

22nd Dam to Dam 20 Kilometer

June 2, 2001

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1	M25 Jacob Kirwa, 25, Durham, NC	1:02:44	5:03
2	1	M35 Matt Wegenka, 36, Springfield, MO	1:02:48	5:03
3	2	M25 Daniel Mugo, 26, Ames, IA	1:04:40	5:12
4	1	M30 Dave Halferty, 32, Topeka, KS	1:04:57	5:14
5	3	M25 Marty Dalton, 25, Redfield, IA	1:05:20	5:15
6	2	M30 Phil Hudnall, 30, Olathe, KS	1:05:30	5:16
7	1	M40 Phil Kauder, 40, Cascade, IA	1:06:52	5:23
8	3	M30 Dave Dixon, 31, Sioux City, IA	1:07:22	5:25
9	2	M40 Tim Schmid, 43, Kansas City, MO	1:08:28	5:30
10	4	M30 David Sutej, 32, Omaha, NE	1:08:47	5:32
11	4	M25 Erik Frank, 26, Iowa City, IA	1:09:27	5:35
12	3	M40 Tom Zimmerman, 43, Farmington, MN	1:09:37	5:36
13	4	M40 Keith Fevold, 43, Des Moines, IA	1:09:52	5:37
14	2	M35 Dan Mostrom, 39, Springfield, MO	1:10:10	5:39
15	1	M20 Chris Stiffler, 22, Papillion, NE	1:11:05	5:43
16	2	M20 Evans Ondieki, 20, Ames, IA	1:11:12	5:44
17	5	M40 Kevin Muilenburg, 40, Audubon, IA	1:11:24	5:45
18	3	M35 Terry Gendron, 35, Davenport, IA	1:11:27	5:45
19	1	M17 Bryce Noll, 19, Hastings, NE	1:11:33	5:45
20	5	M25 Daniel Deuhs, 29, Saint Paul, MN	1:11:34	5:45
21	5	M30 Gary Dougherty, 33, Omaha, NE	1:11:40	5:46
22	6	M25 Fredrick Ruto, 25, Des Moines, IA	1:11:49	5:47
23	3	M20 Tony Ekman, 20, Des Moines, IA	1:11:51	5:47
24	1	M45 Raul DeAnda, 49, Urbandale, IA	1:11:58	5:47
25	4	M20 Jason Sinnwell, 23, Ames, IA	1:12:03	5:48
26	5	M20 Ken Rock, 21, Compton, CA	1:12:31	5:50
27	7	M25 Kevin Egan, 25, Ames, IA	1:12:36	5:50
28	4	M35 Jim Hayes, 35, Des Moines, IA	1:12:55	5:52
29	5	M35 John Mitoraj, 37, Mokena, IL	1:13:10	5:53
30	6	M40 Kevin Osborn, 44, Little Canada, MN	1:13:13	5:53
31	6	M20 Douglas Besch, 20, Algona, IA	1:13:14	5:54
32	2	M17 Nate White, 17, Des Moines, IA	1:13:16	5:54
33	2	M45 Bernie Wilder, 45, Davenport, IA	1:13:25	5:54
34	8	M25 Kevin Barnes, 29, Indianola, IA	1:13:29	5:55
1	1	W35 Bonnie Sons, 35*, Shorewood, MN	1:14:02	5:57
35	3	M45 Rick Ironside, 47, Marion, IA	1:14:22	5:59

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36	9	M25 Andrew Kauder, 29, Van Horne, IA	1:14:38	6:00
37	10	M25 Brad Bergman, 28, Rochester, MN	1:14:42	6:01
38	3	M17 Joshua Bard, 19, Eagle Grove, IA	1:14:44	6:01
39	4	M17 Patrick Blair, 17, Dayton, IA	1:15:17	6:03
40	7	M40 Tim Gallagher, 44, Bedford, IA	1:15:22	6:04
41	7	M20 Bryan Maher, 20, Indianola, IA	1:15:26	6:04
42	8	M40 Gary Niegemann, 41, Everett, WA	1:15:28	6:04
43	6	M30 Todd Christensen, 32, Altoona, IA	1:15:32	6:05
44	11	M25 Vic Morales, 27, West Des Moines, IA	1:15:40	6:05
45	8	M20 Mark Bresnan, 21, Indianola, IA	1:15:41	6:05
46	5	M17 Marcus Murphy, 19, Ankeny, IA	1:16:23	6:09
47	9	M20 Ryan Kramer, 22, Atlantic, IA	1:16:49	6:11
48	6	M35 Todd Haugen, 38, Story City, IA	1:17:02	6:12
49	12	M25 Ryan Elsbernd, 29, Des Moines, IA	1:17:09	6:12
50	13	M25 Matthew Zinno, 29, Ankeny, IA	1:17:12	6:13

51	10	M20	Ryan Mitchell, 23, Des Moines, IA	1:17:21	6:13
52	7	M35	Danny Clark, 38, Minneapolis, MN	1:17:27	6:14
53	4	M45	Dave Fitz, 46, Ames, IA	1:17:39	6:15
54	6	M17	Lee Greenberg, 19, Des Moines, IA	1:17:40	6:15
55	7	M17	Aaron Wells, 17, Runnells, IA	1:17:50	6:16
56	11	M20	Kyle Cannon, 24, Vadnais Heights, MN	1:18:11	6:17
57	12	M20	Chad Goldsmith, 23, Earlville, IA	1:18:12	6:17
58	8	M35	Dave Cleveland, 36, Fraser, CO	1:18:29	6:19
59	1	M50	Gary Julin, 54, Omaha, NE	1:18:35	6:19
60	13	M20	Seth Confort, 20, Indianola, IA	1:18:38	6:20
61	14	M20	Kevin Lindberg, 22, Des Moines, IA	1:18:39	6:20
62	14	M25	Bryan Friedman, 29, Lambs Grove, IA	1:18:41	6:20
63	15	M20	Aaron Thomas, 21, Holstein, IA	1:18:50	6:21
64	9	M35	Dick Shindelar, 38, Eldora, IA	1:18:54	6:21
65	16	M20	Scott Lerner, 20, Des Moines, IA	1:18:57	6:21
66	17	M20	Brian Bell, 23, Des Moines, IA	1:18:58	6:21
67	8	M17	Ben Glaser, 18, Des Moines, IA	1:18:59	6:21
68	5	M45	Bob Layton, 45, Urbandale, IA	1:19:03	6:22
69	15	M25	Scott Patterson, 29, Des Moines, IA	1:19:11	6:22
70	9	M40	John Fritts, 43, Lincoln, NE	1:19:17	6:23
71	16	M25	Shawn Miller, 29, Des Moines, IA	1:19:18	6:23
72	7	M30	Ryan Wilcox, 30, West Des Moines, IA	1:19:18	6:23
73	18	M20	Steven Olsen, 24, Clive, IA	1:19:18	6:23
74	10	M35	Morris Horstman, 35, Urbandale, IA	1:19:31	6:24
75	9	M17	Seth Ickowitz, 19, Des Moines, IA	1:19:41	6:25
76	19	M20	Dennis Dane, 21, Urbandale, IA	1:19:44	6:25
77	20	M20	Luke Bennett, 21, Huxley, IA	1:19:45	6:25
78	11	M35	Mike Kuckta, 38, Omaha, NE	1:19:55	6:26
79	10	M40	Jeff Perry, 40, Bondurant, IA	1:19:57	6:26
80	12	M35	Doug Stone, 38, Des Moines, IA	1:19:59	6:26
81	13	M35	Paul Natvig, 38, Iowa City, IA	1:20:01	6:26
82	21	M20	Tom Fulmer, 24, Wamego, KS	1:20:08	6:27
83	1	JrM	Ben Carlson, 16, Stanhope, IA	1:20:12	6:27
84	2	JrM	Quintin Kennedy, 15, Pleasantville, IA	1:20:15	6:27
85	8	M30	Wes Bruns, 33, Swisher, IA	1:20:28	6:28
86	17	M25	Jimmy Navarro, 29, Clive, IA	1:20:29	6:29
	2	1	W25 Jennifer Masini, 29*, Ames, IA	1:20:31	6:29
87	14	M35	David Frank, 38, Adel, IA	1:20:34	6:29
88	11	M40	Ed Bell, 41, Clive, IA	1:20:46	6:30
89	15	M35	Eric Busch, 35, Hiawatha, IA	1:20:47	6:30
90	9	M30	John Depriest, 34, Sioux City, IA	1:20:50	6:30
91	6	M45	Brad Scott, 48, Marion, IA	1:20:56	6:31
92	12	M40	Terry Eason, 44, Waukee, IA	1:21:04	6:31
93	22	M20	Mark Simons, 24, Iowa City, IA	1:21:06	6:32
94	7	M45	Greg Madison, 46, Ankeny, IA	1:21:08	6:32
95	10	M17	Kody Harris, 18, Des Moines, IA	1:21:15	6:32
96	23	M20	Erick Eggers, 20, Marshalltown, IA	1:21:17	6:32
97	10	M30	Chris Bowers, 32, Ottumwa, IA	1:21:27	6:33
98	2	M50	James La Plant, 50, Newton, IA	1:21:35	6:34
99	11	M30	Shannon McLaughlin, 30, Norwalk, IA	1:21:37	6:34
100	24	M20	Aaron Sage, 21, Ames, IA	1:21:40	6:34
	3	1	W30 Lisa Marshall, 33*, Granger, Ia	1:21:41	6:34
101	16	M35	Don Romig, 36, Clive, IA	1:21:44	6:35
102	12	M30	Rob Gloe, 33, Des Moines, IA	1:22:10	6:37
103	11	M17	Tony Krupicka, 17, Niobrara, NE	1:22:15	6:37
104	17	M35	Jim Heinlen, 38, Lincoln, NE	1:22:28	6:38
105	13	M30	Scott Jones, 30, Ankeny, IA	1:22:32	6:38
106	18	M35	Troy Love, 35, Cedar Falls, IA	1:22:34	6:39
107	19	M35	Jeff Anker, 37, Polk City, IA	1:22:34	6:39
108	14	M30	Larry Loffredo, 30, Norwalk, IA	1:22:46	6:40
109	18	M25	Nate Dunn, 25, Plymouth, MN	1:22:55	6:40
110	3	M50	Rick Hagan, 51, Urbandale, IA	1:23:10	6:41
111	1	M55	Ronald McKay, 58, Chariton, IA	1:23:11	6:42
112	19	M25	Steve Houg, 26, West Des Moines, IA	1:23:15	6:42
113	4	M50	Dennis Wheeler, 51, Des Moines, IA	1:23:17	6:42

4	2	W30 Christine Price, 32*, Des Moines, IA	1:23:30	6:43
5	1	W40 Ann Ringlein, 44*, Lincoln, NE	1:23:31	6:43
114	8	M45 Wes Nelson, 45, Marion, IA	1:23:35	6:43
115	13	M40 Pat Halter, 42, Des Moines, IA	1:23:36	6:44
116	5	M50 James Jacobsen, 51, Des Moines, IA	1:23:40	6:44
117	9	M45 Scot Heisdorffer, 45, Davenport, IA	1:23:46	6:44
118	3	JrM Skyler Nesheim, 16, Des Moines, IA	1:23:54	6:45
119	12	M17 Matthew Nelson, 19, Marion, IA	1:23:54	6:45
120	15	M30 Richard Haines, 34, Des Moines, IA	1:23:59	6:45
121	20	M35 Andrew Susanin, 39, Des Moines, IA	1:24:00	6:45
122	25	M20 Jim Brown, 23, Lincoln, NE	1:24:02	6:46
123	13	M17 Jonathan Hardy, 19, Nixa, MO	1:24:03	6:46
124	21	M35 David Fee, 38, Ankeny, IA	1:24:03	6:46
125	10	M45 William Hohman, 49, Ames, IA	1:24:04	6:46
126	14	M17 Nate White, 17, Des Moines, IA	1:24:07	6:46
127	20	M25 Carl Noftsgger, 27, Altoona, IA	1:24:08	6:46
128	11	M45 David Peters, 46, Atlantic, IA	1:24:19	6:47
6	1	W17 Casey Owens, 18*, Des Moines, IA	1:24:26	6:48
129	6	M50 Chuck Clark, 50, Carroll, IA	1:24:26	6:48
7	2	W35 Kristi Newcomb, 38*, Lincoln, NE	1:24:33	6:48
130	14	M40 Rob Best, 40, Clive, IA	1:24:34	6:48
131	22	M35 Martin Huberty, 36, Bloomington, MN	1:24:41	6:49
132	23	M35 Steve Addy, 39, Des Moines, IA	1:24:42	6:49
133	26	M20 Mitch Mussetter, 23, West Des Moines, IA	1:24:44	6:49
8	2	W40 Tricia McClain, 44*, Altoona, IA	1:24:47	6:49
134	15	M40 Patrick Broshar, 40, Waterloo, IA	1:24:48	6:49
135	12	M45 Cliff Sheets, 46, Cedar Rapids, IA	1:24:48	6:49
136	16	M30 Mark Tabarella, 34, Des Moines, IA	1:24:49	6:49
137	16	M40 Tom Green, 41, Des Moines, IA	1:24:53	6:50
138	27	M20 Sean Carlson, 23, Des Moines, IA	1:25:06	6:51
139	7	M50 Richard Martin, 52, Ames, IA	1:25:10	6:51
9	1	W20 Kristen Naumen, 22*, Des Moines, IA	1:25:18	6:52
140	17	M40 Steven Hendricks, 44, Fort Dodge, IA	1:25:21	6:52
141	18	M40 Mike Warren, 40, Marshalltown, IA	1:25:30	6:53
142	2	M55 Bill Monahan, 58, Omaha, NE	1:25:30	6:53
143	28	M20 Tim Osterhaus, 24, Urbandale, IA	1:25:34	6:53
10	2	W20 Michelle Anderson, 24*, Lincoln, NE	1:25:38	6:53
144	19	M40 Stewart Baldner, 40, Dallas Center, IA	1:25:42	6:54
145	29	M20 Sahd Yankuba, 22, Smyrna, GA	1:25:44	6:54
146	20	M40 Michael Shumway, 40, West Des Moines, IA	1:25:49	6:54
147	24	M35 Doug Kintzle, 36, Des Moines, IA	1:25:54	6:55
11	1	W45 Sheila Maddock, 45*, Johnston, IA	1:25:57	6:55
148	21	M40 Pete Masters, 41, Des Moines, IA	1:25:57	6:55
12	3	W20 Ruby Bode, 20*, Ames, IA	1:25:59	6:55
149	21	M25 Michael Gehringer, 28, Des Moines, IA	1:26:01	6:55
150	22	M40 Thomas Ferree, 44, West Des Moines, IA	1:26:02	6:55
151	30	M20 Nathan Wenck, 24, Carroll, IA	1:26:05	6:56
13	3	W30 Traci Hart, 31*, West Des Moines, IA	1:26:13	6:56
152	25	M35 Craig Wittenburg, 36, Pella, IA	1:26:18	6:57
153	17	M30 Todd Neumann, 32, Johnston, IA	1:26:21	6:57
154	26	M35 Timothy Caldwell, 37, Moline, IL	1:26:23	6:57
155	8	M50 Harvey Kunz, 54, Omaha, NE	1:26:24	6:57
156	18	M30 L Painovich, 30, Denver, CO	1:26:29	6:58
157	27	M35 Kyle Anderson, 35, Papillion, NE	1:26:35	6:58
14	4	W30 Beth Bakros, 31*, Des Moines, IA	1:26:36	6:58
158	19	M30 Dan Nettleton, 31, Ames, IA	1:26:37	6:58
159	22	M25 Andrew Goodman, 28, Des Moines, IA	1:26:38	6:58
160	20	M30 Dale Tunender, 33, Norwalk, IA	1:26:43	6:59
161	23	M40 Robert Lasich, 41, West Des Moines, IA	1:26:45	6:59
162	13	M45 David Mackenzie, 48, Waterloo, IA	1:26:45	6:59
15	2	W25 Dawn Stallman, 27*, Des Moines, IA	1:26:46	6:59
16	1	JrW Dani Wagaman, 16*, Emerson, IA	1:26:50	6:59
17	2	W45 Jackie Groves, 45*, Polk City, IA	1:26:51	6:59
163	15	M17 Jon Muecke, 18, Des Moines, IA	1:26:53	6:59

164	23	M25 Eric Marzen, 27, Des Moines, IA	1:26:56	7:00
165	9	M50 Randall Wilson, 51, Des Moines, IA	1:26:59	7:00
166	31	M20 Jason Brehmer, 21, Johnston, IA	1:27:04	7:00
167	24	M25 Chris Doud, 26, Spencer, IA	1:27:10	7:01
168	28	M35 Philip Doud, 36, Clive, IA	1:27:11	7:01
169	21	M30 Michael Rieks, 33, West Des Moines, IA	1:27:11	7:01
170	10	M50 Michael Anthony, 50, Carlisle, IA	1:27:19	7:01
171	11	M50 David Schulte, 54, Granger, Ia	1:27:19	7:02
172	14	M45 Ron Kinner, 48, Des Moines, IA	1:27:21	7:02
173	16	M17 Matthew Skeens, 19, Johnston, IA	1:27:21	7:02
174	22	M30 Mark Caples, 33, Altoona, IA	1:27:22	7:02
175	3	W45 Andriette Wickstrom, 46*, Storm Lake, IA	1:27:22	7:02
176	23	M30 Michael Gasperi, 34, Johnston, IA	1:27:25	7:02
177	29	M35 Carter Stevens, 39, Denver, IA	1:27:26	7:02
178	17	M17 Matt Strasser, 18, Des Moines, IA	1:27:26	7:02
179	18	M17 Cris Conner, 18, West Des Moines, IA	1:27:27	7:02
180	24	M30 Patrick Owens, 31, Des Moines, IA	1:27:31	7:02
181	24	M40 Kevin Allen, 40, Des Moines, IA	1:27:36	7:03
182	1	M60 Guy Ealey, 61, Kellogg, IA	1:27:37	7:03
183	25	M40 Thomas Heuer, 43, Des Moines, IA	1:27:44	7:04
184	25	M25 Lenny Edens, 25, Ankeny, IA	1:27:47	7:04
185	19	M17 David Djordjevic, 17, Des Moines, IA	1:27:47	7:04
186	32	M20 Brad Behrens, 23, Urbandale, IA	1:27:49	7:04
187	30	M35 Tim Leonard, 35, Coralville, IA	1:27:50	7:04
188	31	M35 Steve Pohlmeier, 35, Urbandale, IA	1:27:56	7:05
189	5	W30 Sandy Sabelka, 33*, Denver, IA	1:27:57	7:05
190	32	M35 Brian Clark, 35, Clive, IA	1:27:57	7:05
191	26	M25 Adam Mitchell, 27, Altoona, IA	1:27:57	7:05
192	26	M40 Rob Gillum, 40, Des Moines, IA	1:27:58	7:05
193	12	M50 Roy Ney, 52, Des Moines, IA	1:28:01	7:05
194	33	M20 Dameon Hahn, 23, West Des Moines, IA	1:28:03	7:05
195	15	M45 Steve Taylor, 49, Des Moines, IA	1:28:04	7:05
196	25	M30 Thomas Cronin, 30, Minneapolis, MN	1:28:07	7:05
197	26	M30 Thomas Beavmont, 33, Des Moines, IA	1:28:07	7:05
198	16	M45 Tim Andersen, 46, Des Moines, IA	1:28:08	7:05
199	33	M35 Gregory Skopec, 39, Ames, IA	1:28:11	7:06
200	20	M17 Brian Fitzpatrick, 18, Nevada, IA	1:28:12	7:06
201	27	M40 John Taylor, 42, Des Moines, IA	1:28:19	7:06
202	4	W20 Tammy Reavis, 21*, Iowa City, IA	1:28:23	7:07
203	27	M25 Nathan Hebel, 26, Urbandale, IA	1:28:26	7:07
204	28	M40 Daniel Rosenberg, 44, Des Moines, IA	1:28:27	7:07
205	29	M40 Scott Boever, 40, Des Moines, IA	1:28:28	7:07
206	28	M25 Donald Depriest, 25, Ames, IA	1:28:29	7:07
207	21	M17 James Smith, 17, Toledo, IA	1:28:29	7:07
208	34	M20 Matthew Pross, 23, Des Moines, IA	1:28:31	7:07
209	3	M55 Gry Patton, 55, Rock Rapids, IA	1:28:36	7:08
210	30	M40 Daniel Dietz, 42, Smyrna, GA	1:28:37	7:08
211	6	W30 Lisa Klein, 32*, Des Moines, IA	1:28:38	7:08
212	29	M25 Brian Hanft, 29, Altoona, IA	1:28:43	7:08
213	3	W35 Christine Lacy, 37*, Glassboro, NJ	1:28:46	7:09
214	22	M17 Todd Smith, 18, Des Moines, IA	1:28:47	7:09
215	3	W25 Tiffany Shoen, 26*, Des Moines, IA	1:28:52	7:09
216	31	M40 Bill Hansen, 40, Iowa Falls, IA	1:29:00	7:10
217	32	M40 Barry Roberts, 43, Adel, IA	1:29:06	7:10
218	34	M35 Alan Brown, 36, Clive, IA	1:29:08	7:10
219	35	M35 Jeff Frey, 35, West Des Moines, IA	1:29:08	7:10
220	36	M35 Dana Jurgens, 37, Chariton, IA	1:29:09	7:10
221	37	M35 Rob Reicks, 37, Van Meter, IA	1:29:09	7:10
222	13	M50 Ronald Charles, 52, Grinnell, IA	1:29:09	7:10
223	23	M17 Colin Pogge, 18, Urbandale, IA	1:29:12	7:11
224	7	W30 Melanie Selby, 33*, West Des Moines, IA	1:29:15	7:11
225	30	M25 Steve Shriver, 29, Marion, IA	1:29:15	7:11
226	38	M35 Brian Willem, 39, Urbandale, IA	1:29:21	7:11

25	8	W30	Sabra Rosener, 30*	Des Moines, IA	1:29:22	7:11
220	33	M40	Michael Casady, 40,	Des Moines, IA	1:29:25	7:12
221	39	M35	Kirk Cox, 39,	Des Moines, IA	1:29:28	7:12
222	27	M30	Mark DouBrava, 30,	West Des Moines, IA	1:29:29	7:12
223	28	M30	Alex Fink, 32,	Des Moines, IA	1:29:29	7:12
224	4	JrM	Steven Donnelly, 15,	Clive, IA	1:29:29	7:12
225	24	M17	Ryan Gratz, 19,	Farmington, IA	1:29:31	7:12
226	25	M17	Kit Wobeter, 17,	Toledo, IA	1:29:31	7:12
227	29	M30	Jason Summers, 31,	Albia, IA	1:29:33	7:12
228	31	M25	Mark Meisenheimer, 29,	Ankeny, IA	1:29:33	7:12
229	32	M25	Andrew Lary, 28,	Coralville, IA	1:29:34	7:12
26	4	W35	Teresa Beacom, 35*,	Lincoln, NE	1:29:35	7:12
230	35	M20	Greg Stephens, 22,	Centerville, IA	1:29:37	7:13
27	5	W20	Angie Kell, 23*,	Minneapolis, MN	1:29:40	7:13
28	5	W35	Beth Schweizer, 35*,	Urbandale, IA	1:29:40	7:13
231	33	M25	Timothy Lowe, 28,	Clive, IA	1:29:43	7:13
232	14	M50	Bob Overstreet, 50,	Des Moines, IA	1:29:43	7:13
233	30	M30	Michael Mitchell, 31,	Pleasant Hill, IA	1:29:50	7:14
234	34	M25	Nels Ostedgaard, 25,	Iowa City, IA	1:29:53	7:14
235	34	M40	Scott Zarley, 41,	Killeen, TX	1:29:54	7:14
236	35	M40	Daniel Filip, 41,	Cedar Rapids, IA	1:29:58	7:14
237	1	M65	Jim Schleisman, 68,	Jefferson, IA	1:30:01	7:15
29	4	W25	Erin Ward, 26*,	Eagan, MN	1:30:01	7:15
30	5	W25	Lisa Mesquita, 29*,	Coal Valley, IL	1:30:16	7:16
238	36	M40	Marty McGuire, 42,	Clive, IA	1:30:16	7:16
239	37	M40	Keith Lowe, 44,	Johnston, IA	1:30:26	7:17
240	4	M55	Tucker Lillis, 56,	Oskaloosa, IA	1:30:31	7:17
241	17	M45	Mark Haugen, 49,	Urbandale, IA	1:30:33	7:17
242	40	M35	Pat Baldus, 36,	West Des Moines, IA	1:30:34	7:17
243	38	M40	Rich Michels, 43,	West Des Moines, IA	1:30:38	7:18
244	18	M45	Eldon Kraninger, 47,	Milford, IA	1:30:40	7:18
245	19	M45	Richard Anfinson, 49,	Cedar Falls, IA	1:30:50	7:19
246	35	M25	Joshua Porter, 26,	Ankeny, IA	1:30:53	7:19
247	5	JrM	Andrew Lindberg, 16,	Urbandale, IA	1:30:54	7:19
248	36	M25	Marty Mitchell, 26,	Des Moines, IA	1:30:54	7:19
249	31	M30	Bart Degraaf, 32,	Ankeny, IA	1:30:59	7:19
31	6	W20	Courtney Pleak, 24*,	Harlan, IA	1:31:03	7:20
32	3	W40	JoAnn Kobes, 41*,	Des Moines, IA	1:31:04	7:20
250	39	M40	Del Lasswell, 44,	Clive, IA	1:31:08	7:20
33	2	W17	Audrey Schiltz, 19*,	West Des Moines, IA	1:31:13	7:20
251	32	M30	Dave Leever, 30,	Ankeny, IA	1:31:13	7:20
252	37	M25	Jimmy Rottinghaus, 27,	Urbandale, IA	1:31:17	7:21
253	40	M40	David Flory, 41,	Ames, IA	1:31:17	7:21
254	41	M35	Chad Wagener, 37,	Ankeny, IA	1:31:19	7:21
255	15	M50	Reed Moore, 54,	Kelley, IA	1:31:20	7:21
256	42	M35	Dale Knoshaug, 39,	Des Moines, IA	1:31:20	7:21
257	43	M35	Scott Hughes, 38,	Norwalk, IA	1:31:21	7:21
34	6	W35	Amanda Baron-Fritts, 39*,	Lincoln, NE	1:31:22	7:21
258	5	M55	Ron Bickel, 58,	Pleasant Hill, IA	1:31:27	7:21
259	6	JrM	Kevin Kooienga, 15,	Urbandale, IA	1:31:28	7:22
260	20	M45	Tom Groves, 45,	Polk City, IA	1:31:31	7:22
35	7	W20	Julie Leonard, 23*,	Urbandale, IA	1:31:33	7:22
261	33	M30	Steven Janssens, 33,	Des Moines, IA	1:31:36	7:22
262	2	M65	Jim Smedema, 69,	Windsor Heights, IA	1:31:38	7:22
263	44	M35	Bob O'Connor, 35,	Fort Dodge, IA	1:31:44	7:23
264	45	M35	Mark Lowe, 35,	West Des Moines, IA	1:31:45	7:23
265	21	M45	Anthony Crebbin, 48,	Overland Park, KS	1:31:46	7:23
266	46	M35	Jim DeBartolo, 38,	Des Moines, IA	1:31:52	7:23
267	34	M30	Rob Kinser, 31,	Altoona, IA	1:31:55	7:24
268	26	M17	Matt Townsley, 19,	Walford, IA	1:31:58	7:24
36	8	W20	Courtney Fulton, 23*,	Des Moines, IA	1:32:00	7:24
269	16	M50	Dick Lachenmaier, 51,	Clive, IA	1:32:02	7:24
270	22	M45	Larry Zimpleman, 49,	Clive, IA	1:32:06	7:25
37	3	W17	Danielle Beery, 17*,	Johnston, IA	1:32:08	7:25
271	23	M45	Hank Manning, 45,	Urbandale, IA	1:32:11	7:25

