA	1:53:35	9:08
	470	37	W45 Vicki Malmanger, 45*, Bondurant, IA	1:53:36	9:08
	471	18	W17 Mickie Damstetter, 19*, Ankeny, IA	1:53:36	9:08
1322	178	M30	Ryan Post, 34, Urbandale, IA	1:53:36	9:08
	472	83	W35 Heather Brunk, 35*, Johnston, IA	1:53:36	9:08
	473	67	W30 Laura Post, 31*, Urbandale, IA	1:53:37	9:08
	474	18	W50 Debbie Jessen, 50*, Bettendorf, IA	1:53:37	9:08
1323	203	M25	Roy Gullickson, 25, North Liberty, IA	1:53:38	9:09
	475	110	W25 Liz Timmerman, 27*, Nodaway, IA	1:53:38	9:09
1324	154	M45	Rick Swan, 45, Cedar Rapids, IA	1:53:39	9:09
	476	84	W35 Michelle Andrews, 35*, Coralville, IA	1:53:39	9:09
1325	238	M35	Troy Wright, 37, Windsor Heights, IA	1:53:41	9:09
	477	19	W17 Micah Archibald, 19*, Omaha, NE	1:53:41	9:09
	478	72	W20 Vanessa Veiock, 20*, West Des Moines, IA	1:53:42	9:09
	479	73	W20 Lindsey Beckwith, 21*, Ames, IA	1:53:42	9:09
	480	74	W20 Rebecca Luchtel, 21*, Ames, IA	1:53:43	9:09
1326	15	M60	Michael Thompson, 62, Urbandale, IA	1:53:44	9:09
1327	179	M30	Brad Seaton, 31, Iowa City, IA	1:53:45	9:09
	481	85	W35 Dannielle Hadaway, 38*, Ankeny, IA	1:53:45	9:09
1328	178	M40	Erik Luthens, 42, Urbandale, IA	1:53:45	9:09
1329	155	M45	Jeff Brenner, 49, Ames, IA	1:53:46	9:09
	482	62	W40 Stephanie Aveni, 40*, West Des Moines, IA	1:53:46	9:09
1330	156	M45	James Sayles, 48, West Des Moines, IA	1:53:46	9:09
1331	108	M20	Adam Woodle, 24, Ames, IA	1:53:47	9:09
1332	157	M45	Dave Jessen, 49, Bettendorf, IA	1:53:48	9:09
1333	158	M45	Dennis O'Donnell, 46, Marengo, IA	1:53:49	9:09
	483	111	W25 Rebecca Fort, 29*, Marion, IA	1:53:49	9:09
1334	180	M30	Reid Hester, 32, Polk City, IA	1:53:50	9:10
1335	58	M55	Neil Swanson, 56, Palo, IA	1:53:51	9:10
1336	179	M40	Sean Taylor, 40, Ames, IA	1:53:52	9:10
1337	52	M17	Jacob Moss, 18, Bondurant, IA	1:53:53	9:10
1338	159	M45	Donald Little, 48, Des Moines, IA	1:53:55	9:10
	484	112	W25 Trisha Joseph, 27*, West Des Moines, IA	1:53:55	9:10
1339	109	M20	Dan Reis, 23, Greenfield, IA	1:53:55	9:10
	485	38	W45 Rebecca Campbell, 45*, Grimes, IA	1:53:55	9:10
1340	239	M35	Dan Laird, 39, Clive, IA	1:53:55	9:10
	486	86	W35 Susan Staudt, 38*, Cedar Falls, IA	1:53:56	9:10
	487	68	W30 Wendy Jenkins, 33*, Newton, IA	1:53:56	9:10
1341	160	M45	Jeff Hostetter, 48, West Des Moines, IA	1:53:57	9:10

488	10	JrW Molly Miller, 16*, Solon, IA	1:53:57	9:10
1342	240	M35 Michael Thilges, 37, West Des Moines, IA	1:53:57	9:10
489	87	W35 Dianna Elder, 37*, Pella, IA	1:53:58	9:10
490	63	W40 Jill Biel, 40*, Woodridge, IL	1:53:59	9:10
491	113	W25 Jenna Hogan, 26*, Des Moines, IA	1:53:59	9:10
492	69	W30 Tamara Lipinski, 34*, Traer, IA	1:53:59	9:10
493	114	W25 Vanessa Scott, 29*, Des Moines, IA	1:53:59	9:10
494	115	W25 Jenna Powers, 25*, Eagan, MN	1:54:00	9:10
1343	180	M40 Scott Long, 44, Des Moines, IA	1:54:01	9:10
1344	181	M40 Mark Cutler, 40, Cedar Rapids, IA	1:54:02	9:11
1345	241	M35 Terry Hinman, 39, Iowa City, IA	1:54:03	9:11
1346	242	M35 Darren Bullard, 37, Windsor Heights, IA	1:54:03	9:11
495	75	W20 Christina Davis, 21*, Des Moines, IA	1:54:04	9:11
1347	90	M50 Guy Wernet, 51, Frankfort, IL	1:54:04	9:11
1348	243	M35 Andrew Lindstrom, 37, Clive, IA	1:54:04	9:11
1349	91	M50 Todd Gaffney, 53, West Des Moines, IA	1:54:04	9:11
1350	244	M35 Bill Barrett, 38, Polk City, IA	1:54:05	9:11
1351	161	M45 Hal Nation, 49, Fort Dodge, IA	1:54:05	9:11
496	116	W25 Allysa Spring, 26*, Des Moines, IA	1:54:05	9:11
497	88	W35 Julie Birkey, 38*, N. Easton, MA	1:54:06	9:11
1352	182	M40 Brian Haberman, 41, Ankeny, IA	1:54:06	9:11
498	70	W30 Joan Kallen, 30*, Johnston, IA	1:54:07	9:11
1353	245	M35 Aaron Kennedy, 38, Des Moines, IA	1:54:07	9:11
499	117	W25 Brooke Foster, 26*, Wdm, IA	1:54:07	9:11
1354	110	M20 Steven Kemp, 22, Nevada, IA	1:54:07	9:11
500	89	W35 Peggy Hentges, 36*, Urbandale, IA	1:54:08	9:11
1355	181	M30 Ryan Smidt, 32, West Des Moines, IA	1:54:08	9:11
501	64	W40 Kristy Sandon, 43*, Clive, IA	1:54:08	9:11
1356	204	M25 John Walker, 29, West Des Moines, IA	1:54:08	9:11
1357	162	M45 Patrick Jury, 46, West Des Moines, IA	1:54:08	9:11
1358	182	M30 Justin Hupfer, 34, Johnston, IA	1:54:09	9:11
1359	92	M50 Brent Cooper, 52, Urbandale, IA	1:54:09	9:11
1360	205	M25 Marek Sobieszkoda, 26, Des Moines, IA	1:54:09	9:11
1361	183	M30 Daniel Blondowski, 32, Johnston, IA	1:54:10	9:11
502	20	W17 Kelly Vandekreeke, 18*, West Des Moines, IA	1:54:10	9:11
503	118	W25 Angie Oakie, 27*, Ankeny, IA	1:54:11	9:11
1362	184	M30 Jeremy Seufert, 31, Atlantic, IA	1:54:11	9:11
504	76	W20 Andrea Seminara, 23*, Omaha, NE	1:54:13	9:11
1363	185	M30 Steve Olsen, 30, Altoona, IA	1:54:13	9:11
1364	183	M40 Jeff Sullivan, 42, West Des Moines, IA	1:54:13	9:11
505	77	W20 Brooke Randleman, 24*, Carlisle, IA	1:54:13	9:11
506	119	W25 Jodi Peitzman, 27*, West Des Moines, IA	1:54:14	9:11
1365	184	M40 Robert Carr, 43, Ottumwa, IA	1:54:15	9:12
507	39	W45 Linda Koele, 48*, Urbandale, IA	1:54:15	9:12
508	78	W20 Katie Gassmann, 23*, Des Moines, IA	1:54:16	9:12
1366	206	M25 Gary Lafayette, 27, Marshalltown, IA	1:54:19	9:12
1367	186	M30 Trent Groetken, 34, West Des Moines, IA	1:54:20	9:12
509	71	W30 Brandee Jenkins, 31*, Des Moines, IA	1:54:21	9:12
510	72	W30 Caryn Helgeson, 32*, Urbandale, IA	1:54:21	9:12
1368	246	M35 Michael Triplett, 39, Polk City, IA	1:54:22	9:12
511	90	W35 Krista Walker, 36*, Johnston, IA	1:54:22	9:12
512	73	W30 Mandy McGuire, 33*, Ames, IA	1:54:22	9:12
513	91	W35 Kim Schrock, 39*, Cedar Rapids, IA	1:54:23	9:12
1369	111	M20 Kyle Metz, 21, Atlantic, IA	1:54:23	9:12
514	65	W40 Shelley Birmingham, 40*, Johnston, IA	1:54:24	9:12
1370	187	M30 Dan Thunell, 30, Coralville, IA	1:54:24	9:12
1371	53	M17 Jesus San Elias, 17, Des Moines, IA	1:54:24	9:12
1372	207	M25 Chris Robertson, 27, Ankeny, IA	1:54:25	9:12
515	74	W30 Tiffany Wendling, 31*, Jefferson, SD	1:54:25	9:12
516	19	W50 Victoria Greening, 51*, Urbandale, IA	1:54:26	9:12
517	92	W35 Stacy Farr, 36*, West Des Moines, IA	1:54:26	9:12
1373	185	M40 Rich Green, 40, Urbandale, IA	1:54:26	9:12
1374	188	M30 Todd Galetich, 34, Des Moines, IA	1:54:27	9:13
518	75	W30 Greta Southall, 32*, Indianola, IA	1:54:27	9:13

519	93	W35	Gabriela Rossi, 39*, Ankeny, IA	1:54:28	9:13
520	66	W40	Sherri Selenke, 41*, Hudson, IA	1:54:28	9:13
521	67	W40	Kristi Hamaker, 41*, Urbandale, IA	1:54:29	9:13
1375	163	M45	Doug Bass, 46, Grimes, IA	1:54:29	9:13
1376	247	M35	Brent Meisenheimer, 36, Clive, IA	1:54:33	9:13
522	120	W25	Amy Drefke, 26*, Ankeny, IA	1:54:34	9:13
523	76	W30	Kim Lacey, 31*, Ankeny, IA	1:54:35	9:13
1377	248	M35	Bill Morris, 38, Urbandale, IA	1:54:35	9:13
524	21	W17	Severie Orngard, 18*, Pilot Mound, IA	1:54:35	9:13
1378	189	M30	Nathan Brand, 30, West Des Moines, IA	1:54:38	9:13
1379	190	M30	Darren Sickerson, 32, Urbandale, IA	1:54:38	9:13
1380	208	M25	Scott Stevens, 28, Urbandale, IA	1:54:38	9:13
525	79	W20	Katie Buach, 24*, Council Bluffs, IA	1:54:40	9:14
1381	249	M35	Sean Dunphy, 37, Omaha, NE	1:54:40	9:14
1382	209	M25	Robert Krause, 25, Ames, IA	1:54:43	9:14
526	68	W40	Kristene Dunn, 40*, Windsor Heights, IA	1:54:43	9:14
1383	93	M50	Dennis Brock, 54, Ankeny, IA	1:54:44	9:14
527	77	W30	Gretta Albrecht, 32*, Kelley, IA	1:54:44	9:14
528	80	W20	Laura Walker, 24*, Cedar Rapids, IA	1:54:45	9:14
1384	210	M25	Bradley Hanchak, 29, Des Moines, IA	1:54:45	9:14
1385	191	M30	Troy Troncin, 34, Urbandale, IA	1:54:45	9:14
529	94	W35	Kristi Troncin, 35*, Urbandale, IA	1:54:45	9:14
1386	16	M60	Dean Rowe, 63, Princeton, IL	1:54:46	9:14
1387	164	M45	Randy Kramer, 49, Hartley, IA	1:54:47	9:14
530	78	W30	Kelli Brockmann, 31*, Waukee, IA	1:54:50	9:14
1388	186	M40	Cory Harms, 41, Ames, IA	1:54:50	9:14
531	69	W40	Shelli Smoldt, 41*, Reinbeck, IA	1:54:50	9:14
532	95	W35	Kim Woodfine, 37*, Johnston, IA	1:54:50	9:14
533	79	W30	Bridget Hrabe, 33*, St. Paul, MN	1:54:51	9:14
1389	192	M30	Jon Hallengren, 34, West Des Moines, IA	1:54:51	9:14
534	96	W35	Heidi Carsello, 36*, St Paul, MN	1:54:52	9:14
535	81	W20	Marie Boeckman, 24*, Lake View, IA	1:54:52	9:15
1390	17	M60	William McCulaugh, 63, Ankeny, IA	1:54:53	9:15
536	97	W35	Andrea Corcoran, 38*, Des Moines, IA	1:54:54	9:15
537	121	W25	Stacy Darnold, 28*, Williamsburg, IA	1:54:54	9:15
1391	250	M35	Ted Nahas, 35, Des Moines, IA	1:54:55	9:15
538	82	W20	Heidi Moenck, 21*, Webster City, IA	1:54:56	9:15
1392	165	M45	Curtis Hill, 45, Johnston, IA	1:54:57	9:15
539	98	W35	Jane Engelen, 39*, Templeton, IA	1:54:57	9:15
1393	251	M35	Robert Burnett, 36, Norwalk, IA	1:54:58	9:15
1394	211	M25	Jason Groendyke, 27, Sheldon, IA	1:54:58	9:15
1395	252	M35	Paul Carlson, 36, Clive, IA	1:54:59	9:15
540	99	W35	Sara Lehman, 35*, Ames, IA	1:55:00	9:15
1396	166	M45	David Peters, 47, Newton, IA	1:55:00	9:15
541	80	W30	Melanie Steffen, 34*, Johnston, IA	1:55:01	9:15
1397	212	M25	Jeremy Wells, 25, Chicago, IL	1:55:02	9:15
542	122	W25	Amber Groendyke, 25*, Sheldon, IA	1:55:05	9:16
543	40	W45	Gina Iverson, 45*, Altoona, IA	1:55:05	9:16
1398	193	M30	Jerry Meinerts, 34, State Center, IA	1:55:06	9:16
544	81	W30	Sarah Obrien, 32*, Des Moines, IA	1:55:06	9:16
545	123	W25	Madelain Jerousek-Smith, 28*, Iowa City, IA	1:55:07	9:16
546	82	W30	Katie Minor, 30*, Waukee, IA	1:55:07	9:16
1399	213	M25	Michael Hoffstatter, 28, Rock Island, IL	1:55:09	9:16
1400	94	M50	Gary Moenck, 53, Webster City, IA	1:55:10	9:16
1401	253	M35	Brent Helmkamp, 39, Ankeny, IA	1:55:11	9:16
1402	167	M45	Chuck Scott, 49, Ankeny, IA	1:55:12	9:16
547	83	W20	Cassandra Navarro, 24*, Chicago, IL	1:55:12	9:16
1403	214	M25	Jessman Smith, 27, Des Moines, IA	1:55:12	9:16
548	70	W40	Tave Porto, 40*, West Des Moines, IA	1:55:14	9:16
549	84	W20	Erin Grandgenett, 22*, Algona, IA	1:55:14	9:16
1404	112	M20	Stuart Spencer, 22, Washington, IA	1:55:14	9:16
550	83	W30	Erin Douglas-ØLson, 33*, Des Moines, IA	1:55:15	9:16
1405	215	M25	Wyatt Myers, 29, Des Moines, IA	1:55:15	9:16
1406	216	M25	Joe Heger, 28, Altoona, IA	1:55:17	9:17

1407	168	M45	Dan Varnum, 45, Ankeny, IA	1:55:17	9:17
1408	194	M30	John Koch, 31, St. Louis Park, MN	1:55:18	9:17
551	85	W20	Kate Malo, 23*, Ankeny, IA	1:55:19	9:17
1409	195	M30	Matthew Putman, 31, Cedar Rapids, IA	1:55:19	9:17
1410	18	M60	Michael Carr, 63, Cedar Rapids, IA	1:55:20	9:17
552	124	W25	Sara Boland, 25*, Dubuque, IA	1:55:20	9:17
1411	169	M45	Brad Smith, 49, Beaman, IA	1:55:20	9:17
553	86	W20	Jessalyn Estill, 21*, Ames, IA	1:55:21	9:17
1412	217	M25	Kyle Cunningham, 27, West Des Moines, IA	1:55:21	9:17
1413	95	M50	Kevin Shay, 53, Urbandale, IA	1:55:22	9:17
1414	254	M35	Marc Mundt, 35, West Des Moines, IA	1:55:22	9:17
1415	255	M35	Delsin Knowier, 36, West Des Moines, IA	1:55:23	9:17
554	87	W20	Amy Aronowitz, 22*, Ames, IA	1:55:23	9:17
1416	187	M40	William Henrich, 44, Clive, IA	1:55:23	9:17
1417	196	M30	Rusty Ringler, 33, Altoona, IA	1:55:24	9:17
555	22	W17	Alexandra Stork, 18*, Des Moines, IA	1:55:24	9:17
1418	218	M25	Larry Mathiews, 27, Orient, IA	1:55:26	9:17
556	100	W35	Kim Doty, 36*, Pella, IA	1:55:27	9:17
1419	59	M55	Mark McGrath, 58, Des Moines, IA	1:55:28	9:17
1420	113	M20	Alex Hoffman, 22, Ankeny, IA	1:55:29	9:18
1421	60	M55	Rohan Fernando, 55, Ames, IA	1:55:30	9:18
1422	197	M30	Tim Maiers, 32, Dubuque, IA	1:55:30	9:18
1423	188	M40	Scott Bandy, 42, Indianola, IA	1:55:31	9:18
1424	219	M25	Nathan Stanton, 27, Des Moines, IA	1:55:31	9:18
1425	256	M35	Kevin Abbott, 36, Urbandale, IA	1:55:31	9:18
557	20	W50	Ellen Welborn, 52*, Indianola, IA	1:55:32	9:18
1426	220	M25	Nate Vanderhorn, 28, Marion, IA	1:55:32	9:18
558	23	W17	Taylor Grieve, 18*, Urbandale, IA	1:55:33	9:18
559	101	W35	Dana Rupe, 36*, Coralville, IA	1:55:34	9:18
1427	221	M25	Bill Koller, 26, Urbandale, IA	1:55:35	9:18
1428	96	M50	Ken Schaeffer, 54, Garner, IA	1:55:35	9:18
1429	97	M50	James Dornfeld, 53, West Des Moines, IA	1:55:36	9:18
560	84	W30	Jacy Downey, 32*, Indianola, IA	1:55:37	9:18
1430	198	M30	Adam Jerdee, 34, West Des Moines, IA	1:55:37	9:18
1431	222	M25	Max Cardenas, 28, Des Moines, IA	1:55:40	9:18
1432	199	M30	Aaron Mishler, 32, Cedar Rapids, IA	1:55:40	9:18
1433	200	M30	Todd Millang, 32, Urbandale, IA	1:55:42	9:19
1434	257	M35	Brian Jones, 37, Des Moines, IA	1:55:42	9:19
561	88	W20	Tera Petersen, 22*, Slater, IA	1:55:42	9:19
562	85	W30	Lindy Van Dike, 30*, West Des Moines, IA	1:55:43	9:19
563	102	W35	Jennifer Moore, 35*, Cedar Rapids, IA	1:55:44	9:19
1435	258	M35	Scott Hock, 38, Ames, IA	1:55:44	9:19
1436	170	M45	Bill Schmitt, 46, Alleman, IA	1:55:44	9:19
564	24	W17	Sarah Bakey, 19*, West Des Moines, IA	1:55:45	9:19
1437	171	M45	Yogesh Shah, 48, Clive, IA	1:55:45	9:19
565	103	W35	Val Hoefle, 36*, Ankeny, IA	1:55:46	9:19
1438	223	M25	Brian Gumm, 28, Ankeny, IA	1:55:47	9:19
1439	114	M20	Tyler Ketelsen, 24, Lewiston, MN	1:55:47	9:19
1440	224	M25	Adam Gudenkauf, 28, Ankeny, IA	1:55:48	9:19
1441	172	M45	Russ Asman, 46, Earlham, IA	1:55:48	9:19
566	125	W25	Ashley Mullen, 25*, Ankeny, IA	1:55:48	9:19
567	41	W45	Carol Ihnen, 47*, Cumming, IA	1:55:50	9:19
1442	173	M45	Monte Cochran, 46, Urbandale, IA	1:55:50	9:19
568	42	W45	Barb Garrett, 47*, Clarinda, IA	1:55:50	9:19
1443	174	M45	Kelly Simpson, 46, Jefferson, IA	1:55:50	9:19
569	104	W35	Jennifer Galluzzo, 37*, West Des Moines, IA	1:55:52	9:19
570	25	W17	Kristin Simpson, 19*, Jefferson, IA	1:55:53	9:19
1444	225	M25	Alexander Syhlman, 27, Ames, IA	1:55:53	9:19
571	105	W35	Mary Owens, 36*, Pleasant Hill, IA	1:55:54	9:20
1445	201	M30	Jeff Hilleman, 30, Huxley, IA	1:55:54	9:20
1446	226	M25	Travis Duke, 27, Urbandale, IA	1:55:57	9:20
572	126	W25	Kimberly Connolly, 25*, New Brighton, MN	1:55:57	9:20
573	21	W50	Mary Harris, 51*, Marshalltown, IA	1:55:58	9:20
574	106	W35	Krisanne Colby, 38*, Urbandale, IA	1:56:00	9:20



1447	259	M35	Tim Coltvvet, 39, Lenexa, KS	1:56:01	9:20
1448	260	M35	Todd Eschweiler, 36, Ankeny, IA	1:56:01	9:20
1449	189	M40	Ron Moss, 42, Urbandale, IA	1:56:03	9:20
	575	43	W45 Kathleen Magoon, 49*, Bettendorf, IA	1:56:05	9:20
1450	202	M30	Wade Den Hartog, 33, Des Moines, IA	1:56:06	9:20
	576	107	W35 Kimberly Baeth, 36*, Urbandale, IA	1:56:07	9:21
	577	71	W40 Kris Robson, 41*, Urbandale, IA	1:56:07	9:21
	578	89	W20 Ashley Charmichael, 22*, Iowa City, IA	1:56:08	9:21
1451	261	M35	Dave Maxwell, 36, Des Moines, IA	1:56:08	9:21
	579	108	W35 Jody Kimrey, 38*, Johnston, IA	1:56:08	9:21
1452	203	M30	Chris Bart, 34, Clive, IA	1:56:09	9:21
	580	72	W40 Fay Stephens, 43*, Stanton, IA	1:56:09	9:21
1453	190	M40	Stephen McGinnis, 44, Indianola, IA	1:56:10	9:21
1454	204	M30	Anthony Lucia, 31, Des Moines, IA	1:56:12	9:21
	581	90	W20 Amanda Brenden, 24*, Cedar Rapids, IA	1:56:12	9:21
1455	262	M35	Ronnie Wiedman, 36, Grimes, IA	1:56:13	9:21
	582	86	W30 Kelly Maxwell, 30*, Des Moines, IA	1:56:13	9:21
1456	205	M30	Jason Wiedman, 31, Ankeny, IA	1:56:13	9:21
	583	87	W30 Jennifer Creekmur, 34*, Ankeny, IA	1:56:14	9:21
1457	263	M35	Pat Ryan, 36, Urbandale, IA	1:56:14	9:21
1458	264	M35	Mike Swesey, 38, Des Moines, IA	1:56:14	9:21
	584	88	W30 Heather Swarthout, 31*, Chariton, IA	1:56:15	9:21
1459	175	M45	John Lukasko, 47, Solon, IA	1:56:15	9:21
	585	73	W40 Diane Nelson, 41*, Ankeny, IA	1:56:15	9:21
1460	98	M50	Steven Jacobs, 50, Atlantic, IA	1:56:15	9:21
1461	265	M35	Brian Arpy, 36, Altoona, IA	1:56:16	9:21
1462	176	M45	Lane Vellinga, 45, Waukee, IA	1:56:16	9:21
1463	206	M30	Jeremy Klatt, 30, Mason City, IA	1:56:17	9:21
	586	22	W50 Marj Ahrenholtz, 52*, Urbandale, IA	1:56:17	9:21
1464	191	M40	Doug Clough, 42, Ida Grove, IA	1:56:17	9:21
	587	109	W35 Libby Ibelin, 35*, Urbandale, IA	1:56:17	9:21
	588	89	W30 Kim Seyler, 34*, Des Moines, IA	1:56:18	9:21
1465	61	M55	Kim Smith, 56, Ames, IA	1:56:18	9:21
	589	91	W20 Katie Thompson, 22*, Iowa City, IA	1:56:19	9:21
1466	227	M25	Eric Chesnut, 27*, Fishers, IN	1:56:19	9:22
1467	207	M30	Eric Risovi, 34, Clive, IA	1:56:20	9:22
	591	110	W35 Diane Schultes, 36*, Iowa City, IA	1:56:20	9:22
	592	111	W35 Tonya Smith, 39*, West Des Moines, IA	1:56:21	9:22
	593	90	W30 Kindi Backstrom, 30*, Norwalk, IA	1:56:22	9:22
	594	112	W35 Tracy Leshner, 35*, Cambridge, IA	1:56:22	9:22
	595	113	W35 Kristen Franken, 39*, Ames, IA	1:56:24	9:22
1468	208	M30	Zachary Moore, 30, Ankeny, IA	1:56:24	9:22
1469	228	M25	Ian Asplund, 26, Des Moines, IA	1:56:26	9:22
	596	91	W30 Mary Koch, 30*, Cedar Falls, IA	1:56:26	9:22
	597	1	W55 Mary Dau, 55*, Ames, IA	1:56:26	9:22
	598	114	W35 Mindy Wieland, 36*, Iowa City, IA	1:56:26	9:22
1470	192	M40	Tim Mullins, 41, Boone, IA	1:56:27	9:22
	599	92	W20 Anne Stewart, 24*, Omaha, NE	1:56:28	9:22
600	92	W30	Jody Budde, 32*, Iowa City, IA	1:56:29	9:22
601	128	W25	Emily Hill, 29*, Reinbeck, IA	1:56:29	9:22
1471	193	M40	Andrew Kahl, 43, Des Moines, IA	1:56:29	9:22
	602	115	W35 Kimberly Hardeman, 37*, Cedar Rapids, IA	1:56:30	9:22
	603	129	W25 Lori Kasperek, 27*, Iowa City, IA	1:56:31	9:23
1472	99	M50	John Vujnovich, 52, Des Moines, IA	1:56:32	9:23
1473	209	M30	Matt Johnson, 32, West Des Moines, IA	1:56:33	9:23
1474	210	M30	Tony Levad, 30, Mason City, IA	1:56:34	9:23
	604	93	W30 Katie Thilges, 33*, Ankeny, IA	1:56:35	9:23
1475	177	M45	Tom Hauser, 46, Chanhassen, MN	1:56:36	9:23
1476	115	M20	Michael Sinkey, 20, Iowa City, IA	1:56:36	9:23
	605	26	W17 Libby Cambron, 17*, Indianola, IA	1:56:37	9:23
1477	194	M40	Keith Snow, 40, Ankeny, IA	1:56:37	9:23
	606	116	W35 Joni Tonnemacher, 37*, Johnston, IA	1:56:38	9:23
	607	94	W30 Jill Schwarz, 30*, Cumming, IA	1:56:38	9:23
1478	178	M45	Russ Herold, 46, Urbandale, IA	1:56:41	9:23

