

2003 Dam to Dam - 20 km

Des Moines, Iowa

May 31, 2003

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1	M25 Julius Rotich, 27, West Des Moines, IA	1:03:34	5:07
2	2	M25 Marty Dalton, 27, Earlham, IA	1:03:42	5:07
3	1	M30 Dave Halferty, 34, Topeka, KS	1:03:49	5:08
4	3	M25 Shadrack Kimeli, 26, Manhattan, KS	1:03:59	5:09
5	1	M40 John Mirth, 41, Platteville, WI	1:04:06	5:09
6	2	M30 Phil Hudnall, 32, Kansas City, MO	1:05:09	5:14
7	4	M25 Christopher Sabul, 26, Des Moines, IA	1:05:12	5:15
8	1	M20 Kyle Wyatt, 21, Lincoln, NE	1:06:00	5:19
9	5	M25 Luka Kapkiai, 27, Manhattan, KS	1:06:28	5:21
10	6	M25 Benjamin Sandy, 27, Blair, NE	1:06:50	5:23
11	7	M25 Lawrence Mboga, 28, Eau Claire, WI	1:07:36	5:26
12	2	M20 Dan Trainor, 21, Freeport, IL	1:07:45	5:27
13	3	M30 Mike Moyer, 32, Omaha, NE	1:08:44	5:32
14	8	M25 Cleophas Boor, 29, Lincoln, NE	1:09:15	5:34
15	1	M45 Dave Johnson, 47, Hastings, NE	1:09:18	5:35
16	3	M20 Jon Rathje, 24, Urbandale, IA	1:09:49	5:37
17	4	M20 Dennis Dane, 23, Urbandale, IA	1:10:00	5:38
18	2	M40 Jerry Lack, 40, East Moline, IL	1:10:20	5:39
19	4	M30 Daniel Deuhs, 31, St. Paul, MN	1:10:51	5:42
20	2	M45 Keith Fevold, 45, Des Moines, IA	1:11:09	5:43
21	5	M30 Todd Christensen, 34, Altoona, IA	1:11:16	5:44
22	1	JrM Jon Thomas, 16, Des Moines, IA	1:11:35	5:46
1	1	W25 Charne Rademeyer, 27*, South Africa	1:11:38	5:46
23	3	M40 Kevin Muilenburg, 42, Waukee, IA	1:11:57	5:47
24	5	M20 Tony Ekman, 22, Des Moines, IA	1:12:21	5:49
25	6	M30 Larry Loffredo, 32, Norwalk, IA	1:12:31	5:50
26	4	M40 Andy Leonard, 42, Wheaton, IL	1:12:55	5:52
27	7	M30 David Sutej, 34, Omaha, NE	1:13:01	5:52
28	8	M30 Wayne Strohman, 32, Lenexa, KS	1:13:09	5:53
29	9	M30 Steve Brown, 32, Minburn, IA	1:13:30	5:55
2	1	W30 Michelle Ihmels, 30*, Ames, IA	1:13:46	5:56
30	9	M25 Brian Bell, 25, Omaha, NE	1:13:50	5:56
31	10	M30 Jim Eischen, 32, Sioux Falls, SD	1:13:57	5:57
32	1	M35 Joe Marshall, 35, Granger, Ia	1:14:15	5:58
33	1	M17 Matt Schneider, 17, Nebraska City, NE	1:14:27	5:59

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3	1	W35 Bonnie Sons, 37*, Shorewood, MN	1:14:31	6:00
34	5	M40 Todd Haugen, 40, Story City, IA	1:14:41	6:00
4	2	W35 Renee Kruse, 35*, South Sioux City, NE	1:14:53	6:01
35	6	M40 Mike Kuchta, 40, Council Bluffs, IA	1:15:06	6:03
5	2	W25 Shelly Strohman, 29*, Lenexa, KS	1:15:07	6:03
36	10	M25 Eric Hollander, 26, Des Moines, IA	1:15:12	6:03
37	2	M17 Matthew Merrigan, 19, Lees Summit, MO	1:15:14	6:03

38	3	M17	Jeremy Hammer, 19, Farmington, MO	1:15:15	6:03
39	3	M45	Mike Nelson, 47, Danville, IA	1:15:17	6:03
40	11	M25	Chad Goldsmith, 25, North Liberty, IA	1:15:20	6:04
41	4	M17	Joe Mundt, 19, Chariton, IA	1:15:31	6:05
6	3	W25	Nikole Johns, 28*, Ft. Collins, CO	1:15:31	6:05
42	12	M25	Chad Halsten, 29, West Des Moines, IA	1:15:50	6:06
43	5	M17	Aaron Wells, 19, Runnells, IA	1:15:59	6:07
44	4	M45	Tim Gallagher, 46, Bedford, IA	1:16:05	6:07
45	5	M45	Rick Ironside, 49, Marion, IA	1:16:19	6:08
7	2	W30	Robyn Friedman, 30*, Lambs Grove, IA	1:16:20	6:08
46	6	M17	Clinton Eshelman, 17, Bridgewater, IA	1:16:26	6:09
47	11	M30	Chris Bowers, 34, Ottumwa, IA	1:16:29	6:09
48	2	M35	Dan Mattingly, 36, Boone, IA	1:16:30	6:09
49	13	M25	Colin Greenan, 26, Ames, IA	1:16:39	6:10
50	12	M30	Luke Spencer, 31, Des Moines, IA	1:16:51	6:11
51	14	M25	Brad Weigandt, 25, Des Moines, IA	1:16:54	6:11
8	3	W35	Lisa Marshall, 35*, Granger, Ia	1:16:55	6:11
52	3	M35	Michael Herrell, 38, Westfield, IN	1:17:08	6:12
9	4	W35	Sharon Stubler, 38*, Minnetonka, MN	1:17:09	6:12
53	4	M35	Ron Beene, 38, Omaha, NE	1:17:12	6:13
54	6	M20	Ryan Moenck, 22, Webster City, IA	1:17:14	6:13
55	13	M30	Bryan Friedman, 31, Lambs Grove, IA	1:17:16	6:13
56	5	M35	Dave Cleveland, 38, Fraser, CO	1:17:17	6:13
10	4	W25	Erin Moeller, 25*, Cedar Rapids, IA	1:17:33	6:14
57	7	M17	Andrew Lindberg, 18, Urbandale, IA	1:17:50	6:16
58	7	M20	Derek McChurch, 22, Indianol, IA	1:18:04	6:17
59	8	M17	Nick Schreiner, 19, Ankeny, IA	1:18:07	6:17
11	5	W25	Michelle Hein, 25*, Topeka, KS	1:18:10	6:17
60	6	M45	Tom McBride, 47, Des Moines, IA	1:18:11	6:17
61	9	M17	Andrew McDermott, 19, Ankeny, IA	1:18:15	6:18
62	15	M25	Alexander Johnson, 29, Des Moines, IA	1:18:18	6:18
12	6	W25	Michelle Paxton, 26*, Lincoln, NE	1:18:19	6:18
63	7	M40	Steven McKibben, 42, Clive, IA	1:18:19	6:18
64	1	M50	William Hidding, 54, Edina, MN	1:18:37	6:19
65	8	M20	Dan Gilliatt, 24, Pleasant Hill, IA	1:18:45	6:20
66	16	M25	Matthew Best, 25, Iowa City, IA	1:18:48	6:20
67	6	M35	Morris Horstman, 37, Urbandale, IA	1:18:51	6:21
68	9	M20	Aaron Sage, 23, Ames, IA	1:18:53	6:21
69	14	M30	Scott Heidesch, 31, Johnston, IA	1:18:54	6:21
70	15	M30	James Janni, 32, Johnston, IA	1:18:58	6:21
71	17	M25	Mark Simons, 25, Iowa City, IA	1:19:02	6:21
72	7	M45	Mike Colwell, 46, Iowa Falls, IA	1:19:04	6:22
73	2	M50	Gary Holda, 51, Carbindale, IL	1:19:08	6:22
74	8	M40	Octavio Martinez, 44, Omaha, NE	1:19:11	6:22
75	7	M35	Frank Levy, 35, Urbandale, IA	1:19:32	6:24
76	18	M25	Chadwick Biermeier, 25, Hazel Green, WI	1:19:41	6:25
77	9	M40	Ernexto Venzor, 41, West Liberty, IA	1:19:51	6:25
78	8	M35	Michael Rieks, 35, West Des Moines, IA	1:19:55	6:26
79	9	M35	Wes Bruns, 35, Ely, IA	1:20:01	6:26
13	5	W35	Linda Brenneman, 37*, San Juan Capsitra, CA	1:20:04	6:26
80	8	M45	Dave Fitz, 48, Ames, IA	1:20:04	6:27
81	10	M40	Jim Heinlen, 40, Lincoln, NE	1:20:06	6:27
82	10	M35	John Depriest, 36, Sioux City, IA	1:20:21	6:28
83	16	M30	Mike Robinson, 30, Ankeny, IA	1:20:25	6:28
84	9	M45	Tom Cherchuck, 48, Oak Ridge, NC	1:20:27	6:28
85	17	M30	Kevin Kohler, 32, Clive, IA	1:20:40	6:29
86	11	M35	Don Romig II, 38, Boone, IA	1:20:46	6:30
87	12	M35	Donald Wells, 35, West Des Moines, IA	1:20:50	6:30
88	11	M40	John Taylor, 44, Des Moines, IA	1:20:59	6:31
89	13	M35	Robert Scott, 35, Chicago, IL	1:21:09	6:32
14	1	W40	Janice Eittle, 44*, Roseville, MN	1:21:10	6:32
15	3	W30	Michelle Swenson, 33*, Elkhorn, NE	1:21:28	6:33
90	19	M25	Steve Beary, 28, Cedar Rapids, IA	1:21:33	6:34
16	6	W35	Karlene Herrell, 37*, Westfield, IN	1:21:34	6:34

91	14	M35	Doug Hammerand, 38, Carlisle, IA	1:21:45	6:35
17	4	W30	Maureen Larsen, 31*, Omaha, NE	1:21:47	6:35
92	10	M20	Ryan Thompson, 23, Madrid, IA	1:21:51	6:35
93	12	M40	Jeff Perry, 42, Bondurant, IA	1:21:53	6:35
94	15	M35	Darryl De Ruitter, 38, Orange City, IA	1:21:54	6:35
18	5	W30	Kathleen Schweizer, 33*, Urbandale, IA	1:21:58	6:36
19	7	W25	Laura Hamady, 28*, Des Moines, IA	1:21:58	6:36
95	13	M40	Gregg Winkel, 42, Algona, IA	1:22:00	6:36
96	11	M20	Kyle Packard, 20, West Des Moines, IA	1:22:05	6:36
20	1	W45	Ann Ringlein, 46*, Lincoln, NE	1:22:07	6:36
97	14	M40	Rusty Potts, 40, Pleasant Hill, IA	1:22:10	6:37
98	18	M30	Chad Matthaides, 32, Algona, IA	1:22:14	6:37
99	10	M17	Andy Johnson, 19, Des Moines, IA	1:22:21	6:38
100	16	M35	Tim Hoffman, 37, Newton, IA	1:22:43	6:39
101	3	M50	James La Plant, 52, Newton, IA	1:22:50	6:40
21	6	W30	Jenny Weber, 30*, Des Moines, IA	1:22:50	6:40
102	20	M25	Conrad Hanson, 27, Urbandale, IA	1:22:53	6:40
103	1	M60	Ronald McKay, 60, Chariton, IA	1:22:57	6:40
104	17	M35	Jeremy Singer, 35, Ames, IA	1:23:00	6:41
105	4	M50	Bob Nelson, 50, Davenport, IA	1:23:03	6:41
22	1	JrW	Mackenzie Madison, 16*, Ankeny, IA	1:23:09	6:41
106	10	M45	Michael Hoffman, 49, Clive, IA	1:23:15	6:42
107	19	M30	Scott Patterson, 31, Ankeny, IA	1:23:17	6:42
108	18	M35	Rob Reicks, 39, Van Meter, IA	1:23:19	6:42
109	19	M35	Feltz, 39, West Des Moines, IA	1:23:22	6:42
110	1	M55	David Schulte, 56, Granger, Ia	1:23:23	6:43
111	21	M25	Nathan Wenck, 26, Carroll, IA	1:23:24	6:43
112	11	M17	Lucas Sanders, 17, Cedar Falls, IA	1:23:25	6:43
113	11	M45	Mike Froehle, 48, Cedar Falls, IA	1:23:25	6:43
114	15	M40	Curtis Adams, 41, Elliott, IA	1:23:29	6:43
115	16	M40	Dan Gustafson, 40, West Des Moines, IA	1:23:32	6:43
23	7	W30	Christine Price, 34*, Des Moines, IA	1:23:33	6:43
24	1	W20	Ruby Bode, 22*, Ames, IA	1:23:36	6:44
116	20	M35	Jeff Anker, 39, Polk City, IA	1:23:36	6:44
117	2	JrM	Joel Rasmussen, 16, Goldfield, IA	1:23:39	6:44
25	2	W45	Tricia McClain, 46*, Altoona, IA	1:23:53	6:45
118	5	M50	James Jacobsen, 53, Des Moines, IA	1:23:55	6:45
119	21	M35	Doug Kintzle, 38, Des Moines, IA	1:23:59	6:45
120	3	JrM	Chris Smeda, 16, West Des Moines, IA	1:24:03	6:46
121	17	M40	John Pestotnik, 43, West Des Moines, IA	1:24:08	6:46
122	18	M40	Eugene Haguewood, 41, West Des Moines, IA	1:24:10	6:46
123	22	M35	Kurt Beisch, 36, Omaha, NE	1:24:12	6:46
124	23	M35	Keith Reynolds, 38, Ottumwa, IA	1:24:14	6:47
125	19	M40	Gary McKibben, 43, Altoona, IA	1:24:16	6:47
26	8	W30	Traci Hart, 33*, Waukee, IA	1:24:17	6:47
126	20	M40	Dale Knoshaug, 41, Des Moines, IA	1:24:24	6:47
127	22	M25	Shane Every, 28, Waukee, IA	1:24:29	6:48
128	20	M30	Mark Meisenheimer, 31, West Des Moines, IA	1:24:31	6:48
129	24	M35	Marc Gillotti, 35, W Des Moines, IA	1:24:36	6:48
130	21	M30	Scott Sterrett, 34, West Des Moines, IA	1:24:37	6:48
131	21	M40	Bob Lotz, 40, North Liberty, IA	1:24:37	6:49
132	12	M17	Lincoln Nichols, 19, Ames, IA	1:24:40	6:49
133	12	M45	Alexander Flower, 46, Des Moines, IA	1:24:41	6:49
27	8	W25	Angie Kell, 25*, St Louis Park, MN	1:24:46	6:49
134	12	M20	Brian Schmid, 23, Ames, IA	1:24:48	6:49
135	22	M30	Hessa Sloughguye, 31, Des Moines, IA	1:24:50	6:50
136	22	M40	David Christensen, 43, West Des Moines, IA	1:24:51	6:50
28	2	W20	Jodi Smith, 24*, Ames, IA	1:24:51	6:50
137	13	M17	Jon Woehl, 17, Ankeny, IA	1:24:53	6:50
138	23	M30	Rich Bundy, 32, Ankeny, IA	1:24:59	6:50
139	6	M50	Steve Taylor, 51, Des Moines, IA	1:25:02	6:50
140	25	M35	Jeffery Erickson, 36, Altoona, IA	1:25:13	6:51
29	9	W25	Heather Wilson, 29*, Floyd, IA	1:25:15	6:51

30	9	W30	Jennifer Bohr, 30*, Cedar Rapids, IA	1:25:19	6:52
141	13	M20	Todd Krieg, 20, Cedar Falls, IA	1:25:22	6:52
142	7	M50	Joe Robinson, 52, Bondurant, IA	1:25:30	6:53
143	23	M25	Matthew Zepeda, 29, Waukee, IA	1:25:34	6:53
144	13	M45	Cliff Sheets, 48, Cedar Rapids, IA	1:25:34	6:53
145	24	M30	Shannon McLaughlin, 32, Norwalk, IA	1:25:37	6:53
146	23	M40	David Flory, 43, Ames, IA	1:25:38	6:53
147	24	M40	Scott Thiel, 43, Boone, IA	1:25:40	6:54
148	14	M20	Kevin Meier, 21, Lincoln, NE	1:25:41	6:54
149	14	M45	Rick Gubbels, 45, Des Moines, IA	1:25:42	6:54
	31	10	W25 Erin Ward, 28*, Eagan, MN	1:25:43	6:54
150	15	M20	Michael Krieg, 24, Cedar Falls, IA	1:25:46	6:54
151	15	M45	Clyde Lawler, 47, Marshalltown, IA	1:25:47	6:54
152	25	M30	John Anthofer, 31, Urbandale, IA	1:25:53	6:55
153	26	M30	Jon Gabrielsen, 31, West Des Moines, IA	1:25:54	6:55
154	26	M35	Jeff Mickey, 35, Cedar Falls, IA	1:25:56	6:55
	32	2	JrW Hannah Roeder, 15*, Des Moines, IA	1:25:59	6:55
155	27	M30	Scott Jones, 32, Ankeny, IA	1:25:59	6:55
156	25	M40	Bill Kaemmer, 44, Des Moines, IA	1:26:00	6:55
157	26	M40	Joe Knight, 41, Stoughton, WI	1:26:01	6:55
158	27	M35	Eric Peterson, 35, Boone, IA	1:26:06	6:56
	33	7	W35 Kelley Bruns, 37*, Leon, IA	1:26:08	6:56
159	24	M25	John McKlveen, 26, San Francisco, CA	1:26:09	6:56
160	27	M40	Craig Edmondson, 43, Malvern, IA	1:26:10	6:56
161	28	M35	Mark Nordby, 38, Ankeny, IA	1:26:11	6:56
162	14	M17	Nate White, 19, Des Moines, IA	1:26:12	6:56
163	4	JrM	Gabriel Munoz-Fitch, 16, Iowa City, IA	1:26:13	6:56
164	28	M40	Scott Boever, 42, Des Moines, IA	1:26:14	6:56
165	29	M35	Mick Lundquist, 39, Ankeny, IA	1:26:19	6:57
166	28	M30	Joe Costa, 33, New Providence, IA	1:26:27	6:57
167	25	M25	Jon Beeman, 26, West Des Moines, IA	1:26:28	6:57
168	5	JrM	Steven Acarregui, 16, Iowa City, IA	1:26:28	6:57
169	16	M45	Thomas Ferree, 46, West Des Moines, IA	1:26:30	6:58
170	16	M20	Troy Schulte, 24, Sioux City, IA	1:26:34	6:58
171	29	M40	Doug Adams, 41, Urbandale, IA	1:26:37	6:58
172	30	M40	Steve Sikkink, 42, Des Moines, IA	1:26:39	6:58
173	29	M30	Mike Regan, 34, Iowa City, IA	1:26:41	6:58
174	26	M25	Michael Connelly, 26, Papillion, NE	1:26:45	6:59
175	17	M20	Don Johnson, 24, Johnston, IA	1:26:47	6:59
	34	10	W30 Lisa Klein, 34*, Des Moines, IA	1:26:47	6:59
176	8	M50	Larry Gill, 50, Topeka, KS	1:26:48	6:59
177	31	M40	Pete Masters, 43, Des Moines, IA	1:26:50	6:59
178	17	M45	Mark Stelmacher, 49, West Des Moines, IA	1:26:54	6:59

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179	32	M40	Brad Nielsen, 44, Des Moines, IA	1:26:56	7:00
180	9	M50	Jim Mullenix, 51, Woodbine, IA	1:26:58	7:00
181	30	M30	Michael Spaur, 31, Pella, IA	1:26:59	7:00
182	33	M40	Calvin Wolter, 43, Van Horne, IA	1:27:01	7:00
183	18	M20	Mike Wilson, 20, Altoona, IA	1:27:02	7:00
	35	11	W30 Christy Murray, 32*, Oak Lawn, IL	1:27:06	7:00
	36	8	W35 Rhonda Brandt, 39*, Cedar Rapids, IA	1:27:07	7:01
	37	1	W50 Nancy Hoegh, 50*, Clive, IA	1:27:11	7:01
184	6	JrM	Brandon Long, 15, Ames, IA	1:27:17	7:01
185	27	M25	Nate Strickler, 28, Windsor Heights, IA	1:27:19	7:02
186	30	M35	Mark Caples, 35, Ankeny, IA	1:27:21	7:02
187	31	M35	Mike Lowe, 38, West Des Moines, IA	1:27:28	7:02
188	28	M25	Aaron Allgood, 26, Windsor Heights, IA	1:27:36	7:03
189	1	M70	Dick Wilson, 71, Lawrence, KS	1:27:38	7:03
190	10	M50	Chuck Clark, 52, Carroll, IA	1:27:40	7:03
	38	2	W50 Janelle Swanberg, 52*, Davenport, IA	1:27:40	7:03
191	34	M40	Jeff Feder, 42, Des Moines, IA	1:27:41	7:03
192	29	M25	Isabel Sanchez, 27, Ottumwa, IA	1:27:46	7:04
	39	2	W40 JoAnn Kobes, 43*, Des Moines, IA	1:27:50	7:04

193	18	M45	Scott Nichols, 47, Ames, IA	1:27:50	7:04
194	35	M40	Dean Halls, 43, Indianola, IA	1:27:54	7:04
195	32	M35	Steve Willem, 37, Earlham, IA	1:27:58	7:05
196	36	M40	Robert Stammler, 44, Bellevue, NE	1:28:02	7:05
197	19	M20	Jay Devore, 21, Des Moines, IA	1:28:03	7:05
198	30	M25	Mitch Mussetter, 25, Ankeny, IA	1:28:05	7:05
199	19	M45	Bob Grote, 49, West Des Moines, IA	1:28:08	7:05
40	3	W40	Melanie Anderson, 40*, Clive, IA	1:28:10	7:06
200	31	M25	Adam Moeller, 25, Ames, IA	1:28:17	7:06
201	33	M35	Dave Lenhart, 38, Ankeny, IA	1:28:24	7:07
202	32	M25	Troy Shoen, 25, Huxley, IA	1:28:26	7:07
203	34	M35	Dale Tunender, 35, Norwalk, IA	1:28:28	7:07
41	11	W25	Nikki Gerth, 26*, Brooklyn Park, MN	1:28:28	7:07
204	35	M35	Jeff Heckroth, 38, Grimes, IA	1:28:30	7:07
205	37	M40	David Janzen, 42, Grimes, IA	1:28:34	7:08
206	38	M40	John Taylor, 42, Urbandale, IA	1:28:34	7:08
207	33	M25	Bill Fischer, 26, Windsor Heights, IA	1:28:35	7:08
208	36	M35	Edward Duckworth, 35, Indianola, IA	1:28:35	7:08
209	39	M40	Tom Green, 43, Des Moines, IA	1:28:37	7:08
210	20	M45	Jim Pippert, 46, Dysart, IA	1:28:39	7:08
211	21	M45	Scot Heisdorffer, 47, Davenport, IA	1:28:40	7:08
212	40	M40	Rob Gillum, 42, Des Moines, IA	1:28:40	7:08
213	2	M55	Don Miller, 55, Clive, IA	1:28:45	7:08
214	37	M35	Jim Cunningham, 36, Urbandale, IA	1:28:47	7:09
215	34	M25	Josh Nielson, 27, West Des Moines, IA	1:28:50	7:09
216	31	M30	Ben Blake, 33, Indianola, IA	1:28:51	7:09
217	38	M35	Dan Stolze, 39, Bettendorf, IA	1:28:52	7:09
218	35	M25	Brian Davenport, 28, Circle Pines, MN	1:28:54	7:09
219	39	M35	Lance Van Vleet, 37, Indianola, IA	1:28:55	7:09
220	22	M45	Briansmith Smith, 45, Omaha, NE	1:28:58	7:09
221	40	M35	Mark Altfillisch, 37, Ottumwa, IA	1:29:00	7:10
222	41	M35	John Patrick Parker, 35, Bettendorf, IA	1:29:07	7:10
223	42	M35	Brad Toebe, 38, Mason City, IA	1:29:10	7:10
224	41	M40	Don Cummings, 40, Ankeny, IA	1:29:21	7:11
42	12	W25	Courtney Fulton, 25*, West Des Moines, IA	1:29:27	7:12
225	42	M40	Wayne Lacher, 41, Menlo, IA	1:29:28	7:12
226	43	M35	Shane Smith, 35, Urbandale, IA	1:29:31	7:12
227	11	M50	Thomas Levis, 50, West Des Moines, IA	1:29:34	7:12
228	44	M35	Albert Marasco, 37, Johnston, IA	1:29:38	7:13
229	32	M30	John Milligan, 32, Pella, IA	1:29:43	7:13
230	2	M60	Mike Bender, 62, Des Moines, IA	1:29:45	7:13
231	7	JrM	Dustin Essex, 15, Des Moines, IA	1:29:46	7:13
43	9	W35	Sandy Sabelka, 35*, Denver, IA	1:29:46	7:13
232	45	M35	Kevin Johnson, 37, Eden Prairie, MN	1:29:46	7:13
233	43	M40	Kevin Heintz, 43, Ankeny, IA	1:29:48	7:14
44	13	W25	Missy Mattingly, 28*, Boone, IA	1:29:50	7:14
234	20	M20	Matthew Harbert, 20, Ankeny, IA	1:29:54	7:14
235	36	M25	Gregory Crown, 29, Ankeny, IA	1:29:54	7:14
236	33	M30	Mike Gardner, 33, Ankeny, IA	1:29:55	7:14
237	21	M20	Jess Boysen, 24, Omaha, NE	1:29:59	7:14
238	23	M45	Daniel Rosenberg, 46, Des Moines, IA	1:30:01	7:15
239	24	M45	Ron Hankins, 45, West Des Moines, IA	1:30:06	7:15
45	12	W30	Beth Bakros, 33*, Des Moines, IA	1:30:08	7:15
240	25	M45	Hank Manning, 47, Urbandale, IA	1:30:09	7:15
241	34	M30	Bart Degraaf, 34, Ankeny, IA	1:30:19	7:16
242	37	M25	Samuel Ellis, 28, Norwalk, IA	1:30:20	7:16
243	44	M40	Thomas Sauer, 43, Ames, IA	1:30:22	7:16
244	35	M30	Wade Bullis, 32, Des Moines, IA	1:30:27	7:17
245	45	M40	Chris Engen, 41, Knoxville, IA	1:30:32	7:17
246	22	M20	James Clevenger, 24, Urbandale, IA	1:30:32	7:17
46	3	W45	Andriette Wickstrom, 48*, Storm Lake, IA	1:30:33	7:17
247	26	M45	Paul Brees, 45, Urbandale, IA	1:30:33	7:17
47	14	W25	Sarah Lindaman, 25*, Des Moines, IA	1:30:35	7:17
248	23	M20	Russell Anthofer, 24, Des Moines, IA	1:30:35	7:17
249	12	M50	Roy Ney, 54, Des Moines, IA	1:30:37	7:17

250	38	M25	David Moyes, 25, Coralville, IA	1:30:38	7:18
251	46	M35	Kirk Fellows, 37, Iowa City, IA	1:30:46	7:18
252	39	M25	Tim Osterhaus, 26, Urbandale, IA	1:30:47	7:18
253	47	M35	Mike Espeset, 35, Ames, IA	1:30:49	7:18
254	48	M35	Ron Maciejewski, 39, Omaha, NE	1:30:50	7:19
255	36	M30	Joel Ryon, 30, Iowa City, IA	1:30:52	7:19
256	40	M25	Craig German, 26, Urbandale, IA	1:30:54	7:19
257	49	M35	Jeff Osmundson, 38, Des Moines, IA	1:30:55	7:19
258	46	M40	Jim DeBartolo, 40, Des Moines, IA	1:30:55	7:19
259	37	M30	Brent Smidt, 34, Clive, IA	1:30:56	7:19
260	50	M35	Rich Balsley, 36, Ames, IA	1:30:57	7:19
261	51	M35	Jerry Beenken, 37, Dakota City, IA	1:30:57	7:19
262	15	M17	Lance Queck, 18, Fontanelle, IA	1:30:58	7:19
263	8	JrM	Mark Holan, 15, Fontanelle, IA	1:30:58	7:19
48	15	W25	Britt Siebels, 27*, Urbandale, IA	1:30:59	7:19
264	38	M30	Tim Trujillo, 34, Minneapolis, MN	1:30:59	7:19
265	13	M50	Conrad Woerner, 51, Lincoln, NE	1:31:00	7:19
266	2	M70	Jim Schleisman, 70, Jefferson, IA	1:31:02	7:19
267	39	M30	Scott Mills, 32, Des Moines, IA	1:31:03	7:20
268	47	M40	Stewart Baldner, 42, Dallas Center, IA	1:31:06	7:20
269	14	M50	Randy Clarke, 51, Reinbeck, IA	1:31:07	7:20
270	48	M40	Matt Miller, 41, Ankeny, IA	1:31:11	7:20
271	9	JrM	Nick Gallagher, 13, Bedford, IA	1:31:12	7:20
272	27	M45	Neil Spero, 48, Des Moines, IA	1:31:14	7:20
273	52	M35	Tim Leonard, 37, Coralville, IA	1:31:16	7:21
274	53	M35	Timothy Gedlerr, 39, West Des Moines, IA	1:31:17	7:21
275	54	M35	John Urban, 35, Johnston, IA	1:31:19	7:21
276	41	M25	David Wright, 28, Sioux City, IA	1:31:23	7:21
277	24	M20	Andrew Sage, 21, Ames, IA	1:31:23	7:21
278	55	M35	Rob Wheeler, 39, Des Moines, IA	1:31:30	7:22
49	10	W35	Kim Arndt, 38*, Indianola, IA	1:31:31	7:22
279	15	M50	Richard Anfinson, 51, Cedar Falls, IA	1:31:32	7:22
50	13	W30	Wendy Hanson, 30*, Urbandale, IA	1:31:35	7:22
280	40	M30	David Zwank, 30, Adel, IA	1:31:36	7:22
281	42	M25	John Finkner, 27, Lincoln, NE	1:31:38	7:22
51	11	W35	Shelly Deruiter, 36*, Orange City, IA	1:31:41	7:23
282	10	JrM	Zac Bales-Henry, 16, Des Moines, IA	1:31:42	7:23
283	25	M20	Brent Swart, 24, Ames, IA	1:31:46	7:23
284	49	M40	Ernest Moosa, 41, Suwanee, GA	1:31:48	7:23
285	50	M40	Douglas Jones, 40, Redfield, IA	1:31:49	7:23
286	51	M40	David Meyne, 40, Cedar Falls, IA	1:31:51	7:23
52	14	W30	Cindy Elsbernd, 32*, Des Moines, IA	1:31:52	7:23
287	11	JrM	Michael Sanders, 15, Cedar Falls, IA	1:31:52	7:23
288	28	M45	Jon Jordan, 48, Atlantic, IA	1:31:52	7:24
289	41	M30	Ryan Reichenbacker, 34, Ankeny, IA	1:31:54	7:24
290	52	M40	Rex Williams, 42, Des Moines, IA	1:31:55	7:24
291	43	M25	Tim Mulford, 27, Columbia, MO	1:31:59	7:24
53	16	W25	Tiffany Thompson, 28*, Des Moines, IA	1:32:00	7:24
292	44	M25	Justin Doornink, 25, Ames, IA	1:32:01	7:24
54	4	W40	Deb Avitt, 42*, Des Moines, IA	1:32:03	7:24
55	12	W35	Beth Schweizer, 37*, Urbandale, IA	1:32:04	7:24
293	56	M35	Tim Cortez, 37, Cedar Rapids, IA	1:32:06	7:25
56	5	W40	Rae Letourneau, 41*, West Des Moines, IA	1:32:07	7:25
57	6	W40	Suzanne Trainor, 44*, Freeport, IL	1:32:09	7:25
294	53	M40	Allen Benson, 43, Ankeny, IA	1:32:09	7:25
58	4	W45	Sheila Maddock, 47*, Johnston, IA	1:32:09	7:25
295	29	M45	Michael Wheelock, 47, Ames, IA	1:32:12	7:25
296	42	M30	Dave Leever, 32, Ankeny, IA	1:32:13	7:25
297	43	M30	Dave York, 30, Minneapolis, MN	1:32:14	7:25
298	57	M35	Jay Alexander, 38, Des Moines, IA	1:32:15	7:25
59	3	W20	Sarah Hradek, 22*, Adel, IA	1:32:15	7:25
299	16	M50	Richard Lachenmaier, 53, Clive, IA	1:32:16	7:25
300	54	M40	Blake Harms, 40, Clive, IA	1:32:18	7:26
60	15	W30	Ginger Miller, 32*, Ankeny, IA	1:32:18	7:26
301	44	M30	Alan Corey, 34, Ankeny, IA	1:32:19	7:26