272	38	M25 Kevin Tiffany, 25, Des Moines, IA	1:32:12	7:25
273	39	M25 Dave Olsen, 28, Omaha, NE	1:32:12	7:25
274	35	M30 Michael Mock, 31, Des Moines, IA	1:32:13	7:25
275	47	M35 Donald Deutsch, 36, Ollie, IA	1:32:13	7:25
276	48	M35 Jon Houston, 36, Denison, IA	1:32:14	7:25
277	41	M40 Galyn Wiemers, 41, West Des Moines, IA	1:32:21	7:26
38	6	W25 Emily Ott, 25*, Des Moines, IA	1:32:22	7:26
278	40	M25 Joel Ryon, 28, Iowa City, IA	1:32:28	7:26
279	42	M40 Gary Freese, 41, Johnston, IA	1:32:28	7:26
280	43	M40 Rex Williams, 40, Des Moines, IA	1:32:29	7:26
281	44	M40 David Dorff, 43, Des Moines, IA	1:32:30	7:27
282	41	M25 Matthew Zepeda, 27, Des Moines, IA	1:32:32	7:27
283	6	M55 Roger Degroot, 57, Waterloo, IA	1:32:33	7:27
284	24	M45 John Fogarty, 45, Spencer, IA	1:32:37	7:27
285	36	M30 Troy Weiland, 30, West Des Moines, IA	1:32:40	7:27
286	36	M20 Troy Shoen, 23, Iowa City, IA	1:32:41	7:27
287	25	M45 John Dupuy, 45, Newton, IA	1:32:43	7:28
288	37	M30 Mike Newton, 30, Stuart, IA	1:32:48	7:28
289	49	M35 Tim Patava, 39, Norwalk, IA	1:32:54	7:28
290	38	M30 Mike Frossard, 30, Columbia, MO	1:33:01	7:29
291	50	M35 Tim Houk, 35, Norwalk, IA	1:33:03	7:29
39	9	W30 Deb Nowak, 34*, Cedar Rapids, IA	1:33:09	7:30
40	9	W20 Sara Jensen, 20*, Blair, NE	1:33:18	7:30
292	51	M35 Jay Alexander, 36, Des Moines, IA	1:33:18	7:30
293	17	M50 Patrick Decoster, 50, East Moline, IL	1:33:18	7:30
294	52	M35 Scott Lundstrom, 36, Saylorville, IA	1:33:19	7:30
295	42	M25 Jason Imhof, 25, Iowa City, IA	1:33:20	7:31
296	26	M45 Jerry Murphy, 47, Ankeny, IA	1:33:20	7:31
297	39	M30 Steve Blazek, 34, Ankeny, IA	1:33:21	7:31
298	27	M45 Mark Hanson, 48, Ankeny, IA	1:33:23	7:31
299	28	M45 Marc Steward, 46, Cherokee, IA	1:33:25	7:31
300	43	M25 Grant Manning, 27, Des Moines, IA	1:33:28	7:31
41	10	W20 Annie Kinsella, 24*, Elmhurst, IL	1:33:28	7:31
301	44	M25 Chuck Hilby, 25, West Des Moines, IA	1:33:29	7:31
302	45	M25 Lyle Erickson, 27, Des Moines, IA	1:33:32	7:32
303	40	M30 Ron Beck, 33, North Liberty, IA	1:33:35	7:32
42	7	W35 Shawn Flanagan, 35*, Iowa City, IA	1:33:40	7:32
304	45	M40 Rick Gustafson, 41, Des Moines, IA	1:33:40	7:32
43	10	W30 Denise Langhoff, 33*, Marion, IA	1:33:41	7:32
305	46	M40 Douglas Lowe, 42, West Des Moines, IA	1:33:42	7:32
306	41	M30 Jeff Phillips, 30, Cincinnati, OH	1:33:42	7:32
44	11	W20 Cassity Lindgren, 21*, Odebolt, IA	1:33:42	7:32
307	46	M25 Nate Strickler, 26, Windsor Heights, IA	1:33:44	7:32
308	53	M35 James Greene, 37, Des Moines, IA	1:33:48	7:33
309	29	M45 Ron Warner, 45, Davenport, IA	1:33:48	7:33
310	42	M30 Troy Gustofson, 31, Ankeny, IA	1:33:49	7:33
311	47	M40 Jeffery Feder, 40, Des Moines, IA	1:33:49	7:33
312	43	M30 Tony Hunt, 32, Urbandale, IA	1:33:50	7:33
313	44	M30 Kevin McCann, 30, Ankeny, IA	1:33:56	7:33
314	47	M25 Seath Faulkner, 26, Kansas City, MO	1:33:59	7:34
315	48	M25 Brian Freese, 27, Altoona, IA	1:34:01	7:34
316	37	M20 Josh Calhoun, 22, Des Moines, IA	1:34:01	7:34
317	48	M40 Tim Flowers, 43, Ankeny, IA	1:34:01	7:34
318	49	M40 Rick Gubbels, 43, Des Moines, IA	1:34:04	7:34
319	50	M40 Don Owens, 42, Des Moines, IA	1:34:05	7:34
320	51	M40 Michael Long, 41, Ames, IA	1:34:07	7:34
45	8	W35 Denise Charter-Jones, 39*, Urbandale, IA	1:34:09	7:35
321	30	M45 Ted Sage, 45, Ames, IA	1:34:10	7:35
322	31	M45 Jonathan Wendel, 46, Ames, IA	1:34:10	7:35
323	45	M30 Jeff Mickey, 33, Cedar Falls, IA	1:34:12	7:35
324	7	M55 Fred McCurnin, 56, Mason City, IA	1:34:15	7:35
325	52	M40 Gail Smith, 41, Urbandale, IA	1:34:19	7:35
326	8	M55 Ed Dieleman, 56, Oskaloosa, IA	1:34:21	7:35
327	7	JrM Donald Gehrls, 15, Clive, IA	1:34:22	7:36
328	49	M25 Tim Mills, 28, Des Moines, IA	1:34:23	7:36

329	38	M20 Adam Greimann, 20, Perry, IA	1:34:24	7:36
330	50	M25 Nathan Smith, 25, Riceville, IA	1:34:24	7:36
331	46	M30 Brian Palmer, 32, Des Moines, IA	1:34:25	7:36
	46	7 W25 Lindsay Zwemke, 25*, Marshalltown, IA	1:34:30	7:36
332	8	JrM Ben White, 15, Urbandale, IA	1:34:31	7:36
333	47	M30 Ryan Reichenbacker, 32, Ankeny, IA	1:34:31	7:36
	47	4 W17 Abbie Smith, 17*, Des Moines, IA	1:34:32	7:36
334	54	M35 Lief Gunhus, 35, Ames, IA	1:34:33	7:36
	48	5 W17 Natalie Stork, 17*, Urbandale, IA	1:34:33	7:36
	49	1 W50 Claudia Scott, 50*, Marion, IA	1:34:36	7:37
335	51	M25 Ross Palmer, 25, Clive, IA	1:34:36	7:37
336	32	M45 Dave Schwartz, 45, Urbandale, IA	1:34:44	7:37
337	18	M50 Don Miler, 53, Clive, IA	1:34:45	7:37
338	48	M30 Tony Stafford, 32, Prairie City, IA	1:34:46	7:37
339	33	M45 Rob Stetson, 47, Johnston, IA	1:34:47	7:38
340	49	M30 Jeff Beath, 31, Des Moines, IA	1:34:48	7:38
341	19	M50 Roger Heinle, 51, Whiting, IA	1:34:57	7:38
342	27	M17 Andy Arends, 18, Hampton, IA	1:35:03	7:39
343	20	M50 Bill Ingels, 50, Cedar Rapids, IA	1:35:03	7:39
344	50	M30 Max Schott, 32, Minneapolis, MN	1:35:05	7:39
345	28	M17 Brett Ray, 17, Orient, IA	1:35:06	7:39
346	39	M20 Chett Ray, 20, Orient, IA	1:35:06	7:39
	50	9 W35 Kathy Hale, 36*, Bondurant, IA	1:35:07	7:39
347	55	M35 Jerry Beenken, 35, Dakota City, IA	1:35:08	7:39
348	53	M40 Don Piper, 42, Des Moines, IA	1:35:10	7:39
349	56	M35 Pete Wilson, 38, Minneapolis, MN	1:35:11	7:39
	51	12 W20 Carrie Cesario, 22*, Des Moines, IA	1:35:14	7:40
350	57	M35 Scott Vermillion, 38, Des Moines, IA	1:35:15	7:40
351	58	M35 Jeff Lorenzen, 35, Waukee, IA	1:35:16	7:40
	52	13 W20 Martie Houtsma, 21*, West Des Moines, IA	1:35:19	7:40
352	21	M50 Rich Smith, 52, Urbandale, IA	1:35:21	7:40
	53	4 W40 Brenda Feddersen, 41*, Bettendorf, IA	1:35:23	7:40
353	52	M25 Thad Douglas, 28, Urbandale, IA	1:35:25	7:41
354	22	M50 Philip Hodges, 53, Ames, IA	1:35:25	7:41
355	51	M30 Kevin Barkema, 32, Conrad, IA	1:35:26	7:41
356	59	M35 John Cahalan, 36, Mason City, IA	1:35:28	7:41
	54	10 W35 Marta Verschoore, 36*, Rock Island, IL	1:35:29	7:41
357	34	M45 Thomas Levis, 48, West Des Moines, IA	1:35:30	7:41
358	53	M25 Chad Bailey, 27, Polk City, IA	1:35:32	7:41
359	60	M35 Terry Lingner, 38, Grimes, IA	1:35:33	7:41
360	29	M17 Alan Cox, 18, Osceola, IA	1:35:34	7:41
	55	5 W40 Sue Boley, 44*, Maxwell, IA	1:35:35	7:41
361	40	M20 Deone Dempey, 23, Des Moines, IA	1:35:38	7:42
	56	14 W20 Kelly Kincaid, 21*, Des Moines, IA	1:35:38	7:42
	57	15 W20 Rachel Dozark, 23*, Iowa City, IA	1:35:39	7:42
362	41	M20 Brady Warrick, 20, Polk City, IA	1:35:41	7:42
363	61	M35 Matt Miller, 39, Ankeny, IA	1:35:42	7:42
364	52	M30 Jim Cunningham, 34, Urbandale, IA	1:35:43	7:42
	58	8 W25 Katy Muelhaupt, 29*, Des Moines, IA	1:35:45	7:42
365	54	M40 Larry McCabe, 40, Des Moines, IA	1:35:45	7:42
366	30	M17 Kevin Spellman, 17, Des Moines, IA	1:35:48	7:42
	59	11 W35 Martha Licea, 36*, Bettendorf, IA	1:35:49	7:43
367	35	M45 Tom Tecklenburg, 46, Humboldt, IA	1:35:49	7:43
368	55	M40 Gordon Bird, 43, Cumming, IA	1:35:50	7:43
369	53	M30 Gerrad Clausen, 32, Pleasant Hill, IA	1:35:51	7:43
370	56	M40 Allen Benson, 41, Ankeny, IA	1:35:51	7:43
371	9	M55 Jim Burns, 55, Ottumwa, IA	1:35:51	7:43
372	54	M25 Nathan Friday, 25, Iowa City, IA	1:35:55	7:43
	60	12 W35 Kathi Prien, 39*, West Des Moines, IA	1:35:56	7:43
373	54	M30 Alan Corey, 32, Des Moines, IA	1:35:56	7:43
374	55	M25 William Stoffregen, 26, Ames, IA	1:35:57	7:43
375	10	M55 Stephen Beisler, 58, Iowa City, IA	1:35:59	7:43
376	62	M35 John Hicks, 36, Carroll, IA	1:36:00	7:43
377	55	M30 Jeff Nelson, 31, Ames, IA	1:36:01	7:43
378	23	M50 Andrew Hazer, 51, Columbia, MO	1:36:01	7:44

379	24	M50	Larry Walden, 54, Marshalltown, IA	1:36:03	7:44
380	11	M55	Clay Whiteis, 58, Des Moines, IA	1:36:04	7:44
381	57	M40	Kevin Heintz, 41, Ankeny, IA	1:36:05	7:44
382	63	M35	Allan Urlis, 37, Norwalk, IA	1:36:05	7:44
	61	6	W40 Suzanne Trainor, 42*, Freeport, IL	1:36:09	7:44
	62	7	W40 Lisa Simonetta, 42*, Des Moines, IA	1:36:13	7:45
383	56	M30	Jon Thompson, 34, Des Moines, IA	1:36:21	7:45
384	56	M25	Brian Davenport, 26, Circle Pines, MN	1:36:22	7:45
385	58	M40	Paul Kruse, 43, Granger, Ia	1:36:23	7:45
	63	9	W25 Amy Mulhern, 29*, Des Moines, IA	1:36:23	7:45
386	57	M30	Will Stein, 32, Ames, IA	1:36:24	7:45
387	58	M30	Matthew Palen, 33, Norwalk, IA	1:36:24	7:45
388	57	M25	Luke Funk, 25, Dallas Center, IA	1:36:24	7:45
	64	11	W30 Angela Palen, 30*, Norwalk, IA	1:36:25	7:45
389	36	M45	T A Meyer, 49, Des Moines, IA	1:36:25	7:45
390	59	M40	Jim Hagenbucher, 41, Clive, IA	1:36:27	7:46
391	42	M20	Kevin Bell, 21, Des Moines, IA	1:36:28	7:46
	65	13	W35 Kathie Madron, 38*, Oakland, IA	1:36:29	7:46
392	64	M35	Dave Lenhart, 36, Ankeny, IA	1:36:29	7:46
393	59	M30	Tim Ordal, 33, West Des Moines, IA	1:36:31	7:46
394	9	JrM	Kenneth Johnston, 13, Carlisle, IA	1:36:32	7:46
	66	12	W30 Joey Hullinger, 30*, Davis City, IA	1:36:32	7:46
395	65	M35	Price Flanagan, 39, Des Moines, IA	1:36:33	7:46
396	66	M35	Jay McGovern, 35, Lee's Summit, MO	1:36:36	7:46
397	43	M20	Chris Roozen, 24, West Des Moines, IA	1:36:37	7:46
398	37	M45	Paul Von Ebers, 48, Des Moines, IA	1:36:39	7:47
399	67	M35	Dan Houston, 39, West Des Moines, IA	1:36:41	7:47
	67	14	W35 Carissa Zak, 39*, Overland Park, KS	1:36:42	7:47
400	68	M35	Nile Ackerman, 38, Johnston, IA	1:36:45	7:47
401	60	M40	Jim Pippert, 44, Dysart, IA	1:36:47	7:47
402	69	M35	Mike Jacobi, 37, Shellsburg, IA	1:36:47	7:47
	68	8	W40 Julia Martinusen, 42*, Des Moines, IA	1:36:50	7:47
403	58	M25	Wade Eldridge, 25, West Des Moines, IA	1:36:50	7:47
404	70	M35	Dale Weber, 37, Ames, IA	1:36:51	7:48
405	60	M30	Randy Schieltz, 32, Madrid, IA	1:36:52	7:48
406	61	M40	Charles Phillips, 43, Urbandale, IA	1:36:52	7:48
407	71	M35	Bill Vipond, 37, Ankeny, IA	1:36:56	7:48
408	61	M30	Jim Hagelie, 33, Marshalltown, IA	1:36:57	7:48
	69	9	W40 Kelly Paul, 40*, Polk City, IA	1:36:58	7:48
	70	10	W25 Carrie VanQuathem, 29*, Urbandale, IA	1:37:01	7:48
409	31	M17	Nels Matson, 18, Ames, IA	1:37:03	7:48
410	72	M35	Lance Van Vleet, 35, Indianola, IA	1:37:04	7:49
411	38	M45	Doug Jepsen, 47, Urbandale, IA	1:37:08	7:49
412	73	M35	Joseph Coy, 39, West Des Moines, IA	1:37:10	7:49
	71	2	JrW Sara Hayes, 16*, Adel, IA	1:37:13	7:49
413	62	M40	Brian Bachmann, 43, Iowa City, IA	1:37:13	7:49
414	59	M25	Chad Lueken, 27, Pella, IA	1:37:14	7:49
415	74	M35	John Mc Donald, 39, Norwalk, IA	1:37:16	7:50
416	63	M40	Daniel Reed, 40, Edina, MN	1:37:16	7:50
417	62	M30	Chris Garvey, 34, Iowa City, IA	1:37:17	7:50
418	75	M35	Caesar Smith, 36, West Des Moines, IA	1:37:18	7:50
419	76	M35	Bretn Hanlin, 35, Hampton, IL	1:37:18	7:50
	72	13	W30 Jennifer Dickerson, 33*, Clive, IA	1:37:19	7:50
420	77	M35	Rich Cuevas, 35, Pleasant Hill, IA	1:37:20	7:50
421	60	M25	Conrad Hanson, 25, Urbandale, IA	1:37:21	7:50
422	25	M50	Greg Gruss, 50, Carlisle, IA	1:37:23	7:50
423	63	M30	Todd Schweizer, 34, Urbandale, IA	1:37:24	7:50
424	64	M40	Mark Movic, 44, Des Moines, IA	1:37:25	7:50
425	64	M30	Mike Donahue, 33, Des Moines, IA	1:37:29	7:51
426	39	M45	Bill Boss, 47, Clive, IA	1:37:30	7:51
427	2	M60	Peter Rabideau, 61, Ames, IA	1:37:31	7:51
428	61	M25	Mark Wall, 27, Waterloo, IA	1:37:31	7:51
429	62	M25	Dave York, 28, Minneapolis, MN	1:37:34	7:51
430	44	M20	Joel Ashby, 21, Urbandale, IA	1:37:35	7:51
	73	14	W30 Brenda O'Nare, 33*, Ankeny, IA	1:37:37	7:51

431	78	M35	Jay Fisher, 37, Pleasant Hill, IA	1:37:38	7:51
432	45	M20	Jon Beeman, 24, West Des Moines, IA	1:37:39	7:51
433	63	M25	Stephen Karbacka, 28, Iowa City, IA	1:37:40	7:52
434	64	M25	Todd Jones, 29, Ankeny, IA	1:37:41	7:52
	74	11	W25 Jessica Ketelsen, 25*, Bettendorf, IA	1:37:44	7:52
435	40	M45	John Meyer, 45, West Des Moines, IA	1:37:45	7:52
436	65	M40	Jim Frank, 41, Des Moines, IA	1:37:48	7:52
437	66	M40	Steve Lafrentz, 40, Urbandale, IA	1:37:49	7:52
438	67	M40	Jim Lawson, 41, Des Moines, IA	1:37:49	7:52
439	65	M30	Joe Hendrix, 33, West Des Moines, IA	1:37:51	7:52
	75	12	W25 Jami Hayes, 25*, Iowa City, IA	1:37:51	7:52
440	79	M35	Steven Anderson, 39, Des Moines, IA	1:37:51	7:52
	76	4	W45 Beth Henriksen, 45*, Ames, IA	1:37:52	7:52
441	26	M50	Robert Ehlinger, 50, Cedar Rapids, IA	1:37:52	7:52
442	68	M40	David Teachout, 40, Des Moines, IA	1:37:52	7:52
443	66	M30	Scott Dekok, 34, Sheldon, IA	1:37:53	7:53
444	69	M40	Jim Downard, 40, Ames, IA	1:37:53	7:53
445	70	M40	Kevin Techau, 42, Des Moines, IA	1:37:54	7:53
446	41	M45	Alan Gross, 47, Des Moines, IA	1:37:56	7:53
	77	5	W45 Jan Mohs, 49*, Clive, IA	1:37:57	7:53
447	32	M17	Carson Egglund, 17, Pella, IA	1:37:57	7:53
448	10	JrM	Jered Phipps, 15, Mitchellville, IA	1:37:57	7:53
449	71	M40	Steve McKibben, 40, Urbandale, IA	1:37:58	7:53
	78	6	W45 Joanie Howe, 48*, West Des Moines, IA	1:38:00	7:53
	79	15	W30 Pamela Noonan, 32*, West Des Moines, IA	1:38:01	7:53
450	46	M20	Mike Danilson, 24, Woodward, IA	1:38:02	7:53
	80	15	W35 Courtney Zaharis, 38*, Cambridge, MA	1:38:05	7:53
	81	16	W30 Heather Bianchi, 30*, Des Moines, IA	1:38:06	7:54
451	27	M50	Lee Tesdell, 50, Slater, IA	1:38:06	7:54
452	42	M45	Paul Ruggle, 46, Newton, IA	1:38:07	7:54
453	33	M17	Matt Hawkins, 18, Bondurant, IA	1:38:10	7:54
454	72	M40	Kurtis Jensen, 40, Marshalltown, IA	1:38:11	7:54
	82	17	W30 Susan Wellman, 33*, Des Moines, IA	1:38:12	7:54
455	28	M50	John LaMarche, 51, Des Moines, IA	1:38:12	7:54
456	65	M25	Alex Johnson, 27, Des Moines, IA	1:38:13	7:54
	83	16	W20 Kristin Buckley, 23*, Ames, IA	1:38:15	7:54
	84	18	W30 Wendy Macke, 32*, Ankeny, IA	1:38:18	7:54
457	67	M30	Mike Kelly, 33, West Des Moines, IA	1:38:18	7:55
458	66	M25	David Straley, 26, Urbandale, IA	1:38:20	7:55
	85	17	W20 Stephanie Egan, 22*, Ames, IA	1:38:20	7:55
459	43	M45	Mike Kintner, 48, Des Moines, IA	1:38:21	7:55
460	73	M40	Dennis Dornbier, 44, West Des Moines, IA	1:38:23	7:55
	86	7	W45 Anna Silver, 46*, Urbandale, IA	1:38:24	7:55
461	67	M25	Mike Hershberger, 29, Des Moines, IA	1:38:24	7:55
	87	16	W35 Jean Johnson, 35*, Des Moines, IA	1:38:25	7:55
462	74	M40	Tom Licea, 41, Bettendorf, IA	1:38:26	7:55
463	44	M45	Jim Ostiguy, 45, Johnston, IA	1:38:27	7:55
464	75	M40	John Howard, 42, Pella, IA	1:38:29	7:55
	88	18	W20 Jody Beaumont, 24*, Monroe, IA	1:38:31	7:56
465	45	M45	Mark Stelmacher, 47, West Des Moines, IA	1:38:34	7:56
466	47	M20	Nick Vander Kwaak, 20, Johnston, IA	1:38:35	7:56
467	29	M50	Gordy Strickland, 54, Lincoln, NE	1:38:36	7:56
	89	19	W20 Julia Meimann, 22*, Omaha, NE	1:38:38	7:56
468	68	M25	David Zwank, 28, Adel, IA	1:38:39	7:56
469	48	M20	Jeffrey Judisch, 20, Tripoli, IA	1:38:40	7:56
470	76	M40	Michael Broderick, 44, Urbandale, IA	1:38:40	7:56
	90	19	W30 Gina Pisut, 30*, Altoona, IA	1:38:41	7:56
471	68	M30	Jason Irving, 31, Fort Dodge, IA	1:38:41	7:56
	91	20	W20 Diana Kersbergen, 20*, Cedar Falls, IA	1:38:42	7:56
472	30	M50	Bruce Bachmann, 51, Cedar Rapids, IA	1:38:42	7:56
	92	10	W40 Susan Ridenour, 43*, Des Moines, IA	1:38:43	7:57
	93	17	W35 Kimberly Foley, 38*, Des Moines, IA	1:38:43	7:57
473	80	M35	John Slater III, 36, Chicago, IL	1:38:45	7:57
474	81	M35	Rick Rinehart, 36, Clive, IA	1:38:46	7:57
475	69	M30	Russ Adstein, 32, Eden Prairie, MN	1:38:46	7:57

