

21st Dam to Dam 20 Kilometer

June 3, 2000

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| 2 | 1 | M35 Matt Wegenka, 35, Springfield, MO | 1:02:58 | 5:04 |
| 3 | 1 | M30 Robb Finegan, 32, Lincoln, NE | 1:03:32 | 5:07 |
| 4 | 2 | M30 David Halferty, 31, Topeka, KS | 1:04:19 | 5:10 |
| 5 | 1 | M20 Zachary Schendel, 22, Des Moines, IA | 1:05:43 | 5:17 |
| 6 | 2 | M25 Jeff Joiner, 27, Sioux City, IA | 1:06:15 | 5:20 |
| 7 | 2 | M20 Marty Dalton, 24, West Des Moines, IA | 1:06:33 | 5:21 |
| 8 | 3 | M30 Ditlev Larsen, 34, Minneapolis, MN | 1:07:17 | 5:25 |
| 9 | 2 | M35 Phil Kauder, 39, Cascade, IA | 1:08:20 | 5:30 |
| 10 | 1 | M40 Tim Schmid, 42, Kansas City, MO | 1:08:30 | 5:31 |
| 11 | 3 | M35 Paul Cornelison, 36, Minneapolis, MN | 1:08:38 | 5:31 |
| 12 | 4 | M30 Lars Anderson, 30, Iowa City, IA | 1:09:00 | 5:33 |
| 13 | 2 | M40 Dave Johnson, 44, Hastings, NE | 1:09:04 | 5:33 |
| 14 | 3 | M20 Chris Stiffler, 21, Papillion, NE | 1:09:26 | 5:35 |
| 15 | 5 | M30 David Sutej, 31, Omaha, NE | 1:09:38 | 5:36 |
| 16 | 4 | M35 Dan Mostrom, 38, Springfield, MO | 1:10:28 | 5:40 |
| 17 | 5 | M35 Michael Buley, 39, Johnston, IA | 1:10:37 | 5:41 |
| 18 | 3 | M40 Tom Zimmerman, 42, Farmington, MN | 1:10:49 | 5:42 |
| 19 | 6 | M35 Roger Scott, 35, Urbandale, IA | 1:11:06 | 5:43 |
| 20 | 6 | M30 Carl Chamberlain, 31, Omaha, NE | 1:11:16 | 5:44 |
| 21 | 3 | M25 Jonathan Estabrook, 26, Des Moines, IA | 1:11:44 | 5:46 |
| 22 | 4 | M20 Dave Baker, 23, West Des Moines, IA | 1:11:57 | 5:47 |
| 23 | 4 | M40 Keith Fevold, 42, Des Moines, IA | 1:12:07 | 5:48 |
| 24 | 1 | M45 Terry Stewart, 46, Brooklyn Park, MN | 1:12:22 | 5:49 |
| 25 | 4 | M25 Drew Bach, 28, Hiawatha, IA | 1:12:32 | 5:50 |
| 26 | 7 | M30 Steve Brenner, 34, Sterling, IL | 1:12:33 | 5:50 |
| 27 | 2 | M45 Curt Hoegh, 48, Clive, IA | 1:12:42 | 5:51 |
| 28 | 5 | M20 Bryan Thornburg, 22, Ankeny, IA | 1:12:45 | 5:51 |
| 29 | 1 | M17 Bryce Noll, 18, Hastings, NE | 1:13:55 | 5:57 |
| 30 | 5 | M25 Andrew Kauder, 28, Cascade, IA | 1:14:01 | 5:57 |
| 31 | 3 | M45 Phil Coppess, 45, Clinton, IA | 1:14:03 | 5:57 |
| 32 | 8 | M30 Bill Ford, 34, Polk City, IA | 1:14:27 | 5:59 |

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| 1 | 1 | W30 Bonnie Sons, 34*, Shorewood, MN | 1:14:34 | 6:00 |
| 34 | 2 | M17 Tony Ekman, 19, Des Moines, IA | 1:14:38 | 6:00 |
| 35 | 4 | M45 Rick Ironside, 46, Marion, IA | 1:14:53 | 6:01 |
| 36 | 6 | M25 Luke Spencer, 28, Des Moines, IA | 1:14:59 | 6:02 |
| 2 | 2 | W30 Renee Kruse, 32*, South Sioux, NE | 1:15:07 | 6:03 |
| 37 | 6 | M20 Kevin Egan, 24, Ames, IA | 1:15:19 | 6:04 |
| 38 | 6 | M40 Mark Fisher, 44, Ottumwa, IA | 1:15:19 | 6:04 |
| 39 | 7 | M40 Mark Mueller, 44, Cedar Rapids, IA | 1:15:27 | 6:04 |
| 3 | 1 | W35 Anne Flynn, 36*, Coralville, IA | 1:15:29 | 6:04 |
| 40 | 3 | M17 Joshua Bard, 18, Eagle Grove, IA | 1:15:30 | 6:04 |
| 41 | 7 | M35 Danny Clark, 37, Minneapolis, MN | 1:15:35 | 6:05 |
| 42 | 7 | M20 Kevin Brownell, 20, Clive, IA | 1:15:55 | 6:06 |
| 43 | 8 | M40 Kevin Osborn, 43, Little Canada, MN | 1:16:03 | 6:07 |
| 44 | 8 | M35 Todd Haugen, 37, Story City, IA | 1:16:08 | 6:07 |
| 45 | 8 | M20 Joel Shenefield, 20, Chariton, IA | 1:16:18 | 6:08 |
| 46 | 9 | M20 Ryan Mitchell, 22, Ankeny, IA | 1:16:25 | 6:09 |

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| 47 | 9 | M40 | Tim Gallagher, 43, Bedford, IA | 1:16:28 | 6:09 |
| 48 | 9 | M30 | Todd Christensen, 31, Altoona, IA | 1:16:36 | 6:10 |
| 49 | 4 | M17 | Tim Ives, 19, Des Moines, IA | 1:16:39 | 6:10 |
| 50 | 10 | M20 | Sam Grotewold, 22, Ames, IA | 1:16:40 | 6:10 |
| 51 | 9 | M35 | Bill Blubaugh, 36, Ankeny, IA | 1:16:46 | 6:11 |
| | 4 | 3 | W30 Karlene Herrell, 34*, Peru, IN | 1:16:50 | 6:11 |
| 52 | 10 | M30 | Bill Castle, 31, Boone, IA | 1:16:56 | 6:11 |
| 53 | 7 | M25 | Ryan Elsbernd, 28, Des Moines, IA | 1:16:56 | 6:11 |
| 54 | 10 | M40 | Bob Layton, 44, Urbandale, IA | 1:17:01 | 6:12 |
| 55 | 8 | M25 | Patrick Riley, 27, Des Moines, IA | 1:17:16 | 6:13 |
| 56 | 10 | M35 | Loran Storts, 35, Urbandale, IA | 1:17:24 | 6:14 |
| 57 | 5 | M45 | Terry Erickson, 47, East Moline, IL | 1:17:29 | 6:14 |
| 58 | 11 | M20 | Brad Cramer, 22, Aubudon, IA | 1:17:46 | 6:15 |
| 59 | 11 | M30 | Carl Shock, 33, Rock Island, IL | 1:17:59 | 6:16 |
| 60 | 6 | M45 | Tom Cherchuck, 45, Johnston, IA | 1:18:09 | 6:17 |
| 61 | 11 | M35 | Troy Zeleznik, 37, West Des Moines, IA | 1:18:11 | 6:17 |
| 62 | 11 | M40 | Richard Smith, 41, Okalahoma City, OK | 1:18:18 | 6:18 |
| 63 | 7 | M45 | Clarke Oestereich, 46, Waterloo, IA | 1:18:23 | 6:18 |
| 64 | 12 | M40 | Jim Barrett, 43, Iowa City, IA | 1:18:33 | 6:19 |
| 65 | 9 | M25 | Alain Bailly, 27, Vimy | 1:18:41 | 6:20 |
| 66 | 12 | M20 | Aaron Thomas, 20, Holstein, IA | 1:19:02 | 6:22 |
| 67 | 10 | M25 | Craig Takalo, 29, West Des Moines, IA | 1:19:11 | 6:22 |
| 68 | 12 | M35 | Dick Shindelar, 37, Eldora, IA | 1:19:28 | 6:24 |
| 69 | 1 | M50 | Jim Shimek, 52, Cedar Rapids, IA | 1:19:28 | 6:24 |
| 70 | 12 | M30 | Jerry Beenken, 34, Dakota City, IA | 1:19:38 | 6:24 |
| | 5 | 2 | W35 Roxi Erickson, 37*, Omaha, NE | 1:19:39 | 6:24 |
| 71 | 11 | M25 | Shannon McLaughlin, 29, Norwalk, IA | 1:19:40 | 6:25 |
| | 6 | 1 | W25 Kay Joiner, 27*, Sioux City, IA | 1:19:40 | 6:25 |
| 72 | 12 | M25 | Bryan Friedman, 28, Lambs Grove, IA | 1:19:47 | 6:25 |
| | 7 | 2 | W25 Robyn Olson, 27*, Lambs Grove, IA | 1:19:47 | 6:25 |
| 73 | 13 | M20 | Chad Goldsmith, 22, Cedar Falls, IA | 1:19:49 | 6:25 |
| 74 | 8 | M45 | Greg Madison, 45, Ankeny, IA | 1:19:49 | 6:25 |
| 75 | 13 | M25 | Larry Loffredo, 29, Norwalk, IA | 1:20:08 | 6:27 |
| 76 | 5 | M17 | Aaron Borger, 18, McPherson, KS | 1:20:10 | 6:27 |
| | 8 | 1 | W40 Ann Ringlein, 43*, Lincoln, NE | 1:20:18 | 6:28 |
| 77 | 13 | M40 | John Taylor, 41, Des Moines, IA | 1:20:27 | 6:28 |
| 78 | 14 | M40 | Michael Holmes, 42, West Des Moines, IA | 1:20:31 | 6:29 |
| 79 | 13 | M35 | Daniel Draayer, 36, Ankeny, IA | 1:20:33 | 6:29 |
| 80 | 15 | M40 | Daryl Julich, 44, Cedar Rapids, IA | 1:20:38 | 6:29 |
| 81 | 6 | M17 | Jeremy Burk, 19, Eagle Grove, IA | 1:20:55 | 6:31 |
| 82 | 7 | M17 | Sam Toscano, 18, Juniata, NE | 1:20:58 | 6:31 |
| 83 | 14 | M20 | Aaron Sage, 20, Ames, IA | 1:21:02 | 6:31 |
| 84 | 14 | M35 | John Mitoraj, 36, Mokena, IL | 1:21:03 | 6:31 |
| 85 | 15 | M35 | Bedolla Raiael-Bedolla, 35, Marshalltown, IA | 1:21:04 | 6:31 |
| 86 | 13 | M30 | Randy Anderson, 32, West Des Moines, IA | 1:21:06 | 6:31 |
| 87 | 9 | M45 | Brad Scott, 47, Marion, IA | 1:21:10 | 6:32 |
| 88 | 14 | M25 | Jon Gabrielsen, 28, West Des Moines, IA | 1:21:14 | 6:32 |
| 89 | 16 | M35 | Jeff Perry, 39, Bondurant, IA | 1:21:17 | 6:32 |
| 90 | 16 | M40 | Steve Jordan, 43, Ankeny, IA | 1:21:21 | 6:33 |
| 91 | 2 | M50 | Charlie Burch, 50, Des Moines, IA | 1:21:27 | 6:33 |
| 92 | 15 | M20 | Nathan Wenck, 23, Carroll, IA | 1:21:33 | 6:34 |
| 93 | 16 | M20 | Steven Olsen, 23, Des Moines, IA | 1:21:45 | 6:35 |
| 94 | 17 | M35 | Doug Kintzle, 35, Des Moines, IA | 1:21:50 | 6:35 |
| 95 | 18 | M35 | Andrew Simmons, 35, West Amana, Ia | 1:21:52 | 6:35 |
| | 9 | 3 | W25 Darcy Ruble, 29*, Urbandale, IA | 1:21:52 | 6:35 |
| 96 | 17 | M40 | Jon Swails, 40, Cedar Rapids, IA | 1:21:55 | 6:35 |
| 97 | 14 | M30 | Mike Regan, 31, Cedar Rapids, IA | 1:22:00 | 6:36 |
| 98 | 18 | M40 | David Culver, 43, Iowa City, IA | 1:22:00 | 6:36 |
| 99 | 10 | M45 | Mike Hoffman, 46, Clive, IA | 1:22:01 | 6:36 |
| 100 | 15 | M30 | Rob Gloe, 32, Des Moines, IA | 1:22:07 | 6:36 |
| 101 | 19 | M35 | Mike Johnson, 38, Urbandale, IA | 1:22:08 | 6:36 |
| 102 | 15 | M25 | Scott Whiteford, 27, Lincoln, NE | 1:22:09 | 6:37 |
| 103 | 8 | M17 | Derek McHurch, 19, Des Moines, IA | 1:22:10 | 6:37 |
| 104 | 20 | M35 | Bob Lotz, 37, North Liberty, IA | 1:22:11 | 6:37 |

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| 108 | 22 | M35 | Kerry Staats, 35, Eagan, MN | 1:22:25 | 6:38 |
| 109 | 23 | M35 | Patrick Broshar, 39, Waterloo, IA | 1:22:25 | 6:38 |
| 110 | 24 | M35 | Carter Stevens, 38, Denver, IA | 1:22:26 | 6:38 |
| 111 | 16 | M30 | Henrik Drejer, 33, Bettendorf, IA | 1:22:28 | 6:38 |
| 112 | 25 | M35 | Randall Wildman, 37, Madison, WI | 1:22:35 | 6:39 |
| 10 | 1 | W20 | Sarah Lemley, 22*, Des Moines, IA | 1:22:45 | 6:39 |
| 113 | 20 | M40 | Brad Nielsen, 41, Des Moines, IA | 1:22:52 | 6:40 |
| 114 | 1 | M55 | Ronald McKay, 57, Chariton, IA | 1:22:56 | 6:40 |
| 115 | 26 | M35 | Don Romig, 35, Clive, IA | 1:22:59 | 6:41 |
| 116 | 1 | M60 | Guy Ealey, 60, Kellogg, IA | 1:23:05 | 6:41 |
| 117 | 10 | M17 | Ben Glaser, 17, Des Moines, IA | 1:23:10 | 6:41 |
| 118 | 27 | M35 | Martin Huberty, 35, Bloomington, MN | 1:23:15 | 6:42 |
| 119 | 11 | M45 | David Munn, 45, Pella, IA | 1:23:25 | 6:43 |
| 120 | 1 | JrM | Joe Mundt, 16, Chariton, IA | 1:23:28 | 6:43 |
| 11 | 4 | W25 | Jennifer Masini, 28*, Ames, IA | 1:23:33 | 6:43 |
| 121 | 12 | M45 | James La Plant, 49, Newton, IA | 1:23:34 | 6:43 |
| 122 | 21 | M40 | Steve Harper, 42, Urbandale, IA | 1:23:40 | 6:44 |
| 123 | 22 | M40 | Rick Gubbels, 42, Des Moines, IA | 1:23:46 | 6:44 |
| 124 | 16 | M25 | Jerry Selbher, 27, Mason City, IA | 1:23:48 | 6:45 |
| 12 | 3 | W35 | Dee Sasseen, 35*, Des Moines, IA | 1:23:48 | 6:45 |
| 125 | 3 | M50 | Rick Hagan, 50, Urbandale, IA | 1:23:49 | 6:45 |
| 13 | 1 | W17 | Kelly Clarkson, 19*, Johnston, IA | 1:23:54 | 6:45 |
| 126 | 11 | M17 | Glen Fuhrmeister, 19, Lone Tree, IA | 1:24:01 | 6:46 |
| 127 | 13 | M45 | Chuck Clark, 49, Carroll, IA | 1:24:07 | 6:46 |
| 128 | 28 | M35 | Philip Doud, 35, Clive, IA | 1:24:12 | 6:46 |
| 129 | 14 | M45 | Tim Andersen, 45, Des Moines, IA | 1:24:16 | 6:47 |
| 130 | 17 | M30 | Chris Bowers, 31, Ottumwa, IA | 1:24:20 | 6:47 |
| 131 | 15 | M45 | Steve Minard, 48, Des Moines, IA | 1:24:20 | 6:47 |
| 14 | 2 | W40 | Julie Starry, 40*, Des Moines, IA | 1:24:32 | 6:48 |
| 132 | 16 | M45 | Mark Cook, 48, Moline, IL | 1:24:34 | 6:48 |
| 133 | 18 | M30 | Tim Leonard, 34, Coralville, IA | 1:24:41 | 6:49 |
| 134 | 17 | M20 | Chris Hulscher, 21, West Des Moines, IA | 1:24:49 | 6:49 |
| 135 | 18 | M20 | Dennis Dane, 20, Urbandale, IA | 1:24:51 | 6:50 |
| 136 | 23 | M40 | Robert Lasich, 40, West Des Moines, IA | 1:24:53 | 6:50 |
| 137 | 17 | M25 | Chris Nelson, 29, Des Moines, IA | 1:24:54 | 6:50 |
| 138 | 17 | M45 | Dave Haugen, 46, Des Moines, IA | 1:24:56 | 6:50 |
| 139 | 18 | M25 | Mike Amfahr, 26, West Des Moines, IA | 1:24:58 | 6:50 |
| 140 | 12 | M17 | Lee Greenberg, 18, Des Moines, IA | 1:25:02 | 6:50 |
| 15 | 3 | W40 | Jackie Groves, 44*, Polk City, IA | 1:25:09 | 6:51 |
| 16 | 4 | W30 | Christine Price, 31*, Des Moines, IA | 1:25:10 | 6:51 |
| 141 | 19 | M30 | Kyle Anderson, 34, Omaha, NE | 1:25:12 | 6:51 |
| 142 | 19 | M25 | Jerry Johnson, 27, Johnston, IA | 1:25:12 | 6:51 |
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| 149 | 14 | M17 | Jared Carter, 17, Creston, IA | 1:25:49 | 6:54 |
| 150 | 24 | M40 | Tom Green, 40, Des Moines, IA | 1:25:50 | 6:54 |
| 151 | 20 | M30 | Crazy Richard, 33, Des Moines, IA | 1:25:57 | 6:55 |
| 152 | 19 | M45 | Rick Hall, 47, Urbandale, IA | 1:26:00 | 6:55 |
| 153 | 31 | M35 | Rob Reicks, 36, Van Meter, IA | 1:26:00 | 6:55 |
| 154 | 15 | M17 | Scott Lerner, 19, Des Moines, IA | 1:26:02 | 6:55 |
| 17 | 5 | W30 | Tricia Sedivec, 31*, Granger, Ia | 1:26:03 | 6:55 |
| 155 | 21 | M30 | John Patrick Parker, 32, Davenport, IA | 1:26:07 | 6:56 |
| 156 | 22 | M30 | Mark Tabarella, 33, Des Moines, IA | 1:26:08 | 6:56 |
| 157 | 25 | M40 | Steven Hendricks, 43, Fort Dodge, IA | 1:26:08 | 6:56 |
| 158 | 26 | M40 | Jeff Oltmann, 40, Cedar Falls, IA | 1:26:09 | 6:56 |
| 159 | 23 | M30 | Ronald Cox, 30, Pella, IA | 1:26:10 | 6:56 |
| 160 | 32 | M35 | Jeff Miller, 39, West Des Moines, IA | 1:26:11 | 6:56 |
| 161 | 20 | M25 | Christopher Davis, 26, West Des Moines, IA | | |

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| 18 | 6 | W30 Ronda Schappaugh, 33*, Petersburg, IL | 1:26:23 | 6:57 |
| 163 | 4 | M50 Ronald Charles, 51, Grinnell, IA | 1:26:25 | 6:57 |
| 164 | 24 | M30 Troy Love, 34, Cedar Falls, IA | 1:26:28 | 6:57 |
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| 166 | 18 | M17 Tuomas Julin, 18, Des Moines, IA | 1:26:29 | 6:57 |
| 167 | 27 | M40 Pete Masters, 40, Des Moines, IA | 1:26:39 | 6:58 |
| 168 | 33 | M35 Brian Willem, 38, Urbandale, IA | 1:26:41 | 6:58 |
| 169 | 34 | M35 Shawn Noble, 35, Iowa City, IA | 1:26:45 | 6:59 |
| 170 | 35 | M35 Craig Wittenburg, 35, Pella, IA | 1:26:48 | 6:59 |
| 171 | 36 | M35 Russell Potts, 37, Runnells, IA | 1:26:50 | 6:59 |
| 172 | 20 | M45 Peter Silberstein, 47, Mason City, IA | 1:26:52 | 6:59 |

