

# 25th Dam to Dam 20 Kilometer

## Des Moines, Iowa

June 5, 2004

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1	M25 Shadrack Kimeli, 27, Manhattan, KS	1:05:14	5:15
2	1	M20 Marcus Murphy, 22, Dubuque, IA	1:05:19	5:15
3	2	M25 Julius Rotich, 28, West Des Moines, IA	1:05:23	5:16
4	1	M40 John Mirth, 42, Platteville, WI	1:06:03	5:19
5	2	M20 Michael Booth, 24, Winnipeg	1:06:25	5:21
6	1	M30 Jason Hodgson, 31, Colorado Springs, CO	1:08:17	5:30
7	3	M25 Jackson Omweri, 28, Edina, MN	1:09:27	5:35
8	3	M20 Andrew Johnson, 20, Des Moines, IA	1:10:03	5:38
9	4	M20 Josh Maxwell, 24, Des Moines, IA	1:10:11	5:39
10	5	M20 Dan Taylor, 20, Ames, IA	1:10:12	5:39
11	4	M25 Jeff Decker, 25, West Des Moines, IA	1:10:53	5:42
12	1	M45 Keith Fevold, 46, Des Moines, IA	1:11:34	5:45
13	2	M30 Daniel Deuhs, 32, St. Paul, MN	1:12:11	5:48
14	1	M35 Todd Christensen, 35, Altoona, IA	1:12:29	5:50
15	5	M25 Rob Semelroth, 29, West Des Moines, IA	1:13:03	5:53
16	2	M40 Phil Kauder, 43, Cascade, IA	1:13:13	5:53
17	6	M20 Ryan Moenck, 23, Webster City, IA	1:13:34	5:55
18	2	M35 Joe Marshall, 36, Granger, Ia	1:13:39	5:56
19	6	M25 Kyle Klingman, 28, Newton, IA	1:13:47	5:56
20	3	M30 Guy Willey, 30, Ames, IA	1:14:07	5:58
21	7	M25 Eric Hollander, 27, Des Moines, IA	1:14:23	5:59

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22	7	M20 Joe Mundt, 20, Warrensburg, MO	1:14:40	6:00
23	8	M20 Brett Sealine, 22, Jewell, IA	1:14:44	6:01
24	8	M25 Chris Stiffler, 25, Lavista, NE	1:15:19	6:04
25	3	M40 Mike Kuckta, 41, Council Bluffs, IA	1:15:25	6:04
1	1	W30 Robyn Friedman, 31*, Lambs Grove, IA	1:15:58	6:07
26	4	M40 Greg Skopec, 42, Coralville, IA	1:16:23	6:09
27	2	M45 John Taylor, 45, Des Moines, IA	1:16:35	6:10
28	9	M20 Aaron Sage, 24, Ames, IA	1:16:36	6:10
29	3	M35 Dave Cleveland, 39, Fraser, CO	1:16:44	6:10
2	1	W25 Nikole Johns, 29*, Ft. Collins, CO	1:17:06	6:12
30	1	M17 Quentin Kennedy, 18, Chariton, IA	1:17:16	6:13
31	10	M20 Nate Wolf, 24, Orange City, IA	1:17:18	6:13
32	5	M40 Todd Haugen, 41, Story City, IA	1:17:21	6:13
33	1	M50 Curt Hoegh, 52, Clive, IA	1:17:26	6:14
34	6	M40 Steven McKibben, 43, Clive, IA	1:17:29	6:14
3	2	W25 Christy Nielsen-Crotts, 29*, Council Bluffs, IA	1:18:03	6:17
35	4	M30 Chad Halsten, 30, Colorado Springs, CO	1:18:10	6:17
36	9	M25 Ross Polking, 27, West Des Moines, IA	1:18:25	6:19
4	1	W35 Bonnie Sons, 38*, Shorewood, MN	1:18:54	6:21
37	11	M20 Tony Ekman, 23, Des Moines, IA	1:19:12	6:22

38	5	M30 Kevin Kohler, 33, Clive, IA	1:19:16	6:23
39	10	M25 Tim Rogers, 27, Orange City, IA	1:19:18	6:23
40	1	JrM Skyler Delmott, 15, Emporia, KS	1:19:20	6:23
	5	2 W35 Lisa Marshall, 36*, Granger, IA	1:19:30	6:24
41	11	M25 Robertson Carson, 26, Minneapolis, MN	1:19:32	6:24
42	3	M45 Tom McBride, 48, Des Moines, IA	1:19:43	6:25
43	6	M30 Larry Loffredo, 33, Norwalk, IA	1:19:45	6:25
44	2	M17 Rudy Chihak, 19, Cedar Rapids, IA	1:19:47	6:25
45	7	M40 Troy Zeleznik, 41, West Des Moines, IA	1:19:57	6:26
46	3	M17 Gabriel Munoz-Fitch, 17, Iowa City, IA	1:20:00	6:26
47	12	M20 Aaron Thomas, 24, New Virginia, IA	1:20:05	6:27
48	13	M20 Kyle Wyatt, 22, Lincoln, NE	1:20:19	6:28
49	2	M50 Rick Ironside, 50, Marion, IA	1:20:23	6:28
50	12	M25 Dion Braet, 28, Huxley, IA	1:20:26	6:28
51	13	M25 Travis Craig, 27, Webster City, IA	1:20:41	6:29
52	4	M17 Jordan Seaberg, 17, Des Moines, IA	1:20:54	6:31
53	2	JrM Sam Bailin, 15, Urbandale, IA	1:20:59	6:31
	6	1 W45 Ann Ringlein, 47*, Lincoln, NE	1:21:01	6:31
54	5	M17 Steven Acarregui, 17, Iowa City, IA	1:21:02	6:31
55	14	M25 Steven Olsen, 27, Des Moines, IA	1:21:11	6:32
56	4	M45 Bob Thompson, 49, Davenport, IA	1:21:20	6:33
	7	3 W25 Angie Kell, 26*, St Louis Park, MN	1:21:20	6:33
57	4	M35 Doug Vander Weide, 37, West Dsm, IA	1:21:24	6:33
58	7	M30 Tom Cronin, 33, Minneapolis, MN	1:21:29	6:33
	8	3 W35 Kim Anderson, 39*, Chanhassen, MN	1:21:33	6:34
59	8	M30 Mike Robinson, 31, Ankeny, IA	1:21:40	6:34
60	5	M35 Morris Horstman, 38, Urbandale, IA	1:22:03	6:36
61	9	M30 Chad Brady, 32, Sioux City, IA	1:22:11	6:37
	9	4 W25 Erin Ward, 29*, Eagan, MN	1:22:23	6:38
62	15	M25 Nathan Wenck, 27, Carroll, IA	1:22:24	6:38
63	10	M30 Jason Huntley, 31, Ames, IA	1:22:25	6:38
64	16	M25 Morgan Parker, 26, Pella, IA	1:22:42	6:39
65	8	M40 Shinji Yoda, 40, West Des Moines, IA	1:22:45	6:39
66	1	M55 Gary Julin, 57, Omaha, NE	1:22:51	6:40
67	6	M35 Alan Alberto, 39, Clive, IA	1:22:56	6:40
68	17	M25 Ryan Atwell, 26, Muscatine, IA	1:23:04	6:41
10	5	W25 Jana Peterson, 26*, Iowa City, IA	1:23:04	6:41
69	7	M35 Alex Fink, 35, Des Moines, IA	1:23:05	6:41
70	6	M17 Joel Rasmussen, 18, Goldfield, IA	1:23:09	6:41
11	1	W20 Natalie Ditmars, 24*, Iowa City, IA	1:23:32	6:43
71	18	M25 Michael Krieg, 25, Cedar Falls, IA	1:23:37	6:44
72	7	M17 J Bales-Henry, 17, Des Moines, IA	1:23:49	6:45
73	8	M17 Anthony Ebert, 18, Lynnville, IA	1:23:50	6:45
74	9	M17 Clinton Eshelman, 18, Bridgewater, IA	1:23:53	6:45
75	9	M40 Jeff Anker, 40, Polk City, IA	1:24:02	6:46
76	10	M40 Jeff Perry, 43, Bondurant, IA	1:24:03	6:46
77	19	M25 Chris Doud, 29, Spencer, IA	1:24:03	6:46
78	10	M17 Jon Woehl, 18, Ankeny, IA	1:24:10	6:46
79	14	M20 Mike Wilson, 21, Altoona, IA	1:24:11	6:46
80	8	M35 Bart Mueller, 36, Newton, IA	1:24:16	6:47
81	20	M25 Ulf Jentler, 28, West Des Moines, IA	1:24:22	6:47
12	4	W35 Christine Price, 35*, Des Moines, IA	1:24:22	6:47
82	3	M50 James La Plant, 53, Newton, IA	1:24:26	6:48
83	11	M30 Janni James, 33, Johnston, IA	1:24:27	6:48
84	11	M40 Rob Mosher, 40, West Des Moines, IA	1:24:33	6:48
85	12	M30 John Anthofer, 32, Urbandale, IA	1:24:36	6:48
86	9	M35 Michael Rieks, 36, West Des Moines, IA	1:24:38	6:49
13	2	W45 Tricia McClain, 47*, Altoona, IA	1:24:52	6:50
87	13	M30 Matthew Hurley, 33, Kansas City, MO	1:24:54	6:50
88	15	M20 Jason Ferguson, 20, Newton, IA	1:25:01	6:50
14	2	W30 Michelle Swenson, 34*, Omaha, NE	1:25:02	6:50
89	4	M50 Joe Robinson, 53, Bondurant, IA	1:25:05	6:51
90	3	JrM Jon Waters, 14, Des Moines, IA	1:25:08	6:51
91	10	M35 Mark Lowe, 38, West Des Moines, IA	1:25:16	6:52
92	12	M40 Terry Lingner, 41, Grimes, IA	1:25:19	6:52

93	11	M17 Adam Paulson, 19, Lynnville, IA	1:25:20	6:52
94	14	M30 Andrew Lary, 31, Iowa City, IA	1:25:23	6:52
95	15	M30 Vic Morales, 30, Johnston, IA	1:25:28	6:53
96	16	M30 Scott Patterson, 32, Ankeny, IA	1:25:29	6:53
97	12	M17 Lance Queck, 19, Fontanelle, IA	1:25:30	6:53
98	13	M17 Billy Grow, 19, Hiawatha, IA	1:25:32	6:53
99	13	M40 Ernesto Venzor, 42, West Liberty, IA	1:25:34	6:53
100	14	M17 Alex Dull, 18, Marshalltown, IA	1:25:40	6:54
101	15	M17 Joseph Holub, 19, Hiawatha, IA	1:25:42	6:54
102	17	M30 Carl Nofstger, 30, Altoona, IA	1:25:42	6:54
103	5	M45 Greg Madison, 49, Ankeny, IA	1:25:47	6:54
104	21	M25 Brian Bell, 26, Omaha, NE	1:25:53	6:55
105	14	M40 Scott Boever, 43, Des Moines, IA	1:25:53	6:55
106	15	M40 Jim Heinlen, 41, Lincoln, NE	1:26:00	6:55
	15	6 W25 J Smith, 25*, Ames, IA	1:26:09	6:56
107	11	M35 George Sehl, 39, Iowa City, IA	1:26:13	6:56
108	5	M50 Bob Nelson, 51, Davenport, IA	1:26:16	6:56
109	18	M30 Richard Bundy, 33, Ankeny, IA	1:26:21	6:57
110	16	M40 Ed Bell, 44, Clive, IA	1:26:24	6:57
111	12	M35 Shawn Noble, 39, Iowa City, IA	1:26:30	6:58
112	17	M40 Mike Johnson, 42, Urbandale, IA	1:26:38	6:58
113	19	M30 Myron Peto, 33, Ames, IA	1:26:40	6:58
114	18	M40 Gregg Winkel, 43, Algona, IA	1:26:43	6:59
115	6	M50 Conrad Woerner, 52, Lincoln, NE	1:26:46	6:59
116	19	M40 Doug Adams, 44, Urbandale, IA	1:26:46	6:59
117	20	M40 Steve Sikkink, 43, Des Moines, IA	1:26:47	6:59
118	21	M40 Stewart Baldner, 43, Dallas Center, IA	1:26:50	6:59
119	13	M35 Michael Gasperi, 37, Johnston, IA	1:26:51	6:59
16	2	W20 Elizabeth Raygor, 20*, Windsor Heights, IA	1:26:53	6:59

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120	20	M30 Chris Spencer, 31, Ottumwa, IA	1:27:01	7:00
121	16	M20 Garrett Dancik, 24, Ames, IA	1:27:01	7:00
	17	5 W35 Kathy Hale, 39*, Bondurant, IA	1:27:04	7:00
122	14	M35 Alan Kohll, 36, Omaha, NE	1:27:13	7:01
123	7	M50 Michael Tometich, 52, Mt Pleasant, IA	1:27:17	7:01
124	17	M20 Erick Eggers, 23, Marshalltown, IA	1:27:20	7:02
125	16	M17 Tim Wieland, 17, Des Moines, IA	1:27:27	7:02
126	6	M45 Scot Heisdorffer, 48, Davenport, IA	1:27:32	7:03
127	21	M30 Charles Hammer, 34, Ottumwa, IA	1:27:37	7:03
128	15	M35 Ed Lackore, 37, Clive, IA	1:27:43	7:03
129	22	M25 Conrad Hanson, 28, Urbandale, IA	1:27:46	7:04
130	23	M25 Colin Greenan, 27, Ames, IA	1:27:48	7:04
131	24	M25 Troy Shoen, 26, Huxley, IA	1:27:49	7:04
	18	3 W20 Michelle Ellingson, 22*, Omaha, NE	1:27:50	7:04
132	17	M17 Corey Kientoff, 18, Indianola, IA	1:27:50	7:04
133	25	M25 David Moyes, 26, Coralville, IA	1:27:51	7:04
	19	4 W20 Sarah Hradek, 23*, Adel, IA	1:27:52	7:04
134	4	JrM Brandon Pedersen, 15, Goldfield, IA	1:27:55	7:04
135	1	M60 Ronald McKay, 61, Chariton, IA	1:27:56	7:04
136	7	M45 Steve Harper, 46, Urbandale, IA	1:28:00	7:05
137	16	M35 Edward Duckworth, 36, Indianola, IA	1:28:02	7:05
138	22	M30 Jarid Downey, 31, Indianola, IA	1:28:03	7:05
139	8	M45 Steven Hendricks, 47, Fort Dodge, IA	1:28:13	7:06
140	22	M40 Blake Harms, 41, Clive, IA	1:28:14	7:06
141	9	M45 Brad Nielsen, 45, Des Moines, IA	1:28:20	7:06
	20	1 W40 Rhonda Brandt, 40*, Cedar Rapids, IA	1:28:22	7:07
142	17	M35 Albert Marasco, 38, Johnston, IA	1:28:26	7:07
143	18	M35 Steve Willem, 38, Earlham, IA	1:28:28	7:07
144	8	M50 Rick Hagan, 54, Urbandale, IA	1:28:28	7:07
145	18	M17 Dan Novelli, 19, Urbandale, IA	1:28:32	7:07
146	19	M35 Brad Toebe, 39, Mason City, IA	1:28:34	7:08
147	19	M17 Jarred Cox, 17, Indianola, IA	1:28:41	7:08

148	18	M20	Matthew Pray, 23, Naperville, IL	1:28:43	7:08
21	5	W20	Kim Landau, 21*, Ames, IA	1:28:46	7:09
149	23	M40	Calvin Wolter, 44, Van Horne, IA	1:28:50	7:09
150	26	M25	Steve Houg, 29, West Des Moines, IA	1:28:53	7:09
151	24	M40	Tom Green, 44, Des Moines, IA	1:28:55	7:09
152	25	M40	Robert Lasich, 44, Urbandale, IA	1:29:01	7:10
	22	2	W40 Dana Kramer, 41*, Urbandale, IA	1:29:02	7:10
153	9	M50	James Jacobsen, 54, Des Moines, IA	1:29:03	7:10
	23	3	W30 Jennifer Masini, 32*, Ames, IA	1:29:08	7:10
154	20	M17	Christopher Smeda, 17, Waukee, IA	1:29:11	7:11
	24	7	W25 Anna Gullingsrud, 26*, Des Moines, IA	1:29:13	7:11
155	27	M25	Brad Weigandt, 26, Des Moines, IA	1:29:14	7:11
156	26	M40	Craig Edmondson, 44, Malvern, IA	1:29:16	7:11
157	10	M45	John Severs, 48, Wilton, IA	1:29:18	7:11
158	20	M35	Jeff Heckroth, 39, Grimes, IA	1:29:20	7:11
	25	1	W50 Nancy Hoegh, 51*, Clive, IA	1:29:25	7:12
159	10	M50	Brad Scott, 51, Marion, IA	1:29:27	7:12
160	19	M20	Rocky Bare, 24, Urbandale, IA	1:29:35	7:12
161	21	M35	Brett Faulkner, 38, Dayton, IA	1:29:38	7:13
162	23	M30	Grant Manning, 30, Des Moines, IA	1:29:42	7:13
163	27	M40	Chris Abess, 40, Vallejo, CA	1:29:44	7:13
164	5	JrM	Joshua Mellman, 13, Rockwell, IA	1:29:45	7:13
165	20	M20	Jeff Wingert, 20, Earling, IA	1:29:47	7:13
166	28	M25	Brian Bickel, 28, Des Moines, IA	1:29:49	7:14
167	21	M20	Justin Droppert, 24, West Des Moines, IA	1:29:52	7:14
	26	1	W17 Mackenzie Madison, 17*, Ankeny, IA	1:29:54	7:14
	27	4	W30 Beth Bakros, 34*, Des Moines, IA	1:29:57	7:14
168	29	M25	Drake Clausen, 28, Ankeny, IA	1:30:00	7:14
169	28	M40	Jeff Feder, 43, Des Moines, IA	1:30:01	7:15
170	21	M17	David Harder, 18, Pleasanthill, IA	1:30:05	7:15
171	22	M20	Matthew Nelson, 22, Marion, IA	1:30:06	7:15
172	30	M25	Anthony Cendana, 28, West Des Moines, IA	1:30:06	7:15
173	24	M30	Shannon McLaughlin, 33, Norwalk, IA	1:30:06	7:15
174	29	M40	Mickey Lundquist, 40, Ankeny, IA	1:30:07	7:15
175	11	M50	Randy Clarke, 52, Reinbeck, IA	1:30:09	7:15
	28	6	W35 Kelley Bruns, 38*, Leon, IA	1:30:10	7:15
	29	3	W40 Melanie Anderson, 41*, Clive, IA	1:30:12	7:15
176	22	M17	Greg Bell, 17, Latimer, IA	1:30:15	7:16
177	31	M25	Jason Blackham, 29, Coralville, IA	1:30:21	7:16
178	6	JrM	Adam Rasmussen, 16, Goldfield, IA	1:30:21	7:16
	30	8	W25 Merrilee Blackham, 26*, Coralville, IA	1:30:24	7:16
179	22	M35	Steve King, 36, Fort Calhoun, NE	1:30:26	7:17
180	30	M40	Rob Gillum, 43, Des Moines, IA	1:30:30	7:17
181	12	M50	Steve Taylor, 52, Des Moines, IA	1:30:33	7:17
	31	9	W25 Michelle McMurray, 28*, Rock Island, IL	1:30:33	7:17
182	25	M30	Chris Blanchard, 31, West Des Moines, IA	1:30:33	7:17
183	13	M50	Jerry Murphy, 50, Ankeny, IA	1:30:35	7:17
184	23	M20	Luke Northway, 22, Ames, IA	1:30:36	7:17
185	23	M35	Nicholas Woolley, 38, Webster City, IA	1:30:37	7:17
186	24	M20	Cris Conner, 21, West Des Moines, IA	1:30:40	7:18
	32	10	W25 Brooke Larsen, 26*, Williamsburg, IA	1:30:41	7:18
187	31	M40	Steve Lafrentz, 43, Urbandale, IA	1:30:44	7:18
188	25	M20	Alex Niswander, 24, Altoona, IA	1:30:50	7:18
189	14	M50	Bill Wieland, 50, West Des Moines, IA	1:30:51	7:19
190	26	M30	Troy Koerselman, 34, Ankeny, IA	1:30:51	7:19
191	24	M35	Jason Zdunich, 35, Des Moines, IA	1:30:53	7:19
192	11	M45	Joe Winch, 48, Knoxville, IA	1:30:53	7:19
193	25	M35	Darryl De Ruiter, 39, Pella, IA	1:30:55	7:19
194	26	M20	Jason Brehmer, 24, Des Moines, IA	1:30:56	7:19
195	15	M50	Denny Cahill, 50, Marshalltown, IA	1:30:57	7:19
196	16	M50	Dave Haugen, 51, Des Moines, IA	1:30:59	7:19
197	32	M40	Rob Reicks, 40, Van Meter, IA	1:31:02	7:19
198	26	M35	Ted Rossiter, 38, Des Moines, IA	1:31:06	7:20
199	17	M50	Patrick Decoster, 53, East Moline, IL	1:31:08	7:20
200	23	M17	Kasey Bellach, 18, Marion, IA	1:31:11	7:20

201	18	M50 Peter Percival, 50, Des Moines, IA	1:31:13	7:20
202	12	M45 Randy Wadle, 45, Newton, IA	1:31:14	7:20
203	27	M30 Matthew Zepeda, 30, Waukee, IA	1:31:19	7:21
204	2	M55 David Schulte, 57, Granger, IA	1:31:25	7:21
205	27	M35 Thomas Wubben, 37, Ankeny, IA	1:31:29	7:22
206	28	M35 Craig Wittenberg, 39, Pella, IA	1:31:37	7:22
207	33	M40 Randy Brecht, 43, Middle Amana, IA	1:31:39	7:22
208	24	M17 Jon Thomas, 17, Des Moines, IA	1:31:42	7:23
209	28	M30 Brad Bergman, 31, Des Moines, IA	1:31:42	7:23
210	3	M55 Gary Patton, 58, Rock Rapids, IA	1:31:42	7:23
211	32	M25 J J Bailey, 29, Des Moines, IA	1:31:43	7:23
212	33	M25 Eric Strong, 29, Des Moines, IA	1:31:44	7:23
213	34	M40 Scott Weber, 41, Polk City, IA	1:31:49	7:23
214	29	M35 Dale Tunender, 36, Norwalk, IA	1:31:51	7:23
215	19	M50 Bob Grote, 50, West Des Moines, IA	1:31:51	7:23
216	30	M35 Rodney Decoster, 39, Clarion, IA	1:31:53	7:24
217	29	M30 Alex Johnson, 30, Des Moines, IA	1:31:54	7:24
218	34	M25 Brian Davenport, 29, Minneapolis, MN	1:31:54	7:24
219	35	M40 Robert Schenek, 43, Streamwood, IL	1:31:57	7:24
220	36	M40 Mark Bissing, 42, West Des Moines, IA	1:31:57	7:24
221	25	M17 Wesley Meier, 19, La Porte City, IA	1:31:58	7:24
222	26	M17 Jon Soole, 19, Ames, IA	1:31:58	7:24
223	20	M50 Gene Wandling, 53, Iowa City, IA	1:31:59	7:24
224	30	M30 Troy Troncin, 31, Urbandale, IA	1:32:00	7:24
33	5	W30 Traci Hart, 34*, Waukee, IA	1:32:01	7:24
225	13	M45 Wes Nelson, 48, Marion, IA	1:32:01	7:24
34	4	W40 Rae Letourneau, 42*, West Des Moines, IA	1:32:13	7:25
226	27	M17 Mitchell Hines, 18, Center Point, IA	1:32:13	7:25
227	37	M40 Thomas Keck, 40, Ottumwa, IA	1:32:17	7:25
228	35	M25 Wade Lukken, 29, Des Moines, IA	1:32:19	7:26
229	36	M25 Michael Hamilton, 25, Waterloo, IA	1:32:21	7:26
35	6	W20 Beth Magnuson, 20*, Minnetonka, MN	1:32:21	7:26
36	7	W35 Beth Schweizer, 38*, Urbandale, IA	1:32:25	7:26
230	31	M35 Thomas Beaumont, 36, Des Moines, IA	1:32:26	7:26
231	21	M50 Randall Wilson, 54, Des Moines, IA	1:32:32	7:27
37	7	W20 Natalie Stork, 20*, Urbandale, IA	1:32:34	7:27
232	38	M40 Don Cumings, 41, Ankeny, IA	1:32:37	7:27
38	8	W20 Ruby Bode, 23*, Urbandale, IA	1:32:45	7:28
233	37	M25 Matt Schmidt, 26, Orange City, IA	1:32:46	7:28
234	32	M35 Shane Smith, 36, Urbandale, IA	1:32:49	7:28
235	28	M17 Cole Slaiken, 17, Dakota City, IA	1:32:49	7:28
236	31	M30 Mike Gardner, 34, Ankeny, IA	1:32:50	7:28
237	14	M45 Paul Brees, 46, Urbandale, IA	1:32:50	7:28
238	32	M30 Brett Christensen, 33, West Des Moines, IA	1:32:51	7:28
239	4	M55 Richard Martin, 55, Ames, IA	1:32:51	7:28
240	27	M20 Brent Alumbaugh, 21, Linden, IA	1:32:52	7:28
39	5	W40 JoAnn Kobes, 44*, Des Moines, IA	1:32:52	7:28
241	39	M40 Dale Knoshaug, 42, Des Moines, IA	1:32:52	7:28
242	33	M35 Eric Toot, 35, Urbandale, IA	1:32:53	7:28
243	33	M30 Dave Olsen, 31, Des Moines, IA	1:32:59	7:29
244	29	M17 Andrew Zellweger, 17, Prescott, IA	1:33:02	7:29
245	28	M20 Glen Fuhrmeister, 23, Lone Tree, IA	1:33:04	7:29
246	34	M30 Chris Tucker, 33, Marshalltown, IA	1:33:09	7:30
247	15	M45 Ken Kreber, 46, Sioux City, IA	1:33:10	7:30
248	40	M40 Kevin Allen, 43, Des Moines, IA	1:33:11	7:30
249	35	M30 Joel Ryon, 31, Iowa City, IA	1:33:13	7:30
250	30	M17 Grant Nelson, 18, Greenfield, IA	1:33:15	7:30
251	31	M17 Donald Bouillon, 18, Dows, IA	1:33:17	7:30
252	22	M50 David Gurwell, 52, Iowa City, IA	1:33:20	7:31
253	36	M30 Chad Lee, 31, West Des Moines, IA	1:33:21	7:31
254	41	M40 Wayne Lacher, 42, Menlo, IA	1:33:22	7:31
255	16	M45 Brian Smith, 46, Omaha, NE	1:33:23	7:31
256	42	M40 Joe Dupre, 40, Pella, IA	1:33:33	7:32
257	34	M35 Tony Stafford, 35, Prairie City, IA	1:33:34	7:32

258	37	M30	R John Milligan, 33, Pella, IA	1:33:35	7:32
40	11	W25	Traci Havlik, 29*, Madrid, IA	1:33:35	7:32
41	8	W35	Sandy Sabelka, 36*, Denver, IA	1:33:35	7:32
42	9	W35	Teresa Beacom, 38*, Lincoln, NE	1:33:36	7:32
259	38	M30	Shawncorbin Corbin, 32, Clive, IA	1:33:42	7:32
260	17	M45	Jon Jordan, 49, Atlantic, IA	1:33:42	7:32
43	12	W25	Kara Longfield, 27*, Des Moines, IA	1:33:43	7:32
261	35	M35	Kyle Anderson, 38, Papillion, NE	1:33:45	7:33
262	18	M45	Jim Pippert, 47, Dysart, IA	1:33:45	7:33
263	36	M35	Mike Regan, 35, Iowa City, IA	1:33:46	7:33
264	38	M25	Bryce Gilbert, 26, Milo, IA	1:33:48	7:33
44	10	W35	Dana Foster, 37*, Dike, IA	1:33:48	7:33
265	19	M45	Loras Kremer, 45, Atkins, IA	1:33:49	7:33
266	39	M30	Scott Mills, 33, Des Moines, IA	1:33:50	7:33
45	3	W45	Beth Henriksen, 48*, Ames, IA	1:33:54	7:33
267	37	M35	Lance Van Vleet, 38, Indianola, IA	1:33:54	7:33
46	4	W45	Sheila Maddock, 48*, Johnston, IA	1:33:54	7:33
47	6	W30	Cindy Elsbernd, 33*, Des Moines, IA	1:33:55	7:33
268	40	M30	Neil Havlik, 30, Marion, IA	1:33:55	7:33
269	41	M30	Tony Briggs, 30, Pella, IA	1:33:55	7:33
270	38	M35	Jim Hagelie, 36, Marshalltown, IA	1:33:58	7:34
271	23	M50	Richard Anfinson, 52, Cedar Falls, IA	1:34:00	7:34
272	39	M35	Richard Drachenberg, 35, Des Moines, IA	1:34:01	7:34
273	42	M30	Matt Anderson, 34, Des Moines, IA	1:34:02	7:34
274	40	M35	Jeff Osmundson, 39, Pleasant Hill, IA	1:34:03	7:34
275	39	M25	Justin Doornink, 26, Ames, IA	1:34:03	7:34
276	2	M60	Mike Bender, 63, Des Moines, IA	1:34:04	7:34
277	20	M45	Timothy Andersen, 49, Des Moines, IA	1:34:11	7:35
48	13	W25	Katie McAfee, 28*, Pawnee, IL	1:34:14	7:35
278	43	M30	Jeff Hartung, 34, Indianola, IA	1:34:19	7:35
49	6	W40	Kathie Madron, 41*, Oakland, IA	1:34:20	7:35
279	41	M35	Brent Smidt, 35, Clive, IA	1:34:21	7:35
280	42	M35	Doug Kintzle, 39, Des Moines, IA	1:34:24	7:36
281	43	M35	Donald Wells, 36, Wdm, IA	1:34:24	7:36
282	44	M35	John Rehard, 39, Des Moines, IA	1:34:25	7:36
50	5	W45	Andriette Wickstrom, 49*, Storm Lake, IA	1:34:27	7:36
283	40	M25	Steve Beary, 29, Cedar Rapids, IA	1:34:30	7:36
284	32	M17	Josh Bennett, 17, Ankeny, IA	1:34:32	7:36
285	44	M30	Damon Youmans, 33, Indianola, IA	1:34:35	7:37
286	29	M20	Jon Elbert, 21, Algona, IA	1:34:36	7:37
287	45	M35	Joseph Short, 39, Elmhurst, IL	1:34:38	7:37
288	45	M30	Joshua Hanson, 30, Des Moines, IA	1:34:41	7:37
289	46	M35	Lee Hill, 35, Des Moines, IA	1:34:44	7:37
51	14	W25	Carissa Shima, 25*, Waterloo, IA	1:34:45	7:37
52	7	W40	Kimberly Foley, 41*, Des Moines, IA	1:34:46	7:37
290	46	M30	Michael Spaur, 32, Pella, IA	1:34:47	7:38
291	30	M20	Brett Myers, 23, Ames, IA	1:34:49	7:38
292	47	M30	Dave Leever, 33, Ankeny, IA	1:34:49	7:38
293	5	M55	Larry Walden, 57, Marshalltown, IA	1:34:49	7:38
294	47	M35	Charlie Callaway, 36, Coralville, IA	1:34:50	7:38
295	48	M35	Steven Janssens, 36, Des Moines, IA	1:34:51	7:38
296	43	M40	Tony Perkins, 44, Urbandale, IA	1:34:52	7:38
297	33	M17	Joe Andersen, 19, Ankeny, IA	1:34:53	7:38
298	49	M35	Matthew Palen, 36, Norwalk, IA	1:34:53	7:38
299	21	M45	Ted Sage, 48, Ames, IA	1:34:54	7:38
53	7	W30	Angela Palen, 33*, Norwalk, IA	1:34:54	7:38
300	44	M40	Scott Iverson, 44, Polk City, IA	1:34:54	7:38
301	48	M30	Tom Berg, 34, Iowa City, IA	1:34:58	7:38
302	41	M25	Nate Strickler, 29, Windsor Heights, IA	1:35:06	7:39
303	45	M40	Doug Malmgren, 40, Minneapolis, MN	1:35:06	7:39
304	50	M35	Jeff Kelly, 37, Urbandale, IA	1:35:09	7:39
305	34	M17	Jorge Bazan, 19, Urbandale, IA	1:35:09	7:39
306	22	M45	Jonathan Wendel, 49, Ames, IA	1:35:10	7:39
307	23	M45	Michael Wheelock, 48, Ames, IA	1:35:11	7:40
54	8	W30	Ginger Miller, 33*, Ankeny, IA	1:35:11	7:40

