

21st Dam to Dam 20 Kilometer

June 3, 2000

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1	M25 Kurt Keiser, 26, Omaha, NE	1:02:56	5:04
2	1	M35 Matt Wegenka, 35, Springfield, MO	1:02:58	5:04
3	1	M30 Robb Finegan, 32, Lincoln, NE	1:03:32	5:07
4	2	M30 David Halferty, 31, Topeka, KS	1:04:19	5:10
5	1	M20 Zachary Schendel, 22, Des Moines, IA	1:05:43	5:17
6	2	M25 Jeff Joiner, 27, Sioux City, IA	1:06:15	5:20
7	2	M20 Marty Dalton, 24, West Des Moines, IA	1:06:33	5:21
8	3	M30 Ditlev Larsen, 34, Minneapolis, MN	1:07:17	5:25
9	2	M35 Phil Kauder, 39, Cascade, IA	1:08:20	5:30
10	1	M40 Tim Schmid, 42, Kansas City, MO	1:08:30	5:31
11	3	M35 Paul Cornelison, 36, Minneapolis, MN	1:08:38	5:31
12	4	M30 Lars Anderson, 30, Iowa City, IA	1:09:00	5:33
13	2	M40 Dave Johnson, 44, Hastings, NE	1:09:04	5:33
14	3	M20 Chris Stiffler, 21, Papillion, NE	1:09:26	5:35
15	5	M30 David Sutej, 31, Omaha, NE	1:09:38	5:36
16	4	M35 Dan Mostrom, 38, Springfield, MO	1:10:28	5:40
17	5	M35 Michael Buley, 39, Johnston, IA	1:10:37	5:41
18	3	M40 Tom Zimmerman, 42, Farmington, MN	1:10:49	5:42
19	6	M35 Roger Scott, 35, Urbandale, IA	1:11:06	5:43
20	6	M30 Carl Chamberlain, 31, Omaha, NE	1:11:16	5:44
21	3	M25 Jonathan Estabrook, 26, Des Moines, IA	1:11:44	5:46
22	4	M20 Dave Baker, 23, West Des Moines, IA	1:11:57	5:47
23	4	M40 Keith Fevold, 42, Des Moines, IA	1:12:07	5:48
24	1	M45 Terry Stewart, 46, Brooklyn Park, MN	1:12:22	5:49
25	4	M25 Drew Bach, 28, Hiawatha, IA	1:12:32	5:50
26	7	M30 Steve Brenner, 34, Sterling, IL	1:12:33	5:50
27	2	M45 Curt Hoegh, 48, Clive, IA	1:12:42	5:51
28	5	M20 Bryan Thornburg, 22, Ankeny, IA	1:12:45	5:51
29	1	M17 Bryce Noll, 18, Hastings, NE	1:13:55	5:57
30	5	M25 Andrew Kauder, 28, Cascade, IA	1:14:01	5:57
31	3	M45 Phil Coppess, 45, Clinton, IA	1:14:03	5:57
32	8	M30 Bill Ford, 34, Polk City, IA	1:14:27	5:59

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33	5	M40 Octavio Martinez, 41, Lenexa, KS	1:14:33	6:00
1	1	W30 Bonnie Sons, 34*, Shorewood, MN	1:14:34	6:00
34	2	M17 Tony Ekman, 19, Des Moines, IA	1:14:38	6:00
35	4	M45 Rick Ironside, 46, Marion, IA	1:14:53	6:01
36	6	M25 Luke Spencer, 28, Des Moines, IA	1:14:59	6:02
2	2	W30 Renee Kruse, 32*, South Sioux, NE	1:15:07	6:03
37	6	M20 Kevin Egan, 24, Ames, IA	1:15:19	6:04
38	6	M40 Mark Fisher, 44, Ottumwa, IA	1:15:19	6:04
39	7	M40 Mark Mueller, 44, Cedar Rapids, IA	1:15:27	6:04
3	1	W35 Anne Flynn, 36*, Coralville, IA	1:15:29	6:04
40	3	M17 Joshua Bard, 18, Eagle Grove, IA	1:15:30	6:04
41	7	M35 Danny Clark, 37, Minneapolis, MN	1:15:35	6:05
42	7	M20 Kevin Brownell, 20, Clive, IA	1:15:55	6:06
43	8	M40 Kevin Osborn, 43, Little Canada, MN	1:16:03	6:07
44	8	M35 Todd Haugen, 37, Story City, IA	1:16:08	6:07
45	8	M20 Joel Shenefield, 20, Chariton, IA	1:16:18	6:08
46	9	M20 Ryan Mitchell, 22, Ankeny, IA	1:16:25	6:09

47	9	M40	Tim Gallagher, 43, Bedford, IA	1:16:28	6:09
48	9	M30	Todd Christensen, 31, Altoona, IA	1:16:36	6:10
49	4	M17	Tim Ives, 19, Des Moines, IA	1:16:39	6:10
50	10	M20	Sam Grotewold, 22, Ames, IA	1:16:40	6:10
51	9	M35	Bill Blubaugh, 36, Ankeny, IA	1:16:46	6:11
	4	3	W30 Karlene Herrell, 34*, Peru, IN	1:16:50	6:11
52	10	M30	Bill Castle, 31, Boone, IA	1:16:56	6:11
53	7	M25	Ryan Elsbernd, 28, Des Moines, IA	1:16:56	6:11
54	10	M40	Bob Layton, 44, Urbandale, IA	1:17:01	6:12
55	8	M25	Patrick Riley, 27, Des Moines, IA	1:17:16	6:13
56	10	M35	Loran Storts, 35, Urbandale, IA	1:17:24	6:14
57	5	M45	Terry Erickson, 47, East Moline, IL	1:17:29	6:14
58	11	M20	Brad Cramer, 22, Aubudon, IA	1:17:46	6:15
59	11	M30	Carl Shock, 33, Rock Island, IL	1:17:59	6:16
60	6	M45	Tom Cherchuck, 45, Johnston, IA	1:18:09	6:17
61	11	M35	Troy Zeleznik, 37, West Des Moines, IA	1:18:11	6:17
62	11	M40	Richard Smith, 41, Okalahoma City, OK	1:18:18	6:18
63	7	M45	Clarke Oestereich, 46, Waterloo, IA	1:18:23	6:18
64	12	M40	Jim Barrett, 43, Iowa City, IA	1:18:33	6:19
65	9	M25	Alain Bailly, 27, Vimy	1:18:41	6:20
66	12	M20	Aaron Thomas, 20, Holstein, IA	1:19:02	6:22
67	10	M25	Craig Takalo, 29, West Des Moines, IA	1:19:11	6:22
68	12	M35	Dick Shindelar, 37, Eldora, IA	1:19:28	6:24
69	1	M50	Jim Shimek, 52, Cedar Rapids, IA	1:19:28	6:24
70	12	M30	Jerry Beenken, 34, Dakota City, IA	1:19:38	6:24
	5	2	W35 Roxi Erickson, 37*, Omaha, NE	1:19:39	6:24
71	11	M25	Shannon McLaughlin, 29, Norwalk, IA	1:19:40	6:25
	6	1	W25 Kay Joiner, 27*, Sioux City, IA	1:19:40	6:25
72	12	M25	Bryan Friedman, 28, Lambs Grove, IA	1:19:47	6:25
	7	2	W25 Robyn Olson, 27*, Lambs Grove, IA	1:19:47	6:25
73	13	M20	Chad Goldsmith, 22, Cedar Falls, IA	1:19:49	6:25
74	8	M45	Greg Madison, 45, Ankeny, IA	1:19:49	6:25
75	13	M25	Larry Loffredo, 29, Norwalk, IA	1:20:08	6:27
76	5	M17	Aaron Borger, 18, McPherson, KS	1:20:10	6:27
	8	1	W40 Ann Ringlein, 43*, Lincoln, NE	1:20:18	6:28
77	13	M40	John Taylor, 41, Des Moines, IA	1:20:27	6:28
78	14	M40	Michael Holmes, 42, West Des Moines, IA	1:20:31	6:29
79	13	M35	Daniel Draayer, 36, Ankeny, IA	1:20:33	6:29
80	15	M40	Daryl Julich, 44, Cedar Rapids, IA	1:20:38	6:29
81	6	M17	Jeremy Burk, 19, Eagle Grove, IA	1:20:55	6:31
82	7	M17	Sam Toscano, 18, Juniata, NE	1:20:58	6:31
83	14	M20	Aaron Sage, 20, Ames, IA	1:21:02	6:31
84	14	M35	John Mitoraj, 36, Mokena, IL	1:21:03	6:31
85	15	M35	Bedolla Raiael-Bedolla, 35, Marshalltown, IA	1:21:04	6:31
86	13	M30	Randy Anderson, 32, West Des Moines, IA	1:21:06	6:31
87	9	M45	Brad Scott, 47, Marion, IA	1:21:10	6:32
88	14	M25	Jon Gabrielsen, 28, West Des Moines, IA	1:21:14	6:32
89	16	M35	Jeff Perry, 39, Bondurant, IA	1:21:17	6:32
90	16	M40	Steve Jordan, 43, Ankeny, IA	1:21:21	6:33
91	2	M50	Charlie Burch, 50, Des Moines, IA	1:21:27	6:33
92	15	M20	Nathan Wenck, 23, Carroll, IA	1:21:33	6:34
93	16	M20	Steven Olsen, 23, Des Moines, IA	1:21:45	6:35
94	17	M35	Doug Kintzle, 35, Des Moines, IA	1:21:50	6:35
95	18	M35	Andrew Simmons, 35, West Amana, Ia	1:21:52	6:35
	9	3	W25 Darcy Ruble, 29*, Urbandale, IA	1:21:52	6:35
96	17	M40	Jon Swails, 40, Cedar Rapids, IA	1:21:55	6:35
97	14	M30	Mike Regan, 31, Cedar Rapids, IA	1:22:00	6:36
98	18	M40	David Culver, 43, Iowa City, IA	1:22:00	6:36
99	10	M45	Mike Hoffman, 46, Clive, IA	1:22:01	6:36
100	15	M30	Rob Gloe, 32, Des Moines, IA	1:22:07	6:36
101	19	M35	Mike Johnson, 38, Urbandale, IA	1:22:08	6:36
102	15	M25	Scott Whiteford, 27, Lincoln, NE	1:22:09	6:37
103	8	M17	Derek McHurch, 19, Des Moines, IA	1:22:10	6:37
104	20	M35	Bob Lotz, 37, North Liberty, IA	1:22:11	6:37

105	9	M17	Seth Comfort, 19, Urbandale, IA	1:22:19	6:37
106	21	M35	Timothy Fox, 37, Des Moines, IA	1:22:20	6:37
107	19	M40	Clyde Lawler, 44, Marshalltown, IA	1:22:22	6:38
108	22	M35	Kerry Staats, 35, Eagan, MN	1:22:25	6:38
109	23	M35	Patrick Broshar, 39, Waterloo, IA	1:22:25	6:38
110	24	M35	Carter Stevens, 38, Denver, IA	1:22:26	6:38
111	16	M30	Henrik Drejer, 33, Bettendorf, IA	1:22:28	6:38
112	25	M35	Randall Wildman, 37, Madison, WI	1:22:35	6:39
10	1	W20	Sarah Lemley, 22*, Des Moines, IA	1:22:45	6:39
113	20	M40	Brad Nielsen, 41, Des Moines, IA	1:22:52	6:40
114	1	M55	Ronald McKay, 57, Chariton, IA	1:22:56	6:40
115	26	M35	Don Romig, 35, Clive, IA	1:22:59	6:41
116	1	M60	Guy Ealey, 60, Kellogg, IA	1:23:05	6:41
117	10	M17	Ben Glaser, 17, Des Moines, IA	1:23:10	6:41
118	27	M35	Martin Huberty, 35, Bloomington, MN	1:23:15	6:42
119	11	M45	David Munn, 45, Pella, IA	1:23:25	6:43
120	1	JrM	Joe Mundt, 16, Chariton, IA	1:23:28	6:43
11	4	W25	Jennifer Masini, 28*, Ames, IA	1:23:33	6:43
121	12	M45	James La Plant, 49, Newton, IA	1:23:34	6:43
122	21	M40	Steve Harper, 42, Urbandale, IA	1:23:40	6:44
123	22	M40	Rick Gubbels, 42, Des Moines, IA	1:23:46	6:44
124	16	M25	Jerry Selbher, 27, Mason City, IA	1:23:48	6:45
12	3	W35	Dee Sasseen, 35*, Des Moines, IA	1:23:48	6:45
125	3	M50	Rick Hagan, 50, Urbandale, IA	1:23:49	6:45
13	1	W17	Kelly Clarkson, 19*, Johnston, IA	1:23:54	6:45
126	11	M17	Glen Fuhrmeister, 19, Lone Tree, IA	1:24:01	6:46
127	13	M45	Chuck Clark, 49, Carroll, IA	1:24:07	6:46
128	28	M35	Philip Doud, 35, Clive, IA	1:24:12	6:46
129	14	M45	Tim Andersen, 45, Des Moines, IA	1:24:16	6:47
130	17	M30	Chris Bowers, 31, Ottumwa, IA	1:24:20	6:47
131	15	M45	Steve Minard, 48, Des Moines, IA	1:24:20	6:47
14	2	W40	Julie Starry, 40*, Des Moines, IA	1:24:32	6:48
132	16	M45	Mark Cook, 48, Moline, IL	1:24:34	6:48
133	18	M30	Tim Leonard, 34, Coralville, IA	1:24:41	6:49
134	17	M20	Chris Hulscher, 21, West Des Moines, IA	1:24:49	6:49
135	18	M20	Dennis Dane, 20, Urbandale, IA	1:24:51	6:50
136	23	M40	Robert Lasich, 40, West Des Moines, IA	1:24:53	6:50
137	17	M25	Chris Nelson, 29, Des Moines, IA	1:24:54	6:50
138	17	M45	Dave Haugen, 46, Des Moines, IA	1:24:56	6:50
139	18	M25	Mike Amfahr, 26, West Des Moines, IA	1:24:58	6:50
140	12	M17	Lee Greenberg, 18, Des Moines, IA	1:25:02	6:50
15	3	W40	Jackie Groves, 44*, Polk City, IA	1:25:09	6:51
16	4	W30	Christine Price, 31*, Des Moines, IA	1:25:10	6:51
141	19	M30	Kyle Anderson, 34, Omaha, NE	1:25:12	6:51
142	19	M25	Jerry Johnson, 27, Johnston, IA	1:25:12	6:51
143	18	M45	Bob Overstreet, 49, Des Moines, IA	1:25:19	6:52
144	13	M17	Bryan Maher, 19, Baxter, IA	1:25:24	6:52
145	29	M35	Andrew Susanin, 38, Des Moines, IA	1:25:25	6:52
146	30	M35	Jim DeBartolo, 37, Des Moines, IA	1:25:36	6:53
147	19	M20	Luke Bennett, 20, Huxley, IA	1:25:47	6:54
148	20	M20	Kevin Tiffany, 24, Des Moines, IA	1:25:48	6:54
149	14	M17	Jared Carter, 17, Creston, IA	1:25:49	6:54
150	24	M40	Tom Green, 40, Des Moines, IA	1:25:50	6:54
151	20	M30	Crazy Richard, 33, Des Moines, IA	1:25:57	6:55
152	19	M45	Rick Hall, 47, Urbandale, IA	1:26:00	6:55
153	31	M35	Rob Reicks, 36, Van Meter, IA	1:26:00	6:55
154	15	M17	Scott Lerner, 19, Des Moines, IA	1:26:02	6:55
17	5	W30	Tricia Sedivec, 31*, Granger, Ia	1:26:03	6:55
155	21	M30	John Patrick Parker, 32, Davenport, IA	1:26:07	6:56
156	22	M30	Mark Tabarella, 33, Des Moines, IA	1:26:08	6:56
157	25	M40	Steven Hendricks, 43, Fort Dodge, IA	1:26:08	6:56
158	26	M40	Jeff Oltmann, 40, Cedar Falls, IA	1:26:09	6:56
159	23	M30	Ronald Cox, 30, Pella, IA	1:26:10	6:56
160	32	M35	Jeff Miller, 39, West Des Moines, IA	1:26:11	6:56
161	20	M25	Christopher Davis, 26, West Des Moines, IA		

			1:26:19	6:57
162	16	M17 Tyler Patterson, 17, Orient, IA	1:26:20	6:57
18	6	W30 Ronda Schappaugh, 33*, Petersburg, IL	1:26:23	6:57
163	4	M50 Ronald Charles, 51, Grinnell, IA	1:26:25	6:57
164	24	M30 Troy Love, 34, Cedar Falls, IA	1:26:28	6:57
165	17	M17 Kody Harris, 17, Des Moines, IA	1:26:29	6:57
166	18	M17 Tuomas Julin, 18, Des Moines, IA	1:26:29	6:57
167	27	M40 Pete Masters, 40, Des Moines, IA	1:26:39	6:58
168	33	M35 Brian Willem, 38, Urbandale, IA	1:26:41	6:58
169	34	M35 Shawn Noble, 35, Iowa City, IA	1:26:45	6:59
170	35	M35 Craig Wittenburg, 35, Pella, IA	1:26:48	6:59
171	36	M35 Russell Potts, 37, Runnells, IA	1:26:50	6:59
172	20	M45 Peter Silberstein, 47, Mason City, IA	1:26:52	6:59

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173	5	M50 David Schulte, 53, Granger, Ia	1:26:55	7:00
174	28	M40 Jim Lawson, 40, Norwalk, IA	1:26:56	7:00
175	37	M35 Jim Heinlen, 37, Lincoln, NE	1:26:57	7:00
176	29	M40 Michael Cruise, 43, Lincoln, NE	1:26:58	7:00
177	21	M20 Troy Shoen, 22, Iowa City, IA	1:27:00	7:00
178	25	M30 Patrick Smith, 33, Des Moines, IA	1:27:04	7:00
179	38	M35 Rex Williams, 39, Des Moines, IA	1:27:04	7:00
180	22	M20 Jason Brehmer, 20, Johnston, IA	1:27:10	7:01
181	30	M40 Jerry Bunch, 43, Riverdale, IA	1:27:14	7:01
182	21	M25 Chad Matthaides, 29, Algona, IA	1:27:16	7:01
183	31	M40 Del Lasswell, 43, Urbandale, IA	1:27:19	7:02
184	39	M35 Joe Knight, 38, Stoughton, WI	1:27:23	7:02
185	32	M40 Jeff Niffenegger, 43, West Des Moines, IA	1:27:24	7:02
186	40	M35 Jeff Heckroth, 35, Grimes, IA	1:27:24	7:02
187	6	M50 Jim Jacobsen, 50, Des Moines, IA	1:27:27	7:02
188	23	M20 Donald Depriest, 24, Ames, IA	1:27:27	7:02
189	41	M35 Michael Lowe, 35, West Des Moines, IA	1:27:30	7:02
190	26	M30 Dave Leever, 30, Ankeny, IA	1:27:34	7:03
191	42	M35 Tom Patava, 39, Norwalk, IA	1:27:34	7:03
192	43	M35 Mike Warren, 39, Marshalltown, IA	1:27:38	7:03
193	19	M17 Chad Follis, 18, Des Moines, IA	1:27:42	7:03
194	2	M60 Jim Schleisman, 67, Jefferson, IA	1:27:43	7:03
195	44	M35 Brian Roach, 36, Kansas City, MO	1:27:43	7:03
196	33	M40 Steve Shenefield, 42, Chariton, IA	1:27:45	7:04
19	2	W17 Casey Owens, 17*, Des Moines, IA	1:27:48	7:04
20	3	W17 Kate Olesen, 19*, Greenfield, IA	1:27:51	7:04
197	34	M40 Brian Smith, 42, Redfield, IA	1:27:56	7:05
21	7	W30 Traci Hart, 30*, West Des Moines, IA	1:27:57	7:05
198	2	M55 Craig Clark, 56, Mason City, IA	1:27:59	7:05
199	3	M60 Jim Smedema, 68, Windsor Heights, IA	1:28:00	7:05
200	35	M40 Ron Hankins, 42, West Des Moines, IA	1:28:04	7:05
201	20	M17 Cris Conner, 17, West Des Moines, IA	1:28:08	7:05
202	21	M45 Michael Tometich, 48, Mt Pleasant, IA	1:28:09	7:06
22	4	W40 Joann Kobes, 40*, Des Moines, IA	1:28:11	7:06
203	22	M45 Sam Pederson, 48, Lake Mills, IA	1:28:13	7:06
204	23	M45 Ron Kinner, 47, Des Moines, IA	1:28:16	7:06
205	22	M25 Steve Houg, 25, West Des Moines, IA	1:28:17	7:06
206	36	M40 Randy Wadle, 41, Newton, IA	1:28:28	7:07
207	45	M35 Larry Jackson, 38, Ankeny, IA	1:28:29	7:07
208	27	M30 Greg Schenck, 34, Stanton, IA	1:28:32	7:07
209	23	M25 Chris Willeman, 25, Ballwin, MO	1:28:34	7:08
210	28	M30 Scott Hoag, 33, Eldridge, IA	1:28:35	7:08
211	46	M35 Dan Olson, 37, Des Moines, IA	1:28:38	7:08
23	8	W30 Linda Rienks, 34*, Denison, IA	1:28:42	7:08
212	47	M35 Pat Baldus, 35, West Des Moines, IA	1:28:43	7:08
213	24	M20 Christian Baum, 23, Ames, IA	1:28:44	7:08
214	29	M30 Brian Clark, 34, Clive, IA	1:28:47	7:09
215	37	M40 Daniel Dietz, 41, Smyrna, GA	1:28:48	7:09
24	4	W35 Heather Stilborn, 37*, Des Moines, IA	1:28:48	7:09