608	93	W20	Courtney Varley, 20*, Menlo, IA	1:56:41	9:23
609	95	W30	Christi Wellman, 32*, Burlington, IA	1:56:41	9:23
1479	229	M25	Dan Paine, 29, West Des Moines, IA	1:56:42	9:23
1480	100	M50	Jeff Freude, 50, Des Moines, IA	1:56:43	9:23
1481	195	M40	Dean O'Connor, 44, Altoona, IA	1:56:44	9:24
610	23	W50	Susan Duoblys, 52*, Des Moines, IA	1:56:45	9:24
611	130	W25	Brianne Schoonover, 27*, West Des Moines, IA	1:56:46	9:24
1482	266	M35	Aaron Johnson, 36, Indianola, IA	1:56:46	9:24
612	131	W25	Elizabeth Hoffman, 27*, Stewartville, MN	1:56:47	9:24
613	94	W20	Christa Palmer, 21*, Iowa City, IA	1:56:48	9:24
614	95	W20	Jennifer Jacobson, 23*, Ames, IA	1:56:49	9:24
615	117	W35	Julie Dalecky, 37*, Kansas City, MO	1:56:49	9:24
1483	101	M50	Wes Nelson, 51, Marion, IA	1:56:49	9:24
616	96	W20	Emily Fuerstenau, 23*, Davenport, IA	1:56:50	9:24
617	24	W50	Beth Nelson, 50*, Marion, IA	1:56:51	9:24
618	96	W30	Marta Miller, 32*, Ankeny, IA	1:56:51	9:24
1484	230	M25	Ryan Murphy, 26, West Des Moines, IA	1:56:53	9:24
1485	62	M55	Denny Lincicum, 57, Ankeny, IA	1:56:54	9:24
1486	211	M30	Dennis Henderson, 34, Pleasant Hill, IA	1:56:55	9:24
1487	63	M55	David Gaulke, 55, Indianola, IA	1:56:55	9:24
1488	196	M40	Dan Holm, 42, Ankeny, IA	1:56:56	9:24
1489	267	M35	James Holloway, 38, West Des Moines, IA	1:56:58	9:25
619	97	W20	Kacie Gilliland, 23*, Ames, IA	1:56:59	9:25
1490	212	M30	Tim Brickley, 31, Des Moines, IA	1:56:59	9:25
620	132	W25	Paula Kremser, 28*, Pella, IA	1:57:00	9:25
1491	116	M20	Austin Wells, 21, Cedar Falls, IA	1:57:01	9:25
1492	64	M55	Doug Wicks, 57, Story City, IA	1:57:02	9:25
1493	213	M30	Jim Miller, 32, Independence, MO	1:57:03	9:25
1494	231	M25	Sean Winters, 25, West Des Moines, IA	1:57:03	9:25
621	118	W35	Maria Ruhtenberg, 37*, Des Moines, IA	1:57:03	9:25
1495	232	M25	Eric Hyde, 26, Des Moines, IA	1:57:04	9:25
622	119	W35	Debbie Feller, 36*, Des Moines, IA	1:57:05	9:25
623	98	W20	Libby Adkins, 23*, Waukee, IA	1:57:05	9:25
624	120	W35	Michelle Lamers, 37*, Mason City, IA	1:57:07	9:25
625	121	W35	Angela Cruse, 35*, Johnston, IA	1:57:07	9:25
1496	117	M20	Kyle Herman, 24, Omaha, NE	1:57:08	9:25
626	27	W17	Allison Kelly, 18*, Ankeny, IA	1:57:08	9:25
1497	197	M40	Matthew White, 40, Johnston, IA	1:57:08	9:25
627	133	W25	Nicole Birkett, 29*, Clive, IA	1:57:08	9:25
628	122	W35	Susanne Hunkin, 39*, Indianola, IA	1:57:09	9:26
629	123	W35	Deb Gallagher, 35*, Grimes, IA	1:57:10	9:26
1498	233	M25	Justin Chesnut, 29, Fishers, IN	1:57:10	9:26
630	124	W35	Lori Vermie, 36*, Bondurant, IA	1:57:11	9:26
1499	179	M45	Greg Allen, 47, Des Moines, IA	1:57:12	9:26
631	99	W20	Tori Hutchings, 23*, Omaha, NE	1:57:12	9:26
1500	65	M55	Curt Hollebrands, 55, Clive, IA	1:57:13	9:26
632	97	W30	Julie Dalbey, 34*, Urbandale, IA	1:57:14	9:26
1501	268	M35	Jeff Margrett, 36, Ames, IA	1:57:14	9:26
633	100	W20	Kelsey Smith, 22*, Huxley, IA	1:57:15	9:26
1502	269	M35	Matt Meter, 36, Fairfax, IA	1:57:15	9:26
634	101	W20	Emily Burney, 20*, Des Moines, IA	1:57:15	9:26
1503	270	M35	Matt Garwood, 35, Urbandale, IA	1:57:15	9:26
1504	19	M60	Steve Schroeder, 64, Hudson, WI	1:57:16	9:26
635	74	W40	Jill Jones, 44*, Cedar Rapids, IA	1:57:16	9:26
1505	102	M50	Jim Chamberlain, 50, Clemson, SC	1:57:16	9:26
1506	234	M25	Paul Ryan, 26, Ankeny, IA	1:57:17	9:26
1507	214	M30	Koen Luinstra, 34, West Des Moines, IA	1:57:17	9:26
1508	54	M17	Luke Swehla, 17, Des Moines, IA	1:57:18	9:26
1509	103	M50	Leroy Edge, 51, Adel, IA	1:57:18	9:26
1510	198	M40	Thomas Stoppelmoor, 43, W. Des Moines, IA	1:57:19	9:26
636	75	W40	Roxane Franzen, 43*, Denver, IA	1:57:19	9:26
637	44	W45	Julie Robeson, 45*, Urbandale, IA	1:57:20	9:26
638	98	W30	Jenny Reitano, 30*, Grimes, IA	1:57:21	9:27
639	134	W25	Libby Geistkemper, 25*, Ankeny, IA	1:57:23	9:27

640	125	W35	Darci Hammer, 36*, Ottumwa, IA	1:57:23	9:27
1511	199	M40	Jeff Blosser, 40, West Des Moines, IA	1:57:24	9:27
641	99	W30	Jennie Shipley, 30*, Ankeny, IA	1:57:24	9:27
642	135	W25	Heidi Alexander, 25*, Derby, KS	1:57:24	9:27
643	76	W40	Sherri Huff, 44*, Winterset, IA	1:57:25	9:27
1512	215	M30	Kyle Barton, 34, Clive, IA	1:57:25	9:27
644	102	W20	Emilie Newbury, 24*, Windsor Heights, IA	1:57:25	9:27
1513	216	M30	Tadd Reilly, 30, Jefferson, IA	1:57:26	9:27
645	136	W25	Alicia Evans, 28*, Urbandale, ID	1:57:26	9:27
1514	104	M50	Scott Beckwith, 51, Ames, IA	1:57:26	9:27
646	77	W40	Michele Thalacker, 40*, Baxter, IA	1:57:26	9:27
647	126	W35	Lisa Jenison, 36*, Ankeny, IA	1:57:27	9:27
1515	105	M50	Terry Lint, 52, Clive, IA	1:57:27	9:27
648	100	W30	Staci Kadolph, 33*, Ankeny, IA	1:57:28	9:27
1516	118	M20	Antwon Chavis, 21, Ames, IA	1:57:28	9:27
1517	200	M40	Ron Maahs, 41, Johnston, IA	1:57:28	9:27
1518	20	M60	Earl Maahs, 64, Spirit Lake, IA	1:57:29	9:27
649	101	W30	Julie Vardaman, 31*, Ames, IA	1:57:29	9:27
1519	66	M55	David Dickens, 59, Ankeny, IA	1:57:29	9:27
1520	271	M35	Marc Johnson, 36, Woodbury, MN	1:57:30	9:27
650	103	W20	Megan Recker, 23*, Des Moines, IA	1:57:30	9:27
1521	217	M30	Derek Meinders, 34, Waukee, IA	1:57:30	9:27
651	104	W20	Jenny Harris, 22*, Lake City, IA	1:57:30	9:27
1522	67	M55	John Pleasants, 58, Ames, IA	1:57:34	9:28
1523	106	M50	William Johnson, 51, Iowa City, IA	1:57:35	9:28
1524	1	M70	Ron Scott, 70, Keokuk, IA	1:57:36	9:28
1525	218	M30	Kyle Krogh, 34, Slater, IA	1:57:38	9:28
1526	272	M35	Brent Ksiazek, 35, Ankeny, IA	1:57:39	9:28
1527	219	M30	Tony George, 34, Ankeny, IA	1:57:39	9:28
1528	273	M35	Blair Smith, 36, Des Moines, IA	1:57:40	9:28
1529	220	M30	Jonathan Williams, 32, Waukee, IA	1:57:40	9:28
1530	274	M35	Thomas Dixon, 38, Adel, IA	1:57:41	9:28
652	102	W30	Dawn Schwarte, 33*, Carroll, IA	1:57:41	9:28
653	28	W17	Andi Kaufman, 19*, Colo, IA	1:57:42	9:28
1531	221	M30	Brandon Johnson, 31, Ankeny, IA	1:57:42	9:28
1532	222	M30	Matt Hemping, 30, Des Moines, IA	1:57:43	9:28
1533	275	M35	A J Choudhury, 35, Ankeny, IA	1:57:43	9:28
654	105	W20	Jamie Olson, 21*, Ames, IA	1:57:43	9:28
1534	235	M25	Brice Oleson, 27, Ankeny, IA	1:57:43	9:28
655	137	W25	Kate Wheeler, 25*, West Des Moines, IA	1:57:43	9:28
1535	180	M45	Dan Christensen, 46, Audubon, IA	1:57:43	9:28
656	106	W20	Carol Ann Moser, 24*, West Des Moines, IA	1:57:44	9:28
1536	276	M35	David Lake, 39, Des Moines, IA	1:57:45	9:28
657	78	W40	Dale Finnegan, 44*, Waukee, IA	1:57:45	9:28
658	25	W50	Sandy Roan, 50*, West Des Moines, IA	1:57:46	9:28
1537	236	M25	Kyle Flinn, 28, West Des Moines, IA	1:57:47	9:29
1538	201	M40	Shawn Bown, 40, Des Moines, IA	1:57:47	9:29
1539	237	M25	Jeffrey Buckner, 25, Urbandale, IA	1:57:48	9:29
659	2	W55	Connie Robinson, 56*, Bondurant, IA	1:57:48	9:29
660	107	W20	Jade Clark, 22*, Norwalk, IA	1:57:50	9:29
1540	202	M40	Marc Monthei, 41, Des Moines, IA	1:57:50	9:29
661	103	W30	Jennifer Stiegelmeier, 33*, Solon, IA	1:57:52	9:29
662	45	W45	Nancy Ellis, 48*, Urbandale, IA	1:57:52	9:29
1541	238	M25	Peter Frett, 29, Des Moines, IA	1:57:52	9:29
663	108	W20	Emily Beeler, 24*, Ames, IA	1:57:53	9:29
1542	223	M30	Dave Olson, 30, Humboldt, IA	1:57:54	9:29
664	138	W25	Alice Messer, 27*, Saint Paul, MN	1:57:55	9:29
665	79	W40	Jensen Mindee, 40*, Ankeny, IA	1:57:55	9:29
666	104	W30	Sue Stephenson, 32*, West Des Moines, IA	1:57:55	9:29
1543	181	M45	Jon Johnson, 45, Bettendorf, IA	1:57:56	9:29
1544	203	M40	Mark Meyer, 42, Waukee, IA	1:57:56	9:29
1545	21	M60	Dean Lauterbach, 63, Newton, IA	1:57:57	9:29
1546	239	M25	Michael Lauterbach, 26, Winter Garden, FL	1:57:57	9:29
1547	107	M50	John Ottley, 51, Johnston, IA	1:57:58	9:30
1548	277	M35	Ahmed Ibrahim, 39, Urbandale, IA	1:57:59	9:30

1549	240	M25	Joshua Beal, 28, Bettendorf, IA	1:57:59	9:30
667	80	W40	Mary Jane Sharp, 41*, Norwalk, IA	1:57:59	9:30
1550	278	M35	Dave Glenn, 36, McCallsburg, IA	1:58:00	9:30
1551	108	M50	Rick Hillman, 54, Dana, IA	1:58:00	9:30
1552	204	M40	Joseph Kerns, 43, Ames, IA	1:58:01	9:30
668	139	W25	Jill Foster, 25*, Waukee, IA	1:58:01	9:30
1553	205	M40	Steve Allsup, 42, St. Charles, IA	1:58:04	9:30
669	81	W40	Catherine Engblom, 44*, Grimes, IA	1:58:04	9:30
670	105	W30	Amy Klein, 30*, Forest City, IA	1:58:05	9:30
671	82	W40	Nikki Dempsey, 40*, Ames, IA	1:58:08	9:30
672	83	W40	Julie Lundy, 41*, Otsego, MN	1:58:09	9:30
1554	279	M35	Bryan Lebar, 35, Shawnee, KS	1:58:10	9:30
673	109	W20	Lindsey Kuhlman, 21*, Readlyn, IA	1:58:10	9:30
1555	182	M45	Steven Kuhlmann, 45, Laporte City, IA	1:58:11	9:30
1556	224	M30	Mike Ganthier, 32, West Des Moines, IA	1:58:11	9:31
1557	280	M35	Ken Peters, 35, Dallas, TX	1:58:11	9:31
1558	281	M35	Mark Woods, 37, West Des Moines, IA	1:58:13	9:31
1559	282	M35	Jim Pitz, 39, Waukee, IA	1:58:13	9:31
674	110	W20	Erin Johnson, 24*, Kansas City, MO	1:58:13	9:31
675	26	W50	Theresa Finnegan, 52*, Des Moines, IA	1:58:16	9:31
676	127	W35	Rachel Bangs, 35*, Huxley, IA	1:58:17	9:31
1560	225	M30	Zac Zwickel, 31, Shenandoah, IA	1:58:17	9:31
677	29	W17	Kaley Bangston, 19*, Essex, IA	1:58:18	9:31
1561	206	M40	Al Anderson, 41, Waukee, IA	1:58:19	9:31
678	106	W30	Katie Seidler, 30*, Winterset, IA	1:58:20	9:31
1562	226	M30	Scott Sitzman, 34, Ames, IA	1:58:22	9:31
1563	119	M20	Luke Harden, 23, Clive, IA	1:58:22	9:31
1564	241	M25	Dan Cherkassky, 27, Dallas, TX	1:58:23	9:31
679	27	W50	Charity Angle, 50*, Hasting, MN	1:58:23	9:32
680	46	W45	Janine Seibert, 46*, Granger, IA	1:58:24	9:32
1565	283	M35	T J. Bangs, 35, Huxley, IA	1:58:25	9:32
681	140	W25	Jenna Graham, 25*, Mason City, IA	1:58:25	9:32
1566	56	JrM	Wes Lyons, 14, Vinton, IA	1:58:25	9:32
682	47	W45	Deanna Dredge, 48*, Omaha, NE	1:58:26	9:32
683	128	W35	Anna Smith, 35*, Cedar Falls, IA	1:58:26	9:32
684	141	W25	Cassy Townsley, 25*, Cedar Rapids, IA	1:58:27	9:32
1567	183	M45	Lambert Blank, 48, Clive, IA	1:58:28	9:32
685	142	W25	Amanda Ostreko, 26*, Lawrence, KS	1:58:28	9:32
1568	227	M30	Jeff Bradshaw, 32, Ames, IA	1:58:29	9:32
1569	242	M25	Matt Getting, 29, Clive, IA	1:58:29	9:32
1570	68	M55	Keith Sandvold, 59, Cedar Falls, IA	1:58:31	9:32
686	84	W40	Sara Curtis, 40*, Algona, IA	1:58:32	9:32
687	107	W30	Trisha Hall, 31*, West Liberty, IA	1:58:32	9:32
688	143	W25	Christina Djerf, 28*, Cedar Rapids, IA	1:58:33	9:32
689	108	W30	Tyia Hahn, 31*, Ames, IA	1:58:34	9:32
1571	69	M55	Jim Bergeson, 55, Urbandale, IA	1:58:34	9:32
1572	228	M30	Corey Carlson, 33, Sioux Falls, SD	1:58:35	9:32
690	109	W30	Amy Kleinhesselinka, 30*, Orange City, IA	1:58:36	9:33
1573	207	M40	Cedric Siriwardena, 41, Indianola, IA	1:58:36	9:33
1574	229	M30	Brad Baldwin, 31, Iowa City, IA	1:58:36	9:33
1575	120	M20	Michael Buck, 22, Coralville, IA	1:58:36	9:33
1576	121	M20	Brian Bartlett, 24, Ankeny, IA	1:58:37	9:33
691	144	W25	Kimberly Tierney, 25*, Waukee, IA	1:58:38	9:33
1577	284	M35	Lou Kelehan, 37, West Des Moines, IA	1:58:39	9:33
1578	243	M25	Michael McClintic, 25, Minnetonka, MN	1:58:41	9:33
1579	109	M50	Josh Engman, 51, Clive, IA	1:58:41	9:33
692	110	W30	Danelle Kvapil, 33*, Davenport, IA	1:58:43	9:33
1580	244	M25	Bryan King, 29, Urbandale, IA	1:58:43	9:33
693	145	W25	Divinity O'Connor, 28*, Ames, IA	1:58:43	9:33
1581	184	M45	Greg Brandt, 49, Ankeny, IA	1:58:45	9:33
694	85	W40	Sharon Koele, 42*, Des Moines, IA	1:58:46	9:33
1582	208	M40	Lauren Knous, 40, Urbandale, IA	1:58:51	9:34
695	146	W25	Molly Ramsey, 29*, Des Moines, IA	1:58:51	9:34
696	111	W30	Alice Mercer, 34*, Indianola, IA	1:58:52	9:34
697	147	W25	Lori Meyers, 29*, West Des Moines, IA	1:58:52	9:34

1583	122	M20	Brian Schenkelberg, 23, West Des Moines, IA	1:58:53	9:34
698	148	W25	Shelley Heckert, 26*, Indianola, IA	1:58:53	9:34
1584	70	M55	Lou Hockenber, 58, Clive, IA	1:58:56	9:34
699	129	W35	Joy Carter, 35*, Pleasant Hill, IA	1:58:57	9:34
700	112	W30	Julie Nuehring, 34*, Clive, IA	1:58:58	9:34
1585	245	M25	Dan Evans, 26, Windsor Heights, IA	1:58:58	9:34
701	86	W40	Sara Putnam, 40*, Decorah, IA	1:58:58	9:34
1586	230	M30	Dan Caropreso, 31, Des Moines, IA	1:58:58	9:34
1587	285	M35	Shane Thompson, 35, Norwalk, IA	1:58:59	9:34
1588	209	M40	Ted Witte, 42, Rosemount, MN	1:58:59	9:34
1589	286	M35	Rick Coltv, 37, Elkhorn, IA	1:59:00	9:34
1590	210	M40	Jeff Speicher, 43, Adel, IA	1:59:01	9:35
1591	211	M40	Dan Wagner, 40, Altoona, IA	1:59:02	9:35
702	130	W35	Mary Smith, 36*, Des Moines, IA	1:59:03	9:35
1592	185	M45	Bill Minor, 45, Kalona, IA	1:59:03	9:35
703	113	W30	Erin Jordan, 31*, Iowa City, IA	1:59:04	9:35
1593	22	M60	David Auer, 62, Iowa City, IA	1:59:04	9:35
1594	212	M40	John Auer, 41, Clive, IA	1:59:04	9:35
704	111	W20	Lindsay Wiese, 21*, Des Moines, IA	1:59:04	9:35
1595	287	M35	Mark Timmerman, 37, Earlham, IA	1:59:04	9:35
1596	231	M30	Ben Palmer, 32, West Branch, IA	1:59:05	9:35
1597	246	M25	Shane Nestor, 26, West Des Moines, IA	1:59:06	9:35
1598	247	M25	Aaron Juergens, 28, Carroll, IA	1:59:06	9:35
705	112	W20	Kelli McCaulley, 24*, Carroll, IA	1:59:07	9:35
1599	232	M30	Brian Galle, 31, Des Moines, IA	1:59:07	9:35
1600	186	M45	Rick Whiteaker, 49, Cedar Rapids, IA	1:59:08	9:35
706	149	W25	Jackie Olberding, 29*, Cedar Falls, IA	1:59:08	9:35
707	113	W20	Jennifer Klein, 20*, West Des Moines, IA	1:59:08	9:35
1601	71	M55	Stuart Lehr, 58, West Des Moines, IA	1:59:10	9:35
708	30	W17	Elizabeth Arentsen, 19*, Waukee, IA	1:59:12	9:35
709	48	W45	Linda Frangenberg, 45*, Huxley, IA	1:59:12	9:35
1602	55	M17	Sam Ostransky, 18, Perry, IA	1:59:13	9:36
710	28	W50	Tiare Mathison-Bowie, 54*, Newton, IA	1:59:14	9:36
1603	213	M40	Randy Kallem, 41, Des Moines, IA	1:59:15	9:36
711	150	W25	Gina Schlosser, 25*, Grimes, IA	1:59:16	9:36
712	114	W20	Erin Gittins, 24*, West Des Moines, IA	1:59:16	9:36
713	151	W25	Amy Brownlee, 26*, Clear Lake, IA	1:59:17	9:36
1604	288	M35	Doug McKinstry, 36, Des Moines, IA	1:59:17	9:36
714	114	W30	Jennifer Drees, 33*, Sloan, IA	1:59:17	9:36
715	87	W40	Bryony Bonning, 43*, Ames, IA	1:59:20	9:36
1605	72	M55	Steven Ovel, 59, Cedar Rapids, IA	1:59:20	9:36
716	131	W35	Nicola Bowler, 38*, Ames, IA	1:59:20	9:36
717	115	W30	Jennifer Popp, 33*, Adel, IA	1:59:20	9:36
718	152	W25	Jill Wiebers, 29*, West Des Moines, IA	1:59:21	9:36
1606	248	M25	Mary Triplett, 29, Iowa City, IA	1:59:22	9:36
1607	187	M45	Charles Nixon, 49, Coon Rapids, IA	1:59:24	9:36
1608	249	M25	Ben Miller, 28, Minneapolis, MN	1:59:24	9:36
719	153	W25	Erin Walker, 29*, Waukee, IA	1:59:24	9:36
1609	214	M40	Daron Fritz, 40, Lake Mills, IA	1:59:26	9:37
720	88	W40	Regina Randall, 43*, Solon, IA	1:59:26	9:37
721	115	W20	Sara Miller, 24*, Cedar Rapids, IA	1:59:26	9:37
1610	233	M30	Michael Simpson, 30, Des Moines, IA	1:59:26	9:37
1611	289	M35	Nathan Trexel, 35, Altoona, IA	1:59:27	9:37
722	89	W40	Melinda Ellwanger, 41*, Des Moines, IA	1:59:27	9:37
1612	73	M55	Robert Schneider, 58, Urbandale, IA	1:59:27	9:37
723	132	W35	Jodi Buchan, 35*, Johnston, IA	1:59:29	9:37
1613	234	M30	Dan Drefke, 31, Ankeny, IA	1:59:29	9:37
1614	215	M40	Bruce Merschbrock, 41, Des Moines, IA	1:59:30	9:37
724	133	W35	Darice Pamperin, 38*, Clive, IA	1:59:30	9:37
1615	57	JrM	Chris Madagame, 13, Des Moines, IA	1:59:30	9:37
1616	235	M30	Blake Meisenheimer, 34, St Louis Park, MN	1:59:31	9:37
1617	236	M30	Ryan Nesbit, 32, Ankeny, IA	1:59:32	9:37
1618	123	M20	Seth Hagarty, 24, Ankeny, IA	1:59:32	9:37
1619	290	M35	Joe Heimer, 36, Ankeny, IA	1:59:33	9:37