308	51	M35	Norm Bach, 37, Marshalltown, IA	1:35:12	7:40
309	3	M60	Jim Floyd, 62, West Des Moines, IA	1:35:14	7:40
310	49	M30	Carl Spoerl, 31, Johnston, IA	1:35:15	7:40
311	31	M20	Matthew Skeens, 22, Johnston, IA	1:35:17	7:40
312	24	M50	Jim Mullenix, 52, Woodbine, IA	1:35:20	7:40
55	11	W35	Tami Prescott, 37*, Urbandale, IA	1:35:21	7:40
56	9	W20	Bridget Stephenson, 24*, Council Bluffs, IA	1:35:23	7:40
313	42	M25	Ben Schlicher, 25, Des Moines, IA	1:35:24	7:40
314	24	M45	Allen Miller, 47, Ames, IA	1:35:31	7:41
315	46	M40	Curt Hoff, 42, Nevada, IA	1:35:32	7:41
316	47	M40	Michael McCarty, 43, Auburn, IA	1:35:32	7:41
317	25	M45	Frank Dittrich, 46, Davenport, IA	1:35:34	7:41
318	48	M40	Jeffery Gust, 41, Clive, IA	1:35:34	7:41
319	35	M17	Nathan Wise, 19, Des Moines, IA	1:35:35	7:41
320	49	M40	Daniel Draayer, 40, Ankeny, IA	1:35:36	7:42
321	52	M35	Jim Cunningham, 37, Urbandale, IA	1:35:37	7:42
322	53	M35	Tim Hart, 36, Johnston, IA	1:35:38	7:42
323	54	M35	Ted Welter, 35, Iowa City, IA	1:35:39	7:42
324	26	M45	Del Lasswell, 47, Urbandale, IA	1:35:41	7:42
57	10	W20	Nicole Kreber, 20*, Sioux City, IA	1:35:46	7:42
325	25	M50	Neil Sedlacek, 51, Washington, IA	1:35:54	7:43
58	12	W35	Lisa Klein, 35*, Des Moines, IA	1:35:54	7:43
326	55	M35	Mark Davis, 36, Urbandale, IA	1:36:03	7:44
327	43	M25	Aaron Witt, 27, Des Moines, IA	1:36:04	7:44
328	26	M50	Chuck Clark, 53, Carroll, IA	1:36:05	7:44
329	50	M40	Jeff Farrell, 40, Urbandale, IA	1:36:05	7:44
330	56	M35	Patrick Beurskens, 37, Marshalltown, IA	1:36:06	7:44
331	44	M25	Art Vandalay, 27, Des Moines, IA	1:36:07	7:44
332	36	M17	Chris Brown, 18, Winterset, IA	1:36:08	7:44
333	1	M70	James Schleisman, 71, Jefferson, IA	1:36:10	7:44
334	50	M30	Don Neff, 33, Elwood, NE	1:36:11	7:44
335	45	M25	Sam Ellis, 29, Norwalk, IA	1:36:12	7:44
336	51	M40	David Nelson, 42, Cedar Rapids, IA	1:36:13	7:44
337	27	M45	Dennis Erpelding, 45, Indianapolis, IN	1:36:13	7:44
338	46	M25	J Scott Ingersoll, 26, Ankeny, IA	1:36:14	7:45
339	28	M45	Keith Lowe, 47, Johnston, IA	1:36:18	7:45
340	52	M40	Daniel Reed, 43, Edina, MN	1:36:18	7:45
341	53	M40	Jim Zander, 40, New Hampton, IA	1:36:19	7:45
342	57	M35	Rich Balsley, 37, Ames, IA	1:36:20	7:45
343	47	M25	Casey Miller, 28, Urbandale, IA	1:36:20	7:45
344	32	M20	Zach Johnson, 22, Grimes, IA	1:36:21	7:45
345	4	M60	Craig Clark, 60, Mason City, IA	1:36:23	7:45
346	27	M50	Dave Carney, 54, Cedar Rapids, IA	1:36:24	7:45
59	8	W40	Kathi Prien, 42*, West Des Moines, IA	1:36:27	7:46
60	9	W30	Joey Hullinger, 33*, Davis City, IA	1:36:29	7:46
347	51	M30	Mark Scigliano, 30, Des Moines, IA	1:36:30	7:46
348	58	M35	David Grossklaus, 36, West Des Moines, IA	1:36:30	7:46
349	29	M45	Stuart Cochrane, 45, Fort Dodge, IA	1:36:33	7:46
61	15	W25	Chanda Willse, 28*, West Des Moines, IA	1:36:35	7:46
350	52	M30	Scott Johnston, 34, Indianola, IA	1:36:36	7:46
351	30	M45	Marc Steward, 49, Cherokee, IA	1:36:37	7:46
352	31	M45	Daniel Roenberg, 47, Des Moines, IA	1:36:40	7:47
353	54	M40	Brett Bosworth, 41, West Des Moines, IA	1:36:41	7:47
354			Thomas Joensen, Ankeny, IA	1:36:43	7:47
355	48	M25	Jim Swanson, 27, Cedar Rapids, IA	1:36:45	7:47
356	53	M30	Geronimo Washington, 31, Iowa City, IA	1:36:45	7:47
62	6	W45	Julie Martinusen, 45*, Des Moines, IA	1:36:46	7:47
357	55	M40	David Schnoes, 44, West Des Moines, IA	1:36:47	7:47
358	56	M40	Jeff Zumbach, 41, Manchester, IA	1:36:47	7:47
359	37	M17	Ben Schwartzenburg, 17, Marshalltown, IA	1:36:48	7:47
360	28	M50	Paul Von Ebers, 51, Des Moines, IA	1:36:50	7:47
361	49	M25	Jared Kline, 26, Des Moines, IA	1:36:51	7:48
63	16	W25	Jody Beaumont, 27*, Norwalk, IA	1:36:56	7:48
362	57	M40	Greg Courtney, 44, Ames, IA	1:36:56	7:48

363	54	M30	Andrew Schmidt, 33, Urbandale, IA	1:36:59	7:48
364	29	M50	Bobby Dickerson, 50, Des Moines, IA	1:37:00	7:48
365	55	M30	Brian Oetken, 32, Ames, IA	1:37:02	7:48
366	30	M50	Richard Guffy, 54, Des Moines, IA	1:37:03	7:49
64	7	W45	Susan Ridenour, 46*, Des Moines, IA	1:37:04	7:49
367	56	M30	John Vogelaar, 31, Des Moines, IA	1:37:09	7:49
368	6	M55	Darrell Zmolek, 55, Dubuque, IA	1:37:12	7:49
369	32	M45	William Johnson, 48, Iowa City, IA	1:37:14	7:49
370	59	M35	Jeff Corcoran, 36, Des Moines, IA	1:37:15	7:49
371	7	M55	Roy Ney, 55, Des Moines, IA	1:37:17	7:50
372	31	M50	Lee Tesdell, 53, Slater, IA	1:37:17	7:50
65	13	W35	Michelle Graves, 36*, Kalona, IA	1:37:17	7:50
66	14	W35	Kelli Slocum, 37*, Tiffin, IA	1:37:17	7:50
373	57	M30	Milo Japenga, 34, Cedar Rapids, IA	1:37:20	7:50
67	15	W35	Krisanne Lynch, 39*, Omaha, NE	1:37:23	7:50
374	58	M30	Thad Douglas, 31, West Des Moines, IA	1:37:27	7:50
68	10	W30	Shelly Law, 31*, Des Moines, IA	1:37:28	7:51
375	33	M45	Keith Comfort, 46, Oskaloosa, IA	1:37:28	7:51
376	60	M35	Steve Andreasen, 37, Sioux City, IA	1:37:29	7:51
377	61	M35	Randy Schieltz, 35, Madrid, IA	1:37:30	7:51
378	59	M30	Jon Murphy, 33, Washington, DC	1:37:30	7:51
379	32	M50	Warren Peterson, 50, Ackworth, IA	1:37:31	7:51
380	60	M30	Bill Kallestad, 33, Des Moines, IA	1:37:32	7:51
69	17	W25	Erica Lewis, 26*, Cedar Rapids, IA	1:37:35	7:51
381	38	M17	Matt Berndt, 19, Newton, IA	1:37:36	7:51
70	9	W40	Rachel Stauffer, 41*, Des Moines, IA	1:37:36	7:51
382	33	M50	Rick Hall, 51, Urbandale, IA	1:37:39	7:51
71	11	W30	Rhonda Cronin, 31*, Minneapolis, MN	1:37:40	7:51
72	18	W25	Michelle Lukken, 28*, Des Moines, IA	1:37:41	7:52
383	62	M35	Mark Jorgensen, 35, Grimes, IA	1:37:43	7:52
384	63	M35	Leon Rehehr, 37, Clarinda, IA	1:37:45	7:52
385	34	M50	Fred Kreykes, 53, Pella, IA	1:37:45	7:52
73	16	W35	Ruth Rehehr, 38*, Clarinda, IA	1:37:46	7:52
386	61	M30	Matt Maloney, 32, Cedar Rapids, IA	1:37:47	7:52
74	10	W40	Karen Strehlow, 43*, Ames, IA	1:37:47	7:52
387	35	M50	David Hope, 54, Davenport, IA	1:37:47	7:52
388	58	M40	Mark Weaver, 42, Urbandale, IA	1:37:48	7:52
75	12	W30	Tammy Westhoff Gentry, 31*, Des Moines, IA	1:37:51	7:52
389	59	M40	Dana Jurgens, 40, Chariton, IA	1:37:51	7:52
76	2	W17	Tiffany Jurgens, 19*, Des Moines, IA	1:37:52	7:52
390	5	M60	Bill Johnson, 64, Colfax, IA	1:37:52	7:52
77	19	W25	Leah Runde, 29*, Forest City, IA	1:37:53	7:53
391	8	M55	Mike May, 57, Indianola, IA	1:37:53	7:53
392	60	M40	Doug Fick, 42, Johnston, IA	1:37:55	7:53
393	34	M45	Michael Coles, 45, Huxley, IA	1:37:56	7:53
394	36	M50	Charles Smith, 53, Urbandale, IA	1:37:56	7:53
78	3	W17	Stephanie Stall, 19*, Huxley, IA	1:37:57	7:53
395	50	M25	Robert Meister, 28, Johnston, IA	1:37:59	7:53
396	61	M40	Andy Roat, 42, Des Moines, IA	1:37:59	7:53
397	33	M20	Jon Muecke, 21, Sioux City, IA	1:38:00	7:53
398	51	M25	Adrian Kosiara, 25, West Des Moines, IA	1:38:01	7:53
399	64	M35	Kent Heikens, 39, Ames, IA	1:38:01	7:53
400	65	M35	Kirk Irwin, 39, Johnston, IA	1:38:03	7:53
401	66	M35	Jeremy Singer, 36, Ames, IA	1:38:04	7:53
402	62	M40	Tom Sauer, 44, Ames, IA	1:38:05	7:53
403	35	M45	Mark Movic, 47, Des Moines, IA	1:38:05	7:54
79	8	W45	Vicki Vanderkwaak, 48*, Johnston, IA	1:38:06	7:54
80	1	W60	Judy Teeple, 63*, Davenport, IA	1:38:09	7:54
404	67	M35	Jon Espenscheid, 39, Marshalltown, IA	1:38:10	7:54
405	37	M50	Richard Deming, 50, Des Moines, IA	1:38:12	7:54
406	38	M50	Joe Blunk, 52, Ames, IA	1:38:13	7:54
81	11	W20	Roxie Trembeth, 21*, Winnipeg	1:38:14	7:54
407	36	M45	Jeff Niffenegger, 47, West Des Moines, IA	1:38:14	7:54
408	39	M50	Bob Overstreet, 53, Des Moines, IA	1:38:17	7:54

409	9	M55 Don Miller, 56, Clive, IA	1:38:18	7:55
410	63	M40 Jeff Graeve, 41, Ankeny, IA	1:38:19	7:55
411	7	JrM Ryan Pesch, 15, Ames, IA	1:38:20	7:55
412	68	M35 Douglas Kendall, 36, Tracy, IA	1:38:20	7:55
413	37	M45 Tom Tecklenburg, 49, Humboldt, IA	1:38:24	7:55
414	39	M17 Mike Stout, 17, Perry, IA	1:38:25	7:55
	82	1 JrW Megan Winkelmann, 16*, Greenfield, IA	1:38:25	7:55
415	69	M35 Brian Cassaidy, 37, Ames, IA	1:38:27	7:55
416	52	M25 Jay Rewerts, 25, Urbandale, IA	1:38:29	7:55
417	70	M35 Paul Sueppel, 37, Iowa City, IA	1:38:30	7:55
418	71	M35 Timothy Bergan, 38, Newton, IA	1:38:31	7:56
419	64	M40 Rob Wheeler, 40, Des Moines, IA	1:38:32	7:56
420	62	M30 Brian Gentry, 34, Des Moines, IA	1:38:33	7:56
421	63	M30 Bryan Michael, 31, Des Moines, IA	1:38:35	7:56
422	53	M25 Sean O'Connell, 29, West Des Moines, IA	1:38:35	7:56
	83	11 W40 Connie Schroeder, 41*, West Des Moines, IA	1:38:35	7:56
423	72	M35 Mike Kelly, 36, West Des Moines, IA	1:38:36	7:56
424	34	M20 Eric Haugen, 21, Iowa City, IA	1:38:37	7:56
	84	13 W30 Lori Knights, 31*, Polk City, IA	1:38:37	7:56
425	10	M55 Reed Moore, 57, Kelley, IA	1:38:40	7:56
426	35	M20 Patrick Chaffee, 23, Fargo, ND	1:38:42	7:56
427	73	M35 Ryan Reichenbacker, 35, Ankeny, IA	1:38:45	7:57
428	65	M40 Timothy Gedler, 40, West Des Moines, IA	1:38:46	7:57
429	66	M40 Steven McBreen, 44, Ames, IA	1:38:48	7:57
430	8	JrM Cory Sents, 16, Grundy Center, IA	1:38:48	7:57
431	64	M30 Troy Jepsen, 30, Ames, IA	1:38:49	7:57
432	67	M40 Kent Kelderman, 44, Clive, IA	1:38:49	7:57
433	38	M45 John Wieland, 46, Des Moines, IA	1:38:50	7:57
434	36	M20 Christopher Hutchinson, 24, Rochester, MN	1:38:50	7:57
435	54	M25 Wade Eldridge, 28, West Des Moines, IA	1:38:51	7:57
436	68	M40 Steve Rossler, 44, Newton, IA	1:38:53	7:57
437	40	M50 Roger Heinle, 54, Whiting, IA	1:38:54	7:57
438	74	M35 Tim Pepper, 37, Indianola, IA	1:38:55	7:58
439	69	M40 Rod Bubke, 44, Ankeny, IA	1:39:01	7:58
	85	12 W20 Angie Welle, 24*, St. Louis Park, MN	1:39:01	7:58
	86	9 W45 Jill Byerly, 46*, State Center, IA	1:39:01	7:58
	87	4 W17 Constance Eshelman, 18*, Bridgewater, IA	1:39:02	7:58
440	9	JrM Tracy Nuss, 15, Ackley, IA	1:39:02	7:58
441	39	M45 Chester True, 46, Lincoln, NE	1:39:03	7:58
442	75	M35 Michael Whisler, 39, Ankeny, IA	1:39:04	7:58
443	40	M17 James Armstead, 17, Greenfield, IA	1:39:04	7:58
444	76	M35 Brad Plummer, 35, Dubuque, IA	1:39:05	7:58
445	77	M35 Dan Wignall, 39, Ankeny, IA	1:39:06	7:58
446	40	M45 Tim Fuchtman, 46, Ankeny, IA	1:39:06	7:58
447	78	M35 Mike Lowe, 39, West Des Moines, IA	1:39:06	7:58
448	65	M30 Jeff Hartz, 33, Runnells, IA	1:39:07	7:58
449	70	M40 Joel Penticoff, 43, Cedar Rapids, IA	1:39:07	7:58
450	11	M55 Michael Mauro, 55, Des Moines, IA	1:39:07	7:58
451	79	M35 Jim Workman, 39, O'Neill, NE	1:39:08	7:59
	88	13 W20 Nikole Friend, 24*, Iowa City, IA	1:39:10	7:59
452	71	M40 Daniel Baldi, 41, Des Moines, IA	1:39:14	7:59
453	41	M50 Peter Crawford, 54, Red Oak, IA	1:39:15	7:59
454	41	M45 John Roff, 47, Cedar Rapids, IA	1:39:16	7:59
455	42	M50 Larry Jewell, 50, Urbandale, IA	1:39:16	7:59
456	43	M50 Jim Jenkins, 54, Newton, IA	1:39:17	7:59
	89	17 W35 Shelly De Ruiter, 38*, Pella, IA	1:39:18	7:59
457	37	M20 Charlie Scott, 20, Ankeny, IA	1:39:19	7:59

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458	66	M30 Cory Paul, 31, Altoona, IA	1:39:21	8:00
	90	10 W45 Debi Bull, 46*, Des Moines, IA	1:39:21	8:00
459	44	M50 Scott Avitt, 51, Des Moines, IA	1:39:22	8:00
460	72	M40 Brendan Finn, 43, Ames, IA	1:39:22	8:00

461	42	M45	Kevin Techau, 45, Des Moines, IA	1:39:24	8:00
462	73	M40	Curt Shryack, 42, Moline, IL	1:39:25	8:00
91	2	W50	Elaine Van Dyck, 50*, Des Moines, IA	1:39:26	8:00
92	18	W35	Sharon Johnson, 35*, Urbandale, IA	1:39:27	8:00
463	43	M45	Chris Samson, 48, Des Moines, IA	1:39:29	8:00
93	14	W20	Jill Spomer, 20*, Ankeny, IA	1:39:32	8:00
464	80	M35	Richard Bain, 38, West Des Moines, IA	1:39:33	8:01
465	67	M30	Jon Dreisbelbis, 34, Des Moines, IA	1:39:36	8:01
466	45	M50	Rob Stetson, 50, Johnston, IA	1:39:36	8:01
94	15	W20	Kelsey Singletary, 21*, Ankeny, IA	1:39:37	8:01
95	20	W25	Sonja Selvig, 26*, Urbandale, IA	1:39:37	8:01
467	68	M30	Christopher Roling, 32, Des Moines, IA	1:39:37	8:01
468	44	M45	Rick Dawson, 46, Indianola, IA	1:39:39	8:01
469	45	M45	Keith Gutschenritter, 45, West Des Moines, IA	1:39:41	8:01
96	14	W30	Amy Mulhern, 32*, Des Moines, IA	1:39:42	8:01
470			Timothy Lowe, Clive, IA	1:39:43	8:01
471	81	M35	Clayton Deckinger, 36, Waukee, IA	1:39:44	8:01
97	3	W50	Claudia Scott, 53*, Marion, IA	1:39:45	8:02
472	46	M50	Carlos Loffler, 54, Johnston, IA	1:39:45	8:02
473	82	M35	Cary Osborn, 39, Newton, IA	1:39:46	8:02
474	74	M40	Mark Graeve, 43, Des Moines, IA	1:39:46	8:02
475	41	M17	Alex Oliver, 19, Woodbine, IA	1:39:48	8:02
476	75	M40	Michael Miller, 44, Norwalk, IA	1:39:50	8:02
477	76	M40	John Christensen, 43, Granger, IA	1:39:53	8:02
478	77	M40	William Workman, Jr., 42, Johnston, IA	1:39:54	8:02
479	46	M45	Bob Badalucco, 49, Omaha, NE	1:39:55	8:02
480	47	M45	Kevin Emge, 45, West Des Moines, IA	1:39:55	8:02
481	69	M30	Randy Smid, 30, West Des Moines, IA	1:39:57	8:03
482	70	M30	Lance Klein, 31, Pella, IA	1:39:58	8:03
483	78	M40	Marcus Dunn, 40, Clive, IA	1:39:59	8:03
484	55	M25	Bill Fischer, 27, Ankeny, IA	1:40:00	8:03
485	48	M45	Terry Lint, 49, Clive, IA	1:40:01	8:03
98	12	W40	Becky Nichols, 44*, Des Moines, IA	1:40:05	8:03
486	47	M50	Leonard Hoots, 50, Altoona, IA	1:40:08	8:03
487	56	M25	Thomas McGinnis, 28, Omaha, NE	1:40:09	8:03
99	15	W30	Jen Callaway, 33*, Coralville, IA	1:40:09	8:03
100	11	W45	Sally Spencer, 48*, Des Moines, IA	1:40:10	8:04
101	4	W50	Jan Mohs, 52*, Clive, IA	1:40:11	8:04
488	12	M55	Dale Andres, 56, Clear Lake, IA	1:40:11	8:04
489	42	M17	Toby Johus, 17, Woodward, IA	1:40:12	8:04
490	83	M35	Curt Jahde, 37, Anita, IA	1:40:12	8:04
491	71	M30	Matt Spurbeck, 30, Cedar Rapids, IA	1:40:13	8:04
102	12	W45	Kathleen Wendel, 49*, Ames, IA	1:40:13	8:04
492	84	M35	Steve Price, 35, Spencer, IA	1:40:14	8:04
103	19	W35	Shari Osier, 38*, Bondurant, IA	1:40:14	8:04
493	79	M40	Regan Cox, 40, Burnsville, MN	1:40:15	8:04
494	57	M25	Stew Bevis, 29, Altoona, IA	1:40:16	8:04
495	85	M35	Ken Wade, 36, Altoona, IA	1:40:18	8:04
496	86	M35	Jason Soliday, 36, West Des Moines, IA	1:40:21	8:04
104	16	W20	Kimberly Dea, 24*, Ames, IA	1:40:22	8:04
497	80	M40	Gary Roll, 40, Iowa Falls, IA	1:40:24	8:05
105	5	W17	Lindsay Noyce, 19*, West Des Moines, IA	1:40:25	8:05
106	20	W35	Jennifer Smith, 35*, Waukee, IA	1:40:25	8:05
498	58	M25	Lucas Price, 25, Woodward, IA	1:40:26	8:05
107	17	W20	Kelly Allen, 20*, Janesville, WI	1:40:26	8:05
108	21	W25	Kim Mueller, 29*, Ankeny, IA	1:40:27	8:05
109	13	W40	Julie Martin, 41*, Urbandale, IA	1:40:30	8:05
110	16	W30	Laura West, 32*, Nevada, IA	1:40:34	8:05
499	81	M40	Peter Wilson, 41, Minneapolis, MN	1:40:36	8:06
500	87	M35	Thomas Lydon, 39, Clive, IA	1:40:37	8:06
501	72	M30	Matt Waller, 30, Urbandale, IA	1:40:38	8:06
111	17	W30	Janell Kallenbach, 31*, Norwalk, IA	1:40:39	8:06
502	13	M55	Ernest Vortherms, 55, Urbandale, IA	1:40:40	8:06
112	18	W20	Jessica Fink, 21*, Des Moines, IA	1:40:43	8:06

503	82	M40	Price Flanagan, 42, Des Moines, IA	1:40:45	8:06
504	73	M30	Jeff Warren, 31, Des Moines, IA	1:40:46	8:06
505	10	JrM	Juan Garcia, 15, Woodward, IA	1:40:47	8:07
113	19	W20	Martie Dekam, 24*, Sioux Falls, SD	1:40:47	8:07
114	14	W40	Rhonda Lockin, 41*, Clive, IA	1:40:47	8:07
506	59	M25	Hans Habeger, 28, Des Moines, IA	1:40:48	8:07
507	83	M40	Michael Long, 44, Ames, IA	1:40:49	8:07
508	84	M40	Rex Williams, 43, Des Moines, IA	1:40:50	8:07
509	88	M35	Mike Foster, 38, Dike, IA	1:40:51	8:07
510	38	M20	Brad Bach, 23, Ankeny, IA	1:40:51	8:07
511	85	M40	Neal Halder, 40, Ankeny, IA	1:40:51	8:07
512	48	M50	Kevin Cunningham, 52, Des Moines, IA	1:40:52	8:07
115	18	W30	Peggi Allenaback, 34*, Ankeny, IA	1:40:54	8:07
513	60	M25	Dustin Mars, 28, West Des Moines, IA	1:40:55	8:07
116	20	W20	Jacklyn Hood, 20*, Ankeny, IA	1:40:55	8:07
117	21	W20	Erica Junod, 23*, Ankeny, IA	1:40:55	8:07
118	21	W35	Tammy Greiner, 37*, Reinbeck, IA	1:40:57	8:07
119	6	W17	Audrewy Voorhees, 17*, West Des Moines, IA	1:41:01	8:08
514	74	M30	Steve Hedding, 34, West Des Moines, IA	1:41:02	8:08
120	22	W25	Julie Pecinovsky, 26*, West Des Moines, IA	1:41:02	8:08
515	89	M35	Jim O'Halloran, 35, West Des Moines, IA	1:41:03	8:08
516	49	M45	Mike Lidd, 47, Charles City, IA	1:41:03	8:08
517	39	M20	Nathan Shortell, 20, Altoona, IA	1:41:05	8:08
121	23	W25	Marcy Klaver, 29*, Carroll, IA	1:41:05	8:08
518	40	M20	Jeremy Bethards, 20, Des Moines, IA	1:41:05	8:08
519	90	M35	Patrick Mattingly, 35, Van Meter, IA	1:41:06	8:08
122	24	W25	Kriszta Heredi-Szabo, 25*, Omaha, NE	1:41:06	8:08
520	91	M35	Rob Johansen, 36, Grimes, IA	1:41:06	8:08
123	22	W35	Barb Kellogg, 39*, Winterset, IA	1:41:10	8:08
521	86	M40	Kris Saggau, 44, West Des Moines, IA	1:41:12	8:09
124	25	W25	Paula Saxton, 25*, Bettendorf, IA	1:41:14	8:09
125	19	W30	Kirsten Isenhardt, 30*, West Des Moines, IA	1:41:15	8:09
522	87	M40	Jeff Harper, 40, Des Moines, IA	1:41:16	8:09
523	41	M20	Omar Tesdell, 22, Slater, IA	1:41:19	8:09
126	22	W20	Dani Weisskopf, 23*, Victor, IA	1:41:22	8:09
524	50	M45	Tim Schleisman, 45, Burnsville, MN	1:41:23	8:09
525	88	M40	Dave Endres, 41, West Des Moines, IA	1:41:24	8:10
526	89	M40	Dan Houston, 42, West Des Moines, IA	1:41:26	8:10
527	42	M20	Joseph Lynn, 24, West Des Moines, IA	1:41:31	8:10
127	26	W25	Julia Wostrel, 25*, Omaha, NE	1:41:31	8:10
528	43	M20	Jeff Judisch, 23, Tripoli, IA	1:41:32	8:10
529	51	M45	Brian Ott, 49, Elk Run Hgts, IA	1:41:33	8:10
530	92	M35	Steve Blazek, 37, West Des Moines, IA	1:41:34	8:10
531	11	JrM	Kenneth Tincher, 16, Marion, IN	1:41:35	8:10
128	20	W30	Kim Balch, 34*, West Des Moines, IA	1:41:35	8:10
532	52	M45	Charles Phillips, 46, Urbandale, IA	1:41:35	8:10
129	23	W20	Krista Burkle, 24*, West Des Moines, IA	1:41:37	8:11
533	93	M35	Gary Grafft, 39, Marengo, IA	1:41:38	8:11
534	90	M40	Scott Vermillion, 41, Des Moines, IA	1:41:39	8:11
535	91	M40	Kirk Cox, 42, Des Moines, IA	1:41:39	8:11
536	61	M25	Lucas Peed, 29, Fort Dodge, IA	1:41:39	8:11
537	49	M50	Mark Hanson, 51, Ankeny, IA	1:41:40	8:11
538	12	JrM	Kory Heineman, 14, Readlyn, IA	1:41:40	8:11
539	62	M25	Jake Boyer, 28, Muscatine, IA	1:41:40	8:11
540	92	M40	Brian Wiebke, 44, Marion, IA	1:41:41	8:11
541	53	M45	Steven Wandro, 46, Des Moines, IA	1:41:42	8:11
542	50	M50	Randall Conrad, 51, Clear Lake, IA	1:41:44	8:11
543	44	M20	Jeff Stewart, 21, Waterloo, IA	1:41:44	8:11
544	94	M35	Kirk Ridout, 35, Tama, IA	1:41:45	8:11
545	51	M50	Kevin Shay, 50, Urbandale, IA	1:41:46	8:11
546	52	M50	Galen Wilke, 53, Ames, IA	1:41:47	8:11
547	63	M25	Micah Steele, 26, Reinbeck, IA	1:41:47	8:11

548	95	M35	Erick Mandt, 35, Cedar Falls, IA	1:41:47	8:11
130	15	W40	Denise Charter-Jones, 42*, Urbandale, IA	1:41:48	8:11
549	64	M25	Ryan Cunningham, 26, Pella, IA	1:41:50	8:12
550	93	M40	Jim Downard, 43, Ames, IA	1:41:51	8:12
551	43	M17	John Schmitz, 18, Fairbank, IA	1:41:53	8:12
552	65	M25	Lyle Reicks, 27, Urbandale, IA	1:41:55	8:12
131	24	W20	Jill Logsdon, 21*, Ames, IA	1:41:55	8:12
553	94	M40	Jerry Lawrence, 44, Des Moines, IA	1:41:55	8:12
554	75	M30	Steve Wiseman, 34, Windsor Heights, IA	1:41:56	8:12
555	96	M35	Brian Whalen, 36, Urbandale, IA	1:41:57	8:12
556	97	M35	Scott Dekok, 37, Sheldon, IA	1:41:58	8:12
557	98	M35	Jeffrey Collum, 35, West Des Moines, IA	1:42:00	8:12
558	66	M25	John Becker, 28, Madrid, IA	1:42:02	8:13
559	99	M35	Dave Salaba, 39, Cumming, IA	1:42:03	8:13
560	14	M55	Rusty Fithen, 57, Clarinda, IA	1:42:04	8:13
132	16	W40	Heather Stilborn, 41*, Clive, IA	1:42:05	8:13
561	54	M45	Paul Carlson, 46, Ankeny, IA	1:42:05	8:13
562	100	M35	Chris Burgess, 36, Urbandale, IA	1:42:07	8:13
563	101	M35	Dennis Haney, 36, Des Moines, IA	1:42:08	8:13
564	102	M35	Gary McCall, 36, Des Moines, IA	1:42:10	8:13
565	53	M50	Steve Gassmann, 51, Indianola, IA	1:42:11	8:13
133	27	W25	Lindsay Wade, 28*, Weldon, IA	1:42:12	8:13
134	21	W30	Wendy Hanson, 31*, Urbandale, IA	1:42:14	8:14
566	95	M40	Christopher Delaney, 44, Ames, IA	1:42:15	8:14
567	55	M45	Mark Borseth, 49, Clive, IA	1:42:17	8:14
135	7	W17	Samantha Wickard, 17*, Des Moines, IA	1:42:17	8:14
568	56	M45	Jeff Jones, 47, Ankeny, IA	1:42:18	8:14
569	76	M30	Philip Behrends, 31, Des Moines, IA	1:42:19	8:14
570	13	JrM	Brian Wiggins, 16, Center Point, IA	1:42:19	8:14
571	96	M40	Daniel Linke, 40, Grand Island, NE	1:42:20	8:14
572	97	M40	Monte Cochran, 43, Urbandale, IA	1:42:23	8:14
136	25	W20	Ashley Coopriider, 24*, West Des Moines, IA	1:42:23	8:14
573	98	M40	Dan Gustafson, 41, West Des Moines, IA	1:42:24	8:14
574	54	M50	Terry Sacre, 53, Cedar Falls, IA	1:42:26	8:15
575	77	M30	Brian Freeseaman, 31, Ankeny, IA	1:42:27	8:15
576	99	M40	Kirk Yung, 41, Fort Dodge, IA	1:42:29	8:15
577	103	M35	Kevin Barkema, 35, Conrad, IA	1:42:34	8:15
578	78	M30	Jordan Hansell, 33, Des Moines, IA	1:42:34	8:15
579	55	M50	Larry Zimpleman, 52, Cumming, IA	1:42:35	8:15
580	67	M25	Jon Beeman, 27, West Des Moines, IA	1:42:39	8:16
581	57	M45	David McClung, 49, Des Moines, IA	1:42:40	8:16
582	79	M30	Andrew Long, 31, Grimes, IA	1:42:41	8:16
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583	104	M35	Tyler Dunker, 38, Clive, IA	1:42:44	8:16
584	68	M25	Brandon Hufford, 29, West Des Moines, IA	1:42:45	8:16
585	100	M40	Steven Anderson, 42, Urbandale, IA	1:42:46	8:16
586	105	M35	David Kirschbaum, 37, Omaha, NE	1:42:46	8:16
587	69	M25	Mark Holm, 28, Ankeny, IA	1:42:47	8:16
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140	17	W40	Shari Doyle, 42*, Clive, IA	1:42:53	8:17
588	80	M30	Todd Kopecky, 34, Iowa City, IA	1:42:54	8:17
589	106	M35	Jon Thompson, 37, Urbandale, IA	1:42:54	8:17
590	101	M40	Tim Rolow, 42, Grimes, IA	1:42:55	8:17
591	56	M50	Timothy Olson, 53, West Des Moines, IA	1:42:59	8:17
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593	58	M45	Craig Weeks, 45, Peoria, AZ	1:43:02	8:17
594	102	M40	Rich Pross, 40, Atlantic, IA	1:43:04	8:18
595	103	M40	Daniel Mallonee, 43, Cedar Rapids, IA	1:43:04	8:18
596	71	M25	Matthew Pross, 26, Windsor Heights, IA	1:43:06	8:18
597	81	M30	Jason Irving, 34, Fort Dodge, IA	1:43:09	8:18
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598	107	M35	Randy Kallem, 38, Des Moines, IA	1:43:13	8:18
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602	84	M30	Dan Koestner, 34, Grimes, IA	1:43:19	8:19
603	44	M17	Mike Comfort, 18, Oskaloosa, IA	1:43:20	8:19
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605	85	M30	Mike Patkin, 34, Ankeny, IA	1:43:23	8:19
147	27	W20	Jodi Graber, 24*, West Des Moines, IA	1:43:23	8:19
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607	109	M35	Kurt Spieler, 38, West Des Moines, IA	1:43:24	8:19
608	104	M40	David Teachout, 43, Des Moines, IA	1:43:24	8:19
609	45	M20	Erik Kotewa, 24, Monticello, IL	1:43:25	8:19
610	60	M45	John Howard, 45, Pella, IA	1:43:27	8:19
611	105	M40	Garlyn Wiemers, 44, West Des Moines, IA	1:43:28	8:19
148	28	W20	Sara Jensen, 23*, Johnston, IA	1:43:28	8:19
149	13	W45	Cynthia Lehrkamp, 45*, Carroll, IA	1:43:29	8:20
150	18	W40	Connie Hoffman, 41*, Carroll, IA	1:43:30	8:20
612	46	M20	Brian Kelley, 20, Nora Springs, IA	1:43:31	8:20
613	46	M17	Corey Stromley, 19, Rockwell City, IA	1:43:31	8:20
614	47	M20	Jamie Kelley, 21, Nora Springs, IA	1:43:31	8:20
615	106	M40	Allen Benson, 44, Ankeny, IA	1:43:32	8:20
616	107	M40	Kirk Reeder, 44, Ankeny, IA	1:43:32	8:20
617	72	M25	Matthew Clark, 28, Iowa City, IA	1:43:32	8:20
618	110	M35	Donny Suh, 35, West Des Moines, IA	1:43:33	8:20
619	15	M55	Ronald Charles, 55, Grinnell, IA	1:43:34	8:20
151	27	W35	Jill Berg, 35*, West Des Moines, IA	1:43:34	8:20
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153	29	W20	Emily Fuerstenau, 20*, Indianola, IA	1:43:44	8:21
624	111	M35	Sam Jacob, 37, Des Moines, IA	1:43:47	8:21
625	16	M55	Rick Grant, 57, West Des Moines, IA	1:43:48	8:21
154	26	W30	Carrie Krohn, 31*, Orange City, IA	1:43:49	8:21
626	112	M35	Matthew Tullis, 36, Marshalltown, IA	1:43:50	8:21
627	113	M35	Jeff Sullivan, 39, West Des Moines, IA	1:43:51	8:21
628	65	M45	Bob Jennings, 45, West Des Moines, IA	1:43:52	8:21
629	114	M35	Richard Mockobee, 36, Norwalk, IA	1:43:52	8:21
155	5	W50	Kathi Dellaca, 51*, Des Moines, IA	1:43:53	8:22
630	73	M25	Brandon Williams, 25, West Des Moines, IA	1:43:54	8:22
631	115	M35	Kent Keith, 35, Fort Dodge, IA	1:43:59	8:22
632	116	M35	William Staplin, 35, Des Moines, IA	1:44:02	8:22
156	27	W30	Rae Lynn Lamparek, 32*, Swisher, IA	1:44:02	8:22
157	19	W40	Kathleen Lippold, 41*, Des Moines, IA	1:44:05	8:22
633	17	M55	John Pleasants, 55, Ames, IA	1:44:05	8:22
634	6	M60	Richard Carspecken, 60, Atlantic, IA	1:44:07	8:23
158	29	W25	Tina Carney, 25*, Cedar Rapids, IA	1:44:07	8:23
159	28	W30	Stacy Farr, 33*, West Des Moines, IA	1:44:08	8:23
160	20	W40	Rita Roberts, 44*, Pleasantville, IA	1:44:09	8:23
161	21	W40	Mary Clark, 41*, Ames, IA	1:44:10	8:23
635	74	M25	John Aust, 25, Kansas City, MO	1:44:10	8:23
636	117	M35	Joe Royer, 39, Indianola, IA	1:44:12	8:23
637	86	M30	Jamie Bishop, 34, Indianola, IA	1:44:12	8:23
162	6	W50	Mary Madsen, 51*, Melbourne, IA	1:44:13	8:23
638	48	M20	Andy Howe, 21, Dubuque, IA	1:44:13	8:23
163	30	W20	Sarah Miller, 21*, Des Moines, IA	1:44:14	8:23
639	108	M40	Michael O'Brien, 41, Des Moines, IA	1:44:15	8:23
164	22	W40	Nancy Whitcanack, 42*, Coal Valley, IL	1:44:15	8:23
165	30	W25	Katie Gibson, 28*, Des Moines, IA	1:44:16	8:23