302	55	M40	Scott Vermillion, 40, Des Moines, IA	1:32:22	7:26
303	45	M30	Brad Plummer, 34, Dubuque, IA	1:32:23	7:26
304	12	JrM	Josh Bennett, 16, Ankeny, IA	1:32:24	7:26
305	17	M50	Ron Kinner, 50, Des Moines, IA	1:32:26	7:26
306	30	M45	Keith Lowe, 46, Johnston, IA	1:32:30	7:27
307	16	M17	Jon Soole, 18, Sioux City, IA	1:32:32	7:27
308	17	M17	Sam Strickler, 18, Ames, IA	1:32:34	7:27
309	56	M40	Bill Hansen, 42, Iowa Falls, IA	1:32:35	7:27
310	46	M30	Max Schott II, 34, Minneapolis, MN	1:32:41	7:27
311	58	M35	Thomas Wubben, 36, Ankeny, IA	1:32:41	7:27
312	47	M30	David Olsen, 30, Council Bluffs, IA	1:32:42	7:27
313	45	M25	Steven Olsen, 26, Des Moines, IA	1:32:42	7:28
314	57	M40	Curt Hoff, 41, Nevada, IA	1:32:43	7:28
61	5	W45	Beth Henriksen, 47*, Ames, IA	1:32:46	7:28
315	59	M35	Tim Philips, 39, Maple Grove, MN	1:32:47	7:28
316	26	M20	Eric Dirks, 20, Ames, IA	1:32:47	7:28
317	18	M50	Richard Martin, 54, Ames, IA	1:32:52	7:28
318	60	M35	Kent Heikens, 38, Ames, IA	1:32:52	7:28
319	27	M20	Cris Conner, 20, West Des Moines, IA	1:32:53	7:28
320	48	M30	Don Robinson, 34, Ankeny, IA	1:32:54	7:28
321	61	M35	Barry Jacobsen, 38, Harlan, IA	1:32:54	7:29
322	62	M35	Steve Scholten, 37, Pella, IA	1:32:57	7:29
323	18	M17	Aaron Griffin, 17, Perry, IA	1:32:59	7:29
324	58	M40	Freddie Morris, 41, Urbandale, IA	1:33:01	7:29
325	59	M40	Larry Kirchner, 43, Estherville, IA	1:33:03	7:29
326	63	M35	Matthew Palen, 35, Norwalk, IA	1:33:11	7:30
62	7	W40	Kathie Madron, 40*, Oakland, IA	1:33:16	7:30
327	64	M35	Christopher Kisicki, 39, Papillion, NE	1:33:16	7:30
328	60	M40	Kary Schulte, 40, Des Moines, IA	1:33:17	7:30
63	16	W30	Angela Palen, 32*, Norwalk, IA	1:33:18	7:30
64	4	W20	Amber Morgan, 21*, Harlan, IA	1:33:18	7:30
329	65	M35	Steve Andreasen, 36, Souix City, IA	1:33:19	7:30
330	61	M40	Mark Bissing, 41, West Des Moines, IA	1:33:24	7:31
331	28	M20	Josh Magie, 23, Ames, IA	1:33:24	7:31
332	66	M35	Mark Lowe, 37, West Des Moines, IA	1:33:25	7:31
333	67	M35	Brett Faulkner, 37, Dayton, IA	1:33:26	7:31
334	49	M30	Jarid Downey, 30, Indianola, IA	1:33:31	7:31
335	3	M60	Jim Floyd, 61, West Des Moines, IA	1:33:34	7:32
336	31	M45	Ted Sage, 47, Ames, IA	1:33:36	7:32
337	4	M60	Bill Johnson, 63, Colfax, IA	1:33:39	7:32
338	46	M25	Brandon Child, 27, West Des Moines, IA	1:33:41	7:32
339	50	M30	Thad Douglas, 30, Ankeny, IA	1:33:42	7:32
340	51	M30	Erick Mandt, 34, Cedar Falls, IA	1:33:43	7:32
341	19	M50	Lee Tesdell, 52, Slater, IA	1:33:44	7:32
65	5	W20	Lindsey Horner, 23*, Des Moines, IA	1:33:45	7:33
342	52	M30	Doug Miller, 33, Newton, IA	1:33:46	7:33
343	29	M20	Nick Rezich, 22, Winnebago, IL	1:33:51	7:33
344	30	M20	Tyler Rees, 23, Colo, IA	1:33:52	7:33
345	53	M30	K Barton, 30, Clive, IA	1:33:53	7:33
66	8	W40	Ann Neubauer, 40*, Homestead, IA	1:33:54	7:33
346	62	M40	Kirk Cox, 41, Des Moines, IA	1:33:56	7:33
67	6	W45	Vicki Vanderkwaak, 47*, Johnston, IA	1:33:56	7:33
347	54	M30	Stephen Siegel, 34, Ames, IA	1:33:56	7:33
68	17	W25	Kari Taylor, 28*, Omaha, NE	1:33:57	7:34
348	68	M35	Tim Houk, 37, Norwalk, IA	1:33:59	7:34
349	5	M60	Ron Bickel, 60, Pleasant Hill, IA	1:34:00	7:34
350	55	M30	Chris Olson, 30, Ames, IA	1:34:02	7:34
351	69	M35	Jeff Lorenzen, 37, Waukee, IA	1:34:03	7:34
69	18	W25	Lindsay Zwemke, 27*, Marshalltown, IA	1:34:03	7:34
352	56	M30	Troy Koerselman, 33, Ankeny, IA	1:34:03	7:34
70	19	W25	Emily Kell, 27*, Des Moines, IA	1:34:04	7:34
71	9	W40	Lisa Simonetta, 44*, Des Moines, IA	1:34:05	7:34
353	19	M17	Chris Brown, 17, Winterset, IA	1:34:06	7:34
354	20	M50	Roger Heinle, 53, Whiting, IA	1:34:07	7:34
355	63	M40	Joel Penticoff, 42, Cedar Rapids, IA	1:34:10	7:35

72	7	W45	Susan Ridenour, 45*, Des Moines, IA	1:34:13	7:35
356	64	M40	Andy Roat, 41, Des Moines, IA	1:34:14	7:35
73	20	W25	Laura Anderson, 27*, Robbinsdale, MN	1:34:16	7:35
357	65	M40	Bob Jennings, 44, West Des Moines, IA	1:34:20	7:35
358	66	M40	Kenneth Johnson, 42, Eden Prairie, MN	1:34:21	7:35
359	31	M20	Jessman Smith, 23, Iowa City, IA	1:34:23	7:36
360	67	M40	Mike Simpson, 43, Norwalk, IA	1:34:24	7:36
361	70	M35	Steven Zrostlink, 35, Ames, IA	1:34:25	7:36
362	68	M40	Kent Kelderman, 43, Clive, IA	1:34:29	7:36
363	69	M40	Price Flanagan, 41, Des Moines, IA	1:34:34	7:36
74	13	W35	Brenda O'Hare, 35*, Ankeny, IA	1:34:35	7:37
364	71	M35	William Diesslin, 38, Ames, IA	1:34:35	7:37
365	70	M40	Daniel Reed, 42, Edina, MN	1:34:36	7:37
366	32	M45	Paul James, 49, Stanley, IA	1:34:37	7:37
75	17	W30	Amy Mulhern, 31*, Des Moines, IA	1:34:37	7:37
76	21	W25	Karen Bomar, 25*, West Des Moines, IA	1:34:39	7:37
367	72	M35	Mike Jacobi, 39, Shellsburg, IA	1:34:40	7:37
368	73	M35	Jeff Farrell, 39, Des Moines, IA	1:34:42	7:37
369	32	M20	Alex Niswander, 23, Altoona, IA	1:34:45	7:37
77	22	W25	Tami Gabrielsen, 27*, West Des Moines, IA	1:34:45	7:37
370	33	M20	Eric Weber, 22, Ames, IA	1:34:48	7:38
371	71	M40	Randy Brecht, 42, Middle Amana, IA	1:34:49	7:38
372	57	M30	Jeff Marcus, 33, Brush, CO	1:34:51	7:38
373	33	M45	Edward Walsh, 47, Chicago, IL	1:34:54	7:38
374	21	M50	Dennis Johnson, 54, Des Moines, IA	1:34:55	7:38
375	22	M50	Michael Anthony, 52, Carlisle, IA	1:34:56	7:38
376	23	M50	Brad Scott, 50, Marion, IA	1:34:58	7:38
377	74	M35	Del Metz, 38, Newton, IA	1:34:59	7:38
78	6	W20	Meg Riordan, 21*, Whitefish Bay, WI	1:34:59	7:39
378	47	M25	Ryan Blane, 25, West Des Moines, IA	1:35:00	7:39
379	3	M55	Larry Walden, 56, Marshalltown, IA	1:35:00	7:39
380	72	M40	Stu Huntley, 43, Adel, IA	1:35:02	7:39
381	75	M35	Larry Goodell, 38, Clive, IA	1:35:04	7:39
382	76	M35	Patrick Beurskens, 36, Marshalltown, IA	1:35:05	7:39
383	73	M40	Walter Olker, 44, Clive, IA	1:35:06	7:39
384	58	M30	Kevin Cummer, 31, Des Moines, IA	1:35:08	7:39
385	74	M40	Don Seibel, 40, West Des Moines, IA	1:35:09	7:39
79	14	W35	Sherri Selenke, 37*, Hudson, IA	1:35:09	7:39
386	24	M50	David Gurwell, 51, Iowa City, IA	1:35:13	7:40
80	15	W35	Holly Hill, 35*, Norwalk, WI	1:35:13	7:40
81	18	W30	Ginny Ryan, 31*, Iowa City, IA	1:35:15	7:40
387	25	M50	Bob Overstreet, 52, Des Moines, IA	1:35:15	7:40
388	77	M35	Jim Weisrock, 36, Walcott, IA	1:35:21	7:40
389	75	M40	Stephen Thompson, 42, Marshalltown, IA	1:35:22	7:40
390	59	M30	Michael Mitchell, 33, Pleasant Hill, IA	1:35:28	7:41
391	60	M30	Geoffrey Johnson, 33, Des Moines, IA	1:35:30	7:41
392	78	M35	John Dilger, 38, Marshalltown, IA	1:35:32	7:41
393	34	M45	Bobby Dickerson, 49, Des Moines, IA	1:35:33	7:41
394	48	M25	Andrew Lundquist, 27, Des Moines, IA	1:35:35	7:41
395	79	M35	Dave Juhl, 38, Des Moines, IA	1:35:36	7:41
82	19	W30	Leanne Boyd, 31*, Des Moines, IA	1:35:37	7:42
396	49	M25	Ross Palmer, 27, Omaha, NE	1:35:37	7:42
397	26	M50	T A Meyer, 51, Johnston, IA	1:35:39	7:42
398	80	M35	Martin Huberty, 38, Bloomington, MN	1:35:40	7:42
399	81	M35	Matt Miller, 39, Ankeny, IA	1:35:44	7:42
400	50	M25	Dustin Mars, 27, West Des Moines, IA	1:35:45	7:42
401	76	M40	Donald Camp, 41, Boone, IA	1:35:46	7:42
83	3	W50	Claudia Scott, 52*, Marion, IA	1:35:46	7:42
402	77	M40	David Teachout, 42, Des Moines, IA	1:35:47	7:42
403	34	M20	Michael Russo, 21, Desoto, IA	1:35:48	7:42
404	35	M45	Tim Flowers, 45, Ankeny, IA	1:35:49	7:43
405	82	M35	Wade Steward, 37, Legrand, IA	1:35:51	7:43
406	27	M50	Larry Zimpleman, 51, Cumming, IA	1:35:51	7:43
407	36	M45	Mark Movic, 46, Des Moines, IA	1:35:52	7:43
84	8	W45	Sally Spencer, 47*, Des Moines, IA	1:35:53	7:43

408	61	M30	Matthew Brown, 33, Urbandale, IA	1:35:53	7:43
409	51	M25	Ben Long, 28, Des Moines, IA	1:35:54	7:43
85	9	W45	Jeanne McCurnin, 47*, Mason City, IA	1:35:54	7:43
410	37	M45	Tom Techlenburg, 48, Humboldt, IA	1:35:55	7:43
411	62	M30	Brian Jarchow, 33, Cedar Falls, IA	1:35:58	7:43
412	78	M40	Galen Crawford, 42, Story City, IA	1:35:59	7:43
413	63	M30	Sean Moore, 32, Mount Vernon, IA	1:36:02	7:44
414	20	M17	Matt Berndt, 18, Newton, IA	1:36:02	7:44
415	64	M30	Steve Nichol, 34, Johnston, IA	1:36:04	7:44
416	52	M25	Corey Kline, 25, Bloomington, MN	1:36:05	7:44
417	21	M17	Luke Johnson, 19, Ida Grove, IA	1:36:06	7:44
86	7	W20	Elizabeth Berger, 20*, Cedar Rapids, IA	1:36:06	7:44
418	65	M30	Philip Behrends, 30, Des Moines, IA	1:36:07	7:44
419	38	M45	Pat Quinn, 46, Cedar Rapids, IA	1:36:07	7:44
420	53	M25	Brendan McCallum, 29, Des Moines, IA	1:36:08	7:44
421	79	M40	Dennis Odonnell, 42, West Branch, IA	1:36:09	7:44
422	28	M50	Ronald Charles, 54, Grinnell, IA	1:36:10	7:44
87	8	W20	Carissa Shima, 24*, Waterloo, IA	1:36:10	7:44
423	54	M25	Marty Mitchell, 28, Des Moines, IA	1:36:11	7:44
424	83	M35	Gary Roll, 39, Iowa Falls, IA	1:36:13	7:44
425	80	M40	Doug Ross, 43, Ankeny, IA	1:36:15	7:45
88	23	W25	Traci Havlik, 28*, Madrid, IA	1:36:15	7:45
426	66	M30	Jason Pirtle, 30, Indianola, IA	1:36:17	7:45
427	39	M45	Bob Badalucco, 48, Omaha, NE	1:36:18	7:45
428	4	M55	Philip Hodges, 55, Ames, IA	1:36:18	7:45
89	16	W35	Melissa Crew, 37*, Clive, IA	1:36:19	7:45
429	84	M35	Randy Kallem, 37, Ankeny, IA	1:36:20	7:45
430	81	M40	Michael Miller, 42, Norwalk, IA	1:36:21	7:45
431	82	M40	Kevin Emge, 44, West Des Moines, IA	1:36:22	7:45
432	5	M55	Michael May, 56, Indianola, IA	1:36:24	7:45
433	85	M35	Jeff Kelly, 36, Urbandale, IA	1:36:25	7:45
90	10	W45	Jane Wickman, 49*, Kellogg, IA	1:36:26	7:46
434	40	M45	Rick Raper, 45, Bellevue, NE	1:36:26	7:46
91	17	W35	Kelli Slocum, 36*, Tiffin, IA	1:36:27	7:46
435	35	M20	Jason Brehmer, 23, Des Moines, IA	1:36:27	7:46
436	67	M30	Jason Irving, 33, Fort Dodge, IA	1:36:29	7:46
437	86	M35	Slade Speers, 38, Monroe, IA	1:36:29	7:46
438	83	M40	Jim Downard, 42, Ames, IA	1:36:29	7:46
439	36	M20	Jonathan Hardy, 21, Nixa, MO	1:36:30	7:46
440	41	M45	Ricky Snyder, 48, Winterset, IA	1:36:31	7:46
441	87	M35	John Rehard, 38, Des Moines, IA	1:36:31	7:46
442	37	M20	Ryan Brune, 24, Des Moines, IA	1:36:34	7:46
92	11	W45	Elaine Van Dyck, 49*, Des Moines, IA	1:36:39	7:47
93	9	W20	Stephanie Egan, 24*, West Des Moines, IA	1:36:40	7:47
94	1	W17	Beth Magnuson, 19*, Minnetonka, MN	1:36:42	7:47
443	38	M20	Kent Mickelson, 21, Ames, IA	1:36:43	7:47
444	29	M50	Robert McDonald, 52, Colona, IL	1:36:46	7:47
95	10	W20	Sarah Bird, 20*, Cumming, IA	1:36:48	7:47
445	30	M50	Scott Avitt, 50, Des Moines, IA	1:36:50	7:47
96	2	W17	Natalie Stork, 19*, Urbandale, IA	1:36:51	7:48
446	68	M30	Tony Stafford, 34, Prairie City, IA	1:36:54	7:48
97	10	W40	Kris Saggau, 43*, West Des Moines, IA	1:36:57	7:48
447	39	M20	Joseph Lynn, 23, Iowa City, IA	1:37:04	7:49
98	12	W45	Sue Boley, 46*, Maxwell, IA	1:37:05	7:49
99	11	W40	Becky Nichols, 43*, Des Moines, IA	1:37:06	7:49
100	12	W40	Kathi Prien, 41*, West Des Moines, IA	1:37:07	7:49
448	40	M20	Ben Schlicher, 24, Mason City, IA	1:37:09	7:49
449	42	M45	Warren Peterson, 49, Ackworth, IA	1:37:10	7:49
450	31	M50	Marty Rathje, 51, Ankeny, IA	1:37:11	7:49
101	13	W40	Nancy Whitcanack, 41*, Colona, IL	1:37:12	7:49
102	11	W20	Brianne Schoonover, 23*, Des Moines, IA	1:37:12	7:49
451	84	M40	Tony Perkins, 43, Urbandale, IA	1:37:13	7:49
103	12	W20	Kelsey Singletary, 20*, Ankeny, IA	1:37:14	7:49
452	69	M30	Tim Roetman, 30, Sioux Falls, SD	1:37:15	7:49
104	20	W30	Susan Brown, 34*, Waukee, IA	1:37:15	7:49

453	32	M50	Charles Smith, 52, Urbandale, IA	1:37:16	7:50
454	88	M35	Tom DeTaeye, 38, Clive, IA	1:37:18	7:50
455	33	M50	Reuben Douglas, 54, Denver, IA	1:37:18	7:50
456	85	M40	Mark Stupka, 41, Ankeny, IA	1:37:19	7:50
457	89	M35	Jon Espenscheid, 38, Marshalltown, IA	1:37:19	7:50
458	34	M50	Kirk Dau, 51, Ames, IA	1:37:20	7:50
459	90	M35	Jon Thompson, 36, Cumming, IA	1:37:21	7:50
460	91	M35	Jeff Corcoran, 35, Des Moines, IA	1:37:22	7:50
461	43	M45	Lou Scallon, 45, Ames, IA	1:37:24	7:50
462	6	M55	Norm Vos, 57, Pella, IA	1:37:25	7:50
463	41	M20	Kevin Bell, 23, St. Paul, MN	1:37:27	7:50
464	44	M45	Kevin Shay, 49, Urbandale, IA	1:37:28	7:51
465	42	M20	Matt Hawkins, 20, Bondurant, IA	1:37:29	7:51
466	70	M30	Jeff Downing, 33, Norwalk, IA	1:37:30	7:51
105	14	W40	Gabrielle Bjornson, 42*, Overland Park, KS	1:37:30	7:51
467	22	M17	Jon Lenox, 19, Fort Dodge, IA	1:37:31	7:51
468	92	M35	Michael Wegner, 37, Ankeny, IA	1:37:32	7:51
469	45	M45	Rob Stetson, 49, Johnston, IA	1:37:33	7:51
470	23	M17	Kent Lehr, 19, West Des Moines, IA	1:37:37	7:51
471	71	M30	Jon Sherrill, 33, Des Moines, IA	1:37:39	7:51
472	86	M40	Jeffrey Needham, 40, Bellevue, NE	1:37:41	7:52
106	18	W35	Jean Dirks, 39*, Ames, IA	1:37:41	7:52
473	46	M45	Charles Phillips, 45, Urbandale, IA	1:37:41	7:52
107	15	W40	Denise Charter-Jones, 41*, Urbandale, IA	1:37:41	7:52
474	72	M30	Bill Higgins, 34, Cedar Rapids, IA	1:37:42	7:52
475	43	M20	Nicholas Romano, 20, Ames, IA	1:37:44	7:52
476	93	M35	Patrick Weber, 35, Waterloo, IA	1:37:45	7:52
477	87	M40	Derek Martin, 40, Olathe, KS	1:37:46	7:52
478	94	M35	Scott Dekok, 36, Sheldon, IA	1:37:47	7:52
479	6	M60	Clay Whiteis, 60, Des Moines, IA	1:37:47	7:52
108	24	W25	Holly Grimm, 26*, Cedar Falls, IA	1:37:48	7:52
109	21	W30	Tammy Westhoff, 30*, Des Moines, IA	1:37:48	7:52
480	88	M40	Sam Van Maanen, 40, Pella, IA	1:37:49	7:52
110	1	W60	Judy Teeple, 62*, Davenport, IA	1:37:50	7:52
481	89	M40	Steve Rossler, 43, Newton, IA	1:37:50	7:52
482	73	M30	Jeff Brock, 32, Clive, IA	1:37:53	7:52
483	13	JrM	Ryan Miller, 16, Brookings, SD	1:37:55	7:53
484	90	M40	Brian Wiebke, 43, Marion, IA	1:37:58	7:53
111	22	W30	Carrie Van Quathem, 31*, Urbandale, IA	1:37:58	7:53
112	13	W45	Kathleen Wendel, 48*, Ames, IA	1:37:59	7:53
485	55	M25	David Murphy, 26, Iowa City, IA	1:38:00	7:53
486	47	M45	Paul Nathenson, 49, Lincoln, NE	1:38:01	7:53
487	74	M30	Tom Trygstad, 31, West Des Moines, IA	1:38:01	7:53
488	75	M30	David McAlister, 32, Pearl Harbor, HI	1:38:02	7:53
489	56	M25	Jim Swanson, 26, Cedar Rapids, IA	1:38:03	7:53
113	19	W35	Dana Maudlin-Frey, 36*, West Des Moines, IA	1:38:03	7:53
490	95	M35	Bill Vipond, 39, Ankeny, IA	1:38:06	7:54
114	16	W40	Karen Strehlow, 42*, Ames, IA	1:38:06	7:54
115	25	W25	Jennifer Popp, 29*, Waukee, IA	1:38:09	7:54
491	76	M30	Scott Johnston, 33, Indianola, IA	1:38:10	7:54
492	48	M45	Daniel Todd, 48, West Des Moines, IA	1:38:12	7:54
493	96	M35	Timothy Bergan, 37, Newton, IA	1:38:13	7:54
494	35	M50	Stan Welp, 50, Eldora, IA	1:38:14	7:54
116	23	W30	Heidi Degraaf, 32*, Ankeny, IA	1:38:14	7:54
117	3	W17	Tiffany Jurgens, 18*, Des Moines, IA	1:38:14	7:54
495	77	M30	John Livingston, 31, Ames, IA	1:38:15	7:54
118	17	W40	Kendra Thorgaard, 44*, Ottumwa, IA	1:38:17	7:54
496	49	M45	Daniel Nicklen, 49, Omaha, NE	1:38:17	7:54
497	78	M30	Brian Gentry, 33, Des Moines, IA	1:38:18	7:55
498	97	M35	Jim Hagelie, 35, Marshalltown, IA	1:38:19	7:55
119	26	W25	Candy Costa, 28*, New Providence, IA	1:38:20	7:55
499	91	M40	Jeff Hileman, 44, Knoxville, IA	1:38:21	7:55
120	20	W35	Tammy Greiner, 36*, Reinbeck, IA	1:38:22	7:55

500	98	M35	Mike Albertson, 38, West Des Moines, IA	1:38:22	7:55
121	14	W45	Robin Hyland, 49*, Grimes, IA	1:38:22	7:55
501	92	M40	David Schnoes, 43, West Des Moines, IA	1:38:25	7:55
502	99	M35	Timothy Kneib, 38, Dakota Dunes, SD	1:38:28	7:55
503	100	M35	Allan Urlis, 39, Norwalk, IA	1:38:28	7:55
504	57	M25	Todd Anderson, 27, Robbinsdale, MN	1:38:29	7:55
505	93	M40	Dennis Rottink, 43, Clarksville, IA	1:38:29	7:55
506	101	M35	Dave Salaba, 38, Cumming, IA	1:38:31	7:56
507	79	M30	Quintin Treadway, 31, Altoona, IA	1:38:33	7:56
508	80	M30	Andrew Long, 30, Grimes, IA	1:38:34	7:56
122	21	W35	Valerie Muehling, 35*, Iowa City, IA	1:38:35	7:56
123	15	W45	Mary Harris, 47*, Marshalltown, IA	1:38:36	7:56
509	81	M30	Andrew Schmidt, 32, Urbandale, IA	1:38:37	7:56
510	50	M45	David McClung, 48, Des Moines, IA	1:38:38	7:56
511	102	M35	Joseph Kerns, 39, Ames, IA	1:38:38	7:56
512	44	M20	Jacob Clymer, 24, St Louis Park, MN	1:38:39	7:56
513	36	M50	Jim Fletcher, 51, Fort Dodge, IA	1:38:40	7:56
514	103	M35	John Lajoie, 35, Ankeny, IA	1:38:41	7:56
515	45	M20	Brian Bartusek, 21, Des Moines, IA	1:38:41	7:56
516	51	M45	Jerry Flatt, 49, Des Moines, IA	1:38:42	7:56
517	52	M45	Randy Mundt, 47, Urbandale, IA	1:38:43	7:57
124	24	W30	Beth Seufferer, 32*, West Des Moines, IA	1:38:44	7:57
518	104	M35	John Hartung, 36, Altoona, IA	1:38:44	7:57
519	82	M30	Jeff Hartung, 33, Indianola, IA	1:38:45	7:57
520	83	M30	Sean Pelletier, 30, Urbandale, IA	1:38:46	7:57
125	25	W30	Stacy Farr, 32*, West Des Moines, IA	1:38:47	7:57
521	46	M20	Scott Shumaker, 21, West Des Moines, IA	1:38:49	7:57
522	47	M20	Andy Arends, 20, Hampton, IA	1:38:51	7:57
523	84	M30	Troy Kort, 33, West Des Moines, IA	1:38:52	7:57
126	22	W35	Paula Allison, 37*, Boone, IA	1:38:53	7:57
524	37	M50	Bill Parks, 50, Des Moines, IA	1:38:53	7:57
525	94	M40	John Koolstra, 42, Pella, IA	1:38:55	7:57
127	23	W35	Jennifer Dickerson, 35*, Clive, IA	1:38:55	7:57
526	24	M17	Matt Miller, 18, Cedar Falls, IA	1:38:55	7:58
527	48	M20	Luke Roderus, 20, Polk City, IA	1:38:56	7:58
528	49	M20	Luke Roltex, 21, Polk City, IA	1:38:56	7:58
529	50	M20	Brad Carroll, 20, Polk City, IA	1:38:56	7:58
530	85	M30	Scott Knaack, 32, Correctionville, IA	1:38:57	7:58
531	86	M30	Kevin Barkema, 34, Conrad, IA	1:38:57	7:58
532	53	M45	John Ytzen, 49, Creston, IA	1:38:58	7:58
533	105	M35	Eric Hippler, 38, Urbandale, IA	1:39:00	7:58
534	95	M40	Al Lockin, 40, Des Moines, IA	1:39:01	7:58
535	106	M35	John Cahalan, 38, Mason City, IA	1:39:01	7:58
536	96	M40	Robert Parker, 44, Johnston, IA	1:39:02	7:58
537	97	M40	James Fuller, 44, Marshalltown, IA	1:39:03	7:58
538	54	M45	Don Parry, 45, Johnston, IA	1:39:04	7:58
539	98	M40	Jordon Korell, 44, West Des Moines, IA	1:39:04	7:58
540	99	M40	Jim Hagenbucher, 43, Clive, IA	1:39:05	7:58
541	55	M45	John Meyer, 47, West Des Moines, IA	1:39:06	7:58
542	56	M45	John Vujnovich, 48, Des Moines, IA	1:39:07	7:59
543	107	M35	Kevin Nowak, 36, Cedar Rapids, IA	1:39:09	7:59
544	100	M40	Larry Erenberger, 44, Solon, IA	1:39:11	7:59
128	27	W25	Paula Gray, 27*, Des Moines, IA	1:39:11	7:59
129	28	W25	Sarah Rhoten, 26*, Urbandale, IA	1:39:12	7:59
545	51	M20	Basil Mahayni, 20, Ames, IA	1:39:12	7:59
546	101	M40	Brad Schulze, 41, Indianola, IA	1:39:13	7:59
130	26	W30	Sara Fleecs, 30*, Glidden, IA	1:39:14	7:59
547	14	JrM	Andrew Trentman, 16, Urbandale, IA	1:39:14	7:59
131	27	W30	Jennifer Petersen, 32*, Monticello, IA	1:39:16	7:59
548	38	M50	Jack Sandmeier, 50, Knoxville, IA	1:39:17	7:59
549	57	M45	Guy Wernet, 47, Clive, IA	1:39:17	7:59
550	39	M50	Robert Jozwiak, 52, Kansas City, MO	1:39:18	7:59
551	15	JrM	Colby Judd, 16, Urbandale, IA	1:39:20	7:59