25	5	W25	Lisa Mesquita, 28*, Neptune Beach, FL	1:28:49	7:09
216	38	M40	David Flory, 40, Ames, IA	1:28:49	7:09
217	39	M40	Randy Huewe, 43, Urbandale, IA	1:28:57	7:09
218	48	M35	Bill Hansen, 39, Iowa Falls, IA	1:29:03	7:10
26	9	W30	Pamela Stevens, 34*, Petersburg, IL	1:29:07	7:10
219	21	M17	Chett Ray, 19, Orient, IA	1:29:07	7:10
27	1	W45	Andriette Wickstrom, 45*, Storm Lake, IA	1:29:08	7:10
220	30	M30	David Thomsen, 32, Iowa City, IA	1:29:08	7:10
221	24	M45	Steve Washler, 48, Cedar Rapids, Ia Ia	1:29:12	7:11
28	2	W45	Nancy Hoegh, 47*, Clive, IA	1:29:14	7:11
222	31	M30	Guy Pareti, 31, Ankeny, IA	1:29:17	7:11
223	49	M35	Dan Gustafson, 37, Urbandale, IA	1:29:18	7:11
224	22	M17	Matthew Skeens, 18, Johnston, IA	1:29:19	7:11
225	7	M50	Dennis Wheeler, 50, Des Moines, IA	1:29:23	7:12
226	40	M40	Kevin Emge, 41, West Des Moines, IA	1:29:26	7:12
227	25	M45	Bob Grote, 46, West Des Moines, IA	1:29:27	7:12
228	25	M20	Tom Rothamel, 23, Bozeman, MT	1:29:36	7:13
229	50	M35	Alan Brown, 35, Clive, IA	1:29:38	7:13
230	32	M30	Alex Fink, 31, Des Moines, IA	1:29:45	7:13
231	8	M50	Willard Olesen, 52, Greenfield, IA	1:29:49	7:14
232	51	M35	Dave Mable, 35, Urbandale, IA	1:29:54	7:14
233	24	M25	Mark Wall, 26, Waterloo, IA	1:29:59	7:14
29	5	W40	Sheila Maddock, 44*, Johnston, IA	1:30:02	7:15
234	9	M50	Rich Smith, 51, Urbandale, IA	1:30:03	7:15
235	52	M35	Stewart Baldner, 39, Dallas Center, IA	1:30:09	7:15
236	26	M20	Tim Osterhaus, 23, West Des Moines, IA	1:30:11	7:15
237	27	M20	Robert Annexstad, 24, Des Moines, IA	1:30:12	7:15
238	53	M35	Gary Roll, 36, Iowa Falls, IA	1:30:13	7:16
30	10	W30	Lisa Klein, 31*, Des Moines, IA	1:30:13	7:16
239	10	M50	Peter Crawford, 50, Red Oak, IA	1:30:14	7:16
240	41	M40	Dave Dawson, 40, Des Moines, IA	1:30:15	7:16
241	28	M20	Salvador Lara, 23, Marshalltown, IA	1:30:16	7:16
242	26	M45	Galen Wilke, 49, Ames, IA	1:30:16	7:16
31	2	W20	Julia Meimann, 21*, Nevada, Ia	1:30:18	7:16
243	42	M40	Steve Vaught, 42, Des Moines, IA	1:30:20	7:16
32	11	W30	Renee Campiano, 34*, Clive, IA	1:30:20	7:16
244	27	M45	Todd Gaffney, 46, Des Moines, IA	1:30:20	7:16
245	29	M20	Tim Rypma, 20, Des Moines, IA	1:30:21	7:16
33	6	W40	Sue Boley, 43*, Maxwell, IA	1:30:22	7:16
246	33	M30	Mark Caples, 32, Altoona, IA	1:30:24	7:16
247	34	M30	David Seevers, 32, Lincoln, NE	1:30:29	7:17
248	11	M50	Randall Wilson, 50, Des Moines, IA	1:30:31	7:17
249	35	M30	Mike Donahue, 32, Des Moines, IA	1:30:31	7:17
250	43	M40	Barry Roberts, 42, Adel, IA	1:30:33	7:17
251	36	M30	Jose Medina, 32, San Antonio, TX	1:30:41	7:18
252	23	M17	Nicholas Ford, 19, Creston, IA	1:30:43	7:18
253	24	M17	Jeffrey Judisch, 19, Tripoli, IA	1:30:44	7:18
254	54	M35	Mike Jacobi, 36, Shellsburg, IA	1:30:46	7:18
255	55	M35	Ross Harris, 39, Edina, MN	1:30:46	7:18
256	28	M45	Larry Zimpleman, 48, Clive, IA	1:30:49	7:18
257	37	M30	Tim Trujillo, 31, Des Moines, IA	1:30:53	7:19
258	56	M35	John Moorlach, 37, Indianola, IA	1:30:53	7:19
259	57	M35	Brian Kennedy, 36, Franklin, TN	1:30:56	7:19
260	25	M25	Christopher Ihle, 25, Huxley, IA	1:30:58	7:19
34	7	W40	Tricia McClain, 43*, Altoona, IA	1:30:59	7:19
261	38	M30	Tony Hunt, 31, Urbandale, IA	1:31:00	7:19
262	25	M17	Matt Smith, 18, Eldora, IA	1:31:02	7:19
263	44	M40	Joseph Gobeli, 41, Altoona, IA	1:31:03	7:20
264	58	M35	Jeff Osmundson, 35, Des Moines, IA	1:31:06	7:20
265	45	M40	Tim Kelly, 41, Iowa City, IA	1:31:08	7:20
266	46	M40	Tom Groves, 44, Polk City, IA	1:31:10	7:20
35	6	W25	Sabra Rosener, 29*, Des Moines, IA	1:31:10	7:20
267	59	M35	Tim Gedler, 36, West Des Moines, IA	1:31:10	7:20
268	39	M30	Mark Nowling, 32, Omaha, NE	1:31:12	7:20
269	30	M20	Nathan Vonahsen, 20, Pleasant Hill, IA	1:31:15	7:21

36	5	W35	Kathi Prien, 38*, West Des Moines, IA	1:31:19	7:21
270	40	M30	Christopher Schulte, 32, Shawnee, KS	1:31:23	7:21
37	8	W40	Joanne Kerschierter, 44*, Moline, IL	1:31:24	7:21
38	7	W25	Angie Williams, 27*, Des Moines, IA	1:31:26	7:21
271	47	M40	John Dupuy, 44, Newton, IA	1:31:27	7:21
272	60	M35	Steve Lafrentz, 39, Urbandale, IA	1:31:27	7:22
273	12	M50	Dale Andres, 52, Clear Lake, IA	1:31:29	7:22
274	48	M40	Daniel Rosenberg, 43, Des Moines, IA	1:31:29	7:22
39	3	W20	Karen Berggren, 23*, Des Moines, IA	1:31:30	7:22
275	26	M25	L Painovich, 29, Clive, IA	1:31:30	7:22
40	8	W25	Heather Wilson, 26*, Floyd, IA	1:31:32	7:22
276	61	M35	Kelly Simpson, 39, Jefferson, IA	1:31:33	7:22
277	27	M25	Jimmy Rottinghaus, 26, Urbandale, IA	1:31:38	7:22
278	62	M35	Rob Gillum, 39, Des Moines, IA	1:31:39	7:22
279	31	M20	Ross Palmer, 24, West Des Moines, IA	1:31:41	7:23
280	49	M40	Edward Walsh, 44, Chicago, IL	1:31:43	7:23
281	41	M30	David Badger, 34, Elk River, MN	1:31:43	7:23
282	26	M17	Brett Myers, 19, West Des Moines, IA	1:31:47	7:23
283	63	M35	Scott Lundstrom, 35, Saylorville, IA	1:31:56	7:24
284	13	M50	Reed Moore, 53, Kelley, IA	1:31:59	7:24
41	9	W40	Janet Malmberg, 40*, Des Moines, IA	1:32:03	7:24
285	29	M45	Jan Fletcher, 48, Earlham, IA	1:32:04	7:24
286	64	M35	Scott Boever, 39, Des Moines, IA	1:32:05	7:25
287	50	M40	Bruce Meunier, 40, Urbandale, IA	1:32:06	7:25
42	12	W30	Sandy Sabelka, 32*, Denver, IA	1:32:13	7:25
288	3	M55	Ron Bickel, 57, Pleasant Hill, IA	1:32:14	7:25
289	28	M25	John Murphy, 26, Ames, IA	1:32:15	7:25
290	30	M45	Lee Tesdell, 49, Slater, IA	1:32:16	7:25
291	4	M55	Tucker Lillis, 55, Oskaloosa, IA	1:32:24	7:26
292	51	M40	Darryl Brumm, 44, Cedar Falls, IA	1:32:25	7:26
293	42	M30	Rich Richmond, 34, Cedar Rapids, IA	1:32:26	7:26
43	6	W35	Denise Charter-Jones, 38*, Urbandale, IA	1:32:27	7:26
294	52	M40	Kevin Techau, 41, Des Moines, IA	1:32:30	7:27
295	32	M20	Kevin Nuehring, 24, Des Moines, IA	1:32:33	7:27
296	43	M30	Mike Anthony, 32, Greenfield, IA	1:32:35	7:27
297	44	M30	Scott Schwister, 31, Lincoln, NE	1:32:36	7:27
44	10	W40	Rosanne Hopson, 41*, Iowa City, IA	1:32:39	7:27
298	31	M45	David Peters, 45, Atlantic, IA	1:32:41	7:27
299	27	M17	Kurt Rietema, 18, Pella, IA	1:32:42	7:28
300	14	M50	Andrew Hazer, 50, Columbia, IA	1:32:43	7:28
301	53	M40	Craig Edmondson, 40, Storm Lake, IA	1:32:44	7:28
45	9	W25	Bobby Radakovich, 27*, Earlham, IA	1:32:45	7:28
302	54	M40	Rick Gustafson, 40, Des Moines, IA	1:32:46	7:28
303	32	M45	Joe Blunk, 48, Ames, IA	1:32:47	7:28
304	45	M30	Brett Faulkner, 34, Dayton, IA	1:32:48	7:28
46	11	W40	Lisa Simonetta, 41*, Des Moines, IA	1:32:50	7:28
305	28	M17	Curt Hobson, 19, Eldora, IA	1:32:53	7:28
306	29	M17	Andy Arends, 17, Hampton, IA	1:32:55	7:29
307	65	M35	Dan Baldi, 37, Des Moines, IA	1:32:57	7:29
308	46	M30	Michael Mitchell, 30, Pleasant Hill, IA	1:32:58	7:29
309	33	M45	John Ytzen, 46, Creston, IA	1:32:59	7:29
310	66	M35	Jeffrey Shannon, 37, Oskaloosa, IA	1:33:02	7:29
311	33	M20	Mark Simons, 23, Iowa City, IA	1:33:05	7:29
312	29	M25	Brendan McCallum, 25, Des Moines, IA	1:33:08	7:30
313	30	M25	Nate Hebel, 25, Urbandale, IA	1:33:08	7:30
314	34	M45	Richard Anfinson, 48, Cedar Falls, IA	1:33:09	7:30
315	34	M20	Darin Arkema, 21, Sully, IA	1:33:11	7:30
316	30	M17	Colin Attema, 19, Hull, IA	1:33:12	7:30
47	13	W30	Melanie Selby, 31*, Des Moines, IA	1:33:12	7:30
317	31	M17	Marcus Scholten, 19, Sheldon, IA	1:33:13	7:30
318	31	M25	Mark DouBrava, 29, West Des Moines, IA	1:33:14	7:30
319	15	M50	Don Miller, 52, Clive, IA	1:33:20	7:31
48	14	W30	Becky Washler, 34*, Cedar Rapids, IA	1:33:20	7:31
320	67	M35	Jonathan Stewart, 39, Cumming, IA	1:33:21	7:31
321	2	JrM	Brett Ray, 16, Orient, IA	1:33:23	7:31

322	32	M17	Cole Kopacek, 18, Britt, IA	1:33:24	7:31
323	68	M35	Scott Steelman, 37, West Des Moines, IA	1:33:26	7:31
324	55	M40	Tom Gidlewski, 43, Ames, IA	1:33:27	7:31
	49	7	W35 Kathie Madron, 37*, Oakland, IA	1:33:28	7:31
	50	4	W20 Courtney Pleak, 23*, Harlan, IA	1:33:29	7:31
325	16	M50	Carl Voss, 51, Des Moines, IA	1:33:31	7:31
326	33	M17	Nick Vanderkwaak, 19, Johnston, IA	1:33:35	7:32
327	35	M45	David McClung, 45, Des Moines, IA	1:33:39	7:32
328	56	M40	Dennis Dornbier, 43, West Des Moines, IA	1:33:41	7:32
329	32	M25	Michael Pfeifer, 28, Urbandale, IA	1:33:42	7:32
330	47	M30	Lief Gunhus, 34, Ames, IA	1:33:42	7:32
331	69	M35	Brad Beach, 36, Sioux City, IA	1:33:43	7:32
	51	10	W25 Cathy Campbell, 29*, Sergeant Bluff, IA	1:33:44	7:33
332	17	M50	Gordy Strickland, 53, Lincoln, NE	1:33:48	7:33
333	70	M35	Thomas Duff, 37, Des Moines, IA	1:33:49	7:33
334	71	M35	Doug Eppard, 35, Johnston, IA	1:33:52	7:33
	52	1	JrW Cortney Jacobs, 14*, Atlantic, IA	1:33:56	7:33
335	33	M25	Tim Lowe, 27, Clive, IA	1:33:58	7:34
336	5	M55	Steve Radakovich, 56, Earlham, IA	1:33:59	7:34
337	34	M17	Bill Holscher, 18, Polk City, IA	1:34:03	7:34
	53	5	W20 Lindsay Zwemke, 24*, Marshalltown, IA	1:34:05	7:34
338	36	M45	Stan Jones, 47, Norwalk, IA	1:34:06	7:34
	54	12	W40 Nancy Willert, 43*, Nevada, IA	1:34:06	7:34
339	72	M35	David Teachout, 39, Des Moines, IA	1:34:06	7:34
340	35	M17	James Marshall, 17, Urbandale, IA	1:34:09	7:34
341	48	M30	Brad Dyslin, 34, Urbandale, IA	1:34:09	7:35
342	37	M45	Charlie Funk, 46, West Des Moines, IA	1:34:11	7:35
	55	3	W45 Elaine Van Dyck, 46*, Des Moines, IA	1:34:12	7:35
343	3	JrM	Craig Schwarte, 15, Atlantic, IA	1:34:13	7:35
344	18	M50	Larry Walden, 53, Marshalltown, IA	1:34:14	7:35
345	73	M35	Larry McCabe, 39, Des Moines, IA	1:34:15	7:35
346	36	M17	Jeff Stewart, 17, Eldora, IA	1:34:19	7:35
347	6	M55	Stephen Beisler, 57, Iowa City, IA	1:34:23	7:36
348	74	M35	Leslie Williams, 39, Urbandale, IA	1:34:27	7:36
349	49	M30	Doug Vander Beek, 34, Prairie City, IA	1:34:28	7:36
350	57	M40	John Meyer, 44, West Des Moines, IA	1:34:29	7:36
351	75	M35	John Sheka, 39, Cedar Rapids, IA	1:34:30	7:36
	56	15	W30 Brenda O'Hare, 32*, Ames, IA	1:34:31	7:36
352	58	M40	Paul Kruse, 42, Granger, Ia	1:34:37	7:37
353	59	M40	Ron Warner, 44, Davenport, IA	1:34:38	7:37
354	4	M60	Peter Rabideau, 60, Ames, IA	1:34:39	7:37
355	60	M40	Bob Jennings, 41, West Des Moines, IA	1:34:43	7:37
356	76	M35	Michael Parker, 36, Brandon, SD	1:34:44	7:37
357	35	M20	Todd Lemley, 20, Des Moines, IA	1:34:46	7:38
358	50	M30	Rich Balsley, 33, Ames, IA	1:34:48	7:38
	57	11	W25 Lori Knights, 27*, Ames, IA	1:34:48	7:38
359	38	M45	Greg Gruss, 49, Carlisle, IA	1:34:49	7:38
360	51	M30	Eric Hart, 33, Ames, IA	1:34:50	7:38
361	52	M30	Jim Hagelie, 32, Marshalltown, IA	1:34:52	7:38
362	34	M25	Alex Johnson, 26, Des Moines, IA	1:34:54	7:38
363	7	M55	Ed Dieleman, 55, Oskaloosa, IA	1:34:57	7:38
364	35	M25	Ryan Barton, 26, Des Moines, IA	1:34:58	7:38
365	19	M50	Tom Costanzo, 52, Des Moines, IA	1:34:59	7:39
366	20	M50	Richard Guffy, 50, Des Moines, IA	1:35:03	7:39
367	4	JrM	Donald Gehrls, 14, Clive, IA	1:35:04	7:39
368	21	M50	Norm Vos, 54, Pella, IA	1:35:07	7:39
369	36	M25	David Olsen, 27, Omaha, NE	1:35:16	7:40
	58	13	W40 Beth Henriksen, 44*, Ames, IA	1:35:21	7:40
370	53	M30	Blake Miller, 31, Newton, IA	1:35:23	7:40
371	77	M35	Dennis O'Donnell, 39, Coralville, IA	1:35:25	7:41
372	39	M45	Rob Stetson, 46, Johnston, IA	1:35:26	7:41
373	54	M30	John Bunz, 34, Clive, IA	1:35:28	7:41
	59	8	W35 Kathy Hale, 35*, Bondurant, IA	1:35:29	7:41
374	8	M55	Fred McCurnin, 56, Mason City, IA	1:35:31	7:41
375	5	M60	Jim Streeby, 60, Ottumwa, IA	1:35:32	7:41