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| 175 | 37 | M35 Jim Heinlen, 37, Lincoln, NE | 1:26:57 | 7:00 |
| 176 | 29 | M40 Michael Cruise, 43, Lincoln, NE | 1:26:58 | 7:00 |
| 177 | 21 | M20 Troy Shoen, 22, Iowa City, IA | 1:27:00 | 7:00 |
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| 179 | 38 | M35 Rex Williams, 39, Des Moines, IA | 1:27:04 | 7:00 |
| 180 | 22 | M20 Jason Brehmer, 20, Johnston, IA | 1:27:10 | 7:01 |
| 181 | 30 | M40 Jerry Bunch, 43, Riverdale, IA | 1:27:14 | 7:01 |
| 182 | 21 | M25 Chad Matthaidess, 29, Algona, IA | 1:27:16 | 7:01 |
| 183 | 31 | M40 Del Lasswell, 43, Urbandale, IA | 1:27:19 | 7:02 |
| 184 | 39 | M35 Joe Knight, 38, Stoughton, WI | 1:27:23 | 7:02 |
| 185 | 32 | M40 Jeff Niffenegger, 43, West Des Moines, IA | 1:27:24 | 7:02 |
| 186 | 40 | M35 Jeff Heckroth, 35, Grimes, IA | 1:27:24 | 7:02 |
| 187 | 6 | M50 Jim Jacobsen, 50, Des Moines, IA | 1:27:27 | 7:02 |
| 188 | 23 | M20 Donald Depriest, 24, Ames, IA | 1:27:27 | 7:02 |
| 189 | 41 | M35 Michael Lowe, 35, West Des Moines, IA | 1:27:30 | 7:02 |
| 190 | 26 | M30 Dave Leever, 30, Ankeny, IA | 1:27:34 | 7:03 |
| 191 | 42 | M35 Tom Patava, 39, Norwalk, IA | 1:27:34 | 7:03 |
| 192 | 43 | M35 Mike Warren, 39, Marshalltown, IA | 1:27:38 | 7:03 |
| 193 | 19 | M17 Chad Follis, 18, Des Moines, IA | 1:27:42 | 7:03 |
| 194 | 2 | M60 Jim Schleisman, 67, Jefferson, IA | 1:27:43 | 7:03 |
| 195 | 44 | M35 Brian Roach, 36, Kansas City, MO | 1:27:43 | 7:03 |
| 196 | 33 | M40 Steve Shenefield, 42, Chariton, IA | 1:27:45 | 7:04 |
| 19 | 2 | W17 Casey Owens, 17*, Des Moines, IA | 1:27:48 | 7:04 |
| 20 | 3 | W17 Kate Olesen, 19*, Greenfield, IA | 1:27:51 | 7:04 |
| 197 | 34 | M40 Brian Smith, 42, Redfield, IA | 1:27:56 | 7:05 |
| 21 | 7 | W30 Traci Hart, 30*, West Des Moines, IA | 1:27:57 | 7:05 |
| 198 | 2 | M55 Craig Clark, 56, Mason City, IA | 1:27:59 | 7:05 |
| 199 | 3 | M60 Jim Smedema, 68, Windsor Heights, IA | 1:28:00 | 7:05 |
| 200 | 35 | M40 Ron Hankins, 42, West Des Moines, IA | 1:28:04 | 7:05 |
| 201 | 20 | M17 Cris Conner, 17, West Des Moines, IA | 1:28:08 | 7:05 |
| 202 | 21 | M45 Michael Tometich, 48, Mt Pleasant, IA | 1:28:09 | 7:06 |
| 22 | 4 | W40 Joann Kobes, 40*, Des Moines, IA | 1:28:11 | 7:06 |
| 203 | 22 | M45 Sam Pederson, 48, Lake Mills, IA | 1:28:13 | 7:06 |
| 204 | 23 | M45 Ron Kinner, 47, Des Moines, IA | 1:28:16 | 7:06 |
| 205 | 22 | M25 Steve Houg, 25, West Des Moines, IA | 1:28:17 | 7:06 |
| 206 | 36 | M40 Randy Wadle, 41, Newton, IA | 1:28:28 | 7:07 |
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| 209 | 23 | M25 Chris Willeman, 25, Ballwin, MO | 1:28:34 | 7:08 |
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| 211 | 46 | M35 Dan Olson, 37, Des Moines, IA | 1:28:38 | 7:08 |
| 23 | 8 | W30 Linda Rienks, 34*, Denison, IA | 1:28:42 | 7:08 |
| 212 | 47 | M35 Pat Baldus, 35, West Des Moines, IA | 1:28:43 | 7:08 |
| 213 | 24 | M20 Christian Baum, 23, Ames, IA | 1:28:44 | 7:08 |
| 214 | 29 | M30 Brian Clark, 34, Clive, IA | 1:28:47 | 7:09 |
| 215 | 37 | M40 Daniel Dietz, 41, Smyrna, GA | 1:28:48 | 7:09 |
| 24 | 4 | W35 Heather Stilborn, 37*, Des Moines, IA | 1:28:48 | 7:09 |

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| 25 | 5 | W25 | Lisa Mesquita, 28*, Neptune Beach, FL | 1:28:49 | 7:09 |
| 216 | 38 | M40 | David Flory, 40, Ames, IA | 1:28:49 | 7:09 |
| 217 | 39 | M40 | Randy Huewe, 43, Urbandale, IA | 1:28:57 | 7:09 |
| 218 | 48 | M35 | Bill Hansen, 39, Iowa Falls, IA | 1:29:03 | 7:10 |
| 26 | 9 | W30 | Pamela Stevens, 34*, Petersburg, IL | 1:29:07 | 7:10 |
| 219 | 21 | M17 | Chett Ray, 19, Orient, IA | 1:29:07 | 7:10 |
| 27 | 1 | W45 | Andriette Wickstrom, 45*, Storm Lake, IA | 1:29:08 | 7:10 |
| 220 | 30 | M30 | David Thomsen, 32, Iowa City, IA | 1:29:08 | 7:10 |
| 221 | 24 | M45 | Steve Washler, 48, Cedar Rapids, Ia Ia | 1:29:12 | 7:11 |
| 28 | 2 | W45 | Nancy Hoegh, 47*, Clive, IA | 1:29:14 | 7:11 |
| 222 | 31 | M30 | Guy Pareti, 31, Ankeny, IA | 1:29:17 | 7:11 |
| 223 | 49 | M35 | Dan Gustafson, 37, Urbandale, IA | 1:29:18 | 7:11 |
| 224 | 22 | M17 | Matthew Skeens, 18, Johnston, IA | 1:29:19 | 7:11 |
| 225 | 7 | M50 | Dennis Wheeler, 50, Des Moines, IA | 1:29:23 | 7:12 |
| 226 | 40 | M40 | Kevin Emge, 41, West Des Moines, IA | 1:29:26 | 7:12 |
| 227 | 25 | M45 | Bob Grote, 46, West Des Moines, IA | 1:29:27 | 7:12 |
| 228 | 25 | M20 | Tom Rothamel, 23, Bozeman, MT | 1:29:36 | 7:13 |
| 229 | 50 | M35 | Alan Brown, 35, Clive, IA | 1:29:38 | 7:13 |
| 230 | 32 | M30 | Alex Fink, 31, Des Moines, IA | 1:29:45 | 7:13 |
| 231 | 8 | M50 | Willard Olesen, 52, Greenfield, IA | 1:29:49 | 7:14 |
| 232 | 51 | M35 | Dave Mable, 35, Urbandale, IA | 1:29:54 | 7:14 |
| 233 | 24 | M25 | Mark Wall, 26, Waterloo, IA | 1:29:59 | 7:14 |
| 29 | 5 | W40 | Sheila Maddock, 44*, Johnston, IA | 1:30:02 | 7:15 |
| 234 | 9 | M50 | Rich Smith, 51, Urbandale, IA | 1:30:03 | 7:15 |
| 235 | 52 | M35 | Stewart Baldner, 39, Dallas Center, IA | 1:30:09 | 7:15 |
| 236 | 26 | M20 | Tim Osterhaus, 23, West Des Moines, IA | 1:30:11 | 7:15 |
| 237 | 27 | M20 | Robert Annexstad, 24, Des Moines, IA | 1:30:12 | 7:15 |
| 238 | 53 | M35 | Gary Roll, 36, Iowa Falls, IA | 1:30:13 | 7:16 |
| 30 | 10 | W30 | Lisa Klein, 31*, Des Moines, IA | 1:30:13 | 7:16 |
| 239 | 10 | M50 | Peter Crawford, 50, Red Oak, IA | 1:30:14 | 7:16 |
| 240 | 41 | M40 | Dave Dawson, 40, Des Moines, IA | 1:30:15 | 7:16 |
| 241 | 28 | M20 | Salvador Lara, 23, Marshalltown, IA | 1:30:16 | 7:16 |
| 242 | 26 | M45 | Galen Wilke, 49, Ames, IA | 1:30:16 | 7:16 |
| 31 | 2 | W20 | Julia Meimann, 21*, Nevada, Ia | 1:30:18 | 7:16 |
| 243 | 42 | M40 | Steve Vaught, 42, Des Moines, IA | 1:30:20 | 7:16 |
| 32 | 11 | W30 | Renee Campiano, 34*, Clive, IA | 1:30:20 | 7:16 |
| 244 | 27 | M45 | Todd Gaffney, 46, Des Moines, IA | 1:30:20 | 7:16 |
| 245 | 29 | M20 | Tim Rypma, 20, Des Moines, IA | 1:30:21 | 7:16 |
| 33 | 6 | W40 | Sue Boley, 43*, Maxwell, IA | 1:30:22 | 7:16 |
| 246 | 33 | M30 | Mark Caples, 32, Altoona, IA | 1:30:24 | 7:16 |
| 247 | 34 | M30 | David Seevers, 32, Lincoln, NE | 1:30:29 | 7:17 |
| 248 | 11 | M50 | Randall Wilson, 50, Des Moines, IA | 1:30:31 | 7:17 |
| 249 | 35 | M30 | Mike Donahue, 32, Des Moines, IA | 1:30:31 | 7:17 |
| 250 | 43 | M40 | Barry Roberts, 42, Adel, IA | 1:30:33 | 7:17 |
| 251 | 36 | M30 | Jose Medina, 32, San Antonio, TX | 1:30:41 | 7:18 |
| 252 | 23 | M17 | Nicholas Ford, 19, Creston, IA | 1:30:43 | 7:18 |
| 253 | 24 | M17 | Jeffrey Judisch, 19, Tripoli, IA | 1:30:44 | 7:18 |
| 254 | 54 | M35 | Mike Jacobi, 36, Shellsburg, IA | 1:30:46 | 7:18 |
| 255 | 55 | M35 | Ross Harris, 39, Edina, MN | 1:30:46 | 7:18 |
| 256 | 28 | M45 | Larry Zimpleman, 48, Clive, IA | 1:30:49 | 7:18 |
| 257 | 37 | M30 | Tim Trujillo, 31, Des Moines, IA | 1:30:53 | 7:19 |
| 258 | 56 | M35 | John Moorlach, 37, Indianola, IA | 1:30:53 | 7:19 |
| 259 | 57 | M35 | Brian Kennedy, 36, Franklin, TN | 1:30:56 | 7:19 |
| 260 | 25 | M25 | Christopher Ihle, 25, Huxley, IA | 1:30:58 | 7:19 |
| 34 | 7 | W40 | Tricia McClain, 43*, Altoona, IA | 1:30:59 | 7:19 |
| 261 | 38 | M30 | Tony Hunt, 31, Urbandale, IA | 1:31:00 | 7:19 |
| 262 | 25 | M17 | Matt Smith, 18, Eldora, IA | 1:31:02 | 7:19 |
| 263 | 44 | M40 | Joseph Gobeli, 41, Altoona, IA | 1:31:03 | 7:20 |
| 264 | 58 | M35 | Jeff Osmundson, 35, Des Moines, IA | 1:31:06 | 7:20 |
| 265 | 45 | M40 | Tim Kelly, 41, Iowa City, IA | 1:31:08 | 7:20 |
| 266 | 46 | M40 | Tom Groves, 44, Polk City, IA | 1:31:10 | 7:20 |
| 35 | 6 | W25 | Sabra Rosener, 29*, Des Moines, IA | 1:31:10 | 7:20 |
| 267 | 59 | M35 | Tim Gedler, 36, West Des Moines, IA | 1:31:10 | 7:20 |
| 268 | 39 | M30 | Mark Nowling, 32, Omaha, NE | 1:31:12 | 7:20 |
| 269 | 30 | M20 | Nathan Vonahsen, 20, Pleasant Hill, IA | 1:31:15 | 7:21 |

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| 36 | 5 | W35 | Kathi Prien, 38*, West Des Moines, IA | 1:31:19 | 7:21 |
| 270 | 40 | M30 | Christopher Schulte, 32, Shawnee, KS | 1:31:23 | 7:21 |
| 37 | 8 | W40 | Joanne Kerschierter, 44*, Moline, IL | 1:31:24 | 7:21 |
| 38 | 7 | W25 | Angie Williams, 27*, Des Moines, IA | 1:31:26 | 7:21 |
| 271 | 47 | M40 | John Dupuy, 44, Newton, IA | 1:31:27 | 7:21 |
| 272 | 60 | M35 | Steve Lafrentz, 39, Urbandale, IA | 1:31:27 | 7:22 |
| 273 | 12 | M50 | Dale Andres, 52, Clear Lake, IA | 1:31:29 | 7:22 |
| 274 | 48 | M40 | Daniel Rosenberg, 43, Des Moines, IA | 1:31:29 | 7:22 |
| 39 | 3 | W20 | Karen Berggren, 23*, Des Moines, IA | 1:31:30 | 7:22 |
| 275 | 26 | M25 | L Painovich, 29, Clive, IA | 1:31:30 | 7:22 |
| 40 | 8 | W25 | Heather Wilson, 26*, Floyd, IA | 1:31:32 | 7:22 |
| 276 | 61 | M35 | Kelly Simpson, 39, Jefferson, IA | 1:31:33 | 7:22 |
| 277 | 27 | M25 | Jimmy Rottinghaus, 26, Urbandale, IA | 1:31:38 | 7:22 |
| 278 | 62 | M35 | Rob Gillum, 39, Des Moines, IA | 1:31:39 | 7:22 |
| 279 | 31 | M20 | Ross Palmer, 24, West Des Moines, IA | 1:31:41 | 7:23 |
| 280 | 49 | M40 | Edward Walsh, 44, Chicago, IL | 1:31:43 | 7:23 |
| 281 | 41 | M30 | David Badger, 34, Elk River, MN | 1:31:43 | 7:23 |
| 282 | 26 | M17 | Brett Myers, 19, West Des Moines, IA | 1:31:47 | 7:23 |
| 283 | 63 | M35 | Scott Lundstrom, 35, Saylorville, IA | 1:31:56 | 7:24 |
| 284 | 13 | M50 | Reed Moore, 53, Kelley, IA | 1:31:59 | 7:24 |
| 41 | 9 | W40 | Janet Malmberg, 40*, Des Moines, IA | 1:32:03 | 7:24 |
| 285 | 29 | M45 | Jan Fletcher, 48, Earlham, IA | 1:32:04 | 7:24 |
| 286 | 64 | M35 | Scott Boever, 39, Des Moines, IA | 1:32:05 | 7:25 |
| 287 | 50 | M40 | Bruce Meunier, 40, Urbandale, IA | 1:32:06 | 7:25 |
| 42 | 12 | W30 | Sandy Sabelka, 32*, Denver, IA | 1:32:13 | 7:25 |
| 288 | 3 | M55 | Ron Bickel, 57, Pleasant Hill, IA | 1:32:14 | 7:25 |
| 289 | 28 | M25 | John Murphy, 26, Ames, IA | 1:32:15 | 7:25 |
| 290 | 30 | M45 | Lee Tesdell, 49, Slater, IA | 1:32:16 | 7:25 |
| 291 | 4 | M55 | Tucker Lillis, 55, Oskaloosa, IA | 1:32:24 | 7:26 |
| 292 | 51 | M40 | Darryl Brumm, 44, Cedar Falls, IA | 1:32:25 | 7:26 |
| 293 | 42 | M30 | Rich Richmond, 34, Cedar Rapids, IA | 1:32:26 | 7:26 |
| 43 | 6 | W35 | Denise Charter-Jones, 38*, Urbandale, IA | 1:32:27 | 7:26 |
| 294 | 52 | M40 | Kevin Techau, 41, Des Moines, IA | 1:32:30 | 7:27 |
| 295 | 32 | M20 | Kevin Nuehring, 24, Des Moines, IA | 1:32:33 | 7:27 |
| 296 | 43 | M30 | Mike Anthony, 32, Greenfield, IA | 1:32:35 | 7:27 |
| 297 | 44 | M30 | Scott Schwister, 31, Lincoln, NE | 1:32:36 | 7:27 |
| 44 | 10 | W40 | Rosanne Hopson, 41*, Iowa City, IA | 1:32:39 | 7:27 |
| 298 | 31 | M45 | David Peters, 45, Atlantic, IA | 1:32:41 | 7:27 |
| 299 | 27 | M17 | Kurt Rietema, 18, Pella, IA | 1:32:42 | 7:28 |
| 300 | 14 | M50 | Andrew Hazer, 50, Columbia, IA | 1:32:43 | 7:28 |
| 301 | 53 | M40 | Craig Edmondson, 40, Storm Lake, IA | 1:32:44 | 7:28 |
| 45 | 9 | W25 | Bobby Radakovich, 27*, Earlham, IA | 1:32:45 | 7:28 |
| 302 | 54 | M40 | Rick Gustafson, 40, Des Moines, IA | 1:32:46 | 7:28 |
| 303 | 32 | M45 | Joe Blunk, 48, Ames, IA | 1:32:47 | 7:28 |
| 304 | 45 | M30 | Brett Faulkner, 34, Dayton, IA | 1:32:48 | 7:28 |
| 46 | 11 | W40 | Lisa Simonetta, 41*, Des Moines, IA | 1:32:50 | 7:28 |
| 305 | 28 | M17 | Curt Hobson, 19, Eldora, IA | 1:32:53 | 7:28 |
| 306 | 29 | M17 | Andy Arends, 17, Hampton, IA | 1:32:55 | 7:29 |
| 307 | 65 | M35 | Dan Baldi, 37, Des Moines, IA | 1:32:57 | 7:29 |
| 308 | 46 | M30 | Michael Mitchell, 30, Pleasant Hill, IA | 1:32:58 | 7:29 |
| 309 | 33 | M45 | John Ytzen, 46, Creston, IA | 1:32:59 | 7:29 |
| 310 | 66 | M35 | Jeffrey Shannon, 37, Oskaloosa, IA | 1:33:02 | 7:29 |
| 311 | 33 | M20 | Mark Simons, 23, Iowa City, IA | 1:33:05 | 7:29 |
| 312 | 29 | M25 | Brendan McCallum, 25, Des Moines, IA | 1:33:08 | 7:30 |
| 313 | 30 | M25 | Nate Hebel, 25, Urbandale, IA | 1:33:08 | 7:30 |
| 314 | 34 | M45 | Richard Anfinson, 48, Cedar Falls, IA | 1:33:09 | 7:30 |
| 315 | 34 | M20 | Darin Arkema, 21, Sully, IA | 1:33:11 | 7:30 |
| 316 | 30 | M17 | Colin Attema, 19, Hull, IA | 1:33:12 | 7:30 |
| 47 | 13 | W30 | Melanie Selby, 31*, Des Moines, IA | 1:33:12 | 7:30 |
| 317 | 31 | M17 | Marcus Scholten, 19, Sheldon, IA | 1:33:13 | 7:30 |
| 318 | 31 | M25 | Mark DouBrava, 29, West Des Moines, IA | 1:33:14 | 7:30 |
| 319 | 15 | M50 | Don Miller, 52, Clive, IA | 1:33:20 | 7:31 |
| 48 | 14 | W30 | Becky Washler, 34*, Cedar Rapids, IA | 1:33:20 | 7:31 |
| 320 | 67 | M35 | Jonathan Stewart, 39, Cumming, IA | 1:33:21 | 7:31 |
| 321 | 2 | JrM | Brett Ray, 16, Orient, IA | 1:33:23 | 7:31 |

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| 322 | 32 | M17 | Cole Kopacek, 18, Britt, IA | 1:33:24 | 7:31 |
| 323 | 68 | M35 | Scott Steelman, 37, West Des Moines, IA | 1:33:26 | 7:31 |
| 324 | 55 | M40 | Tom Gidlewski, 43, Ames, IA | 1:33:27 | 7:31 |
| | 49 | 7 | W35 Kathie Madron, 37*, Oakland, IA | 1:33:28 | 7:31 |
| | 50 | 4 | W20 Courtney Pleak, 23*, Harlan, IA | 1:33:29 | 7:31 |
| 325 | 16 | M50 | Carl Voss, 51, Des Moines, IA | 1:33:31 | 7:31 |
| 326 | 33 | M17 | Nick Vanderkwaak, 19, Johnston, IA | 1:33:35 | 7:32 |
| 327 | 35 | M45 | David McClung, 45, Des Moines, IA | 1:33:39 | 7:32 |
| 328 | 56 | M40 | Dennis Dornbier, 43, West Des Moines, IA | 1:33:41 | 7:32 |
| 329 | 32 | M25 | Michael Pfeifer, 28, Urbandale, IA | 1:33:42 | 7:32 |
| 330 | 47 | M30 | Lief Gunhus, 34, Ames, IA | 1:33:42 | 7:32 |
| 331 | 69 | M35 | Brad Beach, 36, Sioux City, IA | 1:33:43 | 7:32 |
| | 51 | 10 | W25 Cathy Campbell, 29*, Sergeant Bluff, IA | 1:33:44 | 7:33 |
| 332 | 17 | M50 | Gordy Strickland, 53, Lincoln, NE | 1:33:48 | 7:33 |
| 333 | 70 | M35 | Thomas Duff, 37, Des Moines, IA | 1:33:49 | 7:33 |
| 334 | 71 | M35 | Doug Eppard, 35, Johnston, IA | 1:33:52 | 7:33 |
| | 52 | 1 | JrW Cortney Jacobs, 14*, Atlantic, IA | 1:33:56 | 7:33 |
| 335 | 33 | M25 | Tim Lowe, 27, Clive, IA | 1:33:58 | 7:34 |
| 336 | 5 | M55 | Steve Radakovich, 56, Earlham, IA | 1:33:59 | 7:34 |
| 337 | 34 | M17 | Bill Holscher, 18, Polk City, IA | 1:34:03 | 7:34 |
| | 53 | 5 | W20 Lindsay Zwemke, 24*, Marshalltown, IA | 1:34:05 | 7:34 |
| 338 | 36 | M45 | Stan Jones, 47, Norwalk, IA | 1:34:06 | 7:34 |
| | 54 | 12 | W40 Nancy Willert, 43*, Nevada, IA | 1:34:06 | 7:34 |
| 339 | 72 | M35 | David Teachout, 39, Des Moines, IA | 1:34:06 | 7:34 |
| 340 | 35 | M17 | James Marshall, 17, Urbandale, IA | 1:34:09 | 7:34 |
| 341 | 48 | M30 | Brad Dyslin, 34, Urbandale, IA | 1:34:09 | 7:35 |
| 342 | 37 | M45 | Charlie Funk, 46, West Des Moines, IA | 1:34:11 | 7:35 |
| | 55 | 3 | W45 Elaine Van Dyck, 46*, Des Moines, IA | 1:34:12 | 7:35 |
| 343 | 3 | JrM | Craig Schwarte, 15, Atlantic, IA | 1:34:13 | 7:35 |
| 344 | 18 | M50 | Larry Walden, 53, Marshalltown, IA | 1:34:14 | 7:35 |
| 345 | 73 | M35 | Larry McCabe, 39, Des Moines, IA | 1:34:15 | 7:35 |
| 346 | 36 | M17 | Jeff Stewart, 17, Eldora, IA | 1:34:19 | 7:35 |
| 347 | 6 | M55 | Stephen Beisler, 57, Iowa City, IA | 1:34:23 | 7:36 |
| 348 | 74 | M35 | Leslie Williams, 39, Urbandale, IA | 1:34:27 | 7:36 |
| 349 | 49 | M30 | Doug Vander Beek, 34, Prairie City, IA | 1:34:28 | 7:36 |
| 350 | 57 | M40 | John Meyer, 44, West Des Moines, IA | 1:34:29 | 7:36 |
| 351 | 75 | M35 | John Sheka, 39, Cedar Rapids, IA | 1:34:30 | 7:36 |
| | 56 | 15 | W30 Brenda O'Hare, 32*, Ames, IA | 1:34:31 | 7:36 |
| 352 | 58 | M40 | Paul Kruse, 42, Granger, Ia | 1:34:37 | 7:37 |
| 353 | 59 | M40 | Ron Warner, 44, Davenport, IA | 1:34:38 | 7:37 |
| 354 | 4 | M60 | Peter Rabideau, 60, Ames, IA | 1:34:39 | 7:37 |
| 355 | 60 | M40 | Bob Jennings, 41, West Des Moines, IA | 1:34:43 | 7:37 |
| 356 | 76 | M35 | Michael Parker, 36, Brandon, SD | 1:34:44 | 7:37 |
| 357 | 35 | M20 | Todd Lemley, 20, Des Moines, IA | 1:34:46 | 7:38 |
| 358 | 50 | M30 | Rich Balsley, 33, Ames, IA | 1:34:48 | 7:38 |
| | 57 | 11 | W25 Lori Knights, 27*, Ames, IA | 1:34:48 | 7:38 |
| 359 | 38 | M45 | Greg Gruss, 49, Carlisle, IA | 1:34:49 | 7:38 |
| 360 | 51 | M30 | Eric Hart, 33, Ames, IA | 1:34:50 | 7:38 |
| 361 | 52 | M30 | Jim Hagelie, 32, Marshalltown, IA | 1:34:52 | 7:38 |
| 362 | 34 | M25 | Alex Johnson, 26, Des Moines, IA | 1:34:54 | 7:38 |
| 363 | 7 | M55 | Ed Dieleman, 55, Oskaloosa, IA | 1:34:57 | 7:38 |
| 364 | 35 | M25 | Ryan Barton, 26, Des Moines, IA | 1:34:58 | 7:38 |
| 365 | 19 | M50 | Tom Costanzo, 52, Des Moines, IA | 1:34:59 | 7:39 |
| 366 | 20 | M50 | Richard Guffy, 50, Des Moines, IA | 1:35:03 | 7:39 |
| 367 | 4 | JrM | Donald Gehrls, 14, Clive, IA | 1:35:04 | 7:39 |
| 368 | 21 | M50 | Norm Vos, 54, Pella, IA | 1:35:07 | 7:39 |
| 369 | 36 | M25 | David Olsen, 27, Omaha, NE | 1:35:16 | 7:40 |
| | 58 | 13 | W40 Beth Henriksen, 44*, Ames, IA | 1:35:21 | 7:40 |
| 370 | 53 | M30 | Blake Miller, 31, Newton, IA | 1:35:23 | 7:40 |
| 371 | 77 | M35 | Dennis O'Donnell, 39, Coralville, IA | 1:35:25 | 7:41 |
| 372 | 39 | M45 | Rob Stetson, 46, Johnston, IA | 1:35:26 | 7:41 |
| 373 | 54 | M30 | John Bunz, 34, Clive, IA | 1:35:28 | 7:41 |
| | 59 | 8 | W35 Kathy Hale, 35*, Bondurant, IA | 1:35:29 | 7:41 |
| 374 | 8 | M55 | Fred McCurnin, 56, Mason City, IA | 1:35:31 | 7:41 |
| 375 | 5 | M60 | Jim Streeby, 60, Ottumwa, IA | 1:35:32 | 7:41 |