552	87	M30	Lee Hill, 34, Des Moines, IA	1:39:21	8:00
553	7	M55	Michael Thompson, 58, Des Moines, IA	1:39:21	8:00
554	40	M50	Galen Wilke, 52, Ames, IA	1:39:22	8:00
132	13	W20	Sarah Miller, 20*, Des Moines, IA	1:39:23	8:00
555	108	M35	Kevin Godwin, 39, Maxwell, IA	1:39:23	8:00
133	28	W30	Wendy Macke, 34*, Ankeny, IA	1:39:23	8:00
556	41	M50	Howard Eckert, 53, Wilton, IA	1:39:26	8:00
557	102	M40	Todd Hensley, 41, Sioux City, IA	1:39:27	8:00
134	29	W25	Jana Severson, 25*, West Des Moines, IA	1:39:27	8:00
558	42	M50	Mike Gray, 52, Waterloo, IA	1:39:29	8:00
559	58	M25	Mike Lovell, 29, Des Moines, IA	1:39:30	8:00
560	103	M40	Kevin Techau, 44, Des Moines, IA	1:39:32	8:00
135	4	W17	Brenna Maher, 18*, Baxter, IA	1:39:33	8:01
561	52	M20	Bryan Maher, 22, Indianola, IA	1:39:34	8:01
562	58	M45	Kevin Moss, 46, Bondurant, IA	1:39:36	8:01
563	59	M45	Richard Dellaca, 46, Urbandale, IA	1:39:39	8:01
136	14	W20	Jessica Schultz, 22*, Bellevue, NE	1:39:39	8:01
564	53	M20	Eric Haugen, 20, Urbandale, IA	1:39:41	8:01
565	60	M45	Roger Wittekind, 46, East Moline, IL	1:39:42	8:01
566	109	M35	Scott Lundstrom, 38, Saylorville, IA	1:39:43	8:01
137	18	W40	Ramona Wright, 42*, Des Moines, IA	1:39:43	8:01
567	43	M50	Paul Von Ebers, 50, Des Moines, IA	1:39:44	8:01
568	59	M25	Jim Brown, 25, Lincoln, NE	1:39:46	8:02
569	44	M50	Bruce Bachmann, 53, Cedar Rapids, IA	1:39:47	8:02
570	104	M40	Scott Dreier, 44, Manning, IA	1:39:48	8:02
571	60	M25	Ben Weers, 28, Pleasant Hill, IA	1:39:48	8:02
572	54	M20	Jesse West, 24, West Des Moines, IA	1:39:49	8:02
573	55	M20	Travis Van Genderen, 22, Ames, IA	1:39:49	8:02
138	19	W40	Rita Roberts, 43*, Waukee, IA	1:39:50	8:02
574	61	M45	Arnold Dewaard, 48, Pleasanville, IA	1:39:50	8:02
575	88	M30	Rick Glowacki, 34, Des Moines, IA	1:39:51	8:02
139	24	W35	Ellen Middleswart, 37*, Urbandale, IA	1:39:52	8:02
576	45	M50	Ronald Havens, 50, Greenfield, IA	1:39:53	8:02
577	89	M30	Chris Iiams, 34, Ames, IA	1:39:54	8:02
578	90	M30	Michael Daniels, 34, Seattle, WA	1:39:56	8:02
140	30	W25	Karla Longfield, 26*, Des Moines, IA	1:39:56	8:02
579	46	M50	Carl Voss, 54, Des Moines, IA	1:39:56	8:02
141	29	W30	Tami Baker, 30*, Des Moines, IA	1:40:00	8:03
580	61	M25	Keith Lyles, 28, Des Moines, IA	1:40:04	8:03
581	110	M35	Matthew Tullis, 35, Marshalltown, IA	1:40:05	8:03
142	15	W20	Rachel Parks, 21*, Bondurant, IA	1:40:06	8:03
582	105	M40	Tom McCauley, 42, Des Moines, IA	1:40:08	8:03
143	25	W35	Tracey Schmidt, 39*, Battle Creek, IA	1:40:09	8:03
144	30	W30	Sheila Warrick, 34*, Pleasant Hill, IA	1:40:12	8:04
583	91	M30	Tim Rietz, 34, Des Moines, IA	1:40:13	8:04
145	31	W25	Barb Lynn, 28*, North Liberty, IA	1:40:14	8:04
146	16	W45	Debi Bull, 45*, Des Moines, IA	1:40:15	8:04
584	92	M30	Brian Knights, 33, Polk City, IA	1:40:15	8:04
147	31	W30	Jennifer Smith, 34*, Waukee, IA	1:40:16	8:04
585	111	M35	John Jennett, 38, Dallas Center, IA	1:40:16	8:04
586	47	M50	Mark Hanson, 50, Ankeny, IA	1:40:17	8:04
148	32	W30	Jody Angus, 30*, Des Moines, IA	1:40:17	8:04
587	112	M35	Irwin Kirk, 38, Johnston, IA	1:40:18	8:04
588	113	M35	Scott Kemp, 37, Urbandale, IA	1:40:19	8:04
149	33	W30	Sharon Johnson, 34*, Urbandale, IA	1:40:23	8:05
589	62	M45	Robert Rigg, 49, Des Moines, IA	1:40:23	8:05
590	106	M40	Brendan Finn, 42, Ames, IA	1:40:25	8:05
591	48	M50	Sam Fisher, 54, Boone, IA	1:40:26	8:05
592	107	M40	Mike Schechinger, 43, Grimes, IA	1:40:26	8:05
593	93	M30	Greg Greenlee, 32, Savage, MN	1:40:27	8:05
594	63	M45	Gordon Bird, 45, Cumming, IA	1:40:31	8:05
150	26	W35	Shari Osier, 37*, Bondurant, IA	1:40:33	8:05
595	56	M20	Charles Larson, 22, Ankeny, IA	1:40:34	8:05
151	3	JrW	Angie Berry, 15*, Indianola, IA	1:40:35	8:06

596	64	M45	Phil Johnson, 47, Belmont, IA	1:40:37	8:06
597	94	M30	Craig Drefcinski, 34, Johnston, IA	1:40:38	8:06
598	108	M40	Michael Coles, 44, Huxley, IA	1:40:40	8:06
599	65	M45	Sean McGuire, 48, Pasadena, TX	1:40:41	8:06
600	109	M40	Brett Bosworth, 40, Clive, IA	1:40:42	8:06
601	66	M45	Robert Merrill, 46, Johnston, IA	1:40:44	8:06
152	32	W25	Heather Kalous, 28*, Vinton, IA	1:40:45	8:06
602	57	M20	Mike Dirnberger, 22, Ames, IA	1:40:47	8:06
603	114	M35	Scott Brown, 38, Indianola, IA	1:40:48	8:07
604	115	M35	Matt Kern, 35, Des Moines, IA	1:40:49	8:07
153	27	W35	Susan Souhrada, 38*, Madrid, IA	1:40:50	8:07
605	116	M35	Bill Walker, 35, Clive, IA	1:40:50	8:07
606	117	M35	John Kromminga, 38, Johnston, IA	1:40:52	8:07
154	4	W50	Judy Aurand, 52*, Clinton, IA	1:40:53	8:07
155	28	W35	Lisa Broderick, 37*, Baxter, IA	1:40:55	8:07
607	58	M20	Brad Goldsmith, 24, Cedar Rapids, IA	1:40:56	8:07
608	118	M35	Steve Blazek, 36, Ankeny, IA	1:40:56	8:07
609	119	M35	Todd Kreamer, 37, Johnston, IA	1:40:57	8:07
610	59	M20	Benjamin Nunnikhoven, 24, Pella, IA	1:40:58	8:07
156	29	W35	Beth Caparelli, 39*, Omaha, NE	1:40:58	8:07
611	60	M20	Adam Greimann, 22, Perry, IA	1:40:58	8:07
612	95	M30	Patrick Mattingly, 34, Des Moines, IA	1:40:59	8:08
613	120	M35	Mike Kelly, 35, West Des Moines, IA	1:41:01	8:08
614	110	M40	Doug Philiph, 43, Des Moines, IA	1:41:02	8:08
615	61	M20	Tyler Purdy, 22, Ames, IA	1:41:03	8:08
157	30	W35	Terrie Price, 35*, Spencer, IA	1:41:03	8:08
616	121	M35	Will Meier, 37, Sioux City, IA	1:41:03	8:08
158	33	W25	Christina Mueller, 27*, Urbandale, IA	1:41:03	8:08
617	122	M35	Todd Keech, 37, Johnston, IA	1:41:04	8:08
618	96	M30	Steve Billingsley, 30, Des Moines, IA	1:41:06	8:08
619	111	M40	Brian Beh, 40, Eden Prarie, MN	1:41:06	8:08
620	67	M45	David Cunningham, 48, Forest City, IA	1:41:07	8:08
621	123	M35	Mark Logsdon, 38, Urbandale, IA	1:41:08	8:08
159	31	W35	Sarah Wiese, 35*, West Des Moines, IA	1:41:08	8:08
622	62	M20	Matt Geneser, 23, Iowa City, IA	1:41:09	8:08
623	62	M25	Mark Scigliano, 29, Des Moines, IA	1:41:12	8:09
160	16	W20	Jennifer Faeth, 24*, Ankeny, IA	1:41:13	8:09
624	68	M45	Chuck Gilarski, 47, Ames, IA	1:41:14	8:09
625	124	M35	Bob Oakley, 38, Des Moines, IA	1:41:15	8:09
626	112	M40	Don Piper, 44, Des Moines, IA	1:41:16	8:09
627	113	M40	Tim Rolow, 41, Grimes, IA	1:41:17	8:09
628	49	M50	Curt Hollebrands, 51, Clive, IA	1:41:17	8:09
629	63	M25	Peter Friddle, 29, East Peoria, IL	1:41:22	8:09
630	114	M40	Michael Long, 43, Ames, IA	1:41:23	8:09
631	97	M30	Patrick Sealey, 33, Sioux City, IA	1:41:25	8:10
632	69	M45	Ken Cumpston, 48, Clive, IA	1:41:27	8:10
633	115	M40	Daniel Mallonee, 42, Cedar Rapids, IA	1:41:28	8:10
634	125	M35	Casey Johnson, 38, West Des Moines, IA	1:41:29	8:10
635	64	M25	Mike Mullins, 25, Ames, IA	1:41:29	8:10
636	65	M25	Matt Lazear, 28, Omaha, NE	1:41:30	8:10
637	116	M40	Kirk Reeder, 43, Ankeny, IA	1:41:30	8:10
161	5	W17	Stephanie Stall, 18*, Huxley, IA	1:41:31	8:10
638	126	M35	Daniel Linke, 39, Grand Island, NE	1:41:32	8:10
639	98	M30	Jon Dreibelbis, 33, Des Moines, IA	1:41:32	8:10
162	17	W20	Heidi Snook, 21*, Chariton, IA	1:41:32	8:10
640	25	M17	Robby Thoren, 19, Perry, IA	1:41:32	8:10
641	127	M35	David Crowe, 39, Des Moines, IA	1:41:33	8:10
163	18	W20	Jill Logsdon, 20*, Maxwell, IA	1:41:33	8:10
642	50	M50	Jim Jenkins, 53, Newton, IA	1:41:35	8:10
643	26	M17	Chase Chance, 17, Zearing, IA	1:41:36	8:10
164	6	W17	Erica Reams, 19*, West Des Moines, IA	1:41:36	8:11
644	99	M30	Brent Lott, 34, Ottumwa, IA	1:41:37	8:11
645	128	M35	Mike Whisler, 38, Ankeny, IA	1:41:37	8:11
646	129	M35	Rich Cunningham, 37, Davenport, IA	1:41:38	8:11
165	34	W25	Molly McTaggart, 29*, Des Moines, IA	1:41:40	8:11

166	1	W55	Sandy Rupnow, 59*, Ames, IA	1:41:41	8:11
647	51	M50	Neil Swanson, 52, Cedar Rapids, IA	1:41:42	8:11
648	130	M35	Bill McGinn, 36, Urbandale, IA	1:41:43	8:11
649	131	M35	Thomas Anderson, 36, Clive, IA	1:41:44	8:11
650	63	M20	Tim Moran, 20, Story City, IA	1:41:44	8:11
651	117	M40	Bill Courtney, 43, Urbandale, IA	1:41:46	8:11
652	118	M40	Kurtis Jensen, 42, Marshalltown, IA	1:41:48	8:11
167	32	W35	Shelly Goodell, 36*, Clive, IA	1:41:49	8:12
653	119	M40	James Hayes, 42, Ames, IA	1:41:49	8:12
168	20	W40	Jan Cooney, 44*, Marshalltown, IA	1:41:51	8:12
654	66	M25	Kirk Rathjen, 29, Ankeny, IA	1:41:52	8:12
655	120	M40	James Mueller, 43, Pella, IA	1:41:53	8:12
656	121	M40	Fabian Menalled, 42, Ames, IA	1:41:54	8:12
657	52	M50	John Pleasants, 54, Ames, IA	1:41:54	8:12
169	7	W17	Jessica Colwell, 17*, Iowa Falls, IA	1:41:56	8:12
170	34	W30	Jill Berg, 34*, West Des Moines, IA	1:41:56	8:12
658	100	M30	Sean Dowling, 31, Story City, IA	1:41:58	8:12
659	132	M35	Patrick Rounds, 39, West Des Moines, IA	1:41:59	8:12
171	8	W17	Constance Eshelman, 17*, Bridgewater, IA	1:41:59	8:12
172	33	W35	Rebecca Brannan, 38*, Urbandale, IA	1:42:00	8:12
660	27	M17	Lee Beck, 18, Buckingham, IA	1:42:01	8:12
173	21	W40	Julie Martin, 40*, Urbandale, IA	1:42:02	8:13
661	133	M35	Matthew Miller, 39, Brookings, SD	1:42:03	8:13
662	16	JrM	Rodney Sheffield, 16, Des Moines, IA	1:42:03	8:13
663	134	M35	Joel Peterson, 39, Webster City, IA	1:42:04	8:13
174	17	W45	Nancy Willert, 46*, Nevada, IA	1:42:05	8:13
664	1	M65	Jack Wolcott, 67, Floyd, IA	1:42:05	8:13
665	70	M45	Alan Gross, 49, Des Moines, IA	1:42:06	8:13
666	53	M50	Joe Blunk, 51, Ames, IA	1:42:09	8:13
667	135	M35	Ron Clingman, 37, West Des Moines, IA	1:42:10	8:13
668	54	M50	Ernest Vortherms, 54, Urbandale, IA	1:42:11	8:13
175	35	W25	Stephani Castillo, 27*, Iowa Cty, IA	1:42:11	8:13
669	136	M35	Thomas Wieck, 36, Des Moines, IA	1:42:11	8:13
670	55	M50	Peter Crawford, 53, Red Oak, IA	1:42:12	8:13
671	71	M45	Steve Shifflett, 45, Ames, IA	1:42:14	8:14
672	7	M60	Jim Matthews, 62, Baxter, IA	1:42:15	8:14
176	5	W50	Kathi Dellaca, 50*, Des Moines, IA	1:42:17	8:14
673	72	M45	Kevin Ernster, 49, Hiawatha, IA	1:42:17	8:14
674	64	M20	Jeffrey Judisch, 21, Tripoli, IA	1:42:17	8:14
675	56	M50	Steve Sondall, 53, Marshalltown, IA	1:42:18	8:14
676	122	M40	Jim Hobson, 43, Urbandale, IA	1:42:18	8:14
177	18	W45	Nancy Harvey, 49*, Ankeny, IA	1:42:20	8:14
178	22	W40	Vivian Quinn, 43*, Cedar Rapids, IA	1:42:22	8:14
677	67	M25	Seth Septer, 27, Des Moines, IA	1:42:22	8:14
678	101	M30	Brian Dutcher, 32, Iowa Falls, IA	1:42:22	8:14
179	6	W50	Mary Madsen, 50*, Melbourne, IA	1:42:24	8:14
679	137	M35	Mark Shelton, 36, Des Moines, IA	1:42:26	8:14
180	19	W20	Betsy Breitbach, 24*, Des Moines, IA	1:42:27	8:15
680	57	M50	Glenn Michael, 53, Glendale, AZ	1:42:28	8:15
181	23	W40	Connie Hoffman, 40*, Carroll, IA	1:42:29	8:15
681	58	M50	Rich Carlson, 51, Clinton, IA	1:42:29	8:15
682	59	M50	Bruce Bernard, 53, Urbandale, IA	1:42:33	8:15
182	36	W25	Jenny Butler, 25*, Coralville, IA	1:42:34	8:15
183	35	W30	Jill Corry, 34*, Colorado Springs, CO	1:42:36	8:15
184	36	W30	Christine Vortherms, 30*, Des Moines, IA	1:42:36	8:15
185	20	W20	Leah Kramme, 20*, Ankeny, IA	1:42:37	8:15
186	19	W45	Leesa Thorgaard, 46*, Ames, IA	1:42:37	8:15
683	123	M40	Jeff Trimble, 42, Des Moines, IA	1:42:37	8:15
187	37	W30	Sandy Leiferman, 33*, Carroll, IA	1:42:38	8:15
684	102	M30	Brian Kinman, 30, Johnston, IA	1:42:39	8:16
685	60	M50	Neil Seales, 51, Rhodes, IA	1:42:39	8:16
188	21	W20	Jennifer Musich, 24*, Kansas City, MO	1:42:40	8:16
189	38	W30	Jody Kimrey, 34*, Johnston, IA	1:42:40	8:16
190	24	W40	Kelly Paul, 42*, Polk City, IA	1:42:41	8:16
191	9	W17	Dani Wagaman, 18*, Emerson, IA	1:42:41	8:16

686	17	JrM Matthew Konen, 16, Maxwell, IA	1:42:42	8:16
192	20	W45 Pamela Wood, 48*, Janesville, Ia	1:42:42	8:16
193	39	W30 Jane Crosman, 33*, Cumming, IA	1:42:43	8:16
687	73	M45 Greg Hayes, 46, Urbandale, IA	1:42:43	8:16
688	18	JrM Andrew Zellweger, 16, Prescott, IA	1:42:44	8:16
689	138	M35 Pat Baldus, 38, West Des Moines, IA	1:42:45	8:16
690	28	M17 Grant Nelson, 17, Greenfield, IA	1:42:45	8:16
691	19	JrM Curtis Maeder, 15, Creston, IA	1:42:46	8:16
692	103	M30 Troy Wright, 33, Perry, IA	1:42:47	8:16
693	8	M55 Rusty Fithen, 56, Clarinda, IA	1:42:49	8:16
694	65	M20 Matt Moore, 22, Lincoln, NE	1:42:50	8:16
695	68	M25 Don Davenport, 27, Ames, IA	1:42:52	8:17
696	104	M30 Dan Koestner, 33, Grimes, IA	1:42:54	8:17
697	124	M40 Jefff Graeve, 40, Ankeny, IA	1:42:55	8:17
194	34	W35 Rita Taylor-Stewart, 36*, North Liberty, IA		
			1:42:57	8:17
195	22	W20 Kimberly Kopacek, 23*, Ankeny, IA	1:42:59	8:17
196	25	W40 Cynthia Lehrkamp, 44*, Carroll, IA	1:43:00	8:17
698	139	M35 Sam Jacob, 36, Des Moines, IA	1:43:00	8:17
197	23	W20 Mariah Schweitzer, 21*, Cedar Falls, IA	1:43:00	8:17
699	74	M45 Phil Algreen, 46, Earlham, IA	1:43:03	8:17
700	66	M20 Eric Nelson, 23, Ames, IA	1:43:03	8:17
198	26	W40 Jane Hemminger, 41*, Des Moines, IA	1:43:04	8:18
701	67	M20 David Nelson, 21, Ames, IA	1:43:06	8:18
702	125	M40 Jerry Richards, 43, Des Moines, IA	1:43:08	8:18
199	40	W30 Shelly Damon, 31*, Bettendorf, IA	1:43:09	8:18
200	37	W25 Heather Every, 27*, Waukee, IA	1:43:09	8:18
201	10	W17 Sara Hayes, 18*, Waukee, IA	1:43:11	8:18
202	41	W30 Lori Vermie, 32*, Bondurant, IA	1:43:12	8:18
703	105	M30 Jon Pederson, 34, Fort Dodge, IA	1:43:13	8:18
704	106	M30 Ted Nahas, 31, West Des Moines, IA	1:43:13	8:18
705	107	M30 James Nahas, 34, Des Moines, IA	1:43:14	8:18
203	21	W45 Connie Dellaca, 46*, Urbandale, IA	1:43:14	8:18
706	126	M40 Douglas Johnston, 42, Des Moines, IA	1:43:14	8:18
707	61	M50 Tom Wieseler, 50, Mt. Vernon, IA	1:43:16	8:18
708	140	M35 Michael Porter, 35, Ankeny, IA	1:43:17	8:19
709	75	M45 William Brown, 49, Des Moines, IA	1:43:18	8:19
204	35	W35 Lisa Gran-Hartshorn, 37*, West Des Moines, IA		
			1:43:18	8:19
710	76	M45 Doug Jepsen, 49, Urbandale, IA	1:43:19	8:19
711	141	M35 Patrick Reinhardt, 35, West Des Moines, IA		
			1:43:19	8:19
712	142	M35 Keith Scholten, 35, Urbandale, IA	1:43:20	8:19
713	143	M35 Mecindo Salinas, 39, Charles City, IA	1:43:20	8:19
205	36	W35 Meredith Hladik, 35*, Des Moines, IA	1:43:21	8:19
714	69	M25 Hans Habeger, 28, Des Moines, IA	1:43:21	8:19
715	127	M40 Mark Tulbert, 44, Charlotte, NC	1:43:21	8:19
206	37	W35 Michelle Sloan, 38*, Altoona, IA	1:43:21	8:19
716	144	M35 Tim Pepper, 36, Indianola, IA	1:43:22	8:19
207	42	W30 Kim Balch, 33*, West Des Moines, IA	1:43:22	8:19
208	24	W20 Ashley Friday, 20*, Jefferson, IA	1:43:23	8:19
717	145	M35 Joe Hrdlicka, 37, Des Moines, IA	1:43:24	8:19
718	128	M40 John Christensen, 42, Granger, IA	1:43:24	8:19
209	43	W30 Enise Murano, 32*, Grimes, IA	1:43:25	8:19
719	77	M45 Greg Brandner, 49, West Des Moines, IA	1:43:27	8:19
720	129	M40 Ron Von Dielingen, 42, Red Oak, IA	1:43:29	8:20
721	108	M30 Don Fitzgerald, 33, Newton, IA	1:43:32	8:20
722	70	M25 Eric Boone, 27, Marshalltown, IA	1:43:32	8:20
210	27	W40 Sara Todd, 40*, Cedar Rapids, IA	1:43:33	8:20
723	62	M50 David Deke, 53, Dewitt, IA	1:43:33	8:20
724	109	M30 Chris Spencer, 30, Carlisle, IA	1:43:34	8:20
211	44	W30 Monique Dulaney, 31*, Carroll, IA	1:43:35	8:20
725	146	M35 Timm Reid, 39, Des Moines, IA	1:43:35	8:20
726	71	M25 Bryan Williams, 27, Des Moines, IA	1:43:35	8:20
727	68	M20 Benjamin Hauge, 20, Forest City, IA	1:43:36	8:20

728	110	M30	Sam Macke, 32, Ankeny, IA	1:43:37	8:20
212	11	W17	Haley Younger, 18*, Ankeny, IA	1:43:38	8:20
729	147	M35	Doug Klostermann, 37, Urbandale, IA	1:43:39	8:20
213	38	W25	Meredith Smith, 26*, Houston, TX	1:43:41	8:21
730	130	M40	Rick Davis, 44, Des Moines, IA	1:43:42	8:21
731	20	JrM	Cole Fuller, 16, Marshalltown, IA	1:43:42	8:21
214	45	W30	Jennifer York, 33*, Ames, IA	1:43:42	8:21
732	78	M45	Tim Saigh, 47, West Des Moines, IA	1:43:43	8:21
733	111	M30	Wade Lookingbill, 33, West Des Moines, IA	1:43:43	8:21
734	131	M40	Greg Chenoweth, 41, Cedar Falls, IA	1:43:44	8:21
735	79	M45	Jon Croft, 48, Des Moines, IA	1:43:44	8:21
736	132	M40	Matt Weiss, 42, Ames, IA	1:43:45	8:21
737	148	M35	John Bonnicksen, 37, Ames, IA	1:43:45	8:21
215	38	W35	Debra Brogden, 38*, Prairie Village, KS	1:43:46	8:21
738	72	M25	Mikel Woods, 29, Waukesha, WI	1:43:46	8:21
216	12	W17	Allison Wunsch, 17*, Urbandale, IA	1:43:47	8:21
739	80	M45	Mark McCoy, 46, Urbandale, IA	1:43:50	8:21
740	63	M50	David Friedgood, 54, Clive, IA	1:43:50	8:21
217	28	W40	Teresa Selberg, 43*, Urbandale, IA	1:43:52	8:21
741	133	M40	Rick Probst, 41, Grimes, IA	1:43:52	8:21
742	64	M50	Dan Whetstone, 51, Ankeny, IA	1:43:55	8:22
743	65	M50	Kevin Cunningham, 51, Des Moines, IA	1:43:58	8:22
744	112	M30	Ron Dycus, 33, Des Moines, IA	1:43:59	8:22
218	22	W45	Renee Colwell, 45*, Iowa Falls, IA	1:43:59	8:22
745	149	M35	Dan Kayser, 38, Des Moines, IA	1:44:00	8:22
746	134	M40	Charlie Steffen, 42, Cedar Rapids, IA	1:44:00	8:22
747	81	M45	Stephen Doerfler, 46, Mason City, IA	1:44:02	8:22
219	39	W35	Gayle Ferry, 39*, Ankeny, IA	1:44:05	8:22
220	40	W35	Beth Kruekenberg, 36*, Ames, IA	1:44:05	8:22
748	9	M55	Glenn Riley, 55, Denver, IA	1:44:07	8:23
749	150	M35	Martin McCarthy, 36, Kansas City, MO	1:44:08	8:23
221	23	W45	Madelene Corliss, 47*, Des Moines, IA	1:44:09	8:23
750	8	M60	David Block, 60, Ames, IA	1:44:09	8:23
751	135	M40	Joel Barcus, 44, West Des Moines, IA	1:44:09	8:23
222	24	W45	Victoria Greening, 47*, Urbandale, IA	1:44:09	8:23
752	73	M25	Ryan Schweitzberger, 27, Cedar Falls, IA	1:44:09	8:23
753	136	M40	Paul Jacobson, 40, Johnston, IA	1:44:11	8:23
754	151	M35	Karl Kruse, 38, Johnston, IA	1:44:12	8:23
755	137	M40	Jeff Rader, 40, Clive, IA	1:44:14	8:23
756	74	M25	Adam Soyer, 27, Norwalk, IA	1:44:15	8:23
757	138	M40	Ken Wunsch, 43, Urbandale, IA	1:44:16	8:23
758	139	M40	Duke Reichardt, 44, Clive, IA	1:44:17	8:23
759	82	M45	Paul Kruse, 45, Granger, IA	1:44:17	8:23
760	152	M35	Jason Soliday, 35, West Des Moines, IA	1:44:18	8:23
761	113	M30	Mark Leichty, 34, Ames, IA	1:44:18	8:24
762	69	M20	Tim Gunderson, 24, Elkhart, IA	1:44:19	8:24
223	7	W50	Margie Cahill, 52*, Nevada, IA	1:44:19	8:24
763	83	M45	Jon Jochims, 45, Marshalltown, IA	1:44:19	8:24
764	75	M25	Grady Holt, 28, West Des Moines, IA	1:44:20	8:24
765	153	M35	Mark Steffen, 38, Ankeny, IA	1:44:22	8:24
224	46	W30	Lisa Nelson, 33*, West Des Moines, IA	1:44:22	8:24
766	154	M35	Dan Van Weelden, 36, Ames, IA	1:44:24	8:24
767	155	M35	Randy Tobey, 36, Des Moines, IA	1:44:24	8:24
768	156	M35	Patrick Shepard, 39, West Des Moines, IA	1:44:25	8:24
769	10	M55	Joel Beane, 55, Marshalltown, IA	1:44:26	8:24
225	47	W30	Stephanie Wishman, 32*, Clive, IA	1:44:28	8:24
226	48	W30	Janis Logan, 33*, Ankeny, IA	1:44:28	8:24
770	70	M20	William Henninger Iv, 20, Newton, IA	1:44:30	8:24
771	157	M35	Roy Schneider, 36, Nebraska City, NE	1:44:35	8:25
227	39	W25	Martha Rockwell, 27*, Ankeny, IA	1:44:36	8:25
772	158	M35	Todd Schweizer, 36, Urbandale, IA	1:44:36	8:25
773	140	M40	Pat Steiner, 42, Ankeny, IA	1:44:37	8:25
774	76	M25	Jason Lauterbach, 27, Newton, IA	1:44:39	8:25
775	114	M30	Steve Price, 34, Spencer, IA	1:44:40	8:25
228	4	JrW	Megan Winkelmann, 15*, Greenfield, IA	1:44:42	8:25

776	141	M40	Leo Allen, 44, Omaha, NE	1:44:43	8:25
777	84	M45	Robert Irving, 45, Des Moines, IA	1:44:44	8:26
778	142	M40	Walt Chapman, 40, Victoria, MN	1:44:46	8:26
229	29	W40	Mary Clark, 40*, Ames, IA	1:44:47	8:26
230	41	W35	Cindy Sheehy, 38*, West Des Moines, IA	1:44:47	8:26
779	143	M40	Tim Schleisman, 44, Burnsville, MN	1:44:48	8:26
780	144	M40	Christopher Delaney, 43, Ames, IA	1:44:49	8:26
781	145	M40	Dan Walter, 44, West Des Moines, IA	1:44:50	8:26
782	85	M45	William Johnson, 47, Iowa City, IA	1:44:51	8:26
231	25	W20	Makyla Sprouse, 20*, Ottumwa, IA	1:44:52	8:26
783	115	M30	Dave Daniels, 34, Des Moines, IA	1:44:54	8:26
784	146	M40	Jim Chebuhar, 43, Marshalltown, IA	1:44:55	8:26
785	159	M35	Jim Bishop, 38, Grimes, IA	1:44:57	8:27
786	147	M40	Kevin O'Connor, 41, Des Moines, IA	1:44:58	8:27
787	160	M35	Brian Kilmer, 38, Boone, IA	1:44:58	8:27
232	40	W25	Caroline O'Connor, 28*, Des Moines, IA	1:44:59	8:27
788	161	M35	Allie Miller, 38, Urbandale, IA	1:44:59	8:27
789	116	M30	Eric Stotts, 33, Urbandale, IA	1:45:00	8:27
790	162	M35	Matt McCoy, 37, Des Moines, IA	1:45:06	8:27
791	163	M35	Jeff Shaul, 38, Dyersville, IA	1:45:07	8:27
792	148	M40	James Unterreiner, 44, Johnston, IA	1:45:09	8:28
793	117	M30	Brian Oetken, 31, Ames, IA	1:45:10	8:28
794	86	M45	Denis Schmitt, 48, West Des Moines, IA	1:45:12	8:28
795	164	M35	Blair Johnston, 35, Waukee, IA	1:45:13	8:28
796	149	M40	Michael Bruce, 41, Johnston, IA	1:45:14	8:28
797	87	M45	Bob Erler, 47, Chanhassen, MN	1:45:15	8:28
233	30	W40	Kim Heffernan, 44*, Ottumwa, IA	1:45:16	8:28
798	66	M50	John Goerdts, 51, Urbandale, IA	1:45:16	8:28
799	71	M20	Ryan Orourke, 24, Omaha, NE	1:45:16	8:28
234	26	W20	Katy Malloy, 23*, Des Moines, IA	1:45:17	8:28
235	42	W35	Dana Plew, 35*, Des Moines, IA	1:45:21	8:29
800	118	M30	Neil Trout, 33, Urbandale, IA	1:45:23	8:29
801	77	M25	Adam Jones, 29, Des Moines, IA	1:45:25	8:29
802	78	M25	Loren Boozell, 29, Indianola, IA	1:45:27	8:29
236	41	W25	Sara Bridie, 29*, Coralville, IA	1:45:28	8:29
803	79	M25	Scott Nevitt, 27, Runnells, IA	1:45:29	8:29
804	165	M35	Steven Feldmann, 35, Iowa City, IA	1:45:29	8:29
237	31	W40	Janet Donnelly, 43*, Des Moines, IA	1:45:29	8:29
805	29	M17	Michael Cooley, 17, Orient, IA	1:45:30	8:29
238	42	W25	Amy Bailey, 28*, West Des Moines, IA	1:45:31	8:29
806	150	M40	Ky Boyle, 44, Moline, IL	1:45:31	8:29
807	151	M40	James Ramsey, 40, Des Moines, IA	1:45:32	8:29
808	166	M35	Gary McCall, 35, Des Moines, IA	1:45:33	8:30
809	152	M40	Marshall Greiman, 44, Urbandale, IA	1:45:34	8:30
239	43	W25	Nariza Nunez, 27*, Pella, IA	1:45:34	8:30
240	32	W40	Sandy Cooper, 40*, Atlantic, IA	1:45:35	8:30
810	167	M35	Scott Chapman, 37, Urbandale, IA	1:45:36	8:30
241	33	W40	Julie Hale, 40*, Des Moines, IA	1:45:38	8:30
242	8	W50	Linda Rowe, 51*, Bloomfield, IA	1:45:39	8:30
811	88	M45	Randy Essex, 45, Des Moines, IA	1:45:39	8:30
812	168	M35	John Schley, 37, Des Moines, IA	1:45:40	8:30
813	80	M25	Zachary Moore, 26, Des Moines, IA	1:45:42	8:30
243	43	W35	Marie Buckhout, 37*, Birmingham, MI	1:45:43	8:30
814	11	M55	Robert Ridenour, 58, West Des Moines, IA	1:45:44	8:30
815	12	M55	Steve Collis, 58, Ankeny, IA	1:45:45	8:31
816	119	M30	Joel Veenstra, 34, Des Moines, IA	1:45:45	8:31
817	89	M45	Paul Carlson, 46, Ankeny, IA	1:45:46	8:31
818	120	M30	Todd Eschweiler, 32, Ankeny, IA	1:45:46	8:31
819	153	M40	Rick Reitz, 41, Des Moines, IA	1:45:47	8:31
820	81	M25	Thomas Schultz, 27, Ames, IA	1:45:48	8:31
244	49	W30	Lori Devries, 30*, Johnston, IA	1:45:48	8:31
821	169	M35	Dan Holm, 38, Ankeny, IA	1:45:50	8:31
822	21	JrM	Adam Halls, 16, Indianola, IA	1:45:51	8:31
823	170	M35	Norm Bach, 36, Marshalltown, IA	1:45:53	8:31