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641	109	M40	Tim Billerbeck, 43, Urbandale, IA	1:44:17	8:23
166	28	W35	Rebecca McIntosh, 39*, Des Moines, IA	1:44:17	8:23
642	66	M45	Bill Stevenson, 48, Waukee, IA	1:44:17	8:23
167	29	W30	Jennifer Potratz, 32*, Clive, IA	1:44:18	8:24
168	30	W30	Susan Epp, 32*, West Des Moines, IA	1:44:20	8:24
643	67	M45	Jim Polish, 47, Madrid, IA	1:44:20	8:24
644	75	M25	Dan Bruns, 29, Ankeny, IA	1:44:21	8:24
645	49	M20	Matt Geneser, 24, Iowa City, IA	1:44:21	8:24
169	31	W20	Kathryn Becherer, 21*, St. Louis, MO	1:44:21	8:24
646	119	M35	William Lowry, 35, Des Moines, IA	1:44:22	8:24
170	14	W45	Connie Dellaca, 47*, Urbandale, IA	1:44:23	8:24
647	47	M17	Raj Borsellino, 17, Des Moines, IA	1:44:24	8:24
171	29	W35	Susan Souhrada, 39*, Madrid, IA	1:44:24	8:24
172	31	W25	Renee Hughes, 26*, Des Moines, IA	1:44:25	8:24
173	32	W20	Katherine Gehlmann, 21*, Hinsdale, IL	1:44:25	8:24
648	120	M35	Dan Van Weelden, 37, Ames, IA	1:44:26	8:24
649	76	M25	Keith Lyles, 29, Des Moines, IA	1:44:26	8:24
174	31	W30	Theresa Martin, 33*, Council Bluffs, IA	1:44:26	8:24
650	77	M25	Chris George, 27, Waukee, IA	1:44:27	8:24
651	110	M40	Benjamin Allen, 40, Des Moines, IA	1:44:28	8:24
652	121	M35	Dan Kayser, 39, Des Moines, IA	1:44:28	8:24
175	33	W20	Katy Malloy, 24*, West Des Moines, IA	1:44:29	8:24
653	122	M35	Brad McAvoy, 35, West Des Moines, IA	1:44:29	8:24
654	123	M35	Dan Holm, 39, Ankeny, IA	1:44:31	8:25
655	124	M35	Darren Burr, 35, West Des Moines, IA	1:44:35	8:25
176	32	W25	Evie Boyens, 29*, West Des Moines, IA	1:44:35	8:25
656	78	M25	Michael O'Donnell, 25, West Des Moines, IA	1:44:35	8:25
657	125	M35	Matthew Daniels, 39, Des Moines, IA	1:44:36	8:25
177	15	W45	Kendra Thorgaard, 45*, Ottumwa, IA	1:44:37	8:25
658	111	M40	Paul Jacobson, 41, Johnston, IA	1:44:37	8:25
659	126	M35	Karl Kruse, 39, Johnston, IA	1:44:37	8:25
660	7	M60	David Block, 61, Ames, IA	1:44:38	8:25
661	87	M30	Troy Wright, 34, Perry, IA	1:44:38	8:25
178	16	W45	Barbara Rasmusson, 46*, Nevada, IA	1:44:38	8:25
662	112	M40	Rob Hentzen, 43, West Des Moines, IA	1:44:41	8:25
663	127	M35	Darren Heater, 38, Indianola, IA	1:44:41	8:25
664	18	M55	Mike Killian, 57, Green Bay, WI	1:44:42	8:25
179	30	W35	Melissa Crew, 38*, Urbandale, IA	1:44:42	8:25
665	128	M35	Mark Shelton, 37, Des Moines, IA	1:44:43	8:26
666	88	M30	Eric Stotts, 34, Urbandale, IA	1:44:44	8:26
667	129	M35	Mike Kraft, 37, Omaha, NE	1:44:44	8:26
180	31	W35	Jody Kimrey, 35*, Johnston, IA	1:44:45	8:26
668	113	M40	David Peters, 44, Newton, IA	1:44:45	8:26
669	130	M35	David Walmsley, 35, Johnston, IA	1:44:45	8:26
670	50	M20	Adam Benvie, 23, West Des Moines, IA	1:44:46	8:26
671	131	M35	Joe Akers, 39, West Des Moines, IA	1:44:47	8:26
672	89	M30	Charles Unger, 31, Overland Park, KS	1:44:48	8:26
673	114	M40	Gary Freese, 44, Johnston, IA	1:44:48	8:26
674	51	M20	Dean Mather, 21, Laurens, IA	1:44:52	8:26
675	132	M35	Ron Clingman, 38, West Des Moines, IA	1:44:54	8:26
181	32	W30	Jennifer Dake, 34*, Des Moines, IA	1:44:56	8:27
676	52	M20	Nick Ford, 23, Fort Dodge, IA	1:44:56	8:27
182	32	W35	Julie Hall, 38*, Des Moines, IA	1:44:57	8:27
183	33	W35	Cami Smalley, 36*, West Des Moines, IA	1:44:57	8:27
677	115	M40	Don Camp, 42, Boone, IA	1:45:00	8:27
184	34	W20	Sarah Mitchell, 23*, West Des Moines, IA	1:45:01	8:27
678	79	M25	Matthew Smalley, 27, Noblesville, IN	1:45:02	8:27
185	23	W40	Maria Pascual, 43*, Granger, IA	1:45:03	8:27
679	133	M35	Tim Sieber, 35, Clive, IA	1:45:03	8:27
680	57	M50	T A Meyer, 52, Johnston, IA	1:45:03	8:27
681	68	M45	Phil Becraft, 46, Ames, IA	1:45:04	8:27
682	69	M45	John Hoversten, 45, Blairsburg, IA	1:45:04	8:27
683	90	M30	Jason O'Connor, 32, Desoto, KS	1:45:04	8:27

186	24	W40	Teri Feldmann, 43*	Des Moines, IA	1:45:05	8:27
684	70	M45	Mark Powers, 49	Cedar Rapids, IA	1:45:05	8:27
685	134	M35	John Cahalan, 39	Mason City, IA	1:45:05	8:27
686	80	M25	Jeremy White, 27	Oskaloosa, IA	1:45:06	8:27
187	33	W25	Betsy Luck, 26*	Oskaloosa, IA	1:45:07	8:27
687	19	M55	Ed Dieleman, 59	Oskaloosa, IA	1:45:08	8:28
188	34	W35	Jean Johnson, 38*	Des Moines, IA	1:45:09	8:28
688	135	M35	Kelly Parisho, 36	Des Moines, IA	1:45:10	8:28
689	91	M30	Rick Kavan, 31	Clive, IA	1:45:11	8:28
189	17	W45	Kim Heffernan, 45*	Ottumwa, IA	1:45:12	8:28
690	92	M30	Duane Pineda, 34	Johnston, IA	1:45:13	8:28
691	93	M30	Kevin Burt, 33	Cedar Rapids, IA	1:45:13	8:28
692	58	M50	Denny Hoyt, 51	Ames, IA	1:45:15	8:28
693	59	M50	Ron Havens, 51	Greenfield, IA	1:45:15	8:28
190	33	W30	Monique Dulaney, 32*	Carroll, IA	1:45:15	8:28
694	136	M35	William Diesslin, 39	Ames, IA	1:45:16	8:28
191	35	W35	Diana Croghan, 35*	Center Point, IA	1:45:16	8:28
695	116	M40	Freddie Morris, 42	Eau Claire, WI	1:45:17	8:28
192	35	W20	Kristin Kass, 23*	Iowa City, IA	1:45:18	8:28
193	34	W30	Carmen Dixon, 34*	Iowa City, IA	1:45:18	8:28
696	71	M45	Lou Gonzalez, 49	Overland Park, KS	1:45:21	8:29
194	35	W30	Mary Brady, 30*	Sioux City, IA	1:45:22	8:29
195	36	W30	Beth Clark, 30*	Iowa City, IA	1:45:24	8:29
697	117	M40	Evan Mossman, 41	Webster City, IA	1:45:25	8:29
698	137	M35	Gerrad Clausen, 35	Granger, IA	1:45:25	8:29
699	138	M35	Trevor Myers, 36	Des Moines, IA	1:45:26	8:29
700	94	M30	Ronald Crees, 34	Bondurant, IA	1:45:30	8:29
701	95	M30	Cabel Gray, 32	Iowa City, IA	1:45:31	8:29
196	36	W35	Joyce Christianson, 39*	Baxter, IA	1:45:33	8:30
702	72	M45	Kevin Moss, 47	Bondurant, IA	1:45:35	8:30
703	73	M45	Marshall Greiman, 45	Urbandale, IA	1:45:37	8:30
704	60	M50	Alan Gross, 50	Des Moines, IA	1:45:38	8:30
705	139	M35	Doug Farrell, 37	Urbandale, IA	1:45:38	8:30
706	74	M45	Pete Sandler, 49	West Des Moines, IA	1:45:39	8:30
707	75	M45	Paul Barrows, 48	West Des Moines, IA	1:45:41	8:30
708	96	M30	Jason Potter, 34	West Des Moines, IA	1:45:42	8:30
709	61	M50	Tom Farr, 51	Des Moines, IA	1:45:43	8:30
710	14	JrM	Ben Witmer, 15	Des Moines, IA	1:45:44	8:30
711	1	M65	Jack Wolcott, 68	Floyd, IA	1:45:44	8:30
712	97	M30	Kris Van Der Kamp, 32	Ankeny, IA	1:45:47	8:31
713	20	M55	Carl Voss, 55	Des Moines, IA	1:45:48	8:31
197	37	W30	Christine Vortherms, 31*	Des Moines, IA	1:45:49	8:31
714	140	M35	Scott Chapman, 38	Urbandale, IA	1:45:50	8:31
715	118	M40	Ed McCann, 40	Johnston, IA	1:45:52	8:31
716	119	M40	Charlie Steffen, 43	Cedar Rapids, IA	1:45:54	8:31
717	141	M35	Mark Overton, 39	Des Moines, IA	1:45:56	8:31
718	142	M35	Jim Nahas, 35	Des Moines, IA	1:45:56	8:31
719	76	M45	Hank Manning, 48	Urbandale, IA	1:45:56	8:31
198	36	W20	Amanda Hanson, 23*	Lincoln, NE	1:45:58	8:32
199	37	W20	Lydia Missal, 23*	Sioux Falls, SD	1:46:00	8:32
200	34	W25	Kari Soderholm, 28*	Ankeny, IA	1:46:03	8:32
720	21	M55	Richard Newkirk, 55	Ankeny, IA	1:46:03	8:32
721	77	M45	John Blyth, 49	Clive, IA	1:46:04	8:32
201	38	W30	Katie Thilges, 30*	Ankeny, IA	1:46:05	8:32
722	78	M45	Paul Kruse, 46	Granger, IA	1:46:06	8:32
723	81	M25	Ben Long, 29	Des Moines, IA	1:46:07	8:32
724	82	M25	Burton Joseph, 25	West Des Moines, IA	1:46:08	8:32
725	83	M25	Nick Lenters, 25	Waukee, IA	1:46:08	8:32
202	37	W35	Shawn Flanagan, 38*	Iowa City, IA	1:46:09	8:32
203	38	W35	Julie Lowery, 35*	West Des Moines, IA	1:46:09	8:32
726	79	M45	Paul Koester, 48	Des Moines, IA	1:46:11	8:33
727	62	M50	James Dornfeld, 50	West Des Moines, IA	1:46:11	8:33
728	84	M25	Chris Steele, 29	West Des Moines, IA	1:46:12	8:33
729	63	M50	Randy Eckard, 50	Ames, IA	1:46:12	8:33
730	64	M50	Ron Kinner, 51	Des Moines, IA	1:46:12	8:33

204	39	W30	Jean Furler, 34*, Indianola, IA	1:46:13	8:33
731	120	M40	Joel Peterson, 40, Webster City, IA	1:46:13	8:33
732	15	JrM	Mark Waller, 14, Des Moines, IA	1:46:14	8:33
733	143	M35	John Streff, 36, Urbandale, IA	1:46:14	8:33
734	98	M30	Justin Moore, 34, Arlington, VA	1:46:15	8:33
205	40	W30	Jennifer Weber, 32*, Arlington, VA	1:46:15	8:33
735	80	M45	Arnold Dewaard, 49, Pleasantville, IA	1:46:15	8:33
736	85	M25	B J Knapp, 25, West Des Moines, IA	1:46:16	8:33
737	99	M30	Lee Randall, 31, Eldridge, IA	1:46:17	8:33
738	121	M40	Matthew Hart, 44, Ankeny, IA	1:46:17	8:33
739	86	M25	Brad Rourke, 29, Des Moines, IA	1:46:18	8:33
740	53	M20	Jonathon Reams, 21, Ames, IA	1:46:20	8:33
206	41	W30	Dawn Heimer, 34*, Ankeny, IA	1:46:20	8:33
741	54	M20	Robert Shumaker, 21, Johnston, IA	1:46:20	8:33
742	81	M45	Randy Mundt, 48, Urbandale, IA	1:46:21	8:33
207	39	W35	Pam Noonan, 35*, West Des Moines, IA	1:46:21	8:33
208	42	W30	Jill Johnson, 32*, West Des Moines, IA	1:46:21	8:33
209	35	W25	Amber Baybayan, 28*, Des Moines, IA	1:46:22	8:33
743	48	M17	Andrew Trentman, 17, Urbandale, IA	1:46:22	8:33
744	144	M35	Keith Snow, 37, Ankeny, IA	1:46:24	8:34
210	25	W40	Anne Werner, 40*, Bettendorf, IA	1:46:25	8:34
745	100	M30	Brian Pattinson, 31, Des Moines, IA	1:46:25	8:34
746	145	M35	Mike Swesey, 35, Des Moines, IA	1:46:26	8:34
747	122	M40	Douglas Ross, 44, Ankeny, IA	1:46:27	8:34
748	82	M45	Paul Ruggle, 49, Newton, IA	1:46:28	8:34
749	55	M20	Andrew Eggert, 23, Colfax, IA	1:46:30	8:34
750	87	M25	Nick Hillman, 27, Dana, IA	1:46:33	8:34
211	43	W30	Rena Martin, 30*, Altoona, IA	1:46:35	8:35
751	123	M40	Michael Lelwica, 40, Ames, IA	1:46:36	8:35
752	101	M30	Eric Lohmeier, 30, Des Moines, IA	1:46:37	8:35
753	124	M40	Michael Agne, 42, West Des Moines, IA	1:46:40	8:35
212	44	W30	Jody Angus, 31*, Des Moines, IA	1:46:43	8:35
754	83	M45	Chris Hoegh, 47, Knoxville, IA	1:46:43	8:35
213	45	W30	Theresa Forbes, 34*, Altoona, IA	1:46:44	8:35
755	65	M50	Gerald Hill, 51, Mitchellville, IA	1:46:46	8:35
214	18	W45	Victoria Greening, 48*, Urbandale, IA	1:46:48	8:36
756	146	M35	John Lajoie, 36, Ankeny, IA	1:46:50	8:36
757	125	M40	Timothy Johnson, 40, Moulton, IA	1:46:51	8:36
758	88	M25	Kurt Olson, 26, West Des Moines, IA	1:46:53	8:36
759	66	M50	Curt Hollebrands, 52, Clive, IA	1:46:55	8:36
760	147	M35	John Bonnicksen, 38, Ames, IA	1:46:57	8:36
761	22	M55	Gordy Strickland, 57, Lincoln, NE	1:46:58	8:36
215	38	W20	Kristen Williamson, 24*, West Des Moines, IA	1:46:59	8:36
762	8	M60	Clay Whiteis, 61, Des Moines, IA	1:47:00	8:37
763	84	M45	Tim Flowers, 46, Ankeny, IA	1:47:02	8:37
764	9	M60	Jim Matthews, 63, Baxter, IA	1:47:03	8:37
216	40	W35	Rachele Kugel, 38*, Des Moines, IA	1:47:05	8:37
217	46	W30	Jill Anonson, 33*, West Des Moines, IA	1:47:05	8:37
765	85	M45	Randy Essex, 46, Des Moines, IA	1:47:06	8:37
218	41	W35	Nicole Iverson, 36*, Iowa City, IA	1:47:06	8:37
766	49	M17	Chris Wendt, 17, Albia, IA	1:47:07	8:37
219	36	W25	Karen Grote, 25*, Radcliffe, IA	1:47:08	8:37
220	39	W20	Sara Florine, 24*, Ames, IA	1:47:09	8:37
221	7	W50	Jane Wickman, 50*, Kellogg, IA	1:47:09	8:37
767	67	M50	Robert McDonald, 53, Coal Valley, IL	1:47:10	8:37
768	126	M40	John Koolstra, 44, Pella, IA	1:47:11	8:37
769	148	M35	Scott Mortimer, 38, Cumming, IA	1:47:11	8:37
770	16	JrM	Robert Alexander, 16, Ogden, IA	1:47:11	8:37
771	86	M45	Brad Shipman, 49, Van Meter, IA	1:47:13	8:38
772	149	M35	Todd Keech, 38, Johnston, IA	1:47:13	8:38
773	127	M40	Walt Chapman, 41, Victoria, MN	1:47:14	8:38
774	87	M45	Jeff Hostetter, 45, West Des Moines, IA	1:47:15	8:38
222	47	W30	Carrie Van Quathem, 32*, Urbandale, IA	1:47:15	8:38
223	42	W35	Anne Nieland, 36*, Urbandale, IA	1:47:16	8:38

775	128	M40	James Debartolo, 41, Des Moines, IA	1:47:16	8:38
224	48	W30	Jennifer Popp, 30*, Waukee, IA	1:47:16	8:38
776	102	M30	Geoffrey Johnson, 34, Des Moines, IA	1:47:16	8:38
777	17	JrM	Nathan Dorpiinghaus, 16, Albia, IA	1:47:17	8:38
778	103	M30	Paul Schlueter, 31, Des Moines, IA	1:47:17	8:38
779	68	M50	Kevin Ernster, 50, Toddville, IA	1:47:19	8:38
225	37	W25	Lexi Isaacson, 25*, West Des Moines, IA	1:47:19	8:38
780	69	M50	Randall Hardwick, 52, North Vernon, IN	1:47:19	8:38
781	88	M45	Steve Vaught, 46, Des Moines, IA	1:47:20	8:38
782	104	M30	Trent Groetken, 31, West Des Moines, IA	1:47:21	8:38
783	56	M20	Matthew Tilley, 21, Lamoni, IA	1:47:24	8:38
226	26	W40	Cindy Lentz, 40*, Polk City, IA	1:47:26	8:39
784	70	M50	Steve Pecenka, 54, Boone, IA	1:47:26	8:39
227	8	W50	Robin Hyland, 50*, Grimes, IA	1:47:28	8:39
785	2	M65	Ron Scott, 67, Keokuk, IA	1:47:29	8:39
228	19	W45	Kimberly Haines, 45*, Oskaloosa, IA	1:47:30	8:39
786	57	M20	Scott Nemeck, 23, Urbandale, IA	1:47:31	8:39
229	43	W35	Karen Kollmorgen, 39*, Clive, IA	1:47:31	8:39
230	49	W30	Julie Dalecky, 34*, Kansas City, MO	1:47:32	8:39
231	50	W30	Krista Walker, 33*, Johnston, IA	1:47:32	8:39
787	23	M55	John Deuhs, 59, Cold Spring, MN	1:47:35	8:39
232	27	W40	Linda Adams, 44*, Oskaloosa, IA	1:47:35	8:39
788	150	M35	Jim Hannan, 35, Marion, IA	1:47:35	8:39
789	89	M45	Richard Ford, 45, Urbandale, IA	1:47:37	8:39
233	51	W30	Jennifer Stiegelmeier, 30*, Coralville, IA	1:47:37	8:40
234	9	W50	Barb Wheelock, 52*, Madrid, IA	1:47:38	8:40
790	89	M25	Vernon Gambleton, 25, West Des Moines, IA	1:47:39	8:40
235	38	W25	Kristin Roth, 25*, New York, NY	1:47:41	8:40
791	90	M25	Todd James, 29, Earlham, IA	1:47:42	8:40
792	58	M20	Willis Iseminger, 24, Altoona, IA	1:47:42	8:40
793	105	M30	David Larson, 32, West Des Moines, IA	1:47:43	8:40
236	28	W40	Amy Montgomery, 40*, Pleasant Hill, IA	1:47:43	8:40
794	151	M35	Joe Derock, 37, Spring Lake Park, MN	1:47:43	8:40
795	90	M45	Mark Johnston, 47, West Des Moines, IA	1:47:44	8:40
796	106	M30	Jay Hogan, 34, Cedar Rapids, IA	1:47:45	8:40
797	91	M25	Mark Steffen, 29, Polk City, IA	1:47:46	8:40
798	107	M30	Sam Macke, 33, Ankeny, IA	1:47:46	8:40
237	44	W35	Kim Nees, 37*, Carroll, IA	1:47:46	8:40
238	10	W50	Nancy Harvey, 50*, Ankeny, IA	1:47:46	8:40
799	91	M45	Bruce Hall, 46, Des Moines, IA	1:47:48	8:40
239	39	W25	Jenny Mohr, 29*, Des Moines, IA	1:47:49	8:40
240	40	W25	Jayne Sykora, 25*, Des Moines, IA	1:47:49	8:40
800	18	JrM	Zach Kimberling, 16, Mechanicsville, IA	1:47:50	8:41
801	129	M40	Kevin Gordon, 40, Johnston, IA	1:47:51	8:41
241	52	W30	Susan Doyle, 34*, Fort Dodge, IA	1:47:56	8:41
802	92	M45	Jon Williams, 45, Urbandale, IA	1:47:57	8:41
242	41	W25	Amy Determan, 25*, Ames, IA	1:47:57	8:41
803	92	M25	Ryan Broich, 25, Ankeny, IA	1:47:59	8:41
804	108	M30	Aaron Nord, 33, Pleasant Hill, IA	1:47:59	8:41
243	42	W25	Amy Yeager, 28*, Bettendorf, IA	1:48:02	8:41
805	93	M45	Tony Wilson, 47, Dallas Center, IA	1:48:04	8:42
244	40	W20	Tonia Burgard, 22*, West Des Moines, IA	1:48:06	8:42
806	71	M50	Mike Gray, 53, Waterloo, IA	1:48:07	8:42
807	130	M40	David Verdi, 40, Des Moines, IA	1:48:07	8:42
808	94	M45	James Usgaard, 46, Urbandale, IA	1:48:10	8:42
809	59	M20	Dan Evans Jr., 23, Waukee, IA	1:48:11	8:42
245	43	W25	Elizabeth Shaver, 25*, West Des Moines, IA	1:48:11	8:42
246	20	W45	Margaret Walsh, 47*, Chicago, IL	1:48:11	8:42
810	109	M30	Jerry Mensinger, 33, Omaha, NE	1:48:11	8:42
247	41	W20	Kathy McKay, 24*, Pleasant Hill, IA	1:48:11	8:42
811	110	M30	Joseph Purdy, 34, Algonquin, IL	1:48:12	8:42
248	53	W30	Christin Mensinger, 30*, Omaha, NE	1:48:12	8:42
812	152	M35	R J Compiano, 35, Johnston, IA	1:48:13	8:42

813	111	M30	Patrick Waymire, 33, Grimes, IA	1:48:15	8:43
814	153	M35	Todd Kreamer, 38, Johnston, IA	1:48:16	8:43
249	1	W55	Wanda Hartwigsen, 57*, Bettendorf, IA	1:48:17	8:43
250	29	W40	Mary Yung, 41*, Fort Dodge, IA	1:48:18	8:43
251	54	W30	Julie Hogland, 34*, Dane, WI	1:48:18	8:43
815	131	M40	Doug Jones, 41, Redfield, IA	1:48:19	8:43
816	112	M30	Damian Glick, 31, Urbandale, IA	1:48:21	8:43
252	44	W25	Christine Bruin, 27*, Anoka, MN	1:48:21	8:43
817	154	M35	John Paul Goeoken, 35, Des Moines, IA	1:48:22	8:43
818	72	M50	Thomas Phillips, 53, West Des Moines, IA	1:48:22	8:43
819	155	M35	Eric Bakker, 37, Des Moines, IA	1:48:23	8:43
253	55	W30	Tristine Glick, 30*, Urbandale, IA	1:48:23	8:43
820	19	JrM	Mike Thayer, 16, Newton, IA	1:48:23	8:43
254	56	W30	Susan King, 32*, Fort Calhoun, NE	1:48:24	8:43
821	132	M40	Steven Sanders, 40, Des Moines, IA	1:48:25	8:43
255	57	W30	Christen Schipper, 33*, Clive, IA	1:48:25	8:43
256	21	W45	Nancy Willert, 47*, Nevada, IA	1:48:25	8:43
822	95	M45	Scott Dreier, 45, Manning, IA	1:48:26	8:43
257	45	W35	Tonya Hotze, 37*, Altoona, IA	1:48:27	8:44
823	113	M30	Aaron Pickrell, 31, Washington, DC	1:48:28	8:44
824	114	M30	Corey Kolpin, 32, Newton, IA	1:48:28	8:44
258	46	W35	Heidi Kramer, 38*, Johnston, IA	1:48:31	8:44
825	133	M40	Michael Beumer, 43, Urbandale, IA	1:48:31	8:44
826	73	M50	Steve Sondall, 54, Marshalltown, IA	1:48:32	8:44
827	96	M45	Rollie Berg, 48, Madrid, IA	1:48:32	8:44
828	60	M20	Ryan Hanks, 23, West Des Moines, IA	1:48:33	8:44
259	58	W30	Heather Huntley, 30*, Ames, IA	1:48:35	8:44
829	74	M50	Scott Combs, 50, Aurora, IL	1:48:35	8:44
830	97	M45	John Meyer, 48, West Des Moines, IA	1:48:35	8:44
831	61	M20	Luke Rolfes, 22, Polk City, IA	1:48:42	8:45
260	47	W35	Rebecca Holzwarth, 38*, Urbandale, IA	1:48:43	8:45
832	115	M30	Ron Wiedman, 33, Grimes, IA	1:48:43	8:45
833	93	M25	Kelly Danilson, 27, Cedar Rapids, IA	1:48:44	8:45
834	116	M30	Terry Welsh, 30, Ames, IA	1:48:46	8:45
835	20	JrM	Jacob Moss, 15, Bondurant, IA	1:48:47	8:45
836	156	M35	Paul Kallio, 37, Huxley, IA	1:48:48	8:45
837	134	M40	Jim Hagenbucher, 44, Des Moines, IA	1:48:49	8:45
838	98	M45	Rick Raper, 46, Bellevue, NE	1:48:50	8:45
261	59	W30	Keri Frommelt, 33*, Ankeny, IA	1:48:51	8:45
262	30	W40	Christy Weckerlin, 40*, Urbandale, IA	1:48:51	8:45
839	157	M35	Jeff Burchfield, 37, Altoona, IA	1:48:51	8:45
840	99	M45	Tim Saigh, 48, West Des Moines, IA	1:48:52	8:46
841	158	M35	Martin McCarthy, 37, Kansas City, MO	1:48:55	8:46
842	135	M40	John Taylor, 40, Des Moines, IA	1:48:56	8:46
843	136	M40	Jim Maahs, 41, St. Paul, MN	1:48:59	8:46
263	60	W30	H Miller, 34*, Ankeny, IA	1:48:59	8:46
844	21	JrM	Zachary Hodges, 16, Des Moines, IA	1:49:00	8:46
845	159	M35	Mike Plummer, 39, Des Moines, IA	1:49:00	8:46
846	137	M40	James Ramsey, 41, Des Moines, IA	1:49:01	8:46
847	160	M35	Don May, 35, Osceola, IA	1:49:02	8:46
848	161	M35	Douglas May, 35, Woodburn, IA	1:49:02	8:46
849	138	M40	Jim Elmer, 40, Johnston, IA	1:49:02	8:46
264	22	W45	Mary Razor, 49*, Omaha, NE	1:49:05	8:47
850	62	M20	Matt Hawkins, 21, Bondurant, IA	1:49:05	8:47
265	8	W17	Briann Reedy, 18*, Emmetsburg, IA	1:49:05	8:47
266	9	W17	Emily Vanoosbree, 17*, Emmetsburg, IA	1:49:06	8:47
851	100	M45	David Skidmore, 46, Des Moines, IA	1:49:07	8:47
267	61	W30	Laurie Myklestad, 34*, Des Moines, IA	1:49:08	8:47
852	162	M35	Jeff Schaub, 39, West Des Moines, IA	1:49:08	8:47
853	117	M30	Dave Glenn, 33, Mc Callsburg, IA	1:49:09	8:47
268	62	W30	Lisa Hovey, 32*, Johnston, IA	1:49:10	8:47
269	48	W35	Sonya Heitshusen, 37*, Des Moines, IA	1:49:11	8:47
854	163	M35	Rodger Main, 35, Ames, IA	1:49:11	8:47
855	101	M45	Gordon Bird, 46, Cumming, IA	1:49:12	8:47
856	102	M45	Michael Lee, 45, Ames, IA	1:49:12	8:47

857	164	M35	Jon Pederson, 35, Fort Dodge, IA	1:49:13	8:47
858	139	M40	Thomas Duff, 41, Des Moines, IA	1:49:13	8:47
859	165	M35	Mark Boland, 38, Marshalltown, IA	1:49:13	8:47
270	45	W25	Emily Kimes-Schwiesow, 28*, Des Moines, IA		
				1:49:14	8:47
860	75	M50	Jeff Murray, 54, Iowa City, IA	1:49:14	8:47
861	50	M17	Michael Adams, 19, Des Moines, IA	1:49:15	8:47
862	63	M20	Doug VanWoert, 21, Urbandale, IA	1:49:16	8:47
271	49	W35	Rhonda Baker, 36*, Grimes, IA	1:49:17	8:48
272	63	W30	Laura Ludwig, 32*, Des Moines, IA	1:49:18	8:48
863	166	M35	Steve Harms, 38, West Des Moines, IA	1:49:18	8:48
864	64	M20	David Djordjevic, 20, Des Moines, IA	1:49:20	8:48
273	46	W25	Kimberly Assman, 26*, Waukee, IA	1:49:21	8:48
865	167	M35	Tom Potts, 38, Waukee, IA	1:49:26	8:48
274	50	W35	Kelly Pratt, 36*, Urbandale, IA	1:49:27	8:48
866	94	M25	Justin Reis, 29, Johnston, IA	1:49:27	8:48
867	118	M30	Tim McCoy, 34, Des Moines, IA	1:49:28	8:48
275	64	W30	Sandy Leiferman, 34*, Panora, IA	1:49:30	8:49
276	65	W30	Julie Perkins, 32*, Carroll, IA	1:49:30	8:49
868	103	M45	Brent Cooper, 49, Urbandale, IA	1:49:30	8:49
277	47	W25	Jennifer Downe, 28*, Norwalk, IA	1:49:31	8:49
278	66	W30	Stephanie Longnecker, 32*, Clive, IA	1:49:32	8:49
869	95	M25	Jason Anderson, 25, Woodward, IA	1:49:32	8:49
279	48	W25	Kendra Lerdal, 26*, Urbandale, IA	1:49:32	8:49
280	67	W30	Regina Doerning, 31*, West Des Moines, IA	1:49:34	8:49
281	68	W30	Anne Mandt, 32*, Cedar Falls, IA	1:49:34	8:49
870	140	M40	Jim Shemanski, 41, Knoxville, IA	1:49:34	8:49
871	141	M40	Allan Urlis, 40, Norwalk, IA	1:49:35	8:49
282	51	W35	Molly Moreland, 39*, Iowa City, IA	1:49:35	8:49
283	42	W20	Jara Johnson, 24*, Ankeny, IA	1:49:36	8:49
872	119	M30	Michael Dahlhauser, 32, Oskaloosa, IA	1:49:36	8:49
873	120	M30	Shane Scott, 31, West Des Moines, IA	1:49:36	8:49
874	168	M35	Daniel Pfeffer, 37, West Des Moines, IA	1:49:37	8:49
284	52	W35	Stefanie Stenberg, 35*, West Des Moines, IA		
				1:49:38	8:49
285	69	W30	Shelley Peed, 30*, Fort Dodge, IA	1:49:38	8:49
875	24	M55	David Friedgood, 55, Clive, IA	1:49:39	8:49
286	31	W40	Kristy Cain, 44*, Urbandale, IA	1:49:39	8:49
876	25	M55	Dennis Johnson, 55, Des Moines, IA	1:49:40	8:49
877	104	M45	Steve Shifflett, 46, Ames, IA	1:49:41	8:49
287	70	W30	Amy Ganske, 32*, Swisher, IA	1:49:42	8:50
288	49	W25	Angie McCormick, 27*, Palo, IA	1:49:42	8:50
289	71	W30	Molly Finn, 30*, Minneapolis, MN	1:49:44	8:50
878	65	M20	Joseph Gambaiana, 23, Omaha, NE	1:49:44	8:50
290	50	W25	Tara Algreen, 27*, Indianapolis, IN	1:49:45	8:50
291	51	W25	Kelly Mescher, 26*, Ankeny, IA	1:49:46	8:50
292	72	W30	Cheryl Blythe, 32*, Urbandale, IA	1:49:47	8:50
293	23	W45	Linda Gobberdiel, 47*, West Des Moines, IA		
				1:49:50	8:50
879	169	M35	Peter Rameh, 39, Ankeny, IA	1:49:52	8:50
880	142	M40	Mark Brownell, 43, Ankeny, IA	1:49:53	8:50
881	76	M50	Dick Mullen, 51, Urbandale, IA	1:49:54	8:51
294	73	W30	Leah Churchman, 34*, Ankeny, IA	1:49:55	8:51
882	96	M25	Brian Kempers, 26, Ankeny, IA	1:49:55	8:51
883	143	M40	Jim Noonan, 41, Bondurant, IA	1:49:56	8:51
884	22	JrM	Alex Kolthoff, 16, Creston, IA	1:49:57	8:51
885	170	M35	Jeff Bevis, 35, Johnston, IA	1:49:57	8:51
295	74	W30	Susan Johnson, 34*, Ankeny, IA	1:49:58	8:51
886	97	M25	Jeffrey Hartwig, 29, Marion, IA	1:49:58	8:51
296	32	W40	Cheryl Mendenhall, 42*, Des Moines, IA	1:49:59	8:51
297	53	W35	Tave Porto, 37*, West Des Moines, IA	1:50:02	8:51
298	52	W25	Rachel Judisch, 26*, Lake View, IA	1:50:02	8:51
887	105	M45	Jerry Richards, 45, Des Moines, IA	1:50:03	8:51
299	33	W40	Teresa Thomas, 41*, Urbandale, IA	1:50:03	8:51
300	54	W35	Linnae Hartwig, 37*, Marion, IA	1:50:04	8:51