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| 376 | 55 | M30 | Todd Neumann, 31, Johnston, IA | 1:35:34 | 7:41 |
| 377 | 56 | M30 | Jeff Nelson, 30, Chesterfield, MO | 1:35:40 | 7:42 |
| 378 | 40 | M45 | Mike Freel, 47, Des Moines, IA | 1:35:42 | 7:42 |
| 379 | 57 | M30 | Kevin Barkema, 31, Conrad, IA | 1:35:46 | 7:42 |
| 60 | 9 | W35 | Melanie Anderson, 37*, Clive, IA | 1:35:48 | 7:42 |
| 61 | 10 | W35 | Lori Tibbetts, 39*, Des Moines, IA | 1:35:49 | 7:43 |
| 380 | 41 | M45 | Jeff Rissman, 47, Urbandale, IA | 1:35:50 | 7:43 |
| 381 | 37 | M17 | Tanner Roos, 19, Denison, IA | 1:35:50 | 7:43 |
| 382 | 58 | M30 | Mike Kelly, 32, West Des Moines, IA | 1:35:55 | 7:43 |
| 383 | 42 | M45 | Rich Carlson, 48, Bettendorf, IA | 1:35:56 | 7:43 |
| 384 | 78 | M35 | Matthew Mixdorf, 35, Hudson, IA | 1:35:58 | 7:43 |
| 385 | 43 | M45 | Phil Pitzen, 48, West Des Moines, IA | 1:36:01 | 7:43 |
| 386 | 37 | M25 | Jeff Brock, 29, Des Moines, IA | 1:36:01 | 7:44 |
| 387 | 44 | M45 | Louis Ramirez, 48, Des Moines, IA | 1:36:02 | 7:44 |
| 388 | 79 | M35 | Charles Atwell, 36, Des Moines, IA | 1:36:02 | 7:44 |
| 62 | 16 | W30 | Tara Brawner, 31*, Clive, IA | 1:36:03 | 7:44 |
| 389 | 5 | JrM | Peter Christakos, 15, Johnston, IA | 1:36:03 | 7:44 |
| 390 | 38 | M17 | Eric Nottger, 19, Hudson, IA | 1:36:04 | 7:44 |
| 63 | 6 | W20 | Tammy Reavis, 20*, West Des Moines, IA | 1:36:07 | 7:44 |
| 391 | 22 | M50 | Thomas Bachmann, 54, Grinnell, IA | 1:36:07 | 7:44 |
| 64 | 14 | W40 | Nancy Obrien, 43*, West Des Moines, IA | 1:36:10 | 7:44 |
| 392 | 61 | M40 | Lee Johnson, 44, West Des Moines, IA | 1:36:10 | 7:44 |
| 393 | 80 | M35 | Monte Cochran, 39, Urbandale, IA | 1:36:11 | 7:44 |
| 394 | 81 | M35 | Scott Weber, 37, Polk City, IA | 1:36:13 | 7:44 |
| 395 | 38 | M25 | Matt Arends, 28, Hampton, IA | 1:36:13 | 7:45 |
| 396 | 59 | M30 | Tyler Dunker, 34, West Des Moines, IA | 1:36:14 | 7:45 |
| 65 | 4 | W45 | Claudia Scott, 49*, Marion, IA | 1:36:17 | 7:45 |
| 397 | 82 | M35 | John Cahalan, 35, Mason City, IA | 1:36:17 | 7:45 |
| 398 | 60 | M30 | Jeff Marks, 34, Des Moines, IA | 1:36:20 | 7:45 |
| 66 | 2 | JrW | Afton Polk, 13*, Des Moines, IA | 1:36:21 | 7:45 |
| 399 | 62 | M40 | David Butel, 42, Des Moines, IA | 1:36:22 | 7:45 |
| 400 | 39 | M25 | Grant Manning, 26, Des Moines, IA | 1:36:23 | 7:45 |
| 401 | 61 | M30 | Rick Snyder, 33, West Des Moines, IA | 1:36:23 | 7:45 |
| 402 | 23 | M50 | Philip Hodges, 52, Ames, IA | 1:36:24 | 7:45 |
| 67 | 4 | W17 | Racquel Flora, 18*, Mingo, IA | 1:36:24 | 7:45 |
| 403 | 62 | M30 | Steve Blazek, 34, Ankeny, IA | 1:36:24 | 7:45 |
| 404 | 45 | M45 | Anthony Crebbin, 47, Overland Park, KS | 1:36:26 | 7:45 |
| 405 | 83 | M35 | Brian Benjamin, 35, Yale, IA | 1:36:26 | 7:46 |
| 406 | 63 | M30 | Tim Ordal, 32, West Des Moines, IA | 1:36:31 | 7:46 |
| 68 | 5 | W17 | Ann McMillen, 17*, Bedford, IA | 1:36:32 | 7:46 |
| 407 | 24 | M50 | Gene Yagla, 54, Waterloo, IA | 1:36:32 | 7:46 |
| 408 | 84 | M35 | Jeff Rader, 37, Clive, IA | 1:36:32 | 7:46 |
| 409 | 85 | M35 | Robert Michaels, 38, Ankeny, IA | 1:36:33 | 7:46 |
| 69 | 6 | W17 | Kristen Kass, 19*, La Mars, IA | 1:36:35 | 7:46 |
| 410 | 86 | M35 | Jay Fisher, 36, Pleasant Hill, IA | 1:36:35 | 7:46 |
| 411 | 64 | M30 | Anthony Wilken, 32, Hampton, IA | 1:36:36 | 7:46 |
| 412 | 46 | M45 | Curt Hollebrands, 48, Clive, IA | 1:36:38 | 7:46 |
| 70 | 3 | JrW | Natalie Stork, 16*, Urbandale, IA | 1:36:39 | 7:47 |
| 71 | 7 | W17 | Emily Schwartz, 17*, West Des Moines, IA | 1:36:39 | 7:47 |
| 413 | 39 | M17 | Eric Dirks, 17, Ankeny, IA | 1:36:42 | 7:47 |
| 414 | 87 | M35 | James Ramsey, 37, Des Moines, IA | 1:36:43 | 7:47 |
| 415 | 47 | M45 | Jeffrey Herrick, 47, Ames, IA | 1:36:43 | 7:47 |
| 416 | 63 | M40 | Tim Harding, 41, Geneseo, IL | 1:36:44 | 7:47 |
| 417 | 25 | M50 | Jim Burns, 54, Ottumwa, IA | 1:36:46 | 7:47 |
| 418 | 64 | M40 | Michael Schwarz, 40, Lino Lakes, MN | 1:36:46 | 7:47 |
| 419 | 88 | M35 | Joseph Ghormley, 38, Des Moines, IA | 1:36:47 | 7:47 |
| 420 | 40 | M25 | Kevin Ruble, 29, Urbandale, IA | 1:36:52 | 7:48 |
| 421 | 26 | M50 | Philip McCune, 54, Grinnell, IA | 1:36:53 | 7:48 |
| 422 | 41 | M25 | Troy Seeley, 29, Fairfield, IA | 1:36:54 | 7:48 |
| 423 | 48 | M45 | Charles Smith, 49, Des Moines, IA | 1:36:56 | 7:48 |
| 424 | 89 | M35 | Bill Molis, 39, Davenport, IA | 1:36:56 | 7:48 |
| 425 | 49 | M45 | Bob Badalucco, 45, Omaha, NE | 1:36:57 | 7:48 |
| 426 | 90 | M35 | Dan Houston, 38, West Des Moines, IA | 1:36:57 | 7:48 |
| 427 | 65 | M30 | Michael Rieks, 32, West Des Moines, IA | 1:36:58 | 7:48 |
| 428 | 91 | M35 | Michael Feldman, 38, Urbandale, IA | 1:36:58 | 7:48 |

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| 72 | 7 | W20 Nicole Rassbach, 23*, Minneapolis, MN | 1:36:59 | 7:48 |
| 73 | 8 | W20 Amy Hoel, 23*, Des Moines, IA | 1:36:59 | 7:48 |
| 429 | 65 | M40 Andy Kraber, 44, Knoxville, IA | 1:36:59 | 7:48 |
| 430 | 50 | M45 Brad Shipman, 45, Van Meter, IA | 1:37:00 | 7:48 |
| 74 | 5 | W45 Loree Miles, 45*, Des Moines, IA | 1:37:02 | 7:48 |
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| 75 | 17 | W30 Jennifer Dake, 30*, Des Moines, IA | 1:37:27 | 7:50 |
| 437 | 28 | M50 Mike Peterson, 51, Webster City, IA | 1:37:27 | 7:50 |
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| 442 | 29 | M50 Paul Gordon, 50, Mason City, IA | 1:37:39 | 7:51 |
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| 78 | 12 | W25 Dana Buddecke, 28*, Ankeny, IA | 1:37:41 | 7:52 |
| 445 | 55 | M45 Larry Allen, 49, Ames, IA | 1:37:43 | 7:52 |
| 446 | 56 | M45 Stan Welp, 47, Eldora, IA | 1:37:44 | 7:52 |
| 79 | 12 | W35 Michelle Stevens, 38*, Denver, IA | 1:37:48 | 7:52 |
| 447 | 36 | M20 Lord Guenther, 24, Winona, MN | 1:37:49 | 7:52 |
| 448 | 42 | M25 Marty Momsen, 25, Winona, MN | 1:37:49 | 7:52 |
| 80 | 16 | W40 Cynthia Boyer-McFarland, 42*, Cedar Rapids, IA | 1:37:50 | 7:52 |
| 449 | 68 | M40 Jeff Van Houten, 44, Altoona, IA | 1:37:54 | 7:53 |
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| 451 | 68 | M30 Jason Irving, 30, Fort Dodge, IA | 1:37:59 | 7:53 |
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| 82 | 9 | W20 Sarah Rhoten, 23*, Urbandale, IA | 1:38:04 | 7:53 |
| 453 | 95 | M35 Jeffrey Anderson, 39, Boone, IA | 1:38:04 | 7:53 |
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| 83 | 17 | W40 Cathy Knoepfler, 40*, Des Moines, IA | 1:38:20 | 7:55 |
| 466 | 59 | M45 Jerry Murphy, 46, Ankeny, IA | 1:38:20 | 7:55 |
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| 475 | 33 | M50 Gary Boddicker, 54, Norway, IA | 1:38:34 | 7:56 |
| 476 | 70 | M40 Jeff Hostetter, 41, West Des Moines, IA | 1:38:36 | 7:56 |
| 85 | 18 | W30 Lisa Maharry, 33*, Des Moines, IA | 1:38:36 | 7:56 |
| 477 | 60 | M45 Mark Haugen, 48, Urbandale, IA | 1:38:37 | 7:56 |

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| 479 | 103 | M35 | Scott Rutgers, 38, Cedar Rapids, IA | 1:38:41 | 7:56 |
| 480 | 104 | M35 | Craig Nida, 39, Prairie City, IA | 1:38:42 | 7:56 |
| 481 | 73 | M30 | Anthony Cuevas, 34, Pleasant Hill, IA | 1:38:42 | 7:56 |
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| 484 | 71 | M40 | Charles Phillips, 42, Urbandale, IA | 1:38:45 | 7:57 |
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| 486 | 37 | M20 | Jake Bates, 20, Ames, IA | 1:38:47 | 7:57 |
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| | 88 | 1 | W50 Jan Daker, 52*, Davenport, IA | 1:38:51 | 7:57 |
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| 490 | 74 | M30 | Jim Sandor, 34, Waukee, IA | 1:38:54 | 7:57 |
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| 493 | 108 | M35 | Jay Hagedorn, 36, Des Moines, IA | 1:39:00 | 7:58 |
| 494 | 109 | M35 | Rob Mosher, 36, West Des Moines, IA | 1:39:00 | 7:58 |
| 495 | 75 | M30 | Mark Spellman, 31, Clive, IA | 1:39:04 | 7:58 |
| | 90 | 11 | W20 Keri Badding, 24*, Des Moines, IA | 1:39:05 | 7:58 |
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| 500 | 112 | M35 | Mark Camenisch, 38, Boone, IA | 1:39:10 | 7:59 |
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| | 92 | 15 | W25 Colette Winget, 25*, Des Moines, IA | 1:39:16 | 7:59 |
| 502 | 64 | M45 | T A Meyer, 48, Des Moines, IA | 1:39:17 | 7:59 |
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| | 94 | 16 | W25 Carrie VanQuathem, 28*, Urbandale, IA | 1:39:22 | 8:00 |
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| 526 | 7 | JrM | Kirk Schwarte, 14, Atlantic, IA | 1:40:04 | 8:03 |
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| 547 | 80 | M40 | Brad Brimoa, 44, Huxley, IA | 1:40:49 | 8:07 |
| 548 | 81 | M40 | Bob Watson, 40, Ames, IA | 1:40:50 | 8:07 |
| 549 | 89 | M30 | Steve Fekkether, 34, Mason City, IA | 1:40:54 | 8:07 |
| 108 | 21 | W25 | Kris Schwarz, 28*, Waseca, MN | 1:40:55 | 8:07 |
| 550 | 82 | M40 | Brian Bachmann, 42, Iowa City, IA | 1:40:57 | 8:07 |
| 551 | 90 | M30 | Ronald Crees, 30, West Des Moines, IA | 1:40:58 | 8:07 |
| 552 | 39 | M20 | Ryan Gilbert, 23, West Des Moines, IA | 1:41:01 | 8:08 |
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| 109 | 1 | W55 | Sandy Rupnow, 56*, Ames, IA | 1:41:03 | 8:08 |
| 555 | 91 | M30 | Dave Denhartog, 33, Independence, IA | 1:41:03 | 8:08 |
| 556 | 54 | M25 | Cory Dewitt, 28, Ankeny, IA | 1:41:06 | 8:08 |
| 110 | 26 | W30 | Pam Noonan, 31*, Clive, IA | 1:41:06 | 8:08 |
| 557 | 92 | M30 | Mark Walker, 30, Pleasant Hill, IA | 1:41:06 | 8:08 |
| 558 | 93 | M30 | Kent Dau, 34, Long Grove, IA | 1:41:09 | 8:08 |
| 559 | 120 | M35 | Tom Murphy, 37, West Des Moines, IA | 1:41:09 | 8:08 |
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| 567 | 123 | M35 | Bob Tursi, 38, Des Moines, IA | 1:41:22 | 8:09 |
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| 117 | 20 | W40 | Rita | Roberts, 40*, | Adel, IA | 1:41:33 | 8:10 |
| 573 | 41 | M20 | Scott | Sinclair, 23, | Ames, IA | 1:41:35 | 8:10 |
| 574 | 86 | M40 | Jon | Williams, 41, | Urbandale, IA | 1:41:35 | 8:10 |
| 575 | 87 | M40 | Rick | Davis, 41, | Des Moines, IA | 1:41:36 | 8:10 |
| 118 | 13 | W20 | Emily | Ott, 24*, | West Des Moines, IA | 1:41:36 | 8:11 |
| 576 | 68 | M45 | Fredd | Haas, 46, | Des Moines, IA | 1:41:37 | 8:11 |
| 577 | 38 | M50 | Dennis | Johnson, 51, | Des Moines, IA | 1:41:40 | 8:11 |
| 119 | 27 | W30 | Leslie | Humpal, 30*, | Shawnee, KS | 1:41:40 | 8:11 |
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| 579 | 55 | M25 | Amir | Shalev, 27, | Toronto | 1:41:41 | 8:11 |
| 580 | 95 | M30 | Mark | Kuennen, 32, | Ames, IA | 1:41:46 | 8:11 |
| 120 | 18 | W35 | Jean | Dirks, 36*, | Ames, IA | 1:41:49 | 8:12 |
| 121 | 21 | W40 | Kristy | Cain, 40*, | Urbandale, IA | 1:41:50 | 8:12 |
| 122 | 4 | JrW | Danielle | Beery, 16*, | Johnston, IA | 1:41:51 | 8:12 |
| 581 | 39 | M50 | Bruce | Bernard, 50, | Urbandale, IA | 1:41:51 | 8:12 |
| 123 | 9 | W45 | Nancy | Harvey, 46*, | Ankeny, IA | 1:41:51 | 8:12 |
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| 584 | 97 | M30 | Jeff | Greenberg, 33, | New York, NY | 1:41:56 | 8:12 |
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| 595 | 98 | M30 | Brian | Jarchow, 30, | Cedar Falls, IA | 1:42:16 | 8:14 |
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| 596 | 57 | M25 | Dennis | Krieger, 28, | Carroll, IA | 1:42:17 | 8:14 |
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| 130 | 22 | W25 | Shannon | Palm, 29*, | St Paul, MN | 1:42:30 | 8:15 |
| 603 | 128 | M35 | Jeff | Farrell, 36, | Des Moines, IA | 1:42:32 | 8:15 |
| 131 | 14 | W20 | Angie | Kell, 22*, | Marshalltown, IA | 1:42:34 | 8:15 |
| 604 | 93 | M40 | Kirk | Reeder, 40, | Ankeny, IA | 1:42:36 | 8:15 |
| 605 | 94 | M40 | Jeff | Freude, 43, | Des Moines, IA | 1:42:38 | 8:15 |
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| 133 | 9 | W17 | Sarah | Mitchell, 19*, | Des Moines, IA | 1:42:39 | 8:16 |
| 606 | 100 | M30 | James | Appleby, 30, | Des Moines, IA | 1:42:41 | 8:16 |
| 607 | 14 | M55 | Jon | Alsip, 59, | Des Moines, IA | 1:42:47 | 8:16 |
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| 609 | 10 | JrM | Joe | Cordaro, 16, | Urbandale, IA | 1:42:49 | 8:16 |
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| 611 | 71 | M45 | David | Acker, 47, | Ames, IA | 1:42:52 | 8:17 |
| 612 | 60 | M25 | Tony | Briggs, 26, | Pella, IA | 1:42:53 | 8:17 |
| 613 | 72 | M45 | Steve | Marshall, 46, | Des Moines, IA | 1:42:55 | 8:17 |
| 614 | 130 | M35 | Joel | Peterson, 36, | Webster City, IA | 1:42:55 | 8:17 |
| 615 | 96 | M40 | Pat | Steiner, 40, | Ankeny, IA | 1:42:58 | 8:17 |
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| 616 | 41 | M50 | Lonnie | Cleland, 51, | Des Moines, IA | 1:43:02 | 8:17 |