376	55	M30	Todd Neumann, 31, Johnston, IA	1:35:34	7:41
377	56	M30	Jeff Nelson, 30, Chesterfield, MO	1:35:40	7:42
378	40	M45	Mike Freel, 47, Des Moines, IA	1:35:42	7:42
379	57	M30	Kevin Barkema, 31, Conrad, IA	1:35:46	7:42
60	9	W35	Melanie Anderson, 37*, Clive, IA	1:35:48	7:42
61	10	W35	Lori Tibbetts, 39*, Des Moines, IA	1:35:49	7:43
380	41	M45	Jeff Rissman, 47, Urbandale, IA	1:35:50	7:43
381	37	M17	Tanner Roos, 19, Denison, IA	1:35:50	7:43
382	58	M30	Mike Kelly, 32, West Des Moines, IA	1:35:55	7:43
383	42	M45	Rich Carlson, 48, Bettendorf, IA	1:35:56	7:43
384	78	M35	Matthew Mixdorf, 35, Hudson, IA	1:35:58	7:43
385	43	M45	Phil Pitzen, 48, West Des Moines, IA	1:36:01	7:43
386	37	M25	Jeff Brock, 29, Des Moines, IA	1:36:01	7:44
387	44	M45	Louis Ramirez, 48, Des Moines, IA	1:36:02	7:44
388	79	M35	Charles Atwell, 36, Des Moines, IA	1:36:02	7:44
62	16	W30	Tara Brawner, 31*, Clive, IA	1:36:03	7:44
389	5	JrM	Peter Christakos, 15, Johnston, IA	1:36:03	7:44
390	38	M17	Eric Nottger, 19, Hudson, IA	1:36:04	7:44
63	6	W20	Tammy Reavis, 20*, West Des Moines, IA	1:36:07	7:44
391	22	M50	Thomas Bachmann, 54, Grinnell, IA	1:36:07	7:44
64	14	W40	Nancy Obrien, 43*, West Des Moines, IA	1:36:10	7:44
392	61	M40	Lee Johnson, 44, West Des Moines, IA	1:36:10	7:44
393	80	M35	Monte Cochran, 39, Urbandale, IA	1:36:11	7:44
394	81	M35	Scott Weber, 37, Polk City, IA	1:36:13	7:44
395	38	M25	Matt Arends, 28, Hampton, IA	1:36:13	7:45
396	59	M30	Tyler Dunker, 34, West Des Moines, IA	1:36:14	7:45
65	4	W45	Claudia Scott, 49*, Marion, IA	1:36:17	7:45
397	82	M35	John Cahalan, 35, Mason City, IA	1:36:17	7:45
398	60	M30	Jeff Marks, 34, Des Moines, IA	1:36:20	7:45
66	2	JrW	Afton Polk, 13*, Des Moines, IA	1:36:21	7:45
399	62	M40	David Butel, 42, Des Moines, IA	1:36:22	7:45
400	39	M25	Grant Manning, 26, Des Moines, IA	1:36:23	7:45
401	61	M30	Rick Snyder, 33, West Des Moines, IA	1:36:23	7:45
402	23	M50	Philip Hodges, 52, Ames, IA	1:36:24	7:45
67	4	W17	Racquel Flora, 18*, Mingo, IA	1:36:24	7:45
403	62	M30	Steve Blazek, 34, Ankeny, IA	1:36:24	7:45
404	45	M45	Anthony Crebbin, 47, Overland Park, KS	1:36:26	7:45
405	83	M35	Brian Benjamin, 35, Yale, IA	1:36:26	7:46
406	63	M30	Tim Ordal, 32, West Des Moines, IA	1:36:31	7:46
68	5	W17	Ann McMillen, 17*, Bedford, IA	1:36:32	7:46
407	24	M50	Gene Yagla, 54, Waterloo, IA	1:36:32	7:46
408	84	M35	Jeff Rader, 37, Clive, IA	1:36:32	7:46
409	85	M35	Robert Michaels, 38, Ankeny, IA	1:36:33	7:46
69	6	W17	Kristen Kass, 19*, La Mars, IA	1:36:35	7:46
410	86	M35	Jay Fisher, 36, Pleasant Hill, IA	1:36:35	7:46
411	64	M30	Anthony Wilken, 32, Hampton, IA	1:36:36	7:46
412	46	M45	Curt Hollebrands, 48, Clive, IA	1:36:38	7:46
70	3	JrW	Natalie Stork, 16*, Urbandale, IA	1:36:39	7:47
71	7	W17	Emily Schwartz, 17*, West Des Moines, IA	1:36:39	7:47
413	39	M17	Eric Dirks, 17, Ankeny, IA	1:36:42	7:47
414	87	M35	James Ramsey, 37, Des Moines, IA	1:36:43	7:47
415	47	M45	Jeffrey Herrick, 47, Ames, IA	1:36:43	7:47
416	63	M40	Tim Harding, 41, Geneseo, IL	1:36:44	7:47
417	25	M50	Jim Burns, 54, Ottumwa, IA	1:36:46	7:47
418	64	M40	Michael Schwarz, 40, Lino Lakes, MN	1:36:46	7:47
419	88	M35	Joseph Ghormley, 38, Des Moines, IA	1:36:47	7:47
420	40	M25	Kevin Ruble, 29, Urbandale, IA	1:36:52	7:48
421	26	M50	Philip McCune, 54, Grinnell, IA	1:36:53	7:48
422	41	M25	Troy Seeley, 29, Fairfield, IA	1:36:54	7:48
423	48	M45	Charles Smith, 49, Des Moines, IA	1:36:56	7:48
424	89	M35	Bill Molis, 39, Davenport, IA	1:36:56	7:48
425	49	M45	Bob Badalucco, 45, Omaha, NE	1:36:57	7:48
426	90	M35	Dan Houston, 38, West Des Moines, IA	1:36:57	7:48
427	65	M30	Michael Rieks, 32, West Des Moines, IA	1:36:58	7:48
428	91	M35	Michael Feldman, 38, Urbandale, IA	1:36:58	7:48

72	7	W20 Nicole Rassbach, 23*, Minneapolis, MN	1:36:59	7:48
73	8	W20 Amy Hoel, 23*, Des Moines, IA	1:36:59	7:48
429	65	M40 Andy Kraber, 44, Knoxville, IA	1:36:59	7:48
430	50	M45 Brad Shipman, 45, Van Meter, IA	1:37:00	7:48
74	5	W45 Loree Miles, 45*, Des Moines, IA	1:37:02	7:48
431	27	M50 Dave Vellinga, 50, Clive, IA	1:37:02	7:48
432	51	M45 Dennis Stevenson, 45, Ankeny, IA	1:37:04	7:49
433	52	M45 Greg Lee, 45, Knoxville, IA	1:37:05	7:49
434	66	M40 Allen Benson, 40, Ankeny, IA	1:37:13	7:49
435	92	M35 Bill Vipond, 36, Ankeny, IA	1:37:16	7:50
436	66	M30 Brendan Comito, 33, Des Moines, IA	1:37:22	7:50
75	17	W30 Jennifer Dake, 30*, Des Moines, IA	1:37:27	7:50
437	28	M50 Mike Peterson, 51, Webster City, IA	1:37:27	7:50
438	67	M40 Jim Polich, 43, Madrid, IA	1:37:31	7:51
76	11	W35 Peggy Fevold, 37*, Des Moines, IA	1:37:34	7:51
439	93	M35 Scott Yank, 37, Lincoln, NE	1:37:36	7:51
440	53	M45 Terry Lint, 45, Clive, IA	1:37:37	7:51
441	40	M17 Dan Logston, 18, Indianola, IA	1:37:38	7:51
77	15	W40 Sharla Vander Linden, 40*, Clive, IA	1:37:38	7:51
442	29	M50 Paul Gordon, 50, Mason City, IA	1:37:39	7:51
443	67	M30 Scott Dekok, 33, Sheldon, IA	1:37:40	7:51
444	54	M45 Jon Jordan, 45, Atlantic, IA	1:37:40	7:52
78	12	W25 Dana Buddecke, 28*, Ankeny, IA	1:37:41	7:52
445	55	M45 Larry Allen, 49, Ames, IA	1:37:43	7:52
446	56	M45 Stan Welp, 47, Eldora, IA	1:37:44	7:52
79	12	W35 Michelle Stevens, 38*, Denver, IA	1:37:48	7:52
447	36	M20 Lord Guenther, 24, Winona, MN	1:37:49	7:52
448	42	M25 Marty Momsen, 25, Winona, MN	1:37:49	7:52
80	16	W40 Cynthia Boyer-McFarland, 42*, Cedar Rapids, IA	1:37:50	7:52
449	68	M40 Jeff Van Houten, 44, Altoona, IA	1:37:54	7:53
450	30	M50 Dick Morrison, 51, Cedar Rapids, IA	1:37:57	7:53
451	68	M30 Jason Irving, 30, Fort Dodge, IA	1:37:59	7:53
81	13	W25 Casey Orr, 28*, Des Moines, IA	1:38:01	7:53
452	94	M35 Dale Knoshaug, 38, Des Moines, IA	1:38:04	7:53
82	9	W20 Sarah Rhoten, 23*, Urbandale, IA	1:38:04	7:53
453	95	M35 Jeffrey Anderson, 39, Boone, IA	1:38:04	7:53
454	6	M60 Dave Coppinger, 62, Waukee, IA	1:38:07	7:54
455	69	M30 Mark Denkinger, 33, Windsor Heights, IA	1:38:07	7:54
456	6	JrM Jeremiah Vincent, 15, Des Moines, IA	1:38:09	7:54
457	70	M30 Scott Pries, 31, West Des Moines, IA	1:38:11	7:54
458	57	M45 Steve Nelson, 48, Des Moines, IA	1:38:12	7:54
459	71	M30 Blair Johnston, 32, Waukee, IA	1:38:15	7:54
460	43	M25 Robert O'Callahan, 28, West Des Moines, IA	1:38:16	7:54
461	72	M30 Spero Vlahoulis, 32, Sioux City, IA	1:38:16	7:54
462	96	M35 Jay Alexander, 35, Des Moines, IA	1:38:17	7:54
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465	58	M45 Larry Cohn, 48, Springville, IA	1:38:19	7:55
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470	69	M40 John Kim, 43, Urbandale, IA	1:38:27	7:55
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474	32	M50 Lloyd Fagin, 53, Perry, IA	1:38:33	7:56
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477	60	M45 Mark Haugen, 48, Urbandale, IA	1:38:37	7:56

478	61	M45	Larry Jewell, 46, Urbandale, IA	1:38:37	7:56
479	103	M35	Scott Rutgers, 38, Cedar Rapids, IA	1:38:41	7:56
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493	108	M35	Jay Hagedorn, 36, Des Moines, IA	1:39:00	7:58
494	109	M35	Rob Mosher, 36, West Des Moines, IA	1:39:00	7:58
495	75	M30	Mark Spellman, 31, Clive, IA	1:39:04	7:58
	90	11	W20 Keri Badding, 24*, Des Moines, IA	1:39:05	7:58
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655	102	M40 Matt Tippie, 44, Cedar Rapids, IA	1:44:14	8:23
152	34	W30 Jenny Miller, 34*, West Des Moines, IA	1:44:14	8:23
153	10	W17 Andrea Beisser, 19*, Ames, IA	1:44:15	8:23
656	44	M50 John Pleasants, 51, Ames, IA	1:44:15	8:23
657	16	M55 Ellery Duke, 55, Des Moines, IA	1:44:18	8:24
658	139	M35 Tim Saylor, 37, Urbana, IA	1:44:19	8:24
659	45	M50 Lawain Judisch, 50, Tripoli Ia	1:44:19	8:24
154	18	W20 Jaime Hamann, 22*, Mason City, IA	1:44:21	8:24
660	65	M25 Marty Mitchell, 25, Carlisle, IA	1:44:21	8:24
661	140	M35 Dan Mallonee, 39, Cedar Rapids, IA	1:44:23	8:24

662	46	M50	Ronald Zeimen, 52, Denison, IA	1:44:25	8:24
663	110	M30	Mark Feilmeier, 33, Breda, IA	1:44:26	8:24
664	111	M30	J D Feilmeier, 30, West Des Moines, IA	1:44:27	8:24
665	66	M25	Todd Eschweiler, 29, Ankeny, IA	1:44:29	8:24
666	79	M45	Jack Stewart, 47, Ankeny, IA	1:44:30	8:24
155	25	W40	Vicki Vanderkwaak, 44*, Johnston, IA	1:44:31	8:25
156	19	W20	Jessica Page, 21*, Urbandale, IA	1:44:32	8:25
667	45	M20	Todd Willemsen, 22, Pella, IA	1:44:33	8:25
668	46	M20	Kevin Otten, 24, Des Moines, IA	1:44:35	8:25
669	112	M30	Chris Andersen, 32, Clive, IA	1:44:37	8:25
670	47	M20	Christopher Stafford, 22, Grimes, IA	1:44:37	8:25
671	48	M20	Dan Hogan, 22, West Des Moines, IA	1:44:38	8:25
672	113	M30	Ross Hillsman, 34, West Des Moines, IA	1:44:38	8:25
673	49	M20	Jason Halfpap, 24, West Des Moines, IA	1:44:42	8:25
674	50	M20	Adam Nelson, 24, West Des Moines, IA	1:44:42	8:25
675	141	M35	Richard Shryack, 38, Moline, IL	1:44:45	8:26
157	35	W30	Leah Churchman, 30*, West Des Moines, IA	1:44:47	8:26
158	27	W25	Stacie Struck, 28*, West Des Moines, IA	1:44:48	8:26
676	51	M20	Scott Thompson, 23, Iowa City, IA	1:44:48	8:26
677	142	M35	David Salaba, 35, Cumming, IA	1:44:48	8:26
678	47	M50	Moe Russell, 51, Panora, IA	1:44:49	8:26
159	11	W45	Sharon Sullivan, 46*, Des Moines, IA	1:44:50	8:26
679	80	M45	David Eash, 47, Solon, IA	1:44:51	8:26
680	103	M40	David Schnoes, 40, West Des Moines, IA	1:44:54	8:26
160	20	W20	Tara Owen, 24*, Ankeny, IA	1:44:58	8:27
161	21	W20	Gina Gelatti, 21*, Ankeny, IA	1:45:07	8:27
162	22	W20	Dayna Adloff, 22*, Maryville, MO	1:45:07	8:27
681	114	M30	Scott Johnston, 30, Indianola, IA	1:45:10	8:28
682	48	M50	Jim Lowe, 54, Des Moines, IA	1:45:10	8:28
163	12	W45	Judy Stewart, 47*, Brooklyn Park, MN	1:45:12	8:28
164	26	W40	Becky Nichols, 40*, Des Moines, IA	1:45:12	8:28
683	67	M25	Tony George, 27, Ankeny, IA	1:45:14	8:28
684	104	M40	Richard Ford, 41, Dallas Center, IA	1:45:15	8:28
165	23	W20	Dawn Tieskoetter, 23*, Cedar Rapids, IA	1:45:16	8:28
685	143	M35	Rob Baldus, 35, Indianola, IA	1:45:17	8:28
686	68	M25	Ryan Sewell, 26, Iowa City, IA	1:45:19	8:28
166	28	W25	Stacey Waters, 28*, Johnston, IA	1:45:19	8:28
167	36	W30	Lisa Nelson, 30*, Urbandale, IA	1:45:20	8:28
687	144	M35	Joe Zoll, 39, Des Moines, IA	1:45:21	8:29
688	17	M55	Dick Groves, 55, Cedar Falls, IA	1:45:22	8:29
689	145	M35	Brian Okeefe, 36, Des Moines, IA	1:45:24	8:29
690	69	M25	Thomas Colby, 29, Minneapolis, MN	1:45:25	8:29
691	105	M40	Richard Johnson, 41, West Des Moines, IA	1:45:25	8:29
692	45	M17	Luke Rolfes, 18, Polk City, IA	1:45:27	8:29
168	5	JrW	Amber Phillips, 16*, Polk City, IA	1:45:28	8:29
169	25	W35	Nola Seaberg, 38*, Des Moines, IA	1:45:36	8:30
170	26	W35	Mary Studer, 37*, Ankeny, IA	1:45:38	8:30
693	146	M35	Thomas Murphy, 36, West Des Moines, IA	1:45:39	8:30
694	49	M50	Rick Grant, 53, West Des Moines, IA	1:45:41	8:30
695	81	M45	Donald Schoen, 48, West Des Moines, IA	1:45:44	8:30
171	27	W35	Sarah Brown, 39*, Cedar Rapids, IA	1:45:48	8:31
696	115	M30	Jon Thompson, 33, Des Moines, IA	1:45:48	8:31
697	82	M45	Bill Bernard, 47, Traer, IA	1:45:50	8:31
698	106	M40	Joseph Knobbe, 44, West Des Moines, IA	1:45:51	8:31
699	116	M30	Jeremy Becker, 30, Ankeny, IA	1:45:51	8:31
700	18	M55	Eldon Ott, 57, Marshalltown, IA	1:45:52	8:31
172	28	W35	Yvonne Minton, 35*, Des Moines, IA	1:45:56	8:31
701	50	M50	Wayne Mast, 53, Marshalltown, IA	1:45:57	8:31
702	51	M50	Vern Stalzer, 53, Marshalltown, IA	1:45:57	8:31
703	83	M45	John Blyth, 45, Clive, IA	1:45:58	8:32
704	117	M30	Joey Herman, 34, Des Moines, IA	1:45:58	8:32
705	19	M55	Larry Detwiler, 56, Des Moines, IA	1:45:58	8:32
706	118	M30	Jeff Latterell, 34, West Des Moines, IA	1:45:59	8:32
173	29	W25	Beth Seuferer, 29*, West Des Moines, IA	1:46:01	8:32
174	37	W30	Lisa Broderick, 34*, Dallas Center, IA	1:46:01	8:32