824	82	M25	Scott Pearson, 27, West Des Moines, IA	1:45:55	8:31
825	154	M40	Graeme Armstrong, 44, West Des Moines, IA	1:45:56	8:31
245	27	W20	Kara Novotny, 20*, Lincoln, NE	1:45:56	8:31
826	83	M25	Justin Liston, 27, Brooklyn, IA	1:45:57	8:31
827	155	M40	Charles Link, 43, Clive, IA	1:45:58	8:32
828	171	M35	Bradley Hastings, 37, Iowa Falls, IA	1:45:58	8:32
246	13	W17	Emily Fuerstenau, 19*, Indianola, IA	1:45:58	8:32
829	84	M25	Stew Bevis, 28, Ankeny, IA	1:45:58	8:32
830	121	M30	Jeff Bevis, 34, Johnston, IA	1:45:59	8:32
831	13	M55	Rick Grant, 56, West Des Moines, IA	1:45:59	8:32
247	28	W20	Amy Baldwin, 20*, Waverly, IA	1:45:59	8:32
832	72	M20	Matt Townsley, 21, Walford, IA	1:45:59	8:32
833	85	M25	Dan Bruns, 28, Ankeny, IA	1:46:01	8:32
834	67	M50	Tomm Pfitzenmaier, 51, Adel, IA	1:46:01	8:32
835	172	M35	Trevor Myers, 35, Urbandale, IA	1:46:02	8:32
836	173	M35	Ronald Loecher, 37, Cedar Falls, IA	1:46:02	8:32
248	25	W45	Cynthia Boyer-McFarland, 45*, Cedar Rapids, IA	1:46:03	8:32
837	156	M40	Thomas Duff, 40, Des Moines, IA	1:46:04	8:32
249	44	W25	Shelley Sessler, 28*, Urbandale, IA	1:46:05	8:32
838	157	M40	Jon Leinen, 44, Des Moines, IA	1:46:06	8:32
250	50	W30	Jodi Reinke, 30*, Ankeny, IA	1:46:09	8:32
251	45	W25	Jessica Hanson, 28*, Radcliffe, IA	1:46:09	8:32
839	2	M65	Ron Scottt, 66, Keokuk, IA	1:46:09	8:32
252	29	W20	Sara Hill, 23*, Iowa City, IA	1:46:09	8:32
840	158	M40	Tai Wang, 44, Des Moines, IA	1:46:10	8:32
841	73	M20	Jason McReynolds, 22, Norwalk, IA	1:46:11	8:33
253	51	W30	Carmen Dixon, 33*, Iowa City, IA	1:46:11	8:33
254	46	W25	Rachel Britten, 26*, Story City, IA	1:46:11	8:33
842	90	M45	Carlan Miller, 46, Iowa City, IA	1:46:12	8:33
843	9	M60	John Anderson, 60, Fergus Falls, MN	1:46:13	8:33
844	174	M35	David May, 39, Ames, IA	1:46:14	8:33
255	34	W40	Carol Litscher, 42*, West Des Moines, IA	1:46:14	8:33
256	26	W45	Ellen Eakin, 45*, Ankeny, IA	1:46:14	8:33
845	159	M40	John Hoversten, 44, Blairsburg, IA	1:46:14	8:33
257	47	W25	Angela Thompson, 27*, Iowa City, IA	1:46:15	8:33
846	175	M35	Jay Hagedorn, 39, Des Moines, IA	1:46:15	8:33
258	48	W25	Stacy Dietch, 26*, Des Moines, IA	1:46:15	8:33
847	122	M30	Paul Schlueter, 30, Des Moines, IA	1:46:15	8:33
259	49	W25	Julie Pechinovsky, 25*, West Des Moines, IA	1:46:15	8:33
848	68	M50	Paul Gordon, 53, Mason City, IA	1:46:15	8:33
849	91	M45	Doug Keast, 45, Altoona, IA	1:46:16	8:33
850	176	M35	Richard Mockobee, 35, Norwalk, IA	1:46:16	8:33
851	160	M40	Jim Sanders, 43, Johnston, IA	1:46:17	8:33
260	52	W30	Jean Furler, 33*, Indianola, IA	1:46:17	8:33
852	92	M45	Rex Rankin, 49, Des Moines, IA	1:46:18	8:33
261	44	W35	Kristin Grabinoski, 36*, Armstrong, IA	1:46:19	8:33
853	74	M20	Jay Rewerts, 24, Des Moines, Ia Ia	1:46:19	8:33
262	50	W25	Julie Nahas, 28*, West Des Moines, IA	1:46:20	8:33
854	14	M55	John Martin, 56, Davenport, IA	1:46:20	8:33
855	69	M50	Tim Devick, 53, Urbandale, IA	1:46:21	8:33
856	123	M30	Guy Simons, 31, Cedar Rapids, IA	1:46:21	8:33
263	51	W25	Heather Ray, 25*, Cedar Rapids, IA	1:46:22	8:33
857	93	M45	Jim Pech, 47, West Des Moines, IA	1:46:24	8:34
858	177	M35	Neal Halder, 39, Ankeny, IA	1:46:24	8:34
859	86	M25	Bryan Boulanger, 26, North Liberty, IA	1:46:26	8:34
264	53	W30	Amy Price, 32*, Ankeny, IA	1:46:26	8:34
265	54	W30	Robin Brand, 30*, Guthrie Center, IA	1:46:28	8:34
860	30	M17	Alex Burchett, 17, Eldora, IA	1:46:30	8:34
861	161	M40	Raymond Dolejs, 41, Palatine, IL	1:46:30	8:34
266	55	W30	Julie Fuller, 33*, West Des Moines, IA	1:46:30	8:34
862	178	M35	Doug Malmgren, 39, Minneapolis, MN	1:46:30	8:34
267	35	W40	Michelle Anderson, 40*, West Des Moines, IA	1:46:31	8:34

268	30	W20	Abby Sweet, 21*, Cedar Rapids, IA	1:46:32	8:34
863	124	M30	Shannon Haus, 32, Ankeny, IA	1:46:32	8:34
864	179	M35	Rick Hornsby, 38, Woodward, IA	1:46:32	8:34
865	125	M30	Scott Hock, 34, Ames, IA	1:46:33	8:34
866	22	JrM	William Lowe, 14, Johnston, IA	1:46:33	8:34
867	162	M40	Kent Weeden, 41, Des Moines, IA	1:46:34	8:34
868	180	M35	Brian Graeve, 38, Ankeny, IA	1:46:34	8:34
869	75	M20	Brandon Schmitz, 20, Norwalk, IA	1:46:35	8:34
870	94	M45	Douglas Burkle, 45, Cedar Rapids, IA	1:46:37	8:35
871	87	M25	Christopher Gunderson, 26, Polk City, IA	1:46:37	8:35
269	45	W35	Pamela Stek, 39*, Iowa City, IA	1:46:39	8:35
270	31	W20	Kristin Cavanagh, 22*, Des Moines, IA	1:46:39	8:35
872	23	JrM	Edward Bleimehl, 16, Des Moines, IA	1:46:39	8:35
873	15	M55	Michael Goheen, 59, West Des Moines, IA	1:46:40	8:35
874	76	M20	Dan Evans, 22, Waukee, IA	1:46:41	8:35
875	181	M35	Rob Gettemy, 38, Marion, IA	1:46:41	8:35
876	24	JrM	Ty Foster-Stavneak, 14, Johnston, IA	1:46:42	8:35
271	32	W20	Kristen Bernhard, 23*, Ames, IA	1:46:42	8:35
877	182	M35	John Beh, 39, Des Moines, IA	1:46:42	8:35
272	33	W20	Casey Schevers, 24*, Overland Park, KS	1:46:43	8:35
273	34	W20	Holly Chaitman, 23*, Olathe, KS	1:46:43	8:35
878	163	M40	Dave Endres, 40, West Des Moines, IA	1:46:43	8:35
274	5	JrW	Heather Schneider, 16*, Nebraska City, NE	1:46:45	8:35
879	164	M40	Gerry Smedinghoff, 40, Phoenix, AZ	1:46:45	8:35
880	95	M45	Andy Kraber, 47, Knoxville, IA	1:46:47	8:35
881	183	M35	Doug Burger, 35, Iowa City, IA	1:46:47	8:36
882	165	M40	Russ Asman, 42, Adel, IA	1:46:49	8:36
275	46	W35	Carrie Vorbrich, 38*, Des Moines, IA	1:46:50	8:36
883	184	M35	Philip Roudabush, 38, North Liberty, IA	1:46:51	8:36
884	166	M40	Brian Culich, 40, Des Moines, IA	1:46:55	8:36
276	35	W20	Alicia Bartz, 24*, West Des Moines, IA	1:46:56	8:36
885	16	M55	Jay Birmingham, 57, Blair, NE	1:46:58	8:36
886	185	M35	Todd Bohnsack, 37, Vinton, IA	1:47:00	8:37
277	56	W30	Anne Mandt, 31*, Cedar Falls, IA	1:47:00	8:37
278	47	W35	Laurie Johnson, 37*, Osage, IA	1:47:01	8:37
887	186	M35	Russell Erwin, 38, Urbandale, IA	1:47:01	8:37
888	126	M30	Patrick Clem, 32, Ames, IA	1:47:02	8:37
889	127	M30	John Schultz, 30, Roeland Park, KS	1:47:02	8:37
890	88	M25	Mark Alberico, 26, Des Moines, IA	1:47:03	8:37
891	89	M25	Bryan Weible, 26, Des Moines, IA	1:47:04	8:37
279	14	W17	Autumn Anderson, 17*, Nebraska City, NE	1:47:05	8:37
892	70	M50	David Zinzer, 53, Des Moines, IA	1:47:05	8:37
893	187	M35	Gary Grafft, 38, Marengo, IA	1:47:07	8:37
894	167	M40	David Peters, 43, Newton, IA	1:47:08	8:37
895	168	M40	Matthew Hart, 43, Ankeny, IA	1:47:08	8:37
896	128	M30	Michael Swaim, 32, West Des Moines, IA	1:47:08	8:37
280	36	W40	Rhonda Thomasson, 44*, Newton, IA	1:47:09	8:37
897	169	M40	Dennis Baldwin, 40, West Des Moines, IA	1:47:09	8:37
898	96	M45	Terry Lint, 48, Clive, IA	1:47:12	8:37
899	170	M40	David Jass, 40, Ankeny, IA	1:47:13	8:38
281	52	W25	Amy Wallman, 29*, Des Moines, IA	1:47:13	8:38
900	188	M35	David Williams, 35, West Des Moines, IA	1:47:14	8:38
901	129	M30	Joseph Heimer, 32, Ankeny, IA	1:47:14	8:38
902	171	M40	Wayne Ellis, 44, Clive, IA	1:47:15	8:38
903	97	M45	John Kovar, 45, Ames, IA	1:47:16	8:38
282	37	W40	Linda Dill, 42*, Grimes, IA	1:47:17	8:38
904	98	M45	Samuel Ramsey, 46, Iowa City, IA	1:47:17	8:38
283	53	W25	Sarah Ramsey, 29*, Iowa City, IA	1:47:18	8:38
905	189	M35	Brian James, 36, Urbandale, IA	1:47:18	8:38
906	71	M50	Jack Stewart, 50, Ankeny, IA	1:47:19	8:38
907	190	M35	Thomas Shide, 39, Urbandale, IA	1:47:19	8:38
908	191	M35	Drew Dehaes, 39, Des Moines, IA	1:47:21	8:38
909	192	M35	Tim Schott, 35, Des Moines, IA	1:47:21	8:38
910	90	M25	Michael Cooper, 29, Urbandale, IA	1:47:22	8:38
911	172	M40	Loras Kremer, 44, Atkins, IA	1:47:22	8:38

284	38	W40	Darl George, 43*, Bettendorf, IA	1:47:23	8:38
912	130	M30	Tanmaya Bhatnagar, 31, West Des Moines, IA		
				1:47:23	8:38
913	17	M55	Vern Stalzer, 56, Marshalltown, IA	1:47:24	8:38
285	48	W35	Kristy Merschman, 38*, Altoona, IA	1:47:25	8:39
914	10	M60	Earl Maahs, 60, Spirit Lake, IA	1:47:27	8:39
286	27	W45	D Peterson, 45*, Grimes, IA	1:47:27	8:39
915	99	M45	Mike Zuendel, 48, Des Moines, IA	1:47:28	8:39
916	173	M40	Jeff Hostetter, 44, West Des Moines, IA	1:47:29	8:39
917	91	M25	Ryan Bakke, 29, Des Moines, IA	1:47:32	8:39
918	92	M25	Aaron Mishler, 28, Iowa City, IA	1:47:33	8:39
287	49	W35	Kelly Pratt, 35*, Urbandale, IA	1:47:35	8:39
919	18	M55	Robert Johnson, 58, Nevada, IA	1:47:36	8:39
920	174	M40	Don Owens, 44, Des Moines, IA	1:47:36	8:39
921	72	M50	Lonnie Cleland, 54, Des Moines, IA	1:47:37	8:39
922	175	M40	Marty Richardson, 42, Ankeny, IA	1:47:38	8:40
923	193	M35	James Bice, 39, Des Moines, IA	1:47:39	8:40
924	73	M50	Rich Johnson, 50, Ankeny, IA	1:47:40	8:40
925	131	M30	Aaron Kennedy, 34, Des Moines, IA	1:47:43	8:40
288	39	W40	Wendy Chrisman, 43*, Des Moines, IA	1:47:44	8:40
926	194	M35	Dan Narber, 38, Altoona, IA	1:47:48	8:40
927	195	M35	Matthew Daniels, 38, Des Moines, IA	1:47:50	8:41
289	50	W35	Denise Fowler, 35*, Pleasant Hill, IA	1:47:51	8:41
290	36	W20	Becky Schuett, 23*, Minneapolis, MN	1:47:52	8:41
928	176	M40	Doug Fick, 41, Johnston, IA	1:47:54	8:41
929	100	M45	Brian Bachmann, 45, Iowa City, IA	1:47:57	8:41
291	37	W20	Katie Hanson, 24*, Ames, IA	1:47:57	8:41
292	28	W45	Betsy Frederes, 45*, Clive, IA	1:47:58	8:41
293	54	W25	Shelley Bricker, 28*, Des Moines, IA	1:48:00	8:41
930	74	M50	Richard Blane, 53, West Des Moines, IA	1:48:01	8:41
294	55	W25	Dawn Miller, 25*, Anamosa, IA	1:48:03	8:42
931	101	M45	Ross Devalois, 47, Iowa City, IA	1:48:04	8:42
932	196	M35	Kevin Kellner, 36, Des Moines, IA	1:48:05	8:42
933	177	M40	Warren Peterson, 44, West Des Moines, IA	1:48:07	8:42
934	93	M25	Roy Richardson, 27, Lawrence, KS	1:48:09	8:42
935	132	M30	Jason Wulf, 30, Des Moines, IA	1:48:10	8:42
936	94	M25	Bryon Gleisner, 28, Panama City, FL	1:48:10	8:42
295	56	W25	Jenny Dowil, 28*, West Des Moines, IA	1:48:12	8:42
937	19	M55	Steve Ovel, 55, Cedar Rapids, IA	1:48:12	8:42
296	57	W25	Kimberly Assman, 25*, Waukee, IA	1:48:13	8:42
938	178	M40	Randy Derby, 44, Urbandale, IA	1:48:19	8:43
297	51	W35	Lauren Bramble, 39*, Windsor Heights, IA	1:48:20	8:43
939	133	M30	Byron Torke, 34, West Des Moines, IA	1:48:20	8:43
298	58	W25	Stephanie Grant, 26*, Ankeny, IA	1:48:21	8:43
940	31	M17	Chad Baedke, 19, Fort Dodge, IA	1:48:21	8:43
941	75	M50	Randall Hardwick, 51, North Vernon, IN	1:48:22	8:43
299	38	W20	Berit Amundson, 21*, Hendricks, MN	1:48:22	8:43
300	40	W40	Annette Krause, 41*, West Des Moines, IA	1:48:23	8:43
301	41	W40	Christine Moen, 43*, West Des Moines, IA	1:48:24	8:43
942	197	M35	Lind Bernal, 35, West Des Moines, IA	1:48:24	8:43
302	39	W20	Erin Richards, 23*, West Des Moines, IA	1:48:25	8:43
943	95	M25	Rob Johnson, 26, Des Moines, IA	1:48:25	8:43
944	179	M40	Austin Palmer, 42, West Des Moines, IA	1:48:26	8:43
303	42	W40	Kerry Gilarski, 43*, Ames, IA	1:48:28	8:44
304	52	W35	Michele Schroeder, 37*, Ankeny, IA	1:48:29	8:44
945	134	M30	Randy Schieltz, 34, Madrid, IA	1:48:29	8:44
305	40	W20	Megan Miller, 24*, Iowa City, IA	1:48:30	8:44
306	9	W50	Tammy Reams, 52*, West Des Moines, IA	1:48:32	8:44
946	96	M25	Brocke Palmer, 28, West Des Moines, IA	1:48:34	8:44
947	180	M40	Bob Collins, 42, North Liberty, IA	1:48:35	8:44
307	53	W35	Kathie Reis, 35*, Urbandale, IA	1:48:35	8:44
948	198	M35	Jon Greising, 39, Johnston, IA	1:48:36	8:44
308	41	W20	Christina German, 22*, Dallas Center, IA	1:48:37	8:44
949	181	M40	John Brown, 40, West Des Moines, IA	1:48:37	8:44
309	42	W20	Kacie Sweeney, 22*, Lenox, IA	1:48:38	8:44

950	77	M20	Michael Lauterbach, 22, Newton, IA	1:48:38	8:44
310	43	W40	Carol Stephens, 42*, Beatrice, NE	1:48:39	8:44
951	199	M35	Geoff Graham, 35, Waukee, IA	1:48:39	8:45
952	135	M30	John Swenning, 34, Iowa City, IA	1:48:40	8:45
311	59	W25	Anne Kaercher, 26*, West Des Moines, IA	1:48:40	8:45
953	200	M35	Ron Maahs, 37, Johnston, IA	1:48:41	8:45
312	29	W45	Linda Gobbrdiel, 46*, West Des Moines, IA	1:48:42	8:45
954	182	M40	Gary Schmit, 41, Mason City, IA	1:48:42	8:45
955	201	M35	Robert Francis, 37, Ankeny, IA	1:48:42	8:45
313	57	W30	Susie Hildebrandt, 34*, Des Moines, IA	1:48:43	8:45
956	97	M25	Sean Smith, 26, Ames, IA	1:48:44	8:45
314	54	W35	Mona Kurtz, 39*, Overland Park, KS	1:48:46	8:45
957	136	M30	Ronnie Wiedman, 32, Grimes, IA	1:48:46	8:45
958	98	M25	Jason Wiedman, 27, Ankeny, IA	1:48:47	8:45
959	102	M45	Steve Vaught, 45, Des Moines, IA	1:48:48	8:45
960	183	M40	Dan Duwelius, 44, Des Moines, IA	1:48:49	8:45
961	3	M65	Dave Coppinger, 65, Waukee, IA	1:48:49	8:45
962	184	M40	Jerry Lawrence, 43, Des Moines, IA	1:48:50	8:45
963	202	M35	Curtis Jahde, 36, Anita, IA	1:48:52	8:46
315	58	W30	Jill Anonson, 32*, West Des Moines, IA	1:48:53	8:46
964	76	M50	David Acker, 50, Ames, IA	1:48:53	8:46
316	55	W35	Debi Loffredo, 36*, West Des Moines, IA	1:48:54	8:46
965	137	M30	Mark Mazzie, 31, Des Moines, IA	1:48:55	8:46
317	60	W25	Brandee Jenkins, 27*, Des Moines, IA	1:48:55	8:46
966	185	M40	Kevin Peters, 43, Grimes, IA	1:48:55	8:46
318	15	W17	Jessica Johnson, 19*, Webster City, IA	1:48:56	8:46
967	103	M45	Chuck Bishop, 45, Urbandale, IA	1:48:56	8:46
319	56	W35	Beth Morton, 38*, West Des Moines, IA	1:48:57	8:46
968	203	M35	Michael Wallerstedt, 39, Cedar Rapids, IA	1:48:57	8:46
320	16	W17	Meghan Oneill, 18*, Urbandale, IA	1:48:58	8:46
321	61	W25	Shannon Strickler, 25*, Windsor Heights, IA	1:48:58	8:46
322	44	W40	Donna Ramsey, 43*, Des Moines, IA	1:48:59	8:46
969	104	M45	John Climack, 47, Chicago, IL	1:48:59	8:46
970	138	M30	Eric Taylor, 32, Urbandale, IA	1:49:00	8:46
971	186	M40	Richard Ford, 44, Urbandale, IA	1:49:01	8:46
323	62	W25	Krystal Kron, 26*, Urbandale, IA	1:49:01	8:46
972	139	M30	Brad Essman, 34, Urbandale, IA	1:49:02	8:46
973	77	M50	Stuart Lehr, 54, West Des Moines, IA	1:49:02	8:46
974	105	M45	Joseph Henry, 46, Des Moines, IA	1:49:04	8:47
324	57	W35	Toni Leisinger, 37*, Council Bluffs, IA	1:49:05	8:47
975	140	M30	Simon Wright, 33, Urbandale, IA	1:49:06	8:47
976	78	M50	Joel Greer, 50, Marshalltown, IA	1:49:07	8:47
325	58	W35	Tina Bridges, 36*, Columbia, MO	1:49:08	8:47
326	63	W25	Christa Hoppman, 28*, Marshalltown, IA	1:49:08	8:47
977	141	M30	David Sus, 33, Omaha, NE	1:49:09	8:47
327	10	W50	Rosanne Weber, 51*, Kalona, IA	1:49:10	8:47
978	106	M45	Dennis Rustad, 47, Des Moines, IA	1:49:10	8:47
979	142	M30	Tim Dykstra, 34, Lewiston, ID	1:49:12	8:47
328	59	W30	Sue Burger, 34*, Iowa City, IA	1:49:13	8:47
329	59	W35	Heidi Kramer, 37*, Johnston, IA	1:49:15	8:47
980	187	M40	Wasl Al-Adsani, 42, West Des Moines, IA	1:49:15	8:47
330	60	W30	Mary Owens, 32*, Altoona, IA	1:49:16	8:47
981	204	M35	Mark Cutler, 36, Cedar Rapids, Ia In	1:49:16	8:48
982	107	M45	Kent Herink, 48, Johnston, IA	1:49:17	8:48
331	43	W20	Jennifer Finken, 23*, Papillion, NE	1:49:18	8:48
332	30	W45	Cindy Finken, 47*, Papillion, NE	1:49:19	8:48
983	188	M40	Mike Beumer, 42, Urbandale, IA	1:49:19	8:48
984	99	M25	Bret Dillon, 29, Des Moines, IA	1:49:20	8:48
985	143	M30	Tracy Draeger, 31, Des Moines, IA	1:49:22	8:48
333	45	W40	Christine Bobst, 42*, Norwalk, IA	1:49:22	8:48
986	205	M35	Gary Travis, 35, Johnston, IA	1:49:24	8:48
334	60	W35	Connie VanRoekel, 35*, Adel, IA	1:49:24	8:48
335	44	W20	Tasha Armstrong, 23*, Urbandale, IA	1:49:24	8:48
336	61	W30	Julie Lowery, 34*, West Des Moines, IA	1:49:26	8:48

987	144	M30	James Holloway, 34, West Des Moines, IA	1:49:26	8:48
988	78	M20	Doug Miller, 22, Ankeny, IA	1:49:27	8:48
337	46	W40	Marci Bengen, 41*, Reinbeck, IA	1:49:27	8:48
989	145	M30	Brad McAvoy, 34, West Des Moines, IA	1:49:28	8:48
990	100	M25	Jason Beebout, 28, Chariton, IA	1:49:29	8:48
338	62	W30	Melanie Travis, 34*, Johnston, IL	1:49:30	8:49
339	47	W40	Ssang Gebelein, 42*, Des Moines, IA	1:49:31	8:49
340	61	W35	Jeanne Hillsman, 36*, West Des Moines, IA	1:49:31	8:49
341	62	W35	Rachele Kugel, 37*, Des Moines, IA	1:49:32	8:49
342	48	W40	Kirsten Hanrahn, 40*, Iowa City, IA	1:49:34	8:49
991	79	M20	Jonathan Muecke, 20, Des Moines, IA	1:49:35	8:49
992	206	M35	Jeff Sullivan, 38, West Des Moines, IA	1:49:35	8:49
343	45	W20	Tara McGowan, 20*, Urbandale, IA	1:49:37	8:49
993	207	M35	Jeff Ellinger, 36, West Des Moines, IA	1:49:37	8:49
344	49	W40	Brenda Bright, 42*, Ames, IA	1:49:37	8:49
994	208	M35	Kevin Gordon, 39, Johnston, IA	1:49:38	8:49
995	189	M40	Jeffrey Anderson, 42, Boone, IA	1:49:38	8:49
345	50	W40	Julia Roberson, 41*, Urbandale, IA	1:49:38	8:49
996	209	M35	David Peterson, 37, Ankeny, IA	1:49:39	8:49
997	108	M45	Doug Humes, 45, Mahtomedi, MN	1:49:39	8:49
346	63	W35	Anne Humes, 39*, Mahtomedi, MN	1:49:39	8:49
347	17	W17	Leslie Green, 19*, Des Moines, IA	1:49:40	8:49
998	146	M30	Douglas May, 33, Woodburn, IA	1:49:40	8:49
348	64	W35	Cindy Lentz, 39*, Polk City, IA	1:49:40	8:49
999	147	M30	Rick Kavan, 30, Clive, IA	1:49:41	8:49
349	46	W20	Lexi Isaacson, 24*, West Des Moines, IA	1:49:41	8:49
1000	20	M55	Lloyd Fagin, 56, Perry, IA	1:49:41	8:50
1001	210	M35	Scott Johnson, 39, Johnston, IA	1:49:43	8:50
350	64	W25	Michele Desmet, 25*, Omaha, NE	1:49:44	8:50
1002	190	M40	Alan Metz, 42, Atlantic, IA	1:49:44	8:50
351	63	W30	Regina Vespa, 32*, Clive, IA	1:49:44	8:50
1003	191	M40	Dennis Judd, 42, Urbandale, IA	1:49:45	8:50
1004	211	M35	Michael Dee, 37, Ankeny, IA	1:49:47	8:50
1005	192	M40	Jim Frank, 43, Des Moines, IA	1:49:48	8:50
1006	212	M35	James Lowery, 36, Des Moines, IA	1:49:49	8:50
352	65	W35	R Holzwarth, 37*, Urbandale, IA	1:49:49	8:50
1007	148	M30	Todd Romano, 30, Des Moines, IA	1:49:52	8:50
353	66	W35	Heleen Welvaart, 35*, Des Moines, IA	1:49:52	8:50
1008	193	M40	Michael Smith, 44, Eldora, IA	1:49:53	8:50
354	67	W35	Jill Heston, 35*, Ankeny, IA	1:49:55	8:51
1009	101	M25	Peter Reitano, 26, Grimes, IA	1:49:55	8:51
355	64	W30	Jenny Maciolek, 34*, Slinger, WI	1:49:56	8:51
1010	149	M30	Bj Spyksma, 30, West Des Moines, IA	1:49:56	8:51
1011	150	M30	Brian Bailey, 31, Windsor Heights, IA	1:49:57	8:51
356	65	W30	Renee Lyons, 32*, Cedar Rapids, IA	1:49:58	8:51
1012	213	M35	David Kroner, 38, Johnston, IA	1:49:58	8:51
357	47	W20	Sarah Britton, 23*, Ames, IA	1:49:58	8:51
1013	80	M20	Tim Anderson, 21, Altoona, IA	1:49:58	8:51
1014	214	M35	Frank Severino, 36, Johnston, IA	1:49:59	8:51
1015	109	M45	Jim Christenson, 46, Des Moines, IA	1:50:00	8:51
358	66	W30	Sandy Mensen, 34*, Delhi, IA	1:50:01	8:51
1016	110	M45	Jim Ostiguy, 47, Johnston, IA	1:50:02	8:51
1017	151	M30	Joseph Dunham, 34, Des Moines, IA	1:50:03	8:51
1018	215	M35	Jim Elmer, 39, Johnston, IA	1:50:04	8:51
1019	216	M35	Shawn Nelson, 37, Ankeny, IA	1:50:05	8:51
359	67	W30	Melany Shaw, 34*, Altoona, IA	1:50:05	8:51
360	68	W35	Kara Urlis, 39*, Norwalk, IA	1:50:05	8:51
1020	152	M30	Blake Meisenheimer, 30, St Louis Park, MN	1:50:06	8:52
361	69	W35	Ann Marvelli, 39*, Norwalk, IA	1:50:06	8:52
1021	102	M25	Adam Fast, 25, Pleasant Hill, IA	1:50:07	8:52
362	48	W20	Paula Saxton, 24*, Bettendorf, IA	1:50:08	8:52
1022	103	M25	Tim Mulcahy, 27, Polk City, IA	1:50:09	8:52
1023	25	JrM	John Coxe, 16, Des Moines, IA	1:50:09	8:52
1024	153	M30	Philip Gates, 31, Ankeny, IA	1:50:09	8:52
1025	154	M30	Scott Gehl, 31, Des Moines, IA	1:50:11	8:52