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| 135 | 23 | W25 Brenna Mannell, 25*, Ames, IA | 1:43:06 | 8:18 |
| 617 | 131 | M35 Mark Stupka, 38, Ankeny, IA | 1:43:06 | 8:18 |
| 136 | 31 | W30 Jill Berg, 31*, Des Moines, IA | 1:43:09 | 8:18 |
| 618 | 73 | M45 Gary Moenck, 46, Webster City, IA | 1:43:11 | 8:18 |
| 619 | 132 | M35 Eric Hippler, 35, Urbandale, IA | 1:43:11 | 8:18 |
| 620 | 44 | M20 Kevin Sage, 23, Des Moines, IA | 1:43:12 | 8:18 |
| 621 | 42 | M50 Randy Faber, 54, Ames, IA | 1:43:17 | 8:19 |
| 622 | 133 | M35 Chris Shimon, 38, Marion, IA | 1:43:20 | 8:19 |
| 137 | 23 | W40 Linda Lazar, 42*, West Des Moines, IA | 1:43:21 | 8:19 |
| 623 | 101 | M30 Richard Mockobee, 32, Norwalk, IA | 1:43:23 | 8:19 |
| 138 | 21 | W35 Colleen Schumacher, 35*, Urbandale, IA | 1:43:26 | 8:19 |
| 624 | 15 | M55 Cecil Murphy, 56, Des Moines, IA | 1:43:33 | 8:20 |
| 625 | 102 | M30 John Turner, 30, Boone, IA | 1:43:33 | 8:20 |
| 626 | 103 | M30 Gary McCall, 32, Council Bluffs, IA | 1:43:35 | 8:20 |
| 627 | 97 | M40 Randy Mundt, 44, Urbandale, IA | 1:43:35 | 8:20 |
| 139 | 22 | W35 Jill Jones, 37*, Cedar Rapids, IA | 1:43:36 | 8:20 |
| 628 | 134 | M35 Mike Wallerstedt, 36, Cedar Rapids, IA | 1:43:36 | 8:20 |
| 629 | 98 | M40 Mike Brown, 43, Cedar Rapids, IA | 1:43:37 | 8:20 |
| 630 | 135 | M35 Rick Bouwens, 36, Chisago City, MN | 1:43:39 | 8:20 |
| 140 | 24 | W40 Denise Whiting, 41*, Iowa City, IA | 1:43:39 | 8:20 |
| 631 | 104 | M30 Chris Pedersen, 30, West Des Moines, IA | 1:43:40 | 8:20 |
| 141 | 24 | W25 Lisa Jenison, 29*, Ankeny, IA | 1:43:42 | 8:21 |
| 632 | 74 | M45 Bill Lewis, 49, Des Moines, IA | 1:43:43 | 8:21 |
| 633 | 99 | M40 Michael Miller, 40, Norwalk, IA | 1:43:43 | 8:21 |
| 634 | 75 | M45 Kevin Cunningham, 48, Des Moines, IA | 1:43:44 | 8:21 |
| 635 | 61 | M25 Alston Penfold, 26, Osage, IA | 1:43:45 | 8:21 |
| 142 | 2 | W55 Janet Ross, 57*, Plantation, FL | 1:43:47 | 8:21 |
| 143 | 25 | W25 Renata Eustice, 25*, Madrid, IA | 1:43:47 | 8:21 |
| 144 | 10 | W45 Karen Vinson, 45*, Cedar Rapids, IA | 1:43:48 | 8:21 |
| 145 | 23 | W35 Rebecca Brannan, 35*, Council Bluffs, IA | 1:43:48 | 8:21 |
| 636 | 76 | M45 Rick Hudson, 47, Pleasant Hill, IA | 1:43:48 | 8:21 |
| 146 | 26 | W25 Joey Hullinger, 29*, Davis City, IA | 1:43:49 | 8:21 |
| 147 | 24 | W35 Kelly Paul, 39*, Polk City, IA | 1:43:50 | 8:21 |
| 637 | 62 | M25 Jason Wolf, 28, West Des Moines, IA | 1:43:51 | 8:21 |
| 638 | 77 | M45 Tom Maher, 47, Des Moines, IA | 1:43:52 | 8:21 |
| 639 | 105 | M30 Derek Wachter, 31, West Des Moines, IA | 1:43:52 | 8:21 |
| 148 | 16 | W20 Melissa Junge, 24*, Des Moines, IA | 1:43:53 | 8:21 |
| 640 | 106 | M30 Randy Tobey, 33, Des Moines, IA | 1:43:53 | 8:21 |
| 641 | 107 | M30 Randy Kallem, 34, Ankeny, IA | 1:43:54 | 8:22 |
| 642 | 63 | M25 Michael Olsen, 29, Harlan, IA | 1:43:55 | 8:22 |
| 643 | 108 | M30 Mike McCollow, 32, Columbia Hts, MN | 1:43:56 | 8:22 |
| 644 | 78 | M45 Burdell Clark, 45, Ames, IA | 1:43:58 | 8:22 |
| 645 | 100 | M40 James Fuller, 41, Marshalltown, IA | 1:44:00 | 8:22 |
| 646 | 43 | M50 Nick Osness, 51, Ames, IA | 1:44:02 | 8:22 |
| 647 | 136 | M35 Jesse Gonzalez, 39, Des Moines, IA | 1:44:02 | 8:22 |
| 648 | 64 | M25 John Ingham, 29, West Des Moines, IA | 1:44:03 | 8:22 |
| 649 | 101 | M40 Mike Schechinger, 40, Grimes, IA | 1:44:05 | 8:22 |
| 149 | 17 | W20 Amy McAllister, 24*, Des Moines, IA | 1:44:05 | 8:22 |
| 650 | 109 | M30 Joe Newkirk, 31, Fort Dodge, IA | 1:44:06 | 8:23 |
| 150 | 32 | W30 Erin Wormley, 30*, West Des Moines, IA | 1:44:06 | 8:23 |
| 651 | 137 | M35 Leon Bachman, 37, Independence, IA | 1:44:06 | 8:23 |
| 151 | 33 | W30 Stephanie Dejohn, 32*, Burke, VA | 1:44:08 | 8:23 |
| 652 | 7 | M60 John Beamer, 60, Des Moines, IA | 1:44:10 | 8:23 |
| 653 | 138 | M35 David Trotter, 35, Indianola, IA | 1:44:12 | 8:23 |
| 654 | 11 | JrM Mike Weyant, 16, Cedar Rapids, IA | 1:44:13 | 8:23 |
| 655 | 102 | M40 Matt Tippie, 44, Cedar Rapids, IA | 1:44:14 | 8:23 |
| 152 | 34 | W30 Jenny Miller, 34*, West Des Moines, IA | 1:44:14 | 8:23 |
| 153 | 10 | W17 Andrea Beisser, 19*, Ames, IA | 1:44:15 | 8:23 |
| 656 | 44 | M50 John Pleasants, 51, Ames, IA | 1:44:15 | 8:23 |
| 657 | 16 | M55 Ellery Duke, 55, Des Moines, IA | 1:44:18 | 8:24 |
| 658 | 139 | M35 Tim Saylor, 37, Urbana, IA | 1:44:19 | 8:24 |
| 659 | 45 | M50 Lawain Judisch, 50, Tripoli Ia | 1:44:19 | 8:24 |
| 154 | 18 | W20 Jaime Hamann, 22*, Mason City, IA | 1:44:21 | 8:24 |
| 660 | 65 | M25 Marty Mitchell, 25, Carlisle, IA | 1:44:21 | 8:24 |
| 661 | 140 | M35 Dan Mallonee, 39, Cedar Rapids, IA | 1:44:23 | 8:24 |

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| 662 | 46 | M50 | Ronald Zeimen, 52, Denison, IA | 1:44:25 | 8:24 |
| 663 | 110 | M30 | Mark Feilmeier, 33, Breda, IA | 1:44:26 | 8:24 |
| 664 | 111 | M30 | J D Feilmeier, 30, West Des Moines, IA | 1:44:27 | 8:24 |
| 665 | 66 | M25 | Todd Eschweiler, 29, Ankeny, IA | 1:44:29 | 8:24 |
| 666 | 79 | M45 | Jack Stewart, 47, Ankeny, IA | 1:44:30 | 8:24 |
| 155 | 25 | W40 | Vicki Vanderkwaak, 44*, Johnston, IA | 1:44:31 | 8:25 |
| 156 | 19 | W20 | Jessica Page, 21*, Urbandale, IA | 1:44:32 | 8:25 |
| 667 | 45 | M20 | Todd Willemsen, 22, Pella, IA | 1:44:33 | 8:25 |
| 668 | 46 | M20 | Kevin Otten, 24, Des Moines, IA | 1:44:35 | 8:25 |
| 669 | 112 | M30 | Chris Andersen, 32, Clive, IA | 1:44:37 | 8:25 |
| 670 | 47 | M20 | Christopher Stafford, 22, Grimes, IA | 1:44:37 | 8:25 |
| 671 | 48 | M20 | Dan Hogan, 22, West Des Moines, IA | 1:44:38 | 8:25 |
| 672 | 113 | M30 | Ross Hillsman, 34, West Des Moines, IA | 1:44:38 | 8:25 |
| 673 | 49 | M20 | Jason Halfpap, 24, West Des Moines, IA | 1:44:42 | 8:25 |
| 674 | 50 | M20 | Adam Nelson, 24, West Des Moines, IA | 1:44:42 | 8:25 |
| 675 | 141 | M35 | Richard Shryack, 38, Moline, IL | 1:44:45 | 8:26 |
| 157 | 35 | W30 | Leah Churchman, 30*, West Des Moines, IA | 1:44:47 | 8:26 |
| 158 | 27 | W25 | Stacie Struck, 28*, West Des Moines, IA | 1:44:48 | 8:26 |
| 676 | 51 | M20 | Scott Thompson, 23, Iowa City, IA | 1:44:48 | 8:26 |
| 677 | 142 | M35 | David Salaba, 35, Cumming, IA | 1:44:48 | 8:26 |
| 678 | 47 | M50 | Moe Russell, 51, Panora, IA | 1:44:49 | 8:26 |
| 159 | 11 | W45 | Sharon Sullivan, 46*, Des Moines, IA | 1:44:50 | 8:26 |
| 679 | 80 | M45 | David Eash, 47, Solon, IA | 1:44:51 | 8:26 |
| 680 | 103 | M40 | David Schnoes, 40, West Des Moines, IA | 1:44:54 | 8:26 |
| 160 | 20 | W20 | Tara Owen, 24*, Ankeny, IA | 1:44:58 | 8:27 |
| 161 | 21 | W20 | Gina Gelatti, 21*, Ankeny, IA | 1:45:07 | 8:27 |
| 162 | 22 | W20 | Dayna Adloff, 22*, Maryville, MO | 1:45:07 | 8:27 |
| 681 | 114 | M30 | Scott Johnston, 30, Indianola, IA | 1:45:10 | 8:28 |
| 682 | 48 | M50 | Jim Lowe, 54, Des Moines, IA | 1:45:10 | 8:28 |
| 163 | 12 | W45 | Judy Stewart, 47*, Brooklyn Park, MN | 1:45:12 | 8:28 |
| 164 | 26 | W40 | Becky Nichols, 40*, Des Moines, IA | 1:45:12 | 8:28 |
| 683 | 67 | M25 | Tony George, 27, Ankeny, IA | 1:45:14 | 8:28 |
| 684 | 104 | M40 | Richard Ford, 41, Dallas Center, IA | 1:45:15 | 8:28 |
| 165 | 23 | W20 | Dawn Tieskoetter, 23*, Cedar Rapids, IA | 1:45:16 | 8:28 |
| 685 | 143 | M35 | Rob Baldus, 35, Indianola, IA | 1:45:17 | 8:28 |
| 686 | 68 | M25 | Ryan Sewell, 26, Iowa City, IA | 1:45:19 | 8:28 |
| 166 | 28 | W25 | Stacey Waters, 28*, Johnston, IA | 1:45:19 | 8:28 |
| 167 | 36 | W30 | Lisa Nelson, 30*, Urbandale, IA | 1:45:20 | 8:28 |
| 687 | 144 | M35 | Joe Zoll, 39, Des Moines, IA | 1:45:21 | 8:29 |
| 688 | 17 | M55 | Dick Groves, 55, Cedar Falls, IA | 1:45:22 | 8:29 |
| 689 | 145 | M35 | Brian Okeefe, 36, Des Moines, IA | 1:45:24 | 8:29 |
| 690 | 69 | M25 | Thomas Colby, 29, Minneapolis, MN | 1:45:25 | 8:29 |
| 691 | 105 | M40 | Richard Johnson, 41, West Des Moines, IA | 1:45:25 | 8:29 |
| 692 | 45 | M17 | Luke Rolfes, 18, Polk City, IA | 1:45:27 | 8:29 |
| 168 | 5 | JrW | Amber Phillips, 16*, Polk City, IA | 1:45:28 | 8:29 |
| 169 | 25 | W35 | Nola Seaberg, 38*, Des Moines, IA | 1:45:36 | 8:30 |
| 170 | 26 | W35 | Mary Studer, 37*, Ankeny, IA | 1:45:38 | 8:30 |
| 693 | 146 | M35 | Thomas Murphy, 36, West Des Moines, IA | 1:45:39 | 8:30 |
| 694 | 49 | M50 | Rick Grant, 53, West Des Moines, IA | 1:45:41 | 8:30 |
| 695 | 81 | M45 | Donald Schoen, 48, West Des Moines, IA | 1:45:44 | 8:30 |
| 171 | 27 | W35 | Sarah Brown, 39*, Cedar Rapids, IA | 1:45:48 | 8:31 |
| 696 | 115 | M30 | Jon Thompson, 33, Des Moines, IA | 1:45:48 | 8:31 |
| 697 | 82 | M45 | Bill Bernard, 47, Traer, IA | 1:45:50 | 8:31 |
| 698 | 106 | M40 | Joseph Knobbe, 44, West Des Moines, IA | 1:45:51 | 8:31 |
| 699 | 116 | M30 | Jeremy Becker, 30, Ankeny, IA | 1:45:51 | 8:31 |
| 700 | 18 | M55 | Eldon Ott, 57, Marshalltown, IA | 1:45:52 | 8:31 |
| 172 | 28 | W35 | Yvonne Minton, 35*, Des Moines, IA | 1:45:56 | 8:31 |
| 701 | 50 | M50 | Wayne Mast, 53, Marshalltown, IA | 1:45:57 | 8:31 |
| 702 | 51 | M50 | Vern Stalzer, 53, Marshalltown, IA | 1:45:57 | 8:31 |
| 703 | 83 | M45 | John Blyth, 45, Clive, IA | 1:45:58 | 8:32 |
| 704 | 117 | M30 | Joey Herman, 34, Des Moines, IA | 1:45:58 | 8:32 |
| 705 | 19 | M55 | Larry Detwiler, 56, Des Moines, IA | 1:45:58 | 8:32 |
| 706 | 118 | M30 | Jeff Latterell, 34, West Des Moines, IA | 1:45:59 | 8:32 |
| 173 | 29 | W25 | Beth Seufferer, 29*, West Des Moines, IA | 1:46:01 | 8:32 |
| 174 | 37 | W30 | Lisa Broderick, 34*, Dallas Center, IA | 1:46:01 | 8:32 |

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| 175 | 27 | W40 Pam Craven, 44*, Ames, IA | 1:46:04 | 8:32 |
| 176 | 30 | W25 Lisa Hovey, 28*, Urbandale, IA | 1:46:05 | 8:32 |
| 707 | 52 | M50 Norm Ostbloom, 52, Des Moines, IA | 1:46:08 | 8:32 |
| 708 | 107 | M40 Guy Wernet, 44, Clive, IA | 1:46:11 | 8:33 |
| 709 | 147 | M35 Nile Ackerman, 37, Johnston, IA | 1:46:11 | 8:33 |
| 710 | 12 | JrM Gavin White, 15, Ames, IA | 1:46:12 | 8:33 |
| 711 | 13 | JrM Adam Hundertmark, 15, Ames, IA | 1:46:12 | 8:33 |
| 177 | 29 | W35 Dawn Wellman, 36*, Johnston, IA | 1:46:13 | 8:33 |
| 712 | 108 | M40 Bret Weber, 41, Des Moines, IA | 1:46:14 | 8:33 |
| 713 | 148 | M35 Brett Bosworth, 37, Clive, IA | 1:46:16 | 8:33 |
| 714 | 149 | M35 John Taylor, 36, Des Moines, IA | 1:46:17 | 8:33 |
| 178 | 30 | W35 Leah Zeutenhorst, 36*, Des Moines, IA | 1:46:17 | 8:33 |
| 179 | 13 | W45 Pat Singer, 46*, Indianola, IA | 1:46:21 | 8:33 |
| 715 | 119 | M30 Jim Cunningham, 33, Urbandale, IA | 1:46:24 | 8:34 |
| 716 | 46 | M17 Ted Christakos, 18, Johnston, IA | 1:46:26 | 8:34 |
| 717 | 150 | M35 Craig Julsen, 39, Des Moines, IA | 1:46:27 | 8:34 |
| 718 | 120 | M30 Matt Busick, 32, Des Moines, IA | 1:46:30 | 8:34 |
| 719 | 121 | M30 Doug Vander Weide, 33, West Dsm, IA | 1:46:30 | 8:34 |
| 720 | 109 | M40 Mark Roberts, 43, Urbandale, IA | 1:46:31 | 8:34 |
| 721 | 122 | M30 Joe Heitzman, 32, West Des Moines, IA | 1:46:32 | 8:34 |
| 722 | 52 | M20 Matthew Peterson, 22, Ames, IA | 1:46:35 | 8:35 |
| 723 | 53 | M50 Mark McGrath, 51, Des Moines, IA | 1:46:36 | 8:35 |
| 180 | 28 | W40 Margaret Walsh, 43*, Chicago, IL | 1:46:38 | 8:35 |
| 724 | 84 | M45 Paul Von Ebers, 47, Des Moines, IA | 1:46:39 | 8:35 |
| 181 | 31 | W35 Jan Ferris, 35*, Urbandale, IA | 1:46:41 | 8:35 |
| 725 | 70 | M25 Chad Kluver, 29, West Des Moines, IA | 1:46:42 | 8:35 |
| 726 | 71 | M25 Shane Scott, 27, West Des Moines, IA | 1:46:43 | 8:35 |
| 727 | 123 | M30 Matt Marsh, 32, Clive, IA | 1:46:43 | 8:35 |
| 728 | 85 | M45 Fred Van Liew, 47, Des Moines, IA | 1:46:45 | 8:35 |
| 182 | 14 | W45 Jeanie Anderson, 45*, Bettendorf, IA | 1:46:46 | 8:35 |
| 729 | 14 | JrM Michael Billings, 16, Clear Lake, IA | 1:46:47 | 8:35 |
| 730 | 124 | M30 Ahmed Ibrahim, 32, Clive, IA | 1:46:48 | 8:36 |
| 731 | 86 | M45 Steve Wolver, 46, Urbandale, IA | 1:46:49 | 8:36 |
| 732 | 72 | M25 Troy Green, 29, Des Moines, IA | 1:46:49 | 8:36 |
| 733 | 73 | M25 Jason Webb, 25, Des Moines, IA | 1:46:50 | 8:36 |
| 734 | 125 | M30 Jonathan Kuyers, 32, Pella, IA | 1:46:51 | 8:36 |
| 183 | 31 | W25 Karen Masiello, 28*, Des Moines, IA | 1:46:52 | 8:36 |
| 184 | 15 | W45 Robin Hyland, 46*, Grimes, IA | 1:46:52 | 8:36 |
| 185 | 24 | W20 Christine Bruin, 23*, Anoka, MN | 1:46:54 | 8:36 |
| 186 | 29 | W40 Donna Ramsey, 40*, Des Moines, IA | 1:46:54 | 8:36 |
| 735 | 126 | M30 Michael Zachmeyer, 34, Rock Island, IL | 1:46:56 | 8:36 |
| 736 | 151 | M35 Jay Honohan, 35, Iowa City, IA | 1:46:56 | 8:36 |
| 187 | 30 | W40 Sheila Ehlers, 40*, Davenport, IA | 1:46:57 | 8:36 |
| 737 | 15 | JrM Anthony Miller, 14, Norwalk, IA | 1:46:57 | 8:36 |
| 738 | 87 | M45 Thomas Phillips, 49, West Des Moines, IA | 1:47:00 | 8:37 |
| 188 | 38 | W30 Beth Adams, 34*, Indianola, IA | 1:47:00 | 8:37 |
| 739 | 47 | M17 Jonathan Hardy, 18, Johnston, IA | 1:47:03 | 8:37 |
| 740 | 110 | M40 Steve Rossler, 40, Newton, IA | 1:47:04 | 8:37 |
| 741 | 152 | M35 Scott Bandstra, 38, Des Moines, IA | 1:47:05 | 8:37 |
| 742 | 153 | M35 David Jass, 37, Ankeny, IA | 1:47:07 | 8:37 |
| 743 | 48 | M17 Jason McReynolds, 19, Norwalk, IA | 1:47:09 | 8:37 |
| 189 | 32 | W25 Stephanie Wishman, 29*, Urbandale, IA | 1:47:10 | 8:37 |
| 744 | 88 | M45 Brian Ott, 45, Elk Run Hts , IA | 1:47:10 | 8:37 |
| 745 | 154 | M35 Terry Flander, 37, West Des Moines, IA | 1:47:10 | 8:37 |
| 190 | 11 | W17 Stephanie Fuller, 17*, Des Moines, IA | 1:47:10 | 8:37 |
| 746 | 49 | M17 Doug Van Woert, 17, Urbandale, IA | 1:47:11 | 8:37 |
| 747 | 54 | M50 Rick Barnes, 53, Clive, IA | 1:47:11 | 8:37 |
| 191 | 32 | W35 Angela DiIorio, 38*, Urbandale, IA | 1:47:12 | 8:37 |
| 748 | 127 | M30 Richard Ngamo, 33, Des Moines, IA | 1:47:12 | 8:37 |
| 749 | 20 | M55 Mike Whiteford, 55, Ames, IA | 1:47:13 | 8:38 |
| 750 | 155 | M35 Eric Ronnebaum, 35, West Des Moines, IA | 1:47:17 | 8:38 |
| 192 | 39 | W30 Julie Gressley, 31*, West Des Moines, IA | 1:47:18 | 8:38 |
| 751 | 55 | M50 John Lewis, 50, Silvis, IL | 1:47:24 | 8:38 |
| 752 | 89 | M45 Jon Croft, 45, Des Moines, IA | 1:47:25 | 8:39 |
| 193 | 40 | W30 Carolyn Kirchoff, 31*, West Des Moines, IA | | |