175	27	W40 Pam Craven, 44*, Ames, IA	1:46:04	8:32
176	30	W25 Lisa Hovey, 28*, Urbandale, IA	1:46:05	8:32
707	52	M50 Norm Ostbloom, 52, Des Moines, IA	1:46:08	8:32
708	107	M40 Guy Wernet, 44, Clive, IA	1:46:11	8:33
709	147	M35 Nile Ackerman, 37, Johnston, IA	1:46:11	8:33
710	12	JrM Gavin White, 15, Ames, IA	1:46:12	8:33
711	13	JrM Adam Hundertmark, 15, Ames, IA	1:46:12	8:33
177	29	W35 Dawn Wellman, 36*, Johnston, IA	1:46:13	8:33
712	108	M40 Bret Weber, 41, Des Moines, IA	1:46:14	8:33
713	148	M35 Brett Bosworth, 37, Clive, IA	1:46:16	8:33
714	149	M35 John Taylor, 36, Des Moines, IA	1:46:17	8:33
178	30	W35 Leah Zeutenhorst, 36*, Des Moines, IA	1:46:17	8:33
179	13	W45 Pat Singer, 46*, Indianola, IA	1:46:21	8:33
715	119	M30 Jim Cunningham, 33, Urbandale, IA	1:46:24	8:34
716	46	M17 Ted Christakos, 18, Johnston, IA	1:46:26	8:34
717	150	M35 Craig Julsen, 39, Des Moines, IA	1:46:27	8:34
718	120	M30 Matt Busick, 32, Des Moines, IA	1:46:30	8:34
719	121	M30 Doug Vander Weide, 33, West Dsm, IA	1:46:30	8:34
720	109	M40 Mark Roberts, 43, Urbandale, IA	1:46:31	8:34
721	122	M30 Joe Heitzman, 32, West Des Moines, IA	1:46:32	8:34
722	52	M20 Matthew Peterson, 22, Ames, IA	1:46:35	8:35
723	53	M50 Mark McGrath, 51, Des Moines, IA	1:46:36	8:35
180	28	W40 Margaret Walsh, 43*, Chicago, IL	1:46:38	8:35
724	84	M45 Paul Von Ebers, 47, Des Moines, IA	1:46:39	8:35
181	31	W35 Jan Ferris, 35*, Urbandale, IA	1:46:41	8:35
725	70	M25 Chad Kluver, 29, West Des Moines, IA	1:46:42	8:35
726	71	M25 Shane Scott, 27, West Des Moines, IA	1:46:43	8:35
727	123	M30 Matt Marsh, 32, Clive, IA	1:46:43	8:35
728	85	M45 Fred Van Liew, 47, Des Moines, IA	1:46:45	8:35
182	14	W45 Jeanie Anderson, 45*, Bettendorf, IA	1:46:46	8:35
729	14	JrM Michael Billings, 16, Clear Lake, IA	1:46:47	8:35
730	124	M30 Ahmed Ibrahim, 32, Clive, IA	1:46:48	8:36
731	86	M45 Steve Wolver, 46, Urbandale, IA	1:46:49	8:36
732	72	M25 Troy Green, 29, Des Moines, IA	1:46:49	8:36
733	73	M25 Jason Webb, 25, Des Moines, IA	1:46:50	8:36
734	125	M30 Jonathan Kuyers, 32, Pella, IA	1:46:51	8:36
183	31	W25 Karen Masiello, 28*, Des Moines, IA	1:46:52	8:36
184	15	W45 Robin Hyland, 46*, Grimes, IA	1:46:52	8:36
185	24	W20 Christine Bruin, 23*, Anoka, MN	1:46:54	8:36
186	29	W40 Donna Ramsey, 40*, Des Moines, IA	1:46:54	8:36
735	126	M30 Michael Zachmeyer, 34, Rock Island, IL	1:46:56	8:36
736	151	M35 Jay Honohan, 35, Iowa City, IA	1:46:56	8:36
187	30	W40 Sheila Ehlers, 40*, Davenport, IA	1:46:57	8:36
737	15	JrM Anthony Miller, 14, Norwalk, IA	1:46:57	8:36
738	87	M45 Thomas Phillips, 49, West Des Moines, IA	1:47:00	8:37
188	38	W30 Beth Adams, 34*, Indianola, IA	1:47:00	8:37
739	47	M17 Jonathan Hardy, 18, Johnston, IA	1:47:03	8:37
740	110	M40 Steve Rossler, 40, Newton, IA	1:47:04	8:37
741	152	M35 Scott Bandstra, 38, Des Moines, IA	1:47:05	8:37
742	153	M35 David Jass, 37, Ankeny, IA	1:47:07	8:37
743	48	M17 Jason McReynolds, 19, Norwalk, IA	1:47:09	8:37
189	32	W25 Stephanie Wishman, 29*, Urbandale, IA	1:47:10	8:37
744	88	M45 Brian Ott, 45, Elk Run Hts , IA	1:47:10	8:37
745	154	M35 Terry Flander, 37, West Des Moines, IA	1:47:10	8:37
190	11	W17 Stephanie Fuller, 17*, Des Moines, IA	1:47:10	8:37
746	49	M17 Doug Van Woert, 17, Urbandale, IA	1:47:11	8:37
747	54	M50 Rick Barnes, 53, Clive, IA	1:47:11	8:37
191	32	W35 Angela DiIorio, 38*, Urbandale, IA	1:47:12	8:37
748	127	M30 Richard Ngamo, 33, Des Moines, IA	1:47:12	8:37
749	20	M55 Mike Whiteford, 55, Ames, IA	1:47:13	8:38
750	155	M35 Eric Ronnebaum, 35, West Des Moines, IA	1:47:17	8:38
192	39	W30 Julie Gressley, 31*, West Des Moines, IA	1:47:18	8:38
751	55	M50 John Lewis, 50, Silvis, IL	1:47:24	8:38
752	89	M45 Jon Croft, 45, Des Moines, IA	1:47:25	8:39
193	40	W30 Carolyn Kirchoff, 31*, West Des Moines, IA		

			1:47:25	8:39
194	25	W20 Kelly Lewis, 23*, West Des Moines, IA	1:47:28	8:39
195	26	W20 Kate Reis, 22*, Perry, IA	1:47:30	8:39
753	90	M45 Ted Murray, 45, Waterloo, IA	1:47:32	8:39
754	156	M35 C J Osborn, 35, Newton, IA	1:47:33	8:39
755	128	M30 John Gschwendtner, 30, Bloomington, MN	1:47:35	8:39
196	33	W25 Jody Mitchell, 29*, Urbandale, IA	1:47:36	8:39
756	74	M25 Brian Kinman, 27, Urbandale, IA	1:47:36	8:39
757	56	M50 Joe Romeo, 53, Des Moines, IA	1:47:37	8:40
758	111	M40 Joe Melicher, 41, Des Moines, IA	1:47:38	8:40
759	75	M25 David Straley, 25, Urbandale, IA	1:47:39	8:40
760	157	M35 Robert Umsted, 38, Grinnell, IA	1:47:40	8:40
761	91	M45 Gerald Sutton, 48, Tulsa, OK	1:47:40	8:40
762	158	M35 Nick Adams, 37, Indianola, IA	1:47:40	8:40
197	27	W20 Sara Luse, 21*, Indianola, IA	1:47:42	8:40
198	16	W45 Polly Glascock, 45*, Indianola, IA	1:47:43	8:40
199	41	W30 Jeanne Hillsman, 33*, West Des Moines, IA	1:47:44	8:40
200	28	W20 Jennifer Otten, 24*, Des Moines, IA	1:47:46	8:40
201	34	W25 Liz Williamson, 26*, Des Moines, IA	1:47:47	8:40
763	21	M55 Steve Schroeder, 57, Hudson, WI	1:47:48	8:40
202	42	W30 Lynda Strickland, 33*, Pleasant Hill, IA	1:47:49	8:41
203	35	W25 Jill Madvig, 28*, West Des Moines, IA	1:47:50	8:41
204	3	W50 Janine Rudin, 50*, Springfield, IL	1:47:51	8:41
764	129	M30 Aaron Kennedy, 31, Des Moines, IA	1:47:51	8:41
205	33	W35 Robin Lenz, 37*, Papillion, NE	1:47:51	8:41
765	76	M25 Scott Simpson, 27, Spencer, IA	1:47:54	8:41
766	130	M30 Mark Mitchell, 32, Des Moines, IA	1:47:56	8:41
206	34	W35 Shelley Kramer, 35*, West Des Moines, IA	1:47:56	8:41
767	159	M35 Tod Moriarty, 35, Clive, IA	1:47:56	8:41
768	92	M45 Edwin Slattery, 47, Urbandale, IA	1:47:58	8:41
769	112	M40 David Miles, 43, Des Moines, IA	1:47:59	8:41
770	131	M30 Ronald Loecher, 34, Cedar Falls, IA	1:48:00	8:41
207	36	W25 Laura Fefchak, 29*, Urbandale, IA	1:48:00	8:41
208	17	W45 Barb Wheelock, 48*, Madrid, IA	1:48:01	8:41
209	31	W40 Nancy Robinson, 42*, Urbandale, IA	1:48:01	8:41
771	57	M50 Gerald Graves, 50, Van Meter, IA	1:48:06	8:42
772	58	M50 R Groben, 51, Newton, IA	1:48:07	8:42
210	37	W25 Jennifer Navis, 27*, Urbandale, IA	1:48:08	8:42
211	18	W45 Ann Danielson, 46*, Cedar Falls, IA	1:48:08	8:42
773	59	M50 Herb Eckhouse, 51, Des Moines, IA	1:48:10	8:42
774	132	M30 Lou Kelehan, 30, Des Moines, IA	1:48:11	8:42
775	53	M20 Andy Schreck, 20, Urbandale, IA	1:48:12	8:42
212	35	W35 Laurie Wirtz, 38*, Urbandale, IA	1:48:12	8:42
776	160	M35 Phil Wirtz, 39, Urbandale, IA	1:48:13	8:42
213	43	W30 Wendy Begemann, 33*, Charles City, IA	1:48:13	8:42
214	32	W40 Jean Toillion, 43*, Eagle Grove, IA	1:48:15	8:43
777	93	M45 Paul Ruggle, 45, Newton, IA	1:48:15	8:43
778	54	M20 Chad Bosch, 24, Cedar Rapids, IA	1:48:18	8:43
215	33	W40 Kimberly Haines, 41*, Oskaloosa, IA	1:48:20	8:43
779	77	M25 Kevin Burt, 29, Cedar Rapids, IA	1:48:22	8:43
780	94	M45 Jim Calhoun, 46, Des Moines, IA	1:48:23	8:43
781	113	M40 Tim Hatling, 43, Des Moines, IA	1:48:23	8:43
216	38	W25 Heather Bianchi, 29*, Des Moines, IA	1:48:23	8:43
782	133	M30 Chris Iiams, 31, Ames, IA	1:48:25	8:43
783	161	M35 James Bice, 36, Des Moines, IA	1:48:25	8:43
784	78	M25 Jason Laube, 29, Johnston, IA	1:48:26	8:43
217	34	W40 Jeannie Tison, 41*, Des Moines, IA	1:48:29	8:44
785	162	M35 Raymond Lobins, 39, Windsor Heights, IA	1:48:30	8:44
218	44	W30 Kelly Sorensen, 30*, West Des Moines, IA	1:48:31	8:44
786	22	M55 Thomas Jackson, 55, Ames, IA	1:48:31	8:44
219	39	W25 Beth Taylor, 26*, West Des Moines, IA	1:48:32	8:44
787	163	M35 Kenneth Marshall, 37, Ankeny, IA	1:48:32	8:44
220	36	W35 Kathy Rogotzke, 36*, Nora Springs, IA	1:48:33	8:44
788	60	M50 Phil Rust, 54, Ames, IA	1:48:35	8:44
221	45	W30 Theresa Gorsche, 30*, Altoona, IA	1:48:40	8:45

789	23	M55	Michael Thompson, 55, Clarinda, IA	1:48:41	8:45
790	164	M35	Tom Nugent, 36, Dallas Center, IA	1:48:41	8:45
222	40	W25	Jayci Ickowitz, 25*, Des Moines, IA	1:48:42	8:45
791	8	M60	Gene Harding, 69, Des Moines, IA	1:48:42	8:45
223	29	W20	Lindsay Kading, 20*, Urbandale, IA	1:48:44	8:45
224	41	W25	Chrissy Mataya, 26*, Iowa City, IA	1:48:47	8:45
792	79	M25	Troy Morris, 28, Altoona, IA	1:48:48	8:45
225	46	W30	Jill Corry, 31*, Iowa City, IA	1:48:49	8:45
226	37	W35	Loree Horn, 35*, West Des Moines, IA	1:48:50	8:45
793	114	M40	Michael Gumina, 42, Urbandale, IA	1:48:52	8:46
794	134	M30	Brian Knights, 31, Ames, IA	1:48:54	8:46
795	135	M30	Rob Johansen, 32, Grimes, IA	1:48:54	8:46
796	95	M45	Robert Weiland, 49, Greenfield, IA	1:48:55	8:46
797	115	M40	Jon Leinen, 41, Des Moines, IA	1:48:55	8:46
227	6	JrW	Alica Mireles, 15*, Urbandale, IA	1:48:55	8:46
798	96	M45	Gary Bremen, 47, Urbandale, IA	1:48:56	8:46
228	7	JrW	Elizabeth Andrews, 16*, Johnston, IA	1:48:56	8:46
799	116	M40	Kevin Ballard, 43, Marion, IA	1:48:56	8:46
800	24	M55	Bill Lawless, 57, Des Moines, IA	1:48:57	8:46
801	165	M35	Dan Wignall, 35, Des Moines, IA	1:48:59	8:46
229	12	W17	Christine Mueller, 17*, Urbandale, IA	1:48:59	8:46
802	97	M45	Scott Avitt, 47, Des Moines, IA	1:49:00	8:46
803	117	M40	Brian Westfall, 43, Fort Dodge, IA	1:49:01	8:46
804	136	M30	Eric Stotts, 30, Urbandale, IA	1:49:02	8:46
805	118	M40	Bill Courtney, 40, Des Moines, IA	1:49:03	8:46
806	166	M35	Tom Newton, 38, Urbandale, IA	1:49:03	8:46
807	167	M35	Ed McCann, 36, Johnston, IA	1:49:04	8:47
808	119	M40	Michael Spellman, 41, Des Moines, IA	1:49:06	8:47
809	25	M55	Cal Jenkins, 55, Cedar Rapids, IA	1:49:06	8:47
230	42	W25	Kirstin Lippincott, 26*, Des Moines, IA	1:49:07	8:47
231	43	W25	Lea Grage, 28*, Altoona, IA	1:49:08	8:47
232	19	W45	Patricia Cook, 48*, Warrensburg, MO	1:49:09	8:47
810	168	M35	Kent Tipping, 35, Des Moines, IA	1:49:16	8:47
233	35	W40	Gail Bormann, 42*, Waukee, IA	1:49:17	8:48
811	61	M50	Tom Anderson, 50, Urbandale, IA	1:49:18	8:48
812	80	M25	William Kallestad, 29, Des Moines, IA	1:49:19	8:48
813	55	M20	Ryan Myers, 22, West Des Moines, IA	1:49:20	8:48
234	44	W25	Tamara Lipinski, 27*, New Hartford, IA	1:49:23	8:48
814	169	M35	Fred Morris, 38, Urbandale, IA	1:49:23	8:48
235	30	W20	Annette Barnhart, 24*, West Des Moines, IA	1:49:25	8:48
815	56	M20	Jason Clement, 22, Marshalltown, IA	1:49:25	8:48
236	36	W40	Patricia Polhemus, 41*, Cedar Rapids, IA	1:49:25	8:48
237	38	W35	Cathy Steen, 35*, North Liberty, IA	1:49:26	8:48
238	45	W25	Julie Horton, 29*, Urbandale, IA	1:49:27	8:48
816	137	M30	Mike Wyckoff, 30, Urbandale, IA	1:49:29	8:48
239	4	W50	Susan Smith, 52*, Des Moines, IA	1:49:31	8:49
817	170	M35	John Eure, 39, West Des Moines, IA	1:49:33	8:49
240	39	W35	Julie Hale, 37*, Des Moines, IA	1:49:33	8:49
818	120	M40	Bob Collins, 40, North Liberty, IA	1:49:34	8:49
241	20	W45	Theresa Finnegan, 45*, Des Moines, IA	1:49:35	8:49
819	171	M35	Blake Harms, 37, Clive, IA	1:49:35	8:49
820	98	M45	Kent Herink, 45, Johnston, IA	1:49:38	8:49
821	172	M35	Mike Whitehead, 36, Des Moines, IA	1:49:39	8:49
242	46	W25	Shelley Whitehill, 29*, Cedar Rapids, IA	1:49:39	8:49
822	81	M25	Jeff Moore, 27, West Des Moines, IA	1:49:39	8:49
823	99	M45	Scott Campbell, 48, Oskaloosa, IA	1:49:40	8:49
243	47	W30	Elaine Rudolphi, 30*, Cedar Rapids, IA	1:49:44	8:50
824	82	M25	Daniel Reinders, 28, West Des Moines, IA	1:49:45	8:50
825	138	M30	Mike Swesey, 31, Des Moines, IA	1:49:46	8:50
826	121	M40	David Gale, 43, West Des Moines, IA	1:49:47	8:50
244	31	W20	Traci Ristau, 24*, Des Moines, IA	1:49:48	8:50
827	173	M35	John Grimes, 39, Johnston, IA	1:49:49	8:50
828	100	M45	Brian Myers, 48, Dallas Center, IA	1:49:52	8:50
829	122	M40	Tom Dean, 44, Waukee, IA	1:49:53	8:50

830	139	M30	Trevor Myers, 32, Urbandale, IA	1:49:54	8:51
245	32	W20	Jessica Bates, 21*, Bagley, IA	1:49:56	8:51
831	140	M30	Michael Foley, 30, West Des Moines, IA	1:49:57	8:51
832	141	M30	Mark Hagen, 30, West Des Moines, IA	1:49:57	8:51
833	26	M55	Barry Rush, 56, Bettendorf, IA	1:49:57	8:51
834	9	M60	Ronald Rush, 60, Bloomington, MN	1:49:58	8:51
835	83	M25	John Fogarty, 29, Minneapolis, MN	1:49:58	8:51
836	174	M35	Benjamin Smith, 36, Grinnell, IA	1:50:00	8:51
837	27	M55	Patrick McCollow, 58, Spring Lake Park, MN	1:50:02	8:51
246	40	W35	Linda Nowasell, 39*, Grinnell, IA	1:50:02	8:51
838	142	M30	Ron Maahs, 34, Johnston, IA	1:50:02	8:51
247	48	W30	Denise Fowler, 32*, Des Moines, IA	1:50:03	8:51
248	49	W30	Lori Buseman, 33*, Madrid, IA	1:50:06	8:51
249	50	W30	Heather Worthington, 32*, Des Moines, IA	1:50:07	8:52
250	47	W25	Anne Fogarty, 27*, Minneapolis, MN	1:50:08	8:52
839	143	M30	Alan Pinkelman, 33, Des Moines, IA	1:50:08	8:52
251	21	W45	Lynda Baker, 46*, West Des Moines, IA	1:50:09	8:52
840	123	M40	Robert Parker, 41, Johnston, IA	1:50:09	8:52
841	175	M35	Mark Weinhardt, 39, Des Moines, IA	1:50:10	8:52
842	101	M45	Karl Yuska, 48, Urbandale, IA	1:50:10	8:52
252	48	W25	Angie Watson, 29*, West Des Moines, IA	1:50:11	8:52
843	176	M35	Steve Johnson, 38, Des Moines, IA	1:50:13	8:52
844	144	M30	Ron Monahan, 34, Clive, IA	1:50:15	8:52
845	124	M40	John Raibikis, 42, Des Moines, IA	1:50:16	8:52
253	51	W30	Allison Hancock, 31*, Ames, IA	1:50:16	8:52
846	177	M35	Vic Raibikis, 39, Des Moines, IA	1:50:16	8:52
847	145	M30	Jon Anderson, 34, Des Moines, IA	1:50:17	8:52
848	62	M50	Charlie Ford, 52, Omaha, NE	1:50:18	8:52
254	52	W30	Jolene Broghammer, 32*, Des Moines, IA	1:50:18	8:52
849	178	M35	Ross Oltmann, 35, Ankeny, IA	1:50:20	8:53
255	49	W25	Christen Vasquez, 29*, Des Moines, IA	1:50:20	8:53
850	102	M45	Mike Stiles, 48, Sioux City, IA	1:50:21	8:53
851	125	M40	David Wilkerson, 40, Adel, IA	1:50:21	8:53
256	41	W35	Karen Bryant, 38*, Bettendorf, IA	1:50:22	8:53
852	16	JrM	Scott Walter, 14, Johnston, IA	1:50:23	8:53
853	146	M30	Kevin Christensen, 34, Des Moines, IA	1:50:23	8:53
854	179	M35	Brent Wilson, 39, Johnston, IA	1:50:29	8:53
855	126	M40	Josh Engman, 44, Clive, IA	1:50:30	8:53
257	42	W35	Jackie Storm, 36*, Stilwell, KS	1:50:30	8:53
856	84	M25	Eric Kluver, 27, Ankeny, IA	1:50:30	8:53
857	28	M55	Jack Voss, 59, Stanwood, IA	1:50:31	8:54
258	43	W35	Liz Meek, 36*, Bucyrus, KS	1:50:32	8:54
259	37	W40	Becky Knutson, 42*, Des Moines, IA	1:50:33	8:54
858	127	M40	Daniel Ochylski, 42, West Des Moines, IA	1:50:34	8:54
859	180	M35	Gary Bridgewater, 37, Johnston, IA	1:50:36	8:54
860	147	M30	Dan Radaaj, 34, Des Moines, IA	1:50:37	8:54
861	181	M35	Daniel Kosch, 39, Eden Prairie, MN	1:50:37	8:54
260	22	W45	Susan Duoblys, 45*, Des Moines, IA	1:50:37	8:54
862	128	M40	Jon Jochims, 42, Marshalltown, IA	1:50:39	8:54
261	53	W30	Jana Johnson, 34*, Urbandale, IA	1:50:40	8:54
863	129	M40	Greg Hauser, 42, Des Moines, IA	1:50:41	8:54
262	54	W30	Cindy Frost, 30*, West Des Moines, IA	1:50:42	8:54
864	148	M30	Pete Hamilton, 33, Urbandale, IA	1:50:44	8:55
263	55	W30	Connie VanRoekel, 32*, Adel, IA	1:50:45	8:55
865	182	M35	Ken Christie, 35, Waukee, IA	1:50:45	8:55
866	130	M40	Mark Shaw, 42, Ames, IA	1:50:47	8:55
264	23	W45	Sarah Binder, 45*, Ames, IA	1:50:48	8:55
867	131	M40	Joseph Henry, 43, Des Moines, IA	1:50:50	8:55
265	44	W35	Tracy Cheney, 37*, West Des Moines, IA	1:50:50	8:55
266	56	W30	Elisabeth Reynoldson, 32*, Osceola, IA	1:50:52	8:55
868	132	M40	Rick Vanscoy, 43, Dawson, IA	1:50:53	8:55
267	57	W30	Kathie Reis, 32*, West Des Moines, IA	1:50:55	8:55
869	57	M20	Jason Lauterbach, 24, Newton, IA	1:50:56	8:56
870	133	M40	Kim Was, 44, Ames, IA	1:50:57	8:56