725	90	W40	Jane Foxen, 40*, West Des Moines, IA	1:59:33	9:37
1620	250	M25	Tom Dewaay, 29, West Des Moines, IA	1:59:33	9:37
726	31	W17	Emily Donohue, 18*, Blakesburg, IA	1:59:33	9:37
1621	110	M50	Denny Henrich, 50, Des Moines, IA	1:59:33	9:37
727	116	W20	Christy Donohue, 21*, Blakesburg, IA	1:59:34	9:37
728	154	W25	Allyson Donohue, 25*, St. Marys, IA	1:59:34	9:37
1622	188	M45	Rick Davis, 48, Des Moines, IA	1:59:35	9:37
1623	74	M55	Tim Devick, 57, Urbandale, IA	1:59:35	9:37
1624	75	M55	David Grieser, 59, West Des Moines, IA	1:59:36	9:37
1625	291	M35	Greg Cowan, 35, Des Moines, IA	1:59:37	9:37
729	116	W30	Kari Draeger, 33*, Johnston, IA	1:59:38	9:38
1626	111	M50	Mark McDougal, 51, Ankeny, IA	1:59:38	9:38
730	117	W30	Mandy Van Maanen, 31*, Des Moines, IA	1:59:38	9:38
731	91	W40	Karen Knight, 42*, Hiawatha, IA	1:59:40	9:38
1627	292	M35	David Chumbley, 36, Rosemount, MN	1:59:40	9:38
732	118	W30	Peggy Kacer, 34*, Altoona, IA	1:59:41	9:38
733	92	W40	Kimberly Foley, 44*, Des Moines, IA	1:59:42	9:38
1628	112	M50	Dave Buck, 51, Creston, IA	1:59:43	9:38
734	155	W25	Lindsay Plagman, 27*, Chicago, IL	1:59:43	9:38
1629	251	M25	Daniel Kemp, 26, Nevada, IA	1:59:44	9:38
735	156	W25	Jill Nestor, 26*, West Des Moines, IA	1:59:45	9:38
736	93	W40	Tracy Cheney, 44*, West Des Moines, IA	1:59:47	9:38
737	157	W25	Aimee Reichel, 26*, West Des Moines, IA	1:59:47	9:38
738	117	W20	Amber Hein, 21*, Dubuque, IA	1:59:48	9:38
1630	189	M45	Jim Cooper, 48, Urbandale, IA	1:59:48	9:38
739	118	W20	Andrea Shaw, 24*, Des Moines, IA	1:59:48	9:38
740	158	W25	Trisha Grandon, 26*, West Des Moines, IA	1:59:49	9:38
741	134	W35	Kelly Irlmeier, 36*, Ankeny, IA	1:59:50	9:39
742	49	W45	Jane Galyon, 46*, Ames, IA	1:59:51	9:39
743	11	JrW	Amantha May, 15*, Woodburn, IA	1:59:52	9:39
1631	293	M35	Douglas May, 38, Woodburn, IA	1:59:52	9:39
744	159	W25	Annie Buchmiller, 26*, West Des Moines, IA	1:59:52	9:39
1632	237	M30	Aaron Korsching, 32, Grimes, IA	1:59:55	9:39
1633	113	M50	Chris Mitchell, 52, Clear Lake, IA	1:59:56	9:39
1634	190	M45	James McGraw, 45, Waukee, IA	1:59:56	9:39
1635	294	M35	Jason Grinstead, 39, Des Moines, IA	1:59:57	9:39
1636	191	M45	Tai Wang, 48, Des Moines, IA	1:59:58	9:39
745	94	W40	Kay Veldkamp, 42*, Cumming, IA	1:59:58	9:39
1637	192	M45	Brent Veldkamp, 45, Cumming, IA	1:59:59	9:39
1638	114	M50	Steve Hay, 52, Eau Claire, WI	1:59:59	9:39
1639	193	M45	Steve Nicoll, 46, West Des Moines, IA	2:00:00	9:39
746	95	W40	Beth Morton, 42*, West Des Moines, IA	2:00:00	9:39
747	135	W35	Lorna Gioffredi, 35*, Indianola, IA	2:00:00	9:39
1640	238	M30	Mike Smith, 31, Grimes, IA	2:00:00	9:39
1641	58	JrM	Ben Jacobson, 15, Johnston, IA	2:00:00	9:39
1642	216	M40	Paul Jacobson, 44, Johnston, IA	2:00:01	9:39
1643	295	M35	Ian Lawler, 35, Ames, IA	2:00:03	9:40
748	119	W30	Corissa Arndt, 30*, Indianola, IA	2:00:04	9:40
749	120	W30	Jennifer Coltvet, 32*, Elkhorn, IA	2:00:04	9:40
1644	217	M40	Jim Noonan, 44, Bondurant, IA	2:00:05	9:40
750	121	W30	Carrie Hatler, 31*, Bettendorf, IA	2:00:06	9:40
1645	296	M35	Ron Wheeler, 36, Johnston, IA	2:00:06	9:40
1646	297	M35	Chris Roberts, 36, Des Moines, IA	2:00:07	9:40
1647	239	M30	Ryan Meis, 30, Ames, IA	2:00:08	9:40
751	136	W35	Suzanne Herzog-Lopez, 39*, West Des Moines, IA	2:00:11	9:40
1648	194	M45	Mike Gooding, 45, Urbandale, IA	2:00:12	9:40
752	160	W25	Kelly Elings, 29*, Des Moines, IA	2:00:12	9:40
1649	195	M45	Cal Seda, 47, Urbandale, IA	2:00:13	9:40
753	137	W35	Tori Haverkamp, 39*, Ames, IA	2:00:14	9:40
754	96	W40	Tammy Newton, 44*, Norwalk, IA	2:00:16	9:41
755	161	W25	Jill McGargill, 26*, West Des Moines, IA	2:00:18	9:41
756	97	W40	Kaylene Bast, 40*, Urbandale, IA	2:00:21	9:41
757	138	W35	Judy Callahan, 37*, Osceola, IA	2:00:22	9:41

1650	240	M30	Andrew Lashier, 31, Johnston, IA	2:00:22	9:41
758	122	W30	Jana Bogue, 32*, Carroll, IA	2:00:22	9:41
1651	196	M45	John Eisenman, 48, Clinton, IA	2:00:24	9:41
1652	124	M20	Mark McBride, 21, Clive, IA	2:00:25	9:41
1653	115	M50	Lester Yen, 51, West Des Moines, IA	2:00:26	9:41
1654	241	M30	Tim Mulcahy, 31, Des Moines, IA	2:00:27	9:41
759	162	W25	Kelly Kalvig, 25*, Des Moines, IA	2:00:28	9:42
760	119	W20	Rebecca Turner, 24*, Marshalltown, IA	2:00:28	9:42
761	98	W40	Connie Svoboda, 41*, Columbus, NE	2:00:31	9:42
762	99	W40	Christy Mulert, 42*, Owatonna, MN	2:00:31	9:42
1655	242	M30	Clint Jones, 32, West Des Moines, IA	2:00:33	9:42
763	123	W30	Tina Kenney, 31*, Perry, IA	2:00:34	9:42
1656	116	M50	Jim McNeill, 52, Newton, IA	2:00:39	9:42
764	163	W25	Sarah Kautzky-Iben, 27*, Perry, IA	2:00:39	9:42
765	100	W40	Toni Leisinger, 41*, Council Bluffs, IA	2:00:39	9:42
766	164	W25	Rachel Shepherd, 25*, Urbandale, IA	2:00:40	9:43
1657	252	M25	Blake Shepherd, 25, Urbandale, IA	2:00:41	9:43
1658	56	M17	Nathan Heath, 17, Winterset, IA	2:00:41	9:43
767	165	W25	Angela Avery, 27*, West Des Moines, IA	2:00:42	9:43
1659	125	M20	Michael Griswold, 23, Clinton, IA	2:00:43	9:43
1660	218	M40	Peter Leo, 42, Wheaton, IL	2:00:43	9:43
768	101	W40	Lisa Lemon, 44*, Des Moines, IA	2:00:43	9:43
769	102	W40	Mikki Gasperi, 41*, Johnston, IA	2:00:44	9:43
770	120	W20	Devon Rasmussen, 21*, Ames, IA	2:00:45	9:43
771	121	W20	Karri Wells, 24*, West Des Moines, IA	2:00:47	9:43
772	139	W35	Elizabeth Sedrel, 39*, Des Moines, IA	2:00:48	9:43
1661	298	M35	Robey Orewiler, 39, Des Moines, IA	2:00:49	9:43
773	122	W20	Hannah Packard, 21*, Cumming, IA	2:00:49	9:43
774	123	W20	Rebecca Hansen, 23*, Bouton, IA	2:00:51	9:43
775	124	W30	Jennifer Hinrichs, 33*, Clive, IA	2:00:52	9:44
776	140	W35	Lori Jeppson, 39*, Mount Vernon, IA	2:00:53	9:44
1662	197	M45	Mike Williams, 45, Des Moines, IA	2:00:54	9:44
1663	219	M40	Michael Perry, 41, West Des Moines, IA	2:00:55	9:44
777	124	W20	Kelly Nepl, 24*, Crystal, MN	2:00:55	9:44
778	141	W35	Sue Burger, 38*, Iowa City, IA	2:00:55	9:44
1664	253	M25	Jason Danner, 26, Ames, IA	2:00:55	9:44
779	166	W25	Abby Thibadeau, 27*, Dubuque, IA	2:00:56	9:44
780	103	W40	Tracy Dickinson, 42*, Ankeny, IA	2:00:56	9:44
781	50	W45	Kelly Moore, 46*, Polk City, IA	2:00:57	9:44
782	142	W35	Annette Schweinefus, 37*, Decorah, IA	2:00:57	9:44
783	167	W25	Daphne Monson, 29*, Des Moines, IA	2:00:58	9:44
784	32	W17	Lina Reed, 19*, Iowa City, IA	2:00:59	9:44
785	143	W35	Roxanne Holst, 35*, Brownsdale, MN	2:00:59	9:44
1665	243	M30	Matt Lazear, 32, Ankeny, IA	2:01:00	9:44
786	125	W30	Kari Smith, 33*, Ankeny, IA	2:01:01	9:44
1666	244	M30	Andrew Turner, 33, Grimes, IA	2:01:02	9:44
1667	245	M30	Matthew Schmaltz, 30, West Des Moines, IA	2:01:03	9:44
787	144	W35	Karrie Niedert, 38*, Independence, IA	2:01:03	9:44
1668	198	M45	Theron Bobzin, 47, Clive, IA	2:01:04	9:44
1669	117	M50	Daryl Olsen, 53, Audubon, IA	2:01:05	9:45
788	126	W30	Angela Henderson, 32*, La Vista, Ne Ne	2:01:05	9:45
1670	246	M30	Tracy Henke, 32, Treynor, IA	2:01:05	9:45
1671	23	M60	Rick Grant, 60, Urbandale, IA	2:01:06	9:45
789	168	W25	Memory Eltjes, 27*, Urbandale, IA	2:01:07	9:45
790	145	W35	Smita Rawat, 38*, Cherokee, IA	2:01:07	9:45
1672	24	M60	Bo Lebahn, 62, Montezuma, IA	2:01:08	9:45
791	125	W20	Jenise Colby, 24*, West Des Moines, IA	2:01:09	9:45
1673	220	M40	Jeff Neighbour, 40, Ankeny, IA	2:01:11	9:45
792	169	W25	Sarah Marsh, 26*, Fort Dodge, IA	2:01:11	9:45
793	170	W25	Jennifer Nemmers, 26*, Des Moines, IA	2:01:13	9:45
794	126	W20	Lacey De Groot, 20*, Oskaloosa, IA	2:01:13	9:45
1674	247	M30	Russell Nolan, 32, Polk City, IA	2:01:14	9:45
1675	76	M55	Tim Prindle, 55, Urbandale, IA	2:01:15	9:45
795	171	W25	Erica Shelton, 26*, Pella, IA	2:01:16	9:45
1676	248	M30	Kevin Smith, 33, Ankeny, IA	2:01:16	9:45

1677	299	M35	Scott Messerly, 38, Fort Dodge, IA	2:01:17	9:46
796	127	W30	Aileen Crawford, 32*, Ankeny, IA	2:01:19	9:46
1678	59	JrM	Josh Hermsen, 16, Jesup, IA	2:01:20	9:46
797	127	W20	Mary Otte, 22*, North Liberty, IA	2:01:21	9:46
798	172	W25	Abby Patterson, 25*, Story City, IA	2:01:22	9:46
799	12	JrW	Dianna Krejsa, 16*, Indianola, IA	2:01:23	9:46
800	128	W30	Kirstin Isenhardt, 33*, Urbandale, IA	2:01:25	9:46
801	146	W35	Marianne Robertson, 36*, Urbandale, IA	2:01:26	9:46
802	104	W40	Jodi Jamison, 40*, Woodward, IA	2:01:26	9:46
803	51	W45	Lori Funk, 49*, Algona, IA	2:01:26	9:46
1679	221	M40	Dan Hunt, 40, West Des Moines, IA	2:01:27	9:46
1680	118	M50	Greg Brown, 53, Des Moines, IA	2:01:27	9:46
804	128	W20	Leann Williamsen, 24*, Des Moines, IA	2:01:27	9:46
805	147	W35	Marsha Coleman, 35*, Urbandale, IA	2:01:29	9:46
1681	249	M30	Matt Loecke, 30, Ames, IA	2:01:30	9:47
1682	300	M35	Matt Chappell, 36, Van Meter, IA	2:01:30	9:47
1683	254	M25	Savan Thongvanh, 29, Des Moines, IA	2:01:31	9:47
806	129	W30	Kristina Haase, 31*, Shawnee, KS	2:01:31	9:47
1684	199	M45	Steve Shaffer, 45, Audubon, IA	2:01:32	9:47
1685	255	M25	Steven Brouillet, 25, Ankeny, IA	2:01:32	9:47
1686	119	M50	Jess William, 54, West Des Moines, IA	2:01:33	9:47
807	130	W30	Jennifer Kruidenier, 30*, Urbandale, IA	2:01:33	9:47
808	129	W20	Sarah Fickbohm, 24*, Dallas, TX	2:01:33	9:47
809	173	W25	Holly Grannon, 25*, Dallas, TX	2:01:34	9:47
810	174	W25	Mary Tesdall, 27*, Urbandale, IA	2:01:34	9:47
811	130	W20	Jenna Nielsen, 23*, Williamsburg, IA	2:01:34	9:47
812	131	W20	Megan Lortz, 23*, Grimes, IA	2:01:35	9:47
813	175	W25	Macenzie Rubin, 29*, Ankeny, IA	2:01:37	9:47
814	131	W30	Heidi Buttolph, 34*, West Des Moines, IA	2:01:37	9:47
815	132	W30	Lisa Letourneau, 34*, West Des Moines, IA	2:01:37	9:47
1687	200	M45	Guy Dougherty, 47, Urbandale, IA	2:01:39	9:47
816	13	JrW	Lauren Bricker, 15*, Greenfield, IA	2:01:39	9:47
817	14	JrW	Morgan Bax, 14*, Greenfield, IA	2:01:39	9:47
1688	301	M35	Lonny Namanny, 39, Grimes, IA	2:01:40	9:47
818	176	W25	Shashawna Beneke, 28*, Ankeny, IA	2:01:40	9:47
1689	126	M20	Paul Vonnahme, 24, Des Moines, IA	2:01:41	9:47
819	177	W25	Lisa Pecina, 28*, Urbandale, IA	2:01:41	9:47
820	105	W40	Amy Johnson, 40*, Davenport, IA	2:01:42	9:47
1690	250	M30	Jeff Dawson, 30, Des Moines, IA	2:01:42	9:48
1691	302	M35	Kevin Mann, 35, Johnston, IA	2:01:43	9:48
821	29	W50	Paula Dierenfeld, 52*, Johnston, IA	2:01:45	9:48
1692	120	M50	Patrick Mitchell, 52, Des Moines, IA	2:01:45	9:48
822	178	W25	Heather Litchkey, 29*, Norwalk, IA	2:01:45	9:48
1693	303	M35	Scot Clark, 39, Winterset, IA	2:01:45	9:48
1694	127	M20	Jeff Goetz, 24, Ankeny, IA	2:01:47	9:48
823	30	W50	Julia Batten, 51*, Carlisle, IA	2:01:48	9:48
1695	251	M30	Nick Anderson, 34, Ankeny, IA	2:01:48	9:48
1696	60	JrM	Ricardo Mata, 16, Des Moines, IA	2:01:48	9:48
1697	252	M30	Anson Williams, 30, Des Moines, IA	2:01:49	9:48
824	179	W25	Michelle Foote, 26*, Des Moines, IA	2:01:49	9:48
1698	253	M30	Jason Pentico, 33, Pella, IA	2:01:49	9:48
825	106	W40	Sonya Reynolds, 44*, Council Bluffs, IA	2:01:50	9:48
1699	222	M40	Daniel Beenken, 43, Jefferson, IA	2:01:50	9:48
826	133	W30	Melanie Malloy, 30*, Williamsburg, IA	2:01:50	9:48
827	148	W35	Kelly Steer, 37*, Waukee, IA	2:01:51	9:48
1700	121	M50	John Sorenson, 52, Des Moines, IA	2:01:51	9:48
1701	201	M45	Gregg Erwood, 47, Clive, IA	2:01:52	9:48
1702	223	M40	James Scholbrock, 40, Lake Mills, IA	2:01:53	9:48
1703	77	M55	Johnny Williams, 59, Newton, IA	2:01:54	9:48
1704	61	JrM	Jimmy Dillon, 14, Carlisle, IA	2:01:54	9:48
828	134	W30	Tricia Cobb, 30*, Mason City, IA	2:01:56	9:49
829	107	W40	Elie Ford, 44*, University Park, IA	2:01:58	9:49
830	52	W45	Sharon Wiese, 45*, Granger, IA	2:01:59	9:49
831	31	W50	Debby Weehler, 52*, Des Moines, IA	2:02:02	9:49
1705	25	M60	Larry Detwiler, 63, Des Moines, IA	2:02:02	9:49



1706	128	M20	Charles Folsom, 21, North Liberty, IA	2:02:03	9:49
832	132	W20	Jill Folsom, 21*, North Liberty, IA	2:02:03	9:49
1707	254	M30	Jason Kinsella, 33, Creston, IA	2:02:07	9:50
833	135	W30	Melinda Hill, 31*, Des Moines, IA	2:02:07	9:50
834	180	W25	Lindsey Kayl, 25*, Dallas, TX	2:02:08	9:50
1708	78	M55	Richard Newkirk, 58, Ankeny, IA	2:02:08	9:50
835	181	W25	Gretchen Wheelock, 25*, Iowa City, IA	2:02:09	9:50
836	108	W40	Tracy Harms, 41*, Clive, IA	2:02:09	9:50
1709	224	M40	George Wigen, 43, Spencer, IA	2:02:09	9:50
837	136	W30	Micholyn Fajen, 33*, West Des Moines, IA	2:02:10	9:50
838	149	W35	Shauna Millang, 38*, West Des Moines, IA	2:02:10	9:50
839	150	W35	Lisa Mondt, 38*, Ames, IA	2:02:10	9:50
1710	304	M35	Robert Stomp, 37, Clive, IA	2:02:11	9:50
840	137	W30	Haley Miller, 31*, Clive, IA	2:02:14	9:50
1711	202	M45	Graeme Armstrong, 48, West Des Moines, IA	2:02:17	9:50
1712	256	M25	Ryan Guard, 27, Jacksonville, FL	2:02:18	9:50
1713	122	M50	Tim Waddilove, 50, Cedar Rapids, IA	2:02:19	9:50
1714	257	M25	Bill Henninger Iv, 25, Waterloo, IA	2:02:20	9:51
1715	79	M55	Richard Blanshan, 59, Jefferson, IA	2:02:22	9:51
1716	225	M40	Michael Widlowski, 42, Urbandale, IA	2:02:23	9:51
1717	305	M35	Kevin Saunders, 35, Des Moines, IA	2:02:23	9:51
1718	306	M35	Bill Kallestad, 36, Des Moines, IA	2:02:24	9:51
1719	255	M30	Phoukham Baccam, 34, Urbandale, IA	2:02:24	9:51
1720	80	M55	Steve Arends, 58, Cedar Falls, IA	2:02:24	9:51
841	138	W30	Anne Pentico, 32*, Pella, IA	2:02:27	9:51
842	53	W45	Joy Martin, 49*, Pella, IA	2:02:27	9:51
843	109	W40	Heather Myer-Davis, 42*, Des Moines, IA	2:02:28	9:51
1721	258	M25	Andrew Eggert, 26, Colfax, IA	2:02:29	9:51
1722	123	M50	James Pech, 51, Polk City, IA	2:02:30	9:51
844	110	W40	Peggy Kriegel, 41*, Des Moines, IA	2:02:30	9:51
845	133	W20	Kelly Karsjen, 23*, Nevada, IA	2:02:31	9:51
1723	203	M45	Marty Kalton, 49, Des Moines, IA	2:02:31	9:51
846	182	W25	Sarah Tompkins, 25*, Ames, IA	2:02:32	9:52
1724	307	M35	Christian Martin, 35, West Des Moines, IA	2:02:33	9:52
847	151	W35	Heidi Ryon, 35*, Mason City, IA	2:02:33	9:52
848	183	W25	Smita Rao, 25*, Des Moines, IA	2:02:34	9:52
849	32	W50	Sue Boley, 50*, Maxwell, IA	2:02:36	9:52
850	111	W40	Tina Newbury, 44*, Greenfield, IA	2:02:36	9:52
851	139	W30	Chris Keenan, 33*, Ames, IA	2:02:37	9:52
852	3	W55	Catherine Smith, 58*, West Des Moines, IA	2:02:38	9:52
853	112	W40	Laura Brown, 44*, Denver, IA	2:02:39	9:52
1725	124	M50	Steve Karsjen, 50, Nevada, IA	2:02:39	9:52
854	113	W40	Holly Theobald, 40*, Clear Lake, IA	2:02:40	9:52
855	140	W30	Tashia Ehresman, 34*, Washington, IA	2:02:42	9:52
1726	256	M30	Matthew Arenholz, 31, Waterloo, IA	2:02:43	9:52
856	152	W35	Camilla Martin, 38*, Marion, IA	2:02:43	9:52
857	114	W40	Gina Garman, 41*, Marion, IA	2:02:44	9:52
1727	204	M45	Michael McKim, 47, Boone, IA	2:02:44	9:53
858	184	W25	Mary-Kate Gales, 28*, Desmoines, IA	2:02:46	9:53
1728	259	M25	Michael Chesnut, 27, Carroll, IA	2:02:46	9:53
859	134	W20	Courtney Shelquist, 23*, Des Moines, IA	2:02:46	9:53
860	141	W30	Jana Bakke, 33*, Newton, IA	2:02:47	9:53
1729	260	M25	Kipp Knight, 27, Albany, GA	2:02:47	9:53
861	135	W20	Kate Zimmer, 23*, Casey, IA	2:02:48	9:53
1730	81	M55	Milt Aunan, 58, Texarkana, TX	2:02:49	9:53
862	142	W30	Amy Miller, 31*, Grinnell, IA	2:02:49	9:53
863	115	W40	Mary Clark, 44*, Ames, IA	2:02:49	9:53
864	54	W45	Dawn Howerton, 48*, Gilbert Ia	2:02:50	9:53
1731	308	M35	Joseph Barry, 39, Clive, IA	2:02:50	9:53
1732	257	M30	Jason Sutton, 32, Omaha, NE	2:02:51	9:53
1733	26	M60	Merrill Knight, 62, Ankeny, IA	2:02:51	9:53
865	153	W35	Jennifer Hoeven, 37*, Olathe, KS	2:02:52	9:53
866	154	W35	Holli Miller, 37*, Bondurant, IA	2:02:52	9:53
1734	205	M45	Terry Scheu, 46, Sioux Falls, SD	2:02:53	9:53
1735	226	M40	John Schley, 41, Des Moines, IA	2:02:55	9:53