888	77	M50	Dennis Linn, 52, Pella, IA	1:50:07	8:52
889	66	M20	Anthony Hodges, 22, Des Moines, IA	1:50:07	8:52
890	98	M25	Christopher Coleman, 27, West Des Moines, IA	1:50:08	8:52
301	43	W20	Erin Hoffman, 22*, Omaha, NE	1:50:08	8:52
302	44	W20	Casey Graham, 22*, Desmoines, IA	1:50:08	8:52
891	171	M35	Jeff Enga, 39, Ankeny, IA	1:50:09	8:52
892	144	M40	Bill Vipond, 40, Ankeny, IA	1:50:13	8:52
893	78	M50	Larry Cohn, 52, Springville, IA	1:50:13	8:52
894	79	M50	David Cramer, 54, Huber Heights, OH	1:50:14	8:52
895	145	M40	Michael Darr, 42, Granger, IA	1:50:15	8:52
896	106	M45	Michael Harvey, 49, Urbandale, IA	1:50:18	8:52
303	24	W45	Julie Starry, 45*, Johnston, IA	1:50:19	8:53
897	67	M20	Nick May, 24, Des Moines, IA	1:50:19	8:53
898	99	M25	Adam Fast, 26, Pleasant Hill, IA	1:50:19	8:53
899	121	M30	Chris Eggert, 32, Ames, IA	1:50:20	8:53
304	45	W20	Julisa Leistad, 22*, Jefferson, IA	1:50:21	8:53
305	46	W20	Ashley Friday, 21*, Jefferson, IA	1:50:21	8:53
900	122	M30	Loren Boozell, 30, Indianola, IA	1:50:21	8:53
306	53	W25	Alicia Evans, 25*, Urbandale, IA	1:50:21	8:53
901	123	M30	Daniel Packard, 30, Lincoln, NE	1:50:22	8:53
307	54	W25	Cari Lyle, 28*, Memphis, TN	1:50:22	8:53
902	100	M25	Eric Riensche, 29, St. Paul, MN	1:50:22	8:53
903	80	M50	Steve Anderson, 52, Webster City, IA	1:50:23	8:53
904	172	M35	Jeff Hodges, 38, Des Moines, IA	1:50:23	8:53
905	107	M45	Chuck Gilarski, 48, Ames, IA	1:50:23	8:53
906	146	M40	Michael Heater, 42, Marion, IA	1:50:24	8:53
907	147	M40	Kerry Anderson, 43, Clive, IA	1:50:25	8:53
308	47	W20	Melissa Wright, 22*, Toddville, IA	1:50:25	8:53
908	108	M45	Greg Brandt, 46, Ankeny, IA	1:50:26	8:53
909	109	M45	Jon Jochims, 46, Marshalltown, IA	1:50:26	8:53
309	48	W20	Emily McCarty, 23*, Swisher, IA	1:50:27	8:53
910	173	M35	Howard Potter, 36, Monroe, IA	1:50:27	8:53
310	25	W45	D Peterson, 46*, Grimes, IA	1:50:28	8:53
911	174	M35	Pat Baldus, 39, West Des Moines, IA	1:50:28	8:53
912	175	M35	Aaron Kennedy, 35, Des Moines, IA	1:50:28	8:53
913	176	M35	J D Hartung, 37, Altoona, IA	1:50:29	8:53
311	75	W30	Jane Crosman, 34*, Cresco, IA	1:50:29	8:53
914	110	M45	Bob Meimann, 48, Nevada, IA	1:50:31	8:53
312	76	W30	Sharon Keenen, 34*, Grimes, IA	1:50:32	8:54
915	148	M40	Michael Kelly, 41, Orange City, IA	1:50:33	8:54
313	26	W45	Pamela Wood, 49*, Janesville, Ia	1:50:34	8:54
916	124	M30	Rick Bertrand, 34, Sioux City, IA	1:50:34	8:54
917	68	M20	Chad Robinson, 24, Clive, IA	1:50:35	8:54
314	49	W20	Mayra Mauris, 20*, Des Moines, IA	1:50:35	8:54
918	149	M40	Todd Swanson, 42, Pella, IA	1:50:37	8:54
315	55	W25	Lisa Johnson, 28*, Cedar Rapids, IA	1:50:37	8:54
919	101	M25	Tim Vos, 25, Ankeny, IA	1:50:37	8:54
316	50	W20	Erin Brincks, 23*, Madison, WI	1:50:39	8:54
317	56	W25	Kristie Drake, 25*, Waterloo, IA	1:50:39	8:54
920	81	M50	Iver Anderson, 50, Ames, IA	1:50:40	8:54
318	34	W40	Carol Stephens, 43*, Beatrice, NE	1:50:41	8:54
319	10	W17	Stephanie Gaedke, 19*, Algona, IA	1:50:43	8:54
320	11	W17	Erin Grandgenett, 19*, Algona, IA	1:50:43	8:54
921	111	M45	John Russell, 46, Ames, IA	1:50:44	8:55
922	23	JrM	Mike Murray, 15, Woodward, IA	1:50:46	8:55
923	112	M45	Steve McCann, 48, Pella, IA	1:50:46	8:55
924	150	M40	Greg Huyser, 43, Indianola, IA	1:50:46	8:55
321	51	W20	Rachel Roth, 22*, Ankeny, IA	1:50:47	8:55
925	177	M35	Michael Porter, 36, Ankeny, IA	1:50:48	8:55
322	27	W45	Linda Thompson, 48*, Huxley, IA	1:50:50	8:55
323	55	W35	Deborah Holte, 39*, Novinger, MO	1:50:50	8:55
926	151	M40	Doug Egli, 43, Fort Dodge, IA	1:50:50	8:55
324	35	W40	Ruth Johnson, 44*, Dallas, TX	1:50:51	8:55
325	77	W30	Julie Fuller, 34*, West Des Moines, IA	1:50:51	8:55

927	152	M40	Jay Fisher, 40, Pleasant Hill, IA	1:50:52	8:55
928	153	M40	Timothy Orr, 42, Johnston, IA	1:50:53	8:55
929	82	M50	Karyl Drake, 53, Boone, IA	1:50:54	8:55
930	125	M30	Doug Miller, 34, Newton, IA	1:50:55	8:55
326	52	W20	Erica Reams, 20*, Iowa City, IA	1:50:56	8:56
931	102	M25	Ryan Nesbit, 29, Grinnell, IA	1:50:56	8:56
327	57	W25	Melissa Lyon, 26*, West Des Moines, IA	1:50:58	8:56
932	83	M50	Gary McGraw, 52, Dubuque, IA	1:51:00	8:56
328	56	W35	Beverly Hawkins, 39*, Windsor Heights, IA	1:51:02	8:56
933	69	M20	Mike Sutter, 24, Cedar Falls, IA	1:51:02	8:56
934	103	M25	Adam Infante, 27, Waukee, IA	1:51:03	8:56
329	53	W20	Kacey Johnson, 22*, Cedar Falls, IA	1:51:03	8:56
935	84	M50	Richard Blane, 54, West Des Moines, IA	1:51:04	8:56
936	178	M35	Mark Spellman, 35, West Des Moines, IA	1:51:04	8:56
330	78	W30	Kandace Bonnstetter, 31*, West Des Moines, IA	1:51:04	8:56
937	113	M45	John Sorenson, 49, Des Moines, IA	1:51:05	8:56
331	79	W30	Erin Wormley, 34*, West Des Moines, IA	1:51:05	8:56
332	57	W35	Debi Loffredo, 37*, West Des Moines, IA	1:51:06	8:56
938	10	M60	Clarke McLean, 61, Prattville, AL	1:51:06	8:56
939	179	M35	Jay Oslakovic, 37, Creston, IA	1:51:06	8:56
940	126	M30	Brent Hauser, 31, State Center, IA	1:51:07	8:56
941	114	M45	Kent McMillen, 47, Waukee, IA	1:51:07	8:56
942	85	M50	Doug Jepsen, 50, Urbandale, IA	1:51:08	8:56
333	58	W25	Linda McNiell, 29*, Homestead, IA	1:51:08	8:56
943	180	M35	Lance Stedman, 35, West Des Moines, IA	1:51:10	8:57
334	36	W40	Lori McQuiston, 41*, Maxwell, IA	1:51:12	8:57
335	58	W35	Betsy Jepsen, 38*, Urbandale, IA	1:51:13	8:57
336	59	W25	Holly Elbert, 25*, Ames, IA	1:51:13	8:57
944	104	M25	Nate Sanderson, 26, Muscatine, IA	1:51:15	8:57
945	154	M40	Craig Julsen, 43, Des Moines, IA	1:51:16	8:57
337	37	W40	Kerry Gilarski, 44*, Ames, IA	1:51:17	8:57
338	54	W20	Donita Bundt, 20*, Cedar Falls, IA	1:51:17	8:57
946	181	M35	Mike Shaw, 39, Des Moines, IA	1:51:18	8:57
339	28	W45	Jill Caldwell, 48*, Hiawatha, IA	1:51:19	8:57
947	70	M20	Jason Collins, 21, Cedar Rapids, IA	1:51:19	8:57
948	127	M30	Pete Evans, 34, Ankeny, IA	1:51:20	8:57
949	182	M35	Greg Dankert, 39, Des Moines, IA	1:51:22	8:58
950	105	M25	Jerod Garland, 27, Pella, IA	1:51:23	8:58
951	71	M20	Ryan Gritters, 24, Pella, IA	1:51:23	8:58
952	106	M25	Carl Schlessler, 28, Des Moines, IA	1:51:24	8:58
340	80	W30	Silvia Hansell, 33*, Des Moines, IA	1:51:25	8:58
341	81	W30	Amy Wallman, 30*, Des Moines, IA	1:51:25	8:58
953	183	M35	Bob Thompson, 36, Urbandale, IA	1:51:25	8:58
342	29	W45	Gail Bormann, 46*, Waukee, IA	1:51:27	8:58
954	86	M50	Tom Nemechek, 54, Des Moines, IA	1:51:28	8:58
955	115	M45	Mike Gumina, 46, Johnston, IA	1:51:30	8:58
343	38	W40	Nola Seaberg, 42*, Des Moines, IA	1:51:30	8:58
956	184	M35	Glen Biermann, 36, West Des Moines, IA	1:51:31	8:58
957	185	M35	Mike Albertson, 39, West Des Moines, IA	1:51:31	8:58
958	72	M20	Tracy Cross, 20, Baxter, IA	1:51:32	8:58
344	60	W25	Shelley Bricker, 29*, Des Moines, IA	1:51:32	8:58
959	155	M40	Bob Fourez, 40, Polk City, IA	1:51:32	8:58
960	73	M20	Micheal Lauterbach, 23, Newton, IA	1:51:34	8:59
345	59	W35	Kimberly Stewart, 36*, Des Moines, IA	1:51:35	8:59
961	87	M50	Ann Danielson, 50, Cedar Falls, IA	1:51:38	8:59
962	51	M17	Tony Studer, 19, Grand Rapids, OH	1:51:42	8:59
963	156	M40	Denny Donnelly, 42, West Des Moines, IA	1:51:42	8:59
346	60	W35	Laura Phelps, 36*, Kingsley, IA	1:51:44	8:59
347	55	W20	Danica Kranig, 24*, Des Moines, IA	1:51:44	8:59

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348	61	W35	Laura Cleveland, 38*, Fraser, CO	1:51:47	9:00
349	11	W50	Trish Prokop, 50*, Cedar Rapids, IA	1:51:47	9:00

350	62	W35	Anita True, 37*, Lincoln, NE	1:51:48	9:00
964	116	M45	Kevin Fox, 49, Cedar Rapids, IA	1:51:48	9:00
965	128	M30	Lou Kelehan, 34, Windsor Heights, IA	1:51:50	9:00
966	88	M50	Michael McEnroe, 52, West Des Moines, IA	1:51:51	9:00
967	186	M35	Kevin Christensen, 38, Des Moines, IA	1:51:52	9:00
968	129	M30	Scott Knaack, 33, Correctionville, IA	1:51:53	9:00
351	61	W25	Angie Heim, 28*, West Des Moines, IA	1:51:54	9:00
352	63	W35	Jill Otto, 38*, Nevada, IA	1:51:56	9:00
353	64	W35	Rita Thompson, 35*, Nevada, IA	1:51:56	9:00
969	117	M45	Lou Scallon, 46, Ames, IA	1:51:57	9:00
354	30	W45	Susan Duoblys, 49*, Des Moines, IA	1:52:00	9:01
355	82	W30	Katie Schulte, 33*, West Des Moines, IA	1:52:01	9:01
970	89	M50	Dennis Lincicum, 54, Ankeny, IA	1:52:03	9:01
971	118	M45	John Brown, 48, West Des Moines, IA	1:52:05	9:01
356	65	W35	Patti Plath, 39*, West Des Moines, IA	1:52:06	9:01
972	157	M40	Rick Probst, 42, Grimes, IA	1:52:07	9:01
973	107	M25	Ross Jensen, 29, Urbandale, IA	1:52:08	9:01
974	26	M55	Ronald Mowers, 55, Ames, IA	1:52:09	9:01
975	90	M50	Hans Lensch, 51, Johnston, IA	1:52:10	9:01
976	187	M35	Brian Joens, 36, Des Moines, IA	1:52:11	9:02
977	188	M35	Michael Dee, 38, Ankeny, IA	1:52:11	9:02
978	158	M40	Al Tokheim, 43, Johnston, IA	1:52:12	9:02
979	11	M60	James Odefey, 64, Red Oak, IA	1:52:12	9:02
980	108	M25	J Lauterbach, 29, Newton, IA	1:52:12	9:02
357	66	W35	Lauri Jeter, 39*, Madrid, IA	1:52:14	9:02
981	159	M40	Paul Bishop, 40, Clive, IA	1:52:14	9:02
358	83	W30	Diana Vanravens, 34*, Orange City, IA	1:52:14	9:02
359	39	W40	Jane Hemminger, 42*, Des Moines, IA	1:52:15	9:02
360	67	W35	Wendi Thompson, 37*, Johnston, IA	1:52:18	9:02
982	189	M35	Dan Crew, 36, West Des Moines, IA	1:52:20	9:02
361	56	W20	Allison Amsler, 23*, Ames, IA	1:52:20	9:02
983	91	M50	Gary Payne, 54, Des Moines, IA	1:52:21	9:02
362	84	W30	Brooke Barber, 33*, Fort Dodge, IA	1:52:22	9:02
984	190	M35	Mark Leichty, 35, Ames, IA	1:52:22	9:02
363	57	W20	Stephani Slining, 22*, West Des Moines, IA	1:52:22	9:02
				1:52:23	9:03
364	62	W25	Lisa Brinkmeyer, 29*, Des Moines, IA	1:52:23	9:03
365	85	W30	Jennifer Trygstad, 31*, West Des Moines, IA	1:52:23	9:03
				1:52:23	9:03
366	63	W25	Amy Havenhill, 27*, West Des Moines, IA	1:52:23	9:03
985	12	M60	Earl Maahs, 61, Spirit Lake, IA	1:52:24	9:03
367	12	W50	Paulette Arns, 51*, Camanche, Iowa	1:52:25	9:03
986	109	M25	Mike Mullins, 26, Ames, IA	1:52:26	9:03
368	68	W35	Kristi Hamaker, 38*, Urbandale, IA	1:52:26	9:03
987	27	M55	Allen Schneider, 57, Duncanville, TX	1:52:27	9:03
988	28	M55	Jay Greatheart, 58, San Luis, CO	1:52:28	9:03
989	191	M35	Todd Steil, 36, West Des Moines, IA	1:52:28	9:03
990	92	M50	John Hemminger, 50, Des Moines, IA	1:52:30	9:03
991	93	M50	Isaac Wyant, 51, Carlisle, IA	1:52:30	9:03
992	110	M25	Robert Leary, 27, Perry, IA	1:52:31	9:03
369	64	W25	Julie Nahas, 29*, West Des Moines, IA	1:52:31	9:03
993	111	M25	Adam Soyer, 28, Norwalk, IA	1:52:31	9:03
994	192	M35	Greg Nath, 35, Perry, IA	1:52:31	9:03
370	69	W35	Penny Luthens, 38*, Urbandale, IA	1:52:32	9:03
995	119	M45	Steven Moon, 45, Omaha, NE	1:52:32	9:03
996	160	M40	Jim Gray, 41, Ankeny, IA	1:52:33	9:03
371	70	W35	Janice Ferris, 39*, Urbandale, IA	1:52:33	9:03
997	112	M25	Matt Getting, 26, West Des Moines, IA	1:52:34	9:03
372	31	W45	Debi Lovegren, 49*, Cedar Falls, IA	1:52:34	9:03
998	113	M25	Steve Swenson, 25, Urbandale, IA	1:52:34	9:03
373	71	W35	Susie Fehr, 35*, Des Moines, IA	1:52:34	9:03
999	74	M20	Aaron King, 23, West Des Moines, IA	1:52:35	9:03
1000	120	M45	Mark Koskamp, 45, Des Moines, IA	1:52:35	9:03
374	86	W30	Lori Kiene, 31*, Ankeny, IA	1:52:37	9:04
1001	161	M40	John Cox, 42, Urbandale, IA	1:52:39	9:04

1002	162	M40	Dennis Baldwin, 41, West Des Moines, IA	1:52:39	9:04
	375	65	W25 Lana Broermann, 28*, Omaha, NE	1:52:42	9:04
1003	94	M50	Bob Weieneth, 52, Webster City, IA	1:52:45	9:04
1004	121	M45	Loren Hall, 48, Cedar Falls, IA	1:52:45	9:04
1005	122	M45	Mark McCoy, 47, Urbandale, IA	1:52:48	9:05
1006	95	M50	Lawain Judisch, 54, Tripoli, IA	1:52:48	9:05
	376	87	W30 Lori Foster, 34*, Webster City, IA	1:52:50	9:05
1007	163	M40	Frank Shephard, 44, Clive, IA	1:52:50	9:05
	377	66	W25 Heidi Haberman, 28*, Webster City, IA	1:52:51	9:05
1008	114	M25	Jason Wiedman, 28, Ankeny, IA	1:52:52	9:05
	378	40	W40 Julie Hale, 41*, Des Moines, IA	1:52:52	9:05
1009	75	M20	Luke Amdor, 21, Ames, IA	1:52:53	9:05
1010	123	M45	Michael Boyle, 45, Cumming, GA	1:52:53	9:05
1011	164	M40	Kelly Simpson, 43, Jefferson, IA	1:52:57	9:05
	379	67	W25 Michele Desmet, 26*, Omaha, NE	1:52:58	9:05
1012	124	M45	Joseph Henry, 47, Des Moines, IA	1:52:58	9:05
380	58	W20	Mollie Melton, 21*, Oronoco, MN	1:52:58	9:05
381	72	W35	Meredith Hladik, 36*, Des Moines, IA	1:52:58	9:05
1013	193	M35	Tom Richards, 38, Johnston, IA	1:52:58	9:05
	382	59	W20 Valerie Bailey, 24*, Independence, IA	1:52:59	9:05
1014	130	M30	Tim Doyle, 34, Fort Dodge, IA	1:52:59	9:05
1015	165	M40	Todd Hensley, 42, Sioux City, IA	1:52:59	9:05
1016	131	M30	Todd Miler, 33, West Des Moines, IA	1:53:00	9:06
	383	2	JrW Kristin Simpson, 16*, Jefferson, IA	1:53:00	9:06
	384	68	W25 Jennifer Miller, 29*, Grimes, IA	1:53:01	9:06
1017	194	M35	Malcolm Tomatani, 38, West Des Moines, IA	1:53:02	9:06
	385	32	W45 Becky Knutson, 46*, Urbandale, IA	1:53:05	9:06
	386	73	W35 Melissa Butler, 36*, Newton, IA	1:53:07	9:06
	387	41	W40 Laurie Wahlig, 43*, West Des Moines, IA	1:53:08	9:06
	388	74	W35 Janet Anderson, 37*, West Des Moines, IA	1:53:08	9:06
1018	132	M30	Brian Kinman, 31, Johnston, IA	1:53:08	9:06
	389	75	W35 Lisa Rempe, 36*, Clive, IA	1:53:09	9:06
	390	88	W30 Tori Glade, 30*, West Des Moines, IA	1:53:11	9:06
1019	76	M20	Garry Waldon, 23, Des Moines, IA	1:53:11	9:06
1020	166	M40	Gary Love, 40, West Des Moines, IA	1:53:12	9:06
1021	96	M50	Rex Rankin, 50, Dallas Center, IA	1:53:12	9:06
	391	60	W20 Candace Wilson, 24*, St. Paul, MN	1:53:16	9:07
	392	12	W17 Lizzy Walter, 18*, West Des Moines, IA	1:53:17	9:07
1022	195	M35	James Holloway, 35, West Des Moines, IA	1:53:18	9:07
1023	196	M35	Steve Mason, 35, Bloomington, IL	1:53:19	9:07
1024	52	M17	Chase Chance, 18, Zearing, IA	1:53:20	9:07
	393	69	W25 Erin Ross-Johnson, 28*, Des Moines, IA	1:53:20	9:07
1025	197	M35	Shawn Nelson, 38, Ankeny, IA	1:53:21	9:07
1026	115	M25	Eirik Omlie, 29, Clive, IA	1:53:22	9:07
	394	42	W40 Barb Linde, 43*, Waukee, IA	1:53:23	9:07
	395	76	W35 Molly Quinn, 35*, Cedar Falls, IA	1:53:23	9:07
1027	77	M20	Stephan Collins, 23, Ames, IA	1:53:24	9:07
1028	125	M45	Jim Cooper, 45, Urbandale, IA	1:53:24	9:07
1029	198	M35	Clark Buss, 35, Clive, IA	1:53:26	9:08
1030	167	M40	Jesse Gonzalez, 43, Clive, IA	1:53:27	9:08
1031	133	M30	Kenneth Moon, 30, Kansas City, MO	1:53:28	9:08
	396	70	W25 Traci Schnepf, 25*, Fort Dodge, IA	1:53:28	9:08
	397	3	JrW Heather Shives, 16*, Knoxville, IA	1:53:30	9:08
1032	97	M50	Steven Conlon, 52, West Des Moines, IA	1:53:30	9:08
	398	4	JrW Brittany Stanwood, 16*, Knoxville, IA	1:53:30	9:08
1033	199	M35	Rob Klinkner, 36, West Des Moines, IA	1:53:30	9:08
	399	71	W25 Jennifer Fox, 26*, Mission, KS	1:53:31	9:08
1034	200	M35	Brad Amos, 38, Des Moines, IA	1:53:31	9:08
	400	61	W20 Amy Stewart, 23*, Johnston, IA	1:53:31	9:08
1035	201	M35	Ed Sitzmann, 37, Des Moines, IA	1:53:32	9:08
1036	126	M45	Tim Stanwood, 48, Knoxville, IA	1:53:32	9:08
	401	77	W35 Dana Goldstein, 35*, Indianola, IA	1:53:32	9:08
	402	13	W17 Heidi Porter, 18*, Manson, IA	1:53:33	9:08
	403	14	W17 Chelsey Soder, 17*, Babnum, IA	1:53:33	9:08
1037	168	M40	Chris Runde, 40, Clive, IA	1:53:34	9:08

1038	127	M45	John Kovar, 46, Ames, IA	1:53:35	9:08
1039	202	M35	Scott Hock, 35, Ames, IA	1:53:36	9:08
1040	169	M40	Jeff Trimble, 43, Des Moines, IA	1:53:36	9:08
1041	128	M45	Chuck Scott, 46, Ankeny, IA	1:53:39	9:09
1042	203	M35	Joel Davis, 36, Johnston, IA	1:53:40	9:09
1043	134	M30	Bryan Thompson, 34, Grimes, IA	1:53:41	9:09
1044	135	M30	Christopher Hatchitt, 30, Johnston, IA	1:53:43	9:09
1045	136	M30	Joel Hagen, 30, Ames, IA	1:53:43	9:09
	404	43	W40 Annette Krause, 42*, West Des Moines, IA	1:53:45	9:09
1046	98	M50	Dave Milburn, 51, Johnston, IA	1:53:46	9:09
1047	99	M50	Kim Smith, 53, Ames, IA	1:53:48	9:09
1048	129	M45	Salim Hakimi, 48, West Des Moines, IA	1:53:48	9:09
1049	130	M45	John Kim, 47, Urbandale, IA	1:53:49	9:09
1050	116	M25	Cal Wilson, 29, Fort Dodge, IA	1:53:50	9:09
	405	33	W45 Rhonda Thomasson, 45*, Newton, IA	1:53:50	9:10
1051	170	M40	Dave Wilkerson, 44, Adel, IA	1:53:50	9:10
	406	44	W40 Lora Dosen, 42*, Omaha, NE	1:53:52	9:10
1052	53	M17	Torrence Warren, 19, Eldora, IA	1:53:53	9:10
	407	62	W20 Casey Cook, 24*, River Forest, IL	1:53:53	9:10
1053	137	M30	Paul Sams, 31, Urbandale, IA	1:53:54	9:10
1054	171	M40	Bob Kreider, 42, Cumming, IA	1:53:55	9:10
1055	117	M25	Aaron Thompson, 28, Des Moines, IA	1:53:55	9:10
1056	131	M45	John Williams, 49, Carlisle, IA	1:53:55	9:10
	408	78	W35 Terrie Price, 36*, Spencer, IA	1:53:56	9:10
	409	72	W25 Maria Sarcone, 25*, Des Moines, IA	1:53:57	9:10
	410	34	W45 Denise Whiting, 45*, Iowa City, IA	1:54:00	9:10
	411	89	W30 Sara Patkin, 33*, Ankeny, IA	1:54:01	9:10
	412	35	W45 Julie Younger, 45*, Ankeny, IA	1:54:01	9:10
1057	138	M30	Blake Meisenheimer, 31, St Louis Park, MN	1:54:02	9:10
	413	45	W40 Pamela Cain, 41*, Clive, IA	1:54:05	9:11
	414	90	W30 Marsha Simmons, 33*, West Amana, IA	1:54:06	9:11
1058	204	M35	Dean Curtis, 38, West Des Moines, IA	1:54:06	9:11
	415	36	W45 Kelly Roberts, 47*, Brookfield, MO	1:54:07	9:11
1059	172	M40	Theron Bobzin, 44, Clive, IA	1:54:08	9:11
	416	37	W45 Nancy Ellis, 45*, Urbandale, IA	1:54:08	9:11
1060	132	M45	John Raibikis, 46, Des Moines, IA	1:54:08	9:11
1061	205	M35	Monty Eitel, 37, Ames, IA	1:54:08	9:11
1062	100	M50	Gary Moenck, 50, Webster City, IA	1:54:10	9:11
1063	173	M40	Steve Walburn, 44, Omaha, NE	1:54:16	9:12
	417	73	W25 Jamie Kotewa, 25*, Monticello, IL	1:54:16	9:12
1064	78	M20	Justin Wentz, 24, Des Moines, IA	1:54:17	9:12
	418	91	W30 Nadine Woods, 31*, Urbandale, IA	1:54:18	9:12
1065	118	M25	Tim Mulcahy, 28, Des Moines, IA	1:54:19	9:12
	419	74	W25 Melissa Bice, 29*, Norwalk, IA	1:54:19	9:12
1066	206	M35	Eric Schiefelbein, 39, Johnston, IA	1:54:20	9:12
1067	29	M55	Lou Hockenber, 55, Clive, IA	1:54:22	9:12
1068	133	M45	Todd Gaffney, 49, West Des Moines, IA	1:54:24	9:12
1069	119	M25	Ted Johnson, 28, Des Moines, IA	1:54:25	9:12
	420	75	W25 Janis Huff, 27*, Kansas City, MO	1:54:25	9:12
1070	24	JrM	Esteban Sias, 16, Woodward, IA	1:54:26	9:12
1071	139	M30	Kirk Wepler, 31, Pella, IA	1:54:26	9:12
	421	92	W30 Heidi Perman, 33*, Urbandale, IA	1:54:26	9:12
1072	207	M35	Ron Maahs, 38, Johnston, IA	1:54:28	9:13
1073	208	M35	J B Colin, 35, West Des Moines, IA	1:54:28	9:13
	422	38	W45 Trudy Mitchell, 48*, Iowa City, IA	1:54:29	9:13
	423	39	W45 Nancy Agosta, 46*, Omaha, NE	1:54:30	9:13
1074	140	M30	Kenneth Seymour Jr, 31, Des Moines, IA	1:54:31	9:13
1075	134	M45	Dan Boeding, 48, Cedar Rapids, IA	1:54:32	9:13
1076	120	M25	Mark Frideres, 29, Nevada, IA	1:54:32	9:13
1077	209	M35	T Hoehns, 38, Atlantic, IA	1:54:32	9:13
1078	210	M35	Mark Easler, 37, Clive, IA	1:54:33	9:13
1079	211	M35	Doug Richard, 35, West Des Moines, IA	1:54:34	9:13
	424	76	W25 Michelle Williams, 27*, Massena, IA	1:54:34	9:13
	425	93	W30 Amy Grevengeod, 32*, West Des Moines, IA	1:54:35	9:13
1080	121	M25	Scott Pearson, 28, West Des Moines, IA	1:54:35	9:13

1081	30	M55	Robert Pratt, 57, Des Moines, IA	1:54:36	9:13
1082	25	JrM	Benjamin Wiemers, 15, West Des Moines, IA	1:54:37	9:13
1083	212	M35	Gene Habinck, 37, Waterloo, IA	1:54:38	9:13
	426	79	W35 Kathie Reis, 36*, Urbandale, IA	1:54:40	9:14
1084	174	M40	Brian Culich, 41, Des Moines, IA	1:54:41	9:14
1085	135	M45	Tom Hoehamer, 46, Des Moines, IA	1:54:41	9:14
	427	63	W20 Muska Ibrahimovic, 21*, Columbus Junction, IA	1:54:43	9:14
1086	213	M35	Brain Knights, 35, Polk City, IA	1:54:43	9:14
	428	80	W35 Kristy Merschman, 39*, Altoona, IA	1:54:44	9:14
1087	214	M35	Rob Baldus, 39, Indianola, IA	1:54:44	9:14
1088	122	M25	Stephen Duke, 25, West Des Moines, IA	1:54:44	9:14
	429	46	W40 Rosalie Hodgson, 42*, Colorado Springs, CO	1:54:45	9:14
	430	64	W20 Mindy Michel, 24*, West Des Moines, IA	1:54:45	9:14
1089	136	M45	Dennis Rustad, 48, Des Moines, IA	1:54:45	9:14
	431	94	W30 Jessica Schrock, 33*, Altoona, IA	1:54:45	9:14
	432	81	W35 Pat Glawe, 37*, Johnston, IA	1:54:45	9:14
	433	82	W35 Melinda Hanrahan, 38*, Urbandale, IA	1:54:46	9:14
1090	175	M40	Chris Nation, 44, Ogden, IA	1:54:46	9:14
1091	176	M40	Randy Nelson, 43, Ankeny, IA	1:54:48	9:14
	434	95	W30 Brooke Lovelace, 33*, Des Moines, IA	1:54:48	9:14
	435	47	W40 Michelle Soyer, 41*, Johnston, IA	1:54:49	9:14
	436	65	W20 Rachel Parks, 22*, Ankeny, IA	1:54:50	9:14
1092	137	M45	Bob Stouffer, 45, Urbandale, IA	1:54:52	9:14
	437	48	W40 Nancy Campbell, 40*, Adel, IA	1:54:52	9:15
1093	138	M45	Randy Rooney, 47, Cedar Rapids, IA	1:54:53	9:15
1094	26	JrM	Nathan Nuzum, 15, Johnston, IA	1:54:54	9:15
1095	141	M30	Dale Drent, 31, Ankeny, IA	1:54:55	9:15
	438	66	W20 Nicole Denmon, 20*, Slater, IA	1:54:55	9:15
1096	31	M55	Michael Reams, 58, West Des Moines, IA	1:54:55	9:15
1097	177	M40	James Bice, 40, Norwalk, IA	1:54:57	9:15
	439	15	W17 Tracey Sabey, 18*, Frankfort, IL	1:54:59	9:15
	440	96	W30 Lori Gaster, 34*, Walford, IA	1:54:59	9:15
1098	13	M60	Larry Detwiler, 60, Des Moines, IA	1:54:59	9:15
	441	67	W20 Emily Reppert, 20*, Ames, IA	1:54:59	9:15
	442	2	W60 Sandy Rupnow, 60*, Newton, IA	1:55:00	9:15
1099	101	M50	Greg Hauser, 50, Des Moines, IA	1:55:01	9:15
	443	16	W17 Sara Larson, 19*, Ames, IA	1:55:02	9:15
	444	5	JrW Blair Denny, 13*, Clive, IA	1:55:03	9:15
1100	79	M20	Bill Knapp, 24, West Des Moines, IA	1:55:03	9:15
	445	77	W25 Melissa Phillips, 28*, Saint Charles, IA	1:55:04	9:15
	446	97	W30 Amy Quevedo, 32*, Kansas City, KS	1:55:04	9:16
	447	68	W20 Jessica Smith, 20*, Jesup, IA	1:55:05	9:16
	448	69	W20 Rae True, 20*, Hudson, IA	1:55:05	9:16
1101	178	M40	Gerald Moench, 40, Aberdeen, SD	1:55:06	9:16
1102	142	M30	Justin Hampton, 33, Ames, IA	1:55:06	9:16
	449	98	W30 Emily Hampton, 31*, Ames, IA	1:55:06	9:16
	450	83	W35 Karyn Peterson, 38*, Clive, IA	1:55:06	9:16
1103	80	M20	Jess Hall, 23, Swisher, IA	1:55:07	9:16
1104	81	M20	Loren La Valley, 20, Boone, IA	1:55:07	9:16
	451	84	W35 Katherine Fanter, 35*, Des Moines, IA	1:55:07	9:16
1105	215	M35	Derek Wachter, 35, Clive, IA	1:55:07	9:16
1106	32	M55	Tom Leffler, 58, Johnston, IA	1:55:08	9:16
	452	17	W17 Lynae Burke, 18*, Madrid, IA	1:55:08	9:16
	453	18	W17 Stephanie Bloomer, 17*, Madrid, IA	1:55:08	9:16
1107	216	M35	Joe Sawyer, 36, Ankeny, IA	1:55:09	9:16
1108	102	M50	Jack Sandmeier, 50, Knoxville, IA	1:55:10	9:16
	454	85	W35 Krisanne Colby, 35*, Urbandale, IA	1:55:10	9:16
1109	54	M17	Stephen Wakelin, 18, Bloomfield, IA	1:55:11	9:16
1110	82	M20	David Fast, 22, Des Moines, IA	1:55:11	9:16
1111	139	M45	David Kozlowski, 45, West Des Moines, IA	1:55:12	9:16
1112	123	M25	Jeff Opsal, 26, West Des Moines, IA	1:55:13	9:16
1113	217	M35	James Kickland, 37, Atlantic, IA	1:55:14	9:16
1114	218	M35	Larry Smith, 36, Ankeny, IA	1:55:14	9:16