268	45	W35 Tina Stubbs, 36*, Ankeny, IA	1:50:57	8:56
871	183	M35 Ron Shortenhaus, 35, West Des Moines, IA	1:50:57	8:56
872	184	M35 Ron Engelhardt, 35, Ankeny, IA	1:50:58	8:56
873	185	M35 John Brown, 37, West Des Moines, IA	1:50:59	8:56
874	149	M30 Kevin Flnaardt, 31, Des Moines, IA	1:51:00	8:56
875	186	M35 Ray Turner, 36, West Des Moines, IA	1:51:01	8:56
269	46	W35 Sue Sundstrom, 35*, Solon, IA	1:51:02	8:56
270	24	W45 Pamela Wood, 45*, Janesville, IA	1:51:05	8:56
876	29	M55 Roger Kuhle, 55, Des Moines, IA	1:51:07	8:56
271	33	W20 Leslie Hugues, 24*, Iowa City, IA	1:51:10	8:57
272	38	W40 Janet Donnelly, 40*, Des Moines, IA	1:51:11	8:57
273	58	W30 DeeDee Jackson, 34*, Ankeny, IA	1:51:12	8:57
877	85	M25 Ross Hugues, 28, Iowa City, IA	1:51:13	8:57
274	13	W17 Melissa Thompson, 17*, Braddyville, IA	1:51:14	8:57
878	17	JrM Lucas Queck, 16, Fontanelle, IA	1:51:14	8:57
275	34	W20 Kathy Hadley, 22*, Collins, IA	1:51:15	8:57
879	150	M30 Keith Snow, 33, Ankeny, IA	1:51:16	8:57
880	151	M30 Kelly Snow, 30, Johnston, IA	1:51:17	8:57
276	47	W35 Kary Austin, 37*, Grimes, IA	1:51:17	8:57
881	134	M40 Steve Studt, 44, Webster City, IA	1:51:18	8:57
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277	48	W35 Carol Woodruff, 39*, Des Moines, IA	1:51:22	8:58
883	187	M35 Jim Elmer, 36, Johnston, IA	1:51:25	8:58
884	188	M35 Lynn Owen, 38, West Des Moines, IA	1:51:26	8:58
885	64	M50 Bill Seglar, 50, Clive, IA	1:51:27	8:58
886	189	M35 David Pieper, 36, West Des Moines, IA	1:51:28	8:58
887	190	M35 David Von Ebers, 38, Oak Park, IL	1:51:29	8:58
888	191	M35 Fabio Rozo, 35, Harlan, IA	1:51:29	8:58
889	135	M40 Matt Harms, 40, Sun Prairie, WI	1:51:30	8:58
890	136	M40 Dave Benz, 43, Marshalltown, IA	1:51:30	8:58
891	10	M60 Vince Hatt, 60, La Crosse, WI	1:51:31	8:58
892	103	M45 David Vansickel, 46, West Des Moines, IA	1:51:32	8:58
278	39	W40 Janet Malmberg, 40*, Des Moines, IA	1:51:33	8:58
279	14	W17 Dana Dejong, 18*, Ames, IA	1:51:35	8:59
893	192	M35 Michael Carroll, 35, Des Moines, IA	1:51:35	8:59
280	35	W20 Nicole Marek, 24*, Cedar Rapids, IA	1:51:35	8:59
894	193	M35 Sam Rizzuti, 36, Des Moines, IA	1:51:36	8:59
895	152	M30 Joe Strand, 33, West Des Moines, IA	1:51:37	8:59
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897	137	M40 David Pierce, 42, Johnston, IA	1:51:38	8:59
898	153	M30 Jim Lowery, 33, West Des Moines, IA	1:51:39	8:59
899	195	M35 Brian Queck, 38, Johnston, IA	1:51:42	8:59
900	104	M45 Bob Weieneth, 48, Webster City, IA	1:51:43	8:59
901	154	M30 Troy Thompson, 30, West Des Moines, IA	1:51:44	8:59
281	50	W25 Edie Hein, 28*, West Des Moines, IA	1:51:44	8:59
902	65	M50 Harold Sullivan, 53, Castle Rock, CO	1:51:45	8:59
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905	59	M20 Jay Johnson, 20, Urbandale, IA	1:51:49	9:00
906	155	M30 Major Reynolds, 34, Altoona, IA	1:51:50	9:00
283	25	W45 Connie Nedved, 46*, Pocahontas, IA	1:51:51	9:00
284	59	W30 Christie Joyce, 31*, Des Moines, IA	1:51:53	9:00
907	105	M45 Chris Mitchell, 45, Ankeny, IA	1:51:54	9:00
285	15	W17 Lindsay Heiligenthal, 19*, Ames, IA	1:52:00	9:01
286	51	W25 Jennifer Eagle, 27*, West Des Moines, IA	1:52:00	9:01
908	156	M30 Jeff Hodges, 34, Des Moines, IA	1:52:01	9:01
909	66	M50 William Galligan, 52, Kansas City, MO	1:52:02	9:01
287	37	W20 Julie Leonard, 22*, Des Moines, IA	1:52:02	9:01
910	60	M20 Dustin Mars, 24, West Des Moines, IA	1:52:04	9:01
911	106	M45 Douglas Freeman, 46, Urbandale, IA	1:52:05	9:01
288	5	W50 Patricia Schulte, 51*, Granger, Ia	1:52:07	9:01

289	52	W25 Tina McDonald, 28*, Waukee, IA	1:52:09	9:01
912	107	M45 Daniel Todd, 45, West Des Moines, IA	1:52:09	9:01
913	196	M35 Lynn Yates, 39, Carlisle, IA	1:52:10	9:01
914	61	M20 Michael Lauterbach, 20, Ankeny, IA	1:52:12	9:02
915	30	M55 Dean Lauterbach, 56, Newton, IA	1:52:13	9:02
916	197	M35 Greg Goaley, 37, Des Moines, IA	1:52:14	9:02
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918	50	M17 Ron Hardy, 18, Des Moines, IA	1:52:18	9:02
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922	67	M50 Larry Jenkins, 50, Ames, IA	1:52:26	9:03
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297	26	W45 Pam German, 48*, Dallas Center, IA	1:52:30	9:03
298	8	JrW Rachel Kautzky, 15*, Bouton, IA	1:52:31	9:03
299	50	W35 Lori McQuiston, 37*, West Des Moines, IA	1:52:31	9:03
925	157	M30 Mark Lowe, 34, West Des Moines, IA	1:52:33	9:03
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928	201	M35 Jeff Begg, 39, Huxley, IA	1:52:44	9:04
929	110	M45 William Wederking, 45, Des Moines, IA	1:52:47	9:04
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933	202	M35 Larry Solberg, 36, Mason City, IA	1:52:52	9:05
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938	111	M45 David Wilson, 47, Des Moines, IA	1:53:06	9:06
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941	51	M17 Jacob Strohman, 18, Urbandale, IA	1:53:13	9:07
312	42	W40 Carla Steele, 42*, Des Moines, IA	1:53:13	9:07
942	87	M25 Matt Stone, 29, West Des Moines, IA	1:53:14	9:07
313	56	W25 Dawn Anderson, 29*, Iowa City, IA	1:53:14	9:07
943	203	M35 Ron Valenta, 38, Cedar Rapids, IA	1:53:16	9:07
314	65	W30 Heidi Mason, 34*, Washington, DC	1:53:16	9:07
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945	112	M45 John Doherty, 46, Des Moines, IA	1:53:18	9:07
315	43	W20 Julie Simonds, 24*, Ames, IA	1:53:18	9:07
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316	28	W45 Trish Prorop, 46*, Cedar Rapids, IA	1:53:21	9:07
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317	53	W35	Julie Slater, 36*, West Des Moines, IA	1:53:24	9:07
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950	206	M35	Dennis Judd, 39, Urbandale, IA	1:53:25	9:08
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952	140	M40	Bruce Hall, 42, Des Moines, IA	1:53:30	9:08
320	66	W30	Donna Carroll, 32*, Waukee, IA	1:53:31	9:08
953	69	M50	Dennis Guffey, 52, Urbandale, IA	1:53:32	9:08
954	207	M35	Jim Knoepfler, 37, Des Moines, IA	1:53:34	9:08
955	141	M40	David Porepp, 44, Adel, IA	1:53:36	9:08
956	208	M35	Steve McKibben, 39, West Des Moines, IA	1:53:38	9:09
957	209	M35	Chris Pose, 37, Cummings, IA	1:53:39	9:09
321	44	W40	Diane Noyce, 40*, West Des Moines, IA	1:53:40	9:09
958	163	M30	Patrick Sealey, 30, Sioux City, IA	1:53:40	9:09
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961	70	M50	Lane Palmer, 52, Des Moines, IA	1:53:44	9:09
962	113	M45	Peter Scanlon, 45, Clive, IA	1:53:45	9:09
963	165	M30	Troy Kort, 30, West Des Moines, IA	1:53:45	9:09
322	9	JrW	Stephanie Shenefield, 16*, Chariton, IA	1:53:46	9:09
323	67	W30	Janis Logan, 30*, Ankeny, IA	1:53:48	9:09
964	142	M40	Dennis Rustad, 44, Des Moines, IA	1:53:50	9:09
324	57	W25	Danielle McGuire, 25*, Des Moines, IA	1:53:51	9:10
325	58	W25	Amy Bender, 29*, Roseville, MN	1:53:54	9:10
965	114	M45	Mark Jones, 48, Urbandale, IA	1:53:55	9:10
326	68	W30	Sandra Stone, 33*, Des Moines, IA	1:53:55	9:10
327	59	W25	Anne Tyler, 26*, Des Moines, IA	1:53:57	9:10
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967	211	M35	Matt Weresh, 35, Clive, IA	1:53:59	9:10
328	55	W35	Gayle Ferry, 36*, Ankeny, IA	1:54:03	9:11
968	167	M30	Philip Kenkel, 33, Cedar Falls, IA	1:54:04	9:11
969	212	M35	Kevin Gordon, 36, Johnston, IA	1:54:08	9:11
970	115	M45	Joe Clyne, 48, Kansas City, MO	1:54:09	9:11
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989	73	M50 George Riley, 52, Ankeny, IA	1:54:46	9:14
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344	59	W35 Julie Roberson-Totten, 38*, Urbandale, IA	1:54:49	9:14
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353	47	W20 Nicole Timmins, 22*, Des Moines, IA	1:55:05	9:16
354	17	W17 Danielle Miller, 19*, Perry, IA	1:55:05	9:16
355	60	W35 Kelly Wood, 35*, Clive, IA	1:55:05	9:16
356	49	W40 Ruth McCoy, 40*, Urbandale, IA	1:55:06	9:16
997	147	M40 Gregory Dockum, 40, Des Moines, IA	1:55:08	9:16
998	171	M30 James Holloway, 31, West Des Moines, IA	1:55:11	9:16
357	75	W30 Melinda Duncan, 33*, Iowa City, IA	1:55:12	9:16
999	75	M50 Greg Walters, 50, Grays Lake, IL	1:55:12	9:16
1000	148	M40 Dave Verwoert, 40, Cedar Rapids, IA	1:55:13	9:16
358	61	W35 Christy Croson, 35*, Newton, IA	1:55:13	9:16
1001	120	M45 Robert Jones, 47, Cedar Rapids, IA	1:55:14	9:16
1002	121	M45 Brent Cooper, 45, Urbandale, IA	1:55:15	9:16
359	76	W30 Kristi Hamaker, 34*, Grimes, IA	1:55:15	9:16
360	77	W30 Joni Rainforth, 34*, West Des Moines, IA	1:55:15	9:16
361	78	W30 Rhonda Baker, 32*, Grimes, IA	1:55:16	9:16
362	50	W40 Coleen Severson, 41*, Carmichael, CA	1:55:18	9:17
1003	122	M45 Thomas Slater, 45, West Des Moines, IA	1:55:20	9:17
1004	149	M40 Doug Keast, 42, Altoona, IA	1:55:21	9:17
1005	150	M40 Jim Sanders, 40, Johnston, IA	1:55:21	9:17
363	62	W35 Jill Freel, 36*, Kansas City, MO	1:55:21	9:17
1006	172	M30 Dean O'Connor, 34, Altoona, IA	1:55:22	9:17
364	63	W35 Louisa Perry, 39*, Bondurant, IA	1:55:23	9:17
365	6	W50 Winnie Casper, 54*, Winterset, IA	1:55:24	9:17
1007	151	M40 James Sayles, 41, West Des Moines, IA	1:55:25	9:17
366	51	W40 Denise King, 40*, Eagan, MN	1:55:26	9:17
1008	91	M25 Derek Quijang, 29, Des Moines, IA	1:55:27	9:17
367	79	W30 Melissa Bondy, 34*, West Des Moines, IA	1:55:31	9:18
1009	173	M30 John Schley, 34, Des Moines, IA	1:55:31	9:18
368	80	W30 Stephanie Rosenfeld, 34*, Tiffin, IA	1:55:32	9:18
1010	123	M45 John Vujnovich, 45, Des Moines, IA	1:55:32	9:18
369	63	W25 Amy Price, 29*, Ankeny, IA	1:55:32	9:18
1011	35	M55 Mike Kent, 55, Des Moines, IA	1:55:33	9:18
370	31	W45 Catherine Engel, 49*, West Des Moines, IA	1:55:34	9:18
1012	92	M25 Keith Neubauer, 29, Cedar Rapids, IA	1:55:36	9:18
1013	174	M30 Thomas Morris, 34, Des Moines, IA	1:55:37	9:18
1014	219	M35 Bill Hudson, 35, Ankeny, IA	1:55:39	9:18
1015	175	M30 Roger Johnson, 31, Winterset, IA	1:55:39	9:18
1016	93	M25 Aaron Johnson, 27, Ankeny, IA	1:55:40	9:18
371	7	W50 Marianne Schroeder, 53*, Bettendorf, IA	1:55:43	9:19
372	48	W20 Holly Olson, 21*, Cedar Falls, IA	1:55:44	9:19
1017	176	M30 Bob Levinstein, 34, Des Moines, IA	1:55:44	9:19
1018	94	M25 Joe Garcia, 29, West Des Moines, IA	1:55:47	9:19
1019	63	M20 Cory Kluver, 24, Winterset, IA	1:55:48	9:19
373	52	W40 Kymberly Life, 41*, Oskaloosa, IA	1:55:48	9:19
1020	124	M45 David Gaulke, 48, Indianola, IA	1:55:52	9:19