476	31	M50	Carl Voss, 52, Des Moines, IA	1:38:47	7:57
477	46	M45	Greg Brandner, 47, West Des Moines, IA	1:38:48	7:57
478	77	M40	Randy Essex, 43, Des Moines, IA	1:38:48	7:57
479	70	M30	David Hallman, 33, Middleton, WI	1:38:50	7:57
94	21	W20	Holly Grimm, 24*, Cedar Falls, IA	1:38:54	7:57
480	71	M30	Chris Nelson, 30, Linden, IA	1:38:54	7:57
481	72	M30	Mark Denkinger, 34, Windsor Heights, IA	1:38:55	7:57
482	78	M40	Lou Scallon, 43, Ames, IA	1:38:55	7:58
483	73	M30	Gary McCall, 33, Council Bluffs, IA	1:38:57	7:58
95	20	W30	Raquel Hassel, 31*, Johnston, IA	1:38:58	7:58
484	82	M35	Alan Anderson, 35, West Des Moines, IA	1:39:01	7:58
96	11	W40	Carol Stephens, 40*, Beatrice, NE	1:39:01	7:58
485	79	M40	Mark Roberts, 44, Urbandale, IA	1:39:02	7:58
486	47	M45	Gary Polking, 48, Boone, IA	1:39:03	7:58
487	49	M20	Brad Stoermer, 24, West Des Moines, IA	1:39:04	7:58
488	48	M45	Larry Cohn, 49, Springville, IA	1:39:05	7:58
489	80	M40	Jon Williams, 42, Urbandale, IA	1:39:06	7:58
490	81	M40	Steve Vaught, 43, Des Moines, IA	1:39:06	7:58
491	49	M45	Randy Mundt, 45, Urbandale, IA	1:39:08	7:59
492	69	M25	C J Brantner, 29, Ankeny, IA	1:39:09	7:59
97	6	W17	Amber Phillips, 17*, Polk City, IA	1:39:11	7:59
98	21	W30	Sara Imhof, 31*, Iowa City, IA	1:39:11	7:59
493	70	M25	Rich Davitt, 27, West Des Moines, IA	1:39:11	7:59
494	50	M45	Brian Ott, 46, Elk Run Hgts , IA	1:39:12	7:59
495	83	M35	Todd Harper, 37, Norwalk, IA	1:39:13	7:59
496	74	M30	Eric Stotts, 31, Urbandale, IA	1:39:14	7:59
99	13	W25	Audrey Hanson, 26*, West Des Moines, IA	1:39:14	7:59
100	12	W40	Susan Reynolds, 43*, West Des Moines, IA	1:39:15	7:59
101	13	W40	Tammy Vinar, 40*, Taylor Ridge, IL	1:39:15	7:59
497	71	M25	Brendan McCallum, 26, Des Moines, IA	1:39:16	7:59
102	8	W45	Kathleen Wendel, 46*, Ames, IA	1:39:16	7:59
103	14	W40	Rebecca Blair, 44*, Dayton, IA	1:39:17	7:59
498	82	M40	Mike Brown, 44, Cedar Rapids, IA	1:39:17	7:59
104	9	W45	Nancy Harvey, 47*, Ankeny, IA	1:39:17	7:59
499	32	M50	Richard Guffy, 51, Des Moines, IA	1:39:17	7:59
105	18	W35	Lisa Springer, 35*, Fort Dodge, IA	1:39:18	7:59
500	75	M30	Tim Pepper, 34, Indianola, IA	1:39:19	7:59

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106	22	W30	Meredith Hladik, 33*, Des Moines, IA	1:39:23	8:00
107	15	W40	Kris Saggau, 41*, West Des Moines, IA	1:39:24	8:00
502	11	JrM	Tucker Wentland, 16, Des Moines, IA	1:39:27	8:00
503	84	M35	John Moorlach, 38, Indianola, IA	1:39:27	8:00
108	16	W40	Barb Rasmusson, 43*, Nevada, IA	1:39:28	8:00
109	19	W35	Elaine Claude, 35*, Solon, IA	1:39:28	8:00
504	83	M40	Steve Karsjen, 44, Nevada, IA	1:39:28	8:00
505	76	M30	Mark Shelton, 34, Des Moines, IA	1:39:29	8:00
506	33	M50	Galen Wilke, 50, Ames, IA	1:39:30	8:00
507	84	M40	Marty Richardson, 40, Ankeny, IA	1:39:30	8:00
508	85	M35	Eric Sams, 38, Urbandale, IA	1:39:31	8:00
509	77	M30	Jonathan Kuyers, 33, Pella, IA	1:39:31	8:00
510	86	M35	Neal Halder, 37, Ankeny, IA	1:39:32	8:00
511	87	M35	Rob Marshall, 35, West Des Moines, IA	1:39:33	8:01
512	88	M35	Larry Peterson, 38, Lincoln, NE	1:39:35	8:01
513	12	JrM	Aaron Smith, 16, Des Moines, IA	1:39:36	8:01
514	34	M50	Jon Garnaas, 51, Urbandale, IA	1:39:36	8:01
515	89	M35	Phil Gould, 36, Des Moines, IA	1:39:37	8:01
516	90	M35	Randy Kallem, 35, Ankeny, IA	1:39:37	8:01
110	22	W20	Dominique Caspers, 23*, West Des Moines, IA	1:39:38	8:01
111	14	W25	Tammy Westhoff, 28*, Des Moines, IA	1:39:40	8:01
517	51	M45	Ricky Snyder, 46, Winterset, IA	1:39:41	8:01
112	23	W20	Andrea Beisser, 20*, Ames, IA	1:39:42	8:01

518	85	M40	Monte Cochran, 40, Urbandale, IA	1:39:45	8:02
519	78	M30	J D Hartung, 34, Altoona, IA	1:39:47	8:02
520	79	M30	Jeff Hartung, 31, Indianola, IA	1:39:47	8:02
521	52	M45	Mike Carlson, 49, Winterset, IA	1:39:48	8:02
522	35	M50	Robert McDonald, 50, Colona, IL	1:39:49	8:02
523	80	M30	Scott Simpson, 33, Urbandale, IA	1:39:53	8:02
524	53	M45	Kevin Shay, 47, Urbandale, IA	1:39:54	8:02
525	91	M35	Ross Hillsman, 35, West Des Moines, IA	1:39:54	8:02
526	92	M35	Todd Hensley, 39, Sioux City, IA	1:39:55	8:02
527	86	M40	Robert Parker, 42, Johnston, IA	1:39:56	8:02
528	93	M35	Matt Allsup, 39, Richland, IA	1:39:58	8:03
529	54	M45	John Climack, 45, Chicago, IL	1:39:58	8:03
530	36	M50	Peter Crawford, 51, Red Oak, IA	1:40:00	8:03
531	94	M35	Tim Rolow, 39, Des Moines, IA	1:40:05	8:03
532	95	M35	John Brown, 38, West Des Moines, IA	1:40:12	8:04
533	96	M35	Daniel Winn, 37, Des Moines, IA	1:40:15	8:04
534	34	M17	Eric Haugen, 18, Urbandale, IA	1:40:15	8:04
535	81	M30	Kevin Burt, 30, Cedar Rapids, IA	1:40:15	8:04
536	97	M35	Jay Hagedorn, 37, Des Moines, IA	1:40:16	8:04
537	55	M45	Jeffrey Herrick, 48, Ames, IA	1:40:17	8:04
538	35	M17	Matt Smith, 19, Eldora, IA	1:40:19	8:04
539	82	M30	Mark Kuennen, 33, Ames, IA	1:40:21	8:04
540	83	M30	Curt Baker, 30, Des Moines, IA	1:40:23	8:05
541	84	M30	John Patrick Parker, 33, Bettendorf, IA	1:40:24	8:05
542	72	M25	Tracy Draeger, 29, Des Moines, IA	1:40:25	8:05
113	20	W35	Rae Letourneau, 39*, West Des Moines, IA	1:40:25	8:05
543	87	M40	John Kim, 44, Urbandale, IA	1:40:28	8:05
544	98	M35	Mark Stupka, 39, Ankeny, IA	1:40:31	8:05
114	10	W45	Vicki Vanderkwaak, 45*, Johnston, IA	1:40:32	8:05
545	85	M30	Chris Welch, 34, Omaha, NE	1:40:32	8:05
546	56	M45	Ronald Havens, 48, Greenfield, IA	1:40:32	8:05
547	12	M55	Ron Ricker, 56, Des Moines, IA	1:40:33	8:05
548	3	M60	Steve Larson, 62, Des Moines, IA	1:40:34	8:06
549	88	M40	Mark Weinhardt, 40, Des Moines, IA	1:40:38	8:06
550	86	M30	John Weber, 31, Des Moines, IA	1:40:38	8:06
115	24	W20	Sarah Dorrel, 21*, Bolckow, MO	1:40:38	8:06
551	37	M50	Dale Andres, 53, Clear Lake, IA	1:40:39	8:06
552	38	M50	Dave Vellinga, 51, Clive, IA	1:40:39	8:06
553	87	M30	Erick Mandt, 32, Cedar Falls, IA	1:40:40	8:06
554	88	M30	Brian Jarchow, 31, Cedar Falls, IA	1:40:40	8:06
555	3	M65	Jack Wolcott, 65, Floyd, IA	1:40:43	8:06
556	57	M45	Bill Wieland, 47, West Des Moines, IA	1:40:43	8:06
116	17	W40	Rita Roberts, 41*, Adel, IA	1:40:44	8:06
557	58	M45	Todd Gaffney, 47, Des Moines, IA	1:40:44	8:06
558	99	M35	Bradley Cooper, 35, Norwalk, IA	1:40:45	8:06
117	18	W40	Rhonda George, 43*, Humboldt, IA	1:40:46	8:06
118	23	W30	Grace Shaff, 34*, Chicago, IL	1:40:52	8:07
559	59	M45	Richard Twohig, 45, Sioux City, IA	1:40:53	8:07
119	15	W25	Jill Clinton, 26*, Van Meter, IA	1:40:56	8:07
560	60	M45	Denny Hoyt, 48, Ames, IA	1:40:56	8:07
120	19	W40	Nancy O'Brien, 44*, Grimes, IA	1:40:57	8:07
561	100	M35	Jeff Farrell, 37, Des Moines, IA	1:41:00	8:08
562	101	M35	Chris McCarthy, 38, Ankeny, IA	1:41:01	8:08
563	102	M35	Matt Mixdorf, 36, Hudson, IA	1:41:02	8:08
121	20	W40	Christine Moen, 41*, West Des Moines, IA	1:41:02	8:08
564	89	M30	Stephen Quirk, 31, Urbandale, IA	1:41:03	8:08
122	24	W30	Beth Seuferer, 30*, West Des Moines, IA	1:41:04	8:08
123	25	W30	Beth Kruckenberg, 32*, Ames, IA	1:41:04	8:08
565	103	M35	Rick Scharff, 39, West Des Moines, IA	1:41:05	8:08
566	39	M50	Lou Hockenber, 52, Clive, IA	1:41:07	8:08
567	90	M30	Matt Kern, 33, Des Moines, IA	1:41:08	8:08
568	91	M30	Jeff Daugherty, 33, Cedar Rapids, IA	1:41:09	8:08
569	61	M45	Edwin Slattey, 48, Urbandale, IA	1:41:11	8:08
570	40	M50	Greg Chlebicki, 51, Des Moines, IA	1:41:12	8:09
124	21	W35	Peggy Fevold, 38*, Des Moines, IA	1:41:13	8:09

571	89	M40	Bill Courtney, 41, Des Moines, IA	1:41:13	8:09
125	25	W20	Jessica Page, 22*, Urbandale, IA	1:41:14	8:09
572	62	M45	Ken Miller, 48, West Union, IA	1:41:15	8:09
573	90	M40	David Welch, 42, Omaha, NE	1:41:16	8:09
574	91	M40	Randy Reindl, 40, Adel, IA	1:41:16	8:09
575	13	JrM	Mark Strosahl, 15, Mitchellville, IA	1:41:17	8:09
576	41	M50	Denny Norton, 51, Johnston, IA	1:41:17	8:09
577	4	M60	Robert Kaldenberg, 60, Winterset, IA	1:41:18	8:09
578	42	M50	David Friedgood, 52, Clive, IA	1:41:18	8:09
126	21	W40	Julie Honsey, 43*, Des Moines, IA	1:41:18	8:09
127	16	W25	Rhonda Cronin, 28*, Minneapolis, MN	1:41:19	8:09
579	51	M20	Brad Goldsmith, 22, Cedar Rapids, IA	1:41:19	8:09
128	17	W25	Cynthia Hilleman, 29*, State Center, IA	1:41:19	8:09
580	104	M35	Mecindo Salinas, 37, Charles City, IA	1:41:20	8:09
581	92	M40	Curt Broek, 43, Urbandale, IA	1:41:20	8:09
582	93	M40	Ted Economos, 42, Urbandale, IA	1:41:20	8:09
583	63	M45	Steven Schuler, 49, Urbandale, IA	1:41:21	8:09
584	43	M50	Jim McKillop, 53, Des Moines, IA	1:41:21	8:09
585	64	M45	John Blyth, 46, Clive, IA	1:41:22	8:09
129	22	W40	Debi Bull, 43*, Des Moines, IA	1:41:22	8:09
586	94	M40	James Unterreiner, 42, Johnston, IA	1:41:22	8:09
587	105	M35	Jim Kramer, 35, Marion, IA	1:41:26	8:10
130	7	W17	Kacie Roberts, 18*, Adel, IA	1:41:27	8:10
588	92	M30	Jeff Downing, 31, Norwalk, IA	1:41:27	8:10
589	95	M40	Matt Parman, 40, Colfax, IA	1:41:27	8:10
590	106	M35	Kent Dau, 35, Long Grove, IA	1:41:28	8:10
591	107	M35	Thomas Hanian, 38, Des Moines, IA	1:41:30	8:10
131	26	W20	Sarah Shebaro, 21*, Iowa City, IA	1:41:30	8:10
592	44	M50	Glenn Michael, 51, Glendale, AZ	1:41:30	8:10
132	22	W35	Annette Johnson, 38*, Humboldt, IA	1:41:30	8:10
133	26	W30	Cristen Vasquez, 30*, Des Moines, IA	1:41:31	8:10
593	108	M35	Thomas Beasley, 38, Des Moines, IA	1:41:32	8:10
594	36	M17	Tyler Patterson, 18, Orient, IA	1:41:32	8:10
134	18	W25	Shannon Stuart, 29*, Polk City, IA	1:41:33	8:10
595	65	M45	Jerry Fee, 49, Melcher, IA	1:41:33	8:10
135	23	W35	Rebecca Brannan, 36*, Council Bluffs, IA	1:41:33	8:10
596	66	M45	Rick Gustafson, 47, Ogden, IA	1:41:37	8:11
597	52	M20	Joshua Balleweg, 22, Vermillion, SD	1:41:38	8:11
136	27	W30	Cheryl Cropp, 31*, Ankeny, IA	1:41:41	8:11
598	93	M30	Josh Reel, 33, Clive, IA	1:41:42	8:11
599	94	M30	Tom Stewart, 32, Clive, IA	1:41:43	8:11
137	19	W25	Julie Curoe, 25*, St. Louis Park, MN	1:41:43	8:11
600	95	M30	Lou Kelehan, 31, Des Moines, IA	1:41:45	8:11
601	14	JrM	Michael Muccullough, 15, Des Moines, IA	1:41:47	8:11
602	109	M35	John Ensign, 36, Urbandale, IA	1:41:47	8:11
603	67	M45	Kenneth Crum, 47, West Des Moines, IA	1:41:49	8:11
604	96	M30	Thomas Wubben, 34, Ankeny, IA	1:41:49	8:12
605	68	M45	Steven Sawyer, 47, Arlington Heights, IL	1:41:50	8:12
606	69	M45	Steve Dittrich, 49, West Des Moines, IA	1:41:50	8:12
607	97	M30	Tomm Beberniss, 31, Des Moines, IA	1:41:51	8:12
608	45	M50	Rick Grant, 54, West Des Moines, IA	1:41:51	8:12
609	53	M20	Jason McReynolds, 20, Norwalk, IA	1:41:51	8:12
138	24	W35	Michele Stevens, 39*, Denver, IA	1:41:51	8:12
610	13	M55	John H. Anderson, 58, Fergus Falls, MN	1:41:52	8:12
611	96	M40	Jeff Hostetter, 42, West Des Moines, IA	1:41:52	8:12
612	98	M30	Dave Freeseaman, 30, West Des Moines, IA	1:41:52	8:12
613	110	M35	Dave Salaba, 36, Cumming, IA	1:41:53	8:12
614	70	M45	Paul Barrows, 45, West Des Moines, IA	1:41:53	8:12
615	99	M30	William Johnson, 30, Hartford, IA	1:41:54	8:12
616	111	M35	Wayne Lacher, 39, Menlo, IA	1:41:55	8:12
617	73	M25	Alston Penfold, 27, Osage, IA	1:41:55	8:12
139	28	W30	Allison Buell, 31*, Whiting, IN	1:41:58	8:12
618	37	M17	Bryan George, 17, Pella, IA	1:42:01	8:12
619	38	M17	Michael Schreuder, 18, Pella, IA	1:42:03	8:13
620	97	M40	Greg Conway, 41, Dubuque, IA	1:42:05	8:13

621	71	M45	Stan Welp, 48, Eldora, IA	1:42:07	8:13
622	100	M30	Blair Johnson, 33, Waukee, IA	1:42:09	8:13
140	27	W20	Jennifer Carpenter, 23*, West Des Moines, IA	1:42:09	8:13
623	112	M35	Scott Weber, 38, Polk City, IA	1:42:10	8:13
624	98	M40	Charles Wilhelm, 40, Lincoln, NE	1:42:12	8:13
141	29	W30	Carmen Dixon, 31*, Iowa City, IA	1:42:12	8:13
625	72	M45	Jeff Ryan, 46, Ankeny, IA	1:42:12	8:13
626	101	M30	Steve Mickelson, 34, Cedar Rapids, IA	1:42:12	8:13
142	28	W20	Sarah Rhoten, 24*, Urbandale, IA	1:42:14	8:14
627	102	M30	Benjamin Stone, 33, Des Moines, IA	1:42:16	8:14
628	46	M50	Norm Ostbloom, 53, Des Moines, IA	1:42:18	8:14
629	39	M17	Luke Rolfes, 19, Polk City, IA	1:42:21	8:14
630	113	M35	Scott Boyle, 37, Mason City, IA	1:42:21	8:14
143	25	W35	Lauri Jeter, 36*, Madrid, IA	1:42:21	8:14
631	99	M40	John Koolstra, 40, Pella, IA	1:42:21	8:14
632	74	M25	Michael Spaur, 29, Pella, IA	1:42:22	8:14
633	40	M17	Lucas Queck, 17, Fontanelle, IA	1:42:22	8:14
634	114	M35	Jeffrey Needham, 38, Bellevue, NE	1:42:23	8:14
635	115	M35	Nick Adams, 38, Indianola, IA	1:42:24	8:14
636	116	M35	Tyler Dunker, 35, West Des Moines, IA	1:42:24	8:14
637	73	M45	Guy Wernet, 45, Clive, IA	1:42:25	8:14
144	11	W45	Jane Wickman, 47*, Kellogg, IA	1:42:26	8:14
638	74	M45	Steve Nelson, 49, Des Moines, IA	1:42:26	8:14
639	75	M45	David Swenson, 46, Des Moines, IA	1:42:26	8:15
145	29	W20	Kristen Stefl, 20*, Runnells, IA	1:42:29	8:15
146	26	W35	Penny Luthens, 35*, Urbandale, IA	1:42:29	8:15
640	117	M35	Kenneth Marshall, 38, Ankeny, IA	1:42:30	8:15
147	20	W25	Britt Siebels, 25*, West Des Moines, IA	1:42:31	8:15
641	76	M45	Curt Hollebrands, 49, Clive, IA	1:42:32	8:15
642	75	M25	Jason Howell, 28, Des Moines, IA	1:42:34	8:15
643	77	M45	Clark Fort, 45, Storm Lake, IA	1:42:36	8:15
644	14	M55	Dick Groves, 56, Cedar Falls, IA	1:42:37	8:15
645	100	M40	Michael Powers, 40, Dubque, IA	1:42:40	8:16
646	101	M40	Gary Zunkel, 41, Ames, IA	1:42:44	8:16
148	30	W30	Ann Appleseth, 32*, Panora, IA	1:42:45	8:16
647	76	M25	Shane Scott, 28, West Des Moines, IA	1:42:46	8:16
648	77	M25	Jason Anderson, 26, Ames, IA	1:42:52	8:17
649	103	M30	Randy Kirchhoff, 33, West Des Moines, IA	1:42:54	8:17
149	8	W17	Elizabeth Andrews, 17*, Johnston, IA	1:42:55	8:17
650	104	M30	Lind Bernal, 33, Johnston, IA	1:42:56	8:17
150	31	W30	Amy Price, 30*, Ankeny, IA	1:42:56	8:17
651	78	M45	Doug Walker, 45, West Des Moines, IA	1:42:56	8:17
652	105	M30	Alan LaRoe, 34, Des Moines, IA	1:42:57	8:17
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151	30	W20	Brianne Bachman, 20*, Indianola, IA	1:43:00	8:17
656	47	M50	Jim Jenkins, 51, Newton, IA	1:43:00	8:17
657	119	M35	C J Osborn, 36, Newton, IA	1:43:00	8:17
658	103	M40	Steve Rossler, 41, Newton, IA	1:43:00	8:17
659	120	M35	Michael Feldman, 39, Urbandale, IA	1:43:01	8:17
660	78	M25	Nolan Shigley, 25, Lincoln, NE	1:43:02	8:17
661	48	M50	Jack Sandmeier, 50, Knoxville, IA	1:43:03	8:17
152	9	W17	Kari Boscaljon, 18*, Johnston, IA	1:43:03	8:17
662	106	M30	Duane Pineda, 31, Johnston, IA	1:43:04	8:18
153	32	W30	Amy Gannon, 32*, Denver, CO	1:43:04	8:18
663	80	M45	Jack Stewart, 48, Ankeny, IA	1:43:05	8:18
664	121	M35	Todd Keech, 35, Johnston, IA	1:43:06	8:18
154	33	W30	Sharon Johnson, 32*, Urbandale, IA	1:43:07	8:18
665	79	M25	Michael Carr, 28, Ames, IA	1:43:09	8:18
666	54	M20	Brent Carr, 22, Ames, IA	1:43:10	8:18
155	27	W35	Lillian Lozano-Harness, 35*, Cedar Rapids, IA	1:43:11	8:18
667	80	M25	Scott Lindahl, 29, Carlisle, IA	1:43:12	8:18

668	81	M45	Bran Brunia, 45, Huxley, IA	1:43:16	8:19
156	23	W40	Kerry Gilarski, 41*, Ames, IA	1:43:18	8:19
669	49	M50	Bruce Bernard, 51, Urbandale, IA	1:43:18	8:19
157	28	W35	Michelle Soyer, 38*, Johnston, IA	1:43:19	8:19
670	81	M25	Nam Cao, 28, Des Moines, IA	1:43:22	8:19
158	29	W35	Paula Ringler, 35*, Boone, IA	1:43:24	8:19
671	82	M45	James Dornfeld, 47, Waukee, IA	1:43:25	8:19
672	82	M25	Tim Suchan, 29, West Des Moines, IA	1:43:29	8:20
159	30	W35	Gayle Luedke, 35*, Davenport, IA	1:43:31	8:20
673	55	M20	Scott Striegel, 20, Williamsburg, IA	1:43:34	8:20
674	41	M17	Seth Fetzer, 19, Williamsburg, IA	1:43:35	8:20
675	50	M50	Herb Eckhouse, 52, Des Moines, IA	1:43:44	8:21
676	83	M25	Erin Halling, 27, Saukville, WI	1:43:45	8:21
677	42	M17	Mike Castagnoli, 17, West Des Moines, IA	1:43:49	8:21
678	84	M25	Kirk Rathjen, 27, Ankeny, IA	1:43:50	8:21
679	122	M35	Mark Hasek, 35, Altoona, IA	1:43:50	8:21
160	24	W40	Ginger Smith, 40*, Urbandale, IA	1:43:50	8:21
680	85	M25	Steve Hauschilt, 27, Altoona, IA	1:43:50	8:21
681	107	M30	Tony Wilken, 33, Hampton, IA	1:43:51	8:21
682	104	M40	Jim Chebuhar, 41, Marshalltown, IA	1:43:52	8:21
683	15	JrM	Michael Carroll, 16, Polk City, IA	1:43:54	8:22
684	86	M25	Jamie Luttrell, 27, Urbandale, IA	1:43:57	8:22
685	83	M45	Phil Pitzen, 49, West Des Moines, IA	1:43:59	8:22
686	108	M30	John Turner, 31, Boone, IA	1:43:59	8:22
687	109	M30	Douglas Burger, 33, Iowa City, IA	1:44:00	8:22
688	105	M40	Steven Jacobs, 44, Atlantic, IA	1:44:02	8:22
161	21	W25	Traci Havlik, 26*, Madrid, IA	1:44:03	8:22
162	3	JrW	Alica Mireles, 16*, Urbandale, IA	1:44:04	8:22
689	84	M45	Gary Moenck, 47, Webster City, IA	1:44:10	8:23
163	12	W45	Mary Harris, 45*, Eagle Grove, IA	1:44:10	8:23
690	123	M35	John Taylor, 37, Des Moines, IA	1:44:12	8:23
691	85	M45	Lee Johnsen, 45, West Des Moines, IA	1:44:15	8:23
692	106	M40	Craig Edmondson, 41, Storm Lake, IA	1:44:15	8:23
164	31	W20	Maria Duncalf, 20*, Newhall, IA	1:44:15	8:23
693	107	M40	Jeff Trimble, 40, Des Moines, IA	1:44:16	8:23
165	34	W30	Sara Lukan, 31*, West Des Moines, IA	1:44:16	8:23
166	31	W35	Mary Ellen Anderson, 39*, Johnston, IA	1:44:17	8:23
694	124	M35	Thomas Kolstad, 36, Balsam Lake, WI	1:44:18	8:23
695	87	M25	Matthew Hunter, 28, Lindstrom, MN	1:44:18	8:23
696	110	M30	Bill Kallestad, 30, Des Moines, IA	1:44:19	8:24
167	25	W40	Becky Nichols, 41*, Des Moines, IA	1:44:20	8:24
697	111	M30	Richard Mochobee, 33, Norwalk, IA	1:44:21	8:24
698	108	M40	Stacy Sherman, 40, Fairfield, IA	1:44:23	8:24
699	86	M45	Jon Croft, 46, Des Moines, IA	1:44:24	8:24
700	125	M35	Jim Sandor, 35, West Des Moines, IA	1:44:24	8:24
168	26	W40	Karen Strehlow, 40*, Ames, IA	1:44:25	8:24
701	126	M35	Dennis Fagan, 37, Cedar Rapids, IA	1:44:25	8:24
169	13	W45	Robin Hyland, 47*, Grimes, IA	1:44:25	8:24
702	112	M30	Sam Macke, 30, Ankeny, IA	1:44:28	8:24
703	43	M17	Jeff Stewart, 18, Eldora, IA	1:44:29	8:24
704	127	M35	Kevin Gordon, 37, Johnston, IA	1:44:29	8:24
705	5	M60	Dave Coppinger, 63, Waukee, IA	1:44:30	8:24
170	32	W35	Deb Winkleblack, 38*, Ames, IA	1:44:30	8:24
171	33	W35	Julie Martin, 38*, Urbandale, IA	1:44:33	8:25
706	87	M45	Douglas Freeman, 47, Urbandale, IA	1:44:35	8:25
707	88	M25	Brian Rhonds, 28, Des Moines, IA	1:44:36	8:25
172	27	W40	Gail Bormann, 43*, Waukee, IA	1:44:36	8:25
708	128	M35	Robert Skidmore, 35, Chicago, IL	1:44:36	8:25
173	34	W35	Jill Jones, 38*, Cedar Rapids, IA	1:44:37	8:25
174	35	W35	Julie Hale, 38*, Des Moines, IA	1:44:37	8:25
175	2	W50	Margie Cahill, 50*, Nevada, IA	1:44:41	8:25
709	89	M25	Dan Davis, 28, Des Moines, IA	1:44:43	8:25
710	109	M40	Jeffrey Anderson, 40, Boone, IA	1:44:44	8:26
176	36	W35	Mary Studer, 38*, Ankeny, IA	1:44:44	8:26
711	15	M55	Bill Lawless, 58, Des Moines, IA	1:44:49	8:26