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| 194 | 25 | W20 Kelly Lewis, 23*, West Des Moines, IA | 1:47:28 | 8:39 |
| 195 | 26 | W20 Kate Reis, 22*, Perry, IA | 1:47:30 | 8:39 |
| 753 | 90 | M45 Ted Murray, 45, Waterloo, IA | 1:47:32 | 8:39 |
| 754 | 156 | M35 C J Osborn, 35, Newton, IA | 1:47:33 | 8:39 |
| 755 | 128 | M30 John Gschwendtner, 30, Bloomington, MN | 1:47:35 | 8:39 |
| 196 | 33 | W25 Jody Mitchell, 29*, Urbandale, IA | 1:47:36 | 8:39 |
| 756 | 74 | M25 Brian Kinman, 27, Urbandale, IA | 1:47:36 | 8:39 |
| 757 | 56 | M50 Joe Romeo, 53, Des Moines, IA | 1:47:37 | 8:40 |
| 758 | 111 | M40 Joe Melicher, 41, Des Moines, IA | 1:47:38 | 8:40 |
| 759 | 75 | M25 David Straley, 25, Urbandale, IA | 1:47:39 | 8:40 |
| 760 | 157 | M35 Robert Umsted, 38, Grinnell, IA | 1:47:40 | 8:40 |
| 761 | 91 | M45 Gerald Sutton, 48, Tulsa, OK | 1:47:40 | 8:40 |
| 762 | 158 | M35 Nick Adams, 37, Indianola, IA | 1:47:40 | 8:40 |
| 197 | 27 | W20 Sara Luse, 21*, Indianola, IA | 1:47:42 | 8:40 |
| 198 | 16 | W45 Polly Glascock, 45*, Indianola, IA | 1:47:43 | 8:40 |
| 199 | 41 | W30 Jeanne Hillsman, 33*, West Des Moines, IA | 1:47:44 | 8:40 |
| 200 | 28 | W20 Jennifer Otten, 24*, Des Moines, IA | 1:47:46 | 8:40 |
| 201 | 34 | W25 Liz Williamson, 26*, Des Moines, IA | 1:47:47 | 8:40 |
| 763 | 21 | M55 Steve Schroeder, 57, Hudson, WI | 1:47:48 | 8:40 |
| 202 | 42 | W30 Lynda Strickland, 33*, Pleasant Hill, IA | 1:47:49 | 8:41 |
| 203 | 35 | W25 Jill Madvig, 28*, West Des Moines, IA | 1:47:50 | 8:41 |
| 204 | 3 | W50 Janine Rudin, 50*, Springfield, IL | 1:47:51 | 8:41 |
| 764 | 129 | M30 Aaron Kennedy, 31, Des Moines, IA | 1:47:51 | 8:41 |
| 205 | 33 | W35 Robin Lenz, 37*, Papillion, NE | 1:47:51 | 8:41 |
| 765 | 76 | M25 Scott Simpson, 27, Spencer, IA | 1:47:54 | 8:41 |
| 766 | 130 | M30 Mark Mitchell, 32, Des Moines, IA | 1:47:56 | 8:41 |
| 206 | 34 | W35 Shelley Kramer, 35*, West Des Moines, IA | 1:47:56 | 8:41 |
| 767 | 159 | M35 Tod Moriarty, 35, Clive, IA | 1:47:56 | 8:41 |
| 768 | 92 | M45 Edwin Slattery, 47, Urbandale, IA | 1:47:58 | 8:41 |
| 769 | 112 | M40 David Miles, 43, Des Moines, IA | 1:47:59 | 8:41 |
| 770 | 131 | M30 Ronald Loecher, 34, Cedar Falls, IA | 1:48:00 | 8:41 |
| 207 | 36 | W25 Laura Fefchak, 29*, Urbandale, IA | 1:48:00 | 8:41 |
| 208 | 17 | W45 Barb Wheelock, 48*, Madrid, IA | 1:48:01 | 8:41 |
| 209 | 31 | W40 Nancy Robinson, 42*, Urbandale, IA | 1:48:01 | 8:41 |
| 771 | 57 | M50 Gerald Graves, 50, Van Meter, IA | 1:48:06 | 8:42 |
| 772 | 58 | M50 R Groben, 51, Newton, IA | 1:48:07 | 8:42 |
| 210 | 37 | W25 Jennifer Navis, 27*, Urbandale, IA | 1:48:08 | 8:42 |
| 211 | 18 | W45 Ann Danielson, 46*, Cedar Falls, IA | 1:48:08 | 8:42 |
| 773 | 59 | M50 Herb Eckhouse, 51, Des Moines, IA | 1:48:10 | 8:42 |
| 774 | 132 | M30 Lou Kelehan, 30, Des Moines, IA | 1:48:11 | 8:42 |
| 775 | 53 | M20 Andy Schreck, 20, Urbandale, IA | 1:48:12 | 8:42 |
| 212 | 35 | W35 Laurie Wirtz, 38*, Urbandale, IA | 1:48:12 | 8:42 |
| 776 | 160 | M35 Phil Wirtz, 39, Urbandale, IA | 1:48:13 | 8:42 |
| 213 | 43 | W30 Wendy Begemann, 33*, Charles City, IA | 1:48:13 | 8:42 |
| 214 | 32 | W40 Jean Toillion, 43*, Eagle Grove, IA | 1:48:15 | 8:43 |
| 777 | 93 | M45 Paul Ruggle, 45, Newton, IA | 1:48:15 | 8:43 |
| 778 | 54 | M20 Chad Bosch, 24, Cedar Rapids, IA | 1:48:18 | 8:43 |
| 215 | 33 | W40 Kimberly Haines, 41*, Oskaloosa, IA | 1:48:20 | 8:43 |
| 779 | 77 | M25 Kevin Burt, 29, Cedar Rapids, IA | 1:48:22 | 8:43 |
| 780 | 94 | M45 Jim Calhoun, 46, Des Moines, IA | 1:48:23 | 8:43 |
| 781 | 113 | M40 Tim Hatling, 43, Des Moines, IA | 1:48:23 | 8:43 |
| 216 | 38 | W25 Heather Bianchi, 29*, Des Moines, IA | 1:48:23 | 8:43 |
| 782 | 133 | M30 Chris Iiams, 31, Ames, IA | 1:48:25 | 8:43 |
| 783 | 161 | M35 James Bice, 36, Des Moines, IA | 1:48:25 | 8:43 |
| 784 | 78 | M25 Jason Laube, 29, Johnston, IA | 1:48:26 | 8:43 |
| 217 | 34 | W40 Jeannie Tison, 41*, Des Moines, IA | 1:48:29 | 8:44 |
| 785 | 162 | M35 Raymond Lobins, 39, Windsor Heights, IA | 1:48:30 | 8:44 |
| 218 | 44 | W30 Kelly Sorensen, 30*, West Des Moines, IA | 1:48:31 | 8:44 |
| 786 | 22 | M55 Thomas Jackson, 55, Ames, IA | 1:48:31 | 8:44 |
| 219 | 39 | W25 Beth Taylor, 26*, West Des Moines, IA | 1:48:32 | 8:44 |
| 787 | 163 | M35 Kenneth Marshall, 37, Ankeny, IA | 1:48:32 | 8:44 |
| 220 | 36 | W35 Kathy Rogotzke, 36*, Nora Springs, IA | 1:48:33 | 8:44 |
| 788 | 60 | M50 Phil Rust, 54, Ames, IA | 1:48:35 | 8:44 |
| 221 | 45 | W30 Theresa Gorsche, 30*, Altoona, IA | 1:48:40 | 8:45 |

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| 790 | 164 | M35 | Tom Nugent, 36, Dallas Center, IA | 1:48:41 | 8:45 |
| 222 | 40 | W25 | Jayci Ickowitz, 25*, Des Moines, IA | 1:48:42 | 8:45 |
| 791 | 8 | M60 | Gene Harding, 69, Des Moines, IA | 1:48:42 | 8:45 |
| 223 | 29 | W20 | Lindsay Kading, 20*, Urbandale, IA | 1:48:44 | 8:45 |
| 224 | 41 | W25 | Chrissy Mataya, 26*, Iowa City, IA | 1:48:47 | 8:45 |
| 792 | 79 | M25 | Troy Morris, 28, Altoona, IA | 1:48:48 | 8:45 |
| 225 | 46 | W30 | Jill Corry, 31*, Iowa City, IA | 1:48:49 | 8:45 |
| 226 | 37 | W35 | Loree Horn, 35*, West Des Moines, IA | 1:48:50 | 8:45 |
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| 794 | 134 | M30 | Brian Knights, 31, Ames, IA | 1:48:54 | 8:46 |
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| 227 | 6 | JrW | Alica Mireles, 15*, Urbandale, IA | 1:48:55 | 8:46 |
| 798 | 96 | M45 | Gary Bremen, 47, Urbandale, IA | 1:48:56 | 8:46 |
| 228 | 7 | JrW | Elizabeth Andrews, 16*, Johnston, IA | 1:48:56 | 8:46 |
| 799 | 116 | M40 | Kevin Ballard, 43, Marion, IA | 1:48:56 | 8:46 |
| 800 | 24 | M55 | Bill Lawless, 57, Des Moines, IA | 1:48:57 | 8:46 |
| 801 | 165 | M35 | Dan Wignall, 35, Des Moines, IA | 1:48:59 | 8:46 |
| 229 | 12 | W17 | Christine Mueller, 17*, Urbandale, IA | 1:48:59 | 8:46 |
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| 803 | 117 | M40 | Brian Westfall, 43, Fort Dodge, IA | 1:49:01 | 8:46 |
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| 232 | 19 | W45 | Patricia Cook, 48*, Warrensburg, MO | 1:49:09 | 8:47 |
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| 818 | 120 | M40 | Bob Collins, 40, North Liberty, IA | 1:49:34 | 8:49 |
| 241 | 20 | W45 | Theresa Finnegan, 45*, Des Moines, IA | 1:49:35 | 8:49 |
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| 941 | 51 | M17 Jacob Strohman, 18, Urbandale, IA | 1:53:13 | 9:07 |
| 312 | 42 | W40 Carla Steele, 42*, Des Moines, IA | 1:53:13 | 9:07 |
| 942 | 87 | M25 Matt Stone, 29, West Des Moines, IA | 1:53:14 | 9:07 |
| 313 | 56 | W25 Dawn Anderson, 29*, Iowa City, IA | 1:53:14 | 9:07 |
| 943 | 203 | M35 Ron Valenta, 38, Cedar Rapids, IA | 1:53:16 | 9:07 |
| 314 | 65 | W30 Heidi Mason, 34*, Washington, DC | 1:53:16 | 9:07 |
| 944 | 204 | M35 Brent Westemeyer, 35, Des Moines, IA | 1:53:17 | 9:07 |
| 945 | 112 | M45 John Doherty, 46, Des Moines, IA | 1:53:18 | 9:07 |
| 315 | 43 | W20 Julie Simonds, 24*, Ames, IA | 1:53:18 | 9:07 |
| 946 | 13 | M60 Kenneth Keyes, 61, Des Moines, IA | 1:53:20 | 9:07 |
| 316 | 28 | W45 Trish Prorop, 46*, Cedar Rapids, IA | 1:53:21 | 9:07 |
| 947 | | Paul Carlson, Clive, IA | 1:53:22 | 9:07 |

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| 948 | 162 | M30 | Steve Angersinger, 32, Des Moines, IA | 1:53:24 | 9:07 |
| 317 | 53 | W35 | Julie Slater, 36*, West Des Moines, IA | 1:53:24 | 9:07 |
| 949 | 205 | M35 | Ty Fuerhoff, 39, Urbandale, IA | 1:53:25 | 9:07 |
| 950 | 206 | M35 | Dennis Judd, 39, Urbandale, IA | 1:53:25 | 9:08 |
| 318 | 43 | W40 | Jennier Smith, 40*, West Des Moines, IA | 1:53:25 | 9:08 |
| 319 | 54 | W35 | Tina Neustrom, 36*, West Des Moines, IA | 1:53:27 | 9:08 |
| 951 | 139 | M40 | Hardeep Grewal, 42, Quezon Cty-Philippine | 1:53:30 | 9:08 |
| 952 | 140 | M40 | Bruce Hall, 42, Des Moines, IA | 1:53:30 | 9:08 |
| 320 | 66 | W30 | Donna Carroll, 32*, Waukee, IA | 1:53:31 | 9:08 |
| 953 | 69 | M50 | Dennis Guffey, 52, Urbandale, IA | 1:53:32 | 9:08 |
| 954 | 207 | M35 | Jim Knoepfler, 37, Des Moines, IA | 1:53:34 | 9:08 |
| 955 | 141 | M40 | David Porepp, 44, Adel, IA | 1:53:36 | 9:08 |
| 956 | 208 | M35 | Steve McKibben, 39, West Des Moines, IA | 1:53:38 | 9:09 |
| 957 | 209 | M35 | Chris Pose, 37, Cummings, IA | 1:53:39 | 9:09 |
| 321 | 44 | W40 | Diane Noyce, 40*, West Des Moines, IA | 1:53:40 | 9:09 |
| 958 | 163 | M30 | Patrick Sealey, 30, Sioux City, IA | 1:53:40 | 9:09 |
| 959 | 210 | M35 | Bill Olson, 35, Urbandale, IA | 1:53:41 | 9:09 |
| 960 | 164 | M30 | James Volkmer, 30, Lawrence, KS | 1:53:44 | 9:09 |
| 961 | 70 | M50 | Lane Palmer, 52, Des Moines, IA | 1:53:44 | 9:09 |
| 962 | 113 | M45 | Peter Scanlon, 45, Clive, IA | 1:53:45 | 9:09 |
| 963 | 165 | M30 | Troy Kort, 30, West Des Moines, IA | 1:53:45 | 9:09 |
| 322 | 9 | JrW | Stephanie Shenefield, 16*, Chariton, IA | 1:53:46 | 9:09 |
| 323 | 67 | W30 | Janis Logan, 30*, Ankeny, IA | 1:53:48 | 9:09 |
| 964 | 142 | M40 | Dennis Rustad, 44, Des Moines, IA | 1:53:50 | 9:09 |
| 324 | 57 | W25 | Danielle McGuire, 25*, Des Moines, IA | 1:53:51 | 9:10 |
| 325 | 58 | W25 | Amy Bender, 29*, Roseville, MN | 1:53:54 | 9:10 |
| 965 | 114 | M45 | Mark Jones, 48, Urbandale, IA | 1:53:55 | 9:10 |
| 326 | 68 | W30 | Sandra Stone, 33*, Des Moines, IA | 1:53:55 | 9:10 |
| 327 | 59 | W25 | Anne Tyler, 26*, Des Moines, IA | 1:53:57 | 9:10 |
| 966 | 166 | M30 | Damon Deaton, 32, Cedar Rapids, IA | 1:53:58 | 9:10 |
| 967 | 211 | M35 | Matt Weresh, 35, Clive, IA | 1:53:59 | 9:10 |
| 328 | 55 | W35 | Gayle Ferry, 36*, Ankeny, IA | 1:54:03 | 9:11 |
| 968 | 167 | M30 | Philip Kenkel, 33, Cedar Falls, IA | 1:54:04 | 9:11 |
| 969 | 212 | M35 | Kevin Gordon, 36, Johnston, IA | 1:54:08 | 9:11 |
| 970 | 115 | M45 | Joe Clyne, 48, Kansas City, MO | 1:54:09 | 9:11 |
| 971 | 116 | M45 | David Ruggle, 47, Ames, IA | 1:54:11 | 9:11 |
| 972 | 213 | M35 | Jeff Damman, 38, Ankeny, IA | 1:54:12 | 9:11 |
| 973 | 214 | M35 | Jim Noonan, 37, Johnston, IA | 1:54:14 | 9:11 |
| 329 | 45 | W40 | Shirley Gilman, 41*, Monroe, IA | 1:54:15 | 9:12 |
| 974 | 168 | M30 | P J Conlon, 30, Iowa City, IA | 1:54:16 | 9:12 |
| 975 | 88 | M25 | Brian Davenport, 25, Circle Pines, MN | 1:54:17 | 9:12 |
| 976 | 71 | M50 | Steve Bonnes, 50, Indianola, IA | 1:54:20 | 9:12 |
| 330 | 46 | W40 | Kim Copey, 44*, Coralville, IA | 1:54:20 | 9:12 |
| 977 | 117 | M45 | Ted Williams, 48, Webster City, IA | 1:54:20 | 9:12 |
| 978 | 118 | M45 | David Wacker, 47, Coralville, IA | 1:54:22 | 9:12 |
| 979 | 169 | M30 | Craig Crowe, 30, Pella, IA | 1:54:23 | 9:12 |
| 980 | 119 | M45 | Denny Hoyt, 47, Ames, IA | 1:54:25 | 9:12 |
| 331 | 44 | W20 | Talia Norman, 21*, Indianola, IA | 1:54:25 | 9:12 |
| 332 | 56 | W35 | Jennifer Worley, 39*, Urbandale, IA | 1:54:28 | 9:13 |
| 981 | 143 | M40 | Steve Kenkel, 44, Toledo, IA | 1:54:29 | 9:13 |
| 982 | 144 | M40 | Jim Pedersen, 42, Humboldt, IA | 1:54:29 | 9:13 |
| 333 | 57 | W35 | Erin Turner, 35*, West Des Moines, IA | 1:54:31 | 9:13 |
| 983 | 215 | M35 | Jim Gray, 37, Ankeny, IA | 1:54:31 | 9:13 |
| 984 | 216 | M35 | Karl Wolle, 37, West Des Moines, IA | 1:54:31 | 9:13 |
| 334 | 69 | W30 | Tara McCune, 30*, Des Moines, IA | 1:54:32 | 9:13 |
| 985 | 72 | M50 | Kent Price, 51, Jonesboro, IL | 1:54:34 | 9:13 |
| 335 | 47 | W40 | Karen Hoff, 42*, Urbandale, IA | 1:54:35 | 9:13 |
| 336 | 70 | W30 | Ronda Johnson, 32*, Des Moines, IA | 1:54:36 | 9:13 |
| 986 | 145 | M40 | Ross Devalois, 44, Iowa City, IA | 1:54:37 | 9:13 |
| 337 | 71 | W30 | Stacie Denner, 30*, Kansas City, MO | 1:54:38 | 9:13 |
| 987 | 217 | M35 | Tim Askland, 37, West Des Moines, IA | 1:54:38 | 9:13 |
| 338 | 29 | W45 | Connie Robinson, 49*, Bondurant, IA | 1:54:38 | 9:13 |
| 339 | 48 | W40 | Kristie Bauer, 40*, Des Moines, IA | 1:54:40 | 9:14 |
| 340 | 72 | W30 | Katrina Milinkovich, 34*, Greenfield, WI | 1:54:41 | 9:14 |
| 341 | 30 | W45 | Katherine Eckhouse, 49*, Des Moines, IA | 1:54:42 | 9:14 |

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| 988 | 89 | M25 | Sam Macke, 29, Ankeny, IA | 1:54:45 | 9:14 |
| 342 | 58 | W35 | Beth Morton, 35*, West Des Moines, IA | 1:54:46 | 9:14 |
| 989 | 73 | M50 | George Riley, 52, Ankeny, IA | 1:54:46 | 9:14 |
| 990 | 74 | M50 | Dick Hogan, 53, Des Moines, IA | 1:54:47 | 9:14 |
| 343 | 10 | JrW | Jamie Jones, 15*, Des Moines, IA | 1:54:48 | 9:14 |
| 991 | 90 | M25 | Greg Greenlee, 29, Savage, MN | 1:54:49 | 9:14 |
| 344 | 59 | W35 | Julie Roberson-Totten, 38*, Urbandale, IA | 1:54:49 | 9:14 |
| 345 | 16 | W17 | Julie Riggert, 19*, Manning, IA | 1:54:49 | 9:14 |
| 992 | 170 | M30 | Rob Malcomson, 34, Des Moines, IA | 1:54:49 | 9:14 |
| 346 | 45 | W20 | Jodi Riggert, 24*, Ames, IA | 1:54:49 | 9:14 |
| 347 | 60 | W25 | Jennifer Drees, 26*, Salix, IA | 1:54:50 | 9:14 |
| 348 | 73 | W30 | Kristi Van Hauen, 30*, Knoxville, IA | 1:54:51 | 9:14 |
| 993 | 52 | M17 | Tan Tran, 19, Des Moines, IA | 1:54:53 | 9:15 |
| 994 | 34 | M55 | Arlo Van Diest, 59, Webster City, IA | 1:54:58 | 9:15 |
| 995 | 218 | M35 | Bryan Davis, 35, Ankeny, IA | 1:54:59 | 9:15 |
| 996 | 146 | M40 | Mark McCoy, 43, Urbandale, IA | 1:54:59 | 9:15 |
| 349 | 61 | W25 | Renee Montz, 28*, Leawood, KS | 1:55:03 | 9:15 |
| 350 | 62 | W25 | Pati Scharlau, 28*, Johnston, IA | 1:55:03 | 9:15 |
| 351 | 46 | W20 | Tiffany Minks, 22*, Des Moines, IA | 1:55:04 | 9:15 |
| 352 | 74 | W30 | Jodi Jamison, 33*, Woodward, IA | 1:55:04 | 9:15 |
| 353 | 47 | W20 | Nicole Timmins, 22*, Des Moines, IA | 1:55:05 | 9:16 |
| 354 | 17 | W17 | Danielle Miller, 19*, Perry, IA | 1:55:05 | 9:16 |
| 355 | 60 | W35 | Kelly Wood, 35*, Clive, IA | 1:55:05 | 9:16 |
| 356 | 49 | W40 | Ruth McCoy, 40*, Urbandale, IA | 1:55:06 | 9:16 |
| 997 | 147 | M40 | Gregory Dockum, 40, Des Moines, IA | 1:55:08 | 9:16 |
| 998 | 171 | M30 | James Holloway, 31, West Des Moines, IA | 1:55:11 | 9:16 |
| 357 | 75 | W30 | Melinda Duncan, 33*, Iowa City, IA | 1:55:12 | 9:16 |
| 999 | 75 | M50 | Greg Walters, 50, Grays Lake, IL | 1:55:12 | 9:16 |
| 1000 | 148 | M40 | Dave Verwoert, 40, Cedar Rapids, IA | 1:55:13 | 9:16 |
| 358 | 61 | W35 | Christy Croson, 35*, Newton, IA | 1:55:13 | 9:16 |
| 1001 | 120 | M45 | Robert Jones, 47, Cedar Rapids, IA | 1:55:14 | 9:16 |
| 1002 | 121 | M45 | Brent Cooper, 45, Urbandale, IA | 1:55:15 | 9:16 |
| 359 | 76 | W30 | Kristi Hamaker, 34*, Grimes, IA | 1:55:15 | 9:16 |
| 360 | 77 | W30 | Joni Rainforth, 34*, West Des Moines, IA | 1:55:15 | 9:16 |
| 361 | 78 | W30 | Rhonda Baker, 32*, Grimes, IA | 1:55:16 | 9:16 |
| 362 | 50 | W40 | Coleen Severson, 41*, Carmichael, CA | 1:55:18 | 9:17 |
| 1003 | 122 | M45 | Thomas Slater, 45, West Des Moines, IA | 1:55:20 | 9:17 |
| 1004 | 149 | M40 | Doug Keast, 42, Altoona, IA | 1:55:21 | 9:17 |
| 1005 | 150 | M40 | Jim Sanders, 40, Johnston, IA | 1:55:21 | 9:17 |
| 363 | 62 | W35 | Jill Freel, 36*, Kansas City, MO | 1:55:21 | 9:17 |
| 1006 | 172 | M30 | Dean O'Connor, 34, Altoona, IA | 1:55:22 | 9:17 |
| 364 | 63 | W35 | Louisa Perry, 39*, Bondurant, IA | 1:55:23 | 9:17 |
| 365 | 6 | W50 | Winnie Casper, 54*, Winterset, IA | 1:55:24 | 9:17 |
| 1007 | 151 | M40 | James Sayles, 41, West Des Moines, IA | 1:55:25 | 9:17 |
| 366 | 51 | W40 | Denise King, 40*, Eagan, MN | 1:55:26 | 9:17 |
| 1008 | 91 | M25 | Derek Quijang, 29, Des Moines, IA | 1:55:27 | 9:17 |
| 367 | 79 | W30 | Melissa Bondy, 34*, West Des Moines, IA | 1:55:31 | 9:18 |
| 1009 | 173 | M30 | John Schley, 34, Des Moines, IA | 1:55:31 | 9:18 |
| 368 | 80 | W30 | Stephanie Rosenfeld, 34*, Tiffin, IA | 1:55:32 | 9:18 |
| 1010 | 123 | M45 | John Vujnovich, 45, Des Moines, IA | 1:55:32 | 9:18 |
| 369 | 63 | W25 | Amy Price, 29*, Ankeny, IA | 1:55:32 | 9:18 |
| 1011 | 35 | M55 | Mike Kent, 55, Des Moines, IA | 1:55:33 | 9:18 |
| 370 | 31 | W45 | Catherine Engel, 49*, West Des Moines, IA | 1:55:34 | 9:18 |
| 1012 | 92 | M25 | Keith Neubauer, 29, Cedar Rapids, IA | 1:55:36 | 9:18 |
| 1013 | 174 | M30 | Thomas Morris, 34, Des Moines, IA | 1:55:37 | 9:18 |
| 1014 | 219 | M35 | Bill Hudson, 35, Ankeny, IA | 1:55:39 | 9:18 |
| 1015 | 175 | M30 | Roger Johnson, 31, Winterset, IA | 1:55:39 | 9:18 |
| 1016 | 93 | M25 | Aaron Johnson, 27, Ankeny, IA | 1:55:40 | 9:18 |
| 371 | 7 | W50 | Marianne Schroeder, 53*, Bettendorf, IA | 1:55:43 | 9:19 |
| 372 | 48 | W20 | Holly Olson, 21*, Cedar Falls, IA | 1:55:44 | 9:19 |
| 1017 | 176 | M30 | Bob Levinstein, 34, Des Moines, IA | 1:55:44 | 9:19 |
| 1018 | 94 | M25 | Joe Garcia, 29, West Des Moines, IA | 1:55:47 | 9:19 |
| 1019 | 63 | M20 | Cory Kluver, 24, Winterset, IA | 1:55:48 | 9:19 |
| 373 | 52 | W40 | Kymerly Life, 41*, Oskaloosa, IA | 1:55:48 | 9:19 |
| 1020 | 124 | M45 | David Gaulke, 48, Indianola, IA | 1:55:52 | 9:19 |