1021	76	M50	Doug Lawry, 51, Waterloo, IA	1:55:52	9:19
1022	152	M40	J P Greer, 43, Spencer, IA	1:55:53	9:19
1023	77	M50	Kent McMullen, 50, Clive, IA	1:55:53	9:19
1024	36	M55	Reggie Ross, 58, Ankeny, IA	1:55:57	9:20
1025	14	M60	Robert Vaughn, 67, Urbandale, IA	1:55:57	9:20
	374	64	W35 Ann Marvelli, 36*, Norwalk, IA	1:55:58	9:20
	375	65	W35 Kara Urlis, 36*, Norwalk, IA	1:55:59	9:20
1026	220	M35	Phil Shipley, 38, Des Moines, IA	1:56:00	9:20
1027	221	M35	Rob Hohneke, 39, Council Bluffs, IA	1:56:02	9:20
1028	153	M40	Bob Irving, 42, Des Moines, IA	1:56:02	9:20
	376	64	W25 Lyddia Asman, 26*, Grimes, IA	1:56:05	9:20
1029	78	M50	William Chaplin, 53, West Des Moines, IA	1:56:05	9:20
	377	65	W25 Kelly Myers, 26*, West Des Moines, IA	1:56:05	9:20
1030	154	M40	Jeff Jacobson, 40, Bellevue, NE	1:56:08	9:21
	378	66	W35 Jennifer Eastman, 35*, Urbandale, IA	1:56:08	9:21
	379	66	W25 Heather Benning, 27*, Grinnell, IA	1:56:09	9:21
1031	95	M25	John Schaefer, 29, Johnston, IA	1:56:10	9:21
1032	37	M55	William Lillis, 57, Des Moines, IA	1:56:11	9:21
	380	49	W20 Holly Cushion, 20*, Overland Park, KS	1:56:12	9:21
1033	177	M30	Tom Borgerson, 33, Des Moines, IA	1:56:13	9:21
	381	81	W30 Susan Wellman, 32*, Des Moines, IA	1:56:13	9:21
1034	155	M40	Steve Douglas, 40, Des Moines, IA	1:56:14	9:21
	382	67	W35 Catherine Dreiss, 39*, Des Moines, IA	1:56:15	9:21
1035	96	M25	Will Sepulueda, 25, Charles City, IA	1:56:16	9:21
	383	18	W17 Annie Rissman, 19*, Urbandale, IA	1:56:21	9:22
	384	50	W20 Mary Rose, 20*, Urbandale, IA	1:56:22	9:22
1036	97	M25	Rigoberto Ochoa, 29, Des Moines, IA	1:56:22	9:22
	385	32	W45 Mary Gross, 47*, Des Moines, IA	1:56:23	9:22
	386	53	W40 Louanne Hall, 40*, Saylorville, IA	1:56:26	9:22
1037	178	M30	Eric Arguello, 30, Des Moines, IA	1:56:27	9:22
	387	33	W45 Theresa Menough, 45*, Urbandale, IA	1:56:27	9:22
1038	179	M30	Joe Hrdlicka, 34, Des Moines, IA	1:56:28	9:22
	388	51	W20 Katie Sparks, 23*, Norwalk, IA	1:56:28	9:22
	389	11	JrW Samantha Sparks, 16*, Norwalk, IA	1:56:28	9:22
390	67	W25	Jill Kelderman, 25*, Shorewood, WI	1:56:29	9:22
	391	82	W30 Michele Schroeder, 34*, Ankeny, IA	1:56:30	9:22
1039	38	M55	John Anderson, 57, Fergus Falls, MN	1:56:31	9:22
1040	156	M40	Robert Hill, 43, Pleasant Hill, IA	1:56:35	9:23
	392	19	W17 Mary Russell, 19*, Ames, IA	1:56:37	9:23
1041	180	M30	Heath Moore, 31, West Des Moines, IA	1:56:38	9:23
	393	68	W35 Susan Eggert, 35*, Pella, IA	1:56:38	9:23
	394	83	W30 Michelle Hancock, 32*, Urbandale, IA	1:56:39	9:23
	395	54	W40 Kim Oswald, 40*, Ankeny, IA	1:56:39	9:23
1042	222	M35	David Crowe, 36, Des Moines, IA	1:56:41	9:23
1043	39	M55	Thomas Buroker, 58, Des Moines, IA	1:56:42	9:23
1044	53	M17	Justin Pattee, 19, Perry, IA	1:56:43	9:23
1045	79	M50	Kenny Grandstaff, 50, Des Moines, IA	1:56:44	9:24
	396	84	W30 Jill Heston, 32*, Ankeny, IA	1:56:46	9:24
	397	55	W40 Annette Varley, 43*, Menlo, IA	1:56:47	9:24
398	20	W17	Sarah Wright, 18*, Des Moines, IA	1:56:51	9:24
399	85	W30	Susie Bachman, 33*, Oelwein, IA	1:56:51	9:24
400	69	W35	Karen Alessio, 35*, Ankeny, IA	1:56:52	9:24
	401	52	W20 Kim Biechler, 24*, Ames, IA	1:56:57	9:25
1046	181	M30	Shawn Nelson, 34, Ankeny, IA	1:56:59	9:25
	402	21	W17 Amy Olson, 19*, Humboldt, IA	1:57:01	9:25
	403	22	W17 Kristen Stefl, 19*, Runnells, IA	1:57:01	9:25
	404	53	W20 Sally Shumaker, 21*, Danville, IA	1:57:02	9:25
	405	23	W17 Sara Koehler, 19*, Waverly, IA	1:57:02	9:25
1047	157	M40	Brian Anstedt, 43, Iowa City, IA	1:57:02	9:25
	406	54	W20 Rebecca Threlkeld, 20*, Urbandale, IA	1:57:05	9:25
	407	86	W30 Maria Davis, 31*, West Des Moines, IA	1:57:06	9:25
1048	182	M30	Jeff Davis, 31, West Des Moines, IA	1:57:07	9:25
1049	223	M35	David Vawter, 35, Des Moines, IA	1:57:07	9:25
	408	56	W40 Michele Lastovica, 41*, Omaha, NE	1:57:08	9:25
1050	125	M45	Paul Hertzfel, 48, Mason City, IA	1:57:09	9:26

1051	126	M45	Joseph Ryan, 46, Oskaloosa, IA	1:57:13	9:26
409	34	W45	Kate Wacker, 47*, Coralville, IA	1:57:13	9:26
410	70	W35	Lisa Dillavou, 39*, Boone, IA	1:57:15	9:26
1052	224	M35	Rick Nilles, 38, Holland, IA	1:57:17	9:26
1053	225	M35	Dean Bierwagen, 39, Ames, IA	1:57:18	9:26
1054	98	M25	Bryon Gleisner, 25, Des Moines, IA	1:57:23	9:27
411	68	W25	Carol Gschwendtner, 28*, Bloomington, MN	1:57:23	9:27
412	87	W30	Anne Reilly, 33*, Urbandale, IA	1:57:26	9:27
1055	127	M45	Ron Heinen, 49, Ames, IA	1:57:27	9:27
1056	18	JrM	Christopher Meade, 15, Johnston, IA	1:57:27	9:27
1057	158	M40	Robert Blayer, 40, Marshalltown, IA	1:57:28	9:27
413	57	W40	Mary Devalois, 40*, Iowa City, IA	1:57:28	9:27
414	69	W25	Mindy Wieland, 29*, Iowa City, IA	1:57:29	9:27
1058	183	M30	Tim Smith, 31, Urbandale, IA	1:57:30	9:27
1059	15	M60	Don Judisch, 63, Clive, IA	1:57:31	9:27
1060	226	M35	Patrick Woelfel, 39, Johnston, IA	1:57:35	9:28
1061	227	M35	William Jay, 39, Des Moines, IA	1:57:35	9:28
415	70	W25	Christa Clark, 27*, Des Moines, IA	1:57:39	9:28
1062	40	M55	Dave Auer, 55, Iowa City, IA	1:57:43	9:28
1063	228	M35	Joe Auer, 35, Wichita, KS	1:57:43	9:28
1064	184	M30	Matthew Auer, 30, Joplin, MO	1:57:44	9:28
416	88	W30	Leeann Carmichael, 32*, Memphis, TN	1:57:45	9:28
417	71	W25	Kari Smith, 26*, Urbandale, Ia	1:57:46	9:28
1065	99	M25	Kevin Smith, 26, Urbandale, Ia	1:57:46	9:29
418	8	W50	Fay Clyne, 50*, Kansas City, MO	1:57:47	9:29
1066	128	M45	Kelly Obrien, 45, Urbandale, IA	1:57:47	9:29
1067	159	M40	Timothy Carlson, 42, Waverly, IA	1:57:48	9:29
1068	129	M45	Steve Johns, 45, Des Moines, IA	1:57:50	9:29
1069	185	M30	Amos Rop, 33, Urbandale, IA	1:57:51	9:29
419	89	W30	Noelle Trevillyan, 33*, Des Moines, IA	1:57:52	9:29
420	90	W30	Amy Kavadas, 30*, Des Moines, IA	1:57:52	9:29
421	58	W40	Dale Naylor, 41*, Ankeny, IA	1:57:53	9:29
422	9	W50	Nancy Lavender, 51*, Clive, IA	1:57:53	9:29
1070	19	JrM	Jared Borger, 14, McPherson, KS	1:57:54	9:29
423	72	W25	Shelly Roberts, 27*, West Des Moines, IA	1:57:56	9:29
1071	130	M45	David Menderhall, 47, Lakeville, MN	1:57:57	9:29
1072	100	M25	Jason Hahn, 29, Des Moines, IA	1:57:58	9:29
424	35	W45	Debbie Earleywine, 47*, Des Moines, IA	1:57:58	9:29
425	71	W35	Ginger Moore, 36*, Des Moines, IA	1:58:01	9:30
1073	80	M50	John Hanna, 52, Clive, IA	1:58:01	9:30
426	91	W30	Robin Steinkamp, 33*, Des Moines, IA	1:58:01	9:30
427	72	W35	Laurie Slater, 37*, Cedar Rapids, IA	1:58:02	9:30
1074	160	M40	John Mason, 43, Johnston, IA	1:58:03	9:30
428	59	W40	Carole Duffy, 41*, West Des Moines, IA	1:58:08	9:30
429	73	W35	Debra Atkinson, 36*, Ames, IA	1:58:09	9:30
430	74	W35	Gina Isebrands, 37*, Ames, IA	1:58:10	9:30
431	92	W30	Rachele Kugel, 34*, Altoona, IA	1:58:10	9:30
432	73	W25	Mindy Walstra, 25*, Ames, IA	1:58:11	9:31
433	74	W25	Arlene Halfman, 25*, Waterloo, IA	1:58:12	9:31
434	75	W25	Jennifer DeVore, 27*, West Des Moines, IA	1:58:13	9:31
435	76	W25	Jillisa Welsch, 26*, Ankeny, IA	1:58:13	9:31
1075	64	M20	Joel Konen, 21, Ames, IA	1:58:13	9:31
1076	65	M20	Tim Stockdale, 24, Warrensburg, MO	1:58:15	9:31
1077	131	M45	Greg Hemphill, 48, Polk City, IA	1:58:16	9:31
1078	132	M45	Mike DeAnda, 47, Waukee, IA	1:58:16	9:31
436	55	W20	Tina Kenney, 24*, Perry, IA	1:58:17	9:31
437	75	W35	Deb Pape, 36*, Des Moines, IA	1:58:18	9:31
438	24	W17	Kristin Cavanagh, 19*, Des Moines, IA	1:58:19	9:31
1079	101	M25	Andrew Isaacs, 25, Ames, IA	1:58:19	9:31
1080	161	M40	Joseph Creighton, 40, Granger, IA	1:58:20	9:31
439	36	W45	Ruth Jordal, 49*, Des Moines, IA	1:58:21	9:31
1081	229	M35	Tom Wigans, 38, Humboldt, IA	1:58:27	9:32
440	60	W40	Linda Rogers, 41*, Perry, IA	1:58:28	9:32
441	56	W20	Charlene Brown, 23*, Des Moines, IA	1:58:30	9:32
1082	81	M50	Ivan Brehmer, 50, Johnston, IA	1:58:34	9:32

442	10	W50	Janet Blazanin, 50*, Waukee, IA	1:58:34	9:32
1083	230	M35	Paul Christiansen, 36, Urbandale, IA	1:58:36	9:33
1084	133	M45	Glen Oglia, 48, Des Moines, IA	1:58:37	9:33
443	77	W25	Stacy Farr, 29*, Cedar Rapids, IA	1:58:41	9:33
444	93	W30	Leslie Stover, 32*, Des Moines, IA	1:58:44	9:33
1085	186	M30	Jeffrey Dunlap, 34, Des Moines, IA	1:58:47	9:33
445	57	W20	Sarah Heidt, 22*, Clive, IA	1:58:50	9:34
446	58	W20	Eileen Ennis, 21*, West Des Moines, IA	1:58:51	9:34
447	94	W30	Melany Shaw, 31*, Altoona, IA	1:58:52	9:34
1086	54	M17	Nicholas Peterson, 19, Ames, IA	1:58:53	9:34
448	78	W25	Deborah Meyer, 27*, Des Moines, IA	1:58:59	9:34
1087	55	M17	Rob Whitmore, 19, Norwalk, IA	1:59:00	9:35
449	25	W17	Alexa Woldruff, 17*, Urbandale, IA	1:59:01	9:35
450	26	W17	Mandy Nichols, 18*, Des Moines, IA	1:59:01	9:35
1088	82	M50	Dan Looker, 52, Des Moines, IA	1:59:02	9:35
451	61	W40	Rebecca Embree, 44*, Anamosa, IA	1:59:06	9:35
1089	83	M50	Ken Peterson, 54, Adel, IA	1:59:08	9:35
1090	187	M30	Brad Amos, 34, Des Moines, IA	1:59:11	9:35
452	37	W45	Sue Rozema, 47*, Des Moines, IA	1:59:11	9:35
453	95	W30	Kimberly Counce, 34*, Johnston, IA	1:59:13	9:36
454	59	W20	Laura Post, 24*, West Des Moines, IA	1:59:15	9:36
1091	102	M25	Ryan Post, 27, West Des Moines, IA	1:59:15	9:36
455	76	W35	Jane Nigon, 38*, Zumbrota, MN	1:59:17	9:36
1092	134	M45	Jeff Smith, 48, Zumbrota, MN	1:59:19	9:36
456	79	W25	Anise Grajeda, 29*, Brooklyn Park, MN	1:59:21	9:36
457	77	W35	Annette Baker, 37*, New Providence, IA	1:59:21	9:36
458	96	W30	Connie Hildebrandt, 34*, Norwalk, IA	1:59:22	9:36
1093	231	M35	Dave Rico, 38, Des Moines, IA	1:59:24	9:36
459	97	W30	Eileen Hatfield, 34*, Edmond, OK	1:59:24	9:36
460	98	W30	Lori Moran, 33*, Madrid, IA	1:59:26	9:37
461	78	W35	Suzanne Swanson, 38*, Madrid, IA	1:59:27	9:37
462	79	W35	Keslie Russell, 36*, West Des Moines, IA	1:59:27	9:37
463	38	W45	Debra Harvey, 46*, Knoxville, IA	1:59:29	9:37
464	60	W20	Alicia Bartz, 21*, Des Moines, IA	1:59:29	9:37
465	62	W40	Sandy Meyer, 43*, Norwalk, IA	1:59:34	9:37
466	63	W40	Cynthia Sayles, 41*, West Des Moines, IA	1:59:35	9:37
467	80	W35	Karla McCarthy, 38*, West Des Moines, IA	1:59:35	9:37
1094	188	M30	James Darr, 33, Winterset, IA	1:59:36	9:37
1095	16	M60	Chuck Wolle, 64, Des Moines, IA	1:59:42	9:38
1096	232	M35	Mark Aspiund, 37, Marion, IA	1:59:43	9:38
1097	189	M30	Randy Spurr, 32, Norwalk, IA	1:59:44	9:38
1098	162	M40	Mark Gronemeyer, 41, Jefferson, Ia Ia	1:59:45	9:38
468	99	W30	Jeanne Weakland, 30*, West Des Moines, IA	1:59:45	9:38
469	27	W17	Leah Lemke, 19*, Urbandale, IA	1:59:46	9:38
1099	66	M20	Mike Huebner, 20, Indianola, IA	1:59:47	9:38
470	64	W40	Jane Montgomery, 43*, Ames, IA	1:59:47	9:38
1100	103	M25	Scott Knaack, 29, Correctionville, IA	1:59:50	9:38
1101	104	M25	Eric Heitz, 29, Adel, IA	1:59:51	9:39
471	65	W40	Sharon Hall, 42*, Ankeny, IA	1:59:52	9:39
472	81	W35	Nancy Capps, 36*, Quincy, IL	1:59:53	9:39
1102	41	M55	David Twombly, 59, Osceola, IA	1:59:53	9:39
473	82	W35	Bekay Uhl, 36*, Des Moines, IA	1:59:55	9:39
1103	135	M45	Jack Sandmeier, 49, Knoxville, IA	1:59:57	9:39
1104	163	M40	Martin Kerbleski, 42, San Francisco, CA	1:59:58	9:39
474	11	W50	Arlene Dabill, 50*, Urbandale, IA	1:59:59	9:39
475	83	W35	Lisa Emge, 38*, Omaha, NE	2:00:00	9:39
1105	164	M40	Jeff Hileman, 41, Knoxville, IA	2:00:02	9:39
1106	233	M35	Mark Stewart, 39, Altoona, IA	2:00:02	9:39
1107	234	M35	Mark Logsdon, 35, Urbandale, IA	2:00:04	9:40
1108	136	M45	Thomas Vilsack, 49, Des Moines, IA	2:00:04	9:40
1109	42	M55	Hal Chase, 57, Des Moines, IA	2:00:10	9:40
1110	165	M40	Bill Burke, 44, Ames, IA	2:00:11	9:40
476	80	W25	Robyn Ellert, 27*, West Des Moines, IA	2:00:12	9:40
1111	190	M30	Dana Grannes, 31, Des Moines, IA	2:00:13	9:40
477	66	W40	Nancy Betz, 41*, Johnston, IA	2:00:13	9:40

478	84	W35	Cindy Bussanmus, 37*, Johnston, IA	2:00:15	9:40
1112	105	M25	Jamie Helstedt, 26, Des Moines, IA	2:00:15	9:41
479	61	W20	Becky Dyke, 24*, Ankeny, IA	2:00:16	9:41
1113	166	M40	Stephen Sells, 40, Altoona, IA	2:00:17	9:41
480	62	W20	Heather Conn, 21*, Warrensburg, MO	2:00:20	9:41
1114	235	M35	Duane Langley, 38, Ankeny, IA	2:00:20	9:41
481	12	JrW	Jo Reed, 16*, Dallas Center, IA	2:00:21	9:41
482	100	W30	Jyl Wyckoff, 31*, Urbandale, IA	2:00:21	9:41
483	101	W30	Cindy Monahan, 33*, Clive, IA	2:00:21	9:41
484	13	JrW	Jessy Daniels, 16*, Dallas Center, IA	2:00:22	9:41
1115	137	M45	James Simmons, 48, West Des Moines, IA	2:00:22	9:41
485	63	W20	Angie Stockdale, 23*, Warrensburg, MO	2:00:26	9:41
1116	167	M40	Jeffrey Whittlesey, 41, Iowa City, IA	2:00:27	9:41
486	81	W25	Deanne Wright, 28*, Johnston, IA	2:00:27	9:42
1117	168	M40	Dean King, 41, Urbandale, IA	2:00:28	9:42
487	39	W45	Deirdre Farr, 46*, Des Moines, IA	2:00:30	9:42
1118	106	M25	Salvador Chia, 29, Des Moines, IA	2:00:31	9:42
1119	169	M40	Brian Walters, 43, Urbandale, IA	2:00:33	9:42
1120	107	M25	Todd Miler, 29, Des Moines, IA	2:00:33	9:42
488	67	W40	Patricia King, 41*, Urbandale, IA	2:00:36	9:42
1121	236	M35	Anthony Topping, 39, Clive, IA	2:00:36	9:42
1122	237	M35	Brent Niland, 38, West Des Moines, IA	2:00:37	9:42
489	102	W30	Melissa Stenberg, 30*, Ames, IA	2:00:40	9:43
490	28	W17	Bridget Tursi, 19*, Des Moines, IA	2:00:41	9:43
491	85	W35	Kayla Christensen, 36*, Blairstown, IA	2:00:42	9:43
492	82	W25	Kris Corbin, 25*, Cedar Falls, IA	2:00:43	9:43
1123	238	M35	Jon Werger, 39, West Des Moines, IA	2:00:43	9:43
493	103	W30	Melody Gibson, 31*, Des Moines, IA	2:00:44	9:43
1124	138	M45	Jim Martin, 47, West Des Moines, IA	2:00:45	9:43
1125	43	M55	Norman Hulscher, 56, West Des Moines, IA	2:00:46	9:43
1126	108	M25	Tanmaya Bhatnagar, 28, W Des Moines, IA	2:00:46	9:43
494	86	W35	Sue Weiss, 37*, Ames, IA	2:00:48	9:43
1127	139	M45	Bruce Haviland, 47, Minneapolis, MN	2:00:48	9:43
1128	191	M30	Nathan Coco, 30, Chicago, IL	2:00:49	9:43
1129	170	M40	Bob Pottratz, 40, Apple Valley, MN	2:00:50	9:43
495	83	W25	Julie Hoshaw, 28*, West Des Moines, IA	2:00:51	9:43
1130	239	M35	Terry Carmichael, 35, Perry, IA	2:00:55	9:44
496	104	W30	Tiffany Kemp, 34*, Des Moines, IA	2:00:57	9:44
1131	171	M40	Gary Richtsmeier, 44, Johnston, IA	2:00:58	9:44
497	87	W35	Debera Watson, 35*, Des Moines, IA	2:00:59	9:44
498	84	W25	Brenda Jackson, 28*, Des Moines, IA	2:01:04	9:44
499	68	W40	Ellen Eakin, 42*, Ankeny, IA	2:01:08	9:45
1132	192	M30	Terry Rosendahl, 30, West Des Moines, IA	2:01:08	9:45
1133	193	M30	Tom Riehl, 34, Des Moines, IA	2:01:09	9:45
500	105	W30	Julie Lowery, 31*, West Des Moines, IA	2:01:10	9:45
1134	172	M40	Rod Reinertson, 44, Waterloo, IA	2:01:13	9:45
1135	194	M30	Ray Amsler, 34, Cedar Rapids, IA	2:01:15	9:45
501	85	W25	Angela Anderson, 29*, Carroll, IA	2:01:16	9:45
502	64	W20	Sara Huegrich, 24*, Dubuque, IA	2:01:17	9:45
1136	240	M35	Pete Wilson, 37, Minneapolis, MN	2:01:17	9:46
503	88	W35	Angie Finzen, 37*, Des Moines, IA	2:01:18	9:46
504	106	W30	Kathy Nettleton, 31*, Des Moines, IA	2:01:19	9:46
1137	84	M50	Brian Donahue, 52, Johnston, IA	2:01:19	9:46
505	107	W30	Michelle Sundholm, 34*, Norwalk, IA	2:01:21	9:46
1138	85	M50	Thomas Treska, 51, Urbandale, IA	2:01:21	9:46
1139	109	M25	Jason Parkin, 29, Urbandale, IA	2:01:23	9:46
1140	110	M25	Brent Spyksma, 27, Waukee, IA	2:01:25	9:46
1141	67	M20	Jerrid Hatling, 20, Des Moines, IA	2:01:27	9:46
1142	140	M45	Rodney Olson, 47, West Des Moines, IA	2:01:28	9:46
506	65	W20	Beth Santucci, 24*, Iowa City, IA	2:01:29	9:46
507	89	W35	Jennifer Adams, 36*, Waukee, IA	2:01:31	9:47
1143	241	M35	Jeff Bowman, 38, Evanston, IL	2:01:31	9:47
1144	242	M35	John Beh, 36, Des Moines, IA	2:01:34	9:47
1145	243	M35	Scott Croson, 38, Newton, IA	2:01:35	9:47
508	86	W25	Theresa Strei, 28*, Lincoln, NE	2:01:40	9:47