1115	124	M25 Wesley Miller, 27, Mahomet, IL	1:55:14	9:16
1116	83	M20 T Trevor McGinnis, 24, Shenandoah, IA	1:55:16	9:16
1117	179	M40 Mike Schechinger, 44, Grimes, IA	1:55:17	9:16
1118	140	M45 Michael Stanley, 47, Clive, IA	1:55:18	9:17
1119	180	M40 Marty Richardson, 43, Ankeny, IA	1:55:18	9:17
1120	84	M20 Bryan Lawson, 24, Iowa City, IA	1:55:20	9:17
1121	141	M45 George Howe, 47, West Des Moines, IA	1:55:20	9:17
455	13	W50 Connie Robinson, 53*, Bondurant, IA	1:55:20	9:17
1122	181	M40 Dennis Judd, 43, Urbandale, IA	1:55:21	9:17
456	86	W35 Jill Dillenburg, 37*, Windsor Heights, IA	1:55:21	9:17
1123	182	M40 Jon Greising, 40, Johnston, IA	1:55:22	9:17
457	70	W20 Nicole Slater, 24*, Johnston, IA	1:55:22	9:17
1124	125	M25 Mark Alberico, 27, Des Moines, IA	1:55:22	9:17
458	78	W25 Anna Keeney, 26*, Ankeny, IA	1:55:24	9:17
1125	142	M45 Jon Croft, 49, Des Moines, IA	1:55:24	9:17
1126	143	M45 Rick Davis, 45, Des Moines, IA	1:55:27	9:17
459	79	W25 Ondy Van Voorst, 25*, Ames, IA	1:55:28	9:17
460	80	W25 Katie Hesse, 27*, Spencer, IA	1:55:29	9:17
461	40	W45 Karen Temple, 45*, Johnston, IA	1:55:30	9:18
1127	144	M45 Steve Martinez, 49, Wheaton, IL	1:55:30	9:18
1128	145	M45 Robert Hoyt, 46, West Des Moines, IA	1:55:30	9:18
1129	146	M45 Graeme Armstrong, 45, West Des Moines, IA	1:55:30	9:18
1130	103	M50 Steve Rose, 52, Indianola, IA	1:55:31	9:18
462	87	W35 Carrie Vorbrich, 39*, Des Moines, IA	1:55:31	9:18
463	71	W20 Kirsten Sammler, 23*, West Des Moines, IA	1:55:32	9:18
464	88	W35 Kathy Nettleton, 35*, Des Moines, IA	1:55:33	9:18
465	99	W30 Amy Heinz, 32*, Des Moines, IA	1:55:33	9:18
1131	183	M40 Tim Faber, 44, Marion, IA	1:55:33	9:18
1132	126	M25 Ryan Gilbert, 27, Windsor Heights, IA	1:55:34	9:18
1133	147	M45 Jim Rasmussen, 45, Ankeny, IA	1:55:34	9:18
1134	148	M45 Michael Slater, 47, Des Moines, IA	1:55:35	9:18
1135	184	M40 Randy Hinshaw, 40, Mahomet, IL	1:55:35	9:18
1136	127	M25 Jason Walter, 29, Clatyon, MO	1:55:39	9:18
1137	143	M30 Delsin Knowler, 33, West Des Moines, IA	1:55:40	9:18
1138	128	M25 R Chace Ramey, 25, Kansas City, MO	1:55:41	9:18
1139	185	M40 Randy Yarrow, 40, Ankeny, IA	1:55:42	9:19
466	81	W25 Randi Sereres, 25*, Shawnee, KS	1:55:42	9:19
1140	129	M25 Brian Bailey, 26, Independence, IA	1:55:43	9:19
1141	85	M20 Steve White, 22, Bloomfield, IA	1:55:44	9:19
1142	186	M40 David Dunne, 41, Cedar Rapids, IA	1:55:45	9:19
467	41	W45 Debbie Weehler, 49*, Des Moines, IA	1:55:45	9:19
1143	219	M35 Tommy Chance, 38, Zearing, IA	1:55:46	9:19
1144	149	M45 Steve Karsjen, 47, Nevada, IA	1:55:47	9:19
468	49	W40 Mollie Marsh, 44*, Hampton, IL	1:55:47	9:19
469	100	W30 Jennifer York, 34*, Ames, IA	1:55:48	9:19
1145	27	JrM David Kuhlmann, 14, Laporte City, IA	1:55:48	9:19
1146	28	JrM Joe Badalucco, 16, Omaha, NE	1:55:49	9:19
1147	187	M40 Dan Campidilli, 43, Webster City, IA	1:55:50	9:19
1148	188	M40 Michael Herrington, 41, Eagle Grove, IA	1:55:51	9:19
1149	189	M40 Drew Dehaes, 40, Des Moines, IA	1:55:51	9:19
1150	220	M35 Garrett Goins, 35, Ankeny, IA	1:55:52	9:19
1151	221	M35 John Frohlich, 36, Panora, IA	1:55:54	9:19
470	82	W25 Mary Meskimen, 27*, West Des Moines, IA	1:55:54	9:19
471	101	W30 Molly Pirtle, 32*, Des Moines, IA	1:55:54	9:19
1152	222	M35 John Durman, 39, Waukee, IA	1:55:54	9:20
1153	223	M35 Heath Moore, 35, West Des Moines, IA	1:55:55	9:20
472	89	W35 Darcy Kratochvil, 35*, Urbandale, IA	1:55:56	9:20
1154	86	M20 Brad Greiner, 22, Iowa City, IA	1:55:56	9:20
473	90	W35 Amy Lemke, 35*, Fulton, IL	1:55:57	9:20
474	102	W30 Aj Carder, 32*, Clinton, IA	1:55:57	9:20
1155	144	M30 Scott Gossett, 33, Ankeny, IA	1:55:58	9:20
1156	145	M30 Robert Burnett, 33, Norwalk, IA	1:55:58	9:20
475	83	W25 Kathy Davis, 26*, Collins, IA	1:55:59	9:20
476	84	W25 Chris Hauge, 28*, Ankeny, IA	1:55:59	9:20
1157	29	JrM Matt Clarke, 15, Lowden, IA	1:55:59	9:20

1158	190	M40	Jim Frank, 44, Des Moines, IA	1:56:00	9:20
1159	191	M40	Jeff Smith, 43, Indianola, IA	1:56:02	9:20
1160	104	M50	James Smith, 51, Winterset, IA	1:56:03	9:20
1161	55	M17	Caleb Short, 17, Norwalk, IA	1:56:03	9:20
1162	224	M35	Brian Graeve, 39, Ankeny, IA	1:56:05	9:20
1163	105	M50	Donald Dauterive, 52, Ames, IA	1:56:05	9:20
477	103	W30	Shannessy Schultes, 30*, Anita, IA	1:56:06	9:20
1164	130	M25	Levi Lyle, 25, Cedar Falls, IA	1:56:06	9:20
1165	87	M20	Joel Zehr, 23, Urbandale, IA	1:56:07	9:21
478	104	W30	Rhonda Bishop, 34*, Indianola, IA	1:56:08	9:21
1166	225	M35	William Bullock, 35, New Brighton, MN	1:56:09	9:21
1167	131	M25	Ben Bartlett, 28, Cedar Falls, IA	1:56:10	9:21
479	50	W40	Barbara Del Caro, 44*, Crystal, MN	1:56:11	9:21
480	85	W25	Nariza Nunez, 28*, Pella, IA	1:56:12	9:21
1168	106	M50	Larry Jenkins, 54, Ames, IA	1:56:12	9:21
481	86	W25	Maria Trosper, 27*, West Des Moines, IA	1:56:13	9:21
1169	146	M30	Vil Miller, 34, Ankeny, IA	1:56:13	9:21
482	87	W25	Jessica Ney, 25*, Ankeny, IA	1:56:13	9:21
1170	33	M55	Mark McGrath, 55, Des Moines, IA	1:56:14	9:21
1171	132	M25	Jonathan Kelly, 29, Ankeny, IA	1:56:14	9:21
1172	150	M45	Jeff Whittlesey, 45, Iowa City, IA	1:56:15	9:21
483	88	W25	Nicole Kelly, 29*, Ankeny, IA	1:56:15	9:21
1173	226	M35	Matt Hendrickson, 37, Princeton, MN	1:56:16	9:21
484	91	W35	Jana Edwards, 36*, West Des Moines, IA	1:56:19	9:22
1174	227	M35	Tim Titus, 35, West Des Moines, IA	1:56:21	9:22
1175	107	M50	Mike Burns, 51, Prairie City, IA	1:56:21	9:22
485	92	W35	Connie Svoboda, 38*, Schuyler, NE	1:56:21	9:22
1176	30	JrM	Konstantin, 14, New Brighton, MN	1:56:24	9:22
486	105	W30	Heather Brunk, 32*, Johnston, IA	1:56:24	9:22
1177	133	M25	Harold Otis, 28, Des Moines, IA	1:56:26	9:22
1178	134	M25	Jeremy Jolly, 26, Indianola, IA	1:56:28	9:22
1179	135	M25	Jarod Young, 29, Cedar Rapids, IA	1:56:30	9:22
487	93	W35	Jill Wanninger, 39*, Jefferson, IA	1:56:30	9:22
1180	88	M20	Eric Caves, 23, Indianola, IA	1:56:30	9:22
1181	228	M35	Tim Mullins, 38, Boone, IA	1:56:31	9:23
1182	14	M60	Lars Johnson, 61, Decorah, IA	1:56:32	9:23
488	94	W35	Donna Richardson, 36*, Des Moines, IA	1:56:33	9:23
489	106	W30	Lynn Kooker, 34*, Olathe, KS	1:56:34	9:23
1183	151	M45	Peter Scanlon, 48, Clive, IA	1:56:35	9:23
490	95	W35	Cindy Donahue, 35*, Des Moines, IA	1:56:35	9:23
1184	108	M50	Jim Calhoun, 50, Des Moines, IA	1:56:35	9:23
491	51	W40	Laurie Wirtz, 42*, Waukee, IA	1:56:38	9:23
1185	109	M50	Neil Swanson, 53, Palo, IA	1:56:41	9:23
1186	89	M20	Theron Airhart, 23, Elkhart, IA	1:56:41	9:23
1187	152	M45	Ron Niceswanger, 48, Urbandale, IA	1:56:42	9:23
1188	192	M40	Jim McIntyre, 44, Urbandale, IA	1:56:45	9:24
492	14	W50	Clara Decoster, 51*, East Moline, IL	1:56:45	9:24
1189	90	M20	Ryan Murphy, 24, West Des Moines, IA	1:56:45	9:24
493	72	W20	Sarah Britton, 24*, Ogden, IA	1:56:47	9:24
1190	193	M40	Gary Thompson, 40, Urbandale, IA	1:56:47	9:24
494	19	W17	Bethan Brown, 19*, Des Moines, IA	1:56:47	9:24
495	73	W20	Michelle Purviance, 24*, Ankeny, IA	1:56:47	9:24
496	52	W40	Karen Wilkinson, 42*, Des Moines, IA	1:56:47	9:24
1191	147	M30	Scott England, 32, Cedar Rapids, IA	1:56:49	9:24
1192	110	M50	Rich Johnson, 51, Ankeny, IA	1:56:52	9:24
497	74	W20	Jennifer Smith, 22*, Des Moines, IA	1:56:52	9:24
1193	148	M30	Aaron Clutts, 30, Des Moines, IA	1:56:52	9:24
498	107	W30	Jodi England, 32*, Cedar Rapids, IA	1:56:53	9:24
1194	229	M35	Herb Hollwager, 37, Des Moines, IA	1:56:53	9:24
499	20	W17	Lani Hefel, 19*, Sherrill, IA	1:56:53	9:24
1195	230	M35	Ronald TeKippe, 37, Earlham, IA	1:56:54	9:24
500	53	W40	Julie Olmstead, 41*, Webster City, IA	1:56:54	9:24
1196	194	M40	Max Studer, 40, West Des Moines, IA	1:56:55	9:24
1197	15	M60	Steven Schroeder, 61, Hudson, WI	1:56:56	9:25
501	89	W25	Erin Budreau, 28*, Des Moines, IA	1:56:57	9:25

502	54	W40	Carol Luksan, 42*, West Des Moines, IA	1:56:57	9:25
1198	31	JrM	Manfred Strait, 15, Des Moines, IA	1:56:57	9:25
1199	195	M40	Patrick Rounds, 40, West Des Moines, IA	1:56:58	9:25
1200	136	M25	Brendan McCallum, 29, Des Moines, IA	1:56:59	9:25
503	108	W30	Annette Lorenz, 33*, Cedar Rapids, IA	1:56:59	9:25
504	55	W40	Rebecca Banzhaf, 41*, Marshalltown, IA	1:56:59	9:25
1201	196	M40	Doug Righi, 43, West Des Moines, IA	1:57:00	9:25
1202	153	M45	Jeff Freude, 47, Des Moines, IA	1:57:00	9:25
1203	34	M55	Milt Aunan, 55, Fort Smith, AR	1:57:02	9:25
505	96	W35	Julie Gumina, 38*, Johnston, IA	1:57:02	9:25
1204	197	M40	Tim Beebout, 44, Des Moines, IA	1:57:03	9:25
506	90	W25	Ryan Honkomp, 26*, West Des Moines, IA	1:57:05	9:25
1205	198	M40	Mark Connelly, 42, Johnston, IA	1:57:05	9:25
507	91	W25	Michelle Howe, 25*, Des Moines, IA	1:57:05	9:25
508	92	W25	Jana Peterson, 25*, Des Moines, IA	1:57:06	9:25
1206	137	M25	Joel Bartlett, 27, Kelley, IA	1:57:06	9:25
1207	231	M35	David Kroner, 39, Johnston, IA	1:57:06	9:25
509	97	W35	Jil Connelly, 39*, Johnston, IA	1:57:07	9:25
1208	232	M35	Jeff Ellinger, 37, West Des Moines, IA	1:57:08	9:25
1209	56	M17	Joel Ford, 17, Center Point, IA	1:57:08	9:25
1210	149	M30	Troy Morris, 32, Altoona, IA	1:57:09	9:26
510	75	W20	Smita Rao, 22*, Des Moines, IA	1:57:09	9:26
1211	111	M50	William Nicholson, 51, Cedar Rapids, IA	1:57:09	9:26
511	109	W30	Lea Morris, 32*, Altoona, IA	1:57:10	9:26
1212	150	M30	Joseph Heimer, 33, Ankeny, IA	1:57:11	9:26
1213	233	M35	John Fingert, 35, Iowa City, IA	1:57:11	9:26
512	76	W20	Jennifer Beer, 21*, Ames, IA	1:57:12	9:26
1214	151	M30	William Vande Haar, 34, Cedar Falls, IA	1:57:12	9:26
513	77	W20	Beth Danowsky, 20*, Ames, IA	1:57:13	9:26
514	56	W40	Judith Quick, 42*, Des Moines, IA	1:57:15	9:26
1215	35	M55	Robert Schneider, 55, Urbandale, IA	1:57:16	9:26
515	21	W17	Holly Tredway, 19*, Mingo, IA	1:57:16	9:26
1216	234	M35	Tim Weber, 35, West Des Moines, IA	1:57:17	9:26
1217	199	M40	Steve Davis, 41, Johnston, IA	1:57:18	9:26
1218	235	M35	Ronald Loecher, 38, Cedar Falls, IA	1:57:19	9:26
516	78	W20	Mindy Petersen, 24*, West Des Moines, IA	1:57:19	9:26
1219	138	M25	Jason Burns, 28, Monroe, IA	1:57:20	9:26
1220	154	M45	Michael Smith, 45, Eldora, IA	1:57:23	9:27
517	79	W20	Lindsey Severson, 24*, West Des Moines, IA	1:57:25	9:27
1221	112	M50	David Gerbracht, 54, Ames, IA	1:57:27	9:27
1222	139	M25	Michael Fox, 28, Waterloo, IA	1:57:29	9:27
518	80	W20	Elizabeth Hahn, 24*, Ames, IA	1:57:30	9:27
1223	200	M40	Catherine Engblom, 41, Grimes, IA	1:57:31	9:27
1224	152	M30	Weylon Heiser, 32, Cedar Falls, IA	1:57:32	9:27
1225	113	M50	Thomas Hostetter, 53, Ames, IA	1:57:32	9:27
519	81	W20	Katie Gerbracht, 20*, Ames, IA	1:57:32	9:27
520	110	W30	Susie McAreavy, 33*, Clive, IA	1:57:32	9:27
1226	140	M25	Joseph Dejong, 26, Grimes, IA	1:57:36	9:28
521	22	W17	Sara Hendrickson, 17*, Altoona, IA	1:57:36	9:28
1227	201	M40	Wes Ellsworth, 44, Des Moines, IA	1:57:36	9:28
1228	153	M30	Andrew Naysmith, 32, Des Moines, IA	1:57:39	9:28
522	57	W40	Mary Dorsey, 42*, West Des Moines, IA	1:57:39	9:28
1229	236	M35	Scot Clark, 36, Winterset, IA	1:57:40	9:28
523	98	W35	Roxanne Paulsen, 35*, Hiawatha, IA	1:57:41	9:28
1230	237	M35	Jose Ochoa, 35, Des Moines, IA	1:57:41	9:28
1231	154	M30	Rob Beeler, 31, Urbandale, IA	1:57:42	9:28
1232	155	M45	Chris Mitchell, 49, Ankeny, IA	1:57:43	9:28
524	111	W30	Becky Wignall, 30*, Altoona, IA	1:57:44	9:28
1233	156	M45	Gerald Griffin, 47, Seneca, MO	1:57:45	9:28
1234	36	M55	Larry Lamasters, 58, Fairbank, IA	1:57:46	9:28
525	58	W40	Dora Bopp, 43*, Cedar Rapids, IA	1:57:46	9:28
526	42	W45	Linda Koele, 45*, Urbandale, IA	1:57:47	9:29
1235	114	M50	Jim Mease, 52, Winterset, IA	1:57:47	9:29
1236	202	M40	Ed Drake, 41, Radcliffe, IA	1:57:48	9:29

1237	203	M40	Del Christensen, 44, Adel, IA	1:57:49	9:29
1238	155	M30	Ross Abbott, 32, Urbandale, IA	1:57:49	9:29
1239	115	M50	David Gee, 52, Cedar Rapids, IA	1:57:49	9:29
1240	156	M30	Bill Finnegan, 31, West Des Moines, IA	1:57:49	9:29
527	59	W40	Teresa Selberg, 44*, Urbandale, IA	1:57:50	9:29
1241	204	M40	Rick Brewer, 42, Edwardsville, IL	1:57:51	9:29
528	82	W20	Tonya Setzkorn, 23*, West Des Moines, IA	1:57:51	9:29
1242	157	M30	Kane Harrington, 33, Boone, IA	1:57:51	9:29
529	83	W20	Jennifer Baragary, 21*, Winthrop, IA	1:57:52	9:29
530	60	W40	Gayle Ellis, 40*, Ankeny, IA	1:57:53	9:29
1243	158	M30	Eric Johnson, 34, Des Moines, IA	1:57:55	9:29
1244	141	M25	Jerrad Kemp, 25, Coralville, IA	1:57:55	9:29
531	61	W40	Maggie Weaver, 43*, Davenport, IA	1:57:56	9:29
1245	238	M35	Ryan Aarhus, 35, Des Moines, IA	1:57:56	9:29
1246	116	M50	Jon Von Gullern, 51, West Des Moines, IA	1:57:57	9:29
532	43	W45	Carla Steele, 46*, Des Moines, IA	1:57:58	9:29
1247	142	M25	Jon French, 26, West Des Moines, IA	1:57:58	9:29
533	62	W40	Christine Lousias, 40*, Wapello, IA	1:58:03	9:30
1248	157	M45	Dan Duwelius, 45, Des Moines, IA	1:58:04	9:30
1249	239	M35	Brent Helmkamp, 36, Ankeny, IA	1:58:04	9:30
1250	32	JrM	Dan Konen, 15, Maxwell, IA	1:58:06	9:30
1251	240	M35	Jeff Koele, 38, West Des Moines, IA	1:58:08	9:30
1252	205	M40	Mark Walter, 41, Urbandale, IA	1:58:09	9:30
1253	159	M30	Guy Arney, 30, Des Moines, IA	1:58:10	9:30
534	93	W25	Shelly Catlett, 29*, Johnston, IA	1:58:12	9:31
1254	117	M50	Don Jessen, 51, Colfax, IA	1:58:13	9:31
1255	143	M25	Benjamin Nunnikhoven, 25, Pella, IA	1:58:14	9:31
1256	118	M50	Greg Gruss, 53, Carlisle, IA	1:58:14	9:31
535	99	W35	Jennifer Brandon, 36*, Des Moines, IA	1:58:15	9:31
1257	144	M25	Joshua Lohmeier, 28, Des Moines, IA	1:58:17	9:31
536	84	W20	Kelsey Lawler, 24*, West Des Moines, IA	1:58:18	9:31
537	63	W40	Mindy Mossman, 41*, Webster City, IA	1:58:19	9:31
538	64	W40	Brenda Beumer, 43*, Urbandale, IA	1:58:23	9:32
539	94	W25	Erin Hyland, 27*, Seattle, WA	1:58:24	9:32
1258	91	M20	Matthew Hanke, 24, Fort Dodge, IA	1:58:24	9:32
540	112	W30	Marci Tooman, 33*, Ankeny, IA	1:58:24	9:32
1259	241	M35	Geoff Graham, 36, Waukee, IA	1:58:25	9:32
541	95	W25	Jacy Downey, 29*, Indianola, IA	1:58:27	9:32
1260	119	M50	Al Hildestad, 54, Des Moines, IA	1:58:27	9:32
1261	145	M25	Brad Baldwin, 28, Iowa City, IA	1:58:28	9:32
1262	146	M25	Andrew McDowell, 28, West Des Moines, IA	1:58:28	9:32
542	96	W25	Stephanie Smith, 27*, Ankeny, IA	1:58:29	9:32
1263	242	M35	Mark Kuennen, 36, Ames, IA	1:58:29	9:32
1264	160	M30	Todd Masters, 34, Leon, IA	1:58:30	9:32
1265	147	M25	David Beckett, 26, Iowa Falls, IA	1:58:31	9:32
543	23	W17	Jennifer Mercial, 18*, Ankeny, IA	1:58:32	9:32
1266	120	M50	Tim Gundlach, 54, Ames, IA	1:58:32	9:32
1267	57	M17	Josh Pommer, 17, Pella, IA	1:58:33	9:32
544	24	W17	Amber Breuklander, 18*, Sully, IA	1:58:33	9:32
545	97	W25	Megan Heater, 28*, Marion, IA	1:58:34	9:32
546	98	W25	Jennifer Bertsch, 27*, Ames, IA	1:58:35	9:32
1268	206	M40	Tom Smith, 43, Iowa Falls, IA	1:58:36	9:33
1269	148	M25	Nick Wendt, 26, Des Moines, IA	1:58:36	9:33
1270	37	M55	Keith Sandvold, 56, Cedar Falls, IA	1:58:38	9:33
1271	149	M25	Joe Ulloa, 25, Des Moines, IA	1:58:38	9:33
547	99	W25	Melody Tournier, 29*, Cedar Falls, IA	1:58:38	9:33
1272	207	M40	Kerrry Johnson, 40, Prole, IA	1:58:41	9:33
1273	158	M45	Barry Ulberg, 48, Des Moines, IA	1:58:42	9:33
1274	243	M35	Gene Cain, 39, Marshalltown, IA	1:58:43	9:33
548	25	W17	Jessalyn Estill, 18*, Ames, IA	1:58:45	9:33
1275	33	JrM	Chad Nichols, 16, Marshalltown, IA	1:58:45	9:33
1276	121	M50	Jay Dezeeuw, 50, Spencer, IA	1:58:45	9:33
1277	34	JrM	Alex Priest, 16, Emmetsburg, IA	1:58:47	9:33
1278	208	M40	Mark Newman, 43, West Des Moines, IA	1:58:48	9:34
549	26	W17	Stephanie Harrison, 19*, Ames, IA	1:58:49	9:34

1279	159	M45	Ky Boyle, 45, Moline, IL	1:58:50	9:34
550	65	W40	Joy Long, 40*, Urbandale, IA	1:58:50	9:34
1280	150	M25	Jonathan Vande Krol, 26, Clive, IA	1:58:50	9:34
1281	92	M20	Brian Kroska, 23, Ankeny, IA	1:58:50	9:34
551	27	W17	Audrey Hinote, 19*, Jefferson, IA	1:58:50	9:34
552	85	W20	Dena Ricklefs, 22*, Ankeny, IA	1:58:51	9:34
1282	35	JrM	Clayton Santez, 16, Woodward, IA	1:58:51	9:34
1283	58	M17	Devin Blom, 17, Woodward, IA	1:58:51	9:34
1284	209	M40	Mark Devenport, 40, Jackson, MO	1:58:52	9:34
1285	210	M40	Dwain Russell, 42, Pella, IA	1:58:52	9:34
553	100	W25	Olga Petushkov, 25*, Des Moines, IA	1:58:53	9:34
1286	160	M45	Steve Vance, 46, Sheldahl, IA	1:58:53	9:34
1287	161	M30	Erik Skovgard, 32, Reinbeck, IA	1:58:55	9:34
1288	151	M25	Mike Marasco, 26, Des Moines, IA	1:58:55	9:34
1289	122	M50	Greg Suhr, 50, Omaha, NE	1:58:56	9:34
1290	244	M35	Ken White, 39, Fairfax, IA	1:58:56	9:34
554	113	W30	Peggy Kacer, 31*, Altoona, IA	1:58:57	9:34
555	66	W40	Kathy Bunting, 44*, Ames, IA	1:58:57	9:34
1291	211	M40	Bill Denny, 43, Clive, IA	1:58:57	9:34
556	101	W25	Krista Banyas, 29*, Altoona, IA	1:58:57	9:34
1292	162	M30	Andrew Zeiner, 34, Ames, IA	1:58:58	9:34
557	67	W40	Jackie Cummings, 43*, Ames, IA	1:58:58	9:34
1293	161	M45	Ron Burkhart, 48, Pleasant Hill, IA	1:58:59	9:34
1294	245	M35	Mike Eilers, 35, Indianola, IA	1:59:00	9:34
558	86	W20	Jennifer Jennings, 24*, Urbandale, IA	1:59:00	9:34
559	102	W25	Heather Bitting, 27*, Des Moines, IA	1:59:00	9:35
1295	163	M30	Todd Eschweiler, 33, Ankeny, IA	1:59:01	9:35
1296	123	M50	Dave Wacker, 51, Coralville, IA	1:59:02	9:35
560	114	W30	Deanna Zinno, 33*, Ankeny, IA	1:59:04	9:35
1297	16	M60	Norman Hulscher, 60, West Des Moines, IA	1:59:05	9:35
1298	3	M65	Pete Domingue, 65, Bettendorf, IA	1:59:05	9:35
1299	246	M35	Jamie Aveni, 38, West Des Moines, IA	1:59:07	9:35
1300	164	M30	Phil Chia, 33, Des Moines, IA	1:59:07	9:35
561	100	W35	Stephanie Aveni, 37*, West Des Moines, IA	1:59:07	9:35
1301	212	M40	Bob Collins, 43, North Liberty, IA	1:59:08	9:35
562	68	W40	Gina Ross, 42*, Urbandale, IA	1:59:08	9:35
563	87	W20	Alexandra Redenius, 20*, Algona, IA	1:59:08	9:35
564	69	W40	Kelli Monical, 42*, Virginia Beach, VA	1:59:08	9:35
565	101	W35	Lisa Walters, 35*, Independence, MO	1:59:09	9:35
1302	152	M25	Ryan Loecher, 29, West Des Moines, IA	1:59:09	9:35
566	44	W45	Lori Lensch, 47*, Johnston, IA	1:59:09	9:35
1303	165	M30	Brian West, 34, Nevada, IA	1:59:09	9:35
1304	213	M40	Gregory Dockum, 44, Des Moines, IA	1:59:10	9:35
567	102	W35	Karen Knight, 39*, Hiawatha, IA	1:59:11	9:35
1305	124	M50	David Ruggle, 51, Ames, IA	1:59:11	9:35
568	15	W50	Kate Wacker, 51*, Coralville, IA	1:59:12	9:35
569	88	W20	Amanda Smith, 22*, Ames, IA	1:59:13	9:35
570	103	W35	Lisa Hoffman, 38*, West Des Moines, IA	1:59:13	9:36
1306	247	M35	Bill Olson, 39, Urbandale, IA	1:59:15	9:36
1307	162	M45	Tim Hatling, 47, Des Moines, IA	1:59:15	9:36
571	6	JrW	Hannah Kono, 13*, West Des Moines, IA	1:59:18	9:36
1308	163	M45	J P Greer, 47, Spencer, IA	1:59:19	9:36
1309	164	M45	Will Thayer, 46, Indianola, IA	1:59:21	9:36
572	115	W30	Holly Glaubitz, 33*, Norwalk, IA	1:59:22	9:36
1310	166	M30	Mark Rixner, 31, Des Moines, IA	1:59:25	9:36
1311	214	M40	Jim Steffen, 44, Iowa City, IA	1:59:26	9:37
573	103	W25	Tammy Steenhoek, 28*, Prairie City, IA	1:59:26	9:37
1312	248	M35	Craig Jackman, 37, Des Moines, IA	1:59:26	9:37
574	89	W20	Kari Steffen, 20*, Iowa City, IA	1:59:27	9:37
575	70	W40	Kirsten Hanrahan, 41*, Iowa City, IA	1:59:28	9:37
1313	38	M55	Thomas Kurt, 59, Ankeny, IA	1:59:28	9:37
576	104	W35	Sandra Stone, 37*, Des Moines, IA	1:59:28	9:37
577	71	W40	Tina Newbury, 41*, Greenfield, IA	1:59:28	9:37
578	105	W35	Denna Mitchell, 39*, Greenfield, IA	1:59:29	9:37
1314	36	JrM	Max Hoegh, 16, Atlantic, IA	1:59:29	9:37

579	45	W45	Denise Neumann, 48*, Ankeny, IA	1:59:29	9:37
1315	249	M35	Jonathan Leisinger, 37, Council Bluffs, IA		
				1:59:30	9:37
580	90	W20	Carissa Gee, 22*, Cedar Rapids, IA	1:59:32	9:37
1316	167	M30	James Horn, 32, Newton, IA	1:59:33	9:37
1317	153	M25	Travis Dee, 28, Sully, IA	1:59:35	9:37
1318	39	M55	Harold Sullivan, 57, Castle Rock, CO	1:59:35	9:37
581	104	W25	Dawn Winter, 27*, Huxley, IA	1:59:35	9:37
582	105	W25	Kristy Norman, 26*, Sully, IA	1:59:35	9:37
1319	250	M35	Cedric Siriwardena, 38, Des Moines, IA	1:59:36	9:37
583	106	W35	Lisa Bonnicksen, 37*, Ames, IA	1:59:37	9:37
584	72	W40	Kelli Wiggins, 40*, West Des Moines, IA	1:59:37	9:37
585	116	W30	Neisha Horn, 31*, Newton, IA	1:59:38	9:38
1320	251	M35	Stephen Shird, 38, Ankeny, IA	1:59:39	9:38
1321	154	M25	Chris Rouse, 27, Des Moines, IA	1:59:42	9:38
1322	59	M17	Benjamin Rodriguez, 17, Des Moines, IA	1:59:48	9:38
586	73	W40	Lynn Wilkerson, 42*, Adel, IA	1:59:49	9:38
587	106	W25	Melissa Stowe, 26*, Grimes, IA	1:59:50	9:39
1323	252	M35	Darin Jones, 38, Lamoille, IL	1:59:51	9:39
588	46	W45	Julia Batten, 48*, Carlisle, IA	1:59:52	9:39
1324	155	M25	Jay Miller, 29, Firestone, CO	1:59:52	9:39
589	107	W35	Cindy Monahan, 36*, Clive, IA	1:59:52	9:39
590	117	W30	Elizabeth Jones, 34*, Lamoille, IL	1:59:53	9:39
1325	215	M40	James Sanders, 44, Johnston, IA	1:59:53	9:39
591	108	W35	Shelly Bobinet, 38*, Osage, IA	1:59:53	9:39
592	107	W25	Beth Miller, 28*, Firestone, CO	1:59:53	9:39
593	108	W25	Madelaine Jerousek, 25*, Des Moines, IA	1:59:54	9:39
594	109	W35	Shelly Hollwager, 37*, Des Moines, IA	1:59:54	9:39
1326	156	M25	Paul Varner, 29, Creston, IA	1:59:56	9:39
595	28	W17	Tressa Hoegh, 18*, Knoxville, IA	1:59:56	9:39
1327	253	M35	Scott Nelson, 39, Runnells, IA	1:59:56	9:39
1328	60	M17	Bob Lyons, 18, Knoxville, IA	1:59:57	9:39
1329	216	M40	Kurt Stock, 44, Cedar Falls, IA	1:59:57	9:39
1330	165	M45	Ted Murray, 49, Waterloo, IA	2:00:00	9:39
1331	166	M45	Bill Hunt, 46, Fort Collins, CO	2:00:00	9:39
596	16	W50	Pam German, 52*, Dallas Center, IA	2:00:01	9:39
1332	17	M60	Craig Whitney, 61, Slater, IA	2:00:01	9:39
1333	168	M30	Tim Somers, 34, Des Moines, IA	2:00:01	9:39
597	118	W30	Polly Wolterman, 33*, Newell, IA	2:00:01	9:39
598	74	W40	Jill Freel, 40*, Des Moines, IA	2:00:02	9:39
1334	217	M40	Pedro Cortes, 43, Waukee, IA	2:00:02	9:39
1335	167	M45	Dave Buck, 48, Creston, IA	2:00:03	9:40
1336	254	M35	Ed Walter, 36, Cedar Rapids, IA	2:00:03	9:40
1337	157	M25	Stephen Mosqueda, 28, Urbandale, IA	2:00:07	9:40
599	47	W45	Liz Meimann, 49*, Nevada, IA	2:00:08	9:40
600	75	W40	Lynn Schreder, 44*, Granger, IA	2:00:08	9:40
601	109	W25	Katie Udermann, 25*, Cedar Rapids, IA	2:00:08	9:40
1338	218	M40	Dan Ward, 43, Davenport, IA	2:00:08	9:40
602	119	W30	Tonya Sitzmann, 32*, Des Moines, IA	2:00:11	9:40
1339	169	M30	Jason Klein, 30, Des Moines, IA	2:00:11	9:40
1340	170	M30	Travis Busby, 30, Ankeny, IA	2:00:12	9:40
1341	40	M55	Charlie Johnson, 55, Brayton, IA	2:00:14	9:40
603	91	W20	Molly Skjei, 23*, Bettendorf, IA	2:00:15	9:40
604	92	W20	Alana Berglund, 24*, Des Moines, IA	2:00:16	9:41
605	93	W20	Melissa Gutierrez, 23*, Iowa City, IA	2:00:17	9:41
1342	219	M40	Kristy Sandon, 40, Clive, IA	2:00:17	9:41
606	48	W45	Laura Preussel, 45*, Des Moines, IA	2:00:20	9:41
1343	220	M40	Mike Gooding, 42, Des Moines, IA	2:00:20	9:41
1344	221	M40	Dean Bierwagen, 43, Ames, IA	2:00:23	9:41
607	76	W40	Barbara Endel, 42*, Solon, IA	2:00:23	9:41
1345	171	M30	Dave Smith, 34, Earlham, IA	2:00:25	9:41
608	77	W40	Barb Thompson, 40*, Clive, IA	2:00:28	9:42
609	120	W30	Carrie Ross, 30*, Charles City, IA	2:00:29	9:42
610	49	W45	Elizabeth Wright, 47*, Minneapolis, MN	2:00:31	9:42
611	29	W17	Erin Hiveley, 17*, Madrid, IA	2:00:32	9:42