363	70	W35 Tina Bishop, 37*, Grimes, IA	1:50:11	8:52
1026	104	M25 Mark Holm, 27, Ankeny, IA	1:50:11	8:52
364	65	W25 Jennifer Vitko, 29*, Ottumwa, IA	1:50:11	8:52
1027	11	M60 Jack Voss, 62, Stanwood, IA	1:50:12	8:52
1028	217	M35 Scott Mortimer, 37, Cumming, IA	1:50:13	8:52
365	66	W25 Katie Thilges, 29*, Ankeny, IA	1:50:15	8:52
1029	218	M35 Keith Snow, 36, Ankeny, IA	1:50:15	8:52
366	71	W35 Terri Hastings, 35*, Iowa Falls, IA	1:50:15	8:52
1030	219	M35 Ron Engelhardt, 38, Ankeny, IA	1:50:16	8:52
367	67	W25 Melinda Hill, 27*, Des Moines, IA	1:50:17	8:52
1031	79	M50 Lou Hockenber, 53, Clive, IA	1:50:19	8:53
1032	111	M45 J P Greer, 46, Spencer, IA	1:50:19	8:53
368	68	W25 Tricia Thompson Scott, 28*, West Des Moines, IA	1:50:23	8:53
1033	194	M40 Tim Beebout, 43, Des Moines, IA	1:50:23	8:53
369	51	W40 Teresa Thomas, 40*, Urbandale, IA	1:50:25	8:53
370	69	W25 Sally Johnson, 26*, Grimes, IA	1:50:28	8:53
1034	80	M50 Mark Jones, 51, Urbandale, IA	1:50:29	8:53
1035	81	M50 Bob Weieneth, 51, Webster City, IA	1:50:31	8:54
371	52	W40 Kary Austin, 41*, Grimes, IA	1:50:33	8:54
1036	155	M30 Tim Weber, 34, West Des Moines, IA	1:50:33	8:54
372	70	W25 Kimberly Miller, 27*, Clive, IA	1:50:33	8:54
373	18	W17 Kelly Blind, 17*, Solon, IA	1:50:35	8:54
1037	220	M35 Dave Davis, 39, Bloomfield, IA	1:50:35	8:54
374	72	W35 Helene Volkert, 38*, Iowa City, IA	1:50:37	8:54
1038	221	M35 Joe Ollendick, 37, Grimes, IA	1:50:38	8:54
375	73	W35 Sandy Vollstedt, 35*, Iowa City, IA	1:50:39	8:54
1039	105	M25 Paul Caspersen, 29, Ames, IA	1:50:41	8:54
1040	81	M20 Kyle Chambers, 22, West Des Moines, IA	1:50:42	8:54
1041	222	M35 Mike Plummer, 38, West Des Moines, IA	1:50:46	8:55
1042	223	M35 Vince Vanderneck, 38, West Des Moines, IA	1:50:46	8:55
1043	195	M40 Brent Veldkamp, 41, Cumming, IA	1:50:48	8:55
376	71	W25 Audrey Mathema, 28*, West Des Moines, IA	1:50:49	8:55
377	53	W40 Margie Jass, 41*, Ankeny, IA	1:50:49	8:55
1044	156	M30 William Hermann, 32, West Des Moines, IA	1:50:49	8:55
1045	106	M25 Rich Davitt, 29, West Des Moines, IA	1:50:51	8:55
1046	196	M40 Jim Noonan, 40, Bondurant, IA	1:50:52	8:55
1047	157	M30 Tony George, 30, Ankeny, IA	1:50:52	8:55
378	49	W20 Susan Briggs, 23*, Kansas City, MO	1:50:52	8:55
1048	224	M35 Bradley Cooper, 37, Norwalk, IA	1:50:53	8:55
1049	197	M40 Michael O'Brien, 40, Des Moines, IA	1:50:56	8:56
379	68	W30 Janee McBride, 33*, Altoona, IA	1:50:57	8:56
1050	12	M60 Steve Schroeder, 60, Hudson, WI	1:50:58	8:56
1051	107	M25 Grant Dolmage, 27, Cedar Rapids, IA	1:50:58	8:56
380	72	W25 Jessi Dolmage, 25*, Cedar Rapids, IA	1:50:59	8:56
1052	108	M25 Chris George, 26, West Des Moines, IA	1:51:00	8:56
381	73	W25 Anne Broderick, 29*, Des Moines, IA	1:51:00	8:56
1053	225	M35 Tim Ortale, 36, Reno, NV	1:51:02	8:56
382	74	W25 Lisa Johnson, 27*, Cedar Rapids, IA	1:51:02	8:56
1054	21	M55 Ralph Edwards, 55, Des Moines, IA	1:51:04	8:56
383	50	W20 Kasey Matthes, 21*, Altoona, IA	1:51:04	8:56
1055	26	JrM Mitchell Miller, 14, Brookings, SD	1:51:04	8:56
1056	109	M25 Michael Stromberg, 28, Ames, IA	1:51:06	8:56
384	75	W25 Jennifer Krambeck, 28*, Des Moines, IA	1:51:07	8:56
385	74	W35 Kristi Hamaker, 37*, Urbandale, IA	1:51:09	8:57
386	76	W25 Keri Mattes, 29*, St Louis, MO	1:51:10	8:57
387	54	W40 Jill Boerighter, 43*, Waverly, IA	1:51:11	8:57
1057	198	M40 Todd Weber, 40, Earlham, IA	1:51:11	8:57
1058	112	M45 Dennis Huss, 46, Des Moines, IA	1:51:12	8:57
1059	158	M30 Chris Eggert, 31, Ames, IA	1:51:14	8:57
1060	110	M25 Rick Rosas, 29, Iowa City, IA	1:51:15	8:57
1061	159	M30 Chris Norvell, 32, Sioux City, IA	1:51:16	8:57
1062	160	M30 Michael Dahlauser, 31, Oskaloosa, IA	1:51:17	8:57
388	75	W35 Jean Johnson, 37*, Des Moines, IA	1:51:17	8:57
389	51	W20 Candace Wilson, 23*, Minneapolis, MN	1:51:18	8:57

1063	199	M40	William Henninger III, 40, Newton, IA	1:51:19	8:57
1064	113	M45	Scott Combs, 49, Aurora, IL	1:51:19	8:57
1065	114	M45	Chris Mitchell, 48, Ankeny, IA	1:51:21	8:58
	390	77	W25 Joanna Habeger, 25*, Des Moines, IA	1:51:21	8:58
1066	82	M50	Steve Anderson, 51, Webster City, IA	1:51:22	8:58
	391	55	W40 Sheila Ehlers, 43*, Davenport, IA	1:51:24	8:58
1067	161	M30	Aaron Nord, 32, Pleasant Hill, IA	1:51:24	8:58
	392	52	W20 Dena Ricklefs, 20*, Des Moines, IA	1:51:25	8:58
1068	115	M45	Greg Swanson, 45, Norwalk, IA	1:51:25	8:58
	393	53	W20 Jamie Ammons, 21*, Omaha, NE	1:51:27	8:58
1069	111	M25	Dave Orr, 28, Dakota City, IA	1:51:27	8:58
1070	226	M35	Samuel Houston, 36, Cedar Rapids, IA	1:51:29	8:58
1071	200	M40	John Eure, 42, West Des Moines, IA	1:51:30	8:58
1072	162	M30	Joe Garcia, 32, Johnston, IA	1:51:31	8:58
1073	82	M20	Justin Poots, 23, Iowa City, IA	1:51:31	8:58
1074	83	M50	Daniel Agrimson, 50, Eden Prairie, MN	1:51:32	8:58
1075	13	M60	Clarke McLean, 60, Prattville, AL	1:51:33	8:58
	394	56	W40 Deanna Dredge, 44*, Omaha, NE	1:51:33	8:59
	395	54	W20 Rachel Roth, 21*, Ankeny, IA	1:51:34	8:59
1076	201	M40	Mark Walter, 40, Urbandale, IA	1:51:34	8:59
	396	78	W25 Danelle Schmitz, 28*, Greeley, CO	1:51:36	8:59
	397	55	W20 Sally Shumaker, 24*, Iowa City, IA	1:51:37	8:59
1077	22	M55	David Grieser, 55, West Des Moines, IA	1:51:39	8:59
1078	227	M35	Michael Zachmeyer, 37, Waterloo, IA	1:51:39	8:59
1079	202	M40	Scott Slater, 42, Ankeny, IA	1:51:40	8:59
1080	14	M60	Bill Lawless, 60, Des Moines, IA	1:51:42	8:59
	398	79	W25 Jennifer Lundquist, 26*, Des Moines, IA	1:51:42	8:59
1081	163	M30	Bob Sinclair, 33, Williamsburg, IA	1:51:42	8:59
1082	84	M50	Steve Gassmann, 50, Indianola, IA	1:51:43	8:59
1083	203	M40	Simon Lester, 43, Bellevue, NE	1:51:44	8:59
1084	85	M50	Ronald Mowers, 54, Ames, IA	1:51:44	8:59
	399	76	W35 Shelly Bobinet, 37*, Osage, IA	1:51:45	8:59

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1085	204	M40	Peter Steel, 44, Cedar Rapids, IA	1:51:46	9:00
	400	77	W35 Natalie Francis, 37*, Ankeny, IA	1:51:47	9:00
1086	228	M35	Edward Modglin, 38, West Des Moines, IA	1:51:47	9:00
1087	112	M25	Shawn Henze, 25, Minneapolis, MN	1:51:47	9:00
1088	113	M25	Erik Halling, 29, Saukville, WI	1:51:49	9:00
	401	56	W20 Beth Costanzo, 23*, Minneapolis, MN	1:51:49	9:00
1089	15	M60	William Wishman, 60, Clive, IA	1:51:50	9:00
1090	23	M55	Tom Leffler, 57, Johnston, IA	1:51:52	9:00
	402	57	W40 Angela Shotkoski, 42*, Marshalltown, IA	1:51:53	9:00
1091	205	M40	Jeff Kling, 41, Sully, IA	1:51:55	9:00
	403	80	W25 Jen McGonigle, 29*, St. Paul, MN	1:51:57	9:00
	404	78	W35 Dee Dee Janssen, 37*, Ankeny, IA	1:52:01	9:01
1092	114	M25	Aaron Clutts, 29, Des Moines, IA	1:52:02	9:01
1093	229	M35	Marcus Dunn, 39, Clive, IA	1:52:03	9:01
	405	58	W40 Julie Younger, 44*, Ankeny, IA	1:52:04	9:01
1094	230	M35	Tommy Chance, 37, Zearing, IA	1:52:06	9:01
1095	115	M25	Adam Infante, 26, Clive, IA	1:52:08	9:01
	406	59	W40 Dora Bopp, 42*, Cedar Rapids, IA	1:52:09	9:01
1096	164	M30	Troy White, 32, Shellsburg, IA	1:52:12	9:02
1097	165	M30	Tony Killian, 33, Green Bay, WI	1:52:13	9:02
1098	24	M55	Mike Killian, 56, Green Bay, WI	1:52:13	9:02
	407	79	W35 Rhonda Goode, 39*, Des Moines, IA	1:52:14	9:02
	408	80	W35 Laura Cleveland, 37*, Fraser, CO	1:52:16	9:02
	409	81	W25 Maria Trosper, 26*, West Des Moines, IA	1:52:17	9:02
	410	81	W35 Melissa Weresh, 36*, Clive, IA	1:52:18	9:02
1099	116	M45	Brent Cooper, 48, Urbandale, IA	1:52:18	9:02
1100	231	M35	Matt Weresh, 38, Clive, IA	1:52:18	9:02
1101	232	M35	Sam Graeve, 35, Manning, IA	1:52:19	9:02
1102	233	M35	Jonathan Leisinger, 35, Council Bluffs, IA	1:52:21	9:02

1103	25	M55	Larry Detwiler, 59, Des Moines, IA	1:52:23	9:03
1104	206	M40	Joseph Creighton, 43, Granger, IA	1:52:24	9:03
1105	207	M40	Sean Smith, 40, Urbandale, IA	1:52:26	9:03
	411	82	W35 Laurie Galles, 39*, Clive, IA	1:52:29	9:03
1106	208	M40	Tom Hauser, 42, Eagan, MN	1:52:30	9:03
1107	234	M35	Steve Campidilli, 38, Johnston, IA	1:52:31	9:03
	412	69	W30 Jen Dake, 33*, Des Moines, IA	1:52:31	9:03
	413	19	W17 Jamie Wagner, 19*, Panora, IA	1:52:31	9:03
	414	20	W17 Andrea Hemphill, 18*, Panora, IA	1:52:31	9:03
1108	209	M40	Jesse Gonzalez, 42, Clive, IA	1:52:32	9:03
	415	60	W40 Nadine Sechovec, 40*, West Des Moines, IA	1:52:32	9:03
1109	86	M50	Gerald Graves, 53, Van Meter, IA	1:52:34	9:03
	416	83	W35 Jill Biel, 36*, Woodridge, IL	1:52:35	9:04
1110	235	M35	Joe Monahan, 39, West Des Moines, IA	1:52:35	9:04
	417	57	W20 Amy Schmitt, 21*, West Des Moines, IA	1:52:35	9:04
	418	82	W25 Sherri Garza, 26*, Kansas City, MO	1:52:36	9:04
	419	2	W60 Janet Ross, 60*, Plantation, FL	1:52:37	9:04
1111	83	M20	Cory Berkenes, 21, Altoona, IA	1:52:37	9:04
1112	117	M45	Doug Leonard, 46, Urbandale, IA	1:52:38	9:04
1113	166	M30	Steve Mason, 34, Bloomington, IL	1:52:38	9:04
1114	118	M45	John Raibikis, 45, Des Moines, IA	1:52:39	9:04
1115	84	M20	Ryan Guard, 23, Radcliffe, IA	1:52:39	9:04
1116	119	M45	Steven Jacobs, 46, Atlantic, IA	1:52:40	9:04
	420	83	W25 Kerri Maiers Yelden, 27*, Iowa City, IA	1:52:40	9:04
	421	11	W50 Pam German, 51*, Dallas Center, IA	1:52:42	9:04
1117	236	M35	Ahmed Ibrahim, 35, Clive, IA	1:52:43	9:04
	422	84	W35 Connie Svoboda, 37*, Schuyler, NE	1:52:43	9:04
1118	87	M50	Jim Mease, 51, Winterset, IA	1:52:44	9:04
	423	70	W30 Shelly Power, 30*, Urbandale, IA	1:52:45	9:04
1119	88	M50	Gary Bremen, 50, Urbandale, IA	1:52:45	9:04
1120	89	M50	Denny Lincicum, 53, Ankeny, IA	1:52:48	9:05
1121	237	M35	Nicholas Vahanian, 35, Ankeny, IA	1:52:49	9:05
1122	120	M45	Ronnie Taylor, 46, Johnston, IA	1:52:50	9:05
1123	116	M25	Johnny Coffelt, 26, Clive, IA	1:52:50	9:05
1124	238	M35	Rob Oltjen, 39, Clive, IA	1:52:50	9:05
	424	58	W20 Anne Marsch, 22*, Des Moines, IA	1:52:52	9:05
1125	167	M30	Matt O'Rourke, 34, Cedar Rapids, IA	1:52:53	9:05
1126	168	M30	Jeffrey Collum, 34, West Des Moines, IA	1:52:55	9:05
1127	117	M25	Jeremy Schlee, 28, Ankeny, IA	1:52:55	9:05
	425	61	W40 Fran Sepler, 44*, Mendota Heights, MN	1:52:56	9:05
1128	118	M25	Joshua Krichau, 28, Norwalk, IA	1:52:57	9:05
	426	59	W20 Andrea Frost, 22*, Ames, IA	1:52:58	9:05
1129	121	M45	Thomas McGrath, 47, Elk River, MN	1:52:59	9:05
1130	119	M25	Nate Hansen, 26, Olathe, KS	1:53:00	9:05
	427	84	W25 Dareth McAlpin, 25*, North Liberty, IA	1:53:00	9:06
	428	85	W35 Barb Fassbinder, 36*, Cedar Rapids, IA	1:53:01	9:06
1131	239	M35	Scott Collier, 35, Des Moines, IA	1:53:01	9:06
1132	240	M35	Rich Pross, 39, Atlantic, IA	1:53:01	9:06
1133	210	M40	Mark Koskamp, 44, Des Moines, IA	1:53:02	9:06
1134	26	M55	Richard Carspecken, 59, Atlantic, IA	1:53:02	9:06
1135	211	M40	Steve Timmons, 43, Polk City, IA	1:53:03	9:06
	429	62	W40 Kathy Bunting, 43*, Ames, IA	1:53:04	9:06
	430	63	W40 Karen Wilkinson, 41*, Des Moines, IA	1:53:06	9:06
	431	86	W35 Julie Alexander, 37*, Des Moines, IA	1:53:07	9:06
1136	169	M30	Kevin Fynaardt, 34, Pleasant Hill, IA	1:53:08	9:06
	432	71	W30 Judith Humphries, 30*, Ames, IA	1:53:08	9:06
	433	85	W25 Ann Hicks, 28*, Ames, IA	1:53:09	9:06
	434	21	W17 Jennifer Lowry, 19*, Ames, IA	1:53:12	9:06
1137	241	M35	Alan Brawner, 37, Clive, IA	1:53:12	9:06
1138	122	M45	John Hemminger, 49, Des Moines, IA	1:53:13	9:07
1139			Frank Shepard, Clive, IA	1:53:14	9:07
1140	212	M40	Matt McPherson, 41, Des Moines, IA	1:53:15	9:07
	435	86	W25 Emily Gries, 25*, Omaha, NE	1:53:15	9:07
	436	87	W25 Janis Huff, 26*, Kansas City, MO	1:53:16	9:07
1141	213	M40	Matt Goode, 41, Des Moines, IA	1:53:18	9:07

437	88	W25	Jennifer Fox, 25*, Mission, KS	1:53:18	9:07
438	31	W45	Carolyn Hill, 45*, West Des Moines, IA	1:53:19	9:07
1142	123	M45	Roger Wilson, 47, West Des Moines, IA	1:53:19	9:07
1143	214	M40	Greg Eldredge, 42, West Des Moines, IA	1:53:20	9:07
1144	90	M50	Kim Smith, 52, Ames, IA	1:53:21	9:07
1145	4	M65	Jerry Triplett, 69, Winterset, IA	1:53:25	9:07
439	87	W35	Jan Ferris, 38*, Urbandale, IA	1:53:27	9:08
1146	124	M45	Michael Stanley, 46, Clive, IA	1:53:28	9:08
1147	242	M35	Marc Monthei, 37, Des Moines, IA	1:53:30	9:08
440	72	W30	Nichole Carlson, 31*, Urbandale, IA	1:53:33	9:08
1148	27	M55	Gary Fall, 55, Des Moines, IA	1:53:34	9:08
1149	32	M17	Mike Castagnoli, 19, West Des Moines, IA	1:53:36	9:08
441	32	W45	Julia Batten, 47*, Carlisle, IA	1:53:36	9:08
442	33	W45	Trish Prokop, 49*, Cedar Rapids, IA	1:53:38	9:09
443	60	W20	Jennifer Swenson, 22*, Ames, IA	1:53:39	9:09
1150	243	M35	Curt Carlson, 39, Johnston, IA	1:53:43	9:09
1151	244	M35	Steve Larson, 35, Grinnell, IA	1:53:44	9:09
444	73	W30	Brooke Lovelace, 32*, Des Moines, IA	1:53:47	9:09
445	89	W25	Lindsey Rice, 26*, West Des Moines, IA	1:53:48	9:09
1152	245	M35	Greg Alberts, 39, Windsor Heights, IA	1:53:50	9:10
446	61	W20	Megan Granzowe, 21*, Ames, IA	1:53:50	9:10
1153	91	M50	Bill Seglar, 53, Clive, IA	1:53:52	9:10
447	88	W35	Brenda Johnson, 39*, Bloomfield, IA	1:53:54	9:10
1154	125	M45	Ron Burkhart, 47, Pleasant Hill, IA	1:53:54	9:10
448	64	W40	Nancy Dickerson, 40*, West Des Moines, IA	1:53:56	9:10
449	74	W30	Molly Quinn, 34*, Cedar Falls, IA	1:53:57	9:10
450	89	W35	Nancy Campbell, 39*, Adel, IA	1:53:58	9:10
1155	120	M25	Brian Olson, 29, Grinnell, IA	1:53:59	9:10
451	65	W40	Phyllis Drake, 41*, Panora, IA	1:54:00	9:10
1156	126	M45	Greg Hauser, 49, Des Moines, IA	1:54:00	9:10
1157	121	M25	Eric Boehlert, 29, Ankeny, IA	1:54:01	9:10
1158	246	M35	Andy Blaess, 38, Waukee, IA	1:54:01	9:10
452	90	W35	Donna Bagge, 39*, Cedar Rapids, IA	1:54:02	9:10
1159	170	M30	Philip West, 33, Norwalk, IA	1:54:02	9:10
453	62	W20	Robyn Buddin, 24*, Urbandale, IA	1:54:03	9:11
454	75	W30	Laura Fefchak, 32*, Urbandale, IA	1:54:04	9:11
455	34	W45	Nancy Robinson, 45*, Urbandale, IA	1:54:05	9:11
1160	215	M40	Lane Vellinga, 41, Waukee, IA	1:54:05	9:11
456	91	W35	Regina Randall, 39*, Solon, IA	1:54:07	9:11
1161	92	M50	Larry Jenkins, 53, Ames, IA	1:54:07	9:11
1162	247	M35	Darren Heater, 37, Indianola, IA	1:54:07	9:11
1163	93	M50	Dennis Francis Wheeler, 53, Urbandale, IA	1:54:09	9:11
1164	94	M50	Lawain Judisch, 53, Tripoli Ia	1:54:10	9:11
1165	216	M40	Jeffrey Smith, 42, Indianola, IA	1:54:11	9:11
457	35	W45	Heather Wheeler, 48*, Urbandale, IA	1:54:11	9:11
458	66	W40	Denise Harklau, 40*, Ames, AA	1:54:12	9:11
1166	217	M40	Steve Schmitt, 40, Minneapolis, MN	1:54:12	9:11
459	3	W60	Madonna Hosch, 61*, Elkader, IA	1:54:12	9:11
460	63	W20	Muska Ibrahimovic, 20*, Columbus Junction, IA	1:54:14	9:11
461	92	W35	Laura Phelps, 35*, Kingsley, IA	1:54:14	9:11
1167	127	M45	David Weber, 48, Ames, IA	1:54:16	9:12
462	64	W20	Sara Lynott, 24*, Des Moines, IA	1:54:16	9:12
463	36	W45	Barbara Jessup, 46*, Darien, CT	1:54:16	9:12
464	67	W40	Denise Whiting, 44*, Iowa City, IA	1:54:17	9:12
1168	128	M45	Jim Calhoun, 49, Des Moines, IA	1:54:19	9:12
465	90	W25	Kendra Lerdal, 25*, Urbandale, IA	1:54:20	9:12
1169	16	M60	Rollin Perry, 64, Cedar Falls, IA	1:54:21	9:12
1170	129	M45	Peter Scanlon, 47, Clive, IA	1:54:21	9:12
1171	33	M17	Shawn Davis, 19, Boss, MO	1:54:22	9:12
1172	130	M45	Kevin Sanders, 45, Cedar Falls, IA	1:54:23	9:12
466	68	W40	Shirely Gilman, 44*, Monroe, IA	1:54:23	9:12
1173	248	M35	Paul Bishop, 39, Clive, IA	1:54:24	9:12
1174	34	M17	T J Warren, 18, Eldora, IA	1:54:24	9:12
1175	122	M25	Rick Bachman, 28, Ankeny, IA	1:54:25	9:12

1176	249	M35	Jim Foster, 35, West Des Moines, IA	1:54:25	9:12
1177	171	M30	Todd Benson, 32, Olathe, KS	1:54:26	9:12
1178	172	M30	Matt Arends, 31, Mason City, IA	1:54:27	9:12
1179	85	M20	Jeff Austin, 24, Ankeny, IA	1:54:28	9:13
1180	131	M45	Kelly Obrien, 48, Urbandale, IA	1:54:29	9:13
	467	22	W17 Becca Richardson, 18*, Indianola, IA	1:54:30	9:13
1181	28	M55	Harold Sullivan, 56, Castle Rock, CO	1:54:31	9:13
1182	86	M20	Jason Mickelson, 24, Ames, IA	1:54:32	9:13
1183	218	M40	Ben Kirby, 40, Davenport, IA	1:54:33	9:13
1184	123	M25	Aaron Thompson, 27, Des Moines, IA	1:54:33	9:13
	468	69	W40 Cheryl Mendenhall, 41*, Des Moines, IA	1:54:33	9:13
1185	124	M25	Ben Winborn, 28, Swisher, IA	1:54:34	9:13
1186	219	M40	Alan Tokheim, 42, Johnston, IA	1:54:34	9:13
	469	70	W40 Merritt Beh, 40*, Eden Prarie, MN	1:54:35	9:13
1187	132	M45	John Brown, 47, West Des Moines, IA	1:54:35	9:13
	470	91	W25 Lori Winborn, 29*, Swisher, IA	1:54:35	9:13
	471	76	W30 Jill Wright, 32*, Des Moines, IA	1:54:35	9:13
1188	29	M55	Ron Skrdla, 57, Ames, IA	1:54:36	9:13
472	93	W35	Leah Tokheim, 39*, Johnston, IA	1:54:36	9:13
	473	92	W25 Jami West, 27*, Waukee, IA	1:54:36	9:13
	474	94	W35 Jackie Evans, 39*, Ames, IA	1:54:37	9:13
1189	173	M30	Kane Harrington, 32, Boone, IA	1:54:39	9:13
	475	65	W20 Ashley Wilson, 22*, Dallas Center, IA	1:54:39	9:14
1190	250	M35	Daron Fritz, 36, Lake Mills, IA	1:54:40	9:14
	476	66	W20 Alissa Burmeister, 24*, Coralville, IA	1:54:40	9:14
1191	95	M50	Dennis Byron, 50, Urbandale, IA	1:54:41	9:14
	477	37	W45 Trudy Mitchell, 47*, Iowa City, IA	1:54:42	9:14
1192	251	M35	Glen Biermann, 35, West Des Moines, IA	1:54:42	9:14
1193	125	M25	Aaron Huey, 25, Ankeny, IA	1:54:42	9:14
	478	77	W30 Keri Frommelt, 32*, Ankeny, IA	1:54:43	9:14
	479	93	W25 Carrie Specht, 27*, Des Moines, IA	1:54:43	9:14
1194	252	M35	Bill Tucker, 39, West Des Moines, IA	1:54:44	9:14
1195	96	M50	Dean Berkland, 50, Perry, IA	1:54:45	9:14
1196	253	M35	Brad Amos, 37, Des Moines, IA	1:54:45	9:14
	480	67	W20 Tarra Rawdon, 21*, Ames, IA	1:54:46	9:14
1197	174	M30	Mike Swesey, 34, Des Moines, IA	1:54:47	9:14
	481	38	W45 Debby Weehler, 48*, Des Moines, IA	1:54:49	9:14
1198	254	M35	James Wineinger, 37, Ames, IA	1:54:49	9:14
1199	133	M45	Robert Meimann, 47, Nevada, IA	1:54:50	9:14
	482	71	W40 Michelle Cavanaugh, 43*, Des Moines, IA	1:54:52	9:14
	483	72	W40 Allison Berryhill, 43*, Atlantic, IA	1:54:52	9:15
	484	68	W20 Molly Thrall, 20*, Des Moines, IA	1:54:54	9:15
1200	175	M30	Todd Bentzen, 33, West Des Moines, IA	1:54:55	9:15
1201	255	M35	Brent Puck, 37, Walcott, IA	1:54:59	9:15
	485	69	W20 Sarah Wright, 21*, Des Moines, IA	1:54:59	9:15
	486	73	W40 Jackie Cummings, 42*, Ames, IA	1:54:59	9:15
	487	94	W25 Elisabeth Marvin, 25*, Minneapolis, MN	1:55:00	9:15
	488	95	W25 Lana Broermann, 27*, Omaha, NE	1:55:00	9:15
1202	126	M25	Todd Smithson, 26, Perry, IA	1:55:00	9:15
1203	220	M40	Brian Burgett, 40, Urbandale, IA	1:55:03	9:15
	489	95	W35 Tave Porto, 36*, West Des Moines, IA	1:55:04	9:15
1204	221	M40	Mike Basart, 41, Stuart, IA	1:55:04	9:16
1205	17	M60	James Wright, 61, Colorado Springs, CO	1:55:07	9:16
1206	176	M30	Matthew Paul, 34, Des Moines, IA	1:55:07	9:16
	490	78	W30 Maria Davis, 34*, West Des Moines, IA	1:55:07	9:16
1207	30	M55	Denny Mills, 55, Cedar Falls, IA	1:55:08	9:16
	491	74	W40 Brenda Beumer, 42*, Urbandale, IA	1:55:09	9:16
1208	177	M30	Ross Mills, 31, West Des Moines, IA	1:55:10	9:16
	492	79	W30 Molly Pirtle, 31*, Des Moines, IA	1:55:10	9:16
1209	31	M55	Dean Lauterbach, 59, Newton, IA	1:55:10	9:16
	493	96	W25 Mary Canady, 26*, West Des Moines, IA	1:55:11	9:16
1210	97	M50	Dave Wacker, 50, Coralville, IA	1:55:11	9:16
1211	256	M35	Michael Pugh, 37, Iowa City, IA	1:55:11	9:16
1212	134	M45	Gary Watts, 47, Iowa City, IA	1:55:12	9:16
1213	257	M35	Craig Jackson, 36, Waukee, IA	1:55:12	9:16