509	108	W30	Lisa Johnson, 30*, Lincoln, NE	2:01:40	9:47
510	66	W20	Rachel Stone, 20*, Norwalk, IA	2:01:41	9:47
511	109	W30	Kelly Else, 30*, Des Moines, IA	2:01:41	9:47
512	87	W25	Christiane Michael, 26*, West Des Moines, IA	2:01:42	9:47
513	88	W25	Lynn Gruber, 26*, Indianola, IA	2:01:42	9:48
514	89	W25	Kelly Sparks, 29*, West Des Moines, IA	2:01:43	9:48
515	90	W25	Tricia Scott, 25*, West Des Moines, IA	2:01:43	9:48
1146	195	M30	William Mooney, 30, Des Moines, IA	2:01:45	9:48
516	110	W30	Cari Wetzell, 31*, Norwalk, IA	2:01:46	9:48
1147	173	M40	Don Parry, 42, Johnston, IA	2:01:47	9:48
517	29	W17	Hilary Nation, 18*, Ogden, IA	2:02:05	9:49
518	30	W17	Julie Nation, 18*, Ogden, IA	2:02:05	9:49
519	67	W20	Cheri Watson, 22*, Johnston, IA	2:02:08	9:50
520	31	W17	Emily Ford, 17*, Creston, IA	2:02:08	9:50
521	40	W45	Debby Weehler, 45*, Des Moines, IA	2:02:09	9:50
1148	68	M20	Chris Handley, 20, Elkhart, IA	2:02:13	9:50
1149	244	M35	Kevin Stillman, 35, West Des Moines, IA	2:02:16	9:50
522	90	W35	Robyn Mills, 37*, Johnston, IA	2:02:17	9:50
523	32	W17	Anna Johnson, 17*, Johnston, IA	2:02:19	9:50
1150	174	M40	Steven Jacobs, 43, Atlantic, IA	2:02:20	9:51
524	14	JrW	Erin McGowan, 15*, Urbandale, IA	2:02:20	9:51
525	111	W30	Lori Gewecke, 34*, Blainstow, IA	2:02:21	9:51
526	91	W35	Cheryl Voelker, 35*, Dallas Center, IA	2:02:23	9:51
527	68	W20	Hollie Dahms, 21*, Cedar Falls, IA	2:02:23	9:51
528	91	W25	Tami White, 29*, Des Moines, IA	2:02:24	9:51
529	92	W25	Mary Owens, 29*, Altoona, IA	2:02:26	9:51
1151	17	M60	Leon Hodges, 64, Knoxville, IA	2:02:26	9:51
530	92	W35	Julie Kraft, 35*, Cedar Rapids, IA	2:02:28	9:51
531	41	W45	Diane Boesen, 48*, Boone, IA	2:02:28	9:51
1152	175	M40	Mike Lauzon, 43, Boone, IA	2:02:30	9:51
532	69	W40	Della Pizzati, 41*, O'Fallon, IL	2:02:31	9:51
1153	111	M25	Show Wilson, 26, Ames, IA	2:02:32	9:52
533	70	W40	Mary Harris, 44*, Eagle Grove, IA	2:02:33	9:52
1154	141	M45	Daryl Drake, 49, Boone, IA	2:02:33	9:52
534	112	W30	Tammy Hertzell, 33*, Mason City, IA	2:02:34	9:52
1155	142	M45	Bob Berkenes, 47, Altoona, IA	2:02:36	9:52
535	93	W35	Michelle Levenhagen, 39*, Grimes, IA	2:02:38	9:52
1156	86	M50	Steven Hamilton, 52, Storm Lake, IA	2:02:39	9:52
1157	143	M45	John Rasmussen, 47, Indianola, IA	2:02:40	9:52
536	94	W35	Lisa Tindell, 39*, Urbandale, IA	2:02:52	9:53
537	95	W35	Renee Beach, 35*, Sioux City, IA	2:02:56	9:53
1158	69	M20	Joshua White, 24, Iowa City, IA	2:02:57	9:54
538	113	W30	Andrea Vlahoulis, 32*, Sioux City, IA	2:02:57	9:54
1159	112	M25	Matt Jensen, 25, Iowa City, Ia Ia	2:02:57	9:54
539	96	W35	Suzanne Larsen, 37*, Clive, IA	2:02:58	9:54
1160	144	M45	William Mahanna, 47, Johnston, IA	2:03:00	9:54
540	97	W35	Kelly Mahanna, 39*, Johnston, IA	2:03:00	9:54
541	98	W35	Monica Kehrl, 35*, Urbandale, IA	2:03:01	9:54
542	69	W20	Kristin Lockhart, 24*, Iowa City, IA	2:03:01	9:54
1161	245	M35	Michael Brown, 38, Indianola, IA	2:03:02	9:54
543	93	W25	Brenda Burrough, 26*, North Liberty, IA	2:03:05	9:54
1162	176	M40	Jim Christenson, 42, Des Moines, IA	2:03:06	9:54
544	70	W20	Sara McBride, 23*, Huxley, IA	2:03:07	9:54
1163	145	M45	Mark Dingman, 45, Norwalk, IA	2:03:08	9:54
545	42	W45	Patty Waychoff, 45*, Fort Dodge, IA	2:03:08	9:54
546	71	W20	Jill Kemp, 23*, Van Meter, IA	2:03:11	9:55
547	114	W30	Jo Ann Olson, 32*, Urbandale, IA	2:03:12	9:55
1164	146	M45	Walter Hunt, 49, Council Bluffs, IA	2:03:12	9:55
1165	87	M50	Howard Hunt, 51, Dixon, IA	2:03:12	9:55
548	43	W45	Dory Briles, 45*, Des Moines, IA	2:03:16	9:55
1166	177	M40	Gary Young, 40, Des Moines, IA	2:03:17	9:55
1167	88	M50	Geoffrey Bush, 52, Fairfield, IA	2:03:23	9:56
1168	147	M45	Denis Schmitt, 45, West Des Moines, IA	2:03:25	9:56
549	115	W30	Nancy Gifford, 34*, Ankeny, IA	2:03:27	9:56

1169	246	M35	Carl Egger, 38, West Des Moines, IA	2:03:27	9:56
550	33	W17	Stephanie Meimann, 17*, Nevada, Ia	2:03:28	9:56
551	72	W20	Carrie Rockel, 23*, Urbandale, IA	2:03:31	9:56
552	44	W45	Elizabeth Meimann, 45*, Nevada, Ia	2:03:39	9:57
1170	89	M50	Jim McAndrew, 51, Johnston, IA	2:03:41	9:57
553	15	JrW	Kristin Garland, 15*, Indianola, IA	2:03:41	9:57
554	94	W25	Kathryn Sergent, 26*, Minneapolis, MN	2:03:44	9:57
555	12	W50	Mavis Butler, 51*, Ames, IA	2:03:47	9:58
556	95	W25	Jennifer Williamson, 28*, Cedar Falls, IA	2:03:49	9:58
557	45	W45	Kelly Brumm, 45*, Cedar Falls, IA	2:03:49	9:58
558	116	W30	Christine McLaughlin, 30*, Marion, IA	2:03:58	9:58
1171	44	M55	Ronald Wheeler, 58, Des Moines, IA	2:03:58	9:58
559	13	W50	Elizabeth Sutter, 50*, Des Moines, IA	2:04:00	9:59
560	71	W40	Natalie Welter, 42*, Ames, IA	2:04:01	9:59
561	73	W20	Amy Kuyper, 22*, Creston, IA	2:04:02	9:59
562	96	W25	Lauri Sherman, 28*, Waukee, IA	2:04:03	9:59
563	117	W30	Anne Fleischman, 33*, Bettendorf, IA	2:04:05	9:59
1172	18	M60	Richard Lenth, 61, Cedar Rapids, IA	2:04:06	9:59

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565	98	W25	Sarah Petrak, 26*, Urbandale, Ia	2:04:18	10:00
566	99	W35	Diane Christensen, 37*, Carroll, IA	2:04:18	10:00
1173	90	M50	Dennis Kuyper, 51, Creston, IA	2:04:22	10:00
1174	178	M40	David Oakes, 40, Cedar Rapids, IA	2:04:24	10:01
567	118	W30	Julie Lubkeman, 34*, Clive, IA	2:04:28	10:01
1175	19	M60	Bert Beynen, 64, Des Moines, IA	2:04:28	10:01
1176	91	M50	Randy Hughes, 51, Creston, IA	2:04:32	10:01
1177	148	M45	Gregg Bosch, 49, Cedar Rapids, IA	2:04:35	10:01
568	100	W35	Debra Degraff, 38*, Runnells, IA	2:04:36	10:01
569	14	W50	Sue Smith, 53*, Cedar Falls, IA	2:04:36	10:02
570	16	JrW	Ashley Sponsler, 16*, Pella, IA	2:04:38	10:02
571	119	W30	Shelly Lynch, 31*, Ames, IA	2:04:38	10:02
572	101	W35	Glenda Campbell, 35*, Indianola, IA	2:04:39	10:02
1178	70	M20	Daniel Vaillant, 23, Red Wing, MN	2:04:42	10:02
573	120	W30	Kim McCollow, 31*, Columbia Hts, MN	2:04:43	10:02
1179	247	M35	Kerry Johnson, 36, Prole, IA	2:04:44	10:02
574	121	W30	Sandy Oleson, 31*, Blaine, MN	2:04:44	10:02
575	122	W30	Ann Petersen, 31*, Ankeny, IA	2:04:44	10:02
1180	113	M25	Jeff Beener, 29, Monroe, IA	2:04:45	10:02
576	99	W25	Charisse Santema, 28*, Urbandale, IA	2:04:45	10:02
577	100	W25	Alison Simpson, 29*, Spencer, IA	2:04:45	10:02
578	123	W30	Stephanie Dermody, 31*, Norwalk, IA	2:04:51	10:03
579	101	W25	Sue Anderson, 27*, West Des Moines, IA	2:04:56	10:03
580	102	W35	Gina Cornelison, 35*, Denver, CO	2:05:00	10:03
581	46	W45	Coleen Waage, 49*, West Des Moines, IA	2:05:05	10:04
1181	149	M45	Larry Jablonski, 48, Urbandale, IA	2:05:14	10:05
582	74	W20	Amy Devocht, 23*, Iowa City, IA	2:05:17	10:05
1182	20	M60	Frank Amos, 67, Ames, IA	2:05:27	10:06
1183	150	M45	Ray Stockdale, 48, Warrensburg, MO	2:05:32	10:06
583	103	W35	Karen Olivo, 35*, Coralville, IA	2:05:32	10:06
1184	92	M50	Jack Adams, 53, Webster City, IA	2:05:32	10:06
1185	196	M30	Chirs Egger, 33, Dexter, IA	2:05:34	10:06
584	104	W35	Cindy Brun, 39*, Des Moines, IA	2:05:36	10:06
585	124	W30	Lee Feilmeier, 32*, Breda, IA	2:05:36	10:06
586	72	W40	Mary Mason, 42*, Johnston, IA	2:05:38	10:07
1186	45	M55	Terry Stewart, 58, Urbandale, IA	2:05:39	10:07
587	73	W40	Michelle Stout, 40*, Ankeny, IA	2:05:39	10:07
588	125	W30	Barbara Simonton, 33*, Des Moines, IA	2:05:40	10:07
1187	179	M40	Kevin Morris, 42, Des Moines, IA	2:05:42	10:07
589	3	W55	Jackie Sturtz, 55*, Humboldt, IA	2:05:43	10:07
1188	197	M30	Tony Rangel, 30, Overland Park, KS	2:05:46	10:07
590	126	W30	Susan Elwell, 32*, Ankeny, IA	2:05:47	10:07
591	105	W35	Melinda Fischer, 38*, Swisher, IA	2:05:48	10:07

1189	198	M30	Scott Bross, 32, Boone, IA	2:05:50	10:07
1190	93	M50	Robert Hague, 51, Boone, IA	2:05:50	10:07
592	4	W55	Bernice Ortale, 57*, Ankeny, IA	2:05:52	10:08
1191	151	M45	Steven Rose, 48, Indianola, IA	2:05:59	10:08
593	74	W40	Sue Elliott, 43*, Ankeny, IA	2:06:00	10:08
1192	46	M55	Randall Hanson, 55, Waukee, IA	2:06:01	10:08
1193	94	M50	Gary Handley, 50, Des Moines, IA	2:06:03	10:09
594	102	W25	Stacey Amos, 26*, Lincoln, NE	2:06:04	10:09
595	127	W30	Natasha Kucherenko, 30*, West Des Moines, IA	2:06:05	10:09
596	106	W35	Eva Lynn Woelfel, 39*, Johnston, IA	2:06:07	10:09
597	103	W25	Kristine Laxson, 28*, West Des Moines, IA	2:06:10	10:09
1194	199	M30	Andrew Wilkey, 30, Iowa City, IA	2:06:20	10:10
1195	248	M35	Steve Reece, 35, Ames, IA	2:06:22	10:10
598	107	W35	Lisa Scheppmann, 35*, West Des Moines, IA	2:06:22	10:10
1196	95	M50	Jay French, 51, Sandwich, IL	2:06:23	10:10
599	47	W45	Marilyn Arends, 49*, West Des Moines, IA	2:06:24	10:10
1197	249	M35	Greg Carmichael, 39, Memphis, TN	2:06:26	10:10
1198	180	M40	Rick George, 42, Grimes, IA	2:06:32	10:11
600	48	W45	Vicki Sparks, 45*, Chicago, IL	2:06:32	10:11
1199	250	M35	Kirk Trow, 38, Urbandale, IA	2:06:34	10:11
601	104	W25	Julie Anderson, 25*, Ames, IA	2:06:35	10:11
602	108	W35	April Marmon, 37*, Urbandale, IA	2:06:36	10:11
1200	47	M55	Ken Lathrum, 57, Omaha, NE	2:06:45	10:12
1201	181	M40	Bradley Johnson, 40, Johnston, IA	2:06:55	10:13
1202	96	M50	Nate Viall, 54, Des Moines, IA	2:06:57	10:13
603	49	W45	Becky Walters, 45*, Waterloo, IA	2:07:09	10:14
604	105	W25	Kristine Hedger, 28*, Minneapolis, MN	2:07:12	10:14
605	106	W25	Amy Vroom, 25*, Minneapolis, MN	2:07:12	10:14
1203	251	M35	Jeff Thompson, 39, Des Moines, IA	2:07:18	10:15
606	107	W25	Marie Hoeger, 28*, Bettendorf, IA	2:07:20	10:15
607	108	W25	Julie Stone, 26*, Newton, IA	2:07:21	10:15
608	109	W35	Kate Buford, 39*, Cedar Rapids, IA	2:07:23	10:15
609	128	W30	Elizabeth Johnson, 32*, Des Moines, IA	2:07:28	10:15
1204	21	M60	Glen Zirbel, 69, Ankeny, IA	2:07:30	10:16
610	129	W30	Melanie Rowe, 32*, Clinton, IA	2:07:34	10:16
1205	114	M25	Brad Simpson, 29, Newton, IA	2:07:36	10:16
611	110	W35	Michelle Lewis, 36*, Moline, IL	2:07:43	10:17
612	111	W35	Kelli Wiggins, 36*, West Des Moines, IA	2:07:52	10:17
1206	252	M35	Randle Wiggins, 35, West Des Moines, IA	2:07:52	10:17
1207	182	M40	Mike Moller, 41, Urbandale, IA	2:07:53	10:17
613	50	W45	Nancy Heuer, 47*, Des Moines, IA	2:07:54	10:17
614	112	W35	Sally Studer-Lombardi, 39*, West Des Moines, IA	2:07:55	10:18
615	130	W30	Tracy Smith, 31*, Altoona, IA	2:08:03	10:18
616	75	W40	Peggi Taylor, 44*, Des Moines, IA	2:08:08	10:19
617	76	W40	Michelle Cavanaugh, 40*, Des Moines, IA	2:08:12	10:19
618	109	W25	Christen Beasley, 25*, Iowa City, IA	2:08:19	10:19
1208	97	M50	Byron Beasley, 51, Mason City, IA	2:08:20	10:20
619	51	W45	Darla Emery, 46*, Ames, IA	2:08:22	10:20
620	52	W45	Annette Myers, 45*, Ames, IA	2:08:26	10:20
1209	253	M35	Rick Greene, 39, Prairie City, IA	2:08:26	10:20
621	110	W25	Courtney Gillis, 27*, Des Moines, IA	2:08:37	10:21
1210	254	M35	John Stanley, 39, Grimes, IA	2:08:38	10:21
1211	255	M35	Cory McClure, 35, Ankeny, IA	2:08:40	10:21
1212	115	M25	Robert Crenshaw, 27, Des Moines, IA	2:08:40	10:21
622	131	W30	Cathy Kubik, 30*, Polk City, IA	2:08:43	10:21
623	113	W35	Ellen Strathe, 36*, Des Moines, IA	2:08:44	10:21
624	53	W45	Diane Weehler, 45*, Des Moines, IA	2:08:45	10:22
625	132	W30	Kimberly Sealey, 30*, Sioux City, IA	2:08:49	10:22
626	111	W25	Jill Kort, 28*, West Des Moines, IA	2:08:49	10:22
627	75	W20	Jessica Navarro, 22*, Panora, IA	2:08:56	10:22
1213	71	M20	Scott Smith, 23, Panora, IA	2:08:57	10:23
628	76	W20	Ginger Nicol, 24*, Iowa City, IA	2:09:01	10:23
1214	200	M30	Kent Nanke, 31, Johnston, IA	2:09:15	10:24