1736	125	M50	James Stauch, 50, West Des Moines, IA	2:02:55	9:53
1737	261	M25	John Heller, 29, Stratford, IA	2:02:59	9:54
867	155	W35	Dori Jansma, 37*, Pleasant Hill, IA	2:02:59	9:54
868	185	W25	Lindsey Kruse, 27*, Storm Lake, IA	2:03:02	9:54
1738	82	M55	Bob McFarland, 58, Cedar Rapids, IA	2:03:03	9:54
869	156	W35	Jill Tyler, 37*, Des Moines, IA	2:03:04	9:54
1739	309	M35	Keith Edwards, 37, Clive, IA	2:03:05	9:54
1740	258	M30	Travis Hinrichs, 34, Clive, IA	2:03:07	9:54
870	157	W35	Michelle Starr, 36*, West Des Moines, IA	2:03:07	9:54
1741	310	M35	Kevin Swensen, 39, Ankeny, IA	2:03:07	9:54
871	143	W30	Erin Pearce, 31*, Urbandale, IA	2:03:08	9:54
872	186	W25	Erica Simbro, 27*, Des Moines, IA	2:03:09	9:54
1742	311	M35	Ted Bolles, 36, Waukee, IA	2:03:14	9:55
873	116	W40	Jody Haws, 40*, Ankeny, IA	2:03:15	9:55
874	158	W35	Calleen Katzer, 39*, Ankeny, IA	2:03:15	9:55
875	187	W25	Elisabeth Vartabedian, 25*, Davenport, IA	2:03:16	9:55
1743	262	M25	Troy Matthaiddess, 27, Fairbank, IA	2:03:17	9:55
1744	259	M30	Craig Owens, 33, Des Moines, IA	2:03:18	9:55
1745	312	M35	Willie Brazzle, 38, Des Moines, IA	2:03:19	9:55
876	144	W30	Zoe McCuddin, 30*, West Des Moines, IA	2:03:19	9:55
877	33	W17	Hailey Schacht, 18*, West Des Moines, IA	2:03:20	9:55
878	33	W50	Patricia Theisen, 54*, Anamosa, IA	2:03:21	9:55
879	136	W20	Samantha Perkins, 24*, Madrid, IA	2:03:22	9:56
880	159	W35	Cari Tharp, 38*, Dubuque, IA	2:03:22	9:56
881	160	W35	Lisa Laxson, 38*, Terre Haute, IN	2:03:22	9:56
882	117	W40	Angie Elliott, 43*, Indianola, IA	2:03:23	9:56
1746	227	M40	Doug Dostal, 44, West Des Moines, IA	2:03:24	9:56
883	161	W35	Jodi Powers, 36*, Indianola, IA	2:03:24	9:56
1747	228	M40	Jon Espenscheid, 42, Marshalltown, IA	2:03:25	9:56
884	118	W40	Connie Petersen, 42*, Elkhart, IA	2:03:25	9:56
1748	229	M40	David Dunne, 44, Cedar Rapids, IA	2:03:25	9:56
1749	260	M30	Chris Goodman, 31, Searsboro, IA	2:03:26	9:56
1750	126	M50	Gery Haag, 53, Johnston, IA	2:03:27	9:56
1751	261	M30	Joe Schmit, 30, West Des Moines, IA	2:03:27	9:56
1752	262	M30	Tom Irlbeck, 30, Kansas City, MO	2:03:29	9:56
885	145	W30	Mariah Hurley, 30*, Cedar Rapids, IA	2:03:30	9:56
886	146	W30	Kaylene Rogers-Harkins, 31*, Waukee, IA	2:03:32	9:56
1753	127	M50	J P Greer, 50, Spencer, IA	2:03:33	9:56
887	147	W30	Jill Featherstone, 31*, Des Moines, IA	2:03:35	9:57
888	55	W45	Kathryn Finney, 46*, Des Moines, IA	2:03:35	9:57
889	56	W45	Lana De Groot, 45*, Oskaloosa, IA	2:03:36	9:57
1754	313	M35	Michael Rhode, 38, Urbandale, IA	2:03:36	9:57
890	137	W20	Leah Gjertson, 24*, Des Moines, IA	2:03:36	9:57
891	138	W20	Dian Halverson, 24*, Urbana, IA	2:03:37	9:57
892	139	W20	Lindsey Marie Anderson, 24*, West Des Moines, IA	2:03:38	9:57
893	162	W35	Michelle Lachner, 36*, Spencer, IA	2:03:38	9:57
894	148	W30	Mendy Sebolt, 33*, Centerville, IA	2:03:38	9:57
1755	263	M25	Brendan Greiner, 29, Pleasant Hill, IA	2:03:38	9:57
895	149	W30	Annie Breeding, 30*, Urbandale, IA	2:03:39	9:57
1756	314	M35	Sam Graeve, 39, Manning, IA	2:03:39	9:57
1757	27	M60	Ken Lathrum, 64, Omaha, NE	2:03:39	9:57
896	150	W30	Charlene Brown, 30*, Clive, IA	2:03:40	9:57
897	57	W45	Mary Devalois, 47*, Iowa City, IA	2:03:41	9:57
898	58	W45	Mitzi Chizek, 48*, Grimes, IA	2:03:43	9:57
1758	264	M25	Matt Moffitt, 29, Madrid, IA	2:03:43	9:57
1759	206	M45	Jeff Damman, 45, Ankeny, IA	2:03:44	9:57
899	163	W35	Ann Hudson, 38*, West Des Moines, IA	2:03:44	9:57
1760	207	M45	David Kraemer, 49, Ames, IA	2:03:45	9:57
900	164	W35	Denise Angelo, 37*, St. Louis Park, MN	2:03:46	9:58
901	151	W30	Susie McCorkell, 32*, Carroll, IA	2:03:48	9:58
902	140	W20	Tanna Harshbarger, 21*, Ames, IA	2:03:48	9:58
903	165	W35	Deb Kleiman, 38*, Johnston, IA	2:03:49	9:58
904	152	W30	Cari Jones, 31*, West Des Moines, IA	2:03:49	9:58
905	153	W30	Andi Vanderhoff, 31*, Pella, IA	2:03:50	9:58

906	166	W35	Ann Till, 36*, Dubuque, IA	2:03:53	9:58
907	34	W17	Mattie Koehn, 17*, Solon, IA	2:03:56	9:58
908	154	W30	Melissa Perrin, 30*, Urbandale, IA	2:03:57	9:58
909	59	W45	Ronni Scott, 47*, Clive, IA	2:03:58	9:58
910	188	W25	Heather Soesbe, 29*, Sumner, IA	2:03:59	9:58
1761	208	M45	William Denny, 46, Clive, IA	2:04:00	9:59
911	189	W25	Stephanie Garrett, 25*, West Branch, IA	2:04:01	9:59
912	190	W25	Sarah Boury, 27*, Omaha, NE	2:04:01	9:59
913	191	W25	Anne Musgrave, 28*, Omaha, NE	2:04:02	9:59
914	167	W35	Tiffany Delzell, 39*, Jefferson, IA	2:04:03	9:59
915	141	W20	Katherine Dowd, 24*, Rockwall, TX	2:04:05	9:59
1762	230	M40	Phil Weber, 40, Norwalk, IA	2:04:10	9:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

1763	263	M30	Chad Zirbel, 30, West Des Moines, IA	2:04:12	10:00
916	155	W30	Amy Lyon, 30*, West Des Moines, IA	2:04:13	10:00
1764	231	M40	Jim Prendergast, 40, Newton, IA	2:04:14	10:00
917	156	W30	Shelly Power, 34*, Urbandale, IA	2:04:14	10:00
918	192	W25	Jenica Moffitt, 28*, Ankeny, IA	2:04:14	10:00
1765	28	M60	Tom Leffler, 61, Johnston, IA	2:04:15	10:00
919	157	W30	Lindsey Baracz, 30*, Cedar Falls, IA	2:04:16	10:00
920	168	W35	Jackie Chow, 39*, Johnston, IA	2:04:16	10:00
921	34	W50	Dorothy Dickens, 52*, Ankeny, IA	2:04:17	10:00
1766	29	M60	Bill Lawless, 64, Des Moines, IA	2:04:17	10:00
922	142	W20	Amy Dixon, 20*, Adel, IA	2:04:18	10:00
1767	30	M60	Eugene Black, 61, Huxley, IA	2:04:18	10:00
923	169	W35	Jackie Safley, 36*, Ankeny, IA	2:04:21	10:00
924	193	W25	Molly Watson, 28*, Mason City, IA	2:04:23	10:00
925	194	W25	Kimberly Assman, 29*, Waukee, IA	2:04:23	10:00
926	15	JrW	Marissa Niemoller, 16*, Papillion, NE	2:04:23	10:00
1768	128	M50	Mark Milton, 53, Des Moines, IA	2:04:23	10:00
927	170	W35	Wendy Ingham, 35*, West Des Moines, IA	2:04:24	10:01
928	195	W25	Jenny Miller, 26*, Perry, IA	2:04:24	10:01
1769	129	M50	Rich Johnson, 54, Ankeny, IA	2:04:24	10:01
929	196	W25	Amanda Behrens, 26*, Altoona, IA	2:04:25	10:01
930	158	W30	Darci Fuller, 31*, Newton, IA	2:04:25	10:01
931	60	W45	Nancy Guinane, 45*, Grinnell, IA	2:04:25	10:01
932	119	W40	Rachelle Adams, 40*, Earlham, IA	2:04:25	10:01
933	171	W35	Amy Wormsley, 37*, Urbandale, IA	2:04:26	10:01
934	172	W35	Trish Lemke, 39*, Osceola, IA	2:04:26	10:01
935	159	W30	Dana Kennedy, 34*, Clive, IA	2:04:27	10:01
1770	264	M30	Steve Miller, 34, Des Moines, IA	2:04:27	10:01
936	143	W20	Kesley Egli, 23*, Ankeny, IA	2:04:27	10:01
1771	265	M30	Dale Loudermilk, 30, West Des Moines, IA	2:04:27	10:01
937	144	W20	Heidi Palmer, 22*, Ankeny, IA	2:04:27	10:01
1772	209	M45	Bernie Burke, 45, Des Moines, IA	2:04:28	10:01
938	197	W25	Shannon Perkins, 26*, Des Moines, IA	2:04:28	10:01
939	160	W30	Jennifer Trygstad, 34*, West Des Moines, IA	2:04:28	10:01
1773	315	M35	Todd Siefkas, 36, Clive, IA	2:04:28	10:01
940	161	W30	Amy Havenhill, 30*, Clive, IA	2:04:28	10:01
941	173	W35	Ann Evans, 37*, Carlisle, IA	2:04:29	10:01
1774	232	M40	Mark Seaton, 44, Urbandale, IA	2:04:29	10:01
942	198	W25	Kim Stanton, 25*, Ankeny, IA	2:04:29	10:01
1775	233	M40	John Stenberg, 43, Des Moines, IA	2:04:30	10:01
943	199	W25	Kelli Reinhart, 29*, Alleman, IA	2:04:32	10:01
944	61	W45	Michelle Cavanaugh, 47*, Des Moines, IA	2:04:33	10:01
1776	234	M40	Jeff Hodges, 41, Des Moines, IA	2:04:33	10:01
1777	57	M17	Ryan Snitker, 19, Cedar Rapids, IA	2:04:35	10:01
945	200	W25	Elaine Eshbaugh, 29*, Waterloo, IA	2:04:35	10:01
946	4	W55	Margie Cahill, 56*, Nevada, IA	2:04:36	10:01
947	201	W25	Maggie Berntsen, 25*, Marion, IA	2:04:36	10:02
1778	235	M40	Mark Haisch, 41, Clive, IA	2:04:37	10:02
948	35	W50	Jeanice Lester, 52*, Red Oak, IA	2:04:37	10:02

1779	265	M25	Brendan McKnight, 28, Ankeny, IA	2:04:38	10:02
949	174	W35	Whitney Brink, 35*, Ankeny, IA	2:04:39	10:02
950	162	W30	Emily Eisentrager, 32*, Altoona, IA	2:04:39	10:02
951	163	W30	Amy McAllister, 31*, Altoona, IA	2:04:40	10:02
1780	236	M40	Brian Burgett, 44, Urbandale, IA	2:04:40	10:02
1781	83	M55	John Becker, 59, Cedar Rapids, IA	2:04:41	10:02
1782	237	M40	Gary Benda, 40, North Liberty, IA	2:04:41	10:02
952	164	W30	Katie Lacey, 31*, Ankeny, IA	2:04:43	10:02
1783	210	M45	Douglas Righi, 46, West Des Moines, IA	2:04:45	10:02
953	62	W45	Linda Adams, 47*, Oskaloosa, IA	2:04:46	10:02
954	120	W40	Lori Pence, 42*, Sigorney, IA	2:04:46	10:02
955	63	W45	Anita Whetstine, 45*, Wellman, IA	2:04:46	10:02
1784	31	M60	Noel Johnson, 64, Denison, IA	2:04:46	10:02
956	175	W35	Cristen Schipper, 36*, Clive, IA	2:04:48	10:02
957	165	W30	Kristin Jans, 30*, Chicago, IL	2:04:48	10:02
958	145	W20	Tia Glandorf, 23*, Urbandale, IA	2:04:49	10:03
959	202	W25	Emily Vold, 25*, Greeley, CO	2:04:51	10:03
1785	266	M30	Kyle Brown, 32, Des Moines, IA	2:04:51	10:03
960	166	W30	Michelle Williams, 30*, Massena, IA	2:04:51	10:03
1786	238	M40	Mike Henning, 42, Atlantic, IA	2:04:52	10:03
961	36	W50	Kim Bach, 51*, Ankeny, IA	2:04:52	10:03
1787	316	M35	Brad Steffen, 36, Johnston, IA	2:04:52	10:03
962	146	W20	Ashley Van Alstine, 23*, Eagle Grove, IA	2:04:52	10:03
1788	266	M25	Jason Hemmer, 29, West Des Moines, IA	2:04:52	10:03
963	203	W25	Christy Delancey, 26*, West Des Moines, IA	2:04:53	10:03
1789	239	M40	James Kickland, 40, Atlantic, IA	2:04:53	10:03
1790	240	M40	Brent Hoehns, 41, Atlantic, IA	2:04:53	10:03
964	121	W40	Elizabeth Ferrin, 43*, Council Bluffs, IA	2:04:54	10:03
965	204	W25	Rachel Parks, 25*, Ankeny, IA	2:04:55	10:03
966	122	W40	Annie Rivett, 40*, Johnston, IA	2:04:57	10:03
967	205	W25	Alisa Schons, 27*, Ankeny, IA	2:04:59	10:03
968	123	W40	Kathy Faber, 43*, Clive, IA	2:04:59	10:03
969	206	W25	Amanda Doran, 27*, Yale, IA	2:04:59	10:03
970	124	W40	Tracey Boothe, 40*, Ames, IA	2:05:00	10:03
971	167	W30	Beth Jebens, 33*, Des Moines, IA	2:05:00	10:03
972	168	W30	Felicity Croat, 31*, Vanmeter, IA	2:05:01	10:04
973	176	W35	Shannon Lucas, 37*, Ankeny, IA	2:05:01	10:04
974	125	W40	Heidi Rockweiler, 40*, Decorah, IA	2:05:02	10:04
975	64	W45	Julie Kaftan, 49*, Council Bluffs, IA	2:05:03	10:04
976	169	W30	Michele Loder, 32*, West Des Moines, IA	2:05:04	10:04
1791	267	M30	Ryan Bakke, 33, Newton, IA	2:05:05	10:04
977	207	W25	Jennifer Reiter, 27*, Urbandale, IA	2:05:05	10:04
978	16	JrW	Hannah Thayer, 13*, Urbandale, IA	2:05:10	10:04
979	170	W30	Anna Henry, 31*, Perry, IA	2:05:11	10:04
1792	268	M30	Russ Drapeaux, 30, Ames, IA	2:05:12	10:04
980	126	W40	Tina Neustrom, 43*, West Des Moines, IA	2:05:12	10:04
1793	267	M25	Chris Langpaul, 25, West Des Moines, IA	2:05:12	10:04
981	171	W30	Kristy Alexander, 31*, Cedar Rapids, IA	2:05:13	10:05
1794	84	M55	Art Millikin, 55, Hedrick, IA	2:05:14	10:05
982	172	W30	Megan Abel, 30*, Marion, IA	2:05:17	10:05
1795	32	M60	Jim Garwood, 60, Urbandale, IA	2:05:18	10:05
1796	85	M55	Lane Palmer, 59, Des Moines, IA	2:05:19	10:05
983	177	W35	Karen Graber, 35*, Cedar Rapids, IA	2:05:21	10:05
984	208	W25	Jenny Belieu-Higgins, 28*, Des Moines, IA	2:05:22	10:05
1797	317	M35	John Kliegl, 39, West Des Moines, IA	2:05:22	10:05
1798	86	M55	Jim Measee, 55, Winterset, IA	2:05:23	10:05
985	17	JrW	Harmony Pace, 11*, Ames, IA	2:05:24	10:05
986	147	W20	Alicia Fisher, 22*, Des Moines, IA	2:05:24	10:05
987	173	W30	Emily Maass, 30*, Ankeny, IA	2:05:25	10:05
1799	269	M30	Corie Henry, 33, Ankeny, IA	2:05:25	10:05
1800	268	M25	Nathan Guy, 28, Des Moines, IA	2:05:25	10:05
988	178	W35	Amy Koestner, 38*, Grimes, IA	2:05:26	10:05
989	174	W30	Gentry Gillespie, 30*, Des Moines, IA	2:05:26	10:06
990	179	W35	Tracy Amos, 36*, Des Moines, IA	2:05:27	10:06
991	180	W35	Karen Chicken, 39*, Waukee, IA	2:05:27	10:06

1801	62	JrM	Cade Millikin, 11, Hedrick, IA	2:05:28	10:06
1802	241	M40	Todd Rowland, 42, Knoxville, IA	2:05:29	10:06
992	175	W30	April McAfee, 33*, Anita, IA	2:05:29	10:06
1803	318	M35	Steve Angersinger, 39, Pleasant Hill, IA	2:05:31	10:06
993	148	W20	Carrie Brannen, 23*, Des Moines, IA	2:05:32	10:06
994	176	W30	Patricia Koch, 33*, St. Louis Park, MN	2:05:33	10:06
995	209	W25	Polina Koch, 25*, St. Louis Park, MN	2:05:34	10:06
1804	130	M50	Bill Burke, 51, Ames, IA	2:05:34	10:06
1805	63	JrM	Ben Stainbrook, 14, Vinton, IA	2:05:35	10:06
996	65	W45	Carol Weaver, 47*, Urbandale, Ia_	2:05:35	10:06
997	177	W30	Sara Cutler, 31*, Carlisle, IA	2:05:35	10:06
1806	129	M20	Timothy Brannen, 23, Ames, IA	2:05:37	10:06
998	149	W20	Amanda Glynn, 24*, Ankeny, IA	2:05:37	10:06
999	178	W30	Amber Mordini, 32*, Des Moines, IA	2:05:38	10:06
1000	210	W25	Brooke Denhartog, 27*, Waterloo, IA	2:05:38	10:06
1001	211	W25	Melanie Ellison, 28*, Ankeny, IA	2:05:40	10:07
1807	130	M20	Jacob Jurgens, 22, Tiffin, IA	2:05:42	10:07
1808	211	M45	Jerry Jurgens, 49, Ankeny, IA	2:05:43	10:07
1809	269	M25	Tyler Denhartog, 28, Waterloo, IA	2:05:43	10:07
1002	127	W40	Jill Hartquist, 40*, Indianola, IA	2:05:43	10:07
1003	179	W30	Dawn Eimers, 32*, Webster City, IA	2:05:44	10:07
1004	128	W40	Karyn Peterson, 41*, Clive, IA	2:05:45	10:07
1810	242	M40	Kevin Wilhelm, 41, West Des Moines, IA	2:05:45	10:07
1005	181	W35	Beth Liechty, 39*, Ames, IA	2:05:45	10:07
1006	182	W35	Bridget Obermeier, 35*, Audubon, IA	2:05:46	10:07
1811	270	M30	Aaron Sheeler, 31, Ankeny, IA	2:05:47	10:07
1007	180	W30	Cindy Foster, 32*, Plymouth, MN	2:05:47	10:07
1008	181	W30	Jennifer Folstad, 32*, St Paul, MN	2:05:48	10:07
1812	271	M30	Kevin Cline, 31, Urbandale, IA	2:05:49	10:07
1009	182	W30	Wendy Chapman, 30*, Ankeny, IA	2:05:49	10:07
1813	64	JrM	Zach Liechty, 16, Ames, IA	2:05:51	10:08
1814	319	M35	Lane Goos, 38, Johnston, IA	2:05:52	10:08
1010	129	W40	Cindy Cone, 44*, Alta, IA	2:05:52	10:08
1815	58	M17	Mike Thayer, 19, Newton, IA	2:05:53	10:08
1011	35	W17	Anne Dutton, 18*, West Des Moines, IA	2:05:53	10:08
1816	212	M45	Edward Bryja, 48, Pleasant Hill, IA	2:05:53	10:08
1817	243	M40	John Moorlach, 44, Indianola, IA	2:05:54	10:08
1818	131	M20	Andrew Holland, 24, Earlham, IA	2:05:55	10:08
1012	66	W45	Peg Gaul, 48*, Ames, IA	2:05:55	10:08
1819	270	M25	Ryan Bendickson, 27, West Des Moines, IA	2:05:56	10:08
1820	272	M30	Larry Hunt, 32, Windsor Heights, IA	2:05:57	10:08
1821	132	M20	Ross Fackrell, 23, Clive, IA	2:05:59	10:08
1822	133	M20	Nabeel Meghji, 23, Des Moines, IA	2:05:59	10:08
1823	244	M40	Orville Bunker, 43, Newton, IA	2:06:00	10:08
1824	273	M30	Adam Smith, 32, West Des Moines, IA	2:06:01	10:08
1013	150	W20	Christine Chinhema, 22*, Des Moines, IA	2:06:03	10:09
1825	131	M50	Bruce Boertje, 50, Pella, IA	2:06:06	10:09
1826	274	M30	John Anderson, 32, Minburn, IA	2:06:06	10:09
1014	36	W17	Amanda Jorgensen, 18*, Gowrie, IA	2:06:06	10:09
1015	183	W35	Michelle Arneson, 38*, Spirit Lake, IA	2:06:09	10:09
1016	183	W30	Debbie Hunt, 33*, Windsor Heights, IA	2:06:09	10:09
1017	184	W35	Kris McGlothlen, 38*, Oskaloosa, IA	2:06:13	10:09
1827	132	M50	David Porepp, 51, Adel, IA	2:06:13	10:09
1018	151	W20	Valerie Pitts, 20*, Cedar Falls, IA	2:06:14	10:09
1828	320	M35	Jeff Collum, 38, West Des Moines, IA	2:06:14	10:09
1829	33	M60	David Rosonke, 61, Algona, IA	2:06:15	10:09
1019	185	W35	Lea Morris, 35*, Altoona, IA	2:06:15	10:09
1020	130	W40	Becky Banzhaf, 44*, Des Moines, IA	2:06:16	10:10
1021	152	W20	Brooke Bousum, 22*, Des Moines, IA	2:06:19	10:10
1022	153	W20	Kari Till, 20*, Davenport, IA	2:06:23	10:10
1830	321	M35	Troy Morris, 35, Altoona, IA	2:06:24	10:10
1023	184	W30	Jill Greene-Mathew, 34*, Urbandale, IA	2:06:24	10:10
1024	185	W30	Laurie Baker, 34*, Waukee, IA	2:06:24	10:10
1831	87	M55	Robert Aukes, 56, Windsor Heights, IA	2:06:26	10:10
1025	18	JrW	Kelsey Kruse, 14*, Johnston, IA	2:06:26	10:10

1832	88	M55	Tom McCann, 57, Ankeny, IA	2:06:27	10:10
1026	212	W25	Jessi Walk, 27*, Des Moines, IA	2:06:28	10:10
1833	271	M25	Christian Grandgenett, 25, Marshalltown, IA		
				2:06:29	10:11
1027	154	W20	Robin McKinney, 23*, Des Moines, IA	2:06:31	10:11
1028	186	W30	Kristen Hatcher, 31*, West Des Moines, IA	2:06:31	10:11
1029	5	W55	Catherine Kemper, 56*, Des Moines, IA	2:06:31	10:11
1030	213	W25	Kattie Hamann, 25*, West Des Moines, IA	2:06:32	10:11
1834	245	M40	Randi Johnson, 41, Osage, IA	2:06:33	10:11
1835	322	M35	Todd Voss, 36, Johnston, IA	2:06:35	10:11
1031	186	W35	Stacy Williams, 39*, Urbandale, Ia_	2:06:36	10:11
1032	187	W30	Kristine Davis, 34*, Van Meter, IA	2:06:36	10:11
1836	323	M35	Christopher Williams, 39, Council Bluffs, IA		
				2:06:37	10:11
1837	275	M30	Dong-Gill Kim, 33, Ames, IA	2:06:40	10:11
1838	133	M50	Pete Hutchison, 52, Urbandale, IA	2:06:41	10:12
1033	188	W30	Rhonda Glaspie, 30*, Ames, IA	2:06:41	10:12
1034	67	W45	Kathleen Kilnoski, 48*, Council Bluffs, IA		
				2:06:42	10:12
1035	189	W30	Jillisa Welsch, 33*, Ankeny, IA	2:06:43	10:12
1036	190	W30	Sherrie Kautman, 31*, Cedar Rapids, IA	2:06:46	10:12
1839	89	M55	Lawain Judisch, 57, Tripoli, IA	2:06:47	10:12
1840	324	M35	Gary Magneson, 38, Urbandale, IA	2:06:48	10:12
1037	155	W20	Amanda Hoffman, 23*, Urbandale, IA	2:06:49	10:12
1841	325	M35	Michael Flint, 36, Ankeny, IA	2:06:49	10:12
1038	214	W25	Stephanie Bochmann, 28*, Mason City, IA	2:06:52	10:12
1842	272	M25	Brian Borcharding, 27, Latimer, IA	2:06:53	10:13
1039	215	W25	Cindy Welch, 29*, Maxwell, IA	2:06:53	10:13
1040	131	W40	Lisa Rasmussen, 43*, Goldfield, IA	2:06:54	10:13
1843	246	M40	Rod Haws, 40, Ankeny, IA	2:06:54	10:13
1844	134	M20	Wade Siskow, 24, Sheffield, IA	2:06:55	10:13
1041	37	W17	Carissa Smith, 17*, Des Moines, IA	2:06:55	10:13
1845	273	M25	Adam Rogers, 28, West Des Moines, IA	2:06:57	10:13
1042	187	W35	Melanie Bock, 35*, Ankeny, IA	2:06:57	10:13
1846	247	M40	Ravi Vemulapalli, 44, Clive, IA	2:07:00	10:13
1043	188	W35	Julie Denherder, 39*, Urbandale, IA	2:07:01	10:13
1847	213	M45	Scott Bandstra, 45, Des Moines, IA	2:07:02	10:13
1848	326	M35	Mark Bagon, 38, Urbandale, IA	2:07:05	10:13
1044	189	W35	Amy Gates, 37*, Urbandale, IA	2:07:05	10:14
1849	274	M25	Matthew Gilbertson, 27, Des Moines, IA	2:07:07	10:14
1045	190	W35	Juli Cambron, 35*, Indianola, IA	2:07:08	10:14
1046	38	W17	Kathleen Willem, 17*, Urbandale, IA	2:07:09	10:14
1047	156	W20	Lisa Odor, 21*, Iowa City, IA	2:07:12	10:14
1850	327	M35	Lino Bernal, 39, Des Moines, IA	2:07:12	10:14
1851	275	M25	Matthew Boogerd, 26, Ames, IA	2:07:14	10:14
1852	328	M35	Lee Evans, 38, Carlisle, IA	2:07:16	10:14
1853	134	M50	Douglas Dawson, 54, Muscatine, IA	2:07:17	10:14
1048	191	W30	Megan Ray, 30*, Polk City, IA	2:07:17	10:14
1854	90	M55	Richard Duvall, 57, Grand Island, NE	2:07:18	10:15
1049	191	W35	Debra Scorpiniti, 39*, West Des Moines, IA		
				2:07:20	10:15
1855	276	M30	Rollie Weston, 33, Bondurant, IA	2:07:20	10:15
1856	135	M20	Chris Behrens, 21, Omaha, NE	2:07:21	10:15
1050	216	W25	Carlie Fitzgerald, 25*, Ankeny, IA	2:07:22	10:15
1051	217	W25	Kristin Vogel, 26*, Cedar Rapids, IA	2:07:23	10:15
1052	132	W40	Nadine McNeal, 40*, North Liberty, IA	2:07:23	10:15
1053	192	W35	Anne Nizzi, 38*, West Des Moines, IA	2:07:23	10:15
1054	218	W25	Kristen Bernhard, 27*, Ovilla, TX	2:07:28	10:15
1055	157	W20	Katelyn Breuss, 21*, West Des Moines, IA	2:07:29	10:15
1056	68	W45	Michele Soria, 49*, West Des Moines, IA	2:07:31	10:16
1057	37	W50	Colleen Dooley, 50*, Urbandale, IA	2:07:33	10:16
1058	219	W25	Christie Muenzenberger, 25*, Clive, IA	2:07:33	10:16
1059	133	W40	Sandra Stone, 40*, Des Moines, IA	2:07:34	10:16
1060	134	W40	Carlyn Crowe, 41*, Des Moines, IA	2:07:34	10:16
1061	220	W25	Andrea Blake, 28*, Des Moines, IA	2:07:35	10:16