712	129	M35	Tom Richards, 35, Johnston, IA	1:44:49	8:26
177	35	W30	Jennifer York, 31*, Ames, IA	1:44:50	8:26
713	113	M30	Jeff Corcoran, 33, Des Moines, IA	1:44:50	8:26
714	88	M45	Edward Movic, 47, New Castle, PA	1:44:51	8:26
715	89	M45	Rich Johnson, 48, Ankeny, IA	1:44:51	8:26
716	90	M45	Robert Jewell, 47, Urbandale, IA	1:44:52	8:26
178	32	W20	Andrea Breitigam, 24*, Des Moines, IA	1:44:53	8:26
717	56	M20	Kevin Kettelsen, 24, Iowa City, IA	1:44:53	8:26
718	57	M20	Scott Thompson, 24, Iowa City, IA	1:44:54	8:26
719	90	M25	Tim Osgood, 28, Mason City, IA	1:44:57	8:27
720	114	M30	Kurt Sinnett, 33, Johnston, IA	1:44:58	8:27
721	115	M30	Mark Nowling, 33, Omaha, NE	1:44:59	8:27
179	36	W30	Sandra Witty, 34*, Clive, IA	1:45:01	8:27
722	51	M50	Lonnie Cleland, 52, Des Moines, IA	1:45:02	8:27
723	110	M40	Brian Hunt, 44, Ames, IA	1:45:03	8:27
180	28	W40	Gabrielle Bjornson, 40*, Overland Park, KS	1:45:04	8:27
181	37	W35	Laurie Johnson, 35*, Osage, IA	1:45:05	8:27
724	111	M40	Ronnie Taylor, 44, Des Moines, IA	1:45:05	8:27
725	130	M35	Jeffrey Dunlap, 35, Des Moines, IA	1:45:05	8:27
726	91	M25	Adam Richman, 29, Iowa City, IA	1:45:06	8:27
727	58	M20	Ryan Guard, 21, Radcliffe, IA	1:45:06	8:27
728	52	M50	Rusty Fithen, 54, Clarinda, IA	1:45:09	8:28
729	16	M55	Alton Kornegay, 58, Ankeny, IA	1:45:10	8:28
182	3	W50	Wanda Hartwigsen, 54*, Bettendorf, IA	1:45:10	8:28
183	22	W25	Susie O'Halloran, 25*, Des Moines, IA	1:45:11	8:28
730	91	M45	Scott Avitt, 48, Des Moines, IA	1:45:11	8:28
731	92	M25	David Henzi, 29, West Des Moines, IA	1:45:13	8:28
732	131	M35	Ron Loecher, 35, Cedar Falls, IA	1:45:14	8:28
184	38	W35	Shelli Smoldt, 35*, Des Moines, IA	1:45:14	8:28
185	29	W40	Julie Clark, 40*, Rockwell City, IA	1:45:16	8:28
186	23	W25	Melissa Danilson, 26*, Des Moines, IA	1:45:17	8:28
733	112	M40	Jeff Freude, 44, Des Moines, IA	1:45:17	8:28
187	24	W25	Kirstin Lippincott, 27*, West Des Moines, IA	1:45:19	8:28
188	39	W35	Joy Carr, 37*, Des Moines, IA	1:45:21	8:29
189	25	W25	Anne Fleming, 26*, Cedar Rapids, IA	1:45:21	8:29
734	92	M45	Robert Rigg, 47, Des Moines, IA	1:45:23	8:29
190	26	W25	Paula Lochner, 25*, Ankeny, IA	1:45:24	8:29
735	16	JrM	Tim Arnold, 13, Waukee, IA	1:45:24	8:29
736	132	M35	Brian Lorenzo, 39, Johnston, IA	1:45:25	8:29
191	37	W30	Leslie Humpal, 31*, Shawnee, KS	1:45:25	8:29
737	113	M40	Joe Zoll, 40, Des Moines, IA	1:45:26	8:29
192	40	W35	Nola Seaberg, 39*, Des Moines, IA	1:45:27	8:29
193	41	W35	Sara Todd, 38*, Cedar Rapids, IA	1:45:28	8:29
194	33	W20	Jaime Hamann, 23*, Mason City, IA	1:45:29	8:29
738	93	M45	David Eash, 48, Solon, IA	1:45:30	8:29
739	93	M25	Tim Mulcahy, 25, Polk City, IA	1:45:33	8:30
195	14	W45	Pamela Wood, 46*, Janesville, IA	1:45:33	8:30
740	94	M45	Daniel Todd, 46, West Des Moines, IA	1:45:33	8:30
196	27	W25	Tracy Ristau, 25*, West Des Moines, IA	1:45:33	8:30
741	17	M55	Gene Yagla, 55, Waterloo, IA	1:45:33	8:30
742	133	M35	Jim Gray, 38, Ankeny, IA	1:45:34	8:30
743	116	M30	Roy Schneider, 34, Nebraska City, NE	1:45:35	8:30
744	117	M30	Mark Walker, 31, Ankeny, IA	1:45:35	8:30
197	15	W45	Theresa Finnegan, 46*, Des Moines, IA	1:45:36	8:30
745	94	M25	Dan Bruns, 26, Ankeny, IA	1:45:36	8:30
198	34	W20	Kathi Eggleston, 24*, St Louis Park, MN	1:45:36	8:30
746	95	M25	Steve Reinders, 29, West Des Moines, IA	1:45:37	8:30
747	134	M35	Ron Maahs, 35, Johnston, IA	1:45:37	8:30
748	53	M50	Daid Biggar, 53, Minneapolis, MN	1:45:37	8:30
749	135	M35	Jeff Sullivan, 36, West Des Moines, IA	1:45:39	8:30
750	95	M45	Chris Mitchell, 46, Ankeny, IA	1:45:41	8:30
199	16	W45	Barb Wheelock, 49*, Madrid, IA	1:45:41	8:30
751	96	M25	Mike Cooper, 27, Urbandale, IA	1:45:43	8:30

752	114	M40	Doug Keast, 43, Altoona, IA	1:45:45	8:31
753	17	JrM	Gabriel Munoz-Fitch, 14, Iowa City, IA	1:45:46	8:31
754	115	M40	John Wieland, 43, Des Moines, IA	1:45:46	8:31
200	42	W35	Shelly Anderson, 36*, Des Moines, IA	1:45:47	8:31
201	35	W20	Megan Carlson, 21*, Maryville, MO	1:45:49	8:31
202	36	W20	Gina Gelatti, 22*, Ankeny, IA	1:45:49	8:31
203	28	W25	Jennifer Christensen, 28*, West Des Moines, IA	1:45:50	8:31
755	44	M17	Dan Logston, 19, Des Moines, IA	1:45:50	8:31
204	38	W30	Shannon Sabin, 31*, Urbandale, IA	1:45:50	8:31
756	97	M25	Drew Beck, 26, Iowa City, IA	1:45:50	8:31
757	59	M20	Ryan O'Mara, 24, Des Moines, IA	1:45:52	8:31
758	118	M30	Steven Zrostlik, 33, Ames, IA	1:45:53	8:31
759	116	M40	David Wilkerson, 41, Adel, IA	1:45:53	8:31
760	119	M30	Trevor Myers, 33, Urbandale, IA	1:45:56	8:31
761	117	M40	Steve Shifflett, 43, Ames, IA	1:45:57	8:31
762	118	M40	Jon Leinen, 42, Des Moines, IA	1:45:57	8:31
763	18	M55	Philip McCune, 55, Grinnell, IA	1:45:58	8:32
205	1	W55	Sandy Rupnow, 57*, Ames, IA	1:45:58	8:32
764	96	M45	Kent Herink, 46, Johnston, IA	1:45:58	8:32
765	120	M30	Troy Wright, 31, Perry, IA	1:45:59	8:32
766	121	M30	Erikson Nystrom, 34, Chicago, IL	1:45:59	8:32
767	98	M25	Daniel Reinders, 29, West Des Moines, IA	1:46:02	8:32
206	10	W17	Erica Reams, 17*, West Des Moines, IA	1:46:04	8:32
768	99	M25	Paul Sams, 28, Des Moines, IA	1:46:04	8:32
207	29	W25	Rachel Charleston, 27*, Cedar Falls, IA	1:46:05	8:32
208	43	W35	Julie Schuck, 38*, Urbandale, IA	1:46:06	8:32
769	119	M40	Dave Benz, 44, Marshalltown, IA	1:46:07	8:32
770	136	M35	Benjamin Smith, 37, Grinnell, IA	1:46:09	8:32
771	54	M50	Jerry Crawford, 51, Des Moines, IA	1:46:13	8:33
209	30	W40	Ellen Eakin, 43*, Ankeny, IA	1:46:14	8:33
772	120	M40	Mark McCoy, 44, Urbandale, IA	1:46:15	8:33
773	97	M45	Scott Campbell, 49, Oskaloosa, IA	1:46:15	8:33
774	100	M25	Lee Randall, 28, Parkview, IA	1:46:16	8:33
775	55	M50	Forey Jacobson, 50, Des Moines, IA	1:46:17	8:33
776	98	M45	William Johnson, 45, Iowa City, IA	1:46:19	8:33
210	44	W35	Cindy Boyle, 36*, Mason City, IA	1:46:19	8:33
211	39	W30	Kendra Storjohann, 32*, Ankeny, IA	1:46:21	8:33
777	122	M30	Chris Iiams, 32, Ames, IA	1:46:21	8:33
778	121	M40	George Howe, 44, Clive, IA	1:46:23	8:34
212	45	W35	Jackie Storm, 37*, Stilwell, KS	1:46:25	8:34
779	122	M40	Jim Cooper, 42, Urbandale, IA	1:46:25	8:34
780	137	M35	Jeff Rader, 38, Clive, IA	1:46:26	8:34
781	19	M55	Cal Jenkins, 56, Cedar Rapids, IA	1:46:27	8:34
782	56	M50	Joel Beane, 53, Marshalltown, IA	1:46:27	8:34
213	40	W30	Angie Nevelle, 31*, Bondurant, IA	1:46:27	8:34
783	57	M50	Steve Sondall, 51, Marshalltown, IA	1:46:30	8:34
784	20	M55	Barry Rush, 57, Bettendorf, IA	1:46:31	8:34
214	46	W35	Kristi Hamaker, 35*, Grimes, IA	1:46:32	8:34
215	41	W30	Julie Shedenhelm, 34*, West Des Moines, IA	1:46:34	8:34
785	123	M30	Rob Berntsen, 31, Des Moines, IA	1:46:36	8:35
786	99	M45	Norm Behrens, 48, Wall Lake, IA	1:46:36	8:35
216	37	W20	Abby Guard, 20*, Radcliffe, IA	1:46:38	8:35
787	138	M35	Steven Sanders, 37, Des Moines, IA	1:46:40	8:35
217	31	W40	Karen Davis, 43*, Waterloo, IA	1:46:41	8:35
218	30	W25	Molly McTaggart, 26*, West Des Moines, IA	1:46:41	8:35
219	38	W20	Danielle Wangsness, 22*, Hiawatha, IA	1:46:45	8:35
788	123	M40	James Hayes, 40, Ames, IA	1:46:45	8:35
789	139	M35	Mike Carsten, 39, Waukee, IA	1:46:47	8:36
220	11	W17	Katey Dorweiler, 18*, Urbandale, IA	1:46:49	8:36
221	47	W35	Beth Morton, 36*, West Des Moines, IA	1:46:50	8:36
790	124	M30	Micheal Migliara, 33, Lawton, IA	1:46:51	8:36
791	60	M20	Darin Arkema, 22, Sully, IA	1:46:52	8:36
222	42	W30	Stephanie Wishman, 30*, Urbandale, IA	1:46:52	8:36

792	101	M25	Travis Dee, 25, Lynnville, IA	1:46:52	8:36
793	125	M30	Derek Wachter, 32, West Des Moines, IA	1:46:53	8:36
794	100	M45	Craig Rohrer, 48, Ankeny, IA	1:46:53	8:36
223	43	W30	Susan Elwell, 33*, Ankeny, IA	1:46:53	8:36
224	44	W30	Lisa Nelson, 31*, Urbandale, IA	1:46:54	8:36
225	45	W30	Heidi Degraaf, 30*, Ankeny, IA	1:46:56	8:36
795	102	M25	Chris Roling, 29, Urbandale, IA	1:46:57	8:36
796	124	M40	Thomas Serbousek, 41, Anamosa, IA	1:46:58	8:36
226	48	W35	Beth Adams, 35*, Indianola, IA	1:46:58	8:36
797	125	M40	Richard Ford, 42, Dallas Center, IA	1:46:59	8:36
798	6	M60	Richard Walton, 62, Iowa City, IA	1:47:00	8:36
799	126	M40	Daniel Mallonee, 40, Cedar Rapids, IA	1:47:00	8:37
800	101	M45	John Doherty, 47, Des Moines, IA	1:47:02	8:37
227	32	W40	Karen Fosse, 41*, Iowa City, IA	1:47:05	8:37
228	33	W40	Denise Whiting, 42*, Iowa City, IA	1:47:05	8:37
229	34	W40	Betsy Frederes, 43*, Clive, IA	1:47:05	8:37
801	102	M45	Rick Hudson, 48, Pleasant Hill, IA	1:47:05	8:37
230	35	W40	Kimberly Haines, 42*, Oskaloosa, IA	1:47:07	8:37
802	21	M55	Mike Whiteford, 56, Ames, IA	1:47:10	8:37
231	36	W40	Diane Droogsma, 40*, Johnston, IA	1:47:11	8:37
803	22	M55	Jim Miller, 55, Kalona, IA	1:47:12	8:37
232	31	W25	Deborah Hallal, 28*, Yosilanh, MI	1:47:12	8:37
804	127	M40	John Eure, 40, Des Moines, IA	1:47:12	8:38
805	126	M30	Heath Moore, 32, West Des Moines, IA	1:47:13	8:38
233	32	W25	Jillisa Welsch, 27*, Ankeny, IA	1:47:14	8:38
806	140	M35	Gary Bridgewater, 38, Johnston, IA	1:47:15	8:38
807	127	M30	Brian Appleby, 31, Des Moines, IA	1:47:17	8:38
808	128	M40	John Hack, 42, West Des Moines, IA	1:47:18	8:38
234	37	W40	Janet Donnelly, 41*, Des Moines, IA	1:47:19	8:38
809	128	M30	Eric Steen, 32, West Des Moines, IA	1:47:19	8:38
810	58	M50	Thomas Phillips, 50, West Des Moines, IA	1:47:20	8:38
235	39	W20	Christine Bruin, 24*, Anoka, MN	1:47:23	8:38
811	129	M30	Greg Greenlee, 30, Savage, MN	1:47:23	8:38
236	46	W30	Kelly Pratt, 33*, Clive, IA	1:47:24	8:38
237	49	W35	DeeDee Janssen, 35*, Ankeny, IA	1:47:25	8:39
812	141	M35	Jim Elmer, 37, Johnston, IA	1:47:26	8:39
813	142	M35	Brian Queck, 39, Johnston, IA	1:47:26	8:39
814	103	M45	Jerry Dutcher, 48, Ankeny, IA	1:47:28	8:39
815	143	M35	Dan Deutmeyer, 35, Dyersville, IA	1:47:28	8:39
816	103	M25	Tim Mulford, 25, St Louis Park, MN	1:47:29	8:39
817	104	M45	James Pech, 45, West Des Moines, IA	1:47:29	8:39
818	129	M40	Ron Hankins, 43, West Des Moines, IA	1:47:30	8:39
819	104	M25	Dan Varley, 29, Richfield, MN	1:47:31	8:39
238	50	W35	Cathy Steen, 36*, North Liberty, IA	1:47:31	8:39
239	47	W30	Tara Brawner, 32*, Clive, IA	1:47:32	8:39
820	144	M35	Dan Wignall, 36, Desmoines, IA	1:47:32	8:39
821	130	M40	Steve Vance, 43, Sheldahl, IA	1:47:33	8:39
822	131	M40	Kevin Moss, 44, Bondurant, IA	1:47:33	8:39
823	59	M50	Dennis Johnson, 52, Des Moines, IA	1:47:34	8:39
240	51	W35	Yvonne Minton, 36*, Des Moines, IA	1:47:34	8:39
824	132	M40	Daniel Shuck, 41, Sioux City, IA	1:47:35	8:39
825	45	M17	Greg Payne, 19, Ames, IA	1:47:37	8:39
826	130	M30	Monty Eitel, 34, Ames, IA	1:47:37	8:40
241	4	JrW	Allison Wunsch, 15*, Urbandale, IA	1:47:37	8:40
827	145	M35	Stephen Riggs, 39, Cedar Falls, IA	1:47:37	8:40
828	146	M35	Gregory Chenoweth, 39, Cedar Falls, IA	1:47:38	8:40
242	33	W25	Christine Cownie, 27*, Des Moines, IA	1:47:38	8:40
243	48	W30	Connie VanRoekel, 33*, Adel, IA	1:47:39	8:40
244	52	W35	Becky McIntosh, 36*, Des Moines, IA	1:47:39	8:40
829	133	M40	Ken Wunsch, 41, Urbandale, IA	1:47:40	8:40
245	53	W35	Jana Serbousek, 36*, Anamosa, IA	1:47:41	8:40
830	105	M25	Nick Klinefeldt, 26, Des Moines, IA	1:47:41	8:40
831	60	M50	Tom Hostetter, 50, Ames, IA	1:47:42	8:40
832	131	M30	Martin Nay, 34, West Des Moines, IA	1:47:42	8:40
833	105	M45	Dennis Linn, 49, Pella, IA	1:47:43	8:40

246	49	W30	Stacy Farr, 30*, West Des Moines, IA	1:47:43	8:40
247	34	W25	Jennifer Navis, 28*, West Des Moines, IA	1:47:44	8:40
834	132	M30	Mike Wyckoff, 31, Urbandale, IA	1:47:44	8:40
835	61	M50	Jim Tiedemann, 51, Iowa City, IA	1:47:45	8:40
836	106	M45	John Vujnovich, 46, Des Moines, IA	1:47:47	8:40
837	134	M40	Patrick Ward, 43, Urbandale, IA	1:47:47	8:40
248	4	W50	Janice Hatt, 50*, Lacrosse, WI	1:47:48	8:40
249	38	W40	Donna Ramsey, 41*, Des Moines, IA	1:47:48	8:40
250	54	W35	Lori McQuiston, 38*, West Des Moines, IA	1:47:49	8:40
838	133	M30	Ahmed Ibrahim, 33, Clive, IA	1:47:49	8:40
839	62	M50	Larry Abbas, 51, Adel, IA	1:47:51	8:41
251	40	W20	Janet Krause, 23*, Des Moines, IA	1:47:51	8:41
840	147	M35	Goerge Meinecke, 39, Norwalk, IA	1:47:53	8:41
841	135	M40	Rich Soyer, 42, Johnston, IA	1:47:54	8:41
842	148	M35	Chris Pose, 38, Cumming, IA	1:47:54	8:41
843	149	M35	Todd Peterson, 35, Aberdeen, SD	1:47:54	8:41
844	134	M30	Lonny Namanny, 33, Grimes, IA	1:47:55	8:41
252	50	W30	Sonya Heitshusen-Oliver, 34*, Ankeny, IA	1:47:55	8:41
845	23	M55	Jim Lowe, 55, Des Moines, IA	1:47:55	8:41
253	41	W20	Karen Lehto, 24*, Des Moines, IA	1:47:55	8:41
846	150	M35	Skip Morrison, 36, Columbus Jct , IA	1:47:58	8:41
847	151	M35	David Stout, 35, Des Moines, IA	1:47:58	8:41
254	51	W30	Rhonda Baker, 33*, Grimes, IA	1:48:01	8:41
848	18	JrM	Rory Devalois, 14, Iowa City, IA	1:48:04	8:42
255	55	W35	Christina Colman, 39*, Thorton, IA	1:48:04	8:42
849	24	M55	Rick Morrow, 55, Clive, IA	1:48:06	8:42
850	152	M35	Gary Hoffman, 38, Indianola, IA	1:48:07	8:42
256	52	W30	Amy Campbell, 31*, West Des Moines, IA	1:48:07	8:42
851	63	M50	David Grieser, 53, West Des Moines, IA	1:48:07	8:42
852	135	M30	William Morris, 32, Urbandale, IA	1:48:09	8:42
853	107	M45	Bobby Dickerson, 47, Winterset, IA	1:48:10	8:42
854	106	M25	Robert Putz, 26, Lacona, IA	1:48:11	8:42
855	108	M45	Mike Baker, 46, Urbandale, IA	1:48:12	8:42
856	64	M50	Kenny Grandstaff, 51, Des Moines, IA	1:48:13	8:42
857	136	M30	Scott Hock, 33, Ames, IA	1:48:14	8:43
858	65	M50	Clarence Hudson, 50, Des Moines, IA	1:48:14	8:43
859	109	M45	Kevin Cunningham, 49, Des Moines, IA	1:48:16	8:43
860	7	M60	Vince Hatt, 61, Lacrosse, WI	1:48:18	8:43
257	35	W25	Kimberlee Morris, 28*, Urbandale, IA	1:48:19	8:43
861	19	JrM	Steven Acarregui, 14, Iowa City, IA	1:48:20	8:43
258	56	W35	Leah Zeutenhorst, 37*, Johnston, IA	1:48:22	8:43
862	66	M50	Mike Gray, 50, Waterloo, IA	1:48:23	8:43
863	107	M25	Jamie Weydert, 27, Iowa City, IA	1:48:23	8:43
864	153	M35	Ron Pohlman, 38, Earlham, IA	1:48:25	8:43
259	17	W45	Maggie Ridge, 48*, Floyd Knobs, IN	1:48:27	8:44
865	154	M35	Freddie Morris, 39, Urbandale, IA	1:48:28	8:44
866	155	M35	Charles Jones, 38, Eagan, MN	1:48:28	8:44
867	110	M45	Tom Mitchell, 49, West Des Moines, IA	1:48:29	8:44
868	156	M35	Alan Sprinkle, 37, Urbandale, IA	1:48:29	8:44
869	136	M40	Russ Asman, 40, Earlham, IA	1:48:30	8:44
260	36	W25	Kristen Vetterlein, 26*, Monroe, WI	1:48:30	8:44
870	108	M25	Tom Payne, 25, Ames, IA	1:48:31	8:44
871	137	M30	Sam Jacob, 34, Des Moines, IA	1:48:32	8:44
872	157	M35	Jon Greising, 37, Johnston, IA	1:48:32	8:44
873	137	M40	Bob Pottratz, 41, Apple Valley, MN	1:48:32	8:44
261	53	W30	Leah Churchman, 31*, West Des Moines, IA	1:48:33	8:44
874	111	M45	Karl Yuska, 49, Urbandale, IA	1:48:33	8:44
262	42	W20	Jessica Swanson, 22*, Des Moines, IA	1:48:33	8:44
875	158	M35	Steve Kammeyer, 38, Urbandale, IA	1:48:34	8:44
876	138	M30	Aaron Kennedy, 32, Des Moines, IA	1:48:36	8:44
877	138	M40	Tracy Hook, 42, Indianola, IA	1:48:37	8:44
878	112	M45	Mark Shepherd, 49, Cedar Rapids, IA	1:48:37	8:44
879	139	M30	Michael Olsen, 30, Harlan, IA	1:48:37	8:44
880	113	M45	Steve Anderson, 49, Webster City, IA	1:48:38	8:44
263	37	W25	Lea Morris, 29*, Altoona, IA	1:48:38	8:44