1346	172	M30	James Young, 33, Johnston, IA	2:00:33	9:42
1347	158	M25	Ryan Cambron, 29, Indianola, IA	2:00:33	9:42
1348	222	M40	Joseph Creighton, 44, Granger, IA	2:00:34	9:42
1349	168	M45	Tim Waddilove, 47, Ida Grove, IA	2:00:34	9:42
	612	110	W35 Steph Becker, 35*, Indianola, IA	2:00:37	9:42
	613	111	W35 Sara Warnock, 35*, Indianola, IA	2:00:39	9:42
1350	125	M50	Galen Peery, 53, Kiron, IA	2:00:40	9:43
1351	159	M25	Eric Krull, 28, West Des Moines, IA	2:00:41	9:43
1352	18	M60	Terry Collins, 61, Eldora, IA	2:00:42	9:43
	614	110	W25 Mandy Van Maanen, 28*, Des Moines, IA	2:00:42	9:43
1353	169	M45	Kelly McCauley, 45, Huntsville, AL	2:00:42	9:43
	615	78	W40 Bryony Bonning, 40*, Ames, IA	2:00:43	9:43
1354	126	M50	Craig Shutt, 50, Des Moines, IA	2:00:45	9:43
1355	61	M17	Nathan Peterson, 17, Des Moines, IA	2:00:45	9:43
1356	223	M40	Wally Smith, 40, Altoona, IA	2:00:46	9:43
	616	111	W25 Elizabeth Alicea, 28*, Omaha, NE	2:00:46	9:43
1357	93	M20	Jason Boehme, 23, Iowa City, IA	2:00:46	9:43
	617	112	W25 Julie Query, 29*, Iowa City, IA	2:00:46	9:43
1358	224	M40	Todd O'Donnell, 41, Marion, IA	2:00:47	9:43
1359	225	M40	Rob Oltjen, 40, Clive, IA	2:00:47	9:43
1360	170	M45	Dennis Jones, 45, Pleasant Hill, IA	2:00:48	9:43
	618	113	W25 Amy Howe, 29*, Indianola, IA	2:00:48	9:43
	619	79	W40 Linda Frangenberg, 42*, Huxley, IA	2:00:51	9:43
1361	226	M40	John Brown, 41, West Des Moines, IA	2:00:51	9:43
1362	227	M40	Randy Hummel, 40, Marion, IA	2:00:52	9:43
1363	171	M45	Scott Johnson, 45, Ames, IA	2:00:53	9:44
1364	172	M45	Steve Kenkel, 48, Toledo, IA	2:00:53	9:44
1365	255	M35	Scott Miller, 39, Ames, IA	2:00:54	9:44
1366	173	M45	Thomas Spellman, 45, Woodward, IA	2:00:55	9:44
1367	41	M55	Eugene Black, 58, Kailua-Kona, HI	2:00:56	9:44
	620	121	W30 Lisa Jenison, 33*, Ankeny, IA	2:00:57	9:44
1368	42	M55	Dave Ersland, 59, Humboldt, IA	2:00:58	9:44
1369	127	M50	Gregory Youmans, 52, Huxley, IA	2:00:58	9:44
1370	173	M30	James Appleby, 34, Des Moines, IA	2:01:00	9:44
1371	43	M55	David Grieser, 57, West Des Moines, IA	2:01:04	9:44
1372	128	M50	Mark Milton, 50, Des Moines, IA	2:01:05	9:45
1373	62	M17	Bryant Chipman, 17, Plymouth, IN	2:01:07	9:45
1374	129	M50	Kevin Reagan, 51, Omaha, NE	2:01:07	9:45
1375	94	M20	Aaron Eggert, 21, Colfax, IA	2:01:08	9:45
	621	7	JrW Lauren Link, 16*, Pleasant Hill, IA	2:01:09	9:45
1376	95	M20	Cale Danielson, 23, Ames, IA	2:01:10	9:45
	622	122	W30 Anne Garrison, 33*, Des Moines, IA	2:01:11	9:45
	623	114	W25 Sarah Rader, 29*, Clive, IA	2:01:12	9:45
	624	94	W20 Kendra Larson, 22*, Huxley, IA	2:01:13	9:45
1377	256	M35	Rick Dobesh, 38, Ankeny, IA	2:01:13	9:45
	625	80	W40 Donna Ramsey, 44*, Des Moines, IA	2:01:15	9:45
1378	174	M30	Trevor Kooker, 34, Olathe, KS	2:01:15	9:45
	626	81	W40 T Rokusek, 40*, Reinbeck, IA	2:01:17	9:46
	627	123	W30 Lynn Goecke, 33*, Ankeny, IA	2:01:18	9:46
628	124	W30	Jana Arabas, 34*, Kirksville, MO	2:01:18	9:46
1379	257	M35	Joe Emans, 37, West Des Moines, IA	2:01:19	9:46
	629	112	W35 Trish Lemke, 36*, Menlo, IA	2:01:20	9:46
	630	82	W40 Karla Christensen, 44*, Clive, IA	2:01:22	9:46
	631	125	W30 Julie Jorgensen, 31*, Grimes, IA	2:01:22	9:46
1380	228	M40	Steve Klein, 40, Ankeny, IA	2:01:24	9:46
1381	175	M30	Stephen Sartori, 34, Marion, IA	2:01:25	9:46
1382	44	M55	Bill Lorenz, 56, Carlisle, IA	2:01:25	9:46
	632	83	W40 Joyce Jessen, 43*, Colfax, IA	2:01:25	9:46
1383	229	M40	David Klinkenborg, 44, Windsor Heights, IA	2:01:27	9:46
1384	130	M50	Glen Oglia, 52, Des Moines, IA	2:01:27	9:46
1385	258	M35	Dean Fix, 38, Springfield, VA	2:01:29	9:46
	633	2	W55 Carol Eggert, 55*, Wyoming, IA	2:01:29	9:46
1386	160	M25	Tory Meiborg, 29, Cedar Rapids, IA	2:01:29	9:46
	634	115	W25 Valerie Mosqueda, 26*, Portland, OR	2:01:30	9:47

635	126	W30	Sue Hudson, 31*, Des Moines, IA	2:01:31	9:47
636	113	W35	Ann Shelton, 36*, Urbandale, IA	2:01:32	9:47
1387	259	M35	Robert Murphy, 39, Winterset, IA	2:01:32	9:47
1388	63	M17	Brant Kassel, 19, Ames, IA	2:01:33	9:47
1389	19	M60	Walter Aeckerle, 61, Walnut, IA	2:01:35	9:47
1390	260	M35	Vince Vanderneck, 39, West Des Moines, IA	2:01:35	9:47
637	127	W30	Lisa Klinkefus, 31*, Ankeny, IA	2:01:38	9:47
638	116	W25	Mandy Manning, 28*, Des Moines, IA	2:01:39	9:47
639	117	W25	Katie Young, 28*, Cedar Rapids, IA	2:01:41	9:47
640	114	W35	Tammy Hoyman, 37*, Indianola, IA	2:01:41	9:47
641	95	W20	Kristin Cavanagh, 23*, Hiawatha, IA	2:01:42	9:48
642	128	W30	Kara Gracey, 30*, Kalona, IA	2:01:43	9:48
1391	230	M40	Patrick Fitzgerald, 40, Minneapolis, MN	2:01:45	9:48
1392	231	M40	Brent Veldkamp, 42, Cumming, IA	2:01:45	9:48
1393	131	M50	Ron Heinen, 53, Ames, IA	2:01:47	9:48
643	96	W20	Miranda Sharp, 24*, Ames, IA	2:01:48	9:48
644	118	W25	Kimberly Dokken, 28*, West Des Moines, IA	2:01:48	9:48
1394	20	M60	Dean Lauterbach, 60, Newton, IA	2:01:50	9:48
645	115	W35	Jodi Jamison, 37*, Woodward, IA	2:01:51	9:48
1395	176	M30	Aaron Johnson, 31, Ankeny, IA	2:01:54	9:49
1396	37	JrM	Ben Teusch, 14, Jefferson, IA	2:01:55	9:49
646	116	W35	Sue Gossling, 36*, Fayette, IA	2:01:56	9:49
647	50	W45	Cindy Campbell, 48*, Fairbank, IA	2:01:59	9:49
1397	261	M35	Jim Teusch, 37, Jefferson, IA	2:02:00	9:49
648	117	W35	Susana Collins, 35*, Urbandale, IA	2:02:00	9:49
649	84	W40	Jamie Coakley, 41*, Urbandale, IA	2:02:00	9:49
1398	174	M45	Kent Herink, 49, Johnston, IA	2:02:01	9:49
650	129	W30	Beth Chapman, 30*, West Des Moines, IA	2:02:03	9:49
1399	232	M40	John Mc Donald, 42, Norwalk, IA	2:02:05	9:49
1400	177	M30	Scott Phillips, 34, Sun Prairie, WI	2:02:08	9:50
651	51	W45	Shirley Gilman, 45*, Monroe, IA	2:02:09	9:50
1401	233	M40	Jeff Jacobson, 44, Bellevue, NE	2:02:09	9:50
652	119	W25	Korina Lyons, 25*, Colorado Springs, CO	2:02:10	9:50
1402	161	M25	Charlie Ochanpaugh, 25, Des Moines, IA	2:02:10	9:50
653	130	W30	Kelly Forret, 32*, West Des Moines, IA	2:02:10	9:50
654	85	W40	Sue Weiss, 41*, Ames, IA	2:02:14	9:50
1403	234	M40	Brent Niland, 42, West Des Moines, IA	2:02:15	9:50
1404	262	M35	Scott Smyth, 38, Madrid, IA	2:02:16	9:50
655	86	W40	Juliane Ross, 43*, Clive, IA	2:02:17	9:50
1405	178	M30	Jeffrey Olson, 32, Ankeny, IA	2:02:19	9:50
656	97	W20	Ina Vujica, 20*, Ottumwa, IA	2:02:20	9:51
657	17	W50	Paula Birmingham, 52*, Blair, NE	2:02:21	9:51
1406	175	M45	Joe Ward, 48, Urbandale, IA	2:02:24	9:51
1407	235	M40	Joseph Henkels, 43, Granger, IA	2:02:24	9:51
658	120	W25	Jennifer Garth, 29*, Webster City, IA	2:02:25	9:51
659	118	W35	Kristin Traen, 35*, West Des Moines, IA	2:02:26	9:51
660	121	W25	Julie Aust, 25*, Kansas City, MO	2:02:27	9:51
661	3	W55	Janice Busby, 55*, Dallas Center, IA	2:02:28	9:51
662	119	W35	Jolene Welp, 37*, Ames, IA	2:02:30	9:51
1408	38	JrM	Corey Lesperance, 15, Pella, IA	2:02:30	9:51
663	120	W35	Staci Cardamon, 38*, Polk City, IA	2:02:30	9:51
664	30	W17	Lacey De Groot, 17*, Oskaloosa, IA	2:02:31	9:51
665	87	W40	Lana Degroot, 42*, Oskaloosa, IA	2:02:31	9:51
1409	45	M55	William Chaplin, 57, West Des Moines, IA	2:02:34	9:52
1410	179	M30	Doug Reis, 34, Adel, IA	2:02:35	9:52
666	52	W45	Liz Hilgenberg, 46*, Waukee, IA	2:02:37	9:52
1411	162	M25	Josh Swalla, 26, Waukee, IA	2:02:38	9:52
667	88	W40	Lori Taha, 41*, Des Moines, IA	2:02:40	9:52
668	122	W25	Jennifer Hotze, 28*, Ames, IA	2:02:41	9:52
669	123	W25	Jill Paullus, 25*, Ames, IA	2:02:42	9:52
670	124	W25	Amanda Kellerhals, 29*, Urbandale, IA	2:02:42	9:52
671	131	W30	Melanie Arzani, 30*, Truro, IA	2:02:45	9:53
1412	236	M40	Lane Vellinga, 42, Waukee, IA	2:02:46	9:53
1413	163	M25	Josh Rice, 25, Clayton, MO	2:02:49	9:53
672	89	W40	Kathy Faber, 40*, Clive, IA	2:02:50	9:53

1414	263	M35	Dave Klostermann, 39, Monticello, IA	2:02:50	9:53
673	53	W45	Denise Clark-Burke, 46*, Independence, IA	2:02:52	9:53
674	54	W45	Susan Reynolds, 46*, West Des Moines, IA	2:02:53	9:53
675	98	W20	Raine Vanoort, 21*, Iowa City, IA	2:02:53	9:53
676	99	W20	Cristy Melchert, 23*, Iowa City, IA	2:02:53	9:53
1415	46	M55	Terry Jacobsen, 56, Osceola, IA	2:02:54	9:53
1416	264	M35	Drew Beck, 39, Iowa City, IA	2:02:55	9:53
1417	265	M35	Dan Paca, 36, Muscatine, IA	2:02:57	9:54
677	55	W45	Ginny Rand, 46*, Des Moines, IA	2:02:57	9:54
678	132	W30	Sara Fleecs, 31*, Glidden, IA	2:02:58	9:54
679	133	W30	Jennifer Burns, 32*, Ottumwa, IA	2:02:58	9:54
1418	176	M45	Rodger Hotek, 47, Birmingham, IA	2:03:00	9:54
1419	180	M30	Erik Halling, 31, Port Washington, WI	2:03:01	9:54
1420	132	M50	Rick Johnson, 54, West Des Moines, IA	2:03:03	9:54
680	90	W40	Ginger Moore, 40*, Des Moines, IA	2:03:04	9:54
1421	181	M30	Kevin Fleecs, 31, Glidden, IA	2:03:04	9:54
681	134	W30	Marie Puskas, 30*, West Des Moines, IA	2:03:07	9:54
1422	266	M35	Tom Lynch, 35, Ames, IA	2:03:08	9:54
682	91	W40	Virginia Croskery, 43*, Indianola, IA	2:03:11	9:55
1423	133	M50	Gary Lewis, 51, Waukee, IA	2:03:12	9:55
1424	39	JrM	Theo Erickson, 15, Woodward, IA	2:03:13	9:55
1425	4	M65	Allen Trenkle, 69, Ames, IA	2:03:14	9:55
1426	237	M40	Curt Carlson, 40, Johnston, IA	2:03:14	9:55
1427	177	M45	Edward Wachutka, 48, Chisago City, MN	2:03:15	9:55
683	4	W55	Onnah Deuhs, 56*, Cold Spring, MN	2:03:15	9:55
1428	182	M30	John Carlson, 34, Des Moines, IA	2:03:16	9:55
1429	183	M30	Jim Sutter, 30, Urbandale, IA	2:03:16	9:55
684	121	W35	Lisa Loecher, 38*, Cedar Falls, IA	2:03:20	9:55
1430	178	M45	Brian Walters, 47, Urbandale, IA	2:03:21	9:55
1431	238	M40	Cal Seda, 44, Urbandale, IA	2:03:22	9:56
1432	239	M40	James McGraw, 42, Waukee, IA	2:03:24	9:56
685	92	W40	Brenda McGraw, 42*, Waukee, IA	2:03:29	9:56
1433	96	M20	Cory Heaberlin, 24, Des Moines, IA	2:03:29	9:56
686	56	W45	Mitzi Chizek, 45*, Grimes, IA	2:03:29	9:56
687	57	W45	Shellie Billings, 45*, Dallas Center, IA	2:03:30	9:56
688	125	W25	Mary Schaben, 26*, Des Moines, IA	2:03:30	9:56
689	126	W25	Erin Jordan, 29*, Iowa City, IA	2:03:31	9:56
1434	267	M35	Corrie Feldotto, 35, Urbandale, IA	2:03:32	9:56
690	127	W25	Joy Vermillion, 28*, Des Moines, IA	2:03:32	9:56
1435	64	M17	Cale Kassel, 19, Spencer, IA	2:03:35	9:57
1436	134	M50	Tom Clyne, 53, Clive, IA	2:03:35	9:57
691	93	W40	Sandy Prior, 41*, Atkins, IA	2:03:37	9:57
692	18	W50	Kathleen Goodman, 51*, Colfax, IA	2:03:37	9:57
1437	164	M25	Ben Johns, 26, West Des Moines, IA	2:03:40	9:57
693	94	W40	Andrea Nordaune, 41*, St Paul, MN	2:03:40	9:57
694	95	W40	Shannon Holz, 40*, Cumming, IA	2:03:41	9:57
695	8	JrW	Kelly Van De Kreeke, 15*, West Des Moines, IA	2:03:41	9:57
1438	179	M45	David Porepp, 48, Adel, IA	2:03:42	9:57
1439	135	M50	Mark Phillips, 54, Johnston, IA	2:03:42	9:57
696	122	W35	Sheri Carlson, 36*, Woodbury, MN	2:03:43	9:57
1440	180	M45	Ross Devalois, 48, Iowa City, IA	2:03:44	9:57
697	135	W30	Cassandra Mueller, 31*, Newton, IA	2:03:44	9:57
698	123	W35	Tamara Pretz, 39*, Ames, IA	2:03:47	9:58
1441	165	M25	Avery Binstock, 29, Des Moines, IA	2:03:47	9:58
699	19	W50	Debbie Earleywine, 51*, Des Moines, IA	2:03:47	9:58
700	9	JrW	Jodi Harding, 16*, Des Moines, IA	2:03:48	9:58
1442	21	M60	Edward Hegner, 60, Des Moines, IA	2:03:49	9:58
1443	240	M40	Ravi Vemulapalli, 42, Clive, IA	2:03:49	9:58
1444	241	M40	Martin Ikeda, 41, Urbandale, IA	2:03:50	9:58
1445	136	M50	Gerald Graves, 54, Van Meter, IA	2:03:51	9:58
1446	47	M55	Bob Rush, 59, Cedar Rapids, IA	2:03:52	9:58
1447	242	M40	Doug Tibken, 43, West Des Moines, IA	2:03:52	9:58
1448	137	M50	Bill Seglar, 54, Clive, IA	2:03:53	9:58
1449	243	M40	Tom Guessford, 40, Norwalk, IA	2:03:53	9:58

1450	244	M40	Frank Ross, 42, Clive, IA	2:03:58	9:58
701	100	W20	Abby Thibadeau, 24*, Dubuque, IA	2:04:01	9:59
1451	245	M40	Kent Stock, 42, Marion, IA	2:04:04	9:59
702	101	W20	Leah Paullus, 22*, Des Moines, IA	2:04:04	9:59
703	96	W40	Christina Krieger, 41*, Ames, IA	2:04:07	9:59
704	102	W20	Aimee Reichel, 23*, West Des Moines, IA	2:04:08	9:59
1452	166	M25	Kevin Kozitza, 27, Chicago, IL	2:04:10	9:59
705	136	W30	Jill Youmans, 30*, Indianola, IA	2:04:11	9:59

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1453	181	M45	Paul Peiffer, 46, Ames, IA	2:04:12	10:00
706	124	W35	Sarah Williams, 37*, Cedar Falls, IA	2:04:12	10:00
1454	268	M35	Jeff Dunlap, 38, Des Moines, IA	2:04:14	10:00
707	128	W25	Lori Zehr, 28*, Lees Summit, MO	2:04:15	10:00
708	125	W35	Lanette LeCroy, 39*, Des Moines, IA	2:04:16	10:00
709	126	W35	Stephanie Petrick, 35*, Crystal, MN	2:04:18	10:00
710	97	W40	Michelle Cavanaugh, 44*, Des Moines, IA	2:04:20	10:00
711	137	W30	Berit Thorkelson, 32*, Des Moines, IA	2:04:21	10:00
1455	182	M45	Doug Keast, 46, Altoona, IA	2:04:23	10:00
712	103	W20	Stephanie Meimann, 21*, Nevada, IA	2:04:25	10:01
713	138	W30	Lisa Harms, 31*, Indianola, IA	2:04:26	10:01
1456	5	M65	Don Muff, 67, Ames, IA	2:04:29	10:01
1457	22	M60	John Beamer, 64, Des Moines, IA	2:04:31	10:01
714	139	W30	Kimberly Bakalyar, 34*, Plymouth, MN	2:04:33	10:01
715	58	W45	Nancy Robinson, 46*, Urbandale, IA	2:04:34	10:01
1458	65	M17	Michael Dehaan, 19, Pella, IA	2:04:34	10:01
716	98	W40	Terri Kent, 44*, Des Moines, IA	2:04:35	10:01
717	129	W25	Tina Kenney, 28*, Perry, IA	2:04:37	10:02
1459	138	M50	Steve Blazek, 52, Atlantic, IA	2:04:38	10:02
718	59	W45	Annette Varley, 47*, Menlo, IA	2:04:41	10:02
719	130	W25	Amy Nemec, 26*, River Falls, WI	2:04:43	10:02
720	131	W25	Kristin Busby, 29*, Ankeny, IA	2:04:43	10:02
1460	269	M35	Steven Cassabaum, 38, Nevada, IA	2:04:44	10:02
721	104	W20	Chastity Bowman, 23*, North Liberty, IA	2:04:45	10:02
722	140	W30	Julie Stone, 30*, Des Moines, IA	2:04:46	10:02
723	127	W35	Robyn Vsetecka, 35*, Lawler, IA	2:04:47	10:02
724	132	W25	Heather Warren, 27*, Center Point, IA	2:04:50	10:03
725	141	W30	Beth Barr, 33*, Clarinda, IA	2:04:50	10:03
726	133	W25	Becky Robbins, 29*, Clive, IA	2:04:52	10:03
727	31	W17	Lindsey Beckwith, 18*, Ames, IA	2:04:54	10:03
1461	167	M25	Joshua Stubblefield, 26, West Des Moines, IA	2:04:54	10:03
728	32	W17	Traci Hawley, 18*, Ames, IA	2:04:54	10:03
729	142	W30	Kellie Clubb, 34*, Marion, IA	2:04:56	10:03
730	128	W35	Marla Jeffery, 39*, Marion, IA	2:04:57	10:03
731	129	W35	Lisa Scheppmann, 39*, West Des Moines, IA	2:04:57	10:03
732	130	W35	Barb Scholz, 39*, Des Moines, IA	2:05:01	10:04
1462	270	M35	Matthew Paul, 35, Des Moines, IA	2:05:02	10:04
1463	40	JrM	James Chance, 14, Zearing, IA	2:05:03	10:04
1464	23	M60	Jim Doyle, 60, Granger, IA	2:05:07	10:04
733	134	W25	Mary Fratianni, 29*, West Des Moines, IA	2:05:07	10:04
1465	184	M30	Michael Lee, 34, Ankeny, IA	2:05:08	10:04
734	20	W50	Barb Bachman, 52*, Johnston, IA	2:05:09	10:04
735	99	W40	Mary Ellen Anderson, 42*, Johnston, IA	2:05:09	10:04
736	105	W20	Jill Pearson, 22*, Ames, IA	2:05:10	10:04
1466	6	M65	Leon Hodges, 68, Atlantic, IA	2:05:11	10:04
737	143	W30	Tiffany Koenig, 31*, West Des Moines, IA	2:05:11	10:04
1467	246	M40	Mark Turkal, 40, Solon, IA	2:05:12	10:04
738	135	W25	Cheri Watson, 26*, Ankeny, IA	2:05:12	10:04
739	131	W35	Debra Scorpiniti, 36*, West Des Moines, IA	2:05:14	10:05
740	106	W20	Jill Buchan, 23*, Polk City, IA	2:05:18	10:05
741	132	W35	Tori Haverkamp, 36*, Ames, IA	2:05:19	10:05
742	133	W35	Elisabeth Reynoldson, 36*, Osceola, IA	2:05:20	10:05

1468	97	M20	John Mills, 24, West Des Moines, IA	2:05:24	10:05
743	107	W20	Kathryn Lida, 22*, Minneapolis, MN	2:05:26	10:06
744	144	W30	Julie Heinen, 33*, Ames, IA	2:05:28	10:06
745	100	W40	Joan Henscheid, 42*, Des Moines, IA	2:05:31	10:06
746	134	W35	Kristi Miller, 37*, West Des Moines, KS	2:05:32	10:06
1469	271	M35	Mark Paca, 38, Boone, IA	2:05:32	10:06
747	108	W20	Amy Sirianni, 23*, Indianola, IA	2:05:32	10:06
748	136	W25	Cassie Conrad, 25*, Iowa City, IA	2:05:34	10:06
749	109	W20	Erin Gittins, 21*, Perry, IA	2:05:35	10:06
1470	247	M40	Michael Basart, 42, Stuart, IA	2:05:35	10:06
750	60	W45	Tami Kasper, 46*, Bettendorf, IA	2:05:35	10:06
751	110	W20	Rachel Jacobson, 22*, Iowa City, IA	2:05:36	10:06
1471	272	M35	Edward Modglin, 39, West Des Moines, IA	2:05:41	10:07
752	111	W20	Katie Wheeler, 21*, Ames, IA	2:05:41	10:07
753	145	W30	Mmarianne Robertson, 33*, Urbandale, IA	2:05:42	10:07
1472	248	M40	Roger Merschman, 40, Altoona, IA	2:05:42	10:07
1473	273	M35	Paul Kaufmann, 38, Traer, IA	2:05:43	10:07
754	137	W25	Denise Boozell, 28*, Indianola, IA	2:05:45	10:07
1474	249	M40	Jay Hagedorn, 40, Des Moines, IA	2:05:45	10:07
755	135	W35	Kim O'Brien, 39*, Des Moines, IA	2:05:46	10:07
1475	139	M50	Lonnie Gerber, 54, Pella, IA	2:05:47	10:07
756	146	W30	Lilian Buch, 32*, Ankeny, IA	2:05:48	10:07
1476	140	M50	Gerald Dewald, 54, West Des Moines, IA	2:05:52	10:08
757	138	W25	Emily Wellnitz, 27*, Waterloo, IA	2:05:53	10:08
1477	274	M35	David Shultz, 35, Afton, IA	2:05:54	10:08
1478	41	JrM	Ryan Dicky, 15, Johnston, IA	2:05:55	10:08
1479	141	M50	Kenny Grandstaff, 54, Des Moines, IA	2:05:55	10:08
1480	185	M30	Kevin Hockemeyer, 30, West Des Moines, IA	2:05:56	10:08
758	112	W20	Kelsey Kain, 23*, Des Moines, IA	2:05:57	10:08
759	101	W40	Susan Flaherty, 40*, Desoto, IA	2:05:58	10:08
760	147	W30	Tamara Ford, 30*, West Des Moines, IA	2:05:58	10:08
761	102	W40	Pamela Brown, 41*, Clive, IA	2:05:59	10:08
1481	98	M20	Jay Lettow, 23, Ames, IA	2:05:59	10:08
762	103	W40	Kerry Shelley, 43*, West Des Moines, IA	2:05:59	10:08
1482	250	M40	Mark Asplund, 41, Marion, IA	2:06:00	10:08
763	136	W35	Victoria Pedersen, 37*, Iowa City, IA	2:06:02	10:08
1483	48	M55	Dick Hogan, 57, Urbandale, IA	2:06:02	10:08
764	113	W20	Emily Sexson, 22*, Omaha, NE	2:06:03	10:08
1484	251	M40	Steve Kammeyer, 41, Urbandale, IA	2:06:03	10:08
1485	142	M50	Dave Bartlett, 54, Cedar Falls, IA	2:06:04	10:09
765	114	W20	Missy Gripp, 24*, Indianola, IA	2:06:05	10:09
766	139	W25	Deborah Caslavka, 29*, Des Moines, IA	2:06:08	10:09
1486	186	M30	Rob Hansen, 32, Des Moines, IA	2:06:09	10:09
767	115	W20	Bonnie Jacobsen, 20*, Omaha, NE	2:06:09	10:09
1487	168	M25	Tyler Sexson, 25, Huxley, IA	2:06:09	10:09
768	137	W35	Elizabeth Johnson, 36*, Des Moines, IA	2:06:09	10:09
1488	275	M35	Sean Lyons, 35, Bettendorf, IA	2:06:10	10:09
769	104	W40	Stacey Brown, 40*, Pleasant Hill, IA	2:06:10	10:09
770	148	W30	Xuan Gibson, 32*, Edmond, OK	2:06:14	10:09
771	138	W35	Dina Siedenburgh, 37*, Johnston, IA	2:06:15	10:09
772	105	W40	Clare Gee, 40*, West Des Moines, IA	2:06:15	10:10
1489	252	M40	Tom Stoppelmoor, 40, West Des Moines, IA	2:06:17	10:10
773	106	W40	Terri Vosmek, 42*, Cedar Rapids, IA	2:06:19	10:10
774	149	W30	Lisa Haynes, 33*, Johnston, IA	2:06:20	10:10
1490	183	M45	Robert Cox, 47, West Des Moines, IA	2:06:21	10:10
775	61	W45	Carole Duffy, 45*, West Des Moines, IA	2:06:22	10:10
776	139	W35	Debbie Slump, 37*, Parkville, MO	2:06:24	10:10
777	150	W30	Lyddia Asman, 30*, Grimes, IA	2:06:26	10:10
778	107	W40	Kathy Rogotzke, 40*, Charles City, IA	2:06:29	10:11
779	108	W40	Lynda Cox, 42*, West Des Moines, IA	2:06:29	10:11
1491	276	M35	Phil Weber, 37, Des Moines, IA	2:06:30	10:11
1492	169	M25	Jason Arnold, 26, Des Moines, IA	2:06:33	10:11
1493	184	M45	John Nation, 47, Ogden, IA	2:06:34	10:11
780	140	W25	Natalie Findley, 27*, Pleasant Hill, IA	2:06:36	10:11
781	33	W17	Sarah Mills, 18*, Altoona, IA	2:06:37	10:11

782	109	W40	Mary Devalois, 44*, Iowa City, IA	2:06:39	10:11
783	141	W25	Vicky McCarthy, 27*, Waukee, IA	2:06:40	10:11
784	151	W30	Brenda Kaufman, 34*, Traer, IA	2:06:44	10:12
785	152	W30	Lisa Martin, 34*, Urbandale, IA	2:06:44	10:12
1494	187	M30	Mark Barker, 33, Ankeny, IA	2:06:48	10:12
1495	185	M45	Steve Ponsetto, 45, Ankeny, IA	2:06:49	10:12
786	140	W35	Gloria Carr, 38*, Charles City, IA	2:06:49	10:12
1496	143	M50	Jim Martin, 51, West Des Moines, IA	2:06:51	10:12
787	62	W45	Linda Rogers, 45*, Urbandale, IA	2:06:51	10:12
1497	253	M40	Jay Erickson, 43, Clive, IA	2:06:52	10:12
788	116	W20	Pamela Lerch, 24*, Kansas City, MO	2:06:53	10:13
789	153	W30	Amy Gates, 34*, Urbandale, IA	2:06:54	10:13
790	110	W40	Kirsten Klepper, 42*, Algona, IA	2:06:54	10:13
1498	254	M40	Al Klepper, 41, Algona, IA	2:06:57	10:13
791	117	W20	Shelby Schultes, 22*, Kansas City, MO	2:06:57	10:13
792	21	W50	Robin Satterwhite, 52*, Colorado Springs, CO	2:06:59	10:13
1499	66	M17	Matthew Konen, 17, Maxwell, IA	2:07:00	10:13
793	141	W35	Caroll Benson, 39*, Des Moines, IA	2:07:04	10:13
794	142	W25	Rebecca Klocke, 28*, Urbandale, IA	2:07:04	10:13
795	63	W45	Sue Elliott, 47*, Ankeny, IA	2:07:05	10:14
796	143	W25	Jennifer Recknor, 27*, Ames, IA	2:07:06	10:14
797	144	W25	Tammie Freund, 28*, Griswold, IA	2:07:08	10:14
798	145	W25	Joanna Habeger, 26*, Des Moines, IA	2:07:09	10:14
799	146	W25	Katie Sandre, 25*, Urbandale, IA	2:07:09	10:14
1500	188	M30	Jason Boten, 33, Urbandale, IA	2:07:10	10:14
1501	189	M30	Cory Abbas, 31, Des Moines, IA	2:07:10	10:14
800	10	JrW	Anne Dutton, 15*, West Des Moines, IA	2:07:11	10:14
1502	186	M45	Brandt Williamson, 47, Des Moines, IA	2:07:13	10:14
801	154	W30	Kristine Cook, 32*, Creston, IA	2:07:16	10:14
1503	255	M40	Paul Witmer, 41, Des Moines, IA	2:07:18	10:15
1504	187	M45	Denny Henrich, 47, Des Moines, IA	2:07:19	10:15
1505	277	M35	Matt Somers, 36, Creston, IA	2:07:21	10:15
1506	144	M50	John Quinnell, 50, West Des Moines, IA	2:07:21	10:15
1507	145	M50	Richard Tittle, 52, West Des Moines, IA	2:07:22	10:15
1508	188	M45	David Huey, 48, West Des Moines, IA	2:07:24	10:15
802	64	W45	Jennifer Seales, 47*, Rhodes, IA	2:07:24	10:15
803	142	W35	Toni Leisinger, 38*, Council Bluffs, IA	2:07:26	10:15
1509	278	M35	Jordan Bruntz, 38, Baxter, IA	2:07:28	10:15
804	111	W40	Debora Christensen, 42*, Adel, IA	2:07:30	10:15
1510	189	M45	Randy Dunn, 47, Neosho, MO	2:07:30	10:15
1511	256	M40	Tim McKinney, 40, St Charles, IA	2:07:31	10:16
1512	24	M60	Marv Maass, 62, Webster City, IA	2:07:31	10:16
805	143	W35	Laurie McKinney, 39*, St Charles, IA	2:07:31	10:16
806	112	W40	Shari Turner, 43*, Clive, IA	2:07:31	10:16
807	147	W25	Sheila Kennedy, 29*, Urbandale, IA	2:07:32	10:16
808	113	W40	Pamela Wilson, 44*, Johnston, IA	2:07:32	10:16
1513	146	M50	Rik Anderson, 52, Plainfield, IL	2:07:33	10:16
809	155	W30	Joy Carter, 32*, Des Moines, IA	2:07:35	10:16
810	144	W35	Sharon Grice, 36*, Mount Vernon, IA	2:07:36	10:16
1514	147	M50	Thomas Forbes, 53, Fort Dodge, IA	2:07:37	10:16
1515	190	M30	Daniel Jordan, 34, Collins, IA	2:07:39	10:16
811	65	W45	Nancy Hefner, 47*, Grimes, IA	2:07:40	10:16
1516	25	M60	Kenneth Lathrum, 61, Omaha, NE	2:07:45	10:17
812	118	W20	Kelli Krogman, 24*, Ankeny, IA	2:07:46	10:17
1517	26	M60	Arlo Van Diest, 63, Webster City, IA	2:07:46	10:17
1518	190	M45	Brad Smith, 46, Beaman, IA	2:07:47	10:17
1519	191	M45	Jim Chambers, 45, Elk Horn, IA	2:07:48	10:17
1520	191	M30	Mark Pollmann, 33, Ames, IA	2:07:48	10:17
1521	192	M30	Michael Condon, 32, Overland Park, KS	2:07:49	10:17
813	114	W40	Stacey Clark, 42*, Des Moines, IA	2:07:49	10:17
814	115	W40	Lisa Beh, 43*, Des Moines, IA	2:07:50	10:17
1522	279	M35	Michael Perry, 38, West Des Moines, IA	2:07:50	10:17
815	148	W25	Kristin Chapman, 25*, West Des Moines, IA	2:07:50	10:17
1523	257	M40	Stephen McGinnis, 41, Indianola, IA	2:07:50	10:17