1062	69	W45	Tami Kasper, 49*, Bettendorf, IA	2:07:35	10:16
1063	192	W30	Angie Wiese, 30*, Bennington, NE	2:07:38	10:16
1857	276	M25	Jeremy Hamann, 28, Grimes, IA	2:07:39	10:16
1858	214	M45	Brent Niland, 45, West Des Moines, IA	2:07:40	10:16
1064	135	W40	Kathy Slaymaker, 42*, Cedar Rapids, IA	2:07:42	10:16
1065	221	W25	Sara Lynott, 28*, West Des Moines, IA	2:07:47	10:17
1066	193	W30	Jennifer Landry, 32*, Sioux Falls, SD	2:07:48	10:17
1067	193	W35	Ann Latham, 35*, Des Moines, IA	2:07:48	10:17
1068	194	W30	Holly Veeder, 30*, Johnston, IA	2:07:50	10:17
1069	195	W30	Laura Vanderginst, 34*, Johnston, IA	2:07:52	10:17
1070	136	W40	Christine Lousias, 43*, Clarion, IA	2:07:54	10:17
1071	194	W35	Carol Spear, 38*, Johnston, IA	2:07:54	10:17
1859	91	M55	Larry Jenkins, 57, Ames, IA	2:07:54	10:17
1072	222	W25	Jodi Bierman, 25*, West Des Moines, IA	2:07:55	10:18
1073	70	W45	Kary Austin, 45*, Grimes, IA	2:07:58	10:18
1074	19	JrW	Danielle Prebeck, 14*, Johnston, IA	2:07:58	10:18
1075	195	W35	Wendy Kepford, 38*, Waverly, IA	2:07:59	10:18
1860	34	M60	Richard McHose, 60, West Des Moines, IA	2:08:00	10:18
1076	223	W25	Ellen Brandt, 29*, Waverly, IA	2:08:00	10:18
1861	277	M25	William Berning, 26, Des Moines, IA	2:08:01	10:18
1862	215	M45	Michael Harper, 46, West Des Moines, IA	2:08:01	10:18
1077	196	W30	Wendy Swanson, 34*, Boone, IA	2:08:01	10:18
1078	71	W45	Pam Lane, 49*, Cedar Falls, IA	2:08:04	10:18
1863	277	M30	Chris Steele, 32, West Des Moines, IA	2:08:04	10:18
1864	278	M30	Jason Veeder, 31, Johnston, IA	2:08:05	10:18
1079	72	W45	Mona Follmann, 45*, Stanhope, IA	2:08:06	10:18
1865	3	M65	Arlo Van Diest, 66, Webster City, IA	2:08:09	10:19
1866	135	M50	Leonard Hoots, 53, Altoona, IA	2:08:10	10:19
1080	197	W30	Kendra Rockhold, 34*, Allerton, IA	2:08:11	10:19
1867	248	M40	Joseph Barron, 44, Des Moines, IA	2:08:11	10:19
1081	158	W20	Bridget Merrill, 23*, St. Louis Park, MN	2:08:12	10:19
1082	198	W30	Catherine Bechtel, 32*, Des Moines, IA	2:08:13	10:19
1868	279	M30	Jon Borg, 33, Ames, IA	2:08:14	10:19
1083	199	W30	Aimee Peterson, 31*, Albert Lea, MN	2:08:14	10:19
1084	137	W40	Mary Pink, 43*, West Des Moines, IA	2:08:14	10:19
1869	249	M40	Curt Carlson, 43, Johnston, IA	2:08:14	10:19
1870	250	M40	Rick Dobesh, 41, Ankeny, IA	2:08:15	10:19
1085	138	W40	Lori Keech, 40*, Johnston, IA	2:08:15	10:19
1086	200	W30	Carol Kelderman, 33*, Oskaloosa, IA	2:08:18	10:19
1087	224	W25	Kelly Miller, 29*, Independence, MO	2:08:20	10:20
1871	136	M20	Jon Taber, 24, Runnells, IA	2:08:25	10:20
1872	280	M30	Shawn Kyhl, 34, Slater, IA	2:08:26	10:20
1873	329	M35	Jamie Bachman, 38, Des Moines, IA	2:08:26	10:20
1088	201	W30	Darcy Stroinski, 33*, Ankeny, IA	2:08:27	10:20
1874	92	M55	Darwin Ramker, 58, Waverly, IA	2:08:29	10:20
1089	202	W30	Lisa Thole, 30*, Des Moines, IA	2:08:30	10:20
1090	203	W30	Nicole Bunnell, 32*, Oskaloosa, IA	2:08:32	10:20
1875	251	M40	Steven Michael, 40, Council Bluffs, IA	2:08:33	10:21
1091	225	W25	Rosalyn Lehman, 29*, Pleasant Hill, IA	2:08:33	10:21
1092	196	W35	Lisa Martin, 37*, Johnston, IA	2:08:36	10:21
1093	159	W20	Janelle Schmidt, 23*, West Des Moines, IA	2:08:37	10:21
1094	204	W30	Jessica Allen, 31*, Ames, IA	2:08:37	10:21
1095	73	W45	Sarah Christensen, 46*, Audubon, IA	2:08:38	10:21
1876	137	M20	Ryan Dezwarde, 21, Newton, IA	2:08:38	10:21
1096	205	W30	Angie Christenson, 32*, West Des Moines, IA	2:08:40	10:21
1097	206	W30	Sheri Robinson, 33*, Des Moines, IA	2:08:40	10:21
1098	139	W40	Jean Carlson-Johnson, 40*, Clive, IA	2:08:41	10:21
1099	197	W35	Ildiko Kadar, 38*, West Des Moines, IA	2:08:42	10:21
1877	136	M50	Jim McKinney, 50, Rockwell City, IA	2:08:43	10:21
1878	137	M50	Jeff Niffenegger, 50, Urbandale, IA	2:08:49	10:22
1100	38	W50	Teresa Forsyth, 53*, Council Bluffs, IA	2:08:49	10:22
1101	6	W55	Elizabeth Sutter, 57*, Des Moines, IA	2:08:50	10:22
1102	140	W40	Conni Crees, 40*, Winterset, IA	2:08:52	10:22

1879	330	M35	Sean McNunn, 39, Cumming, IA	2:08:55	10:22
1880	278	M25	Aaron Jones, 29, Des Moines, IA	2:08:55	10:22
1881	252	M40	Patrick Somsy, 42, Olathe, KS	2:08:56	10:22
1882	279	M25	Anthony Beminio, 29, Indianola, IA	2:08:57	10:23
1103	141	W40	Angela Doran, 42*, Boone, IA	2:08:57	10:23
1104	39	W17	Lydia Lowry, 19*, Ames, IA	2:08:58	10:23
1883	2	M70	Leon Hodges, 71, Atlantic, IA	2:08:58	10:23
1884	216	M45	John Degen, 46, Rockwell, IA	2:08:59	10:23
1885	253	M40	Ed Acoymo, 42, Ankeny, IA	2:08:59	10:23
1105	226	W25	Brooke Chriswisher, 27*, Ankeny, IA	2:09:00	10:23
1106	142	W40	Kim Jensen, 41*, Ankeny, IA	2:09:00	10:23
1886	331	M35	Chris Bowersox, 35, Johnston, IA	2:09:01	10:23
1887	93	M55	Bill Chandler, 55, Frankfort, IL	2:09:02	10:23
1888	217	M45	Brent Wilson, 46, Johnston, IA	2:09:04	10:23
1107	227	W25	Arianne Kuennen, 25*, Bondurant, IA	2:09:04	10:23
1889	138	M50	John Kim, 50, Urbandale, IA	2:09:05	10:23
1108	207	W30	Londa Schnell, 31*, Lake Mills, IA	2:09:06	10:23
1109	228	W25	Emily Minear, 26*, Des Moines, IA	2:09:06	10:23
1110	7	W55	Catherine Reel, 59*, Algona, IA	2:09:07	10:23
1111	143	W40	Lori Dingeman, 40*, Pella, IA	2:09:07	10:23
1112	229	W25	Kate Sigmund, 25*, Grimes, IA	2:09:08	10:23
1113	144	W40	Anne Blobaum, 40*, Des Moines, IA	2:09:09	10:23
1114	208	W30	Mary Boggs, 32*, West Des Moines, IA	2:09:11	10:24
1115	145	W40	Christine Hartman, 44*, Ankeny, IA	2:09:13	10:24
1890	94	M55	John Lang, 55, Waterloo, IA	2:09:13	10:24
1116	209	W30	Dina Hulscher, 34*, Des Moines, IA	2:09:15	10:24
1891	280	M25	Khye Kading, 27, Ankeny, IA	2:09:16	10:24
1892	332	M35	Doug Reis, 37, Adel, IA	2:09:17	10:24
1893	218	M45	Bart Lane, 46, Cedar Falls, IA	2:09:17	10:24
1117	210	W30	Molly Titchenal, 32*, Owatonna, MN	2:09:18	10:24
1894	281	M25	Kole Petersen, 27, West Des Moines, IA	2:09:18	10:24
1118	198	W35	Billie Dyer, 36*, Des Moines, IA	2:09:18	10:24
1119	230	W25	Michelle Capobianco, 26*, Urbandale, IA	2:09:19	10:24
1120	211	W30	Tami Cross, 34*, Colfax, IA	2:09:19	10:24
1121	20	JrW	Kristina Pauley, 14*, Columbus, NE	2:09:20	10:24
1122	231	W25	Courtney O Connor, 27*, San Anoonio, TX	2:09:21	10:24
1123	232	W25	Megan Laing, 27*, North Liberty, IA	2:09:21	10:24
1895	254	M40	Pat Pauley, 43, Honey Creek, IA	2:09:22	10:24
1896	65	JrM	Brian Grieve, 15, Dallas Center, IA	2:09:22	10:25
1124	199	W35	Joyce Debolt, 39*, Carroll, IA	2:09:23	10:25
1897	333	M35	Todd Carlson, 38, Clive, IA	2:09:23	10:25
1125	160	W20	Ashley Anderson, 22*, West Des Moines, IA	2:09:23	10:25
1898	334	M35	Kumaresan Subramani, 38, Urbandale, IA	2:09:23	10:25
1899	35	M60	Walter Aeckerle, 64, Walnut, IA	2:09:24	10:25
1900	139	M50	Steve Kenkel, 51, Toledo, IA	2:09:24	10:25
1126	233	W25	Sarah Halverson, 28*, Ankeny, IA	2:09:24	10:25
1127	234	W25	Amy Mitchell, 29*, Ankeny, IA	2:09:25	10:25
1901	281	M30	Woody Hancock, 32, Indianola, IA	2:09:25	10:25
1902	138	M20	Erik Anderson, 20, West Des Moines, IA	2:09:26	10:25
1903	282	M25	Matthew Schleier, 28, Des Moines, IA	2:09:26	10:25
1128	235	W25	Lindsay Thomas, 26*, Minneapolis, MN	2:09:27	10:25
1904	140	M50	Dennis Howard, 53, Des Moines, IA	2:09:28	10:25
1129	212	W30	Holly Anderson, 34*, Van Meter, IA	2:09:28	10:25
1130	146	W40	Laura Simmons, 40*, Galena, IL	2:09:29	10:25
1131	161	W20	Nellie Simon, 23*, Laramie, WY	2:09:30	10:25
1905	283	M25	Matthew Andrews, 26, Iowa City, IA	2:09:30	10:25
1132	74	W45	Mary Ellen Schrunk, 46*, Ames, IA	2:09:31	10:25
1133	162	W20	Eileen Kurth, 24*, Windsor Heights, IA	2:09:32	10:25
1134	236	W25	Amanda Van Horn, 26*, Des Moines, IA	2:09:32	10:25
1135	237	W25	Kara Peterson, 27*, Des Moines, IA	2:09:33	10:25
1136	238	W25	Robin Elwick, 28*, Des Moines, IA	2:09:33	10:25
1137	75	W45	Sheila Neleman, 48*, Urbandale, IA	2:09:34	10:26
1906	284	M25	Andy Vis, 27, Johnston, IA	2:09:36	10:26
1907	285	M25	Matthew Piepel, 29, Polk City, IA	2:09:38	10:26
1138	239	W25	Katrina Schultz, 25*, West Des Moines, IA	2:09:42	10:26



1139	21	JrW Liza Mitrofanova, 15*, West Des Moines, IA	2:09:45	10:26
1140	240	W25 Jaime Meyer, 27*, Pella, IA	2:09:46	10:26
1141	241	W25 Sarah Hutchison, 25*, Urbandale, IA	2:09:46	10:26
1142	147	W40 Tracy Murphy, 41*, Tiffin, IA	2:09:48	10:27
1908	335	M35 David Chicken, 39, Waukee, IA	2:09:48	10:27
1143	200	W35 Jackie Konopik, 36*, Clive, IA	2:09:49	10:27
1144	76	W45 Joan Blair-Dick, 49*, Bettendorf, IA	2:09:50	10:27
1909	286	M25 Brad Smith, 26, Marshalltown, IA	2:09:53	10:27
1910	255	M40 Scott Neumayer, 40, Johnston, IA	2:09:56	10:27
1145	148	W40 Barbara Thayer, 41*, Urbandale, IA	2:09:58	10:27
1146	39	W50 Mary Gross, 54*, Des Moines, IA	2:09:58	10:27
1911	336	M35 Matt Petersen, 37, Huxley, IA	2:10:00	10:28
1147	77	W45 Cindy Brun, 46*, Des Moines, IA	2:10:03	10:28
1912	219	M45 Matthew Dore, 48, Des Moines, IA	2:10:03	10:28
1913	337	M35 Alan Peters, 38, Des Moines, IA	2:10:04	10:28
1148	201	W35 Sherri Hart, 38*, West Des Moines, IA	2:10:06	10:28
1149	149	W40 Jan Lebahn, 43*, Montezuma, IA	2:10:06	10:28
1150	78	W45 Nancy Cambron, 49*, Indianola, IA	2:10:07	10:28
1151	242	W25 Jessie Lennon, 27*, Spillville, IA	2:10:08	10:28
1152	213	W30 Jessica Starner, 30*, Onalaska, WI	2:10:08	10:28
1153	243	W25 Kelley Willey, 27*, Prairie City, IA	2:10:09	10:28
1154	202	W35 Brooke Lovelace, 36*, Newton, IA	2:10:09	10:28
1155	79	W45 Linda Jensen, 45*, Des Moines, IA	2:10:10	10:28
1914	66	JrM Nathan Kashak, 15, Farmington, MN	2:10:10	10:28
1156	150	W40 Gwyndolyn McMillin, 40*, Des Moines, IA	2:10:13	10:29
1157	214	W30 Amanda Werts, 32*, Des Moines, IA	2:10:14	10:29
1158	203	W35 Michelle Weber, 39*, Waukee, IA	2:10:16	10:29
1915	141	M50 Robert Jones, 54, Cedar Rapids, IA	2:10:17	10:29
1159	215	W30 Gretchen Hageman, 32*, Marshalltown, IA	2:10:20	10:29
1160	40	W50 Barb Mitchell, 52*, West Des Moines, IA	2:10:21	10:29
1916	142	M50 Jack Frans, 52, Gretna, NE	2:10:21	10:29
1161	244	W25 Holly Dorenkamp, 25*, Pella, IA	2:10:23	10:29
1162	245	W25 Jessica Eagan, 28*, Norwalk, IA	2:10:23	10:29
1917	95	M55 John Seminara, 58, Omaha, NE	2:10:25	10:30
1163	204	W35 Cindy Anderson, 35*, Urbandale, IA	2:10:25	10:30
1164	216	W30 Kristine Stoebner, 30*, Des Moines, IA	2:10:28	10:30
1165	246	W25 Becky Jolly, 27*, Indianola, IA	2:10:29	10:30
1918	287	M25 Joshua Miller, 26, Ankeny, IA	2:10:29	10:30
1919	338	M35 Tim Weber, 38, Waukee, IA	2:10:29	10:30
1920	96	M55 Thomas Hostetter, 56, Ames, IA	2:10:30	10:30
1921	97	M55 Isaac Oyibo, 56, Des Moines, IA	2:10:30	10:30
1166	217	W30 Joni Leinen, 31*, Urbandale, IA	2:10:31	10:30
1922	98	M55 Mark Phillips, 57, Ankeny, IA	2:10:31	10:30
1923	288	M25 Scott Phillips, 27, Des Moines, IA	2:10:34	10:30
1924	282	M30 Mathew Greiner, 31, Iowa City, IA	2:10:35	10:30
1925	283	M30 Andrew Douglass, 33, Clive, IA	2:10:35	10:30
1167	163	W20 Shannon Brown, 23*, Des Moines, IA	2:10:36	10:30
1926	143	M50 Steve Studt, 51, Webster City, IA	2:10:37	10:31
1168	164	W20 Janelle Lenz, 22*, Ankeny, IA	2:10:38	10:31
1927	284	M30 Aaron Bretthauer, 34, Des Moines, IA	2:10:39	10:31
1928	285	M30 Eugene Wandera, 32, Ankeny, IA	2:10:45	10:31
1169	205	W35 Lisa Carter, 39*, West Des Moines, IA	2:10:47	10:31
1170	165	W20 Mary Goben, 23*, Indianola, IA	2:10:47	10:31
1171	151	W40 Tricia Childress, 41*, Ankeny, IA	2:10:48	10:31
1929	289	M25 Rob Morrison, 27, Urbandale, IA	2:10:49	10:32
1930	256	M40 Michael Scoblic, 43, Waukee, IA	2:10:50	10:32
1172	247	W25 Brooke Wilson, 27*, Greenfield, IA	2:10:52	10:32
1173	152	W40 Mary Sheka, 42*, Des Moines, IA	2:10:54	10:32
1174	153	W40 Tina Holzworth, 44*, Colfax, IA	2:10:54	10:32
1931	339	M35 Joe Fulton, 36, Urbandale, IA	2:10:54	10:32
1175	206	W35 Tarrel Storey, 35*, Spencer, IA	2:10:56	10:32
1932	99	M55 Jack Sandmeier, 56, Knoxville, IA	2:10:56	10:32
1176	166	W20 Audrey Barrett, 24*, Des Moines, IA	2:10:57	10:32
1933	290	M25 Aaron Rogers, 28, Des Moines, IA	2:10:59	10:32

1177	167	W20	Erin Peterson, 21*, Omaha, NE	2:11:00	10:32
1178	168	W20	Mary Sievers, 24*, Pleasant Hill, IA	2:11:01	10:32
1934	4	M65	Chet Doyle, 68, Coal Valley, IL	2:11:02	10:33
1179	248	W25	Joanna Veltri, 29*, Des Moines, IA	2:11:04	10:33
1180	207	W35	Andrea Bratton, 39*, Clive, IA	2:11:04	10:33
1181	154	W40	Jenni Klise, 44*, Des Moines, IA	2:11:05	10:33
1182	208	W35	Kim Eldridge, 35*, West Des Moines, IA	2:11:06	10:33
1183	41	W50	Mary Hillman, 53*, Grand Junction, IA	2:11:07	10:33
1935	139	M20	Jeff Mercier, 23, West Des Moines, IA	2:11:10	10:33
1184	155	W40	Julie Comes, 42*, Grimes, IA	2:11:10	10:33
1185	218	W30	Tobi Roesler, 33*, Urbandale, IA	2:11:11	10:33
1936	340	M35	Phil Chia, 36, Des Moines, IA	2:11:12	10:33
1186	156	W40	Diane Kruse, 42*, Johnston, IA	2:11:13	10:33
1187	249	W25	Julie Albright, 29*, Norwalk, IA	2:11:16	10:34
1188	169	W20	Sarah McDougal, 22*, Ankeny, IA	2:11:19	10:34
1189	40	W17	Lauren Link, 19*, Pleasant Hill, IA	2:11:19	10:34
1190	157	W40	Sue Keith, 41*, Solon, IA	2:11:20	10:34
1937	140	M20	Andy Birmingham, 22, Ames, IA	2:11:22	10:34
1191	219	W30	Nicole Cooney, 34*, Iowa Falls, IA	2:11:25	10:34
1192	220	W30	Rebecca Knudson, 32*, Center Point, IA	2:11:25	10:34
1938	144	M50	Patrick Oswald, 51, Des Moines, IA	2:11:26	10:34
1193	209	W35	Rae Edwards, 36*, Clive, IA	2:11:28	10:35
1939	341	M35	Darrin Eilander, 39, Ankeny, IA	2:11:30	10:35
1194	170	W20	Kathryn Freel, 23*, Atlanta, GA	2:11:30	10:35
1195	210	W35	Sandra Fisher, 39*, Urbandale, IA	2:11:31	10:35
1940	220	M45	Kevin Morris, 49, Des Moines, IA	2:11:38	10:35
1941	291	M25	Brad Dains, 27, De Soto, IA	2:11:39	10:36
1196	42	W50	Rita Hoffman, 51*, Spencer, IA	2:11:39	10:36
1197	250	W25	Angela Messmer, 26*, Bennington, NE	2:11:41	10:36
1942	342	M35	Tom Cooney, 38, Iowa Falls, IA	2:11:41	10:36
1198	251	W25	Suzanne Sosby, 29*, Madrid, IA	2:11:42	10:36
1199	221	W30	Tonya Baker, 32*, Des Moines, IA	2:11:44	10:36
1943	145	M50	Mike Freel, 54, Des Moines, IA	2:11:46	10:36
1944	286	M30	Brandon Rutledge, 30, West Des Moines, IA	2:11:46	10:36
1945	221	M45	Thomas Pickup, 47, Cedar Rapids, IA	2:11:49	10:36
1946	292	M25	Andrew Barkley, 26, Ankeny, IA	2:11:52	10:37
1947	222	M45	John Noll, 45, Clive, IA	2:11:52	10:37
1200	252	W25	Evan Swanson, 25*, West Des Moines, IA	2:11:52	10:37
1201	222	W30	Karen Dicke, 30*, Ames, IA	2:11:54	10:37
1202	43	W50	Deb Miller, 50*, Perry, IA	2:11:55	10:37
1203	80	W45	Ann Eisenman, 46*, Clinton, IA	2:11:55	10:37
1948	293	M25	Rusty Brugioni II, 28, Omaha, NE	2:11:56	10:37
1949	343	M35	Mark Pollmann, 36, Des Moines, IA	2:11:56	10:37
1204	81	W45	Joyce Jessen, 46*, Colfax, IA	2:11:57	10:37
1205	223	W30	Tamara Ford, 33*, West Des Moines, IA	2:11:58	10:37
1206	171	W20	Kelly Kalvelage, 24*, Des Moines, IA	2:11:58	10:37
1207	211	W35	Ann Shelton, 39*, Urbandale, IA	2:11:58	10:37
1208	224	W30	Deb Hartgers, 33*, Maxwell, IA	2:11:59	10:37
1950	294	M25	Brandon Scheil, 25, Cedar Rapids, IA	2:11:59	10:37
1209	212	W35	Becky Thomas, 36*, Johnston, IA	2:12:00	10:37
1951	146	M50	Randall Scheil, 54, Cedar Rapids, IA	2:12:00	10:37
1210	225	W30	Shana Wilson, 33*, Ames, IA	2:12:01	10:37
1211	226	W30	Kari Lukowski, 32*, Bennington, NE	2:12:05	10:38
1212	253	W25	Katie Smith, 25*, Iowa City, IA	2:12:06	10:38
1213	82	W45	Natalie Welter, 49*, Story City, IA	2:12:07	10:38
1214	254	W25	Katie Hoffman, 28*, Minneapolis, MN	2:12:07	10:38
1215	213	W35	Martha Baudler, 35*, Indianola, IA	2:12:08	10:38
1952	257	M40	Chris Harding, 41, Ames, IA	2:12:08	10:38
1953	147	M50	John Doherty, 53, Urbandale, IA	2:12:08	10:38
1954	258	M40	Kevin Rahner, 41, Slater, IA	2:12:10	10:38
1216	227	W30	Denise Boozell, 31*, Indianola, IA	2:12:13	10:38
1217	41	W17	Randi Reed, 18*, Malvern, IA	2:12:13	10:38
1955	259	M40	Joe Terrones, 43, Ames, IA	2:12:15	10:38
1218	214	W35	Angela Knight, 35*, West Des Moines, CA	2:12:15	10:38
1219	228	W30	Mickolyn Clapper, 32*, Baxter, IA	2:12:17	10:39