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| 1021 | 76 | M50 | Doug Lawry, 51, Waterloo, IA | 1:55:52 | 9:19 |
| 1022 | 152 | M40 | J P Greer, 43, Spencer, IA | 1:55:53 | 9:19 |
| 1023 | 77 | M50 | Kent McMullen, 50, Clive, IA | 1:55:53 | 9:19 |
| 1024 | 36 | M55 | Reggie Ross, 58, Ankeny, IA | 1:55:57 | 9:20 |
| 1025 | 14 | M60 | Robert Vaughn, 67, Urbandale, IA | 1:55:57 | 9:20 |
| | 374 | 64 | W35 Ann Marvelli, 36*, Norwalk, IA | 1:55:58 | 9:20 |
| | 375 | 65 | W35 Kara Urlis, 36*, Norwalk, IA | 1:55:59 | 9:20 |
| 1026 | 220 | M35 | Phil Shipley, 38, Des Moines, IA | 1:56:00 | 9:20 |
| 1027 | 221 | M35 | Rob Hohneke, 39, Council Bluffs, IA | 1:56:02 | 9:20 |
| 1028 | 153 | M40 | Bob Irving, 42, Des Moines, IA | 1:56:02 | 9:20 |
| | 376 | 64 | W25 Lyddia Asman, 26*, Grimes, IA | 1:56:05 | 9:20 |
| 1029 | 78 | M50 | William Chaplin, 53, West Des Moines, IA | 1:56:05 | 9:20 |
| | 377 | 65 | W25 Kelly Myers, 26*, West Des Moines, IA | 1:56:05 | 9:20 |
| 1030 | 154 | M40 | Jeff Jacobson, 40, Bellevue, NE | 1:56:08 | 9:21 |
| | 378 | 66 | W35 Jennifer Eastman, 35*, Urbandale, IA | 1:56:08 | 9:21 |
| | 379 | 66 | W25 Heather Benning, 27*, Grinnell, IA | 1:56:09 | 9:21 |
| 1031 | 95 | M25 | John Schaefer, 29, Johnston, IA | 1:56:10 | 9:21 |
| 1032 | 37 | M55 | William Lillis, 57, Des Moines, IA | 1:56:11 | 9:21 |
| | 380 | 49 | W20 Holly Cushion, 20*, Overland Park, KS | 1:56:12 | 9:21 |
| 1033 | 177 | M30 | Tom Borgerson, 33, Des Moines, IA | 1:56:13 | 9:21 |
| | 381 | 81 | W30 Susan Wellman, 32*, Des Moines, IA | 1:56:13 | 9:21 |
| 1034 | 155 | M40 | Steve Douglas, 40, Des Moines, IA | 1:56:14 | 9:21 |
| | 382 | 67 | W35 Catherine Dreiss, 39*, Des Moines, IA | 1:56:15 | 9:21 |
| 1035 | 96 | M25 | Will Sepulueda, 25, Charles City, IA | 1:56:16 | 9:21 |
| | 383 | 18 | W17 Annie Rissman, 19*, Urbandale, IA | 1:56:21 | 9:22 |
| | 384 | 50 | W20 Mary Rose, 20*, Urbandale, IA | 1:56:22 | 9:22 |
| 1036 | 97 | M25 | Rigoberto Ochoa, 29, Des Moines, IA | 1:56:22 | 9:22 |
| | 385 | 32 | W45 Mary Gross, 47*, Des Moines, IA | 1:56:23 | 9:22 |
| | 386 | 53 | W40 Louanne Hall, 40*, Saylorville, IA | 1:56:26 | 9:22 |
| 1037 | 178 | M30 | Eric Arguello, 30, Des Moines, IA | 1:56:27 | 9:22 |
| | 387 | 33 | W45 Theresa Menough, 45*, Urbandale, IA | 1:56:27 | 9:22 |
| 1038 | 179 | M30 | Joe Hrdlicka, 34, Des Moines, IA | 1:56:28 | 9:22 |
| | 388 | 51 | W20 Katie Sparks, 23*, Norwalk, IA | 1:56:28 | 9:22 |
| | 389 | 11 | JrW Samantha Sparks, 16*, Norwalk, IA | 1:56:28 | 9:22 |
| 390 | 67 | W25 | Jill Kelderman, 25*, Shorewood, WI | 1:56:29 | 9:22 |
| | 391 | 82 | W30 Michele Schroeder, 34*, Ankeny, IA | 1:56:30 | 9:22 |
| 1039 | 38 | M55 | John Anderson, 57, Fergus Falls, MN | 1:56:31 | 9:22 |
| 1040 | 156 | M40 | Robert Hill, 43, Pleasant Hill, IA | 1:56:35 | 9:23 |
| | 392 | 19 | W17 Mary Russell, 19*, Ames, IA | 1:56:37 | 9:23 |
| 1041 | 180 | M30 | Heath Moore, 31, West Des Moines, IA | 1:56:38 | 9:23 |
| | 393 | 68 | W35 Susan Eggert, 35*, Pella, IA | 1:56:38 | 9:23 |
| | 394 | 83 | W30 Michelle Hancock, 32*, Urbandale, IA | 1:56:39 | 9:23 |
| | 395 | 54 | W40 Kim Oswald, 40*, Ankeny, IA | 1:56:39 | 9:23 |
| 1042 | 222 | M35 | David Crowe, 36, Des Moines, IA | 1:56:41 | 9:23 |
| 1043 | 39 | M55 | Thomas Buroker, 58, Des Moines, IA | 1:56:42 | 9:23 |
| 1044 | 53 | M17 | Justin Pattee, 19, Perry, IA | 1:56:43 | 9:23 |
| 1045 | 79 | M50 | Kenny Grandstaff, 50, Des Moines, IA | 1:56:44 | 9:24 |
| | 396 | 84 | W30 Jill Heston, 32*, Ankeny, IA | 1:56:46 | 9:24 |
| | 397 | 55 | W40 Annette Varley, 43*, Menlo, IA | 1:56:47 | 9:24 |
| 398 | 20 | W17 | Sarah Wright, 18*, Des Moines, IA | 1:56:51 | 9:24 |
| 399 | 85 | W30 | Susie Bachman, 33*, Oelwein, IA | 1:56:51 | 9:24 |
| 400 | 69 | W35 | Karen Alessio, 35*, Ankeny, IA | 1:56:52 | 9:24 |
| | 401 | 52 | W20 Kim Biechler, 24*, Ames, IA | 1:56:57 | 9:25 |
| 1046 | 181 | M30 | Shawn Nelson, 34, Ankeny, IA | 1:56:59 | 9:25 |
| | 402 | 21 | W17 Amy Olson, 19*, Humboldt, IA | 1:57:01 | 9:25 |
| | 403 | 22 | W17 Kristen Stefl, 19*, Runnells, IA | 1:57:01 | 9:25 |
| | 404 | 53 | W20 Sally Shumaker, 21*, Danville, IA | 1:57:02 | 9:25 |
| | 405 | 23 | W17 Sara Koehler, 19*, Waverly, IA | 1:57:02 | 9:25 |
| 1047 | 157 | M40 | Brian Anstedt, 43, Iowa City, IA | 1:57:02 | 9:25 |
| | 406 | 54 | W20 Rebecca Threlkeld, 20*, Urbandale, IA | 1:57:05 | 9:25 |
| | 407 | 86 | W30 Maria Davis, 31*, West Des Moines, IA | 1:57:06 | 9:25 |
| 1048 | 182 | M30 | Jeff Davis, 31, West Des Moines, IA | 1:57:07 | 9:25 |
| 1049 | 223 | M35 | David Vawter, 35, Des Moines, IA | 1:57:07 | 9:25 |
| | 408 | 56 | W40 Michele Lastovica, 41*, Omaha, NE | 1:57:08 | 9:25 |
| 1050 | 125 | M45 | Paul Hertzfel, 48, Mason City, IA | 1:57:09 | 9:26 |

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| 1051 | 126 | M45 | Joseph Ryan, 46, Oskaloosa, IA | 1:57:13 | 9:26 |
| 409 | 34 | W45 | Kate Wacker, 47*, Coralville, IA | 1:57:13 | 9:26 |
| 410 | 70 | W35 | Lisa Dillavou, 39*, Boone, IA | 1:57:15 | 9:26 |
| 1052 | 224 | M35 | Rick Nilles, 38, Holland, IA | 1:57:17 | 9:26 |
| 1053 | 225 | M35 | Dean Bierwagen, 39, Ames, IA | 1:57:18 | 9:26 |
| 1054 | 98 | M25 | Bryon Gleisner, 25, Des Moines, IA | 1:57:23 | 9:27 |
| 411 | 68 | W25 | Carol Gschwendtner, 28*, Bloomington, MN | 1:57:23 | 9:27 |
| 412 | 87 | W30 | Anne Reilly, 33*, Urbandale, IA | 1:57:26 | 9:27 |
| 1055 | 127 | M45 | Ron Heinen, 49, Ames, IA | 1:57:27 | 9:27 |
| 1056 | 18 | JrM | Christopher Meade, 15, Johnston, IA | 1:57:27 | 9:27 |
| 1057 | 158 | M40 | Robert Blayer, 40, Marshalltown, IA | 1:57:28 | 9:27 |
| 413 | 57 | W40 | Mary Devalois, 40*, Iowa City, IA | 1:57:28 | 9:27 |
| 414 | 69 | W25 | Mindy Wieland, 29*, Iowa City, IA | 1:57:29 | 9:27 |
| 1058 | 183 | M30 | Tim Smith, 31, Urbandale, IA | 1:57:30 | 9:27 |
| 1059 | 15 | M60 | Don Judisch, 63, Clive, IA | 1:57:31 | 9:27 |
| 1060 | 226 | M35 | Patrick Woelfel, 39, Johnston, IA | 1:57:35 | 9:28 |
| 1061 | 227 | M35 | William Jay, 39, Des Moines, IA | 1:57:35 | 9:28 |
| 415 | 70 | W25 | Christa Clark, 27*, Des Moines, IA | 1:57:39 | 9:28 |
| 1062 | 40 | M55 | Dave Auer, 55, Iowa City, IA | 1:57:43 | 9:28 |
| 1063 | 228 | M35 | Joe Auer, 35, Wichita, KS | 1:57:43 | 9:28 |
| 1064 | 184 | M30 | Matthew Auer, 30, Joplin, MO | 1:57:44 | 9:28 |
| 416 | 88 | W30 | Leeann Carmichael, 32*, Memphis, TN | 1:57:45 | 9:28 |
| 417 | 71 | W25 | Kari Smith, 26*, Urbandale, Ia | 1:57:46 | 9:28 |
| 1065 | 99 | M25 | Kevin Smith, 26, Urbandale, Ia | 1:57:46 | 9:29 |
| 418 | 8 | W50 | Fay Clyne, 50*, Kansas City, MO | 1:57:47 | 9:29 |
| 1066 | 128 | M45 | Kelly Obrien, 45, Urbandale, IA | 1:57:47 | 9:29 |
| 1067 | 159 | M40 | Timothy Carlson, 42, Waverly, IA | 1:57:48 | 9:29 |
| 1068 | 129 | M45 | Steve Johns, 45, Des Moines, IA | 1:57:50 | 9:29 |
| 1069 | 185 | M30 | Amos Rop, 33, Urbandale, IA | 1:57:51 | 9:29 |
| 419 | 89 | W30 | Noelle Trevillyan, 33*, Des Moines, IA | 1:57:52 | 9:29 |
| 420 | 90 | W30 | Amy Kavadas, 30*, Des Moines, IA | 1:57:52 | 9:29 |
| 421 | 58 | W40 | Dale Naylor, 41*, Ankeny, IA | 1:57:53 | 9:29 |
| 422 | 9 | W50 | Nancy Lavender, 51*, Clive, IA | 1:57:53 | 9:29 |
| 1070 | 19 | JrM | Jared Borger, 14, McPherson, KS | 1:57:54 | 9:29 |
| 423 | 72 | W25 | Shelly Roberts, 27*, West Des Moines, IA | 1:57:56 | 9:29 |
| 1071 | 130 | M45 | David Menderhall, 47, Lakeville, MN | 1:57:57 | 9:29 |
| 1072 | 100 | M25 | Jason Hahn, 29, Des Moines, IA | 1:57:58 | 9:29 |
| 424 | 35 | W45 | Debbie Earleywine, 47*, Des Moines, IA | 1:57:58 | 9:29 |
| 425 | 71 | W35 | Ginger Moore, 36*, Des Moines, IA | 1:58:01 | 9:30 |
| 1073 | 80 | M50 | John Hanna, 52, Clive, IA | 1:58:01 | 9:30 |
| 426 | 91 | W30 | Robin Steinkamp, 33*, Des Moines, IA | 1:58:01 | 9:30 |
| 427 | 72 | W35 | Laurie Slater, 37*, Cedar Rapids, IA | 1:58:02 | 9:30 |
| 1074 | 160 | M40 | John Mason, 43, Johnston, IA | 1:58:03 | 9:30 |
| 428 | 59 | W40 | Carole Duffy, 41*, West Des Moines, IA | 1:58:08 | 9:30 |
| 429 | 73 | W35 | Debra Atkinson, 36*, Ames, IA | 1:58:09 | 9:30 |
| 430 | 74 | W35 | Gina Isebrands, 37*, Ames, IA | 1:58:10 | 9:30 |
| 431 | 92 | W30 | Rachele Kugel, 34*, Altoona, IA | 1:58:10 | 9:30 |
| 432 | 73 | W25 | Mindy Walstra, 25*, Ames, IA | 1:58:11 | 9:31 |
| 433 | 74 | W25 | Arlene Halfman, 25*, Waterloo, IA | 1:58:12 | 9:31 |
| 434 | 75 | W25 | Jennifer DeVore, 27*, West Des Moines, IA | 1:58:13 | 9:31 |
| 435 | 76 | W25 | Jillisa Welsch, 26*, Ankeny, IA | 1:58:13 | 9:31 |
| 1075 | 64 | M20 | Joel Konen, 21, Ames, IA | 1:58:13 | 9:31 |
| 1076 | 65 | M20 | Tim Stockdale, 24, Warrensburg, MO | 1:58:15 | 9:31 |
| 1077 | 131 | M45 | Greg Hemphill, 48, Polk City, IA | 1:58:16 | 9:31 |
| 1078 | 132 | M45 | Mike DeAnda, 47, Waukee, IA | 1:58:16 | 9:31 |
| 436 | 55 | W20 | Tina Kenney, 24*, Perry, IA | 1:58:17 | 9:31 |
| 437 | 75 | W35 | Deb Pape, 36*, Des Moines, IA | 1:58:18 | 9:31 |
| 438 | 24 | W17 | Kristin Cavanagh, 19*, Des Moines, IA | 1:58:19 | 9:31 |
| 1079 | 101 | M25 | Andrew Isaacs, 25, Ames, IA | 1:58:19 | 9:31 |
| 1080 | 161 | M40 | Joseph Creighton, 40, Granger, IA | 1:58:20 | 9:31 |
| 439 | 36 | W45 | Ruth Jordal, 49*, Des Moines, IA | 1:58:21 | 9:31 |
| 1081 | 229 | M35 | Tom Wigans, 38, Humboldt, IA | 1:58:27 | 9:32 |
| 440 | 60 | W40 | Linda Rogers, 41*, Perry, IA | 1:58:28 | 9:32 |
| 441 | 56 | W20 | Charlene Brown, 23*, Des Moines, IA | 1:58:30 | 9:32 |
| 1082 | 81 | M50 | Ivan Brehmer, 50, Johnston, IA | 1:58:34 | 9:32 |