881	159	M35	Shannon Gerrety, 35, Blaine, MN	1:48:39	8:44
882	67	M50	Lloyd Fagin, 54, Perry, IA	1:48:39	8:45
883	61	M20	John Osterson, 23, Iowa City, IA	1:48:40	8:45
884			Paul Carlson, Clive, IA	1:48:47	8:45
885	68	M50	Steve Ovel, 53, Cedar Rapids, IA	1:48:49	8:45
886	140	M30	Mark Mitchell, 33, Des Moines, IA	1:48:50	8:45
887	69	M50	Steve Pecenka, 51, Ames, IA	1:48:51	8:45
264	54	W30	Lisa Maharry, 34*, Des Moines, IA	1:48:52	8:46
265	55	W30	Leslie Shaeffer, 33*, Des Moines, IA	1:48:53	8:46
266	38	W25	Jennifer Perkins, 28*, West Des Moines, IA	1:48:56	8:46
267	39	W25	Heather Miller, 25*, Urbandale, IA	1:48:56	8:46
888	139	M40	Gary Scholl, 41, Des Moines, IA	1:48:59	8:46
889	20	JrM	Jeremiah Vincent, 16, Des Moines, IA	1:48:59	8:46
890	140	M40	Ty Fuerhoff, 40, Urbandale, IA	1:49:00	8:46
891	141	M40	Dennis Judd, 40, Urbandale, IA	1:49:02	8:46
892	141	M30	Mike Swesey, 32, Des Moines, IA	1:49:03	8:46
893	142	M40	Pat Steiner, 40, Ankeny, IA	1:49:04	8:46
268	56	W30	Denise Fowler, 33*, Des Moines, IA	1:49:05	8:47
269	40	W25	Dana Conner, 28*, Des Moines, IA	1:49:06	8:47
894	114	M45	Gerald Hill, 48, Mitchellville, IA	1:49:06	8:47
895	160	M35	Joe McMullen, 36, Ankeny, IA	1:49:07	8:47
896	161	M35	Brian Benjamin, 36, Yale, IA	1:49:08	8:47
897	25	M55	Leon Fox, 59, Perry, IA	1:49:08	8:47
270	41	W25	Beth Taylor, 27*, West Des Moines, IA	1:49:08	8:47
898	46	M17	Brandon Carr, 19, Des Moines, IA	1:49:10	8:47
899	70	M50	Greg Taylor, 51, Cedar Rapids, IA	1:49:12	8:47
271	42	W25	Stacie Struck, 29*, West Des Moines, IA	1:49:13	8:47
900	109	M25	Eric Taylor, 25, Creston, IA	1:49:14	8:47
901	47	M17	Aaron Verheul, 19, Adel, IA	1:49:15	8:47
902	71	M50	Milton Aunan, 52, Fort Smith, AR	1:49:18	8:48
903	162	M35	John Schley, 35, Des Moines, IA	1:49:19	8:48
904	110	M25	Greg Cowan, 29, West Des Moines, IA	1:49:21	8:48
905	115	M45	Mark Smith, 45, Carlisle, IA	1:49:24	8:48
272	12	W17	Beth Fischer, 19*, Wall Lake, IA	1:49:25	8:48
906	163	M35	Daniel Field, 36, Urbandale, IA	1:49:25	8:48
273	43	W20	Jana Severson, 23*, West Des Moines, IA	1:49:25	8:48
274	18	W45	Polly Glascock, 46*, Indianola, IA	1:49:25	8:48
907	164	M35	David Crowe, 37, Des Moines, IA	1:49:28	8:48
908	1	M70	Gene Harding, 70, Des Moines, IA	1:49:30	8:49
275	44	W20	Kathy Davis, 23*, Collins, IA	1:49:30	8:49
909	143	M40	Greg Swanson, 43, Norwalk, IA	1:49:30	8:49
276	57	W35	Nancy Whitcanack, 39*, Colona, IL	1:49:33	8:49
277	13	W17	Elizabeth Burt, 19*, Des Moines, IA	1:49:34	8:49
910	165	M35	Shawn Nelson, 35, Ankeny, IA	1:49:34	8:49
911	116	M45	Fred Van Liew, 48, Des Moines, IA	1:49:34	8:49
912	142	M30	Scott Mills, 30, Des Moines, IA	1:49:35	8:49
913	117	M45	Don Carr, 46, Des Moines, IA	1:49:37	8:49
278	45	W20	Renee McDonald, 24*, Des Moines, IA	1:49:40	8:49
279	57	W30	Janis Logan, 31*, Ankeny, IA	1:49:41	8:50
914	62	M20	Aaron Blass, 22, Ankeny, IA	1:49:46	8:50
915	166	M35	Jim Noonan, 38, Johnston, IA	1:49:46	8:50
280	46	W20	Angel Sheriff, 22*, Ankeny, IA	1:49:48	8:50
916	167	M35	Dave Klostermann, 36, Lisbon, IA	1:49:48	8:50
917	143	M30	Brad McAvoy, 32, West Des Moines, IA	1:49:50	8:50
918	111	M25	Kent Hinnen, 27, Ankeny, IA	1:49:50	8:50
919	144	M40	Andres Jordan, 40, West Des Moines, IA	1:49:50	8:50
920	63	M20	Ryan Leatherman, 20, Des Moines, IA	1:49:51	8:50
281	43	W25	Erin Olson-Douglas, 27*, Des Moines, IA	1:49:53	8:50
921	145	M40	David Wolter, 44, Milwaukee, WI	1:49:53	8:50
922	146	M40	Bill Browne, 42, Johnston, IA	1:49:54	8:51
923	72	M50	Stuart Lehr, 52, West Des Moines, IA	1:49:55	8:51
924	64	M20	Joseph Spradling, 24, Chicago, IL	1:49:56	8:51
282	47	W20	Elaine McDonald, 21*, Des Moines, IA	1:49:59	8:51
925	144	M30	Brad Marner, 30, Des Moines, IA	1:50:00	8:51

283	19	W45	Clara Decoster, 48*, East Moline, IL	1:50:01	8:51
284	44	W25	Sarah Rader, 26*, Clive, IA	1:50:01	8:51
285	14	W17	Heidi Snook, 19*, Chariton, IA	1:50:01	8:51
926	145	M30	Chris Pedersen, 31, West Des Moines, IA	1:50:03	8:51
927	73	M50	Bill Seglar, 51, Clive, IA	1:50:04	8:51
928	74	M50	Ronald Mowers, 52, Ames, IA	1:50:05	8:51
929	168	M35	Ron Monahn, 35, Clive, IA	1:50:05	8:51
286	58	W30	Lori Buseman, 34*, Madrid, IA	1:50:05	8:51
930	21	JrM	Adam Quimby, 16, Windsor Heights, IA	1:50:06	8:51
287	48	W20	Michele Aust, 23*, Omaha, NE	1:50:08	8:52
931	22	JrM	Sam Wolfe, 16, Urbandale, IA	1:50:08	8:52
932	146	M30	Tim Rietz, 32, Des Moines, IA	1:50:10	8:52
288	49	W20	Nicole Stone, 24*, Chicago, IL	1:50:10	8:52
933	147	M40	Douglas Kumm, 43, Urbandale, IA	1:50:11	8:52
289	20	W45	Mary Timm, 48*, Altoona, IA	1:50:13	8:52
290	39	W40	Colleen Dooley, 44*, Des Moines, IA	1:50:16	8:52
934	75	M50	Tom Anderson, 51, Johnston, IA	1:50:18	8:52
935	169	M35	Scott Wagner, 35, Prescott, WI	1:50:18	8:52
936	76	M50	Dick Hogan, 54, Des Moines, IA	1:50:19	8:53
937	147	M30	Jon Dreibelbis, 31, Des Moines, IA	1:50:19	8:53
938	148	M30	Ryan Manuszak, 30, Des Moines, IA	1:50:19	8:53
939	148	M40	Chuck Bishop, 43, Urbandale, IA	1:50:20	8:53
940	112	M25	Matt Arends, 29, Hampton, IA	1:50:21	8:53
941	65	M20	George Karr, 24, Cedar Falls, IA	1:50:23	8:53
291	45	W25	Amy Grevengoed, 29*, West Des Moines, IA	1:50:25	8:53
942	77	M50	Roy Gaddis, 52, Solon, IA	1:50:26	8:53
292	40	W40	Janet Malmberg, 41*, Des Moines, IA	1:50:26	8:53
943	149	M30	Matthew Hemry, 31, Urbandale, IA	1:50:26	8:53
293	46	W25	Cristal Kline, 25*, West Des Moines, IA	1:50:27	8:53
944	113	M25	Max Rankenberg, 27, Monroe, WI	1:50:29	8:53
294	59	W30	Jessica Toft, 33*, Minneapolis, MN	1:50:30	8:53
295	41	W40	Deb Kelly, 42*, Newton, IA	1:50:30	8:53
296	42	W40	Rhonda Thomasson, 42*, Newton, IA	1:50:31	8:54
945	118	M45	Tom Maher, 48, Des Moines, IA	1:50:33	8:54
946	114	M25	John Elliott, 25, Milwaukee, WI	1:50:33	8:54
947	119	M45	Brent Cooper, 46, Urbandale, IA	1:50:34	8:54
948	149	M40	Brian Westfall, 44, Fort Dodge, IA	1:50:35	8:54
949	120	M45	Mike Clayton, 45, Ames, IA	1:50:36	8:54
297	47	W25	Amber Stapleton, 25*, Desmoines, IA	1:50:40	8:54
298	5	W50	Mary Campbell, 53*, Cedar Rapids, IA	1:50:41	8:54
299	48	W25	Bridget Hrabe, 27*, Saint Paul, MN	1:50:41	8:54
950	170	M35	Thomas Budd, 36, Ames, IA	1:50:42	8:54
951	171	M35	John Fisher, 36, Oskaloosa, IA	1:50:42	8:54
952	121	M45	Steve Spangler, 46, Clive, IA	1:50:43	8:54
300	60	W30	Heidi Carsello, 30*, St. Paul, MN	1:50:43	8:54
301	49	W25	Danielle McGuire, 26*, Des Moines, IA	1:50:45	8:55
953	172	M35	Brad Lair, 37, Johnston, IA	1:50:46	8:55
954	115	M25	Jason Lauterbach, 25, Newton, IA	1:50:48	8:55
955	66	M20	Michael Lauterbach, 20, Newton, IA	1:50:49	8:55
956	150	M40	Jeff Thompson, 40, Des Moines, IA	1:50:50	8:55
957	116	M25	Patrick Vilmont, 27, Des Moines, IA	1:50:50	8:55
302	58	W35	Loree Horn, 36*, West Des Moines, IA	1:50:50	8:55
303	59	W35	Deborah Pape, 37*, Des Moines, IA	1:50:51	8:55
958	78	M50	Lane Palmer, 53, Des Moines, IA	1:50:51	8:55
959	48	M17	Cory Berkenes, 19, Altoona, IA	1:50:52	8:55
960	8	M60	Ronald Rush, 61, Bloomington, MN	1:50:53	8:55
961	67	M20	Chuck Larson, 20, Ankeny, IA	1:50:53	8:55
962	122	M45	Ron Smith, 49, Indianola, IA	1:50:54	8:55
304	50	W25	Kristie Kelly, 26*, Urbandale, IA	1:50:56	8:55
963	151	M40	J P Greer, 44, Spencer, IA	1:50:56	8:56
305	51	W25	Lana Broermann, 25*, Omaha, NE	1:50:57	8:56
964	150	M30	Matt Davison, 32, Des Moines, IA	1:50:58	8:56
306	60	W35	Amy Harris, 36*, Des Moines, IA	1:50:58	8:56
965	152	M40	Stephen Sells, 41, Altoona, IA	1:51:00	8:56
966	26	M55	Roy Shanks, 57, Bondurant, IA	1:51:00	8:56

967	173	M35	James Bice, 37, Des Moines, IA	1:51:02	8:56
968	174	M35	Mike Heater, 39, Cedar Rapids, IA	1:51:05	8:56
969	153	M40	Jim Pedersen, 43, Humboldt, IA	1:51:07	8:56
307	61	W30	Elizabeth Kilgore, 31*, Iowa City, IA	1:51:08	8:56
308	52	W25	Amy Faulkner, 29*, Kansas City, MO	1:51:08	8:57
309	62	W30	Lisa Roe, 31*, Waverly, IA	1:51:09	8:57
970	154	M40	Timothy Carlson, 42, Waverly, IA	1:51:09	8:57
971	151	M30	Scott Knaack, 30, Correctionville, IA	1:51:11	8:57
972	4	M65	Jerry Triplett, 67, Winterset, IA	1:51:12	8:57
973	155	M40	Joe Melicher, 42, Saylorville, IA	1:51:13	8:57
310	21	W45	Victoria Greening, 45*, Urbandale, IA	1:51:15	8:57
311	22	W45	Heather Wheeler, 46*, Des Moines, IA	1:51:17	8:57
974	123	M45	David Vansickel, 47, West Des Moines, IA	1:51:17	8:57
975	175	M35	Todd Gray, 37, Clive, IA	1:51:18	8:57
312	43	W40	Christina Hunnicutt, 44*, Lincoln, NE	1:51:18	8:57
313	61	W35	Cheryl Mendenhall, 39*, Des Moines, IA	1:51:19	8:57
976	79	M50	Jim McAndrew, 52, Johnston, IA	1:51:20	8:57
314	63	W30	Christina Duea, 34*, Clive, IA	1:51:21	8:58
977	176	M35	Del Metz, 36, Newton, IA	1:51:21	8:58
978	177	M35	Fabio Rozo, 36, Harlan, IA	1:51:23	8:58
315	62	W35	Karen Floss, 36*, Clive, IA	1:51:23	8:58
979	152	M30	Todd Eschweiler, 30, Ankeny, IA	1:51:25	8:58
316	6	W50	Patricia Schulte, 52*, Granger, Ia	1:51:26	8:58
980	178	M35	Rob Baldus, 36, Indianola, IA	1:51:26	8:58
317	50	W20	Kristin Cavanagh, 20*, Des Moines, IA	1:51:27	8:58
981	80	M50	Lawain Judisch, 51, Tripoli Ia	1:51:27	8:58
318	51	W20	Kristen Kubik, 21*, Ames, IA	1:51:27	8:58
982	81	M50	Mark Iwig, 50, Johnston, IA	1:51:27	8:58
319	52	W20	Mandy Swaim, 23*, Bloomfield, IA	1:51:27	8:58
983	156	M40	Tim Hatling, 44, Des Moines, IA	1:51:27	8:58
984	117	M25	Matthew Hayes, 25, Des Moines, IA	1:51:28	8:58
985	68	M20	Andrew Porter, 23, Des Moines, IA	1:51:28	8:58
986	27	M55	Michael Carr, 57, Cedar Rapids, IA	1:51:30	8:58
320	53	W25	Carol Kelderman, 27*, Oskaloosa, IA	1:51:30	8:58
987	124	M45	Denis Schmitt, 46, West Des Moines, IA	1:51:31	8:58
988	125	M45	Harold Cobb, 47, Chariton, IA	1:51:32	8:58
321	23	W45	Susan Duoblys, 46*, Des Moines, IA	1:51:36	8:59
322	64	W30	Vicki Swanson, 31*, Pella, IA	1:51:37	8:59
989	179	M35	Randy Barrick, 37, Altoona, IA	1:51:38	8:59
323	65	W30	Karla Koenig, 33*, Iowa City, IA	1:51:40	8:59
990	180	M35	Jerry Brandau, 35, Ames, IA	1:51:43	8:59
991	157	M40	Larry Goode, 44, Norwalk, IA	1:51:45	8:59

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325	44	W40	Valerie Wilson, 40*, Kellogg, IA	1:51:49	9:00
326	66	W30	Sharon Keenan, 31*, Grimes, IA	1:51:51	9:00
992	9	M60	Donald Caslavka, 64, West Des Moines, IA	1:51:52	9:00
993	181	M35	James Ramsey, 38, Des Moines, IA	1:51:52	9:00
327	53	W20	Jenessa McGuire, 21*, Ames, IA	1:51:53	9:00
994	153	M30	Jeff Rochholz, 31, Waukee, IA	1:51:55	9:00
995	154	M30	Randy Tobey, 33, Des Moines, IA	1:51:55	9:00
996	155	M30	Tim Bianco, 34, West Des Moines, IA	1:51:56	9:00
997	69	M20	Adam Nieting, 21, Johnston, IA	1:51:59	9:01
328	67	W30	Anupama Subbu, 32*, Eagan, MN	1:52:00	9:01
329	54	W25	Amy Wallman, 27*, Des Moines, IA	1:52:01	9:01
998	158	M40	Jon Werger, 40, West Des Moines, IA	1:52:02	9:01
999	28	M55	Dean Lauterbach, 57, Newton, IA	1:52:02	9:01
330	63	W35	Dawn Wellman, 37*, Johnston, IA	1:52:02	9:01
331	68	W30	Carolyn Kirchhoff, 32*, West Des Moines, IA	1:52:03	9:01
1000	182	M35	Darren Heater, 35, Indianola, IA	1:52:03	9:01
332	55	W25	Danaca Schneider, 26*, Newton, IA	1:52:03	9:01
333	54	W20	Andrea Rasmusson, 21*, Nevada, IA	1:52:04	9:01

1001	183	M35	Mark Overton, 36, Des Moines, IA	1:52:04	9:01
1002	29	M55	Robert Ridenour, 56, West Des Moines, IA	1:52:05	9:01
1003	118	M25	Joshua Krischan, 27, Norwalk, IA	1:52:05	9:01
1004	126	M45	Peter Scanlon, 46, Clive, IA	1:52:07	9:01
1005	159	M40	Doug Mackey, 42, Huxley, IA	1:52:07	9:01
1006	184	M35	Mark Nordby, 36, Ankeny, IA	1:52:07	9:01
1007	160	M40	Pete Seyfer, 43, Cedar Rapids, IA	1:52:13	9:02
1008	127	M45	Keith Rizner, 45, Waterloo, IA	1:52:15	9:02
	334	69	W30 Diana Doherty, 33*, Des Moines, IA	1:52:15	9:02
1009	185	M35	Ron Shortenhaus, 36, West Des Moines, IA	1:52:17	9:02
1010	186	M35	Michael Carroll, 36, Des Moines, IA	1:52:18	9:02
	335	25	W45 Becky Rozenboom, 49*, Oskaloosa, IA	1:52:18	9:02
1011	10	M60	Patrick Casady, 60, Hampton, IA	1:52:19	9:02
	336	55	W20 Sara Koehler, 20*, Waverly, IA	1:52:24	9:03
1012	128	M45	Jim Martin, 48, West Des Moines, IA	1:52:24	9:03
	337	56	W20 Rebecca Threlkeld, 21*, Urbandale, IA	1:52:24	9:03
1013	119	M25	Jeff Pate, 28, Des Moines, IA	1:52:25	9:03
1014	161	M40	Mike Schechinger, 41, Grimes, IA	1:52:26	9:03
	338	26	W45 Rebecca Dickinson, 49*, Cedar Rapids, IA	1:52:26	9:03
	339	70	W30 Shelly Whitehill, 30*, Cedar Rapids, IA	1:52:26	9:03
	340	15	W17 Kristy Glenn, 17*, Elkader, IA	1:52:27	9:03
1015	187	M35	Kent Weeden, 39, Des Moines, IA	1:52:27	9:03
	341	71	W30 Heather Worthington, 33*, Des Moines, IA	1:52:27	9:03
1016	82	M50	Larry Jenkins, 51, Ames, IA	1:52:28	9:03
	342	64	W35 Elie Ford, 39*, University Park, IA	1:52:31	9:03
1017	162	M40	John Raibikis, 43, Des Moines, IA	1:52:32	9:03
1018	156	M30	Damon Deaton, 33, Cedar Rapids, IA	1:52:35	9:03
	343	56	W25 Anna Evans, 27*, Des Moines, IA	1:52:35	9:04
1019	188	M35	Stephen Linsley, 35, Des Moines, IA	1:52:37	9:04
	344	72	W30 Brooke Lovelace, 30*, Des Moines, IA	1:52:39	9:04
	345	65	W35 Kara Urlis, 37*, Norwalk, IA	1:52:40	9:04
	346	66	W35 Ann Marvelli, 37*, Norwalk, IA	1:52:41	9:04
1020	129	M45	Steve Hendren, 45, Indianola, IA	1:52:41	9:04
1021	189	M35	Michael Leiwica, 37, Des Moines, IA	1:52:42	9:04
	347	67	W35 Christina Krieger, 38*, Altoona, IA	1:52:44	9:04
1022	190	M35	Jeffrey Schaub, 36, West Des Moines, IA	1:52:45	9:04
1023	163	M40	Joseph Henry, 44, Des Moines, IA	1:52:47	9:04
1024	191	M35	Tim Guessford, 35, West Des Moines, IA	1:52:48	9:05
	348	57	W25 Jennifer DeVore, 28*, West Des Moines, IA	1:52:51	9:05
	349	73	W30 Robbi Long, 30*, Omaha, NE	1:52:53	9:05
1025	157	M30	Gregory Saunders, 34, Council Bluffs, IA	1:52:54	9:05
	350	68	W35 Shari Osier, 35*, Bondurant, IA	1:52:58	9:05
1026	120	M25	Timothy Bartleman, 28, Des Moines, IA	1:52:58	9:05
	351	16	W17 Myra Mauris, 17*, Des Moines, IA	1:52:59	9:05
	352	74	W30 Jeanne Hillsman, 34*, West Des Moines, IA	1:53:02	9:06
1027	192	M35	Karl Kruse, 36, Johnston, IA	1:53:02	9:06
1028	121	M25	Bill Finnegan, 28, Des Moines, IA	1:53:03	9:06
1029	122	M25	Kirk Knudsen, 28, Osage, IA	1:53:04	9:06
1030	23	JrM	Scott Walter, 15, Johnston, IA	1:53:05	9:06
1031	123	M25	Scott Brandon, 26, Osage, IA	1:53:05	9:06
1032	24	JrM	Alexander Hammer, 13, Urbandale, IA	1:53:07	9:06
1033	158	M30	Brian Whalen, 33, Des Moines, IA	1:53:09	9:06
	353	69	W35 Lisa Gran-Hartshorn, 35*, West Des Moines, IA	1:53:09	9:06
1034	159	M30	Kurt Smith, 33, Des Moines, IA	1:53:10	9:06
1035	130	M45	Mark Dingman, 46, Norwalk, IA	1:53:11	9:06
	354	17	W17 Lisa Rasmusson, 18*, Nevada, IA	1:53:13	9:07
	355	70	W35 Rachele Kugel, 35*, Altoona, IA	1:53:14	9:07
1036	83	M50	John Kirk, 51, Millersville, MD	1:53:16	9:07
	356	7	W50 Catherine Smith, 52*, West Des Moines, IA	1:53:18	9:07
1037	70	M20	Nicholas Ford, 20, Creston, IA	1:53:20	9:07
1038	193	M35	Bill Huntington, 36, Creston, IA	1:53:22	9:07
1039	131	M45	David Porepp, 45, Adel, IA	1:53:24	9:07
	357	71	W35 Nancy Brown, 37*, West Des Moines, IA	1:53:24	9:07
1040	164	M40	Brent Wilson, 40, Johnston, IA	1:53:25	9:08

358	72	W35	Michele Sundholm, 35*, Norwalk, IA	1:53:25	9:08
359	75	W30	Emily Fischer, 32*, Johnston, IA	1:53:26	9:08
360	5	JrW	Holly Tredway, 16*, Des Moines, IA	1:53:27	9:08
1041	165	M40	Mark Koskamp, 42, Des Moines, IA	1:53:27	9:08
1042	132	M45	Gary Bremen, 48, Urbandale, IA	1:53:28	9:08
361	73	W35	Natalie Francis, 35*, Ankeny, IA	1:53:29	9:08
1043	194	M35	Mark Paca, 35, Boone, IA	1:53:30	9:08
362	76	W30	Cheryl Wilner, 33*, Des Moines, IA	1:53:31	9:08
1044	133	M45	David Huey, 45, Des Moines, IA	1:53:32	9:08
363	77	W30	Janice Coleman, 33*, Des Moines, IA	1:53:32	9:08
1045	124	M25	Jeremy Kenseth, 28, Gilbert, IA	1:53:34	9:08
364	78	W30	Teresa Suchomel, 31*, Iowa City, IA	1:53:35	9:08
1046	84	M50	Michael Kueffer, 50, Wailea, HI	1:53:35	9:08
365	27	W45	Patricia Singer, 47*, Indianola, IA	1:53:37	9:08
1047	134	M45	Dennis Rustad, 45, Des Moines, IA	1:53:39	9:09
1048	160	M30	Troy Zimmerman, 34, West Des Moines, IA	1:53:39	9:09
1049	25	JrM	Alex Saunders, 13, West Des Moines, IA	1:53:42	9:09
1050	195	M35	Jeff Damman, 39, Ankeny, IA	1:53:43	9:09
1051	166	M40	Ray Thompson, 43, Bettendorf, IA	1:53:44	9:09
366	58	W25	Heather Jergens, 25*, Clive, IA	1:53:44	9:09
367	59	W25	Colette Winget, 26*, Des Moines, IA	1:53:45	9:09
368	45	W40	Elena Segura, 42*, Lakewood, CO	1:53:45	9:09
1052	196	M35	Phil Shipley, 39, Des Moines, IA	1:53:48	9:09
1053	161	M30	Derek Van Gundy, 31, Des Moines, IA	1:53:48	9:09
1054	197	M35	Scott Bandstra, 39, Des Moines, IA	1:53:48	9:09
1055	198	M35	Thomas Dodds, 35, Ankeny, IA	1:53:50	9:09
1056	167	M40	Scott Schoneberg, 44, Des Moines, IA	1:53:53	9:10
1057	162	M30	Geoff Graham, 33, Waukee, IA	1:53:55	9:10
369	60	W25	Tina Kenney, 25*, Perry, IA	1:53:56	9:10
370	57	W20	Sarah Kautzky, 21*, Bouton, IA	1:53:56	9:10
371	61	W25	Shelley Sessler, 26*, Urbandale, IA	1:53:57	9:10
1058	71	M20	Steve McDowell, 23, Iowa City, IA	1:53:58	9:10
372	74	W35	Sheila Keay, 35*, West Des Moines, IA	1:54:00	9:10
1059	168	M40	Kevin Morris, 43, Des Moines, IA	1:54:00	9:10
1060	135	M45	Roy Strasburg, 48, Ames, IA	1:54:01	9:10
373	62	W25	Lisa Vardaman, 26*, Des Moines, IA	1:54:01	9:10
374	79	W30	Jennifer Doak-Webster, 30*, Savage, MN	1:54:02	9:10
1061	199	M35	Terry Berger, 35, West Des Moines, IA	1:54:03	9:11
375	63	W25	Pati Simons, 29*, Des Moines, IA	1:54:06	9:11
1062	125	M25	Kirk Wepler, 28, Pella, IA	1:54:06	9:11
376	2	W55	Janet Ross, 58*, Plantation, FL	1:54:06	9:11
1063	49	M17	William Henninger, 19, Newton, IA	1:54:07	9:11
1064	50	M17	Matt Gibson, 18, Newton, IA	1:54:08	9:11
377	28	W45	Cindy Eubank, 46*, Cedar Falls, IA	1:54:08	9:11
378	46	W40	Carla Steele, 43*, Des Moines, IA	1:54:09	9:11
379	75	W35	Michele Schroeder, 35*, Ankeny, IA	1:54:12	9:11
380	58	W20	Christina German, 20*, Dallas Center, IA	1:54:13	9:11
1065	163	M30	Daniel Anderegg, 31, Hiawatha, IA	1:54:14	9:11
1066	51	M17	Karl Goodman, 18, Colfax, IA	1:54:14	9:11
381	47	W40	Denise Owens, 40*, Tipton, Iowa	1:54:15	9:11
1067	169	M40	David Peters, 41, Newton, IA	1:54:18	9:12
382	48	W40	Brenda Beumer, 40*, Urbandale, IA	1:54:19	9:12
1068	136	M45	Steve Kenkel, 45, Toledo, IA	1:54:19	9:12
1069	170	M40	Mike Beumer, 40, Urbandale, IA	1:54:20	9:12
383	76	W35	Lisa Emge, 39*, Omaha, NE	1:54:20	9:12
384	77	W35	Laurie Linhart, 37*, Urbandale, IA	1:54:21	9:12
1070	30	M55	Bill O'Riley, 58, West Des Moines, IA	1:54:22	9:12
1071	31	M55	Marvin Jepsen, 58, West Des Moines, IA	1:54:22	9:12
1072	126	M25	John Schultz, 28, Roeland Park, KS	1:54:23	9:12
1073	127	M25	Jason Wiedman, 25, Ankeny, IA	1:54:25	9:12
1074	164	M30	Ronnie Wiedman, 30, Ankeny, IA	1:54:26	9:12
385	49	W40	Cindy Heisdorffer, 43*, Davenport, IA	1:54:26	9:12
1075	137	M45	Ted Murray, 46, Waterloo, IA	1:54:26	9:12
1076	165	M30	Chris Suchomel, 31, Iowa City, IA	1:54:30	9:13
386	64	W25	Maria Mattiace, 25*, Des Moines, IA	1:54:31	9:13