1956	148	M50	David Larson, 54, Newton, IA	2:12:18	10:39
1220	215	W35	Molly Kellerman, 37*, St. Charles, MO	2:12:18	10:39
1957	344	M35	Danny Wilson, 35, Ames, IA	2:12:18	10:39
1958	287	M30	Scott Brandau, 32, Osage, IA	2:12:18	10:39
1959	100	M55	William Funnemark, 57, Algona, IA	2:12:19	10:39
1221	255	W25	Sara Makey, 25*, Overland Park, KS	2:12:21	10:39
1222	229	W30	Lori White, 31*, Rochester, MN	2:12:21	10:39
1223	256	W25	Cyndi Angelo, 28*, Eden Prairie, MN	2:12:23	10:39
1960	345	M35	Mark Barker, 36, Ankeny, IA	2:12:24	10:39
1224	216	W35	Dotty Johnson, 39*, Des Moines, IA	2:12:24	10:39
1961	141	M20	Joseph Collier, 22, Dubuque, IA	2:12:25	10:39
1225	217	W35	Nicole Brua-Behrens, 35*, Grinnell, IA	2:12:25	10:39
1962	223	M45	Jim Makey, 49, Logan, IA	2:12:25	10:39
1963	224	M45	Timothy Gibler, 48, Council Bluffs, IA	2:12:26	10:39
1226	230	W30	Erica Rohr, 34*, West Des Moines, IA	2:12:26	10:39
1964	225	M45	Kent Atha, 45, Des Moines, IA	2:12:26	10:39
1227	257	W25	Ashlee Broshar, 25*, Omaha, NE	2:12:32	10:40
1965	149	M50	Mike Nowels, 52, Madrid, IA	2:12:32	10:40
1228	172	W20	Barb Petersen, 23*, Ames, IA	2:12:32	10:40
1229	231	W30	Stacey Iverson, 32*, Des Moines, IA	2:12:33	10:40
1230	258	W25	Wendy Nutini, 26*, Ames, IA	2:12:34	10:40
1231	218	W35	Peggy Hintze, 37*, Bondurant, IA	2:12:36	10:40
1232	158	W40	Deb Linder, 40*, Hedrick, IA	2:12:37	10:40
1233	219	W35	Donna Duwa, 39*, Hedrick, IA	2:12:39	10:40
1234	232	W30	Kori Heuss, 33*, Ames, IA	2:12:40	10:40
1235	233	W30	Wendy Vandyke, 31*, Ames, IA	2:12:41	10:41
1236	159	W40	Barbara Sloniker, 44*, Sioux City, IA	2:12:41	10:41
1237	234	W30	Teresa Rosenboom, 34*, Sioux City, IA	2:12:44	10:41
1238	235	W30	Julie Kramer, 33*, Cedar Rapids, IA	2:12:46	10:41
1966	346	M35	Karl Rohr, 36, West Des Moines, IA	2:12:49	10:41
1967	150	M50	David Rasmussen, 52, Bloomfield, IA	2:12:50	10:41
1968	295	M25	John Mammoser, 29, Chicago, IL	2:12:52	10:41
1239	160	W40	Jill Blosser, 41*, West Des Moines, IA	2:12:53	10:41
1240	173	W20	Ellen Kilgard, 24*, Ames, IA	2:12:53	10:41
1969	142	M20	Torre Hovick, 24, Ames, IA	2:12:55	10:42
1241	174	W20	Jennifer Christensen, 24*, Ames, IA	2:12:56	10:42
1970	347	M35	Matthew Etling, 39, Altoona, IA	2:12:56	10:42
1242	236	W30	Katy Pose, 33*, San Francisco, CA	2:12:59	10:42
1243	220	W35	Kathy Agocs, 35*, Urbandale, IA	2:12:59	10:42
1971	226	M45	Randy Guzman, 48, Des Moines, IA	2:13:00	10:42
1972	296	M25	Alex Weigel, 27, Waukee, IA	2:13:01	10:42
1973	288	M30	Henry Wood, 30, Des Moines, IA	2:13:01	10:42
1244	237	W30	Melissa Sturm-Smith, 33*, Des Moines, IA	2:13:02	10:42
1974	297	M25	Ryan Stowe, 26, Urbandale, IA	2:13:05	10:42
1975	227	M45	Samuel Laughridge, 46, Perry, IA	2:13:05	10:42
1245	161	W40	Laurie Johnson, 41*, Osage, IA	2:13:08	10:43
1246	238	W30	Michelle Braunschweig, 30*, Des Moines, IA	2:13:10	10:43
1247	42	W17	Neva Hibbing, 19*, Ames, IA	2:13:10	10:43
1248	43	W17	Angela Beckwith, 18*, Ames, IA	2:13:10	10:43
1976	260	M40	Mike Harrison, 40, Bettendorf, IA	2:13:11	10:43
1249	259	W25	Tonya Cook, 27*, Pleasantville, IA	2:13:11	10:43
1977	151	M50	Brian Walters, 50, Urbandale, IA	2:13:11	10:43
1250	175	W20	Emil Brown, 20*, Ankeny, IA	2:13:12	10:43
1251	162	W40	Suzanne Mannella, 41*, Ankeny, IA	2:13:12	10:43
1978	348	M35	Tommi Makila, 37, Ankeny, IA	2:13:16	10:43
1979	101	M55	Walter Hunt, 56, Missouri Valley, IA	2:13:18	10:44
1252	163	W40	Cindy Simpson, 40*, Norwalk, IA	2:13:19	10:44
1253	221	W35	Jennifer Webster, 36*, Urbandale, IA	2:13:20	10:44
1254	44	W50	Annette Varley, 50*, Menlo, IA	2:13:21	10:44
1255	176	W20	Emily Smith, 20*, Ames, IA	2:13:22	10:44
1980	102	M55	Howard Hunt Jr, 57, Dixon, IA	2:13:25	10:44
1256	239	W30	Courtney Stevens, 31*, Des Moines, IA	2:13:25	10:44
1257	2	W60	Lorraine Whitaker, 64*, Omaha, NE	2:13:25	10:44
1258	222	W35	Tracy Gerlach, 39*, West Des Moines, IA	2:13:26	10:44

1981	289	M30	Dinesh Verma, 34, Chesterfield, MO	2:13:28	10:44
1259	260	W25	Lindsay Graham, 27*, Indianola, IA	2:13:29	10:44
1982	67	JrM	Zachary Henaman, 13, West Des Moines, IA	2:13:30	10:44
1983	298	M25	Brian Boone, 28, Omaha, NE	2:13:32	10:45
1260	83	W45	Shellie Billings, 48*, Dallas Center, IA	2:13:34	10:45
1261	177	W20	Emily Harbaugh, 24*, Des Moines, IA	2:13:35	10:45
1984	5	M65	Richard Doak, 66, Johnston, IA	2:13:35	10:45
1985	103	M55	Galen Peery, 56, Kiron, IA	2:13:36	10:45
1262	223	W35	Kris Richardson, 35*, Marshalltown, IA	2:13:36	10:45
1263	164	W40	Cori Kelly, 43*, Ankeny, IA	2:13:36	10:45
1264	165	W40	Tiffany Reese, 40*, Ankeny, IA	2:13:37	10:45
1986	299	M25	Jonathan Dejong, 27, Omaha, NE	2:13:37	10:45
1265	261	W25	Katie Koshinski, 27*, West Des Moines, IA	2:13:39	10:45
1266	240	W30	Renee Luinstra, 32*, West Des Moines, IA	2:13:40	10:45
1267	45	W50	Michelle Witte, 53*, Lake View, IA	2:13:41	10:45
1268	241	W30	Martha Rockwell, 31*, Des Moines, IA	2:13:41	10:45
1269	262	W25	Erin Feld, 27*, Pleasant Hill, IA	2:13:42	10:45
1987	290	M30	Brad Bruner, 32, Des Moines, IA	2:13:43	10:46
1270	224	W35	Mary Ducar, 37*, Ankeny, IA	2:13:45	10:46
1988	300	M25	Aaron Siskow, 28, Urbandale, IA	2:13:46	10:46
1271	263	W25	Erin Flemmer, 28*, Des Moines, IA	2:13:47	10:46
1272	166	W40	Sally Finder-Koziol, 44*, Altoona, IA	2:13:50	10:46
1273	242	W30	Ronda Humpal, 32*, Asbury, IA	2:13:52	10:46
1274	225	W35	Allyson Glaser, 35*, West Des Moines, IA	2:13:53	10:46
1989	349	M35	Blaine Kamp, 39, Gowrie, IA	2:13:57	10:47
1990	350	M35	Buddy Anliker, 39, Columbia, MO	2:13:57	10:47
1991	152	M50	David Lichtenauer, 52, Johnston, IA	2:13:58	10:47
1275	226	W35	Angela Farquhar, 37*, Windsor Heights, IA	2:13:58	10:47
1992	351	M35	Brent Emerson, 36, Huxley, IA	2:13:59	10:47
1276	227	W35	Katherine Halupnik, 38*, Marion, IA	2:13:59	10:47
1993	301	M25	David Flemmer, 28, Des Moines, IA	2:14:00	10:47
1277	178	W20	Erin Mitchell, 21*, West Des Moines, IA	2:14:01	10:47
1278	167	W40	Cheryl Cochran, 40*, Urbandale, IA	2:14:03	10:47
1279	179	W20	Crystal Roforth, 24*, Urbandale, IA	2:14:06	10:47
1280	168	W40	Sherri Finney, 40*, Waukee, IA	2:14:11	10:48
1281	169	W40	Kathleen Parker, 44*, Colfax, IA	2:14:11	10:48
1994	291	M30	Larry Isom, 33, Panora, IA	2:14:12	10:48
1995	292	M30	Mike Richardson, 32, Adel, IA	2:14:12	10:48
1282	84	W45	Diane Larson, 49*, Colfax, IA	2:14:13	10:48
1283	264	W25	Tonya Patrick, 26*, Des Moines, IA	2:14:13	10:48
1996	302	M25	Scott Sparrgrove, 29, Pleasant Hill, IA	2:14:15	10:48
1997	143	M20	Chase Cookman, 24, Ames, IA	2:14:16	10:48
1284	243	W30	Beth Chapman, 33*, West Des Moines, IA	2:14:17	10:48
1998	293	M30	Mitchell Lake, 30, West Des Moines, IA	2:14:17	10:48
1285	170	W40	Jackie Ackerman, 41*, Johnston, IA	2:14:21	10:49
1999	59	M17	Sean Donnelly, 18, Ottumwa, IA	2:14:23	10:49
1286	180	W20	Heather Gloede, 23*, West Des Moines, IA	2:14:24	10:49
1287	244	W30	Lisa Clark, 30*, Jefferson, IA	2:14:24	10:49
2000	104	M55	Norm Ostbloom, 59, Des Moines, IA	2:14:29	10:49
1288	228	W35	Katrisha Heidemann, 36*, Granger, IA	2:14:29	10:49
1289	85	W45	Lori Winder, 45*, Mount Vernon, IA	2:14:30	10:49
2001	261	M40	Tommy Morris, 41, Johnston, IA	2:14:34	10:50
1290	171	W40	Kathi Orr, 42*, Mt Vernon, IA	2:14:35	10:50
1291	172	W40	Diane Julius, 44*, Mason City, IA	2:14:36	10:50
1292	245	W30	Blythe Stanfel, 32*, Clive, IA	2:14:37	10:50
1293	229	W35	Laura Kroeger, 38*, West Des Moines, IA	2:14:39	10:50
1294	230	W35	Angie Vanderkamp, 35*, Ankeny, IA	2:14:40	10:50
1295	181	W20	Jessica Fitzsimons, 24*, Ankeny, IA	2:14:41	10:50
1296	231	W35	Melissa Street, 36*, Des Moines, IA	2:14:41	10:50
1297	265	W25	Robyn Ledger, 29*, Marion, IA	2:14:43	10:50
2002	228	M45	Brad Randall, 46, Solon, IA	2:14:43	10:50
1298	232	W35	Cathaleen Heithoff, 36*, Des Moines, IA	2:14:44	10:50
2003	303	M25	Mark Krueger, 28, Des Moines, IA	2:14:44	10:50
1299	233	W35	Paula Bequette, 38*, Hallsville, MO	2:14:47	10:51
1300	246	W30	Melissa Leonard, 32*, Estherville, IA	2:14:47	10:51

2004	229	M45	William Nutty, 48, Ames, IA	2:14:49	10:51
1301	266	W25	Meghan King, 27*, Urbandale, IA	2:14:50	10:51
1302	234	W35	Sara Heit, 35*, Lakeville, MN	2:14:53	10:51
2005	262	M40	Duane Orr, 43, Mt Vernon, IA	2:14:54	10:51
1303	86	W45	Sally Marzen, 49*, Dougherty, IA	2:14:56	10:51
1304	235	W35	Julie Veasley, 35*, Des Moines, IA	2:14:57	10:51
1305	247	W30	Betsy Anderson, 30*, Des Moines, IA	2:14:58	10:52
1306	267	W25	Stacy Cummings, 29*, Ankeny, IA	2:14:58	10:52
1307	87	W45	Linda Ream, 45*, Urbandale, IA	2:15:00	10:52
2006	294	M30	Cordell Key, 31, West Des Moines, IA	2:15:01	10:52
1308	268	W25	Erin Osier, 28*, West Des Moines, IA	2:15:01	10:52
1309	173	W40	Jane Graybill, 43*, Lakeville, MN	2:15:02	10:52
2007	304	M25	Zach Lincicum, 29, Ankeny, IA	2:15:02	10:52
1310	88	W45	Marian Greer, 45*, Urbandale, IA	2:15:05	10:52
1311	8	W55	Rose Mary Pratt, 59*, Des Moines, IA	2:15:07	10:52
1312	269	W25	Teanna Stevenson, 27*, Clive, IA	2:15:08	10:52
1313	270	W25	Mitzi Smith, 29*, Urbandale, IA	2:15:10	10:53
1314	236	W35	Stephanie Becker, 38*, Indianola, IA	2:15:13	10:53
1315	248	W30	Jill Youmans, 33*, Indianola, IA	2:15:13	10:53
2008	6	M65	Tom Whitaker, 65, Omaha, NE	2:15:15	10:53
1316	89	W45	Kathy Johnson, 45*, Nevada, IA	2:15:17	10:53
2009	263	M40	Randall Hamilton, 41, Des Moines, IA	2:15:21	10:53
1317	249	W30	Judy Hillman, 34*, Dana, IA	2:15:22	10:53
2010	264	M40	Monty Eitel, 40, Slater, IA	2:15:22	10:54
1318	271	W25	Jennifer Doman, 27*, West Des Moines, IA	2:15:23	10:54
1319	272	W25	Anne Winter, 26*, Des Moines, IA	2:15:24	10:54
1320	174	W40	Julie Schwalbe, 41*, Des Moines, IA	2:15:25	10:54
1321	90	W45	Roma Snook, 48*, Chariton, IA	2:15:25	10:54
1322	237	W35	Shelly Fitzgerald, 35*, Newton, IA	2:15:27	10:54
1323	273	W25	Marcy Milburn, 26*, Newton, IA	2:15:28	10:54
1324	238	W35	Rita Geisinger, 39*, Pleasant Hill, IA	2:15:28	10:54
2011	305	M25	John Osier, 28, West Des Moines, IA	2:15:28	10:54
1325	274	W25	Kelsey Marske, 27*, Urbandale, IA	2:15:29	10:54
2012	295	M30	Brian Engstler, 31, Waukee, IA	2:15:29	10:54
2013	265	M40	Michael Cook, 42, Urbandale, IA	2:15:29	10:54
2014	296	M30	Andrew Marske, 30, Urbandale, IA	2:15:30	10:54
1326	182	W20	Carmen Methner, 24*, Council Bluffs, IA	2:15:32	10:54
2015	105	M55	Lonnie Gerber, 57, Pella, IA	2:15:34	10:54
2016	352	M35	Don Fitzgerald, 37, Newton, IA	2:15:37	10:55
1327	275	W25	Kelsi Powell, 27*, Kansas City, KS	2:15:37	10:55
1328	46	W50	Linda Fatland, 50*, West Des Moines, IA	2:15:38	10:55
1329	276	W25	Shelby Hansen, 27*, Urbandale, IA	2:15:44	10:55
1330	44	W17	Jill Stevenson, 19*, Ankeny, IA	2:15:45	10:55
2017	266	M40	Glenn Martin, 44, Appleton, WI	2:15:45	10:55
2018	353	M35	Matthew Van Maanen, 35, Cedar Rapids, IA	2:15:47	10:55
1331	250	W30	Wendy Barlow, 31*, Altoona, IA	2:15:48	10:56
2019	36	M60	Jack Matthews, 63, Stuart, IA	2:15:48	10:56
1332	277	W25	Johanna Laing, 26*, Iowa City, IA	2:15:50	10:56
2020	306	M25	Jeremy Taylor, 29, Sioux City, IA	2:15:50	10:56
1333	22	JrW	Holly Reed, 16*, Solon, IA	2:15:52	10:56
1334	23	JrW	Maggie Randall, 16*, Solon, IA	2:15:52	10:56
1335	251	W30	Kathi Thompson, 32*, Indianola, IA	2:15:53	10:56
1336	175	W40	Carol Ossian, 41*, Huxley, IA	2:15:53	10:56
1337	239	W35	Becky Veltri, 36*, Ida Grove, IA	2:15:56	10:56
1338	278	W25	Suzy Piel, 25*, Clive, IA	2:15:59	10:56
1339	252	W30	Stephanie Gifford, 33*, Waukee, IA	2:16:01	10:57
1340	240	W35	Tammy Hibbard, 35*, Des Moines, IA	2:16:05	10:57
1341	241	W35	Christine McLaughlin, 37*, Marion, IA	2:16:05	10:57
1342	279	W25	Liz Hiveley, 28*, Waukee, IA	2:16:08	10:57
2021	307	M25	Troy Hansen, 28, Urbandale, IA	2:16:08	10:57
2022	153	M50	Dennis Stevenson, 52, Ankeny, IA	2:16:09	10:57
1343	253	W30	Kari Bassett, 31*, Phoenix, AZ	2:16:10	10:57
2023	308	M25	Manni Balignasay, 27, Urbandale, IA	2:16:10	10:57
1344	176	W40	Stacey Brandt, 41*, Decorah, IA	2:16:13	10:58
1345	91	W45	Joan Bauer, 49*, Aubudon, IA	2:16:14	10:58

2024	354	M35 Alan Six, 39, Altoona, IA	2:16:14	10:58
2025	297	M30 Dave Cowman, 34, Ankeny, IA	2:16:14	10:58
1346	280	W25 Abbey Brown, 26*, Urbana, IA	2:16:15	10:58
1347	177	W40 Laura Hollingshead, 44*, Santa Ana	2:16:16	10:58
1348	254	W30 Ann Davenport, 31*, Minneapolis, MN	2:16:17	10:58
1349	255	W30 Stephanie Byland, 34*, Edina, MN	2:16:17	10:58
1350	281	W25 Angie Miller, 28*, Ankeny, IA	2:16:18	10:58
1351	9	W55 Janice Busby, 58*, Dallas Center, IA	2:16:21	10:58
1352	256	W30 Amanda Kellerhals, 32*, Urbandale, IA	2:16:21	10:58
1353	257	W30 Mary Meskimen, 30*, North Liberty, IA	2:16:23	10:58
1354	282	W25 Maureen Cunningham, 26*, West Des Moines, IA	2:16:25	10:59
1355	283	W25 Katy Loutsch, 26*, Ankeny, IA	2:16:25	10:59
2026	267	M40 Jon Burbridge, 43, Robins, IA	2:16:30	10:59
1356	284	W25 Shy-Ann Davidson, 29*, Des Moines, IA	2:16:30	10:59
1357	285	W25 Alyssa Barrows, 26*, West Des Moines, IA	2:16:31	10:59
1358	47	W50 Linda Strohbeck, 53*, Urbandale, IA	2:16:31	10:59
2027	230	M45 Monty Hahn, 49, Dakota Dunes, SD	2:16:32	10:59
1359	183	W20 Ashley Cox, 24*, Kirksville, MO	2:16:32	10:59
2028	154	M50 Daniel Beer, 51, Cedar Rapids, IA	2:16:33	10:59
1360	242	W35 Kari Brych, 36*, Minneapolis, MN	2:16:33	10:59
1361	24	JrW Mary Wisner, 14*, West Des Moines, IA	2:16:33	10:59
1362	286	W25 Tiffany Gossweiler, 26*, Johnston, IA	2:16:35	10:59
1363	287	W25 Sarah Huyck, 26*, Des Moines, IA	2:16:35	10:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

1364	288	W25 Lisa Lundstrom, 27*, West Des Moines, IA	2:16:37	11:00
1365	289	W25 Mackenzie Osborn, 25*, Des Moines, IA	2:16:38	11:00
1366	48	W50 Connie Aasen, 51*, Sioux City, IA	2:16:38	11:00
2029	298	M30 Jeremy Harpold, 30, Des Moines, IA	2:16:38	11:00
1367	178	W40 Julia Lee, 42*, West Des Moines, IA	2:16:39	11:00
1368	258	W30 Camila Sabatini, 31*, Iowa City, IA	2:16:39	11:00
1369	290	W25 Angelica Damian, 25*, Iowa City, IA	2:16:43	11:00
1370	243	W35 Melissa Denison, 39*, Des Moines, IA	2:16:43	11:00
1371	259	W30 Heather Hendrix, 31*, Ankeny, IA	2:16:47	11:00
1372	92	W45 Kimberly Taylor, 46*, West Des Moines, IA	2:16:50	11:01
1373	179	W40 Vianna Bohlen, 41*, Owatonna, MN	2:16:52	11:01
2030	155	M50 Paul Barrows, 51, Urbandale, IA	2:16:53	11:01
1374	244	W35 Maggie McCay, 38*, Des Moines, IA	2:16:53	11:01
2031	231	M45 James Henry, 45, Des Moines, IA	2:16:54	11:01
2032	299	M30 Scott Coen, 31, Creston, IA	2:16:54	11:01
2033	300	M30 Jeff Marcinko, 33, Windsor Heights, IA	2:16:57	11:01
2034	156	M50 Dean Dick, 50, Bettendorf, IA	2:16:57	11:01
2035	144	M20 Ken Kleemeier, 24, Marshalltown, IA	2:16:57	11:01
2036	7	M65 Claude Hayes, 67, Corning, IA	2:16:58	11:01
2037	309	M25 Rhett Bruner, 25, Overland Park, KS	2:17:00	11:01
1375	291	W25 Laura Elliott, 25*, Des Moines, IA	2:17:02	11:01
1376	292	W25 Melissa Bartecki, 26*, Des Moines, IA	2:17:02	11:02
1377	293	W25 Jill Buckman, 25*, West Des Moines, IA	2:17:03	11:02
1378	245	W35 Heidi Patterson, 38*, Solon, IA	2:17:05	11:02
1379	180	W40 Angie Dvorak, 42*, Hiawatha, IA	2:17:05	11:02
2038	60	M17 Garrett Bruner, 19, Newell, IA	2:17:07	11:02
1380	181	W40 Mary Lafferty, 41*, Des Moines, IA	2:17:07	11:02
2039	301	M30 Jerod Bruner, 30, Ankeny, IA	2:17:08	11:02
1381	93	W45 Karma Conway, 47*, Des Moines, IA	2:17:16	11:03
1382	294	W25 Jennifer Spooner, 26*, Chicago, IL	2:17:17	11:03
1383	295	W25 Angela Derby, 28*, Ankeny, IA	2:17:17	11:03
1384	184	W20 Lisa Hugentobler, 24*, West Des Moines, IA	2:17:20	11:03
2040	310	M25 Walker Wearne, 26, Little Falls, MN	2:17:20	11:03
1385	246	W35 Tammy Jacobson, 36*, Gilbert, IA	2:17:21	11:03
2041	145	M20 Lloyd Buckman, 24, West Des Moines, IA	2:17:23	11:03
2042	157	M50 John Nation, 50, Ogden, IA	2:17:24	11:03
1386	94	W45 Kathy Slinker, 45*, Indianola, IA	2:17:28	11:04