629	112	W25	Erin Nanke, 27*, Johnston, IA	2:09:15	10:24
630	77	W20	Kerry Hyland, 22*, Iowa City, IA	2:09:16	10:24
1215	98	M50	Mark Petersen, 53, Panora, IA	2:09:16	10:24
1216	116	M25	Jon Bauer, 29, Des Moines, IA	2:09:17	10:24
631	113	W25	Stephanie Manning, 29*, Kansas City, MO	2:09:17	10:24
1217	72	M20	Justin Coco, 22, Iowa City, IA	2:09:17	10:24
632	54	W45	Wendy Levis, 45*, West Des Moines, IA	2:09:19	10:24
1218	201	M30	Curtis Peery, 31, West Des Moines, IA	2:09:25	10:25
1219	152	M45	Jeff Jungman, 49, West Des Moines, IA	2:09:35	10:26
1220	117	M25	Tobios Henry, 26, Creston, IA	2:09:38	10:26
633	77	W40	Tamara Amsbaugh, 43*, Des Moines, IA	2:09:38	10:26
634	114	W25	Alyssa Hagey, 26*, Clive, IA	2:09:43	10:26
635	115	W25	Barb Strandberg, 26*, Iowa City, IA	2:09:49	10:27
1221	183	M40	Jim Bys, 44, Marion, IA	2:09:54	10:27
636	133	W30	Sophia Simmons, 31*, Overland Park, KS	2:09:59	10:28
637	78	W40	Karen Bertram, 42*, Kansas City, MO	2:10:01	10:28
638	34	W17	Tara McGowan, 17*, Urbandale, IA	2:10:02	10:28
1222	153	M45	Pat McGowan, 49, Urbandale, IA	2:10:03	10:28
639	134	W30	Madonna Drees, 32*, Ames, IA	2:10:12	10:29
640	116	W25	Kelly Roberson, 29*, Des Moines, IA	2:10:15	10:29
641	79	W40	Catherine Frost, 44*, Urbandale, IA	2:10:22	10:29
1223	202	M30	Steve West, 30, Norwalk, IA	2:10:24	10:30
1224	184	M40	David Huey, 44, West Des Moines, IA	2:10:26	10:30
642	80	W40	Sarah Norman, 42*, Des Moines, IA	2:10:26	10:30
643	114	W35	Meg Nixon, 38*, Des Moines, IA	2:10:27	10:30
1225	203	M30	Steve Janssens, 32, Des Moines, IA	2:10:32	10:30
644	55	W45	Liz Deatsch, 45*, Centerville, IA	2:10:32	10:30
1226	185	M40	Chuck Deatsch, 44, Centerville, IA	2:10:33	10:30
645	15	W50	Zelda Larson, 51*, Ankeny, IA	2:10:33	10:30
646	35	W17	Erin Mendenhall, 18*, Des Moines, IA	2:10:36	10:30
647	16	W50	Judy Johnson, 53*, Des Moines, IA	2:10:37	10:31
1227	99	M50	Larry Schmitz, 52, Adel, IA	2:10:42	10:31
648	81	W40	Penny Adam, 41*, Ames, IA	2:10:47	10:31
649	36	W17	Randi Goodrich, 19*, Elkhart, IA	2:10:50	10:32
650	37	W17	Deborah Wassenaar, 18*, Altoona, IA	2:10:50	10:32
651	117	W25	Emily Johnson, 26*, Johnston, IA	2:10:52	10:32
652	56	W45	Jane Sixbey, 49*, Des Moines, IA	2:10:53	10:32
653	78	W20	Anne Wysong, 23*, Ankeny, IA	2:10:56	10:32
1228	204	M30	Rob Davies, 30, Ankeny, IA	2:10:57	10:32
654	82	W40	Paula Sandmeier, 43*, Knoxville, IA	2:11:00	10:32
655	57	W45	Dawne Buhrow, 47*, Colo, IA	2:11:01	10:32
656	58	W45	Barb Mitchell, 45*, West Des Moines, IA	2:11:04	10:33
657	79	W20	Kristina Bartman, 20*, Norwalk, IA	2:11:07	10:33
1229	154	M45	Robert Stone, 49, Norwalk, IA	2:11:08	10:33
1230	100	M50	Michael Kent, 54, Des Moines, IA	2:11:09	10:33
658	83	W40	Connie Dellaca, 43*, Eagle Grove, IA	2:11:10	10:33
659	84	W40	Kathleen Simmons, 44*, West Des Moines, IA	2:11:10	10:33
660	115	W35	Kathy Koester, 37*, Grimes, IA	2:11:11	10:33
661	116	W35	Kandi Barber, 37*, Coralville, IA	2:11:12	10:33
662	118	W25	Kitty Hippler, 29*, Urbandale, IA	2:11:13	10:33
663	117	W35	Lillian McDonald, 39*, Brooklyn Center, MN	2:11:13	10:33
1231	186	M40	Dan Dillavou, 40, Boone, IA	2:11:22	10:34
664	118	W35	Maggie Halferty, 37*, Ankeny, IA	2:11:40	10:36
1232	73	M20	Jason Shenefield, 24, Lake Bluff, IL	2:11:42	10:36
665	80	W20	Jaci Bennett, 22*, Ames, IA	2:11:43	10:36
666	81	W20	Nancy Wiedmann, 21*, Prole, IA	2:11:44	10:36
667	82	W20	Tarra French, 24*, Lake Bluff, IL	2:11:45	10:36
1233	101	M50	Robert McFarland, 51, Cedar Rapids, IA	2:11:45	10:36
668	119	W35	Wendy Nevenhoven, 35*, West Des Moines, IA	2:11:47	10:36
669	85	W40	Tricia Barron, 43*, Rock Island, IL	2:11:53	10:37
1234	256	M35	Bruce Bjurstom, 39, Urbandale, IA	2:11:56	10:37
670	83	W20	Heather Jeffs, 20*, Kearney, NE	2:11:58	10:37

671	120	W35	Theresa French, 39*, West Des Moines, IA	2:12:00	10:37
672	86	W40	Sue Mallory, 44*, Bussey, IA	2:12:03	10:37
1235	102	M50	Richard Franklin, 52, Marshalltown, IA	2:12:14	10:38
673	119	W25	Amy McAvoy, 26*, West Des Moines, IA	2:12:19	10:39
674	87	W40	Julie Van Gundy, 41*, Urbandale, IA	2:12:19	10:39
1236	205	M30	Brad McAvoy, 31, West Des Moines, IA	2:12:20	10:39
675	88	W40	Colleen Downs, 41*, Marshalltown, IA	2:12:40	10:40
1237	48	M55	Ruben Rullan, 58, Urbandale, IA	2:12:48	10:41
1238	49	M55	Conrad Jungman, 57, West Des Moines, IA	2:12:57	10:42
676	120	W25	Amy Hoger, 25*, Indianola, IA	2:13:09	10:43
677	84	W20	Molly Ramsey, 22*, Des Moines, IA	2:13:09	10:43
678	121	W25	Stella Vicanovic, 29*, West Des Moines, IA	2:13:17	10:43
1239	118	M25	David Moore, 29, Des Moines, IA	2:13:36	10:45
679	38	W17	Abby McCrea, 18*, Runnells, IA	2:13:47	10:46
680	85	W20	Katie Lacey, 24*, Ankeny, IA	2:13:54	10:46
1240	103	M50	John Nordstrom, 53, Clive, IA	2:14:05	10:47
1241	155	M45	Jeff Clark, 47, Cedar Rapids, IA	2:14:10	10:48
681	122	W25	Katie Gill, 26*, Ames, IA	2:14:14	10:48
1242	156	M45	Frank Tursi, 47, Des Moines, IA	2:14:15	10:48
682	39	W17	Sarah Huyck, 19*, Perry, IA	2:14:18	10:48
683	86	W20	Lisa Lundstrom, 20*, Perry, IA	2:14:19	10:48
684	121	W35	Sarah Christensen, 39*, Audubon, IA	2:14:26	10:49
1243	257	M35	Joseph Barron, 37, Des Moines, IA	2:14:27	10:49
685	123	W25	Ritu Bhatnagar, 25*, W Des Moines, IA	2:14:32	10:49
686	17	JrW	Courtney Blake, 14*, Walnut, IA	2:14:39	10:50
687	18	JrW	Brigham Hoegh, 15*, Atlantic, IA	2:14:46	10:51
1244	206	M30	Derek Olsen, 30, Omaha, NE	2:14:49	10:51
1245	207	M30	Mark Wills, 30, Des Moines, IA	2:14:50	10:51
1246	208	M30	Wayne Bice, 30, West Des Moines, IA	2:14:50	10:51
688	124	W25	Linda Sawin, 28*, Riverside, IA	2:14:56	10:51
689	125	W25	Amy Bailey, 25*, West Des Moines, IA	2:14:58	10:52
690	89	W40	Sue Griffith, 42*, West Liberty, IA	2:14:59	10:52
1247	74	M20	Jason Bailey, 24, Ankeny, IA	2:14:59	10:52
1248	75	M20	Eric Bailey, 21, Ankeny, IA	2:15:00	10:52
691	126	W25	Stacy Peiffer, 28*, Johnston, IA	2:15:02	10:52
692	87	W20	Holly Apland, 21*, Urbandale, IA	2:15:04	10:52
1249	76	M20	Patrick McGowan, 22, Urbandale, IA	2:15:11	10:53
693	59	W45	Jan Lovett, 48*, Granger, IA	2:15:13	10:53
694	135	W30	Karen Gard, 30*, Des Moines, IA	2:15:14	10:53
695	122	W35	Sarah Sexton, 35*, Des Moines, IA	2:15:16	10:53
1250	157	M45	Michael Fisher, 48, Council Bluffs, IA	2:15:17	10:53
696	60	W45	Jeannie Berry, 45*, Pella, IA	2:15:18	10:53
1251	22	M60	Robert Nuzum, 63, Johnston, IA	2:15:24	10:54
1252	77	M20	Justin Tangen, 22, Johnston, IA	2:15:40	10:55
697	17	W50	Sally Fisher, 53*, Clive, IA	2:15:44	10:55
1253	50	M55	Bruce Thompson, 58, Ames, IA	2:15:48	10:56
698	90	W40	Cheryl Dahlquist, 41*, Des Moines, IA	2:15:48	10:56
1254	258	M35	Mark Vesey, 38, West Des Moines, IA	2:15:59	10:56
1255	104	M50	Mark Skoberdanz, 51, West Des Moines, IA	2:16:10	10:57
1256	209	M30	Steve Durick, 30, Clive, IA	2:16:10	10:57
1257	259	M35	Robert Rowe, 37, Clinton, IA	2:16:21	10:58
1258	260	M35	Robert Seat, 37, Des Moines, IA	2:16:24	10:58
699	88	W20	Gentry Gillespie, 23*, Des Moines, IA	2:16:26	10:59
700	127	W25	Jody Craven, 29*, Kansas City, MO	2:16:27	10:59
1259	158	M45	Steve Navarro, 49, Panora, IA	2:16:30	10:59

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1260	119	M25	Ryan Epley, 27, Pella, IA	2:16:39	11:00
701	91	W40	Mary Emge, 41*, West Des Moines, IA	2:17:13	11:02
702	128	W25	Tricia Erickson, 25*, Des Moines, IA	2:17:13	11:02
1261	23	M60	Pat Emge, 64, Shendandoah, IA	2:17:15	11:03
1262	261	M35	Jeff Verrant, 35, Urbandale, IA	2:17:17	11:03
1263	78	M20	Barry Von Ahsen, 21, Des Moines, IA	2:17:48	11:05

703	129	W25	Erin London, 29*	Waukee, IA	2:17:59	11:06
704	130	W25	Stacie Jackson, 25*	West Des Moines, IA	2:18:17	11:08
705	123	W35	Jennifer Trow, 37*	Urbandale, IA	2:18:20	11:08
706	61	W45	Sally Juilfs, 46*	Nebraska City, NE	2:18:23	11:08
1264	105	M50	John Winslow, 52,	Overland Park, KS	2:18:24	11:08
707	131	W25	Erika Schaeffer, 28*	Johnston, IA	2:18:31	11:09
1265	262	M35	Scott Wegner, 36,	Bismarck, ND	2:18:32	11:09
708	136	W30	Sandy Yi, 30*	Ames, IA	2:18:42	11:10
709	92	W40	Kate Schilling, 40*	West Des Moines, IA	2:19:06	11:12
1266	210	M30	Ford Singbush, 31,	Urbandale, IA	2:19:24	11:13
710	89	W20	Emily Glace, 20*	Iowa City, IA	2:19:32	11:14
1267	24	M60	Harol Schulze, 64,	Cedar Rapids, IA	2:19:34	11:14
711	93	W40	Diane Ballard, 42*	Marion, IA	2:19:37	11:14
712	62	W45	Ann Jones, 47*	Marshalltown, IA	2:19:51	11:15
713	132	W25	Lisa Rollison, 26*	Des Moines, IA	2:20:11	11:17
714	63	W45	Deb Tharnish, 45*	Des Moines, IA	2:20:14	11:17
1268	187	M40	Nicholas Roby, 41,	Des Moines, IA	2:20:15	11:17
715	133	W25	Angie Major, 27*	Des Moines, IA	2:20:18	11:17
716	94	W40	Betty Wolfe, 42*	Des Moines, IA	2:20:27	11:18
717	134	W25	Marie Puskas, 26*	Urbandale, IA	2:20:40	11:19
718	19	JrW	Jamie Wagner, 16*	Panora, IA	2:22:11	11:26
719	135	W25	Julie Rastetter, 29*	Alden, IA	2:22:25	11:27
1269	56	M17	Garrett Jones, 19,	Davenport, IA	2:22:33	11:28
720	40	W17	Sheresa Wilson, 19*	Redfield, IA	2:22:33	11:28
721	136	W25	Jane Angstman, 29*	Clive, IA	2:22:36	11:28
722	137	W30	Susan Trow, 32*	Grimes, IA	2:22:41	11:29
1270	263	M35	Bill Grund, 38,	Des Moines, IA	2:22:41	11:29
723	137	W25	Daphne Orlando, 29*	Minneapolis, MN	2:22:48	11:29
724	64	W45	Kathy Hoffman, 47*	Spencer, IA	2:22:49	11:29
1271	159	M45	Richard Hoffman, 48,	Spencer, IA	2:22:50	11:30
725	65	W45	Jacque Crouch, 45*	Dallas Center, IA	2:23:32	11:33
1272	25	M60	Gerald VanZee, 63,	West Des Moines, IA	2:23:37	11:33
726	124	W35	Lea Ann Flanagan, 35*	Des Moines, IA	2:23:53	11:35
1273	264	M35	Stacy Sherman, 39,	Fairfield, IA	2:24:10	11:36
727	138	W30	Alison Helming, 33*	Cedar Rapids, IA	2:24:48	11:39
728	138	W25	Jennifer Yates, 28*	Carlisle, IA	2:25:20	11:42
729	139	W25	Jennifer Melvin, 28*	Dewitt, IA	2:25:28	11:42
730	95	W40	Penny Hofmaier, 41*	Norwalk, IA	2:25:30	11:42
1274	188	M40	Curt Gause, 41,	Pleasant Hill, IA	2:25:33	11:43
731	139	W30	Lisa Leon, 33*	Des Moines, IA	2:25:39	11:43
1275	160	M45	Milton Lane, 46,	Loma Linda, CA	2:25:44	11:44
1276	120	M25	John Babich, 27,	Marion, IA	2:25:57	11:45
732	18	W50	Renne Friend, 50*	Altoona, IA	2:26:05	11:45
1277	106	M50	Ed Ashby, 53,	Urbandale, IA	2:26:07	11:45
733	140	W30	Sheila Barron, 34*	Solon, IA	2:27:08	11:50
734	140	W25	Angie Dante, 26*	Des Moines, IA	2:27:13	11:51
1278	26	M60	Virgil Larsen, 64,	Des Moines, IA	2:27:18	11:51
1279	161	M45	Jerry Owens, 47,	Des Moines, IA	2:27:20	11:51
735	125	W35	Jennie Morgan, 35*	Des Moines, IA	2:27:27	11:52
736	141	W25	Amy Hunold-VanGundy, 29*	Urbandale, IA	2:27:29	11:52
737	126	W35	Kristen Nanke, 35*	Johnston, IA	2:27:33	11:52
738	127	W35	Cathy Evans, 36*	Urbandale, IA	2:27:36	11:53
739	90	W20	Melissa Jeffs, 20*	Winterset, IA	2:27:40	11:53
740	19	W50	Rita Hovey, 54*	Urbandale, IA	2:27:45	11:53
1280	265	M35	Andrew Pelzer, 37,	West Des Moines, IA	2:28:33	11:57
741	96	W40	Anita Smith, 44*	Polk City, IA	2:28:46	11:58
742	91	W20	Kimberly Steffen, 20*	Clive, IA	2:28:57	11:59

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1281	266	M35	James Lawler, 36,	Cedar Rapids, IA	2:29:05	12:00
1282	211	M30	Karlos Kirby, 30,	West Des Moines, IA	2:29:16	12:01
743	128	W35	Julie Cremer, 35*	Bettendorf, IA	2:29:17	12:01
1283	79	M20	Dan Deatsch, 24,	Centerville, IA	2:29:20	12:01
1284	212	M30	Darren Sleister, 32,	Ankeny, IA	2:29:28	12:02

1285	267	M35	Kurtis Jensen, 39, Marshalltown, IA	2:29:29	12:02
1286	107	M50	Ronald Jensen, 51, South Sioux City, NE	2:29:32	12:02
744	97	W40	Vicki Minor, 41*, Norwalk, IA	2:30:16	12:05
1287	162	M45	Grayling Ashley, 47, Urbandale, IA	2:30:59	12:09
745	92	W20	Michelle Lammers, 24*, Newell, IA	2:31:16	12:10
1288	51	M55	John Moss, 58, Gilbert, IA	2:31:36	12:12
746	66	W45	Jean Burt, 48*, Des Moines, IA	2:32:02	12:14
747	129	W35	Mary Elhterling, 37*, Dallas Center, IA	2:34:03	12:24
748	141	W30	Amanda Kennedy, 32*, Indianola, IA	2:34:20	12:25
1289	213	M30	Lance Kooiker, 31, Madrid, IA	2:34:21	12:25
1290	52	M55	Dharmvir Bhatnagar, 56, W Des Moines, IA	2:37:27	12:40
1291	27	M60	Ranbir Bhatnagar, 67, W Des Moines, IA	2:37:29	12:40
1292	214	M30	Paul Mertz, 32, Omaha, NE	2:38:05	12:43

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1293	28	M60	Jim Zoellner, 61, Urbandale, IA	2:45:17	13:18
749	142	W30	Tara Knight-Sconiers, 30*, Des Moines, IA	2:49:50	13:40

"*" indicates females

19 finishers among Men 16 & Under
56 finishers among Men 17 - 19
79 finishers among Men 20 - 24
120 finishers among Men 25 - 29
214 finishers among Men 30 - 34
267 finishers among Men 35 - 39
188 finishers among Men 40 - 44
162 finishers among Men 45 - 49
107 finishers among Men 50 - 54
52 finishers among Men 55 - 59
28 finishers among Men 60 - 69
19 finishers among Women 16 & Under
40 finishers among Women 17 - 19
92 finishers among Women 20 - 24
141 finishers among Women 25 - 29
142 finishers among Women 30 - 34
129 finishers among Women 35 - 39
97 finishers among Women 40 - 44
66 finishers among Women 45 - 49
19 finishers among Women 50 - 54
4 finishers among Women 55 - 59
1293 male finishers
749 female finishers
2042 total finishers

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