494	70	W20	Helena Popejoy, 24*, Ottumwa, IA	1:55:13	9:16
495	80	W30	Nancy Perdomo, 33*, Ames, IA	1:55:15	9:16
496	71	W20	Jessica Fink, 20*, Denison, IA	1:55:16	9:16
1214	18	M60	Walter Aeckerle, 60, Walnut, IA	1:55:17	9:17
497	97	W25	Laura Moose, 29*, Chesapeake, VA	1:55:19	9:17
1215	135	M45	John Kim, 46, Urbandale, IA	1:55:20	9:17
498	39	W45	Liz Hilgenberg, 45*, Waukee, IA	1:55:20	9:17
499	81	W30	Monica Shelly, 31*, Fort Dodge, IA	1:55:21	9:17
1216	178	M30	Chris Roberts, 32, Iowa City, IA	1:55:22	9:17
1217	258	M35	Monty Eitel, 36, Ames, IA	1:55:23	9:17
500	72	W20	Kelsey Lawler, 23*, West Des Moines, IA	1:55:23	9:17
1218	136	M45	Steve Newlander, 47, West Des Moines, IA	1:55:24	9:17
501	75	W40	Leslie Teeling, 44*, Waukee, IA	1:55:25	9:17
1219	87	M20	Jacob Middleton, 20, Colfax, IA	1:55:25	9:17
1220	127	M25	Chris Richter, 29, Iowa City, IA	1:55:28	9:17
502	23	W17	Teresa Shiflett, 17*, Kearney, MO	1:55:28	9:17
1221	222	M40	Todd Sniegowski, 41, Swisher, IA	1:55:30	9:18
503	76	W40	Linda Rogers, 44*, Urbandale, IA	1:55:34	9:18
504	12	W50	Jan Busby, 54*, Dallas Center, IA	1:55:36	9:18
1222	179	M30	Brian West, 33, Johnston, IA	1:55:37	9:18
1223	180	M30	Dave Warren, 31, Bloomfield, IA	1:55:38	9:18
505	73	W20	Sarah Berryman, 20*, Indianola, IA	1:55:39	9:18
1224	128	M25	Bart Brandon, 26, West Des Moines, IA	1:55:39	9:18
506	40	W45	Maureen Ryan, 45*, Mitchellville, IA	1:55:40	9:18
1225	181	M30	Todd Miler, 32, Des Moines, IA	1:55:40	9:18
507	77	W40	Joan Busch, 41*, Ames, IA	1:55:43	9:19
508	82	W30	Jody Kinman, 32*, Johnston, IA	1:55:45	9:19
509	98	W25	Kristin Polking, 25*, West Des Moines, IA	1:55:45	9:19
1226	223	M40	Kevin Huegel, 42, Cedar Falls, IA	1:55:48	9:19
1227	27	JrM	Alex Saunders, 15, West Des Moines, IA	1:55:49	9:19
510	99	W25	Heather Swarthout, 27*, Indianola, IA	1:55:49	9:19
1228	5	M65	Don Muff, 66, Ames, IA	1:55:49	9:19
1229	259	M35	Tommy Morris, 37, Johnston, IA	1:55:50	9:19
1230	19	M60	Arlo Van Diest, 62, Webster City, IA	1:55:51	9:19
511	100	W25	Leah Lenhart, 27*, Carlisle, IA	1:55:51	9:19
1231	98	M50	Robert Schneider, 54, Urbandale, IA	1:55:52	9:19
512	83	W30	Heidi Elliott, 32*, Rochester, MN	1:55:53	9:19
1232	260	M35	Jon Scharingson, 37, Urbandale, IA	1:55:53	9:19
513	74	W20	Abby Guard, 21*, Radcliffe, IA	1:55:54	9:19
1233	99	M50	Randy Youngdale, 52, Webster City, IA	1:55:55	9:20
1234	224	M40	Dan Campidilli, 42, Webster City, IA	1:55:55	9:20
514	78	W40	Lora Dosen, 41*, Omaha, NE	1:55:56	9:20
515	96	W35	Elizabeth Johnson, 35*, Des Moines, IA	1:55:56	9:20
1235	182	M30	Brian Appleby, 33, Des Moines, IA	1:55:57	9:20
516	75	W20	Kim Kelly, 22*, Johnston, IA	1:55:57	9:20
517	84	W30	Robbi Long, 32*, Omaha, NE	1:55:58	9:20
518	97	W35	Carlyn Crowe, 37*, Des Moines, IA	1:55:58	9:20
519	85	W30	Jennifer Trygstad, 30*, West Des Moines, IA	1:55:58	9:20
1236	225	M40	John Viggers, 41, Altoona, IA	1:55:59	9:20
520	41	W45	Janet George, 49*, Marion, IA	1:55:59	9:20
521	101	W25	Amanda Kirk, 28*, Ames, IA	1:56:00	9:20
1237	137	M45	Myers, 48, Ames, IA	1:56:02	9:20
1238	138	M45	Brad Smith, 45, Beaman, IA	1:56:02	9:20
522	42	W45	Debi Lovegren, 48*, Cedar Falls, IA	1:56:02	9:20
523	102	W25	Ann Baumhover, 28*, West Des Moines, IA	1:56:03	9:20
1239	100	M50	Mark McGrath, 54, Des Moines, IA	1:56:05	9:20
1240	226	M40	James Metzger, 41, Marshalltown, IA	1:56:07	9:21
524	24	W17	Kristen Wolfe, 19*, Stuart, IA	1:56:08	9:21
525	6	JrW	Melissa Parker, 16*, Norwalk, IA	1:56:09	9:21
526	98	W35	Sandra Stone, 36*, Des Moines, IA	1:56:09	9:21
527	76	W20	Maria Sarcone, 24*, Des Moines, IA	1:56:12	9:21
1241	183	M30	Garrett Goins, 34, Ankeny, IA	1:56:14	9:21
528	43	W45	Tami Kasper, 45*, Bettendorf, IA	1:56:14	9:21
1242	88	M20	Vernon Gambleton, 24, West Des Moines, IA	1:56:15	9:21

529	86	W30	Billi Langerud, 31*, Norwalk, IA	1:56:17	9:21
1243	32	M55	Charles Kolb, 56, Johnston, IA	1:56:18	9:21
530	99	W35	Teri Rokusek, 39*, Reinbeck, IA	1:56:18	9:21
531	103	W25	Annette Schlee, 25*, Ankeny, IA	1:56:18	9:21
532	77	W20	Lindsey McGraw, 24*, Waterloo, IA	1:56:18	9:21
1244	129	M25	Matt Clouten, 28, West Des Moines, IA	1:56:18	9:21
1245	101	M50	Steven O'Brien, 51, Waterloo, IA	1:56:19	9:22
1246	130	M25	Walt Long, 28, Indianola, IA	1:56:19	9:22
1247	184	M30	Sloan Cownie, 34, Des Moines, IA	1:56:20	9:22
1248	185	M30	Sean Lyons, 34, Bettendorf, IA	1:56:22	9:22
533	104	W25	Allison McGraw, 26*, West Des Moines, IA	1:56:23	9:22
534	13	W50	Suzanne Young, 54*, Emmetsburg, IA	1:56:23	9:22
1249	186	M30	Mike Hershberger, 31, Ankeny, IA	1:56:24	9:22
535	105	W25	Angie Heim, 27*, West Des Moines, IA	1:56:24	9:22
536	106	W25	Haley Miller, 27*, Des Moines, IA	1:56:26	9:22
537	87	W30	Tonya Pieper, 31*, Stuart, IA	1:56:27	9:22
538	78	W20	Alyssa Armbrecht, 24*, Minnetonka, MN	1:56:28	9:22
1250	139	M45	Ed Larsen, 47, Urbandale, IA	1:56:28	9:22
1251	187	M30	Lou Kelehan, 33, Windsor Heights, IA	1:56:28	9:22
1252	89	M20	Scott Randall, 24, Madison, WI	1:56:29	9:22
1253	261	M35	Kerry Johnson, 39, Prole, IA	1:56:31	9:22
539	107	W25	Colette Winget, 28*, Des Moines, IA	1:56:32	9:23
540	79	W40	Andrea Nordaune, 40*, St Paul, MN	1:56:32	9:23
1254	131	M25	Henry Wood, 26, Des Moines, IA	1:56:32	9:23
541	100	W35	Shannon Holz, 39*, Cumming, IA	1:56:33	9:23
542	79	W20	Jana Peterson, 24*, Johnston, IA	1:56:33	9:23
1255	188	M30	Bill Kallestad, 32, Des Moines, IA	1:56:33	9:23
1256	33	M55	Edward Hegner, 59, Des Moines, IA	1:56:34	9:23
1257	132	M25	Andrew McDowell, 27, West Des Moines, IA	1:56:34	9:23
543	108	W25	Caryn Helgeson, 28*, Urbandale, IA	1:56:34	9:23
1258	28	JrM	Alex Hammer, 15, Urbandale, IA	1:56:34	9:23
544	109	W25	Jill Funke, 26*, Hopkins, MN	1:56:36	9:23
1259	227	M40	Greg Goaley, 40, Des Moines, IA	1:56:37	9:23
1260	228	M40	Matt Seifert, 40, West Des Moines, IA	1:56:38	9:23
545	80	W20	Sarah Dixon, 23*, Des Moines, IA	1:56:38	9:23
546	80	W40	Linda McGerr, 41*, Victoria, MN	1:56:39	9:23
547	110	W25	Jodi Krupp, 26*, West Des Moines, IA	1:56:39	9:23
548	111	W25	Jennifer Cronin, 28*, Des Moines, IA	1:56:40	9:23
549	112	W25	Kelly Bergstrom, 25*, Elkhart, IA	1:56:41	9:23
550	101	W35	Trish Lemke, 35*, Menlo, IA	1:56:41	9:23
551	102	W35	Karyn Peterson, 37*, Clive, IA	1:56:42	9:23
552	103	W35	Kim Rylaarsdam, 37*, Sioux Center, IA	1:56:42	9:23
553	81	W40	Tina Newbury, 40*, Greenfield, IA	1:56:42	9:23
554	104	W35	Denna Mitchell, 38*, Greenfield, IA	1:56:43	9:23
555	113	W25	Susan Wells, 28*, Mount Vernon, IA	1:56:43	9:23
1261	229	M40	Mark Asplund, 40, Marion, IA	1:56:45	9:24
1262	262	M35	Dan Pfeiffer, 36, West Des Moines, IA	1:56:46	9:24
556	82	W40	Shellie Billings, 44*, Dallas Center, IA	1:56:46	9:24
1263	102	M50	David Gaulke, 51, Indianola, IA	1:56:46	9:24
1264	140	M45	Lloyd Vanderkwaak, 46, Johnston, IA	1:56:48	9:24
557	83	W40	Mary Emge, 44*, West Des Moines, IA	1:56:49	9:24
558	81	W20	Karen Heath, 22*, Ames, IA	1:56:51	9:24
559	105	W35	Suzanne Wong, 37*, Ankeny, IA	1:56:51	9:24
560	82	W20	Kirsten Sammler, 22*, West Des Moines, IA	1:56:52	9:24
1265	90	M20	Joel Sage, 21, Ames, IA	1:56:53	9:24
561	83	W20	Theresa Stotts, 21*, Waverly, IA	1:56:54	9:24
1266	34	M55	Tom Smith, 59, Fergus Falls, MN	1:56:57	9:25
562	14	W50	Kate Wacker, 50*, Coralville, IA	1:56:58	9:25
1267	263	M35	Mark Easler, 36, Clive, IA	1:56:58	9:25
563	84	W40	Betty Landis, 44*, Elkader, IA	1:56:59	9:25
564	15	W50	Mary Gross, 50*, Des Moines, IA	1:56:59	9:25
1268	133	M25	Dan Johnson, 26, Grimes, IA	1:56:59	9:25
565	44	W45	Colleen Dooley, 46*, Des Moines, IA	1:57:00	9:25
1269	91	M20	Scott Rinderknecht, 23, West Des Moines, IA	1:57:00	9:25

1:57:00 9:25

1270	230	M40	Gregory Dockum, 43, Des Moines, IA	1:57:01	9:25
1271	264	M35	Kris Atha, 39, Oskaloosa, IA	1:57:01	9:25
566	106	W35	Clare Gee, 39*, West Des Moines, IA	1:57:01	9:25
567	107	W35	Kelli Wiggins, 39*, West Des Moines, IA	1:57:02	9:25
1272	265	M35	Brian Whalen, 35, Urbandale, IA	1:57:03	9:25
568	45	W45	Cindy Schile, 47*, Cedar Rapids, IA	1:57:03	9:25
1273	266	M35	Carl Carleton, 38, Pella, IA	1:57:03	9:25
569	46	W45	Cathy Brent, 48*, Ankeny, IA	1:57:04	9:25
1274	141	M45	Damon Rockwell, 45, Urbandale, IA	1:57:04	9:25
570	88	W30	Tiffany Koenig, 30*, Des Moines, IA	1:57:06	9:25
1275	142	M45	Karl Ellcessor, 48, Fairfax, VA	1:57:06	9:25
571	89	W30	Polly Wolterman, 32*, Newell, IA	1:57:06	9:25
1276	267	M35	Kurt Hantelmann, 36, Des Moines, IA	1:57:07	9:25
572	90	W30	Holly Glaubitz, 32*, Norwalk, IA	1:57:07	9:25
1277	103	M50	Bruce Bennett, 52, West Des Moines, IA	1:57:08	9:25
1278	20	M60	Dean Hough, 62, Urbandale, IA	1:57:08	9:25
573	84	W20	Heidi Lindsey, 20*, Boone, IA	1:57:08	9:25
1279	35	M55	Michael Reams, 57, West Des Moines, IA	1:57:09	9:26
1280	189	M30	Robert Burnett, 32, Des Moines, IA	1:57:09	9:26
574	16	W50	Jane Kerr, 50*, Iowa City, IA	1:57:12	9:26
575	47	W45	Elaine Gill, 49*, Topeka, KS	1:57:13	9:26
576	85	W20	Beth Petersen, 24*, Dike, IA	1:57:13	9:26
577	86	W20	Stacey Wierzbicki, 23*, Ankeny, IA	1:57:14	9:26
578	114	W25	Jennifer Ogbourne, 25*, Carlisle, IA	1:57:16	9:26
1281	104	M50	Jerry VanEs, 53, Sioux Center, IA	1:57:16	9:26
579	87	W20	Kristin Wierzbicki, 24*, Woodbury, MN	1:57:17	9:26
580	85	W40	Jennifer Cannon, 41*, West Des Moines, IA	1:57:18	9:26
581	108	W35	Karen Knight, 38*, Hiawatha, IA	1:57:19	9:26
1282	231	M40	Doug Lay, 44, Florissant, MO	1:57:19	9:26
1283	21	M60	Richard Doak, 62, Johnston, IA	1:57:21	9:27
582	91	W30	Stef Stenberg, 34*, West Des Moines, IA	1:57:21	9:27
583	115	W25	Dawn Winter, 26*, Huxley, IA	1:57:24	9:27
1284	22	M60	Craig Whitney, 60, Slater, IA	1:57:25	9:27
584	109	W35	Suzanne Herzog-Lopez, 35*, West Des Moines, IA	1:57:26	9:27
585	110	W35	Karen Floss, 38*, Clive, IA	1:57:27	9:27
586	88	W20	Christena Furne, 24*, West Des Moines, IA	1:57:27	9:27
1285	232	M40	Doug Righi, 42, West Des Moines, IA	1:57:28	9:27
587	111	W35	Renetta Burlage, 39*, Nichols, IA	1:57:28	9:27
1286	268	M35	Dean Curtis, 37, West Des Moines, IA	1:57:29	9:27
1287	233	M40	Anson Veenstra, 42, Des Moines, IA	1:57:29	9:27
588	89	W20	Amy Young, 24*, Ames, IA	1:57:30	9:27
589	86	W40	Lisa Emge, 41*, Omaha, NE	1:57:30	9:27
1288	134	M25	Anthony Gambaiana, 25, Mound, MN	1:57:31	9:27
590	90	W20	Christa Bahr, 22*, Ames, IA	1:57:31	9:27
1289	143	M45	Steve Kenkel, 47, Toledo, IA	1:57:33	9:28
591	92	W30	Roxanne Paulsen, 34*, Hiawatha, IA	1:57:33	9:28
1290	36	M55	Dennis Guffey, 55, Des Moines, IA	1:57:34	9:28
1291	105	M50	John Becker, 52, Cedar Rapids, IA	1:57:35	9:28
1292	269	M35	Tim Titus, 35, West Des Moines, IA	1:57:36	9:28
1293	190	M30	Jeffrey Olson, 31, Ankeny, IA	1:57:37	9:28
1294	270	M35	Max Studer, 39, West Des Moines, IA	1:57:38	9:28
592	48	W45	Margaret Walsh, 46*, Chicago, IL	1:57:38	9:28
593	112	W35	Stacey Brown, 39*, Pleasant Hill, ID	1:57:41	9:28
1295	37	M55	Terry Jacobsen, 55, Osceola, IA	1:57:41	9:28
594	93	W30	Dana Rupe, 32*, Coralville, IA	1:57:41	9:28
595	91	W20	Abby Townsend, 20*, Newton, IA	1:57:42	9:28
596	113	W35	Joy Long, 39*, Urbandale, IA	1:57:42	9:28
1296	106	M50	Bob Leblanc, 51, Newton, IA	1:57:42	9:28
597	116	W25	Mandi Hill, 25*, Des Moines, IA	1:57:43	9:28
598	94	W30	Donna James, 30*, Urbandale, IA	1:57:44	9:28
599	117	W25	Dawn Eimers, 28*, Urbandale, IA	1:57:49	9:29
600	87	W40	Nancy Ellis, 44*, Urbandale, IA	1:57:50	9:29
1297	107	M50	John Allen, 51, Corpus Christi, TX	1:57:50	9:29
1298	135	M25	Justin Kirk, 26, Grinnell, IA	1:57:52	9:29

1299	136	M25	Bryce Fuhrman, 26, West Des Moines, IA	1:57:53	9:29
1300	92	M20	Aaron Eggert, 20, Colfax, IA	1:57:53	9:29
601	114	W35	Yvonne Minton, 38*, Des Moines, IA	1:57:53	9:29
1301	38	M55	Norm Ostbloom, 55, Des Moines, IA	1:57:54	9:29
1302	271	M35	Mark Paca, 37, Boone, IA	1:57:55	9:29
602	115	W35	Traci Jocobi, 38*, Shellsburg, IA	1:57:59	9:30
1303	191	M30	Derek Quijano, 32, Des Moines, IA	1:58:03	9:30
603	95	W30	Melissa Stenberg, 33*, Ames, IA	1:58:04	9:30
1304	192	M30	Danny Aldini, 30, Des Moines, IA	1:58:04	9:30
1305	108	M50	Thomas Phillips, 52, West Des Moines, IA	1:58:04	9:30
604	118	W25	Christine Bruin, 26*, Anoka, MN	1:58:05	9:30
1306	234	M40	Jason Feist, 41, Stevens Point, WI	1:58:05	9:30
1307	144	M45	Joel Feist, 48, Neillsville, WI	1:58:06	9:30
605	116	W35	Kirsten Flack, 36*, Jefferson, IA	1:58:09	9:30
606	119	W25	Amanda Kellerhals, 28*, Urbandale, IA	1:58:09	9:30
1308	272	M35	Tony Wilken, 35, Hampton, IA	1:58:10	9:30
607	120	W25	Valerie Mosqueda, 25*, Portland, OR	1:58:11	9:30
1309	273	M35	Joe Emans, 36, West Des Moines, IA	1:58:12	9:31
1310	235	M40	Tracy Houk, 44, Indianola, IA	1:58:13	9:31
1311	274	M35	Brian Joens, 35, Des Moines, IA	1:58:14	9:31
1312	275	M35	Michael Perry, 37, West Des Moines, IA	1:58:15	9:31
608	117	W35	Rhonda Baker, 35*, Grimes, IA	1:58:15	9:31
1313	6	M65	Dave Peterson, 68, Council Bluffs, IA	1:58:15	9:31
609	7	JrW	Whitney Jacobs, 15*, Atlantic, IA	1:58:15	9:31
1314	193	M30	Steve West, 33, Norwalk, IA	1:58:15	9:31
1315	145	M45	Larry Jewell, 49, Urbandale, IA	1:58:16	9:31
1316	194	M30	Ross Abbott, 31, Urbandale, IA	1:58:19	9:31
1317	109	M50	Tim Gundlach, 53, Ames, IA	1:58:20	9:31
1318	146	M45	Paul Peiffer, 45, Ames, IA	1:58:21	9:31
610	8	JrW	Stephanie Ethofer, 15*, San Antonio, TX	1:58:21	9:31
1319	236	M40	Ahmad Abu-Hawash, 42, Ames, IA	1:58:21	9:31
611	96	W30	Amy Faulkner, 31*, Kansas City, MO	1:58:22	9:31
1320	276	M35	David Beck, 38, Radcliffe, IA	1:58:22	9:31
1321	137	M25	Michael McTaggart, 27, Des Moines, IA	1:58:23	9:31
612	88	W40	Dorita Pion, 42*, Las Vegas, NV	1:58:23	9:32
613	25	W17	Beth Giudicessi, 19*, Urbandale, IA	1:58:25	9:32
614	97	W30	Angela Hobson, 31*, Johnston, IA	1:58:25	9:32
615	98	W30	Kathleen Till-Stange, 34*, Des Moines, IA	1:58:26	9:32
1322	277	M35	Steve Reece, 38, Ames, IA	1:58:26	9:32
616	89	W40	Lisa Dillavou, 42*, Boone, IA	1:58:27	9:32
617	121	W25	Erin Ross, 27*, Des Moines, IA	1:58:27	9:32
1323	195	M30	Jeffrey Courtright, 32, Fairfield, IA	1:58:28	9:32
1324	196	M30	Eric Kluver, 30, Fairfield, IA	1:58:29	9:32
1325	110	M50	Ron Heinen, 52, Ames, IA	1:58:30	9:32
1326	237	M40	Kurt Stock, 43, Cedar Falls, IA	1:58:32	9:32
618	122	W25	Stacey Best, 29*, Des Moines, IA	1:58:36	9:33
619	123	W25	Bridget Hrabe, 29*, St. Paul, MN	1:58:36	9:33
620	99	W30	Heidi Carsello, 32*, St Paul, MN	1:58:36	9:33
621	100	W30	Carolyn McCarthy, 33*, Westdesmoines, IA	1:58:38	9:33
622	49	W45	Monica Grooms, 47*, Cedar Falls, IA	1:58:39	9:33
1327	147	M45	Ted Murray, 48, Waterloo, IA	1:58:40	9:33
623	101	W30	Jenni Cooper, 31*, Reinbeck, IA	1:58:40	9:33
624	17	W50	Patricia Schulte, 54*, Granger, Ia	1:58:41	9:33
625	50	W45	Michelle Witte, 49*, Lake View, IA	1:58:43	9:33
626	18	W50	Paulette Arns, 50*, Camanche, Iowa	1:58:43	9:33
1328	138	M25	Chris Coleman, 26, West Des Moines, IA	1:58:43	9:33
627	118	W35	Kristy Sandon, 39*, Clive, IA	1:58:44	9:33
628	90	W40	Joan Henscheid, 41*, Des Moines, IA	1:58:45	9:33
629	91	W40	Jeanie Elgersma, 43*, Sioux Center, IA	1:58:45	9:33
630	119	W35	Bonnie Braatz, 37*, West Des Moines, IA	1:58:45	9:33
631	92	W40	Mary Dorsey, 41*, West Des Moines, IA	1:58:47	9:33
632	102	W30	Kathy Moser, 31*, Cedar Rapids, IA	1:58:48	9:33
1329	197	M30	Sean Williams, 30, Cedar Rapids, IA	1:58:48	9:34
1330	139	M25	Joe Purscell, 26, Des Moines, IA	1:58:49	9:34
633	124	W25	Lisa Ragen, 26*, Des Moines, IA	1:58:50	9:34

634	103	W30	Susan Johnson, 33*, Ankeny, IA	1:58:50	9:34
635	125	W25	Tammy Steenhoek, 27*, Prairie City, IA	1:58:51	9:34
636	126	W25	Gentry Gillespie, 26*, Urbandale, IA	1:58:51	9:34
637	26	W17	Bethany Rogers, 17*, Wiota, IA	1:58:52	9:34
1331	111	M50	Rick Johnson, 52, West Des Moines, IA	1:58:53	9:34
638	104	W30	Ann Petersen, 34*, Ankeny, IA	1:58:54	9:34
639	93	W40	Annette Baker, 40*, New Providence, IA	1:58:55	9:34
1332	198	M30	Stephen Sartori, 33, Marion, IA	1:58:56	9:34
1333	238	M40	Jeffrey Whittlesey, 44, Iowa City, IA	1:58:57	9:34
640	120	W35	Judi Greene, 37*, Alleman, IA	1:58:58	9:34
641	105	W30	Kelly Tryon, 33*, West Des Moines, IA	1:58:59	9:34
1334	148	M45	Chuck Deatsch, 47, Centerville, IA	1:59:00	9:34
642	121	W35	Laura Eiklenborg, 35*, Cedar Falls, IA	1:59:00	9:34
643	106	W30	Ann Hudson, 34*, West Des Moines, IA	1:59:02	9:35
1335	278	M35	Shawn Bown, 36, Des Moines, IA	1:59:04	9:35
1336	279	M35	John Durman, 38, Waukee, IA	1:59:06	9:35
644	107	W30	Sally Overton, 33*, Des Moines, IA	1:59:07	9:35
1337	149	M45	Tim Stanwood, 47, Knoxville, IA	1:59:08	9:35
645	92	W20	Amanda Werner, 21*, Shannon City, IA	1:59:08	9:35
646	108	W30	Shannon Sabin, 33*, Urbandale, IA	1:59:08	9:35
647	109	W30	Jamie Rogers, 32*, Cedar Rapids, IA	1:59:09	9:35
648	122	W35	Kara McCoy, 38*, Cedar Rapids, IA	1:59:10	9:35
1338	112	M50	Mark Anderson, 52, Spencer, IA	1:59:10	9:35
649	123	W35	Jody Haws, 36*, Ankeny, IA	1:59:11	9:35
650	127	W25	Julie Stone, 29*, Des Moines, IA	1:59:11	9:35
1339	239	M40	Jeff Damman, 41, Ankeny, IA	1:59:12	9:35
1340	23	M60	Ken Lathrum, 60, Omaha, NE	1:59:14	9:36
651	128	W25	Leslie Jensen, 29*, West Des Moines, IA	1:59:15	9:36
1341	150	M45	Kevin Morris, 45, Des Moines, IA	1:59:16	9:36
652	129	W25	Sara Jorgensen, 28*, Des Moines, IA	1:59:17	9:36
653	124	W35	Sondra Longcor, 36*, Marion, IA	1:59:17	9:36
1342	113	M50	Paul Groben, 54, Newton, IA	1:59:18	9:36
1343	151	M45	Greg Kuhl, 49, Gladstone, MO	1:59:19	9:36
1344	240	M40	Brad Zaun, 41, Urbandale, IA	1:59:19	9:36
654	110	W30	Gina Gates, 31*, Ankeny, IA	1:59:20	9:36
1345	241	M40	Brad Randall, 42, Solon, IA	1:59:20	9:36
655	111	W30	Leah Churchman, 33*, West Des Moines, IA	1:59:20	9:36
656	125	W35	Laurie Linhart, 39*, Urbandale, IA	1:59:21	9:36
1346	242	M40	Jon Williams, 44, Urbandale, IA	1:59:22	9:36
1347	39	M55	Norman Hulscher, 59, West Des Moines, IA	1:59:24	9:36
657	94	W40	Shellie Bolt, 40*, Reinbeck, IA	1:59:26	9:37
658	112	W30	Judy Grundman, 33*, St. Louis Park, MN	1:59:28	9:37
1348	280	M35	Larry Smith, 35, Ankeny, IA	1:59:28	9:37
1349	199	M30	William Staplin, 34, Des Moines, IA	1:59:29	9:37
659	27	W17	Brigham Hoegh, 18*, Atlantic, IA	1:59:31	9:37
1350	243	M40	Wayne Johnson, 40, Newton, IA	1:59:31	9:37
1351	244	M40	Tim Leimen, 42, Des Moines, IA	1:59:34	9:37
660	126	W35	Chris Nelson, 39*, Cedarrapids, IA	1:59:36	9:37
661	113	W30	Julie Hoshaw, 31*, West Des Moines, IA	1:59:36	9:37
1352	35	M17	Kyle Metz, 17, Atlantic, IA	1:59:37	9:37
662	2	W55	Flora Cassiliano, 55*, Iowa City, IA	1:59:38	9:38
1353	281	M35	Jeff Dunlap, 37, Des Moines, IA	1:59:39	9:38
663	51	W45	Becky Lang, 46*, Urbandale, IA	1:59:40	9:38
664	95	W40	Angie Finzen, 40*, Urbandale, IA	1:59:42	9:38
665	127	W35	Teresa Ruggle, 35*, Cedar Rapids, IA	1:59:43	9:38
1354	140	M25	Robert Putz, 28, Lacoma, IA	1:59:44	9:38
666	114	W30	Jill Barrick, 34*, Altoona, IA	1:59:46	9:38
667	128	W35	Kara Sue Ranney, 37*, Ames, IA	1:59:47	9:38
1355	152	M45	David Porepp, 47, Adel, IA	1:59:48	9:38
668	96	W40	Adele Zieser, 44*, West Des Moines, IA	1:59:48	9:38
669	129	W35	Sue Trunck, 37*, Reinbeck, IA	1:59:50	9:38
1356	200	M30	Brent Lenz, 30, West Des Moines, IA	1:59:50	9:39
670	130	W35	Kay Bartolo, 36*, West Des Moines, IA	1:59:51	9:39
671	19	W50	Tiare Mathison-Bowie, 50*, Newton, IA	1:59:51	9:39
1357	114	M50	Gary Handley, 53, Des Moines, IA	1:59:53	9:39

672	130	W25	Becky Robbins, 28*, Clive, IA	1:59:55	9:39
673	131	W25	Tara Hawkins, 29*, Cedar Rapids, IA	1:59:56	9:39
674	132	W25	Kristy Conrad, 25*, Urbandale, IA	1:59:58	9:39
1358	245	M40	Joseph Barron, 40, Des Moines, IA	1:59:59	9:39
1359	201	M30	Keith Borness, 31, West Des Moines, IA	2:00:03	9:40
675	133	W25	Lisa Brinkmeyer, 28*, Des Moines, IA	2:00:03	9:40
676	134	W25	Jennifer Hotze, 27*, Ames, IA	2:00:04	9:40
677	93	W20	Jill Paullus, 24*, Nevada, IA	2:00:04	9:40
678	94	W20	Betsy Paxton, 24*, Cedar Falls, IA	2:00:05	9:40
679	115	W30	Sheila Opfer, 30*, Omaha, NE	2:00:06	9:40
680	95	W20	Erin Johnson, 20*, Ames, IA	2:00:06	9:40
681	96	W20	Heather Lowman, 20*, Ames, IA	2:00:14	9:40
682	116	W30	Lynette Kohtz, 34*, West Des Moines, IA	2:00:14	9:40
1360	246	M40	Steve Kammeyer, 40, Urbandale, IA	2:00:15	9:40
1361	153	M45	Dale Todd, 45, Cedar Rapids, IA	2:00:15	9:41
1362	115	M50	Tom Vilsack, 52, Des Moines, IA	2:00:15	9:41
1363	247	M40	Mark Stewart, 42, Altoona, IA	2:00:16	9:41
683	135	W25	Wendy Williams, 29*, Cedar Rapids, IA	2:00:17	9:41
684	117	W30	Julie Pals, 34*, Clive, IA	2:00:17	9:41
1364	36	M17	Scott Walter, 17, Johnston, IA	2:00:17	9:41
685	118	W30	Tricia Henderson, 33*, Shellsburg, IA	2:00:19	9:41
1365	29	JrM	Matt Johnson, 16, Johnston, IA	2:00:19	9:41
1366	202	M30	Brian Schmitz, 32, Des Moines, IA	2:00:20	9:41
1367	116	M50	Thomas Forbes, 52, Fort Dodge, IA	2:00:22	9:41
686	97	W20	Laura Obrycki, 20*, Ames, IA	2:00:25	9:41
687	136	W25	Dianne Jenkins, 29*, Creston, IA	2:00:26	9:41
1368	248	M40	Frank Ross, 41, Clive, IA	2:00:27	9:41
688	97	W40	Juliane Ross, 42*, Clive, IA	2:00:27	9:41
1369	93	M20	Nicholas Ford, 22, Creston, IA	2:00:28	9:42
1370	94	M20	Dean Mather, 20, Laurens, IA	2:00:28	9:42
689	119	W30	Jill Whitaker-Griffith, 34*, Nevada, IA	2:00:29	9:42
1371	154	M45	Charles Steinfeldt, 47, Johnston, IA	2:00:33	9:42
690	52	W45	Elaine Swearngin, 46*, Des Moines, IA	2:00:35	9:42
691	120	W30	Darcy Kratochvil, 34*, Urbandale, IA	2:00:35	9:42
1372	282	M35	Joseph Barry, 35, Adel, IA	2:00:36	9:42
1373	117	M50	Forey Jacobson, 52, Des Moines, IA	2:00:37	9:42
1374	283	M35	Jonathan Mlocek, 35, Urbandale, IA	2:00:37	9:42
1375	203	M30	Brian Arpy, 32, Altoona, IA	2:00:37	9:42
1376	249	M40	Tim Daily, 43, Belle Plaine, IA	2:00:40	9:43
1377	118	M50	Gerald Dewald, 53, West Des Moines, IA	2:00:42	9:43
1378	204	M30	Andrew Williams, 31, Pleasant Hill, IA	2:00:43	9:43
692	137	W25	Erin Jordan, 27*, Iowa City, IA	2:00:46	9:43
693	53	W45	Cindy Heisdorffer, 45*, Davenport, IA	2:00:46	9:43
694	131	W35	Barbara Gerlach, 37*, Nevada, IA	2:00:49	9:43
695	132	W35	Ann Shelton, 35*, Urbandale, IA	2:00:50	9:43
696	98	W20	Julie Riggert, 22*, Ames, IA	2:00:50	9:43
697	98	W40	Colleen Erickson, 42*, Huxley, IA	2:00:51	9:43
1379	24	M60	Jim Jefson, 61, West Des Moines, IA	2:00:51	9:43
698	20	W50	Debbie Earleywine, 50*, Des Moines, IA	2:00:53	9:44
699	133	W35	Denise Richardson, 37*, Urbandale, IA	2:00:54	9:44
1380	284	M35	Randy Yarrow, 39, Ankeny, IA	2:00:55	9:44
700	134	W35	Michelle Pohlmeier, 35*, Urbandale, IA	2:00:57	9:44
701	135	W35	Tracy Sabus, 35*, Urbandale, IA	2:00:57	9:44
1381	250	M40	Robert Blayer, 43, Marshalltown, IA	2:00:58	9:44
702	99	W40	Deb Conlon, 40*, Urbandale, IA	2:00:59	9:44
703	138	W25	Jennifer Drees, 29*, Sloan, IA	2:00:59	9:44
704	121	W30	Marie Hoeger Bement, 31*, Iowa City, IA	2:01:05	9:44
705	139	W25	Julie Vardaman, 27*, Ames, IA	2:01:07	9:45
1382	7	M65	Ray Cook, 67, Warrensburg, MO	2:01:08	9:45
1383	285	M35	Ray Amsler, 37, Hiawatha, IA	2:01:09	9:45
706	21	W50	Pat Cook, 51*, Warrensburg, MO	2:01:09	9:45
707	28	W17	Omega Wise, 18*, Jefferson, IA	2:01:10	9:45
708	29	W17	Morgan Hendricks, 17*, Bagely, IA	2:01:10	9:45
1384	155	M45	John Quinnell, 49, West Des Moines, IA	2:01:12	9:45
709	30	W17	Kimberly Cunningham, 17*, Paton, IA	2:01:12	9:45