1387	10	W55 Olya Arjmand, 58*, Ames, IA	2:17:29	11:04
1388	296	W25 Chassity Deur, 26*, Urbandale, IA	2:17:30	11:04
1389	297	W25 Stacy Kanis, 26*, Des Moines, IA	2:17:30	11:04
2043	106	M55 Steve Rose, 55, Indianola, IA	2:17:31	11:04
1390	182	W40 Tracey Schilling, 43*, Ely, IA	2:17:33	11:04
1391	298	W25 Krista Heenan, 25*, Pleasant Hill, IA	2:17:34	11:04
1392	185	W20 Natalie Nowels, 22*, Council Bluffs, IA	2:17:35	11:04
1393	260	W30 Amy Coen, 30*, Wellington, CO	2:17:42	11:05
2044	107	M55 Anthony Merulla, 55, Cedar Rapids, IA	2:17:44	11:05
1394	247	W35 Beth Wignall, 39*, Ankeny, IA	2:17:45	11:05
1395	186	W20 Ellen Schoville, 24*, North Liberty, IA	2:17:47	11:05
1396	299	W25 Lindsey Nelson, 25*, Des Moines, IA	2:17:48	11:05
2045	355	M35 Paul Jacobson, 36, Gilbert, IA	2:17:48	11:05
2046	268	M40 Kris Atha, 43, Oskaloosa, IA	2:17:52	11:06
1397	95	W45 Luann Lang, 49*, Ankeny, IA	2:17:53	11:06
2047	68	JrM Carson Galloway, 16, Des Moines, IA	2:17:53	11:06
1398	300	W25 Meghan Teigen, 25*, Windsor Heights, IA	2:17:56	11:06
1399	183	W40 Cheryl Read, 41*, Marion, IA	2:17:57	11:06
2048	356	M35 Ajay Agrawal, 36, Ankeny, IA	2:17:57	11:06
1400	248	W35 Laura Ryan, 36*, Urbandale, IA	2:17:59	11:06
1401	261	W30 Kate Eenhuis, 32*, Ankeny, IA	2:18:06	11:07
2049	146	M20 Matt Ohollearn, 24, Johnston, IA	2:18:06	11:07
1402	249	W35 Laura Tobey, 39*, Clive, IA	2:18:07	11:07
1403	25	JrW Reann Davis, 13*, Bloomfield, IA	2:18:07	11:07
2050	61	M17 David Kuhlmann, 17, Readlyn, IA	2:18:09	11:07
1404	184	W40 Jean Sheets, 41*, Nevada, IA	2:18:11	11:07
2051	232	M45 Tom Lang, 49, Ankeny, IA	2:18:13	11:07
1405	11	W55 Coleen Waage, 56*, West Des Moines, IA	2:18:16	11:07
2052	302	M30 Aaron Johnson, 34, Ankeny, IA	2:18:16	11:07
2053	357	M35 Kenneth Kenworthy, 39, Altoona, IA	2:18:17	11:08
2054	158	M50 Dan Doran, 50, Boone, IA	2:18:17	11:08
2055	269	M40 Dave Davis, 43, Bloomfield, IA	2:18:18	11:08
2056	358	M35 Jason Schnell, 35, Lake Mills, IA	2:18:19	11:08
1406	96	W45 Sally Anderson, 46*, West Des Moines, IA	2:18:20	11:08
2057	159	M50 Steve Robertson, 50, Des Moines, IA	2:18:20	11:08
1407	250	W35 Kristi Knous, 38*, Urbandale, IA	2:18:24	11:08
2058	37	M60 Hal Chase, 64, Des Moines, IA	2:18:25	11:08
1408	301	W25 Kari Murray, 26*, Norwalk, IA	2:18:26	11:08
1409	302	W25 Stephanie Licht, 27*, West Des Moines, IA	2:18:27	11:08
1410	262	W30 Kristy Carstensen, 30*, Ankeny, IA	2:18:27	11:08
1411	251	W35 Heidi Imhoff, 36*, Des Moines, IA	2:18:28	11:08
2059	108	M55 Gene Arnold, 55, Waukee, IA	2:18:30	11:09
1412	187	W20 Amanda Dejong, 20*, Ankeny, IA	2:18:32	11:09
2060	270	M40 Mark Henderson, 41, Springfield, IL	2:18:33	11:09
1413	252	W35 Heidi Brock, 35*, Pewaukee, WI	2:18:34	11:09
1414	263	W30 Sonya Brock, 30*, Austin, TX	2:18:34	11:09
1415	185	W40 Marie Henderson, 42*, Mount Pleasant, IA	2:18:35	11:09
1416	303	W25 Deborah Martinez, 25*, Ames, IA	2:18:35	11:09
2061	160	M50 Craig Anderson, 53, West Des Moines, IA	2:18:37	11:09
1417	304	W25 Laura Larson, 27*, Des Moines, IA	2:18:38	11:09
2062	161	M50 John Lott, 51, Ames, IA	2:18:38	11:09
2063	162	M50 David Huey, 51, Des Moines, IA	2:18:41	11:09
2064	303	M30 Ryan Dixon, 33, Urbandale, IA	2:18:41	11:09
1418	305	W25 Molly McWilliam, 26*, Grimes, IA	2:18:42	11:10
1419	253	W35 Stacy Kluesner, 37*, Urbandale, IA	2:18:47	11:10
2065	311	M25 Gregory Teply II, 29, Des Moines, IA	2:18:50	11:10
1420	254	W35 Diane Murphy, 39*, Marion, IA	2:18:50	11:10
2066	233	M45 Bob Unfer, 47, West Des Moines, IA	2:18:51	11:10
2067	8	M65 Jim McDonald, 67, Marion, IA	2:18:52	11:10
1421	186	W40 Jaclyn Schreck, 41*, Bellevue, NE	2:18:52	11:10
2068	109	M55 Jack Ruesch, 56, Council Bluffs, IA	2:18:54	11:11
2069	312	M25 Bo Berntsen, 27, Altoona, IA	2:18:55	11:11
1422	306	W25 Renae Park, 27*, Indianola, IA	2:18:55	11:11
2070	304	M30 Ezra McWilliam, 30, Grimes, IA	2:18:56	11:11
1423	187	W40 Ida Dominguez, 40*, Johnston, IA	2:18:57	11:11

1424	264	W30	Heather Meyers, 31*, Waterloo, IA	2:18:58	11:11
2071	359	M35	Dirk Halupnik, 39, Marion, IA	2:18:59	11:11
2072	305	M30	Matt Reynolds, 34, Ankeny, IA	2:18:59	11:11
1425	255	W35	Amie Chumbley, 38*, Grimes, IA	2:19:00	11:11
1426	188	W40	Vickie Namanny, 40*, Grimes, IA	2:19:00	11:11
1427	256	W35	Angelina Thomas, 37*, Colo, IA	2:19:04	11:11
2073	306	M30	Matthew Weber, 30, Des Moines, IA	2:19:04	11:11
2074	360	M35	Justin Nepper, 38, Urbandale, IA	2:19:05	11:11
1428	188	W20	Jordan Lang, 22*, West Des Moines, IA	2:19:06	11:12
1429	189	W40	Lori Bosley, 44*, Slater, IA	2:19:07	11:12
1430	97	W45	Lori McKim, 45*, Boone, IA	2:19:08	11:12
1431	257	W35	Karen Morkin, 35*, Des Moines, IA	2:19:09	11:12
2075	307	M30	Ahloong Kang, 30, Des Moines, IA	2:19:09	11:12
1432	98	W45	Teri Breck, 46*, Johnston, IA	2:19:10	11:12
1433	307	W25	Cassandra Corbett, 25*, Iowa City, IA	2:19:11	11:12
2076	271	M40	Peter Lemon, 40, Johnston, IA	2:19:11	11:12
1434	265	W30	Kimberly Wittrock, 34*, Carroll, IA	2:19:11	11:12
2077	313	M25	Michael Lincicum, 28, Ankeny, IA	2:19:11	11:12
2078	272	M40	Mark Asplund, 44, Marion, IA	2:19:13	11:12
2079	234	M45	Dale Todd, 49, Cedar Rapids, IA	2:19:15	11:12
2080	163	M50	Gary Lewis, 54, Waukee, IA	2:19:19	11:13
2081	308	M30	Mike Dunker, 32, Norwalk, IA	2:19:20	11:13
1435	45	W17	Kaeli Helm, 18*, Des Moines, IA	2:19:25	11:13
1436	26	JrW	Pa Vang, 16*, Des Moines, IA	2:19:25	11:13
2082	273	M40	Jon Bequette, 41, Hallsville, MO	2:19:27	11:13
1437	266	W30	Robin Wasteney, 33*, Des Moines, IA	2:19:31	11:13
1438	267	W30	Andrea Quam, 31*, Urbandale, IA	2:19:31	11:14
1439	49	W50	Donna Olson, 54*, Kimballton, IA	2:19:34	11:14
1440	308	W25	Lexi Kiel-Wornson, 26*, Des Moines, IA	2:19:42	11:14
1441	189	W20	Jessica Kiel-Wornson, 20*, Des Moines, IA	2:19:42	11:14
1442	27	JrW	Erin Hunt, 14*, Webster City, IA	2:19:44	11:15
1443	190	W40	Lori Hunt, 40*, Webster City, IA	2:19:44	11:15
1444	268	W30	Cheryl Benskin, 31*, Stanton, IA	2:19:44	11:15
1445	269	W30	Joy Maifeld, 31*, Pella, IA	2:19:45	11:15
2083	110	M55	Steve Wickard, 55, Duluth, GA	2:19:51	11:15
1446	309	W25	Crista Shawler, 27*, Bondurant, IA	2:19:55	11:15
1447	270	W30	Tracy Read, 32*, Marion, IA	2:19:58	11:16
1448	271	W30	Ashley Rathjen, 31*, Ankeny, IA	2:20:01	11:16
1449	12	W55	Jane Sixbey, 56*, Urbandale, IA	2:20:03	11:16
2084	164	M50	Joseph Galloway, 50, Des Moines, IA	2:20:03	11:16
1450	272	W30	Kathe Irvine, 34*, Des Moines, IA	2:20:06	11:16
1451	99	W45	Cheryl Dahlquist, 48*, Des Moines, IA	2:20:14	11:17
2085	361	M35	Nicholas Vahanian, 39, Polk City, IA	2:20:14	11:17
2086	9	M65	Mike Smith, 65, Clive, IA	2:20:15	11:17
1452	50	W50	Cathy Brent, 52*, Ankeny, IA	2:20:17	11:17
1453	310	W25	Robyn Johnson, 28*, Ankeny, IA	2:20:17	11:17
1454	258	W35	Kerry Schafer, 38*, Emerson, IA	2:20:20	11:17
1455	273	W30	Kimberly Donner, 33*, Polk City, IA	2:20:22	11:18
2087	274	M40	Don Putz, 40, Indianola, IA	2:20:25	11:18
1456	311	W25	Renee Peck, 29*, Des Moines, IA	2:20:25	11:18
1457	190	W20	Rachel Fehring, 20*, Red Oak, IA	2:20:29	11:18
1458	191	W40	Tania Drinkwater, 43*, Robins, IA	2:20:33	11:18
1459	274	W30	Angela Belger, 30*, Urbandale, IA	2:20:33	11:19
1460	275	W30	Tara Embleton, 30*, Guthrie Center, IA	2:20:37	11:19
1461	192	W40	Barbara Gerlach, 41*, Nevada, IA	2:20:40	11:19
1462	46	W17	Olga Nikolayenko, 18*, West Des Moines, IA	2:20:43	11:19
1463	259	W35	Nicole Mills, 38*, Johnston, IA	2:20:44	11:19
1464	276	W30	Angela Leibfried, 32*, Johnston, IA	2:20:46	11:20
1465	312	W25	Renee Schriever, 28*, Manson, IA	2:20:49	11:20
2088	235	M45	Timothy Johnson, 48, Johnston, IA	2:20:51	11:20
1466	260	W35	Kim Hagedorn, 35*, Ankeny, IA	2:20:52	11:20
2089	236	M45	David Dahlquist, 48, Des Moines, IA	2:20:52	11:20
1467	261	W35	Robin Byrne, 35*, West Des Moines, IA	2:21:00	11:21
1468	47	W17	Cassandra Olk, 19*, Polk City, IA	2:21:03	11:21



1469	191	W20	Jenny Messer, 24*, West Des Moines, IA	2:21:04	11:21
1470	28	JrW	Kayla Gifford, 14*, Ankeny, IA	2:21:06	11:21
1471	313	W25	Misti Perkins, 27*, North Platte, NE	2:21:07	11:21
2090	275	M40	Keith Henaman, 41, West Des Moines, IA	2:21:07	11:21
1472	192	W20	Katie Olson, 22*, West Des Moines, IA	2:21:08	11:21
1473	51	W50	Connie Cox, 51*, Bondurant, IA	2:21:13	11:22
2091	276	M40	Dan Hagerty, 42, Johnston, IA	2:21:16	11:22
2092	237	M45	Brian Quirk, 45, Waterloo, IA	2:21:18	11:22
1474	262	W35	Tammy Davis, 37*, Algona, IA	2:21:19	11:22
1475	314	W25	Molly Uhlenhake, 26*, Des Moines, IA	2:21:19	11:22
1476	315	W25	Elizabeth Reynolds, 27*, Des Moines, IA	2:21:21	11:22
1477	263	W35	Kathy Limoges, 36*, Minburn, IA	2:21:22	11:22
2093	362	M35	Jeff Beener, 36, Monroe, IA	2:21:22	11:22
1478	193	W40	Laura Young, 41*, Des Moines, IA	2:21:24	11:23
1479	277	W30	Mary Fratianni, 32*, West Des Moines, IA	2:21:25	11:23
1480	52	W50	Nancy Hefner, 50*, Grimes, IA	2:21:26	11:23
1481	100	W45	Mary Schwarze, 47*, West Des Moines, IA	2:21:27	11:23
1482	316	W25	Jamie Baas, 27*, Des Moines, IA	2:21:30	11:23
2094	165	M50	Rodney Olson, 54, West Des Moines, IA	2:21:46	11:24
1483	278	W30	Rhonda O'Connor, 32*, Clive, IA	2:21:48	11:25
1484	193	W20	Brooke Wanninger, 20*, Jefferson, IA	2:21:49	11:25
1485	264	W35	Alysun Bower, 36*, Indianola, IA	2:21:50	11:25
1486	194	W40	Dawn Johnson, 42*, Indianola, IA	2:21:50	11:25
1487	101	W45	Jamey Cox, 49*, Des Moines, IA	2:22:01	11:26
2095	363	M35	Dean Delzell, 39, Jefferson, IA	2:22:02	11:26
1488	279	W30	Lisa Paulsen, 34*, Exira, IA	2:22:04	11:26
2096	3	M70	Donald Judisch, 70, Clive, IA	2:22:06	11:26
2097	38	M60	Nate Viall, 61, Des Moines, IA	2:22:08	11:26
1489	317	W25	Shannon Dempsey, 27*, Des Moines, IA	2:22:09	11:26
2098	309	M30	Aaron Thompson, 31, Des Moines, IA	2:22:20	11:27
2099	364	M35	Chris Norvell, 36, Sioux City, IA	2:22:21	11:27
1490	318	W25	Jill Klein, 25*, Waterloo, IA	2:22:21	11:27
1491	194	W20	April Barnett, 22*, Clarksville, IA	2:22:22	11:27
1492	319	W25	Lindsay Petterson, 25*, Ankeny, IA	2:22:24	11:27
1493	280	W30	Heather Lilienthal, 33*, Ankeny, IA	2:22:24	11:27
1494	281	W30	Candice Allen, 34*, Burlington, IA	2:22:25	11:28
1495	102	W45	Teresa Adams-Tomka, 45*, Des Moines, IA	2:22:26	11:28
1496	53	W50	Sharon Novinger, 52*, Collins, IA	2:22:27	11:28
1497	195	W40	Heidi Schoeneck, 43*, Des Moines, IA	2:22:30	11:28
1498	196	W40	Carol Glowacki, 42*, Brooklyn, NY	2:22:31	11:28
1499	13	W55	Marilyn Wheelock, 56*, Sioux City, IA	2:22:31	11:28
1500	14	W55	Karen Mattiussi, 59*, Adel, IA	2:22:31	11:28
1501	265	W35	Lynne Keenan, 36*, Ankeny, IA	2:22:31	11:28
1502	266	W35	Jen Street, 35*, Ankeny, IA	2:22:31	11:28
1503	320	W25	Erin Benner, 28*, Donnellson, IA	2:22:32	11:28
1504	103	W45	Jan Schmitt, 46*, Alleman, IA	2:22:32	11:28
1505	267	W35	Carla Sabus, 39*, Shawnee, KS	2:22:33	11:28
1506	321	W25	Trayla Carter, 28*, West Des Moines, IA	2:22:33	11:28
1507	322	W25	Corissa Koopmans, 25*, Minneapolis, MN	2:22:34	11:28
2100	166	M50	Dick Hardy, 53, Springfield, MO	2:22:39	11:29
2101	111	M55	Rocky Roland, 58, Harrison, AZ	2:22:48	11:29
2102	112	M55	Dennis Bailey, 55, Independence, IA	2:22:57	11:30
2103	314	M25	Steven Bailey, 28, Rosemount, MN	2:22:59	11:30
2104	62	M17	B Merryman, 18	2:23:03	11:31
2105	277	M40	Chris Egger, 40, Dexter, IA	2:23:05	11:31
2106	365	M35	Mark Wills, 37, Des Moines, IA	2:23:17	11:32
2107	315	M25	Nate Carter, 28, West Des Moines, IA	2:23:18	11:32
2108	278	M40	Kendrick Epping, 41, Des Moines, IA	2:23:19	11:32
2109	366	M35	Dean Miller, 39, Johnston, IA	2:23:19	11:32
2110	167	M50	John Jerkovich, 50, Council Bluffs, IA	2:23:19	11:32
2111	39	M60	Richard Glasford, 61, Johnston, IA	2:23:20	11:32
2112	316	M25	Benjamin Briggs, 27, Des Moines, IA	2:23:21	11:32
2113	367	M35	Darrick Young, 38, Grimes, IA	2:23:22	11:32
2114	168	M50	Roger Cox, 53, Bondurant, IA	2:23:23	11:32
1508	323	W25	Jessica Keehn, 28*, Des Moines, IA	2:23:24	11:32

2115	317	M25	Jarin Beckett, 27, Waverly, IA	2:23:24	11:32
2116	318	M25	David Beckett, 29, Waverly, IA	2:23:32	11:33
2117	169	M50	Doug Allen, 53, Des Moines, IA	2:23:37	11:33
1509	324	W25	Mindy Bruecken, 25*, Clive, IA	2:23:37	11:33
1510	325	W25	Stephanie Jewell, 29*, Windsor Heights, IA	2:23:38	11:33
1511	326	W25	Abbey Gilroy, 26*, Des Moines, IA	2:23:38	11:33
1512	282	W30	Dawn Atwood, 33*, Colfax, IA	2:23:43	11:34
2118	238	M45	George Klotzbach, 48, Ames, IA	2:23:45	11:34
2119	368	M35	David Doty, 38, Altoona, IA	2:23:46	11:34
1513	15	W55	Vickie Richter, 56*, Adair, IA	2:23:47	11:34
1514	268	W35	Amber Shroyer, 37*, Stratford, IA	2:23:52	11:35
1515	104	W45	Audrey Wheeler, 46*, Ames, IA	2:23:55	11:35
1516	283	W30	Jennifer Castle, 34*, West Des Moines, IA	2:23:56	11:35
2120	369	M35	Ty Castle, 37, West Des Moines, IA	2:23:56	11:35
1517	327	W25	Kim Gymer, 28*, Bondurant, IA	2:24:11	11:36
1518	328	W25	Jennifer Voegtlin, 28*, Altoona, IA	2:24:19	11:37
1519	329	W25	Ann Postello, 27*, Sioux City, IA	2:24:31	11:38
2121	170	M50	Mark Minear, 53, Marshalltown, IA	2:24:36	11:38
2122	239	M45	Mark Gleason, 45, Manson, IA	2:24:39	11:38
1520	197	W40	Paulette Gleason, 42*, Manson, IA	2:24:40	11:38
2123	240	M45	Tom Smith, 46, Iowa Falls, IA	2:24:48	11:39
2124	370	M35	Jason Boten, 36, Urbandale, IA	2:24:57	11:40
2125	310	M30	Ben Nichols, 31, Des Moines, IA	2:24:58	11:40
1521	195	W20	Jenny Miner, 24*, Altoona, IA	2:25:09	11:41
1522	198	W40	Diane Dinan, 40*, Urbandale, IA	2:25:09	11:41
1523	105	W45	Denise Gonzales, 46*, Davenport, IA	2:25:10	11:41
2126	279	M40	Ron Pohlman, 44, Earlham, IA	2:25:10	11:41
1524	199	W40	Trudy Manwarren, 42*, Emmetsburg, IA	2:25:11	11:41
2127	371	M35	Mike Regan, 38, Iowa City, IA	2:25:11	11:41
1525	330	W25	Wendy Boka, 26*, Waukee, IA	2:25:17	11:41
1526	196	W20	Megan Jones, 21*, Iowa City, IA	2:25:29	11:42
1527	197	W20	Whitney Peck, 21*, Iowa City, IA	2:25:32	11:43
1528	198	W20	Mary Swanson, 20*, Pella, IA	2:25:38	11:43
1529	106	W45	Diana Willits, 49*, Windsor Heights, IA	2:25:41	11:43
2128	113	M55	Jim Willits, 55, Des Moines, IA	2:25:45	11:44
1530	284	W30	Heather Schebel, 33*, West Des Moines, IA	2:25:45	11:44
1531	285	W30	Melissa Seufert, 30*, Atlantic, IA	2:25:48	11:44
2129	10	M65	Wilbur Veenstra, 69, Pella, IA	2:25:49	11:44
1532	331	W25	Tina Parekh, 25*, Mt Prospect, IL	2:25:49	11:44
2130	147	M20	Chris Goodson, 24, Ankeny, IA	2:25:50	11:44
2131	114	M55	Kenneth Birkenholtz, 56, Indianola, IA	2:25:50	11:44
1533	199	W20	Susan Walter, 21*, Des Moines, IA	2:25:52	11:44
2132	241	M45	Glen Nordman, 49, Waukee, IA	2:25:53	11:44
1534	286	W30	Deanna Smith, 34*, Indianola, IA	2:25:54	11:44
1535	269	W35	Jeanine Casey, 37*, Chanhassen, MN	2:25:55	11:44
1536	270	W35	Christy Rietz, 35*, Huxley, IA	2:26:00	11:45
1537	200	W40	Chera McDonnell, 44*, West Des Moines, IA	2:26:05	11:45
2133	40	M60	Michael Kent, 61, Des Moines, IA	2:26:10	11:46
1538	201	W40	Alice Wisner, 44*, West Des Moines, IA	2:26:12	11:46
1539	287	W30	Andrea Vitzthum, 30*, Des Moines, IA	2:26:12	11:46
2134	372	M35	Michael Jensen, 36, Clive, IA	2:26:16	11:46
2135	11	M65	John Beamer, 67, Des Moines, IA	2:26:19	11:46
2136	41	M60	Lary Hostak, 63, Marion, IA	2:26:19	11:46
1540	288	W30	Kimberly Hembry, 30*, Urbandale, IA	2:26:20	11:46
2137	148	M20	Joe Hugen, 23, Iowa City, IA	2:26:20	11:46
2138	63	M17	Joseph Baker, 18, Polk City, IA	2:26:21	11:47
2139	373	M35	Scott Braland, 37, Aurora, IL	2:26:22	11:47
2140	319	M25	Drew Gosselink, 26, Des Moines, IA	2:26:22	11:47
1541	200	W20	Molly Gosselink, 24*, Des Moines, IA	2:26:24	11:47
1542	289	W30	Dawn Goodwin, 33*, Ankeny, IA	2:26:25	11:47
2141	311	M30	Michael Aylsworth, 30, Urbandale, IA	2:26:28	11:47
1543	29	JrW	Carolyn Evans, 12*, Urbandale, IA	2:26:32	11:47
1544	107	W45	Karen Coaldrake, 48*, Johnston, IA	2:26:32	11:47
1545	290	W30	Angie Thiher, 32*, Atkins, IA	2:26:34	11:48

1546	291	W30	Stacey Slifka, 32*, Pleasant Hill, IA	2:26:35	11:48
1547	202	W40	Kathryn Meyer, 43*, Van Meter, IA	2:26:37	11:48
2142	171	M50	Roger Andersen, 52, Ankeny, IA	2:26:45	11:48
2143	42	M60	Norman Hulscher, 63, West Des Moines, IA	2:26:47	11:49
2144	12	M65	Bruce Trimble, 67, Mason City, IA	2:26:49	11:49
1548	292	W30	Mindy Ward, 32*, Huxley, IA	2:26:52	11:49
2145	43	M60	Ed Ashby, 60, Urbandale, IA	2:26:53	11:49
1549	108	W45	Joan Henscheid, 45*, Clive, IA	2:26:56	11:49
1550	293	W30	Marie Puskas, 33*, West Des Moines, IA	2:26:57	11:49
1551	332	W25	Lezlee Schutty, 29*, Ankeny, IA	2:27:02	11:50
1552	203	W40	Barb Lensch, 42*, Glidden, IA	2:27:03	11:50
1553	109	W45	Luana Nair, 47*, Spencer, IA	2:27:07	11:50
2146	115	M55	Kenny Grandstaff, 57, Des Moines, IA	2:27:09	11:50
1554	54	W50	Kathleen Sterbick, 51*, Des Moines, IA	2:27:12	11:51
1555	271	W35	Jennie Svoboda, 37*, Ankeny, IA	2:27:16	11:51
1556	204	W40	Cindy Fabian, 40*, Omaha, NE	2:27:19	11:51
2147	280	M40	Bill Messerschmidt, 44, West Des Moines, IA	2:27:20	11:51
1557	205	W40	Mary Loeffelholz, 40*, Clive, IA	2:27:27	11:52
1558	294	W30	Jen Wallace, 33*, Scranton, IA	2:27:28	11:52
1559	272	W35	Marie Hawthorne, 38*, Maryville, MO	2:27:29	11:52
2148	64	M17	Austin Buckner, 18, Greenfield, IA	2:27:41	11:53
2149	320	M25	Jason Smith, 29, Urbandale, IA	2:27:43	11:53
1560	201	W20	Allison Schmidt, 22*, West Des Moines, IA	2:27:43	11:53
1561	295	W30	Souky Wangkham, 30*, Ankeny, IA	2:27:44	11:53
1562	296	W30	Michele McAnally, 34*, Ankeny, IA	2:27:44	11:53
2150	374	M35	Dean Luttrell, 36, Ankeny, IA	2:27:51	11:54
1563	297	W30	Charlee Eekoff, 31*, Otley, IA	2:27:51	11:54
1564	273	W35	Jennifer Wilson, 37*, Des Moines, IA	2:27:52	11:54
1565	274	W35	Berit Thorkelson, 35*, Saint Paul, MN	2:27:53	11:54
1566	333	W25	Kirsten Garland, 26*, Clive, IA	2:27:59	11:54
2151	281	M40	Stephen Linsley, 41, Knoxville, IA	2:28:04	11:55
1567	334	W25	Megan Stout, 25*, Coon Rapids, IA	2:28:05	11:55
1568	110	W45	Mary Oakley-McAreavy, 45*, Holstein, IA	2:28:18	11:56
2152	321	M25	Erik Ullestad, 28, West Des Moines, IA	2:28:23	11:56
1569	55	W50	Mary Timm, 54*, Pleasant Hill, IA	2:28:25	11:57
1570	335	W25	Rebecca Schimming, 29*, Mason City, IA	2:28:34	11:57
1571	202	W20	Mary Brazones, 22*, Cedar Falls, IA	2:28:34	11:57
1572	298	W30	Jennifer Vandivier, 33*, Des Moines, IA	2:28:35	11:57
1573	336	W25	Meg Eskelson, 25*, West Des Moines, IA	2:28:35	11:57
1574	206	W40	Shelley Collier, 42*, Des Moines, IA	2:28:36	11:57
2153	375	M35	Paul Longfield, 37, Des Moines, IA	2:28:37	11:57
1575	111	W45	Susan Johnson, 46*, Mitchellville, IA	2:28:38	11:58
1576	207	W40	Tj Patzner, 43*, Urbandale, IA	2:28:41	11:58
1577	208	W40	Cheri Patzner, 43*, Urbandale, IA	2:28:41	11:58
1578	203	W20	Allison Johns, 23*, West Des Moines, IA	2:28:43	11:58
1579	299	W30	Kim Forrester, 30*, Ankeny, IA	2:28:54	11:59
1580	337	W25	Michelle Broshar, 27*, Slater, IA	2:28:54	11:59
1581	209	W40	Robin Dillon, 42*, Carlisle, IA	2:28:55	11:59
1582	210	W40	Julie Schraeger, 41*, Johnston, IA	2:28:55	11:59
1583	211	W40	Cathy Evans, 43*, Urbandale, IA	2:28:56	11:59
1584	112	W45	Terri Kent, 47*, Des Moines, IA	2:28:56	11:59
1585	300	W30	Janel Anglick, 34*, Indianola, IA	2:28:57	11:59
1586	275	W35	Stephanie Morgan, 37*, Ankeny, IA	2:28:57	11:59
1587	338	W25	Jennifer Robertson, 26*, Des Moines, IA	2:28:58	11:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