1524	148	M50	Larry Abbas, 54, Adel, IA	2:07:52	10:17
816	116	W40	Mary Cawley, 42*, Urbandale, IA	2:07:53	10:17
817	117	W40	Joan Wollenzien, 42*, West Des Moines, IA	2:07:54	10:17
818	66	W45	Audrey Porter, 45*, Urbandale, IA	2:07:55	10:18
1525	149	M50	David Larson, 51, Newton, IA	2:07:55	10:18
819	119	W20	Sarah Wright, 22*, Des Moines, IA	2:08:00	10:18
1526	150	M50	Lloyd Ludolph, 52, Cedar Rapids, IA	2:08:00	10:18
820	149	W25	Jennifer McClimon, 29*, Iowa City, IA	2:08:01	10:18
1527	193	M30	Brian Arpy, 33, Altoona, IA	2:08:01	10:18
821	150	W25	Dawn Eimecs, 29*, Urbandale, IA	2:08:03	10:18
1528	170	M25	Jason Mickelson, 25, Ames, IA	2:08:04	10:18
822	151	W25	Greta Southall, 29*, Indianola, IA	2:08:04	10:18
823	156	W30	Penny Gerholdt, 34*, Cedar Falls, IA	2:08:07	10:18
1529	258	M40	William Rhodes, 40, Miami, FL	2:08:07	10:18
1530	171	M25	Lander Reid, 25, Ames, IA	2:08:08	10:19
824	120	W20	Amy Schminke, 21*, Ames, IA	2:08:09	10:19
825	118	W40	Kathryn Finney, 43*, Des Moines, IA	2:08:09	10:19
1531	172	M25	John Hembry, 29, Indianola, IA	2:08:11	10:19
1532	192	M45	Bob Osgood, 46, Cedar Falls, IA	2:08:13	10:19
1533	194	M30	Chris Norvell, 33, Sioux City, IA	2:08:14	10:19
826	67	W45	Eileen Brown, 45*, Cedar Rapids, IA	2:08:15	10:19
827	157	W30	Kris Kingston, 34*, Des Moines, IA	2:08:16	10:19
1534	27	M60	Barry Rush, 60, Bettendorf, IA	2:08:16	10:19
828	152	W25	Laura Cressy, 27*, Clive, IA	2:08:18	10:19
829	119	W40	Susan Shoup, 44*, Lemars, IA	2:08:19	10:19
830	158	W30	Tiffini Dehaan, 31*, West Des Moines, IA	2:08:19	10:19
1535	173	M25	Adam Nelson, 28, Waukee, IA	2:08:21	10:20
831	120	W40	Colleen Rhodes, 43*, Coralville, IA	2:08:21	10:20
832	145	W35	Meredith Konz, 36*, Des Moines, IA	2:08:22	10:20
1536	174	M25	Jared Oswald, 28, Brookings, SD	2:08:23	10:20
833	153	W25	Wendy Brenner, 28*, Coralville, IA	2:08:24	10:20
1537	195	M30	Steven Mitchell, 32, Pleasant Hill, IA	2:08:24	10:20
834	154	W25	Michele Wilson, 28*, Coralville, IA	2:08:24	10:20
1538	99	M20	Mike Castagnoli, 20, Waukee, IA	2:08:24	10:20
835	155	W25	Abby Huntrods, 25*, Nevada, IA	2:08:26	10:20
1539	196	M30	Erik Roys, 33, Jewell, IA	2:08:30	10:20
836	156	W25	Becky Cox, 28*, Van Meter, IA	2:08:31	10:20
1540	175	M25	Zachary Moore, 27, Des Moines, IA	2:08:34	10:21
1541	100	M20	Brian Dorn, 23, Ames, IA	2:08:34	10:21
1542	151	M50	Steven Juehring, 50, Marion, IA	2:08:39	10:21
1543	42	JrM	Nicholas Fox, 15, Madrid, IA	2:08:42	10:21
1544	49	M55	Moe Russell, 55, Panora, IA	2:08:43	10:21
1545	197	M30	Grant Taylor, 31, Westminster, CO	2:08:45	10:22
837	157	W25	Crystal Estabrook, 25*, Marshalltown, IA	2:08:48	10:22
838	159	W30	Suzy Marker, 32*, Ankeny, IA	2:08:50	10:22
839	146	W35	Michelle Sieber, 36*, Clive, IA	2:08:51	10:22
840	68	W45	Colleen Dooley, 47*, Urbandale, IA	2:08:52	10:22
1546	259	M40	Matt Lawson, 40, Clive, IA	2:08:52	10:22
1547	260	M40	William Feller, 42, Charles City, IA	2:08:53	10:22
841	158	W25	Wanda Kennedy, 29*, Iowa City, IA	2:08:53	10:22
842	121	W20	Amber Berglund, 24*, Ankeny, IA	2:08:54	10:22
843	122	W20	Amanda Doran, 24*, Rippey, IA	2:08:54	10:22
1548	280	M35	Andrew Hall, 39, Des Moines, IA	2:08:56	10:22
1549	176	M25	Nicholas Scott, 27, Cedar Rapids, IA	2:08:57	10:22
844	123	W20	Brooke Ohnemus, 21*, Des Moines, IA	2:08:58	10:23
1550	152	M50	Mark Ohnemus, 51, Carlisle, IA	2:09:00	10:23
1551	7	M65	Rollin Perry, 65, Cedar Falls, IA	2:09:00	10:23
845	147	W35	Lora Noesen, 38*, Newton, IA	2:09:01	10:23
1552	281	M35	Tim Eschweiler, 35, Duluth, MN	2:09:02	10:23
846	121	W40	Lisa Rasmussen, 40*, Goldfield, IA	2:09:02	10:23
1553	177	M25	Mike Smith, 28, Grimes, IA	2:09:03	10:23
847	148	W35	Robin Steinkamp, 37*, Des Moines, IA	2:09:03	10:23
1554	153	M50	John Becker, 53, Cedar Rapids, IA	2:09:03	10:23
848	22	W50	Elizabeth Sutter, 54*, Des Moines, IA	2:09:04	10:23
1555	193	M45	Cameron Deemer, 45, Mesa, AZ	2:09:05	10:23

1556	8	M65	Bob Hopson, 67, Altoona, IA	2:09:06	10:23
849	122	W40	Sandra Werner, 40*, Walker, IA	2:09:09	10:23
850	69	W45	Rhonda Anderson, 45*, Clive, IA	2:09:10	10:24
1557	282	M35	Kreg Lensch, 38, Glidden, IA	2:09:14	10:24
1558			#3325	2:09:20	10:24
1559	101	M20	Nate McLaren, 24, West Des Moines, IA	2:09:23	10:25
851	23	W50	Mary Gross, 51*, Des Moines, IA	2:09:23	10:25
852	123	W40	Denise McConnell, 43*, Des Moines, IA	2:09:23	10:25
853	149	W35	Sandy Mensen, 35*, Delhi, IA	2:09:24	10:25
854	159	W25	Katherine Fischer, 26*, Emmetsburg, IA	2:09:26	10:25
855	150	W35	Conni Crees, 37*, Des Moines, IA	2:09:27	10:25
856	34	W17	Megan Greving, 19*, Ames, IA	2:09:29	10:25
1560	194	M45	Pete Hutchison, 49, Urbandale, IA	2:09:29	10:25
1561	198	M30	Joe Frentress, 31, Pleasant Hill, IA	2:09:32	10:25
857	151	W35	Tiffany Reese, 37*, Ankeny, IA	2:09:33	10:25
1562	283	M35	Richard King, 39, Boone, IA	2:09:33	10:25
858	24	W50	Dawne Buhrow, 51*, Colo, IA	2:09:33	10:25
859	124	W40	Jane Galyon, 43*, Ames, IA	2:09:34	10:25
860	125	W40	Allison Berryhill, 44*, Atlantic, IA	2:09:35	10:26
1563	284	M35	Brian Nicolet, 36, Des Moines, IA	2:09:35	10:26
1564	195	M45	Jim Porter, 49, Iowa City, IA	2:09:36	10:26
1565	178	M25	Peter Reitano, 27, Grimes, IA	2:09:37	10:26
861	152	W35	Teresa Ward, 39*, Urbandale, IA	2:09:41	10:26
1566	285	M35	Charlie Graves, 39, Kalona, IA	2:09:41	10:26
1567	196	M45	Andrew Stroud, 45, Des Moines, IA	2:09:42	10:26
862	153	W35	Cherie Swanson, 38*, Pella, IA	2:09:46	10:26
863	160	W25	Casey McMurray, 25*, West Des Moines, IA	2:09:48	10:27
864	161	W25	Jill Funke, 27*, Hopkins, MN	2:09:49	10:27
1568	197	M45	Marty Kalton, 46, Des Moines, IA	2:09:51	10:27
865	35	W17	Lyndsey Cozad, 19*, Des Moines, IA	2:09:56	10:27
866	162	W25	Kate Kempers, 25*, Ankeny, IA	2:09:56	10:27
867	154	W35	Linda Hardie, 39*, Ankeny, IA	2:09:58	10:27
868	160	W30	Jackie Safley, 33*, Des Moines, IA	2:09:58	10:27
1569	286	M35	Frank Seubold, 39, Rose Pine, LA	2:10:01	10:28
1570	102	M20	Cody Carter, 21, Ames, IA	2:10:03	10:28
869	36	W17	Haley Younger, 19*, Ames, IA	2:10:03	10:28
1571	198	M45	Ed Larsen, 48, Urbandale, IA	2:10:04	10:28
1572	179	M25	Ben Evans, 25, Ankeny, IA	2:10:05	10:28
1573	287	M35	Jeffrey Cronin, 36, Urbandale, IA	2:10:06	10:28
870	161	W30	Shannon Petersen, 32*, West Des Moines, IA	2:10:08	10:28
1574	9	M65	Donald Judisch, 67, Clive, IA	2:10:08	10:28
871	124	W20	Amanda Jensen, 20*, Marshalltown, IA	2:10:08	10:28
872	70	W45	Paula Long, 49*, Kailua Kona, HI	2:10:09	10:28
873	163	W25	Amber Deer, 25*, Overland Park, KS	2:10:11	10:28
874	71	W45	Elaine Lindaman, 49*, Carlisle, IA	2:10:14	10:29
875	155	W35	Connie Ten Napel, 36*, Jefferson, IA	2:10:15	10:29
876	126	W40	Joyce Hagley, 42*, Ames, IA	2:10:16	10:29
1575	261	M40	Steve Timmons, 44, Polk City, IA	2:10:18	10:29
877	164	W25	Julie Vardaman, 28*, Ames, IA	2:10:19	10:29
878	11	JrW	Emma Shipley, 14*, Carlisle, IA	2:10:20	10:29
879	156	W35	Dawn Potts, 37*, Dubuque, IA	2:10:24	10:29
880	165	W25	Ronda Humpal, 29*, Asbury, IA	2:10:24	10:29
881	127	W40	Jennifer Cannon, 42*, West Des Moines, IA	2:10:25	10:30
1576	50	M55	Bernard Jennisch, 55, Des Moines, IA	2:10:25	10:30
882	128	W40	Tracy Cheney, 41*, West Des Moines, IA	2:10:25	10:30
1577	199	M45	John Lott, 48, Ames, IA	2:10:25	10:30
883	162	W30	Bridget Evans, 34*, Pleasant Hill, IA	2:10:26	10:30
884	157	W35	Jyl Wyckoff, 35*, Ankeny, IA	2:10:26	10:30
885	129	W40	Shellie Bolt, 41*, Reinbeck, IA	2:10:27	10:30
1578	200	M45	James Wakelin, 46, Bloomfield, IA	2:10:27	10:30
1579	201	M45	Greg Blessen, 49, Fairway, KS	2:10:28	10:30
1580	262	M40	Kyle Vondracek, 41, Cedar Rapids, IA	2:10:29	10:30
886	158	W35	Cheryl Read, 38*, Marion, IA	2:10:32	10:30
1581	263	M40	Eric Bullock, 43, Callender, IA	2:10:32	10:30

887	159	W35	Brinda Taylor, 38*, Ankeny, IA	2:10:33	10:30
1582	51	M55	Tom O'Brien, 56, Urbandale, IA	2:10:33	10:30
1583	52	M55	Gary Fall, 56, Des Moines, IA	2:10:36	10:30
1584	264	M40	Phil Shipley, 42, Carlisle, IA	2:10:37	10:31
888	160	W35	Angie Rice, 36*, Clive, IA	2:10:38	10:31
1585	199	M30	Erik McCollaugh, 30, Ankeny, IA	2:10:38	10:31
1586	200	M30	Jason Faidley, 31, Newton, IA	2:10:39	10:31
889	125	W20	Bryony McCollaugh, 23*, Ankeny, IA	2:10:40	10:31
1587	201	M30	Brian Hostetter, 31, Ankeny, IA	2:10:41	10:31
890	163	W30	Staci Kadolph, 30*, Ankeny, IA	2:10:41	10:31
1588	265	M40	Roger Lanman, 41, Norwalk, IA	2:10:41	10:31
1589	266	M40	Kent Landhuis, 41, Cedar Rapids, IA	2:10:43	10:31
1590	180	M25	Jeff Nieting, 27, West Des Moines, IA	2:10:45	10:31
1591	181	M25	Jeff Meyers, 27, West Des Moines, IA	2:10:46	10:31
1592	288	M35	Dan Hagerty, 39, Bondurant, IA	2:10:46	10:31
1593	267	M40	James Metzger, 42, Marshalltown, IA	2:10:47	10:31
1594	182	M25	Doug Enabnit, 25, Waukee, IA	2:10:49	10:31
1595	28	M60	Don Puck, 61, Des Moines, IA	2:10:53	10:32
891	72	W45	Paula Dierenfeld, 49*, Johnston, IA	2:10:56	10:32
892	73	W45	Sandy Fagre, 48*, Ames, IA	2:10:57	10:32
893	126	W20	Elizabeth Cox, 24*, Marion, IA	2:10:59	10:32
1596	202	M30	Eric Sorensen, 34, West Des Moines, IA	2:11:03	10:33
894	166	W25	Robin Wastenev, 29*, Urbandale, IA	2:11:03	10:33
895	167	W25	Andrea Quam, 28*, Urbandale, IA	2:11:03	10:33
1597	268	M40	Joe Coy, 42, West Des Moines, IA	2:11:04	10:33
1598	202	M45	Don Koepsel, 47, Ventura, IA	2:11:04	10:33
1599	103	M20	Andrew Ostbloom, 20, Des Moines, IA	2:11:06	10:33
896	130	W40	Kathryn Breitbach, 43*, Iowa City, IA	2:11:08	10:33
897	5	W55	Carolyn McLean, 58*, Prattville, AL	2:11:10	10:33
898	164	W30	Carol Gschwendtner, 32*, Eden Prairie, MN	2:11:12	10:33
1600	53	M55	Norm Ostbloom, 56, Des Moines, IA	2:11:16	10:34
899	161	W35	Joyce Funke, 39*, Dyersville, IA	2:11:16	10:34
1601	203	M45	Jeff Steinfeldt, 48, Johnston, IA	2:11:17	10:34
1602	269	M40	Perry Geneser, 44, Grimes, IA	2:11:18	10:34
900	127	W20	Angela Christensen, 23*, Marshalltown, IA	2:11:19	10:34
1603	29	M60	Jack Voss, 63, Stanwood, IA	2:11:22	10:34
901	128	W20	Ashley Vanaistine, 20*, Eagle Grove, IA	2:11:23	10:34
902	162	W35	Ann Hudson, 35*, West Des Moines, IA	2:11:25	10:34
903	25	W50	Katherine Eckhouse, 53*, Des Moines, IA	2:11:29	10:35
904	131	W40	Sarah Christensen, 43*, Audubon, IA	2:11:32	10:35
1604	183	M25	Joe Vogel, 29, Des Moines, IA	2:11:32	10:35
905	163	W35	Shannon Wingrove, 35*, Denison, IA	2:11:34	10:35
906	165	W30	Dianna Dunlavey, 31*, Ankeny, IA	2:11:34	10:35
1605	204	M45	Thomas Guillaume, 45, Urbandale, IA	2:11:35	10:35
907	129	W20	Kasey Strosahl, 22*, Ames, IA	2:11:35	10:35
908	168	W25	Tricia Thompson Scott, 29*, West Des Moines, IA	2:11:37	10:35
1606	54	M55	Pat Kozitza, 55, Des Moines, IA	2:11:38	10:35
1607	154	M50	Mike Cunningham, 52, Clive, IA	2:11:39	10:36
1608	155	M50	Terry Grapentine, 53, Ankeny, IA	2:11:40	10:36
909	166	W30	Tanya Wentzel, 31*, Des Moines, IA	2:11:40	10:36
910	164	W35	Jody Haws, 37*, Ankeny, IA	2:11:40	10:36
1609	104	M20	Jefferson Bishop, 24, Minneapolis, MN	2:11:42	10:36
1610	30	M60	Jim Jefson, 62, West Des Moines, IA	2:11:43	10:36
911	130	W20	Joelle Purcell, 22*, Annandale, MN	2:11:44	10:36
1611	203	M30	Brent Lenz, 32, West Des Moines, IA	2:11:45	10:36
1612	270	M40	Mark Mernone, 41, Dallas Center, IA	2:11:46	10:36
1613	184	M25	David Owens, 27, Cedar Rapids, IA	2:11:46	10:36
912	165	W35	Jeanne Thomas, 39*, Fairfield, IA	2:11:48	10:36
913	167	W30	Tami Westhoff, 34*, Marion, IA	2:11:50	10:36
914	168	W30	Kristy Potter, 33*, West Des Moines, IA	2:11:50	10:36
915	132	W40	Audrey Wheeler, 43*, Ames, IA	2:11:50	10:36
916	133	W40	Nancy Brown, 40*, West Des Moines, IA	2:11:53	10:37
1614	156	M50	James Thompson, 54, Huxley, IA	2:11:54	10:37
917	134	W40	Susan Dansereau, 41*, Cinninnat, OH	2:11:54	10:37

918	169	W25	Jill Owens, 26*, Cedar Rapids, IA	2:11:54	10:37
1615	289	M35	Sean McNunn, 36, Cumming, IA	2:11:55	10:37
1616	271	M40	Michael Scoblic, 40, Waukee, IA	2:11:55	10:37
1617	204	M30	Brian Casey, 33, Boone, IA	2:11:56	10:37
1618	290	M35	Tommy Morris, 38, Johnston, IA	2:11:59	10:37
919	170	W25	Danelle Schmitz, 29*, Greeley, CO	2:12:01	10:37
920	74	W45	Kim Coppey, 48*, Coralville, IA	2:12:02	10:37
921	135	W40	Colleen Erickson, 43*, Huxley, IA	2:12:04	10:38
1619	291	M35	Patrick Miller, 38, West Des Moines, IA	2:12:05	10:38
922	169	W30	Christy Hofferber, 31*, Waukee, IA	2:12:06	10:38
1620	292	M35	Andrew Finney, 37, Des Moines, IA	2:12:07	10:38
923	171	W25	Angela Kelly, 29*, Omaha, NE	2:12:08	10:38
924	136	W40	Tess Balsley, 40*, Ames, IA	2:12:09	10:38
925	172	W25	Lisa Snyder, 29*, Ames, IA	2:12:09	10:38
926	170	W30	Joy Miller, 34*, Ames, IA	2:12:09	10:38
927	166	W35	Sindy Friedrich, 35*, Ames, IA	2:12:11	10:38
928	173	W25	Amy Finnegan, 29*, West Des Moines, IA	2:12:12	10:38
1621	205	M30	Brad McClimon, 30, Iowa City, IA	2:12:16	10:38
929	6	W55	Catherine Smith, 55*, West Des Moines, IA	2:12:18	10:39
930	167	W35	Cheryl Cochran, 37*, Urbandale, IA	2:12:19	10:39
931	26	W50	Diane Drake, 52*, Boone, IA	2:12:20	10:39
1622	157	M50	Walter Hunt, 53, Council Bluffs, IA	2:12:20	10:39
932	75	W45	Barb Blane, 48*, West Des Moines, IA	2:12:22	10:39
1623	158	M50	Howard Hunt, 54, Dixon, IA	2:12:23	10:39
1624	185	M25	Bart Brandon, 27, Des Moines, IA	2:12:23	10:39
933	168	W35	Julie Shepard, 38*, West Des Moines, IA	2:12:27	10:39
1625	55	M55	Michael Kent, 59, Des Moines, IA	2:12:28	10:39
934	174	W25	Tracey Kraft, 28*, Urbandale, IA	2:12:29	10:40
935	171	W30	Sally Overton, 34*, Des Moines, IA	2:12:33	10:40
936	175	W25	Tracy Adams, 29*, Des Moines, IA	2:12:34	10:40
937	176	W25	Tiffany Wendling, 28*, McCook Lake, SD	2:12:35	10:40
938	177	W25	Angie Belger, 27*, Urbandale, IA	2:12:37	10:40
939	172	W30	Stephanie Miller, 34*, Des Moines, IA	2:12:37	10:40
1626	105	M20	Jeremy Hoffman, 20, Ankeny, IA	2:12:38	10:40
940	7	W55	Kathleen Ricker, 58*, Des Moines, IA	2:12:40	10:40
1627	31	M60	Tom Broker, 62, Des Moines, IA	2:12:41	10:41
941	173	W30	Susanna Kavadas, 30*, Ankeny, IA	2:12:42	10:41
1628	293	M35	Alan Brawner, 38, Clive, IA	2:12:44	10:41
1629	206	M30	Mike Pollmann, 30, Kansas City, MO	2:12:44	10:41
1630	205	M45	Jeffrey Glantz, 49, Cedar Rapids, IA	2:12:45	10:41
942	131	W20	Angela Veldhuizen, 20*, Ames, IA	2:12:45	10:41
943	76	W45	Natalie Welter, 46*, Ames, IA	2:12:47	10:41
944	132	W20	Melea Licht, 24*, Ames, IA	2:12:48	10:41
945	178	W25	Ellen Shertzer, 27*, Ames, IA	2:12:48	10:41
946	77	W45	Julie Larson, 49*, Ames, IA	2:12:48	10:41
947	179	W25	Kathryn Minor, 27*, Waukee, IA	2:12:48	10:41
948	133	W20	Cassandra Long, 21*, Naperville, IL	2:12:50	10:41
1631	272	M40	Steven Kuhlmann, 42, Laporte City, IA	2:12:52	10:41
949	27	W50	Donna Olson, 51*, Kimballton, IA	2:12:54	10:42
950	37	W17	Krystal Crees, 19*, West Des Moines, IA	2:13:00	10:42
951	134	W20	Linette Tibben, 24*, Des Moines, IA	2:13:01	10:42
952	135	W20	Emily Hora, 23*, West Des Moines, IA	2:13:02	10:42
953	38	W17	Kristen Shaffer, 18*, Coralville, IA	2:13:03	10:42
1632	32	M60	Bob Brown, 61, Iowa City, IA	2:13:07	10:43
1633	186	M25	Ryan Long, 29, Ankeny, IA	2:13:09	10:43
954	78	W45	Dorothy Dickens, 49*, Ankeny, IA	2:13:10	10:43
1634	56	M55	David Dickens, 56, Ankeny, IA	2:13:10	10:43
1635	207	M30	Michael McDaniel, 34, Des Moines, IA	2:13:11	10:43
1636	294	M35	Michael Carter, 39, Des Moines, IA	2:13:12	10:43
1637	33	M60	Ron Rush, 64, Bloomington, MN	2:13:13	10:43
1638	159	M50	Jesse Crees, 52, West Des Moines, IA	2:13:15	10:43
955	79	W45	Diane Anderson, 45*, Lamoni, IA	2:13:17	10:43
1639	206	M45	John Moran, 46, Story City, IA	2:13:19	10:44
1640	295	M35	Ford Singbush, 35, Johnston, IA	2:13:21	10:44
956	174	W30	Michell Distefano-Benak, 30*, Omaha, NE	2:13:24	10:44

957	180	W25	Melanie Buchanan, 28*, West Des Moines, IA	2:13:27	10:44
1641	208	M30	Leon Pickett, 30, Ames, IA	2:13:29	10:44
958	8	W55	Paula Odefey, 56*, Red Oak, IA	2:13:29	10:44
1642	160	M50	Tom Seaberg, 51, Des Moines, IA	2:13:31	10:45
1643	106	M20	Jack Swarm, 23, Mt Pleasant, IA	2:13:32	10:45
959	80	W45	Kristine Kudrna, 46*, Delhi, IA	2:13:33	10:45
1644	57	M55	Curt Swarm, 55, Mt Pleasant, IA	2:13:33	10:45
960	181	W25	Shonna Berridge, 27*, Des Moines, IA	2:13:34	10:45
961	182	W25	Amber May, 25*, Des Moines, IA	2:13:34	10:45
1645	34	M60	Richard Doak, 63, Johnston, IA	2:13:35	10:45
1646	296	M35	Darin Garman, 37, Marion, IA	2:13:40	10:45
962	9	W55	Flora Cassiliano, 56*, Iowa City, IA	2:13:41	10:45
963	28	W50	Darla Emery, 50*, Ames, IA	2:13:45	10:46
964	136	W20	Kelli Feenstra, 24*, Rock Valley, IA	2:13:45	10:46
965	137	W20	Meghan Lynch, 23*, Grundy Center, IA	2:13:45	10:46
966	29	W50	Ann Jones, 51*, Marshalltown, IA	2:13:46	10:46
967	175	W30	Kimberly Willemsen, 32*, Royal, IA	2:13:46	10:46
968	81	W45	Beth Snow-Ketchum, 47*, Spencer, IA	2:13:47	10:46
1647	297	M35	Wes Pranschke, 39, Des Moines, IA	2:13:50	10:46
969	176	W30	Heidi Elliott, 33*, Rochester, MN	2:13:52	10:46
970	183	W25	Marilyn Jansma, 28*, Ankeny, IA	2:13:54	10:46
971	30	W50	Coleen Waage, 53*, West Des Moines, IA	2:13:55	10:47
1648	107	M20	Adam Meeker, 20, Ogden, IA	2:13:56	10:47
972	39	W17	Cat Carlson, 17*, Clive, IA	2:13:59	10:47
1649	67	M17	Jeffrey Trammell, 17, Sioux City, IA	2:13:59	10:47
1650	161	M50	Thomas Vilsack, 53, Des Moines, IA	2:14:00	10:47
973	82	W45	Penny Adam, 45*, Ames, IA	2:14:00	10:47
974	184	W25	Kelly Brown, 25*, Des Moines, IA	2:14:01	10:47
975	169	W35	Wendy Nevenhoven, 39*, Johnston, IA	2:14:02	10:47
976	170	W35	Shelley Birmingham, 37*, Johnston, IA	2:14:02	10:47
977	185	W25	Julie Kuennen, 26*, Kansas City, KS	2:14:02	10:47
1651	35	M60	Max Schott, 60, Des Moines, IA	2:14:04	10:47
978	137	W40	Lisa Penland, 44*, Adel, IA	2:14:07	10:47
1652	207	M45	Jim Gosser, 47, Davenport, IA	2:14:08	10:48
979	31	W50	Tiare Mathison-Bowie, 51*, Newton, IA	2:14:08	10:48
980	177	W30	Bridget Hrabe, 30*, St. Paul, MN	2:14:11	10:48
981	32	W50	Barb Pedersen, 50*, Ames, IA	2:14:11	10:48
982	171	W35	Jill Barrick, 35*, Altoona, IA	2:14:12	10:48
1653	273	M40	Jeff Damman, 42, Ankeny, IA	2:14:12	10:48
1654	298	M35	Dave Quinn, 35, Kentwood, MI	2:14:15	10:48
983	178	W30	Carrie Wolter, 34*, West Des Moines, IA	2:14:17	10:48
984	186	W25	Danielle Carroll, 26*, West Des Moines, IA	2:14:19	10:48
985	187	W25	Annie Johnson, 25*, West Des Moines, IA	2:14:21	10:49
986	172	W35	Charlene Beattie, 39*, Des Moines, IA	2:14:22	10:49
987	188	W25	Kimberly Hembry, 27*, Indianola, IA	2:14:22	10:49
1655	209	M30	Chris Champion, 33, Des Moines, IA	2:14:24	10:49
988	173	W35	Cindy Inman, 38*, Kingsley, IA	2:14:25	10:49
989	40	W17	Nicole Lauzon, 17*, Boone, IA	2:14:26	10:49
990	138	W40	Tracy Repp, 40*, Minburn, IA	2:14:27	10:49
991	179	W30	Amber Andersen, 34*, Strafford, IA	2:14:27	10:49
992	138	W20	Ashley McKenna, 23*, Iowa City, IA	2:14:29	10:49
993	180	W30	Alecia Rahn-Blakeslee, 31*, Ankeny, IA	2:14:31	10:49
1656	36	M60	R Thompson, 62, Ames, IA	2:14:34	10:50
994	139	W40	Jo Latham, 44*, Prairie City, IA	2:14:36	10:50
1657	299	M35	Bobby Chance, 39, Zearing, IA	2:14:38	10:50
995	181	W30	Barb Masters, 34*, Leon, IA	2:14:39	10:50
1658	274	M40	Borden Plunkett, 42, Mason City, IA	2:14:39	10:50
1659	208	M45	David Dahlquist, 46, Des Moines, IA	2:14:41	10:50
1660	162	M50	Larry Jablonski, 52, Urbandale, IA	2:14:41	10:50
996	83	W45	Cheryl Dahlquist, 45*, Des Moines, ID	2:14:42	10:50
1661	187	M25	Eric Friedrich, 25, Oxford, IA	2:14:42	10:50
997	139	W20	Leslie Tiedtke, 20*, Cedar Rapids, IA	2:14:42	10:50
998	10	W55	Jolynn Glanzer, 56*, Cedar Rapids, IA	2:14:44	10:50

999	174	W35	Lindcay Jahde, 36*, Anita, IA	2:14:45	10:51
1000	140	W20	Melissa Friedrich, 24*, Oxford, IA	2:14:49	10:51
1662	163	M50	Dennis Howard, 50, Des Moines, IA	2:14:49	10:51
1001	182	W30	Jessica O'Mara, 31*, Des Moines, IA	2:14:49	10:51
1663	275	M40	Todd Erickson, 42, North Liberty, IA	2:14:51	10:51
1664	210	M30	Craig Scott, 31, Des Moines, IA	2:14:53	10:51
1002	33	W50	Marty Ohrt, 53*, Scottsdale, AZ	2:15:00	10:52
1003	84	W45	Theresa Menough, 49*, Urbandale, IA	2:15:02	10:52
1665	211	M30	Keith Borness, 32, West Des Moines, IA	2:15:04	10:52
1004	141	W20	Amy Shultz, 24*, West Des Moines, IA	2:15:05	10:52
1666	188	M25	Justin Kirk, 26, Des Moines, IA	2:15:07	10:52
1005	175	W35	Cami Martin, 35*, Marion, IA	2:15:08	10:52
1006	176	W35	Gina Garman, 38*, Marion, IA	2:15:08	10:52
1667	164	M50	Jim Willits, 52, Des Moines, IA	2:15:11	10:53
1007	140	W40	Joanne Gosser, 43*, Edgartown, MA	2:15:13	10:53
1008	142	W20	Becky Jolly, 24*, Indianola, IA	2:15:13	10:53
1009	177	W35	Suzanne Ware, 36*, West Des Moines, IA	2:15:14	10:53
1010	189	W25	Katie Butler, 25*, Norwalk, IA	2:15:14	10:53
1668	108	M20	Manni Balignasay, 24, West Des Moines, IA	2:15:15	10:53
1011	190	W25	Heather Litchkey, 26*, Des Moines, IA	2:15:16	10:53
1012	85	W45	Carol Carlson, 49*, Clive, IA	2:15:16	10:53
1013	191	W25	Michelle Heston, 25*, Des Moines, IA	2:15:17	10:53
1669	212	M30	Mark Wills, 34, Des Moines, IA	2:15:18	10:53
1014	86	W45	Kathy Macbeth, 45*, West Des Moines, IA	2:15:18	10:53
1015	192	W25	Christine Collier, 28*, West Des Moines, IA	2:15:18	10:53
1016	34	W50	Peggy Martin, 52*, Johnston, IA	2:15:19	10:53
1017	35	W50	Pat Martin, 51*, Johnston, IA	2:15:19	10:53
1018	87	W45	Jeanne Foster, 46*, Johnston, IA	2:15:20	10:53
1019	88	W45	Anne Brown, 49*, West Des Moines, IA	2:15:20	10:53
1020	141	W40	Kate Schilling, 44*, West Des Moines, IA	2:15:20	10:53
1670	209	M45	Luther Peddy, 45, Ankeny, IA	2:15:26	10:54
1021	143	W20	Emilie Newbury, 21*, Greenfield, IA	2:15:27	10:54
1022	89	W45	Polly Welp, 46*, Des Moines, IA	2:15:29	10:54
1671	68	M17	Aidan Miller, 17, Woodward, IA	2:15:40	10:55
1023	178	W35	Kathy Schramm, 35*, Clive, IA	2:15:40	10:55
1672	300	M35	Danny Heffron, 36, Leon, IA	2:15:43	10:55
1673	37	M60	Bill Lawless, 61, Des Moines, IA	2:15:44	10:55
1674	301	M35	Lonny Namanny, 36, Grimes, IA	2:15:45	10:55
1675	58	M55	Ed Ashby, 57, Urbandale, IA	2:15:47	10:56
1676	69	M17	Dustin Belgarde, 19, Adel, IA	2:15:50	10:56
1677	213	M30	Travis Stone, 30, West Des Moines, IA	2:15:52	10:56
1024	183	W30	Megan Crowley, 32*, West Des Moines, IA	2:15:52	10:56
1025	11	W55	Sheryl Kamerick, 56*, Pella, IA	2:15:52	10:56
1678	214	M30	Steven Flann, 31, Des Moines, IA	2:15:54	10:56
1679	59	M55	Philip Stoffregen, 56, Des Moines, IA	2:15:54	10:56
1026	3	W60	Carol Hartman, 67*, Hiawatha, IA	2:15:54	10:56
1027	193	W25	Heather Butler, 27*, Pella, IA	2:15:57	10:56
1680	210	M45	Rick George, 46, Omaha, NE	2:15:59	10:56
1681	211	M45	Jon Coy, 45, New Lenox, IL	2:16:01	10:57
1028	179	W35	Leighann Sibal, 36*, West Des Moines, IA	2:16:02	10:57
1029	142	W40	Shelly Wise, 40*, Marshalltown, IA	2:16:03	10:57
1682	165	M50	Thomas McCann, 50, Des Moines, IA	2:16:06	10:57
1683	70	M17	Nathan Brothers, 17, Woodward, IA	2:16:08	10:57
1030	180	W35	Vickie Namanny, 37*, Grimes, IA	2:16:12	10:58
1031	144	W20	Molly Johnston, 20*, Norwalk, IA	2:16:15	10:58
1684	60	M55	Michael K Kent, 58, Des Moines, IA	2:16:16	10:58
1685	215	M30	Chris Burch, 34, Des Moines, IA	2:16:17	10:58
1686	61	M55	Michael Miller, 56, Westminster, CO	2:16:18	10:58
1032	41	W17	Robin Bullock, 18*, Ames, IA	2:16:18	10:58
1687	189	M25	Jeremy Humphrey, 26, Big Lake, MN	2:16:18	10:58
1688	109	M20	Joe Florez, 23, Des Moines, IA	2:16:21	10:58
1689	216	M30	Richard Bangma, 33, Pella, IA	2:16:23	10:58
1033	194	W25	Brenna Mannell, 29*, West Des Moines, IA	2:16:23	10:58
1034	36	W50	Ann Greubel, 53*, Indianola, IA	2:16:27	10:59