1385	251	M40	Matt Duncan, 40, Des Moines, IA	2:01:13	9:45
710	136	W35	Teresa Larson, 38*, Badger, IA	2:01:13	9:45
1386	205	M30	Joseph Cannon, 32, Ames, IA	2:01:14	9:45
1387	286	M35	Donald West, 39, Des Moines, IA	2:01:17	9:45
711	54	W45	Cindy Campbell, 47*, Fairbank, IA	2:01:19	9:46
712	122	W30	Pam Nelson, 32*, Grimes, IA	2:01:20	9:46
713	99	W20	Leah Paullus, 21*, Iowa City, IA	2:01:20	9:46
714	140	W25	Lisa Sparland, 25*, West Des Moines, IA	2:01:21	9:46
1388	141	M25	Ted Spellman, 29, Des Moines, IA	2:01:21	9:46
1389	156	M45	Jeffrey Glantz, 48, Cedar Rapids, IA	2:01:22	9:46
715	137	W35	Betty Freeseemann, 36*, Altoona, IA	2:01:24	9:46
1390	252	M40	Dean Bierwagen, 42, Ames, IA	2:01:30	9:47
716	100	W20	Kasey Kirsch, 22*, Des Moines, IA	2:01:32	9:47
1391	142	M25	Ryan Dixon, 29, Des Moines, IA	2:01:32	9:47
717	101	W20	Kinzee Hanson, 23*, West Des Moines, IA	2:01:32	9:47
718	141	W25	Susanna Kavadas, 29*, West Des Moines, IA	2:01:33	9:47
1392	143	M25	Dan Deatsch, 27, West Des Moines, IA	2:01:34	9:47
719	142	W25	Lindsay Plathe, 27*, Pleasant Hill, IA	2:01:37	9:47
720	143	W25	Amy Wilson, 26*, Story City, IA	2:01:38	9:47
721	144	W25	Julie Melcher, 27*, Chicago, IL	2:01:38	9:47
1393	253	M40	David Libby, 43, Florissant, MO	2:01:41	9:47
1394	144	M25	Andy Schlichting, 26, Cherokee, IA	2:01:45	9:48
722	102	W20	Deb Melcher, 24*, Overland Park, KS	2:01:46	9:48
1395	287	M35	Dan Hagerty, 38, Bondurant, IA	2:01:47	9:48
723	55	W45	Nancy Swanson, 47*, Orion, IL	2:01:48	9:48
724	100	W40	Dana Derby, 43*, Marion, IA	2:01:51	9:48
725	145	W25	Jenny Reitano, 26*, Grimes, IA	2:01:52	9:48
1396	254	M40	David Von Ebers, 41, Oak Park, IL	2:01:53	9:48
1397	206	M30	Michael Muehling, 34, Lincoln, NE	2:01:56	9:49
726	103	W20	Mindy Petersen, 23*, West Des Moines, IA	2:01:58	9:49
727	123	W30	Sue Hudson, 30*, Des Moines, IA	2:01:58	9:49
728	31	W17	Holly Tredway, 18*, Des Moines, IA	2:01:59	9:49
1398	255	M40	Michael Jordan, 41, St. Paul, MN	2:02:00	9:49
729	124	W30	Melody Gibson, 34*, West Des Moines, IA	2:02:00	9:49
730	125	W30	Dena Vogel, 31*, Waterloo, IA	2:02:03	9:49
731	101	W40	Rose Hagemann, 44*, Ankeny, IA	2:02:05	9:49
1399	256	M40	Brian Hild, 44, West Des Moines, IA	2:02:06	9:49
732	102	W40	Kayla Davis, 41*, Marion, IA	2:02:11	9:50
1400	119	M50	Pete Solan, 51, Polk City, IA	2:02:11	9:50
733	138	W35	Gina Cornelison, 39*, Denver, CO	2:02:12	9:50
734	104	W20	Lyndsey Purdy, 22*, Ames, IA	2:02:13	9:50
735	103	W40	Laurie Johnson, 41*, Belmont, IA	2:02:14	9:50
1401	25	M60	Paul Kaufman, 60, Ames, IA	2:02:15	9:50
1402	288	M35	Robert Malcomson, 37, Des Moines, IA	2:02:17	9:50
736	139	W35	Shelley Wise, 39*, Marshalltown, IA	2:02:17	9:50
737	140	W35	Laura McMahan, 39*, Clive, IA	2:02:22	9:51
1403	157	M45	Jim McNeill, 48, Newton, IA	2:02:23	9:51
738	56	W45	Barbara Blane, 47*, West Des Moines, IA	2:02:23	9:51
739	126	W30	Jennifer Moulton, 32*, West Des Moines, IA	2:02:25	9:51
740	105	W20	Marla Carver, 22*, Ankeny, IA	2:02:29	9:51
741	146	W25	Amy McClain, 28*, Blair, NE	2:02:31	9:51
742	57	W45	Jennifer Seales, 46*, Rhodes, IA	2:02:32	9:52
743	147	W25	Alison Doyle, 28*, Ames, IA	2:02:36	9:52
744	106	W20	Jocelyn Dalton, 23*, Des Moines, IA	2:02:36	9:52
745	107	W20	Martha Muir, 22*, Iowa City, IA	2:02:36	9:52
746	108	W20	Jaymie Johnson, 22*, Coralville, IA	2:02:37	9:52
747	141	W35	Nancy Petersen, 37*, Ankeny, IA	2:02:38	9:52
748	109	W20	Angela Christensen, 22*, Marshalltown, IA	2:02:38	9:52
1404	158	M45	Rick Ballantine, 49, Ames, IA	2:02:38	9:52
749	104	W40	Laura Ballantine, 41*, Ames, IA	2:02:42	9:52
750	148	W25	Tracy Caffrey, 26*, Savage, MN	2:02:42	9:52
751	149	W25	Megan Kading, 26*, Stuart, IA	2:02:44	9:52
752	142	W35	Meg Malone-Titus, 39*, Des Moines, IA	2:02:46	9:53
1405	257	M40	Del Christensen, 43, Adel, IA	2:02:50	9:53

753	32	W17	Mayra Mauris, 19*, Des Moines, IA	2:02:51	9:53
1406	159	M45	Brandt Williamson, 45, Des Moines, IA	2:02:55	9:53
1407	289	M35	Benjamin Allen, 39, Des Moines, IA	2:02:56	9:53
1408	258	M40	Paul Witmer, 40, Des Moines, IA	2:02:58	9:54
754	127	W30	Julie Cain, 30*, Cedar Rapids, IA	2:02:58	9:54
755	22	W50	Ursula Williams, 50*, Fairfax, IA	2:03:01	9:54
1409	160	M45	Brad Shipman, 48, Van Meter, IA	2:03:02	9:54
1410	40	M55	Bob Larson, 55, Grinnell, IA	2:03:06	9:54
756	110	W20	Kristin Ellcessor, 24*, Bellevue, NE	2:03:07	9:54
757	143	W35	Tori Haverkamp, 35*, Ames, IA	2:03:08	9:54
758	144	W35	Laura Amsler, 39*, Des Moines, IA	2:03:08	9:54
759	150	W25	Sherri Amsler, 28*, Lombard, IL	2:03:09	9:55
1411	161	M45	Jeff Carpenter, 47, Johnston, IA	2:03:11	9:55
760	58	W45	Jan Miller-Hook, 45*, Indianola, IA	2:03:15	9:55
761	151	W25	Jennifer Hinrichs, 29*, Clive, IA	2:03:17	9:55
762	145	W35	Lisa Loecher, 37*, Cedar Falls, IA	2:03:17	9:55
763	146	W35	Lisa Rempe, 35*, Clive, IA	2:03:18	9:55
764	128	W30	Angela Osland, 30*, Cedar Rapids, IA	2:03:19	9:55
1412	290	M35	Rob Klinkner, 35, West Des Moines, IA	2:03:19	9:55
765	152	W25	Heather Soesbe, 25*, Sumner, IA	2:03:19	9:55
766	129	W30	Julie LaFollette, 32*, Des Moines, IA	2:03:21	9:55
1413	145	M25	Jayandran Palaniappan, 27, Urbana, IL	2:03:23	9:56
767	111	W20	Stephanie Meimann, 20*, Nevada, IA	2:03:24	9:56
768	23	W50	Ann Jones, 50*, Marshalltown, IA	2:03:27	9:56
1414	291	M35	Kevin Christensen, 37, Des Moines, IA	2:03:32	9:56
769	147	W35	Dawn Wellman, 39*, Johnston, IA	2:03:35	9:57
770	148	W35	Theresa Frederiksen, 35*, Des Moines, IA	2:03:42	9:57
1415	162	M45	Rick Vanscoy, 46, Ogden, IA	2:03:45	9:57
1416	41	M55	Thomas Kurt, 58, Ankeny, IA	2:03:47	9:58
1417	8	M65	Bob Hopson, 66, Altoona, IA	2:03:50	9:58
771	59	W45	Natalie Welter, 45*, Ames, IA	2:03:50	9:58
772	149	W35	Connie Ten Napel, 35*, Jefferson, IA	2:03:51	9:58
773	153	W25	Marie Puskas, 29*, Clive, IA	2:03:51	9:58
774	105	W40	Joyce Jessen, 42*, Colfax, IA	2:03:52	9:58
775	60	W45	Michelle Garasky, 45*, Ames, IA	2:03:56	9:58
776	112	W20	Rebecca Rovner, 20*, West Des Moines, IA	2:03:58	9:58
777	24	W50	Cindy Rovner, 50*, West Des Moines, IA	2:03:58	9:58
1418	37	M17	Danny Gallagher, 19, Newton, IA	2:03:58	9:58
1419	207	M30	John Sparks, 34, Ames, IA	2:04:03	9:59
778	61	W45	Beth Snow-Ketchum, 46*, Spencer, IA	2:04:04	9:59
779	113	W20	Katie Wheeler, 20*, Ames, IA	2:04:05	9:59
1420	208	M30	David Cowman, 30, Ankeny, IA	2:04:05	9:59
1421	292	M35	Paul Christiansen, 39, Urbandale, IA	2:04:06	9:59
780	150	W35	Cathy McGrail, 35*, Woodbridge, VA	2:04:10	9:59

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1422	163	M45	Paul Millhollin, 46, Guthrie Center, IA	2:04:12	10:00
781	151	W35	Robin Steinkamp, 36*, Des Moines, IA	2:04:13	10:00
782	114	W20	Shelby Schultes, 21*, Anita, IA	2:04:13	10:00
783	154	W25	Shannessy Schultes, 29*, Anita, IA	2:04:13	10:00
1423	120	M50	Mike DeAnda, 50, Waukee, IA	2:04:14	10:00
784	106	W40	Darla Al-Mazroa, 41*, Des Moines, IA	2:04:15	10:00
1424	26	M60	Larry Reed, 64, Ankeny, IA	2:04:16	10:00
1425	42	M55	Barry Rush, 59, Bettendorf, IA	2:04:18	10:00
1426	164	M45	Robert Hummel, 48, Bondurant, IA	2:04:19	10:00
1427	27	M60	David Twombly, 62, Osceola, IA	2:04:19	10:00
785	155	W25	Anne Varney, 27*, Ankeny, IA	2:04:21	10:00
1428	43	M55	Dick Hogan, 56, Urbandale, IA	2:04:23	10:00
786	25	W50	Janet Blazanin, 53*, Waukee, IA	2:04:25	10:01
1429	293	M35	James Kickland, 36, Atlantic, IA	2:04:25	10:01
1430	259	M40	Ed Drake, 40, Radcliffe, IA	2:04:25	10:01
787	156	W25	Karri Kolbet, 28*, West Des Moines, IA	2:04:29	10:01
788	157	W25	Katie Hesse, 26*, Ankeny, IA	2:04:29	10:01
789	115	W20	Kelli Feenstra, 23*, Rock Valley, IA	2:04:29	10:01

790	116	W20	Emily Strouth, 23*, Rock Valley, IA	2:04:32	10:01
1431	95	M20	Doug VanWoert, 20, Urbandale, IA	2:04:34	10:01
1432	294	M35	Orville Bunker, 39, Newton, IA	2:04:34	10:01
791	158	W25	Darci Boehlert, 29*, Ankeny, IA	2:04:34	10:01
792	130	W30	Joy Carter, 31*, Des Moines, IA	2:04:35	10:01
1433	165	M45	Paul Ruggle, 48, Newton, IA	2:04:36	10:01
1434	295	M35	Gregory Whitesides, 36, Bettendorf, IA	2:04:36	10:02
793	107	W40	Tracy Cheney, 40*, West Des Moines, IA	2:04:41	10:02
1435	121	M50	Mark Tripp, 50, West Des Moines, IA	2:04:41	10:02
794	108	W40	Audrey Wheeler, 42*, Ames, IA	2:04:43	10:02
795	152	W35	Geri Kearney, 38*, Ottumwa, IA	2:04:43	10:02
1436	209	M30	Richard Rzekonski, 30, Des Moines, IA	2:04:44	10:02
796	109	W40	Connie Whetstone, 42*, Ankeny, IA	2:04:45	10:02
1437	96	M20	Kasey McCurdy, 21, Ankeny, IA	2:04:47	10:02
797	62	W45	Liz Meimann, 48*, Nevada, IA	2:04:48	10:02
798	110	W40	Deb Sharp, 44*, Ankeny, IA	2:04:48	10:03
1438	210	M30	Mark Barker, 32, Ankeny, IA	2:04:50	10:03
799	117	W20	Abby Thiemann, 21*, West Des Moines, IA	2:04:50	10:03
800	153	W35	Patty Blayer, 35*, Cedar Rapids, IA	2:04:51	10:03
801	154	W35	Anne Blobaum, 36*, Des Moines, IA	2:04:51	10:03
1439	260	M40	Jim McIntyre, 43, Urbandale, IA	2:04:51	10:03
802	131	W30	Elizabeth Winjum, 33*, Indianola, IA	2:04:52	10:03
803	155	W35	Tess Balsley, 39*, Ames, IA	2:05:03	10:04
804	118	W20	Annie Johnson, 24*, West Des Moines, IA	2:05:04	10:04
805	119	W20	Jennifer Rathje, 22*, Urbandale, IA	2:05:04	10:04
1440	166	M45	John Lott, 47, Ames, IA	2:05:04	10:04
806	111	W40	Nancy Gooding, 43*, Des Moines, IA	2:05:05	10:04
807	120	W20	Mary Ann Tierney, 24*, Clive, IA	2:05:11	10:04
1441	146	M25	Jason Hays, 28, West Des Moines, IA	2:05:12	10:04
1442	261	M40	Larry Slate, 40, Urbandale, IA	2:05:13	10:04
1443	28	M60	Richard Nehring, 63, Alden, IA	2:05:14	10:05
1444	29	M60	Ronald Rush, 63, Bloomington, MN	2:05:15	10:05
808	63	W45	Kerry Anderson, 49*, Indianola, IA	2:05:15	10:05
809	112	W40	Judy Bradshaw, 43*, Urbandale, IA	2:05:16	10:05
1445	30	M60	Al Dunn, 61, Elkader, IA	2:05:19	10:05
1446	44	M55	Charlie Ford, 55, Omaha, NE	2:05:19	10:05
810	121	W20	Elizabeth Nixon, 24*, Forest Grove, OR	2:05:20	10:05
811	132	W30	Carrie Wolter, 33*, West Des Moines, IA	2:05:21	10:05
812	133	W30	Alecia Rahn-Blakeslee, 30*, Ankeny, IA	2:05:21	10:05
813	122	W20	Jill Byrne, 24*, Bloomington, MN	2:05:22	10:05
814	113	W40	Kerry Shelley, 42*, West Des Moines, IA	2:05:22	10:05
1447	3	M70	Frank Amos, 70, Ames, IA	2:05:23	10:05
815	156	W35	Tracy Repp, 39*, Minburn, IA	2:05:24	10:05
816	157	W35	Jenny Topic, 37*, West Des Moines, IA	2:05:30	10:06
1448	167	M45	Steve Vance, 45, Sheldahl, IA	2:05:31	10:06
817	114	W40	Roma Snook, 44*, Chariton, IA	2:05:31	10:06
1449	45	M55	Fred McCurnin, 58, Mason City, IA	2:05:34	10:06
818	26	W50	Elizabeth Sutter, 53*, Des Moines, IA	2:05:34	10:06
819	158	W35	Conni Crees, 36*, Desmoines, IA	2:05:35	10:06
820	115	W40	Colleen Springer, 44*, Marshalltown, IA	2:05:37	10:06
821	159	W25	Sherri Schurman, 28*, Milo, IA	2:05:42	10:07
822	159	W35	Anne Nieland, 35*, Urbandale, IA	2:05:42	10:07
823	116	W40	Joanne Moeller, 44*, Altoona, IA	2:05:42	10:07
824	64	W45	Sharon Hall, 45*, Ankeny, IA	2:05:43	10:07
825	117	W40	Loraine Hardin, 43*, Clive, IA	2:05:47	10:07
826	118	W40	Angela Ellis, 40*, Norwalk, IA	2:05:48	10:07
827	134	W30	Anne Nizzi-Clark, 34*, West Des Moines, IA	2:05:48	10:07
1450	147	M25	Matthew Arenholz, 27, Des Moines, IA	2:05:49	10:07
828	135	W30	Julie Heinen, 32*, Ames, IA	2:05:49	10:07
829	136	W30	Kelsey Aikin, 32*, Des Moines, IA	2:05:49	10:07
830	137	W30	Sarah Romano, 30*, Des Moines, IA	2:05:50	10:07
831	160	W35	Kathy Faber, 39*, Clive, IA	2:05:50	10:07
1451	211	M30	Brandon Aikin, 31, Des Moines, IA	2:05:51	10:08
1452	122	M50	Rik Anderson, 51, Plainfield, IL	2:05:54	10:08

1453	123	M50	Terry Sacre, 52, Cedar Falls, IA	2:05:55	10:08
1454	212	M30	Richard Bangma, 32, Pella, IA	2:05:57	10:08
832	161	W35	Linda Hardie, 38*, Ankeny, IA	2:05:59	10:08
833	138	W30	Jackie Safley, 32*, Des Moines, IA	2:05:59	10:08
834	65	W45	Laurel Wright, 49*, Colorado Springs, CO	2:06:03	10:08
835	139	W30	Jodi Seymour, 33*, Lamoni, IA	2:06:04	10:09
1455	46	M55	Michael Kent, 58, Des Moines, IA	2:06:05	10:09
836	160	W25	Maureen Looker, 25*, Chicago, IL	2:06:07	10:09
837	123	W20	Erin Lower, 24*, Johnston, IA	2:06:07	10:09
838	161	W25	Carolyn Clawson, 27*, Ames, IA	2:06:08	10:09
1456	47	M55	Lary Hostak, 59, Cedar Rapids, IA	2:06:09	10:09
839	124	W20	Nicole Slater, 23*, Clive, IA	2:06:10	10:09
1457	48	M55	Daniel Looker, 55, Des Moines, IA	2:06:11	10:09
840	162	W35	Marna Montgomery, 38*, Brooklyn, IA	2:06:28	10:11
1458	168	M45	Michael Slater, 46, Des Moines, IA	2:06:29	10:11
1459	296	M35	Jordan Bruntz, 37, Baxter, IA	2:06:30	10:11
1460	297	M35	Deepak Kumar, 39, Rochester, MN	2:06:32	10:11
1461	262	M40	Bruce Grotenhuis, 41, Granger, IA	2:06:34	10:11
1462	263	M40	Gary Young, 43, Johnston, IA	2:06:35	10:11
1463	264	M40	Kevin Krampe, 42, Baxter, IA	2:06:37	10:11
1464	169	M45	Jim Hingtgen, 46, Urbandale, IA	2:06:40	10:11
841	163	W35	Heidi Asbjornsen, 36*, Roland, IA	2:06:40	10:11
842	140	W30	Robyn Ellert, 30*, Chicago, IL	2:06:42	10:12
843	162	W25	Jana Ruggles, 28*, Collins, IA	2:06:43	10:12
844	141	W30	Becky Voas, 34*, Ames, IA	2:06:43	10:12
845	164	W35	Eness, 37*, Ames, IA	2:06:44	10:12
1465	265	M40	Brian Cusson, 44, West Des Moines, IA	2:06:44	10:12
846	119	W40	Renee Johnson, 41*, Onalaska, WI	2:06:45	10:12
847	66	W45	Lori Lensch, 46*, Johnston, IA	2:06:45	10:12
848	67	W45	Tricia Barron, 46*, Rock Island, IL	2:06:45	10:12
849	68	W45	Mary Kay Shannon, 47*, Greenfield, IA	2:06:46	10:12
850	165	W35	Joyce Funke, 38*, Dyersville, IA	2:06:50	10:12
851	125	W20	Katie Sullivan, 21*, Des Moines, IA	2:06:53	10:12
852	142	W30	Camilla Martin, 34*, Marion, IA	2:06:53	10:13
853	69	W45	Judy Cunningham, 46*, Davenport, IA	2:06:54	10:13
854	163	W25	Ellie Leibundguth, 25*, Cedar Falls, IA	2:06:55	10:13
855	70	W45	Theresa Menough, 48*, Urbandale, IA	2:07:00	10:13
856	166	W35	Kallie Meyer, 39*, Cedar Rapids, IA	2:07:01	10:13
1466	9	M65	Donald Judisch, 66, Clive, IA	2:07:01	10:13
1467	49	M55	Ken Heilskov, 57, Ankeny, IA	2:07:06	10:14
1468	124	M50	Kenny Grandstaff, 53, Des Moines, IA	2:07:10	10:14
1469	266	M40	Brent Niland, 41, West Des Moines, IA	2:07:16	10:14
1470	30	JrM	Zach Swoyer, 16, Johnston, IA	2:07:21	10:15
857	143	W30	Alice Pareti, 32*, Ankeny, IA	2:07:21	10:15
858	27	W50	Kathy Schwappach, 52*, La Grange, IL	2:07:22	10:15
859	167	W35	Lea Flanagan, 38*, Des Moines, IA	2:07:23	10:15
860	168	W35	Tiffany Reese, 36*, West Des Moines, IA	2:07:25	10:15
861	126	W20	Trayla Ramsey, 24*, West Des Moines, IA	2:07:27	10:15
862	169	W35	Lisa Jacobs, 37*, Cedar Rapids, IA	2:07:28	10:15
863	120	W40	Laurie Stock, 40*, Marion, IA	2:07:34	10:16
1471	170	M45	John Moran, 45, Story City, IA	2:07:35	10:16
1472	148	M25	Christopher Koranda, 25, Winthrop, IA	2:07:40	10:16
864	127	W20	Amy Shultz, 23*, West Des Moines, IA	2:07:42	10:16
865	128	W20	Emily Isaacson, 23*, Iowa City, ID	2:07:44	10:17
866	164	W25	Emily Barta, 26*, Ames, IA	2:07:47	10:17
1473	213	M30	Kevin Jensen, 32, Ames, IA	2:07:47	10:17
1474	149	M25	Chris Chamber, 25, Urbandale, IA	2:07:50	10:17
1475	97	M20	Charlie Ochanpaugh, 24, Des Moines, IA	2:07:51	10:17
1476	267	M40	Randy Beers, 44, West Des Moines, IA	2:07:52	10:17
1477	50	M55	Jim Doyle, 59, Granger, IA	2:07:53	10:17
867	170	W35	Jeannette Erickson, 36*, Altoona, IA	2:07:56	10:18
868	129	W20	Sue O'Connor, 23*, West Des Moines, IA	2:07:57	10:18
869	144	W30	Tammy Apana, 30*, Norwalk, IA	2:07:57	10:18
870	121	W40	Barbara Endel, 41*, Solon, IA	2:07:59	10:18
1478	171	M45	Rodger Hotek, 46, Birmingham, IA	2:07:59	10:18

871	122	W40	Susan Shoup, 43*, Lemars, IA	2:08:00	10:18
1479	298	M35	David De Vries, 35, Des Moines, IA	2:08:03	10:18
1480	268	M40	Austin Burkey, 42, Omaha, NE	2:08:05	10:18
872	165	W25	Maggie Lamm, 27*, Solon, IA	2:08:05	10:18
873	71	W45	Shelia Lamm, 49*, New London, IA	2:08:05	10:18
874	171	W35	Connie Hills, 39*, Urbandale, IA	2:08:08	10:19
875	33	W17	Krystal Crees, 18*, West Des Moines, IA	2:08:09	10:19
1481	214	M30	Tim Somers, 33, Des Moines, IA	2:08:10	10:19
876	172	W35	Karen Alessio, 38*, Polk City, IA	2:08:11	10:19
1482	215	M30	Matthew Somers, 34, Creston, IA	2:08:11	10:19
877	123	W40	Dale Naylor, 44*, Ankeny, IA	2:08:11	10:19
878	145	W30	Sarah Van Rees, 32*, Ankeny, IA	2:08:12	10:19
879	146	W30	Charisse Santema, 31*, Ankeny, IA	2:08:12	10:19
880	72	W45	Elizabeth Deatsch, 48*, Centerville, IA	2:08:15	10:19
1483	172	M45	Marc Steward, 48, Cherokee, IA	2:08:15	10:19
881	166	W25	Jodi Schlichting, 25*, Cherokee, IA	2:08:16	10:19
1484	269	M40	Alan Kemp, 42, Urbandale, IA	2:08:18	10:19
882	173	W35	Julie Shepard, 37*, West Des Moines, IA	2:08:18	10:19
1485	98	M20	Manni Balignasay, 23, West Des Moines, IA	2:08:22	10:20
883	28	W50	Dawne Buhrow, 50*, Colo, IA	2:08:22	10:20
1486	270	M40	Kyle Vondracek, 40, Cedar Rapids, IA	2:08:25	10:20
1487	125	M50	Walter Hunt, 52, Council Bluffs, IA	2:08:25	10:20
884	174	W35	Mary Lansing-Francis, 37*, Nevada, IA	2:08:27	10:20
1488	126	M50	Howard Hunt, 53, Dixon, IA	2:08:27	10:20
1489	10	M65	Earl Ogawa, 68, Ames, IA	2:08:28	10:20
885	175	W35	Ida Dominguez, 36*, Johnston, IA	2:08:31	10:20
886	34	W17	Laura Vernon, 19*, West Des Moines, IA	2:08:31	10:20
1490	127	M50	Doyle Ashby, 50, St. Charles, IA	2:08:33	10:21
887	167	W25	Kisha Barnes, 29*, Indianola, IA	2:08:34	10:21
888	168	W25	Becky Needles, 29*, Indianola, IA	2:08:34	10:21
889	169	W25	Jill Youmans, 29*, Indianola, IA	2:08:34	10:21
890	147	W30	Lisa Harms, 30*, Indianola, IA	2:08:34	10:21
1491	51	M55	Tom Obrien, 55, Urbandale, IA	2:08:35	10:21
1492	128	M50	Jesse Crees, 52, West Des Moines, IA	2:08:36	10:21
891	148	W30	Brenda Kaufmann, 33*, Traer, IA	2:08:39	10:21
892	124	W40	Janet Malmberg, 43*, Des Moines, IA	2:08:46	10:22
893	125	W40	Audrey Porter, 44*, Urbandale, IA	2:08:52	10:22
894	126	W40	Mary Cawley, 41*, Urbandale, IA	2:08:52	10:22
895	127	W40	Joan Wollenzien, 41*, West Des Moines, IA	2:08:53	10:22
896	29	W50	Janet Lincoln, 53*, West Des Moines, IA	2:08:54	10:22
897	73	W45	Lorinda Roth, 45*, West Des Moines, IA	2:08:54	10:22
1493	216	M30	Richard Townsend, 31, Clive, IA	2:08:55	10:22
1494	129	M50	Richard Townsend, 54, Johnston, IA	2:08:55	10:22
1495	99	M20	Justin Colella, 20, Knoxville, IA	2:08:56	10:22
1496	217	M30	Travis Hinrichs, 30, Clive, IA	2:08:59	10:23
1497	130	M50	Robert McFarland, 54, Cedar Rapids, IA	2:08:59	10:23
898	128	W40	Kirsten Klepper, 41*, Algona, IA	2:09:00	10:23
1498	131	M50	Joseph Lickteig, 54, Newton, KS	2:09:01	10:23
1499	271	M40	Alan Klepper, 40, Algona, IA	2:09:01	10:23
899	30	W50	Betty Baker, 50*, Ames, IA	2:09:02	10:23
900	129	W40	Julie Ham, 41*, Ames, IA	2:09:04	10:23
901	170	W25	Robin Wasteney, 28*, Urbandale, IA	2:09:05	10:23
1500	150	M25	Brett Warcholak, 25, Des Moines, IA	2:09:07	10:23
1501	11	M65	Wilbur Veenstra, 65, Pella, IA	2:09:08	10:23
1502	132	M50	Neil Shultz, 52, West Des Moines, IA	2:09:08	10:23
902	171	W25	Molly Luense, 29*, Marion, IA	2:09:09	10:24
1503	299	M35	Kevin Friessen, 36, Sioux City, IA	2:09:11	10:24
1504	100	M20	Jon Friessen, 24, West Des Moines, IA	2:09:11	10:24
903	31	W50	Ann Brick, 54*, Des Moines, IA	2:09:12	10:24
904	172	W25	Jesse Jordan, 27*, Urbandale, IA	2:09:12	10:24
905	74	W45	Cindy Moisan, 45*, Johnston, IA	2:09:12	10:24
906	149	W30	Kris Angellotti, 34*, Cedar Rapids, IA	2:09:12	10:24
907	176	W35	Lisa Johnson, 39*, Cedar Rapids, IA	2:09:12	10:24
908	150	W30	Tammy Jacobson, 32*, Colo, IA	2:09:14	10:24
1505	300	M35	Doug Nuehring, 38, Urbandale, IA	2:09:14	10:24