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| 442 | 10 | W50 | Janet Blazanin, 50*, Waukee, IA | 1:58:34 | 9:32 |
| 1083 | 230 | M35 | Paul Christiansen, 36, Urbandale, IA | 1:58:36 | 9:33 |
| 1084 | 133 | M45 | Glen Oglia, 48, Des Moines, IA | 1:58:37 | 9:33 |
| 443 | 77 | W25 | Stacy Farr, 29*, Cedar Rapids, IA | 1:58:41 | 9:33 |
| 444 | 93 | W30 | Leslie Stover, 32*, Des Moines, IA | 1:58:44 | 9:33 |
| 1085 | 186 | M30 | Jeffrey Dunlap, 34, Des Moines, IA | 1:58:47 | 9:33 |
| 445 | 57 | W20 | Sarah Heidt, 22*, Clive, IA | 1:58:50 | 9:34 |
| 446 | 58 | W20 | Eileen Ennis, 21*, West Des Moines, IA | 1:58:51 | 9:34 |
| 447 | 94 | W30 | Melany Shaw, 31*, Altoona, IA | 1:58:52 | 9:34 |
| 1086 | 54 | M17 | Nicholas Peterson, 19, Ames, IA | 1:58:53 | 9:34 |
| 448 | 78 | W25 | Deborah Meyer, 27*, Des Moines, IA | 1:58:59 | 9:34 |
| 1087 | 55 | M17 | Rob Whitmore, 19, Norwalk, IA | 1:59:00 | 9:35 |
| 449 | 25 | W17 | Alexa Woldruff, 17*, Urbandale, IA | 1:59:01 | 9:35 |
| 450 | 26 | W17 | Mandy Nichols, 18*, Des Moines, IA | 1:59:01 | 9:35 |
| 1088 | 82 | M50 | Dan Looker, 52, Des Moines, IA | 1:59:02 | 9:35 |
| 451 | 61 | W40 | Rebecca Embree, 44*, Anamosa, IA | 1:59:06 | 9:35 |
| 1089 | 83 | M50 | Ken Peterson, 54, Adel, IA | 1:59:08 | 9:35 |
| 1090 | 187 | M30 | Brad Amos, 34, Des Moines, IA | 1:59:11 | 9:35 |
| 452 | 37 | W45 | Sue Rozema, 47*, Des Moines, IA | 1:59:11 | 9:35 |
| 453 | 95 | W30 | Kimberly Counce, 34*, Johnston, IA | 1:59:13 | 9:36 |
| 454 | 59 | W20 | Laura Post, 24*, West Des Moines, IA | 1:59:15 | 9:36 |
| 1091 | 102 | M25 | Ryan Post, 27, West Des Moines, IA | 1:59:15 | 9:36 |
| 455 | 76 | W35 | Jane Nigon, 38*, Zumbrota, MN | 1:59:17 | 9:36 |
| 1092 | 134 | M45 | Jeff Smith, 48, Zumbrota, MN | 1:59:19 | 9:36 |
| 456 | 79 | W25 | Anise Grajeda, 29*, Brooklyn Park, MN | 1:59:21 | 9:36 |
| 457 | 77 | W35 | Annette Baker, 37*, New Providence, IA | 1:59:21 | 9:36 |
| 458 | 96 | W30 | Connie Hildebrandt, 34*, Norwalk, IA | 1:59:22 | 9:36 |
| 1093 | 231 | M35 | Dave Rico, 38, Des Moines, IA | 1:59:24 | 9:36 |
| 459 | 97 | W30 | Eileen Hatfield, 34*, Edmond, OK | 1:59:24 | 9:36 |
| 460 | 98 | W30 | Lori Moran, 33*, Madrid, IA | 1:59:26 | 9:37 |
| 461 | 78 | W35 | Suzanne Swanson, 38*, Madrid, IA | 1:59:27 | 9:37 |
| 462 | 79 | W35 | Keslie Russell, 36*, West Des Moines, IA | 1:59:27 | 9:37 |
| 463 | 38 | W45 | Debra Harvey, 46*, Knoxville, IA | 1:59:29 | 9:37 |
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| 465 | 62 | W40 | Sandy Meyer, 43*, Norwalk, IA | 1:59:34 | 9:37 |
| 466 | 63 | W40 | Cynthia Sayles, 41*, West Des Moines, IA | 1:59:35 | 9:37 |
| 467 | 80 | W35 | Karla McCarthy, 38*, West Des Moines, IA | 1:59:35 | 9:37 |
| 1094 | 188 | M30 | James Darr, 33, Winterset, IA | 1:59:36 | 9:37 |
| 1095 | 16 | M60 | Chuck Wolle, 64, Des Moines, IA | 1:59:42 | 9:38 |
| 1096 | 232 | M35 | Mark Aspiund, 37, Marion, IA | 1:59:43 | 9:38 |
| 1097 | 189 | M30 | Randy Spurr, 32, Norwalk, IA | 1:59:44 | 9:38 |
| 1098 | 162 | M40 | Mark Gronemeyer, 41, Jefferson, Ia Ia | 1:59:45 | 9:38 |
| 468 | 99 | W30 | Jeanne Weakland, 30*, West Des Moines, IA | 1:59:45 | 9:38 |
| 469 | 27 | W17 | Leah Lemke, 19*, Urbandale, IA | 1:59:46 | 9:38 |
| 1099 | 66 | M20 | Mike Huebner, 20, Indianola, IA | 1:59:47 | 9:38 |
| 470 | 64 | W40 | Jane Montgomery, 43*, Ames, IA | 1:59:47 | 9:38 |
| 1100 | 103 | M25 | Scott Knaack, 29, Correctionville, IA | 1:59:50 | 9:38 |
| 1101 | 104 | M25 | Eric Heitz, 29, Adel, IA | 1:59:51 | 9:39 |
| 471 | 65 | W40 | Sharon Hall, 42*, Ankeny, IA | 1:59:52 | 9:39 |
| 472 | 81 | W35 | Nancy Capps, 36*, Quincy, IL | 1:59:53 | 9:39 |
| 1102 | 41 | M55 | David Twombly, 59, Osceola, IA | 1:59:53 | 9:39 |
| 473 | 82 | W35 | Bekay Uhl, 36*, Des Moines, IA | 1:59:55 | 9:39 |
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| 1104 | 163 | M40 | Martin Kerbleski, 42, San Francisco, CA | 1:59:58 | 9:39 |
| 474 | 11 | W50 | Arlene Dabill, 50*, Urbandale, IA | 1:59:59 | 9:39 |
| 475 | 83 | W35 | Lisa Emge, 38*, Omaha, NE | 2:00:00 | 9:39 |
| 1105 | 164 | M40 | Jeff Hileman, 41, Knoxville, IA | 2:00:02 | 9:39 |
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| 1107 | 234 | M35 | Mark Logsdon, 35, Urbandale, IA | 2:00:04 | 9:40 |
| 1108 | 136 | M45 | Thomas Vilsack, 49, Des Moines, IA | 2:00:04 | 9:40 |
| 1109 | 42 | M55 | Hal Chase, 57, Des Moines, IA | 2:00:10 | 9:40 |
| 1110 | 165 | M40 | Bill Burke, 44, Ames, IA | 2:00:11 | 9:40 |
| 476 | 80 | W25 | Robyn Ellert, 27*, West Des Moines, IA | 2:00:12 | 9:40 |
| 1111 | 190 | M30 | Dana Grannes, 31, Des Moines, IA | 2:00:13 | 9:40 |
| 477 | 66 | W40 | Nancy Betz, 41*, Johnston, IA | 2:00:13 | 9:40 |

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| 479 | 61 | W20 | Becky Dyke, 24*, Ankeny, IA | 2:00:16 | 9:41 |
| 1113 | 166 | M40 | Stephen Sells, 40, Altoona, IA | 2:00:17 | 9:41 |
| 480 | 62 | W20 | Heather Conn, 21*, Warrensburg, MO | 2:00:20 | 9:41 |
| 1114 | 235 | M35 | Duane Langley, 38, Ankeny, IA | 2:00:20 | 9:41 |
| 481 | 12 | JrW | Jo Reed, 16*, Dallas Center, IA | 2:00:21 | 9:41 |
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| 484 | 13 | JrW | Jessy Daniels, 16*, Dallas Center, IA | 2:00:22 | 9:41 |
| 1115 | 137 | M45 | James Simmons, 48, West Des Moines, IA | 2:00:22 | 9:41 |
| 485 | 63 | W20 | Angie Stockdale, 23*, Warrensburg, MO | 2:00:26 | 9:41 |
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| 1120 | 107 | M25 | Todd Miler, 29, Des Moines, IA | 2:00:33 | 9:42 |
| 488 | 67 | W40 | Patricia King, 41*, Urbandale, IA | 2:00:36 | 9:42 |
| 1121 | 236 | M35 | Anthony Topping, 39, Clive, IA | 2:00:36 | 9:42 |
| 1122 | 237 | M35 | Brent Niland, 38, West Des Moines, IA | 2:00:37 | 9:42 |
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| 496 | 104 | W30 | Tiffany Kemp, 34*, Des Moines, IA | 2:00:57 | 9:44 |
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| 499 | 68 | W40 | Ellen Eakin, 42*, Ankeny, IA | 2:01:08 | 9:45 |
| 1132 | 192 | M30 | Terry Rosendahl, 30, West Des Moines, IA | 2:01:08 | 9:45 |
| 1133 | 193 | M30 | Tom Riehl, 34, Des Moines, IA | 2:01:09 | 9:45 |
| 500 | 105 | W30 | Julie Lowery, 31*, West Des Moines, IA | 2:01:10 | 9:45 |
| 1134 | 172 | M40 | Rod Reinertson, 44, Waterloo, IA | 2:01:13 | 9:45 |
| 1135 | 194 | M30 | Ray Amsler, 34, Cedar Rapids, IA | 2:01:15 | 9:45 |
| 501 | 85 | W25 | Angela Anderson, 29*, Carroll, IA | 2:01:16 | 9:45 |
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| 1136 | 240 | M35 | Pete Wilson, 37, Minneapolis, MN | 2:01:17 | 9:46 |
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| 508 | 86 | W25 | Theresa Strei, 28*, Lincoln, NE | 2:01:40 | 9:47 |

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| 511 | 109 | W30 | Kelly Else, 30*, Des Moines, IA | 2:01:41 | 9:47 |
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| 515 | 90 | W25 | Tricia Scott, 25*, West Des Moines, IA | 2:01:43 | 9:48 |
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| 518 | 30 | W17 | Julie Nation, 18*, Ogden, IA | 2:02:05 | 9:49 |
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| 520 | 31 | W17 | Emily Ford, 17*, Creston, IA | 2:02:08 | 9:50 |
| 521 | 40 | W45 | Debby Weehler, 45*, Des Moines, IA | 2:02:09 | 9:50 |
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| 523 | 32 | W17 | Anna Johnson, 17*, Johnston, IA | 2:02:19 | 9:50 |
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| 1151 | 17 | M60 | Leon Hodges, 64, Knoxville, IA | 2:02:26 | 9:51 |
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| 531 | 41 | W45 | Diane Boesen, 48*, Boone, IA | 2:02:28 | 9:51 |
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| 532 | 69 | W40 | Della Pizzati, 41*, O'Fallon, IL | 2:02:31 | 9:51 |
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| 534 | 112 | W30 | Tammy Hertzell, 33*, Mason City, IA | 2:02:34 | 9:52 |
| 1155 | 142 | M45 | Bob Berkenes, 47, Altoona, IA | 2:02:36 | 9:52 |
| 535 | 93 | W35 | Michelle Levenhagen, 39*, Grimes, IA | 2:02:38 | 9:52 |
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| 560 | 71 | W40 | Natalie Welter, 42*, Ames, IA | 2:04:01 | 9:59 |
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| 566 | 99 | W35 | Diane Christensen, 37*, Carroll, IA | 2:04:18 | 10:00 |
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| 1177 | 148 | M45 | Gregg Bosch, 49, Cedar Rapids, IA | 2:04:35 | 10:01 |
| 568 | 100 | W35 | Debra Degraff, 38*, Runnells, IA | 2:04:36 | 10:01 |
| 569 | 14 | W50 | Sue Smith, 53*, Cedar Falls, IA | 2:04:36 | 10:02 |
| 570 | 16 | JrW | Ashley Sponsler, 16*, Pella, IA | 2:04:38 | 10:02 |
| 571 | 119 | W30 | Shelly Lynch, 31*, Ames, IA | 2:04:38 | 10:02 |
| 572 | 101 | W35 | Glenda Campbell, 35*, Indianola, IA | 2:04:39 | 10:02 |
| 1178 | 70 | M20 | Daniel Vaillant, 23, Red Wing, MN | 2:04:42 | 10:02 |
| 573 | 120 | W30 | Kim McCollow, 31*, Columbia Hts, MN | 2:04:43 | 10:02 |
| 1179 | 247 | M35 | Kerry Johnson, 36, Prole, IA | 2:04:44 | 10:02 |
| 574 | 121 | W30 | Sandy Oleson, 31*, Blaine, MN | 2:04:44 | 10:02 |
| 575 | 122 | W30 | Ann Petersen, 31*, Ankeny, IA | 2:04:44 | 10:02 |
| 1180 | 113 | M25 | Jeff Beener, 29, Monroe, IA | 2:04:45 | 10:02 |
| 576 | 99 | W25 | Charisse Santema, 28*, Urbandale, IA | 2:04:45 | 10:02 |
| 577 | 100 | W25 | Alison Simpson, 29*, Spencer, IA | 2:04:45 | 10:02 |
| 578 | 123 | W30 | Stephanie Dermody, 31*, Norwalk, IA | 2:04:51 | 10:03 |
| 579 | 101 | W25 | Sue Anderson, 27*, West Des Moines, IA | 2:04:56 | 10:03 |
| 580 | 102 | W35 | Gina Cornelison, 35*, Denver, CO | 2:05:00 | 10:03 |
| 581 | 46 | W45 | Coleen Waage, 49*, West Des Moines, IA | 2:05:05 | 10:04 |
| 1181 | 149 | M45 | Larry Jablonski, 48, Urbandale, IA | 2:05:14 | 10:05 |
| 582 | 74 | W20 | Amy Devocht, 23*, Iowa City, IA | 2:05:17 | 10:05 |
| 1182 | 20 | M60 | Frank Amos, 67, Ames, IA | 2:05:27 | 10:06 |
| 1183 | 150 | M45 | Ray Stockdale, 48, Warrensburg, MO | 2:05:32 | 10:06 |
| 583 | 103 | W35 | Karen Olivo, 35*, Coralville, IA | 2:05:32 | 10:06 |
| 1184 | 92 | M50 | Jack Adams, 53, Webster City, IA | 2:05:32 | 10:06 |
| 1185 | 196 | M30 | Chirs Egger, 33, Dexter, IA | 2:05:34 | 10:06 |
| 584 | 104 | W35 | Cindy Brun, 39*, Des Moines, IA | 2:05:36 | 10:06 |
| 585 | 124 | W30 | Lee Feilmeier, 32*, Breda, IA | 2:05:36 | 10:06 |
| 586 | 72 | W40 | Mary Mason, 42*, Johnston, IA | 2:05:38 | 10:07 |
| 1186 | 45 | M55 | Terry Stewart, 58, Urbandale, IA | 2:05:39 | 10:07 |
| 587 | 73 | W40 | Michelle Stout, 40*, Ankeny, IA | 2:05:39 | 10:07 |
| 588 | 125 | W30 | Barbara Simonton, 33*, Des Moines, IA | 2:05:40 | 10:07 |
| 1187 | 179 | M40 | Kevin Morris, 42, Des Moines, IA | 2:05:42 | 10:07 |
| 589 | 3 | W55 | Jackie Sturtz, 55*, Humboldt, IA | 2:05:43 | 10:07 |
| 1188 | 197 | M30 | Tony Rangel, 30, Overland Park, KS | 2:05:46 | 10:07 |
| 590 | 126 | W30 | Susan Elwell, 32*, Ankeny, IA | 2:05:47 | 10:07 |
| 591 | 105 | W35 | Melinda Fischer, 38*, Swisher, IA | 2:05:48 | 10:07 |

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| 1189 | 198 | M30 | Scott Bross, 32, Boone, IA | 2:05:50 | 10:07 |
| 1190 | 93 | M50 | Robert Hague, 51, Boone, IA | 2:05:50 | 10:07 |
| 592 | 4 | W55 | Bernice Ortale, 57*, Ankeny, IA | 2:05:52 | 10:08 |
| 1191 | 151 | M45 | Steven Rose, 48, Indianola, IA | 2:05:59 | 10:08 |
| 593 | 74 | W40 | Sue Elliott, 43*, Ankeny, IA | 2:06:00 | 10:08 |
| 1192 | 46 | M55 | Randall Hanson, 55, Waukee, IA | 2:06:01 | 10:08 |
| 1193 | 94 | M50 | Gary Handley, 50, Des Moines, IA | 2:06:03 | 10:09 |
| 594 | 102 | W25 | Stacey Amos, 26*, Lincoln, NE | 2:06:04 | 10:09 |
| 595 | 127 | W30 | Natasha Kucherenko, 30*, West Des Moines, IA | 2:06:05 | 10:09 |
| 596 | 106 | W35 | Eva Lynn Woelfel, 39*, Johnston, IA | 2:06:07 | 10:09 |
| 597 | 103 | W25 | Kristine Laxson, 28*, West Des Moines, IA | 2:06:10 | 10:09 |
| 1194 | 199 | M30 | Andrew Wilkey, 30, Iowa City, IA | 2:06:20 | 10:10 |
| 1195 | 248 | M35 | Steve Reece, 35, Ames, IA | 2:06:22 | 10:10 |
| 598 | 107 | W35 | Lisa Scheppmann, 35*, West Des Moines, IA | 2:06:22 | 10:10 |
| 1196 | 95 | M50 | Jay French, 51, Sandwich, IL | 2:06:23 | 10:10 |
| 599 | 47 | W45 | Marilyn Arends, 49*, West Des Moines, IA | 2:06:24 | 10:10 |
| 1197 | 249 | M35 | Greg Carmichael, 39, Memphis, TN | 2:06:26 | 10:10 |
| 1198 | 180 | M40 | Rick George, 42, Grimes, IA | 2:06:32 | 10:11 |
| 600 | 48 | W45 | Vicki Sparks, 45*, Chicago, IL | 2:06:32 | 10:11 |
| 1199 | 250 | M35 | Kirk Trow, 38, Urbandale, IA | 2:06:34 | 10:11 |
| 601 | 104 | W25 | Julie Anderson, 25*, Ames, IA | 2:06:35 | 10:11 |
| 602 | 108 | W35 | April Marmon, 37*, Urbandale, IA | 2:06:36 | 10:11 |
| 1200 | 47 | M55 | Ken Lathrum, 57, Omaha, NE | 2:06:45 | 10:12 |
| 1201 | 181 | M40 | Bradley Johnson, 40, Johnston, IA | 2:06:55 | 10:13 |
| 1202 | 96 | M50 | Nate Viall, 54, Des Moines, IA | 2:06:57 | 10:13 |
| 603 | 49 | W45 | Becky Walters, 45*, Waterloo, IA | 2:07:09 | 10:14 |
| 604 | 105 | W25 | Kristine Hedger, 28*, Minneapolis, MN | 2:07:12 | 10:14 |
| 605 | 106 | W25 | Amy Vroom, 25*, Minneapolis, MN | 2:07:12 | 10:14 |
| 1203 | 251 | M35 | Jeff Thompson, 39, Des Moines, IA | 2:07:18 | 10:15 |
| 606 | 107 | W25 | Marie Hoeger, 28*, Bettendorf, IA | 2:07:20 | 10:15 |
| 607 | 108 | W25 | Julie Stone, 26*, Newton, IA | 2:07:21 | 10:15 |
| 608 | 109 | W35 | Kate Buford, 39*, Cedar Rapids, IA | 2:07:23 | 10:15 |
| 609 | 128 | W30 | Elizabeth Johnson, 32*, Des Moines, IA | 2:07:28 | 10:15 |
| 1204 | 21 | M60 | Glen Zirbel, 69, Ankeny, IA | 2:07:30 | 10:16 |
| 610 | 129 | W30 | Melanie Rowe, 32*, Clinton, IA | 2:07:34 | 10:16 |
| 1205 | 114 | M25 | Brad Simpson, 29, Newton, IA | 2:07:36 | 10:16 |
| 611 | 110 | W35 | Michelle Lewis, 36*, Moline, IL | 2:07:43 | 10:17 |
| 612 | 111 | W35 | Kelli Wiggins, 36*, West Des Moines, IA | 2:07:52 | 10:17 |
| 1206 | 252 | M35 | Randle Wiggins, 35, West Des Moines, IA | 2:07:52 | 10:17 |
| 1207 | 182 | M40 | Mike Moller, 41, Urbandale, IA | 2:07:53 | 10:17 |
| 613 | 50 | W45 | Nancy Heuer, 47*, Des Moines, IA | 2:07:54 | 10:17 |
| 614 | 112 | W35 | Sally Studer-Lombardi, 39*, West Des Moines, IA | 2:07:55 | 10:18 |
| 615 | 130 | W30 | Tracy Smith, 31*, Altoona, IA | 2:08:03 | 10:18 |
| 616 | 75 | W40 | Peggi Taylor, 44*, Des Moines, IA | 2:08:08 | 10:19 |
| 617 | 76 | W40 | Michelle Cavanaugh, 40*, Des Moines, IA | 2:08:12 | 10:19 |
| 618 | 109 | W25 | Christen Beasley, 25*, Iowa City, IA | 2:08:19 | 10:19 |
| 1208 | 97 | M50 | Byron Beasley, 51, Mason City, IA | 2:08:20 | 10:20 |
| 619 | 51 | W45 | Darla Emery, 46*, Ames, IA | 2:08:22 | 10:20 |
| 620 | 52 | W45 | Annette Myers, 45*, Ames, IA | 2:08:26 | 10:20 |
| 1209 | 253 | M35 | Rick Greene, 39, Prairie City, IA | 2:08:26 | 10:20 |
| 621 | 110 | W25 | Courtney Gillis, 27*, Des Moines, IA | 2:08:37 | 10:21 |
| 1210 | 254 | M35 | John Stanley, 39, Grimes, IA | 2:08:38 | 10:21 |
| 1211 | 255 | M35 | Cory McClure, 35, Ankeny, IA | 2:08:40 | 10:21 |
| 1212 | 115 | M25 | Robert Crenshaw, 27, Des Moines, IA | 2:08:40 | 10:21 |
| 622 | 131 | W30 | Cathy Kubik, 30*, Polk City, IA | 2:08:43 | 10:21 |
| 623 | 113 | W35 | Ellen Strathe, 36*, Des Moines, IA | 2:08:44 | 10:21 |
| 624 | 53 | W45 | Diane Weehler, 45*, Des Moines, IA | 2:08:45 | 10:22 |
| 625 | 132 | W30 | Kimberly Sealey, 30*, Sioux City, IA | 2:08:49 | 10:22 |
| 626 | 111 | W25 | Jill Kort, 28*, West Des Moines, IA | 2:08:49 | 10:22 |
| 627 | 75 | W20 | Jessica Navarro, 22*, Panora, IA | 2:08:56 | 10:22 |
| 1213 | 71 | M20 | Scott Smith, 23, Panora, IA | 2:08:57 | 10:23 |
| 628 | 76 | W20 | Ginger Nicol, 24*, Iowa City, IA | 2:09:01 | 10:23 |
| 1214 | 200 | M30 | Kent Nanke, 31, Johnston, IA | 2:09:15 | 10:24 |