1588	212	W40	Noelle Zmolek, 40*, Des Moines, IA	2:29:04	12:00
1589	276	W35	Melody Gibson, 38*, West Des Moines, IA	2:29:04	12:00
1590	301	W30	Lisa Abrahamson, 33*, Waukee, IA	2:29:05	12:00
1591	302	W30	Rebecca Vaught, 32*, Johnston, IA	2:29:06	12:00
2154	322	M25	Ryan Comer, 28, Newton, IA	2:29:13	12:00
1592	56	W50	Jane Kerr, 54*, Iowa City, IA	2:29:21	12:01
1593	204	W20	Alissa Brandt, 23*, Bloomington, IL	2:29:22	12:01

1594	339	W25	Kimberly Nanke, 26*, Ames, IA	2:29:26	12:01
2155	323	M25	Jared Christensen, 26, Des Moines, IA	2:29:27	12:01
2156	242	M45	Jeff Jacobson, 47, Bellevue, NE	2:29:33	12:02
2157	149	M20	Chris Moorhead, 23, West Des Moines, IA	2:29:33	12:02
1595	340	W25	Katie Hogan, 25*, Des Moines, IA	2:29:34	12:02
2158	282	M40	James Mote, 44, Milan, IL	2:29:36	12:02
2159	243	M45	Marc Hollander, 49, Urbandale, IA	2:29:37	12:02
2160	376	M35	Eric Sailsbury, 39, Ames, IA	2:29:37	12:02
2161	283	M40	Hal Sailsbury, 42, Ames, IA	2:29:38	12:02
1596	113	W45	Denise Clark-Burke, 49*, Independence, IA	2:29:41	12:03
1597	114	W45	Marcy Hahn, 48*, Dakota Dunes, SD	2:29:57	12:04
2162	150	M20	Travis Birchem, 24, Des Moines, IA	2:29:59	12:04
2163	284	M40	Chuck Weno, 43, North Liberty, IA	2:30:11	12:05
1598	277	W35	Sandy Yi, 37*, Palo Alto, CA	2:30:14	12:05
2164	285	M40	Stan Zandarski, 43, Nevada, IA	2:30:24	12:06
1599	341	W25	Stephanie Burke, 27*, Ankeny, IA	2:30:34	12:07
1600	342	W25	Ursula Nath, 26*, Estherville, IA	2:30:44	12:08
2165	377	M35	Richard Bangma, 36, Pella, IA	2:30:58	12:09
1601	343	W25	Tena Harty, 27*, Kansas City, MO	2:31:12	12:10
1602	205	W20	Erinn Anderson, 24*, West Des Moines, IA	2:31:25	12:11
1603	57	W50	Candy Gossweiler, 50*, Mason City, IA	2:31:30	12:11
1604	344	W25	Janelle Nottger, 27*, Ankeny, IA	2:31:31	12:11
2166	44	M60	Donald Sargent, 63, Norwalk, IA	2:31:32	12:12
2167	378	M35	Phil Forbes, 39, North Liberty, IA	2:31:32	12:12
1605	213	W40	Nancy Petersen, 41*, Ankeny, IA	2:31:33	12:12
2168	312	M30	Jason Manz, 30, West Des Moines, IA	2:31:33	12:12
1606	115	W45	Juliane Ross, 46*, Clive, IA	2:31:33	12:12
1607	214	W40	Clare Gee, 43*, West Des Moines, IA	2:31:43	12:12
1608	58	W50	Jan Huntington, 52*, West Des Moines, IA	2:31:43	12:12
2169	324	M25	Eric Manz, 26, Washington, IA	2:31:44	12:12
2170	151	M20	Tyson Gutshall, 24, Farnhamville, IA	2:31:49	12:13
1609	116	W45	Cindy Partlow, 46*, Manson, IA	2:31:51	12:13
1610	345	W25	Celleste Sires, 26*, Des Moines, IA	2:31:54	12:13
2171	313	M30	Mike O'Leary, 31, Des Moines, IA	2:32:02	12:14
1611	48	W17	Mackenzie Lang, 19*, Urbandale, IA	2:32:04	12:14
1612	215	W40	Stacy Lang, 42*, Iowa, IA	2:32:05	12:14
1613	278	W35	Sarah Brooks, 35*, Ankeny, IA	2:32:12	12:15
1614	303	W30	Crystal Cryder, 32*, Morris, IL	2:32:15	12:15
2172	244	M45	Jeff Holston, 48, Ankeny, IA	2:32:20	12:15
1615	346	W25	Jolene Gochenour, 25*, Council Bluffs, IA	2:32:22	12:16
1616	206	W20	McKenzie Hildreth, 23*, Council Bluffs, IA	2:32:24	12:16
1617	304	W30	Chrissy Watts, 34*, Cedar Rapids, IA	2:32:24	12:16
1618	347	W25	Jolene Hunt, 26*, West Des Moines, IA	2:32:25	12:16
1619	305	W30	Nellie Glenn Allen, 32*, Wdm, IA	2:32:27	12:16
1620	207	W20	Jenni Himmelsbach, 22*, Ames, IA	2:32:29	12:16
2173	45	M60	Phil Rust, 61, Ames, IA	2:32:33	12:16
1621	306	W30	Gretchen Devers, 33*, Lakeville, MN	2:32:40	12:17
2174	116	M55	Edward Saunders, 55, Coralville, IA	2:32:42	12:17
1622	59	W50	Jeanne Saunders, 53*, Coralville, IA	2:32:42	12:17
1623	117	W45	Nancy Thurtell, 47*, Pleasant Hill, IA	2:32:43	12:17
2175	325	M25	Tim Murphy, 25, Des Moines, IA	2:32:43	12:17
1624	216	W40	April Schmiesing, 42*, Elk Run Heights, IA	2:32:46	12:18
1625	279	W35	Rebecca Shumaker, 37*, Des Moines, IA	2:32:50	12:18
1626	348	W25	Jennifer Blythe, 25*, West Des Moines, IA	2:32:53	12:18
1627	349	W25	Keila Tyner, 28*, Ames, IA	2:32:57	12:18
1628	280	W35	Christine Crippen, 38*, Ames, IA	2:33:10	12:19
1629	307	W30	Kimberly Wilson, 30*, Muscatine, IA	2:33:11	12:19
1630	208	W20	Lindsey Kauffman, 23*, Des Moines, IA	2:33:11	12:20
1631	209	W20	Elizabeth Pluemer, 21*, Cedar Falls, IA	2:33:12	12:20
1632	350	W25	Jennifer Bellman, 26*, West Des Moines, IA	2:33:29	12:21
1633	351	W25	Yolanda Pushetonequa, 29*, Tama, IA	2:33:32	12:21
1634	308	W30	Tonia Johnson, 33*, Altoona, IA	2:33:38	12:22

1635	281	W35	Jessica Schrock, 36*, Altoona, IA	2:33:57	12:23
1636	309	W30	Jackie Wade, 34*, Altoona, IA	2:34:00	12:23
1637	310	W30	Stephanie Tuinstra, 30*, Norwalk, IA	2:34:00	12:23
1638	60	W50	Laura Merrick, 50*, Ames, IA	2:34:02	12:24
2176	326	M25	Bill Ogier, 29, Shawnee, KS	2:34:03	12:24
2177	152	M20	Travis Anderson, 24, Des Moines, IA	2:34:04	12:24
1639	16	W55	Margaret Epplin, 57*, Ames, IA	2:34:04	12:24
1640	118	W45	Kathy Laczniak, 48*, Ames, IA	2:34:24	12:25
1641	217	W40	Deb Vogel, 41*, Pleasant Hill, IA	2:34:29	12:26
2178	65	M17	Samuel Swarbrick, 17, Parkersburg, IA	2:34:29	12:26
1642	210	W20	Tiffany McCarty, 20*, Ankeny, IA	2:34:40	12:27
2179	153	M20	Brett Jones, 21, Ankeny, IA	2:34:40	12:27
1643	352	W25	Sara Spain, 27*, Des Moines, IA	2:34:46	12:27
1644	282	W35	Christine Franck, 39*, Altoona, IA	2:34:51	12:28
2180	327	M25	Mike Seufert, 26, Rosendale, MO	2:34:52	12:28
1645	283	W35	Kelly Miene, 38*, Toddville, IA	2:34:52	12:28
1646	218	W40	Tamara Rawson, 40*, Cedar Rapids, IA	2:34:57	12:28
1647	353	W25	Kari Carroll, 27*, Guthrie Center, IA	2:34:58	12:28
1648	219	W40	Julie Lefler, 40*, West Des Moines, IA	2:35:00	12:28
1649	354	W25	Calista Wegner, 28*, Mason City, IA	2:35:13	12:29
2181	245	M45	James Henscheid, 48, Clive, IA	2:35:18	12:30
1650	211	W20	Tina Kreftmeyer, 23*, Ottumwa, IA	2:35:19	12:30
1651	284	W35	Patrice Engelman, 39*, Ames, IA	2:35:20	12:30
1652	311	W30	Rose Olson, 31*, Lucas, IA	2:35:33	12:31
1653	355	W25	Molly Wood, 28*, Des Moines, IA	2:35:36	12:31
1654	3	W60	Winnie Casper, 61*, Clive, IA	2:35:43	12:32
2182	286	M40	Joseph Mischka, 43, Cedar Rapids, IA	2:35:44	12:32
1655	356	W25	Kristin McKnight, 26*, Rosemount, MN	2:35:46	12:32
1656	220	W40	Paula Correy, 43*, Johnston, IA	2:35:48	12:32
1657	312	W30	Danielle Edwards, 34*, Altoona, IA	2:35:55	12:33
1658	285	W35	Christina Cuva-Rodrigue, 39*, Cedar Rapids, IA	2:36:00	12:33
1659	61	W50	Karen Jackson, 50*, Des Moines, IA	2:36:02	12:33
1660	357	W25	Jessica Veenstra, 26*, Ames, IA	2:36:06	12:34
1661	62	W50	Sheri Camp, 54*, Maricopa, AZ	2:36:07	12:34
1662	358	W25	Heidi Zwick, 26*, Urbandale, IA	2:36:11	12:34
1663	63	W50	Elizabeth Snow-Ketchum, 50*, Wallingford, IA	2:36:27	12:35
1664	286	W35	Julie Phippen, 36*, Russell, IA	2:36:31	12:36
1665	287	W35	Addy Gould, 37*, West Des Moines, IA	2:36:33	12:36
1666	288	W35	Jill Timboe, 37*, West Des Moines, IA	2:36:33	12:36
1667	221	W40	Julie Engelken, 43*, Des Moines, IA	2:36:45	12:37
1668	359	W25	Jessica Nelson, 25*, West Des Moines, IA	2:36:56	12:38
1669	119	W45	Suzy Emmack, 45*, Johnston, IA	2:37:01	12:38
1670	64	W50	Gail Hashemi, 50*, Ames, IA	2:37:04	12:38
1671	360	W25	Jaime Gantenbein, 29*, Ankeny, IA	2:37:16	12:39
2183	328	M25	Josh Lundahl, 28, Ankeny, IA	2:37:25	12:40
2184	117	M55	John Worley, 58, Urbandale, IA	2:37:32	12:40
2185	46	M60	Dick Hogan, 60, Urbandale, IA	2:37:48	12:42
2186	314	M30	Joseph Green II, 30, West Des Moines, IA	2:37:48	12:42
2187	287	M40	Jon Dickerson, 40, Des Moines, IA	2:37:49	12:42
2188	172	M50	Conroy Smith, 52, Des Moines, IA	2:37:59	12:43
1672	17	W55	Ruth Schlesinger, 57*, Urbandale, IA	2:37:59	12:43
2189	288	M40	John Reser, 43, West Des Moines, IA	2:38:03	12:43
1673	289	W35	Dawn Reser, 39*, West Des Moines, IA	2:38:07	12:43
1674	361	W25	Jen Dirkx, 26*, Glidden, IA	2:38:08	12:43
1675	290	W35	Jill Schwarte, 35*, Albia, IA	2:38:08	12:43
1676	120	W45	Kathy Achenbach, 47*, Albia, IA	2:38:23	12:45
2190	315	M30	Harold Otis, 31, Des Moines, IA	2:38:26	12:45
1677	222	W40	Dawn Bruns, 40*, Waukee, IA	2:38:28	12:45
1678	313	W30	Moriah Kouba, 30*, Ames, IA	2:38:30	12:45
1679	362	W25	Jocelyn Hays, 26*, Ames, IA	2:38:44	12:46
2191	4	M70	Glen Zirbel, 76, Ankeny, IA	2:38:46	12:46
1680	223	W40	Jodi Barron, 42*, Des Moines, IA	2:39:11	12:48
1681	224	W40	Sarah Biedenbach, 40*, Marion, IA	2:39:20	12:49

2192	329	M25	Gene Hildreth, 29, Des Moines, IA	2:39:33	12:50
1682	225	W40	Debrah Linsley, 42*, Knoxville, IA	2:39:34	12:50
1683	291	W35	Cami Brocka, 38*, Urbandale, IA	2:39:37	12:51
2193	379	M35	Brian Schmitz, 36, Des Moines, IA	2:39:43	12:51
1684	363	W25	Jill Eimermann, 29*, Des Moines, IA	2:39:51	12:52
1685	226	W40	Lisa Lingner, 44*, Grimes, IA	2:39:53	12:52
1686	65	W50	Roxie Page, 51*, Pleasant Hill, IA	2:39:54	12:52
1687	314	W30	Kim Coen, 32*, Creston, IA	2:40:05	12:53
2194	316	M30	Todd Brunia, 32, Urbandale, IA	2:40:11	12:53
2195	173	M50	Brad Brunia, 51, Huxley, IA	2:40:13	12:53
2196	330	M25	Joel Konen, 28, Ankeny, IA	2:40:21	12:54

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

1688	227	W40	Jan Stalzer, 41*, Albia, IA	2:41:52	13:01
2197	380	M35	Jeff Cihota, 39, Urbandale, IA	2:41:54	13:02
1689	212	W20	Sarah Thede, 24*, Riverside, IA	2:42:20	13:04
1690	1	W65	Kay Gause, 65*, Newton, IA	2:42:27	13:04
2198	317	M30	Shawn Carmichael, 33, Johnston, IA	2:42:33	13:05
2199	174	M50	David Weieneth, 53, Des Moines, IA	2:42:34	13:05
2200	154	M20	Michael Cooley, 21, Orient, IA	2:42:35	13:05
2201	318	M30	Dan Rivenburgh, 33, Waukee, IA	2:42:49	13:06
1691	213	W20	Jennifer Hummel, 23*, West Des Moines, IA	2:42:49	13:06
2202	47	M60	Hugh Hammond, 61, Montezuma, IA	2:43:06	13:07
1692	214	W20	Jana Dekoter, 24*, West Des Moines, IA	2:43:06	13:07
2203	289	M40	Paul Brown, 41, Urbandale, IA	2:43:07	13:07
1693	215	W20	Charissa Frideres, 20*, Ames, IA	2:43:08	13:08
2204	290	M40	Douglas Grieve, 42, Dallas Center, IA	2:43:30	13:09
1694	30	JrW	Kaitlyn Pickett, 14*, Grimes, IA	2:43:34	13:10
1695	31	JrW	Kaitlyn Johansen, 14*, Grimes, IA	2:43:37	13:10
1696	292	W35	Kathy Pickett, 35*, Grimes, IA	2:43:58	13:12
1697	49	W17	Jessica Gaulter, 18*, Urbandale, IA	2:44:14	13:13
2205	175	M50	Milton Lane, 53, Loma Linda, CA	2:44:20	13:13
1698	4	W60	Sally Fisher, 60*, Clive, IA	2:44:46	13:15
1699	228	W40	Susan Kempf, 43*, Cedar Falls, IA	2:45:04	13:17
1700	315	W30	Jennifer Heinen, 30*, Huxley, IA	2:45:05	13:17
1701	121	W45	Tori Storm, 45*, Spencer, IA	2:45:06	13:17
1702	293	W35	Valerie Campero, 35*, Des Moines, IA	2:45:22	13:18
1703	316	W30	Deanne Dunphy, 34*, Omaha, NE	2:45:22	13:18
1704	216	W20	Tammy Clark, 22*, Monroe, IA	2:45:41	13:20
1705	217	W20	Mattia Hansen, 22*, Altoona, IA	2:45:44	13:20
1706	229	W40	Robin Ripperger, 43*, Urbandale, IA	2:45:47	13:20
2206	246	M45	Scott Boever, 46, Des Moines, IA	2:45:55	13:21
1707	122	W45	Jody Nation, 45*, Ogden, IA	2:46:18	13:23
1708	294	W35	Jodi Adam, 37*, West Des Moines, IA	2:46:29	13:24
1709	295	W35	C J Meyers, 36*, West Des Moines, IA	2:46:35	13:24
1710	296	W35	Elsye Walker, 36*, Johnston, IA	2:46:35	13:24
1711	297	W35	Sara Johnson, 35*, Polo, IL	2:46:37	13:24
1712	364	W25	Julie Merdian, 26*, Polo, IL	2:46:45	13:25
1713	298	W35	Angela Bendler, 36*, Huxley, IA	2:47:08	13:27
1714	299	W35	Cindy Drummond, 37*, Huxley, IA	2:47:09	13:27
2207	155	M20	Mark Odor, 22, Kalona, IA	2:47:14	13:27
2208	13	M65	Rollin Perry, 68, Cedar Falls, IA	2:47:25	13:28
1715	123	W45	Louisa Perry, 46*, Bondurant, IA	2:47:40	13:29
1716	365	W25	Kelli Eilers, 28*, Milford, IA	2:48:58	13:36
1717	366	W25	Kim Thompson, 29*, Indianola, IA	2:49:28	13:38
1718	66	W50	Suzanne Hoffman, 50*, Clive, IA	2:50:04	13:41
2209	48	M60	Duane Long, 62, Urbandale, IA	2:50:04	13:41
1719	67	W50	Liz Cox, 52*, Waterloo, IA	2:50:04	13:41
1720	300	W35	Kristin Merkle, 36*, West Des Moines, IA	2:50:23	13:43
1721	367	W25	Anne Nixon Smith, 27*, Des Moines, IA	2:51:00	13:46
2210	118	M55	Steven Mraz, 56, Marshalltown, IA	2:51:02	13:46
2211	319	M30	Mike Ray, 31, Des Moines, IA	2:51:07	13:46
1722	68	W50	Debra Manz, 53*, Avoca, IA	2:51:08	13:46
1723	218	W20	Trisha Cleppe, 24*, Washington, IA	2:51:09	13:46

1724	368	W25	Shawna Anderson, 26*, Washington, IA	2:51:10	13:46
1725	124	W45	Kris Hermsen, 48*, Jesup, IA	2:51:22	13:47
1726	230	W40	Julie Sonderman, 40*, Jesup, IA	2:51:43	13:49
1727	125	W45	Margie Walter, 47*, West Des Moines, IA	2:51:44	13:49
1728	301	W35	Britt Keith, 39*, Miami, FL	2:52:57	13:55
1729	5	W60	Vibeke Petersen, 62*, Des Moines, IA	2:53:23	13:57

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

1730	69	W50	Sara Dreyer, 50*, Altoona, IA	2:54:09	14:01
2212	49	M60	Gary Sheldon, 63, West Des Moines, IA	2:55:12	14:06
1731	126	W45	Diana Haldin, 46*, Elk Point, SD	2:55:30	14:07
1732	302	W35	Stacey Thorpe, 36*, Urbandale, IA	2:55:30	14:07
2213	5	M70	Don Muff, 70, Ames, IA	2:56:05	14:10
1733			Kathy Macbeth*, Des Moines, IA	2:56:06	14:10
1734	317	W30	Christine Collier, 31*, Casey, IA	2:56:07	14:10
1735	231	W40	Kristin Lee, 42*, Walford, IA	2:56:08	14:10
2214	50	M60	Ben Bishop, 60, Des Moines, IA	2:56:21	14:11
1736	127	W45	Suann Donovan, 49*, Des Moines, IA	2:56:34	14:12
2215	156	M20	Josh Bennett, 20, Ankeny, IA	2:56:43	14:13
1737	219	W20	Sarah Bennett, 23*, Ankeny, IA	2:56:55	14:14
1738	318	W30	Sinclair Stolle, 34*, Ankeny, IA	2:57:04	14:15
1739	319	W30	Rachael Seymour, 34*, Des Moines, IA	2:57:15	14:16
2216	51	M60	Fergus Taylor, 64, Clive, IA	2:57:54	14:19
2217	320	M30	Drew Vanderwiel, 30, West Des Moines, IA	2:58:47	14:23
2218	291	M40	Kollin Kirby, 43, Waukee, IA	2:58:52	14:23
1740	369	W25	Lindsay Kane, 28*, Des Moines, IA	2:58:52	14:24
1741	50	W17	Alexandra Gleason, 17*, Manson, IA	3:00:50	14:33
1742	51	W17	Jordan Partlow, 18*, Manson, IA	3:02:23	14:40
2219	176	M50	Bruce Bonner, 50, Saint Paul, MN	3:02:59	14:43
2220	177	M50	Steve Robe, 50, Coralville, IA	3:04:35	14:51
2221	331	M25	Jeremy Fultz, 25, Grimes, IA	3:04:37	14:51
1743	303	W35	Kathleen Kadlec, 37*, Washington, DC	3:05:45	14:57
2222	157	M20	Jordan Lombard, 23, Grimes, IA	3:05:45	14:57
1744	304	W35	Andrea Krebs, 35*, Badger, IA	3:05:53	14:57
2223	292	M40	Rnady Krebs, 40, Badger, IA	3:05:55	14:58

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

1745	305	W35	Daunelle Hughes, 38*, Des Moines, IA	3:06:56	15:02
1746	370	W25	Jackie McDermott, 26*, Cedar Rapids, IA	3:10:09	15:18
2224	119	M55	Rick Breuss, 56, West Des Moines, IA	3:11:09	15:23
2225	332	M25	Rick Breuss, III, 27, Chicago, IL	3:11:10	15:23

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [14:00](#) | [15:00](#) | [Top](#)

1747	306	W35	Tara Knight-Sconiers, 37*, Des Moines, IA	3:26:00	16:35
1748	128	W45	Lana Fowler, 49*, Des Moines, IA	3:28:00	16:44
1749	52	W17	Mikaela Jorgensen, 19*, Norwalk, IA	3:28:01	16:44

"\*" indicates females

68 finishers among Men 16 & Under

65 finishers among Men 17 - 19

157 finishers among Men 20 - 24

332 finishers among Men 25 - 29

320 finishers among Men 30 - 34

380 finishers among Men 35 - 39

292 finishers among Men 40 - 44

246 finishers among Men 45 - 49

177 finishers among Men 50 - 54

119 finishers among Men 55 - 59

51 finishers among Men 60 - 64

13 finishers among Men 65 - 69

5 finishers among Men 70 & Up

31 finishers among Women 16 & Under

52 finishers among Women 17 - 19

219 finishers among Women 20 - 24  
370 finishers among Women 25 - 29  
319 finishers among Women 30 - 34  
306 finishers among Women 35 - 39  
231 finishers among Women 40 - 44  
128 finishers among Women 45 - 49  
69 finishers among Women 50 - 54  
17 finishers among Women 55 - 59  
5 finishers among Women 60 - 64  
1 finishers among Women 65 - 69  
2225 male finishers  
1749 female finishers  
3974 total finishers

[Top](#)

Return to [home page](#).