1077	171	M40	Alliston Ryan, 43, Norwalk, IA	1:54:33	9:13
387	78	W35	Susan Eggert, 36*, Pella, IA	1:54:33	9:13
388	65	W25	Jennifer Cronin, 26*, Des Moines, IA	1:54:33	9:13
389	50	W40	Mary Emge, 42*, West Des Moines, IA	1:54:34	9:13
390	80	W30	Michelle Yonker, 34*, Des Moines, IA	1:54:37	9:13
391	59	W20	Amy Devocht, 24*, Coralville, IA	1:54:38	9:13
392	79	W35	Jeannette Trompeter, 35*, Des Moines, IA	1:54:38	9:13
393	29	W45	Trudy White, 45*, Iowa City, IA	1:54:45	9:14
394	18	W17	Tara McGowan, 18*, Urbandale, IA	1:54:48	9:14
1078	72	M20	Ryan McGowan, 21, Urbandale, IA	1:54:48	9:14
395	80	W35	Jessica Fournier, 39*, Des Moines, IA	1:54:49	9:14
1079	172	M40	Gregory Dockum, 41, Des Moines, IA	1:54:53	9:15
1080	166	M30	Joe Heitzman, 33, West Des Moines, IA	1:54:53	9:15
1081	167	M30	Lance Bailey, 30, Woodward, IA	1:54:55	9:15
1082	85	M50	Ron Heinen, 50, Ames, IA	1:54:55	9:15
1083	138	M45	Pete Solan, 49, Polk City, IA	1:54:57	9:15
1084	173	M40	Dan Kent, 41, Des Moines, IA	1:54:57	9:15
396	81	W35	Kristi Allison, 35*, West Des Moines, IA	1:54:59	9:15
1085	32	M55	Ken Reimer, 59, Elkader, IA	1:55:01	9:15
397	81	W30	Rita Taylor, 34*, Cedar Rapids, IA	1:55:01	9:15
1086	11	M60	Richard Nehring, 61, Alden, IA	1:55:01	9:15
398	82	W30	Renee Lyons, 30*, Cedar Rapids, IA	1:55:02	9:15
1087	139	M45	David Gaulke, 49, Indianola, IA	1:55:02	9:15
399	19	W17	Melanie Iler, 19*, Lake City, IA	1:55:04	9:15
400	83	W30	Cindy Elsbernd, 30*, Des Moines, IA	1:55:05	9:16
1088	174	M40	Patrick Woelfel, 40, Johnston, IA	1:55:05	9:16
401	30	W45	Diane Weehler, 46*, Des Moines, IA	1:55:07	9:16
402	31	W45	Debbie Weehler, 46*, Des Moines, IA	1:55:10	9:16
403	82	W35	Nancy Gifford, 35*, Ankeny, IA	1:55:11	9:16
404	51	W40	Eva Lynn Woelfel, 40*, Johnston, IA	1:55:12	9:16
1089	128	M25	Tyson Seehase, 26, Urbandale, IA	1:55:14	9:16
405	60	W20	Hollie Dahms, 22*, Donnellson, IA	1:55:15	9:16
406	66	W25	Kelly Myers, 27*, West Des Moines, IA	1:55:17	9:16
407	20	W17	Abby Thieman, 19*, West Des Moines, IA	1:55:18	9:17
1090	168	M30	Darin Garman, 34, Marion, IA	1:55:18	9:17
1091	200	M35	Dennis Donnelly, 39, Des Moines, IA	1:55:18	9:17
1092	175	M40	Tom Donnelly, 41, Des Moines, IA	1:55:19	9:17
1093	169	M30	Travis Nowak, 33, Altoona, IA	1:55:20	9:17
1094	170	M30	Kevin Fynaardt, 32, Des Moines, IA	1:55:20	9:17
1095	176	M40	Scott Gettings, 40, Ottumwa, IA	1:55:21	9:17
1096	52	M17	Michael Pertz, 18, Johnston, IA	1:55:22	9:17
1097	201	M35	Scott Nelson, 36, Runnells, IA	1:55:23	9:17
1098	171	M30	Brad Essman, 32, Des Moines, IA	1:55:24	9:17
408	67	W25	Amy Deardorff, 25*, Eagan, MN	1:55:26	9:17
409	83	W35	Karen Alessio, 36*, Polk City, IA	1:55:26	9:17
410	61	W20	Michelle Maxwell, 20*, Ames, IA	1:55:28	9:17
411	8	W50	Marianne Schroeder, 54*, Bettendorf, IA	1:55:28	9:17
412	62	W20	Lisa Smart, 20*, St. Peter, MN	1:55:29	9:17
1099	202	M35	Bill Hudson, 36, Ankeny, IA	1:55:32	9:18
1100	129	M25	Tony George, 28, Ankeny, IA	1:55:33	9:18
1101	130	M25	Eric Kluver, 28, Fairfield, IA	1:55:33	9:18
413	68	W25	Daonnise Waters, 26*, Des Moines, IA	1:55:34	9:18
414	69	W25	Shelley Bricker, 26*, Des Moines, IA	1:55:35	9:18
1102	203	M35	Rick Fondell, 39, Urbandale, IA	1:55:35	9:18
1103	86	M50	Joseph Romeo, 54, Des Moines, IA	1:55:41	9:18
1104	172	M30	Brian Arpy, 30, Altoona, IA	1:55:41	9:18
415	84	W30	Maria Davis, 32*, West Des Moines, IA	1:55:43	9:19
416	85	W30	Molly Anderson, 33*, Des Moines, IA	1:55:43	9:19
1105	131	M25	Jeremy Schlee, 26, Ankeny, IA	1:55:43	9:19
1106	12	M60	Arlo Van Diest, 60, Webster City, IA	1:55:44	9:19
417	63	W20	Annette Carver, 23*, Maxwell, IA	1:55:44	9:19
418	64	W20	Allison Grotjan, 23*, Ankeny, IA	1:55:45	9:19
419	86	W30	Anne Hampton, 31*, Norwalk, IA	1:55:46	9:19
420	87	W30	Regina Vespa, 30*, Clive, IA	1:55:47	9:19
1107	173	M30	Chris Mur, 30, Des Moines, IA	1:55:49	9:19

1108	174	M30	James Lowery, 34, Des Moines, IA	1:55:49	9:19
421	65	W20	Cheri Watson, 23*, Ankeny, IA	1:55:51	9:19
1109	177	M40	Graeme Armstrong, 42, West Des Moines, IA	1:55:51	9:19
1110	175	M30	Jake Christensen, 30, Des Moines, IA	1:55:52	9:19
1111	178	M40	John Grimes, 40, Johnston, IA	1:55:53	9:19
1112	179	M40	Kerry Anderson, 40, Clive, IA	1:55:53	9:19
422	66	W20	Fran Reis, 21*, Cedar Falls, IA	1:55:53	9:19
423	67	W20	Kate Reis, 23*, Des Moines, IA	1:55:54	9:19
1113	13	M60	Richard Doak, 60, Johnston, IA	1:55:55	9:20
1114	204	M35	James McCallum, 38, Des Moines, IA	1:55:55	9:20
1115	180	M40	Matthew Hart, 41, Ankeny, IA	1:56:00	9:20
424	32	W45	Mary Gross, 48*, Des Moines, IA	1:56:00	9:20
1116	73	M20	Ryan McCoy, 20, Des Moines, IA	1:56:02	9:20
425	70	W25	Kristen Severs, 26*, Ames, IA	1:56:03	9:20
426	52	W40	Nancy Robinson, 43*, Urbandale, IA	1:56:04	9:20
1117	87	M50	Richard Sorenson, 50, Ankeny, IA	1:56:06	9:20
1118	88	M50	Thomas Lee, 51, Arlington Heights, IL	1:56:08	9:21
1119	176	M30	Patrick Sealey, 31, Sioux City, IA	1:56:09	9:21
1120	177	M30	Randy Moore, 31, Papillion, NE	1:56:10	9:21
1121	132	M25	Nathan Fulk, 27, Ankeny, IA	1:56:10	9:21
1122	205	M35	Mark Logsdon, 36, Urbandale, IA	1:56:11	9:21
427	84	W35	Eileen Hatfield, 35*, Edmond, OK	1:56:12	9:21
1123	89	M50	Tom Clyne, 50, Clive, IA	1:56:12	9:21
1124	140	M45	Bill Burke, 45, Nevada, IA	1:56:15	9:21
1125	141	M45	David Weber, 46, Ames, IA	1:56:15	9:21
1126	26	JrM	James Ankrum, 16, Eldora, IA	1:56:16	9:21
428	71	W25	Maria Axtman, 27*, Des Moines, IA	1:56:17	9:21
1127	142	M45	Louis Ramirez, 49, Des Moines, IA	1:56:19	9:22
1128	181	M40	Robert Blayer, 41, Marshalltown, IA	1:56:19	9:22
1129	143	M45	John Kremers, 47, Alexandria, VA	1:56:21	9:22
429	33	W45	Dolly Kremers, 49*, Alexandria, VA	1:56:21	9:22
430	53	W40	Louanne Hall-Brown, 41*, Saylorville, IA	1:56:22	9:22
431	54	W40	Connie Dellaca, 44*, Des Moines, IA	1:56:23	9:22
1130	144	M45	Dave Wacker, 48, Coralville, IA	1:56:25	9:22
432	9	W50	Nancy Swanson, 50*, Des Moines, IA	1:56:30	9:22
1131	145	M45	Robert Jones, 48, Cedar Rapids, IA	1:56:31	9:22
433	72	W25	Lara Andreasen, 27*, Mt Pleasant, IA	1:56:34	9:23
434	88	W30	Jennifer Smith, 32*, Clive, IA	1:56:35	9:23
1132	14	M60	David Twombly, 60, Osceola, IA	1:56:36	9:23
1133	53	M17	Aaron Eggert, 18, Colfax, IA	1:56:38	9:23
435	89	W30	Suzanne Heroz-Lopez, 33*, West Des Moines, IA	1:56:38	9:23
1134	178	M30	Jason Soliday, 33, Des Moines, IA	1:56:39	9:23
436	73	W25	Ann Fadden, 25*, Grimes, IA	1:56:41	9:23
1135	133	M25	Jeff Fadden, 26, Grimes, IA	1:56:42	9:23
437	90	W30	Dana Rupe, 30*, Coralville, IA	1:56:42	9:23
1136	179	M30	Keith Snow, 34, Ankeny, IA	1:56:43	9:23
1137	206	M35	Ron Engelhardt, 36, Ankeny, IA	1:56:43	9:23
1138	74	M20	Manni Balignasay, 21, Ankeny, IA	1:56:44	9:24
1139	207	M35	Steven Fuqua, 37, Des Moines, IA	1:56:46	9:24
1140	134	M25	John Letheby, 29, Highlands Ranch, CO	1:56:49	9:24
1141	135	M25	James Swanson, 29, Omaha, NE	1:56:49	9:24
1142	146	M45	D Fuller, 48, Ankeny, IA	1:56:53	9:24
438	74	W25	Nicole Jacobson, 26*, State Center, IA	1:56:54	9:24
439	10	W50	Elizabeth Sutter, 51*, Des Moines, IA	1:56:56	9:25
1143	90	M50	Bill Townsend, 50, Newton, IA	1:56:57	9:25
1144	147	M45	Glen Oglia, 49, Des Moines, IA	1:56:57	9:25
1145	182	M40	Tim McCarthy, 42, West Des Moines, IA	1:57:03	9:25
1146	91	M50	Ivan Brehmer, 51, Johnston, IA	1:57:05	9:25
1147	148	M45	Greg Kuhl, 47, Gladstone, MO	1:57:06	9:25
440	68	W20	Sarah Iverson, 23*, West Des Moines, IA	1:57:06	9:25
1148	208	M35	Chris Usher, 37, Marion, IA	1:57:09	9:26
441	21	W17	Abby Lohman, 19*, Iowa City, IA	1:57:10	9:26
442	22	W17	Kate Breen, 19*, Des Moines, IA	1:57:10	9:26
1149	136	M25	Keith Lyles, 26, Ankeny, IA	1:57:12	9:26

443	75	W25	Julie Beehler, 27*, Cedar Rapids, IA	1:57:14	9:26
444	91	W30	Natasha Kucherenko, 31*, West Des Moines, IA		
				1:57:16	9:26
1150	75	M20	Dave Stanke, 23, New Brighton, MN	1:57:19	9:26
1151	92	M50	Rick Johnson, 50, West Des Moines, IA	1:57:20	9:26
1152	137	M25	Eric Boehlert, 27, Ankeny, IA	1:57:22	9:27
1153	138	M25	Ted Spellman, 27, Des Moines, IA	1:57:22	9:27
1154	93	M50	Gerald Graves, 51, Van Meter, IA	1:57:22	9:27
445	92	W30	Cindy Monahn, 34*, Clive, IA	1:57:22	9:27
446	93	W30	Lisa Rempe, 33*, Clive, IA	1:57:23	9:27
447	23	W17	Samantha Sparks, 17*, Norwalk, IA	1:57:24	9:27
1155	183	M40	Vic Raibikis, 40, Des Moines, IA	1:57:24	9:27
1156	184	M40	Jesse Gonzalez, 40, Des Moines, IA	1:57:25	9:27
448	69	W20	Holly Stanke, 21*, New Brighton, MN	1:57:25	9:27
449	76	W25	Karen Goldsworth, 29*, Des Moines, IA	1:57:27	9:27
1157	185	M40	Tom Gettings, 44, Ottumwa, IA	1:57:28	9:27
450	11	W50	Connie Robinson, 50*, Bondurant, IA	1:57:34	9:28
451	94	W30	Darcie Pamperin, 32*, Clive, IA	1:57:34	9:28
1158	186	M40	Cal Seda, 41, Urbandale, IA	1:57:35	9:28
452	55	W40	Teri Breck, 40*, Johnston, IA	1:57:36	9:28
453	95	W30	Robin Steinkamp, 34*, Des Moines, IA	1:57:36	9:28
454	96	W30	Christine Moody, 32*, Urbandale, IA	1:57:37	9:28
1159	94	M50	Richard Harper, 54, Sioux City, IA	1:57:37	9:28
1160	180	M30	Corrie Feldotto, 32, Clive, IA	1:57:38	9:28
455	70	W20	Melissa Lehr, 22*, Lincoln, NE	1:57:38	9:28
456	77	W25	Christa Clark, 28*, Urbandale, IA	1:57:39	9:28
1161	149	M45	Rick Ertz, 45, Ames, IA	1:57:41	9:28
457	78	W25	Jayci Ickowitz, 26*, Des Moines, IA	1:57:42	9:28
1162	150	M45	Jim Urban, 49, Coon Rapids, MN	1:57:45	9:28
1163	209	M35	Paul Christiansen, 37, Urbandale, IA	1:57:46	9:28
458	71	W20	Shannon Strickler, 23*, Windsor Heights, IA		
				1:57:47	9:29
459	56	W40	Jan Miller-Hook, 43*, Indianola, IA	1:57:51	9:29
460	79	W25	Becky Dyke, 25*, West Des Moines, IA	1:57:53	9:29
461	85	W35	Lisa Hoffman, 35*, Urbandale, IA	1:57:54	9:29
462	24	W17	Sunny Visser, 17*, Pella, IA	1:57:55	9:29
463	97	W30	Angela Salas, 33*, Waterloo, IA	1:57:55	9:29
1164	95	M50	Randy Scott, 52, Bellevue, NE	1:57:56	9:29
464	80	W25	Megan Green, 25*, Cedar Rapids, IA	1:57:56	9:29
1165	151	M45	Jim Calhoun, 47, Des Moines, IA	1:57:58	9:29
465	98	W30	Kimberly Stewart, 33*, Des Moines, IA	1:57:58	9:29
466	99	W30	Melissa Goulart, 32*, Waterloo, IA	1:57:58	9:30
467	86	W35	Lisa Scheppmann, 36*, West Des Moines, IA	1:57:59	9:30
1166	181	M30	Ole Balling, 30, Ames, IA	1:58:02	9:30
1167	139	M25	Brian Pins, 27, Des Moines, IA	1:58:02	9:30
1168	54	M17	Deke Naaktgeboren, 17, Pella, IA	1:58:03	9:30
1169	152	M45	Patrick Casey, 45, Davenport, IA	1:58:08	9:30
468	81	W25	Tricia Scott, 26*, West Des Moines, IA	1:58:10	9:30
1170	210	M35	Chris Shimon, 39, Marion, IA	1:58:12	9:31
469	100	W30	Elizabeth Johnson, 34*, Des Moines, IA	1:58:13	9:31
470	57	W40	Carole Duffy, 42*, West Des Moines, IA	1:58:13	9:31
471	34	W45	Kate Wacker, 48*, Coralville, IA	1:58:15	9:31
1171	5	M65	Chuck Wolle, 65, Des Moines, IA	1:58:17	9:31
1172	182	M30	Russell Bush, 31, Cedar Rapids, IA	1:58:19	9:31
1173	211	M35	Dale Glenn, 38, Rockwell, IA	1:58:20	9:31
472	72	W20	Jane Zirkelbach, 23*, Johnston, IA	1:58:20	9:31
473	101	W30	Julie Bundy, 32*, Ames, IA	1:58:22	9:31
474	102	W30	Sandra Stone, 34*, Des Moines, IA	1:58:22	9:31
1174	96	M50	Richard Haynes, 53, Cedar Rapids, IA	1:58:23	9:31
475	6	JrW	Cortney Jacobs, 15*, Atlantic, IA	1:58:24	9:32
476	87	W35	Julie Kraft, 36*, Cedar Rapids, IA	1:58:25	9:32
1175	27	JrM	Craig Schwarte, 16, Atlantic, IA	1:58:26	9:32
477	103	W30	Ann Shelton, 33*, Urbandale, IA	1:58:26	9:32
1176	212	M35	Albert Marasco, 35, Johnston, IA	1:58:27	9:32
478	73	W20	Shawna Fitzer, 24*, Mt Pleasant, IA	1:58:28	9:32

479	82	W25	Christiana Taylor, 28*, Urbandale, IA	1:58:28	9:32
1177	33	M55	Tom Leffler, 55, Johnston, IA	1:58:30	9:32
1178	28	JrM	Kirk Schwarte, 15, Atlantic, IA	1:58:32	9:32
1179	187	M40	David Libby, 41, Florissant, MO	1:58:35	9:32
480	104	W30	Melissa Pieper, 30*, Urbandale, IA	1:58:36	9:33
481	74	W20	Brandee Derrick, 21*, Windsor Heights, IA	1:58:37	9:33
482	83	W25	Christy Dickson, 29*, Des Moines, IA	1:58:37	9:33
483	105	W30	Sil Hansell, 30*, Des Moines, IA	1:58:37	9:33
484	106	W30	Maureen Tuffnell, 32*, Des Moines, IA	1:58:38	9:33
485	84	W25	Jennifer Cole, 27*, Des Moines, IA	1:58:43	9:33
1180	140	M25	Ryan Moyer, 26, Omaha, NE	1:58:46	9:33
486	88	W35	Shelley Wise, 37*, Marshalltown, IA	1:58:48	9:34
487	75	W20	Katie Ferreter, 22*, Nevada, IA	1:58:49	9:34
1181	183	M30	Chris Amenell, 30, Des Moines, IA	1:58:51	9:34
488	107	W30	Kelly Sparks, 30*, Waukee, IA	1:58:51	9:34
489	108	W30	Julie Lowery, 32*, West Des Moines, IA	1:58:52	9:34
490	109	W30	Jodie Knight, 32*, West Des Moines, IA	1:58:52	9:34
1182	188	M40	Gary Young, 41, Johnston, IA	1:58:54	9:34
1183	141	M25	Marc Carlson, 29, Woodbury, MN	1:58:54	9:34
1184	213	M35	Curt Carlson, 37, Ames, IA	1:58:55	9:34
491	89	W35	Heather Stilborn, 38*, Des Moines, IA	1:58:56	9:34
492	58	W40	Cathy Zaharis, 40*, Urbandale, IA	1:58:57	9:34
1185	214	M35	Robert Michael, 38, Iowa City, IA	1:58:58	9:34
493	1	W60	Judy Teeple, 60*, Davenport, IA	1:58:59	9:34
1186	184	M30	Curt Stamp, 34, Des Moines, IA	1:59:00	9:34
494	7	JrW	Kasey Wells, 16*, Indianola, IA	1:59:00	9:34
495	25	W17	Karri Wells, 18*, Indianola, IA	1:59:01	9:35
1187	189	M40	Brian Walters, 44, Urbandale, IA	1:59:01	9:35
496	90	W35	Tina Berg, 35*, West Des Moines, IA	1:59:03	9:35
1188	97	M50	Bruce Brothers, 54, Minneapolis, MN	1:59:04	9:35
1189	185	M30	Dan Cooley, 30, Marion, IA	1:59:05	9:35
497	59	W40	Connie Whetstone, 40*, Ankeny, IA	1:59:05	9:35
1190	15	M60	Rollin Perry, 62, Cedar Falls, IA	1:59:06	9:35
498	60	W40	Louisa Perry, 40*, Bondurant, IA	1:59:07	9:35
499	12	W50	Mavis Butler, 52*, Ames, IA	1:59:08	9:35
500	110	W30	Kimberly Kelly, 31*, North Liberty, IA	1:59:09	9:35
501	111	W30	Tami Rubino, 30*, West Des Moines, IA	1:59:10	9:35
1191	215	M35	Jeffrey Murra, 35, Ames, IA	1:59:10	9:35
502	91	W35	Tracy Cheney, 38*, West Des Moines, IA	1:59:11	9:35
503	85	W25	Lynn Stover, 27*, Indianola, IA	1:59:12	9:35
504	76	W20	Amy Lindaman, 22*, Tiffin, IA	1:59:13	9:35
505	92	W35	Erin Phillips, 35*, Pella, IA	1:59:13	9:36
1192	98	M50	Tom Vilsack, 50, Des Moines, IA	1:59:15	9:36
506	86	W25	Barb Strandberg, 27*, Iowa City, IA	1:59:18	9:36
1193	216	M35	David Vawter, 36, Johnston, IA	1:59:22	9:36
1194	153	M45	Marc Hyland, 46, Grimes, IA	1:59:23	9:36
507	26	W17	Mandy Vink, 17*, Pella, IA	1:59:25	9:36
1195	186	M30	Neil Volker, 30, Omaha, NE	1:59:25	9:36
508	93	W35	Janice Doud, 39*, Adel, IA	1:59:25	9:37
509	112	W30	Julie Lafollette, 30*, Des Moines, IA	1:59:26	9:37
510	61	W40	Laura Preussel, 42*, Des Moines, IA	1:59:27	9:37
1196	187	M30	Phil Chia, 30, Des Moines, IA	1:59:29	9:37
511	87	W25	Jennifer Downe, 25*, Des Moines, IA	1:59:29	9:37
1197	190	M40	David Pierce, 43, Grimes, IA	1:59:30	9:37
1198	34	M55	Larry Detwiler, 57, Des Moines, IA	1:59:31	9:37
1199	154	M45	Conroy Smith, 46, Des Moines, IA	1:59:33	9:37
1200	99	M50	Ken Heilskov, 54, Ankeny, IA	1:59:33	9:37
1201	55	M17	Doug Van Woert, 18, Urbandale, IA	1:59:33	9:37
512	88	W25	Emily Neuwohner, 27*, Merriam, KS	1:59:38	9:38
513	94	W35	Kathleen Lane, 39*, Des Moines, IA	1:59:39	9:38
514	113	W30	Linda Hanlin, 33*, Hampton, IL	1:59:39	9:38
1202	56	M17	Jacob McCoy, 19, Des Moines, IA	1:59:41	9:38
515	95	W35	Gina Isebrands, 38*, Ames, IA	1:59:43	9:38
1203	155	M45	Gary Lewis, 48, West Des Moines, IA	1:59:43	9:38
516	114	W30	Janet Bullers, 34*, Iowa City, IA	1:59:45	9:38