1690	62	M55	David Steppat, 56, Johnston, IA	2:16:29	10:59
1691	302	M35	James Calby, 36, Des Moines, IA	2:16:29	10:59
1035	145	W20	Libby Steppat, 24*, Chicago, IL	2:16:30	10:59
1692	217	M30	Jonathan Heitkam, 32, Bellevue, NE	2:16:33	10:59

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1693	212	M45	Larry Gioffredi, 46, Clive, IA	2:16:39	11:00
1037	195	W25	Carrie Ann Danger, 29*, West Des Moines, IA	2:16:42	11:00
1038	184	W30	Tracy Kennedy, 32*, Des Moines, IA	2:16:45	11:00
1039	185	W30	Heather Van Gorp, 31*, Kesley, IA	2:16:48	11:00
1040	181	W35	Lola Evnas, 36*, Runnells, IA	2:16:49	11:01
1041	90	W45	Sandy Gracey, 48*, Des Moines, IA	2:16:52	11:01
1042	147	W20	Lisa Lundstrom, 24*, Perry, IA	2:16:52	11:01
1043	148	W20	Krista Heenan, 22*, Perry, IA	2:16:53	11:01
1694	190	M25	Brian Donaldson, 25, Des Moines, IA	2:16:54	11:01
1044	182	W35	Kimberly Brown, 35*, Ankeny, IA	2:16:55	11:01
1045	196	W25	Christen Klimisch, 26*, Des Moines, IA	2:16:55	11:01
1695	166	M50	Frank Wright, 52, Polk City, IA	2:16:56	11:01
1046	186	W30	Debra Moore, 30*, Marshalltown, IA	2:16:57	11:01
1047	149	W20	Jennifer Reiter, 24*, Urbandale, IA	2:16:59	11:01
1048	91	W45	Kristi Wheeler, 49*, Minnetonka, MN	2:17:03	11:02
1049	183	W35	Shelley Welter, 35*, Atlantic, IA	2:17:03	11:02
1050	92	W45	Janet Reiter, 45*, Johnston, IA	2:17:05	11:02
1051	197	W25	Heidi Pollmann, 27*, Kansas City, MO	2:17:06	11:02
1696	63	M55	Robert McFarland, 55, Cedar Rapids, IA	2:17:07	11:02
1697	218	M30	Andrew Turner, 30, Grimes, IA	2:17:08	11:02
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1698	43	JrM	Daniel Sucich, 10, Clive, IA	2:17:14	11:03
1053	184	W35	Melody Gibson, 35*, West Des Moines, IA	2:17:15	11:03
1054	150	W20	Wendy Farris, 22*, West Des Moines, IA	2:17:16	11:03
1699	64	M55	John Kuster, 56, Fairfield, IA	2:17:16	11:03
1055	198	W25	Tiffany Minks, 26*, Des Moines, IA	2:17:19	11:03
1056	151	W20	Jolene Hunt, 23*, Urbandale, IA	2:17:20	11:03
1700	219	M30	Dax Abbas, 33, Kansas City, MO	2:17:27	11:04
1057	188	W30	Lisa Schulte, 33*, Ames, IA	2:17:27	11:04
1058	185	W35	Heidi Asbjornsen, 37*, Roland, IA	2:17:27	11:04
1701	65	M55	Joseph Romeo, 57, Des Moines, IA	2:17:28	11:04
1059	93	W45	Diane Cummings, 48*, West Des Moines, IA	2:17:29	11:04
1060	199	W25	Diana Bauman, 26*, Des Moines, IA	2:17:30	11:04
1061	200	W25	Stefanie Bovee, 25*, Ankeny, IA	2:17:30	11:04
1062	189	W30	Yolanda Chrystal, 32*, Urbandale, IA	2:17:35	11:04
1063	186	W35	Maria Davis, 35*, West Des Moines, IA	2:17:35	11:04
1702	220	M30	Chris Scanlan, 30, West Des Moines, IA	2:17:36	11:04
1064	187	W35	Karen Alessio, 39*, Polk City, IA	2:17:40	11:05
1065	94	W45	Dale Naylor, 45*, Ankeny, IA	2:17:40	11:05
1066	188	W35	Barbara Lensch, 39*, Glidden, IA	2:17:45	11:05
1067	152	W20	Heather Dunfee, 21*, Iowa City, IA	2:17:46	11:05
1068	190	W30	Michelle Weed, 30*, New Market, IA	2:17:47	11:05
1069	201	W25	Jill Meimann, 25*, Mt Vernon, IA	2:17:52	11:06
1070	95	W45	Margina Brewer, 46*, Des Moines, IA	2:17:56	11:06
1071	153	W20	Sarah Huyck, 23*, Perry, IA	2:17:59	11:06
1703	303	M35	Scott Wilson, 38, Ankeny, IA	2:18:03	11:06
1704	276	M40	David Heerer, 43, Clive, IA	2:18:06	11:07
1072	191	W30	Terrill Sydnes, 34*, Ankeny, IA	2:18:07	11:07
1705	66	M55	Nate Viall, 58, Des Moines, IA	2:18:09	11:07
1706	110	M20	Mark Dempsey, 21, Windsor Heights, IA	2:18:10	11:07
1073	202	W25	Hannah Rogers, 29*, Des Moines, IA	2:18:11	11:07
1074	203	W25	Sarah Kouri, 26*, Des Moines, IA	2:18:11	11:07
1075	192	W30	Kimberly Donner, 30*, Ames, IA	2:18:12	11:07
1076	204	W25	Kamille Harrison, 29*, Ames, IA	2:18:12	11:07
1077	189	W35	Kelly Portz, 35*, Johnston, IA	2:18:16	11:08
1078	193	W30	Lori Hannan, 34*, Marion, IA	2:18:17	11:08

1079	190	W35	Jamie Bachman, 35*, Des Moines, IA	2:18:20	11:08
1080	12	W55	Penny Westfall, 55*, Van Meter, IA	2:18:20	11:08
1707	213	M45	Donald Richardson, 45, Minburn, IA	2:18:24	11:08
1708	277	M40	Paul Shultz, 40, Iowa City, IA	2:18:26	11:08
1081	205	W25	Lori Hecht, 28*, West Des Moines, IA	2:18:30	11:09
1709	214	M45	Peter Steele, 46, Cedar Rapids, IA	2:18:35	11:09
1082	194	W30	Heather Lilienthal, 30*, Ankeny, IA	2:18:36	11:09
1710	215	M45	Stephen Day, 45, Urbandale, IA	2:18:36	11:09
1711	38	M60	Jack Matthews, 60, Stuart, IA	2:18:39	11:09
1083	206	W25	Kelli Reinhart, 26*, Alleman, IA	2:18:39	11:09
1084	195	W30	Julie Veasley, 32*, West Des Moines, IA	2:18:43	11:10
1085	143	W40	Mary Hanna, 41*, Forest City, IA	2:18:43	11:10
1086	144	W40	Cynthia Karrick, 40*, Ankeny, IA	2:18:45	11:10
1712	304	M35	Del Metz, 39, Newton, IA	2:18:45	11:10
1087	191	W35	Susan Metz, 38*, Newton, IA	2:18:45	11:10
1713	2	M70	Glen Zirbel, 73, Ankeny, IA	2:18:46	11:10
1088	37	W50	Luanne Dezwarte, 50*, Knoxville, IA	2:18:48	11:10
1089	96	W45	Elizabeth Kucera, 46*, Cedar Rapids, IA	2:18:50	11:10
1090	192	W35	Michaele Schneider, 37*, Ankeny, IA	2:18:51	11:10
1714	221	M30	Scott Sanders, 33, Des Moines, IA	2:18:51	11:10
1091	145	W40	Kay Mernin, 44*, Newell, IA	2:18:52	11:10
1715	278	M40	Curtis Linhart, 40, Urbandale, IA	2:18:53	11:10
1092	193	W35	Julie Dilley, 36*, Ankeny, IA	2:19:06	11:11
1716	279	M40	Joseph Barron, 41, Des Moines, IA	2:19:08	11:12
1717	39	M60	Joe Vanderpool, 60, Indianola, IA	2:19:09	11:12
1093	146	W40	Laurie Linhart, 40*, Urbandale, IA	2:19:10	11:12
1718	280	M40	John Degen, 43, Rockwell, IA	2:19:15	11:12
1719	40	M60	Lary Hostak, 60, Cedar Rapids, IA	2:19:16	11:12
1720	222	M30	Sangbum Kim, 33, Des Moines, IA	2:19:19	11:13
1094	38	W50	Marilyn Arends, 53*, West Des Moines, IA	2:19:19	11:13
1721	71	M17	Kevin Jensen, 17, Marshalltown, IA	2:19:22	11:13
1095	42	W17	Valerie Lafrentz, 18*, Ankeny, IA	2:19:30	11:13
1722	281	M40	Kurtis Jensen, 43, Marshalltown, IA	2:19:31	11:13
1723	67	M55	Warren Luckner, 57, Lincoln, NE	2:19:31	11:14
1724	305	M35	James Foster, 36, West Des Moines, IA	2:19:36	11:14
1725	282	M40	Gary Young, 44, Johnston, IA	2:19:36	11:14
1096	207	W25	Jill Eimermann, 26*, Des Moines, IA	2:19:40	11:14
1726	223	M30	Eric Patrin, 31, Ames, IA	2:19:43	11:14
1727	68	M55	David Egleston, 59, West Des Moines, IA	2:19:48	11:15
1728	10	M65	Frank Tamse, 66, Windsor Heights, IA	2:19:51	11:15
1729	191	M25	Bill Ogier, 26, Lenexa, KS	2:19:53	11:15
1730	283	M40	Heriberto Godina, 43, Iowa City, IA	2:20:01	11:16
1731	284	M40	Ronald Lamparek, 43, Cedar Rapids, IA	2:20:02	11:16
1732	41	M60	Mark Tyler, 62, Cedar Rapids, IA	2:20:02	11:16
1733	224	M30	Christopher Tyler, 34, Cedar Rapids, IA	2:20:08	11:16
1734	285	M40	Paul Breitbach, 42, Iowa City, IA	2:20:08	11:16
1735	306	M35	Ted Jones, 37, Ankeny, IA	2:20:10	11:17
1736	286	M40	Brent Wilson, 43, Johnston, IA	2:20:12	11:17
1737	225	M30	Kevin Brokaw, 31, Urbandale, IA	2:20:13	11:17
1097	43	W17	Jessica Wilson, 17*, Johnston, IA	2:20:13	11:17
1098	196	W30	Therese Siechta, 33*, Schleswig, IA	2:20:17	11:17
1099	208	W25	Megan O'Rourke, 25*, Ames, IA	2:20:22	11:18
1738	287	M40	Norman Wagaman, 42, Waukee, IA	2:20:25	11:18
1100	197	W30	Amy Terrell, 30*, Waukee, IA	2:20:29	11:18
1101	209	W25	Ellie Leibundguth, 26*, Cedar Falls, IA	2:20:36	11:19
1102	198	W30	Jennife Jirak-Brungardt, 30*, Indianola, IA	2:20:38	11:19
1103	199	W30	Anita Christensen, 34*, Indianola, IA	2:20:39	11:19
1104	12	JrW	Kimberly Lafrentz, 16*, Ankeny, IA	2:20:40	11:19
1739	216	M45	Bill Brewer, 47, Des Moines, IA	2:20:49	11:20
1740	167	M50	Terry Brannen, 52, Shenandoah, IA	2:20:51	11:20
1741	168	M50	Isaac Oyibo, 53, Des Moines, IA	2:20:55	11:20
1105	210	W25	Georgeanne Artz, 29*, Ames, IA	2:20:57	11:20
1742	226	M30	Chris Johnson, 33, West Des Moines, IA	2:20:58	11:20
1106	194	W35	Lisa Hill, 35*, Ames, IA	2:20:58	11:20

1107	154	W20	Carrie Brannen, 20*, Indianola, IA	2:20:58	11:21
1108	211	W25	Nicole Thurman, 26*, Windsor Heights, IA	2:20:59	11:21
1743	217	M45	Steve Johns, 49, Des Moines, IA	2:21:00	11:21
1744	111	M20	Levi Reeves, 20, Maxwell, IA	2:21:00	11:21
1745	218	M45	Mike Lauzon, 47, Boone, IA	2:21:03	11:21
1109	212	W25	Teresa Balduchi, 27*, Des Moines, IA	2:21:09	11:21
1110	200	W30	Dawn Farrell, 30*, Urbandale, IA	2:21:09	11:21
1111	195	W35	Janis Wilson, 35*, Indianola, IA	2:21:10	11:21
1746	11	M65	Bert Beynen, 68, Des Moines, IA	2:21:18	11:22
1112	201	W30	Alysun Bower, 33*, Indianola, IA	2:21:20	11:22
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1114	202	W30	Katherine Bradshaw, 30*, Ames, IA	2:21:21	11:22
1115	197	W35	Theresa Frederiksen, 36*, Des Moines, IA	2:21:35	11:23
1747	219	M45	Terry Eason, 47, Waukee, IA	2:21:39	11:24
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1116	97	W45	Sandy Swallow, 47*, Waukee, IA	2:21:48	11:25
1749	169	M50	Steven O'Brien, 52, Waterloo, IA	2:21:56	11:25
1750	228	M30	Eric Garcia, 33, Ames, IA	2:21:57	11:25
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1751	220	M45	Marc Hollander, 46, Urbandale, IA	2:22:01	11:26
1118	147	W40	Karen Schroeder, 44*, Altoona, IA	2:22:06	11:26
1752	170	M50	Jerry Owens, 51, Des Moines, IA	2:22:06	11:26
1119	203	W30	Jodi Seymour, 34*, Lamoni, IA	2:22:08	11:26
1120	214	W25	Brenda Mishler, 28*, Urbandale, IA	2:22:10	11:26
1121	204	W30	Lisi Colby, 31*, Van Meter, IA	2:22:13	11:27
1122	198	W35	Vicki Hogan, 36*, Omaha, NE	2:22:20	11:27
1123	98	W45	Tricia Barron, 47*, Des Moines, IA	2:22:21	11:27
1753	72	M17	Jon Davies, 17, Coon Rapids, IA	2:22:21	11:27
1754	307	M35	Brian Bockenstedt, 38, Cedar Rapids, IA	2:22:24	11:27
1124	13	JrW	Jessica McClellan, 16*, Bayard, IA	2:22:24	11:27
1125	205	W30	Tamara Van Wyk, 32*, Lemars, IA	2:22:38	11:29
1126	215	W25	Susan Foose, 26*, West Des Moines, IA	2:22:47	11:29
1127	216	W25	Hollie Weber, 25*, Polk City, IA	2:22:47	11:29
1128	206	W30	Laura Werstein, 31*, West Des Moines, IA	2:22:48	11:29
1755	288	M40	Charles Link, 44, Clive, IA	2:22:49	11:29
1129	199	W35	Jodi Hiemstra, 35*, Oskaloosa, IA	2:22:52	11:30
1130	13	W55	Winnie Casper, 58*, Winterset, IA	2:22:53	11:30
1131	155	W20	Stephanie Phippen, 22*, West Des Moines, IA	2:23:05	11:31
1756	308	M35	Paul Campbell, 39, Des Moines, IA	2:23:08	11:31
1132	200	W35	Christy Behrens, 36*, Urbandale, IA	2:23:12	11:31
1133	201	W35	Michelle Hollister, 35*, Des Moines, IA	2:23:12	11:31
1134	217	W25	Nicole Stribe, 25*, Ankeny, IA	2:23:25	11:32
1135	218	W25	Lynnea Fedyk, 27*, Mound, MN	2:23:38	11:33
1757	192	M25	Dave Hilgendorf, 27, Ames, IA	2:23:39	11:33
1758	69	M55	Tom Blaine, 55, Dubuque, IA	2:23:45	11:34
1136	219	W25	Heidi Wych, 26*, Johnston, IA	2:23:46	11:34
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1147	151	W40	Kim Bates, 40*, Des Moines, IA	2:24:35	11:38
1148	204	W35	Kris Price, 36*, Ankeny, IA	2:24:36	11:38
1760	221	M45	Doug Grieve, 49, Dallas Center, IA	2:24:45	11:39
1149	205	W35	Mary Minard, 39*, Des Moines, IA	2:24:50	11:39
1761	70	M55	Charlie Ford, 56, Omaha, NE	2:24:54	11:39
1150	152	W40	Rose Denny, 41*, Johnston, IA	2:24:55	11:40
1762	309	M35	Damian Tigges, 39, Ankeny, IA	2:25:00	11:40

1151	153	W40	Mag Lien, 42*, Lincoln, NE	2:25:05	11:40
1152	206	W35	Jackie Hellrung, 38*, Urbandale, IA	2:25:23	11:42
1763	172	M50	Neil Shultz, 53, West Des Moines, IA	2:25:30	11:42
1764	42	M60	Ruben Rullan, 62, Urbandale, IA	2:25:31	11:42
1765	229	M30	Bryan Schlotterback, 32, Knoxville, IA	2:25:45	11:44
1766	173	M50	Rich Lee, 50, Ames, IA	2:25:49	11:44
1767	193	M25	Kyle Brown, 29, Des Moines, IA	2:25:49	11:44
1153	39	W50	Catherine Howe, 53*, Greenfield, IA	2:25:50	11:44
1154	40	W50	Jane Niess, 54*, Altoona, IA	2:25:51	11:44
1768	289	M40	Anson Veenstra, 43, Des Moines, IA	2:25:52	11:44
1155	220	W25	Lisa Ragen, 27*, Des Moines, IA	2:26:00	11:45
1769	194	M25	Mark Peterson, 26, Des Moines, IA	2:26:07	11:45
1156	154	W40	Kimberly Petznick, 40*, Omaha, NE	2:26:09	11:46
1770	195	M25	Douglas Brown, 25, West Des Moines, IA	2:26:18	11:46
1157	14	JrW	Kayli Hrdlicka, 15*, Pella, IA	2:26:21	11:47
1158	15	JrW	Anna Manuet0, 15*, Pella, IA	2:26:23	11:47
1771	290	M40	Michael Harper, 43, Des Moines, IA	2:26:23	11:47
1772	43	M60	Bob Johansen, 64, Ankeny, IA	2:26:38	11:48
1159	100	W45	Colleen Springer, 45*, Marshalltown, IA	2:26:39	11:48
1773	230	M30	Bill Belzer, 34, Grimes, IA	2:26:42	11:48
1160	41	W50	Ann Jacobsen, 53*, Omaha, NE	2:26:47	11:49
1774	222	M45	Jim Davis, 49, West Des Moines, IA	2:26:58	11:50
1775	174	M50	John Layland, 54, Indianola, IA	2:27:00	11:50
1161	207	W35	Julie Kraft, 39*, Robins, IA	2:27:03	11:50
1162	208	W35	Debbie Vogel, 38*, Pleasant Hill, IA	2:27:03	11:50
1776	44	M60	Walt Beary, 63, Cedar Rapids, IA	2:27:06	11:50
1163	159	W20	Laura Reasons, 22*, Des Moines, IA	2:27:08	11:50
1777	223	M45	Kevin Lally, 48, Austin, TX	2:27:21	11:51
1164	155	W40	Susan Sandberg, 41*, Austin, TX	2:27:35	11:52
1165	160	W20	Julie Garner, 24*, Martensdale, IA	2:27:35	11:52
1778	224	M45	Roger Andersen, 49, Ankeny, IA	2:27:39	11:53
1779	291	M40	Kris Atha, 40, Oskaloosa, IA	2:27:42	11:53
1166	156	W40	Terri Balthazor, 42*, Cedar Falls, IA	2:27:54	11:54
1167	157	W40	Martie Larsen, 41*, Windsor Heights, IA	2:28:08	11:55
1168	158	W40	Dana Thompson, 41*, Boone, IA	2:28:14	11:56
1169	42	W50	Pam Ford, 52*, Omaha, NE	2:28:17	11:56
1170	101	W45	Diane Weehler, 49*, Des Moines, IA	2:28:17	11:56
1171	161	W20	Krista Dodds, 24*, Dubuque, IA	2:28:32	11:57
1780	196	M25	Kirk Lebeck, 28, Dubuque, IA	2:28:34	11:57
1172	207	W30	Amy Lynch, 30*, Cedar Falls, IA	2:28:34	11:57
1173	159	W40	Kaye Lynch, 43*, Audubon, IA	2:28:45	11:58
1174	221	W25	Rachel Maassen, 27*, Iowa City, IA	2:28:46	11:58
1781	175	M50	Judd Lyons, 53, Grundy Center, IA	2:28:46	11:58
1175	160	W40	Jayne Strathe, 40*, Des Moines, IA	2:28:51	11:59
1176	102	W45	Jody Miller, 48*, Sigourney, IA	2:28:54	11:59
1177	162	W20	Devin Miller, 24*, Sigourney, IA	2:28:56	11:59
1782	12	M65	Wilbur Veenstra, 66, Pella, IA	2:28:56	11:59
1178	4	W60	Karen Book, 61*, Denison, IA	2:28:59	11:59

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1783	292	M40	Tom McCauley, 43, Des Moines, IA	2:29:03	12:00
1179	103	W45	Karen Coaldrake, 45*, Johnston, IA	2:29:05	12:00
1784	231	M30	Gary Scherer, 32, West Des Moines, IN	2:29:07	12:00
1180	104	W45	Denise Helmers, 46*, Plano, IL	2:29:07	12:00
1181	208	W30	Laurie Dineberg-Hoppe, 31*, Indianola, IA	2:29:31	12:02
1182	209	W30	Jen Eagle Fischer, 31*, Urbandale, IA	2:29:31	12:02
1183	163	W20	Savannah Bruce, 20*, Adel, IA	2:29:32	12:02
1184	222	W25	Holly McGowan, 25*, Cottage Grove, MN	2:29:38	12:02
1185	164	W20	Tara McGowan, 21*, Urbandale, IA	2:29:39	12:02
1186	165	W20	Angie Ulloa, 24*, Des Moines, IA	2:29:42	12:03
1785	197	M25	Patrick McGowan, 26, Cottage Grove, MN	2:29:48	12:03
1187	210	W30	Dawn Atwood, 30*, Colfax, IA	2:29:51	12:03
1188	211	W30	Dotty Johnson, 34*, Des Moines, IA	2:29:55	12:04
1189	212	W30	Julie Jorgensen, 34*, West Des Moines, IA	2:30:40	12:07

1190	166	W20	Renaee Park, 24*, Indianola, IA	2:30:41	12:07
1191	105	W45	Beth Evans, 48*, Mason City, IA	2:30:48	12:08
1786	225	M45	Dick Evans, 48, Mason City, IA	2:30:49	12:08
1787	71	M55	Richard Franklin, 56, Marshalltown, IA	2:30:50	12:08
1788	226	M45	David Yakum, 46, Des Moines, IA	2:31:01	12:09
1789	232	M30	Terry Macvey, 32, Woodbury, MN	2:31:08	12:10
1192	209	W35	Jacque Crouch, 39*, Dallas Center, IA	2:31:11	12:10
1193	161	W40	Colleen Fritz, 41*, Cedar Rapids, IA	2:31:26	12:11
1194	5	W60	Linda Standal, 61*, Battle Ground, WA	2:31:28	12:11
1790	45	M60	Dean Hough, 63, Urbandale, IA	2:31:52	12:13
1195	223	W25	Stephanie Brennan, 26*, Ames, IA	2:31:56	12:13
1196	43	W50	Judy Ackerman, 52*, Windsor Heights, IA	2:31:57	12:14
1197	106	W45	Diana Blessen, 45*, Fairway, KS	2:32:18	12:15
1198	167	W20	Heidi Tiedt, 24*, Waverly, IA	2:32:34	12:17
1199	44	W50	Virginia Stone, 50*, Waukee, IA	2:32:38	12:17
1791	233	M30	Wayne Bice, 34, West Des Moines, IA	2:32:40	12:17
1200	162	W40	Rhonda Ballou, 44*, Knoxville, IA	2:32:51	12:18
1792	46	M60	John Hyland, 61, Coon Rapids, IA	2:32:51	12:18
1793	310	M35	Dave Wehrman, 35, Altoona, IA	2:33:03	12:19
1201	168	W20	Annemarie Wrenn, 23*, Martinsdale, IA	2:33:17	12:20
1794	72	M55	Hugh Hammond, 58, Iowa City, IA	2:33:20	12:20
1795	293	M40	Carl Egger, 42, Stuart, IA	2:33:40	12:22
1202	213	W30	Benda Tshiela, 34*, Des Moines, IA	2:33:43	12:22
1203	224	W25	Tabatha Commins, 29*, Boone, IA	2:33:48	12:22
1204	210	W35	Marsha Lorenzen, 38*, Ankeny, IA	2:34:01	12:24
1205	163	W40	Pam Weekley, 42*, Olathe, KS	2:34:06	12:24
1796	234	M30	Jason Wulf, 31, Des Moines, IA	2:34:49	12:27
1206	211	W35	Trudi Rayman, 37*, Urbandale, IA	2:35:21	12:30
1207	212	W35	Laura Tobey, 36*, Urbandale, IA	2:35:25	12:30
1797	227	M45	Jeff Holston, 45, Des Moines, IA	2:35:25	12:30
1208	45	W50	Ruth Schlesinger, 54*, Urbandale, IA	2:35:40	12:31
1209	213	W35	Teresa Shaffer, 38*, Des Moines, IA	2:35:56	12:33
1210	214	W35	Deb Rushenberg, 37*, Urbandale, IA	2:36:05	12:34
1798	311	M35	Doug Nuehring, 39, Urbandale, IA	2:36:20	12:35
1211	214	W30	Amy Hunold-Wangundy, 32*, Carlisle, IA	2:36:20	12:35
1212	215	W35	Wendy Paca, 36*, Boone, IA	2:36:21	12:35
1799	294	M40	Glenn Martin, 41, Ankeny, IA	2:36:30	12:36
1213	225	W25	Sarah Halling, 28*, Port Washington, WI	2:36:35	12:36
1800	176	M50	Jeff Jungman, 54, Bismarck, ND	2:36:42	12:36
1214	164	W40	Mary Mitchell, 42*, Des Moines, IA	2:36:43	12:37
1801	295	M40	Christopher Burke, 43, Ankeny, IA	2:37:13	12:39
1215	216	W35	Patty Link, 37*, Des Moines, IA	2:38:06	12:43
1216	107	W45	Deb Tharnish, 49*, Des Moines, IA	2:38:14	12:44
1802	228	M45	Nicholas Roby, 45, Des Moines, IA	2:38:16	12:44
1217	226	W25	Kari Holm, 25*, Ankeny, IA	2:38:17	12:44
1218	169	W20	Maria Brockardt, 23*, Ankeny, IA	2:38:17	12:44
1219	217	W35	Sandy Miller, 36*, Des Moines, IA	2:38:58	12:47
1803	296	M40	Glenn Holt, 42, Des Moines, IA	2:39:29	12:50
1804	229	M45	Duane Wikel, 45, Johnston, IA	2:39:54	12:52
1805	177	M50	Thomas Ostrem, 51, Norwalk, IA	2:40:17	12:54
1806	178	M50	Tony Renzi, 54, West Des Moines, IA	2:40:24	12:54
1807	198	M25	Jack Metheny, 26, Des Moines, IA	2:40:30	12:55
1220	6	W60	Carol Rhodes, 70*, Rochester Hills, MI	2:40:36	12:55
1221	7	W60	Sharon Miller, 60*, Masonville, IA	2:40:43	12:56
1222	170	W20	Myra Hanson, 24*, Ames, IA	2:40:53	12:57
1223	215	W30	Chris McDaniel, 32*, Bondurant, IA	2:40:54	12:57
1224	216	W30	Eve Wenger, 30*, Ankeny, IA	2:40:55	12:57
1225	218	W35	Mary Melendez, 36*, Des Moines, IA	2:41:03	12:57
1808	230	M45	Doug Leonard, 47, Urbandale, IA	2:41:07	12:58
1226	108	W45	Janis Ware-Cole, 47*, Urbandale, IA	2:41:09	12:58
1227	219	W35	Angie Cox, 38*, St John, MO	2:41:10	12:58

1228	171	W20	Amanda Schlotterback, 23*, Knoxville, IA	2:41:33	13:00
1809	179	M50	Milton Lane, 50, Loma Linda, CA	2:41:49	13:01
1810	235	M30	Denis Biscobing, 30, West Des Moines, IA	2:41:58	13:02
1811	13	M65	Dieter Butzlaff, 67, Melbourne, IA	2:42:06	13:03
1229	165	W40	Cathy Evans, 40*, Urbandale, IA	2:42:40	13:05
1812	199	M25	Thomas Caswell, 27, West Des Moines, IA	2:42:53	13:06
1230	217	W30	Ange Kinser, 32*, West Des Moines, IA	2:42:57	13:07
1813	297	M40	William Wegner, 41, Johnston, IA	2:43:47	13:11
1231	227	W25	Cadie Brockbank, 26*, Ankeny, IA	2:43:54	13:11
1232	218	W30	Jeanette Lee, 34*, Ankeny, IA	2:45:19	13:18
1233	219	W30	Michelle Doland, 30*, Newton, IA	2:45:20	13:18
1234	220	W35	Brenda Figarelle, 39*, Dallas Center, IA	2:45:32	13:19
1814	298	M40	John Figarelle, 42, Dallas Center, IA	2:45:49	13:21
1235	221	W35	Peg Lilke, 38*, Minneapolis, MN	2:45:50	13:21
1815	312	M35	Matthew Tuttle, 38, St. Louis Park, MN	2:46:22	13:23
1236	109	W45	Deb Miller, 47*, Perry, IA	2:46:32	13:24
1237	166	W40	Anna Conradt, 41*, Des Moines, IA	2:46:34	13:24
1238	167	W40	Linda Pagnano, 43*, Omaha, NE	2:47:01	13:26
1239	110	W45	Anne Noonan, 47*, Cascade, IA	2:47:04	13:26
1816	236	M30	Todd Skinner, 30, Indianola, IA	2:47:05	13:27
1240	111	W45	Roxie Page, 48*, Des Moines, IA	2:47:11	13:27
1817	112	M20	Kyle Lyons, 21, Grundy Center, IA	2:47:42	13:30
1241	220	W30	Amy Schmelzer, 30*, Des Moines, IA	2:48:28	13:33
1818	237	M30	Jason Parkin, 33, Clive, IA	2:48:40	13:34
1242	46	W50	Renee Friend, 54*, Altoona, IA	2:48:42	13:34
1243	47	W50	Marilyn Anderson, 50*, Ankeny, IA	2:49:30	13:38
1244	228	W25	Brenda Nelson, 27*, Des Moines, IA	2:49:54	13:40
1819	113	M20	Tony Welch, 20, Des Moines, IA	2:50:51	13:45
1245	112	W45	Maria Steele, 46*, Adel, IA	2:53:12	13:56

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1246	16	JrW	Jessica Pierce, 14*, Albia, IA	3:00:37	14:32
1820	44	JrM	Nathan McFall, 14, Albia, IA	3:03:17	14:45
1821	45	JrM	Matthew Myers, 14, Albia, IA	3:03:17	14:45
1822	200	M25	Joel Konen, 25, Ankeny, IA	3:04:30	14:51
1823	231	M45	Dixon Benshoof, 47, Des Moines, IA	3:05:08	14:54

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1824	313	M35	Dwight Hubbard, 37, Waukee, IA	3:09:37	15:15
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1825	14	M65	Robert Nuzum, 67, Johnston, IA	3:44:00	18:01
1247	113	W45	Billy Nuzum, 49*, Johnston, IA	3:44:00	18:01

"\*" indicates females

45 finishers among Men 16 & Under  
72 finishers among Men 17 - 19  
113 finishers among Men 20 - 24  
200 finishers among Men 25 - 29  
237 finishers among Men 30 - 34  
313 finishers among Men 35 - 39  
298 finishers among Men 40 - 44  
231 finishers among Men 45 - 49  
179 finishers among Men 50 - 54  
72 finishers among Men 55 - 59  
46 finishers among Men 60 - 64  
14 finishers among Men 65 - 69  
2 finishers among Men 70 & Up  
16 finishers among Women 16 & Under  
44 finishers among Women 17 - 19  
171 finishers among Women 20 - 24  
228 finishers among Women 25 - 29  
220 finishers among Women 30 - 34

221 finishers among Women 35 - 39  
167 finishers among Women 40 - 44  
113 finishers among Women 45 - 49  
47 finishers among Women 50 - 54  
13 finishers among Women 55 - 59  
7 finishers among Women 60 & Up  
1825 male finishers  
1247 female finishers  
3072 total finishers

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