1506	272	M40	John Johnson, 44, Pleasant Hill, IA	2:09:15	10:24
1507	218	M30	Paul Schneider, 32, West Des Moines, IA	2:09:17	10:24
909	151	W30	Karen Cannell, 31*, West Des Moines, IA	2:09:23	10:25
910	130	W40	Amy Klosterman, 41*, St Paul, MN	2:09:25	10:25
911	173	W25	Rebecca Klocke, 27*, Urbandale, IA	2:09:26	10:25
1508	273	M40	Doug Burnett, 44, Des Moines, IA	2:09:26	10:25
912	174	W25	Michelle Madden, 29*, Bayfield, CO	2:09:26	10:25
913	175	W25	Sally Rindfuss, 26*, West Des Moines, IA	2:09:27	10:25
1509	151	M25	Paul Olson, 28, Omaha, NE	2:09:29	10:25
914	152	W30	Tracy Kennedy, 31*, Des Moines, IA	2:09:34	10:26
915	177	W35	Debra Scorpiniti, 35*, West Des Moines, IA	2:09:35	10:26
916	176	W25	Dena Jensen, 25*, West Des Moines, IA	2:09:37	10:26
917	75	W45	Nancy Hefner, 46*, Grimes, IA	2:09:40	10:26
918	177	W25	Colleen Kelly, 27*, Des Moines, IA	2:09:45	10:26
1510	31	JrM	James Chance, 13, Zearing, IA	2:09:49	10:27
1511	173	M45	David Huey, 47, Des Moines, IA	2:09:51	10:27
1512	174	M45	Randall Svoboda, 47, Iowa City, IA	2:09:52	10:27
919	76	W45	Janie Romano, 45*, Ames, IA	2:09:55	10:27
920	178	W25	Amanda Post, 29*, Ankeny, IA	2:09:55	10:27
1513	219	M30	Jason Faidley, 30, Newton, IA	2:10:01	10:28
921	3	W55	Carolyn McLean, 57*, Prattville, AL	2:10:02	10:28
1514	52	M55	Roger Munns, 55, Des Moines, IA	2:10:03	10:28
1515	32	JrM	Dan Konen, 14, Maxwell, IA	2:10:03	10:28
1516	175	M45	Dennis Howard, 49, Des Moines, IA	2:10:05	10:28
1517	274	M40	Mike Gooding, 41, Urbandale, IA	2:10:10	10:28
922	178	W35	Wendy Nevenhoven, 38*, Johnston, IA	2:10:11	10:28
923	153	W30	Alysun Bower, 32*, Indianola, IA	2:10:16	10:29
924	32	W50	Coleen Waage, 52*, West Des Moines, IA	2:10:17	10:29
1518	301	M35	Paul Kaufmann, 37, Traer, IA	2:10:18	10:29
925	179	W35	Dawn Johnson, 38*, Indianola, IA	2:10:19	10:29
926	179	W25	Greta Southall, 28*, Indianola, IA	2:10:19	10:29
1519	12	M65	Allen Trenkle, 68, Ames, IA	2:10:20	10:29
1520	176	M45	Marty Kalton, 45, Grimes, IA	2:10:25	10:30
927	131	W40	Tammi Green, 43*, Clive, IA	2:10:27	10:30
928	180	W35	Julie Cagwin, 36*, Marion, IA	2:10:30	10:30
929	132	W40	Kay Mernin, 43*, Newell, IA	2:10:30	10:30
930	154	W30	Amber Andersen, 33*, Stratford, IA	2:10:31	10:30
931	130	W20	Hollie Dahms, 24*, Polk City, IA	2:10:31	10:30
1521	177	M45	John Nation, 46, Ogden, IA	2:10:32	10:30
932	155	W30	Kris Kingston, 33*, Des Moines, IA	2:10:32	10:30
933	181	W35	Lynn Egesdal, 38*, Newell, IA	2:10:33	10:30
1522	220	M30	Timothy Hurn, 33, Ames, IA	2:10:34	10:30
934	156	W30	Whitney Brink, 31*, Ankeny, IA	2:10:36	10:30
935	77	W45	Sandy Swallow, 46*, Waukee, IA	2:10:36	10:31
1523	178	M45	Terry Eason, 46, Waukee, IA	2:10:37	10:31
1524	221	M30	Dan Brink, 32, Ankeny, IA	2:10:38	10:31
936	182	W35	Jill Reichtter, 38*, Newell, IA	2:10:43	10:31
937	157	W30	Jennifer Thoma, 31*, Ankeny, IA	2:10:46	10:31
938	131	W20	Laura Harms, 24*, Des Moines, IA	2:10:48	10:31
1525	275	M40	Brent Wilson, 42, Johnston, IA	2:10:49	10:32
939	180	W25	Katie Ericson, 28*, Palo Alto, CA	2:10:50	10:32
1526	152	M25	Ryan Sewell, 29, Iowa City, IA	2:10:51	10:32
940	133	W40	Suzi Sigler, 43*, Lawrence, KS	2:10:56	10:32
941	134	W40	Lynn Allen, 44*, Ames, IA	2:10:56	10:32
942	78	W45	Carla Phipps, 47*, Lawrence, KS	2:10:56	10:32
1527	179	M45	Marc Hollander, 45, Urbandale, IA	2:10:57	10:32
943	135	W40	Jane Galyon, 42*, Ames, IA	2:11:01	10:33
1528	276	M40	John Woll, 41, Clive, IA	2:11:09	10:33
1529	53	M55	Nate Viall, 57, Des Moines, IA	2:11:15	10:34
944	183	W35	Saralee Sickles, 38*, Urbandale, IA	2:11:22	10:34
945	158	W30	Sonya Brekke, 32*, Polk City, IA	2:11:22	10:34
946	136	W40	Deb Christensen, 41*, Adel, IA	2:11:27	10:35
1530	222	M30	Mark Wills, 33, Des Moines, IA	2:11:30	10:35
947	132	W20	Kristen Wilcox, 23*, Iowa City, IA	2:11:30	10:35

948	181	W25	Jennifer Main, 28*, Adel, IA	2:11:31	10:35
949	79	W45	Jan Albers, 45*, Cedar Rapids, IA	2:11:37	10:35
950	159	W30	Carla Mickle, 31*, St. Charles, IA	2:11:38	10:35
1531	223	M30	Don May, 33, Osceola, IA	2:11:39	10:36
1532	54	M55	B L Sheriff, 55, Greenfield, IA	2:11:40	10:36
1533	180	M45	Rick George, 45, Omaha, NE	2:11:41	10:36
1534	13	M65	Leon Hodges, 67, Atlantic, IA	2:11:47	10:36
951	137	W40	Leanne Buell, 40*, Des Moines, IA	2:11:53	10:37
952	184	W35	Monica Kerin, 38*, Des Moines, IA	2:11:53	10:37
1535	133	M50	Larry Jablonski, 51, Urbandale, IA	2:11:53	10:37
1536	55	M55	Randall Hanson, 58, Waukee, IA	2:12:02	10:37
953	33	W50	Sandra Deke, 54*, Dewitt, IA	2:12:12	10:38
1537	134	M50	David Harness, 53, Davenport, IA	2:12:12	10:38
1538	56	M55	John Hall, 57, Omaha, NE	2:12:13	10:38
954	138	W40	Catherine Zaharis, 42*, Urbandale, IA	2:12:14	10:38
1539	277	M40	Robert Michael, 40, Iowa City, IA	2:12:15	10:38
1540	153	M25	Tim Leuck, 27, West Des Moines, IA	2:12:17	10:39
955	185	W35	Randi Bruck, 38*, Cedar Rapids, IA	2:12:19	10:39
1541	33	JrM	John Guzman III, 14, Osceola, IA	2:12:23	10:39
956	9	JrW	Kelli Russell, 16*, Urbandale, IA	2:12:23	10:39
957	10	JrW	Anna Farrand, 16*, West Des Moines, IA	2:12:24	10:39
958	133	W20	Jill Meimann, 24*, Huxley, IA	2:12:28	10:40
959	182	W25	Anne Wysung, 26*, Ankeny, IA	2:12:38	10:40
960	139	W40	Monica Durflinger, 44*, Ottumwa, IA	2:12:41	10:41
1542	181	M45	Rich Lee, 49, Ames, IA	2:12:45	10:41
1543	302	M35	John Gray, 36, Waukee, IA	2:12:46	10:41
961	186	W35	Gina Garman, 37*, Marion, IA	2:12:49	10:41
1544	135	M50	Dave Heidemann, 50, Ankeny, IA	2:12:49	10:41
962	134	W20	Karen Shannon, 24*, Jefferson, IA	2:12:52	10:41
1545	303	M35	Darin Garman, 36, Marion, IA	2:12:52	10:41
963	160	W30	Jodi Hiemstra, 34*, Oskaloosa, IA	2:12:54	10:42
964	161	W30	Jessica Clem, 30*, Ames, IA	2:12:55	10:42
1546	154	M25	Shylesh Christian, 27, Des Moines, IA	2:12:55	10:42
1547	182	M45	Mike Lauzon, 46, Boone, IA	2:13:04	10:42
965	80	W45	Teresa Peschang, 49*, Milan, IL	2:13:11	10:43
966	135	W20	Amie Carey, 24*, West Des Moines, IA	2:13:18	10:44
967	162	W30	Cori Smith, 34*, Johnston, IA	2:13:19	10:44
968	163	W30	Ronda Sadoris, 31*, Norwalk, IA	2:13:19	10:44
969	34	W50	Ann Greubel, 52*, Indianola, IA	2:13:22	10:44
970	81	W45	Sue Elliott, 46*, Ankeny, IA	2:13:35	10:45
1548	278	M40	Robert Unfer, 43, Des Moines, IA	2:13:35	10:45
971	183	W25	Molly Ramsey, 25*, Des Moines, IA	2:13:36	10:45
1549	279	M40	Lambert Blank,Jr, 44, Des Moines, IA	2:13:47	10:46
1550	224	M30	Troy Leisinger, 30, Omaha, NE	2:13:48	10:46
972	35	W50	Paula Birmingham, 51*, Blair, NE	2:13:49	10:46
973	187	W35	Stacy Lang, 38*, Urbandale, IA	2:14:03	10:47
974	35	W17	Katie Glace, 19*, Eldora, IA	2:14:05	10:47
1551	280	M40	Mike Jalovel, 42, West Des Moines, IA	2:14:06	10:47
975	4	W60	Judy Kirchoffer, 65*, Waukesha, WI	2:14:09	10:48
1552	225	M30	Jim Baker, 34, Des Moines, IA	2:14:09	10:48
976	36	W17	Kelly Vanclave, 19*, Jordan, MN	2:14:18	10:48
1553	183	M45	Lester Yen, 47, Des Moines, IA	2:14:18	10:48
1554	226	M30	Jon Johnson, 33, Dallas Center, IA	2:14:22	10:49
1555	227	M30	Mark Schroder, 34, West Des Moines, IA	2:14:23	10:49
1556	184	M45	Steve Siegel, 49, Urbandale, IA	2:14:23	10:49
1557	185	M45	Jack Ratekin, 46, Dexter, IA	2:14:36	10:50
977	164	W30	Sandra Peasley, 30*, Boone, IA	2:14:38	10:50
1558	281	M40	Glenn Holt, 41, Des Moines, IA	2:14:38	10:50
1559	228	M30	Ford Singbush, 34, Urbandale, IA	2:14:41	10:50
978	165	W30	Brenda Johnson, 31*, Dallas Center, IA	2:14:42	10:50
979	166	W30	Jessica Schrock, 32*, Altoona, IA	2:14:43	10:50
1560	229	M30	Bill Belzer, 33, Grimes, IA	2:14:44	10:50
980	4	W55	Janice Hastings, 59*, Cedar Rapids, IA	2:14:48	10:51
1561	101	M20	Joel Konen, 24, Ames, IA	2:14:54	10:51
1562	57	M55	Dharmvir Bhatnagar, 59, West Des Moines, IA		

				2:14:56	10:51
981	140	W40	Louisa Perry, 42*, Bondurant, IA	2:14:56	10:51
1563	155	M25	Gaik-Loong Kang, 26, West Des Moines, IA	2:14:58	10:52
982	184	W25	Natalie Gulbranson, 29*, Pleasant Hill, IA		
				2:15:07	10:52
983	185	W25	Kristen Johnson, 28*, Lees Summit, MO	2:15:07	10:52
984	167	W30	Nicole Moore, 31*, Cedar Rapids, IA	2:15:14	10:53
1564	31	M60	Bruce Thompson, 61, Ames, IA	2:15:22	10:53
985	168	W30	Brenda Jackson, 30*, Des Moines, IA	2:15:31	10:54
1565	186	M45	Steve Johns, 48, Des Moines, IA	2:15:35	10:55
986	37	W17	Laura Meimann, 17*, Nevada, IA	2:15:38	10:55
1566	34	JrM	Grant Severson, 16, Story Citty, IA	2:15:40	10:55
1567	304	M35	Robert Duffy, 35, Ankeny, IA	2:15:40	10:55
987	186	W25	Jill Eimermann, 25*, Des Moines, IA	2:15:46	10:55
1568	102	M20	Andrew Eggert, 22, Colfax, IA	2:15:47	10:56
1569	282	M40	Todd Erickson, 41, North Liberty, IA	2:15:50	10:56
988	169	W30	Jennifer Sikute, 33*, Ames, IA	2:15:51	10:56
1570	305	M35	Michael Wigton, 35, Minneapolis, MN	2:15:52	10:56
989	141	W40	Teri Preacher, 42*, Bettendorf, IA	2:15:58	10:56
1571	156	M25	Woody Hancock, 28, Indianola, IA	2:16:00	10:57
990	136	W20	Angela Hancock, 20*, Iowa City, IA	2:16:00	10:57
1572	32	M60	John Beamer, 63, Des Moines, IA	2:16:01	10:57
991	170	W30	Michelle Wright, 32*, Belle Plaine, MN	2:16:02	10:57
1573	306	M35	Bobby Chance, 38, Cambridge, IA	2:16:05	10:57
992	188	W35	Mary Sheka, 38*, Des Moines, IA	2:16:07	10:57
993	82	W45	Luanne Dezwarte, 49*, Knoxville, IA	2:16:08	10:57
994	189	W35	Jackie Cuninghame, 39*, Brooklyn, IA	2:16:09	10:57
1574	283	M40	Graham Cuninghame, 41, Brooklyn, IA	2:16:09	10:57
995	187	W25	Megan Heine, 29*, Johnston, IA	2:16:10	10:57
1575	136	M50	Scott Butler, 52, Des Moines, IA	2:16:18	10:58
996	142	W40	Nola Seaberg, 41*, Des Moines, IA	2:16:19	10:58
997	143	W40	Shari Turner, 40*, Clive, IA	2:16:19	10:58
998	137	W20	Teresa Oehler, 24*, Kansas City, MO	2:16:20	10:58
1576	284	M40	Randall Leib, 44, Panora, IA	2:16:23	10:58
999	138	W20	Jenny McElligott, 24*, Iowa City, IA	2:16:29	10:59
1577	137	M50	Charlie Johnson, 54, Brayton, IA	2:16:32	10:59
1000	171	W30	Teri Templeton, 32*, West Des Moines, IA	2:16:35	10:59

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1001	139	W20	Melissa Heuton, 24*, Ames, IA	2:16:40	11:00
1578	157	M25	Phillip Friddle, 28, Champaign, IL	2:16:40	11:00
1002	5	W55	Sheryl Kamerick, 55*, Pella, IA	2:16:46	11:00
1003	190	W35	Deb Shepherd-Vogel, 37*, Pleasant Hill, IA		
				2:17:12	11:02
1004	144	W40	Kristi Jennisch, 44*, Cambridge, IA	2:17:14	11:02
1579	138	M50	Bernard Jennisch, 54, Des Moines, IA	2:17:14	11:03
1580	35	JrM	Nathan Nuzum, 14, Johnston, IA	2:17:33	11:04
1005	145	W40	Debra Degraff, 41*, Runnells, IA	2:17:35	11:04
1581	187	M45	Bill Pieper, 45, West Des Moines, IA	2:17:35	11:04
1582	33	M60	Conrad Jungmann, 60, West Des Moines, IA	2:17:39	11:04
1006	188	W25	Denise Boozell, 27*, Indianola, IA	2:17:42	11:05
1007	172	W30	Laurie Dienberg-Hoppe, 30*, Indianola, IA	2:17:42	11:05
1583	14	M65	Frank Tamse, 65, Windsor Heights, IA	2:17:50	11:05
1008	140	W20	Jessica Wilson, 20*, West Des Moines, IA	2:17:54	11:06
1584	188	M45	Tony Wilson, 46, Dallas Center, IA	2:17:55	11:06
1585	307	M35	Michael Robinson, 35, Des Moines, IA	2:17:56	11:06
1009	146	W40	Cathy Klopp, 41*, Minneapolis, MN	2:18:06	11:07
1586	230	M30	Douglas Burns, 33, Carroll, IA	2:18:11	11:07
1587	285	M40	Jim Reynolds, 42, Ankeny, IA	2:18:13	11:07
1010	147	W40	Karen Coaldrake, 44*, Johnston, IA	2:18:14	11:07
1011	191	W35	Jackie Hellrung, 37*, Urbandale, IA	2:18:19	11:08
1588	158	M25	Justin Ringler, 29, Grinnell, IA	2:18:20	11:08
1012	141	W20	Devin Miller, 23*, Sigourney, IA	2:18:30	11:09
1589	36	JrM	Manfred Strait, 14, Des Moines, IA	2:18:35	11:09

1013	148	W40	Kathryn Goetz, 42*, West Des Moines, IA	2:18:37	11:09
1014	149	W40	Kristi Davick, 40*, West Des Moines, IA	2:18:37	11:09
1590	308	M35	Keith Jones, 39, Kansas City, MO	2:18:46	11:10
1015	142	W20	Jodi Soole, 20*, Sioux City, IA	2:18:46	11:10
1016	83	W45	Deb Tharnish, 48*, Des Moines, IA	2:18:50	11:10
1591	286	M40	Nicholas Roby, 44, Des Moines, IA	2:18:51	11:10
1592	287	M40	Jim Chambers, 44, Elk Horn, IA	2:18:54	11:11
1017	150	W40	Charlinn Reeves, 42*, Ankeny, IA	2:19:02	11:11
1593	34	M60	Bob Johansen, 63, Ankeny, IA	2:19:03	11:11
1594	159	M25	Bill Ogier, 25, Lenexa, KS	2:19:09	11:12
1018	151	W40	Rhonda Ballou, 43*, Knoxville, IA	2:19:20	11:13
1019	189	W25	Michelle Rounds, 29*, West Des Moines, IA	2:19:21	11:13
1020	84	W45	Patti Knebel, 46*, Cedar Falls, IA	2:19:33	11:14
1021	173	W30	Michelle Eischen, 31*, Sioux Falls, SD	2:19:36	11:14
1022	6	W55	Pam Heilskov, 56*, Ankeny, IA	2:19:41	11:14
1595	309	M35	Gregg Griesemer, 37, West Des Moines, IA	2:20:00	11:16
1023	152	W40	Bernadine Welch, 41*, Des Moines, IA	2:20:02	11:16
1024	192	W35	Lisa Leon, 36*, Des Moines, IA	2:20:03	11:16
1025	193	W35	Suzanne Ware, 35*, West Des Moines, IA	2:20:18	11:17
1026	194	W35	Karen Harrill, 38*, Stratford, IA	2:20:18	11:17
1596	103	M20	Mark Bennett, 23, West Des Moines, IA	2:20:25	11:18
1027	195	W35	Nila Fousek, 38*, Altoona, IA	2:20:32	11:18
1597	58	M55	Dale Timm, 56, Milan, IL	2:20:44	11:19
1598	189	M45	Mark Dingman, 48, Norwalk, IA	2:20:46	11:20
1599	190	M45	Richard Stachon, 46, Urbandale, IA	2:20:48	11:20
1028	85	W45	Jacque Crouch, 48*, Dallas Center, IA	2:21:00	11:21
1029	153	W40	Janet Koehler, 43*, Waterloo, IA	2:21:03	11:21
1600	59	M55	Jim Jensen, 58, Des Moines, IA	2:21:45	11:24
1030	190	W25	Amanda Garcia, 27*, Johnston, IA	2:21:55	11:25
1601	288	M40	Robert Andeweg, 40, Urbandale, IA	2:22:00	11:26
1031	143	W20	Missy Jones, 24*, Clive, IA	2:22:08	11:26
1032	191	W25	Melanie Arzani, 29*, Truro, IA	2:22:08	11:26
1033	154	W40	Wendy Camden, 42*, Knoxville, IA	2:22:12	11:27
1034	174	W30	Paula Volk, 33*, Ottumwa, IA	2:22:24	11:27
1035	196	W35	Christy Behrens, 35*, Urbandale, IA	2:22:25	11:28
1036	144	W20	Gretchen Smith, 22*, Des Moines, IA	2:22:28	11:28
1602	60	M55	Conrad Muehling, 59, Valparaiso, IN	2:22:36	11:28
1037	192	W25	Amy McAvoy, 29*, West Des Moines, IA	2:22:41	11:29
1603	231	M30	Terry Chance, 33, Zearing, IA	2:22:44	11:29
1604	232	M30			
1771			Marc Carlson, 31, Woodbury, MN	2:23:04	11:31
1605	233	M30	Terry Macvey, 31, Woodbury, MN	2:23:04	11:31
1606	37	JrM	Jarrad Souder, 13, Norwalk, IA	2:23:09	11:31
1607	191	M45	Conroy Smith, 48, Des Moines, IA	2:23:17	11:32
1038	86	W45	Eileen Chambers, 49*, Davenport, IA	2:23:22	11:32
1608	192	M45	Milton Lane, 49, Loma Linda, CA	2:23:23	11:32
1609	4	M70	Glen Zirbel, 72, Ankeny, IA	2:23:24	11:32
1610	310	M35	Hal Sailsbury, 38, Ames, IA	2:23:25	11:32
1039	197	W35	Mary Loeffelholz, 36*, Clive, IA	2:23:29	11:33
1611	311	M35	Brad Campbell, 38, Polk City, IA	2:24:08	11:36
1040	198	W35	Wendy Paca, 35*, Boone, IA	2:24:15	11:36
1041	155	W40	Barbara Nelson, 42*, Johnston, IA	2:24:20	11:37
1612	38	M17	Nick Bernard, 17, Elkhart, IA	2:24:31	11:38
1042	193	W25	Carrie Danger, 28*, West Des Moines, IA	2:24:32	11:38
1043	11	JrW	Amanda Souder, 16*, Norwalk, IA	2:24:38	11:38
1613	193	M45	Tom Dean, 47, Waukee, IA	2:24:41	11:38
1614	61	M55	Hugh Hammond, 57, Iowa City, IA	2:25:01	11:40
1044	87	W45	Liz Cox, 48*, Denver, IA	2:25:06	11:40
1045	194	W25	Amy Schmelzer, 29*, Des Moines, IA	2:25:21	11:42
1046	38	W17	Sarah Burgin, 19*, Lacona, IA	2:25:27	11:42
1615	160	M25	Craig Southall, 28, Indianola, IA	2:25:28	11:42
1047	195	W25	Kate Burrell, 27*, Indianola, IA	2:25:28	11:42
1616	234	M30	Ryan Clutter, 30, Des Moines, IA	2:25:32	11:43
1617	194	M45	Randy Logan, 49, Mason City, IA	2:25:46	11:44
1618	35	M60	Ronald Wheeler, 61, Des Moines, IA	2:26:04	11:45

1619	289	M40	Jeff Holston, 44, Des Moines, IA	2:26:31	11:47
1620	235	M30	Michael Hintz, 34, Clive, IA	2:26:33	11:48
1048	199	W35	Alisa Golay, 35*, Indianola, IA	2:26:45	11:48
1049	7	W55	Jean Kaldenberg, 59*, Des Moines, IA	2:26:45	11:48
1050	175	W30	Andrea Buchele, 30*, Ames, IA	2:26:47	11:49
1621	290	M40	William Buchele, 42, Ames, IA	2:26:49	11:49
1622	139	M50	Moe Russell, 54, Panora, IA	2:26:57	11:49
1051	200	W35	Mimi Hart, 38*, Cedar Rapids, IA	2:27:15	11:51
1052	201	W35	Sheri Kempkes, 37*, Des Moines, IA	2:27:32	11:52
1053	88	W45	Roxie Page, 47*, Des Moines, IA	2:27:33	11:52
1054	89	W45	Lyn Countryman, 45*, Cedar Falls, IA	2:27:50	11:54
1623	104	M20	Justin Wentz, 23, Des Moines, IA	2:27:52	11:54
1055	176	W30	Deedee Garcia, 33*, Pleasant Hill, IA	2:28:19	11:56
1056	156	W40	Carol Grandanette, 43*, West Des Moines, IA	2:28:29	11:57
1057	196	W25	Bonnie McClure, 27*, Ankeny, IA	2:28:29	11:57
1624	236	M30	Jason Boten, 32, Des Moines, IA	2:28:35	11:57
1058	202	W35	Becky Weathers, 35*, Des Moines, IA	2:28:39	11:58
1625	195	M45	David Yakum, 45, Des Moines, IA	2:28:44	11:58
1059	197	W25	Victoria Harrison, 28*, West Des Moines, IA	2:28:59	11:59

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1060	203	W35	Tamara Rawson, 36*, Hiawatha, IA	2:29:09	12:00
1061	177	W30	Kelly Miene, 34*, Toddville, IA	2:29:12	12:00
1062	198	W25	Esther Huston, 26*, Des Moines, IA	2:29:12	12:00
1063	145	W20	Sara Oswald, 23*, Des Moines, IA	2:29:47	12:03
1064	146	W20	Trisha Vande Lune, 24*, Des Moines, IA	2:29:48	12:03
1626	312	M35	Mike Morrison, 38, Norwalk, IA	2:30:48	12:08
1065	199	W25	Kristina Polito, 27*, Des Moines, IA	2:31:03	12:09
1066	178	W30	Karen Gard, 33*, Des Moines, IA	2:31:13	12:10
1067	36	W50	Pam Ford, 51*, Omaha, NE	2:31:15	12:10
1068	200	W25	Connie Braesch, 29*, Pearl Harbor, HI	2:31:16	12:10
1069	201	W25	Michelle Dolan, 29*, Newton, IA	2:31:24	12:11
1070	202	W25	Jessica Armantrout, 27*, Altoona, IA	2:31:47	12:13
1071	203	W25	Jeanette Green, 27*, Waukee, IA	2:31:48	12:13
1072	37	W50	Renne Friend, 53*, Altoona, IA	2:32:19	12:15
1627	105	M20	Nathan Shipman, 21, Van Meter, IA	2:32:23	12:16
1073	147	W20	Christina Littler, 24*, Cedar Rapids, IA	2:32:32	12:16
1074	157	W40	Sherri Bowen, 41*, Johnston, IA	2:32:33	12:16
1075	204	W25	Melissa Schultz, 28*, Roeland Park, KS	2:32:34	12:17
1076	205	W25	Janine Dehaai, 25*, Des Moines, IA	2:33:32	12:21
1077	206	W25	Sandra Quilty, 29*, Des Moines, IA	2:33:40	12:22
1628	313	M35	Donald Nordstrom, 37, Ankeny, IA	2:33:56	12:23
1078	148	W20	Hillary Bodin, 23*, Urbandale, IA	2:34:02	12:24
1079	8	W55	Sally Fisher, 56*, Clive, IA	2:34:53	12:28
1629	62	M55	Richard Franklin, 55, Marshalltown, IA	2:35:27	12:30
1630	38	JrM	Zachary McLaughlin, 16, Des Moines, IA	2:35:49	12:32
1080	12	JrW	Courtney Chaplin, 16*, Des Moines, IA	2:35:50	12:32
1081	13	JrW	Sierra Buck, 16*, Des Moines, IA	2:35:52	12:32
1631	15	M65	Ranbir Bhatnagar, 69, Iowa City, IA	2:36:08	12:34
1082	149	W20	Melanie Iler, 21*, Lake City, IA	2:37:26	12:40
1632	237	M30	Brian Alexander, 32, Evanston, IL	2:37:45	12:42
1083	158	W40	Colleen Rhodes, 42*, Coralville, IA	2:38:26	12:45
1084	5	W60	Carol Rhodes, 69*, Rochester Hills, MI	2:38:27	12:45
1085	179	W30	Juli Zimmerman-Snell, 30*, St. Charles, IA	2:40:43	12:56
1086	204	W35	Mary Echterling, 39*, Dallas Center, IA	2:40:46	12:56

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1087	205	W35	Jennifer Von Ebers, 35*, Oak Park, IL	2:43:47	13:11
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1088	9	W55 Ann Thompson, 59*, Ames, IA	2:55:04	14:05
1633	39	M17 Jasen Garrett, 19, Altoona, IA	2:55:04	14:05
1634	196	M45 Robert Denny, 49, Port Tobacco, MD	2:58:31	14:22
1635	291	M40 William Denny, 42, Clive, IA	2:58:32	14:22
1089	180	W30 Kara Oneal, 33*, Hartford, IA	2:59:09	14:25

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1636	63	M55 John Kuster, 55, Fairfield, IA	3:12:12	15:28
1637	197	M45 Dixon Benshoof, 46, Des Moines, IA	3:12:12	15:28
1090	206	W35 Kim Freund, 38*, Des Moines, IA	3:12:23	15:29
1091	38	W50 Norma Broyles, 52*, Indianola, IA	3:12:26	15:29

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1638	16	M65 Robert Nuzum, 66, Johnston, IA	3:22:26	16:17
1639	64	M55 David Brown, 56, Des Moines, IA	3:30:00	16:54
1092	10	W55 Sandra Moradi, 58*, Douds, IA	3:30:00	16:54
1640	36	M60 Moradi Shirali, 61, Douds, IA	3:30:00	16:54

"*" indicates females

38 finishers among Men 16 & Under
39 finishers among Men 17 - 19
105 finishers among Men 20 - 24
160 finishers among Men 25 - 29
237 finishers among Men 30 - 34
313 finishers among Men 35 - 39
291 finishers among Men 40 - 44
197 finishers among Men 45 - 49
139 finishers among Men 50 - 54
64 finishers among Men 55 - 59
36 finishers among Men 60 - 64
16 finishers among Men 65 - 69
4 finishers among Men 70 & Up
13 finishers among Women 16 & Under
38 finishers among Women 17 - 19
149 finishers among Women 20 - 24
206 finishers among Women 25 - 29
180 finishers among Women 30 - 34
206 finishers among Women 35 - 39
158 finishers among Women 40 - 44
89 finishers among Women 45 - 49
38 finishers among Women 50 - 54
10 finishers among Women 55 - 59
5 finishers among Women 60 & Up
1640 male finishers
1092 female finishers
2732 total finishers

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