1204	156	M45 Dale Tigges, 48, Sioux City, IA	1:59:45	9:38
1205	35	M55 Michael Kent, 56, Des Moines, IA	1:59:46	9:38
517	27	W17 Heather Lowman, 18*, Ames, IA	1:59:47	9:38
1206	157	M45 Scott Dennis, 48, Urbandale, IA	1:59:47	9:38
1207	188	M30 Jack Cooper, 31, Des Moines, IA	1:59:50	9:39
518	28	W17 Laura Obrycki, 18*, Ames, IA	1:59:52	9:39
519	29	W17 Jessica Bents, 19*, Ames, IA	1:59:52	9:39
520	30	W17 Emily Smith, 18*, Ames, IA	1:59:53	9:39
521	89	W25 Sarah Nichols, 26*, West Des Moines, IA	1:59:55	9:39
1208	76	M20 Aaron Stark, 23, Windsor Heights, IA	1:59:57	9:39
1209	189	M30 Sean Conboy, 33, Des Moines, IA	1:59:58	9:39
1210	158	M45 Tim Sullivan, 46, Harlan, IA	1:59:58	9:39
1211	36	M55 Ali Moradi, 59, Douds, IA	1:59:59	9:39
1212	191	M40 Kurt Stock, 41, Cedar Falls, IA	2:00:00	9:39
1213	217	M35 Bruce Willey, 38, Cedar Rapids, IA	2:00:03	9:40
522	77	W20 Andrea Holm, 21*, Iowa City, IA	2:00:04	9:40
523	78	W20 Kate Minor, 22*, Clive, IA	2:00:05	9:40
1214	190	M30 Shannon Flickinger, 31, Cedar Rapids, IA	2:00:07	9:40
524	90	W25 Michele Greubel, 29*, Des Moines, IA	2:00:08	9:40
525	96	W35 Darsi Hartman, 37*, Smithville, MO	2:00:09	9:40
1215	192	M40 Mark Stewart, 40, Des Moines, IA	2:00:11	9:40
1216	142	M25 Lance Sivertsen, 26, Kansas City, KS	2:00:12	9:40
526	79	W20 Ashley Wilson, 20*, Dallas Center, IA	2:00:13	9:40
1217	191	M30 A J Groathouse, 30, Des Moines, IA	2:00:17	9:41
1218	77	M20 Patrick Porto, 24, Johnston, IA	2:00:19	9:41
1219	192	M30 Phil Lewis, 30, Cedar Rapids, IA	2:00:21	9:41
527	80	W20 Holly Cushion, 21*, Overland Park, KS	2:00:21	9:41
1220	143	M25 Shane Hesselgesser, 29, Omaha, NE	2:00:21	9:41
528	91	W25 Wendy Williams, 27*, Cedar Rapids, IA	2:00:21	9:41
529	115	W30 Tricia Henderson, 31*, Shellsburg, IA	2:00:22	9:41
1221	144	M25 Christian Comito, 29, Des Moines, IA	2:00:25	9:41
530	92	W25 Amy Barnes, 26*, Indianola, IA	2:00:25	9:41
531	116	W30 Stephanie Becker, 32*, Indianola, IA	2:00:26	9:41
532	93	W25 Molly Miller, 27*, Kansas City, MO	2:00:26	9:41
1222	100	M50 Thomas Babcock, 53, Jefferson, IA	2:00:28	9:42
533	35	W45 Ann Jones, 48*, Marshalltown, IA	2:00:28	9:42
1223	193	M30 Doug Hodgson, 31, Urbandale, IA	2:00:30	9:42
534	81	W20 Laura Barringer, 24*, Allison, IA	2:00:30	9:42
535	36	W45 Debbie Earleywine, 48*, Des Moines, IA	2:00:33	9:42
1224	193	M40 Rick Greene, 40, Prairie City, IA	2:00:33	9:42
1225	194	M30 Eric Holm, 30, West Des Moines, IA	2:00:34	9:42
1226	195	M30 Matthew Brown, 31, Iowa City, IA	2:00:34	9:42
536	94	W25 Alyssa Hagey, 27*, Urbandale, IA	2:00:34	9:42
1227	196	M30 Mark Titus, 30, Philadelphia, PA	2:00:35	9:42
537	117	W30 Caroline Ruden, 30*, Minneapolis, MN	2:00:35	9:42
538	31	W17 Katie Fluth, 19*, Humeston, IA	2:00:38	9:42
1228	197	M30 Steven Freking, 32, West Des Moines, IA	2:00:39	9:42
1229	145	M25 Aaron Quinn, 29, West Des Moines, IA	2:00:39	9:42
539	62	W40 Rhonda Anderson, 42*, Clive, IA	2:00:40	9:43
1230	146	M25 Mark Mazzie, 29, Des Moines, IA	2:00:42	9:43
540	97	W35 Sarah Sexton, 36*, Des Moines, IA	2:00:42	9:43
1231	194	M40 Dan Dillavou, 41, Boone, IA	2:00:42	9:43
1232	218	M35 Kelly Wood, 36, Batavia, IL	2:00:46	9:43
541	118	W30 Erin London, 30*, Waukee, IA	2:00:49	9:43
542	95	W25 Amy Wepler, 29*, Pella, IA	2:00:51	9:43
543	119	W30 Mary Buscher, 34*, West Des Moines, IA	2:00:52	9:43
544	96	W25 Sarah Salzburt, 27*, St Louis, MO	2:00:53	9:44
545	98	W35 Laura McMahan, 37*, Clive, IA	2:00:54	9:44
1233	37	M55 Norman Hulscher, 57, West Des Moines, IA	2:00:55	9:44
546	97	W25 Shelly Power, 28*, West Des Moines, IA	2:00:56	9:44
1234	78	M20 Bill Genne, 22, Des Moines, IA	2:00:56	9:44
1235	79	M20 Jeffrey Nieting, 24, Johnston, IA	2:01:02	9:44
1236	80	M20 Gregory Olsen, 23, West Des Moines, IA	2:01:02	9:44
547	120	W30 Susan Hagenkord, 32*, Olathe, KS	2:01:07	9:45
1237	159	M45 Milton Lane, 47, Loma Linda, CA	2:01:07	9:45

1238	198	M30	Jeff Fulmer, 33, Marion, IA	2:01:08	9:45
548	13	W50	Katherine Eckhouse, 50*, Des Moines, IA	2:01:09	9:45
1239	147	M25	Rik Rosno, 26, Des Moines, IA	2:01:11	9:45
1240	195	M40	Charles Link, 41, Clive, IA	2:01:12	9:45
1241	199	M30	Nicholas Vahanian, 33, Ankeny, IA	2:01:12	9:45
1242	219	M35	Todd Link, 39, Clive, IA	2:01:13	9:45
549	98	W25	Heather Schebel, 27*, West Des Moines, IA	2:01:16	9:45
1243	220	M35	Jon Scharingson, 35, Urbandale, IA	2:01:17	9:45
550	82	W20	Amy Gibbs, 24*, West Des Moines, IA	2:01:18	9:46
1244	38	M55	Ken Peterson, 55, Adel, IA	2:01:19	9:46
1245	200	M30	Shawn Bown, 34, Des Moines, IA	2:01:26	9:46
551	99	W25	Jodi Ahlman, 26*, Elkhart, IA	2:01:27	9:46
552	37	W45	Diane Drake, 49*, Boone, IA	2:01:29	9:46
1246	101	M50	Daryl Drake, 50, Boone, IA	2:01:32	9:47
553	100	W25	Amy Bailey, 26*, West Des Moines, IA	2:01:34	9:47
554	101	W25	Keri Mattes, 27*, St Louis, MO	2:01:35	9:47
555	32	W17	Stephanie Jacobs, 17*, Atlantic, IA	2:01:37	9:47
556	38	W45	Marj Ahrenholtz, 47*, Urbandale, IA	2:01:38	9:47
557	121	W30	Beverly Dodici, 34*, Boone, IA	2:01:38	9:47
558	63	W40	Mary Devalois, 41*, Iowa City, IA	2:01:41	9:47
559	99	W35	Lisa McDonald, 38*, Des Moines, IA	2:01:42	9:47
1247	160	M45	Mark Jones, 49, Urbandale, IA	2:01:42	9:48
1248	161	M45	Paul Jones, 46, North Liberty, IA	2:01:42	9:48
560	102	W25	Amanda Garcia, 25*, Des Moines, IA	2:01:44	9:48
1249	148	M25	Jamie Guild, 25, Ankeny, IA	2:01:46	9:48
1250	196	M40	Kevin Ballard, 44, Marion, IA	2:01:46	9:48
561	122	W30	Katrina Hennies, 31*, Des Moines, IA	2:01:49	9:48
1251	162	M45	Jeff Giantz, 46, Cedar Rapids, IA	2:01:52	9:48
562	14	W50	Kathy Schwappach, 50*, La Grange, IL	2:01:55	9:49
1252	221	M35	Eric Schiefelbein, 36, Johnston, IA	2:01:55	9:49
1253	222	M35	Todd Waddell, 38, West Des Moines, IA	2:01:58	9:49
563	100	W35	Cheryl Voelker, 36*, Dallas Center, IA	2:02:00	9:49
1254	149	M25	Matthew Clark, 27, Ankeny, IA	2:02:00	9:49
564	33	W17	Sarah Wright, 19*, Des Moines, IA	2:02:00	9:49
1255	150	M25	Matthew Latcham, 26, Monroe, IA	2:02:04	9:49
565	83	W20	Melinda Mullenix, 24*, Des Moines, IA	2:02:07	9:50
1256	163	M45	William Brown, 47, Des Moines, IA	2:02:10	9:50
566	64	W40	Susan Shoup, 41*, Lemars, IA	2:02:14	9:50
567	101	W35	Debra Atkinson, 37*, Ames, IA	2:02:14	9:50
568	102	W35	Carlyn Crowe, 35*, Des Moines, IA	2:02:16	9:50
1257	39	M55	Ronald Wheeler, 59, Des Moines, IA	2:02:18	9:50
569	15	W50	Flora Cassiliano, 53*, Iowa City, IA	2:02:20	9:51
570	103	W25	Elesa Barner, 27*, Iowa City, IA	2:02:20	9:51
1258	223	M35	Rob Malcomson, 35, Des Moines, IA	2:02:23	9:51
1259	197	M40	Don Richardson, 42, Minburn, IA	2:02:24	9:51
571	16	W50	Bonnie McCoy, 51*, Des Moines, IA	2:02:26	9:51
572	39	W45	Lynda Baker, 47*, West Des Moines, IA	2:02:29	9:51
1260	6	M65	Bert Beynen, 65, Des Moines, IA	2:02:29	9:51
573	84	W20	Caroline Dieken, 24*, Cedar Falls, IA	2:02:31	9:51
574	34	W17	Ashley Sponsler, 17*, Pella, IA	2:02:32	9:52
575	65	W40	Terri Kent, 41*, Des Moines, IA	2:02:33	9:52
576	104	W25	Jacy Downey, 26*, Indianola, IA	2:02:37	9:52
1261	81	M20	Matthew Peterson, 23, Ames, IA	2:02:40	9:52
1262	164	M45	John Terry, 46, Johnston, IA	2:02:41	9:52
577	103	W35	Monica Kehrli, 36*, Urbandale, IA	2:02:44	9:53
1263	29	JrM	Terar Huff, 14, Des Moines, IA	2:02:44	9:53
578	105	W25	Larae Jackson, 25*, Ankeny, IA	2:02:45	9:53
579	66	W40	Dawn Lawson, 43*, Cedar Rapids, IA	2:02:46	9:53
1264	224	M35	David Kroner, 36, Johnston, IA	2:02:47	9:53
1265	40	M55	Jim Toillion, 59, Eagle Grove, IA	2:02:48	9:53
580	104	W35	Meg Malone-Titus, 37*, Des Moines, IA	2:02:49	9:53
1266	41	M55	Franklin Scamman, 57, Iowa City, IA	2:02:49	9:53
581	40	W45	Pat Houlihan, 45*, West Des Moines, IA	2:02:50	9:53
1267	225	M35	Brad Amos, 35, Desmoines, IA	2:02:50	9:53
1268	151	M25	Ryan Mattison, 27, Iowa City, IA	2:02:51	9:53

582	106	W25	Christen Beasley, 26*, Mason City, IA	2:02:51	9:53
1269	16	M60	Garry Rupe, 60, Ankeny, IA	2:02:53	9:53
1270	201	M30	Jason Parkin, 30, Urbandale, IA	2:02:54	9:53
583	123	W30	Mary Owens, 30*, Altoona, IA	2:02:56	9:53
584	105	W35	Heather Bacino, 38*, Urbandale, IA	2:03:00	9:54
1271	202	M30	Todd Miler, 30, Des Moines, IA	2:03:02	9:54
1272	152	M25	Will Sepulveda, 26, Charles City, IA	2:03:06	9:54
585	106	W35	Tricia Ladaga, 39*, West Des Moines, IA	2:03:09	9:55
586	107	W25	Amy Ramsey, 26*, Indianola, IA	2:03:10	9:55
587	85	W20	Molly Ramsey, 23*, Des Moines, IA	2:03:10	9:55
588	8	JrW	Brigham Hoegh, 16*, Atlantic, IA	2:03:11	9:55
589	86	W20	Mandi Smith, 21*, Iowa City, IA	2:03:12	9:55
590	108	W25	Shelley Fitzgerald, 27*, Bloomington, MN	2:03:13	9:55
591	9	JrW	Courtney Blake, 15*, Walnut, IA	2:03:14	9:55
1273	226	M35	Christopher Baggaley, 37, Clive, IA	2:03:14	9:55
1274	42	M55	Steve Bassman, 55, West Des Moines, IA	2:03:15	9:55
592	124	W30	Anne Reilly, 34*, Urbandale, IA	2:03:16	9:55
1275	102	M50	Walter Hunt, 50, Council Bluffs, IA	2:03:24	9:56
593	109	W25	Kristine Laxson, 29*, West Des Moines, IA	2:03:24	9:56
1276	103	M50	Howard Hunt, 51, Dixon, IA	2:03:24	9:56
1277	104	M50	John Campbell, 54, Cedar Rapids, IA	2:03:24	9:56
1278	203	M30	Scott McKinney, 34, West Des Moines, IA	2:03:27	9:56
594	125	W30	Juli Johnson, 31*, Coralville, IA	2:03:29	9:56
595	110	W25	Julie Anderson, 26*, Ames, IA	2:03:30	9:56
1279	227	M35	Thomas Morris, 35, Des Moines, IA	2:03:34	9:57
596	111	W25	Sanna Henzi, 27*, West Des Moines, IA	2:03:37	9:57
1280	30	JrM	Cory Strafford, 16, Fort Dodge, IA	2:03:37	9:57
597	107	W35	Joni Rainforth, 35*, West Des Moines, IA	2:03:38	9:57
598	108	W35	Kelli Wiggins, 37*, West Des Moines, IA	2:03:41	9:57
599	87	W20	Teri Blood, 21*, State Center, IA	2:03:43	9:57
1281	165	M45	Gene Arnold, 49, Waukee, IA	2:03:43	9:57
1282	166	M45	Michael Brown, 48, Fairfield, IA	2:03:45	9:57
600	67	W40	Catherine Dreiss, 40*, Des Moines, IA	2:03:45	9:57
601	126	W30	Heather Miller, 32*, Gladstone, MO	2:03:47	9:58
602	112	W25	Heidi Miller, 29*, Gladstone, MO	2:03:48	9:58
603	127	W30	Stephanie Dermody, 32*, Norwalk, IA	2:03:48	9:58
604	113	W25	Kristine Hedger, 29*, Minneapolis, MN	2:03:48	9:58
605	114	W25	Amy Vroom, 26*, Minneapolis, MN	2:03:49	9:58
606	17	W50	Coleen Waage, 50*, West Des Moines, IA	2:03:52	9:58
607	41	W45	Carolyn Schmitt, 47*, West Des Moines, IA	2:03:52	9:58
608	68	W40	Julianne Dowie, 42*, Urbandale, IA	2:03:53	9:58
1283	43	M55	Randall Hanson, 56, Waukee, IA	2:03:55	9:58
609	35	W17	Stephanie Meimann, 18*, Nevada, IA	2:03:57	9:58
1284	153	M25	Nate Zehr, 25, Lee's Summit, MO	2:03:58	9:58
610	109	W35	Bridget Reber, 38*, Altoona, IA	2:04:04	9:59
1285	31	JrM	Somsak Phiwthon, 15, Webster City, IA	2:04:04	9:59
611	69	W40	Natalie Welter, 43*, Ames, IA	2:04:06	9:59
1286	105	M50	Alfredo Parrish, 53, Des Moines, IA	2:04:10	9:59
1287	82	M20	Nicholas Peterson, 20, Ames, IA	2:04:10	9:59

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1288	167	M45	Jim Mease, 49, Winterset, IA	2:04:14	10:00
1289	106	M50	Gerald Dewald, 51, West Des Moines, IA	2:04:19	10:00
613	36	W17	Jessy Daniels, 17*, Dallas Center, IA	2:04:23	10:00
614	37	W17	Jo Reed, 17*, Dallas Center, IA	2:04:24	10:01
615	42	W45	Sara Morris, 49*, West Des Moines, IA	2:04:29	10:01
1290	204	M30	Marc Abel, 31, Cedar Rapids, IA	2:04:31	10:01
1291	168	M45	Ron Burkhart, 45, Des Moines, IA	2:04:35	10:01
1292	228	M35	Kevin Christensen, 35, Des Moines, IA	2:04:35	10:01
1293	229	M35	Tom Petersen, 36, West Des Moines, IA	2:04:37	10:02
616	116	W25	Sarah Hart, 26*, West Des Moines, IA	2:04:38	10:02
1294	198	M40	Dale Todd, 43, Cedar Rapids, IA	2:04:38	10:02
617	117	W25	Greta Southall, 26*, Indianola, IA	2:04:45	10:02

1295	199	M40	Doug Righi, 40, West Des Moines, IA	2:04:46	10:02
1296	205	M30	Joe Garcia, 30, West Des Moines, IA	2:04:48	10:02
1297	200	M40	Michael Gumina, 43, Urbandale, IA	2:04:52	10:03
618	110	W35	Julie Lange, 35*, Iowa Falls, IA	2:04:52	10:03
1298	206	M30	Abe Kim, 30, Des Moines, IA	2:04:52	10:03
1299	169	M45	Ross Devalois, 45, Iowa City, IA	2:04:53	10:03
619	70	W40	Lorraine Hardin, 41*, Clive, IA	2:04:54	10:03
1300	107	M50	Gary Fall, 53, Des Moines, IA	2:04:54	10:03
1301	17	M60	Don Judisch, 64, Clive, IA	2:04:56	10:03
620	128	W30	Penny Gerholdt, 31*, Buckingham, IA	2:04:56	10:03
1302	230	M35	Dennis Wright, 35, Aurora, CO	2:04:56	10:03
1303	207	M30	James Mulvehill, 30, West Des Moines, IA	2:04:57	10:03
621	10	JrW	Kristin Garland, 16*, Indianola, IA	2:04:57	10:03
1304	201	M40	Bob Osgood, 44, Waterloo, IA	2:04:58	10:03
622	71	W40	Holly Fogarty, 41*, Spencer, IA	2:05:00	10:03
1305	231	M35	Carl Egger, 39, West Des Moines, IA	2:05:04	10:04
623	111	W35	Wendy Nevenhoven, 36*, Des Moines, IA	2:05:06	10:04
1306	202	M40	Joseph Creighton, 42, Granger, IA	2:05:06	10:04
1307	208	M30	Christopher Wellman, 34, Des Moines, IA	2:05:06	10:04
1308	203	M40	Jim Sanders, 41, Johnston, IA	2:05:10	10:04
624	3	W55	Winner Casper, 55*, Winterset, IA	2:05:10	10:04
1309	209	M30	Steve West, 31, Norwalk, IA	2:05:12	10:04
1310	232	M35	Gregory Goaley, 38, Des Moines, IA	2:05:14	10:05
625	88	W20	Jill Funke, 24*, St Louis Park, MN	2:05:14	10:05
1311	233	M35	Brent Niland, 39, West Des Moines, IA	2:05:15	10:05
626	118	W25	Anne Trujillo, 27*, Minneapolis, MN	2:05:16	10:05
627	119	W25	Robyn Ellert, 28*, Chicago, IL	2:05:17	10:05
1312	154	M25	Greg Romberg, 27, Newton, IA	2:05:18	10:05
628	43	W45	Theresa Menough, 46*, Urbandale, IA	2:05:18	10:05
1313	44	M55	Ken Lathrum, 58, Omaha, NE	2:05:18	10:05
629	44	W45	Diane Cortese, 46*, Urbandale, IA	2:05:19	10:05
630	112	W35	Stacy Lang, 36*, Urbandale, IA	2:05:20	10:05
631	120	W25	Stacey Best, 27*, West Des Moines, IA	2:05:21	10:05
632	38	W17	Rachel Tapper, 18*, Ames, IA	2:05:22	10:05
1314	108	M50	Tom Obrien, 53, Urbandale, IA	2:05:22	10:05
633	39	W17	Erin Johnson, 18*, Ames, IA	2:05:22	10:05
1315	45	M55	Thomas Buroker, 59, Des Moines, IA	2:05:23	10:05
634	129	W30	Mary Brown, 30*, Gretna, NE	2:05:23	10:05
1316	170	M45	Dennis Howard, 47, Des Moines, IA	2:05:24	10:05
635	113	W35	Barb Roth, 35*, Gretna, NE	2:05:24	10:05
636	114	W35	Heather Deering, 35*, Urbandale, IA	2:05:25	10:05
1317	234	M35	Mark Grittmann, 37, Ankeny, IA	2:05:26	10:06
1318	109	M50	Marty Feeney, 53, Pella, IA	2:05:30	10:06
1319	32	JrM	Matt Weatherly, 15, Pleasant Hill, IA	2:05:32	10:06
637	45	W45	Elizabeth Meimann, 46*, Nevada, IA	2:05:32	10:06
1320	110	M50	Thomas Treska, 52, Urbandale, IA	2:05:32	10:06
1321	171	M45	Rod Reinertson, 45, Waterloo, IA	2:05:33	10:06
1322	235	M35	Leif Erickson, 39, Sioux City, IA	2:05:35	10:06
638	72	W40	Monica Newman, 40*, Des Moines, IA	2:05:36	10:06
639	115	W35	Mary Sheka, 36*, Des Moines, IA	2:05:43	10:07
1323	236	M35	Tom Wright, 36, Oak Park, IL	2:05:44	10:07
640	130	W30	Kathy Nettleton, 32*, Des Moines, IA	2:05:45	10:07
1324	237	M35	Sam Rizzuti, 37, Des Moines, IA	2:05:47	10:07
1325	172	M45	Mark Hagen, 45, Naperville, IL	2:05:47	10:07
641	116	W35	Beth Andersen, 37*, Monroe, IA	2:05:48	10:07
1326	83	M20	Kevin Mackey, 24, Palo, IA	2:05:50	10:07
642	73	W40	Laurie Vold, 40*, Jewell, IA	2:05:52	10:08
643	89	W20	Tara Gibney, 20*, Palo, IA	2:05:52	10:08
644	117	W35	Gina Cornelison, 36*, Denver, CO	2:05:53	10:08
645	121	W25	Melinda Hill, 25*, Des Moines, IA	2:06:03	10:09
646	122	W25	Angie Heim, 25*, Des Moines, IA	2:06:03	10:09
647	40	W17	Jamie Wagner, 17*, Panora, IA	2:06:04	10:09
648	131	W30	Jeanna Dresser, 33*, Ankeny, IA	2:06:05	10:09
1327	111	M50	Steven Glantz, 54, Cedar Rapids, IA	2:06:09	10:09
1328	173	M45	Jeffrey Clark, 48, Cedar Rapids, IA	2:06:09	10:09

1329	112	M50	Gary Handley, 51, Des Moines, IA	2:06:12	10:09
649	132	W30	Amy Hunold-VanGundy, 30*, Urbandale, IA	2:06:13	10:09
1330	238	M35	Deepak Kumar, 37, Rochester, MN	2:06:15	10:09
1331	46	M55	Kenneth Richman, 58, Fort Madison, IA	2:06:15	10:10
650	46	W45	Pat Avitt, 45*, Knoxville, IA	2:06:15	10:10
1332	174	M45	Karl Klotzbach, 45, Decorah, IA	2:06:18	10:10
651	118	W35	Annette Baker, 38*, New Providence, IA	2:06:19	10:10
652	74	W40	Nancy Betz, 42*, Johnston, IA	2:06:20	10:10
1333	210	M30	Paul Gustafson, 31, Des Moines, IA	2:06:25	10:10
653	75	W40	Ginny Rand, 43*, Des Moines, IA	2:06:26	10:10
654	90	W20	Kristy Conrad, 23*, West Des Moines, IA	2:06:29	10:11
1334	204	M40	Douglas Johnston, 40, Norwalk, IA	2:06:29	10:11
655	47	W45	Pam German, 49*, Dallas Center, IA	2:06:33	10:11
1335	205	M40	Rick Davis, 42, Des Moines, IA	2:06:34	10:11
1336	175	M45	Bruce Lehnertz, 46, West Des Moines, IA	2:06:34	10:11
656	119	W35	Kathy Grant, 35*, Carroll, IA	2:06:34	10:11
1337	239	M35	Robert Grant, 36, Carroll, IA	2:06:35	10:11
657	133	W30	Tina Bowlin, 30*, Des Moines, IA	2:06:43	10:12
1338	113	M50	B L Sheriff, 53, Greenfield, IA	2:06:49	10:12
1339	176	M45	Dean Lerner, 48, Des Moines, IA	2:06:51	10:12
1340	114	M50	Moe Russell, 52, Panora, IA	2:06:58	10:13
1341	206	M40	Robert Kinser, 43, Stanton, IA	2:06:59	10:13
658	48	W45	Mary Kay Shannon, 45*, Greenfield, IA	2:07:01	10:13
659	120	W35	Tracy Dickinson, 36*, Des Moines, IA	2:07:03	10:13
660	134	W30	Amber Andersen, 31*, Stratford, IA	2:07:04	10:13
661	121	W35	Amy Martin, 35*, Olathe, KS	2:07:05	10:13
662	76	W40	Sue Elliott, 44*, Ankeny, IA	2:07:09	10:14
1342	240	M35	Martin Rietgraf, 35, Huxley, IA	2:07:10	10:14
663	49	W45	Sue Mallory, 45*, Bussey, IA	2:07:10	10:14
664	135	W30	Mirtha Vala, 31*, Urbandale, IA	2:07:11	10:14
1343	115	M50	Kim Smith, 50, Ames, IA	2:07:12	10:14
665	77	W40	Diane Guthrie, 40*, Milford, IA	2:07:14	10:14
666	122	W35	Traci Jacobi, 36*, Shellsburg, IA	2:07:16	10:14
667	123	W35	Cindy Bussanmas, 38*, Johnston, IA	2:07:20	10:15
668	78	W40	Michelle Cavanaugh, 41*, Des Moines, IA	2:07:26	10:15
1344	241	M35	Rick Hornsby, 36, Woodward, IA	2:07:30	10:16
1345	207	M40	Mitch Palmer, 41, Nevada, IA	2:07:31	10:16
669	136	W30	Rona Conklu, 33*, West Des Moines, IA	2:07:33	10:16
670	123	W25	Darci Boehlert, 27*, Ankeny, IA	2:07:49	10:17
671	124	W35	Sherri Huff, 38*, Creston, IA	2:07:50	10:17
1346	242	M35	Scott Everhart, 38, Des Moines, IA	2:07:52	10:17
1347	84	M20	Tim Kimberley, 22, Collins, IA	2:07:55	10:18
1348	177	M45	Dave Milburn, 48, Johnston, IA	2:07:56	10:18
1349	7	M65	Ralph Wilson, 67, Minneapolis, MN	2:08:05	10:18
672	125	W35	Jane Hemminger, 39*, Des Moines, IA	2:08:06	10:18
673	126	W35	Angela Sachtleben, 39*, Urbandale, IA	2:08:09	10:19
1350	243	M35	Graham Cunninghame, 39, Brooklyn, IA	2:08:09	10:19
674	79	W40	Ann Baker, 42*, Crosse Point, MI	2:08:10	10:19
1351	244	M35	Toney Smith, 38, Omaha, NE	2:08:10	10:19
1352	245	M35	Christian Buffard, 39, Cambridge, IA	2:08:11	10:19
1353	178	M45	Tom Dean, 45, Waukee, IA	2:08:18	10:19
675	127	W35	Jackie Cunninghame, 38*, Brooklyn, IA	2:08:18	10:19
1354	179	M45	Mike Stiles, 49, Sioux City, IA	2:08:20	10:20
676	128	W35	Leanne Buell, 38*, Dexter, IA	2:08:21	10:20
1355	246	M35	Brian Reinke, 37, Des Moines, IA	2:08:23	10:20
677	124	W25	Melissa Harris, 26*, Cedar Rapids, IA	2:08:25	10:20
678	91	W20	Audrey Darrigues, 24*, Ames, IA	2:08:26	10:20
679	129	W35	Stacey Brown, 37*, Pleasant Hill, IA	2:08:27	10:20
1356	155	M25	A J Mumm, 27, Ankeny, IA	2:08:29	10:20
1357	156	M25	Micah Westphal, 27, Ogden, IA	2:08:30	10:20
680	130	W35	Clare Gee, 37*, Wdm, IA	2:08:30	10:20
681	92	W20	Jolene Weiss, 23*, Omaha, NE	2:08:39	10:21
1358	116	M50	John Kusten, 53, Fairfield, IA	2:08:43	10:21
1359	247	M35	Joel Laird, 38, Des Moines, IA	2:08:52	10:22
1360	208	M40	Bob Collins, 40, North Liberty, IA	2:08:55	10:22