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| 629 | 112 | W25 | Erin Nanke, 27*, Johnston, IA | 2:09:15 | 10:24 |
| 630 | 77 | W20 | Kerry Hyland, 22*, Iowa City, IA | 2:09:16 | 10:24 |
| 1215 | 98 | M50 | Mark Petersen, 53, Panora, IA | 2:09:16 | 10:24 |
| 1216 | 116 | M25 | Jon Bauer, 29, Des Moines, IA | 2:09:17 | 10:24 |
| 631 | 113 | W25 | Stephanie Manning, 29*, Kansas City, MO | 2:09:17 | 10:24 |
| 1217 | 72 | M20 | Justin Coco, 22, Iowa City, IA | 2:09:17 | 10:24 |
| 632 | 54 | W45 | Wendy Levis, 45*, West Des Moines, IA | 2:09:19 | 10:24 |
| 1218 | 201 | M30 | Curtis Peery, 31, West Des Moines, IA | 2:09:25 | 10:25 |
| 1219 | 152 | M45 | Jeff Jungman, 49, West Des Moines, IA | 2:09:35 | 10:26 |
| 1220 | 117 | M25 | Tobios Henry, 26, Creston, IA | 2:09:38 | 10:26 |
| 633 | 77 | W40 | Tamara Amsbaugh, 43*, Des Moines, IA | 2:09:38 | 10:26 |
| 634 | 114 | W25 | Alyssa Hagey, 26*, Clive, IA | 2:09:43 | 10:26 |
| 635 | 115 | W25 | Barb Strandberg, 26*, Iowa City, IA | 2:09:49 | 10:27 |
| 1221 | 183 | M40 | Jim Bys, 44, Marion, IA | 2:09:54 | 10:27 |
| 636 | 133 | W30 | Sophia Simmons, 31*, Overland Park, KS | 2:09:59 | 10:28 |
| 637 | 78 | W40 | Karen Bertram, 42*, Kansas City, MO | 2:10:01 | 10:28 |
| 638 | 34 | W17 | Tara McGowan, 17*, Urbandale, IA | 2:10:02 | 10:28 |
| 1222 | 153 | M45 | Pat McGowan, 49, Urbandale, IA | 2:10:03 | 10:28 |
| 639 | 134 | W30 | Madonna Drees, 32*, Ames, IA | 2:10:12 | 10:29 |
| 640 | 116 | W25 | Kelly Roberson, 29*, Des Moines, IA | 2:10:15 | 10:29 |
| 641 | 79 | W40 | Catherine Frost, 44*, Urbandale, IA | 2:10:22 | 10:29 |
| 1223 | 202 | M30 | Steve West, 30, Norwalk, IA | 2:10:24 | 10:30 |
| 1224 | 184 | M40 | David Huey, 44, West Des Moines, IA | 2:10:26 | 10:30 |
| 642 | 80 | W40 | Sarah Norman, 42*, Des Moines, IA | 2:10:26 | 10:30 |
| 643 | 114 | W35 | Meg Nixon, 38*, Des Moines, IA | 2:10:27 | 10:30 |
| 1225 | 203 | M30 | Steve Janssens, 32, Des Moines, IA | 2:10:32 | 10:30 |
| 644 | 55 | W45 | Liz Deatsch, 45*, Centerville, IA | 2:10:32 | 10:30 |
| 1226 | 185 | M40 | Chuck Deatsch, 44, Centerville, IA | 2:10:33 | 10:30 |
| 645 | 15 | W50 | Zelda Larson, 51*, Ankeny, IA | 2:10:33 | 10:30 |
| 646 | 35 | W17 | Erin Mendenhall, 18*, Des Moines, IA | 2:10:36 | 10:30 |
| 647 | 16 | W50 | Judy Johnson, 53*, Des Moines, IA | 2:10:37 | 10:31 |
| 1227 | 99 | M50 | Larry Schmitz, 52, Adel, IA | 2:10:42 | 10:31 |
| 648 | 81 | W40 | Penny Adam, 41*, Ames, IA | 2:10:47 | 10:31 |
| 649 | 36 | W17 | Randi Goodrich, 19*, Elkhart, IA | 2:10:50 | 10:32 |
| 650 | 37 | W17 | Deborah Wassenaar, 18*, Altoona, IA | 2:10:50 | 10:32 |
| 651 | 117 | W25 | Emily Johnson, 26*, Johnston, IA | 2:10:52 | 10:32 |
| 652 | 56 | W45 | Jane Sixbey, 49*, Des Moines, IA | 2:10:53 | 10:32 |
| 653 | 78 | W20 | Anne Wysong, 23*, Ankeny, IA | 2:10:56 | 10:32 |
| 1228 | 204 | M30 | Rob Davies, 30, Ankeny, IA | 2:10:57 | 10:32 |
| 654 | 82 | W40 | Paula Sandmeier, 43*, Knoxville, IA | 2:11:00 | 10:32 |
| 655 | 57 | W45 | Dawne Buhrow, 47*, Colo, IA | 2:11:01 | 10:32 |
| 656 | 58 | W45 | Barb Mitchell, 45*, West Des Moines, IA | 2:11:04 | 10:33 |
| 657 | 79 | W20 | Kristina Bartman, 20*, Norwalk, IA | 2:11:07 | 10:33 |
| 1229 | 154 | M45 | Robert Stone, 49, Norwalk, IA | 2:11:08 | 10:33 |
| 1230 | 100 | M50 | Michael Kent, 54, Des Moines, IA | 2:11:09 | 10:33 |
| 658 | 83 | W40 | Connie Dellaca, 43*, Eagle Grove, IA | 2:11:10 | 10:33 |
| 659 | 84 | W40 | Kathleen Simmons, 44*, West Des Moines, IA | 2:11:10 | 10:33 |
| 660 | 115 | W35 | Kathy Koester, 37*, Grimes, IA | 2:11:11 | 10:33 |
| 661 | 116 | W35 | Kandi Barber, 37*, Coralville, IA | 2:11:12 | 10:33 |
| 662 | 118 | W25 | Kitty Hippler, 29*, Urbandale, IA | 2:11:13 | 10:33 |
| 663 | 117 | W35 | Lillian McDonald, 39*, Brooklyn Center, MN | 2:11:13 | 10:33 |
| 1231 | 186 | M40 | Dan Dillavou, 40, Boone, IA | 2:11:22 | 10:34 |
| 664 | 118 | W35 | Maggie Halferty, 37*, Ankeny, IA | 2:11:40 | 10:36 |
| 1232 | 73 | M20 | Jason Shenefield, 24, Lake Bluff, IL | 2:11:42 | 10:36 |
| 665 | 80 | W20 | Jaci Bennett, 22*, Ames, IA | 2:11:43 | 10:36 |
| 666 | 81 | W20 | Nancy Wiedmann, 21*, Prole, IA | 2:11:44 | 10:36 |
| 667 | 82 | W20 | Tarra French, 24*, Lake Bluff, IL | 2:11:45 | 10:36 |
| 1233 | 101 | M50 | Robert McFarland, 51, Cedar Rapids, IA | 2:11:45 | 10:36 |
| 668 | 119 | W35 | Wendy Nevenhoven, 35*, West Des Moines, IA | 2:11:47 | 10:36 |
| 669 | 85 | W40 | Tricia Barron, 43*, Rock Island, IL | 2:11:53 | 10:37 |
| 1234 | 256 | M35 | Bruce Bjurstom, 39, Urbandale, IA | 2:11:56 | 10:37 |
| 670 | 83 | W20 | Heather Jeffs, 20*, Kearney, NE | 2:11:58 | 10:37 |

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| 671 | 120 | W35 | Theresa French, 39*, West Des Moines, IA | 2:12:00 | 10:37 |
| 672 | 86 | W40 | Sue Mallory, 44*, Bussey, IA | 2:12:03 | 10:37 |
| 1235 | 102 | M50 | Richard Franklin, 52, Marshalltown, IA | 2:12:14 | 10:38 |
| 673 | 119 | W25 | Amy McAvoy, 26*, West Des Moines, IA | 2:12:19 | 10:39 |
| 674 | 87 | W40 | Julie Van Gundy, 41*, Urbandale, IA | 2:12:19 | 10:39 |
| 1236 | 205 | M30 | Brad McAvoy, 31, West Des Moines, IA | 2:12:20 | 10:39 |
| 675 | 88 | W40 | Colleen Downs, 41*, Marshalltown, IA | 2:12:40 | 10:40 |
| 1237 | 48 | M55 | Ruben Rullan, 58, Urbandale, IA | 2:12:48 | 10:41 |
| 1238 | 49 | M55 | Conrad Jungman, 57, West Des Moines, IA | 2:12:57 | 10:42 |
| 676 | 120 | W25 | Amy Hoger, 25*, Indianola, IA | 2:13:09 | 10:43 |
| 677 | 84 | W20 | Molly Ramsey, 22*, Des Moines, IA | 2:13:09 | 10:43 |
| 678 | 121 | W25 | Stella Vicanovic, 29*, West Des Moines, IA | 2:13:17 | 10:43 |
| 1239 | 118 | M25 | David Moore, 29, Des Moines, IA | 2:13:36 | 10:45 |
| 679 | 38 | W17 | Abby McCrea, 18*, Runnells, IA | 2:13:47 | 10:46 |
| 680 | 85 | W20 | Katie Lacey, 24*, Ankeny, IA | 2:13:54 | 10:46 |
| 1240 | 103 | M50 | John Nordstrom, 53, Clive, IA | 2:14:05 | 10:47 |
| 1241 | 155 | M45 | Jeff Clark, 47, Cedar Rapids, IA | 2:14:10 | 10:48 |
| 681 | 122 | W25 | Katie Gill, 26*, Ames, IA | 2:14:14 | 10:48 |
| 1242 | 156 | M45 | Frank Tursi, 47, Des Moines, IA | 2:14:15 | 10:48 |
| 682 | 39 | W17 | Sarah Huyck, 19*, Perry, IA | 2:14:18 | 10:48 |
| 683 | 86 | W20 | Lisa Lundstrom, 20*, Perry, IA | 2:14:19 | 10:48 |
| 684 | 121 | W35 | Sarah Christensen, 39*, Audubon, IA | 2:14:26 | 10:49 |
| 1243 | 257 | M35 | Joseph Barron, 37, Des Moines, IA | 2:14:27 | 10:49 |
| 685 | 123 | W25 | Ritu Bhatnagar, 25*, W Des Moines, IA | 2:14:32 | 10:49 |
| 686 | 17 | JrW | Courtney Blake, 14*, Walnut, IA | 2:14:39 | 10:50 |
| 687 | 18 | JrW | Brigham Hoegh, 15*, Atlantic, IA | 2:14:46 | 10:51 |
| 1244 | 206 | M30 | Derek Olsen, 30, Omaha, NE | 2:14:49 | 10:51 |
| 1245 | 207 | M30 | Mark Wills, 30, Des Moines, IA | 2:14:50 | 10:51 |
| 1246 | 208 | M30 | Wayne Bice, 30, West Des Moines, IA | 2:14:50 | 10:51 |
| 688 | 124 | W25 | Linda Sawin, 28*, Riverside, IA | 2:14:56 | 10:51 |
| 689 | 125 | W25 | Amy Bailey, 25*, West Des Moines, IA | 2:14:58 | 10:52 |
| 690 | 89 | W40 | Sue Griffith, 42*, West Liberty, IA | 2:14:59 | 10:52 |
| 1247 | 74 | M20 | Jason Bailey, 24, Ankeny, IA | 2:14:59 | 10:52 |
| 1248 | 75 | M20 | Eric Bailey, 21, Ankeny, IA | 2:15:00 | 10:52 |
| 691 | 126 | W25 | Stacy Peiffer, 28*, Johnston, IA | 2:15:02 | 10:52 |
| 692 | 87 | W20 | Holly Apland, 21*, Urbandale, IA | 2:15:04 | 10:52 |
| 1249 | 76 | M20 | Patrick McGowan, 22, Urbandale, IA | 2:15:11 | 10:53 |
| 693 | 59 | W45 | Jan Lovett, 48*, Granger, IA | 2:15:13 | 10:53 |
| 694 | 135 | W30 | Karen Gard, 30*, Des Moines, IA | 2:15:14 | 10:53 |
| 695 | 122 | W35 | Sarah Sexton, 35*, Des Moines, IA | 2:15:16 | 10:53 |
| 1250 | 157 | M45 | Michael Fisher, 48, Council Bluffs, IA | 2:15:17 | 10:53 |
| 696 | 60 | W45 | Jeannie Berry, 45*, Pella, IA | 2:15:18 | 10:53 |
| 1251 | 22 | M60 | Robert Nuzum, 63, Johnston, IA | 2:15:24 | 10:54 |
| 1252 | 77 | M20 | Justin Tangen, 22, Johnston, IA | 2:15:40 | 10:55 |
| 697 | 17 | W50 | Sally Fisher, 53*, Clive, IA | 2:15:44 | 10:55 |
| 1253 | 50 | M55 | Bruce Thompson, 58, Ames, IA | 2:15:48 | 10:56 |
| 698 | 90 | W40 | Cheryl Dahlquist, 41*, Des Moines, IA | 2:15:48 | 10:56 |
| 1254 | 258 | M35 | Mark Vesey, 38, West Des Moines, IA | 2:15:59 | 10:56 |
| 1255 | 104 | M50 | Mark Skoberdanz, 51, West Des Moines, IA | 2:16:10 | 10:57 |
| 1256 | 209 | M30 | Steve Durick, 30, Clive, IA | 2:16:10 | 10:57 |
| 1257 | 259 | M35 | Robert Rowe, 37, Clinton, IA | 2:16:21 | 10:58 |
| 1258 | 260 | M35 | Robert Seat, 37, Des Moines, IA | 2:16:24 | 10:58 |
| 699 | 88 | W20 | Gentry Gillespie, 23*, Des Moines, IA | 2:16:26 | 10:59 |
| 700 | 127 | W25 | Jody Craven, 29*, Kansas City, MO | 2:16:27 | 10:59 |
| 1259 | 158 | M45 | Steve Navarro, 49, Panora, IA | 2:16:30 | 10:59 |

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| 702 | 128 | W25 | Tricia Erickson, 25*, Des Moines, IA | 2:17:13 | 11:02 |
| 1261 | 23 | M60 | Pat Emge, 64, Shendandoah, IA | 2:17:15 | 11:03 |
| 1262 | 261 | M35 | Jeff Verrant, 35, Urbandale, IA | 2:17:17 | 11:03 |
| 1263 | 78 | M20 | Barry Von Ahsen, 21, Des Moines, IA | 2:17:48 | 11:05 |

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| 703 | 129 | W25 | Erin London, 29* | Waukee, IA | 2:17:59 | 11:06 |
| 704 | 130 | W25 | Stacie Jackson, 25* | West Des Moines, IA | 2:18:17 | 11:08 |
| 705 | 123 | W35 | Jennifer Trow, 37* | Urbandale, IA | 2:18:20 | 11:08 |
| 706 | 61 | W45 | Sally Juilfs, 46* | Nebraska City, NE | 2:18:23 | 11:08 |
| 1264 | 105 | M50 | John Winslow, 52, | Overland Park, KS | 2:18:24 | 11:08 |
| 707 | 131 | W25 | Erika Schaeffer, 28* | Johnston, IA | 2:18:31 | 11:09 |
| 1265 | 262 | M35 | Scott Wegner, 36, | Bismarck, ND | 2:18:32 | 11:09 |
| 708 | 136 | W30 | Sandy Yi, 30* | Ames, IA | 2:18:42 | 11:10 |
| 709 | 92 | W40 | Kate Schilling, 40* | West Des Moines, IA | 2:19:06 | 11:12 |
| 1266 | 210 | M30 | Ford Singbush, 31, | Urbandale, IA | 2:19:24 | 11:13 |
| 710 | 89 | W20 | Emily Glace, 20* | Iowa City, IA | 2:19:32 | 11:14 |
| 1267 | 24 | M60 | Harol Schulze, 64, | Cedar Rapids, IA | 2:19:34 | 11:14 |
| 711 | 93 | W40 | Diane Ballard, 42* | Marion, IA | 2:19:37 | 11:14 |
| 712 | 62 | W45 | Ann Jones, 47* | Marshalltown, IA | 2:19:51 | 11:15 |
| 713 | 132 | W25 | Lisa Rollison, 26* | Des Moines, IA | 2:20:11 | 11:17 |
| 714 | 63 | W45 | Deb Tharnish, 45* | Des Moines, IA | 2:20:14 | 11:17 |
| 1268 | 187 | M40 | Nicholas Roby, 41, | Des Moines, IA | 2:20:15 | 11:17 |
| 715 | 133 | W25 | Angie Major, 27* | Des Moines, IA | 2:20:18 | 11:17 |
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| 718 | 19 | JrW | Jamie Wagner, 16* | Panora, IA | 2:22:11 | 11:26 |
| 719 | 135 | W25 | Julie Rastetter, 29* | Alden, IA | 2:22:25 | 11:27 |
| 1269 | 56 | M17 | Garrett Jones, 19, | Davenport, IA | 2:22:33 | 11:28 |
| 720 | 40 | W17 | Sheresa Wilson, 19* | Redfield, IA | 2:22:33 | 11:28 |
| 721 | 136 | W25 | Jane Angstman, 29* | Clive, IA | 2:22:36 | 11:28 |
| 722 | 137 | W30 | Susan Trow, 32* | Grimes, IA | 2:22:41 | 11:29 |
| 1270 | 263 | M35 | Bill Grund, 38, | Des Moines, IA | 2:22:41 | 11:29 |
| 723 | 137 | W25 | Daphne Orlando, 29* | Minneapolis, MN | 2:22:48 | 11:29 |
| 724 | 64 | W45 | Kathy Hoffman, 47* | Spencer, IA | 2:22:49 | 11:29 |
| 1271 | 159 | M45 | Richard Hoffman, 48, | Spencer, IA | 2:22:50 | 11:30 |
| 725 | 65 | W45 | Jacque Crouch, 45* | Dallas Center, IA | 2:23:32 | 11:33 |
| 1272 | 25 | M60 | Gerald VanZee, 63, | West Des Moines, IA | 2:23:37 | 11:33 |
| 726 | 124 | W35 | Lea Ann Flanagan, 35* | Des Moines, IA | 2:23:53 | 11:35 |
| 1273 | 264 | M35 | Stacy Sherman, 39, | Fairfield, IA | 2:24:10 | 11:36 |
| 727 | 138 | W30 | Alison Helming, 33* | Cedar Rapids, IA | 2:24:48 | 11:39 |
| 728 | 138 | W25 | Jennifer Yates, 28* | Carlisle, IA | 2:25:20 | 11:42 |
| 729 | 139 | W25 | Jennifer Melvin, 28* | Dewitt, IA | 2:25:28 | 11:42 |
| 730 | 95 | W40 | Penny Hofmaier, 41* | Norwalk, IA | 2:25:30 | 11:42 |
| 1274 | 188 | M40 | Curt Gause, 41, | Pleasant Hill, IA | 2:25:33 | 11:43 |
| 731 | 139 | W30 | Lisa Leon, 33* | Des Moines, IA | 2:25:39 | 11:43 |
| 1275 | 160 | M45 | Milton Lane, 46, | Loma Linda, CA | 2:25:44 | 11:44 |
| 1276 | 120 | M25 | John Babich, 27, | Marion, IA | 2:25:57 | 11:45 |
| 732 | 18 | W50 | Renne Friend, 50* | Altoona, IA | 2:26:05 | 11:45 |
| 1277 | 106 | M50 | Ed Ashby, 53, | Urbandale, IA | 2:26:07 | 11:45 |
| 733 | 140 | W30 | Sheila Barron, 34* | Solon, IA | 2:27:08 | 11:50 |
| 734 | 140 | W25 | Angie Dante, 26* | Des Moines, IA | 2:27:13 | 11:51 |
| 1278 | 26 | M60 | Virgil Larsen, 64, | Des Moines, IA | 2:27:18 | 11:51 |
| 1279 | 161 | M45 | Jerry Owens, 47, | Des Moines, IA | 2:27:20 | 11:51 |
| 735 | 125 | W35 | Jennie Morgan, 35* | Des Moines, IA | 2:27:27 | 11:52 |
| 736 | 141 | W25 | Amy Hunold-VanGundy, 29* | Urbandale, IA | 2:27:29 | 11:52 |
| 737 | 126 | W35 | Kristen Nanke, 35* | Johnston, IA | 2:27:33 | 11:52 |
| 738 | 127 | W35 | Cathy Evans, 36* | Urbandale, IA | 2:27:36 | 11:53 |
| 739 | 90 | W20 | Melissa Jeffs, 20* | Winterset, IA | 2:27:40 | 11:53 |
| 740 | 19 | W50 | Rita Hovey, 54* | Urbandale, IA | 2:27:45 | 11:53 |
| 1280 | 265 | M35 | Andrew Pelzer, 37, | West Des Moines, IA | 2:28:33 | 11:57 |
| 741 | 96 | W40 | Anita Smith, 44* | Polk City, IA | 2:28:46 | 11:58 |
| 742 | 91 | W20 | Kimberly Steffen, 20* | Clive, IA | 2:28:57 | 11:59 |

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|------|-----|-----|----------------------|---------------------|---------|-------|
| 1281 | 266 | M35 | James Lawler, 36, | Cedar Rapids, IA | 2:29:05 | 12:00 |
| 1282 | 211 | M30 | Karlos Kirby, 30, | West Des Moines, IA | 2:29:16 | 12:01 |
| 743 | 128 | W35 | Julie Cremer, 35* | Bettendorf, IA | 2:29:17 | 12:01 |
| 1283 | 79 | M20 | Dan Deatsch, 24, | Centerville, IA | 2:29:20 | 12:01 |
| 1284 | 212 | M30 | Darren Sleister, 32, | Ankeny, IA | 2:29:28 | 12:02 |

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|------|-----|-----|---|---------|-------|
| 1285 | 267 | M35 | Kurtis Jensen, 39, Marshalltown, IA | 2:29:29 | 12:02 |
| 1286 | 107 | M50 | Ronald Jensen, 51, South Sioux City, NE | 2:29:32 | 12:02 |
| | 744 | 97 | W40 Vicki Minor, 41*, Norwalk, IA | 2:30:16 | 12:05 |
| 1287 | 162 | M45 | Grayling Ashley, 47, Urbandale, IA | 2:30:59 | 12:09 |
| | 745 | 92 | W20 Michelle Lammers, 24*, Newell, IA | 2:31:16 | 12:10 |
| 1288 | 51 | M55 | John Moss, 58, Gilbert, IA | 2:31:36 | 12:12 |
| | 746 | 66 | W45 Jean Burt, 48*, Des Moines, IA | 2:32:02 | 12:14 |
| | 747 | 129 | W35 Mary Elhterling, 37*, Dallas Center, IA | 2:34:03 | 12:24 |
| | 748 | 141 | W30 Amanda Kennedy, 32*, Indianola, IA | 2:34:20 | 12:25 |
| 1289 | 213 | M30 | Lance Kooiker, 31, Madrid, IA | 2:34:21 | 12:25 |
| 1290 | 52 | M55 | Dharmvir Bhatnagar, 56, W Des Moines, IA | 2:37:27 | 12:40 |
| 1291 | 27 | M60 | Ranbir Bhatnagar, 67, W Des Moines, IA | 2:37:29 | 12:40 |
| 1292 | 214 | M30 | Paul Mertz, 32, Omaha, NE | 2:38:05 | 12:43 |

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| 1293 | 28 | M60 | Jim Zoellner, 61, Urbandale, IA | 2:45:17 | 13:18 |
| | 749 | 142 | W30 Tara Knight-Sconiers, 30*, Des Moines, IA | 2:49:50 | 13:40 |

"*" indicates females

19 finishers among Men 16 & Under
56 finishers among Men 17 - 19
79 finishers among Men 20 - 24
120 finishers among Men 25 - 29
214 finishers among Men 30 - 34
267 finishers among Men 35 - 39
188 finishers among Men 40 - 44
162 finishers among Men 45 - 49
107 finishers among Men 50 - 54
52 finishers among Men 55 - 59
28 finishers among Men 60 - 69
19 finishers among Women 16 & Under
40 finishers among Women 17 - 19
92 finishers among Women 20 - 24
141 finishers among Women 25 - 29
142 finishers among Women 30 - 34
129 finishers among Women 35 - 39
97 finishers among Women 40 - 44
66 finishers among Women 45 - 49
19 finishers among Women 50 - 54
4 finishers among Women 55 - 59
1293 male finishers
749 female finishers
2042 total finishers

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