682	80	W40	Ruth McCoy, 41*,	Urbandale, IA	2:08:57	10:23
1361	209	M40	John Nichols, 43,	Urbandale, IA	2:08:59	10:23
683	81	W40	Cheryl Dahlquist, 42*,	Des Moines, IA	2:09:03	10:23
684	131	W35	Dana Lillis, 38*,	Oskaloosa, IA	2:09:03	10:23
685	137	W30	Julie Fisher, 32*,	Oskaloosa, IA	2:09:04	10:23
1362	157	M25	Andrew McDowell, 25,	West Des Moines, IA	2:09:08	10:23
686	93	W20	Katie Hoskins, 24*,	Des Moines, IA	2:09:10	10:24
687	125	W25	Tiffany Koenig, 28*,	Des Moines, IA	2:09:11	10:24
688	126	W25	Angie Lippold, 26*,	Norwalk, IA	2:09:12	10:24
1363	180	M45	Steve Johns, 46,	Des Moines, IA	2:09:12	10:24
689	82	W40	Carol Woodruff, 40*,	Des Moines, IA	2:09:13	10:24
1364	210	M40	Rodger Hotek, 44,	Birmingham, IA	2:09:17	10:24
690	127	W25	Amanda Mosqueda, 26*,	Urbandale, IA	2:09:21	10:24
1365	8	M65	Leon Hodges, 65,	Knoxville, IA	2:09:21	10:24
1366	248	M35	Joseph Barron, 38,	Des Moines, IA	2:09:23	10:25
691	83	W40	Lillian Mc Donald, 40*,	Brooklyn Center, MN		
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692	128	W25	Dena Vogel, 29*,	New Virginia, IA	2:09:42	10:26
1367	57	M17	Ryan Legg, 19,	West Des Moines, IA	2:09:43	10:26
693	138	W30	Susie Hildebrandt, 32*,	Des Moines, IA	2:09:47	10:27
1368	211	M40	Michael Moller, 42,	Urbandale, IA	2:09:53	10:27
694	84	W40	Liz Hilgenberg, 43*,	Waukee, IA	2:09:54	10:27
695	132	W35	Carrie Vorbrich, 36*,	Des Moines, IA	2:09:59	10:28
696	85	W40	Audrey Wheeler, 40*,	Ames, IA	2:10:03	10:28
697	129	W25	Sarah Schmit, 27*,	Johnston, IA	2:10:15	10:29
698	130	W25	Suellen Swain, 29*,	Iowa City, IA	2:10:17	10:29
699	4	W55	Kathleen Ricker, 55*,	Des Moines, IA	2:10:22	10:29
1369	249	M35	Jim Casey, 38,	Oak Park, IL	2:10:24	10:29
700	139	W30	Kimberly Dalecky, 31*,	Lisbon, IA	2:10:26	10:30
1370	117	M50	Jack Adams, 54,	Webster City, IA	2:10:31	10:30
701	18	W50	Marilyn Arends, 50*,	West Des Moines, IA	2:10:31	10:30
702	140	W30	Kristi Whitham, 33*,	Cedar Rapids, IA	2:10:32	10:30
703	94	W20	Tana Russell, 20*,	Panora, IA	2:10:39	10:31
704	50	W45	Jan Lovett, 49*,	Granger, IA	2:10:46	10:31
705	86	W40	Lorinda Herrstrom, 43*,	West Des Moines, IA		
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706	19	W50	Janet Lincoln, 51*,	West Des Moines, IA	2:10:49	10:31
707	131	W25	Natlie Rasmusson, 27*,	West Des Moines, IA		
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1371	212	M40	Mark Burkey, 40,	Omaha, NE	2:10:49	10:32
1372	47	M55	Mayford Davis, 56,	Moline, IL	2:10:51	10:32
708	132	W25	Elena Pesek, 25*,	Iowa City, IA	2:10:51	10:32
1373	211	M30	Guy Pareti, 32,	Ankeny, IA	2:10:52	10:32
1374	250	M35	Jon Quinn, 37,	Des Moines, IA	2:10:54	10:32
709	141	W30	Alice Pareti, 30*,	Ankeny, IA	2:10:57	10:32
1375	118	M50	George McCoy, 54,	Des Moines, IA	2:11:00	10:32
710	51	W45	Dawne Buhrow, 48*,	Colo, IA	2:11:01	10:33
1376	33	JrM	Grant Nelson, 15,	Greenfield, IA	2:11:03	10:33
711	142	W30	Julie Pals, 32*,	Clive, IA	2:11:03	10:33
712	143	W30	Susie Bormann, 33*,	Des Moines, IA	2:11:07	10:33
1377	251	M35	Scott Walker, 37,	Ames, IA	2:11:13	10:33
713	95	W20	Anne Wysong, 24*,	Ankeny, IA	2:11:17	10:34
1378	213	M40	Marty Kalton, 43,	Grimes, IA	2:11:22	10:34
714	133	W35	Nadine Sechovec, 38*,	West Des Moines, IA	2:11:34	10:35
715	133	W25	Jacy Anderson, 28*,	West Des Moines, IA	2:11:34	10:35
1379	119	M50	Ed Ashby, 54,	Urbandale, IA	2:11:38	10:35
716	87	W40	Patricia Barron, 44*,	Rock Island, IL	2:11:39	10:36
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719	135	W35	Lisa Loecher, 35*,	Cedar Falls, IA	2:11:52	10:37
720	144	W30	Stacy Kluesner, 31*,	Des Moines, IA	2:12:04	10:38
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1381	214	M40	Jeff Holston, 42,	Des Moines, IA	2:12:06	10:38

723	145	W30	Janis Wilson, 32*, Polk City, IA	2:12:11	10:38
724	97	W20	Erica Mingst, 24*, Des Moines, IA	2:12:13	10:38
725	134	W25	Lori Zehr, 25*, Lee's Summit, MO	2:12:14	10:38
1382	212	M30	Richard Bangma, 30, Pella, IA	2:12:17	10:39
1383	85	M20	Jay Johnson, 21, Urbandale, IA	2:12:18	10:39
726	135	W25	Paula Aunspach, 27*, Granger, Ia	2:12:27	10:39
727	146	W30	Pam Reel, 33*, Clive, IA	2:12:29	10:40
1384	18	M60	Ron Salisbury, 60, Clive, IA	2:12:33	10:40
728	20	W50	Catherine Engel, 50*, West Des Moines, IA	2:12:37	10:40
729	136	W35	Sally Leewright, 38*, Des Moines, IA	2:12:39	10:40
730	137	W35	Emily Witt, 36*, Des Moines, IA	2:12:41	10:41
731	52	W45	Barb Bachman, 49*, Johnston, IA	2:12:42	10:41
1385	48	M55	Mike Kent, 55, Des Moines, IA	2:12:45	10:41
1386	121	M50	Wayne Garcia, 53, Des Moines, IA	2:12:45	10:41
732	138	W35	Lisa Jacobs, 35*, Cedar Rapids, IA	2:12:45	10:41
733	11	JrW	Kelsie Goodman, 16*, Colfax, IA	2:12:46	10:41
734	53	W45	Kathleen Goodman, 48*, Colfax, IA	2:12:51	10:41
735	136	W25	Kay Godfredsen, 26*, Newton, IA	2:12:52	10:41
1387	213	M30	Troy Thompson, 31, West Des Moines, IA	2:12:56	10:42
736	137	W25	Dianna Brincks, 26*, Altoona, IA	2:12:56	10:42
1388	49	M55	Steven Halstead, 59, Bondurant, IA	2:12:57	10:42
737	138	W25	Heidi Holt, 26*, West Des Moines, IA	2:12:59	10:42
738	139	W35	Susan Kempf, 37*, Cedar Falls, IA	2:13:01	10:42
1389	50	M55	Bruce Gordon, 59, Grundy Center, IA	2:13:06	10:43
1390	214	M30	Chris Kragnes, 30, Des Moines, IA	2:13:08	10:43
1391	51	M55	Bruce Thompson, 59, Ames, IA	2:13:10	10:43
1392	181	M45	John Oatts, 45, Des Moines, IA	2:13:18	10:44
1393	122	M50	Tim Shehan, 54, Albia, IA	2:13:22	10:44
1394	52	M55	Sam Iverson, 59, Grundy Center, IA	2:13:24	10:44
1395	34	JrM	Matthew Preston, 16, Pleasant Hill, IA	2:13:44	10:46
1396	215	M40	Dennis Huss, 44, Des Moines, IA	2:13:45	10:46
1397	158	M25	Sean Dowling, 29, Earlham, IA	2:13:48	10:46
1398	53	M55	Jerry Reed, 56, Des Moines, IA	2:13:50	10:46
1399	216	M40	Curt Gause, 42, Pleasant Hill, IA	2:13:51	10:46
1400	217	M40	Rick George, 43, Grimes, IA	2:13:51	10:46
739	140	W35	Jill Dahlstrom, 36*, Packwood, IA	2:13:52	10:46
740	147	W30	Jill Barrick, 32*, Altoona, IA	2:13:53	10:46
741	148	W30	Carrie Wolter, 31*, West Des Moines, IA	2:13:59	10:47
1401	215	M30	Eric Christensen, 31, Indianola, IA	2:14:02	10:47
742	149	W30	Anita Christensen, 31*, Indianola, IA	2:14:03	10:47
743	150	W30	Beth McDonald, 34*, West Des Moines, IA	2:14:03	10:47
744	139	W25	Anne Spellman, 27*, Des Moines, IA	2:14:05	10:47
745	54	W45	Jacque Crouch, 46*, Dallas Center, IA	2:14:19	10:48
1402	86	M20	Nick Navarro, 22, Panora, IA	2:14:21	10:49
746	141	W35	Amy Wolter, 36*, Milwaukee, WI	2:14:24	10:49
1403	35	JrM	Michael Cooley, 15, Orient, IA	2:14:28	10:49
747	142	W35	Maggie Halferty, 38*, Ankeny, IA	2:14:30	10:49
748	41	W17	Shelby Southerland, 17*, Yale, IA	2:14:33	10:50
749	12	JrW	Andrea Hemphill, 16*, Panora, IA	2:14:33	10:50
750	151	W30	Dalena Feller, 30*, Norwalk, IA	2:14:36	10:50
1404	58	M17	Joe Hugen, 17, Altoona, IA	2:14:41	10:50
751	143	W35	Debra Alberto, 36*, Clive, IA	2:14:41	10:50
1405	216	M30	Jonathan Mlocek, 33, Urbandale, IA	2:14:42	10:50
752	152	W30	Kelly Roberson, 30*, Des Moines, IA	2:14:46	10:51
753	55	W45	Mary Timm, 48*, Altoona, IA	2:14:51	10:51
754	90	W40	Roma Snook, 42*, Chariton, IA	2:14:54	10:51
1406	54	M55	Dharmvir Bhatnagar, 57, West Des Moines, IA	2:14:58	10:52
1407	159	M25	Tanmaya Bhatnagar, 29, West Des Moines, IA	2:14:58	10:52
1408	252	M35	Tom Wigans, 39, Humboldt, IA	2:15:14	10:53
1409	253	M35	Steve Reece, 36, Slater, IA	2:15:16	10:53
1410	218	M40	Scotty Swore, 42, Cedar Rapids, IA	2:15:17	10:53
755	144	W35	Helen Whiting, 39*, Cedar Rapids, IA	2:15:30	10:54
756	140	W25	Brenda Jackson, 29*, Des Moines, IA	2:15:36	10:55

1411	55	M55	Nate Viall, 55, Des Moines, IA	2:15:41	10:55
1412	182	M45	Bruce Paul, 48, Fort Dodge, IA	2:15:42	10:55
757	145	W35	Lil Waters, 36*, West Des Moines, IA	2:15:42	10:55
758	42	W17	Amanda Jensen, 17*, Marshalltown, IA	2:15:55	10:56
1413	123	M50	Brad Clark, 50, Boone, IA	2:15:59	10:56
1414	183	M45	Gerald Sutton, 49, Tulsa, OK	2:15:59	10:56
759	141	W25	Joanna Schroeder, 29*, Des Moines, IA	2:16:00	10:57
760	98	W20	Heather Jeffs, 21*, Winterset, IA	2:16:01	10:57
761	21	W50	Renne Friend, 51*, Altoona, IA	2:16:02	10:57
762	56	W45	Jeannie Berry, 46*, Pella, IA	2:16:04	10:57
1415	217	M30	Mark Wills, 31, Des Moines, IA	2:16:11	10:57
763	142	W25	Jill Moline, 25*, Manson, IA	2:16:13	10:58
764	99	W20	Stephanie Grant, 24*, Urbandale, IA	2:16:16	10:58
765	13	JrW	Rachel Kautzky, 16*, Bouton, IA	2:16:30	10:59
766	57	W45	Darla Emery, 47*, Ames, IA	2:16:36	10:59
767	58	W45	Barb Pedersen, 47*, Ames, IA	2:16:36	10:59

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768	146	W35	Lea Ann Flanagan, 36*, Des Moines, IA	2:16:42	11:00
1416	19	M60	John O'Connor, 61, Dubuque, IA	2:16:46	11:00
769	143	W25	Michele Lammers, 25*, Alton, IA	2:16:49	11:00
1417	160	M25	David Burns, 28, Des Moines, IA	2:16:55	11:01
1418	218	M30	Ford Singbush, 32, Urbandale, IA	2:16:58	11:01
770	153	W30	Trudi Rayman, 34*, Altoona, IA	2:17:04	11:02
1419	219	M40	Doug Burnett, 41, Des Moines, IA	2:17:06	11:02
1420	254	M35	Steven Jameson, 36, Columbus, KS	2:17:28	11:04
1421	255	M35	Alan Brawner, 35, Clive, IA	2:17:29	11:04
771	22	W50	Sally Fisher, 54*, Clive, IA	2:17:32	11:04
1422	220	M40	Jim McIntyre, 41, Urbandale, IA	2:17:42	11:05
772	91	W40	Val McIntyre, 41*, Urbandale, Ia	2:17:42	11:05
1423	256	M35	Michael Perry, 35, West Des Moines, IA	2:17:43	11:05
1424	124	M50	Bob Lyon, 53, Fairfield, IA	2:17:44	11:05
1425	257	M35	Gary Lamparek, 37, Fairfax, IA	2:17:45	11:05
1426	36	JrM	Ty Foster-Stavneak, 12, Johnston, IA	2:17:47	11:05
1427	87	M20	Jeremy Gano, 24, Des Moines, IA	2:17:54	11:06
1428	88	M20	Garry Walden, 20, Des Moines, IA	2:17:55	11:06
1429	221	M40	John Johnson, 42, Des Moines, IA	2:18:26	11:08
773	100	W20	Kathryn Minor, 24*, Waukee, IA	2:18:44	11:10
1430	219	M30	Derek Quitano, 30, Des Moines, IA	2:18:46	11:10
774	154	W30	Denise Behrends, 33*, West Des Moines, IA	2:19:16	11:12
775	23	W50	Anna Brown, 50*, Johnston, IA	2:19:24	11:13
776	14	JrW	Marissa Boldon, 16*, Osceola, IA	2:19:34	11:14
1431	59	M17	Eric Coate, 18, Maxwell, IA	2:19:49	11:15
1432	222	M40	Joe Gunderson, 41, Des Moines, IA	2:19:51	11:15
777	147	W35	Mp Gunderson, 38*, Des Moines, IA	2:19:51	11:15
1433	20	M60	Robert Nuzum, 64, Johnston, IA	2:20:01	11:16
1434	220	M30	Scott Torres, 32, Des Moines, IA	2:20:01	11:16
778	92	W40	June Vande Zande, 42*, Des Moines, IA	2:20:40	11:19
779	5	W55	Connie Cook, 55*, Des Moines, IA	2:20:48	11:20
1435	56	M55	Conrad Jungman, 58, West Des Moines, IA	2:20:51	11:20
780	144	W25	Sara Bridie, 27*, Coralville, IA	2:21:04	11:21
781	59	W45	Maureen Ruth, 46*, West Des Moines, IA	2:21:04	11:21
782	2	W60	Carol Hartman, 64*, Hiawatha, IA	2:21:05	11:21
783	145	W25	Amy Schmelzer, 27*, Des Moines, IA	2:21:19	11:22
784	148	W35	Heidi Price, 35*, Waukee, IA	2:21:19	11:22
785	60	W45	Sharon Hansen, 45*, Bellevue, NE	2:21:20	11:22
1436	57	M55	James Quinn, 58, Des Moines, IA	2:21:27	11:23
786	155	W30	Catherine Rollins, 34*, Johnston, IA	2:21:29	11:23
787	156	W30	Jill Monson, 31*, Ankeny, IA	2:21:29	11:23
1437	184	M45	Leonard Hudson, 49, Carlisle, IA	2:21:30	11:23
1438	221	M30	Kurt Hantelmann, 34, Des Moines, IA	2:21:34	11:23
788	157	W30	Maria McFarland, 32*, West Des Moines, IA	2:21:48	11:25
789	146	W25	Kymerly Vogt, 27*, Des Moines, IA	2:21:49	11:25
790	93	W40	Jeanne Foster, 43*, Johnston, IA	2:22:08	11:26

1439	185	M45	Brian Hart, 45, Clive, IA	2:22:09	11:26
1440	37	JrM	Zach Swoyer, 14, Johnston, IA	2:22:16	11:27
791	158	W30	Georgia Soliday, 32*, Des Moines, IA	2:22:53	11:30
792	149	W35	Leah Peters, 37*, West Des Moines, IA	2:22:57	11:30
1441	223	M40	Mike Lauzon, 44, Boone, IA	2:23:14	11:31
1442	21	M60	Virgil Larsen, 64, Des Moines, IA	2:23:19	11:32
1443	2	M70	Glen Zirbel, 70, Ankeny, IA	2:23:31	11:33
793	159	W30	Lisa Leon, 34*, Des Moines, IA	2:23:40	11:34
794	150	W35	Shelli Off, 37*, Des Moines, IA	2:23:52	11:35
795	24	W50	Ann Brick, 52*, Des Moines, IA	2:23:54	11:35
796	151	W35	Cathy Evans, 37*, Urbandale, IA	2:24:07	11:36
797	147	W25	Marie Puskas, 27*, Urbandale, IA	2:24:09	11:36
1444	222	M30	Roger Roe, 32, Urbandale, IA	2:24:09	11:36
1445	186	M45	Michael Farley, 49, Des Moines, IA	2:24:17	11:37
1446	58	M55	Ruben Rullan, 59, Urbandale, IA	2:24:28	11:37
798	148	W25	Donnelle Eller, 27*, Des Moines, IA	2:24:30	11:38
1447	60	M17	Nathan Westphal, 18, Bouton, IA	2:24:32	11:38
799	152	W35	Kay Whipple, 35*, Indianola, IA	2:24:35	11:38
800	153	W35	Lori Kornstad, 38*, West Des Moines, IA	2:24:37	11:38
801	101	W20	Carrie Sueppel, 23*, Cedar Falls, IA	2:24:37	11:38
1448	224	M40	Sam Brown, 43, Parker, CO	2:24:54	11:40
1449	187	M45	Larry Tuel, 49, Des Moines, IA	2:25:27	11:42
1450	22	M60	John Beamer, 61, Des Moines, IA	2:25:29	11:42
802	154	W35	April Marmon, 38*, Urbandale, IA	2:25:32	11:43
803	149	W25	Angie Williams, 25*, Dubuque, IA	2:25:39	11:43
804	61	W45	Deb Stahl, 46*, Marshalltown, IA	2:25:39	11:43
805	155	W35	Lori Bogart, 37*, Johnston, IA	2:25:40	11:43
806	102	W20	Sally Rindfuss, 24*, West Des Moines, IA	2:26:59	11:50
807	150	W25	Michelle Madden, 27*, Des Moines, IA	2:27:00	11:50
1451	161	M25	Michael Dunker, 26, Des Moines, IA	2:27:00	11:50
808	62	W45	Deb Tharnish, 46*, Des Moines, IA	2:27:43	11:53
1452	225	M40	Nicholas Roby, 42, Des Moines, IA	2:27:43	11:53
1453	125	M50	Richard Franklin, 53, Marshalltown, IA	2:28:50	11:58

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1455	226	M40	Paul Peiffer, 43, Ames, IA	2:29:53	12:04
809	43	W17	Becky Green, 18*, Plano, IA	2:30:38	12:07
810	94	W40	Mary Hester, 40*, Des Moines, IA	2:30:40	12:07
811	151	W25	Nicole Brown, 29*, Altoona, IA	2:30:43	12:08
812	160	W30	Kay Kasper, 32*, West Des Moines, IA	2:31:12	12:10
813	161	W30	K'Ann Brandt, 33*, Ankeny, IA	2:31:13	12:10
814	152	W25	Eva Wojcik, 27*, Ames, IA	2:31:22	12:11
815	95	W40	Sheila Gregan, 41*, Des Moines, IA	2:31:42	12:12
816	6	W55	Marti Davis, 55*, West Des Moines, IA	2:31:47	12:13
817	96	W40	Linda Pagnano, 40*, Omaha, NE	2:31:51	12:13
1456	38	JrM	Anthony Schroeder, 16, Coulter, IA	2:31:56	12:13
1457	223	M30	Tony Aunspach, 31, Granger, Ia	2:31:56	12:13
1458	126	M50	Steven Hamilton, 53, Storm Lake, IA	2:32:14	12:15
1459	258	M35	Michael Roberts, 35, Omaha, NE	2:32:34	12:17
1460	259	M35	Christopher Roberts, 38, Ankeny, IA	2:32:45	12:17
1461	39	JrM	Joseph Burkhardt, 16, Pleasant Hill, IA	2:32:46	12:18
1462	40	JrM	Brad Sievers, 15, Alleman, IA	2:32:53	12:18
818	63	W45	Jean Burt, 49*, Des Moines, IA	2:33:24	12:21
819	44	W17	Heidi Fluth, 18*, Humeston, IA	2:33:30	12:21
820	162	W30	Brenda Pearson, 31*, Des Moines, IA	2:34:11	12:24
821	97	W40	Beverly Sells, 43*, Altoona, IA	2:34:45	12:27
1463	162	M25	Bret Lucas, 28, West Des Moines, IA	2:34:48	12:27
822	98	W40	Barb Nelson, 40*, Johnston, IA	2:34:56	12:28
1464	89	M20	Michael Overman, 23, Perry, IA	2:35:41	12:32
1465	127	M50	Scott Jones, 50, Urbandale, IA	2:36:17	12:34
1466	90	M20	Tom Caswell, 24, Johnston, IA	2:37:10	12:39
823	156	W35	Annie Shoemaker, 35*, Des Moines, IA	2:37:45	12:42

824	163	W30	Jamie Champion, 30*, Des Moines, IA	2:39:26	12:50
1467	163	M25	Todd Skinner, 27, Indianola, IA	2:41:07	12:58

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1468	164	M25	Jeff Grittmann, 29, West Des Moines, IA	2:43:31	13:09
825	64	W45	Susan Stork, 46*, Urbandale, IA	2:45:54	13:21
826	45	W17	Leah Virlee, 19*, Des Moines, IA	2:46:11	13:22
1469	165	M25	Matthew Van Waus, 27, Urbandale, IA	2:46:11	13:22
827	7	W55	Ann Thompson, 57*, Ames, IA	2:46:13	13:22
1470	61	M17	Kyle Chiles, 17, Des Moines, IA	2:46:39	13:24
1471	91	M20	Benjamin Badgley, 21, Madrid, IA	2:46:45	13:25
828	99	W40	Karla Smith, 41*, Clive, IA	2:47:15	13:27
829	25	W50	Karlene Arnold, 53*, Phoenix, AZ	2:48:55	13:35
830	164	W30	Natalie Weger, 30*, Philadelphia, PA	2:48:56	13:36
1472	23	M60	Don Bidlle, 64, Des Moines, IA	2:51:52	13:50
831	165	W30	Tonya Huss, 32*, Minburn, IA	2:53:50	13:59
1473	128	M50	Joe Jongewaard, 53, Des Moines, IA		:00

"*" indicates females

40 finishers among Men 16 & Under
61 finishers among Men 17 - 19
91 finishers among Men 20 - 24
165 finishers among Men 25 - 29
223 finishers among Men 30 - 34
259 finishers among Men 35 - 39
226 finishers among Men 40 - 44
187 finishers among Men 45 - 49
128 finishers among Men 50 - 54
59 finishers among Men 55 - 59
23 finishers among Men 60 - 64
8 finishers among Men 65 - 69
2 finishers among Men 70 & Up
14 finishers among Women 16 & Under
45 finishers among Women 17 - 19
102 finishers among Women 20 - 24
152 finishers among Women 25 - 29
165 finishers among Women 30 - 34
156 finishers among Women 35 - 39
99 finishers among Women 40 - 44
64 finishers among Women 45 - 49
25 finishers among Women 50 - 54
7 finishers among Women 55 - 59
2 finishers among Women 60 - 69
1473 male finishers
831 female finishers
2304 total finishers

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